

FORESTER 1990

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Forest Lake High School

6101 Scandia Trail North Forest Lake, Minn. 55025

Volume 52

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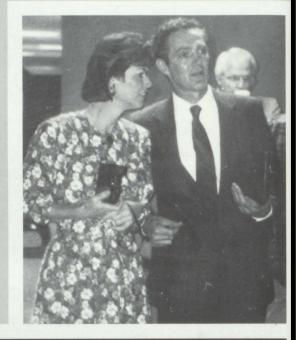


New Faces, New Halls, New Lessons.

Ahh, school. After a blissful summer of fun in the sun, we slipped back into reality school. Faces of old and new crowded the halls of Forest Lake Senior High.

Sophomores weren't the only ones in the unfamiliar surroundings, though. The new additions to the building left things to start somewhat unfinished. Classes went on amid the confusion of construction. Soon, all was completed and everyone fell into their own routine to follow for the next nine months. The 1989-1990 school year had begun, and there was no stopping it.

1. Getting into the school routine affects parents, too. Brent Houle's mom and dad participated in Homecoming Week activities. 2. School spirit even invaded Forest View Elementary where students and teachers prepared a float to ride in the parade. 3. Open House provides a chance to look over the school. Adrian Pechman visits with Valerie Taylor and Amy Pogreba, checking out what her mom does all day. 4. Returning in September to construction found many teachers' materials in chaos, but once rooms were ready offices and classrooms "shaped up" in a hurry.











Mary Wightman's contact with students varies. With the phone constantly ringing, she also manages to keep track of attendance, passes, and parking lot stickers.

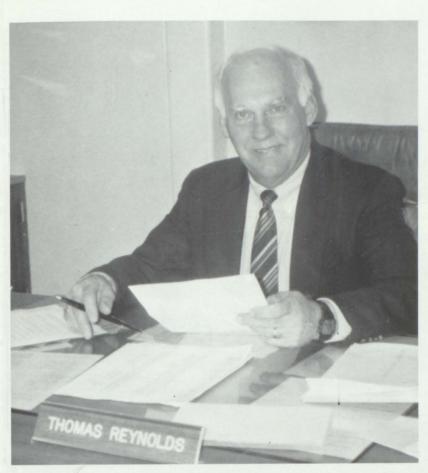
Working with Mr. Peltier, the athletic director, Marion Tuominen's day revolves around keeping athletic records straight and filling in substitute teachers as needed.



Cindy Johnson is confronted by all sorts of gadgets when she subs at the switchboard.





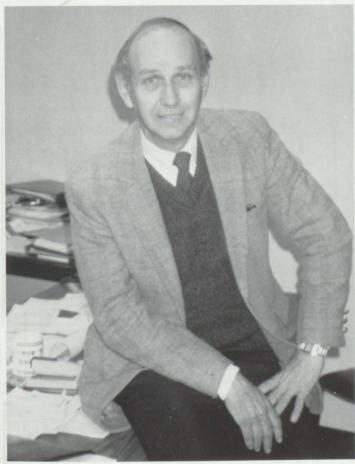


Office manages student body without hassles

By the time students reach tenth grade, there is an implied level of maturity. Office staff and principals assume that students will behave appropriately and they shouldn't be surprised with consequences if they get out of line.

Daily issues are tardies, skipping, smokers, parking problems and lunch room goof-offs. The student code of conduct is very specific. Rules *are* rules, but it takes three principals and two offices of secretaries to get it all done.

Principal Tom Reynolds has a lot more to do than manage students. He also supervises staff, classroom observation and the building budget.



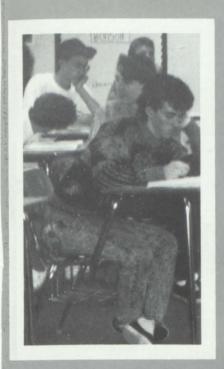


Don Drolson's day revolves around truant and tardy students, smokers and lunchroom problems not to mention bus hassles before and after school.

Russ Cooper is also an assistant principal whose job also includes developing the students' master schedules.

Andrea Rassmussen knows that once you're on the wheel, there's no putting it off. She can't stop here — the middle of a project.





Jason Houle uses precious minutes at the end of an hour to get a start on homework. Once you've begun, it's harder to put it off until later.

Involved in OJT, Sheila Amrhein finds that long hours on the job can put a lot of pressure on time to do homework.



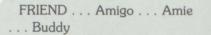


PROCRASTINATION!!!

Good intentions. Basically everyone has good intentions: "This is going to be a great paper, I'll start it now and maybe even hand it in early! Okay, so I'll work on it tomorrow, well, soon anyway; I've got PLENTY of time!"

Of course this "time" started out as a warm, friendly breeze and then turned into a raging whirlwind. We all felt it this year. Often, instead of handing in or doing quality work, we simply treaded long enough in our ocean of homework and activities to keep from drowning. Late nights were spent typing, rushing, thinking, writing, drawing and panicking! But everything got done, well, almost everything, and we sure learned our lesson: we learned exactly how long we could PROCRASTINATE and still get things done.

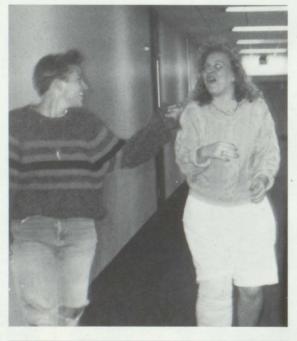
A team can't procrastinate. Imagine the confusion if Mr. Grant stood up at the pepfest and announced that they'd figure out a strategy for the game later. Their efforts begin months in advance.





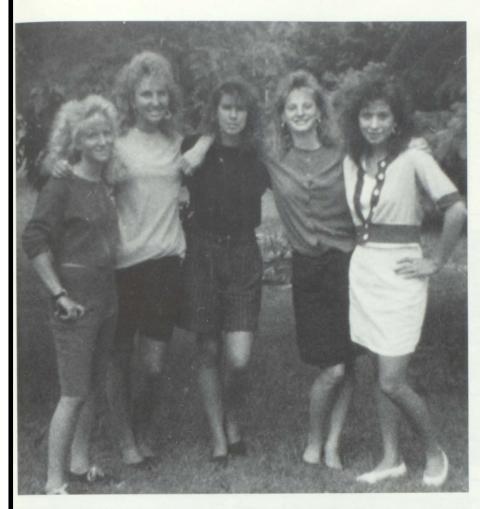






1. Brenda Reed and Ruth Hendricksen spend an hour together watching the video yearbook. 2. Pepfests pull friends together into clusters. 3. Having friends at school makes classes more fun, makes students feel connected. Troy Lawrence can "let down" or relax as he demonstrates in class. 4. Walking to class with a friend is a nice break, especially if it means leaving a little early to beat the crowd. 5. Ty LeTourneau visits with some little friends who came to watch at the coronation.





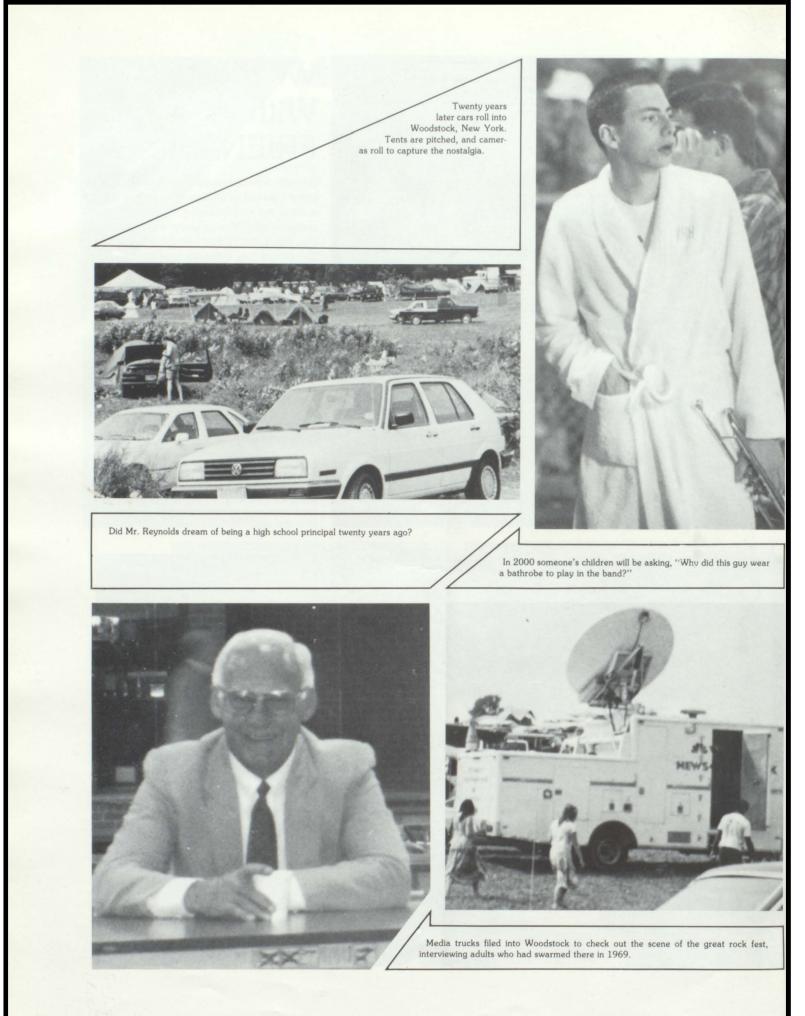
We'd be lost Without FRIENDS!

Webster defines friendship as "the state of being attached to another by affection or esteem; the act of showing kindly interest and goodwill." Now, Webster's a smart guy, but is that all that friendship is about? The people that make our lives liveable, those who love us, support us and who we share our daily trials and tribulations with are our friends. True friendship is knowing that your friend feels as much for you as you do for them and never doubting the validity of their feelings. It's that warm fuzzy deep inside your stomach you get when you need someone, and your friend is there with open arms and a smile. The unconditional love that goes on throughout the years makes friendships what they are.

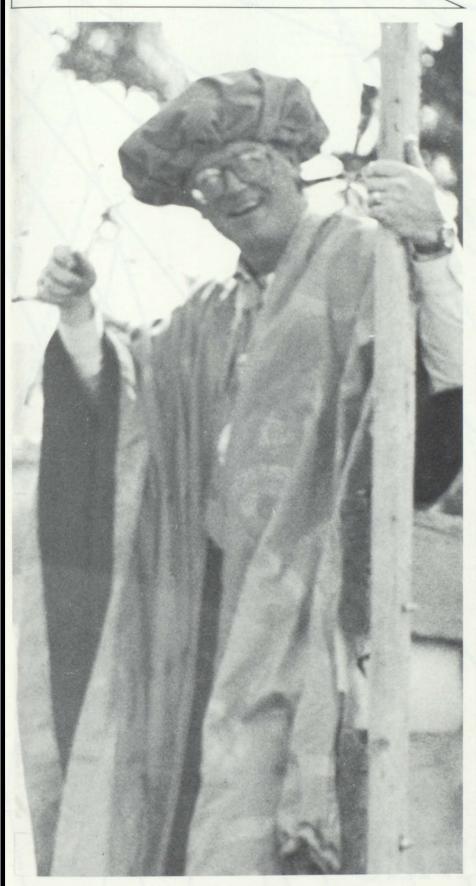
Clowning around, getting away from the glum feeling at school are Erik Larson, Katie Nord, Brent Houle, Lee Leibke and Troy Parent.

Amy Newman, Erica Kittleson, Sheri Roskowitz, Jeri Kyrola and Nikki Wood enjoy a lighter moment, appreciating some time away from their hectic schedules.





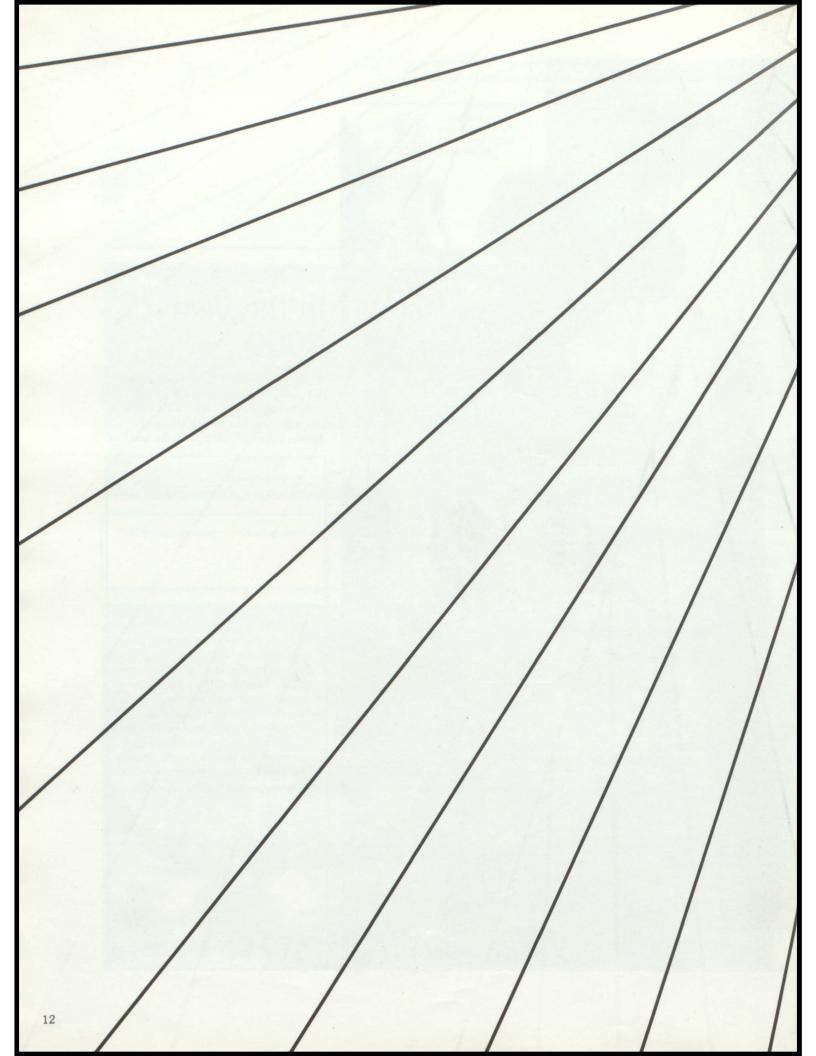
Mr. Lynch, OJT teacher, uses his wizard's magic to bestow best wishes on kids for future success.

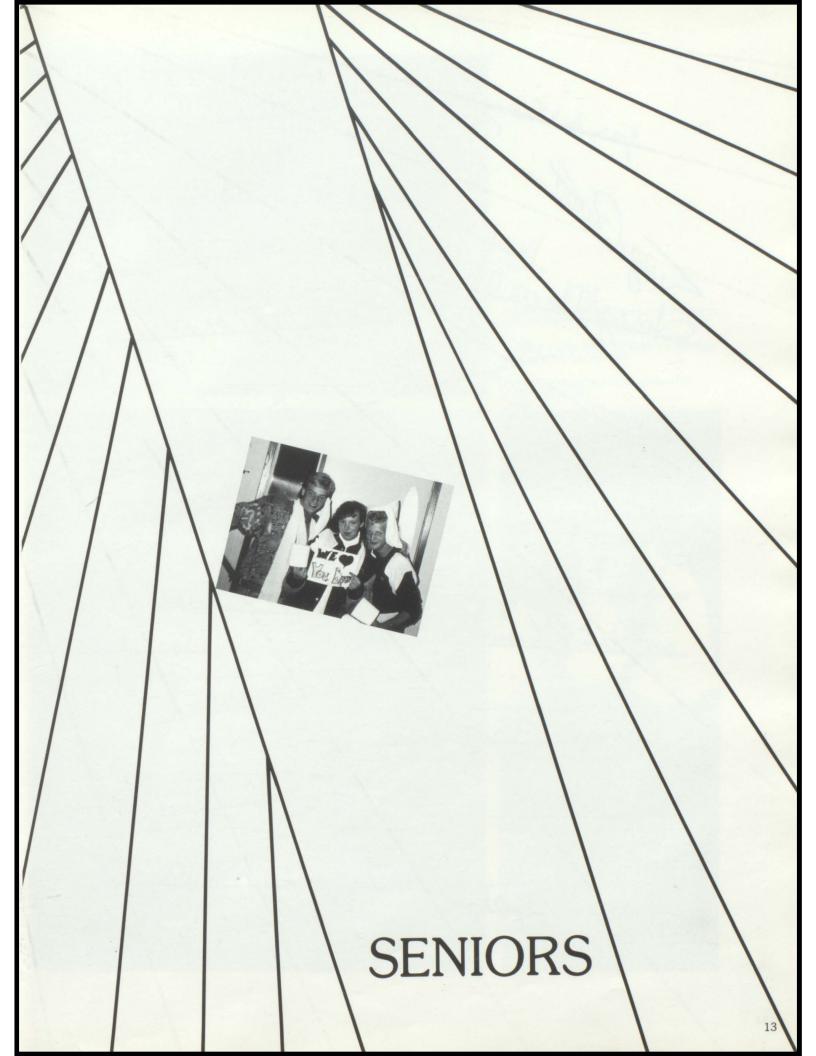


In the year 2000 . . .

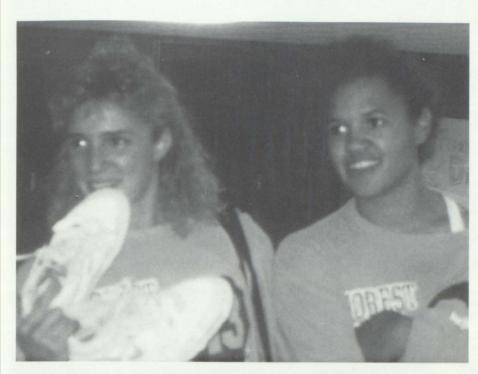
Where will you be in ten or twenty years? Are your parents pressuring you to make plans to look ahead? "What's the use?" you might say. The world's changing so quickly, I think I'll just go with the flow.

Reality is that we can only guess what is in store for the future, but if we don't try to plan, we don't have much future. Even though Woodstockers claimed "free love" and "down with the establishment" a lot of them survived the Vietnam War to become the Yuppies of the '80's, driving nice cars and voting for Ronald Reagan. Whatever happened to all the groovy Volkswagon vans and Beatles anyway?





Weigen Vitte David P-Reclus Carie A. north Apristi Judean Carla Shurabeck Kerin Broadbert. Galle Boech thim Vezina Sacy D. Wardhold Mar Frogm Sou Sherrich



Jenny Peiffer and Rita Anderson involved themselves as Ranger volleyball players.

As student director of Bye Bye Birdie, Valerie Taylor spent some long days at school.

Students like Sonia Pederson are active, which promotes school spirit.





Class of '90 — Movin' on, Movin' up, Movin' out.

"I can't believe I'm finally a senior!" was a common line on the first day of school. By November slight signs of senioritis were visible and report cards went home with messages like, "These grades don't really count." By January, class rank was determined and college, vocational school or job plans

were looking real — not just topics for vague discussion.

Being a senior had advantages, like enjoying the new classrooms, getting parking permits, the Post Secondary Enrollment Option Plan, and not having to worry about cuts from the defeated levy. It was a time to enjoy being the CLASS OF '90!

Jul M. Stenberg Kristing M. Olsen Drish Johnson Albecca a. Johnson

Becky Melan

Sendy Anderen Brad Lindberg

In allen tie Nord

Ane Mathews Darry Breide

Nalla A. Doto Chris Aramit

Armitez Seef

TOY LOW JON ()

Jatut K. Manne

ina phristin "

Narry M. La Casse

meanie Futil



Lisa Pankratz and Nancy Jergens lead the band during summer of '89 at the fourth of July parade.

The final choice always comes as a surprise, especially to the candidates on the stage. Angle McCullough's expression demonstrates her real shock.



Final moments of the British invasion found students saying good-bye in the library.

 $\ensuremath{\mathsf{Trish}}$ Johnson and Ty LaTourneau wait to be introduced at the balmy half-time activities.







William Abler



Gina Anderson



Ginger Ailara





Joshua Allen

Lynette Anderson



Rita Anderson



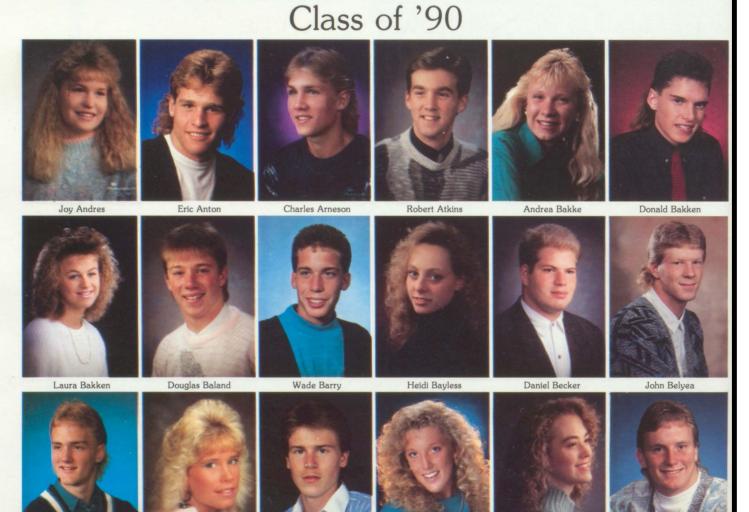
Shane Anderson



Deanna Anderson



Vicki Anderson



Jason Benson

Mona Benz

Timothy Bielke

Toni Blake



Connie Biermaier





Joelle Boeck









Angela Boesch



Lori Book



Sheri Boyce

Kevin Broadbent

Jeffrey Boyer

Lisbeth Broderson

See how they shine



Christina Brandt





Jason Capeti







Sarah Carter





Marney Burow

Jason Cibulka



Nicole Carlson



Brian Clark



Cindy Capaul



Steven Carlson



David Clark

Tracy Chapman





Jeffrey Collins



Tamara Crosswait





Michele Culver



Carl Czech

Ave Dahlberg



Class of '90







Etevaldo Demiranda







Dorothy DuFresne

Traci DuFresne

Amy Dietsch

William Dukowitz



Steve Differding





Stacy Distler

Robert Duncan





Brooke Dewitt

Trevor Dunn



Pamela Dickman



Kimberly Droher



Shane Dupaul













Kimberly Edgerton



Terri English

Kimberly Eastman





Rebecca Ekdahl



Joseph Elias



Charles Eller

Elizabeth Elmstrom

Tracy Erickson



Sam Ferraro

See how they shine



Brenda Finch











Craig Gillen



Heather Gordon



Patrick Flanagan

Jeffrey Gosiak







Jody Graba



Kathy Flynn

Martina Geldner



Christine Graff



John Foss



Wade Gerten



Jason Granquist















Jeffrey Gressman



Amy Hamilton



Kelly Hammons



Tammy Hanft

Class of '90

Deborah Hansen

AnnJeanette Hanson



Nancy Hanson

Kirsten Henzlik

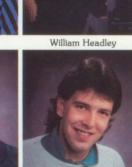


Toni Hass



Joseph Hermes

Mark Holewik





Bradley Holzscuh



Sara Hegstad



Ronald Hillberg



Michelle Hoskins



Michael Hinz



Brent Houle



Jason Houle

Randy Hockert





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Amy Hunt



Daniel Husnik



Boyd Ingvalson

Linda Irber







Bradley Jarousek

Nancy Jergens

Sherry Jochim

See how they shine



Kevin Johnson



Sonja Jongquist



Larry Kiefat



Clyde Kamppi





Jason Kamppi



David Killion



Sharon Johnson

Dennis Kenny



Eddy Killpack



Troy Johnson



Mao Keu



Scott Kinderman









Class of '90 Honors 12 Royally

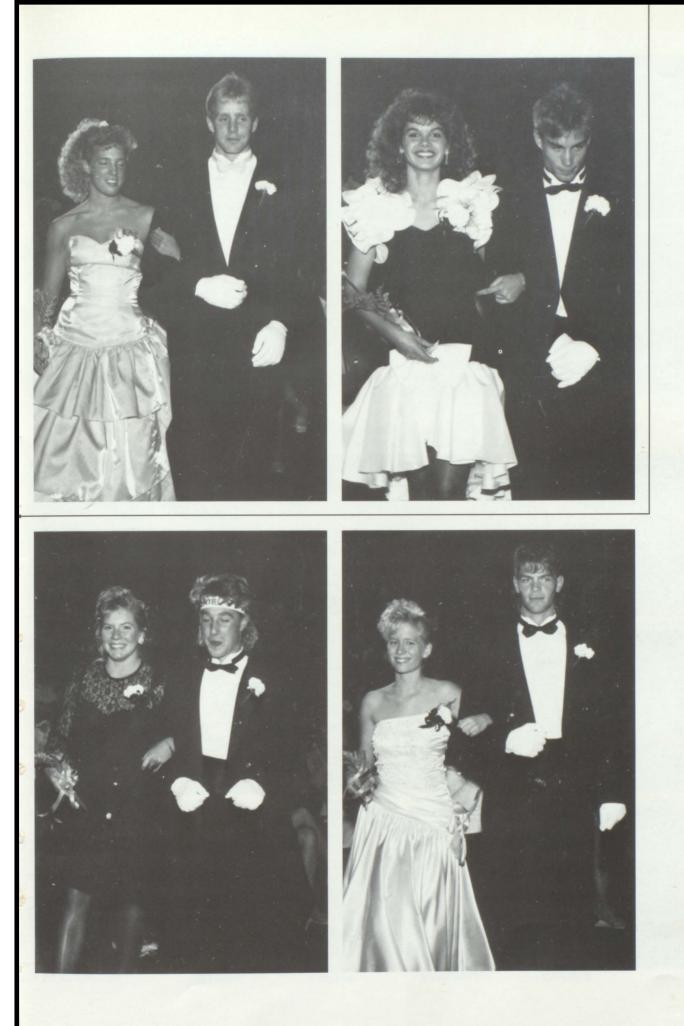
1989-1990 Royalty: Angie McCullough and John Foss, Patricia Johnson and Scott Timmons, Jennifer Pfeiffer and Joe Toth, Jean Whitney and Mark Hoff, Kristina Olsen and Ty LaTourneau, Amy Newman and Brent Houle

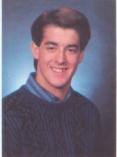
King Ty Latourneau and Queen Amy Newman formally greet their school at the Homecoming Coronation.



















Melanie Knettel



Keane Kindle





Erica Kittleson

Wade Kosman



Jason Kostelecky

Class of '90

Cari Kottke

Jerilyn Kyrola

Kenneth Kralick



Robert Kranz



Tara Krantz



Tracy LaCroix



Troy Lawrence



Regina Krueger

Abigail Lay

Laura Leetch



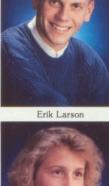
Sandra Landecker







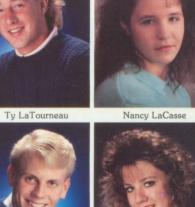
Lee Leibke

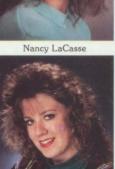


Melissa Lenk



Linda LeRoux





Karin Larson



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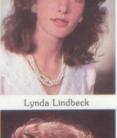


Peter Lessard





Amy LeTourneau









Tonya Linz

Rhonda Litke

Jenna Lowe

See how they shine



John Luger



Sarah Maefsky



Jarrod Mattson



James Lundberg



Henry Mauer









Nathan Malek





Kimberly Marx



Melissa McCann



Jennifer Madden



Susan Mathews



Michelle McClure



27



Denise Lusian





Molly McAvoy



Angela McCullough



Jeremy Minner





Class of '90

Desi McEachran



Susan Moravec









Leitta Moxness



Steve Muller





Kathryn Nord



Alan Newman

Sarah Nordin

Michael Monson



Michael Nadeau



Amy Newman



Douglas Oase



Juliet Morris



Peter Moskop



Rebecca Nelson



Carrie Norbin



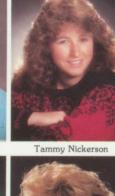
Kristina Olsen







Jennifer Obst





Kelly O'Donnell





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Sheri Olson



Nathan Ostertag



Julie Pagois





Lance Pankratz





See how they shine

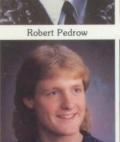
Amie Omdahl

Brian Passeri



Lindee Pederson









Michael Polencheck



Cheryne Peterson

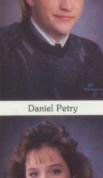
Kathryn Pollard







Shelly Powers



Anna-Marie Peter



Heidi Proulx



Troy Pleski



Janel Proulx



Gretchen Petersen



Amy Pogreba



Brian Quarnstrom





Nancy Rathe









Andrea Rasmussen



Patricia Riley

Todd Roe

Tammy Roemhildt

Class of '90

Sheri Roskowitz

Amy Rudenick

Jacqueline Runeberg



Scott Runningen



James Scheid





Matthew Sandager







Josie Scholten



Holly Seekel





Aaron Seim



Paula Schrom



Elizabeth Schuett

Dana Schultz





Richard Scully







Jean Schroeder









Sibbal





Todd Siemonsma





Jennifer Snelson

Laura Theroux

Jodi Thompson

Carla Thurnbeck

Scott Timmons

Joseph Toth





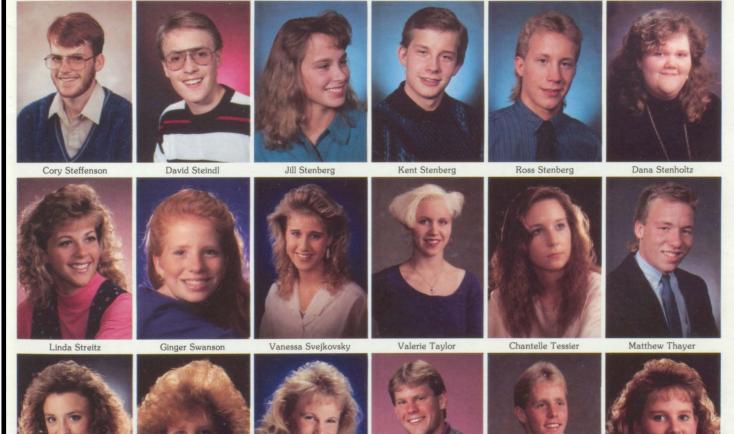
Ethan Solum





Michelle Spear

See how they shine



Kristi Trudeau



Debbie Van Weldam







Rachel Wagner



Christi Vesel



Jessica Wahlberg

Class of '90

Kimberly Vezina

Nicholas Walker





William Votel



Matthew Wassman



Michael Wassman



Jean Whitney

Nichole Wood







Tami Worden





Karla Wittwer

Mara Zderad

Wendy Warner





Billi-Jo Wolff



Darren Zigas



Jarrold Yezek

Pamela Williamson

ango Mart Mayor Hunger Hart Hunger Mart Mayor Hunger Hart Hunger Martello Jesso Denny Snelson Hunger Hunger Hadland Study John Marting Hadland Study John Hunger Hadland Study Jan Hart Hunger Jan Marting Jan Mronquist Becky Ekdablis Korw Larison Deborah & Amer Course Burman Ant Million En Aleid Baula Dehrom Ant Million En Aleid Baula Dehrom And Think En Aleid Baula Dehrom

GINGER AILARA . . . ''I'm a student . . . I walk in eternity.''

JOSH ALLEN . . . Wrestling . . . "Why wait, the world could blow up tomorrow."

DEBBIE AMES . . . Band . . . "If you can't afford it now, there is always layaway."

SHEILA AMRHEIN . . . Basketball, HERO Club, French Club . . . "The older the better."

DEANNA ANDERSON . . . "If only the good die young, I'll live forever."

LYNETTE ANDERSON . . . Gymnastics, Track, Soccer . . . "Time is money."

RITA ANDERSON . . . Track, Basketball, Volleyball, A-TAC . . . ''An attitude isn't an attitude unless it's on your own time.''

VICKI ANDERSON . . . N.H.S., Spanish Club, Drama, Breeze . . . "Nothing is politically right, if it is morally wrong."

JOY ANDRES ... F.F.A. ... "Loves in life may come and go, but friendship lasts forever."

ANDREA BAKKE . . . Basketball Cheerleading, Track, Band . . . "Spend your parents' money while you can."

HEIDI BAYLESS . . . "Make love not war."

DAN BECKER ... Soccer, Ski Team, Tennis, OM, Student Council, Knowledge Bowl, Band, A-TAC, French Club, Drama, Science Team, Breeze, Bathroom Boys Band, F.C.A... "Everyday is the dawn of the rest of time."

CONNIE BIERMAIER ... Tennis, Basketball, Softball, French Club, A-TAC ... "Live for today, dream for tomorrow, but party tonight."

TROY BLANCHARD . . . Football, Hockey "Nothing is going to happen for you, you have to make it happen."

JOELLE BOECK . . . Speech, Math Tutor, N.H.S.

ANGELA BOESCH German Club "I hate"

LORI BOOK ... Soccer ... "Look at yesterday for the memories, and at tomorrow for the future, but live for today."

JEFF BOYER . . . Football, Basketball, Spanish Club . . . "Don't give up on anything."

CHRIS BRANDT ... Track, French Club, N.H.S., Tutor ... "The worst is yet to come."

SANDRA BREIDEL . . . Danceline, Spanish Club, German Club . . . "Hey Doobie!"

KEVIN BROADBENT . . . Soccer, Hockey, Track, French Club . . . "No matter what you do in life, always give it your best."

ANNE BROWN . . . O.J.T.. . . "Always have room for a change!"

CINDY CAPAUL . . . Debate . . . "Never enter a gift shop called Maharahajas."

JASON CAPETI . . . Baseball . . . "Throw me a cold one."

MATT CAREY . . . Wrestling . . . "May your life be like a roll of toilet paper, long and useful."

DAVE CLARK ... Cross Country, Spanish Club

... "Stop me if you've heard this one."

JEFF COLLINS . . . Soccer, Band . . . ''A dream is a doorway to success.''

MIKE COSTELLO . . . "Pig stain on your fat chin."

DIANE CULP ... French Club ... "Life's a battle from the cradle to the grave."

MICHELLE CULVER . . . Spanish Club . . . "I'm a muscle in plastic. NYjinski's bad move, just a white show piece, and I've got nothing to lose."

AVE DAHLBERG . . . French Club, Basketball Cheerleading, Track, Drama, N.H.S.. . . "No pain, no gain."

JANELLE DANIELS . . . Debate, Band, N.H.S., Track . . . "If you can imagine it, you can achieve it. If you can dream it, you can become it."

KELLY DAUGHERTY ..., F.F.A., Band.

TRACI DUFRESNE . . . "Everyone rock on!"

ROB DUNCAN . . . Swim Team, Football . . . "Party 'til you drop, then get up and do it again!"

BECKY EKDAHL . . . Basketball Cheerleader, Band, French Club . . . "Smile!"

ELIZABETH ELMSTROM . . . Drama, Student Council, Speech . . . "Keep on smiling, because smiling is the beginning of peace."

KRISTEN ETHEN ... Tutor, Spanish Club, A-TAC ... "Let's not let life get in the way of having fun."

TYE FARRELL . . . Speech, Band, Drama . . . "When you reach for the stars, you may not get one but you won't end up with a handful of mud either."

JOSHUA A. FEDDERLY ... Bathroom Boys Band, Ski Team, OM, Student Council, N.H.S., Speech, Knowledge Bowl, Baseball, Band, Drama ... "When the gypsy's bear is dancing in your neighbor's yard, you know it will soon come to yours." (Bulgarian Proverb)

TIFFANY FLADLAND . . . Football Cheerleading, Basketball Cheerleading, Spanish Club, Track . . . "Never ride behind someone with a squirt gun on a roller coaster."

PAT FLANAGAN . . . Football, Basketball, Baseball.

JASON FLINN . . . Wrestling, Band . . . "Champagne appetite — Beer Budget."

JASON FOUCAULT ... Track ... "Never go into battle without your Trojan army."

MARC FROGNER ... Hockey, Golf ... "Play now, work later."

TRAVIS GALLEBERG . . . Football, Baseball, Student Council . . . "Live long and prosperous."

CRAIG GILLEN . . . Football, Track, Wrestling, French Club . . . "The time goes faster than you think, so don't waste it."

JEFF GOSIAK ... Football, Hockey ... "If all else fails, go to a party. Bye everyone, it's been real."

CHRIS GRAFF . . . Debate, Speech, Drama.

JASON GRANQUIST Soccer, Band, Tennis

Tina Olsen joins the group watching the video yearbook in the cafeteria.

... "It's been real."

RACHELLE GROSS ... Soccer, Swim Team, Karing Kids, Basketball, Forester ... "If all else fails ... party!"

STEVEN HAAG . . . "Let's see if you can pass the ultimate test, the one called life!"

AMY HAMILTON . . . Gymnastics . . . "Just do it."

KELLY HAMMONS ... Danceline, Drama, Band ... "In order to finish, you must start." (Ephesians 4:29)

TAMMY HANFT ... Swim Team.

NANCY HANSON . . . "Yeah! We made it!"

ANJIE HANSON . . . Gymnastics, Cheerleading . . . "Friends are richer than money."

BILL HEADLY ... Band ... "Lick!"

KIRSTEN L. HENZLIK ... Danceline ... "If you can imagine it, you can achieve it. If you can dream it, yo can become it."

JOE HERMES . . . Football, Baseball.

BRENT J. HOULE . . . Soccer, Baseball, Wrestling, French Club . . . "Cool as November, smooth as China silk."

MICHELLE HUGHES . . . Speech, Band, Drama, French Club, N.H.S.. . . ''Life is like a chocolate chip cookie: May your chips be plentiful.''

DAN HULLEMAN ... Football, Baseball ... "You can pick your friends, you can pick your nose, but yo can't pick your friend's nose."

PASI HYUARKA ... Soccer.

BOYD INGVALSON ... Band ... "And it's neato!"

SHANNON JABAS . . . Student Council, OM, Spanish Club, Mock Trial, Karing Kids . . . "Live each



Shelly M. Culure Ken holid Hore coscal tendet Mona Benz Binter Shitchen Riteram Ann Crati Any Ablourneau Suite Sauratheraux Ethen Solum Karla M. Wittuer Technet geri Kyrda And And Duites Tracy Calmix Shela Mamhien

Bill Headly Tammy Hent Dathellemen Portfullemen Portfulle Devention Devent Jean Ame Schmader Jalen Q. Jugler Type Robert Fredderly " Josh Fedderly "

day like it was your last."

DARRELL JACOBSON . . . Weight Training, Office Aide . . . "Don't follow the crowd, because like sheep, they are usually lost."

NANCY JERGENS . . . Tennis, Band, Jr. Class Council believe it!''

TRISH JOHNSON ... Volleyball, Basketball, Jr. Class Council, Drama, French Club ... "High School ... what more could one want? Fun, fantastic friends, and Friday nights! The class of '90 rocks the house!"

TINA JOHNSTON . . . Volleyball . . . "Rock the house 1990!"

MELANIE KNETTEL "Take it easy!"

KEN KRALICK ... OM, Knowledge Bowl, Tutor, French Club, Science Team ... "Une femme par temps sil-vous plait a cause de qui ne risque rien na rien."

JERI KYROLA . . . Football Cheerleading, Wrestling Cheerleading . . . "Herman the worm."

NANCY LACASSE ... Soccer, Gymnastics ... "Never give up on yourself."

TRACY LACROIX ... Softball ... "Class of '90 rocks the house."

SANDY LANDECKER . . . Spanish Club, A-TAC, Track . . . "Everything in the world will end someday, but love will last forever."

ERIK K. LARSON ... Soccer, Math Tutor, Science Tutor, HP Support Group, Ski Team, Tennis ... "Innocence without awareness is ignorance."

KARIN LARSON ... French Club ... "This place is so beat! Boonie out!"

TROY LAWRENCE ... OM, Student Council, Football, Track, Knowledge Bowl, French Club, Drama, Science Team ... "When in time life smiles, laugh along with it, when in time life decides to frown, laugh in its face."

LEE LEIBKE ... Soccer, Wrestling ... "Live for today, because tomorrow might come."

PAUL LESCH . . . N.H.S.. . . "Nobody likes a quitter."

AMY LATOURNEAU . . . Diving, Track, French Club, N.H.S.. . . "Never use the bathroom in a motel at 11:00 at night . . . it's illegal."

BRAD LINDBERG . . . Cross-Country, Basketball, Track, Band, Science Team, N.H.S., F.C.A., Drama, A-TAC, Bathroom Boys Band, Student Council, German Club, OM "A wise man always keeps a child in his heart."

LISA LINDEMANN . . . "Live for today, dream for tomorrow, and learn from yesterday."

RHONDA LITKE "Oh no!"

JENNA LOWE ... Golf, Ski Team, Volleyball, Track, Basketball, Student Council, A-TAC, Jr. Class Council ... "Live life to the fullest because you only live once."

JENNIFER M. MADDEN . . . Speech, Tennis, Debate, Choir, N.F.L., Drama, Mock Trial, Forester, French Club, Knowledge Bowl, A Vous La Parole "All that we see or seem, is but a dream within a dream." (Edgar Allan Poe)

SUE MATHEWS ... 'Spanish Club ...''Value your friends, they may not always be there.''

HENRY MAURER . . . Football, Basketball, Baseball, N.H.S., Spanish club . . . "Shoot it again, it's still moving."

MICHELLE MCCLURE . . . Cheerleading, Support Group . . . "Do something with yourself and raise &*%@#*!"

ANGIE MCCULLOUGH . . . Student Council, Volleyball, Jr. Class Council . . . "Royalty: Replace what you took from my refrigerator!"

SCOTT MIDDENDORF . . . Hockey, Football, Baseball . . . "You mess with the best you pay like the rest."

MICHAEL MONSON . . . "After graduation some problems end. There are sad situations that are not easy to mend. But through it all remember the Lord. And there will never be anything you can't afford."

JULIET MORRIS . . . Mock Trial, Forester, Knowledge Bowl, Drama, Band, German Club . . . "No matter where you go, there you are."

BECKY NELSON . . . Choir . . . "Never look up to the older students."

DARIN NELSON . . . "Nobody does it better!"

KEVIN NELSON ... Basketball, Football, N.H.S... "Never let them see you sweat."

CARRIE NORBIN . . . Mock Trial, N.F.L., N.H.S., Debate, Speech, Student Congress, Student Council "Our goal is to discover that we have always been where we want to be."

KATHRYN NORD . . . Volleyball, Gymnastics, Softball, Diving, Student Council . . . ''Congratulations and good luck to the class of '90! We made it and we'll never forget it!''

SARAH NORDIN ... Spanish Club, Math Tutor ... "Get a life."

DOUGLAS A. OASE . . . Soccer, Band, F.C.A., N.H.S., Tutor . . . "Everyone should be quick to listen, slow to speak, and slow to get angry."

KELLY O'DONNELL . . . "No pain, no gain."

KRISTINA OLSEN . . . Volleyball, Gymnastics, Track, French Club . . . "Never take life as an old pair of socks — take it barefoot, free, and mysterious."

AMIE OMDAHL ... Spanish Club, F.F.A... "Why not?"

NATHAN OSTERTAG . . . Student Council, Soccer, Speech, Boys' State, N.H.S., Math Tutor, N.F.L.. . . "To win without fighting is best." (Sun Tzu)

KERRY PAKULSKI ... Tennis ... "I don't care!"

TROY PARENT ... Soccer, Hockey.

ROBERT PEDROW ... Wrestling, Math Team, Tutoring ... "Party! Do your homework later!"

JENNY PEIFER . . . Volleyball, Basketball, Softball, Youth Development Committee . . . "Work, play, and rally hard! Take care!"

MELANIE PERRY F.F.A.... "Live life to the fullest."

ADAM PETERSON . . . Football, French Club . . . "It depends on your taste!"

GRETCHEN PETERSON . . . Danceline, Choir "The world has music for those who will listen. Everyone dances to their own beat." CHERYNE PETERSON ... O.J.T., Gymnastics"Don't do anything I wouldn't do."

AMY L. POGREBA . . . Speech, Mock Trial, Knowledge Bowl, Breeze, Forester, Choir, Drama, N.F.L., German Club "Hey you guys! Look! There he is! Where's my lipstick?"

BRIAN QUARNSTROM . . . N.H.S.. . . "No matter how much you fail, you can pick yourself up."

ANDREA RASMUSSEN ... Softball, French Club, S.A.D.D., Choir, N.H.S.... "To handle yourself, use your head, to handle others, use your heart."

TAMMY ROEMHILDT ... French Club, Choir ... "Pump it up! Pump it up!" (Rob Base)

SHERI ROSKOWITZ ... Football Cheerleading, Hockey Cheerleading, Track ... "Yo baby yo!"

JACQUELINE RUNEBERG . . . Softball, Band . . . ''Don't bother listening, you won't understand me.''

MATTHEW SANDAGER ... Drama, Choir, Debate, N.H.S., N.F.L., Student Congress, Speech ... "We are the Music Makers, and we are the Dreamers of Dreams." What will your dream be?"

LEANNA SCHLEAGER . . . "Some advice, walking down the halls is like driving, never go on the wrong side."

JEAN ANNE SCHROEDER . . . Swim Team, Mock Trial, Speech, Forester, N.H.S., N.F.L.. . . "Dry mouth!! My mouth is dryer than 12 banshees on the Sahara!"

PAULA SCHROM . . . Basketball, Youth Development Committee . . . "Marry rich learn to love."

AARON SEIM . . . A-TAC, French Club . . . ''To be or not to be, that is the question.'' (Shakespeare)

JENNIE SELL . . . Band "Stay away from Fish & Airplanes!"

LORI SHERRICK . . . Spanish Club . . . "Finally free!"

TOM SIBBARD . . . "More power to you."

JENNIFER L. SNELSON . . . Music Contest Participant, HERO Club . . . "Success is a journey, not a destination."

ETHAN SOLUM ... Marketing.

JILL STENBERG . . . Football Cheerleading, Wrestling Cheerleading, Forester, Band, N.H.S.. . . "Hey guys, only five months until my birthday!"

LINDA STREITZ ... Softball, Tennis, Basketball ... "Be good, but be good at it."

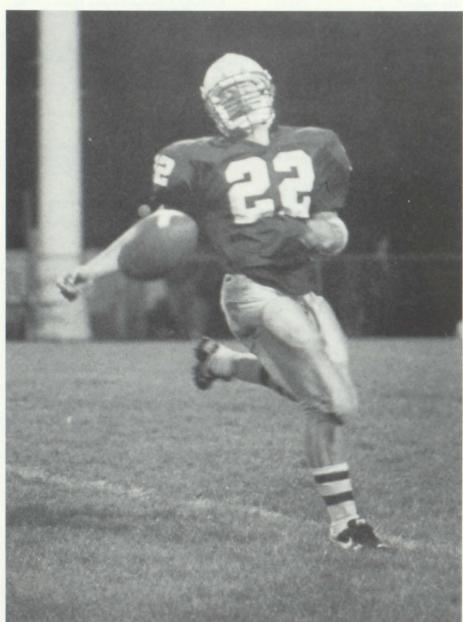
GINGER SWANSON . . . "Dang man, Vikings are #1 — Future Superbowl champs of 1990! See I was right!"

VALERIE TAYLOR ... Drama, Band, Speech, N.F.L., German Club, Mock Trial, Forester, N.H.S., Knowledge Bowl, Breeze ... "Ahh ... That would be 1812 then. My philosophy is that basically everything is peaking — more peaking than twelve banshees on a cold mountain."

CHANTELLE TESSIER . . . French Club . . . "No one can eat just one!"

MATT THAYER Wrestling "Live smart."

Receiving the ball is Joe Toth, senior record setter in the conference.



LAURA THEROUX ... Cheerleading, Choir, Danceline, Drama, French Club ... "Stay Gold!"

CARLA THURNBECK . . . Volleyball, Diving, Swim Team, Gymnastics, Softball, Spanish . . . "Good luck in the future. Do something fun with your life."

SCOTT TIMMONS ... Football, Baseball, Hockey, Golf.

JOE TOTH . . . Track, Football . . . "Ya snooze, ya lose."

KRISTI TRUDEAU . . . Softball, Spanish Club . . . "Never let life get in the way of a good party."

KIM VEZINA "Live for the moment."

WILLIAM VOTEL . . . Debate, Soccer, Tennis, OM . . . "Now, my bonny lad, you are mine! And we'll see if one tree won't grow as crooked as another, with the same wind to twist it."

STACY WACHHOLZ . . . Diving, Band . . . "Simmer."

RACHEL WAGNER . . . A-TAC, F.F.A.. . . "God bless you."

JESSICA A. WAHLBERG . . . Volleyball, Speech, Student Council, Drama "Save the elephants . . . don't buy ivory."

KRIS WELAGE . . . Spanish Club, Soccer . . . "Live and Learn."

JEAN WHITNEY . . . Gymnastics, Volleyball, Drama Speech, Band "A man is what he wills himself to be." (Sartre)

PAM WILLIAMSON . . . A-TAC, F.C.A., Wrestling Statistician . . . ''Life is too short. Have fun and enjoy.''

KARLA WITTWER . . . Softball, Basketball . . . "Always ride E-Z and rock hard."

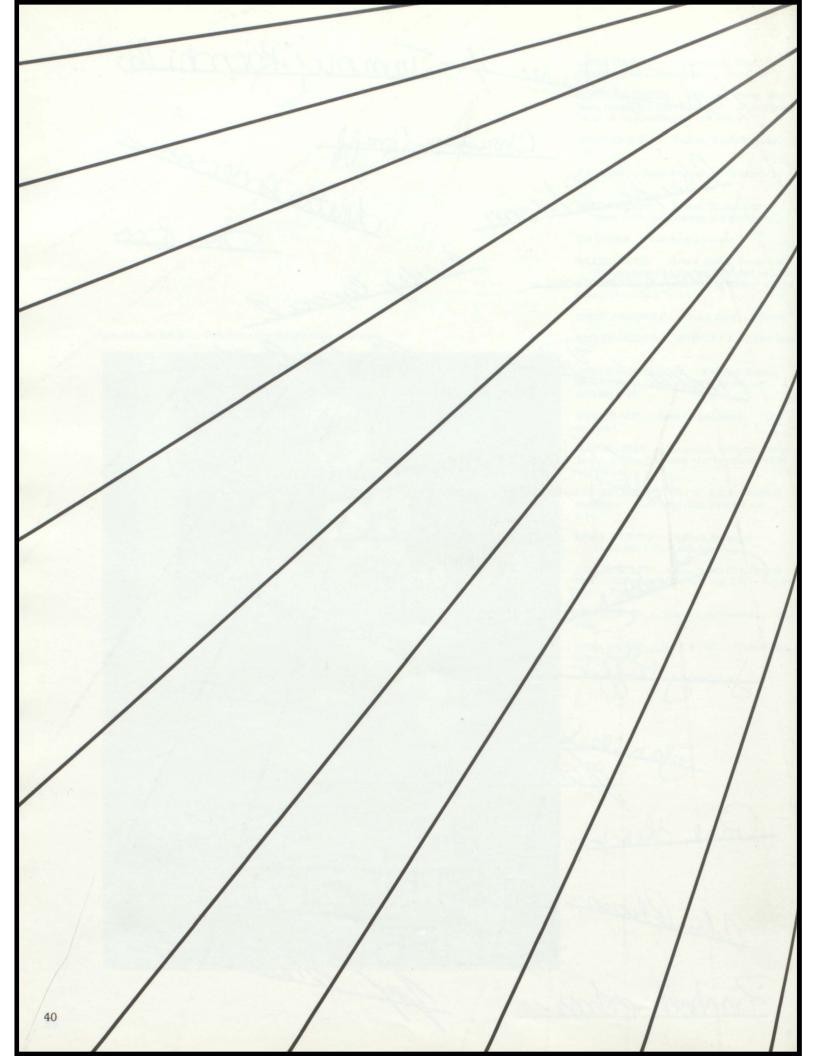
BILLI JO WOLFF . . . Choir, French Club, Spanish Club . . . ''Thanks guys! It's been real. T/B — Joy an Pain . . . Pump it up!''

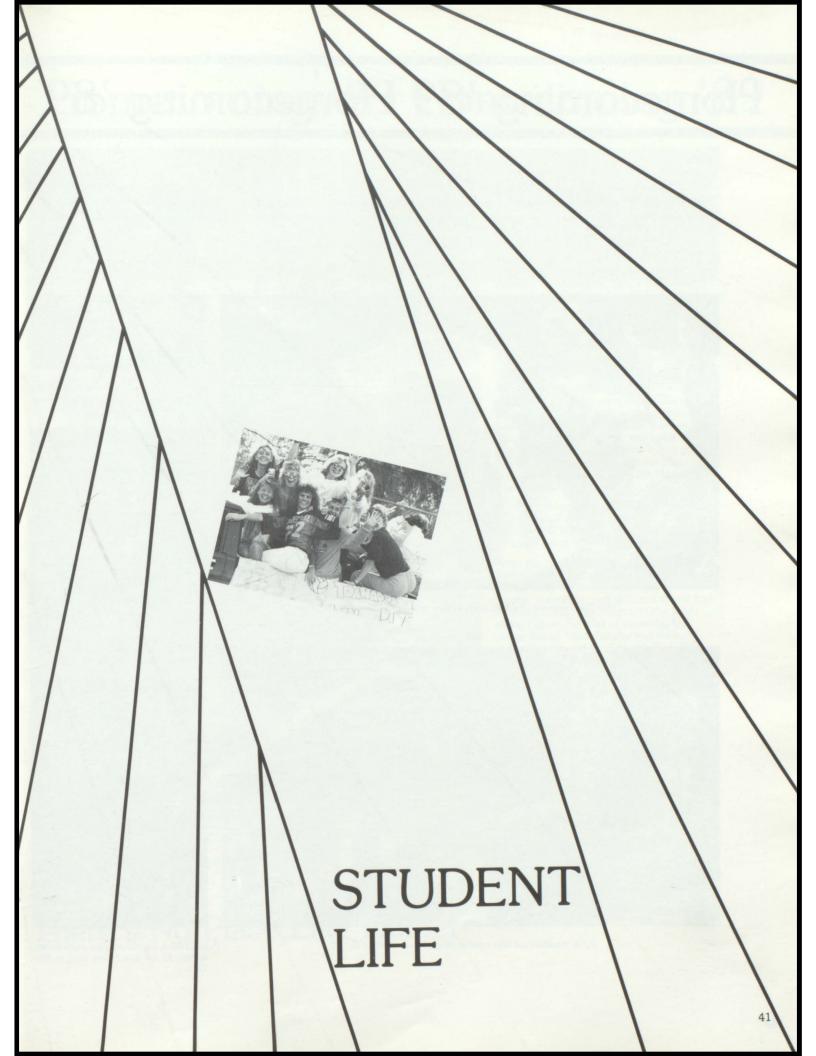
TAMI WORDEN . . . Spanish Club, Forester . . . "Hey babe."

MARA ZDERAD . . . Band, A-TAC . . . "Farmer Bud, where are you?"

Ang Marrer for Tammy Roemild Chenne Rielson Anetto Anderson Sori Boo Spri Boo Elizabetti K. Elmetrem Cindy Capaci andrea & Ballie Michael Maria Billi & Weldt vanusa svejeosay Billi & Malde Maluer Anny J. Poge ba Anny Riffer Denue A. Auderson Jonny Riffer Rue Hesch Alan Rolly Daugherty Alan Kelly Daugherty Andan Kelly Daugherty Bachelle Show And Manchard

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Homecoming '89 Homecoming '89

Big Hair Day . . . eating caramels with mittens . . . Did Cory Onell practice? . . . Inside out day . . . Where are the buttons? . . . Maroon and Gold Day . . . Where's the ice cream? . . . Dance, dance, dance . . . Who lit that bonfire? . . . Queen Amy, King Ty . . .



Joe Toth bursts onto the field, ready to take on the Anoka Tornadoes.



Queen Amy Newman and King Ty Latourneau enjoy a sunny ride in the Homecoming Parade.





F.F.A. members put their creative energy into a miniature Oz.

Seeing the parade from the inside angle is parade Grand Marshall Stan Motschenbacher, joined by Nathan Ostertag.



In full dress, the Marching Band gets in step, showing FL it's style before going to New York.

Homecoming '89 Homecoming '89



Michelle Johnson's witch costume impresses young parade viewers.

There's No Place Like Home!

Ranger Fans Spirit High

Homecoming '89 saw the return of the coronation and the introduction of a Tuesday night bonfire. Ty La Tourneau was crowned homecoming king and Amy Newman queen. The bonfire was held Tuesday evening. A few students attended but the turnout was expected to be better. The ice-cream for the ice-cream social didn't show up and the fire was put out before anyone could even come out.

The week of homecoming started with different themes for each day of the week. There was big hair day, rainbow day, inside-out day, dress up as your favorite "Wizard of Oz" character and spirit day (Maroon and gold day). Maroon and gold day drew enthusiasm from the student body by wearing gold vests the Marketing Class made.

"Even though I'm STILL trying to get out all of the little knots in my hair, BIG HAIR DAY was the best," said Jessica Wahlberg, senior.

After the participation at school many students left for the big parade held in Forest Lake by the student body. The royalty, danceline, and different sports had different floats. The judging of the floats were: Future Farmers of America, first place; Forest View Faculty and students, second place; and the Spanish Club float came in third place.

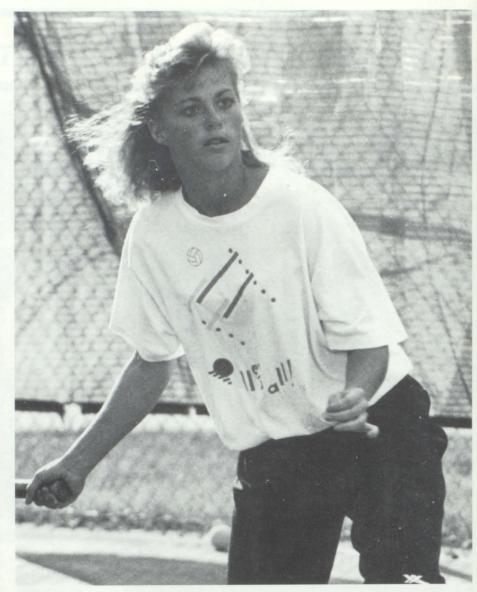
The Rangers suffered a shocking defeat in their homecoming football game against the Anoka Tornadoes.

The "Snake Dance" which was held Friday night after the game in the gymnasium, attracted a good crowd. The students danced to the latest sounds of a local D.J.

"Being a homecoming candidate was a lot of fun and a time I will never forget," said Angie McCollugh.

... And it's off to work we go.

Like the seven dwarfs, FL students left home early, facing a hard day of work. Whether it was chemistry, AP art or T and I, the assignments were made and expected to be in on time. Never mind that everyone leads a life away from school, too. Keeping a car in working order, selling burgers downtown, spending time with friends, playing in the band, singing in the musical, tackling in football, or some sport, gave busy students plenty of outside pressures to worry about. No wonder our bedrooms were a mess, our lockers chaos, and our cars full of clothes and fast food trash. We worked hard because we worked at so many things.



Ask Linda Streitz about hard work. She knows you can't just show up and expect to win matches.



Coaches like Mr. Grant give up summer hours to plan and start practice.



Busy OJT (on the job training) classes found time to put together a float and crown a "queen" besides.



Tom Carney, Valerie Taylor, and Heidi Zapzalka marched for hours in the cafeteria to get ready for Macy's Parade.



Longer classes, harder assignments, and credit requirements kept sophomores busier than the ninth grade.

NEW YORK, NEW YORK

Santa's Band Marches in Finale Routine

Willard Scott just STOPPED his Macy's parade commentary to run out onto the street and "wind up" the marching Rangers for the finale of the parade. This was only one highlight of the band's Thanksgiving trip to New York.

Ask a member of the band about the lights of Broadway, *LES MISERABLES*, Chinatown, Radio City Music Hall, the Rockettes, freezing winds, 4 a.m. wake-up calls, taping in the snow, sleeping on a bus, shopping for special mementos, the Statue of Liberty, and more.

Tons of money was raised to pay for memories which will last forever.

Jess Wahlberg and Jean Whitney rest from a shopping extravaganza.

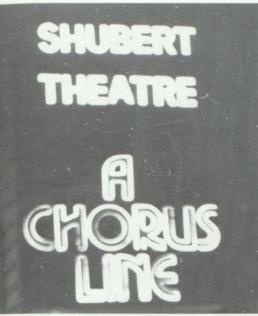




Brad Lindberg poses for the yearbook in front of the famous billboard.

Who could resist a trip to the top of the Statue of Liberty to check out the sights?





A Chorus Line is showing at the Shubert.





Macy's huge store was the backdrop for the big parade, but also the spot to buy souvenirs for friends.

Temperatures are freezing but the Hahn family stops on a cold New York corner to pose for pictures.

The New York skyline is fabulous!



Conrad WHO?

"Hi, Nancy. Did you hear about Hugo and Kim?" The crowd on stage laments the fact that Hugo pinned Kim, but there's more. Kim gets to kiss Conrad Birdie on the Ed Sullivan show. Conrad and his manager Albert Peterson show up in Sweet Apple, along with Albert's secretarygirlfriend, where they camp at Kim's home. Eventually Kim's folks wonder "What's the Matter With Kids Today?"

To complicate matters, Albert's domineering mother shows up and leaves no doubts about what she wants for Albert in life. But jealousy gets in the way, Conrad safely gets out of town, Hugo gets Kim back and Albert and Rosie work things out in the end.

The drama department, under the direction of Jane Gilles, put together an entertaining night of fantasy where everyone left with a happy face, having relived the 1950's for a night. The cast did a good job of convincing us that life in Sweet Apple was happy in November, 1989, too. Student director Valerie Taylor, Musical Director Jim Lindstrom, Choreographer Meg Zauner, Costumer Georgia Bergstrom and set designer John Paul assisted with the production.



Laurie Polzin and Britta Ramseth practice "We love you, Conrad."



Choreography of a group number needs lots of patience.



Hugo (Cory Onell) loves Kim (Laurie Polzin).



Mama (Heidi Zapzalka) gives it to Albert (Tye Farrell). Rosie (Beth Elmstrom) can't stay mad at Albert.



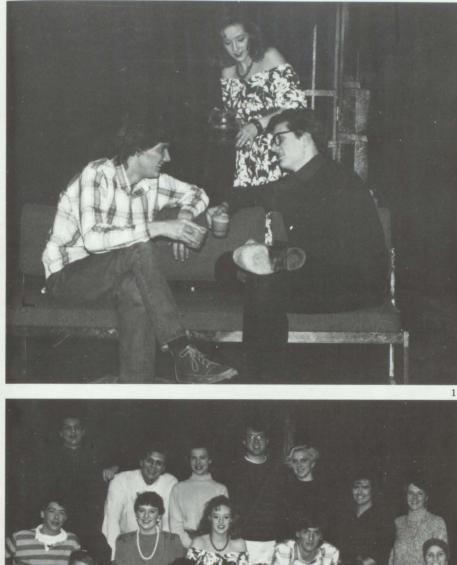


Conrad's antics kept Marc Sieber busy.

THE SHADOW BOX

FL's first place sub-regional one act play winner was William Chris-tofer's "The Shadow Box." Directed by Jane Gilles, the play dealt with three terminally ill cancer patients, their friends, and families as they

deal with the reality of death. They went on to region competition, where they placed second to Blaine. Director Gilles said the group did very well because this is one of the state's toughest regions.







CAST AND CREW - Back: Marc Sieber, Scott Bergstrom, Kristen Mansmith, Tye Farrell, Valerie Taylor, Kelly Hammons, Jane Gilles. Row 2: Erik Moratzka, Michelle Hughes, Melanie Waldoch, John Booth. Front: Matthew Sandager, Amy Glaser, Tammy McCaskey, Elizabeth Elmstrom, Jessica Wahlberg.



1. Marc Sieber, Melanie Waldoch, John Booth 2. Jessica Wahlberg, Kristen Mansmith 3. Michelle Hughes, Scott Bergstrom

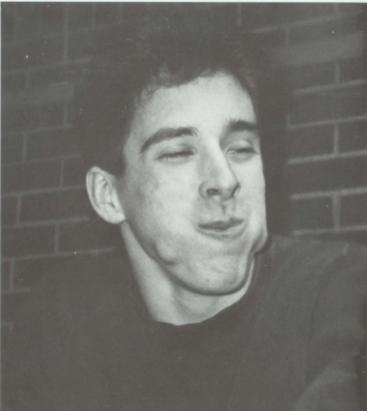
Student photos Capture memories





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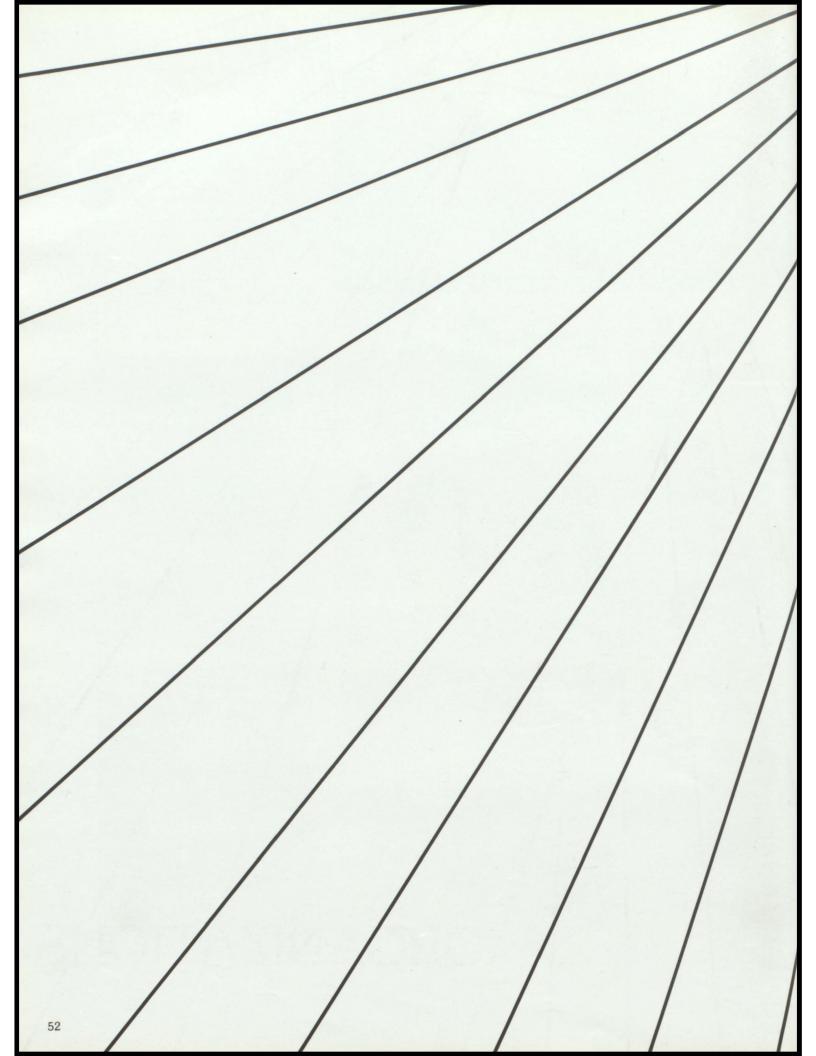
 State competitors Jean Whitney, Dianne Clark, Tina Olsen, Karla Thurnbeck, Rachel Huntosh and Nancy LaCasse show off their coloriul warm-up leotards. 2. Homecoming Limos weren't in the '89 parade. 3. Ty LaTourneau and Erik Larson pose with special cake sent to team. 4. Snow week's "stuffed cheeks" had their fill of candy. 5. Amy Le Tourneau's photo project was an example of coordination. 6. Joanne Reinhardt and Ginger Sevcason visit North Park College in Chicago. 7. Volleyball's float was loaded with team spirit. 8. At the Cross Country retreat Annie Thrush, and Mindy settle in to rest. 9. Women's Athletics in Minnesota was a special topic for an event represented by FL's female team captains and coaches at the State capital. 10. Board Member Steve Onell attends student events to show local support.

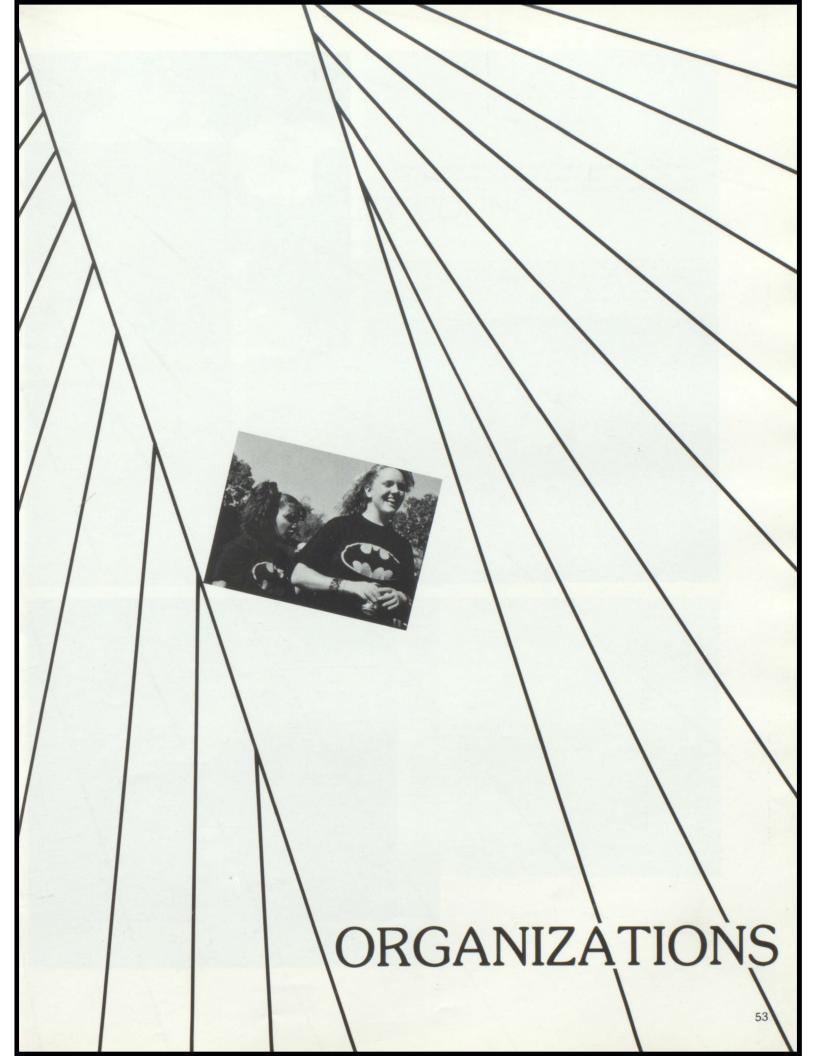














HONORARY MEMBERS — Back: Matt Kijenski, Chad Bounds, Steve Grunzinger. Row 2: Doug Oase, Shannon Jabas, Cara Jarnberg, Becky Braaten. Front: Katie Nord, Carrie Norbin, Marc Siebur.



SENIOR STUDENT COUNCIL — Back: Jason Granquist, Nathan Ostertag, Josh Fedderly. Row 2: Jeremy Minner, Pat Kowal, Jessica Wahlberg, Beth Elmstrom. Front: Troy Lawrence, Brad Lindberg.

JUNIOR STUDENT COUNCIL — Back: Andy McCurdy, Ruth Hendrickson, Karla Hult, Lance Breiland, Kirsten Mansmith. Front: Tia Mogenson, Stephanie Molitor, Jenny Hesse, Erika Bergerson.



STUDENT COUNCIL OFFICERS — Back: President Nathan Ostertag, Treasurer Pat Kowal. Front: Secretary Beth Elmstrom. Not Pictured: Vice President, Amy Newman, Parliamentarian Scott Norquist.



STUDENT COUNCIL

Friendly faces greet hungry students at the 2:30 bell in the concession stand.





SOPHOMORE STUDENT COUNCIL — Melanie Waldoch, Inga Lennes, Melissa Hallberg, Breny Dodson, Jake Houle, Julie Thompson. Front: Tara Shipman, Jenny Frost, Jenny Curtis.

Memories '89-'90

1. Joanne Reinhardt shows off the cash with friends from marketing class during homecoming project. 2. Katie Backer demonstrate her famous cajun chicken. 3. Spring break at Bush Gardens was a blast for Billi Jo Wolff and Tammy Roemhildt. 4. Ty LaTourneau grabs a snack at the State Ski meet. 5. Enjoying a retreat weekend are Tricia Winge, Julie Thompson, Tim Ceccone, Annette Mattheson, Rob Atkins, Dan Englehorn, and Nathan Severson. 6. Beth Elmstrom and Amy Newman greet the cameras during Snow week. 7. Gymnasts get festive balloons from Mrs. Blasko and pose with their region championship plaque. 8. Deanna Anderson uses a spare minute to catch up on homework. 9. What made Brad pass out on a lunch tray?





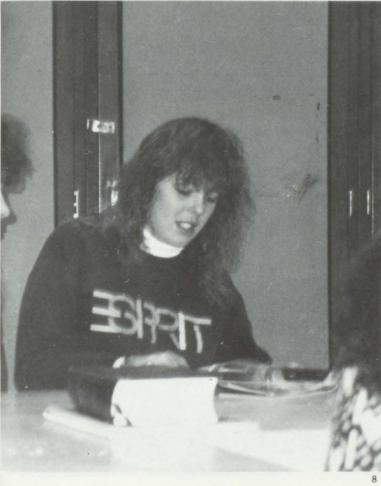


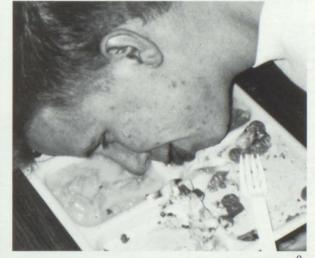












Biggest Hangout: Billiards, Perkins Most Popular Concert: Stones Favorite Song: "I Remember You" Favorite Male Singer: Bobby Brown Favorite Female Singer: Paula Abdul Favorite TV Show: Cheers Movies: Look Who's Talking, When Harry Met Sally Best Actress: Kim Basinger Best Actor: Mel Gibson

WIND ENSEMBLE: On Sign: Nichole Blanchard, Jeremy Minner, Dan Becker, Minda Suchan, Front: Andrea Jemelka, Juliet Morris, Andrena Larson, Lynette Fleck, Tonya Wiese, Marc Hoffman, Cindy Weninger, Ann Welage, Karen Blocker, Mara Zderad, Janel Proulx, Kelly Hammons. Row 2: Ted Crandall, Mike Aldentaler, Amy Hunt, Sarah Maefsky, Jessica Wahlberg, Jean Whitney. Row 3: Kari Johnson, Kati Backer, Britta Ramseth, Marney Burow, Lisa Pankratz, Anna Gallager, Tess Flowers, Jennie Sell, Becky Ekdahl, Jackie Runeberg, Janelle Daniels, Denny Hamilton, Chris Cieslak, Rachel Krantz, Aimee Brown, Erika Bergerson, Michelle Hughes, Chris Weisbrod, Jenny Herman, Kris Heimdal, Mr. Hahn, Back: Andy McCurdy, Dana Decker, Todd Siemonsina, Matt Sather, Matt Kijenski, Erik Anderson, Heidi Zapzalka, Valerie Taylor, Jill Stenberg, Lynn Lee, Steve Kult, Brad Lindberg, Bryant West, Brent Dodson, Erik Moratzka, Scott Norquist, Tim Mogenson, Brian Peterson.

VARSITY BAND: Front: Zach Reed, Bill McGeary, Kevin Joyce, Roxie Krueger, Bekki Sherwood, Jennie Setter, Angie Kleinschrodt, Val Hollingsworth, Kristi Zaske, Amy Kazmierczak, Tina Brown, Nancy Doebbling. Row 2: Jill Vanhoven, Teri Sandberg, Amy Wordenan, Jeni Brown, Michelle Svardahl, Tanya Moscer, Carrie Minder, Maureen Keyser, Brooke Milner, Kris Serwa, Cara Tornberg, Sarah Knott, Tammy Proulx, Kristen Torson, Jessica Johnson, Angie Look, Rochelle Larson. Row 3: Susan Cramer, Amy Berven, Shelly Bechtold, Nancy Anderson, Jean Holmstrom, Alister Jasinski. Row 4: Cory Nelson, Shawn Edlund, Tim Nelson, Jacob Silverberg, Mike Falck, Jason Klous, Jeff Kolodjski, Lenny Sorenson, Roger Zierman, Kris Olson, Jeff Christenson, Brad Runeberg, Steve Meyer, Mike Anderson, Matt Carlson, John Lewis, Matt Schmidt. On Sign: Tom Bahneman, Chad Bull, Doug Oase.

CONCERT BAND: Front: Jenny Reetz, Gina Pletan, Carrie Capeti, Tracey Lambkin. Row 2: Ann Houle, Kevin Bromert, Bryant West, Nancy Jergens, Kerri Marshall, Inga Lennes, Amie Haas, Lisa Welk, Katie Schoeppi, Tina Eaton, Sarah Modean, Michelle Atkinson, Amy Determan, Anita Paulino, Lori Book, Deirene Schmidt. Row 3: Shannon Smith, Jennifer Arenz, Jenny Carlson, Kathryn Kowli, Stacy Wacholz, Gayle Deick, Denise Lusian, Krista Brown, Andy Hegsted, Pam Elckstadt, Hunter Swanson, Kris Elsenmenger, Amy Maether, Sarah Hegsted, Nikki Lindberg, Debie Von Weldam, Row 4: Andres Stolp, Sheri Walker, Heidi Murawski, Tracey Davis, Deanna Newman, Lisa Litke, Amie Erickson, Ryan Nelson, Lance Breiland, Bill Abler, Don Heinemann, Trevor Perrin, Lisa Lendway, David Rands, Tom Carney, Tom Mastellar, Jason Kempel, Don Heinfern, Matt Morken, Jeff Nelson, Dave Morrisette, Robyn Murphy. Row 5: Ken Morkert, Dale Schuldt, Jason Brendon, Kip Krasean, Jason Film, Jason Gronquist, Boyd Ingvalson, Erik DeLong, Scott Runnigen, Chris Berg, John Luger, Jim Hackbarth, Jamie Hestikin, Marcus Wiler, Andrea Bakke, Chad Carlson, Brian Clark, Jamie Dagostino, Jeremy Olson, Rob Voedisch.





Besides being in the musical, Britta Ramseth practiced her parts for the percussion.



Concert Music Challenges Bands.

Parades and halftime shows weren't the only product of the bands. Concerts were a major emphasis, focusing on challenging music and variety of playing style. Concert crowds were treated to a rich program of musical favorites.

Band members were expected to practice outside of class so that all elements of the songs came through. Solo and ensemble works were also prepared for contests, as well as time set aside for selected students to play at the conference music festival. As one well-rehearsed senior put it, "Band by itself is a full time job."



Left: The flag corps sets the tone as the Rangers take the street.

Above: Dan Becker's serious style in uniform contrasts with his slapstick image of a "Bathroom Boy."

Classes extend

"Mee may mah mo moo" STRETCH! Warm up! "Come on, Let's go." was heard day after day. "You're better than this!" "Anyone can be mediocre! Don't settle for it." was drummed into the choirs' heads so there would be practice, practice, practice and singing, singing, singing to try to satisfy JL's ears. New music would echo in our heads and JL's tough directions would pay off in a choral delight.

Other co-curricular activities went through grueling, similar practice sessions. "Who dids" and "What ifs" and memorize rules, get that testimony down were similar pleas from coaches, regardless of the activity. All who stayed after school and travelled to competition agreed that the extra effort paid off in knowledge, not to mention a lot of good times.

Into Co-Curricular Interests



COMBINED SOPHOMORE AND CONCERT CHOIR — Row 1: Beth Wielde, Becky Nelson, Vina Adoptante, Michelle Fountain, Therese Klein, Nikki Hansen, Denise Julson, Kris Aljets, Katie Belyea. Row 2: Kim Edgerton, Lisa Kleinvachter, Shannon Flaherty, Ginger Ailara, Tonia Manske, Danielle Ochocki. Row 3: Sarah Much, Megan Tardiff, Brian Bolier, Brent Ramse, Wes McDonald, Brent Hawley, Phil Waldo, Sara Thueson, Nicole Strandberg, Heidi Bergstedt.

CHAMBER CHORALE MEMBERS — Front: Kim Gulbraa, Shelly Giese, Jenny Snelson, Masako Otosaka, Kristen Mansmith, Jennifer Madden, Tammy McCaskey, Pamela Demma. Row 2: Debbie Hansen, Laura Theroux, Amy Pogreba, Beth Elmstrom, Jenny Millington, Amy Henrichsen, Heather Oehrlein, Laurie Kivel, Amy Glaser. Row 3: Connie Sofie, Heidi Kostelac, Jenny Kempel, Deb Sargent, Kari Johnson, Billi-Jo Wolff, Tammy Roemhildt, Kathy Kavli, Michelle Johnson. Row 4: Jason Locke, Kevin Dietrich, Ken Devine, Cory Steffenson, Lee Mattson, kevin Carter, Jeremy Minner, Marc Sieber, Cory Onell, Rob Mondor, Tye Farrell, Doug Anderson.





KNOWLEDGE BOWL TEAM — Back: Dan Becker, Troy Lawrence, Amy Pogreba, Jennifer Madden, Juliet Morris. Front: Todd Roe, Ryan Nelson.



MOCK TRIAL TEAM — Dave Burch, Jennifer Madden, Amy Pogreba, Joleen Fahey, Jenny Johann, Tess Flowers, Lee Mattson.



ODYSSEY OF THE MIND TEAM — Dan Becker, Ray Grunzinger, Todd Roe, Jeremy Menner, Troy Lawrence, Ken Kralick, Brad Lindberg, Jenny Johann.



Knowledge bowl members "hang around" after practice.



 $SCIENCE\ TEAM$ — Todd Roe, John Luger, Dan Becker, Troy Lawrence, Brad Lindberg.

Debaters advance To State, Nationals

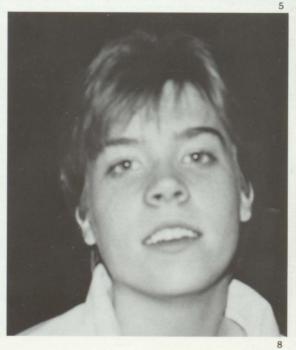


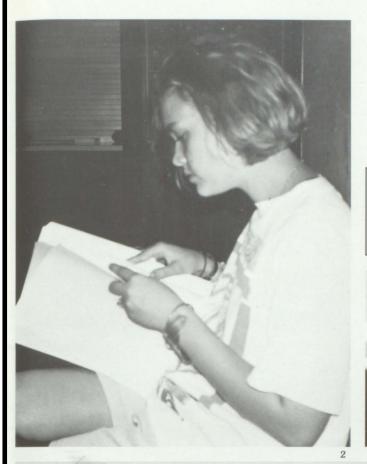








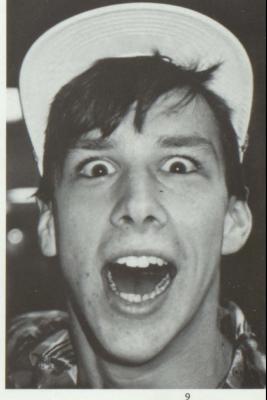




1. Steve Kult and Jennie Brennen (Chaska) show off their red tongues during a break. 2. Demonstrating the look of "I just finished a three week debate institute" is Carrie Norbin. 3. Betsy Postma gets comfy at the Drake Motor Lodge. 4. Brian Kunkle doesn't even look tired on the long ride home. 5. Finding Coach Sunne, standing still is rare. 6. Steve Kult shows off a Watertown trophy. 7. Minda Suhan and rush to take finals early before heading off to debate finals. 8. Chris Graf rests before a big round. 9. Jeremy Minner proves that debaters aren't always tied up in serious research.







3

DEBATE TEAM — **Back:** A. Gallagher, M. High, T. Randall, E. Moratzka, J. Minner, C. Norbin, C. Bedford, L. Mattson. **Middle:** M. Atkinson, I. Lennes, J. Fahey, S. Kult, C. Graff, Ms. D. Sunne, S. Bergstrom, J. Daniels, S. Maefsky, B. Kunkel, Ms. G. Law. **Front:** L. Fandel, M. Suchan, T. Flowers, B. Postma, A. Larson, A. Paffel, B. Heard.

Spanish Club

Front: Secretary Sheri Linnerooth, Vice-President Jennifer Snelson. **Back:** Masako Otosaka, Advisor Cheryl Smoczyk, Treasurer Angela Kichler, Historian Ginger Ailara.

Spanish Clubs of all levels joined to create a Homecoming float to promote school spirit.





Hero Club members used "little people" to get their message across in the parade.

Class extends after school

FHA (Future Homemakers of America) is a national vocational student organization for young women and men who participate through HERO (Home Economics Related Occupations) or FLA (Future Leaders of America) chapters.

Through our FHA/FLA/HERO club experiences, we get to explore job/career opportunities, examine our strengths and weaknesses, learn to cope with failure as well as success, discover cooperative skills and cultivate the capacity to enjoy life.

The national goal is the help youth assume their roles in society through home economics education in areas of personal growth, family life, vocational preparation and community involvement.

What's in it for me? you ask. FHA/FLA/HERO members have the opportunity to . . .

belong to a national vocational student organization where you can meet new friends and work on common goals;

develop your own style of leadership — to vote and hold office on local, state and national levels;

explore jobs/careers related to home economics;

receive TEEN TIMES — the magazine that's not afraid to face up to teen concerns:

participate in programs such as Financial Fitness, Power of One, Student Body, Leaders at Work in Food Service, STAR Events of the New Alliance;

develop "skills for life."

Hero Club







SOPHOMORE-JUNIOR SPANISH CLUB — Front: Cara Jarnberg, Shelly Becktold. Back: Robyn Murphy, Chad Carlson, Elvirra Lambus.

SENIOR SPANISH — Front: Eric Schreiber, Vicki Anderson, Rachel Wagner, Kris Ethen, Mark Hendrickson, Jeff Boyer. Row 2: Senior Franzen, Anna Boynton, Chuck Eller, Sue Matthews, Amy Determan, Sheri Roskowitz, Katie Nord, Doug Oase. Back: Shelly Culver, Kris Welage, Stacy Wacholz, Kim Vezina, Shannon Jabas, Ken Anderson.



JUNIOR FRENCH — Front: Ann Houle, Bea Molitor, Rose Thoburn, Cecile Howe, Britta Ramseth, Erika Bergerson. Row 2: Chantal Tremmel, Sophie Forte, Andree Reed, Eleonore Blanchard, Cinky Weninger, Ann Welage, Stacie Whitman, Kristen Heimdal. Row 3: Alain Johnson, Jolene Gremmer, Kerri Marshall, Joleen Fahey, Sarah Modean, Abby Yobbie, Heidi Kostilac, Amy Glaser, Michelle Atkinson, Beth Miller. Row 4: Scott Bergstrom, Marc Culver. Back: David Shatara, Warren Peter, Laura Ekstedt, Brian Peterson.

GERMAN CLUB — Front: Amy Rudenick, Amy Pogreba, Brad Limberg, Sara Hegstad, Tonya Linz, Jason Rouner, Juliet Morris, Fran Fitzgerald. Row 2: Tami Worden, Eric Anderson, Rik Haven, Angie Boesch, Sandra Bridel, Jennifer Sell, Matt Sather, Aaron Schlaeger, Wes McDonald. Row 3: Jamie Fry, Patrick Kowal, Nicole Strandberg, Matt Schmidt, Amie Haas, Deanna Newmann, Heather Neunsinger, Katie Obst, Kelly Thaemert, Barb Kinderman, Jennifer Hessenius, Melanie Perry, Joyandres, Julie Mayoville, Mike High. Back: Chris Determan, Shawna Huspek, Jen Hamilton, Thomas Gajeski, Jen Langer, Beth Wielde.



GERMAN CLUB





FRENCH CLUB

SENIOR FRENCH CLUB — Front: Mara Zderad, Kerry Pakulski, Laura Theroux, Jill Stenberg, Jean Schroeder, Christina Brandt. **Row 2:** Shelly Spear, Dorothy DuFresne. **Row 3:** Lisbeth Broderson, Nikki Carlson, Trish Johnson, Katie Nord, Becky Ekdahl, Jackie Runeberg, Cindy CaPaul. **Row 4:** Michelle Hughes, Troy Parent, Josh Fedderly, Steve Isaacs, Mike Berthelsen, Billi Jo Wolff. **Back:** Adam Peterson, Lee Liebke, Rob Atkins, Craig Gillen, Peter Brown.



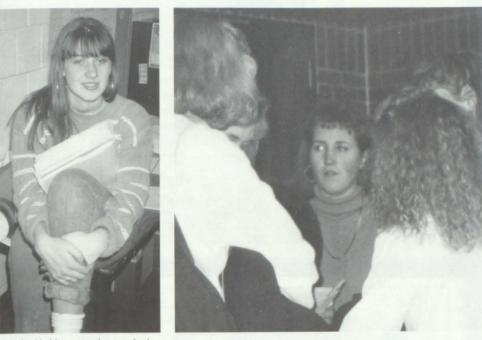
FIRST YEAR FRENCH CLUB — Front: Tricia Winge, Chalece Paul, Leah Altavilla, Kelly Kunshier, Nikki Vincent, Val Hollingsworth. **Row 2:** Jill Loushine, Lisa Davids, Marcy Jeffrey, Dina Marek, Phil Waldo, Jacqie Roskowitz, Dena Kari, Brianne Hogan. **Back:** Joelle Marier, Renee Lutz, Randy Rheault, Bob Taylor, Dean Sampson, Matt Kijinski.



ALL TOGETHER AGAINST CHEMICALS (ATAC) — Front: Brad Lindberg, Ruth Hendrickson, Anita Paulino, Rita Anderson, Connie Biermaier, Erika Bergerson. **Row 2:** Heather Oehrlein, Shannon Jabas, Rachel Wagner, Kris Ethen, Michelle Hughes, Pam Williamson. **Row 3:** Tom Carney, Marc Culver, Heidi Kostelac, Amy Glaser, Tina Eaton, Abbie Yobbie, Sarah Modean. **Back**: Dave Rands, Beth Miller, Kari Francois, Lisa Eagon, Laura Ekstadt, Dan Becker.

KARING KIDS — SSOS — Front: Dave Rands, Marc Culver, Erika Bergerson, Beth Miller. Row 2: Tina Eaton, Abby Yobbie, Becky Braaten, Tia Mogensen, Heidi Kostelac. Row 3: Kristin Larson, Sarah Modean, Amy Pedrow, Jason Wright, Maureen Keyser. Back: Mike Garreb, Ruth Hendrickson, Anita Paulino, Rita Anderson, Heather Oehrlein, Shannon Jabas.





Kids need Other kids

Problems . . . frustrations . . . depression . . . joy . . . accomplishments . . . when students experience these, they share the moments with friends. But what if there are situations that are REALLY tough? If a counselor doesn't help, who can? ATAC . . . Karing Kids SSOS . . . FCA . . . are groups of kids who provide friendship and emotional support for other kids.

Jennifer Madden patiently waits for her friends to finish at speech.

Groups of friends gather all over school. Peer support is vital for all students.

FCA — Front: Ruth Hendrickson, Amie Erickson, Brad Lindberg, Heather Oehrlein, Barb Miron, Pam Williamson, Cory Onell. Row 2: Randy Nelson, Jennifer Millington, Jenny Hermann, Connie Biermier, Mike Aldentaler, Chris Olson, Matt Hebert, Tom Carney, Nate Severson. Back: Dan Englehorn, Lance Breiland, Dan Becker, Kevin Ingvalson, Andy McCurdy.



Pogreba interviews Family Ties' Skippy

Student journalist Amy Pogreba travelled to St. Louis in November to participate in writing forums designed especially for students. Highlights of the trip included an editors' writing contest and working with professional journalists. Another high point was previewing an after school special, "All That Glitters," and interviewing the star and producer of the show.



BREEZE STAFF - Front: Mindy Lindell, Laurie Ekstedt, Ginger Swanson, Sheri Linnerooth, Amy Dietsch. Back: Vicki Anderson, Justin Underwood, Kristy Hegberg, Sam Ferraro, Kari Francois, Josh Freed, Scott Bergstrom, Josh Knott, Carrie Norbin, Mike High, Nicole Strandberg, Jason Saunders, Amy Pogreba.

Making Waves

Student Journalists Inspire One Another

By Margaret Gillerman Of the Post-Dispatch Staff

EARLY 2.300 student journal-EARLY 2,300 student journal-ists and their advisers con-verged on downtown St. Louis for three days this week, snapping pictures of the Gateway Arch, pound-ing out stories on deadline and pon-dering the future of a free press.

dering the nuture of a free press. They met in more than 125 discus-sion sessions and asked a lot of ques-tions. And their enthusiasm was contaboos. And their emulsissmi was conta-gious, many of the teen-agers could be heard in the hallways critiquing "lay-out design" or comparing the way their schools organized yearbooks. Other topics included "Human other schools organized the schools.

Rights and Teen-agers," a forum that focused on the United Nations Convention on the Rights of the Child.

In a booklet given to the students, Kenson Siver, president of the Jour-

nalism Education Association, wrote: "We hope that you will return home overloaded with new ideas and information."

information." He urged delegates to catch the "Wave of the Future," which was this year's conference theme. Nancy Groth, convention director and a teacher at Parkway North High School, said the local committee chose that theme to celebrate student journalists' efforts to "make waves."

This is the third time in a little more than a decade that the Journal-ism Education Association chose to hold its fall convention in St. Louis. The sessions were to wrap up today with an awards ceremony and some sightse ing

BREEZE

Guest editorial

Levy — HOT Topic by Carrie Norbin

This November, the bombshell dropped. The failure to pass a \$2.2 million excess levy hit the Forest Lake district hard. The repercussions of this shattering event will be hard felt by the classes of next year.

Because our district suffered severe cuts in the 1988 state legislative sessions, the school board needed to make up the difference in the district budget for the 1990-1991 school year. The only way to raise the money was to ask the voters to approve a tax increase. Unfortunately, the voters of Forest Lake did not see the compelling need for the money, and the referendum was defeated.

Almost immediately the school board began the cuts. Students at the Senior High responded to the proposals with mixed emotions that ultimately manifested themselves in the form of a protest. Unable to change the fact that the levy was voted down, students demanded to know what implications it was to have for the school. The Administration was cooperative in this situation. Meetings between school officials and students were held to inform the student body of what changes users to take nare. the student body of what changes were to take place.

Already the aftermath has been felt, but it will not be until next year that the district will really experience t shock that this has caused.



FORESTER STAFF — Back: Tami Worden, Vicki Anderson, Renee Rathbun, Melissa Hawkins, Ginger Ailara. Row 2: Nathan Malvig, Amy Pogreba, Jennifer Madden, Jill Stenberg, Jean Schroeder, Tom Carney. Front: Dave Burch, Marc Sieber.



Tami Worden spends long hours getting lists and phone numbers ready to complete ad sales.

FORESTER

School publications, the Breeze and Forester, faced similar problems of plenty of news but never enough time or manpower to get it all done. Never shy or unmotivated, Breeze reporters touched on all the hot topics of the year. Limited to a tight deadline schedule, Forester staff seemed to run in circles to get the news and satisfy the whims of students and groups needing pictures and stories.



OJT — **Front:** Vanessa Svejkovsky, Corinne Hernandez, Tawny Timmuers, Lisa Sunde, Mr. Lynch. **Back:** Justin Underwood, Benji Helberg, Aaron Gallaher, Jim Sells, Elliott Engwer, Tony Scholten, Jenny Ehlert.





OJT — Front: Reg Kruger, Carrie Jensen, Leda Moxness, Kristi Peterson, Mona Benz. Row 2: Heather Gordon, Bec Maidl, Kelly Schoenecker, Bec Saunders, Lin LeRoux, Kimberly Eastman, Darin Nelson. Back: Christi Vesel, Cheryne Peterson, Kim Olson, Pam Dickman, Tracy Chapman, J. J. Carlson, Scott Larson, Dan Lametti, Tim Kivel, Joe Elias, John Grubbs, Mark Houle, Brad Jarousek.

OJT — **Front:** Bridi Reed, Lisa Sunde, Mr. Wilson, Kim Bradfrod, Jenny Campbell. **Back:** Eric Fritsch, Mike Vall, Joe Groshens, Brent Petersen, Chad Breaw, Wade Olson.





MATH TEAM — Front: Mike Olson, Elvirra Lambus, Tom Green. Back: Kim Hanson, Shane Anderson, Scott Runningen, Rob Pedrow.



FFA OFFICERS — Front: President Brad Davis, Treasurer Brant Standridge. Back: Sentinal Lee Miron, Secretary Sarah Maefsky, Reporter Michelle Johnson. Not Pictured: Vice-President Chris Rydeen.



FFA — Front: Brenda Magnuson, Sheri Boyce, Jake Bush, Brad Davis, Chris Determan. Row 2: Rachel Wagner, Bob O'Hara, Brant Standridge, Sonia Pederson, Jenny Skramstad. Back: Mr. Marzolf (advisor), Lee Miron, Joy Andres, Kelly Daugherty, Kim McCoy, Laurie Kivel, Michelle Johnson, Sarah Maefsky, Julie Turner, Kimberly Perkins.

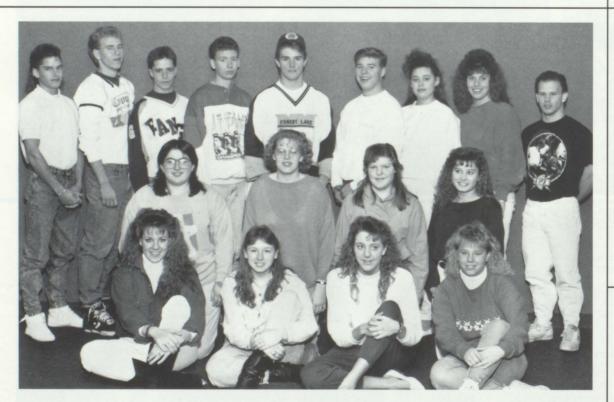


ELECTRONICS CLUB — Front: Joe Fiorella, Chad Annunziata, Dan Oase, David Mayville, Mike Olson, Jason Robertson, Mike Skaj, Rich Killion. **Back:** Todd Haugen, Dylan Ascheman, Erik Delong, Brian Gross, Steve Moore, Jon Eckman, Chris Burdine, Pat Ohara, Chad Meyers, Mike Istanovich.



Guidance Aides

GUIDANCE AIDES — Kelly Daughertdy, Joy Andres, Chad Pelarski, Christine Graff, Sarah Nordin



Office Aides

OFFICE AIDES — Front: Karin Larson, Angie Boesch, Dori Dufresne, Stacy Wacholz. Row 2: Lisa Sager, Ginger Ailara, Chris Ethen, Ann Gagner. Back: Larry Demarais, Shannon Carey, Trisha Combs, Guy Swenson, Phil Waldo, William Votel, Kelly Roberts, Curt Bennett, Don Bakken.





MATH/SCIENCE TUTORS — Front: Joelle Boeck, Amy Pedrow, Ken Kralick, Erika Bergerson, Britta Ramseth, Doug Oase, Jr., Kris Ethen, Backz James Hackbarth, John Luger, Josh Wilborn, Erik Larson, Shelly Powers, Nathan Ostertag, Dave Steindl.



Library Aide — Carrie Norbin



Elaine Thaemert works between two offices, helping in the attendance office during rush times but also keeping the health office operating.



Hundreds of excuses and passes go by Connie Ramberg every day as she helps principals keep track of kids.

Without student volunteers, there are scores of jobs that couldn't get done — collecting attendance, delivering passes, running off handouts, stickering envelopes, looking up schedules and running errands.

Teachers and support staff in AV, the offices, and the library depend on capable, willing students to get these jobs done.

Changes challenge Cheerleaders, Danceline

In addition to organizing pepfests, making posters, and cheering at the weekly games, the cheerleaders this year decided to take on another challenge. After many of them had gone to the NCA cheerleading camp last August, they unanimously decided to change the style of the old cheers while adding in some new ones. This new style is crisper with sharper movements and powerful voice control. As a result many of the old cheers that the fans were used to were dropped and the new cheers had to be taught. After many puzzled faces the fans eventually caught on.

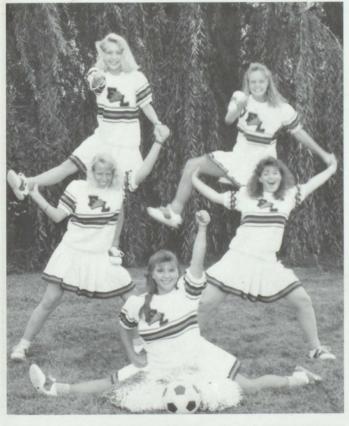
The Classettes also worked with a new adviser to build new moves, use new music, and develop novel routines. Football season introduced a Batman theme utilizing Larry DeMarais as the joker. Basketball half-time shows presented a crisp, clean look with snappy music and difficult moves. VARSITY FOOTBALL CHEERLEADERS — Back: Sheri Roskowitz, Shelly Powers, Jeri Kyrola. Middle: Nikki Wood, Linda LeRoux, Laura Theroux. Front: Kim Kochendorfer, Jill Stenberg, Tiffany Fladland.





1989-1990 CLASSETTES — Back: Karis Heapy, Elizabeth Cornell, Janna Zuegar, Kelly Hammons, Sara Thueson, Jill White, Julie Nelson, coach. Row 3: Stephanie Weisman, Jenny Long, Jenny Fry, Lisa Allen, Tina Brown, Shelly Bechtold. Row 2: Nikki Keifler, Andrea Moore, Michelle Fountain, Katie Schaeppi. Front: Amy Rudenik, Toni Blake.





SOCCER CHEERLEADERS — Top: Lisa Welk, Steph Wesimar. Bottom: Robin Murphy, Katie Scheppi, Stacy Whitman.



Nikki Wood, Shelly Powers, and Laura Theroux rock the boat in the homecoming parade.

British students "invade" FLHS

"The British are coming," declared the posters. Then the Monday night flight arrived and balloons, cameras and smiles were flashed as thirty students and their chaperones were welcomed to Forest Lake homes from Ormskirk, England. The week of October 9-16 was to be their week of American studies in Minnesota, studying and discovering the American way of life.

Students arrived sleepy to school Tuesday morning after late hours conversation and welcome from their host families. Wearing their special t-shirts and blue jeans, the Brits looked like typical FL students. They attended a special assembly where they were introduced to the school by their host students. Presented American and Minnesota flags, the students were named honorary Minnesotans by Governor Rudy Perpich. The assembly ended with the whole school singing.

Wednesday was spent in the FLHS library doing research on America. Then Thursday they all boarded a bus to St. Paul where they checked out the Science Museum, City Center and the Hearthrob Cafe. Friday was back to the books and the students attended activities with their host students, many of them ending up in White Bear to see the football game.

The weekend was full of excitement. Many went shopping again, saw movies, went dancing and had a pot luck supper at the Hult's. The high of the weekend descended to a sad feeling Monday as hosts and guests arrived at school for their final morning together. The group gathered in the library but good-byes were difficult and it was hard to get them loaded onto the bus. "Stand by Me" was sung again loud and strong. Hugs were given one last time and the bus pulled away from the school with arms hanging out windows.

One short week created a bond of friendship and love. Emma Coombes of Ormskirk put it this way, "We had a brilliant time. Time goes too fast. All good things come to an end, but we must go forward and maybe recreate them." And maybe they will, based on the number of FL kids planning to visit England next summer.



Thirty students and three teachers from Ormskirk, England pose for a class photo to be placed at FLHS.

Jess and friend "jam" to the music of the Bathroom Boys.



Bathroom Boys Dan Becker, Josh Fedderly, Steve Isaacs, Ted Crandell, Erik Moratzka, Bill Headly and Brad Lindberg play for the farewell during second hour.







Matt Sandager wonders if life at FLHS will ever be the same after the British invasion.

Tired, and excited, the exchange group received a warm welcome to FL.

Speech goals aimed high

The hallway is dimly lit as he talks to the wall. Becoming the character. Internalizing each phrase. He is prepared and full of excitement. He is a 1990 Forest Lake speech team member preparing for competition.

Beginning and ending the season at Park, the year was filled with fond memories. As cocaptain Matthew Sandager reflects, "It was really exciting. We started out with a small returning team, but the talent in this school is amazing! We have a very freshly spirited team, as usual. We are deep in knowledge and talent." This closely knit group of sixty-four was led by strong coaches and assistants. Debbie Bendix, Susan Novak, and Linda Heinze worked some tough afternoons and long evenings to help the students learn and improve. These dedicated leaders were loyal and helpful. Co-captains Michelle Hughes, Matthew Sandager, and Christine Graff were a constant source of advice, wisdom, and experience. The 1990 Forest Lake speech team was a team that strove for excellence.



Coach Novak offers words of wisdom while Shelley Giese and Matt Sandager look on.

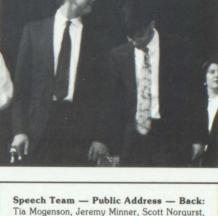
Switching categories this year is an extra challenge for state champion Jean Whitney.

Storyteller Matt Sandager begins the season with energy and enthusiasm.

Jessica Walbey receives her plaque at 7L's Ralph Streats Memorial Tournament.

speakers in final rounds.

Scott Bergsteom and Rob Voedesch wait for awards of





Tia Mogenson, Jeremy Minner, Scott Norqurst, Ken Devine, Britta Raniseth, Cory Onell, Jeff Kolodjski, Ryan Larson, Rob Voedisch; Middle: Aimee Brown, Anna Boynton, Anna Gallagher, Dave Shatava, Lee Mattson, Jim Hackbarth, David Burch, Chris Bedford, Scott Bergstrom; Front: Tess Flowers, Alinda Suchan, Melissa Lenle, Tammy Tremmel, Karla Halt, Carrie Norbin, Betsy Postma, Chris Graf.

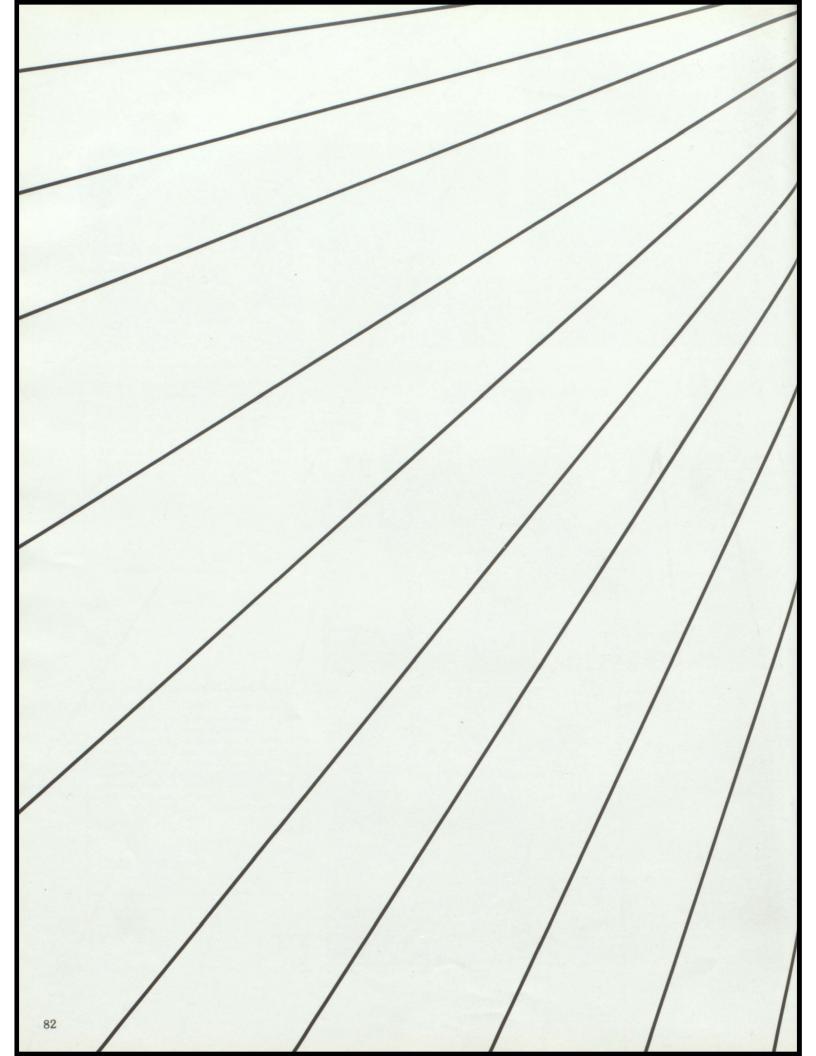
Speech Team - Interp - Back: John Booth, Tracy Davis, Michelle Hughes, Kelly Hammons, Matthew Sandoger, Jennifer Mad den, Beth Wielde. **Middle:** Shelley Giese, Jake Houle, Kim Hanson, Andrea Mattson, Inga Lennes, Erik Moratzka, Abby Yobbie, Matt Kijenski, Joleen Fahey, Amy Pogreba. Front: Tricia Winge, Melanie Waldoch, Kristin Mansmith, Heidi Zapzalka, Jessica Wahlberg, Jean Whitney, Jean Schroeder.

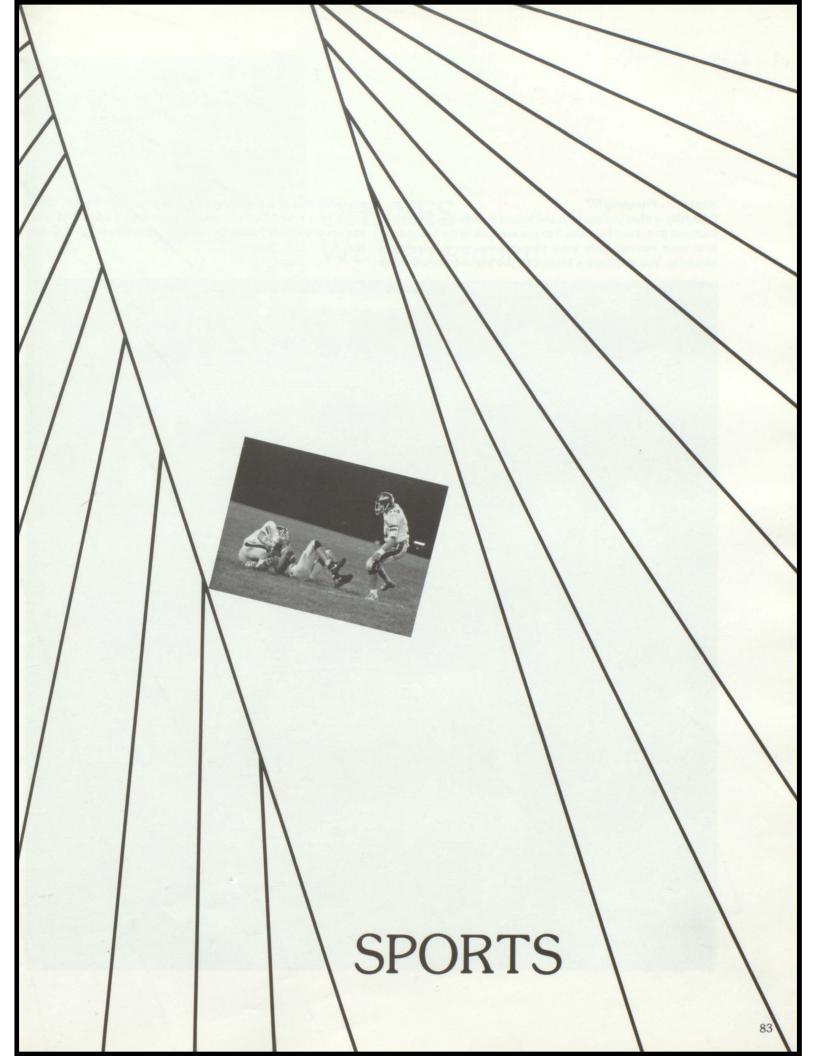


ASKET



Even the most serious public speaker like Crissy Graf can have fun on the bus.

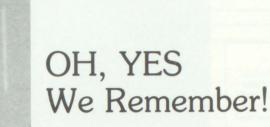




What is . . . Friendship???

Friendship is when you can trust and believe in someone. You talk to them and go out and have fun. You can see them in the hall and say hi to some and not really know them but you get this feeling of friendship. You may have a friend that you see and are with them everyday that is a special kind of friendship. Best friends. If you didn't have Friendships with people you probably would feel really bad about yourself. Friendship is something everyone needs in their life.





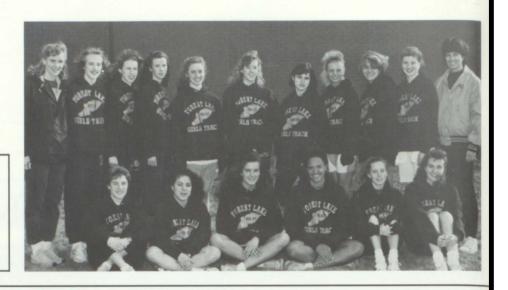
YEAH, Right!

I walked into the bathroom cautiously, waiting, prepared for it. Then, BAM! It hit me. The stale stench of cigarette smoke surrounded me and the misty air itched my eyes. I ignored the people in the back corner flicking ashes into the toilets and quickly went about my business. I didn't think twice about leaving there as fast as I could. Glad to be out there, I sat down at my lunchtable only to have my friends all back away — the awful smell was in my clothes. Thanks a lot, bathroom smokers. Forest Lake is smoke free? Yeah, right.





What is Power? Power is the feeling you get after taking a test and knowing you aced it ... passing that dreaded driving test with 100% ... being able to determine your own destiny ... being hired for your first job ... getting a paycheck ... Donald Trump is power.



GIRLS' TRACK

GIRLS' TRACK SPRINTERS — Row #1: Heather Oehrlein, Anita Paulino, Chris Brandt, Rita Anderson, Sara King, Jennifer Joesting. Row #2: P. Niel-son (coach), Kris Bjorklund, Andra Mitton, Aimee Bond, Karla Hult, Amy Henrickson, An-nie Paffel, Kari Wallin, Kari Francois, Leanne Pause K. Beingut (acach) Peuse, K. Briguet (coach).



SPRINTERS: Row #1: Lisa Litke, Julie Thompson, Angie Janu, Marcy Jeffery, Becky Danielski, Amy Pedrow, Jenny Tyler. Row #2: Pam Nielson (coach), Ann Marie Nielson, Paige Vanbrocklin, Mel Waldock, Trish Weiczorek, Cindy Foster, Elizabeth Cornell, Nikki Lindberg, Laura Heurth, K. Briguet (coach).



DISTANCE and HURDLERS - Row #1: Dawn Erlandson, Chalecce Paul, Kelley Stromberg, Bridget Madden, Barb Miron. **Row #2:** Julie Pagois, Deanna Hauble, Lori Schnei-der, Renee Lutz, Rachel Krantz, Felicia Schowalter, Jim Stromberg (coach).



SHOT and DISC Row #1: Amie Erickson, Inga Lennes, Sarah Much, Steph Molitor. Row #2: Denny Hughes (coach), Amy Determan, Anne Kordorsky, Kelly Zandtke, Terra Forte.

BOYS' TRACK

Front: Chris Weisbrod, Steve Moore, Josh Allen, Mark Hoff, Joe Toth, Geno Danielson, Adam Demlow, Josh Knott, Eric Anderson. **Row 2:** Tim Lundy, Tom Mastelles, Jon Wright, Jordan Fineberg, John Toth, Dean Sampson, John Masloski, Brad Lindberg, Todd Martin, Steve Meyer, John Lewis, Sam Ferraro, Todd O'Conner, Coach Hipkins. **Back:** Coach Streeter, Paul Skoglund, Mark Bruley, Nick Reynolds, Joe Schlarun, Doug Estes, Scott Nonquist, Craig Gillen, Aaron Olson, Ryan Nelson, Jermaine Roland, Charles Heurth, Coach Lautigas.

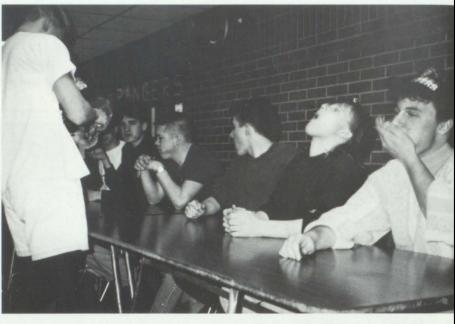






WHAT IS PRIDE?

Scoring the winning point . . . having everyone congratulate you . . . beating everyone who ever said they were better than you . . . walking through the halls or a mall with your boyfriend on your arm . . . the satisfaction of knowing you could do it . . . caring enough about yourself to realize when to stop . . . a song by UZ . . . giving your best effort . . . standing up for something even when everyone disagrees . . . reaching goals and setting new ones . . . striving for excellence.



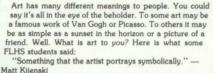
WAIT. WAIT. WAIT. It seems as though that's all we WAII. WAII. WAII. It seems as though that's all we do. We get up in the morning, and have to wait for the bus the bathroom, and then we have to wait for the bus do. We get up in the morning, and have to wait to us the bathroom, and then we have to wait for the bus-or a ride. Then you get to echool and have to wait for the bathroom, and then we have to wait for the bus — or a ride. Then you get to school and have to wait for the bell to ring so you can used through the ball or you can or a ride. Then you get to school and have to wait for the bell to ring so you can wade through the halls so you can WAIT. Again. You wait for your class to get over so you class to get over so you wait for your class to get over so you WAII. Again. You wait for your class to get over so you can go through the wade-through-the-halls-and-get caught-in-the-locker-bay cycle once again We wait to talk to principals so we can wait in detention. We wait forever to talk to ouidance counselore so we can go through the wade-through-the-t caught-in-the-locker-bay cycle once again. go to class. We wait to talk to principals 50 we can wait in detention. We wait forever to talk to guidance counselors, so we We wait Jorever to talk to guidance counselors, so we can wait to get our schedules changed. We wait in line in the lunchroom for the phone and for the end of the can wait to get our schedules changed. We wait in line in the lunchroom, for the phone, and for the end of the day. We have to wait to use the bathrooms. either the lunchroom, for the phone, and for the end of the day. We have to wait to use the bathrooms, either because of a long line of for the smoke to clear day. We have to wait to use the bathrooms, because of a long line, or for the smoke to clear. So, anyway, maybe we could clear up some of the unit probleme. It ecome as though a lot of our So, anyway, maybe we could clear up some of the waiting problems. It seems as though a lot of our problems could be solved if certain nercone in this echant waiting problems. It seems as though a lot of our problems could be solved if certain persons in this school could just lighten up. If we strive for a little lose structure problems could be solved if certain Persons in this school could just lighten up. If we strive for a little less structure we wouldn't have to HURRY UP AND WAIT!!!



HARUMPH!

You are walking on a beach in the Carribean islands with a mate of your choice. As the tide washes over your feet the sun falls into the horizon. You are having too much fun; you must be dreaming. With that thought in mind an obnoxious clown like figure runs in between the two of you. He is jumping up and down, screaming into a bullhorn. The noise is so unbearable, that you have crawl up into a fetal position and cover your ears. Unconscious, you moan and groan as the evil sounds fail to cease. You wake in a strange place. Its dark, you think you are blind, but you see a red light. The light forms into the numbers **6:30**. Realizing that you are no longer in paradise, the reality of morning sets in. It is called a "Harumph morning", because when you roll over to hit the snooze bar you make that noise. "Harumph . . ." Many a Forest Lake student has "Harumph mornings" at least three days a week. Knowing this, we should all make pact or sign a petition against these type of wake up calls. It would make our day brighter and our spirit shine out.

This is your basic "Harumph morning". A Harumph morning is any morning, Monday through Friday, when you are rudely awakened from a wonderful, blissful slumber by a nagging alarm.



"Anything that makes a statement to me." — Amy Pogreba

"Something beautiful." — Jean Schroeder "Running on a cool, rainy day." Brad Lindberg "Something to look at." — Beth Elmstrom "Culture, life, I don't know, anything." — Ker

Stenberg "Art is anything you want it to be." — Carrie Norbin

"Something I can't do!" — Gina Pletan "A creation." — Scott Bergstrom

"Art is a form of expressing yourself while having your left hand on your right foot and your right hand on your forehead while holding an art instrument in your teeth." — Ken Kralick and Chad Bounds

"Something that makes me feel philosophical inside." — Cory Onell

"Something that satisfies ones lustful visions." — Marc Sieber

"Art is life." — Matthew Sandager "A 12 minute fart!" — Dan Becker "The first rain of spring." — Dave Burch

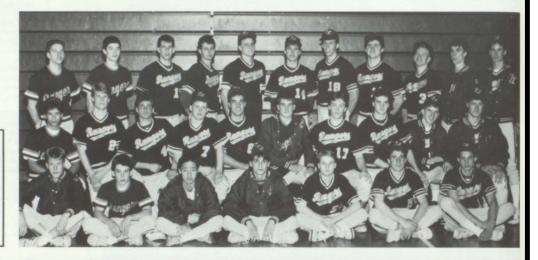




Photos force hasty shot of spring sports

BASEBALL — Front: Dale Schultz, Scott Guertin, Tony Samic, Travis Galleberg, Dan Schmidt, Andy McCurdy, Dan Hulleman. Row #2: Brian Passari, Brian Peterson, Steve Christopherson, Tony Grubbs, Scott Matzsky, Lance Brieland, Kevin Invalson, Scott Schinger, Dve Killian, Henry Mauer. Back: Ray Brodeur, Scott Poepard, Chris Olson, Tom Schlavin, Cory Onell, Mike Wassman, Joe Hermes, Pat Flanagan, Curt Bennett, Ron Shurer, Matt Wassman.

GOLF — Front: Dylan Ascheman, Tom Simonson, Lisa Albert, Amanda Enquist, Jill Loushine, Angie McCullough, Theresa Brodeaur, Rich Svardahl. Row #2: Andy Hegstead, James Dagastino, Tom Carney, Aaron Holland, Steve Gosiak, Dana Wojtowicz, Brent Miller, Jason Hamernick, Scott Timmons, Jason Sumners. Back: Charles Gillette, Zach Reed, Ryan Johnson, Andy Ulvin, Jason Smith, Mike Banson, Dave Sederholm, Jeff Christensen, Mrs. Cheyne, Mr. Cheyne.







TENNIS — Front: Murray Butler, Brad Pepper, Jason Sandager, Randy Hockert, Chase Gustafson, Aaron Frendschuh, Chris Pakivan. Row 2: Jordan Olson, Damien Ceman, Lance Wade, Jamie Lowe, Mike Dufresne, Matt Hebert, Chad Pelarsky, Brian Bolier, Andy Ulvin. Back: Alex Norquist, Scott Hagberg, Brian Clark, Dana Decker, Jason Bobrowski, Jake Djerne, Mike Lessard, Mark Lautigar, Mark Holfman, Coach Grant.

Teams face challenge of weather changes



VARSITY SOFTBALL — Front: Sherry Jochim, Tara Krantz, Carla Thurnbeck, Rachel Huntosh. **Row #2:** Steffanie Weseman, Sara Gmach, Jolene Gremmer, Jenny Hesse, Tricia Krantz, Katie Schaeppi. **Back**: Joan Paulson (coach), Krista Brown, Kristi Degendorfer, Jenny Hermann, Brenda Reed, Tessa Finnes, Carrie Plantz, Charlie Chalberg (coach).

B SQUAD SOFTBALL — Front: Jenny Curtis, Amy Wurdemann, Leah Altavilla, Masako Otosaka, Amy Mattson, Tricia Winge. **Row #2**: Michelle Johnson, Lisa Davis, Carrie Prestegaard, Jenny Haiden, Jacquie Roskowitz, Melissa Hawkins. **Back:** Michelle Hagart, Jody Parter, Megan Tardiff, Kelly Christenson, Becky Ziemer, Deb Westrum, Sue Stennes — Rogness (coach).

The ref gets ready to signal Burch's pin

Warm-ups are vital for good safe wrestling" emphasises Coach Dettmon

Anderson, Belyea Place at State

This year's wrestling season was exciting from start to finish. From the 31-30 win over Buffalo, to the 26-27 loss to the State Champion team of Anoka. When the season started, the Ranger Wrestlers had visions of the State Tournament in their eyes. But, the one point loss to Anoka for the Conference Championship slowly began to cloud those visions. Although the team did not advance to State, they sent three individuals: junior — Scott Anderson, senior/tri-captain — Ken Anderson, and senior/tri-captain — John Belyea. These wrestlers showed top performance at State, for although Scott Anderson did not place, Ken Anderson placed second (losing the title by only one point in the last two seconds of the match), and John Belyea placed a strong third.

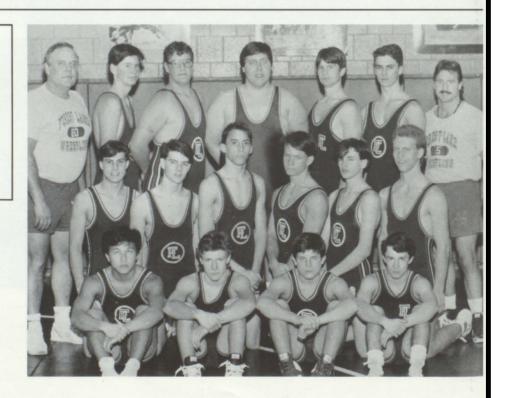
Clean mats are a must in Ranger

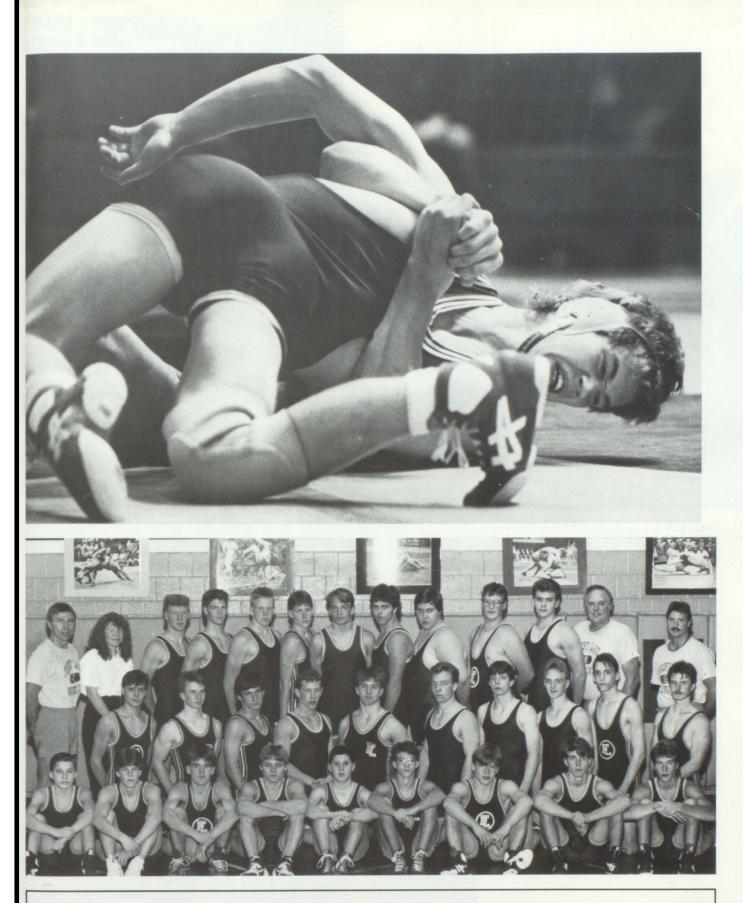




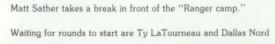
Conference Championship one point away!

JV WRESTLING — Front: Vang Tang, Rob Neeser, Mike Hanson, Glen Berg. Middle: Brian Stanley, Dan Hale, Jason Flinn, Brian Selvog, Andrew Newdecker, Dallas Minder. Back: Jeff Lathrop, Lee Miron, Dave Shateva, Aaron Krantz, Todd O'Connor.

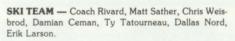


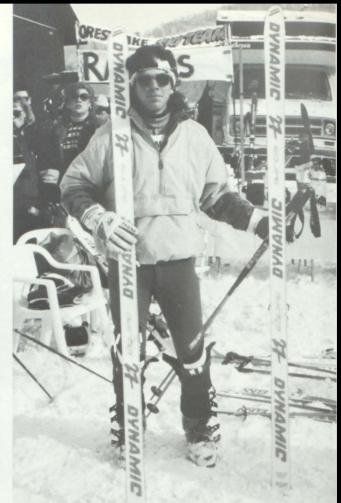


VARSITY WRESTLING — Front: Jason Davids, Ken Morkert, Jim Beimert, Jeremy Kellem, Tom Carney, Justin Hahn, James Freeman, Dave Burch, Troy Pleski. Middle: Lance Pankratz, Tryp Wittsbruck, Paul Meyer, Bill Dukowitz, Scott Anderson, Matt Thayer, Matt Carey, Jason Benson, Jason Flynn, Louis Rein. Back: Coach Dettmer, Katie Belyea, John Belyea, Brent Houle, Jason Devries, Tony Barger, Ken Anderson, Chad Organ, Dave Shatava, Lee Miron, Coach Reiman, Coach Smith.



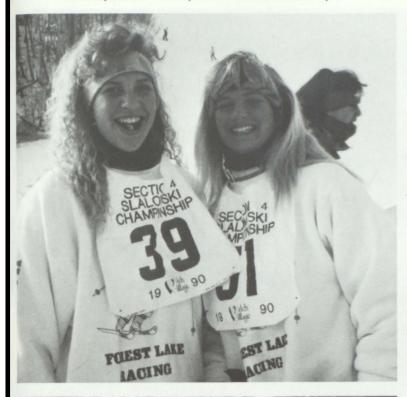


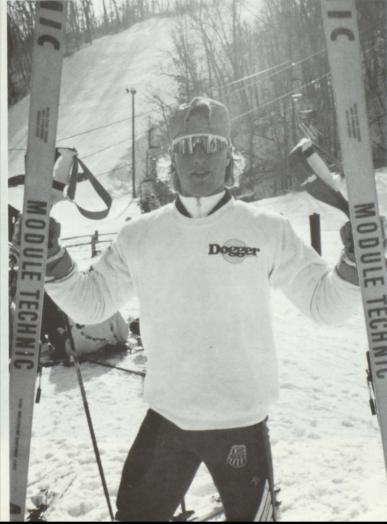






Sarah Keyes and Cori Bass represented FL's Women on the slopes.





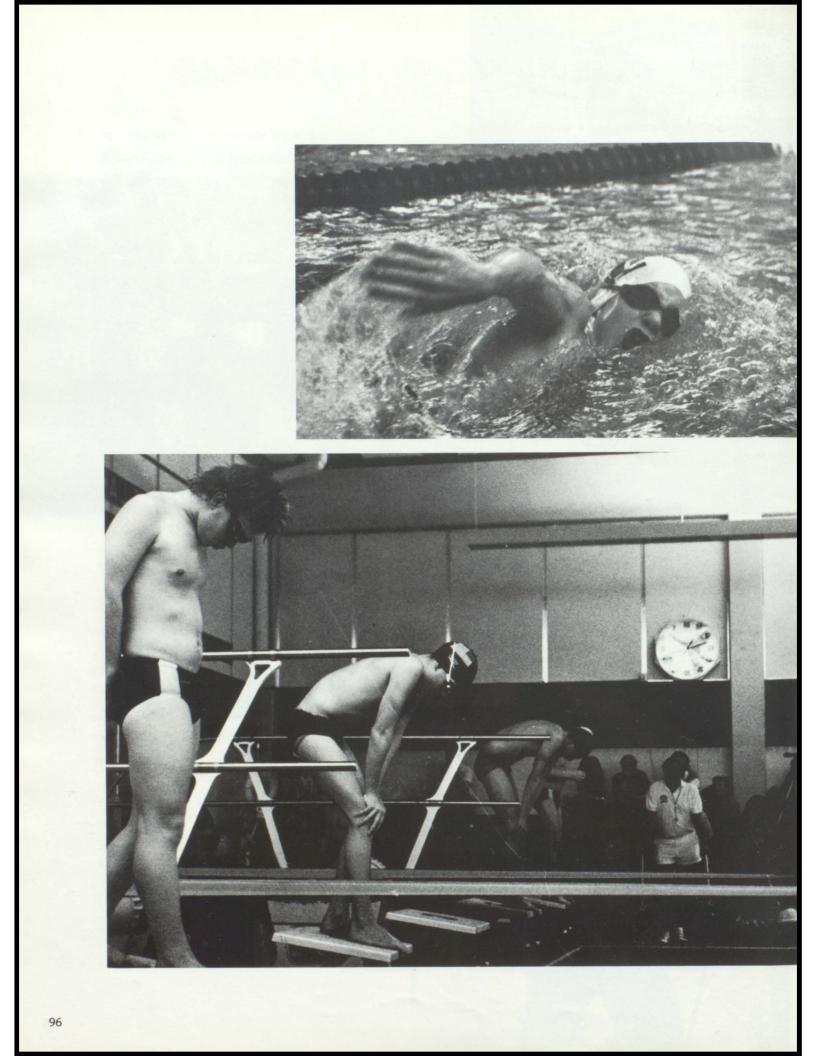
Proud team members show off the hardware.





Charlie Burton, Don Bakken and Ty LaTourneau enjoy a quiet moment between rounds.

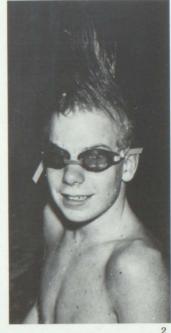
Ty models for his mom at the meet.



BOYS' SWIMMING AND DIVING TEAM — Back: Jay Stadler, Chris Berg, Chris Paskuan, Sean Blackford, Rob Duncan, Brian Van Bergen, Scott Kuha, Chad Bull, Jason Klons, Chris Elliot, Greg Addicks. Middle: Geoff Jungbauer, Jeremy Wendt, Trever Dahnke, Ben Lindstrom, Jeremy Granquist, Jeff Forga, Corey Mathison, Chris Averback, Josh McKenzie, Todd Schlavin, Mike Hilber, Asst. Coach, Kim Corbey, Coach. Front: Mike Duncan, Aaron Maki, Alex Lindstrom, Brian Gay, John Wolhaupter, Brian Rehbein, Jason Miles, Chris Koester.

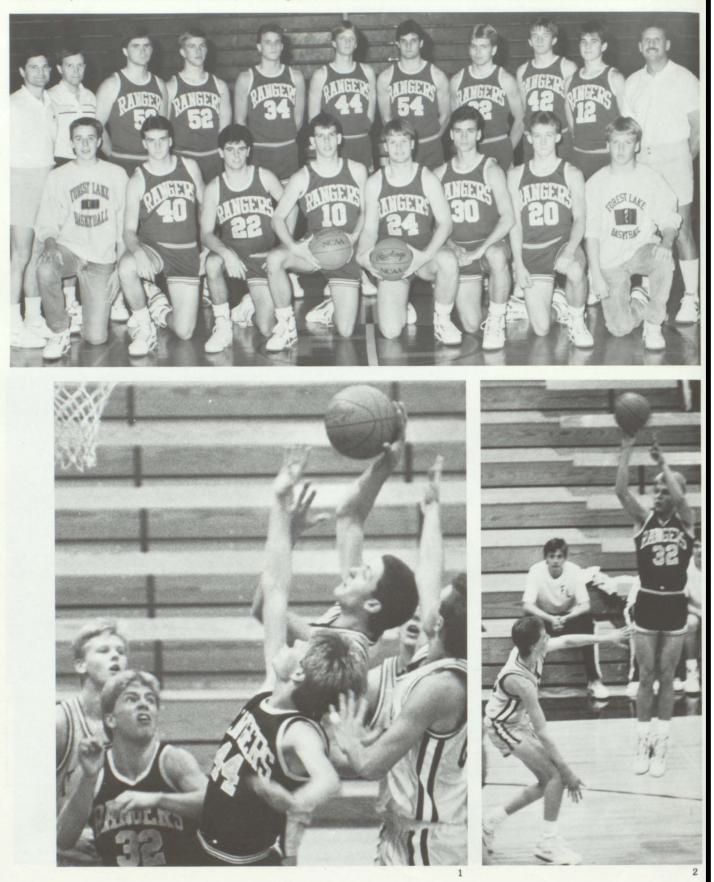






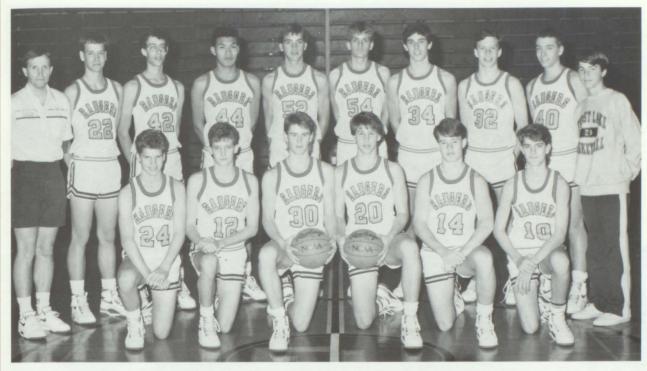


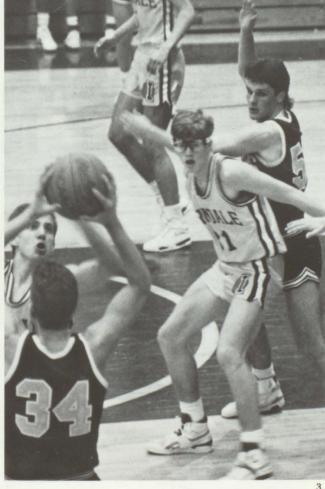
1. Tenth grader Chris Elliott shows his diving form to Ranger fans. 2. Sporting a new hairstyle, Ben Lindstrom gets ready to rock. 3. Perseverance keeps Trevor Dahnke in shape for meets.



VARSITY BASKETBALL — Back: Coach Hegseth, Coach Anderson, Pat Flanagan, Jeff Boyer, Cory Onell, Scott Norquist, Doug Estes, Mark Hendrickson, James Smith, Lance Breiland, Coach Herman. Front: Robbie Mondor, Scott Schingen, Ben Theuninck, Chris Olson, Aaron Olson, Josh Wilborn, Kevin Nelson, Steve Isaacs.

B SQUAD BASKETBALL — Back: Coach Anderson, Mike Parker, Randy Nelson, Mick Noren, Seth Maefsky, Alex Norquist, Bobby Taylor, Mike Humphreys, Justin Jackson, Brad Peper. Front: Nathan Severson, Matt Hebert, Steve Johnson, Dan Conway, Chad Herr, Aaron Friendschuh.



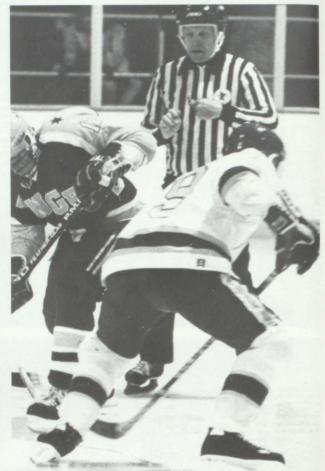




1. Mark Hendrickson and Scott Norquist eye the rebound. 2. Three pointers keep the Rangers in the game. 3. Doug Estes works in to receive Cory Onell's pass. 4. Estes goes up for the rebound.

BOYS' BASKETBALL

Practice pays off when the game requires skill for #9.



HOCKEY

Ranger goals are shot with a combination of luck and practice.





JV HOCKEY — Back: Bob O'Hara, Dana Wojtowicz, Phil Waldo, Eric Johnson, Eric Wuotila, Jed Copham, Cory Huberty, Erin Hoiland, Chris Wolf, Coach Fedderly. Front: Jeff Penton, Ray Rollins, Arik Zecher, Bob Odell, Chase Gustafson, Steve Gosiak, Mike Du Fresne, Marc McCullough. VARSITY HOCKEY — Back: Coach Forsythe, Coach Ken Mik, Nate Swanson, Scott Timmons, Sam Ferraro, Tim Colberg, Chad Wade, Ron Schurrer, Scott Middendorf, Tony Vannelie, Rob Zemke, Jenny Zaruba, Coach Fedderly. Front: Tim Demarais, Steve Funk, Mark Lautigar, Kevin Broadbent, Kevin Ingvalson, Jason Gahm, Kelly Roberts, Mike Lessard, Cory Roberts, Derek Cooper.



Number six moves the puck for an assist.





Speed and accuracy keep the pucksters in action

The Varsity Girls Tennis team had an outstanding season this year. Their accumulated record was nine wins and seven losses. This record is quite deceiving since many of the matches were extremely close, and they could have gone either way.

Linda Streitz and Connie Biermaier were named all conference players for the season. Captain Amy Hunt was named as an all conference player and was also seeded fifth in the individual regions. Senior Carrie Pakulski and sophomore Melissa Hawkins received honorable mention awards.

The girls have really worked hard and put forth much team effort. The remaining players will miss the graduating seniors who have displayed a great deal of leadership and pulled the team together throughout the season.

Tennis

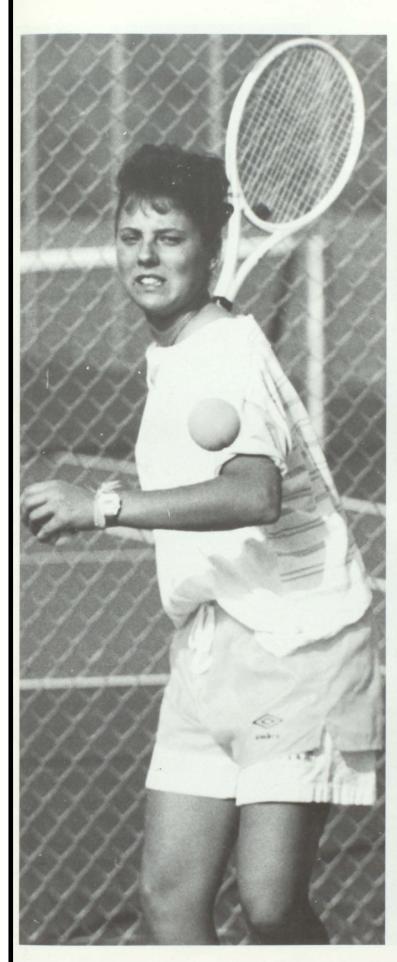
Connie Biermaier found that hard practice and perseverance paid off at matches.

JV TENNIS — Back: Coach Hedlund, Jennifer Zerwas, Jody Porter, Erika Bergerson, Tricia Winge, April Elsenpeter. Front: Tracy Davis, Jill VanHoven, Laura Huerth, Karri Dill.



VARSITY TENNIS — Back: Coach Chalberg, Aimee Brown, Amy Hunt, Nancy Jergens, Britta Ramseth, Linda Streitz, Connie Biermaier, Lisa Kleinvachter. Front: Melissa Hawkins, Heather Scott, Sherry Jochim, Karla Hult, Brooke DeWitt.







Brooke DeWitt works hard to develop a strong arm and a winning style.

Giving up the month of August is real dedication for tennis players like Sherry Jochim who train for the season.



Kerry Pakulski consistently served Ranger style tennis under the training of Coach Chalberg.

Cross Country

Julie Pagois and Brad Lindberg go for the high-five, a sign of team spirit and positive attitude.

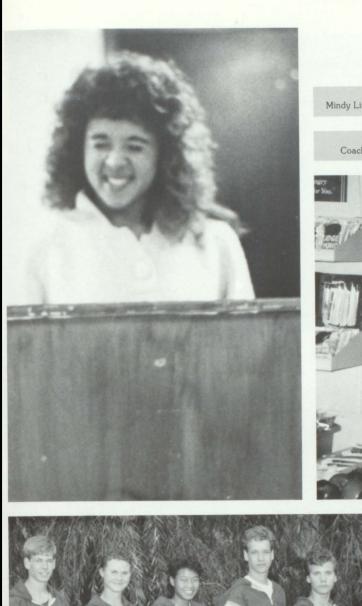




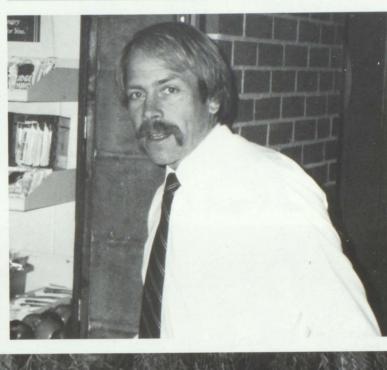
Todd Roe's enthusiasm helps him keep up with the pack.

Brad Lindberg's speed paid off in practice as well as at meets.





Mindy Lindell cracks up during her speech at the banquet.



Coach Fed stops for a snack on the way to practice.



CROSS COUNTRY TEAM — Back: Todd Roe, Steve Meyer, Nate Timmerman, Mike Parker, Ivan Schleder, Mike Aldentaler, Brad Lindberg, Ryan Nelson, Eric Anderson, Coach Fedderly. Row 2: Brent Dodson, John Masloske, Anna Boynton, Barb Miron, Jake Houle, Charlie Huerth, Randy Nelson. Front: Mindy Lindell, Renee Lutz, Tricia Krantz, Anne Gifford, Bridget Madden, Julie Pagois. Team spirit was gained by having a giant party to get to know everyone.

Coach Hilber looks like he is having a great time at the banquet.







GIRLS' SWIMMING AND DIVING TEAM — Front: Dawn Erlandson, Lisa LaCasse, Lisa Albert, Jennifer Johann, Stacy Wacholz, Amie Haas, Hilary Doyscher, Kristi Hatcher. Row 2: Connie Pierre, Andra Mitton, Rachel Mitton, Tara Shipman, Trudy Bourgoin, Senta Schleder, Michelle Halley, Amy Savord, Jessica Warning, Heidi Averbeck. Row 3: Cara Jarnberg, Jolene Gremmer, Jenifer Carlson, Katie Backer, Inga Lennes, Janna Zuleger, Abby Yobie, Amie Erickson, Heather Oehrlein, Mali Anderson, Brianne Hogan, Tara Blasko. Back: Rebecca Huntosh, Tonya Kobilka, Jodie Oehler, Jenny Frost, Melissa Hallberg, Bobbi Hummel, Kerri Marshall, Carla Thurnbeck, Rachel Huntosh, Amy LeTourneau, Jennifer Reetz, Shannon Smith, Kim Corbey, Mike Hilber. Underwater camera action captures the antics of the swimmers at prepractice warmups.







Sophomore swimmers worked hard to keep the team breaking records, which mean tough work outs and little time for fun in the pool.

Captain Jean Schroeder gets ready to dig into party cake.

Heather Oehrlein and Connie Pierre, joined by Coach Corbey, get a few more minutes fun at the giant party.

Swimmers Splash Through Season's Peaks, Valleys





B SQUAD VOLLEYBALL — Back: Jenny Bance, Kelly Christenson, Jennie Olsen, Becky Ziemer, Deb Noyes, Michelle Hagert, Kathy Briquet. Row 2: Jenny Haider, Deb Westrum, Jacquie Roskowitz, Cory Bass, Dena Kari, Lisa Davids. Front: Leah Altavilla, Angie Larson, Carrie Prestegaard, Karrie Wallin, Chaleece Paul.

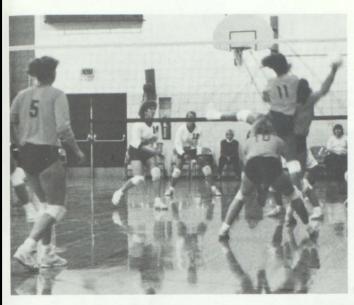
VARSITY VOLLEYBALL — Back: Coach Fuerstenberg, Carrie Plantz, Sarah Carter, Rita Anderson, Coach Paulson, Angie McCullough, Nikki Carlson, Jessica Wahlberg, Coach Briguet. Front: Jenny Hesse, Jenna Lowe, Tina Olsen, Jenny Peiffer, Jean Whitney, Trish Johnson. Rita Anderson demonstrates a well-executed vertical.

Positive attitudes resulted in finetuned team work and victorious matches.











Ranger Volleyball players advanced in the season under the expert coaching of Joan Paulson.



Bringing home trophies requires full team effort.

Carrie Plantz and Angie McCullough get in a prematch strategy and pep talk.

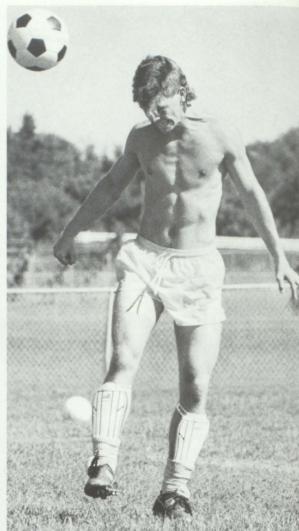


JV VOLLEYBALL — Back: Coach Fuerstenberg, Carrie Plantz, Tessa Finnes, Kristi Degendorfer, Jennifer Joesting, Brenda Reed, Ruth Hendrickson, Jenny Hermann. Front: Sara Gmach, Jenny Hesse, Kelley Stromberg, Shelly Giese, Lisa Lendway.



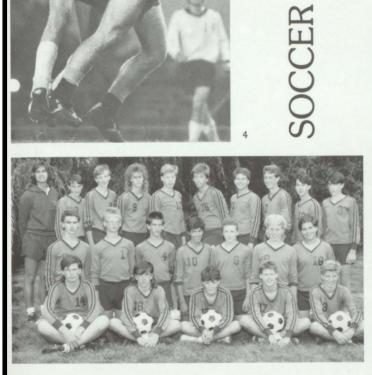
1. Matt Sather keeps the momentum moving in the game. 2. Brent Houle's concentration in practice pays off in games. 3. Good coaching gets players successful headers. 4. With so much quick movement it is a miracle no one gets injured.







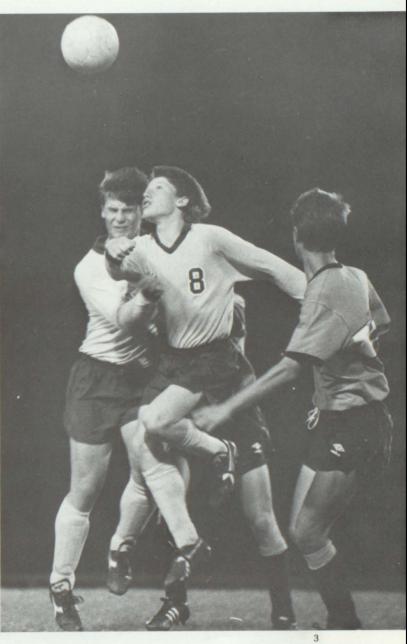
VARSITY SOCCER — Back: Coach Dettmer, Pat Kowal, Kirk Solum, Jason Gahm, Josh Wilborn, Dan Becker, Pasi Huyarilla, Andy Ulvin, Nathan Ostertag, Coach Tungseth, Josh Fedderly. Row 2: Eric Schreiber, Jeff Collins, Marcus Pikarek, Tom Meire, Brent Hould, Steve Christopherson, Kevin Broadbent, Chris Paskvan. Front: Tim Demarais, Matt Sather, Ty LaTourneau, Tom Carney, Derek Cooper, Doug Oase, Rob Zemke.



Back Row: L. to R. Dettmer, Jon Froelich, Lee Leibke, Etevaldo de Miranda, Eric DeLong. Bill Votel, Jake Hernje, Tom Masteller, Josh Fedderly. Front: Dan Heineman, Tuan Tranh, Derek Cooper, Tom Carney, Troy Parent, Chris Paskvan.



B SQUAD SOCCER — **Back:** Coach Winter, Ted L'Allier, Chad Sinn, Mike Collisn, Tim Cicconne, Justin Jackson, Justin Hoover, John Lewis, Greg Weigel, Ray Rollins. **Row 2:** Todd O'Conner, Jon Holzchuh, Mike Falck, Richard Anderson, Dan Oase, Dave Munson, Chad Annunziata. **Front:** Jeff Lathrup, Tom Peloquin, Mike DuFresne, Damien Ceman, Nathan Severson.



After a victorious start against nonconference St. Francis, Ranger gridders fought hard to demonstrate their mettle for the rest of the sea-

son





B SQUAD FOOTBALL — Front: Marc Merrigan, Steve Johnson, Chad Herr, Joe Tarlizzo, Marc McCullough, John Toth, Joe Schlavin, Mike Humphreys, Dan Conway, James Freeman, Phil Waldo. **Row 2**: Jon Wright, Mike Chall, Brian Stanley, Bill McGeary, Bob Taylor, Alex Norquist, Todd Martin, Randy Rheault, Rob Ziegler, Paul Skoglund. **Row 3**: Geoff Jungbauer, Kevin Joyce, Jordan Fineberg, Nick Reynolds, Tom Bahneman, Tony Barger, Jeff White, Chad Bull, Chris Kolkin, Adam Dehmlow, Bill Turrenne. **Back**: Coach Matzdorf, Sean Connelly, Dave Devine, Mike Marx, Jeremy Pfaffendorf, Mike Hanson, Mike Sample, Nick Wilson, Travis Stuefen, Rob Neeser, Erik Anderson, Coach Streeter.



VARSITY FOOTBALL — Front: Scott Timmons, Travis Galleberg, Tim Colberg, Doug Baland, Joe Toth, Scott Middendorf, Troy Blanchard, Pat Flanagan, Joe Hermes, Jeff Boyer, Henry Mauer. Row 2: Mark Hendrickson, John Foss, Sam Ferraro, Erik Skoog, Craig Gillen, Mike Hinz, Dan Hulleman, Todd Siememsma, Jason Rauner, Chad Davis. Row 3: Jeff Gosick, Steve Isaacs, Mark Hoff, Jason Locke, Scott Anderson, Jeff Duncanson, Aaron Olson, Doug Benson, Patrick Leistenschneider, Dave Morrissette, Doug Estes. Row 4: Scott Norquist, Tom Gleixner, Curt Bennett, Pat Fischback, Ron Schurrer, Chris Berg, Scott Hagberg, Dan Englehorn, Chuck Nelson, Doug Anderson. Row 5: Cory Onell, Andy McCurdy, Tom Schlavin, Chad Bounds, Jermaine Roland, Kelly Roberts, Ben Theuninck, Cory Roberts, Paul Meyer, Mark Lautigar. Back: Coaches Lautigar, Motschenbacher, Matzdorf, Grant, Herman, Humphreys, Tietje, Streeter.



Senior Joe Toth added up the yardage for the Rangers and his own personal achievement.



Junior quarterback Cory Onell gets ready to pitch a long pass.

Ranger number five, Scott Timmons kept the offense pushing ahead.



WRESTLING CHEERLEADERS — Front: Jill Stenberg. Middle: Amy Schorn, Lynette Fleck. Back: Andrea Stolp, Jeri Kyrola, Linda LeRoux.

BASKETBALL CHEERLEADERS — Front: Lisa Welk, Jeremy Minner, Maria Guion. Middle: Andrea Bakke, Becky Ekdahl, Michelle Mc-Clure. Back: Tiffany Fladland.





HOCKEY CHEERLEADERS — Stacy Whitman, Laura Theroux, Nikki Wood, Sheri Roskowitz, Katie Schaeppi.



Wrestling cheerleaders do push-ups whenever a Ranger gets a pin.



B-SQUAD BASKETBALL CHEERLEADERS — Front: Lisa LaCasse, Julie Thompson, Kristin Olson. Back: Therese Klein, Kari Dill, Andrea Moore.





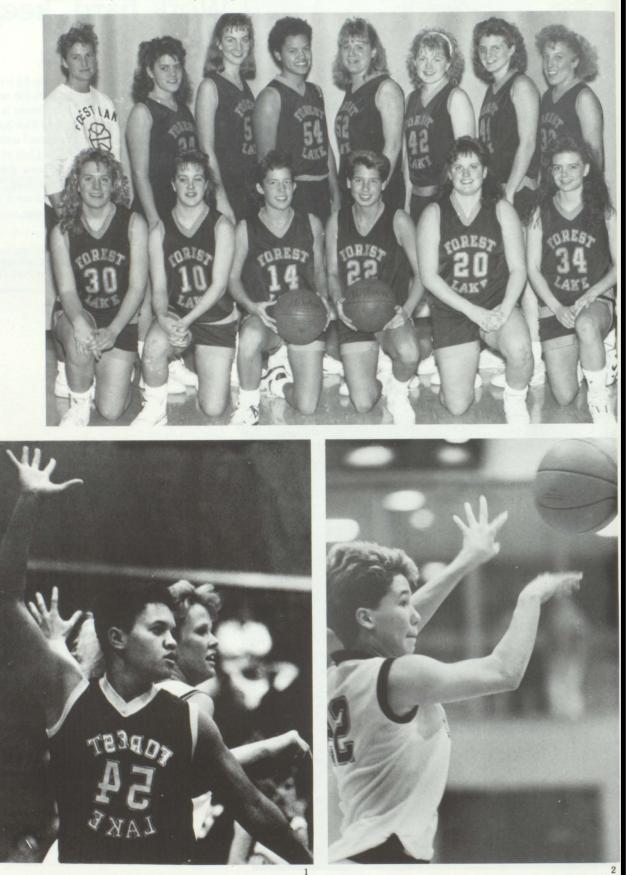


Winter cheerleaders Work hard, keep Fans excited

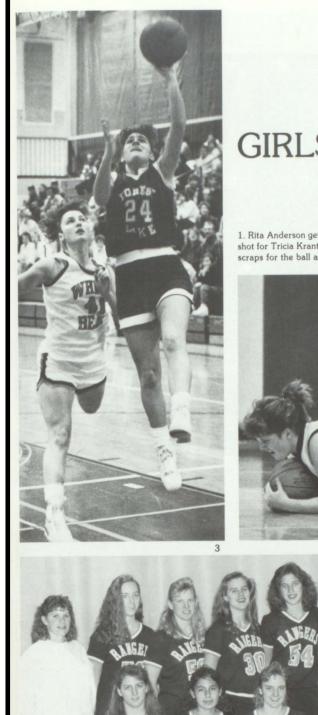
Devotion and motivation are needed to be a part of the three winter cheerleading squads. With the season running from November to March, the commitment is a long one. Two nights a week the girls practiced their hundred plus cheers, besides making posters to spread enthusiasm through the school. "You get to spend lots of time with the other girls on the squad. You get to know them really well," recounts wrestling cheerleader Jill Stenberg. "We work hard during the season, but when the last cheer is yelled and the pom poms set down, the memories linger, and that is the best part."

JV HOCKEY CHEERLEADERS — Front: Jacquie Roskowitz, Angie Janu. Middle: Tara Hietilla, Jenny Johnson. Back: Theresa Strantz.

B-SQUAD WRESTLING CHEERLEADERS — Front: Kristi Zaske. Middle: Dawn Erlandson, Jill Loushine. Back: Amy Sigfrinius, Amand Engquist.

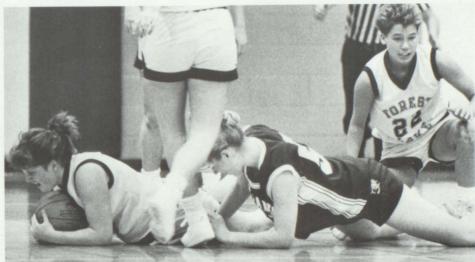


VARSITY BASKETBALL — Front: Jenny Hermann, Anne Gifford, Sheri Joachim, Tricia Krantz, Jenny Hesse, Tammy Tremmel. Back: Coach Hedstrom, Carrie Plantz, Jenny Joesting, Rita Anderson, Paula Schrom, Ruth Hendrickson, Sarah Carter, Connie Biermaier.



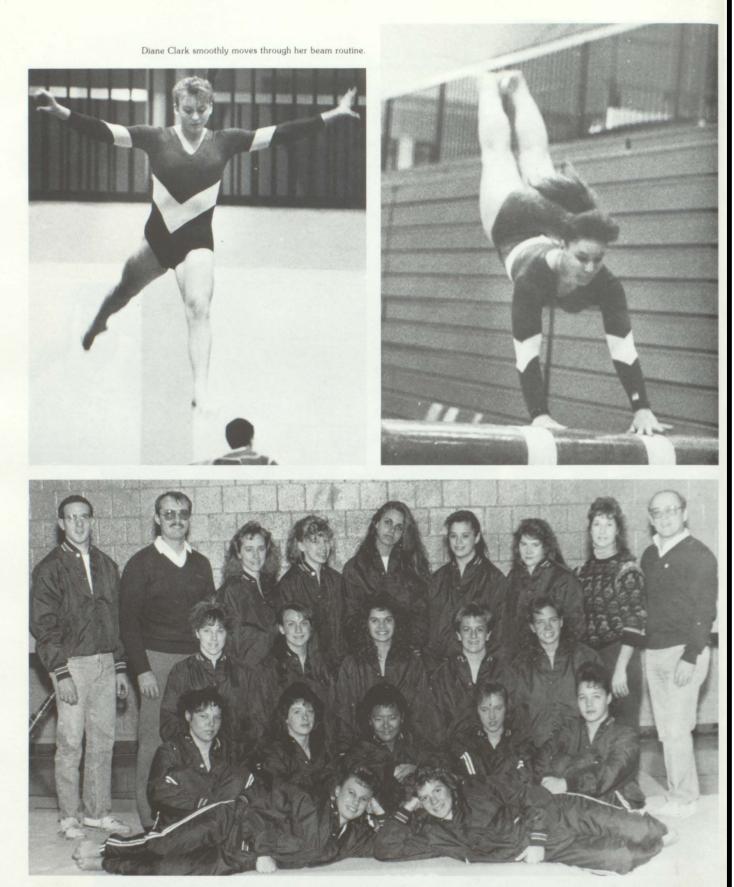
GIRLS' BASKETBALL

1. Rita Anderson gets action in defense and offense. 2. Smooth follow up gets the shot for Tricia Krantz. 3. Carrie Plantz drives hard for the layup. 4. Jennie Hesse scraps for the ball as Krantz moves in to help.





B SQUAD BASKETBALL — Back: Jenny Coats, Jody Porter, Kelley Christenson, Renee Lutz, Jenny Bance, Debbie Westrum, Inge Becher, Theresa Foster. Front: Lisa Albert, Laura Huerth, Carrie Prestegaard, Kari Wallin, Angie Larson, Becky Ziemer.



GYMNASTICS — Back: Coach Krause, Coach Hipkins, Stacey Engler, Nikki Lindberg, Anna Boynton, Barb Kinderman, Martina Geldner, Coach Davis, Coach Blasko. Row 3: Andrea Schroepfer, Diane Clark, Jean Whitney, Rachel Huntosh, Tessa Finnes. Row 2: Katie Nord, Melanie Knettel, Jody Graba, Angie Hanson, Nancy LaCasse. Front: Carla Thurnbeck, Tina Olsen.

Nancy LaCasse's speed and strength are assets in vaulting.

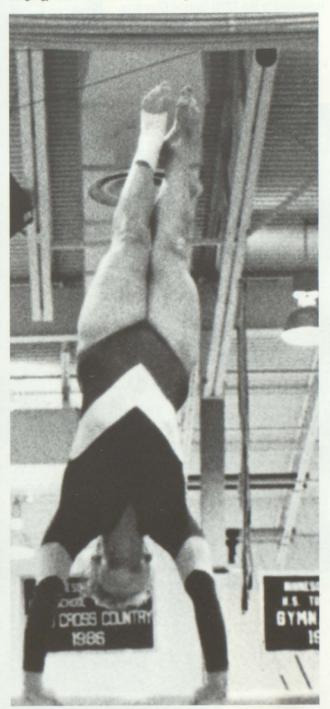




GYMNASTS place Third in state

Working to overcome injuries, Tina Olsen's floor routine is consistently smooth.

Ranger gymnasts are coached to strive for good form on the uneven bars.



Rachel Huntosh adds points to the Ranger totals, keeping the team at the top in the conference.

FLHS Represented in 1990 Minnesota Special Olympics

Opportunities for competition abound for all FLHS students. Under the encouragement of teacher Nancy Dorphy, students prepared for and competed in the 1990 Special Olympics.



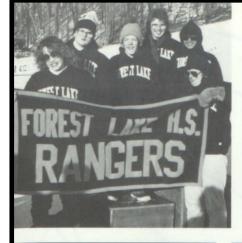




AN







FL SPECIAL OLYMPICS SKI TEAM — Christy Bonin, Ryan Anderson, Dan Hood, Rae Lynn Palacheck, Vina Adoptante.



 Michelle and Vina proudly show their Ranger Banner. 2. Rae Lynn gets into line for competition. 3. Concentration and balance pay off for Dan. 4. Bill makes bowling look so casual. 5. Ryan gets distracted as he sets up. 6. Team members look on as Tamme takes her turn. 7. Coach Guler gives Ryan a word of encouragement. 8. Ryan and Vina help unload gear. 9. Vina proudly shows off her skiing medals. 10. Good follow through adds points to Rae Lynn's score.



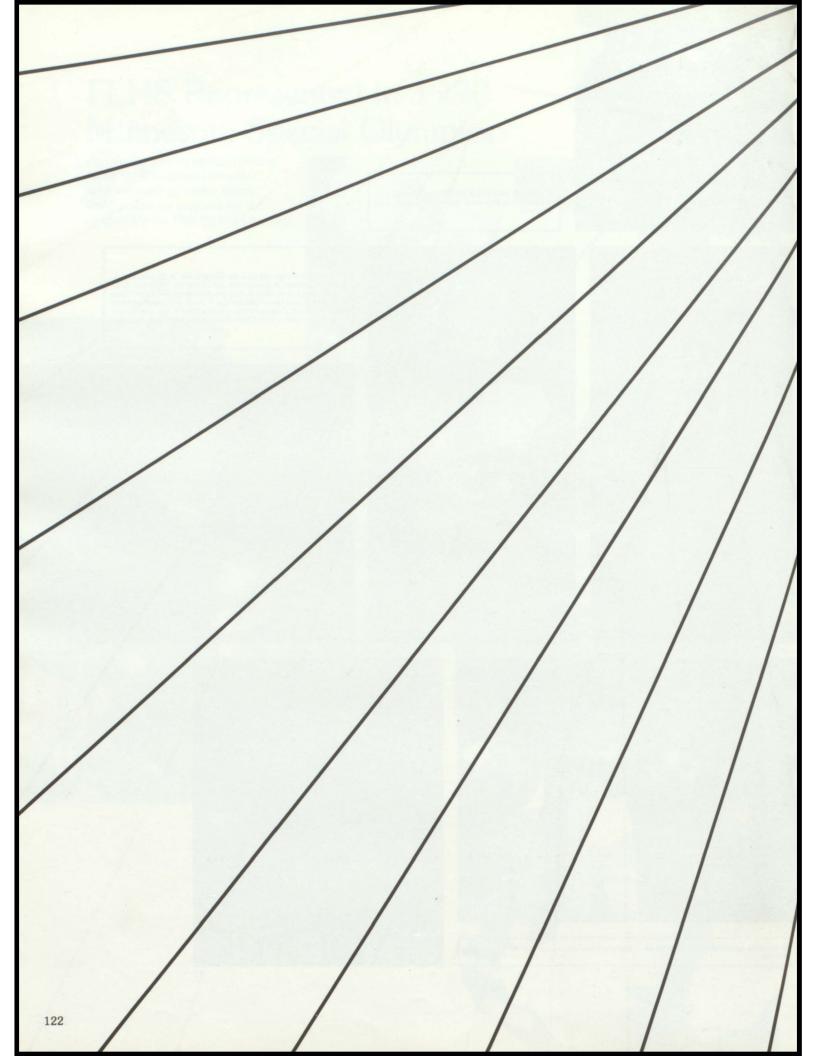


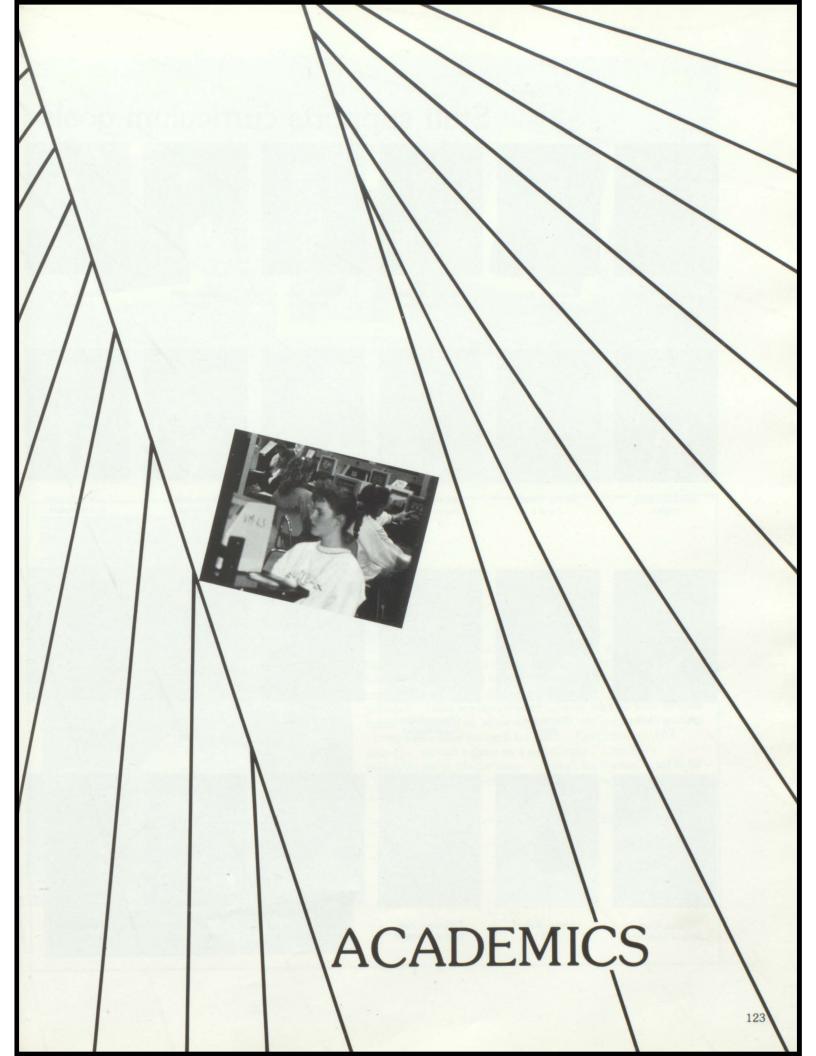
FL SPECIAL OLYMPICS BOWLING TEAM — Rae Lynn Palancheck, Tamme Crist, Bill Abbott, Ryan Anderson



10

6





Staff supports curriculum goals



Altavilla, Mike Math



Anderson, Alan

Business



Anderson, Charles Social Studies



Baldwin, Tom English





Benedict, Rena Science



Bernauer, Mike English



Blasko, David

T and I



Branson, Junior Industrial Arts



Briguet, Kathy PE



Buys, Jack

Business

Bendix, Deb

Speech

Carlson, Richard Social Studies



Chalberg, Charles Math



Cheyne, Pat Math



Cheyne, Roger Social Studies



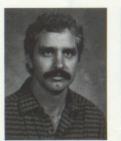
Chowan, Todd French



Conner, Wally Math



Cooper, Russ Assistant Principal



Cullen, Craig Special Education



Dettmer, Robert PE



Dittberner, Judy Special Education



Dorphy, Nancy Special Education



Drolson, Don Assistant Principal



Eikren, Terryl English



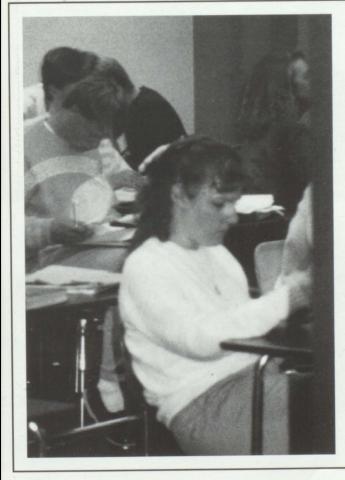
Judy Glaser helps in the EMH room as a classroom aide where she can be seen helping shop, bake, recycle but rarely sitting still.



Suzanne Berry is an aide in the ED room, assisting students in their studies, projects, homework, research and whatever else needs to be done.



Kay Hickerson is in an ED room, too, and helps students complete assignments, get to classes on time, research papers, and check homework.



Pressure ... pressure ... pressure! Rush to get assignments done ... rush to ask questions ... hurry to the next class ... barely beat the bell ... lost my pen on the way ... can't remember where I left my calculus book ... missed a French test ... Why can't we have an extra minute at passing time? ... classes are too crowded ... halls are too crowded ... why can't we have an open lunch? ... There's no where to park ... 16½ credits are too much ... my boss makes me work too late ... I can't stay awake in school ... we had a game on a school night ... my dad's pressuring me to join the army ... I don't know what I want to be ... by Friday I'm stressed out ... I just want to sleep all weekend.

Time to work on an assignment gives Julie Mayville a headstart on his homework for the night.



Espe-Och, Megan Spanish



Fedderly, Bob English



Fitzgerald, Maureen German



Forsythe, Dan PE







Gilles, Jane English



Grant, Mike Social Studies



Grove, Virgil Counselor



Hagman, Sally Counselor



Hahn, Richard Instrumental Music







Hansen, Gwen Science



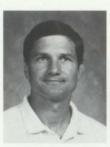
Hansen, Mark Art



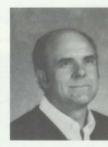
Hebert, Henry English



Hedstrom, Mary English

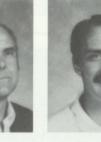


Hegseth, Brian Health/PE



Henderson, Jack

Science



Hipkins, Tom Special Education

Stop by the Guidance Office and there is always a flurry of activity. Get a pass to the career resource center, make plans for college, or set up a time to see a counselor about a personal problem. The reality is that the counselors rely on their secretaries to keep their schedules running smoothly.

Diane Borley

Lynn DuFresne



Janet Walker



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Hoppe, Lou Ann Special Education



Hyatt, Loyal Agribusiness



Jarrett, Susan Math



Jones, Lynn Counselor



Karlsson, Paul Librarian



Karulak, Nikki Special Education



Larson, Alan Art



Larson, Beverly English



Law, Gail English



Lautigar, John Math



Lee, Kevin Math



Leslie, Joyce Counselor



Lewis, Jeff Science



Lindstrom, Jim Vocal Music



Lynch, Loren Work Program



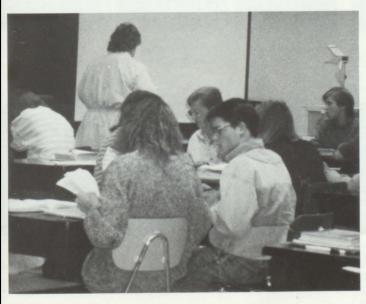
Mahoney, Steve PE



Maki, Rachel English



Marzolf, Robert Agribusiness



After the excitement of the summer, it's good to get back into the routine of classes.

STATE FAIR **OFFERS VARIETY**

Stop. Go a couple of inches and stop again. Then about an hour later you inch your car into a parking spot. Next you find yourself walking a few miles uphill, only to find yourself in the middle of a hot, sweaty crowd. In the middle of all these smelly people you tell yourself it is worth it to be at the great Minnesota State Fair.

What attracts thousands of people to the fair each year? The lure of mini doughnuts, foot long hot dogs, pronto pups, or cheese curds? Food cannot be the only reason. Maybe it is the sheep barns, or cows, or pigs, chickens and rabbits. Or else it is the concerts, TV personalities, or the midway. The little kid in you draws you to the midway where you spend fifty dollars trying to win a teddy bear. It's cheaper to stop at Rosedale and buy one on the way home. But you'll be back next year. Appetite ready, having forgotten the bad smells, looking for the cotton candy.



Matzdorf, Larry Math







Menken, Ruth Social Studies



Mikolajczyk, Ken

Social Studies

Moskop, Richard Audio Visual



Motschenbacher, Stan Counselor



Nelson, Don Math



Nelson, Julie Health/PE



Newell, Tom Business



Oehlke, Darlene Science



English

Olsen, John



Olson, Pricilla Reading



Olson, William Math



Onell, Carleen English





Pechmann, Nancy Art



Peltier, Doug Athletic Director



Pogreba, Tom Industrial Arts



Reiman, Johns Industrial Arts



Reynolds, Thomas Principal



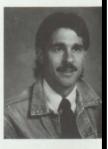
Rivard, Kevin Industrial Arts



Rohowetz Spanish







Schneider, Dan Science



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Faced with reducing expenses to make up for the defeat of the 2.5 million dollar levy are board members Savord, Onell, Nelson, Superintendent Brynildson, and board members Moratzka, Boettcher, and Olson.







Dee Gorka Switchboard



Carol Johnson Principal's Secretary Claudia Johnson Asst. Princ. Secretary



Elaine Thaemert Health Aide



Marion Tuominen Athletic Dir. Secretary



Mary Wightman Asst. Prin. Secretary

Parking = Administrative Headache

"And where are you going? Oh, I see, will you be back from the dentists before school's out? This is your blue pass. Well, o.k. Have a good day?"

Crazy o.k. I am going crazy. Of course I won't be back. If I have a pass to leave grounds why would I come back? That's stupid. No, it's bright orange. Is he color blind? You bet buddy, I'm away from this place!

The only other thing that makes you happy is that you beat the mad rush of non-stopping cars leaving from school. Everyone seems to get the same great idea to rush out before the buses pull out. Well, when hundreds of cars start pulling out at the same time you know that school's out. Parking. The joys of parking. Waiting in line for hours when all two thousand of the buses depart. Waiting — waiting — waiting. Well if you think departing is the worst, wait until you find out about the mornings. Mad rushers picking their parking spots closest to the building. Yeah, right, like they're even going to make that. Crooked parkers, uneven parkers, parkers who just don't care where they park. You wonder how half of them even get their license. Sometimes you begin to wonder what the license training places are like.

"Hey buddy roll down your window. Your window, roll it down. Do you have your parking pass, your parking pass? Thank you, Oh, and you better slow down a little."

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Slotsve, Phyllis Business



Somrock, Jill Science



Somrock, William English



Stangeland, Roxanne Special Education



Stennes-Rogness, Susan Social Studies



Stone, Janet Home Economics



Streeter, Bill Reading



Sunne, Dorothy Speech



Teichner, Sandy Social Studies



Tungseth, Ron Social Studies





Wiley, Janet Work Program



Wilson, Jeff Work Program



Bakken, Karen A-V



Ensrud, Nancy A-V

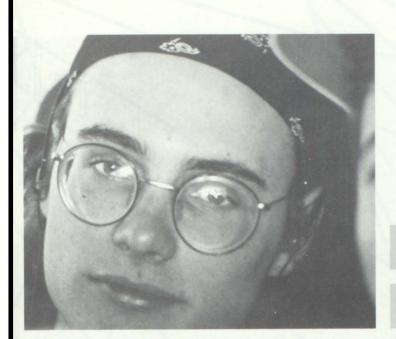


Wavrin, Sylvia Library



Zeller, Elaine Library





Learners vary at FLHS ... no one look was popular.

Tom Ferderer student taught in the English department.

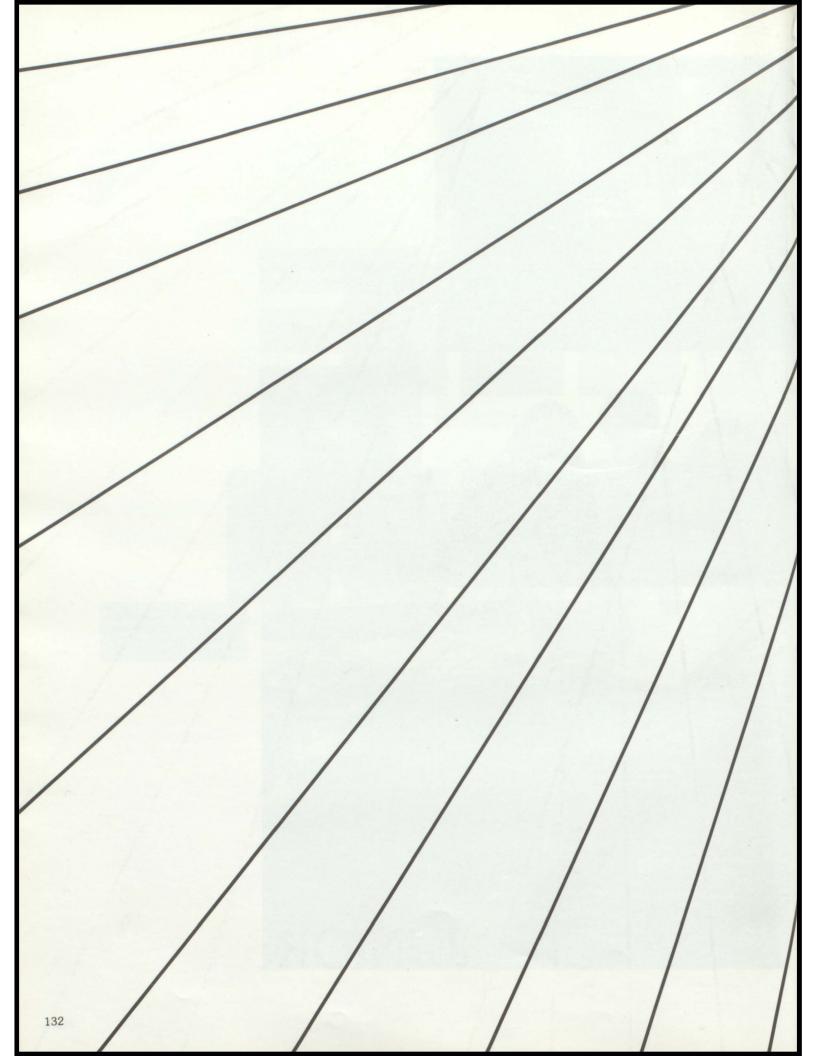


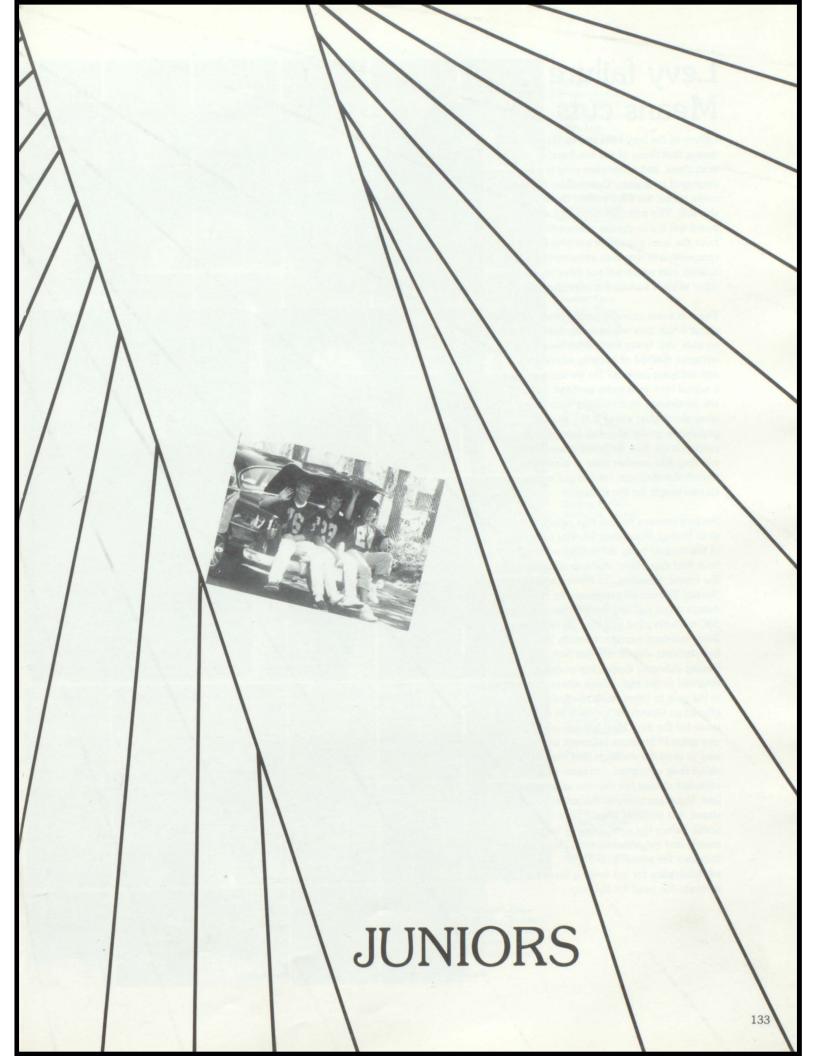


The Statue of Liberty brought American history to life for the band.



Who would have imagined those piles of supplies in May would turn into bright, cheery classrooms by October?





Levy failure Means cuts

Failure of the levy referendum November 7 means that many of the teachers, custodians, and secretaries may not be employed next year. Cuts will be made to make up for the \$2.5 million dollar shortfall. The administration and school board will try to cut the areas which will have the least impact on keeping FLHS competitive in the open enrollment market, making cuts which will not drive students to other schools looking for other programs.

There is some concern among many groups about which cuts will have the least impact on kids. Will fewer secretaries mean a less stringent method of keeping attendance and notifying parents? Do we want to go to a school that used to be spotless, but now will be cleaned on a rotating basis? And what about class sizes? If the student population grows and staff is kept at the current level, how large will classes be? Or will they add another hour of classes to stretch the teachers' load to get more classes taught for the dollar?

Student concern for the cuts resulted in a sit in Friday, November 17. The majority of the student body did not attend first hour that day. Many students addressed the crowd, including Jim Nivens and Carrie Norbin. The crowd progressed to the district office building through the snow and 500 students piled into the offices there. Since numbers kept productivity low, about five students stayed and met with Dr. Donley Johnson, Remaining students returned to the high school where they met in the gym to listen to Mr. Reynolds. He offered an ultimatum: go back to classes or leave for the day. Most left school. What was gained? Students believe it was a bold way to send the message that they care about their education. Students who attended classes felt that the sit in was too late. Vocal members of this minor minority stated that students should have been active before the vote, working to get friends and neighbors to vote. Some criticized the school board and administration for not inviting them to promote the need for the levy.

Students fill the district office building.





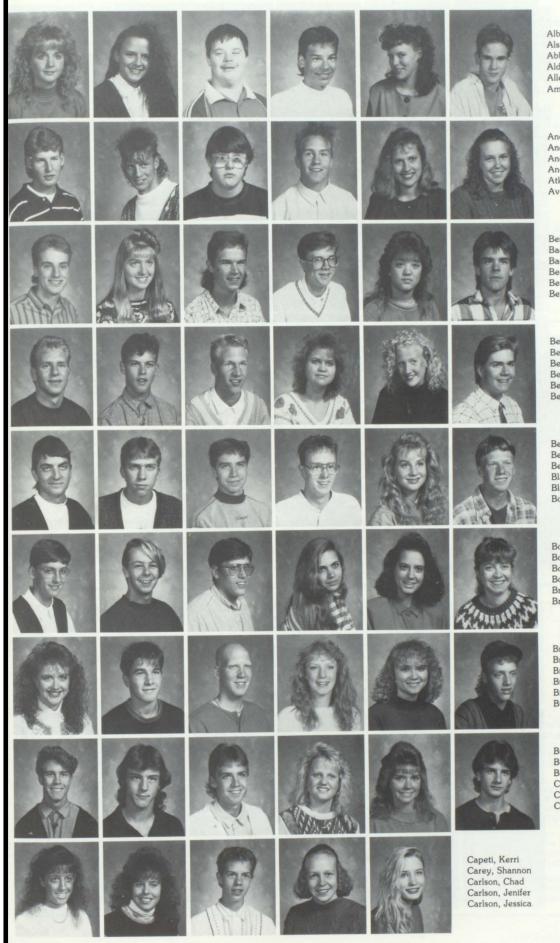
Val Taylor and Carrie Norbin point out key points about the referendum as well as get students to figure out their feelings about the issue.



Jim Nivens addresses students during the first hour walk-out.



Students trudge through the snow to the district office building.



Albrecht, Michelle Alsaker, Melissa Abbott, William Aldentaler, Michael Allen, Lisa Amunrud, Chad

Anderberg, Christopher Anderson, Douglas Anderson, Ryan Anderson, Scott Atkinson, Michelle Avery, Jennifer

Benson, Michael Backer, Katie Backus, Tracy Bedford, Chris Beck, Kimberly Beimert, James

Bennett, Curtis Benson, Douglas Berg, Chris Berger, Jodi Bergerson, Erika Berstrom, Scott

Bergum, Eric Bergum, Steven Berthelsen, Michael Blackford, Sean Blanchard, Nicole Bolier, Brian

Booth, John Bothman, Bryan Bounds, Chad Boynton, Anna Bradford, Kim Brandel, Melissa

Braun, Angela Breiland, Lance Bromert, Kevin Brown, Aimee Brown, Krista Bulena, James

Burch, David Burdine, Christopher Burton, Charles Cadwallader, Tracey Campbell, Jennifer Campbell, John Carney, Thomas Carter, Janene Christensen, Douglas Christopherson, Steven Cieslak, Christine Clark, Dianne

> Clover, Richard Coombs, Patricia Cooper, Derek Copham, Casey Copham, Jed Crandall, Edward

Cressman, Christopher Crosswait, Patricia Culver, Marcus Dagastino, James Dahl, Christina Danielson, Geno





HI HO HI HO it's Off to work we go

You've just put in an all-nighter. The big exam is next hour. You finished the exam just in time to realize you just put in a 10 hour study schedule, pulled an all-nighter and have to put in another hard night's work at your job.

Ever felt as if you are running yourself down just to earn a living or to please your parents? While most kids go straight to work and pull all-nighters at a job, it takes a lot out of a teenager. Should teachers be so strict? Should parents? Why do they expect so much out of us? Why must a student who is attending school to better educate themselves also have to take on a full time job? MONEY and PARENTS!

Most of today's students need the money for those extra experiences and to keep their parents off their backs. Where do they work? There is a variety of different places you see Forest Lake students everywhere. Market Place Foods, Town and Country, White Mart, Perkins, Maurices, Pamida, etc., etc., etc. When you're feeling tired after a long day's work, just remember there are many others in this same boat.

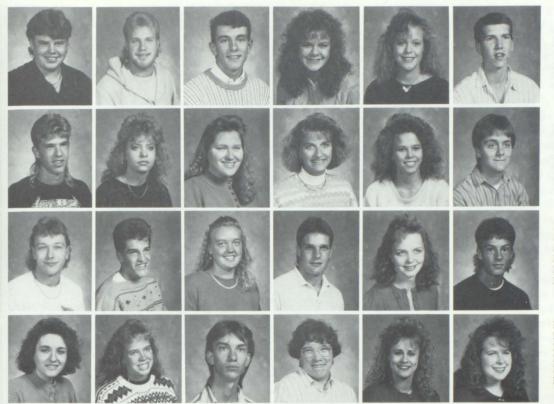
Josh Fedderly has first-hand experience at juggling classes, activities, homework AND a job.

Davis, Jenny Davis, Jill Decker, Dana Degendorfer, Bryce Degendorfer, Kristi Deitner, James

> Dellwo, Kelly DeLong, Erik Demarais, Tim Demma, Pamela Dervie, Amy Devine, Kenneth

Dietrich, Kevin Differding, Ruth Dignan, Anna Dixon, Robert Donat, Jason Duckstad, Ronald





Dugdale, Scott Duncanson, Jeffrey Dunsmore, Shawn Eagan, Lisa Eaton, Tina Ebbert, Alan

Eckman, Jon Ehlert, Jennifer Eickstadt, Pamela Eisenmenger, Kristin Ekstadt, Laura Emerick, Chad

Emerson, Craig Englehorn, Daniel Erickson, Amie Estes, Douglas Fahey, Joleen Fast, Thomas

Filla, Michelle Finnes, Tessa Fischbach, Patrick Flaherty, Shannon Fleck, Lynette Flowers, Theresa

The college fair offered many choices.



Seniors get anxious about plans as second semester approaches.



Gina Pletan, Britta Ramseth, and other juniors struggled through the PSAT.

Future needs plans

When your junior year comes around, the realization of taking your placement tests hits you like a brick. After being bombarded by information about taking the PSAT, SAT, and the ACT from counselors, colleges, and friends, you decide which one(s) to take. Then you start to go through the applications that take almost as long as the tests themselves (and are almost as hard) and wait for the testing date to arrive.

The night before the day of truth, you decide to go to bed early so you will be rested and ready in the morning, but instead of hitting the sack you run around trying to find a picture ID and some #2 pencils to take along. When you finally do make it to bed, you lie awake for hours thinking of all that could go wrong.

The morning of the test you wake up at some ungodly hour (on a Saturday, even!) to drive to some school you have never heard of. After a few hours of filling in tiny circles, you use your break to throw up in the bathroom. Feeling better, you go back and fill in more circles until your time is up.

It's finally over. You go home to get some more sleep, and dream of being in the 90th percentile range. As you wake up, you remember that even if you didn't do that well, you can always take it again. Lucky you.



Forte, Terra Francois, Kari Frankfurth, Michael Fritsch, Eric Froelich, Jon Fry, Jennifer

Funk, Steven Funkhauser, Michael Gagner, Ann Gahm, Jason Gaiovnik, Leanne Gajeski, Thomas

Gallagher, Anna Gallagher, Kathleen Gallaher, Aaron Giese, Shelley Gifford, Anne Glaser, Amy

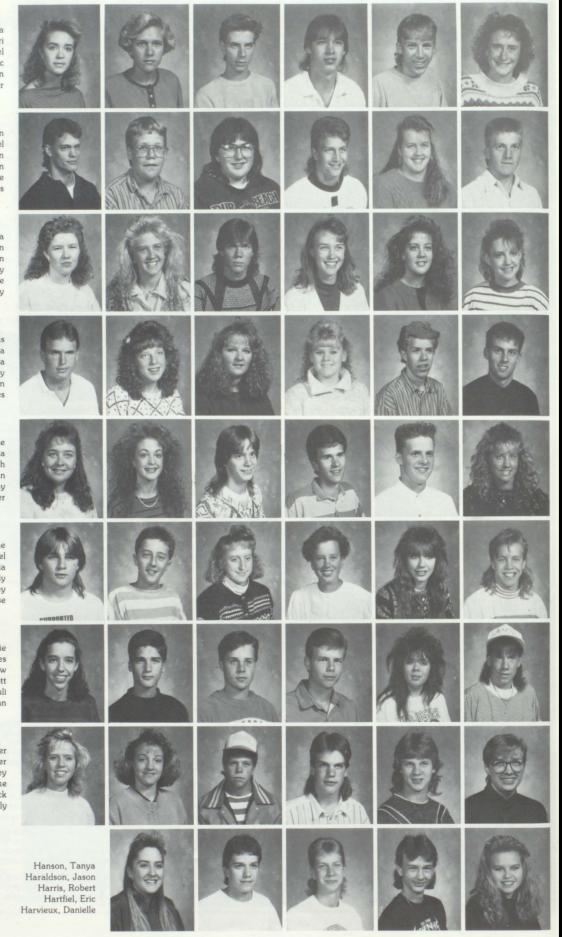
> Gleixner, Thomas Gmach, Sara Gorman, Erika Graber, Lindy Graupe, Adam Gregoire, James

Gremmer, Jolene Grogan, Angelina Groshens, Joseph Gross, Brian Grubbs, Tony Grun, Heather

Gubash, Jerome Guegel, Daniel Guion, Maria Gulbraa, Kimberly Gustafson, Casey Gustafson, Chase

Haas, Amie Hackbarth, James Hackman, Matthew Hagberg, Scott Hagen, Juli Hainesm, Sean

Halbur, Jennifer Hamilton, Jennifer Hansen, Jeffrey Hansen, Mike Hanson, Erick Hanson, Kimberly





A lot of guys and girls are just very good friends.



Dana Decker spends some time alone, but also finds time to see "his girl" in activities at school. Parent chaperones keep law and order in New York.



"It was only a hug!" was Jennifer Madden's response to getting "tagged" for PDA. Many feel the wrong kids are turned in. (Check out those secluded locker bays.)

Just WHAT Is a PDA?

"OK, you two ... come with me. There are rules in this school that you must abide by! Nooo PDA!" The first time someone said this to me I almost died! "Me?! PDA?! All I did was give him a hug!" I was furious? Why weren't they out there arresting the really bad people? And there are really bad people you know them. You'll see them walking down the hall. They look like Siamese twins attached at the lips. I felt like a parking ticket offender on trial for murder.

I guess that just goes to show the difference between romance back then and romance now. Relationships in high school are important because they help you develop skills you will need for the rest of your life. Whether they are friendships, dates, or long term romances — they are all important.

Romance is a funny thing. It turns your closest friends into the most bizarre people. Love can make you very silly. I guess that is why the school PDA police are so paranoid. They don't want their students to be distracted by love? Maybe. Or could it be that they just don't want to be reminded of how much love there is in this school? Well . . . give my

regards to the PDA police the next time they arrest you.



Haseltine, Chad Haus, Marcus Hegberg, Kristin Hegstad, Andrew Heimdal, Kristen Hendrickson, Ruth

Henrichsen, Amy Henzlik, Kirk Hermann, Jennifer Hernandez, Corinne Hesse, Jennifer Hestekin, Jamie

High, Michael Highland, Joseph Hillesheim, Joel Hinrichs, Martin Hobson, Daniel Hoffmann, Marcus

Holmdahl, Britt Holmgren, David Hopkins, Tara Houle, Ann Houle, Christopher Howe, Stephanie

Hubal, Peter Huerth, Charles Hult, Karla Hummel, Roberta Huntosh, Rachel Huspek, Shawna

Hutchinson, Patricia Hyvarila, Pasi Ingvalson, Kevin Inott, Angela Israelson, Justin Istvanovich, Robert

> Jackson, Laron Jacob, Ginger Jankowski, Joel Joesting, Jennifer Johann, Jennifer Johnson, Dennis

5.4 Johnson, Eric Johnson, Gerald Johnson, Kari Johnson, Michelle Jordan, Colleen Jung, Jamie Kachel, Dana Kampa, Kevin Kaufman, Patricia Kedrowski, Amy

Shopping can relieve boredom if there is money to spend.





Keeney, Kirsten

Kempel, Jason

Kempel, Jennifer

Join!

Is high school bringing you down? Are you getting sick of going to the same classes everyday, doing the same things in those classes, and seeing the same people *everyday*? Do you want to know a great "pick me up?" It's easy! Just join an extracurricular activity!!

After school activities are about the best way to break the high school blues. They give you the chance to meet new people, learn a new pastime and have fun at the same time. So the next time you're feeling bored about school life don't let it get you down. Just close your eyes and pick a sport or club. Who knows, you might be good at it.



Being in a crowd with the band leaves little room for boredom.



Amy Pogreba knows how hectic life is as a $Breeze \mbox{ and } Forester \mbox{ editor}.$



Kichler, Amy

Kichler, Angela



Kijenski, Mathew

Killian, Timothy





King, Sara

Kival, Laurie Knott, Joshua Kobilka, Tanya Kochendorfer, Kimberly Kostelac, Heidi Kranick, Lana

> Krantz, Aaron Krantz, Tricia Krueger, Joseph Kuha, Scott Lambkin, Tracey Lambus, Elvirra

Langer, Jennifer Larkin, James Larsen, Douglas Larson, Andrena Larson, Kane Lautigar, Mark





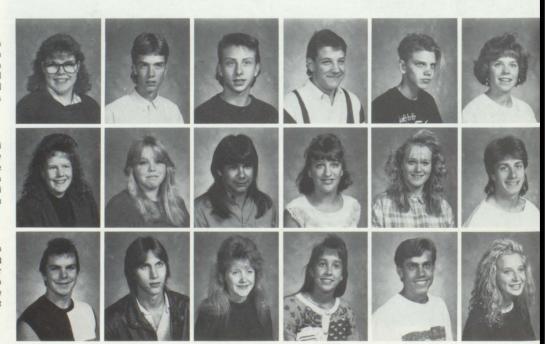
Some students escape to the Renaissance Festival on an August weekend, while others go to the state fair, work, or just sit around in front of the television.

What is it that meets the needs of kids in their spare time? A car . . . gas money . . . sleep . . . no homework . . . sports . . . a good book . . . church activities . . . friends . . . concerts . . . pizza . . . a lifetime supply of Pepsi . . . or Coke . . . parties . . .

Lawrence, Lisa Lee, John Lee, Lynn Lejchar, Edward Lelle, Michael Lendway, Lisa

Lestrud, Tammi Lillie, Wendy Lilly, Mike Lindemann, Amanda Linnerooth, Sheri Linz, Jason

> Locke, Jason Lofback, Craig Long, Jennifer Lowe, Lisa Lundy, Timothy Madden, Bridget



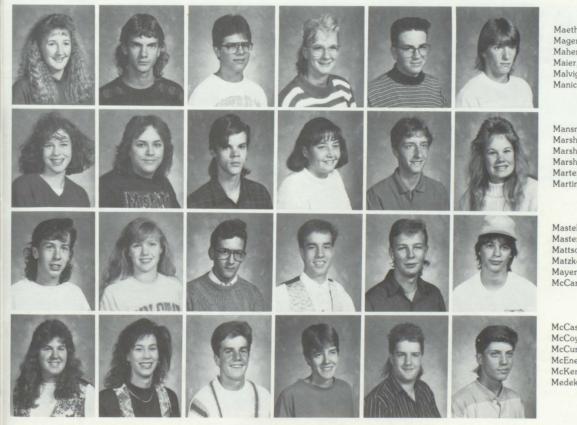






Just havin' a great time

You don't have to be doing anything extra-curricular, just hanging around to "stay after" is an activity in itself. Whether it's in the cafeteria, hallways, classrooms, auditorium niches, locker rooms, on the mez, locker bays, the Student Council room, or the library, there are always people talking, laughing, whispering, and sharing secrets. Being so popular, it's a wonder "socializing" isn't an offered course.



Maether, Amy Mager, Curt Maher, Ryan Maier, Traci Malvig, Nathan Manick, Kristian

Mansmith, Kristen Marsh, Christopher Marshall, David Marshall, Kerri Marten, Perry Martin, Tonja

Masteller, Thomas Masters, Molly Mattson, Lee Matzke, Brett Mayer, Bill McCarron, Matthew

McCaskey, Tammy McCoy, Kimberly McCurdy, Andrew McEnerney, Ryan McKernon, Brian Medek, William Meier, Thomas Mendez, Reina Meyer, Paul Meyers, Chad Miller, Amy Miller, Beth

Millington, Jennifer Minder, Dallas Miron, Barbara Mochizuki, Aya Modean, Sarah Mogenson, Tia

Molitor, Stephanie Mondor, Robert Moore, Stephen Moratzka, Erik Morgan, Tracey Morken, Matthew

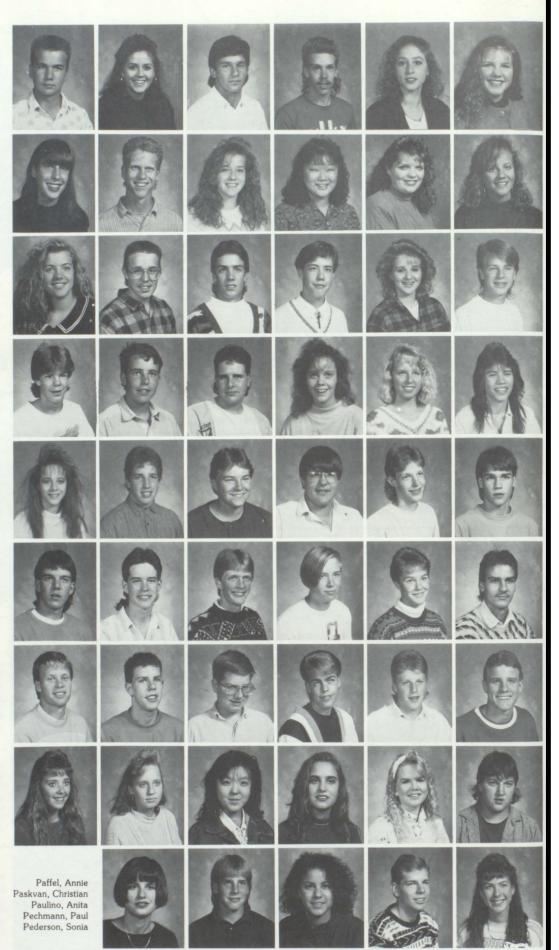
Morkert, Kenneth Morrisette, David Muellner, Scott Murawski, Heidi Murphy, Robyn Myrvold, Michelle

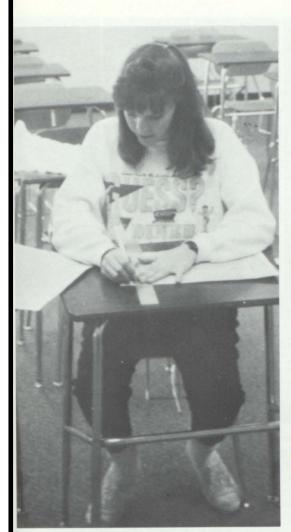
Neely, Jackie Nelson, Charles Nelson, Jeffrey Nelson, Steven Nicholson, Christopher Nieman, Jacob

> Nord, Dallas Nordin, John Norquist, Scott Odell, Robert Oehrlein, Heather OHara, Patrick

Olson, Aaron Olson, Christopher Olson, Jeremy Olson, Jordan Olson, Michael Onell, Cory

Organ, Amy Osgood, Shannon Otosaka, Masako Overbo, Sarah Paananen, Pam Paavola, Jason





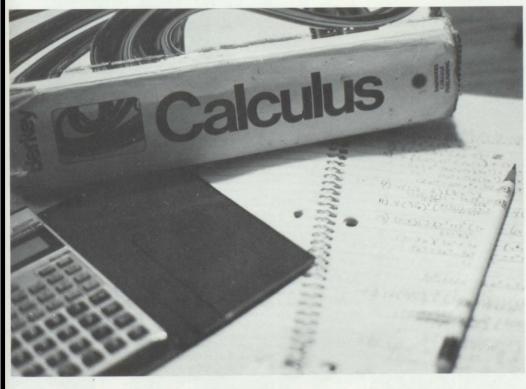
Rebecca Johnson puts in extra hours drawing layouts and doing college comp assignments.

AP Guarantees Challenge

As some of you may know, one of the choices students have is Advanced Placement courses. A.P. classes allow students to earn college credit while still in high school. Such classes are French, Spanish, English, History, Chemistry, Biology, Calculus, Computer Science, Art History, and Studio Art. All A.P. classes have prerequisites ranging from successful completion of a previous class to taking and passing a written and oral test. Depending on the class, you can either test out of college classes or have special qualifications. The classes can be either a half or full credit. As quoted by one of the A.P. students, "Advanced Placement classes are more advanced and more challenging. It gives students a chance to better excel themselves."

Val Taylor and Amy Pogreba's schedules placed them in several AP classes together.







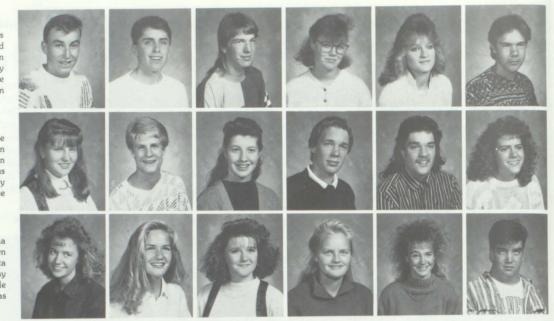
Jess Wahlberg finds that attending classes, especially hard ones, makes it easier to stay caught up.

Just the size of the calculus book scared some students away.

Peek, Charles Pelarski, Chad Pennings, William Perkins, Kimberly Perry, Michelle Peter, Warren

> Peterson, Angie Peterson, Brian Peuse, Leann Pikarek, Marcus Pittman, Harry Plantz, Carrie

Pletan, Gina Pogreba, Kathryn Polzin, Loretta Postma, Betsy Prokop, Angele Proulx, Nicholas



Pizza . . . pickles . . . Coke . . . Milk Duds . . .

To many teenagers there is an extra addition to the collection of food groups. It may include such things as pizza and french fries, popcorn and gummi bears, and Doritos and Butterfingers. What is this mystery group? The answer . . . junkfood!

Instead of the freshmen 15 they should call it the sophomore 15. This is because when you enter high school you're around junkfood everyday. Let's see, there are the sweet rolls in the morning, the snack cakes and potato chips at lunch, and the M&Ms and Mountain Dew after school. No wonder you're not hungry for dinner when you get home! So while you're slamming that can of Mountain Dew and inhaling that candy bar, you should imagine what your mother would say to you. You could save yourself a lot of pounds and money for a new wardrobe.

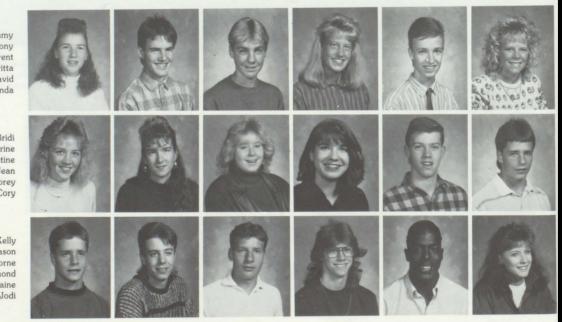


Cory Onell and Brian Peterson say "good-bye" to Nick and Andrew Hosie, who might miss the American treats but who brought their share of English chocolates for Cory to munch.

Quesnel, Tammy Quilty, Tony Ramse, Brent Ramseth, Britta Rands, David Reed, Brenda

Reed, Bridi Reiling, Katherine Rice, Christine Richardson, Jean Ridge, Corey Roberts, Cory

Roberts, Kelly Robertson, Jason Rogers, Lorne Roith, Raymond Roland, Jermaine Rossi, Jodi





Empty halls are rare with so many stu-dents during passing time.



Annie Brown and most kids settle into a regular schedule at FLHS.



Erik Larson takes AP art and goes out for the Post Secondary Enrollment Option the best of both worlds.



Rudencik, Michelle

Rutford, Michele





Rydeen, Kristin

Sager, Jennifer



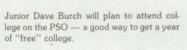
Sampson, Monica

Sargent, Debra

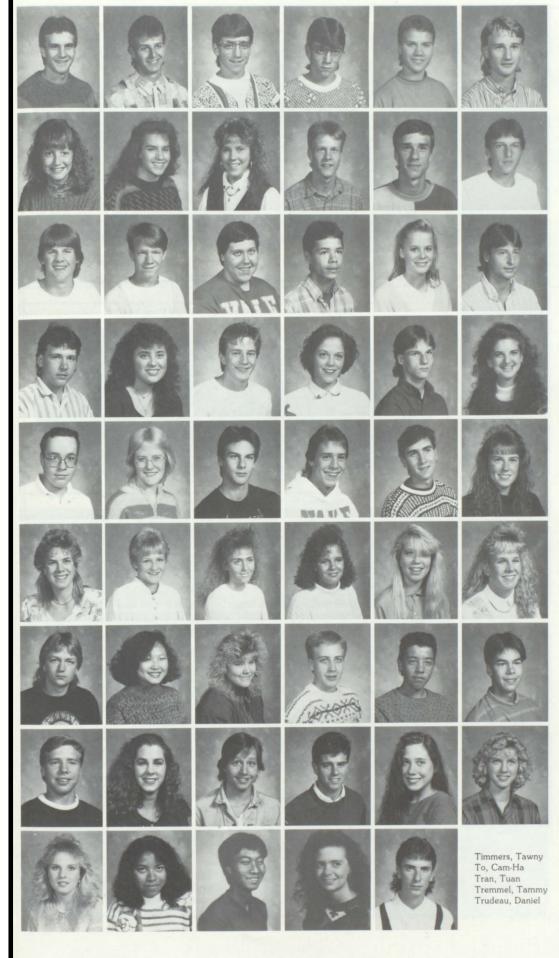
Saunders, Jason



Schaeppi, Catherine



NEW AGE PEACE MOVEMENT Hugo NEW COKE Heimsly Nuclear Wald Hugo Durenbugen EXXON Madonne Hugo NEW COKE Hurricane Hugo Dave Durenbuger Valdez Hurrice Mancy BATMAN BATMAN DUKAKis compact disc. players and video games TAX DUKAKis ionny can wide John Town John Town A DECADE PASSED ICE Arsenio Hall son disc Johny Carson frey Opran Winfrey Opran ado Opran D Mary Streep Times "man of the Decade" Mikhail Gorbachev Cher ANDS PRINCE WHEEL MIN. Company Cher and PRINCE Mother Jeresa Bush OF WHEEL California Earthquake minivan's onputers BR deficit disc cameras steven spielberg WALKMAN fitness... fitness... "Nightline" Gary Hart Yuppies THE LAST Space Shuttle Shuttle Space Spa MEM DISNEY THE LAST EMPEROR maring U2 First Ameri winies Steries Jones Jones Jones Andring Jrugs Ben Johnson lose Jones VCR'S Smoking Jrugs Olympic gold Rudy Perpich Bans Johnson Jose Rudy Perpich School Ans Journing Uideo Rudy Renders Jones floghing Uideo Rudy Renders Jones Ans Andres Khomeini Jemale Bishop dating The series in the second Twinsd win iss chicken McNuggets Dianna : charlesried PASTA rollerblading controls Bluce springsteen) remote Roseanne Barr Donald Trump



Schingen, Scott Schlavin, Thomas Schlavin, Todd Schlavin, Troy Schleder, Ivan Schmidt, Daniel

Schmidt, Delrene Schorn, Amy Schroepfer, Andrea Schuldt, Dale Schurrer, Ronald Scott, Mike

Sederholm, Jason Selvog, Brian Shatava, David Shy, Henry Sikkink, Rebecca Simonson, Thomas

Skaj, Michael Skramstad, Jennifer Smith, James Smith, Karrie Smith, Scott Smith, Shannon

Smith, Troy Snelson, Angela Snyder, Richard Solomon, Jeffrey Stadler, Jay Stafford, Cari

Steiner, Cherie Stimart, Natalie Stolp, Andrea Stone, Aimee Storkan, Suzette Stromberg, Kelly

Studee, Jeremy Suchan, Minda Sunde, Elizabeth Svardahl, Richard Swanson, Hunter Swanson, Nathan

Swenson, Guy Sykora, Mandy Taylor, Elvis Theunink, Benson Thoburn, Jennifer Thompson, Christine Tuominen, Elisa

Turenne, Jennifer

Turner, Julianne

Ulvin, Andrew

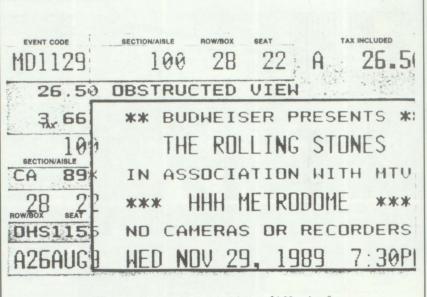


Underwood, Justin

Vannelli, Anthony



Wade, Chad



Who pays for expensive concert tickets on \$4.00 an hour?



Getting money for New York challenged the band for months.

Money doesn't grow on parents

"Money, money, money . . . it's so funny . . . in a rich man's world." However, it isn't funny in a poor man's world. As high school students we are dependent on either Mom, Dad, or a job for money. Everyone employed knows that feeling payday creates: Greed. "I want my paycheck and I want it now!"

Money is important for many reasons. That special date on Friday night. That tape you absolutely have to have. Those jeans, that sweater, those shoes. And eventually, that car, that boat, that house!!!

Money is a big part of life. As teens we have to worry about our futures — which means tuition, housing, and food.

The plink of a dime, the plunk of a quarter, the soft wisp of a dollar bill. Money is something we all love to have. Are we materialistic? Maybe society as a whole seems to be. After all . . . "Money changes everything." But deep down we are wonderful people with or without it.



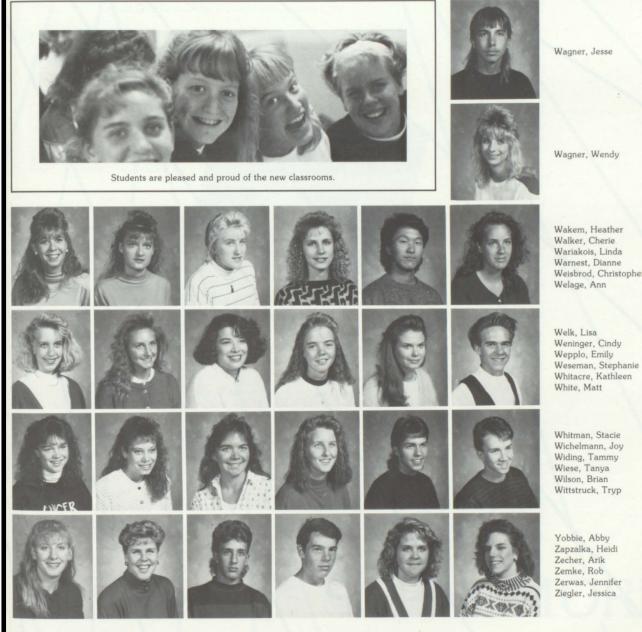
Band members probably did not worry much about what was happening back in Minnesota.



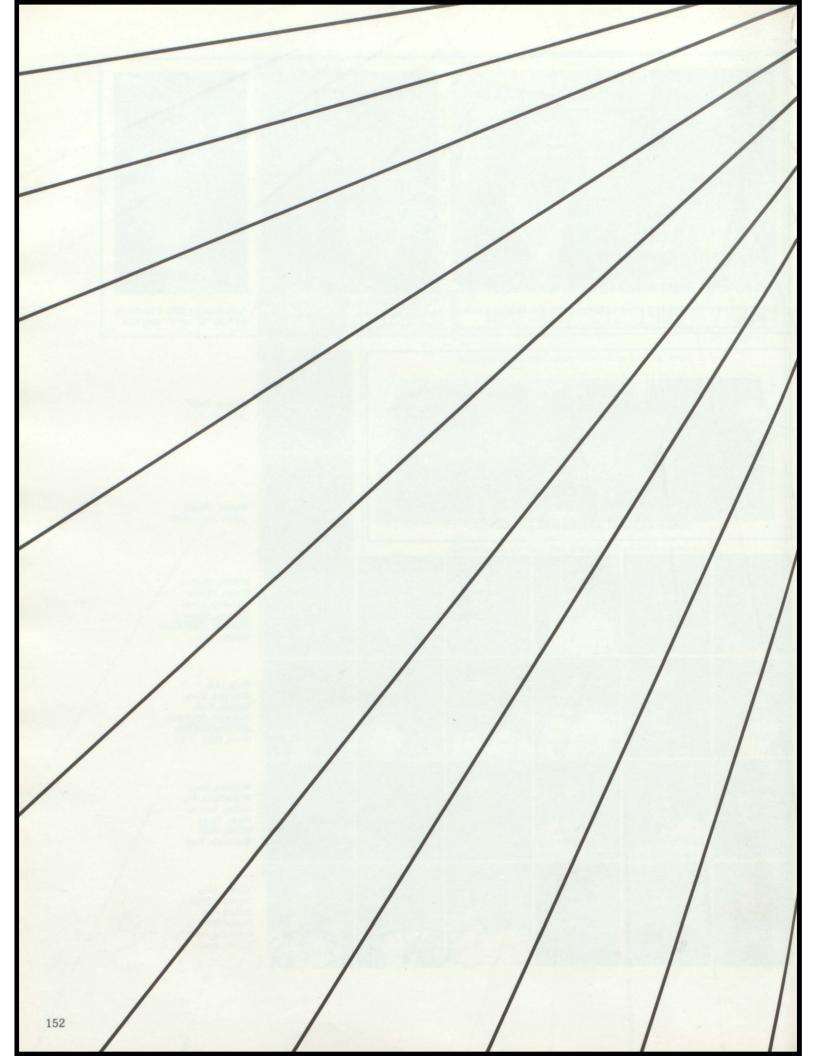
The New York trip took away some hours of cheerleading practice for cheerleaders in the band like Becky Ekdahl.

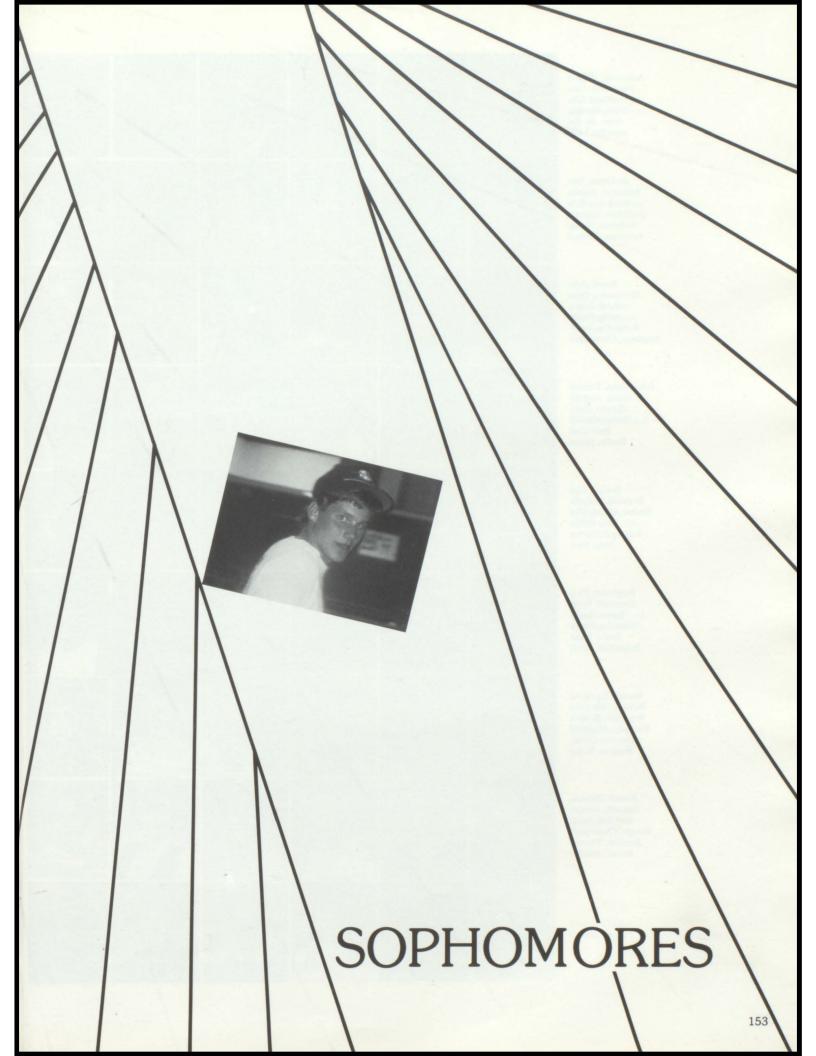


Anna Boynton finds it harder to get from "C" to "F" wing now.



Weisbrod, Christopher





Ackerman, William Adoptante, Vina Albert, Lisa Aljets, Kristine Allyn, Jenelle Altavilla, Leah

Andersen, Eric Anderson, Amalia Anderson, Erik Anderson, Michael Anderson, Nancy Anderson, Richard

Angell, Julie Annunziata, Chad Antil, Jackie Arvig, Nicole Ascheman, Dylan Averbeck, Christopher

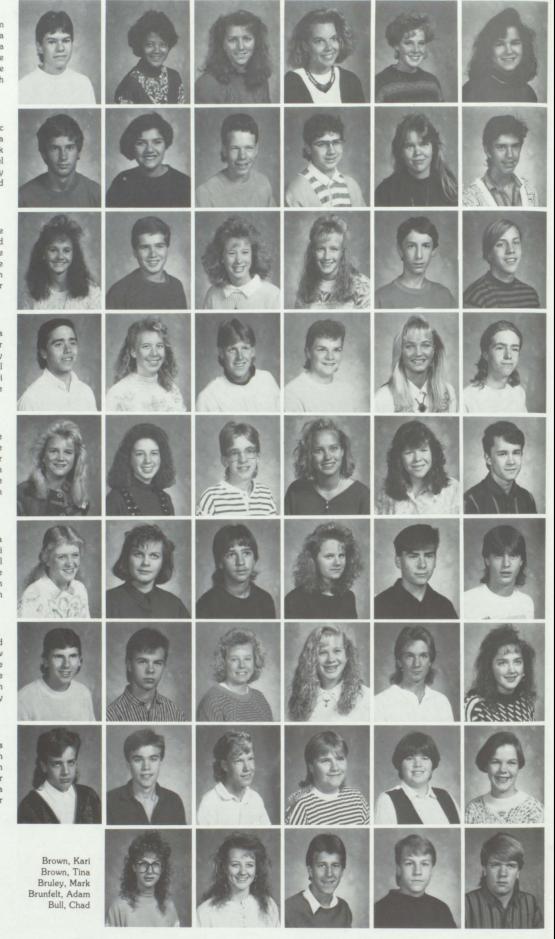
Bahnemann, Thomas Bance, Jennifer Barger, Tony Barnes, Daniel Bass, Cori Bazille, Shane

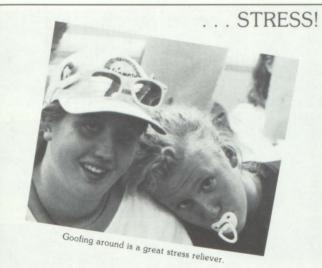
Becher, Inge Bechtold, Michelle Becker, Christopher Bell, Robyn Belyea, Katherine Berg, Glen

> Bergmann, Sara Bergstedt, Heidi Berry, Eurgel Bethke, Nicole Beyer, Keith Bobrowski, Jason

Boesch, Raymond Boettner, Matthew Boughton, Kristine Bourgoin, Prudence Bowens, Steven Braaten, Becky

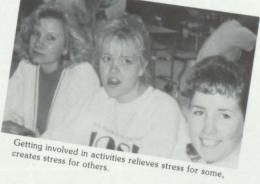
Brandt, Nicholas Branville, Joseph Brenden, Jason Bringle, Christopher Brodeur, Theresa Brown, Jennifer







care, help us get through tough days.



"What are you going to do tonight?"

"Oh, nothing. I'll just go to (fill in sport) and (fill in activity) after school and then I have to work at (fill in place of employment) until closing. After that I'll go home and maybe get around to doing that (fill in class) paper and that (fill in class) project. Then maybe I'll relax with some tv before bed, you know, David Letterman or whatever else is on that late."

Sound familiar? It probably does to most of us. Between school, extra-curriculars, jobs, and homework, it was rare if we ever saw our families, much less sat down to talk and eat dinner with them. Our days would go fast by just going from one class to the next or from school to work thinking, "If I can just make it to the weekend ..." Then we could finally relax

and see our families and our friends . unless of course you had to work or finish that paper



















Butler, Murray Carlson, Kathleen

Carlson, Matthew Carpenter, Stacey

Case, Jennifer Ceman, Damien

Chall, Michael Christensen, Debra

Christensen, Jeffrey Christenson, Eric

Christenson, Janie Christenson, Kelly

Ciccone, Timothy Clark, David

Clark, Rachel Cleveland, Karen

Clover, Charles Coates, Jenny

Collins, James

Collins, Michael

anti il Roport

Sunnin

Connolly, Sean

Conway, Daniel

Cook, Angela

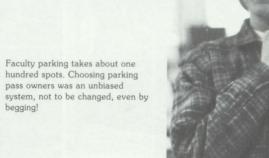
Cornell, Elizabeth

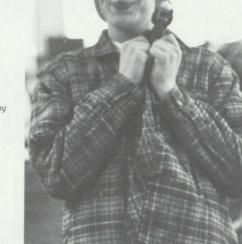
Cramer, Susan

Crist, Tammara



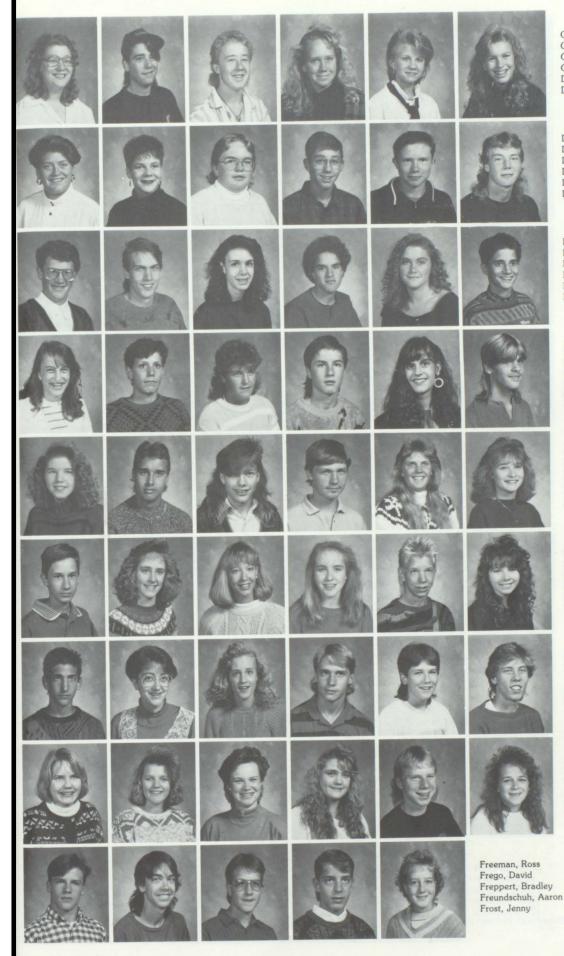
Sophomores had little hope of obtaining parking permits. Many don't even get their licenses until the end of the year.







Not everyone drives every day, like Gina Pletan. Budget cuts eliminated a faculty lot, which means that fewer spots are available.



Crist, Theresa Culbertson, Brian Cunningham, Dean Curtis, Jennifer Danielski, Rebecca Davids, Lisa

Davis, Tracy DeAzevedo, Caroline DeGrote, Jeffrey Deegan, Jason Dehmlow, Adam Deick, Derrick

Dervie, Joseph Devine, David Dietsch, Mary Dignan, Thomas Dill, Karri Dodson, Brent

Doebbeling, Nancy Dufresne, Michael Duncanson, Joseph Dupaul, Lance Dyrda, Jade Dyrda, Joseph

Dzieweczynski, Tessa Edlund, Shawn Edstrom, Keith Elliott, Christopher Elsenpeter, April Engel, Christine

Engen, David Engler, Stacey Engquist, Amanda Erlandson, Dawn Eskuri, Gary Ewaldt, Penelope

Falck, Michael Fandel, Lisa Fee, Elizabeth Fineberg, Jordan Fiorelle, Joseph Fitzwater, Jeremy

Foster, Cynthia Foster, Theresa Fountain, Michelle Francis, Lanette Frederickson, Michael Freeman, Amie

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Fry, James Gamache, Annette Gerten, Amy Gillett, Charles Goerdt, Shane Gosiak, Steven

Grady, Angela Gramenz, Wendy Grams, Sara Green, Thomas Groshens, Jamie Gover, Tricia

Guerin, Stephanie Gullickson, Daniel Hagert, Michelle Haider, Jennifer Haines, Korey Hale, Daniel

Haley, Angela Hallberg, Melissa Halverson, Tami Hamernick, Jason Hansen, Chad Hansen, Nicole

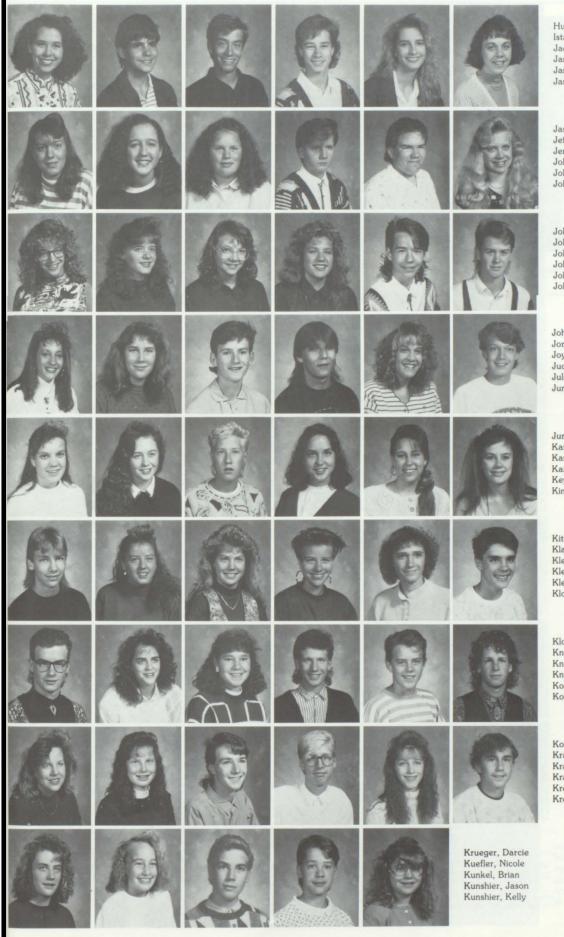
Hanson, Miahael Hatcher, Kristine Hauble, Deanna Haugen, Todd Haven, Richard Hawkins, Melissa

Hawley, Brent Heapy, Karis Heard, Rebecca Hebert, Matthew Hendrickson, Jeffrey Henke, Angela

Herr, Chad Hessenius, Jennifer Hietala, Terra High, Jennifer Hockbein, Stacy Hoffman, Diana

Hogen, Brianne Hoiland, Aaran Holingsworth, Valerie Holmstrom, Jean Holzschuh, Jonathon Hoover, Justin

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F	Houle, Jake Huberty, Cory Hudak, Rachelle Huerth, Laura łumphreys, Michael	R		R		F



Husnik, Beth Istanovich, Michael Jackson, Justin Janiga, Nathan Janu, Angeline Jarnberg, Cara

Jasinski, Alisha Jeffery, Marcella Jemelka, Andrea Johnson, Andy Johnson, Brent Johnson, Dawn

Johnson, Jennifer Johnson, Jessica Johnson, Jolene Johnson, Michele Johnson, Ryan Johnson, Steven

Johnston, Tracie Jordan, Julie Joyce, Kevin Judge, Alan Julson, Denise Jungbauer, Geoffrey

Jurva, Tina Kari, Dena Karnes, Matthew Kazmierczak, Amy Keyser, Maureen Kinderman, Barbara

Kittelson, Ryan Klar, Sherina Klein, Therese Kleinschrodt, Angela Klenz, Lisa Klossner, Lonnie

Klous, Jason Knettel, Erica Knott, Sarah Knudson, Ian Koester, Christopher Kolodjski, Jeffrey

Kordosky, Anne Krantz, Rachel Krasean, Johnathon Kratochvil, Keith Krech, Jennifer Krech, Jerry



New York was really a thrill for band members.

Jess Wahlberg relaxes a minute between activities.

Kurasz, Dave Lacasse, Lisa Lallier, Ted Lambus, Robert Lamere, Thomas Land, Jason

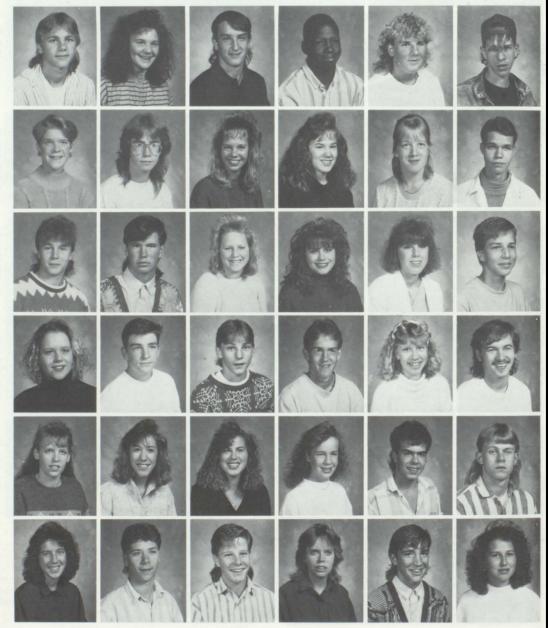
Larson, Angela Larson, Colby Larson, Guenevere Larson, Kristin Larson, Rochelle Laschinger, David

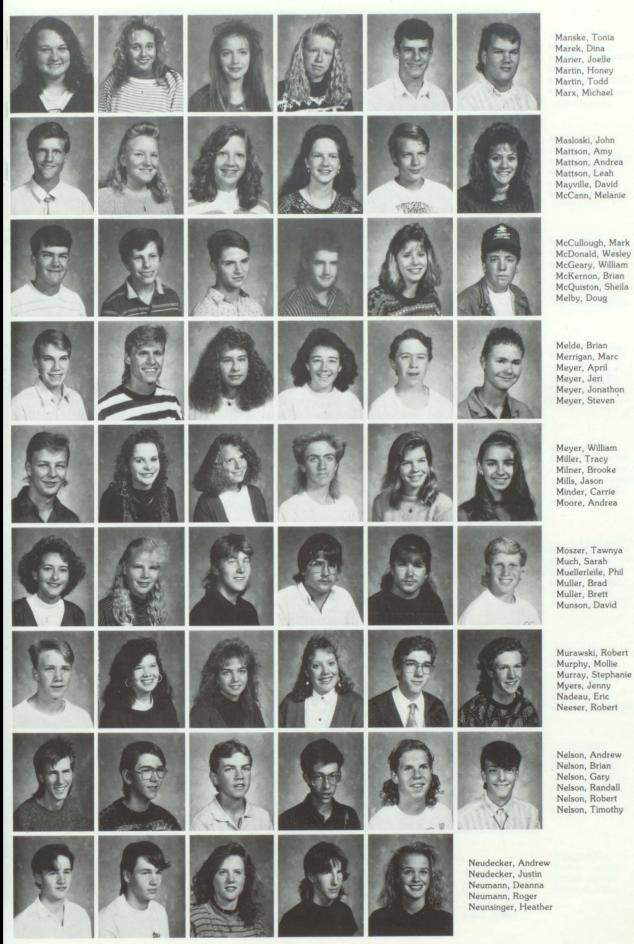
> Laska, Courtney Lathrop, Jeffery Latsch, Heidi Lavalle, Tiffany Leick, Tina Lenk, Darin

Lennes, Inga Leroux, Jon Leroux, Ronald Lewis, John Lindberg, Nicole Lindemann, Troy

Lindquist, Tricia Litke, Lisa Long, Jennifer Loushine, Jill Lovas, Wade Lueth, Ryan

Lutz, Renee Maas, Brian Maas, Christopher Madison, Jody Maefsky, Seth Magnuson, Brenda





Minder, Carrie Moore, Andrea

Moszer, Tawnya Much, Sarah Muellerleile, Phil Muller, Brad Muller, Brett Munson, David

Murawski, Robert Murphy, Mollie Murray, Stephanie Myers, Jenny Nadeau, Eric Neeser, Robert

Nelson, Andrew Nelson, Brian Nelson, Gary Nelson, Randall Nelson, Robert Nelson, Timothy Nicholas, John Nielsen, Ann Nordenstrom, Jennifer Noren, Micheal Norquist, Alexander Noyes, Debora

> Oaks, Zeke Oase, Daniel Obrien, John Obst, Katherine Ochocki, Danielle Oconnor, Todd

Oehler, Jodi Ohara, Robert Ohara, Shannon Oja, Brian Oleson, Dacia Olsen, Jennie

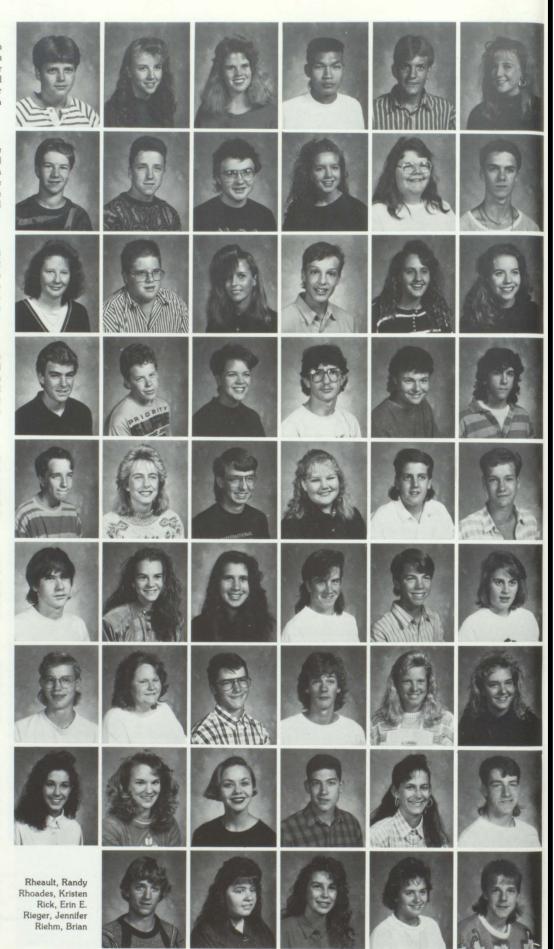
Olson, Brian Olson, Chad Olson, Kristin Olson, Michael Olson, Robert Olson, Wade

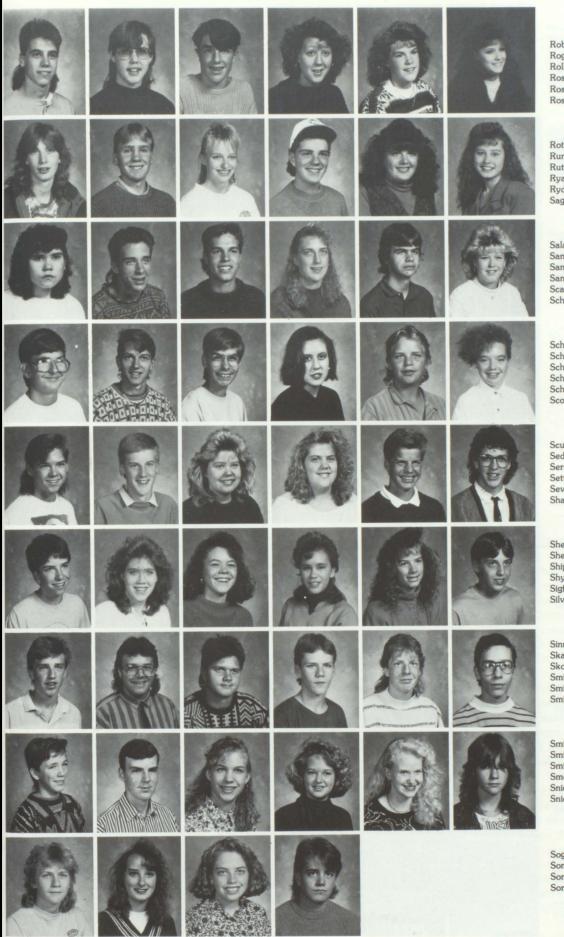
Omdahl, Daniel Ooley, Kristine Osgood, Christopher Paananen, Maryanne Palumbo, Joseph Parker, Michael

> Parson, Jason Paul, Chaleece Pedrow, Amy Peloquin, Thomas Peper, Bradley Pepin, Sara

Peterson, Craig Peterson, Tonia Pfaffendorf, Jeremy Poff, Peter Porter, Jodele Prestegaard, Carrie

Proulx, Tamara Quamme, Holly Rathbun, Renee Reed, Zachary Remick, Amy Reynolds, Nicholas





Roberts, Craig Rogers, Jason Rollins, Ray Rosenberger, Kelly Roskowitz, Jacquie Rossi, Jodelle

Roth, Phillip Runeberg, Bradley Rutten, Holly Ryan, Kelly Rydeen, Darci Sager, Lisa

Salas-Banales, Maria Sample, Michael Sampson, Dean Sandberg, Teresa Scapple, Kyle Schiefelbein, Amy

Schlaeger, Aaron Schlavin, Joseph Schmidt, Mattew Schneider, Lori Scholten, Anthony Scott, Heather

Scully, Michael Sederholm, David Serwa, Kristen Setter, Jennifer Severson, Nathan Shaw, Troy

Shepard, Douglas Sherwood, Rebecca Shipman, Tara Shy, Kristi Sigfrinius, Amy Silverberg, Jacob

Sinn, Chad Skaj, Martin Skoglund, Paul Smith, Christian Smith, Eric Smith, Jared

Smith, Jason Smith, Mathew Smithlin, Jennifer Smolik, Tammera Snider-Brown, Tracey Snider, Gina

Sogn, Jeremy Sonmor, Leanne Sonnee, Jessica Sorenson, Lenny Spanel, Dean Standridge, Brant Stanley, Bryan Stanley, Stacy Steene, Marc Steffer, Gregory

Steiner, Cally Steman, Joann Strandberg, Nicole Strantz, Theresa Stuefen, Travis Summers, Jason

Svardahl, Michelle Swanson, Gerald Tardiff, Megan Tarlizzo, Joseph Taylor, Robert Thaemert, Kelly

Thill, Julie Thompson, Julie Thompson, Mark Thueson, Sara Timmerman, Nathan Timmins, Elizabeth

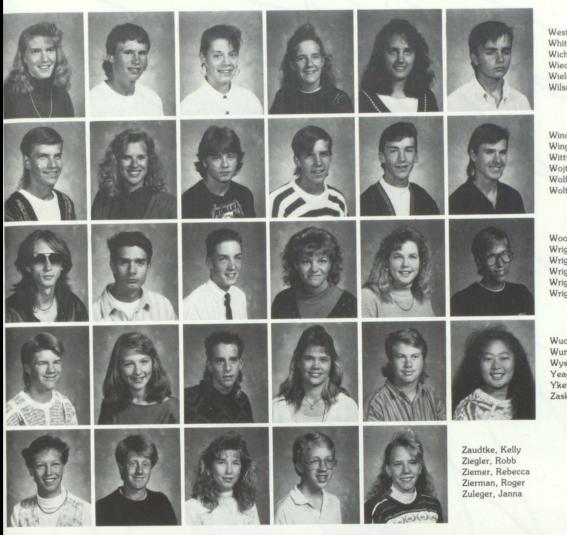
> Toth, John Trebelhorn, Erin Turbeville, Paula Turenne, William Tyler, Jennifer Usher, Jennie

> > Vall, Nichole Vang, Teng Vanhoven, Jill Vanous, Jason Vesel, Nathan Vincent, Nicole

Vogel, Diane Wagner, Dean Waldo, Phillip Waldoch, Melanie Wallin, Karrie Warner, Clay

Warnest, Matthew Watson, Nichol Weigel, Gregory Weis, Aaron Wenholz, Daniel Westlund, Torry





Westrum, Debra White, Jeffrey Wichelmann, Jody Wieczorek, Trisha Wielde, Beth Wilson, Nicholas

Windingstad, Jason Winge, Tricia Wittwer, Jade Wojtowicz, Dana Wolff, Christopher Woltjer, Timothy

Woody, Leslie Wright, Jason Wright, Jeffrey Wright, Jennifer Wright, Jennifer Wright, Jonathon

Wuotila, Eric Wurdemann, Amy Wyse, Ryan Yeager, Amy Ykema, Ryan Zaske, Kristen

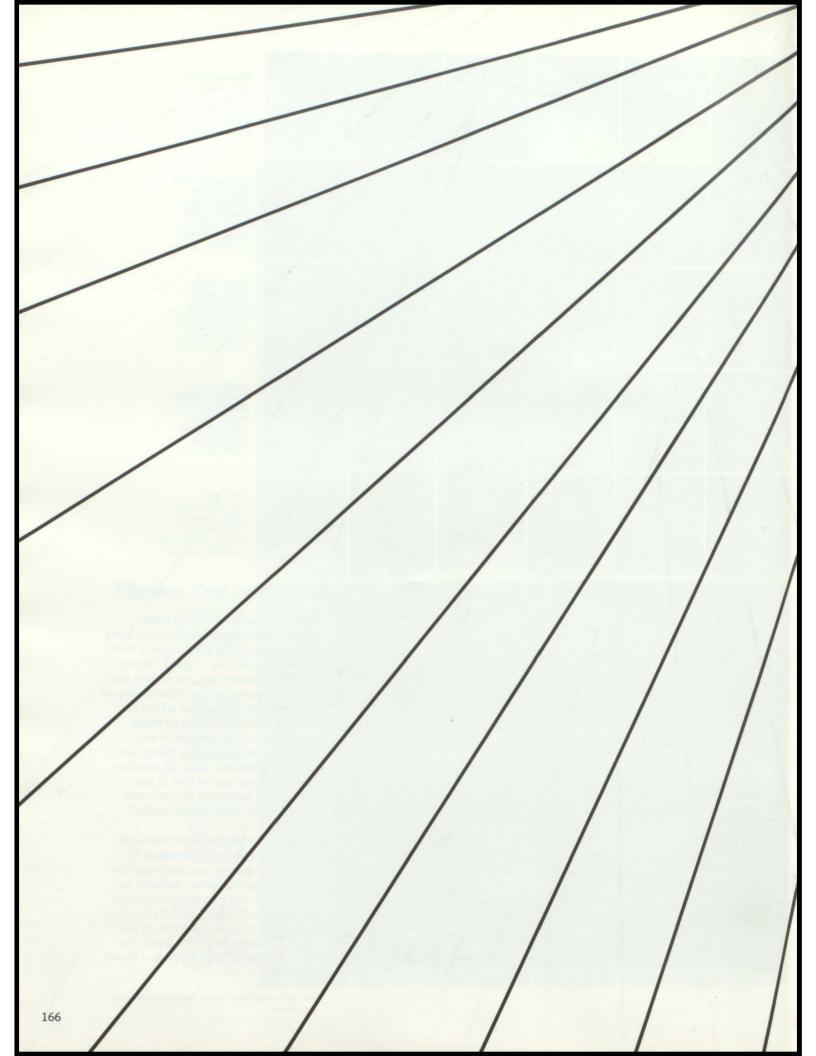


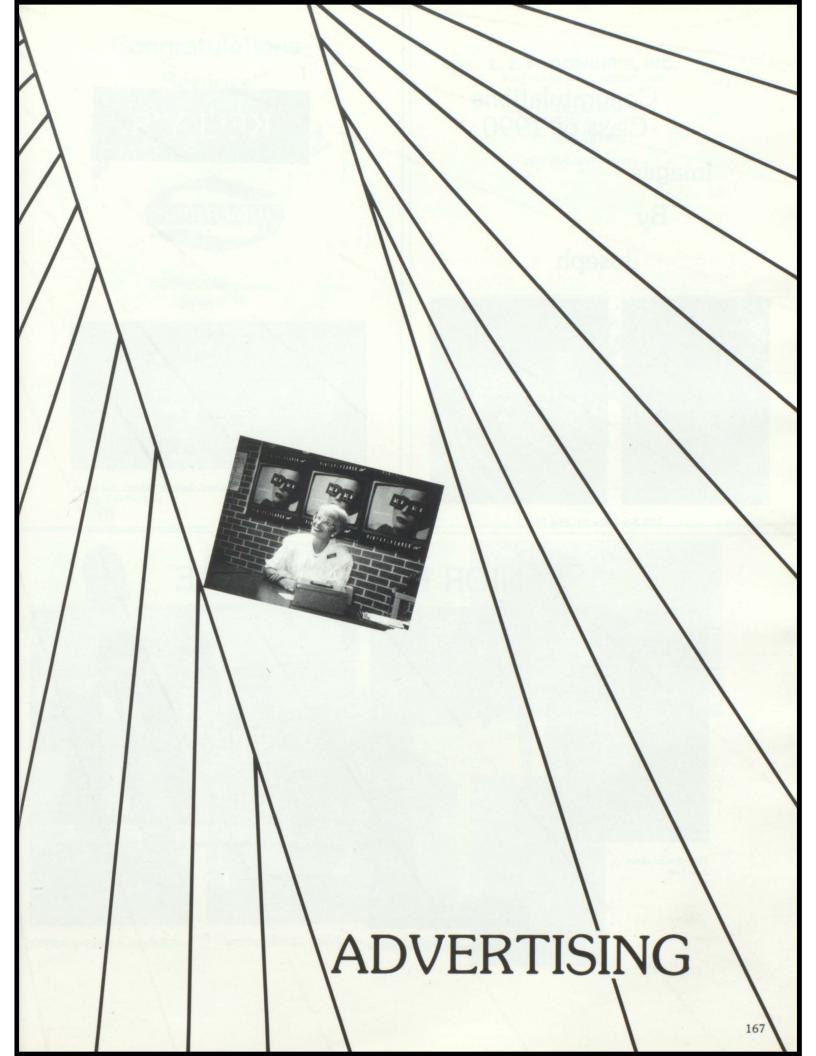
5 Minutes isn't enough!

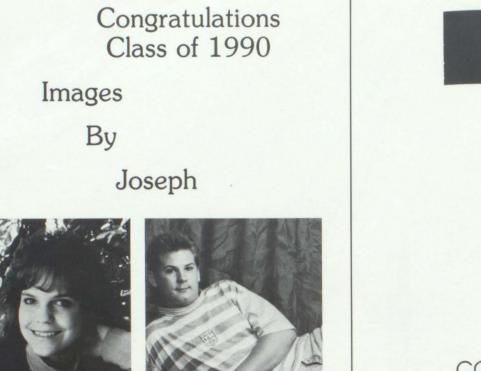
You're walking down the hall when suddenly you trip and your pen goes flying out of your hand. So now you won't have a pen for this next class — great. The mob of people surround you, you are now stuck in the middle and you feel someone step on your heel. Your shoe comes off and this time you're the one holding up traffic. People are running every which way. Calling for friends, laughing, yelling, and screaming. Suddenly, some girl yells for a friend and stops dead in front of you. You're stuck behind this girl and a mob surrounds you again. Sounds familiar?

But this year there are more hallways to encounter. People are everywhere, no matter what direction you are going. You cannot escape this hallway madness. So whether you snag your sweater on your spiral notebook or get a part of your clothing stuck on the door knobs as you walk by, it will be then when you realize the joy of walking down the halls of Forest Lake High.

Val Taylor and Amy Pogreba celebrate making it to art on time!







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CONGRATULATIONS

Best wishes class of '90

SENIOR HALL OF FAME



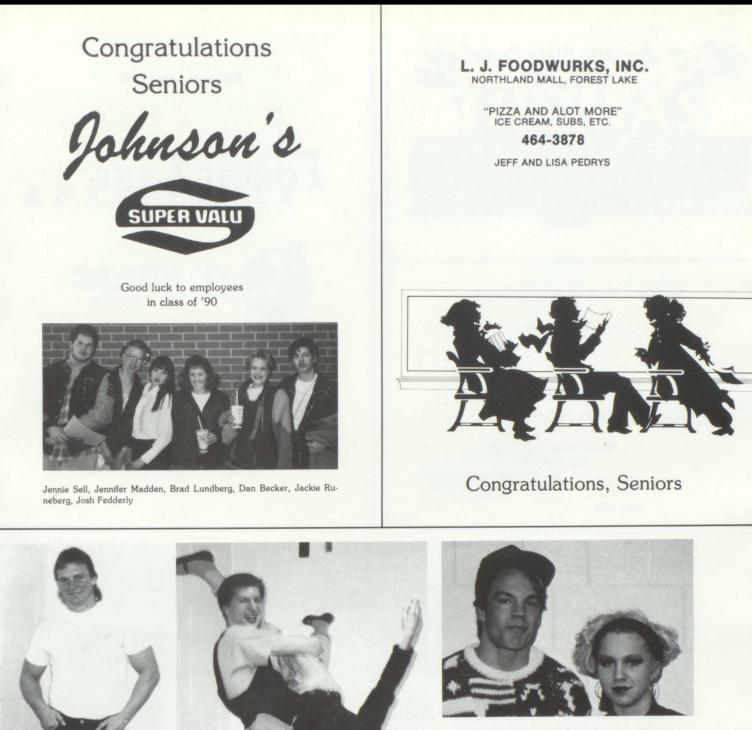
Most desired dates — Trish Johnson, John Foss



Smartest — Michelle Hughes, Nathan Ostertag



Most Likely to become politicians - Jennifer Madden, Steve Kult



SEXIEST LIPS - Ken Anderson, Valerie Taylor

MOST CHANGED SINCE ELEMENTARY SCHOOL — Al and Amy Newman

MOST SPIRITED — Marc Siebur, Jessica Wahlberg

Security State Bank of Marine

MEMBER FDIC

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> Congratulations Seniors

Security State Agency

Marine on St. Croix 433-2424 Best wishes class of '90





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SEE US ABOUT STUDENT LOANS

Helping your community stay strong



Most entertaining - Beth Elmstrom, Marc Sieber



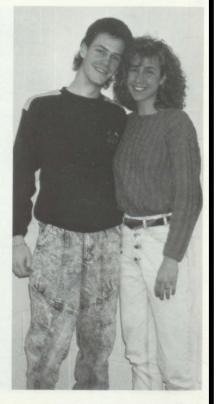
Biggest flirts — Shane DuPaul, Jean Whitney



Most likely to become a talk show host — Jean Schroeder, Dave Clark, Jenna Lowe



Most Likely to be arrested for protesting — Jennifer Madden, Jim Niven



Cutest Couple — Jason Granquist, Nancy Jergens

BEST WISHES GRADUATES

ABBA Trophy

564 So. Lake Forest Lake 464-8094



CONGRATULATIONS

GRADUATES

PARTS

SERVICE

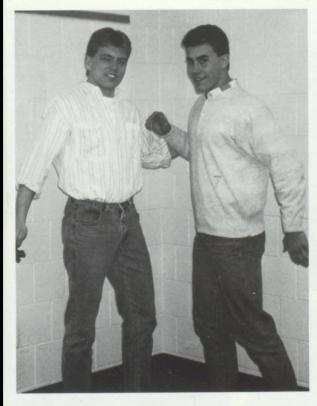
SALES











Best Dressers - Mark Hendrickson, John Foss



Biggest voice change — Lee Leibke



Most unique individuals — Doug Oase, Ave Dahlberg



Prettiest eyes — Jason Cibulka



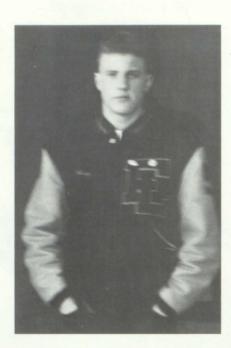
Friendliest - Jason White, Amy Newman

Best wishes, Seniors from

ROLSETH &

WYOMING DRUG

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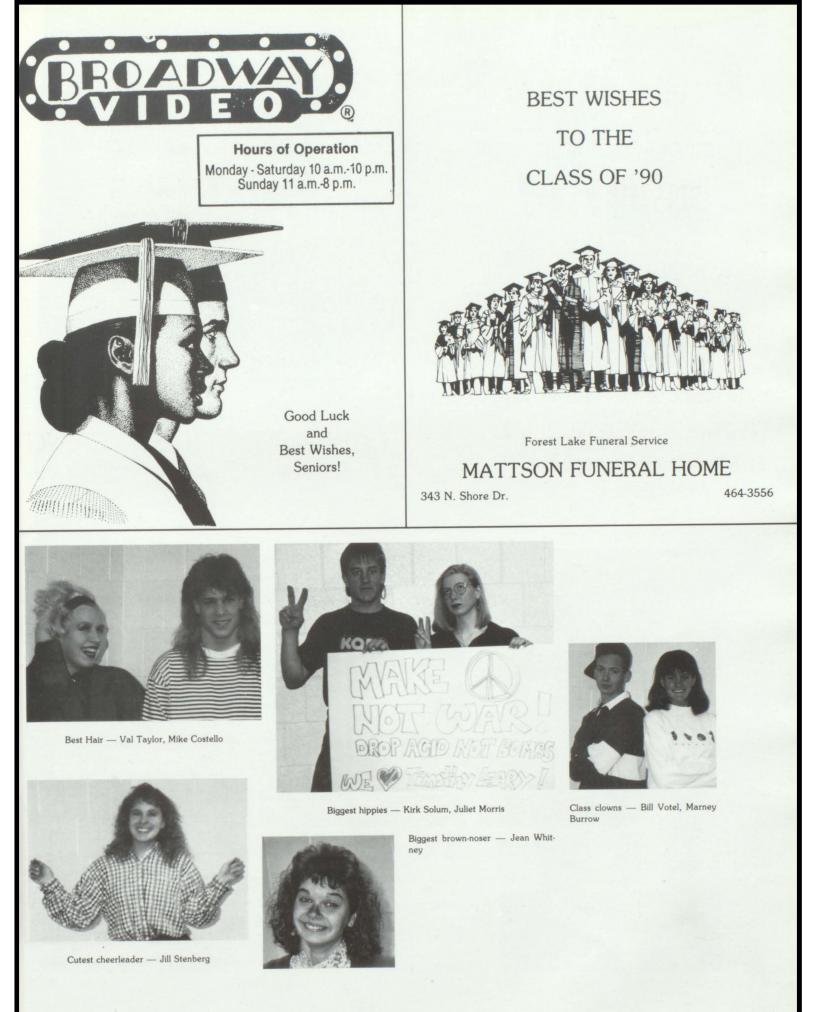
Biggest hair — Terri English

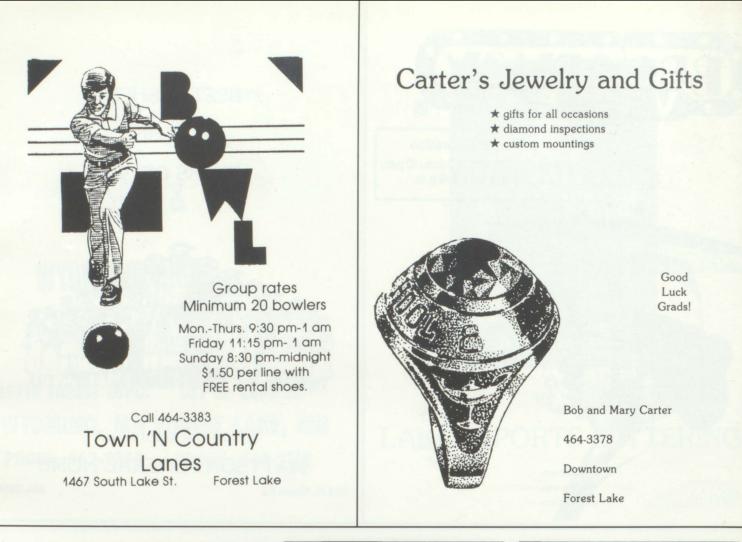


Most Likely to lead a foreign country — Matt Sandager, Carrie Norbin



Best Buns — Trish Johnson, Bill Headley





Best bodies and Most Athletic - Joe Toth, Tina Olsen





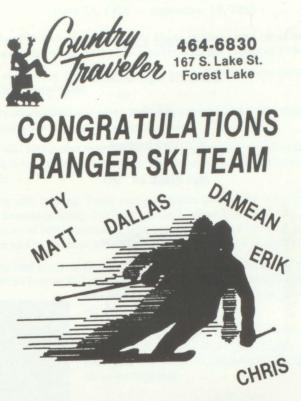
Most Likely to never grow up — Ginger Swanson, Brad Lindberg

Most Likely to get married — Julie Mayville, Jason Houle



Best "TP" ers Brent Houle, Katie Nord





Best wishes class of '90

See us for your graduation trip



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Provides Programs and CONFIDENTIAL COUNSELING for youth.



Most likely to succeed — Carrie Norbin, Nathan Ostertag

Shyest — Jason Benson, Anna Marie Peter





Most oddly dressed — Doug Oase, Juliet Morris

Best Smile — Becky Saunders, Jason White





Congratulations

and

BEST WISHES

to all seniors

Forest Lake

Senior High School

FFA

Congratulates

the class of '90



"Good luck in the future"



Most Musical — Mike Costello, Beth Elmstrom



Dizziest — Nick Walker



Most Spirited — Jess Wahlberg, Dan Hulleman

In Memoriam Tracy Marie Crothers June 13, 1972 — September 19, 1986

It's hard to know where to start. Many students here never had the chance to meet her. Tracy was a member of the "Class of 1990."

She was born in Duluth, MN, and moved to Scandia when we were in the fifth grade, 1982.

Tracy was a gifted clarinetist and really enjoyed music. She played the clarinet since she was in the fourth grade.

She was very active in sports. In seventh grade, she played volleyball; track in seventh and eighth grade, and joined cross country in the ninth grade.

Along with running, Tracy enjoyed biking, ice skating, roller skating, and horseback riding. She loved animals, especially her horse, Jasper. Because of her experiences with her horse and her love of animals, there was no doubt in her mind that she would become a veterinarian.

Tracy had every quality that a good friend should have. She was an attentive listener and gave good advice. She had a positive outlook and



was always there to lend a helping hand. Most of all, she gave encouragement.

There is so much that we could say about her; the memories are never-ending. Those that knew her know that she was a truly special person and will never be forgotten.

> With love, Friends and Classmates

THE PHOTOGRAPHERS, INC.

Al Running

464-3073

Best of luck in all you do —



464-8688

13908 Lake Dr. Forest Lake



We're so proud of all your achievements. Love, Mom and Dad

Ty LaTourneau



Jason Granquist

You've grown up so fast, you've done a great job and we are very proud. Congratulations! Love, Mom & Dad



Dark and handsome full of fun. So glad you were our 1st born son — BJP - you're "A number one"

Brian Passeri



You've graduated to a fine young woman, but you'll always be our little doobie - We love vou! Mom & Dad

Shelly Spear



"Daniel Boone was a man —" You made it, Dan. We're proud of you. Love, Dad and Mom

Dan Husnik

You'll always be a part of our family. Thanks for the memories - the Bury's.

Etevaldo de Mirada

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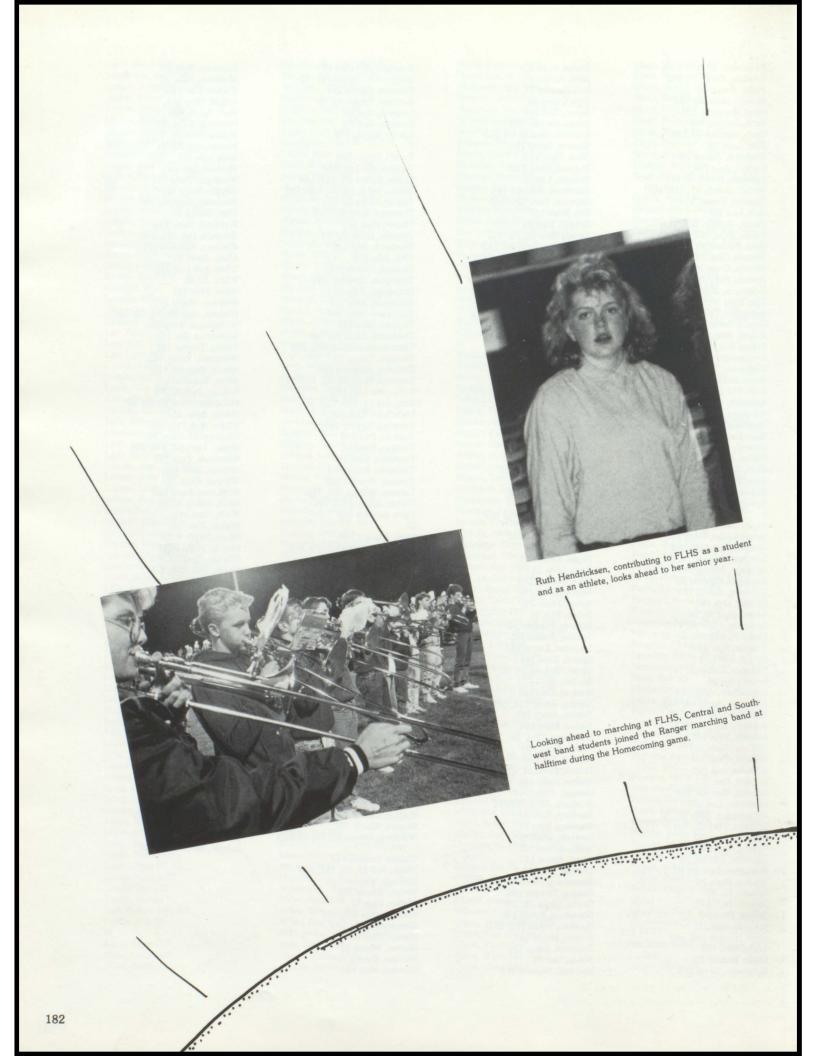
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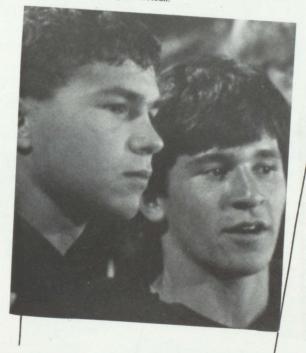
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to 1000 ends, we do here. We are leaving, yes, some in joyful celebration, others in tears of regret. We take with us all we have learned, not necessarily the formulas and theories, but the lessons we learned in life while we dwelled here. The friendships live on and the feelings never leave, never die. We hold them dear in our hearts, Forest Lake. We shall not forget.





"All our dreams are on their way" The 1990 Forester staff chose this theme from the lyrics of a S & G song. It is fitting, because after years of dreaming what our lives would be like, they finally seemed to be starting, and taking shape.

This group of close-knit friends worked hard together to make this book come about. Through all the hard and tight deadlines they made it happen . . . the book became a reality. These future journalists and photographers made their start here at FLHS. See how they shine.





Jen and Dave

Jill

