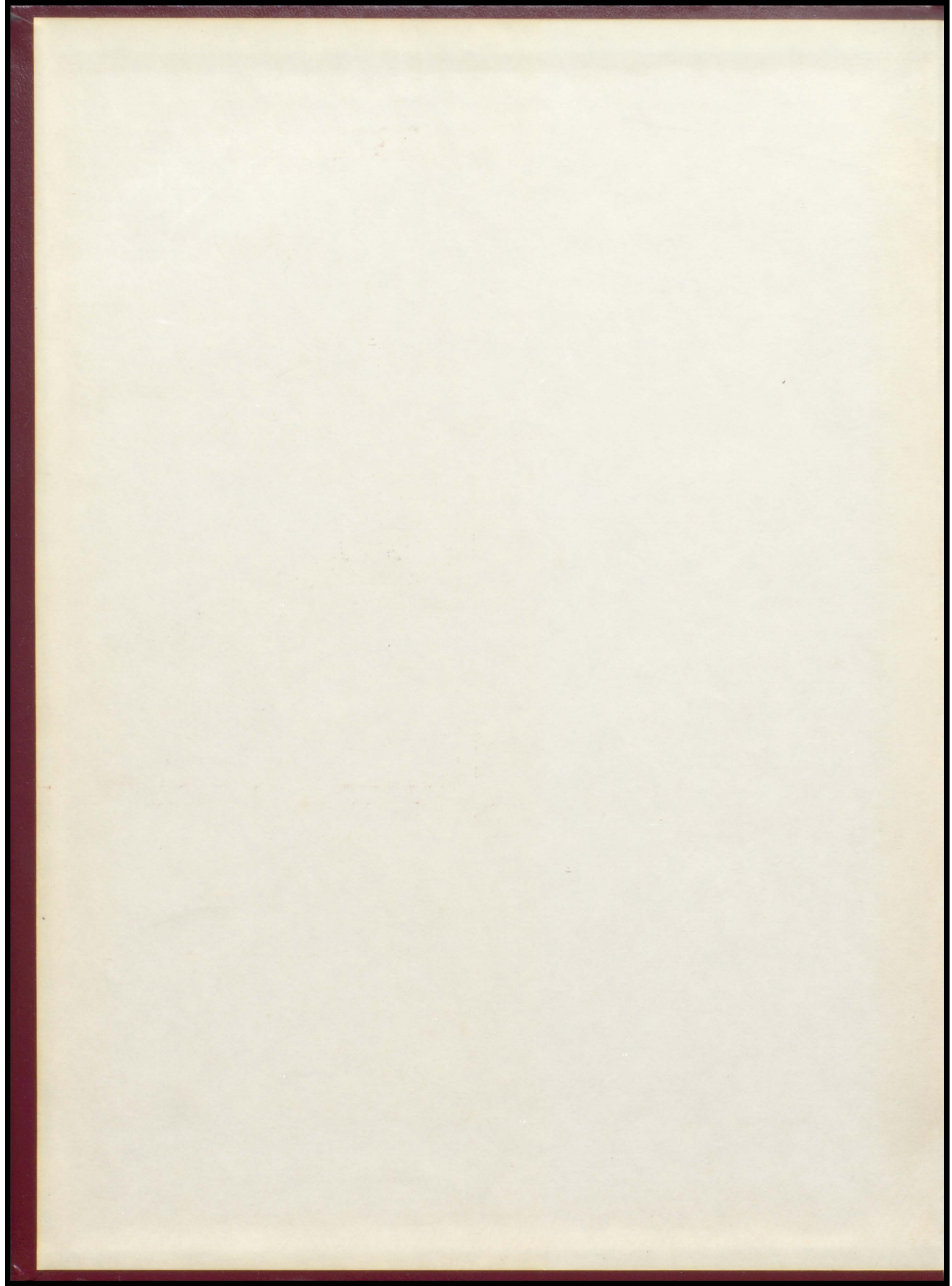


a touch of class



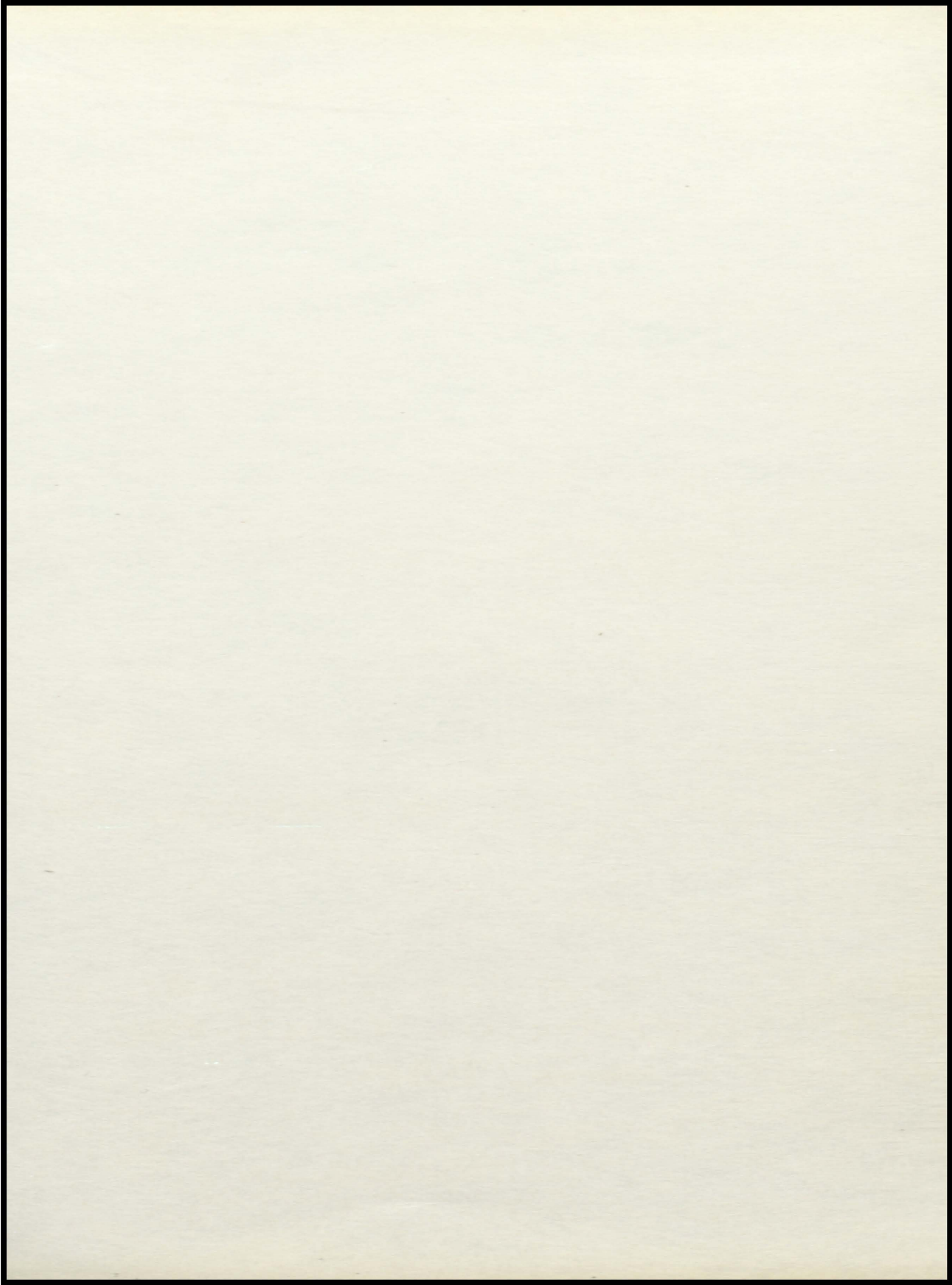


FORESTER '86



CLASS

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... class of '87	p. 32
... class of '88	p. 46
... classtime	p. 62
... class AA sports	p. 80
... after class	p. 104
... out of class	p. 130
... classified	p. 174



FORESTER '86



A TOUCH OF CLASS



Forest Lake Senior High
6101 Scandia Trail No.
Forest Lake, MN

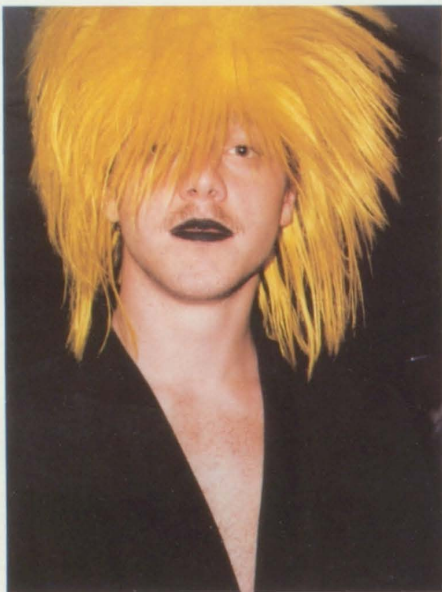
... class of '86	p. 4
... class of '87	p. 32
... class of '88	p. 46
... classtime	p. 62
... class AA sports	p. 80
... after class	p. 104
... out of class	p. 130
... classified	p. 174



1.



2.



3.



4.

1. Waiting for the coronation to end is fun when waiting with your Daddy, Mr. Hahn. 2. Rick Kosroski enjoys 1986 as a senior looking forward to graduation. 3. Adding color to homecoming week is easy with a colorful wig. 4. Rangers gorge themselves on a watermelon treat from the cheerleaders. 5. Mickey Mouse joins Julie Neely at school. 6. Todd Fultz seems to have an alter-ego in the off-season.



6.



A touch of class

Sophomores got lost; juniors made snide remarks about sophomores; seniors put down juniors. Teachers lectured and gave tests. Fall sports flourished; winter sports carried on with enthusiasm. All classes joined to make events like Homecoming and Snowweek successes. Each student added his/her own special touch to life at FLHS.

1.



2.

3.



4.



5.

1. Elk hunters invade halls, ready for the homecoming "kill." 2. Todd Zapzalka and Greg Johnson borrow identities to add spirit to Homecoming. 3. Ferry rides on Lake Michigan add to band members' memories. 4. No one's surprised to get a cheery "hi" in the halls of "Anything Goes Day." 5. Waiting for floral-design to end is Deea Harvieux.



The class of 1986 left many marks on the '85-'86 school year. Students selected King Tom and Queen Amy to reign at Homecoming. Snowweek gave everyone a chance to get silly and forget the cold and snow. Senior Week livened up third quarter. By the time graduation came seniors talked about "where did the time go?" 1986 at FLHS was unique because of the senior class.



the class of '86



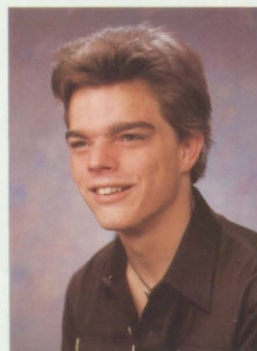
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 Chuck Alshouse
 Julie Ammon
 Cheryl Anderson



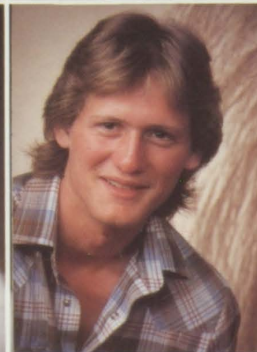
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Jeffery Atkinson
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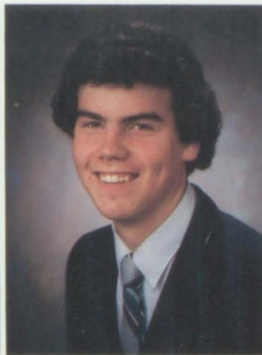


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 Steve Baumgart
 Melissa Beck
 Rick Becker



Kim Berggren
 Mitch Berggren
 Missy Bergeron
 Dana Bley

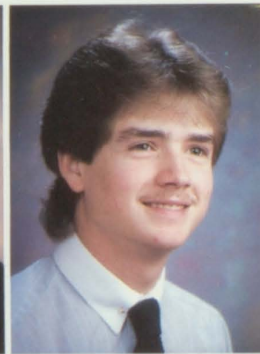




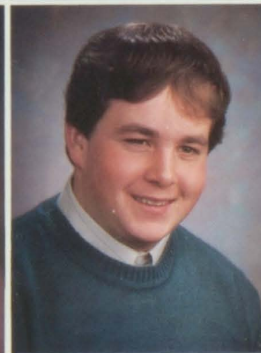
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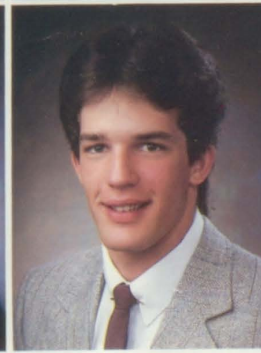
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Tom Bauer



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Pat Bell
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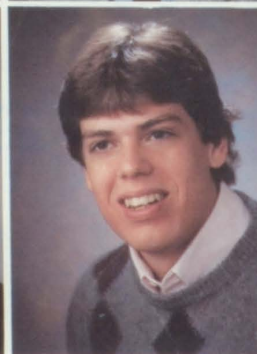


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Patty Bohaty
Mike Booth
Jeff Borash

Donna Bougie
Tom Bourgeois
Tracy Boyce
Margaret Boyer



Mark Broadbent
Chris Brown
Barb Burke
Brian Cable



Tina Carlson
Trudi Carlson
Jeff Carter
Natalie Celske



Barb Clark
Roberta Clark
Kirsten Cleveland
Billy Coleman



Theresa Colonna
Renee Colter
Gil Cournoyea
Dawn Cournoyer





Jill Branson
Matthew Branum
Bryan Breaw
Jim Brevig



Pat Cameron
Keith Campbell
Loren Capeti
Scott Carlson



Amy Childers
Jennie Christenson
Tracy Christenson
Linda Christoferson

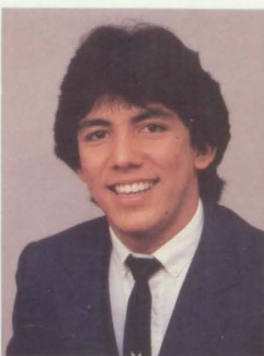
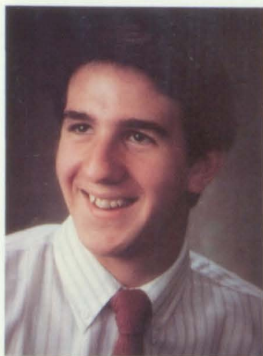


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Colette Coulter



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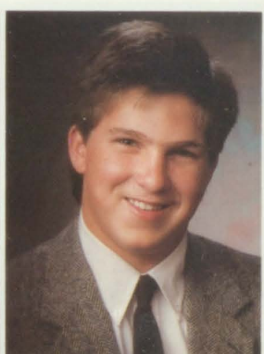
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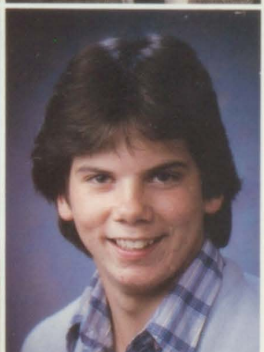
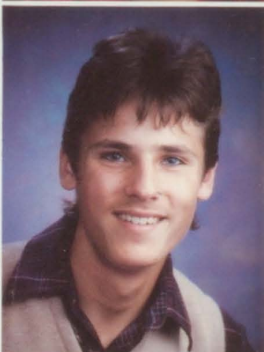
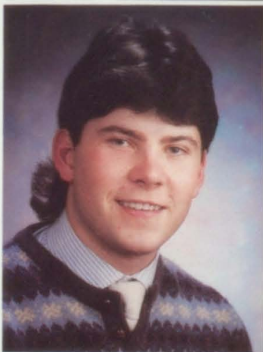
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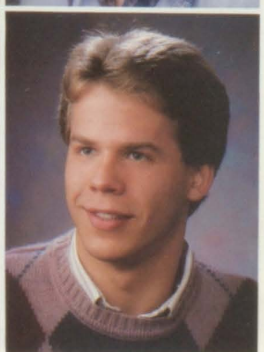
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Tim Fairbanks

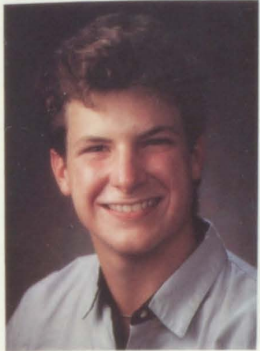


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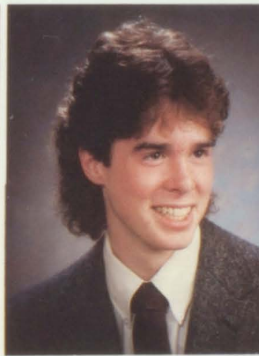




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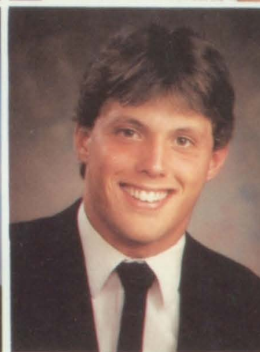
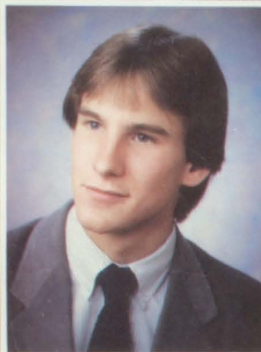
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Kim Fisher



Birgitte Frier
Mike Foley
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Roxanne Garrison
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Kari Grandstrand
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Tom Gregerson

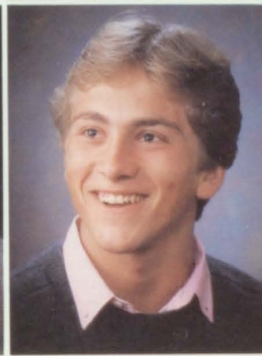
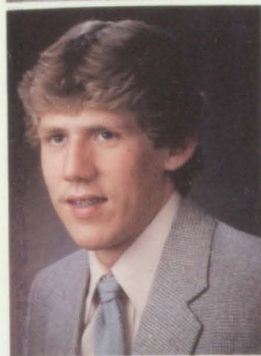


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Lana Hagert





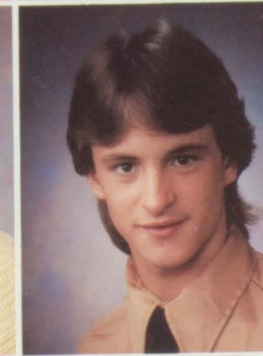
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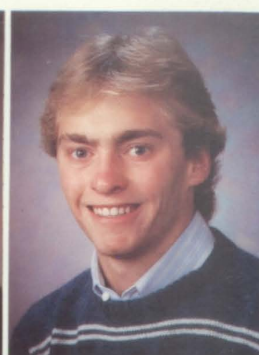
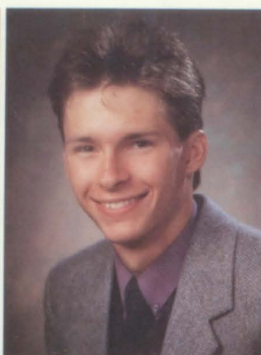


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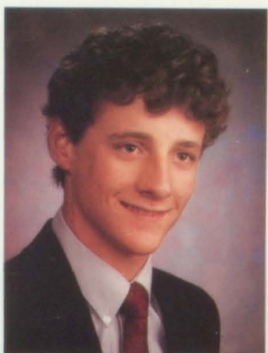
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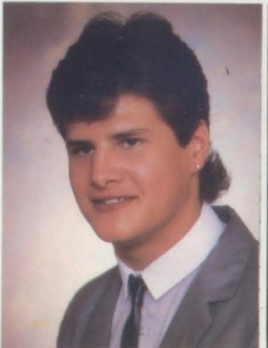
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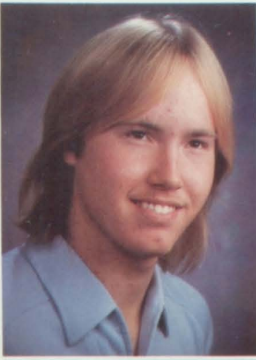
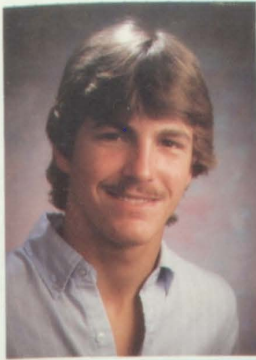


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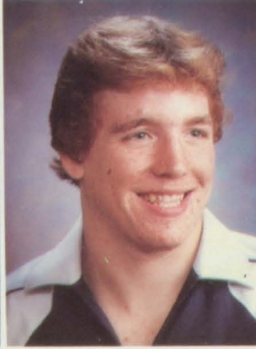
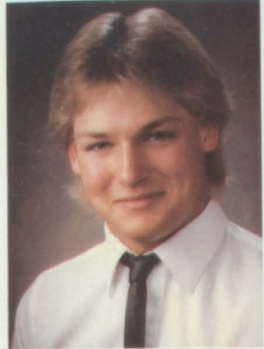


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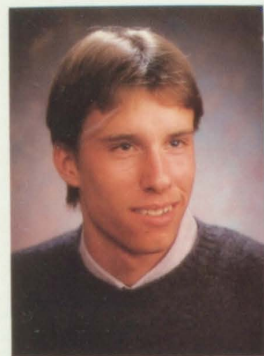




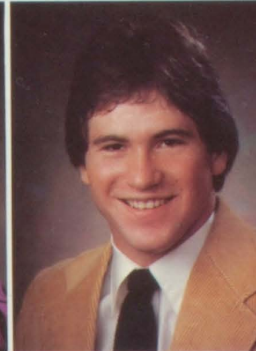
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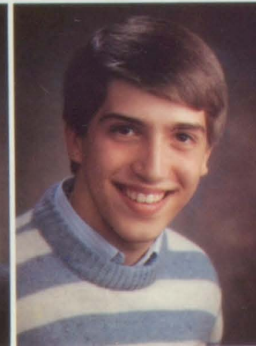
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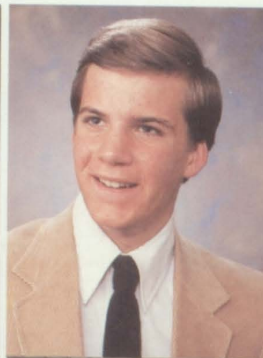
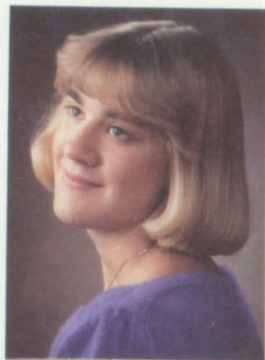


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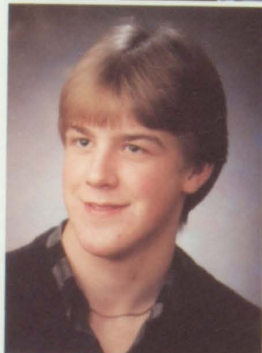
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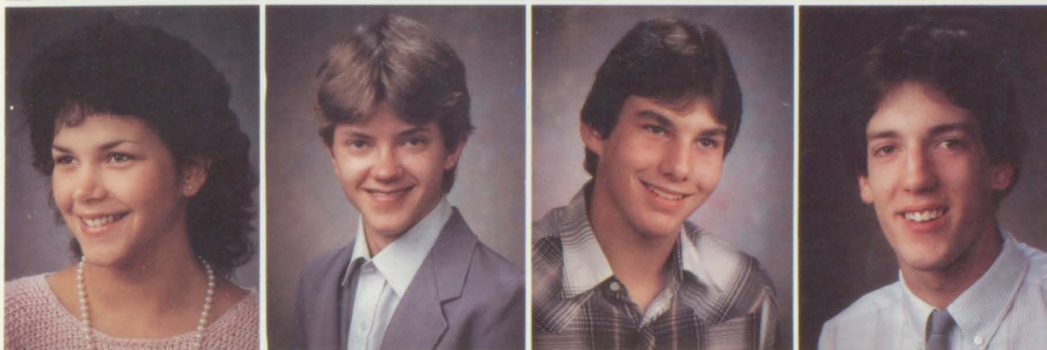


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Shelly LaBore
Cindy Lakso
Missy Lamb





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Guy Karth



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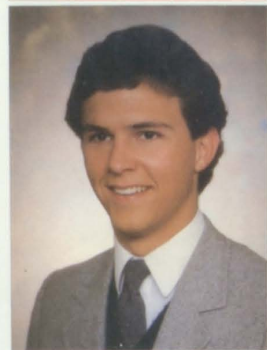


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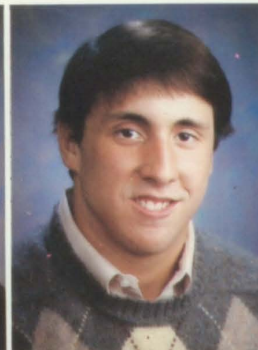
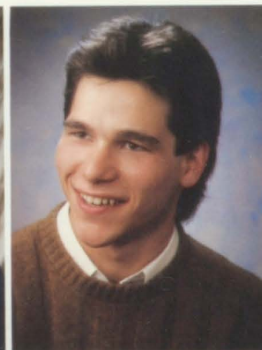
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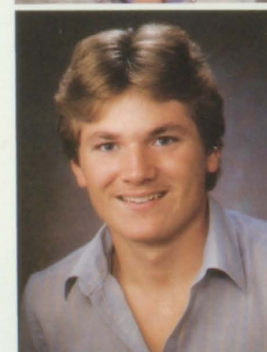
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Michele Martin



Brett Mattsen
Mark Matzka
Brenda McCargar
Kari McCoy





Liz Lee
Ken Legus
Craig Leibel
April Lemke



Steve Lichtscheidl
Michelle Lilly
Jeff Lindberg
Lori Lingren



Michelle Lyzhof
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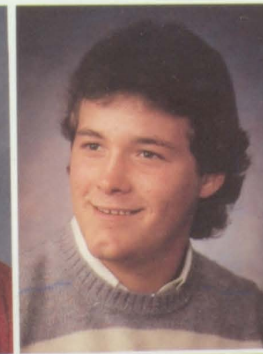
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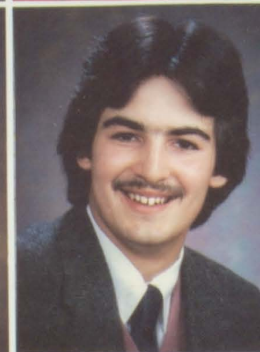
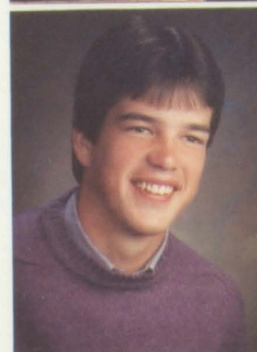
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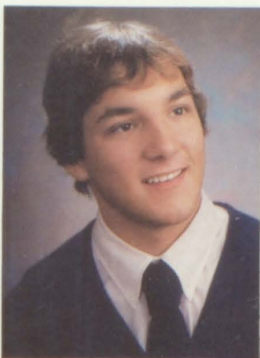


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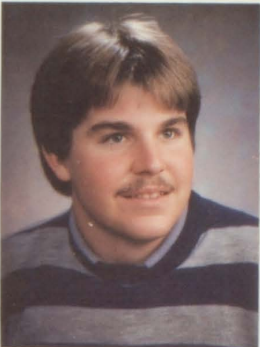


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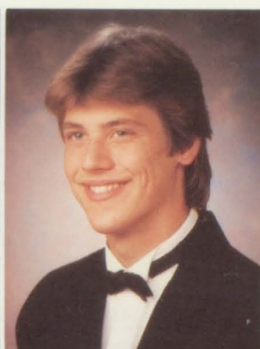




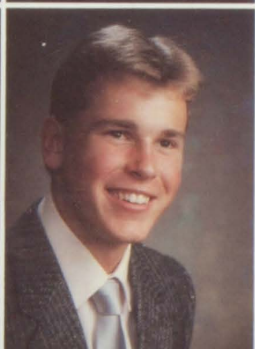
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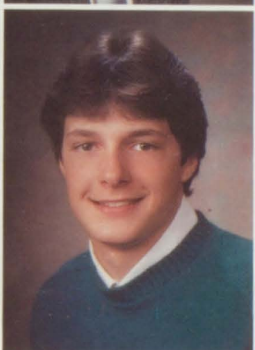
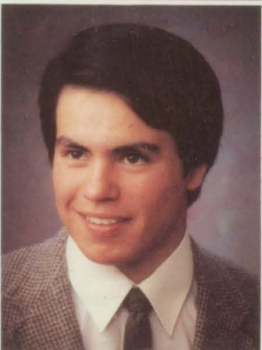
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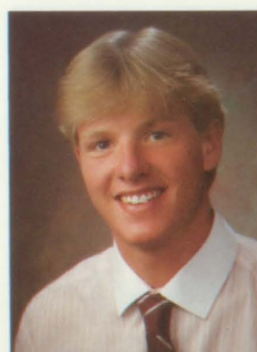
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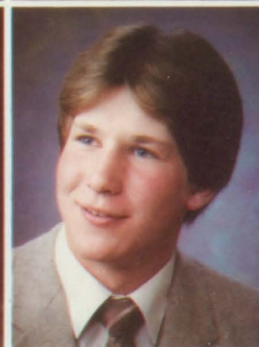
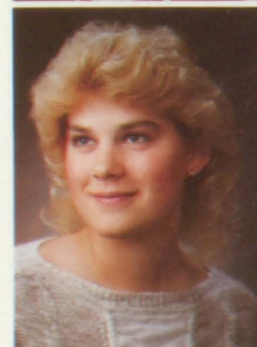
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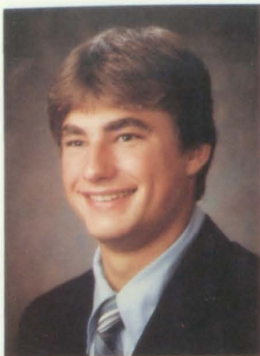


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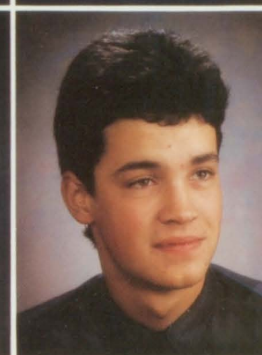


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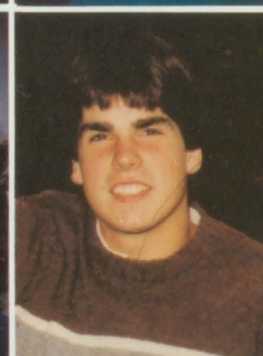
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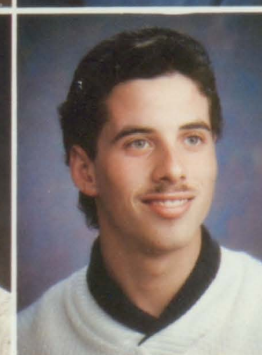
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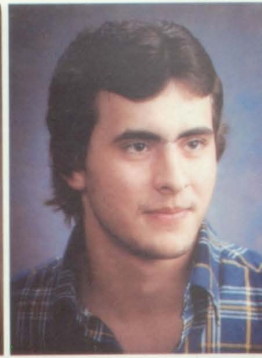


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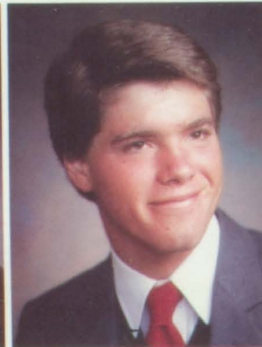
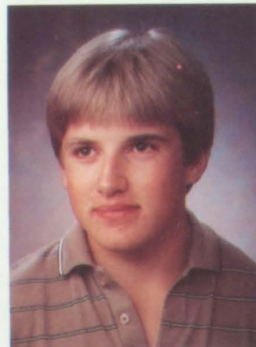


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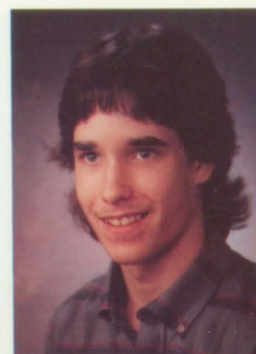
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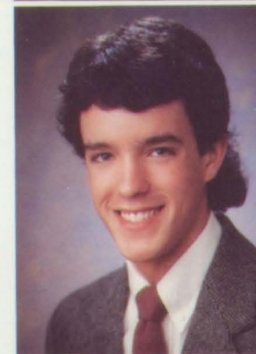
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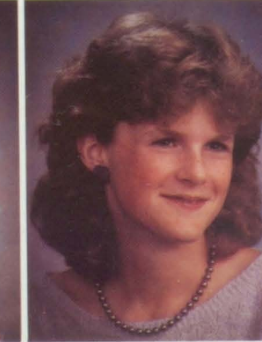
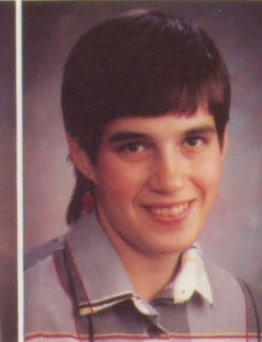
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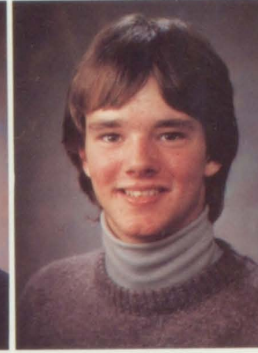
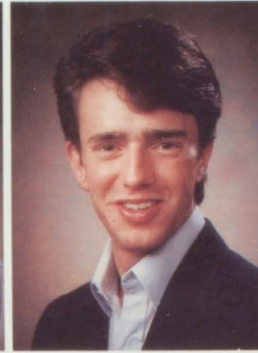
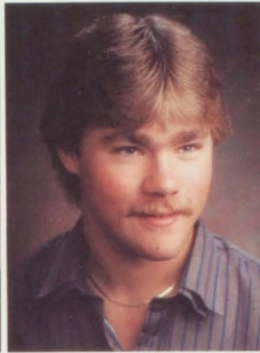


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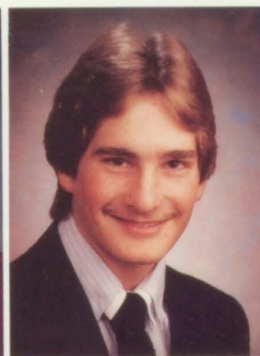




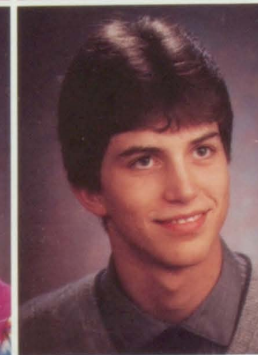
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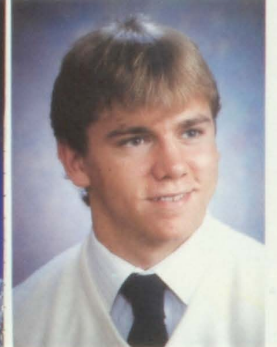


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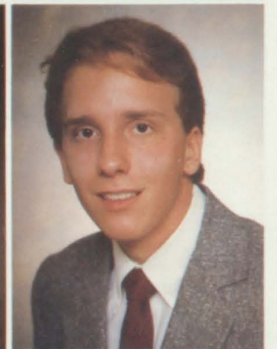
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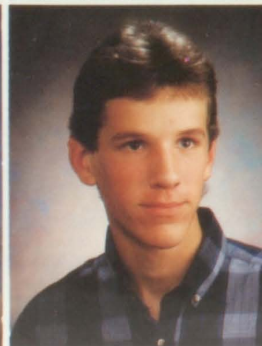
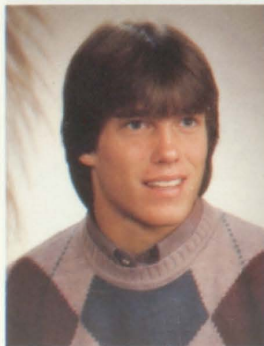
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Kris Werth





Dan Thiel
Dean Thiele
Tom Thill
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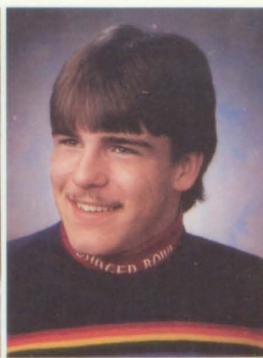
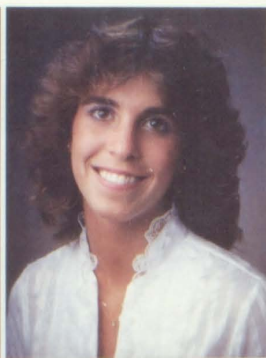


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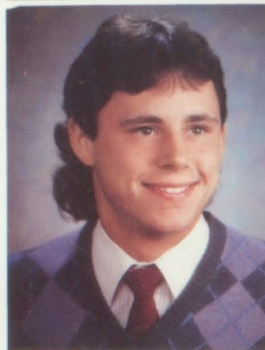


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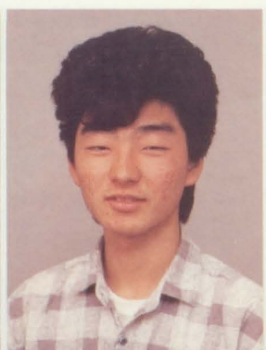
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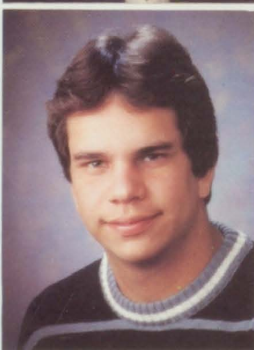
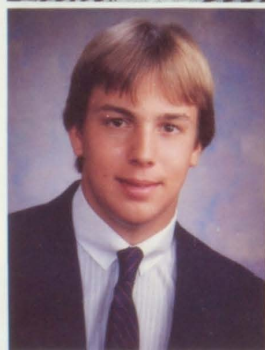
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Jim Yoch
Shelly Young



Kirk Youngblut
Jackie Zank
Kristi Zanasko
Todd Zapzalka



Tim Zaruba
Lonnie Zemke
Brian Zimmerman
David Zins





1.



2.



3.



4.



5.

1. Sunny days by Lake Michigan add to the splendor of the band trip. 2. King candidates enter the library for pictures. 3. Queen candidates make last minute preparations for the coronation. 4. Forest Lake gets a surprise visit from "visiting" Elk River students. 5. Amy Schumacher takes a break in journalism class.

Royalty Reigns at Elk Hunt

Queen Amy King Tom

Reigning over the week's activities for the Great Ranger Elk Hunt were Tom Hallberg and Amy Gross. An auditorium full of people watched as '85 royalty Bridget Schultz and Randy Parent crowned them. Following the ceremony Tom and Amy led the traditional snake dance and bon fire.



1.



2.

1. Looking out over their audience of peers is Tom and Amy's first royal job. 2. Tom calmly accepts the crown. 3. Wendie and Janet know before Amy that the crown is hers. 4. Amy gets a hug from her happy sister.



3.



4.



1.



2.



3.



4.



5.



6.



7.



8.



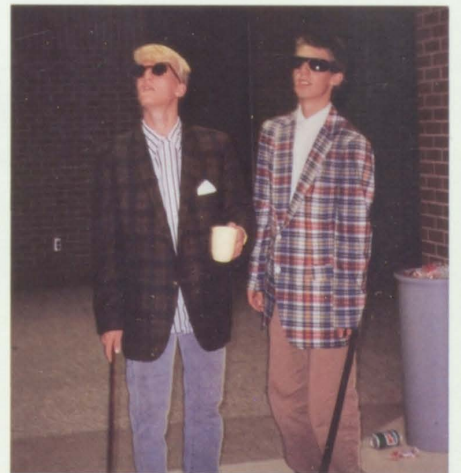
9.

1. Bridget and Randy return to select new royalty. 2. With inspiration from the Road Warriors, Todd and Grag "hit" the coronation. 3. Wendie Jackson and Tom Hallberg. 4. Amy Gross and Dan Dunbar. 5. Serese Thurnbeck and Todd Fultz. 6. Grand Marshall Stan Peterson greets the crowd. 7. Janet Sherwood and Andy Cossett. 8. Chris Obst and Billy Coleman. 9. Jan Voelker and Mike Booth.

Royalty Photo

Queen Ann

King Tom



Juniors geared up for a tough academic year. The PSAT was given on the Tuesday after Homecoming and a record number participated. Stricter graduation requirements left little time for study halls. The result was more homework and less time for jobs and socializing.



the classes of '87-'88



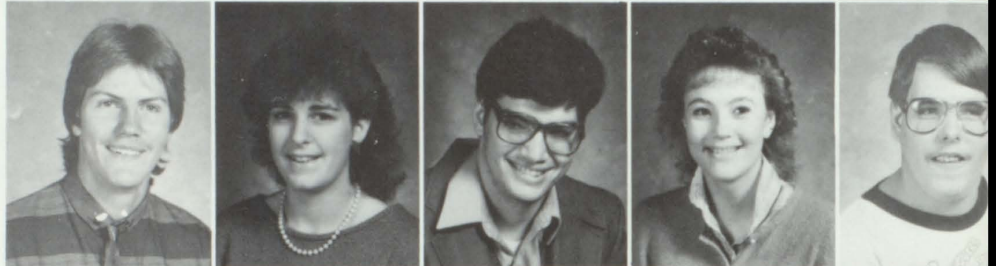
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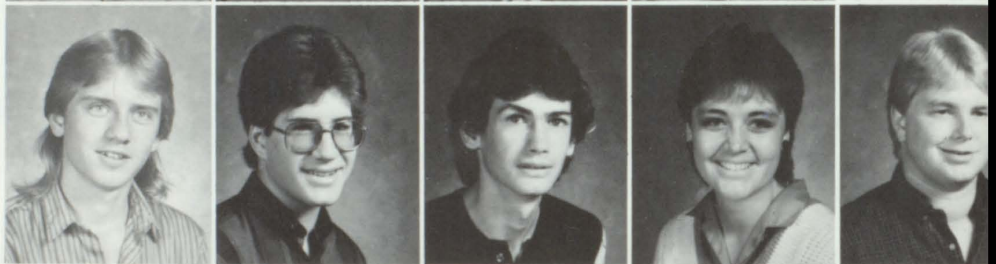
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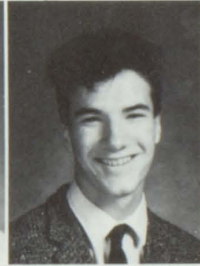


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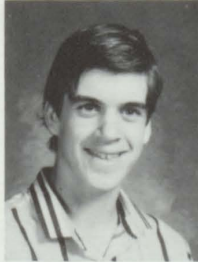




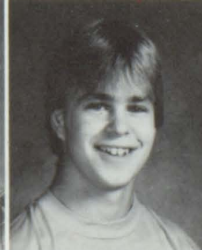
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Thomas Blanchard
Rachelle Blesener



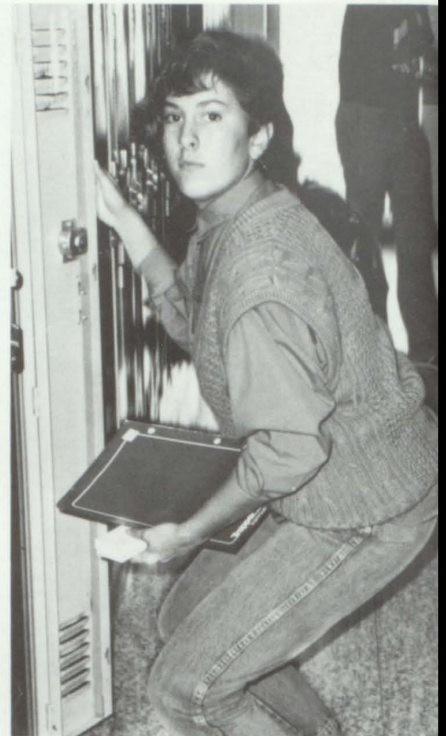
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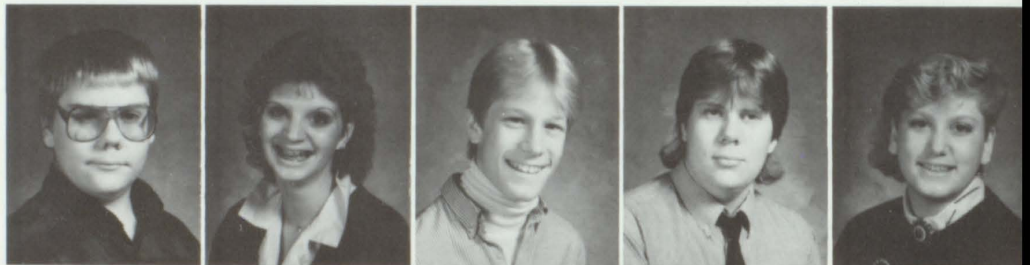
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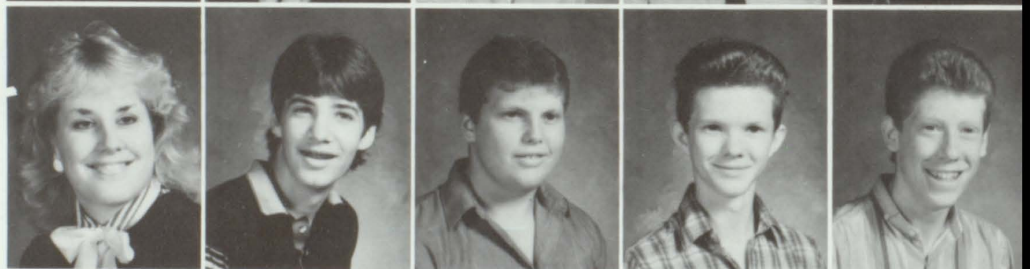
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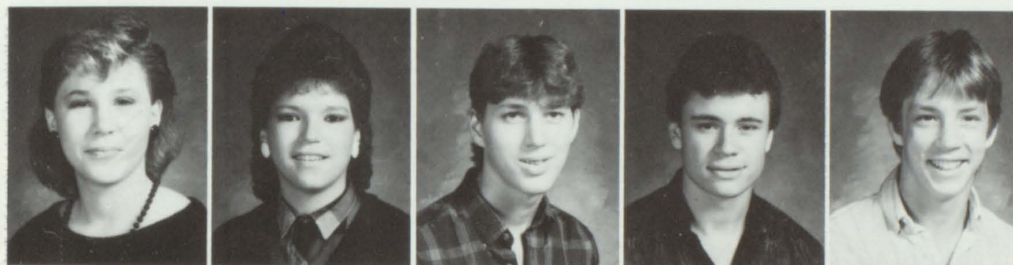


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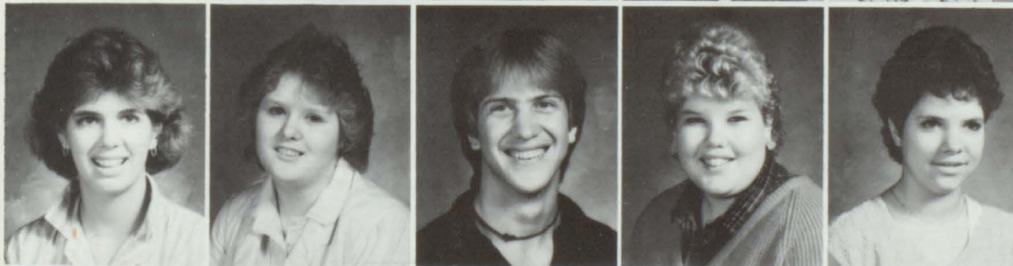




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Chris Carey
Fred Carey



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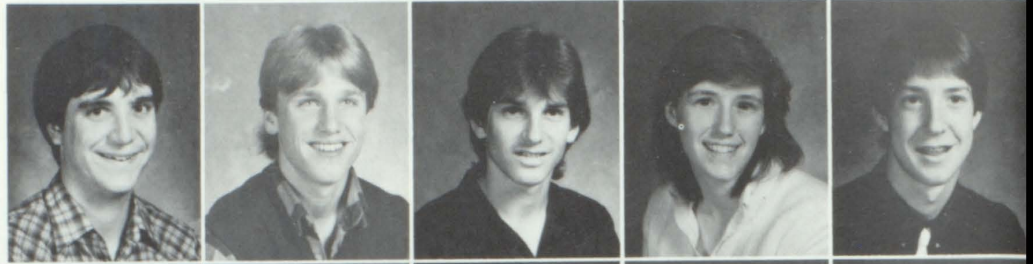


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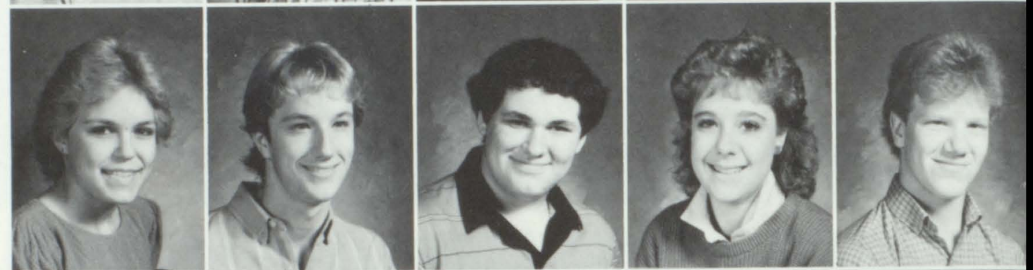
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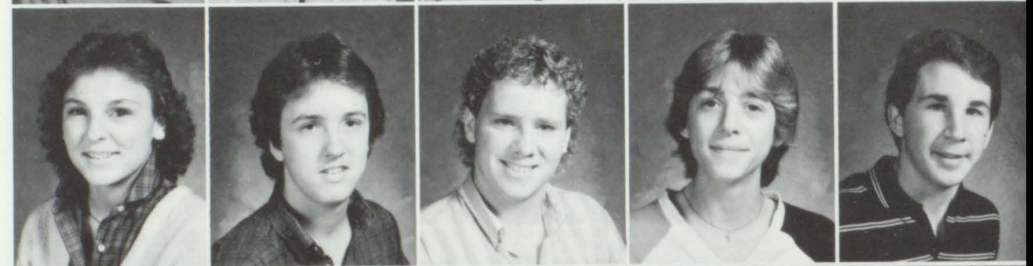
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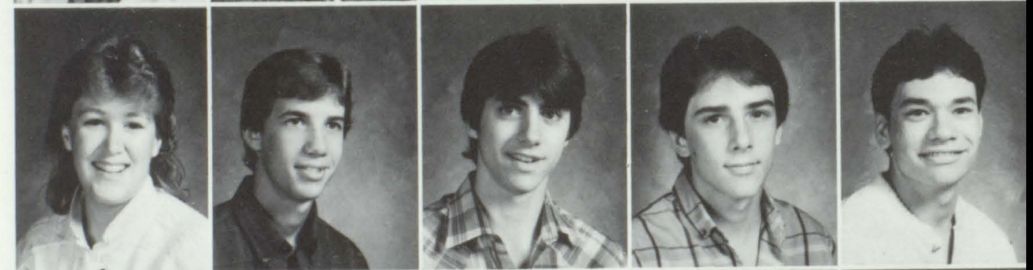
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Gary Forst



Linda Funhouser
Mark Funni
Chris Gaiovnik
Dave Galleberg
Tony Garcia



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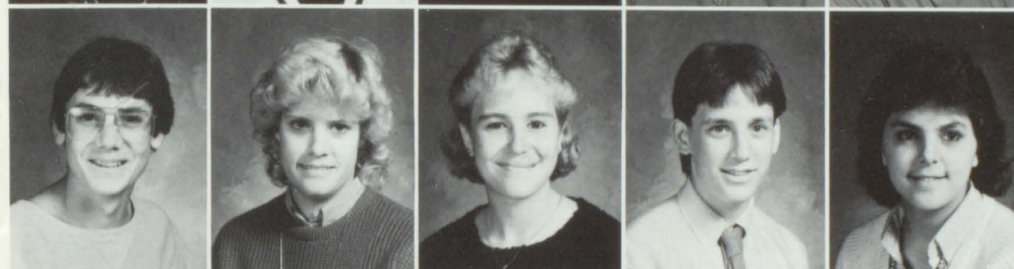
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 Cathy Easter



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 Steve Engstrom
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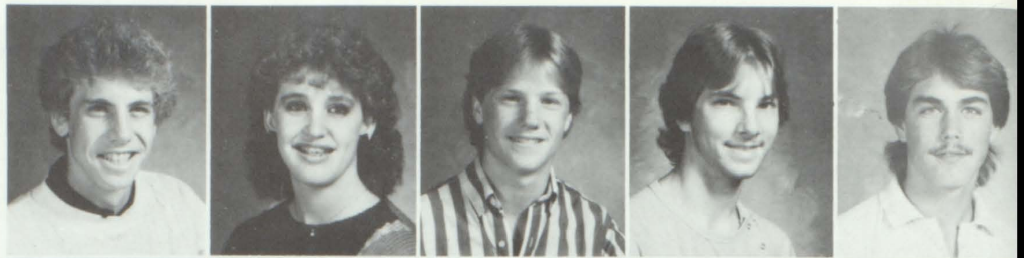


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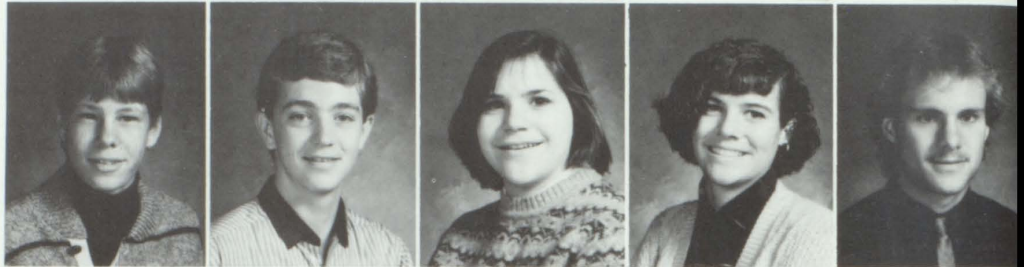


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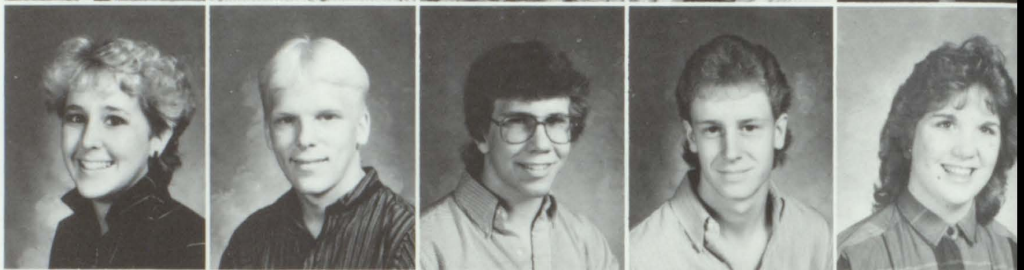
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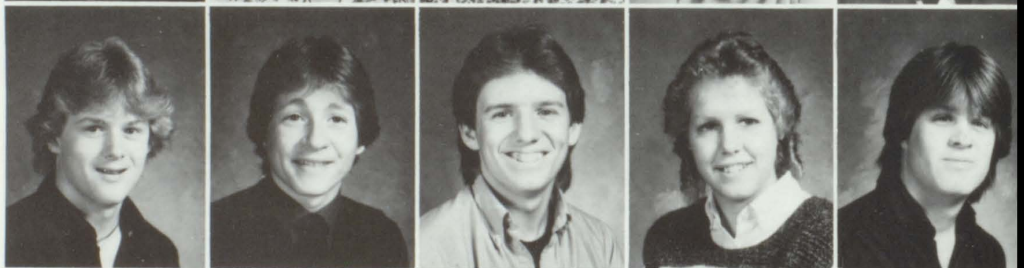
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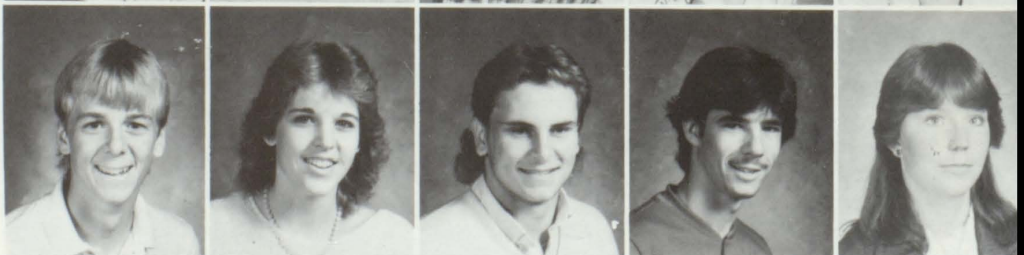
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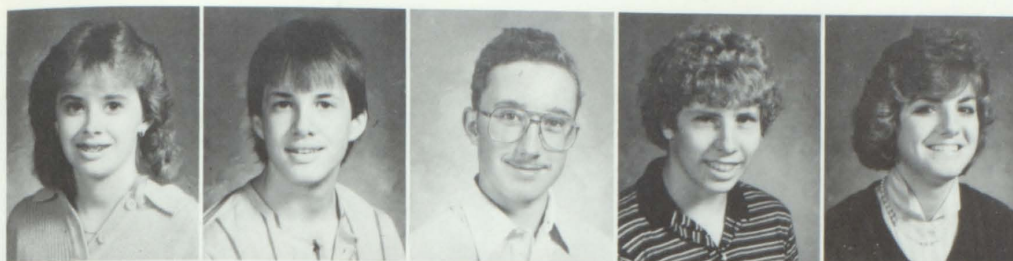


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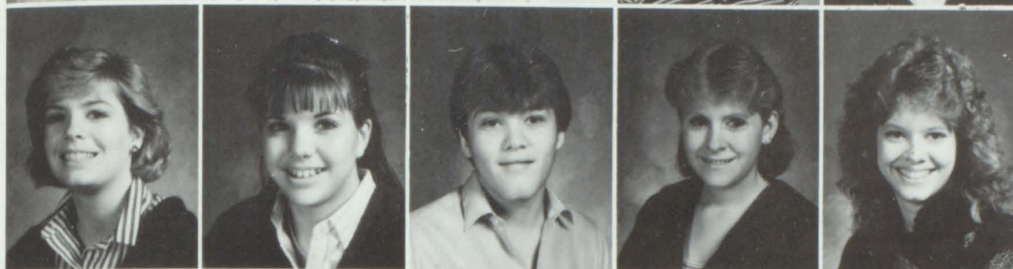


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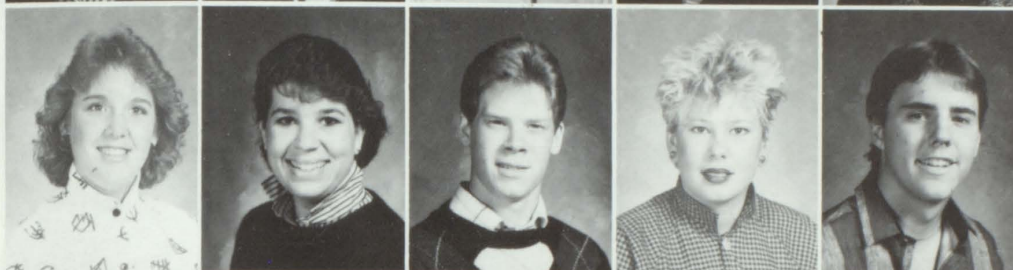




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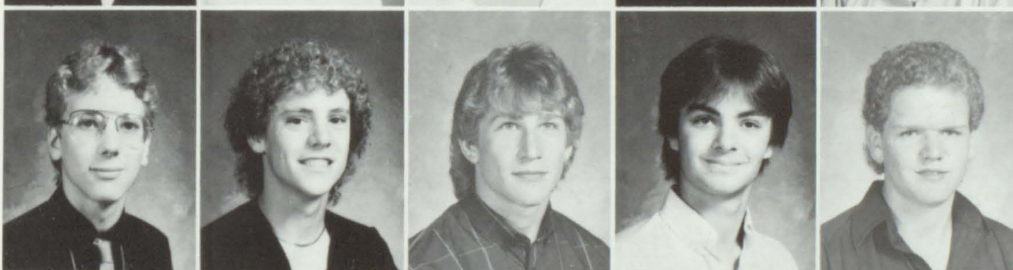
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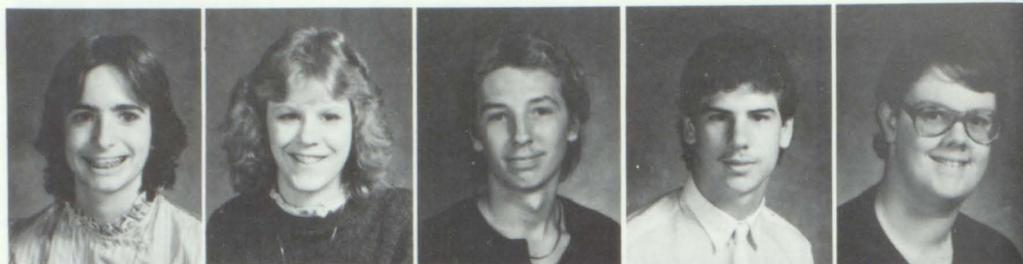


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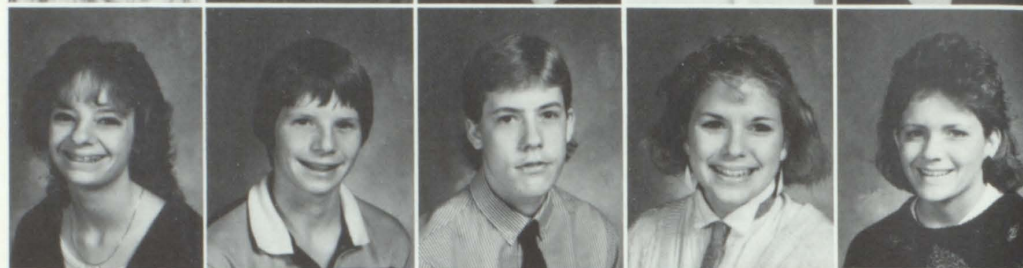


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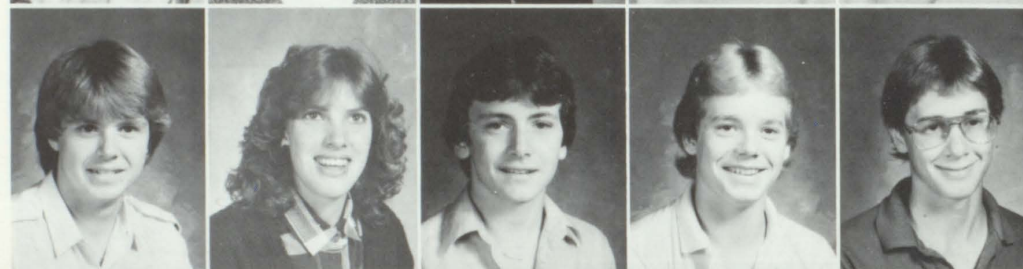
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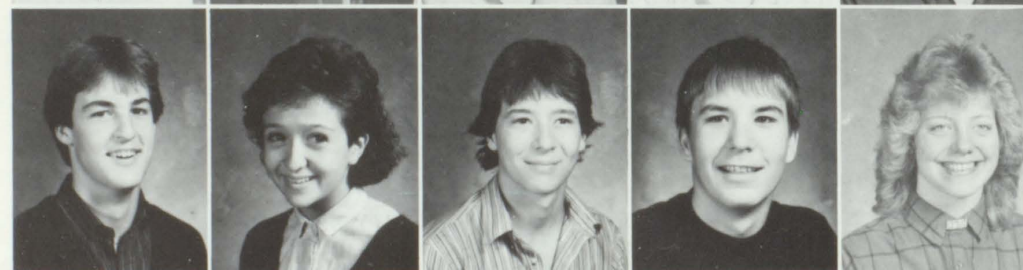
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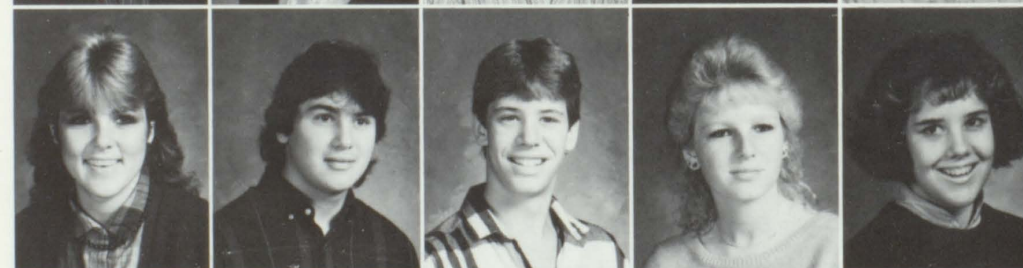
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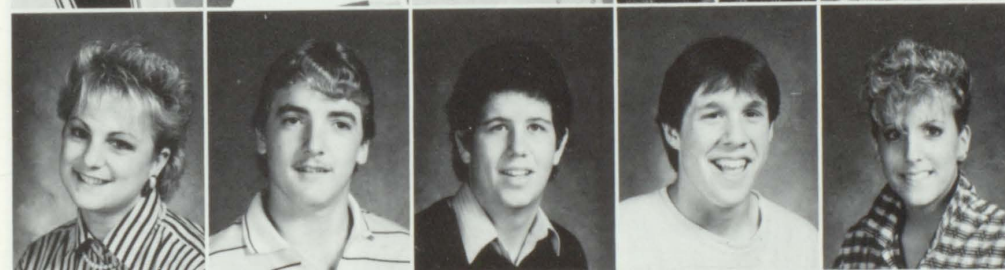
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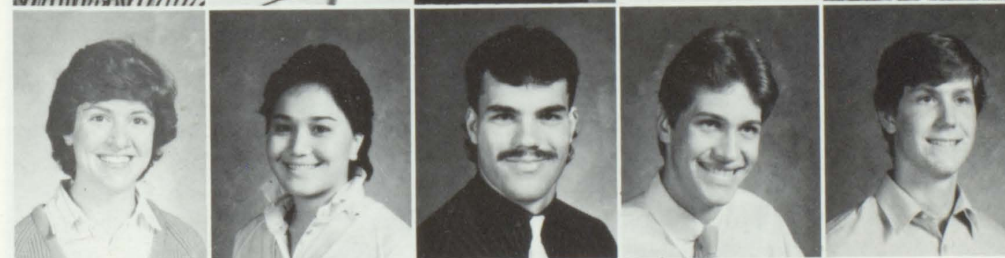
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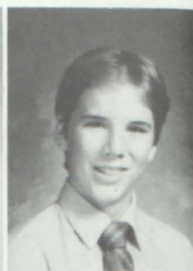


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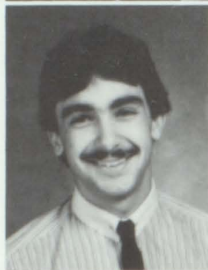


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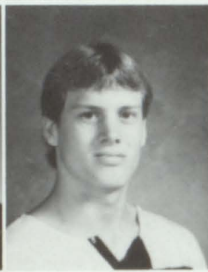
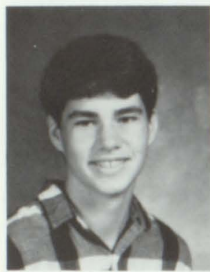
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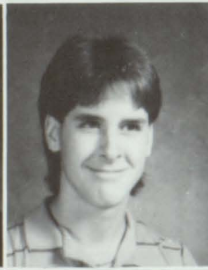
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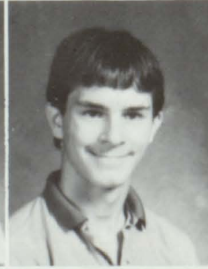
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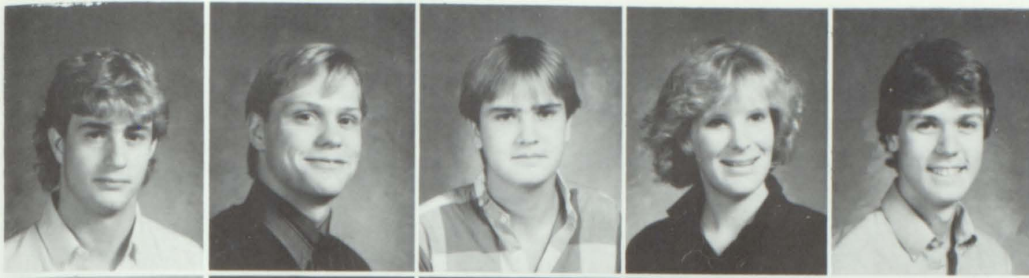


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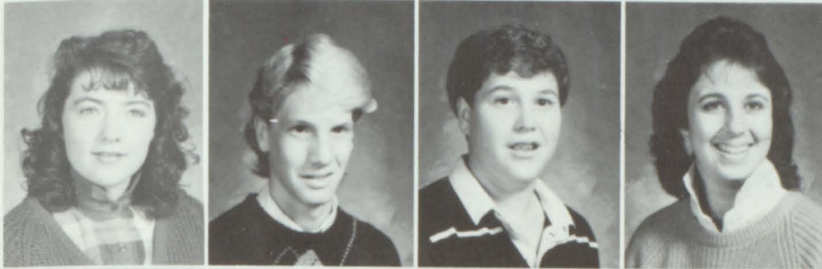


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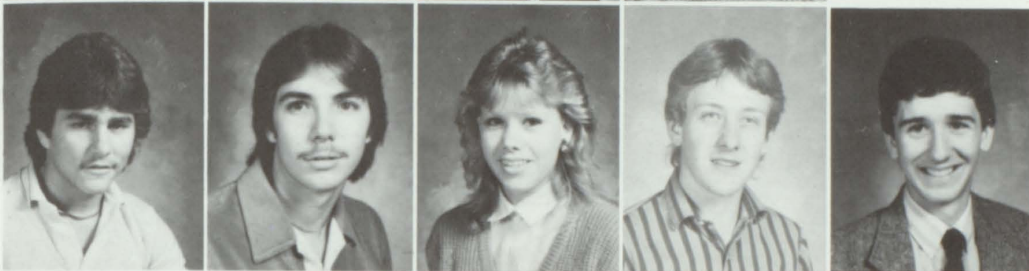




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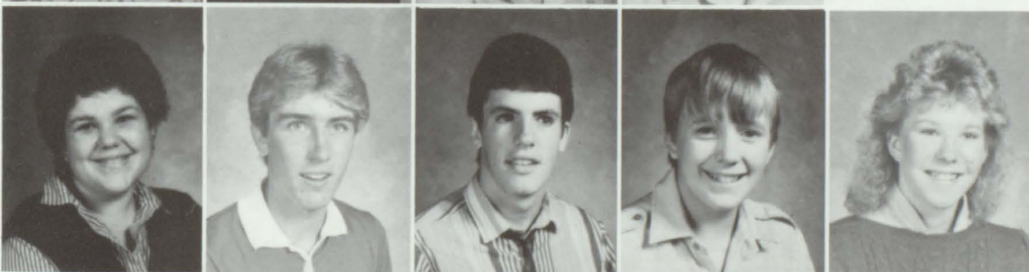
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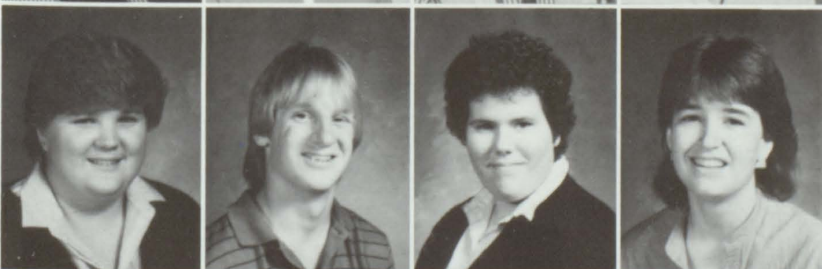
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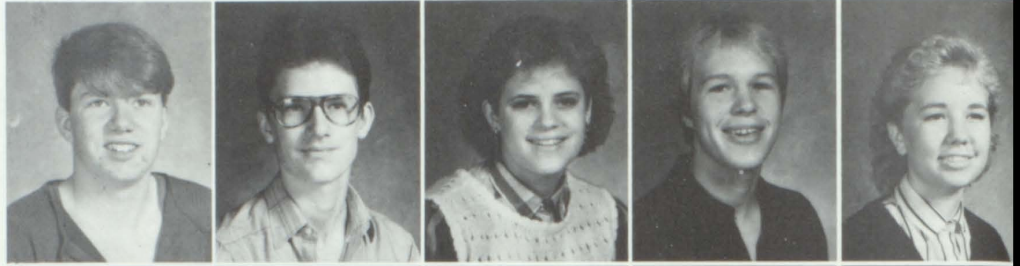


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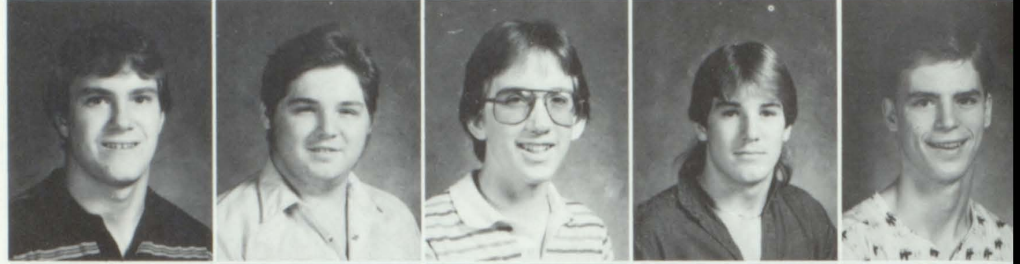


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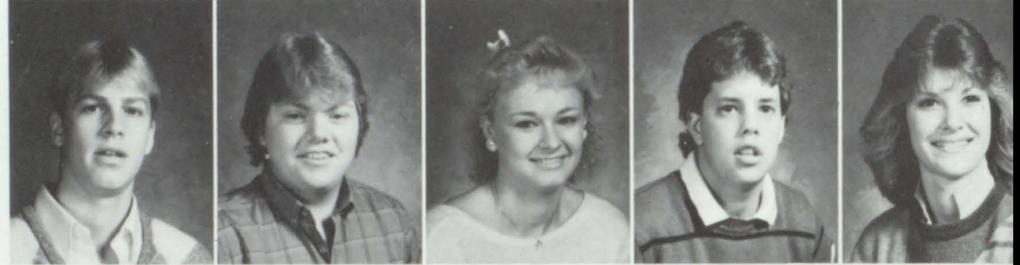
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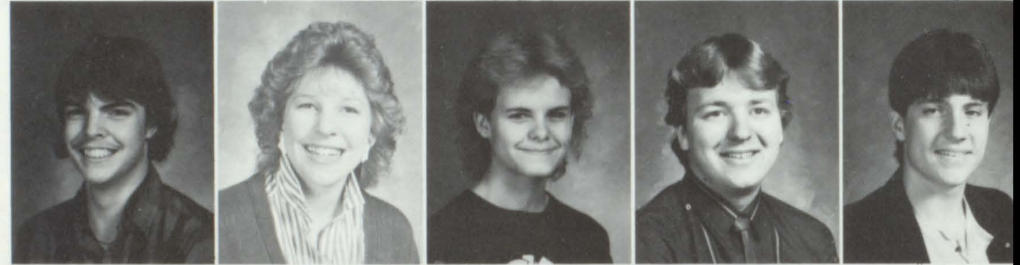
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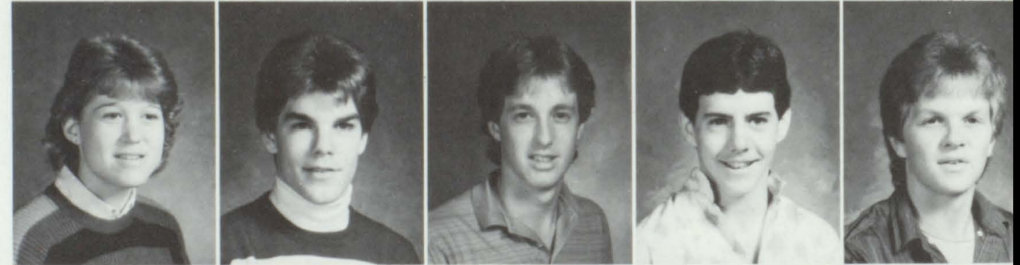
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Mark Ruben
Matt Ruby



Chris Schaiger
Jane Scheel
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Robin Schleising



Travis Schultz
David Schumacher
Brenda Schwab
Tammy Schwantes
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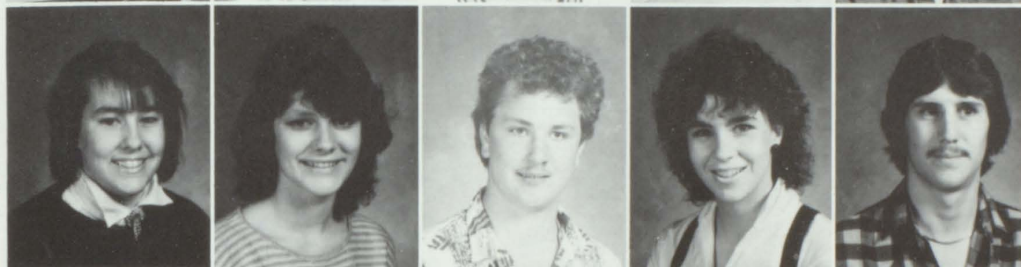




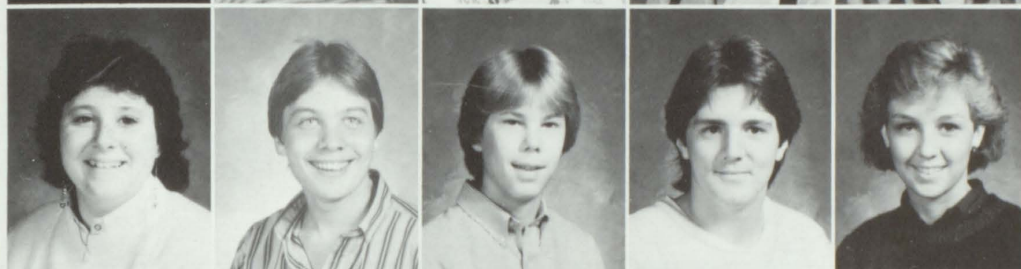
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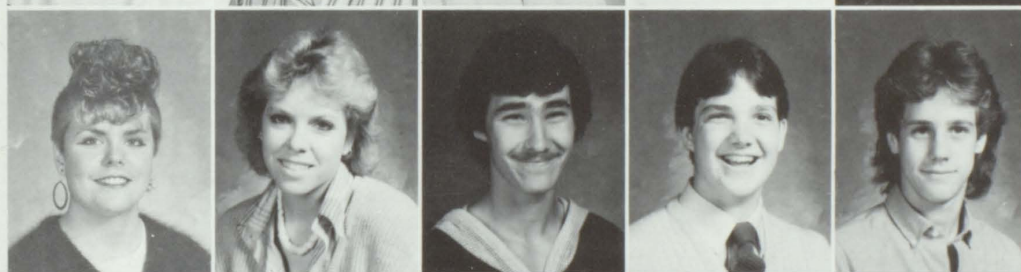
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Ann Marie Ramacier
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Lisa Reemtsma
Darci Reese
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James Rehbein



Jennifer Riddle
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Stacy Rosenbaum



Theodora Rudolph
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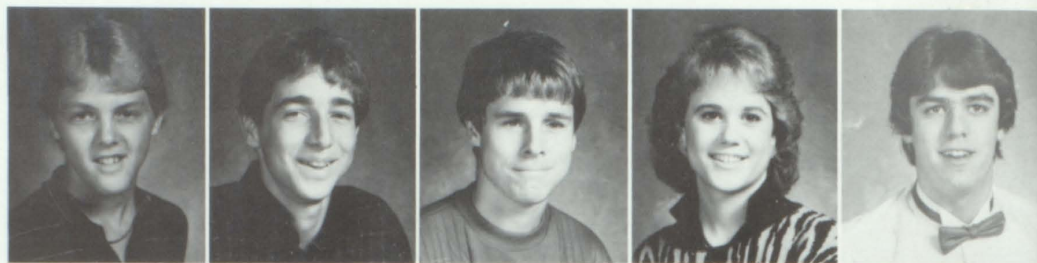


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Roberta Siebert
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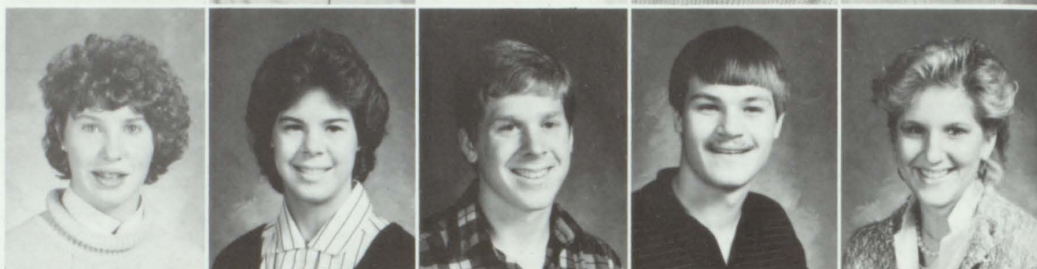
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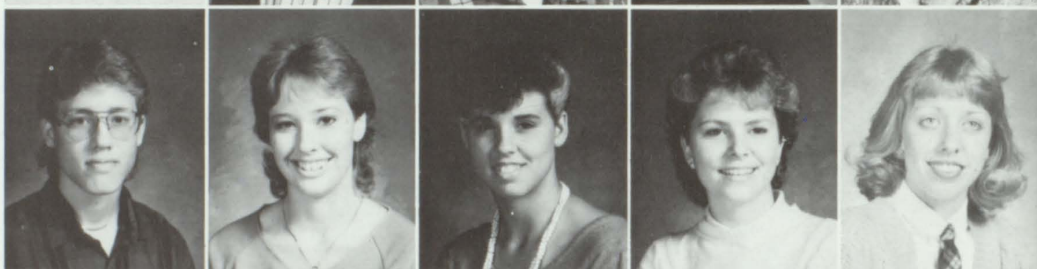
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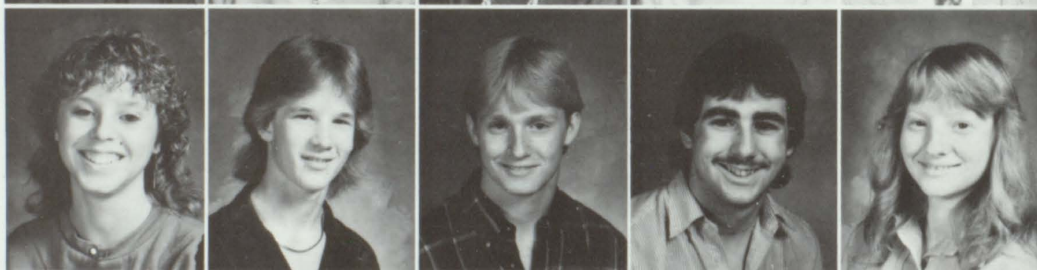
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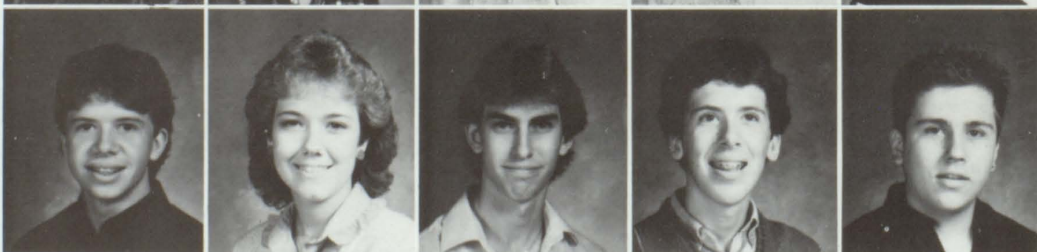
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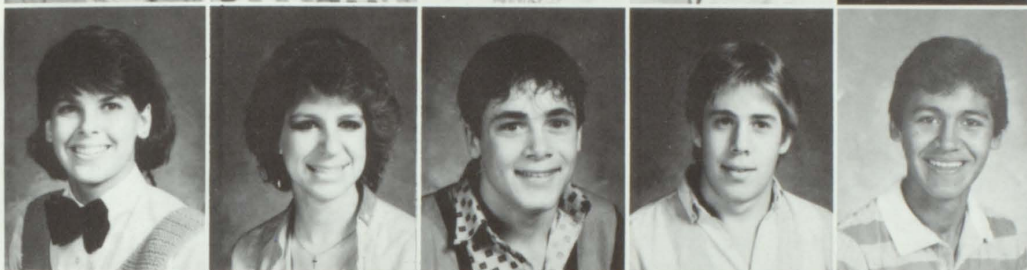




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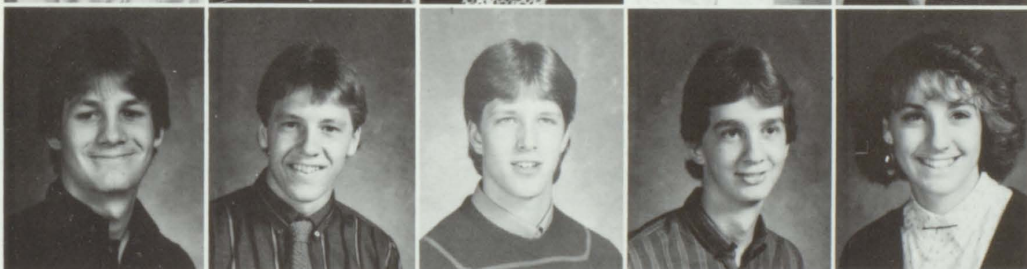
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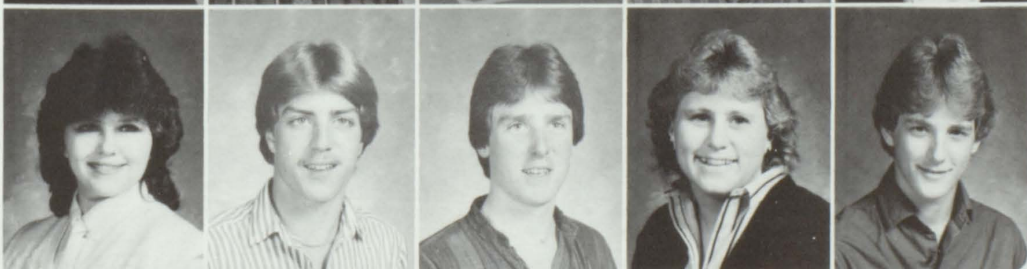
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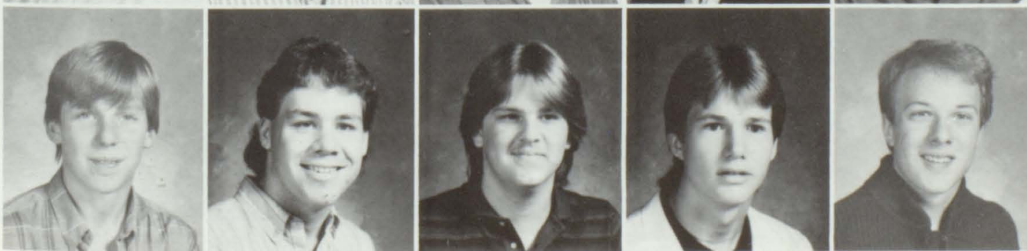
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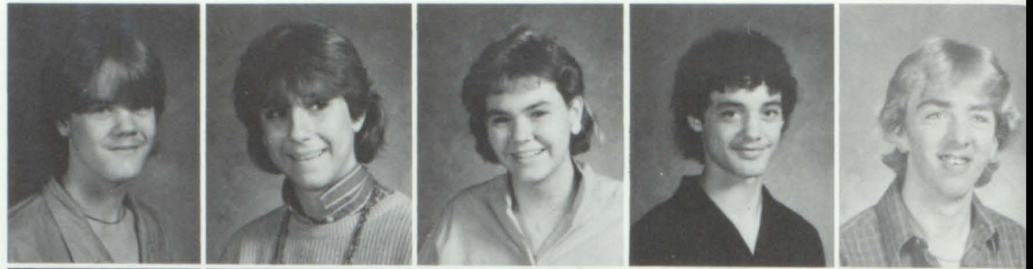


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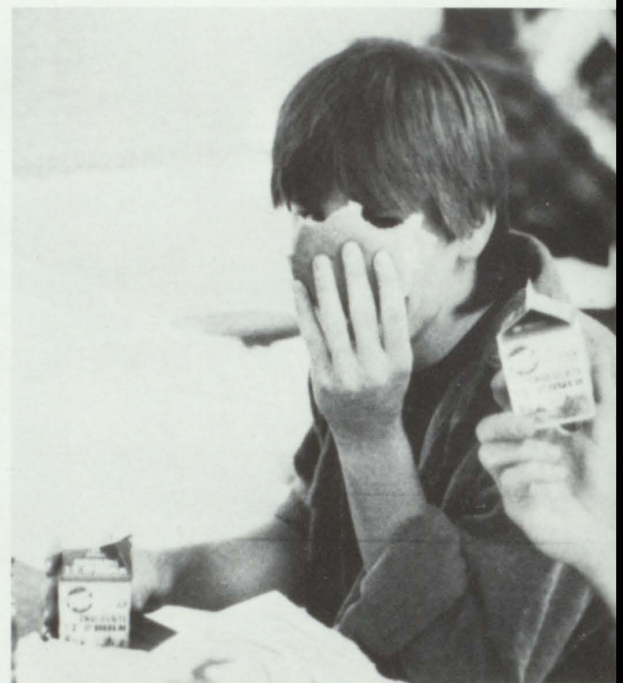
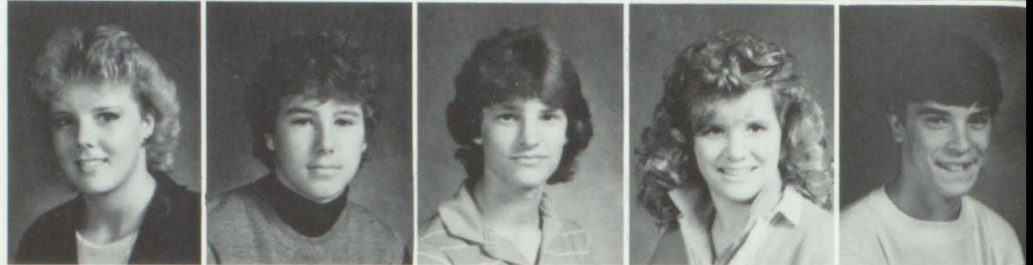


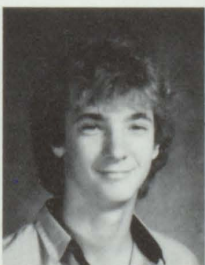
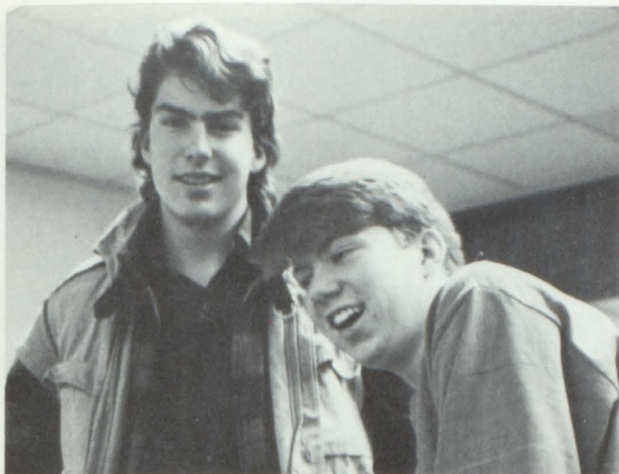
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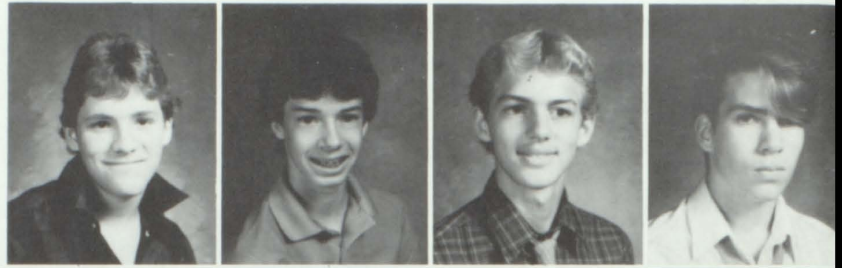


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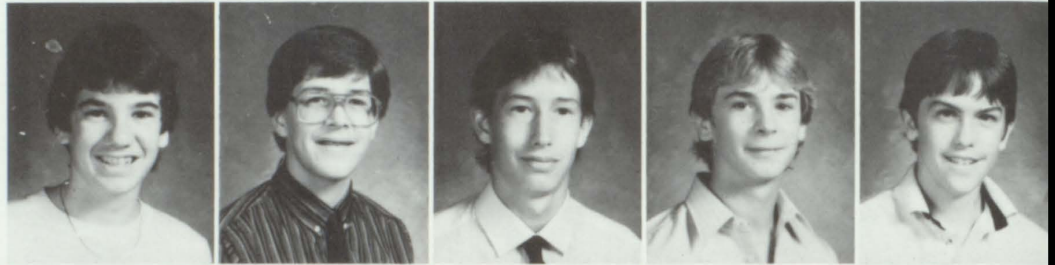
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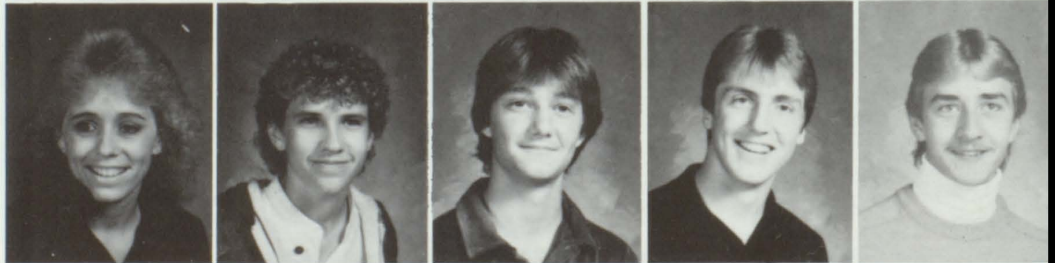
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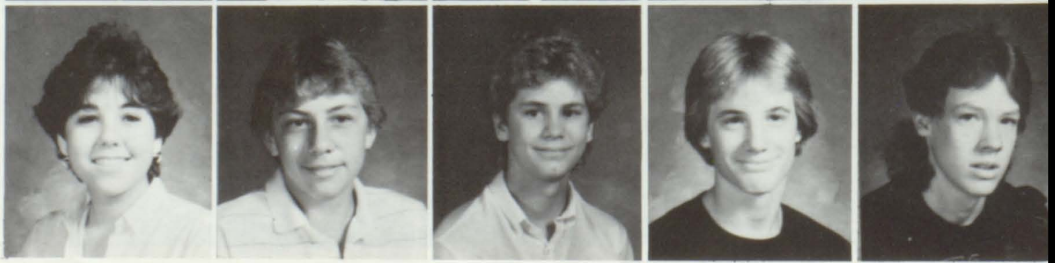
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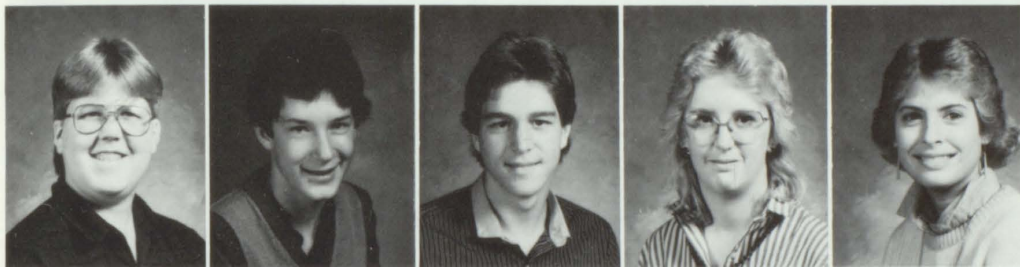


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Mike Cassman



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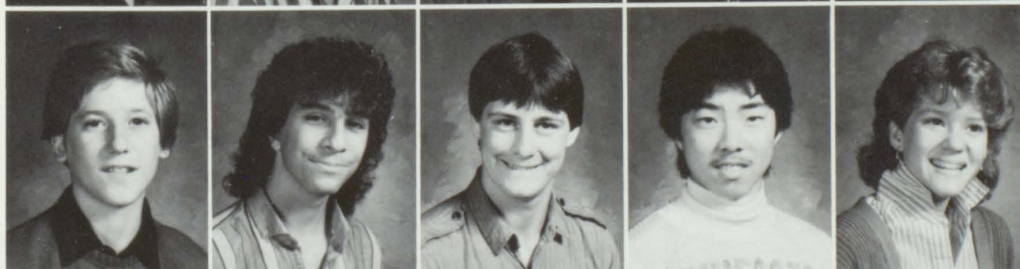




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Bobbi Bunde



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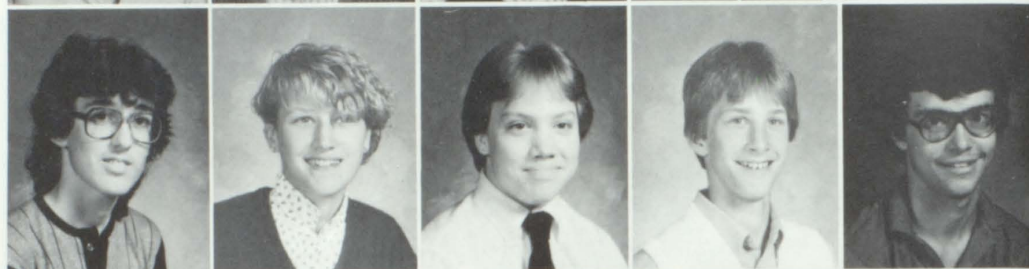


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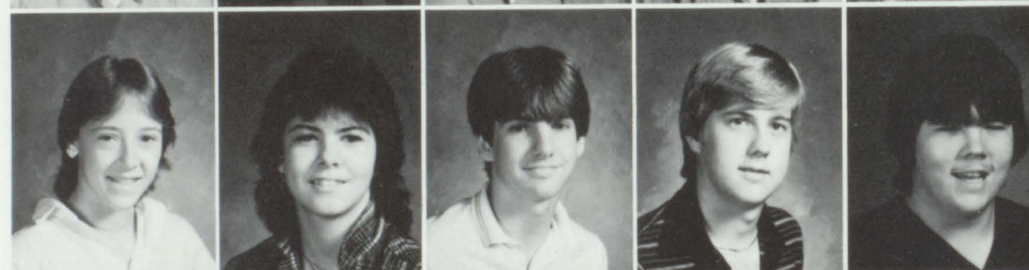
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Stanley Eller
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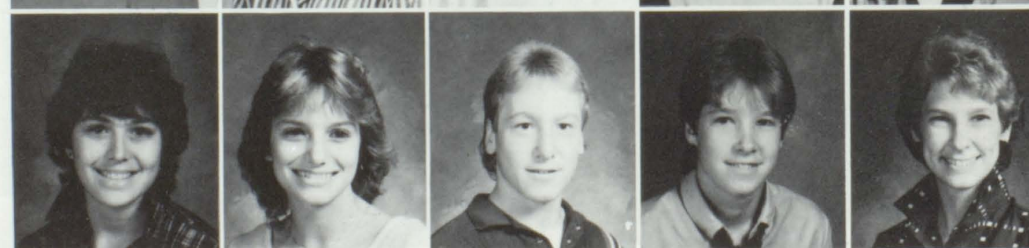
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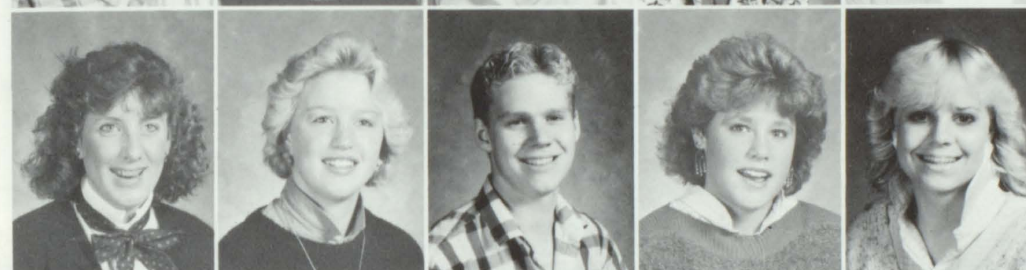
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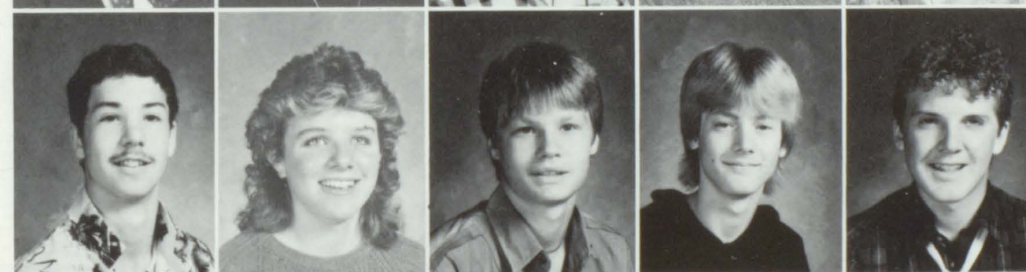
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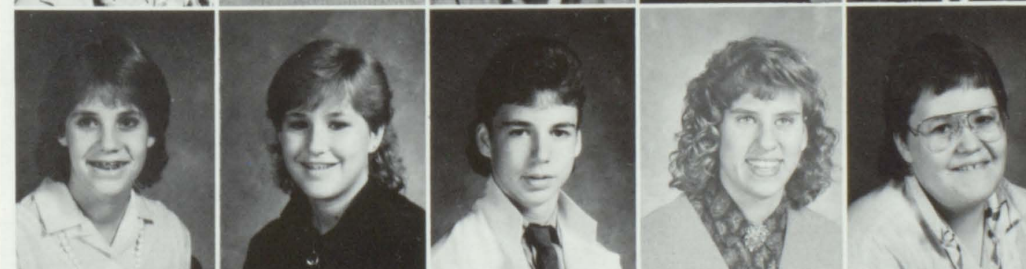
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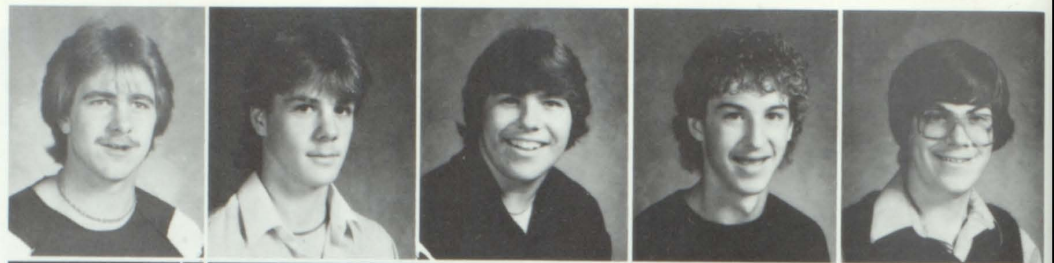


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Nichole French
Brad Fritz
Tami Fultz
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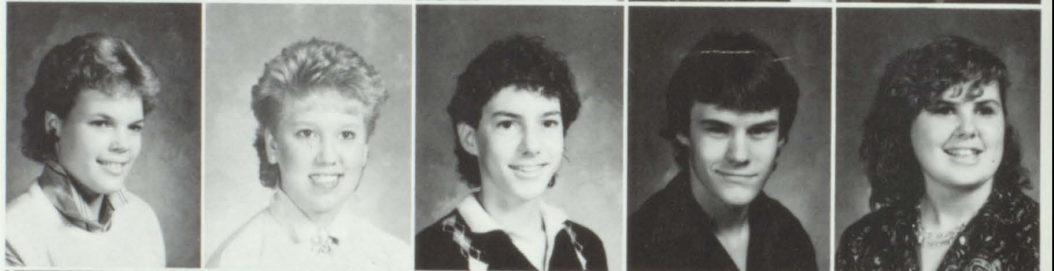
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Rosemarie Groshens
Kathleen Gross
David Gruba
Natalie Hale



Jill Hanson
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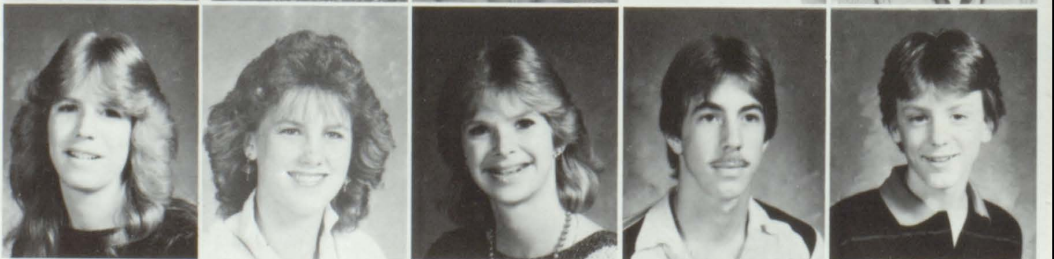
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Kaylene Houle
Monica Houle
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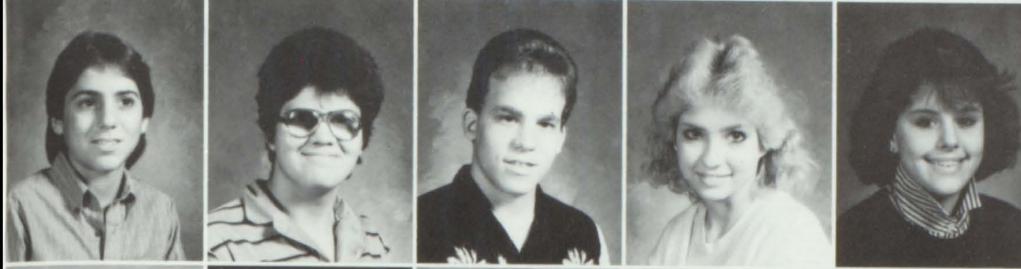


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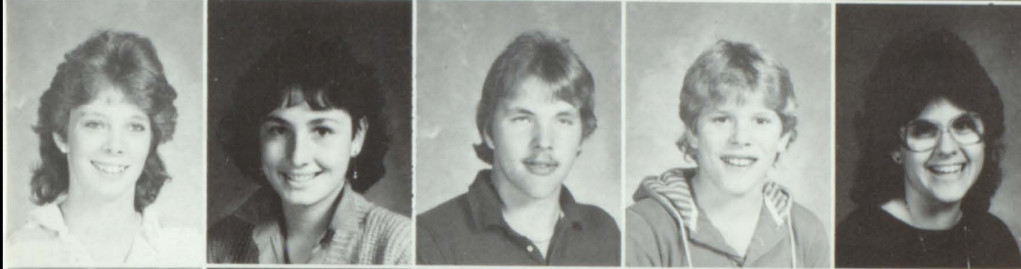




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Ronald Green
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Greg Hallin
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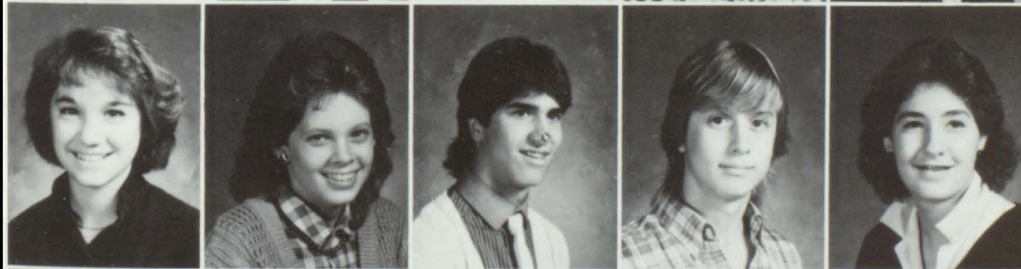
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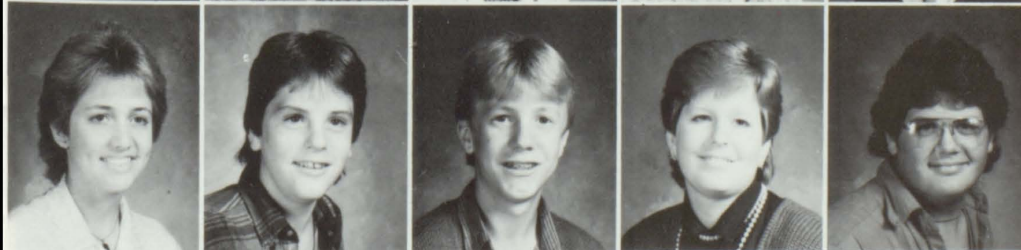
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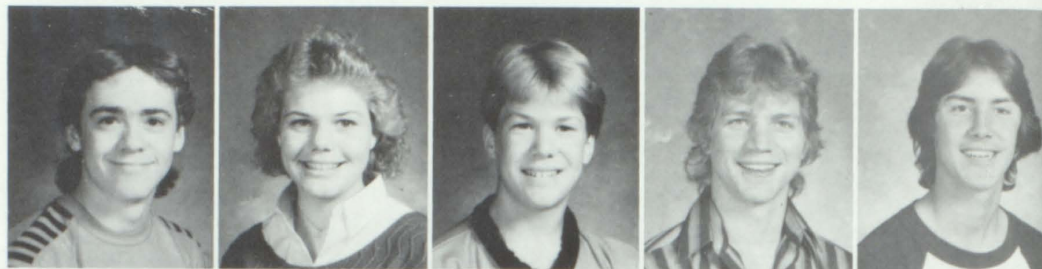


Marcie Huttner
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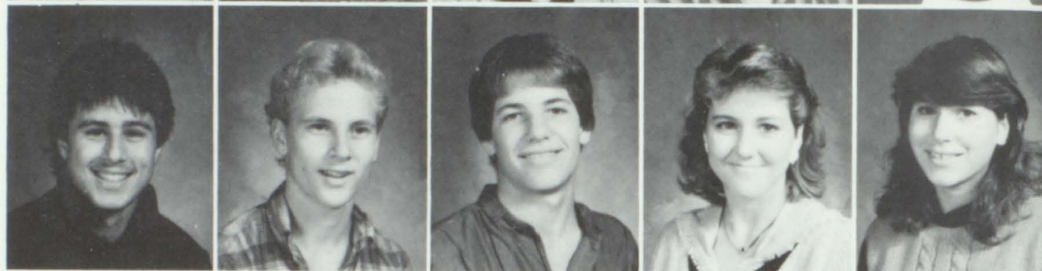


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Rebecca Johnson
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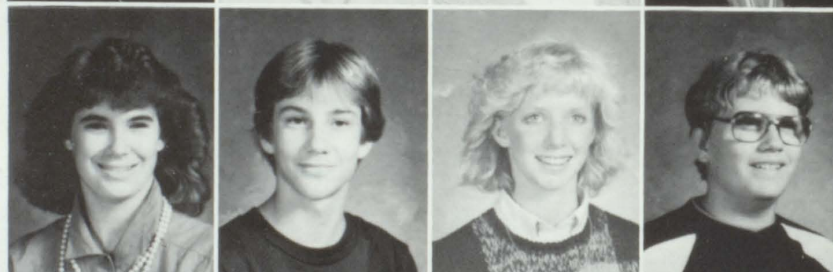
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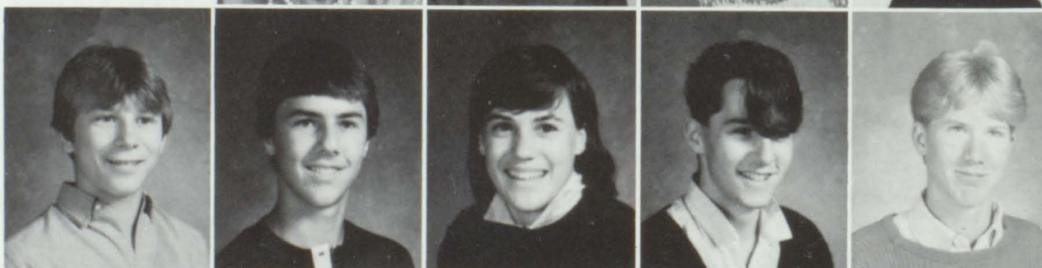
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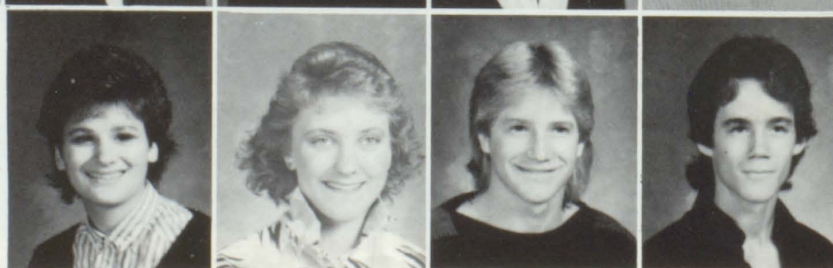
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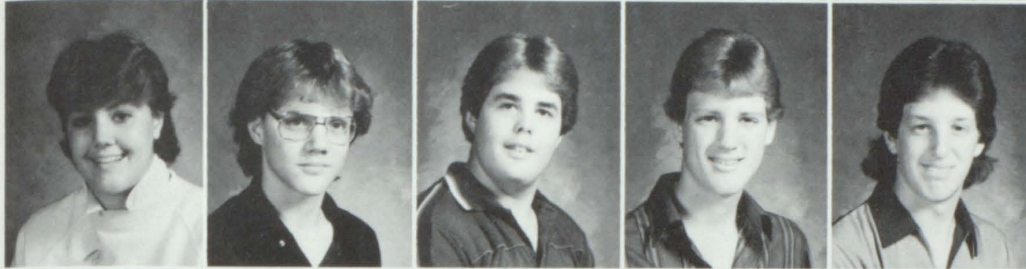


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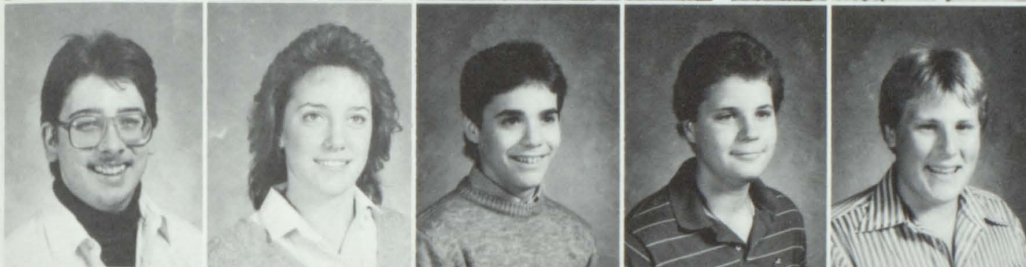




Melody Jeulich
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Heidi Kertzsher
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Kurt Kindle
Joe Kittel
Patricia Klassen



Keith Komro
Michelle Kopesky
Gary Korf
Jason Kostelac
Brent Kostka



Dan Krueger
Vicki Kubik
Jill Kwiatowski
Katherine La Bore
Doug Lamb



Greg Larsen
Andrew Larson
Angela Larson
Jodi Larson
Maureen Larson



Lance Lenarz
Angie Lendway
Julie Lenertz
Thomas Leonard
Bryan Lepsche



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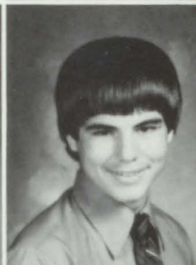
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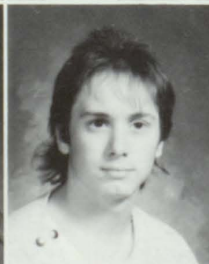
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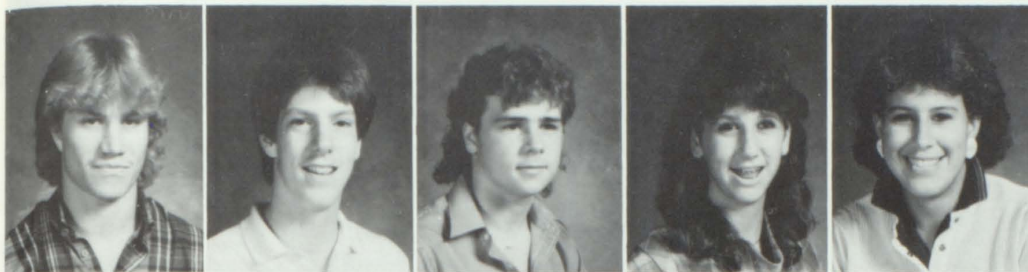


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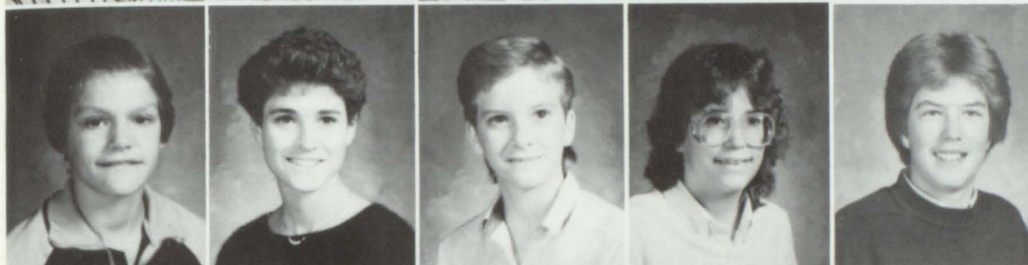




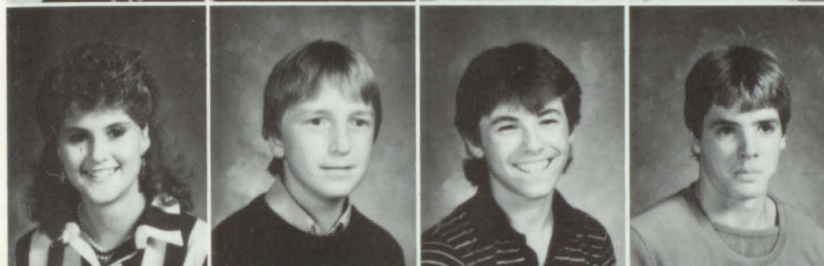
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Alicia McConnell
Kris McCullough
Jeff McKinney



Lori Mendez
Eddie Meyer
Thomas Meyer
Tom Meyman



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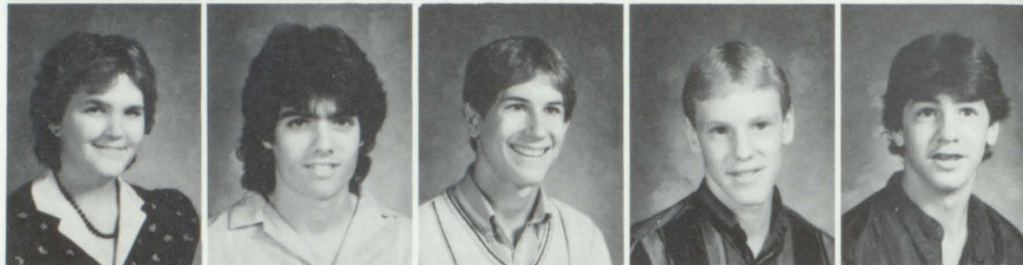


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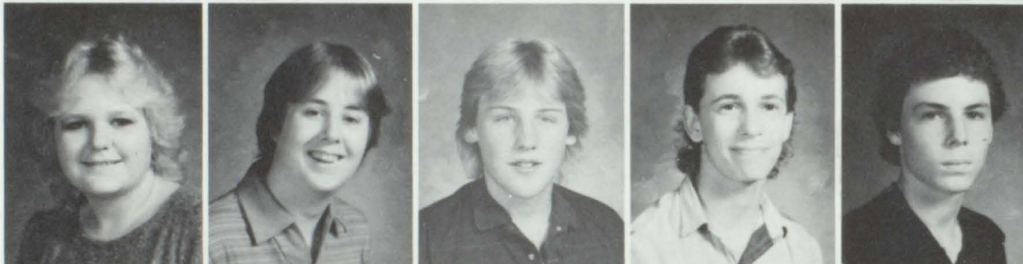
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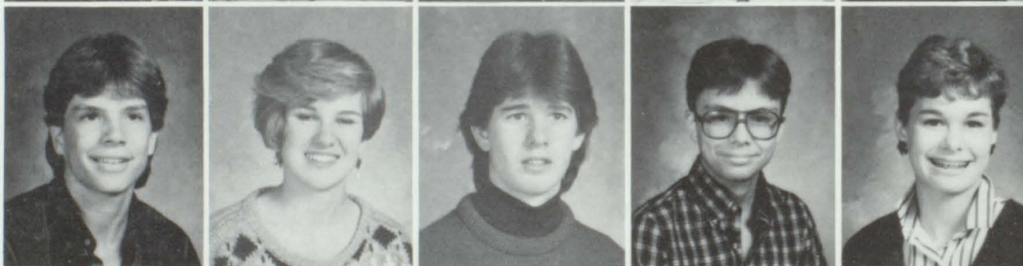
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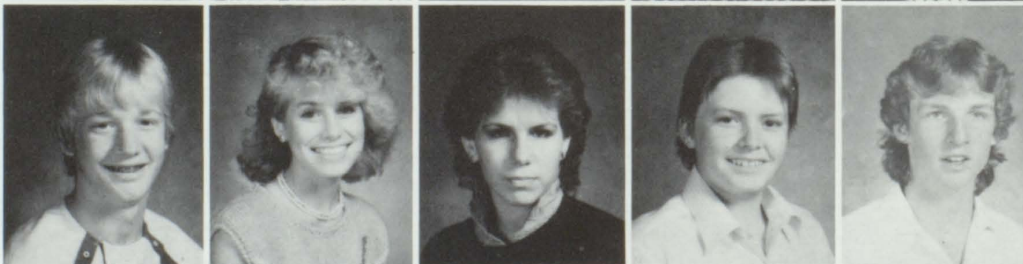
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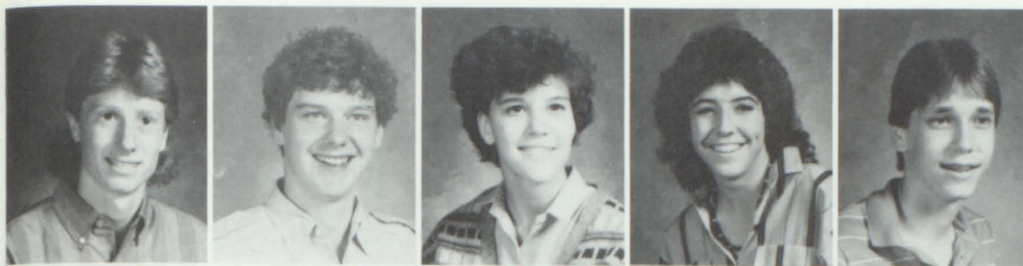


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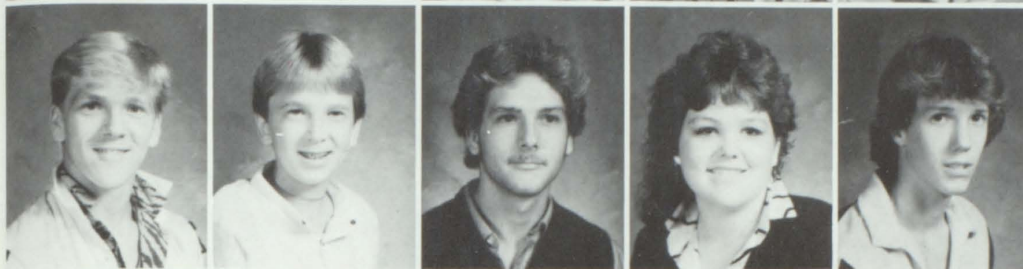


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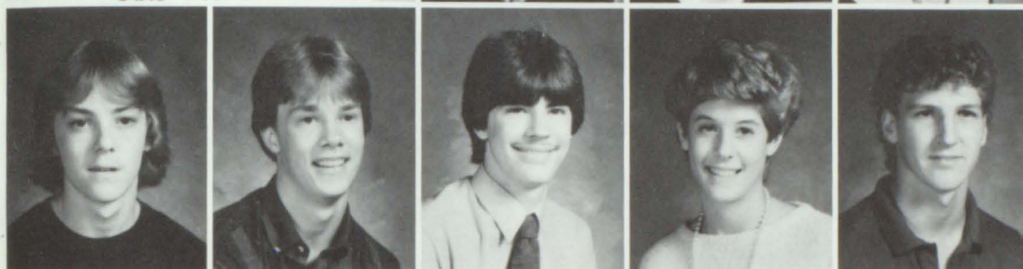




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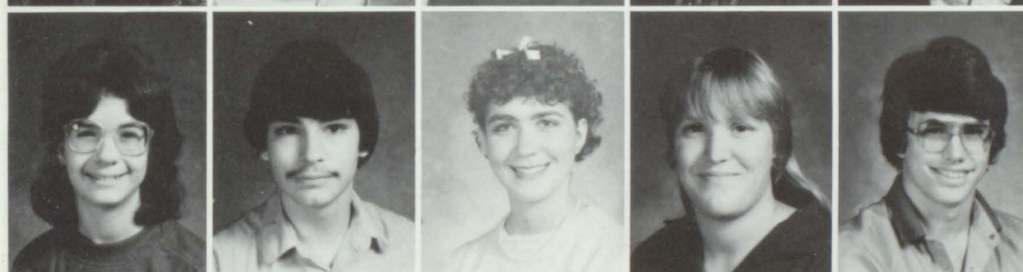
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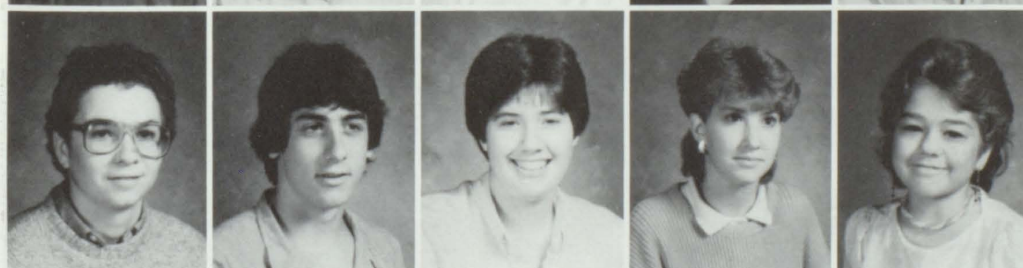
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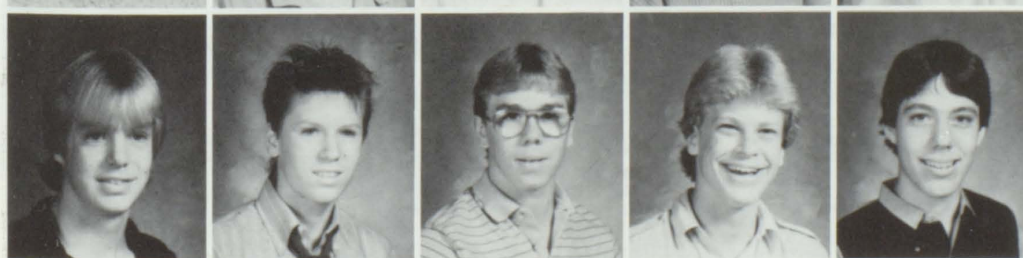
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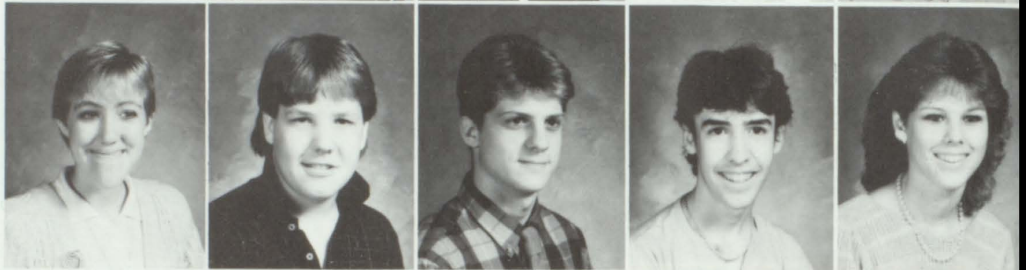
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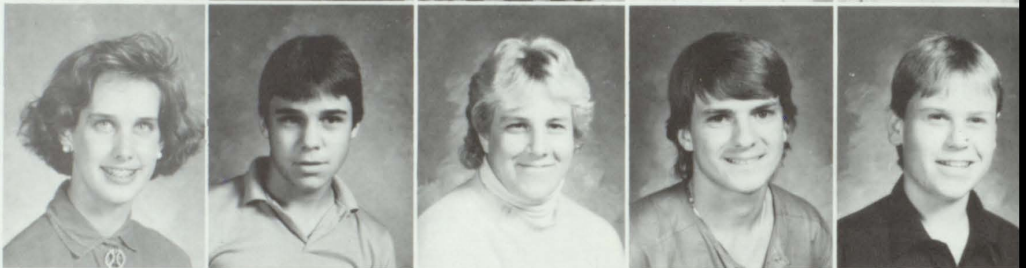
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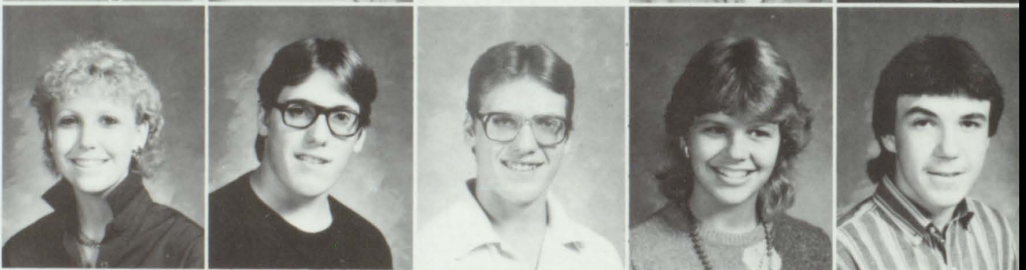
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Tim Sichler
Chris Sieber
Ralph Simonson
Amy Sjerven



Wendy Smithlin
Joe Solomon
Brian Solum
Chad Spiess
Andy Stafford



Vicki Steglich
Pat Steindl
Richard Steindl
Sharon Stendahl
Garth Sternberg



Richard Strandmark
Christina Strantz
Lee Streitz
John Strenger
Joe Strunk

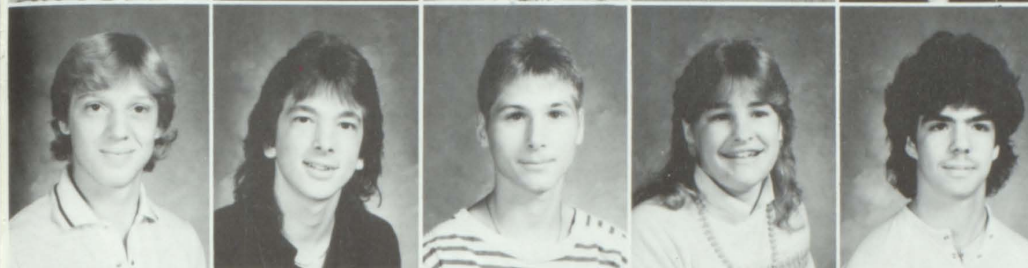


Shannon Swanson
Tanis Swanson
Julie Swenson
Thomas Swenson
Richard Sycks

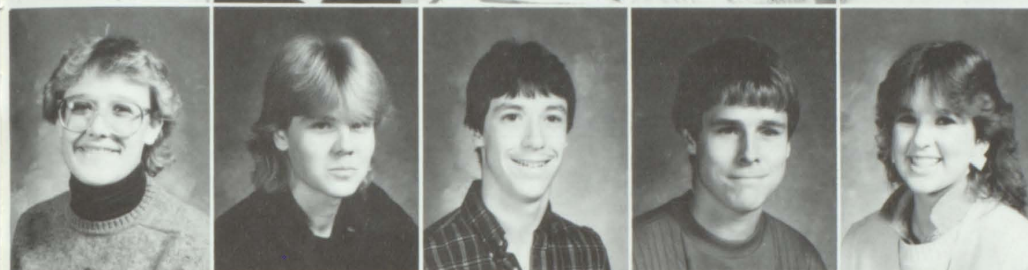




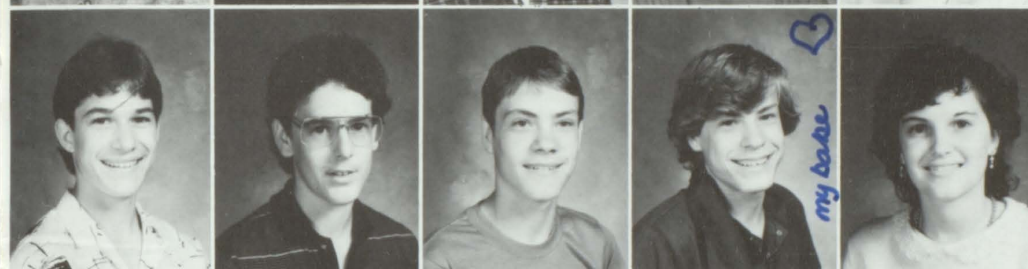
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Mia Schneider
Joan Schuett
Beth Schumacher
Jodeil Schwartz



Brett Sieberlich
Richard Sexton
Scott Sherwood
Donna Shoberg
Milo Shoberg



Colleen Skoglund
John Skoglund
Dave Slater
Clyde Smedsted
Kathy Smith



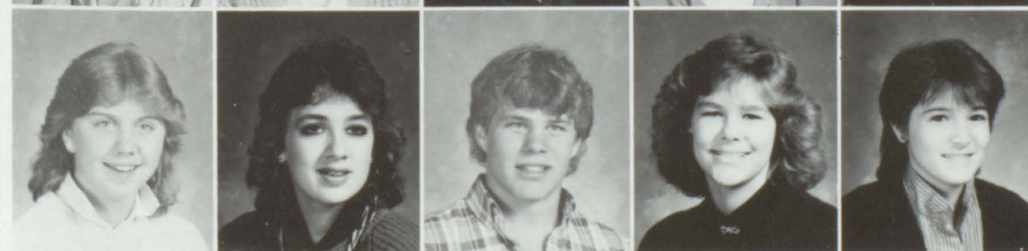
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Don Staub
Bruce Steele
Robert Steele
Deb Steffenson



Janelle Sternberg
Melanie Steven
Colleen Stohr
Steven Storken
Greg Straka

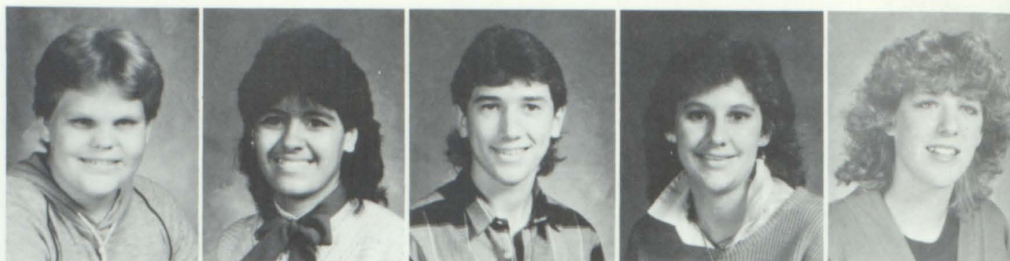


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Shannon Sullivan
Chris Supinski
Theresa Sutton
Jane Swanson



Kathy Taylor
Lisa Theroux
Dan Thill
Rhonda Thiry
Cynthia Thompson

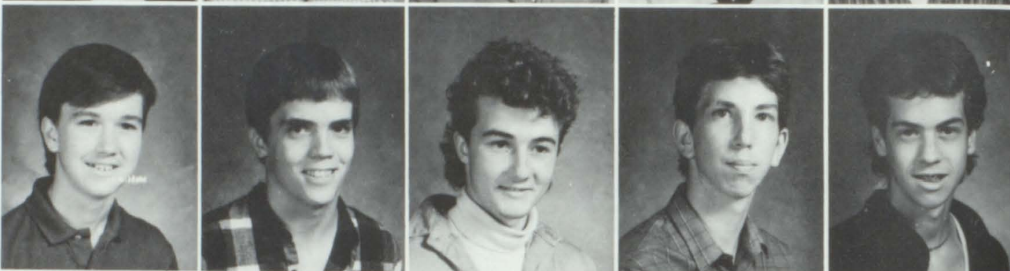
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 Laura Thompson
 Jake Thurnbeck
 Kim Thurnbeck
 Kris Torgerson



Doug Vellenga
 James Vollhaber
 James Vomela
 Steve Vornbrock
 Tyler Wachter



Brad Weber
 Greg Weiss
 Andrew Wendland
 Robbie Wicker
 Dan Wickham



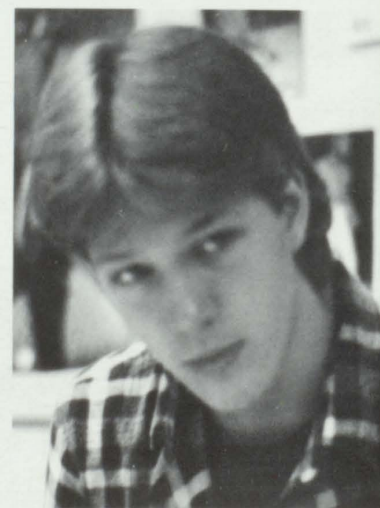
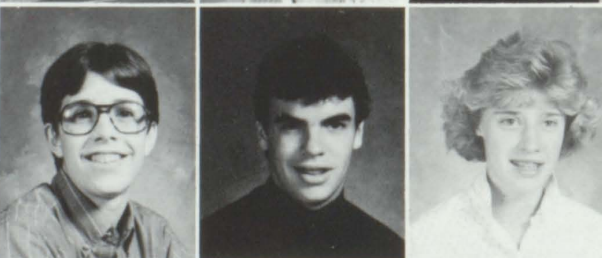
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 Sherry Wojtysiak
 Amy Wolfe
 George Wolfe
 Don Woods

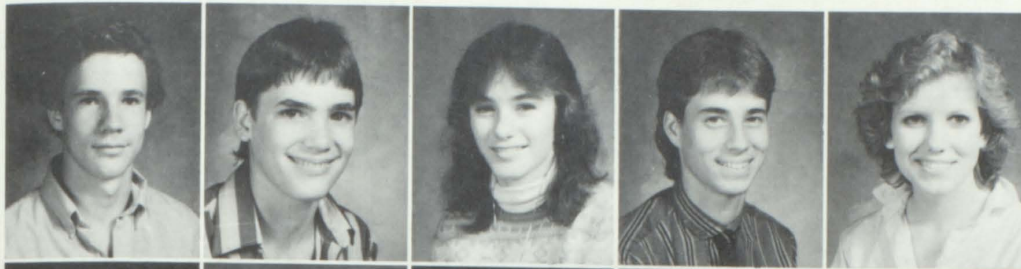


Jeff Young
 Louann Zaccardi
 Andrew Zaske

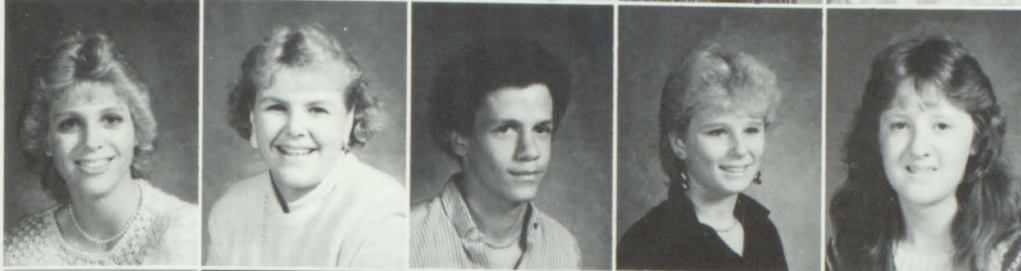


Jon Zderad
 Dan Zemke
 Heidi Zweg





Steve Trost
Mike Tyler
Kris Ulrich
John Ulvin
Amy Utech



Connie Wagner
Wendy Ward
Jon Warren
Krista Wassman
Sharon Watson



Scott Wieczorek
Amy Weiss
Shanna Wiisanan
Kim Wilcox
Kevin Williams



Ann Wright
James Wrobel
Holly Wyandt
Dawn Wyse
Lisa Yezek

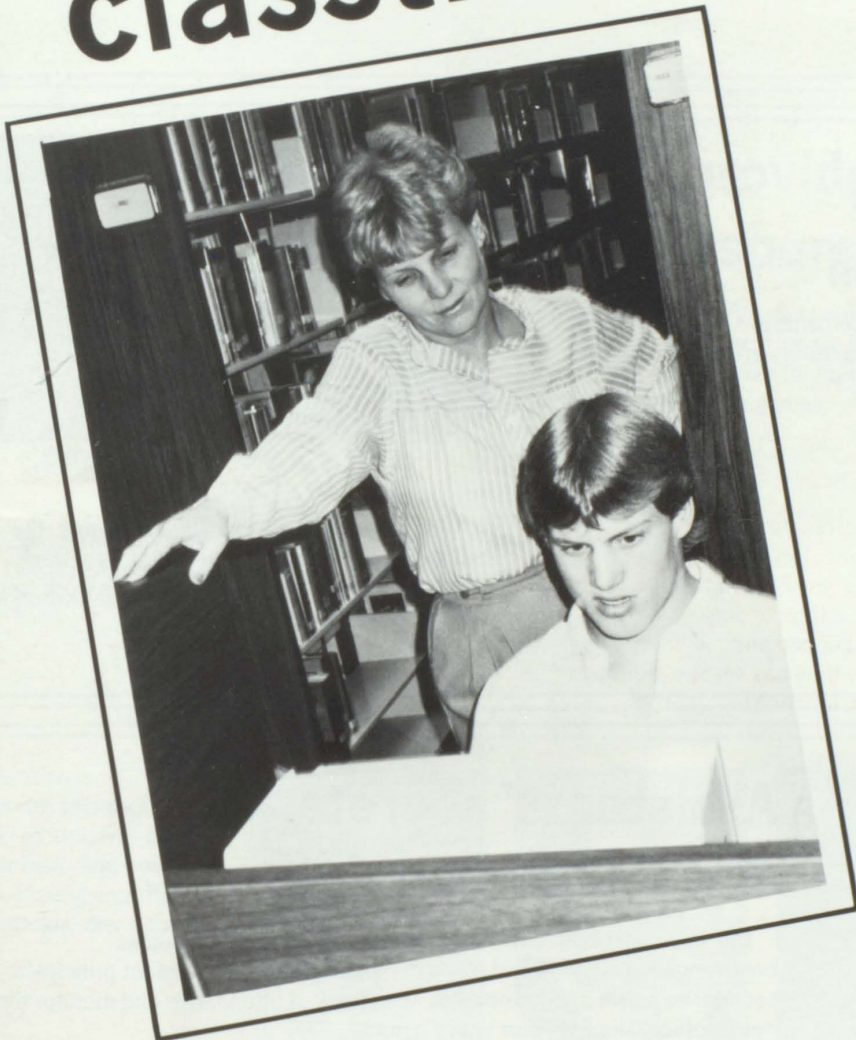




Monday morning when your faithful alarm clock rings, the late nights of the weekend catch up with you. It is time to drag yourself out of bed and put brain in gear. The time has come to add your special touch to life at FLHS.



classtime





Dee Gorka



Carol Johnson



Marion Tuominen

Main office Always busy

The principals' office is where all official business is handled. All budget and management of activity funds are run through Mr. Reynolds' secretary. Sports concerns and the main switchboard are taken care of in the office too.

Who takes care of your locker assignments, issues diplomas, writes memos, and types an

nouncement? The secretaries in the principals' office do these and other jobs, too.

Special education Develops potential

Special education services are provided free to all students who need them. Testing gets done and

placements are made. In some cases tutors are provided and all do IEP's.



Judy Glaser



Nancy Hagberg

With so many doing individualized work, the teachers rely on Judy and Nancy to help track down kids, deliver materials, organize work, and help kids find classes.



Claudia Johnson



Judy Johnson

Assistants' secretaries Gather student data

Did your mom call in? Did you bring a note? Are your absences prearranged? These are just a few of the questions the assistant principals' secretaries ask in a day. They also keep track of attendance and monitor the health office, since we don't have a nurse.

Collecting attendance cards and sending out a list by second hour takes skill. The job gets done by second hour and secretaries spend the rest of the day on attendance related business.

Audio-Visual resources

Add variety to class

What little extras do we get in class to provide variety? If you list films, slides, tapes, records, and videos, you have a good idea what resources come from A-V. Teachers can check out any of the above to add spice to the daily reading and lectures. A-V also provides duplicating and typing of handouts and tests.



Karen Bakken



Nancy Ensrud

Karen and Nancy help Mr. Fuhrman in the checking out of equipment. They also type and run off materials.



Sylvia Wavrin



Elaine Zeller

Library provides

Varied resources

Libraries have always loaned books, but ours has additional services. Pamphlets and a file of articles are helpful. But currently the most popular service is the computer area for students' use. Apple computers are there for homework, but not for games.

Keeping track of books and magazines is a big job. Two assistants are needed because the library provides so many services.

Planning appointments for fifteen hundred students is a major task. Add phone calls, testing and the secretaries' day is full.



Ione Hanson



Louise Larson



Mary Peterson

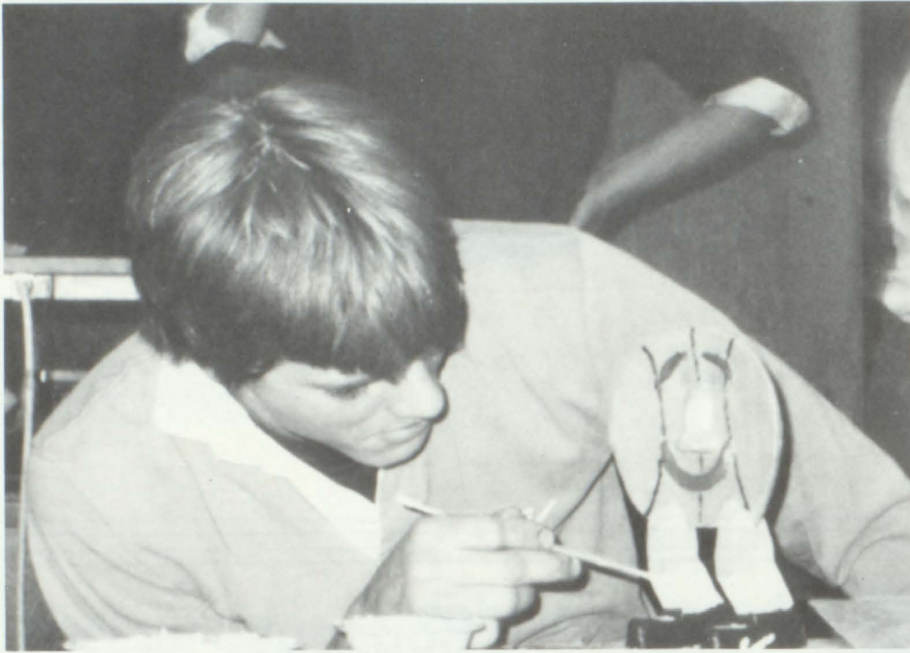


Janet Walker

Guidance offers numerous services

Coordinating testing is a major task of counselors: Another is helping kids make future plans and find financial

aid. Many students visit guidance just to talk, too.



Mike Altavilla
Math

Alan Anderson
Business





Charles Anderson
Social Studies



Tom Baldwin
English



Debbie Bendix
English



Rena Benedict
Science



Jane Bernauer
Home Economics



Mike Bernauer
English



Dave Blasko
Industrial Arts



Junior Branson
Industrial Arts



Kathy Briguet
Health/PE



Jack Buys
Business



Richard Carlson
Social Studies



Charles Chalberg
Math



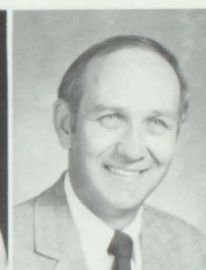
Pat Cheyne
Math



Roger Cheyne
Social Studies



Wally Conner
Math



Russ Cooper
Assistant Principal



Bob Dettmer
Health/PE



Judy Dittbner
Social Studies



Mary Dressen
English



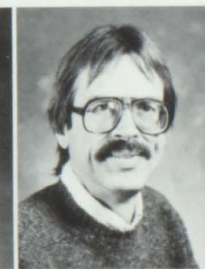
Terry Eikren
English



Neil Fletcher
Social Studies



Dan Forsythe
Health/PE



Al Franzen
Spanish



Jane Gilles
English



Mike Grant
Social Studies



Virgil Grove
Counselor



Susan Guderyon
French



Sally Hagman
Social Studies



Richard Hahn
Music — Band



Steve Hallin
Industrial Arts



Gwen Hansen
Science



Mark Hansen
Art



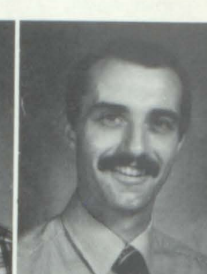
Henry Hebert
English



Brian Hegseth
Health/PE



Jack Henderson
Science



Tom Hipkins
Special Education



Loyal Hyatt
Agriculture



Diane Iverson
Special Education



Sue Jarrott
Math



Jerry Johnson
Special Education



Lynne Jones
Counselor



Jill Jury
Science



Stephnaie Kidder
Science



Al Larson
Art



Bev Larson
English



John Lautigar
Math



Kevin Lee
Math



Joyce Leslie
Counselor



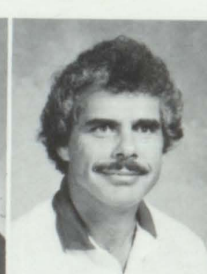
Jeff Lewis
Science



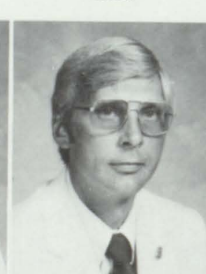
Jim Lindstrom
Music — Choir



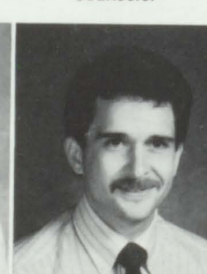
Loren Lynch
Work Coordinator



Steve Mahoney
Health/PE



Bob Marzolf
Agriculture



Larry Matzdorf
Math



Bill McElrath
Social Studies



Ruth Menken
Social Studies



Ken Miklajczak
Social Studies



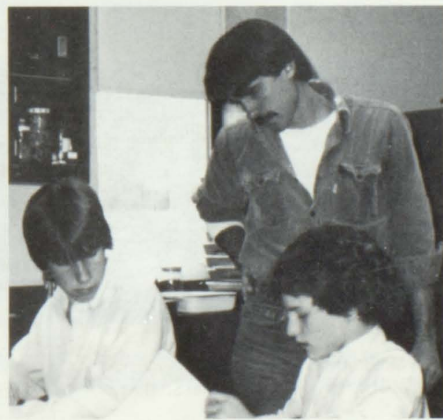
Richard Moskop
Librarian



Stan Motschenbacher
Counselor



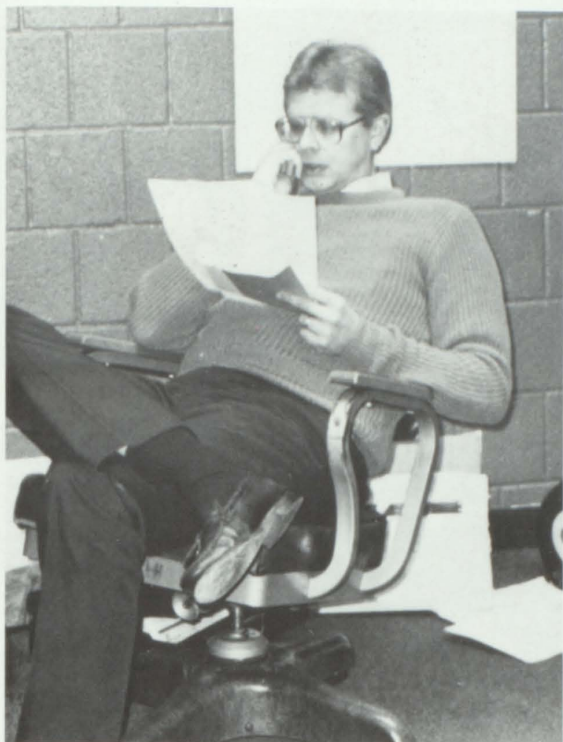
Julie Mullikin
French/Spanish



Curriculum tries to meet all needs

Meeting the needs of every student is a major curricular goal. Some students keep to the basics and try to fill only the main requirements. But there is also a core of students who want to get as much as possible out of school. These are the kids who discover the agony of math analysis or who find out that home ec is more than just cooking and sewing. Industrial arts teachers also added a class to meet the needs of girls offering simple car maintenance and home mechanics called "Home Mechanics." An all-school goal was to have every student leave with a sense of having all his/her goals achieved.





Don Nelson
Math



Julie Nelson
Health/PE



Tom Newell
Business



Donna Nickerson
Counselor



John Olsen
English



Myrtle Olson
Special Education



Priscilla Olson
Reading



William Olson
Math



Carleen Onell
English/Journalism



Marilyn Orlich
Home Economics



Joan Paulson
Health/PE



Nancy Pechamn
Art



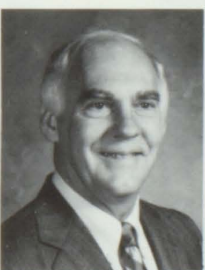
Doug Peltier
Athletic Director



Tom Pogreba
Industrial Arts



John Reiman
Industrial Arts



Tom Reynolds
Principal



Bob Rygh
Assistant Principal

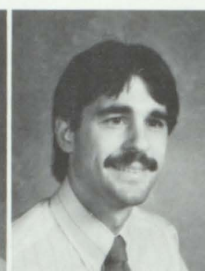


Kevin Rivard
Industrial Arts

District 831 School Board: Front: James Maratzka, Gayle Novak, Chairman, Vernon Boettcher; Back: Stephen Onell, Sandra Neuenfeldt, Lillie Olson, Tom Paul.



Sharon Rose
Special Education



Dan Schneider
Science



Rainie Schwab
Physical Education



Phyllis Slotsve
Business



Bill Somrock
English



Roxie Stangeland
Special Education



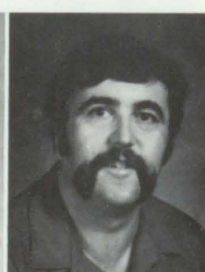
Janet Stone
Home Economics



Barb Storm
Music — Band



Ralph Streater
English



Bill Streater
Reading



Dorothy Sunne
English



Sandra Teichner
Social Studies



Ron Tungseth
Social Studies



Janet Wiley
Work Coordinator



The Subject Is Excellence

Excellence in education was a statewide effort. The '85 legislature passed bills to encourage schools to find exciting ways to manage staff, communicate better, and find teaching strategies. FLHS looked for ways to add special touches to school and students' lives.



Superintendent
Gerald Brynildson



Director of Personnel
Donley Johnson



Business Director
Bob Juhl



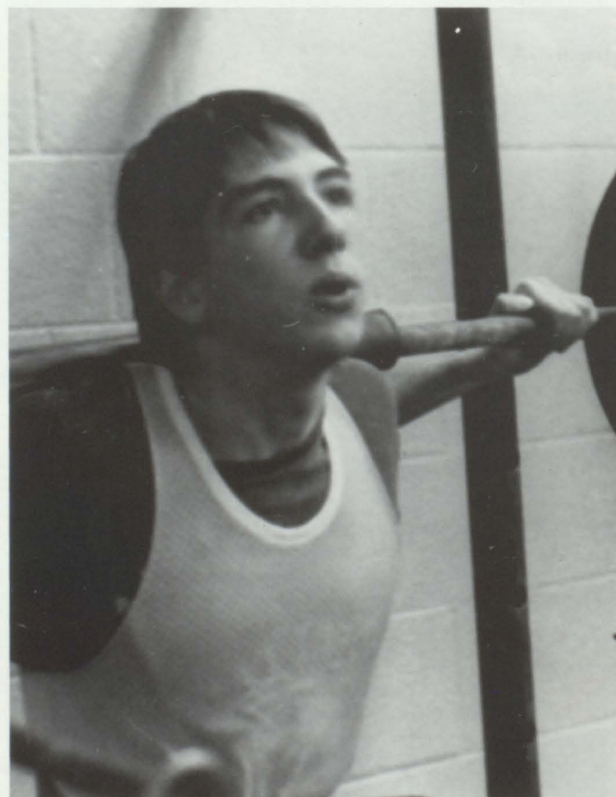
Community Education
Dan Poepard



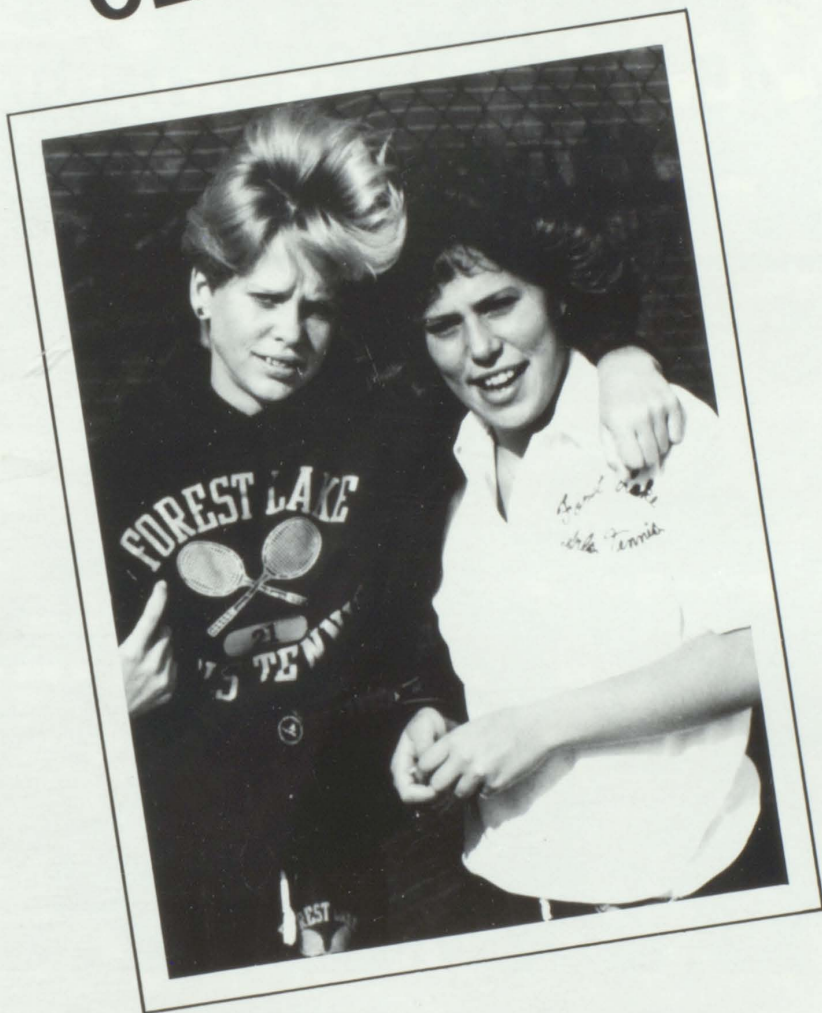
Curriculum Director
Beth Sullivan



Athletes can choose from a wide variety of sports. Dedicated team members endured the private hours of workouts and pain. This brought public applause in their moments of victory, adding touches of athletic class to FLHS.



CLASS AA SPORTS





B-SQUAD FOOTBALL — Back: Coach Gravelle, Bob Johnson, Brent Kostka, Brad Nelson, John Bruley, Coach Streeter. Row 4: Chris Hass, Mike Lautigar, Tom Meyman, Eric Carter, Clark Robinson, Troy Empter, Paul Nelson, Rick Syckes, Ron Chapman, Paul Millington. Row 3: John Clemens, Ron Green, Joe Julkowski, Kevin McNamara, Lee Lunzer, Dan Archer, Chris Peterson, Coy Chelgrin, Chance Norby. Row 2: Jason Bergerson, Kelly Wendland, Paul Anderson, Dwayne Curtis, Brian Solum, Rodney Kowarsch, Tom Bance, Tom Ramboldt, Joel Peterson. Front: Tim Pearson, Matt Meier, Monte Miller, Tim Saari, Pat Larson, Wade Hermes, L. Hermes, Lance Lenarz, Neil Biermaier, Rich Elliot.



VARSITY FOOTBALL — Back: Manager Lissa Plummer, Coach Herman, Coach Grant, Coach Tiege, Coach Lautigar, Coach Streeter, Coach Gravelle, Chris Robinson. Row 7: Craig Martin, Chris Kauls, Antony Garcia, Chris Peterson, Ted Chisholm, Brent Audette, Dan Reynolds. Row 6: Les Goldman, Matt Johnson, Mike Wolf, John Stubler, Mark Lundberg, Mike Hoppe, Chris Hoyt, Tony Quigley, Doug Peek. Row 5: Jim Menne, Mark Lindeberg, Mickey Ramboldt, Mike Flaherty, Mike Morehead, John Franta, Dean Johnson, Kevin Robinson, Chris Carey, Chris Postma. Row 4: Brian Kwiatowski, Dan Phaneuf, Greg Johnson, Dan Dunbar, Craig Bennet, Tom Venables, Rich Venables, Dave Boyd. Row 3: Paul Peters, Brian Breau, Todd Waxberg, Randy Hunting, Rick Peterson, Mike Paulino, Cha Krinke, Tim Bohnen, Fran Lutz. Row 2: Keith Hegstrom, Jeff Juhlowski, Jeff Carter, Mark Johnson, Rick Wood, Dan Larson, DeWayne Curtis, Greg Swenson. Front: Dave Nolan, Kirk Youngblut, Jeff Willette, Chuck Alshouse, Mike Sullivan, Todd Fultz, Jeff Imsdahl, Billy Coleman, Todd Zapzalka.

J-V SOCCER — Back: Tracy Davis, Chris Moen, Cory Hoiter, Terry Johnson, Dan Messelt, Eric Kornbo, Erik Barsness, Matt Welage, Brett Smallman, Todd Johnson, Tim Madden, John Bakke, Rob Wicker, Coach Tungseth, Coach Dettmer. Row 2: Mike Ellefson, Tim Bourgeois, Tim Isaacs, Kyle Bocklund, Dan Zemke, John Ulvin, Scott Wiczoric, Nathan Anderson, Brad Weber. Front: Scott Degen-dorfer, Bart Kohel, Mark Bersness, John Falck, Tim Peterson, Mike Wiczoric, Joel Kyrola, Pat Larson, Jeff Hoffman.



Sports are popular even in the '80's. Even though kids try to be sophisticated, they still find time to give up a few hours every day for athletics.

VARSITY SOCCER — Back: Coach Tungseth, Lance Meier, Dave Galleberg, Tom Hallberg, Steve Lichtscheidl, Pat Cameron, Ben Hedberg, Dan Keis, Eric Peterson, Jim Gajeski. Row 2: Mike Ellefson, Derek Fingal, Chuck Fagin, Russ Stark, Mark Lange, Mike Wiczorek, Kim Thurnbeck. Front: Steve Schleiker, Noel Jennings, Tim Fairbanks, Roger Cuellar, Jeff Young, Andy Zaske, Becky Coleman.

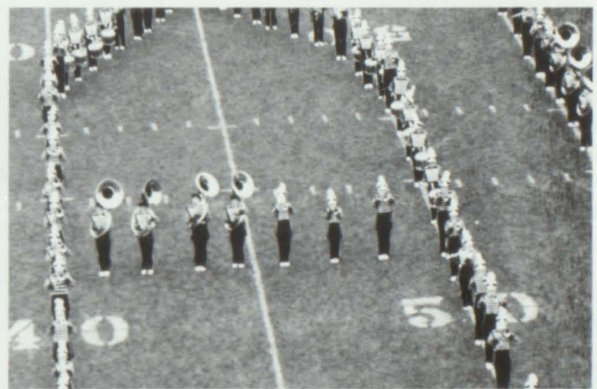
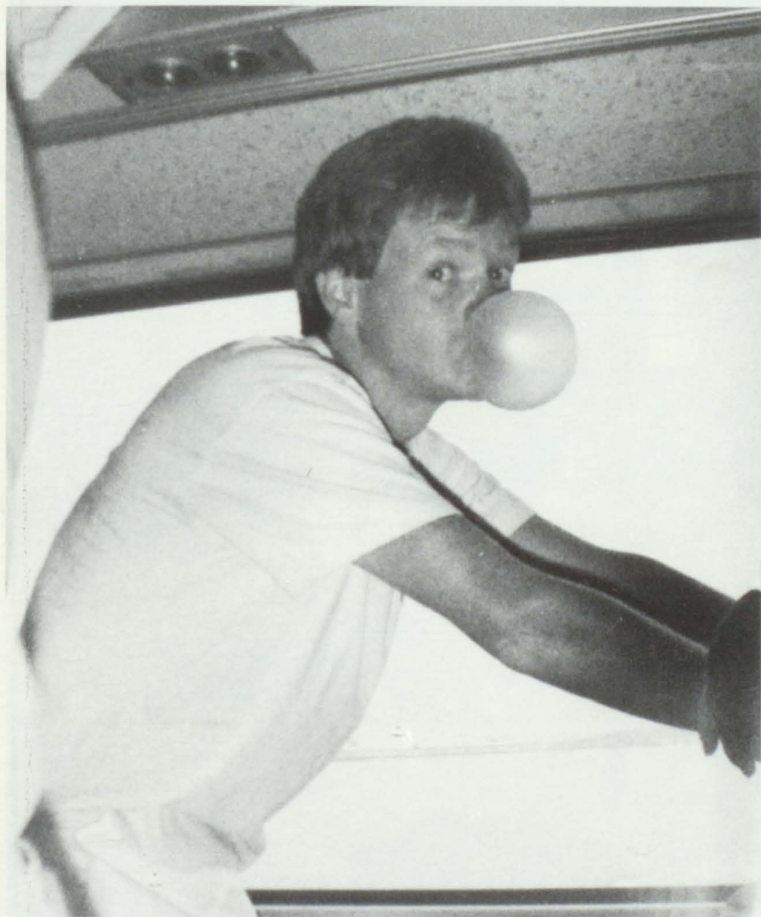


CROSS COUNTRY — Back: John Zderad, Kevin Jones, Charlie Janacek, Rob Thompson, Dan King, Scott Jensen, Tim Pagois, Mike Keyes, Dave Drolson, Joe Liljedahl, Brad Fritz, Coach Fedderly, Brett Matt-son, Troy Saunders. Front: Jennifer Anton, Krista Wassman, Tammy Schmidt, Kim Kauls, Vicki Ethan, Barb Noyes, Maura Madden, Sarah Hermes, Karen Rector, Karyn Noyes, Jennifer Herbert, Debbie Ludington, Margo McGeary.

Band Marches In as New Fall "Sport"

Did you watch the fast paced, high stepping routines of the marching band? The practices amounted to great aerobic workouts and lasted throughout the summer into November. Besides summer and halftime appearances, the band performed in Green Bay, at the prep bowl, and concluded their season at a Vikings game.





GIRLS' SWIMMING — **Back:** Chelsea Colander, Michelle Jacobson, Jenni Parker, Lisa Anderson, Tami Dunn, Darci Nelson, Kelly Beijer, Coach Kelly Lindquist. **Row 2:** Steph Gosiak, Dawn Greene, Dianna Miller, Jodie Wallraff, Tina Herbert, Suzanne Schleder, Tammy Chapman, Coach Kim Olson. **Front:** Maria Falzone, Shelly Hursh, Diana Eberhardt, Donna Bougie, Colleen Hennen, Tracie Wingi, Colleen Skoglund.



VARSITY TENNIS — **BACK:** Jennifer Plummer, Jody Peterson, Linda Christoferson, Janet Sherwood, Deidre LaRock, Anna Harelson. **Front:** Brenda Gabrich, Mary Ellen Rantenen, Kirsten Cleveland, Stacy Graf, Lee Streitz.



Many Participate in Sports

In spite of activity fees, the numbers of kids in sports are up. The figures include two new groups, varsity soccer and girls' soccer. The boys' team has moved up to interscholastic competition. Bigger numbers are great in terms of competition, but check out the crowded gym on a rainy day during practice.

GIRLS' SOCCER — **Back:** Lara LaVoie, Wendy Arntberg, Marney Olmstead, Tammy Anderson, Wendy Smithlin, Wendy Pfeifer, Jackie Bauman, Kathy Hehner, Shelly Anderson, Chris Myer, Coach LaCasse. **Front:** Mary Modean, Tracey Thoemert, Vicki Kopp, Amy Grunwald, Amy Childers, Suzy Ulvin, Wendy Jackson, Connie Tyo, Brenda Wotziak.





JV GIRLS' TENNIS — Back: Coach Hagman, Katie LaBore, Missy Tornell, Sharon Stendahl. Front: Karla Ede, Michelle Scott, Chris Nelson.



JV VOLLEYBALL — Back: Su Leslie, Cherly Sutton, Sue Lasch, Karen Johnson. Row 2: Robin Schliesing, Brenda Schwab, Kari Trudeau, Carol Martin. Front: Sarah Dupslaff, Nikki Loucks, Laura Hathaway.



B SQUAD VOLLEYBALL — Back: Monica Houle, Janel Schmidt, Tanis Swanson, Shelly Quigley, Heidi Zweg, Natalie Hale, Coach Briguet. Row 2: Jill Hanson, Jill Kwiatowski, Lynn LaMere, Rhonda Thiry, Annette Blanchard. Front: Tami Fultz, Heidi Kertzcher, Denise Krenz, Katie Gross.



VARSITY VOLLEYBALL — Back: Sarah Dupslaf, Diane Wickre, Amy Gross, Joni Reiman, Rachelle Conner, Karen Johnson. Front: Kristi Zanosko, Tracy Christenson, Debbi Meyers, Lisa LaMere, Shantell Paul, Stephanie Graves.



Women's Sports Show Well

Gymnastics ended a strong season with the leadership of coaches Nelson and Blasko. Serese Thurnbeck, Jill Whitney, and Deb Meyer worked as captains to have team spirit, not to mention the points each earned at meets. The girls' basketball season was hurt by injuries, although point totals for the season indicated the hard work put in by the team. Coach Dresen, a new English teacher, added her enthusiasm and new ideas to the team.



GYMNASTICS — Back: Jennifer Haworth, Mary Jo Jukens, Lamy Lanahan, Wendy Peiffer, Tammy Fultz, Dawn Capaul, Maureen Larson, Shannon Swanson, Liz Stumbo, Dawn Murawski, Julie Colonna, Janie LeRoux. **Row 2:** Coach Blasko, Janel Schneider, Toni Colonna, Kris Arndt, Sara Dupslaff, Katie Holtan, Coleen Hennen, Diane LeRoux, Connie Houle, Cara Ramberg, Coach Nelson. **Front:** Jill Whitney, Deb Meyer, Serese Thurnbeck, Tina Herbert.



VARSITY GIRLS' BASKETBALL — **BACK:** Mary Dressen, Lisa Steven, Cheryl Sutton, Karen Johnson, Rachelle Conner, Becky Lindberg, Coach Gunderson. **FRONT:** Sheri Johnson, Stephanie Graves, Lisa LaMere, Dawn Greene, Amy Plantz, Susan Lasch, Natalie Hale.

JV GIRLS' BASKETBALL — **BACK:** Coach Mary Dressen, Sheri Johnson, Shannon Sullivan, Lisa Harrison, Tammy Anderson, Shannon Foster, Lee Streitz, Sharon Stendahl, Manager Shelly Jonson. **ROW 2:** Lori Simmons, Sandy Nelson, Shana Wiisanen, Dawn Greene, Amy Plantz, Susan Lasch, Lisa Rose, Lisa Brodtman. **FRONT:** Natalie Hale, Tara Krinke, Lynn LaMere, Sue Mara, Tammy Carey, Beth Plummer.

VARSITY HOCKEY — **Back:** Coach Forsythe, Manager Mike Flaherty, Troy Wachter, Rick Gorman, Shannon Jacobson, Bill Coleman, Jon DeWitt, Coach Mikolajczyk. **Row 2:** Scott Jensen, Mark Broadbent, Derek Fingal, Mark Rubin, Dan King, Chuck Fagin, Kevin Copt. **Front:** Chris Klein, Matt Rasmussen, Chuck Salo, Mark Lindeberg, Andy Cossette, Chris Kauls.



JV HOCKEY — **Back:** Matt Rasmussen, Russ Stark, Rick Gorman, John Strenger, Lee Lunzer, Coach Kendrick. **Row 2:** Greg Weiss, Tony Janu, Sean Duncanson, Tyler Wachter, Greg Swenson, Jim Roy, Kevin Werhan, Troy Saunders. **Front:** Chuck Salo, Milo Shoberg, Monte Miller, Bart Kohel, Shane O'Malley, Bryant Cole.



Pucksters Skate On Local Ice

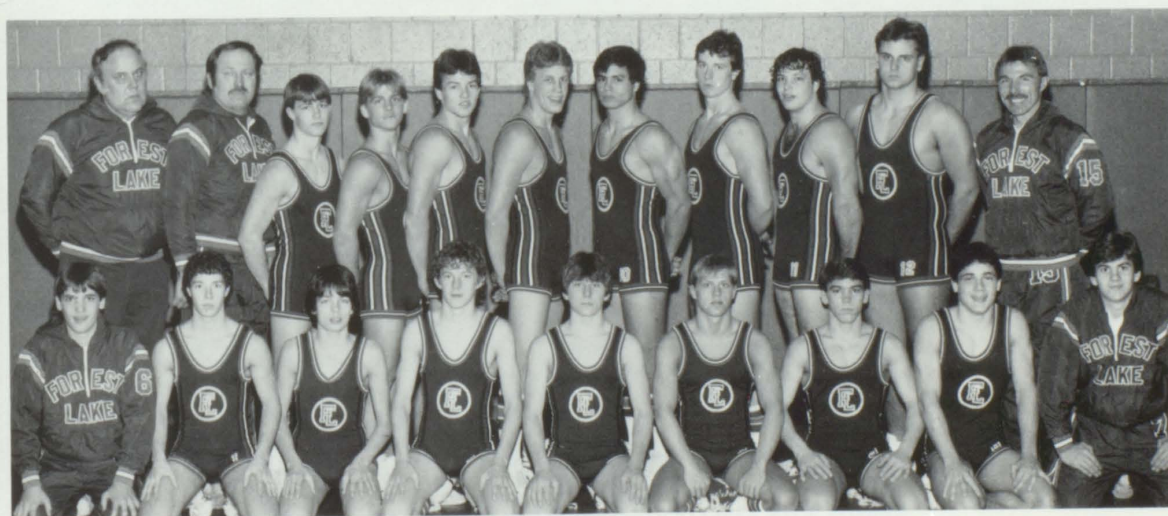
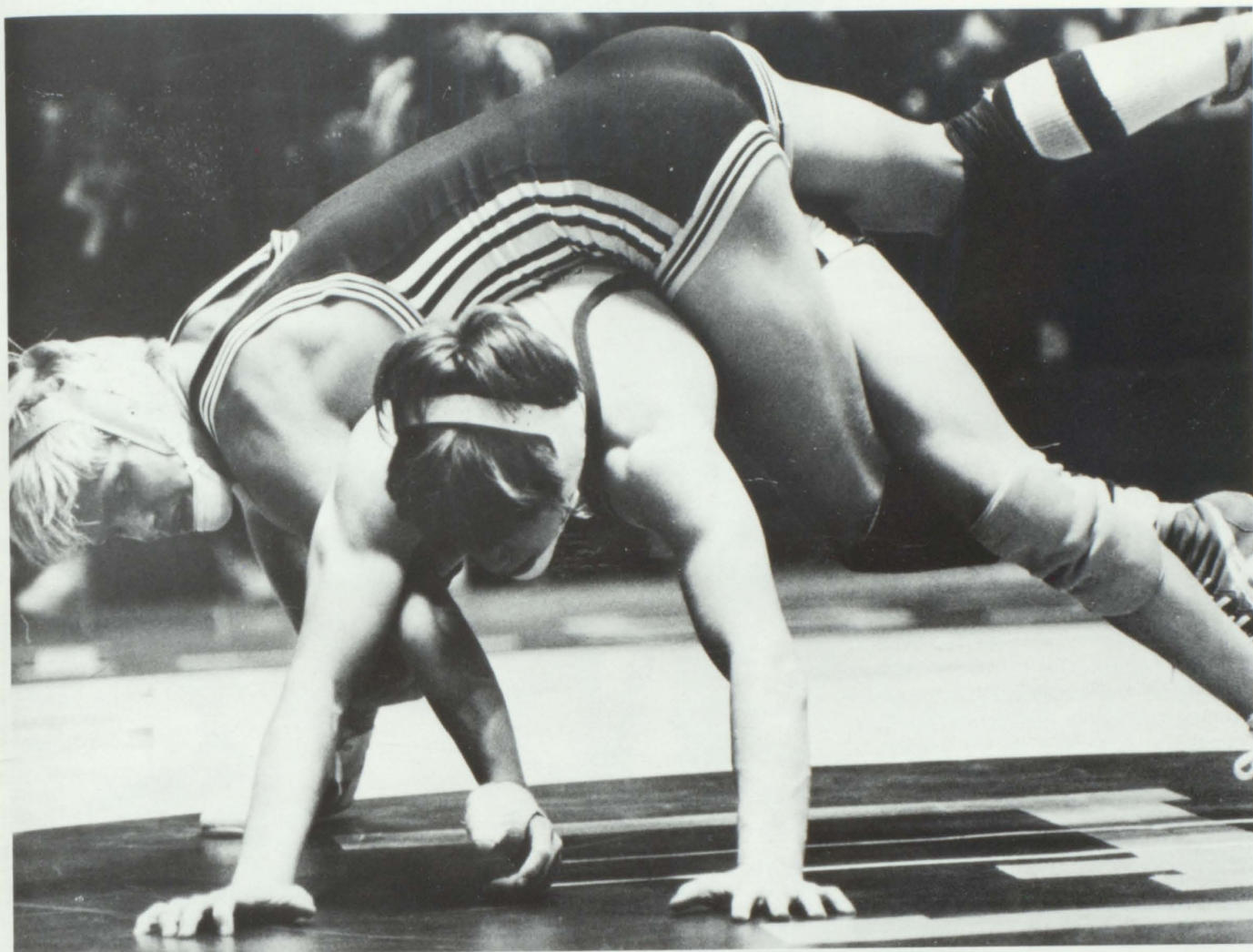
Ending the season with a .500 record was the goal of Ranger Pucksters. Saving time traveling to out of town ice gave Rangers time to put in extra time at the Maroon and Gold arena in Forest Lake. Owned and operated by the school district, the arena gave the team a chance to host home games like groups in other sports. A highlight of the season was the first time ever defeat of the Anoka Tornadoes by Ranger icemen. The Rangers edged them 3-2. Another victory over the Fridley Tigers 6-3 proved that the Ranger icemen needed time to grow and develop as a team and they proved that the Rangers are a force to be reckoned with in the conference.

Julkowski Takes 1st In Region

Making weight and earning a spot on the starting squad were top concerns of Ranger grapplers again. Trying to maintain the winning tradition from the past also loomed over the teams as they worked their way through a tough schedule. Through January the team maintained their winning ways with an 8-0 record in the conference. February 14 and 15 the team travelled to Blaine to compete in individual regions, hoping to send a big group on to state as individual competitors. Unfortunately, their boys met with tough competition and only three wrestlers won spots in the state tournament. These were Tim and Tom Menne, who took seconds, and Jeff Juhlowski, who placed first at regions in the heavyweight division. Several grapplers wrestled for third place spots, and a few even came back to wrestle for true seconds but lost.



SQUAD WRESTLING — **Back:** Coach Reiman, Coach Pogreba, Pat Skinner, Tony Quigley, Tony Garcia, Jeff Carter, Chad Spiess, Brian Solum, Joe Juhlowski, Brent Kostka, Bob Johnson, Chris Haus, Mike McEnroth, Coach Dettmer. **Row 2:** Jeff Willcocks, Kelly Wendlund, Tim Pearson, Joe Solomon, Jason Hadley, Todd Pleski, Bob Zak, Dan Ostlie, Mike Israelson. **Front:** Greg Berg, Eddie Meyer, Jeff O'Brian, Travis Schultz, Scott Warnest, Andy Zaske, Joe Liljedahl.



VARSITY WRESTLING — **Back:** Coach Reiman, Coach Pogreba, Tim Menne, Rick Pearson, Les Goldman, Steve Engstrom, Mike Paulino, Jeff Carter, Rick Wood, Jeff Juhlowski, Coach Dettmer. **Front:** Mike Tyler, Gary Berg, Bill Hemstad, Joe Kyrola, Pat Larson, Tom Menne, Rich Elliot, Alan Thoburn, Chris Phillipi.

Hoopsters Build New Tradition

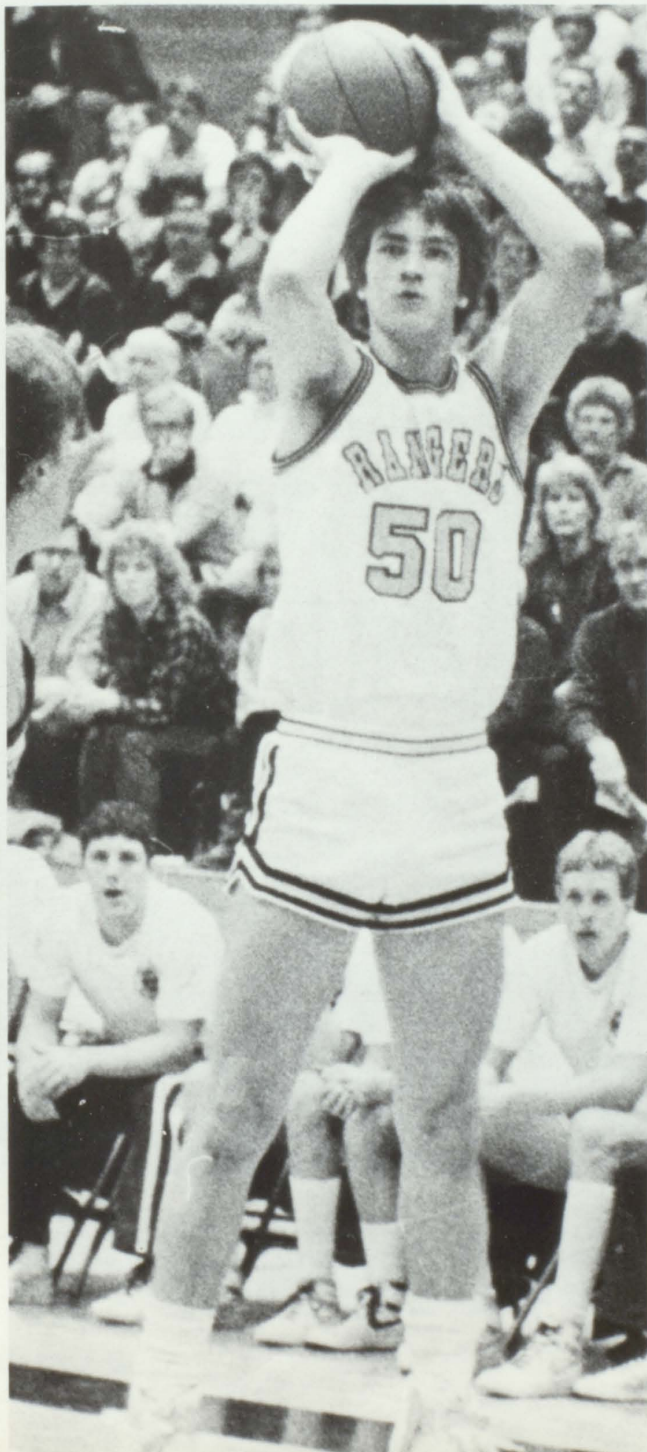
Led by senior captains Todd Fultz and Paul Peters, the Ranger hoopsters built a winning tradition for themselves this year. Coached by Brian Hegseth, the Rangers played top teams and gave their best in the games. Rated as one of the top teams in the North Suburban Conference, the team won some tough games and beat teams that have smoked them in past years. One point losses to the likes of Burnsville, Coon Rapids, Columbia Heights, and Mounds View are examples of the top play seen on the court this year.

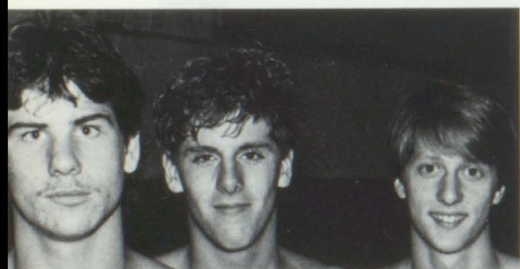
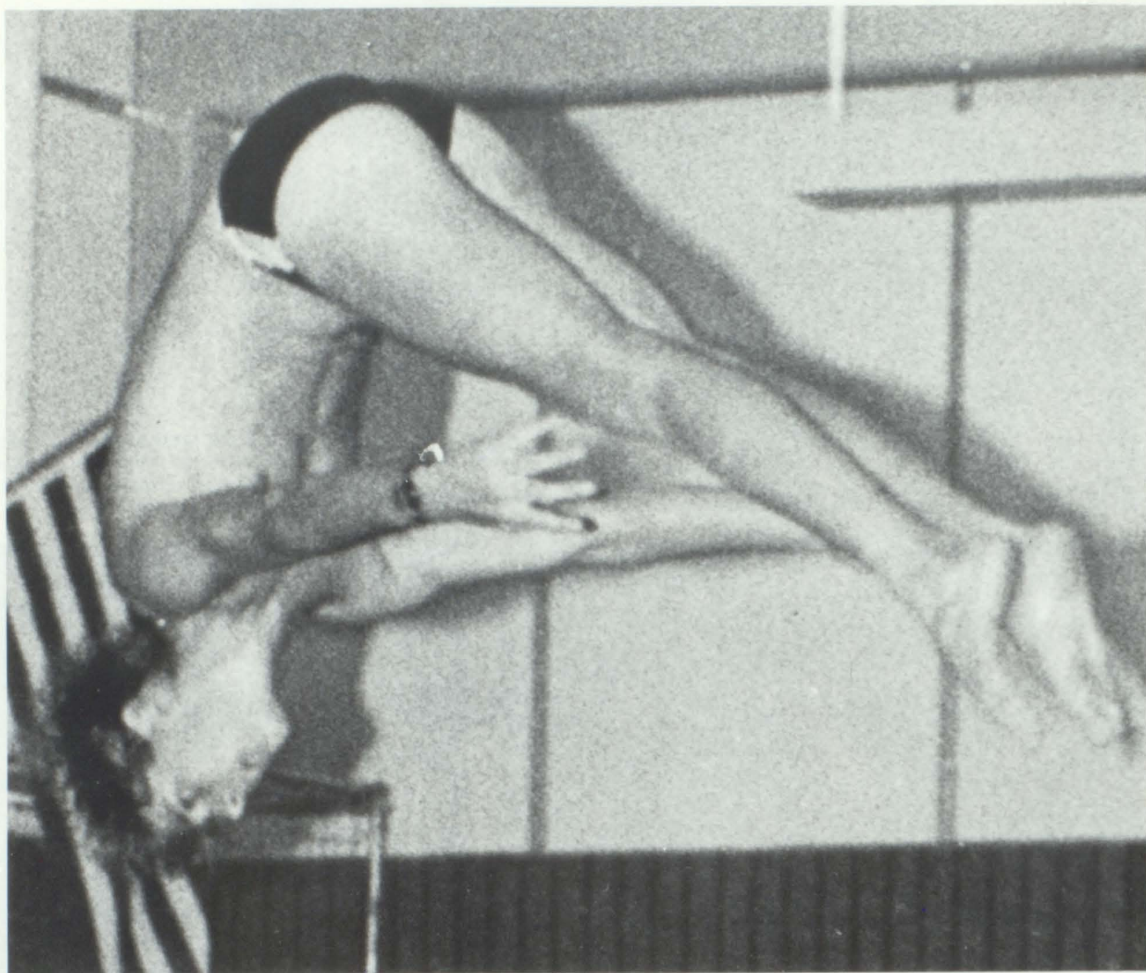


VARSITY BOYS' BASKETBALL — BACK: Todd Fultz, Mark Johnson, Tom Hallberg, Dan Phanuef, John Franta, Eric Carter, Curt Quigley, Paul Peters, Mickey Rambolt, Doug Psick, Tim Pagois, Jeff Imsdahl. **FRONT:** Coach Hegseth, Jeff Olson, Mark Jansen, Dave Drolson, Dean Johnson, Tom Venables, Korey Finnes, Dan Gallenberg, Chris Miller, Coach Grant.



B-SQUAD BOYS' BASKETBALL — **Back:** Coach Anderson, Andy Larson, Shane Carey, Chad Karth, Craig Peterson, Rick Syks, Chance Norby, Tom Ramboldt. **Front:** Randy Power, Tom Bance, Tom Mumen, Kevin McNamara, Neil Beirmaier.





Tom Kilgriff, Eric Peterson, Mike Siebur



BOYS' SWIM TEAM — **Back:** Tom Kilgriff, Brian Grzesiak, Eric Peterson, Chris Gaiovnik, Jason Bergerson, Rob Johnson, John Schrom, Coach Lundquist. **Row 2:** Mike Siebur, Cory Cressman, Mark Funni, Brian Cable, Jim Wroble, John Van Bergen, Coach Olson. **Front:** Matt Green, Tom LaBelle, Kevin Mike, Jason Schlagd, Jim Gaiovnik, Chris Rye, Stuart King.

GIRLS' SKI TEAM — **Back:** Natalie Celski, Kristi Zanasko, Katy Gross, Sue Leslie, Katie Schlenker, Amy Gross. **Front:** Wendi Jackson, Monica Lindell, Heidi Kertzcher, Stacy Welsh, Angel Berth.



Wendi Jackson and Paul Millington represented FL at state competition.

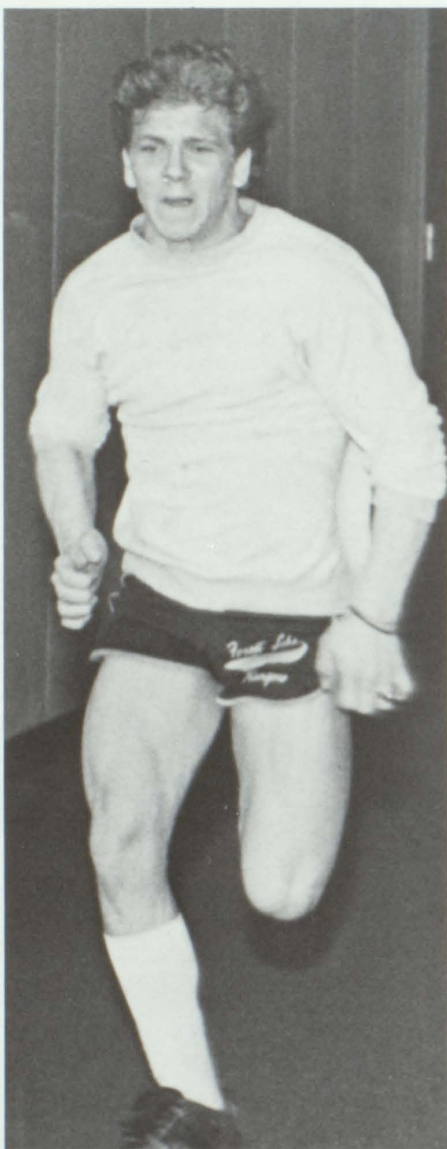


Being a specialized sport has its problems for skiing and swimming. The main obstacle is finding time to practice so that your team isn't dominating the practice area. Fortunately for the swimmers, the pool at Southwest Junior High was open and available for them whenever needed.

For the skiers, the practice time depended heavily on the weather. They were a select group that spent all fall praying for snow. Time on the slopes paid off with Wendi Jackson and Paul Millington competing at state.



BOYS' SKI TEAM — **Back:** Chris Brown, Slam Sam DeHaven, Jake Thurnbeck, Steve Lichtscheidl, Brian Thurnbeck, Doug Anderson. **Row 2:** Jason Pietraszewski, Mike Linz, Dave McKay, Wayne Bennet. **Front:** Doug Pernell, Mark Kroll, Lance Toderoff, Paul Millington, Guy Thayer, Chris Johnson, Trent Halvorson, Ty LaTourneau, Johnny Haus.



BOYS' TENNIS — Back: Jeff McKinney, John Lynch, Eric Houle, Dave Hoffman, Paul Millington, Bill Rick, Mark Lindeberg, Dean Johnson, Adam Moen, Jeff Johnson, Jason Ramseth, Tom Penton, Adam Wahlberg, Coach Grant. **Row 2:** Chris Peterson, Steve Miller, Doug Pernell, Brian Witham, John Ostrand, Dan Pakulski, Cary Holter, Aaron Becker. **Front:** Tod Johnson, Jeff Graba, Jess Graba, Jeff Willett, John Pruitt, Jon Hoffman, Dan Monson.



BOYS' TRACK — Back: Neil Biermeier, Russ Stark, Brian Maas, Jim O'Hara, Chris Brown, Craig Martin, Bob Paulsen. **Row 2:** Kyle Bachman, Paul Nordin, Chris Kauls, Denny Olson, Tom Meyman. **Front:** Stuart King, Roger Cuellar, Tim Pearson, Jeff Young.



BOYS' TRACK — Back: Derek Fingel, Kevin Werhan, Dan Shogren, Joe Liljedahl, Brad Fritz, Rob Thompson, Mike Keyes, Steve Tyson, Bruce Lawrence. **Row 2:** Charlie Janacek, Jason Pietraszewski, Andy Davis, Monte Miller, Brad Weber, Brett Mattson. **Front:** Mike Gressman, Jeff O'Brain, John Ulvin, Jim Vomela.



Westher Can't Stop Runners

Once they overcame the weather problems, boys' track got off to a quick start. Strong sophomores and returning leadership gave the team an edge in the indoor as well as the outdoor season.

Coach Hipkins was excited about the prospect of setting team goals, always striving for kids to build up their personal bests. New developments found several state competitors who moved into the district, as well as new runners who previously played baseball.



BOYS' TRACK - Back: Dave Gruba, Brian Maas, Jason Bergerson, Craig Peterson, Matt Welage, Mark Barsness, Bob Paulsen. Row 2: Brett Mattson, Jason Pietraszewski, Neil Reimer, Joe Liljedahl, Joe Masloske, Kris Fingel. Front: Stuart King, Greg Swenson, Clark Robinson, Randy Power, Dave DeAzevedo.

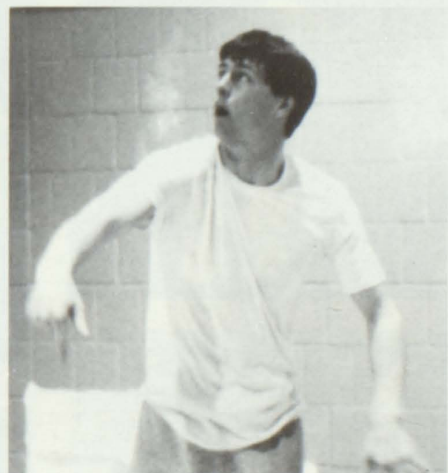
BOYS' GOLF — Back: Chad Karth, Brian Solum, Tim Isaacs, Scott Wieczorek, Mike Sigstad, Bob Houle, Sam DeHaven, Mike Jacob. Row 2: Mike Wieczorek, Paul Johnson, Trent LaCroix, Mark Stacey, Terry Johnson, Chris Moen. Front: Jon DeWitt, Tim Roy, Dave Drolson, Korey Finnes.



BOYS' TRACK — Back: Dan Keis, Greg Swenson, Jason Bergerson, Scott Degen-dorfer, Lee Crouse. Front: Dan Ostlie, Mark Husnik, Clark Robinson, Dan Zempke.



BOYS' TRACK - Back: Mark Lundberg, Mike Sullivan, John Brully, George Hughes, Bob Johnson. Front: Ron Chapman, Brian Hammes, Joel Peterson.





SOPHOMORE SOFTBALL - Back: Coach Chalberg, Shelly Quigley, Rhonda Thiry, Natalie Hale, Anita Blanchard, Tammy Carey, Raquel Jensen, Janelle Schmidt. Row 2: Tanis Swanson, Shana Wiisanen, Katie Gross, Denise Krenz, Tracy Krantz, Jill Hanson. Front: Deanna Dukowitz, Debbie Jeska, Jeanette Dandi, Angela Ferraro, Karla Engvalson, Jennifer Maether.



VARSITY SOFTBALL — Back: Coach Paulsen, Deb Meyer, Jody Peterson, Kristi Zanosko, Kirsten Cleveland, Michelle Bakeberg, Joey Reed, Jennifer Conlin, Cindy Lakso. Row 2: Heather Proulx, Susan Stepka, Sue LaCasse, Cheryl Sutton, Diane Wickre, Stacy Grimes. Front: Holly Wedell, Mary Modean, Dawn Green, Margo McGeary.



Runners Workout In Halls

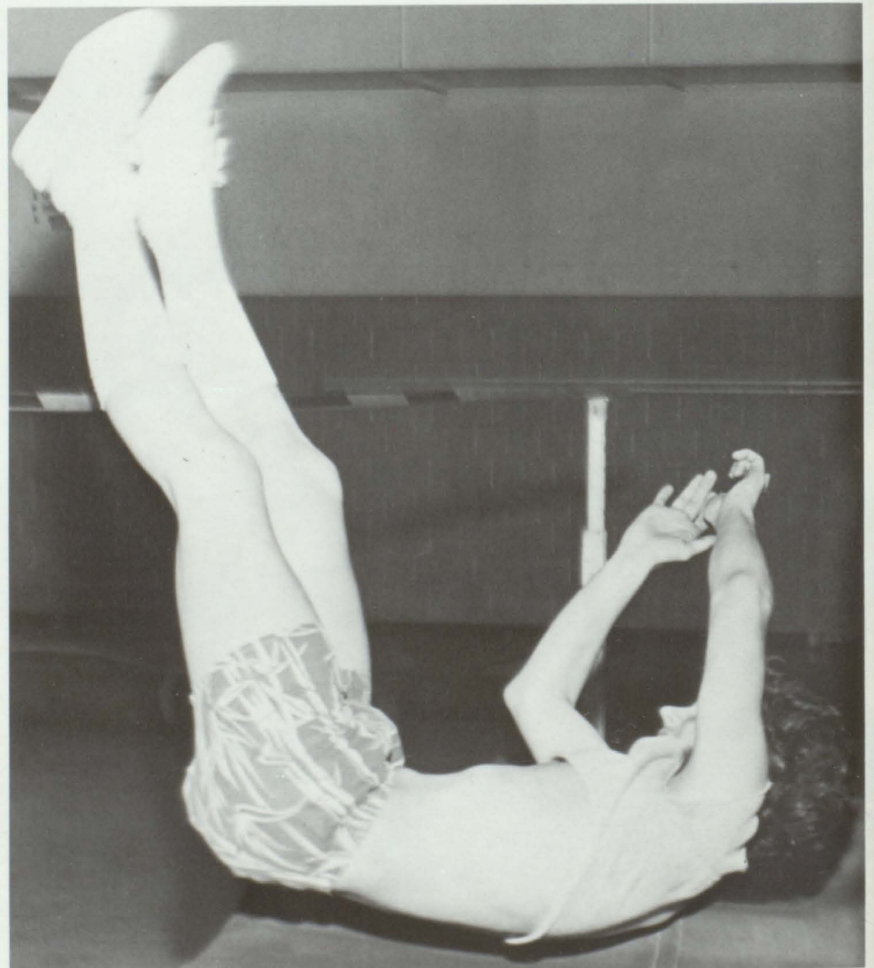
Sharing the gym and mezz with so many other sports made practices hectic and often late. Despite the poor weather in March, teams were chosen and squads worked hard. Golfers found themselves using Forest Lake Elementary for their so-called greens and waited patiently for the course to dry up.

Large turnouts made the cutting process a challenge for the coaches. Having so many people to choose from really made competition tough.



GIRLS' GOLF — Back: Cathy Miller, Amy Gross, Kris Werth, Suzy Ulvin, Linda Christofferson. Front: Kim Thurnbeck, Linda Erickson, Chris Obst, Didie Quitum.

Runners
Workout





Snow Slows Schedules

Spring sports are faced with the problem of being outdoor activities which need to begin practice in March. Minnesota winters aren't over yet and teams need to begin practice in March. Minnesota winters aren't over yet and teams found themselves using all areas of the building to begin their season.

Runners were seen in all halls, as well as the streets of Forest Lake. Hurdles were set up in the math wing to test non-athletes' abilities at finding alternate routes to classrooms. Everyone helped make the practices efficient because hopes were that April would bring dry ground and practice outdoors.





Organizations allow students to further pursue interests developed in classes. Many FLHS organizations are outstanding and have received many trophies and honors which add to the classiness of FL.



after class



Rangers Prove They're Winners!



TOM MENNE
Junior
27-5-0

All Conference
Region 4AA 2nd Place
State Tournament 3rd Place



TIM MENNE
Senior
23-5-1

All Conference
Region 4AA 2nd Place
State Tournament 2nd Place
Minnesota-Wisconsin-
All Star Team - Alternate



JEFF JULKOWSKI
Junior
28-3-1

* 25 PINS *
All Conference
Region 4AA Champion
State Tournament 3rd Place

GIRLS' TENNIS

FL	vs.	Centennial	3-4
		St. Francis	7-0
		N. Branch	4-1
		Irondale	0-7
		Blaine	5-2
		Mounds View	0-7
		Fridley	5-2
		Coon Rapids	0-7
		Ramsey	0-7
		Anoka	0-7
		Columbia Heights	4-3
		Kellogg	1-6
		Sp. Lake Park	2-5
		Br. Center	5-2
		Elk River	1-6

FOOTBALL		
FL	vs.	Columbia Heights 26-19
		Ramsey 35-6
		Mounds View 14-17
		Kellogg 7-10
		Irondale 6-22
		Coon Rapids 23-14
		Elk River 27-28
		Blaine 17-29
		Sp. Lake Park 28-8

VOLLEYBALL		
FL	vs.	St. Francis 2-3
		Tartan 3-0
		Highland Park 2-0
		Park Center 2-0
		Woodbury 2-0
		St. Cloud Tech. 2-0
		Hill-Murray 3-1
		Kellogg 3-0
		Irondale 3-0
		Fridley 3-0
		Coon Rapids 3-0
		Columbia Heights 3-1
		Ramsey 1-3
		Mankato East 0-2
		Mpls. S.W. 2-0
		Rosemount 2-0
		Hastings 1-0
		Simley 2-0
		Mounds View 3-2
		Elk River 3-0
		Anoka 3-1
		Blaine 3-0
		Sp. Lake Park 3-1

SOCCER

FL	vs.	Ramsey	1-6
		Anoka	1-6
		Blaine	1-3
		Irondale	2-3
		Coon Rapids	0-5
		Hill-Murray	0-5
		Columbia Heights	5-1
		Elk River	1-1
		Hudson, Wisc.	0-5
		Mounds View	0-5
		Kellogg	2-5
		Sp. Lake Park	2-3

GIRLS' SWIMMING AND DIVING

FL	vs.	Blaine	89-81
		Anoka	56-116
		Coon Rapids	58-114
		Col. Hgts.	86-84
		Irondale	68-104
		Mounds View	48-124
FL	vs.	S.L.P.	85-87
		Kellogg	80-92
		Mankato E.	76-86
		Ramsey	50-122
		Centennial	93-79
		Elk River	73-99



Ranger hoopsters placed second at regions.



BOYS SKIING

FL	vs.	Mounds View	-27-28
		Irondale	45-10
		Blake	55-0
		Hastings	24-31
		Park/Woodbury	34-21
		Centennial	39-16
		Stillwater	10-45
		Anoka	53-2
		Blaine	49-6
		Coon Rapids	52-3

GIRLS SKIING

FL	vs.	Mounds View	35-15
		Blake	55-0
		Hastings	34-21
		Park/Woodbury	25-30
		Centennial	44-11
		Stillwater	18-37
		Anoka	34-21
		Blaine	46-9
		Coon Rapids	41-14
		Irondale	37-13

BOYS' BASKETBALL

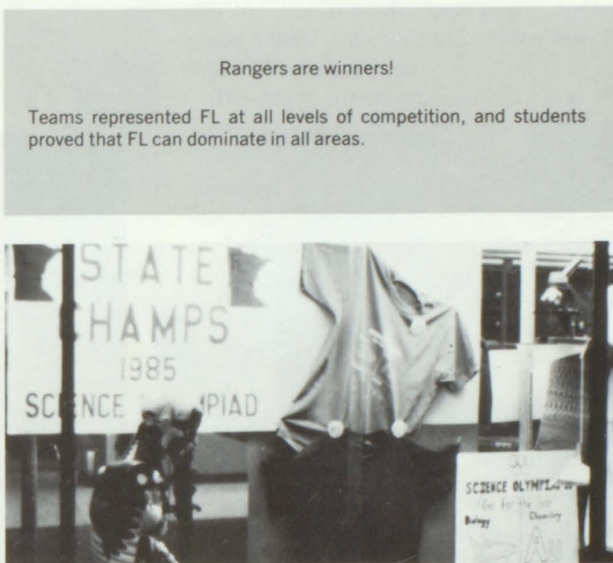
FL	vs.	Cooper	46-29
		Kellogg	50-44
		Irondale	40-31
		Fridley	62-28
		Hibbing	60-41
		Burnsville	54-55
		Shakopee	41-59
		Coon Rapids	49-50
		Col. Hgts.	58-59
		S.L.P.	49-47
		Elk River	49-37
		Ramsey	41-55
		Mounds View	40-41
		Anoka	68-60
		Blaine	55-51
		Kellogg	72-43
		Irondale	54-55
		Fridley	64-54
		Coon Rapids	55-54
		Col. Hgts.	42-37

GYMNASTICS

FL	vs.	Ramsey	W
		White Bear	L
		Irondale	L
		Mounds View	L
		Fridley	W
		Elk River	W
		S.L.P.	W
		Anoka	W
		Blaine	W
		Col. Hgts.	W
		Coon Rapids	W
		Kellogg	W



Mary Reese competes in the local olympiad.



Science olympians display their prizes and props.



SPEECH — Back: Bobby Elsenpeter, Sue LaCasse, Monica Houle, Valerie Marsh, Brent Boyd, Julie Mattson, Mike Booth, Jim Lict, Stacy Gunderson, Derek Larson, Dan Munson, Nancy Manning, Teresa Este. **Row 3:** Coach Bendix, Sue Schleder, Amanda Nelson, Colleen Hennen, Julie Englehorn, Deanna Johnson, Chris Boorsman, Brenda Gabrick, Suzy Ulvin, Dave Falzone, Karen Crandall, Jill Whitney, Mark Fearing, Nancy Miller, Mark Stacey, Coach Novak, Coach Steeter. **Row 2:** Andy Zaske, Tim Johan, Jenny Flanagan, Kari Hult, Cindy Rapake, Jan Voelker, Kim Cosgrove, Jill Pietrow, Mia Schneider. **Front:** Annette Dietrich, Melanie Sdevens, Biggi Griebel, Missy Marcinak, Laurie Gagner, Michelle Scott, Travis Sholtz.

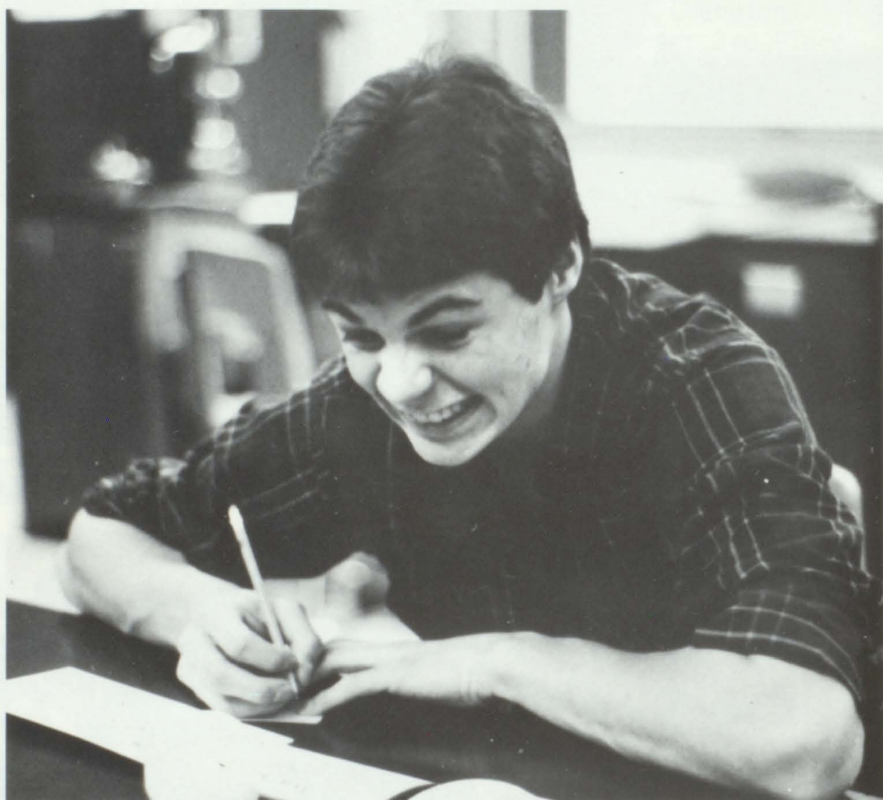
CROSS COUNTRY

Region Results
Boys' Varsity —
10th of 15
Girls' Varsity —
7th of 15

WRESTLING

FL	vs.	Kellogg/Ramsey	41-14
		Apple Valley	13-42
		Irondale	71-0
		Simley	24-24
		Fridley	46-9
		Coon Rapids	30-24
		Columbia Heights	53-12
		Sp. Lake Park	43-18
		Elk River	32-19
		Mounds View	55-3
		Mpls. Roosevelt	45-12
		Hibbing	46-12
		Rosemount	33-20
		Apple Valley	11-46
		Anoka	19-25
		Blaine	44-16
		Anoka	21-30

Rangers Prove They're V



SCIENCE OLYMPIAD TEAM — Back: Mr. Schneider, Mike Keyes, David DeAzevedo, Mrs. Benedict. Row 2: Jeff Arnholt, Missy Smith, Barb Henrichs, Tim Johann, Mark Sheldon, Kerry Holtan. Front: Al Johnson, Kenton Munthe, Jim Brevig, Brett Stueland.



Science Team Dominates at State Meet

Science Olympiad team members placed second at state competition, marking the second year in a row that FL was in the top two schools. Last years' second place school just switched places with FL in the '86 competition.

The team which represented FL at the state meet was selected through a local science olympiad in which participants demonstrated their abilities. Science teachers then narrowed the group and brought them into the twin cities to show once again that academic competition at FL ranks right up there with the best of the sports.



SCIENCE STATE MEDAL WINNERS — Mary Reese, Mike Keyes, Karen Noyes, David DeAzevedo, Missy Smith.





Who has class and style and can always entertain a crowd? The Classettes. Their dynamic dancing has brought spirit and cheer to wrestling and basketball, as well as football. New uniforms were purchased with money from the sales of stuffed animals. A progressive dinner at Christmas was a highlight for them, not to mention helping the cheerleaders cheer at the region tournaments for basketball.



CLASSETTES — **Back:** Dawn Wyse, Loni Zempke, Jennifer Hammerrick, Kris Boorsma, Collen Cadwallader, Amanda Nelson. **Row 2:** Tonna Reinhold, Carrie Miller, Joyce McMullen, Sally Pelarski, Jody Van Bergen, Michelle Fonnest. **Front:** Sheri Gamelin, Jacki Zank, Sheri Edlund, Colleen Anderson, Chris Edelin, Kim Cosgrove.

Choirs Set Vocal Goals

Choir, according to director Lindstrom, set goals for the year. The sophomore choir worked at singing more music without the aid of piano or other musical instrument, to get more used to a chorale sound and vocal technique. Lindstrom emphasized that the group needed to concentrate on what they were doing and how to do it well. Concert choir worked on the same goal at a more advanced level. The chamber chorale set their own goal of working on difficult chorale music and doing it well.

Sophomores made some observations of vocal music at the senior high level. They felt that the choirs at FLHS differed from the junior high singing experience because the high school choirs worked for greater quality and were pushed harder to do things well. They also felt that there is a wider range of activities and a greater sense of accomplishment. Many students interviewed agreed that the teacher is very confident and professional. This gave the groups confidence too.



SOPHOMORE CHOIR — Michele Altavilla, Paul Anderson, Nichole Bass, Adam Blons, Kyle Bocklund, Chris Chandler, Jodi Christenson, Frances Cournoyer, Amy Czepa, Melissa Erickson, Tracy Ernster, Laurie Gagner, Michael Gressman, Rosemarie Groshens, Patricia Haven, Maria Hendron, Cyndi Holsman, Marcie Huttner, Toni Jensen, Becky Johnson, Melody Jeulich, Lisa LeRoux, Shannon Long, John Lynch, Lynn Malek, Sheila McAvoy, Lori Mendez, Kari Montean, Kris Nelson, Matt Noreen, Angelika Nusser, Barb Peloquin, Jami Peterson, Donna Shoberg, Chris Siebur, Colleen Skoglund, Andy Stafford, Victoria Steglich, Greg Straka, Krista Wassman, Amy Wies, Lisa Yezek, Louann Zaccardi.



CONCERT CHOIR — Douglas Anderson, Dana Bley, Joanne Boatman, Kris Boorsma, Colleen Cadwallader, Barb Clark, Melissa Collins, Cynthia Cunnien, Kristie Dahlberg, Sheri Edlund, Teresa Ekblad, Michelle Esberg, Birgitte Frier, Lisa Gladbeck, Robert Golden, Kim Graber, Amy Grunwald, Gina Guion, Stacy Gunderson, Tammy Herring, Tiffany Hier, Michelle Hoffman, Pauline Houle, Elizabeth Jergens, Wendy Johns, David Kobow, Chris Koch, Cynthia Kubicki, Craig Leibel, Susan Leslie, Sharon Long, Jennifer Masters, Jeana Matheson, Brenda McCarger, Kari Nelson, Tony Paulson, Carrie Pedersen, Kim Petersdorf, Lana Peterson, Jill Pietraszewski, Kristi Ralidak, Ted Rehbein, Jennifer Riddle, Theodora Rudolph, Andrea Rye, Liana Schmidt-Linnerooth, Spencer Schnacky, Joyce Schroeder, John Stubler, Mark Thurnbeck, Steve Tyson, Karrie Van Sickle.



CHAMBER CHORALE — Melody Anderson, Jeff Borash, Keith Campbell, Chris Edelin, Jeanette Elmstrom, Lisa Forman, James Gajeski, Richelle Gallaher, Lanae Gustafson, Tom Hallberg, Tina Herbert, Renee Hesse, Malcolm Houle, Clint Jarvis, Mark Johnson, Chris Kelly, Tate Meehl, Amanda Nelson, Karen Rector, Mary Reese, Joni Reiman, Stacy Rosenbaum, Heidi Schlaeger, Angela Schmitt, Deb Sonmor, Mike Sullivan.

CONCERT BAND — Kris Arndt, Brian Bachelor, Wayne Bennet, Jason Bergerson, Jeff Bromert, Chris Brown, Jennifer Dahl, Michelle Dornseif, John Dupre, Cari Ede, Doug Ekvall, Julie Englehorn, Angie Fandel, Kerry Fladland, Lisa Forman, Vonna Frederickson, Sherry Gamelin, Roxy Garrison, Jill Hanson, Laura Hathaway, Kathy Hehner, Eric Hill, Katie Holtan, Kim Houle, Mark Janssen, Dean Johnson, Greg Johnson, Sheri Johnson, Tammy Johnson, Terry Johnson, Stuart King, Ken Krammer, Nancy Lichtscheidl, Mark Lindeberg, Niki Loucks, Debbie Luddington, Tracey Maasen, Dave Mackay, Jennifer Maether, Carol Martin, Julie Mattson, Margo McGeary, Joyce McMullen, Dan Messelt, Nandy Miller, Missy Molitor, Theresa Morgan, Tom Myers, Amy Nelson, Carrie Nelson, Shantell Paul, Sally Pelarski, Craig Peterson, Craig Rettig, Deanna Rohe, Brenda Rudenik, Chris Rye, Mark Sechrist, Kari Sheldon, Lori Simmons, Deb Sonmor, Mark Stacy, Steve Storkan, Kathy Taylor, Kelly Tidgewell, Valenty Dianna, Jodi Van Bergen, Tom Venables, Ron Waataja, Holly Wedell, Shana Wiisanen, Kevin Williams, Lonnie Zemke.



WIND ENSEMBLE — Aaron Becker, Kim Berggren, Mitch Berggren, Christopher Brown, Cathy Casey, Becky Coleman, Jennifer Conlin, Rachelle Conner, Karen Crandall, Dave Falzone, Colleen Gardner, Amy Gross, Tom Hallberg, Darin Haworth, Chris Heineman, Janine Herman, Jon Hoffman, Malcolm Houle, Kari Hult, Shelly Hursh, Al Johnson, Mark Johnson, Michelle Johnson, Todd Johnson, Tonya Johnson, Lisa Krammer, Susan LaCasse, Bruce Lawrence, Steve Lichtscheidl, Paula Martin, Jim Marzolf, Joe Masloke, Dianna Miller, Adam Moen, Todd Moorhouse, Ann Morley, Chris Muchow, Kenton Munthe, Mark Nelson, Tim Pagois, Jennifer Parker, Bob Paulsen, Sheila Pletan, Jennifer Plummer, Heather Proulx, Shelly Quigley, Mary Ellen Rantenen, Jacki Rau, Lee Rettig, Heidi Schlager, Janel Schneider, Roark Schwagerl, Sue Stepka, Heather Stockton, Tina Stukel, Kris Swanson, Steve Tyson, Jan Voelker, Bobbi Walker, Kevin Werjan, Jill Whitney, Carla Wiisanen, Dave Zeren.



VARSITY BAND — Lisa Brodtman, Chris Brown, Becky Butterfield, Renee Cimbura, Julie Colonna, Weny Conley, Annette Dietrich, Deanna Dukowitz, Mike Ekstedt, Vicki Frederickson, Brad Fritz, Jenny Haworth, Michelle Haworth, Paul Hoppe, Kaylene Houle, Julie Johnson, Tod Johnson, Sharon Kastner, Linda Kazmierczak, Heidi Kertzscher, Tara Krinke, Jill Kwiatowski, Andy Larson, Jodi Larson, Kim Larson, Angie Lendway, Joe Liljedahl, Missy Mrciniak, Missy Morken, Tammy Morris, Sandy Nelson, Barb Noyes, Dawn Oase, Kristi Olson, Angela Osgood, Wndy Peiffer, Jason Pietraszewski, Lisa Pratt, Tim Saari, Wayne Sandberg, Tracy Schlichenmeier, Mia Schneider, Dan Shogren, Brian Solem, Melanie Steven, Shannón Sullivan, Kris Supinski, Rhonda Thiry, Cindy Thompson, Kim Thurnbeck, Kris Torgerson, Kris Ulrich, Brad Weber, Brian Winkler, Jim Wrobel.





More Legato!

"More legato and less stacato" could be heard in the band room as the massive marching band transformed itself into separate concert bands. The harsh notes from the marching field were replaced by sweet melodies and rhythms as concerts were prepared. Bandleaders Barb Storm and Rich Hahn stressed that though FL has a strong marching band reputation, it is not just a marching band but a concert band as well. Students also prepared solos, duets, and ensembles for contest where many A ratings were earned. The band may look great on the field but it is in the bandroom each individual honed his or her skill and added a special touch of class.



SYMPHONIC BAND — Colleen Anderson, Nathan Anderson, Tami Anderson, Kim Cosgrove, Paula Cotter, Colette Coulter, Jean Crandall, Rich Elliot, Sharyl Erickson, Steve Fonnest, Nichole French, Jay Froelich, Mark Funni, Amy Gessner, Stacy Graf, Dawn Greene, Katy Gross, Jeff Hoffman, Beth Houle, Bob Houle, Monica Houle, Karla Ingvalson, Maryjane Jaquish, Alan Jensen, Karen Johnson, Mary Jo Jeukens, Jeff Kari, Cheryl Kazmierczak, Brian Kwiatowski, Maureen Larson, Mark Lee, Mark Lundberg, Laurie Mattheis, Brett Mattson, Sammi Mattson, Cathy Meyer, Tim Michaelson, Cathy Miller, Paul Millington, Chris Moen, Dan Monson, Angela Morken, Nikki Myrvold, Karen Noyes, Beckee Olson, Mike Paulino, Scott Perry, Randy Power, Dicie Quittum, Jason Ramseth, Denise Rands, Cindy Rapacke, Lisa Ratei, Greg Reeves, Sue Rosenquist, Suzann Schleder, Joan Schuett, Michelle Scott, Deb Seiler, Lisa Steven, Lee Streitz, Liz Stumbo, Tanis Swanson, Greg Swenson, Missy Tornel, Patsy Toyh, Kari Trudeau, Andy Zaske, Dan Zemke.



FFA Wins Fair Prize

Maintaining an agriculture program in times of difficult times in agribusiness was a challenge for the Future Farmers of America. Students competed and won at local and state levels, proving that the future of agriculture may hold promise due to the experiences of the agriculture students at FLHS. Led by Mr. Marzolf and Mr. Hyatt, the students won first place for their horticulture exhibit at the state fair. They also sent a strong contingency to the national convention. For FLHS, the most memorable and visible part of the program was FFA week in February. Students participated in various contests, found the medallion, and teachers enjoyed the annual lunch and contests in the ag room. Some of them even vowed they would practice their sawing skills before next year.

FFA — Back: Bob Marzolf, Loyal Hyatt, Angel Breth, Cindy Anderson, Shelly Miron, Mike Aljets, Bruce Brown. **Row 2:** Mike Hanson, Jenny Haworth, George Hughrs, Paul Anderson, Jim Marzolf, Matt Branum, Rat Turso, Jim O'Hara, Cris Davis. **Front:** Alicia CcConnal, Kim Nissen, Marcie Huttner, Tara Regal, Aaron Aho, Kirby Olson, Chris Miron.



FFA JUNIOR OFFICERS — Aaron Aho, Cindy Anderson, Shelly Miron, Mike Aljets, Bruce Brown.

FFA OFFICERS — Back: Matt Branum, Jim Marzolf, George Hughes. **Front:** Tara Regal, Chris Miron, Cris Davis.



BREEZE EDITORS — Colleen Hennen, Denise LaBore, Roberta Clark, Renee Hesse.



FORESTER STAFF — Jennie Christenson, Katie Schlenker, Amy Childers, Michelle Johnson, Kristy Ralidak, Margaret Boyer, Denise Mondor.



News Is Expensive

News is a priority for the Breeze and Forester. Although the products are different, many of the formats are the same. The newspaper relies on the printed word to get the ideas across, while the yearbook relies on pictures with print as supplementary information.

Both publications have felt the pinch on students' time. It gets to be a major challenge to get work done for a deadline when there are so many activities pulling for students' attention. This problem is second to the huge amount of money it takes to produce their products.



FORESTER EDITORS: Denise Mondor, Michelle Johnson, Janice Jarosiewicz, Kris Schlavin.

BREEZE STAFF — **Back:** Kara Palas, Deanna Johnson. **Front:** Lissa Plummer, Connie Bengston, Mark Fearing, Jeff Arnholt, Tammy Schmidt, Lisa Gleixner, Melissa Smith.



FORESTER STAFF — **Back:** Angie Larson, Paula Marten, Becky Johnson, Laura Thompson. **Front:** Cyndy Kubicki, Angie Root, Maura Madden.







Tournaments Keep Debaters Running

Debate seasons come and go and very little changed this year. Once again the team was successful. The winning tradition was carried on, not without tons of pressure to meet research deadlines.

A bright spot for the team was their achievement in tournaments. They even found time to plan, host and participate in the FLAKE Stakes tournament held in our school.



DEBATE — **Back:** Kris Ulrich, Theresa Burros, Andy Law, Bob Elsenpeter, Brad Weber, Steve Vornbrock, Scott Perry, Bob Paulson, Darin Boeck, Chris Gorton, Dan Monson, Anita Hollihan, Troy Ernster, Coach Sunne. **Row 3:** Mark Stacey, Angela Burth, Jerome Raymond, Kelly Tidgwell, Chris Parent, Missy Marcniak, Steve Miller, Adam Blons, Darin Matheson. **Row 2:** George Wolfe, Lisa Mattson, Mia Schneider, Laurie Gagner, Jeff Arnholt, Ray Smith, Ann Morley, Sue LaCrosse. **Front:** Brent Boyd, Cyndi Rapacke, Monica Houle, Laura La Voie, Tim Johann, Jenni Flanagan.



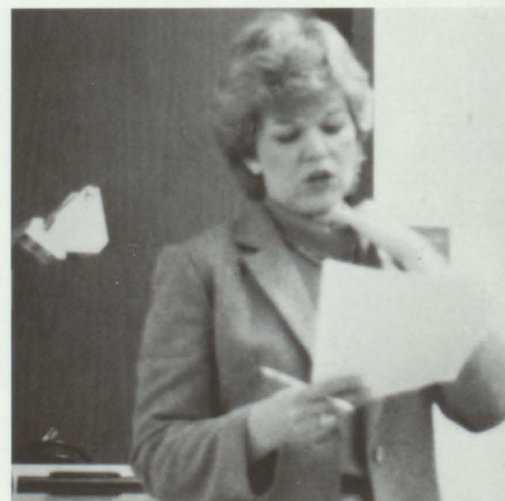
MATH TEAM — Back: Troy Ernster, Roberta Clark, Jeff Arnholt, Chris Parent, Jim Campbell, Bob Paulsen, John Tobako. Row 2: Ikuro Yamamoto, Tana Reinholt, Annette Sedelmeier, Jennifer Parker, John Zherad, Chris Ciezilski. Front: Janet Kazmierzak, Missy Smith, Mary Reese, Sue LaCasse, Tim Johnson.



ELECTRONICS CLUB — Back: Adviser Branson, Gary Berg, Bob Elsenpeter, Tony Steinbach, Chris Carey, Joe Juhlowski, Brad Nelson. Front: Mark Sheldon, Noel Ayers, Jeff Juhlowski, Steve Herzog.



'85 MATH TEAM — NATIONAL COMPETITORS — Mary Reese, Missy Smith, Jim Brevig, Tate Meehl.



OUTDOOR EDUCATION CLUB — **Back:** Annette Sedelmier, Marc Sheldon, Patti Bohaty, Julie Vomela, Tracy Davies. **Row 2:** Michelle Balsimo, Sherry Gamelin, Krissy Strantz, Jennifer Thue, Missy Smith, Cheryl Kazmierczak. **Row 2:** Rachelle Conner, Shelly Hursh, Karyn Noyes. **Front:** John Hoffman, Greg Johnson.



Courses Inspire New Clubs

Educational consultants claim that schools exist to provide life-time skills, not just work skills. Several areas of the curriculum are providing activities which foster interests and hobbies. There was the FHA (Future Homemakers' Club) offered by the Home Ec department. Math and science students get to experiment with bigger problems on the science and math teams. Students with interests in the outdoors lobbied to form an outdoor education club. Each group found that skills carry over, and that school is more than a training ground. It is a place to have fun.



FHA — Kristen Ulrich, Michelle Balsimo, Chrissy Strantz, Sherry Gamelin, Chris Schweiger, Theresa Burros, Malissa Marciniak, Adviser Orlich.



STUDENT COUNCIL — Back: Lissa Plummer, Tim Menne, Brenda Gabrick, Chris Obst, Steve Lichtscheidl, Joe Juhlowski, Katie Gross. **Row 3:** Andy Zaske, Kim Costello, Sarah Dupsloff, Karla Ingvalson, Sheila McAvoy, Kara Palas, Lisa Rose, Beth Plummer, Margo McGeary. **Row 2:** Jeff Young, Wendie Jackson, Suzy Ulvin, Jan Voelker, Amy Plantz, Monica Lindell, Andrea Lambert. **Front:** Tom Hallberg, Tata Krinke, Todd Fultz.



Students Busy, Council Serves



OFFICE AIDES — **Back:** Kim Fischer, Stacy Miska, Leroy Sherman, Lisa LaRoux, Becky Johnson, Mike Hoppe. **Front:** Lori Murawski, Kari Koppy, Stephanie Dellwo, Joey Reed, Brenda Ostrowski, Colleen Bell.



GUIDANCE OFFICE AIDES — **Back:** Sue Fredrickson, Tina Carlson, Stephanie Gosiak, Amy Childers. **Front:** Kari Sheldon, Amy Haroldson, Tracy Boyce.





Student Aides Kept Active

"They helped us a lot!" was the opinion of the secretaries. Students who worked in the office as aides filed papers, typed, copied papers, helped with mail, and scheduling changes. They also alphabetized, checked people in, and delivered passes. Visitors were directed by them. Any job that needed to be done was fair game for the helpers. As Mr. Rygh put it, "Without the help and assistance of the office aides, the work could not get done in the attendance office. They are greatly appreciated."



OFFICE AIDES — Dianna Miller, Jackie Rau, Sara Tueffel, Theresa Morgan.



LIBRARY AIDES — Roberta Clark, Eric Ziegler, Colleen Bell.

CHEERLEADERS — 1. **VARSITY WRESTLING** — Diana Valenty, Kim Newman, Jill Wavrin, Joni Reiman, Julie Mattson, Paula Tyler, Kellie Frederickson. 2. **B SQUAD WRESTLING** — **Back:** Jodi Christenson. **Row 2:** Jill Hanson. **Front:** Kristi Olson, Vickie Ethan, Vicki Frederickson. 3. **VARSITY HOCKEY** — **Back:** Kris Werth. **Row 2:** Robin Schliesing, Kim Cossette. **Front:** Kathy Johnson. 4. **JV HOCKEY** — **Back:** Kari Reese. **Row 2:** Gina Butterfield, Denise Krenz. **Front:** Jami Peterson, Marnee Olmstead. 5. **JV FOOTBALL** — **Back:** Carrie Howes, Jodi Schwartz. **Row 2:** Nandy Miller, Jean Crandall, Vicki Fredrickson. **Front:** Jami Peterson. 6. **B SQUAD BASKETBALL** — **Back:** Carrie Howe. **Row 2:** Nandy Miller, Jean Crandall. **Front:** Jennie Maether, Jodee Schwartz. 7. **VARSITY BASKETBALL** — **Back:** Shantell Paul, Andrea Lambert, Stephanie Trumbauer. **Front:** Teresa Nikila, Kathy Casey, Nikki Loucks. 8. **VARSITY FOOTBALL** — **Back:** Katie Holtan, Stephanie Trumbauer, Jill Wavrin. **Row 2:** Serese Thurnbeck, Teresa Nikila, Julie Mattson. **Front:** Andrea Lambert, Kellie Frederickson, Chris Werth.



1.



3.



4.



7.



Cheerleaders Gained Fan Participation

Crowd participation was always a problem in the past, but the '86 squads did a good job of demanding participation from the fans. Easier cheers caught on the best and made the gym rock with noise. Enthusiasm ran especially high when the band was playing. They were like a back up squad to the girls as they worked so hard to get fans excited.

2.



5.



6.



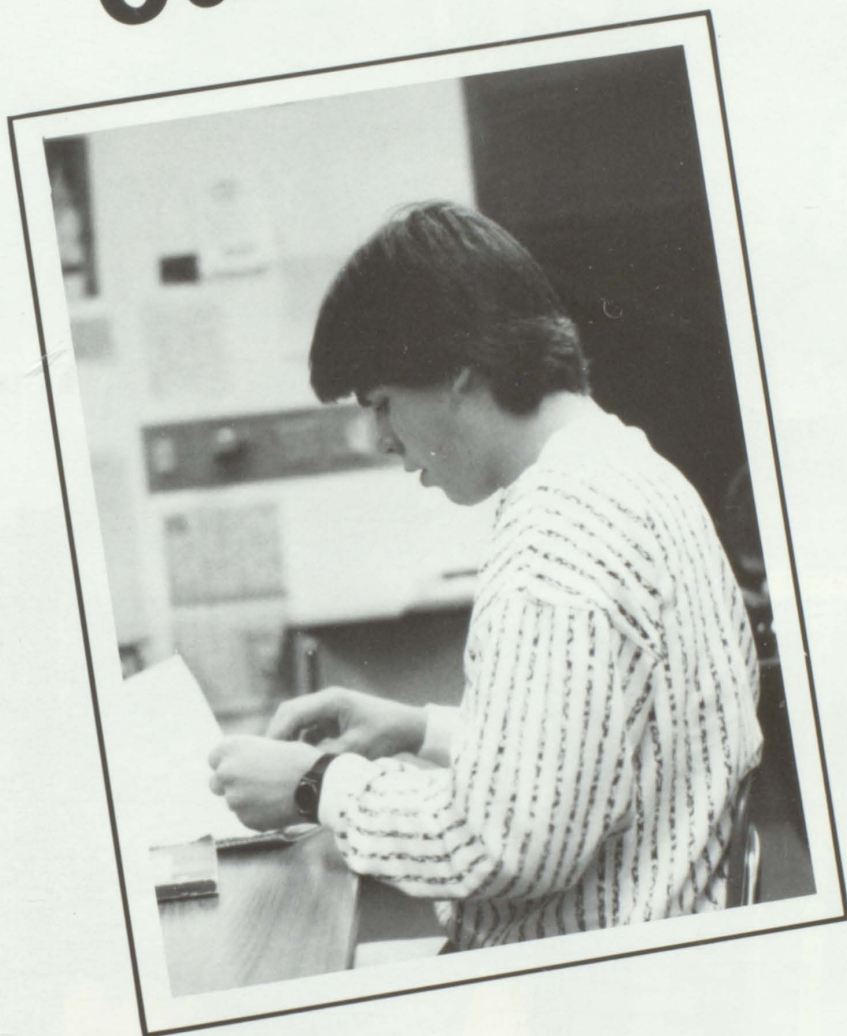
8.



A lot of the memories we have of school life will be of events not directly related to any specific club or class. But the fun times and the friends made will definitely be a part of the activities which added class to the lives of many students.

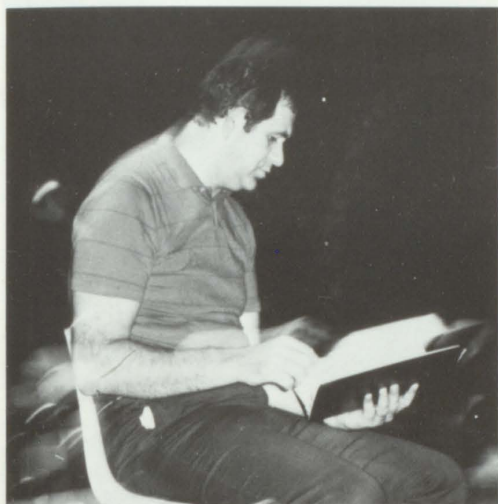


out of class



Hello Dolly





Cast and set-wise, "Hello Dolly" is the largest production produced in the fall. Choice of the show was made considering the talent available, preparation time, student interest, and making a choice between a show with a message versus one purely for entertainment.

Production began last spring with preauditions. Fall brought auditions and set construction aimed at opening night October 30. Audiences watched a cast of 60 perform on nine sets. Director Hebert capped the season by saying, "The play has had to work around a lot of conflicts." Set Director H. John Olsen remarked, "This was the best backstage crew I have ever worked with."

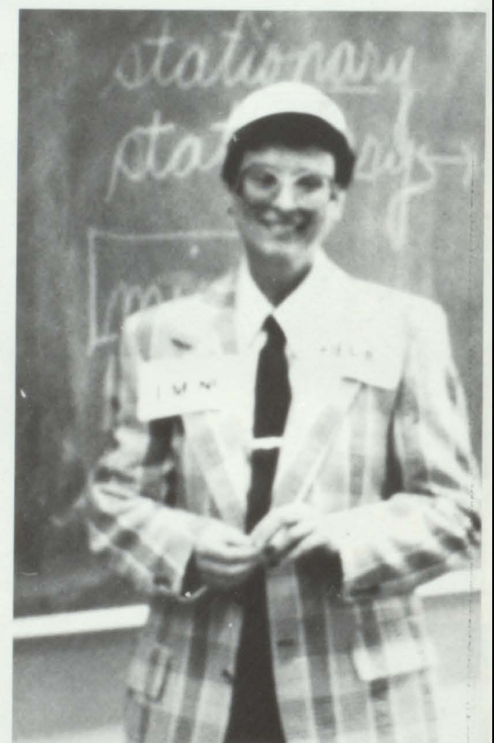
Special Week Promotes Spirit

Wild, exciting, and spirited are just a few of the terms used to describe homecoming '85. The week started out with a touch of class and ended with a bang of school spirit. All five days showed the loyalty the students feel for FLHS. Events included dress up day, the parade, the big game, and the alumni polka.

The Ranger warriors started off the coronation where Amy Gross and Tom Hallberg were crowned Queen and King. The candidates and cheerleaders led the school out to the bonfire and snake dance. Even though we lost the game, the school spirit and enthusiasm kept everyone going.









Flaketown Festival



STAFF USES
KID'S
PLAN

Flaketown's main event is the annual Flaketown Festival. The festival is a great opportunity for students to show their talents and have fun. The festival is held in the gymnasium and is open to all students. The festival is a great way for students to have fun and show their talents.





Teachers Attend Summer Workshop



STAFF USES WORKDAYS TO PLAN

Better schools became a media issue in the '80's. The Minnesota legislature jumped on the bandwagon and set aside training sessions for teachers and administrators called the Minnesota Educational Effectiveness Program (MEEP). Teams were trained to facilitate school improvement programs. FLHS staff gave up workshop days and summer vacation time to set goals and effect changes for the future.





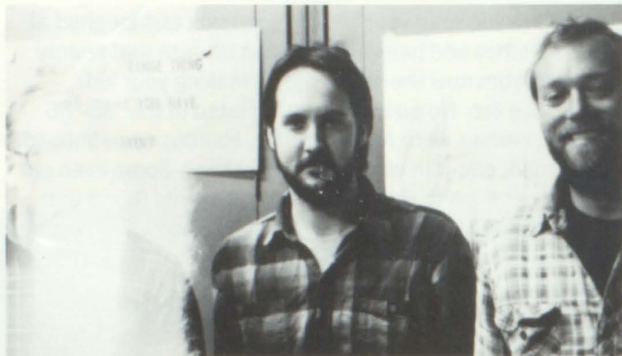


Clothes and Hair Get Bold and Daring

Have you read your Mom's yearbook and laughed at the clothes and haircuts? You can be sure that twenty years from now the styles will be making your kids chuckle too. No one style was dictated in the '85-'86 year; clothes were really eclectic. Hairdos were bobbed, permed, or cut in wild and daring styles. Some even got brave enough to shave the sides. Students found that the choices of style allowed them to make some bold and personal statements.



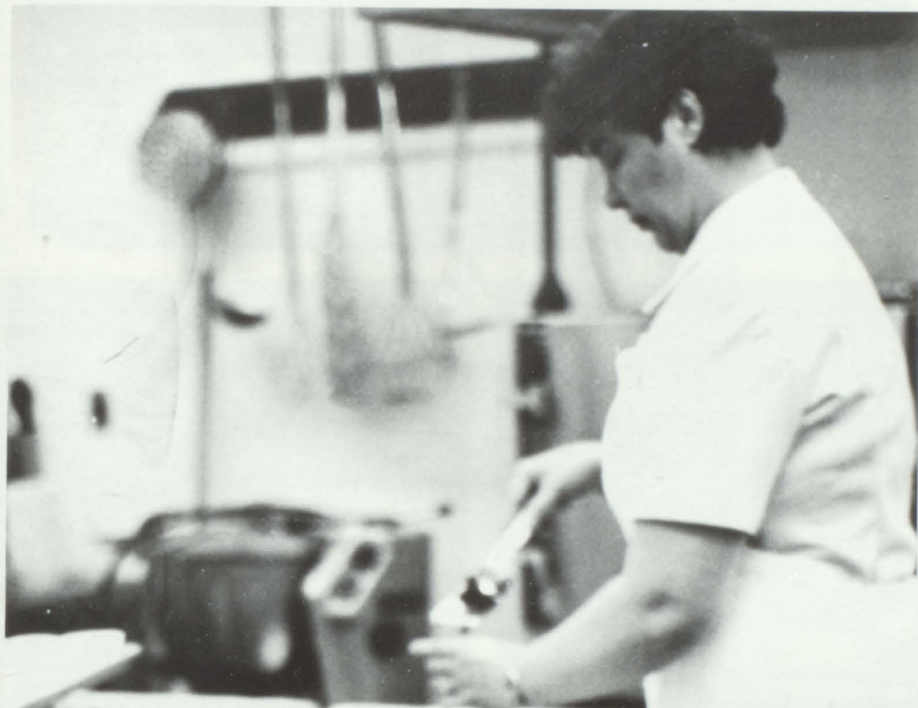
CUSTODIANS — NIGHT CREW — Jerry Robinson, Jim Guegle, Gary Stegen.



CUSTODIANS — EVENING CREW — Mick Haugen, Jim DeGreef, El Zuleger, Lloyd Hansen.



CUSTODIANS — DAY CREW — Bud Houfer, Don Mudrick, Don Johanson, Ira Hollingsworth



Salad Bar Makes Hit

Taken for granted, the food service staff and custodians were the silent part of the curriculum which many forgot to acknowledge. Wouldn't students be surprised if they came to school one Monday and someone announced that there would be no lunches served? And what about the mess in the halls every night after school? It would be a pit if the custodians did not work so hard to keep everything clean hourly, not to mention all the extra work done after school and during the night to maintain a spotless image. The excellent conditions of the building and lunch program make school a better place to be.



COOKS — BACK: Pat Regal, Marcella Millerin, Barb Kranick. **Front:** Kathleen Krizan, Shirley Moore, Renee Wendt, Cheryl Ekblad, Jan Soebbing, Joyce Proulx.



Student Teacher Adds Color to Art

How do teachers learn to teach? Besides attending four years of college, they spend a quarter in a school student teaching. Forest Lake's art department enjoyed the work of Marlys Frank, a student teacher from the University of Minnesota. She performed all the regular activities of a "real teacher" with the help and supervision of Mr. Hansen. Her activities in the classroom were also monitored by a supervisor from the University.



Tom Hallberg

Thanks a lot, Tom. It's been great. Love, Mom and Dad



Pat Rewey

Congratulations, Pattie! We knew you could do it. Love, Mom, Dad, Alex and Greg



Bill Coleman

Now *that's* class!



Class of '86
Lino Lakes
Graduates

The Lino Lakes Elementary School Staff extends our congratulations to our former students.



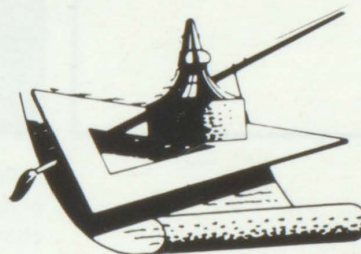
Lila Chadner



May the cross always help carry you through . . .

Seniors
Forester Staff

Congratulations and *many* thanks to all seniors who worked on the yearbook staff. I'll miss you. Good luck, Mrs. O



Gary Menne, Chris Husnik

Buddies from start to finish. You both made it and we're proud of you! Love, Mom and Dad



Jodi Peterson

Good luck kid . . . from Todd



Carla Wiisanen, Pat Cameron

Starting your school career on the first day of kindergarten. Congratulations on your fine job.



Student



People who do special projects or have unique talents are in a class all by themselves. The students at FLHS have a lot of kids who participate in special activities outside of school. Others speak out for what they believe in and make a special impact on our school.



class of their own



SOPHOMORE SPANISH — Back: Jason Aicher, Angie Ferraro, Jill Kwiatowski, Tom Bance, Shannon Swanson, Barb Noyes, Deb Steffenson, Jenny Maether, Amy Utecht, Jim Vomela, Wade Hermes, Matt Meyer. **Row 2:** Sue Mara, Shanna Weissanen, Paul Millington, Katie Gross, Dawn Oase, Maureen Larson, Kris Ulrich, Angela Wirth, Jeff Young. **Front:** Chris Locke, Tonna Reinhold, Lisa Rose, Tammy Carey, Nikki Grandstrand, Rhonda Thiry, Sherry Gamelin, Michele Altavilla, Geri Miklos.



SOPHOMORE FRENCH — Back: Karla Ede, Dan Pakulski, Dave Hoffman, Brian Blazevec, Steve Miller, Bobb Elsenpeter, Darren Boeck, Tammy Peterson, Mike LaMeyer, Eric Houle, Lee Streitz, Jennifer Anton, Steve Bleiler, Mike Kane, Lisa Pratt, Miss Guderyon. **Row 2:** Michelle Kopesky, Michele Hansen, Jill Hanson, Sharon Stendahl, Beth Schumacher, Vicki Frederickson, Michelle Dornseif, Michelle Balsimo, Kirk Moellerman, Patty Olson. **Front:** Angie Larson, Gary Korf, DeAnna Dukowitz, Sheila McAvoy, Adam Blons, Monica Houle, Cindy Rapacke, Becky Coleman, Dawn Wyse.



JUNIOR FRENCH — Back: Donna Niedzielski, Jenny Parker, Aaron Becker, John Dahlquist, Beckee Olson, Jenny Ames, Jenny Struble, Lisa Kramer, Kris Boorsma, Karen Culp, Ms. Guderyon. **Front:** Beth Houle, Amy Nelson, Stacy Miska, Kari Koppy, Stacey Grimes, Mark Stacey, Chris Parent, Nikki Loucks, Sara Dupsloff.



SENIOR FRENCH — Back: Brenda Gabrick, Chris Obst, Patty Bohaty, Lori Lindgren, Lisa LaMere, Deb Boeck, Roberta Clark, Jim Bacigalupo, Missy Smith, Trudi Carlson, Mary Kiffmeyer, Heather Stockton, Donna Shatava, Amy Houle, Denise LaBore, Ms. Guderyon. **Front:** Jill Pietraszewski, Shelly Hursh, Kackie Rau, Wendy Jackson, Mary Ellen Rantanen, Melissa Plummer, Annette Sedelmeier, John Hoffman, Roark Schwagwerl, Dave DeAzevedo, Jackie Zank.



Languages Welcome New Teacher

EXCHANGE CLUB — Back: Ms. Mulliken, Melissa Plummer, Annette Sedlmeyer, Birgitte Frier, Michelle Balsimo, Patty Olson. Front: Erik Kornbo, Roger Cuellar, Ikuo Yamamoto.



With the addition of a new French/Spanish teacher and increased enrollment in the classes, the French Club has had a busy and productive year.

There have been field trips for French films and plays, work on the homecoming float, and of course, French food and cooking! The club had their annual candy sale during homecoming week to raise money for their activities.

Some students have pursued the study of French with trips to France during the school year and the summer. Several students attended the Concordia Language Camp for a weekend.

Along with the newly formed Exchange Club and the Spanish Club, the French Club has worked this year to promote study of foreign languages and cultures. They sponsored the foreign language week. Included were activities which work to promote the study of foreign language. Foreign students from the area were invited to visit the school and spend the weekend with host families.

This year has been a fun and growing time for the French Club and efforts have been made to make next year even better!

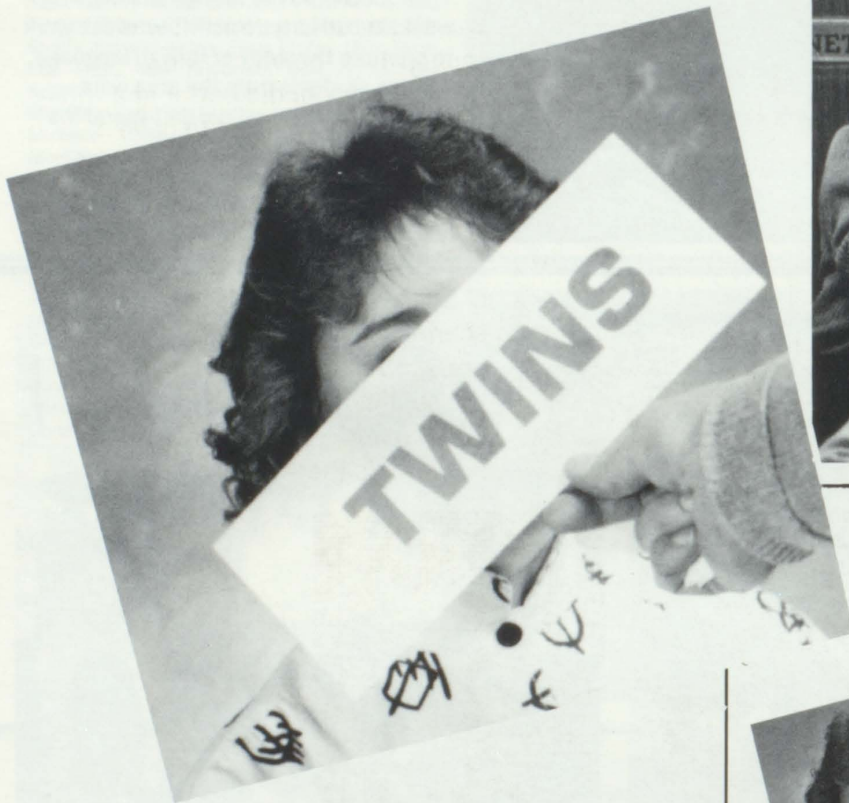


JUNIOR SPANISH — Back: Rich Vomela, Adam Wojtowicz, Korey Finnes, Dave Drolson, Bob Paulson, Dan Deppa, Chris Giavnik. Row 3: Ann Gressman, Steph Trumbauer, Cathy Casey, Theresa Burros, Vonna Fredriksen. Row 2: Cindy Gleixner, Sarah Hermes, Sue LaCasse. Front: Paul Eksted.

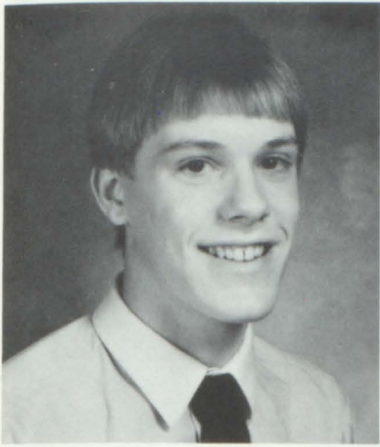


SENIOR SPANISH — Back: Mike Booth, Sr. Franzen, Suzy Ulvin, Karyn Noyes. Row 2: Darci Nelson, Roger Cuellar, Kenton Munthe, Tammy Schmidt, Jennifer Plummer. Front: Jeff Imsdahl.

TWINS!



Twins Connie
and Chris Houle

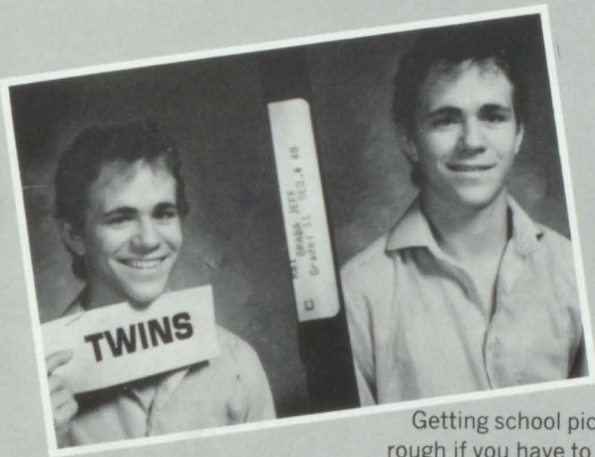


Juniors Ken and Lisa Kramer

FL Twins Don't Fit Any Mold

Did you ever dress up as twins? At FL we have several sets of twins who do not have to pretend to be look-alikes. Many of the stereotypes about twins have come true for "our" twins but just as many have not. For example, many of them were dressed alike as children. Others call their twin their best friend.

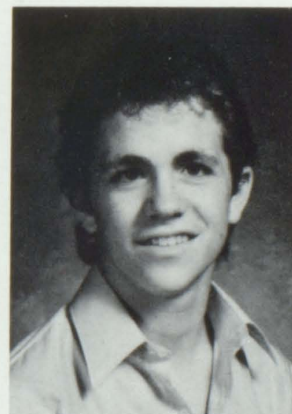
As they get older "twinness" wasn't so fun anymore. It was tough when the other twin got better grades or did better at a sport. But it was great to have a cheering section already made. If you have the same friends, then it's easy. But if you don't, then it's rough. Your social lives might be in conflict at times. It also means sharing big events like birthdays and graduation. A twin never gets the spotlight alone. On the other hand, if it is a scary event, someone's there to give support.



Getting school pictures taken can be rough if you have to worry about having the right name on the picture. The Graba twins use the sign to help cut out mistakes.



Jodie and Jill Wallraff not only look alike, they have similar interests.

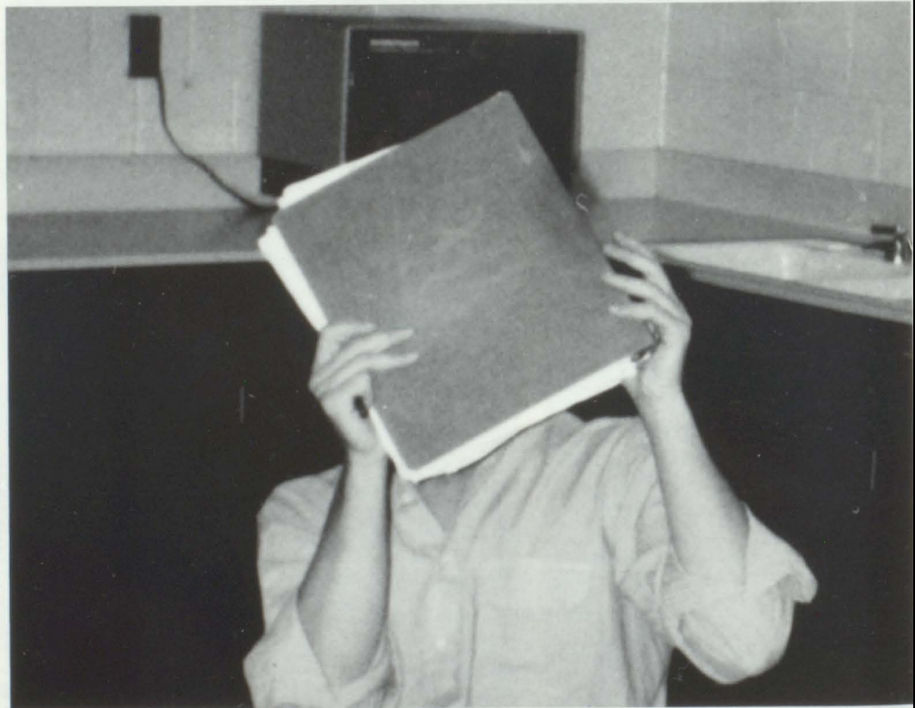


Can you find the twin that matches this face?

WCCO Calls Them Kids Having Kids

Teenage girls who find themselves face many decisions. Their choices were determined by what is best for the child or what is best for me or some compromise between the two. From the time she gets pregnant until the birth, a teen mom is flooded with decisions. There are a lot of numbers about teen parents but the cold facts do not take into consideration the emotional aspects of the problem. That is where schools need to take an active role in not only helping teens avoid pregnancy, but also being prepared to work with the girls who do find themselves pregnant.

80% of the pregnant girls drop out of school. 40% of the young women who turn 14 this year will be pregnant some time during their teens. Many teens choose to give up the child, while many also choose to keep the baby. For the teens who marry, two-thirds of the teen marriages end in divorce within five years.



A forgotten element of the teen parent statistics are the young fathers. Many of them need counseling just as the girls do, but since they are not carrying the child, they are overlooked. Should they be counseled to help their girlfriends decide what plans to make? If the girl makes a choice that goes against his wishes, then what recourse does he have? Articles on teen fathers mention "very few teen fathers accept their responsibility." Should the school help them know how to do this?



Schedule Hectic for Teen Moms

It takes a lot of courage to stay in school and face the chore of homework while raising a child. Articles written about teen mothers all include this fact. What the articles missed is the fact that teen moms do not think of themselves as one of a statistic. A teen mom, like Carla Cole, was caught up in the busy schedule of diapers, bottles, childcare, and homework. As one junior girl put it, I had to give up my baby so I wouldn't have to make choices between school and him.

Carla chose to keep her child, a decision that also fits with teen parenting trends. Anyone talking to her knows how much there is to get done in a day. An unnamed boy from the senior class marvelled, saying, "It takes a lot of guts to keep on when people can be so critical. She's got a lot going for her."



Can you imagine coming home with an armful of homework and facing a busy toddler who wants all your attention? Friends can really help a teen mom get through the stages of waiting for the baby.

WCCO 24/7
 There's Nothing
 Having a Good
 Time Like
 Having a Good
 Time Like
 Having a Good
 Time Like

Some students just give up and sleep in school.



MATH TUTORS — Back: Karyn Noyes, Jill Vomella. **Row 2:** Shelly Hursh, Missy Smith, Roberta Clark. **Front:** Dave DeAzevedo, Jim Brevig, Rachell Conner, Troy Ernster.



MATH TUTORS — Back: John Pruitt, Bill Rick, Julie Vomela, Matt Welage, Dave Drolson, Tina Stukel, Jenny Parker, Kent Munthe. **Row 2:** Cheryl Kazmierczak, Chris Ciesilski, Wendie Jackson, Karyn Kieffer, Chris Parent, Cathy Miller. **Front:** Missy Smith, Stacy Grimes, Sue Stepka, Ann Morley, Sue LaCasse.

TUTORS — Back: Mrs. Olson, Amy Houle, Tammy Schmidt, Serese Thurnbeck, Chad Krinke, Dave DeAzevedo. **Front:** Rachell Conner, Dan Phaneuf, Brett Stueland.

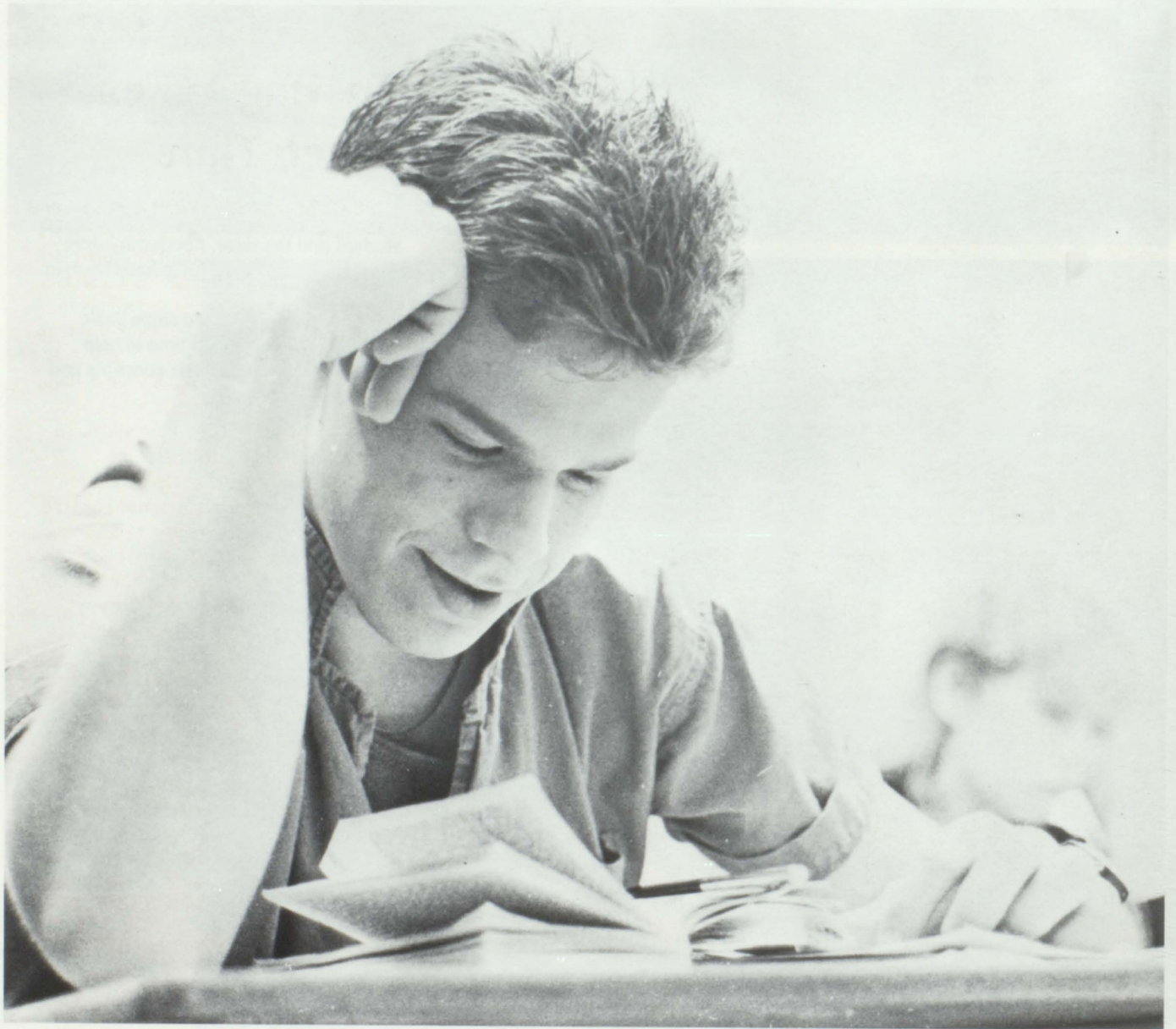


Tutors Donate Valuable Time

Everyone feels helpless in a class from time to time. For some people, though, the feeling never went away. Tutors saved the day for students who needed help staying caught up in classes. To be a special education tutor students had to have at least a "B" average and a desire to help others learn. They also had to be cooperative and willing to take suggestions. Most of all they felt they enjoyed working with others. Mrs. Olson feels it is a good experience for both the student and the tutor. About the tutors she said, "It is wonderful to have them in the program."

Math tutors served the same basic function. They arranged time to help students understand basic concepts and to prepare for tests.







Testing Takes Much Time

PSAT, ACT, SAT . . . What are these and why do we need to know? These are tests which play a role in students' future plans. Juniors take the Preliminary Scholarship Aptitude Test to determine eligibility for many scholarships, especially the National Merit Scholarship. Some colleges look at this score, too. All it took was five dollars and three hours of time.

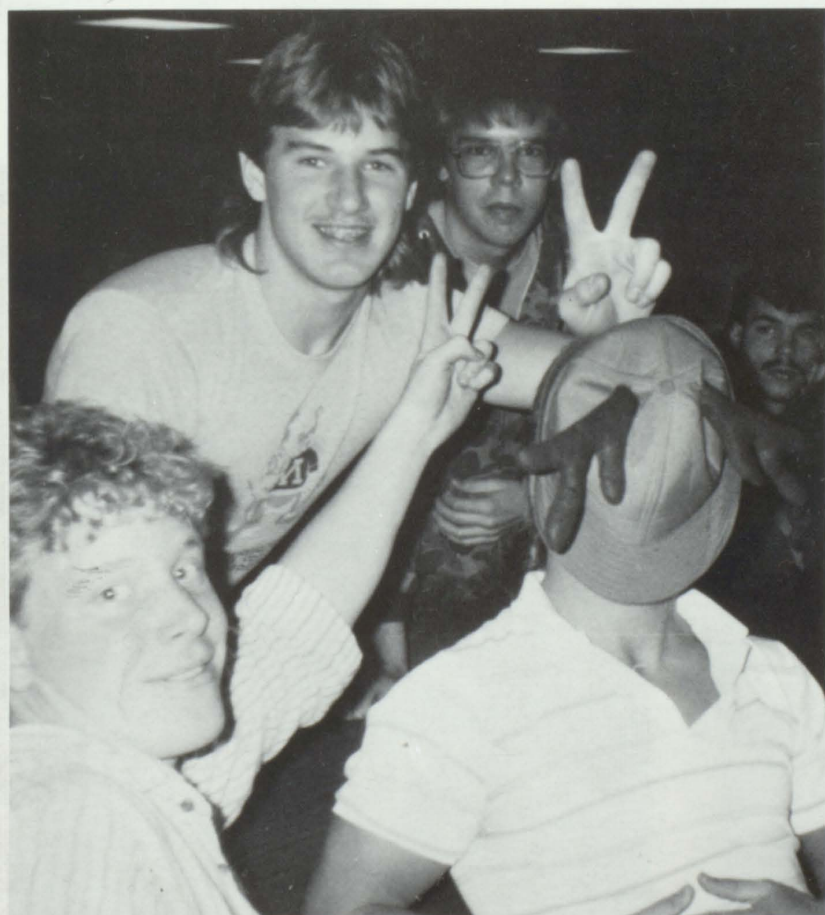
The ACT and SAT test were similar in that they were used to determine entrance into college and to determine general knowledge. An important aspect of the tests is to also measure reasoning abilities and how well students can apply the information they have. Many students checked out books and bought study guides to prepare for the tests because there is so much competition for scholarships and loans these days.

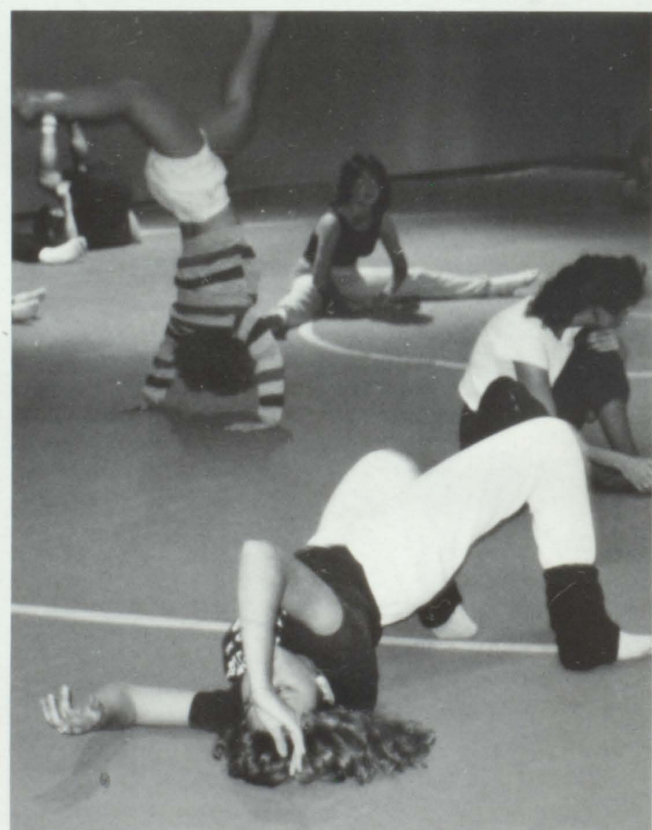
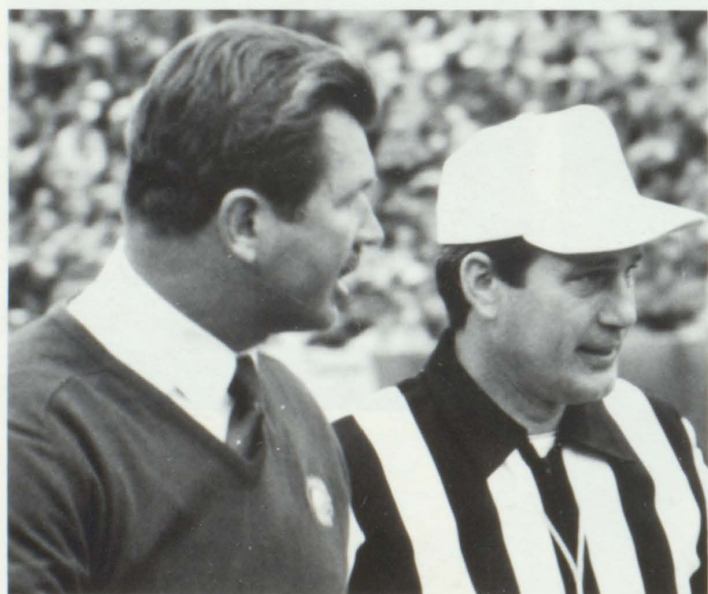
It's a Bummer!

We all have had fears about one thing or another. Girls at FL are not exempt from worrying. In fact, they shared some specific items which we classify in the "it's a bummer" category. For example, it is a pain when "your younger sister bosses you around." Some other comments were: It is a *real* bummer when "the lifeguards go on break" . . . "you see your boyfriend with another girl" . . . "I don't have time to put my make-up on" . . . "I failed my driver's test" . . . "my brother's friends tease me" . . . "and probably the worst of all, my bathing suit fell down at Forest Lake."

Guys have their fears, too. Paul Underdahl mentioned being terrified about wearing striped underwear with see-through pants. Eric Kornbo's fear is a practical one, forgetting his lunch. Matt Gardiner is terrified about getting into a wrestling match with Mr. Dettmer and getting "turned into a human pretzel." Many students' fears deal with school. Melissa Strantz worries about tripping with a tray full of spaghetti. Diana Eberhardt said, "Not graduating." Angie Stafford mentioned walking into a classroom full of seniors. Sheron Watson worries about walking into the wrong room too. In this case the wrong room would be the boys' bathroom.









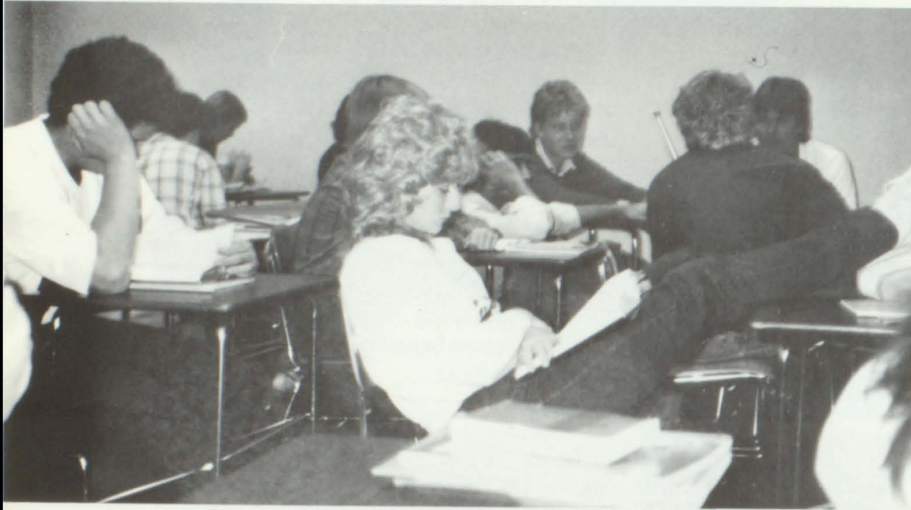
Witness for Fitness '86

Fitness continued to be a craze. Students joined weight lifting classes. A winter running club was formed. Memberships at health clubs increased, as did the number of "new" diets tried. All in all, students spent time trying to improve their physical health.

Physical education classes continued to encourage life-time activities. Teachers got into the act, too. Running and joining aerobics classes became a part of their regular activities.



Becky Johnson says she doesn't think it is fair, especially if someone cheats and gets a better grade than someone who worked hard for the assignment.



Mary Ellen Rantanan works in the office and deals with attendance. She hasn't heard of any specific case of cheating.



Mrs. Wiley teaches occupational relations classes and notices how much some students like to rely on others for the answer. She also mentioned that some students just want the teacher to give the answer so they don't have to work for it.



Kirsten Cleveland said they are only hurting themselves.

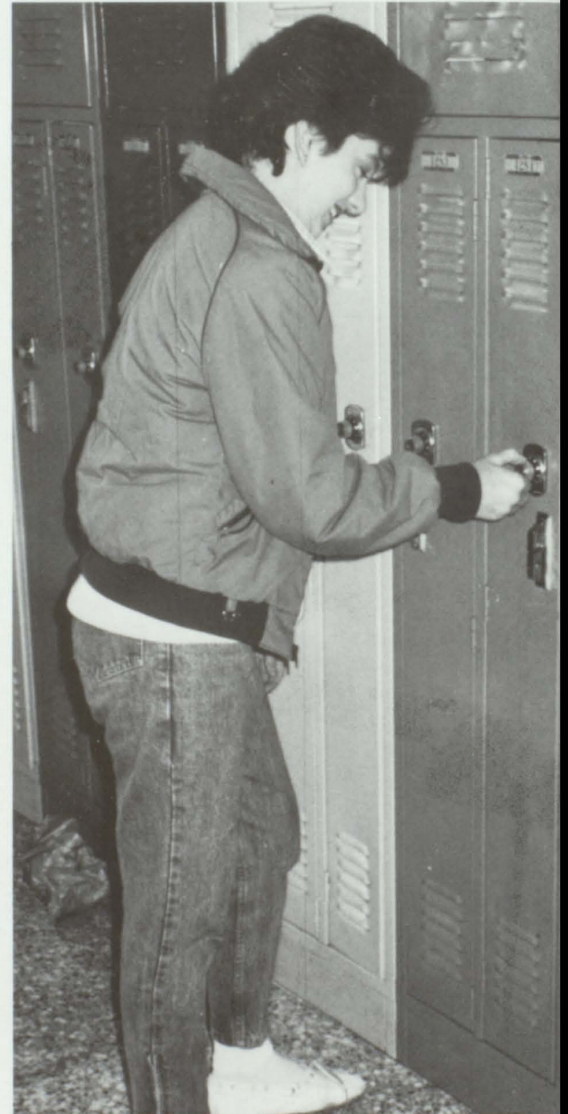
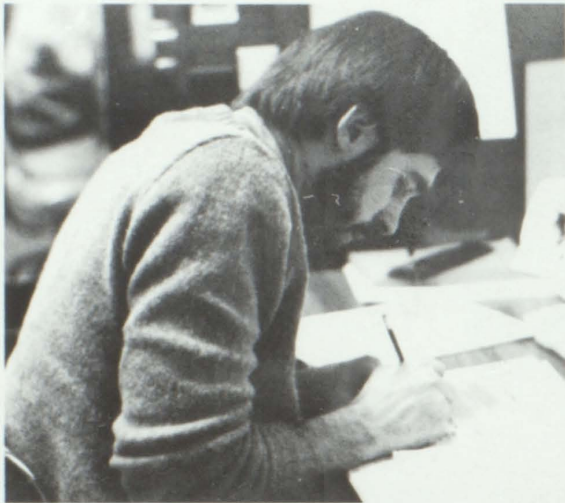


Cheating Examined in Poll

Do students cheat at FLHS? Yes, they do. Would you cheat if you had the chance? This becomes a very personal issue. Yet in an informal poll, many students felt that cheating affects everyone because it can have a strong effect on the whole class. Students disagreed about what constitutes cheating. Many felt it is only cheating if you "borrow" answers for a test.

Teachers were faced with confronting cheaters and calling their parents. Zeros were given. In some cases "F's" were given for entire courses because an assignment was so important. Are students under so much pressure that cheating is necessary? Some say yes, and it is worth the risk. Students and teachers shared one common comment. They admitted that it seems a lot of kids cheat, and that it is not fair to the kids who do their own work. A student who asked not to be named said, "It doesn't really bother me!" Common methods included writing on hands, ankles, cheat sheets, desks and folders. It's become one more thing for teachers to look for during an exam, which takes time away from kids who might have questions.







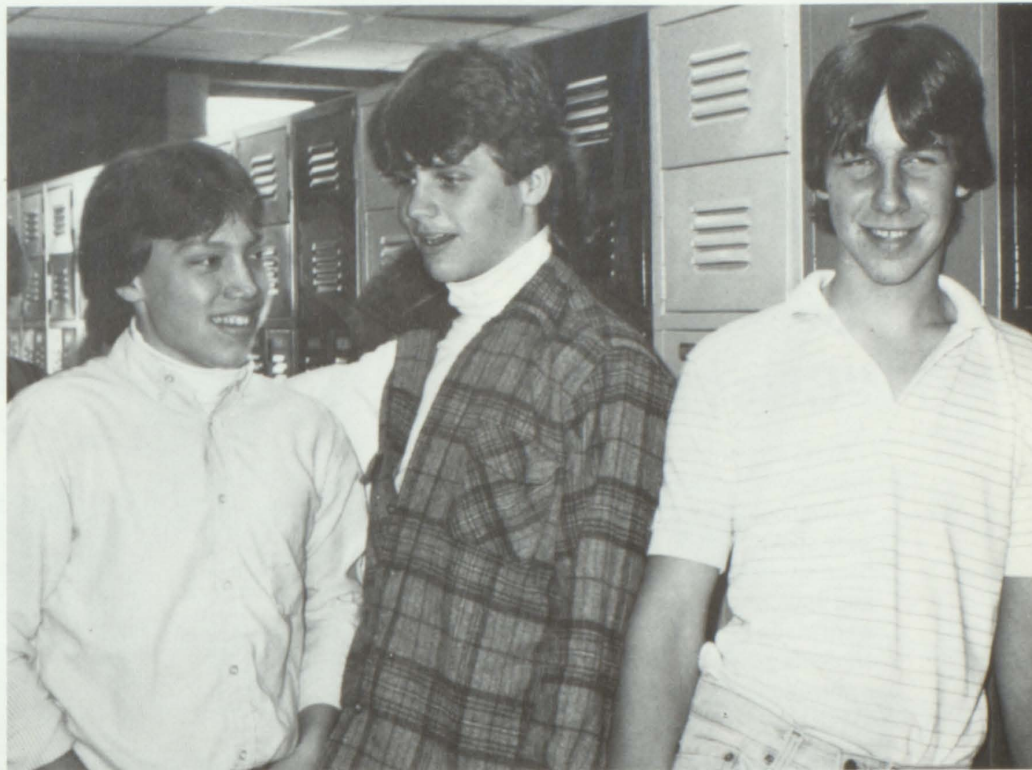
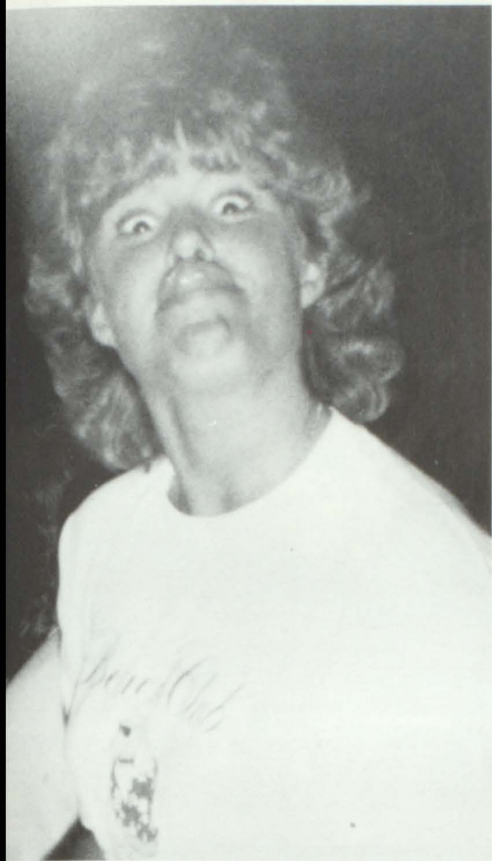
We Take So Much for Granted

Wouldn't you be surprised if you came to school and discovered that you had to buy books, rent the computers, or pay the teachers to give extra help after school? There is a lot we took for granted over thirteen years of school. The materials, teachers, curriculum, supplies, and services were always there. They were part of the benefits of a free public education.



**A Touch
of Class**

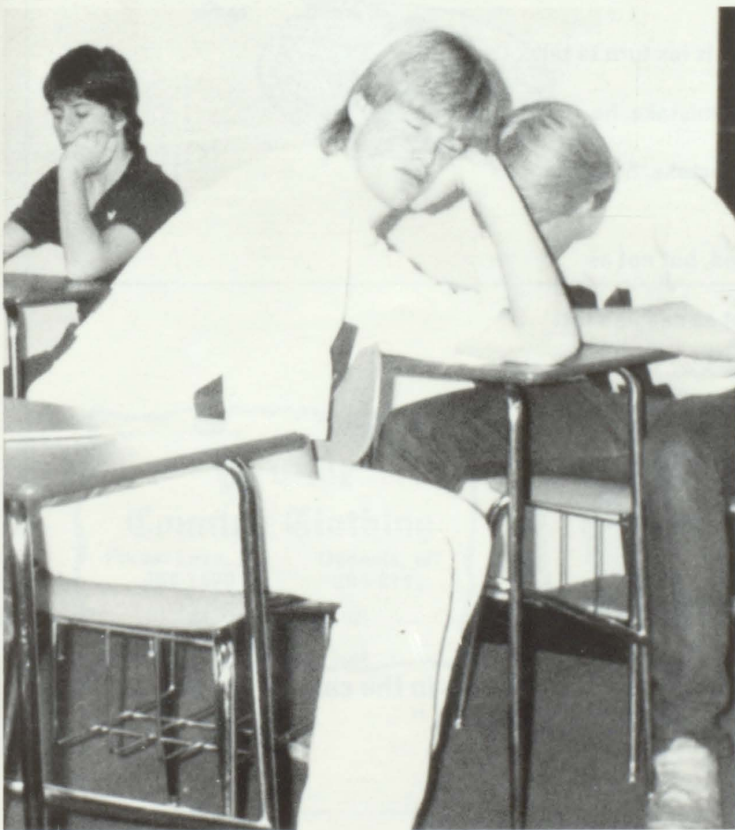




'86 Rated a "Class Act"

FLHS students made a name for themselves throughout the year. Throughout the community Ranger teams were spoken of with pride. The marching band spread goodwill across the country and into Canada. Curriculum changes were made to meet the demands of students post-high needs. Our school came into the ranks of the top schools in Minnesota.





Duncan Chiropractic Health Center P.A.

719 WEST BROADWAY
FOREST LAKE, MINN. U.S.A. 55025
612-464-4199

WINNERS VERSUS LOSERS

The winner is always part of the
answer

The loser is always part of the
problem

The winner always has a program,
The loser always has an excuse.

The winner says, "Let me do it for
you."

The loser says, "That's not my job."

The winner sees an answer in every problem.
The loser sees a problem in every answer.

The winner says, "It may be difficult
but it's possible."

The loser says, "It may be possible but
it's difficult."

A winner listens . . .

A loser just waits until it is his turn to talk.

When a winner makes a mistake, he
says, "I was wrong."

When a loser makes a mistake, he says
that it wasn't his fault.

A winner says, "I'm good, but not as
good as I could be."

The loser says, "I'm not as bad as a lot
of other people."

A winner feels responsible for more
than his job.

A loser says, "I only work here."

Author Unknown

CONGRATULATIONS SENIORS!

"The doctor of the future will give no medicine but will interest his patients in the care of the human frame,
in diet, and the cause and prevention of disease."

— Thomas A. Edison

ADS

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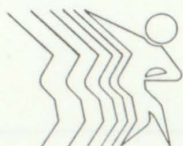
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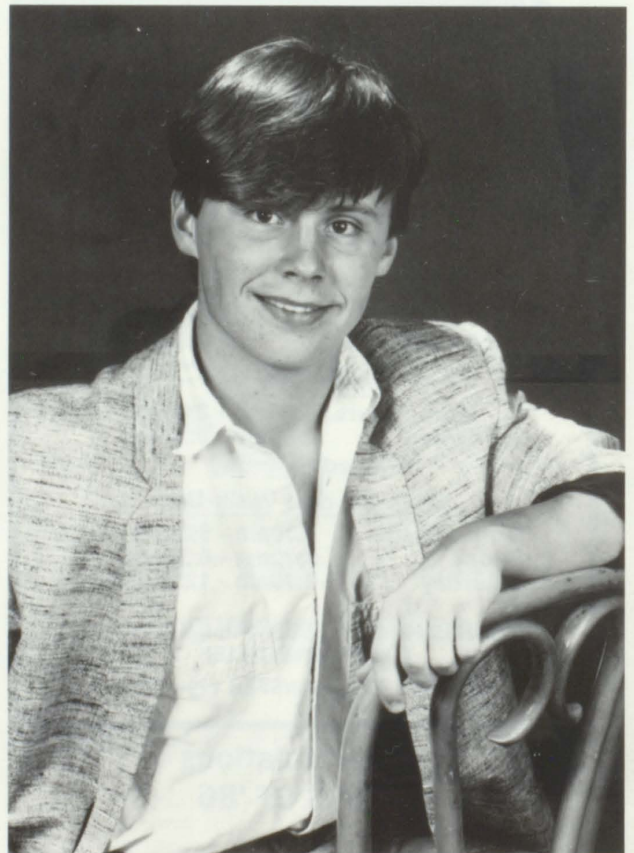
Congratulations
Class of 1986

Best Wishes
to our graduates



Remembering . . .
"We'll never forget what you added to
our school."

Pd. for by the
friends of Luke Ferguson.



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to the
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to the Class of '86
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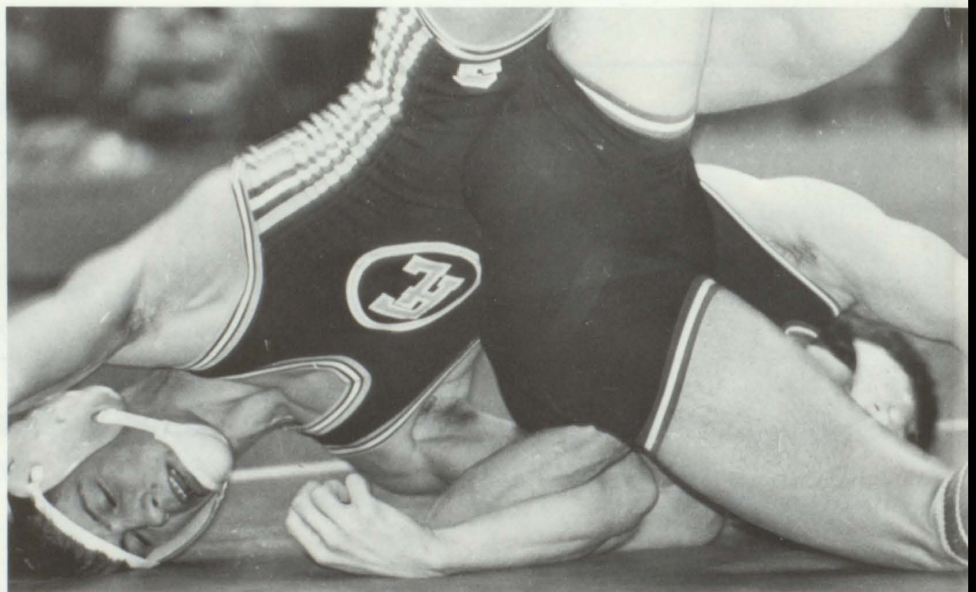
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1 + 1 = ?

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'85 — '86 in Review





This year the students of FLHS were busy throughout the year. Their hectic schedule kept them so busy that some of them seemed to catch themselves coming and going. Regardless of the activities they chose, each student left the school with unique memories of FLHS.





**'86 Memories
Abound for all
at FLHS**



The Year in Review

Mega-mall predicted to

TERRORISM

ACROSS THE WORLD

HORMEL STRIKE IN AUSTIN

Expenses climb 70%
at public universities

Guard activated to keep peace

The New Wave of Sympathy and Aid May Come
Too Late to Save Africa's Lost Generation



We Are The Children

reap \$1.6 billion in sales

The AIDS Epidemic



ROCK HUDSON

1925-85

TIME

THE SUMM

LET'S TALK

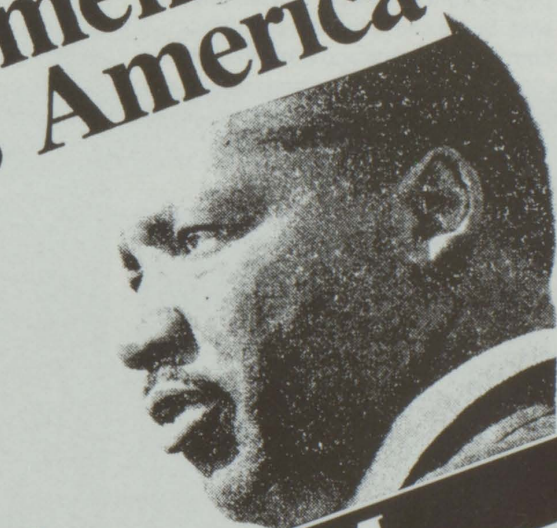
SPACE

WEAPONS



MARY LUND RECIEVES
A NEW HEART

King remembered
across America



IN MEMORIAM

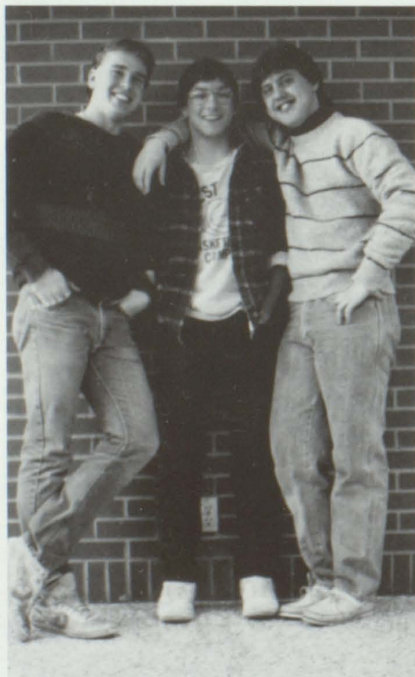
Christa McAuliffe and the Crew of Challenger



Do Clothes Really Make the Man?

Our generation was made up of many people who were not afraid to express their individuality. This was in their personal appearance. From their hairstyles to their clothes. The variety was unlimited and it expressed the true you.

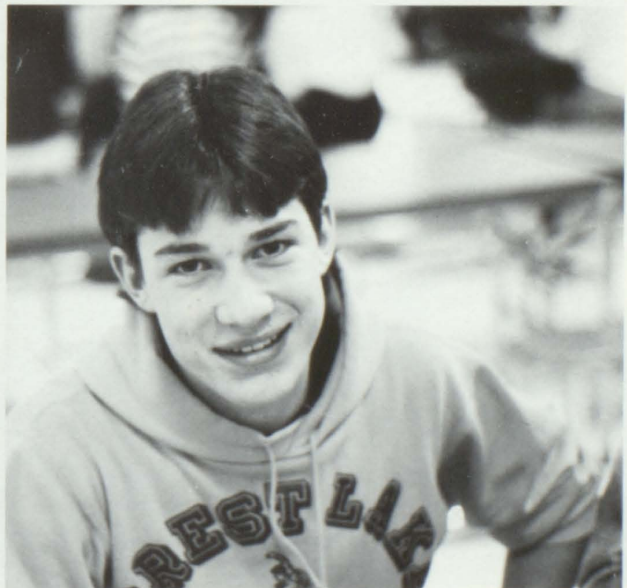
The hairstyles included anything from partly shaved hair to hair that stuck straight up. The clothes which people wore went from conservative to wild. Some chose to wear the safe comfortable jeans and a sweater while others wore mini-skirts or stretch pants with wild printed shirts. So whoever you were or whatever you wore was the style of 1985-86.



Or Woman?



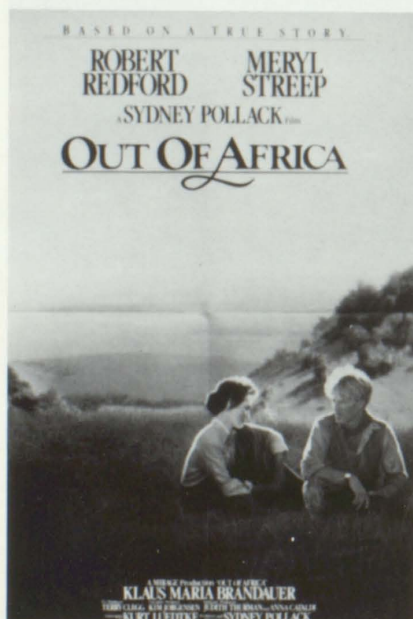
Style Changes Generate Retail Profits.



Where Did All the Money Go?

The students of FLHS spent an average of \$1296.00 last year on various items. Below is a list of what those items might have been.

- \$ 40 — parking sticker
- 153 — lunch tickets
- 3 — lost tokens
- 200+ — clothing
 - \$ 50 — Guess jeans
 - 30 — Forenza sweater
 - 30 — Swatch
 - 40 — Shoes
- \$150+
- 540 — entertainment
 - \$ 5.00 — movie
 - 10.00 — gas
 - 5.00 — food
 - 20.00 — average of \$15 a weekend
 - $15 \times 36 = 540$
- 150 — new radio
- 10 — new tape
- 200 — for any other items used by students
- \$1296 — Grand total



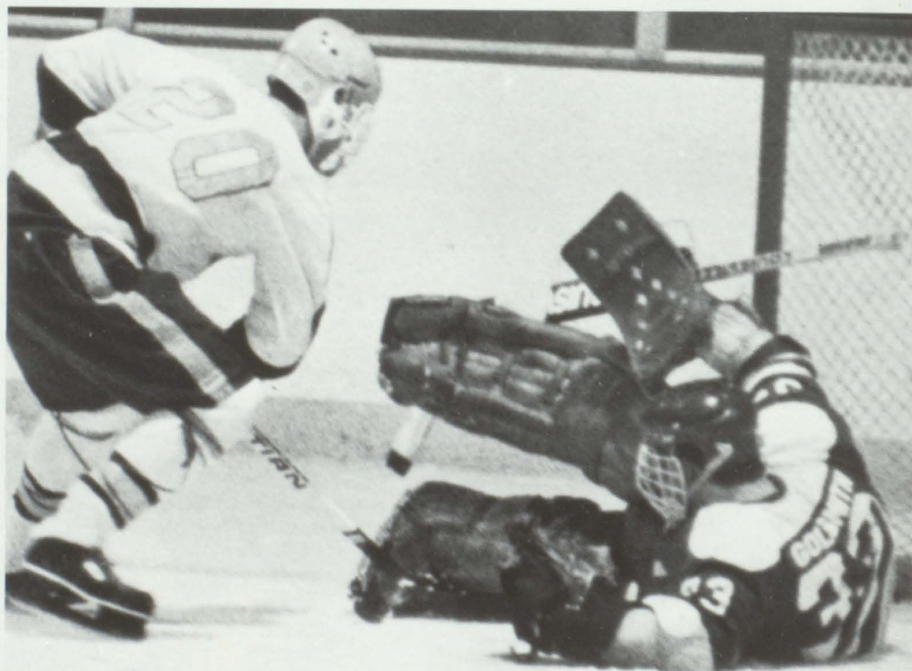
Budgets Stretched in '86





'86 Sports Improve Records

Changes affected the outcome of all sports' seasons. Loss of some seniors made teamwork a challenge. New schedules on home ice could have given the Ranger icemen an edge. Sophomore Eric Carter added new dimension to the boys' basketball team, giving an already strong team of juniors and seniors the push to excel in the conference. Wrestlers found themselves competing for tough spots and cutting weight to maintain those spots. Coaching changes in girls' programs added new ideas and gave the teams new perspective to work from.







1.



2.

1. Sometimes a look can tell it all. 2. Watching over your shoulder might give you time to think of an excuse before your pass arrives. 3. Secretaries need to get tough with kids who have chronic excuses. 4. Sometimes the best thing to do is mind your own business.



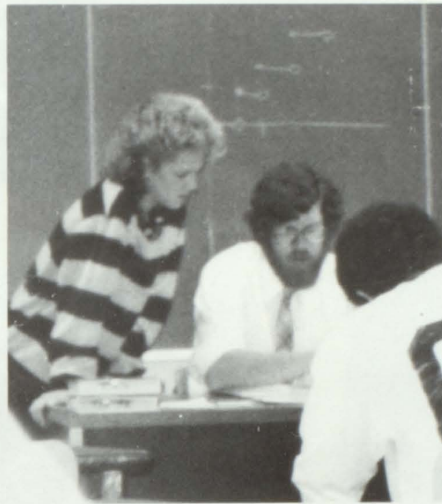
3.



4.



1.



2.



3.

1. Bringing a friend might help verify your excuse. 2. Sometimes it is easy to explain things to a teacher. 3. Principals don't always do all the talking. They do a lot of listening too.

Excuses Keep Staff Laughing

Imagine you walk into the office in response to a pass from a runner. As you walk in you see the ladies in the office laughing. You proceed to ask the question why, but decide not to. Then you overhear them reminiscing about the humorous and sometimes crazy excuses students use when calling in for being absent. Such as:

I'm locked in my house . . .

Our horse fell through the floor in our barn

. . .

The catalytic converter went out in my car — they were out all day . . .

I got married this weekend — too tired to come to school . . .

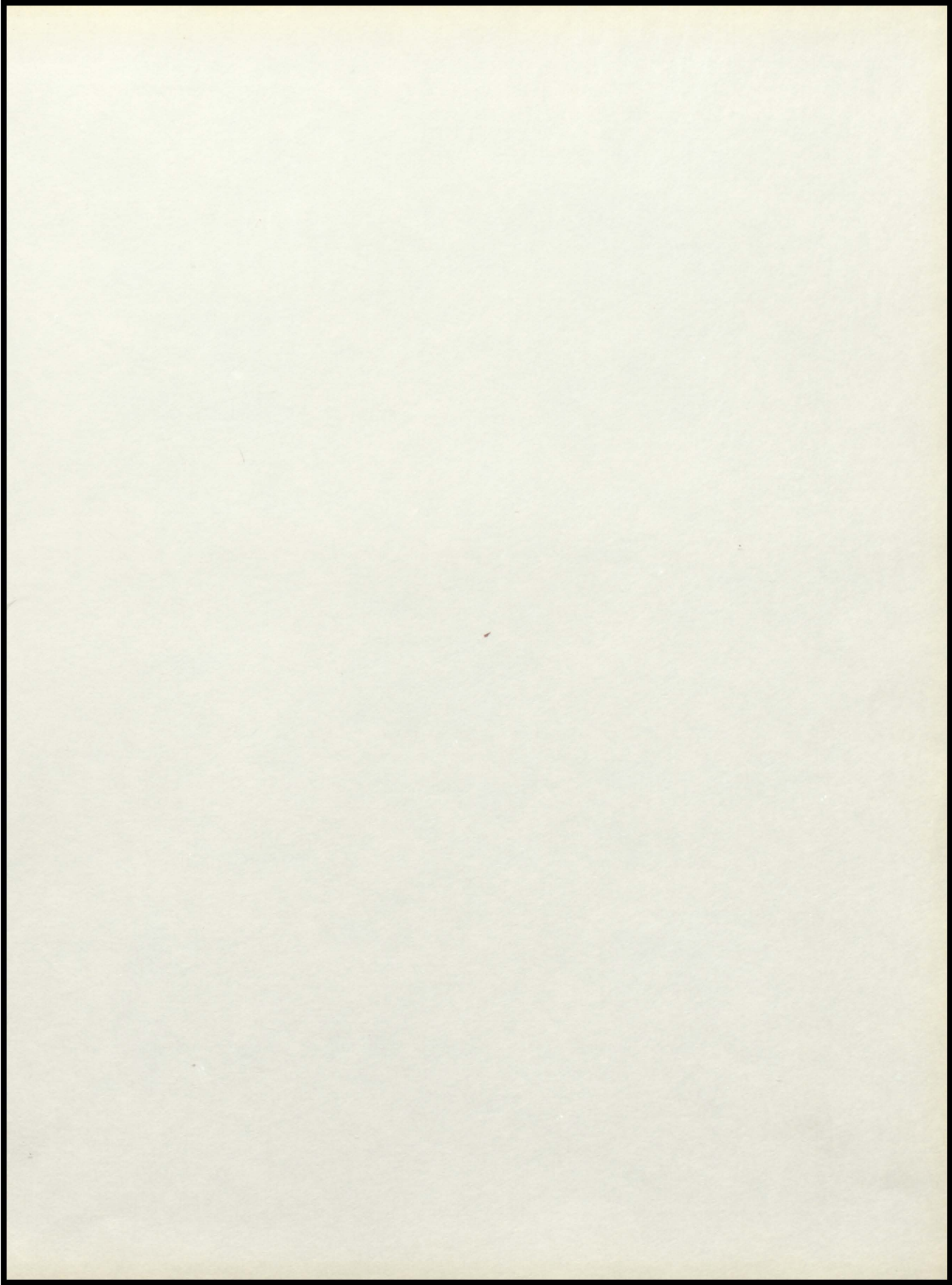
I've got a headache cause my shoes stink — they smell . . .

This is my father calling . . .

Staff Survives Crazy Year

Surprises came up at every deadline. Seniors lobbied to have their photos in color, putting a rush at the lab. Snow at Thanksgiving and missing team pictures added mystery to the third deadline. Then we worried if the cover arrived in Dallas. Christmas break made the January deadline a panic. February break gave everyone a chance to get in last minute ads. The final deadline in March rushed coaches to cut and get pictures. But once again it all got done with the help of barbecues, pizzas, and tons of pop.





Half-Sunrise

1929 Year

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