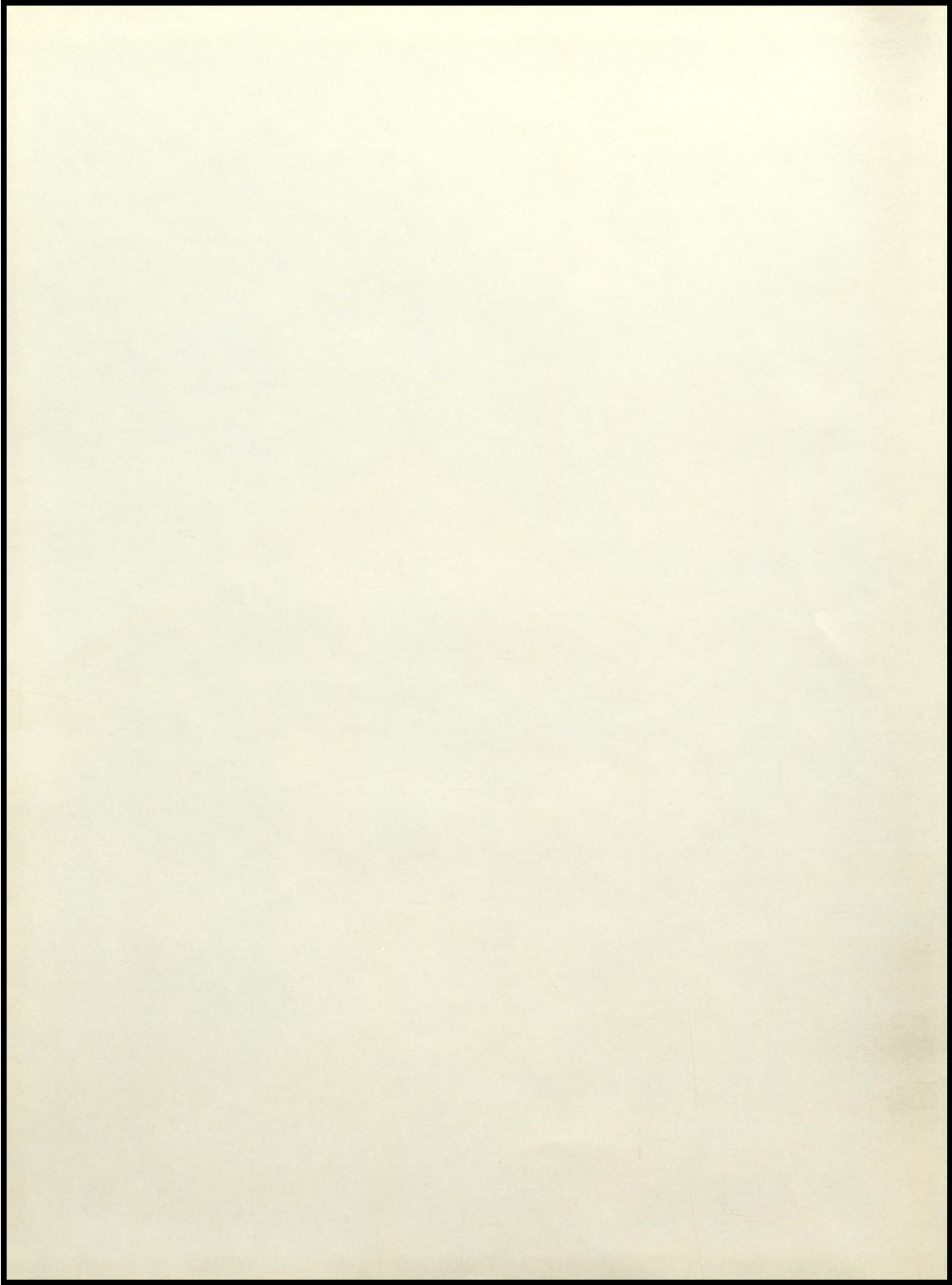


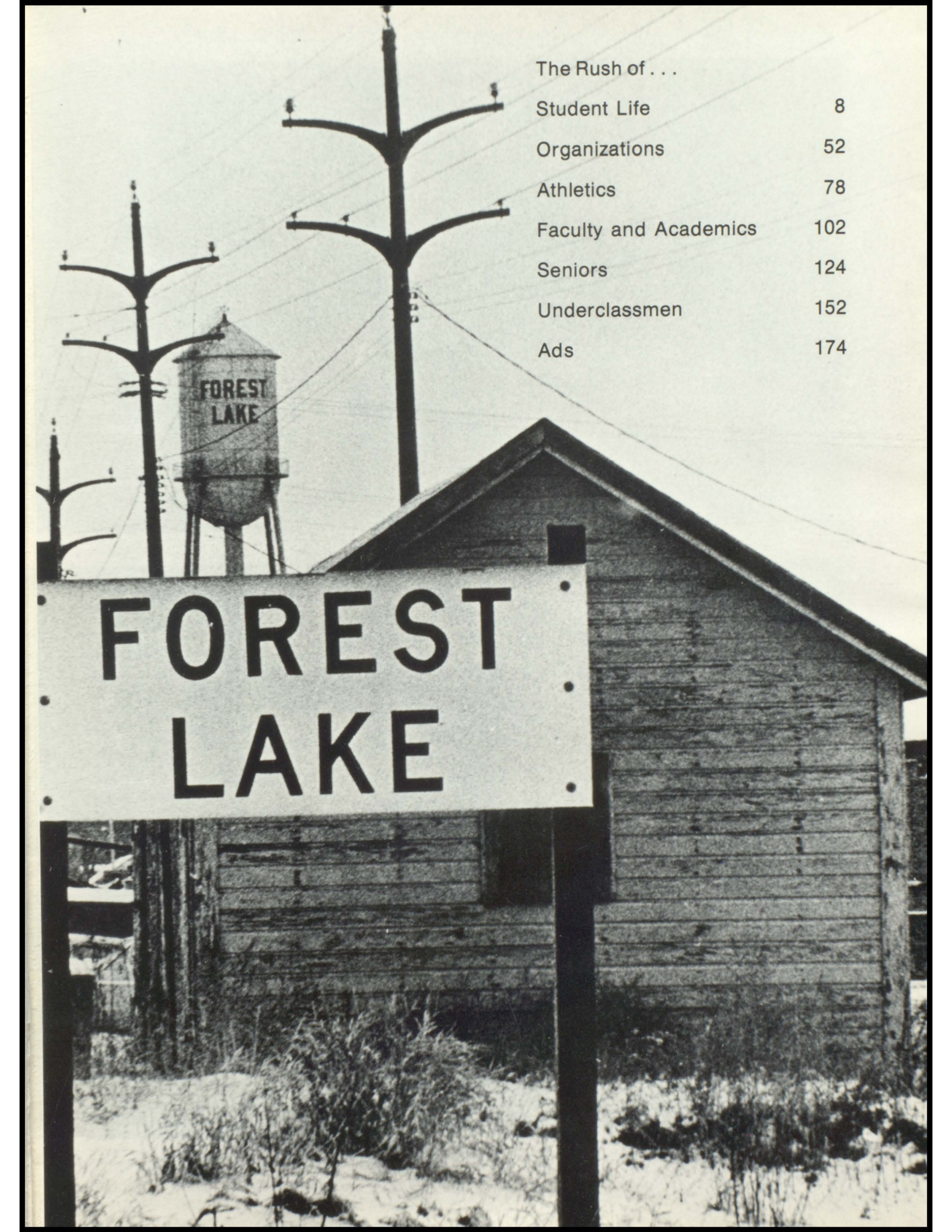


1978 FORESTER









The Rush of . . .

Student Life 8

Organizations 52

Athletics 78

Faculty and Academics 102

Seniors 124

Underclassmen 152

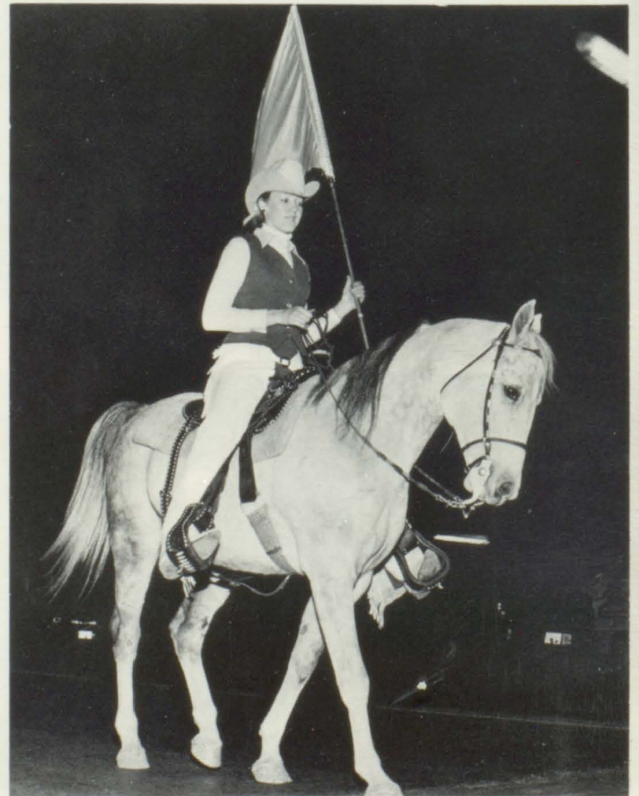
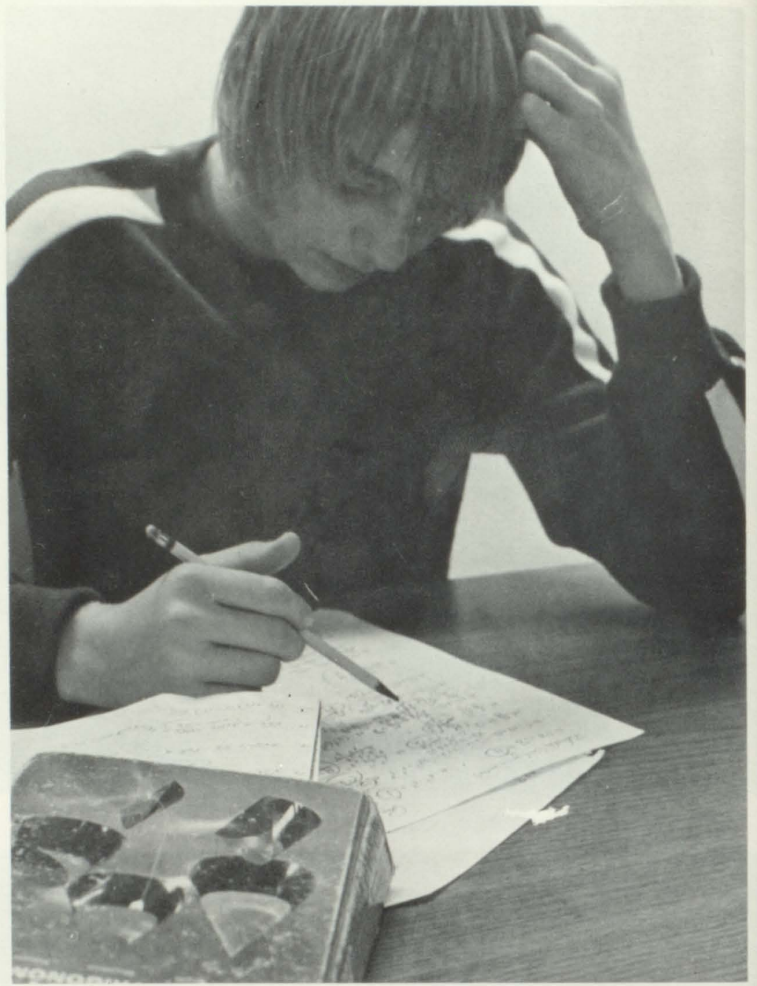
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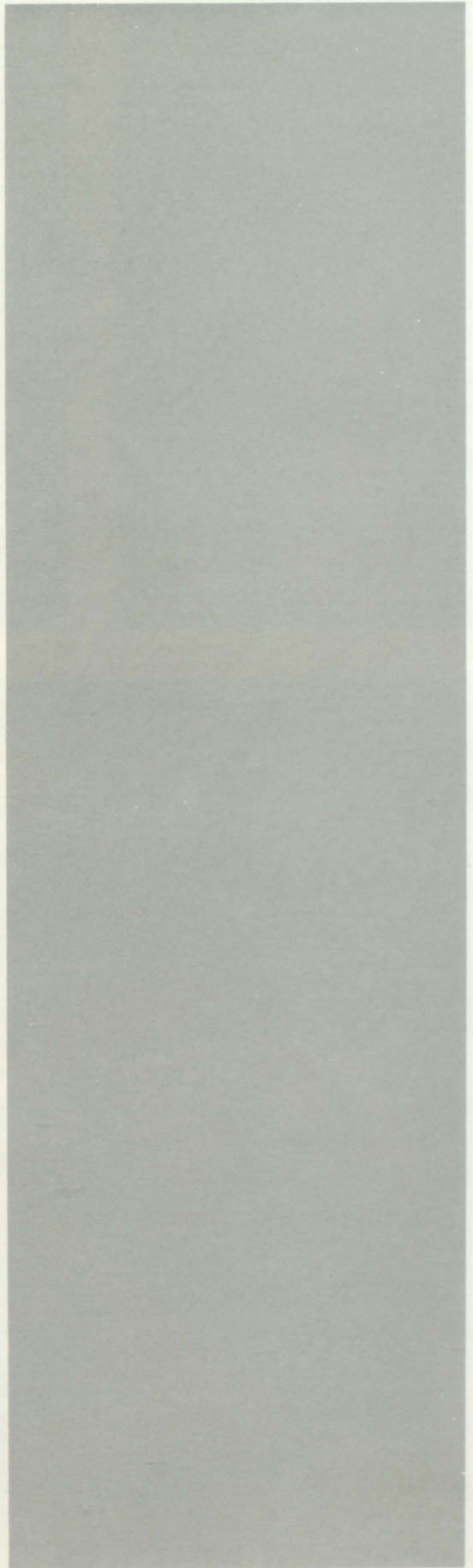
**FOREST
LAKE**

FALL 1977















Frampton Comes Alive!

CONTROVERSIAL AD
FEBRUARY

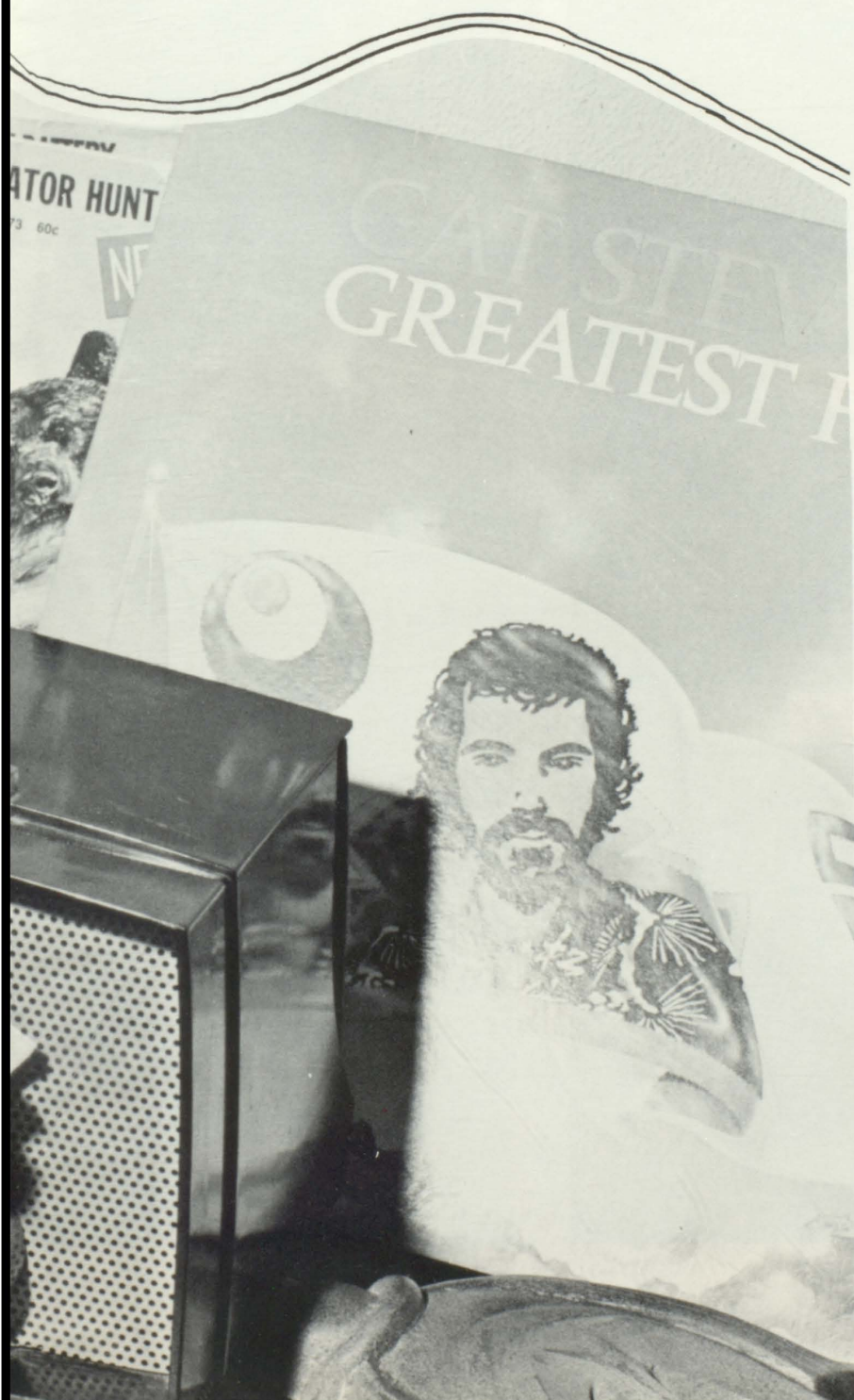
BLACK DAY FOR DUCKS
& FROST FISHING

KATHLEEN
WOODSWORTH
Shanna
The blazing novel
of eternal love

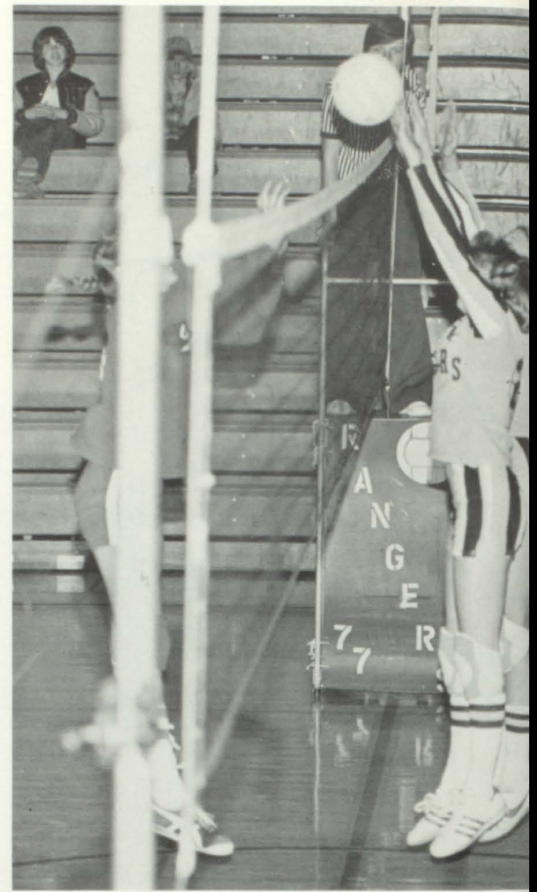
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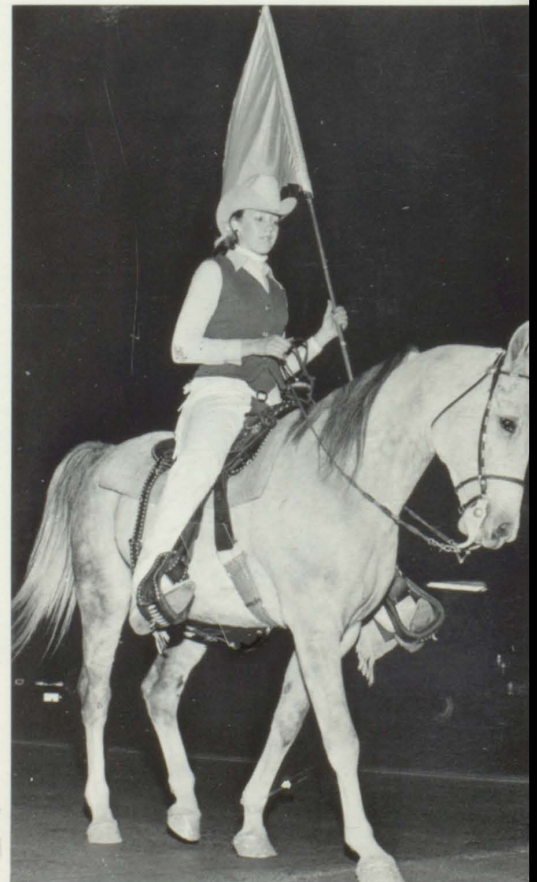
ACTIVITIES



It seems we were always rushing. To catch rides, get papers in on time, get ourselves to class and eat lunches. Our days were filled with friends, homework, and pepfests, and our nights were filled with games, jobs, and dances. Sometimes the same routine got monotonous, but the thought of a forthcoming vacation kept us going.



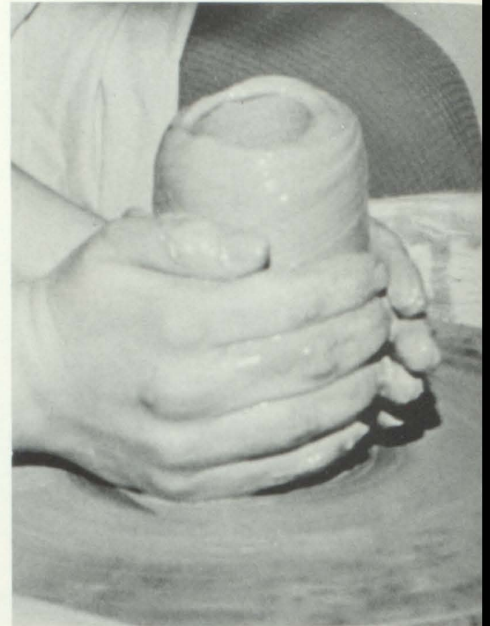
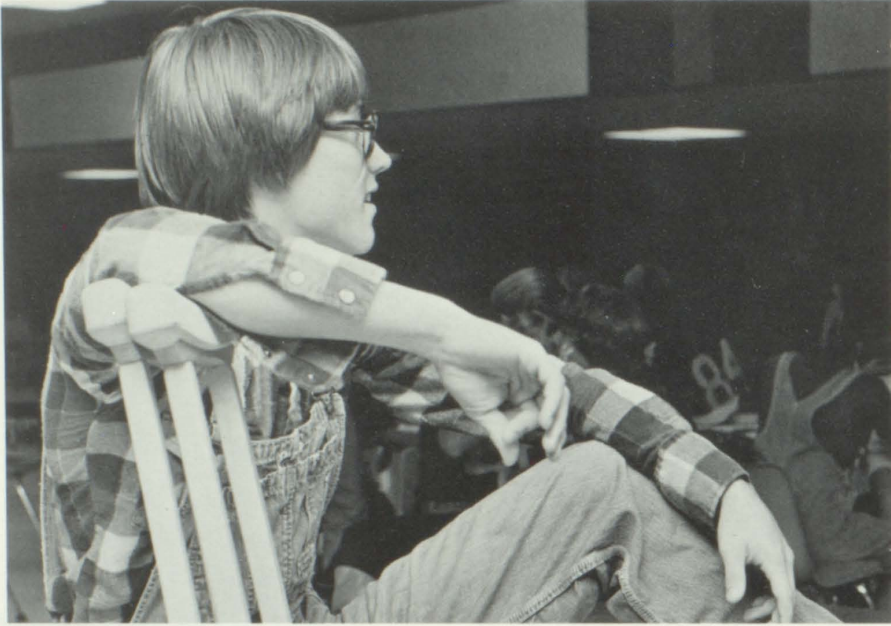
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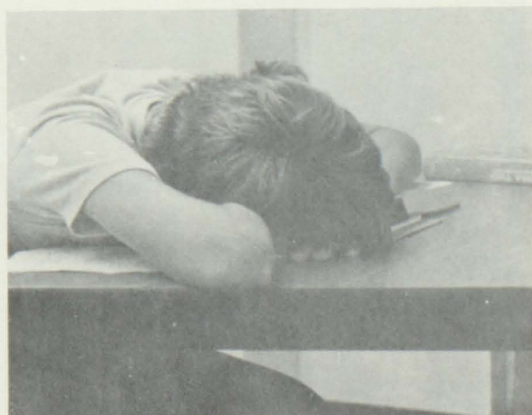
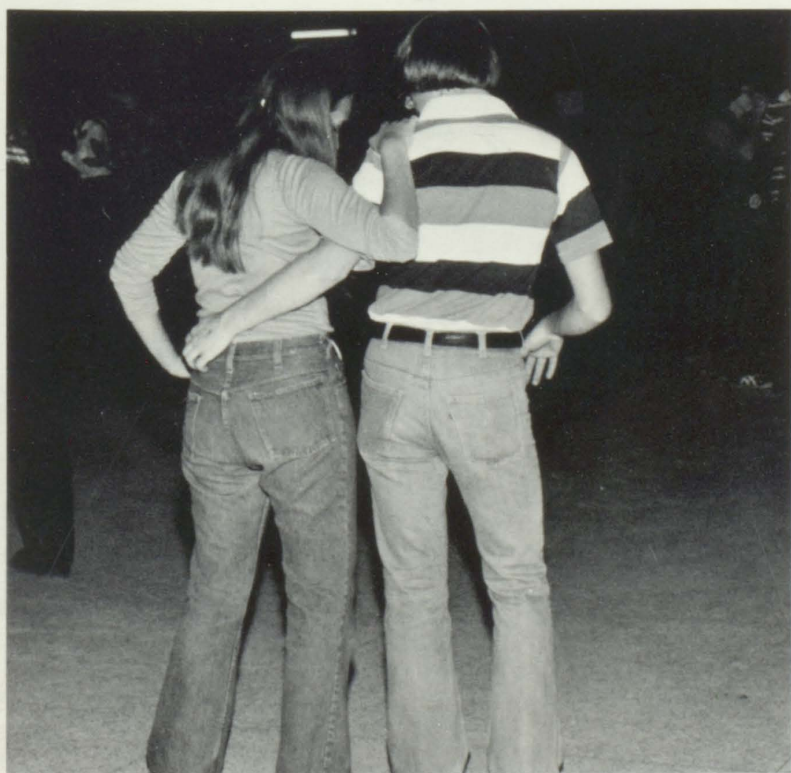
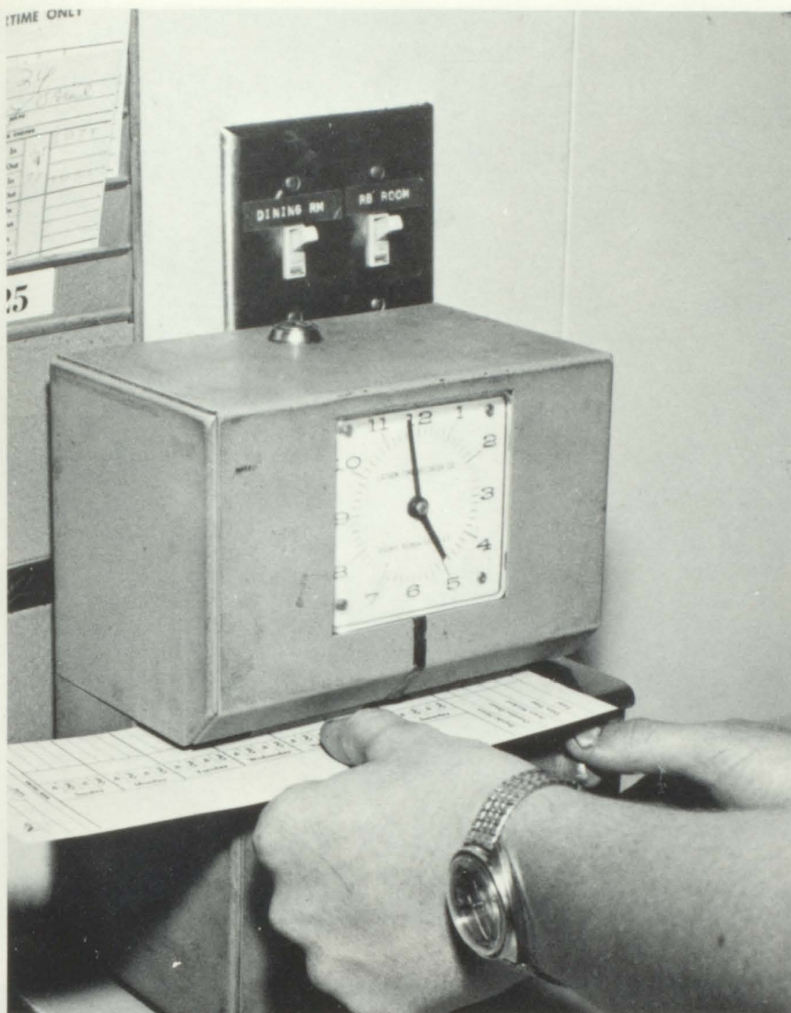




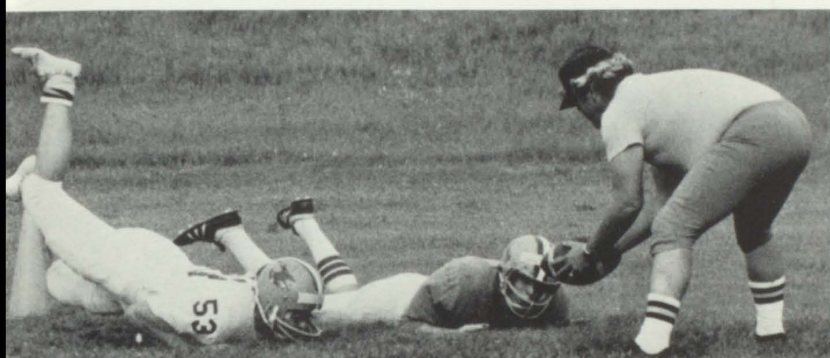
Young Life And Guitar Lessons Add Variety

Along with the start of school, student life began also. Guitar lessons were offered to broaden musical talent. Young Life, a community club, was new to the Forest Lake area this year and involved both teenagers and parents. J's Pizza and Burger Chef were weekend favorites. Some students found they had no time for community activities because of school commitments.



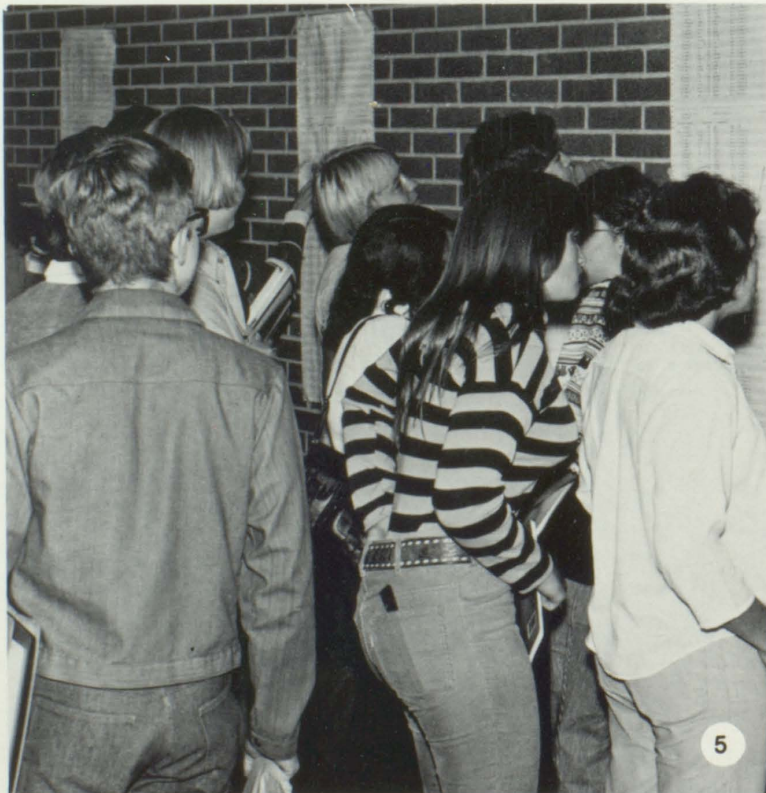
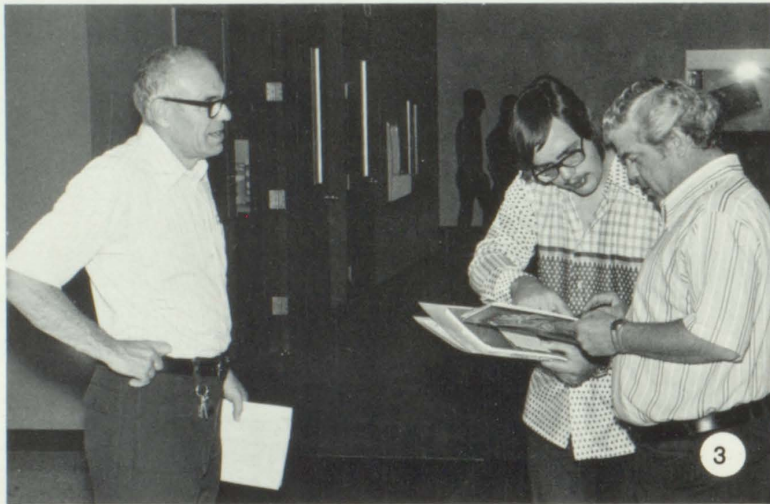
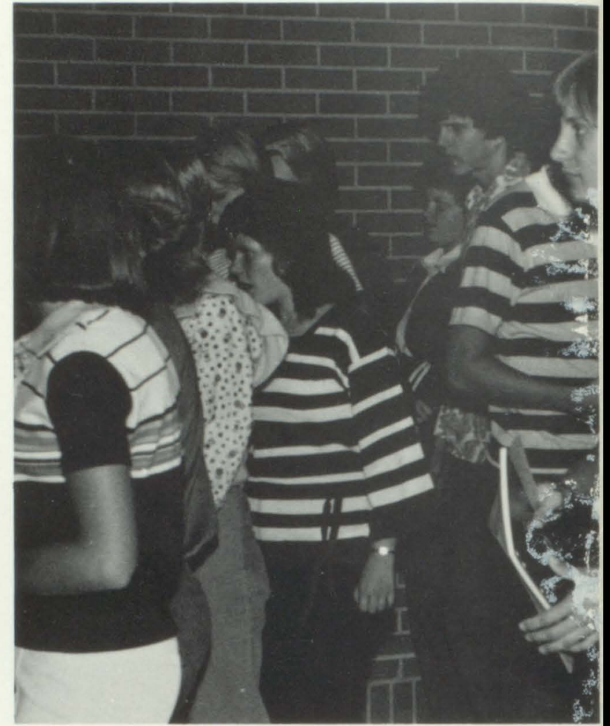






Early Summer School Begins Hectic Summer

When finals are completed and lockers are cleaned out, our reward is summer vacation. Although summer is a leisure time, many of our hours were spent with jobs, hobbies, and even school. This past summer marked the first year elective courses were offered in the curriculum for summer school.





Rush Begins on August 24

The first day of school started out different than the year before. The first difference and probably the most obvious, was that school opened a week earlier on August 24.

Students went to TA for their first class where schedules and lockers were given out. After these were taken care of, the new attendance policy was explained.

Another change in this school year was the time in which school ended each day. Bus routes picked up students at the junior high schools first, which caused the senior high to be released later.

Included in the new policy was increased contact between teachers and parents. A progress report was sent to parents following every fourth student's absence. This eliminated excused and unexcused absences, for any class missed is important, regardless of the reason for that absence.

Besides these new changes at Forest Lake Senior High there was the regular hustle and bustle of the first day of school. Sophomores looked lost, juniors recognized a higher status and seniors realized that they were at the top, at last.



1. Students listen attentively while their TA advisor gives out first day instructions. 2. Faces show mixed emotions of the first day of school. 3. Mr. Ashby, Mr. Motschenbacher and Kevin Pitcher look for the first vacation day. 4. Mr. Mills assigns lockers to his TA group. 5. Sophomores show their usual look of confusion as they search for their TA room. 6. Sophomores Tracey Flermoen and Betsy Bartlett stand in disbelief at the size of the Senior High. 7. Mr. Anderson and Mr. Hallin assign study hall seats.

Blistry Homecoming

Because of the season's first snowstorm, the Homecoming game was held on Monday, October 10th. "Cook the Cardinals and have a Ranger Roast", was the slogan chosen for the week's festivities. To start with, on Monday the juniors took on the mighty seniors in the traditional 'powder puff' game, with a tying score of 6-6 in overtime. The fate of the game was decided by the flip of a coin, in the seniors favor. Forest Lake's first disco dance came after, with pronto pups to eat.

Tuesday, all day the tension mounted as the Coronation Ceremony of the Homecoming King and Queen was awaited. That night the King and Queen helped judge skit night and a fine effort was made by all that participated. The winning skit was called "Oh, Them Golden Gritters", by the "Seniors".

A car bash led the festivities on Wednesday during the lunches. Thursday night the 2nd Annual Homecoming Parade came through downtown. There were class floats, clowns, running football players, a band and the royalty. The cooking of the Cardinal was held after in the hockey rink along with a huge bonfire.

On Friday there was a pepfest with the drum section marching down the hall playing the street beat with the cheerleaders doing a routine behind. Everyone assembled in the gym to watch the football players having a carameled apple race or in reality a carameled onion race. Then came the snow and the game was cancelled, but the Polka-Jacs still played for the Alumni-Polka. Long dresses and suits set the atmosphere of the Semi-formal, along with corsages, punch, and cake on Saturday night.

After the weekend, Monday brought the rescheduled game. The weather didn't dampen spirits though, as the Rangers cooked the Cards with a rousing score of 9-0.

1. Nancy Johnson stands up for her Golden Gritters while Jo Gunderson and Jody Proulx support her in the skit which captured first place. 2. Scott Henderson, Brad Werth and Rick Verner watch as Jeff Young takes his turn at the car bash. 3. Kathy Larson gains yardage for the juniors at the Powder Puff game. 4. The Crown Jewels of Homecoming await to be placed on the new King and Queen. 5. King Steve "Savage" Sargeant reveals the nicer side of his personality, as he cooks the cardinal. 6. Dave Miller ponders over where he should fall in line in the Snake Dance. 7. There are mixed emotions as Sheri Wells, Dolly Hibbison, Donna Kroska, Roxanne Petermier, Shelly Lutz and Carol Coxen await the crowning. 8. Local merchants participate in the spirit of Homecoming.





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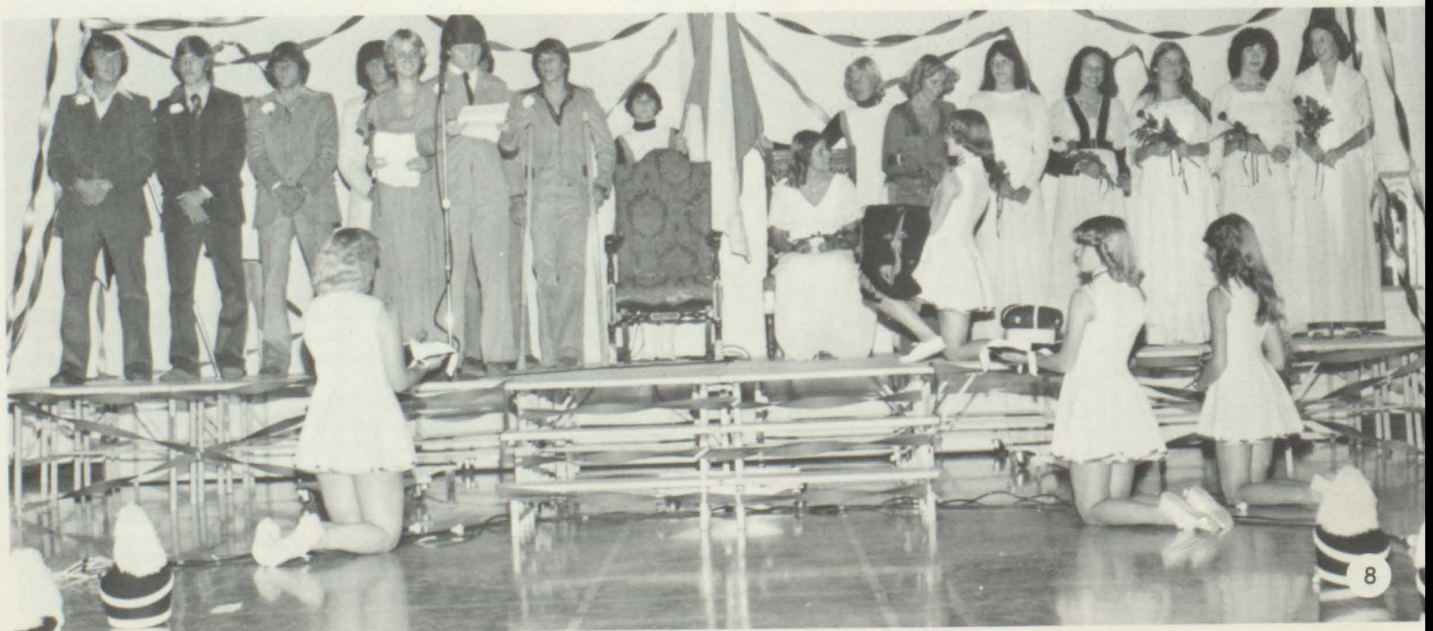
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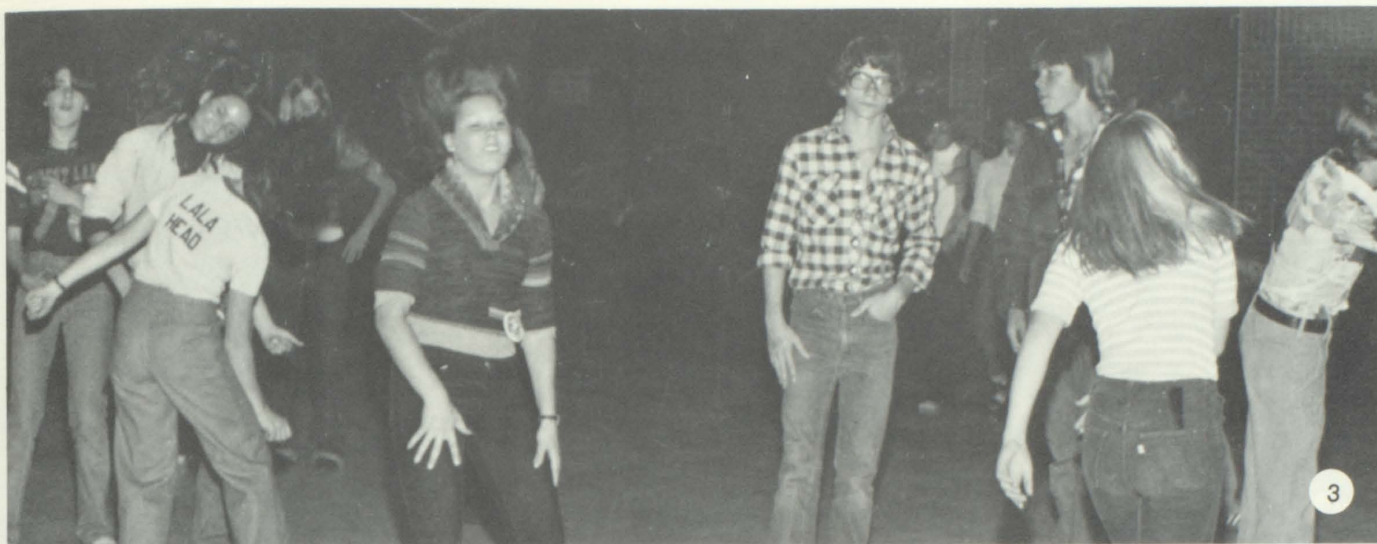


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1. Mary Houle pins boutonniere on Dennis McDonald before Coronation. 2. French Club displays French talent at Skit Night. 3. Students dance up a storm at the Homecoming Sock Hop. 4. The cheerleaders toss footballs to the fans during a wintery halftime. 5. A football player's car is decorated with Homecoming spirit. 6. The Rangers deliver the football through sleet, hail, rain, or snow. 7. Hard working sophomores help decorate their Homecoming float. 8. Waiting for the decision are the Homecoming royalty candidates. 9. The mighty Rangers parade through the street as they sing their bodidles.

Shur' nuff!

Novimbur ate-teenth was shur eh nite ta remimburl!

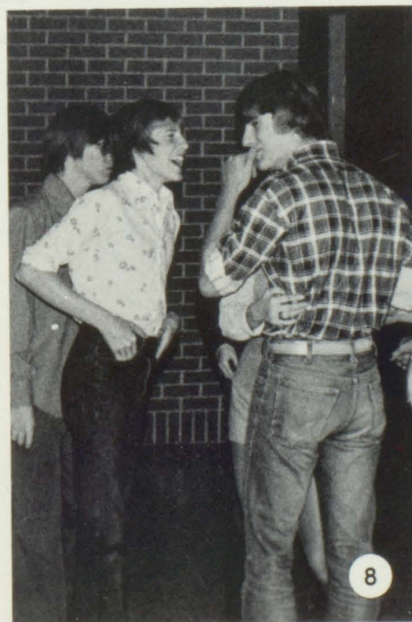
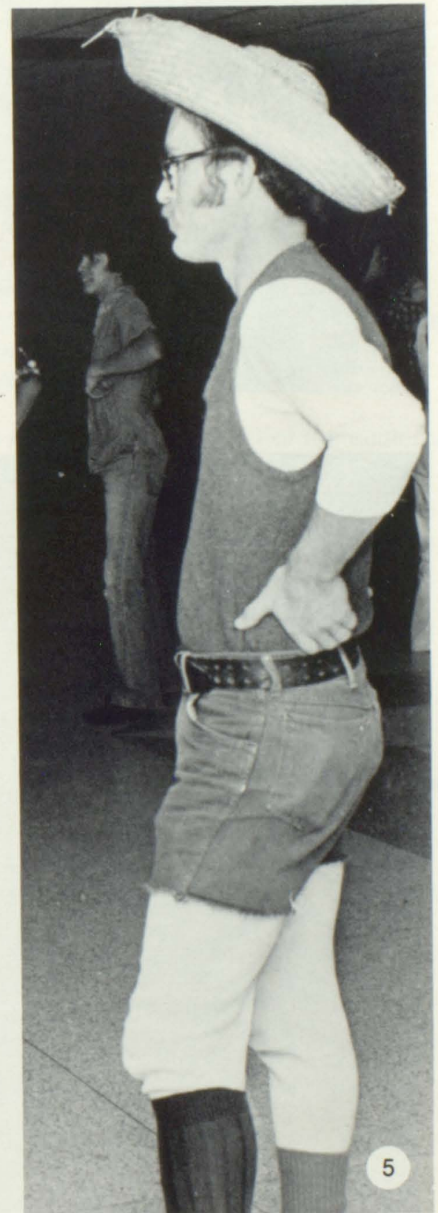
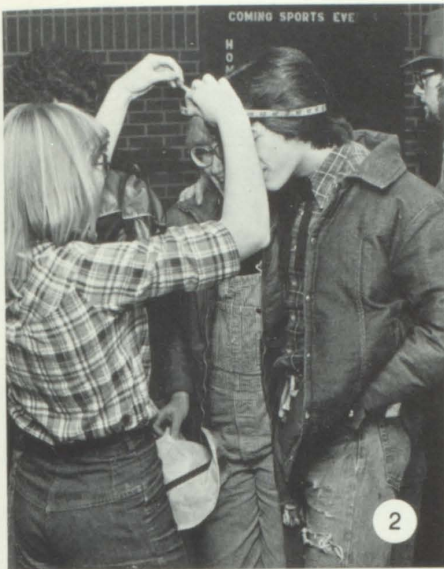
The annual Sadie Hawkins dance, sponsored by the junior class was a real success, down in the "Moo — Cow Pasture". The gals paid a dime an inch, cheek to cheek, to get their guy in.

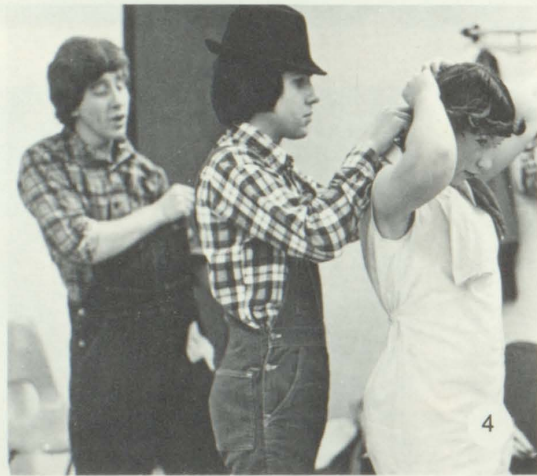
Bib overalls, plaid shirts, freckles, haybales, pigtailed and straw hats all accompanied the hillbilly scene. For refreshments there was good ol' apple cider and donuts.

And who was there to hitch couples together? None other than "Groucho". He placed the marrying ties on quite a few that night.

1. Jill Sargeant demonstrates how to get your man (Rick Schrom). 2. Jane Jergens and Andy Brasmer get their heads measured. 3. Four sophomore girls pose for our photographer. 4. The aggressive and the nonaggressive. 5. Mr. Chalberg, clad in perfect attire, surveys the situation. 6. Scott Noleen and Mary Koch get hitched by Groucho (Andy Valenty). 7. Andy Valenty shows Mrs. Stern the rhumba. 8. Sophomore boys laugh over a good joke.









Shakespeare Comes Alive

Through the dedication of a hardworking crew the fall production of Shakespeare's "Midsummer Night's Dream" proved Shakespeare is still alive through the ages.

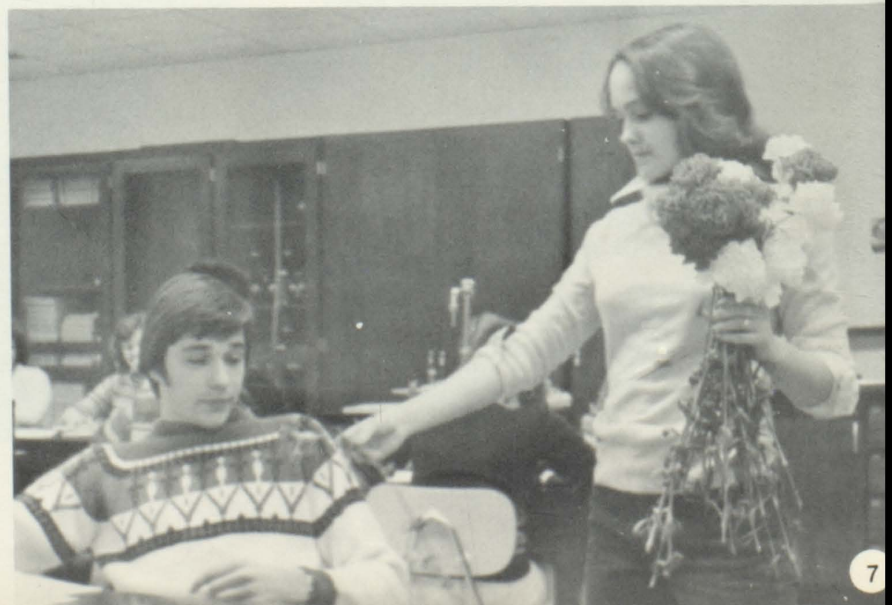
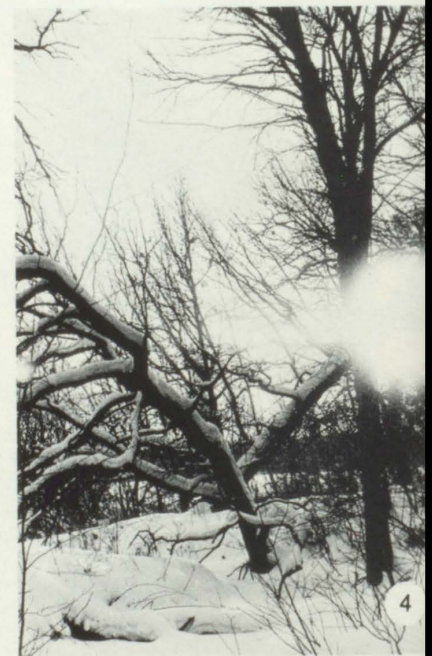
Even though Mr. Hebert was absent for two weeks, the cast rose to the challenge and took an interest in their individual parts, striving to achieve a group pride. Although there were no designated stars, each crew member attributed to the total success of the show. Because of the change in language, the lines were feared by some. But by the repetition of practicing hour after hour, it became a part of them to express—through gestures, actions, and motions.

The show held the interest of the old and young alike. Never before has a school play performed matinees. There were two daytime and nighttime shows. For the Thursday matinee, Kellogg High School brought 120 students, joining 40 senior citizens from the Forest Lake community, to the performance. On Friday, November 11, the theatre department held a Sophomore Appreciation Day with 530 students attending.

Although a little hesitant at first of the audiences' reaction—the Shakesperean play became a midsummer nights dream.



1. Jody Proulx shows her affection for a jackass. 2. John Kelly makes a point to Rick Verner. 3. The newlyweds share a toast to their future. 4. John Kelly, Perry McGowan, and Melanie Hoff prepare for the show. 5. Scott Fearing gives Lon Lamprecht a face lift. 6. The rustics show fear of their newly found friend. 7. The Fairy Queen and King (Jody Proulx and John Gabriel) gaze into each others eyes as mischievous Puck (Regina LaRoche) looks on. 8. MIDSUMMERS NIGHT DREAM CAST TOP ROW: Lenore Wolner, Kurt Brungardt, Jenny Welch, Lon Lamprecht, Lance Haseltine, Mike Black, Rick Verner, John Kelly, Perry McGowan and John Schadl. MIDDLE ROW: Leann Petermeir, Kelly Dambow, Christy Bergland, Melanie Hoff, Jody Proulx, John Gabriel, Pat Sullivan, Sharie Anderson, Lynn Koch and Jo Gunderson. BOTTOM ROW: Dori Osterbauer, Jonathan Lien, Regina LaRoche, Nancy Johnson and Andy Brassmer.





Forest Lake Supports President Carter's Energy Week

February 13-17 was a week designated to conserve energy. With schools being closed, there were many activities to be found. Sleeping late followed by lazy days was common. Many took the opportunity to catch up on their practicing, or cleaning up the house. Florida, Hawaii and the Bahamas were suddenly filled with eager vacationers ready to catch the warm sun's rays. But those not so fortunate stayed close to home to enjoy Minnesota's wonderful winter weather.

Activities during the energy break included: 1. Angel in the snow (Mary Kay Morley). 2. Taking up skiing (Becky Mickelsen, Mary Kay Morley). 3. Sleeping late (Mary Kay Morley). 4. The wonder of nature. 5. Game shows and soap operas (Rosemarie Morley). 6. Catching up on homework (Becky Mickelsen). 7. Receiving Valentine carnations before vacation. 8. Empty classrooms!

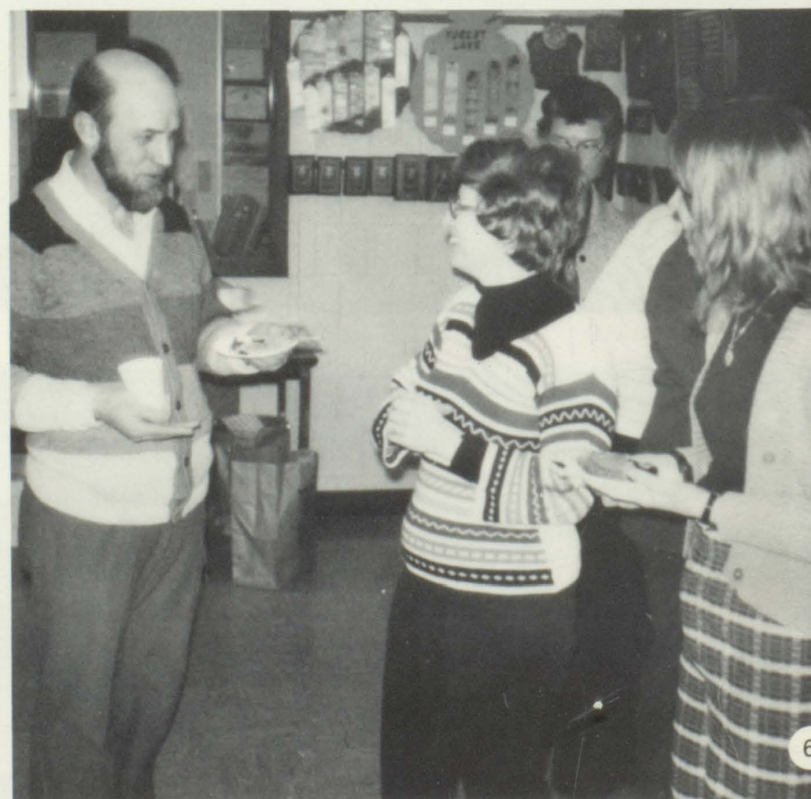


FFA Members Host FFA Week

National FFA Week was held during the week of February 18-25. FFA week was honored by the Forest Lake FFA for the promotion of FFA and fun. Activities included were chainsawing, arm wrestling, corn guess, pie eating, seed spitting, corn shelling, egg toss, nail drive and the annual treasure hunt. A silver milk can was the treasure and twenty dollars was the reward. Shawn Dolan was the lucky finder of the treasure, finding it under the candy machines. Coffee was served to the staff and all faculty on Thursday, February 23.

Because Forest Lake's chapter is not restricted to only local activities, many are kept busy by participating in state activities.

1. Pie eating contests were sponsored by the FFA during the lunches. 2. FFA MEMBERS. BACK ROW: Ron Prax, Ken Olson, Mark Reese, Al Boettcher, Mark Chilson, Mark Pogose, Dave Preston, Jeff Blesener, Mark Banta, Rob Davis, Phil Brooke, Doug Gillette, Chuck Pogose, Gordon Brackee, Bret Thiele, Chuck Magnuson, Liz Beier. SECOND ROW: Mr. Kuntz, Eric Sandager, Dan Lindgren, Mr. Sandager, John Neilsen, John Goodrich, Brian Husfeldt, Chris Taylor, Stan Volenski, Donn Pepper, Mike Gorka, Sharon Thomasen, Kathy Rydeen, Wade Geving. FRONT ROW: Yvonne Searby, Sue Simbeck, Kathy Costello, Debbie Merrill, Kathy Tracy, Le Meister, Shelly Molm, Kelly Dill, Kelly Coyer, Lisa Steiner, Jan Hyatt, Shelly Robinson. 3. President Erik Sandager conducts one of their many meetings. 4. The FFA members pose with their new FFA truck. 5. Discussing leading farming problems is the FFA club. 6. Mr. Harper, Barb Larson and Kim Atkins enjoy the goodies prepared by the FFA members. 7. Mrs. Conley, Mr. Larson and Mr. Blasko discuss the upcoming week's activities. 8. Two hungry competitors bite into their tasty treats.





Contemporary Events

FLHS students had many excellent opportunities to view history in the making during the 1977- 1978 school year. A wide range of events, from local to international, provided an impetus for change and, for many people, a lot of memories.

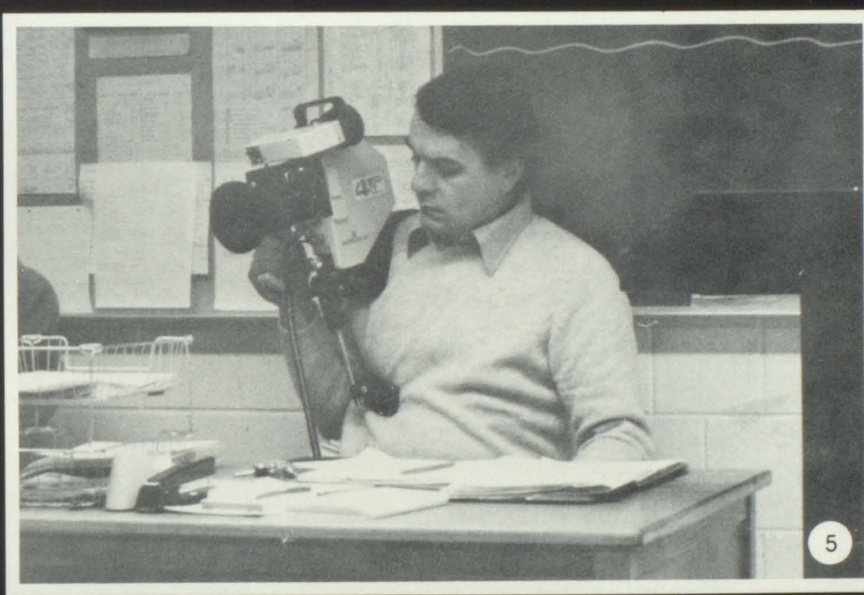
Peace, or lack of peace, was the dominating theme in international relations. For the first time in centuries, the leaders of Egypt and Israel — Sadāt and Begin — met to discuss the possibility of cooperation between the two countries. Racial tensions between black and white people erupted in South Africa and inflation rocked the European market. President Carter spent much of his time in diplomatic meetings with the worlds' leaders.

Minnesota had its own share of history-making news. The beloved senior-senator, Hubert Humphrey passed away in January and lay in state in the rotunda of the capitol at Washington D.C. and at the Minnesota capitol in St. Paul. Polk County residents attempted to prevent a power line from going through their land. Farmers again went on strike, protesting their financial situation. The focus on education became a priority as pressure- groups claimed schools were advocating "Secular Humanism". Forest Lake Schools were in the thick of this battle — the sexual education program was especially under fire. Also, Central Jr. High was partially condemned and voters were given a new proposal offering a larger junior high in its place.

Overall, the year was filled with events of great importance — some dismal, some hopeful, and optimism became a necessary attitude.

1. The farmers went to the capitol to fight for their rights. 2. The power line on the farmers' land caused many clashes between police and farmers. 3. The condemning of the 1902 section of Central Junior High brought back fond memories to its former students. 4. Many came to honor the late Senator Humphrey while he lies in the state capitol. 5. The school's curriculum was under the watchful eyes of the public. 6. President Carter welcomes the Humphreys back to Washington. 7. Although the "Happy Warrior" was not always in the best of health, he still had the will to carry on.





Class Leadership in 1977-1978

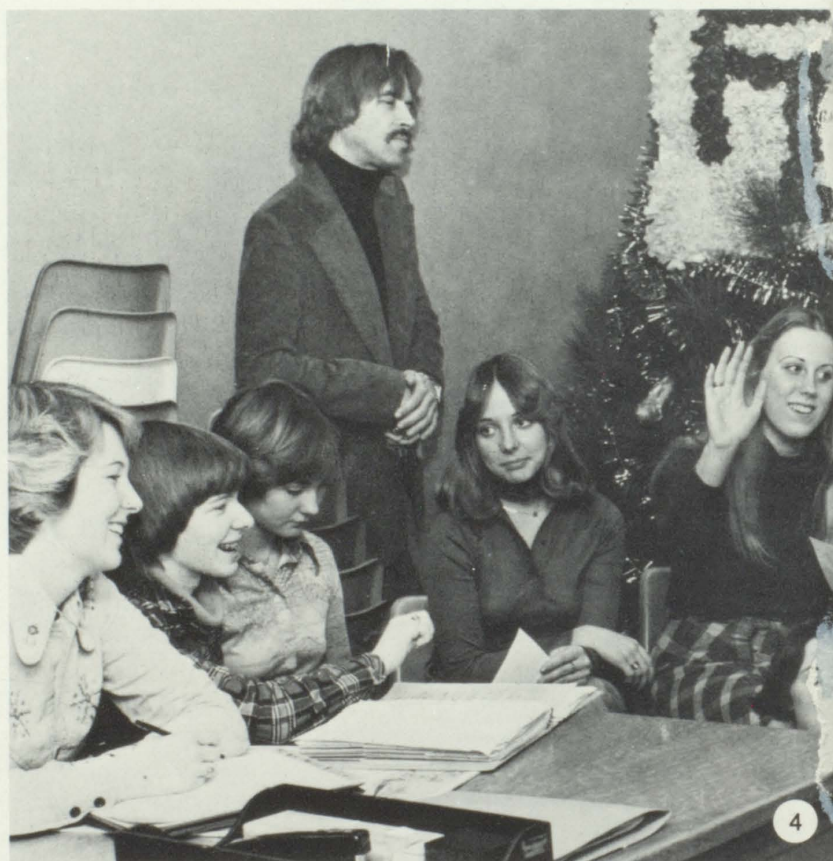
Every year in the spring, each class elects from eight to ten representatives to serve on the Student Council. These students work to better or improve, the atmosphere here, at Forest Lake Senior High. They've really done a fine job, too, under the direction of their advisor, Mr. Franzen.

You'd be surprised at all of the behind the scene action that takes place . . . for instance, they planned the election of Class Council members, the Teachers' Tea, and also came up with new ideas for Homecoming week. The Council also took on a successful new project this year in conjunction with the guidance department; planning and carrying out the College, Vocational-Technical School, and Military Fair.

This year, the 1977-1978 Student Council met every Tuesday on a rotating schedule: a 7:00 A.M. meeting, a during school meeting, and then an after school meeting. President Mary Kay Morley, made agendas which were followed every week, and the minutes were read by Secretary Betsy Webb. Students and faculty were always invited to sit in on any meeting.

Each class elected six people to represent them within the school system on their Class Council. The sophomores got together the half time entertainment for the powder puff game and organized a dance. The juniors planned Sadie Hawkins as well as prom. The seniors hosted Senior Week.

1. STUDENT COUNCIL OFFICERS: Betsy Webb, Karen Johnson, Mary Kay Morley, Kris VanNispen. 2. SOPHOMORE CLASS COMMITTEE: Jane Jergens, Jody Johnson, Cristy Berglund, Shari Anderson. 3. Roxanne Petermeier reads aloud to the group. 4. A typical Student Council meeting. 5. SENIOR CLASS COMMITTEE: Carol Coxon, Lynn Lynch, Karen Johnson. 6. Betsy Webb concentrates as she takes Student Council minutes. 7. Jan Lindberg is distracted during a meeting. 8. STUDENT COUNCIL REPRESENTATIVES: BACK ROW: Kris VanNispen, Scott Henderson, Jill Reiman, Lynn Lynch, Perry McGowan, Betsy Webb, Advisor Mr. Franzen, Mary Kay Morley, Karen Johnson, Penny Hockensmith. THIRD ROW: Kurt Brungardt, Gretchen Craver, Orleen Craig, Jan Lindberg, Dawn Krinke, Mary Kae Erickson. SECOND ROW: Peggy Solem, Jane Jergens, Jody Johnson, Rick Verner, Lynn Koch. FIRST ROW: Shari Anderson. 9. JUNIOR CLASS COMMITTEE: Amy Weeks, Teri Bodine. 10. Student Council members discuss a topic among themselves.









Students and Teachers Work Together

Wherever we go, there will always be teachers. They instruct us through classrooms, sports, clubs, activities, jobs, and vocations. There has been an even stronger urge to bind students and teachers together. Realizing the importance of a good education, students made the most of their schooling while the teachers provided the materials necessary for the students' growth, development, and knowledge.

With the added interest in the special classrooms, the SLBP and math rooms welcomed the help offered by students, who, in their spare time, taught and assisted students with their reading, writing, and math assignments. While the student gains knowledge, the tutor gains in both his knowledge of the subject and in his ability to work with others.



1. Mr. Chalberg holds after school sessions for those who need extra help. 2. MATH-SCIENCE TUTORS BACK ROW: Heidi Flint, Carla Johnson, Bernie Robinson, Judy Hebert, Tom Kreiner, Kevin Pitcher, Brian Mundt, Carolyn Pratt, Julie Hyland, Sandy Chmielewski, Pauline Ash, Pam Chmielewski. SECOND ROW: Liz Strand, Pam Smuda, Pat Bachman, Bridget Dolan, Gretchen Craver, Dawn Zeiher. FRONT ROW: Beth Weeks, Debbie Wettschreck, Tracy Janecak, Julie Borgman. 3. Mrs. Swenson dishes out food to these brave and daring students: Dave Preston, Chris Heck, and Jim James. 4. Ms. Motaz assists Keith Jamis with his studies. 5. Mr. Skare helps Connie Haus dig into her pottery. 6. Even though Sue Costello and Kevin Gudmanson took the orientation unit for Outdoor Ed, they still need Miss Briguet to help them find their way. 7. Mr. Nelson helps Jordeen Johnson struggle through her math problems. 8. SLBP TUTORS BACK ROW: Advisor Mrs. Olson, Wendy Jacobson, Kevin Pitcher, Judy Anderson, Vickey Mateer, Nancy Johnson, Jennifer Damchik, John Kelly, Cheryl Howard, Renee Johanson, Mary Jo Jensen, Bonnie House. FRONT ROW: Michelle Barkeim, Karen Granger, Chris Jensen, Char Leason, Kathy Bruley, Tara Jeans.

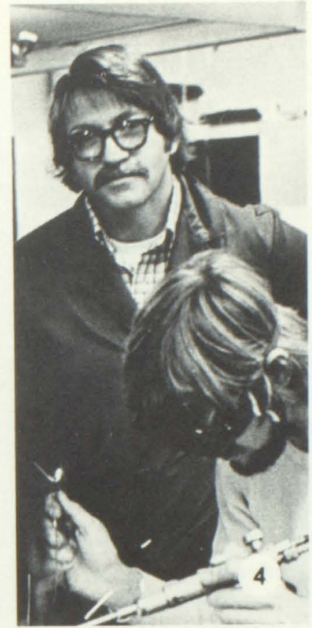


1. Mrs. Hanson, Forest Lake Teacher of the Year, assists Scott Krizen in chemistry class. 2. Miss Markus is busy explaining to her student, Alice Burgeson. 3. Peter Pan's understudy (Ms. Conley). 4. Mr. Branson catches the photographer. 5. Spanish students enjoy the quiet hall as substitute teacher, Mrs. Scofield, looks on. 6. Mrs. Pechman talks with parents of art students at Parents' Night. 7. Jay Lund and Mr. Belland discuss shop. 8. Miss Ruggles enjoys talking with students after class. 9. Mr. Hyatt and Brian Iverson compare varieties of wood. 10. Mrs. Anderson finds time to explain fabrics to a student. 11. Mr. Henderson and Alice Burgeson work on chemistry.





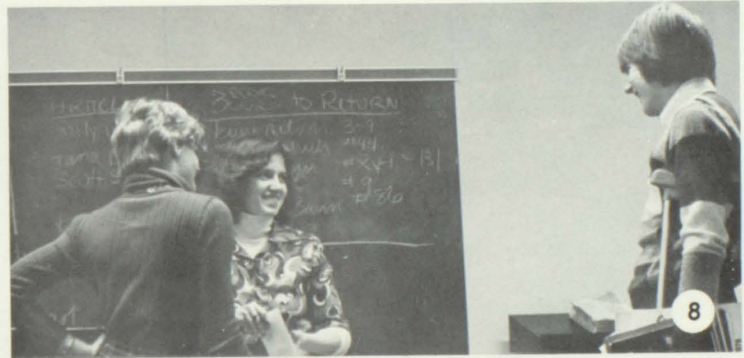
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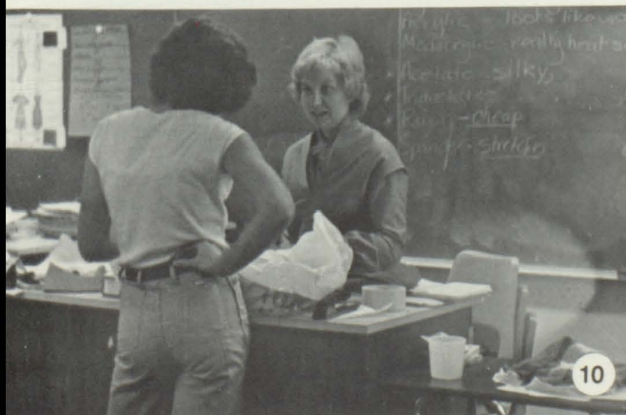
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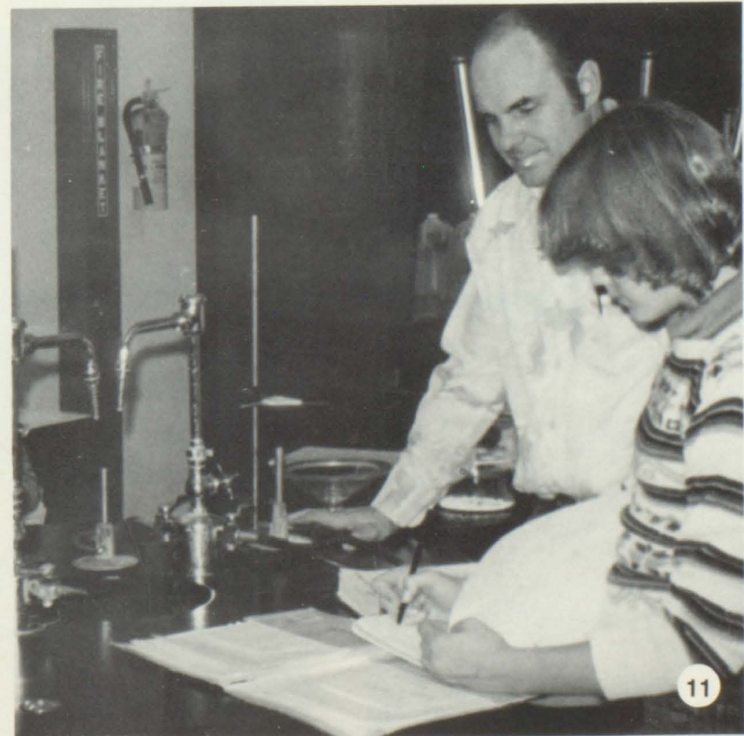
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Friends

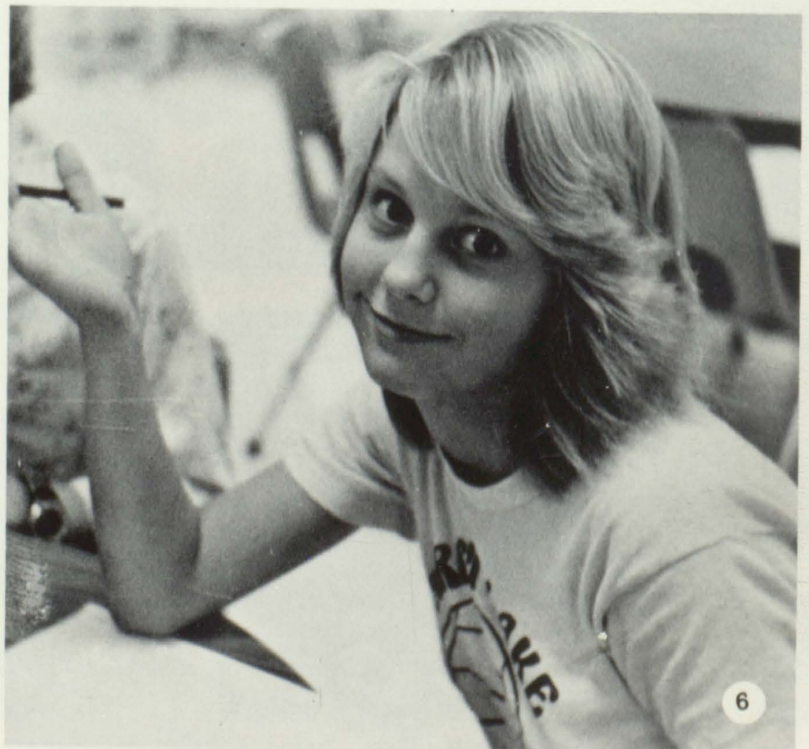
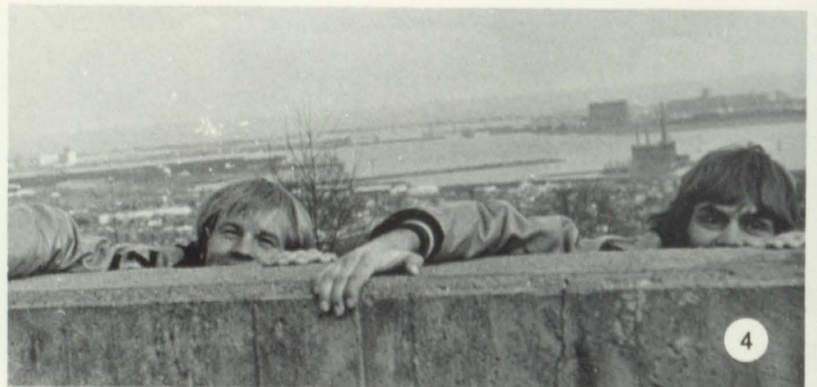
Sometimes we pick our friends, using them as mirrors, reflecting the image of ourselves. Our friends are important to us because of our dependence and need for them.

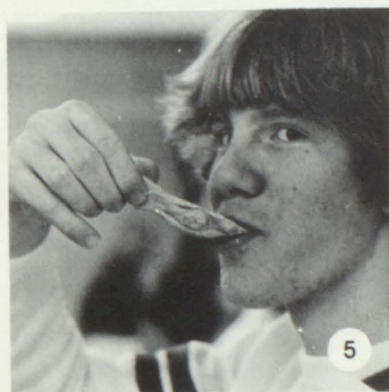
We have gone to plays, clubs, movies, parties, and sports events. We have gone with one special friend or group of special friends.

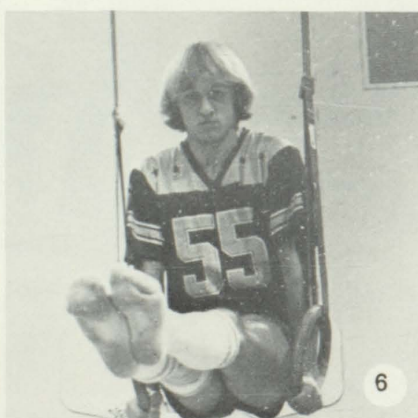
When we are with our friends, we can act silly or serious, and we can confidently say "they understand and appreciate us".

So, "yes friend, we will remember you, think of you, and when another year is gone, we'll still remember you".

1. Sue Sorg and Kim Petron pose for our cameraman.
2. Doug Biron rushes through the halls. 3. Donna Schneider and Becky Goss grin for us. 4. Doug Smith and Dennis McDonald show the sneak attack.
5. Scott Mack shows his talent with bubblegum.
6. A perplexed Jodi Briggs. 7. Missy Anderson helps Julie Jasicki in self defense. 8. Shari Anderson decorates herself.

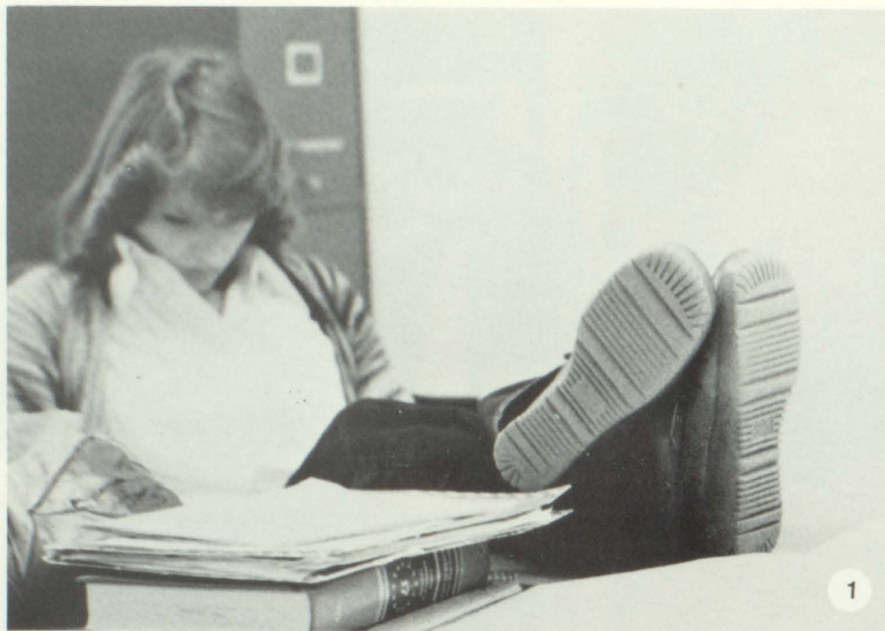








1. Dave Johnson shows off his charm. 2. Ready, set, go! (Steve Sargeant, Dennis McDonald, Doug Smith) 3. Lon Lamprecht and lone Oberg sell tickets for the fall play. 4. Friends are always welcome in the phy ed classes. 5. Penny Hockensmith takes a midmorning break during testing. 6. Ron Schmidt concentrates on his technique. 7. Lance Haseltine gives advice to Donna Kroska. 8. Amy Hanson ponders over her next move. 9. Mickey Chenoweth and Linda Kult discuss the day's assignment. 10. Shari Anderson works around the building. 11. Girls show their interest in woodworking. 12. Dawn Gudmundson studies nature. 13. Jim Pancake, Steve Kroska, and Gretchen Craver take a breather after a long day's workout.





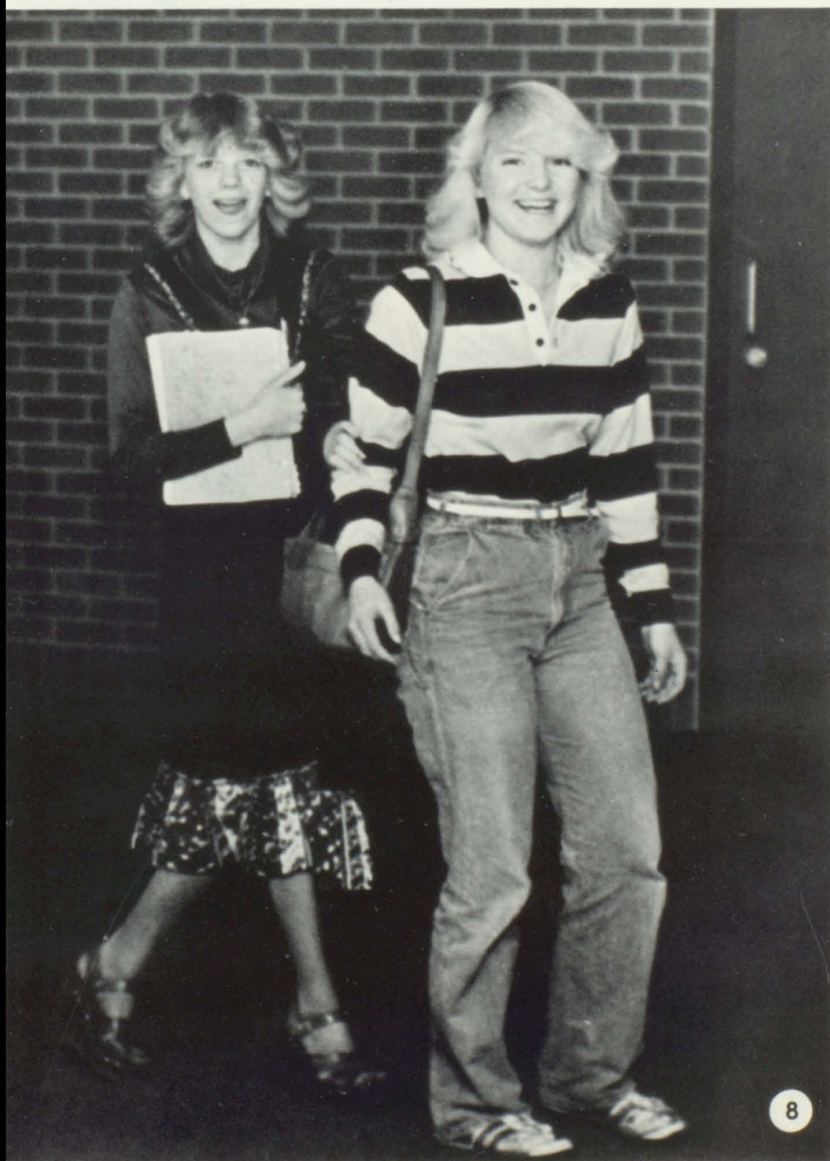
New Or Old Rivals From The Past

In 1977 fads and fashions were changing as rapidly as ever. Walking down any street, or even a hall at Forest Lake Senior High, you might observe a girl wearing boots, gauchos, a cowl neck sweater with a stick pin, and maybe she would have a flower or comb in her hair. A boy might be seen wearing a rugby shirt, with a Farrah Fawcett T-Shirt underneath, a pair of Levi's, and of course, a pair of athletic tennis shoes.

During the week you might go to a football game or stay home and watch "Soap" or "Three's Company" with a glass of Pepsi Light in your hand. On the weekend your boyfriend might pick you up in a four-wheel drive truck, then take you to Star Wars even though you would have preferred to see Saturday Night Fever.

If you are a poster collector, you wouldn't be able to pass up the Charlies Angels or Sylvester Stalone poster. And if you are a music fanatic you might go to a Kiss concert. Listening to the radio you would hear songs being performed by Fleetwood Mac, Linda Ronstadt, Bee Gees, Aerosmith or Neil Diamond. If you are a sentimental you would reminisce the 50's and 60's by listening to a memorable record of Elvis.

1977-1978 brought back fashions, music, and fads from the past, but also was unique with its own new style.



1. Here are the shoes of 1978 as worn by Sheri Little. 2. Jenny Ostlund wears the famous stick pin on her cowl. 3. Remember the shirts sold by the Brothers and the cheerleaders? 4. Another fashion is the sweater tied around the shoulders, worn by Penny Plain. 5. Paul Helin admires the beauty and warmth of Sue Burke's cowl sweater. 6. Ski sweaters are super! 7. Bibs are also in, as shown by Jackie LeVesseur. 8. Two fashion extremes—the rugby shirt is worn by Jordene Johnson and the below the knee dress by Dawn Gudmundson.

FEDERAL RESERVE NOTE

THE UNITED STATES OF AMERICA



JEANS

MOVIE TICKET

HAMBURGER

CLASSRING

SHOES

ALBUNS

SWEATER

STEREO

LUNCH

CANDY

WASHINGTON
ONE DOLLAR



It's Tough To Be A Teenager

As usual, the students of Forest Lake Senior High School were not immune to the prevailing economic conditions in the United States. Although the financial outlook was not necessarily dismal, the effects of inflation were felt. During the 1977-78 school year, FLHS students had to pay \$.55 for a lunch. However, they didn't protest too much, in light of an expanded menu that included several meal choices. School activities provided many people with an evenings' entertainment. Attending one of the Rangers' many athletic events remained a fairly inexpensive past time and was complimented by a quick bite at one of the many local eating establishments. Outside interests—especially movies, were not so kind to the students' bank account. The cost of clothes continues to increase; it was not rare to purchase a single sweater at an average clothing store for \$25.00. Yes, this year was of great economic concern to everyone.

Seniors really began to understand the value of the dollar. For those preparing for college was an extremely expensive adventure: much was spent for registration fees and college examinations, and finances often played a major role in planning for a post-secondary education.

Remembrances of high school years (class rings, letter jackets, etc.) were just more ways to say good-bye to ones' earnings. It seemed, that just being a teenager in the 1977-78 school year was cause enough for financial ruin, but a lot of good times and good buys often came as a result! In order to help you remember the 1977-78 prices fill in the blank spaces under the items on the dollar bill on the opposite page.



1. Darla LaRoque and Becky Mickelsen joyously anticipate a luscious snack.
2. The most popular shoe of the year.
3. Star Wars made box office history in the year of 1977.
4. Students wait in line to receive their lunch tickets.

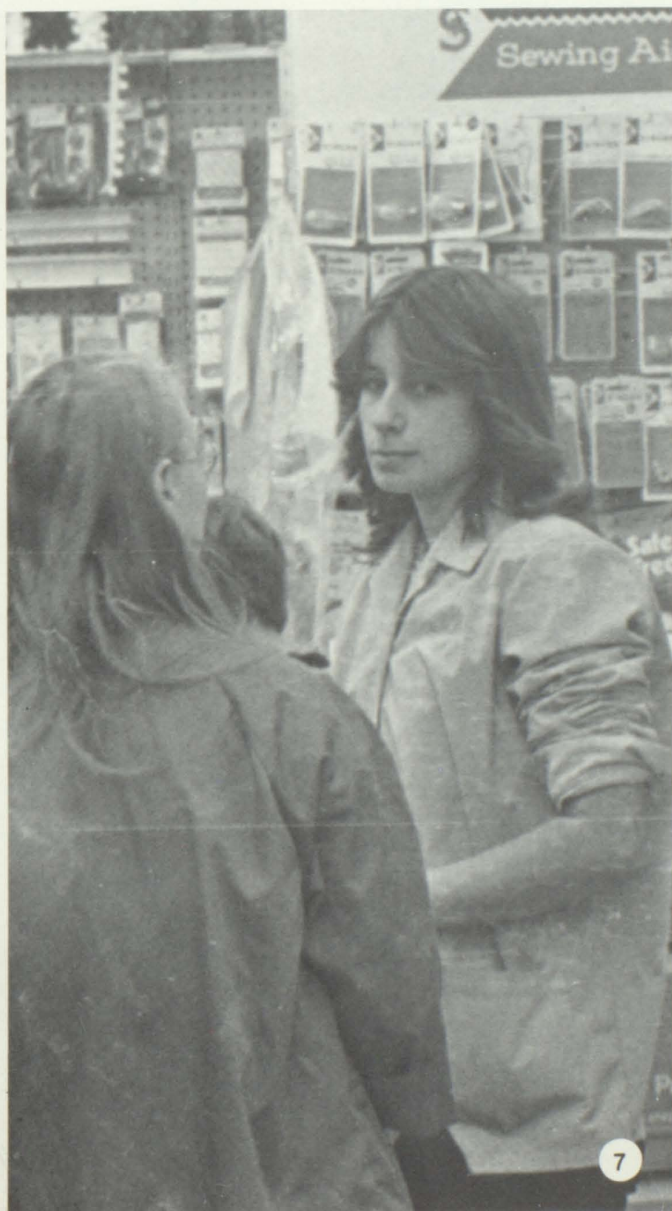
The Work Force

During the school year, there are many things to be done. Homework alone can keep you busy four nights out of five. Then there are the athletics, organizations, and dances to take the rest of whatever time is left over. Yet even with all of these time consuming events there are those students here at FLHS that find the time and ambition to hold a job.

Some work as waitresses, others as cooks, secretaries, sales clerks, and many other occupations. These people spend up to forty or more hours a week on the job, and yet they still have time to keep up their grades and participate in school activities.

1. Julie Feils straightens up behind the counter. 2. Phil Burgeson packs groceries. 3. Sue Olson shows a calculator to a customer. 4. Loading groceries appears to be an easy job for Mark Summers. 5. Mary Gervais ponders over a problem. 6. Rosemarie Nelson waits for the customer's money. 7. Nancy Barnier discusses business with a co-worker.



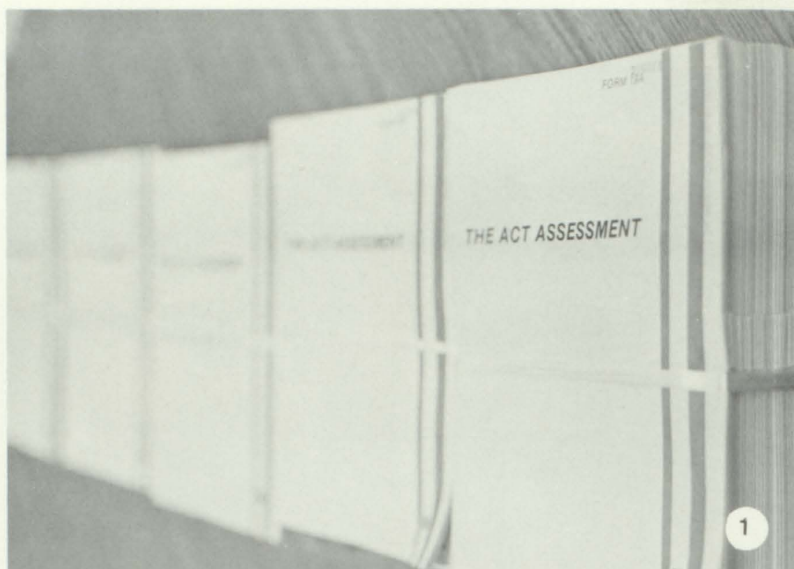


The Future Is Tomorrow

The future. It seems so far away, but the senior class faced the future as it came. There had been college fairs, posters, and counselors which helped us to decide our futures. We anticipated many of our futures to be filled with new people to meet, new places to see, and new lands to travel. For others they looked towards hours at a job, marriage, or college. But yet for many students, they left FLHS with their futures still undecided. Yet tears were shed as the class of 1978 went off to conquer their world.

For the underclassmen, school and jobs were still in their daily routine. There would still be games, clubs, pepfests, organizations, homework, fun, and memories. Their time will come, but for the seniors, the future is now.

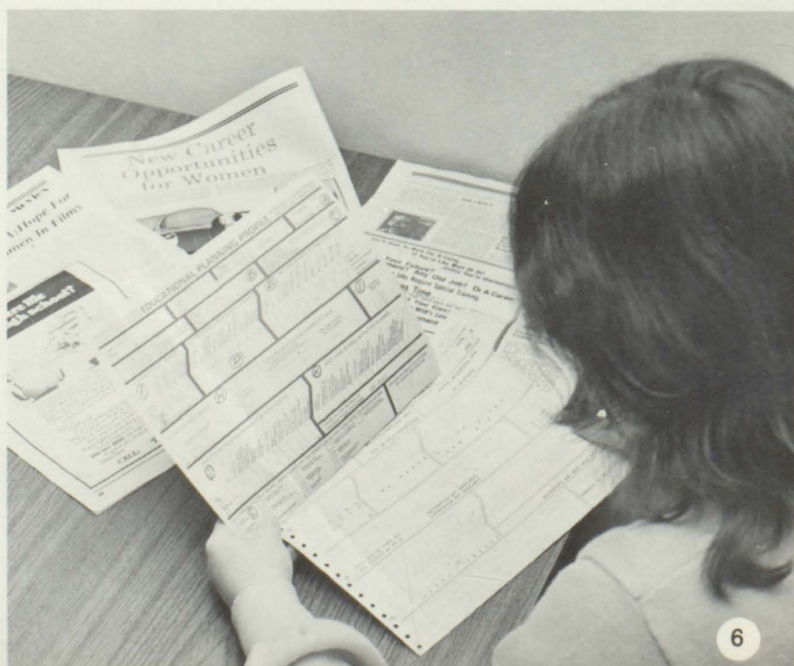
1. The ACT Tests stand ready for the seniors. 2. Is there really life after high school? 3. Mark Hesla and his parents talk with a college representative. 4. Andy Brasmer stretches during a break in the ACT testing. 5. Mr. Grove gives instructions to the attentive seniors. 6. A senior looks over her test results. 7. Literature and pamphlets inform us there are careers awaiting us.



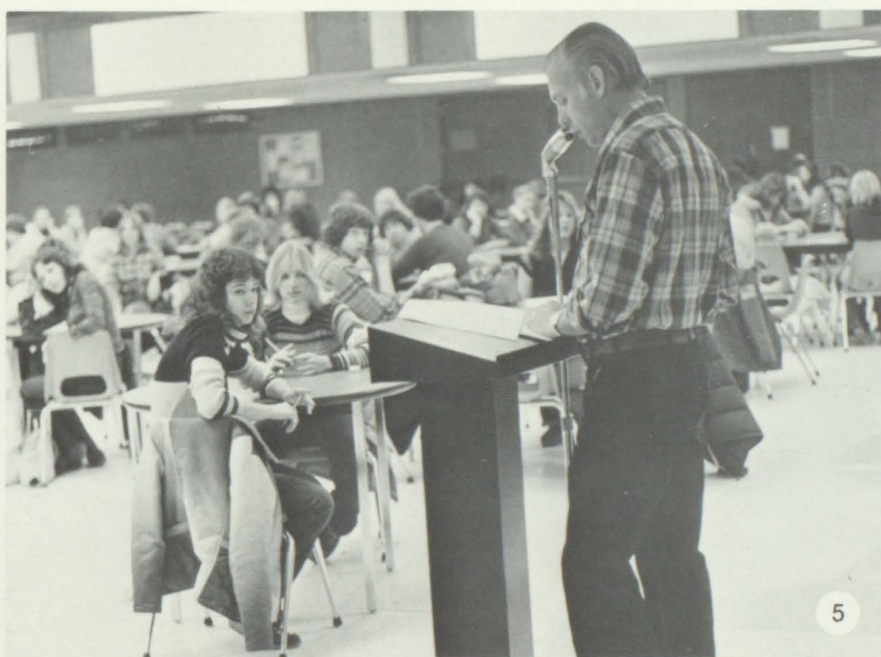
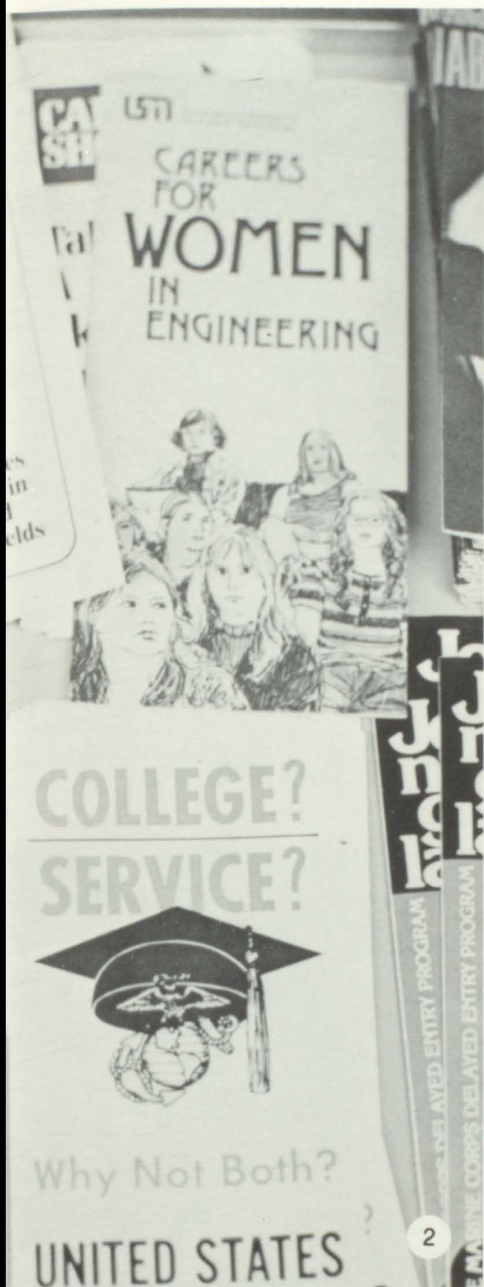
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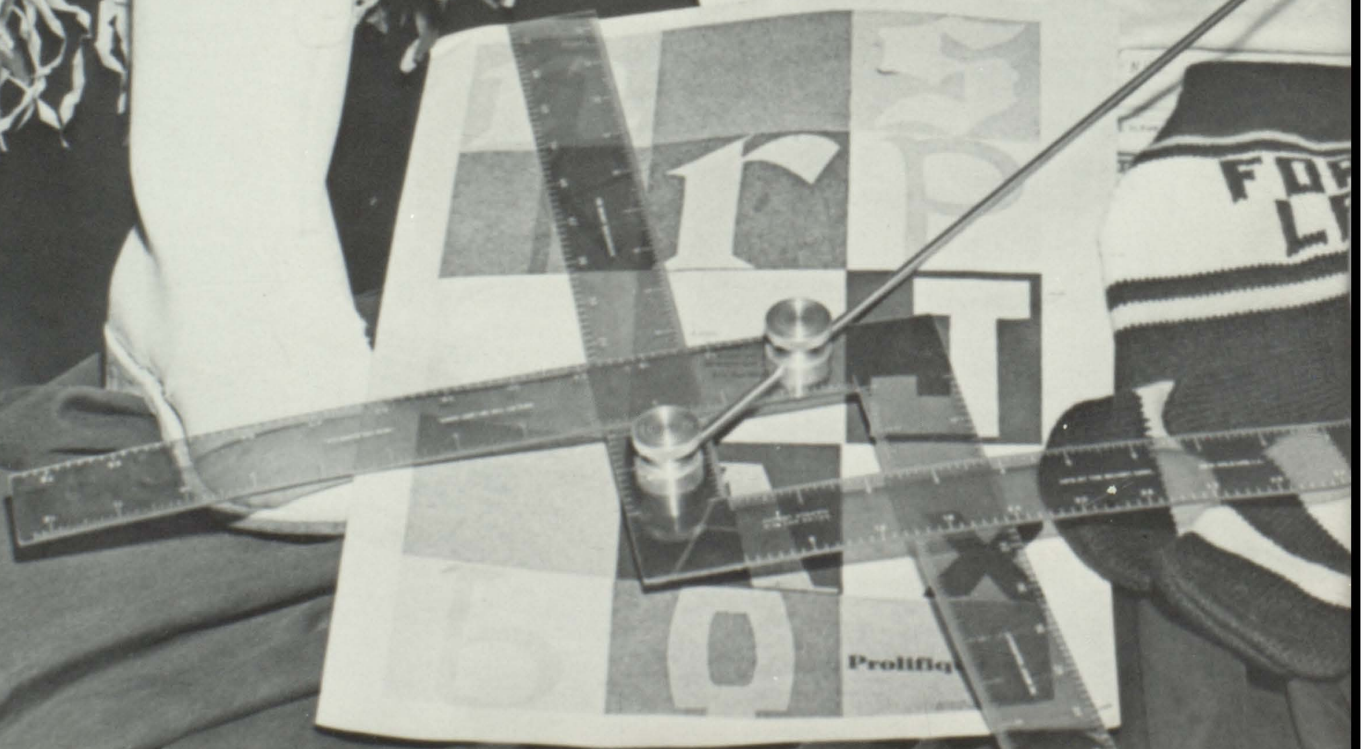
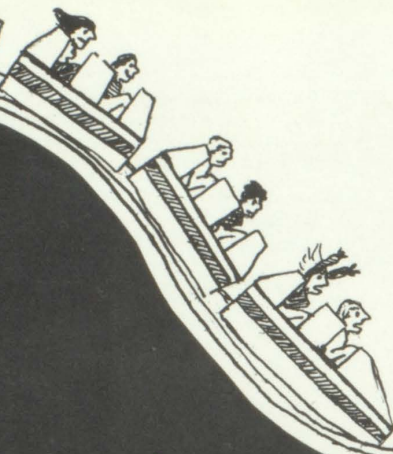
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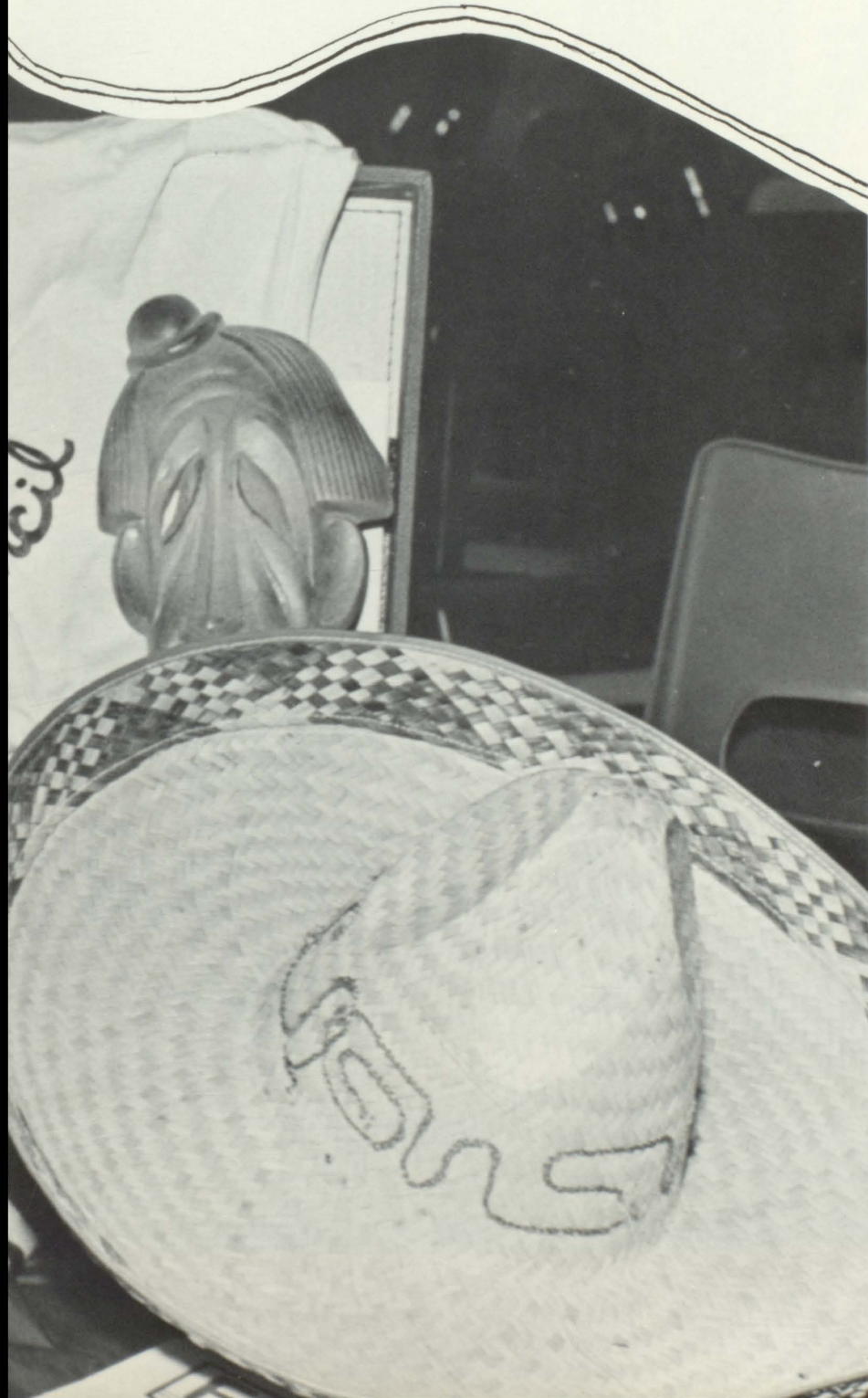
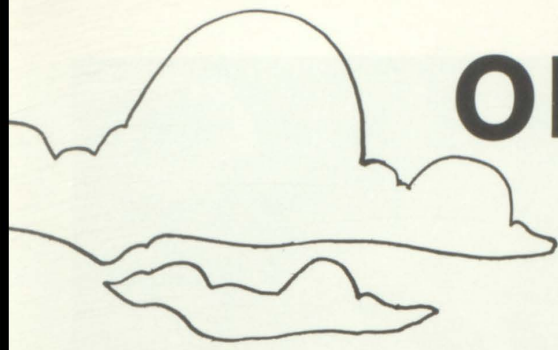
Saluting the class of 1978



FOREST LAKE



ORGANIZATIONS



With the start of another school year, clubs and activities, some with special requirements and initiation, got on the road to a successful year. Some, lacking the enthusiasm from the students, took longer to come around. With the help and dedication of a few members, these clubs found themselves struggling through a tough but worthwhile year.

The Beat Goes On

Music could be heard from the bandrooms during fourth and sixth hours this year. The sounds were made by the Concert, Varsity and Ranger Bands. The Concert Band is under the direction of Rollin Nelson and the Varsity and Ranger Bands are under the direction of Paul Redmond.

This was a very musical year for the members of the three bands. During the summer months marching was taking place. The band marched as a single unit in various parades. This was the last year for the marchers to wear the previous set of black uniforms as the new maroon and gold uniforms arrived.

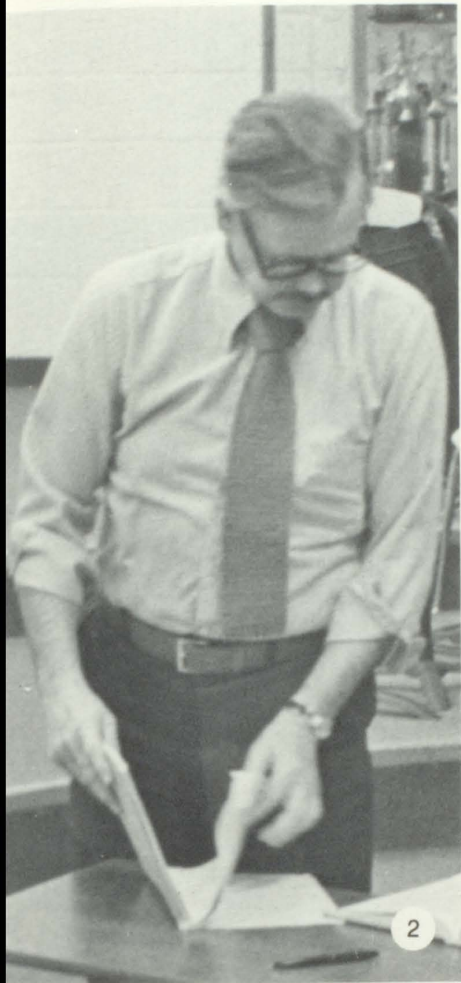
The marching band consisted of members of concert and varsity band, providing entertainment at the home football games. On the second of October, members from all three bands went to the University of Minnesota along with other bands from our state.

Stage Band was going strong for only their second year in existence. Quite a few members from last year were back. Stage Band contributed much to the concerts throughout the year.

The winter and spring concerts were both a big success. Many different arrangements and styles were studied and performed at each of the concerts.

1. Cheryl Booth takes a breather as Matt Moraczewski plays on. 2. Mr. Nelson prepares for his next class. 3. Lynn Bardy and Lynn Koch concentrate on their music. 4. Mr. Redmond works on the perfection of his Ranger Band. 5. Sue Mulvihill, drum major, leads the Ranger's Marching Band in the school song.







1



3



1. VARSITY BAND MEMBERS: Pauline Ash, Doug Banta, Liz Beir, Melanie Benoy, Liz Bodine, Craig Bever, Pam Bever, Yvonne Boyes, Nan Bracht, Jodi Briggs, Pam Burcalow, Tim Cakebread, Jim Carey, Michelle Carlson, Sue Clemens, Sue Daninger, Everett Diemert, Debbie Doucett, Jan DuPay, Vicki Eberhardt, Kim Empy, MaryKae Erickson, Dave Esberg, Heidi Flint, Liz Fox, Johnna Fuls, Ken Giampolo, Jeff Hason, Tom Hart, Jay Havlish, Chris Heck, Scott Henderson, Phillip Janssen, Rich Jarosiewicz, Janet Johnson, Pam Johnson, Beth Kedrowski, Jim Koch, Dawn Krinke, Helen Leach, Jackie LeVesseur, Jeff Lichtscheidl, Jan Lindburg, Gene Lott, Scott Mack, Rena Marier, Becky Mickelsen, Mark Moraczewski, Kelly Nelson, Laurie Nelson, Lynn Nelson, Brad Olson, JoDee Olson, Lori Olson, Leann Petermeier, Roxanne Petermeier, Sandy Peterson, Steve Peterson, Tom Quammen, Deanne Quigley, Barb Robertson, Bernie Robinson, Scott Roman, Jill Sargeant, Scott Schultz, Liz Shannon, Linda Smallidge, Cindy St.Clair, Suzanne Sunsten, Doreen Tyler, Katie Tyler, Kris VanNispen, Cindy Winberg.

2. RANGER BAND MEMBERS: Sharon Adams, Kent Anderson, Michelle Anderson, Mona Anderson, Lynda Banta, Lynn Bardy, Christie Bergland, Cheryl Booth, Wayne Bowker, Jeanne Breneman, Laurie Carlton, Kathy Costello, Connie Degendorfer, Laurie Erickson, Sue Fedje, Joe Finger, Mike Flor, Jess Gajeski, Tracy Genin, Larry Granburg, Mike Hansom, Pat Haworth, Julie Heck, Sarah Houle, Rogar Humphrey, Brenda Husfeldt, Tracy Janecek, Karen Jensen, Jerome Johnson, Jordene Johnson, Kellie Johnson, Kevin Johnson, Scott Johnson, Viann Kelly, Vicky Kirk, Lynn Koch, Mary Koch, Lori Lamprecht, Mike Lind, Nancy Long, Genyi Lott, Deanne Lund, Lori Lundeen, Diana Marier, Jeff McKenzie, Debra Merrill, Sheryl Moorehouse, Shelly Malm, Matt Moraczewski, Dee Monk, Marlon Moseng, Mike Newman, Shirley Noreen, Curt Olson, Ken Olson, Bob Proulx, Mary Purdie, Julie Rice, Michelle Riermna, Scott Robinson, Murray Rudisill, Tom Ruggles, Mary Sargeant, Dave Schams, Cathy Schlanger, Rachel Schlising, Ann Schumacher, Sue Skoglund, Bill Smallidge, Pat Spence, Liz Strand, Diana Swanson, Kelly Theno, Tim Thompson, Denise Tisdale, Kim Tubridy, Cheryl Tyler, Sue Underdahl, Deb Wettschreck, Kay Wilhelm.



3. CONCERT BAND MEMBERS: Kim Atkins, Linda Atkins, Carrie Berge, Mike Black, Dave Blackbird, Sue Boleen, Rhonda Boyes, Gordy Brackee, Jim Bullard, Pam Chmielewski, Amy DeHaven, Steve DeHaven, Dave Dunbar, Sue Erickson, Julie Feils, Tom Fishbeck, Nancy Gessner, Gerry Gilbertson, Mickey Grundhofer, Jeff Hanson, Connie Haus, Marianne Haus, Mark Hesla, Brad Houle, Wayde Houle, Gary Iverson, Julie Jergens, Jody Johnson, Karen Johnson, Karla Johnson, Debbie Kaufer, Joe Kasper, Donna Keegan, Debbie Knudson, Tammy Krech, Lon Lamprecht, Donna Larkey, Regina Laroche, Darla LaRoque, Janet Maki, Vicki Mateer, Marya Mattson, Brian Miller, Dean Miller, Sue Mulvihill, Mitch Nelson, Scott Nelson, Cindy Olson, Gary O'Neil, Terry Paulino, Wes Peterson, Paul Petrella, Jim Plain, Lori Proulx, Pat Rantanen, Kathy Scanlon, Tim Scanlon, Scott Schams, Maureen Sellar, Jo Sherwood, Linda Siniff, Sheri Siniff, Doug Smith, Stewart Smith, Bob Stright, Mark Summers, Ed Theobald, Andy Valenty, Rick Verner, Vicky Waataja, Mark Waldoch, Dan Weiss, Otto Wirgau.

4. STAGE BAND MEMBERS: Dave Blackbird, Gordy Brackee, Steve DeHaven, Dave Dunbar, Jeff Hanson, Mark Hesla, Brad Houle, Wayde Houle, Gary Iverson, Joe Kasper, Brian Miller, Paul Petrella, Doug Smith, Ed Theobald, Rick Verner, Mark Waldoch.





Tra-La-La

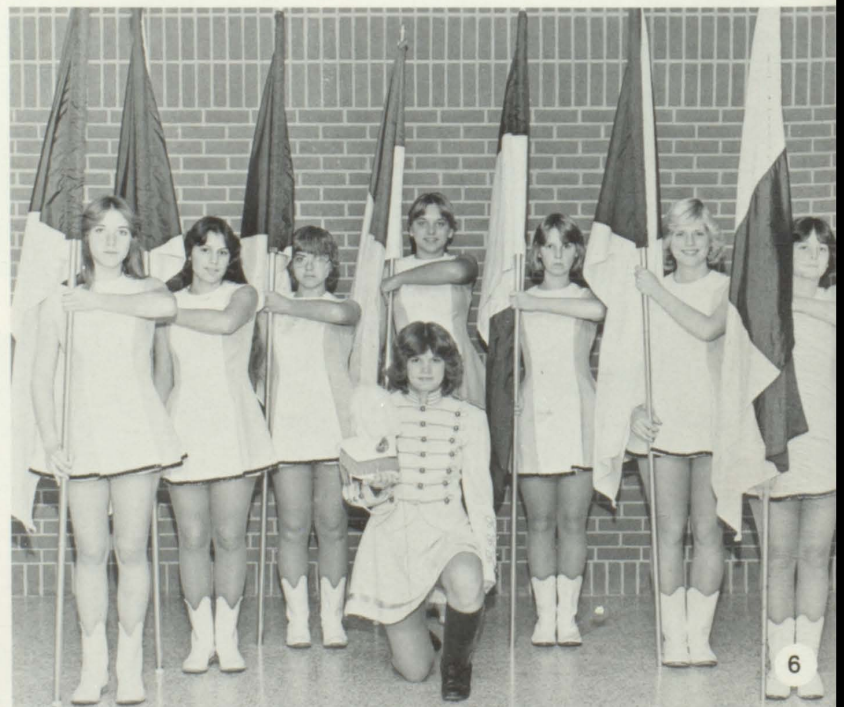
If you ever heard the sound of clear, ringing voices singing down the hall, "Mi-Me-Ma-Mo-Mu", you'd have realized that it was the FLHS choir once again warming up for another hard working hour. After director Jim Lindstrom finished saying, "If you don't follow my tempo, get your own choir" and "I'm not waving my arms for the exercise", the choirs were ready to perform for two concerts, winter and spring. Also, many students prepared year long for the state music contest held in the spring.

Once again A Cappella Choir was heard with the mixture of both male and female voices. Besides singing at the concerts, they also sang at additional engagements, such as the Elim Lutheran Church in Scandia and various school exchange trips around the area. From the mixed choir, a group of twelve students were chosen to sing in Mezmore, the school's pop group. Mezmore sang a variety of popular tunes at clubs, the pop concert, and both the winter and spring concerts.

Treble choir consists only of female voices. They made their sweet sounding appearance at both the winter and spring concerts.



1. A CAPPELLA CHOIR; BACK ROW: Don Sweere, John Kelly, Todd Peterson, Darrel Bowman, Mark Wehner, Bob Stright, Rick Shuster, Roger Mateer, Greg Elmquist, Kirk Rathbun, Rick Verner, Tim Cakebread, Lon Lamprecht THIRD ROW; Sandy Sweere, Kathy Wright, Karen Lutz, Tracey Flermoen, Joel Buys, Michael Black, Pat Voelker, Tom Duncan, Tim Henderson, Jeff Wehner, Brian Miller, Paul Petrella, Brandon Young, Keith Groeneweg, Kurt Brungardt, Rachel Anderson, Darla LaRoque SECOND ROW; Michelle Gabrielson, Debbie Avery, Lori Anderson, Sandra Gustafson, Holly Thompson, Penny Hockensmith, Colleen Zins, Mary Lundberg, Teri Grover, Sue Costello, Dawn Zeiher, Sue Burke, Carla Johnson, Cathy Dykhuizen, Lisa Novak, Nancy Leslie, Judy Hebert, Sheri Wells FRONT ROW; Jody Proulx, Roxanne Petermeier, Lisa Steiner, Vicki Bergeron, Pam Smuda, Leslie Lewis, Sandy Ensrud, Bonnie Otto, Chris Backus, Nancy Johnson, Teresa Lord, Stephanie Wolff, Linda Kult, Cindy Perrault, Dori Osterbauer. 2. TREBLE CHOIR; Diane Barrett, Brenda Boleen, Kathy Bowen, Kim Chelmo, Maureen Collins, Kelly Coyer, Bev Erickson, Sue Franta, Becky Goss, Mary Gregerson, Michelle Hall, Jan Hyatt, Laurie Johnson, Donna Kroska, Chris Langland, Carmen Lopez, Jody Manfredini, Ginger Olson, Teresa Pepin, Patti Prescott, Kathy Richert, Shelly Robinson, Lori Schmidt, Donna Schneider, Nancy Setterholm, Mary Jo Taurman, Beckie Trimble, Cindy Urie. 3. MEZMORA BACK ROW; Nancy Johnson, Jody Proulx, Darla LaRoque, Jill Reiman, Roxanne Petermeier, Lisa Novak. FRONT ROW; Joel Buys, Mike Black, Tom Duncan, Lon Lamprecht. 4. Roxanne Petermeier, Darla LaRoque, and Jill Reiman sing their little hearts out. 5. "Sing Ye Merrily". 6. Mr. Lindstrom dishes out some words of wisdom to the A Cappella Choir.





Those Out In Front

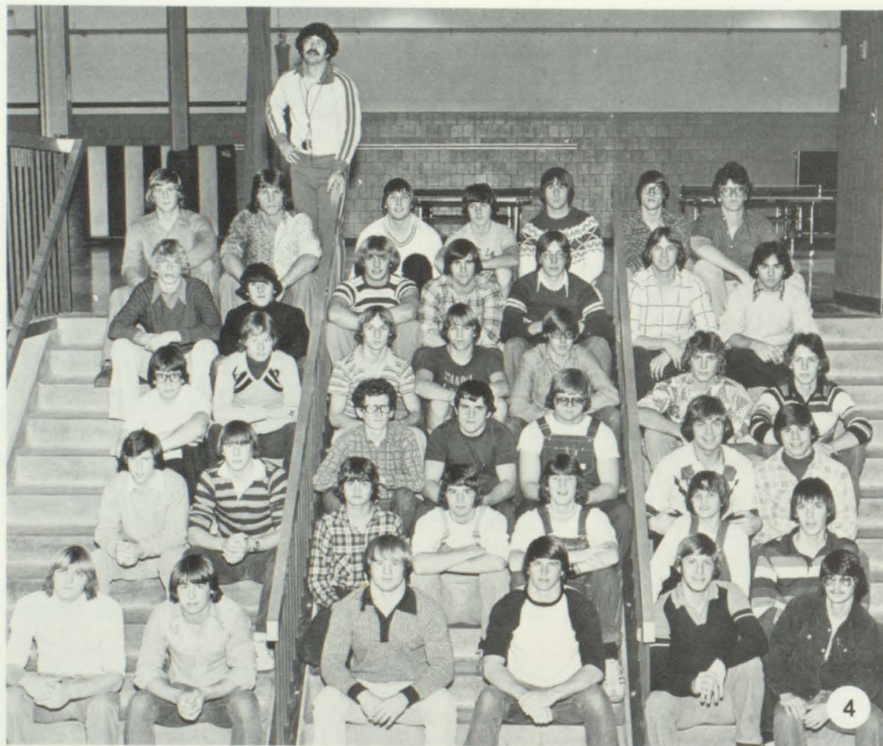
"Here comes the Forest Lake marching band!" And who should be leading it, but the colorful flag corps with their flashy flags waving as they perform another routine. This year the new captain, Debbie Avery, worked hard with her corps to get ready for the football halftime and homecoming shows. This year's drill was done to "McArthur's Park." They also made performances at the Homecoming parade and coronation. After taking a short break this winter, they again resumed this spring and summer to once again lead the band in many parades, including the Minneapolis Aquatennial.

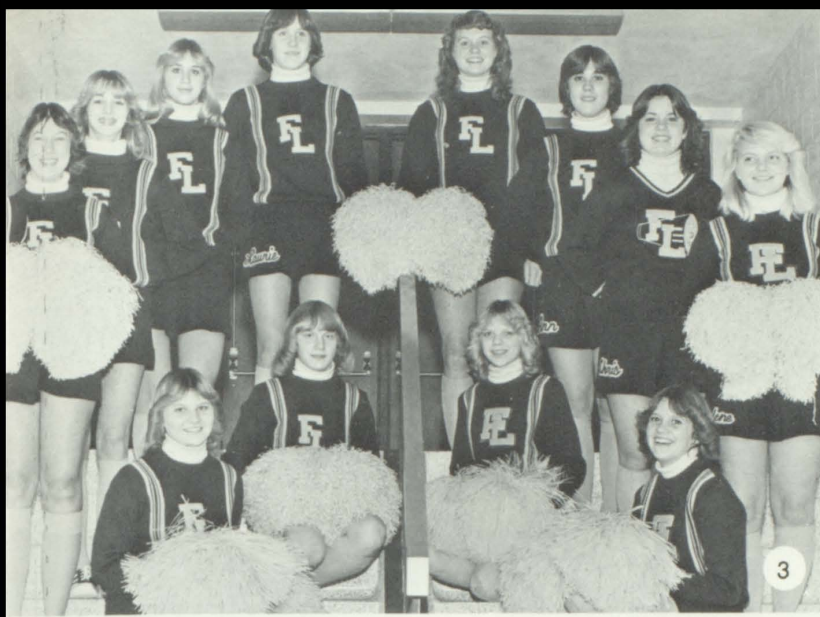
Guiding the marching band with poise and precision was drum major Sue Mulvihill. Sue's leadership of the Forest Lake marching band was greatly appreciated by all band members and Director Paul Redmond. Certainly a job well done!

The majorettes have brought another added feature to the band and performed at the football games as well as numerous summer parades. Together with the flag corps, the marching band had a fantastic field to follow.



1. MAJORETTES BACK ROW: Lori Lundeen, Sue Picotte, Dana McCool. FRONT ROW: Maureen Collins. 2. Debbie Avery enjoys a well earned break. 3. Captain Debbie Avery demonstrates right shoulder arms with her reliable corps members. (Lori Johnson, Peggy Duncan, Doreen Johnson) 4. Patiently waiting for their turn in the parade is the F.L. Flag Corps. 5. Majorettes, Lori Lundeen and Sue Picotte, nervously await the start of coronation. 6. FLAG CORPS BACK ROW: Kellie Dill, Charlene Wallraff, Peggy Duncan, Liz Beier, Doreen Johnson, Darla LaRoque, Lori Johnson. FRONT ROW: Captain Debbie Avery. 7. DRUM MAJOR: Sue Mulvihill.





Added Cheerleaders Increase Spirit

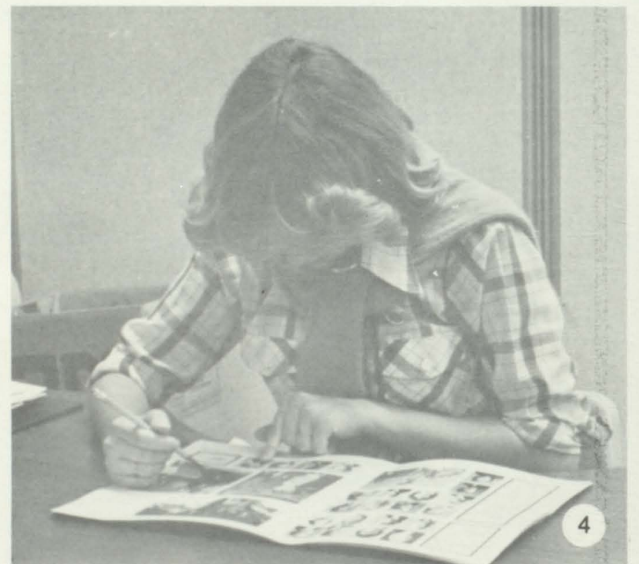
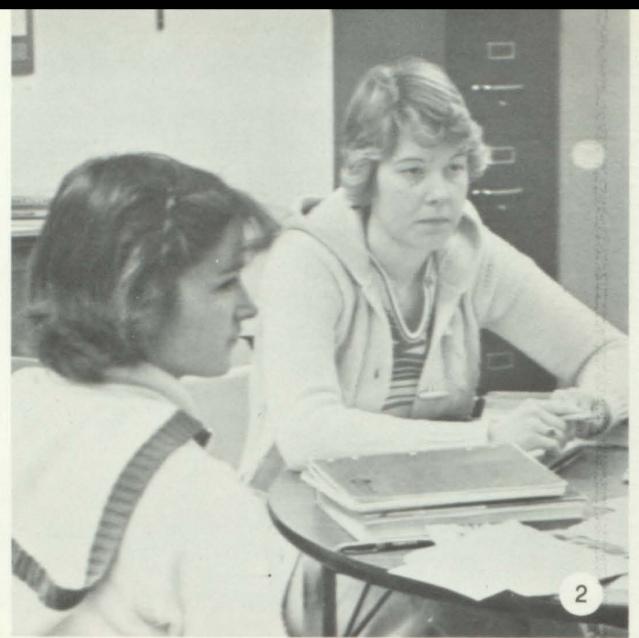
The cheerleading squad grew in number this year with the addition of cheerleaders for girls' volleyball, cross-country, and boys junior varsity hockey. There were thirty-five cheerleaders and although males were encouraged to try out, none did. The Brothers, a highly spirited group of young men went to various games and meets, promoting spirit with their own style. These groups have cheered their teams to victory, organized pep fests, parents' nights and promoted the sale of bus tickets and buttons.

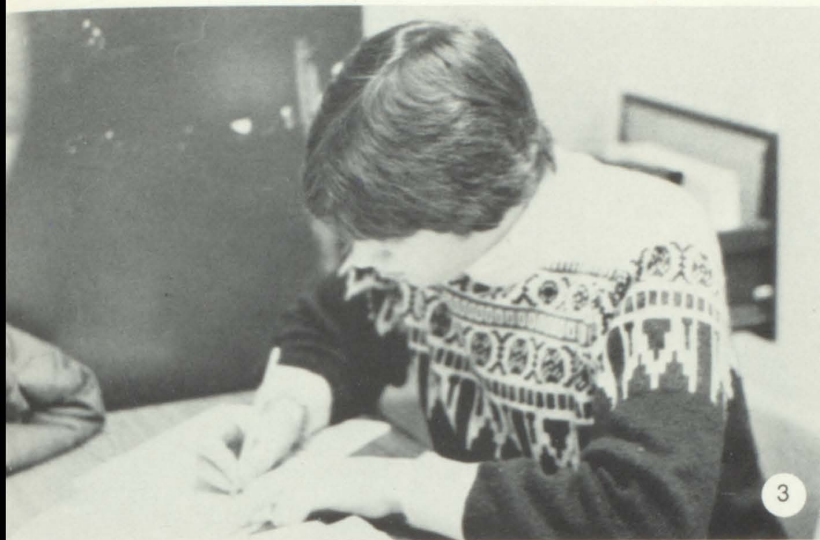
At the end of the fall season the Lettermen held their initiation week. Initiates had to carry a 12 X 9 wooden board, and have the Lettermen sign their initials. Official initiation was held on Friday and was succeeded by a dance.



1. Proving their strength is Steve Sargeant, Dennis McDonald, and Jim Pancake. 2. A-SQUAD FALL CHEERLEADERS BACK ROW: Shelly Lutz, Mary Kae Erickson, Donna Kroska, Dolly Hibbison, Terry Paulino, Chris Niemczyk, Patti Prescott. MIDDLE ROW: Sheri Wells, Yvonne Boyes, Teri Grover, Cindy Olson, Donna Keegan. FRONT ROW: Dawn Gudmundson, Debbie Niederkorn, Karen Proulx. 3. B-SQUAD WINTER CHEERLEADERS BACK ROW: Melanie Hoff, Linda Kult, Mary Koch, Laurie Carleton, Steph Wolff, Ann Linz, Chris Sather, Jordene Johnson. FRONT ROW: Rhonda Boyes, Peggy Solem, Dawn Gudmundson, Cheryl Tyler. 4. LETTERMEN: BACK ROW: Craig Bever, Todd Gallagher, Coach Rick Anderson, Joel Buys, Dave Miller, Pat Kelly, Lance Hazeltine, Dave Blackbird. FIFTH ROW: Mike Hovland, Bob Robinson, Jim Pancake, Joe Schneider, Paul Kendrick, Jeff Thoreson, Shawn Dolan. FOURTH ROW: Mark Summers, Craig Lindstrom, Ron Schmidt, Scott Noleen, Mickey Grundhofer, Steve DeHaven, Bruce Carlson. THIRD ROW: Steve Kroska, Bruce McGrath, Mark Moraczewski, Marty Jensen, LeRoy Magnuson, Dennis McDonald, Steve Sargeant. SECOND ROW: Rich Haus, Lee Nelson, Dave Anderson, Randy Haus, John Schumacher. FRONT ROW: Dave Tetrault, Mike Hughes, Doug Smith, Scott Daninger, Tim Matuseski, Craig Dahl. 5. Chris Sather leads a cheer. 6. B-SQUAD FALL CHEERLEADERS BACK ROW: Jean Cincoski, Linda Ensrud, Ann Linz. FRONT ROW: Leslie Lewis, Jordene Johnson, Sue Burke, Steph Wolff, Peggy Solem. 7. A-SQUAD CHEERLEADERS BACK ROW: Donna Kroska, Pattie Prescott, Mary Kae Erickson, Lisa Baland, Teri Tyler, Sandy Chmielewski. FRONT ROW: Karen Proulx, Jodi Arneson, Jan Lindberg, Yvonne Boyes, Sandy Schlander, Teri Grover, Debbie Niederkorn. 8. Doug Smith helps Al Crane out of the car.







Publishers Produce Memories

Every month the Forest Breeze is produced by a group of thirty dedicated people, who spend most of their spare time putting together the school newspaper.

The purpose in publication is to inform the student body and public of school orientated activities and current issues of interest to the students. The editor-in-chief, whose main responsibility is to tie up all the loose strings and make sure everything is ready for publications time is Scott Fearing. Publishing is done by the Forest Lake Times. There are ten other editors working along side Scott and business manager—Don Sweere, who takes care of finding patrons and last, but surely not least, is their ever present, always lending a helping hand advisor, Ralph Streater.

Another form of publications in our school is our annual Forester. It is produced each year by a very small group of hard working, dedicated people.

There are three editors and two business managers, as well as some very capable staff members. The Forester staff spends many hours (not to mention a few sleepless nights) putting it all together, with the help of Mrs. Redmond, their helping, patient advisor.

Our yearbook is the only possession we have that enables us to bring back a flood of memories with the flip of a page.



1. BREEZE EDITORS: Mike Black, Judy Hebert, Scott Fearing, Liz Fox, Lon Lamprecht, John Gabriel, Debbie Doucette, Debby Pope, Paul Petrella. 2. Forester Business co-editors Bridget Dolan and Betsy Webb discuss the patron situation. 3. Editor-in-chief Scott Fearing looks over the final copy before publication. 4. Marya Mattson proof reads another page. 5. BREEZE STAFF BACK ROW: Lon Lamprecht, Rick Verner, Dennis Schuma, Chuck Schultz, Paul Petrella. SECOND ROW: Don Sweere, John Gabriel, Mike Black, Debby Pope, Scott Fearing, Judy Hebert, John Schadl, Cindy Genin, Sharon Thomasen. FIRST ROW: Colleen Costello, Eyvonne Boyes, Teri Schultz, Debbie Doucette. 6. FORESTER STAFF: Greg Groess, Chris Langland, Pam Chmielewski, Jill Reiman, Elna Kurvonen, Sue Clemens, Sandy Anderson, Sheri Muller, Mary Kay Morley, Bridget Dolan, Darla LaRoque, Becky Mickelsen, Penny Hockensmith, Betsy Webb, Karen Shalander, Cindy Perrault, Marya Mattson, Advisor Carol Redmond. 7. Luke Rylander and Andy Valenty check over some copy. 8. FORESTER EDITORS: Bridget Dolan, Marya Mattson, Mary Kay Morley, Cindy Perrault, Becky Mickelsen, Betsy Webb.

Bookstore Adds New Dimensions to School

For the first time in Forest Lake, FLHS had a bookstore. It was opened every morning and during all lunches. The store was run by students with Ms. Kaye Casey as the advisor.

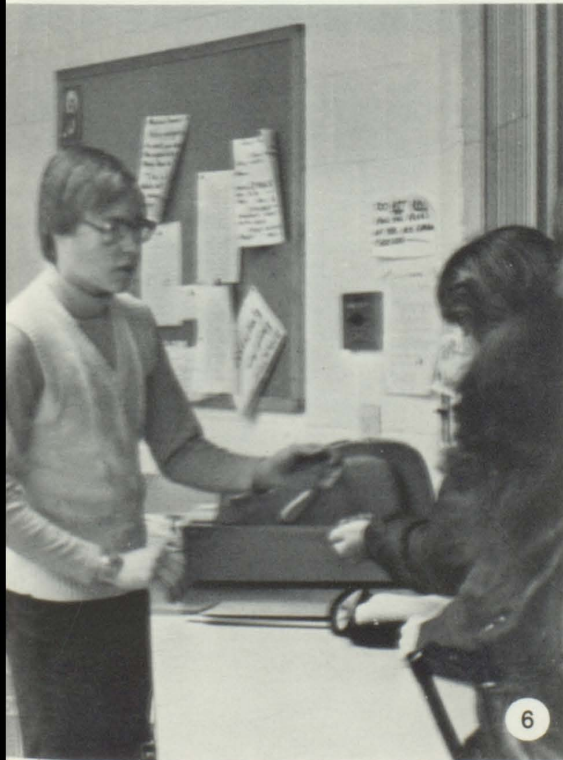
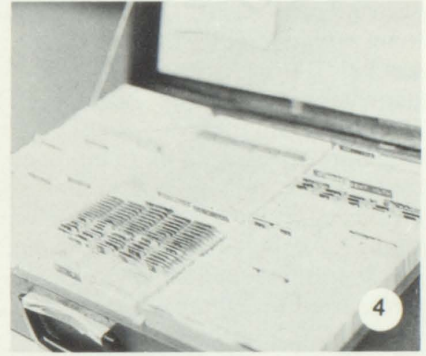
Prolifigue, advised by Ms. Casey, was roaring this year. Although there was only one issue, it was packed with student work.

The debate team proved their competitiveness this year by participating in many tournaments, including a trip to Watertown, South Dakota. Advised by Mr. Ralph Streater, the debaters showed their strength by winning many individual trophies and metals.



1. Jane Jergens and Dave Dunbar prepare for another debate meet. 2. PROLIFIQUE STAFF BACK ROW: Debbie Kaufer, Nadine Peitz, Renee Johanson, Judy Anderson, Barry Vornbrock, David Vornbrock, John Mayhew. FRONT ROW: Patty Sullivan, Michelle Gabrielson, Bridget Dolan, Michele Masso, Lorri Messelt. 3. School supplies for sale in the book store. 4. Only part of a debater's tool. 5. DEBATE BACK ROW: Jean Gunderson, Jeff Hansen, Patty Rantanen, John Brisson, Carol Coxon, Coach Ralph Streater, Dave Dunbar, Jane Jergens, Debbi Zaruba, Dean Miller. FRONT ROW: Paul Petrella, Regina LaRoche, Jody Johnson, Dave Juhl. 6. Selling school supplies at the beginning of second semester for the bookstore is Barry Vornbrock. 7. BOOKSTORE PERSONNEL BACK ROW: Barry Vornbrock, Bridget Dolan. FRONT ROW: David Vornbrock, Nadine Peitz.





Club Experiences

Extend the U.S.

During the 77-78 school year, both French and Spanish Clubs participated in many traditional activities. Each attended various French and Spanish Restaurants, giving the students the chance to broaden his or her "world beyond the hamburger". Besides eating, both clubs participated in other activities such as roller skating and viewing foreign films. French Club and AFS presented a second place skit at Skit Night for this year's Homecoming. At Christmas time, residents of Birchwood were serenaded by these carolers as they brought to them some seasonal French songs of which a few had English equivalents. Mrs. Nancy Sagstuen (French Club) and Mr. Al Franzen (Spanish club) put a lot of work and time into preparing for all club orientated activities. The most rewarding accomplishment is to actually visit these countries. Both Spanish and French Clubs contributed towards the sending of students across the threshold of FLHS into the experience of a lifetime.

1. SPANISH CLUB BACK ROW: Jan Dupaul, Kim Empey, Sheri Mueller, Sandy Anderson, Wendy Jacobson, Cheryl Esberg, Scott Henderson, Shari Anderson, Julie Jasicki, Andy Brasmer, Berndt Husfeldt, Debbie Cree, Julie Borgman, Mark Fredrickson, Julie Hyland, Jayne McMamus. FOURTH ROW: Jan Hyatt, Linda Banta, Rosemarie Morley, Robin Rosengrin, Jim Pancake, Dennis Schuna, Scott Schams, Brad Weeks, Jonathon Lien, Andy Valenty, Teri Schultz, Cathy Distler, Dan Wederstrom, Mr. Franzen. THIRD ROW: Debbie Jensen, Susan Olson, Linda Taylor, Cheryl Moorehouse, Rhonda Boyes, Mike Walker, Nick Lindeberg, Mary Koch, Sarah Houle, Mary Purdie, Kim Tubridy, Brenda Zeren, Wanda Alcock. SECOND ROW: Vicki Houle, Leslie Lewis, Lori Lundeen, Mary Sargeant, Sue Nichols, Cheryl Zeren, Terry Paulino, Pam Chmielewski, Debbie Simonson, Kim Erickson. FRONT ROW: Sue Beatti, Micky Chenoweth.. 2. "All Aboard." 3. Lynn Lynch, Cheryl Howard and Mary Jo Jensen catch up on the latest gossip while waiting for the French bus. 4. Mrs. Sagstuen demonstrates French time. 5. The minds behind the Spanish taco (Jim Pancake and Andy Valenty). 6. Kathy Tracy and Julie Jergens display different attitudes toward French class. 7. FRENCH CLUB BACK ROW: Cathy Howg, Mary Jo Jensen, Cheryl Howard, Lynn Lynch, Colleen Costello, Debbie Doucette, David Vornbrock, Barry Vornbrock, Nancy Kubes, Lynn Koch, Nancy Keilen, Rachael Schliesing. THIRD ROW: Mrs. Sagstuen, Karen Hamilton, Sue Franta, Mary Houle, Bernie Robinson, Jane Jergens, Debbie Kaufer, Sue LaMere, Dawn Marsh. SECOND ROW: Monica Doepner, Carrie Peterson, Kathy McKenzie, Helen Leach, Jackie Nelson, Caroline Pratt, Bonnie House, Jodee Olson, Peggy Solem. FRONT ROW: Debbie Wettschreck, Cheryl Booth.

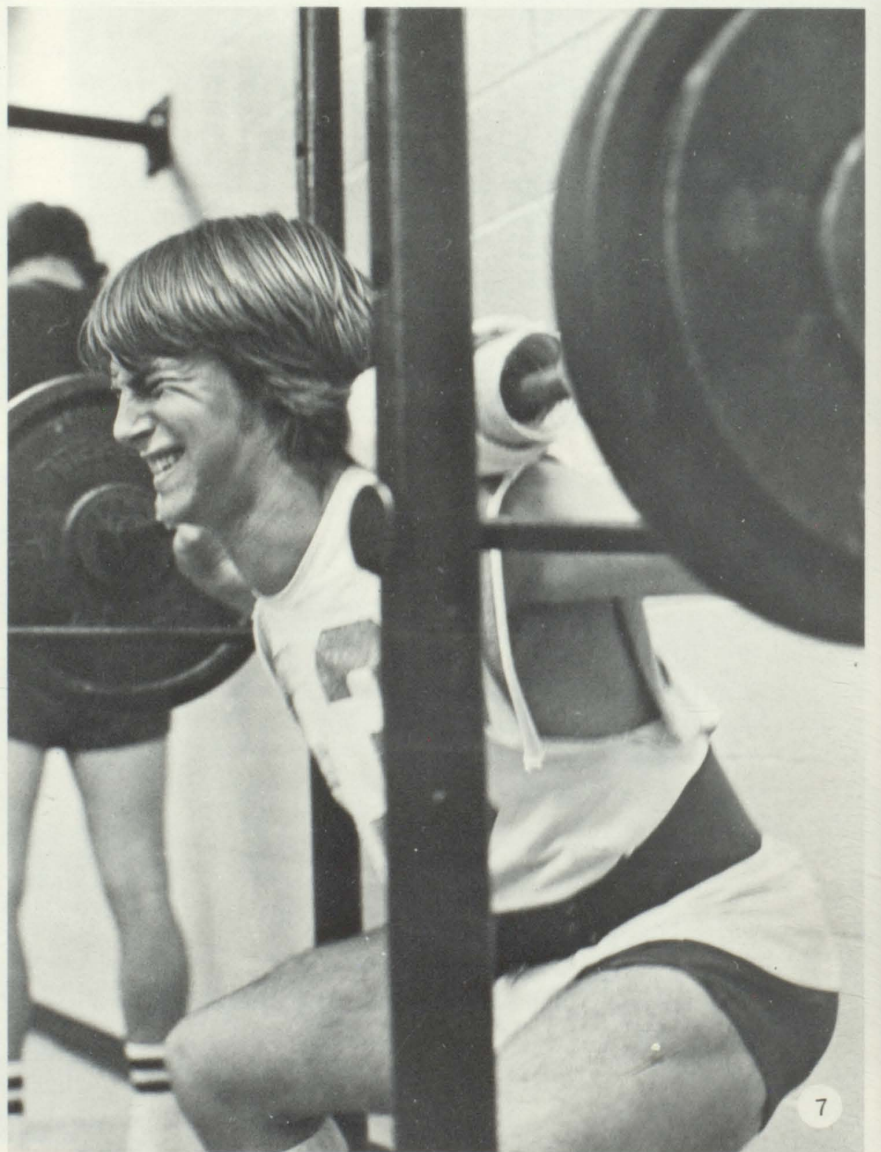
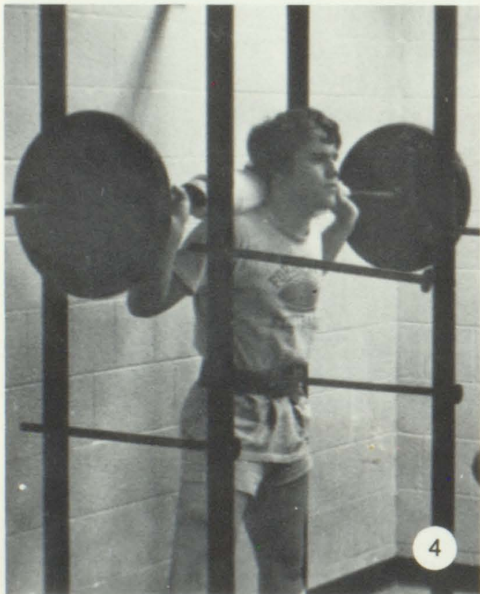


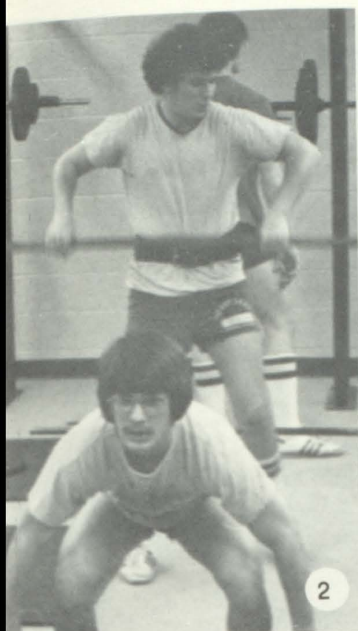
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Skiers and Trainers Keep in Shape

This year as every year, the FLHS ski club was busy from December until March. As soon as a bus could be loaded, the students were on their way to an evening of skiing.

Under the direction of Mr. Branson and Mr. Hallen, the skiers went to various ski hills in the area. Among the many surrounding hills, the ski club found its way to Trollhaugen, Snowcrest and the old favorite, Wild Mountain, rotating its weekly trips between the three. One all day trip was also planned to a resort.

With the wide selection of hills and trails to ski on at every resort, each person who enjoyed skiing, from the most experienced to the beginners, could have a good time while learning or simply trying to improve.

The Forest Lake Weight Training club was instituted this year to give students an opportunity to engage in a controlled and organized conditioning program after school. Students who wish to condition for athletics or those just interested in improving their over-all body condition through the use of weights and flexibility exercises comprise the membership.

The club meets Monday, Wednesday, and Friday at 2:40. Rick Anderson and John Backes are the weight supervisors who coordinate club activities.

1. SKI CLUB STANDING: Mr. Branson, Dave Caroon, Tom Fishbeck, Al Becker, Bob Reese, Steve Olson, Murray Rudisil, Mr. Hallin, Terry Lord, Jane McManus, Mark Hudak, Leanne Petermeier, Sue Mulvihill, Robin Doege, Patty Anderson, Greg Elmquist, Joe Finger, Doug Bediant, Doug Gillett, Chris Brown, Pat Flaherty, Robin Alm, Chuck Clendening, Kris Erickson, Richard Hoffschneider, Beth Cree, Sue Franta, Mel Benoy. KNEELING: Wayne Lund, Ruby McLaughlin, Deb Cree, John Kelly, Darla LaRoque, Paul Mayhew, Alice Burgeson, Perry McGowan, Brian Miller, Pat Kelly, Steve Michaud. 2. Concentrating on doing the cleans is Craig Dahl. 3. Ski equipment waits to be put into use. 4. Marty Jensen does his leg squats. 5. Rick Jacobson concentrates on benching. 6. Mel Benoy and Sue Franta calmly wait for ski bus. 7. Pitting everything into his lift is Mike Hughes. 8. WEIGHT CLUB BACK ROW: John Halley, Ken Olson, Brian Nieland. THIRD ROW: Bob McChesney, LeRoy Magnuson, Layne Lavandowska, Don Nielson, Scott Robinson, Jeff Hazeltine, Jim Pancake, Craig Bever, Pat Flaherty, Bob Robinson, Steve Sargeant, Bruce McGrath, Marty Jensen, Bill Smallidge, Doug Smith, Mike Hughes. SECOND ROW: Al Krane, Jim Plain, Dan Kelly, Paul Helin, Roy Elsenpeter, Steve Davis, Dave Schams, Tom Distler, Stu Smith, Scott Daninger, Steve Nelson. FIRST ROW: Jeff Thoreson, Scot Noleen, Craig Dahl, Mickey Grunhafer, Ken Giampollo, Tim Scanlon, Mike Immel, Mike Hanson, Brad Houle.

FHA and AFS Offer Varied Opportunities

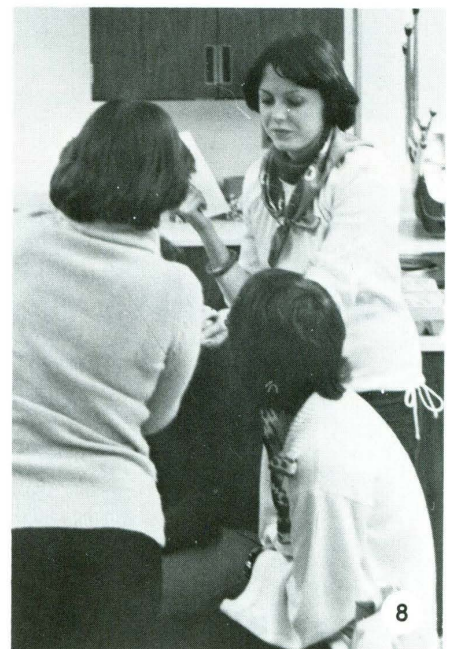
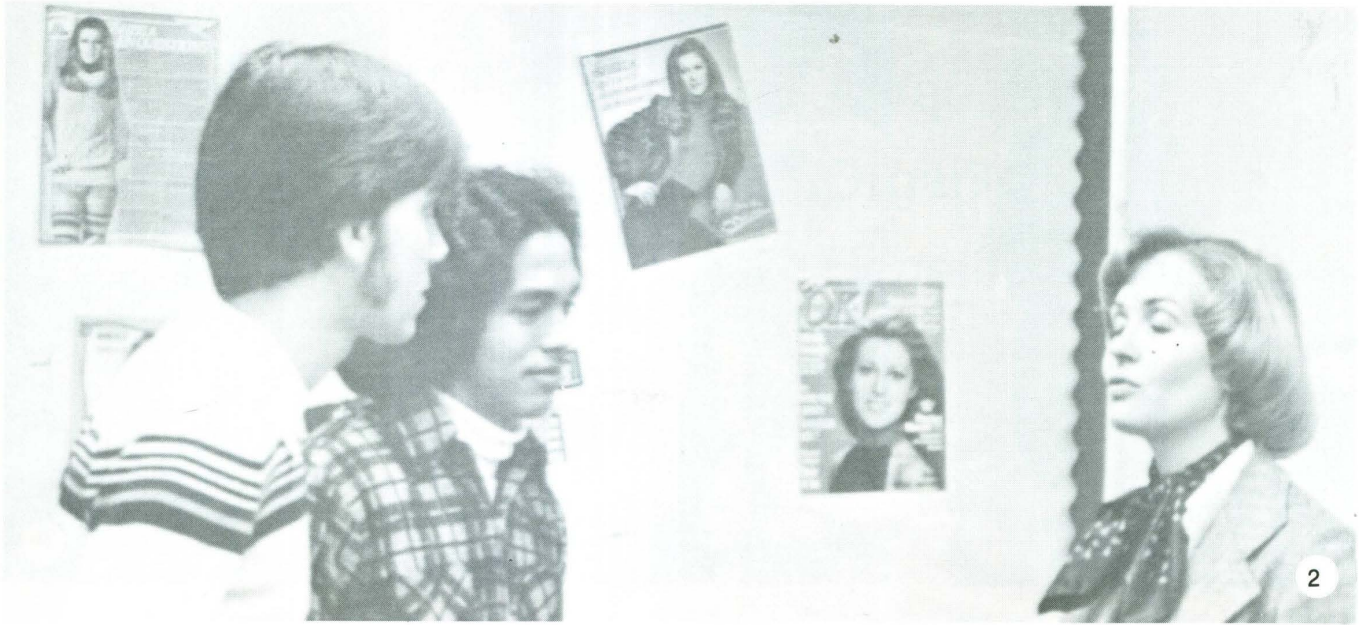
The Forest Lake Chapter of Future Homemakers of America (FHA) was active again this year. Miss O'Connell was the advisor and there were about 25 active members. The group has participated in many community activities throughout the year. A Scandinavian Dinner was held in November to raise money for a home ec scholarship. Other events were making pillows and preparing grooming packages for Cambridge State Hospital. The club sold helpful hints books to raise money for a cabin for the handicapped at Camp Courage. When the chapter is not busy doing something for others they do fun activities. They have gone to dinner theatres, Ice Capades and had winter parties and outings. The big event of the year is going to the state meeting at the Radisson Hotel.

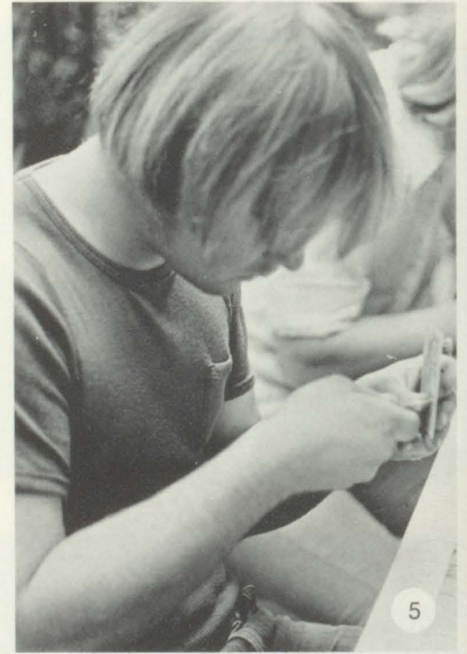
The American Field Service Club deals with exchange students. Each year two Forest Lake students are sent to a foreign country. Jon Trombley was one of the Forest Lake students; he was sent to Brazil this summer. Jackie Royer spent this year in Belgium. Forest Lake received three exchange students; Richard Hoffschneider was the student sponsored by the AFS program. Richard is a senior from the Mariana Islands. Richard was the guest at the welcome picnic at O'Brien State Park. His 18th birthday produced his first American T-Shirt. The Forest Lake Students met him at swimming, rollerskating and canoeing parties. He was also at many other activities.

AFS also got together with the French Club and put on a skit for Homecoming. Their efforts won them second place, demonstrating the school spirit that they helped spread throughout the year.

1. FHA BACK ROW: Cheryl Johnson, Peggy Duncan, Char Wallraff, Sue Clemens, Lori Dittbrenner, Shelly Robinson, Miss O'Connell, Advisor. FRONT ROW: Debbie Cronk, Melissa Boyer, Lori Johnson, Jodi Manfredini, Kelly Coyer. 2. Mrs. Sagstuen discusses the correct pronunciation of a word with exchange student Richard Hoffschneider, and Jon Trombley. 3. Sue Clemens always finds time for a smile. 4. Renee Erzar prepares food for a Speech Tournament. 5. What was that Miss O'Connell? Enjoying themselves at the Scandinavian dinner. 6. AFS BACK ROW: Monica Doepner, Kathy Haug, Barry Vornbrock, Nancy Kubes, Richard Hoffschneider, Debbie Kaufer, Jon Trombley, Pat Sullivan. FRONT ROW: Don Kent, Debbie Doucette, Judy Hebert, Carla Johnson, Marty Jensen, Bonnie Haus, Advisor Mrs. Sagstuen. 7. FHA is having an important meeting after school. 8. FHA Advisor Miss O'Connell, hands a member some information.









A Variety of Organizations Benefit FLHS

The electronics club with its ten members met after school on Wednesdays. With the guidance of Mr. Branson they built projects using electronic devises and facilities, and worked on their ham radios. Some members hope to get their amateur license soon. They also raised funds to get a radio controlled unit.

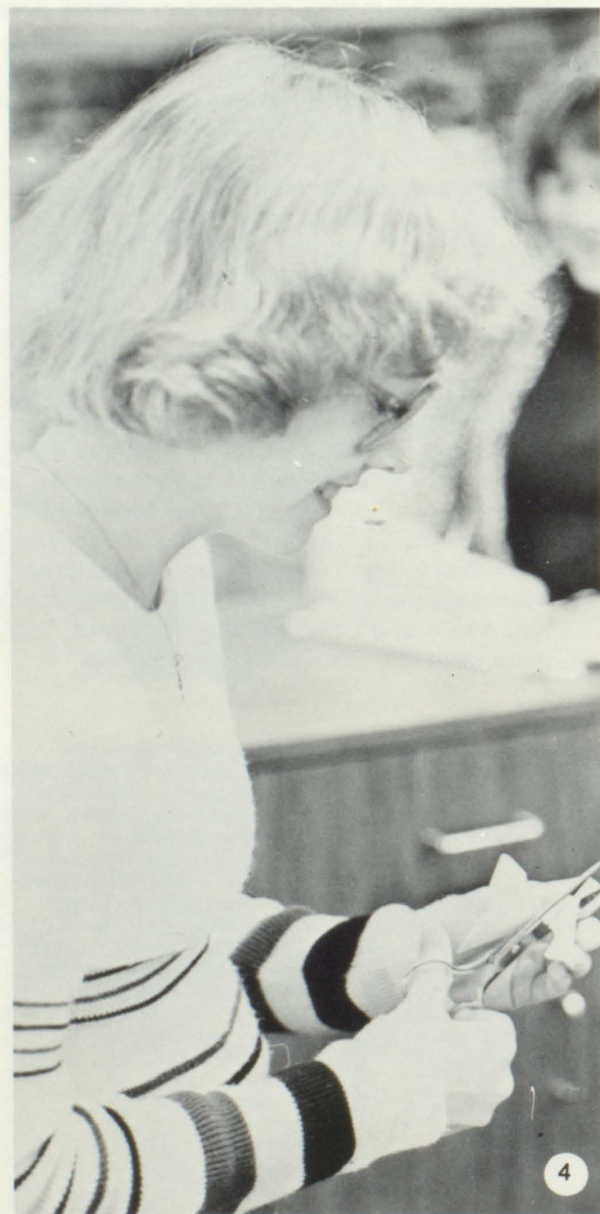


Under the leadership of president Melody Borne, vice president Ken Sterns, treasurer Joanne Erickson, and secretary John Allquist; the work experience club with its ten members held their meetings throughout the year with their advisor, Miss Wenker. During the year they held a bake sale to raise funds for field trips and recreational activities such as bowling, swimming and camping. They also continued their duties throughout the school, aiding many at FLHS in their staff responsibilities.

Office Education Association is a club activity of the office education program. OE is a cooperative organization where students work part time in an office, within the community, for high school credit and pay. The officers were: Judy Anderson, president; Linda Schleicher, vice-president; Lynn Lichtscheidl, secretary; Renee Johanson, treasurer; Cheryl Goulet, parliamentarian; Kim Atkins and Linda Bowker, historians. This year there were ten members in the club.



1. Judy Anderson carts candy down to the cafeteria for another day in the lunchroom. 2. ELECTRONICS CLUB BACK ROW: Tim Young, Pat Dahl, Bill Smallidge, Joe Kasper, Mr. Branson. FRONT ROW: Kent Anderson, Gene Lott, Mark Timmers, Le Meister. 3. Linda Bowker counts the day's profits. 4. Renee Johanson works. 5. A student works on his electronics project. 6. WORK EXPERIENCE CLUB BACK ROW: Leslie Reiling, Rodney Berg, Lori Otteson, Miss Wenker. FRONT ROW: Joanne Erickson, Melody Borne, Ken Steirns, John Allquist. 7. FLOEA BACK ROW: Linda Bowker, Char Leason, Renee Johanson, Julie Armstrong, Mr. Buys. FRONT ROW: Lisa Babcock, Lynn Lichtscheidl, Linda Schleicher, Kim Atkins, Cheryl Goulet, Judy Anderson. 8. John Allquist and Miss Wenker work on an assignment.





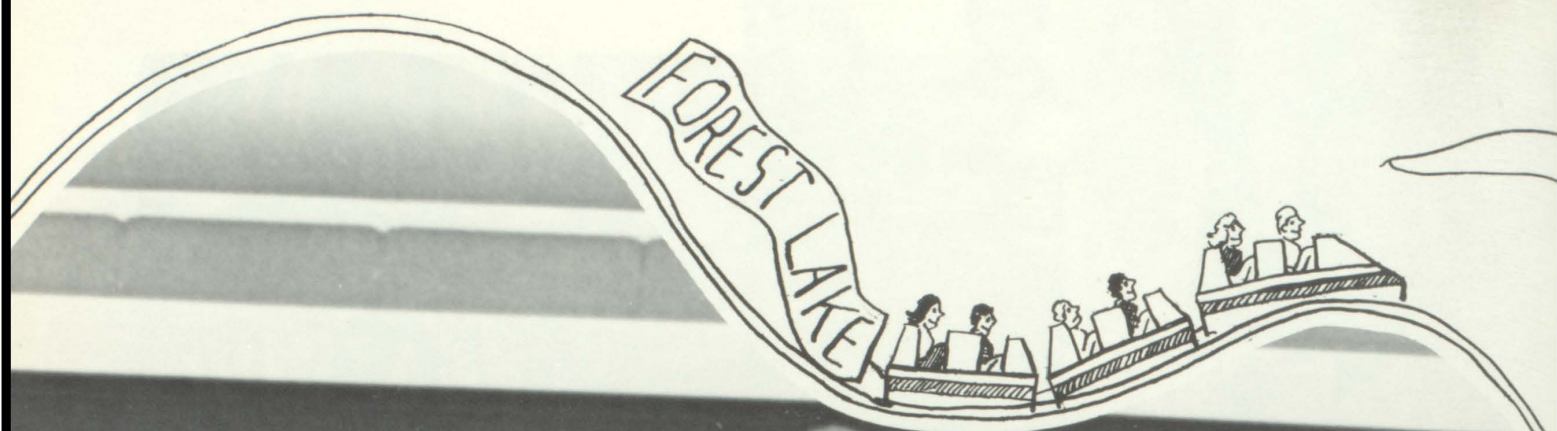
Aiding Our School

If you have looked in the library or in the office you have probably seen students helping out. The students who work throughout our school, are aides. They volunteered to contribute their help to keep our school running smoothly.

Library aides assist in the library by checking out books, magazines, and shelving books. Office aides assist by answering phones, doing errands, delivering messages and many other endless tasks. The aides are working during their study period. All of these students who aide in contributing to our school, are greatly appreciated.

1. GUIDANCE AIDES BACK ROW: Tammy Bourgoïn, Charlene Wallraff, Karen Shalander, Teri Teigland, Lisa Beckman, FRONT ROW: Linda Engstrom, Pam Chmielewski, Lori Johnson. 2. Bonnie Otto makes a point while two other aides listen. 3. OFFICE AIDES: Teri Teigland, Pat Bachman, Darci Pepper, Kitty Phillipi, Tom Houle, Bonnie Otto. 4. Library aide Maureen Collins, decorates the library over the Christmas season. 5. LIBRARY AIDES: Susan Costello, Cathy Scanlon, John Sullivan, Desiree Dauphinais, Rita Perreault, Maureen Collins, Terri Schultz. 6. Sue Windberg rests her eyes after working out a long problem. 7. AV AIDES: Joanne Erickson, John Allquist and Kevin Pitcher.






RANGERS





ATHLETICS

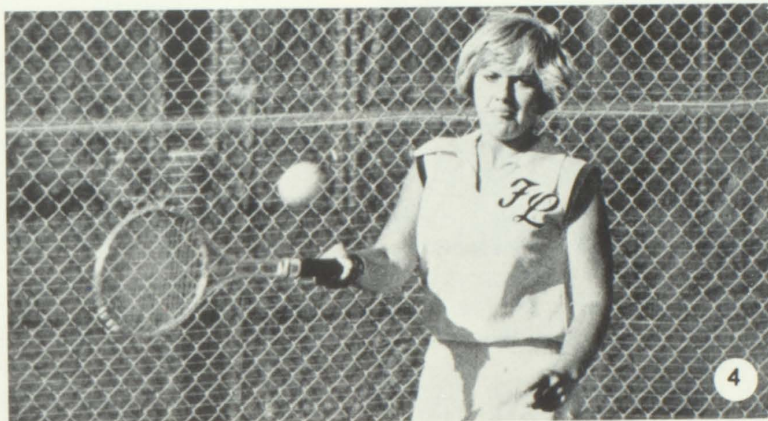


Athletes were constantly on the move. To hustle to practice, change clothes, warm up and be prepared for another grueling day of practice. Along with the thrill of victory and the agony of defeat, our athletes and fans learned sportsmanship and pride, in themselves and our school. They accepted losing as gracefully as they accepted winning.

The Many Faces of Athletes at Forest Lake High School



1. Scott Mack jumps high for a jump ball. 2. Craig Dahl gains strength by lifting weights. 3. Coach Blasko spots one of his many limber gymnasts. 4. Denise Hallberg concentrates on perfecting her swing. 5. Dave Miller wrestles to stay on top. 6. Opponents can't touch our football player. 7. Joe Schneider goes one on one with an opponent. 8. Sherri Siniff gains miles for the cross-country team. 9. Kerrin Burke shows her style as Sue Boleen looks on.



Spike

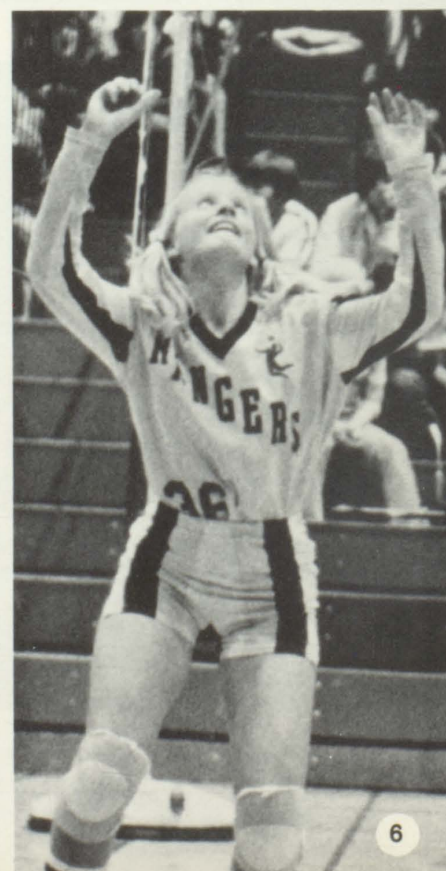
"I was pleased with the efforts of the team and impressed with their improvements throughout the year." These were the feelings expressed for this year's volleyball team by coach Joan Paulson.

During mid-season, the team was hindered by the injuries and illnesses of three of the starting players. With only one returning letter winner, Cindy Doege, the team still finished respectfully with an overall record of 11 - 12. In the last 11 games of the season, the team really came on strong; winning 7 and losing 4 and putting on an impressive performance in the Regionals.

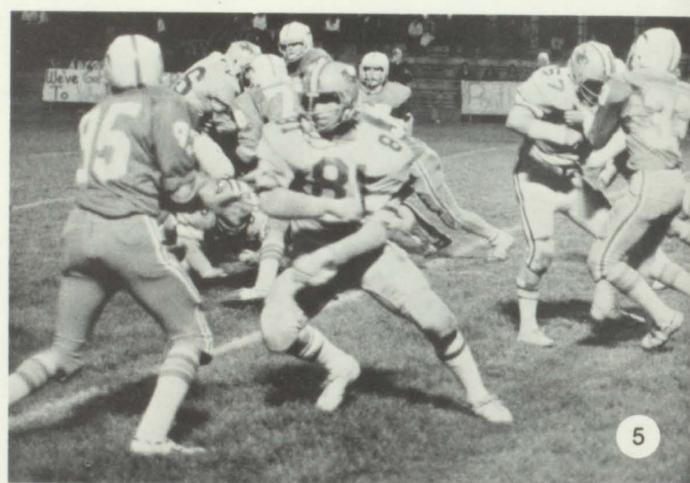
All-conference honors went to Cindy Doege, with honorable mention going to Kerrin Burke and Pam Petermeier.



1. A SQUAD VOLLEYBALL; BACK ROW; Kerrin Burke, Cindy Doege THIRD ROW; Coach Orrin, Nancy Goiffon, Mgr. Liz Bodine SECOND ROW; Jodi Briggs, Sue Boleen, Sandy Peterson, Jill Reiman, Dawn Zeiher, Coach Paulson FRONT ROW; Lisa Kennitz, Pam Petermeier, Jodi Martinson, Pam Bever 2. JUNIOR VARSITY; BACK ROW; Carrie Litchtscheidl, Nan Norton, Debbie Zaruba, Amy Weeks THIRD ROW; Deanne Quigly, Renee Ferderer, Kim Bergerson, Lori Olson, Liz Bodeen SECOND ROW; Coach Orrin, Lori Kunshier, Jill Sargeant, Henriette Morner, Lynn Nelson FRONT ROW; Cindy Winberg, Sheila Florhaug, Rocky Carlson, Gretchen Craver 3. B SQUAD BACK ROW; Beth Weeks, Connie Westergren, Michelle Grundhofer, Lori Lamprecht, Lynda Banta, Karen Peterson, De Ann Thode THIRD ROW; Coach Briguet, Mary Zwiers, Shelly Malm, Brenda Husfeldt, Terri Schultz, Debbie Herges, Diana Swanson, Mary Sargeant, Tracy Fiermoen SECOND ROW; Mona Anderson, Diane Marier, Rhonda Boyes, Teri Gort, Sue Beattie, Heather Jeans, Carolyn Cartier, Beth Strand FRONT ROW; Ann Schumacher, Mary Schwan, Kathy Wright, Alice Burgeson, Julie Jasicki, Brenda Boleen, Penny Plain 4. Cindy Doege winds up for a spike. 5. Pam Bever jumps high for a block. 6. Nancy Goiffon concentrates on a set. 7. The team shows their enthusiasm after another win. 8. The seniors are introduced during Parents' Night.









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What A Comeback

Working hard in the hot August sun, the Rangers prepared for their first game of the season against the conference champions Irondale. "Losing the first game shook a bit of the Rangers confidence" commented coach Backes, "but we were looking and feeling good towards the end of the season."

The Rangers' season ended with 5 wins and 4 losses. The team tied for fourth place in the North Suburban Conference with Anoka. Coach Backes said the team's regained confidence and steam from the fan support.

Weather was in climate for many of our games. Rain, wind and cold were endured by players on many Friday nights.

The Forest Lake Football team had three outstanding seniors named all conference this year. They were Todd Phillips, Scott Daninger and Craig Bever. The Rangers starting lineup was made of talented players to give their energy and enthusiasm to a successful Ranger season.



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1. The gridders run through another summer practice. 2. The fans stand to watch another Ranger touchdown. 3. Jeff Gort passes to a teammate. 4. Todd Phillips and Marty Jensen block for their teammate Jeff Hanson. 5. Under the lights, the team looks tough. 6. Sheri Wells gives Dave Tetrault a bite out of a caramel onion while Todd Phillips impatiently waits. 7. A SQUAD FOOTBALL
BACK ROW; Mgr. Ron Iverson, Andy Marg, Bob Robinson, Jeff Gort, Jim James, Bruce McGrath, Scott Noleen, Craig Lindstrom, Steve Kroska, Tom Quammen, Kevin Gudmundson, Mike Weir, Mgr. Craig Dahl
THIRD ROW; Coach Anderson, Coach Lautigar, Kelly Dunn, Jim Pancake, Shawn Dolan, Joe Schneider, Paul Kendrick, Tom Stachel, Al Crane, Leroy Magnuson, Micky Grundhofer, Jeff Haseltine, Coach Backes
SECOND ROW; Joel Johnson, Dave Tetrault, Greg Steele, Ron Petroske, Tom Moore, Marty Jensen, Bob Radtke, Brian Husfeldt, Wes Peterson, Jon Olson, Jeff Olson, Lance Haseltine
FRONT ROW; Dennis McDonald, Todd Phillips, Mike Hughes, Jeff Hanson, Steve Sargeant, Doug Smith, Scott Daninger, Jeff Thoreson, Craig Bever, John Schumacher, Todd Thiry
8. The Rangers fire up for the Homecoming victory.

Duece

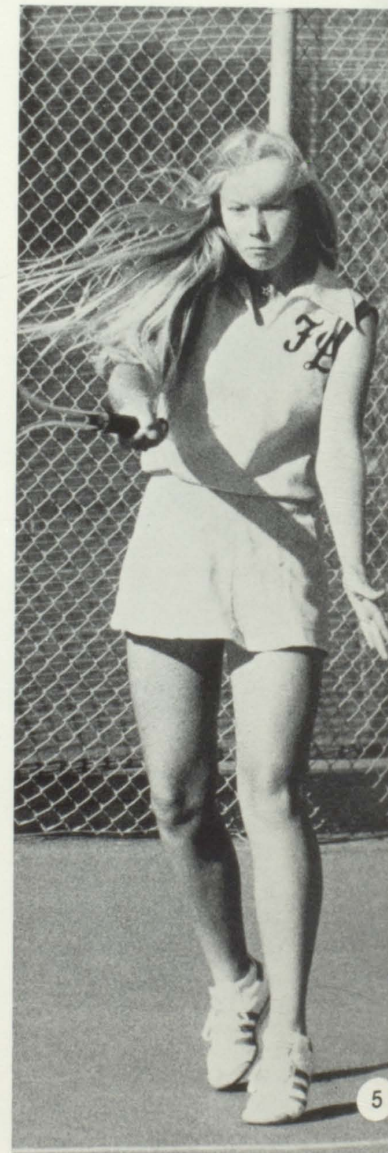
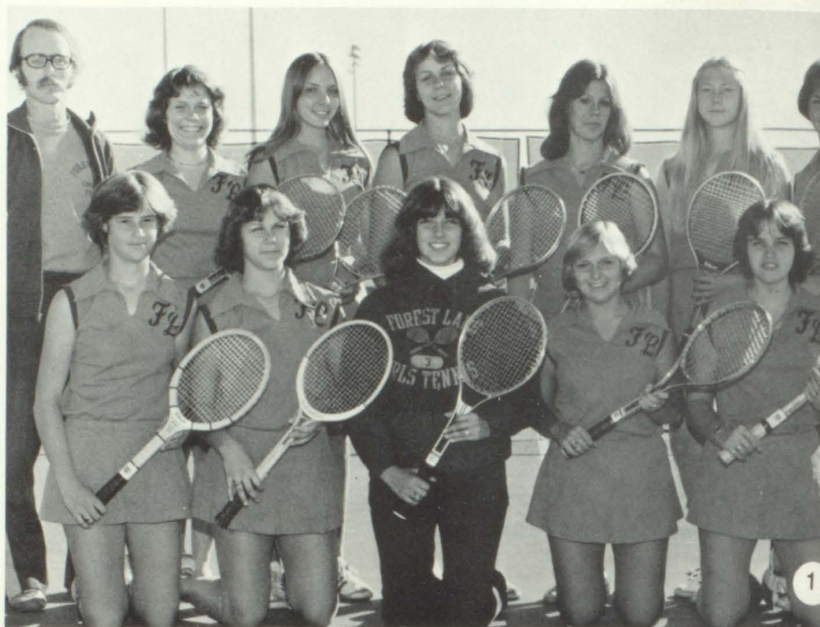
The rackets started swinging early this fall on August 15. Varsity, coached by Charlie Chalberg, and junior varsity, coached by Debbie Muralt, found themselves sharing four courts in a two hour block. Occasionally, the junior varsity helped out by jogging to the other courts at Southwest Junior High.

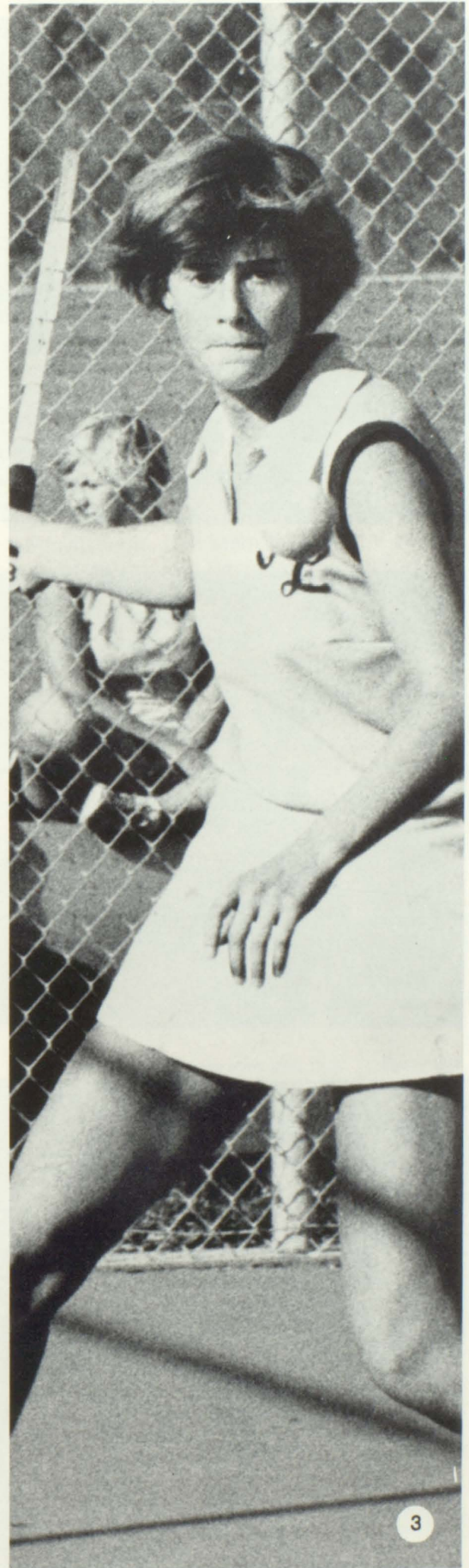
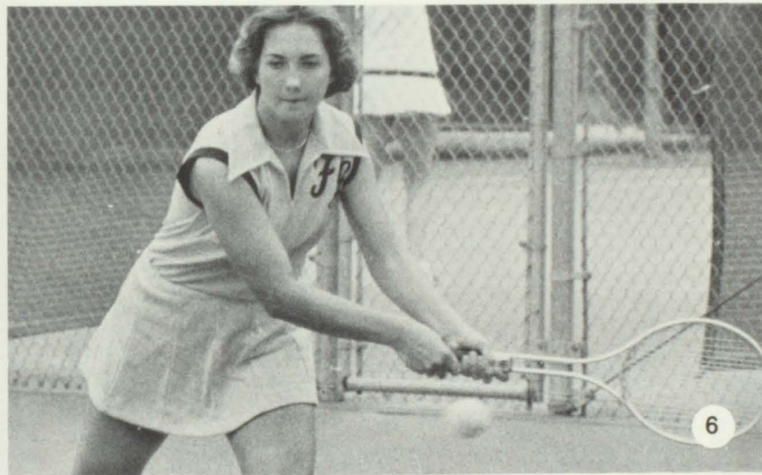
In the North Suburban Conference, the team's record was much similar to last year's but improvement was greatly shown. The Honorable Mention Award went to senior Laurie Purdie and junior Colleen Remitz.

In regional competition, the team lost a close match to Tartan Park, a team ranking highly at state.

The Forest Lake Girls' Tennis team will be losing eight great seniors and the rest of the team wish them luck.

1. A SQUAD TENNIS BACK ROW; Coach Chalberg, Nancy Johnson, Lynn Lynch, Christy Serbus, Laurdie Purdie, Pam Johnson, Karen Johnson FRONT ROW; Colleen Remitz, Carrie Serbus, Julie Feils, Denise Hallberg, Cindy Genin 2. Lynn Lynch concentrates on a return serve. 3. Colleen Remitz uses her effective forehand. 4. Denise Hallberg puts all her might into her next swing. 5. Pam Johnson steps into her next swing. 6. Karen Johnson demonstrates her two handed grip. 7. B SQUAD TENNIS BACK ROW; Cathy Schlangen, Amy DeHaven, Vicki Waataja, Mary Koch, Jean Gunderson, Jodi Stockdill, Laurie Lindberg, Coach Muralt FRONT ROW; Sarah Houle, Julie Jergens, Kelly Nelson, Mary Seiler, Carrie Berge, Nancy Gessner, Cheryl Howard.









Running Made Easy

This year the Cross Country for FLHS was represented by both a boys and girls team and was coached by Mr. Bob Fedderly.

The boys' team lead by captains Lee Nelson, Rich Haus, and Doug Banta had a very successful season. Although hampered by some injuries during the season, steady junior varsity runners moved up and helped hold the team together. One of the team's highlights of the year was the Forest Lake Invitational, where varsity placed three runners to win the meet. Junior varsity also won to make Forest Lake the outstanding entry of the invitational. The team finished the season with a fifth place in Regional competition.

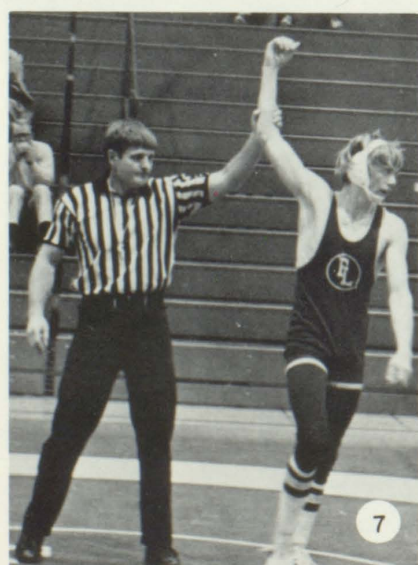
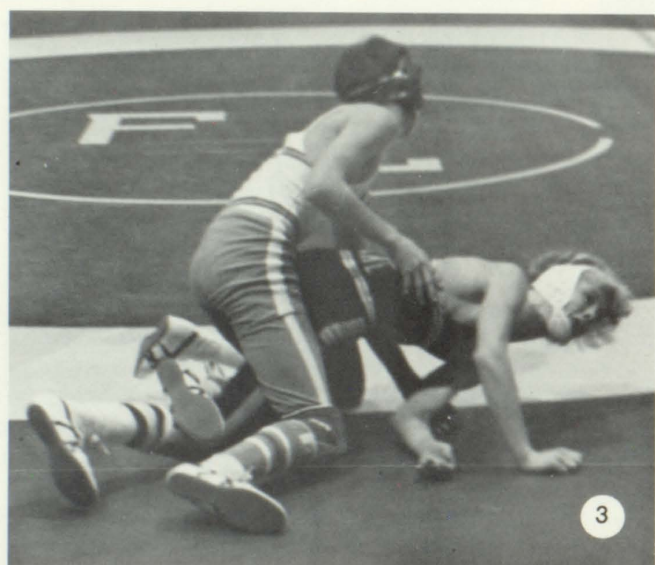
The girls also did an excellent job this season, led by captains Sandy Olson, Rena Marier, and Bridget Dolan. The girls also turned out an excellent result from the Forest Lake Invitational, first place.

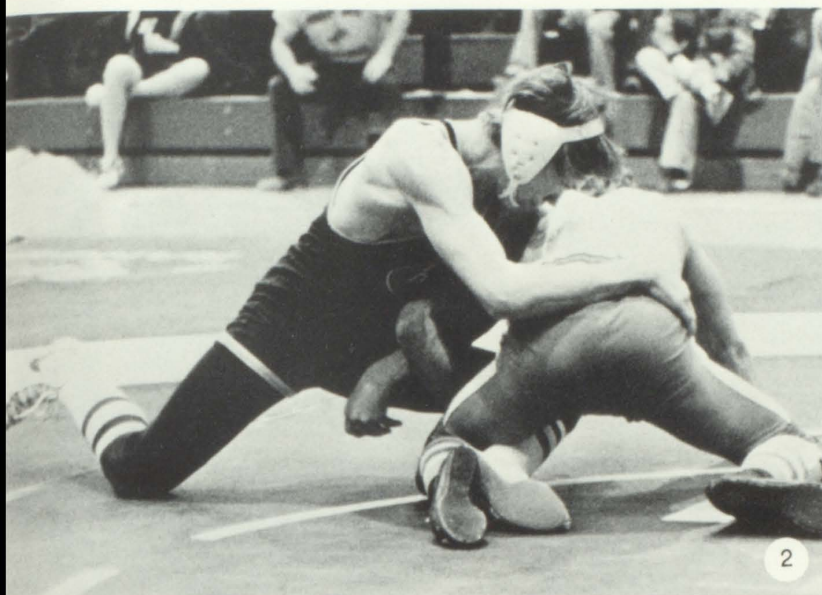
This was only the girls' second season as a team, but they still had the talent to finish seventh in their region out of thirteen entries.

Many athletic sports can only be seen during certain seasons of the year, but many of the Cross Country members run all year long. Before the Cross Country season even started, many ran between 100—500 miles during the summer and continued their training beyond the Cross Country season throughout the winter.



1. The Cross Country boys start their race. 2. Rich Haus, Mark Moraczewski, and Dave Anderson run towards the finish line. 3. Sandy Olson and Dawn Marsh cheer on the boy runners. 4. Mark Moraczewski shows both pain and endurance. 5. CROSS COUNTRY TEAM BACK ROW; Coach Fedderly, Rich Haus, Matt Moraczewski, Bob Moore, Mark Hudak, Gerry Proulx, Layne Lavandowski, Bob Proulx, Steve Pratt, Gerry Schmidt, Randy Haus MIDDLE ROW; David Anderson, Doug Banta, Mark Moraczewski, Pat Kelly, Ron Schmidt, Lee Nelson, Rick Wolff, Brad Weeks FRONT ROW; Dawn Marsh, Sandy Olson, Bridget Dolan, Dawn Krinke, Rena Marier, Sherri Siniff, Laurie Young, Sue Olson 6. The girls' Cross Country team starts their race.





Rugged Wrestlers Retain Respect

This year was one of the best seasons for wrestling. Coached by Mr. Dettmer, Mr. Reiman and Mr. Pogreba, the team worked hard and produced remarkable results. This years' tri-captains were Joel Buys, Tom Moore, and Jeff Tessier. "The team has been having some ups and downs but will go on strong for the regions," commented Buys. This year, a change was made by the North Suburban Conference concerning the order of the individual matches according to the weight classes. Members of the conference decided that meets should not start at the 98 pound weight class, instead, the meets would progressively start with the next highest weight class. With the support of many fans and the mat aides, along with hard work and self determination, this year's team had a very successful season.

1. B-SQUAD WRESTLING TEAM BACK ROW: Brad Olson, Randy Neff, Bob Rogowski, Chuck Magnuson, Scott Peterson, Jeff Reiman, Dave Gustafson, Jon Jagger, Bob Neal, Rick Shuster, Dave Leckie, Roger Lueken, Tony Vitek, Kevin Gudmundson. MIDDLE ROW: Coach Tom Pogreba, Troy Switzer, Mike Houle, Mark Banta, Kevin Johnson, Tim Hanson, Greg Hinrichs, Rick Haus, Bob Arnold, Jeff Flaherty, Willy Wilson, Mike Weir, Coach John Reiman. FRONT ROW: Mark Fredrickson, Mike Neuman, Randy Haus, Mark Chilson, John Calvin, Ron Schmidt, Tim Tessier, Tom Larson, Mark Pogose, Jerry Schmidt, Joe LaBelle, Doug Banta. 2. More concentration demonstrated by Tom Moore. 3. Reverse! (Mark Fredrickson) 4. Tom Pearson goes for a takedown. 5. An action packed Ranger match. 6. A Ranger wrestler pins again! 7. Another victory for Tom Moore. 8. A-SQUAD WRESTLING TEAM BACK ROW: Tom Moore, Joel Buys, Jon Olson, Rick Schrom, Mark Lange, Manager Kelly Dunn, Coach Bob Dettmer. FRONT ROW: Mark Moraczewski, Glen Young, Dave Miller, Doug Jeans, Kelly Geston, Jeff Tessier, Tom Pearson. 9. Our matmen will put up with anything to pin their man. (Mark Moraczewski)

Girls Build Up A Blazing Season

The Rangers have the ball, they take it down the court, aim and SCORE! The girls basketball team wins again! Though the competition was tough the girls had a good season this year under the direction of Coach Paulson and Coach Gunderson. The varsity squad consisted of fourteen girls and the B-squad had twenty girls. Even though the girls had a height disadvantage, they did a great job and we can all be proud of our 1977-78 girls' basketball team.



1. Battling for the ball is Kathy Larson and Cindy Doege. 2. Two points by Kathy Larson. 3. Aiming for the basket is Pam Bever. 4. VARSITY BACK ROW: Coach Paulson, Penny Hockensmith, Dolly Hibbison, Mary Lundberg, Lori Young, Cindy Doege, Kathy Larson, Colleen Remitz, Coach Gunderson. FRONT ROW: Sandy Peterson, Sheila Florhaug, Terry Paulino, Sandy Olson, Pam Bever, Janet Royer, Pauline Ash, Linda Banta. 5. Jump Ski High! (Kathy Larson). 6. B-SQUAD BACK ROW: Gail Asquith, Terri Schultz, Kay Wilhelm, Brenda Husfeldt, Debby Herges, Kathy Wright, Karen Peterson, Denise Goiffon, Mary Sargeant, Sue Beattie, Kelly Theno, DeAnne Thode, Coach Gunderson. FRONT ROW: Chris Phleger, Ann Schumacher, Sue Olson, Jackie LeVesseur, Amy DeHaven, Dennise Royer, Terri Gort, Cheryl Templeton. 7. Cindy Doege once again puts up a winning effort for her team.





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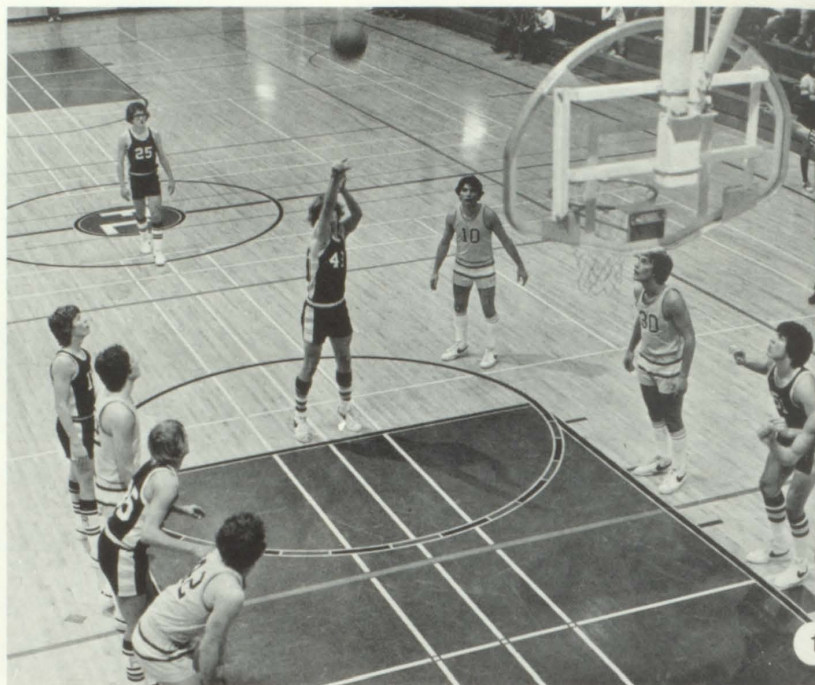
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F. L. Basketball Team Gains New Coach

This season the basketball team has a new coach, Mr. Sam Mills. It isn't easy for a coach to come into a new school and take over a basketball team. Coach Mills didn't know what to expect from the North Suburban Conference or from the boys. However, he found a core of hard working athletes, anxious to improve their basketball skills.

Even though they suffered a discouraging season, the individual improvement could be seen. Mr. Mills felt that they had improved as much as anyone in the league by the end of the season. This years' juniors will also have the added experience to be next years' team leaders.

1. Aim carefully Scott Mack. 2. Rebound! Rebound! (Jeff Gort, Scott Mack) 3. Scott Mack and John Schumacher race for the ball. 4. B-SQUAD BACK ROW: Coach Poupard, Wayne Bowker, Scott Kohls, Mark Reese, Jeff Miller. SECOND ROW: John Olson, Pat Spence, Pat Houland, Dan Lindgren. FRONT ROW: Dave Goldman, Butch Meyman, Steve Beattie, Kurt Leason, Joe Kasper. 5. Jeff Gort, Jim Bullard and Scott Mack demonstrate Ranger skill. 6. Working hard for another basket. (Mark Moen). 7. Tom Stachel marks the basket as a target. 8. VARSITY BACK ROW: Coach Mills, Mike Hovland, John Schumacher, Dan Wetterstrom, Steve Peterson, Coach Anderson. SECOND ROW: Coach Poupard, John Olson, Scott Mack, Pat Spence, Scott Kohls, Gary Iverson. FRONT ROW: Jeff Gort, Jim Sovick, Jim Bullard, Mark Moen, Tom Stachel. 9. Scott Mack scores again.

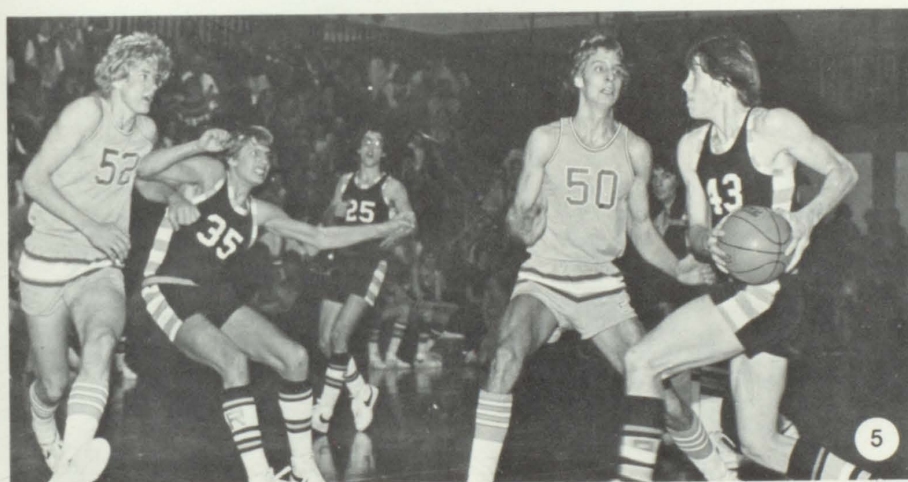




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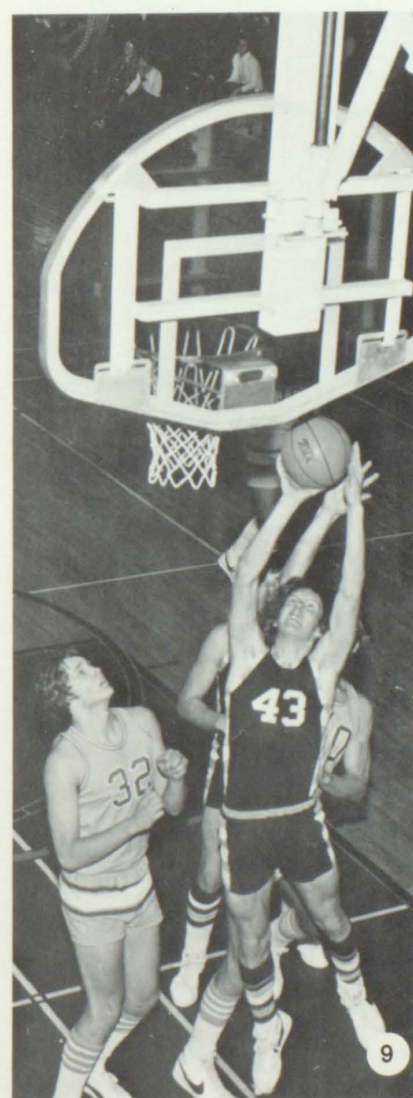
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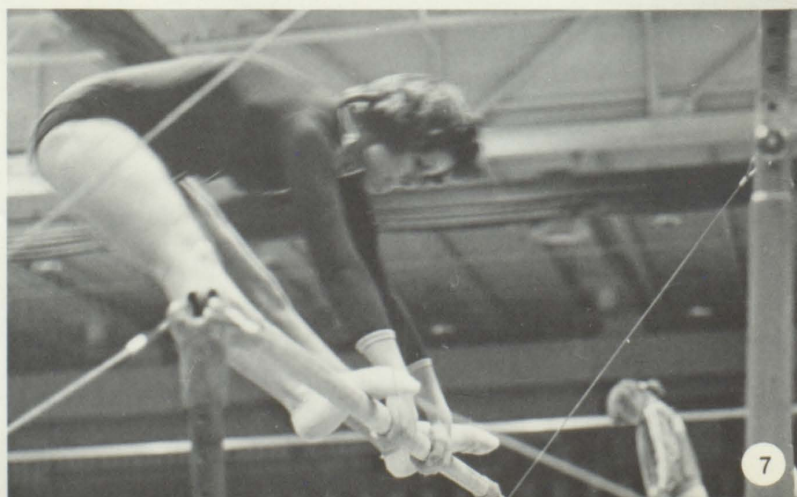
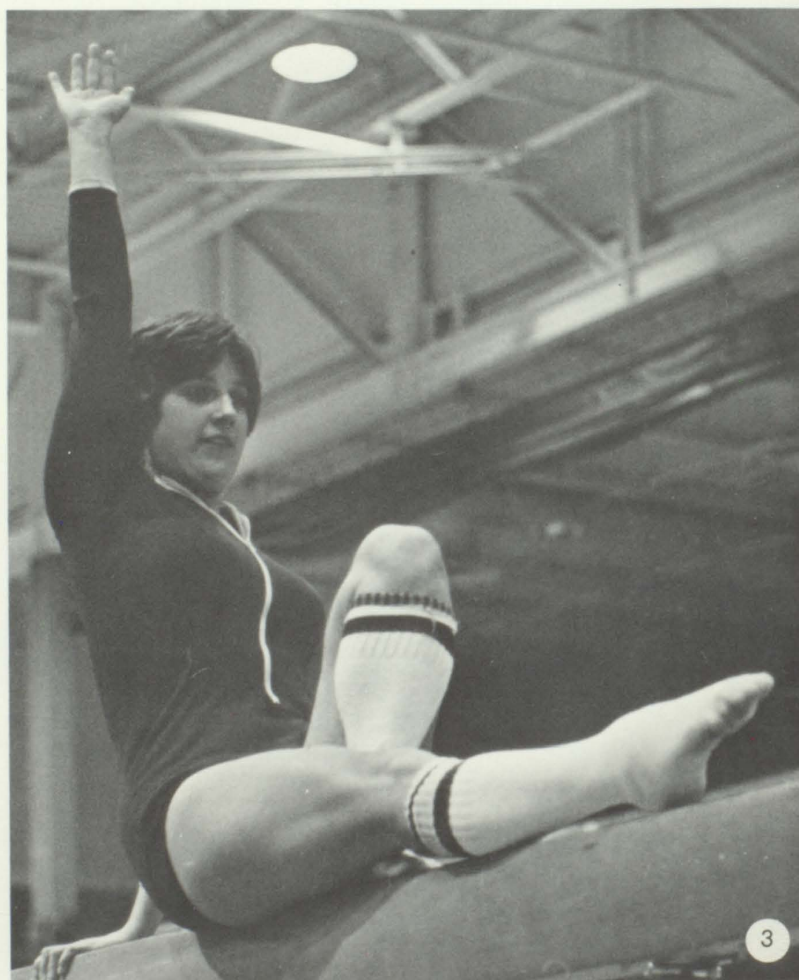
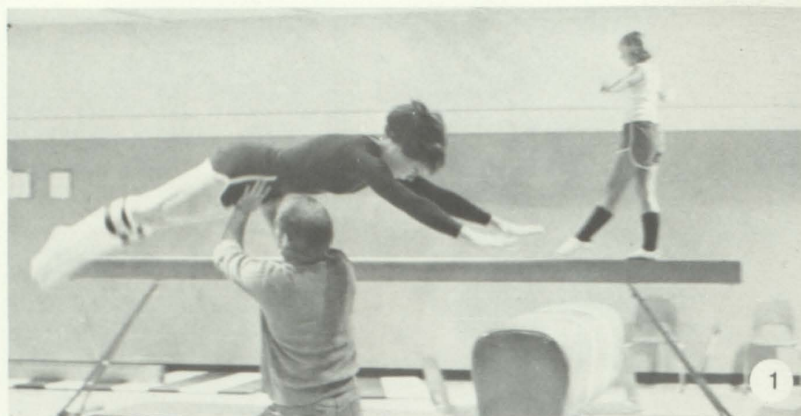


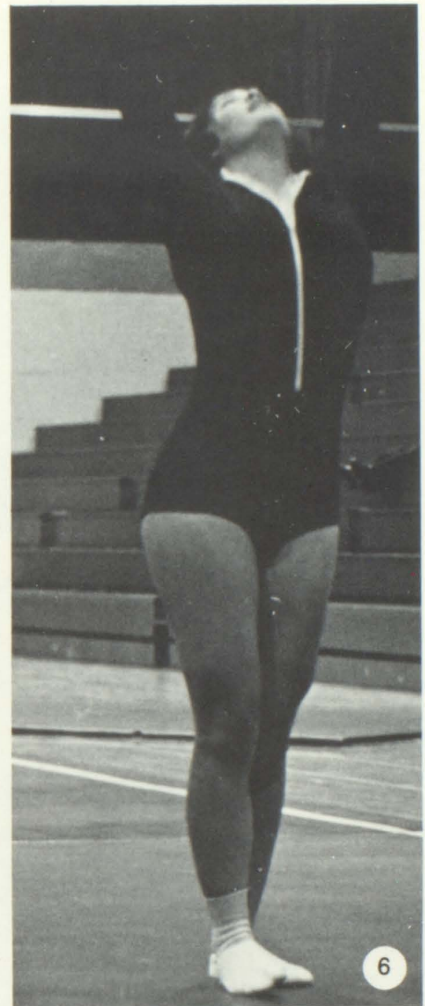
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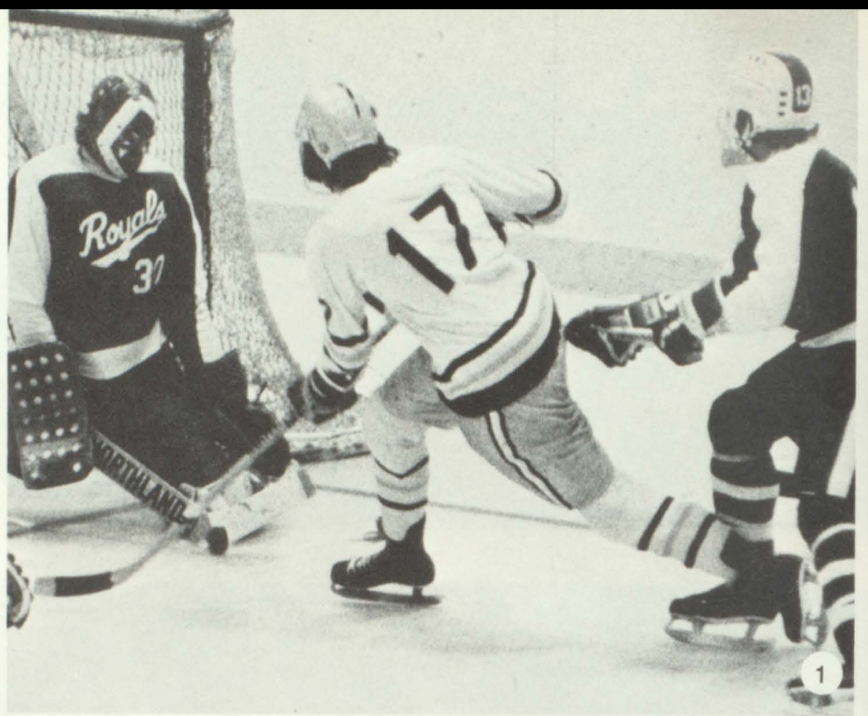
Gymnasts Stay On Toes

By following the example set by the team last year, the gymnastic squad improved in their grace and style. By working on their form and consistency, they managed to capture many first placings. Although hindered by sprained ankles, captains Jo Gunderson and Jodi Martinson kept the team on their toes. By a total team effort, the chance to send individuals or the team to state was not far off.

1. C. Serbus practices a lay out with help from Mr. Blasko. 2. The gymnasts stretch before a meet. 3. Julie Saxe performs on the beam. 4. Linda Ensrud practices her beam routine. 5. A member dismounts from the beam. 6. The final position of a gymnasts routine. 7. C. Serbus shows determination on the bars. 8. Linda Ensrud does her beam routine with a smile. 9. GYMNASTICS TEAM BACK ROW: Maureen Collins, Dawn Zeiher, Ruth Jeans, Kathy Richert, Denise Hallberg, Julie Saxe, Jodi Martinson, Jo Gunderson, Mary Houle, Margo Timm. MIDDLE ROW: Coach Johnson, Cindy Olsen, Christie Serbus, Vicki Bergeron, Carrie Serbus, Lori Kunshier, Chris Niemczyk, Laurie Lindeberg, Cindy Fisher, and Mr. Blasko. FRONT ROW: Sue Lamere, Linda Ensrud, Sue Burke, Jean Cincoski, Jane Dickey.









Pucksters Set Records

Under the leadership of captains Bruce Carlson, Tom Heryla and Steve Kroska, the pucksters compiled a record of 6-0 before the Christmas Tournament. With only three seniors on the team coaches Doug Peltier and Ken Mikolajczyk looked towards the juniors and sophomores in the hope of building an even stronger team for the upcoming years.

Even though the team was hampered by injuries throughout the season, the boys made up for it by the hustling, passing and shooting. With Steve Kroska the leading scorer, the team broke record after record set by the FLHS hockey players in previous years.

Despite constant pressure, goaltender Tom Heryla also managed to turn in outstanding performances game after game.

The growing interest in hockey by the community added many fans and spirit to the games. For all those involved this year has been a memorable one.



1. Richard Quigley looks for an opening in the net. 2. Jim Forsell shows his style with a backshot. 3. Steve Kroska skates down the ice. 4. Ranger icemen show their spirit before the game starts. 5. Goaltender takes a spill during a Ranger game. 6. **HOCKEY TEAM BACK ROW:** Coach Doug Peltier, Doug Evgen, Andy Marg, Brad Worth, Bruce Carlson, Jim Forsell, Steve Kroska, Craig Lindstrom, Shawn Dolan, Coach Ken Mikolajczyk. **SECOND ROW:** Brian McLaughlin, Joe Schneider, Matt Marx, Rich Quigley, Paul Kendrick, Dan Mader, Greg Isaacson, Jim Henrickson. **FIRST ROW:** Tom Heryla, Mark Kasma, Scott Krizan, Tim Henderson, Nick Lindeberg, Dave Preston, Mike Solem, Joel Nelson, Dirk Anderson, Dave Hadlich, Rob Kangas. 7. Jim Forsell carries the puck down the ice. 8. Cheerleading can be a cold experience. (Terri Tyler and Jody Arneson.)

We Got the Spirit Yes We Do

You can be a player, manager, pompon girl, statistician, pep-band member, cheerleader, mat aid, concessions worker, or just a true Ranger fan. It takes a combination of all these people and more to make a team and create the pride and the spirit of Forest Lake.

Although everyone does not actually compete in a sport, they could consider themselves just as important as the competitive athletes themselves.

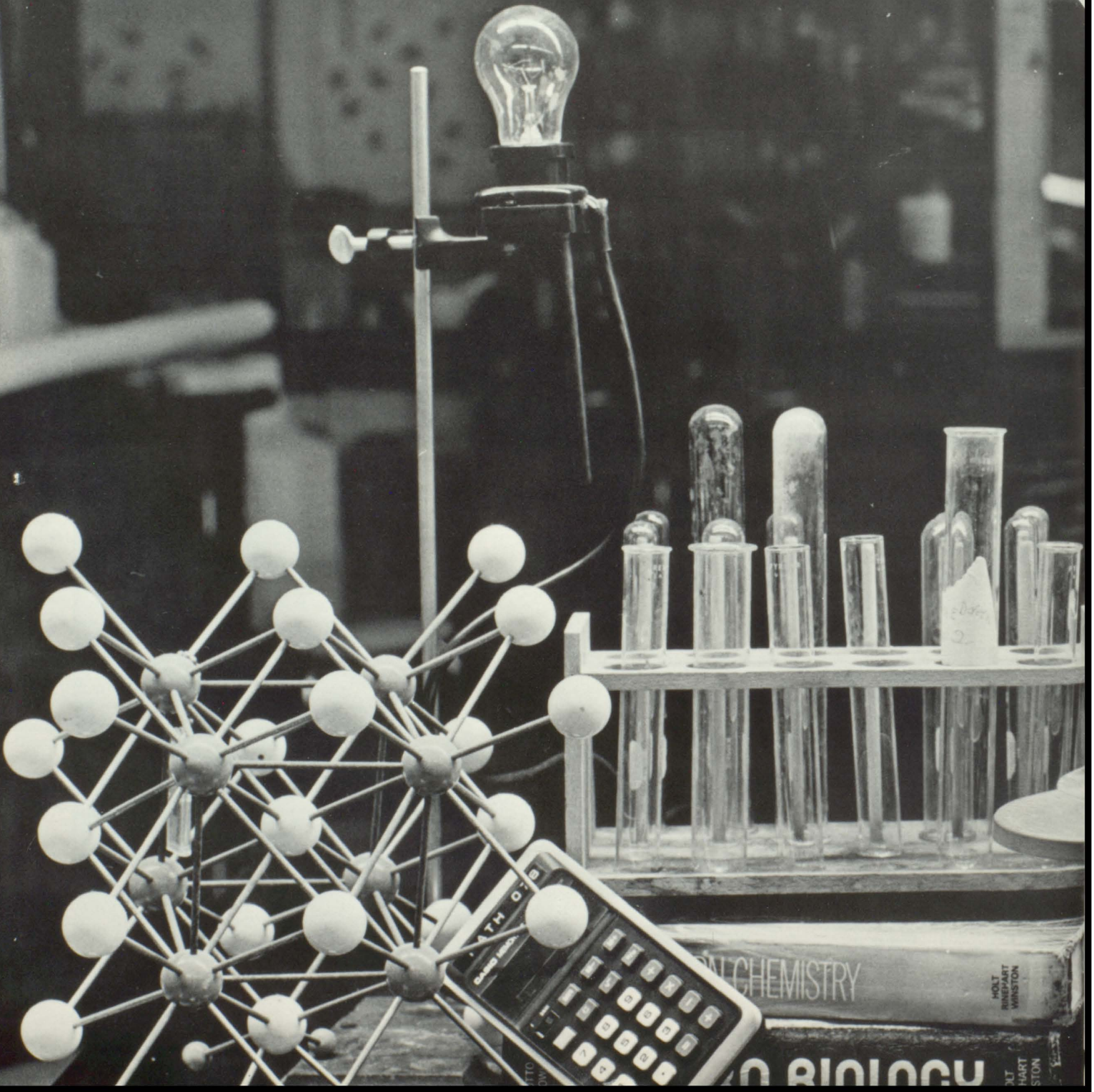
Coaches appreciated the help of the statisticians, and mat aids who helped at the games and tournaments. They provided spirit and helped back the team. Cheerleaders and pep-band members worked together to get Rangers fans into the spirit of things. These enthusiasts take pride in their teams and were a great incentive to the crowd and the players. The students at Forest Lake Senior High truly do have something to be proud of. The spirit of FLHS was exhibited this year by many students in many different ways. Taking pride in FLHS and having been an active part of sporting events will remain one of the most precious of high school memories.

1. MAT AIDS BACK ROW: Jackie Nelson, Pam DuPaul, Lynn Sheree Lynch, Kim McKenzie, Nadine Peitz, Carrie Berge, Kay Fangmeier, Advisor Carol Moore. SECOND ROW: Sandy Anderson, Mary Beth Ostrand, Sheri Muller, Bonnie House, Marya Mattson, Barb Robertson. FIRST ROW: Susie Erickson, Dawn Zeiher. 2. Mat Aides have an important meeting about the next wrestling meet. 3. The proud Ranger mascots of 1978. 4. BROTHERS BACK ROW: Brad Weeks, Dave Juhl, Lance Haseltine, Dave Anderson, Pat Flaherty. FRONT ROW: Perry McGowan, Kurt Brungardt, Jonathon Lien, Andy Brasmer, John Kelly, Scott Henderson. 5. Pep band adds their spirit. 6. RANGERETTES BACK ROW: Nancy Kubes, Kelly Johnson, Donna Krech, Kathy Skoog, Dee Morg, Debbie Merrill. FRONT ROW: Ione Oberg, Bernie Robinson, Vicki Higgins, Terry Lord, Debby Pope. 7. Bernie Robinson takes part in a Rangerette performance. 8. The FLHS gang shows their enthusiasm. 9. Siamese wrestlers show their talent on the mat at a pepfest.

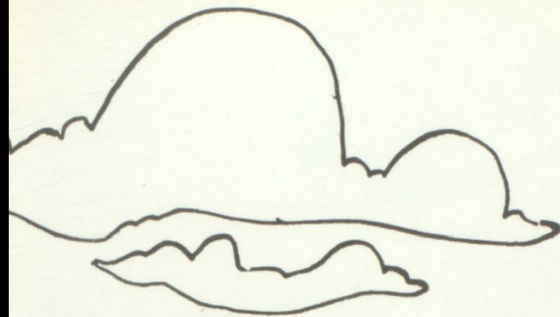




FOREST LAKE



ACADEMICS



This year added nine new teachers and one Assistant Principal to our already large force of sixty-nine. Classes were formed for the high potential and the low achieving students. Through joint effort of students and staff members, many educational goals were achieved during the school year.



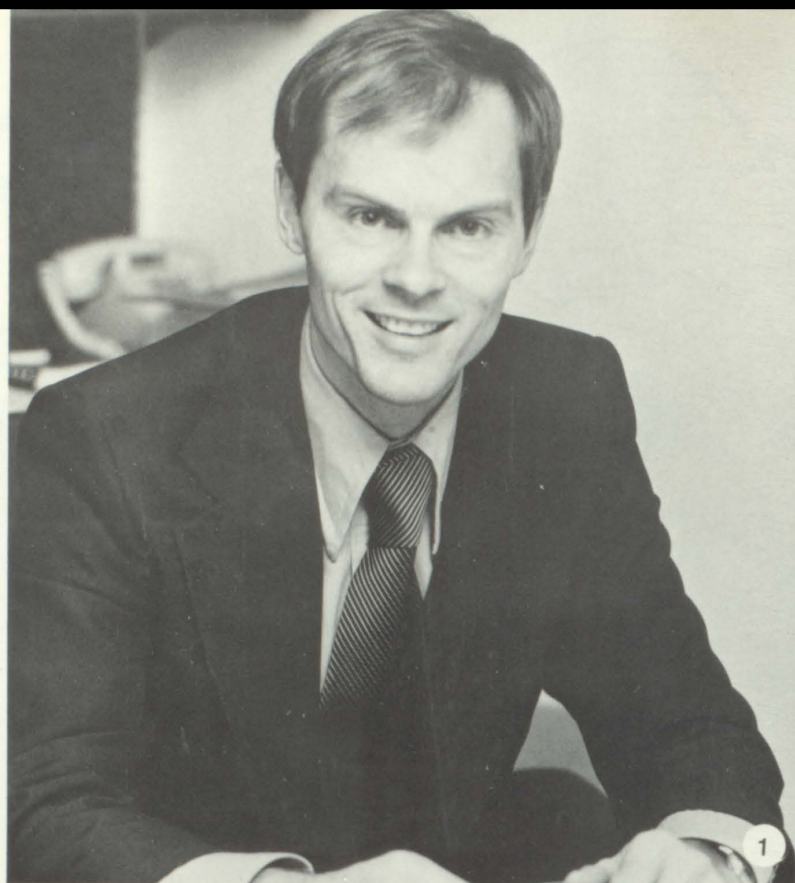
FLHS Staff Works Towards Common Goals

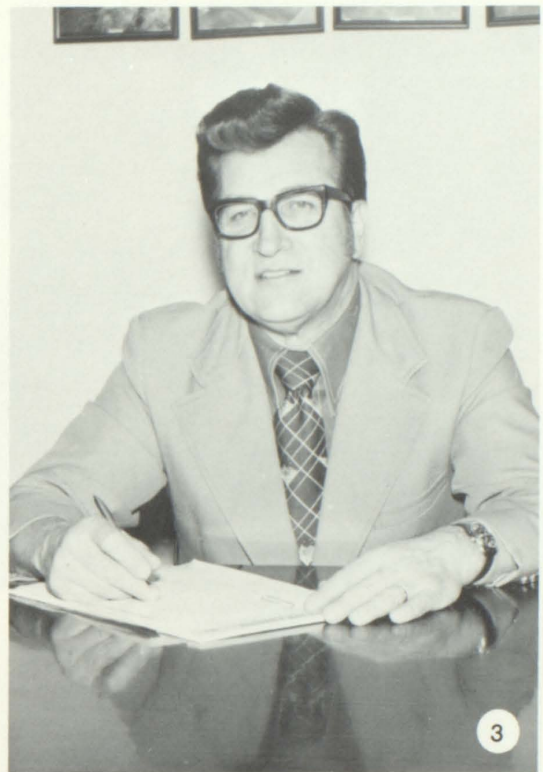
Each staff member at FLHS plays an extremely important part in the achievement of school goals. The role of the administrators take on organizing and managing the large student body and numerous faculty members. Each teacher also works not only with individual student needs, but towards the attainment of departmental goals as agreed upon by department members and administrators.

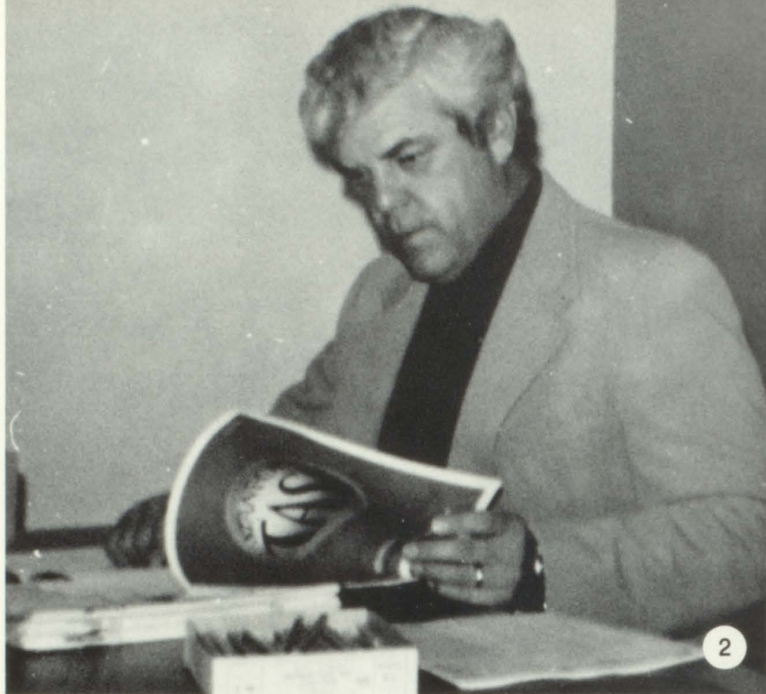
All administrators and faculty members also realize the value of the secretaries, aides, cooks and custodians. They took care of all of these numerous tasks that enable FLHS to function smoothly throughout the year.

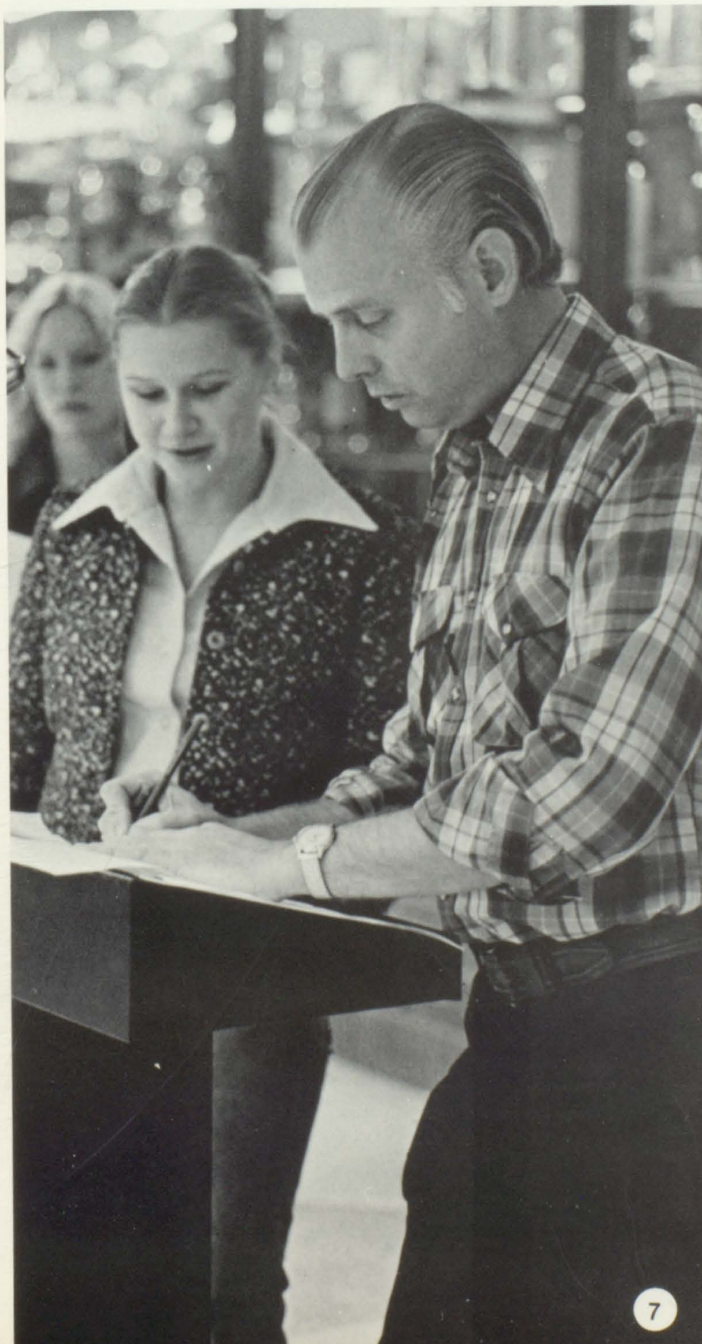
By the total effort of each staff member the school kept running smoothly, with the needs of each student always in mind.

1. William Rand, Principal. 2. SCHOOL BOARD BACK ROW: Richard Traugott, Richard Stright, Otto Wirgau. FRONT ROW: Vernon Boettscher, John Jergens. 3. Bernhard Bartel, Superintendent. 4. Mary Athey, Assistant Principal. 5. Elizabeth Frigstad, Nurse. 6. Irene Valenty, Health Clerk. 7. Russ Cooper, Assistant Principal. 8. SECRETARIES: Melba Sahlin, Pat Jones, Barb Larson, Marianne Tuominen.





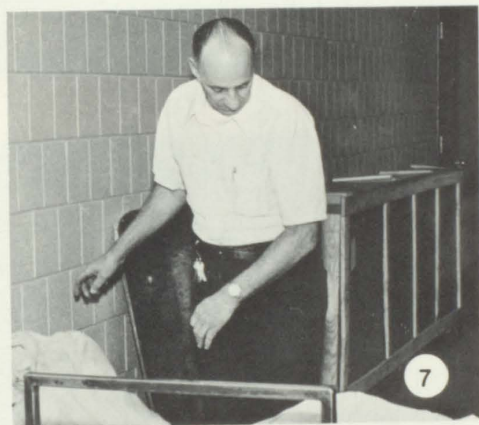


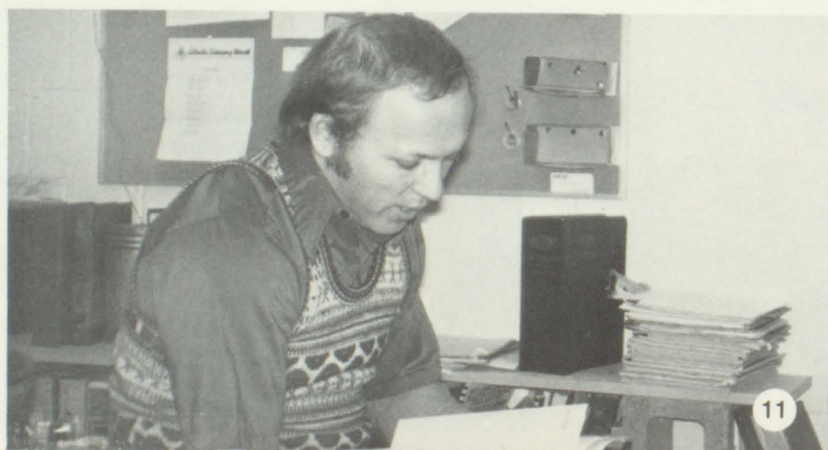
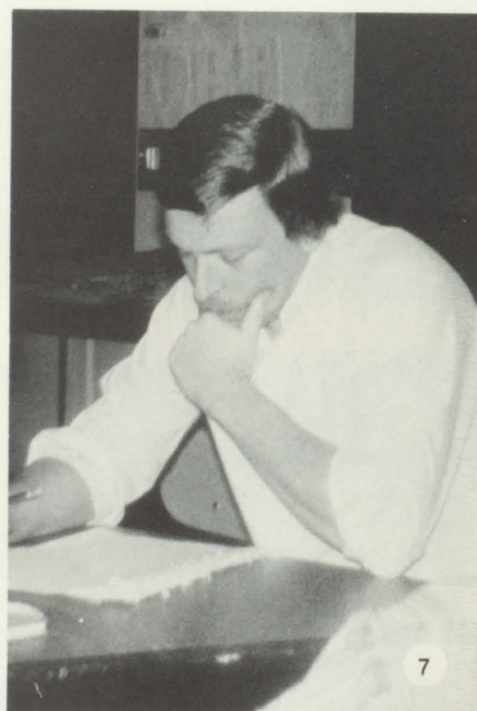
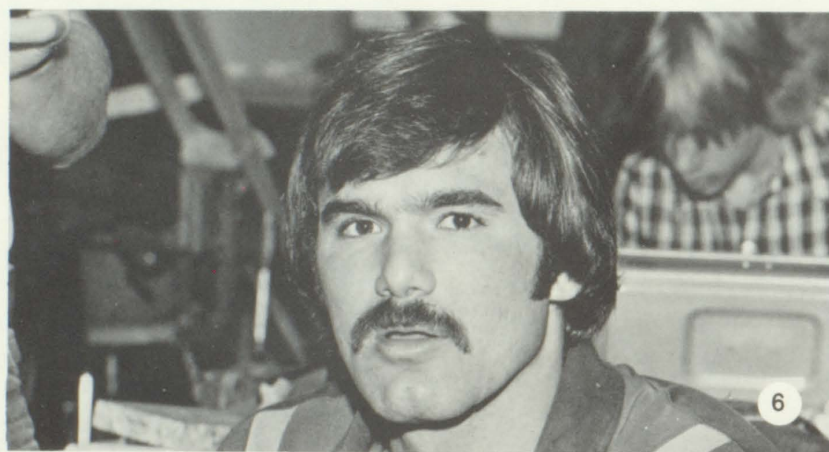
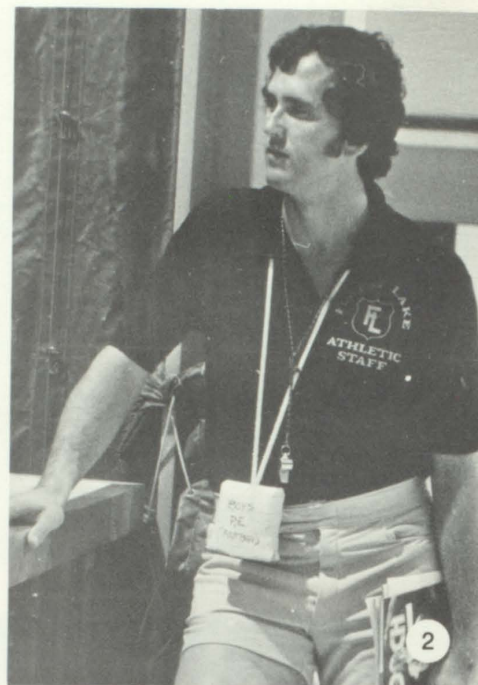


1. VIRGIL GROVE; Guidance Counselor 2. STAN MOTSCHENBACHER; Guidance Counselor 3. DEBBIE MURALT; Chemical Dependency Counselor, English 10 4. DONNA NICKERSON; Guidance Counselor 5. DAN POUPARD; Contemporary Problems, Guidance Counselor 6. Jennifer Damchik and Mrs. Hanson look over Jennifer's future. 7. Mr. Grove signs in Dori Osterbaur for the ACT Test. 8. Guidance Secretaries; JANET WALKER, IONE HANSON, MARILYN PATAK.

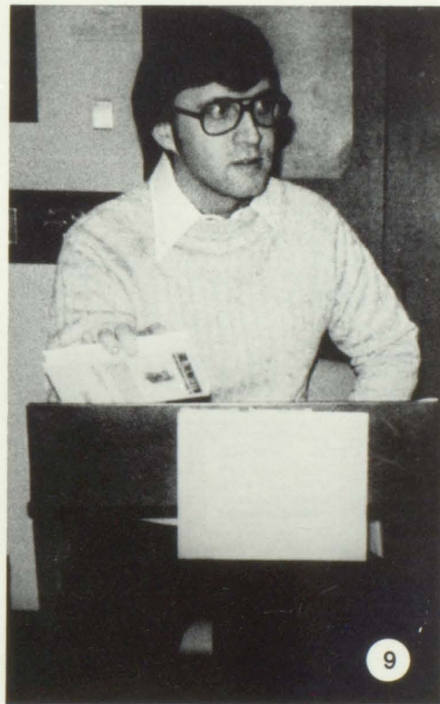
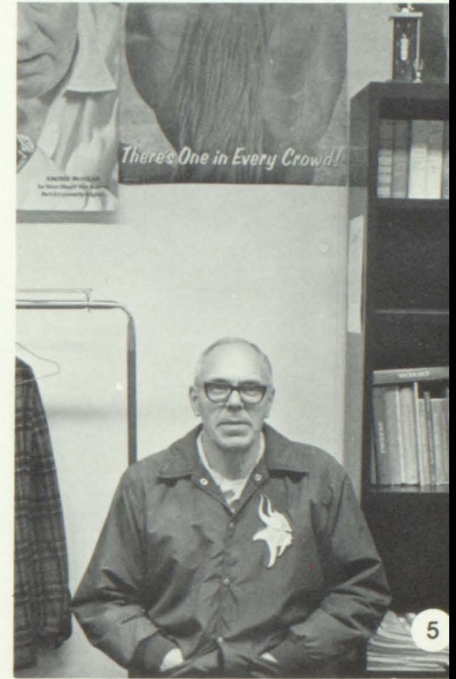
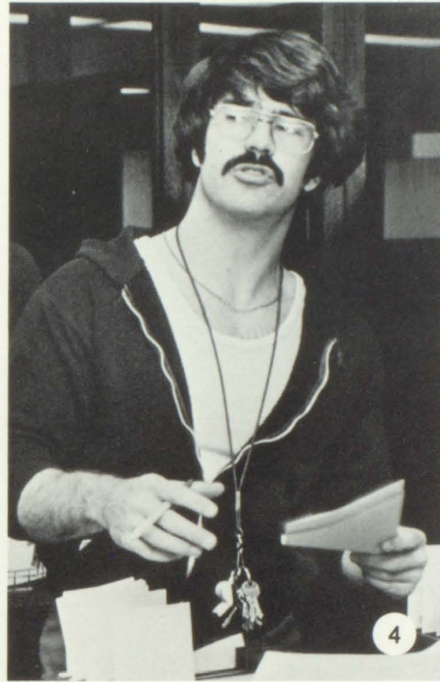


1. AV SECRETARIES; Joy Lavalla and Nancy Ensrud 2. FOCUS SECRETARY; Jackie Kroska 3. CUSTODIANS BACK ROW; Connie Carlson, Bud Nelson, Joe Doege, Ira Hollingsworth FRONT ROW; Clyde Jones, Helen Beeksma, Larry Rainer, John Olson 4. TICKET VENDORS; Bonnie Osterbauer and Joyce Schmidt 5. LIBRARY SECRETARY; Elaine Zeller 6. FOOD SERVICE; Ed Phelps, Marcella Millerin, Darlene Lutz, Evelyn Oberg, Sally Johnson, Hattie Sorenson, Jeannie Soelbbing, Marjorie Hoyt, Joanne Benoy 7. Ben Zins studies the problem. 8. Getting ready for the rush to the lunch lines. 9. Darlene Lutz and Marjorie Hoyt busily prepare school lunches. 10. Mrs. Zeller files another library card. 11. Teri Grover listens intently while Mrs. Benoy tells her about the menu.

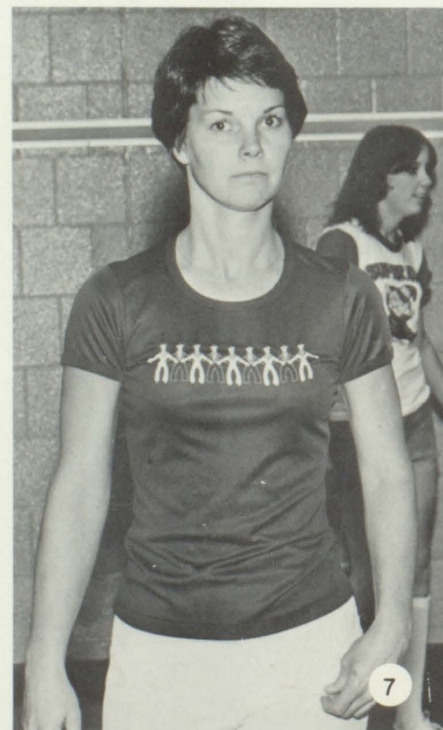
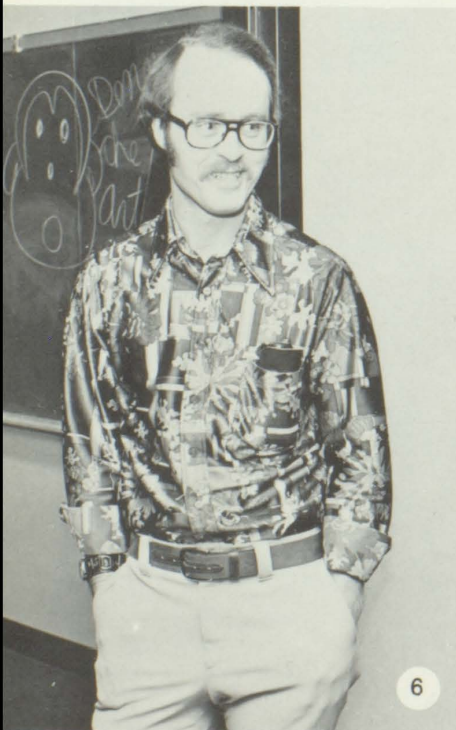
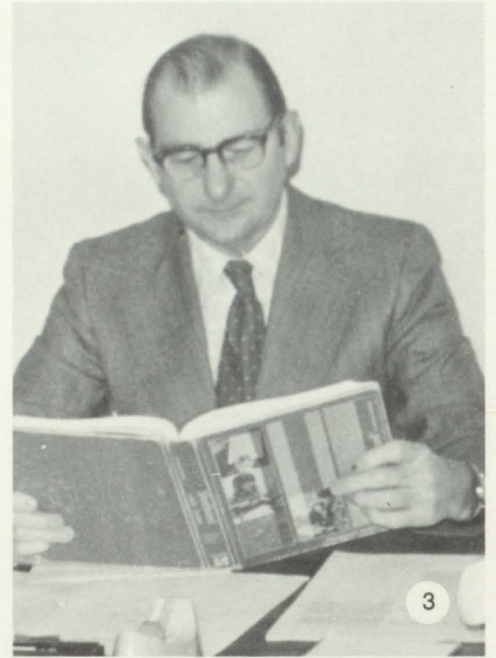




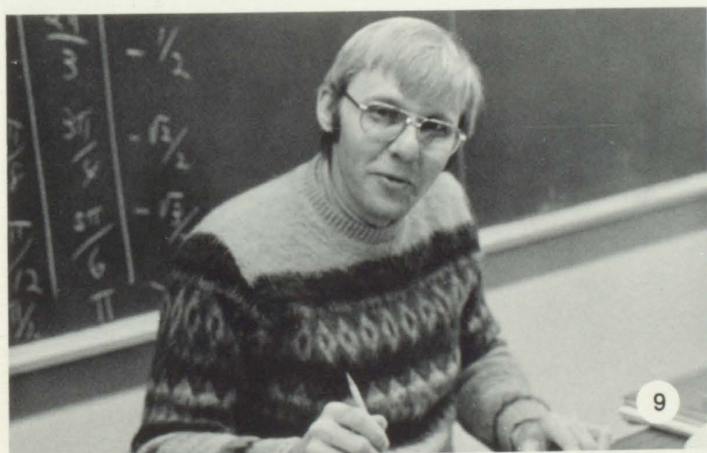
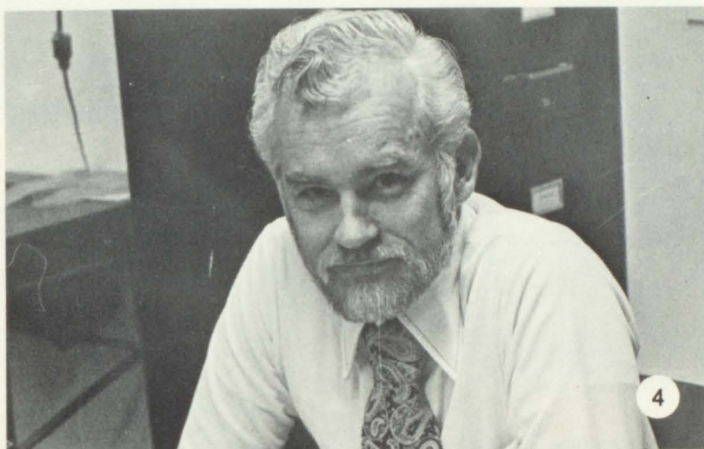
1. MICHAEL ALTAVILLA; Algebra, Consumer Math 2. CHARLES ANDERSON; American History, Individual and Dual Sports, Team Sports 3. JANE ANDERSON; Clothing Basics, Consumer Economics, Creative Sewing, Foods 4. RICHARD ANDERSON; Health, Physical Education, Weight Training 5. GORDON ASHBY; Marriage and Family, World Wars 6. JOHN BACKES; Introduction to Art, Related Crafts, Studio Related Crafts 7. THOMAS BALDWIN; Focus 8. JEROME BELLAND; Woods 9. MICHAEL BERNAUER; Comp II, Great Lit of the World 10. MARGARET BICEK; Reading 11. DAVID BLASKO; Intro to Power, Power Mechanics, T and I Auto.

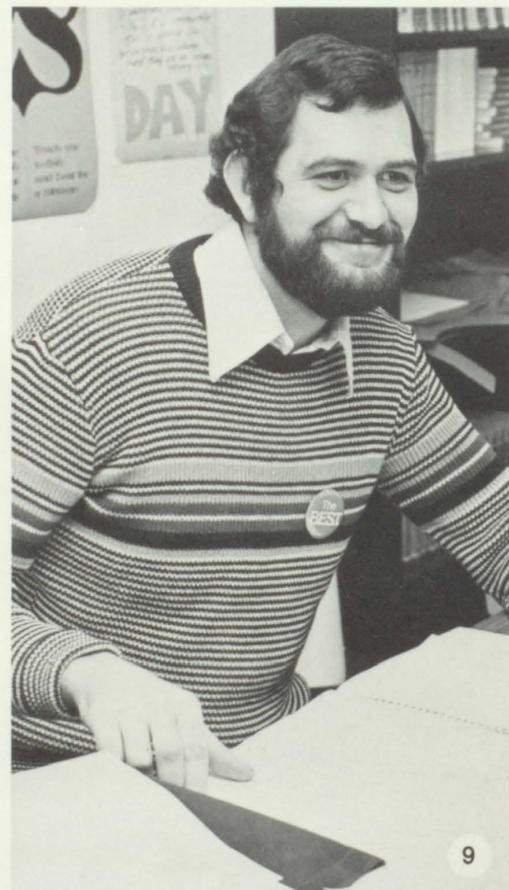
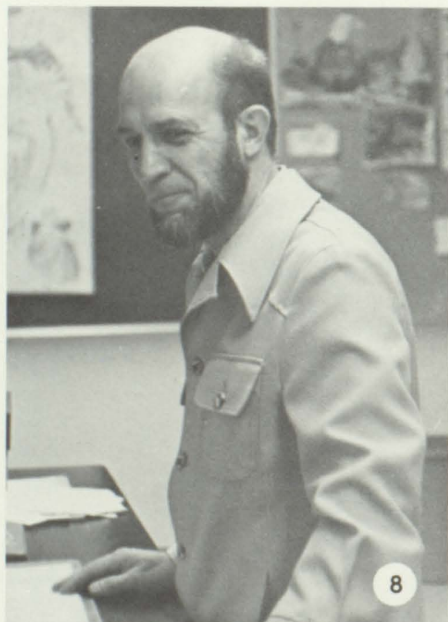
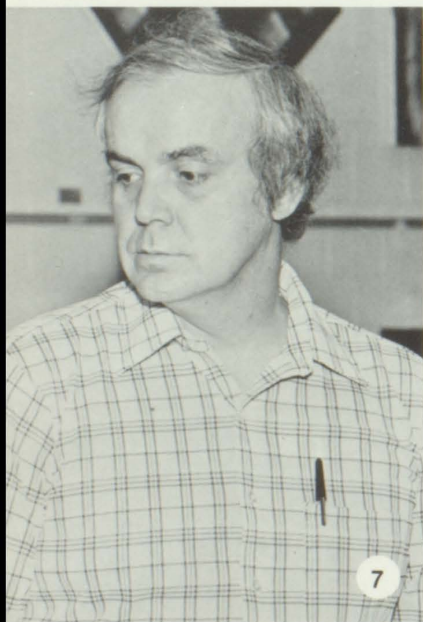
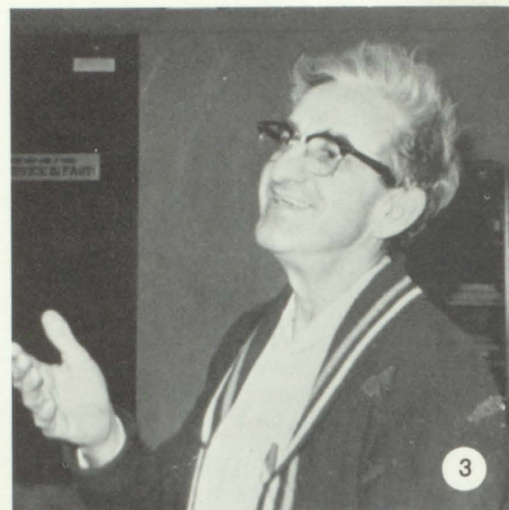
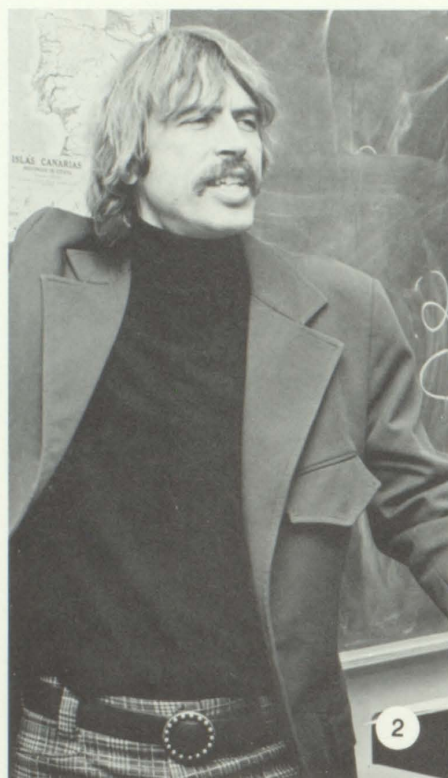
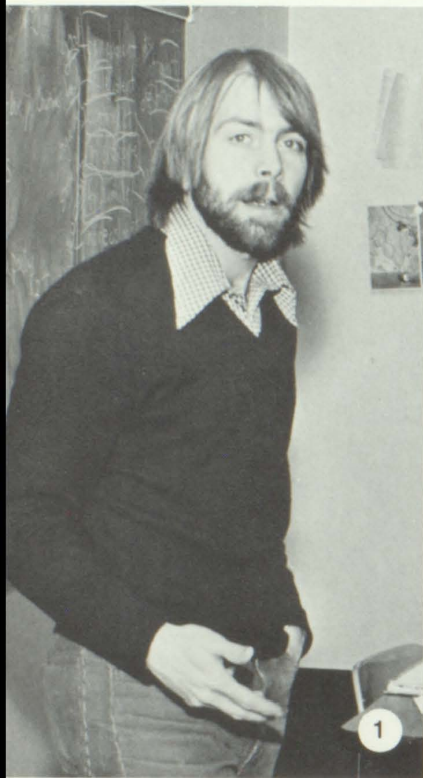


1. JUNIOR BRANSON; Electronics, Hot Metals, Intro Power, Transistor Electronics 2. KATHY BRIQUET; Health & Phy Ed, Outdoor Ed 3. JACK BUYS; Business Tech, Occupational Relations, Office Education, Shorthand, Typing 4. RICHARD CARLSON; Personal Writing, Psychology, Science Fiction, Thinking Power 5. KAYE CASEY; British Lit, Comp I, Contemporary Poetry 6.

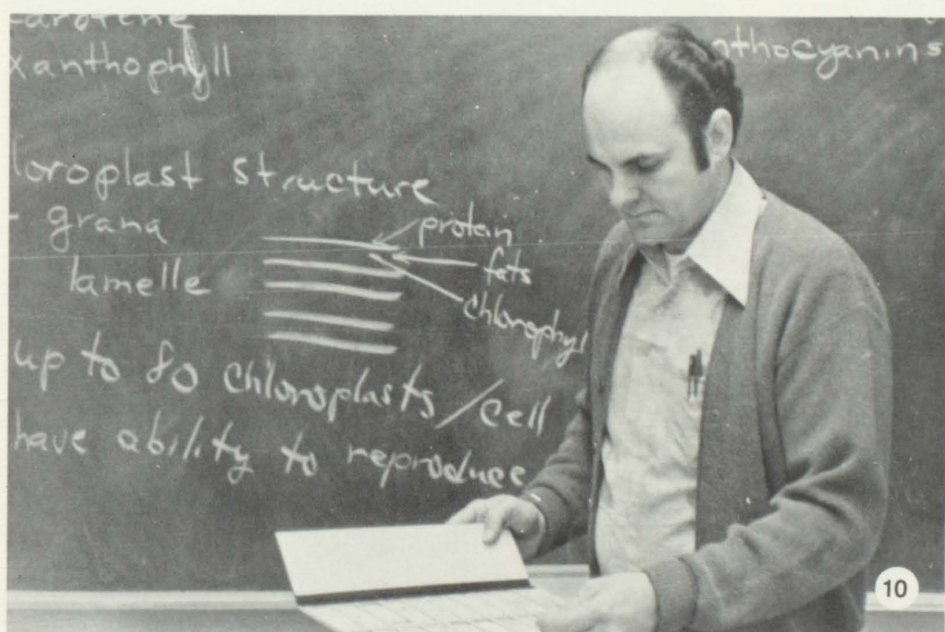
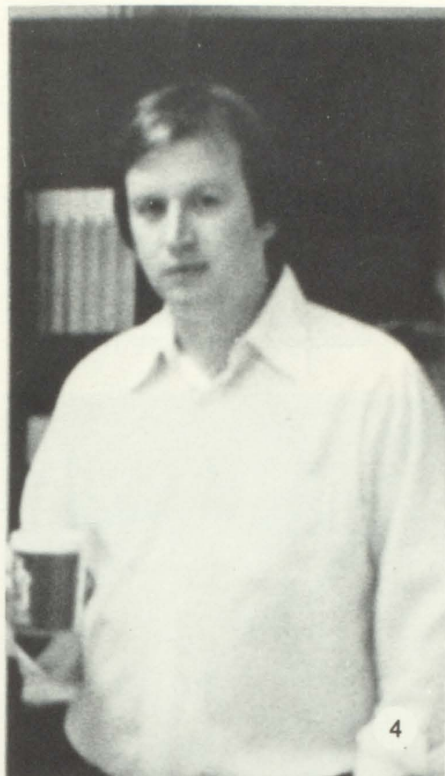


CHARLIE CHALBERG; Algebra, Consumer Math, Geometry 7. DIANNE CONLEY; Gymnastics, Health & Phy Ed, Individual & Dual Sports 8. JACK CONLEY, Athletic Director, Health & Phy Ed 9. WALLY CONNER; Consumer Math, Math Analysis. 10. ROBERT DETTMER; Health & Phy Ed, Outdoor Ed 11. BRUCE DORENDORF; Intro to Power, Power Mechanics, T & I Auto 12. KATHLEEN DRISCOLL; Sophomore Reading.





1. BOB FEDDERLY; English 10, Personal Writing, Public Broadcasting 2. AL FRANZEN; Profiles Abroad, Spanish 3. MARVIN FUHRMAN; Audio Visual 4. DOUGLAS GRIFFITH; American Economics, Independent Study, Political Science, U.S. & the World 5. STEPHEN HALLIN; Hot Metals, Intro to Power, Plastics Technology 6. GWEN HANSEN; Chemistry, Human Biology, Intro to Chemistry



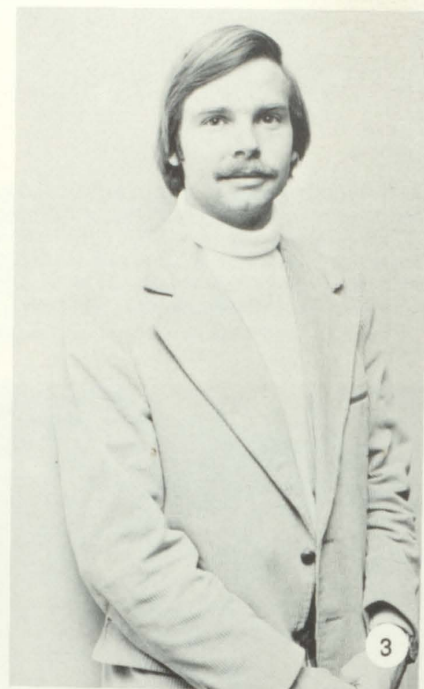
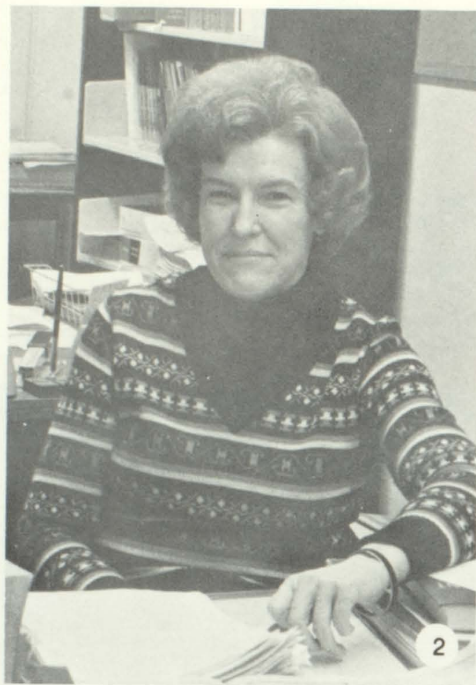
7. MARK HANSEN; Intro to Art, Painting, Studio Painting
 8. HERBERT HARPER; Cellular Biology, Ecology & Environmental Biology, Human Biology, Minnesota Wildlife 9. HENRY HEBERT; English 10, I Want to Know Why, Onstage, Short Story. 10. JACK HENDERSON; Applied Science, Basic Geology, Cellular Biology, Chemistry of Equations, Intro to Chemistry 11. DORIENNE HOWE; Focus.

1. KAREN HOWE; Dramatic Lit, PATL, Speech 2. LOYAL HYATT; Agronomy, Environmental Management, Forestry, Horsemanship, Soil Science 3. DIANE JENSEN; Backstage, English 10, I Want to Know Why 4. DAVE JONES; Creative Writing, Personal Writing, Reading Power 5. GENE KUNTZ; Agricultural Mechanics, Occupational Independent Study 6. ALLEN LARSON; Photography, Studio Photo 7. NANCY

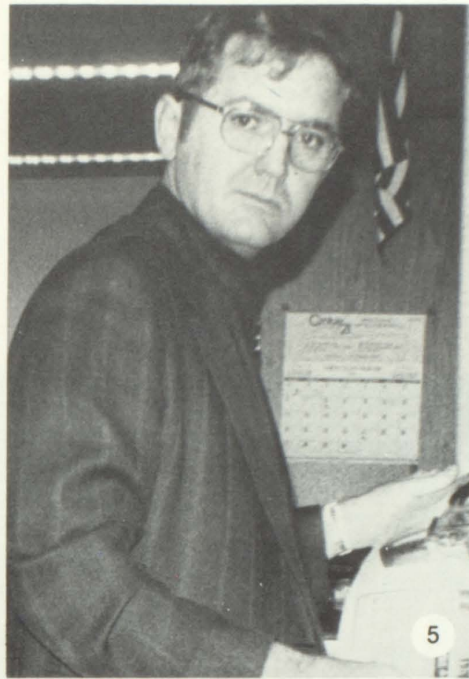


LATOURNEAU; Focus 8. JOHN LAUTIGAR; Algebra, Basic Math, Trigonometry 9. JAMES LINDSTROM; Acappella Choir, Intro to Choir, Treble Choir 10. LOREN LYNCH; Focus Work Experience Coordinator 11. RACHEL MAKI; Comp I, Early American Lit, Modern American Lit, Novel, Short Story 12. CANDACE MARKUS; Algebra, Geometry

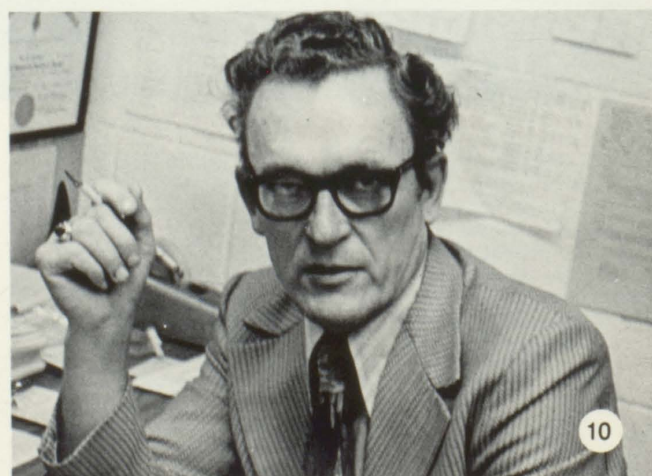
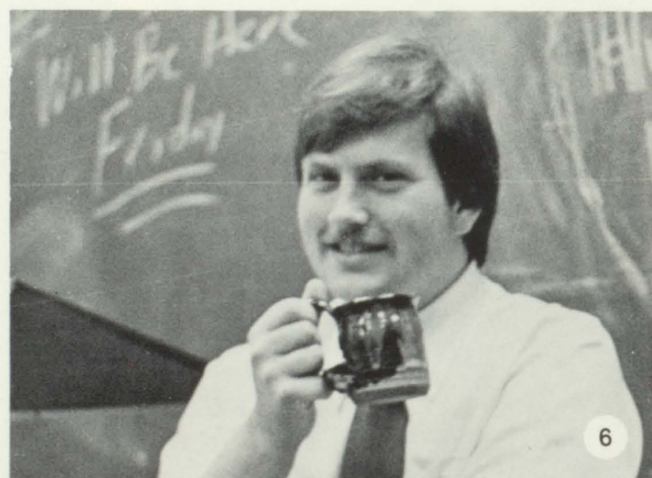




1. WILLIAM MCEL RATH; American History, Soviet Union 2. RUTH MENKEN; American History, Ancient World 3. KEN MIKOLAJCZYK; American History, Anthropology, Sociology 4. SAMUEL MILLS; Adaptive PE, Individual and Dual Sports, Team Sports, Weight Training 5. RICHARD MOSKOP; Librarian 6. CAROL MOTAZ; Reading 7. DON NELSON; Basic Math, Geometry 8. ROLLIN NELSON; American History, Concert Band, Psychology 9. THOMAS NEWELL; Marketing, Merchandising, Typing 10. JODELL O'CONNELL; Exploring Childhood, Family Living, Foods I 11. Myrtle Olson; SLBP 12. CARLEEN ONELL; English 10, I Want to Know Why, PATL

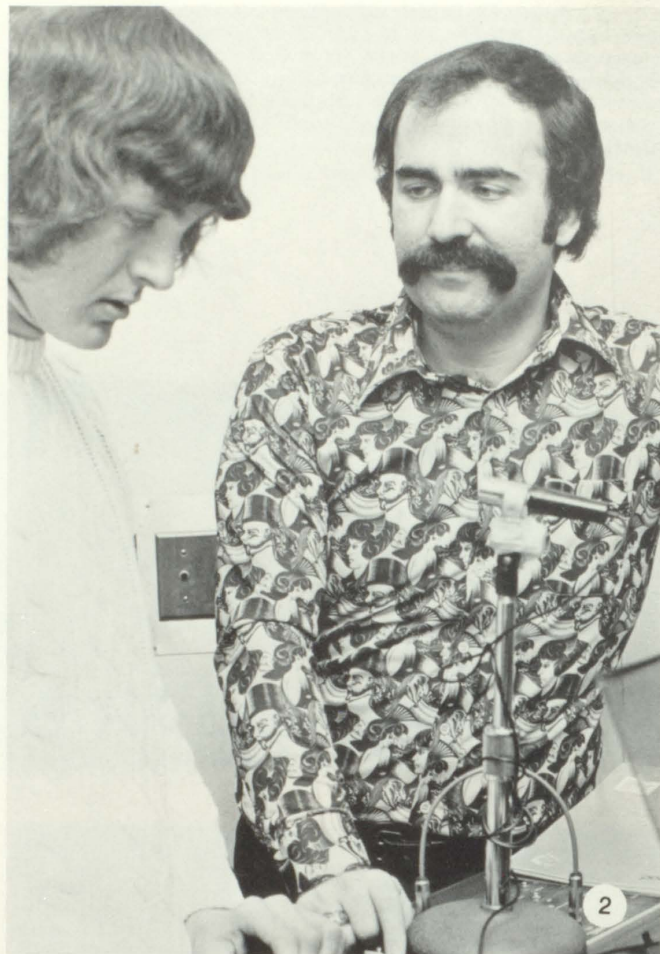


1. JOAN PAULSON; Health & Phy Ed, Team Sports 2. NANCY PECHMAN; Fibers, Intro to Art, Studio Fibers 3. DOUG PELTIER; American History, Contemporary Problems 4. TOM PROGREBA; Architectural Drawing, General Drawing 5. CAROL REDMOND; Algebra, Consumer Math, Programming 6. PAUL REDMOND; Ranger Band, Rudiments of Music, Varsity Band 7. JOHN REIMAN; Carpentry, Cold Metals, Hot Metals, Woods 8.

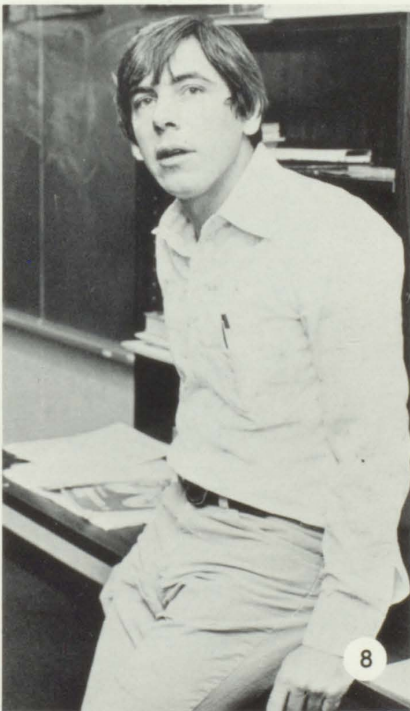


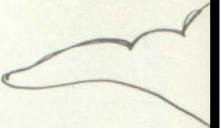
REBECCA RUGGLES; English 10, Nonbook Literature 9.
 NANCY SAGSTUEN; French 10. LEE SANDAGER; Animal
 Science, Basic Gardening, Green Acres, Green
 Management, Horticulture, Land Use, Landscaping, Youth
 Leadership 11. CARL SCHMULAND; Basic Geology,
 Consumer Math, Physics 12. ARNOLD SCOFIELD;
 Driver's Education.





1. RICHARD SKARE; Ceramics, Intro to Art, Studio Ceramics 2. WILLIAM SOMROCK; English 10, Public Broadcasting 3. ELSA STATZNER; Spanish 4. JANET STONE; Child Care, Exploring Childcare 5. RALPH STREATER; Argumentation, Media Journalism, Myth and Legend, Science Fiction 6. PEGGY SWENSON; Consumer Economics, Foods, High Fashion Sewing 7. SANDRA TEICHNER; American History, Geography, Religion in Human Cultures 8. AL THOBURN; American History, Geography 9. CAROL WENKER; Special Education 10. JANET WILEY; Bookkeeping, Office Machines, Typing, Work Experience Program.





FO

100% SATISFACTION
CLASS OF
78

SENIORS



Our twelve years seemed to have rushed by us and now we stand looking at our future, and wonder what is ahead for us. We remember our classes, goals, and achievements. What an honor it was to have underclassmen look up to us, always remembering we were setting the example for those to follow.

The Great Class of '78

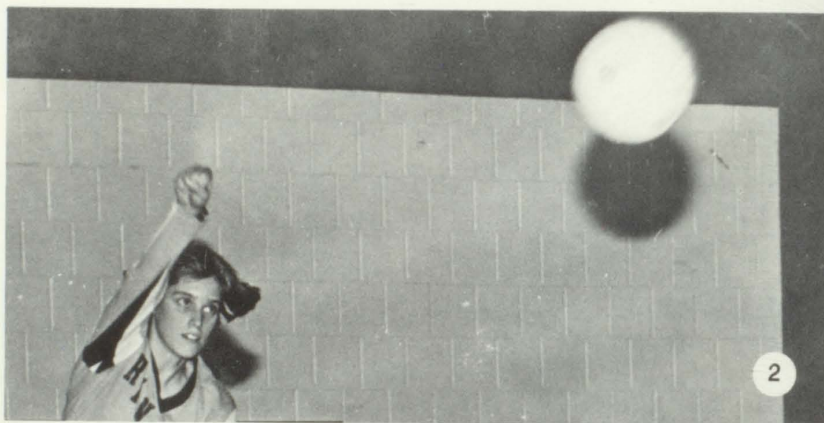
As the seniors waved a fond farewell to FLHS they reminisced of fading memories.

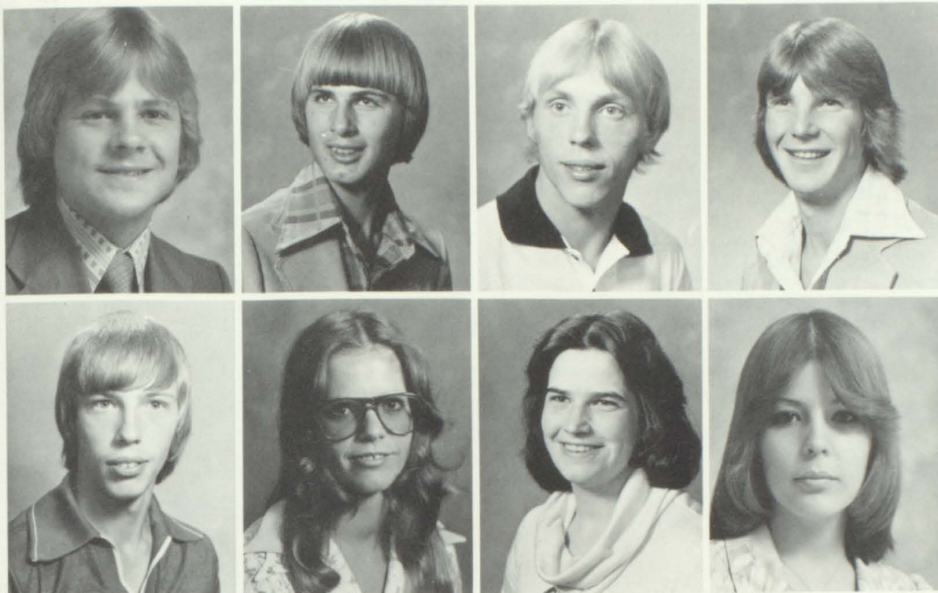
Memories of their sophomore year. Learning that it was tough at the bottom they were determined to be heard, and they were. As they grew and matured in their physical appearance so they did academically.

As juniors they were upperclassmen to the incoming sophomores, yet underclassmen to the seniors. As the middle class they still strived to make themselves heard and the sophomores and seniors paid attention.

Another summer passed and the class of '78 came back even stronger, ready to take over their reign as seniors. They succeeded in demonstrating how it was done to the underclassmen by hosting a Ranger Roast and feasting on the Cardinals. They mastered the art of leadership with their control of the juniors for Slave Day. As the months passed the seniors became involved in plans for the future, by getting into the "ACT" by taking the American College Test. The seniors brought their leadership to the Junior-Senior Prom where they showed others the steps to take. The seniors proved you could have perfect attendance, as the whole class of 78 gathered for graduation commencement.

1. Liz Fox works on her art. 2. Kerrin Burke demonstrates her style of serve. 3. A student works on the loom. 4. Sue Mulvihill assumes her role as drum major. 5. Lon Lamprecht makes a point to Jonathan Lien during a performance.





Jeffrey Ahlm
David Alm
Charles Anderson
David Anderson

Harlan Anderson
Janet Anderson
Judith Anderson
Karen Anderson

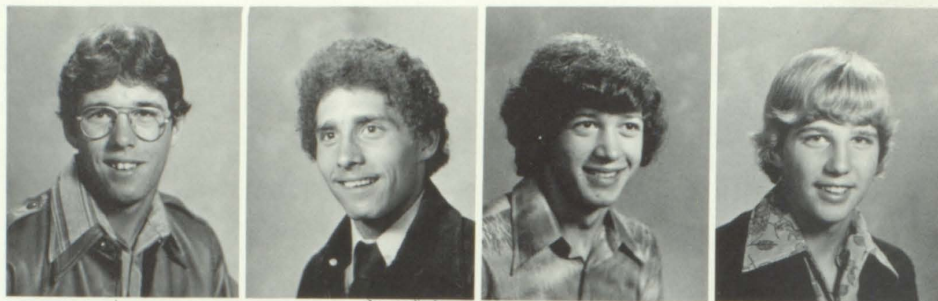


Rachel Anderson
Sandra Anderson
Vance Anderson
Wendy Anderson

Julie Armstrong
Kim Atkins
Debbie Avery
Lisa Babcock



Richard Bahnemann
Robert Bahnemann
Stephen Balfanz
Mark Banta



Michelle Barkeim
Cindy Barton
Rick Benson
Craig Bever



Michael Black
David Blackbird
Susan Boleen
Terry Bothman



Katherine Bowen
Linda Bowker
Darrel Bowman
Michael Boyer

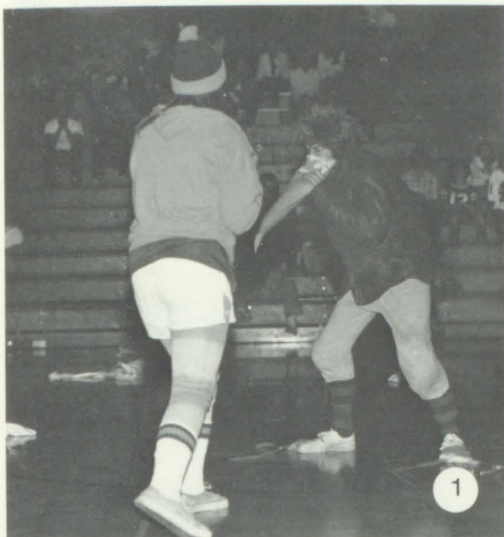


Yvonne Boyes
Natalie Bracht



Andrew Brasmer
Duane Bridgeman

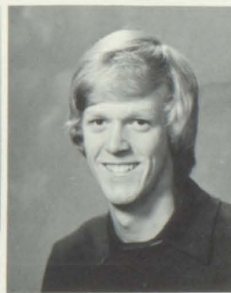
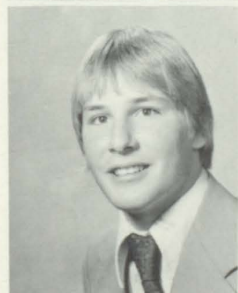




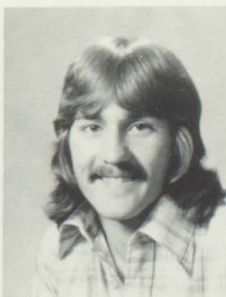
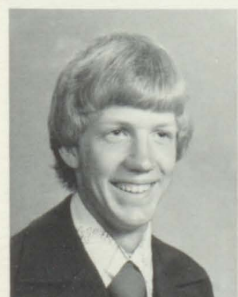
1. A Cardinal attempts to attack a Ranger without success. 2. Enthusiastic cheerleaders lead cheers at the bon fire. 3. Mr. Reiman shows Bob Radtke the arts of metal.



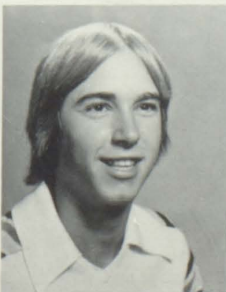
John Brisson
Terrance Brown
Kerrin Burke
Terry Buske



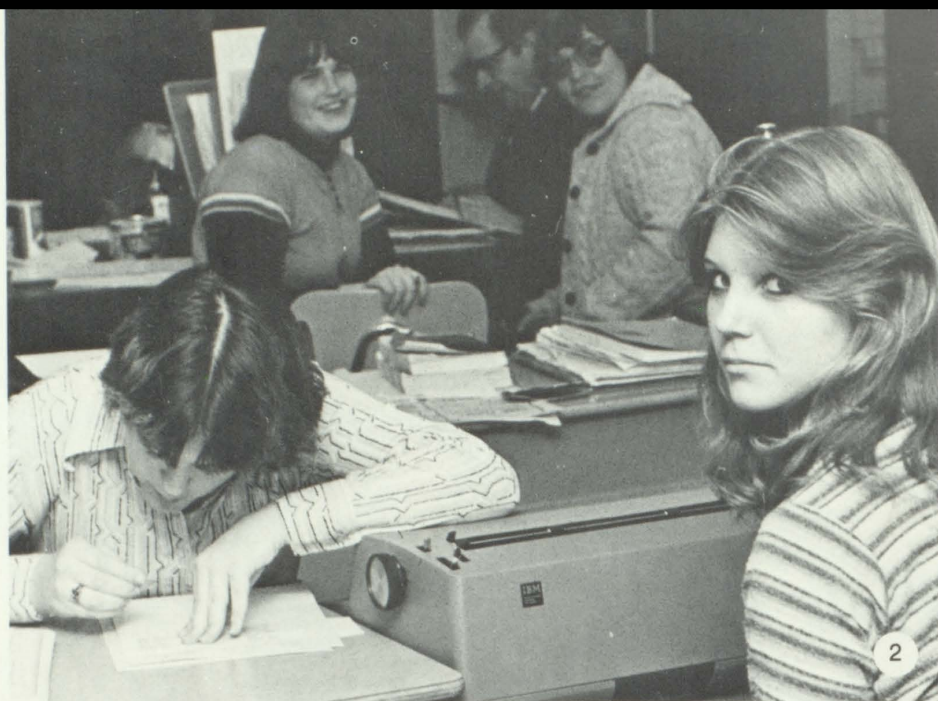
Joel Buys
Craig Cain
Timothy Cakebread
Tim Carleton



Bruce Carlson
Jeffrey Carlson
Rick Cassman
Kathie Cheesebrough



Patricia Chenoweth
Pamela Chmielewski
Rusty Coleman
Maureen Collins



Colleen Costello
Caroline Coxon
Dustina Craig
Allen Crane

Deborah Cree
Craig Dahl
Michael Dale
Jennifer Damchik

Denise Danielson
Scott Daninger
Susan Daninger
Beverly Davidson

Stephen DeHaven
Tod Des Jardins
Cynthia Doege
Monica Doepner





Bridget Dolan
Debbie Doucette
Cheryl Dresel
Thomas Duncan



Pamela DuPaul
Glenn Eberhardt
Greg Ensrud
Sandra Ensrud



Beverly Erickson
Susie Erickson
Thomas Erickson
Renee Erzar



Dave Esberg
Kevin Essen
Kay Fangmeier
Mary Faymerville



1. Joel Buys reads his lines as Karen Johnson proclaims the Rangers number one.
2. Char Leason shows her enthusiasm for typing. 3. Shelly Lutz, Marcie Svec, Dave Miller, and Rose Svec spend a few minutes to chat.

Scott Fearing
Julie Feils
Debbie Feldt
Patrick Flaherty



Dawn Flint
Elizabeth Fox
Ronald Fraley
Naomi Frost



Maria Fuglie
John Gabriel
Michelle Gabrielson
Todd Gallagher



Cindy Genin
Mary Gervais
Gene Gillespie
Diana Gillette

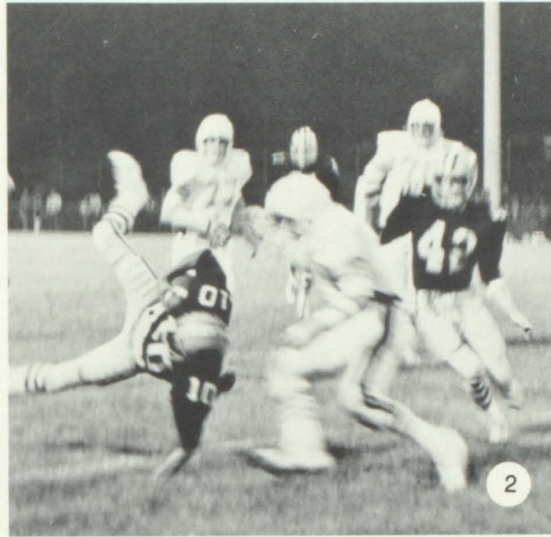


Jeff Goodin
Becky Goss



Cheryl Goulet
Karen Granger

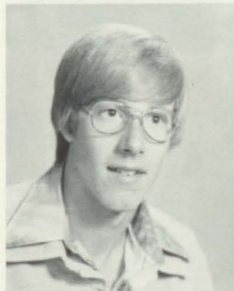




1. Mr. Hebert shows Jody Proulx the proper pose of mighty Queen Titania. 2. The mighty Ranger Jeff Gort proves his skill as an acrobat. 3. Kris VanNispen proves that she can work efficiently in the shop rooms.



Charles Groshens
Gail Grossnickle
Teri Grover
Timothy Gruett



Mickey Grundhofer
Jo Gunderson
Sandra Gustafson
Lori Hagen



Michelle Hall
Denise Hallberg
Karen Hamilton
Jeffrey Hansen



Mark Hansen
Marlo Hansen
Amy Hanson
Barbara Hanson

Kevin Haseltine
Lance Haseltine
Richard Haus
Judy Hebert

Debra Heinze
Scott Henderson
Jodi Hewson
Dolly Hibbison



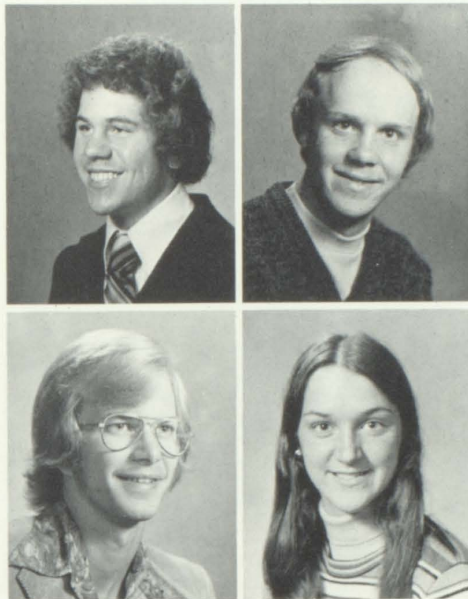
Barb Hindi
David Hinrichsen
Vickie Hiltner
Penelope Hockensmith

David Hodges
Karen Holcomb
Monica Holl
Danita Houle

Mary Houle
Shane Houle
Bonnie House
Michael House

Cheryl Howard
Mark Hudak
Michael Hughes
Debra Hulsman





Brian Husfeldt
Charles Immel

Brian Iverson
Ruth Jeans



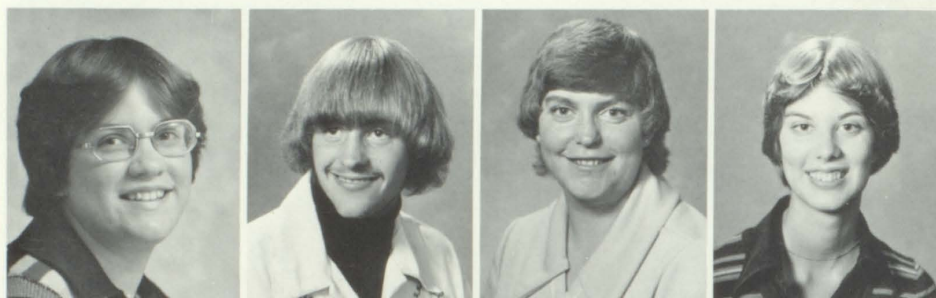
Tara Jeans
Bonnie Jensen
Christine Jensen
Martin Jensen



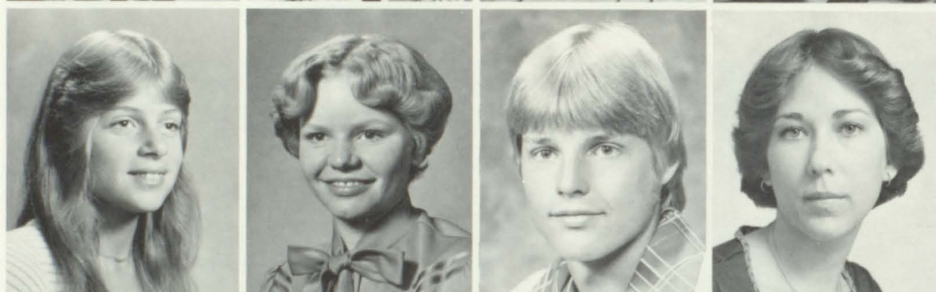
1. Kris Van Nispen is escorted offstage by Ranger Mark Hesla as Jodi Arneson falls in behind. 2. Jonathan Lien and Andrew Brasmer strive for the attention of Nancy Johnson as Regina LaRoche and Dori Osterbauer look on.



Mary Jo Jensen
John Jewison
Renee Johanson
Carla Johnson



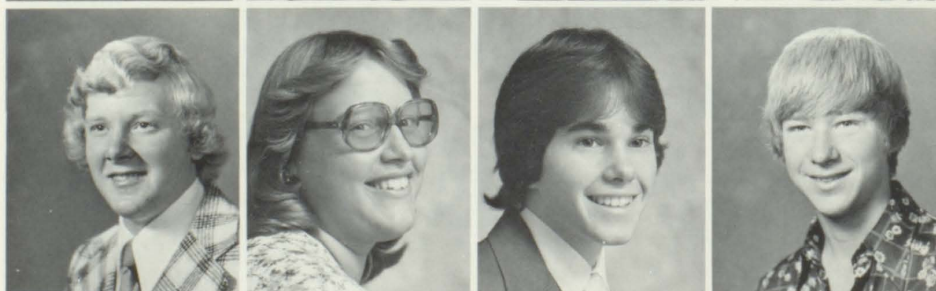
Diane Johnson
Janet Johnson
Joel Johnson
Karen J. Johnson



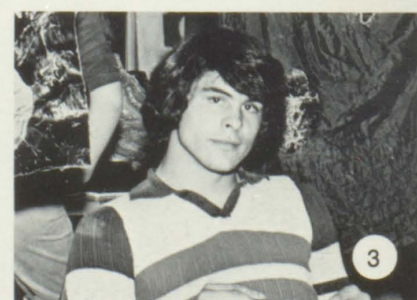
Karen L. Johnson
Laurie Johnson
Nancy Johnson
Pam Johnson



Robert Johnson
Julie Jones
David Juhl
Scott Kaiser



1. Majorette Maureen Collins starts the procession of the 1977 Coronation. 2. Seniors Jody Proulx, Doreen Tyler, and friends add the final touches to their float. 3. Practicing originality in his art class is Greg Steele. 4. The eager helping hand of a senior is shown by Dave Miller. 5. With everlasting energy and spirit, the varsity cheerleaders perform during a pepfest. 6. Adding the final touches of Craig Bever's make up, is Jim Pancake.

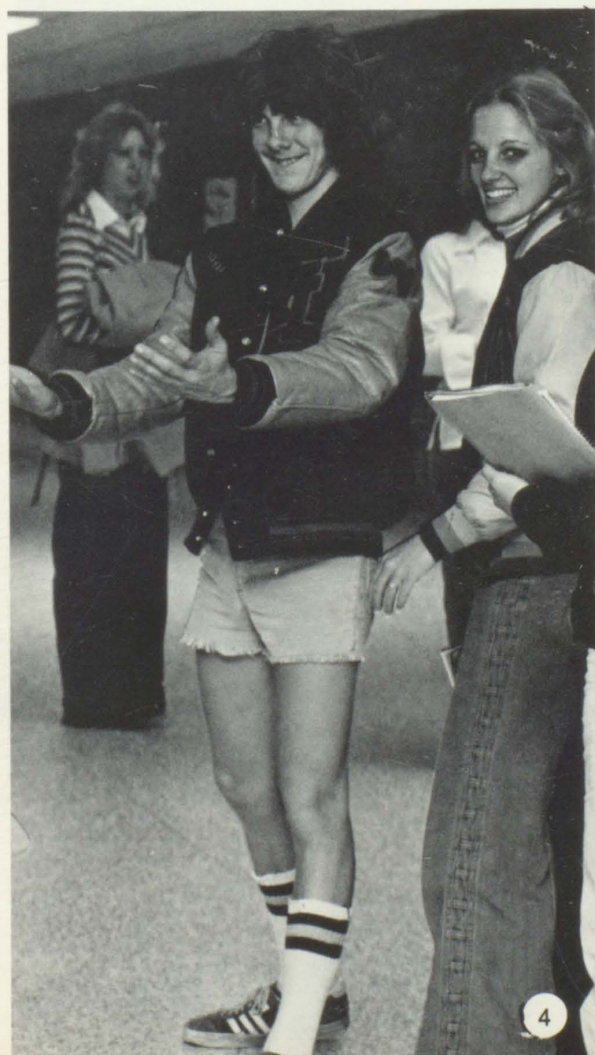




Deborah Kaufer
Beth Kedrowski
William Keilen
Shelby Kelch

Mark Keller
Patrick Kelly
Dawn Kilgriff
Julie Kling

Debbie Knudson
James Koch
Scott Kohler
David Kotchen



Thomas Kreiner

Kristel Kroening



Donna Kroska
Lon Lamprecht
Mark Lange
Donna Larkey

Darla LaRoque
Layne Lavandowska
Pam Lawman
Gary Lawrence

Helen Leach

Charlene Leason





1. Queen Sheri Wells rides in the royal procession of the Homecoming Parade. 2. Shelly Lutz and Tim Matuseski walk together to join their fellow candidates. 3. Julie Armstrong cleans out her utensils after a day in the art room.



Wade Leonard
Dawn Lewis
Lynn Lichtscheid
Jonathan Lien



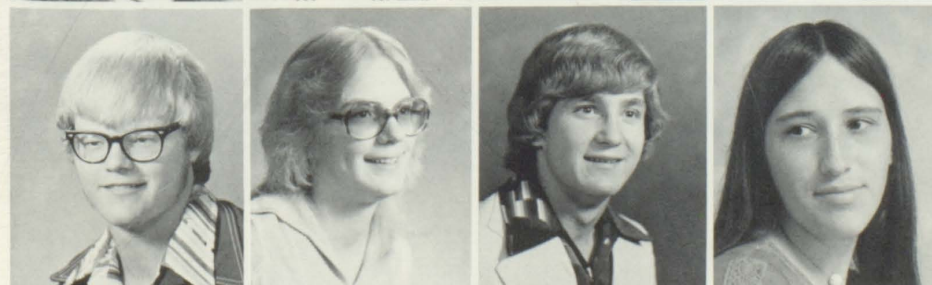
Margaret Linder
Conrad Linquist
Chris Linz
Sheryl Lomnes



Carmen Lopez
Teresa Lord
Gene Lott
David Lund



Mary Lundberg
Michelle Lutz
Greg Lynch
Lynn Lynch



LeRoy Magnuson
Laurie Maguire
Mark Manders
Rena Marier

Ronald Marier
Jodi Martinson
Cynthia Massie
Michele Masso

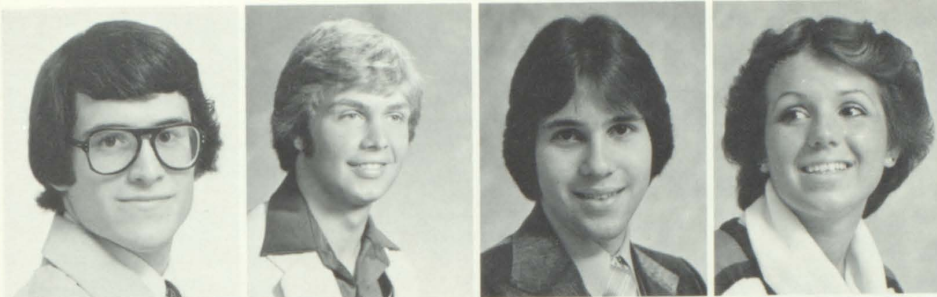
Victoria Mateer
Kathleen Mategko
Joy Matheson
Julie Matheson

Mark Matheson
Melanie Matheson
Michael Matheson
Timothy Matuseski



1. Queen candidate Sheri Wells becomes the new 1977-78 Homecoming Queen. 2. Leading the coronation procession is the Flag Corps. 3. Cars have feelings too!





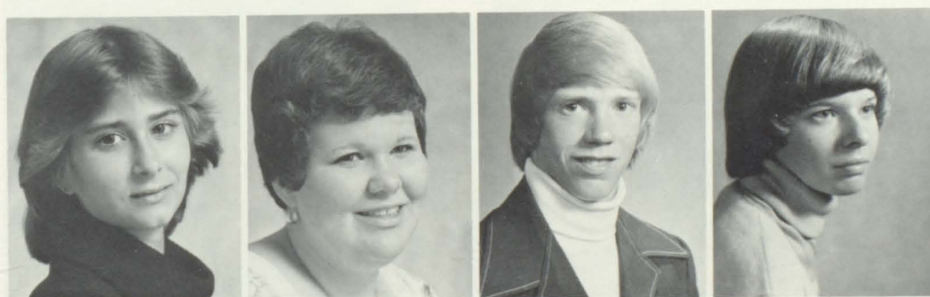
John Mayhew
Dennis McDonald
Perry McGowan
Kimberly McKenzie



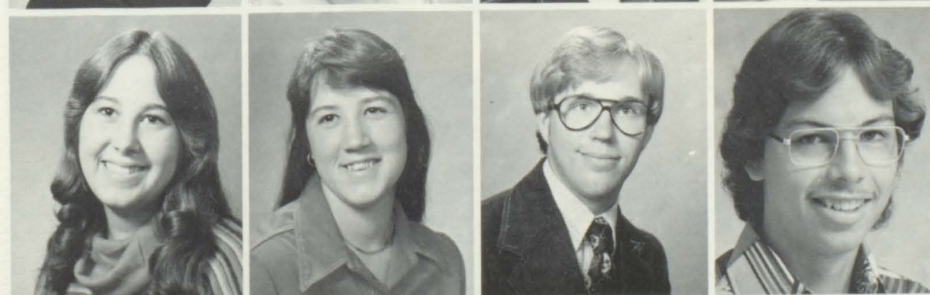
Ray McKenzie
Ruby McLaughlin
Jayne McManus
Leanne Meister



Lori Messelt
Gayle Ann Michael
Rebecca Mickelsen
David Miller



Kimberly Miller
Tamara Miner
Thomas Moore
Mary Kay Morley



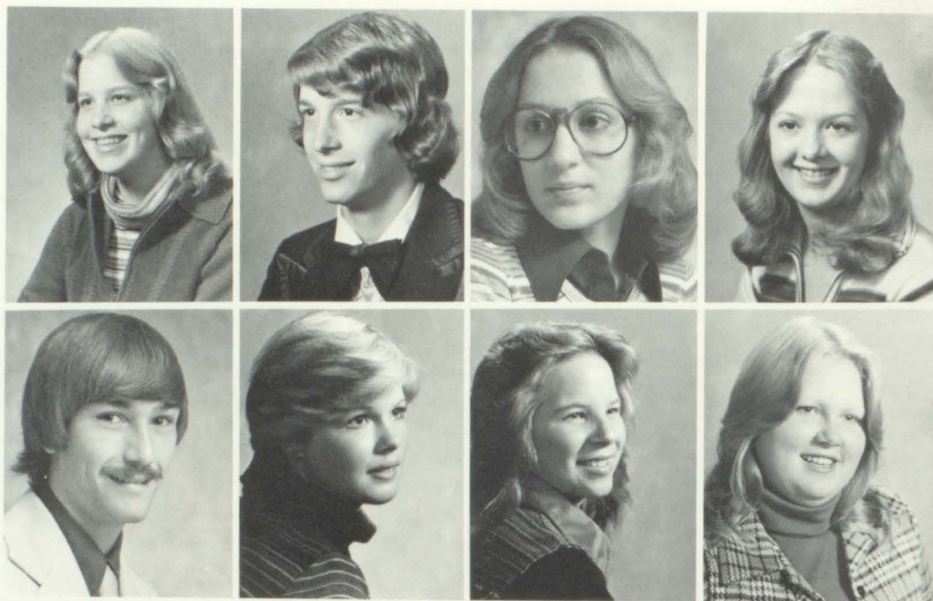
Sheri Muller
Susan Mulvihill
Brian Mundt
Jeffery Murphy



William Myrick
Diane Neis
Gary Nelson
Jackie Nelson

Laurie Nelson
Lee Nelson
Lori Nelson
Rosemarie Nelson

Mark Neumann
Susan Nichols
Deborah Niederkorn
Cynthia Nielsen

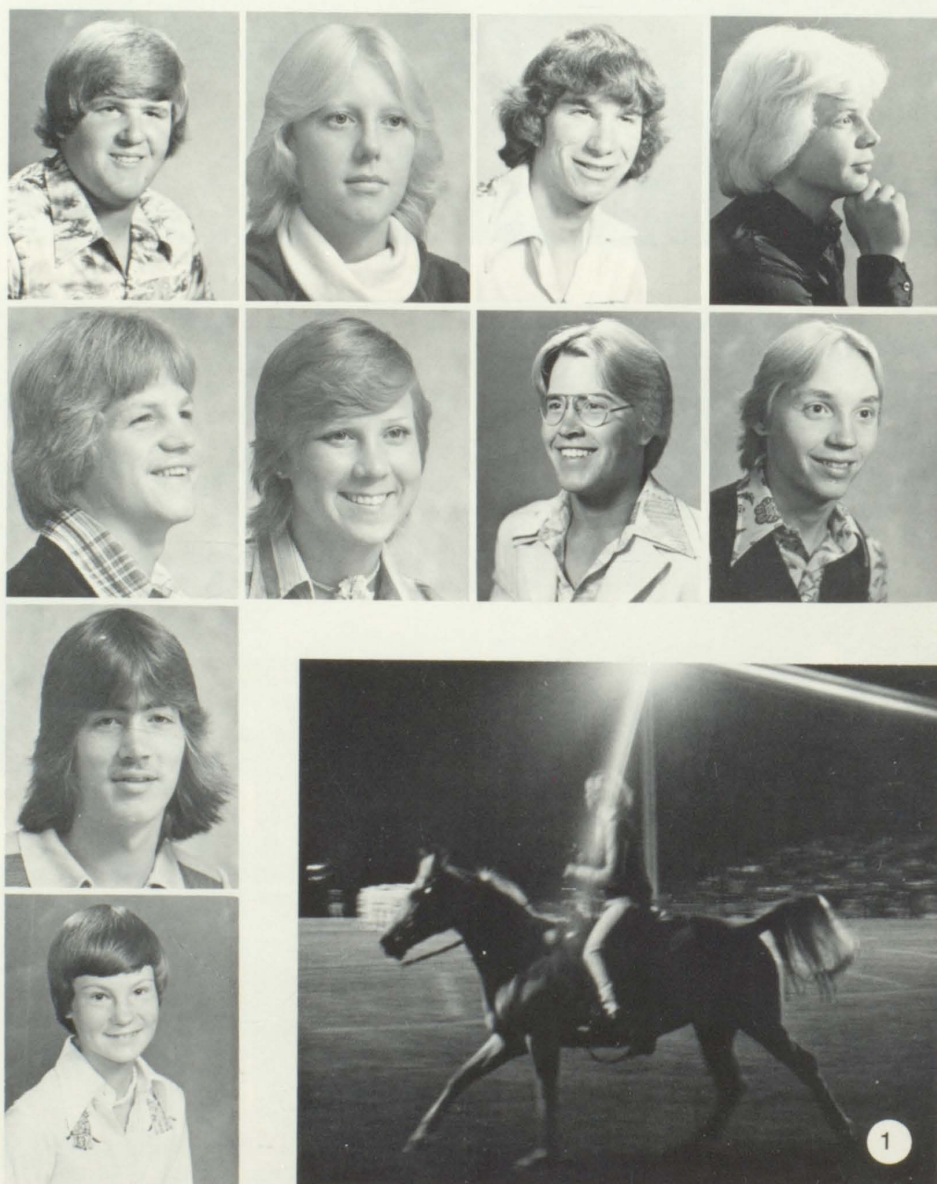


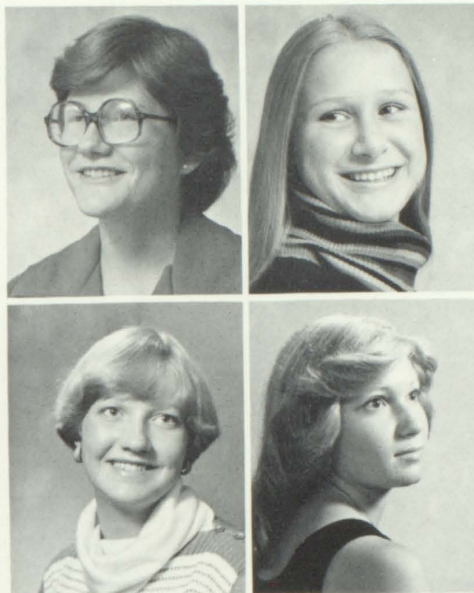
Todd Nutter
Ione Oberg
Dale Oelke
Brad Olson

Jeffery Olson
Jill Olson
Jon Olson
Larry Olson

Robert Olson

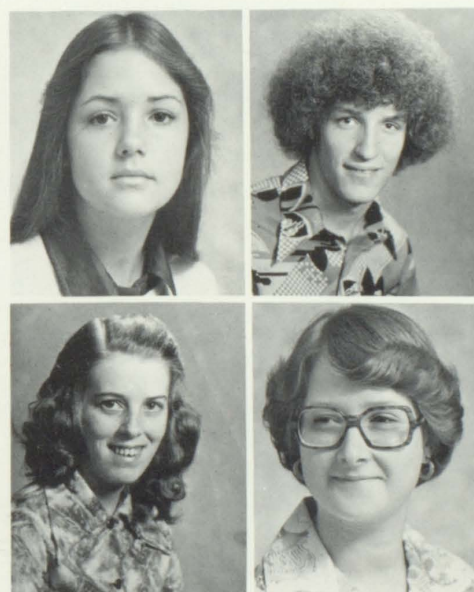
Sandra Olson





Susan Olson
Dori Osterbauer

Jennifer Ostlund
Bonnie Otto



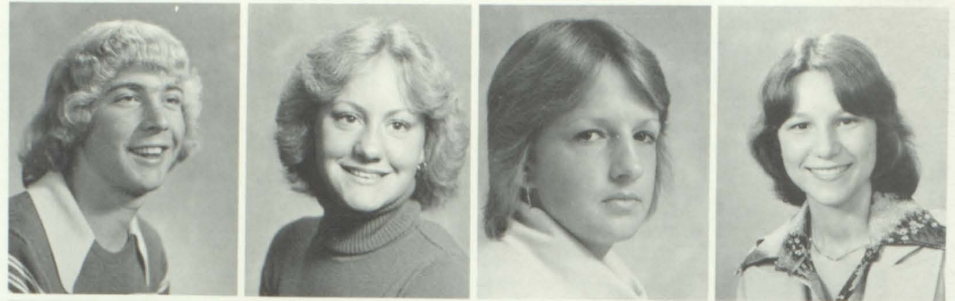
Lisa Palas
Thomas Pearson

Teresa Peek
Nadine Peitz



1. Sandy Peterson rides our mascot before the game begins. 2. Steve Sargeant begins the roast. 3. The cheerleaders pep up the crowd with one of their many cheers. 4. An art student decides which twine should be used.

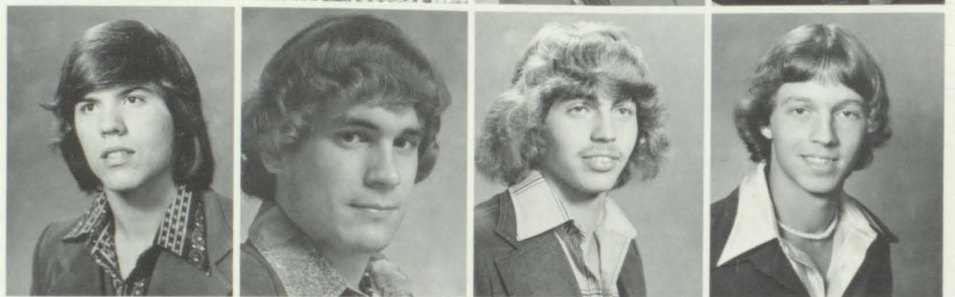
Mike Peltier
Teresa Pepin
Darcy Pepper
Cindy Perrault



Roxanne Petermeier
Warren Peters
David Peterson
Sandra Peterson



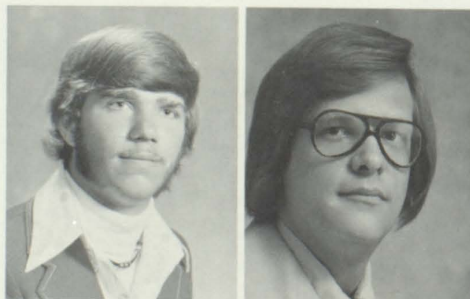
Steve Peterson
Wes Peterson
Keith Petroske
Ronald Petroske

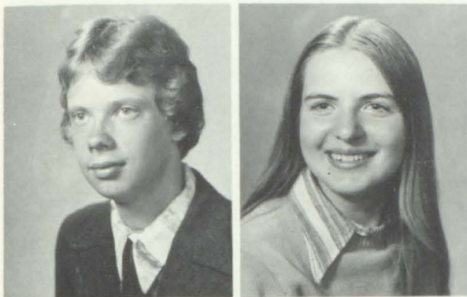


Charles Pfingsten
Gwen Philippi
Todd Phillips
Kevin Pitcher



James Plain
Scott Poff





John Polokangas
Debby Pope

Lila Poundstone
T. R. Powers



Patti Prescott
Jody Proulx
Karen Proulx
Laurie Purdie



Richard Quigley
Robert Radtke
Rosanne Rainer
Patricia Rantanen



1. Sheri Wells lights her fire. 2. Perry McGowan carries the cardinal. 3. Joy Matheson irons out her art project. 4. The seniors' float displays their talent.

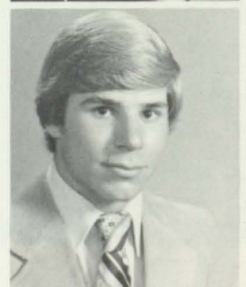
Jill Reiman
Kathleen Richert
Joy Risnes
Kathy Roberts

Bernadette Robinson
Gloria Rosenberger
Joann Rue
Kathy Rydeen



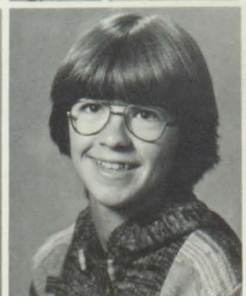
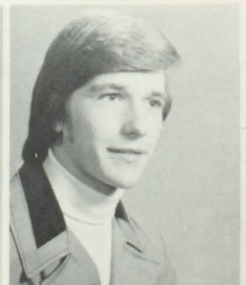
Carrie Ryhn

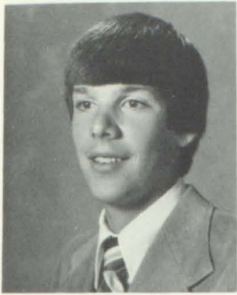
Steven Sargeant



Julie Saxe
Catherine Scanlon
Scott Schams
Thomas Schlaeger

Linda Schleicher
Julie Schliesing
Jennifer Schloegl
Lori Schmidt

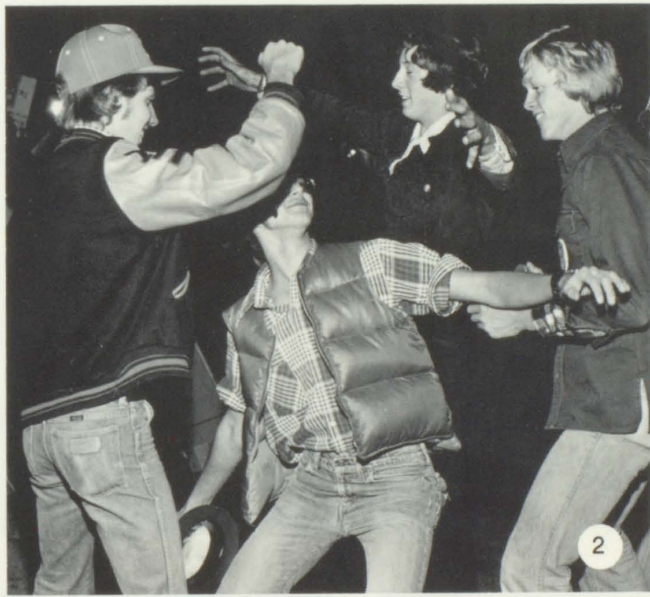
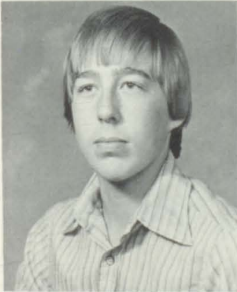




John Schumacher
Maureen Seiler
Nancy Setterholm
Elizabeth Shannon



Susan Simbeck
Marlene Skoog
Linda Smallidge
Douglas Smith



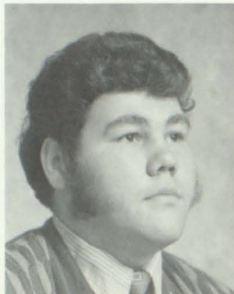
Susan Sorenson

James Sovick



1. Two art students diligently work on the potters wheel. 2. Hey Brothers . . . Let me see you do the Frankenstein. 3. Todd Thiry escorts Roxanne Petermeir to the platform.

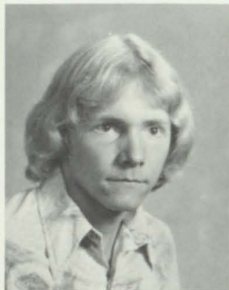
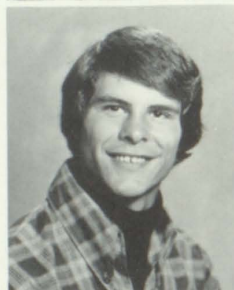
Michael Spence
Cynthia St. Clair



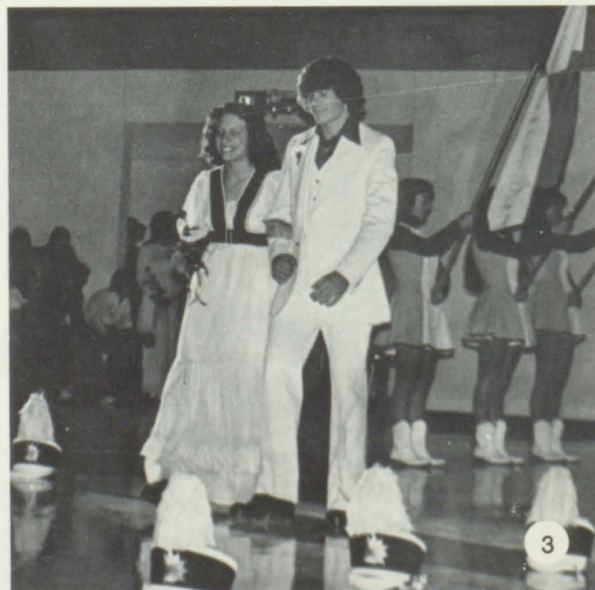
Judith St. Martin
Wanda Stachowski

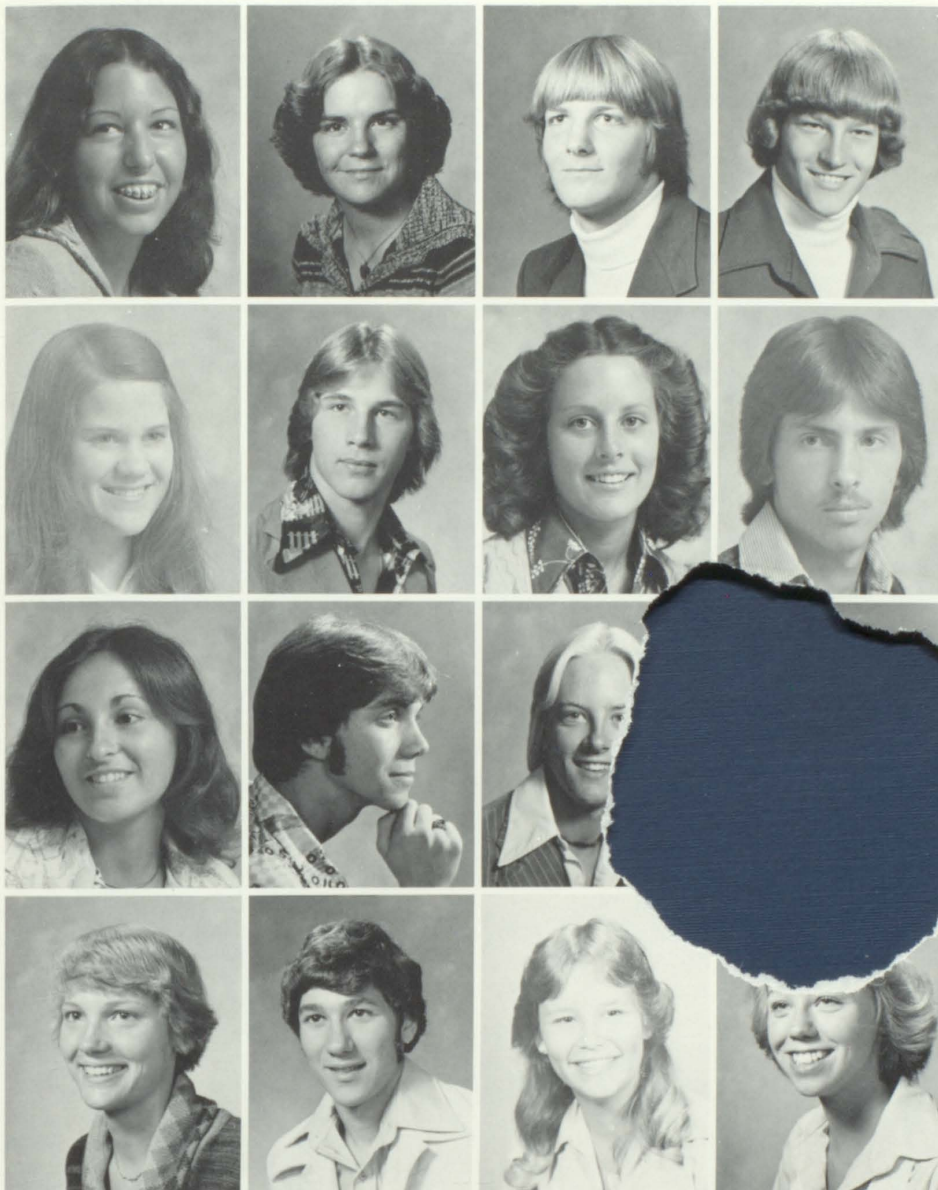


Greg Steele
Deborah Steinbach
Dennis Stoffels
Robert Stright



Patricia Sullivan
Suzanne Sunsten
Rose Svec
Joel Tagg





MaryJo Taurman
Nancy Taylor
David Tetrault
Todd Thiry

Holly Thompson
Jeff Thoreson
Margo Timm
Mark Timmers

Michell Timmers
Jon Trombley
Jeffrey Tubbs
Doreen Tyler

Katherine Tyler
Norman Tyson
Cynthia Urie
Kristen Van Nispen



1. Kerrin Burke closes her eyes to the realization that she will crush Jill Reiman as they both fall for the ball. 2. Liz Fox proclaims the victorious Ranger (Judy Hebert) over the Cardinals. 3. Todd Phillips escorts Donna Kroska to the coronation platform. 4. Nancy Johnson sings her Golden Gritters onto victory. 5. Making herself beautiful Jo Gunderson works before a mirror with Dori Osterbauer as inspector.

John Vierling
Patrick Voelker
Greg Vollhaber
Barry Vornbrock

Mark Waldoch
David Wathen
Betsy Webb
Kathy Webster

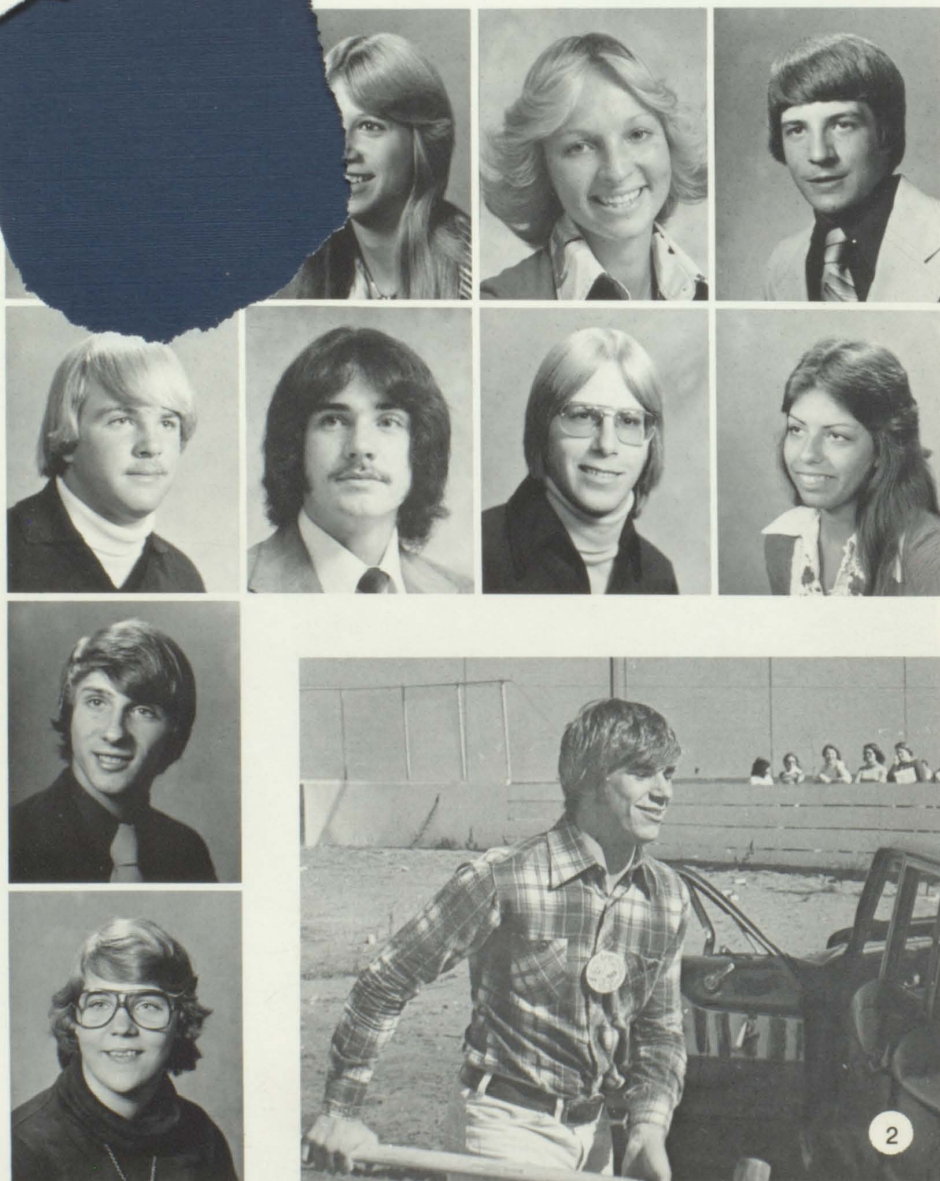


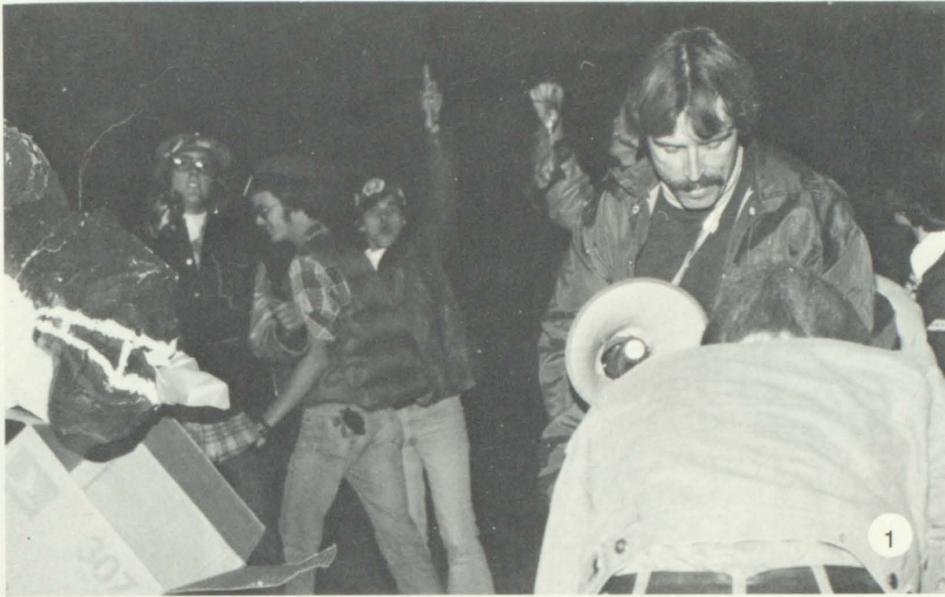
Brad Weeks
Jodi Weiss
Sheri Wells
Mike Williamson

James Winberg
Rick Wolff
David Worlie
Gretchen Wortman

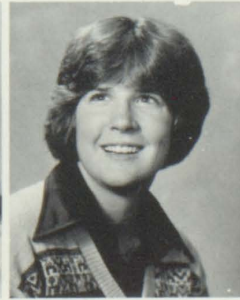
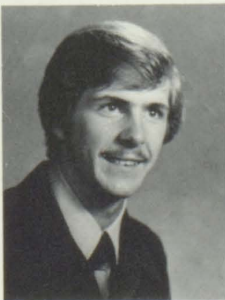
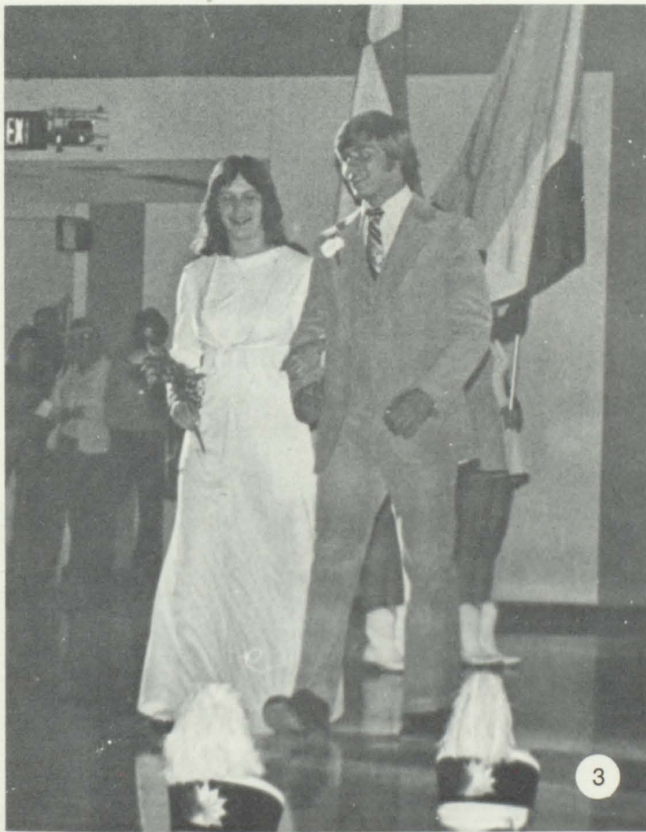
Brandon Young

Dawn Zeiher

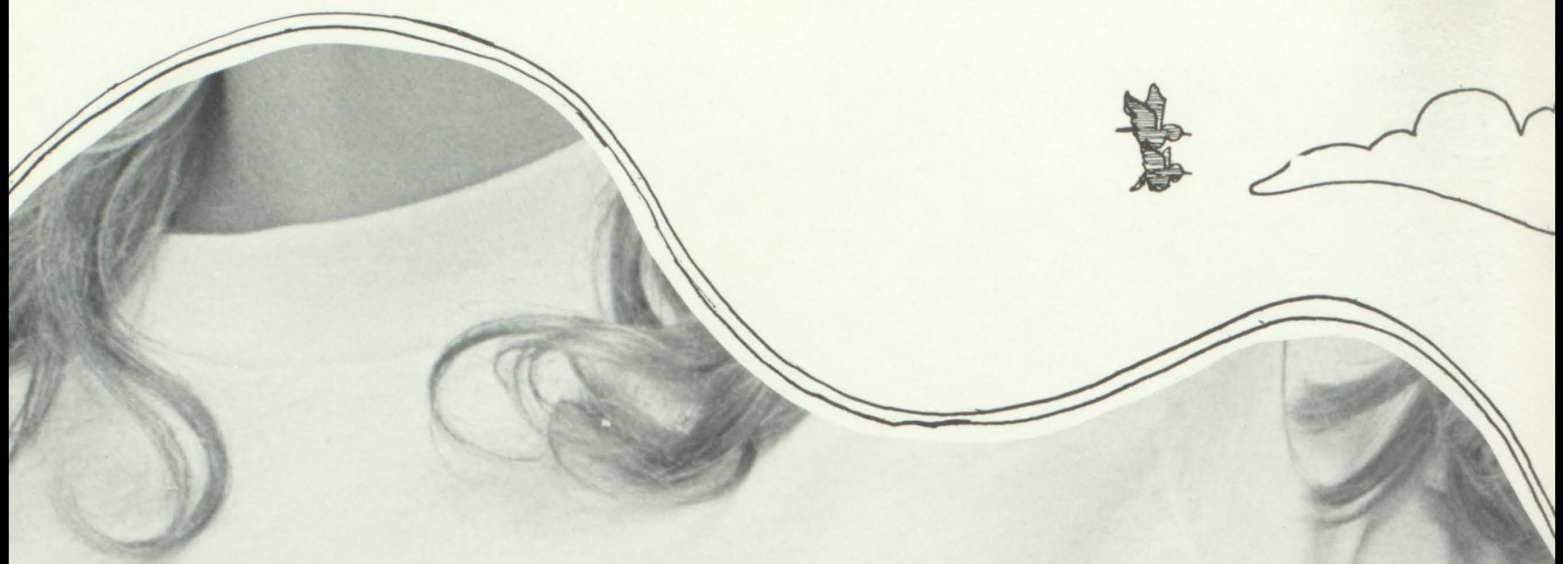




1. Setting up the bonfire is Mr. Franzen with the Brothers showing their spirit.
2. Once again beating up a defenseless object is Steve Sargeant. 3. Candidates Dolly Hibbison and Steve Sargeant proceed down the aisle. 4. Michele Masso succeeds in completing her first masterpiece (Jeff Gort).



Kathy Zeller
Joseph Zerwas
Colleen Zins
Lisa Zwiers



The Junior
CLASS OF
79

"Next year we'll be humb...
then, we're content to be perfect!"

UNDER CLASSMEN



Although there was the usual confusion of the first day, new friends, and new teachers, the underclassmen adjusted well to the situation. With no immediate worry about their future, they energetically made plans for their year. They obtained their drivers' licenses, joined new clubs, took tests and received results. With the appreciation of their new found independence, they watched their tardies and absences. Seeing the example of the upperclassmen, they anxiously await their senior year.

Stuck In The Middle

The class of 79 started out last fall representing the junior class for the 1977-78 school year. Some of the events that took place during the school year included the junior girls against the senior girls in the Powder Puff game during Homecoming week. The junior class sponsored the 77-78 Sadie Hawkins dance, giving the braver girls a chance to ask the guys to the hoe-down in Dogpatch USA. The junior class also sponsored the junior-senior prom in the spring of 78.

Many attended and participated in extracurricular activities, but overall, most were thinking about their futures and where it would lead them. For some, the future will hold going directly to a job while others will be furthering their education.

As the year drew to an end, the joys and sorrows felt throughout the year were drawn to a close and a final farewell was said to the graduating senior class.



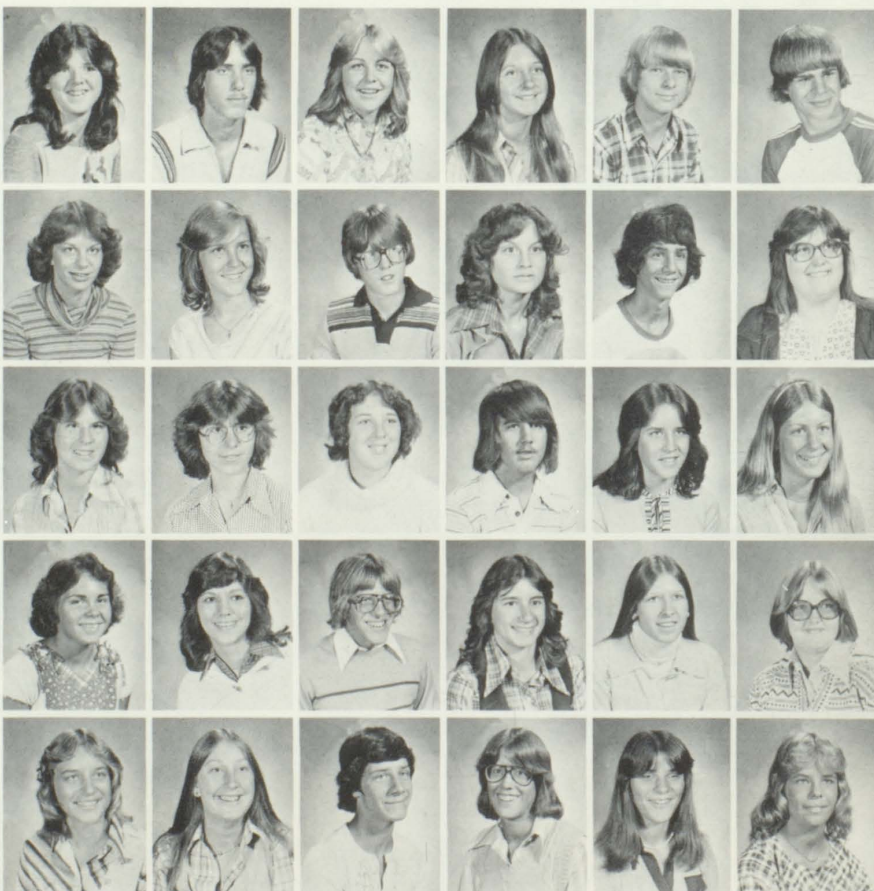
Kim Aadland
John Abress
Julie Adams
Vicky Allen
Brian Alm
Scott Almquist

Mimi Anderson
Dawn Anderson
Dirk Anderson
Patricia Anderson
Richard Anderson
Sharon Anderson

Jodi Arneson
Pauline Ash
Gail Asquith
Richard Autey
Patricia Bachman
Christa Backus

Lisa Bahnemann
Lisa Baland
Doug Banta
Nancy Barnier
Diana Barrett
Lisa Beckman

Elizabeth Beier
Melanie Benoy
John Berg
Carrie Berge
Vickie Bereron
Kim Bergerson





Pamela Bever
Debbie Birdsall
Doug Biron
Walter Bishop
Carla Bjorklund
Lavoy Blackledge

Joe Blouin
Liz Bodine
Teri Bodine
Todd Bohnen
Julie Borgman
James Boyer

Jim Bracht
Jodi Briggs
Phillip Brooke
Jerry Brune
Kurt Brungardt
Scott Bunton

H. John Burcalow
Philip Burgeson
Alex Burlingame
Cheryl Bush
Jody Buske
John Calvin

Randy Cardinal
James Carey
Betsy Carlson
Donna Carlson
Michelle Carlson
Roxann Carlson



Mark Charpentier
Kim Chelmo
Sandra Chmielewski
Susan Clemens
Charles Clendenen
Barbara Collier

Sue Costello
Kelly Coyer
Orleen Craig
Sherry Crane
Gretchen Craver
Elizabeth Crawford

Debra Cronk
Laureen Crouse
Brian Dahl
Steve Dahlin
Kelly Dambow
Kevin Davis

Raymond Dawson
Ingrid Dent
Frederick Dewall
Everett Diemert
Cathryn Distler
Shawn Dolan



1. The juniors follow the leader.
2. Sophomores entertain at halftime of the powderpuff game. 3. That's the blankest stare I've ever seen, Andy Valenty. 4. Look out Barb Robertson, here comes Mary Houle.

1. John Lewis uses his artistic talent at the potter's wheel. 2. Junior Jodi Briggs shows her running ability during the Powderpuff game as referee Chuck Anderson watches.



Wanda Dumire
Peggy Duncan
Kelly Dunn
Janelle DuPaul
Clinton Dupslaff
Cathy Dykhuizan

Donald Eberhardt
Vickie Eberhardt
Gayle Eggen
Kim Empey
Christopher Engberg
Sharon Ensrud

Deanna Erickson
Mary Kae Erickson
Gary Erkenbrack
Tami Feddick
Renee Ferderer
David Finneman

Michael Fischer
Cindy Fisher
Dean Flaherty
Sheila Florhaug
Jack Ford
Susan Franta

Debra Frederickson
Todd Fugate
Johanna Fulks
Larry Fuller
Kevin Gage
Nannette Gannon

Loretta Garske
Jeff Gervais
Denise Geske
Nancy Gessner
Gerald Gilbertson
Nancy Goiffon

Gregory Gordon
Jeff Gort
Karen Gottwaldt
Mike Gregerson
Scott Groess
Brian Grubbs

Kevin Gudmundson
Larry Gunderson
David Hadlich
Mary Hagen
Ramona Hales
Scott Hall





Cheryl Hallberg
Kenneth Hallin
Jeff Haluptzok
Carol Hansen
Jeff Hansen
Brian Hanson

Dale Hanson
Timothy Hanson
Thomas Hart
Wayne Hartung
Jeff Haseltine
Stan Hauble



Marianne Haus
Kenneth Havens
Jay Havlicch
Chris Heck
Cindy Hed
Steven Helin

Andy Herubin
Mark Hesla
Vickie Higgins
Janice Hollenbeck
Joan Holmstrom
Robert Hoppe



Bradley Houle
Michael Houle
Wayde Houle
Mike Hovland
Kathy Howg
Janette Hyatt

Julie Hyland
Greg Isaacson
Gary Iverson
Wendy Jacobson
Jon Jaeger
James James



Richard Jarosiewicz
Doug Jeans
Dallas Jelmberg
Steven Jensen
Julie Jergens
Randy Jeukens

Martin Jewison
Cheryl Johnson
Donna Johnson
Pamela Johnson
Richard Johnson
Robert Johnson



Shannon Johnson
Ted Johnson
Terri Johnson
Lorraine Jones
Renae Jones
Bruce Jovan

Alex Juhl
P. Kannisto
Donna Keegan
Brad Kellerhuis
John Kelly
Lisa Kemnitz

Paul Kendrick
Donald Kent
Steve Ketchmark
Pat Kirkwold
Sue Kohler
Daniel Koppy

Doug Kottke
Lori Kranick
Donna Krech
Dawn Krinke
Scott Krizan
Stephan Kroska

Nancy Kubes
Beth Kunshier
Donno Kunshier
Lori Kunshier
Jon LaMar
Christine Langland

Ann Larson
Catherine Larson
Larry Larson
Jerry Lawman
Rick Lehman
Debra LeVesseur

John Lewis
Jeff Lichtscheidl
Kari Lichtscheidl
Margaret Lien
Catherine Lind
Janelle Lindberg

Laurie Lindeberg
Ronald Lindeberg
Craig Lindstrom
Roger Lueken
Jim Lukenbill
Sandra Lukkenon

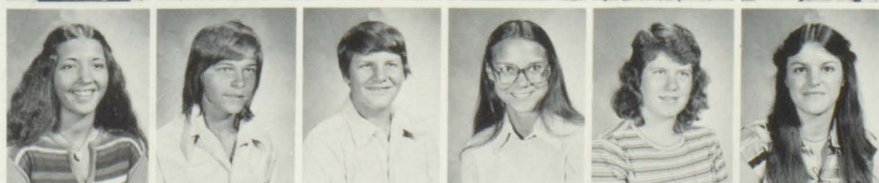
Jay Lund
Jerry Lund
Mark Lundeen
Karen Lutz
Scott Mack
William Mackey

Daniel Mader
Janet Maki
Jody Manfredini
Andrew Marg
Larry Markusson
Mary Maroshek



1. Kelly Dambowy ties Mike Black's shoes.
2. Popcorn helps to hit the spot.





Roger Mateer
Marya Mattson

James McCullough
Bruce McGrath

Linda McGuire
Cathy McKenzie

Craig McKinzie
Cheryl McNamara
Timothy Menne
Renee Merritt
Janet Metzger
Brian Miller

Carrie Miller
Dean Miller
Mark Moen
Tom Moen
David Monk
Robert Moore

Mark Moraczewski
Jackie Mordorski
Joseph Morley
Peggy Muller
R. Munson
Dean Nalewaja

Lisa Navin
Cheryl Nelson
David Nelson
Hugh Nelson
Kelly Nelson
Lynn Nelson

Scott Nelson
Randy Ness
Mark Newman
Leland Nicklason
Jodi Nieland
Beth Nielsen

Jodie Nielsen
Christine Niemczyk
Scott Noleen
Kimberly Nordin
Nanette Norton
William O'Brien

Theresa Ohnsorg
Randall Oleson
Bradley Olson
Cynthia Olson
Jodee Olson
Julie Olson

Lori Olson
Shan Olson
Gary O'Neil
Brian O'Shaughnessy
Marybeth Ostrand
Dean Otteson

Lori Otteson
James Pancake
Peter Parker
Marcelina Paugei
Steve Paul
Teresita Paulino

Jeffrey Peltier
Jesse Perrault
Richard Perreault
Jay Person
Pamela Petermeier
Karrie Peterson



Tom Peterson
Stephanie Peterson
Terry Peterson
Theresa Peterson
Todd Peterson
Paul Petrella

Kim Petron
Sue Picotte
Charles Pogose
Ann Pohl
Stephen Pohl
Dana Pope

Bryan Poslusny
Todd Pottsmith
Tammie Powers
Carolyn Pratt
Steve Pratt
Ronald Prax

Richard Prestegaard
David Preston
Gerald Proulx
Lori Proulx
Sandra Proulx
Becky Pruitt

Jim Pufall
Tom Quammen
Deanne Quigley
Kristine Ramey
David Ramsden
Kirk Rathbun

Steve Reeder
Mary Regel
Dirk Rehbein
Leslie Reiling
Chris Remitz
Colleen Remitz

Donald Rhoda
Brian Ritscher
Barbara Robertson
Robert Robinson
Shelly Robinson
Scott Roman





1. Patty Anderson and Jenny Welsh wait for hungry Sadie Hawkins hillbillies.



Joe Rosenbush
Janet Royer
Cynthia Ruby
Dave Rydeen
Cindy Ryhn
Wade Rylander

C. Rystrom
Jill Sampson
Erik Sandager
Laurie Sanford
Jill Sargeant
Timothy Scanlon

John Scharpen
Mark Schlenker
Lori Schloegl
Mark Schloer
Ronald Schmidt
Donna Schneider

Joe Schneider
Richard Schrom
Jonathon Schuett
Scott Schultz
Evelyn Schwartz
Mary Seiler

Carrie Serbus
Christy Serbus
Karen Shalander
Sandra Shalander
Juel Simmons
Debra Simonson

Linda Siniff
Catherine Skoog
Susan Solem
Sue Sorg
Tom Stachel
Marie Steele

Lisa Steiner
Kenneth Steirns
Thomas Steinberg
Jodie Stockdill
Jerry St. Sauver
Mark Summers

Graydon Sundeen
Paul Swanson
Donald Sweere
Mark Swenson
Suzanne Swider
Teri Teigland

Tim Tessier
Dothan Theising
Edward Theobald
Kathleen Tracy
Theresia Tyler
Andrew Valenty

Jane Vandekac
Tony Vecchiollo
Wendy Vierkandt
Tony Vitek
Danny Vollhaber
Vicki Waataja

Steven Waddell
James Wagner
Jeff Wagner
Donald Waller
Charlene Wallraff
John Waterhouse

Traci Watts
Chris Webb
Amy Weeks
Jeff Wehner
Mike Weir
Danny Weiss



Patricia Weiss
Jennifer Welch
Michelle Westhoff
Dan Wetterstrom
Barb Wilberg
Cindy Winberg

Susan Winberg
Lenore Wolner
Beth Woog
Linda Woog
Coleta Wright
Brian Young

Laurie Young
Timothy Young
Tracy Zank
Debbi Zaruba
Cheryl Zeren
Garnet Zimmer



1. A sophomore trumpeter. 2. A typical sophomore lunch. 3. Juniors show their aggressiveness in the powderpuff game.



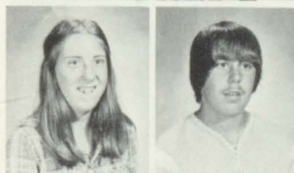


Central and Southwest Combine

The beginning of the year became a reunion for students. For sophomores it also meant meeting new friends, as Central and Southwest combined to form the Class of '80.

In a combined effort they demonstrated their imagination to entertain fans during the half-time of the Powder Puff game with a turkey chase.

Reuniting later in the year the Class of '80, while studying Shakespeare in their English classes, were entertained by the Theatre Club with a performance of a "Midsummer Night's Dream".



Sharon Adams
Randall Akkerman

Wanda Alcock
Scott Aldentaler

Robin Alm
Kathie Anderson
Kent Anderson
Lenore Anderson
Loren Anderson
Michael Anderson

Michelle Anderson
Ramona Anderson
Robert Anderson
Sandra Anderson
Shari Anderson
Dana Antinozzi

Nick Antinozzi
Robert Arnold
Shawn Asquith
Linda Atkins
Julie Autey
Bruce Bairaktaris

Ronald Baker
Karen Balfanz
Lynda Banta
Lynne Bardy
Besty Bartlett
Greg Bayless

Steven Beattie
Susan Beattie
Michael Bebeau
Douglas Bedient
Theodore Benson
Deborah Berg

Rodney Berg
Christy Berglund
Jeffrey Berglund
Chris Beyer
Timothy Bibeau
Vickie Biggs

Tana Billman
Lori Black
Alan Boettcher
Richard Bohnen
Brenda Boleen
Margaret Bookwalter



Cheryl Booth
Melody Born
Dan Bothman
Tamera Bourgoin
Wayne Bowker
Gregory Boyce

Melissa Boyer
Rhonda Boyes
Gordan Brackee
Marsha Branum
Richard Branum
Jeanne Breneman

Christopher Brown
Deborah Brown
J. Brown
Kathleen Bruley
Barbara Bunn
Morris Bunney



1. Diane Swanson works diligently on her trumpet.





Alice Burgeson
Susan Burke
Dean Cameron
Laurie Carleton
Guy Carlson
Tomiann Caron

David Caroon
Carolyn Cartier
Daniel Charpentier
Michele Chenoweth
Bradley Cherry
Robert Childers

Mark Chilson
Jean Cincoski
Mark Cincoski
Rita Clausen
Kathleen Costello
Beth Cree

Tamara Dabe
Carla Dahlberg
Michael Dambow
Desiree Dauphinais
Brian David
Kathy Davidson

Kathy Davis
Robert Davis
Steve Davis
Connie Degendorfer
Amy DeHaven
Janette Dehn

Frank Deilke
Tony DelMedico
Jane Dickey
Kellie Dill
Dean Dimmen
Diana Distler

John Distler
Laurie Dittbrenner
Joan Dittmar
Robin Doege
Cindy Donahue
David Dunbar

Scott Dupslaff
Shelly Ecklund
Tomisene Effertz
Cheryl Eggen
Mark Elkins
Gregory Elmquist

Roy Eisenpeter
Linda Engstrom
Linda Ensrud
Joanne Erickson
Krista Erickson
Laurie Erickson

Mereshawn Erickson
Kim Erzar
Cheryl Esberg
Allen Essen
Doug Evgen
Lance Faber

Dean Faymoville
Susan Fedje

Kathleen Ferrard
Joseph Finger

Julie Fischer
Jeff Flaherty

Daniel Flanagan
Tracey Flermoen
Gretchen Flint
Michael Flint
Michael Flor
Mark Fredrickson

Steven Fritz
Marlin Fuglie
Jess Gajeski
Julie Garner
Tracy Genin
Ginger Geving

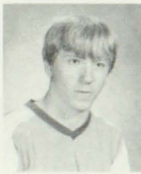
Wade Geving
Kenneth Giampolo
Douglas Gillette
Denise Goiffon
David Goldeman
Michael Gorka

Terri Gort
Robert Goodroad
Larry Granberg
Julia Greathouse
Mary Gregerson
Keith Groeneweg

Gregory Groess
Shawn Groshens
Gregg Grubbs
Michelle Grundhofer
Dawn Gudmundson
Jean Gunderson

David Gustafson
Kenneth Guttsen
Jody Hagen
Judith Hahn
John Hallberg
Jaimette Haluptzok

Michael Halvorsen
John Hanley
Michael Hanson
Randy Hanzal
Paula Harrington
Craig Hartos





1. Sophomore boys look over the intricate parts of a machine.
2. Sophomores swing to the music.



Scott Haseltine
Constance Haus
Randolph Haus
Christopher Hawley
Linda Hawley
Patrick Haworth

Kent Hawthorne
Julie Heck
Mike Heifort
Paul Helin
Timothy Henderson
Jim Henrichsen

Deborah Herbst
Deborah Herges
Gregory Hinrichs
Richard Hodges
Melanie Hoff
Mike Holmes

Sarah Houle
Thomas Houle
Victoria Houle
Patrick Hovland
Candy Hummel
Roger Humphrey



Brenda Husfeldt
Michael Immel
Raymond James
Mary Janecek
Phillip Janssen
Dawn Jarosiewicz

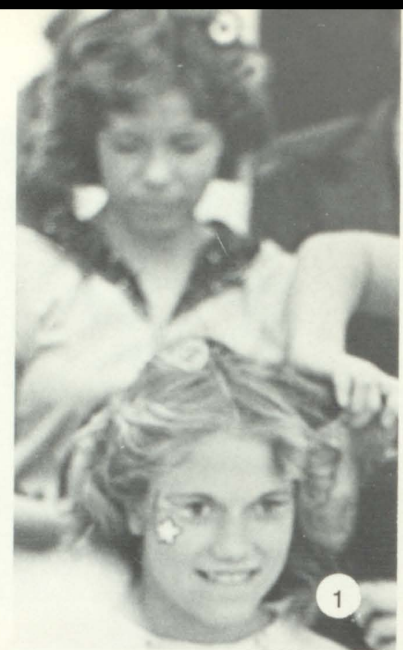
Keith Jarvis
Julie Jasicki
Heather Jeans
Gregory Jellum
Deborah Jensen
Karen Jensen

Jane Jergens
Cary Johansen
Bruce Johnson
Craig Johnson
Doreen Johnson
Jerome Johnson

Jody Johnson
Jordene Johnson
Kellie Johnson

Kevin Johnson
Paul Johnson
Scott Johnson

Janet Jones
John Kaiser
Robin Kangas



Roger Kannisto
Mark Kasma
Joseph Kasper
Cindy Kaase
Laurie Keen
Nancy Keilen

Daniel Kelly
Viann Kelly
Dale Kirchoff
Vicki Kirk
Daniel Kling
Janice Klingbeil

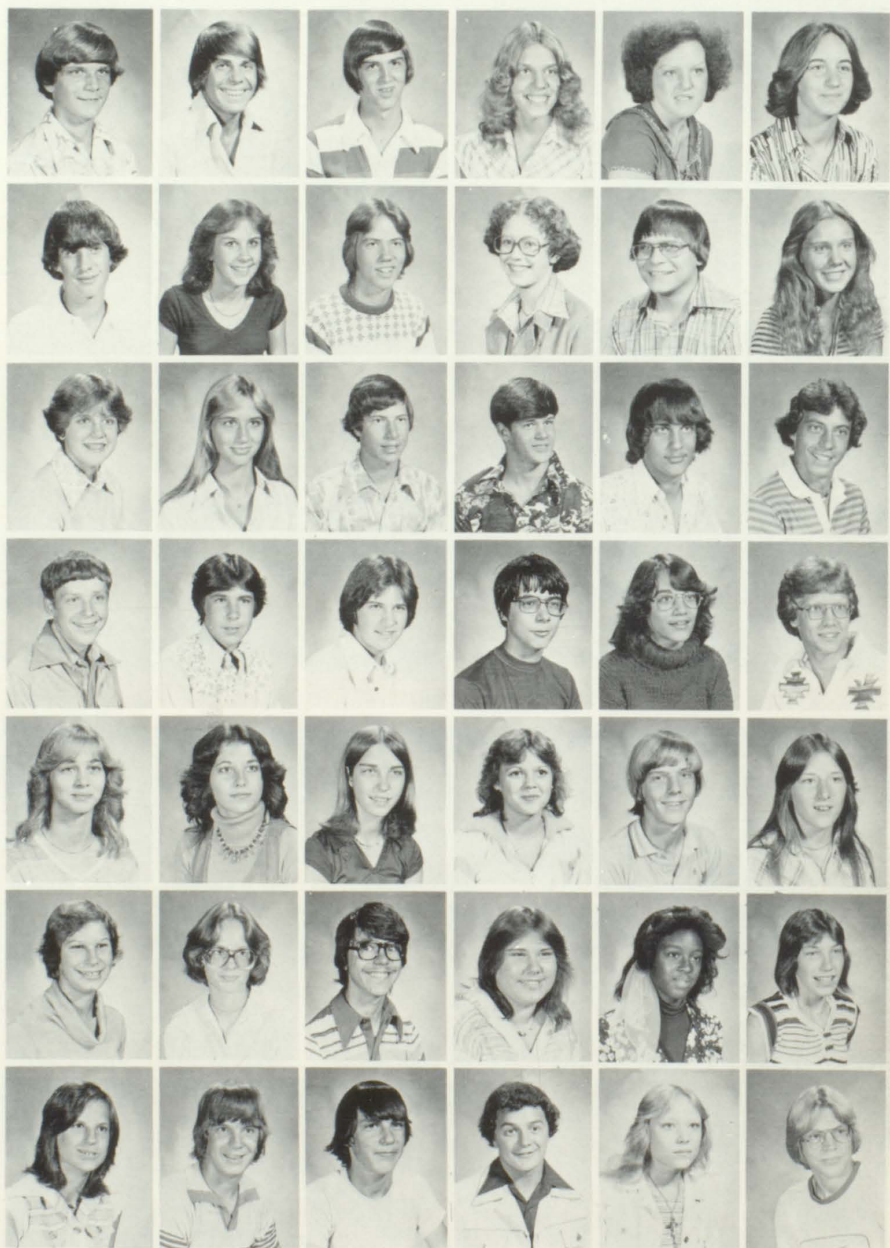
Lynn Koch
Mary Koch
Daniel Kohler
Lee Kohler
Steven Kohler
Scott Kohls

Melvin Kohlstorf
David Koppy
Lisa Kranick
Robert Krasky
Tamara Krech
Wade Krinke

Linda Kult
Deana Kunshier
Donna Kunshier
Diana Kurasz
Joseph LaBelle
Carolyn LaCasse

Suzanne LaMere
Lori Lamprecht
Brian Lange
Carla Lange
Regina LaRoche
Christine Larson

Joan Larson
John Larson
Mike Larson
Richard Larson
Sandy Larson
Thomas Larson





Curtis Leason
David Leckie
Lori Leonard
Nancy Leslie
Jacqueline LeVesseur
Jeff Levine

Leslie Lewis
William Lewis
Jane Lichtscheidl
Mike Lind
Nick Lindeberg
Dan Lindgren

Ann Linz
Lisa Linz
Karen Little
Cynthia Long
Nanci Long
Robert Longtin



Dean Lopez
Genyi Lott
Wayne Lund
Deanna Lunde
Faith Lundeen
Lori Lundeen

Thomas Mackey
Charles Magnuson
Mark Maisio
Michelle Malm
Darlene Marier
Diane Marier

Dawn Marsh
Matthew Marx
Jeffrey Matheson
Andrea Matiatos
Paul Mayhew
Todd Mayo

Robert McChesney
Kevin McConnell
Dana McCool
Jeffrey McKenzie
Brian McLaughlin
Kitty McMahon



1. Christy Bergland waits impatiently for her transformation into a fairy as Nancy Johnson awaits her turn. 2. The mighty sophomore Rangers show their spirit as they "Dam the Rapids" on their homecoming float.

Debra Merrill
Bernard Meyman
Julie Michaud
Dan Miller
Jeff Miller
Gerald Milligan

Russell Miner
Scott Moon
Michael Moore
Sheryl Moorhouse
Matthew Moraczewski
Dee Ann Mork

Rosemarie Morley
Michael Morrissey
Marlon Moseng
Mary Murphy
Robert Neal
Joel Nelson

Kurt Nelson
Kristy Neujahr
Kerry Neumann
Michael Newman
Diane Niederkorn
Brian Nieland

John Nielsen
Shirley Noreen
Lisa Novak
Alan O'Brien
Jennifer O'Gary
Joe Ohnsorg

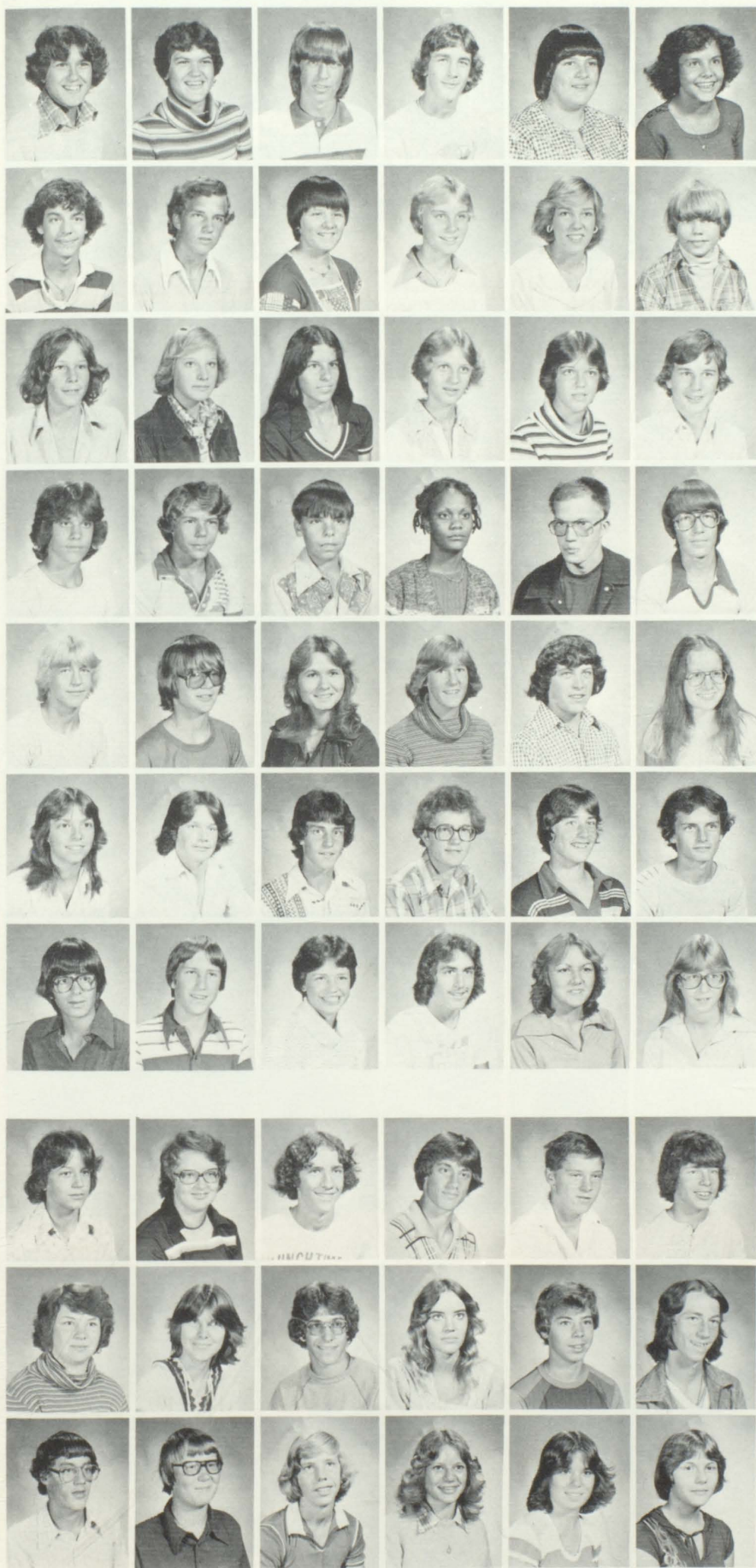
Burnell Olson
Charles Olson
Curtis Olson
Ginger Olson
John Olson
Kenneth Olson

Natalie Olson
Steven Olson
Susan Olson
Terri Olson
Wendy Olson
Loren Osterbauer



1. Steve Davis and Brad Werth puzzle over a problem. 2. The determination of Jeff Flaherty is displayed in his shop class.





Carrie Otto
 Connie Otto
 Todd Patterson
 Matthew Paul
 Laurie Peloquin
 Robin Peltier

Tom Pepin
 Donn Pepper
 Rita Perreault
 Leanne Petermeier
 Karen Peterson
 Michael Peterson

Steven Peterson
 Donna Pfingsten
 Christine Pfleger
 Kit Philippi
 Penny Plain
 Mark Pogose

Adam Powers
 Timothy Powers
 Dale Prax
 Pamela Preston
 Kenneth Priem
 Bob Proulx

Jeff Proulx
 John Proulx
 Patrice Puffer
 Mary Purdie
 John Radtke
 Rita Rainer

Connie Rasmussen
 Robert Reece
 Brian Reeder
 Mark Reese
 Jeff Reiman
 Mark Renard

Rick Renard
 James Rhoda
 Julie Rice
 Jerry Richert
 Kathleen Richter
 Michelle Riermann

John Rinke
 Rose Riopel
 Anthony Rippel
 Scott Robinson
 Robert Rogowski
 John Rolseth

Robin Rosengren
 Denise Royer
 Murray Rudisill
 Lorri Rue
 Tom Ruggles
 George Russell

Luke Rylander
 Stephen Sahlin
 James Sampson
 Mary Sargeant
 Christine Sather
 Elizabeth Schaab

1. Amy DeHaven, Beth Kedrowski, Helen Leach, and Sue Sunstan share in the sweeter things of life. 2. A spark of creativity.



John Schadl
Randy Schafer
David Schams
Beverly Scharpen
Brenda Schellin
Cathy Schlangen

Racheal Schliesing
Gerald Schmidt
Laurie Schmitt
Tara Schoening
Robert Schrom
Charles Schultz

Teresita Schultz
Ann Schumacher
Dennis Schuna
Patrick Schur
Mary Schwan
Yvonne Searby

Steven Seekon
Mary Seitz
Jonell Sherwood
Richard Shuster
Randall Simonson
Sherri Siniff

Timothy Skogland
Susie Skoglund
William Smallidge
Stuart Smith
Pamela Smuda
Michael Solem

Peggy Solem
Patrick Spence
Andy Sprangel
Scott St. Sauver
Ron Stace
Jeff Steffenson

Mark Sternberg
Dana Stevens
Karlene Stevermer
Kenny Straka
Elizabeth Strand
Terrence Stroman

Ward Struble
Marcianne Svec
Diana Swanson
Sandra Sweere
Kent Swenson
Troy Switzer





Donna Tauer
Gwen Taurman
Chris Taylor
Linda Taylor
Darla Teel
Cheryl Templeton

Kelly Theno
Bret Thiele
De Ann Thode
Sharon Thomasen
Thomas Thompson
Tim Thompson

Allen Thorp
Denise Tisdale
Scott Townsend
Rebecca Trimble
Kim Tubridy
Cheryl Tyler

Suzanne Underdahl
Daniel Urie
Kathryn Utecht
Richard Vaicius
Richard Verner
Daniel Vierling

Dean Vitek
Stanley Volenski
David Vornbrock
Michael Walker
Casper Wallace
Charles Wallraff

Jeff Wavrin
Beth Weeks
Mark Wehner
Mary Weiss
Brad Werth
Jacquelin West

Connie Westergren
David Westergren
Linda Wetjen
Debra Wettschreck
Kay Wilhelm
Robin Wilhelmi

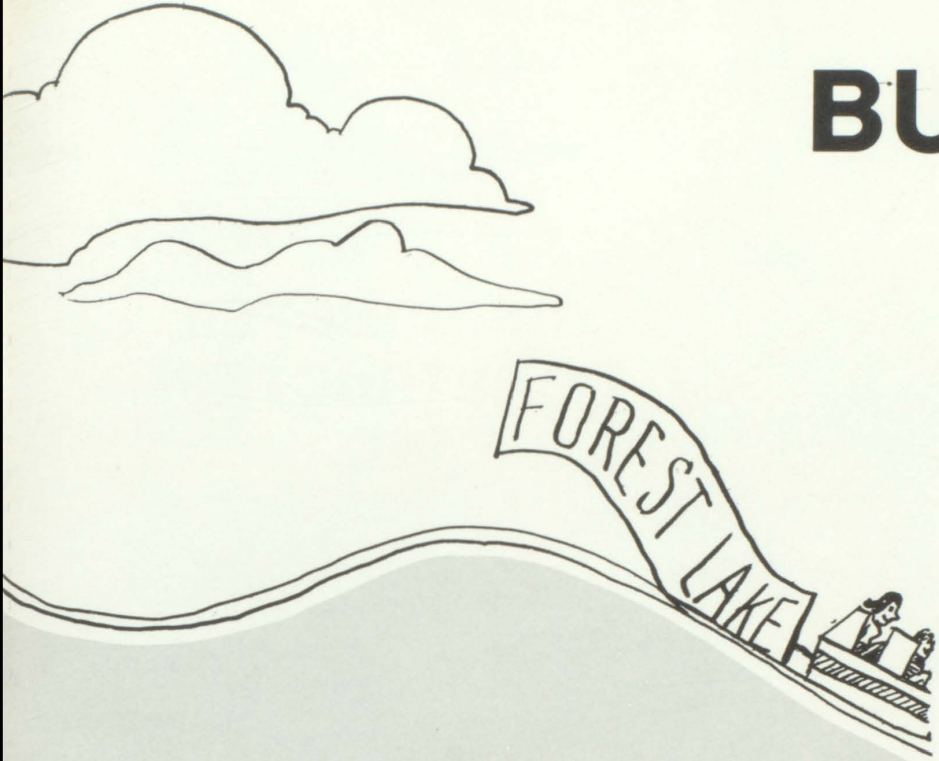
Steven Williamson
Ronald Wolfbauer
Stephanie Wolff
John Wright
Kathy Wright
Glenn Young

Jeffrey Young
Darlene Zeiher

Brenda Zeren
Mary Zweirs



BUSINESS



FOREST LAKE

Without the support of our community, this yearbook would be impossible to produce. The endless hours of driving, writing, mailing, and talking are always worth the pleasure of seeing our yearbook completed. All students who enjoy the memories of this past year at Forest Lake High School, thank those who supported this book with financial assistance.



CONGRATULATIONS

CLASS OF 1978



Congratulations Class of 1978

From

**GRUNDHOFER
CONSTRUCTION
INC.**



Jerry Grundhofer

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TRUEX, INC.

Model and Prototype Machining
Metal Farming, Welding
Short Run Stampings

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BEST OF LUCK

CLASS OF 1978

FOREST LAKE AIRPORT

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Forest Lake

464-4522

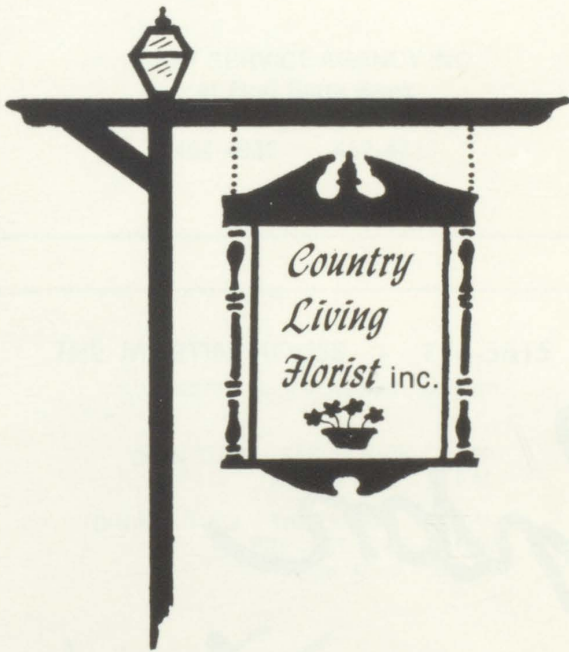
Discover

BEN FRANKLIN

We bring variety to life!

49 North Lake

Forest Lake, Minnesota



Best Wishes Class of '78

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224-6674

Best Wishes
Class of '78

JOHNSON & ASSOCIATES REALTORS

167 South Lake Street



Congratulations
Class of '78

JOHNSON PHOTOGRAPHY

Highway 8 East
Forest Lake





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464-4666 462-4711

Atkins Sporting Goods

Good Luck Seniors

General Sporting Goods
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Dave Atkins 462-4211

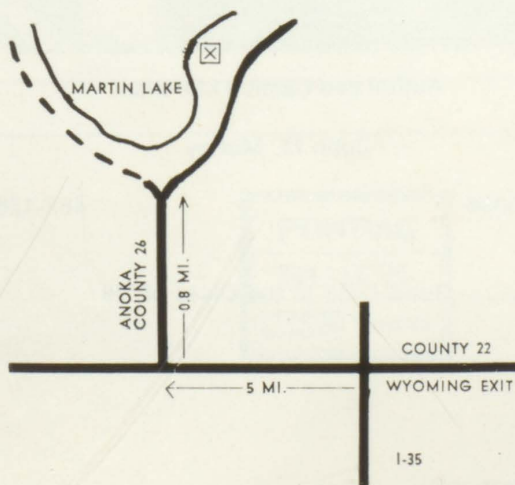


THE MARTIN HOUSE - 756-5515

YOUR HOSTS — DONNA AND BILL JANECEK

OPEN TUES. - SAT. 12 Noon - 1 A.M.
SUN. 12 Noon - 12 P.M.

DINING—TUES. - THURS. Noon - 11 P.M.
FRI. - SAT. Noon - 12 P.M.
SUN. Noon - 10 P.M.



Good Luck Seniors!

Oldsmobile
ALWAYS A STEP AHEAD

BENSON & PETERSON

Oldsmobile Cars & John Deere Snowmobiles





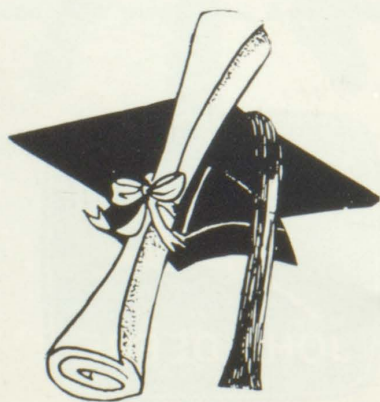
The Forester Staff

wishes members of
the class of '78
the best of futures

COUNTRY LIVING SUPPLY

Wyoming
462-4224

Congratulations Class of '78



SEARS

Authorized Catalog Merchant

John M. Morley

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462-1264

Good Luck to the Class of '78

A. W. BERGGREN AND SON ELECTRICAL COMPANY

Best of luck to the Class of '78

The Residents and Staff of BIRCHWOOD HEALTH CARE CENTER

Congratulate the Class of '78



JOHNSON'S SUPER VALU

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Best Wishes to the Class of '78



NOVAK, inc.

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Congratulations
GRADUATES

Teenburger



says . . .
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To The Class of '78



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A Family Restaurant



**CONGRATULATIONS
CLASS OF '78**

HALLBERG MARINE

Wyoming, Wn.



Groceries — Gas

GOOD LUCK
TO THE CLASS
OF 1978
FROM

CARLISLE'S STORE



COUNTRY KITCHEN®



Home of the Famous Country Boy 'n Country Gal,

Congratulations all the guys and gals
in the class of '78 who will graduate
this June. Remember, when celebrating
this big day, we're open 24 hours
to serve you.

ROLSETH DRUG



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Forest Lake
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Wyoming

Open 7 days a week

Live Music every

Wed., Fri., & Sat.

Good Luck to the Class of '78



Congratulations Seniors



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Forest Lake
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SENIORS

FIRST STATE BANK

Wyoming



EAGLE OIL CO.

35 North and Viking Blvd.
Wyoming, MN



THE ART OF GETTING ALONG

Sooner or later, a man, if he is wise, discovers that life is a mixture of good days and bad, victory and defeat, give and take. * He learns that it doesn't pay to be a sensitive soul; that he should let some things go over his head like water off a duck's back. * He learns that he who loses his temper usually loses out. * He learns that all men have burnt toast for breakfast now and then, and that he shouldn't take the other fellow's grouch too seriously. * He learns that carrying a chip on his shoulder is the easiest way to get into a fight. * He learns that the quickest way to become unpopular is to carry tales and gossip about others. * He learns that buck-passing always turns out to be a boomerang, and that it never pays. * He learns that the business could run along perfectly well without him. * He learns that it doesn't matter so much who gets the credit so long as the business shows a profit. * He learns that even the janitor is human and that it doesn't do any harm to smile and say "Good Morning", even if it is raining. * He learns that most of the other fellows are as ambitious as he is, that they have brains that are as good or better, and that hard work and not cleverness is the secret of success. * He learns to sympathize with the youngster coming into the business, because he remembers how bewildered he was when he first started out. * He learns not to worry when he loses an order, because experience has shown that if he always gives his best, his average will break pretty well. * He learns that no man ever got to first base alone and that it is only through cooperative effort that we move on to better things. * He learns that bosses are no monsters, trying to get the last ounce of work out of him for the least amount of pay, but that they are usually fine men who have succeeded through hard work and who want to do the right thing. * He learns that folks are not any harder to get along with in one place than another, and that the "getting along" depends about ninety-eight percent on his own behavior.

THE 1977-78 MEMBERS OF STUDENT COUNCIL HOPE THE ACTIVITIES WE HAVE SPONSORED THROUGHOUT THE YEAR WILL PROVIDE YOU WITH MANY LASTING MEMORIES.

Scott Henderson
Penny Hockensmith
Karen Johnson
Lynn Sheree Lynch
Perry McGowan
Mary Kay Morley
Roxanne Petermeier
Jill Reiman
Betsy Webb
Kris Van Nispen

Kurt Brungardt
Orleen Craig
Gretchen Craver
Mary Kae Erickson
Dawn Krinke
Jan Lindberg
Andy Valenty
Amy Weeks

Mr. Franzen—advisor

Shari Anderson
Cristy Berglund
Sue Burke
Tom Houle
Jane Jergens
Jody Johnson
Lynn Koch
Peggy Solem
Rick Verner

School Colors Day Valentine Carnation Delivery Semi Formal
Pronto Pup Part 4 Alumni Polka

College, Vocational Technical, & Military Fair

Disco Dance Blood Drive Parade Sack Hop

Presentation by Mark Scharenbroch
Snake Dance

Homecoming
Christmas Dance
Coronation

Car Bash

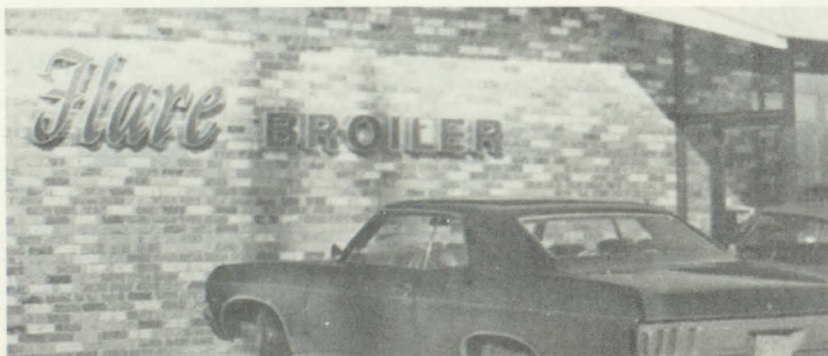
CONGRATULATIONS, GRADS!

"If you love life,
Don't squander time,
For that's the stuff
Life is made of."

Ben Franklin

Post and Auxiliary
Veterans of Foreign Wars

VFW POST 4210



Congratulations 1978 Seniors

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MANOR
MOTEL**

12 Spacious Units

- carpeted
- T.V. and air conditioning
- hot water heat
- open year 'round

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Congratulations

Class of '78

KOLBOW'S INTERIORS



Congratulations

Seniors of '78

SELCHOW CHEVROLET

Forest Lake

464-4100

"A Dealer Who Deals in Service"



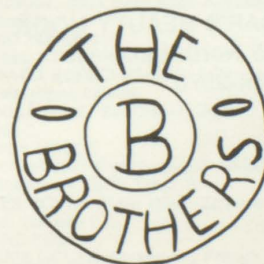
The Brothers would

like to wish

everyone in our

Class of '78

Good Luck



1977-78 BROTHERS: Left to Right BACK ROW — Andy Brasmer, Lance Haseltine, Kurt Brungardt, Jonathan Lien, Brad Weeks. MIDDLE ROW — Pat Flaherty, Dave Juhl. FRONT ROW — Scott Henderson, Perry McGowan (captain), Dave Anderson. ALSO — John Kelly and Advisor Tom Newell not pictured.

PATRONS

BIBLE BOOK & GIFT CENTER
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BIRCHWOOD TERRACE MOBILE HOME
PARK & SALES
Wyoming 462-4895
Congratulations Seniors!

BLACKSMITH'S AUTO BODY
21438 Forest Blvd.
464-3014

BOB JOHNSON INSURANCE
280 West Broadway
464-2182
Best Wishes Seniors!

CARTER'S JEWELRY & GIFTS
85 North Lake
464-3378
Good Luck Seniors!

COTTAGE CLEANERS
531 South Lake
464-2123

CRABTREE KITCHEN & CATERING
433-2455
Congratulations Seniors!

DR. JOHN ELVERUM (optometrist)
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464-4824

DAR'S BEAUTY NOOK
55 North Lake
464-2070

DER LACH HAUS
19 South Lake
464-2433

DIVERSIFIED PRODUCTS
Wyoming
462-4526
Good Luck Seniors!

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464-2647
Congratulations Seniors

FOREST LAKE VETERINARY
4971 North Scandia Trail
464-2752

THE HOULE GROCERY
Downtown Forest Lake
464-3513
We Deliver

MATTSON'S FUNERAL HOME
Forest Lake
464-3556
Good Luck Seniors!

NADEAU'S STAR MARKET
Hugo, Minnesota
429-0855

WAYNE'S STAR MARKET
Wyoming
Congratulations Seniors!

JEFF AHLM: Intramural Soccer-2.

JAMES ALLEN

JOHN ALLQUIST

DAVID ALM

CHUCK ANDERSON

DAVID ANDERSON

HARLAN ANDERSON

JANET ANDERSON

JUDY ANDERSON: Choir-1, FLOEA (pres.)-2,

Prolifique-1, Office Aid-1, Math-Science Tutor-3,

S.L.B.P. Tutor-1, National Honor Society-1.

KAREN LEA ANDERSON: AFS-1, Drama Club-3,

French Club-1, Ski Club-1, Gymnastics-1, "How to

Succeed in Business Without Really Trying", "Story

Theater", "Teahouse of the August Moon", "Annie

Get Your Gun".

MIKE ANDERSON

RACHEL ANDERSON: Transfer from International

Falls Sr. High School, MN; Choir-3, Declamation-1,

Drama Club-3, FHA-1, "Story Theater", "Annie Get

Your Gun".

SANDY ANDERSON: Forester-1, Mat Aids-2, Pep

Club-2, Ski Club-2, Spanish Club-3, National Honor

Society-1.

VANCE ANDERSON: Ski Club-3, Spanish Club-3,

Baseball-1.

WENDY ANDERSON

DANIEL ANDRUS

JULIE ANTINOZZI

JULIE ARMSTRONG: FLOEA-1.

KIM ATKINS: Transfer from Simley Sr. High School,

MN, Band-1, FLOEA-1, Pep Band-1.

DEBORAH AVERY: Choir-3, Drama Club-3, FHA

(vice pres., pres.)-2, Flag Corps (captain)-3, Student

Council-1, National Honor Society-1, Girls' Tennis-2,

"How to Succeed in Business Without Really

Trying", "Story Theater", "Annie Get Your Gun",

"Alice in Wonderland".

LISA BABCOCK: FLOEA-1.

RICHARD BAHNEMANN

ROBERT BAHNEMANN

STEPHEN BALFANZ

MARK BANTA

MICHELLE D. BARKEIM: Transfer from Mounds

View High School, MN, S.L.B.P. Tutor-2.

CINDY BARTON

MARY BAXTER

DANNY BAYLESS

RICK BENSON: Boys' Track-2.

SHERRIE BENSrud

SCOTT BERGERON

CRAIG BEVER

MICHAEL B. BLACK: Band-3, Breeze-2, Choir-2,

Declamation-1, Drama Club-3, Madrigal-1,

Mezmora-1, Pep Band-3, National Honor Society-1,

"How to Succeed in Business Without Really

Trying", "Teahouse of the August Moon", "Story

Theater", "Annie Get Your Gun", "Alice in

Wonderland", "Night Watch", "Midsummer Night's

Dream".

DAVID BLACKBIRD: Band-3, Letterman's Club-2,

Pep Band-3, Ski Club-1, Intramural Soccer-3, Boy's

Tennis-3.

JOSEPH M. BLAESER

DANIEL BLESENER

SUE BOLEEN: Band-3, French Club-3, Pep Band-3,

Statistician-1, Volleyball-3.

LYNN BOOKWALTER

SUE BOORSMA: Transfer from Thomas Jefferson

Sr. High.

TERRY BOTHMAN

KATHERINE BOWEN

LINDA BOWKER

DARREL BOWMAN: Choir (pres.)-3, Madrigal-1.

MICHAEL BOYER

YVONNE BOYES: Band-3, Breeze-1, Cheerleaders

(wrestling capt.)-3, Pep Club-2, Pep Band-3, Ski

Club-1.

NATALIE BRACHT

ANDREW BRASMER: Brothers-1, Drama Club-3,

Prolifique-2, Skit Club-1, Spanish Club-3,

"Teahouse of the August Moon", "Annie Get Your

Gun", "Alice in Wonderland", "Midsummer Night's

Dream".

DUANE BRIDGEMAN

JOHN BRISSON

JANET BROMMERICH

TERRANCE BROWN

ROBERTA BUHL

ROBIN BUHL

DORIS BUNN

PAMELA BURCALOW

KERRIN BURKE

TERRY BUSKE

JOEL BUYS

CRAIG CAIN

TIM CAKEBREAD: Band-3, Choir-3, Madrigal-1,

Pep Band-3, Intramural Soccer-1.

TIM CARLETON

BRUCE CARLSON: Band-2, Letterman's Club-2,

Hockey-3 (capt.).

ED CARLSON

JEFFREY CARLSON

RON CARLSON

RICK CASSMAN

KATHIE CHEESEBROUGH

PATTY CHENOWETH: Ski Club-1.

PAM CHMIELEWSKI: Transfer from Lake Howell

High School, Florida, Band-3, Forester-1, Pep

Band-3, Spanish Club-2, National Honor Society-2,

Softball-2.

JOHN CLAUSEN

RUSTY COLEMAN

MAUREEN COLLINS: Choir-1, Majorettes-1, Pep

Club-1, Student Aides-3, National Honor Society-1,

Gymnastics-3.

COLLEEN COSTELLO: Breeze-2, Declamation-1,

French Club-3, Ski Club-2, AFS-1, Volleyball-1.

CAROL COXEN: Band-1, Debate-3, Declamation-3,

Statistician (basketball)-1, Junior Class Committee,

Senior Class Committee, Homecoming Candidate,

National Honor Society.

TINA CRAIG

ALLEN CRANE

DEBORAH CREE

CRAIG DAHL

MICHAEL DALE

JENNIFER DAMCHIK

DENISE DANIELSON: FHA-1, French Club-1,

National Honor Society-2, Volleyball-1.

SCOTT DANINGER: Letterman's Club (vice pres.)-2,

Boy's State Rep-1, Baseball-1, Boy's Basketball-2,

Football (capt.)-3, Boy's Track-2.

SUSAN DANINGER

BEVERLY DAVIDSON: Ski Club-1.

MARK DEAL

STEVE DEHAVEN: Band-3, Pep Band-3, Boy's

Tennis.

TOD DES JARDINS

DOUGLAS DIXON

CINTHIA DOGE: FFA-1, Girl's Basketball (capt.)-3,

Girl's Track-1, Volleyball (capt.)-3, Softball-2.

MONICA DOEPNER

JOHN DOHMEN

JOSEPH DOHMEN

BRIDGET DOLAN: Forester (editor)-2, Prolifique

(editor)-3, Tutor (math-science)-2, Cross Country

(capt.)-2, Girl's Track-2.

DEBBIE DOUCETTE: Band-3, Breeze-3, French

Club-2, Pep Band-3, Ski Club-3.

CHERYL DRESEL

THOMAS C. DUNCAN: Choir-2, FFA-2, Mezmora-1.

TAMA DUNN

PAMELA DUPAUL

JACK EBERHARDT

SCOTT ELLIOT: Transfer from Roosevelt High, MN.

GREG ENSRUD: Hockey-3, Boy's Track-3.

SANDY ENSRUD: Choir-3, Student Aids-1,

Volleyball-2.

BEV ERICKSON: Choir-3, Ski Club-3.

JAMES ERICKSON

JOEL ERICKSON

KATHLEEN ERICKSON

SUSIE ERICKSON: Band-3, Horse Club-1, Mat Aids-

1, Girl's Basketball-1, Volleyball-1.

TOM ERICKSON

RENEE ERZAR

DAVE ESBERG

KEVIN ESSEN

KAY FANGMEIER: Choir-3, Volleyball-1.

MARY FAYMOVILLE

SCOTT M. FEARING: Breeze (editor-in-chief)-3,

Declamation-2, Drama Club-3, "How to Succeed in

Business Without Really Trying", "Teahouse of the

August Moon", "Story Theater", "Annie Get Your

Gun", "Alice in Wonderland", "Night Watch",

"Midsummer Night's Dream".

JULIE KAYE FEELS: Band-3, Breeze-1, Pep Band-2,

Ski Club-2, Spanish Club-1, Girl's Tennis-3.

DEBBIE FELDT

PATRICK J. FLAHERTY: Brothers-1, Letterman's

Club-2, Ski Club-2, Intramural Soccer-1, Boy's

Tennis-3.

DAWN FLINT: Pep Club-1, Rangerettes-1, Ski Club-

2, Statistician (tennis)-1.

HEIDI FLINT: Band-3, Declamation-2, Tutor (Math-

Science)-1.

AUDY FORD

ELIZABETH J. FOX

RONALD FRALEY: Wrestling-3

NAOMI FROST

MARIA FUGLIE

JOHN GABRIEL: Breeze (editor)-3, Debate-1,

Drama Club-2, Ski Club-1, "Annie Get Your Gun",

"Alice in Wonderland", "Midsummer Night's

Dream".

MICHELLE GABRIELSON: Choir-1.

TODD GALLAGHER: FFA-1, Letterman's Club-3,

Sophomore Candidate, Boy's Basketball-2,

Football-2, Boy's Track-1.

SANDY GARTMAN

SCOTT GAUVIN

CINDY GENIN: Breeze-1, French Club-2, National

Honor Society-1, Girl's Tennis-1, Volleyball-2,

"Teahouse of the August Moon".

MARY GERVAIS

GENE GILLESPIE

DIANNA GILLETTE: Band-2, French Club-1, Pep

Band-2.

BECKY GOSS: Choir-3, Student Aids-1.

CHERYL GOULET: Transfer from Johnson Senior

High School, MN, FLOEA (parliamentarian).

KAREN GRANGER

CHARLES GROSHENS

GAIL GROSSNICKLE: Transfer from Mounds View

High School, MN.

TERI GROVER: Breeze (editor)-2, Cheerleader-1,

Choir-3, FHA (treasurer)-1, Prolifique-1, "Annie Get

Your Gun".

TIMOTHY GRUETT

MICKEY GRUNDHOFER: Band-3, Letterman's Club-

2, Pep Band-3, National Honor Society-2, Football-

3, Boy's Track-3.

JO GUNDERSON: Band-2, Declamation-2, Drama

Club-3, Pep Band-2, Junior Class Committee,

Senior Class Committee, National Honor Society-2,

Gymnastics (capt.)-3, "How to Succeed in Business

Without Really Trying", "Teahouse of the August

Moon", "Story Theater", "Annie Get Your Gun",

"Alice in Wonderland", "Night Watch", "Midsummer

Night's Dream".

SANDRA GUSTAFSON: Choir-3, Drama Club-3,

"How to Succeed in Business Without Really

Trying", "Teahouse of the August Moon", "Story

Theater", "Annie Get Your Gun", "Alice in

Wonderland".

LORI HAGAN

MICHELLE HALL: Choir-2, Prolifique-1, Ski Club-3,

Gymnastics-1, Girl's Track-1.

DENISE HALLBERG: Band-1, National Honor

Society-1, Golf-1, Gymnastics-3, Girl's Tennis-3.

KAREN HAMILTON

JEFFREY HANSEN: Band-3, Letterman's Club-2,

Football-3, Boy's track-3.

MARK HANSEN

MARLO HANSEN

MICHAEL HANSEN

AMY HANSON: Student Aids-2, Girl's Track (capt.)-

3, Tutor (S.L.B.P.).

BARBARA HANSON: Band-2, FFA-1, Pep Band-2,

Student Aids-1, Tutor (Math-Science)-3, Tutor

(S.L.B.P.).

KEVIN HASELTINE

LANCE HASELTINE: Brothers-1, Letterman's Club-

2, Tutor (Math-Science)-1, Football-3, Boy's Track-

2, "Midsummer Night's Dream".

RICHARD HAUS: Cross Country (capt.)-3,

Wrestling-1, FFA-1, Football-1.

JUDY HEBERT: AFS-1, Breeze (editor)-3, Choir-3,

Forester-2, French Club-3, Madrigal-1, Mat Aids-1,

Pep Club-2, Prolifique-1, Tutor (Math-Science)-3,

National Honor Society-2.

DEBRA HEINZE

SCOTT HENDERSON: Band-3, Brothers-1, Pep

Band-3, Ski Club-3, Spanish Club-3, Student

Council-1, Intramural Soccer-3.

THOMAS HERLYA

JODI HEWSON

DOLLY HIBBISON: Cheerleader-2, Girl's

Basketball-2, Homecoming Candidate, Sophomore

Candidate, Girl's Track-3.

RICKY HIGGINS

DALE HILL

BARB HINDI: FFA-1, Horse Club-1.

DAVE HINRICHSEN: Choir-1.

PENNY HOCKENSMITH: Breeze-1, Choir-3,

Debate-1, Forester-2, Pep Club-1, Student Council-

3, Statistician (basketball)-2, Junior Class

Committee, Girl's Basketball-3, Volleyball-2,

Softball-1.

DAVID HODGES

JODELL HODGES

RICHARD HOFSCHEIDER: AFS sponsored from

the Maryanna Islands.

MONICA HOLL: Ski Club-1, Girl's Track-3, Girls

Tennis-2.

DANITA HOULE

MARY HOULE: French Club-3, Statistician-1,

Gymnastics-3, Girl's Track-3.

PETER HOULE: Tutor (Math-Science)-1, National

Honor Society-1.

SHANE HOULE

Tutor (S.L.B.P.)-1, National Honor Society-2, Girl's Tennis-2.
 MARK HUDAK
 MICHAEL HUGHES: Letterman's Club-2, Ski Club-3, Football-3, Boy's Track-1.
 DEBBIE HULSMAN
 BRIAN HUSFELDT
 CHARLES IMMEL
 BRIAN IVERSON
 RICK JACOBSEN: Hockey-2, Intramural Soccer-1.
 KEVIN JANSEN
 RUTH JEANS: Cheerleaders-1, Choir-2, Pep Club-1, Gymnastics-3.
 TARA JEANS: Cheerleader-1, Student Council-1, Tutor (Math-Science)-1, Gymnastics-2.
 BONNIE JENSEN: Band-1, Rifle Guard-2, Ski Club-3.
 CHRISTINE JENSEN: Tutor (S.L.B.P.)-1, Girl's Basketball-1.
 MARTIN JENSEN
 MARY JO JENSEN: Forester-1, French Club-3, Tutor (S.L.B.P.)-1, National Honor Society-2, Volleyball-1.
 JOHN JEWISON
 RENEE JOHANSON: FLOEA (treasure)-1, Band-2, Pep Band-2, Prolifque-2, Volleyball-2, Softball-1.
 BOB JOHNSON: Football-2.
 BRENDA JOHNSON
 CARLA JOHNSON
 DAVID JOHNSON
 DIANE JOHNSON
 JANET JOHNSON
 JOEL JOHNSON
 KAREN J. JOHNSON
 KAREN L. JOHNSON
 KENNETH JOHNSON
 LAURIE JOHNSON: Choir-2, FHA-1, Student Aids-3.
 MICHAEL JOHNSON
 NANCY JOHNSON: Band-3, Choir-2, Declamation-3, Drama Club-3, Mezmora-1, Pep Band-3, Skit Club-1, Tutor (S.L.B.P.)-1, National Honor Society-2, Girl's Tennis-3, "How to Succeed in Business Without Really Trying", "Story Theater", "Annie Get Your Gun", "Alice in Wonderland", "Midsummer Night's Dream".
 PAM JOHNSON
 ROBERT JOHNSON: Football-2.
 JULIE JONES: Band-1, Drama Club-1, "Annie Get Your Gun", "Alice in Wonderland", "Night Watch".
 DAVID JUHL: Brothers-1, Debate-2, Ski Club-2.
 THOMAS KAASE: Transfer from Mounds View High School, MN.
 LEANNE KAHLSTORF
 SCOTT KAISER
 DANIEL KANNISTO
 DEBBIE KAUFER: Band-3, Declamation-1, Drama Club-3, French Club-2, Pep Band-3, Prolifque-2, National Honor Society-1, Volleyball-1, "How to Succeed in Business Without Really Trying", "Teahouse of the August Moon", "Story Theater", "Annie Get Your Gun", "Alice in Wonderland", "Night Watch", "Midsummer Night's Dream".
 BETH KEDROWSKI
 WILLIAM KEILEN
 SHELBY KELCH
 LARRY KELLER
 MARK KELLER: Ski Club-3.
 PATRICK KELLY
 DAWN KILGRIFF
 MICHAEL KLATT
 JULIE KLING
 DEBBIE KNUDSON: Band-3, Flag Corp-2, Volleyball-1, "How to Succeed in Business Without Really Trying", "Annie Get Your Gun".
 JAMES KOCH: Band-3.
 SCOTT KOHLER: FFA-1, Letterman's Club-2, Football-3, Boy's Track-3.
 DAVE KOHLSTORF
 KEITH KOPPY
 DAVID KOTCHEN: Hockey-2.
 THOMAS KREINER: Choir-1, Tutor (Math-Science), Boy's Track-2.
 KRISTEL KROENING: Cheerleader-1, Choir-2, Skit Club-1, Ski Club-3, Spanish Club-2, Girls Track-1.
 DONNA KROSKA: Cheerleader-3, (captain), Choir-2, Pep Club-2, Ski Club-2, Spanish Club-1, Homecoming Candidate.
 KRISTEEN KUNSHIER
 ELINA KURVONEN: Exchange student from Finland.
 LEON KUSHLAN
 GARY LACASSE
 VICKY LAIN
 LON LAMPRECHT: Band-3, Breeze-3, Choir-3, Declamation-2, Drama Club-3, Madrigal-1, Mezmora-2, Pep Band-3, Ski Club-1, "How to Succeed in Business Without Really Trying", "Teahouse of the August Moon", "Story Theater", "Annie Get Your Gun", "Alice in Wonderland", "Night Watch", "Midsummer Night's Dream".

GARY LANE
 MARK LANG
 MARK LANGE
 JEROME LAPPE
 DONNA LARKEY: Band-3, FFA-1, Horse Club-1, Student Aides-2.
 DARLA LAROQUE: Band-3, Choir-1, Declamation-1, Drama Club-2, FHA-1, Flag Corps-3, Forester-1, Mat Aides-1, Mezmora-1, Pep Club-2, Ski Club-3, Girl's Tennis-2, Softball-2, "How to Succeed in Business Without Really Trying", "Annie Get Your Gun".
 LAYNE LAVANDOWSKA: Cross Country-3, Boy's Track-3.
 PAM LAWMAN
 HELEN LEACH: Band-3, French Club-3, Pep Band-3.
 CHARLENE LEASON: FLOEA-1, Mat Aids-1.
 DENNIS LENZ: Ski Club-1, Tutor (A.V.)-1, Weight Club-1.
 WADE LEONARD
 DAWN LEWIS
 STEVE LEWIS: Ski Club-2, Intramural Soccer-1.
 LYNN LICHTSCHEIDL: Drama Club-3, FLOEA (secretary)-1, "How to Succeed in Business Without Really Trying", "Annie Get Your Gun", "Alice in Wonderland", "Night Watch".
 JONATHON LIEN: Brothers-1, Drama Club-3, Spanish Club-3, National Honor Society-1, Intramural Soccer-2, "How to Succeed in Business Without Really Trying", "Teahouse of the August Moon", "Story Theater", "Alice in Wonderland", "Night Watch", "Midsummer Night's Dream".
 MARGARET LINDER
 CONRAD LINQUIST: Electronics Club-2, Ski Club-2.
 CHRIS LINZ: FFA-3 (secretary), Student Aid-1, (physical education).
 SHERYL LOMMENSE
 JANE LONGTIN
 CARMEN LOPEZ: Choir-3, Ski Club-3, Girl's Track-1.
 TERESA LORD: Choir-3, FHA-1, Mat Aids-1, Pep Club-2, Rangerettes-3, Ski Club-3, Spanish Club-1.
 DAVID LUND
 MARY LUNDBERG: Breeze-1, Choir-3, Madrigal-1, Mat Aids-1, Pep Club-1, Statistician (basketball)-2, Girl's Basketball-2, Volleyball-2.
 WILLIAM LUNDBERG
 MICHELLE LUTZ: Cheerleaders-2, Choir-1, Ski Club-1.
 GREG LYNCH
 LYNN LYNCH
 LEROY MAGNUSON
 LAURIE MAGUIRE
 MARK MANDERS
 RENA MARIER: Band-3, Pep Band-3.
 RONALD MARIER: Tutor (Math-Science)-2, Football-2, Golf-1, Hockey-2.
 RONALD MARKUSSON
 JANET MARTIN
 JODI MARTINSON: Band-1, Pep Club-1, Spanish Club-1, Gymnastics (captain)-3, Girl's Track-2, Volleyball-3, Softball-1.
 CYNTHIA MASSE
 MICHELE MASSE
 VICTORIA MATEER: Band-3, Pep Band-1, Prolifque-1, Tutor (S.L.B.P.)-1.
 KATH MATEGKO: Spanish Club-1.
 JOY MATHESON
 JULIE MATHESON
 MARK MATHESON
 MELANIE MATHESON
 MIKE MATHESON: FFA-3.
 TIM MATUSESKI
 JOHN MAYHEW
 DENNIS MacDONALD: Football-3.
 THOMAS MCBOUGH
 PERRY MCGOWAN: Brother-1, Debate-1, Drama Club-1, Ski Club-3, Spanish Club-1, Student Council-1, National Honor Society-2, "Midsummer Night's Dream".
 KIMBERLY MCKENZIE: Mat Aids-1, Rangerettes-1, Ski Club-3.
 RAY MCKENZIE: Boy's Track-2.
 RUBY MCLAUGHIN: Ski Club-3.
 JAYNE MCANUS
 LEANNE MEISTER
 LORRI MESSELT: Prolifque-1, Ski Club-3, Volleyball-2.
 GAYLE ANN MICHAEL: Breeze-1, Ski Club-1, "Night Watch", "Midsummer Night's Dream".
 BECKY MICKELSEN: Forester (editor)-2, Pep Band-3, Student Aids-1, Statistician (hockey)-1, Tutor (Math-Science)-1, Girl's Basketball-2, Volleyball-2, Softball-2.
 DAVID MILLER: Letterman's Club-3, Baseball-1, Intramural Soccer (captain)-3, Wrestling-3.
 KIMBERLY MILLER
 TAMARA MINER

DENNIS MOORE
 GAIL MOREHOUSE
 MARY KAY MORLEY: Forester (editor)-2, Student Council (president)-3, National Honor Society-2.
 SHERI MULLER: Forester-1, Mat Aids (president)-2, Pep Club-2, Rangerettes-2, Ski Club-3, Spanish Club-3.
 SUSAN MULVIHILL: Band-3, Marching Drum Major-1, Pep Band-2, Ski Club-2, Spanish Club-1, National Honor Society-2.
 BRIAN MUNDT
 WILLIAM MYRICK: Transfer from Kellogg Sr. High, MN.
 DIANE NEIS
 BRIAN NELSON: Transfer from Green Brook High, New Jersey.
 GARY NELSON: Ski Club-3.
 JACKIE NELSON: Drama Club-1, French Club-3, Mat Aids-2, "Alice in Wonderland", "Night Watch".
 LAURIE NELSON LANE: Band-3, Pep Band-3, Ski Club-1, Statistician-1.
 LEE NELSON
 LORI NELSON
 ROSEMARIE NELSON
 STEVE NELSON: FFA-1, "Annie Get Your Gun".
 MARK NEUMANN
 LAWRENCE NEWMAN
 SUSAN NICHOLSE: Transfer from Derham Hall High School, St. Paul, MN.
 DEBORAH NIEDERKORN: Cheerleaders-3.
 CYNDY NIELSEN: Rifle Guard-1, Spanish Club-1.
 TODD NUTTER
 IONE OBERG: FHA-1, Pep Club-2, Rangerettes-1, Ski Club-1, Student Aids-1, "Annie Get Your Gun", "Alice in Wonderland", "Night Watch", "Midsummer Night's Dream".
 RICK O'CONNOR
 DALE OELKE
 MAX OLSEN
 DONALD OLSON
 BRAD OLSON
 HERBERT OLSON
 JEFFERY OLSON: Football-3.
 JILL C. OLSON: Band-2, FFA-1, Flag Corps-1, Horse Club-1, Pep Band-2, Student Council-1, Sophomore Class Committee, Gymnastics-3.
 JON OLSON: Wrestling-3.
 LARRY OLSON
 ROBERT A. OLSON
 SANDY OLSON: National Honor Society-1, Girl's Basketball-3, Cross Country-2, Girl's Track-2.
 SCOTT OLSON
 SUE OLSON: Drama Club-1, Girl's Tennis-1, "Annie Get Your Gun", "Alice in Wonderland", "Night Watch".
 BARTLEY OSTERBAUER
 DORI OSTERBAUER: Choir-3, Declamation-3, Drama Club-3, Skit Club-1, Sophomore Class Committee, Sophomore Candidate, "How to Succeed in Business Without Really Trying", "Teahouse of the August Moon", "Story Theater", "Annie Get Your Gun", "Alice in Wonderland", "Night Watch", "Midsummer Night's Dream".
 JENNIFER OSTLUND: Forester-1, Prolifque-2.
 BONNIE OTTO: Transfer from Monroe Sr. High, MN, Breeze-1, Choir-2, Student Aids-2.
 LISA PALAS: Declamation-2, Drama Club-2, "How to Succeed in Business Without Really Trying", "Story Theater", "Annie Get Your Gun".
 THOMAS PEARSON
 TERESA PEEK
 NADINE PEITZ
 RICHARD PELOQUIN
 MIKE PELTIER: Hockey-2.
 TERESA PEPIN
 DARCY PEPPER
 CINDY PERRAULT: Choir-3, Forester (editor)-2, National Honor Society-2.
 ROXANNE PETERMEIER: Band-2, Breeze-1, Choir (secretary)-3, Drama Club, Forester, Mezmora, Pep Band-2, Prolifque-1, Student Council-1, Statistician (hockey)-2, Senior Class Committee-1, Homecoming Candidate-1, Girl's Basketball-1, "How to Succeed in Business Without Really Trying", "Annie Get Your Gun", "Midsummer Night's Dream" (student director).
 WARREN PETERS
 LOWELL PETERSEN
 DAVID LEE PETERSON: Brothers-1, Debate-3, Declamation-3, FFA (secretary)-3, Tutor (Math-Science)-1.
 SANDRA PETERSON: Band-3, Horse Club-1, Pep Band-3, Girl's Basketball-2, Girl's Track-3, Volleyball-1.
 STEVE PETERSON
 WES PETERSON: Band-3, Pep Band-3, Football-3, Boy's Track-3.
 KEITH PETROSKE
 RON PETROSKE

CHARLES PFINGSTEN
 GWEN PHILIPPI: Choir-2, Volleyball-1.
 TODD PHILLIPS: Letterman's Club-2, Homecoming candidate-1, Football-3, Boy's Track-1.
 KEVIN PITCHER: Student Aid (audio visual)-3, Boy's Basketball-2.
 JIM PLAIN: Band-3.
 SCOTT POFF
 RICK POJANOWSKI
 JOHN POLOKANGAS
 DEBBY POPE: Breeze (editor)-1, Drama Club-1, Pep Club-2, Rangerettes-2, "How to Succeed in Business Without Really Trying".
 LILA POUNDSTONE
 T. R. POWERS
 PATTI PRESCOTT: Cheerleaders-1, Choir-3, Pep Club-2, Rangerettes-1, Ski Club-2.
 JODY PROULX: Choir-3, Declamation-1, Drama Club-3, Mezmora-2, "Teahouse of the August Moon", "Annie Get Your Gun", "Midsummer Night's Dream".
 KAREN PROULX
 LAURIE PURDIE
 RICHARD QUIGLEY: Hockey-2, Intramural Soccer-3.
 BOB RADTKE: Baseball-3, Football-3.
 ROSANNE RAINER
 PATRICIA RANTANEN: Band-3, Debate-2, Pep Band-2, Girl's Basketball-1, Girl's Tennis-1, "Annie Get Your Gun".
 KIM REHBEIN
 JILL REIMAN: Choir-3, FFA-1, Forester-1, Mezmora-3, Pep Club-2, Junior Class Committee-1, National Honor Society-2, Girl's Track-1, Volleyball-3, Softball-1.
 KATHY RICHART: Choir-3, Horse Club-1, Gymnastics-3.
 STEVE RIFE
 JOY RISNES
 KATHY ROBERTS
 BERNIE ROBINSON: Band-3, French Club-3, Pep Band-3, Rangerettes-3, Prolifique-1, Tutor (Math-Science)-1, National Honor Society-2, Volleyball-1.
 GLORIA ROSENBERGER: Band-2, Student Aids-1.
 JACKIE ROYER
 JOSEPH RUBY
 JOANN RUE
 KATHY ANN RYDEEN: Band-1, FFA-3, Horse Club-1, Ski Club-1, Student Aids-1.
 CARRIE RYHN: Student Aids-2.
 RENNE SARAU
 STEVEN SARGEANT: Letterman's Club-2, Homecoming Royalty, National Honor Society, Baseball-3, Boy's Basketball-1, Football-3, Weight Training-2.
 JULIE SAXE: Choir-2, Gymnastics-3.
 CATHERINE SCANLON: Band-3, Pep Band-3, Spanish-1.
 LAURI SCHAFFER
 SCOTT SCHAMS: Band-3, Pep Band-3, Ski Club-1, National Honor Society-2, Boy's Tennis-1.
 BRUCE SCHATVET
 THOMAS SCHLAEGER
 LINDA SCHLEICHER: Drama Club-2, FLOEA (vice

president)-1, "Annie Get Your Gun", "Alice in Wonderland", "Night Watch".
 JULIE SCHLIESING: Choir-1, Rangerettes-1, Spanish Club-1, Girl's Track-1, Volleyball-1.
 JENNIFER SCHLOEGL
 LORI SCHMIDT
 JOHN SCHUMACHER: Letterman's Club-1, Ski Club-2, Boy's Basketball-3, Football-3, Boy's Track-3.
 JAMES SCHWARTZ
 MAUREEN SEILER
 NANCY SETTERHOLM: Choir-2, Mat Aids-1, Ski Club-1, Spanish Club-1.
 ELIZABETH SHANNON
 PATRICK SIBBALD
 SUE SIMBECK: FFA-2, FHA-1, Student Aids-2, Tutor (Math-Science)-3.
 JOYE SIMONSON
 MARLENE SKOOG
 LINDA SMALLIDGE: Band-3, Flag Corps-2.
 DOUG SMITH: Band-3, Letterman's Club-2, Pep Band-3, Tutor (Math-Science), National Honor Society, Football-3, Boy's Track-3, Weight Trainings-3, "Annie Get Your Gun".
 SUE SORENSON
 JIM SOVICK: Baseball-2, Boy's Basketball-3, Football-1.
 MIKE SPENCE: Football-3.
 CLARK SPITZER
 CYNTHIA ST. CLAIR: Band-3, Flag Corps-3, Pep Band-2.
 JUDY ST. MARTIN
 SCOTT STACE
 WANDA STACHOWSKI
 GREG STEELE: Football-3.
 DEBBIE STEINBACK: FFA-2, Ski Club-2, Girl's Track-1.
 BOB STRIGHT: Band (President)-3, Choir-2, Madrigal-1, Mezmora-1, Pep Band-3, National Honor Society, Intramural Soccer-3, Boy's Tennis.
 SANDY STROMAN: Debate-2, Tutor (Math-Science)-1, National Honor Society.
 JOHN SULLIVAN: Student Aids-1, Mounds View Senior High Transfer.
 PATTY SULLIVAN: AFS, "Teahouse of the August Moon", "Midsummer Night's Dream".
 SUE SUNSTEN: Band-3.
 ROSE SVEC: Statistician (basketball)-3, Girl's Track-3.
 VIRGINIA SWANSON
 JOEL TAGG
 MARY JO TAURMAN: Choir-2, Ski Club-1, Girl's Track-1.
 NANCY TAYLOR
 JEFF TESSIER: Band-2, Letterman's Club-2, Wrestling-3.
 DAVE TETRAULT: Letterman's Club-2, Ski Club-2, Football-3.
 TODD THIRY: Ski Club-2, Homecoming Candidate, Baseball-2, Football-3.
 HOLLY THOMPSON: Band-1, Choir-2, Declamation-1, National Honor Society, "How to Succeed in Business Without Really Trying", "Teahouse of the August Moon", "Night Watch".
 MARGO TIMM: Choir-2, Gymnastics-3, Volleyball-1.
 MARK TIMMERS
 MICHELL TIMMERS: Ski Club-1.
 TIMOTHY TOWNSEND
 JON TROMBLEY: AFS.
 JEFFREY TUBBS: Intramural Soccer.
 DOREEN TYLER: Student Council-1, Junior Class Committee, Sophomore Candidate.
 KATIE TYLER: Band-3, Flag Corps-1, Pep Band-1, Student Aids-1, Volleyball-1.
 NORM TYSON: Football-1, Golf-1.
 CINDY URIE: Choir-3, FFA-1, Ski Club-3, Girl's Track-3.
 DANIEL UTECHT
 KRIS VAN NISPEN: Band-3, Breeze-2, Pep Band-2, Student Council-3, Statistician (basketball)-1, National Honor Society.
 JOHN VIERLING
 PATRICK VOELKER: Band-1, Breeze-1, Brothers-1, Choir-3, Drama Club-3, Pep Band-1, Ski Club-1, "How to Succeed in Business", "Teahouse of the August Moon", "Story Theater", "Annie Get Your Gun", "Alice in Wonderland", "Night Watch", "Midsummer Night's Dream".
 GREG VOLLHABER
 BARRY VORNBROCK: AFS-2, French Club-3, Prolifique-1, Boy's State Rep.
 MARK WALDOCH: Band-3, Ski Club-2.
 DAVID WATHEN
 BETSY WEBB: Forester (editor)-3, Prolifique (editor)-3, Ski Club-3, Student Council (secretary)-3, National Honor Society.
 KATHY WEBSTER
 BRAD WEEKS: Brothers-1, FFA-2, Ski Club-1, Cross Country-2, Boy's Tennis-3.
 JODI WEISS: Band-2, Student Aids-1.
 SHERI WELLS: Cheerleaders-3, Choir-3, Mezmora-2, Pep Club-3, Sophomore Royalty, Homecoming Royalty.
 MIKE WILLIAMSON: FFA-1, Intramural Soccer-1, Wrestling-1.
 JAMES WINDBERG: FFA-3.
 RICK WOLFF: Cross Country-2.
 DAVID WORLIE: Transfer from Columbia Heights Sr. High, MN.
 GRETCHEN WORTMAN
 BRANDON YOUNG: Choir (secretary)-3, Drama Club-3, FFA-1, Mezmora-3, Ski Club-3, "Teahouse of the August Moon", "Annie Get Your Gun".
 TONI ZANK
 DAWN ZEIHNER: Breeze-1, Choir-3, Mat Aids-2, Tutor (Math-Science)-2, Gymnastics-3, Volleyball-3.
 KATHY ZELLER: Cheerleader-1, Mat Aids-1, Pep Club (sec.-treasurer)-2, Student Aids-1.
 COLLEEN ZINS: Choir-2, Ski Club-2, Student Aids-1, Volleyball-1, Softball-2.
 LISA ZWIERS

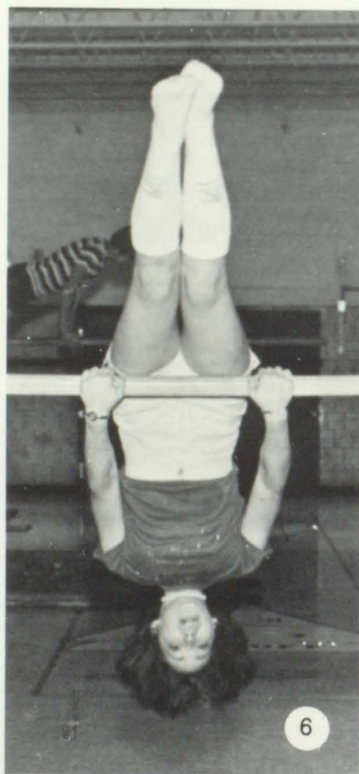
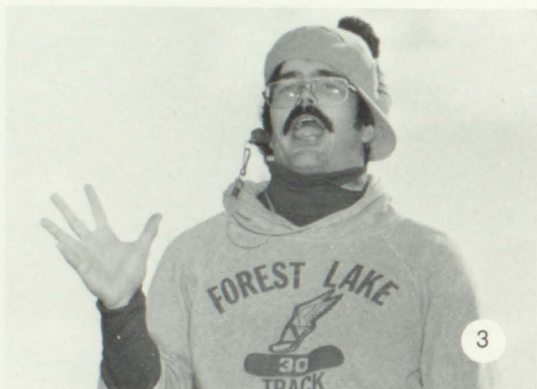
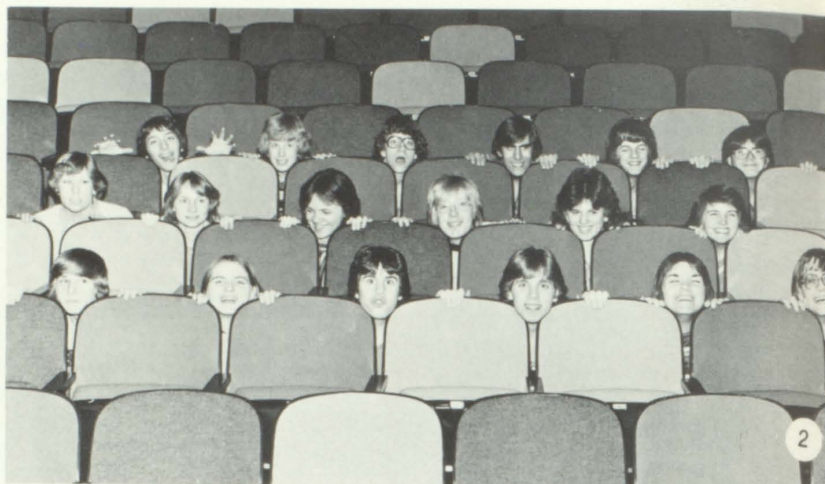
Remembering those of the class of 1978 who are no longer with us . . .

Sometimes it's hard
 To understand
 Why some must go so young,
 Before they've time
 To dream their dreams,
 Before their songs are sung,
 Could there be greater
 Work for them,
 Or possibly release
 From something where
 They cannot find
 An answer to their peace?
 It must be that our lives
 Are planned,
 "We have a time to go".
 Anonymous

BOB JACOBSON

JEANINE WARDEN

STEVE WALKER



1. Tara Jeans and Karen Granger discuss a hectic day. 2. The Breeze staff takes time out from their usual antics to pose for a serious picture. 3. Coach Anderson demonstrates one way to build the moral of a team. 4. Miss Maki and Ms. Howe enjoy a moment of relaxation and fun during passing time. 5. Three sophomore girls primp before they will allow a picture. 6. Janice Hollenbeck diligently works on a routine on the uneven parallel bars. 7. A student attempts to dissuade the intrusion of "aliens" to the Breeze room. 8. One of the many assorted expressions is seen here during a weight lifting session.



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Editor's Notes

This has been quite a year for us. Beginning with the supplement in the spring of 1977 through the completion of our FORESTER during the winter of 1978, hard working editors grew to understand and appreciate the effort needed to preserve some valuable memories of FLHS.

Our many hectic deadlines and hard work were rewarded in May when we saw our finished product — the 1978 FORESTER. We, as editors, would like to thank our devoted staff, a staff that could be counted on even until 3:30 a.m. to complete the necessary work for deadlines. Also, thanks to Mrs. Onell who could always be counted on for additional help. We'd especially like to thank our advisor, Mrs. Redmond, for all the help and encouragement she gave us. Besides having a family of her own, she took on the added responsibility to see that all staff efforts were coordinated.

Some memories that we, the editors, will always remember and cherish are: Kay, you dummy . . . Who has the ladder? . . . hitting every eating place in Forest Lake . . . late nights, early mornings . . . candle lit dinner . . . sudden deadlines . . . typing and retyping . . . someday we'll paint the room . . . Mary Kay thinking we had to try to be dumb . . . Becky's marshmallows . . . Cindy's coffee, tea, and hot chocolate . . . Marya's cupids . . . Mary Kay's busy schedule . . . our primary group . . . Mrs. Redmond's new wardrobe . . . laughing and crying . . . running through the dark halls of FLHS . . . rollercoasters? . . . Valley Fair . . . liquid paper . . . layouts, photos, and copies . . . Thanks-giving morning . . . how wide is copy? . . . 3:30 a.m.

We completed our book with the hope that you, the students of FLHS, will find it to be a good representation of 1977-1978.

Forester Editors

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Mary Kay Morley, Layout
Cindy Perrault, Photography
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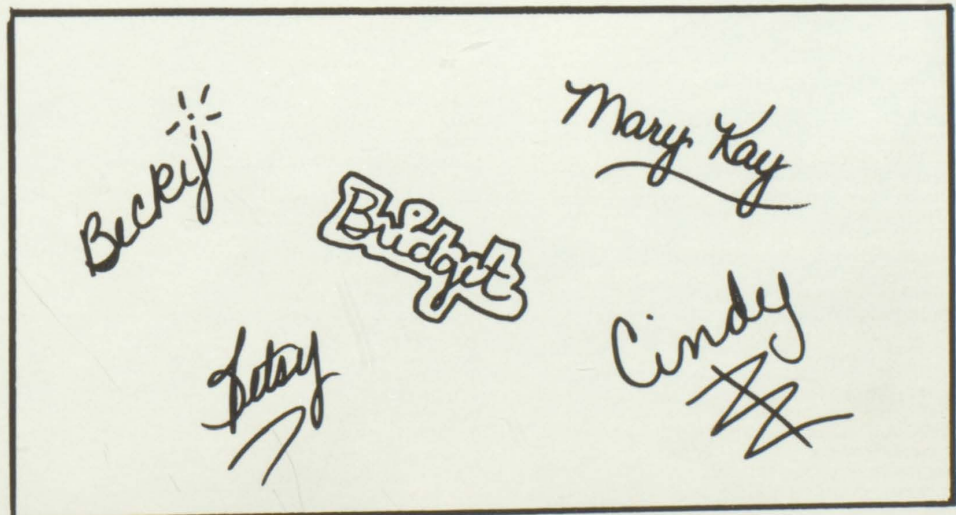
Special Thanks To . . .

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Soft murmers
a friendly smile
memories tucked away for awhile.

All stored away in a little space
taken out later in a quiet place.

To remember the times
of joy and sorrow

To relive those times
as well as tomorrow . . .

Yvonne Boyes
Kris VanNispen

