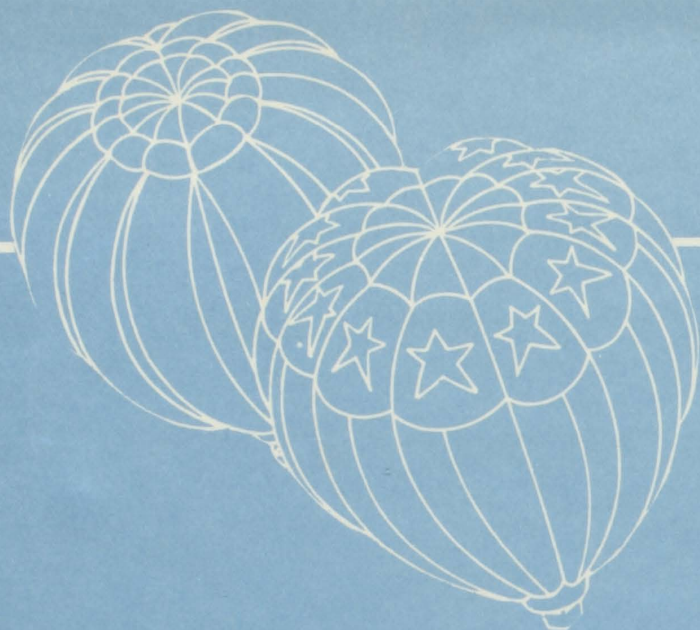




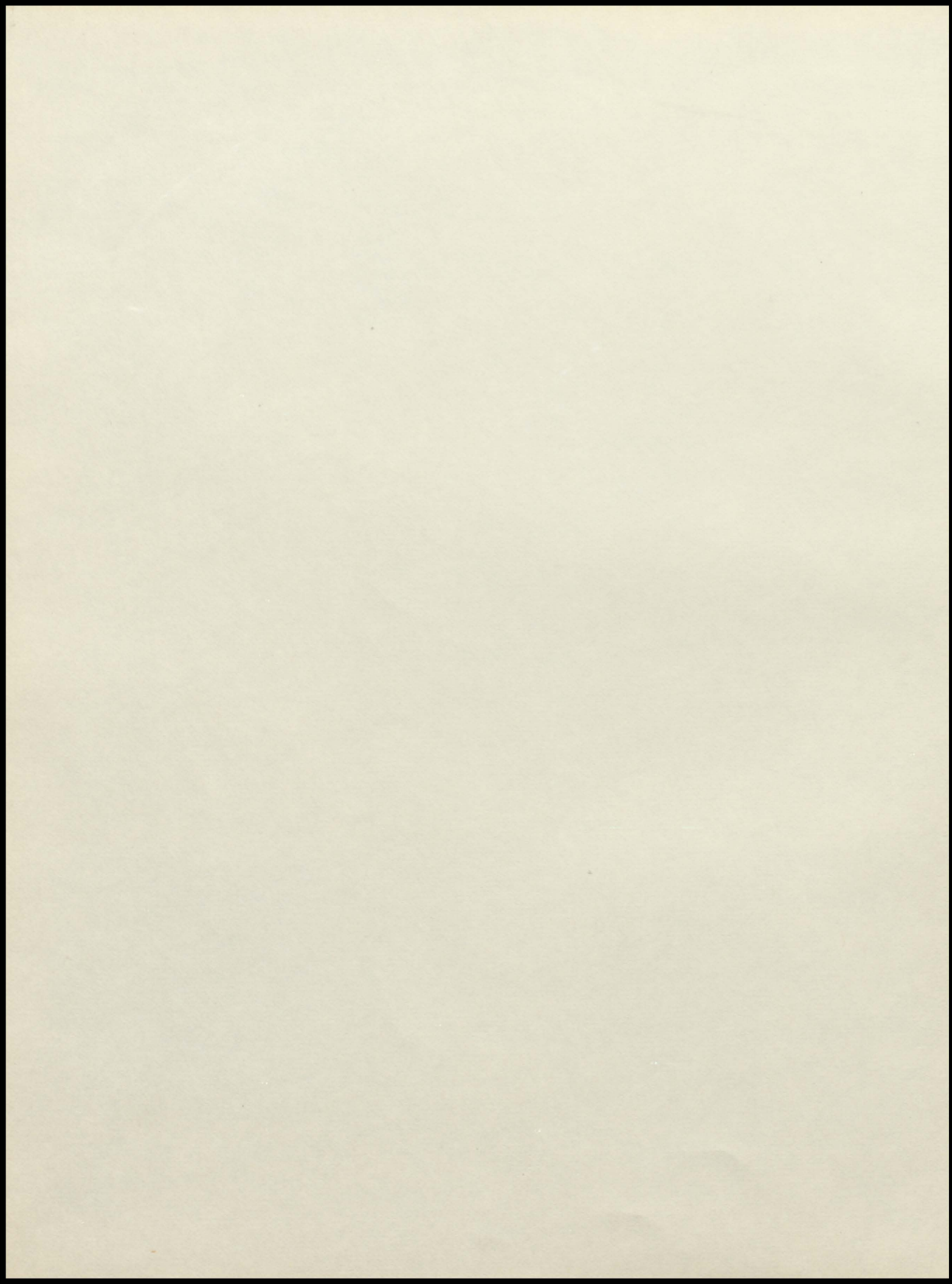
FORESTER '84

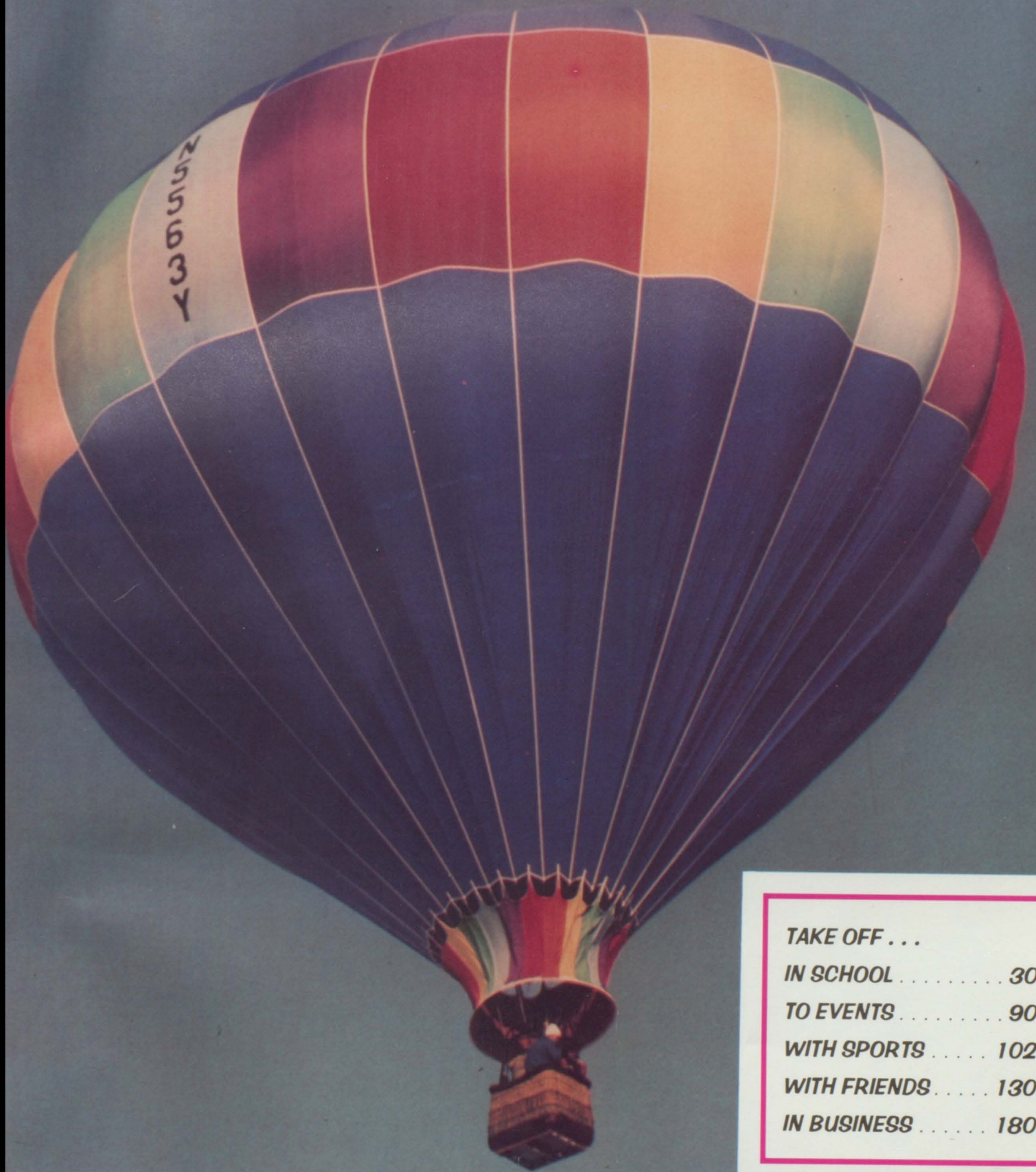


UP,

IP AND AWAY







TAKE OFF . . .

IN SCHOOL	30
TO EVENTS	90
WITH SPORTS	102
WITH FRIENDS	130
IN BUSINESS	180

FORESTER '84

1. Debbie Krenz is costume-fitted for *The Sound of Music*. 2. Viewing a sunset is a relaxing way to end a summer day by Forest Lake. 3. F.F.A. horticulture students create an award winning display at the state fair. 4. School board member Ken Sample deliberates the issue of the hockey arena. 5. Joni Reiman's costume is fitted and she waits for make-up. 6. Trevor Carlson sets up to play in the pit band for the Masquer's Theatre Company.





2



3

Summer Slides Into Autumn

Body twirling . . . ears popping . . . hair swooshing . . . Summer is a time to move up to new thrills or reexperience old highs. Moving into the school year students were bombarded with opportunities for bigger, loftier goals. Whether muscles stretched, intellects grew, or minds soared, summer slid into fall and met the challenge to move up, up, and away.



5



6

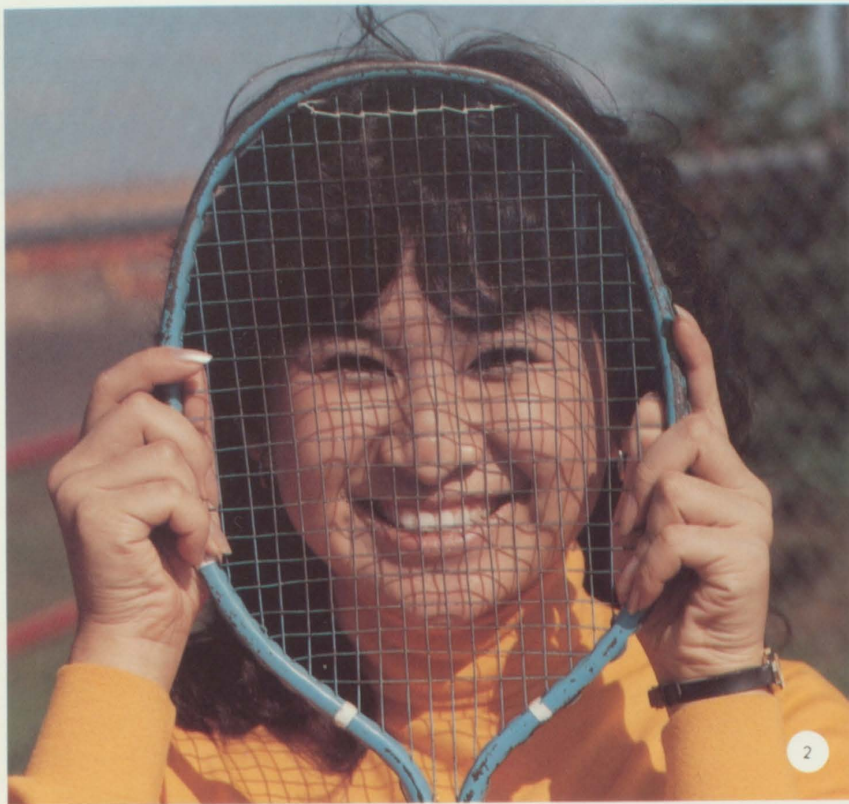
1. Colorful balloons remind us to strive for loftier goals. 2. Being creative with a tennis racket is Jan Voelker. 3. Studying outdoors is Tammy Knutson. 4. Ginny Nelson and Lois Rushmeier have their own style of sculpting. 5. Linda Niessen clowns around on a warm fall day.



1



3



New Challenges Arrive With Fall

Take off . . . find a challenge . . . set higher goals . . . study harder . . . participate more . . . The opening of school meant buckling down and studying harder. More competition and emphasis on competency were evident. Teachers gave more homework and demanded more time on task. Students complained of all the homework and not enough free time. The invitation to move out and excel was there for those who cared.



New Challenges Create New Goals

Buses rolling, lockers slamming, books opening, and footballs flying brought the image of fall to mind. The images create a picture of the activity and excitement of a new school year. Bombarded with challenges and opportunities, students quickly became active and made fall an exciting season.

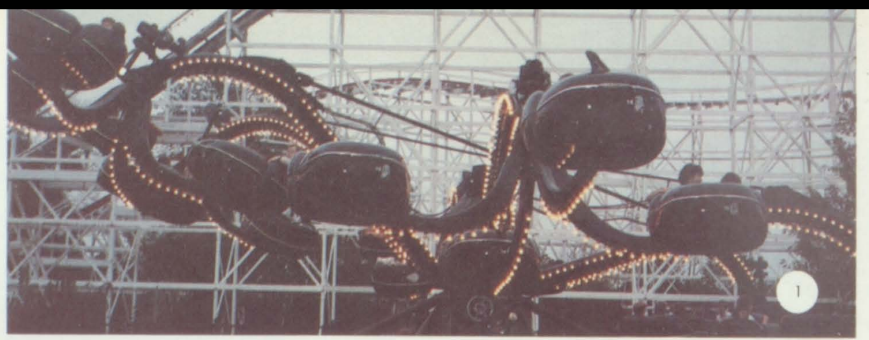




Radio Frees Fall

1. Fall brings excited students like Holly Zapzalka back to the cafeteria. 2. Lisa Thielfoldt gets acquainted with radio personalities Hines and Berglund. 3. Choosing a class ring is a fall priority. 4. Indian summer days are welcome by short sleeves or no sleeves. 5. Enjoying the friendship of fellow sophomores are Sean Erickson and Jeff Willette.





1. Valleyfair is a popular feature for those who can afford the admission. 2. How many students know how much time it takes to duplicate school work? 3. Michelle Zwiers works to improve her style, a common threat of Coach Chalberg. 4. Creating the perfect sculpture demands concentration, as is demonstrated by Shelly Wright. 5. Colorful balloons have become a popular hobby in the St. Croix Valley. 6. Melissa Trainer models one of her many colorful outfits.



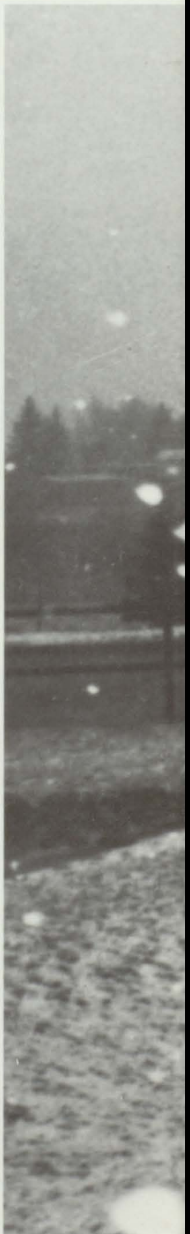
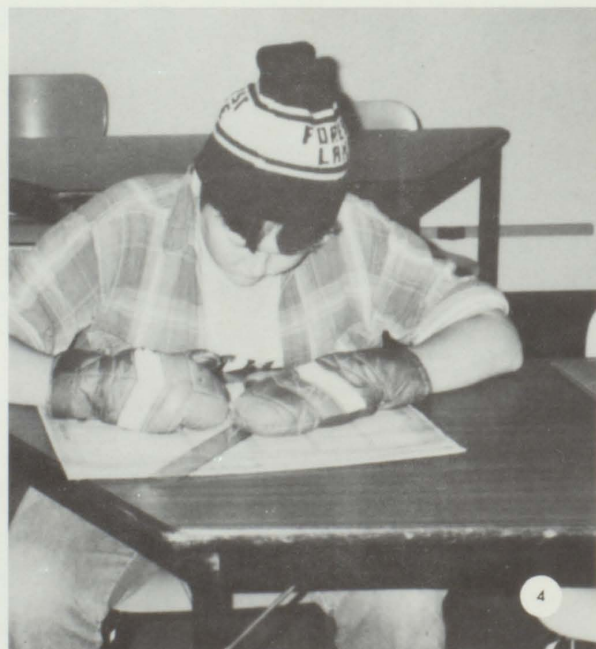
Media Stresses Student Scores

Setting higher goals and getting more out of life, both in and out of school, were the challenges for '84. Not a new concept in itself, the idea took on new emphasis with media attention to student achievement. Many took the cue and worked to meet the challenge. With little time and money to spare, activities were chosen carefully. Prudent use of time became a motto.



snow 1984-85 yearbook

1. The snow-covered roof of FLHS looks like a scene from outer space. 2. Rebecca Olson and Michelle Long don mittens to finish a yearbook assignment. 3. When snow covers the lines in the parking lot, students forget how to park in straight lines. 4. Dave Borgman works on an assignment, despite the chilly temperature of the A-wing. 5. When the cold gets depressing, a beautiful snowfall can cheer up anyone.





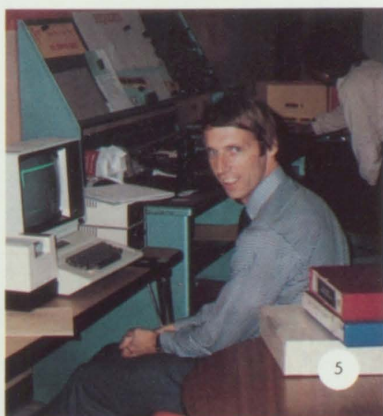
Snow Confuses Many in Icy Lot

Challenges are generally chosen, except in Minnesota, where we all were forced to face the challenge of winter. Cold walks and dead batteries were the rule rather than the exception. The unexpected included budgeting for warmer clothes and saving money to pay the deductible on the fender bent in the icy parking lot. Remember when you were trapped in the middle of a triple row of cars and unable to find the owner?



1. The ferris wheel (State Fair) could symbolize the heights we need to reach. 2. Kevin Rector and Mark Grove relax after a senior swim party. 3. Sophomore physical education students were challenged to work hard and improve skills. 4. Rudy Boschwitz accepts a Ranger sweatshirt from Candy Kelly. 5. Mr. Redmond, an exchange teacher from England, works to perfect his computer expertise. 6. The pink panther is a colorful example of student talent. 7. Vivid colors cover this balloon. 8. Holly Zapzalka, Jane Venables, Heidi Grandstrand, Theresa Paulsen, Jeff Thompson, Dan Pillar, Greg Jeans, and Bill Voelker attend the Nobel conference at Gustavus.





Students Plan to Excel in '84

Careful budgeting of time and money forced students to plan better. Wanting the best for themselves, they made careful choices. Why be satisfied with anything less than the best, physically, socially, or academically? As spring approached, '84 became labeled as the year of the challenge.



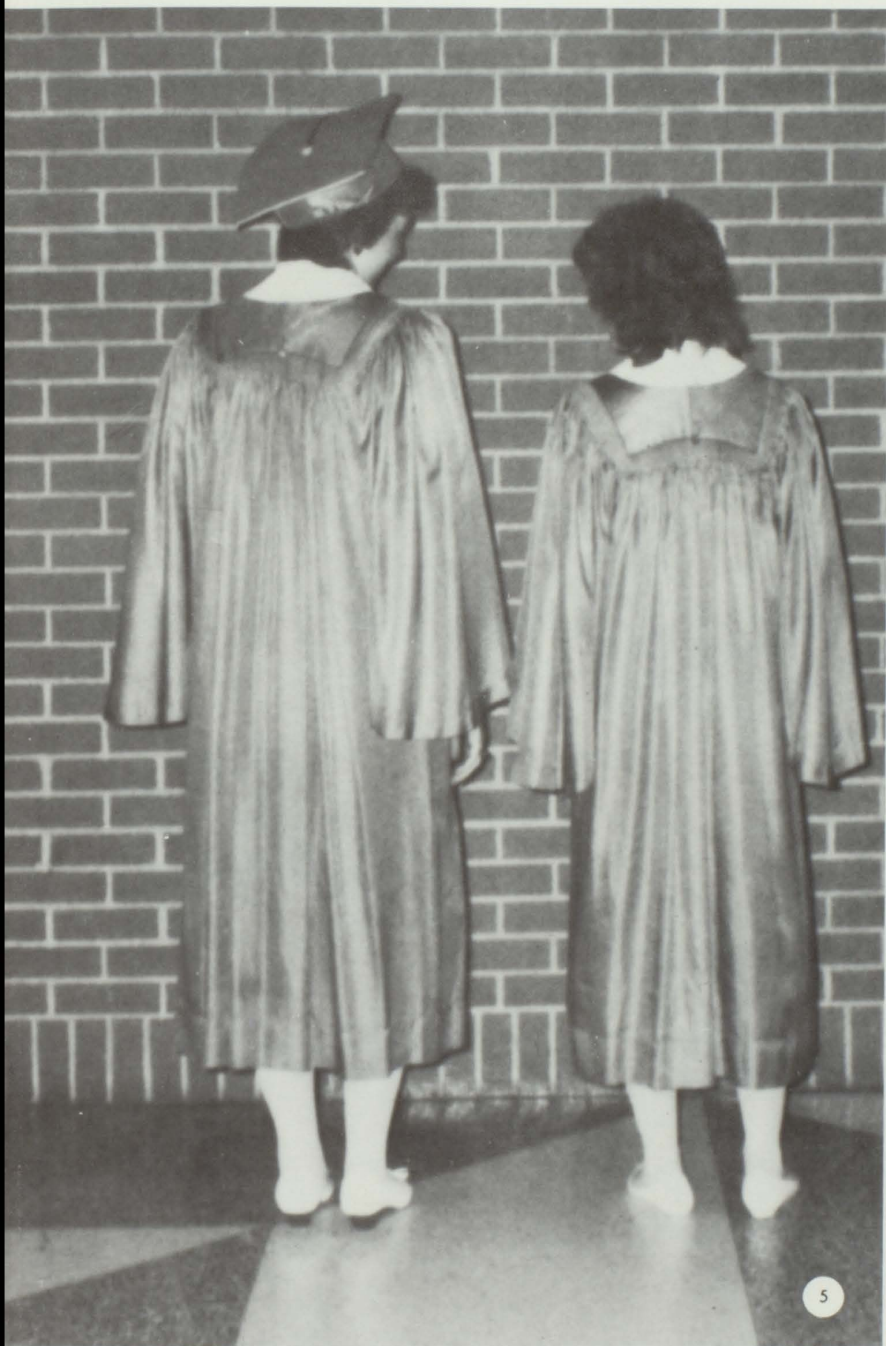
1. Ranger girls use the halls as a spa to get in shape for summer. 2. Superintendent Brynildson attends the FFA Banquet. 3. Messy floors abound on the last day of school. 4. Mike Horak donates evenings and Saturdays to work with age group wrestlers. 5. Two senior girls find a quiet spot to talk about the "good ol' days" of FLHS. 6. Rushing to catch a bus home during finals means bringing homework. 7. Mr. Koski, Dr. Cooper and Mr. Reynolds served breakfast to the teachers on the final day of school.





New Enthusiasm Arrives With Spring

Sunshine, green grass and blue skies combines with the "I am ready for a vacation" feeling in May to find people slowing down and looking forward to June. Seniors picked up caps and gowns, sent graduation announcements, attended ceremonies; some wish they had worked harder for a higher class rank. Parents complained about all the programs in the last month. Others saw the longer days as a chance to fit more activities into one day.







Up, Up and Away!

"Move up"! "Take off." "Go for it"! Ranger brothers Ralph and Rickie said it so well. Urging students to participate, school spirit soared. The year began with the challenge to move "Up, up and away" to bigger and better things.



1. Students are "up" for homecoming and participate in dress-up events with enthusiasm. 2. Kip Kertscher takes a snack break before heading to Super Valu for an evening of work. 3. Mrs. Dittberner takes the extra time to help a student check his progress. 4. Registering for a physics class means a commitment to be challenged. 5. Raising the money for a class ring is impossible for some, an expensive goal for others.

Question Remains: Is School a Challenge?

Should graduation requirements be increased at Forest Lake Senior High? The question is not unique to our school. The issue was on the minds of parents, school board members, administrators, teachers and students more so this year as a result of the study *A Nation at Risk*. Without getting alarmed, the process of reviewing the curriculum of each department and looking at the scope and sequence of programs went on as planned.

At the same time, the issues raised in the study were being considered and steps being taken to upgrade graduation requirements, if needed. More emphasis is placed on science and technology in our society and, therefore, graduates need the tools to deal with math and science. The problem, however, was how to increase these requirements without removing the language arts, social studies, and humanities from a student's schedule. State requirements mandated that English, social studies, math and science be taught. Music, foreign language, business, industrial arts, home economics, and the visual arts must compete for elective time. How do students feel about the discussion?

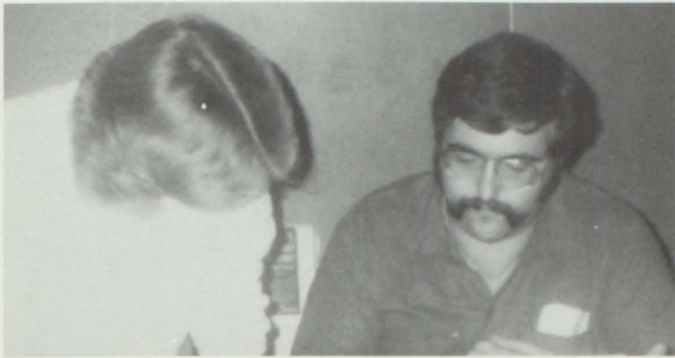
Senior Nicci Bohaty felt, "The students are taking too many easy classes." Many replied that they didn't care, that it didn't matter "as long as I am out of school before anything changes." Some felt that the student who wants to be challenged will take the classes he/she needs. As Brian Wolhaupter summarized, "The challenges are out there; you just have to find them." It is certain that increased graduation requirements produced a lot of discussion. Hopefully, if the changes are implemented, they will challenge students as intended. For certain, they will be busier.

‡ The study on excellence in education indicates that more science and math are needed. The question is "How will other areas of the curriculum be affected by such changes"?

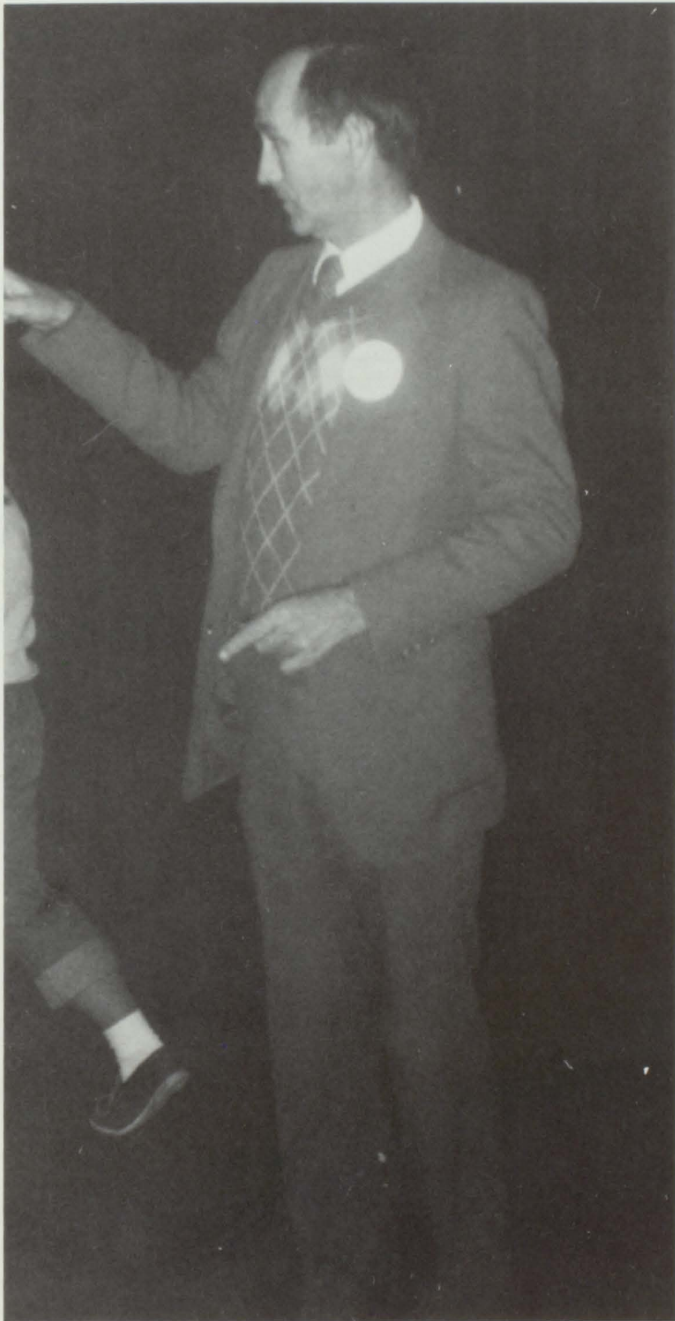


‡ Math, science, and computer education are three areas stressed as necessary to produce technically prepared adults for the eighties. Some people fear that the emphasis will detract from other areas of the curriculum and actually produce less well-rounded persons.

‡ Mr. Streeter teaches reading, a fundamental subject for all who want to graduate. How much will increased graduation requirements affect students who need time in their schedule to work on their reading skills?



‡ Junior Erik Peterson finds the current plan adequate, especially in the area of English.



‡ Dr. Cooper is directly involved in the registration process and sees examples of students who will not allow themselves to be challenged. Tougher graduation standards could take care of this problem.



‡ Sophomore Shelly Hursh is on the swim team and is also on the honor roll. A new plan for graduation would be a challenge for her, but a welcome one.

↓ Chris Shalander waits for an autograph during a *Forester* field trip. Building a float for homecoming uses many hours of volunteer labor after school.



↓ The Girl Scout program benefits from the help of many high school students. Making signs is a time consuming job intended to spark school spirit.



↑ Jane Wistricil and friends from the volleyball team appreciate the chance to sit and visit a few minutes before practice begins.

¶ Sitting in the cafeteria after school is a popular choice. Some just goof-off. Many choose to study and visit with friends.



What Is There to Do After School?

Rrrring! The bell at the end of sixth hour told students to pack up, hurry to their lockers, and go home. After a hectic five minutes, the halls were fairly quiet and the pace slowed down. Where did they all go? Many boarded buses for long, bumpy noisy rides home. A lot of students did not go home, though.

Traveling north on highway 61, it is obvious that many have chosen to walk to Northland Mall and "hang around." The mall offers shopping, eating places, walking room, or playing the games at Beanie's Arcade. Then, at 4:45 p.m. the walkers could be seen hurrying back to school to catch an activity bus home. How did they get away with it?

Fortunately, the majority of students who stayed after school had specific purposes. Studying in the cafeteria and library improved many grades and also allowed time for socializing. Sports and cheerleading participants were forced to give up time after school for their activity. Other clubs and activities also took up long hours after school. With so many options, no students complained about not having enough to do when the regular day is over.



¶ Renee Luthi uses her bus riding time to catch a quick nap.

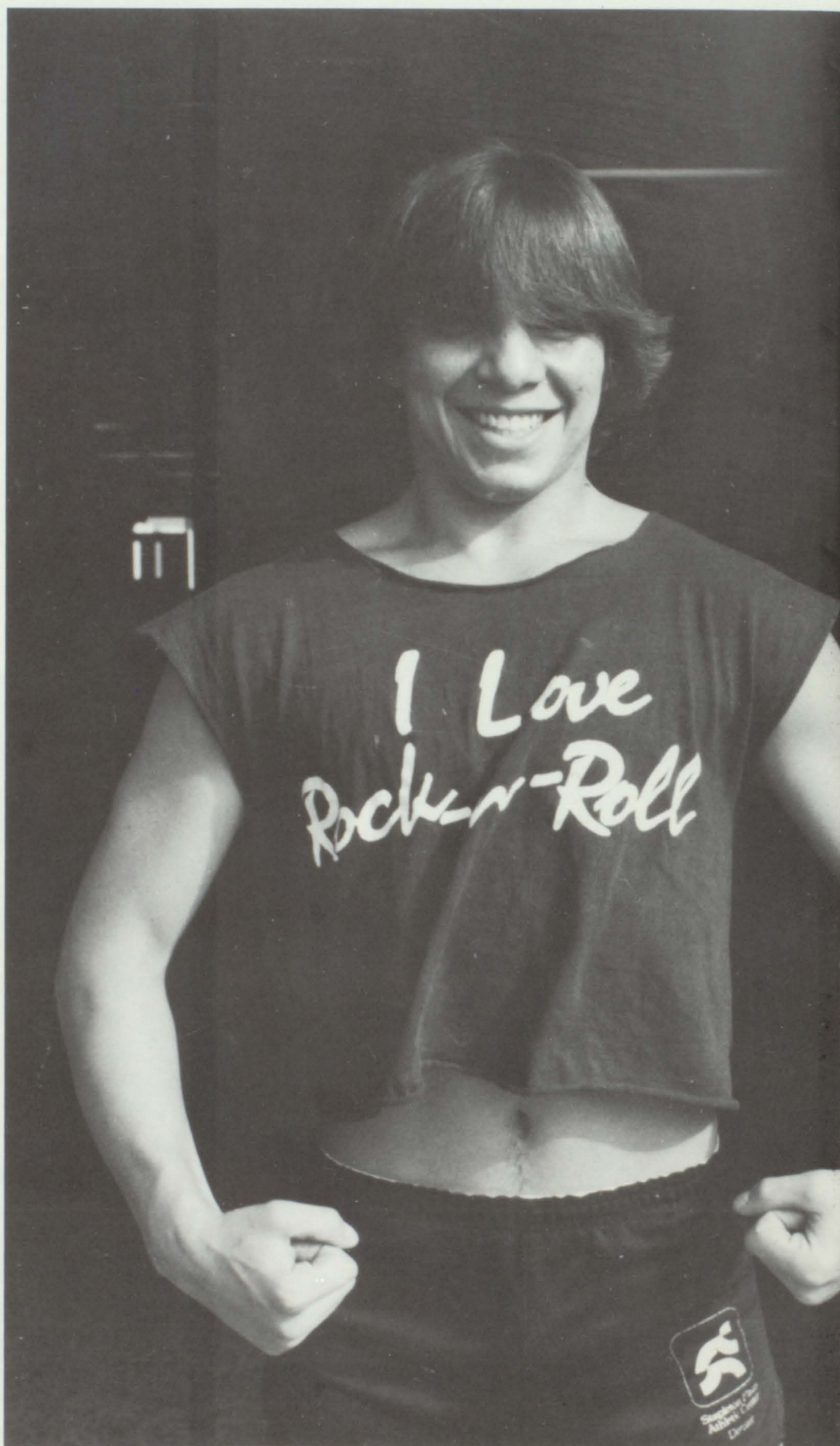
Options Abound For School

What was the typical high school student's budget? The dollar figure varies, but the basic expenses fall into basic categories. First of all, there were blue jeans and cords, ranging in price from ten dollars to fifty. Add a few sweaters, turtlenecks, shirts or blouses, tube socks, Nike's, and undies, and the basic unisex "uniform" was complete. For those with a few extra dollars, guys added wool slacks, a sport coat, blazers, matching stockings, fancy blouses, bow ties, and dress shoes. In all cases, the total cost of filling a student's closet was high, from one hundred and fifty dollars to over three hundred!

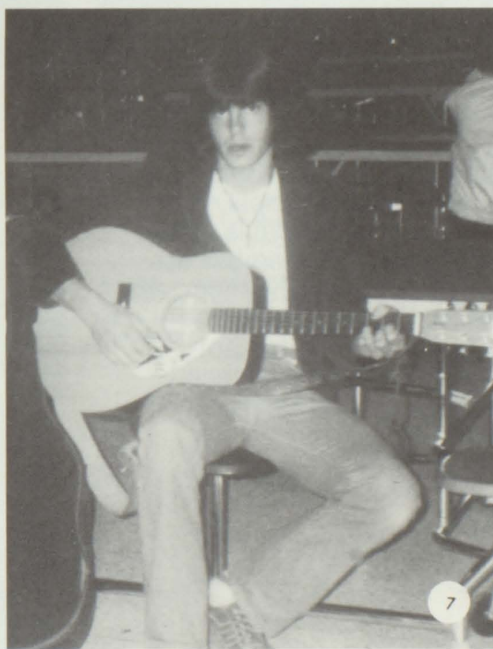
Transportation was the second major expense mentioned. For sophomores, the money was needed to pay for driving lessons, which could amount to over one hundred dollars. Once the driver's test was passed the money seemed to just disappear for gas, oil, insurance, and basic upkeep. Some students were lucky enough to have cars and car payments of their own. The privilege of driving and parking in the school lot also had a fee. Some wiley students tried to avoid the charge by arriving early before the lot supervisor.

Finally, after buying clothes to wear to school and paying for the use of a car, parents and their teenagers had to find ways to pay for entertainment, too. Some found that they could only afford movies on buck night. Eating out was popular, but the cuisine was of McDonald's or Hardee's variety. "Real" restaurants were visited only on extra-special occasions like prom. Careful spenders were able to get by on five to ten dollars a week.

How did kids pay for all of this? Most had part-time jobs. Some were lucky to get allowances that forced them to make careful choices. A few had over-generous parents that paid all the bills, no questions asked.



1. Finding the money to keep up with the styles is not always easy. The cost of jerseys and tee shirts ranges from ten to twenty dollars. 2. It is unique to dress alike, especially if you do not plan it that way. 3. Karen Skoglund gives time to a Brownie troop, even going so far as wearing a devil costume to the council Halloween party. 4. Deciding which college to attend is best accomplished by visiting, as did Deb Mattson at the U of M. 5. The number is not specific, but over half of the student body works in the evening and then finds it hard to get enough time to study and sleep at home. 6. The peer pressure is tremendous, especially when the cheerleaders are selling Ranger jerseys in the fall. 7. Playing a musical instrument involves talent, but it also requires quite a lot of money for music and supplies, not to mention lessons.

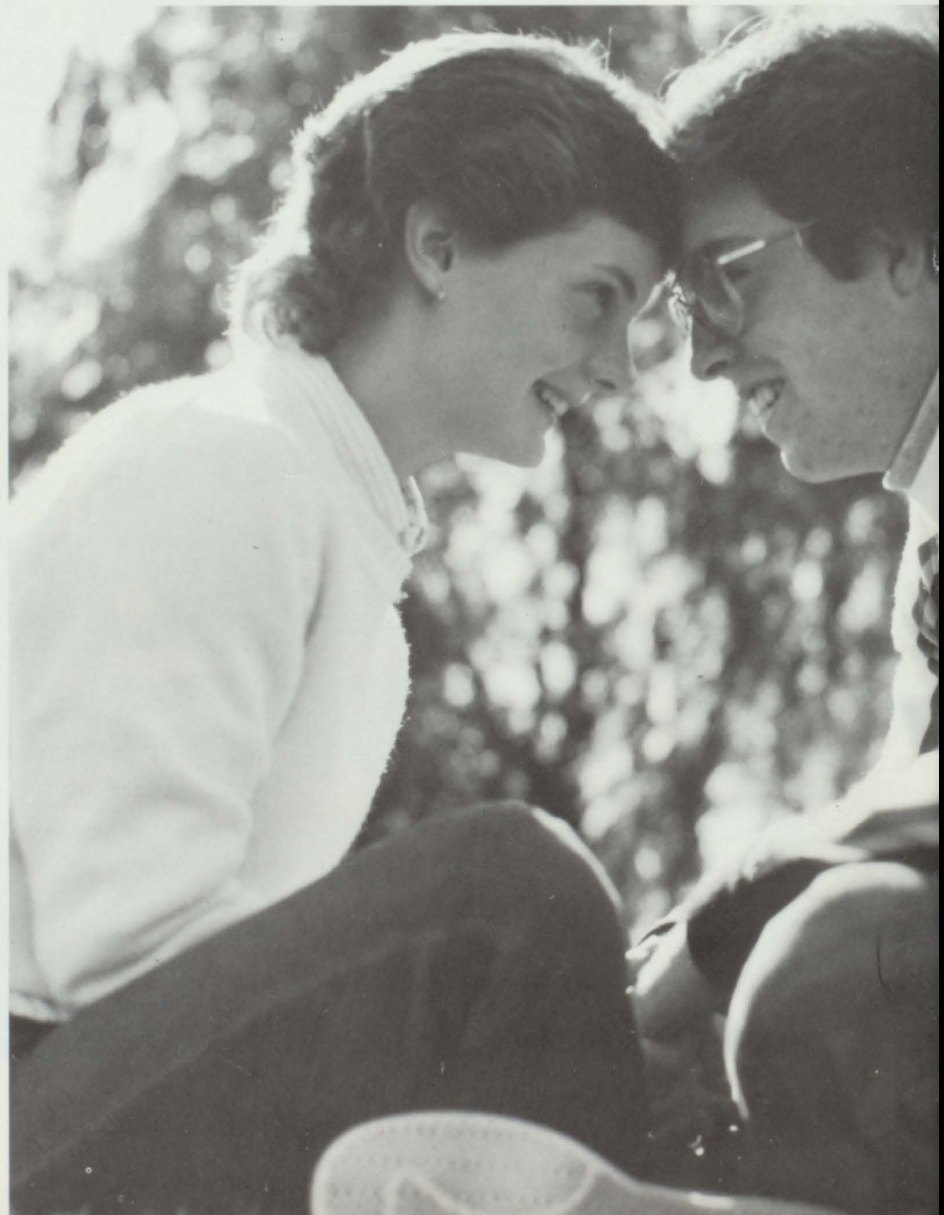


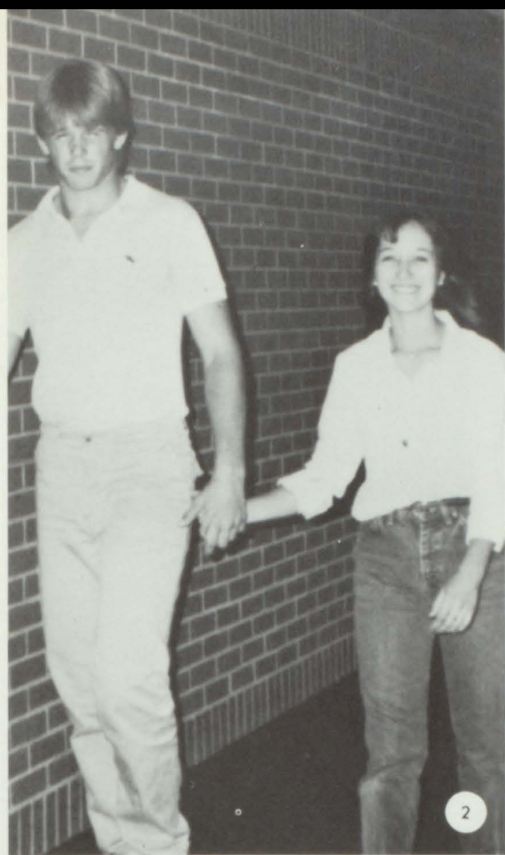
Crimes of Passion Abound!

"I don't think people should be hanging all over each other. It's pretty slimey and scuzzy. It makes me feel like an idiot. It makes me puke," exclaimed John Lutz when asked his opinion of public display of affection. The issue is a touchy one, since there will always be couples in school and it seems that there are always a few who ignore school policy and carry their expressions of affection to a point where it makes other students and teachers uncomfortable. Luckily, there are some couples who use good judgment and don't overdo it, like the ones featured on these pages.

Denise Bohnen said she felt, "It is kind of all right, but it gags me when they are climbing all over each other." Kim Laske, on the other hand, felt, "It's gross"! Student opinions ran the entire gamut when asked about couples kissing, hugging, holding hands, etc., in school. Most students felt it was impossible to show no affection and that some things were appropriate. Others were strong in their feeling that it should be saved for more private times.

So what can the school do about these "crimes of passion"? The rule states that public display of affection is not acceptable. Confrontations have resulted and parents were called. Some stop, some do not. Mr. Reynolds, Principal, put it well when he said, "It is totally inappropriate! It is embarrassing to the people around them, and the couple should be too. Affection is great, but not displayed in a public place because it embarrasses people."



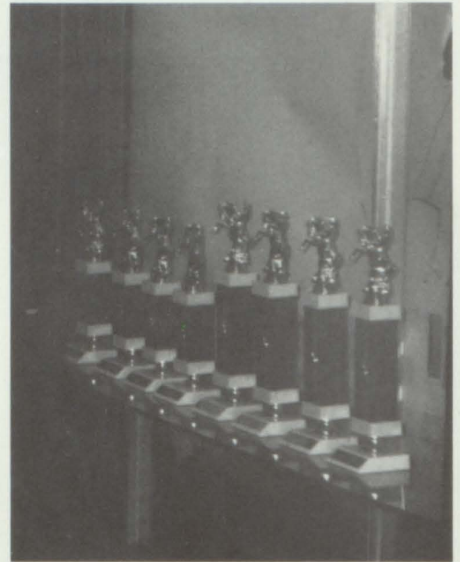


1. Finding time to be together after school are T. J. Trainer and Terri Heinisch. 2. Dan Pillar and Lisa Graf walk to lunch together. 3. Still going together after five years, Dean Weiss and Kelly Flint are not the typical couple. 4. Agreeing to pose for *Forester*, Kelly and Dean are set for the camera. 5. Joe Rosario and Mona Riopel pause to visit by their lockers. 6. Rushing to catch buses doesn't leave much time to be together after school.

Student Leaders Fit No Mold

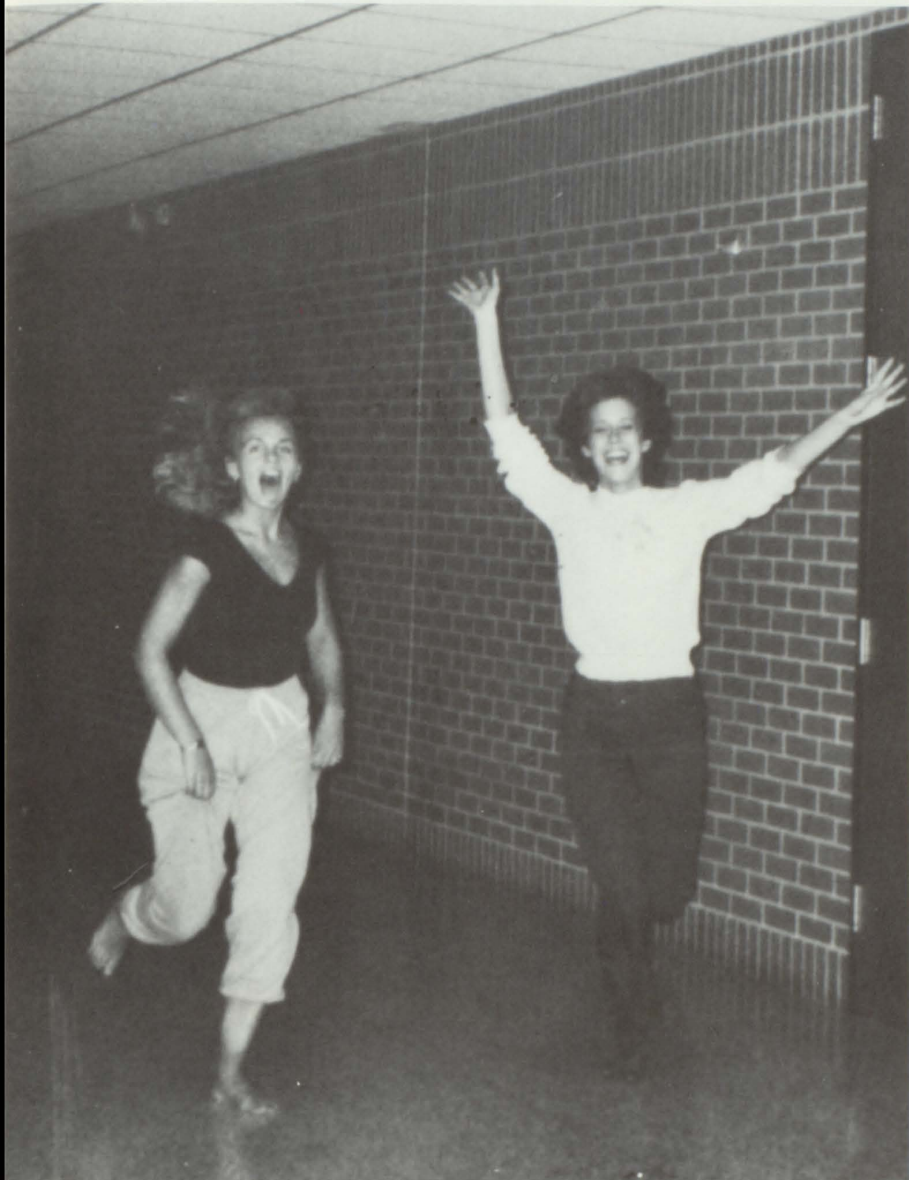
Leadership is one of those terms that comes up in discussion of a successful high school. How do Forest Lake students define who their leaders are? Webster says leadership is to, "Possess the qualities of a leader." The areas where students can see these qualities are many, including sports, cheerleading, volunteers in the community, participating in church activities, student government, coaches, teachers, administrators, advisors, and the academically gifted kids who exhibit a positive influence in the classroom. For the leaders at FLHS, showing leadership meant choosing an area to participate in and then participating to "the max."

Is leadership winning a trophy? —
Is leadership cooperating and working well in groups? ↓



Is leadership being a good student? —





— Is leadership being a cheerleader?



— Is leadership donating time to be in the clown club?

↑ Is leadership helping with a Brownie troop?

— Is leadership getting elected to the U.S. Senate?

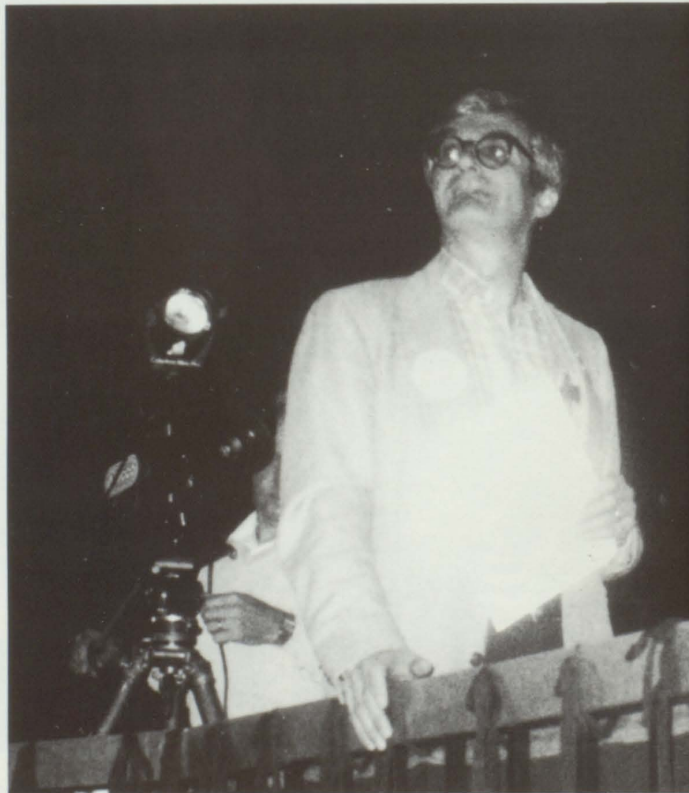
Senator Boshwitz reviews questions and plans for the morning presentation. —

Students listen attentively as education concerns are reviewed. ↓



↑ Television cameras are rolling during the forum for presentation on the WCCO evening news.

Jodie Brown states her question and offers some well-thought out ideas. —



‡ Student comments are recorded for use on the evening news.



Forest Lake Chosen for Student Forum

More homework? Longer days? More requirements? These and other suggestions to achieve excellence in education were compiled into a national report on education entitled "A Nation at Risk." Senator Rudy Boshwitz, two co-workers, and an aid visited F.L.H.S. to collect student opinions concerning the Nation at Risk suggestions. Senator Boshwitz received both negative and positive comments from the students. There was plenty of input on the negative side of longer school days and the assigning of more homework.

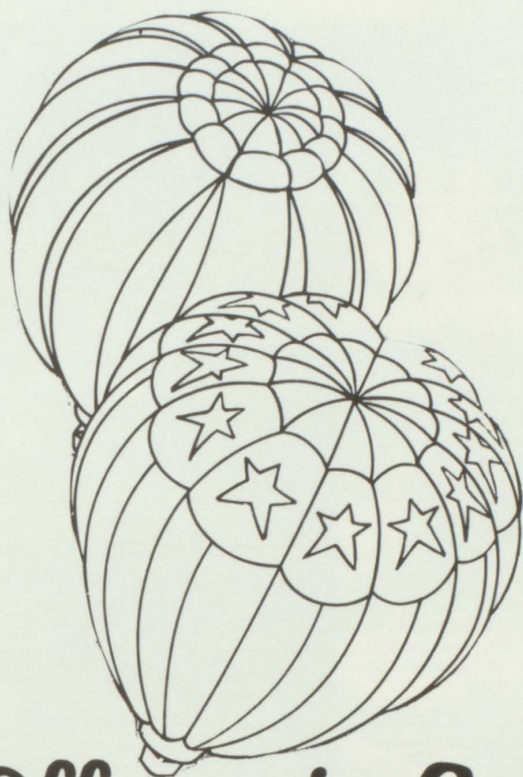
Because seating was limited, students could be admitted by ticket only. Social studies classes were given top priority in receiving tickets and teachers encouraged students to attend the meeting.

Senator Boshwitz chose F.L.H.S. as one of the three high schools to visit to gather input about the report. A few students who responded to Senator Boshwitz's questions were featured on television news broadcasts later in the day. As time ran out, the Washington visitors left to visit schools in other areas of the state to receive more input on the controversial and shocking report, "A Nation at Risk."



‡ Experts who helped complete the *A Nation at Risk* study helped Boshwitz with his comments.





Take-Off . . . in School

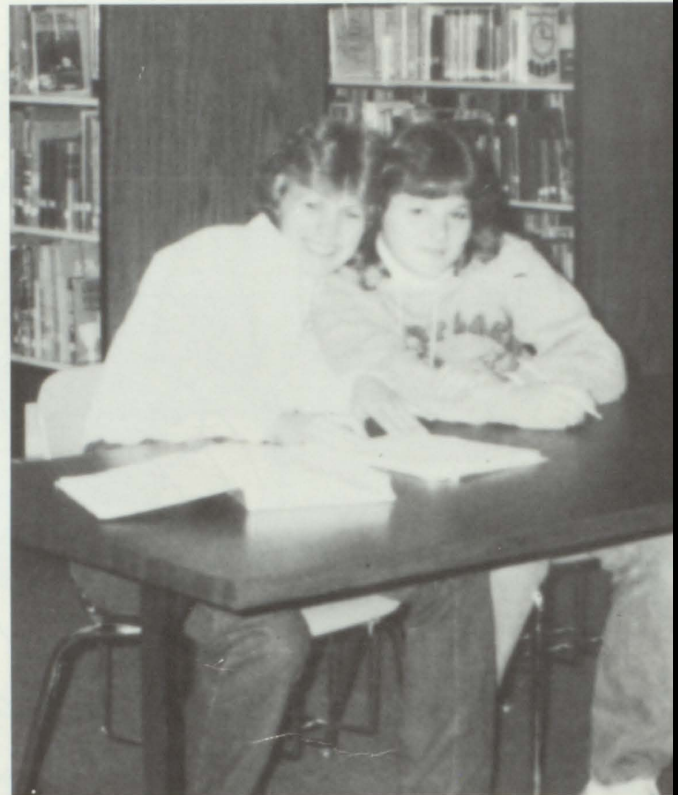


Variety and challenge are the key words for the curriculum of FLHS. Students chose classes in arena scheduling and even had the chance to select teachers. Sometimes a class was chosen because it was said to be easy or the teacher wasn't hard. For those seeking a challenge, departments offered courses for the college bound student. All areas of the curriculum provided co-curricular activities where students could apply and refine skills obtained in class.

Does F.L. Offer Academic Challenge?

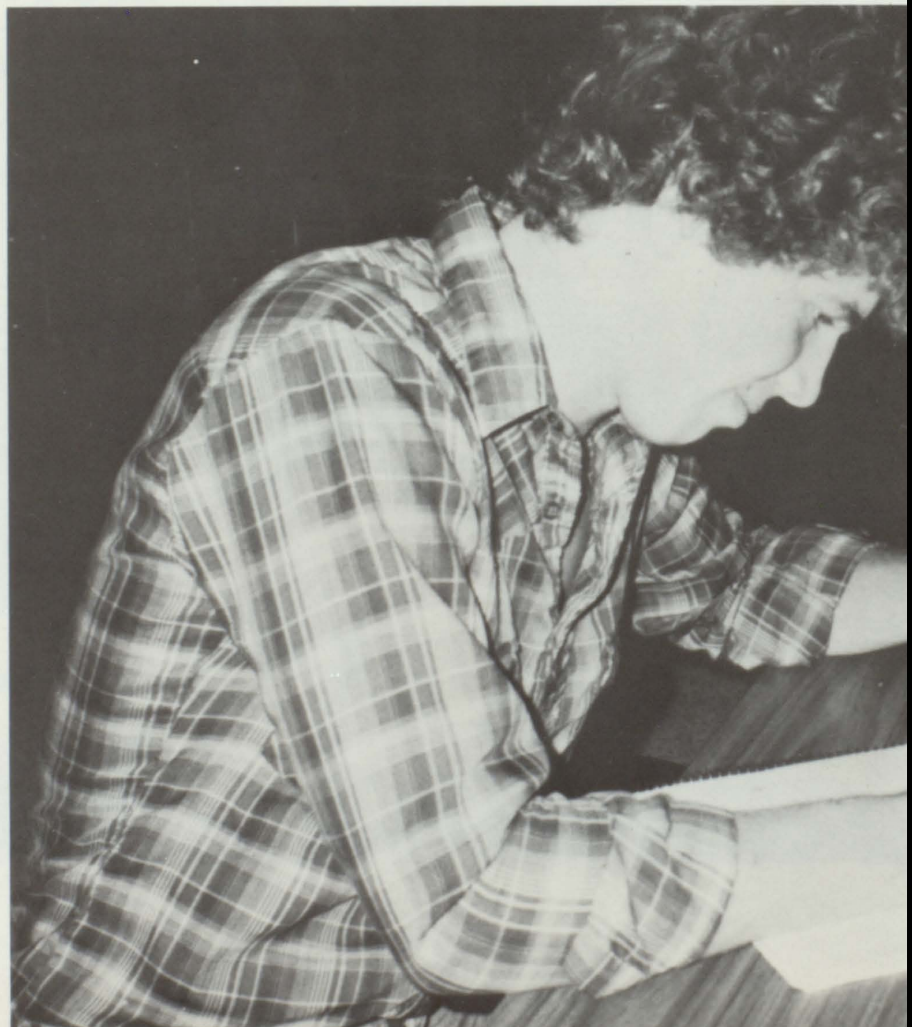
Should we do homework? Why do teachers assign work to be done outside of class. What are our goals in high school? Do our goals match our needs? Teachers, parents, administrators, students, and school board members all wrestle with these questions. A random sampling of one hundred fifty students was taken with the following results. One hundred and twelve people said they had work assigned to be completed outside of class. Seventy-five people said they do bring homework home. Of those seventy-five, all except twenty said they usually completed the work they brought home. One hundred forty-three of the students expressed satisfaction with school as it is, saying that they felt school was challenging enough. Even though the survey only reached ten percent of the students, it was valuable in the sense that it raised some pertinent questions in relation to changes that some feel are needed to make school more meaningful.

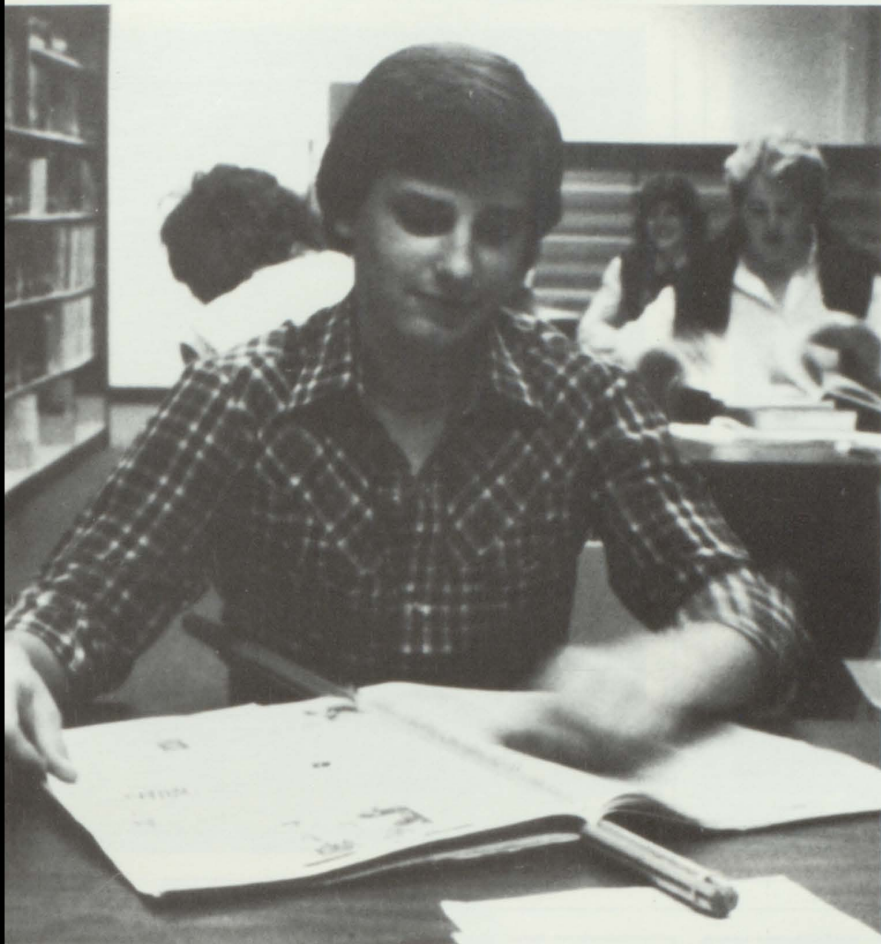
A few students arrive early and study. —



Students meet friends in the library and use the space to socialize as well as study. —

For some, the library is the best place to escape to for some intensive studying. ↓



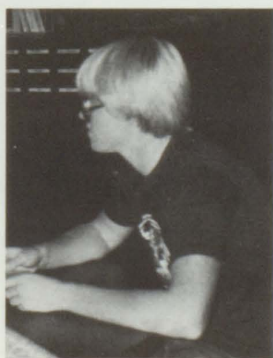


← Research time using magazines and newspapers is sometimes given during a class period.

↓ A small number of students drop into the library to study after school.



← Often the most productive time to study is at the end of a class period while the teacher is right there to answer questions.



← Mark Bakke takes a break from his numerous hours studying math and computers.



Gerald Brynildson, Superintendent of Schools.



Donley Johnson, Director of Personnel and Administration.



Beth Sullivan, Director of Educational Services.



Robert Juhl, Director of Business Affairs.

Replacing the greenhouse at the high school is an important problem, not only dollar-wise, but also in terms of the number of ag students affected by its demolition from heavy snow.



Board chair Vernon Boettcher is carefully considering a point in discussion.



School Board Sets Spending Strategy

Choosing where to spend educational monies was again a challenge. Besides negotiating a contract with teachers, the board was faced with decisions about building a new district office building, buying a hockey facility, repairing the green house, adding gym space at Southwest, as well as routine business. Discussions centered on needs versus wants, long range effects, and whole school picture. With the input of citizens, administrators, staff and students, the board struggled to make choices that met the needs of the majority.



DISTRICT 831 SCHOOL BOARD — **Back:** Sandra Neuenfeldt, Thomas Paul, Kenneth Sample, Superintendent Brynildson. **Front:** James Moratzka, Vernon Boettcher, Lilly Olson.

Principals Encourage Student Success

Who was responsible for everything that went on in this school? The answer is the principals. Students saw them visiting classrooms, observing teachers, or in the cafeteria. However, much of Mr. Reynolds' job took him away from the students. The assistant principals, on the other hand, were more involved with the day-to-day running of things, including attendance, discipline, activities, and liaison for community services and the police. Mr. Reynolds was a very busy man. He attended meetings, saw people, and tended to loads of paperwork. When asked what part of his job he would like to change, his response was, "I want to have more interaction with students."

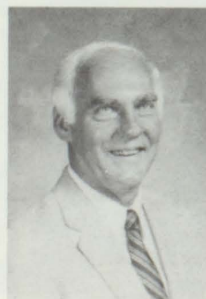
What is unique about Forest Lake High School? Because Mr. Reynolds had worked at Fridley and Columbia Heights before coming here, he is a good man to answer this question. He said that because of the geographical makeup of this district, it is "difficult to acquire an identity for this school." By this he meant that students live too far apart, and he would prefer a smaller area so the school could be more close for the students. This would have made it easier for students to go to after-school games and to get more involved.

How can this school be made better? Mr. Reynolds would have liked to see more course offerings and a more successful athletic program. Also, he would have liked more students to come in and see him to give him feedback on the school and its programs.

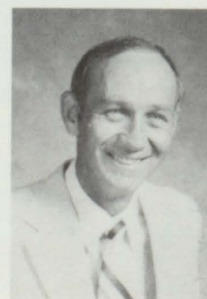
Administrators encouraged more communication between students and their parents. Mr. Reynolds wants to "impress upon students their responsibility for their education and to make the most out of school. Also, get involved and have fun." Mr. Koski mentioned that parent and student involvement was vital and in some ways aided attendance and positive attitudes.



↑ Mr. Reynolds takes time to pursue the bus loading situation after school.



T. Reynolds



R. Cooper



L. Koski



— Melba Sahlin adds her spirit and charm to the homecoming parade.



! The secretaries to the principals take a short break to pose for a group picture, even though the phones continue to ring.



D. Gorka



C. Johnson



J. Johnson



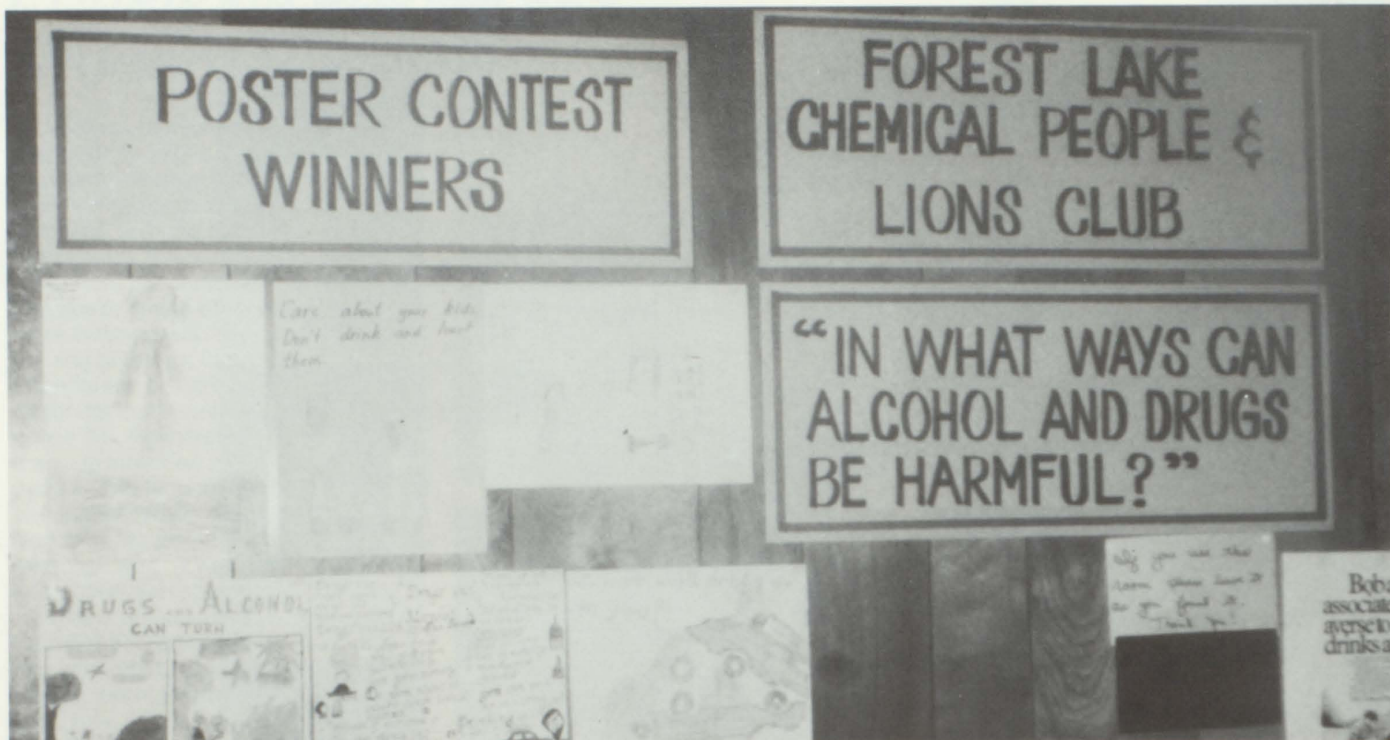
M. Sahlin



M. Tuominen



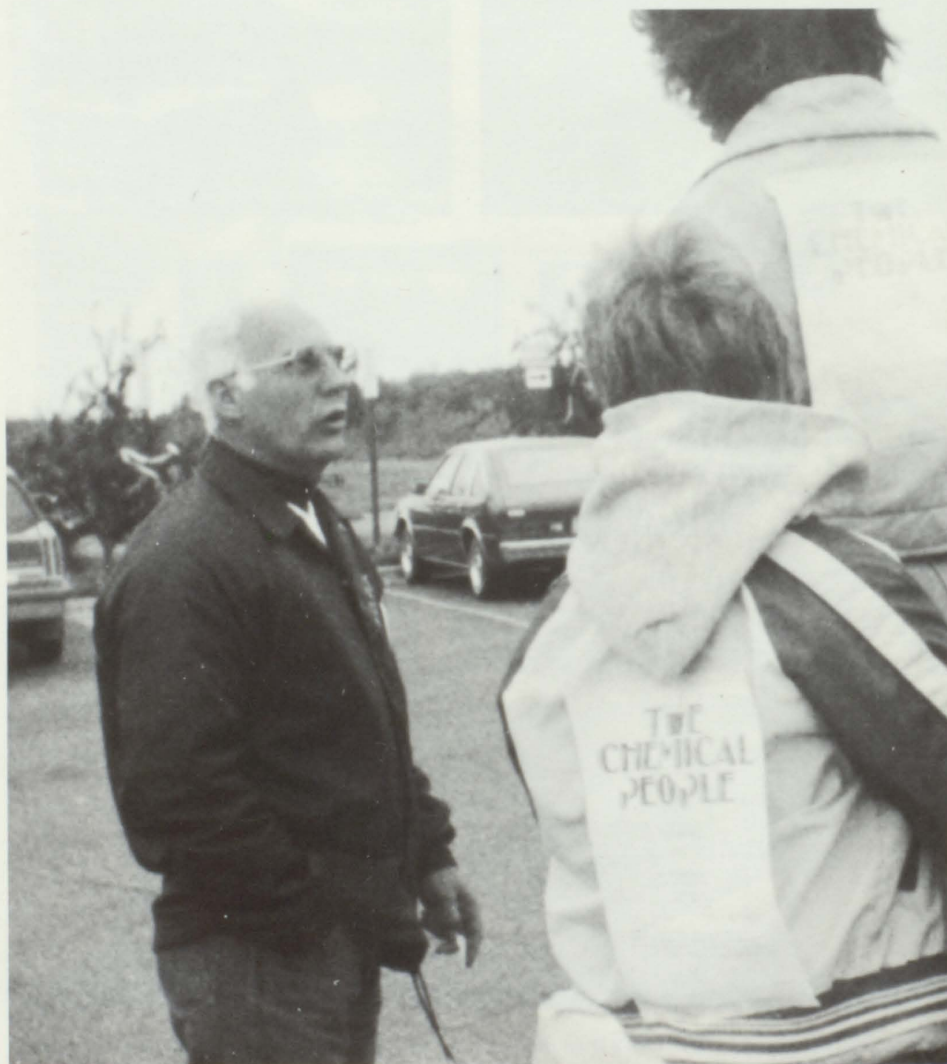
B. Westrum



Elementary students made posters about chemical abuse as part of the drug awareness issue during the Chemical People programs.



J. Leslie



Mr. Reynolds stops to talk to students who volunteered to ride the Chemical People float to help advertise the town meeting.—



—People of many ages and a variety of interests filled the Camel Club to hear panel discussions and to watch the Chemical People programs aired on channel two.



—The Chemical People project was enthusiastically advertised in the Homecoming parade.

Chemical Abuse Attacked at FL

Have you had a friend that has gotten into drugs and noticed how much they have changed? That is what chemical abuse does. It blocks the communication process and the ability to reason. It also affects a student's attitude towards school and work.

Students who are involved with drugs or have friends or relatives that are using have an outlet at Forest Lake High School. Mrs. Joyce Leslie is a full time chemical health coordinator for the school district and is available for a variety of counseling needs. Her main tasks are to help students who have been through treatment get peer support and give them a place, called group, where they can share feelings and frustrations about life after treatment. Groups are also available for persons who need a place to discuss problems dealing with people in their lives who are abusing drugs. Parents, teachers, and sometimes students themselves, can also set up evaluations to see if someone is abusing and needs treatment.

The community knows that youth are using and abusing. Task forces are active as a result of the Chemical People program in November and are setting goals and strategies for dealing with use of drugs by young people in the area. Meeting at the Camel Club, the parents, students, teachers, and others all agreed that youth do abuse drugs, and there are things families can do to monitor use and possibly prevent abuse.



Mr. Koski, a member of the panel at the town meetings, shares some ideas with Mr. Hegseth.



¶The Chemical People project was used throughout the United States to deal with use and abuse by young people and to get communities involved in dealing with the problem.

Students Appreciate Lunchroom Choices

Were the hamburgers soy-burgers? Some reported incidents of someone spitting in the soup. Another claimed to have found gum in her soup.

Most schools' lunch programs have rumors of mythical proportion. Despite the rumors, "Everyone needs to eat"! This is the premise from which the government sponsored lunch program was developed. Bearing in mind that some students probably won't take the time to pack a nutritious meal and that they don't always make sensible food choices, the program makes the choices and offers a variety to ensure a balanced lunch for those who buy lunch at school. Even though some people complain about looks, taste, and the token system, our program is one-of-a-kind, called the scatter-bay system.

Students enter the hot food serving area and are confronted by choices in the main course, the salad area and desserts. Hamburgers are usually available, on homemade buns, as a standard entree. Other popular items are tossed salad, taco salad, and quiche lorraine. Bag lunches were also available for the hot lunch price of 85¢. Included were a sandwich, fruit, milk, chips, veggies and a cookie.

It takes many pairs of hands to offer the variety and quality of foods that our lunch program provides.



M. Dingman



M. Hoyt



B. Kranick



M. Milleren



M. Menne



D. Lamers



— Students get two main choices, a bag lunch or a hot lunch. Within these two categories much variety is available.

— Mrs. Sorenson supervises hectic kitchen activities with a smile.



S. Moore

E. Oberg

J. Proulx

J. Schmidt

J. Soebbing

H. Sorenson

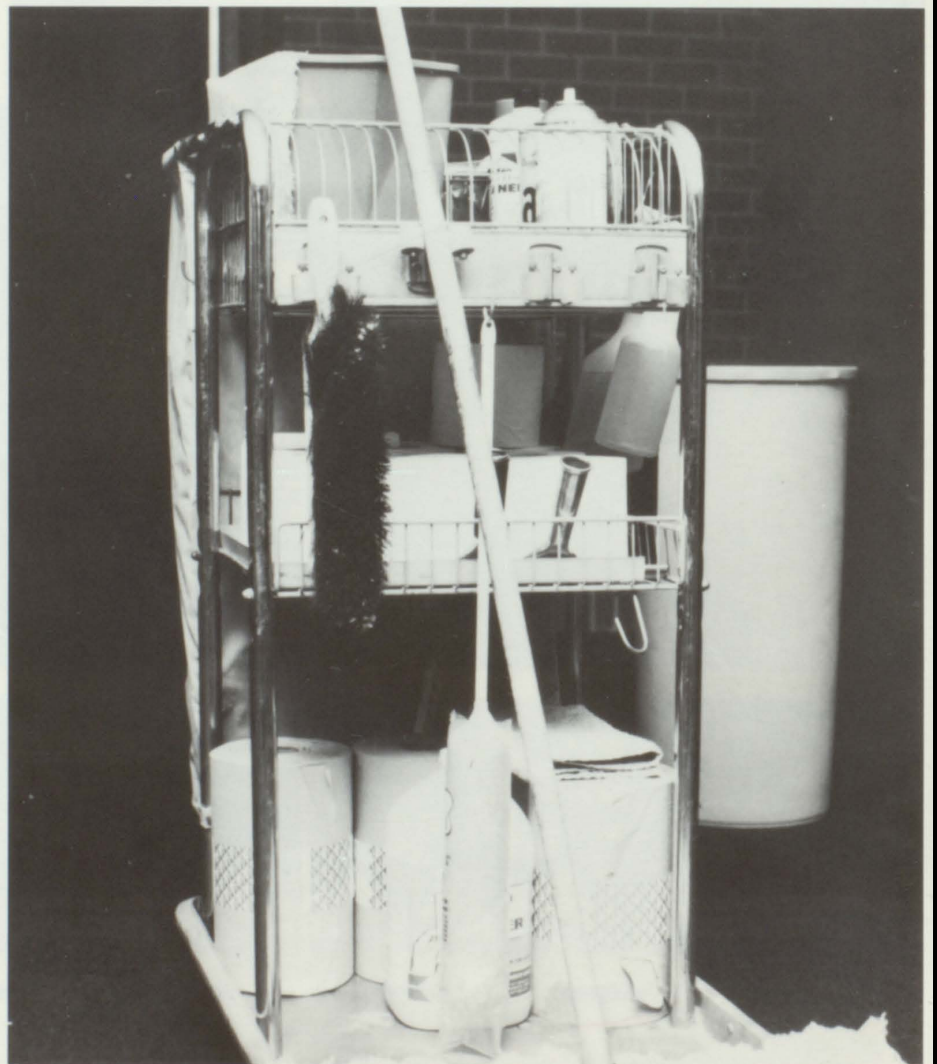
CUSTODIANS — Front: B. Nelson, L. Hansen, J. Olsen. **Back:** B. Hovfer, D. Mudrick, S. Parenteau, J. Davis, A. Zeuleger.



Custodians Fill Multiple Roles

Custodians have diverse roles, especially at F.L.H.S. The obvious tasks include cleaning the floors and washing blackboards. Other services we take for granted are their efforts to keep the heat regular and uniform, to keep lockers in shape and locks in working order, to maintain lavatories and to wash windows and showcases of ever-present fingerprints and smudges.

The cart of tools and cleaning supplies is ever present. It is symbolic of the clean building we have.



Variety of Services Characterizes A-V

— Cleaning and maintenance services are provided by the A-V department. The department also provides a variety of other services to the school community.

— What a mess! Inconsiderate students dump papers on the floor.



† Janitors clean outside too.



† Janitors also clean off the notes you leave to your friends on the lockers.

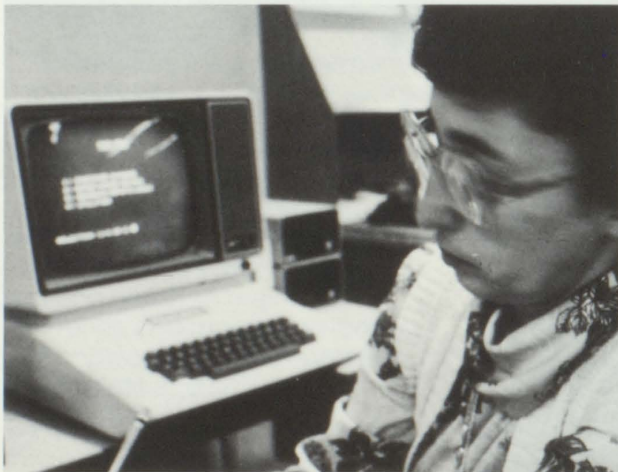


Always ready to answer questions is Mrs. Kroska. —



The *Readers' Guide* is helpful in research. —

Creating masters is a major part of K. Bakken's job in A-V. —



↑ Library statistics are aided by computers.

Considering the number of tests given, the copy machine rarely rests. —



Mr. Fuhrman seems to live in A-V. —





— A-V staff Ensrud, Fuhrman, and Bakken take a break.

↓ Signing-in with passes is a must in the library.

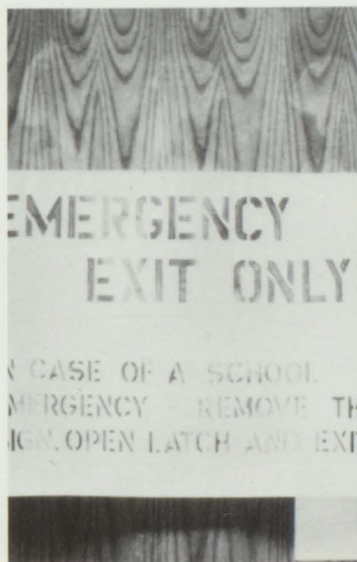


Variety of Services Characterizes A-V

What would we have done if there weren't a library and A-V department at F.L.H.S.? According to Mrs. Ensrud in A-V (audio-visual department), "Students have a lot of reasons to use the library and A-V." Students in the past have used the A-V room for the following activities: making posters, using the Apple II Computer, watching movies or videos, getting paper, stencils, markers, and paint, or just doing their homework.

The library offered many different kinds of books and magazines for the student body to use. The students did book reports and research papers. Others just found good books to sit down and read. Often used as an area to socialize, also, the library was there to meet a variety of needs.

↓ Patti Tremmel uses the library to finish an assignment.



K. Bakken



J. Kroska



R. Moskop



E. Zeller

Counselors Assist in Student Scheduling

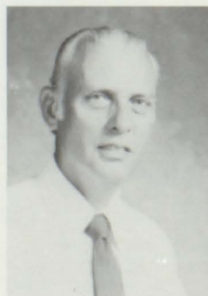
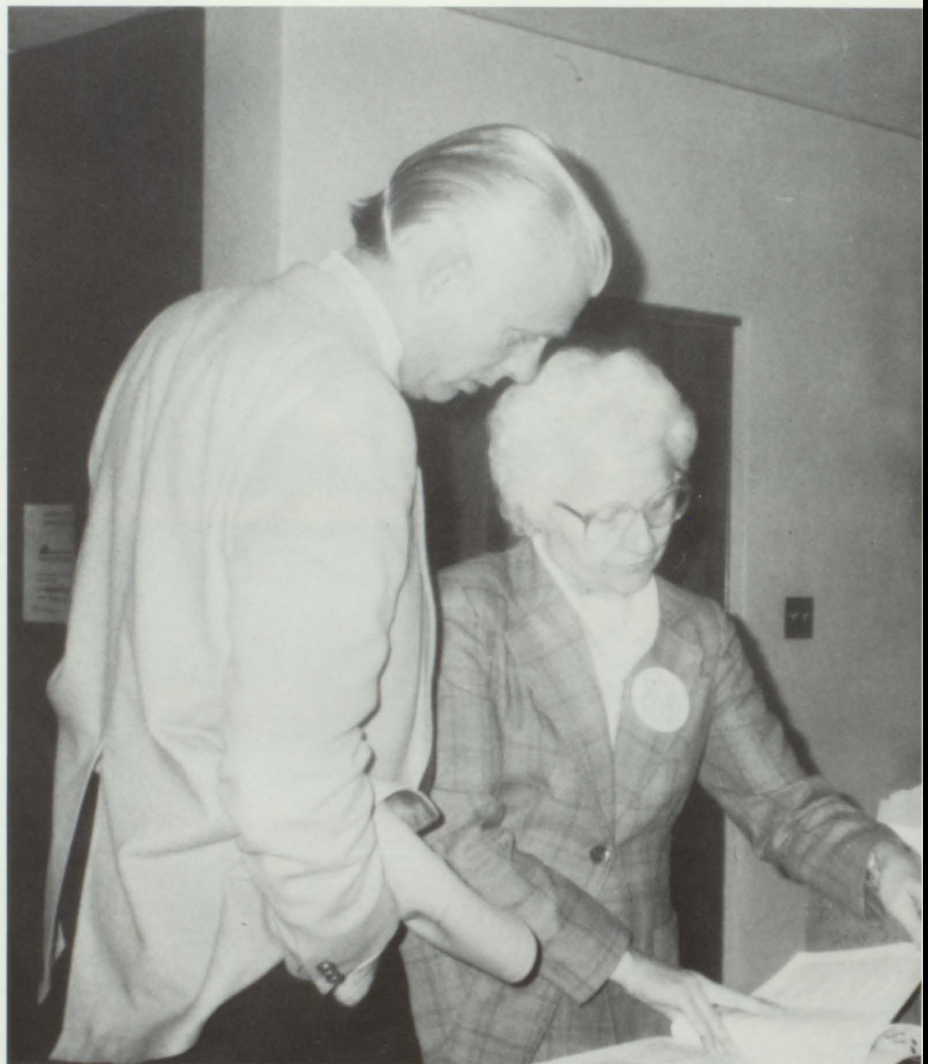
Who can help? The counselors, Mr. Grove, Mr. Motschenbacher, Mrs. Nickerson, and Mr. Poepard were the people to see for help. In fact, the main duty of a counselor was to assist students. Therefore, if students were in need of advice, they saw a counselor. They were available to help with school, relationships, family, and personal problems. Also, the counselors were a big help when planning for a future career.

Every day the counselors saw students, parents, teachers, administrators, and social service people. Because of this, they were very busy people. Mr. Motschenbacher said, "I view the job of a counselor as one that has a lot of unseen responsibilities to students, the school, and to parents." These unseen duties included sorting out schedule problems, helping register students, testing juniors and seniors, getting financial aid and college acceptance for seniors, and making sure that each student has the correct amount of credits to pass or graduate. With all of these duties it is not hard to see why the counselors found themselves "involved in every function of the school."

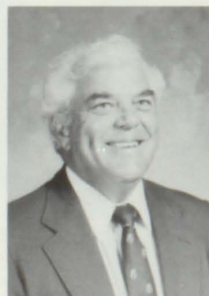
When asked in what way he would like to change his job, Mr. Motschenbacher replied, "I would like to have more time to counsel with kids." He also said, "I wish there were some way to instill in the young people to make good use of their time and to achieve to the best of their ability . . . I would like to see better communication between people, and more people at peace with each other."

Mrs. Peterson rides the secretaries' float stressing excellence. —

Mr. Grove discusses a registration process with Mrs. Hanson. ↓



V. Grove



S. Motschenbacher



D. Nickerson



D. Poepard



← Student helpers wait for instructions about arena scheduling in 1983.



↑ Setting up a schedule involves concentration on the registration booklet and materials.

← Guidance secretaries take a break.



I. Hanson



L. Larson



M. Peterson



J. Walker

Courtesy of The Journal

GUIDANCE AIDES — Front: Linda St. Vincent, Tricia Larson, Donna Julius.
Row 2: Ruth Ann Manlet, Rebecca Thompson, Kim Fisher, Tina Beck. **Back:** Greg Mass, Steve Hanke, Gavin Rosenberg, Tony Megaham.

MATH-SCIENCE TUTORS — Front: Dan Pillar. **Row 2:** Becki Thompson, Lisa Myers, Michelle Zwiers, Jane Venables, Amber Jelmberg, Heidi Grandstrand.
Row 3: Kirsten Olson, Valie Gustafson, Shelly Schroeder, Bonnie Peloquin, Bill Voelker, Chris Casey, Gary Distler. **Row 4:** Chris Wydra, Vicki Vomella, Betsy Janacek, Ann Schreifels, Shelly Buske, Mark Almquist, Darel Paul, Bill Boyd, Ron Anderson, Mike Larson, Pat Herzog, Dave Steitz, Bob Brown, Patrick Bell.
Back: Jeff Anderson, Steve Ash, Dan Hegberg, Erik Wettshrek, Mark Rogers, Tina Ferraro, Jeff Thompson, Chad Hanson, Scott Niederkorn.



TUTORS FOR LD PROGRAM — Front: Laura Winkler — Ryan, Angie Fairbanks, Lisa Thieffoldt, Penny Swanson, Belinda Berg. **Row 2:** Carol Garcia, Darlene Williams, Teri Emerson, Lisa Elliot, Maria Neckhash. **Back:** Mrs. Olson, Joan Grindberg, Chris Wydra, Ramona Gibson, Heidi Grandstrand, Karl Johnson, Rosalie English.



Tutors and Office Aides



Mary Pfingsten, Sheila Bakken, Beth Baker, Shelly Helinski.



Karin Gierke, Terry Barnett.



Sharon Anderson, Lisa Eder, Bob Jambor.



Dean Weiss, Jill Arneson, Cathy Donahue, Wally Lund.



Carol Clarin, Laura Kubes, Jodi Teel.



Wendy Nelson.



Michelle Lilly.



Kelly Flint, Sandy Biermert, Shiela Stenberg.

FRENCH CLUB 4 — Front: Tracy Wedell, Michelle Zwiers, Sheryl Anderson, Angie Fairbanks. **Back:** Candy Kelly, Nels Solem, Renee Robinson, Mark Grove, Ann Neuenfeldt, Becky Thompson.



FRENCH CLUB 3 — Front: Willie Janecek, Tom Storebo, Whitney Muller, Terra Paul, Shelly Mickschl, Kelli Harding, Angela Sarne, Michelle Bulow, Amber Jelmberg. **Back:** Lisa Bruley, Shaleigh Jones, Kathy Cole, Vicki Vomela, Kim Grzesiak, Ann Schreifels, Michele Ryan, Kim Turcotte, Brenda Taylor, Amy Chaussee, Cathy Nissen, Clayton McCorkle, Joan Grindberg.



FRENCH CLUB 2 — Front: Amy Houle, Lisa LaMere, Mary Kiffmeyer, Missy Smith, Trudi Carlson, Jennifer Thue. **Row 2:** Sharrise Jones, Shannon Harding, Lisa Mishak, Judy Theuer, Dawn McGill, Jennifer Lenz, Carrie Moorhouse, Heather Stockton, Allison Tyson. **Back:** Laura Johnson, Dave DeAzevedo, Donna Shatava, Rachelle Conner, Jackie Rau, Shelly Hursh, Mary Rantanen, Melissa Tornell, Carla Volkman, Jodi Gruba, Melissa Proulx, Kristi Knutson, Kim Tidgwell.



FRENCH CLUB 1 — Front: Terry Heinisch, Wendie Jackson, Julie Vomela, Brenda Gabrick, Diane Absey, Wendy Morehead. **Back:** Patti Bohaty, Debbie Petelshek, Rita Trombley, Lana Hagert, Nancy Solem, Ellen Schwanke, Mike Ramaley, Roberta Clark.



SPANISH CLUB — Front: Maria Garcia, Mark Grove, Paul Damchik, Paul Nave, Mark Boyel, Laurie Kasper. **Back:** Brian Hickerson, Ron Warness, Lynn Wojann, Jennifer Johnson, Bridget Schultz, Linda Shaketer, Lisa Minogoe, Chris Wydra, Mr. Franzene.



Foreign Languages Provide Challenge

"Travel to Europe? I'd love to if I could afford it," was how one sophomore described a chance to see Europe. But actually many pass up the opportunity because they do not speak a second language. Students were offered two choices again this year: French or Spanish. Both areas provided a four-year program and were well-utilized by students willing to spend the extra time studying a second language. Ms. Wolf decided to teach because she likes teenagers and says, "They are very enthusiastic about life and are in the process of discovering things."

The Spanish and French Clubs were formed to help students make further discoveries about Spanish and French cultures. Trips were made to plays, concerts, and restaurants to utilize their knowledge of languages and culture.

— Madame Wolf repeats verb conjugation; French classes work on group projects sometimes.



— Robin Perzichelli samples treats on Halloween; Maria Garcia is a helpful Spanish tutor.



SPANISH CLUB — Front: Barb Erickson, Tonia Lepsche, Michelle Bakebers, Sue Frederickson, Patsy Toth. **Row 2:** Jean Lessand, Lisa Stevens, Jennifer Hoyt, Carol Garcia, Jodi Reed. **Back:** Eric Hill, Matt Welage, Mike Paulino, Tim McKernon, Dean Daniger, Mark Rogers, Joe Mertes, Matt Branom, Mike.



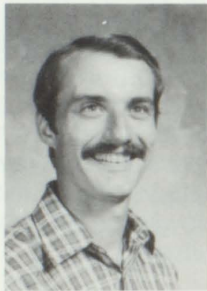
SPANISH CLUB — Front: Mike Booth, Janet Sherwood, Debbie Meyer, Sue Ulvin, Tim Maddan. **Row 2:** Kris Kanada, Tammy Schmidt, Shelly Anderson, Roxanne Garrison, Kari Grandstrand. **Back:** Shelly Buske, Katie Traugott, Shelly LaBore, Amy Gross, Darci Nelson, Margaret Boyer.

Foreign Languages Provide Challenge

Teacher J. Johnson shares in the spirit of Halloween and tries to type with a mask.]



T. Hpkins
D. Iverson



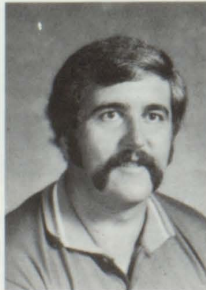
J. Johnson
M. Olson



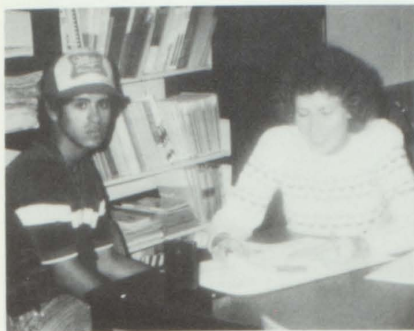
P. Olson
S. Rose



R. Stangeland
B. Streeter



]Mrs. Hagberg and Glaser take a break from their busy schedules.



— Mrs. Iverson gives Mario individual help in math.

↓ With a cheerful smile Mr. Johnson writes a visitor's pass.



↓ Work time in Mr. Streeter's room can be used for reading the paper.

Special Services Meet Varied Needs

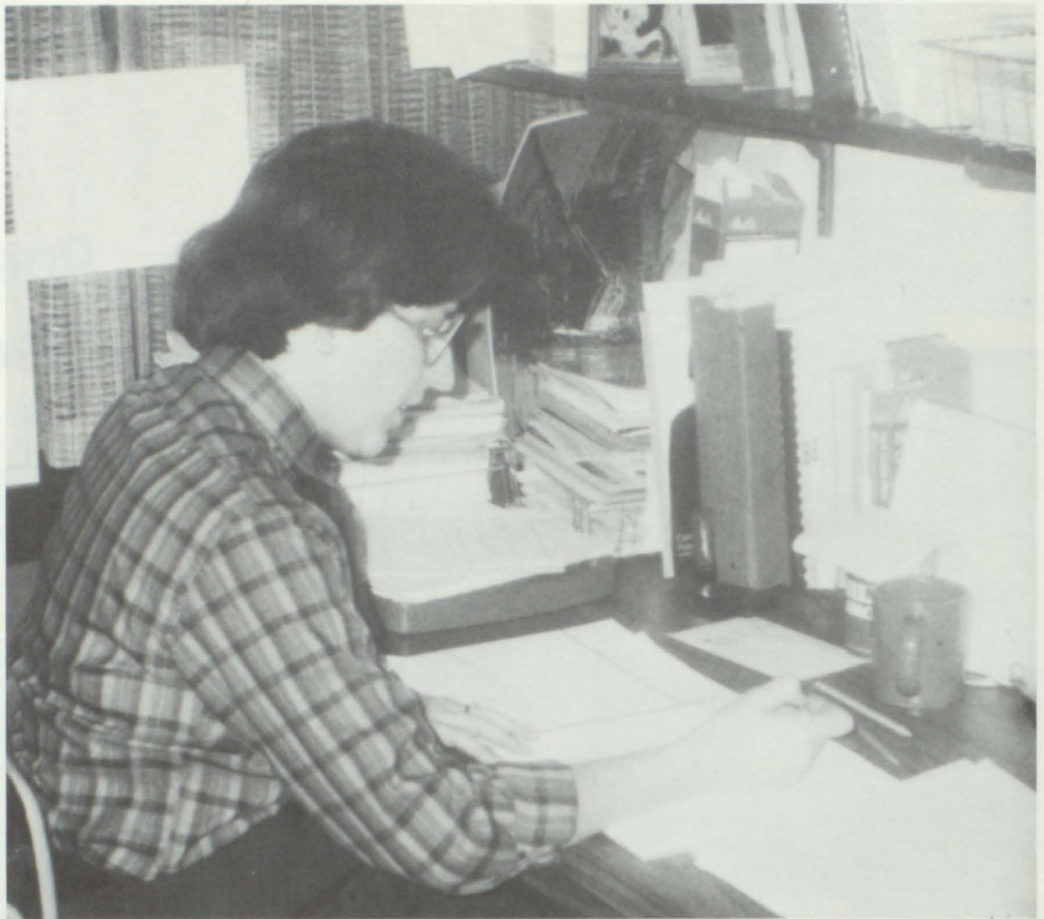
"Equal opportunity" is a goal of all, but the phrase was especially relevant to students who needed help in special areas. These students with academic impairments received special services and, in some cases, specialized instruction. Many were able to find help with classwork from referrals by teachers. The referrals were addressed by the Student Study Team (S.S.T.), consisting of guidance counselors, special education teachers, Mr. Koski, and the school psychologist. Needs were assessed and students were then placed in appropriate programs to deal with their impairments. Programs available were speech therapy, an E.M.H. classroom, emotionally handicapped assistance, learning disabled help, reading, and peer tutoring. Mainstreaming and help from special support staff were combined to make graduation a reality and yet make the high school experience as meaningful as possible. As Mrs. Iverson, E.M.H. teacher added, "I feel very close to my students and am proud when they graduate"!



J. Glaser



N. Hagberg



Mrs. Stone works on the careful—plans needed to oversee early childhood classes.—



↑ Sewing demands patience, especially when pinning and hand sewing are crucial to the final product.

Lisa Gleixner enjoys the sampling part of foods class.—





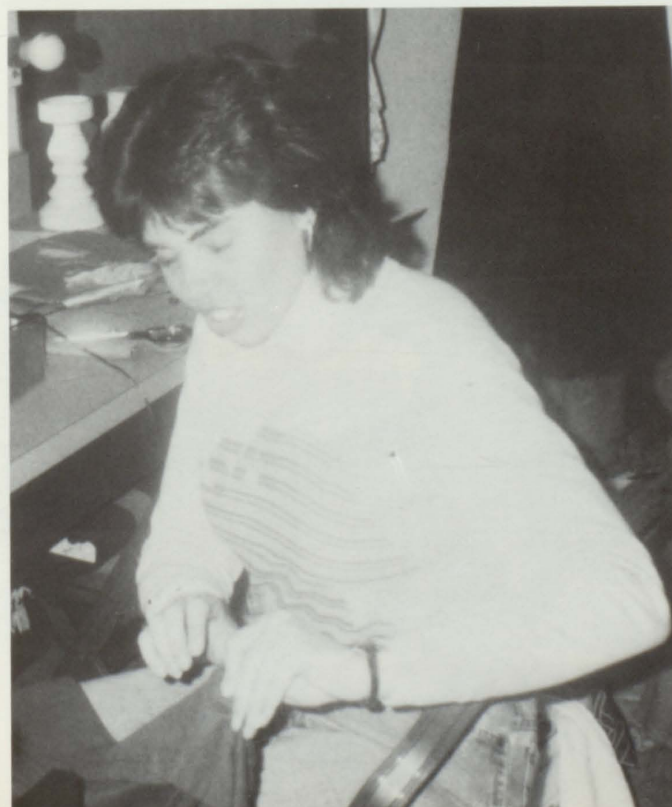
← One of the rewards of foods class is sampling the projects, unless you do not like broccoli.

↓ Sewing projects may vary, but all students, boys and girls alike, are expected to be neat and accurate, even if it is the third time a seam was done.



Boys Eager to Sew and Cook

Boys in home economics classes? Ten years ago it was rare, but now it is common and accepted. The courses offered appeal to guys who are liberal and do not believe that a woman's place is in the kitchen. Courses offered included foods, family living, exploring childhood, housing, childcare, sewing and consumer economics.



J. Bernauer



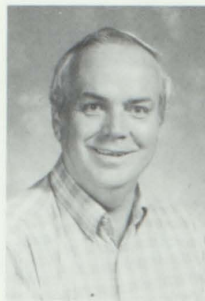
J. O'Connell



F. Stone

← Frustrating as it is, seams need to be redone.

M. Hansen



A. Larson



N. Pechmann



Visual Awareness Emphasized in Art

Visual awareness was the goal of the art department. Art I provided the basics to meet this goal. Anyone wishing to go on in art had to complete Art II as well. To bring students to respond to the arts, comparisons and discussions were required. Students' creativity was encouraged, and it was hoped that the relationship between student ideas and art media was understood. Finally teachers provided films, demonstrations, and listening experiences to enrich students' creativity.



Sixth hour related arts students enjoy a warm day outside while experimenting with clay. ↑

Choosing the right color for the right effect is part of the challenge of art. →





← Jodi Gruba and Shelly Shroder proudly display their projects.



↑ Sue Doerr enjoys the chance to work with clay.

← Utilizing and discussing student ideas is just part of Mrs. Pechmann's job.

| Shop gear includes this helmet.



| Finishing touches are added to a metals project.



ELECTRONICS CLUB — Front: Chris Chierello, Jim Breving, Mike Horak, Brian McCarger. **Back:** Tim Sireno, Scott Niederkorn, Mr. Branson, Charles Johnson, Dan Pillar.



— "Hands on" is the term industrial arts teachers use to describe work on projects.

↓ Mr. Pogreba demonstrates a concept before students try it.

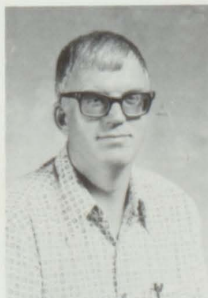


Pogreba Explains Exploratory Education

"Exploratory education" was the term used by Mr. Pogreba to describe the industrial arts. The classroom experiences have had practical application outside the classroom and it isn't likely that computers, robots or machines will take over the industrial arts. Mr. Branson runs an electronics club for students who wish to experiment with electronics outside the classroom. The industrial arts offered included plastics, electronics, drafting, hot and cold metals, and wood related areas. The program contributed to the general education of graduates, giving them practical skills to use in their own homes and businesses.



J. Branson



S. Hallin



T. Pogreba

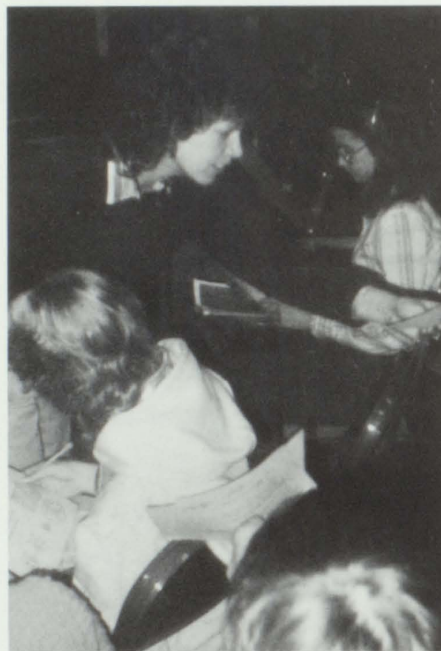
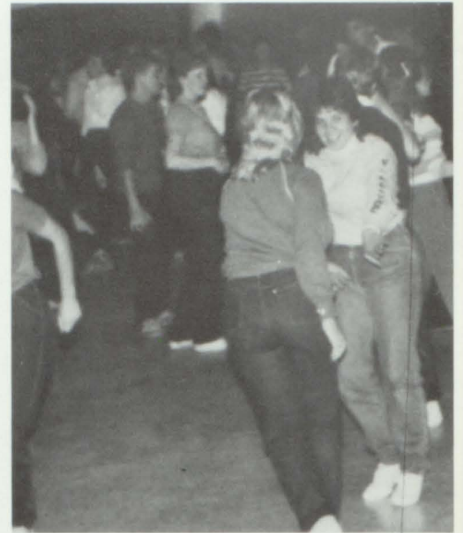


J. Reiman

P.E. Emphasizes Lifetime Skills

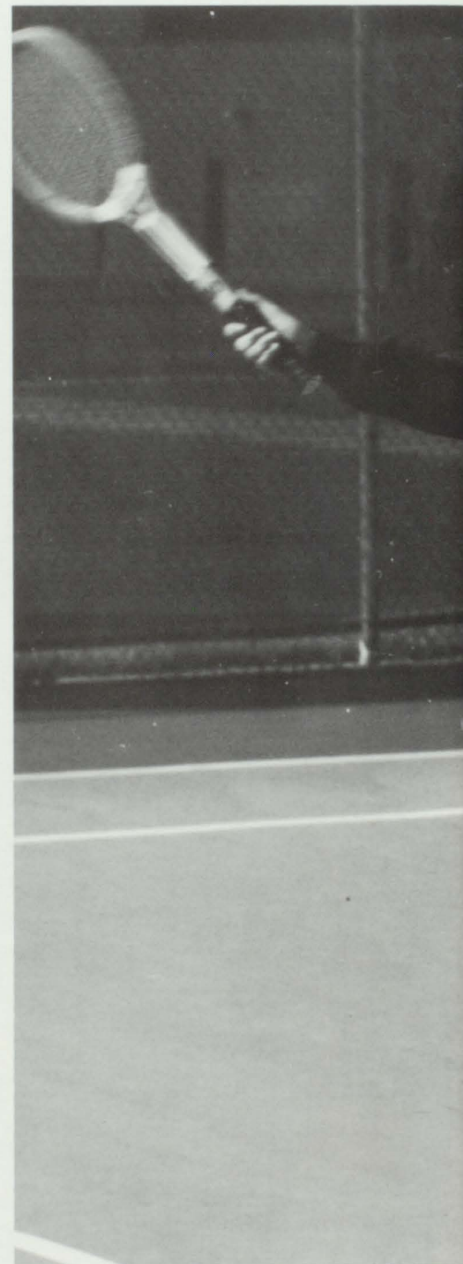
Specific graduation requirements in health and physical education were just part of these "required courses" to some. For others, the classes were fun and rewarding. Sophomores had three units to fulfill to pass; physical fitness, dance and a racquet sport. Also included were thirty elective units, depending on the season. Taking one third of the year, health had eleven units ranging from mental health and personality to the physiology of exercise. Electives from tenth grade in more depth. Physical education and health classes varied but the major objective was the same: to create an awareness of how physical activity relates to a person's physical, mental, and spiritual health.

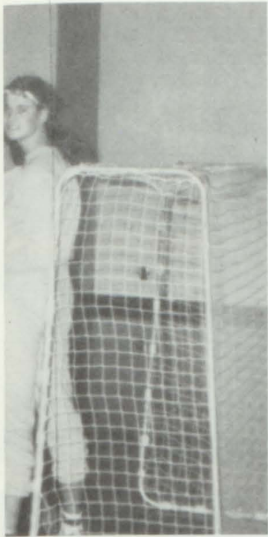
Dancing is a lifetime activity encouraged in p.e. —



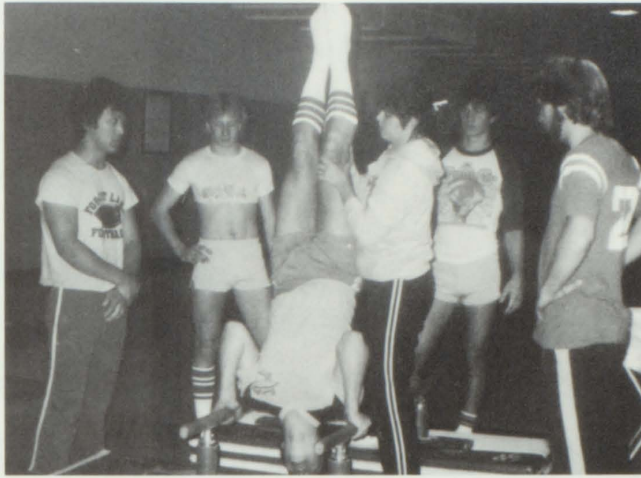
↑ Helping with a question in health is Mrs. Nelson.

Tennis is a popular unit in the fall. —



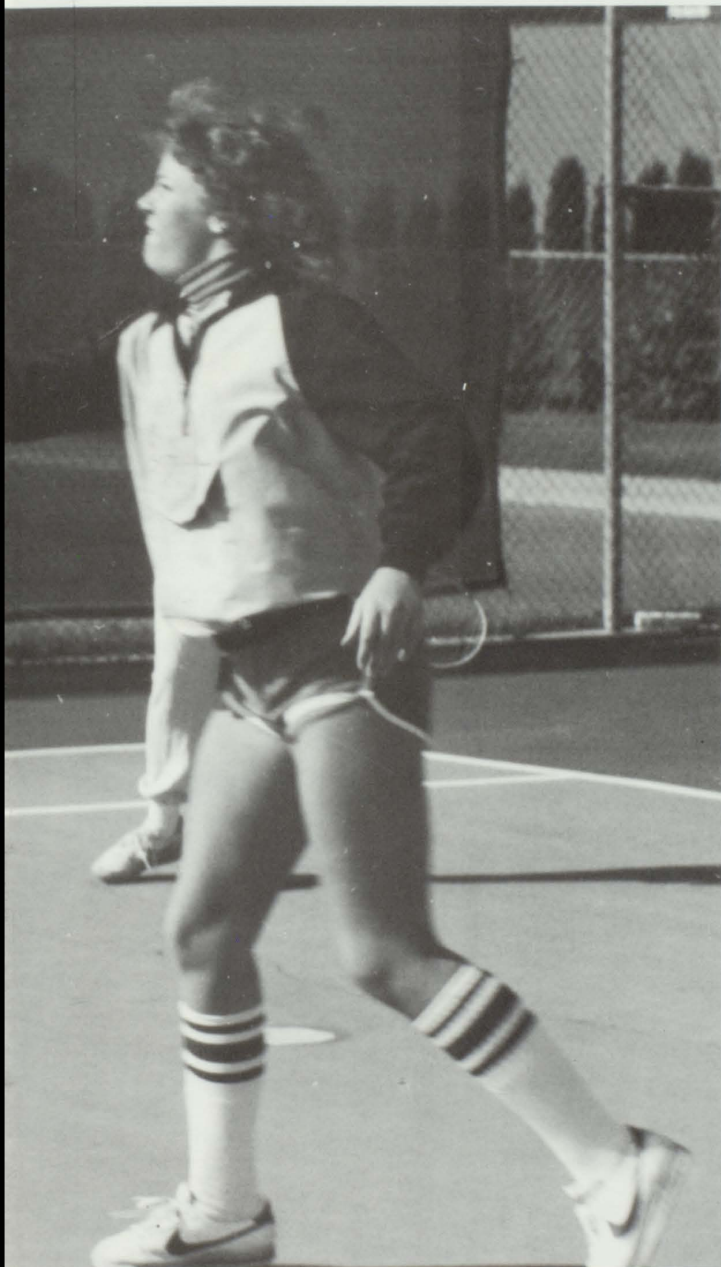


← Floor hockey provides excitement and a workout.

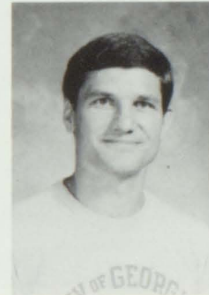
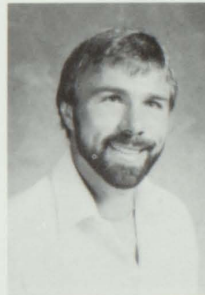


F.F.A. Receives National Award

— Gymnastics appeal to students on a more limited basis.



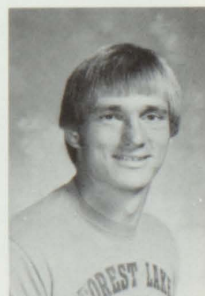
K. Briguet
J. Conley



B. Dettmer
B. Hegseth



J. Nelson
J. Paulson



B. Rowbotham
R. Schwab

Ninth grade Greenhands enthusiastically participate in the initiation. —

Lined up to welcome Greenhands are the officers. ↓



↓ Special cake is served to new members.



M. Hill



L. Hyatt



FFA — Front: Mr. Hyatt, Steve Miron, Gabe Gubash, Glen Boettcher, Kim Miron, Lisa Anderson, Barb Nordin, Mr. Hill. **Back:** Mark Schodt, Tracy Ness, John Nekowitsch, Ray Cardinal, Matt Branum, Mike Ranall, Mark Grove, Kurt Traugott, Ann Schreifels, Kris Kanada, Bob Coleman, Bernice Peltier, Heidi Meehl.



Glenn Boettcher, President
Kim Miron, Secretary
Gabe Gubash, Reporter



Lisa Anderson, Vice-President
Steve Miron, Sentinel
Barbra Nordin, Treasurer

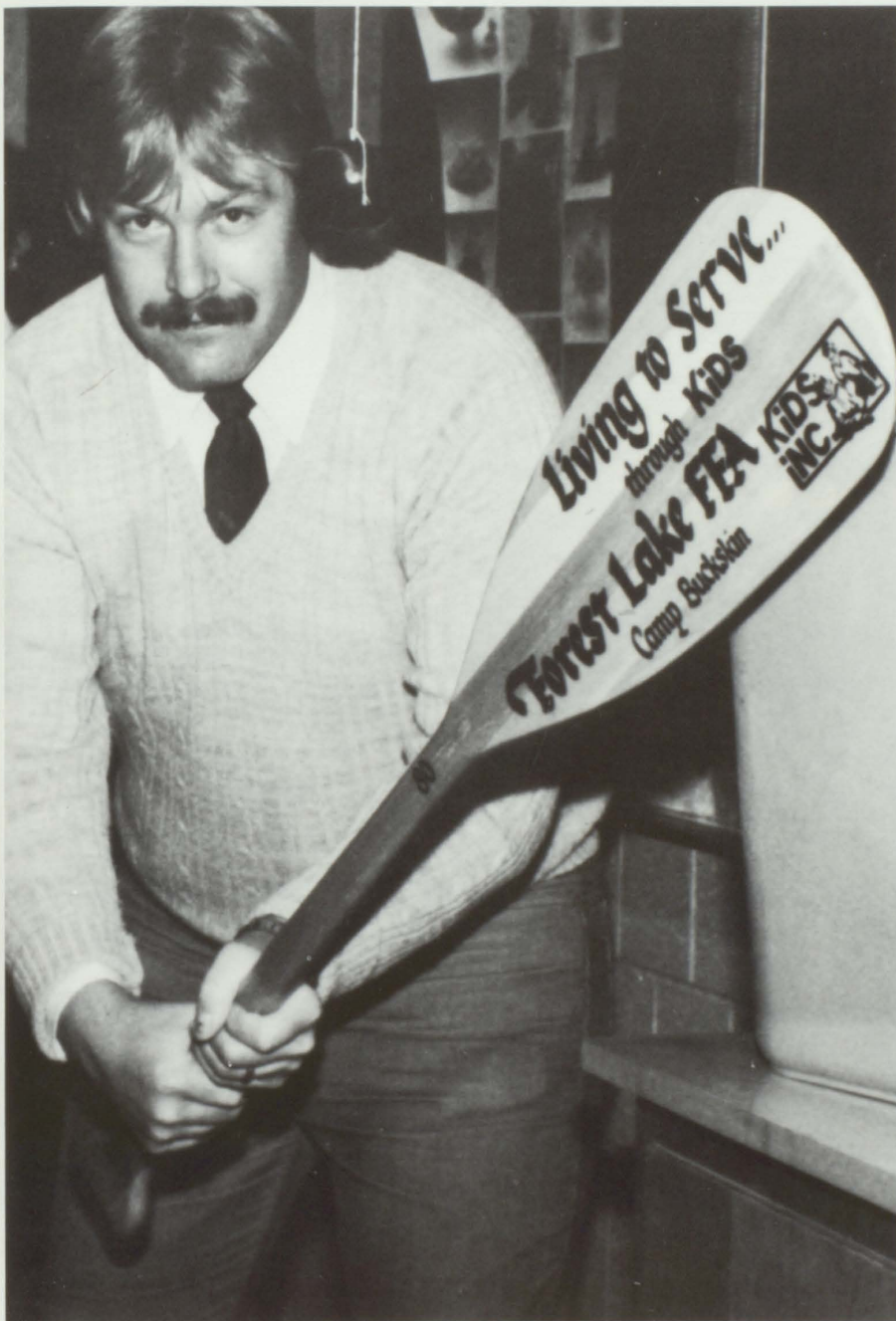
F.F.A. Receives National Award

Recognition at the national F.F.A. convention in Kansas City and the bronze National BOAC (Building Our American Community) Award are two of the accomplishments of the Forest Lake Future Farmers of America. F.F.A. is a national program in agriculture that is federally funded and demands a strong dependence between the vocational agriculture classes and the related co-curricular activities.

To promote a strong future in agriculture students study ag-related areas in the classroom and then are expected to utilize the information in F.F.A. activities, many of which involve competition at the local, state and national level.

Locally, the chapter completed the BOAC project at Central Junior High and received the bronze award in Kansas City in November. At the State Fair they won honors for their team demonstration and also brought home a first place award for their horticulture booth.

Other highlights included promoting ag at the state capital, community involvement in F.F.A. week during energy week, and the annual horse show. At the national convention six members and Mr. Hyatt, advisor, accepted the National Chapter Award. In the last four of five years Forest Lake F.F.A. has been recognized nationally for its achievements.



— Mr. Hill demonstrates the paddle of knowledge.

CHAMBER CHOIR — **Front:** Paul Krongard. **Row 1:** Mike McEnery, Kelly Trudeau, Lisa Peterson. **Row 2:** Rod Boatman, Trevor Carlson. **Row 3:** Roy Powers, Wendy Tessier. **Row 4:** Jeff Edelen, Jill Bauman, Pat Anderson, Jane Arsenal. **Row 5:** Shannon Steele, Debbie Krenz, Angela Thomas, Holly Zapzalka. **Row 6:** Rich Kupfer, Julie Lichtscheidel, Karen Skoog, Lee Charais, Jeff Wojtysiak.



J. Lindstrom



SOPHOMORE CHOIR — **Front:** Mary Reese, Brenda McCarger, Kris Kedrowski, Karen Rector, Kim Newman, Anne Wilson, Carrie Peterson, Jeanna Matheison, Stacey Gunderson, Jill Branson, Heidi Schlaeger. **Row 2:** Tanya Malwitz, Lana Peterson, Betsy Jergens, Wendy Johns, Jill Pietraszeiwski, Michelle Wulff, Angie Schmitt, Michelle Lilly, Tina Herbert, Diana Eberhardt, Darci Nelson. **Row 3:** Tammy Herring, Pauline Houle, Bobbi Sygulla, Kim Ostrowski, Jackie Bauman, DeeDee Demulling, Barb Burke, Mary Janquish, Debbi Sonmor, Patty Sternberg. **Back:** Dion Carpenter, Craig Leibel, Dave Kolbow, Tate Meehl, Steve Stohr, Chuck Patraw, Todd Fultz, Mike Sullivan, Jeff Borash, Mark Norreen, Steve Baumgart, Chris Malvin, Doug Anderson, Keith Campbell, Todd Zapzalka, Jim Gajeski, Clinton Jarvis.



— Practicing for the combined
choirs concert is exhausting.

↓ Mr. Lindstrom directs and
accompanies the choirs during
class.



Combined Choirs Sing Show Tunes

Combining all the choirs into one mass choir and presenting show tunes at a fall concert set the mood for the year in vocal music. The goal? To work hard in class, gain personal growth, and perform materials practiced in class. These performances took several forms. Besides the mass concert in the fall, the choirs did holiday concerts, competed in contests, and presented a Madrigal Dinner. Singers also helped with entertainment at school functions and awards programs.

— Neatness, meaning clean shoes, dress pants for guys, and *no* pants for girls, is the rule for concerts, but not photo sessions.



CONCERT CHOIR — **Front:** Gena Bergerson, Tammi Bernin, Kim Sonmor, Jody Ward, Elaine Thurnbeck, Michelle Lilly, Cindy Rhodes, Tina Nielson. **Row 2:** Tammy Knutson, Kim Schmedeke, Sonya Stephenson, Karin Lundin, Sheila Carlson, Julie McNamera, Carrie Urie. **Row 3:** Yvonne James, Ulrika Isaksson, Monica Riopel, Jody Boyce, Vicki Giampolo, Kelly Graber, Loretta LaRoche, Liz Gregelko. **Back:** Dawn Osterkamp, Barb Wadsworth, Ramona Gibson, Laura Rashke, Lisa McCaskey, Teresa Kane, Roxanne Mueller, Robin Perzichilli, Darla Fiene.

With many band members involved in various parts of the homecoming parade, the Forest Lake Marching leftovers performed well with a small, but spirited, group.



CONCERT BAND — Front: Heather Stockton, Chris Kanada, Missy Moen, Tracy Alexander, Dede Schlaeger, Bridget Schultz, Lynnae Pletan, Wendy Moorhead, Beth Gustafson, Chris Casey, Natalie Larson, Barb Nordin, Lorrie Bennett, Kathy Boyes, Katie Traugott, Linda Hunter. **Row 2:** Shelly Funni, Jane Venables, Nola Englehorn, Teresa Paulsen, Becky Thompson, Sharon Reeder, Lisa Meyers, Karen Grandall, Traci Carlson, Heidi Schlaeger, Dave Strelitz, Dave Falzone, Rachelle Connor, Tracy Muller, Mary Ellen Rantanen. **Row 3:** Michelle Mattson, Amber Jelmberg, Kelli Ostrowski, Darei Paul, Jennifer Conlin, Kim Turcott, Allison Tyson, Linda McKenzie, Peter Voelker, Mike Hoffman, Erik Wetchereck, Sean McCoy, Janet Sherwood, Alphonse Johnson, Bob Brown, Nancy Siniff, Nancy Solem, Becky Venables, Jeff Anderson, Ron Anderson, Mike Collins. **Row 4:** Amy Chaussee, Liz Thompson, Paula Marten, Carrie Moorhouse, Jackie Rau, Sue Jellum, Terri Krammer, Steve Paulino, Kathy Fast, Darren Johnson, Scott Niederkorn, Greg Jeans, Karl Johnson, Kim Hult, Joy Maslowski, Steve Brown, Tom Storebo, Eric Jensen, Mark Bakke, John Kari, Mike Larson, Steve Ash, Jodi Brown, John Jergens, Brady Alshouse, Dick Pommier, Chuck Johnson. **Back:** R. Hahn, Michelle Zwiers, Kris Werth, Trevor Carlson, Steve Lichtscheid, Brett Tamminen, Mike Golden, Roark Schwagerl, Liz Slawick.



SYMPHONIC BAND — Front: Chris Muchow, Shelly Hursh, Serese Thurnbeck, Jan Voelker, Missy Sebeck, Shannon Pederson, Anita Johnson, Kim Tidgwall, Brenda Walsh, Sandy Granberg, Erin Madden, Laura Kubes, Diane Johnson, Kathy Cole, Wendy Grunwald, Cathy Dahl, Julie Sandstrom. **Row 2:** Kim Bergeren, Jill Whitney, Sue McGarry, Darla Glaser, JoAnn Toth, Valie Gustafsen, Karl Blazevic, Denise Mondor, Brad Thaumert, Stacy Hebb, Ron Boesel, Lloyd West, Lynda Niessen, Kristi Knutson, Bob Schlichenmaier, Earl Halley, Melanie Cree, Danel Capiel, Jennifer Johnson, Lisa Graf. **Row 3:** Joni Reiman, Michelle Johnson, Whitney Muller, Ellen Schwanke, Sue Schudt, Laurel Einquist, Lynne McLean, Chris Willinski, Tracy Christenson, K. C. Houle, Kathy Johnson, Michelle Herzog, Jeanine Paul, Jim Brevig, Mary Jergens, Joe Turenne, Patti Bohaty, Chris Obst, Dan Phaneuf, Darren Mateer, Bryan Breau, David Zierman, Brett Stueland. **Row 4:** Laurie Casper, Melisa Praulx, Lynda Sykes, Ruthann Manlet, Becky Christensen, Janet Kazmierczak, Nancy Legus, Jeani Scott, Judy Theuer, Vanessa Lindholm, Sue Kastner, Darin Haworth, Dave McKay, Amy Gross, Eric Weise, Lisa Rauner, Darlene Williams, Matt Janssen, Chris Johnson, Rick Johnson, Dave Johnson, Brian McCargar, Duane Westlund, Chris Barsness, Tom Atkin, Brian Stevens, Jack Mertes. **Row 5:** Chris Brown, Lee Retig, Mike Paulino, Mike Highland, Paul Poynter, Rob Cole, Pat Burdick, Mark Grundhoffer, Pat Steffen, Mike Horak, Mitch Bergeren, Kim Jacobson, Chris Schlichenmeier, Randy Parent, Todd Johnson. **Back:** Mary Jane Jacquish, Bob Golden, Jill Wavrin, Shantell Paul, Roy Stegner, Beth Eder, Ted Krammer, Chris Robinson, Tim Pagois, Darrel Lien, Bruce Lawrence, Greg Chester.



RANGER BAND — Front: Brenda Gabrick, Kathy Hehner, Michelle Wulff, Lisa Forman, Liz Steinmann, Kim Houle, Pam Saari, Tammi Morris, Chris Larson, Debbie Boeck, Steph Hopkins, Tammy Johnson, Jenna Plummer, Lisa Stevens. **Row 2:** Jill Rice, Carla Wisanen, Lynn Gaffney, Suzy Ulvin, Trudi Carlson, Patsy Toth, Karyn Noyes, Cheryl Kazmierczak, Lonnie Zemke, Michelle Allison, Sandy Kastner, Doug Ekvall, Roberta Clark, Angie Morken, Geraldine Schultze. **Row 3:** Denise Hurd, Deb Seiler, Joy Kosloske, Janine Hermann, Patti Jensen, Dave Route, Vince Murphy, Pete Schmaltz, Todd Kleinvachter, Joan Grindberg, Ken Glaser, Greg Schmidt, Tom Hallberg, Mike Larson, Matt Welage, Brian Thurnbeck, Ron Waataja. **Row 4:** Nancy McCann, George Roberto, Janice Helfrich, Theresa Morgan, Colleen Anderson, Colette Colter, Roxy Garrison, Stephanie Graves, Rob Horak, Dave DeAzevedo, Tim Madden, Eric Hill, Scott Dewitt, Steve Tyson, Pat Cameron, Deb Sonmor, Mike Lichey, Malcolm Houle, Mike Schwartz, Bob Stumbo, Dicie Quittum, Brett Mattson, Barb Hinrichs, Missy Tornell, Greg Johnson, John Hoffman, Stacy Graf. **Back:** R. Hahn, Deann Henry, Ken Munthe, Joel Cleveland, Ken Salo, Tim Stroman, Scott LaMere, John Raatz, Vic Stark, Kaye Lingbeck, John Dupre, Brian Kwiatowski.



Band Marches on National TV

Will you buy a pizza? How about a ticket to a dance? Can you use a bushel of apples? If a student came to your house with these questions, you knew they were from the band program and were trying to raise money for trips. The money was needed for trips to Winnipeg, Canada, to Dallas, Texas, and to Green Bay, Wisconsin. The chance to travel was a great incentive. Spots in the traveling band had to be earned though. Intensive practice was needed to pass auditions. The hard work resulted in the chance to represent Forest Lake around the country. Ambitious band students also performed at home football, winter events, and concerts. Band members look forward to trips to Michigan, Winnipeg and the Rosebowl next year.

← Practice and more practice paid off for the band, since trips to Dallas and Green Bay allowed them to exhibit their talents.

↓ Mr. Hahn, director, takes a break from jazz ensemble practice.

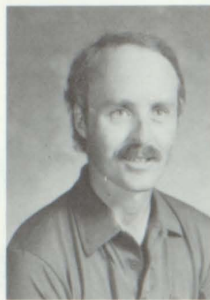


↑ Beth Eder rests her feet and drumsticks while she enjoys the basketball game.

M. Altavilla



C. Chalberg



P. Cheyne



W. Connor



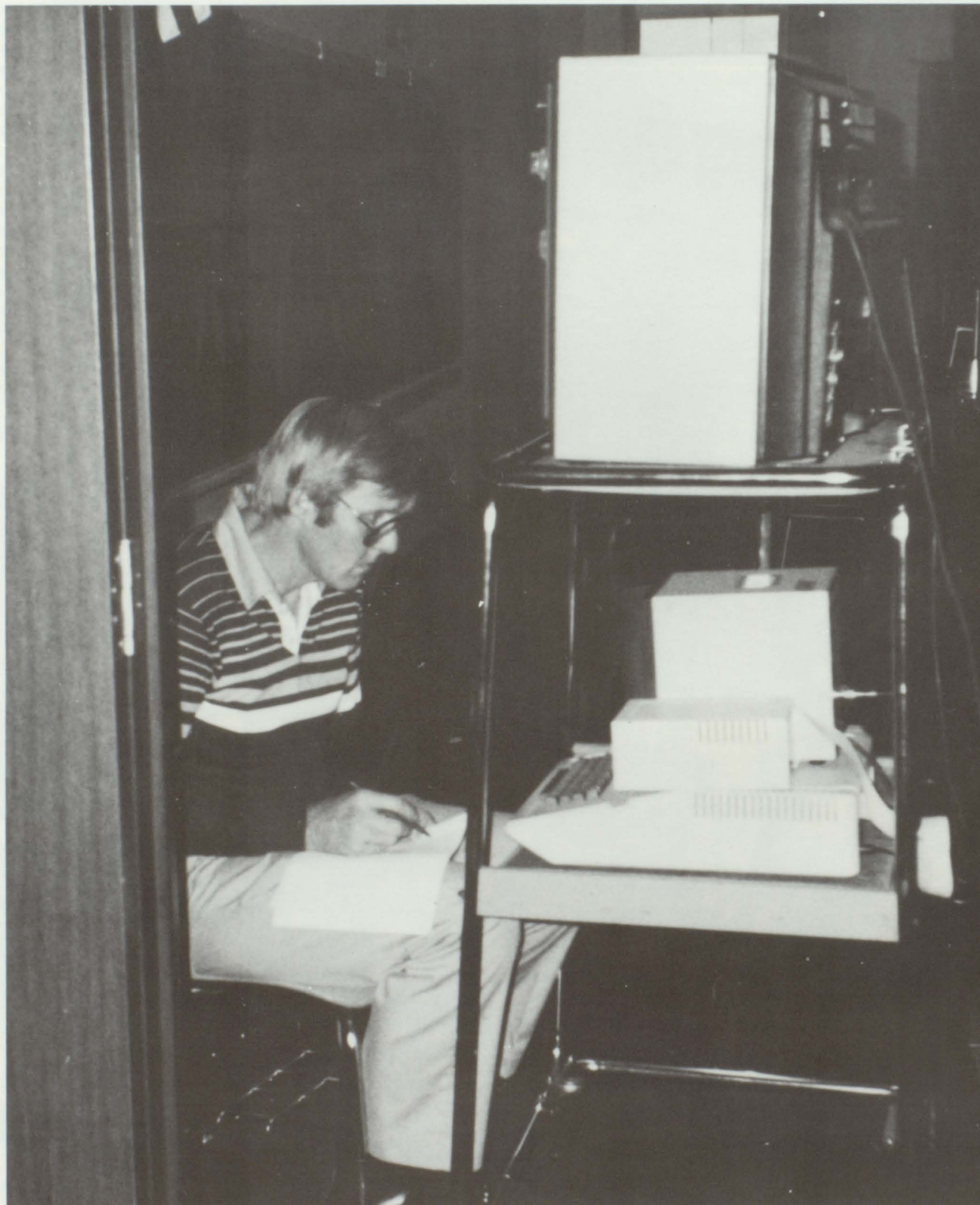
S. Jarrett



J. Lautigar



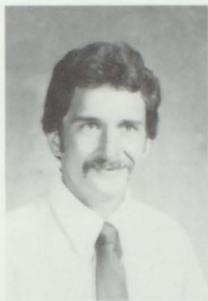
Mr. Connors
uses the com-
puter often. —



K. Lee



L. Matzdorf



D. Nelson



B. Olson



Student Tutors Make Math Easier

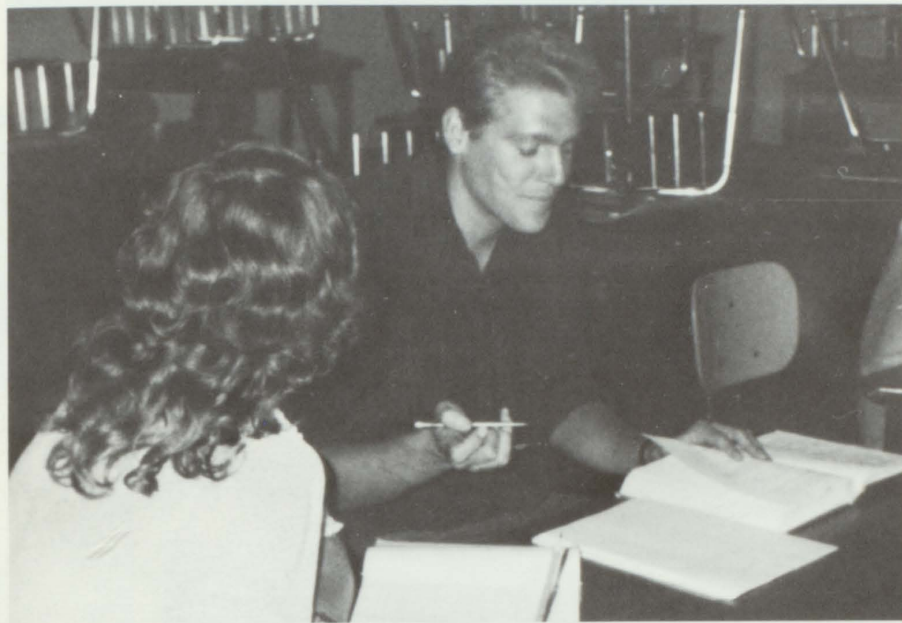
"There is no better way to learn than to teach." This was said by Mr. Conner, a math teacher here at Forest Lake Senior High School. Also, he was head of the tutor program. But, what is the tutor program? What is a tutor? Also, how does this program affect students?

The tutor program is for the students. If a student is having trouble in math, science or electronics, having a tutor can help. Mr. Conners recommended that students get help from their teacher first. However, the tutor program is available anytime the teacher cannot give special attention to a student.

Learning while teaching was one of the rewards of a tutor. The school had over fifty tutors who could give personal help to students who needed it. However, a tutor only helped — they did not do the work for a student.

If a student cannot do their proofs in geometry, for example, the tutor program helped them to see the light. Mr. Conners felt that this program was a benefit to both students being tutored and to tutors, and he hopes that the program will continue.

For the college bound student, using a tutor or being a tutor was common. These students generally took classes that challenged them. To graduate every senior must have completed two math courses, or one credit, prior to graduation. With the influx of computers in the curriculum, students seemed to welcome the "hands-on" approach rather than teacher or textbook emphasis. Despite the one year requirement, motivated students graduated with three credits in math anyway. The curriculum met the needs, and math teachers continued to work to improve the scope and sequence of the math curriculum.

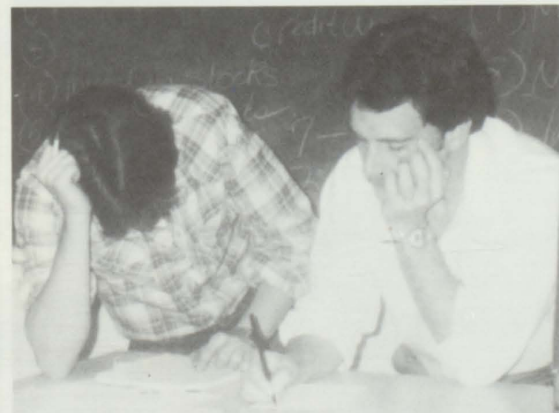


↑ Class discussion of a problem can help.

— Correcting a problem in class can clear up questions on homework.

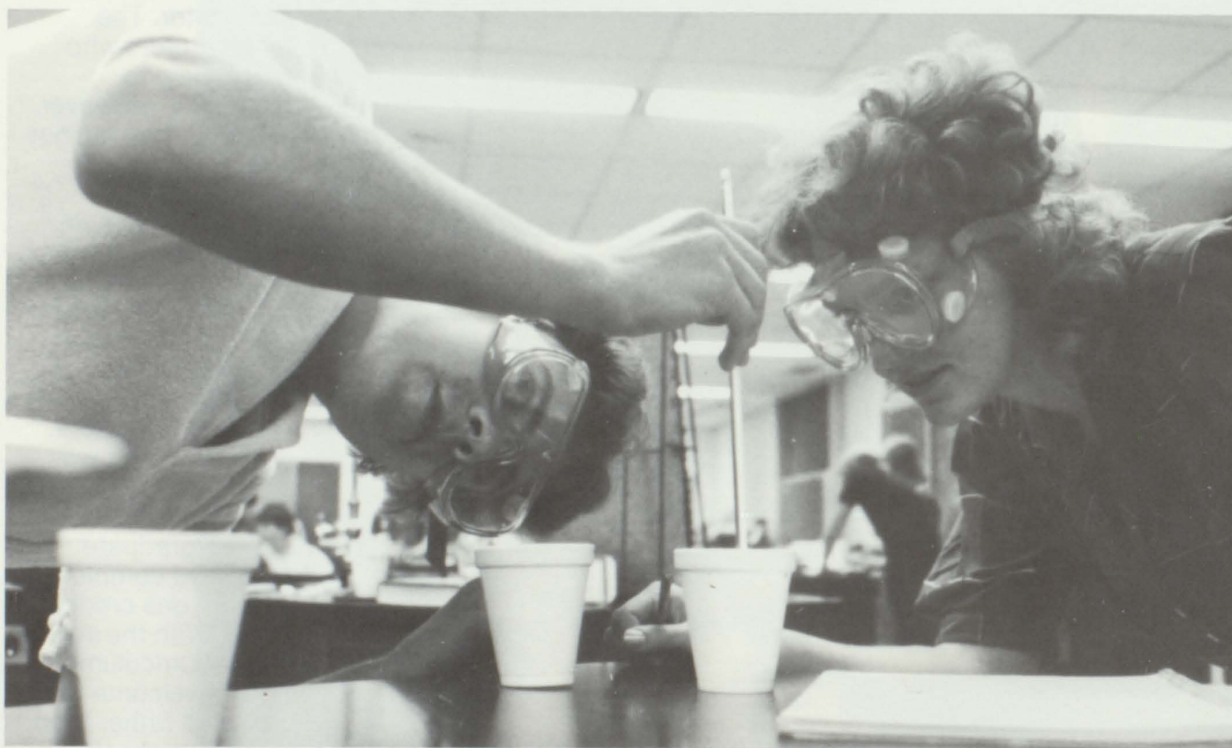
↑ One-on-one is the best way for Mr. Olson to explain a concept.

↑ Computer use is growing, as is the curriculum.





Graduates remember the tools symbolic of science lab. —



↑ Careful measurement is essential to an accurate experiment.

Chemistry is more than memorizing elements and equations. Labs make the concepts real. —





— Mrs. Hansen gives directions to an experiment.

↓ Linda Hunter exhibits correct use of safety glasses in science labs.



Students Demand Scientific Skills

"Science is not playing with test tubes, but rather an approach to solving a problem," was the motto of the science department in helping students register. Students planning to further their education after high school were greatly encouraged to take science courses as preparation for college.

There were thirteen science courses for students to choose from. Courses such as physics had prerequisites which involved math courses. The hands on experience exposed students to challenging problems and experiments.



R. Benedict



J. Lewis

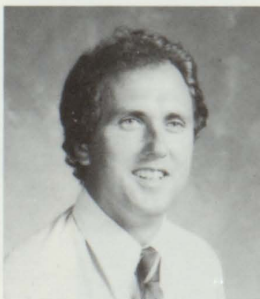
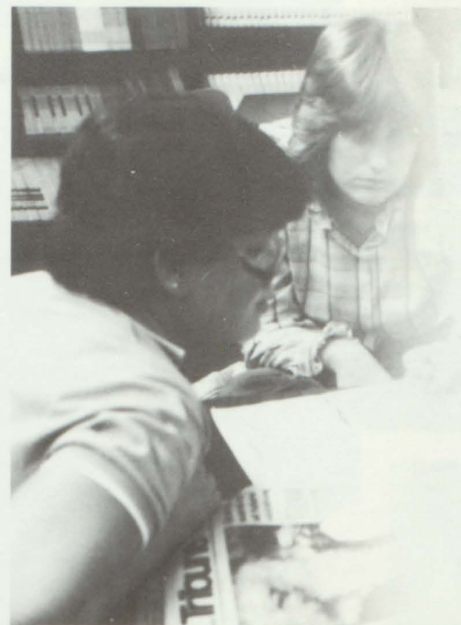
Social Curriculum Encourages Interaction

Student interaction was high this year in social studies. There was more group work and variety of activities for the students. The students learned to relate to people and understand their society better. There are ten social studies teachers and sixteen courses were offered. Contemporary problems was a social studies course dealing with current events, such as death, child abuse, urban problems, and abortion. The United States and the world helped students understand the foreign policy from World War II until now, why the U.S. and Russia fear each other, how the cold war developed and many other aspects dealing with the United States and the world.

The curriculum was intended to relate to the lives of students and to provide a basis for students' understanding of the world in relation to history, current events and government. Practically speaking, this was the intent of our student government, Student Council. The leadership and planning skills needed to successfully represent the students provided members with lifetime skills in government as well.

Sandy Harrington uses library time to finish a history assignment. —

¶ One of the challenges of teaching history is putting the past into perspective.



C. Anderson



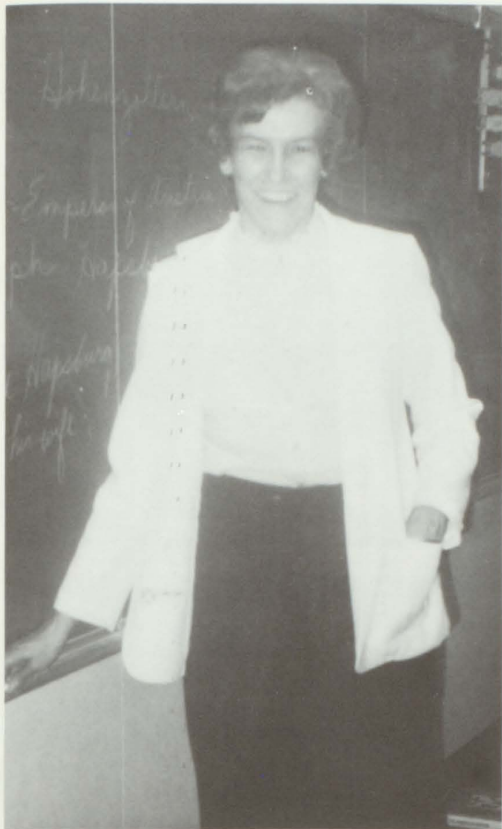
J. Dittberner



M. Grant

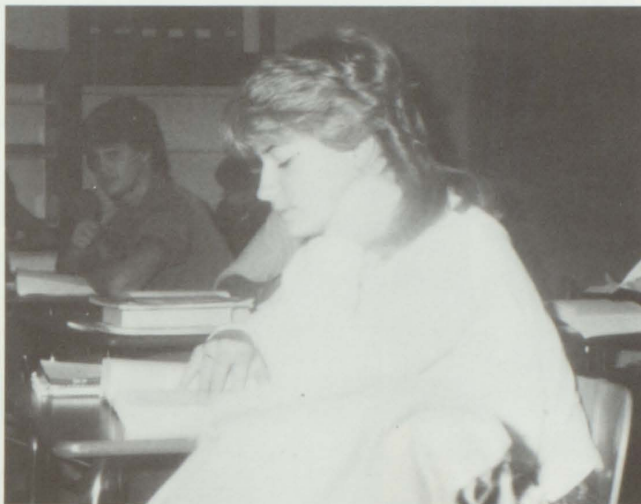


R. Menken



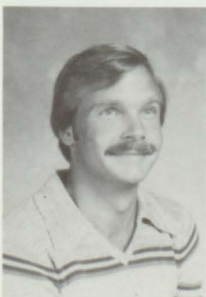
← Miss Menken pauses during her lecture to let students catch up on notes.

↓ Social studies requires much time for reading.



↑ Exchange teacher M. Redmond offers British flavor to the social studies department.

← Projects for social require readings in current events.



K. Mikolajczyk



D. Peltier



M. Redmond



S. Teichner

‡ The Ranger brothers add color and talent to morning announcements.

‡ Joni Reiman and Chris Obst are sophomore reps with fresh ideas.



B. McElrath



STUDENT COUNCIL — Front: Maria Garcia, Bev Long, Lynnae Pletan, Brenda Gabrick, Amy Gross. **Row 2:** Linda Hunter, Kathy Boyes, Jill Shaketer, Jill Bauman, Michelle Zwiers, Jan Voelker, Jill Wavrin, Candy Kelly. **Back:** Dave Long, Wendy Jackson, Kevin Rector, Kris Copham, Brian Wolhaupter, Mark Grove, Shelly Funni, Trevor Carlson, Anita Johnson, Linda Sykes, Andy Obst, Dan Piller.



← Sarah welcomes a Boshwitz aide to FLHS.



Candy Kelly, President



Dave Long, Vice-President



Sarah Wojtowicz,
Secretary-Treasurer



↑ Linda Peterson and Kathy Boyer help the student council torasing by selling candy and popcorn.

← Homecoming activities like the candidates waiting on tables at Cake and Steaks were the result of brainstorming by the council.

MINNEAPOLIS WHEAT				
3212	3222	325	3242	
	2		4	
	2		4	
	3216		4	
DEC	MAR	MAY	JUL	SEP
	2	2	6	
A	6A	6A		
6A	6	4A	6A	
4A		4A	4A	
354	3394	334	32	
776	2944	299	2994	

Studying wheat futures definitely helps make the world of — agri-business real.

Angie Schmitt works hard in Typing I.

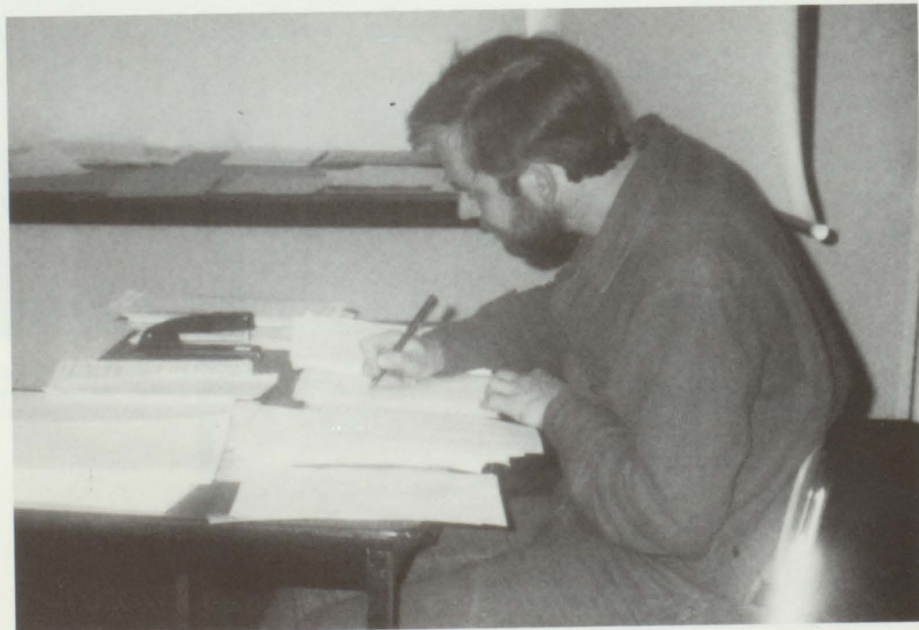


Precision on an electric machine is important to Tara King as she prepares an assignment. →



↑ Lecturing is just one of many roles of business teacher, Mrs. Slotsve.

Paperwork keeps Mr. Newell busy as his students — complete a test.



↓ Visiting the grain exchange is an excellent learning trip for economics.



Computers Added in Business Area

Computers have left the exclusiveness of math rooms and moved into the business machines class. Business classes have kept pace with trends and are trying to remain current with what is happening in the business world. To achieve this, classes offered went from the traditional typing, shorthand, and bookkeeping to the trendy personal law class, a current favorite. Occupational relations classes actually took students into the real world of business, giving them a chance to experience the skills learned in class firsthand.

— Typing can be accomplished, even on "anything goes" days.



A. Anderson



J. Buys



L. Lynch



T. Newell



P. Slotsve



J. Wiley

Computers Added in Business Area

The paperwork of an English teacher can pile up quickly. —

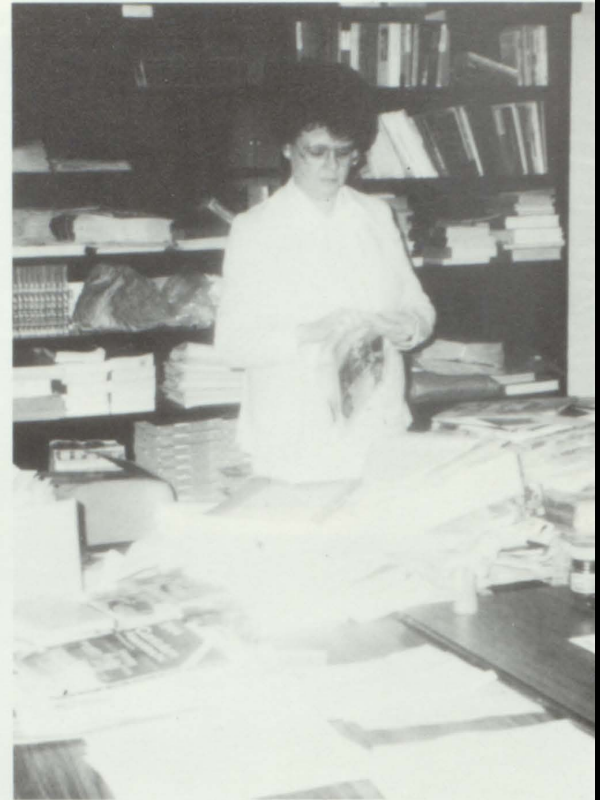
M. Bernauer



T. Eikren



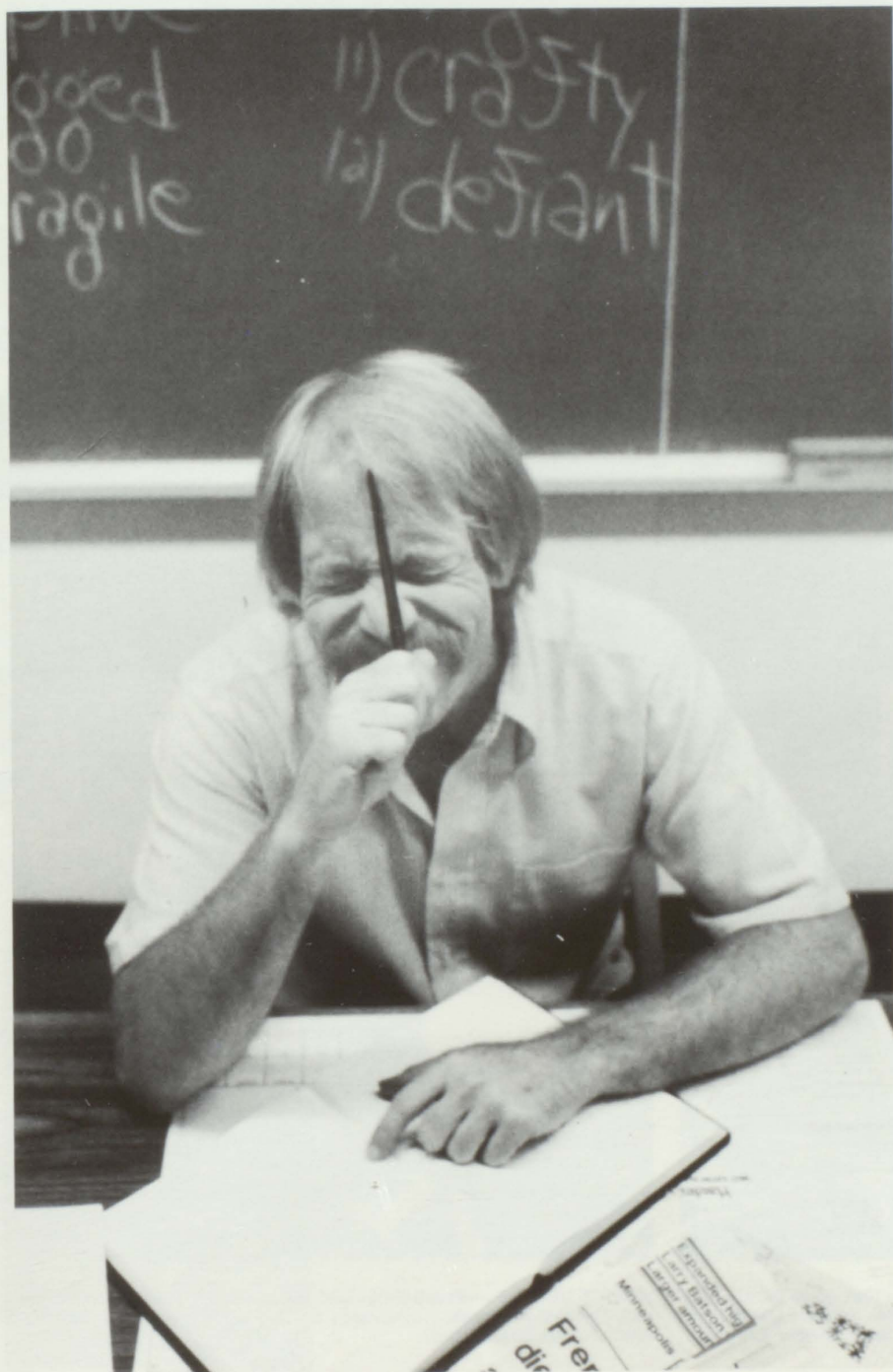
Sophomores develop group skills in Essentials of English.





— Mr. Bernauer corrects compositions, a boring task at times.

↓ Creating a worksheet requires serious thought.



Speech, Comp, and Lit.

Required

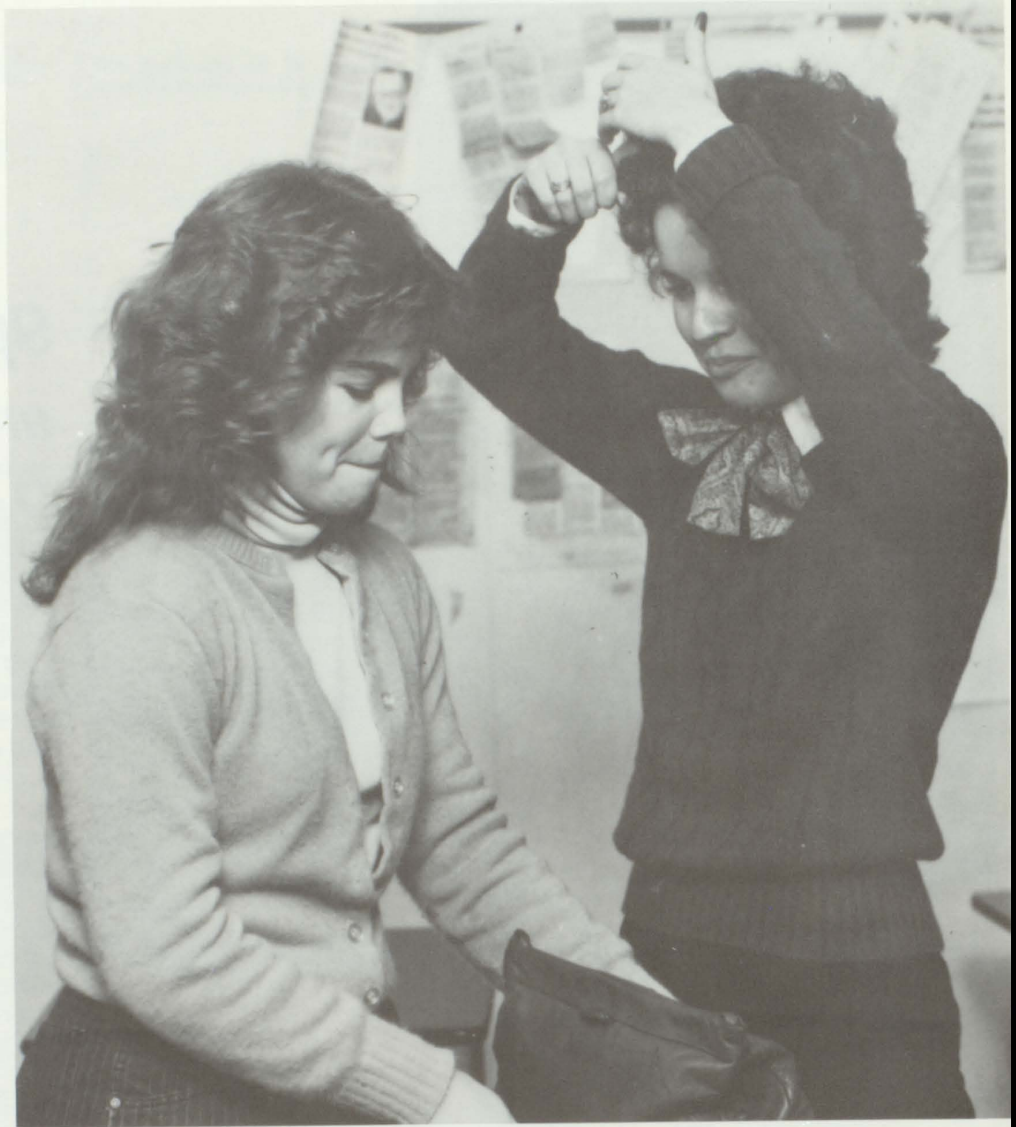
"Everyone must communicate and this skill is important enough to require of every graduate, "demands the state department of education." Communication skills were divided into three categories and everyone needed one credit in each area to graduate: speech, composition and literature. Within these three areas, a variety of classes was available from which to choose. The trend seemed to be to opt for the easier classes. College bound students tried American, British and World Literature. All courses required students to use and develop listening, speaking, writing and reading skills.



R. Maki



L. Nagolski



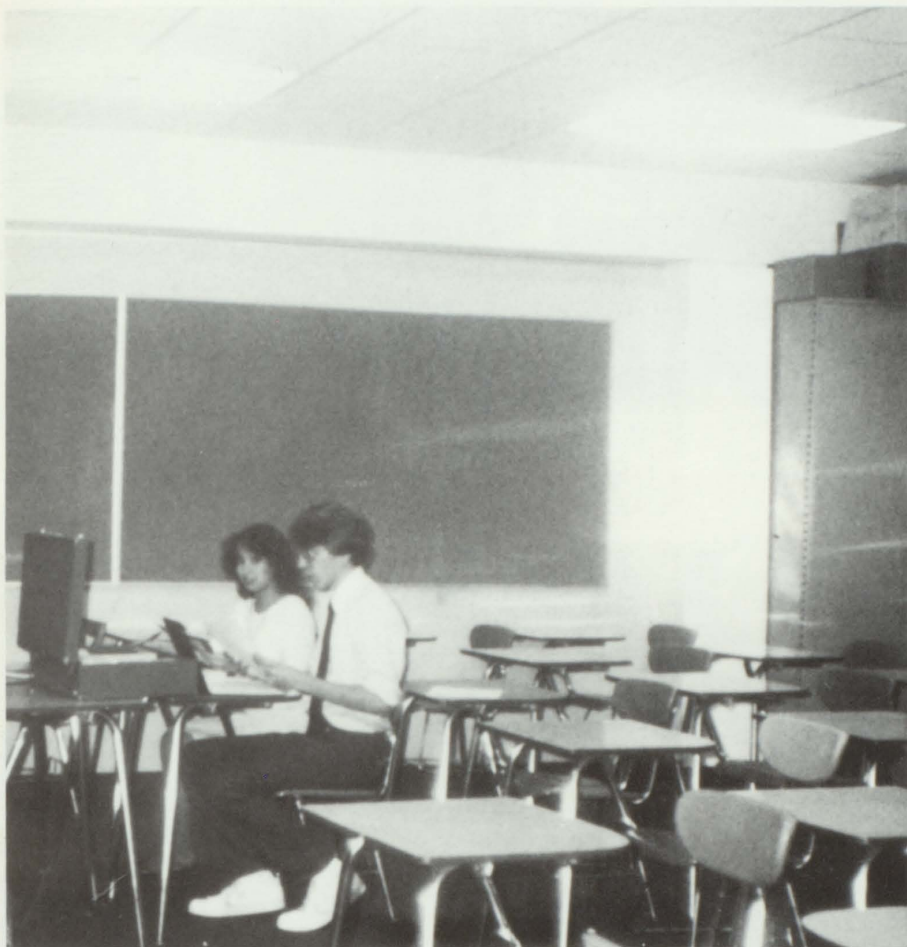
Being prepared includes looking good, which can give a debater a psychological edge.→



VARSITY-JUNIOR VARSITY DEBATE — Front: Kim Hult, Jodie Brown. **Row 2:** Bev Long, Nicci Bohaty. **Back:** Michelle Allison, Ben Winnick, Darrel Paul, Tom Diekman, Mark Harelson, Coach Sunne, Kirsten Olson, Jennifer Johnson.



NOVICE DEBATE — Front: Susy Ulvin, Melanie Smith. **Row 2:** Jennifer Plummer, Tim Madden. **Back:** Troy Ernster, Jeff Arnholt, Dan Hedberg, Terry Estes, Kathy Turso, Coach Bendix.



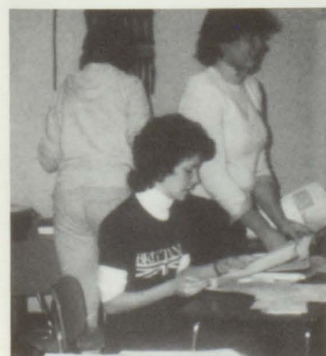
— After slaving over notecards, the debate seems like the easy part.

Debaters Collect Trophies & Glassware

Affirmative or negative, the debate team came through with flying colors. The entire season can be labeled as a success if trophies and hardware are any indication of team results. Consistency and effort were emphasized by Coach Sunne, and her encouragement paid off, finding Forest Lake represented in the state tournament by Jodie Brown and Kim Hult. The pair advanced from Friday's competition to the finals on Saturday, where they lost in the octafinals. Long hours of research and typing were put in by all team members. The argumentation class gave the group time during the day to organize and plan for trips to meets and the library. The season was long and the team held up under the pressure from September to February. The group concluded its efforts by sending Jodie Brown, Kim Hult, Bev Long, and Nikki Bohaty to the Little Nationals. Jodie and Kim also advanced into the finals at this meet. They will represent FL at the Nationals in June.



↑ Clowning around on the team van is great for team morale.



— Novices use class time to prepare for tournaments, as well as learn debate technique.



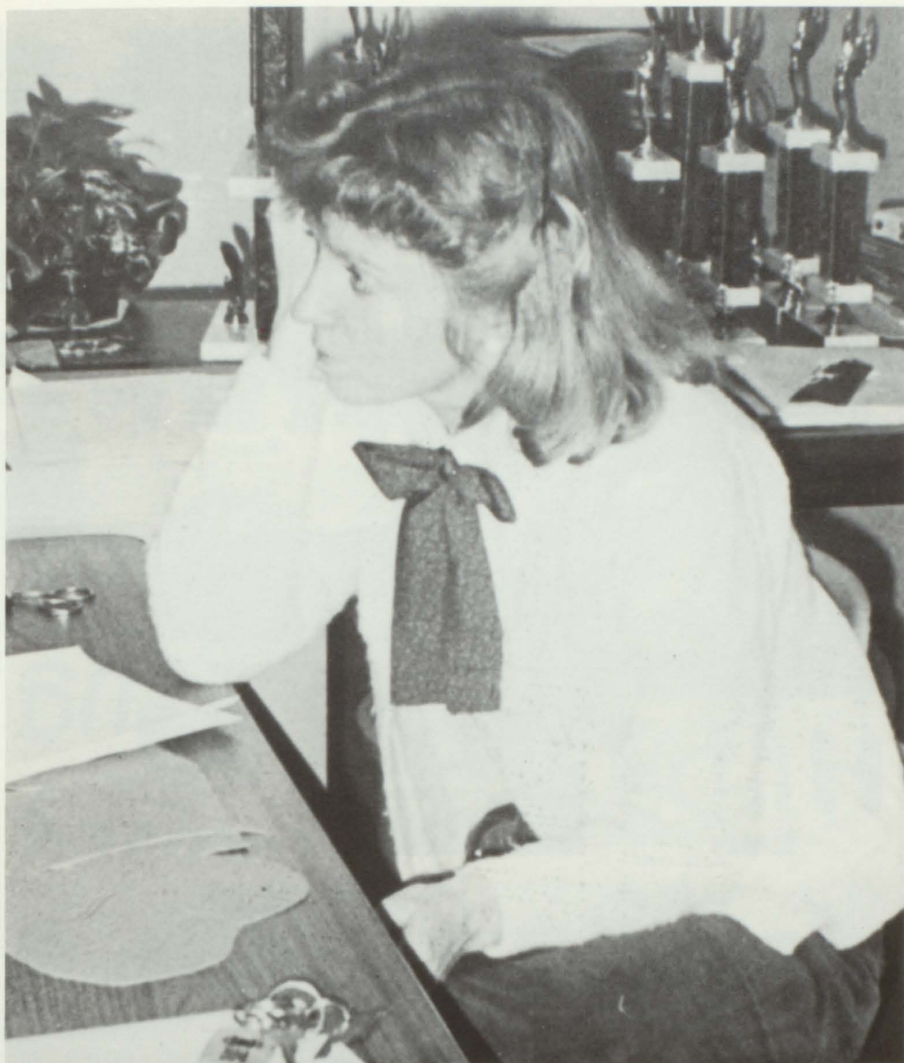
D. Sunne

→ One of the pitfalls of being a speaker is eating from a brown bag every Saturday.

D. Bendix



SPEECH TEAM — Front: Coach Bendix, Bridget Schultz, Rosalie English, Jan Voelker, Dan Pillar, Candy Kelly, Jill Pietraszeski, Kim Hult. **Row 2:** Stacy Gunderson, Terry Estes, Tim Madden, Missy Lamb, Debbie Krenz, Holly Zapzalka, Suzie Ulvin, Terri Krammer, Pat Anderson, Angie Thomas, Sunday Prchal, Lisa Peterson, Valie Gustafson, Lynn Wojahn, Mary Reese, Melanie Smith, Coach Streater. **Row 3:** Rick Ondracek, Glenn Boettcher, Roy Power, Gena Begerson, Robin Perzichilli, Chad Hanson, Mark Fearing, Brian Wolhaupter, James Schroeder, Jackie Rau, Jenny Nordgren, Laura Kubes, Lisa Minogue, Kirsten Olson, Michelle Allison.



— Coach Bendix can be counted on to listen, critique and give encouragement.

Marshall Win Kicks-Off Season

Having a large team at tournaments such as Marshall's and St. Olaf's is an advantage. Each participant can add to the team's total and help build the score. Taking first at St. Olaf and the Marshall Invitational gave the team confidence and a boost at the beginning of the season. The team was successful, according to Coach Bendix, "because they love a challenge and are hard working and dedicated." The hard work and dedication were put to the test as the team advanced in competition, not only among other schools, but also among themselves as students vied for spots on the Forest Lake team.



↑ Enjoying a moment on the team bus is Jodi Brown. Moving directly from the debate season to speech doesn't give her much time to relax.



↑ Clowning around comes naturally to James Schroeder, who seems to find it easy to keep occupied between rounds.

— Laura Kubes rushes to meet a bus after working hard at a Thursday practice session.

The National Honor Society's —
homecoming float is a good example of what
creative minds can invent.

B. Larson



R. Streater



NATIONAL HONOR SOCIETY — Front: Betsy Janacek, Jill Mayhew, Melanie Amundson, Lisa Meyers, Linda Hunter, Michelle Zwiers, Becky Thompson, Katie Traugott. **Row 2:** Sandy Granberg, Sunday Prchal, Steve Ash, Chris Casey, Amber Jelmsberg, Jane Venables, Heidi Grandstrand, Carrie Moorehead, Michelle Daniels. **Row 3:** Barb Nordin, Amy Chausee, Joann Toth, Tracey Alexander, Missy Reese, Deb Mattson, Candy Kelly, Sara Wojtowicz, Gabe Gubash, Wayne Young. **Back:** Linda McKenzie, Allison Tyson, Tracey Carlson, Dean Daninger, Chad Maasen, Mike Ramaley, Dan Pillar, Glen Boettcher, Ben Winnick, Dan Hedburg, Mark Bakke.

NHS Officers



Linda Hunter



Dan Pillar



Amber Jelmsberg

Voice of Democracy



Jodie Brown



Mary Reese

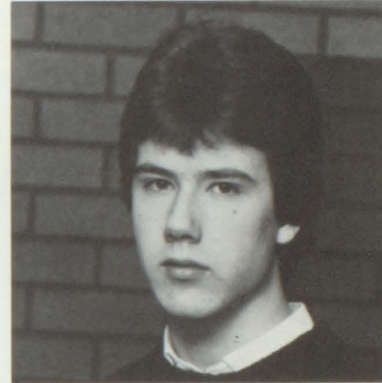


Greg Maas

American Legion Oratory



Kurt Traugott



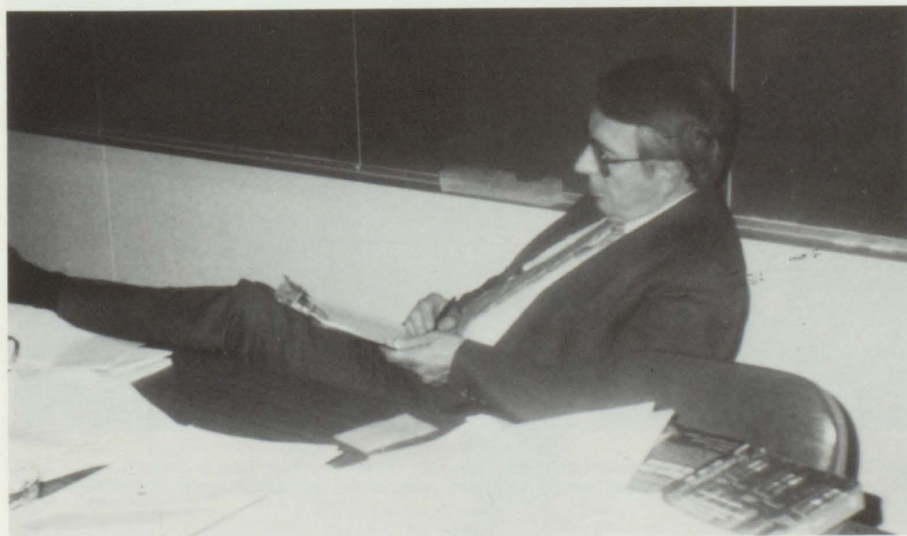
Mike McEnerney

Talented Students Accept Challenge

Challenges for talented youth abound, although finding and responding to the challenge is a big step in itself. Juniors and seniors at the top of their classes who exhibited character, provided service to the school, and participated in activities were selected for the National Honor Society. Juniors were chosen in the spring of the eleventh grade and served during their senior year.

For those with extra initiative, the speaking contests of the American Legion and VFW were entered. The VFW Voice of Democracy contributed five dollars to every participant. Jodie Brown, Mary Reese, and Greg Maas collected hundreds of dollars among them. Jodie Brown was also a top winner in the American Legion's Oratorical contest. Prize money was also earned by Kurt Traugott and Mike McEnerney.

← Listening to and critiquing speeches requires special concentration.



Editor Kris Copham needs a sense of humor to get through deadlines. —

↓ Gina Bergeson and Patti Anderson work on their copy assignments.



B. Somrock



BREEZE — **Front:** Tina Ferraro, Jill Bauman, Renee Luthi, Laura Kubes, Lynn Gaffney, Karen Anderson. **Row 2:** Jenny Nodgren, Lisa Thielholdt, Laurel Elmquist, Candy Kelly, Amber Jelmsberg. **Back:** Patricia Anderson, Jodie Brown, Brian Wolhaupter, Tate Meehl, Brad Biermaier, Jeff Schmidt, Tony Steiner, Mike McEnerney.

[Working on the *Breeze* is often fun and hectic.



Breeze Becomes Friday Favorite

Fridays come to mean more than getting ready for parties and the weekends. Fridays meant *Breeze* day. Once a month the student newspaper was distributed. Editor Kris Copham and advisor Bill Somrock found unusual angles, interesting features, and demanded thorough news coverage from the staff of twenty-one. Students counted on well-planned, graphic and visually pleasing editions. *Dear Al* was inundated with letters and managed to provide excellent advice. Staffers proudly distributed *Breeze's* without bragging about the long hours spent researching copy, writing clever headlines, and putting it all together for a finished product.



— Editor Kris Copham and writer Sandy Peiffer get ready for the Homecoming parade.

Why Doesn't Johnny Remember?

Why doesn't Johnny remember? Because he didn't buy a yearbook! The sales campaign in October urged all to buy a yearbook and qualify for free covers. Initial sales were disappointing. Since sales time cut into hectic deadline time, staffers tried to find out why only 800 books were ordered. Reasons for the slow response were many, most often being, "I forgot my money" and "I was gone." Did staffers accept the excuses? No! Students were warned that no books would be sold in the Spring and a one day sales campaign was held November 29, 1983. The effort urged kids to "take off" and show their spirit. Book sales went to over one thousand.



Editor-in-Chief,
Melissa Reese



Managing Editor,
Karen Skoglund

↓ Creating the perfect design takes a lot of planning.



↓ Becki Reeves works over a page design.



JUNIOR YEARBOOK STAFF—Front: Kathy Tursso, Diane Willette. Row f2: Laura Berg, Renee Luthi, Tara King, Tina Tavernier, Rosalie English. Back: Ken Glaser, Dave Borgman, John Raatz.



— Rosalie English and Tina Tavernier study for a quiz on modular design.



C. Onell

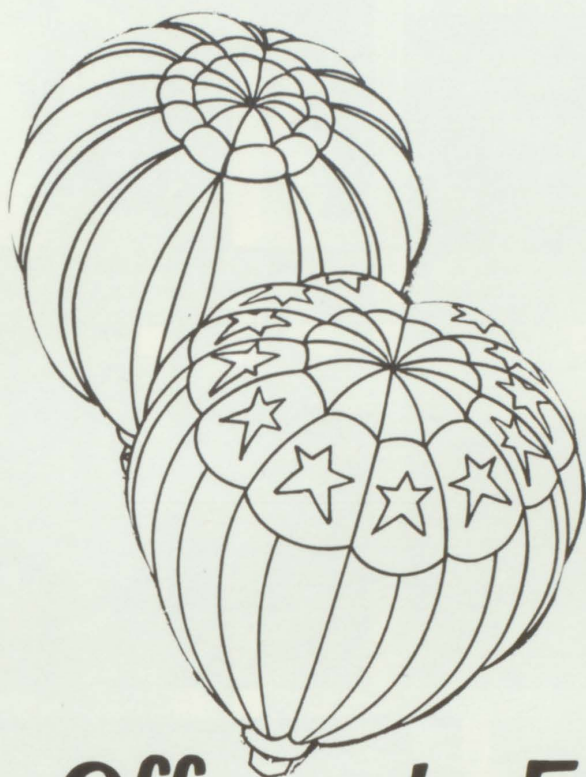


SENIOR YEARBOOK STAFF — **Front:** Missy Reese, Karen Skoglund. **Back:** Brenda Willette, Heidi Grandstrand, Jinny Nelson, Sharon Fairbanks, Anita Bley, Kim Taylor, Becki Reeves, Debbie Mattson, Becky Olson, Chris Shalander.



SOPHOMORE YEARBOOK STAFF — **Front:** Shelli Anderson, Lori Johnson. **Row 2:** Lisa Gleixner, Chris Muchow, Theresa Morgan. **Row 3:** Cindy Lakso, Brenda Gabrick, Amy Schumacher, Susan Ulvin, Jill Rice. **Back:** Shelly Hursh, Amy Gross, Michelle Johnson, Brenda Wojtysiak.





Take Off . . . to Events

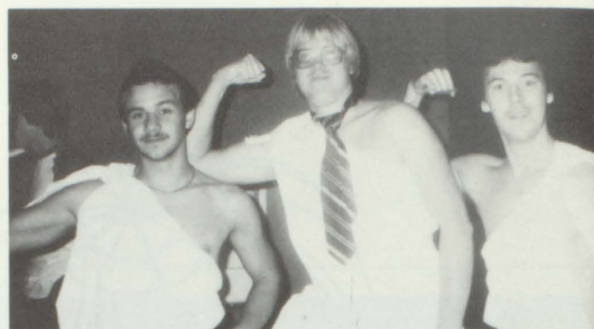


Getting involved to make high school a terrific experience was a reality for a large part of the student body. Participation was better than ever and the choices of events to attend was broader. Homecoming, Snowweek, Sadie Hawkins, Prom, the Plymouth Rock, class dances, the Madrigal Dinner, awards programs, and so on, contributed to the long list of activities students could attend. Sometimes spirit and participation was high; at others, the crowds were small. Regardless of how many showed up, for the people there, the events were special.

F.L. Amazed By Student Spirit

Hectic! Noisy! The best ever! School spirit! The giant pink panther that was made typified the care and effort that went into all the activities this year. Classes were wild with excitement over dress-up days, the parade and the game, even if we did lose. Presided over by King Trevor Carlson and Queen Jill Shaketer, events included an alumni polka, a bonfire and snake dance, a parade and a variety of dress-up choices. Student participation was strong and enthusiasm was high. Student council members agree, "We do it to get the student body involved and it promoted school spirit. We wanted it to be the best homecoming ever, and it was"!

Students are busy in all aspects of homecoming week.



Grand Marshal Jack Conley smiles warmly to parade viewers, in spite of the biting cold.



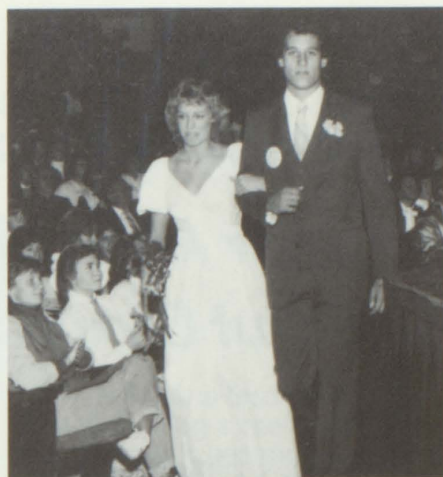
CANDIDATES — Front: Sara Wojtowicz, Kathy Boyes, Linda Hunter, President Candy Kelly, Maryann Ruddy, Jill Shaketer, Amt Schwab. **Back:** Kevin Rector, Trevor Carlson, Darin Johnson, Mark Grove, Karl Johnson, Tim Suess.



Linda Hunter, Karl Johnson



Kathy Boyes, Trevor Carlson



Arnie Schwab, Mark Grove



Queen Jill Shaketer



King Trevor Carlson



Jill is crowned.



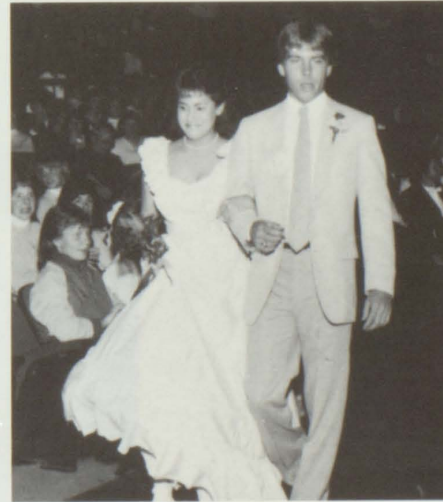
Trevor becomes king.



Jill Shaketer, Darin Johnson



Maryann Ruddy, Tim Suess



Sara Wojtowicz, Kevin Rector

With Tom Storebo and Holly Zapzalka as Tevye and Golde, *Fiddler On The Roof*, played to sell-out crowds. —

Fiddler Attracts Sell-Out Crowds

The huge cast and crew delighted theatre-goers with sell-out performances. *Fiddler on the Roof*, directed by Henry Hebert and James Lindstrom, was added to the list of successes presented by the high school theatre department. Musical tryouts came in the midst of news that Hebert's adoption process was complete and that their new son awaited claiming in Chile. A cast was chosen and the Heberts flew to Chile to get Justin. While Justin adjusted to life in America, Hebert took a childcare leave but managed to hold rehearsals, advise set designers, and work closely with music director, Lindstrom. The cast learned lines and blocking, but were also faced with the challenge of learning Jewish ways. The show was a success with actors playing to a special school audience as well.

Trevor Carlson gave up his blonde hair to play the rabbi's son. —

The songs from *Fiddler* filled the streets of Forest Lake during the homecoming parade. —





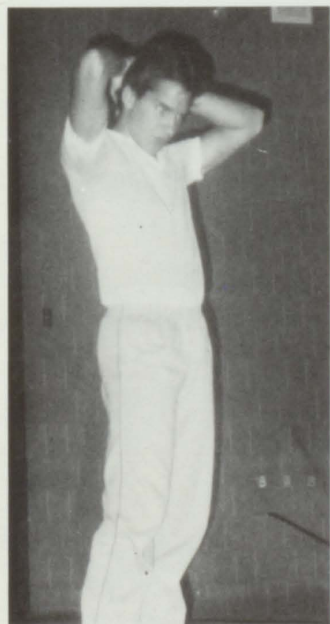
← Little sisters listen attentively as the teacher gives a lesson.

T. Baldwin

H. Hebert



↓ Mr. Lindstrom enthusiastically directs the pit band while the male chorus practices dance steps.



↑ Taking a break in costume is Jill Shaketer one of the daughters who ignores tradition.

↑ Early rehearsals require imaginations to use a bare stage to learn blockings.

← Tom Storebo stops on stage to get new directions.

— While the captain's wife nearly goes mad, the men, Roy Power and Tom Hallberg, argue.

Isle Wins Region

— Tension mounts as the men think about returning home.

‡ The ship's mates are angry, restless, and ready to go home.



‡ Tom Storebo, the captain, comforts his wife, played by Robin Perzichilli.



‡ Helping win the region victory was the creative set done by Kathy Fast.

— The captain cannot turn back for fear of being laughed at in town.





— The Illusion Theater demonstrates how one should be aware of strangers and acquaintances.

No Easy Answers

Winter theatre provided two diverse opportunities. Winning sub-region and advancing in competition gave the cast and crew of *Isle* an opportunity to display the talents of FL students under the direction of Henry Hebert and John Olsen. Even though they missed out on state honors, the cast and crew did an outstanding job.

Students were also treated to a presentation of *No Easy Answers* by the Illusion Theatre Company. Sexual abuse, touch, sex, and sexuality were addressed in the presentation. Skits relating to the issues were done and a moderator led discussion from the audience between scenes.



Father/son talk.



† Talking to parents about sex can often be an uneasy situation.

— Their automobile skit demonstrates that some parents can handle open discussion about sex, but others just talk in generalities or avoid the issue altogether.

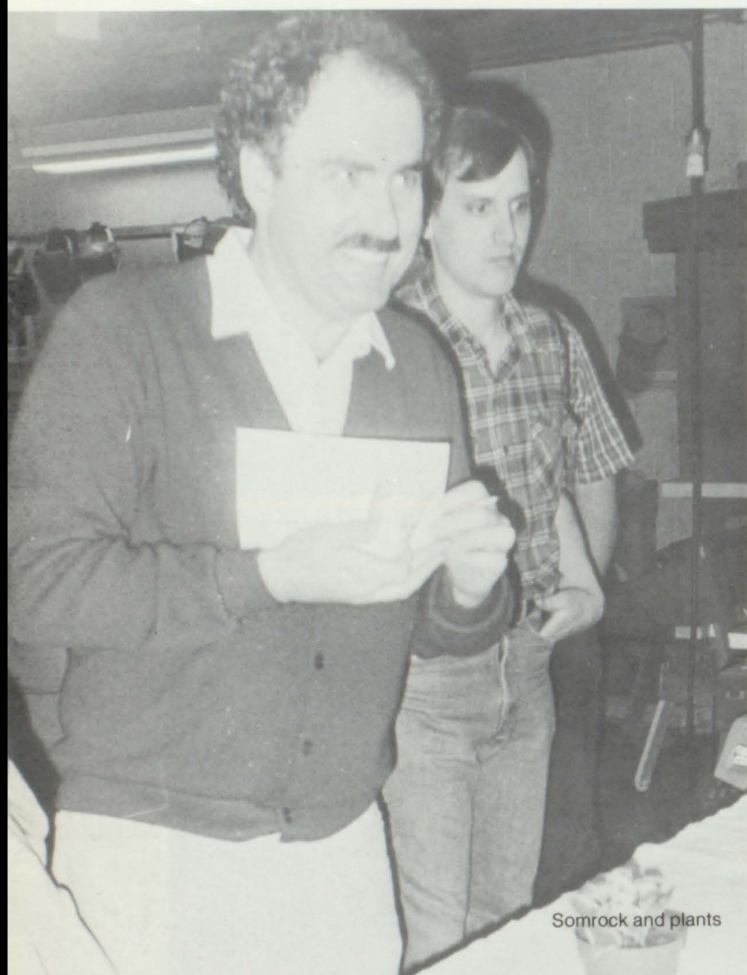
Teacher Bill McElrath demonstrates that teachers can promote spirit during snow week. →



McElrath



Arm wrestling



Somrock and plants

↑ Faculty and staff are treated to cake and lighthearted competition such as plant guessing at the FFA's appreciation tea.

Suspense builds as David Hyatt and Joe Rosario wait to begin the pie-eating contest. →

Sporting a revised plan, the new greenhouse holds up under the pressure of heavy snow. →



Pie eating



Greenhouse

— Arm wrestling is a popular event for participants and spectators during lunchtime competition for FFA Week.



Amy slapping

— February snow brings treachery to the sidewalks and students who rush to catch a bus.

↓ Amy Schumacher laughs as she wipes out with an armful of English homework.



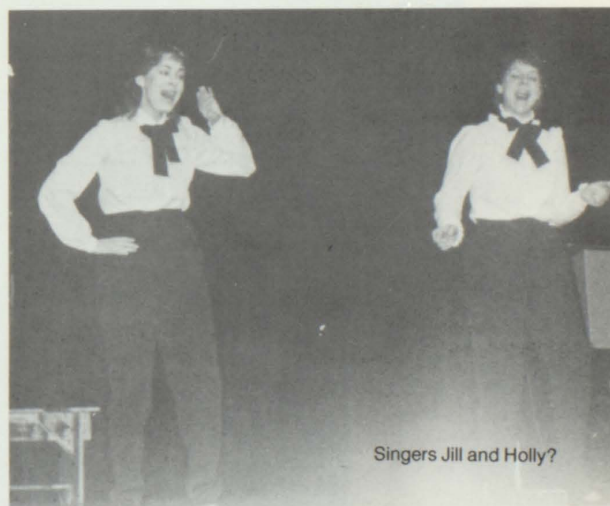
Amy on ground



Snowball fight

Winter Fun Cures Blahs

Heavy snow and sub-zero temperatures made this winter memorable. Snow Week and FFA Week helped break the monotony and gave students a chance to forget the negative aspects of winter. For two weeks in February students were treated to treasure hunts, maroon and gold spirit day, a gong show, ice cream eating contests, pie-eating competition, and snow sculptures. Enthusiasm was not limited to students. Faculty members "dressed" for the occasions, participated in the FFA Appreciation Tea, as well as volunteering to judge the contests. Participation proved that winter blahs can be cured with winter fun.



Singers Jill and Holly?

↑ Holly and Jill's singing in the talent contest added to the mid-winter excitement and helped beat mid-winter blahs.

— Having a snowball fight lessens the drudgery of one more snowfall and takes some of the pain out of a long winter.

Selected sophomore choir members, such as Tom Hallberg, provided miscellaneous duties during the Madrigal Dinner. →

Marionettes and puppet making enthrall art students during March when Kent Scheer teaches toy making. ↓

Beggars Robin Perzichilli and Mike McEnerry take a break from diving for coins to wait for discarded bones. ↓



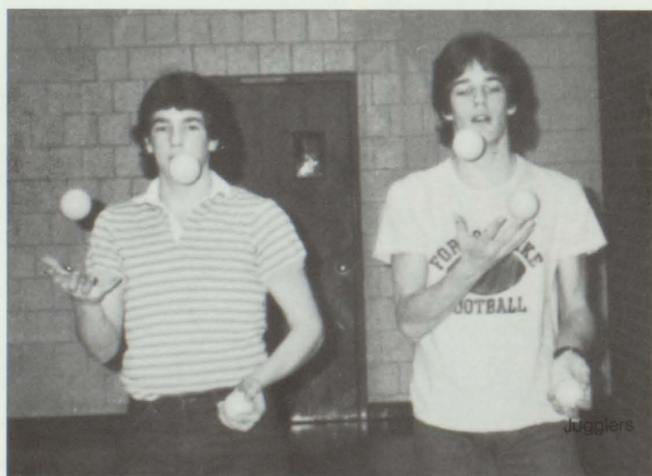
Jeff Shoberg — art?



Tom Hallberg



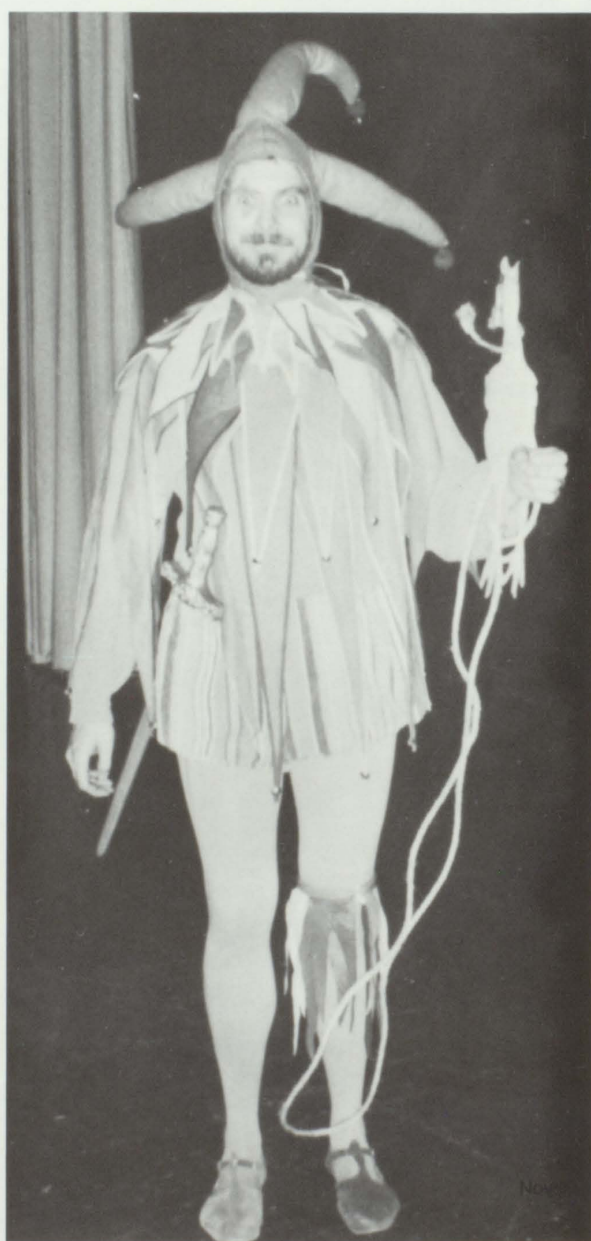
Beggars



Jugglers

↑ Malcolm Houle and Mike Booth perfect their juggling technique in the hall before they donned their costumes.

Paul Novak and friend Chanticlear get ready to test the wit of the dinner crowd. →



Novak

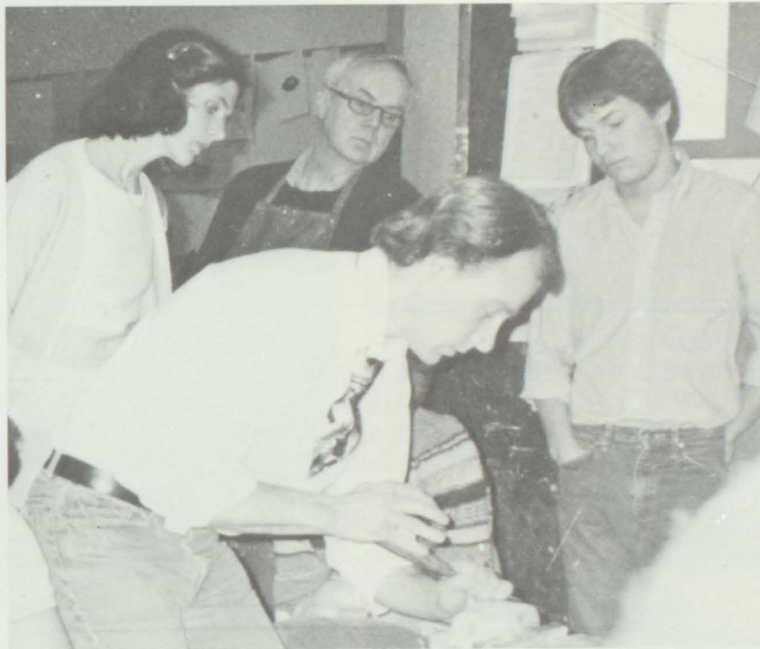
SPRING PLAY CAST MEMBERS — **Front:** Tracy Alexander, Brian Wolhaupter, Ellen Schwanke, student director, Jill Pietraszewski. **Back:** Eric Jensen, Dan Dunbar, Gina Bergerson, Chris Hoffmann, Michelle Allison, Mark Fearing, Tom Hallberg.



Toymaker Teaches Art

Who is this mysterious artist in residence? He is a master at his trade, and a guest at Mr. Hansen's home. His name is Kent Scheer, but is referred to as the toy maker. He is teaching in all the schools in FL due to an arts grant. Kent is here to teach the students at Forest Lake to create, develop, and construct their own marionettes. The students' skill and imagination will depend on how the marionettes turn out.

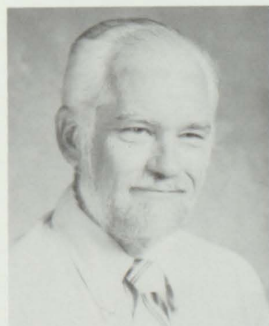
The arts are active in FL in other areas, too. The Madrigal Dinner and the spring play were produced to exhibit artistic talent in the theatre and music areas. Public performances were popular and well-received by the community.



↑ The majesty of the Renaissance Era is brought to life by Trevor Carlson and Jill Shaketer, Prince and Princess of the Royal Court.

↑ Kent Scheer, visiting artist in residence, demonstrates puppet making.

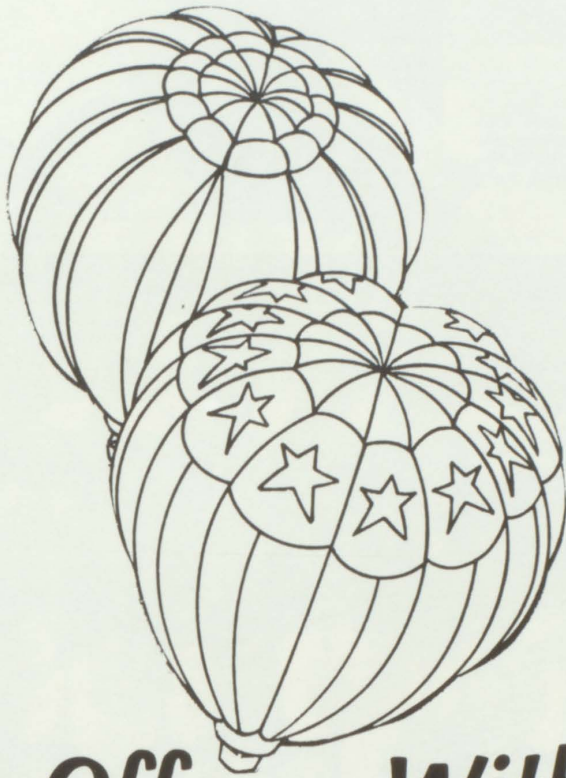
— Directing the spring play is traditionally the job of Dick Carlson. Due to illness, however, Mr. Carlson has been out most of the year and is not directing the spring production.



← A complete make-over for sophomore Jim Gajesky transforms him from the eighties to a court beggar.







Take Off . . . With Sports



Sports heroes dominate our culture. Many grow up to be rich and famous superstars. Is this why the athletic program at F.L.H.S. thrives? For a small number of students, maybe. For the majority, though, sports provide a challenge to the body. To physically push themselves to the limit was the goal. Some quit. The dedicated stayed with teams that didn't always win. But their bodies felt the benefits of the exercise and, inside, they knew they were winners for staying with it, for accepting the challenge.

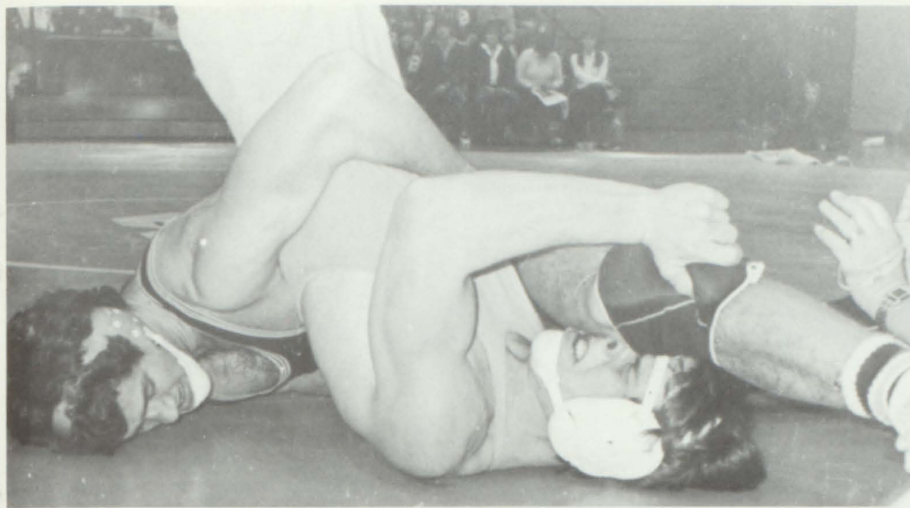
Jeff Thompson demonstrates his All-State style as he dominates his opponent. —



WRESTLING VARSITY — Front: Coach Reiman, Gary Berg, Joel Kyrola, Willy Janecek, Tom Menne, Paul Damchik, Tim Menne, Jeff Thompson, Ed Liljedahl, Chris Stickel. **Back:** Coach Dettmer, Randy Parent, Curt Cohoes, Tim Suess, Rich Cronk, Gary Rosenberg, Steve Hance, Chad Hanson, Mark Grove, Keith Anderson, Coach Pogreba.



WRESTLING B-SQUAD — Front: Joel Kyrola, Mike Wiczorek, Gary Berg, Paul Damchik, Rob Cole, Jeff Willcocks, Mike Israelson, Mike Schmitt, Jose Rosario. **Row 2:** Deon Carpenter, Rob Reinertson, John Nelson, Tom Perzichilli, Brad Thaemert, Paul Nave, Brian Ostlie, Ken Haus, Shawn Crist, Shawn Martinez, Bob Haider, Brian Zimmerman. **Back:** Coach Dettmer and Reiman, Rich Hogan, Brian Breaw, Rich Kupfer, Tim Stroman, Tim Sundstrom, Jeff Carter, Scott Swenson, Rick Wood, James McClean, Dave Route, Fran Lutz, Rich Cronk, John Schwensen, Coach Pogreba.



← Mark Grove puts the squeeze on as the pin is counted down.

Determination Dominates Wrestlers

With the leadership of captains Jeff Thompson and Gary Rosenberg, the team ended its 14-4 season at the regions. Region champions Tim Menne, Tom Menne, Jeff Thompson, Curt Cohoes and Gary Rosenberg represented FL at the State Individual Tournament. By earning the North Suburban Conference championship and Region 4AA runner-up spot the grapplers once again proved that FL wrestlers are tough and competitive. At the Awards Banquet on March 16, Tom Menne was named most valuable rookie, Curt Cohoes — most improved wrestler, Jeff Thompson — most valuable wrestler, and Gary Rosenberg — outstanding senior.



WRESTLING CHEERLEADERS VARSITY — Dawn McGill, Shelly Mickschl, Theresa Chilson, Robin Erickson, Darlene Williams, Kelly Brott.

WRESTLING CHEERLEADERS B-SQUAD — **Front:** Kathy Hoppert. **Row 2:** Joni Reiman, Kim Newman, Jill Wavrin. **Back:** Kim Rud.



← Having a picture taken with Santa are Darlene Williams, Dawn McGill, Kelly Brott, Shelly Mickschl, Theresa Chilson.

B-SQUAD SOFTBALL — Front:

Diana Eberhardt, Tammy Johnson, Kim Newman, Patsy Toth, Bobbi Sygulla, Deb Meyer.

Middle: Jennifer Plummer, Jodi Peterson, Stephanie Graves, Joey Reed, Margaret Boyer, Cindy Lakso, Tanya Lepsche, Anna Harelson, manager.

Back: Jennifer Conlin, Kim Ostrowski, Joni Reiman, Kirsten Cleveland, Michelle Bakeberg, Patti Bohaty, Linda Erickson, Carla Wiisanen, Pam Saari, Kristi Znosko, Brenda Gabrick, Coach Chalberg.



VARSITY SOFTBALL — Front:

Sue McGeary, Chris Casey, Diane Hunter, Judy Kilgriff, Kelly Flint, RaNae Broadbent, Cheryl Suess, Angie Schreifels.

Back: Susan Lasch, Debbie Wickre, Andrea Retica, Kelli Swanson, Heather Seim, Laurel Elmquist, Karen Skoog, Pam Quigley, Laura Schumacher, JoAnn Toth, Debbie Nielsen, Coach Paulson.



BOYS' GOLF — Front: Dave Absey, Ron Anderson, Chris Hoffman. **Back:** David Johnson, Teddy Krammer, Eric Jensen.



GIRLS' GOLF — Front: Cricket Shuster, Karin Lundin. **Back:** Kris Morley, Patrice Fagin, Carol Skoglund.



VARSITY BASEBALL — **Front:** Mark Grundhofer, Jim Morehead, Brady Alshouse, Dean Weiss, Greg Jeans. **Middle:** Steve Splittstoesser, Mitch Thompson, Jeff Schmidt, Steve Brown, Troy LaCroix, manager. **Back:** Coach Poepard, Jeff Anderson, Darren Johnson, Karl Johnson, Mike Larson, John Kari, Brad Sygulla, Sean McCoy, Chris Robinson.



B-SQUAD BASEBALL — **Front:** Dan Hale, Todd Fultz, Jeff Imsdahl, Jeff Carter, Mark Johnson. **Middle:** Darin Haworth, Randy Hunting, Greg Johnson, Mike LaRock, Billy Coleman, Ron Waataja. **Back:** Coach Peltier, Doug Alford, Chris Nordin, Lee Rettig, Mike Schwartz, Mike Sullivan, Chris Brown, Loren Capeti, Tom Hallberg.



BOYS' TENNIS — **Front:** Jeff Neunfeldt, Lance Docken, Sean Erickson, Chris Husnik. **Back:** Assistant Coach LaFever, Jeff Willett, Tim Zaruba, Reed Radden, David Dickey, Gary Menne, Coach Grant.

Snow Slows Spring Season

Spring sports have always suffered from the unpredictable weather in March and April, but the unreasonable cold and snow flurries in late March really hampered practice times. With six sports competing for use of the gym, coaches resorted to setting up a rotating schedule that included early morning practices. Teachers arriving at seven soon were accustomed to meeting runners or finding hurdles in the halls.

GIRLS' TRACK HURDLERS — **Front:** Kim Berggren, Lisa Gleixner, Amy Houle, Kim Tidgwell. **Back:** Chris Muchow, Whitney Muller, Kathy Hehner, Georgette Roberto, Vicki LeRoux, Missy Smith.



GIRLS' TRACK DISTANCE — **Front:** Chris Muchow, Peggy Keller, Chris Obst, Karen Rector, Tania Onell. **Row 2:** Missy Smith, Julie Sandstrom, Amy Gross, Kris Gosiak, Betsy Janecek, Wendy Johns, Ulrika Isaksson, Kim Tidgwell. **Back:** Carrie House, Meriel McClintock, Jill Vomela, Melissa Trainer, Tammy Schmidt, Karla Olson, Angela Thomas.



GIRLS' TRACK SPRINTERS — **Front:** Lisa Gleixner, Nola Englehorn, Whitney Muller, Terra Paul, Stephanie Gosiak, Amie Schwab, Kari Grandstrand, Jane Wistrcill, Serese Thurnbeck, Shantell Paul. **Row 2:** Kathy Hehner, Vicki LeRoux, Gina Steinbach, Jennifer Jacks, Kim Berggren, Laura Johnson, Kim Rud, Karyn Noyes, Shelly Hursh, Amy Childers, Stephanie Dellwo. **Back:** Amy Houle, Brenda Wojtyasiak, Lisa Steven, Jill Branson, Tracy Christenson, Lisa LaMere, Lisa Eder.





GIRLS' TRACK COACHES AND CAPTAINS — **Front:** Coach Stromberg. **Row 2:** Betsy Janecek, Coach Schwab, Jane Wistrill. **Back:** Coach Briquet, Amie Schwab.



GIRLS' TRACK SHOT AND DISC — **Front:** Joan Grindberg, Amy Childers, Lori Lindgren, Nola Englehorn, Kathy Dahl. **Row 2:** Brenda Wojtysiak, Amy Houle, Tracy Christenson, Laura Johnson, Georgette Roberto. **Back:** Tina Ferraro, Lisa Eder, Vicki LeRoux, Bobby Stopher, Jennifer Jacks.



Runners Set Bigger Goals

Have you seen the girls jumping up and pushing on walls in the C-wing? Or have you noticed the hurdlers racing through the A-wing? You might ask if Forest Lake has an indoor track season. The answer is no and the explanation for the weird events in the halls is that the team needed to work out even though the weather did not cooperate. The halls worked as a temporary training ground, but the girls' team really put on the steam when they started working out and competing outdoors.

GIRLS' TRACK HIGH AND LONG JUMPERS — **Front:** Jodi Gruba, Amie Schwab, Jane Wistrill, Lisa LaMere, Serese Thurnbeck, Lori Lindgren. **Row 2:** Chris Obst, Terra Paul, Amy Childers, Jill Branson, Shelly Hursch, Karyn Noyes. **Back:** Lisa Steven, Stephanie Dellwo, Shantell Paul, Kim Rud, Stephanie Gosiak.

BOYS' TRACK HURDLERS — Mike Smith, Joe Childers, Kevin Rector, Mark Grove, Trevor Carlson, Mike Booth, Lee Crouse.



Tracksters Use Halls to Train

Preparing for one meet at a time, the boys' track team set a goal to improve personal records and also improve team scores. Always looking to better their personal bests, tracksters worked hard in all areas. Large numbers made it possible to have strong groups in each of the team areas. Not even cold weather and spring snow dampened the spirit of this team which set improvement and record-making as its goal.



Stretching is easier and more effective with a partner. †

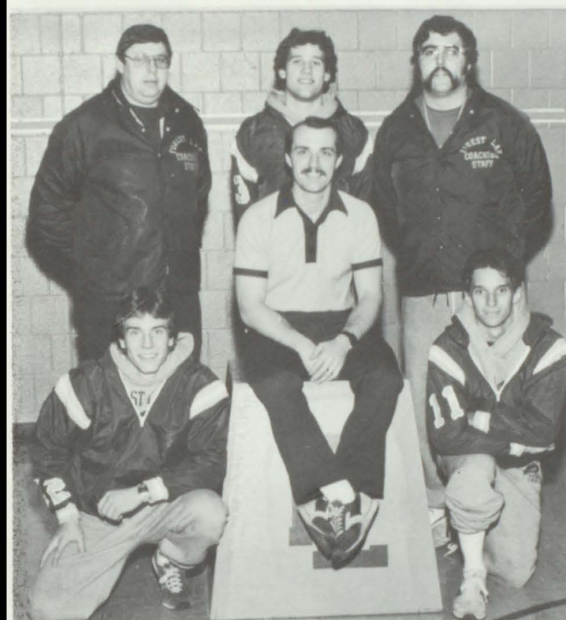


† Frigid March weather kept tracksters indoors for workouts.

SPRINTERS — Front: Rich Forster, Troy Colberg, Steve Schuna, Steve Paulino, James McDonald. **Row 2:** Brian Hickerson, Kris Fingal, Mike Collins, John Franta, Tony Paulson, Craig Leibel, Brad Hickerson, Paul Nordin, Steve Lichtscheidl. **Back:** Pete Malek, Andy Cossette, Lance Todoroff, Mike Sieber, Dan Larsen, Luke Ferguson, Tom Keis.



WEIGHTMEN — Front: Rick Peterson, Todd Zapzalka, Scott Olson, Wayne Jeska, John Schrom. **Row 2:** Erik Barsness, Todd Waxberg, Dan Dunbar, Dave Nolan, Brian Kwiatkowski, Brian Hermanson, Jeff Merrigan. **Back:** Coach Streeter, Mark Grove, Rob Fleischman, Brian Johnson, Dean Daninger, Jack Rosenquist, Brad Johnson, Rick Wood, Dan Hennen.



COACHES AND CAPTAINS — Front: Kevin Rector, Coach Hipkins, Gerald Bunton. **Back:** Coach Lautigar, Mark Grove, Coach Streeter.



JUMPERS — Front: John McPhail, Jess McDonald, Gerald Bunton, Mike Sieber, Vic Sova. **Row 2:** John Amrhein, Gordy Bishop, Stacy Hebb, Rob Fleischman, Joe Childers. **Back:** Jeff Merrigan, Kirk Youngblut, Brian Dow, Mike Booth, Matt Welage, Peter Voelker.



DISTANCE — Front: Ken Legus, Tim Davis, Paul Nelson, Joe Meyer, Mike Highland. **Row 2:** Jim L'Lallier, Shawn Panek, Chris Stickel, Andy Obst, Jim Brevig, Pat Herzog. **Back:** Jim Anerson, Neal Maroschek, Jim Herbert, Tracy Davis.

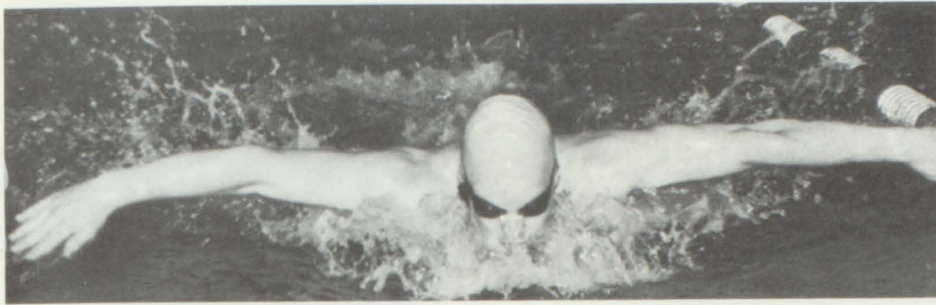
Rangers Train in Snow and Pool

Cold snow and warm pool water were the elements needed by Forest Lake's newest Ranger teams. With approval from the school board, coaches were hired and teams formed for downhill skiing and boys' and girls' swimming. Being new did not seem to hamper either group. Numbers were large and enthusiasm was high with all three teams, proving that new teams could be strong and that winning is a possibility as well.

BOYS' SWIM TEAM — **Front:** John Kiffmeyer, Mark Funni, Tim Johan, Jim Gavinic, Pat (Unknown), Mike L., Mike Sieben, Brian Cable. **Row 2:** Joe Madden, Joe Meyer, Eric Peterson, Tom Kilgriff, Dwight Schwanke, Darrin Hayworth, Lee Reitus, Chris Gavinic, Tina Ferraro, manager. **Back:** Joe Henderson, Brian Gresiak, John Jorgenson, Tom Wolner, Eric Nelson, Peter Skiter, John Schrom, Marv Bogel, Coach Olson.



SKI TEAM — **Front:** Janet Sherwood, Scott LaMere, Mark Kroll, Chris Obst, Patty Bohaty, Amy Gross, Wendy Jackson, Colleen Sullivan, Ann Neuenfeldt, Scott Thompson, Ron Warness, Clint Jarvis. **Row 2:** Liz Slawick, Linda Niessen, Melanie Amundson, Renee Robinson, Melissa Trainer. **Back:** Chris Copham, Forrest Houle, Dave Streitz, David Macken, Jarad Brunfeldt, Eric Nelson, Brian Dow, Kirk Youngblut, Andy Obst, Jim Lund, Tony Fierro, Gavin Rosenberg, Lorrie Bennet, John Amerheim, Sandy Grandberg, Maria Neckkash.



— Butterfly strokes require diligent practice to be perfect.

↓ Getting exact moves down is required of divers.

↓ Nonswimmers might appreciate the many miles logged by swimmers.



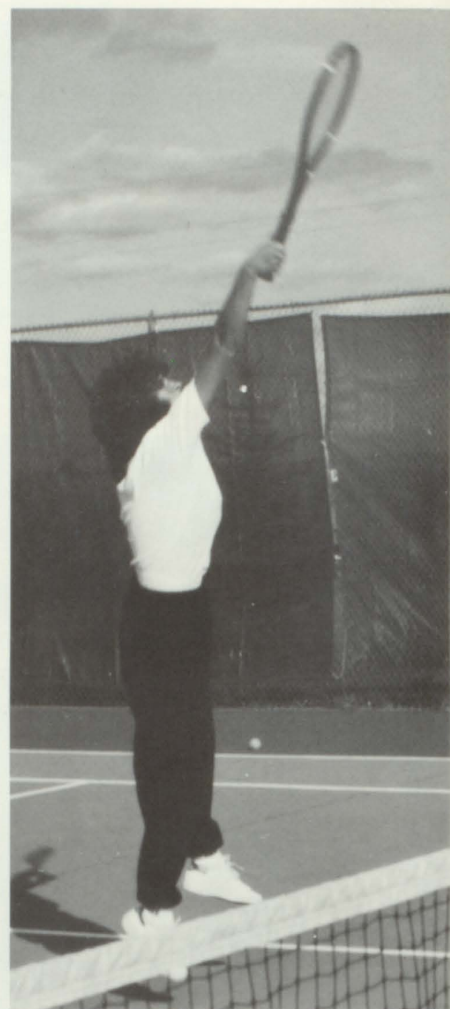
GIRLS' SWIM TEAM — **Front:** Rnen Anderson, Wendy Nelson, Roxanne Smith, Karen Rector, Tina Herbert, Colleen Henner, Donna Bougie, Rosalie English. **Row 2:** Denise Empey, Jenni Parker, Dawne Green, Amy Heintz, Danette Thayer, Shelley Hursh, Kari Hult, Stephanie Gosiak, Darcie Nelson, Belinda Berg, Tina Ferraro. **Back:** Lonnie Zemke, Lisa Parker, Jenny Ames, Jane Venables, Kathy Lasche, Kim Anderson, Karin Nelson, Kelly Byers, Nola Englehorn, Coach Olson.



↑ Dressed in their swim gear, the boys team resembles a crew of creatures from another planet.

The whole body can be used to direct the ball in a good game of doubles, as demonstrated by Michelle Kryzan.—

Michelle Zwiers reaches for a tough one, proving that tennis is more than just easy volleys over the net until someone wins.]



JUNIOR VARSITY GIRLS' TENNIS — Front: Anna Harelson, Linda Christoferson, Jodi Peterson, KC Houle, Melissa Plummer, Denise La Boer. **Back:** Valie Gustafson, Anita Johnson, Mary Ellen Rantenen, Vicki Vomella, Kirsten Cleveland, Janet Sherwood, Coach Geving.



←Taking pictures allows for some time to goof-off at practice.

Getting a picture of Coach Chalberg is easy. He is a willing subject.↓



Losses Crush Tennis Hopefuls

Add in! Add out! The terms stay the same but the team changes. The a-squad found itself more experienced with eight returning letter winners. Starting the season with twice a day workouts, the team looked real promising. Hopes were that the group would do well with more experience and better preparation. After the final cuts were made, the process of organizing the team began. The season ended with a conference record of zero and seven. As Debbie Mattson put it, "We had the ability to beat many of the conference teams, but we were string-struck; the mental aspect beat us out." Overall, they ended the season with five and eleven. Junior varsity-wise, the Ranger girls were strong hitters and ended the season at five and nine.



VARSITY GIRLS' TENNIS — **Front:** Michelle Kryzan, Lisa Meyers, Michelle Zwiars, Denise Roberto, Debbie Nielsen, Lori Bennet. **Back:** Suzy Holtzbauer, Deb Mattson, Sue Jellum, Sandy Granberg, Linda Hunter, Natalie Larson, Coach Chalberg.

Paulson Voted Coach of the Year

Volleyball coach Joan Paulson was Coach of the Year for Region IV-AA. Goals for this year's volleyball team were set high. At the close of the North Suburban Conference the team played undefeated Kellogg, but the Forest Lake volleyball team was not going to let them win! As the game time drew near, the team got ready to beat them. Then the referees asked for a captain and a coach from each team. The rules were talked over and the coin was tossed. Forest Lake won the toss and the game. Tri-captains Andrea Retica, Amie Schwab, and Jane Wistrill said, "That is one game we are always going to remember." Then it was off to regions. The varsity volleyball team finished the season with a record of 19-7-1.



Joann Toth gets ready to bump the ball, as Andrea Retica is ready for it.

Coach Paulson gets a victorious ride from the team after defeating Kellogg.—>





—Blocking the volleyball is an important skill in volleyball.

VARSITY VOLLEYBALL — **Front:** Jackie Wistrill, Joann Toth, Shaleigh Jones, manager Karen Skoglund. **Row 2:** Coach Paulson, Cheryl Suess, Kelli Swanson, Terra Paul, Coach Furstenberg. **Back:** Laurel Elmquist, Jane Wistrill, Amie Schwab, Lora Julson, Andrea Retica.



B-SQUAD VOLLEYBALL — **Front:** Missy Smith, Patty Bohaty, Rachelle Connors, manager Jackie Rau. **Row 2:** Coach Furstenberg, Jill Wavrin, Julie Sandstrom, Kristi Zanosko. **Row 3:** Patsy Toth, Amy Gross, Sharisse Jones. **Back:** Lisa LaMere, Stephanie Graves, Deb Meyer, Joni Reiman, Brenda Gabrick.



J-V VOLLEYBALL — **Front:** Becky Venables, Kim Grzesiak, Cheryl Suess, Wendy Tessier. **Back:** Debbie Wickre, Shaleigh Jones, Terra Paul, Karen Skoog.

Kim Kauls gets a hand from a stillwater friend.]

Kauls Takes 4th in State

Freshman Kim Kauls represented F.L. at the state meet for the second year in a row, bringing home fourth place hardware. Ranger runners were dedicated to logging miles, even through the summer. Team members were many and offered great support to one another. Morale and team spirits were high. Ranger fedestrians took first at both the Purple Hawk and the Ranger invitationals.



CROSS COUNTRY — Front: Chuck Pagin, Randy Parent, Andy Cossette, Tim Davis, Tom Hallberg, Mike Moraczewski. **Row 2:** Ken Legus, Brian Wolhaupter, Jeff Anderson, Charlie Janacek, Dan King, Coach Fedderly. **Back:** Donna Houle, Kris Gosiak, Wendy Morehead, Stacy Kabage, Beth Eder, Karyn Noyes, Betsy Janacek, Kim Kauls, Nancy Siniff, Ulrika Isaksson, Diane Absey, Kris Johnson.



← Teamwork helps, even for warmups and stretches.



↑ Crowding doesn't seem to bother Ranger runners.

← Mike Moraczesski and Randy Parent run strong at the Ranger Invitational.

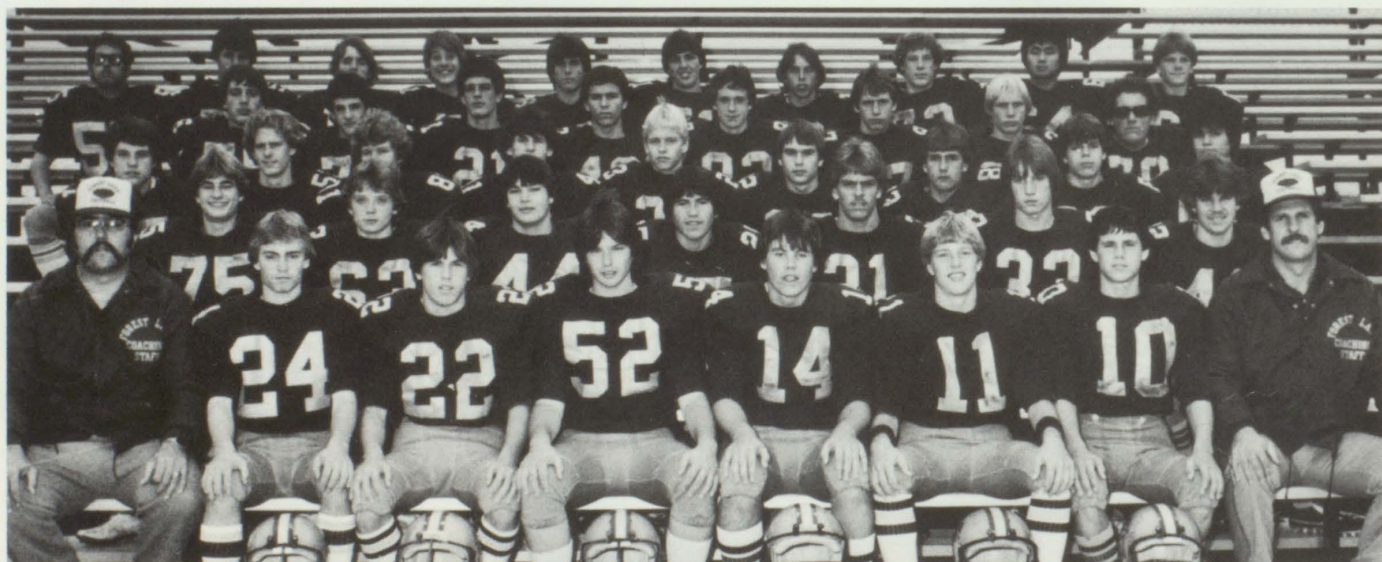


Football cheerleaders put in long hours of practice to get ready for games.—

Strength Aids FL Gridders

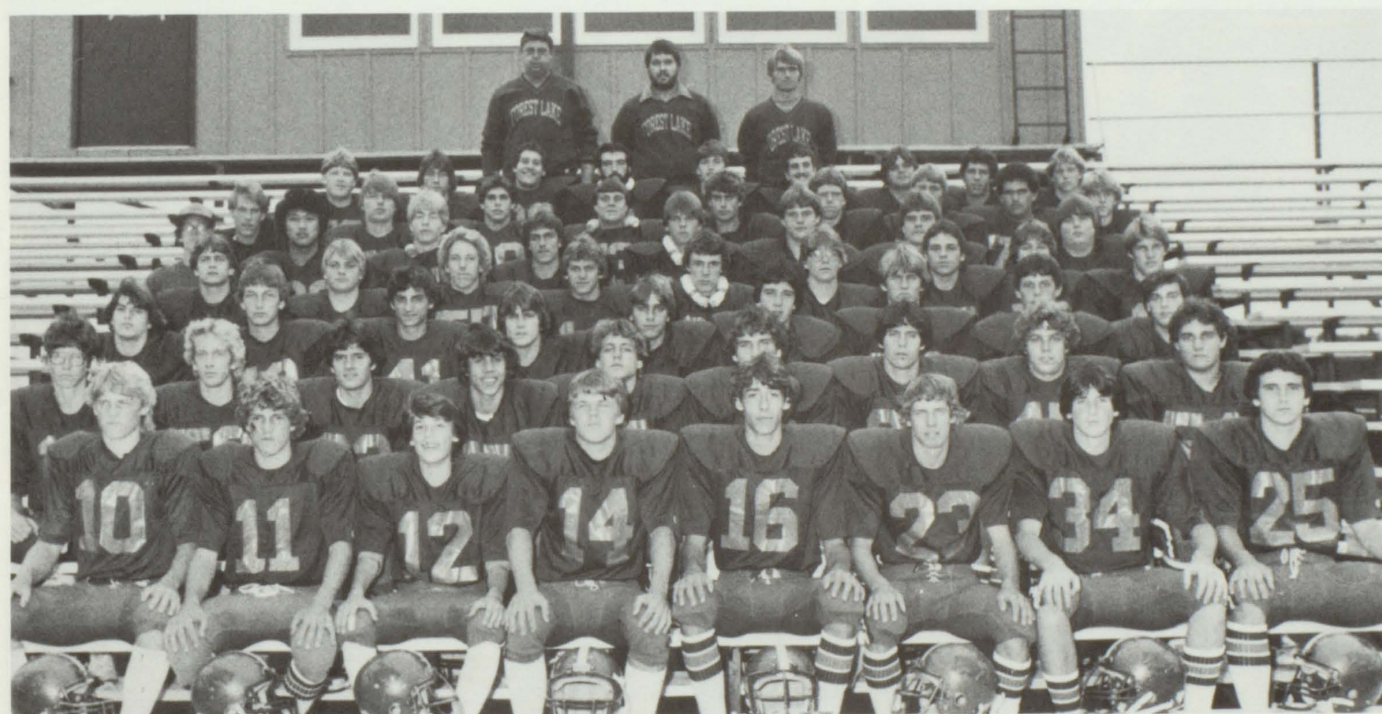
The Ranger football team had some outstanding qualities and some talented players. The Rangers were led by Tim Sues, followed by five returning starters, Shannon Steele, rusher, Mark Grove, defense, and Karl Johnson, passer, and starters Dan Pillar and Dean Daninger. Another outstanding player was sophomore Todd Fultz, a leading receiver. The Ranger passing attack was also a leader in the conference. Coach Grant said, "With eleven starters coming back next year the Rangers' fortunes should be improving."

SOPHOMORE FOOTBALL CHEERLEADERS —
Front: Kathy Hoppert. **Row 1:** Carrie Miller, Jan Voelker, Kim Nelson. **Row 2:** Wendie Jackson, Susie Thurnbeck, Kathy Hehner. **Back:** Amie Schmidt, Kim Rud, Kris Werth.



B-SQUAD FOOTBALL — Front: Coach Streeter, Trent Halberson, Dan Hale, Pat Burdick, Mike Sullivan, Mark Johnson, Jeff Willette, Coach Herman. **Row 2:** Rick Peterson, Doug Alford, Rick Wood, Randy Hunting, Chris Klein, Bob Ugstad, Kent Munthe. **Row 3:** Brian Breaw, Dan Phaneuf, Wally Paugel, Billy Coleman, Shawn Crist, Chuch Alshouse, Dan Laeson, Chris Brown, Mike Paulino. **Row 4:** Lee Retig, Malcolm Houle, Mike Booth, Mike Lenz, Jeff Carter, Jeff Imsdahl, George Augst, Steve Hanke. **Back:** Travis Williams, John Franta, Keith Engstrom, Dave Nolan, Todd Waxberg, Dan Dunbar, Brian Kwiatkowski, Greg Johnson, John Hoffman, Eric Weiss.

VARSITY FOOTBALL CHEERLEADERS — **Front:** Sheila Bakken, Melanie Cree, Robin Erickson. **Row 2:** Darlene Williams, Kelly Brott, Carol Skoglund, Chris Casey, Sarah Wojtowicz, Dawn McGill. **Back:** Julie Muellner, Lisa Graf, Mary Ann Ruddy.



VARSITY FOOTBALL — **Front:** Chris Robinson, Sean McCoy, Jim Nolan, Jeff Schmidt, Jack Mertes, Peter Malek, Brian Dow, Joe Turrene. **Row 1:** Bryan Steven, John Roy, Rob Fleischman, Mark Grundhofer, Curt Cohoes, Mike Schurrer, Tim Suess, Wally Mueller, Brian Hermanson. **Row 2:** Brian Hickerson, Brad Sygulla, Tom Kipping, Jeff Merrigan, Gordy Bishop, Kevin Doherty, Dave Long, Todd Fultz, Bob Coleman. **Row 3:** Steve Schuna, Don Luthie, Paul Nave, Jim Willcocks, Joe Henderson, Dan Hennen, David Rachie, Steve Splittstoesser, Karl Johnson. **Row 4:** Manager Ray Cardinal, Bill Voelker, John Dingman, Troy Colberg, Dan Pillar, Todd Zapzalka, Mike Schule, Dennis Vellenga. **Row 5:** Don Droppo, Tom Agnes, Shannon Steele, Dean Daninger, Scott Olson, Steve Brown, Keith Anderson, Brian Johnson, Jess McDonald. **Row 6:** Nels Solem, Joe Childers, Mark Grove, Rich Cronk, Tom Lukkonen, John Jorgenson, Brad Johnson, Mike Larson, James McDonald. **Back:** Coach Lautiger, Coach Grant, Coach Rowbotham.

Hockey cheerleaders clown around in the halls after school. —

JV HOCKEY — Front: John Roy, Scott Williamson, Tim Herbert, Jeff Willette, Shawn Erickson, Pat Cameron, Al Balmer, Rick Mike, Tim Zaruba. **Back:** Coach Fedderly, Jeff Neuenfeldt, Troy Wachter, Dan Hennen, Joe Childers, John Jergens, Bob Cossette, Ted Krammer, Lance Dokken, Mark Broadbent.



VARSITY HOCKEY — Front: Coach Fedderly, Mike Schurrer, Dean Weiss, Chris Klein, Mark Grundhoffer, Andy Cossette, Steve Paulino, John Roy. **Back:** Coach Peltier, Jim Ketola, Brian Hickerson, Mitch Thompson, Brad Hickerson, Brad Kolstad, Scott Wolff, Tom King, Bill Coleman, Dennis Vellenga.

VARSITY HOCKEY CHEERLEADERS — **Front:** Anita Bley. **Row 2:** Dena Speiss, Mary Ann Ruddy, Ann Ruddy, Deb Wickre. **Row 3:** Chris Casey, Terra Paul, Diane Hunter. **Back:** Patti Radtke.



F.L. Skaters Avoid Fights

Violent could be used to describe hockey, but not for the Rangers. Only one situation was classified as a fight this year. Teamwork and cooperation were emphasized. According to Coach Fedderly, "This year's varsity is the closest knit group I have ever seen. They play together well and are good friends." This spirit even carried over to their free time, when players would gather at a team member's home to play pool before a game. The stamina and endurance needed for hard practice also helped pull the team together. Despite long hours of practice, the season was average. As Lance Docken put it, "We had good potential, but our record just did not show it."



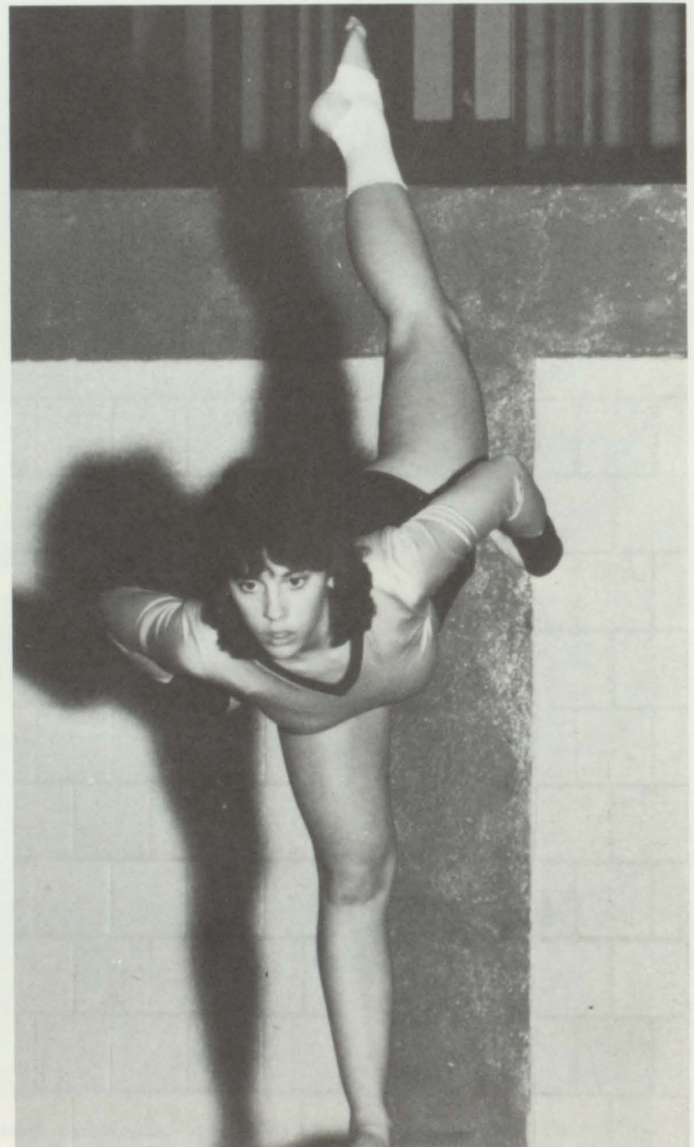
JV HOCKEY CHEERLEADERS — **Front:** Carrie Miller, Kathy Johnson. **Back:** Kris Werth, Kathy Hainer, Lisa Eder.

GYMNASTICS . Front: Manager Lenny Crouse, Coach Kunschier, Wendy Morehead, Jill Whitney, Sue McGeary, Nicole Liljedahl, Julie Sandstrom, Tammy Peterson, Tina Herbert, Barb Clark, Coach Nelson. **Back:** Betsy Jergens, Jill Pietraszewski, Debbie Meyers, Angie Fairbanks, Ranae Broadbent, Serese Thurnbeck, Carol Skoglund, Lonnie Zemke, Michelle Gesino.



There is more to competition than just showing up for a meet. Pre-meet taping can be crucial. ↑

Work on the beam's challenging and requires concentration. →





← The arms of a gymnast are vital in a perfect landing.

← Setting up the equipment properly takes time but helps prevent injuries.

Injuries Don't Stop Gymnasts

Gymnastics is called a sport of mind concentration as well as physical ability. Ranger gymnasts worked hard to achieve both of these. The '84 team was strong in all grades, including sophomores: Serese Thurnbeck, Betsy Jergens, Jill Whitney, and Debbie Meyers. Returning letter winners include: RaNae Broadbent, Carol Skoglund, and Kris Morley. Even though two are seniors, the strength and skill of the juniors and sophomores give hope for a strong team in '85 as well.



↑ On the beam fancy leaps and moves add up for top scores.

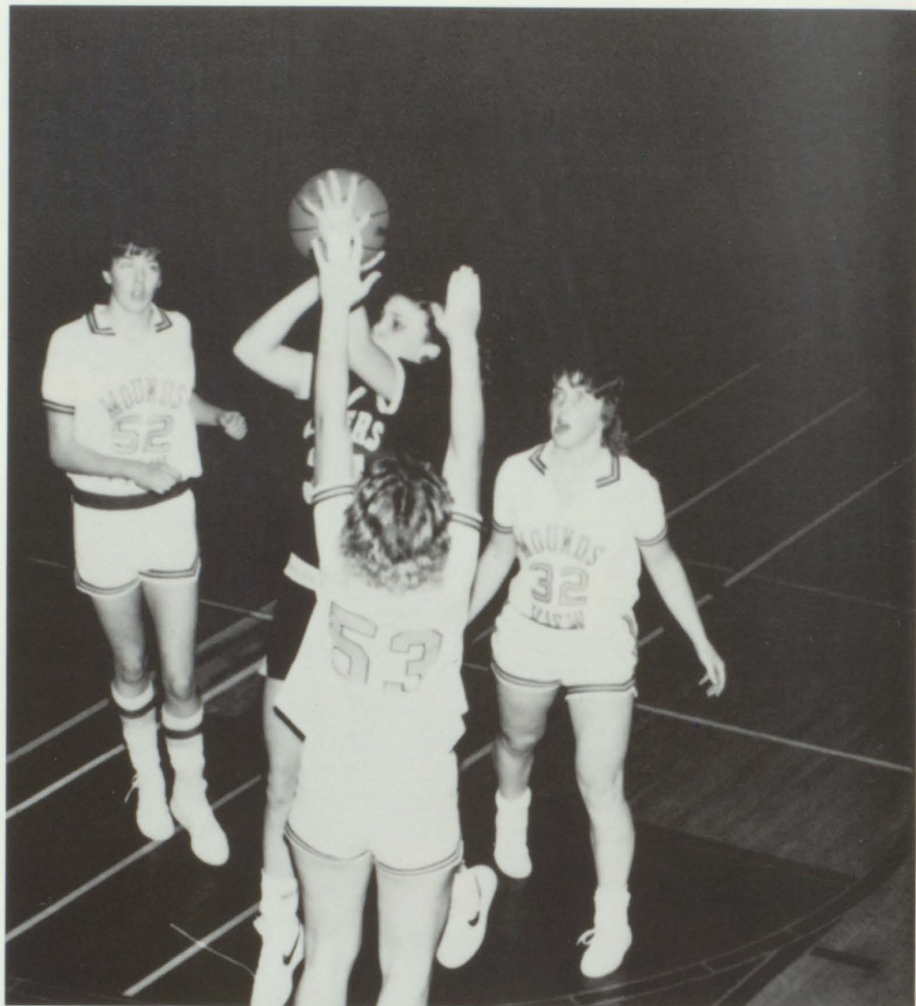
← Team spirit depends on loyal team support.



↑ Mrs. Nelson teaches proper spotting can help prevent injuries.

Height and jumping ability are an advantage of Ranger hoopsters. ↓

Shooting is not easy when surrounded by Mounds
View defense. ↓



GIRLS' B-SQUAD BASKETBALL — **Front:** Karyn Noyes, Anna Harelson, KC Houle, Jodi Peterson, Joey Reed, Lisa LaMere, Stephanie Graves. **Back:** Coach Chalberg, Jennifer Conlin, Stacy Graf, Michelle Wulff, Chrissie Davies, Rachelle Conner, Denise Mondor, Cheryl Pillar, Kristi Zanasko.



— Jane Wistricill struggles to get a rebound.

Shots Slow Ranger Women

Shoot! Score! Win! This was the goal of the girls' basketball team, but it wasn't always reality. Shooting was emphasized in practice right from the beginning, but, as Mitzi LeVesseur said, "The team is good this year. The only thing that is hurting us is our shooting. It's not as good as it should be." Jennifer Conlin, a transfer from Park Union High noticed that, "Forest Lake makes shooting a real important part of practice." Team spirit and hard work prevailed, even if some games were lost. A lot of the spirit could be credited to captains Amie Schwab, JoAnn Toth, Andrea Retica, and Jane Wistricill.

— Tip-offs and rebounds can be crowded business.

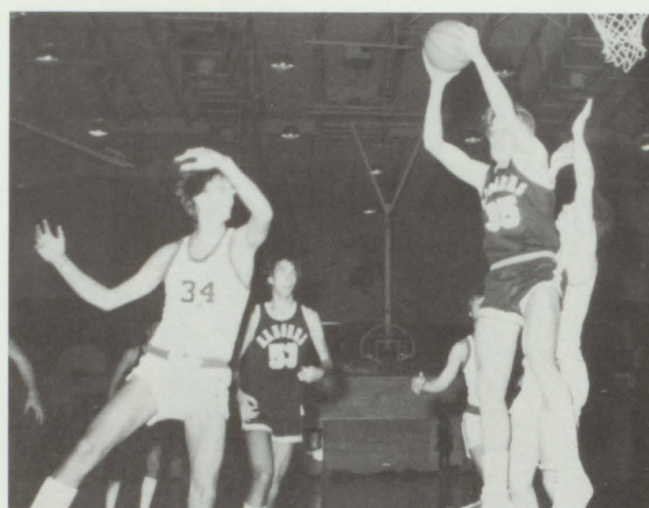


VARSITY GIRLS' BASKETBALL — **Front:** Becki Venables, Cheryl Seuss, Mitzi LeVesseur, Belinda Berg, Christie Zanasko, Joann Toth, Karen Skoog. **Back:** Coach Gunderson, Kim Gryziak, Laurel Elmquist, Andrea Retica, Amy Schwab, Jane Wistricill, Wendy Grunwald, Vicki Vomela, Coach Kruchten, Coach Chalberg.

VARSITY BOYS' BASKETBALL — **Front:** Greg Jeans, Reed Radden, TJ Traynor, Steve Lieftring, Todd Fultz, Jeff Schmidt, Jeff Anderson. **Back:** Manager Ray Cardinal, Coach Anderson, Shannon Steele, Karl Johnson, Brad Biermaier, Tom Lukkonen, Mark Almquist, Dan Bruder, Derek Wetterstrom, Steve Splittstoesser, Darren Johnson, Coach Hegseth, Manager Chris Wielinski.



Cheerleaders work hard at new stunts for games while Rangers work hard to try to win games. ↓



Jumping high, shooting strong, and working hard all helped in Ranger wins. ↑



B-SQUAD BOYS' BASKETBALL — **Front:** Dan Phanuef, Todd Zapzalka, John Franta, Paul Peters, Tim Paugois. **Back:** Coach Poepard, Wally Paugel, Chuck Alshouse, Dan Hale, Rick Tremmel, Jeff Imsdahl, Tom Hallberg, Mark Johnson, Chris Miller.



← Getting the tip off and gaining the rebound helps FL develop a winning reputation.

Hoop Club Gets New Coach

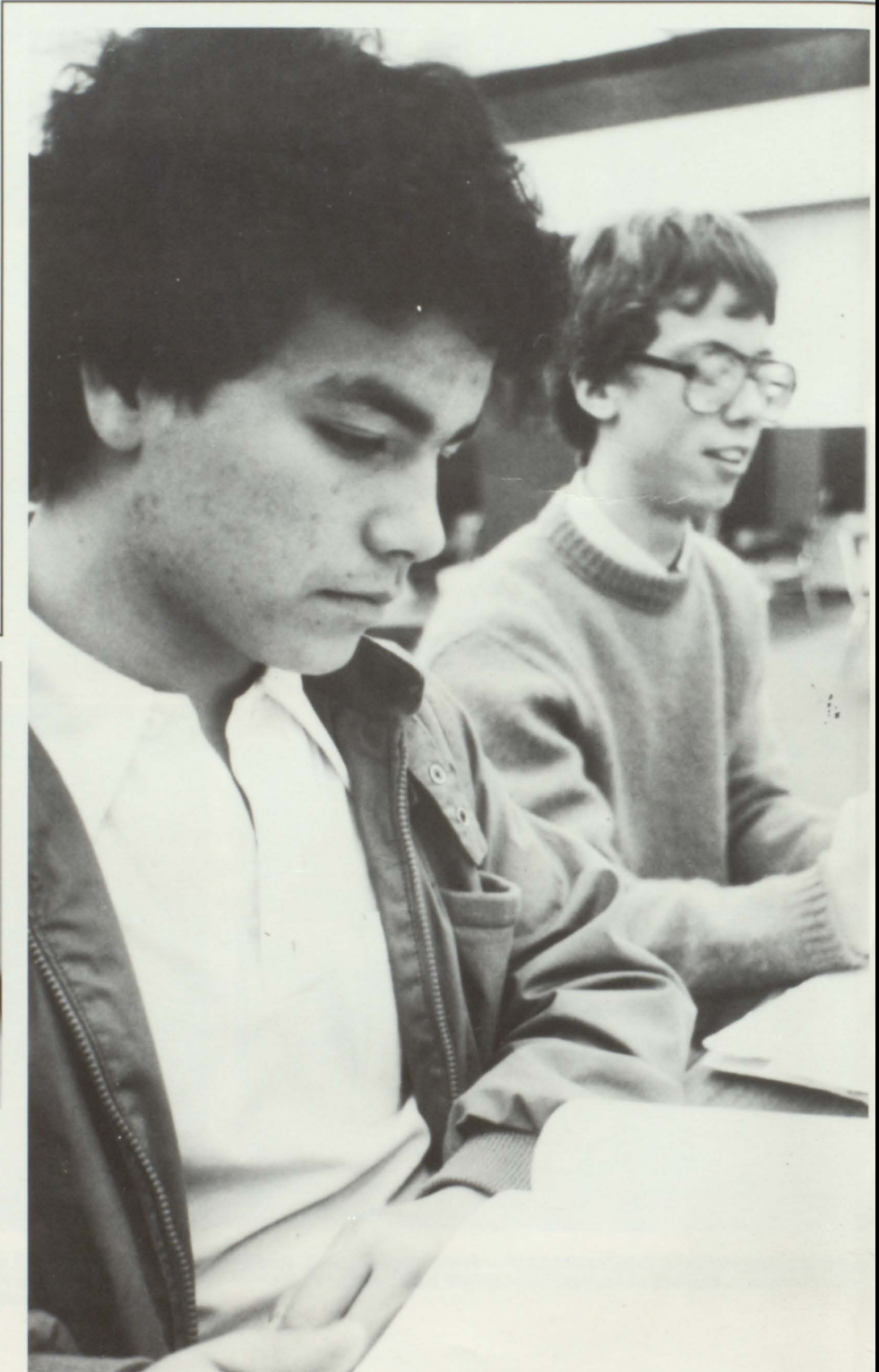
New basketball coach Brian Hegseth came into the program following the first strong basketball season for FL. The ability to win had been proven. He saw his job as encourager, as the man who could help Ranger hoopsters develop confidence and stay cool on the floor. Players were eager and their performance was impressive. A winning tradition became a reality for Ranger ball players. Playing to improve skill, the team began to play to win as well. The Hegseth coached team looked forward to tournament action and players' hopes were high. The team cooperated to work on consistent ball. A highlight of the season was their overtime victory over Coon Rapids, an '83 state tournament team.

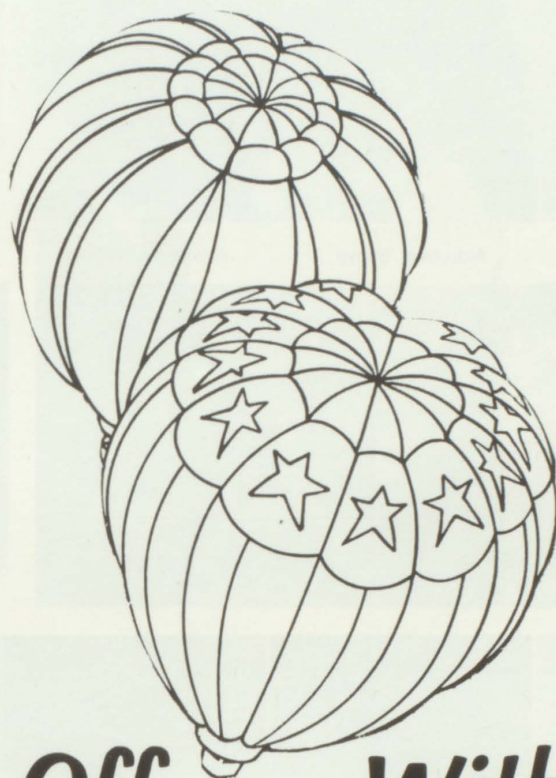


B-SQUAD BASKETBALL CHEERLEADERS — **Front:** Theresa Nickila. **Row 2:** Tracy Christenson. **Row 3:** Bobbi Sygulla, Amy Schmidt. **Back:** Shantell Paul.



VARSITY BASKETBALL CHEERLEADERS — **Front:** Melanie Cree, Diane Absey, Amber Jelmsberg, Angie Loucks, Shelly Funni. **Back:** Patti Ruggles, Jane Venables, Jule Vomela.

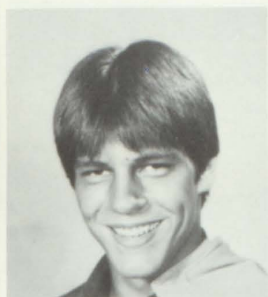




Take Off . . . With Friends



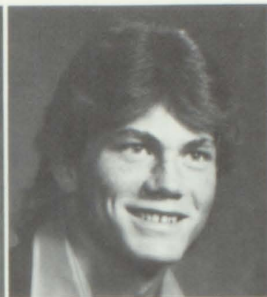
People . . . teachers, principals, counselors, sophomores, cooks, juniors, custodians, seniors, bus drivers. From the time we left home in the morning until the time we got home from school at night we were with the people who shaped our memories of high school. Without friends, the days would have been dull. Without the staff, it would have been meaningless. Learning to cooperate and function in school meant learning to deal with people, the people who made school unique.



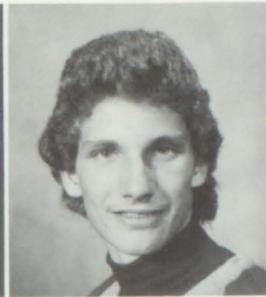
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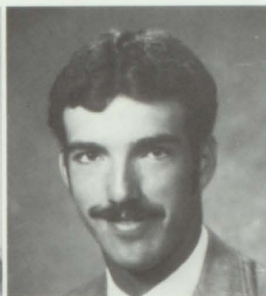
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Cree, Melanie



Cronk, Richard



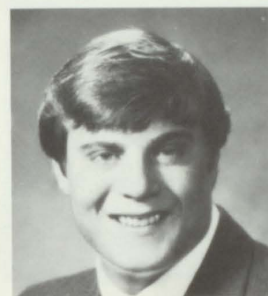
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Daniels, Michelle



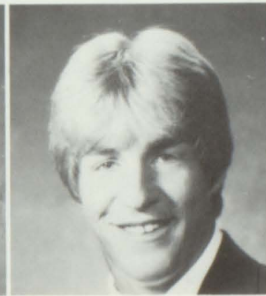
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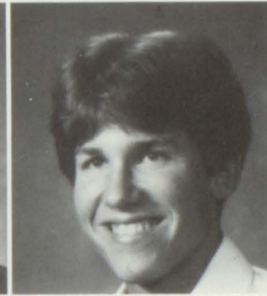
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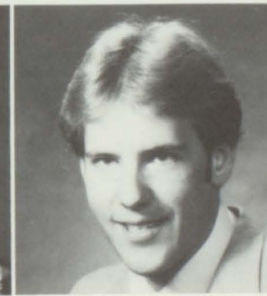
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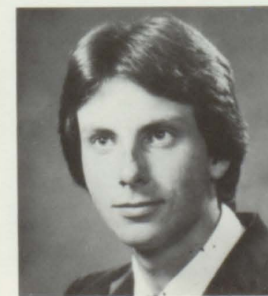
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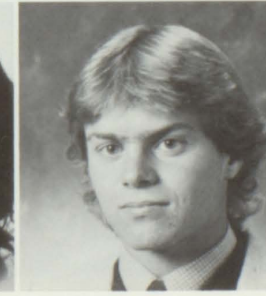
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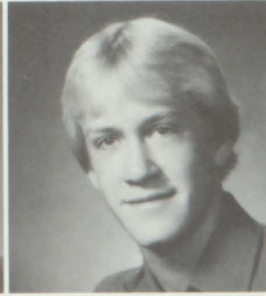
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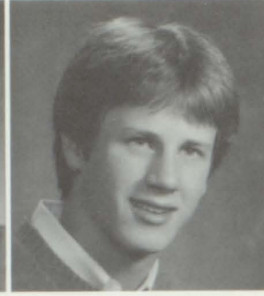
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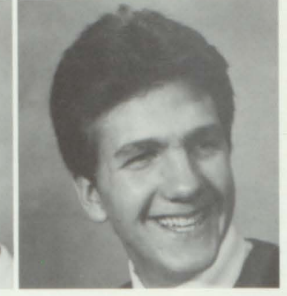
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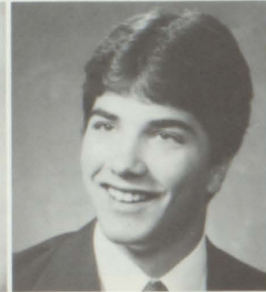
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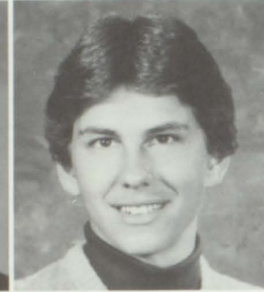
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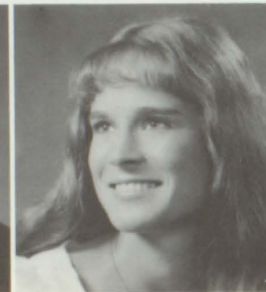
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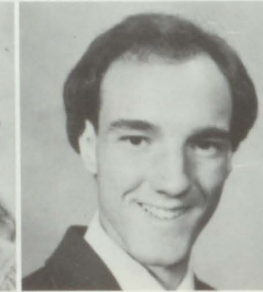
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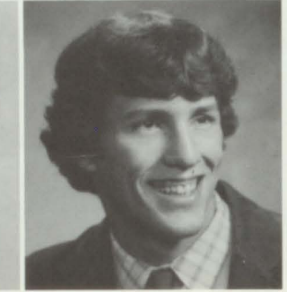
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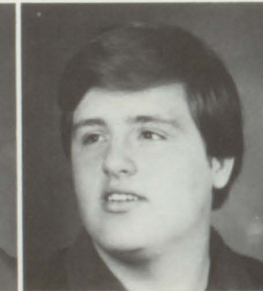
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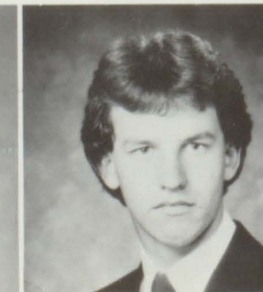
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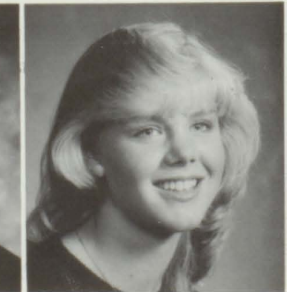
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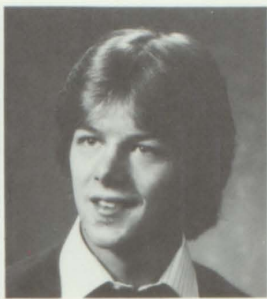
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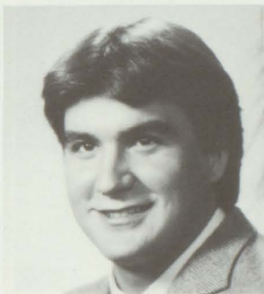
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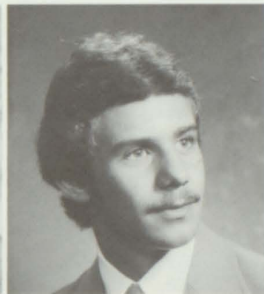
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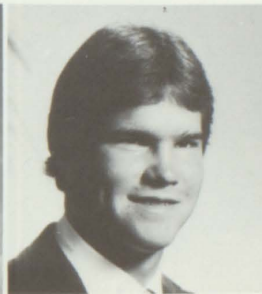
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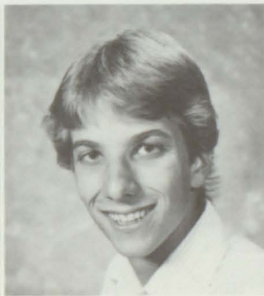
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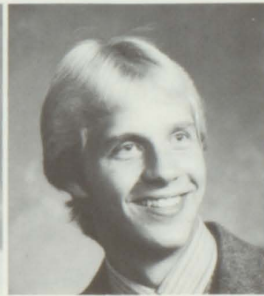
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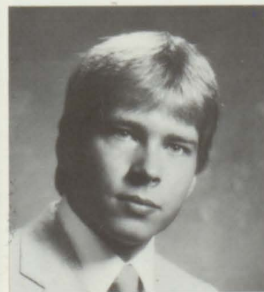
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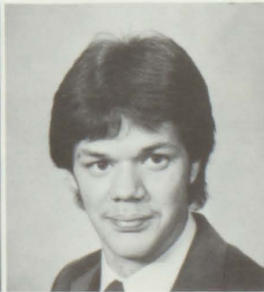
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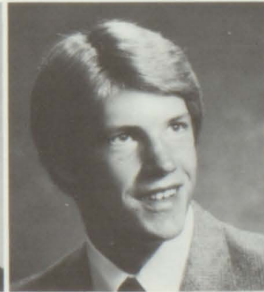
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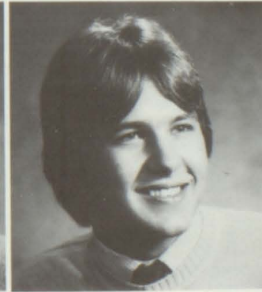
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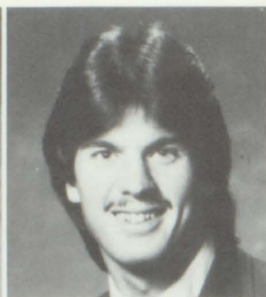
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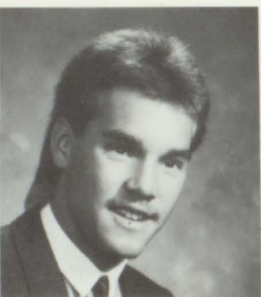
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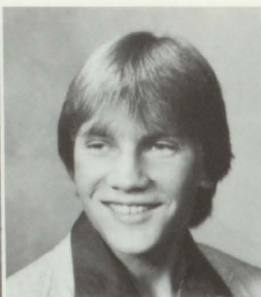
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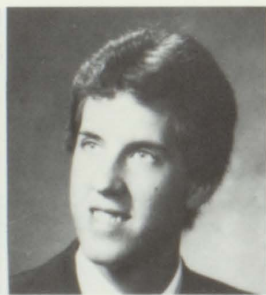
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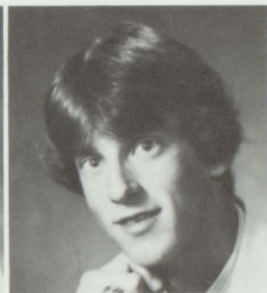
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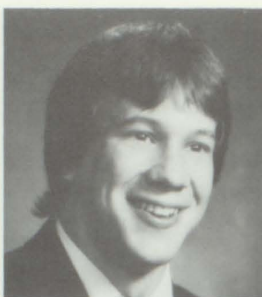
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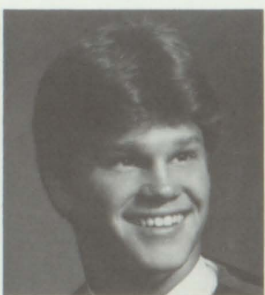
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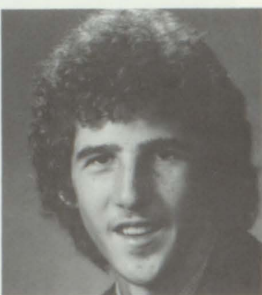
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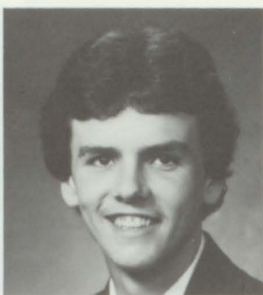
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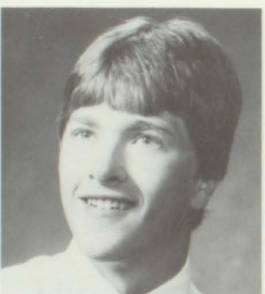
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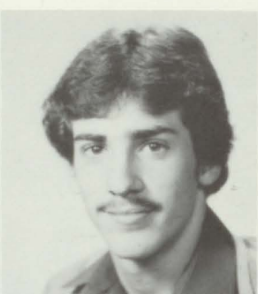
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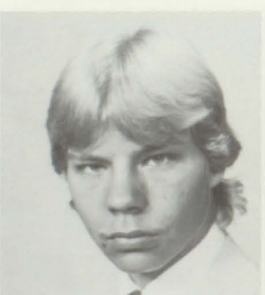
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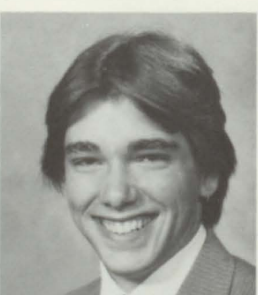
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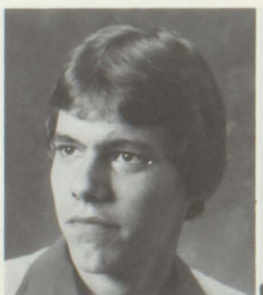
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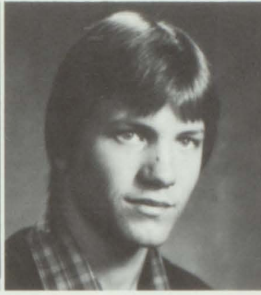
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Miller, Gregory



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Morrison, Amy



Moss, James



Mueller, Roxanne



Mueller, Walter



Muller, Tracy



Muller, Whitney



Myers, Lisa



Nelson, Dennis



Nelson, Jeanette



Nelson, Jinny



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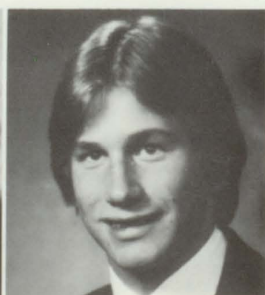
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Parenteau, Patrick



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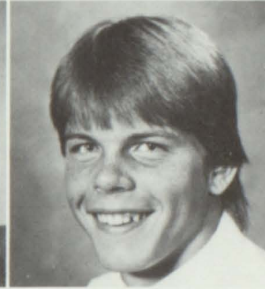
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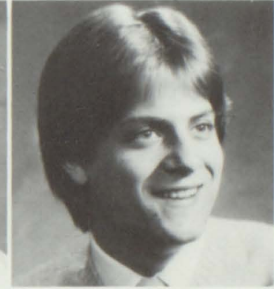
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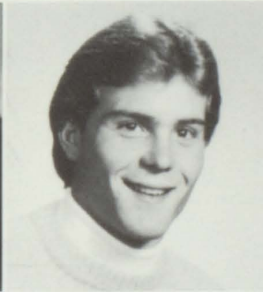
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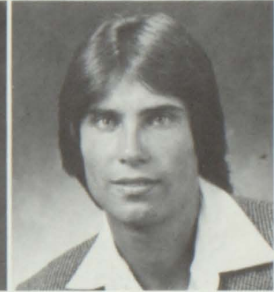
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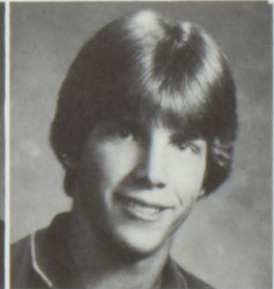
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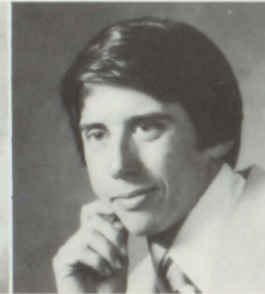
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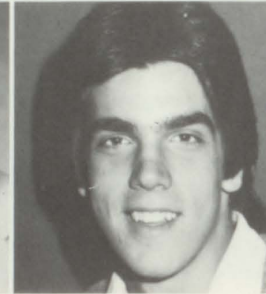
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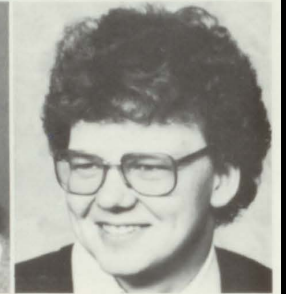
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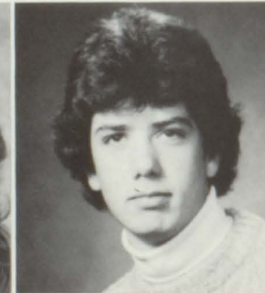
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Rogalla, Silver



Rogers, Mark



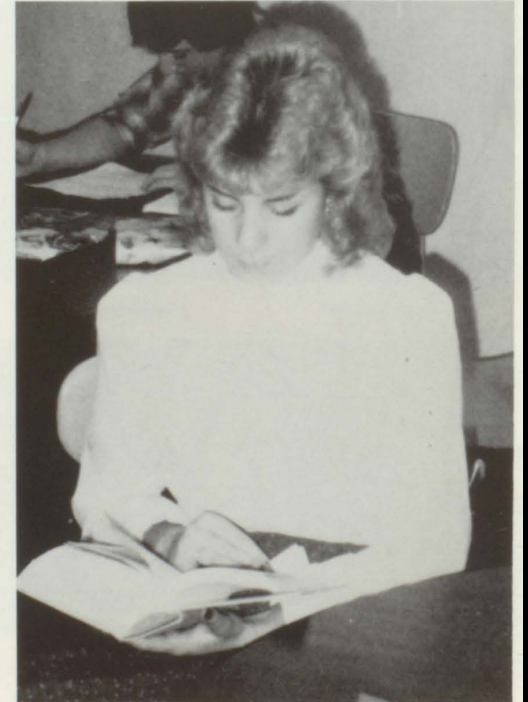
Rohe, Douglas



Rosenberg, Gary



Ruddy, Mary





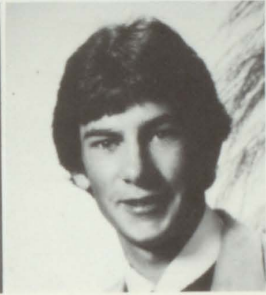
Ruschmeier, Lois



Salo, Jeffrey



Sampson, Randall



Sandstrom, Jeffery



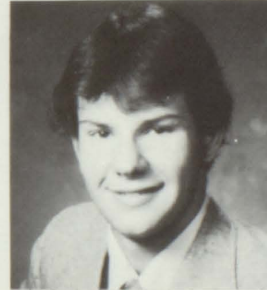
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Schak, Ken



Scharpen, Susan



Scherer, James



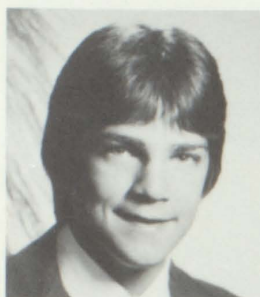
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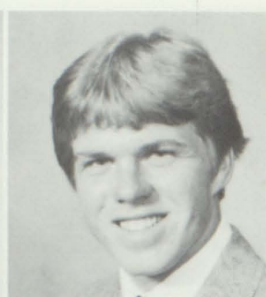
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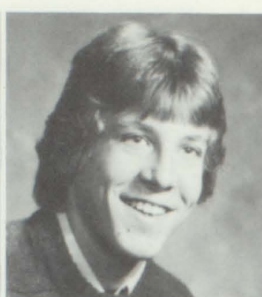
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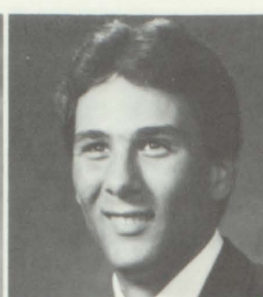
Schmidt, Daniel



Schmidt, Jeffery



Schmidt, Joseph



Schroeder, James



Schumacher, Laura



Schuna, Steven



Schwab, Amie



Schwanke, Ellen



Seim, Heather



Shaketer, Jill



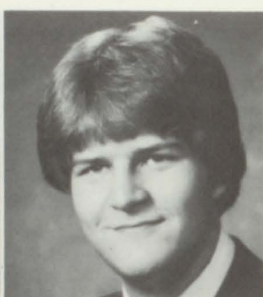
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Shalander, Greg



Sharp, Barbara



Shogren, Robert



Siegert, Jolene



Siniff, Nancy



Sireno, Timothy



Skoglund, Karen



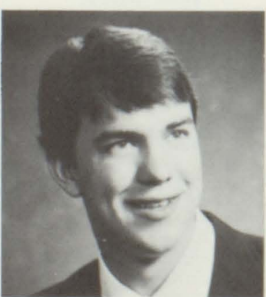
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Smith, Melanie



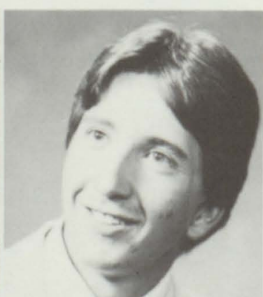
Solem, Nels



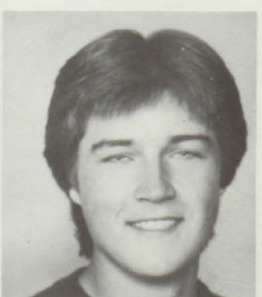
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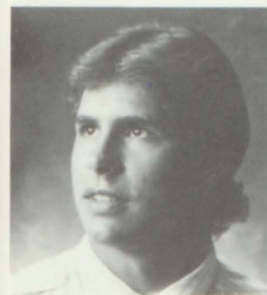
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St. Martin, Mark



Staples, Brian



Steele, Shannon



Steffenson, Sonja



Steiner, Anthony



Steven, Bryan



Stickel, Christopher



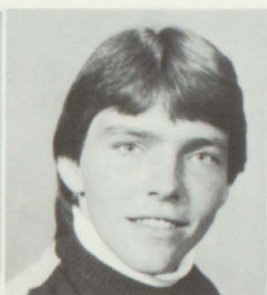
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Strenger, Amy



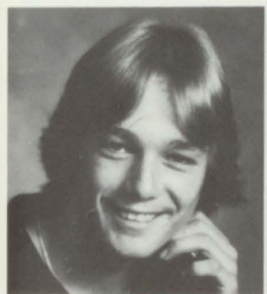
Stricklin, Deborah



Stuen, Thomas



Suess, Timothy



Swanson, Joel



Swanson, Kelli



Swanson, Penny



Sykes, Linda



Tamminen, Brett



Tavernier, Tamara



Taylor, Brenda



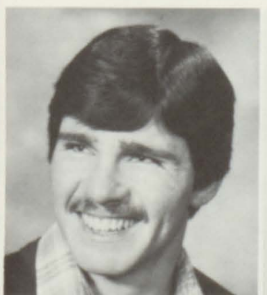
Taylor, Kimberly



Theuer, Judith



Thielfoldt, Lisa



Thill, Donald



Thomas, Angela



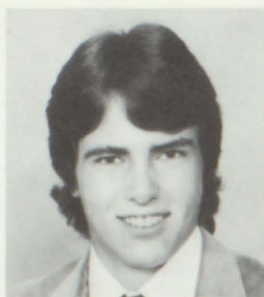
Thompson, Jeffery



Thompson, Mitchell



Thompson, Rebecca



Thompson, Scott



Timm, Lonnie



Toth, Joann



Trainer, Melissa



Traugott, Kathryn



Tubridy, Karen



Turenne, Joseph



Tyson, Allison



Urie, Carrie



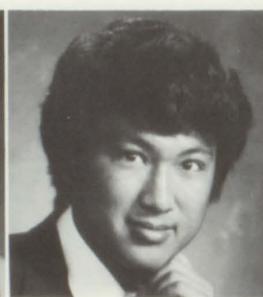
Valenty, Christopher



Venables, Jane



Vieira, Paul



Voelker, William



Wadsworth, Barbara



Walsh, Brenda



Waltz, Kimberly



Wedell, Tracy



Weiss, Dean



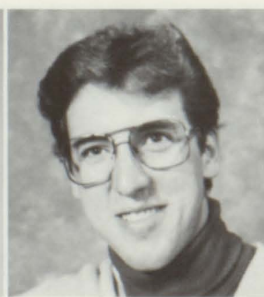
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West, Tammy



Westberg, Kevin



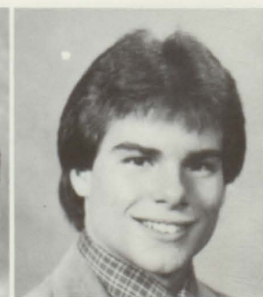
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Westlund, Carol



Willette, Brenda



Williams, Daniel



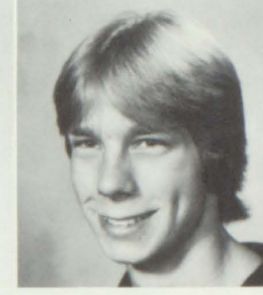
Winnick, Benjamin



Wistrill, Jane



Wizik, James



Woehl, Michael



Wojahn, Thomas



Wojtowicz, Sarah



Wolf, Scott



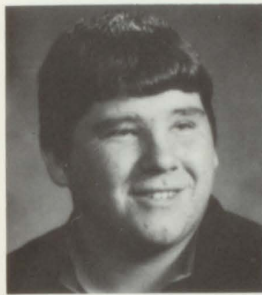
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Wyandt, Wendy



Wydra, Leokadia



Yezek, Joseph



Young, Wayne



Zak, Terri



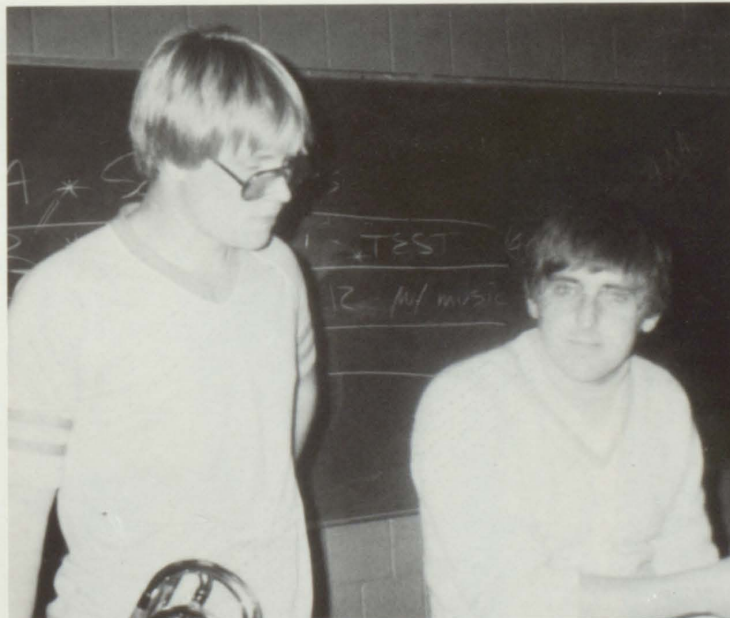
Zapzalka, Holly



Zemke, Kimberly



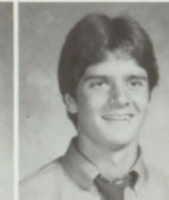
Zieska, Rebecca



Zwiers, Michelle



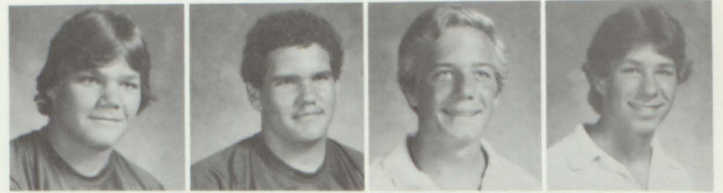
Candy Kelly
 Minny Ruse
 Claus B. Hansen
 Karen Skoglund
 Karen Spector
 Rabel
 Shew Erickson
 Arts Sticket
 Sue Dages
 Junda (Big Mac) McKerny
 Ramona Wilson
 Linda Hunter
 Jeff Edelen
 Hov #1
 Doreen Johnson
 Ruthann
 Cathy Nissen
 Kim Taylor (mousey)
 Jim Snuggles
 Jane Johnson
 Ann Quenest
 Teresa Gayle
 Heidi Meyle
 Sue McEwen
 Jemi Hubbs
 Brenda Walch
 Kelly Flint
 Dean Weiss
 Mark Carson
 Donald Hill
 "Don" Martner
 Janet
 Ozmier
 Richard
 Carrie Winnie
 Sharon Fairbanks
 Becky Beevers
 Anna
 Jim Johnson (Bingo)
 Anita Bley (Nutter)
 Linda Duke
 Deb Mattson

A black and white portrait of a young woman with voluminous, curly hair. She is looking slightly to the right of the camera with a gentle smile. She is wearing a light-colored, possibly white, collared shirt. The background is a plain, light color.

A black and white portrait of a young man with dark, wavy hair and glasses, smiling. He is wearing a light-colored shirt.



Johnson, Bradley
Johnson, Brian
Johnson, Charles
Johnson, Christopher



Johnson, Darin
Johnson, David
Johnson, Eric
Johnson, Jeff



Johnson, Jennifer
Johnson, Jennifer
Johnson, Lawrence
Johnson, Sandra



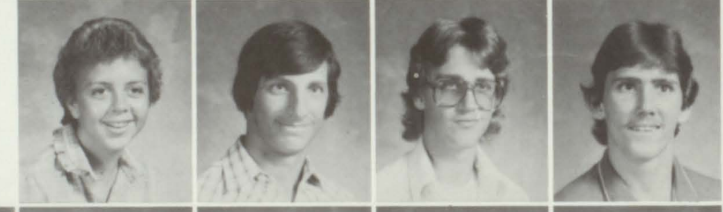
Jones, Joanne
Jones, Shaleigh
Jorgenson, John
Justice, Bryan



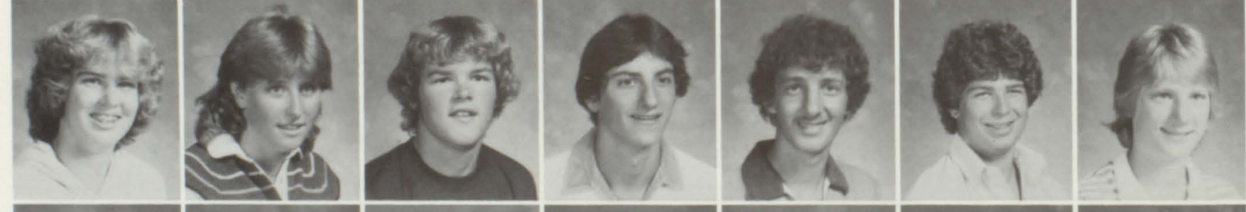
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Kanada, Christine
Kari, John
Karsten, Laura



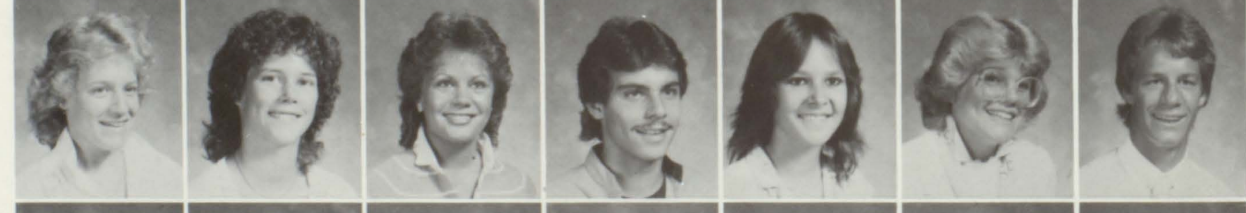
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Keller, Rick
Kelly, Christine
Kempe, Mike



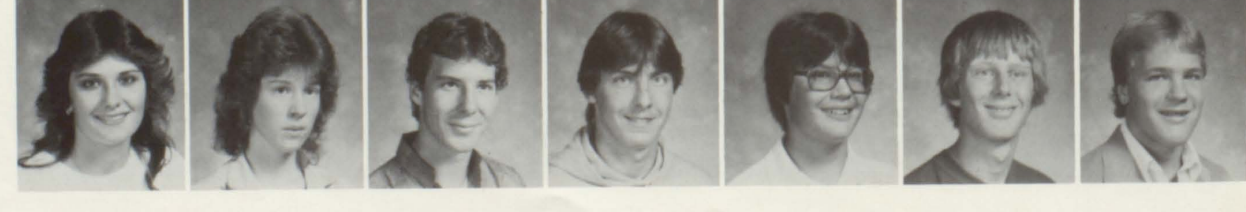
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King, Tara
King, Thomas
Kipping, Thomas
Klassen, Michael
Kleinvachter, Todd
Knutson, Kristi

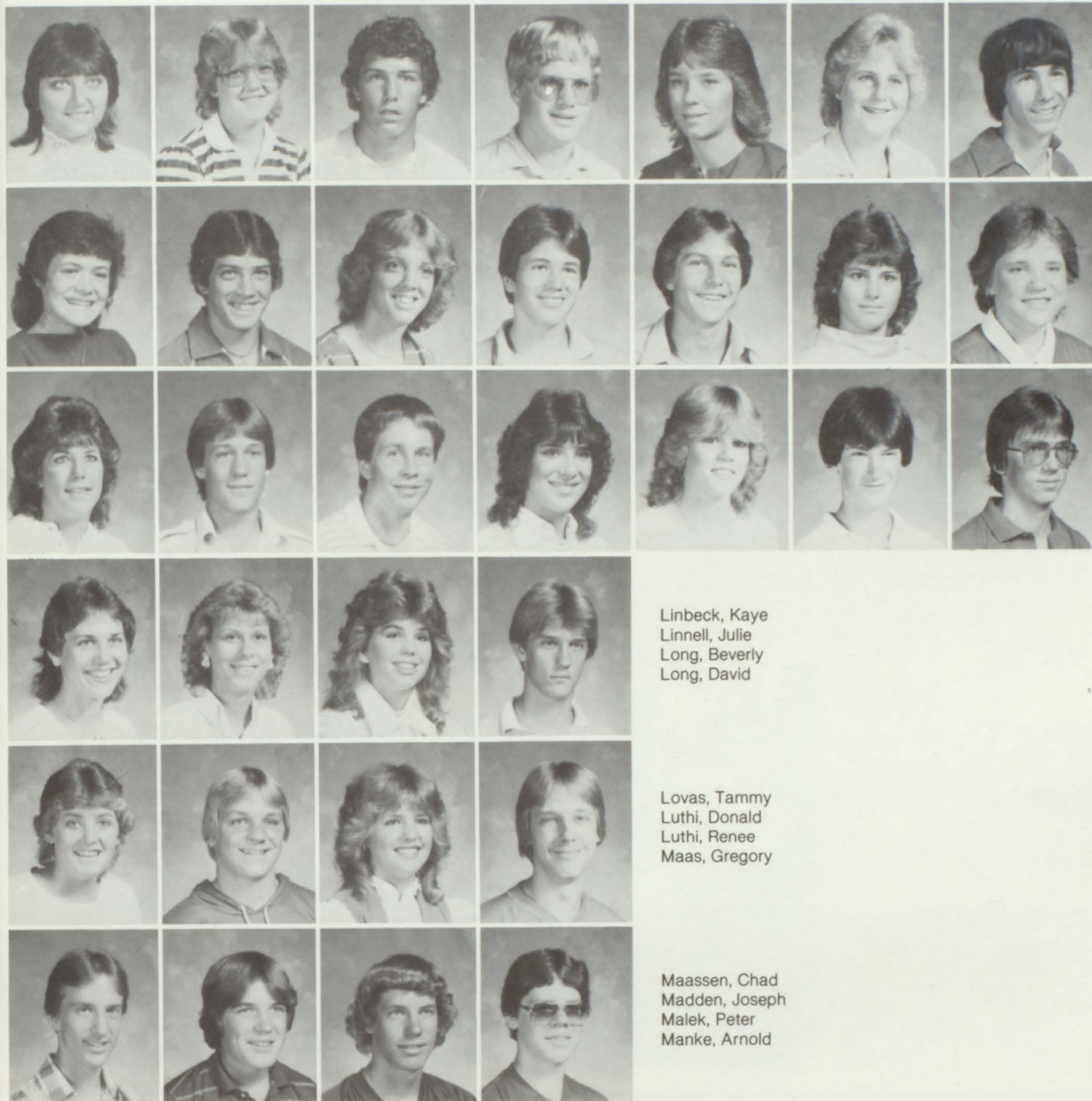


Kodluboy, Sheila
Koecher, Vicki
Kogler, Kimberly
Koppy, Kris
Kowalski, Julie
Kralick, Renee
Krammer, Theodore



Kreitz, Joanne
Kubes, Laura
Kupfer, Rich
Kurth, Mark
LaCasse, Kenneth
LaCroix, Troy
Lamere, Scott





Laroche, Loretta
Larson, Christine
Larson, Michael
Larson, Michael
Lartch, Lorene
Laske, Kim
Lavandowska, Lance

Lavoie, Linda
Lawman, Garrett
Lawman, Patricia
Lenarz, Michael
Leroux, Robert
Leroux, Victoria
Levesseur, Mitzi

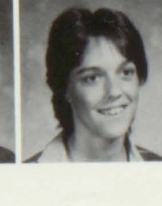
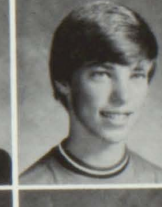
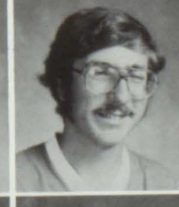
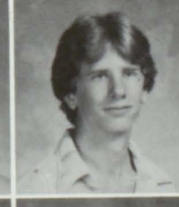
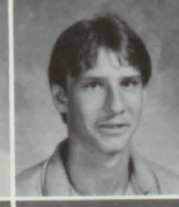
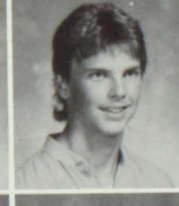
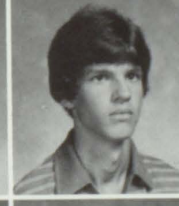
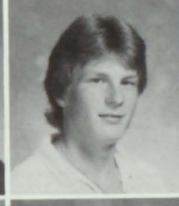
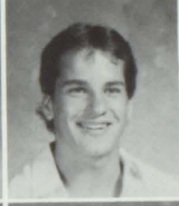
Lichtscheidl, Julie
Lieftring, Steven
Lien, Darrell
Liljedahl, Nicole
Lillie, Michelle
Lindberg, Jeffrey
Lindgren, Douglas

Linbeck, Kaye
Linnell, Julie
Long, Beverly
Long, David

Lovas, Tammy
Luthi, Donald
Luthi, Renee
Maas, Gregory

Maassen, Chad
Madden, Joseph
Malek, Peter
Manke, Arnold





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SOPHOMORE CLASS COUNCIL — **Front:** Cindy Lakso, Brenda Gabrick, Julie Sandstrom, Carla Wiisanen, Shantell Paul. **Row 2:** Denise Labore, Lori Lindgren, Susan Ulvin, Lisa LaMere, Stephanie Graves, Kari Grandstrand. **Back:** Jill Rice, Cheryl Pillar, Amy Schumacher, Crissie Davis, Ms. Cheyne, Trudi Carlson, Cheryl Kazmierczak, Jennifer Plummer.



Class councils exist to serve the needs of their respective classes. No elections were held. Anyone in the class could serve on the councils. There is no limit to who can attend meetings. A few dedicated people seem to do all the work, but why? Why is it that only three or four people came to help choose the choices for class motto, colors and flowers? Do these committees serve a real purpose? Some say, "yes, we work for our class." Others criticize that they are just groups of people who join to say they are involved in something. "They show up to get their picture into the yearbook, but they don't help when there is real work to be done." Take the time to check out the class council for your grade and check what is in store for projects for next year.



SENIOR CLASS COUNCIL — **Front:** Brenda Walsh, Kim Waltz, Deb Krenz, Holly Zapzalka, Mary Jergens, Melanie Amundson, MaryAnn Ruddy, Ann Neuenfeldt, Lisa Graf, Jenni Hubbs, Lisa Thielholdt, Melanie Cree. **Back:** Brenda Taylor, Ramona Gibson, Brenda Herubin, Sunday Prchal, Brenda Willette, Heidi Grandstrand, Chad Hanson, Jeff Thompson, Jerry Benton, Bob Haider, Kip Kertzsch, Forrest Houle, Paul Krongard.



JUNIOR CLASS COUNCIL — **Front:** Lisa Mishak, Wendy Nelson, Cricket Shuster, Terra Paul. **Back:** Lonnie La Voie, Renee Luthi, Dave Long, Carol Skoglund, Kelli Harding, Linda Shaketer.

Shaun Don
Martinez Schmidt

Jimmy James
Morehead

John
McKay

Kalera Kules

Haun
Rosenberg

Just

Joe Becker
Jim Chancus

Lina Tavernier

Sheila Stanberg

Buener

Tom Storebo

Robert
Shepard

Kathy Cole Rachel
Bupstaff

Rice

Pat
Thayer

Debbie
Patalshak

Russell Bergman
"Bergie"



Alford, Doug
 Alshouse, Charles
 Ambourn, Natalie
 Amman, Julie

Anderson, Cheryl
 Anderson, Colleen
 Anderson, Craig
 Anderson, Douglas
 Anderson, Edward
 Anderson, Kristen
 Anderson, Shelli
 Anderson, Tammy

Antil, Joel
 Antinozzi, Theresa
 Apman, Lisa
 Arnholt, Jeffrey
 Asquith, Elizabeth
 Augst, George

Autey, Lorena
 Bacigalupo, James
 Bakeberg, Michelle
 Bakke, John
 Bartel, Michelle
 Bauer, Thomas

Bauman, Jaclyn
 Baumgart, Steven
 Beck, Melissa
 Becker, Richard
 Beijer, Kelly
 Bell, Colleen
 Bell, Patrick
 Bengtson, Thomas

Berg, Gary
 Bergeron, Melissa
 Berggren, Kim
 Berggren, Mitchell
 Bley, Dana
 Boeck, Debra
 Bohaty, Patricia
 Booth, Michael

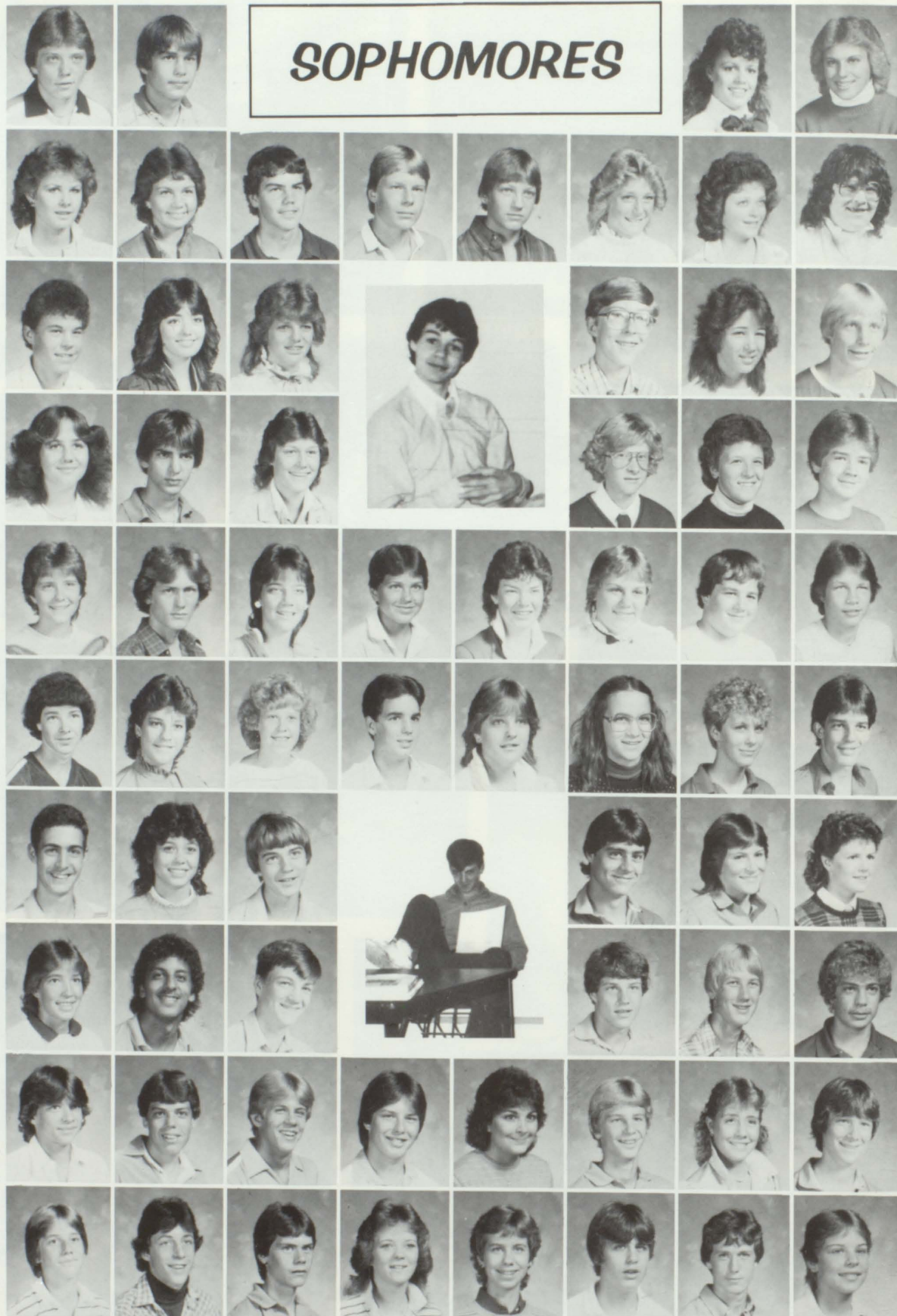
Borash, Jeffrey
 Bougie, Donna
 Bowens, Marvin
 Bowers, Richard
 Boyce, Tracy
 Boyer, Margaret

Branson, Jiloyce
 Brant, Anthony
 Branum, Matthew
 Breaw, Bryan
 Brevig, James
 Broadbent, Mark

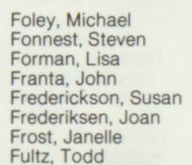
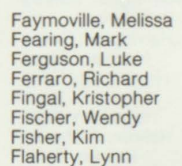
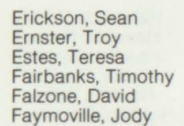
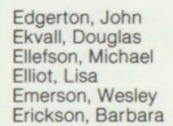
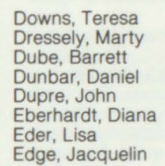
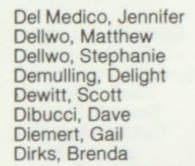
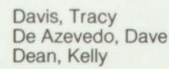
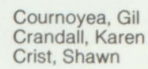
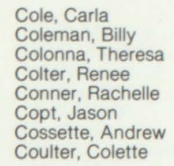
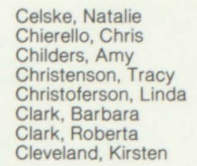
Brown, Anthony
 Brown, Christopher
 Brown, Troy
 Bordick, Patrick
 Burke, Barbara
 Cable, Brian
 Callahan, Gina
 Cameron, Patrick

Campbell, Keith
 Capeti, Loren
 Carlson, Scott
 Carlson, Tina
 Carlson, Trudi
 Carpenter, Dion
 Carter, Jeffrey
 Cavegn, Debra

SOPHOMORES



sophomores



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Gabrick, Brenda
Gaffney, Lynette



Gajeski, James
Garner, Jenelle



Garrison, Roxanne
Garske, Louise
Gaspord, Dennis
Gauvin, Daniel
Gerlach, Steven
Gesino, Michelle
Gleixner, Lisa
Golden, Robert



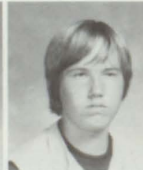
Gosiak, Stephanie
Graf, Stacy
Grandstrand, Kari
Graves, Stephanie
Gregerson, Thomas
Gremmer, Michelle
Groshens, Lawrence
Gross, Amy



Gross, Rebecca
Gunderson, Stacy
Hagg, Jody
Hagert, Lana
Hahn, Ann
Hale, Daniel
Hallberg, Dana
Hallberg, Thomas



Halvorson, Trent
Hammer, Nancy
Handlos, Steven
Hanke, Stephen
Hanson, Jeffrey
Harding, Shannon
Harelson, Anna
Harrington, Sandra



Harrington, Susan
Harvieux, Deea
Hawkinson, Clark
Haworth, Darin
Hegstrom, Keith
Hehner, Katherine
Heinen, David
Heinisch, Michael



Herbert, Tina
Hermann, Janine
Herring, Tammy
Highland, Michael
Hill, Eric
Hinrichs, Barbara
Hoffman, Jeanne
Hoffman, Jonathan



sophomores



Holcomb, Ronald
Hopkins, Stephanie
Hoppert, Kathleen
Houle, Amy
Houle, James
Houle, Katherine
Houle, Kimberly

Houle, Malcolm
Houle, Pauline
Hughes, George
Hunting, Randy
Hurd, Denise
Hursh, Michelle
Husnik, Christopher
Imme, Shelly

Imsdahl, Jeffrey
Israelson, Michael
Jacks, Jennifer
Jackson, Wendy
Janitschke, Brian
Jaquish, Maryjane
Jarvis, Clinton
Jensen, Allan

Jensen, Patricia
Jergens, Elizabeth
Johns, Wendy
Johnson, Alfie
Johnson, Gregory
Johnson, Kathleen
Johnson, Laura
Johnson, Mark

Johnson, Michelle
Johnson, Rebecca
Johnson, Tamborah
Johnson, Todd
Jones, Sharisse
Judd, Gregory
Juhl, Chris
Jungmann, Daniel

Karth, Guy
Kastner, Sandra
Kazmierczak, Cheryl
Kedrowski, Kristine
Keis, Thomas
Keller, Margaret
Kiffmeyer, Mary
Klein, Christopher

Kobow, David
Kohler, Dave
Kosloske, Joy
Kost, Daren
Kottke, Matthew
Kramer, Steven
Krieger, Stacy
Kroll, Mark



Krysinski, Lynn
Kuefler, Christopher
Kuhn, Philip
Kulstad, Daniel



Kunshier, Kristin
Kwiatkowski, Brian
Labore, Denise
Labore, Michelle

Lasko, Cindy
Lamb, Mylissa
Lamere, Lisa
Larock, Michael

Larsen, Daniel
Larsen, Kerry
Lawrence, Bruce
Lee, Brian



Lee, Elizabeth
Legus, Kenneth
Leibel, Craig
Lemke, April

Lenz, Michael
Lepsche, Tanya
Lessard, Leah
Lichey, Michael

Lichtscheidl, Steven
Lilly, Michelle
Lindberg, Jeffrey
Lindgren, Lori

Lockwood, Todd
Long, Sharon
Longtin, Peter
Lund, Wallace

Lutz, Francis
Lyzhoft, Michelle
Mackay, David
Madden, Timonthy



Madigan, Christopher
Malley, Todd
Malvin, Christopher
Malwitz, Tanya



sophomores



Marconie, Brian
Marten, Paula
Marx, Donald
Matheson, Jeana
Mathews, Scott
Matlatos, Lori
Mattheisen, Matthew
Mattson, Brett

Matzke, Mark
Mccann, Nancy
Mccargar, Brenda
Mcclintock, Meriel
Mccormick, Bryan
Mccoy, Kari
Mc Donough, Timothy
McLaughlin, Daniel

McLean, James
McMullen, Timothy
Medek, Brian
Meehl, Tate
Megahan, Anthony
Menne, Gary
Menne, Timothy
Mewhorter, Christina

Meyer, Debra
Middensorf, Kelly
Miller, Carrie
Miller, Christopher
Miller, Trixy
Milligan, Sara
Minder, Gerald
Miron, Christine

Molenda, Allen
Mondor, Denise
Moore, Frederick
Morgan, Theresa
Morken, Angela
Morris, Kurt
Morris, Tammera
Muchow, Christine

Munthe, Kenton
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Nelson, Darci
Nelson, Jeffrey
Nelson, Kimberly
Neunfeldt, Jeffrey
Neumann, James

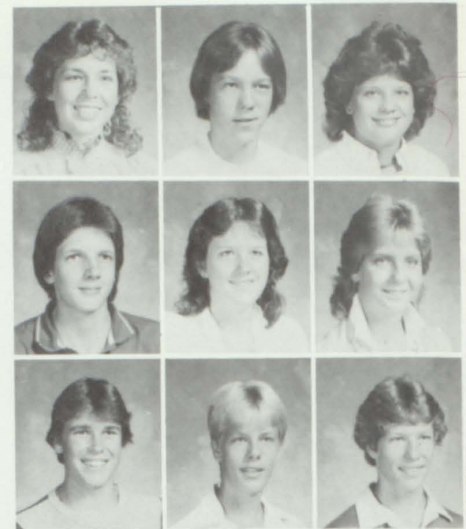
Newman, Kimberly
Nickila, Teresa
Nolan, David
Nordin, Chrtopher
Nordin, Paul
Noreen, Mark
Noyes, Karyn
Oberembt, Tracey

sophomores

Obst, Christine
Olson, Kevin
Olson, Necole

Olson, Robert
Ostrowski, Brenda
Ostrowski, Kimberly

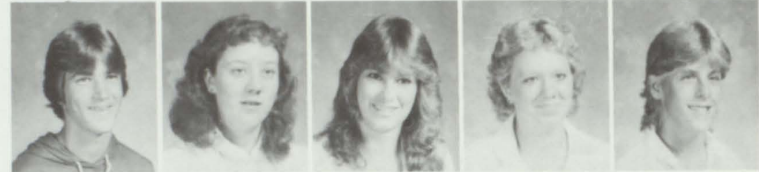
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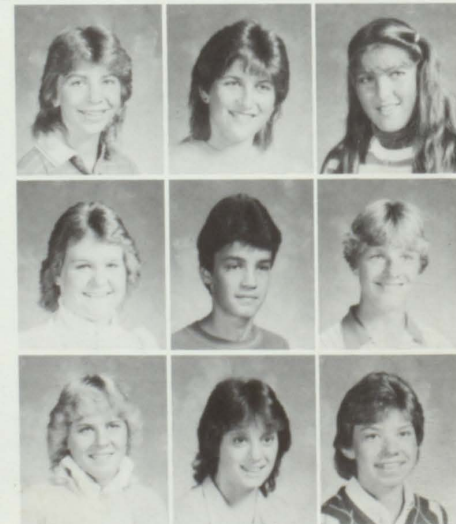
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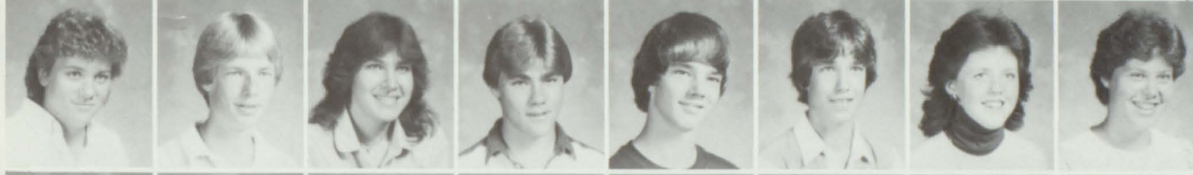
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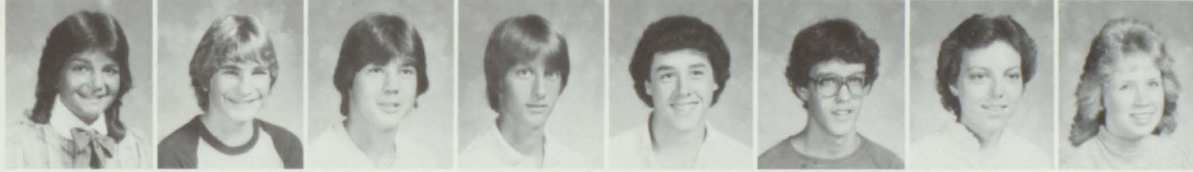
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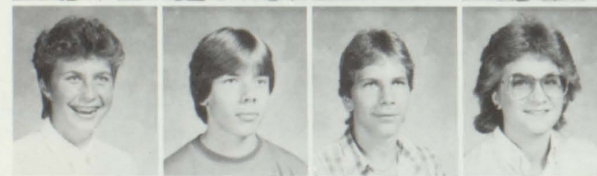
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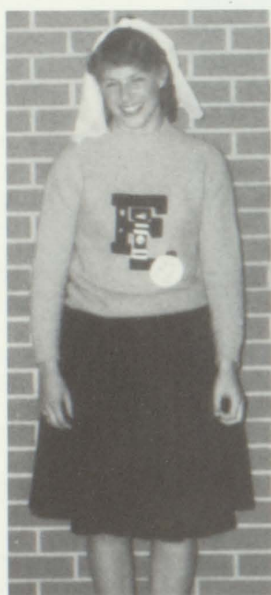
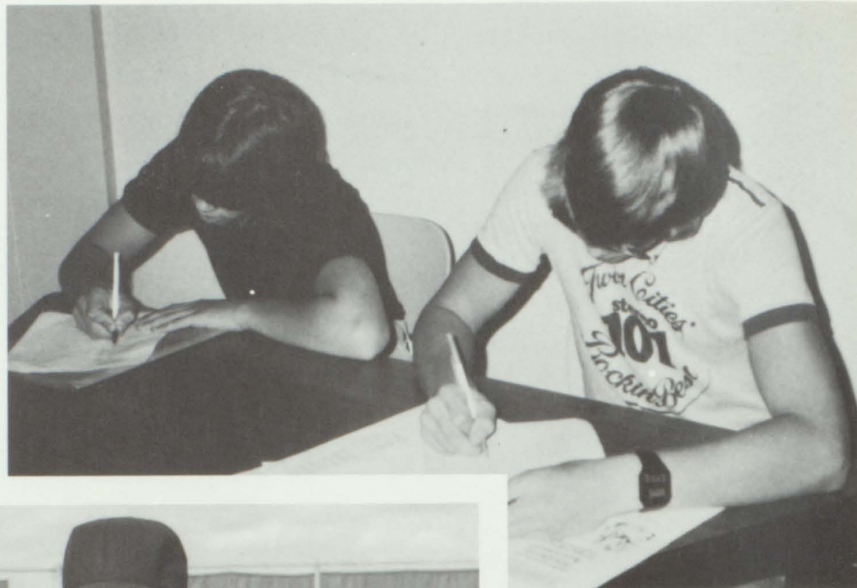
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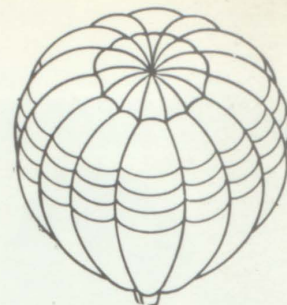
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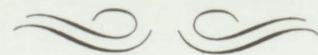
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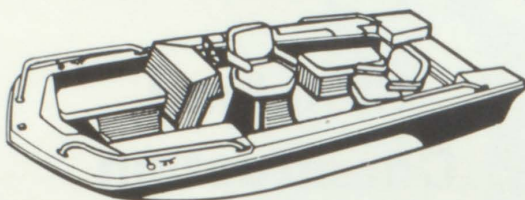
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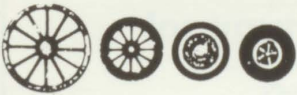
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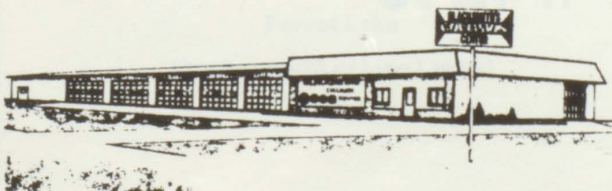
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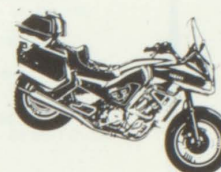
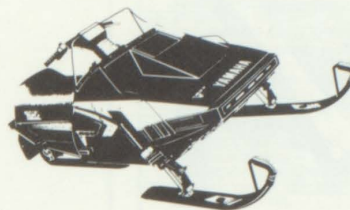
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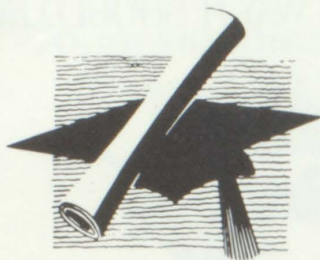
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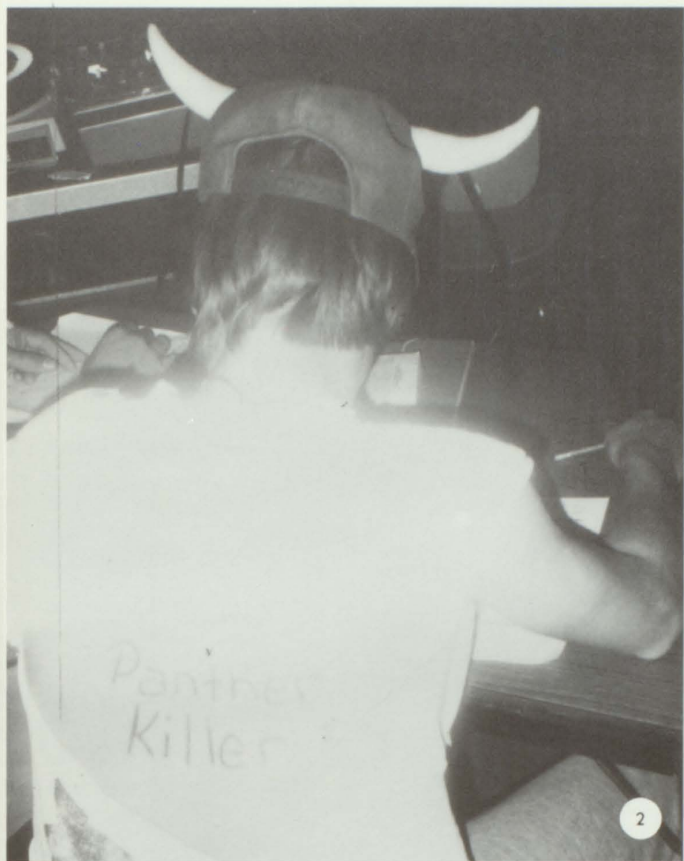
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F.L. Students Excel in Diverse Areas



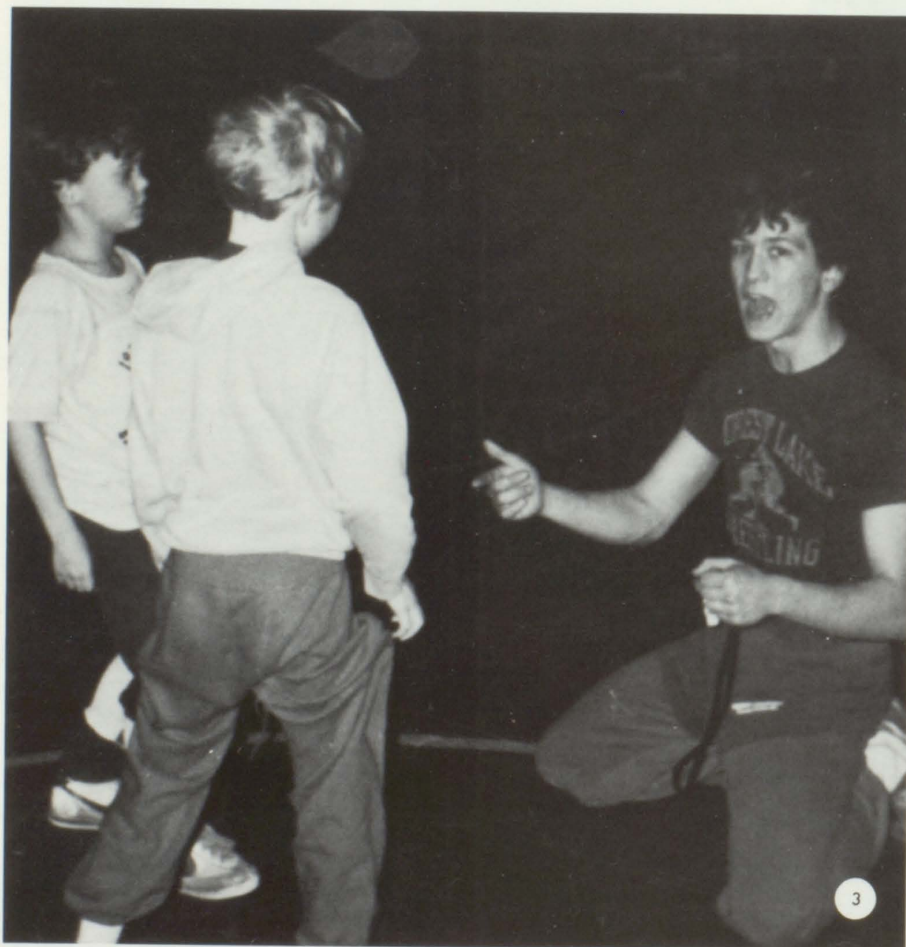
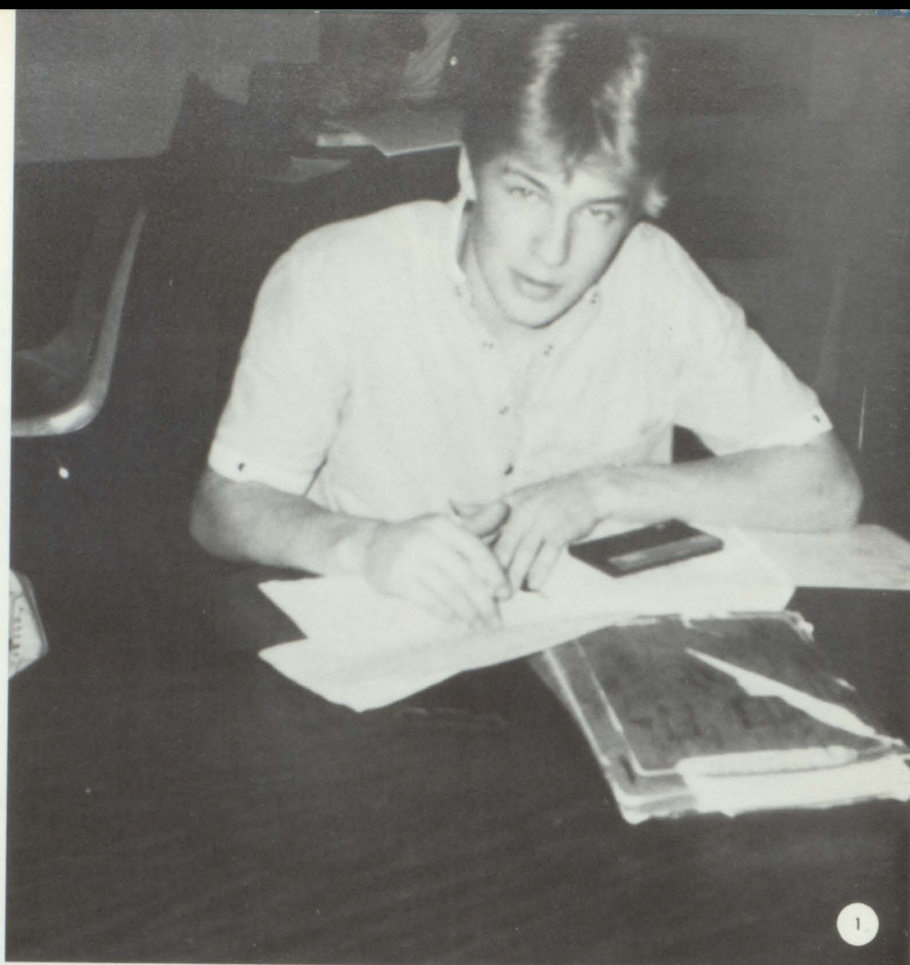


1. Keeping up with styles and trends is a challenge for the majority, especially in the pocketbook. 2. Sophomores exhibit fierce school spirit. 3. Ranger glasses became another symbol of Ranger pride. 4. Swimming is popular and advocates worked hard to add a team and be a successful team. 5. Band members practiced hard, earned spectacular trips, and Beth Eder shows the spirit of the group.



Students Develop Many Talents

Student abilities varied and interests were wide-ranged, but for the student willing to investigate options, talents could be used. The diverse possibilities available allowed students to try many things. No one could say, "There isn't anything to do." With a little imagination, students were kept busy and fulfilled.

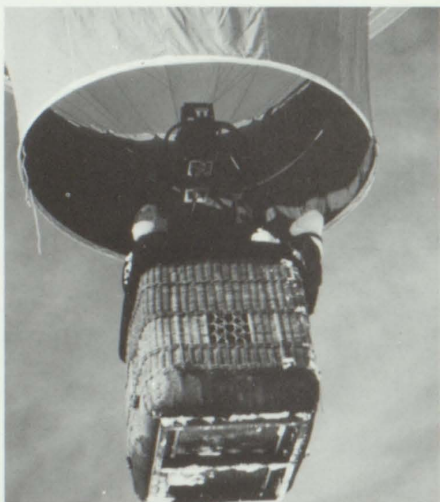


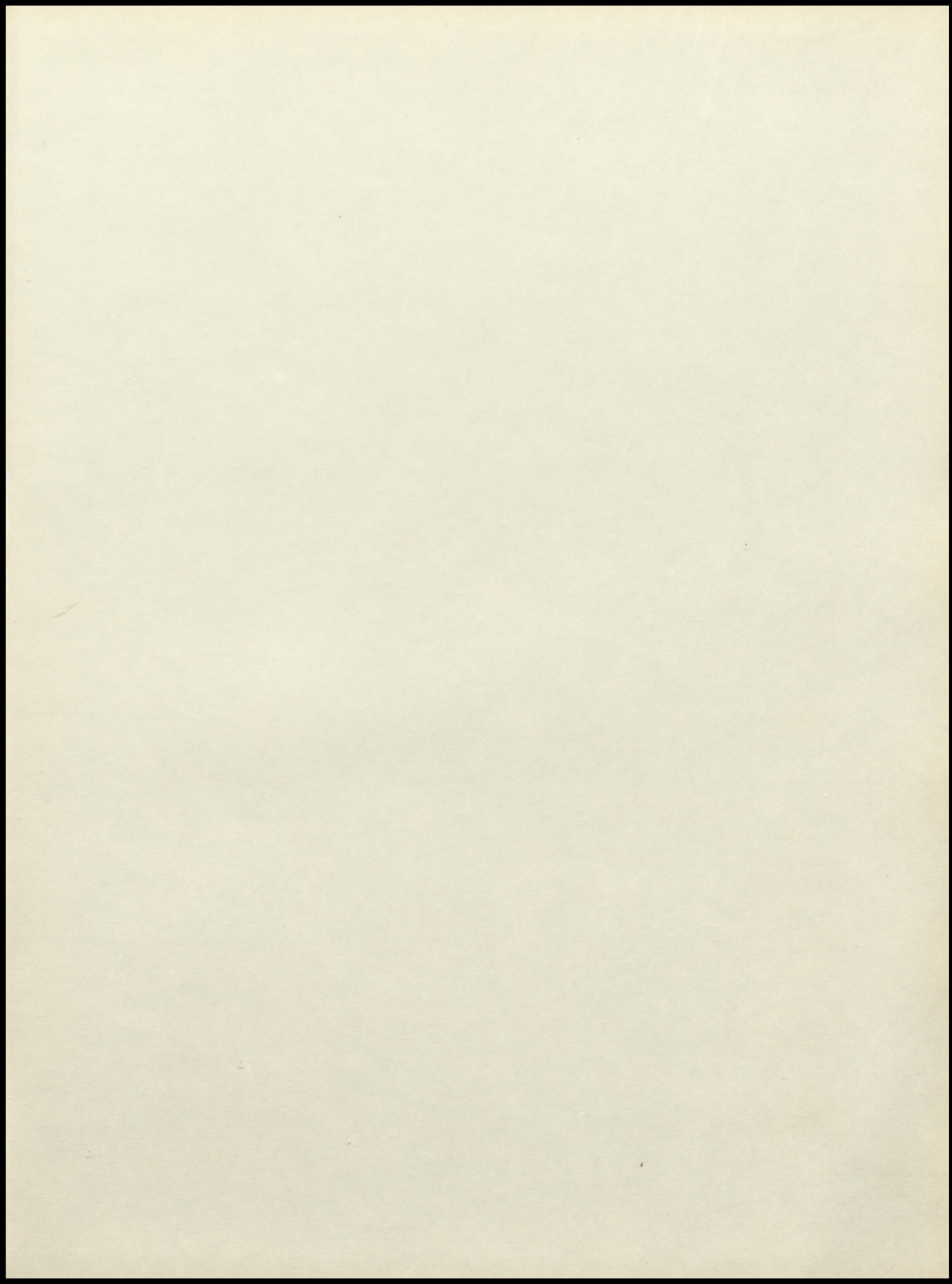


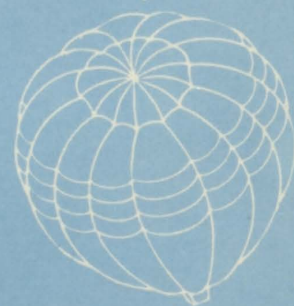
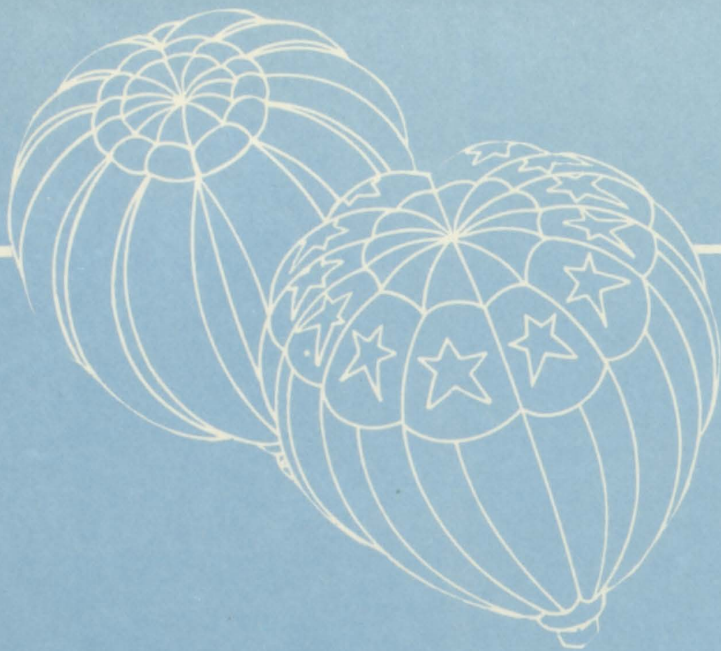
1. For some students in high level math classes, study halls are needed to get work done. 2. Some students toilet paper cars if they want to surprise someone. 3. Mark Harelson donates time to the age group wrestling program. 4. Student athletes like Jane Wistrill put in long hours to represent FL at sporting events. 5. These Ranger ladies got into the spirit of the Plymouth Rock dance.



What a fantastic year! New ideas, more input from a larger staff, and continued support from the entire school aided the production of the '84 *Forester*. There is not enough room to thank everyone who supported, contributed, and helped us in our task, but each knows who they are and a special "thanks" is extended to them. Without the dedication of staff members and others who contributed their artistic talents, the year would have seemed unbearable. Instead, the time has flown by and the time to leave FLHS has arrived. The job of editor was challenging and rewarding and brought with it many learning experiences. My continued support and respect will always be with the *Forester* organization and its members. (Missy '84)







UP, U

IP AND AWAY



