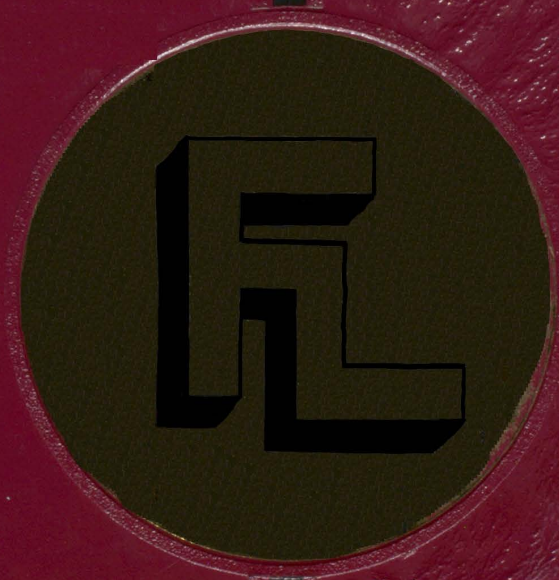


Sounds of Change



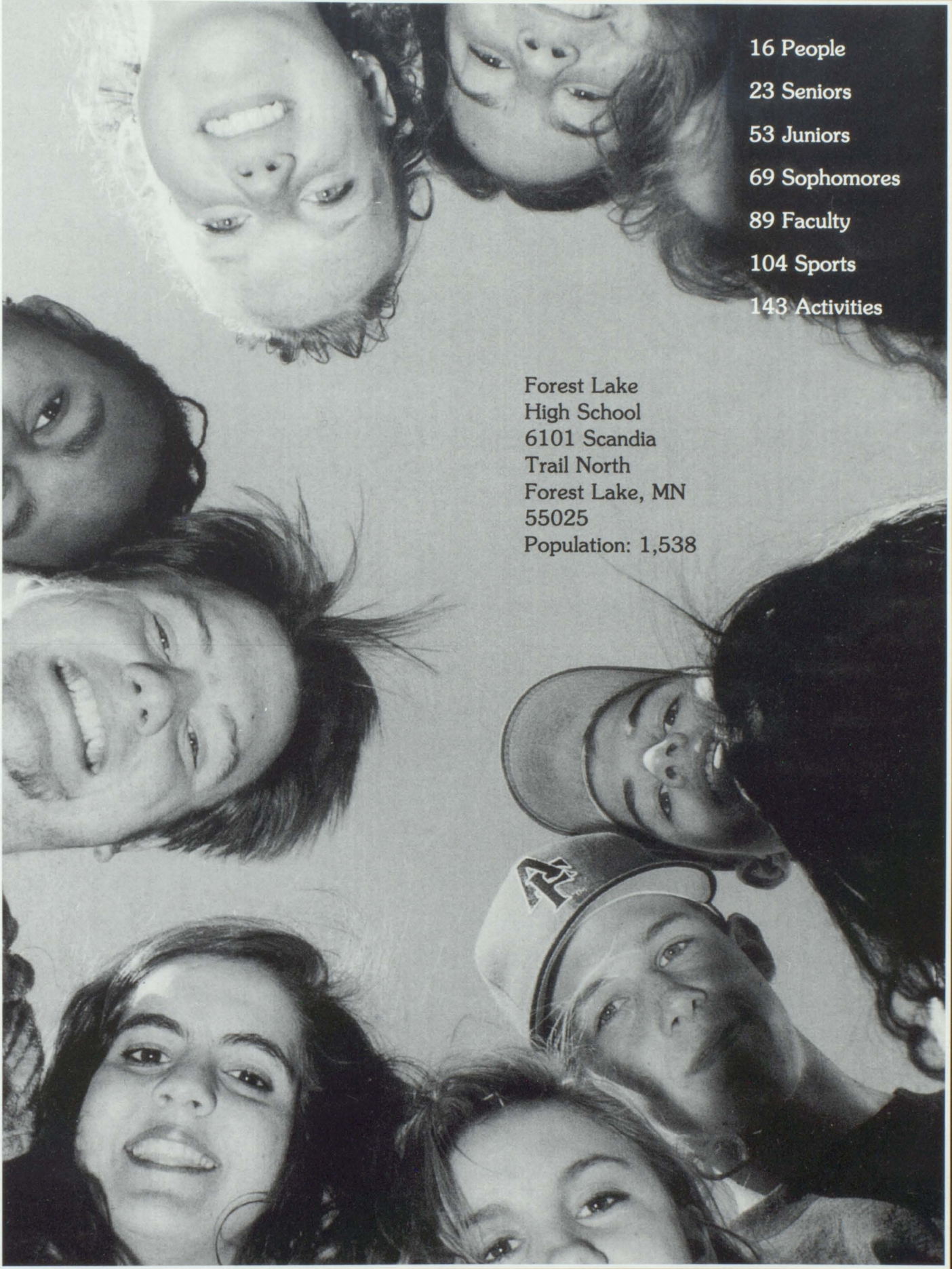


W. J. 2/2/95









16 People

23 Seniors

53 Juniors

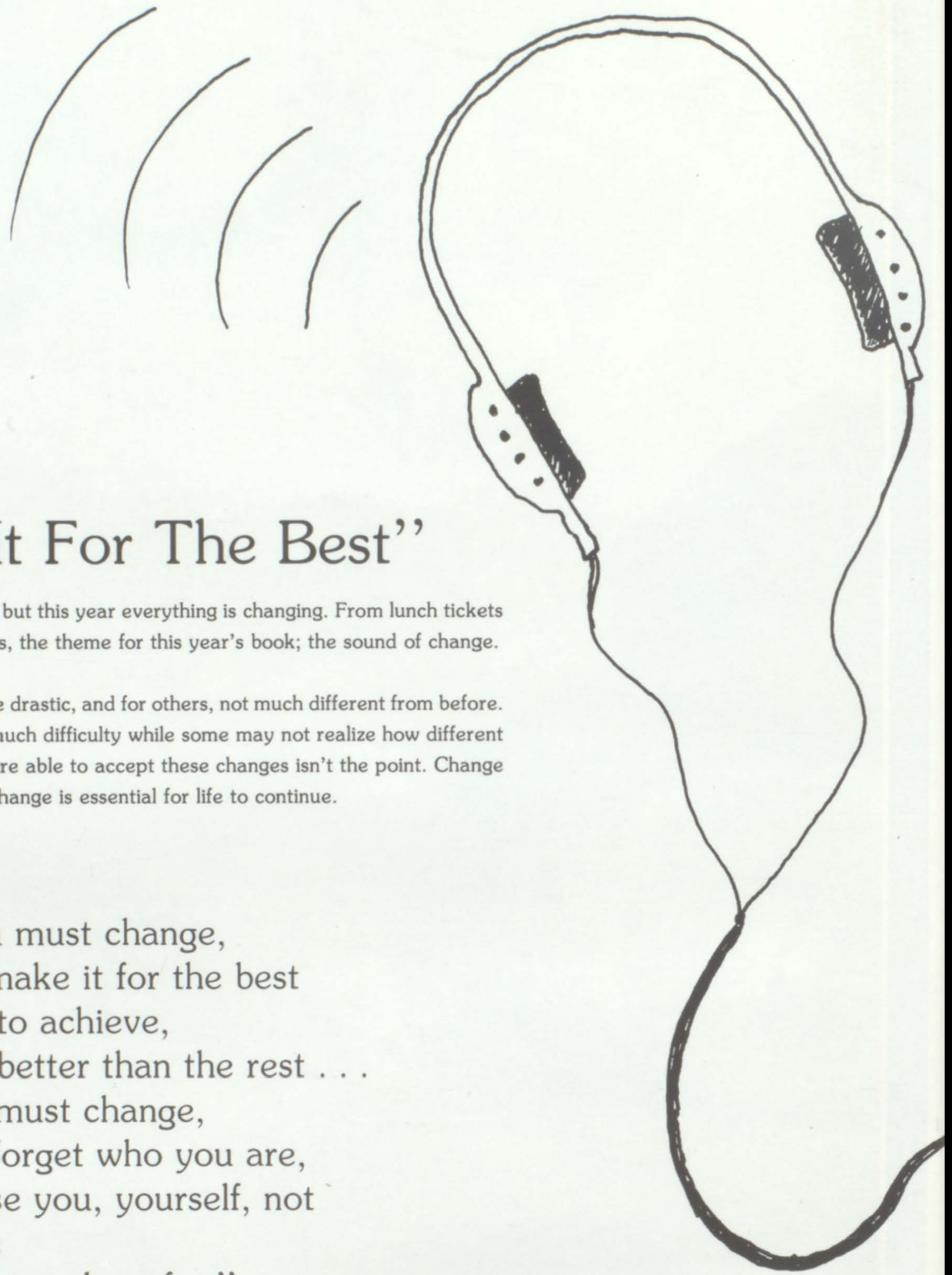
69 Sophomores

89 Faculty

104 Sports

143 Activities

Forest Lake
High School
6101 Scandia
Trail North
Forest Lake, MN
55025
Population: 1,538



“Makin’ It For The Best”

Change has always been inevitable, but this year everything is changing. From lunch tickets and classes to a new principal. Thus, the theme for this year’s book; the sound of change.

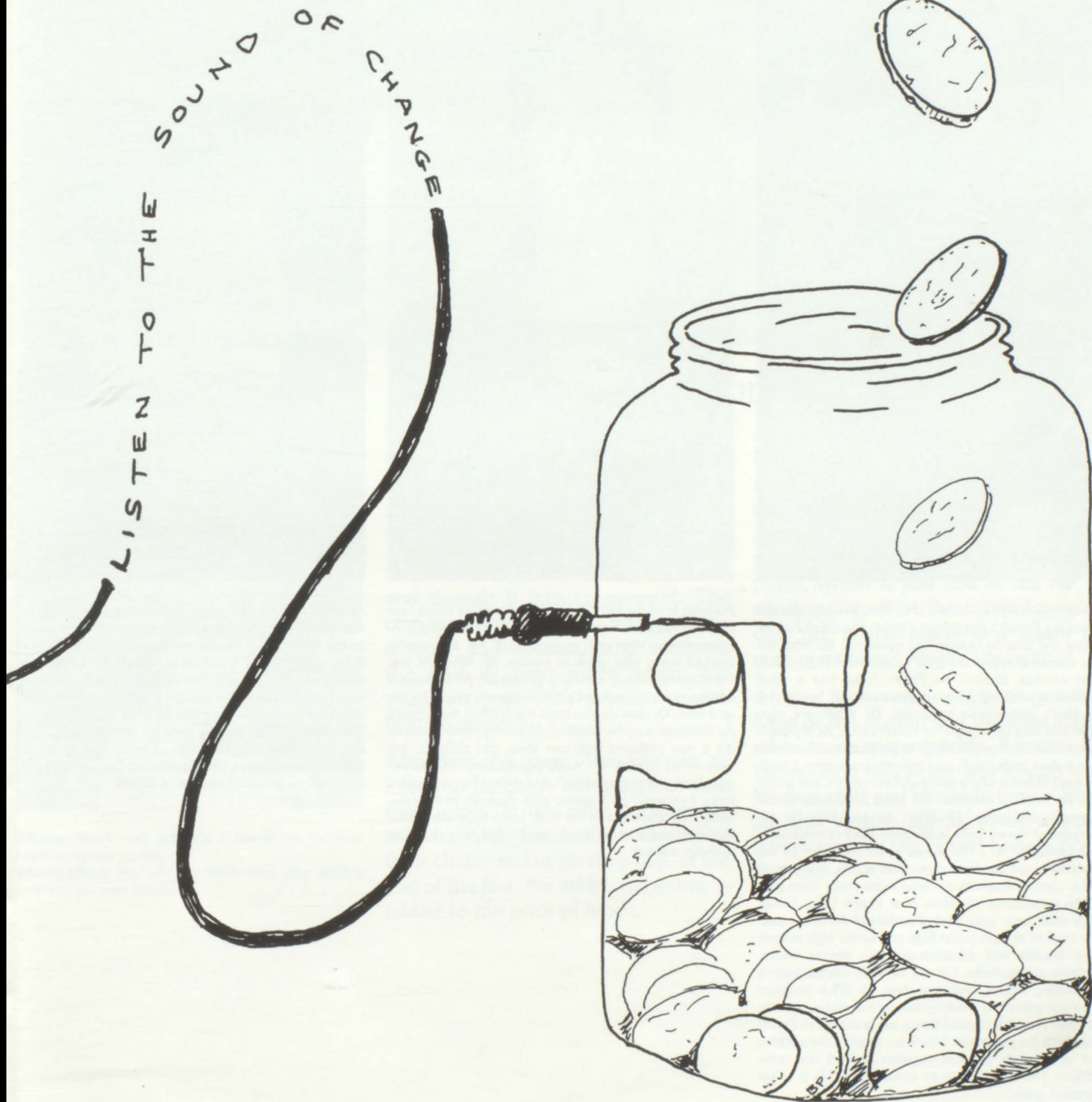
For some of us the changes are quite drastic, and for others, not much different from before. Some accept the changes without much difficulty while some may not realize how different things are. But whether or not we are able to accept these changes isn’t the point. Change will be with us all of our lives and change is essential for life to continue.

“If you must change,
Then make it for the best
Strive to achieve,
To be better than the rest . . .
If you must change,
Don’t forget who you are,
Because you, yourself, not
change
Determines how far.”

Catherine Miron

“Times change and
we with time”

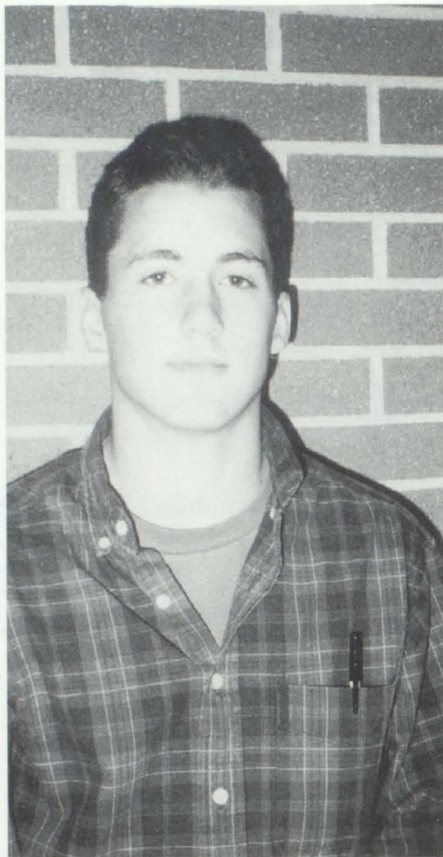
-British Proverb



CHANGES



Students are curious about what Mrs. Kluznik thought about the Forest Lake school district. We thank her for taking the time to answer our questions. **Q:** Why did you choose to apply at Forest Lake Senior High rather than another district? **A:** Forest Lake has a good reputation of being a super community. It has strong academic and athletic programs. **Q:** What are your short and long term goals for Forest Lake? **A:** My goals in short term in Forest Lake is to get more involved with the student body, staff, and parent community. I think we need to know what's going well around us, and what's not, we need to enhance. We need to all look at our strengths and grow. **Q:** What do you hope to accomplish at Forest Lake in the perspective of curriculum and activities? **A:** I like to see opportunity for all the students to get involved either with sports, fine arts or clubs. Getting students involved helps make them part of the community. **Q:** How does Forest Lake Senior High differ from your past experience? **A:** In the past I've worked at both junior high and senior high schools as a teacher and administrator. No matter where, students are students. For me the only change here is not dealing with a Freshman class. **Q:** What progress have you gained on working toward non-violence in the schools? **A:** A lot of good things are going on at Forest Lake with the programs. I think we should take a stand, and get people to work together toward the same subject. The best way to go about doing this is to set common goals.



Forester Staff decided to ask a few questions about how students reacted to their new principal. Matt Gifford, homecoming king and running back for the varsity football team, was quick to answer. **Q:** What do you think about having a female principal? **A:** It doesn't matter much to me, I feel a woman can do as good a job as a man. **Q:** How do you think it will effect the school? **A:** Subjects may be handled differently, only because it's a new principal with new ideas and changes, not because of gender. **Q:** What expectations do you expect from our new principal? **A:** I expect her to interact more frequently and openly with students to improve morale between us and the staff. I also hope she allows students now and in the future to get involved with decision making.



Another student Forester Staff decided to interview was Katie Parke; a junior tennis player. Her response to the following questions were . . . **Q:** What do you think about having a female principal? **A:** I think it's good to have a change. Our school needs to be more unique. Mrs. Kluznik is always walking the halls. She seems to want to know more of what is going on. **Q:** What expectations do you have for our new principal? **A:** I think because she's around more and aware of what students expect, she may make a few changes and influence the students opinion of school.



Waste of Money or Time

When lunch rolled around on the first day of school, many students were puzzled. "What is this machine with all these buttons?" Well, it is the new system the district came up with.

Students bring their money to school and deposit it into an account. The computer then keeps track of the amount and automatically subtracts the cost of your lunch when you punch in your PIN, personal identification number.

Also new this year, students are allowed to purchase extra entrees with their meals. In this case students can ask the cook for another serving of their choice and when they pay, at the end of the line, the additional entree is added to the price of lunch.

At the end of the line you type in your PIN number, the cook punches in the amount you spent, at which point she asks you your name. When the transaction is complete you will hear a polite "thank you" from the computer, which is just one of the many short sayings that the computer spits out. So, is the machine a waste of money or time? Maybe it's neither.

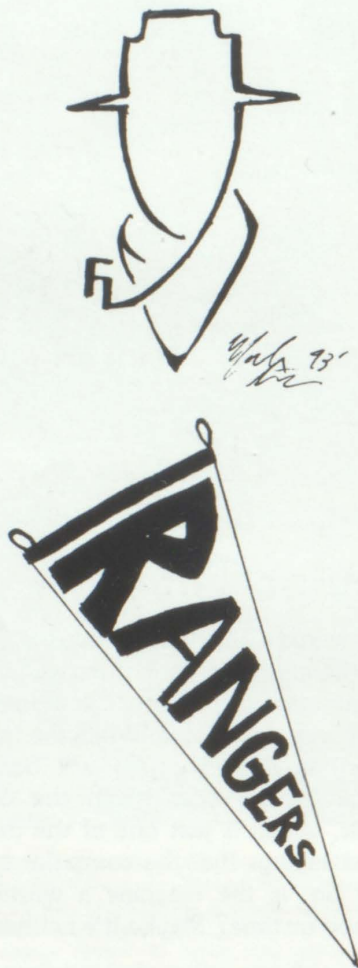
After a few weeks, students got the hang of the system and the lines started to move more quickly. It seems to be working efficiently and saving the kitchen staff and students time. Overall, this system seems to be a wise investment for the Forest Lake school district.



Above: People wait patiently in line to use the new lunch computer system.

Above Right: Students can finally relax after waiting in line to get their lunch.

SCHOOL



Where's Waldo? Along with other juniors and seniors, Waldo enjoys the pepfest before going to the homecoming parade. Can you find Waldo?

There is much more to a game than the actual game itself. Great time, preparation and care are needed to develop the skills and attitude required to be on the winning side. This is what contributes to school spirit. Unity is what contributes to victory.

Standing together and working together, knowing in the end, win or lose, we did it together as a team. We know, with the best efforts put forth, winning is only a title; because we have already won. We've proven ourselves as strong individuals, a united force. This is where the victory is found, where success is defined, and where winning outlasts a high school victory. This stand carries on into courage and strength for life, and the overcoming of all oppositions whether on or off the field.

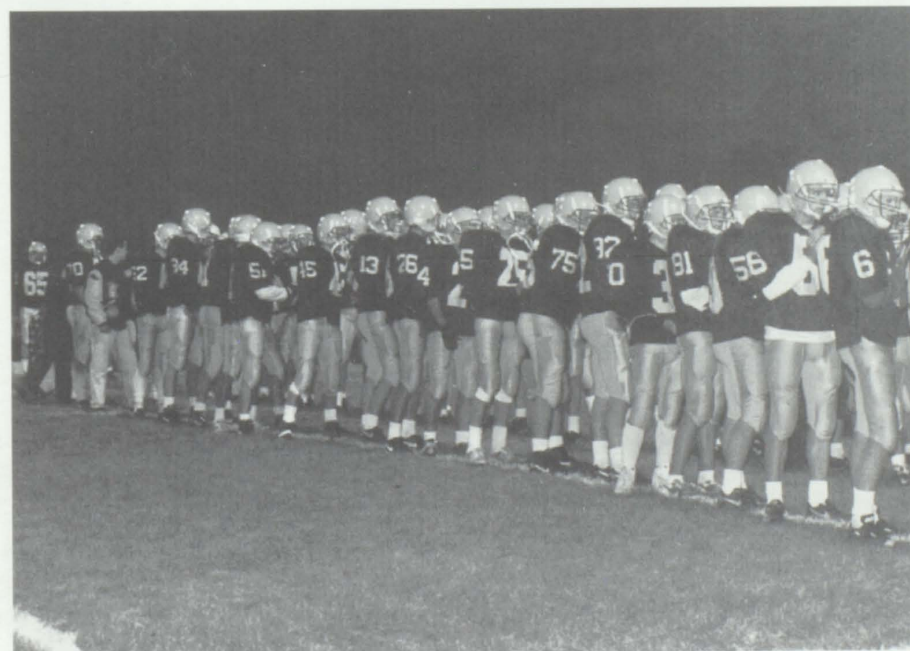
Therefore, stand for one another, be a source of strength to someone, anyone. For in numbers there is strength, in the multitudes power resides, and in the quiet support of many, true achievement and victory are found. Lastly, by standing to lift one another, you will find that together you can fly.

Dawn Lillemo

SPIRIT



School spirit is being involved in activities beyond the classroom. It is making the homecoming floats, painting faces at the homecoming game, participating in school games and activities, selling candy for different holidays, and dressing a certain way. School spirit is the enthusiasm and excitement felt when there is a big game, when talking about the school play or some upcoming event. How do you spell enthusiasm F-O-R-E-S-T L-A-K-E.

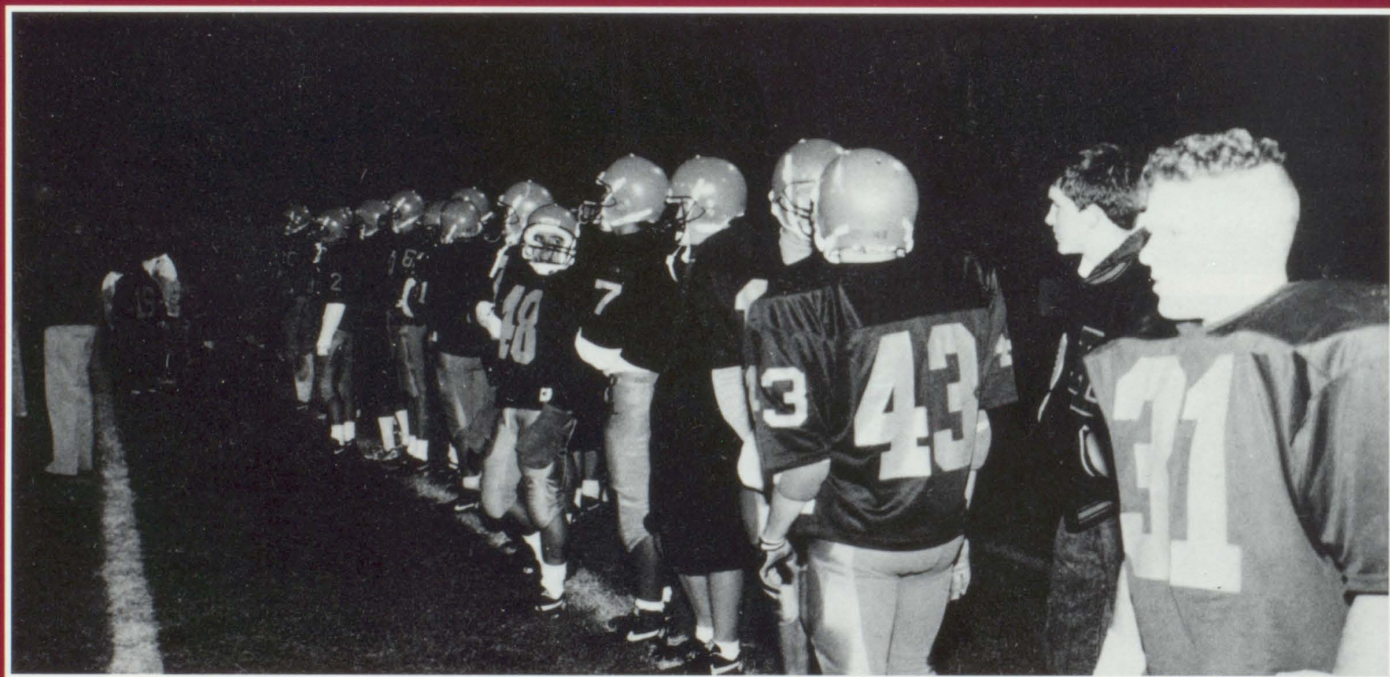


Above: STACK 'EM UP! Practice is essential for cheerleaders before displaying their talents before the student body.

Left: Rangers line up for the National Anthem before playing the homecoming game.

HOMECOMING '93

Forest Lake Vs. Roseville



Homecoming '93 was another event full of exciting activities. Monday started out the week with the crowning of the King and Queen. As the week progressed, so did the school spirit. The week included lunchroom festivities and different day to day styles. Monday was the traditional hat and sun-

glasses day. College sweatshirt day was on Tuesday. In the middle of the week people got to dress up like twins with their best buddy. Then on Thursday it was flannel day. Finally, the day we've all been waiting for...FRIDAY! Friday consisted of the pep fest and more activities showing off school

spirit. After the parade and waiting all day, came the football game. Ranger fans cheered on the team to do their best. The Forest Lake Rangers defeated the Raiders with an overwhelming victory of thirty-four to seven.



Top Left: The Mascot, as always, is seen in the homecoming festivities.

Top Center: Matt Gifford and Heidi Goss show their appreciation during the homecoming parade.

Top Right: The FLHS ski team showing off their float before the big event.

Left: Pumped and ready, Rangers stand impatiently waiting to ruin Roseville Raiders.

Above: The Forest Lake Shield Girls start out Friday's big football game against Roseville.

Above Right: Eric Stainbrook starts the marching band out on the right foot.

MONDAY-

F. Anderson



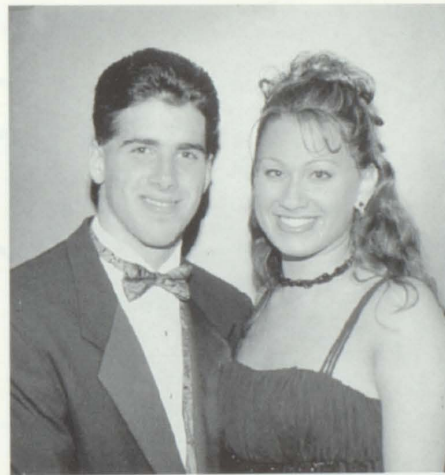
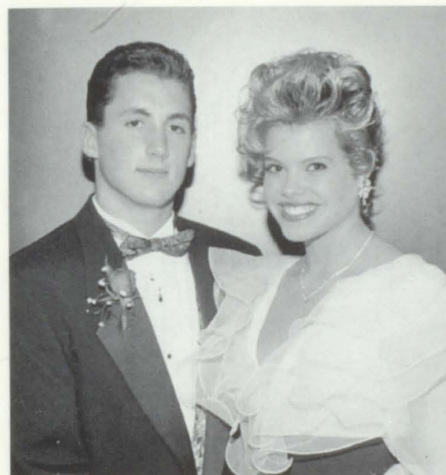
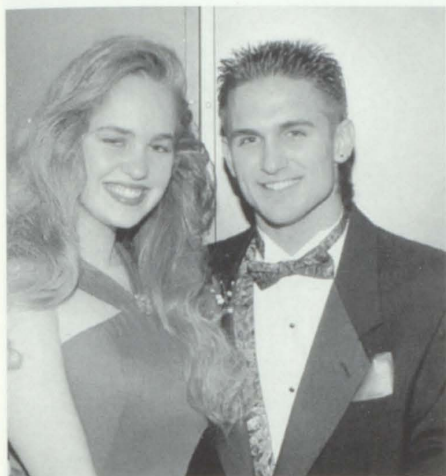
Top Left: Lisa Nos, Jaimie Allyn, and Becca Knox show their school spirit on hat day.

Top Right: The Diplomats; Josh Jabas, Matt Anderson, Don Berry, and Ryan Scott sing their little hearts out at Coronation.

Above: Monday night's bonfire heats the end of the Coronation.

Right: In total surprise, Matt Gifford places the crown on Heidi Goss.

the 27th Anderson



Top Left: Heidi Goss and Jason Hoskins
Top Center: Glenn Starfield and Julie Hulleman
Top Right: Jason Fountain and Kathy Schoenecker
Above Left: Matt Gifford and Charity Lundy
Above Center: Jason Thiry and Therese Hegler
Above Right: Josh Murphy and Nicole Cibulka
Left: Candidates put on the ritz in anticipation for Coronation.

TUESDAY

T. Anderson



Trisha Hillsheimer, Danielle Daninger stuff their faces as a lunch time ritual.



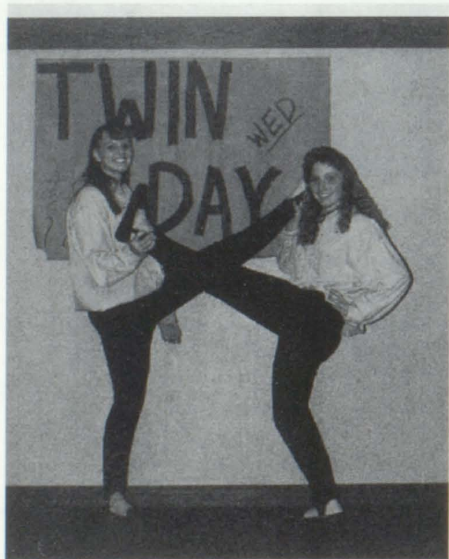
Troy Marr, Kevin Johnson, Joe Ramseth look happy because they got to eat marshmallows over the school food.



Sporting their college sweatshirts Joni Groebner and Jodi Johnson.

WEDNESDAY

T. Anderson



Amy Haraldson and Kelly Lykke kick up their heels on twins day.



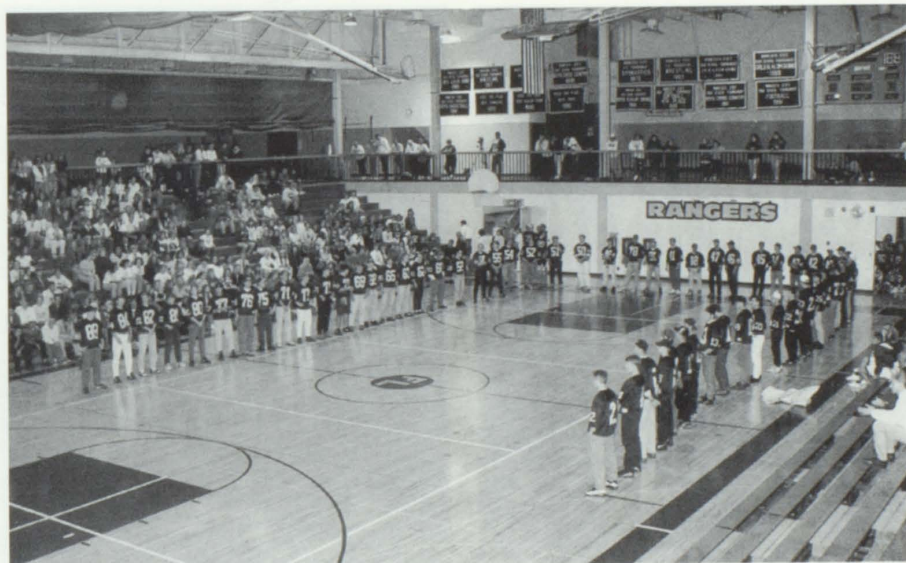
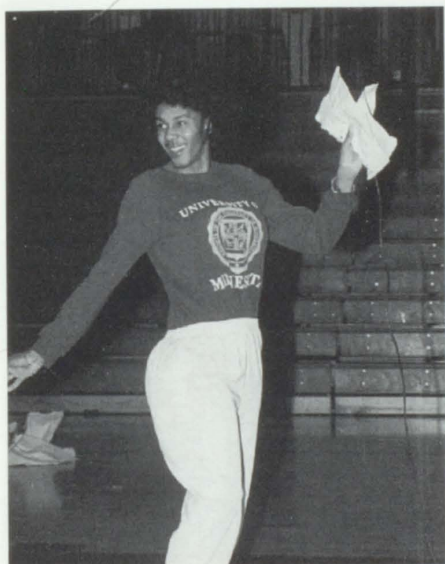
Tim Miller and Angie Lydon "maybe we should stop shopping together!"



Partying hard as always Amber Larson, Jessica Elias, Janelle Marx, Kara Schiefelbein.

THURSDAY

J. Anderson



Top: Students showing off school spirit.
Above: Hello, Oprah!

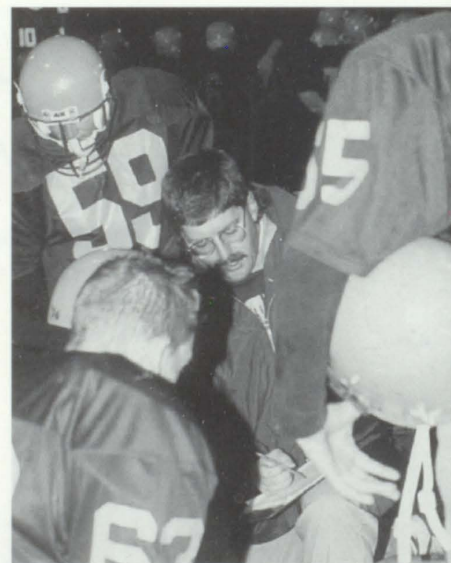
Top: Kevin Johnson and Brandon Loucks jammin' with the cheerleaders.

Middle: Danceline showing off their moves before the big game.

Above: The Forest Lake football team lines up at the pep fest while students cheer them on.

Top Right: The beautiful Forest Lake cheerleaders getting the student body psyched up for the big game.

FRIDAY



Above Top: The fans show their enthusiasm at the game.

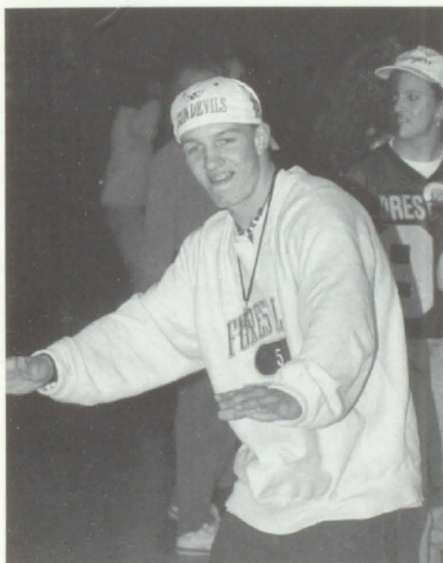
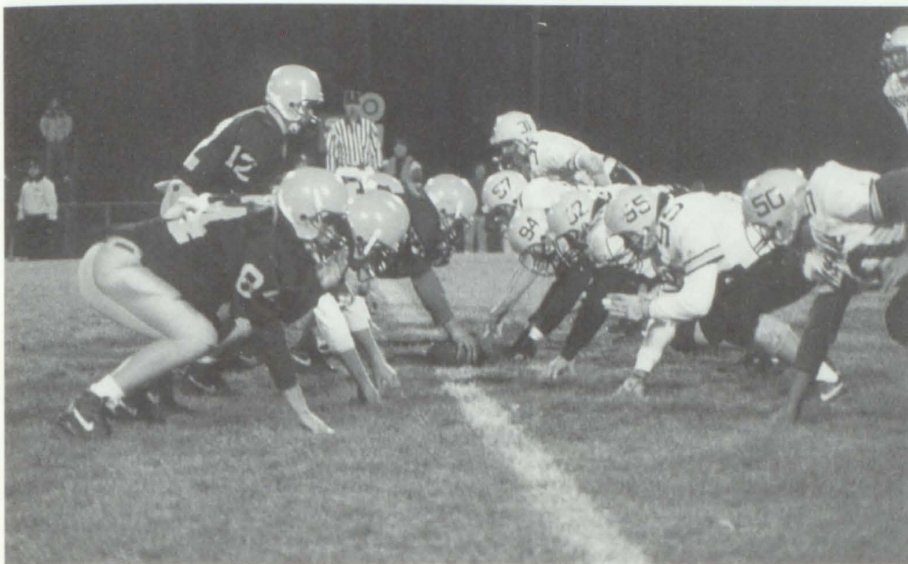
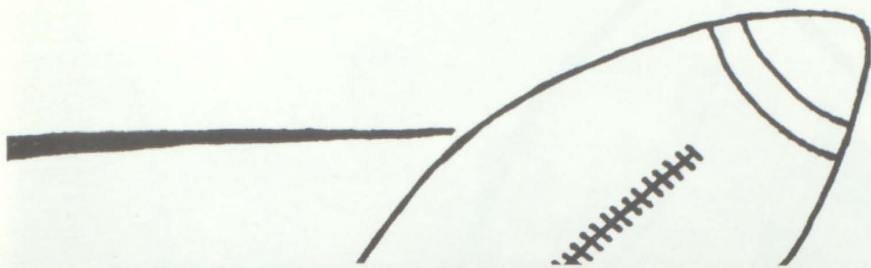
Above: Students gather together to give support to their team at the pep fest.

Top Center: Football cheerleaders posing for the camera.

Right: Quarterback Nick Altivilla heading for a touchdown.

Above Top: Adria Pfaffendorf and Matt Wood bundle together at the game.

Above: Assistant coach Larry Tietje drawing up a play.

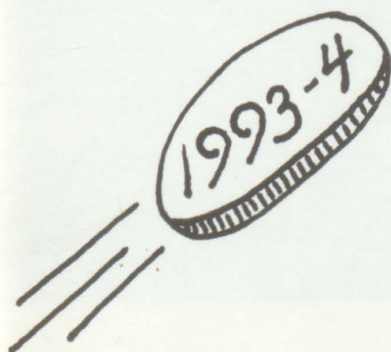


Above Left: Rangers line up head to head against the Roseville Raiders in route to a victory of 34 to 7.

Far Left: Chris Steffens groov'n at the dance after the homecoming game.

Left: Jason Pederson dives for one of his four touchdowns as the crowd cheers him on.

Above: The Forest Lake mascot, the Ranger, stands still for a picture.





“Try Not
To Become
A Person
Of Success
But Rather
A Person
Of Value”

ALBERT EINSTEIN



Above: Mr. James Lindstrom, Ms. Deb Fuerstenberg, and Mr. Chuck Gunderson help supervise the lunchroom.



We all come together to help each other through life. Sometimes we depend on the needs of others. We, the people, share our joys, laughter, and memories with friends, family, and relatives. And through everything we will always be special people.

Above: Students gather together to share their enthusiasm during the homecoming parade.

Left: Karina Pederson, Mickey Dunn, Andrea Fischer, and Angie Grandquist show their pride for Forest Lake High school.

ANOTHER YEAR OF MEMORIES

As the alarm rings at 6 o'clock in the morning, so begins the first day of school. Students come to the realization that summer has come to an end and school has begun.

For sophomores the first day of school will begin a year of new and exciting experiences with a whole new group of people. Juniors are thankful that they aren't sophomores and finally will get some recognition among the student body.

The seniors are thinking it's their last year in high school. The pressures of choosing colleges and jobs is now beginning. For seniors this is the year of heavy pressures, but also the most thrilling time of their lives.

The first day of school means many different things for various people, but really it's all the same. Another year of memories.



Top: Mrs. Dittberner takes a well deserved break.

Above: Mrs. Kaiser points foreign exchange student, Cecelia Ventura in the right direction.

Right: Dawn Culbertson and Jennie Boll express their friendship for one another.





Top: Some people are more happy than others about being in the lunch line.

Above: Virginia Hester and Jenny Johnson laugh about class schedules.

Top: Mick Haugen, Lead Custodian, starts off the school year by raising the U.S. flag.

Above: Yes, I have to ride the bus! Brian Alsaker.

IT'S A SMALL WORLD



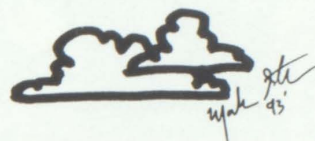
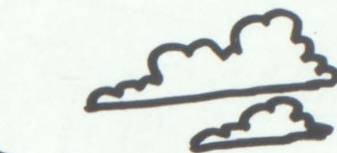
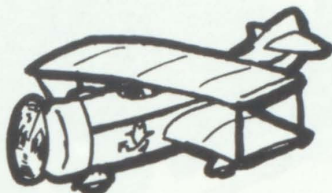
Above: Foreign exchange students gathered for a group photo.

Right: Marcelo Ishitani, Cecilia Ventura, and Mariana Silva stop and smile for a quick picture.

The Forester Staff had the opportunity to talk to the foreign exchange students about Forest Lake and what it would be like to leave all your friends and go to another country. Most of students said it wasn't a big deal, since they have been studying America for quite some time. They also said that they know much more about the United States than we know about other countries. More about the interview is on the following page. Pictured above are eleven of the fifteen foreign exchange students. In the front row Sofia Gunnesson: Sweden, Maiko Ohkatsu: Japan, and Lucie Kroupova: Czech Republic. In the middle row Marcelo Ishitani: Brazil, Sabina Hahn: Germany, and Mariana Silva and Cecilia Ventura: Brazil. In the back row Maria Jordshogen: Norway, Yves Suter and Daniel Droz: Switzerland, and Malene Nielson: Denmark. The remainder of the year should prove interesting and rewarding for these visitors to Forest Lake H.S.



WORLD



Q)What made you decide to come to the United States?

A)"Since we were children we've been studying about America and decided to see it for ourselves."

"Improve our English language." "America is beautiful."

Lucie Kroupova and Mariana Silva



Q)How is F.L.H.S. different from your school?

A)"Back home passing time is longer and we also have open campus. Back home our schedule varies, everyday is a different schedule. Here it's same class, same time everyday, the day gets boring. There's also less violence back home, we don't have policemen walking around. Feels like we have more freedom there. The students are more outgoing here."

The area where we come from the students are more to themselves. We don't say 'call me' ever. . ."

"Here at F.L. the students get the opportunity to bring their own lunch or dare to eat the school lunch! In our school, we just bring our own."

Q)What do you miss about home?

A)"We miss our family, friends, and the food! The food is so much better back home."

Maiko Ohkatsu, Sofia Gunnrson, Maria Jordskogen, Daniel Droz, Yang Yang Lui, and Ives Suter.



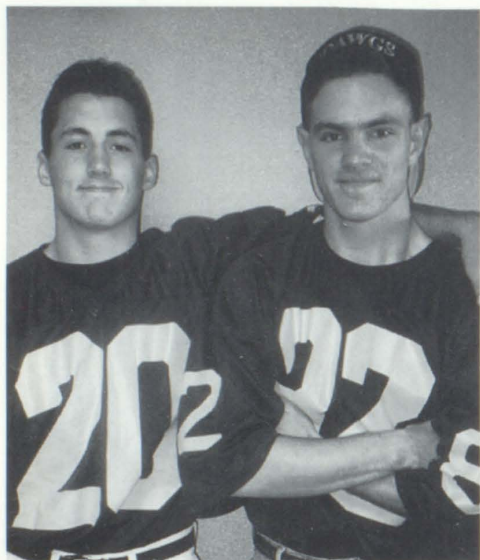
Q)What will you miss when you go home?

A)"All our new Forest Lake friends, our host families, spending money and definitely not the food!"

Cecilia Ventura, Malene Niesley, Marcelo Isanti, and Sabine Hahn.



The Final Chapter



The final chapter of our school-year lives
 a change in our futures is what everyone strives.
 We struggle through hours, we've paid up our due-
 It's time that we leave and begin something new.
 Been through the highs and been through the lows,
 the future holds something-but nobody knows.
 Mistakes will fade, you're on your own,
 we're in this together, we're in this alone.
 So here is your chance to make a fresh start,
 You can take off your mask and play a new part.
 A role all your own, you make up the lines,
 choose a direction and follow the signs.
 It's a long path to wander away from your friends,
 yet when something begins then something must end.
 Some friendships are solid, some crumble away-
 yet we all know this moment was coming someday.
 We'll all have our memories-some good and some bad,
 but we get to make new ones-it's time to be glad.
 So, remember this time and how fast that it flew,
 we've ended this chapter to begin something new.

Karen Stepka

Above: Looking confident before the big game is Matt Gifford and Erik Brown.
Top Left: The girls take time from chatting after school to turn on their best smiles.
Left: Phoning home Kimberly Greene?

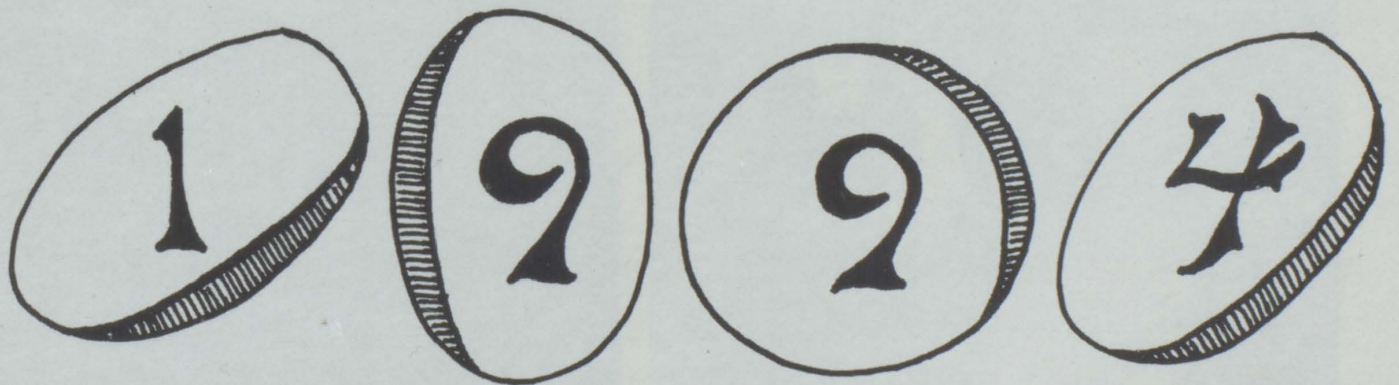
SENIORS



Above: Jason Hoskins, Jason Pederson, Jessica Sandstrom, Dan Rehbine, and Nicole Peltier smile for an after-school picture.



CLASS OF



The Votes Are In

Seniors Cast Their Ballots

The votes have been counted, and the winners have been chosen, but if you were a student voter in 1990 the categories you would see would be much different. In 1990 the senior poll categories you would have seen, would have included: Most Likely to Become Politicians, Biggest Partiers, Most Likely to be Arrested for Protesting, Biggest Hippies, Best Buns, Best Bodies, Best T-Pers, Most Likely to Never Grow Up, just to name a few.

The 1994 yearbook is the yearbook of change. It represents the way of our school and the policy that we follow. To explain, Best Buns and Best Bodies were eliminated years ago because of the pressing sexual harassment policy. There was even talk about eliminating this year's Best Lips category because it is "sexually suggestive". Best Partiers, Best T-Pers, Night Owls, and many others were taken out because they were too "controversial of today's standards". The others just faded out with time.

This year, you, the students have done the choosing and the deciding. We believe that this is one of the best senior polls yet. So here they are, your choice winners for the senior poll.

MOST LIKELY TO SUCCEED



Eric Nelson and Jessica Warning

MOST TALENTED



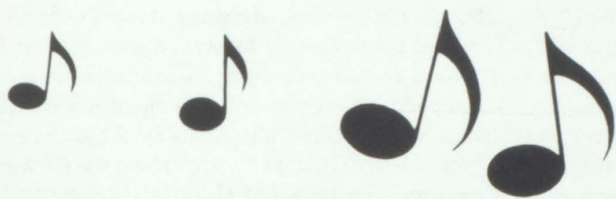
Ryan Scott and Michelle Thompson

Favorite

SONG
I'm gonna be (500 miles)

Plush

Runaway Train



Biggest Brown-Noser



Chad Dodson and Nicole Peltier

Favorite Television

SHOW
Beavis and Butthead

Home Improvement

Cheers

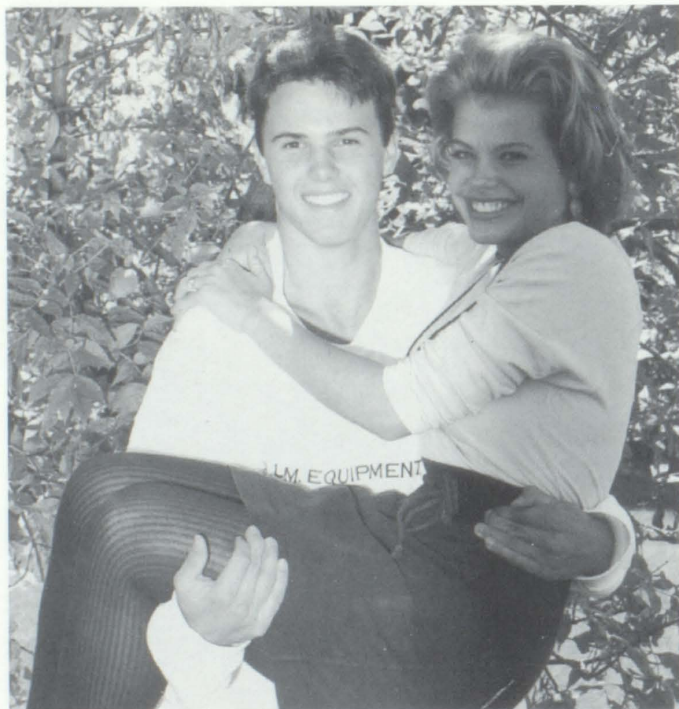


Favorite

Drop in at Perkins and you'll always see students hanging out



HEARTTHROB



Carl Dirks and Charity Lundy

Lake 5 was the spot to watch the top movie *The Fugitive*.

HANG Perkins

Out

McDonalds

Other peoples' houses

MOST ATHLETIC



Jason Pederson and Nicolle Hebert



Most Unique

EXCUSE
I'm a senior.

I don't care.

My mom made me sit down and eat twelve
bowls of Cornflakes because we were out of
Total.

BEST DRESSED



Cory Bombard and Nicole Cibulka

Favorite

MOVIE
The Fugitive

Son-in-Law

Benny and Joon

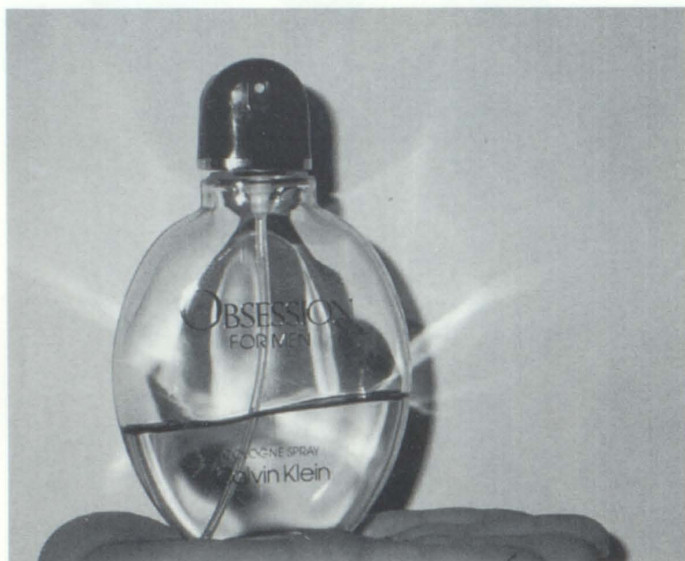


PRETTIEST EYES

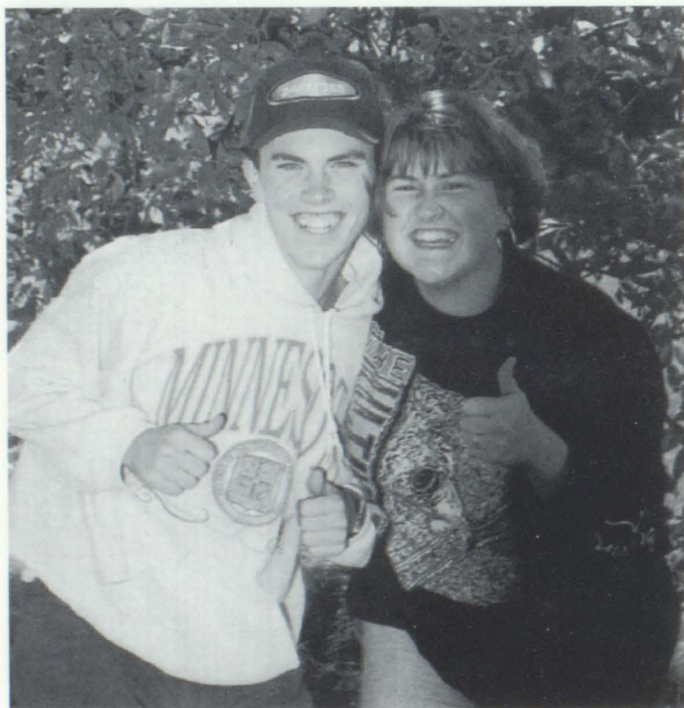


Jason Hoskins and Kathy Schoenecker

Obsession gets the votes for favorite fragrance.



Mr. and Mrs. Personality



Glenn Starfield and Jodi Johnson
Pearl Jam takes Favorite Music Group

Favorite

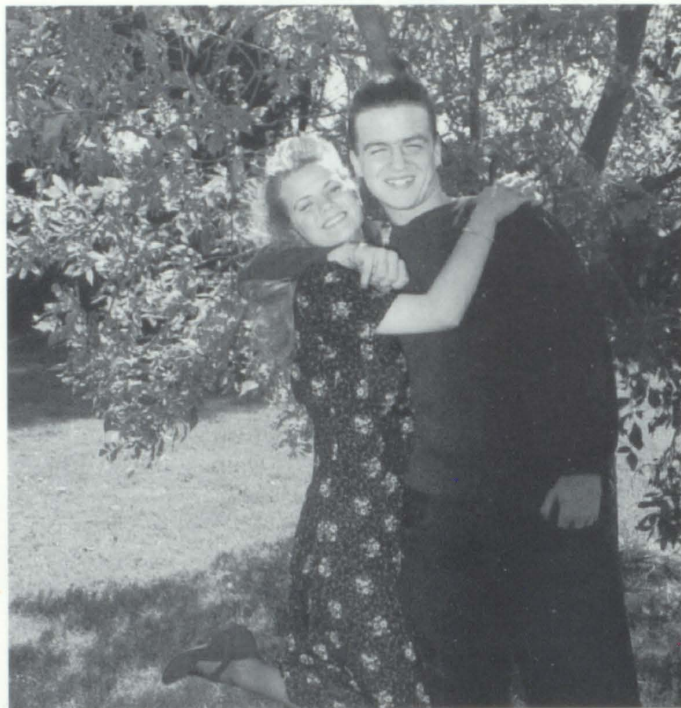
SCENT

Obsession

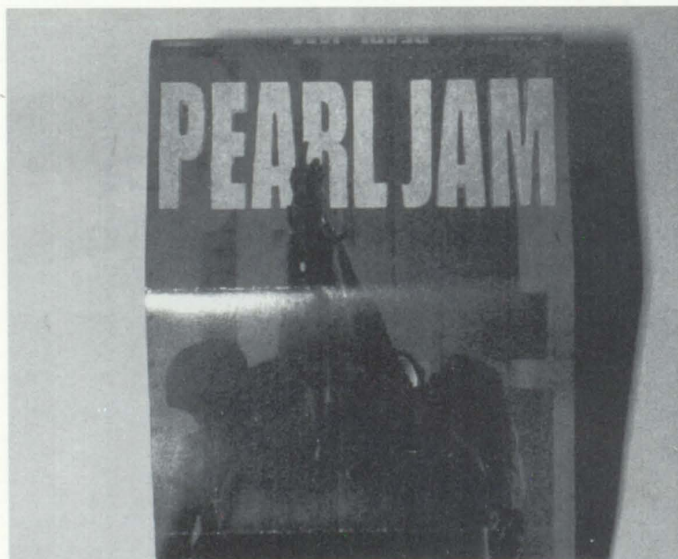
Eternity

Drakkar

Biggest flirt



Amy Voedisch and Tory Mogenson



Favorite

VEHICLE

Mustang

Corvette

'57 Chevy

Best Smile

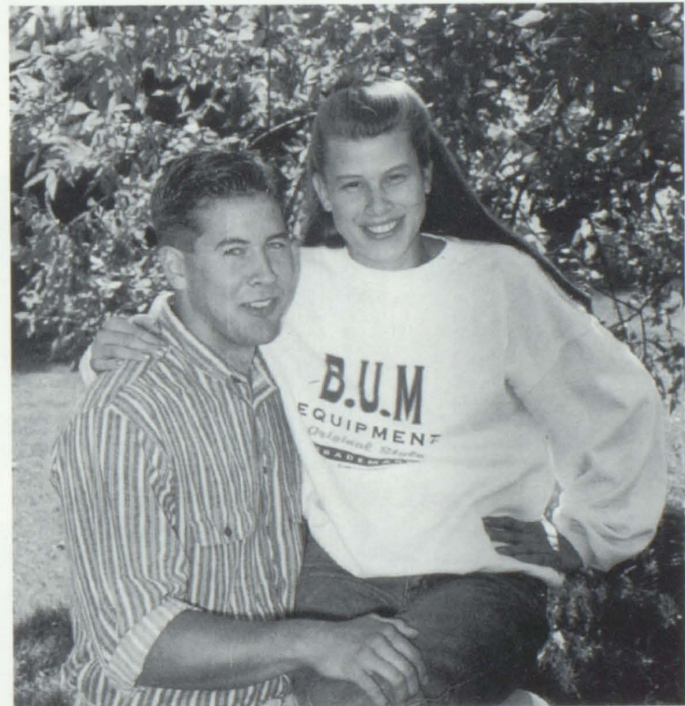


Jason Fountain and Amy Solomonson

Mustang drives away with the Favorite Vehicle



Cutest Couple



John Keyser and Jill Spiess

Favorite

MUSIC

Pearl Jam

Group

Stone Temple Pilots

Alabama

CLASS CLOWNS



Kevin Johnson and Tasha Damon

MOST SCHOOL SPIRIT



A.J. (Adam) Lindell and Stacey Hafner

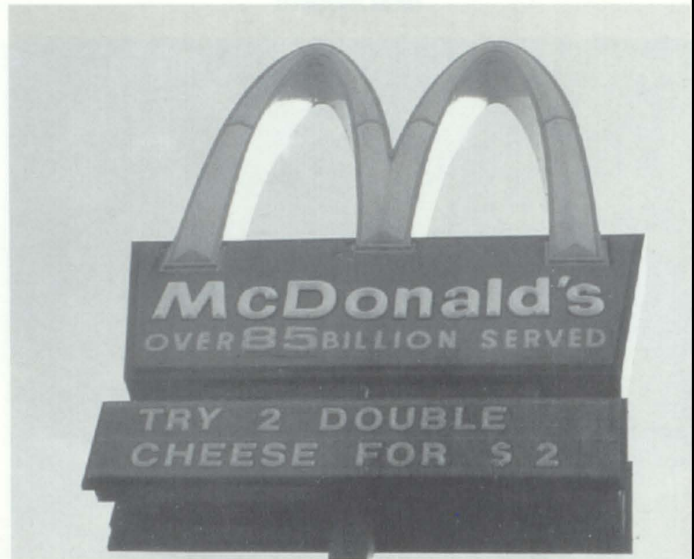
Favorite Fast

McDonalds

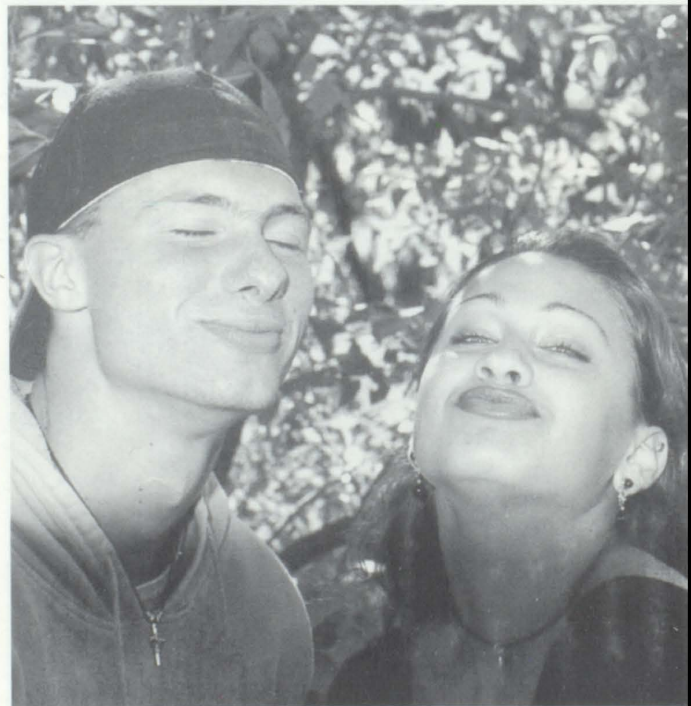
Subway

Taco Bell

Forest Lake Seniors vote McDonalds above the rest.



BEST LIPS



Josh Murphy and Therese Hegler

THE SOUNDS OF CHANGE

Webster defines sound(n): That which are heard. change(v): As to alter or make different.

George Elliot once said....."Our deeds still travel with us from afar, and what we have been makes us what we are."

Through the years, we have experienced changes in our own being. Experience changes us, and these changes were not destined by other people, places, or things. The real change has come from within. But every one of us is different and we all chose different paths for our future. Some wander off our natural paths and our choices may not reflect successful decisions, and others

stay on track. Realizing that a change needs to occur to find our natural pathways is painful because we know that tremendous challenges lie ahead to return.

To gain knowledge is to change. We will continue to seek knowledge and this will be the knowledge that changes, for we must learn to adapt and change ways that contradict what we feel.

As Russell Hoban said....."I think I must let go. Must fear not, must be quiet so that my children can hear the sound of creation and dance the dance that is in them."

Life has a rhythm and this rhythm is dif-

ferent for all of us. It carries us through joy and pain, and to move forward in life we must concentrate on the optimistic rhythms that carry us: the friendships we've made, the knowledge we've captured and our continuous cycle of maturity. To look upon the fond memories pushes us into a good future. To look upon the bad, restricts us from even catching a glimpse of the good.

We must listen to the sounds within ourselves, they will guide us and they will determine the future. If the sounds we choose to hear are positive and we act on them, we have no limitations.

Therese Hegler



Tiffani Ahrndt



Douglas Aldentaler



Rachel Alsaker



Jeremy Andersen



Heidi Anderson



Matthew Anderson



Nicole Anderson



Tina Anderson



Tasha Anderson



Matthew Arcand



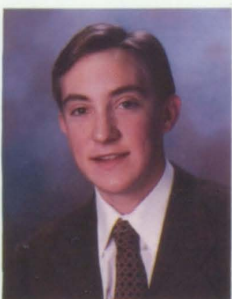
Joshua Archibald



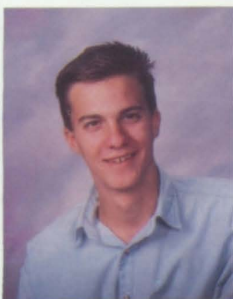
Tearinie Arhip



Kimberly Arneson



Matthew Bachman



Thomas Bailey



Michelle Barton



Kelli Beard



Joseph Beaulieu



Above: Josh Reuter and Pete Neilson have a boon time at homecoming festivities.



Lisa Beaulieu



Jodie Belland



Emma Berg



Jason Berger



Randy Berggren



Jennifer Berheim



Amy Berry



Donald Berry



Jeremy Bestland



Jennifer Betz



Matthew Bixby



Michelle Blanchard



Francis Boll



Cory Bombard



Jason Born



Brianna Borndal



Brian Bounds



Joel Boyer



Anthony Brand



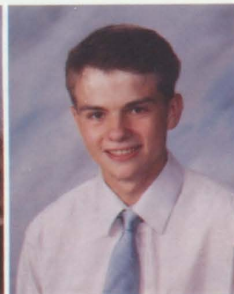
Roger Brandel



Michelle Broadbent



Heather Bronson



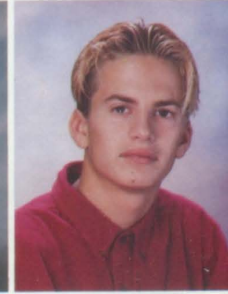
Ronald Brooks



Erik Brown



Jennifer Brown



Mathew Brunnette



Michael Budde



Sarah Burdick



Rachel Bye



Rebecca Cadwallader



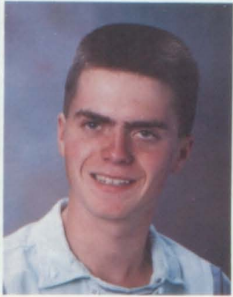
Ursula Campbell



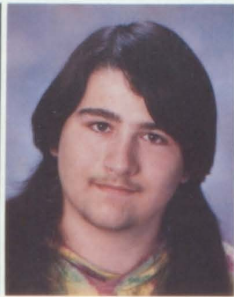
Anthony Carlson



Neil S. Carlson



Neil A. Carlson



Philip Carpenter



Theresa Cassman



Shannon Charles



Jason Christensen



Nicole Cibulka



Cameron Clark



Daniel Coates



Sarah Coleman



Cassandra Colestock



David Cook



Jeremy Cornell



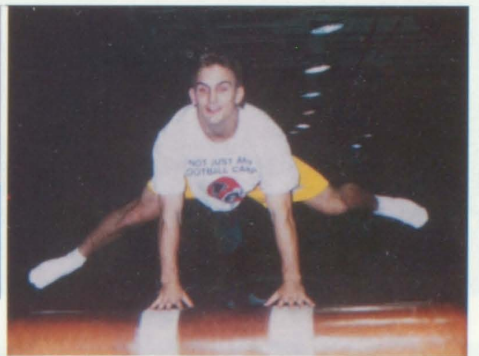
Michael Cressman



Rex Crohn



Jonathon Cunningham



Jason Hoskins performs on the horse in gym class.



Jody Dagastino



Jessica Dahlquist



Tasha Damon



Danielle Daninger



Valerie Darling



Richard Daugherty



Sean Dawson



Jason Decker



Kara Deedon



Chad Deegan



Jacob Deiman



Dena Delcastillo



Randy Demarais



Nicole Demarais



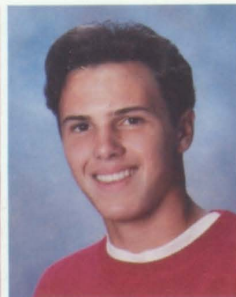
Lynn Devine



Teresa Dickman



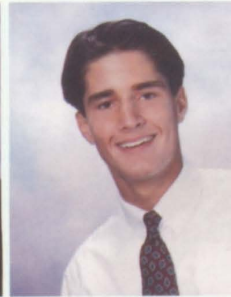
Trinity Dimich



Carl Dirks



Jay Dobertein



Chad Dodson



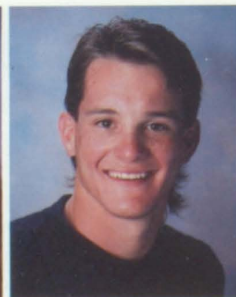
Joseph Dolphy



Nickolas Doty-Rehbine



Laura Droher



David Drury



Michael Duncan



Christy Dunsmore



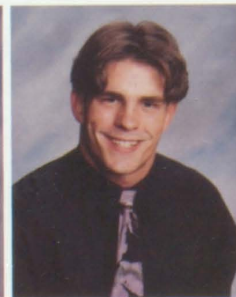
Troy Durant



Rebecca Durham



Sarah Eberth



Trenton Eckdahl



Heather Edlund



David Eller



Jessica Elias



Shelly Ekvall



Phillip Engen



Barbara Englund



Scott Erickson



Michael Fee



Heath Fonnest



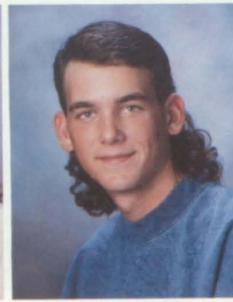
Jason Fountain



Brandon Francois



Rebecca Freed



Sean Freeman



Karen Funkhouser



Joshua Gabrick



Julie Gabrielson



Renee Gajeski



Jason Galetka



Patrick Gallatin



Betsy Garbe



Peter Gaustad



Lisa Geisbauer



Tara George



Nicole Gervais



Cynthia Gierke



Mathew Gifford



Deanna Gilbert



Jennifer Gilles



Kristina Gillette



Linda Gleixner



Heidi Goss



Geoffrey Gray



Kimberly Greene



Dennis Groebner



Joni Groebner



Christina Groshens



Scott Gross



Sofia Gunnesson



Jennifer Haayer



David Hackman



Stacey Hafner



Gene Hageman



Sabine Hahn



Brent Halverson



David Halverson



Chris Hanson



Jeremy Hansen



Jessica Hansen



Amy Haraldson



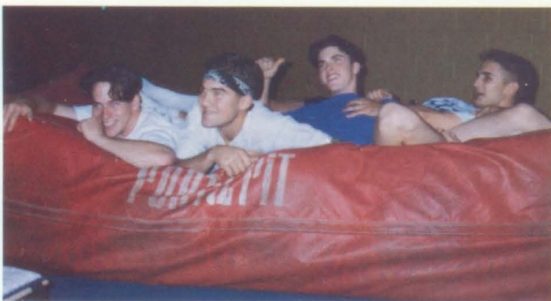
Cameron Harris



Chris Hart



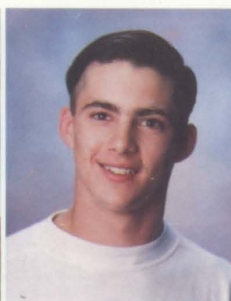
Amy Hauble



Jason Fountain, Joey Tuccitto, Glenn Starfield, and Jason Hawkins take a break during phy-ed.



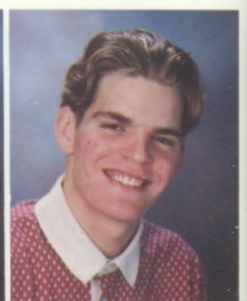
Andrew Hawkins



Jay Hebeisen



Nicole Hebert



Joseph Hegberg



Therese Hegler



Julie Hendrickson



Kale Henry



John Hermes



David Hernandez



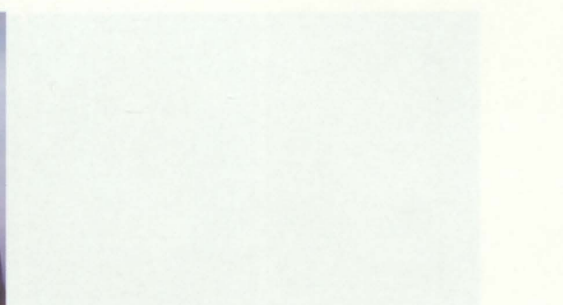
Jody Hestekin



Brooke Hietbrink



Matthew Higgins



Tamara Hillman



Trisha Hillsheimer



Clayton Hogen



Jason Hoskins



Jessica Sandstrom, Sara Pechmann, Amy Solomonson, Jason Thiry, and Troy Marr being chummy.



Andrew Houle



Jason Houle



Kristyn Hubal



Crystal Huberty



Heidi Hudak



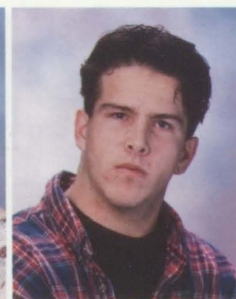
Jeanne Hughes



Julie Hulleman



Kathryn Hunt



Scott Hutchinson



Joshua Jabas



Gayl Jackson



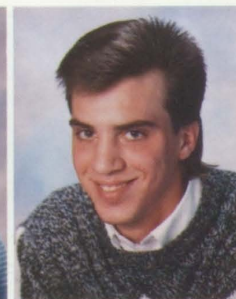
Jason Jemelka



Brian Johnson



Chad Johnson



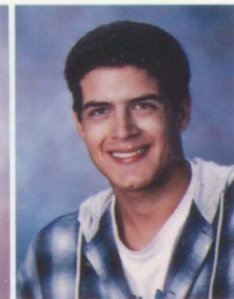
Daren Johnson



Jodi Johnson



Kevin Johnson



Matthew Johnson



Melissa Johnson



Randall Johnson



Shawn Johnson



Steven Johnson



Brenda Jones



Deirdre Joyce



Sean Joyce



Jason Jury



Lee Kamppi



Kyle Kampschroer



Ericka Kempe



Colin Kennedy



William Kensy



John Keyser



Steven Klar



William Kleidon



Michael Kmetz



Eric Knott



Rebecca Knutson



Heather Koehly



Heidi Koester



Lynn Kostka



Jennifer Kretman-Toepper



Karissa Kunkel



Carey Laforte



Adam Lamere



Sandra Lametti



Russell Lane



Vanessa Larsin



Amber Larson



Berent Larson



Casey Larson



Jodi Larson



Sarah Lejchar



Amy Lenk



Elizabeth Leroux



Amy Letourneau



Jeremy Letourneau



Dawn Lillemo



Joseph Lillyblad



A.J.(Adam) Lindell



Lance Linder



Roxanne Lindquist



Velvet Longtin



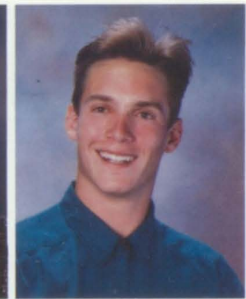
Daniel Loren



Brandon Loucks



Shannon Lueth



Ryan Lundin



Charity Lundy



Lucy Lunzer



Anthony Lushanko



Angela Lydon



Kelly Lykke



Sonja Magney-Wallace



Stephine Malone



Brenda Malvig



Tea Kurucz-Manick



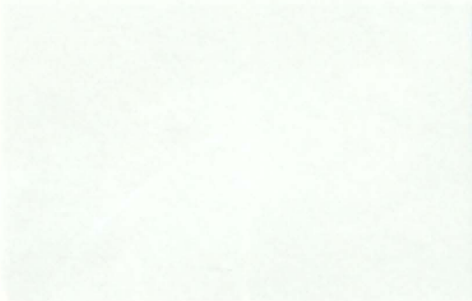
Kimberly Mardaus



Troy Marr



Janelle Marx



Megan Mathes



Corey Mathison



Mark Mayville



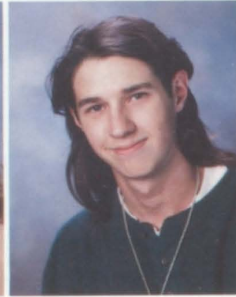
Melissa McDonald



Cindy Gierke and Joelle Preisinger having a novel day.



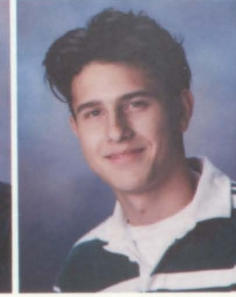
Melissa McFarling



Jeremy McMonigal-Johnson



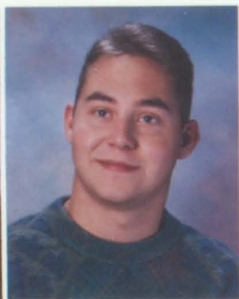
Jeffrey McPhail



Scott Mesenbring



Gary Metzger



Troy Meyer



Michael Miesner



Caryn Miller



Jolene Miller



Timothy Miller



Tory Mogensen



Michael Mohs



Charles Mollenhauer



Eric Moore



Kristen Moore



Sean Moore



Bradley Mortel



Michael Moszer



Brian Murphy



Joshua Murphy



Angela Myers



Richelle Nelsen



Eric Nelson



Gisela Nelson



Jerome Nelson



Rachel Nelson



Steven Nelson



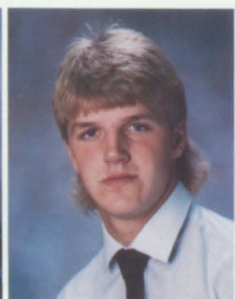
Tasha Nelson



Jeremiah Nephew



Timothy Neu



Joel Nichols



Angee Nickelson



Peter Nielsen



Jennifer Nohava



Tabitha Nordby



Brian Nye



Jennifer O'Brien



Timothy O'Brien



Carrie O'Hara



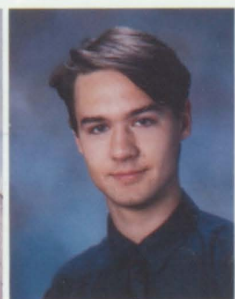
Maiko Ohkatsu



Cheryl Oldenburg



Amanda Oldham



Philip O'Link



Jennie Olson



Colin Kennedy and Jonathan Eagen, "two bosom buddies," having a blast in class.



Kathryn Olson



Matthew Olson



Melissa Olson



Andrea O'Neill



Monique Palme



Nicholas Palmer



Elise Parker



Sara Pechmann



Jason Pederson



Nicole Peltier



Adam Pepin



Jami Pepin



Corina Perron



Brian Peterson



Jenny Peterson



Kristopher Peterson



Brandon Petrowske



Adria Pfaffendorf



Dawn Phillips



Kristopher Pierre



Katie Pittman



Kimberly Poland



Angela Pool



Richard Portz



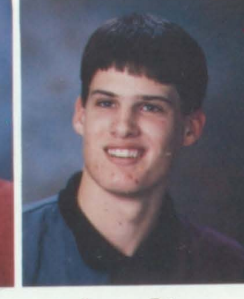
Rebecca Progreba



Rebecca Powell



Joelle Preisinger



Gregory Primeau



Reginald Proulx



Mark Ramse



Joseph Ramseth



Jacob Randall



Kerry Regel



Daniel Rehbine



Mark Relling



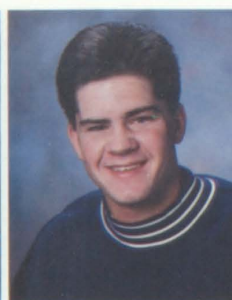
Cheryl Reinhold



Joshua Reuter



Jessica Ricker



Jay Robinson



Wendy Rohwer



Lawrence Rollinger



Wendy Rood



Lisa Rosty



Marissa Rought



Jasyn Rousselow



John Ruddy



Christopher Rudolph



Avril Runyon



Tammy Russ



Joseph Ryan



Jessica Sandstrom



Cheri Santanni



Diane Sarafolean



Kimberly Schaeppi



Tad Scherman



Kara Schiefelbein



Senta Schleder



Jocelyn Schneider



Katherine Schoenecker



Carolee Schroeder



Charles Schultz



Cory Schulz



Christine Schwab



Ryan Scott



Alyssa Sederholm



Stephen Sell



Amy Severson



Sarah Severson



Lisa Sherrick



John Shoberg



Jaymi Shogren



Michael Sigerson



James Slawick



Jason Smith



Shanette Smith



Kimberly Sogge



Amy Solomonson



Jennifer Spear



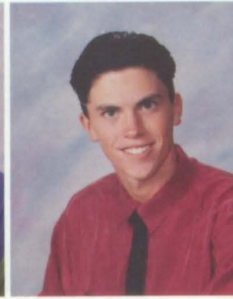
Kelly Spears



Jillene Spiess



Eric Stainbrook



Glenn Starfield



A cluster of seniors take time from class to beam.



Christopher Steffens



Mark Stelmach



Karen Stepka



Jeremy Stilwell



Andrew Stoltzman



Sheryl Storkan



Shane Stumm



Jeffrey Sturm



Joshua Sturman



Mark Swartz



Jeremiah Tate



Matthew Temte



A gander of side-kicks show their school spirit at the parade.



Melinda Thatcher



Jerad Themmes



Jason Thiry



Michele Thompson



Brenda Tibbetts



David Tima



Michael Tinklenberg



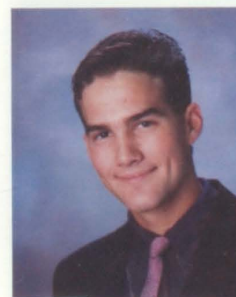
Jessica Tomlin



Kimberly Treague



Megan Trebelhorn



Joey Tuccitto



Joel-Lynn Unze



Nicole Urevig



Katie Usher



Jeffrey Vanhoven



Malissa Vannelli



Cecilia Ventura



Mike Verness



Amy Voedisch



Andrew Wachholz



Joshua Wahlgren



James Walls



Jessica Warning



Sandra Wasilk



Elizabeth Way



Terrance Weber



Lisa Wendel



Brett Wenzel



Heidi Weseman



Benjamin Westmoreland



Shannon Wettschreck



Stephanie White



Cory Wightman



Aaron Wilborn



Kevin Wiler



Paul Williamson



Roger Williams



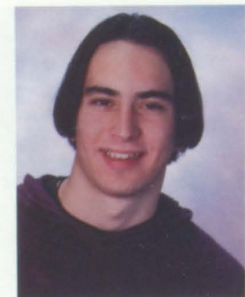
Corrie Willing



Cheryl Winkelman



Jeremy Wolfe



Brandon Wood



Deirdre Wulff



Lee Ann Zaccardi



Amy Zaudtke



Dana Zaudtke



Gabriel Zumwalde

Senior Biographies

The following senior biographies include the senior's nicknames, activities they were involved in, their plans after completing high school, and their favorite memory from high school.

A

Ahrndt, Tiffani: Tiff, Tiffy; go to college; Lamere's swamp '93, Christmas '92, March, '92, prom '93, Duluth, crazy Jennifer Ochs, always and forever Marc Merrigan.

Anderson, Heidi: softball; go to college to be a pediatric physician aid or a R.N.; the day I graduate from this school, being with Dave.

Anderson, Tina: "T", Chimpper, Sprout; yearbook, Circle of Support; go to a four year college; parties.

Archibald, Joshua: Arch, Archie, Archiman; Debate, NFL, NHS, Knowledge Bowl, OM, band; attend the Institute of Technology and major in computer science, move to Colorado, snowboard; pep bands, those wacky homecomings, thank God for Big Foot Pizza!

B

Barton, Michelle: Barton, "Jessie", "Shell"; wrestling cheerleader, danceline, drama, Student Council; go to college; State Wrestling Champs '93. G.W.C., house party of '91, summer of '93. S.t.p. '93.

Beard, Kelli: Kell, Delta; debate, speech, student congress, Mock Trial, Foreign Language Club; take a cruise and go to college; the Novice Classic.

Berg, Emma: track, cross country; college; camping at Apple River, track region bus ride home from Duluth.

Berry, Amy: Aim, Aimers, Amy Jo; yearbook; go to college, become a nurse, marry, raise a family, and travel around the world; prom of '92, '93, '94, "Sophomore year", J.W., Tiffy & Sogge.

Betz, Jenny: Jen, Betzter, Crash Dummy; Circle of Support; go to college; homecomings, friends, after school.

Born, Jason: JayBo, Jay, Jase; football, choir, woods; Air Force M.P.; play in the homecoming football game of '92.

Bounds, Brian: football, baseball; college; homecoming.

Boyer, Joel: Boyer, Jefe, Jobo; football, FCA; go to school at Northwestern; playing football and going to watch other sports.

Brand, Anthony: Ponch, Hashish; soccer, cross country skiing; go to college; summer soccer "93".

Broadbent, Shelley: Shell, Shell-Bell; go to college; "pissants, Puff the magic dragon, sweet, petite and tres, tres neat!"

Bronson, Heather: Bianca, Little Miss can't be wrong; go to college; "pissants, Puff the magic dragon, sweet, petite and tres, tres neat!"

Brown, Erik: Brown Star, Brown Eye; football, track and field, French Club; go to

college; winning the State Track and Field True Team Meet.

Brunnette, Matt: Jumpy, Sirhan Arashad; D-day, camping on St. Croix.

Burdick, Sarah: Burdick, Saree, Sarah Jade, B; tennis, softball, band; go to college, party; prom '92, regions in tennis, being tennis partners with Seder for 5 years.

Bye, Rachel: Rach; Science Team, choir, NHS; continue going to Bethel College; Rejoice! Tour '92.

C

Campbell, Ursula: Urs; I plan to go to college; John, Prom '92, March '92, Elton John '93, football games, homecoming '92 & '93, picking raspberries July '93, river '92.

Cibulka, Nicole: Nik, Kibulka; dancing, v-ball 10th & 11th grades, Student Council; go to college; Reno cuff's and gun's '93, Perkins with Winks, Pasedena, homecomings, prom '93, Tex's grad. party, Duluth, Canada, Bandana getaway.

Cornell, Jeremy: college for science or engineering; coming back to school after the bone marrow transplant and seeing everybody again.

Cunningham, Jon: Cunner, Legs, Stretch, Faud; basketball; go to college, get rich; morning open gyms, '91-'92 b-ball season, Crystal Jean.

D

Dagastino, Jody: Jo-Jod, Jodacee, Jodaline, Jodelle; band; go to college for law enforcement; going to the Tournament of Roses Parade.

Dahlquist, Jessica: Jessie, Jess; Circle of Support; Air Force; McDonalds, homecomings.

Daninger, Danielle: Dani, Dork, Gumby; volleyball, basketball, track, FCA; go to college and play sports; Unsure of career (probably something in the sports medicine area).

Darling, Valerie: Val; Band, NHS, A.P. History; go to college, study in Europe; Pasadena, Michigan and France.

Deegan, Chad: Deegs, Doogan, Little Deegan; Tennis; business school; Christmas vacation '92, summer vacation '93, Murph's house.

Demarais, Nicole: Nickie, Nick, Dickie, Dee, Demarais; soccer, basketball, track; go to college, become a physical therapist; Girls State Basketball '93, CC group '92, t-ping Klutz, track regions '92 and '93, freshman orientation at UMD, meeting D.L. and summer of '93.

Dirks, Carl: Carlos, Dirksey; basketball, baseball; attend college in the south somewhere; Shotgun Tommy.

Doty-Rehbine, Nick: Doty; football, track, Breeze editor, Nat'l Honor Society, French Club; enter a university and become a broadcast journalist; going to the Metrodome for the State Football Tournament in my sophomore year.

E

Eberth, Sarah: Rara, Ray; band, marching band, science team, "Sound of Music" orchestra pit, "Anything Goes"; go to college and double major in music therapy and music education; marching in the Rose Bowl.

Eckdahl, Trenton: Ellsworth, Trench; wrestling; party, college; state championship.

Edlund, Heather: track; college; dances, prom, semi-formal, homecoming.

Ekvall, Shelly: "Shelly-Belly", "Shell"; FFA; stay in the Agri. business field; FFA chapter camp.

Elias, Jessica: Jess-Jess Camaruki, Elvis, Morticia, Eddie; party and then go to college to be a zoologist; skipping and going to McDonalds everyday, Carlos Avery, Clear Lake, and the river.

Eller, Dave: "Dude Man", Mr. Rodgers; get my masters in psychology and later a Ph.D; Amy Hackel.

Engen, Phil: Engine, Leoni; football, track; go to college.

F

Fonnest, Heath: Heater, Candy-Bar; soccer, Tae Kwon Do; continue to run my business.

Fountain, Jason: Foudy, Fouts, Bubbler; Student Council, baseball, football; go to college, major in sports medicine, get married; Mike Monson's house, football, basketball, hockey games, hangin' with da boyz.

Freed, Rebecca: Becky, Becks; FCA, Christian Senate, band, theatre, speech, PSEO, church youth group, Mock Trial; continue at Bethel College; Pasadena and Michigan with marching band, going to Chicago and Colorado.

G

Gabrick, Josh: Gabe; ski team, tennis, chamber choir, t-p crew; experience college, ski, become an orthodontist, and own a GTO; ice storm at Wild Mountain skiing on ice.

Gabrielson, Julie: Jules, Juleskins; NFL, speech, danceline, Junior Class Council, newspaper, drama, band, choir; go to Northwestern College in Iowa and major in law, also visit Afghanistan; being in danceline, hangin' with Ameskins.

Gajeski, Renee: Ne', Gajeski, "Little Ski", Sha-ne-ne, "Jet Ski"; track, french, choir, homecoming '93; join the Air Force or go to college and study journalism; pepfest, homecoming, being with my friends, all of my senior year.

Garbe, Betsy: Bets, Garbs, Betty; speech, danceline, zero hour, Student Council, golf, choir, theatre, NHS; go to college and then the Peace Corps in Africa; Lamere's Swamp '93, river camping, Perkins, the yellow V.W. bug, ice house '92 & '93, Langenbach's engine show, Pat, road trip to Indiana, drinking kool-aid and eating fish, homecoming week, senior trip.

Geisbauer, Lisa:: Lis, Geis, FeFe; girls soccer, Student Council 10th and 11th grade, FFA, cheerleading for girls basketball my junior year; live a successful and happy life, go to college, and get rich someday, having a healthy and happy family one day; prom '93, we in '93, going to party's with friends, being with Jon, laughing with Alyssa, being honored by being Miss Centennial Queen of Forest Lake, cheering in the Met Center.

Gervais, Nicole:: Nick, Jarvis, Nicki, "G"; tennis, softball, NHS, Circle of Support, Youth Advisory Board; college to study medicine or chemistry' Stacey's New Year's Eve '93, t-ping Lisa's and getting caught, Brian

Gierke, Cynthia:: Cindi, Lou, Ginz, Cookie; Circle of Support, newspaper; go to university in Chicago to be an elementary school teacher, or go into journalism; prom '93, feeding the fish, late night at Perkins, Mr. Grant, McDonalds, CSC-"BB", Raymond.

Gifford, Matt:: Giff, Guido, Ditaliante, Meatball; football, track; college; State High School Track True Team Championships.

Gillette, Kristina:: Kris, Krista, Crustacian, Marshmellow, Tidy, Smasher, Slurp; school-work-school-work, etc.; earn money, travel, spend money, earn more; office, 2nd hour, carpools, "Chace".

Gleixner, Linda:: Glex; volleyball; go to college and major in physical therapy; Elton John '92, UMD '92, lunch '93, July '93, Duluth '93, picking raspberries, Aladdin, last day '92, Mur-ray.

Goss, Heidi:: Marsha, Heidi Dos Goss; Cheerleading, Student Council, church youth group, homecoming '94; go to a university to study diplomacy; Seniors class, soccer cheering, hanging out with Lis and Liz.

Greene, Kimberly:: Kimmy; track; go to college and major in elem. education, homecomings, being with friends.

Groeber, Joni:: Grubbs, Jonis; football, basketball, cheerleading; go to college.

Gunnesson, Sofia:: Fi; tennis; Go back home!

H

Hafner, Stacey:: Stacerine; football, basketball, cheerleading, Student Council, Breeze, Circle of Support, National Honor Society, speech, Youth Speaks, Youth Advisory Board, Students in Action, High Potential, drama; attend college, either the U of M or Texas U in Austin, major in journalism and political science; homecoming, cheerleading, Student Council, house parties, M.B., Marshall Speech Tourney.

Hageman, Gene:: Hageman, Badger, Hagis; football, band; college; playing football, the band trips.

Halverson, Brent:: Halv, Jerk; PSEO; sleep, college, wife and kids, death; roll-over, New Year's '93, Labor Day weekend, Ben's house, t-ping, 2:30.

Hansen, Jessica:: debate, speech, theater, band, marching band; go to college and pursue a degree in elementary education; Pasedena '91-'92, student directing '93 spring play.

Hanson, Chris:: Norris, Buck; football; go to

college; being on the football field on Friday nights and seeing everyone in the stands cheering, or in some cases moshing.

Harris, Cameron:: Cam, Camster, Camel; leave home, go to college at UW-River Falls and become an accountant, get married and have no kids; Junior prom.

Hauble, Amy:: Hauhs, Blondie, Aimers; Junoir Class Council; go to college; all the good times spent with friends, trip to New Jersey.

Hawkins, Andy:: Hawk; tennis, football; go to college and spend a lot of time with the big "old" bear; going to Cleveland to see Marino and the Dolphins.

Hebeisen, Jay:: Hasbasen, God, Sir; wrestling, soccer, Kari; go to college; 5-18-93, 9-18-93.

Hebert, Nicolle:: Nicky, Heeby, Hebert, Heeby Jeeby; volleyball, basketball, softball, D.A.R.E., FCA; go to a private college; the Heeby-Hulleman rally caps at football games, State Basketball Tourney '93, "Michele, that Apple River really got a hold of you." Duluth '93.

Hegler, Therese:: Cheece, Terez; drama, speech, NFL, choir, French Club; college, study aboard in England or Ireland, study music and/or psychology, hope to get married, get rich and retire early on a beach house, being with old friends and making new ones, Renaissance Festival '92 w/J.J., C.L. and M.T., Lottery ticket w/M.T., STP concert '93 w/M.B.

Hendrickson, Julie:: Jules; soccer, band, NHS; college; Pasadena, Michigan.

Hestekin, Jody:: Jode, Bode, Odie; band, basketball manager, National Honor Society; go to college to be a nurse; Pasadena band trip;

Hillshumer, Trisha:: TJ, Tyler, Shister; go to college, get my law degree, have fun, enjoy life and stay with S.M.M.; 7th hour bell, snow days, the river (J.M.), pranking with A.L. and M.V., meeting my S.M.M., the zoo.

Hoskins, Jason:: Big Hos, Hotskins, Potatoskins, Caesar; football, track; college; Adam's Land, Puberto's, ped parties, football 91, track 92, running in the 4x100 at state.

Houle, Andy:: Houle, Drew, Anderson; baseball; college, play baseball; Baseball State Tournament 1993, moshing at the football games.

Huberty, Crystal:: Spaz, Angelface, Dopey; Breeze, yearbook; go to college and party on, start living; lemon juice, shix, Canadians, P.L.R.T., Dr. Pepp(e), homecoming 92, Chunk, 5-18-1993, Stinky, Our novel with VJL(P).

Hudak, Heidi:: Hukak; cheerleading; college, find happiness; picnic in Perkins parking lot with M.M., Nationals '92 & '93, "pornographic" drawings!

Hughes, Jeanne:: Beaner, Jeanne-Weinie; b-ball, v-ball, track; college; State B-ball Tourney '93, Mike, friends, prom '94.

Hulleman, Julie:: Julia, Jules, Hooligan, Hully; volleyball, softball, NHS, FCA; go to college; the Hulleman-Heeby rally caps at football games, lunch '93, Duluth '93, rollerblading, volleyball '94.

Hunt, Katy:: Kate, Katy Crocket, Katydid, Hunter; NHS, Student Council, tennis, band; U of M, travel everywhere; playing on the

tennis team and attending the 1993 Minnesota Youth Summit.

Hutchinson, Scott:: Hutch, Skeeter, Potty, Corky; hockey, baseball; go to college; hockey, hangin' with da boyz.

J

Jackson, Gayl:: Giggles, Ga, Spaz; danceline and yearbook; go to college, take a trip to New York.

Johnson, Brian:: Big Johnson; football, track, play football; t-ping, football.

Johnson, Jodi:: Jodes, J.J., Jod; tennis, track(10th & 11th grades) theatre/drama, band, choir, piano; continue my education; G.W.C., Renaissance '92, Memorial Day '92.

Johnson, Matthew:: Matt Monster, Matt the brat; football, tennis; work, go to college, (party); graduating, friends, Espe-Och.

Johnson, Melissa:: Lissa, Lis, Evangeline; wrestling state, speech, Junior Class Council; go to college and move out of F.L.; 1993 State Wrestling Tournament, hanging out with Liz and Heidi.

Johnson, Shawn:: college; the spot, parties.

Joyce, Deirdre:: Dee, Beetle Butt, Elmo; speech, Mock Trial, theatre tech crew, band; go to college at UMD, become a biology teacher; all the fire drills, pepfest '91, homecoming '91, seniors class '92.

K

Knutson, Becky:: Bec, Beckers; football cheerleading for 10th, 11th, & captain in 12th, National Honor Society; travel to exotic places, then maybe go to college and become a psychologist.

Koehly, Heather:: diving, track, band; college; my Joshua, Pasadena, band with Kim T. and Tammy G.

Kostka, Lynn:: speech, Mock Trial, theatre; go to Alaska, go to college; Mr. Tengers ceiling, Karen's lap-salad, eating spaghetti in Dee's car.

Kretman, Jennifer:: Blue eyes, Jen, Tepp, Bubba, Sieracki; cheerleading, fastpitch, softball, ski team; be an orthopedic surgeon after attending college; pepfest '91, cheerleading in the rain, hanging out with my friends, meeting new people.

L

Laforte, Carey:: Cranapple, Bert, Farey, Polkadot; Jr. Class Council; stop-n-smell the flowers; Taylors, T-n-T's Van.

Larson, Amber:: Fonz, Shister; Go to college somewhere; stick with my "F.S." and Bruisey, to stay with C.H. as we head out "west" together!, to maybe meet Robert Smith, and finally, to live happily ever after!; "Joan-got a quiver in my lip..." , Tu Vas Me Manquer, Rendez-vous en pompidou!! , "Windows" '93', pranking with F.S. & M.V., Ah...Hello?, J.M.K.-Feb. 93', "Bill & Ted", frosting fight with R.A., Florida '92'.

Larson, Casey:: Case, K-C; gymnastics, golf; Go to college; Lamere's swamp '93', Pat, river camping, the blaze and yellow V.W., drinking kool-aid and eating fish.

Larson, Jody:: Jo; Poetry Club; Get older and wiser and eventually win a million on Jeopardy!; living in the art room and all the friends I made, -Happy Monday Everyone!!!

Lejchar, Sarah:: Go to U of M, in advertising/business administration; playing with Joel-Lynn, Shannon and Kala.

Letourneau, Amy:: Am, Amer, Ahmay; relax; K-mart with CMH (SHD-no way!) and all my friends-you guys are great.

Lillyblad, Joe:: Lillypad, Joe-Bloe, Boris; ski team, German and French Club; travel Europe, then go to college; Wild Mountain ice storm, Sederholm, prom.

Lindquist, Roxanne:: Roxy, Vox, Voxanne, Foxy Roxy; softball, Jr. Class Council, basketball, French Club; UM, move to Vancouver; State Wrestling Tournament 92', pepfest 91', homecoming 92', cruising with Aimers and Amy, B.W.H.

Longtin, Velvet:: Vel, V.J.; choir, yearbook; go to vet school; band concert 92', parking lot chase, our story about J.H. County Rd 15 and Hwy 97, Aug. 6, Co. Rd 3. State Fair 93' with J.M.T.

Lydon, Angie:: Piglet, Little Leprechaun, Charlie Brown; Circle of Support; Duluth 93'.

M

Malone, Stephanie:: Stevie, Malone, Danny, Renee, Haunee, Leaf, Beampole, Aness, Rico; cheerleading, French Club, F.L.C.C. B.L.U.E.S.; go to Bethel and become a pediatric or neonatal nurse; homecoming 91', 92', 93', cheerleading, girls basketball 93', winning regions and going to state, hangin' out with Mac and Jazz.

Malvig, Brenda:: Bren, Braun; yearbook, Jetts-youth group; go to Crown College; Chicago, Life 92', homecoming, friends, traveling.

Manick-Kurucz, Tea:: Calico; choir; friends, homecoming, parties, Rob Martin, Jenny and Vanessa.

Mardaus, Kimberly:: Kimmy, Kim; Circle of Support; Go to UW-River Falls to be an elementary teacher; being with my friends before school.

Marx, Janelle:: Bruisey, Jen-Jen, Marrusso; go to college, party; parties at Adam's Land, Mr. Carlson's class, river, Mr. Lautigars class.

Mathes, Megan:: Megs, Crabapple, Edwina, Blondie; cheerleading, football, wrestling, and soccer, Student Council 93', NHS; go to college and get my Ph.D. in psychology and behavioral sciences; cheering for State Champion Wrestlers of 92-93, all the parties, picnic at Perkins with H.H., homecoming 93', Muff-T and Peabody in football cheering 93', all of the national awards for summer cheer-camps.

Mathison, Corey:: Cor, Cormeister, Stokies; intramural volleyball, swimming; go to college; Fort Myers Beach, Dallas, swim meets that end with a W, The BWCA!!

McDonald, Melissa:: Missy, Mac, Toni, Duff, Suave; drama, working in the day care; go to college; being in "The Sound of Music" and having oodles of fun with my friends (right Danny?)

Mesenbring, Scott:: Sleep; I don't have a memory?; meeting T.J. and new friends.

Metzger, Gary:: Bob, Chipmunk; attend U

of W River Falls; got pulled over by a cop in Chisago while riding in a limosine.

Miller, Caryn:: girls swim team 9, 10, 11, girls basketball manager 10, 11, FCA, Christian Senate; become an aero-med in the Air Guard, go to Bethel College-get a Biology degree, go to U of M- become a physician, provide medical care in Third World countries; going to state in girls basketball.

Miller, Jolene:: Joe, Josaphena, Chica; Jr. Class Council; to paint the lines on the highway then go to art school and draw fish; Taylors, T-N-T's van, the Yugo, my Bert and Ernie and bonding.

Miller, Tim:: Timberly Ann; Duluth '93

Mohs, Michael:: Mike; library aid; technical school, art school, comic book artist.

Myers, Angela:: Ang, Anshee, Mocha, Ernie, Lydia; buy Jolene's yellow bike, go to college; summer and river '93, Joe-Jo and Farey, T-N-T's van, the Yugo, Taylors, bonding.

N

Nelsen, Richelle:: cross country, track, NHS, FCA; go to college; cross country, Pasadena, my 3 best buds, and 6-17-93.

Nelson, Eric:: Stan, Steve, Shmails; NHS, Student Council, band; college at the U; band trip to Pasadena, TRAM 92,93.

Nelson, Gisela:: Greasy G; travel and move out of state...maybe Colorado; friends, parties, cows, art, the Beast, Holiday Inn and Valleyfair, the toaster, tattoo time, Omnitheatre and Hard Rock Cafe.

Nelson, Tasha:: Double A; go to school and become a paramedic; November 23, 1992 crashing at Wild Mountain while racing Katie Pittman, and prom 93.

Nohava, Jenny:: J.J., Short Cake; go to college to become a lawyer; friends, tea, Jeremy Lindman, parties, homecoming.

Nye, Brian:: Nye, Nude, Hipper, Heavy Knee; football, track and field, weightlifting; go to college; football 92, parties, Nicole, cliff jumping, Munson's cabin, hanging out with friends.

O

O'Brien, Jennifer:: Smiley, Giggles, Jenny O'Turkey, Lionest; cheerleading; college;

O'Hara, Carrie:: Care Bear, Care; Breeze, FFA-Vice President; go to business college; Cannon Falls Horse Shows, being left in River Falls Wis. by Mr. Hyatt, FFA National Convention in Kansas City.

Oldenburg, Cheryl:: Red, Noodles; track, jv wrestling cheerleader, v-girls basketball cheerleader; career in travel and tourism-Minneapolis Business College flight attendant, reservationist; 1993 prom, Wrestling State Championship.

Oldham, Amanda:: Old-Ham, Manders; cheerleading, band, Pasadena trip; go to college; Hey Jealousy! (I mean Sara) Kyle Kyle, Bob Bob, Luv u Bren, bye Amber, CYC, proms, God bless u all! PS: Thank God we have our choppers, eh Sara?

Olson, Jennie:: Jen, ESBE, Angel Eyes, Jennie-O; danceline, Circle of Support,

yearbook; RELAX!!! and have fun in whatever I do; danceline(winter season), prom, hating dried raisins, and all of my great friends, and youth group- thanks everyone!

Onell, Andrea:: Theatre, Mock Trial, PSEO, NHS; go to college; Phantom of the Opera, Skyline 93, Joan.

Organ, Troy:: Urbie; wrestling; go to college; state championship;

P

Palme, Monique:: Mo, Nicki, Mighty Mo, Mokey, Melbak, Poodle; wrestling, statistician; college and be a photographer or physical education teacher, cruise with Cheri; summer of 92, wrestling buses, Wrestling State 93.

Pechmann, Sara:: Sariee; newspaper, yearbook, band; go to college; Paris, cliffjumping w/C.H. & R.B., River Rats & Barney, prom, Sherwood, Mandy the cat killer, CyC, Kyle-Kyle Bob-Bob, "take it easy Troy" Good bye.

Pederson, Jason:: Ped, Stumpy, Kwazi, Tractor, Fro; football, track; play football at college; parties at Adam's land, cruzin' with Dan, Neiland Hos, wrestling 92, track 92, winter 92, Valentines 93.

Peltier, Nicole:: Nikki, "P", Pelter, Nicks, Peltier; volleyball, basketball, softball, National Honor Society, DARE, Student Council; go to college & major in English literature; my friends, prom 93, Girls Basketball State Tournament, bonfires, boot hockey and Jason Devries.

Perron, Corina:: Cori; choir, boys and girls soccer cheerleading, girls basketball cheerleading; go into law enforcement; cumberland with J.B., homecoming 91 with C.H., cheerleading and J.G., Halloween w/C.H.

Peterson, Jenny:: Tex, Cow, Thumper, Babs, Mustang Sally, Jen-Jen; soccer; make it big in hockey or something; soccer, and when Andy Hanson slipped on the banana in the hall, we laughed forever.

Peterson, Johnathan:: Stinky, Scratchy, JoAnna, Sailor Boy, Johnny Popper; soccer, yearbook; go to St. Cloud State; Parties, trash can/mailbox baseball, Duluth 93, Most importantly Angelface, 5-18-93.

Peterson, Kris:: Krispy, Simon; soccer, cross country skiing; go into the Marines; lunch.

Pfaffendorf, Adria:: Lit'l, Pfaff, Shorty; yearbook; go to college, get married; meeting Matt.

Phillips, Dawn:: "Bug" & "Dawny"; DMH volunteer, Human Service Leadership Seminar participant; attend a college down south where I will major in foods/nutrition & minor in hotel & restaurant management; There's not a single one, but the combination of people & events and the friendship, that I have always tested to it's limits of my dear friend Kim Schaeppi.

Pittman, Katie:: Kate; become a ski instructor in Aspen Colorado; November 23, crashing at Wild Mountain while racing Tasha Nelson, prom 93.

Pogreba, Rebecca:: Squirt, Bec, Rebahechy, Reba; tennis, cheerleading, gymnastics; go to U of M, then work as a

veterinarian, get married, have 2 or 3 kids, and be rich; prom with Scott.

Preisinger, Joelle:: Joey, Jo-Jo, Taylor; I plan to attend college and major in advertising/business, to stay with J.S. always; friends I've made, Tyler, summer of 93 with J.S., 4-17-93, homecoming 93, prom 94.

Primeau, Greg:: Preme-x, Premes, Gregg; football, basketball, inter. basketball; attend college and hopefully enter the field of engineering; my friends!

R

Rehbine, Dan:: Tarbine, Big Dan; football, track; go to college, become a firefighter; homecoming 93, parties at Ped's, football games, Adam's land.

Reiling, Mark:: Riles, Markie; football, track, cross-country, cross country skiing; 93 State True Team.

Reuter, Josh:: Roto, Roots, Root, Roto Reuter, Puder; soccer and hockey; go to college, be rich and happy; High School Hockey Tournament 93, all soccer and hockey games, my experience at Water Works, summer soccer 93, Milwaukee.

Rohwer, Wendy:: Wendell, Wend; go to college, work; Aaron, Ditto, 8-19-93, pool.

Ruddy, John:: Gomer, Bumpkin; speech, Mock Trial; go to college, become a proctologist; Reno, cuffs, and guns 93, prom 93.

Ryan, Joe:: Reno; skiing, tennis; go to college, party; skipping school and going skiing, hanging out with my friends.

S

Sandstrom, Jessica:: Sands, Storm, Midge; gymnastics, softball, NHS, French Club, yearbook; go to college; boys basketball game at W.B.L. with Rebangmegan-Shamoo will live forever, State Gymnastics Meet '93 with Kristi, State Fair '91-'93, Roseville parties, summer of '93 with Reb, party hats.

Sarafolean, Diane: Di, Di-Di, Sara, Dirty Diana, Sarapholeopian; drama, speech team, plays...plays and more plays, Nationals '93, choir '93; attend college, travel extensively throughout the world, be happy, make others happy, live simply; hillrolling!! Indianapolis-Nationals with my buddies, Steve Miller Band '93, Icaghowan, life with Tabbi, Boundry Waters with my lovers, Hubba...hubba.

Schaeppi, Kim:: Spanish Club; go to college & major in accounting; State Wrestling Tournament & Championship, having fun with friends, especially Dawn. The best friend in all of my high school memories.

Schleder, Senta:: swim team, track team; go to college; State Swim meets '91, '92, Prom '93, "all junior year".

Schneider, Jocelyn:: Josie, J.R.; go to college; Rendez vous Ponpidoo, Joan, V-Club; Shaye BL Mal, prank, SF.

Schoenecker, Kathie:: Shoney; volleyball, softball, NHS; medical school; close friends, football games, k-ing A. in volleyball, MT at Apple River.

Schroeder, Carolee:: band, marching band; go to college; football games, homecoming, band trips.

Schulz, Cory:: Schultzy, football, wrestling; travel and enter the military; playing sports, making friends, homecoming.

Sederholm, Alyssa: Liss, Seder, L'lissa; tennis, Forest Lake Youth Advisory Board; go to University of Wisconsin Stout and major in business; Prom '93, World Youth Day in Colorado, T-ping Lisa G's house and getting caught, being tennis partners with Burdick for five years.

Severson, Sarah:: 10th-11th volleyball, Spanish Club, FCA, NHS; I plan to go to college and travel throughout Central and South America; all of my friends.

Sherrick, Lisa:: Lis; volleyball, softball, soccer; I plan to move to California and go to college in L.A. for a couple of years; the students that were there and my graduating class.

Shogren, Jaymi:: Jamilia, Jazz, Jay-bird, Jaymers, Jay-me; varsity band, concert band, French Club, marching band, pep band; go to Lakewood and study law enforcement, after college go to police academy; homecoming 91, 92, 93, Pasadena, hanging out with Mac and Stevie and of course, graduating on 6-9-93! (94 rules!)

Sigerson, Mike:: Groin; skiing, hockey; I joined the Marines; hanging out with friends and buds.

Solomonson, Amy:: Berry, Solo, Amer, Amy Lynn Solomonson wants to go to Deja Vu; yearbook; go to college; Jason's 93, lunch 93, football 92, riding to school in the blue, tope with Emma, Lunders (Blondy), Kicken' it to "Lets talk about "bleep"

Spear, Jennifer:: Jen, Jenny, Spear; go to Amsterdam, go to school, get rich; dirt roads, graveyards, eggs, Mall of America, trips around, hanging out with good friends, bugalou splifs.

Spieß, Jill:: Spice, Conan; cross-country, track; go to college, get married, become a doctor, and have a family; making friendships that will last a lifetime.

Starfield, Glenn:: Stardog, Scrawny; soccer, hockey, Student Council; go to college; hangin' with da boyz, Monson's parties, camping in Taylors Falls, Water Works, Milwaukee tournament, summer soccer 93, M&M.

Stelmach, Mark:: Thumper, Stone, Candle, Mark-O, Hey you freak, Stelmonster, Stelmonkey; Poetry Club, newspaper, yearbook; art college and a career in art; Poetry Club.

Storkan, Sheryl:: Sher-Sher taliente, Whoopi, Shey, Sterile; cheerleading-football, basketball 92; travel, attend college; the river, BBBC, clear and Avery, summer 93, "Its in my hair."

Stukel, Katy:: Stukes, Kat, Kate, Stukel; Woods '93, Pat & Bud's '92 '93 conventions, Tarods '93, Stakeouts, Gary's '93, Juan with no shoes.

Stumm, Shane:: Stummer, Habib; soccer, hockey; go to college, have fun; the summer, Montana.

Svardahl, Tracy:: Trace; gymnastics, track; go to college to become a lawyer; Elton John 92, lunch 93, prom 92, March 92, UMD 92, Aladdin, river.

T

Thiry, Jason:: Lou, Pathagorean, Theroms; football, track team, council; go to college and make millions; homecoming 91, 92, 93, prom 93, Canada, catching fish, being with all my friends, pepfest.

Thompson, Michele:: Mishelly, Chele 'Chele; drama, speech, Student Council, NHS, cheerleading, track, D.A.R.E., choir, French Club, FCA; go to college; France trip 93, the \$100 lottery ticket with T.H., Renaissance Festival 92 with J.J, C.L., & T.H.

Tuccitto, Joey:: Tashitto, Tux; hockey, golf, track; work; T-pin'.

U

Unze, Joel-Lynn:: Joey, Unde; gymnastics, French Club; go to college to major in elementary education; France trip 93.

V

Vannelli, Malissa:: tennis, cheerleading; go onto college; Joan, London, pranking T.H., v-club, J.R., B.L., T.P.

Voedisch, Amy:: Ame, Voe, Voed, Ahs, Tile, Ima; speech, drama, student congress, journalism, Student Council, science team, choir; Augsburg College, become a pathologist with a Ph.D. in medicine and perform autopsies, Jarod's 93, wood 93, stakeouts, the park, Perkins, Chury, Gary's 93, conventions, cabins.

W

Way, Elizabeth:: Liz, Squeaky; J.C.C.; college, party, get married, and have kids; float ride 93, Osceola 93, prom 93.

Wenzel, Brett:: Bert; x-country skiing, band, marching band; go to movie school, college, travel to snow covered mountains; Halloween snowstorm.

Wettschreck, Shanon:: Nana; go to college to be a cop; passing junior year.

Winkelman, Cheryl:: Che, Winks, Wheryl, Ernie; go to St. Cloud and maybe major in French; Reno, cuffs and guns 93, Perkins with Nik, Pasadena, Michigan, homecoming, Tex's grad., Duluth-F.N., Canada, Bandana getaway, river camping, Taco Daze.

Z

Zaudtke, Amy:: Stork; track, band; go to college;

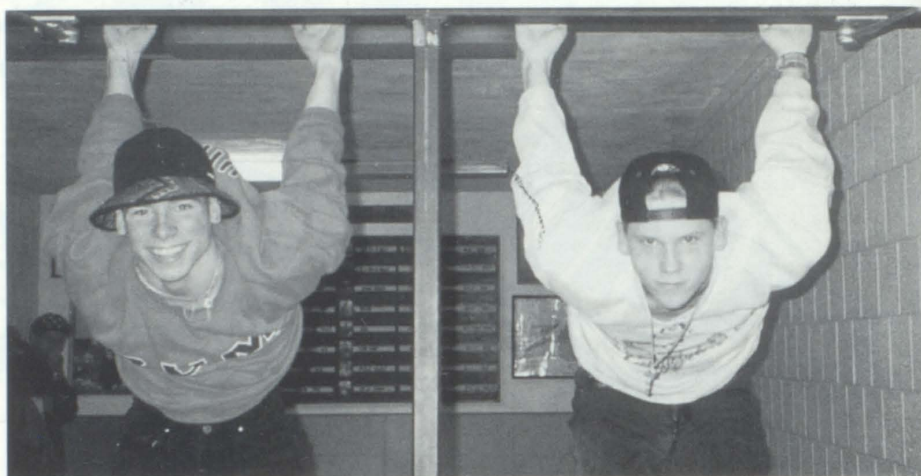
JUNIORS



Above: Sarah Dempsey, Holly Grun, Shanna Moxness, and Chris Aden-Cincotta are happy to be at school.

CLAS S

OF



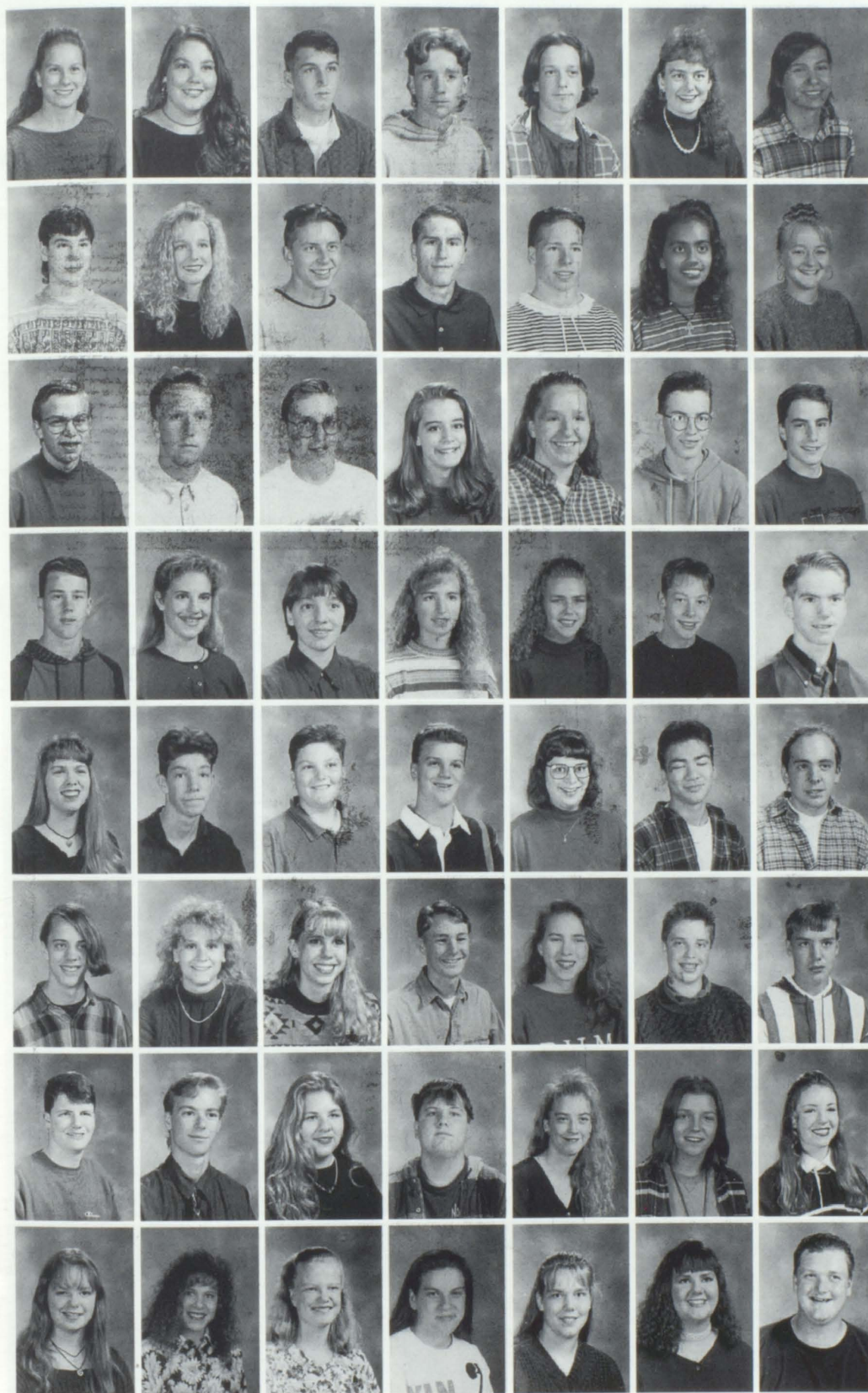
James Anderson and Roman Haworth hang through their junior year.

Many people who look back say that their junior year was the most influential. It's the time when reality sets in and you realize there is only one year left before thinking of college. Also, you finally realize who your real friends are, because they'll be the ones who will still be around after graduation. Junior year is probably the best time to be in high school because you're not on new territory and you don't have the stress of being a senior. Juniors look forward to the last year and treasure each day as if it were the last because it'll go by so fast and before you know it the senior section of the yearbook will be yours.

1 2 2 5

Lina Anderson

“Well, at least we’re not sophomores!”



Aarsvold, Chris
Aden-Cincotta, Christina
Albert, Todd
Albrecht, Brian
Alden, Noah
Allaman, Kristina
Allard, Edward

Allen, Scott
Allyn, Jaimie
Alsaker, Scott
Anderson, Eric
Anderson, James
Anderson, Jenny
Anderson, Sarah

Anderson, Scott
Andler, Jamie
Andres, Jason
Archibald, Carrie
Arnold, Amy
Arvig, Adam
Ascheman, Daniel

Atkinson, Wesley
Augustine, Erica
Averbeck, Heidi
Backus, Amy
Bahr, Jennifer
Bakken, Jonas
Barber, Richard

Bauer, Heidi
Beach, Gregory
Beard, Paul
Becher, Damon
Bechtold, Julia
Beck, James
Becker, Joseph

Bentilla, Richard
Bergman, Rebecca
Bergstrom, Alison
Berry, Gregory
Beto, Gwen
Biedler, Jeffrey
Bier, Keith

Billstrom, Christopher
Blake, Damon
Blasko, Tara
Blocher, Adam
Bohnen, Christine
Boll, Jennie
Bontrager, Aimee

Bourke, Breanna
Branum, Shelly
Brenden, Dawn
Brodeur, Julie
Brown, Amy
Brown, Michelle
Brown, Paul

Brown, Rebecca
Bruder, Kari
Bruder, Kevin
Bunn, Roanna
Buranen, Michelle
Burdine, Michelle
Campbell, Keriann



Camplin, Joseph
Carey, Anthony
Cariveau, Karen
Carlisle, Stacey
Carlson, Craig
Carpenter, Christopher
Chamberlin, Joseph

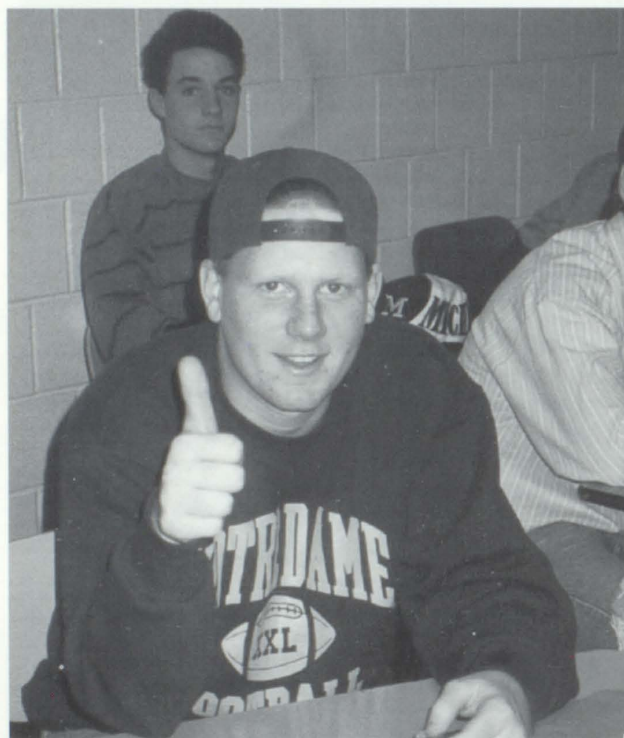


Chambers, Stephanie
Chapman, Kelly
Chelgren, Chad
Cheney, Andrea
Christen, Candace
Ciccione, Catrina
Ciccione, Thomas



Right: Scott Ziegler gives a thumbs up for a great year.

Far Right: Aaron Nicholson propelling through his junior year.



Cielinski, Jared
Cobb, James
Cohoes, Danial
Cole, Denice
Conway, Kyle
Cooper, Megan
Cordes, Rebecca



Cramer, Nancy
Crespo, Fernando
Crosariol, Steven
Culbertson, Dawn
Curtis, Jeff
Czeck, Denise
Dahlberg, Patrick





Damon, Tasha
Davidson, Kelly
Davis, Janette
Davis, Tia
De Grote, Sarah
Decker, Brian
Deeb, Christina



Delong, Monique
Demma, Janet
Dempsey, Sarah
Deschene, Gina Marie
Dietz, Corianne
Distler, Lisa
Dolphy, Jill



Dooley, Kristine
Doyscher, Karen
Dufresen, Jessica
Dunaway, Sean
Duncanson, Patrick
Edson, Melissa
Eggers, Sheana



Josh Linz, Eric Kotte, Matt Lasuita, and
Mark Wuotila have one more year to
stick together.



Eggert, Aaron
Eguia, Arturo
Eichinger, James
Eishen-Feela, Toni
Elvester, Nicholas
Elwell, Ron
Emerick, Kristen



Englund, Jayne
Engquist, John
Enz, Emil
Erdman, Marinda
Erickson, Scott
Esget, Sarah
Eskildsen, April

Juniors Today Seniors Tomorrow

Right: Taking time to chill are Zach Kordosky and Jeff Brown.

Far Right: Student Council has it together. Chad Morley, Eric Johnson, Michelle Barton, Brandon Wolfe, and Becca Knox.



Right: Jennie Boll and Kris Lutz relax after school to study and gossip.



Espellen, John
Farrington, Eric
Feucht, Jessie
Finster, Erik
Fitzgerald, Sean
Fjetland, Thomas
Fleischman, Gregory



Ford, Jamie
Ford, Matthew
Foster, Douglas
Fountain, Scott
Fowler, Kristina
Freed, Matthew
Freundschuh, Rebecca

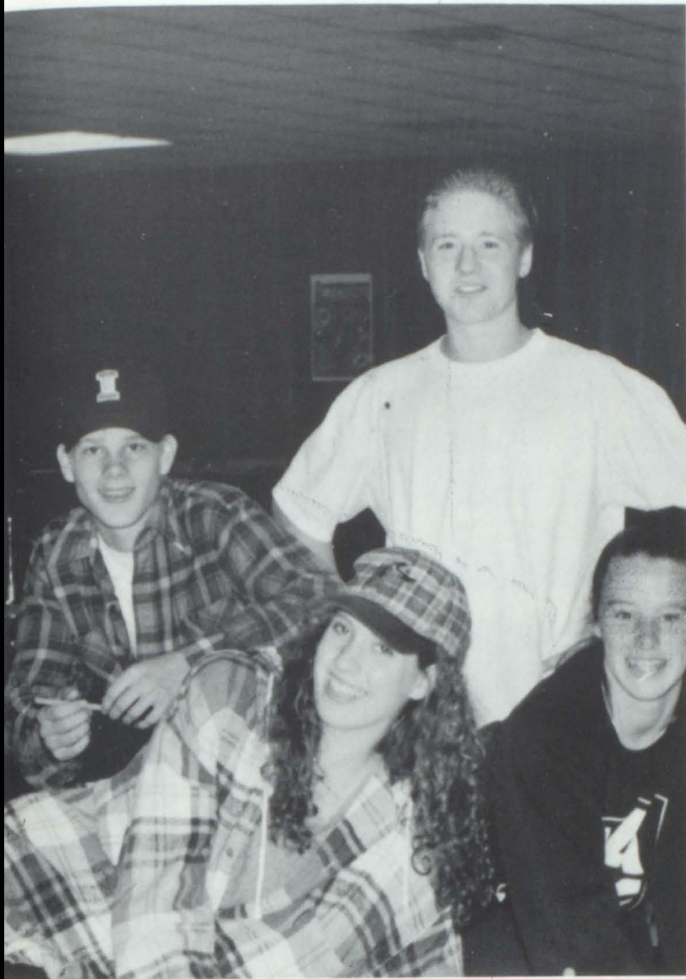


Friedrich, Jeremy
Funkhouser, David
Gabrio, Anthony
Galetka, Jeremy
Gallaher, Evon
Garza, Marco
Gatzow, Lindsey

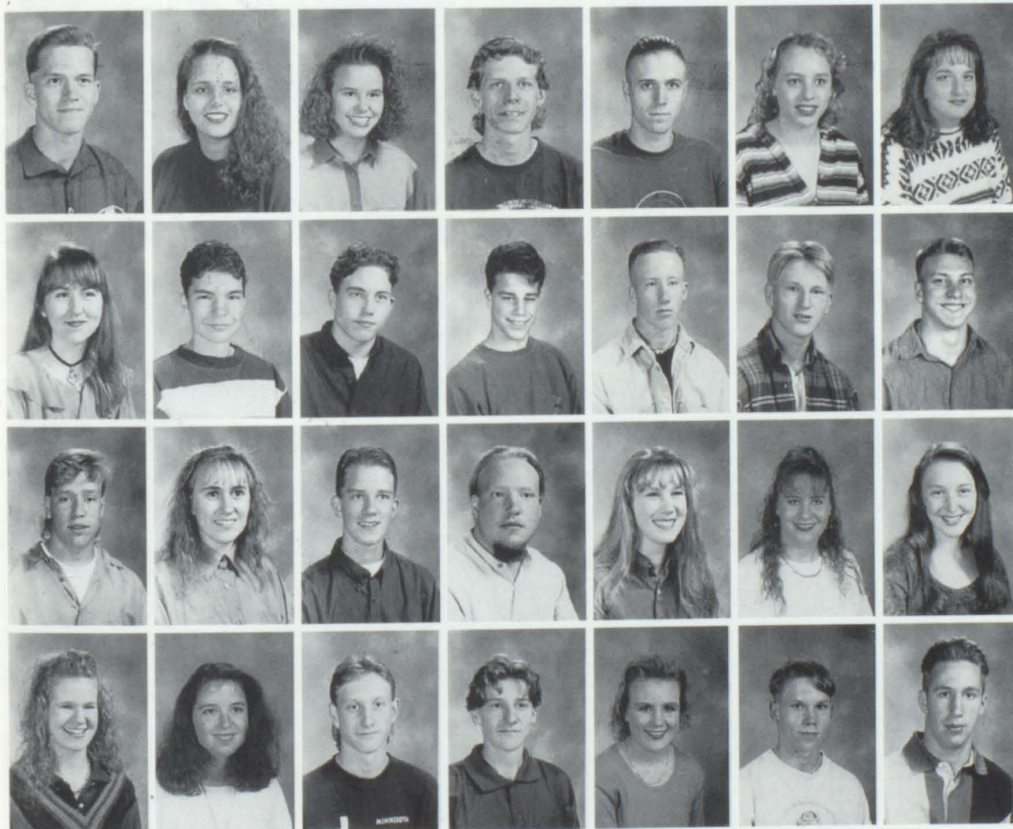


Gay, Brian
Gibson, Garth
Giese, Kristine
Gilles, Thomas
Girling, Martin
Gleason, Patrick
Goebel, Jessica





Garth Gibson reinforces his knowledge after school.



Gordon, Chad
Gordon, Leah
Greene, Lisa
Gregoire, Anthony
Grubbs, Patrick
Grundhoefer, Sara
Grzybowski, Amy

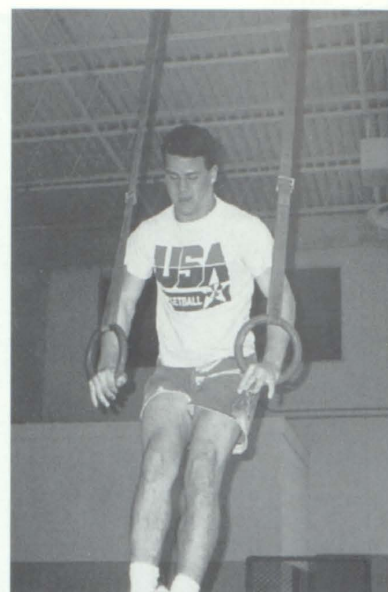
Guenther, Jenna
Gulasch, Scott
Gustafson, Mark
Haas, David
Hahn, Jared
Haider, David
Halbrehder, Jay

Halbur, Ryan
Hall, Christina
Hallberg, Michael
Halverson, Justin
Hamm, Maria
Hammer, Kristine
Hammons, Judy

Hammons, Kristy
Hanser, Angela
Hanson, Andrew
Hartmann, Brian
Hawkinson, Angela
Haworth, Roman
Heimerl, Benjamin

Right: Jayne Englund takes time to smile during class.

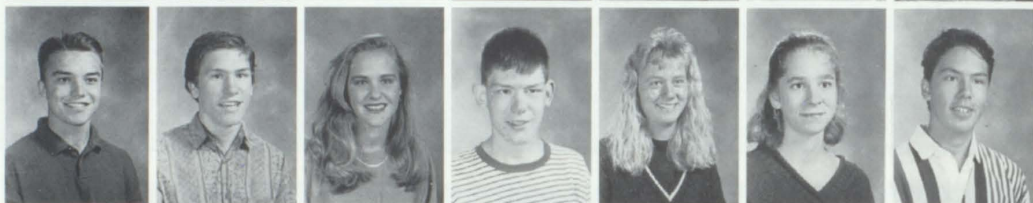
Far Right: Wesley Atkinson uses all his strength trying to be the best he can be.



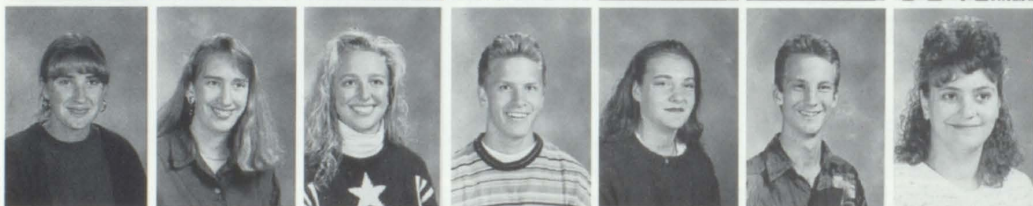
Helke, Rebecca
Henry, Amy
Hentges, Scott
Herold, Stefan
High, Joshua
Hilger, Jessica
Hinsch, Mandi



Hipkins, Thomas
Hoffman, Joshua
Holland, Joy
Hood, Daniel
Hosfield, Michelle
Houle, Angela
Huerth, Benjamin



Hughes, Stacy
Huiitt, Cari
Huntosh, Rebecca
Huntsiger, Andrew
Hursh, Carrie
Hutchcraft, Matthew
Hutching, Jennifer



Wipe that ego off your face, Matti Penttila!





Jay, Matthew
Joesting, Matthew
Johnson, Adam
Johnson, Carrie
Johnson, Erik
Johnson, Garret
Johnson, Jana



Johnson, Pascha
Johnson, Sarah
Jungbauer, Michelle
Jury, Lindey
Kangas, Robbie
Karels, Jay
Karnes, Rebecca



Kaufman, Carrie
Keller, James
Kendall, Adam
Keu, Steven
Kichler, Nichole
Kiekhafer, Molly
Kislenger, Shawn



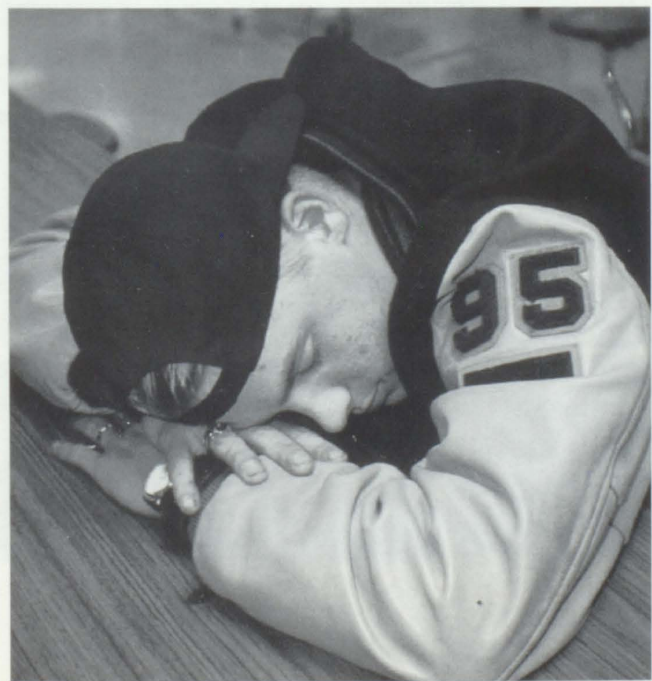
Klaus, Sarah
Kleinschrodt, Aron
Klemenko, Tina
Kline, Shawn
Klinkhammer, Kurt
Kloster, Michael
Knox, Rebecca



Kostelac, Kevin
Kottke, Eric
Kowalski, Joseph
Krueger, Dominic
Kruswicki-Elli, Shannon
Kubik, Annette
Lachinski, Renee



Land, Christian
Landin, Rodney
Lallier, Mark
Langenbach, Jeremy
Larkey, Anissa
Lasiuta, Matthew
Lathrop, William



Far Left: Andrew Mattson shows off his school spirit.

Left: Bill Meyers searches for the meaning of life.

Lawrence, Lorrie
Leasure, Mark
Lehner, Jeremiah
Lemoine, Danielle
Lencowski, Nicole
Leroux, Matthew
Lillemo, Cynthia



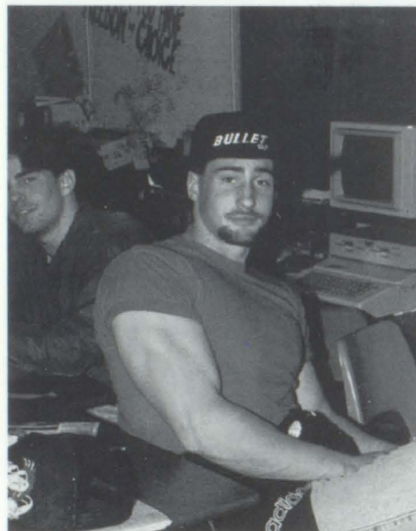
Lindquist, Jamie
Lindstrom, Alexander
Linnerooth, Jennifer
Linz, Joshua
Loftus, Richard
Lund, Rebecca
Lunn, Michael



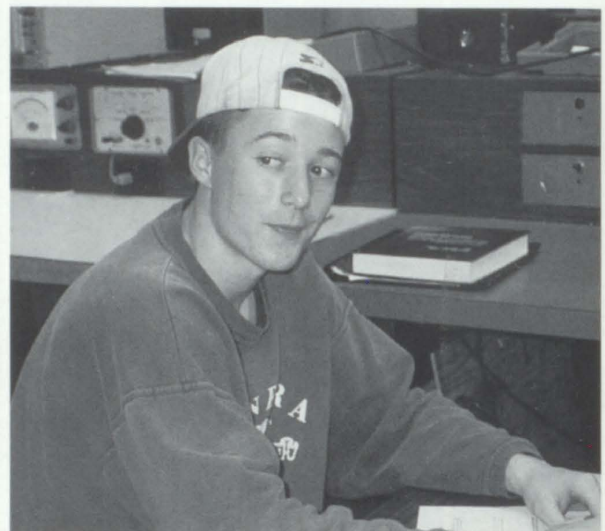
Lutz, Kristine
Madden, Eileen
Maines, Jeffrey
Maki, Rachel
Maldonado, Michael
Marten, Phillip
Matheson, Molly



Right: Ron Elwell shows his best side.



Far Right: Jeremy Robertson uses his wandering eyes during a test.



Mattson, Andrew
McCarty, Chris
McCarty, Jeremy
McCullough, Steven
Meisenheimer, Timothy
Melde, Jaime
Meyer, Jed

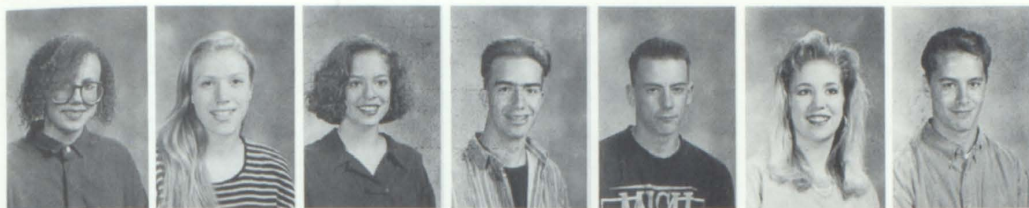


Meyer, Kelly
Mikesell, Adam
Milbrett, Carrie
Miles, Cynthia
Miller, Daniel
Miller, Kristin
Miller, Tammy



Miron, Catherine
Miron, Matthew
Mitton, Rachel
Modean, Naomi
Moegle, Sara
Moen, Gabriel
Moen, Melanie





Mohr, Maria
Molitor, Alicia
Moravec, Mary
Morley, Chad
Morley, John
Moseng, Jody
Moxness, Jesse



Moxness, Shanna
Moynagh, Kathryn
Mueller, Jennifer
Myhre, Nicholas
Neeser, James
Nelson, Jennifer
Nelson, Mark



Nerothin, Kristi
Nesseth, Gregory
Neudauer, Andrea
Nicholson, Aaron
Nicholson, Brenda
Nieman, Joseph
Nordenstrom, Angela



Far Left: Looking a little surprised, Rheanna Orde looks up with a quick smile.

Left: Dan Cohoes stirs up an assignment good enough to eat.



Noren, Jillian
Nos, Lisa
Nourse, Jamie
Novosel, Stacy
Nye, Jennifer
Obrien, Marcus
Ogorman, Christina

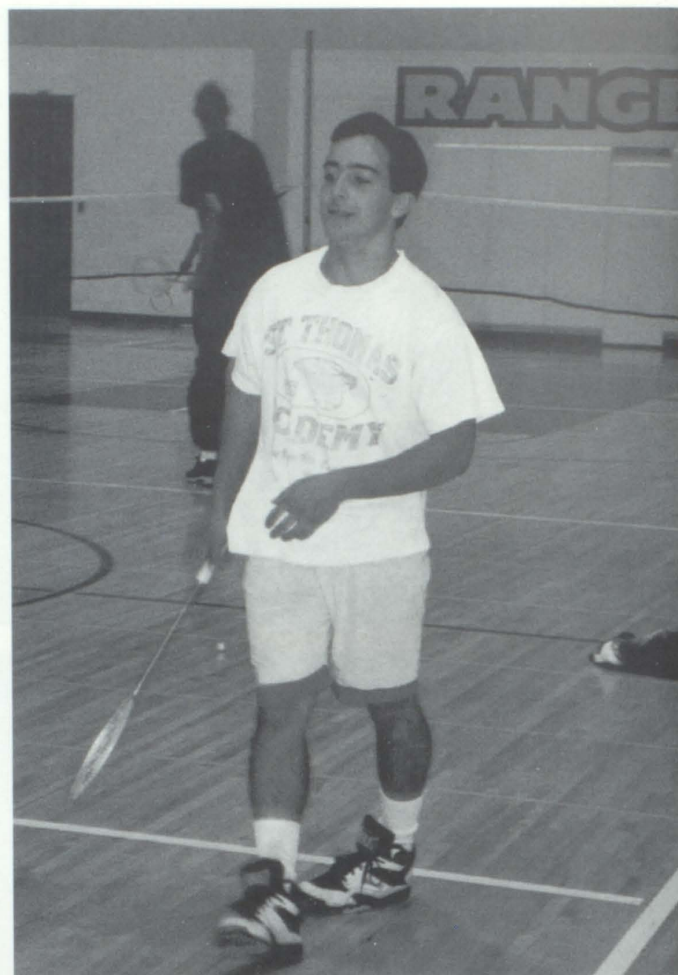


Ohara, Anne
Olson, Amber
Olson, Jesse
Olson, Kip
Orde, Rheanna
Parke, Katharine
Parranto, Gregory



Paulson, Joshua
Paulson, Rachel
Pearson, Daniel
Pekarek, David
Pentilla, Matti
Perrin, Stephanie
Peter, Debra

Right: Gregory Parranto ponders his swing during badminton.
Below: Noah Alden gives a quick smile before returning to work at hand.



Peterson, Jodi
 Peterson, Robyn
 Petterson, Laura
 Pfaffendorf, Blake
 Pierce, Eric
 Pillar, Lonnie
 Poepard, Ryan



Poepard, Todd
 Poff, Troy
 Pomeroy, Rachael
 Pool, Angela
 Powers, Heather
 Prestegaard, Shawn
 Prodger, Eric



Rehbein, Shawn
 Rehnberg, Kristian
 Rhein, Jacob
 Rhoda, Brian
 Rice, Corinne
 Rice, Justin
 Richter, Amy



Riter, Jamie
 Robertson, Jeremy
 Robinson, Kari
 Rude, Matthew
 Rychley, David
 Rydeen, Eric
 Rygh, Kelly





Left: Katherine Parke and Judy Hammons take a breather after the school rush; the best time of the day.

Below: Scott Hentges shows an average junior face. . . "What do we do?"



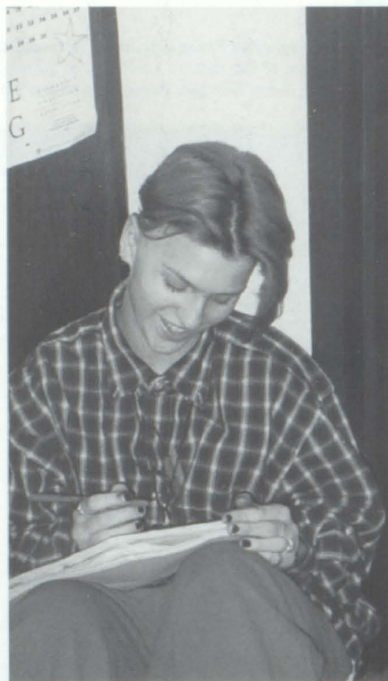
Sager, Crystal
Salminen, Sy
Saloka, Gabriel
Samec, Brian
Sanderson, Samuel
Sass, Jennifer
Sassor, Darlene

Savord, Amy
Scaramuzzo, Christina
Schally, Angelica
Schingen, Joseph
Schlagel, Alyssa
Schmidt, Andrew
Schmidt, Travis

Schmitz, Carrie
Schoenecker, Karl
Schreiber, Travis
Schultz, Charles
Schwab, Brian
Schwab, Daniel
Schwartz, Ryan

Selby-Moser, Michael
Selvog, Troy
Senger, Matthew
Serwa, Brian
Shierts, Angela
Shipman, Tanner
Shoberg, Anjanette

We're ready to take over!



Far Right: Eileen Madden has a few questions for science teacher, Jeff Lewis.

Center: With pass in hand, Brandon Wolfe heads to class.

Right: Alyssa Schlager gets a little camera shy.

Shoberg, Troy
Shomion, Michael
Sicheneder, Sarah
Smith, Melissa
Smith, Timothy
Smolke, Lakisha
Sobiech, Andrew



Sofie, Melanie
Spinler, Heidi
Splinter, Tara
Staloch, Jason
Stanek, Jason
Stark, Miranda
Steele, Michael



Steele, Scott
Stensgard, Tonya
Stich, Angela
Stimart, Joseph
Strandberg, Joseph
Stream, Nathan
Strum, Jeffrey

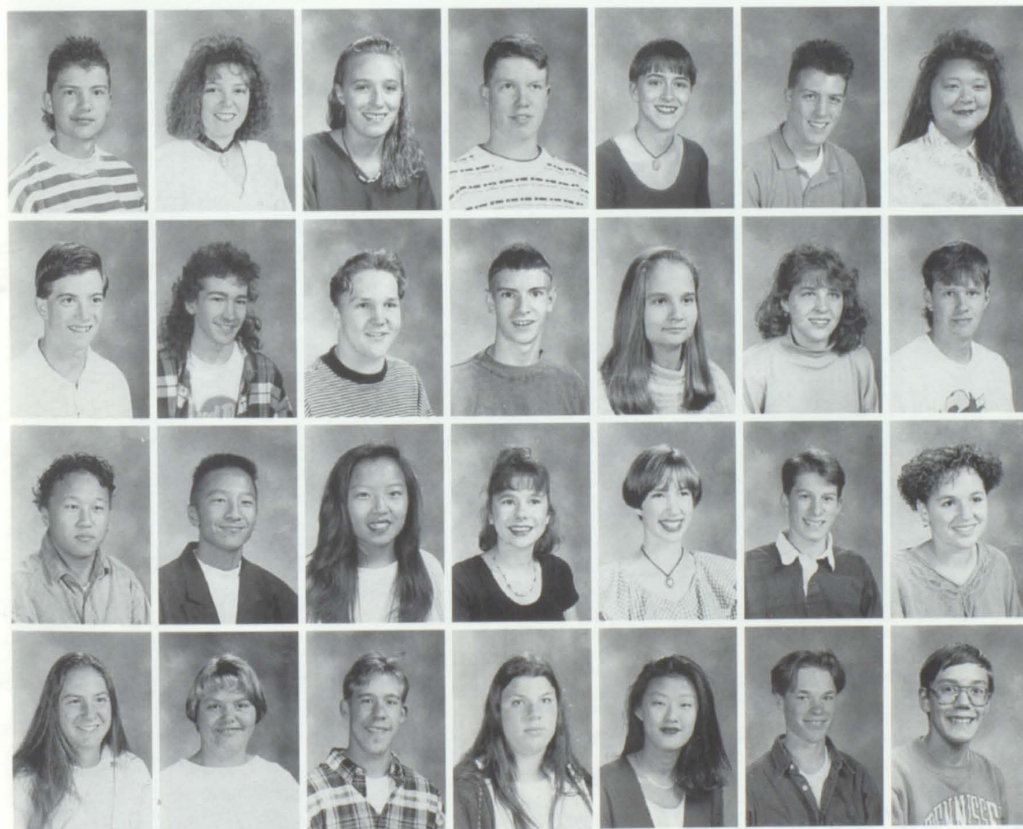
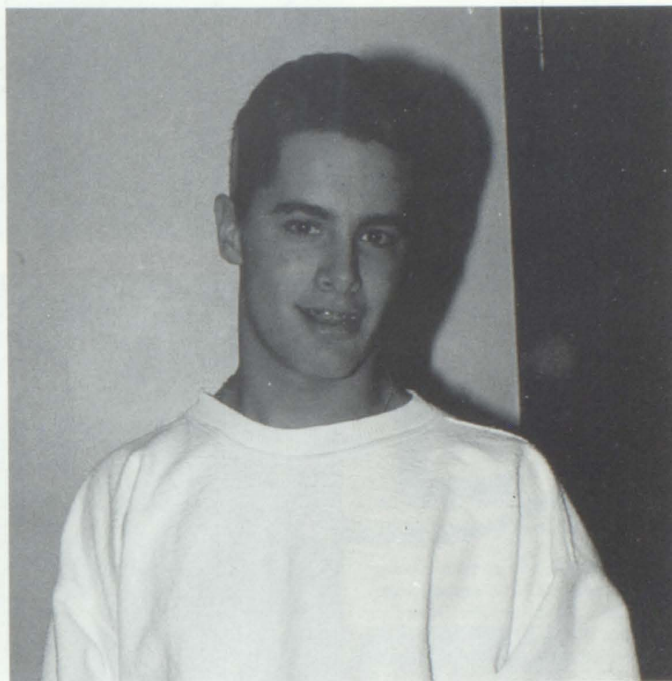


Studee, Kristina
Swanson, Beau
Swanson, Jamie
Tague, Mitchell
Tatge, Carroll
Tatge, Rodger
Tauer, Kimberly





Below: Jesse Moxness shows us his expensive smile.



Taylor, Tony
Tetrault, Danielle
Tetrault, Shannon
Thomas, Steven
Thomson, Jennifer
Tibbetts, Neil
Timmerman, Sarah

Tippel, Timothy
Toenjes, Jeremy
Toivola, Adam
Trefl, Robert
Tuccitto, Angela
Tuominen, Sarah
Vacha, Eric

Vang, Angkhan
Vang, Bob
Vang, Lee
Vejtruba, Jill
Villnow, Vanessa
Vincent, Jon
Volk, Amy

Waldoch, Carol
Wallin, Katie
Wallraff, Troy
Wasilk, Christina
Weisbrod, Kati
Welsch, Erich
Wenum, Patrick

"That was fun!"



Above Right: Shawn Kislenger sees the future in studying German with Maureen Fitzgerald.

Below Right: The best part about being a junior is you still have support from your friends. . .right Kimberly Tauer?

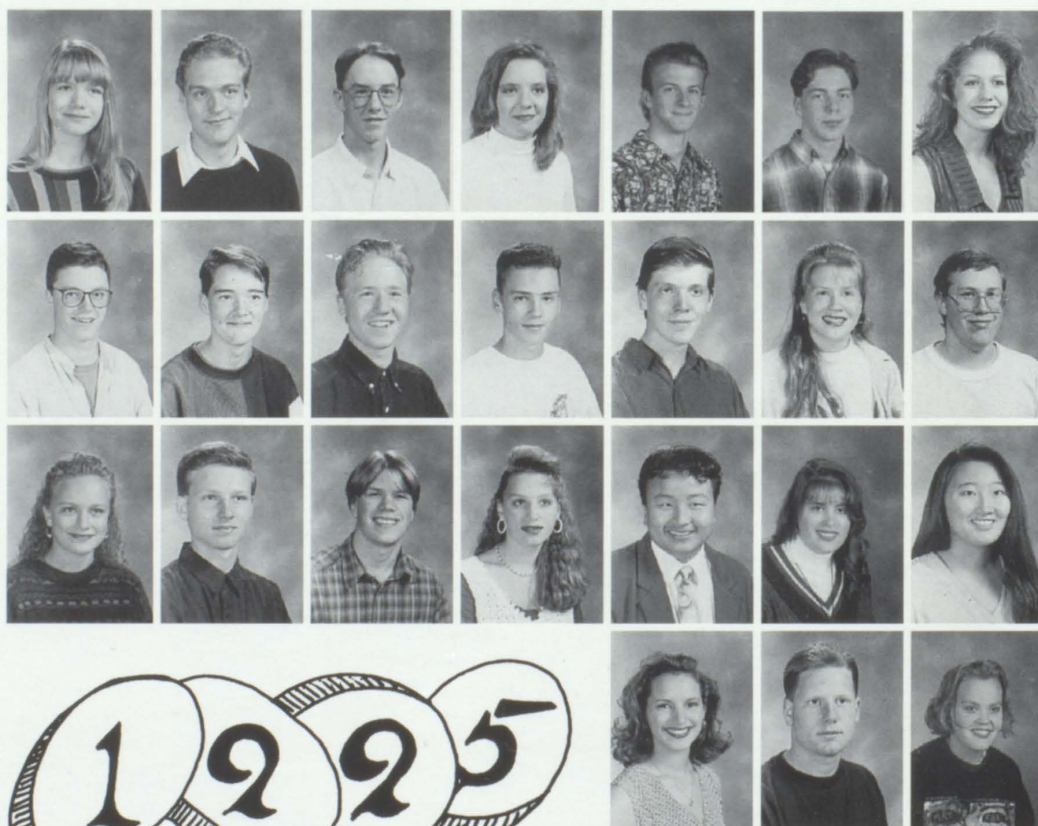
Far Right: Rebecca Huntosh and Kerriann Campbell make plans for the weekend.

Westman, Jamie
Wheatley, Christopher
Whiting, Nathan
Whitman, Stephanie
Wickham, Anthony
Williams, Benjamin
Winniecki, Jacquelin

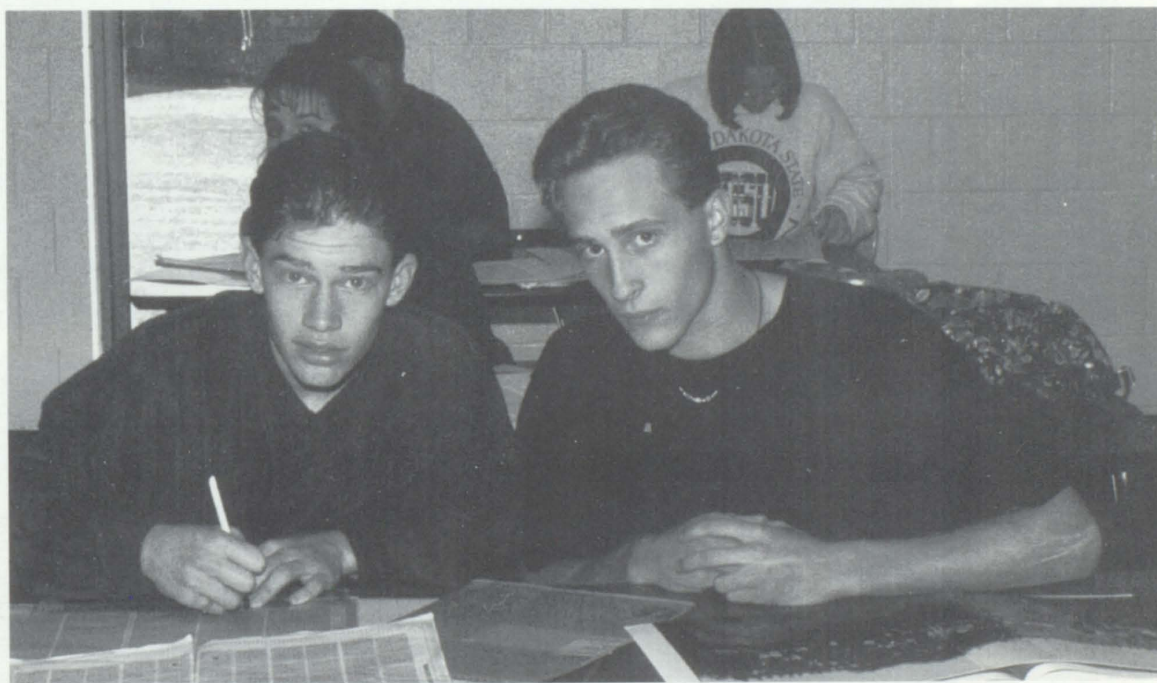
Witschen, Kristofor
Wold, Dean
Wolfe, Brandon
Wolff, Nathan
Woltjer, Matthew
Workman, Michelle
Wright, Daniel

Wright, Wendy
Wunderlich, Christopher
Wuotila, Mark
Wurdeemann, Jillian
Yang, Noel
Young, Jennifer
Zaske, Karin

Zemke, Darlene
Ziegler, Scott
Zierhut, Jessica



SOPHOMORES



Above: John Preston and Robert Reetz are caught in the stressful moments of yearbook.

ONE STEP UP!

As the sophomores enter high school, they are faced with a variety of changes. Among these changes are: twice as many people, tougher classes, and a new and larger environment. Academics and extra-curricular activities take a higher role in their lives. Yet, they strive to be the best but somehow are still sophomores.

The typical day of a sophomore includes the following frustrations: forgetting locker num-

ber, the combination, being book flopped, getting lost, going to the wrong class, and trying to fit in.

Sophomores look to the future when they will no longer accept this kind of abuse from the upper classman.

Right: Breanna Davis and Soibain Joyce skip class to show off their pearly whites.



Aadland, Jonathon
Abreo, Melissa
Ackerley, James
Adams, Jamie
Aherns, Melissa
Ailara, Vince
Almquist, Joseph



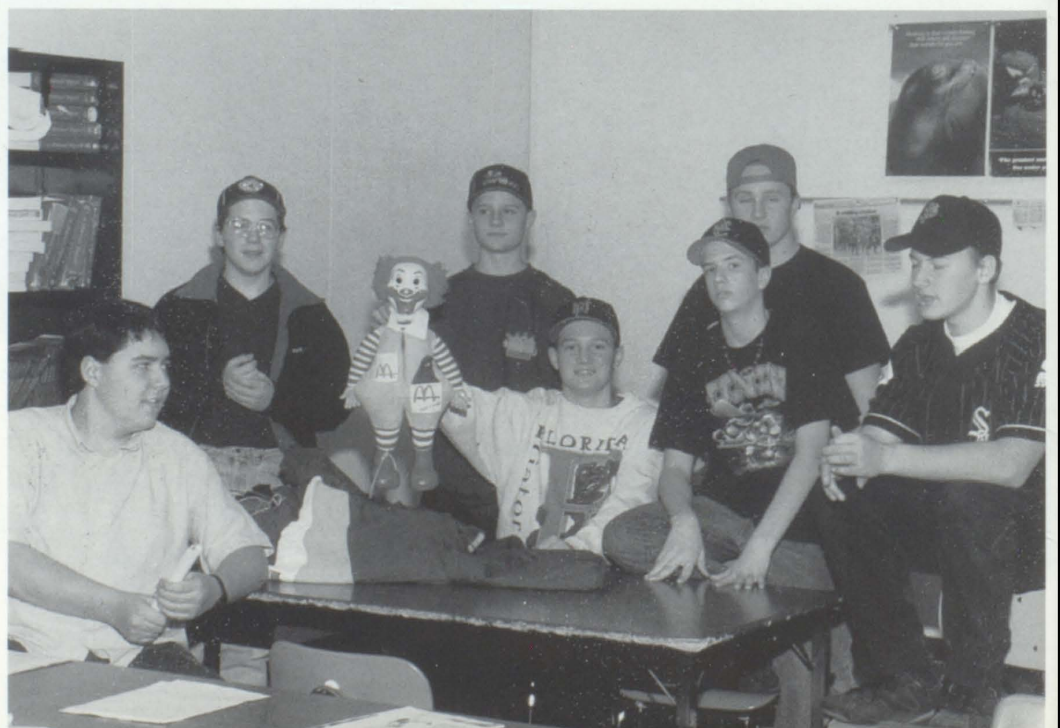
Alsaker, Brian
Altavilla, Nicholas
Ammann, Daniel
Anderson, Angela
Anderson, Jennifer
Anderson, Kristina
Anderson Mitchel

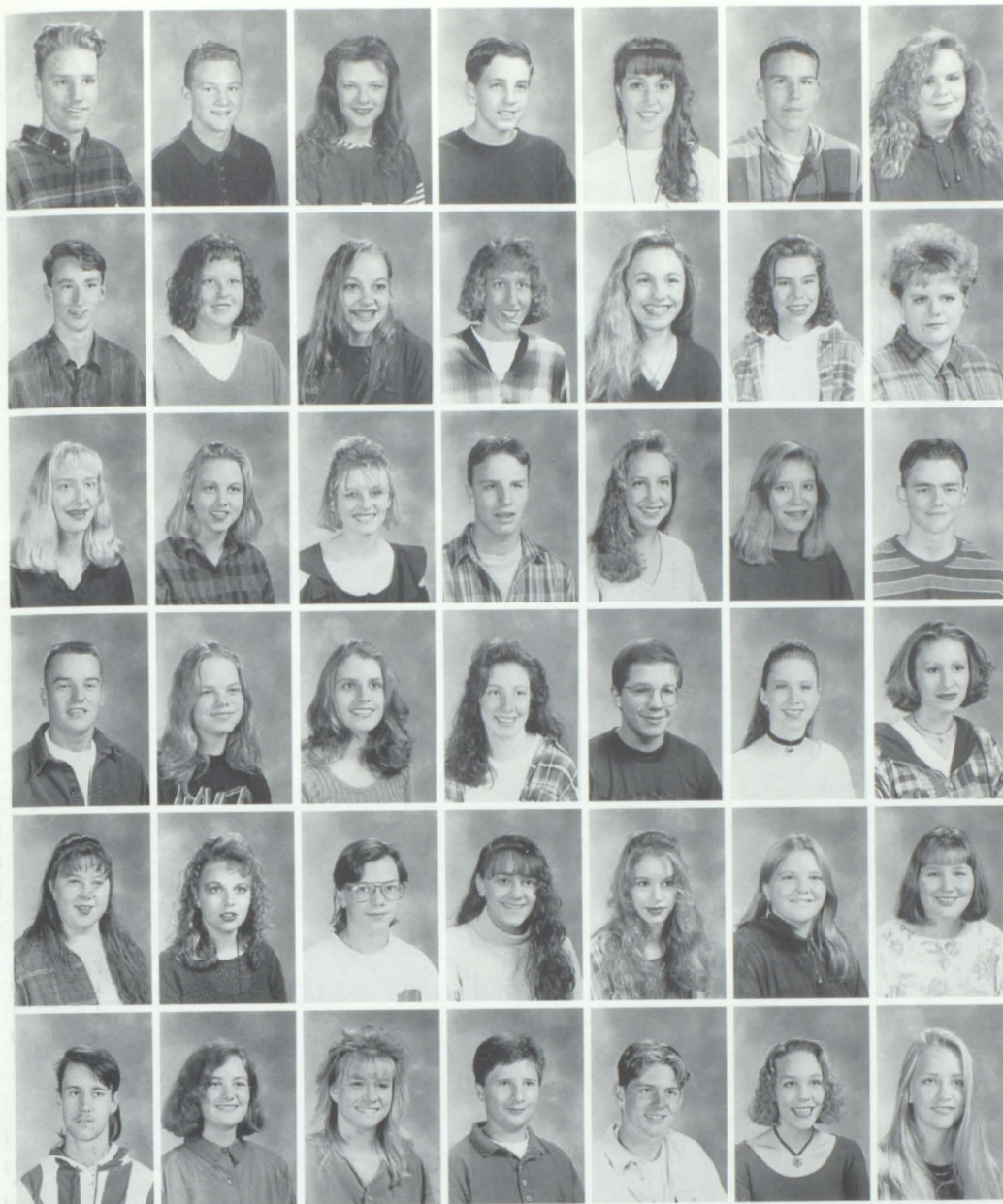


Anderson, Sarah
Arcand, Michel
Atchison, Douglas
Baber, Nicole
Bachelor, Christie
Bagaas, Amber
Barton Brandy



Right: These A.P. history students give a rendition of their teacher by showing Ronald.





Barton, David
Becher, Dustin
Becker, Julie
Becker, Robert
Beelow, Sabrina
Beimert, Jeffrey
Bell, Jennifer

Benjamin, Timothy
Benson, Jamie
Berg, Thea
Bergman, Alissa
Berke, Serena
Beyer, Heather
Biddick, Angela

Bjorklund, Lara
Blahowski, Kelly
Blanchard, Jessica
Bleymeyer, Robert
Boesel, Jamey
Boll, Catherine
Bombard, Andrew

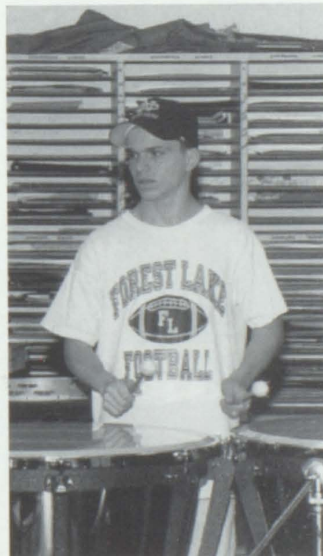
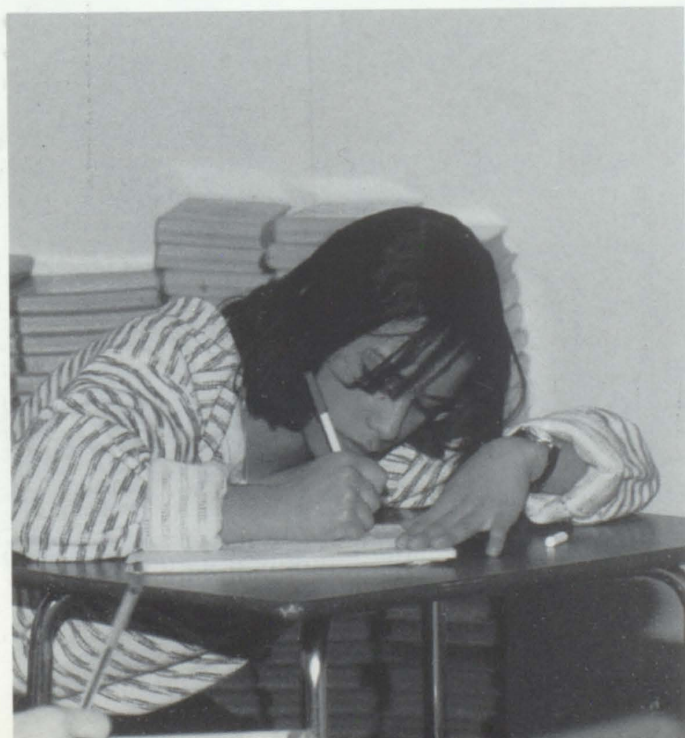
Borgman, Mark
Bourke, Lucas
Bradac, Amy
Braun, Rebecca
Bresin, Kyle
Broadbent, Lori
Brown, Charmaine

Brown, Francine
Brown, Kristen
Buboltz, Shawn
Bunn, Rebecca
Burns, Amber
Busch, Traci
Bush, April

Bush, Josiah
Bye, Rebekah
Cambell, Kim
Cambell, Kolbjorn
Cannefax, Matthew
Carlisle, Sarah
Carpenter, Amy

Far Left: Karina Pederson concentrates hard on writing a note.

Left: Tim "Rudy" McGeary shows off his skills in band class.



Carpenter, Joseph
Casey, Melissa
Charboneau, Cory



Chierello, Theresa
Christen, Robert
Christensen, Joseph



Christenson, Arlie
Ciesielski, Samantha
Clayton, Heather



Below: Sophomores in the library studying?



Clover, Andrew
Cobb, Richard
Coleman, Clint
Collins, Wendy
Cornelson, Loretta
Crosno, Jennifer
Cross, Justina



Dahl, Emily
Dahl, Michael
Dailey, Ann
Daugherty, Christina
Davis, Breanna
DeIman, Lena
Dervie, Steven



Deschene, Gina
Dettmer, Robb
Dettmer, Travis
Dewolfe, Berent
Dick, Rodney
Dirtzu, Melissa
Dooley, Melissa



Doran, Tammy
Dorsey, Charles
Drews, Dustin
Droher, Mary
Drury, April
Dunn, Michelle
Durnil, Amy



Eaton, Shannon
Engstrom, Kirsten
Erickson, Britt
Erickson, Corinne
Erickson, Darrel
Ericson, Chad
Erkkila, Kirsten



DON'T BOOK FLOP ME!



Espelian, David
Evenson, Angela
Fabricius, Erika
Fahey, Mark
Feist, Julie
Finster, Keith
Fischer, Andrea



Flaws, Heidi
Fleck, Suzette
Francis, Rene
Frenning, Jason
Friberg, Paul
Fromm, Jeffrey
Fuller, Nicholas



Furst, Christina
Gajeski, Chad
Gallagher, Jason
Gallatin, Adam
Garbe, Casey
Garrity, Tracy
Garza, David



Above: Andy Nelson toots his tuba in band class.



Gatzow, Erica
Geiger, Matthew
Geisbauer, Brian



Gibson, Gabriel
Gillette, Dexter
Glain, John



Goebel, Christopher
Goodrich, Christine
Goudge, Christine



Granquist, Angela
Green, Jason
Greenwald, Nora



Gross, Jeremy
Grubbs, Joshua
Grubbs, Kimberly

Grubbs, Megan
Gulden, Roxanne
Gutz, David
Haayer, Adam
Haines, Aron
Hajost, Andrew
Hale, Melissa

Hall, Tamie
Halley, Renee
Halvarson, John
Halverson, Jason
Halvorson, Melissa
Hames, Jacob
Hamm, Teresa

Hammons, Kerry
Hansen, Eric
Harrer, Jeremy
Haselbauer, Jason
Haselberger, Timothy
Hauble, Ann
Haviland, Sarah



Right: Tracy Olson and Aimee Perron pose pretty for a buddy picture.

Far Right: Tara Wojtowicz gives a prime example of concentrating in class.



Hebert, Wendy
Heckel, Nicholas
Heimerl, Rebecca
Hennessey, Alissa
Henry, Brandon
Hester, Virginia
Higgins, Aaron

Highland, Robb
Hobbs, Andrew
Hoffman, Sara
Holland, Thomas
Hollihan, Daniel
Holton, Chad
Holzschuh, James





Hoover, Trisha
Horstman, Matthew
Houfer, Jason
Houle, Kris
House, Chad
Huerd, Jeffrey
Hughes, Kris



Huot, Amy
Hursh, Jeremy
Hyatt, Andrew
Hyatt, Joy
Inman, John
Isaacs, Valerie
Ishitani, Marcelo



Jackson, Jeffrey
Jackson, Theresa
Janicke, Margene
Jarousek, Holly
Jensen, Erik
Jensen, Thomas
Jochim, Kelly



Left: John Preston, Angela Granquist, and Robert Reetz strike a pose for the camera.



Johnsen, Amie
Johnsen, Nicholas
Johnson, Brent
Johnson, Deanna
Johnson, Jennifer
Johnson, Jeremy
Johnson, Jesse



Johnson, Jessica
Johnson, Joshua
Johnson, Peter
Johnson, Suzanne
Johnson, Tamara
Jorgenson, Amanda
Joyce, Siobain

Right: Tracy Garrity takes time out of class to finish some undone work.



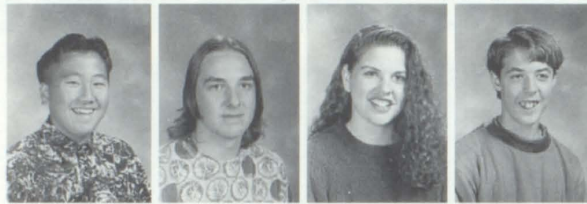
Joyer, Christina
Jung, Teresa
Jurva, John
Justesen, Kelli



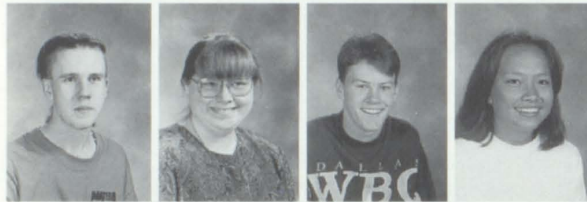
Kanaly, Daniel
Kangas, Jeremy
Kennedy, Tara
Keto, Kristin



Keu, Timothy
Kiffmeyer, Leo
Kiley, Mairin
Kindle, Kasey



Kingen, Jay
Kinney, Robin
Kirchoff, Bradley
Kleis, Wilhermina



Klemenko, John
Klemenko, Theresa
Klossner, Chad
Kochendorfer-Wilson, Mandy



Kolbow, Jared
Kordosky, Zachary
Kowach, Michael
Kowalzek, Mark

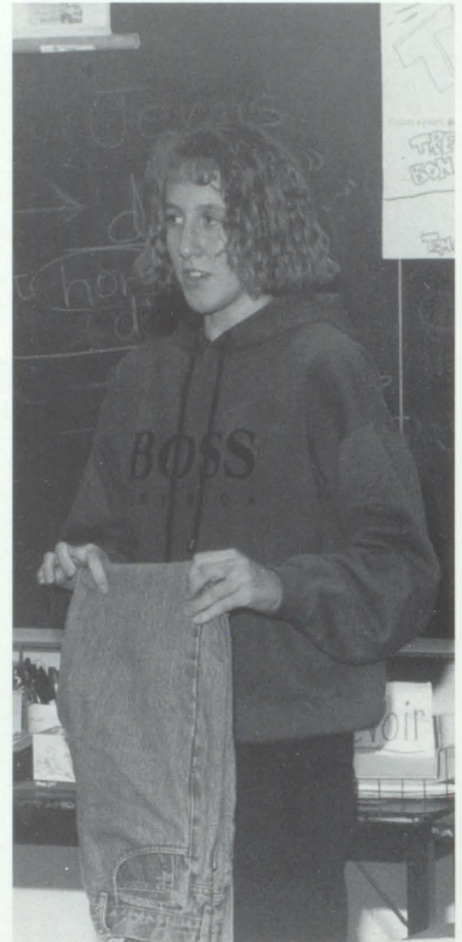


Kresge, Nathan
Kunze, Michelle
Kurth, Rachel
Lustig, Owen



Middle Right: Alissa Bergman gives an oral report in French on jeans.

Right: Casey Garbe catches up on work in the quiet hallway.





Above: Excited for a new year at the high school, six sophomores pose for their first buddy picture.

Lacasse, Brett
Lambertson, Jeffrey
Lambkin, Michael
Lang, Casey
Lara-Kohn, Mark
Larson, Christopher
Larson, Jennifer

Larson, Justin
Lavalle, Desiree
Lee, Danielle
Lee, Michael
Leemhuis, Joseph
Leibel, Jared
Lennes, Nels

Lenz, Charles
Letourneau, Shari
Lewis, Joelle
Lindemann, Carl
Linder, Michelle
Lindquist, Stefanie
Linquist, Peter



Right: Summer St. Claire and Sarah Anderson give intense thought to the question asked.

Far Right: Russell Reetz waltz his way onto the camera.



Lorey, Christopher
Loughrey, Andrew
Lucking, Joshua
Lundberg, Shaun
Mackenzie, Andrew
Mackenzie, Angela
Mackenzie, Kasey

Madison, Lairy
Magnuson, Benjamin
Maile, Karrie
Maki, Noelle
Malek, Naomi
Malone, Kelly
Mardaus, Chad

Marsh, Ryan
Mathews, Jesse
Mathias, Carrie
Mathison, Heidi
Mattson, David
McCowan, Scott
McGeary, Timothy





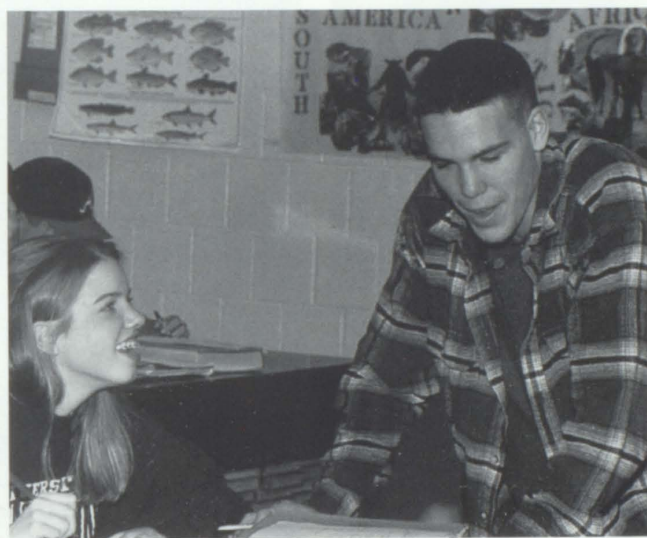
McKenzie, Brittany
McMonigal, Jesse
Megahan, Katrina
Meisenheimer, Jennifer
Menge, Amy
Merhiy, Jason
Miesner, Robert



Milbrett, Katie
Miller, Kristin
Miller, Kristy
Miller, Laura
Miller, Lea
Miller, Teresa
Miller, Timothy



Mittelstadt, Donald
Moellerman, Dana
Moen, Andrea
Mogielnicki, Sarah
Moldenhauer, Karen
Mollenhauer, Jerri
Moreno, Benjamin



Far Right: Jennifer Johnson day dreams of her partner Matthew Tuccitto.

Right: Jeffrey Beimert and Carissa Wright caught in a flirtacious moment.



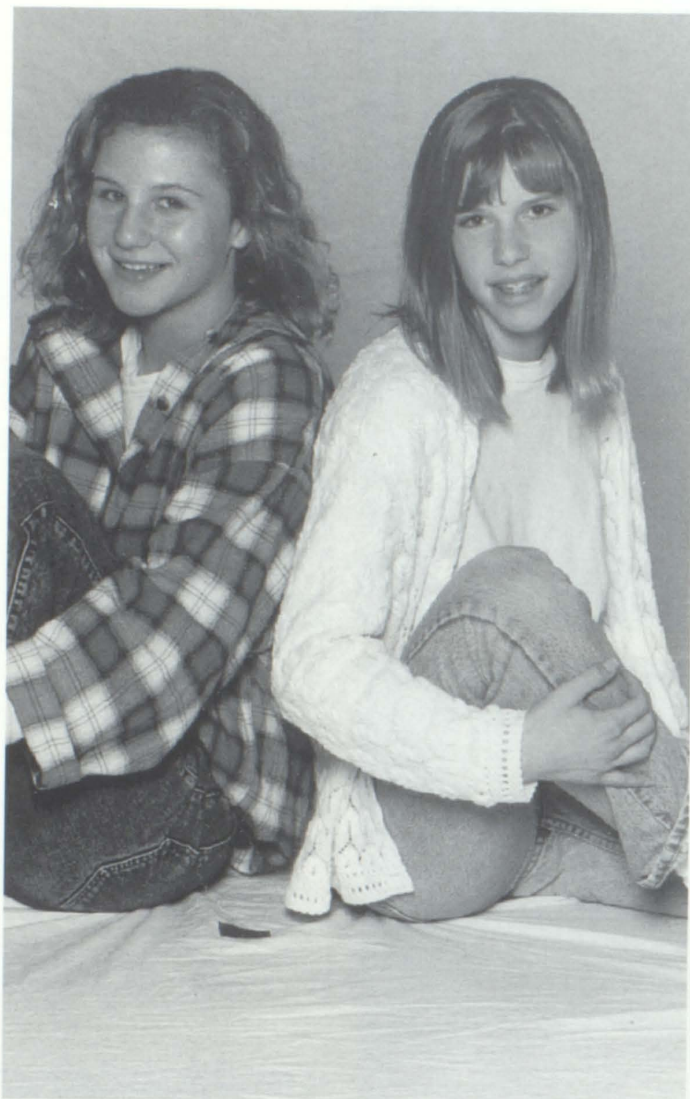
Morgan, Sara
Morin, Anthony
Morley, Dayna
Moxness, Laura
Moynagh, Jeffrey
Mueller, Jamie
Muske, Robert



Myers, Alysha
Neil, Jonathan
Nelson, Andrew
Nelson, Benjamin
Nelson, Erik
Nelson, Heather
Nelson, Joel



Nelson, Melissa
Neslson, Michael
Nerhus, Caroline
Neu, Lisa
Newton, Alan
Nguyen, Thomas
Nichols, Nathan



Above:Dana Mollerman and Teresa Hamm stop for a snap shot up in the mezzanine.



Above:Best buds, Breanna Davis and Laura Rehbine, pose pretty for the camera.

Nielsen, John
Nielsen, Kristine
Niemczyk, Shari
Nisbet, Alison
Noll, Patrick
Nordstrom, Ingrid
Nutter, Christina



Nye, Brenda
O'Gary, Ryan
O'Malley, Michael
Oleson, Erin
Olson, Joshua
Olson, Katrin
Olson, Tracy



Olson, Wayne
Orlich, Megan
Ortloff, Christine
Osterbauer, Kimberly
Oswald, Mark
Pankratz, Sharina
Parke, Robert

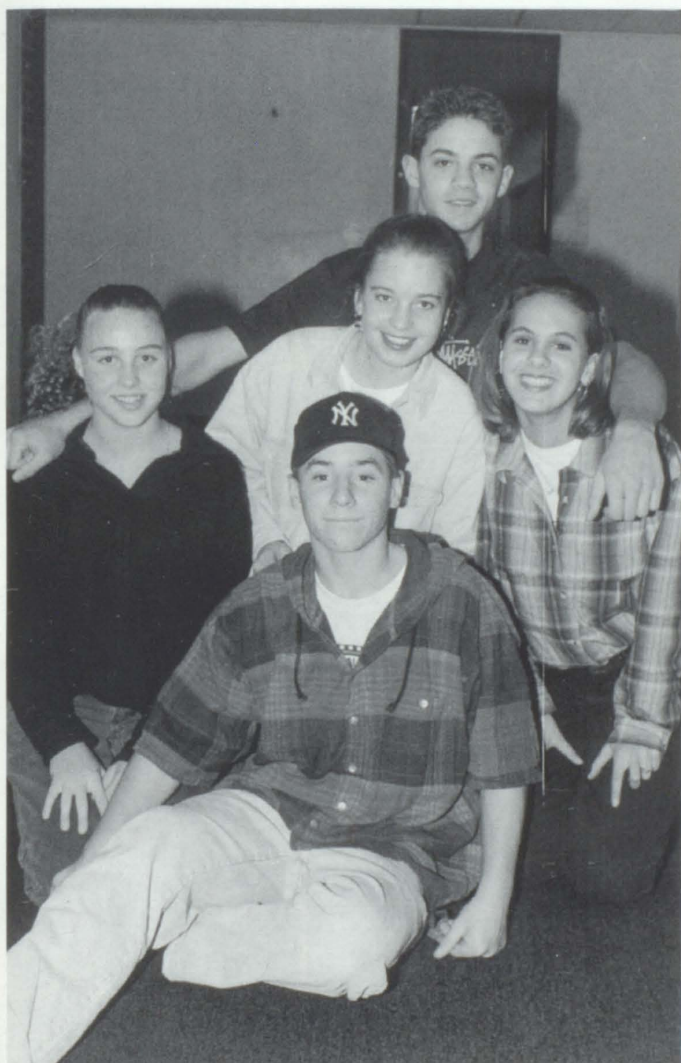




Parson, Jeremy
Parsons, Willie
Paul, Stephanie
Pederson, Carlene
Pederson, Karina
Peltier, Dana
Peltier, Jodi

Penn, Joseph
Perez, Donna
Perez, Victoria
Perron, Aimee
Peterson, Christin
Petrowske, Brent
Phillips, Melissa

Plessel, Jason
Porter, Kirsten
Preston, John
Primeau, Geoffrey
Proehl, Vicki
Quigley, Kyle
Rahey, Tina



Below: Sophomores huddle around the camera to catch a snap shot.



Below: A group of sophomores take time off their busy schedule to pose for a picture.

Rainer, Andrew
Ramey, Destiny
Randall, John



Randolph, Lacey
Rangitsch, Annie
Rattei, Kenneth



Redman, Lisa
Reetz, Robert
Reetz, Russell



Rehbein, Thomas
Rehbine, Laura
Reinertson, Terry
Reitter, Andrea
Reller, Jonathan
Remick, Chad
Riehm, Sara



Rinehart, Nicole
Rollinger, Brandon
Rosenberger, Melissa
Rosenow, Laura
Ross, Eric
Roy, Kristy
Roy, Rachel



Ruiz, Joseph
Runyon, Charles
Rydberg, Erin
Salek, Jessica
Sampson, David
Sandager, Jennifer
Sanford, Ann



Sauter, Wendy
Schabert, Heather
Schaeppi, Allison
Schendzielos, Eric
Schmeckpeoper, Eric
Schmidt, Jacob
Schowalter, Amanda



Schreiber, Jennifer
Schroeder, Travis
Schubert, Melinda
Schuett, Bradley
Schuh, Laura
Schulz, Cody
Schwintek, Ryan



Below: This group of sophomores show off their maturity in front of the camera.



ONE DOWN, TWO TO GO!



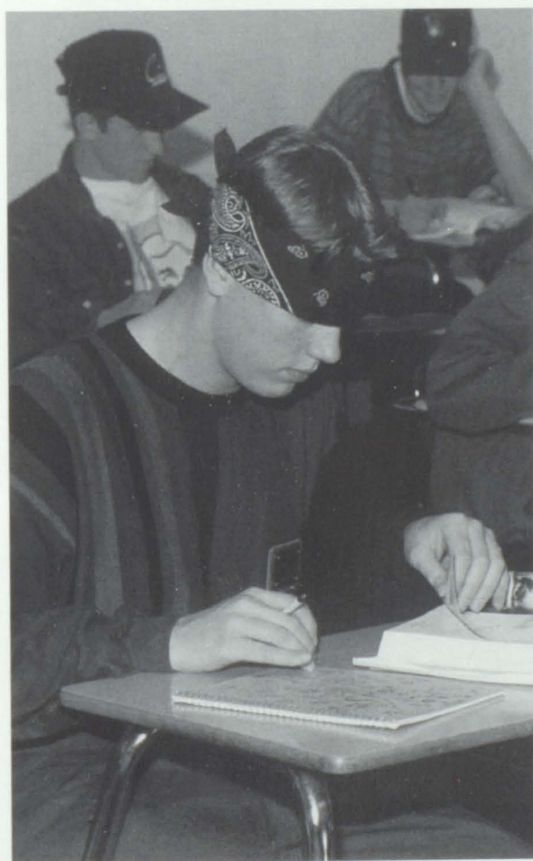
Scott, Aaron
Severson, Jennifer
Severson, Ryan
Shepard, Nicholas
Shocklev, Christopher
Shostedt, Zachary
Shurb, William



Sieben, Tracy
Simpson, Amy
Sletten, Mary
Smith, Erin
Smith, Patrick
Sonke, Angela
Sorenson, Anthony



Spears, Shane
Spelt, Jason
Spencer, Geri
Spencer, Jennifer
Spiess, Adam
St Claire, Summer
Stafki, Matthew



Above: Joseph Leemwuis looks for the correct page in the American Literature book.



Stark, Ryan
Steele, Nathan
Stene, Neelu



Stoltzman, Benjamin
Stottler, Cam
Stream, Melissa



Streeter, Jessica
Studee, Michelle
Stumm, Lindsay



Sufka, Jason
Summers, Risa
Swartz, Christa



Swenson, Michelle
Tague, Randall
Terry, Michelle

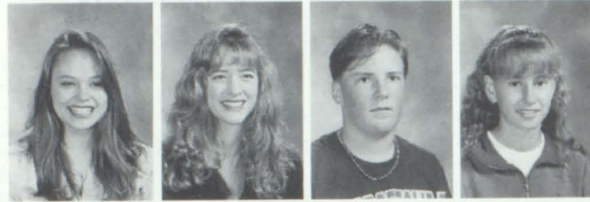
Right: Katrina Megahan dozes off during Lit. class.



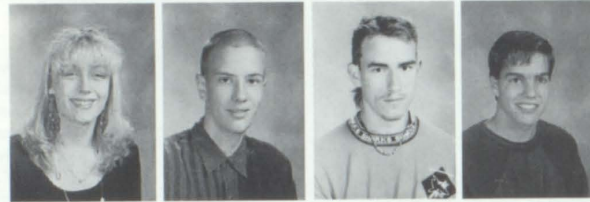
Thayer, Jessie
Theuninck, Parker
Thingvold, Erik
Thomas, Scott



Thompson, Jocylene
Thurnbeck, Amanda
Tima, Brian
Tomlin, Kristan



Tranby, Tanya
Treft, Timothy
Triviski, William
Tuccito, Matthew



Turner, Jonathan
Turpin, Justin
Ungar, Kristopher
Urman, Mandy



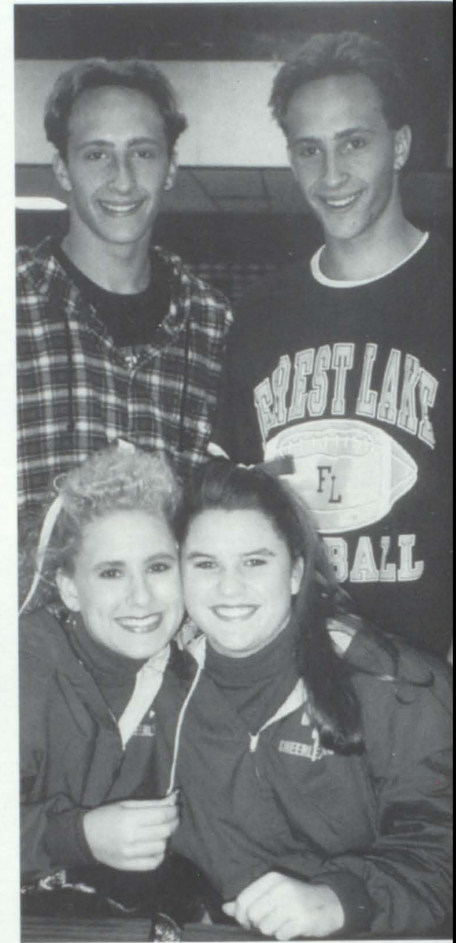
Urman, Michael
Usher, Allen
Van Ruden, Kimberly
Van Wagner, Cody



Vanderbilt, Paul
Vang, Luz
Waddell, Katie
Wagamon, Heather

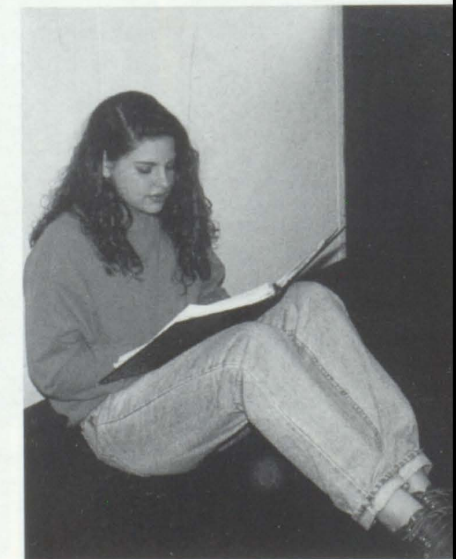


Wagner, Paul
Wagner, Roxanne
Waldoch, Nichole
Walker, Carl



Middle Right: Russell Reetz, Breanna Davis, Laura Rehbine, and Robert Reetz pose for a picture in lunch during home coming week.

Right: Marin Kiley takes a moment from class to finish her homework.





Sophomores striving for the top on the pyramid of life.

Walker, Jeremy
Walters, Jeffrey
Wanner, Jay
Warren, Darren
Weaver, Maurice
Webb, James
Weber, Edward



Weber, Jill
Weigel, Anne
Weitemier, Angela
Wendel, Jason
Wendt, Jennifer
Weninger, Michelle
Westmoreland, Heather



White, James
White, Pamela
Wightman, Joshua
Wilcox, Jered
Wilkens, Sara
Will, Kari
Willing, Carrie Jo

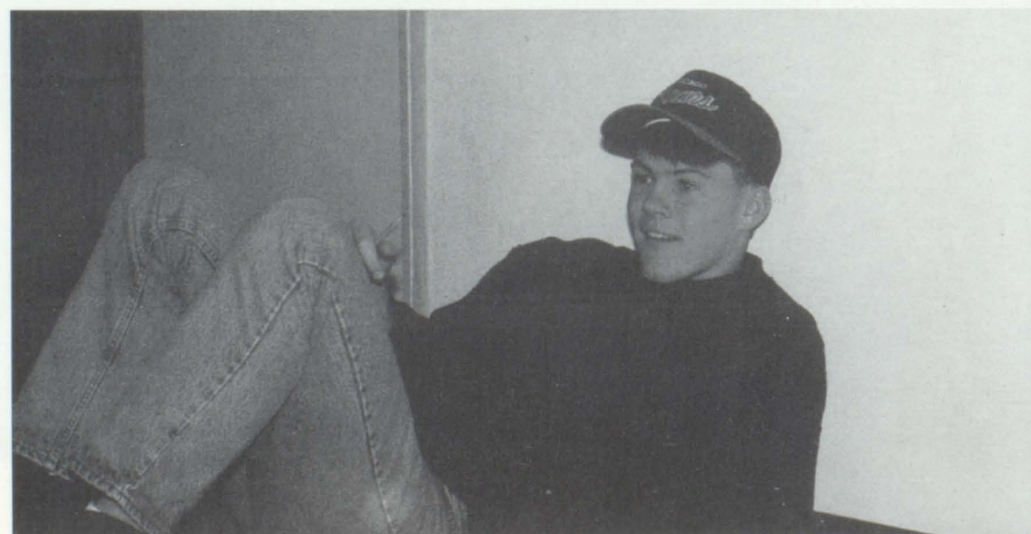


Near Right: Brian Scott points to the principals office because that is where he's heading.

Far Right: A group of sophomores are fortunate enough to get out of class for a picture.



Right: Bradley Kirchoff sits in the hall supposedly making up an assignment.





Wojtowicz, Allison
Wojtowicz, Tara
Wolfbauer, Nicole
Wolszon, Tina
Wood, Matthew
Woodbeck, Dawn



Wright, Carissa
Yang, Pang
Yanke, Michael
Young, Barry
Zaudtke, Kirsten
Zecher, Jesse



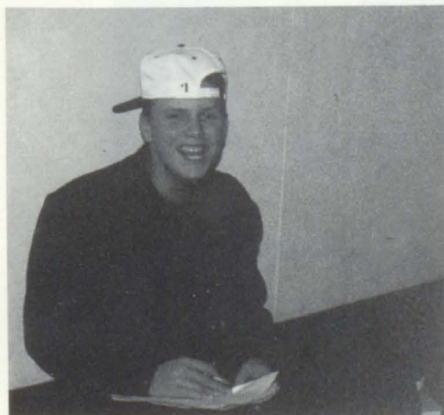
Ziehl, Kristi
Ziemer, Emily
Zierman, Janelle
Zimmer, Jason
Zueger, Alesha
Zueger, Ashley



Zumwalde, Lisa



Left: Darren Warren seeks some "Z's" during a lecture.



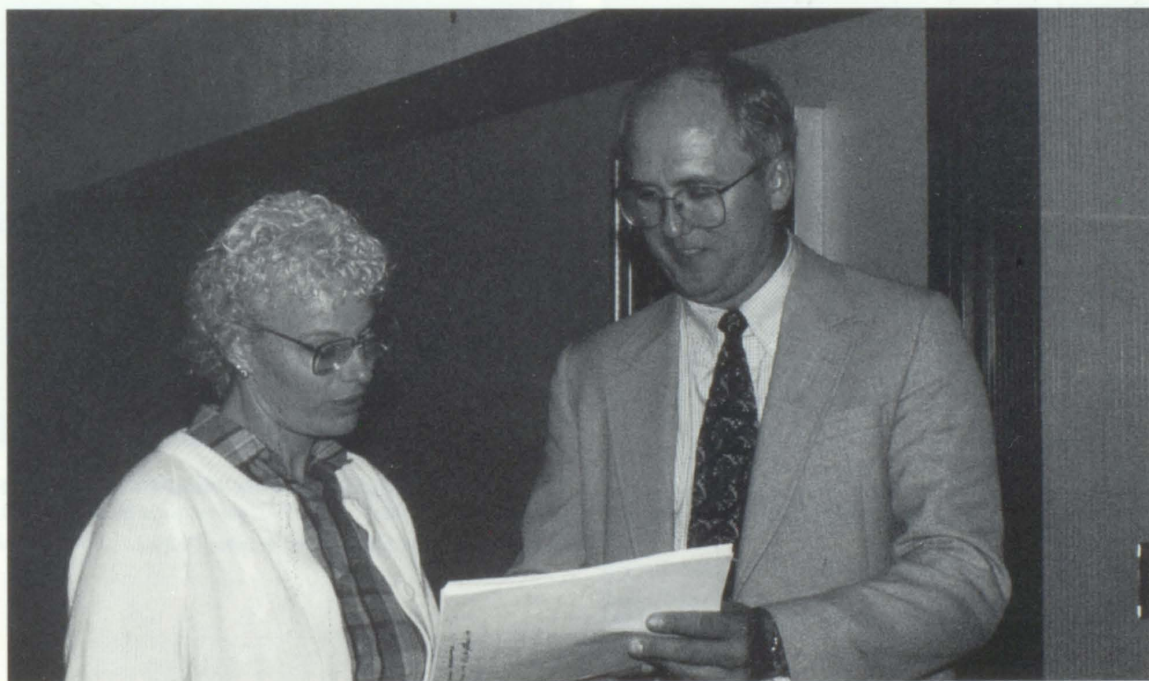
Far Left: Jason Sufka works hard to finish up a tough assignment.
Left: Joseph Leemhuis takes a break from class and finds pleasure in the hall.

TYPICAL



SOPHOMORES

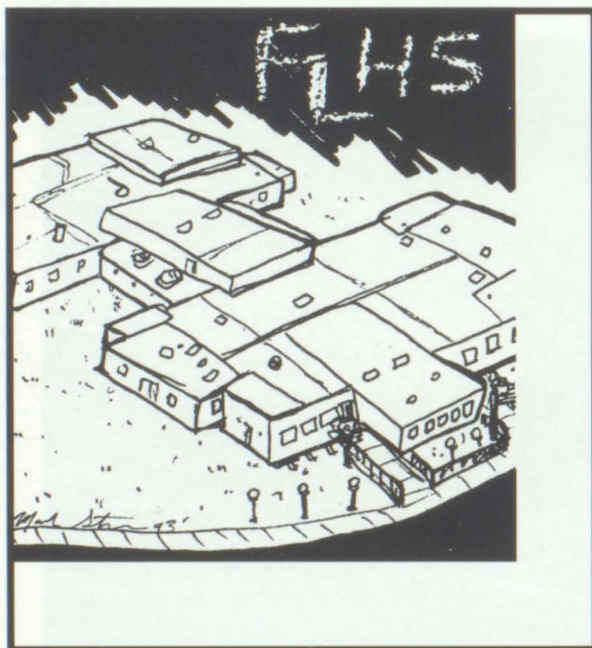
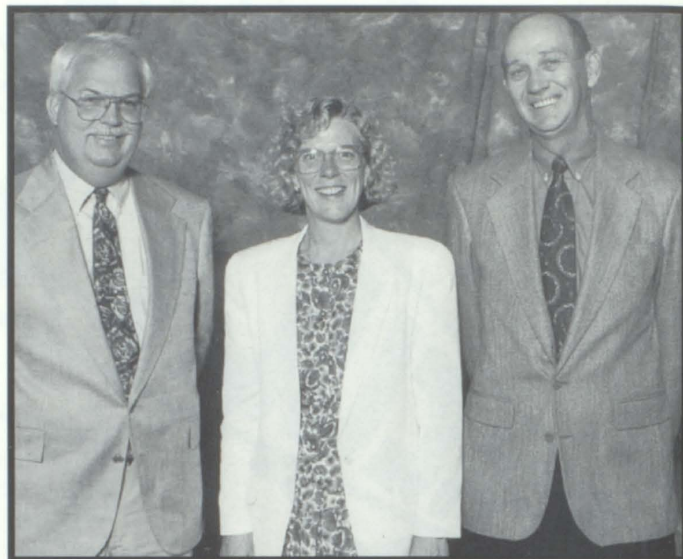
Kina
Anderson



Before school, Mr. Chuck Anderson and Mrs. Carleen Onell share intriguing thoughts.

ADMINISTRATION

Below: District Office: Backrow: Richard Tschida, Bill Bresin, James Moratzka, Kenneth Sample, and Dr. Donald Ruble.
Front Row: Gayle Novak, Dr. Evin Savord, and Karen Morehead.



Top: Principals: Donald Drolson, Carol Kluznik, and Russel Cooper.
Above: Athletic Director: Douglas Peltier

STAFF



Top:Principal Secretaries:Marian Tuominen and Carol Johnson.
Above:Attendance Secretaries:Deborah Perry, Elaine Zeller, and Claudia Johnson.



Top:Guidance Counselors:Back Row:Stan Motschenbacher, and Virgil Grove.

Front Row:Cynthia Walker,**Chemical Health Director:**Joyce Leslie, Kate Nelson.

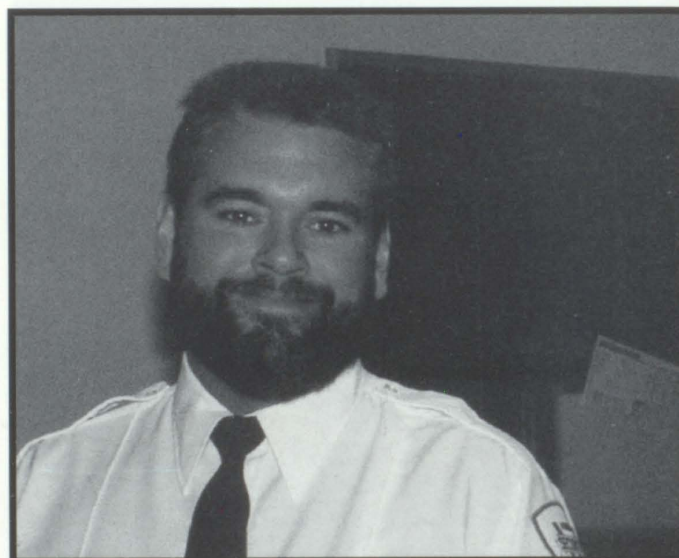
Above:Guidance Counselors Secretaries:Lynn Dufresne, Janet Walker, and Joleen Larson.

STAFF

Below:Audio/Video Director:Richard Moskop **Audio/Video Clerks:**Karen Bakken and Nancy Ensrud.



Above:Kitchen Staff:Dorothy Tony, Kathy Krizan, Maria Gen, Marian Menne, Joyce Schmidt, and Mary Olson.Not Pictured:Donna Lamers



Top:Media Specialist:Elaine Thaemert, Paul Karlsson, and Mary Wightman.

Above:School Security Guard:Don Brommerich

TEACHERS



Top:English Department:Back Row:Terry Eikren, John Olsen, Michael Bernauer, Dorothy Sunne, Carleen Onell, Judy McDonough, and William Somrock.

Middle Row:Beverly Larson, Jerry Grant, Heather Poston, and Connie Leyendecker.

Front Row:Jane Gilles, Gail Law, and Janis Garofano.

Above:Science Department:Back Row:Gwendolyne Hanson, Lee Anne Brockman, and Rena Benedict.

Front Row:Jeff Lewis, Bradley Ward, Bruce Levanthol, and Jack Henderson.

Below:Mathematic Department:Back Row:Susan Jarrett, Charles Chalberg, Ann Astrup, Craig Flug, Jill Becken, and Larry Matzdorf.

Back Row:William Olson, Michael Altivilla, Wallace Conner, and John Lautigar.



Above:Social Studies Department:Back Row:Judy Dittberner, William McElrath, Douglas Norlander, Suzanne Stennes-Rogness, and Kenneth Mikolajczyk.

Front Row:Donald Thompson, Ruth Menken, Sara Cameron, Charles Anderson, and Ronald Tungseth.

“He teaches who gives and he learns who receives.”

-Emerson



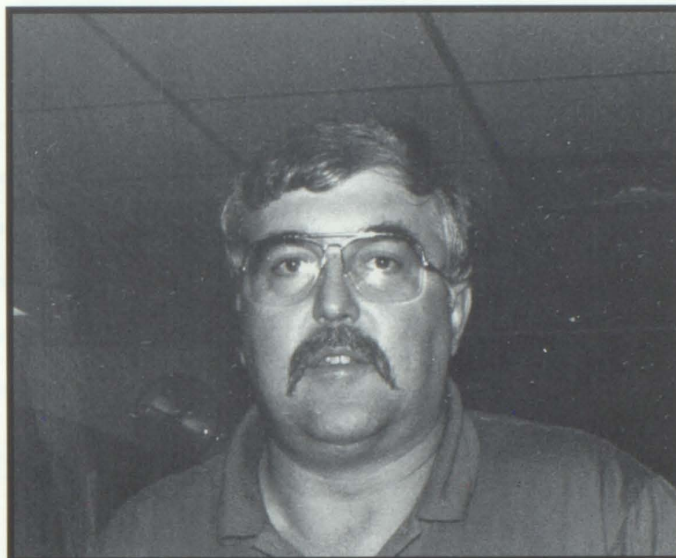
Top:Music:Back:Maureen Seibert
Front:James Lindstrom and Richard Hahn.
Above:Art:Back:Maria Kaiser and Peggy Little.
Front:Allen Larson and Nancy Pechmann.



Top:Phy Ed:Back:Joan Paulson, Deb Fuerstenberg, Kathy Briguet, and Robert Dettmer.
Front:Chuck Gunderson, Jim Herman, and Dan Forsythe.
Above:Personal and Family Life Science:Back: Cheryl Smoczyk
Front:Marilyn Orlich and Janet Stone.

“When I am forgotten, . . . say, I taught thee”

-Shakespeare



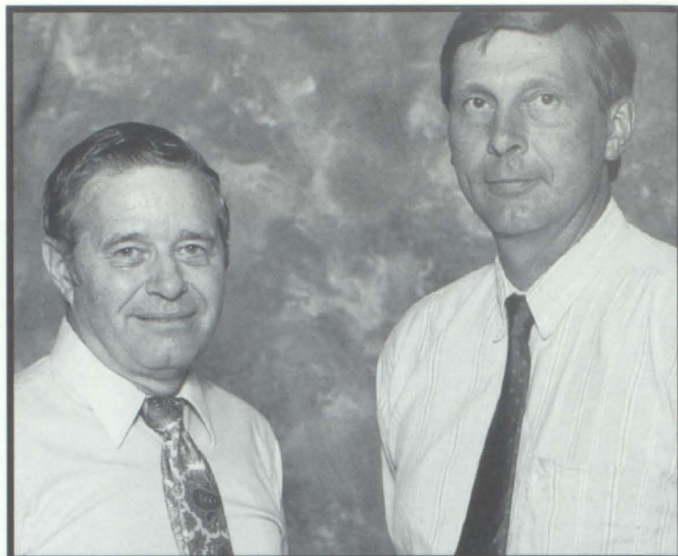
Top:Paraprofessionals:Doris McCabe, Cathy Brauson, Kay Hickerson, and Sue Berry.Not Pictured:Su Leslie

Above:Special Ed Teachers:Back:Ken Hedlund, Luanne Wyssmann, Mary DeFord, Craig Cullen, and Thomas Hipkins.

Front:Sharon Rose, Roxanna Strangeland, Carol McElrath, Theresa Snodie, Scott Bruns, and Mary Lou Allison.

Top:Reading:William Streeter

Above:Instructional Interpreters:Sheila Huls and Roxanne Schutt.



Top:World Languages:**Back:**Allen Franzen
Middle:Wendy Line, Susan Guderyon, Coleen Colton, and Megan Espe-Och.
Front:Maureen Fitzgerald
Above:Business Education:**Back:**Sarah Kienholz, Tony Hoops, and Phyllis Slotsve.
Front:Alan Anderson and Thomas Newell.
Top Right:Agriculture:Loyal Hyatt and Robert Marzolf.
Above Right:Industrial Ed:Thomas Pogreba, Kevin Rivard, and Paul Nelson.
Right:Occupational Relations:Janet Wiley, and Jeffrey Wilson.





YOU DON'T SAY!

The results of a peer questionnaire: Comments of, and by teachers.

Most Energetic Teacher:

Susan Guderyon

William McElrath

You Said It. . .Again!

"Is it June 10th yet?"- Mickolaczyk

"You have no idea."- Thompson

"On it"- Menken

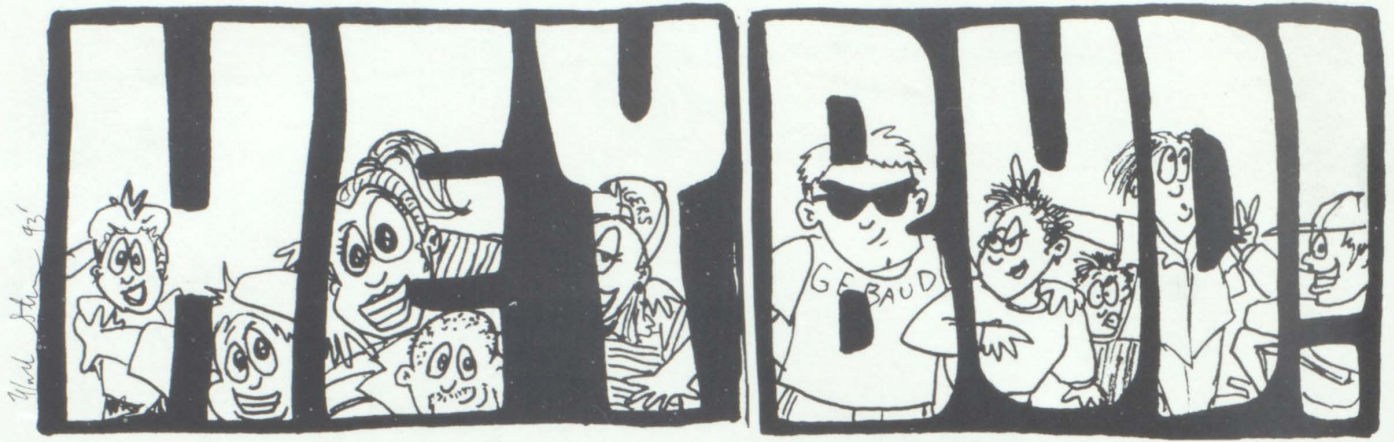
"The pencil that you forgot to bring to class"- Hahn

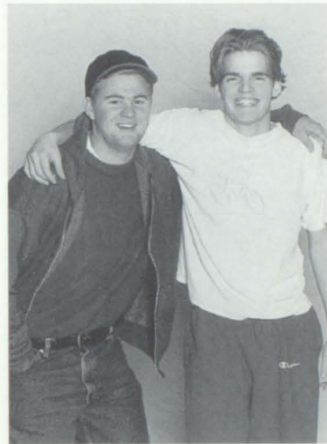
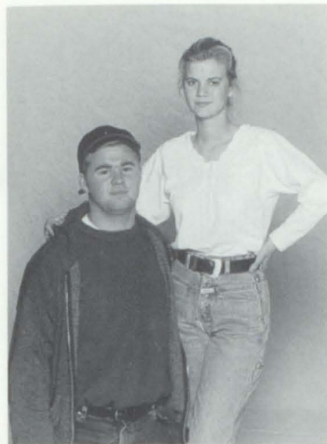
Funniest Thing Class Has Ever Done

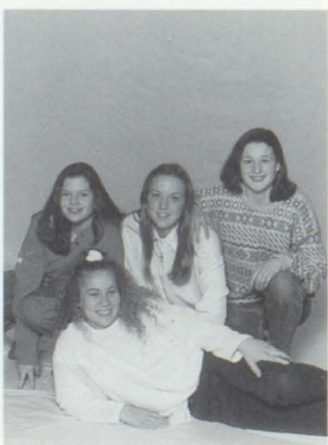
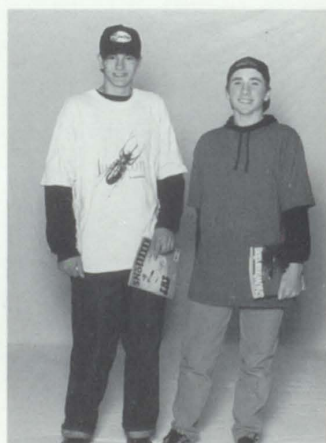
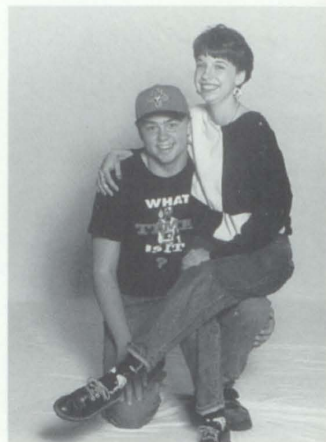
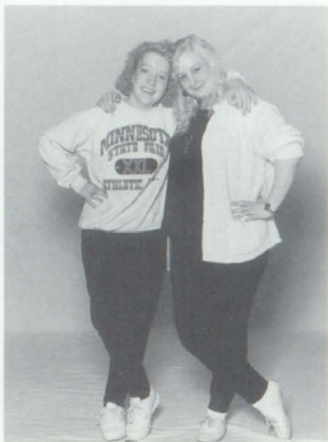
-Laughed at me when I said "We didn't fart the stire"
instead of "We didn't start the fire".

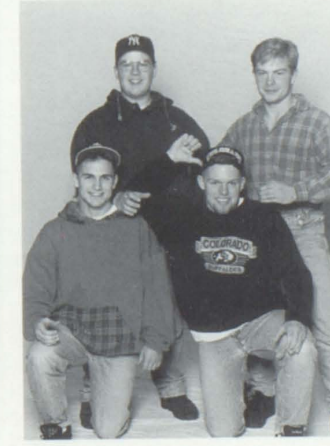
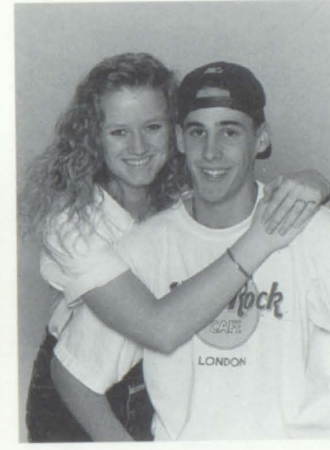
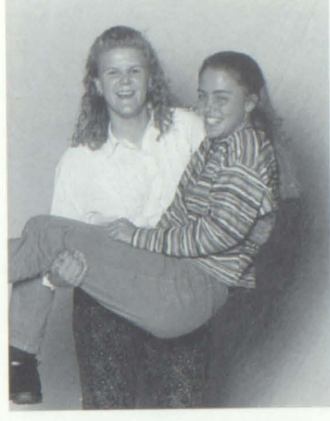
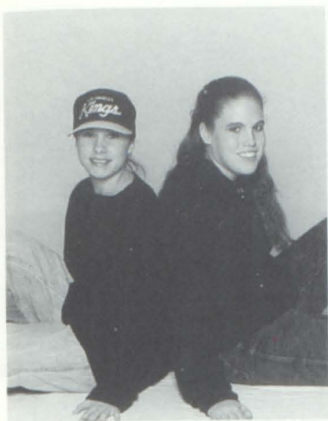
-I have some two-tone shoes. One of my classes just about died laughing because one girl thought I goofed and wore two different kinds of shoes.

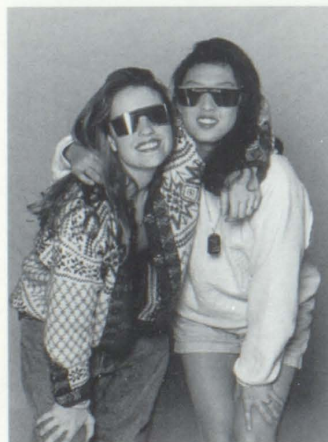
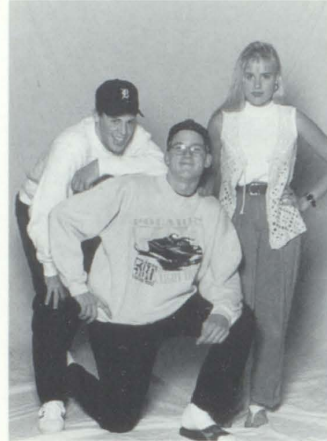
Susan Guderyon:When no sub showed up for my class. The students found my plans, the worksheets. . . and did the work with no teacher. They left notes on the board with a drawing from "Home Alone". No one knew that a sub didn't show until after the period was over!

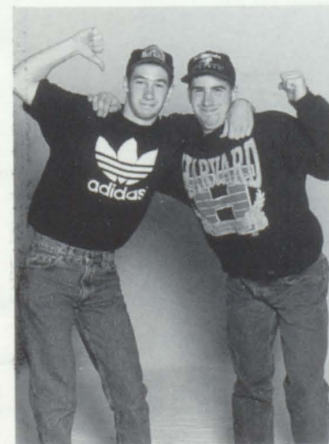














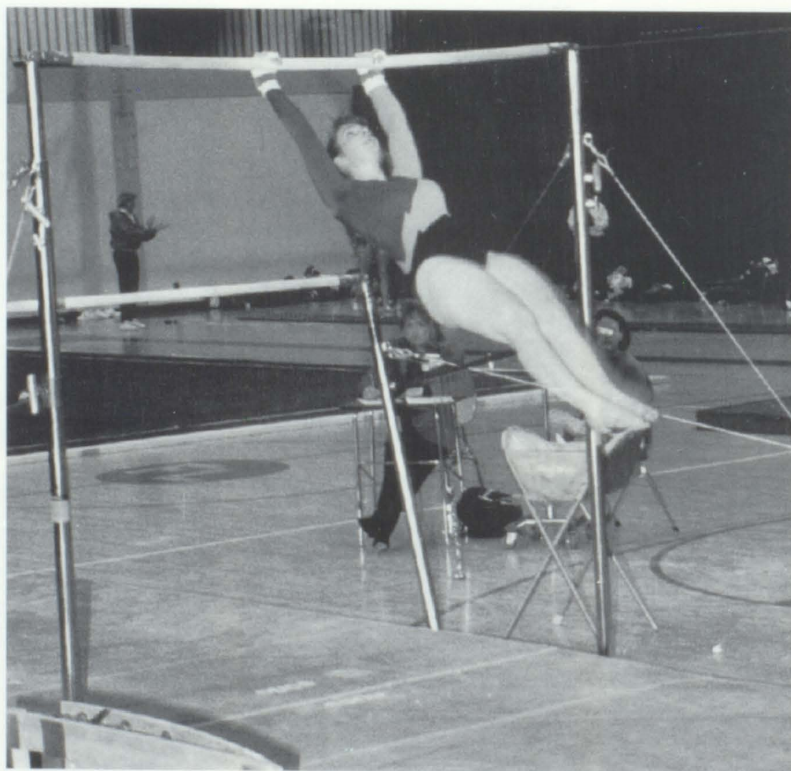
Sports offer numerous opportunities to grow and mature. The demands of the sport forces the athlete to sacrifice various things considered an integral part of growing up, but the positive aspect of being an athlete far outweighs the inconveniences.

It becomes necessary to learn concentration and self-discipline, and competition greatly contributes to self-confidence as one grows accustomed to working under pressure.

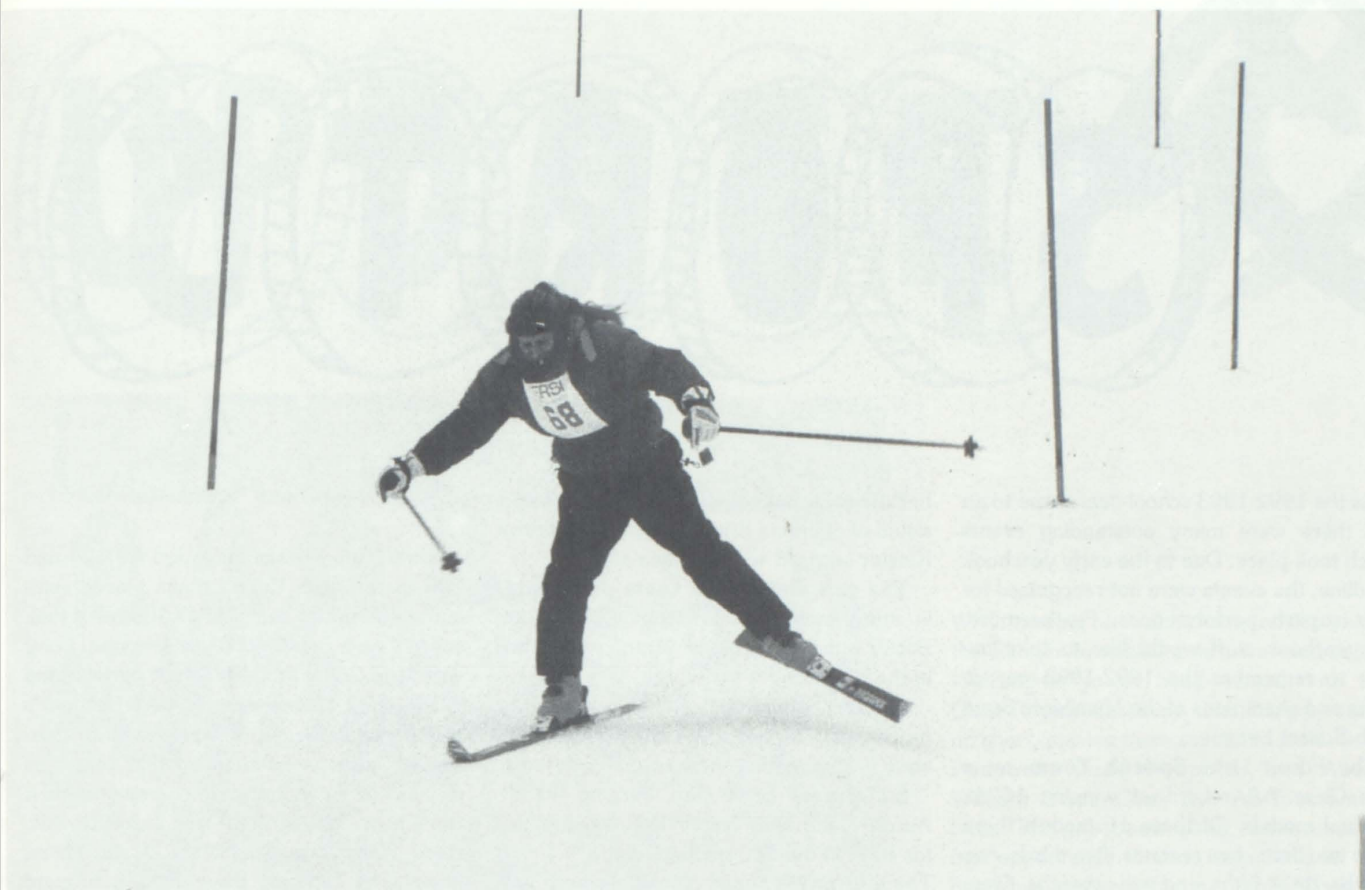
However, the outlook is not always encouraging: progress is often slow while frustration and discouragement may run high. Athletes learn to accept disappointment and through mistakes, learn to laugh at themselves.

Sports offer many challenges teaching one to set goals and strive to achieve them. Through sports, one learns to accept both success and failure. The sport prepares you for life itself.

Anne Quinlan



Above: Ranger gymnast, Kristi Moore focuses on her bar routine during competition.



Above: Rachel Mitton races down the slopes in hopes for first place.

Left: This Ranger Mascot tells us where the victory starts.



93 SPORTS

As the 1992-1993 school year came to an end there were many outstanding events which took place. Due to the early yearbook deadline, the events were not recognized for their superb performances. Furthermore, the yearbook staff would like to take the time to remember the 1992-1993 participants and champions of the Minnesota State High School League.

The Forest Lake **Speech Team** set a new Class AA record of winning 16 individual medals. Of these 16 medals there were two firsts, two seconds, five thirds, two fourths, three fifths, and two sevenths. Class AA speech state champions are Elise Parker-Great Speeches and John Shoberg-Humorous Interpretations.

In **Policy Debate**-the Final Eight which consisted of debaters Erin Mathern and Andrew Kloster secured second place at state.

The girls **slalom ski team** participated in state competition. Ranaye Neudauer, Becky Lund, and Rachel Mitton all finished in the top 20.

Ranger gymnast, Rebecca Huntosh, participated in state, but due to an injury early in competition she was unable to finish.

Swimmers Brian Gay, Jeremy Wendt, Aaron Maki, and Trevor Dahnke qualified for state in the 200 medley relay.

The girls **swim team** placed eleventh with Connie Pierre taking a fourth in the 50 yard freestyle. The boys **track team** took top honors at State True Team and placed third

at state. Bob Ewings defended his 100 and 200 meter dash, Ryan Lundin placed sixth in the 400 meter dash, the 4X400 relay took second and the 4X100 relay came away with fifth. Golfer O.J. Rhinehart participated in the state tournament. Robert Dettmer's **wrestlers** came home from the state tournament with an outstanding first place, as well as five individual state champions and a runner up. Taking first were Jason Davids, Brice Thornburg, Troy Marr, Justin Hahn, and Jason Devries. Dave Menne brought home the runner up medal. The girls **track team** also qualified individuals for the state meet.



Above: The speech team members who represented Forest Lake at state display their Section 7AA trophy.

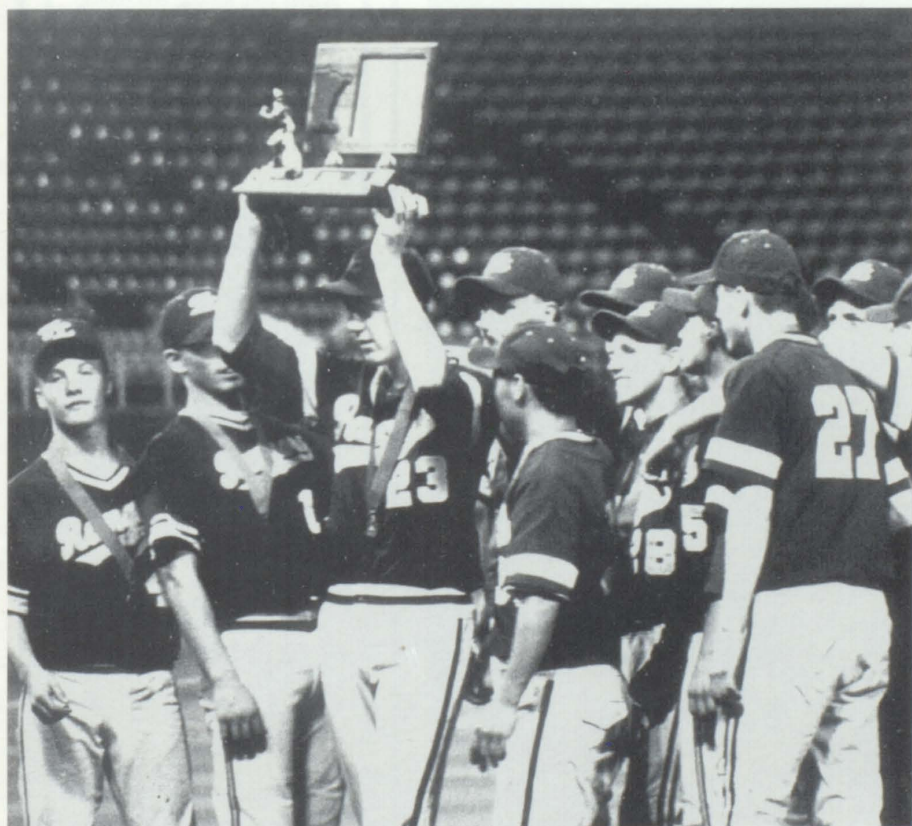
UPDATE 93

RANGERS

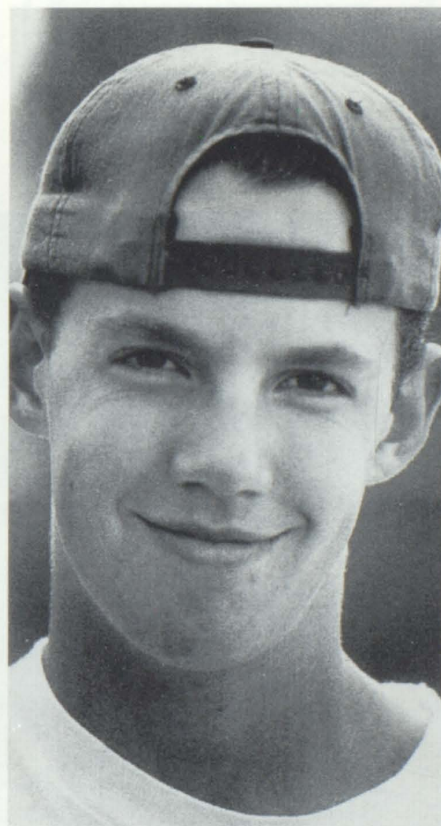


While moving on to the championship game, the Ranger **baseball team** traveled to the Metrodome to go head-to-head with the Coon Rapids Cardinals. The Rangers came up short, placing them second at state. Scott Poepard, Todd Poepard, and Aaron Wilborn made Class AA All-Tournament team. The girls **basketball team** made its first appearance to state ever. And for the first time in school history, Jason Sandager participated in the state **tennis** tournament.

Left: The girls basketball team poses for the camera.



Above: The baseball team shows their enthusiasm after securing second place at state.



Above: Jason Sandager shows his determined look before going to state.

SOCCER

Here They Come !!!

This year's season was off to a slow start. The team went three and ten for the season. Coach Ron Tuneseth said that, "The season was a typical season, but the post season was the best ever." The boys soccer team exceded the regular season making it into the Final Four, but were defeated by White Bear Lake. That is the farthest the Forest Lake Boys Soccer team has gone

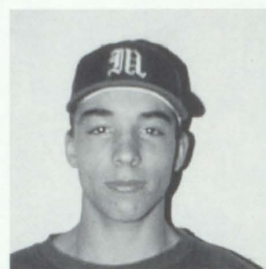
since it was started. Senior Co-Captain Glenn Starfield is one of the many experienced players. As a mid-fielder he helps the team with the offense. Coach Ron Tuneseth said, "We actually had an offense this year, which is the most improvement of all." He also feels that there is a lot of talent leaving with this year's graduates. Most of the starting line up this year were

underclass men so a lot of talent will be returning. Glenn Starfield said in an interview that, "There are a lot of returning varsity players, and I wish them the best of luck. Congratulations to this year's soccer team although the season wasn't great, you pulled together when it was important. Good luck in the years to come."

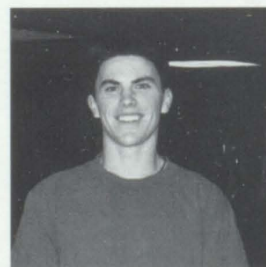
Coon Rapids
at Osseo
Hill Murray
at Park Center
at Mounds View
Champlin Park
at Blaine
Stillwater
Anoka
at White Bear
Roseville
at Irondale
at Elk River



Joseph Carpenter shows off his skills during soccer practice.



"The team skills improved over all. The team has a lot of good players both leaving, and coming up. This year's team was good and had a lot of potential to go all the way. The season wasn't the greatest but we pulled together at the end." Tony Brand



"Last year we would have rolled over and died in the playoffs, but this year we just never gave up. Our team attitude got better at the end of the season and it showed in the way we played in the playoffs." Glenn Starfield



Row 1: Christin Peterson, Darlene Zemke, Stephanie Malone, Corina Perron, Amy Bradis Row 2: Melissa Stream, Amanda Jordgenson Row 3: Kati Weisbrod, Amy Bontrager, Heidi Goss, Jennifer Toepper-Kretman, Amy Arnold

SOCCER

Back Again !!!

The Forest Lake Girls Soccer Team didn't have a great season, "but winning doesn't matter," says senior co-captain Tasha Anderson. Even though they didn't win a game, they still had fun and made new friends. This year the tryout number was doubled. The team quickly learned that the more girls that

play, the more talent there is on the team. Maria Jordskogen was a great help to the team; she showed leadership and knowledge of the game. She gave the team added experience.

The team is still building their experience to one day be as good as they hope. Next

year's team should have more experience to take on the other teams in our division. There are only a handful of seniors leaving which means there are more returning players. Good luck to all the girls soccer team members, hopefully the season will get more successful as time builds towards tomorrow.



Coon Rapids
at Osseo
Hill Murray
at Park Center
at Mounds View
Champlin Park
at Blaine
Stillwater
at Centennial
Anoka
at White Bear
Roseville
at Irondale
at Elk River



"The team as a whole didn't win a game. We wanted to win but the important thing is that everyone had fun and made new friends. There are only a handful of seniors that left; a lot of juniors and sophomores that have the talent to make next years team a little better." Tasha Anderson



"Both teams improved greatly and went against a lot of tough teams. It seemed that the higher the teams were ranked, the better we played against them. There are three strong captains coming up next year to lead the team. The sophomores will also play a big role in next years team." Nicole Demarais



The girls soccer team practices before a big game.

Varsity

Row 1: David Rychley, Samuel Sanderson, Timothy Hasalberger, Kristopher Peterson, Matthew Hutchcraft, Randy Demarais, **Row 2:** Joseph Carpenter, Christopher Carpenter, Joshua Rueter, Francis Boll, Russell Lane, Erich Welsh, **Row 3:** Anthony Brand, Mr. Robert Dettmer, Glenn Starfield, Mr. Ron Tuneseth, John Shoberg, Mr. John Winters



J.V.

Row 1: Kristopher Peterson, Peter Gaus-tad, Samuel Sanderson, **Row 2:** Shane Stumm, John Enquist, Jason Stanick, Marcus Obrien, Matthew Hutchcraft, **Row 3:** Jay Hebeisen, Erich Welsh, Mr. Robert Dettmer, Gabriel Moen, Russell Lane, Brandon Wolfe



Varsity

Row 1: Rebecca Knox, Nancy Cramer, Heather Westmoreland, Tasha Anderson, Sandra Lametti, Jenny Peterson, Carol Waldoch, Angelica Schally, **Row 2:** Nicole Demarais, Maria Jordskogen, Kristine Lutz, Megan Orlich, Julie Hendrickson, **Row 3:** Anjanette Shoberg, Molly Metheson, Nathan Severson, Mr. Jerry Grant, Mrs. Kim McDonald, Jennie Boll, Ann Sanford, Dana Morely



J.V.

Row 1: Michelle Terry, Naomi Malek, Jenny Anderson, Sarah Esget, Ingrid Nordstrom, **Row 2:** Jennifer Severson, Sarah Timmerman, Jill Dolphy, Sarah Klaus, Rachel Bye, **Row 3:** Kimberly Tauer, Jessica Johnson, Alison Nisbit Nathan Severson, Shannon Kruswiski-Ellis, Mary Morevac

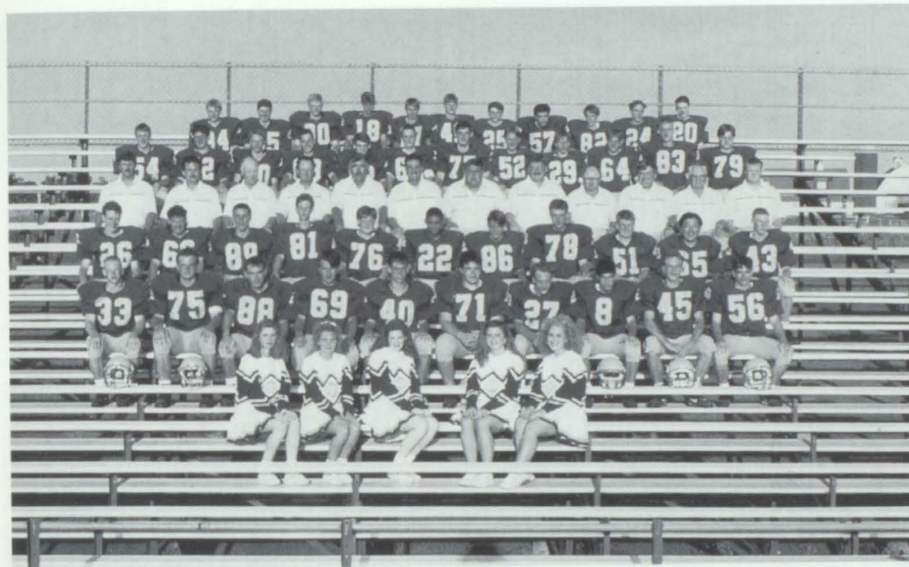


Varsity



Row 1: Jaimie Allyn, Michele Thompson, Heidi Hudak, Rebecca Knutson, Megan Nathes, Joni Groebner, Stacy Haffner, Kristi Nerothin, Rebecca Freundsuh, Vonnice Gallaher. **Row 2:** Jed Meyer, Brian Johnson, Gregory Parranto, Jason Hoskins, Jason Pederson, James Slawick, Mathew Gifford, Nickolas Doty-Rehbine, Sean Joyce, Joshua Hoffman, Chad Morley, Daniel Rehbine. **Row 3:** Joseph Nieman, Shawn Prestegaard, Joshua Murphy, Jason Houle, Michael Fee, Andrew Hawkins, Reginald Proulx, Brian Bounds, Shawn Kline, Brian Decker, Scott Ziegler, Benjamin Heimerl. **Row 4:** Jeffrey Wilson, Larry Matzdorf, Reed Humphreys, William Loushine, William Streeter, James Herman, John Lautiger, Larry Tietje, Gary Bennett, Milo Shoberg, Franklin Maki, Gregory Loher. **Row 5:** Neil Carlson, Gene Hagman, Philip Engen, Christopher Hanson, John Keyser, Jason Thiry, Erik Brown, Joel Boyer, James Keller, Todd Albert, Matthew Joesting, Nicholas Altavilla, Steven Crosariol. **Row 6:** Cory Shulz, John Hermes, Bradley Mortel, Brian Nye, Michael Shomion, Jay Andler, Adam Johnson, Benjamin Huether, Brian Schwab, James Neeser, Wesley Atkinson, Joseph Schingen, Lonnie Pillar, Eric Kottke, Tanner Shipman, Anthony Carey, Scott Hentges, Kyle Conway, Ryan Poepard, Matthew Pentila, Gregory Fleischman, Mark Lallier, James Eichinger, Thomas Hipkins, Matthew Huntsinger, Brian Rhoda.

B-Squad



Row 1: Melissa Nelson, Jennifer Johnson, Siobain Joyce, Laura Rehbine, Breanna Davis. **Row 2:** Alan Newton, Gabriel Gibson, William Trivinski, Travis Schroeder, John Halverson, Kris Houle, Russell Reetz, Matthew Tuccitto, Robert Reetz, Jonathon Turner. **Row 3:** Nels Lennes, Matthew Wood, Jeffrey Belmert, Aron Haines, Robert Parke, Mark Lara-Kohn, Chard Mardaus, Andrew Hobbs, Jeffrey Fromm, Timothy Keu, Mark Oswald. **Row 4:** Jeffrey Wilson, Larry Matzdorf, Reed Humphreys, William Loushine, William Streeter, James Herman, John Lautiger, Larry Tietje, Gary Bennett, Milo Shoberg, Franklin Maki, Gregory Loher. **Row 5:** Robert Bleimeyer, Arlie Christensen, Cameron Stottler, Jesse Johnson, James Holzshue, Jay Warner, Mark Fahey, Aaron Scott, Adam Gallitin, Matthew Cannefax, Adam Haayer, Michael Lambkin. **Row 6:** Cody Shultz, Scott McCowin, David Espellen, Michael O'Malley, Michael Urman, Ryan Severson, Timothy McGeary, Robert Christian, Kasey Kindle, Eric Schendzielos, John Preston.



Above: The starting backfield in motion with #31 Jason Pederson, #14 Joshua Hoffman, and #43 Shawn Kline.

FOOTBALL

Inexperience Affects The Team's Success

Well, another year comes and goes for Ranger football. This year wasn't quite as noticable as last year. With a four game losing streak in the first half of the season, playoff hopes didn't look too good.

And if that wasn't bad enough, starting quarterback Neil Carlson got injured. So, they checked the depth charts, and it looked like

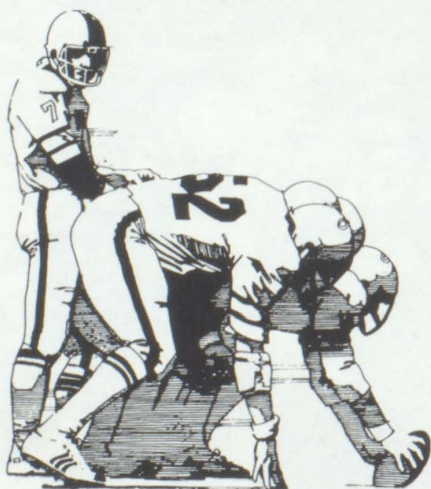
the inexperienced sophomore Nicholas Altavilla would get the call. But experience didn't seem to matter to him. Altavilla looks like a good future for the Rangers in the next two years.

Now, who could forget the great running of Jason Pederson. He helped lead the Rangers to a three and six season including the

loss to Anoka in the playoffs. He was All-Conference, high honorable mention All-Metro, and honorable mention All-State.

With the loss of starters Jason Pederson, Christopher Hanson, Brian Johnson, Joshua Murphy, and Neil Carlson, hopefully the team can pull together and have a better season next year.

0	Blaine	14
14	White Bear Lake	16
13	Stillwater	34
6	Anoka	34
34	Roseville	7
14	Mound View	6
35	Hill-Murray	14
6	Irondale	10
14	Anoka	34

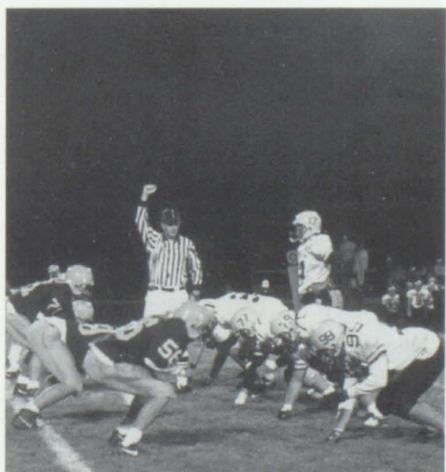
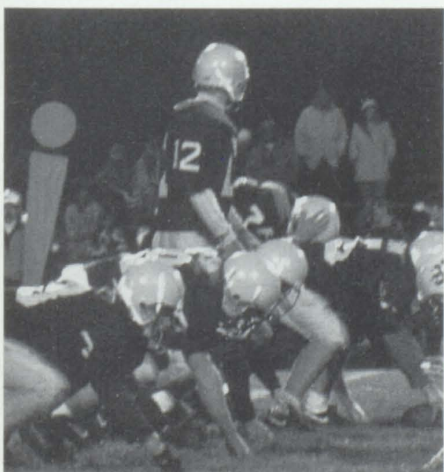


Running back, Shawn Kline, turns on his speed and looks for a touchdown.



Left: A blurred out Jason Pederson shows his blazing speed.

Below: Ryan Poepard hunts out the endzone.



Middle: Wide receiver, Joshua Murphy, jumps in front of the Blaine defender and makes a great grab.

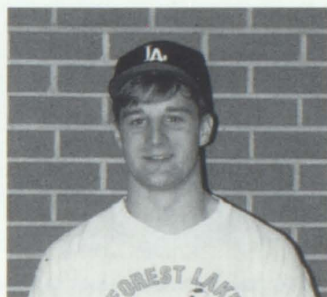
Above: Nicholas Altavilla is ready to spark the Ranger's offense.

Above: Ranger defense is getting ready to stop the Roseville attack.

CAPTAIN QUOTES



Jason Pederson—"The team didn't reach any of the goals they hoped to, but it was a fun season because it was our last time playing together. We had a lot of inexperienced players because we only had a few returning starters."



Christopher Hanson—"This football season was more of a learning experience for the juniors than it was a memorable experience for the seniors."



Brian Johnson—"With all the juniors that got an opportunity to play, they better do well next year."

VOLLEYBALL

BUMP...SET...SPIKE!

This year's volleyball team has worked very hard to achieve their seven win, six loss status. Due to the coaching efforts of Ms. Paulson, the team advanced to the semi-finals with a defeat over Chisago Lakes. The team came close to achieving their goal of state champion. When Danielle Daninger was asked how her captain position has affected the team, she responded as follows, "I hope my captain position on the team has

had a positive effect on the team. I think all of the seniors were great leaders and set good examples on and off the court for the younger players. As a captain, I wish everyone, all the juniors and sophomores the best of luck in the future with volleyball and everything else."

Julie Hulleman responded when she was asked what the most memorable moment was for the volleyball team. "The most

memorable moment of my 1993 volleyball season was our region finals game against Chisago. We beat them in five close matches. After the last point was scored our whole bench ran out, along with our fans. It was a great moment for the coaches, the team, and the fans. We finally played to our potential."



What recommendations would you make for the upcoming season? Some recommendations I would make for next year's season would be to... bond together and become a family; it will make the team stronger. Always remember... it's volleyball; have fun.



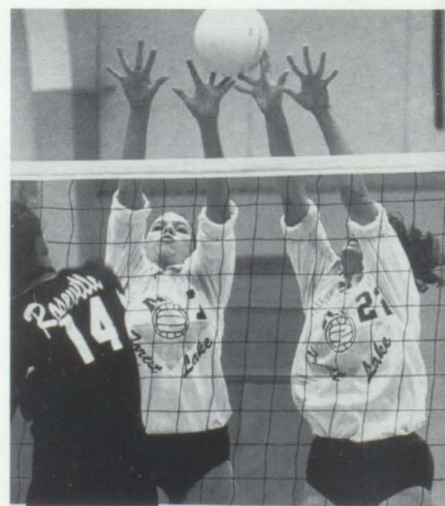
How do you feel the 1993 volleyball season went?

We were so close to achieving our goal of a state title. The attitudes on our team were "ones never to be forgotten", Ms. Paulson said, "I'll never forget you guys."



Above: Varsity team members gather to smile at the volleyball banquet.

3	Fridley	1
3	Totino Grace	2
3	Anoka	2
3	Champlin	0
0	Park Center	3
1	Irondale	3
2	Stillwater	3
3	Mound View	0
3	Coon Rapids	1
1	Roseville	3
3	Hill-Murray	0
1	Chisago Lakes	3
1	White Bear	3



Above: Danielle Daninger and Nicholle Hebert jump to block a scoring attempt made by Roseville.



Varsity Volleyball

Row 1: Jeanne Hughes, Nicole Peltier, Amy Brown. **Row 2:** Lisa Nos, Linda Gleixner, Danielle Daninger, Nicholle Hebert, Katherine Schoenecker. **Row 3:** Anne O'Hara, coach: Joan Paulson, Linde Jury, coach: Deb Furstenberg, coach: Lisa Lalaibert, Julie Hullemann.



Junior Varsity

Row 1: Christine Bohnen, Amy Backus, Cynthia Miles, Dawn Brenden. **Row 2:** Christina Deeb, Darlene Sassor. **Row 3:** Monique DeLong, Lisa Nos, Linde Jury, coach: Deb Furstenberg, Amy Brown, Katie Wallin.



B-Squad

Row 1: Valerie Isaacs, Erica Gatzow, Jamie Benson, Jamey Boesel, Michelle Dunn, Dana Moellerman. **Row 2:** coach: Lisa Laliberte, Lara Bjorklund, Kris Hughes, Danielle Lee, Angela Grandquist, Laura Schuh, Andrea Fischer.

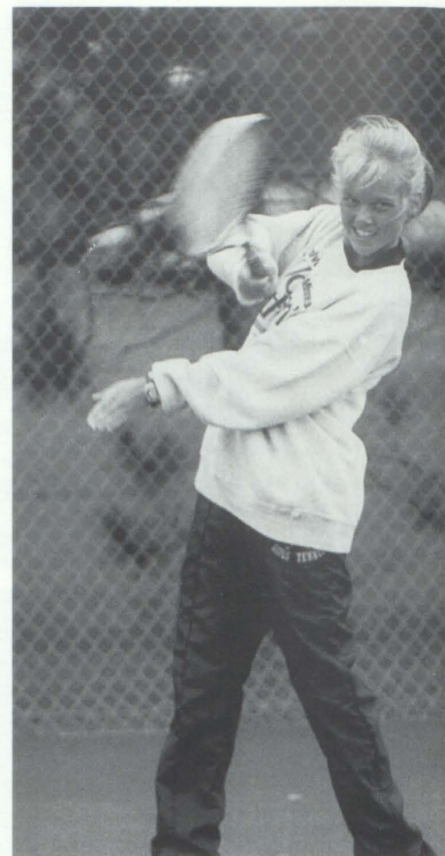
TENNIS

Tennis Serves It Up

The varsity girls tennis team had a trying season this year. Their record of two and thirteen may have been deceiving considering the many matches that ended in a near tie, or could have gone either way. On a positive note, this year's season did produce Forest Lake's first state participant in girls tennis ever, Sophia Gunnesson, a foreign

exchange student from Sweden. Although she did not win state, it was a great accomplishment for her and the team just to get there.

The team may have had a disappointing season, but they stuck together all the way through.



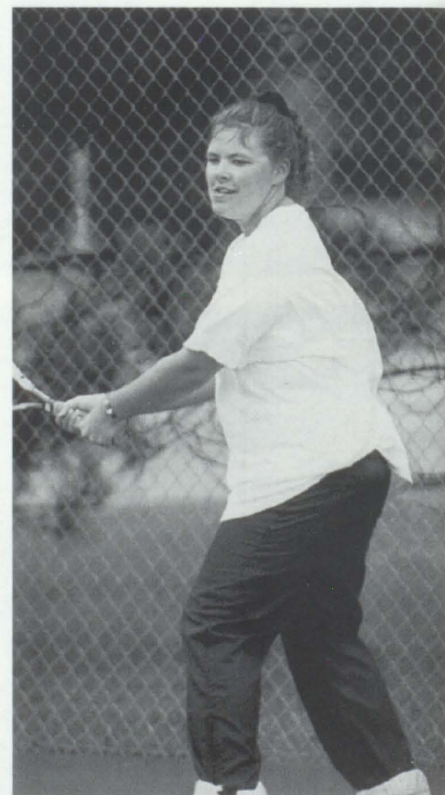
Captain Quote



"It was not the best season, record wise, but the team stuck together well throughout the season."



Captain Kathryn Hunt strokes a backhand our way during tennis practice.



Top Kristin Miller smacks a forehand and in the process smiles for the camera.

Above Nicole Gervais prepares to hit a forehand over the net.

TENNIS

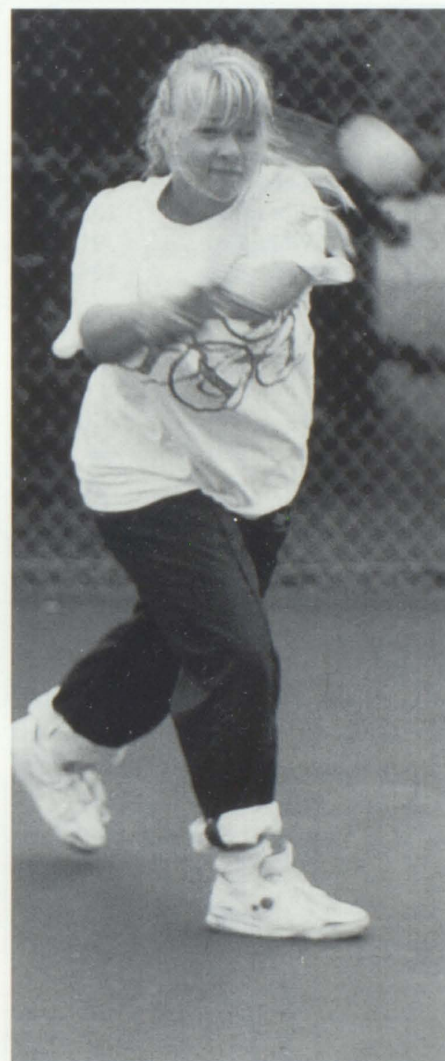


Varsity: Row 1: Kathryn Hunt, Sophia Gunnesson. **Row 2:** Sarah Anderson, Dawn Culbertson, Nicole Gervais, Angela Stich, Kristin Miller. **Row 3:** Megan Cooper, Sarah Burdick, Alyssa Sederholm, Michelle Hosfield, Stacy Hughes, Coach Charles Chalberg.



J.V.: Row 1: Katharine Parke, Jennifer Wendt, Michelle Weninger, Wendy Collins, Neelu Steene. **Row 2:** Stacy Carlise, Naomi Modean, Alyssa Bergman, Jamie Swanson, Alysha Molitor, Theresa Berg. **Row 3:** Kelly Jochim, Sarah Anderson, Justina Cross, Coach Cameron Hedlund, Jennifer Sandager, Melissa Casey, Andrea Moen.

3	Mahtomedi	4
7	North Branch	0
5	St. Francis	2
1	Blaine	6
1	Osseo	6
2	Anoka	5
1	White Bear	
1	Stillwater	6
3	Centennial	4
3	Hill-Murray	4
0	Roseville	7
0	Mounds View	7
0	Irondale	7
0	Coon Rapids	7
3	Elk River	4



Sarah Anderson follows through on a backhand during tennis practice.

SIMMING

New Conference brings in New Powers

The girls swimming and diving team had an excellent season this year. In a new conference-with new powers- the girls didn't quite know what to expect. Captains Elise Parker and Senta Schleder kept their spirits high. In the end, their grueling three hour

practices under the guidance of Coaches Mark Carlson and Kim Hurge, and Rachel Huntosh paid off. The season ended with 90% of the team scoring personal bests and ten members qualifying for sections. The season was a success due to their adoptive

motto "Thrive on Pain." Thriving on pain may not have been pure enjoyment, but it kept the swim team going through a tough season.

79	Cambridge	106
96	Centennial	90
84	Osseo	107
104	Irondale	80
102	Chisago Lakes	66
82	Stillwater	104
78	Roseville	108
95	White Bear	91
52	Mounds View	134



Above Left: Girl swimmers, Karen Doyscher, Jasmine Tennis, Rachel Mitton, Senta Schleder, Rebecca Huntosh, Kristina Nutter, Alison Gay, all posing for a picture.

Far Left: Senta Schleder striving to reach her goal.

Left: Rachel Mitton discussing the race after sections.



SIMMING

Hats off to the boys!

This years boys swim team is a group of very dedicated and hard working athletes. Being on the swim team requires much more than just jumping in the water. Each practice, coach Mark Carlson focuses on one skill. Before competing in a meet the team considers the opponents strengths and weaknesses. Each team member also prepares for a meet in his own way, for instance

Benjamin Westmoreland often finds himself thinking through the next race. He also says, "You need to eat a six inch subway and (drink) a strawberry sports shake." Corey Mathison believes there are three essentials to prepare for a meet. "Eat lots of ravioli the night before, listen to Pearl Jam, and have one Sachett of Leppin!" When asked how a captain's position has effected the team,

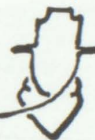
Benjamin Westmoreland, Corey Mathison, and Nathaniel Mckenzie have all come to realize the responsibility of being a good role model. They also realize the importance of encouraging the other team members. Forest Lake Senior High salutes the swim team for all their hard work this year.



5th Conf. Relays

7th ABC Invite

98	Spring Lake PK	77
106	Anoka	77
77	Elk River	106
118	Chisago	64
91.5	Roseville	93.5
67	Mounds View	110
97	Irondale	86



BOY'S VARSITY RECORDS		
TIME	HOLDER	YEAR
42.70	J WENDT, T DAHNKE	92
	A MAKI, B GAY	
49.60	ERIK NELSON	89
59.65	JEREMY WENDT	93
22.60	ERIK NELSON	81
50.35	CHRIS KOESTER	92
52.90	ERIK NELSON	89
49.90	TOM KILGRIFF	87
03.90	ERIK NELSON	89
37.08	A LINDSTROM, A MAKI	93
	B GAY, J WENDT	
58.41	BRIAN GAY	93
01.08	JEREMY WENDT	93
28.02	A MAKI, B GAY	93
	J WENDT, A LINDSTROM	



Above: Coach Mark Carlson takes a moment to chat with the team during practice.

Far Left: "We do our best to set new records here at Forest Lake."

Left: Even during a rigorous practice the swim team still takes time to have fun.

Girls Swimming and Diving

Row 1: Brittany Mckenzie, Angela Englund, Andrea Watozit, Jamie Tomlin, Jenny Hawthorne, Andrea Marrier, Katie Olson, Britt Erickson, Christin Peterson. **Row 2:** Heidi Mathison, Michelle Kistrol, Nicole Rinehart, Alison Gay, Jasmine Tennis, Mia Erickson, Kari Tomlin, Dana Pearson, Bettsey Groshens. **Row 3:** Lisa Redman, Erica Augustine, Karen Doyscher, Christina Scaramuzzo, Christina Nutter, Chrisondra Benzler-aarsvold, Tara Blasko, Rachel Mitton, Jana Johnson, Kristin Miller. **Row 4:** Carrie Mathias, Amy Savord, Corey Mathison, Senta Schleder, Kim Horge, Mark Carlson, Rachel Huntosh, Elise Parker, Benjamin Westmoreland, Heidi Averbeck, Rebecca Huntosh.



Boys Swimming and Diving

Row 1: Andrew Hanson, Timothy Benjamin, Corey Mathison, Benjamin Westmoreland, Nathaniel McKenzie, Brian Gay. **Row 2:** Mark Carlson, Senta Schleder, Michel Arcand, Tom Savord, Dan Lindstrom, Alexander Lindstrom, Amy Savord, Rachel Huntosh. **Row 3:** Jesse Johnson, Brandon Pigman, Joe Morrison, Chris Yoch, Paul Spitzcka, Bryan Dunphey, Logan Mitton, Bryan Beck, Travis McKenzie, Mike Mueller.



Senta Schleder: "Being on a team has made me work for what I want to achieve, and it has also given me confidence in other things I do."

Elise Parker: "Participating on the swimming and diving team has strengthened my work ethic. You can't last through three to four hour 'Mark Carlson' practices without a lot of inner drive."



"Coach Mark Carlson is a great guy. It helps to have a coach who is young and can relate to us. As his workouts show, he is a very good coach."



"My co-captain position has put some responsibility on me to be a better person and pushed me harder to achieve more as an example."



Most memorable meet: "The home meet against Roseville. We've never beaten Roseville (that I know of) and we came two points away from a win. We didn't expect to come that close, but we did. We swam together as a team."

Cross Country Running



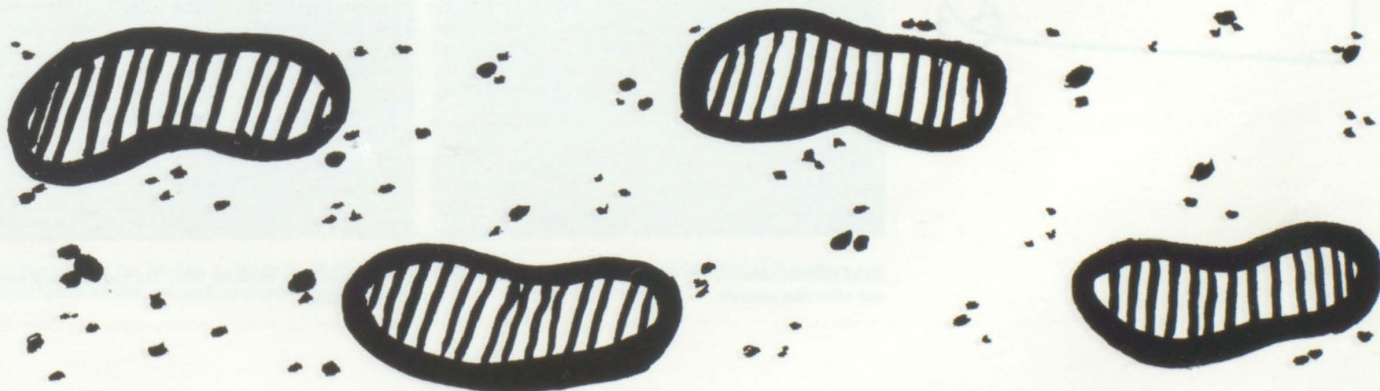
Row 1: Maiko Ohkatsu, Katie Milbrett, Jamie Mueller, Carrie Milbrett, Emma Berg, Holly Tellin. **Row 2:** Mitchel Anderson, Rebecca Karnes, Richelle Nelsen, Daniel Droz, Robert Treft, Lena Deiman, Jillene Spiess, Kristan Tomlin. **Row 3:** coach Ann Astrup, Eric Pierce, Nicholas Meyer, Eric Schmeckpeper, Jason Jury, Justin Rice, Timothy Smith, Ryan Lundin, Emil Enz, coach Paul Kendrick.



The boys compete in a race at one of their meets and try to finish with good standings.



The girls run hand in hand with Moundsview trying to come away with the victory at one of their away meets.



CROSS ➡

Give 100%!

"Commitment"-that would best describe the 1993 boys Cross Country season. Our team's motto was "Give 100% of what you have all the time." Each member of this year's team did just that. Our season of trials was filled with many extraordinary performances. Early in the season the Rangers showed their colors by placing third in the nations largest Cross Country meet in Princeton. They dropped to a disappointing third place finish at the Conference Meet. Only then we rebounded to a first ever section championship in 7AA. The Rangers were primed for the state meet. In a snow covered course in St. Olaf, the runners from Forest Lake made history once again. They spanned to a second place finish, the highest ever for a Forest Lake Cross Country team. Wow, what a year! My greatest thrill as a coach was watching ordinary young men do extraordinary feats. They believed in themselves and each other. Thanks for a great season guys! Coach Paul Kendrick

Centennial Scrimmage
Apollo Invit.
Cambridge Invit.
Pine City Invit.
Princeton Invit.
Elk River Invit.
St. Olaf College
TCSECM
Section 7AA Meet



"The season had a lot of ups and downs, but it ended on a very high note. We knew that our team had the talent to do well, but we never really expected to do as well as we did." Jason Jury



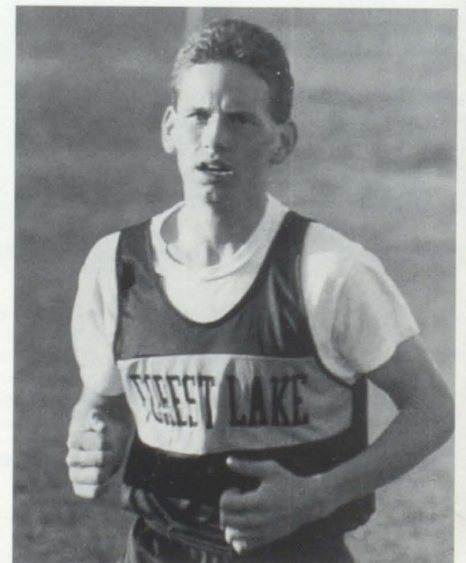
"During the warm up at State I didn't think we would have a chance to make it in the top three. We ended up finishing second, with three of us making All-State. Mark Reiling



The athletes receiving their well-deserved trophy and medals at awards ceremony.

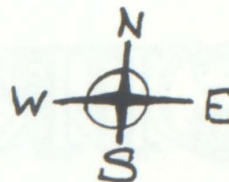


Ryan Lundin, Jason Jury, and Eric Schmeckpeper hang out after the awards.



Determination in his face, Mark Reiling makes a run for the finish line.

COUNTRY



Season Highlights



"Everyone had their ups and downs. We ended up fourth in region — I think everybody finished off the season well at that meet — it was a lot of fun. After being a captain, I learned how important it is to encourage my team members because they in turn will help me work harder. We have a very close team and it depends on everybody, not only the captain, to keep us that way. **Memorable Moment:** At a swimming practice all if us girls got in a circle and sang the traditional Cross Country song 'Yeah-man.'" Richelle Nelsen

The Rangers are looking to the future as five of this year's top seven runners were freshmen, sophomores, and juniors. Highlights of the season were a third place finish at the Cambridge Invitational and a second place finish at the Pine City Invitational. The girl's team finished fourth in the Twin Cities Suburban Conference Meet. Katie Milbrett made All-Conference honorable mention. In the Region 7AA meet, the girls also finished fourth. The Rangers lose four seniors to graduation—Emma Berg, captain Richelle Nelsen, Maiko Ohkatsu, and Jillene Spiess. The team will be led next year by captain Carrie Milbrett and letterwinners Lena Deiman, Katie Milbrett, Jamie Mueller, and Holly Tellin.

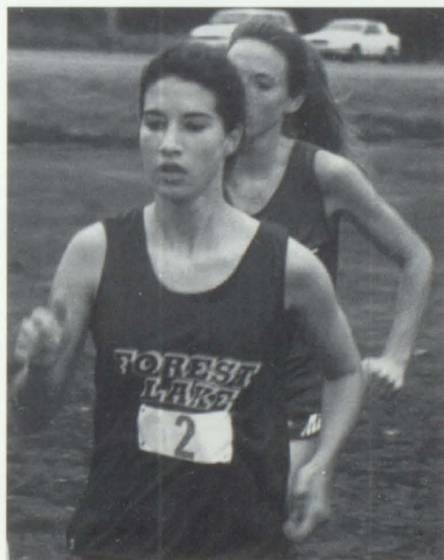


The Forest Lake girls concentrate hard on what lies ahead of them as they get ready for take-off.

Centennial Scrimmage
Apollo Invit.
Cambridge Invit.
Pine City Invit.
Princeton Invit.
Elk River Invit.
Blaine Invit.
TCSECM
Section 7AA Meet



Jillene Spiess runs her hardest to try to finish ahead of the other teams at this competitive moment of the race.



Katie Milbrett determined to pull ahead of the others as they strive for the finish line.

GIRLS SKIING

BE AGGRESSIVE

This year and last have been good years for the girls ski team. This year two new coaches were added to the coaching staff and several new skiers were added to the team. This along with their winning attitude and being prepared for races built up the girls into a solid, strong, and winning team.

Preparation involves inspecting the course, and mentally preparing yourself for the race. Preparation also involves skiing as much as possible and sharpening and waxing skis.

Some of the major goals set by the girls ski

team were to improve their skiing, and to keep a positive attitude. Their goals were reached when they worked hard, stuck together, and became number one in the conference. Altogether the team had a great building year and hope to do even better next year.



Andrea Neudauer, Sarah Klaus, Naomi Malek, and Kristan Tomlin take a break in the chalet after a hard day of skiing.

25	White Bear Lk	30
32	Moundview	23
	win Blaine forfeit	
34	Irondale	21
22	Chisago Lakes	33
46	Coon Rapids	9
45	Centennial	10
43	Stillwater	12
47	Champlin Pk	8
41	Anoka	14



Susan Leslie, the head coach of the girls ski team, feels this year was a good year because, each put forth hard work and got good results. When asked how the season went Leslie replied, "Great Season, I'm looking forward to next year- we will have a list of returning skiers." Leslie believes, having two headcoaches benefitted the entire team, both boys and girls teams. Each skier got consistent coaching.



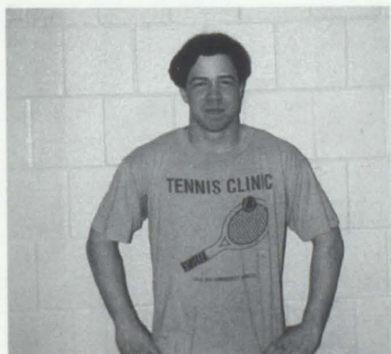
Amy Henry, captain of the girl's ski team, feels this year was a good building year for the team. The result of adding two new members to the coaching staff and not having seniors to be lost next year, she believes the team will do even better next year, Henry adds, "Ten new racers helped to form a solid girls team." Henry also feels, that she has learned responsibility by being the captain of the girls ski team.

BOYS SKIING

Ski Fast!



After a long day of skiing, Brian Murphy, Eric Knott, Jason Christensen, and John Hermes take a breather in the chalet.



The boy's ski team captain, Brian Murphy, feels this year was a good one for him because, "I finally took a first place and I only fell in one meet." When asked how he benefitted by being captain Murphy replied, "It made me think positively of the whole year, I tried to get people's spirits up and get them pumped."

24	White Bear Lk	31
37	Moundsview	18
44	Blaine	11
33	Irondale	22
27	Chisago Lakes	28
35	Coon Rapids	20
30	Centennial	25
49	Stillwater	6
35	Champlin Park	20
49	Anoka	6





Row one: Kristy Hammons, Rachel Mitton, coach Susan Leslie, asst. coach Staci Welch **Row two:** Amy Henry, Andrea Neudauer, Sarah Klaus, Naomi Malek, Kristan Tomlin



Brian Decker, John Hermes, Joshua Gabrick, Brian Murphy, Jason Christensen, Mark Lallier



BE YOUR BEST



The athletes train for six to eight weeks prior to competing at the local, area, and chapter level. During this time they focus on physical conditioning and their specific sports skill. The athletes really enjoy the competition events where they can put their hard work to use.... They are also motivated by the social aspect of being a member of a team, the comraderie and friendships that develop from training and competing. Just like any other athlete, they have to learn to work at practice and to keep going, that being an athlete is to challenge yourself both physically and mentally. To summarize, the goals and benefits for these athletes being on this team are no different than for any athlete on any other Forest Lake Senior High athletic team: they procrastinate, they need discipline, they fail and achieve, they like practice on some days and hate it on others. They are the same as any other teenage athlete. -Mary Guler



Above: Deanna Johnson, Jonathon Aadland, Daniel Hood, Kristina Fowler, Tina Knutson, Jesse Zecher

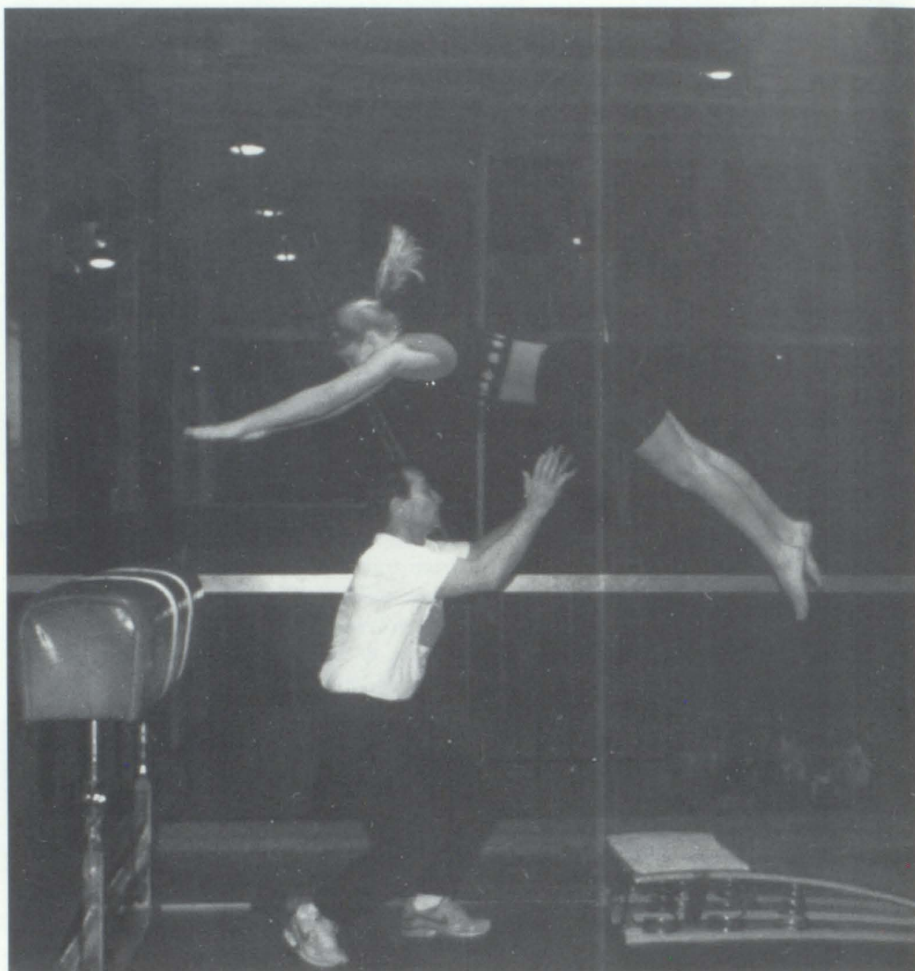
Left: Special Olympics team takes time for a picture before they hit the slopes.

G MNASTICS

Determination is the theme that clearly shows through in this year's gymnastic's team. The goals set for the season are reached only halfway through. The end of the season totals are set 124 for Junior Varsity and 137 for Varsity. The injuries this season only make the team come out stronger and striving for more. Personal Bests (PB's) are reached many times for the gymnasts. Coach David Blasko "would like to see more of the girls obtain PB's in their respective events, so that we are constantly challenging each athlete to improve themselves." The determination allowed only four loses of the regular season. Improvement of the individuals is incredible in all events but most of all in enthusiasm. There is a definite possibility for the returning talent and new faces of next year to be All-Conference and participate in the state tournament. Good Luck!

124.30	Park Cnt.	123
129.05	Centennial	128.5
130.30	Osseo	120.75
128.60	Ch. Lks.	128.90
132.10	N.Brnc.	104.90
131.40	Champ.Pk.	118.10
137.90	Irondale	121.20
135.50	Mds. View	146.5
131.25	Roseville	140.55
135.20	Cambridge	135.45
135.90	Stillwater	127.65
137.00	W. Bear Lk.	124.00

fifth place Elk River Inv.
third place Regions



Above: Up in the air, Monique Delong heads for the jumping horse, assisted by coach Thomas Hipkins.



Above: Angela Stich starts her routine with a traditional mount.



Above: Coach David Blasko smiles as he thinks of the teams success this 1994 season.

Below:Warming up before the meet, Kristin Miller straightens up her routine.



Below:Rebecca Huntosh gets into the swing of things during her routine on the uneven bars.



Gymnastics:Front Row:Megan Cooper, Rebecca Huntosh, Kristen Moore, and Rebecca Pogreba. **Row 2:**Jessica Hilger, Kristin Miller, Bobbie Jo Saxe, Jessica Sandstrom, Tami Powell, Cynthia Miles, Michelle Kisrow, Monique Delong, Jessica Johnson, Sara Moegle, Nora Greenwald, Raegan Johnson, and Lucy Lunzer. **Row 3:** Shana Miller, Kendra Rowher, Chandra Lockert, Amy Haraldson, Nicole Johnson, Summer St.Clair, Aimee Nelson, Angie Nelson, Nicole Palmer, Michelle Swenson, Dana Bender, Angela Stich, and Shannon Te-trault. **Row 4:**assistant coach Thomas Hipkins, **head coach** David Blasko, Tara Blasko, Lee Crouse, and **assistant coach** Tina Olsen.



Above:Megan Cooper ends her warm-up routine with a somersault off the bars.

Words of Peer Leaders



The captains agree 100% that the teams season is excellent. "New faces on the team gave us more depth as far as talent went."

Rebecca Huntosh.

"We have the talent and the skills, we just have to show them off."

Rebecca Pogreba.

"Pulling together and supporting each other helps the team a lot."

Kristen Moore.

Rebecca Pogreba agreed, adding,

"The captains do a great job keeping the teams enthusiasm together by hosting spaghetti dinners, organizing get togethers before meets and 'team talks'." Being a captain is a hard job, you must stress the importance of practicing to the team.

"At the beginnig, the gymnasts didn't seem to like me telling them to keep working, but after a month they understood how important it was and I didn't need to harp on them as much. I really believe in respecting each other for who they are not what they do."

Megan Cooper.



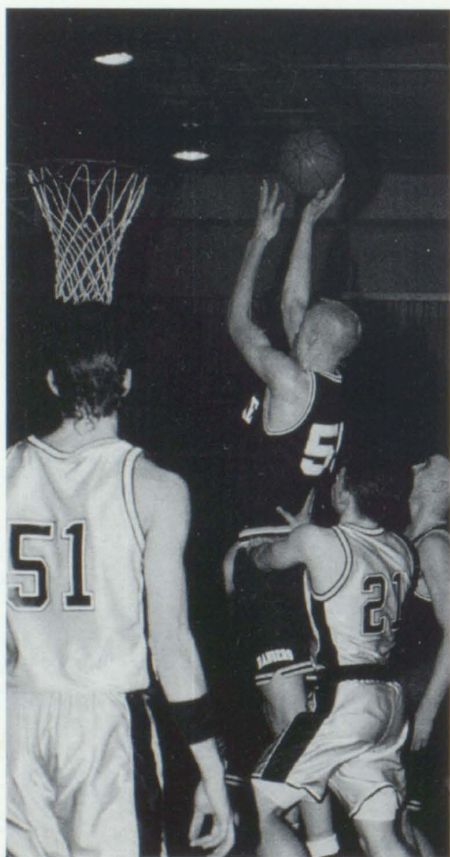
BOYS BASKETBALL



On the Road to Victory

This year's varsity basketball team, three quarters of the way through the season, posts a 14-1 record while being ranked 5th in state and undefeated in the conference. Whether it is Wilborn swishin' threes or Nelson slam dunking, the ball always seems to bounce the Ranger's way. The team seems determined to go to state. They always manage to score enough points in the fourth quarter to come out victorious when the buzzer sounds. They will, however, have a tough remaining schedule playing at

Mounds View, who they defeated by a point, away at Anoka, and home against Stillwater. Not to mention playing Roseville, Irondale, and White Bear Lake. The Rangers pull out close victories over some of the better teams in the state. Defense, emphasized by Coach Gunder-son, and clutch three-point shots seemed to be the key to victory. Judging the team's season so far, it can be said, "Offense wins games, but defense wins championships." That in itself is what puts the Rangers on the road to victory.

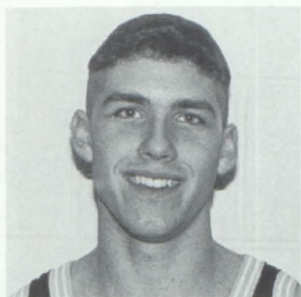


Top: Carl Dirks goes up for a reverse lay-up in practice.
Above: Jerome Nelson has an open lane to the basket and makes a key bucket to help the Rangers to victory.

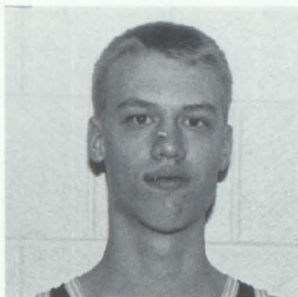


Above: Ranger free throws were the key to victory in many of their close games.

Captain Quotes



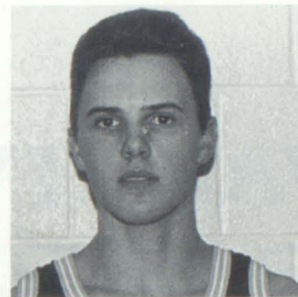
Aaron Wilborn—"This season hasn't been too smooth. We haven't played to the best of our ability. I think we'll get to the state tournament."



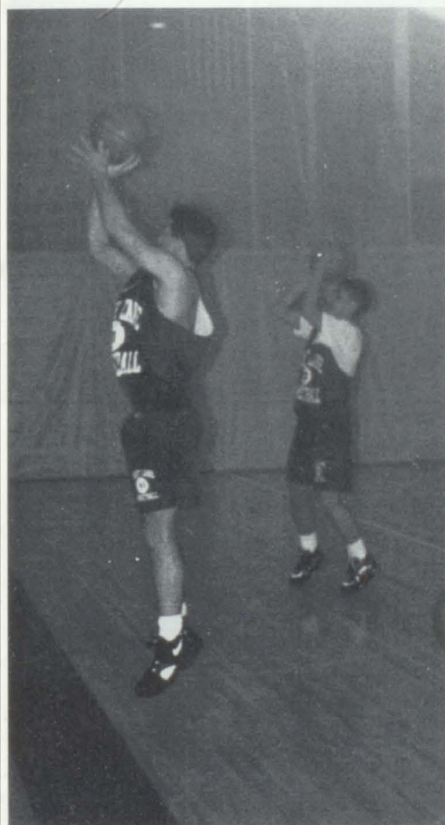
Jerome Nelson—"Right now, we're doing good. We could be playing better. I think we'll make it to state."



Joshua Murphy—"So far we are having a good season. We've had some tough losses that shouldn't have happened. I think we'll win the rest of our games from here on out."



Carl Dirks—"I agree with Murphy."

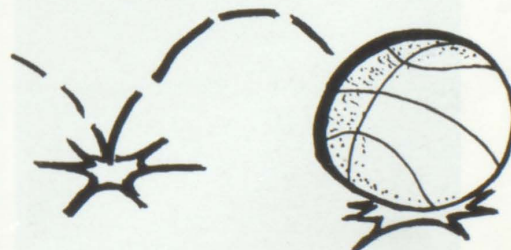
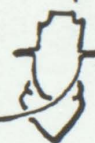


Above: Nicholas Altavilla shows great form on his jumpshot.



Above: Ryan Poepard rejects a jumpshot by the Rebels number 55.

76	Cambridge	50
70	North Branch	43
59	Blaine	43
77	Chisago Lakes	52
96	Waseca	79
69	Rochester Mayo	57
58	St. Francis	61
51	Mounds View	50
50	Hill Murray	35
57	Roseville	50
77	White Bear Lake	62
57	Irondale	41
66	Park Center	62
68	Stillwater	47
71	Champlin Park	67



Row 1: Benjamin Heimerl, Benjamin Huerth, Joseph Schingen, Carl Dirks, Eric Kottke, Aaron Wilborn, James Keller, Nicholas Altavilla, Joshua Hoffman. **Row 2:** Coach: Donald Thompson, Troy Shoberg, Joshua Murphy, Todd Poepard, Matthew Jay, Jerome Nelson, Adam Haayer, Ryan Poepard, Coach: Charles Gunderson, Coach: James Herman.

Row 1: Geoffrey Primeau, Brent Johnson, David Espellen, Michael O'Malley, Brett Lacasse, Dustin Becher, Scott McCowan, Adam Gallatin. **Row 2:** Manager: Jeffrey Beimert, Mark Oswald, Gabriel Gibson, Joseph Almquist, Benjamin Nelson, Jason Houfer, Thomas Holland, Jared Kolbow, Coach: Donald Thompson.



Above: The guys prove that practice makes perfect.



Above: #32 Todd Poepard tears down a rebound over all five Stillwater players.



While the audience anxiously awaits, senior Danielle Daninger shoots a free throw in the game against Moundsview.

VARSITY AND JV

Row 1: Sandra Lametti, Rebecca Karnes, Jilline Wurdemann, Nicole Peltier. **Row 2:** Christine Bohnen, Angela Granquist, Lara Bjorklund, Carol Waldoch, Valerie Isaacs. **Row 3:** Assistant coach Kim McDonald, Christina Deeb, Julie Brodeur, Nicolle Herbert, Danielle Daninger, Darlene Sassor, Andrea Fischer, Assistant coach Bradley Ward, coach Jill Becken.

B-SQUAD

Row 1: Ann Sanford, Erica Gatzow, Kris Hughes, Tara Kennedy. **Row 2:** Sarah Anderson, Amber Bagus, Kelly Zochim, Noelle Maki. **Row 3:** Coach Kim McDonald, Angela McKenzie, Andrea Reitter, Danielle Lee, Lara Bjorklund.



Sophomore Angela Granquist get ready for the pass in the game against Moundsview.

BASKETBALL

SHOOT PASS OR SLAM

This year's girls varsity basketball team is coached by Jill Becken and led by captains Nicolle Hebert and Danielle Daninger. The team consists of 15 players, but two are injured. B-squad is coached by Bradley Ward with 11 players. "Recordwise, this

year's team isn't doing well. They seem to be having a rough year due to lack of game experience and injuries," says Mr. Ward. "We will have seen some improvements and expect to finish the year strong. We wish to improve on our consistency so we play a

good game throughout the entire length." All of the members have a strong work ethic and are always ready to work hard. For this reason they are optimistic about finishing.

39	St. Francis	72
61	Totino Grace	44
66	Mpls Roosevelt	63
38	Stillwater	55
37	Chisago Lakes	42
40	Little Falls	72
25	Monticello	61
53	Princeton	40
34	Mounds View	71
51	Hill Murray	67
29	Roseville	55
24	White Bear	49
60	Irondale	67
37	Anoka	61



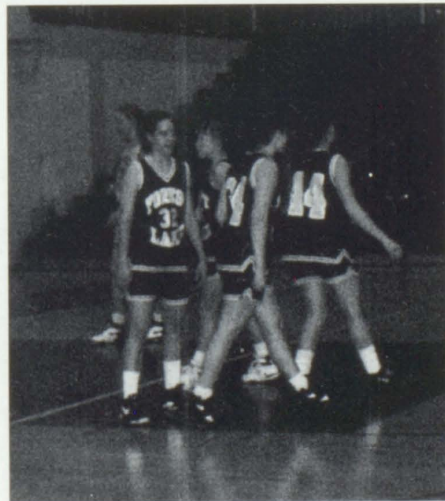
Top: The girls are practicing hard to achieve their goals.
Above: Lara Bjorklund getting ready to inbound the ball.



Left:Nicolle Hebert lending a hand to Lara Bjorklund.
Below:Danielle Daninger hustling down the court.



Top:The Rangers go up for a wide open lay-up.
Above:Julie Brodeur, is under pressure while shooting.

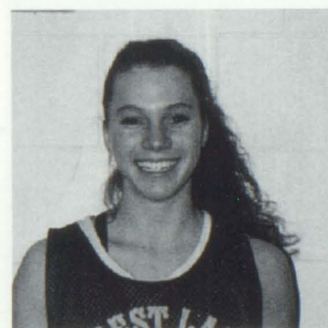


Above:The Rangers take a time out to think of a new strategy.

Captains' Corner



"As a captain, I try hard to set a good example by working hard and being a leader. The team has a lot of talent. Our record doesn't show this. We are improving and that is what matters. My responsibility is myself. I am responsible to work hard and be a leader for the team. When I am playing, I promise myself I will work hard for them. I feel it is my responsibility to play my specific role for the team. They do the same for me."-Nicolle Hebert



"I hope my role as a captain has had a positive effect on my team. I hope I've been a good leader and role model on and off the basketball court. Our team is struggling a little this year. We started the season out with hardly any experience and no height.

As a co-captain, the most important responsibilities I have are being there for my teammates and friends whenever they have any sort of problem and encouraging everyone so they will play with confidence. These are things I have always been used to doing. Everyone on our team is very close and everyone pushes each other to the limit, but there's a certain amount that comes from yourself."-Danielle Daninger.

HOCKEY

FOCUS Is Key Word For Hockey Team

After a quick 2-0 start, the Ranger Hockey team has fallen to a record of 5-10-1. However, the team still keeps high hopes going into Region play-offs. The Forest Lake Varsity is coached by Daniel Forsythe, assisted by Kenneth Mikolajczyk, and Craig Cullen. Forsythe stated, "The season is going well and the guys are getting better and working hard. They are doing a lot better than in the beginning of the season." The team is led by captains Joey Tuccitto and Shawn

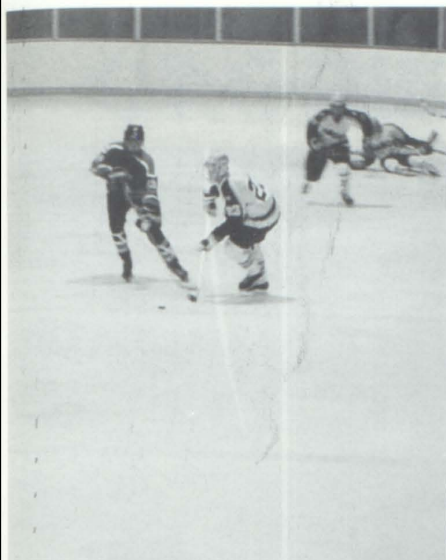
Prestegaard. Returning letter winners are: Brandon Petrowske, Kristopher Pierre, Brian Samec, Jay Halbrehder, and David Haider. In the net this year for Forest Lake is junior David Rychley. Rychley has been doing a superb job for the Rangers. At this year's Centennial Holiday Classic Tournament, Forest Lake placed second to ranked Mahtomedi. In earlier tournament action, the Rangers defeated Armstrong in a shoot-out victory. They continued their

winning streak over North St. Paul, 4-3 placing Forest Lake in the championship game. The Zephers defeated the Rangers 4-1. Shawn Prestegaard and David Haider were named to the all-tournament team. As far as play-offs go, Forsythe replied, "I hope to see the team go in feeling a sense of accomplishment and hopes for an upset." *All statistics are as of 1-27-94.

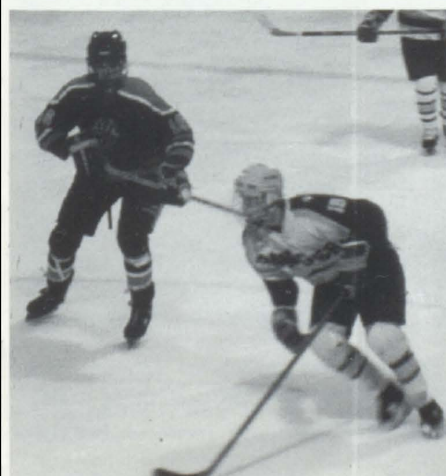
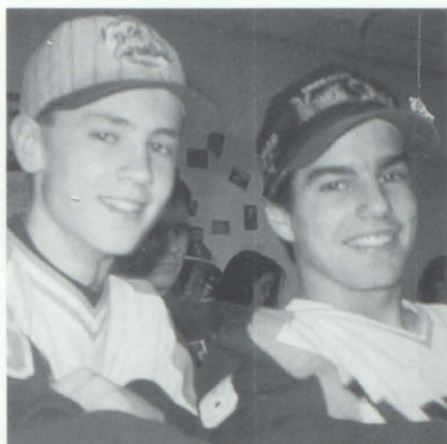
FL	GAME	OPPONENT
4	Tartan	2
3	Mpls South	1
1	Anoka	13
1	Blaine	2
0	Osseo	6
6	Cent.	4
5	Armstrong	4
4	N.St. Paul	3
1	Mahtomedi	4
1	Roseville	8
1	W.B.L.	9
1	Stillwater	7
1	H.M.	8
3	Irondale	6
3	M.V.	3
4	Champlain	5



Above: Forest Lake celebrates after scoring a goal.



Left: Kristopher Pierre skates for the puck.
Below: Nathan Wolff and Matthew Tuccitto show their excitement before the big game.



Top: Captain Joey Tuccitto is ready to play.
Above: Brandon Petrowske waits for the assist.

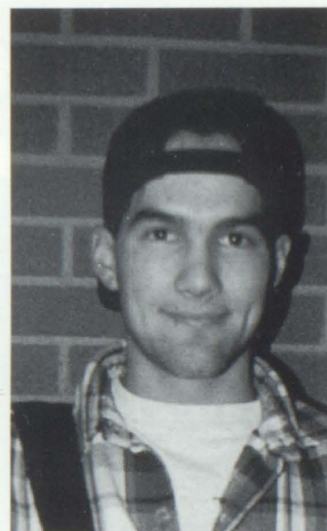


Top: Captain Shawn Prestegaard breaks away in hopes for a goal.

Captains quote on team goals:



Shawn Prestegaard, "Win half of our conference games, but mainly have fun."



Joey Tuccitto, "Play and work hard, and win the first region title ever for Forest Lake."

RANGER SKATERS



Varsity: Row 1: Darlene Zemke, Lisa Greene, Carroll Tatge, Jennifer Kretman-toepper, Rheanna Orde. **Row 2:** Paul Wagner, Nathan Wolff, Lucas Ogary, Scott Hutchinson, David Haas, David Haider. **Row 3:** Coach: Daniel Forsythe, Manager: Kasey Kindle, Matthew Tuccitto, Jay Halbrehder, Sean Joyce, Peter Nielsen, Shane Spears, Kevin Johnson, Joshua Reuter, Brandon Petrowske, Kristopher Pierre, Shawn Prestegaard, Shawn Kline, Coach: Kenneth Mikolajczyk, Coach: Craig Cullen.



JV: Row 1: Nicole Baber, Amanda Jorgensen, Sarah Mogielnicki, Christin Peterson, Britt Erickson. **Row 2:** Nicholas Johnsen, Rob Hammond, Bobby Pierre, Ryan Schwintek, Michael Verness, James Ackerley, Casey Lang, Shawn Kline. **Row 3:** Coach: Craig Cullen, David Haas, Nathan Wolff, Ryan Stark, Peter Nielsen, Kevin Johnson, John Halvarson, Coach: Anthony Hoops.

CROSS COUNTRY SKIING



Row 1: Katie Milbrett, Jennifer Hosfield. **Row 2:** Maria Jordskogen, Carrie Mathias, Katie Wallin, Justina Cross, Rebecca Cordes, Carrie Milbrett, Christie Bachelor. **Row 3:** Eva Brockman, coach Kevin Brockman, Heather Westmoreland, Jamie Mueller, Michelle Hosfield, Kristine Lutz, Alissa Bergman, coach Marta Wilson-Brockman.



Row 1: Robert Parke, Kristopher Peterson, Anthony Brand. **Row 2:** Eddy Bellmore, Dustin Kasper, Matthew Machman, Andrew Sobiech, Andrew Elvester, Ben Mullin. **Row 3:** Eva Brockman, Coach Kevin Brockman, Robert Treft, Gregory Berry, Mark Reiling, Nicholas Elvester, Eric Schmeckpeper, Nicholas Myhre, Brett Wenzel, Coach Marta Wilson-Brockman.

Boys Girls

33W 33W	White Bear
19L 10L	Stillwater
2nd 5th	Harding Invit.
49W 40W	Mounds Park
48L 40L	Mounds View
48W 40W	Blaine
2nd 2nd	Conf. Relays
4th 5th	Conf. Relays
7th 7th	Regions-Indiv.
1st 4th	Regions-Relay



Cross Country Skiing is a new addition to the athletic programs offered at Forest Lake High School. Cross Country Skiing has been around for many years, but at Forest Lake only since 1992. Cross Country Skiing is no wimpy sport. It takes endurance, time, concentration, and great physical mobility. These students have to discipline themselves and stick together during competition and practice when they battle the winds, snow, and below zero temperatures. The team did very well this year with Andrew Elvester (third), Anthony Brand (sixth), Maria Jordskogen (first), and Jamie Mueller (eighth) winning All-Conference honors, along with great achievements. Many coaches said that it takes four years of coaching and training to send someone to a state meet. They made it in two. With this sport becoming more well known in this area, more people are going to the meets and seeing for themselves how exciting Cross Country Skiing is.

WRESTLING

"Strive to Win"

Many fine wrestlers have come out of Forest Lake. Not only have they proven themselves on the mat, but it has been shown many times that they are better individuals because they have wrestled. Many times it may seem that all we as coaches are interested in is winning, but really, we believe a wrestling program should not just make champion wrestlers, but should help a boy grow to be a better man, capable of living with trust, honesty, good judgement,

compassion, perseverance, and health.

The coaching staff at Forest Lake consists of Robert Dettmer, head varsity coach at the high school, and assistant coaches, Mark Smith and Paul Nelson. On the staff at Central Junior High: Jeff Johnson and assistant Tom Carney. At Southwest Junior High: Jeff Henry and assistant Bruce Thompson.

Our 1993-1994 wrestling team will be made up of many young wrestlers as well as

many seasoned experienced wrestlers. This is a very talented group and it is expected they will be very competitive in every dual meet and tournament and as the season progresses, they will gain valuable experience and will develop a winning attitude and team spirit. This could easily be another championship caliber wrestling team.

Information from Wrestlers Guide Book

Forest Lake Inv.	-1st Place
Osseo	29-36
St. Francis Inv.	-2nd Place
MN State Inv.	-7th Place
Grand Rapids	15-47
Champ. Pk.	35-19
Apple Valley	23-36
Simley	21-40
Irondale	57-9
Paynesville Inv.	-7th Place
Moundsview	48-16
Roseville	46-25
Tartan	45-16
Anoka	19-39
Hibbing	38-24



Top Right: As a tradition, the new 1993-1994 Wrestling Poster.

Above: Wrestling captain, Troy Marr walks off the mat after his defeat with his opponent.

Above Middle: A look at the line of varsity cheerleaders as they prepare for their next cheer for the wrestlers.

Middle Right: Before every big match the Rangers give a little warm-up show.

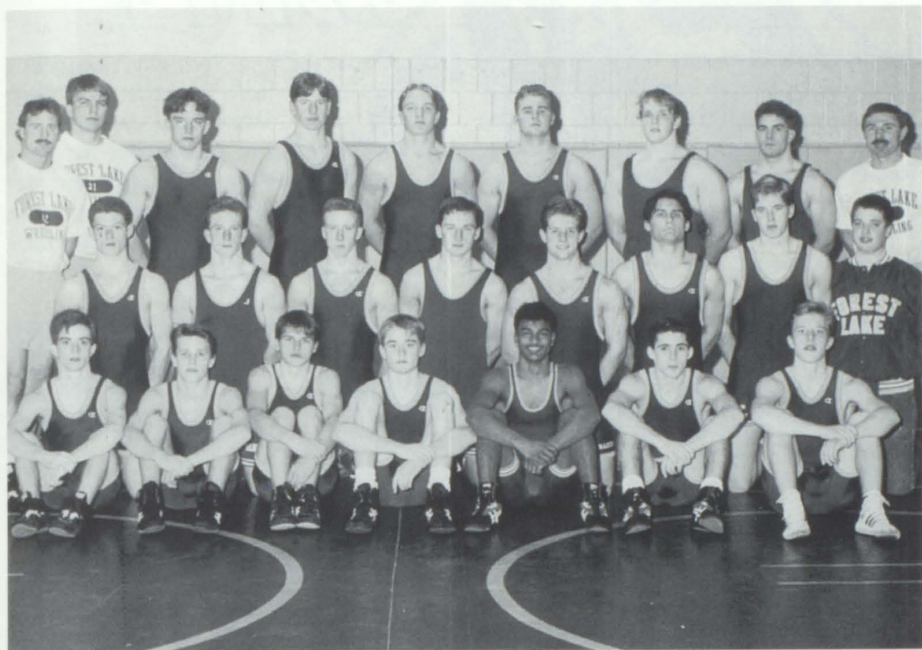
Right: Tanner Shipman shows all he's learned and using it against Tartan High School.



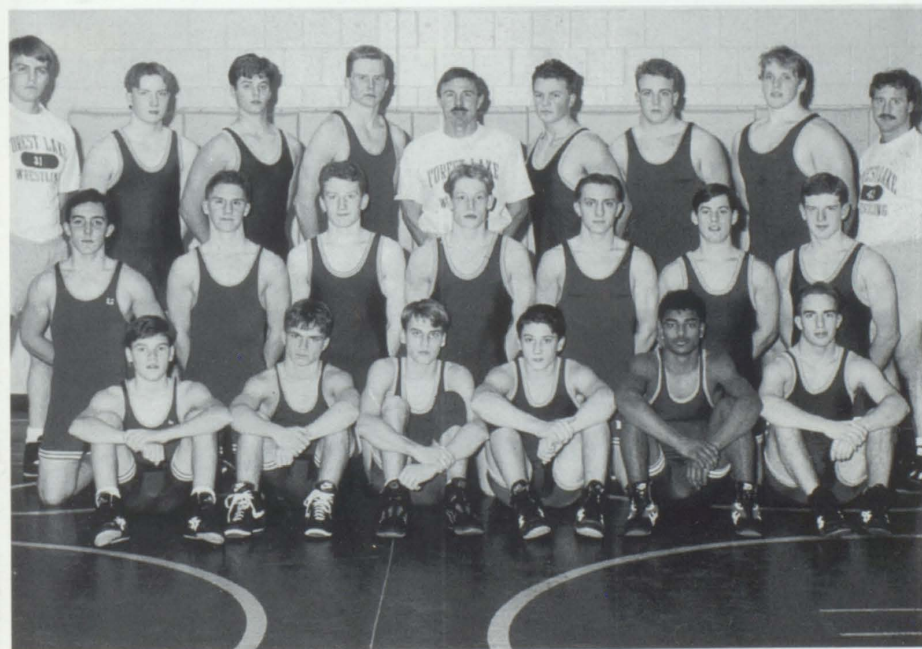


Far Left: Taking time out for a little pose are the wrestling statisticians: Cheri Santanni, Kristina Anderson, Jennifer Mueller, Melissa Johnson, and Monique Palme.

Right: A quick look at Troy Organ after his competition against Tartan High School.



Row 1: Timothy Tippel, Mitch Marr, Rodney Dick, Cody Schulz, David Pekarek, Jay Hebeisen, Michael Fee. **Row 2:** Assistant coach Mark Smith, Joseph Kunshier, James Neeser, Jared Hahn, Russell Lane, Troy Marr, Steven Crosariol, Berent Larson, Jeffrey Biedler. **Row 3:** Assistant coach Paul Nelson, Troy Organ, William Lathrop, Christopher Steffens, Cory Schulz, Michael Shomion, Trenton Eckdahl, coach Robert Dettmer.



Row 1: Timothy Miller, Timothy McGeary, Joel Nelson, Dexter Gillette, David Pekarek, Chad Morley. **Row 2:** Gregory Parranto, Jeffrey Walters, Travis Dettmer, Jonas Bakken, Adam Spiess, Mark Kolsalzek, Christopher Goebel. **Row 3:** Assistant coach Paul Nelson, Thomas Jensen, Jeremy Hursh, Adam Johnson, coach Robert Dettmer, Peter Johnson, Joseph Nieman, Michael Shomion, Assistant coach Mark Smith.

Captains



Troy Marr: "We have a really young team this year, but with a little more experience, I think this year's team could do rather well."



Michael Fee: "Since we have such a young team this year, inconsistency has been one of our main problems but we continue to improve from week to week."



Troy Organ: "In a sport like wrestling you can only go as far as you strive to go. I think this year's team has done rather well, but with a lot of hard work this team could have a lot of potential for the oncoming years."

Coaches Comments:

"It's been a fun and exciting year. We've wrestled the top teams in the state and in some of the toughest tournaments including the 34 team multi state, Minnesota State Christmas Tournament.

We have a relatively young team with only three to four seniors who start on the varsity.

Our senior leadership has been supplied by three captains: Troy Marr, Michael Fee, and Troy Organ. They have carried on the tradition of dedicated team leadership.

Our fan support has been super, making our matches even more exciting."

Robert Dettmer

DANCELINE

5...

6...

7...

8...

DANCE

It might look easy, but it's not! Danceline takes a lot of dedication and patience. With many new ideas and complicated routines, danceline works their hardest to grow in ability and skill. Although the season started out rough, things quickly smoothed out. Linda Swanson was hired to take on the role of advisor this year. Danceline has been

practicing together very hard since August to try to perfect the new dances they perform at sports events. The main choreographer of the dances performed this year, former student Hollie Devriendt, set aside a lot of her free time to teach the team her dances. The whole team put their hearts into the performances and provided entertain-

ment for the fans. They didn't consider it a task, they have the spirit to support their school teams. The danceline not only performs at games, but they also attend competitions to represent our school. Through that experience, they gain new ideas to bring home with them for future performances.



Captains: Lee Vang, Michelle Workman, and Jennifer Nelson

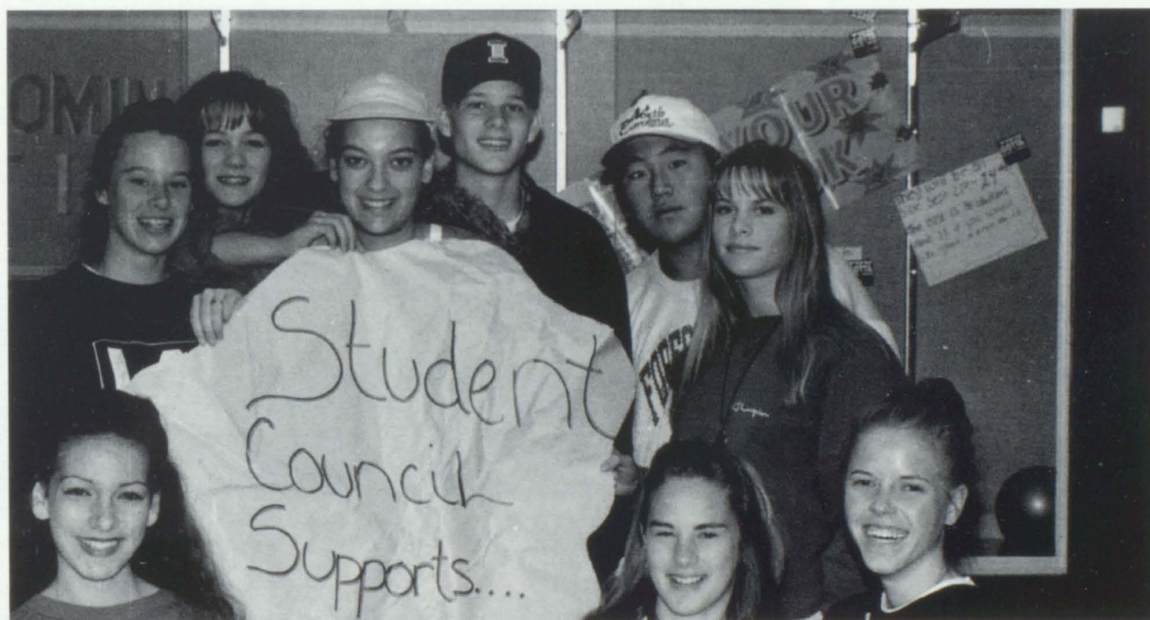
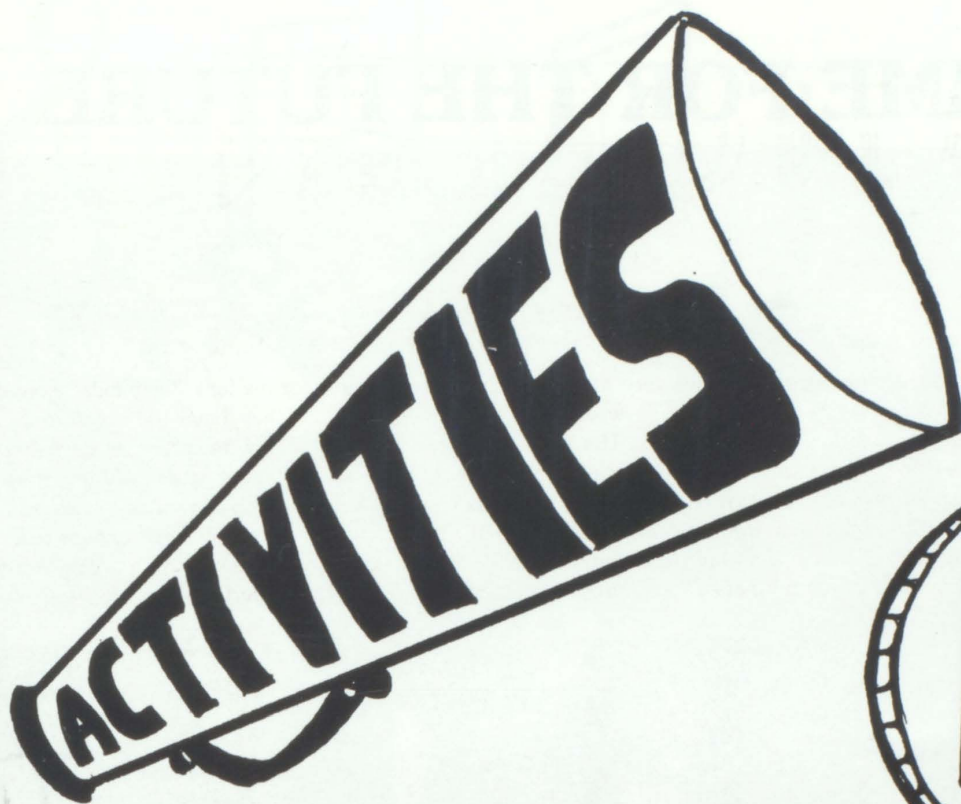
"Because the majority of the line was new people, we have had to work very hard to pull together as a team. It's been a tough year, but the team has come a long way. We love to dance, we love to perform; that's why we do what we do!"



Row 1: Tara George, Jessica Hilger, Miranda Stark, Tracy Sieben, Ericka Kempe. **Row 2:** Christina Ogorman, Alissa Hennessey, Jennifer Nelson, Jenna Guenther, Kelly Spears, Katrin Olson, Michelle Workman, Jill Vejtruba, Rheanna Orde. **Row 3:** Kirsten Porter, Julie Gabrielson, Heather Schabert, Jennie Olson, Karissa Kunkel, Lee Vang, Kimberly Sogge, Melanie Moen, Melanie Sofie, Pascha Johnson.



Above: Miranda Stark, Jennifer Nelson, and Jessica Hilger demonstrate their high kicks to show how they are supposed to look for the performances.



Student Council members show their support.

IT'S TIME FOR THE FUTURE



Old and new members of the FFA, share in the festivities of the homecoming parade. Their float went on to first place to complete a six year winning streak for the FFA.



Rebecca Helke poses for a picture with a young admirer at the FFA Open House Petting Zoo.



Debra Peter, Catherine Miron, and Anne O'Hara take time out for a quick picture at the Lee Greenwood concert in Kansas City, Missouri.

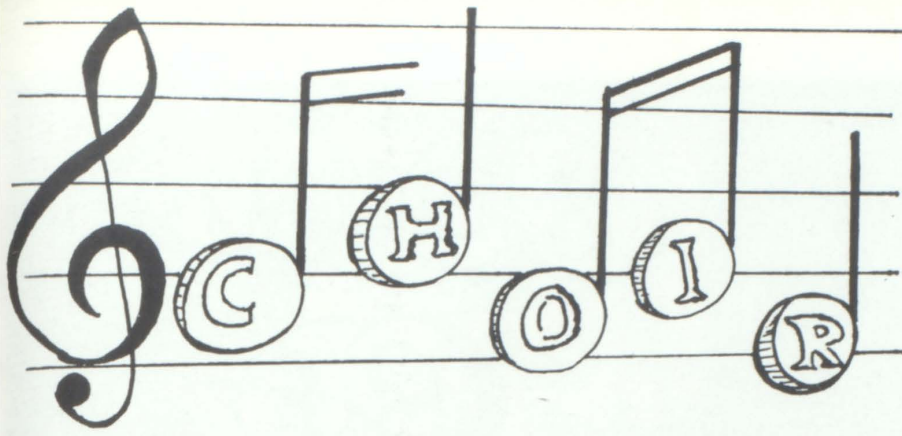
The FFA and Agriculture Department of Forest Lake has been built on a strong foundation of tradition, nevertheless, FFA is interested in new, fun, and exciting challenges. If you have ever been in the agriculture rooms then you know that things aren't much different than they are in any other classroom in the building. New classes and changes happen every year. This year, there has been an uproar of new curriculum that has sent classes soaring. There are over five hundred students enrolled in agriculture and leadership related classes every year, and the numbers are on the increase. And what are these classes, you ask? There are so many more classes than you may realize.

Classes have been incorporated with leadership and hobby interests to attract a more wild array of students. For the outdoor person there are Natural Resources and Environmental classes available. For those who would like to learn leadership skills or who want to have a part in the business aspect of life, then Youth Leadership and Entrepreneurship courses are the ones for you. Other classes available are Floral Design, Horticulture, Horses and Horsemanship, and Animal Science classes, among many others.

Mr. Robert Marzolf, one of the teachers in the Agriculture Department said about his graduating students that he hopes that, "When they leave here, I'd like to

believe that they had learned to problem solve and that they are open to new ideas and techniques that enable them to make good decisions. If they have accomplished this, then that's why I'm here. I'd like to hope that they've gotten an exposure and experience into real agriculture careers and activities. I hope I have at least given them that, because that's what they'll need in the real world."

This year, especially, there is a new emphasis and electricity around the Agriculture Department; everyone wants to do more, be more, and give more. This is a part of the long standing fifty-five year tradition of the FFA, and the only thing that hasn't changed.



Noted Perfection



Show Choir: Row 1: Rheanna Orde, Tina Klemenko, Julia Bechtold, Tara Splinter, Stephanie White, Danielle Tetrault. Row 2: Carey Laforte, Angela Myers, Tea Kurucz-Manick, Tracey Sieben, Angelica Schally, Amy Hout, Jennifer Linnerooth. Row 3: Sarah Mogielnicki, Sara Grundhoefer, Michelle Swenson, Angela Weitemier, Shelly Ekval, Kelly Spears, Jennifer Mueller.



Therese Hegler and Alison Bergstrom, singing their hearts out during choir warm ups.



The Diplomats, Joshua Jabas, Matthew Anderson, Donald Berry, and Ryan Scott, singing at last year's Variety Show.

"We may not achieve perfection, but, that doesn't mean we don't strive for it." This is Mr. Jim Lindstrom's personal motto and also his class motto. Mr. Lindstrom is the head of the Choral Department and the only expert in his field at the high school. His job is a rewarding one, especially when you consider that he is teaching his students a life-long skill. "Everyday I hear the mistakes that my students make and that doesn't disappoint me, because it only means that they have to work harder to get it right the next time, and I demand that," says Mr. Lindstrom.

There have been many changes in the Choral Department this last year. There have been two newly added choirs, the Treble Choir and the Show Choir. Show Choir is a sing and dance class where students choose their own music to sing and dance to, and the end product is all their own. The Treble Choir, is a chorus of female soprano and alto voices.

Mr. Lindstrom asks of his students to, "Do the best they can do, to be the best they can be." His students are all exposed to multicultural musical formats and expressions. He hopes that even if they don't like the music, they have achieved a tolerance and appreciation of all of cultural music. "I hope that my graduating students have not only developed an appreciation for choral music in an academic process, but, also on a personal and intricate scale that they would like to continue with during their lifetime," says Mr. Lindstrom.

Mr. Lindstrom has led his choirs through 25 years of productive and successful choral vocalization. Now, that is one change I am sure glad that has never taken place. Mr. Lindstrom, congratulations on your 25th year of teaching.



The duo team Ms. Seibert and Mr. Hahn, show their pride.

SOUND OF BAND

Lisa Anderson



Steven McCullough jams on the drums in jazz band.



Above: The newly formed Jazz Band ensemble gathers together for their yearbook debut photo.



Above: Brenda Malivig playing her flute during band for woodwinds sectionals.



Above: Ms. Seibert improvising to the 12 Bar Blues during Jazz Band.



Above: John Glaim tootin' his horn during 7th hour varsity band.

The duo team, Mr. Hahn and Ms. Seibert have been busier than ever with this year's newly formed band program. This year, the FLHS has their first ever class scheduled Jazz Band program. They've been busier than ever with various projects, such as going to different jazz festivals and concerts,

visitor instructors, and learning the ever hard perfection of improvising. Ms. Seibert is very pleased with the progress and hopes that each new year brings more success. Also due to the huge number of incoming sophomores, this year they are now having two sophomore varsity bands just to meet

the demand. As for now, the band will continue striving to do their best and perhaps get ready for a summer trip. Hopefully with all of this new positive change, the FLHS band program can expand even more in the future.

F O R E S T

Breeze

Forest Lake Senior High School

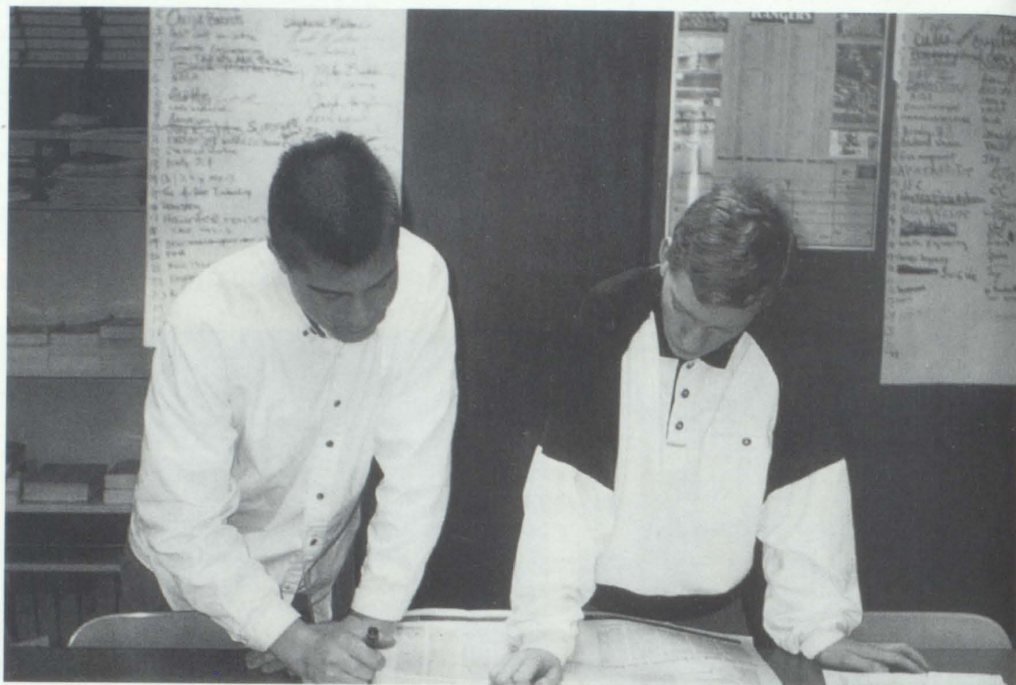
Hear-ye Hear-ye

**New Breeze
+
New Leader
=
New Success**

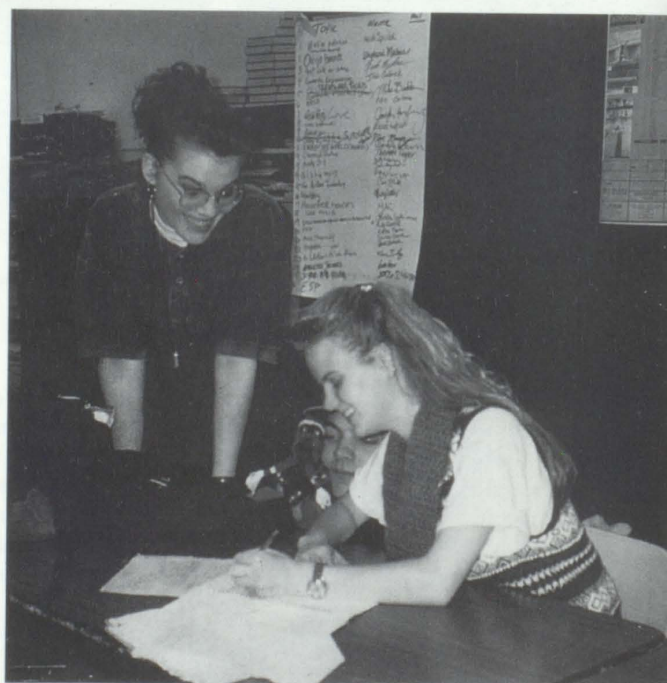
After many years of dedication with The Breeze, Bill Somrock handed over the torch to Jerry Grant. This year's staff is trying to be more open to new changes, resulting in a lot of renewed attention to the Breeze. Some of the new changes are strong opinions being heard, more variety in stories, and basically a whole new set up.

Even though the Breezers are sometimes pulling out their own hair and other peoples' hair over deadlines, layouts, re-writing of cartoons, and getting the right pictures all of the hard work and dedication really pays off.

Congratulations to Mr. Grant for doing such a great job his first year, hopefully he will have more succesful years to come.



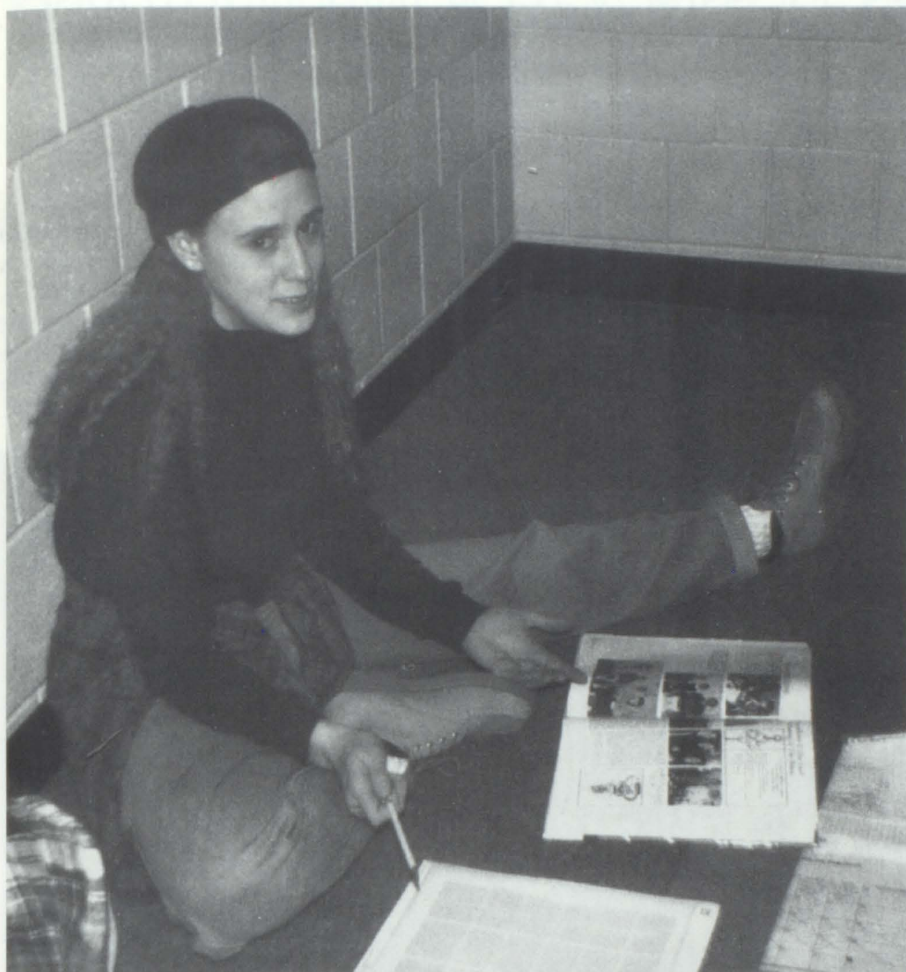
Above: Jerry Grant takes a breather from teaching.



Top: Editors, Nickolas Doty-Rehbine and Gabriel Zumwalde, going over the next layout.

Above: Cindy Gierke, Thomas Rehbein, and Amy Voedisch are giving each other their input for the story.

Forester



Dedication, patience, hard work, creativity, responsibility, understanding, and a great attitude all go into making a great yearbook staff member and a yearbook. This year's staff worked hard together to create the kind of yearbook the student body asked for. Not one of the staff members joined because they had to. They joined because they love the challenge and want a change. Students coming out of the seventh hour yearbook class have experience with layouts, computers, interviews, article writing, and business. To each member the yearbook means something special.

A action, anxiety, and activities

N nervousness, noise, and names

N nobility, nostalgia, and news

U unified, unusual, and unbelievable

A abnormal, ability, and after hours

L leadership, learnable, and Law(Mrs.)



Top:Gayl Jackson searching for new ideas. **Above:**Mrs. Law assisting Tina Anderson, Crystal Huberty, Melissa McFarling and Amy Grzybowski at yearbook camp.



Above:Rebecca Bunn and Cynthia Lillemo check names on file for the yearbook.

World LANGUAGE

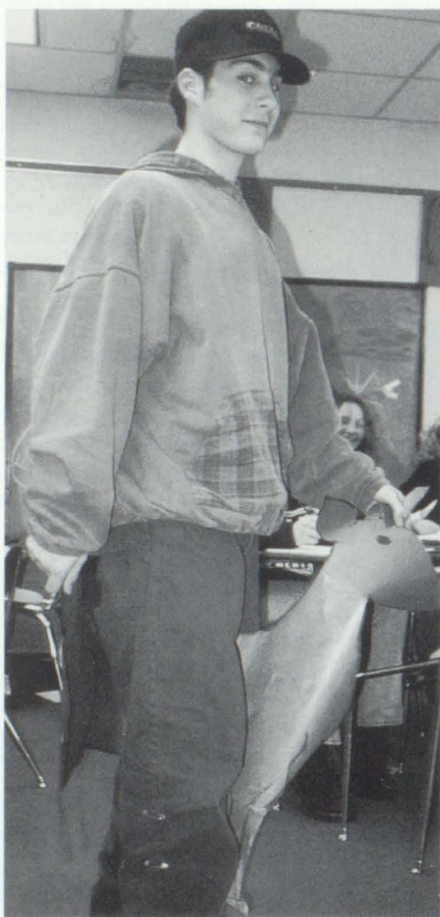
Students are drawn to World Language because they feel that in today's high-tech world it is more important than ever to have a second language in order to stay competitive.

Some colleges do require two years of foreign language to get accepted at their

school. Students realize this and sign up to take a language.

Also, if you're thinking of being a flight attendant, travel agent, or are going to work in an area dealing with foreign speaking people, a foreign language is an added incentive.

Once students join a language they find other purposes for joining. They might find it fun, interesting, and enjoy learning something new and different. They also might find that fun activities having to do with the culture and their certain customs are an added learning experience.

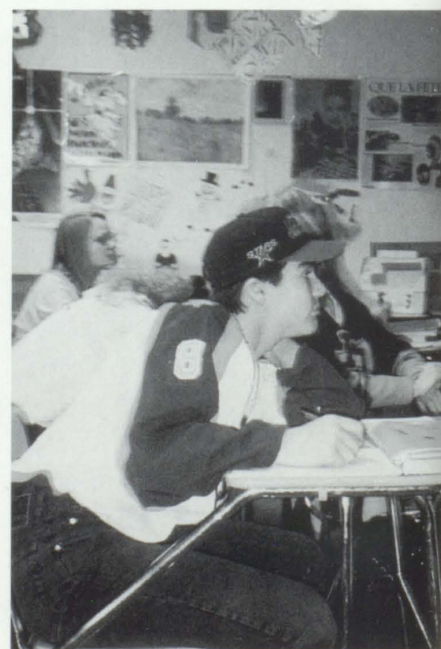


Above: Shawn Kislenger getting caught up in the spirit of Christmas by posing with a reindeer in German class.

Above Right: "Hola Senor!" Matthew Jay, Russell Reetz, Matthew Geiger, Benjamin Nelson, Jacob Randall, Reginald Proulx, and Aron Haines.

Right: Sabine Hahn, the German foreign exchange student, hard at work.

Far Right: Matthew Tuccitto concentrating hard in French class.



Student Council

What is student council? Who are they? What do they do for you? the school? the community?

Many people may think that student council is there to organize the dances and mostly just the school activities. They do a great job arranging social activities, but there is much

more to a student council member than some people realize.

This year's student council would like to change their name. Not only that, but how some people look at them. A few people look at student council members as a group of people who organize homecoming, put on

dances, and are there to get out of class.

As Jessica Warning, the president of student council, was interviewed, she shared that they are a group of people who care a lot for their school, community and the people in it.



Above Left Megan Mathes and Scott Fountain may disagree on some things, but one thing they do agree on is that painting signs for homecoming is a lot of fun.

Above Jessica Warning and Michelle Barton take a break to pose for a picture.

Far Right Painting the town Britt Erickson and Nora Greenwald.

Right Student Council members working hard to make it a great homecoming.

A ttendance

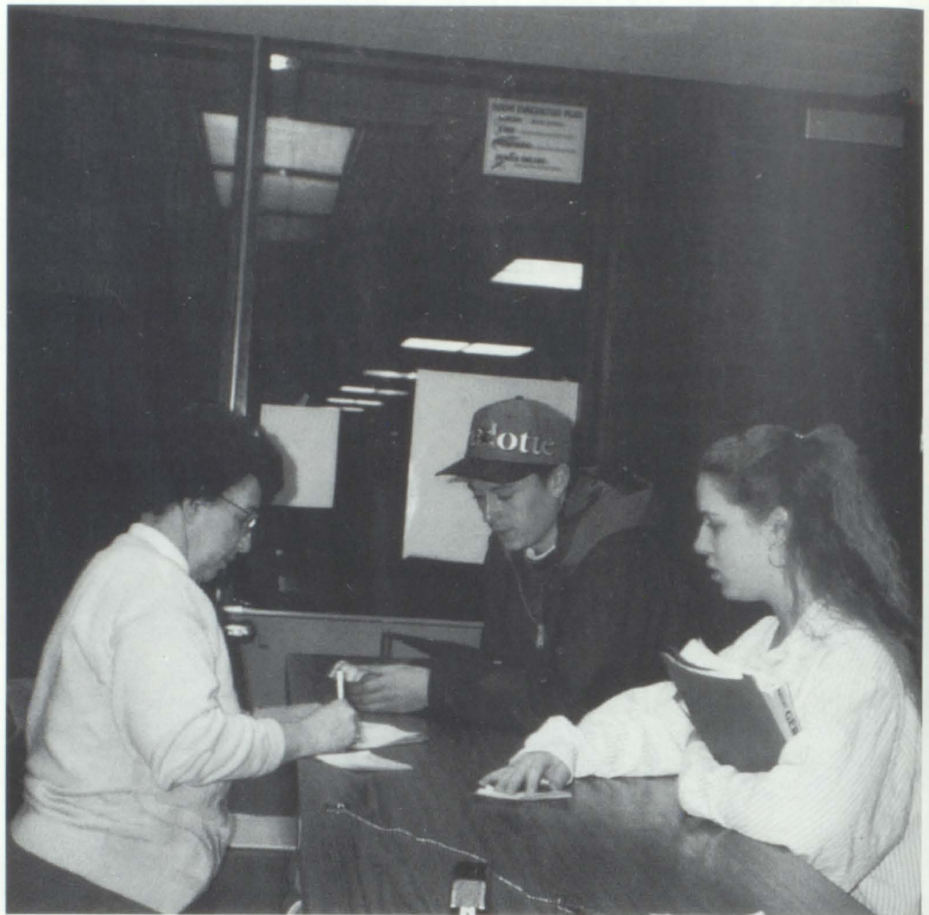
Every student at Forest Lake High School has passed through the attendance office where Elaine Zeller, Claudia Johnson, and Deborah Perry are working hard keeping track of all the students.

They have a very tough job, but with today's technology, the new computer enables the attendance clerks to attend to more important business. The students on the other hand, do not care for this computer calling system. Sometimes it will call home because of a teacher's mistake and the student will get a little grief from their parents.

The women in the attendance office say they really like all of the students they talk with throughout the day. Most of the students are very respectful, in turn, many of the students like and respect the attendance staff too.

Elaine Zeller, Claudia Johnson, and Deborah Perry speak very highly of all their office aids, they say that their jobs wouldn't get done without them. The attendance aids deliver passes, write notes, file, answer phones, and pick up attendance sheets.

Thanks to these three women, they have done a great job keeping all of the teachers on task, students in line, and the rest of the staff up to date.



Elaine Zeller handles the morning rush as Scott Peak and Suzanne Johnson are checking in.



Michael Tinklenberg, office aid, picks up the attendance sheet.



Deborah Perry, Claudia Johnson, and Elaine Zeller keep the attendance office running smoothly.



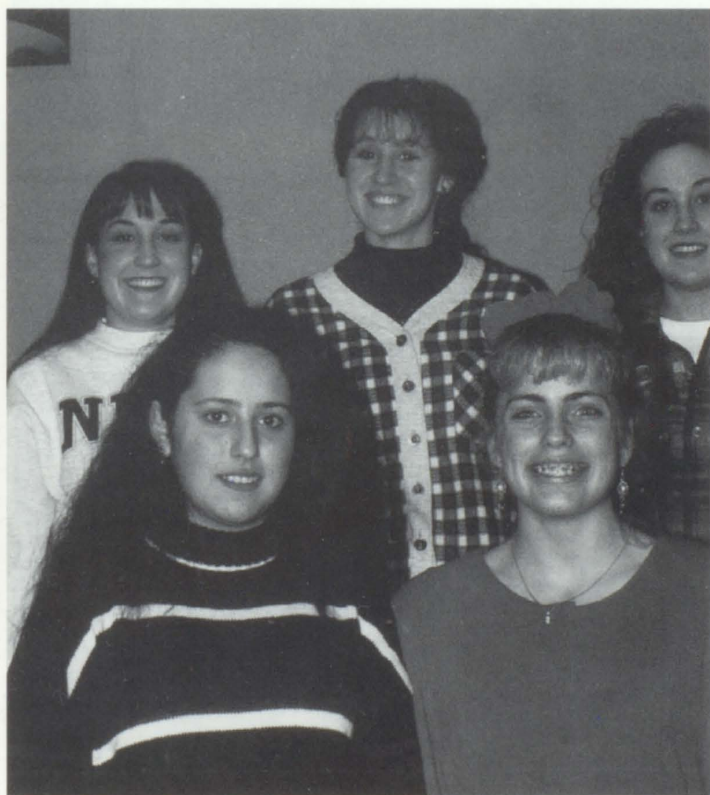
Attendance clerk, Claudia Johnson, takes a message from a parent.

CIRCLE OF

Peers Supporting Other Peers



Circle of Support Members: Row 1: Laurie Drolson, Shanna Moxness, Stephanie Chambers, Angela Nordenstrom, Joyce Leslie. Row 2: Sarah Anderson, Kristine Dooley, Jennie Olson, Amy Arnold, Sara Hoffman. Row 3: Adam Kendall, Rebecca Cordes, Kimberly Mardaus, Amanda Oldham.



Chemical health counselor, Joyce Leslie, with the help of the Forest Lake Youth Service Bureau and many Forest Lake students, devotes many hours to Circle of Support.

The students in Circle of Support welcome new students to Forest Lake Senior High. Their job is to help new students adjust to the pressures of a new school. The Circle of Support students are also here to support other students in a time of need. They help students realize that they do have a voice in this school.

The Circle of Support community also helps with other projects. For instance... chemical health week when red ribbons are distributed as a reminder not to drink and drive, and when students whiten their faces to show students how many are killed yearly by drunk driving accidents. Circle of Support students also help change some of the negative attitude about Forest Lake to make a more positive atmosphere.

Circle of Support members are always looking for new ideas to make school a less threatening environment.

Circle of Support members, Jennie Olson and Sara Hoffman, offer their friendship to newcomers. Row 1: Marianna Silva, Jennie Olson. Row 2: Ashely Zueger, Sara Hoffman, Alysha Zueger.



ANYTHING GOES!



The cast and crew of this years play "Anything Goes".

Waiting backstage on opening night, "Hop, step, fl-ap, balichange" (dance steps), were the only words going through my head.

Peeking out from behind the curtains, even though we weren't supposed to, made me even more nervous. The audience wasn't huge, but it was massive to this rookie. The butterflies in my stomach upgraded to bees standing backstage in the dark, but were soon comforted by Matthew Anderson's "Break a leg guys!"

"Dum, dum, dum. . .", there's the drums, the cue for the sailors and memories of those long nights that we (the crew) had to practice this scene and many others. "The spacing has to be perfect!" Mrs. Novak would say, and we would move a couple of inches to the right or left. "There you go, perfect!"

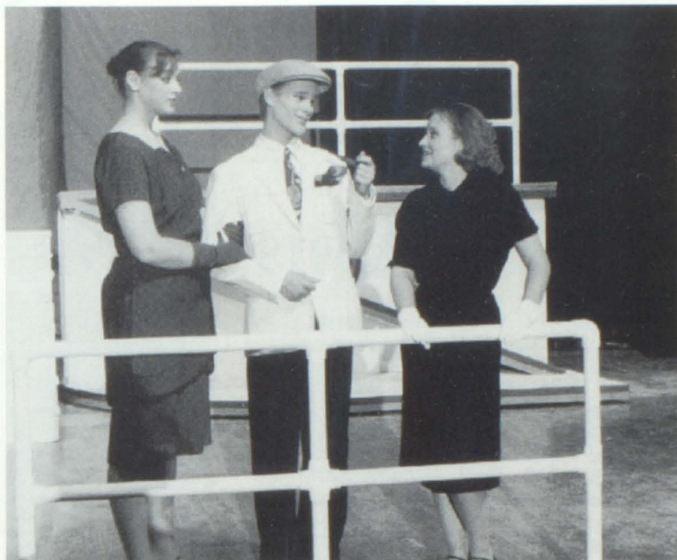
The show seems to go by in a second, but not before Joshua Jabas' great jokes, Ryan Scott and Jessica Warning's great acting, Therese Hegler's tremendous singing, and Alison Bergstrom's annoying character voice. The whole crew does their number on the audience which seems to be getting, literally, an endless

applause at the curtain call. You guys in the cast know what I'm talking about. This show was not an easy one to do. But due to the colossal amount of talent at Forest Lake High School, we did it. I think the hardest part of the show was the dancing. Many people in the cast, including myself, have never tap danced before. Michael Anthony, our choreographer, pulled it off by drilling those steps into our heads two, three, or more nights a week. It was strenuous work, I had blisters on both feet, but I enjoyed every minute of it. I've probably seen this show a thousand times sitting backstage during rehearsals, but I enjoyed it every time. I would laugh at every joke, sing with every song, and recite every line; it never seemed to get boring. That's what kind of show this is. For those who missed it, they missed out on some of the best talents in Forest Lake; some of those talents the cast didn't even know they had.

Bob Vang



Therese Hegler and Ryan Scott shining bright on stage.



Top Right: Emily Harcourt (Jessica Warning) runs into her fiancé' (Erik Johnson) and her mother, Ms. Harcourt (Betsy Garbe).

Top Left: Bonnie (Alison Bergstrom) tells Moonface (Joshua Jabas) he better keep an eye on his violin.

Above: Therese Hegler and Erik Johnson waltz across the deck.

Left: The female sailors: Pascha Johnson, Karissa Kunkle, Michelle Barton, Kristine Dooley, and Sarah Eberth show off their men: Bob Vang, Shawn Kislenger, Christopher Larson, Andrew Sobiech, and Andrew Nelson.

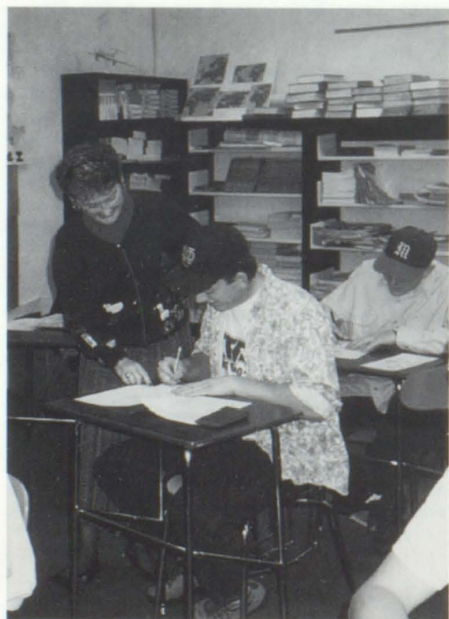
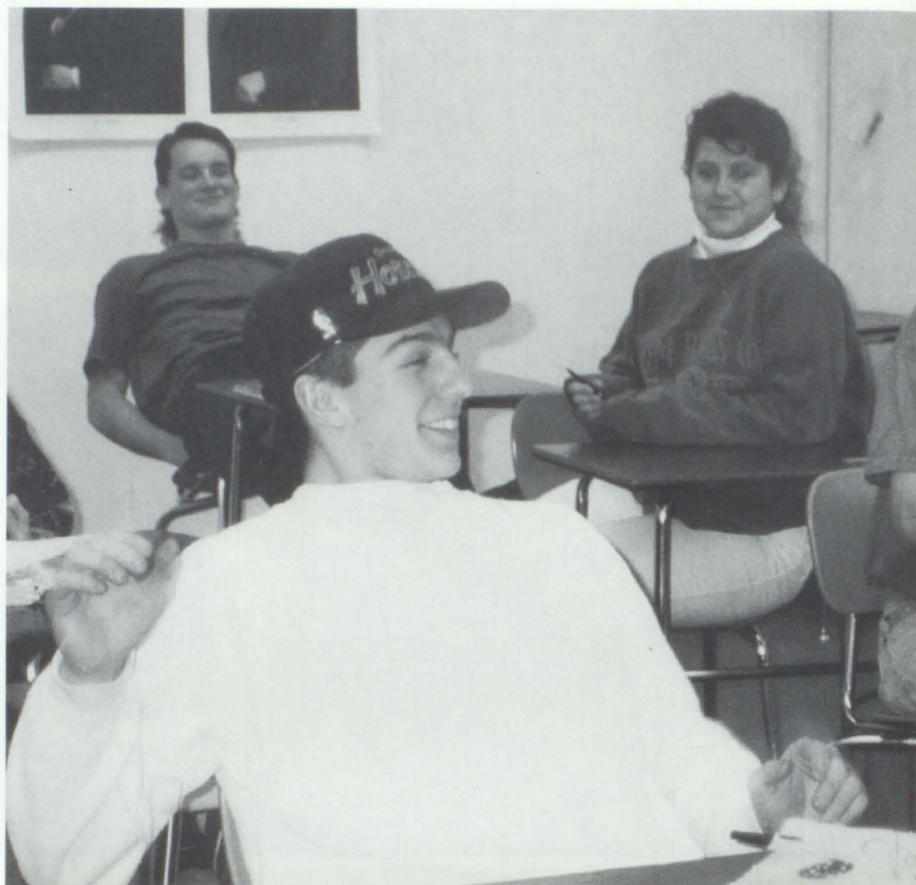
ON THE JOB TRAINING

Whistle While You Work

OJT teachers, Mrs. Wiley and Mr. Wilson, want students to know that the class is a great way for all students to find and experience jobs which interest them. They also think OJT is a great economic and educational experience for students. Chad Whiting says, "I think it helps kids learn how to adapt to the work place and it teaches you what your rights are in the workplace, which most kids do not know."

While in OJT class, students cover many areas ranging from consumer skills, taxes, banking, and job hunts, to learning how to get along with your employee or employer. Students also practice writing resumes, filling out applications, and interviews. Whiting also says, "I can handle a checkbook without errors, I can do my taxes by myself. I know my rights in the workplace better because Mr. Wilson pushes you to do your best at school and work."

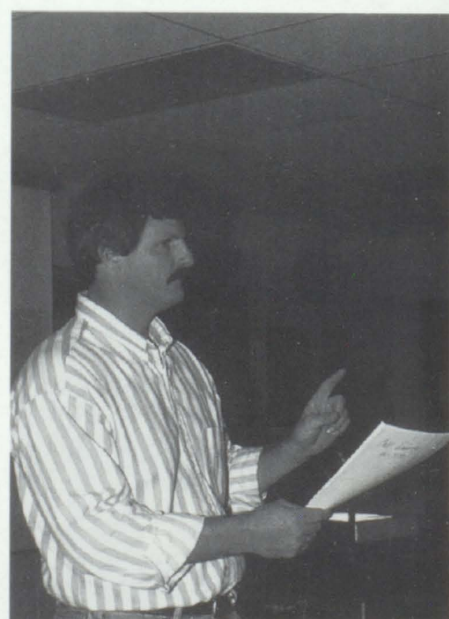
Depending on the amount of credits an OJT person has, they leave school after fourth, fifth, or sixth hour. The fewer credits they have the later they leave. Students work at jobs ranging anywhere from fastfood, secretarial, gas station, retail or mechanics.



Mrs. Wiley lends a helping hand to Richard Portz during OJT class.



Christy Dunsmore was all smiles while doing a survey in OJT class.



Top: When it comes to OJT class Geoffrey Gray knows it all.

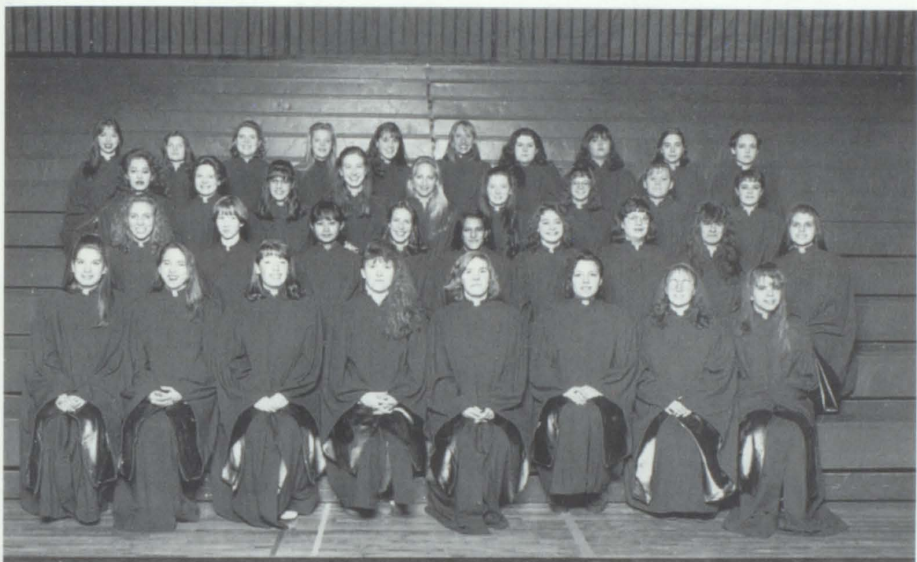
Above: Mr. Wilson gives pointers to students in OJT class on how to make their lives successful.

Group Activities



Chamber Chorus

Row 1: Julie Gabrielson, Britt Erickson, Angelica Schally, Corina Perron, Elizabeth Leroux, Jessica Warning, Elise Parker, Sarah Eberth, Alison Bergstrom, Jill Wurdemann, Lea Miller, Candace Christen, Leah Gordon. **Row 2:** Kirsten Porter, Monique DeLong, Jennifer Sass, Carey LaForte, Angela Myers, Jennifer Haayer, Nicole Cibulka, Therese Hegler, Charity Lundy, Ericka Kempe, Becky Powell, Catherine Miron, Diane Sarafolean. **Row 3:** Randall Tague, Christopher Larson, Amy Voedisch, Betsy Garbe, Jodi Johnson, Cheryl Winkelman, John Shoberg, Joshua Gabrick, Troy Shoberg, Matthew Miron, Scott Erickson, Ryan Scott. **Row 4:** Matthew Horstman, Ronald Brooks, David Halverson, Jason Born, Sean Dawson, Bob Vang, Jeffrey McPhail, Jacob Mattheis, Mark Wuotilla, Tanner Shipman, Erik Johnson.



Concert Choir

Row 1: Kari Bruder, Gwen Betò, Christine Goudge, Renee Gajeski, Stephine White, Danielle Tetrault, Christina Hall, Theresa Klemenko. **Row 2:** Kimberly Tauer, Vanessa Villnow, Vena Sastraw-Idjaja, Virginia Hester, Anjanette Shoberg, Tara Splinter, Julie Becktold, Deanna Gilbert, Amy Bradoc. **Row 3:** Michelle Swenson, Sarah Mogielnicki, Sharina Pankratz, Lisa Neu, Laura Moxness, Mary Droher, Karrie Maile, Amie Johnsen, Megan Grubbs. **Row 4:** Tracy Sieben, Angela Weitemier, Pamela White, Jill Weber, Heidi Spinler, Amber Olson, Jennifer Ney, Michelle Brown, Joy Hyatt, Jeanette Davis.



Treble Choir

Row 1: Michelle Studee, Kelly Spears, Rheanna Orde, Corina Perron, Melissa McDonald, Shelly Ekvall, Jennifer Haayer, Tina Klemenko, Carlene Pederson. **Row 2:** Holly Jarousek, Jennifer Mueller, Peggy Stager, Brittany McKenzie, Tea Kurucz-Manick, Jayne Englund, Sara Grunhofer, Jennifer Linnerooth, Joclyne Thompson. **Row 3:** Jessica Rodrique, Mairin Kiley, Robin Kinney, Amanda Humble, Jessica Johnson, Danille Lee, Amanda Thurnbeck, Kristy Roy, Heather Westmoreland.

Concert Band

Row 1: Christina Heill, Scott Erickson, Dawn Culbertson, David Rychley, Shawn Kislenger, Marcus Obrien, Sarah Sichendeder, Joseph Kowalski, Darlene Zemke, Kip Olson, Mitchell Tague. **Row 2:** Jenna Guenther, Christina O'Gorman, Monique Delong, Angela Stich, Jennifer Wendt, Brian Samec, Alison Bergstrom, Rachel Paulson, Kari Robinson, Jennifer Anderson, Nathan Stream. **Row 3:** Jesse Zierhut, Noel Yang, Christie Bachelor, Christina Allaman, Stacy Carlisle, Stephanie Perrin, Amy Brown, Judy Hammons, Katharine Parke, Kristine Lutz, Jana Johnson, Robert Treft. **Row 4:** Jamie Andler, Katie Moynagh, Jaymi Shogren, Marissa Rought, Andrew Mattson, Annette Qubik, Valerie Issacs, Carissa Wright, Marinda Erdman, Steven Keu, Steven McCullough. **Row 5:** Heidi Bauer, Brenda Malvig, Kristine Hammer, Angela Houle, Jill Dolphy, Sarah Timmerman, Sarah Spence, Sara Pechmann, Jeanne Hughes, Scott Lasko, Nicholas Myhre, Richard Daugherty. **Row 6:** Steven McCullough, Troy Wallraff, Jesse Olson, Brandon Wolfe, Andrea Neudauer, Cori Dietz, Vanessa Willnow, Jamie Lindquist, Jodi Peterson, Jill Wurdemann, Erin Eggert, Marco Garza.



Symphonic Winds

Row 1: Gene Hageman, Sarah Burdick, Jaimie Allyn, Chad Morley, Christopher Shockley, Cameron Clark, Andrew Sobiech, Brian Peterson, Chad Gordon, Jared Cielinski. **Row 2:** Amy Simpson, Jennifer Schrieber, Kelly Justesin, Valerie Darling, Dawn Brenden, Matthew Freed, Evon Gallaher, Mary Moravec, Linde Jury, Julie Hendrickson, Jessica Warning. **Row 3:** Kathryn Hunt, Amy Zaudtke, Tia Davis, Michelle Terry, Amanda Oldham, Christina Groshens, Sarah Eberth, Jaime Melde, Candace Christen, Christine Goodrich. **Row 4:** Christopher Wheatley, Matthew Rude, Timothy Smith, Kristy Hammons, Carol Waldoch, Kimberly Taver, Heather Koehly, Richelle Nelsen, Kartin Olson, Allison Wojtowicz, Kristen Miller. **Row 5:** Elise Parker, Alexander Lindstrom, Eric Stainbrook, Jason Jury, Chad Dodson, Jeffrey Brown, Jody Hestekin, Stefan Herold, Catrina Ciccone. **Row 6:** Rebecca Knox, Jesse Tomlin, Molly Matheson, Gabriel Moen, Erik Johnson, Cheryl Winkelman, Nicole Cibulka.



Varsity Band 6th

Row 1: Kristina Anderson, Tina Wolszon, Kasey Kindle, Jacob Schmidt, Joshua Wightman, Travis Dettmer, Gabriel Gibson, Nichole Waldoch, Catherine Boll, Andrew Nelson. **Row 2:** Melissa Aherns, Justi Cross, Laura Schuh, Carrie Jo Willing, Lena Deiman, Christina Nutter, Kristen Miller, Jennifer Johnson, Heather Clayton, Lisa Zumwalde, Nicole Wolfbauer. **Row 3:** Stephanie Brown, Wendy Collings, Kimberly Grubbs, Kasey Mackenzie, Kirsten Erkkila, Vicki Proehl, Kerry Hammons, Nicole Rinehart, Kirsten Zaudtke, Erin Olson. **Row 4:** Brandon Rollinger, Robin Kinney, Heather Wagamon, Melissa Halvorson, Jason Haselbauer, Noelle Maki, Thomas Jensen, Melissa Phillips, Jamie Mueller, Benjamin Stoltzman. **Row 5:** Robb Dettmer, Jeremy Hursh, Joseph Christensen, Michel Arcand, Heather Nelson, Timothy McGeary, John Glaim.



Varsity Band 7th

Row 1: Benjamin Moreno, Nels Lennes, Justin Larson, Aaron Scott, Lara Bjorklund, Samantha Ciesielski, Mark Fahey, Kyle Bresin, Ryan Severson. **Row 2:** Angela Machenzie, Michelle Linder, Lindsay Stumm, Alissa Hennessey, Amanda Jorgensen, Kirsten Engstrom, Summer St.Clair, Siobain Joyce, Jennifer Sandage, Allison Schaeppi. **Row 3:** Melissa Stream, Stefanie Lindquist, Sabina Hahn, Kristy Miller, Alissa Berman, Sara Hoffman, Shannon Eaton, Caroline Nerhus, Heidi Mathison. **Row 4:** Julie Feist, Christie Peterson, Angela Sonke, Naomi Malek, Mickey Dunn, Kris Huges, Thersa Miller, Annie Rangitsch, Emily Ziemer, Jennifer Severson. **Row 5:** Margene Janicke, Dayna Marley, Erica Gatzaw, Christa Swartz, Peter Linquist, Loretta Cornelison, Carrie Mathias, Sarah Anderson, David Mattson, Nathan Kresge.





Yearbook

Row 1: Rebecca Bunn, Amy Berry, Jessica Sandstrom. **Row 2:** Gayl Jackson, Sara Pechmann, Brenda Malvig, Amy Solomonson. **Row 3:** Assistant Maria Kaiser, Jennie Olson, Cynthia Lillemo, Shanna Moxness, Tina Anderson, Crystal Huberty, Amy Grzybowski, **Advisor** Gail Law. **Row 4:** Robert Reetz, John Preston, Jonathan Peterson, Velvet Longtin. Not Pictured Catherine Miron.



Breeze

Row 1: Nickolas Doty-Rehbine, Gabriel Zumwalde, Kelly Chapman, Sara Pechmann, Joelle Preisinger, Steven Nelson. **Row 2:** Carrie Ohara, Amy Letourneau, Cynthia Gierke, Kale Henry, David Rychley, Jeremy Wolfe. **Row 3:** Amy Voedisch, Deanna Gilbert, Kevin Wiler, Thomas Rehbein, Jason Gulasch, Mr. Grant.



Student Council

Row 1: Michele Thompson, Megan Mathes, Nicole Peltier, Lisa Nos, Jennifer Bahr, Allison Schaeppi, Katrina Megahan. **Row 2:** Christina Deeb, Troy Mahr, Stacey Hafner, Molly Matheson, Rebecca Knox, Brandon Wolfe, Jessica Warning. **Row 3:** John Shoberg, Glenn Starfield, Karissa Kunkel, Jessica Tomlin, Sarah Anderson, Bob Vang, Angelica Schally. **Row 4:** Ericka Gatzow, Margene Janilke, Timothy Kev, Nora Greenwald, Angela Granquist, Annie Rahgitch, Steven Keu. **Row 5:** Danielle Lamoune, Katy Stukel, Amy Voedisch, Greg Parranto, Cheryl Winkelman, Nicole Cibulka, Erik Johnson, Chad Morley.



Junior Class Council

Row 1: Kari Robinson, Rachel Paulson, Bradley Ward. **Row 2:** Lindsey Gatzow, Kristine Giese, Rebecca Cordes.

FFA

Row 1: Joy Hyatt, Kerry Regel, Shelly Ekvall, Lisa Geisbauer, Carrie Ohara.

Row 2: Sarah Antilla, Anne O'Hara, Brandy Barton, Tara Splinter, Jessica Goebel.

Row 3: Julie Burth, Brooke Ernst, Heidi Skelley, Velvet Longtin, Jessica Dahlquist.

Row 4: Advisor: Robert Marzolf, Catherine Miron, Jeanine Sass, Melissa Miron, Josey Jay, Nicole Long, Shane Maefsky.



Math Department

Row 1: Kyle Bresin, Jason Haselbauer, Matthew Rude.

Row 2: Christopher Wheatley, Corianne Dietz, Stefan Herold.

Row 3: Advisor: Wallace Conner, Nathan Kresge.



Mock Trial

Row 1: Angela Sonke, Adam Kendall.

Row 2: Amy Brown, Elise Parker, Brandon Wolfe, Kelli Justesen, Jennifer Schreiber.

Row 3: Tamara Hillman, Damon Becher, Timothy Meisenheimer, Paul Beard, Advisor: Ron Tungseth.



Odyssey of the mind

Row 1: Marinda Erdman, Heidi Averbeck, Dawn Brenden, Yong Yong Liu, Alison Bergstrom, Jaime Melde.

Row 2: Advisor: Heather Poston, Michel Arcand, Matthew Bixby, Weber Terrance, Catrina Ciccone, Christopher Wheatley, Lee-Anne Brockman.





Attendance Aides

Row 1: Amy Huot, Sara Haviland, Roxanne Gulden, Tracy Olson, Amy Arnold, Amy Berry, Dana Zaudtke, Tina Anderson.

Row 2: Joni Groebner, Jamie Westman, Melissa Olson, Sarah Lejchar, Brenda Tibbetts, Kristina Gillette, Laura Moxness.

Row 3: James Neeser, Corey Mathison, Mike Tinklenberg, Amber Larson, Trisha Hillsheimer, Katie Usher, Tammy Russ.



Guidance Aides

Row 1: Tea Kurucz-Manic, Jennifer Obrien, Jennifer Gilles, Christina Daugherty.

Row 2: Jonathon Glaim, Kimberly Schaeppi, Brian Nye, Angela Evenson.

Row 3: Mark Oswald, Amanda Oldham, Lisa Greene, Shawn Kislenger.



Library Aides

Row 1: Michael Mohs, Kimberly Mardaus.

Row 2: Amy Letourneau, Laura Droher, Christina Groshens, Renee Halley.



OJT

Row 1: Mark Swartz, Bradley Schuett, Angela Lydon, Elizabeth Way, Avril Runyon, Shanon Wettschreck, Leeann Zaccardi.

Row 2: Advisor: Janet Wiley, Melissa McFarling, Christy Dunsmore, Tiffany Fry, Cindi Gierke, Jessie Feucht, Randall Johnson, Cameron Harris, Advisor: Jeff Wilson.

Row 3: Richard Portz, David Drury, Geoffrey Gray, Randy Berggrin, Rebecca Cadwallader, Rebecca Bergmann, Matthew Olson, Tracy Wilcox.

Row 4: Jennifer Brown, Jennifer Nohava, Vanessa Lar- sin, Neil A. Carlson, Jason Jemelka, Chad Deegan, Shane Bellanger, Jeremy Hansen, Sara Riehm.

French 1 and 2

Row 1: Vanessa Larsin, Rennee Gajeski, Jamie Nourse, Heidi Goss, Sarah Severson, and Vonnie Gallagher.

Row 2: Karen Cariveau, Christopher Shockley, Carroll Tatge, Bob Vang, and Jesse Olson.

Row 3: Kristina Anderson, Jeremy Kurilla, Jason Sufka, Mark Lara-Kohn, Patrick Gleason, (advisor) Coleen Colton.



French 3

Row 1: Michelle Weninger, Suzette Fleck, Carrie Jo Willing, Karina Pederson, Jamey Boesel, Mickie Donn, Erica Gatzow, Melissa Stream, Allissa Hennessey. **Row 2:** Pang Yang, Katrin Olson, Nichole Waldoch, Kerry Hammons, Tara Kennedy, Angela Granquist, Kelly Jochim, John Preston, Laura Rehbine. **Row 3:** Lindsay Stumm, Amy Bradac, Jennifer Schreiber, Jennifer Nye, Rebbecca Heimerl, Lindsey Gatzow, Jennifer Gilles, Tara Wojtowicz, Kristin Miller. **Row 4:** Robert Becker, Erik Thingvold, Robert Treft, Heather Beyer, Peter Linquist, Alissa Bergman, Catherine Boll, Katie Waddell. **Row 5:** Timothy Treft, Nicholas Myhre, Timothy Smith, Jennifer Nelson, Gregory Parranto, Melissa Casey, Jared Cielinski, Jeff Fromm, Timothy Keu. **Row 6:** Senta Schleder, Malissa Vannelli, Megan Mathes, Amber Larson, Jocelyn Schneider, Nicolle Hebert, Lisa Nos, Tanner Shipman, Nathan Wolff, Britt Erickson.



French 4 and 5

Row 1: Alison Bergstrom, Casey Larson, Erik Brown, Joseph Schingen, Sarah Esget, Rebecca Freundsuh, Christina Deeb, Alicia Molitor, Jamie Swanson, Renee Lachinski, Michelle Barton, Michelle Cohoes. **Row 2:** Jennifer Young, Karissa Kunkel, Sarah Klaus, Jamie Lindquist, Amy Grzybowski, Michelle Hosfield, Cynthia Miles, Jennie Bold, Amber Olson, Judy Hammons, Nicole Lenkowski, Debra Peter.

Row 3: Kelly Rygh, Marissa Rought, Valerie Darling, Kristen Moore, Angelica Schally, Gregory Berry, Jamie Andler, Kristine Lutz, Joelle Preisinger, Amy Savord, Melissa Edson, Catherine Miron. **Row 4:** Jaymi Shogren, Stephanie Malone, Eric Anderson, Jenna Guenther, Rachel Paulson, Sarah Pechmann, Jennifer Nye, Rachael Pomeroy, Cari Huitt, Daniel Wright, Cheryl Winkelman, Michele Thompson, Therese Hegler. **Row 5:** Sean Joyce, Gregory Primeau, Marcela Ishitani, Andrew Huntsinger, Travis Schmit, Lisa Beallieu, Mather Gifford, Nickolas Doty-Rehbine, Joel-lynn Unze, Velvet Longtin, (advisor) Susan Guderyon.





German

Row 1: Lea Miller, Kelli Justesen, Carrie Mathias, Laura Miller, Elizabeth Leroux, Naomi Modean. **Row 2:** Stacey Carlisle, Patrick Wenum, Jeffrey Walters, Daniel Ascheman, David St. Sauver, Kristy Hammons. **Row 3:** Rebecca Corales, Corianne Dietz, Sabine Hahn, Aaron Scott, Lisa Neu, Christopher Wheatley. **Row 4:** Frau Fitzgerald, Sara Grundhoefer, Amy Arnold, Alyssa Schlagel, Jessica Zierhut, Shawn Kislenger.



Spanish Club

Row 1: Kasey Mackenzie, Virginia Hester, Angela Mackenzie, Emily Dahl, Jennifer Sandager, Jamie Lott, Siobain Joyce, Tammy Miller, Rene Francis. **Row 2:** Kimberly Grubbs, Marissa Rought, Christin Goudge, Sara Hoffman, Thea Berg, Lara Bjorklund, Dayna Morely, Danielle Lee, Kris Hughes. **Row 3:** Sarah Eberth, Annie Wiegel, Alysha Zueger, Jonas Bakken, James White, Michael Tambkin, Tracey Olson, Alison Nisbet, Rachel Roy, Alan Newton. **Row 4:** Amber Larson, Tricia Hillsheimer, Russell Reetz, John Randall, Robert Reetz, Barry Young, Benjamin Nelson, Kathryn Hunt, Hiedi Goss. **Row 5:** Rebeca Knox, Sarah Severson, Gabriella Macias, Jessica Streeter, Ashley Zueger, Jennifer Wendt, Christy Roy, Matt Geiger. **Row 6:** Ryan Severson, Parker Theuninick, Matthew Jay, Joe Carpenter, Shane Spears, Arron Hanes, Daniel Hollihan, Amy Carpenter.



Debate

Row 1: Ingrid Nordstrom, Margene Janicke, Nicole Wolfbauer, Patrick Wenum, Amy Bradoc, Angela Sonke, Kelli Justesen. **Row 2:** Cari Huitt, Kristine Dooley, Heather Nelson, Michelle Terry, Lisa Neu, Dana Peltier, Kasey Mackenzie. **Row 3:** Leah Gordon, Robyn Peterson, Adam J. Lindell, Catrina Ciccone, Kelly Beard, Jared Cielinski, Sarah Sicheneder. **Row 4:** (advisor) Dorothy Sunne, Michael Kloster, Donald Berry, Christopher Wheatley, Mathew Rude, Stefan Herold, Mark Nelson, Steven Kutt.



National Honor Society

Row 1: Julie Hulleman, Elise Parker, Ryan Scott, Stacey Hafner. **Row 2:** Nicole Gervais, Jillene Spiess, Emma Berg, Richelle Nelson, Kristi Moore, Sarah Severson, Elizabeth Leroux. **Row 3:** Jessica Tomlin, Jody Hestekin, Kathryn Hunt, Becky Knutson, Valerie Darling, Julie Hendrickson. **Row 4:** Betsy Garbe, Jessica Hansen, Nicole Peltier, Katherine Schoenecker, Andrea Onell, Jessica Warning, (advisor) Mike Bernauer. **Row 5:** Nicolle Hebert, Michele Thompson, Amy Voedisch, Nickolas Doty-Rehbine, Kale Henry, Chad Dodson, Jason Jury.



The Yearbook Staff would like to thank the community and its businesses for their support and contributions which help to make our yearbook a success.



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Velvet-From "Flicka" to "Tuffy"-you've grown into a wonderful person. We've shared many super memories and more to come. As you grow towards your future remember to follow your heart. You'll do fine in life. We're proud you're our daughter. All the best in the future with our love. We love you, Mom, Chuck, Kevin, and Amber.

Crystal, It seems just yesterday we were one. And now you're graduating. The years went so fast. Hopefully, we'll keep growing closer. I trust you'll make good decisions in your future. We're behind you all the way. Love, Mom, Dad, and the Bro's.



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"Persistence prevails when all else fails."

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"If everyone is moving forward together, then the success takes care of itself."

"The race for quality has no finish line."

"Those can who believe they can."

"Success is a journey not a destination."

Best wishes from the class of '94! From the Agriculture department



Here's looking
at you kid!
Congratulations, Sarah!
Love, Mom
and Dad

Our very best
wishes to you
Jason, no matter
what your future
brings!
Love, Mom and
Dad



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We always
knew you
would "bee" a
dancer.
Love, Mom
and Dad



Keep on cook-
ing, Andrea.
Good luck in
the future.
Love, Mom
and Dad

Betsy, Congratulations to our talented grad. We are very proud of you. Love, Mom, Dad, Casey, and Alison



Lou, You've come along way, baby! Congratulations. Love, Mom and Dad



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Rachel, God's little lamb. In all you do always listen for the shepard's voice. Love, Mom, Dad, and Bekah

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Jenny, you're finally going into the real world. We are so proud of you. We love you. Mom, Dad, and Sammy



Congratulations Becky! We're proud of you! Love, Mom, Dad, Andy, and Katy.

Shannon, "Like I say" Sweetie pie words can never express how proud and how much we love you! MYDBWSJ, M&D



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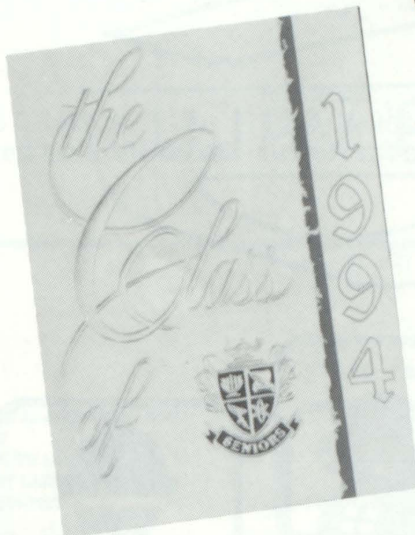
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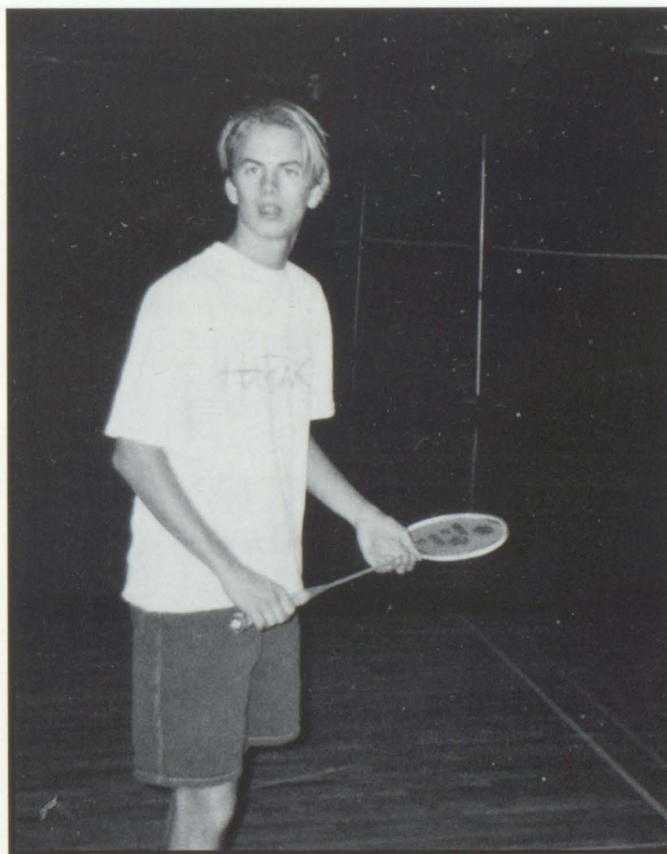
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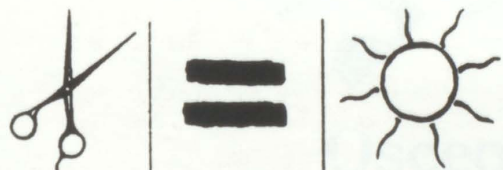
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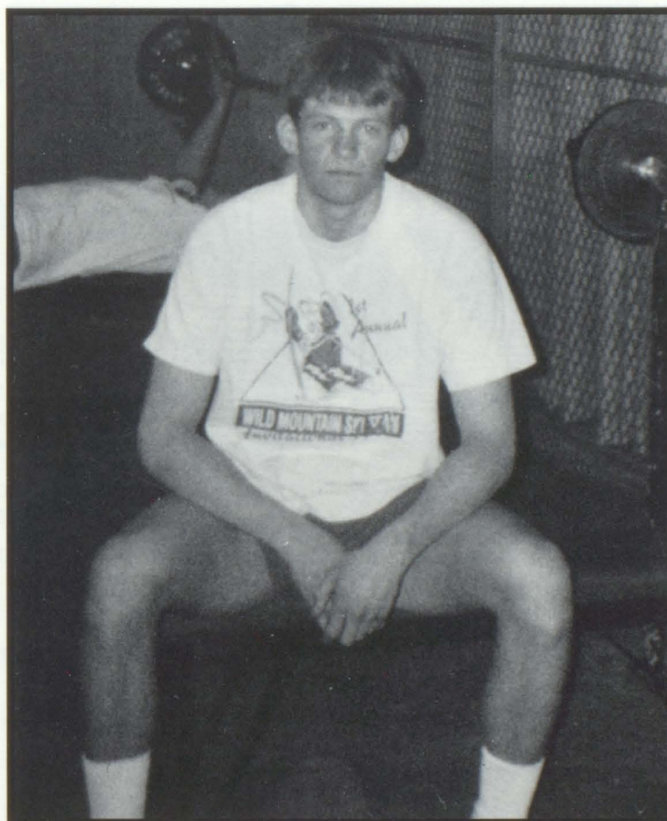


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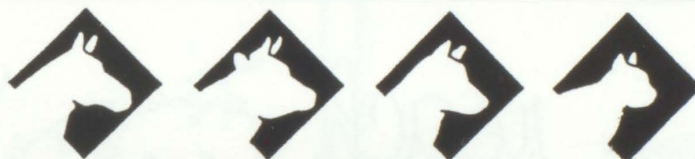
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if we just
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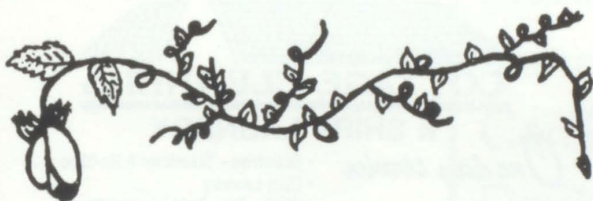
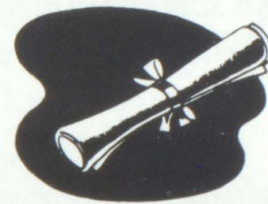


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ates

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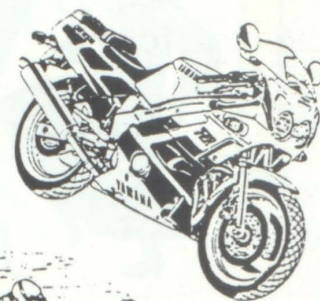


Our Last Day

Our very last day is drawing near,
 The final day of our senior year.
 A time to laugh, a time to cry,
 But never time to say good-bye.
 Our friends were always there
 to get us through the day,
 And somehow they always new
 The right things to do or say.
 Now the day has come.
 The day is finally here.
 We always thought we couldn't wait
 But now we're all in tears,
 Because we want just one more day
 To tell our friends good-bye.
 It could be a while before
 We see them again
 And we can't help but cry.
 We're not completely sure of
 What to do or say,
 But if we had one wish,
 We'd wish for another day.

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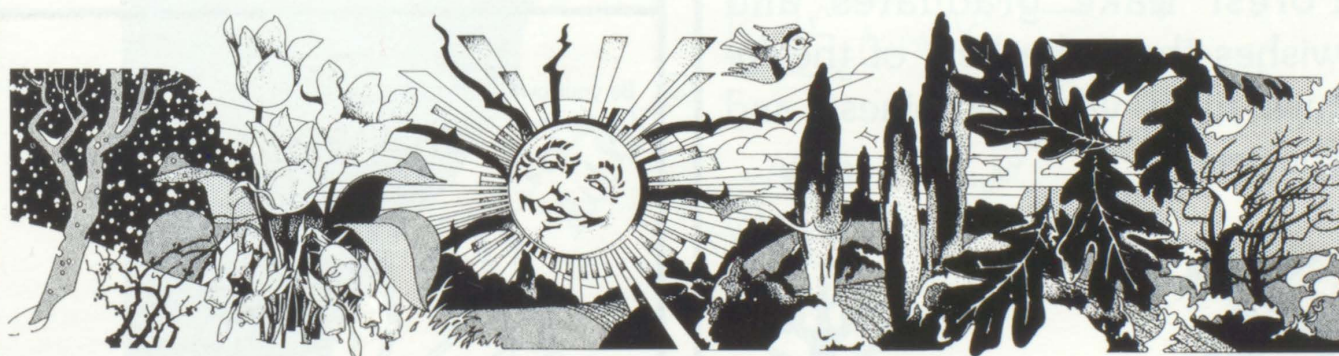
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Foreign Exchange Students

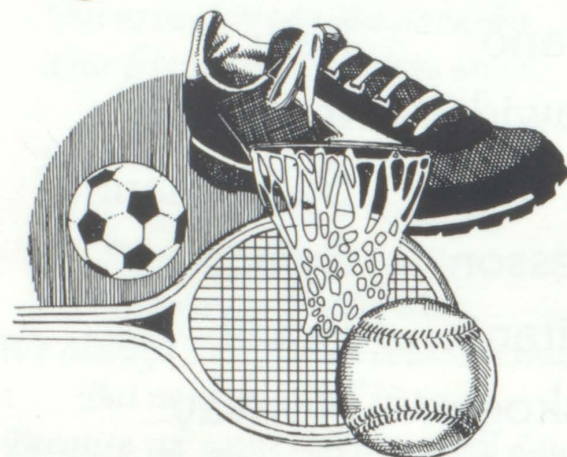
Good luck to the 1993-94 Forest Lake Foreign Exchange Students from now until forever. To whatever the future may hold, may your memories of Forest Lake always be present.

The Forester Yearbook Staff

Igor Padalka	Ukraine
Maiko Okdatsu	Japan
Sabine Hahn	Germany
Giovani Rivano	Italy
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Yves Suter	Switzerland
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Malene Nielsin	Denmark
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Cecilia Ventura	Brazil
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The Physical Education Staff at the Senior High congratulates the graduating class of 1994.



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Parabéns

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Her Zicken Glückwunsch!

Congratulazioni

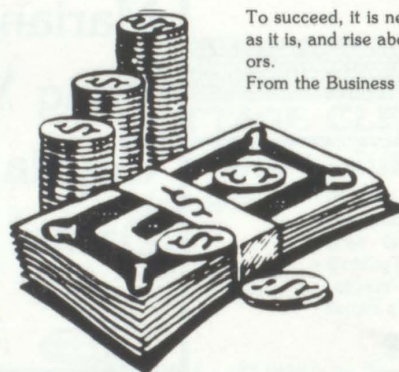
Sot su giyo Omedeto

Selamat

From: the World Lang. Department



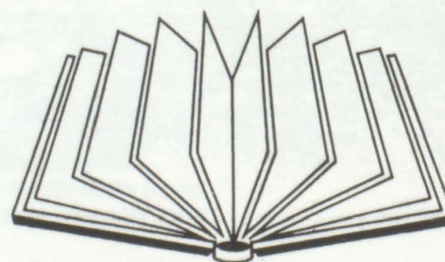
The Agribusiness Department congratulates all of the 1994 Forest Lake graduates and wishes them the best of the future filled with happiness and success.



To succeed, it is necessary to accept the world as it is, and rise above it, Congratulations, Seniors.

From the Business Education Dept.

Be your own stories, class of 94.
Language Arts



Congratulations Grads.

The 1994 Yearbook Staff

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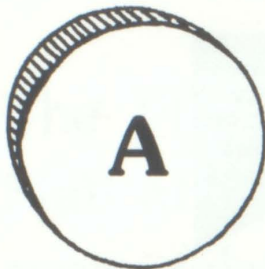
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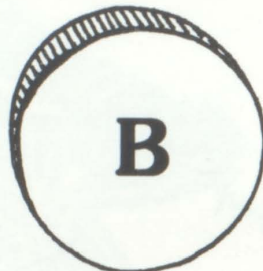
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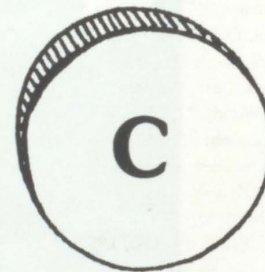
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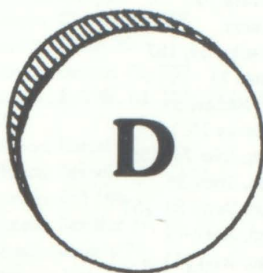
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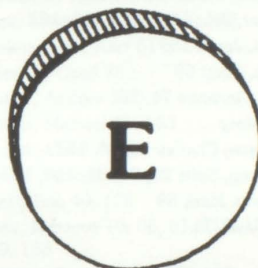
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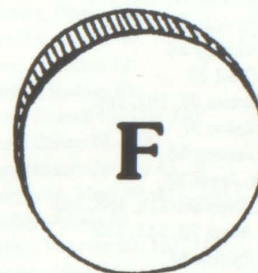
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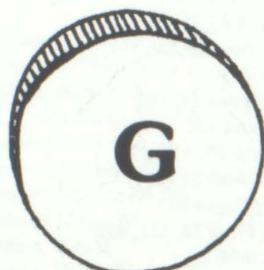
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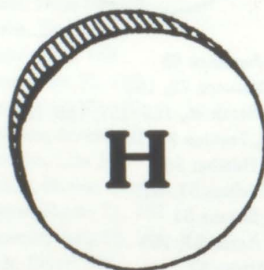
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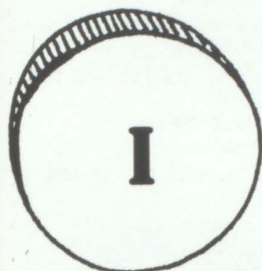
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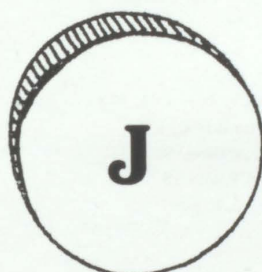
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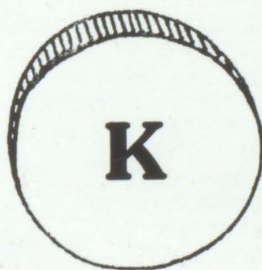


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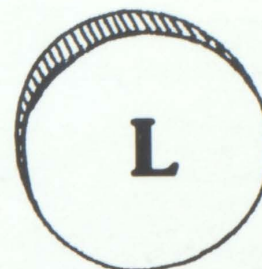
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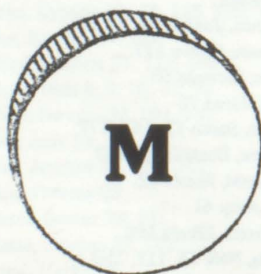
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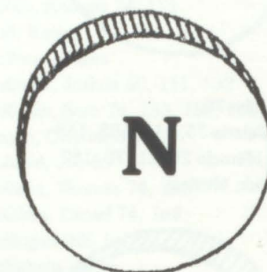
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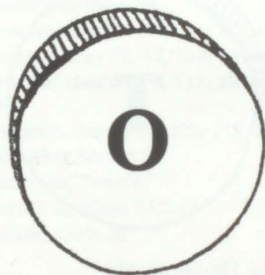
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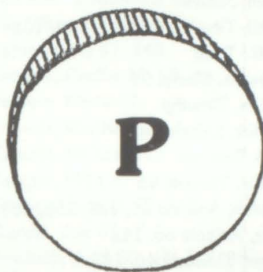
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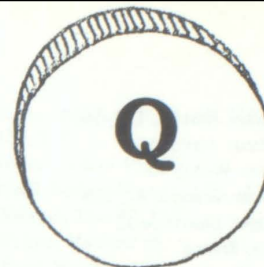
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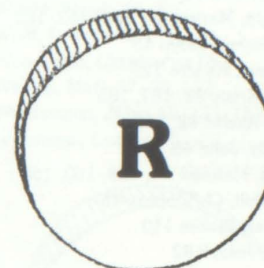


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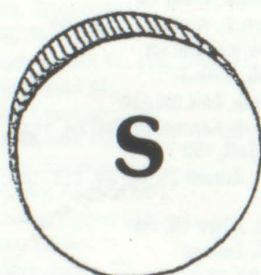


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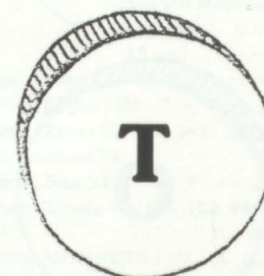


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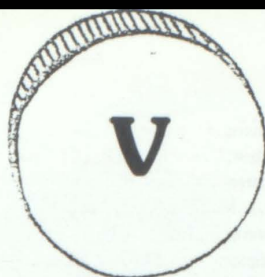
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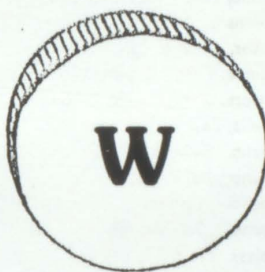


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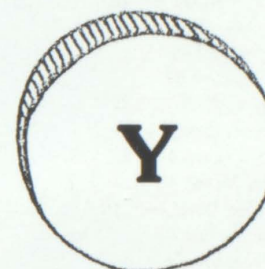
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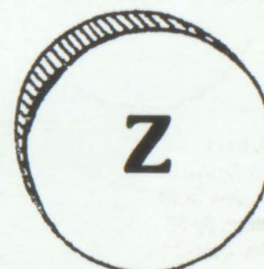
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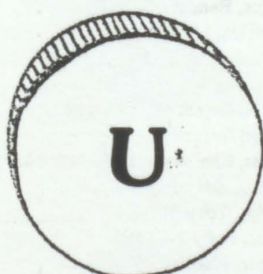
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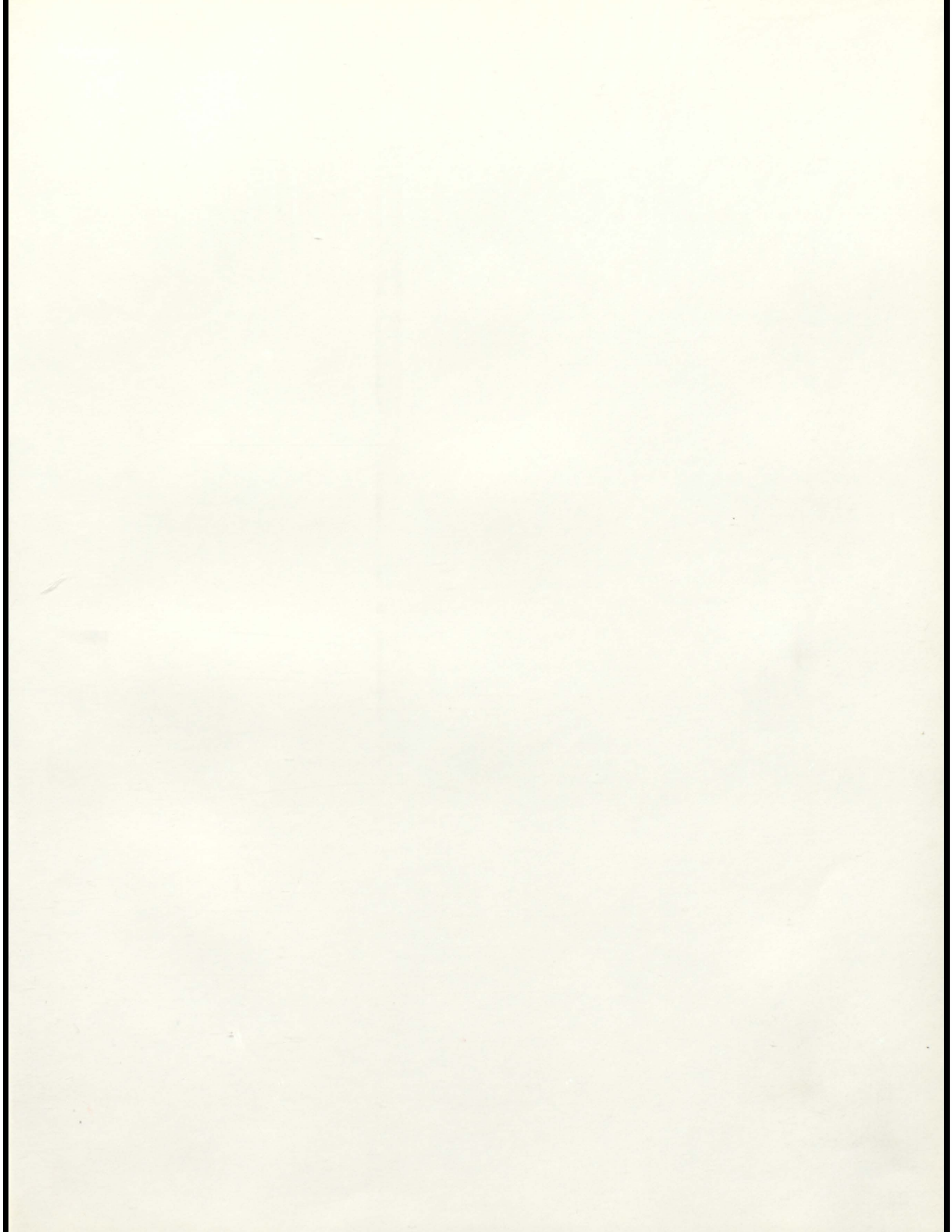
Velvet Longtin, Crystal Huberty, Shanna Moxness, and Tina Anderson stick together during yearbook camp. This year's "Yearbook Camp" took place during the last week of June, at St. John's University in St. Cloud. Camp offers hands on opportunity for staffs to get a head start on actual production of their yearbooks.

Volume 56 of the Forest Lake Senior High **Forester** was printed by the Taylor Publishing Company of Dallas, Texas. All Pages are printed on die-cut finished 80 lb. enamel paper. This year's cover is dual textured with a leather look called whirlpool, with a foil stamp containing artwork.

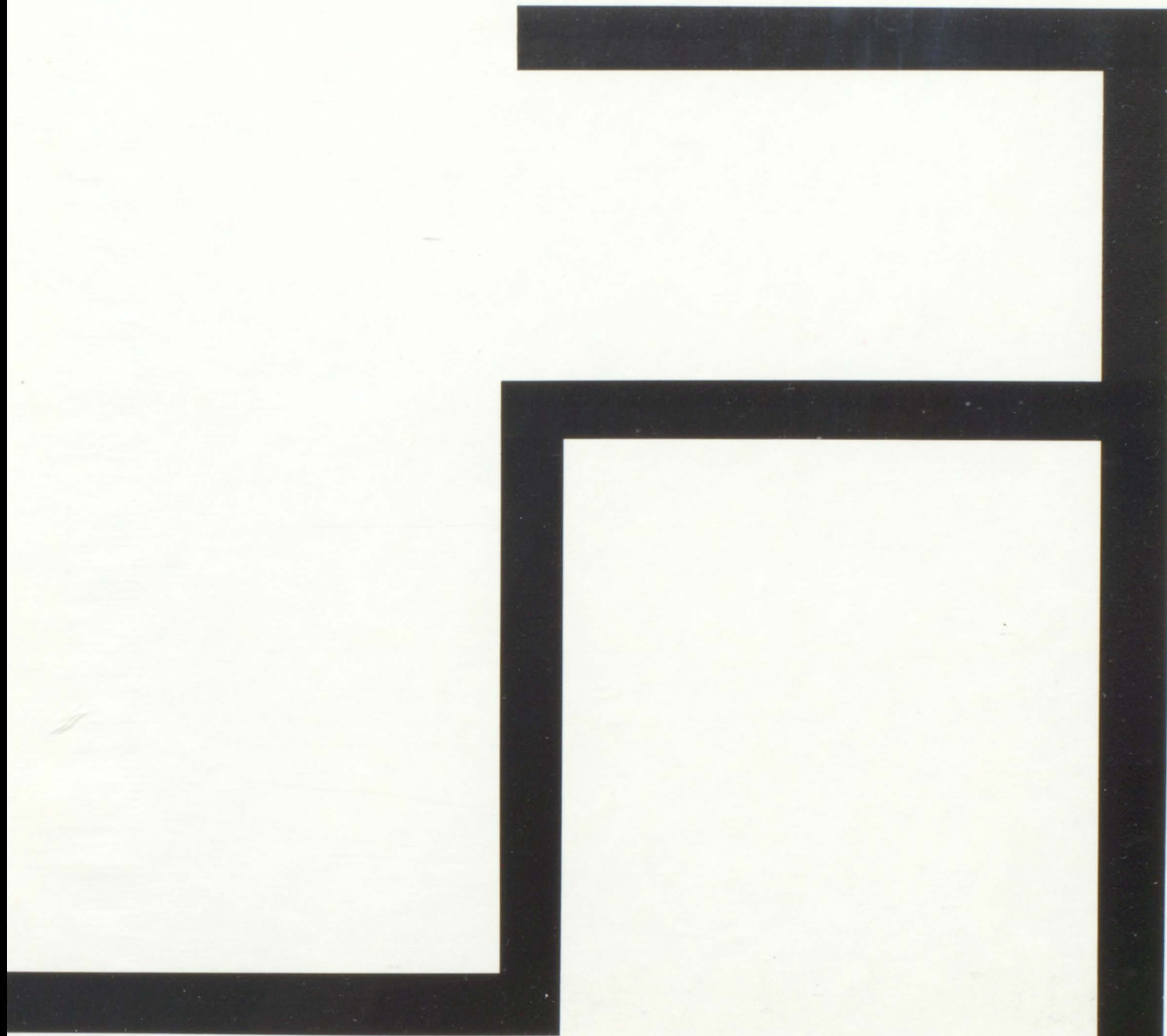
1492 Forest Lake Senior High students were pictured in this year's **Forester**. The yearbook contains 192 pages of both black and white and color photos. 54 ads were sold bringing in around \$2,000 toward reducing the price of the book. 1,000 copies of Sounds of Change were sold for \$35 each in the month of October. 100 extra copies were ordered for late buyers at the price of \$40. The typeface

used in the book was souvenir. The total cost on this year's yearbook was \$35,000. The 1993 **Forester Staff** would like to thank the following people for their contributions to the book: Anne Mueller from the Taylor Publishing Company for her time and advice, Michelle Wilkendorf from Jostens, for her assistance, Mark McCalib from Premier Studios, and Photo World in Forest Lake; Mark Stelmach for his outside artwork, and Maria Kaiser for her time and devotion.

Special thanks to Gail Law, no one could do it quite like you; just watch the hair.







Handwritten signature or initials.

