

JOIN US  
'88





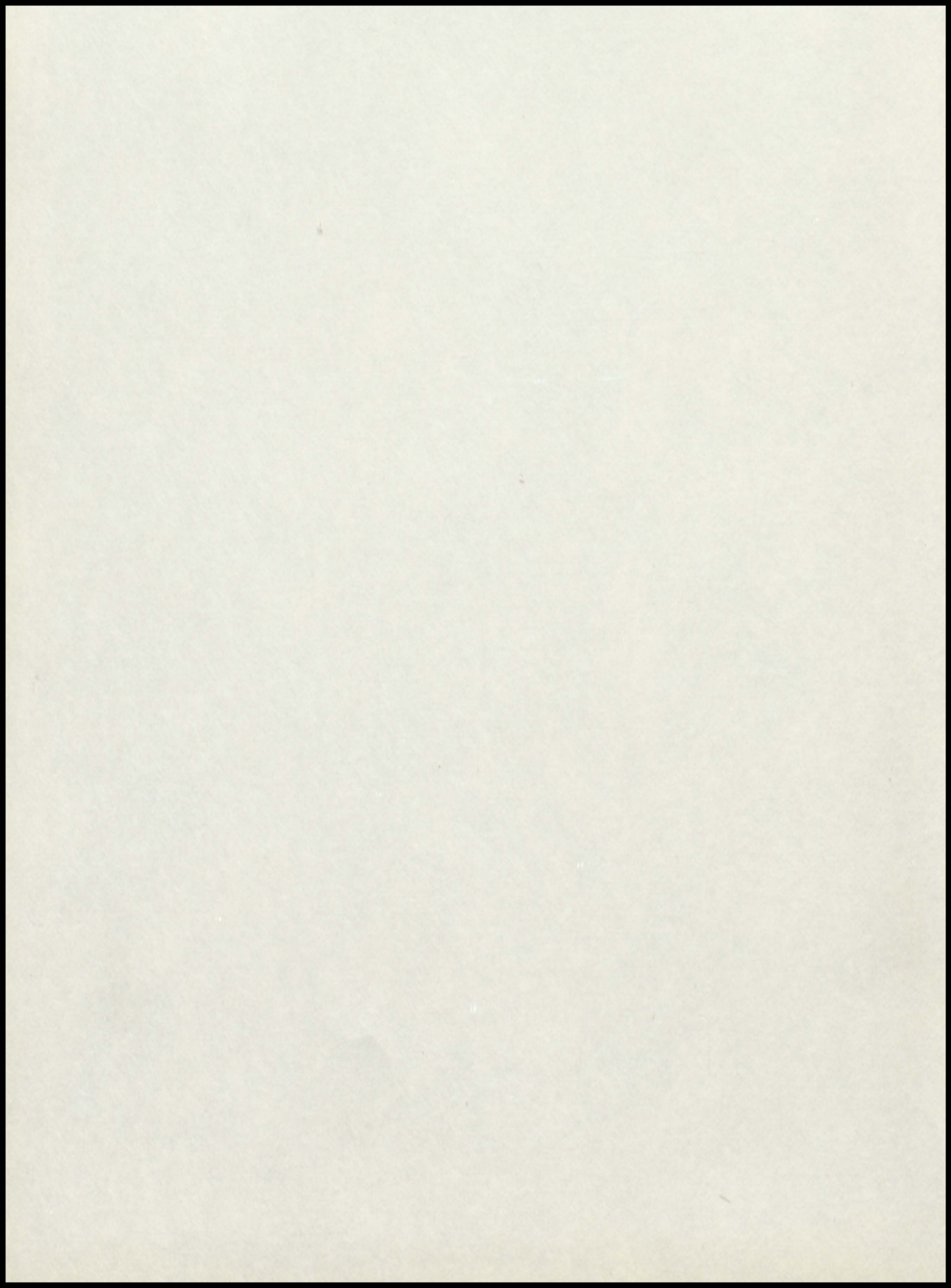




## F.L.H.S.

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... out of class	p. 40
... after class	p. 52
... in the locker room	p. 80
... in '89	p. 128
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... at the mall	p. 178





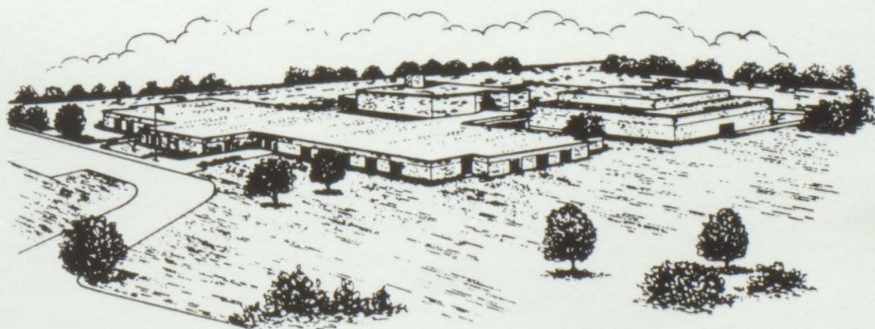


# Forester '88

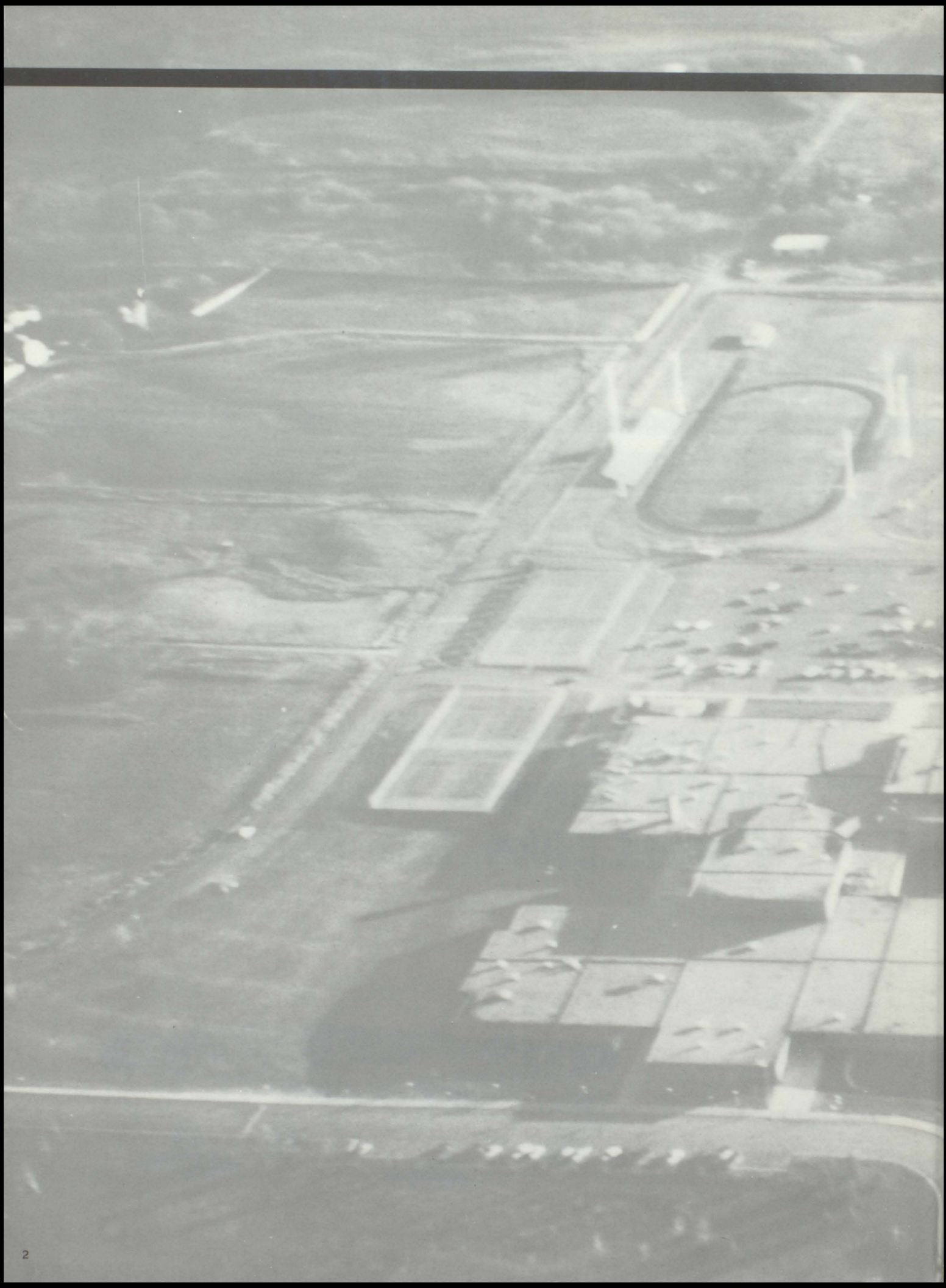
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## JOIN US at

Forest Lake Senior High  
6101 Scandia Trail No.  
Forest Lake, Mn. 55025







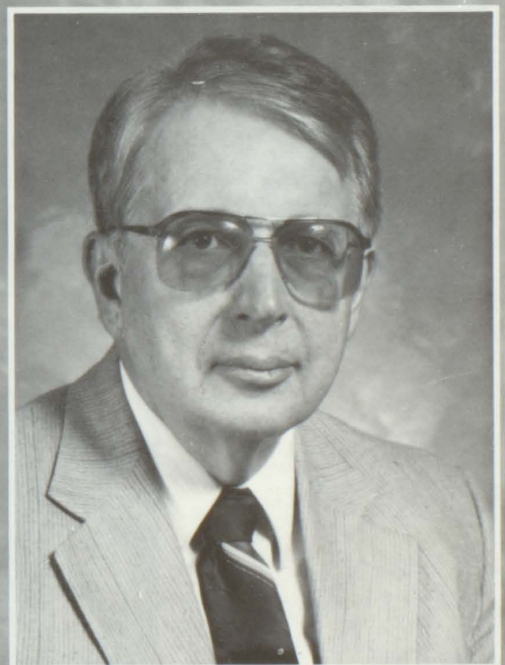


# Dedicated To The Memory Of Ralph Streater

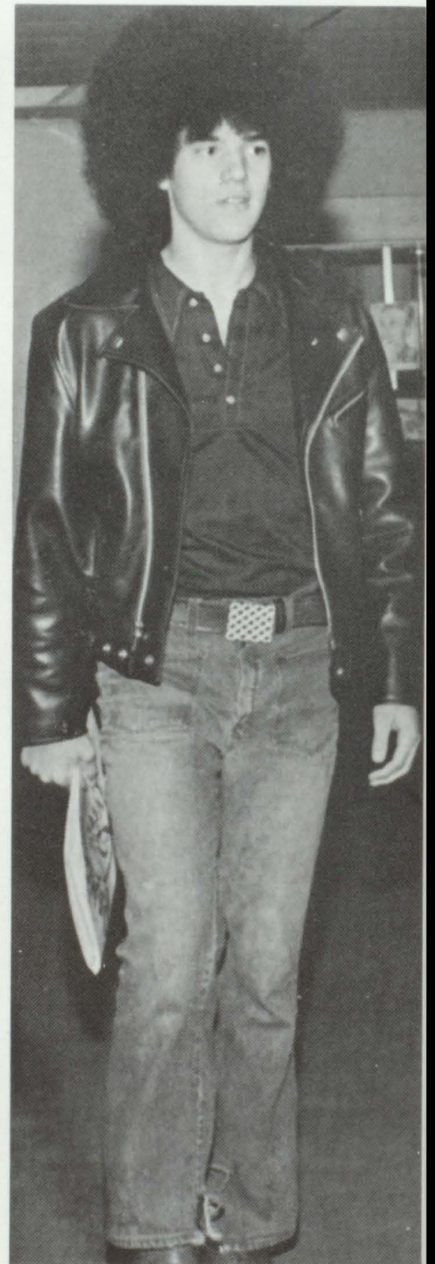
*Then said a teacher, Speak to us of teaching  
And he said:*

*The teacher who walks in the shadow of the  
temple, among his followers, give not of  
his wisdom but rather of his faith and  
his lovingness. If he is indeed wise  
he does not bid you enter the house of  
his wisdom, but rather leads you to the  
threshold of your own mind.*

**"THE PROPHET"** Kahlil Gibran







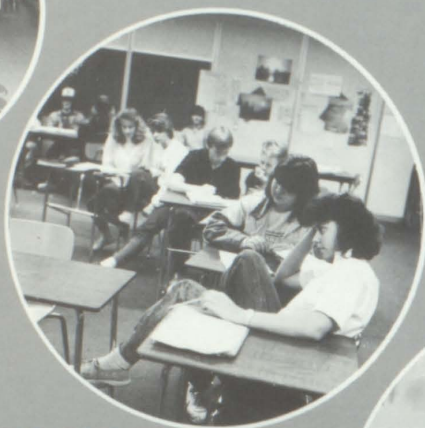


# Join uS to CELEBRATE '50 IN '88



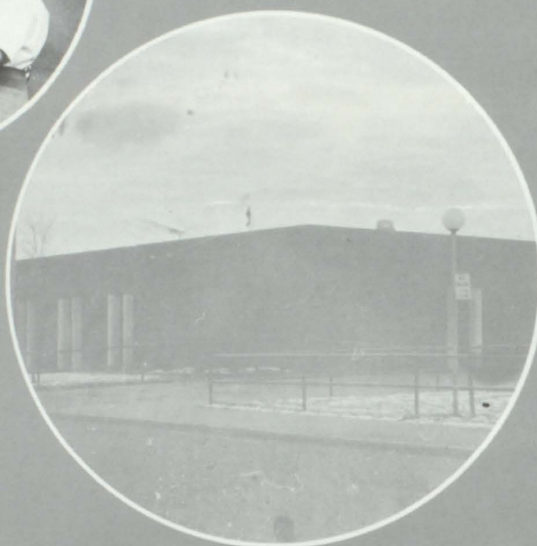
**H**alf a century ago the first issue of the Forester was published. Over the years, many events have been recorded and memories preserved in the yearbooks. The 1988 Forester staff would like to share some of these memories with you , so you may compare and contrast the moments of today and yesteryear.



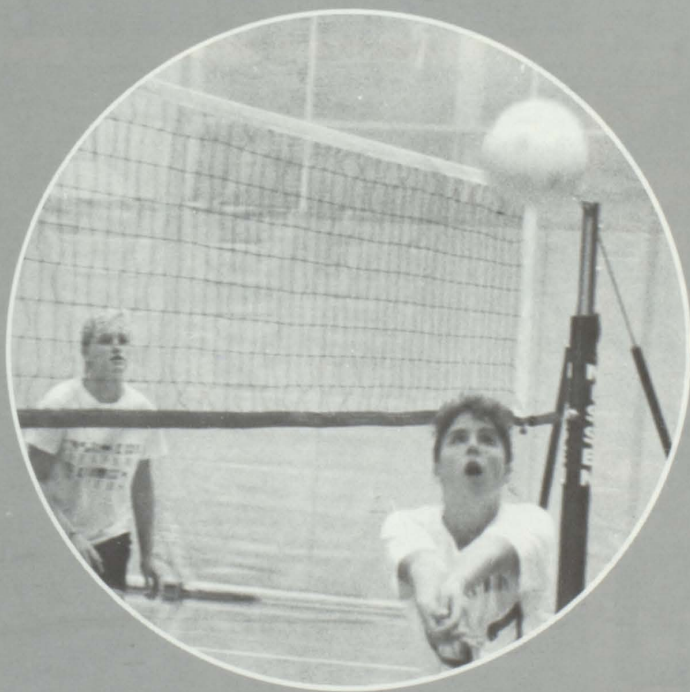
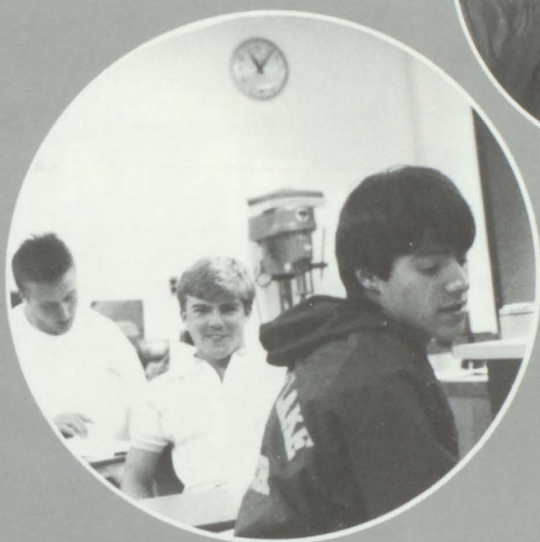


## SEPTEMBER AGAIN

**H**ere comes the big, yellow banana at you with its lights flashing . NO! Not another year on the bus with those dreadful brats. You get on . . . look around . . . no seats in back. Just as you sit down you duck to dodge a spitball just in time. WHEW! That was close. Now all you have to put up with is the bumpy ride towards school . . . oh well, you're dying to tell your friends about your exciting summer. You walk into school and the smell of freshly waxed floors engulfs you. Suddenly the bell rings. You haven't even had a chance to find your friends yet. What a way to start out the year. You drag yourself to your first hour. The day goes pretty good. You have teachers that you like and you are in lunch with all of your friends. Finally the last bell rings so you head to your locker and get your homework . . . how unfair on the first day of school! As your heading to your bus the familiar sound of slamming lockers and cheerful conversation fills the air. You're really back at school and although it wasn't too bad you realize that you have nine more months ahead of you.







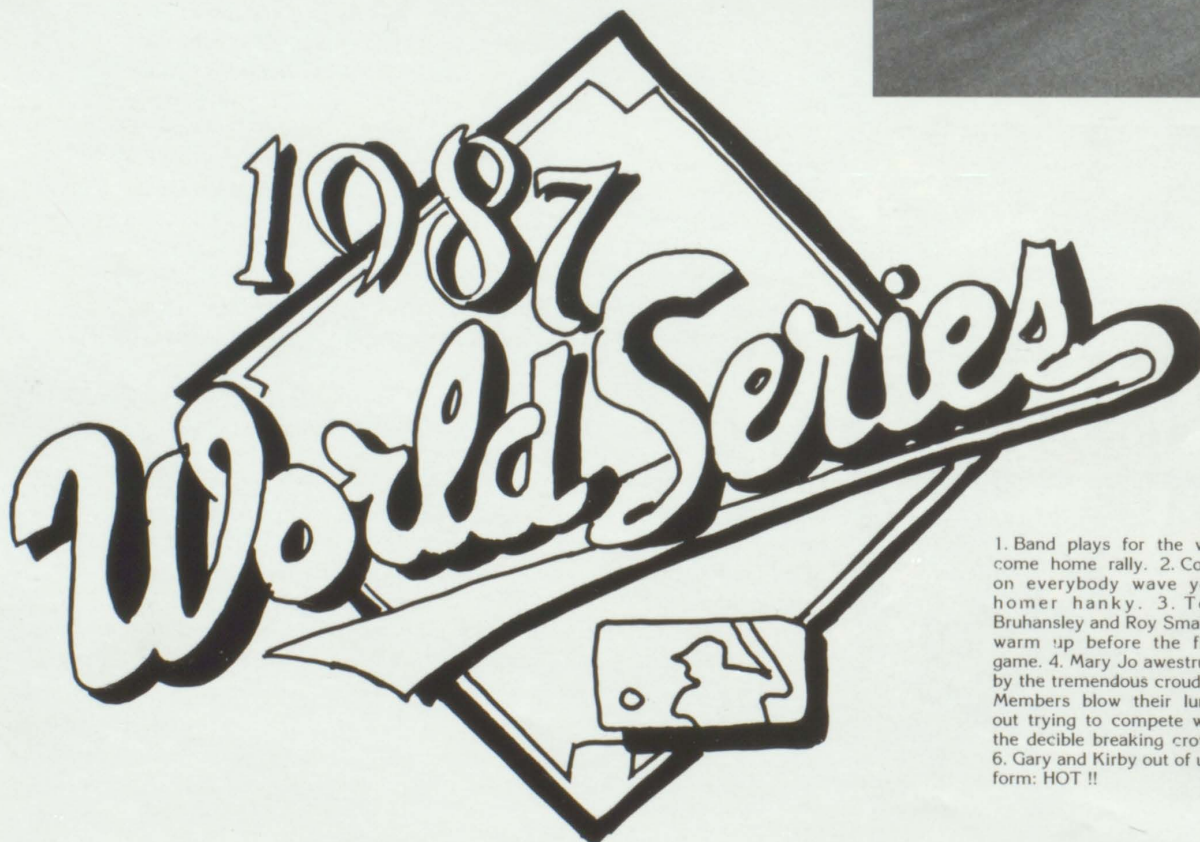


# MINNESOTA TWINS 1987 WORLD CHAMPS

**I**t's Minnesota Magic time. We're gonna win Twins, we're gonna score . . . This familiar tune rang out around the state as our own Minnesota Twins, against all beliefs, defeated the odds and took home the World Series pennant. We're all proud of you; from the big city of St. Paul all the way to its suburb Forest Lake. Never was there quite the spirit that this town displayed during the seven games of the World Series. Homer hankies waved wildly and voices were lost as the entire town united to help cheer the "Underdogs" on to a victory that won't soon be forgotten. WELL, America do you BELIEVE now?!



6



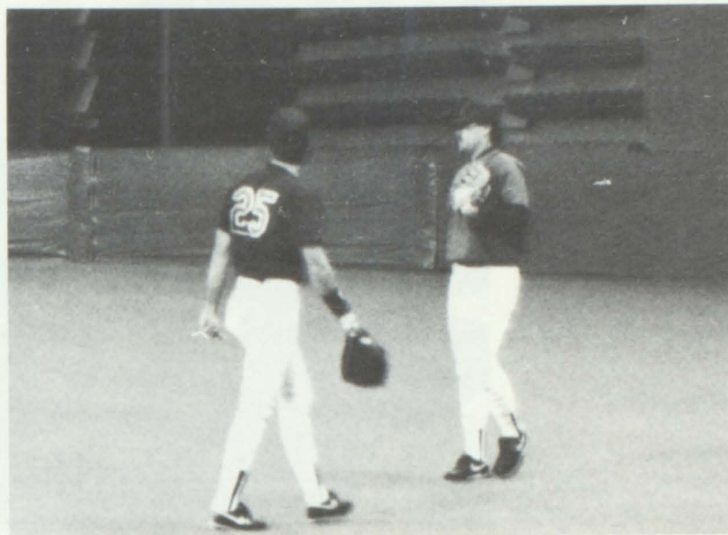
1. Band plays for the welcome home rally. 2. Come on everybody wave your homer hanky. 3. Tom Bruhansley and Roy Smalley warm up before the first game. 4. Mary Jo awestruck by the tremendous crowd. 5. Members blow their lungs out trying to compete with the decible breaking crowd. 6. Gary and Kirby out of uniform: HOT !!







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Do you remember the "Berenguer Boogie"? The FL Band will never forget it. They had the honor of performing at the Minnesota Twins welcome home rally after the Twins defeated the Detroit Tigers in the American League Championship Series. The Metrodome was filled with over fifty-five thousand adoring fans that filled the air with screams when the Twins marched around the field. Band members came back to school with a night they'll never forget!

Comments the next day were, "It was the best time I ever had!"

"Seeing was believing! I touched Kirby Puckett's Hat!"

"My ears were still ringing in first hour."

The Twin Cities came to life when the Twins clinched the Western Division Title one September 28. They won the series in five exciting games. Then we were off to the **WORLD SERIES**! Minnesota had not been in the World Series since 1965. The first two games were played here at home, in the dome that soon would be known to the world as the **THUNDER DOME**. The stands came alive with the waving of Homer Hankies and cheering fans. Dan Gladden's Grand Slam shot the noise level to that greater than a jet. The three games played in St. Louis were won by the Cardinals, but that didn't dampen our spirits! St. Louis still had to come back to our dome, the place of the Twins unsurpassed home field record, and the Minnesota fans!

In the 6th game Hrbek helps seal the victory with the second Grand Slam of the series. Slogans such as, "Nobody's Better Undercover!", "Cut the Cards", and "Frankie Sweet Music Viola" hung from ledges of the upper deck. Lights in the IDS windows displayed the saying "WIN TWINS", and there was even a sign flying from the Cathedral, "Allelulia Twins!"

The 7th and deciding game belonged to the Twins. They won it 3-2, beating all the odds. The celebrating continued long after that final out. The streets of the Cities were over run by celebrating Minnesotians cheering for THEIR team, who, for the first time had brought the World Series Pennant to us. The next day there was a ticker tape parade through downtown Minneapolis and ended at the State Capital. Most schools, including Forest Lake, were given half days to attend the festivities. An estimated 4,000,000 Minnesotians participated in this celebration. Anyone who lived in Minnesota during the 1987 World Series and its aftermath will never forget the pandemonia!

Join us





## In '88





# FRIENDSHIPS

**H**ow many times have you heard "We're just good friends" after inquiring about what seemed to be a new romance? Many students felt that having good friends of the opposite sex helped them view things differently, perhaps they get clues to how the "mind of the other sex" works.

Having guy friends, according to Janel Schmidt, a senior, "Helps you to understand boys more". By getting to know guys as friends, girls have an insight to how they think and why they act the way they do. What surprised Janel is, "You realize alot of times they are feeling the same way we are". Agreeing with Janel is Derek Johnson, a junior. "Its alot of fun to go out with girls just as friends."

However, there are certain responsibilities that come with close friendships of the opposite sex. One of these responsibilities is honesty. Says senior Colleen Skoglund, "Honesty and trust can make or break a boy-girl relationship". Colleen feels tht you need to level with your friends and be honest as to where your friendship is going. Not being sure what the other person wants can be a major conflict. "You have to know where you stand with one another so there are no hard feelings," is how one student put it.

Boy-girl friendships weren't the only trend this year. Friendships also developed between people of different grade levels. These type of friendships weren't uncommon. Janel adds, "Older and younger friends can be great for advice".

Most of us won't forget all the movies, the Friday night football games, basketball games, and the weekend parties- for what would they have been without all our friends. Over the years friends have played a notable role in all of our lives.

*The crazy times  
The lows and highs  
Our tears and smiles  
Over girls and guys  
Where ever I go  
There will always be  
A bond of love  
Between my friend and me*



1



2



3



4

1. Friends huddle before band begins. 2. She is MY friend! 3. OK guys, what's the plan? 4. Toni and Shannon share Wyatt. 5. This class is #1 and don't you forget it.



5





1



2

1. Cheerleaders have SPIRIT! 2. SCOOBIE UM!!! 3. Jill and Tami, "juniors" lean on each other as they show the results of powderpuff. 4. YAH!!! SENIORS!! 5. Andy and Katie get royal treatment. Dominoes delivered to their car.



3

## SCHOOL SPIRIT IS SCHOOL PRIDE

**S**chool spirit is an element at Forest Lake that is not always readily identified, but is always there. School Spirit is more than just support for outstanding athletic teams, but also the pride and support for everything else that goes on in our school and community. During Homecoming week many students dressed up and took part in the activities. The football stands were packed for the Friday night game. And even though we lost, many enjoyed themselves at the dance afterwards. Spirit and pride is also shown by the number of students who go out for extra curricular activities, both sports and clubs. There is a lot of pride and honor involved in being on a team, even if the win-loss record isn't outstanding. So what if not everyone knows exactly what your group does. Everyong should be proud to be a Ranger because it is the students that make this school as special as it is. Right?!



4



5



# Seniors

## COLLEGE

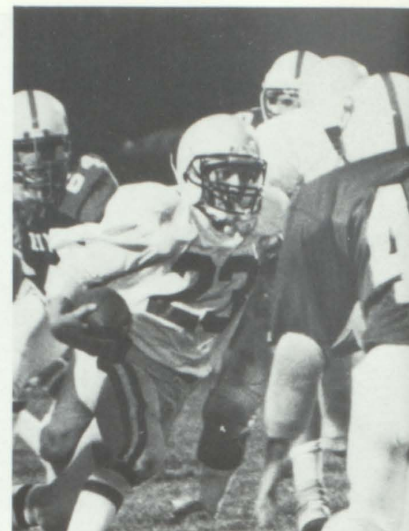
**H**ow do the academically-gifted gain entrance to college? Unless you're in a sport, colleges don't even know you exist before you've taken the PSAT. This test is one of the most influential factors for colleges when determining whether you meet their standards for entrance, so don't blow it. Other things that colleges notice include: the SAT, ACT, and Achievement Tests, awards, events participated in (i.e. contests); jobs and job experience; and grades. Grades are not as important to colleges as most people think. A 3.5, B+, is about the highest grade point average required by colleges. In general, if you have an A to B average, a couple of extra curricular activities, a part time job, and maybe even and outside group or club, almost any college will want you. Of course, even if you are chosen by a college, money is still needed to pay tuition. This is where the second part of enrollment comes in, scholarships.

Most people try to get a student loan or other type of financial aid when paying for tuition. The true academic strives for the free lunch: scholarships. As Mr. Streeter always said, "There's money out there," and all you have to do is find it. Some scholarships come from independent sources, like the National Merit Association (PSAT). Others are for specific religions and culture. The largest amount, although, come from colleges themselves. For scholarships, the most important considerations are grades, classes taken, and activities participated in. If you've done exceptionally well in school, and did well on the PSAT, you should have no problem trying to get a scholarship from the college of your choice.

Next comes the most difficult part of entering college, actual enrollment. As a senior, or even as a junior, you will have received tons of information from many different colleges. Most of it is just junk, but sometimes you find a diamond among the coal, so to speak. If you have done VERY well on the PSAT, some colleges will accept you on that alone. The most annoying thing about doing well, though, is that these colleges don't stop with letters, but phone your house and send mail via the school as well! The better schools don't accept you on just your PSAT, but insist on long, drawn out enrollment processes from which it takes forever to get an acceptance or denial. Applying to your top four choices, and using one of the "already accepted" schools as a standby is the best way to get through the harrowing experience of enrollment.



1. The choices are limitless. 2. Football Athletics are one way to earn a scholarship. 3. Seniors can get helpful advice in the Career Resource Center.



3

## SENIOR YEAR MEANS \$\$\$

**O**ne thing that becomes evident very quickly in the Senior year is how expensive life suddenly becomes. There are so many things that you NEED, your budget, or your parents, can hardly keep up with it all. Senior pictures are one of the first items on the senior list. Students can expect to spend between one hundred to three hundred dollars on their portraits, depending how extravagant they get. If you haven't already invested in a class ring, over a hundred dollars more may be spent on

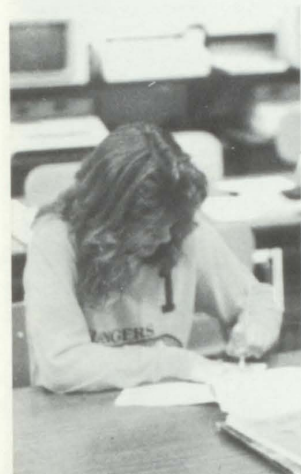
that too. Then there are the small items that add up rapidly: yearbook, \$26; parking permit, \$40; activity pass, \$10, athletic fees, \$40 a sport, and the class picture for another \$10. The money that passes threw the fingers of the Senior class can't always be accounted for in specific items. There is candy, pop, pizza, movies, gas, cars, clothing, dates, dances and last but not least, Prom. Being a senior is a lot of fun, but underclassmen, start saving your money now!



# Seniors



1



2



3

1. The amount of mail that a senior receives can be huge! 2. Jill takes A.P. English to get a jump on college credits. 3. Seniors listen to a St. Thomas representative.



4

1. Concert tickets run around \$15. 2. Hot lunches take up \$5 or more every week.

## CHOICES

After years of hard work, in practice and games, select athletes receive the privilege of being recruited by colleges to participate in athletics. Many things happen during this time period. This is what happens to an average college recruit.

It starts early by making a name as an athlete. To do this they have to impress coaches and fans with their abilities. Another way of making a name is to attend a recruiting camp. This kind of camp shows scouts how the athlete performs against tough competition. If the athlete does well, then the scouts tell college coaches about the player. Writers from recruiting magazines also attend these camps to find talent to promote their magazine. Once an athlete makes a name, other college coaches and scouts check it out. Recruiting coaches send out questionnaires to prospects and wait for a positive reply, then correspondence through mail occurs. This is one of the first stages of recruiting.

During this time, phone calls are also made. If a college has reason to believe that the athlete has an interest in the college program, the coaches call to confirm the interest. These phone calls usually consist of questions about family, ability in sport, how much practice is done, achievements in the sport, other interests, and the amount of interest there is in the college. This is restricted to a certain time period by the NCAA.

Coaches request a visit in person with the athlete. These visits consist of the coach presenting the college in an impressive way. This is done to familiarize the prospect with the college without boring them to death. These presentations may be interesting and appear glamorous to the athlete.

College coaches also try to get the athlete on campus to show them around. The NCAA sets a limit of five expense paid visits for each athlete. The purpose of the visit is to show the athlete the school, campus life, and the athletic programs that are offered. These visits are fun and a good learning experience for the person.

Then the athlete has to make the decision of where to go. Some athletes may go on athletic scholarships to pay for part or all of the college expenses. If they decide to attend a college this way, then they sign a letter of intent stating that they will attend that particular college. If they don't sign, they may decide to try out for a team and possibly earn a scholarship. This can be a tough route to take.

These are some of the things a college prospect runs into as they decide where they are going to continue their education and athletic careers.



# *Seniors*

## **CLASS OF 1988**

**Flower: White Rose**

**Colors: Light Blue  
& Dark Blue**

**Motto: When we were little,  
the future was in the  
distance. Now the future  
is upon us and on the  
horizon is what is yet  
to come.**



# Seniors



MICHELE ALTAVILLA



LISA ANDERSON



TAMI ANDERSON



TROY ANDERSON



DAVID ANTINOZZI



JENNIFER ANTON



TONY BACKUS



MICHELLE BALSIMO



THOMAS BANCE



MARK BARSNESS



NICOLE BASS



SUSAN BECHTOLD



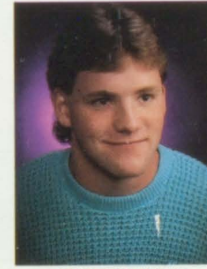
KIMBERLY BECK



GREG BERG



Carla, Jenny, Nandy, Amy, Deanna and Sharyl are making their own designs off the band field.



WAYNE BENNETT



JASON BERGERON



BRUCE BERGUM



KIMBERLY BERNIN



GREGORY BIANCO



NEIL BIERMAIER



STEPHEN BIZA



ANNETTE BLANCHARD



CARLEEN BLANCHARD



BRIAN BLAZEVIC



ADAM BLONS



KYLE BOCKLUND



CHRISTOPHER BROWN





# Seniors



JOHN BODINE



DARREN BOECK



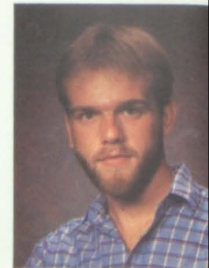
LESLIE BORST



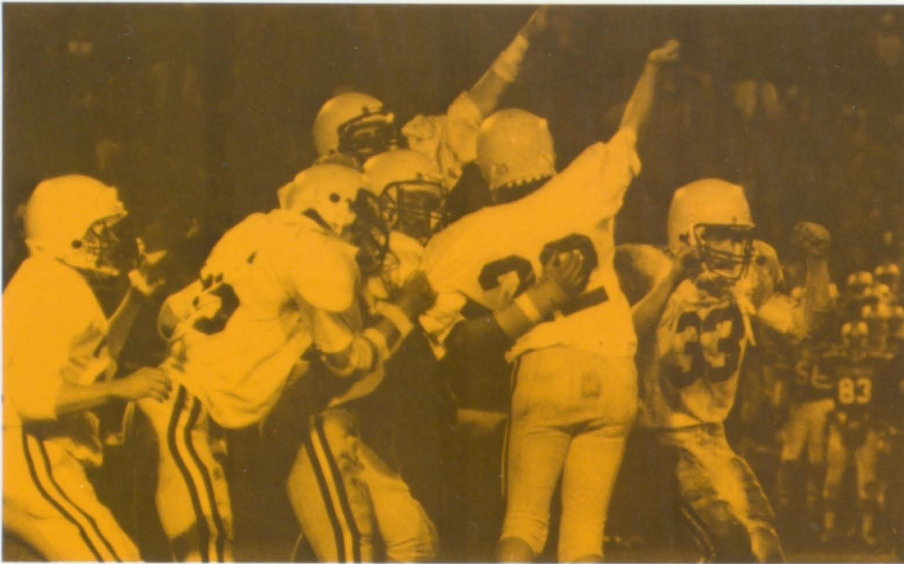
JOEL BOSTON



DAVID BRANT



ROGER BRANVILLE



Football players Whoop it up celebrating another Ranger victory.



LISA BRODTMANN



JEFF BROMERT



CHRISTOPHER BROWN



JOHN BRULEY



SHELIA BRYANT



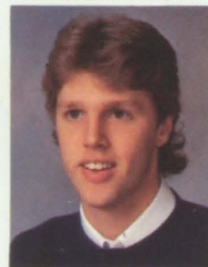
PAMELA BUNTON



THERESEA BURROS



ANGELA BURTH



SEAN CABEL



JACQUELINE  
CADWALLADER



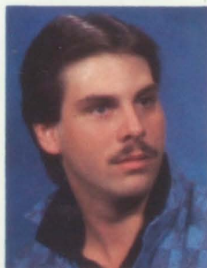
TERRILL CALLIES



JAMES CAMPBELL



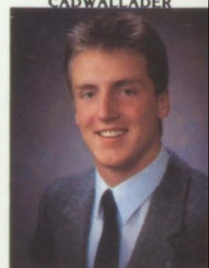
DAWN CAPAUL



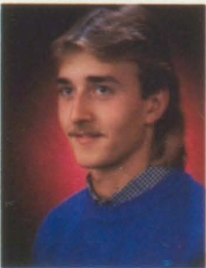
SHANE CAREY



TAMMY CAREY



ERIC CARTER



MICHAEL CASSMAN



CHRISTOPHER CHANDLER



COY CHELGREN



JODI CHRISTENSON



RENEE CIMBURA



BENJAMIN CLARK



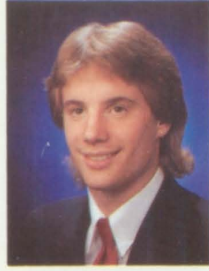
# Seniors



JOHN CLEMENS



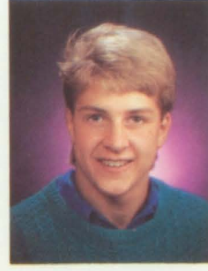
TOM CLEVELAND



GARY CLOVER



BRYAN COLE



BRYANT COLE



REBECCA COLEMAN



JULIE COLONNA



WENDI CONLEY



FRANCES COURNOYER



KELLY COYLE



JEAN CRANDALL



DAVIS CRONQUIST



TERRI CZECK



AMY CZEPA



REBECCA DAMCHIK



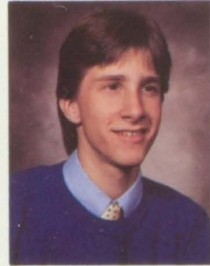
JEANNETTE DANDL



ANDY DAVIS



JOEY DEAN



SCOTT DEGENDORFER



JULIE DETERMAN



ANNETTE DIETRICH



DAWN DIETSCH



PATRICK DOLFAY



THOMAS DORN



MICHELLE DORNSEIF



RENE DUCLOS



MELISSA DUFRESNE



DE ANNA DUKOWITZ



SEAN DUNCANSON



KARLA EDE



Getting together during the summer are Rachel, Russ, and Barb.



# Seniors



TRACY ENHSTROM



GINGER ELLEFSON



RICHARD ELLIOT



ROBERT ELPENPETER



PENNY ELPENPETER



TROY EMTER



DELYNDA ENGLER



MELISSA ERICKSON



SHARYL ERICKSON



TROY ERICKSON



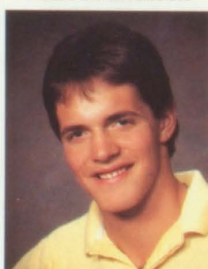
TRACY ERNSTER



VICTORIA ETHAN



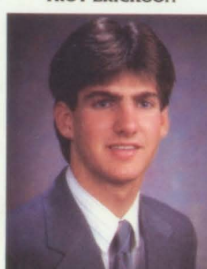
MICHELLE EVENSON



SCOTT FAHEY



MICHELLE FAIRBANKS



JOHN FALCK



MICHAEL FELT



VALERIE FINEBERG



ROBERT FINNEGAN



KERRICK FLADLAND



ROBERT FLAHERITY



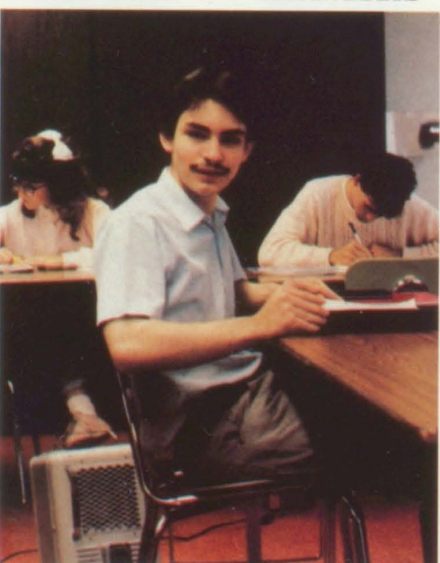
MOLLY FLANAGAN



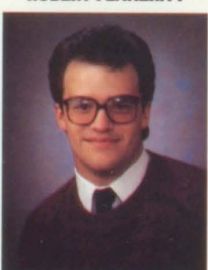
SHANNON FOSTER



VICKI FREDERICKSEN



Jerome Raymond and his space heater.



LEROY FREEMAN



NICOLE FRENCH



BRADLEY FRITZ



TAMI FULTZ



RANDALL FUNK



LAURIE GAGNER



MATTHEW GARDINER



MELANIE GARDINER



# Seniors



BETH GATCHELL



GLENN GERMAIN



AMY GESSNER



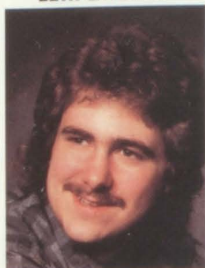
REBECCA GILLETT



PAMELA GILLEY



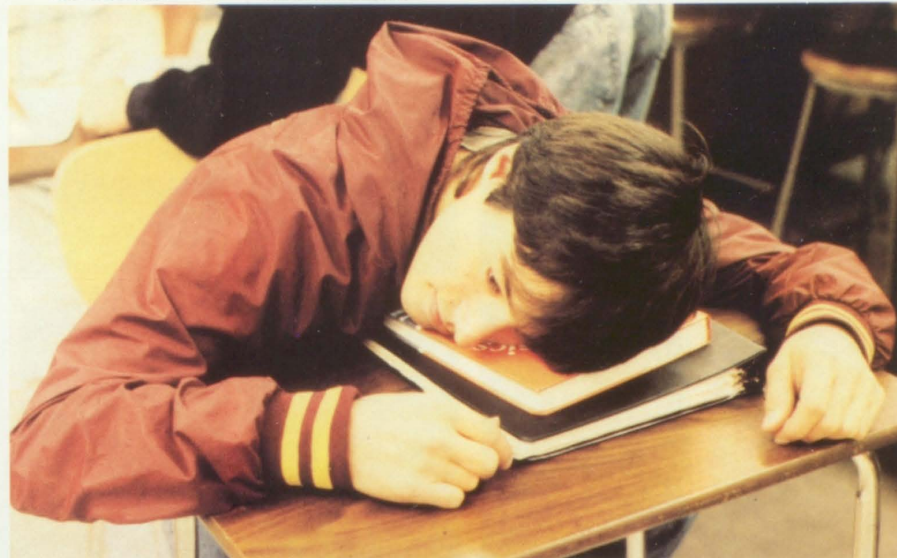
SHELLY GILSTER



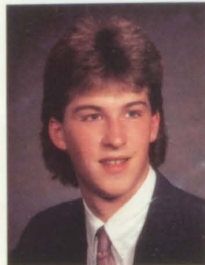
MARK GOERTS



CHRITOPHER GOODROAD



Hey, Jeff! New way of studying . . . with the book closed?



RICHARD GORMAN



CHRISTOPHER GORTON



NICOLE GRANDSTRAND



JAN GRAY



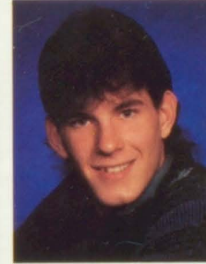
TINA GREELEY



RONOLD GREEN



DANIEL GREEN



DAVID GRUBA



ROSEMERY GROSHENS



KATHLEEN GROSS



ELIZABETH HAINES



NATALIE HALE



BRYAN HAMMES



JILL HANSON



LISA HANSON



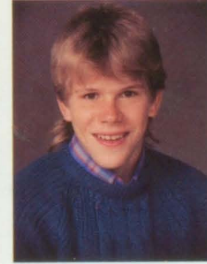
MICHELE HANSON



LISA HARRISON



ROCHELLE HARTZ



TONY HAUER



PATTY HAVEN



# Seniors



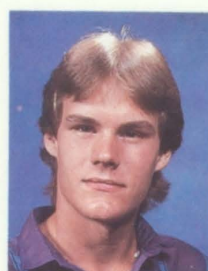
JENNIFER HAWORTH



SHELLY HAWORTH



ROBERT HEADLEY



CHARLIE HEARD



SHELLY HEHNER



JAMES HELINSKY



WILLIAM HEMPSTEAD



MARIA HENDREN



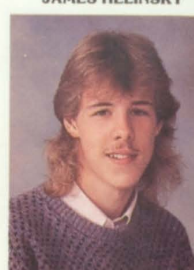
WADE HERMES



SUSAN HILL



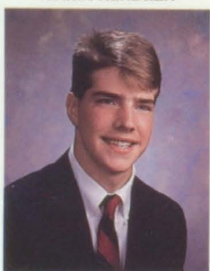
ANDREW HODNIK



KENNETH HOFFMAN



DAVID HOFFMANN



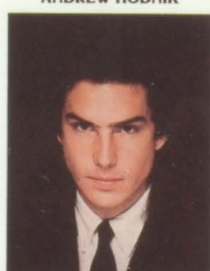
JEFFERY HOFFMANN



CYNTHIA HOLSMAN



HOLLY HOLT



ERIC HOULE



KAYLENE HOULE



MONICA HOULE



MARK HUSNIK



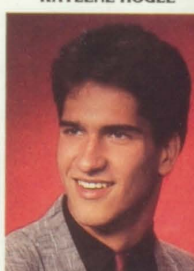
RONDA HUTAR



MARCIE HUTTNER



KARLA INGVALSON



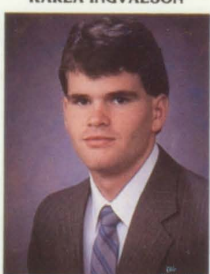
TONY JANI



Wendy and Katie bundle up as cold weather approaches.



DEDEE JAWORSKI



NEAL JENSEN



RAQUEL JENSEN



TONI JENSEN



DEBORAH JESKA



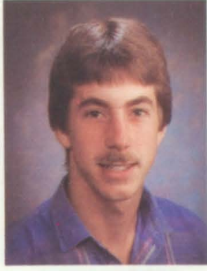
MARY JO JEUKENS



# Seniors



JULIE JOHNSON



CURTIS JOHNSON



DANIAL JOHNSON



REBECCA JOHNSON



KIRK JOHNSON



PAUL JOHNSON



Kathy, a senior study!



SHERI JOHNSON



TODD JOHNSON



MELODY JUELICH



JOSEPH JULKOWSKI



DENNIS KABAGE



JEFFERY KARI



JAMES KARELS



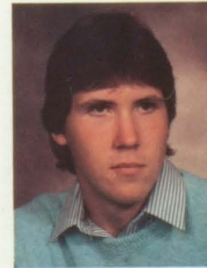
CHAD KARTH



SHARON KASTNER



LINDA KAZMIERCZAK



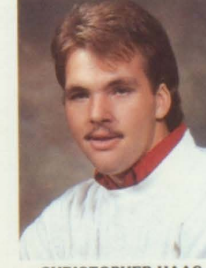
DEAN KELLEY



HEIDI KERTZSCHER



KURT KINDLE



CHRISTOPHER HAAS



PATRICK KLASSEN



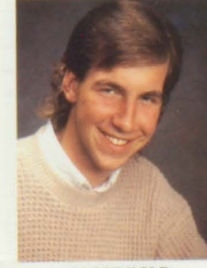
JANA KLEINVACHTER



NANCY KOCH



JOHN KODLUBOY



SCOTT KOLB



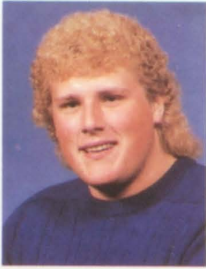
MICHELE KOPESKY



GARY KORF



# Seniors



BRENT KOSTKA



RODNEY KOWARSCH



TRACY KRANTZ



DENISE KRENZ



CHARLES KREITZ



TARA KRINKE



VIKKI KUBIK



JILL KWIATKOWSKI



KATHERINE LABORE



DOUGLAS LAMB



LYNN LAMERE



MICHAEL LAMEYER



AMY LANAHAN



KEVIN LANGE



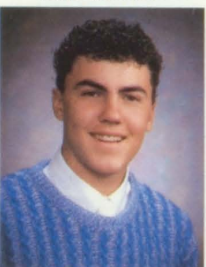
WALTER LAROCHE



GREG LARSON



Scott and John:



ANDREW LARSON



ANGELA LARSON



JODI LARSON



MAUREEN LARSON



PATRICK LARSON



CATHERINE LAUBER



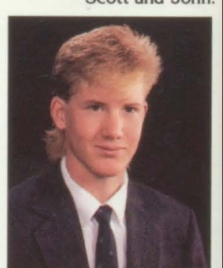
MICHAEL LAUTIGAR



LAURA LAVOIE



ANDREW LAW



MARK LEE



LANCE LANARZ



ANGELA LENDWAY



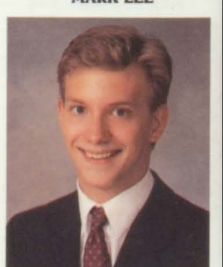
JAINE LEROUX



LISA LEROUX



TRISHA LESSARD



JAMES LICHTSCHEIDL



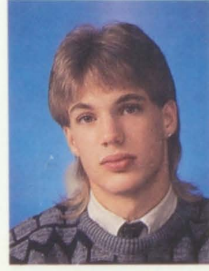
# Seniors



NANCY LICHTSCHEIDL



LISA LIEN



JOESPH LILJEDAHL



SHANA LINDEBERG



CHRISTINE LOCKE



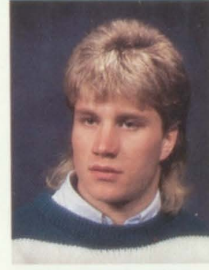
DAVID LOCKWOOD



SHANNON LONG



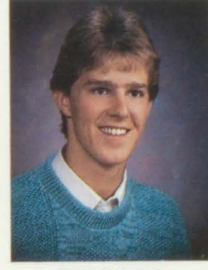
LEE LUNZER



DEBORAH LUDINGTON



JOHN LYNCH



BRIAN MAAS



TRACEY MAASSEN



ANN MACKENROTH



MAURA MADDEN



JENNIFER MAETHER



ELIZABETH MAKI



LYNN MALEK



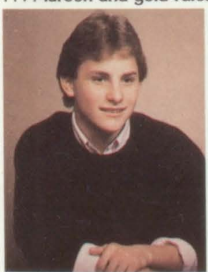
SUSAN MALLET



SUE MARA



LAURENA MARIER



KEVIN MAROIS



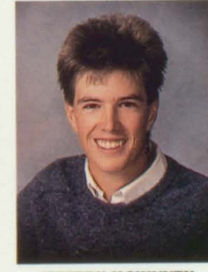
DARIN MATHESON



SAMANTHA MATTSON



SHEILA MCAVOY



JEFFERY MCKINNEY



KEVIN MCNAMARA



JEAN MCNAUGHTON



JASON MEDVEC



MATTHEW MEIER



EDWARD MEYER



TOM MEYMAN



KRISTI MCCULLOUGH

... Maroon and gold rules!



# Seniors



GERALDINE MIKLOS



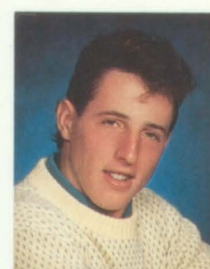
MONTE MILLER



NANDY MILLER



STEPHEN MILLER



PAUL MILLINGTON



KIRK MOELLERMAN



MELISSA MOLITOR



RONALD MONDOR



KARI MONTEAN



STEPHEN MOORMAN



DEBORAH MORAVEC



MELISSA MORKEN



MAILEE MUNSON



NICOLE MYRVOLD



BRADLEY NELSON



KRISTIN NELSON



NAOMI NELSON



SANDRA NELSON



PENNY NESS



ANDREA NEWHOUSE



NONNY NGUYEN



MONIQUE NIELSON



KIM NISSEN



BARBARA NOYES



ANGELIKA NUSSER



DAWN OASE



DEBORAH O'BRIEN



JEFFREY O'BRIEN



JAMES OHARA



MARNI OLMSTEAD



CHAIMIE OLSON



DENNY OLSON



KAREN OLSON



KRISTI OLSON



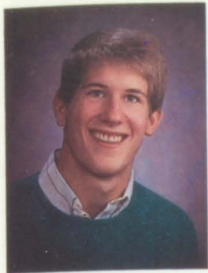
PATRICIA OLSON



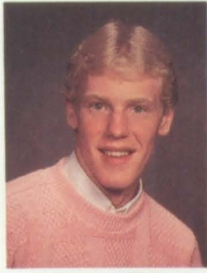
ANGELA OSGOOD



# Seniors



DANIEL OSTLIE



JOHN OSTRAND



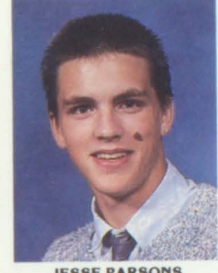
RORY PAGGEN



DANIEL PAKULSKI



SCOTT PARNHAM



JESSE PARSONS



LOGCINDA PEARSON



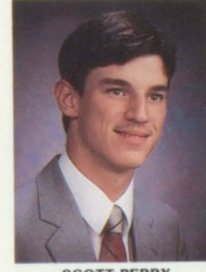
WENDY PEIFFER



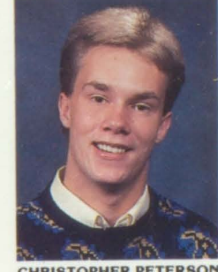
BARBARA PELOQUIN



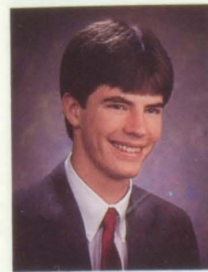
DOUGLAS PERNELL



SCOTT PERRY



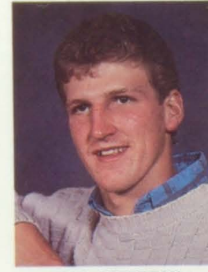
CHRISTOPHER PETERSON



CRAIG PETERSON



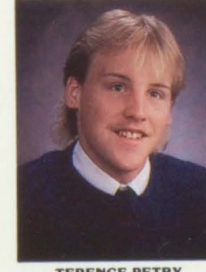
JAMI PETERSON



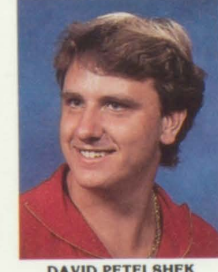
JOEL PETERSON



VICTOR PETERSON



TERENCE PETRY



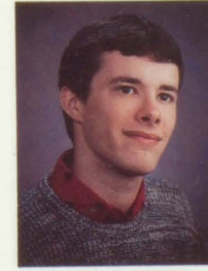
DAVID PETELSHEK



JASON PIETRASZEWSKI



ELIZABETH PLUMMER



RANDALL POWER



ANALISA PRATT



VICKI QUESNEL



RACHELLE QUIGLEY



TOM RAMBOLDT



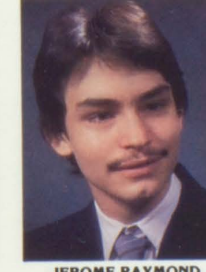
CYNTHIA RAPACKE



LISA RATTEI



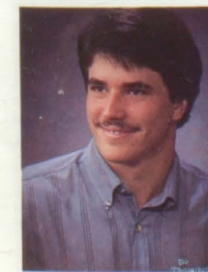
SUSAN RAUCH



JEROME RAYMOND



JANEL RESCH



FRED REVOIR



CARI RIIS



DANIEL RIOPEL



MARK ROBERTS



CLARK ROBINSON



DEANNA ROHE



# Seniors



ANGELA ROOT



LISA ROSE



TRINA ROSE



JULIE ROSS



ANN ROUTE



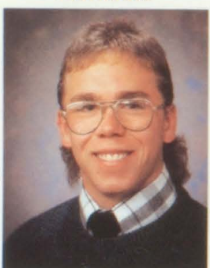
BRENDA RUDENICK



MICHAEL RUTFORD



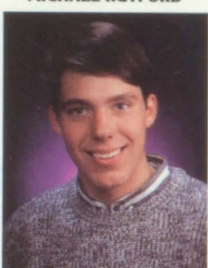
CHRISTOPHER RYE



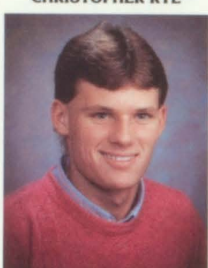
TIMOTHY SAARI



CHUCK SALO



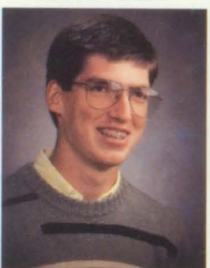
WAYNE SANDBERG



TROY SAUNDERS



FL Band plays for the opening of the World Series.



TROY SAUSEN



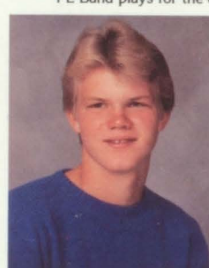
SUZANNE SCHLEDER



TRACY SCHLICHENMAIER



JANEL SCHMIDT



BRIAN SCHMIEG



MIA SCHNEIDER



JOAN SCHUETT



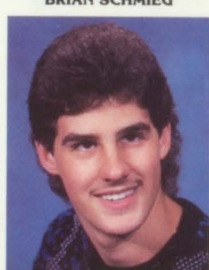
BETH SCHUEMACHER



MICHELE SCOTT



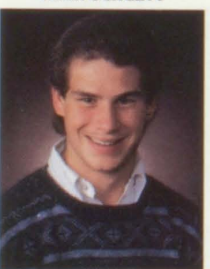
MARK SECHRIST



TODD SEEKEL



BRETT SEIBERLICH



JAMES SELLS



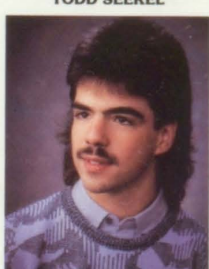
RICHARD SEXTON



SCOTT SHERWOOD



DONNA SHOBERG



MILO SHOBERG



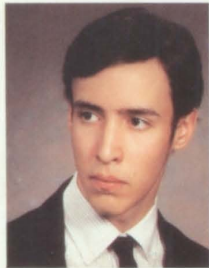
CHRISTOPHER SIEBER



# Seniors



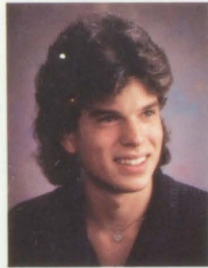
LORI SIMMONS



RALPH SIMONSON



AMY SJERVEN



MIKEL SJOGREN



COLLEEN SKOGLUND



DAVID SLATER



KATHERINE SMITH



WENDY SMITHLIN



KENNETH SNYDER



JOSEPH SOLOMON



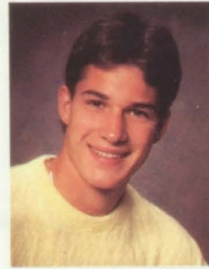
BRYAN SOLUM



CYNTHIA SORGAARD



ANDY STAFFORD



RUSSELL STARK



DONALD STAUB



BRUCE STEELE



ROBERT STEELE



DEBRA STEFFENSON



Sheila awaits coronation with stars in her eyes.



VICTORIA STEGLICH



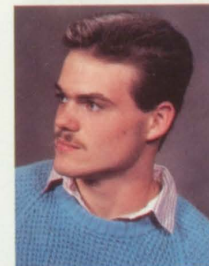
PATRICK STEINDL



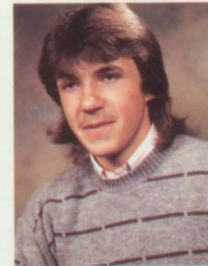
RICHARD STEINDL



SHARON STENDAHL



MATTHEW SLETTEN



GARTH STERNBERG



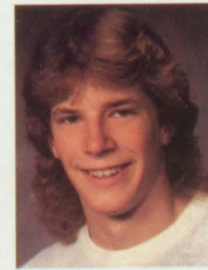
JANELLE STERNBERG



MELANIE STEVEN



COLLEEN STOHR



STEVEN STORKAN



GREGORY STRAKA



CHRISTINA STRANTZ



# Seniors



LEE STREITZ



JOHN STRENGER



ELIZABETH STUMBO



SHANNON SULLIVAN



KRISTINE SUPINSKI



JANE SWANSON



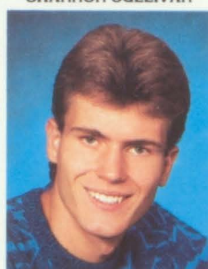
SHANNON SWANSON



TANIS SWANSON



JULIE SWENSON



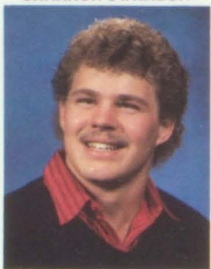
RICHARD SYCKS



KATHY TAYLOR



LISA THEROUX



DANIEL THILL



RHONDA THIRY



CYNTHIA THOMPSON



JULIE THOMPSON



LAURA THOMPSON



JAKE THURNBECK



KIMBERLEY THURNBECK



KRISTINE TORGERSON



HELEN TRAVER



MARK TSCHIDA



KELLY TURNER



KRISTIN ULRICH



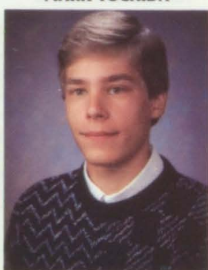
JOHN ULVIN



AMY UTECHT



DOUGLAS VELLENGA



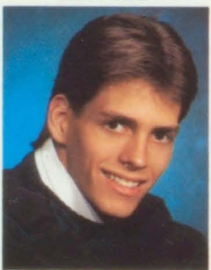
JAMES VOLLHABER



JAMES VOMELA



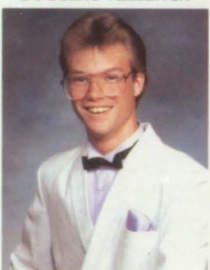
STEVEN VORNBROCK



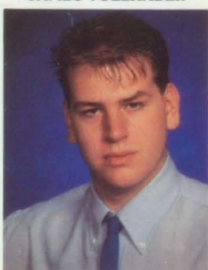
TYLER WACHTER



CONNIE WAGNER



WILLIAM WALTZ



LANCE WARD



WENDY WARD



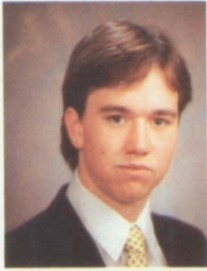
KRISTA WASSMAN



# Seniors



SHERON WATSON



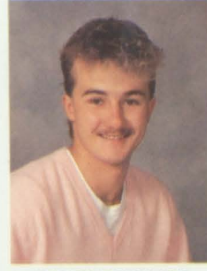
BRADLEY WEBER



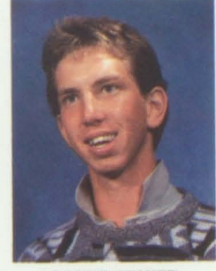
AMY WEISS



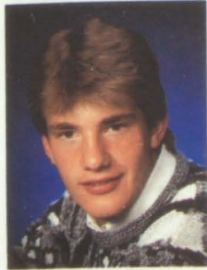
GREG WEISS



KELLEY WENDLAND



ROBBIE WICKER



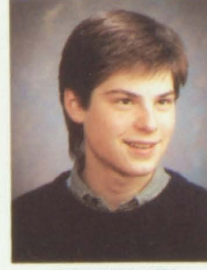
SCOTT WICZOREK



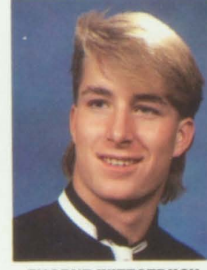
DAVID WIERKE



SHANA WIISANEN



KEVIN WILLIAMS



THORNE WITTSTRUCK



KATHLEEN WITTWER



AMY WOLFE



ANN WRIGHT



JAMES WROBEL



DAWN WYSE



PASENG XIONG



LISA YEZEK



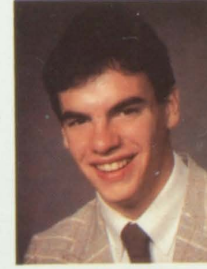
JEFFREY YOUNG



ANDREW ZASKE



JOHATHAN ZDERAD



DANIEL ZEMKE



HEIDI ZWIEG



CARRIE HOWES



JODEE SCHWARTZ



CHAD MIKLAS



The Heat is On!!



MONTY FAGNAN



THERESA WEINHARDT





# Homecoming



1. Congratulations to our 1987 Homecoming King Tom Ramboldt and Queen Shelia McAvoy. 2. Shelia McAvoy's dreams come true as she is crowned Queen. 3. The Homecoming Candidates: Rich Elliot and Lisa Rose, Russell Stark and Cari Riis, Eric Carter and Shelia McAvoy, Tom Ramboldt and Nicole Grandstrand, Thomas Bance and Janel Schmidt, Andrew Zaske and Kathleen Gross. 4. Tuxes can't hide their true personality! 5. Ooh la la!





## SENIOR FAVORITES

### FAVORITE SONG:

I think we're alone now.

### FAVORITE FEMALE SINGER:

Madonna

### FAVORITE MALE SINGER:

Phil Collins

### FAVORITE GROUP:

U2

### FAVORITE T.V. SHOW:

Cosby Show

### FAVORITE VIDEO:

I want your sex

### FAVORITE CONCERT:

U2



### FAVORITE NEW MOVIE:

Dirty Dancing

### FAVORITE ACTRESS:

Molly Ringwald

### FAVORITE ACTOR:

Michael J. Fox

### FAVORITE HANG OUT:

Hardees

### FAVORITE WORDS:

I'd like to thank  
the academy

### FAVORITE SPORTS:

Volleyball & Baseball

### FAVORITE COLOR:

Blue

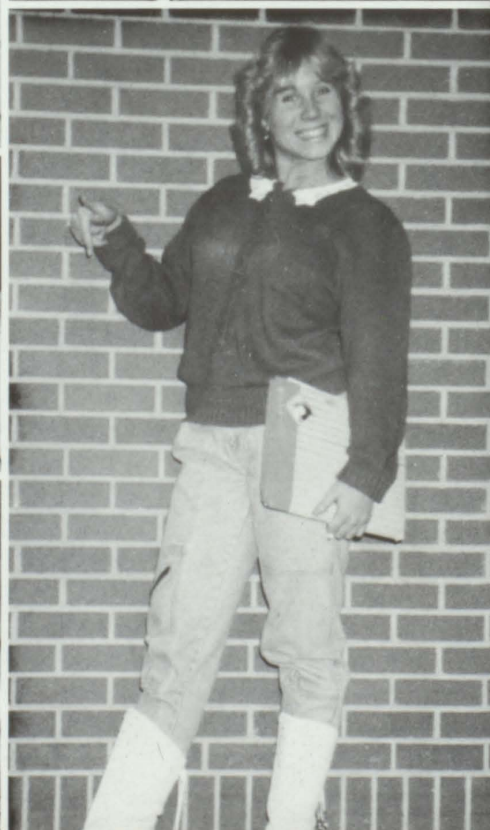
### FAVORITE CAR:

Ford Mustang



## '88 HAS CLASS



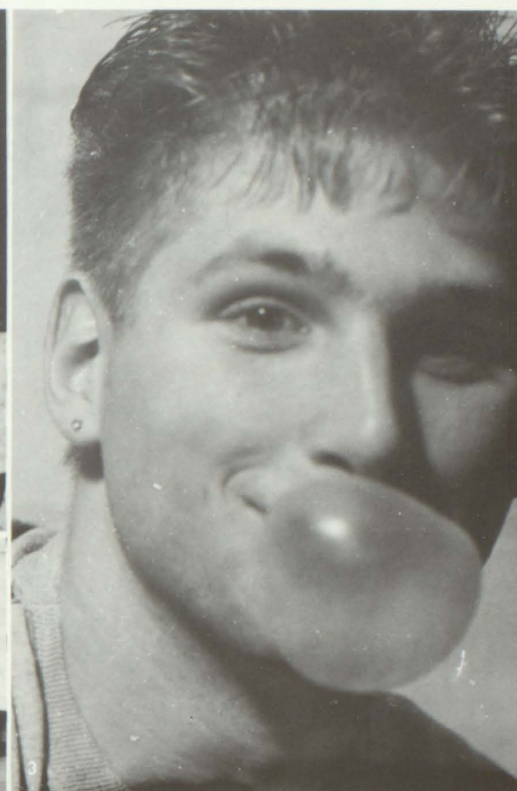


1. Third hour A.P. English show off their "Honorable Mayor Baldwin" T-Shirts. 2. Barb, Maureen, and, Missy . . . friendship doesn't end at school. 3. Nikki Grandstrand, a homecoming queen candidate, shows us her true form. 4. Back row: Janel Resch, Beth Gatchell, Liz Stumbo, Colleen Skoglund. Middle row: Maureen Larson, Tracy Ehnstrom, Janelle Sternberg, Dawn Wyse, Cindy Thompson, Mary Jo Juekens. Front: Tracy Ernster, Wendi Conley, Cam Ring, Julie Colonna, and Chaimie Olson. 5. Band Members will always remember the day they played for the Rally and the first game of the 1987 World Series. 6. Deanna . . . What's up?! 7. Deb and Colleen — tiny bubbles in the chlorine! 8. Rick, Shelly, Jeannette, Kelly, and Schwvin . . . friends forever . . .





# Organizations



1. Jill, Shelly, Katy, and Lisa: It comes with a chauffeur? 2. Penny and Chaimie . . . remember sixth grade? 3. Scott Sherwood what a bubble head! 4. The gang basking in the sun. 5. Carleen Blanchard, a "junior" after a harsh game of "powder puff" football. 6. Tara and her blood. 7. Cindy Holsman and Liz Stumbo: true Twins fans. 8. Jill, Denise, and Nattie the good ol' days



# Seniors

AG. "Would you like  
some nuts with that?" &  
"How about Mr. P?"  
JM

To Karla, Kathy, Deb, Jenny, Tara, Amy,  
Sharyl, Jeff, Sean, Eric, Randy, Bob, Jodi,  
etc . . . It's been fun, hah?! NM

The good times start now; after  
school!

Roger, it's been cool knowing you  
since first grade. I love you! VQ

JMR Remember the  
full moon at TM's  
B/F PAH

PH Hi sis! How's our purple Patty Putt-  
Putt? Say hi to SK and EC Don't forget  
Tim!! Friends Always — The Gang

DF OOGA!!! DM

DS Remember in 4th hour last year  
how much fun we had. I'll never  
forget that class. Say hi to LH  
Good luck! MF

Mike, it's been fun our Junior and  
Senior year. Congratulations! You  
made it!!! I LOVE YOU! Julie

Hi Margie and Shari have fun in school  
next year. Senior year is Always the Best!  
VQ

Well Seniors, this is it! I wish the best to  
everyone and remember-within our hearts,  
we'll stay together forever! Good Luck! PN

DH, TC, CV, DR, FD, NC — remember — Ceder Lake,  
water balloons, Halloween, Como Zoo, and racing?! You  
guys are great! VK

We finally made it Gil and Pat.  
Now lets make it happen!!!  
How-do How-day Lets par-tay!  
Love Donna and Hol-La Love  
you Gil!

JL Thanks for being there to kick my butt.  
JM See you next year! HA! HA! From Stick

Cookie — I love you forever and always!  
Congratulations and good luck! Love Giggles

By this time, we'll know if everything has worked out: B Double  
O, Northwestern Bell, and Greg Lemond. Hope So! NW, JE,  
NA, DE(?)

DD, DJ, BN Hey Rebels Remember "O!  
Yeller!" RJ

Twins World Series — I touched Gary Gaettil, Prom  
'86, MV & FL memories, Pasadena, Volleyball,  
Yearbook — JD

Best Friends we'll always be, we'll go down in history —  
Luka

CS FLYERS ARE THE BEST! DM

MLA Remember the night of the hamburger SPLAT!!  
BAJ





# Seniors

Who threw the confetti on bus #1? TPing  
Eric's house. The UN-party DO NOT  
DISTURB AGNES IS RECOOPERATING  
Vic & Liz = BAN

CR I'll never forget Phalan Lake.  
Luv, DD

Spaz Thanks! Without you I couldn't have made it!  
Best Friends Forever! (Lets scoobie 'em always!)  
Jewels

The WW's The Wizard of Oz For Life! Lion

Kelly & Sue "Roll up your  
window!" Love Jeannette

DS Remember Duluth, Car problems, colorful metaphors  
and most of all Call! Love KE Hi Mel!

To all "Speechies": Always remember, "Speakers do  
it orally..." Just do not remember where you  
heard it! Keep communicating, LG

Thanks to NB for being my locker neighbor for three years, PJ for  
being there for me, DD you will always be my lifting buddy CB

Kev thank you for being my  
favorite guy and making the  
summer of 1987 the best one of  
my life. Beck

Fiz and Siz — From your wonderful 4th  
hour — watch out for Signund and the  
people with the keys Diz

Kenny — oh this is my favorite song in the whole world!  
and your wonderful fire breathing Fairmont that almost  
killed us all! Julz & Bubba

DJM I Luv you! Teddybear

KC, HZ, SM, SW, TK, JS We've had alot of fun times together,  
especially when we would go fishin'. You guys are great! I'm going to  
miss you guys! Love ya, Jeannette

Brad, Cricket Remember when Smokey  
the Bear was looking for us when we  
accidently set an island on fire? CS

Dave, Remember our 4th of Julys! I still see the fire works! Thanks for  
being my Sweetheart! I love you! Love Always, Deb

Its not over til its over!  
JD

Lisa  
Remember Saturday the trip to the caves  
Be home at six we went anyways  
I know that we will always have fun  
Because you are the best, you're #1  
Love Juan

KT Remember the paddleboat? (thank  
God for cheese ball buckets! We're going  
down!) "Get off the mega phone!" I never  
thought we'd get lost in the big town of  
Morris, Mn!! AG

CSk DM DJ RA KF KG SP BC KT CSe — Obsess —  
JD



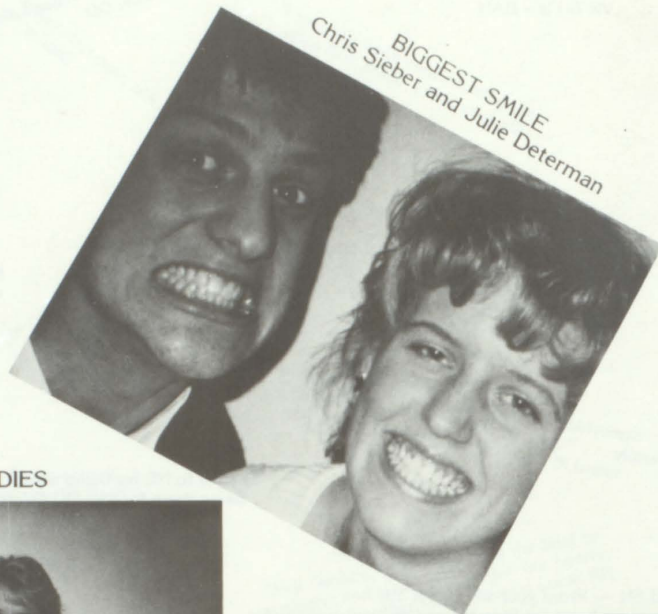


# Seniors

BEST T.P.ERS:  
Sheila McAvoy and Eric Carter



BIGGEST SMILE  
Chris Sieber and Julie Determan



BEST BODIES



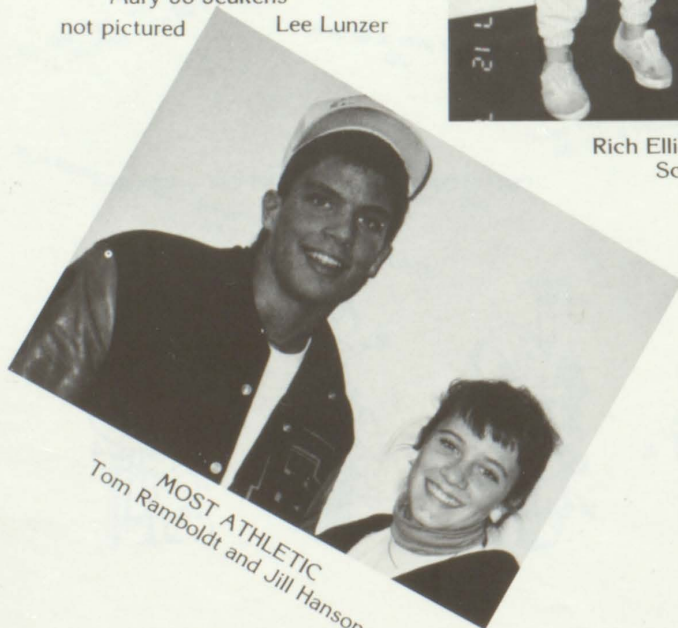
Rich Elliot and Janel  
Schmidt



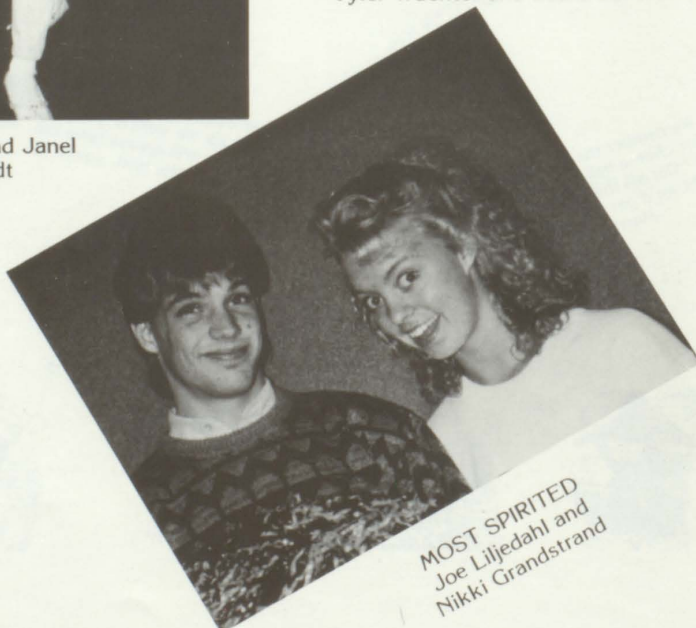
DIZZIEST  
Mary Jo Jeukens  
not pictured Lee Lunzer



SHYEST  
Tyler Wachter and Laura Lavoie



MOST ATHLETIC  
Tom Ramboldt and Jill Hanson



MOST SPIRITED  
Joe Liljedahl and  
Nikki Grandstrand

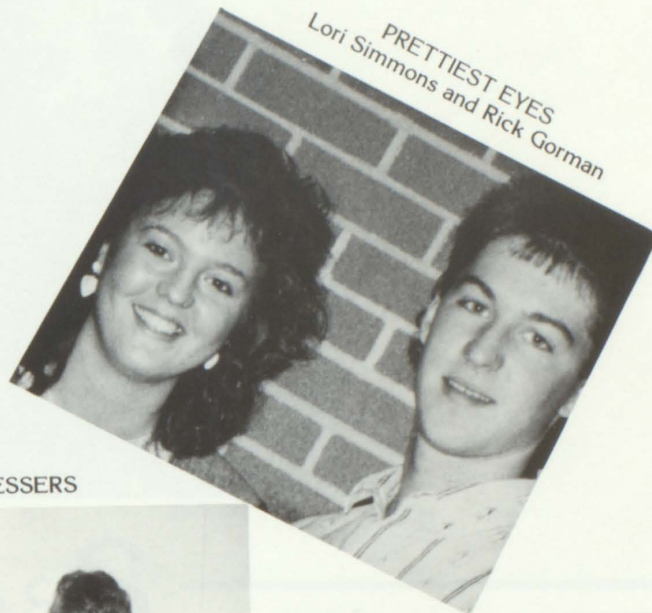


# Seniors

**MOST COMICAL**  
Jim Litchscheid and  
Lisa Brodtmann



**PRETTIEST EYES**  
Lori Simmons and Rick Gorman



**BEST DRESSERS**



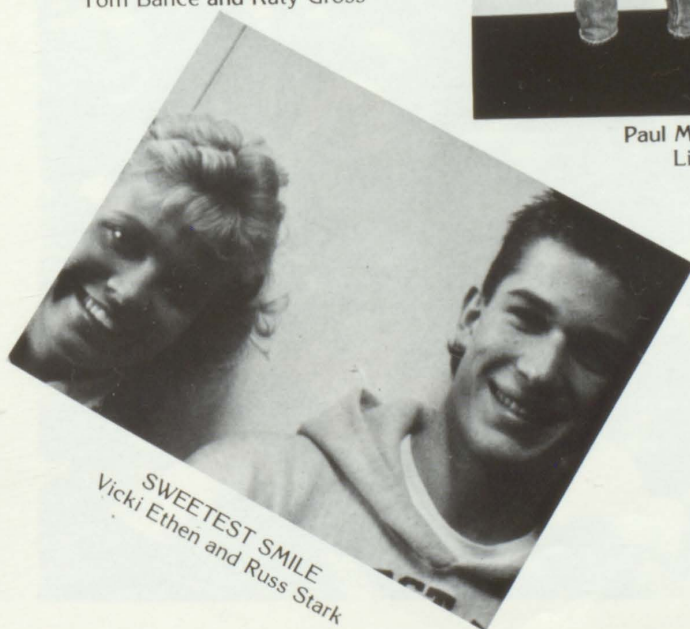
Paul Millington and  
Lisa Rose



**BIGGEST BROWN NOSERS**  
Laurie Gagner and Jeff Young



**FRIENDLIEST**  
Tom Bance and Katy Gross



**SWEETEST SMILE**  
Vicki Ethen and Russ Stark



**MOST LIKELY TO SUCCEED**  
Andy Zaske and Monica Houle



JOIN US





## — OUT OF CLASS —





# Student Life

## TWIST THE TORNADOES

**O**n Saturday morning the first signs of homecoming appeared when students painted the town windows in maroon and gold. This year homecoming week brought out the best in everyone. This proved itself true on Monday, "Slob Day" when almost everyone wore sweats or beat up jeans. Monday also started the sale of buttons with "Twist the Tornadoes" as the theme. A smaller button which was also popular had the slogan, "Yeah, like we're really scared". The same night the homecoming candidates began the first of their royal duties, they played waiter and waitress at Paddys.

Tuesday was a very important day. Not only was it "Colors Day" so seniors could show off superiority while wearing red, but the coronation that night also decided who of the lucky candidates had been chosen this year's King and Queen. King was Tom Ramboldt and the Queen was Sheila McAvoy. After coronation the traditional Snake Dance was held where the royalty torched the paper tornado. Drummers and cheerleaders, along with Tom and Sheila led the parade around the parking lot.

The celebration continued on Wednesday; "Any Thing Goes Day". Students displayed tons of creativity with outfits ranging from pajamas to Halloween costumes and the unusual prom dresses and roller skates. Thursday, plaid was the style and students wore bell bottoms and polyester from the 70's.

To end the eventful and spirit filled week, Friday classes ended early for the pepfest and parade. Maroon and Gold was prevalent as Friday was also school colors day. It didn't matter how much color everyone wore — only that they had the spirit to wear it. The pepfest did exactly what everyone expected — pumped the crowd up. By the time the assembly adjourned, the gym shook and rocked with enthusiasm. The team wasn't the only ones anticipating the game, but first came the parade. Due to the cold weather, parade goers and participants bundled up and it was a tremendous success.

Finally the big moment arrived as the tension mounted for the termination of the Anoka Tornadoes. Although our football team played hard, Anoka prevailed. However, this did not dampen spirits because right after the game the alumni dance was held in the gym with the band "Reel to Reel". At the dance were a lot of returning graduates with tales of college life. Whatever the case, fun was had by all and this homecoming week was definitely the best yet. The class of '88 went out in style.

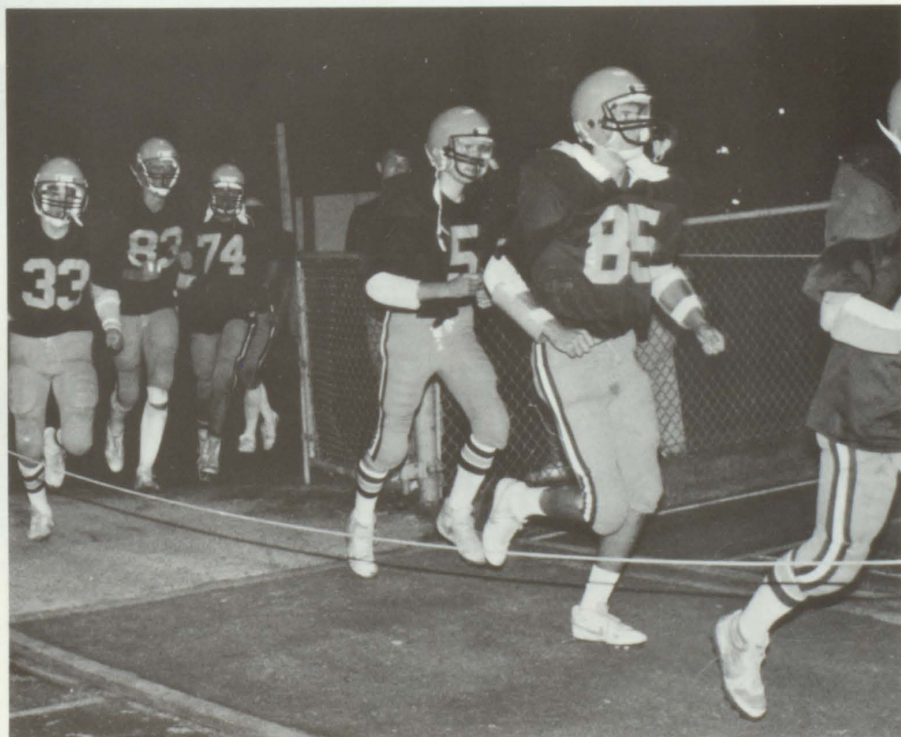


1. Homecoming signs painted on windows displayed the Ranger spirit everywhere. 2. Royalty Rich Elliot and Lisa Rose strut their stuff during coronation rehearsal. 3. Yeah!! We know we're hot! 4. Anything goes . . .





# Student Life



1. Tornadoes go up in flames. 2. FFA with the winning float. 3. CONGRATULATION !! 4. Anoka beauties . . . ? 5. The Men, heading for the storm.



# Student Life



1



3



2



4

1. Scott and his "dream" car. 2. Joel, Tom and Denny . . . **WILD!** 3. Craig, what a van! 4. Parking lot is crowded with cars of all makes and model. 5. Dan, isn't that your parents car? 6. Jim and his car. You touch it, you die!



5



6

## BOYS AND THEIR TOYS



# Student Life

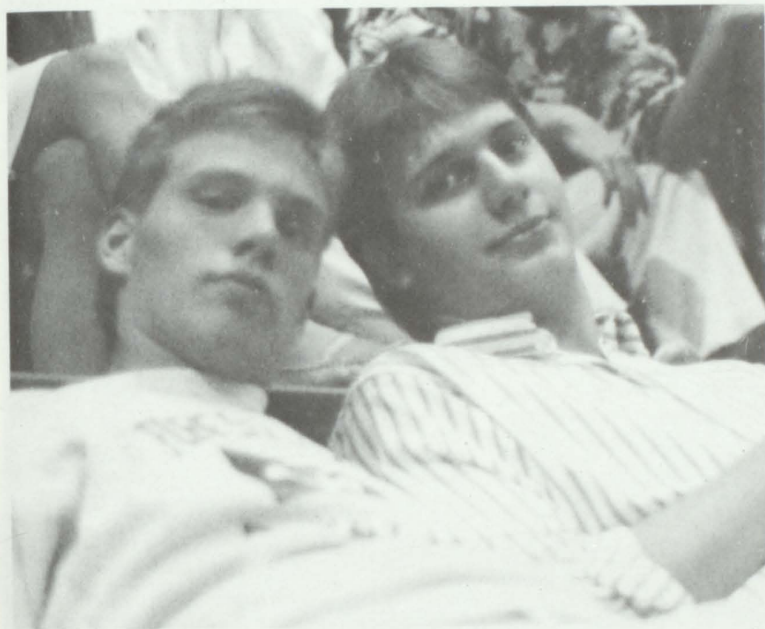


1

## FRIDAY NIGHT

**I**t's Friday night, 8:00pm, where are you? At home watching Miami Vice? Working the evening shift at Super Value? Or with a group of your favorite people watching the boys varsity basketball players defeat their latest opponent? Yes, the home side stands are packed with a sea of maroon and gold. Proud parents cautiously seat themselves at a distance from the energetic fans. You and your friends help the team along to victory with screams of support. After the game, everyone piles into a car and tear out of the parking lot. Next stop: Hardees. As you walk in from the cold, the warm smell of fried food tantalizes your tastebuds. You place your order, a bacon double cheeseburger, fries, and a coca-cola. Bringing it back to your seat everyone helps themselves to your fries, but you don't mind. Tomorrow is Saturday, and you can do the same thing all over next week.

1. Students crowd the stands for the basketball games. 2. Dan Johnson and Craig Conner relax by watching the J.V. game; their turn is next! 3. Students aren't the only ones at the games. Parents are faithful fans also. 4. Another basket for FL and the stands go *wild*!



2



3



4

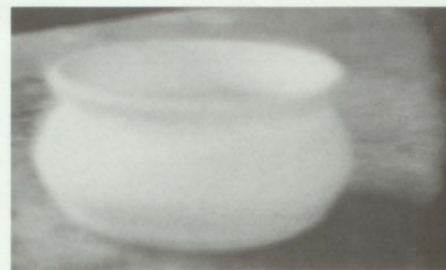


## Arts promote creativity

**M**any students' creative juices have flowed in the art room. May it be in painting, weaving, or ceramics, students have put forth exotic art pieces, with character and depth.

Some students this year put their art work on exhibit in competition and have done well. Though competitions were few, there was always someone participating. These students put in countless hours to try to make the image they want to project, a lasting impression.

Art is an indepth field that should be respected as an experience that is valuable and enriching to all.



1. Andy Law, the name says it all . . . 2. Pottery is one of the many ceramic pieces you could create. 3. Patience is a virtue when weaving fabrics. Right Julie? 4. Beth Maki's dolphins are swimming solo in the moonlight as the painting stands alone. 5. Studying his painting carefully, Joe, concentrates on his next move.







Fellowship of Christian Athletes



## MAKING A DIFFERENCE

**“W**here is my life going? Why are things the way they are? What can I do to make a real difference? These are questions many teenagers ask. And some find the answers in groups such as church youth groups, Young Life and Fellowship of Christian Athletes.

The students involved in these organizations find support, fellowship and a lot of good times. Christmas parties, “game night” and early morning breakfasts draw people together in close-knit groups and bond lasting friendships. These groups also serve the community in many ways. These students have learned to make a difference in their lives and the lives of others.



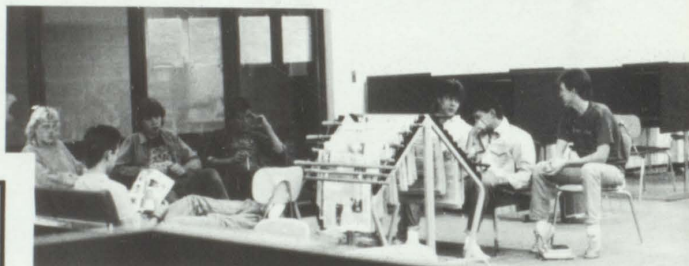
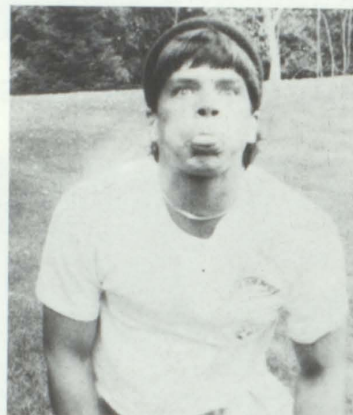
St. Pete's Youth Group





# Procrastinate

1. Daydream
2. Dust your shelves
3. Take dog for a walk
4. Watch the clock
5. Go shopping
6. Rewind all your tapes
7. Clean out your car
8. Read a book
9. Exercise
10. Take a bubble bath
11. Hose down the driveway
12. Apply to Harvard
13. Talk to your teddy
14. T.P. S.M.'s house with E.C.
15. Memorize the Trivial Pursuit cards
16. Sew clothes for your dolls
17. Go to a party
18. Take a nap
19. Plan your honeymoon
20. Watch the grass grow
21. Call your friends
22. Polish shoes



## SENIORITIS IS . . .

. . . racking your brain for a reason to go to school on a cold, Monday morning and not being able to find one.-Beth Schumacher

. . . the pacing of a caged tiger.-Jim Campbell

. . . the irresistible urge to throw bunsen burners at various school officials from a position of great heights . . . -Monica Houle

. . . an inevitable fact of life.-Marni Olmstead

. . . the unwillingness to get up for school, and the willingness to party.-Debbie Steffenson

. . . the inner satisfaction of having conquered the system!-John Ostrand

. . . it's the excitement of fun, with friends in the sun, knowing that your schooling is done.-Greg Larsen

. . . the realization that going to school doesn't necessarily mean going to class.-Sheila McAvoy

. . . realizing that there IS life after high school and it's better!-Andy Zaske

. . . is a simpler but more annoying form of brain fry.-Anon.

. . . having a really good idea for what senioritis is but not caring enough to write it down.-Becky Johnson

. . . It is . . . it is . . . it is the lack of concentration due . . . due . . . due to years and years of . . . of . . . of months and months of . . . of hours and hours spent doing busy work, work and something. Oh well, I can't remember, ask me in two years, or maybe three.-Michelle Altavilla

. . . the ability to say "I have enough credits to graduate," I've been accepted to the college of my choice, I have a black leather jacket, and a shiny black mustang. I don't care WHAT happens anymore!-Babus

. . . the ecstasy enjoyed when burning reams of college mail.-Black Sambo Blons

. . . the fun of putting subliminal messages in ALL of your essay tests . . . -A.P. English, 1st hour

. . . when you finally know how to break all the rules!-Maura Madden

. . . falling on the floor and not noticing. Then, when you notice, you don't care.-Anon.

. . . is something very much like arthritis. It starts in the hands — stopping you from doing homework and your assignments. Then, it spreads up to your arms — until you can't carry any more books home anymore. From there it travels to your legs — making it harder and harder to get to your classes. Finally, it reaches your head — and you want OUT!!!!-Jim Lichtscheidl

. . . the irresistible invitation of spring . . . -Cyndi Rapacke

. . . the fear of real life-Jim Vollhaber and Jeff McKinney

. . . the biological warning signal telling us that the fun is coming to an end.-Jeff Young

23. Make your bed
24. Look at old pictures
25. Try on new outfits
26. Balance your checkbook
27. Iron your clothes
28. Drive through Hardees parking lot
29. Practice pictionary
30. Hypnotize your canary
31. Lay on the beach
32. Write poetry
33. Take out the garbage
34. Vacuum the driveway
35. Read travel brochures
36. Water the plants
37. Write the words to your favorite song
38. Eat
39. Hang up posters
40. Jog
41. Knit a scarf
42. Make a new dish with leftovers
43. Make a list of all the movies you've seen
44. Recycle your pop cans



# With 88



45. Listen to new radio stations
46. Decide on names for your kids
47. Flip through old yearbooks
48. Loaf in the library
49. Drive down Hennepin
50. Order a Dominos pizza
51. Feed the rabbits
52. Clean your glasses
53. Watch MTV
54. Play the piano
55. Clean out your drawers
56. Paint your nails
57. Calculate the value of the dollar in 1998
58. Alphabetize the books on your shelf.
60. Play solitaire
61. Read your diary
62. Make your Christmas list
63. Read the Enquirer
64. Define the perfect mate
65. Write a letter
66. Sort your socks



67. Check to see if the mail has come
68. Practice dancing in front of the mirror
69. Call time/temperature
70. Experiment with makeup
71. Beat up little sister or brother
72. Windex windows of car
73. Count your calorie intake
74. Try on swimsuits
75. Make a bag lunch for tomorrow
76. Recalculate your GPA
77. Write a letter to the President
78. Wax your car for a "hot" date
79. Make sure the sprinkler system is working
80. Make cookies
81. Calculate the cost of college for your kids
82. Practice kissing with a pillow
83. Rent *Dirty Dancing* for the tenth time
84. Make a list of the things to bring to college
85. Rearrange the furniture
86. Make sure your Prom dress still fits
87. Plan your summer vacation
88. Count the days until GRADUATION!!!



# SNOW WEEK

Food eating contests, Medallion hunt, theme days, Variety Show, Basketball game, "TOO BLUE," those were some of the activities that made the 1988 Snow Week Memorable.

It all started Monday, Sweats Day. Instructions were to "get out of bed, and come casual." Comfortable sweats were seen throughout the halls and classrooms. Red, white and blue reigned super on Tuesday, Olympic day. But due to the Presidential Caucuses, the Winter Games were cancelled for that night. Wednesday, the brave and daring appeared in their long johns. Thursday was Concert T-shirt day and Friday Safari!

Pudgy chicken, jello slurping through a straw, popcorn eating and pudding-through-nylon-masks were the eating contests held during lunches that week. Both entertaining and messy, the adventurous contestants were urged on by cheering crowds.

Thursday night was the long awaited Variety Show. With a total of acts ranging from bands to skits, it was an action packed evening for all those who went.

After defeating Anoka 75-58 in Boys Varsity Basketball, the cafeteria rocked with the sounds of "TOO BLUE." The live band kept everyone on their feet and moving to the music. They played current songs from Tiffany and U2 along with their original material. Dancing the night away was a perfect way to end the week.



1. One of Young Life's skits. 2. Boppin' 3. Kaleen in her long johns. 4. TOO BLUE provided the music for Friday night's dance. 5. Soo chic! 6. Introducing Too Blue! 7. Before the dance even started, these guys were having a ball. 8. displayed her talent at the Variety Show. 9. Pudge Chicken contests at lunch . . . how many do you have in your mouth?! 10. Chris singing a original song at the Variety Show. 11. The Tornados were twisted when we won the home basketball game.







5



6



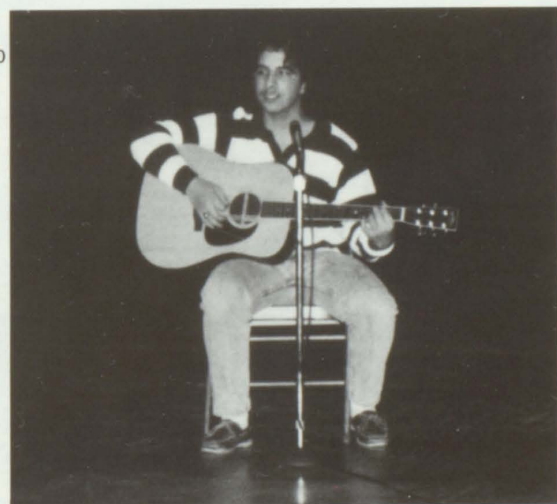
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8



9



10



11





JOIN US





## AFTER CLASS





# Organizations

## STUDENT COUNCIL

“Organizing and running student activities and representing the student body”; that was the purpose of this years Student Council. In the spring of '87, the thirty member; ten from each grade, were elected by their peers. The group, lead by five officers, met for one hour every Tuesday in order to successfully plan and run their many activities and events.

The Student Council duties began immediatly with the “Back to School” dance. Soon after was Homecoming Week. Council members were in charge of everything from deciding what the dress codes were, the dinner at Paddy's to the dance after the Friday night football game. But it did not end there. The rest of the year was spent with other events: the College Fair, the Blood Drive, Elf-o-grams, and Snow Week to name a few.

Threw the concession stands and dances, Student Council raised money that was used to purchase an electronic “tele-sign”, help finance the Variety Show, provide scholarships, and for any other organization that was in need.

The Council members worked hard to make this year exciting. They have alot to be proud of. But it wasn't all work and no fun! Remember the hay ride where Eric ripped his pant leg? Or these unforgettable quotes: “What hour is the meeting?”, “Will you *please* shut up!”, “Chas . . . sit down!”. Work or fun, the 1988 Student Council fulfilled its purpose. For the entire student body, the memories will linger on.



1



2

1. Discussing future plans. 2. Student Council gathers once a week. 3. Josh, The Chair recognizes you!



3



FRONT: Rich Elliot, Sheila McAvoy ROW 2: Josh Fedderly, Katy Gross, Andy Zaske, Kim Shaw, Lisa Olson, Christy McEnerney ROW 3: Mike Knott, Laura Boyd, Jessica Wahlberg, Katie Nord, Michelle McClure, Jason Grandquist, Travis Galleberg, Amy Newman, Monica Houle BACK: Chas Mastin, Nathan Ostertag, Jeanna Lowe, Scott Parnham, Barry Olson, Angie McCullough, Lisa Rose, Eric Carter, Cricket Osterbauer, Bill Mastin, Chris Sieber, Brad Fritz, Andy Law

STUDENT COUNCIL OFFICERS Laura Boyd — vice president, Kim Shaw — secretary, Sheila McAvoy — treasurer, Andy Zaske — president, Chas Mastin — parliamentarian



# Organizations



ABOVE After school, Laura Boyd enjoys popcorn from the concession stand. LEFT Calvin, you need \$.50 to buy a can of pop!



SENIOR CLASS COUNCIL: Jim Lichtscheidl, Eric Carter, Russ Stark, Penny Ness





# Organizations

## CHOIR

"The thirds come in two sizes, Minor . . . Major . . ." was a familiar warm up to choral members. Their director, Jim Lindstrom, spent many long hours with the dedicated singers to prepare them for many different events. The three choirs performed the traditional Christmas concert entertaining both students and the community, then with their biggest production Gloria, in the spring. But the highlights of events started to come when they had the honor to perform at the Twins Season Opener as pre-game entertainment, with the Marching Band. Then in November, the Chamber Choral sang the National Anthem for a Vikings game. At the end of February, the Chamber Chorale then performed at the State Festival. All in all the choirs had an extremely busy and exciting year.

Later in April, Forest Lake was honored to host the annual State Solo and Ensemble Contest. Singers from all over the conference compete for "Star" or superior ratings. Which our Choir members have always done extremely well and this year was no exception.

At the end of May, there was the annual "Pops" concert. Songs came from top hits of today, commercials, 50's, or Broadway; entertaining the audience to the fullest intent. Finally, coming down to the end of the year, many students have stored up many memories of this years choir. Like, September, October, November . . . "Hey, J.L., when are we going to do the Nickolodeon!!" or quizing the subs, "When is J.L. going to be back? He's always campaigning for MEA president!" For the Choir Members, there will always be their own special memories, but they will always remember those times in the Choir Room . . .



CONCERT CHOIR Front: Margie Pebert, Sarah Miron, Anna Schappi, France Cournoyer, Lisa Yezek  
2nd row: April Edstrom, Nichole Havley, Mary Laws, Missy Erickson, Krista Wassman, Jami Peterson,  
Jodi Christenson, Kris Nelson 3rd row: Tracy Ernster, Shannon Long, Tony Jensen, Donna Shoberg,  
Heidi Kertzcher, Lou Ann Zacardi, Natalie Schuler, Gerry Milkos 4th row: Melody Julich, Becky Olson,  
Michelle Altavilla, Heather Wiede, Ann Hennen, Tami Currau, Brenda Martin, Leslie Gioun, Julie Picelle  
Back: Kevin Carter, Mark Tschida, Chris Thayer, Pat Lynch, Matt Gardner, Ben Clark, Mark Seiber,  
John Lebouf, Travis Onell, Dwayne Benson, Jason Foard, Rob Olson



1



2



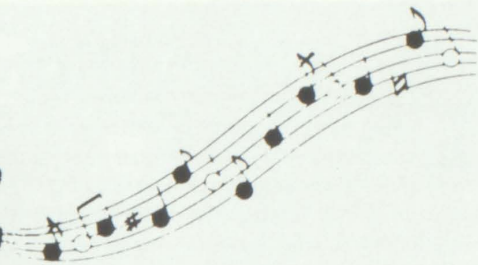
1. Standing up gives posture to sing better. 2. Sing and Sway . . . 3. Marc and Ben idea of singing is yodeling.



SOPHOMORE CHOIR Back row: Gretchen Peterson, Reggie Krueger, Debbie Hanson, Kim Edgerton, Lynda Lendbeck, Holly Seekel, Kris Lykke, Linda Leroux, Pam Williamson, Connie Sofie, Billi-Jo Wolff Front row: Kirsten Henzlik, Beth Elmstrom, Ginger Swanson, Becky Nelson, Amy Pogreba, Andrea Rasmussen, Laura Theroux, Heather Gordon, Pam Engebretson, Jenny Snelson, Kris Dahl



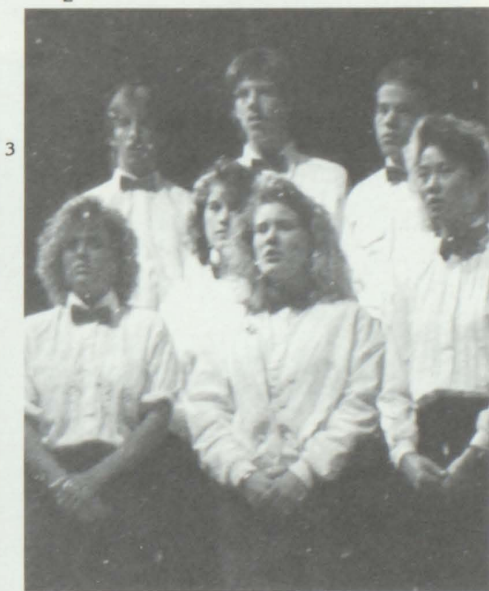
# Organizations



1. Trips are exciting . . . aren't they Theresa?! 2. Jammin' J.L. looks calm to me. 3. Practice is so much FUN! 4. Open wider . . . Ah!



CHAMBER CHORALE Back: Lynn Maleck, Andy Zaske, Jason Medvec, Stacy Johnson, Greg Straka, John Lynch, Jim Lichtscheidl, Mike Knott, Nicole Grandstrand, Paula Holter, Chris Seiber Front: Nikki Bass, Shelia McAvoy, Marci Huttner, Brian Hammes, Angie Nusser, Theresa Burros, Amy Czape, Lori Simmons, Colleen Skoglund





# Organizations

## THEATRE

**L**ights, camera, action . . . FLHS's stage saw another exciting year: the fall musical "Joseph and the Amazing Technicolor Dream Coat", "Limbo", the one-act, and the spring play. They brought students dancing in the isles and on the edge of their seats. "Joseph", based on the Biblical story of Joseph and his coat of many colors. "Limbo", on the other hand, found eight people caught between heaven and hell. Students, on and off stage, spent many hours rehearsing, designing, set/costumes, and tuning up. Their advancement to regions proved that their dedication paid off.

Though the end of the school year did not bring an end to long, tiring rehearsals. During the summer months several students continued developing their theatrical talents and abilities through the community theater "Masquers' Theater Company". Ever since Masquers' first started, FL High School students have taken part in their shows. Student were seen on stage in "Arsenic and Old", and "Guys and Dolls" to mention a few. FLHS'ers were also found backstage for "Oliver" and "Legend of Sleepy Hollow." Forest Lake's casts and crews have always been outstanding-this year was no exception. For these students their "life is a stage"!



Above — ONE ACT PLAY CAST  
Back: Miss Gille, Nikki Grandstrand, Randy Funk, Cricket Osterbauer, Chas Mastin Front: Shelia McAvoy, Angie Nusser, Chris Sieber, Dominic Vecchiollo, Kris Ulrich Right — Joseph fortells the dreams of cellmates, Baker and Steward. Left — Will the real director step forward..Miss Gille!!



JOSEPH AND THE AMAZING TECHNICOLORED DREAM COAT CAST AND CREW Front: Sebastian Lesche, Kerry Flandland, Barb Storm, Kevin Williams, Nandy Miller, Nick ?, John Beck, Jason Kolodjski, Melissa Smallman, Jenny ? Row 2: Heidi Kertzsch, Kris Ulrich, Nancy Morton, Cricket Osterbauer, Jane Gilles, Linda Black, Dawn Oase, Becky Johnson, Kelly Larson Row 3: Marcie Huttner, Nikki Bass, Ben Clark, Bryan Hammes, Sheila McAvoy, Angie Nussuer, Nikki Grandstrand, Beth Elmstrom, Mike Knott, Laurie Gagner Row 4: Dominic Vecchiollo, Angie Prchal, Michelle Hughes, Lynn Malek, Craig Prosser, Tod Johnson, Tom Edelen Row 5: Andy Zaske, Marc Sieber, Katy Gross, Jim Lichtscheidl, Joe Liljedahl, Chris Sieber, Kiersten Moratzka





# Organizations



2



4

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3



6

1. The adoring girls Laurie, Marcie, and Beth sing their praises to Pharaoh's #2. 2. Is that desire that we see in the eyes of Katy and Nikki as they take a double look at the 'rappers' Tom and Jason. 3. Enough lounging Chas! 4. Marcie! ... LATE night practices aren't that fun. 5. Michele Scott and fellow actor, Carlen Gilseth prepare for the summer production of "Guys and Dolls." 6. Oooow ... baaaaby! Jim Lichtscheidl tests the limits of his vocal abilities with his portrayal of Elvis. 7. Joseph's brothers triumphantly celebrate his death with a song, "There's one more angel in heaven."



7



# Organizations

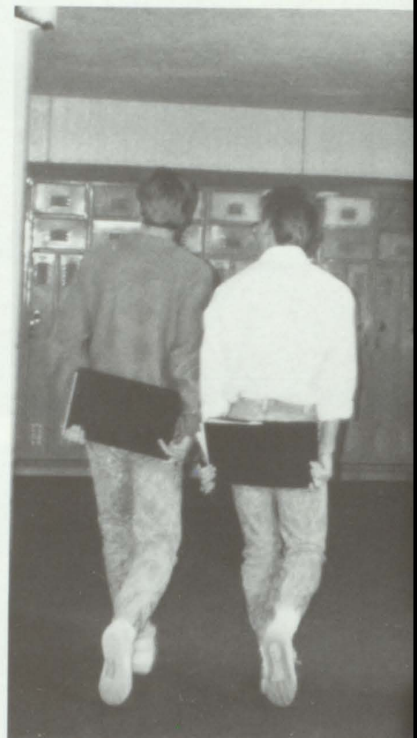
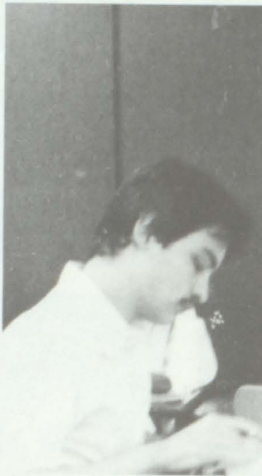
## DEBATE

**“R**esolved: that the United States government should adopt a policy to increase political stability in Latin America.” Quite a mouthful — but the Forest Lake Debate Team tackled this year’s debate topic with hard work and style, with astounding results.

During a long regular season stretching from the first invitational at Wayzata High School on October 10th to the final tournament, the Watertown Speech Fiesta, January 22 and 23rd, Forest Lake debaters consistently proved themselves to be among the top in the tri-state area, bringing home over thirty well-earned trophies in Novice, JV, Varsity and Lincoln-Douglas divisions.

Lincoln-Douglas and Varsity debaters went on to earn state honors during postseason competition. LDer, Chas Mastin placed 3rd at the Lincoln-Douglas State Debate Fiesta. Co-captains Adam Blons and Monica Houle swept Regions, defending the championship with an undefeated record. They were joined by FL’s other Varsity team, Christy McEnerney and Cyndi Rapacke, who placed 3rd. At State, Blons and Houle, seeded second, advanced to octofinals, where they were upset by a team which later went on to the championship round. The loss was later avenged, however, when Blons and Houle once again were undefeated, this time at National Qualifiers. Their first place finish earned them a spot at the National Forensic League National Tournament in Nashville, Tennessee this June. They won’t be the only FL debaters to make the trip — Mastin is attending in Lincoln Douglas, as well. Tracy Winge qualified as an alternate LDer.

How did this team achieve such a successful season? “It was a team effort,” said Co-captain, Monica Houle “We couldn’t have done it without everyone’s help, from the librarians and janitors, to our coaches, and each other.”



1. Monica, eyeing ... Tony's medal 2. Jerome prepares carefully for his next argumentation. 3. There's more to watch than debate rounds at the state tournament. 4. Adam and Carrie — A debate romance flourishes. 5. "When you are a Flake, You're a Flake all the way, From your first file box, To your last briefcase." 6. "On the way to state."





# Organizations



1. Ohhh, Adam!! 2. Monica Houle, Christy McEnergy, Cyndi Rapacke, Adam Blons, Ms. Sunne . . . Polo man look out! Nationals here we come! 3. Chas and Tracy breathe a sigh of relief after a tough competition. 4. Trust me, you are set, you are awesome!!! 5. Debate teaches great organizational skills.



BACK ROW: Coach Sunne, Chas Mastin, Sheryl Hollingsworth, Michele Johnson, Darin Matheson, Chris Gorton, Willy Raatz, Kim Shaw, Janelle Daniels, Sarah Maefsky, Steve Kult, Tracy Winge MIDDLE ROW: Jennifer Madden, Matt Sandager, Wendy Edelen, Jerome Raymond, Cyndi Rapacke, Cindy Capaul FRONT ROW: Chris Graff, Carrie Norbin, Adam Blons, Heidi Kijenski Not Pictured : Christy and Monica



# Organizations

## SPEECH TEAM Sweeps Stakes in State

**T**he Forest Lake Speech Team — you've come a long way baby! The Forest Lake Speech Team has blossomed from the small bud it was to a full grown rose of persistence, talent, and achievement. The reasons for their success can be defined with the 3 D's: **Determination, Dedication and Debbie Bendix!** Although these are definitely not the only factors in a successful speech team, they are the major contributors here, with these three important ingredients, the speech team manages year after year to overcome obstacles in their way. This year showed a special challenge — the team was faced with many new sophomores and new faces. The team pulled together to work hard and defeat their number one enemy — the fear of public speaking. It's really amazing to see each year how much they really are a team. Not only in speech, but in the unity they all feel. Every person is an active member and puts forth 110% for their team. Unlike many sports where some very talented kids sit on the bench, not able to "show their stuff" the speech team does exactly the opposite. They are a Team, plain and simple, where every member contributes to their success. So it should come as no shock that they continue to be one of the finest speech teams in the state.



1



2



3

“Excellence the goal . . . Winning the bonus!”



1. Co-Captains Chris Sieber and Laurie Gagner proudly contribute to the team's success with their first place honors. 2. Exercising powerful public speaking gestures, Sara Larson persuades her audience. 3. First year speaker, Craig Prosser, portrays his character, Wilber.

Row 1: S. Kult, S. Sampson, H. Kijenski, L. Lavoie, K. Ulrich, K. Supinski, J. Boeck, T. Winge Row 2: T. Peterson, C. Graff, K. Staub, J. Madden, C. Norbin, A. Nusser, S. Johnson, C. Mastin, J. Kolodjski Row 3: N. Ostertag, L. Gagner, J. Crandall, M. Falzone, J. Lichtscheidl, K. Overbo, S. Hollingsworth, J. Wahlberg, C. Osterbauer, M. Houle, C. Rapacke, C. McEnerney Row 4: T. Jung, M. Hughes, T. Edelen, D. Matheson, C. Gorton, D. Vecchiollo, G. Swanson, K. Shaw, W. Ratz, S. Larson, M. Knott, K. Moratzka, B. Eisenpeter, C. Sieber, C. Prosser, B. Clark, L. Olson, A. Blons



# Organizations

"The mind is a wonderful thing. It starts working the minute you're born and never stops until you get up to speak in public." (Anon.)



1.

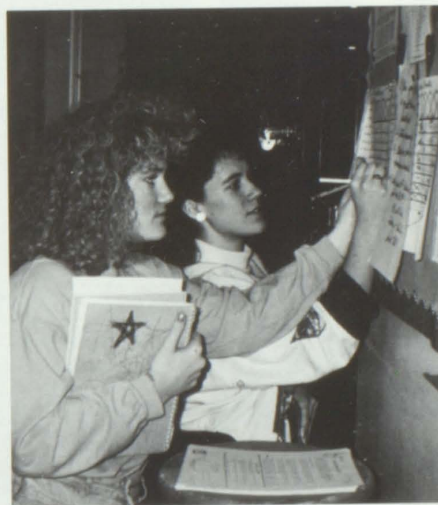


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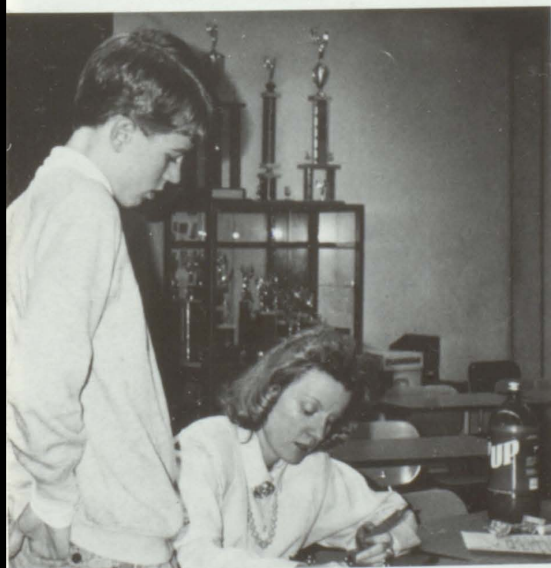
1. Tracy Winge practices her original oratory on the topic of diplomatic immunity. 2. Linda Heinze, Susan Novak, and Deborah Bendix make up the speech team's fine coaching "threesome". 3. Heading for Southwest State University in Marshall, this charter bus was a special treat to the speakers. 4. The speech callboard attracts many eager-to-work speakers to sign up for practice time. 5. "One on one coaching" plays an important role in the team's accomplishments. 6. The FL speakers support each other every step of the way.



3.



4.



5.



6.





# Organizations

## BAND

**F**or 1987-1988 band members, last year's Pasadena trip was only the beginning — an event that opened the door to many new and exciting opportunities. This year's highlight was the performance at the Twins' World Series Opener.

After a summer of marching they returned refreshed and eager to begin a fall season of marching. Their hard work and persistence paid off as phone calls came from as far away as Japan. With such events as playing at the Vikings' game, Christmas concerts, ensemble contests, pep-band, and homecoming, the band was always on the go perfection their musicianship.

However, nothing could compare to the phone call inviting them to play at the TWINS' Welcome Home Rally. Many also had the privilege of performing at the World Series Opener. Excitement mounted as members patiently awaited their arrival and lots of smiles appeared as many tried to hide their nervousness. Pleasing such a big crowd was hard, but once again the band pulled together and came through bringing delight to the eyes and ears of the crowds.

Under the direction of Richard Hahn and Barb Storm, excellence was demanded and improvement made. To be part of the band, you had to be able to get along well with and respect fellow band members; their accomplishments and mistakes.

Getting along was not a problem as this year's bands were a tightly knit group of individually talented young people. Members grew personally and really developed a greater appreciation for music. As one student sums up the year, "We've all grown so close and supportive of each other and that's what it takes to be a great band."



1



2



3



4

5. Lynn Mansmith and Maria Falzone soothe their nerves with a game of cards before the Twins' show. 2. Taken by surprise, Kathy, Julie and Dan eagerly await the arrival of the home basketball team on the floor. 3. Final preparations are made before the real thing. 4. During the Vikings' half time show, the band created this flower design with utmost perfection and style. 5. At the Twins' opener, Scott Perry proudly presents his priceless homer hanky. 6. Jeff tries vainly to fake it.





# Organizations



1



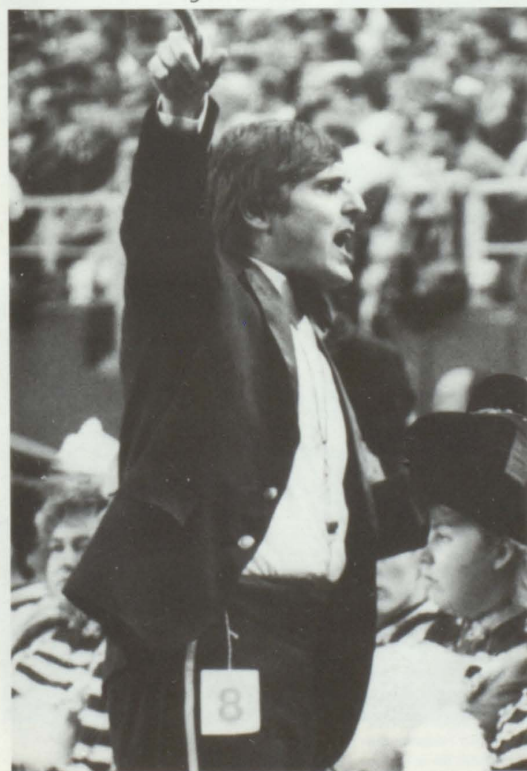
2



3



4



8

1. Dressed in festive green and red, Wind Ensemble members successfully complete another concert. 2. Flag Corps members display pep and excitement just before the homecoming game. 3. Memories . . . They won't soon forget the privilege of performing at the Twins welcome home rally, or shaking hands with players, Puckett, Gaetti, and Brunansky. 4. Friendships are one of the biggest reasons for the closeness of this band. 5. Mr. Hahn raises his voice to be heard over the decibal-breaking crowd. 6. According to Tod Peterson and Chris Rye, pep band is the definite highlight of their weekend. 7. Miss Storm, in full-uniform, happily prepares to give instructions.

6





# Organizations



## Wind Ensemble

Back: Sebastian Lesche, Jeff Hoffman, Mike Knott, Kerry Fladland, Dan Becker, Dan Schultz, Cyndi Rapacke, Julie Determan, Mr. Hahn, Josh Fedderly, Steve Storkan, April Steiner, Jill Stenberg, Valerie Taylor 3rd Row: Kendra Osterkamp, Dori Dufresne, Janelle Daniels, Jean Whitney, Sheri Johnson, Brian Rigwald, Jason Bergerson, Tom Edelen, Mark Lee, Jenni Sell, Jeff Smith, Heidi Munthe, Steve Isaacs, Jason Kolodjski, Scott Perry, Jeff Bromert, Dan Zemke, Brad Lindeberg, Sherry Stepka, Chris Rye, Tod Johnson, Pat Brown, Rich Elliot, Brent Muchow 2nd Row: Mike Hackbarth, Sharyl Erickson, Patty Bergum, Becky Ekdahl, Craig Peterson, Jodi McKenzie, Derek Johnson, Heidi Butler, Janelle Proulx, Sara Maefsky, Lisa Determan, Kevin Williams, Marney Burow, Michelle Hughes, Abby Lay, Julie Morris Front Row: Kathy Taylor, Jenny Maether, Kirsten Erickson, Nancy Lichtscheid, Jean Crandall, Karla Ingvalson, Jessica Wahlberg, Becky Coleman, Kristy Ostrowski, Maria Falzone, Lynn Mansmith, Lisa Engen

## Symphonic Band

Back: Nandy Miller, Stacy Wacholtz, Matt Sather, Ray Dolfay, Pete Humphreys 3rd row: Ms. Storm, Steve Kult, Tim Zaske, Mark Sechrist, Lisa Frost, Doug Oase, Kathy Dickey, John Luger, Mike Stoehr, Dan Bryngelson, Wayne Sandberg, Vicki Fredrickson, Tom Paffel, J.P. McGeary, Braynt West, Todd Schaudt 2nd row: Sheryl Hollingsworth, Sandy Nelson, Michelle Haworth, Amy Gessner, Jackie Runeberg, Shannon Crohn, Wendy Peiffer, Mallory Locke, John Masteller, Elizabeth Haines, Kathy Nelson, Jane Lambertson Front: Susie Arndt, Dawn Oase, Shelly Powers, Kris Ulrich, Deanna Rohe, Chris Thueson, Carlyn Halek, Lee Streitz, Shannon Sullivan, Heidi Kijenski, Angie Lendway, Darlin Perez, Kim Magnuson



## Concert Band

Back: Angela Friend, Joe Dufresne, Julie Penton, Debbie Ames, Dan Heineman, Mr. Hahn, Teri Gagnow, Tom Coulter, Matt Kramer, Jim Gaiovnik 3rd row: Connie Pastorius, Lisa Pankratz, Linda Streitz, Leah Kranick, Amy Parker, Linda Kazmierczak, Trish Riley, Amy Hunt, Greg Bianco, Jeanna Mertes, Andrea Bakke, Brian Clark, Matt Blackford, Sue VanCleave, Debbie Brown, Jeremy Minner, Bill Headley, Eric Powers 2nd row: Mara Zderad, Tricia Lendway, Cheryl Doebbeling, Corie Rheault, Jean Klein, Nikki Myrvold, Bill Abler, Jason Grandquist, Karla Ede, Brenda Rudenick, Angela Malley, Tracy Leroux, Pennu Anderson, Rhonda Litke, Pam Dickman Front: Jenny Haworth, Kaylene Houle, Mary Jo Jeukins, Melanie Steven, Karen Blocher, Angela Osgood, Nicole French, Kim Thurnbeck, Dominic Vecchioli, Wendy Edlund, Li Stumbo, Jody Graba

## Varsity Band

Back Row: Ms. Storm, Jason Flinn, Mike Monson 3rd Row: Jeff Collins, David Steindl, Rich Inott, Kenton Sogge, Amy Muller, Scott Runnigen, Boyd Ingvalson, Robb Turbevill 2nd Row: Missy McCann, Danille Lund, Nancy Jergens, Sue Engel, Nancy LaCasse, Kelly Hammons, Tracy Schlichenmaier, Tami Srock, Sherri Hochin, Sherry Roskowitz, Nancy Hanson, Toni Blake Front Row: Jeanne Allen, Rita Anderson, Gayle Deick, Jenny Rietz, Kelly Daugherty, Lori Book, Jean Schroeder, Sara Hegsted, Amy Determan, Julie Ryan, Heidi Proulx





# Organizations

Anna Sahl  
Sweden

A dream came through, and it is always difficult to imagine how a year in a different country will be. Things are different; language, people and school. One of my very first impressions was how important school is to the students. Maybe not in learning and study skills, but in afterschool activities, football games, pep rallies, homecoming, school dances and friends. To you this seems as normal school events, but to me, it has meant a lot and given me wonderful memories to bring home with me and that will always be there to help me to remember friends and Forest Lake.

Scott Parnham  
Australia

It's so hard to say goodbye. I came to school in February of last year not really knowing what to expect. I am leaving knowing that Forest Lake means so much to me. I feel proud to say that Forest Lake is my second home. A home that I hope to return to someday.

I have experienced what many people dream of, in fact, I have often wondered if I am dreaming, and I'll roll over, fall out of bed, and find myself back at home. I have graduated from an American High School, paddled the Boundary Waters, walked the streets of New York, and in Washington for Independence Day. I've been to Disneyworld, watched the Minnesota Twins win the World Series — for Minnesota. I even

played football (a long time dream of mine) and was a cheerleader. (Boy will I have stories to tell my grandkids in years to come.)

But most importantly, I have made some very fine friendships. Friendships that will always bond me with Forest Lake. At the beginning of the year I was asked if I could live in the U.S. I said no, now without hesitation I say yes. I feel a part of the community. So you may have laughed at the way I spoke, but you are the ones that talk with an accent!

In Australia we hear so much about the brash, rude American. I know that you don't fit that mold. You are compassionate, friendly, and extremely helpful. I have found living here very rewarding. I owe so much to the Forest Lake Rotary Club; the members and I have

developed a great bond. They are very special to me.

In conclusion, I'd just like to say that despite what people may say, Forest Lake and Minnesota are tremendous places to live. There is a warmth and spirit that bonds you together. I am glad that I experienced it. Thank you so much.

Jose Barcala  
Spain

Spend a year in the United States! It seemed to be a dream, but it came true. And here I am, trying to live and enjoy the life like a real American guy. I'm sure I will never forget my experiences. They are some of the most exciting of my life so far. When I very first came here, everything was new and surprising. The first day of school I got lost in the halls. I was mixed up . . . But everything changed. I could speak better and better. I met new people and enjoyed many sports. Now I am perfectly adapted to my new life and I wish I would never have to leave this fantastic town, Forest Lake.



## FOREIGN EXCHANGE STUDENTS

Back: Anna Sahl, Jose Barcala, Mia Soinio, Scott Parnham Front: Sebastian Lesche, Mike Sjögren

Mia Soinio  
Finland

A huge impressive American flag was my first view of Forest Lake. I found it to be a very welcoming sign. Next I noticed all those fast food restaurants; Hardees, McDonalds, Burger King, etc. Then I was introduced to Pizza Hut. At that moment I knew there will always be a place in my "tummy" for Pizza Hut pizza.

Not only did I find my tummy's delight but I found the answer to my dreams. A hot, sporty, red Trans Am. That has always been the car of my dreams. There it was parked in front of my eyes. My Mom recognized what I was looking at and to my

embarrassment went to talk with the owner. It was definitely worth my embarrassment, as the owner understood my fantasy to drive that beauty, and offered me a chance to fulfill my dream. On the first sunny day, the big moment was preserved on video and stills for the future. Therefore, when I return to Finland, my friends won't think I'm telling a big fish story.

This opportunity also proves the impression I had gotten of how very friendly and outgoing people are in Forest Lake. It showed me also that I was welcomed to be a part of Forest Lake and a part of you.

Mike Sjögren  
Sweden

When I first came here, and school started, I noticed quite a few things that were different compared to the Swedish school. The first impression I got was that the American School seemed to be so hard and strict with all the rules in the school. But in the class room, the teaching is not that hard at all. These rules made me mad in the beginning. You can hardly get a drink, go to the bathroom, you need a pass where ever you go! In the Swedish school no one asks where you are going if you are walking down the hallways. In the Swedish school, you can walk out of school during the day. You don't

get into any trouble except from your parents maybe. Things are a lot more strict here in America, but the classrooms aren't hard.

I have got a lot of new friends and everybody has been nice to me. I think that they have been helping me a lot and probably because of them, I am not homesick. I have learned and experienced the American clothes and the American way of living. It is not too different from Sweden. I really had a great stay!

Sebastian Lesche  
Germany

When I came to America in September '87 as an exchange student, America was like a new world to me. Certainly in Germany we know many things about America, but to actually live in the country, share a language and habits

different from your own, is quite an exciting experience.

I didn't have so many problems with the language, but at first it was a little bit strange to hear and speak English all the time; however after a while I couldn't really speak (remember) my own language.

Some of the most memorable

experiences of my stay were playing the drums for the fall musical, playing with the band at the Twins World Series game and, in general, meeting so many open-minded people.

I will always be thankful for the opportunity to learn to speak English better, to have many, mostly good,

experiences, to build up my own character, to get a better knowledge and understanding of America and its people and to make many new friends. I will never forget my time in America, thanks to Forest Lake and to the L'Allier family I stayed with.



# Organizations

## FRENCH CLUB Sophomores

BACK: Dan Becker, Mike Monson, Sheila Amrhein, Matt Sandager, Troy Lawrence, Diane Culp, Chris Brandt, Rob Atkins, Brent Houle, Adam Peterson, Jennifer Obst, Dorothy Dufresne, Steve Kult, Jean Schroeder, Gayle Deick, Chantelle Tessier MIDDLE: Jean Whitney, Shelly Powers, Sheri Roskowitz, Connie Biermaier, Katy Nord, Jenna Lowe, Carrie Norbin, Jennifer Madden, Troy Parent, Troy Blanchard, Kevin Broodbent, Jacqueline Runeberg, Mara Zderad FRONT: Ray Grunzinger, Deb Hansen, Jenny Peiffer, Patricia Johnson, Molly McAvoy, Shelly Spear, Nancy Hanson, Rebecca Eckdahl, Jill Stenberg, Andrea Rasmussen



## FRENCH CLUB Juniors

BACK: Chris Gmach, Jeanne Greathouse, Steph Hammes, Kathy Neuenfeldt, Rosie Doege, Karie Boughton, Laura Boyd, Melissa Smallman, Dan Smith, Lisa Martin, Robin Taylor, Kristine Preiner, Greg Swanson, Brad Clark, Kelly Larson, Carlyn Halek, Kelly McCarron MIDDLE: Chris Johnson, Kristi Waldo, Christy McEnerney, Lisa Olson, Andrea Phaneuf, Heidi Butler, Kathy Nelson, Beth Cieslak, Cindy Hyttinen, Patti Peloquin, Brandy Gatzow, Nikki Hansen, Dominic Vecchillo, Todd LeGare FRONT: April Steiner, Chris Thueson, Heidi Kijenski, Sara Larson, Aimee Larson, Michele Jacobson, Ted Eckman, Joe Dufresne, ? , Scott Roberts, Todd Loushine



## FRENCH CLUB Seniors

BACK: Mr. Chowan, Gary Korf, Sebastian Lesche, Scott Perry, Adam Blons, Bobb Elsenpeter, Doug Pernell, Dave Hoffmann, Ms. Guderyon MIDDLE: Katie Lauber, Becky Coleman, Julie Determan, Kathy Taylor, Suzanne Schleder, Sharon Stendahl, Beth Schumacher, Chris Gorton, Sammi Mattson, Elizabeth Haines, Nikki Myrvold FRONT: Marcie Huttner, Shannon Foster, Raquel Jensen, Maura Madden, Missy Molitor, Rich Elliot, Kevin Williams, Jill Hanson, Kelly Turner





# Organizations



## SPANISH CLUB Underclassmen

BACK: Ken Anderson, ? , Boyd Ingvalson, Josh Freed, Matt Hibbison, Scott Bance, Brent Megahan, Mike Hackbarth, Tom Edelen 3rd ROW: Rob Pedrow, Morgan McCann, Mike Humble, Derek Johnson, Colleen ?, Jim Hesse, Darin Dahlquist, Dave Schmidt, Paula Holter, Christine Krizan, Kathleen Overbo, Sheri Rhoda, Tammy Nelson, Jenny Borash, Grechen Peterson, Janelle Daniels, Kris Larson MIDDLE: Keri Fleming, Jeremy Minner, Dan Gutz, Stacy Wachholz, Shannon Jabas, Debbie Ames, Erik Larson, Carla Thurnbeck, Tara Krantz, Jenna Mertes, Sarah Keyes, Dan Heineman, Toni Blake, Laura Brott, Kendra Osterkamp, Kelly Daugherty, Tammi Crosswait FRONT: Gina Anderson, Aaron Archer, Lori Sherrick, ? , Michelle Hoskins, Kris Preiner, Michelle Culver, Vicki Anderson, Darlin Perez, Brenda Finch, Julie P???, Angela Borsch



## SPANISH CLUB Seniors

BACK: Elizabeth Hanes, Chris Locke, Janelle Sternberg, Angela Burth, Matt Meier, Debbie Steffenson, Shana Wiisanan, ? FRONT: Marni Olmstead, Lisa Rose, Nicki Granstrand, Heidi Kertzsher, Shelly Quigley



## GERMAN CLUB

BACK: Tim Zaske, Pat Larson, Chas Mastin, Chris Sieber, Marney Burow, Lynette Anderson, Tonya Linz, Ann Wright, Patty Haven MIDDLE: Sheryl Hollingsworth, Juliet Morris, Valerie Taylor, Tammy Moore, Kim Nissen, Lisa Lien FRONT: Marcie Huttner, Theresa Burrows, Jim Lichtscheidl, Maureen Fritzgerald — Advisor



# Organizations

## FORESTER STAFF

**D**eadlines, deadlines, deadlines . . . this year's yearbook staff was a group of closely-knit, dedicated individuals. Between late nights, working around classes, and Domino's deliveries, the girls combined their creative efforts trying to produce what they thought was an **awesome** yearbook.

Most people don't fully understand the time and effort put in striving for the "perfect" book. Making layouts, writing stories, taking pictures, and trying to pull it all together to capture the 1988 style were the goals of the staff. An average of 40 hours, the amount of time a normal person puts in for a full-time job, was collectively spent by the staff weekly.

A125 became a second home for a few of them with such personal items as their own Chip 'n' Dale calendar, cases of coke, for caffeine, boxes of pizza, and the priceless radio which when turned up full blast kept them from getting on each other's nerves just before deadlines. Overcoming difficulties and finding creative solutions to the many problems has proved to be a experience that will be useful long after the finished books were delivered. Says editors, Colleen, Deb, and Julie, "Essentially we ate, slept, and breathed yearbook."

1. Jean and Nancy . . . who's who? 2. Being a Forester staff member is like belonging to another family including: Sue Matthews, Ann Wright, Kelly Larsen, Tami Anderson, Kathy Taylor, Michele Scott, Colleen Skoglund, Deb Moravec, Julie Determan, and Trina Rose



## BREEZE STAFF

**I**f people ever want to see how successful **The Breeze** has become at FLHS the best time to observe its success is on publication day. When finally distributed near the end of sixth hour the effect is **SILENCE** absolute silence. Students quiet down and begin to digest the numerous articles and opinions in the paper. Whether attention is focused on sports, news, reviews, or editorials students seldom realize the effort that goes into producing **The Breeze**.

From the moment a dedicated staffer gets assigned a story to the final production date Breeze personnel are busy. Checking out a story's sources names and figures are important. Editorial staff breathe easy after copy is on time and sent to the publisher for photo type setting. The next step of the process is much like putting a jigsaw puzzle together. Layout people work late into the night "cutting and pasting" the paper together. These evening sessions are punctuated by pizza, pop, a few tunes, and many laughs.

The satisfaction that comes with its publication and its reception makes the time, the interviews, the checking and rechecking worthwhile. After a quick breath it's time to start on the next paper.



FRONT: Kimberly Dunn, Missy Molitor, Skip Hansen MIDDLE: Tammy Colonna, Chris Graff, Lynn Mansmith, Tracy Schlichenmaier, Raquel Jensen, Deanna Dukowitz, Monica Houle BACK: Derek Johnson, Tom Golden, Jenny Roith



# Organizations



1. Flashing them pearly whites, Laurie, Michele and Teresa. 2. Relax Colleen! Deadlines aren't the end of the world! Just think if you didn't have the computer!!!! 3. Aww . . . C'mon Deb! We all know you're not shy! 4. Beginning to layout a page for the Forester, Julie and Colleen pool their creativities for the perfect layout.



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4



1. Don't be so suprized! We made the deadline. 2. Alright you guys, enough lounging. 3. Talking about layouts and copy is important at deadlines. 4. What a change! *Our* picture being taken instead!!



# Organizations

## MATH TEAM

**B**rain Power! That's what is most important to the members of the Math Team. These "athletes" work the one muscle that many people neglect — the brain!! The team members from all grade levels, compete in five meets throughout the span of three months. The meets consist of four individual events ranging from algebra to calculus, and one team event. Each person could participate in two individual events and eight would work together as a team. The individuals had four questions and twelve minutes to solve them. The team had twenty minutes for six problems. And get this . . . No Calculators!!

Coach Conner had the study and practice for about one hour every night for two weeks before a meet. They familiarized themselves with the type of problems by working on previous year's tests. At times, they would have to study ahead of their current math class.

The team, as a whole did not do very well. This was attributed to a lack of consistency and depth. "They do not use normal types of problems," said Coach Conner. But being a member of the Math Team had more benefits than making new friends and trips to McDonalds. "They learned how to study intently and work their way through problem situations."



Back: John Masteller, Jeff Smith, Michelle Johnson, Lisa Rose, Jim Campbell, Mr. Wally Conner Front: Nathan Larson, Jeff Young, Shana Wiisanen, Jerome Raymond

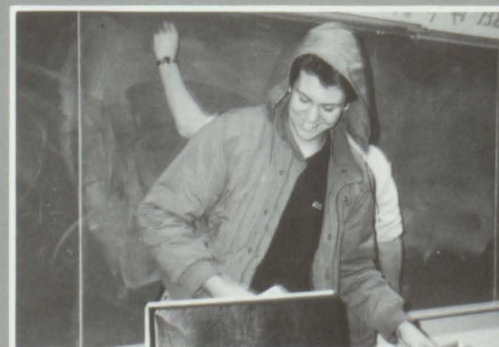
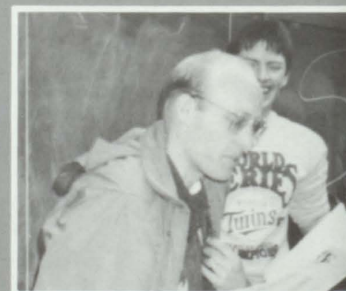


ABOVE Jerome, easy and confident before the testing starts. RIGHT Sherry concentrates during the team event. BELOW Cookies + Milk = BRAIN POWER!!



## Current Events Club

Right: Mr. Tungseth . . . Is this god?!?!  
Below: Bob, "I want to be just like Mr. Tungseth when I grow up!"





# Organizations

## ELECTRONICS CLUB



BACK: Ronald Hillberg, Steven Haag, Aaron Aho, Richard Long, Lenny Klenetson, Bruce Brown FRONT: Dave Funni, Darrell Jacobson, Jason Houle, Todd Pletcher, Shane Anderson



**E**lectronics club is an afterschool activity that involves the students in electronic experiments. In this club all electronics topics are covered from D.C. current, like a car battery, to black and white T.V. repair. Electronics club is kind of like a class because it discusses topics in a group that build onto a new chapter of electronics. The first stage is basic electricity covering Ohm's law, sources of electricity, D.C. current and voltage. Operating equipment and soldering are also part of the basics in electronics. Mr. Granson said "The first unit basicly gives the student better understanding of how electronics affect their lives." Brian Crossen was quoted as saying, "Electronics Club helped me out at home. When something went wrong, I knew how to fix it." The second phase covered the topics capacitance, inductance, resonance and tubes. "You may not know what the word means if you are not in the club, but capacitors are in just about every electronic appliance made." said Crossen. The third unit covers audio electronics. Sound technology, diodes, transistor fundamentals, single stage amplifiers and the basics of radio transmission are learned. "This unit was especially interstion for me," commented Crossen. "I have an expensive car stereo system and to know what make it work and what I can do to make it better is a rush." The final section covers digital circuits. The student gets to learn how calculators, computers and other digital equipment work. The electronics Club member gets to learn about machine logic and language. Electronics affect our lives and students in the Club are learning about the future.



Back: Mr. Tungseth, Pat Kowal, Dan Riopel, Bobb Elsenpeter Front: Shelly Gilster, Molly Flanagan Not Pictured: Becky Gillet, Angel Birth, Eric Houle, Monica Houle, Heidi Kijenski

Pat . . . Is that a tough question?!





# Organizations

## FFA

**F**FA (Future Farmers of America) is an intracurricular youth organization that provides activities all year long for the members. Before one school year ends, the activities for the next have already begun. New officers are elected and installed and they have planned a summer leadership class to be held at a State Park, such as William O'Brian, St. Croix, Wild River, or even Itaska, where officers and members plan the program of activities for the coming year. Workshops, recreation, nature hikes and individual activities are all a part of this four day camp as well as getting to know each other and the instructors.

As summer continues, members are involved in State Leadership Camp, Freshman Greenhand Camp, Washington State Fairs, Softball Tournaments, summer meetings and tours, Judging Contests, and continuing their Supervised Occupational Experience Programs.

During the school year members participate in about twenty five different District, Regional, and State Contests; attend the National FFA Convention in Kansas City; plan and conduct a horse show, and have the FFA awards banquet. They raised money selling Christmas Trees and flowers, and planted some of the trees in the community, among other things that benefit both the community and allow the members to learn and gain experience. During National FFA Week, they planned the activities that included the entire school to promote Agribusiness and natural resources.

Through all of these activities, FFA members learned leadership, citizenship and cooperation, the three most important goals of FFA. At the same time they learn about the over 250 exciting careers in agribusiness.



1. Greg Larsen's idea for the FFA's homecoming float succeeds in winning 1st place. 2. Cindy Anderson gives a demonstration in the Education Building at the State Fair. 3. Mr. Marzolf plays auctioneer to auction off dinners for a fund raiser.



BACK: Mr. Marzolf, Scott Komro, Greg Larsen, Deli O'Brien, Angel Berth, Jim O'Hara, Mike Aljets, Kyle Berens, Sheron Wattson, Lisa Neil, Tim Costello FRONT: Nancy Bryant, Rich Inott, Jake Bush, Aaron Aho, Sarah Maefsky, Jennie Haworth



# Organizations



Activities Officers:  
Kelly Turner  
Vice President:  
Michelle Balsimo  
Treasurer:  
Ginger Ailara  
President:  
Brenda  
Hermanson  
Secretary:  
Christine Locke

## HERO

**H**ero Club is a relatively small group. The acronym "Hero" stands for Home Economics Related Organization. Hero, also referred to as FHA, "allows you a chance to make friends and learn about family and children's special needs," reports President Brenda Hermanson. At district meetings, they have a chance to make friends from other groups in the area.

Besides their frequent meetings and activities, they compete at state level. There are usually 10-15 participants who prepare an AAE presentation (Action Activity Event). Members must first perform for a judge and audience at a District meet that. If they recieved a gold rating, then they went to State, at the Radisson South Hotel. Brenda also says, "Hero builds character and makes you feel good about yourself."



1. Christine Locke helps little kids make art projects  
2. Working with children requires both love and patince. 3. Lunch is almost ready!



Back: Penny Ness, Brenda Hermanson, Michelle Balsimo, Christina Strantz, Cindy Hyytinen, Christine Locke, Doris Karls Front: Jenny Shelson, Sheryl Hollingsworth, Lisa Glaser, Kelly Turner, Ginger Ailara, Brenda Herring



# Organizations



ABOVE **SKILLS DEVELOPMENT TUTORS** Mrs. Myrtle Olson, Carri Gabrick, Laura Lavoie, Deanna Rohe, Nonny Nquyen, Angie Larson, Janelle Sternberg **RIGHT MATH AND SCIENCE TUTORS** BACK: Michelle Jacobson, Deb Moravec, Kathy Taylor, Kim Thurnbeck, Dawn Oase, Kristine Preiner, Lisa Rose, Shanna Wiasnen FRONT: Suzanne Schleder, Sheryl Hollingsworth, Mallory Locke, Heidi Kijenski, Janelle Sternberg



## On the Job Training



FIRST HOUR OJT Back: Dana Young, Jason Haley, Hammie Marunson, Tom Swenson, Todd Hartfield, Tim Sichler Front: Lisa Hejhal, Brady Knoff, Mr. Lynch, Tina Carlson

SECOND HOUR OJT Back: Al Bonz, Holly Wyandt, Chris Goodroad, Pat Dolfay, Charlie Hogan, Sean Cable, Troy Erickson, Monte Fagman, Terry Czeck, Mike Cassman, Angie Lendway Front: Shelly Fairbanks, Holly Holt, Naomi Nelson, Tracey Maason, Pam Bunton





# Organizations



**ATTENDENTS ABOVE: ATTENDANCE:** Back; Sharlyn Santo, Todd Langkand, Tom Kulstad, Dan Johnson, Denise Krenze, Leslie Weiss, Amy Richert, Jeanne Shaketer, Jody Tremmel, Connie Richter Middle: Kris Dahl, ?, Tammy Fultz, Katy Gross, Angie Nusser, Julie Jorgensen **GUIDANCE:** Front; Scott Parnham, Ann Wright, Pam Bunton, Suzanne Schleder **PRINCIPALS** Becky Coleman **LEFT: LIBRARY:** Adam Blons, Eric Carter



**THIRD HOUR OJT** Back: Richard Steindl, Chad Spiess, Bryan Hammes, Garth Sternberg, Dave Riopel, Mike Felt, Mike Nutgord, Rory Paggen, John Thompson, Pat Steindl Front: Jan Ceray, Cindy Sorgaard, Shawn Caziarc, Jason Aicher, Jim Helinsky, Terry Petry

**FOURTH HOUR OJT** Back: Brent Erickson, Cory Forver, Dan Mewhorter, Jon Skoglund, James Karels, Kurt Triemart, Eric Campa, Eric Casma, Tom Miller Front: Mr. Lynch, Anglea Kudal, Lisa Duckstad, Brenda Lee, Heidi Cardinal, Tracy Evenson, Pete Richards





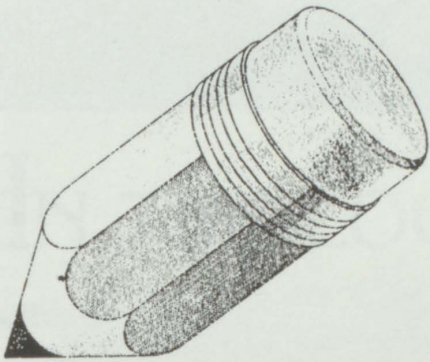
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Organizations

Autographs



# Organizations



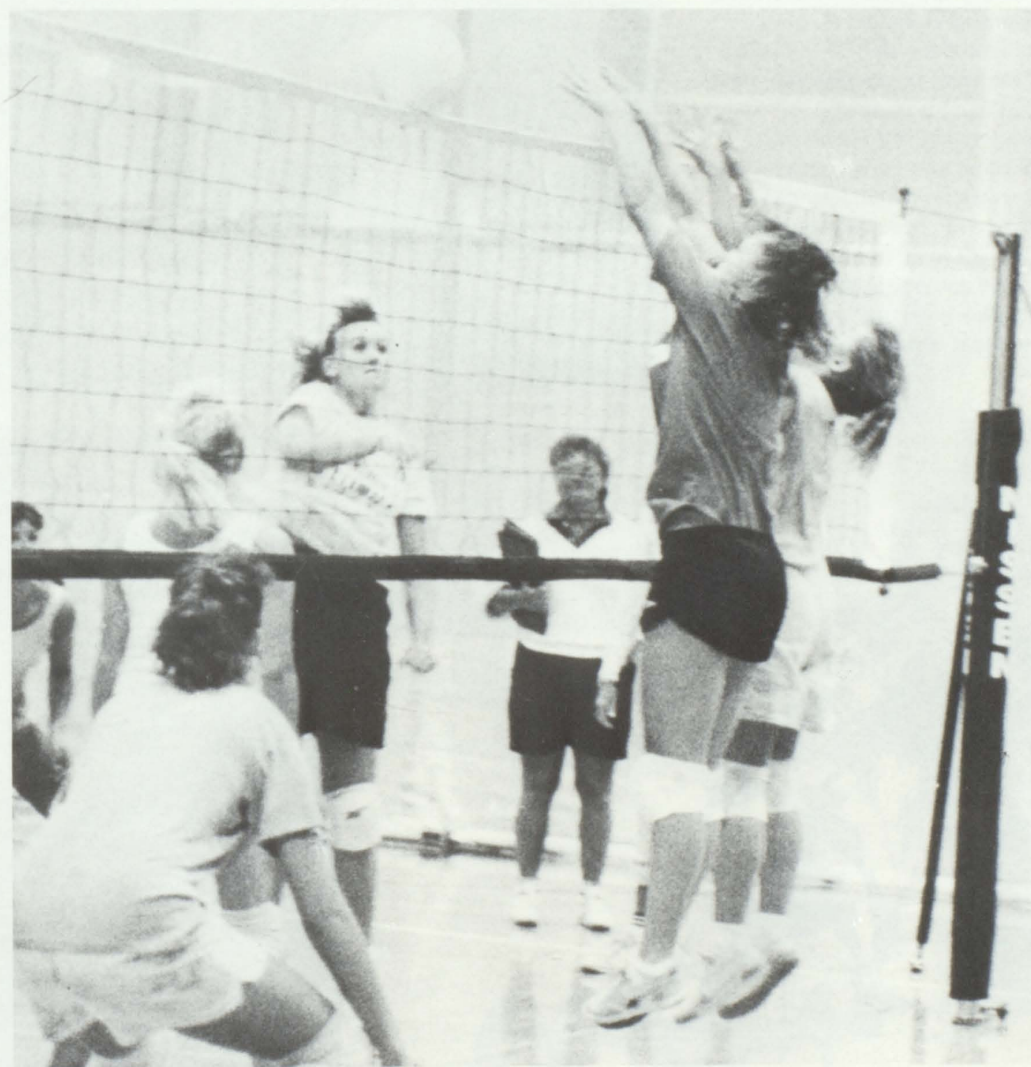


JOIN US





## IN THE LOCKER ROOM<sup>M</sup>





## VARSITY FOOTBALL

**T**he road to the varsity football team's winning season started long before the lights lit up the football field and the cheering fans welcomed their favorite team.

The football team had a successful season this year and proved themselves as strong competitors in the new Twin Cities Suburban Conference. After a slow 0-2 start, the team pulled together and finished with a 5-3 regular season record. FL defeated Park Center in their first playoff game, then a loss to Anoka in the second game ended their season. They ended up #2 in the conference.

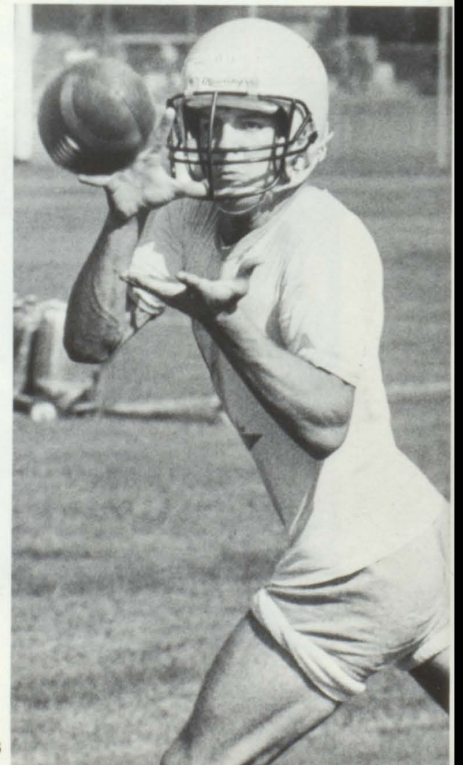
Although the athletes that made up the team were different in many ways, they became one unit on the field. "We were all there to win," said Capt. Eric Carter. During the summer months, some of the guys worked out in weight rooms to get in shape. Practices started three weeks before school. There were three practices and day that totaled to around eight hours. Once school began, the practices ran every day after school from 3-5:30pm. Fence drills, Boards and Ranger Mix drills payed off. The new team members filled in with the vetrans and with 2/3 of the team underclassmen, next year should also be a good one for football.

The two games that players highlighted as their favorite were against Stillwater and Park Center. It was predicted that Stillwater would be the undisputed winner and FL did not have a chance. Defeating the odds FL won, beating them 23 to 20 in overtime. FL completely dominated in the game against Park Center. Everyone got a chance to play giving all a part in the action. The football season was alot of fun for both players and fans.



2

1. Tom Ramboldt running down the side. 2. GO GO GO! 3. Paul Schwab makes the catch.





# Sports



ALL METRO & ALL STATE John Bruey ALL METRO & ALL STATE  
HONORABLE MENTION Eric Carter, Tom Ramboldt

1. Practice makes perfect. 2. Tim Pearson "Decking the Cards"! 3. Tom  
Meyman holding on tight.



Back: ALL CONFERENCE Tim Pearson, Clark Robinson, Tom Ramboldt, John Bruley *not*  
pictured Eric Carter HONORABLE MENTION Brian Solum Front: Neil Biemaier, Kevin  
McNamera, Lance Lenarz, Tom Meymen *not* pictured Mike Strandness

Home	Game	Opponent
6	Elk River	20
18	Roseville	28
23	Stillwater	20
26	Hill-Murray	14
25	Coon Rapids	6
9	Anoka	20
7	Blaine	2
29	White Bear Lake	0
40	Park Center	17
16	Anoka	29





# Sports

## VARSITY SOCCER

“Unlucky” is the way coach Tungseth described this years Boys Soccer season. The guys started out strong, but had a mid-season lull when they lost several games by 8-9 points. For the last games, however, the team pulled together and were edged out of wins by only one or two points. Injuries plagued the soccer players, making their season even more difficult. Forward and co-captain Rick Sexton broke his leg in the first game. There also were several concussions that put other players out of action. The new Twin Cities Suburn Conference proved to have much more competition for the three year old soccer program. The team played well, the other schools just had older and stronger soccer programs. They ended their season with a loss in Regional Playoff Opening Round.

The Soccer team practiced every afternoon from 2:45 to 4:30: It included Alan Merrick drills, jog-sprints, circuit drills and practicing your “touch” on the ball. They worked on playing a solid game. “You guys just have a couple two minute lapses a game.” was a frequent comment from Coach Tungseth. But even though the win/loss record was not very good, most of the players had fun anyway.

Attendance was up at the games, making them more exciting. The personalities of the coach and players helped them keep their spirits up even when they were losing. Burger King runs after games and T.P.ing Coach Tungseth’s house keep the mood light.

Next season, with the soccer program growing, looks hopeful. The J.V. and B-squad both did well and are expected to fill in for the graduating seniors.



1



3



6



# Sports



2



ALL CONFERENCE Derek Fingel



4



5

1. Scott Degendorfer makes a diving save. 2. The Soccer team celebrates Homecoming. 3. Jose passes to Pat Larson. 4. Jeff Young concentrates on his dribbling. 5. Rick Sexton practices after school. 6. Randy Power heading the ball. 7. Jose kicks downfield.



7

Home	Game	Opponent
0	Mounds View	5
4	Elk River	3
0	Hill-Murry	3
1	Stillwater	2
2	White Bear Lake	4
0	Irondale	8
1	Blaine	4
1	Mpls. Roosevelt	0
2	Anoka	5
0	Hill-Murry	5
0	White Bear Lake	6
2	Stillwater	5
3	Spring Lake Park	4
0	Chicago Lakes Baptist	1



# Sports

## VOLLEYBALL

Setting, jumping, and spiking their way to victory, the volleyball team excelled to the top. This year teamwork laid the basis for a successful season. Although there were only 4 returning players with Varsity experience, the girls came together to form a stronger, more unified squad. Not only were the girls good friends on the court, but off it as well.

The season began rather slow as injuries plagued the team. A few twisted ankles and a more serious knee injury left a few players out for two or more weeks, and one player, Lori Simmons, out for the rest of the season. These incidents made it harder for the players to adjust to and become familiar with the playing styles of one another. But despite the difficulties, they challenged themselves and worked that much harder.

Under veteran coaches, Joan Paulson and Deb Fuerstenberg, individual perfection of skills was emphasized in practices. Scrimmages also helped with positioning and team coverage of spikes and blocks.

Lead by captains Becky Lindberg and Shelley Quigley, determination and dedication became adopted attitudes as the team never gave up.

Their unified efforts paid off throughout the season as the girls brought back a first-place trophy from each of the Rosemount, Centennial, and Irondale tournaments. They also finished with a 27-4 record and Twin Cities Suburban Conference Championship and Region 4AA runner-up titles.

The highlight of the season was the region final game against #1 ranked Columbia Heights. The girls started out slowly as Heights won the first game, then, in the second game, the team pounded their way to a 15-4 win. However, this was followed by two more tough matches in which Heights prevailed.

Their dream may have been lost in the finals but they learned something very important. The girls learned about teamwork and good sportsmanship. They defeated the odds more than once and 'smiley faces and happy feet' ruled the court. They may have come short of their goal but they were long on success, and they have nothing to be ashamed of. They played hard, worked together, and never gave up. As Coach Paulson said, "You girls have everything to be proud of." No one could have asked for a better season!



3  
All-Conference Back: Jill Hanson, Becky Lindberg, Lezlie Weiss.  
Honorable Mention Front: Vicki Maas, Janel Schmidt, Shelley Quigley.  
Not pictured: Natalie Hale, All-Conference.



1

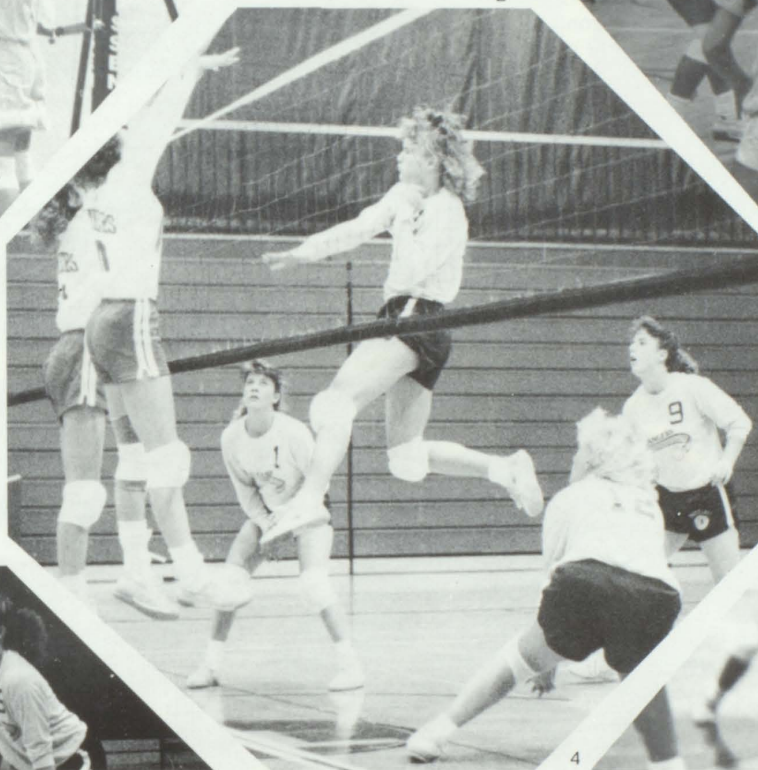
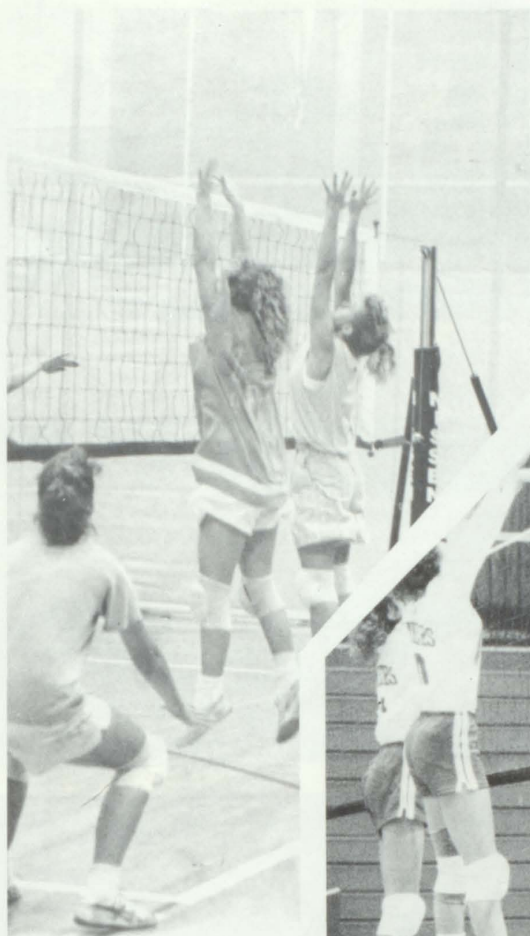


2

1. Keeping her eyes glued to the ball, Jill Hanson times her block perfectly as Vicki, Julie, and Rhonda cover close behind. 2. Shelley eats white leather.



# Sports



1. Lori Simmons and Denise Krentz jump in sync as they anticipate Julie's hit. 2. During a time-out Coach Paulson motivates the team, telling them to, 'look for the holes.' 3. Getting positioned, Lori prepares to pass the ball as Shelley takes some speed off the hit. 4. 'Lethal Lindberg' as she is called by her teammates, slams the ball for another ace point against The Panthers. 5. Shelley and Annette patiently wait for the serve. 6. Working hard in practice, Janel Schmidt struggles to keep the ball alive. 7. Giving it 'all she's got' Natalie Hale stretches and saves the ball. In the background, Becky and Leslie react quickly.

Home	Game	Opponent
3	Irondale	0
Win	Irondale Invitational	
3	Fridley	1
3	Roseville	0
1	Totino	3
3	Cooper	0
3	Coon Rapids	0
3	Stillwater	2
Win	Rosemont Invitational	
3	Blaine	1
3	Spring Lake Park	0
3	Hill-Murry	0
Win	Centennial Invitational	
3	Anoka	0
3	White Bear Lake	0
3	Centennial	0
3	<b>White Bear Lake</b>	<b>0</b>
3	<b>Stillwater</b>	<b>0</b>
3	<b>Hill-Murry</b>	<b>1</b>
1	<b>Columbia Heights</b>	<b>3</b>



# Swimming Makin' Waves

**"G**iving it all it seems to me is not so far from victory." was a motto that many swimmers existed by, and though it was a small and young team, the swimmers performed well. With a new coaching staff to adjust to, the season started out slow. Though the team was working hard, it had difficulty winning over the larger teams, there were some close meets and many close races, but basically the season turned out as expected. The high point of the season was a tri-meet against Sauk Rapids and Chisago. The Medley Relays, that begins the meet, came in first and second, which was almost the same pattern for the rest of the meet. They dominated and won!

Individually, swimmers did excellent throughout the whole season, earning high places and dropping times dramatically. At Invitationals many individual swimmers made the top 12 of the meet beating out 50-60 swimmers of each event. To earn the high places and good times, the team work outs were just as hard (or harder) as any other team. First there was morning practice, which was before school, and in an hour, swimmers would get in about a mile. The afternoon practices were harder and longer, and the team would swim near 3-3 1/2 miles. (total combination, 4-4 1/2 miles per day, and what also is interesting is that for every mile they swim, it's like running 4 miles. That's a fact.) During practice time the team would constantly be swimming against the clock. Doing 100's (yards) on the minute-thirty or 200 ind. medleys on the 3 minutes fifteen seconds, and are continually practicing the four competitive strokes. (butterfly, backstroke, breaststroke, and freestyle) Then after two hours of swimming, the weight room was opened and they continued their work out. After the taper began, the weight room work outs changed into an endless practice of starts and turns.

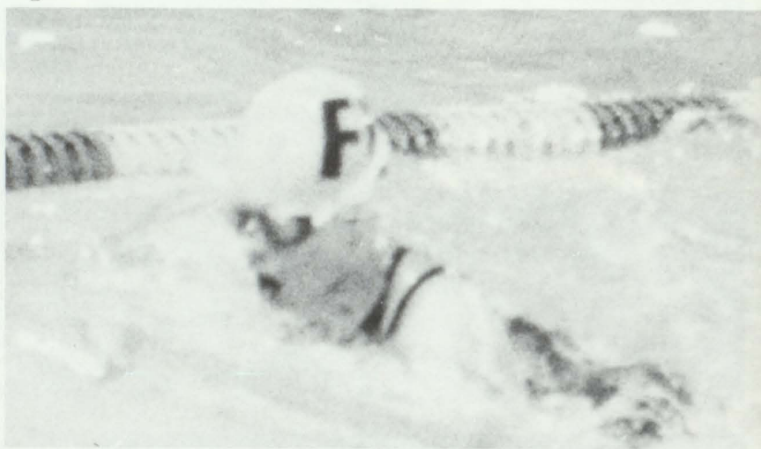
But during the whole season they had two major goals in mind, to do well and to have tons of FUN! As a team they grew together and they had the best kind of season they could have . . . a season with friends.



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5

Home	Meet	Opponent
68	Cambridge	104
75	Fridley	97
6th	Conference Relays	
79	Irondale	93
58	Elk River	113
7th	So. St. Paul Inv.	
61	Columbia Heights	119
29	Roseville	135
L	White Bear Lake	W
69	Coon Rapids	103
74	Cenntennial	97
10th	Cambridge Inv.	
L	Anoka	W
82	Sauk Rapids	69
	Chisago	21
66	Stillwater	98
75	Blaine	96





1



2



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4



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6



7

left page 1. During the homecoming parade singing and cheering is loud and strong. 2. Stroke, Suzanne, Stroke! 3. Elbow, elbow, wrist, wrist . . . and SMILE! 4. Stretching out breaststroke and having a strong kick helps push Lisa Rattei to the wall. 5. No . . . don't take our picture now . . . Right page 1. Stacy constantly improves during the diving competition. 2. Powering through the butterfly is one of the easier strokes for Colleen Skoglund. 3. Michelle, Lisa, and . . . HEY, where's aqua-man? 4. Co-capt. Suzanne and Maria nap before they swim at an Inv. 5. Swimmers take your mark . . . get set . . . GO! 6. Smile pretty. 7. Maria Falzone showing off her backstroke start.

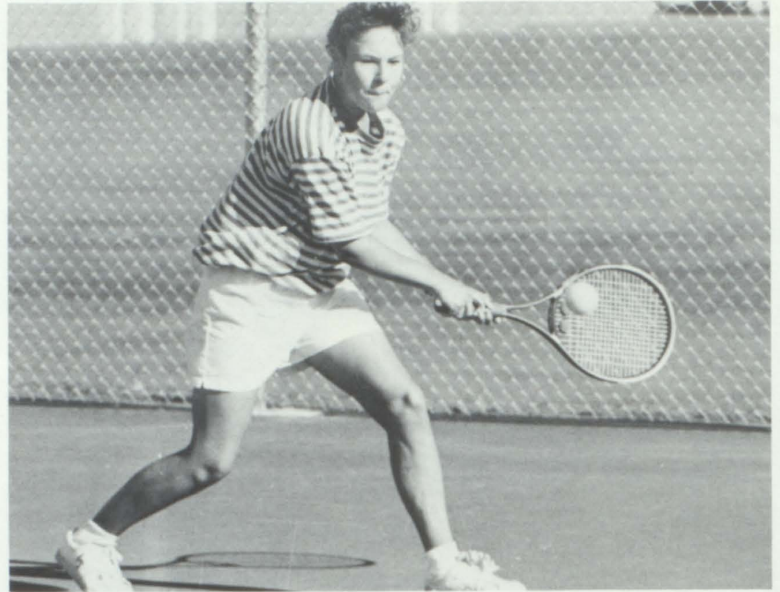


# Sports

## GIRLS TENNIS

**T**his tennis season was the best ever recorded in Forest Lake Senior High history. One of the main reasons for this was eighty-five percent of the team was made up of returning letter winners. The experience that they had helped them stay cool under the pressure of tough matches. Their season record of 11-5 was an astronomical improvement over last year's 1-14.

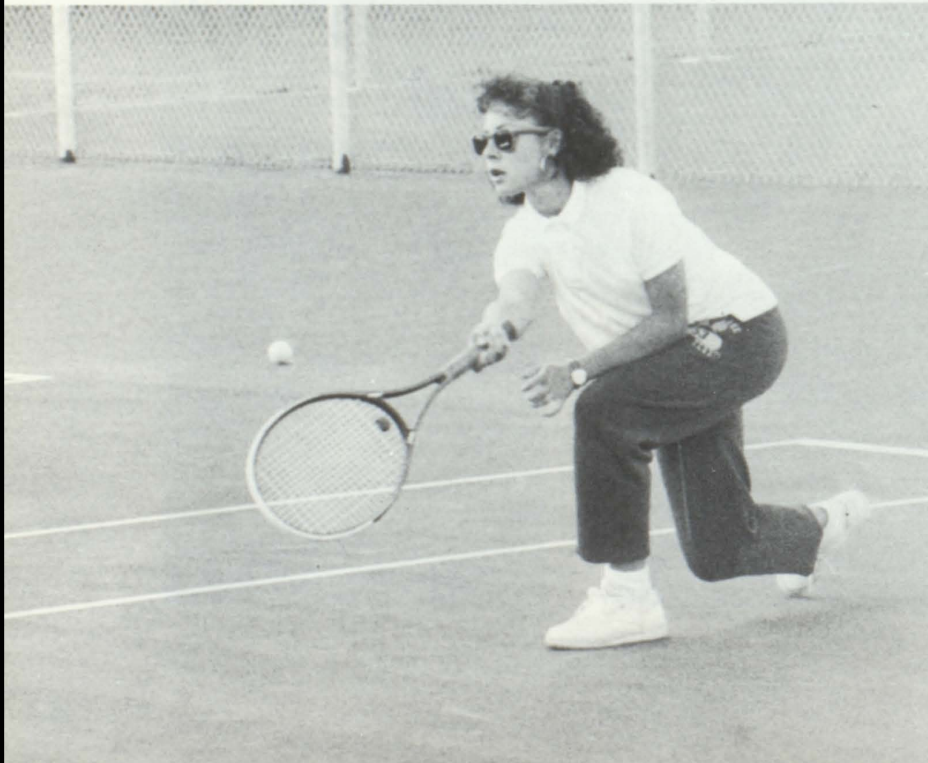
The tennis team began their season with a 7-0 record, only to suffer a crushing loss to White Bear, followed by a close loss to Anoka. In region action, they lost to Columbia Heights 3-4. That ended the best season of Girls Varsity tennis ever. But with five of the varsity players Sophomores, the next few years look like they will be even better. Said Coach Chalberg, "We're a young, rebuilding team. We're at the middle of the conference this year, versus the bottom in the past, and we hope to move to the top next year."



1



2

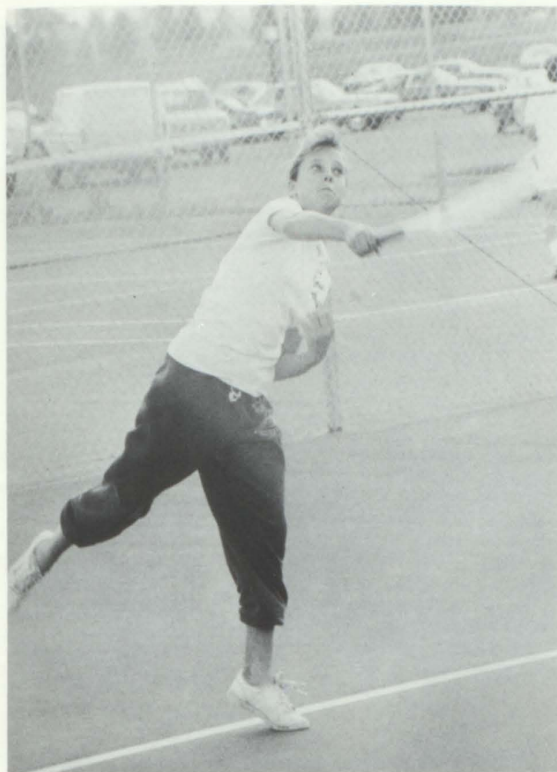


1. With the look of determination, Amy hits the ball. 2. Holding steady. 3. Shades are this year's tennis fashion.

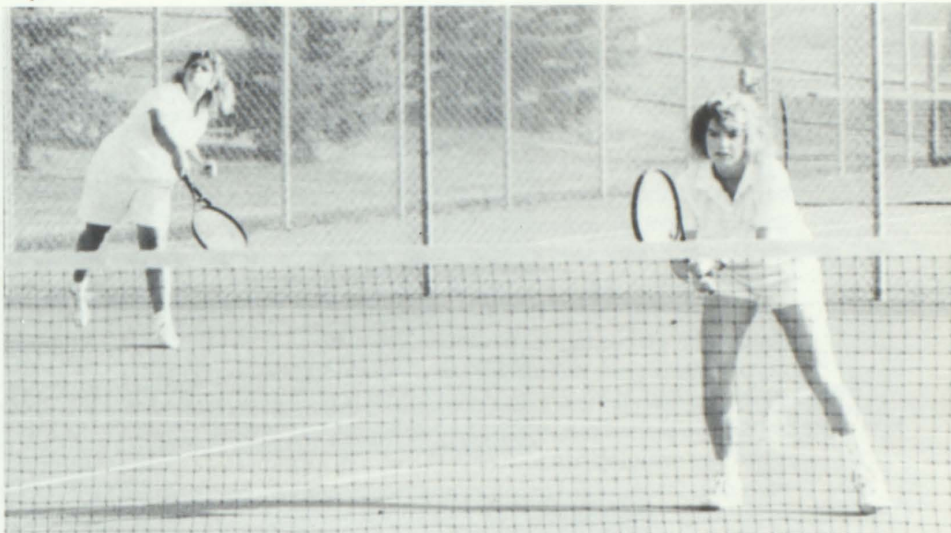
ALL CONFERENCE: Dee LaRock HONORABLE MENTION: Kerry Pakulski, Amy Hunt



# Sports



5



4

1. Kerry Pakulski shows us what she's made of. 2. Sharon Stendahl and Katie LaBore work together as a team. 3. Linda Streitz stays ready as her partner Connie Biermaier returns the ball. 4. Katie LaBore taking it easy in practice.



6



Home	Game	Opponent
win	Spring Lake Park	loss
win	Centennial	loss
win	Irondale	loss
win	Columbia Heights	loss
win	Totino Grace	loss
win	St. Frances	loss
win	Fridley	loss
loss	White Bear Lake	win
loss	Anoka	win
win	Brooklyn Center	loss
loss	Blaine	win
win	Hill-Murry	loss
loss	Coon Rapids	win
win	Roseville	loss
loss	Stillwater	loss
win	North Branch	loss

7





# Sports

## CROSS COUNTRY

**T**he cross country team was made up of many young and inexperienced runners. They did a lot better than they expected and many runners improved greatly. Although, individually the athletes gave 100%, they never experienced a one hundred percent team effort. This was due to the lack of experience. The runners did well throughout the season and Deb Luddington placed fourteenth out of about ninety in regions. Next year, with more veteran runners, they should do even better.

Practice started two weeks before school started with a two day camping trip to Hinkley. They ran nine miles each day. Once school began practices averaged three to six miles for girls and up to seven miles for guys. Distance work was the focus in the beginning of the season, toward the middle the emphasis was shifted to speed, and then in the end the runners did mainly speed work. Track intervals a work out that was especially disliked by everyone, were hard and demanding.

Even though the teams did not do as well as they have in the past, they still had a lot of fun. "We got to know a lot of people," said junior Katie Gosiak. The cross country team had a lot of team spirit too, blasting "Violent Femmes" on the bus and eating homemade cookies after the meets were some of their traditions, that will be long remembered.



1



2



3

1. Keeping pace and with strong strides Deb cruises her race. 2. Let's get psyched!! 3... and All Conference Deb Luddington. 4. I think I'm going to be sick. 5. Checking up on competition is important before and during a meet.



4



5



# Sports



2



1

1. Aimee, don't worry. 2. At ease with confidence. 3. Katie, you can do it. 4. Inhale, exhale . . . Oh forget it . . . I just want air!



3

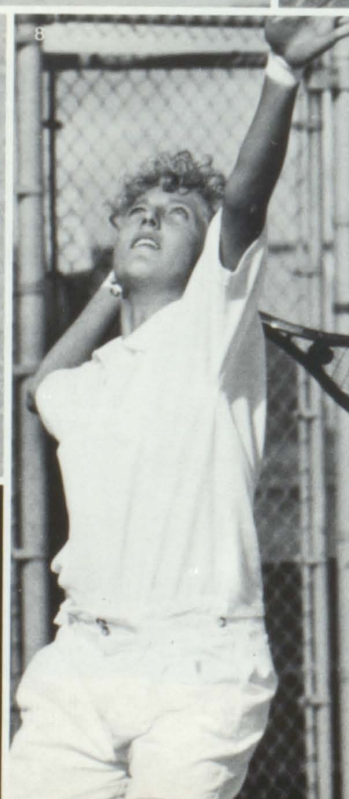
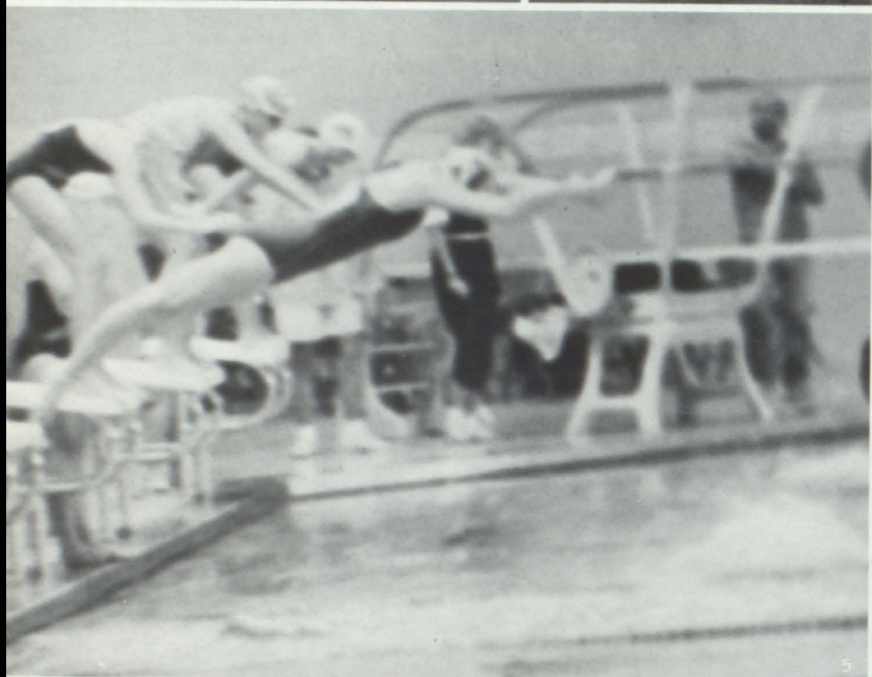
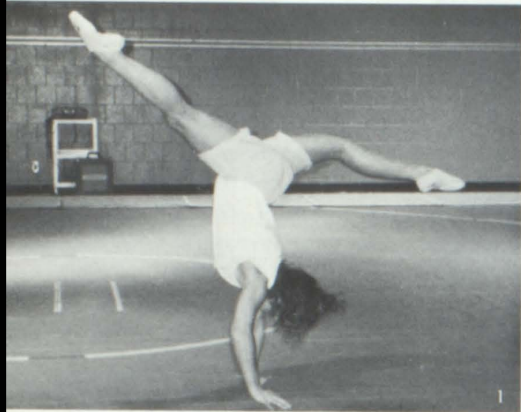


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Boys	Meet	Girls
7th	Purple Hawk Invitational	6th
6th	Princeton Invitational	6th
5th	Elk River Invitational	5th
2nd	Conference	4th
7th	Region	10th



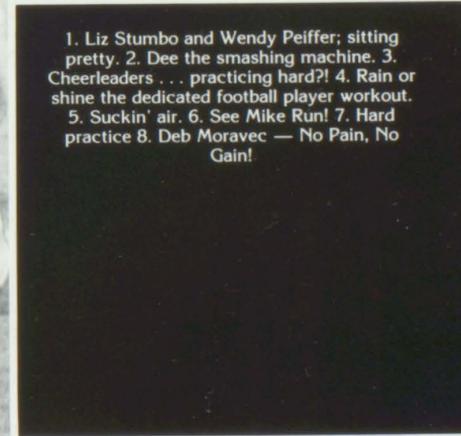
# Sports



1. Can you say ouch? 2. He jumps . . . and scores! 3. Running around the mez is an important part of a wrestler's work-out. 4. Jeff Young in control of the ball. 5. Stretch and Sprint!! 6. Coordination and skill are important to practice so the whole team can benefit. 7. I need AIR! 8. Follow that ball! 9 . . . and WHAM!



# Sports



1. Liz Stumbo and Wendy Peiffer; sitting pretty. 2. Dee the smashing machine. 3. Cheerleaders . . . practicing hard?! 4. Rain or shine the dedicated football player workout. 5. Suckin' air. 6. See Mike Run! 7. Hard practice 8. Deb Moravec — No Pain, No Gain!

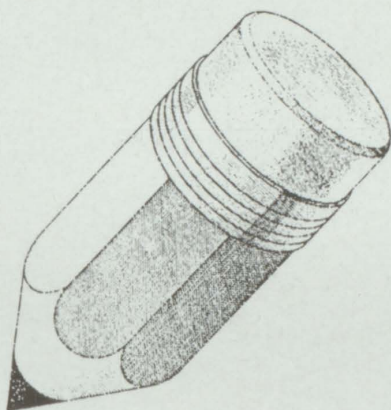


Sports

Autographs



# Sports





# Sports

## BOYS BASKETBALL On to State

**W**ith eleven seconds on the clock the boys were five points behind their opponents. The outlook was grim. The only means of recovery was a three-pointer and a foul against the Bengals — the chances of that happening were equally slim.

For the first time that night, fans were more than solemn.

Intensity crossed the faces of Ranger supporters as many were on the edge of their seat hoping and waiting for the guys to outwit Blaine. Tom Bance dribbled the ball down the court and let loose a 15-footer and the margin decreased. Just as the clock hit 0:00 Tom Ramboldt was fouled and the crowd roared, Ranger Power hankies flying, fans screaming and hugging each other. There was hope. The floor of the court was cleared and it was up to Ramboldt. He had two free throws to tie up the score. One — SWOOSH, Two-SWOOSH! and the crowd was uncontrollable. We were given a second chance in overtime to establish our position and eliminate our opponents. The Rangers plowed through the next three minutes and won by 10 points. Victory had never been so sweet. Now the road to state was within walking distance. With this game, Forest Lake advanced to the region final against Anoka. This was a close and emotional game, a true test of the boys' endurance. Shots were put up-first Anoka then us. Back and forth as both teams played competitively until 0:08 seconds on the clock left the Rangers down by one. Craig Peterson took his chances and aimed for the backboard. The decibel level was incredible as everyone drew in a breath-eyes wide. The ball dropped in smoothly and for the first time in the history of Forest Lake — STATE was upon us.

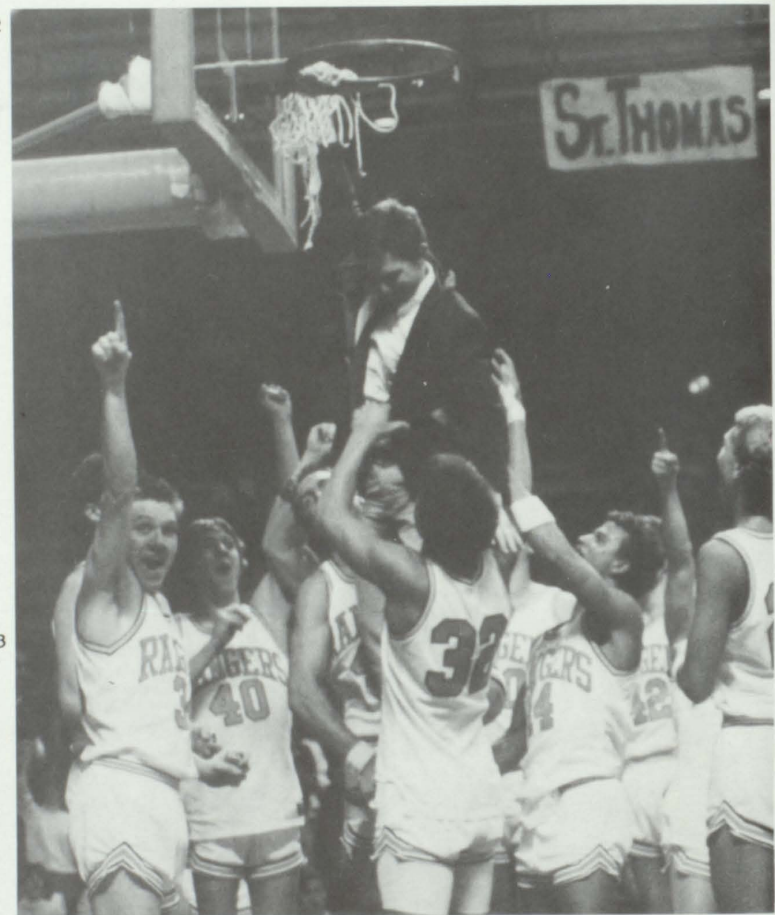
It was no freak occurrence. It wasn't a fairy tale, and it was by no means a win by an individual but by the efforts of an extremely unified team. The boys were motivated and driven to push themselves beyond their limit-and it worked. Their talent and competitive edge dominated the court.

Under the intense coaching of Brian Hegseth, hard practices, including first week conditioning, offensive and defensive maneuvering, court press, rebounding, ball handling, jumping and shooting produced excellence.

The quest for state was made easier — inspiration from fans was displayed in painted faces, hankies, posters, pep bands, cheerleaders, and screaming which left many voiceless the next morning.

Dedication, competition, pride and spirit definitely distinguishes the '88" Ranger Basketball Team as one of unity.

At times the boys left us speechless, frustrated, and apprehensive, but above all they gave us confidence and made us proud to be Rangers. This year holds many memorable moments for the team and their electrifying season will be one tough act to follow.

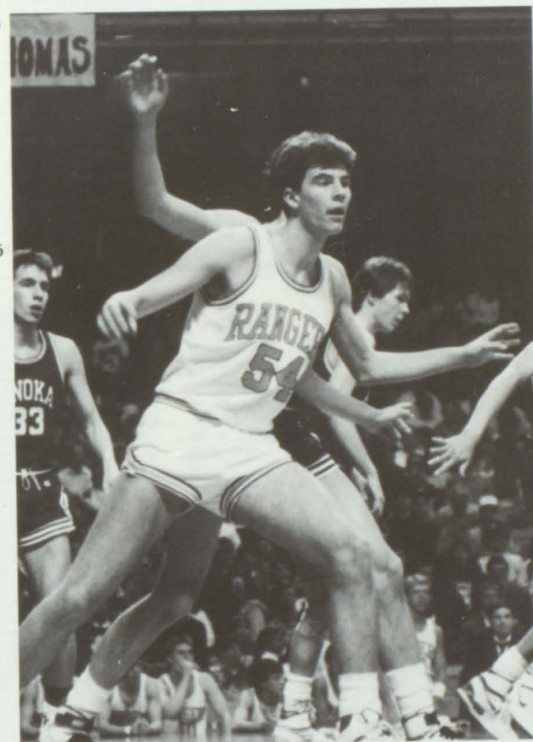
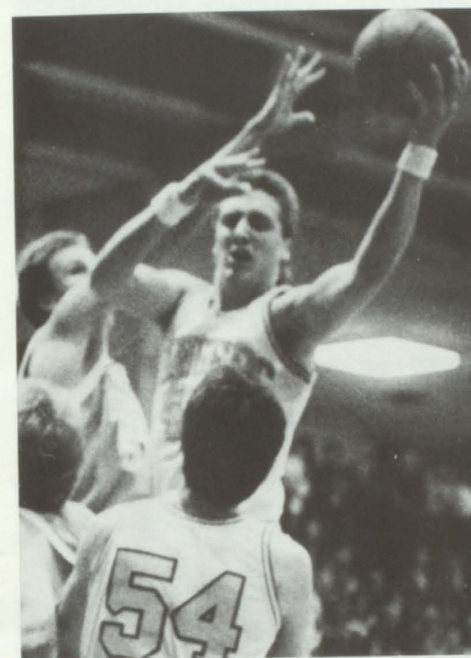
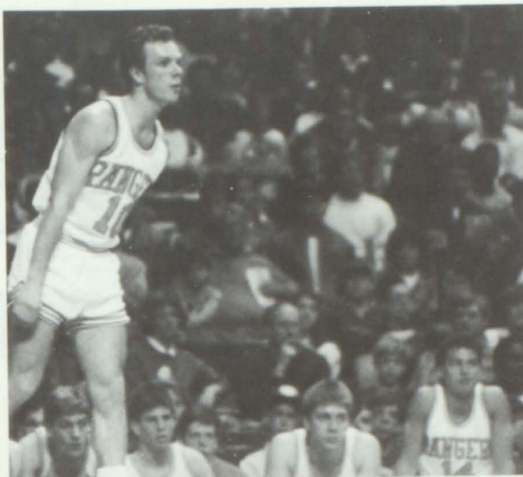


1. Capt. Tom Ramboldt drives down the court. 2. Coach Hegseth celebrates their Region 4AA Championship by cutting down the net. 3. Jeff Pruitt jumps up and over for two points. 4. The bench concentrates intently on the game at Williams Arena.





# Sports



1. The picture says it all, as the dream of State was finally reality. 2. Jeff Pruitt. Intense! 3. Tom Bance makes one of his famous three pointers. 4. Capt. Eric Carter takes control of a rebound. 5. Craig Peterson guards the basket. 6. Excitement and anticipation shows on the guys faces before the game.

6



Home	Game	Opponent
75	Chisago Lakes	39
83	North St. Paul	59
89	Duluth East	54
3rd Place	Hamline Tourney	
55	Hill-Murray	34
62	White Bear	61
65	Stillwater	60
69	Roseville	48
77	Coon Rapids	69
55	Blaine	72
49	Anoka	51
85	Hill-Murray	48
57	White Bear	62
58	Coon Rapids	79
51	Blaine	65
75	Anoka	58
54	Roseville	50
53	Stillwater	47
	<b>Region 4AA</b>	
64	No. St. Paul	47
70	Irondale	53
71	Blaine	61 (OT)
46	Anoka State	45



# Sports

## GIRLS BASKETBALL

**G**irls Varsity Basketball was lead by Captains Lori Simmons and Tami Carey. Although some games were close, lost by only a few points, the team won only two games this season. Said Coach Dressen "Its a growing program. We have to take our lumps before it gets better." The change to a tougher conference did not help either. There also were few returning Varsity letter winners.

The varsity team was made up of fourteen players; two sophomores, six juniors and six seniors. Becky Lindberg, a junior, was named All Conference and All Metro Honorable-Mention. Next year will hopefully be better as players improve and become more competitive.

Although their win/loss record was not as successful as the girls had hoped for, disappointment was far from the prevailing tone. As a rebuilding team, the girls were open to new suggestions and willing to put in a little extra to improve their offensive and defensive strategies. Gathering at someone's house before games helped boost morale and build camaraderie. Even though they got sick of "Scramble!!", the basketball team had **fun** !



1



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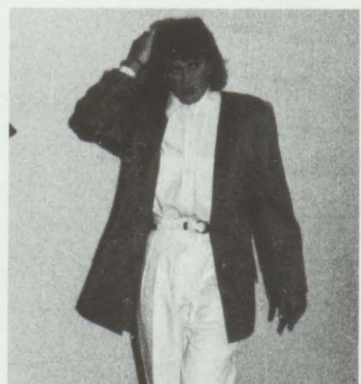
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7

1. B-Squad players excited for a game. 2. Is this basketball or All-Star Wrestling?!? 3. Yes, I know . . . But you should see my bedroom! 4. Susie Kasma up for a shot. 5. Tami Carey, will it go in? 6. I LOVE BASKETBALL!! 7. Coach Dressen after another hard game.



# Sports



1



2



ALL-CONFERENCE AND ALL-METRO HONORABLE MENTION:  
Becky Lindberg



3



4

1. Paula battling for a basket. 2. Lori puts up a shot. 3. Becky Lindberg ... Another two points. 4. Waiting for the game to start, Laura and Cari support each other.



Home	Game	Opponent
34	Irondale	36
50	Columbia Hgts	36
45	White Bear	53
55	Osakis	57
40	Sauk Center	60
58	Chisago Lakes	46
31	Hill-Murray	57
41	Stillwater	70
39	Roseville	54
41	Blaine	56
40	Anoka	44
46	Coon Rapids	60
34	White Bear	51
46	Hill-Murray	59
30	Roseville	44
52	Stillwater	80
42	Coon Rapids	47
30	Blaine	53
43	Anoka	64
30	Blaine	54



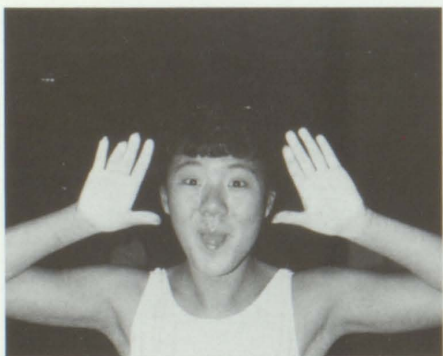
# Sports

## GYMNASTICS

**"F**orest Lake Tumbles High!" was the motto of the 1988 gymnastics team. Lead by Co-Captains Liz Stumbo and Jill Hanson, they did just that. The team broke the FL score record in the beginning of the season with a 140.65 at the White Bear Lake Invitational. That record was broken several more times, and now stands at 142.65. The team improved consistently throughout the season, despite injuries and sickness. Most of the gymnasts earned personal best scores for their events. Said Coach Blasko, "It's the most skilled team I've ever had, and it shows because it broke the point records. They were motivated with not only enthusiasm, but also direction."

The gymnastics team ended up second only to White Bear Lake in the Twin Cities Suburban Conference. They placed fourth as a team in Region 4AA competition. Jill Hanson placed on the beam and represented FL at State as an individual. Hanson, Carla Thurnbeck and Tina Olson were also named All — Conference. With only five of the thirteen letter winners leaving, next year should have an equally successful season.

The dedicated team worked hard together to obtain their successes. The majority of the Varsity members trained year round with the gymnastic club. In doing so they grew close and have many memories. Remember; Maureen, Amy and Tenni's laughing contest? Tumbling on the dreaded wrestling mats? Ordering Dominos Pizza? And getting 140 for the first time!? Every gymnast has her favorite moments to remember, but they all can be summed up in one word . . .  
**ENT\*HUS\*IASM!!**



1. Jill Hanson displays the style and grace that helped earn her a trip to state. 2. Misty Frahm strikes a pose for the judges. 3. The mascots . . . 4. Jody Graba, having fun during practice. 5. Carla Thurnbeck pauses before her next move.



Home	Meet	Opponent
130	Fridley	99.3
129.6	Elk River	107.45
136.65	Chisago	116.2
129.7	Blaine	111.65
136.7	Mahtomedi	141.2
133.5	Cambridge	130.65
137.15	Irondale	132.1
136.35	Stillwater	123.5
3rd place	White Bear Invit	
138.75	Roseville	135
140.25	Coon Rapids	127.15
1st place	Princeton Invit	
140.2	White Bear	144.9
142.65	Anoka	134.35
4th place	Regions 4AA	



# Sports



ALL CONFERENCE: Carla Thurnbeck, Jill Hanson, Tina Olson  
STATE PARTICIPANT: Jill Hanson

1. Tina Olson executes a graceful, but powerful split leap. 2. Lisa displays flexibility and balance on the beam. 3. Kip that Bar! 4. Jean Whitney is all smiles as she flies through the air for the perfect score.



2  
It's hard to believe that our season is done,  
Seems like yesterday it had just begun  
Remembering back to those first couple of days,  
When figuring out floor routines seemed like a maze  
And those first few weeks your hands were one big rip  
But you still got up on the bars and did another kip  
Coaches were worried about you being able to vault and land,  
When all you worried about was being able to stand.  
The beam was something you never thought you could stay on,  
And seriously considered buying glue with a strong bond.  
Then there was being nervous for the first big meet,  
But the team pulled together and Fridley saw their first defeat.  
That's when we found out what we really meant to one another.  
And that's when it was clear our team was like no other.  
Everytime you were done with a routine, good or bad,  
The team was there hugging you like mad.  
This Forest Lake team will be known by others forever,  
In the special way that they were when together.  
For some, our highschool gymnastics years are over, for others  
they have just started.  
But this team will forever be together in spirit, even though the  
seniors have parted.  
And each of us will be remembered by our unique dance steps or  
pose,  
As the 1987-88 gymnastics season has come to a close.





# Sports

## VARSITY WRESTLING

**T**he RANGER wrestlers had another excellent season topped off with a runner-up finish in Region 4AA, just missing a spot in the state tournament by losing to Anoka in the finals.

The Rangers also did well in the individual Region Tournament, the previous week with three wrestlers qualifying for the trip to state: Rich Elliot at 119 pounds, Pat Larson at 126 pounds, and Andy Zaske at 132 pounds. Elliot and Larson each took 5th place and Zaske gave a strong showing as well at State

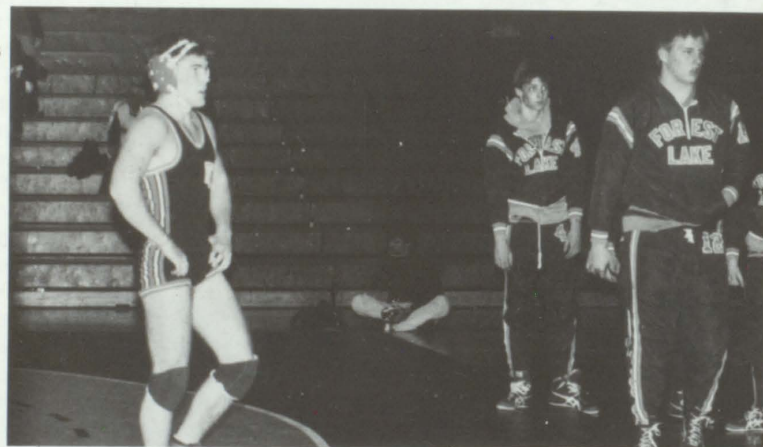
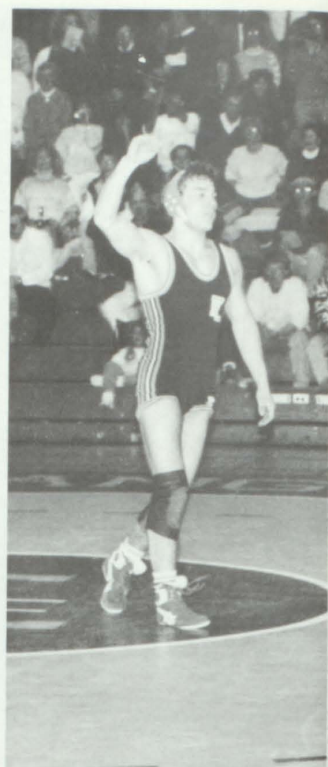
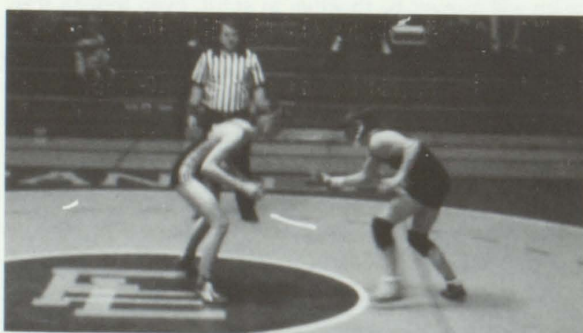
All season long the boys wrestled tough earning experience and gaining endurance. With a lot of Tournament matches they were able to wrestle many teams they would not usually wrestle in the regular conference schedule.

In the first year, as a member of the newly formed Twin Cities Suburban Conference the team ended up with a 3rd place finish in the conference.

Many new names popped up in the roster and showed themselves to be strong competitors. Jeff O'Brien, Greg Berg, Joe Julkowski, Dan Ostlie, Andy Zaske, as well as co-captains Rich Elliot, and Pat Larson, had excellent senior seasons, with O'Brien and Berg placing 3rd in the region tournament.

Jeff Anderson, Paul Schwab, Lance Pankratz, Troy Pleski, and 8th grader, James Freeman, all had strong seasons as underclassmen which will keep the tradition going on next year and the year after.

The team showed excellent depth this year and to the J.V. Wrestlers won the Conference for F.L. As Elliot puts it, "Expect to see another strong team next year and in the years to come."

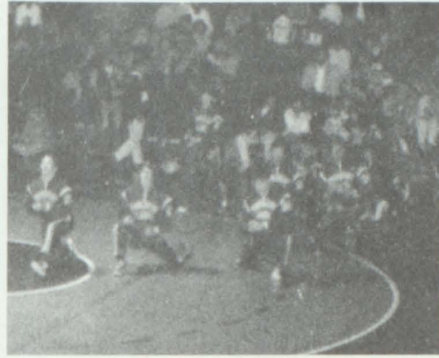


1. Parents show their untiring support of their athletes. 2. Rich Elliot struts off the mats after pinning another wrestler. 3. Andy Zaske moves off the floor anticipating advice from the Coach. 4. Aggressive attack begins. 5. Rich catches his breath as he struggles with an Anoka opponent. 6. Pat assumes a fierce stance as he prepares to start wrestling.





# Sports



2



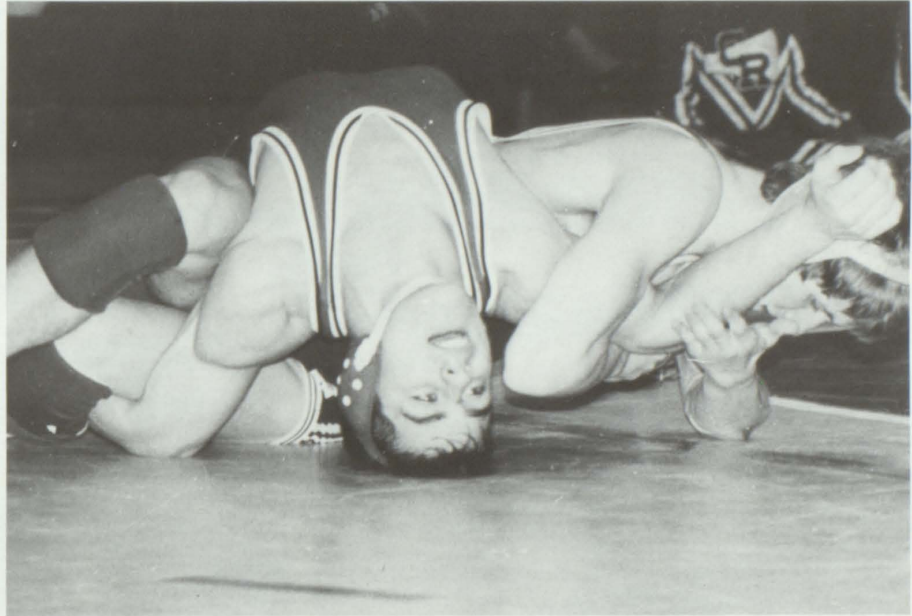
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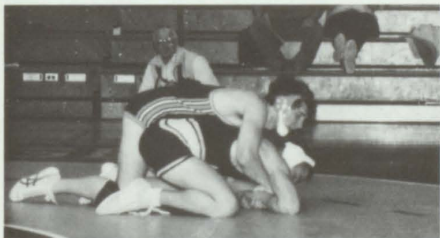
**ALL CONFERENCE AND HONORABLE MENTION:** Back — Pat Larson, Rich Elliot, Greg Berg, Jeff Obrian Front — Jeff Anderson, Dan Oslie, Paul Schwab *Not Pictured* - Andy Zaske



3



4



5



6

1. Jeff and Jeff; just like brothers. 2. Introducing the Rangers. 3. With a hug, Andy proves that cheerleaders are an important part of the teams success. 4. Dan Ostlie summons all his strength as he pins his opponent in a deadlock. 5. FL on its way to another victory. 6. Rich and Pat — all smiles as they anticipate the upcoming State match.

Home	Match	Opponent
50	White Bear	13
44	Hill-Murray	9
53	Stillwater	0
25	Blaine	32
4	Coon Rapids	15
42	North Branch	13
16	Anoka	36
45	Roseville	13
	Tournaments	
1st		F.L
3rd		F.L.(team)
5th		Fairbault
12th		Mn. Christmas
1st		Paynesville
2nd		Eden Prairie(team)
3rd		Osseo(team)
2nd		Region 4AA Team
2nd		Region 4AA Ind.
	<b>Region 4AA</b>	
32	Blaine	16
17	Anoka	31



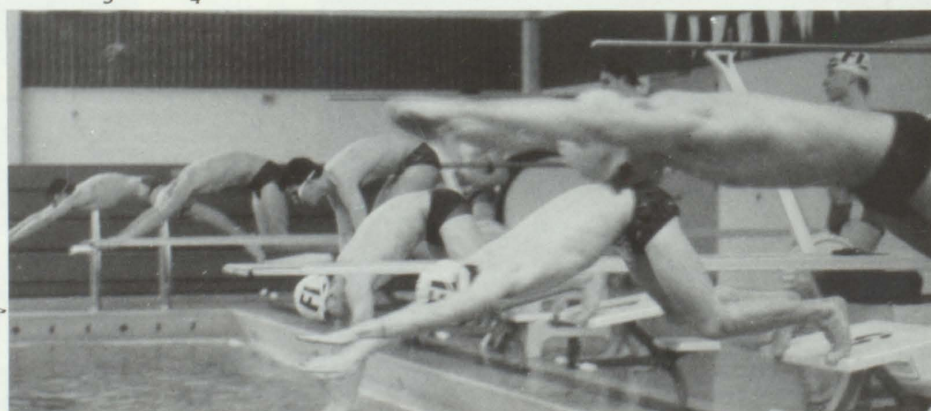
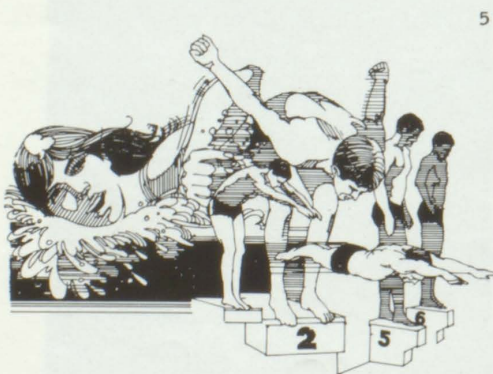
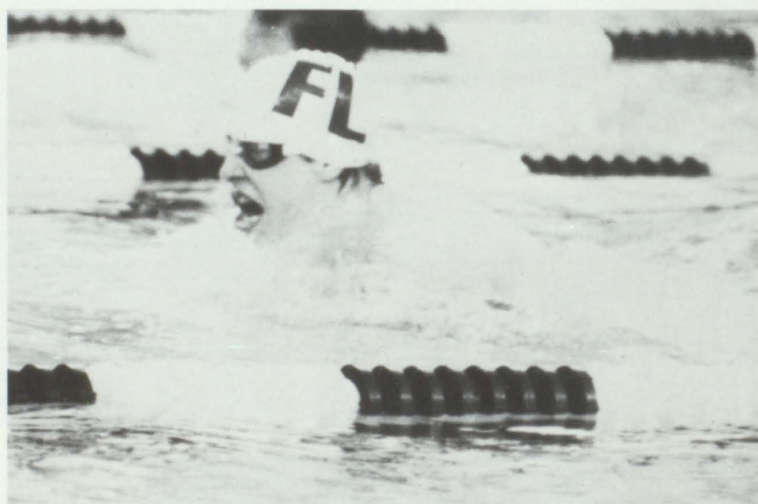
## BOYS SWIMMING

**S**wimmers Wanted! The boys' swim team was in desperate need of swimmers at the beginning of the season. They also were in search of a coach. Liz Gomez, from Chisago, came to their rescue filling in the position of head coach. With the addition of some junior high swimmers and new recruits from the high school, the season was on. However, the small number of experienced swimmers made it hard for the team to win over the large and powerful teams of the North Suburban Conference. Several swimmers consistently placed in their events, but usually it was not enough against the depth of their opponents. The boys did place third at the Cambridge Invitational with the help of a few impressive swims. Their only win was over Chisago. Throughout the season seven individuals dropped their times enough to qualify for the sectional meet. There they showed, that although they were a small and growing team, they had potential.

Delaying in the locker room kept the majority of practices from starting on time, but once they were in the water, they worked hard. Stroke drills, sprints, distance swimming and speciality work helped the guys improve and build their endurance. Kick boards and pullbouys may have been strange to the newcomers, but soon they became either close personal friends, or enemies. The endless laps, sore muscles and strained lungs paid off in the end of the season. Shave down was interesting to the first timers, but then for the veterans, it was the welcomed signal of the end of a tiring season. The memories will always be there. Having fun picking on team mates, "insistant coaches", pizza on Friday, Water Polo, and the satisfaction of living through another practice are some things that will stay with the brave and dedicated swimmers.



1. Coach Gomez, "Now boys, our first lesson for today, this is the deep end." 2. Jim Gaiovnik — just call me god! 3. Scott — the model breast-stroker. 4. He's swimming, I think . . . 5. Forget technique! Everybody in the water!!

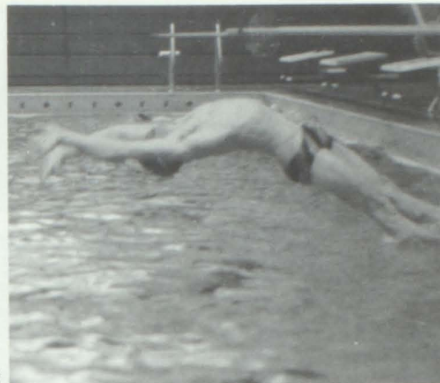




# Sports



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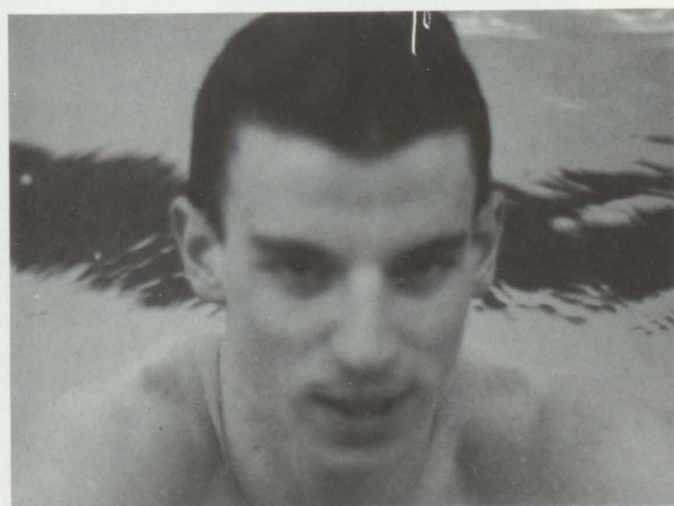
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1. Scott and Jason making up excuses to skip practice. 2. Jason and his backstroke start.. Awesome! 3. Jason perfecting his fly technique. 4. Splashing in the pool, a monumental event. 5. Jim Wrobel, "Rubble Flies". 6. Scott Perry: Isn't he *SUAVE*?



ALL CONFERENCE: Jason Schlegal HONORABLE MENTION: Jason Bergerson, Jim Wrobel

Home	Meet	Opponent
loss	Elk River	Win
3rd Place		Cambridge Inv.
loss	Fridley	win
win	Chisago Lakes	loss
loss	Roseville	win
loss	Coon Rapids	win
loss	Blaine	win
loss	Stillwater	win
loss	Irondale	win
loss	Anoka	win
loss	Columbia Hgts.	win



# Sports

## SLALOM SKI TEAM

**"T**he Best!" is how state participant Stacy Welch described the 1987-88 ski season. And for good reason. After placing second in regions, the boys' team advanced to State, where, despite several falls, they took seventh. The girls' team just missed going to State with a third place finish in Regions. Welch qualified as an individual, as did Paul Millington.

Slalom skiing is much more difficult then it appears to the casual observer. Skiing requires both talent and hard work. Dry land practices, running, weight lifting and stretching began in the middle of November for the teams, but some individuals work out all year round in order to be in top shape. Practices and meets also took up alot of time. The team traveled to Wild Mountain for practices on Monday and Wednesday. Tuesday and Thursday were reserved for meets there or at Afton Alps. Even through the coldest days, the ski team members could be found on the slopes perfecting their techniques and working out details. At times, they were the only high school team practicing. Their hard work and dedication definately paid off in the end of February at the Region and State meet.

The team had to deal with more than wind chills. There were injuries to several members. Falls and pulled muscles kept some from reaching their full potential. But the obstacles only pulled the team together. The season was a lot of fun and next year looks even better. Commented Welch, "We're just like a family."



**Section IV Runner-up:** Jake Thurnbeck, Chris Johnson, Paul Millington, Todd Halvorson, Ty LaTorneau, Guy Thayer



1



2



3

1. Paul Millington makes his way down the course and on to the finish line. 2. Staci Welch relaxes while watching the guys team. 3. Watching the competition eagerly.

### GIRLS RESULTS

Home	Meet	Opponent
21	Anoka	34
29	Coon Rapids	26
44	Blaine	11
17	Hill-Murray	38
43	Centennial	12
40	T.F/St. Croix	15
42	Roseville	13

**3rd Place**

**Regions**



# Sports



1



2



**All-Conference and Honorable Mention:** Angel Berth, Heidi Kertcher, Katy Gross, Stacy Welch

1. Chris Johnson: leaning forward and staying low helps keep the momentum. 2. Is it a bird? A plane? No, It's Ty!! 3. Todd, what are you smiling about? 4. Region participants take time out for a photo. 5. Katy and Katie enjoying the weather, and the sights . . . hmmm . . .

3



4



5



## BOYS' RESULTS

Home	Meet	Opponent
44	Anoka	11
40	Coon Rapids	9
35	Blaine	20
45	Hill-Murray	10
40	Centennial	15
47	T.F./St. Croix	8
49	Roseville	6
<b>2nd Place</b>		<b>Regions</b>
<b>7th place</b>		<b>State</b>



# Sports

## VARSITY HOCKEY

**T**his years hockey team mostly consisted of juniors and seniors, with a few returning letter winners. There was much hope for an excellent season but plans of that were upset with an ending record of 7-13-1. Reasons were many, and some attributing factors were the change to the North Suburban Conference, the loss of last year starters, and injuries. Therefore, the team had to rebuild and learn how to come together to form a working unit.

But the season was not without it's highpoints. They managed to beat seven different teams including Roseville and Blaine. There were also quite a few close games were lost by only one point in overtime. Stout checking, discipline, and solid goal tending were the keys to winning the game.

Still with many underclassmen yet to come, next year hockey team will have gained a little more experience adjusting to the new conference and be able to concentrate on skills and determination to becoming a winning team.



1. Diving for the puck, Sherwood tries to overcome his opponent. 2. Mayer skillfully slides the puck across the ice, while checking his way through. 3. The ability to aim and be accurate is important for making these goals. 4. Warming up is an essential part of good hockey performance.

3



4





# Sports



ALL CONFERENCE AND HONORABLE MENTION: Ross Peterson, Tyler Wachter, Russ Stark, Tony Janu, and Greg Weiss.



1: Driving the puck home brings victory. 2: Tyler's quick reflex saves an attempted goal. 3: Guiding the puck down the ice is not a skill that everyone can master. 4: Skate, slide, swoosh, and SNAP!!! 5: Derek successfully beats his opponent to the puck.

Home	Game	Opponent
2	St. Bernards	3
4	Hastings	4
4	Irondale	2
7	Fridley	1
3	No. St. Paul	6
5	Mohtomedi	1
4	Centennial	3
2	Stillwater	5
4	Coon Rapids	5(OT)
3	Anoka	6
5	White Bear	6
3	Blaine	1
3	Hill-Murray	6
5	Roseville	3
1	Stillwater	9
4	Coon Rapids	5
4	Anoka	5(OT)
1	White Bear	4
3	Blaine	2
3	Hill-Murray	7
2	Roseville	10
4	Woodbury	3(OT)
0	Spring Lake Park	2



## FOOTBALL CHEERLEADERS

**T**he football cheerleaders had a real battle with the elements this year. Through the high temperatures and mosquitoes at the first game, the pouring rain at Blaine, and the freezing Alberta Clippers in the late season, they were there. Their job was to raise spirits and get those fans to cheer along with them, encouraging the players to a victory. They proved to be quite successful in doing just that. The cheerleaders, led by Captain Nandy Miller, had many responsibilities which included making posters and helping in the organization of pep fests. This made homecoming one of their busiest times, and they spent countless hours after school in preparation.

They came into the season with a summer of many hard practices behind them. A week was spent at a cheerleading camp at the University of Minnesota. Their advisor, Pat Cheyne, accompanied them to Bailey Hall and felt, along with the rest of the girls, that the camp was worth their while. One senior commented, "I could really see that the cheerleaders worked hard this year. They were the best we've had in years!"



VARSITY FOOTBALL CHEERLEADERS: Teri Ruben, Susie Arndt, Leslie Kasid, Cari Riis, Vicki Fredrickson, Jean Crandall, Lisa Frost, Nandy Miller — Captain, Steph Hammes.



1. Football cheerleaders with the Ranger mascot keep the spirit alive at the games. 2. Trying to stay warm during the homecoming parade, the cheerleaders keep on yelling. 3. Hard work pays off in the beautiful mounts like this.



2



3



B-SQUAD FOOTBALL CHEERLEADERS: Sherry Roskowitz, Shelly Powers, Jill Stenberg, Michelle McClure, Angie Hanson, Jeri Kyrola



# Sports



1. Varsity Cheerleaders perform a favorite mount. 2. Tiffany, what were you doing? 3. Gathering at homes before games helps the squad become close friends. 4. Cheerleaders have more fun! 5. W-I-L-D!!! 6. Jenny, is that the new cheerleader diet?



Varsity: Nandy Miller, Lisa Frost, Julee Penton, Scott Parnham, Sheila Pentalion, Jenny Maether



## BASKETBALL CHEERLEADERS

**D**edicated is one adjective that describes the Basketball Cheerleaders. Their season is long, with practices starting in November and ending in March with the Regional tournaments. This year's Varsity squad had someone special to help them with half of the season. Scott Parnham, an exchange student from Australia added his talent to the squad. His strength helped in mounts and lifts, and his powerful voice aided in getting the crowd involved. Unfortunately, Scott went home in the beginning of January. He was the first male cheerleader FL has had.

The cheerleaders memorized their hundred plus cheers by practicing most days after school. In constant motion during the two hours of a game, being in shape was a must. In addition to preparing for games, they made signs that were hung up both in the gym and the halls. "Cheerleading is a lot harder work than most people think," said one cheerleader.



B-squad: Ava Dahlberg, Tiff Fladland, Andrea Bakke, Becky Ekdahl



# Sports

## WRESTLING CHEERLEADERS

**E**very Saturday, and many Friday nights. And that's only the beginning of the commitment the wrestling cheerleaders had to have. It all started last spring where the squads were chosen. During the summer, four of them went to cheerleading camp to improve their skills and add to their list of over one hundred cheers. Then during the wrestling season, the six Varsity and four J.V. cheerleaders practiced most days after school. In addition, they made a special sign for each weight for the meets.

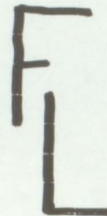
Throughout the season, the girls developed close friendships. Even when someone messed up a cheer, they just blew it off. "You're screwing up right now!" they'd inform each other, then pretend it didn't happen. Says Vicki Fredrickson, "The most fun meet was Eden Prairie. It was a Tuesday night and there was a big snow storm. We were hoping we'd have to stay over night. We didn't but it was still fun!" The Cheerleaders did an excellent job supporting the Wrestlers and getting the crowd involved. Advice for future cheerleaders from Vicki, "Watch out for Burger King doors!"



1.



2.



J.V. CHEERLEADERS: FRONT: Jill Stenberg, Linda Leroux BACK: Jeri Kyrola, Kim Marx



VARSITY CHEERLEADERS: FRONT: Julie Nickila, Stephanie Hammes, Vicki Fredericksen, Katie Hulleman BACK: Lynn Mansmith, Kristy Olson



3.



4. 1. Introducing Vicki! 2. Kristy and Katie, "We love our team!" 3. Cheering at meets is the fun part of being a cheerleader. 4. Lynn and Steph relax before varsity begins. 5. Cheering at the mat, the girls watch intently.



5.



# Sports



1.



2.

1. Varsity Cheerleaders have fun cheering on their team. 2. B-Squad does their fair share! 3. Marni watching the game intently. 4. Cheerleading is hard work sometimes!



## HOCKEY CHEERLEADERS

**"Y**ou really have to like hockey!" said Hockey Cheerleading Captian Marni Olmsted. "It takes alot of commitment and modivation." The eleven girls that make up the Varsity and J.V. Squads practiced together throughout the season, building up a repertorie of around ninty cheers. What makes Hockey different to cheer for then the other sports is sometimes they are on skates, and the Arena is cold! The Cheerleaders have to both keep warm and keep the crowd involved in the game. That is no small task. They cheered most of the time during the games, but especially when it would get exciting.

Despite the cold and hard work involved, the cheerleaders still had fun and have many memories. Said Marni, "One time Cari Riis stepped off the ice, tripped into the most gracefull chinese roll and got back on her feet! That was funny!"



4.



VARSITY Back: Cari Riis, Leslie Kasid, Denise Krenz, Marni Olmstead Front: Teri Ruben, Susie Arndt



B-SQUAD Back: Becky Saunders, Nikki Wood, Sheri Roskowitz Front: Brooke DeWitt, Lisa Kleinvachter



# Sports

## DANCELINE

**T**he Forest Lake Classettes were a student run Varsity team. The advisor was Stephanie Kidder, and captains were Dawn Wyse and Michelle Olson.

The Classettes consisted of twenty girls who performed at football, basketball and wrestling events. The classettes also participated in competition.

There is a feeling of accomplishment and self pride after a performance that makes all the long practices worth while. They developed into a family, working together to perform well and having good attitudes towards their dancing and each other.

Being a member of the Classettes took a lot of time and dedication, partly because it was a full year sport running from August until the middle of March. They practiced three or more days a week. The Classettes work together to encourage school spirit and support the teams. Since the beginning, the Classettes have improved with the help of fan support that got stronger throughout the year.



1.



2.



3.

1. "What ... you want to take a picture of me?!" Co-captain Michelle and Dawn. 2. The classettes make an appearance in the homecoming parade. 3. Competitions are so much fun! 4. Practice pays off in front of thousands at the Vikings' Game.

4.

Back: Angie Larson, Toni Blake, Kelly Hammons, Lisa Martin, Gretchen Peterson, Kim Albrecht, Kristy Johnson 3rd Row: Amy Rudenick, Jennifer Addicks, Laura Theroux, Tami Srock, Kendra Osterkamp, Karen Isocher 2nd Row: Kirsten Hernzlik, Laura Brott, Heather Wiede, Kelly Turner, Margie Peisert Front: Michelle Olson, Dawn Wyse





# Sports



## VIKINGS LET SUPERBOWL SLIP THROUGH FINGERS

For Minnesota, it was almost a Cinderella year. After a World Series Championships most had mountain high expectations for the other sports teams. — namely the Vikings. Surprisingly enough, the Vikings came close to reaching their peak and delivering. Admit a strike and injuries, they reentered the season attempting to come together and make up for lost time. As the season progressed — with a record that did not look too promising — the Vikings pulled through, gained a spot as a Wild Card team and started a climb that would take them one game short of the Superbowl. Almost undoubtedly, they worked hard, "Establishing themselves as one of the premier teams in the league," says fan, John Joachim. But working hard proved futile as it just wasn't enough. After crushing New Orleans and defeating San Francisco, they were ready to tackle Washington. Their efforts were in vain as a last minute incomplete reception ended their season abruptly. "No one can attribute their loss to Wilson's final, incomplete pass," says one avid fan. The potential was there and so were four chances at the five-yard line. They just couldn't break through. Their fault, says another fan, was in the final game against the Redskins. What happened to the team that was both aggressively and offensively imperial against the forty-niners and the Saints? Playing conservatively was their downfall. Whether they could have gone all the way or played the final game any differently in a regular season leaves much to be contemplated. Whatever the case, they left fans cheering and delivered an exciting season. They came close. Close but no cigar . . .

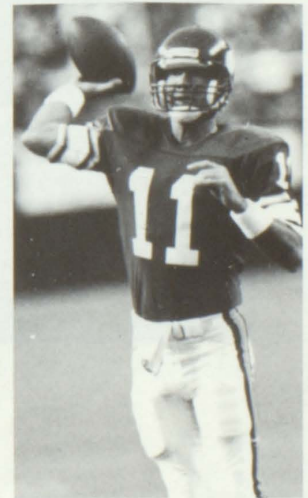
1. Opening ceremonies for recipients of the Hall of Fame awards begin. 2. A Viking cheerleader executes perfect form. 3. Purple dominates!! 4. Synchronized Alfred Anderson(46) and Alan Rice(36) run a play. 5. Pre-game jitters BOYS? 6. Wilson avoids a sac as he hands off to Rice. 7. Kramer throws a 47-yard touchdown pass. 8. Searching for an open man Wilson avoids interception and "snap!"



## QUARTERBACKS IN PERSPECTIVE



It was a year of the quarterbacks. Between Wilson and Kramer glory was captured and lost as they entered each game not knowing who would lead the offense. However, seasonal injuries seemed to help in Burn's decision for a starting line-up. Whether wimpy and whiny or brash and brutal, both went in and did the most efficient job possible giving fans a reason to cheer.

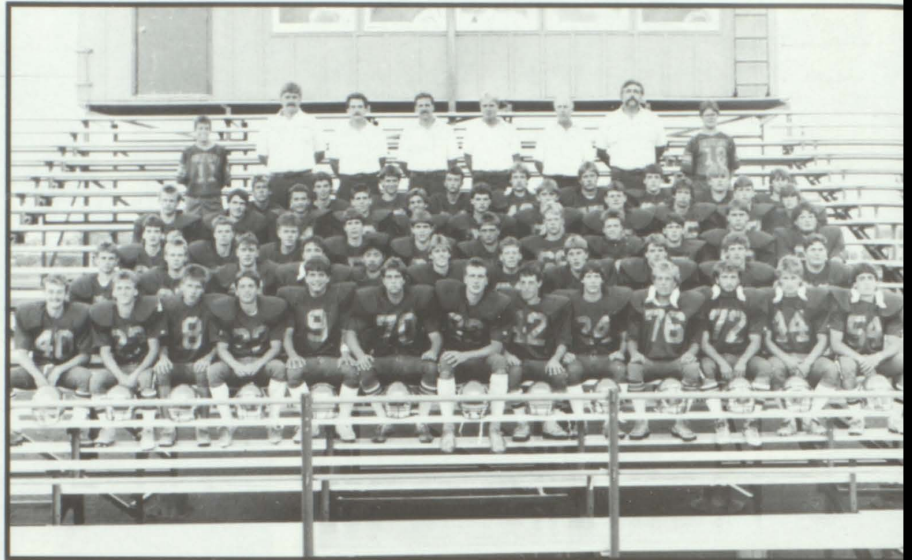




# Sports

## VARSITY FOOTBALL

FRONT: K. Wendland, T. Pearson, T. Bance, L. Lenarz, T. Ramblodt, J. Bruley, E. Carter, P. Millington, K. McNamara, B. Solum, J. Juldowski, L. Lunzer, C. Robinson ROW 2: S. Hansen, T. Halvorson, G. Thayer, K. Snyder, C. Chelgren, B. Maas, W. Hermes, N. Biermaier, T. Meymen, J. Peterson, S. Parnahm ROW 3: J. Philippi, M. Strandness, C. Johnson, R. Hanson, T. Jensen, J. McGeary, B. Ramberg, B. Arnold, J. Hesse, C. Conner, B. Johnson ROW 4: T. Rabel, E. Spence, D. Schmidt, C. Gmach, T. Loushine, B. Roberts, J. Mishak, B. Olson, J. Childers, C. Baland, D. Archer ROW 5 D. Dahlquist, R. Johnson, M. Monson, R. Peterson, J. Turcotte, H. Anderson, P. Schwab, J. Boyer, M. McCann ROW 6: J. Scherman, L. Tietje, L. Matzdorf, J. Herman, T. Cravalle, R. Humphreys, B. Streeter, S. Maher



## VARSITY SOCCER

FRONT: Dan Zemke, Jose Barcala, Randy Power, Paseng Xiong, Rich Elliot, Andy Zaske, Derek Fingal, Jeff Young, Matt Meier, Mark Barsness BACK: Coach Tungseth, Steve Distler, Pat Larson, Kyle Bocklund, Dean Kelly, Scott Degendorfer, Craig Peterson, Russ Stark, Jason Kolodjski, Bill Mastin, John Falck Not pictured: Rick Sexton and Jeff Collins



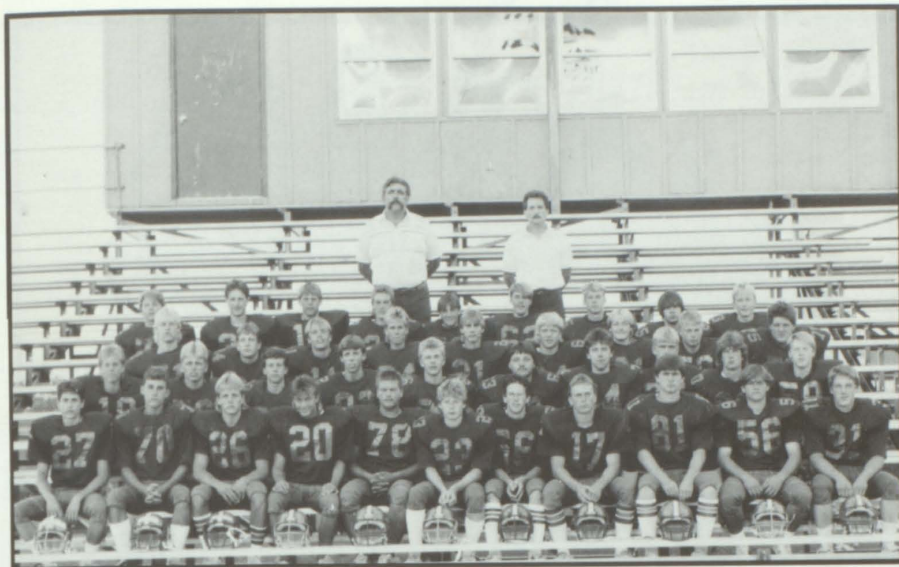
## GIRLS SOCCER

BACK: Missy Morken, Corie Rheault, Chris Welage, Jenny Jorgenson, Barb Jones, Amy Wolfe, Teri Jo Larson, Coach LaCasse FRONT: Nikki Frenck, Jenni Hohman, Lori Book, Kara Mattheison, Leah Scott, Laura Lavoy, Shannon Swanson





# Sports



## B-SQUAD FOOTBALL

FRONT: Travis Galleberg, John Foss, Joe Toth, Mark Hoff, Eric Skog, Wade Maki, Jeremy Minner, Troy Blanchard, Pat Flanagan, Tim Kivel, Richard Inott Row 2: Mike Wassman, Mark Hendrichson, Jason White, Joe Hermes, Charles Feller, Wes Flor, John leBoeuf, Jeff Boyer, Hyland Rowan, Troy Laurence ROW 3: Tim Colberg, Sam Ferraro, Ken Anderson, Matt Wassman, Dan Hulleman, Steve Isaacs, Adam Peterson, Jason Rauner, Jim Lundberg ROW 4: Eric Swenson, Henry Mauren, Scott Timmons, Mike Polenchek, Keith Simmonett, Rob Dunean, Craig Gillen, Dennis Kenny, Kevin Nebon



## B-SQUAD SOCCER

FRONT: Josh Fedderly, Matt Sather, Dan Becker, Nathan Ostertag, Troy Patent BACK: Doug Oase, Al Newman, Kirk Solum, Ty Letourneau, Kevin Broadbent, Brent Houle, Jason Grandquist, Coach Scott Winter



## J.V. SOCCER

FRONT: Brian Schleicher, Tim Zaske, Jeff Hoffman, Chas Mastin, Steve Chapin BACK: Coach Bob Dettmer, Manager Kim Thurnbeck, Jeff Smith, Scott Wiczorek, Dave Winkler, Jason Bergerson, Ron Mondor, Eric Stacey, Alex Rudolf, Chad Peterson



# Sports

## VARSITY VOLLEYBALL

FRONT: Denise Krentz, Jenny Pfeiffer, Annette Blanchard, Jill Hanson, Julie Determan  
ROW 2: Lori Simmons, Lisa Brodtmann  
ROW 3: Coach Paulson, Becky Lindberg, Janel Schmidt, Vicki Maas, Lynn Lamere, Shelly Quigley, Coach Feurstenberg  
BACK: Lezlie Weiss, Natalie Hale, Rhonda Thiry



## CROSS COUNTRY

Front: Paula Holter, Deb Ludington, Mindy Lindell, Aimee Larson, Katie Gosiak, Linda Kazmierczak  
Middle: Chris Sandstorm, Anna Sahl, Sara Larson, Maura Madden, Jeff Gosiak, John Zderad, Dave Funni, Brad Lindberg  
Back: Joe Liljedahl, Dave Larson, Brad Fritz, Jason Pietraszewski, Andy Alshouse, Steve Moorman, Dave Clark, Jim Masloski, Nick Miron, Todd Roe, Andy Davis, Coach Fedderly



## GIRLS VARSITY TENNIS

Front: Amy Hunt, Tricia Lendway, Kerry Pakulski, Sherry Jochim, Deb Steffenson, Lee Streitz  
BACK: Dee LaRock, Linda Streitz, Connie Biermaier, Cris Krizan, Heidi Braun, Sharon Stendahl, Katie LaBore, Coach Chalberg





# Sports



## J.V. VOLLEYBALL

FRONT: Lisa Brodtmann, Susie Kasma, Andrea Phaneuf MIDDLE: Laura Boyd, Annette Blanchard, Rosie Doege, Coach Fuerstenberg BACK: Toni Werner, Vicki Mass, Mallory Locke



## SOPHOMORE VOLLEYBALL

BACK: Coach Kidder, Jenny Pfeiffer, Sara Carter, Rita Anderson, Paula Schrom, ? , Angie McCullough, Nikki Carlson, Trisha Johnson FRONT: Katie Nord, Jessica Wahlberg, Carla Thurnbeck, Tara Krantz, Tina Olsen, Tina Johnson, Brooke DeWitt



## J.V. TENNIS

FRONT: Michelle Evenson, Lisa Kleinwachter, Tina Gustafson, Kathy Neuenfeldt, Lisa Frost, Vicki Ethan, Carrie Jensen BACK: Karie Boughton, Heidi Butler, Lisa Olson, Nancy Jergens, Jenny Madden, Jeanne Greathouse, Shannon Herzog, Coach Becken



# Sports

## Varsity Basketball

Back: Coach Hegseth, Manager Brad Clark, Dan Johnson, Karl Wagner, Scott Bance, Tom Ramboldt, Eric Carter, Craig Peterson, Craig Conner, Andy Larson, Jeff Bruder, Manager John Scherman, Coach Anderson, Coach Gunderson Front: Jeff Pruitt, Randy Power, Dave Schmidt, Tom Bance, Matt Hibbison, John Wallraff, Todd Loushine, Chris Gmach



## Varsity Basketball

Back: Coach Chalberg, Susan VanCleave, Paula Schrom, Lori Simmons, Tami Anderson, Paula Holter, Andrea Phaneuf, Toni Corey, Becky Lindberg, Coach Dressen Front: Manager Michelle Jacobson, Sharon Stendahl, Connie Biermaier, Beth Plummer, Lisa Brodman, Laura Boyd, Karie Boughton, Heidi Butler



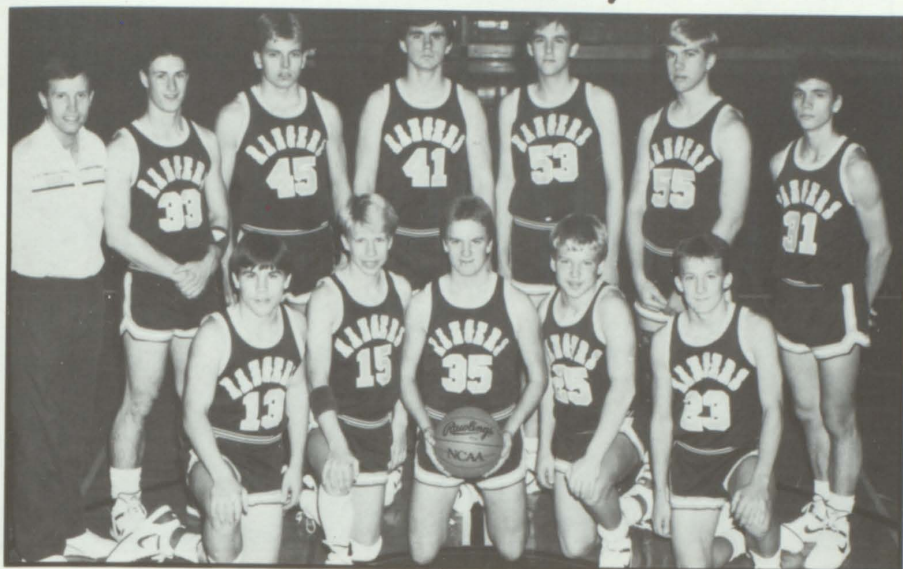
## Girls Swimming and Diving

Back: Divers — Rachel Huntush, Amy Richarts, Jeanne Shaketer, Jenny Frost, Jenny Thorburn, Stacy Walcholz, Jenny Rice Coach Johnson Middle: Swimmers — Katie Backer, Chelsea Calander, Lisa Albert, Colleen Skoglund, Deb Moravec, Tammy Halft, Lisa Anderson, Coach Nelson Front: Connie Pierre, Michelle Jacobson, Jenny Carlson, Jenny Johann, Jean Schroeder, Lisa Rattei, Lisa La-Casse Captains Suzanne Schleder, Maria Falzone





# Sports



## B-squad Basketball

Back: Coach Anderson, Henry Mauer, Mark Hendrickson, Pat Flanagan, Rob Aikins, Jeff Boyer, Josh Wilbourn Front: Erzell Mesecher, Brad Linberg, Brad Wiechman, Steve Isaacs, Kevin Nelson



## B-squad Basketball

Back: Coach Becken, Sherry Jochiam, Jena Lowe, Cristi Vessel, Rita Anderson, Rachelle Gross, Rachel Wagner Front: Sheila Amherein, Sarah Carter, Jenny Peiffer, Linda Strietz, Trish Johnson



## Boys Swimming and Diving

Back: Chris Rye, Brian VanBergen, Scott Perry, Matt Greene, Jim Gaivonik, Chris Koster, Chris Yokeum, Jeremany Went, Jason Bergeron Front: Sean Blackford, Rob Duncan, Scott Kuha, Jack Watson, Jim Wrobel, Todd Simon-sma, Jason Schelegal, Coach Gomez, Coach Johnson, Diving-Coach Johnson



# Sports

## Varsity Wrestling

BACK: Coach Dettmer, Mark Carter, Brian Solum, Paul Schwab, Dan Ostlie, Steve Moor-  
man, Dave Gruba, Robb Olson, Ken Snyder,  
Jeff Anderson, Mike Tyler, Barry Loson, Bob  
Johnson, Joe Julkowski, Randy Hanson, Ass.  
Coach Reinman MIDDLE: Ken Anderson, Cary  
Behm, Pat Larson, Rich Elliot, Thorn Witt-  
struck, Jeff O'Brien, Joe Liljedal, Brent Houle,  
Andy Zaske, Chris Choris, John Bodine  
FRONT: Greg Berg, Lance Pankratz, Dave  
Funni, Troy Pleski, Shawn Barry, Shawn  
Caziarc, Charley Walker, Jason Benson, Bill  
Hemstad



## Varsity Hockey

BACK: Coach Forsythe, Chuck Salo, Chris  
Ferderer, Mike Jones, Derek Fingal, Bryant  
Cole, Russ Stark, Rick Gorman, Ross Peterson,  
Lee Lunzer, Tony Janu, Greg Weiss, Manager  
Deb Ludington, Coach Backus MIDDLE:  
Coach Fedderly, Mike Strandness, Shaun  
Maher, Dan Zemke, Craig Baland, Tyler  
Wachter, Ron Sherwood, Brett Hickerson, Mi-  
chael Sjogren, Coach Mikolajczyk FRONT:  
Leslie Kasid, Suzie Arndt, Teri Ruben, Denise  
Krenz, Cari Riis, Marni Olmsted



## Gymnastics

BACK: Coach Blasko, Coach Ramberg, Coach  
Hipkins, Carla Thurnbeck, Tina Olsen, Angie  
Manson, Jean Whitney, Shelly Powers, Jodi  
Graba, Managers Trina Rose, Lee Crouse MID-  
DLE: Lisa Tschida, Jenni Hohman, Sheila  
Sampson, Misty Frahm, Tami Rose, Kris McK-  
ernon, Corie Rheault, Jean Klein FRONT:  
Maureen Larson, Wendy Peiffer, Jill Hanson,  
Liz Stumbo, Amy Lanahan, Christina Stranz





# Sports



## B-Squad Wrestling

BACK: Coach Dettmer, Tim Zaske, John Doe, Bob Kranz, Chad Organ, Dave Petelskek, Chris Determan, Joe Toth, Joe Doe, Matt Thayer, Jason White, Ass. Coach Reiman FRONT: Bob Mewhorter, Brian Passere, Paseng Xiong, Dave Winkler, Travis Whiting



## B-Squad Hockey

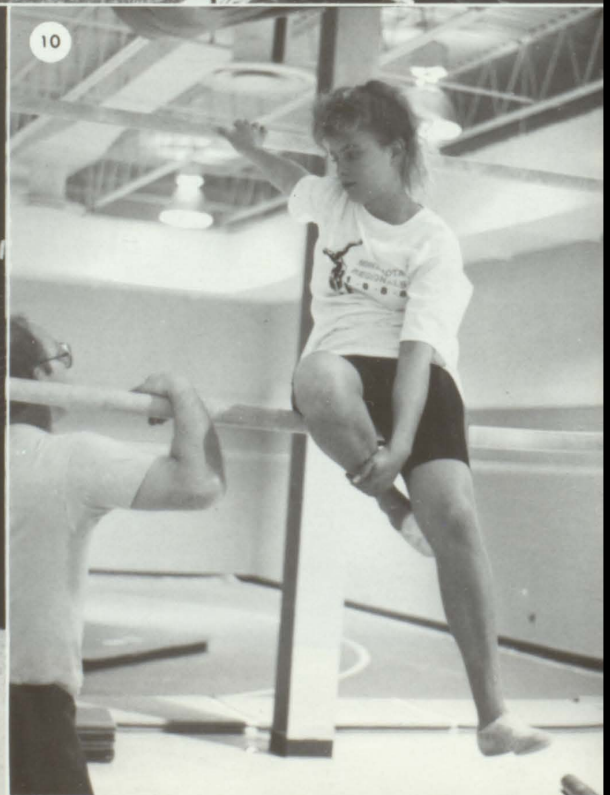
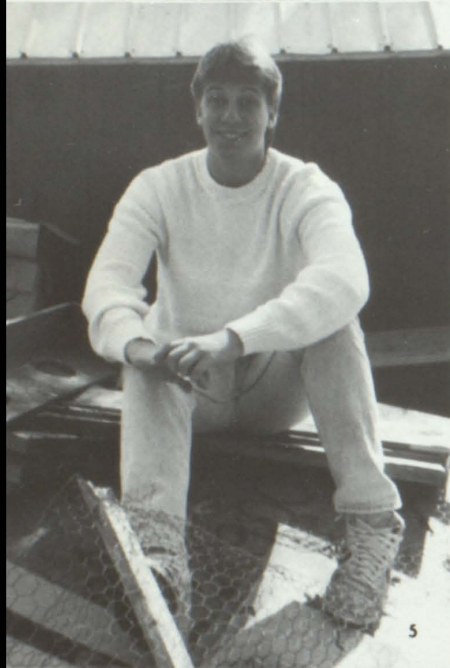
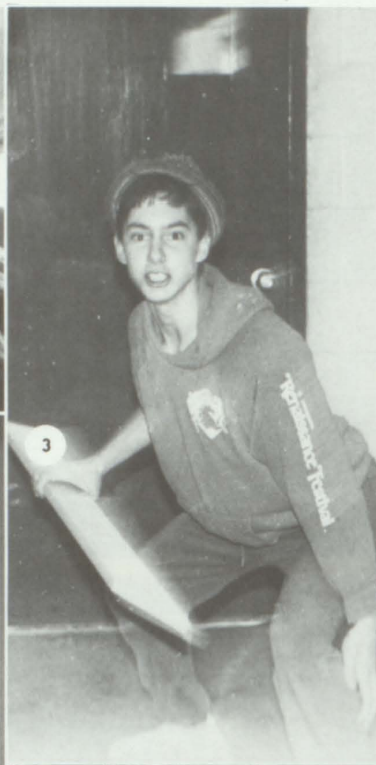
BACK: Coach Fedderly, Greg Docken, Sam Ferraro, Scott Timmons, Tim Pajois, Doug Baland, Tim Colberg, Mike Jones, Troy Blanchard, Mike Strandness, Chris Ferderer, Steve Carlson, Glenn Backus MIDDLE: Steve Funk, Mark Lautigar, Pete Lessard, Marc Frogner, Mike Lessard, Steve Ebert, Shad O'Malley, Kevin Broadbent, Matt Fuller FRONT: Becky Saunders, Brooke DeWitt, Sheri Roskowitz, Lisa Kleinvachter, Nikki Wood



## Slalom Ski Team

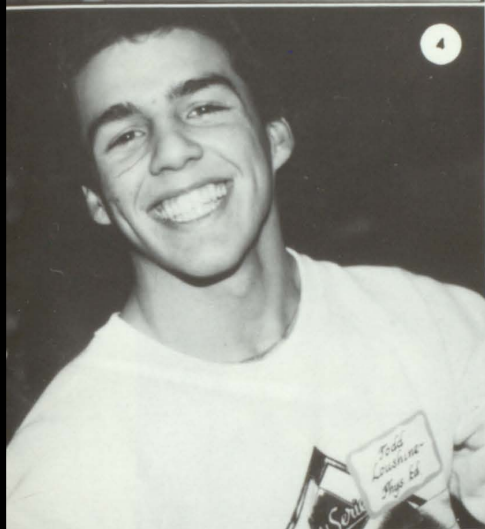
BACK: Wade Berry, Steve Bakke, Dave Winkle, John Haus, Chris Johnson, Guy Thayer, Paul Millington, Ty LaTourneau, Todd Halvorson, Jason Pietraszewski, Jake Thurnbeck MIDDLE: Nick Walker, Sarah Keyes, Danielle Gallaty, Chelsea Calander, Amy Richert, Jill Hohnson, Julie Saccuich, Heidi Kertzcher FRONT: Tim Ferguson, Nathan Malek, Erica Killelson, Brandy Gatzow, Mia Soinio, Eric Anton





1. Deb and Dave what a combination! 2. Shelly aren't we cute? 3. The attack of BOB!!! 4. Who do these belong to . . . 5. Craig our stud man. 6. Lisa shows what she's made of. 7. The "men" during ninth grade. 8. Soooooo glamorous, Sharyl. 9. Joe where are the whips and chains? 10. Shelly listens intensely while the coach gives some advice.





1. Bringing in the New Year. 2. Who's under there?! 3. PARTY, PARTY, PARTY. 4. See Loushine SHINE! 5. Cousin It. 6. College Fair, yippy-skippy! 7. Our Greek goddess . . . Vicki. 8. Sun, sand, and a guy what else could you want . . .







Join uS

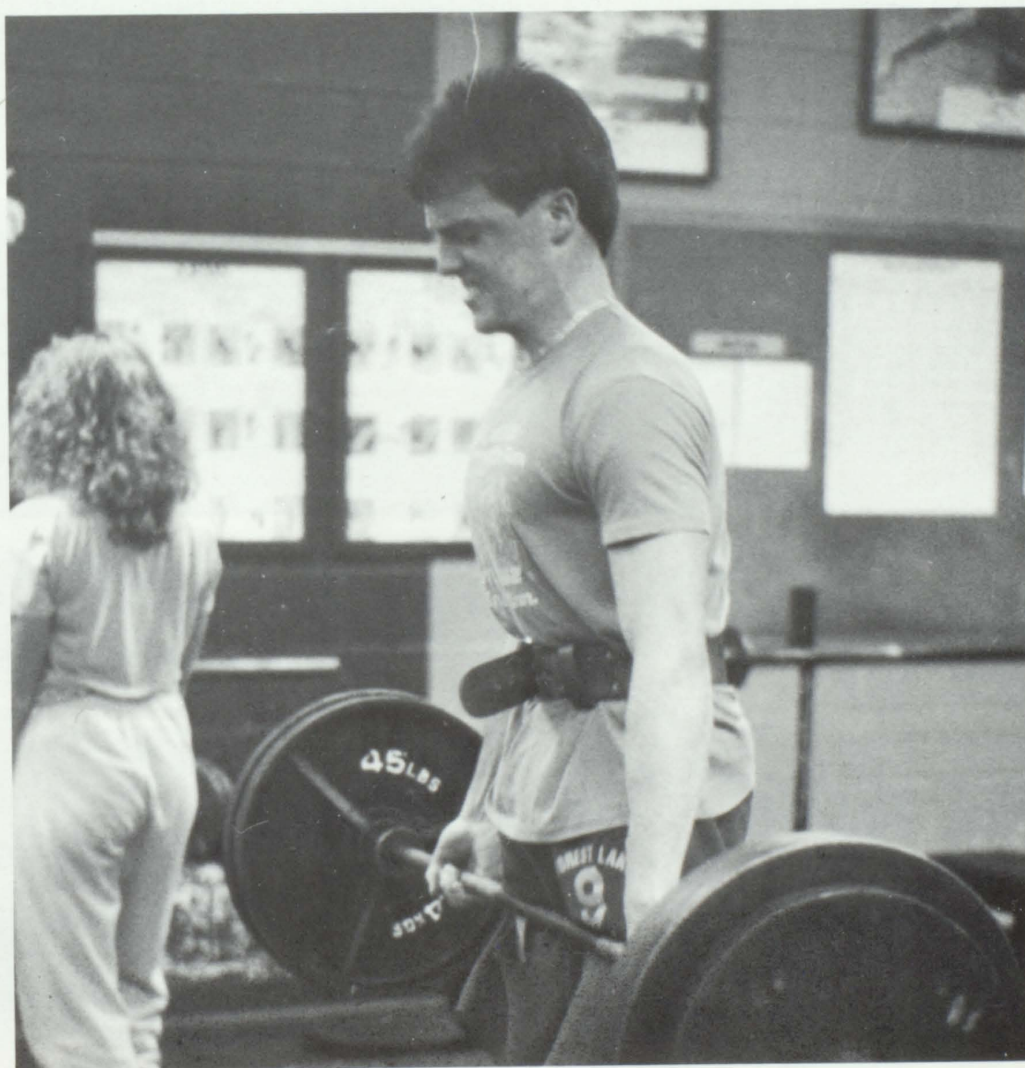




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In '89

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# Juniors

AHO, AARON  
ALBRECHT, KIM  
ALJETS, MIKE  
ALSHOUSE, ANDY  
ANDERSON, CINDY  
ANDERSON, JEFF  
ANDERSON, PENNY



ARNDT, SUSIE  
ARNOLD, BRIAN  
ATKINSON, JENNY  
AUGST, ANDY  
AYERS, JASON  
BEHM, CARY  
BACIGALUPO, TOM

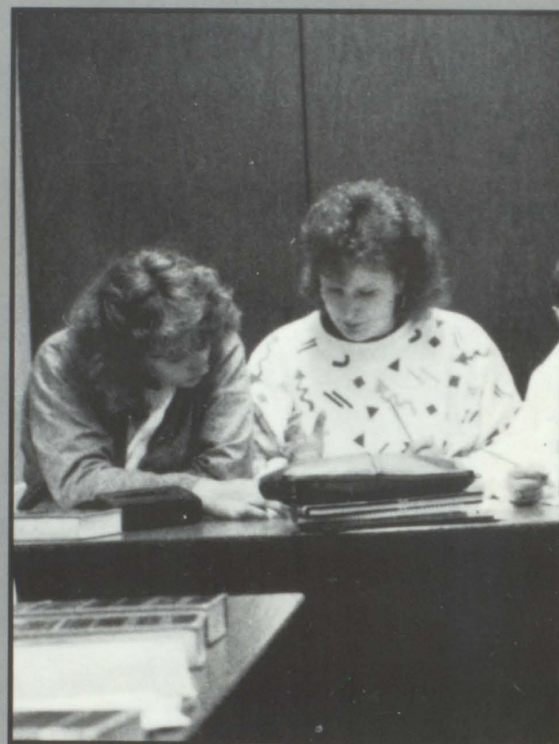


## A.P. CLASSES

**A**dvanced placement classes allow seniors to earn college credit while still in High School. Six such classes were offered this year: English, Calculus, Art, Biology, and American History. These are accelerated courses that cover college material but without the pressure of a college environment. Students who choose to take these classes may take the state wide Advance Placement test in May. How many credits earned is dependent on how well one does on the test and on the specific requirements of their college. Some take the class without taking the test. Just going through the course prepares them for what college will be like. It also gives them a big jump on their freshman courses because

they will have already covered much of the material.

The workload of the A.P. classes is greater than regular classes, and more is expected of the student, but the atmosphere tends to be much more relaxed and informal. All they want to learn, and the class size is smaller, so discussions are both informative and stimulating. "The work is worth it," says one A.P. student. "Classes are both challenging and fun". A.P. classes aren't for everyone, but for some they are just what they were looking for!



A.P. English required diligent work.

BAKEBERG, SCOTT  
BAKKE, STEVE  
BALAND, CRAIG  
BANCE, SCOTT  
BARCALA, JOSE  
BARGER, MIKE  
BARNIER, TAMI



BARRY, SHAWN  
BAUMGART, SHARI  
BECK, JON  
BELL, KATHERINE  
BENGSTON, CHERI  
BENSON, DWAYNE  
BERENS, KYLE

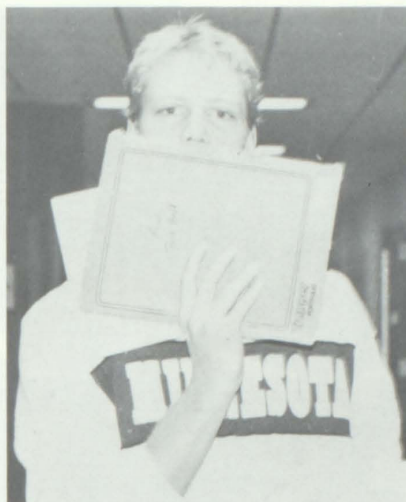


BERGUM, PATTY  
BETHKE, BUTCH  
BALCKFORD, MATT  
BLAKE, JUDI  
BOFENKAMPO, ERIK  
BOLIER, AIMEE  
BOORSMA, JEFF

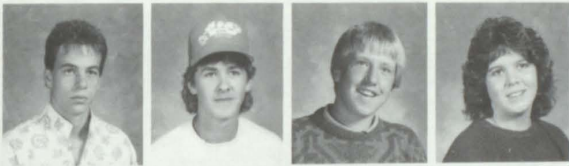




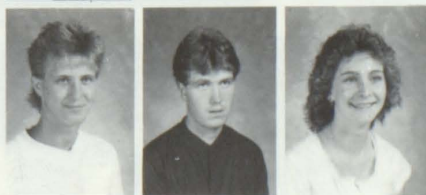
# Juniors



Is lurking behind a folder the new fad?



1-2-3 S-T-R-E-T-C-H.



BORASH, JENNIFER  
BOUGHTON, KARIE  
BOYD, LAURA  
BOYER, STEPHANIE

BOYER, JIM  
BRADSHAW, TIM  
BRAUN, HEIDI  
BROTT, LAURA

BROWN, BRUCE  
BROWN, PAT  
BRUDER, JEFFERY  
BRUNE, CHAD

BRUNFELT, ROSS  
BOYANT, NANCY  
BRYNGELSON, DAN  
BURG, RANDY  
BURTON, PAM  
BUTLER, HEIDI  
BUTLER, TAMMIE

CADWALLADER, CLIFF  
CALANDER, CHELSEA  
CARET, AMY  
CARLSON, JEANNE  
CARLSON, JEFFERY  
CARLSON, JOE  
CARLSON, TINA

CARTER, MARK  
CASSMAN, ERIC  
CHAPIN, STEPHEN  
CHAPMEN, TAMMY  
CHARAIS, CHRIS  
CHIERELLO, LISA  
CHILDERS, JASON

CHRISTENSON, SHANE  
CHRISTOPHERSON, LEE  
CIESLAK, BETH  
CLARK, BRAD  
COLE, HEATHER  
COLONNA, TAMARA  
CONNER, CRAIG

COPT, KELLY  
CORSON, JEREMY  
COULTER, THOMAS  
CROHN, SHANNON  
CROSSON, BRIAN  
CROTHERS, TRAVIS  
CURRAN, TAMI

DAHLBERG, THADDAEUS  
DAHLQUIST, DARIN  
DANIELS, STEVEN

DARST, CHRIS  
DAVIS, TIM  
KESSLER, KRIS



# Juniors

DISTLER, STEVE  
DORAN, TOM  
DOCKEN, GREG  
DOEBBELING, CHERY  
DOEGE, ROSIE  
DUARIEA, NIKKI  
DUFRESNE, JOE



DUNN, KIMBERLY  
ECKMEN, THEODORE  
EDELLEN, TOM  
EDLUND, WENDY  
EDSTROM, APRIL  
EHNSTROM, CINDY  
ELLER, LISA



ENERSON, CRAIG  
ENGEN, LISA  
ENGLER, DAVID  
ENGWER, ELLIOT  
ERICKSON, BETH  
ERICKSON, BRENT  
ERICKSON, CHRIS



ERICKSON, KIRSTEN  
ERICKSON, SHANNON  
ESKURI, CHAD  
FALZONE, MARIA  
FAST, JENNY  
FELDMAN, TINA  
FERDERER, CHRIS



FERTCH, SHAWN  
FISHER, RITA  
FITZGERALD, MATT  
FLAHERTY, DAN  
FLECK, SHANNON  
FLEMING, KERI  
FLOYD, TERRI



FOSTER, MELISSA  
FRAHM, MISTY  
FRECHETTE, KARI  
FREDERICKSON, JOLENE  
FRIEND, ANGELA  
FROST, LISA  
FULLER, LORI



FULLER, MATTHEW  
FUNKHOUSER, CARRI



FUNKHOUSER, JANET  
FUNNI, DAVID



GABRICK, CARRI  
GAIOVNIK, JIM



GAJESKI, SHAWN  
GALLATY, DANIELLE  
GAMACHE, RENEE  
GATZOW, BRANDY  
GIERKE, WILLIAM  
GILSTER, TRACY  
GLASER, LISA



Maria and Lisa hold the Swim Team's mascots



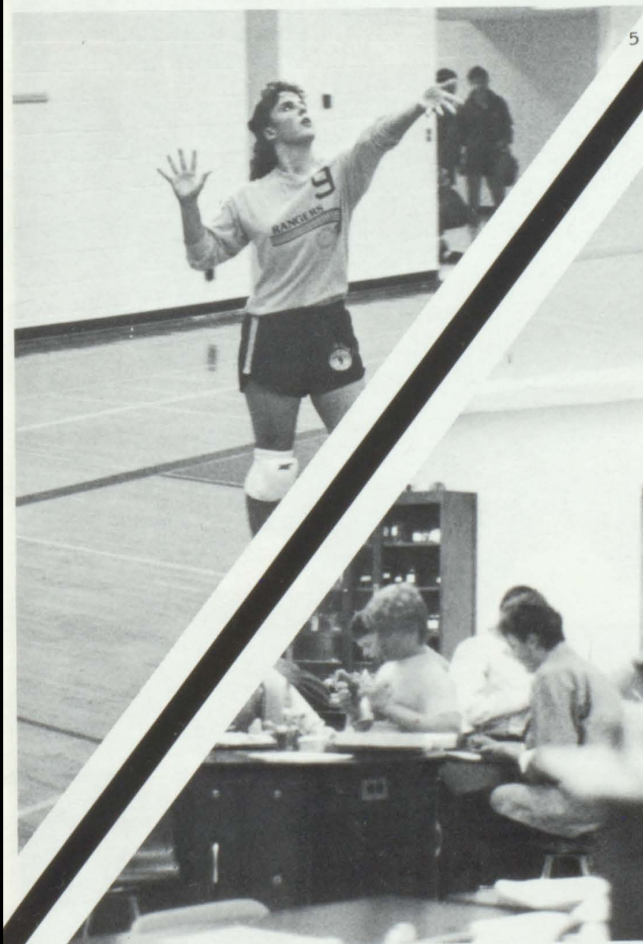
# Juniors



1



3



5



6

1. Favorite past time 2. Missy Morkan tries to be precise. 3. Lunch is fun! 4. Use your imagination. 5. Leslie Weiss aces yet another serve against the opponents. 6. Sara Larson and Michelle Jacobsen enjoy the sun inbetween races. 7. Hands-on with molecules make science more interesting.

7



# Juniors

GMACH, CHRISTOPHER  
GORTON, MARK  
GRABAU, TRAVIS  
GREATHOUSE, JEANNE  
GREENE, MATT  
GROVE, TONY  
GUION, LESLEY



GULLIKSON, CHRISTOPHER  
GOSIAK, KATIE  
HACKBARTH, MICHAEL  
HAGEDOREN, JEAN  
HAGERT, WENDY  
HALEK, CARLYN  
HALVORSON, DAVID



HALVORSON, TODD  
HAMILTON, JULIE  
HAMMES, STEPHANIE  
HANKE, KEN  
HANSEN, KEITH  
HANSEN, NICOLE  
HANSON, MELISSA



HANSON, RANDY  
HANZAL, JASON  
HAUS, JOHN  
HAWLEY, NICOLE  
HEJHAL, LISA  
HENDRICKS, SCOTT  
HENNEN, ANN



HENRICHSEN, JOHN  
HERBERT, JENNIFER  
HERMANSON, BRENDA  
HERRING, BRENDA ANN  
HERZOG, SHANNON  
HESSE, JAMES  
HIBBISON, MATT



## WE NEED JUNKFOOD!

**Q**uestion: If you are stranded on a desert island with nothing but water and sand, what would be the one thing you would wish for?

Answer: JUNKFOOD!!

Junkfood . . . One of the most popular pasttimes of highschool is consuming large amounts of it! The after school concession stand is the main source of junkfood. Thousands of dollars are spent annually by the students to fulfill their "sweet-tooths."

Working late hours at the school, it is necessary to eat fast and conveniently. Groups of

students, such as the cast of the fall musical, often ordered pizza and other foods from local area restaurants.

Common cravings for this year included the traditional popcorn, gummi bears, plain and peanut M&Ms, chocolate chip cookies and all forms of chocolate and soda pop. Fortunately, prices of all treats range from only a dime to fifty cents. This "suger high" will greatly benefit them with energy . . . that is, until their next visit to the dentist's office, when suddenly the energy is not so beneficial!



For many, lunch includes chips and ice cream.



# Juniors



HICKERSON, BRETT  
HILLMAN, DELENA  
HINTON, LEISA  
HOBSON, RON  
HOCKERT, PAUL  
HOHMAN, JENNIFER  
HOLCOMB, COREY



HOLLINGSWORTH, SHERYL  
HOLTER, PAULA  
HOPKINS, COREY  
HUBAL, PETER  
HUGHES, ANNETTE  
HUGHES, MARK  
HULLERMAN, CATHERINE



Computers . . . they have a mind of their own.



HUMBLE, MICHAEL  
HUSNIK, BRAD  
HYTTININ, CINDY  
ISAACSON, MATTHEW



JACOBSON, MICHELE  
JACKSON, JENNIFER  
JANKE, MISSY  
JARVIS, TAMMY



JENSEN, MAXINE  
JENSEN, TODD  
JOHNSON, BRIAN  
JOHNSON, CHRIS



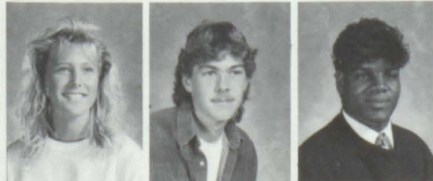
JOHNSON, DANIEL  
JOHNSON, DEREK  
JOHNSON, JEFF  
JOHNSON, JILL  
JOHNSON, KEN  
JOHNSON, KRISTY  
JOHNSON, MICHELLE



JOHNSON, NICHOLE  
JOHNSON, RICK  
JOHNSON, STACY  
JOHNSTONE, ERIK  
JONES, BARB  
JOHNSON, GENELL  
JORDAN, MICHAEL



JORGENSEN, JULIE  
SCHLAVIN, ANGINA  
JUNG, T.J.  
KASMA, SUSIE  
CHILSON, JOHN  
KELLERHALL, TAMMY  
KIJESKI, HEIDI



Na, na, na boo, boo!

KINDLE, KORY  
KISID, LESLIE  
KRÜGER, SHAWNA

KLEIN, JEAN  
KNAFF, BRADLY  
KNOTT, MICHAEL



# Juniors

KOHEL, KATHERINE  
KOLBOW, SHANNON  
KOLODJSKI, JASON  
KONOBECK, JENELL  
KOST, TAMMY  
KRAMER, MATT  
KRANICK, LEAH



KRIZAN, CHRISTINE  
KRUEGER, GERALD  
KUBICKI, EDWARD  
KULSTAD, THOMAS  
KUNZE, JEFF  
LABELLE, TOM  
LAMBERTSON, JANE



LAMEYER, CHAD  
LANGE, MICHELLE



LANGKAND, TODD  
LAROCK, DEIDRE



LARSON, DAVID  
LARSON, AIMEE



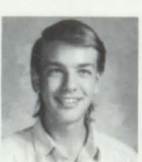
LARSON, KARI  
LARSON, KELLY



LARSON, KRIS  
LARSON, SARA



LARSON, TERI  
LAWBER, KIMBERLY  
LAWS, MARY  
LEASURE, DEAN  
LEE, BRENDA  
LEGARE, TODD  
LENDWAY, TRICIA



LENK, BRIAN  
LEROUX, RICHARD  
LEROUX, TRACEY  
LINDBERG, REBECCA  
LINDELL, MARK  
LINNEROUTH, SHAWN  
LOCKE, MALLORY



LONG, MARIA  
LONG, RICHARD  
LOUSHINE, TODD  
LUND, WYATT  
LYNCH, PATRICK  
MAAS, VICKIE  
MACDONALD, HEATHER



## HOT WHEELS!

A guy and his car can have a very special relationship, especially if the car is particularly nice. Guys feel that if their car has a nice paint job, it deserves to be parked in an ultimately remote parking place. Sometimes a guy is willing to search for hours for the spot where he is sure no one will park close enough to hurt his car. After he has accomplished this, \$3000 of security equipment must be activated in order for it to protect the \$8500 stereo system, and wouldn't be a shame to see the beautiful vinyl interior tampered with. This kind of behavior can drive anyone crazy. This is the kind of guy that on prom night arrives to pick his date up around the time they should be getting seated for dinner. The poor girl is furious, and has already changed out of her prom dress. The guy when asked the reason for his tardiness, expects to get by on some excuse about how he simply could not go anywhere before he vacuumed the

interior of his car, and "armor — alled" the mags. How about the guys with the obnoxiously loud cars? These guys must either not know how to use the horn, or it must be broken because they rely on the rap of their pipes to say "Hi" to their friends whenever they see them. To those guys, drag racing is more of a religious experience than a dangerous and illegal behavior. There are actually young men out there who are willing to spend over half of their pay check in order to make their car a better, faster machine, rather than go out and have fun. Perhaps this feeling of devotion for ones car is something that only a select few guys ever experience. To the rest of us, especially girls, this strange behavior is simply tolerated rather than understood. Be it fast or slow, large or small, rusty or minted, loud or quiet, a guys car is very special to him. Each one is unique and provides a good time to the owner, and gets him from place to place.

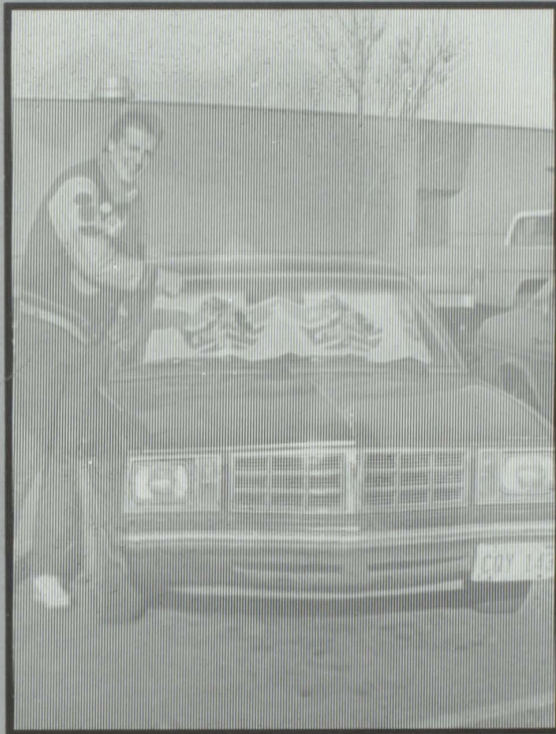


# Juniors



MAGNUSON, KIM  
MAHER, SHAWN  
MAILE, JESSIE  
MAILE, PAM  
MAKI, SARAH  
MALLEY, ANGELA  
MANSSMITH, LYNN

MARSH, SUNNI  
MARTEN, BRENDA  
MARTIN, LISA  
MARTINSON, JAMIE  
MARTY, TREVOR  
MARX, NICHOLE  
MASLOWSKI, JIM



How can Eric drive such a small car?



MASRELLER, JOHN  
MASTIN, BILL



MASTIN, CHAS  
MCCANN, MORGAN



MCENERNEY, CHRISTY  
MCGEE, SHANNON



MCKENZIE, JODI  
MCKERNON, KRIS



MCLAIN, DAWN  
MCQUISTEN, LISA



MESECHER, MICHELLE  
MEHANAN, BRENT  
MEHLROFF, TODD  
MELSON, MIKE  
MENDEZ, TONI  
MERSCHDORF, MATT  
MEWHORTER, DAN



MIESER, DAWN  
MILLER, TOM  
MILNER, BRANDIE  
MIRION, MICHELLE  
MIRON, SARAH  
MISHAK, JASON  
MODEAN, JOHN



MONSON, MATT  
MORATZKA, KIERSTEN  
MORRIS, STEVE  
MORTEL, NICK  
MUCH, MICHAEL  
MUCHOW, BRENT  
MULRY, MARY



# Juniors

MYKING CHRISTIE  
NANESS, REGINA  
NEIL, LISA  
NELSON, JOHN  
NELSON, KATHY  
NELSON, KAY  
NELSON, TAMMY



NEUENFELDT, KATHLEEN  
NEWMAN, KATI



NICKLA, JULIE  
NIELSEN, RHONDA

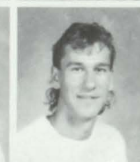


NINEFELDT, BRIAN  
OJHA, MELANIE

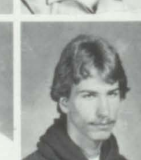


Body heat keeps us going.

OLSON, BARRY  
OLSON, LISA  
OLSON, MICHELLE  
OLSON, ROB  
ONELL, TRAVIS  
OSTERBAUER, KRISTEN  
OSTERKAMP, KENDRA



OSTROWSKI, KEVIN  
OSTROWSKI, KRISTY  
OVERVO, KATY  
OMALLEY, SHAD  
PAFFEL, TOM  
PAGOIS, MATTHEW  
PALOMBO, NICK



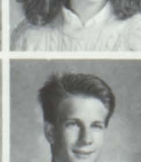
PANKRATZ, CASSIE  
PANTALION, SHEILA  
PARKER, AMY  
PARKMAN, KEN  
PARKMAN, NANCY  
PASTORIUS, CONNIE  
PAUGEL, JOHN



PAUL, ANISSA  
PAULSEN, MARK  
PECILLE, JULIE  
PEISERT, MARGIE  
PENTON, JULIE  
PETER, AMY  
PETERSON, CHAD



PETERSON, RANDE  
PETERSON, ROSS  
PETERSON, TONYA  
PEUSE, KIM  
PHANEUF, ANDREA  
PHILIPPI, JOEL  
PIERRE, DEAN

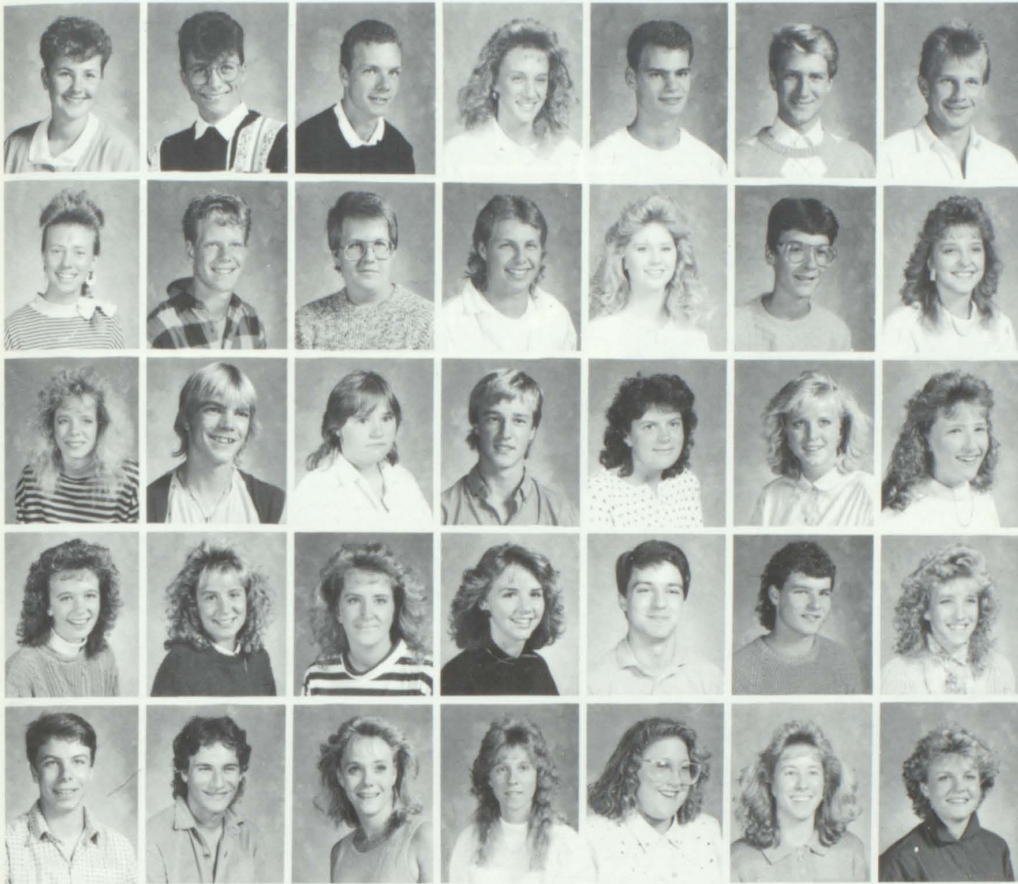


PEREZ, DARLIN  
PLACZEK, JEFFERY  
PLETCHER, TODD  
POGREBA, THOMAS  
PORTER, AMY  
POWERS, ERIC  
PRCHAL, ANGIE





# Juniors



PREINER, KRISTINE  
PROSSER, MILLER  
PRUIT, JEFFERY  
PUARIEA, NIKKI  
QUIGLER, TIM  
RAATZ, WILLIAM  
RABEL, TIM

RADKE, DIANE  
RAMBERG, BILL  
RAMSDEN, DENNIS  
RASCHKE, SCOTT  
RATAFCZKY, MICHELLE  
RAUCH, SCOTT  
REDDEN, TRUDY

REED, STEPHANIE  
REHBEIN, KEVIN  
REHBEIN, WENDY  
REINERTSON, DAN  
RENARD, RENEE  
RHEAULT, CORINA  
RHODA, SHERI

RICE, JODIE  
RICHERT, AMY  
RICHTER, CONNIE  
RICKER, SHERIDA  
RIGWALD, BRIAN  
ROBERT, BLAKE  
RINGLER, SHELIA

ROBERTS, SCOTT  
ROCK, ROBERT  
RODVOLD, KELLY  
RIEHM, AMY  
ROITH, JENNIFER  
ROSE, TAMI  
RUBEN, TERI

## EVERYONE SMILE!!!

A smile is worth a thousand words. Smiles can say various things to yourself and others. A smile can also reflect how you feel about yourself or others. A smile can say anything from a friendly "hello" to be used as a tension breaker. Some people smile because it feels good, while others use a smile to disguise feelings or mixed emotions. For the most part

people smile because they like to.

There are several types of smiles. The grin for example, is used in a situation dealing with laughter or pain. On the other hand, in a conceited or affected manner a smirk might be used. The next time you don't feel like smiling remember; "it takes more facial muscles to frown than to smile."



Jim must be having fun!





# Juniors

RUDOLPH, ALEX  
RYAN, KEVIN  
RYAN, SHAWN  
SACEVICH, JULIE

SALVEDA, JOY  
SAMPSON, SHEILA  
SANDSTROM, CHRIS  
SCHAIPPI, ANNA

SCHERMAN, JOHN  
SCHLAGEL, JASON  
SCHLEICHER, BRIAN  
SCHMIDT, DAVE



Stepin' to the beat.

SCHRADER, MELISSA  
SCHROEDER, ROB  
SCHULDT, DAN  
SCHULER, NATALIE  
SCHULTZ, GREG  
SCHULTZ, SARA  
SCHWAB, PAUL

SCOTT, LEAH  
SELLS, MIKE  
SELVOY, JEFF  
SEMPER, SHAWN  
SHAKETER, JEANNE  
SHAW, KIM  
SHELDON, HEIDI

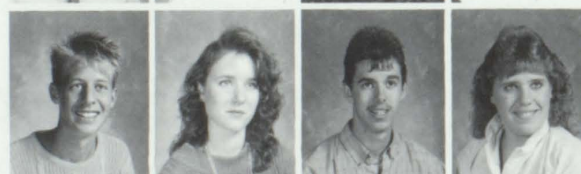
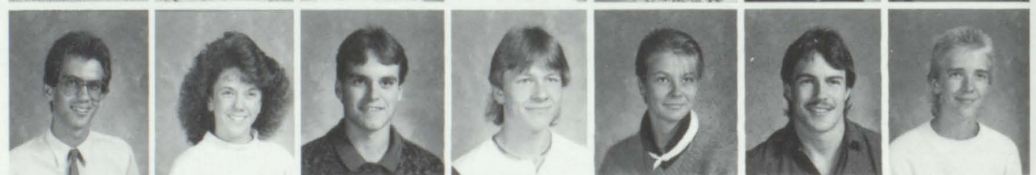
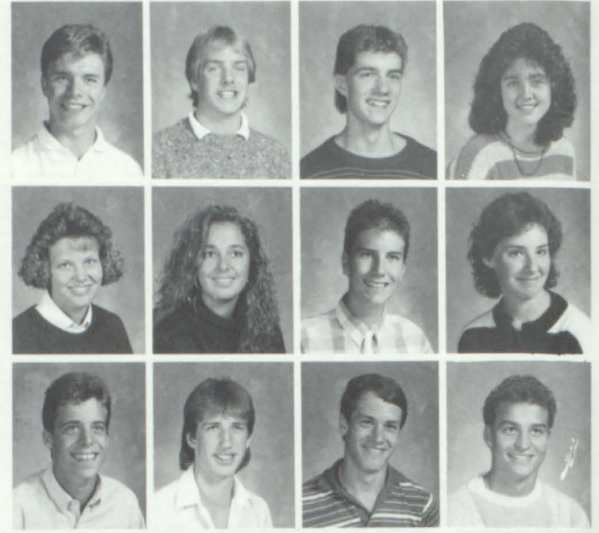
SHERWOOD, RON  
SIGFRINIUS, TRACEY  
SIMONETTI, JILL  
SIMONSON, RICHARD  
SLATER, CARRIE  
SMALLMAN, MELISSA  
SMITH, DANIEL

SMITH, JEFFERY  
SOEBBING, PAM  
SOFIE, TIM  
SOGN, CHRIS  
SOINIO, MIA  
SPENCE, ERIC  
SPIES, TODD

STACY, ERIC  
STAUB, KATHIE  
STEINBRUCKNER, JOE  
STEINDL, DOROTHY

STEINER, APRIL  
STENLEY, ERIC  
STEPKA, SHARON  
STERNBERG, DEANNE

STOEHR, MIKE  
STRANDNESS, MIKE  
STREITZ, LINDA  
STUDEE, JACK



Rachelle and Lori seem to be happy at school!



# Juniors



STUKEL, TOSHA  
SWANSON, GINGER  
SWANSON, GREG  
SYCKS, CHAD  
TAYLOR, ROBIN  
THAYER, CHRIS  
THAYER, GUY

THUESON, CHRISTINE  
THATCHER, STEPHANIE  
TORGERSON, PAUL  
TORNING, SHERRY  
THEMMEL, JODY  
TSCHIDA, LISA  
TUOMINEN, SCOTT

## MOMMAS DON'T LET YOUR BABIES GROW UP TO BE KISSERS!

**N**ews flash! This just in, ladies and gentlemen — it seems that Forest Lake Senior High has just put forth a new law to be abided by all high school couples! The law states anyone seen, heard, or rumored to be touching or talking to anyone else will be sentenced to three months of hard toilet and lunchroom cleaning duty. This law is to be put into effect immediately — meaning now! Paper bags and 10-foot long sticks will be issued so that we all can live in harmony and safety.

No, don't start bawling, it's not true. But who knows? Someday, maybe not so far from now, it might. Although the

administration has tried to put a stop to all the grasping, clawing, smooching, pawing, breathing and other recreational activities, we can still see those energetic young romantics doing their thing in the halls every day. Because let's face it—there's no stopping nature. Public Display of Affection will continue to live and prosper no matter what laws go into effect. But here's a small message to those romantics that don't listen to rules: Will you please find another place to express your fondness for each other, other than in the halls and locker bays? I mean, what are you, exhibitionists?



Cricket and Chris cuddle in the hall.



TURCOTTE, JOE  
VANCLEAVE, SUSAN  
VECAHIOLLO, DIMINIC  
VENABLES, BRENT  
VOGEL, CHRIS  
VOLKMAN, DEREK  
WEGNER, CARL

WAGNER, MARK  
WALDO, KRISTI  
WALKER, CHARLEY  
WALLRAFT, JOHN  
WATSON, JACK  
WAY, DAREN  
WEISS, LEZLIE

WELSCH, STACI  
WERNER, TONI  
WICKER, CHRIS  
WICKRE, TERRI  
WILER, TRACY  
WILL, KEVIN  
WILLIAMS, BRIAN



# Juniors

WILSKE, DAVID  
WINBGE, TRACIE  
WINKLER, DAVID  
WOLFE, KEVIN  
WRIGHT, KIM  
WIELDE, HEATHER  
YOUNG, DAN



YOUNG, SONIA  
ZASKE, TIM  
ZIMMERMAN, MELISSA  
CARKINEL, HEIDI  
ZACCARDI, RICHARD

# '89



## THE LUNCHROOM BLUES

Oh, give me a cafeteria all empty and clean  
(The scene I've described is one seldom seen)  
Cause baby, when I step on dropped food with my shoes,  
I know that I've gotten those lunchroom blues.

Let me stand in a line 'til I can't walk no more  
The lunch line, the ticket line, each one is a chore  
Give me a bag lunch, I'll have Spam Pita, please  
With cookie, a pickle, some milk and that . . . cheese?

Just give me a tray — I'll pick one just right  
If I find one dirty, I get real uptight.  
"Cause darlin', you know that I love tidiness"  
I say as I get up and leave a huge mess.

Just plop down that food right upon my green tray  
Don't worry, my darlin', it won't run away.  
They kill it before it leaves from the zoos,  
To just become part of the lunchroom blues.

Oh baby, oh honey, please spit in my lettuce  
Mix the ketchup with the mustard — no, it won't upset us.  
Pile it on 'til it topples and leans  
We all know you don't get enough of your greens.

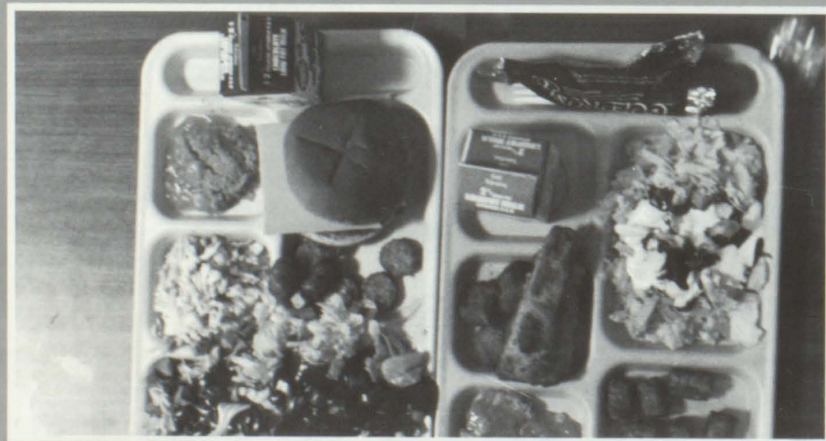
Don't take me away from those clean white lunch ladies  
They're hip and they're sweet little gals of the eighties.  
Just place me in line and kick out all those boars  
That bud in the line ahead of sophomores.

Oh, baby, please drop your green tray on the floor  
To make those heads turn, four hundred or more.  
Just talk with your mouth full, I've no time to lose  
Oh honey, just give me those lunchroom blues.

Let me see those apples and oranges and pears  
Flying with grace as they stick in my hairs.  
Give me preppies and rowdies and jocks and the nerds  
Crowding each table with each of their herds.

Oh, shout at me babe, 'til I can't hear your voice.  
Oh don't lose your token, be good girls and boys  
Oh, please knock my knees on those cold metal bars  
And let my buns ache 'til I'm seeing white stars.

Oh baby, give thanks to all those who work here  
Their slaving and working, it comes through so clear  
Say thank-you for once, you've nothing to lose  
Except for the dwindling lunchroom blues.



Doesn't lunch look good?!





# Juniors



1. I think I can. I think I can.  
2. Cheer up girls. There are only 5 minutes of class left. 3. OOGA!! 4. Who is the foxy lady? 5. Greg Shultz falls asleep at the saw. WATCH OUT! 6. WHAT?? You expect me to eat this? 7. Wanted dead or alive. 8. Dee, HIT that ball.

1



2



4



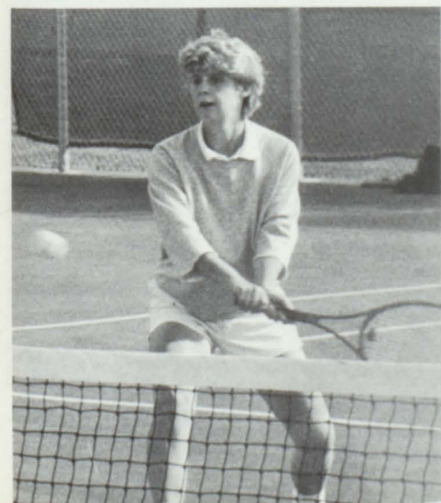
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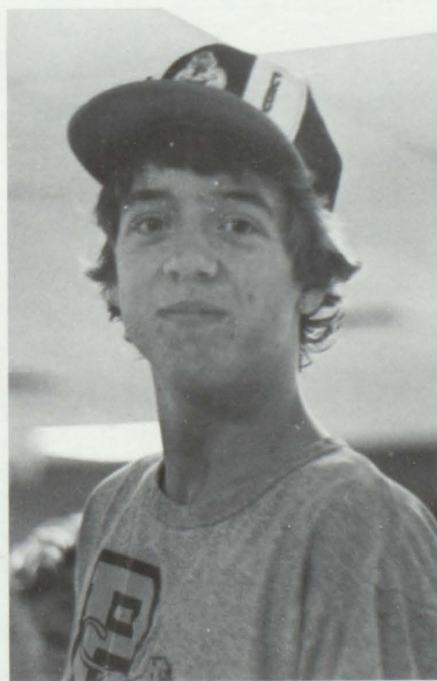
5



6



8



7



9



Join us

S





In '90





# Sophomores

ABLER, WILLIAM  
AILARA, GINGER  
ALLEN, JENNIFER  
ALLEN, JOSHUA  
AMES, DEBORAH  
AMMANN, MATTHEW  
AMRHEN, SHELIA



ANDERSON, DEANNA  
ANDERSON, JEFFERY  
ANDERSON, KENNETH  
ANDERSON, LYNETTE  
ANDERSON, MINDY  
ANDERSON, NICKI  
ANDERSON, RITA



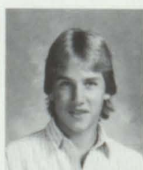
## HEM AND DENIM

**T**apered jeans, mini skirts, jean jackets, bubble skirts, denim *anything*, and lacy collars are among what's hot in fashion today. But there is no rhyme or reason to the way in which they are combined. Lace and denim, skirts and longjohns, anything you are comfortable to be seen in is acceptable to wear to school. In one given day, you can see students dressed up and others lounging in their oldest and most comfortable sweats. What is worn all depends on the mood that the person is in that day.



Fashion stresses individuality.

ANDERSON, SHANE  
ANDRES, JOY  
ANTON, ERIC  
ARCHER, AARON  
ARNESON, CHARLES  
ATKIN, ROBERT  
BAKKE, ANDREA



BAKKEN, LAURA  
BAKKER, DON  
BALAND, DOUGLAS  
BARRY, WADE  
BAYLESS, HEIDI  
BECKER, DANIEL  
BENSON, JASON



BERG, THOMAS  
BIERMAIER, CONNIE  
BLAKE, TONI  
BLANCHARD, TORY  
BLOCHER, KAREN

90





# Sophomores



Adam takes a break after school.



Hill

BOBROWSKI, DAVID  
BOECK, JOELLE  
BOESCH, ANGELA  
BOETTNER, BRENT

BOLEEN, JASON  
BOOK, LORI  
BOYCE, SHERI  
BOYD, JASON

BOYER, JEFFERY  
BRANDT, CHRISTINA  
BRAW, CHAD  
BREIDEL, SANDRA

BRIMERT, DOUG  
BRINGLE, DANIEL  
BRENNAN, TINA  
BROADBENT, KEVIN  
BROWN, ANNE  
BROWN, DEBORAH  
BROWN, PETER

BULENA, LORI  
BUROW, MARNEY  
BUSH, JACOB  
CAPAUL, CINDY  
CAPETI, JASON  
CARLSON, ERIC  
CARLSON, JANA

CARLSON, JEANNE  
CARLSON, KELLY  
CARLSON, STEVE  
CARTER, KEVIN  
CARTER, SARAH  
CHAPMAN, TRACY  
CHRISTENSON, HEIDI

CIBULKA, JASON  
CIESIELSKI, MELANI  
CLARK, BRIAN  
COLBERG, TIMOTHY  
COLLINS, JEFFERY  
CORDIE, KERRIE  
COSTELLO, MICHAEL

CROSSWAIT, TAMMI  
CULP, DIANE  
CULVER, MICHELE  
DAHL, KRISTIN  
DAHLBERG, AVE  
DANIELS, JANELLE  
DAUGHERTY, KELLY

DE GARMO, JAMES  
DEMARY, MICHELLE



90

DETERMAN, AMY



# Sophomores

DETERMAN, CHRISTOPHER  
DETERMAN, LISA  
DEWITT, BROOKE  
DICKEY, KATHLEEN  
DICKMAN, PAMELA  
DIEKMANN, BETH  
DIETSCH, AMY



DIGNAN, ANNA  
DISTLER, STACY  
DOLFAY, RAYMOND  
DORNSEIF, SARA  
DORHEY, KIMBERLY  
DUFRESNE, DOROTHY  
DUFRESNE, TRACI



DUKOWITZ, WILLIAM  
DUNCAN, ROBERT  
DUNN, TREVOR  
DUPAUL, SHANE  
EBERT, STEVE  
ECKDAHL, STEVE  
ECKDAHL, REBECCA



ELIAS, JOSEPH  
ELLER, CHARLES  
ELMSTROM, ELIZABETH  
ENDICOTT, CHRISTOPHER  
ENGBRETSON, PAMELA  
ENGLISH, TERRI  
ERICKSON, TRACY



ERLANDSON, DAVID  
ETHEN, KRISTEN  
FAHEY, SEAN  
FARVER, CORY  
FEDDERLY, JOSHUA  
FELDMANN, TINA  
FERBUSEN, TIM



FERRARO, SAM  
FINCH, BRENDA  
FLADLAND, TIFFANY  
FLANAGAN, PATRICK  
FLINN, JASON  
FLOR, WESLEY  
FORST, GREG



FOSS, JOHN  
FOUCAULT, JASON



FRANDLE, DANA  
FREED, JOSHUA



FROGNER, MARC  
FRUNEBERG, JAKIE



GAFF, CHRISTINA  
GAGNOW, THERESA  
GALLEBERG, TRAVIS  
GARDNER, TIM  
GERTEN, WADE  
GILLEN, CRAIG  
GORDON, HEATHER





# Sophomores

## GUYS AND GALS

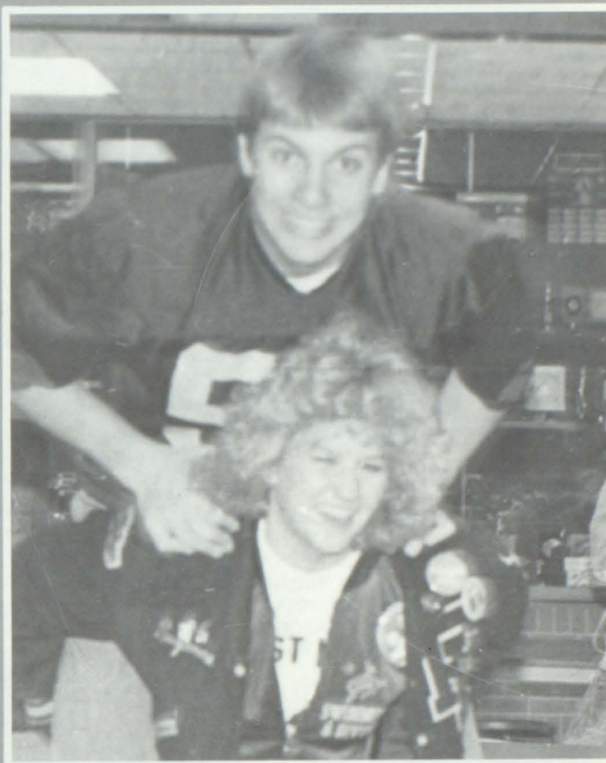
**P**DA----PDA, no PDA!  
Jokes are heard around the school about the Public Display of Affection.

Girls and guys, boys and girls, and men and women!! Well, which are you?

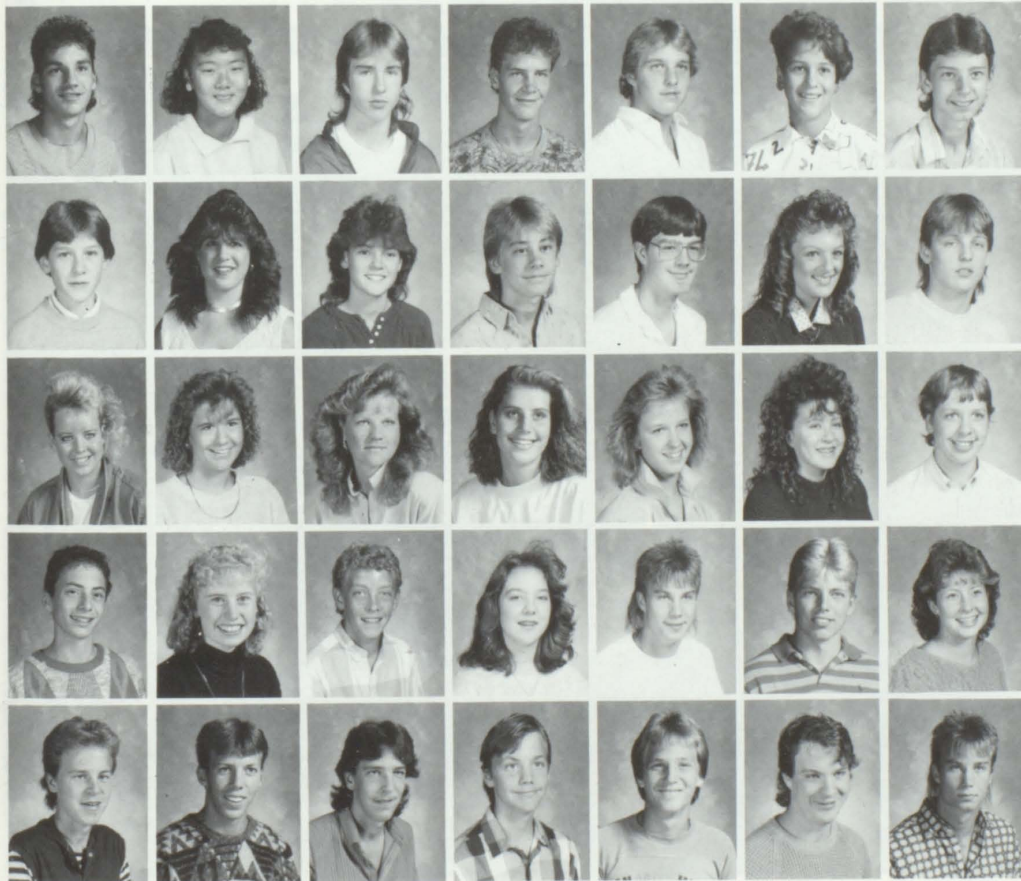
Boyfriends, girlfriends, like and ... (the dreaded and desired) ... LOVE!!!

Of course we are speaking about relationships with the opposite sex ... humm, what else is there? No, just kidding. Seriously now. Remember what "Mark Boom-Bah Hey" said? He said that we are experiencing the most change in our lives that we ever will experience in that short amount of time. And Hay! Let's face it, relationships with the opposite sex are constantly occupying our minds.

First of all there are the couples that seem like they have been going out since kickball. "They've been going out forever. Aren't they ever going to break up?" or "They are so lucky, I wish I had someone like that." Then there are the guys and girls that always seem to have a boyfriend or girlfriend, it's just never the same. "Wait a minute, I thought I saw him holding hands with Kathy last week." Then there is the philosophical comment, "She is learning how to relate to people by seeing lots of different guys. You have to experience people in order to get along with them." Of course we have "the daters". The ones that just go out with others and have fun. No serious stuff involved.



What a pair, Suz and Craig!



GOSIAK, JEFFREY  
GRABA, JODY  
GRAMS, SHAWN  
GRANQUIST, JASON  
GRESSMAN, JEFFERY  
GROSS, RACHELLE  
GRUBBS, JOHN

GRUNZINGER, RAYMOND  
GURERIN, CARRIE  
GUSTAFSON, TINA  
GUTZ, DANIEL  
HAAG, STEVEN  
HAGEN, JOALEA  
HALE, NICHOLAS

HAMILTON, AMY  
HAMMONS, KELLY  
HALFT, TAMMY  
HANSON, DEBBIE  
HANSON, ANGIE  
HANSON, NANCY  
HATCHER, BILL

HEADLEY, WILLIAM  
HEGSTAD, SARA  
HEINEMAN, DAN  
HELFMAN, SHANNON  
HOFF, MARK  
HENDRICKSON, MARK  
HENZLIK, KIRSTEN

HERBST, TIMOTHY  
HERMES, JOSEPH  
HEURUNG, MATTHEW  
HILLBERG, RONALD  
HINZ, MIKE  
HOCKERT, RANDY  
HOFF, MARK



# Sophomores

HOFFMAN, RANDI  
HOLZSCHUH, BRADLEY  
HOULE, BRENT  
HIYKE, JASON  
HOULE, MARK  
HUDOBA, KEVIN  
HUGHES, MICHELLE



HULLEMAN, DANIEL  
HUNT, AMY  
HUSNIK, DANIEL  
INGVALSON, BOYD  
INOTT, RICHARD  
ISAACS, STEVEN  
JABAS, SHANNON



JACOBSON, DARRELL  
JAMES, ALICIA  
JAROUSEK, BRADLEY  
JENSEN, CARRIE  
JERGENS, NANCY  
JOBE, BRENDA  
JOHNSON, BRANDEN



JOHNSON, DOUGLAS  
JOHNSON, KEVIN  
JOHNSON, SHARON  
JOHNSON, TRISH  
JOHNSON, TINA  
KAMPP, JASON  
KAMPP, CLYDE



KEICK, GAYLA  
KELLEY, ROXANNE  
KERMEROSN, SUE  
KENDALL, ANGELA  
KEU, MAO  
KEYES, SARAH  
KIEKMAN, BETH



## THE ART OPTION

**T**erpentine tingles your nose  
and your paint brush is  
just gooey all over, ick . . .  
pewww!

There are many different areas in the visual art department. Just a few are ceramics, photography, drawing and painting. Each requires its own technique and talent, and there is something for everyone. Some students take art classes to round out their education and have an hour of relaxed lab atmosphere. Others take their art very seriously. The A.P. was created for these students. In this class, they can pursue whatever area of art intrusts them most along with learning art history.

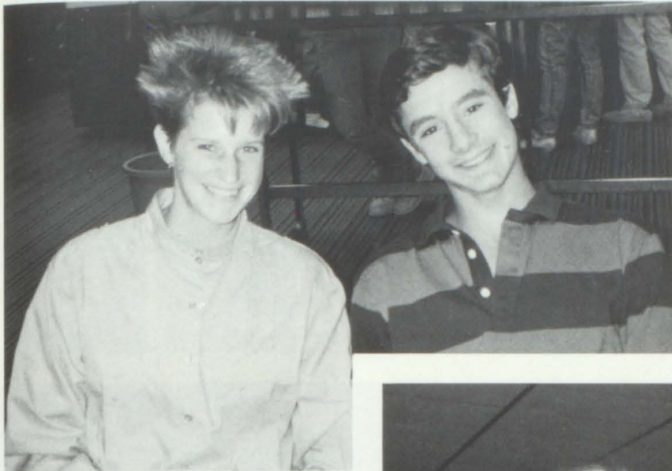


Art classes give your day a change of pace.





# Sophomores



1



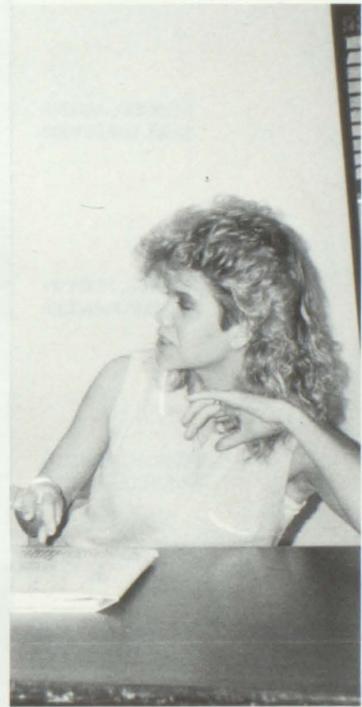
2



4



3



5



6



7

1. Smile for the camera! 2. Play members strut their stuff during rehearsals. 3. Good times with good friends 4. Senior Lori Simmons spikes the ball. 5. What are you talking about?!?!? 6. Wow ... he's cute!



# Sophomores

KILLIAN, JENNIFER  
KILLPACK, ED  
KINDERMAN, SCOTT  
KINDLE KEANE  
KILLELSON ERICA  
KIVEL, TIM  
KJELLBERG, BRIAN



KLEINVACHTER, LISA  
KOEWLER, MICHELE  
KORF, JASON  
KOSMAN, WADE  
KOSTELECKY, JASON  
KOTTKE, CARI  
KOWAL, PATRICK



KRALICK, KENNETH  
KRANTZ, TARA



KRAUSE, JASON  
KULT, STEVEN



KRUEGER, REGINA  
KYROLA JERI



LACASSE, NANCY  
LACROIX, TRACY



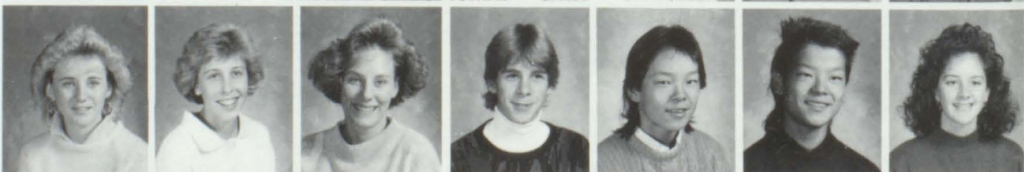
LAMETTI, DAN  
LANDECKER, SANDRA



LARSON, ERIK  
LARSON, KARIN  
LARSON, SHAWN  
LATOURNEAU, TY  
LAWRENCE, TROY  
LAY, ABBY  
LEBOEUF, JOHN



LEETCH, LAURA  
LENK, MILLISA  
LEROUX, LINDA  
LESCH, PAUL  
LESSARD, MIKE  
LESSARD, PETE  
LETOURNEAU, AMY



LINDBERG, BRAD  
LINDELL, MINDY  
LINDEMANN, LISA  
LINZ, TONYA  
LITKE, RHONDA  
LOWE, JENNA  
LUND, DANIELLE



## BEYOND THE BELL

It's 2:30 and it's the end of the day. Time to go home and relax. You stumble in the house and immediately head for the refrigerator to slam a cold can of Mountain Dew, you know — the one you forgot to drink on the way to school in the morning. You go into the livingroom and turn the T.V. on to catch the afternoon cartoons. Yes-admit it-you're still a kid at heart. Oh well, no one is there to see you anyway. Suddenly your favorite song comes on the radio so the T.V. volume goes down, and the stereo goes up, way up!

You go back to the refrigerator and devour everything in sight, the phone rings and your best friend calls to tell you about the latest gossip. An hour or so has passed and you finally notice the time. Realizing that your parents will be coming down the road any minute, you quickly clean the kitchen, turn off the T.V. and turn the stereo down and start "working" on your

homework. Just as you anticipated, your parents soon come in and say "Hi." They decide that the family is going out for dinner, but you insist you can't because you have a lot of "homework" to do!

You watch from behind the curtains as the family 'grocery getter' pulls out of the driveway. With a mischievous grin you crank the tunes once again and redial your friend. This time when your parents return you're prepared for them. They ask you if your homework is finished and with a sweet smile you silently nod.

Tonight when you head to bed, you pull up the covers and snuggle with your favorite stuffed animal, very satisfied with your life out of school.



# Sophomores



LUNDBERG, JIM  
LUGER, JOHN  
LYKKE, KRIS  
MADDEN, JENNIFER  
MAEFISKY, SARAH  
MAIDL, BECKI  
MAKI, WADE

MALECEK, PATTY  
MALEK, NATHAN  
MAROIS, JON  
MARTIN, APRIL  
MARTIN, SHANNON  
MARX, KIM  
MATHEWS, SUE



MATTSON, JARROD  
MAURER, HENRY



MAYU, LAURIE  
MAYVILLE, JULIE



MCAVOY, MOLLY  
MCCANN, MELISSA



MCCLURE, MICHELLE  
MCEACHRAN, DESI



MCCULLOUGH, ANGIE  
MELVIN, CHAD



MERRICK, LUKE  
MERTES, JENNIFER  
MESECHER, ERCELL  
MEWHORTER, BOB  
MIDDENDORF, SCOTT  
MILLER, DUANE  
MINDER, ROBERTA



MINNER, JEREMY  
MIRON, NICK  
MITTELSTADT, DIANE  
MONSON, MARGIE  
MONSON, MIKE  
MORAVEC, MIKE  
MORAVEC, SUE



MORRIS, JULIET  
MOSKOP, PETER  
MOXNESS, LEDA  
MÜLLER, AMY  
MÜLLER, STEVE  
MÜLLRY, BILL  
MÜNTHE, HEIDI



# Sophomores

MURER, HENRY  
NADEAU, MIKE  
NELSON, BECKY  
NELSON, DARIN  
NELSON, JENNY  
NELSON, KEVIN  
NELSON, KYLE



NELSON, TARA  
NEWMAN, ALAN



NEWMAN, AMY  
NIEMI, AMY



NIVEN, JIM  
NORBIN, CARRIE

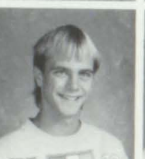


The Stud Men!

NORD, KATIE  
NORDIN, SARAH  
NORTHROP, RENEE  
OAKES, SONJA  
OASE, DOUGLAS  
OBST, JENI  
O'DONNELL, KELLY



OLSEN, KRISTINA  
OLSON, DAN  
OLSON, HELEN  
OLSON, KIM  
OLSON, SHERI  
OMDAHL, AMIE  
ORGAN, CHAD



OSTERTAG, NATHAN  
PAANANEN, JOHN  
PAAVOLA, JASON  
PAGOIS, JULIE  
PAKULSKI, KERRY  
PALADIE, TINA  
PANKRATZ, LANCE



PANKRATZ, LISA  
PARENT, TROY  
PASSERI, BRIAN  
PATTON, BRIAN  
PAUL, DAREEN  
PAUMEN, RON  
PEDERSON, LINDEE



PEDROW, ROBERT  
PEIFFER, JENNY  
PERRY, MELANIE  
PETER, ANNA MARIE  
PETERSON, GRETCHEN  
PETERSON, ADAM  
PETERSON, CHERYNE

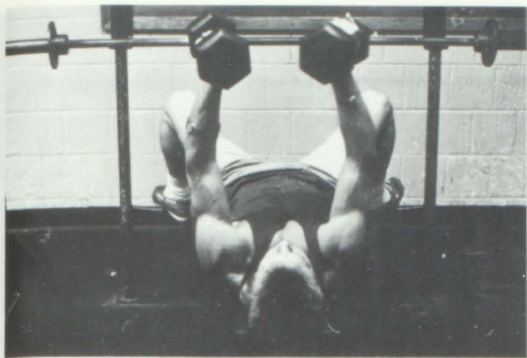


PETERSON, KRISTI  
PETRY, DANIEL  
PHILLIPS, CHRISTINE  
PLESKI, TROY  
POGREBA, AMY  
POHLEN, VALERIE  
POLENCHECK, MIKE





# Sophomores



1



2



3



5



4

1. Muscles! 2. And then he said . . . 3. I used to do this with playdough! 4. Eric, are you reading or just looking at the pictures? 5. Sophmores cheer at a pepfest. 6. Sophomore football is #1!



6



# Sophomores

## JOIN UP!

**S**ports, Debate, Band, etc . . . It's more than just having fun. There's commitment and practice, effect on your school and social life, and FUN!!

Most people figure "Oh, I'll go out for volleyball. I have nothing better to do." And then they show up to only half of the practices. This isn't how it works. With anything in school there is commitment. Debate expects work on your own and with others, Band expects self practice and always being there. There is always commitment and practice. But, what most people don't realize is that is how they're whole life will be. Also you'll always have something to do.

What is a Friday night without friends, "functions", and fun? Sure you can do all this without staying after school every night

of the week, but by being involved, you'll meet more people and have bigger and better things to do. FLHS has many opportunities; Band or sports or clubs, the more you are involved, the more fun you will have!



Sports are a great way to make friends.

POWERS, SHELLY  
PROULX, HEIDI  
PROULX, JANEL  
RANCOUR, AMY  
RAMUSSEN, ANDREA  
RATHE, NANCY  
RAUNER, JASON



REED, HEIDI  
REETZ, JENNIFER  
RELLER, JASON  
RILEY, TRISH  
ROE, TODD  
ROEMHILDT, TAMMY  
ROSKOWITX, SHERI



ROSSI, JODI  
ROWAN, HYLAND  
RUDENICK, AMY  
RUGLOSKI, WILLIAM  
RUNEBERG, JACKIE  
RUNNINGEN, SCOTT  
RYAN, JULIE



SANDAGER, MATTHEW  
SANTO, WIN  
SATHER, MATTHEW  
SAUNDERS, BECKY  
SCHADT, TODD  
SCHAEGER, AMY  
SCHLAEGER, LEANNA



SCHMURA, NANCY  
SCHOENECKER, KELLY  
SCHOLTEN, JOSIE  
SCHROEDER, JEAN  
SCHROM, PAULA  
SCHUETT, LIZ  
SCHULTZ, DANA





# Sophomores



SCHWEIGER, LISA  
SCULLY, RICK  
SEEKEL, HOLLY  
SEIM, AARON  
SELL, JENNIFER  
SHAMP, JOLLEEN  
SHERRICK, LORI



SIBBALD, THOMAS  
SIEBER, MARC  
SIEMONSMA, TODD  
SIMONET, KENITH  
SKOG, ERIK  
SNELSON, JENNY  
SOFIE, CONNIE



SOGGE, KENTON  
SOLUM, ETHAN  
SOLUM, KIRK  
SORKNESS, BOB  
SPEAR, SHELLY  
SROCK, TAMERA  
STEGICH, VICTOR



STEINDEL, DAVID  
STENBERG, JILL  
STENBERG, KENT



Smile!

STENBERG, ROSS  
SUPINSKI, BRIAN  
SVEIKOVSKY, VANESSA



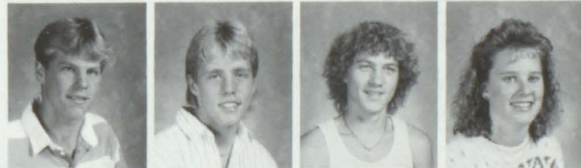
SWANSON, GINGER  
SWENSON, ERIK  
TAUER, MELANIE



TAYLOR, REBECCA  
TAYLOR, VALERIE  
TESSIER, CHANTELE  
THAYER, MATT  
THEROUX, LAURA  
THOMPSON, JODIE  
THURNBECK, CARLA



Tough Guys!



TIMMONS, SCOTT  
TOTH, JOE  
TRIEMERT, KURT  
TRUDEAN, KRISTI



UNDERWOOD, MALANIE  
VAN DAMMA, STEPHANNIE  
VANBERGEN, BRIAN  
VESEL, CHRISTI



VEZINA, KIMBERLY  
VOGEL, TROY  
VONDELINDE, PAMELA  
WACHHOLZ, STACY



# Sophomores



2



1



3



4



5



6



7

1. Tami . . . is that studying? 2. Benji, what are you making? 3. Sue Bang! 4. Watcha looking at? 5. Get a little closer. 6. Shelly poses for glamour. 7. Study Hall in the lunchroom . . . more talking than studying!



# Sophomores



WAGNER, RACHEL  
WAHLBERG, JESSICA  
SANTO, SHARLYN  
WELABE, KRISTINE  
WALKER, NICK  
WENDELL, GWEN  
WASSMAN, MATT

WASSMAN, MIKE  
WELCH, MELISSA  
WEST, BRYANT  
WHITE, JASON  
JOCHIM, SHERRY  
WHITE, JILL  
WHITING, TRAVIS

## PARKING PROBLEMS

At the beginning of the school year, the student body clamored into lines to be the first recipients of the new parking permits. Here on the first day, the troubles of the parking lot at Forest Lake started.

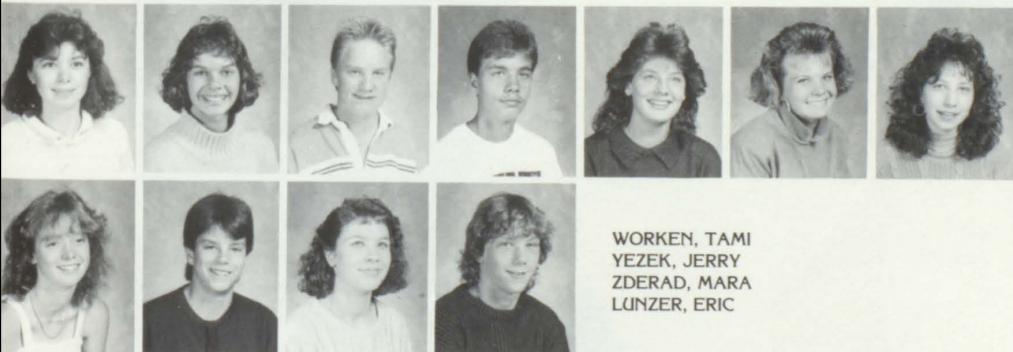
Once the gates to the lot opened, several hundred cars, of all makes and models, began to flood into the lot. Some of them branished their own parking permits, but there were outlaws driving among the innocent. Parking permits that were zeroxed copies were colored with such perfection that those students' second grade teachers would cry with pride. The reason students did this dasterly deed was not because they did not want to pay \$40 for a permit, but because they couldn't get a real

one.

The problem was there was not nearly enough parking space for the number of students that wished to drive. This caused a major shortage of parking permit. Seniors ended up with getting permits first. What was left was then offered to the juniors, and the sophmores ended up with very few, or none at all. Students that applied for permits had to have a legitimate reason for driving like a job or a sport. No one that just wanted to drive could park in the school lot. Students that still wanted to drive parked in the mall parking lot and walked to school.



Driving to school this year was mainly for seniors.



WHITNEY, JEAN  
WIECHMANN, BRAD  
WILLIAMSON, PAM  
WILBORN, JOSH  
WITTWER, KARLA  
WOLF, BILLI JO  
WOOD, NIKKI

WORKEN, TAMI  
YEZEK, JERRY  
ZDERAD, MARA  
LUNZER, ERIC



JOIN US





## — IN CLASS —





# Faculty



The three stooges, Dr. Cooper, Dr. Gray, and Mr. Reynolds.



**DIRECTORS:** Beth Sullivan, Donley Johnson, Dan Poepard, and Bob Juhl



**SUPERINTENDENT:** Dr. Gerald Brynikdson



**SCHOOL BOARD:** Back: Stephen Onell, Gayle Novak, Lillie Olson, Sandra Neuenfeldt, Tom Paul. Front: Jim Moratzka, Vernon Boettcher.



# Faculty

## Forest Lake Welcomes New Vice Principal

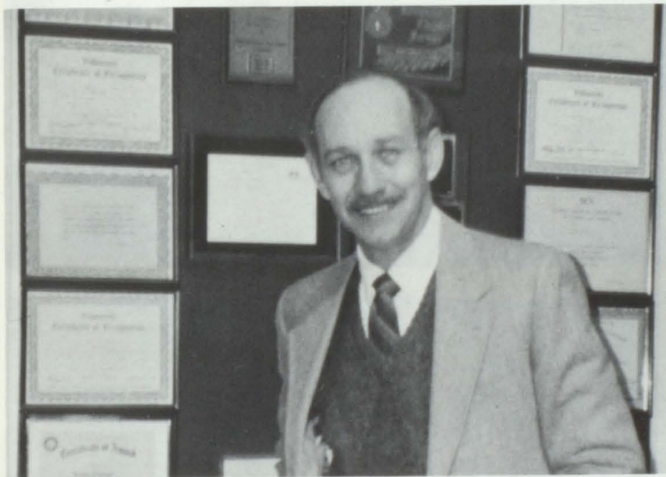
A new face was seen throughout the halls of Forest Lake Senior High this year. With the departure of Mr. Rygh to Jackson Junior High, one more vice principal was needed. The staff was directly involved with interviewing potential candidates. All were well qualified, but Dr. Gray was the one chosen.

Dr. Gray received his B.S. at the University of Nebraska. He earned both his M.S. and Ph.D. at the University of Minnesota. Dr. Gray first began teaching at Central High in St. Paul. After seven years, he moved to Anoka Senior High for a year of Assistant Principal internship. For seven more years he was the assistant principal at Park Senior High in Cottage Grove. From there he moved to Portsmouth Virginia where he worked as the principal of the Junior High. Now Forest Lake is pleased to have Dr. Gray as a member of our Administrative Staff.

Before even seeing the school, Dr. Gray said that he heard good things about us. And once he was here, he was impressed, viewing the school as well organized and having a well behaved student body. Dr. Gray stresses teamwork, believing that everyone, Administration, faculty and the students need to work as one in order for Forest Lake to be the best that it can be. Dr. Gray is happy to be here, and we are happy to have him!



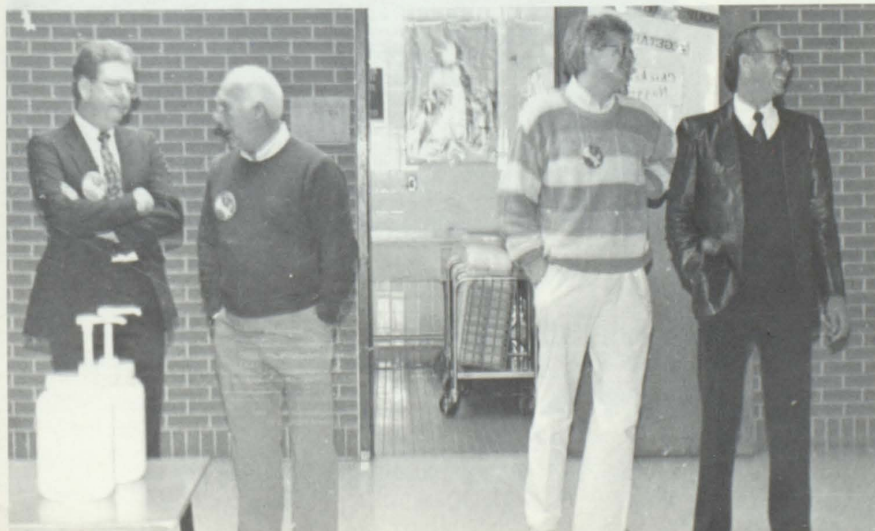
**PRINCIPAL:** Mr. Reynolds



**VICE PRINCIPAL:** Dr. Cooper



**VICE PRINCIPAL:** Dr. Gray





# Faculty

## CAREER RESOURCE

Diane Borley



## LIBRARIANS

Sylvia Warin  
Paul Karlsson  
Elaine Zeller



## AUDIO/VISUAL

Nancy Ensrud  
Dick Moskop  
Not Pictured: Karen Bakker





# Faculty



## GUIDANCE SECRETARIES

Louise Larson  
Ione Hanson  
Janet Walker



## ATTENDANCE SECRETARIES

Elaine Thaemert  
Mary Wightman  
Claudia Johnson  
Connie Ramberg



## ADMINISTRATION SECRETARIES

Carol Johnson  
Dee Gorka  
Not Pictured: Marium Tuominen



# Faculty

## COOKS AND CUSTODIANS

**H**ealthy, nutritious meals and a pleasant, clean appearance are two very proud characteristics of our school. Dedication and great effort are constantly brought forth by the cooking and custodial staff everyday to make our learning experience more enjoyable. A special thanks to all the dedicated staff that helped to make Forest Lake such a great school.

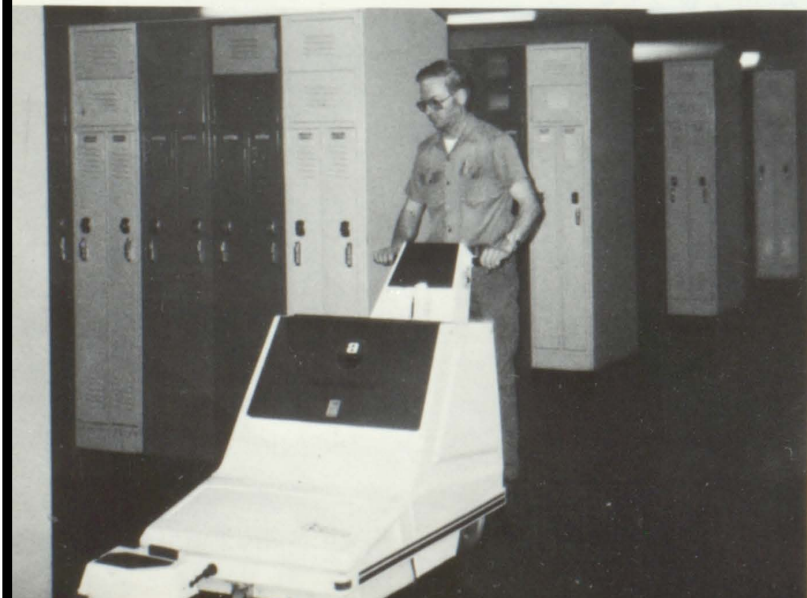


1. Tator tots are a favorite of the students. 2. Keeping up with dirty lockers keeps custodians on the run. 3. Cleaning up after feeding a thousand starving students is a tough job. 4. Heavy-duty vacuums make the job easier and quicker.



Back: Marian Mennie, Shirley Moore, Donna Lemurs, Marcie Milleren, Pat Regel, Nancy Gregorie Front: Cheryl Ekblad, Kathy Krizan, Jean Soebbing, Joyce Schmidt, Joyce Proulx, Bernice LaCasse

Back: Twyla Jensen, Mark Anderson, Mike Haugen, Gordy Witter, Ira Hollingsworth Front: Terry Robinson, Jim Graugel, Al Zuleger, John Olson, Don Johanes





# Faculty

## WORDS OF WISDOM

"The alpha and omega of rehearsal is tone, tone, tone, vowels, vowels, vowels . . . "	Lindstrom
"Tres bien, questionne? problem? Bon!"	Guderyon
"Justin drives me crazy . . . "	Hebert
"Tag! Der plan fur heute ist . . . "	Fitzgerald
"Are you meandering?"	Jarret
"Do you have a pass?!? Did you check that out?"	Karlsson
"Groovy . . . "	Fletcher
"Honest . . . on it!"	Menken
"Vale?"	Sparling
"Mrs. Smitts .. you know she was my weaving teacher .."	Pechman
"I do not give passes!"	Onell
"A.S.A.P.", "No Brewskies!"	Hahn
"You guys did a good job!"	Storm
"Todos los dias! Bueno!"	Franzen
"In a big way . . . "	Dittberner
"Okay, gang, I hope that wasn't too pompous!"	Bendix
"Five minutes left, people!"	M. Hanson
"Okay, let's have a little quizzy!"	Bungum
"Did you stay up to watch the late late?"	Buys
"We'll take notes for the first half of the hour, then I'll give you a little time to talk"	Cheyne
"Macroeconomics . . . The Big Picture!"	McElrath
"At any rate . . . "	Conner
"I don't know!"	Kidder
"Smile for the camera! I'll give you a better grade, if you make me some chocolate chip cookies!"	Chalberg
"Chew gum and you clean the sinks!"	G. Hanson
"It's a microcosm of William Faulkner's acceptance speech . . . Give me two minutes . . . shhh, quiet!"	Baldwin
"Got it?!? Did I ever tell you the story about my friend?"	Gilles
"Right, right . . . "	Smith
"I can neither confirm nor deny . . . careful!"	Carlson
"Maybe student council could do something about it!"	W. Somrock
"A situation like this . . . "	Nelson
"It's kinda neat!"	Henderson



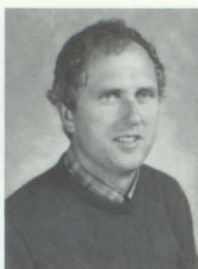
# Faculty



Mike Altavalla  
MATH



Alan Anderson  
BUSINESS



Charles Anderson  
SOCIAL STUDIES



Karen Bakken  
A.V.



Tom Baldwin  
ENGLISH



Jill Becken  
MATH



Debbie Bendix  
ENGLISH



Rena Benedict  
SCIENCE



Jane Bernauer  
HOME ECONOMICS



Michael Bernauer  
ENGLISH



Dave Blasko  
INDUSTRIAL ARTS



Junior Branson  
INDUSTRIAL ARTS



Jerry Bray  
SOCIAL STUDIES



Phil Bungum  
SCIENCE



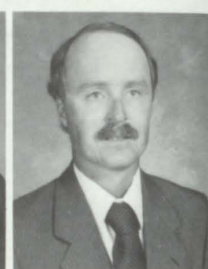
Marge Burns  
SPECIAL ED.



Jack Buys  
BUSINESS



Richard Carlson  
SOCIAL STUDIES



Charles Chalberg  
MATH

## SOPH. ENGLISH CHANGED

The English department had a change in their courses. Now the class of '89 students and beyond have to take American Voices I or II and also speech or basic communication. All these courses must be taken during their sophomore year. The reason the English department adjusted the course requirements was because most students has already taken Essentials of English during their freshmen year. The English department was trying to give the students more oppurtunities to learn.

Most sophomores normally take American Voices I, although opinion of the difficulty and worth is varied. "It's a really hard course that we now must take, and it wasn't fair because those

class '88 students didn't have to take it." said Lynn Mansmith. "Well — even though it was tough, we made it and we did learn a lot by the time it was over. I'm glad I took it." Dave Wilske said. Some of the students said that American Voices was hard, and some considered it easy. It all depends on the students attitude and strong points.

The American Voices I or II and Speech are now requirements for the sophomores in order to graduate.



Sophomore English students 'rack their brains' for a solution.



# Faculty



Pat Cheyne  
MATH



Roger Cheyne  
SOCIAL STUDIES



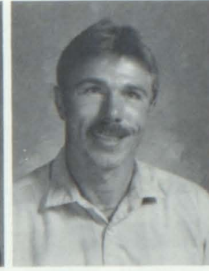
Todd Chowan  
FRENCH



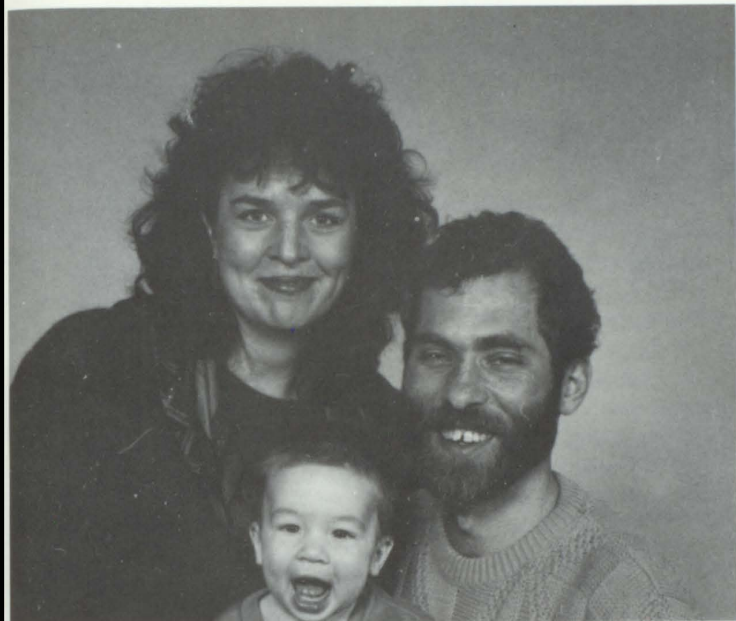
Wallace Conner  
MATH



Russ Cooper  
ASSISTANT  
PRINCIPAL



Robert Dettmer  
PHYS. ED.



**NEWBORN:** Mrs. and Mr. Jones with baby.



Judy Dittberner  
SOCIAL STUDIES



Nancy Dorph  
SPECIAL ED.



Mary Dressen  
ENGLISH



Terryl Eikren  
ENGLISH



Bob Fedderly  
ENGLISH



Nancy Ensrud  
A.V. SEC.



Rosanne Erickson  
ENGLISH



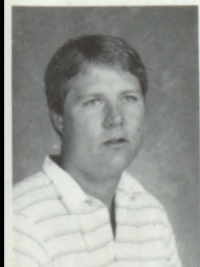
Joann Fermenich  
BUSINESS



Maureen Fitzgerald  
GERMAN



Neil Fletcher  
SOCIAL STUDIES



Dan Forsythe  
PHYS. ED.



Allen Franzen  
SPANISH



Deb Fuerstenberg  
PHYS. ED.



Jane Gilles  
ENGLISH



Judy Glaser  
SPECIAL ED.



Virgil Grove  
COUNSELOR



# Faculty



Susan Guderyon  
FRENCH



Sally Hagman  
SOCIAL STUDIES



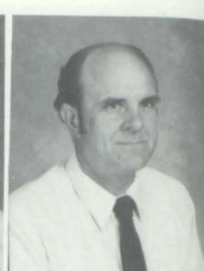
Richard Hahn  
BAND



Henry Hebert  
ENGLISH



Brian Hegseth  
PHYS. ED.



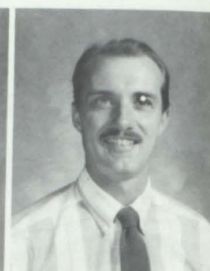
Jack Henderson  
SCIENCE



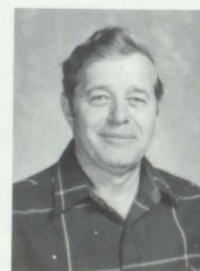
NEWLY WEDS: Mr. and Mrs. Al Anderson.



Kay Hickerson  
AIDE



Tom Hipkins  
SPECIAL ED.



Loyal Hyatt  
AGRICULTURE



Claudia Johnson  
SECRETARY



Doris Karls  
HOME ECONOMICS



Lynne Jones  
COUNSELOR



Mrs. Benedict observes her chemistry class of amateur mad scientists.



# Faculty



Paul Karlsson  
LIBRARIAN



Stephanie Kidder  
SCIENCE



Bev Larson  
ENGLISH



John Lautigar  
MATH



Joyce Leslie  
COUNSELOR



Jeffery Lewis  
SCIENCE

## GERMAN CLASS ADDED

**G**uten tag! As you enter the classroom you find a teacher standing there in front speaking a new language to the Forest Lake School District. This language is German! Not only does the Senior High have it for an elective, but so does Central. They added it to their academic courses because of the request from students to have a choice beyond French and Spanish.

Fraun Fitzgerald is the German teacher. She lives in Forest Lake and was originally from Wisconsin. Fraun is determined to teach the Forest Lake students her talents.

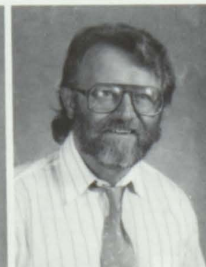
Along with the classroom activities Fraun continues to teach after school once a week for German Club. The students in this club have decided to expand their world of German beyond the classroom. They plan to go to Bemidji for a weekend at the

International Language Village. "It will be like living in Germany for a weekend," explained Fraun Fitzgerald.

Some of the students in her classes may also choose to spend four weeks in Germany with a German family. There are the same type of opportunities available to the German student as there are to French and Spanish students.



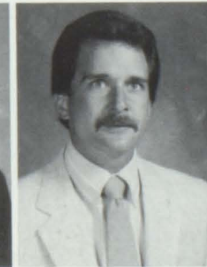
Jim Lindstrom  
CHOIR



Loren Lynch  
WORK  
COORDINATOR



Robert Marzolf  
AGRICULTURE



Larry Matzdorf  
MATH



Ruth Menken  
SOCIAL STUDIES



Ken Mikolajczyk  
SOCIAL STUDIES



# Faculty



Richard Moskop  
A.V.



Stan  
Motschenbacher  
COUNSELOR



Donald Nelson  
MATH



Julie Nelson  
HEALTH



Donna Nickerson  
COUNSELOR



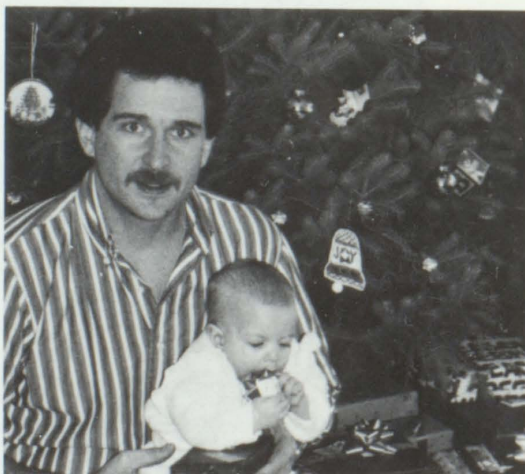
John Olson  
ENGLISH



**Newborn** Mr. Olson and his baby.



**Newborn** Mrs. Bendix's baby, Elizabeth



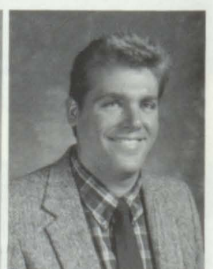
**Newborn** Larry Marzdorf and his daughter Lauren.



Myrtle Olson  
SPECIAL ED.



Priscilla Olson  
READING



William Olson  
MATH



# Faculty



Carleen Onell  
ENGLISH



Joan Paulson  
HEALTH/PHY.ED.



Doug Peltier  
ATHLETIC  
DIRECTOR



Connie Ramberg  
SECRETARY



John Reiman  
INDUSTRIAL ARTS



Tom Reynolds  
PRINCIPAL



Sharon Rose  
SPECIAL ED.



Rainie Schwab  
PHYS. ED.



Phyllis Slotsve  
BUSINESS



Bill Somrock  
ENGLISH



Jill Somrock  
SCIENCE



Linda Sparling  
SPANISH



Roxie Strangeland  
SPECIAL ED.



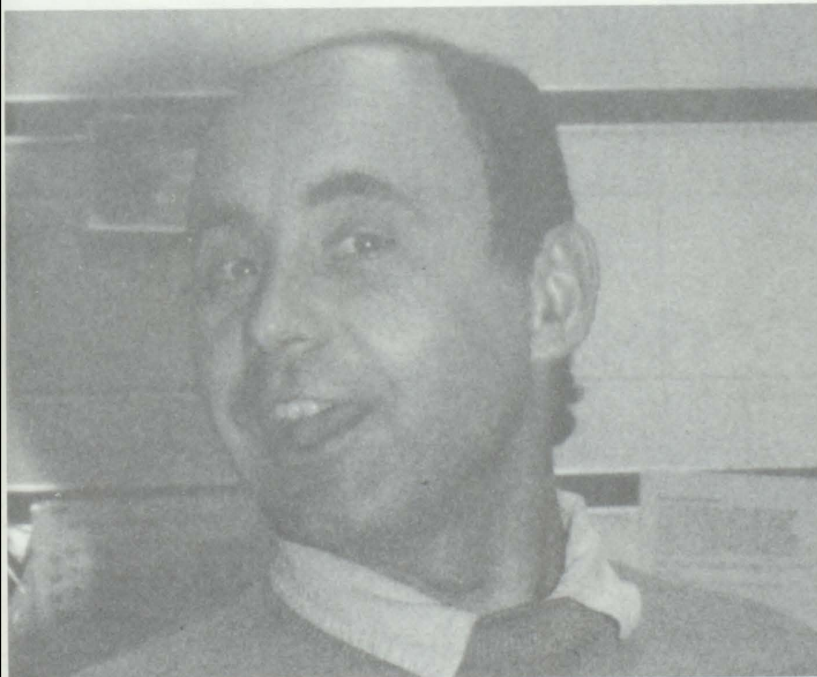
Sue Stennes  
SOCIAL STUDIES



Janet Stone  
HOME ECONOMICS



Barb Storm  
BAND



Mr. Smith, our exchange teacher from England



Mr. Rivard takes time out in shop class for a picture.



# Faculty



Bill Streeter  
READING



Dorothy Sunne  
ENGLISH



Sandra Teichner  
SOCIAL STUDIES



Ron Tungseth  
SOCIAL STUDIES



Marian Tuominen  
SECRETARY



Elaine Themert  
SECRETARY



Sylvia Wavrin  
LIBRARIAN



Mary Wrightman  
SECRETARY



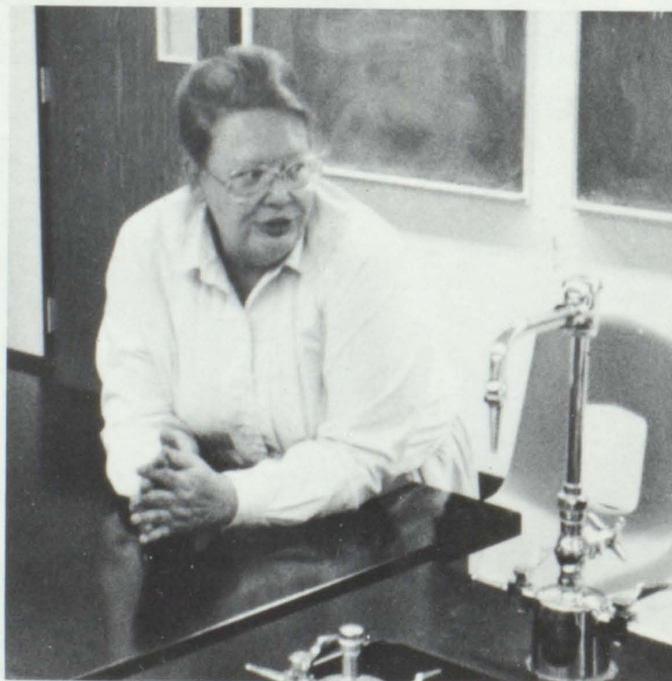
Janet Wiley  
WOOK  
COORDINATOR



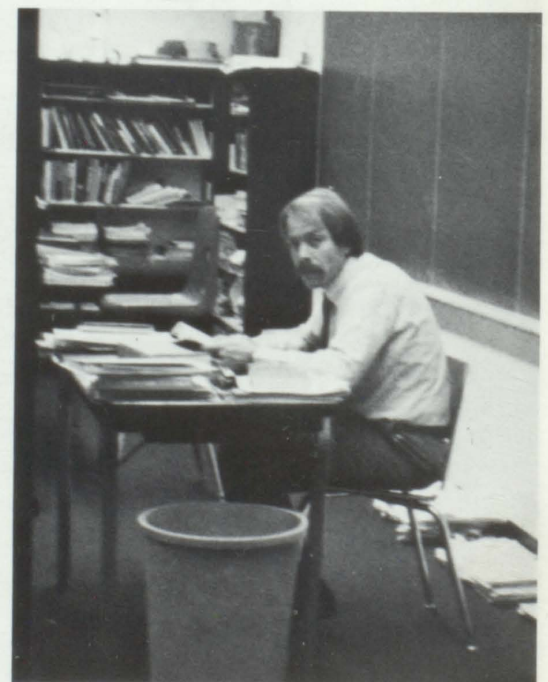
Elaine Zeller  
LIBRARIAN



Newly Weds: Mr. and Mrs. Somrock



Mrs. Hansen, What is the chemical equation for the school lunches?!



Mr. Federly, "May I help You?"



# Faculty



1



2



3



4



5



6



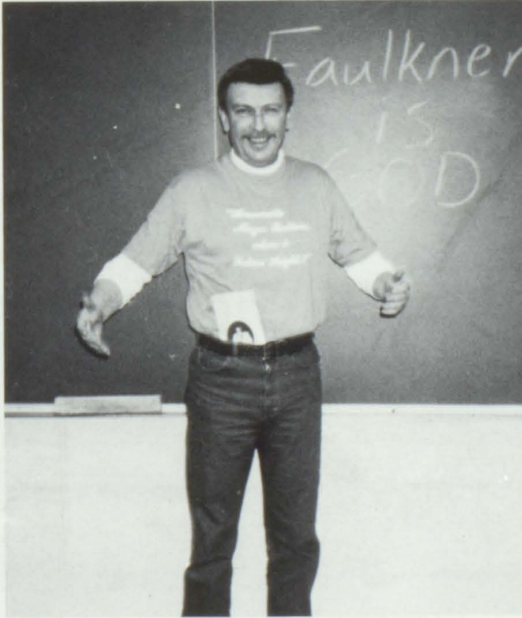
7



8



9



10

1. Mrs. Wiley experience another one of those days. 2. Mr. Karlsson caught with a smile?! 3. "How about a smile, Mr. Marzolf?" 4. "What did they put in meat?" "Well..." Mr. Tungeth replies with a pucker. 5. Way to go BIG R! 6. The library is for studying not socializing Mrs. Eikren and Mr. Herbert. 7. "Mommy it hurts!" whines Mr. Lynch 8. Mr. Chalberg — if looks could kill! 9. "Where do we go shopping?" Mrs. Wiley we wonder. 10. Baldwin for God!





You have grown in many wondrous ways. Through it all I have always been very proud of you. Congratulations son.



First day of school for Jeannette Dandl and Frank Dandl. Knew you could do it and we are proud of you both. Congratulations, Love Mom and Dad



"Congratulations! Tami!  
May your future be filled with joy.  
We love you, Mom and Dad"



To our "miracle child" — Surprised us coming seven weeks early and still surprising us! Thanks for 17 years of continuous blessing. We love you.



Time closes some doors, opens others, and brings good memories and much love along the way. Congratulations, Lo! Mom and Dad



"You've come a long way baby." Congratulations. Love, Mom





Academics, athletics, and citizenship — you did yourself proud! thanks for 12 great years.

Love, Mom and Dad



Congratulations, Barb! You've done your best. We love you, and we're proud of you. We're glad you're a grad!  
Dad, Mom, Patte

Mark and Tom

## Congratulations to the CLASS of 1988

from the Math Department

M. Altavilla  
J. Becken  
C. Chalbert

P. Cheyne  
W. Conner  
S. Jarret  
J. Lautigar

L. Matzdorf  
D. Nelson  
B. Olson

MANY "THANK YOU'S" to a  
**terrific** bunch. You're good  
students and diligent journalists.  
You're the *greatest!*

Thanks, Mrs. O.



Lisa — a very important time has come in your life. Mold your future, take each day, each experience. We're very proud of you.

Love, Mom, Dad and Laura



Dan, you've always said, "Don't worry about it!" I guess we didn't have to — you did a super job! Thanks —

Love, Dad and Mom



Best wishes, seniors.



We hope 1988 begins your bright future.

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to the 1988 graduates

Congratulations

Seniors

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Best wishes to employees in the class of '88

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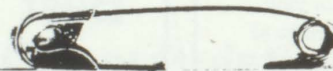
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Congratulations to Karla Ingvalson, Jane Swanson  
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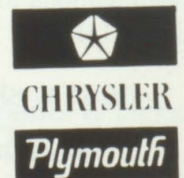
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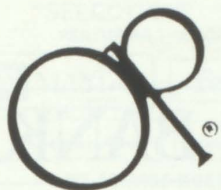


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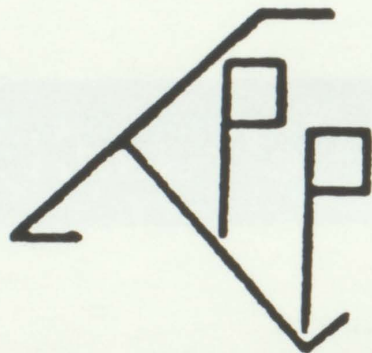


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VIKINGS STRIKE

Jackie Gleason Dies

SPUDS MACKENZIE:

"Know when to  
say when!"

Mikhail  
Gorbachev  
— Man of  
the Year

Fighting in  
Gaza Strip

U2 — Group of  
the Year

## 1988 WHAT

200th Birthday of  
the Constitution

Jim Lindstrom for MEA President

Jim &  
Tammy  
Baker

Three FL Teens  
Commit Suicide

YEAR OF SCANDLES

Gary Hart

Jimmy  
Swaggert

BLACK TUESDAY  
Stock Market Crashes



Lettuce rationed  
in School Lunches

Search for  
Supreme Court  
Justice

"Smoke Free  
Generation"

Reagan/  
Gorbachev  
— Nuclear  
Arms Treaty

Billy Joel concert  
in Moscow

MINNESOTA  
TWINS  
World Series  
Champions

1988 Pontiac Grand Prix  
— Motor Trend Car of the  
Year

VALUE OF DOLLAR DROPS

## MADE NEWS

Contra Debate Continues

1988 OLYMPICS IN  
CALGARY & SEOUL

US Attacks Iran  
Minelaying Ship

FL Loses Mr Streeter



## FROM THE EDITORS

Intensity filled the air as the Forester shipment finally arrived. Silence was never so loud as it was in A125 while the boxes were unpacked. Anticipation or Anxiety? We weren't sure ourselves. Pages were turned as if sacred while sighs — here and there a stifled smile — disrupted the passivity.

As the construction of the 88 Forester comes to an end, it becomes futile to try to capture the emotions of the year in a few undeserving words, as comprehension comes only to a handful of people encumbered in the production. But to many, we wish to extend — if only a small part — words of true appreciation. Special thanks go to the teachers and administration for their cooperation and patience with unknown names and misworded copy. To

staffers' parents for trying to understand the problems and giving helpful advice and great ideas. To the "Times" for their supply of photos when we ran short. To the janitors for putting up with the late nights, messy rooms, locked doors and false alarms. To Mr. Nelson for unlocking the doors. To the great writers and photographers who provided the variety so needed to make this yearbook successful. To the nearby fast food restaurants without whom we would have been a disaster. To John Joachim for six weeks of laughs, yellow passes, and jumper cables. And especially to Mrs. Onell, our advisor, for giving us enough freedom to explore new ideas yet for her guidance in making safe choices. And finally to the students for whom this book is for.

## Guest Writers

Eric Carter  
Nanay Miller  
Mr. Somrock  
Thoresa Burros  
Laurie Gagner  
Andrew Hodnik  
Jim Lichtschiell  
Suzanne Scheleder  
Andy Zaske  
Jerome Raymond  
Monica Houle  
Liz Stumbo  
Deb Stephenson  
Maureen Larson  
Mr. Marzolf  
Mr. Hyatt  
Dawn Wyse  
Kelly Larson  
Scott Perry  
Rich Elliot

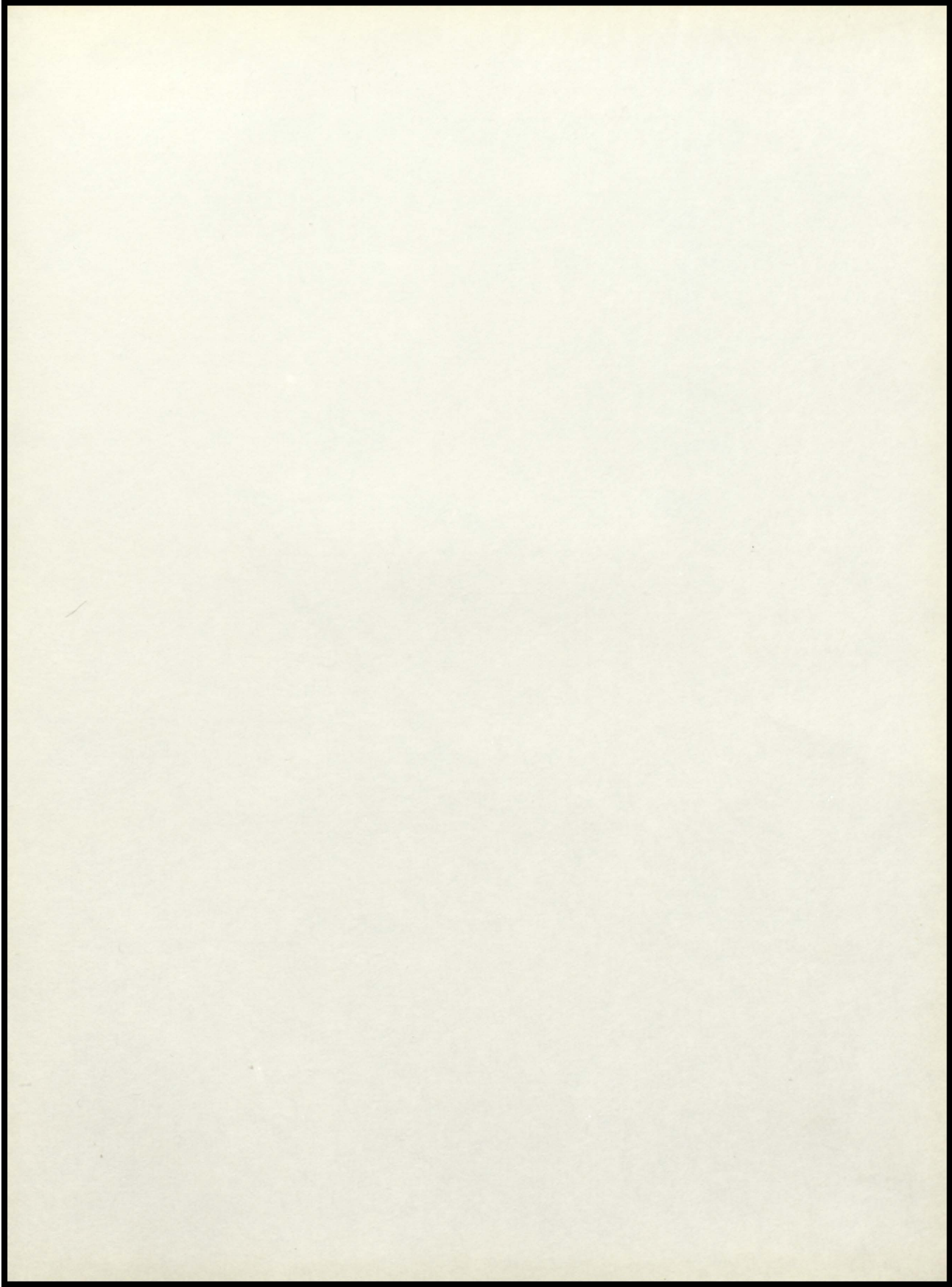
Colleen Skoglund  
Three Little Indians  
Kathy Taylor  
Pete  
Deb Monarc  
-editor-in-chief  
Nancy Lichtschiell  
Jean Crandall

This 1988 Forester was published by Taylor Publishing Co., Dallas, Texas. Steve Wright is the area representative. The 9x12 book has 192 pages. Korinna type was selected by the staff and is used in varying type sizes throughout the book. Page headlines were original Artwork. 1000 books were printed.

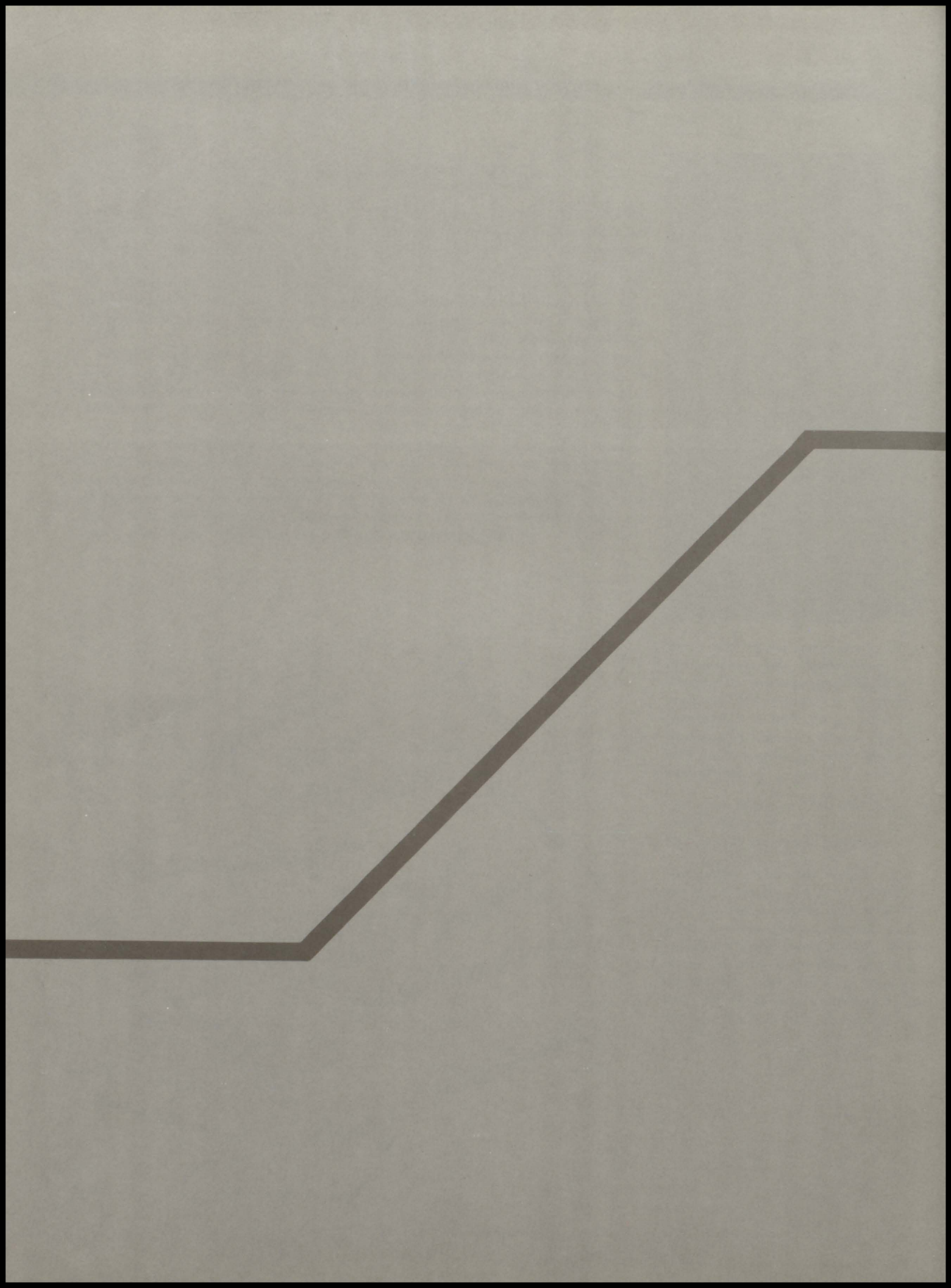
The cover is Maroon 360 with a gold foil stamp. The photos were taken by Al Running and printed as art conversion.

The senior section has sixteen pages of four-color. Maroon 34 and Gold 49 were used for the headlines and spot color. Senior portraits were provided by the photographers of the students' choice. Photos of the underclassmen were provided by Camera Art. Team and group shots were taken by Al Running, candids by student photographers, Al Running and the *Forest Lake Times*.











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... in '89	p. 128
... in '90	p. 144
... in classes	p. 160
... at the mall	p. 178



