

forester '75

FOREST LAKE AREA SCHOOLS,
FOREST LAKE, MINNESOTA

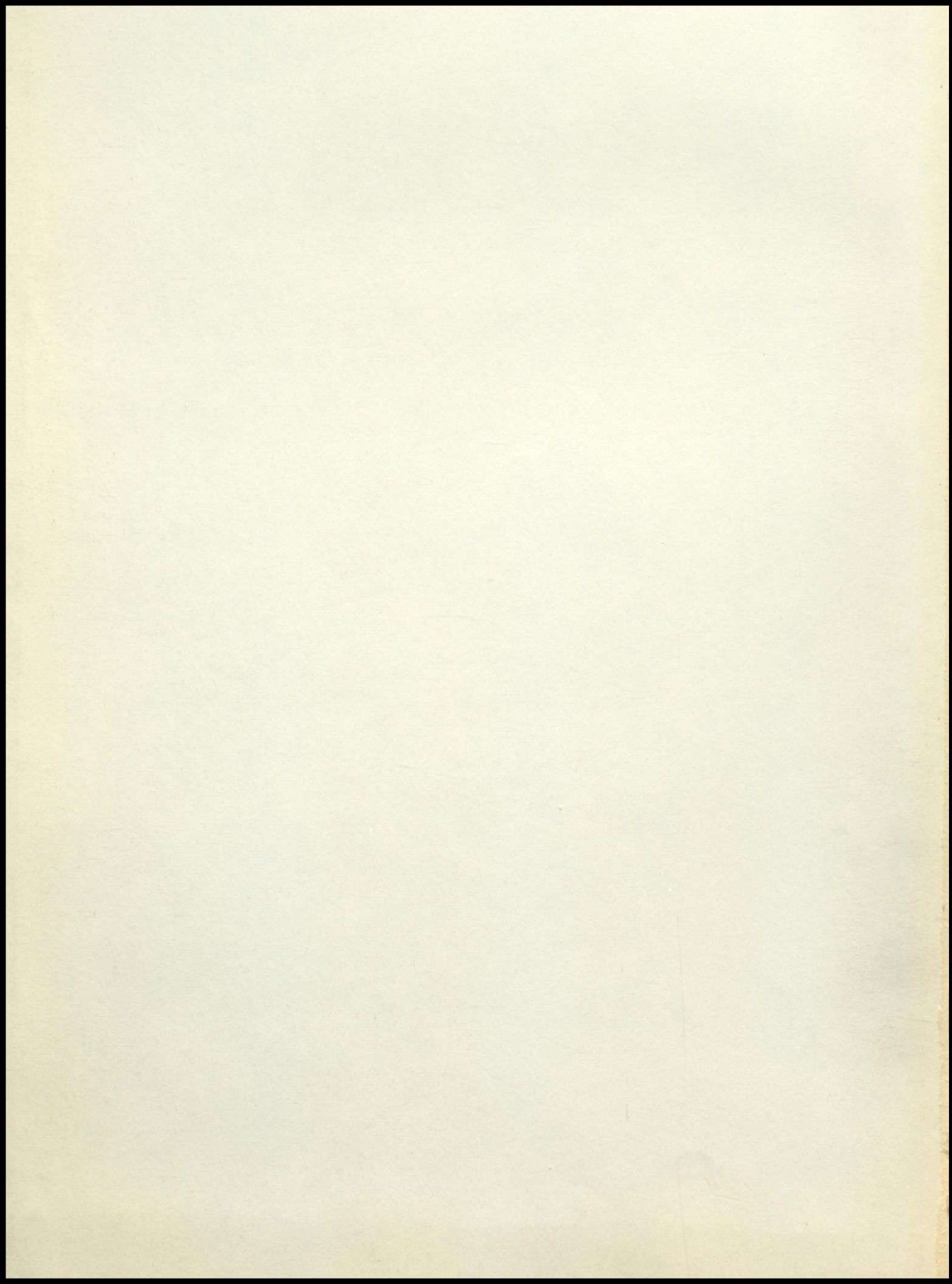
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FOREST VIEW



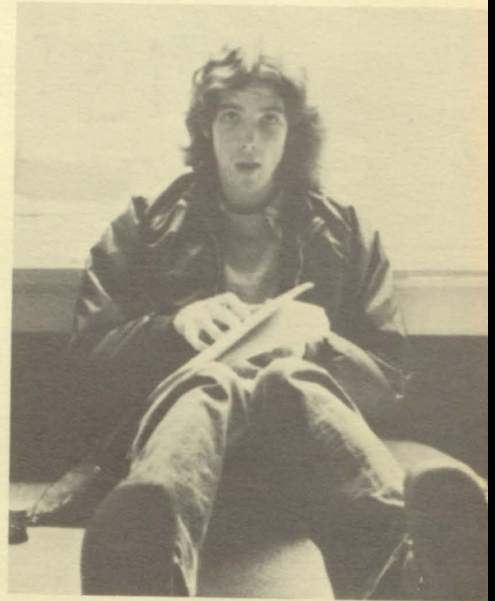
BRIDGES

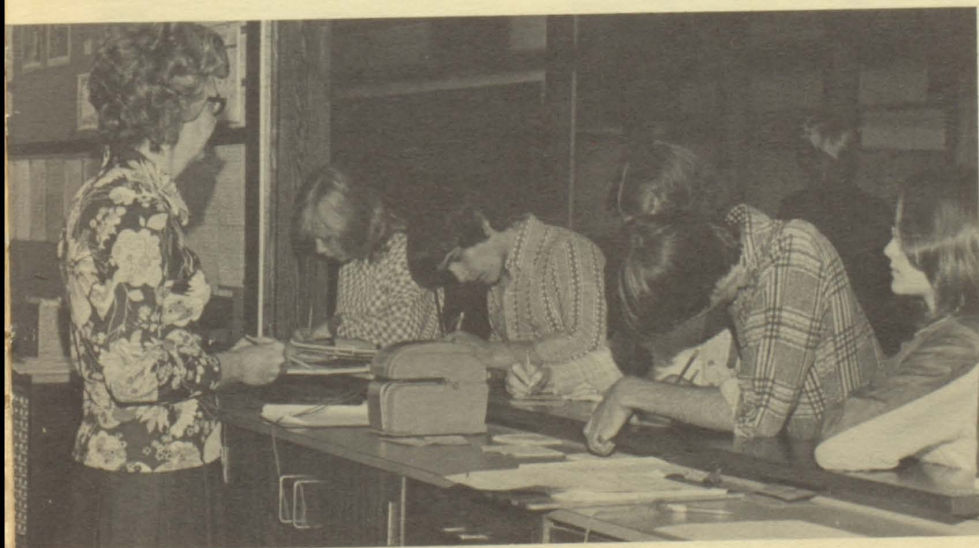
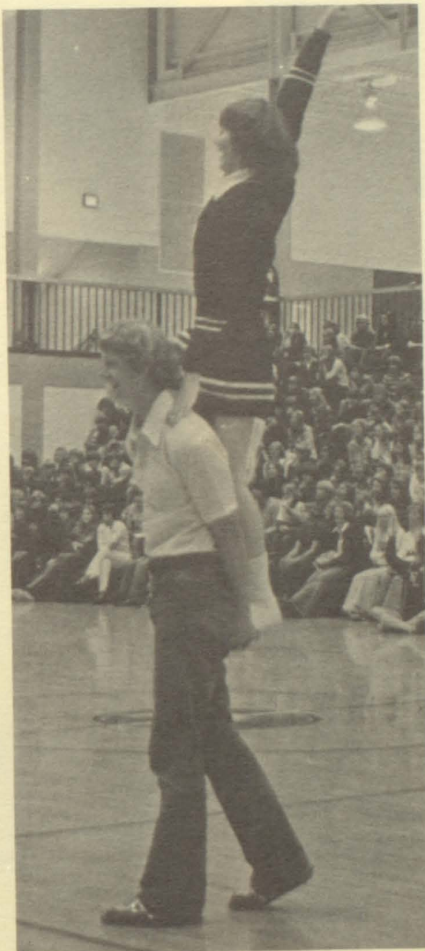
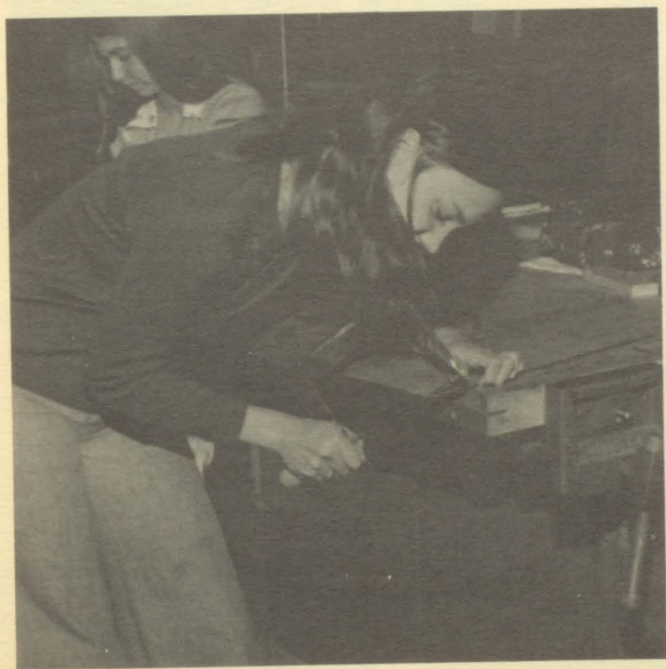
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A bridge is a solution to a problem, a path to a goal. As students we face obstacles we must overcome and visualize goals we want to achieve. To reach our goals we go through a learning process of trial and error, study, and human relations. In this process we may be bogged down with the routine or caught up in the challenge. We may please or fail to please ourselves and others. From these different methods and motivations we build bridges of knowledge to suit our personalities.







Although we are unique personalities, we are not truly complete in ourselves. Each of us needs interaction with those around us. We express ourselves through our creative efforts and through the relationships we form. Our friendships, our associations with teachers, and our participation in school activities help us develop our character. In all our activities we are constructing bridges between ourselves and other people.

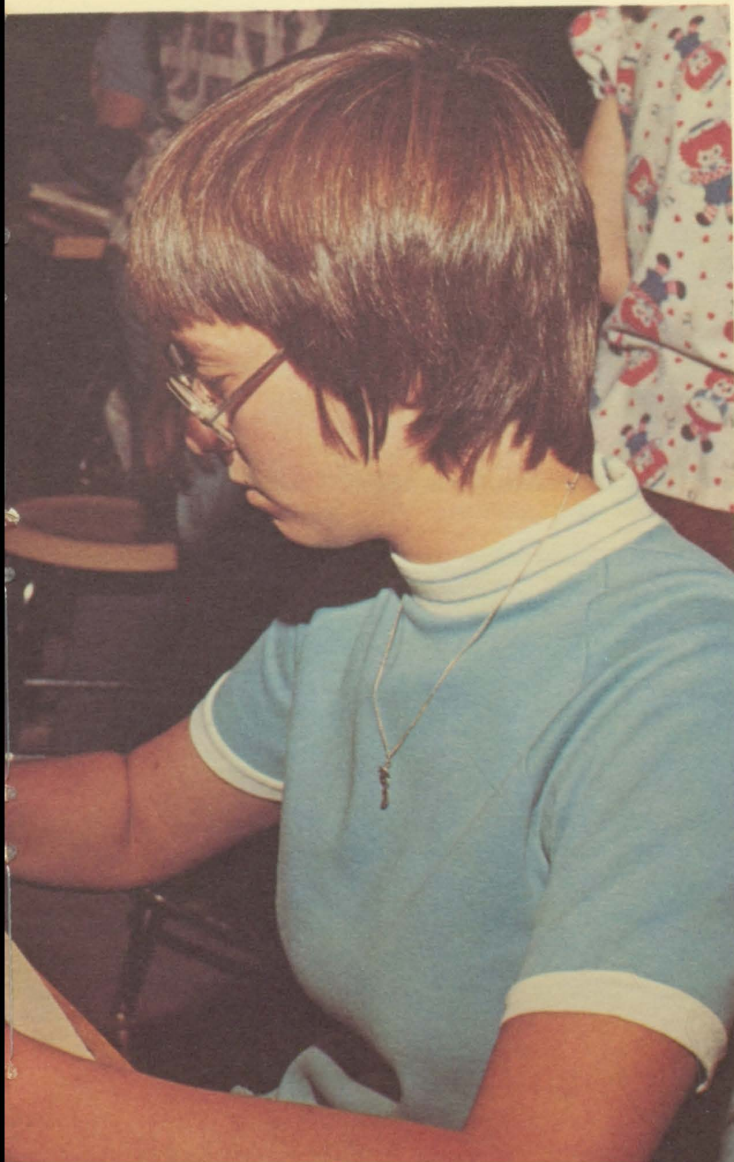


As we continue to develop our personalities, we form values and opinions in our own minds. Our views of others and ourselves are influenced by our teachers, our friends, our activities, and our pressures. These bridges inside ourselves may present conflicts and could lead us in many directions. We may find ourselves placed in positions as leaders or followers. Regardless of our role we consider ourselves successful if we are happy, content, and comfortable.









When we graduate we find ourselves face to face with the world. If our school has taught us to accept responsibility and to work well with both our leaders and followers, then we can cross the bridge from school and dependence to adult life and independence. The bridges we have built will allow us to continue our learning process, create valuable relationships, and make decisions in spite of inner conflicts. With hope and confidence we cross the bridge from the present to the future.



BRIDGES ACROSS PREJUDICES



At school we meet people with various backgrounds, tastes, and personalities. Without knowing it, we make judgments about others. On the basis of dress, social status, and physical appearance we decide quickly whether we like or dislike these people. But outside the classroom as we share experiences, emotions, and loyalties we find that we have much in common. Meeting people and making friends are bridges across prejudices.

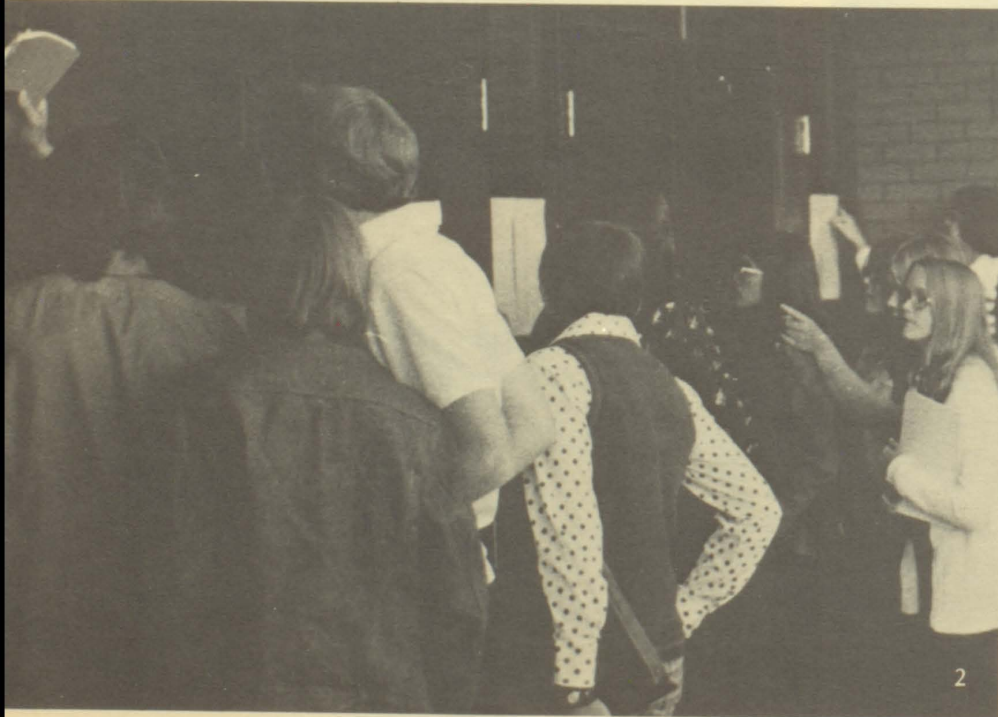
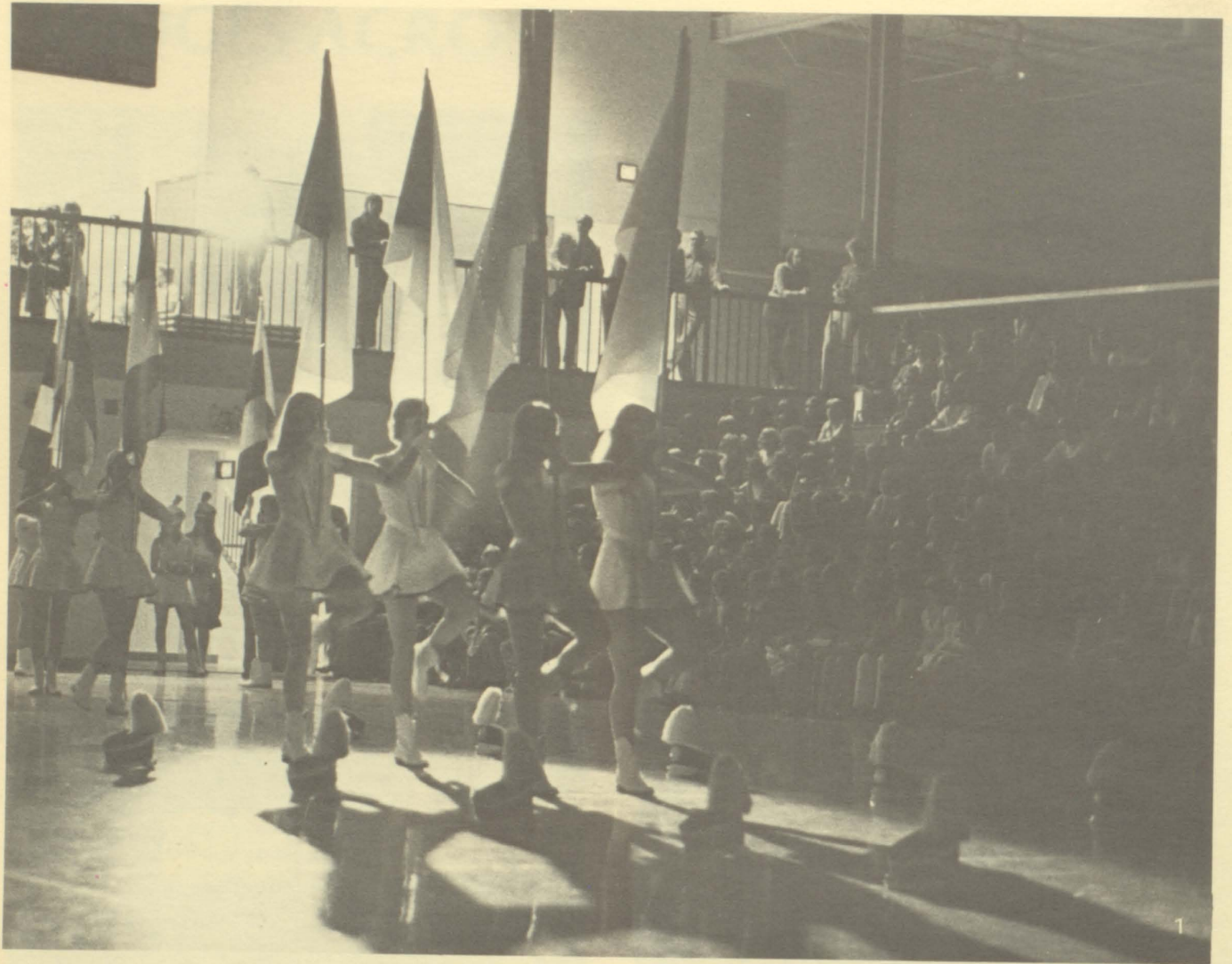


1. How many hours do you watch TV a week?
 - 0- 7 35%
 - 8-14 37%
 - 15-21 16%
 - over-21 12%
2. How often do you attend school dances?
 - Very Often 24%
 - Often 34%
 - Seldom or Never 42%
3. Do you date?
 - Yes 73%
 - No 27%
4. If so, where do you usually go on dates?
 - Movies 36%
 - Parties 25%
 - Dinner 7.5%
 - Other 16.5%
5. Would you rather wear jeans or get dressed up when you go on a date?
 - Wear jeans 52%
 - Get dressed up 27%
 - No opinion 21%



NO
TRESPASSING!

Ranger Country





Students Treated To Sr. Halloween Party

Fall returned once more with the beginning of another action-packed year. The sophomores began the year in confusion, the juniors in a thin mist of excitement, while the seniors sauntered in with calm indifference. During the first week of school, the guidance office was in a constant uproar. Everyone needed transfers or had a question on the new attendance policy. As the weather started to cool, the Rangers were warming up. Pepfests showed increased spirit for the '75 season. Clubs were becoming organized. Homecoming week, better known as "Tweak the Beak Week," finally arrived, and everyone was swept up in a whirl of activity. Senior Class colors, flower, and motto were chosen, and a new addition to fall was the senior masquerade party at Halloween. Falling leaves, windy days, and a constant aura of excitement were all part of the fall season at FLHS.



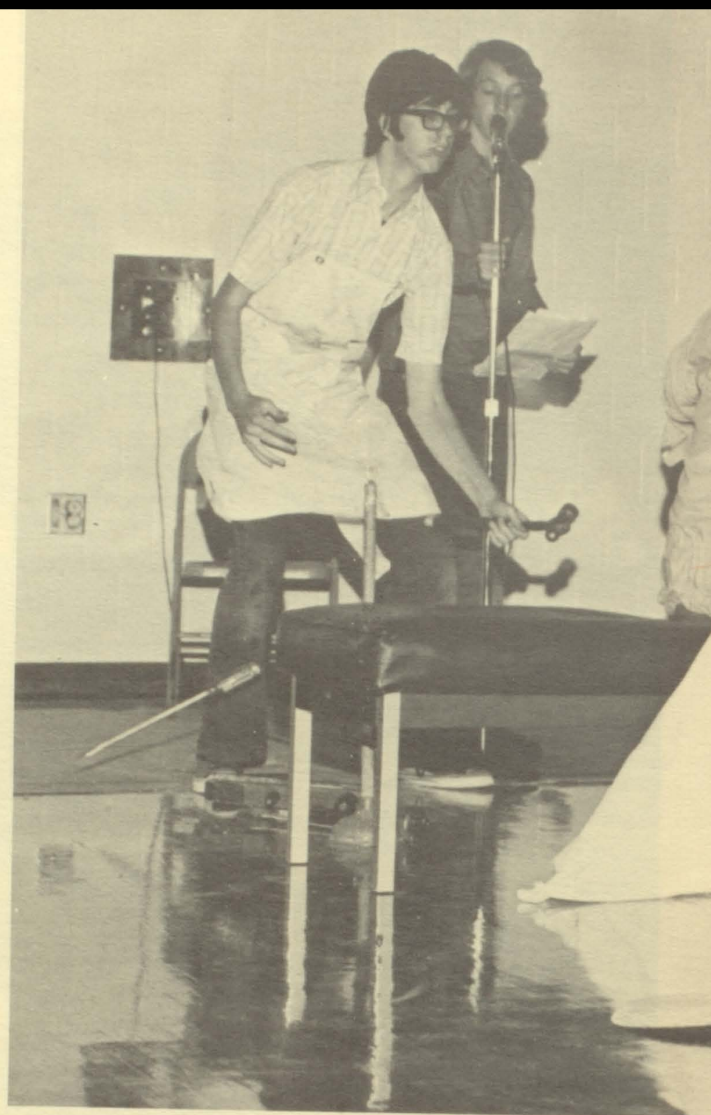
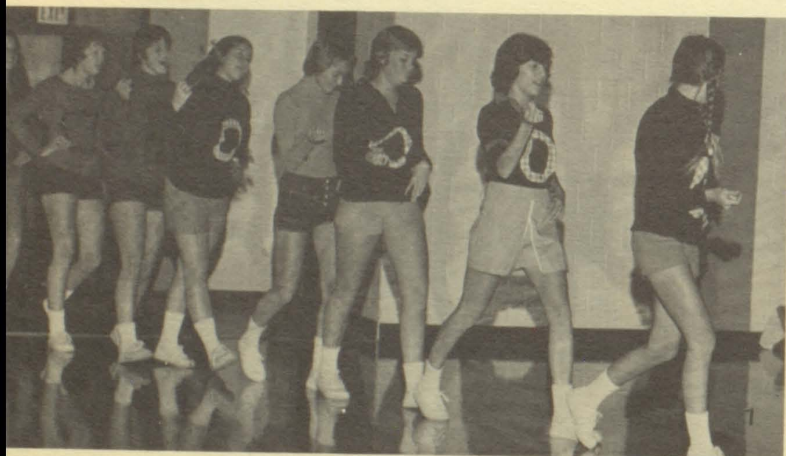
1. With the fanfare of "Camelot" as background music, flag girls lead the procession at coronation. 2. Before the first bell that will mark the beginning of the 1974-75 school year, students search the class lists for their home rooms. 3. Mr. Nelson checks time on cross country runners. 4. During sophomore orientation, Mr. Millington explains the attendance policy to students. 5. Arousing student enthusiasm at the first football pepfest, cheerleaders clap, stomp, and shout to ignite Ranger fans. 6. Signs of the fall season usher in a new school year.

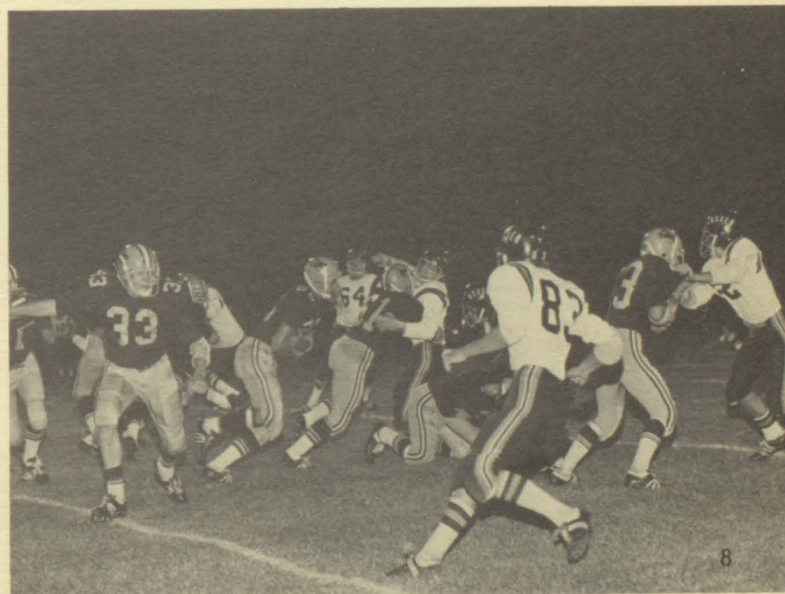
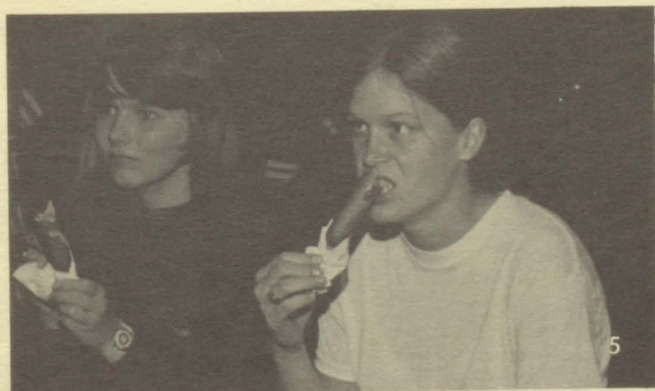


Homecoming 1974

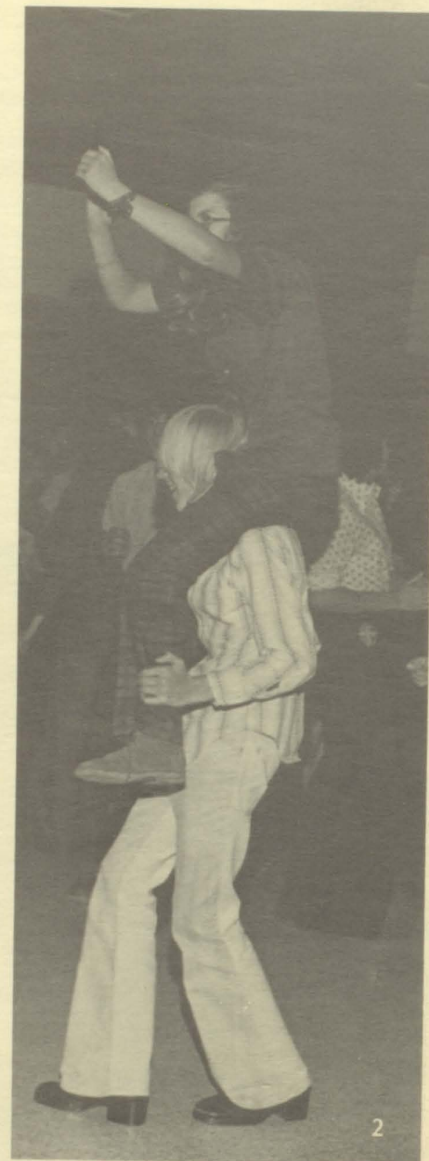
Arrives Early In FL

With the early arrival of Homecoming 1974 the students were brought out of their shells into the festivities of "Tweak the Beak Week." The Homecoming slogan was created by Mr. Lindstrom's Rudiments of Music class. The week began Monday afternoon with a film festival featuring "American Graffiti." The excitement in the high school rose Tuesday afternoon when the royalty was presented to the student body during a short assembly. While the flag girls saluted the Homecoming candidates the band played the musical number "Camelot." The drums rolled as John and Joni were crowned 1974 king and queen. At Wednesday evening's powderpuff game, halftime entertainment was provided by the sophomores. After the game students retreated to the cafeteria for a pronto pup party. The band "Whitewater" was introduced at 8:00 when a sock-hop followed the pronto pup party.



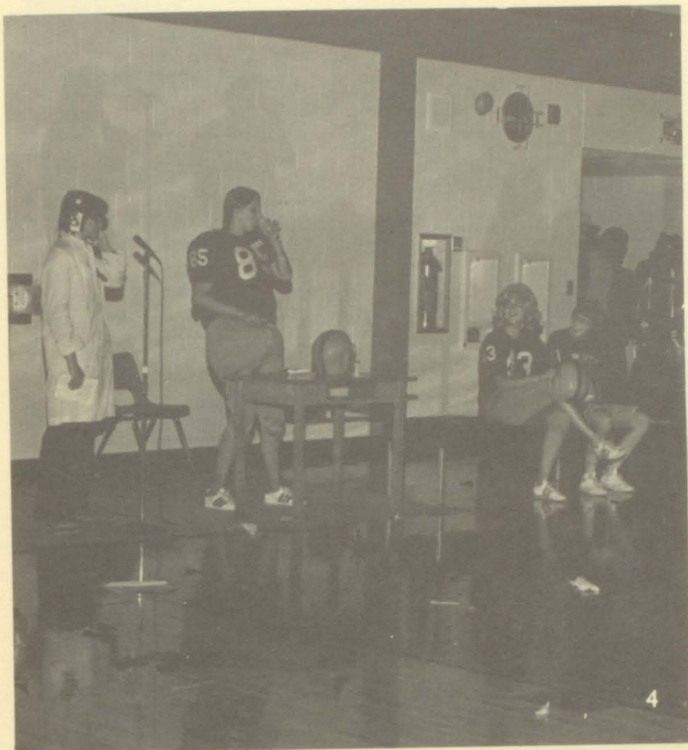


1. In their homecoming skit the cheerleaders exhibit a new image. 2. Evading a junior tackle, senior Geri DuBay carries the ball in the senior and junior girls' powderpuff. 3. The first place skit by Mr. Lindstrom's second hour draws many chuckles from the audience. 4. Gathering around the symbolic bonfire, students anticipate a homecoming victory. 5. Jeanine Winiecki and Lois Goss eat pronto pups while listening to the music of "Whitewater." 6. Dancing to the sound of "Argus," couples enjoy the homecoming semi-formal. 7. Drum major Kevin Sternberg leads band and flag girls in homecoming half-time. 8. Actively defending their goal against the Osseo Orioles are the Forest Lake Rangers.



1. Serving pronto pups and pop to hungry partygoers are Carol Rinke, Gayle Johnson, Karla Brungardt, and Laurie Liljenberg. 2. At the pronto pup dance a couple prepares to engage in a chicken fight. 3. Excitement at coronation holds everyone captive while homecoming queen candidates await the final decision. 4. Spoofing that tough teeth are the only asset of the Osseo Orioles, senior girls keep the crowd groaning with empathy during Skitnite. 5. To publicize the upcoming semi-formal dance, a student council poster proclaims details. 6. A varsity ball carrier skirts around an Osseo player during the homecoming game. 7. In front of the bonfire a line of drummers adds rhythm to the crowd's cheers.





Dancing To "Argus" Concludes Activity

At Skit Night the Brothers emceed and the cheerleaders led the audience in cheers between skits. Winning first place with their skit was Mr. Lindstrom's second hour class. Headed by Queen Joni, the snake dance ended at a bonfire outside the school where a paper-maché oriole was burned as a symbol of hopeful victory. The Friday night homecoming game was preceded by a show prepared by the band and choir. Matched against the Osseo Orioles, the Rangers were defeated 52-13. The half-time show consisted of creative routines by the band and flag girls. The royalty was introduced to the crowd, and the majorettes and Rangerettes also participated. Following the game an Alumni Polka was held in the high school cafeteria. Saturday night brought the Homecoming activities to a close with a semi-formal dance. "Argus", the band, provided music until 11:00.

Come To The "Homecoming Dance"

Time: 8:00 to 11:00

Date: SEPT. 28

Band: ARGUS *with button*

Place: Cafeteria

Price: Couples \$3.50
Singles \$1.75

*Couples - \$3.00
Singles - \$1.50*



Weeks Of Practicing Make Play A Success

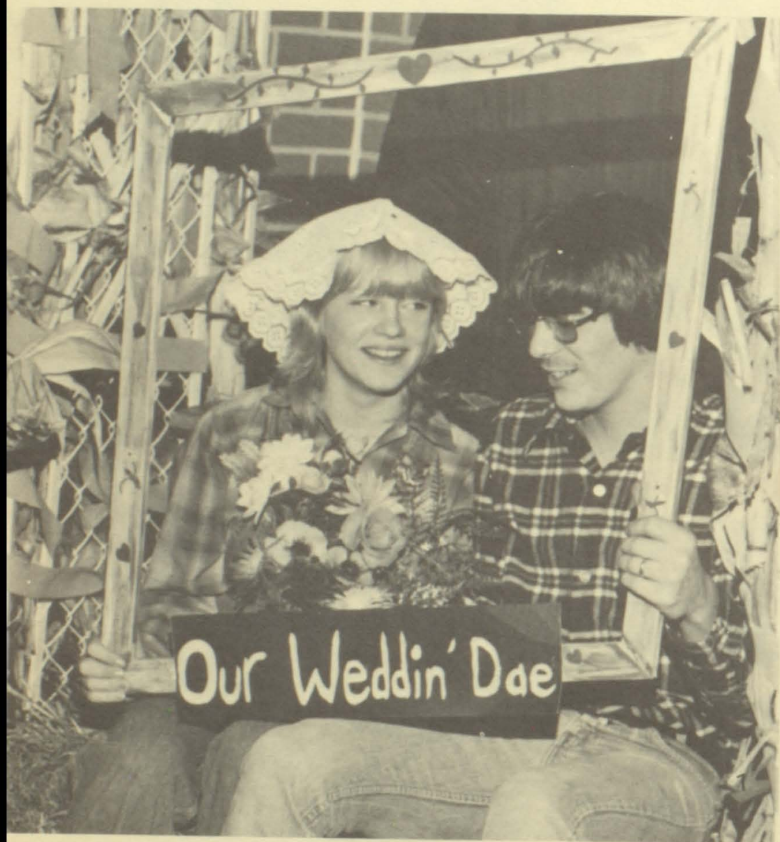
On September 6-8, tryouts for the fall musical "A Funny Thing Happened on the Way to the Forum" took place. Eight rigorous weeks of practice began under the direction of Ms. Howe. Headed by Mrs. Carlson, the costume crew produced authentic looking costumes while the set crew, with the instruction of Ms. Jensen, constructed an appealing set. Not to be forgotten were the lighting and publicity crews who helped make the play a success. The play centered around slave Pseudelous (Bucky Koch) who had to unite two star-crossed lovers in order to gain his freedom. Due to Bucky's appendectomy, the play was postponed a week. Ms. Howe and the cast agreed that although the musical was successful they were not satisfied with their performance.





1. Surveying his merchandise; Lycus (Mike Hart) orders his "lovelies" into provocative poses. 2. Miles Gloriosus (Mark Boyd) mourns the loss of his bride as soldiers look on. 3. Amid looks of disbelief, Senex (Tom Pareigat) welcomes Philia (Cindy Williams) into his home. 4. Erronius (Dan McConnell) collapses onto a comfortable seat with the aid of his eunuchs. 5. Hero (Chris Novak) woos the lovely Philia with a love sonnet in front of the House of Senex. 6. Flanked by his fellow cast members, Miles Gloriosus listens to fast excuses from a startled Pseudelous (Bucky Koch).

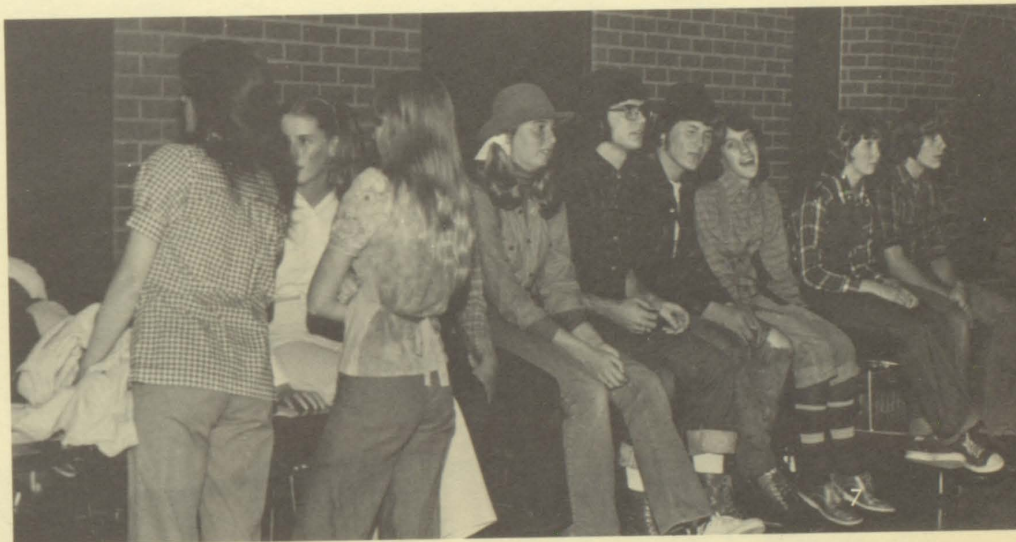
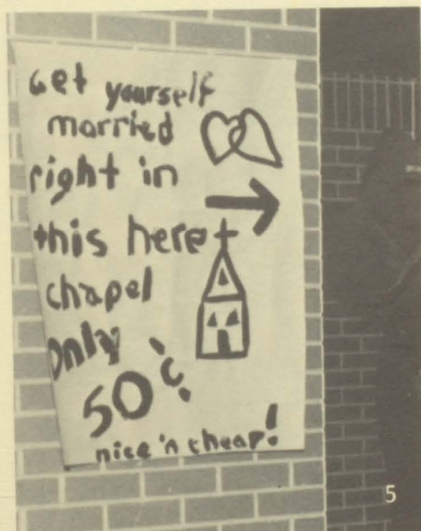
1. Mike Schaab and date pose for a picture after their marriage at the Sadie Hawkins Dance. 2. At the Sadie Hawkins Dance Joni Summers prepares to start a hay fight. 3. Waving a handkerchief as she dances is Lisa Swan. 4. Juniors Sue Moen and Jan Gunderson serve apple cider at Sadie Hawkins. 5. An enticing sign lures unsuspecting couples into a dangerous venture. 6. Barb Mickelson and Barb Damchik show good imaginations by their hillbilly costumes. 7. While observing others, tired hillbillys relax.





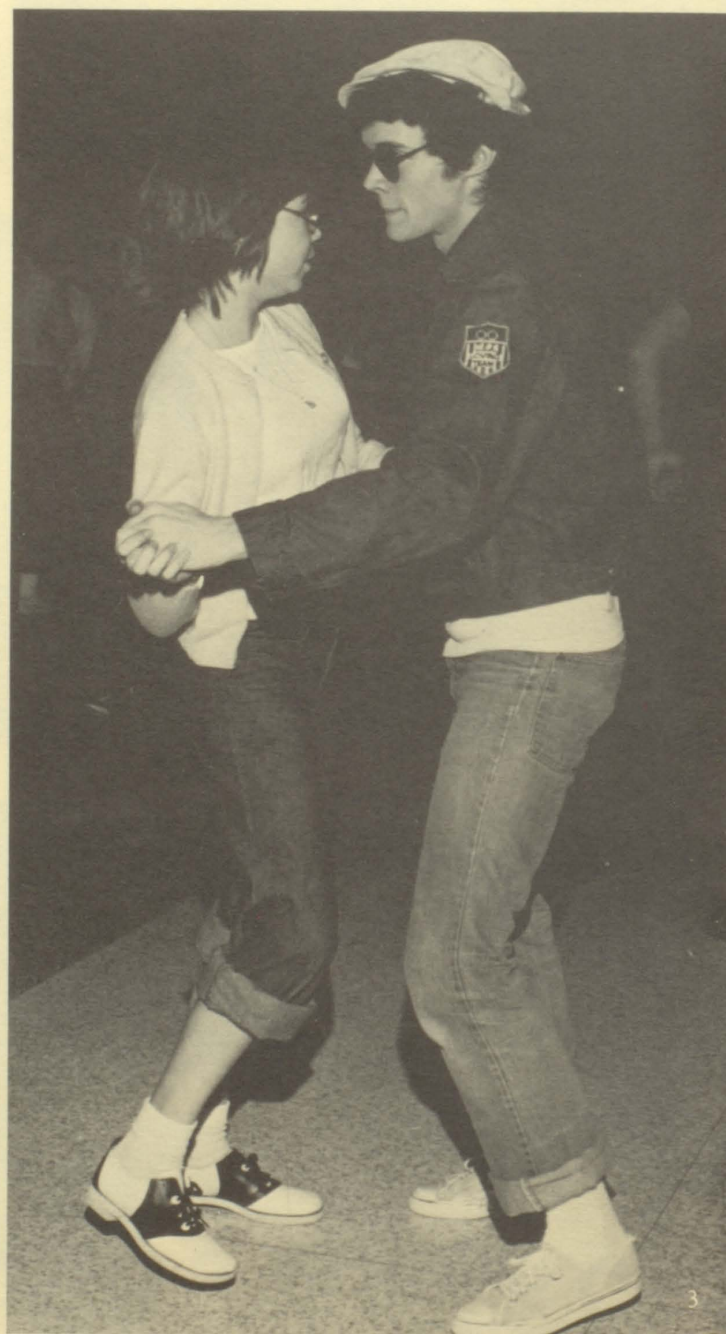
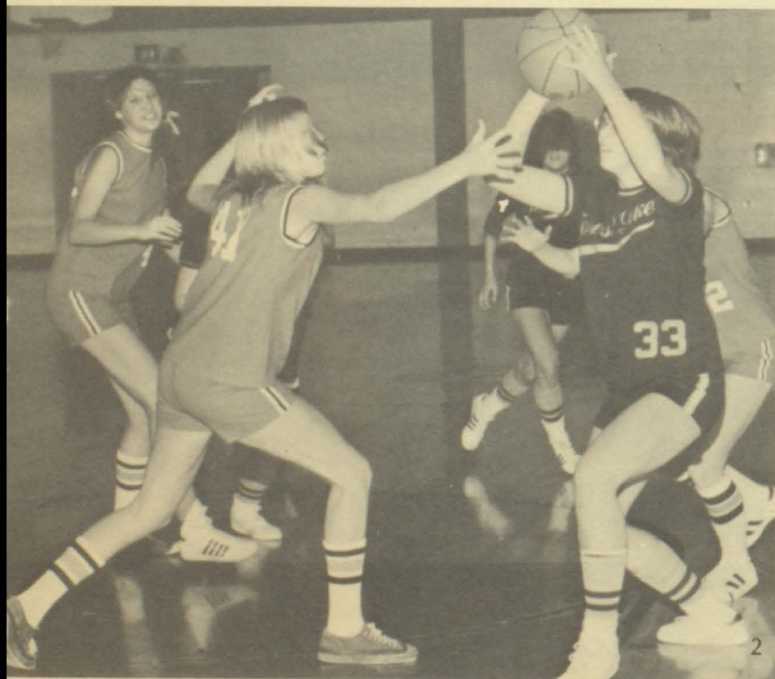
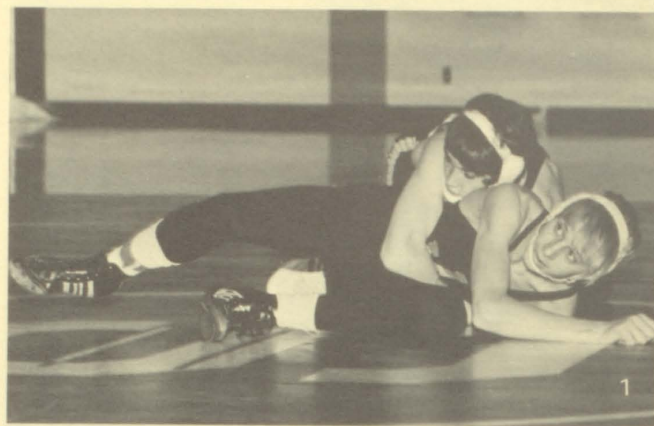
Merry Sadie-goers Animate Dogpatch

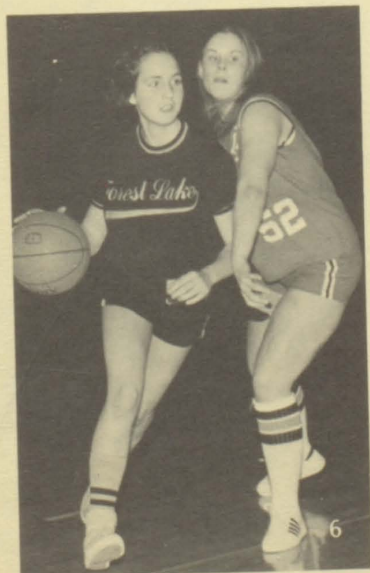
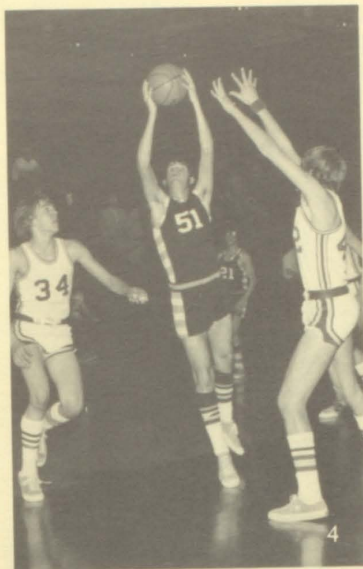
When Sadie Hawkins, sponsored by the juniors, neared, girls found themselves getting up the courage to go courting their favorite guys. On November 22, students dressed as Daisy Maes and Li'l Abners brought Dogpatch, U.S.A. back to life. Admission fees were judged on a "nose to nose" basis. Old fashioned apple cider and cake were served and music was supplied by "Everett James." Besides being a place of merry-making, Dogpatch was also the match making capital of hillbilly country where marriages out-numbered divorces. This time the guys weren't proposing; the girls were the aggressive ones. Barnyard-style cafeteria decorations revealed the creativity of committees.



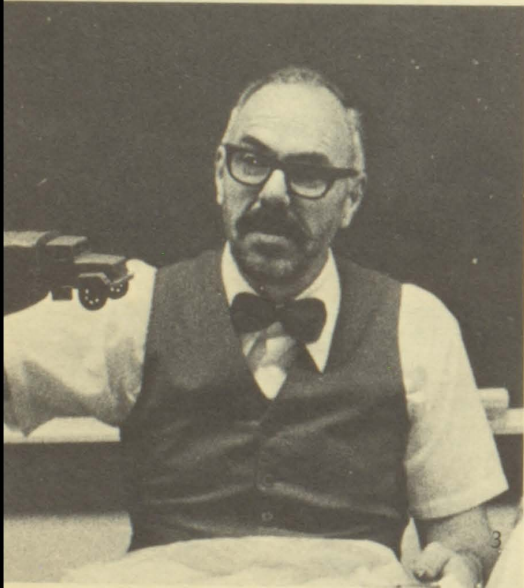
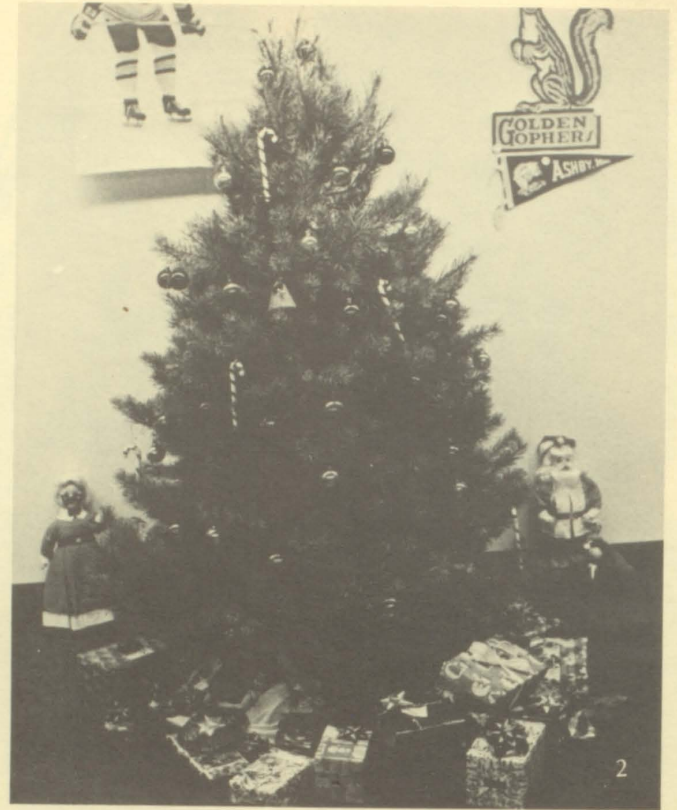
Students Welcome Winter's Cold Blasts

Dreaming of snowdays, Christmas vacation and semester break, FLHS students welcomed winter. School spirit increased as the Rangers displayed their prowess in sports and the one-act play went on to state competition. Snowmobiling, skating and skiing helped students wear off the winter blahs. It was hard to tell whether skiers spent more time on the slopes improving their turns or in the chalet hugging a cup of Irish coffee. If students' moods were blue, they joined in the antics of the Back-to-the-50's day and dance. When the blizzard hit, imaginary school closings sounded in students' ears as they envisioned being snowbound with a friendly companion. Most students felt that the pleasures of winter were worth walks in sub-zero temperatures, dead batteries and WCCO disc-jockeys.





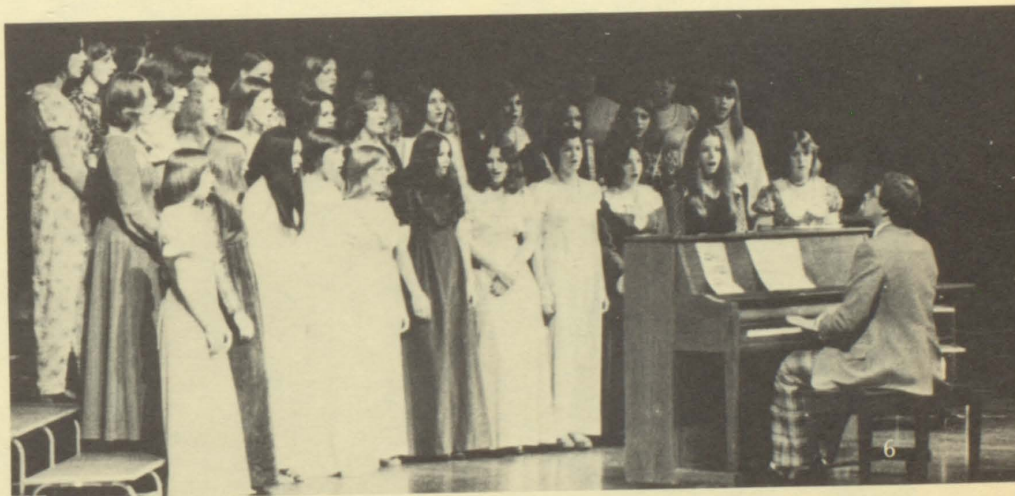
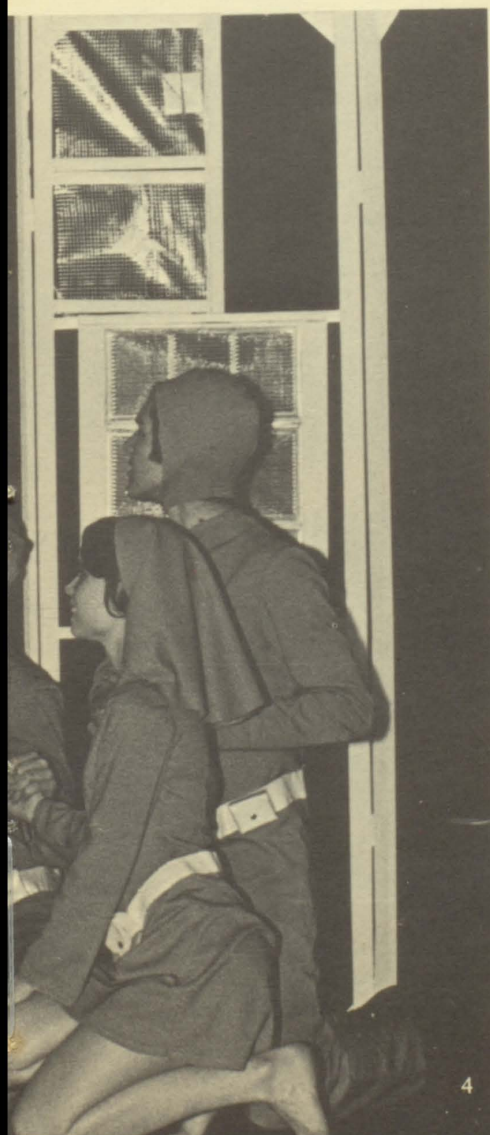
1. B-squad wrestler Mike Perreault maintains control over his Rochester John Marshal opponent. 2. Taking careful aim at the Forest Lake basket before releasing a shot against Osseo is junior Karla Brungardt. 3. Debbie Alcock and Tom Henderson turn the clock back 20 years as the move to the sound of the "Heart-break Kids" at the Back-to-the-50's dance. 4. Evading her opponent, Linda Robinson controls the ball. 5. Jeff Davis turns his back to the 50's and Kathy Kroska as Roger Peterson looks on. 6. Sophomore Louie Boker looks for the basket. 7. A snowy woodlot depicts the beauty of the winter season.





Teachers, Students Catch Yuletide Bug

Decking the school with Christmas spirit, the students of FLHS joined in the season's festivities. In an urge to decorate, the Forester and Breeze held a contest ending in a tie. Faculty and students were caught in the Yuletide spirit as the class of '77 won the traditional decorating contest and Mr. Ashby's students painted colorful murals throughout the school. To create a holiday atmosphere, Prolifique sold candy canes, and FFA sold trees. On December 19, the music department presented the Christmas concert. Over the holidays, many students visited relatives, went snowmobiling, skiing and skating; some caught the flu, while others caught up on sleep, played foosball or airhockey, and opened Christmas presents. Reflecting goodwill to Forest Lake, street decorations added to holiday cheer.



1. Stenciled messages wish all students the best of the holiday season. 2. Brightly wrapped packages under an ornamented tree symbolize the spirit of Christmas. 3. Opening gifts from his students is Mr. Ashby. 4. The cast of "Home," the one-act play, practices over vacation. 5. A Christmas stocking filled with Santa and his "goodies" add to the holiday cheer. 6. With Mr. Lindstrom at the piano, the Girls' Chorus performs at the Christmas concert.

Snowweek '75 Enlists "Foosball Wizards"

Expected and unexpected changes characterized Snowweek '75. On Monday, February 24, "foosball wizards" invaded the cafeteria while other students thrilled to "King Kong" or worked on their snow sculptures. Foosball tables and spectators crowded the cafeteria Tuesday for the doubles tournament. After brooms and bodies flew at Wednesday's broomball competition, participants enjoyed refreshments in the cafeteria. Because of conflicts with wrestling tournaments and skiing, Thursday's tricycle races were canceled. At the end of the week, imaginative snow creations decorated the school grounds and "Pink Elephant" was chosen the winner. Chilled but enthusiastic students innertubed at Eko Backen Friday night. On Saturday night, the "Sweethearts of the Snows" dance took an unexpected twist when the band failed to arrive. However, records and refreshments created an enjoyable evening.

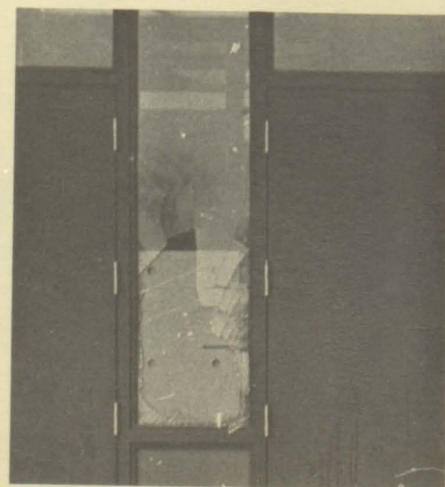
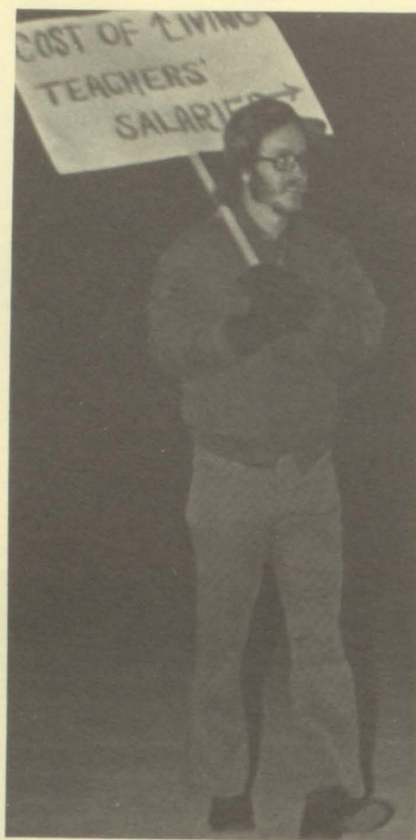
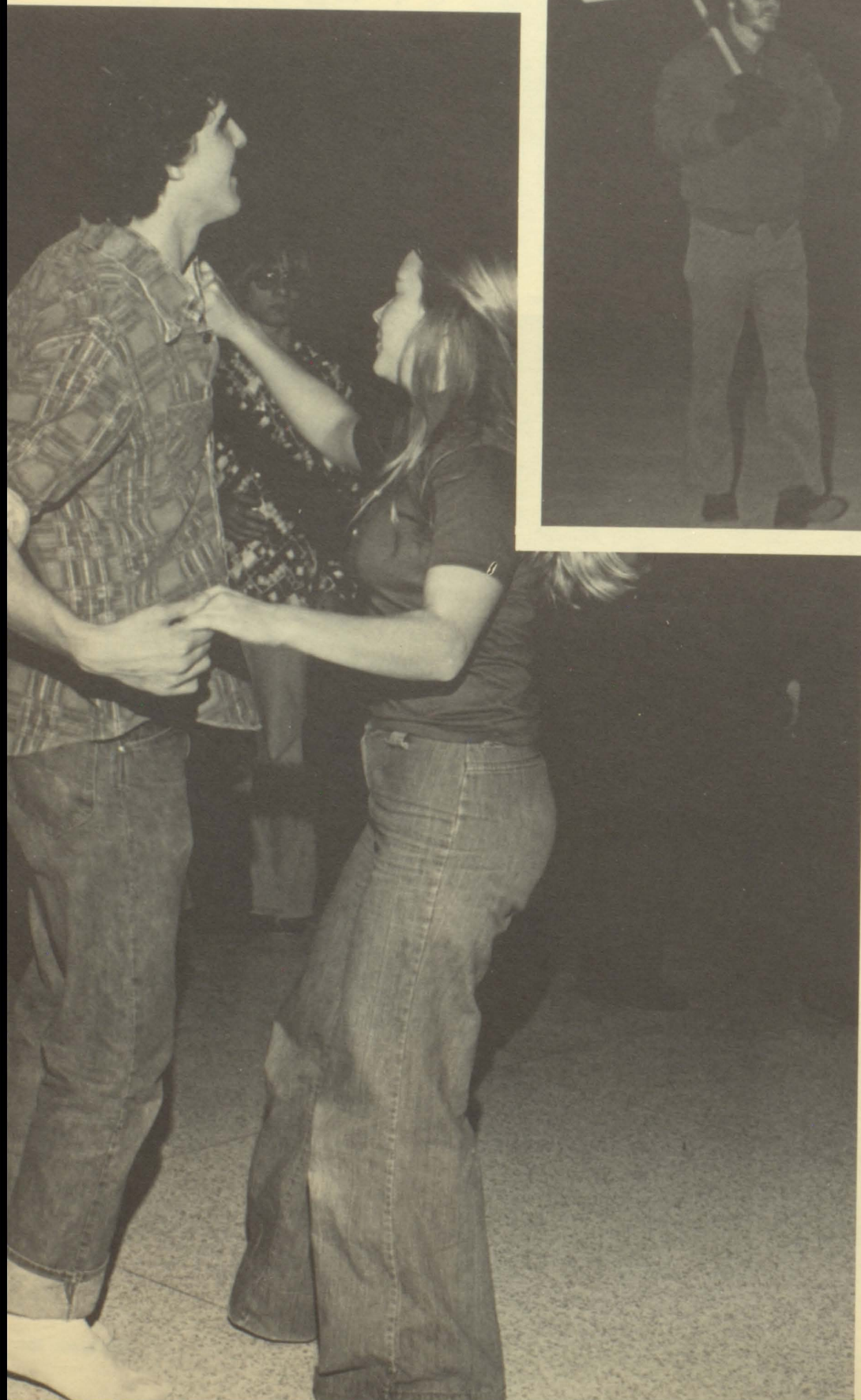


1. During the broomball tournament, junior and senior girls face off. 2. Introducing sophomore royalty candidates are Bart Rehbein and Dawna Lichtscheidl. 3. Junior girls huddle together for warmth and game plan. 4. After school Monday, Marianne Meister and partner practice for the foosball tournament. 5. Rainie Schwab and Dave Lichtscheidl smile after being crowned sophomore royalty at the "Sweethearts of the Snows" dance. 6. Bucky Koch and his date dance to records during the sophomore dance.

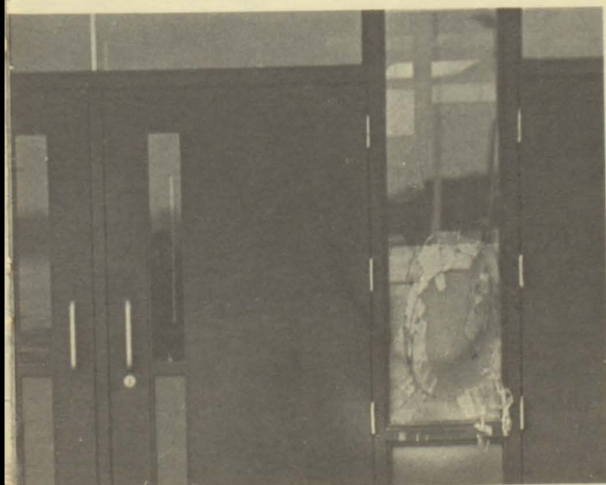
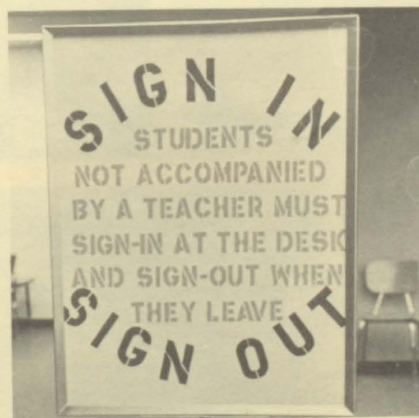
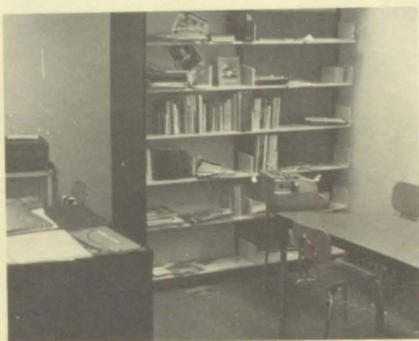




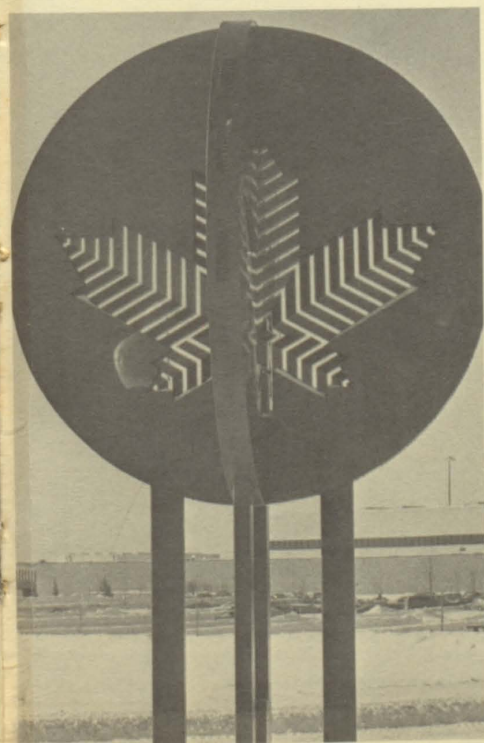
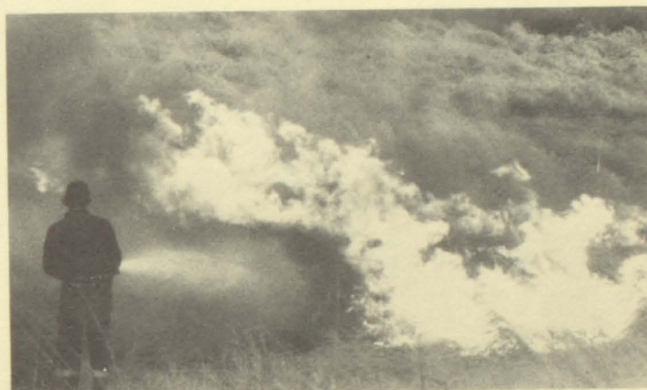
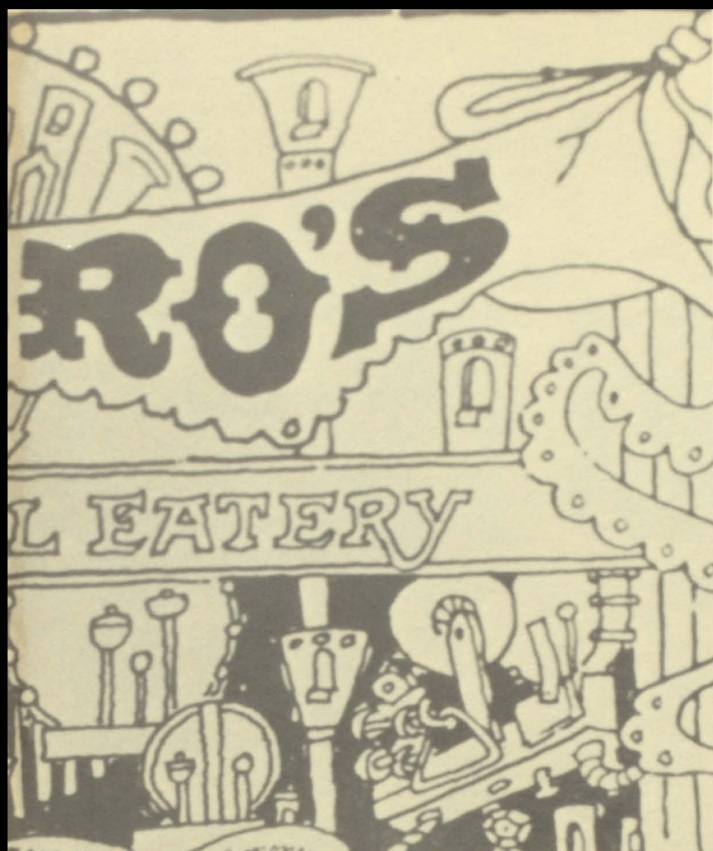
This Was '75 . . .



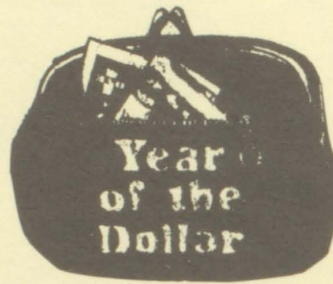
Looking back over my last year at Forest Lake Senior High School, I see the changes that have taken place. A new absence policy has been established, part-time radio station KAGY has been developed, the library has been remodeled and teacher contracts have become a source of student concern. In some ways the new attendance policy made skipping to the bakery and Burger Chef easier, unless you were met at the door by a grim-faced teacher. In addition to changes in the school, I've noticed changes in myself. I've established new friendships, reinforced old ones, and assumed new responsibilities. Being a senior has involved many frustrations. "What am I going to do with my future?" was a question that plagued me throughout the year. Finding the answer involved endless trips to the guidance office to discuss and fill out applications. Keeping up with the frantic pace of school activities was difficult for seniors. Although the future offers an exciting escape from the world I've grown accustomed to, my high school days have been filled with valuable experiences. Sharing was an important aspect of my senior year. As the class of '75 we share the mystery of the future — something we must prepare for and strive to conquer.



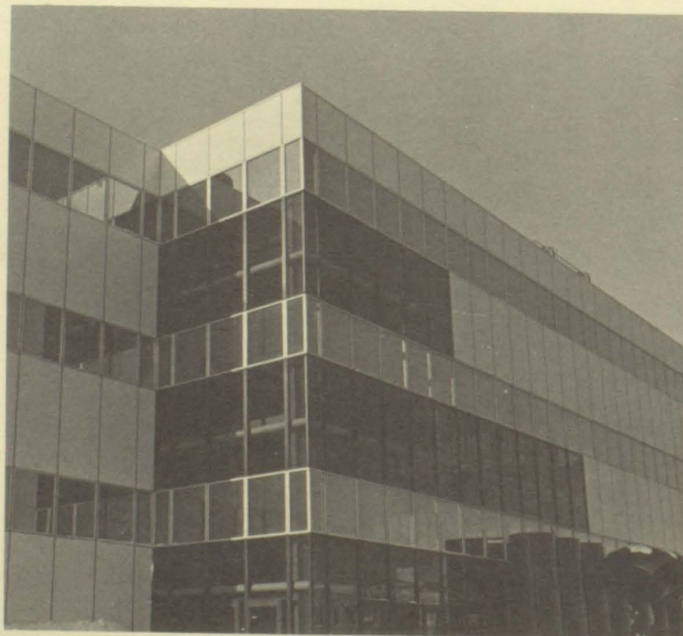




Wearing jeans, bib overalls and tie-back blouses, the population of FLHS possessed a unique personality that was best expressed by their activities. Offering enjoyment to every temperament, school functions were common pastimes. Junior Achievement, 4-H and church groups attracted many participants. Students also busied themselves with snowmobiling, foosball, needle point or other hobbies. Ambitious students devoted themselves to jobs in the community, but their money seemed inadequate in the face of broadening desires and spiraling prices. Trips into the cities to such popular restaurants as Farrell's, Cicero's and Smuggler's Inn were customary occurrences. Rock music buffs attended Elton John and "Chicago" concerts, while lovers of classical music journeyed to the new Orchestra Hall. With the motion pictures of "The Towering Inferno," "Freebie and the Bean" and others, movies remained a favorite entertainment. Nearer to home, the Dairy Queen, Flare, A & W and Burger Chef served as student hangouts. Favorite TV programs included Monday night football, movies and detective shows. When there was nothing left to do, the busy students of Forest Lake High School did their homework.



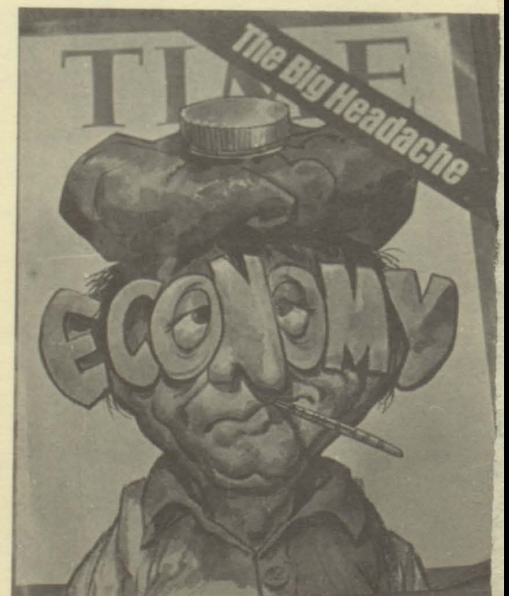
As FLHS students became aware of their world, the news affected them in many ways. The scandals of the Nixon administration dominated the political scene. In late summer President Nixon resigned and Vice President Ford took command of the country. Then, after weeks of hearings, Governor Rockefeller was confirmed as vice president. In the 1974 elections, Minnesota followed the rest of the nation in giving overwhelming support to the Democrats. Inflation and recession marked the economy as soaring prices of sugar and bread caused much concern. As unemployment continued to climb, the auto industry suffered greatly. To combat these problems, President Ford employed the WIN program and an income tax cut. Foreign trouble spots included Cyprus, Ireland and the Mideast. The weather made news throughout the year. In Minnesota an early freeze damaged harvests, but during December the mercury never dipped below the zero mark. In January, the blizzard of the century struck the Midwest, taking its toll in building, livestock and human lives. In the world of sports, the Vikings again landed in the Superbowl, only to lose to the mighty defense of the Pittsburgh Steelers.



Going, going.



Gone! Killebre
departs for K.C.



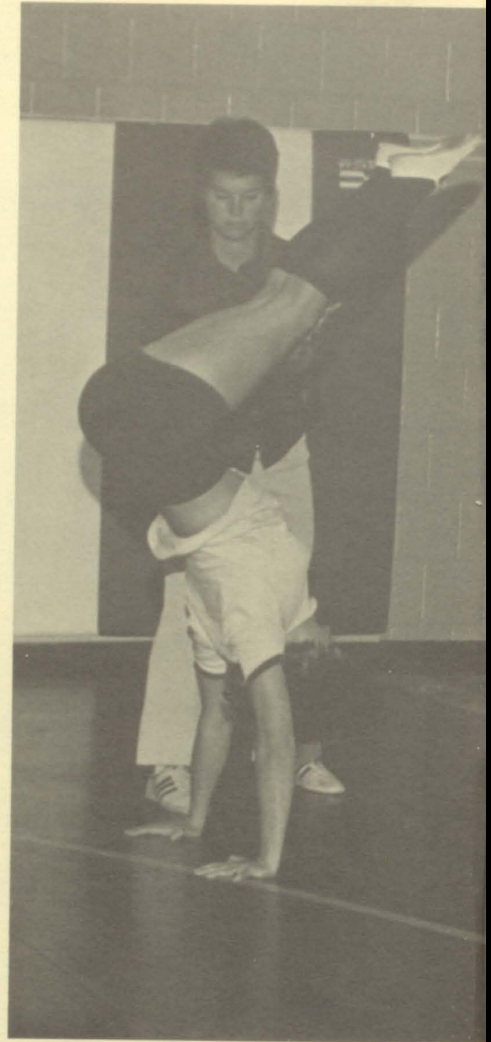
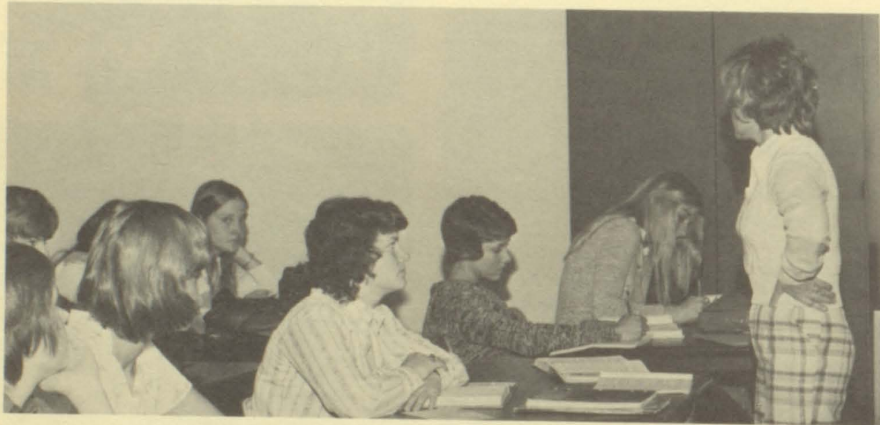


despite 4th-quarter slump
Youngsters tend to mature
falls 10% in a month
telling the truth
All-volunteer Army hailed
an 'unqualified success'
Hunt says tapes
jarred him into
Opera season canceled
Population surprises expected
Superintendent: Asks for 4-day school week at S
House readies \$20-billion tax
grant says Vikings
Musical triumph shared
TELEVISION: 'Overaggressive' sales
Bad debts, bankruptcies
Women swell R
increasing across nation reversing past
St. Paul sings, swings with new
rew, total team player, leaves '74 inf
Hearst: Family still has hopes for her 78-vea
Smokers will turn in \$15 billion
200 years later, U.S.
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Ford gives gri
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TAXES BUDGET: Ford paints grim pictu
Burton to marr

rated Nixon is
epidemic sentenced
space ship may get
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Muscle disease
perils Onassis for another 5 to 10 years comp
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Sweep by DFL is not all roses For
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offers motorist guide buk
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Vikes add youth
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of the American presence in Europe
Asks for 4-day school week at S
House readies \$20-billion tax
grant says Vikings
Musical triumph shared
TELEVISION: 'Overaggressive' sales
Bad debts, bankruptcies
Women swell R
increasing across nation reversing past
St. Paul sings, swings with new
rew, total team player, leaves '74 inf
Hearst: Family still has hopes for her 78-vea
Smokers will turn in \$15 billion
200 years later, U.S.
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TAXES BUDGET: Ford paints grim pictu
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PROGRESS 75

24-hour full banking
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by 1976 wares during parade
trial told Nixon House tax panel
well enough to testify may urge cut
as equal a civilization? \$22 billion
food - anything's easier, except the prices
Storm toll 14; livestock losses may be high
Nutrition subsidy cutting asked
TAXES BUDGET: Ford paints grim pictu
Burton to marr



1. How much of what you are learning in school now do you feel will be of practical use to you in later life?
 - Less than one third 23%
 - About one half 57%
 - More than two thirds 20%
2. Do most of your teachers work at making their classes exciting and relevant?
 - Yes 58%
 - No 19%
 - No Opinion 23%
3. If you could add a specific course or department to our curriculum, what would you add?
 - Expanded Phy Ed Department 30%
 - Professional Careers Training 12%
 - Additional Foreign Language 10%
 - Free Hour (Instead of Study Hall) 7%
 - Other 41%
4. Would you favor a less structured system of classes and hours, such as modular scheduling, at FLHS?
 - Yes 52%
 - No 30%
 - No Opinion 18%

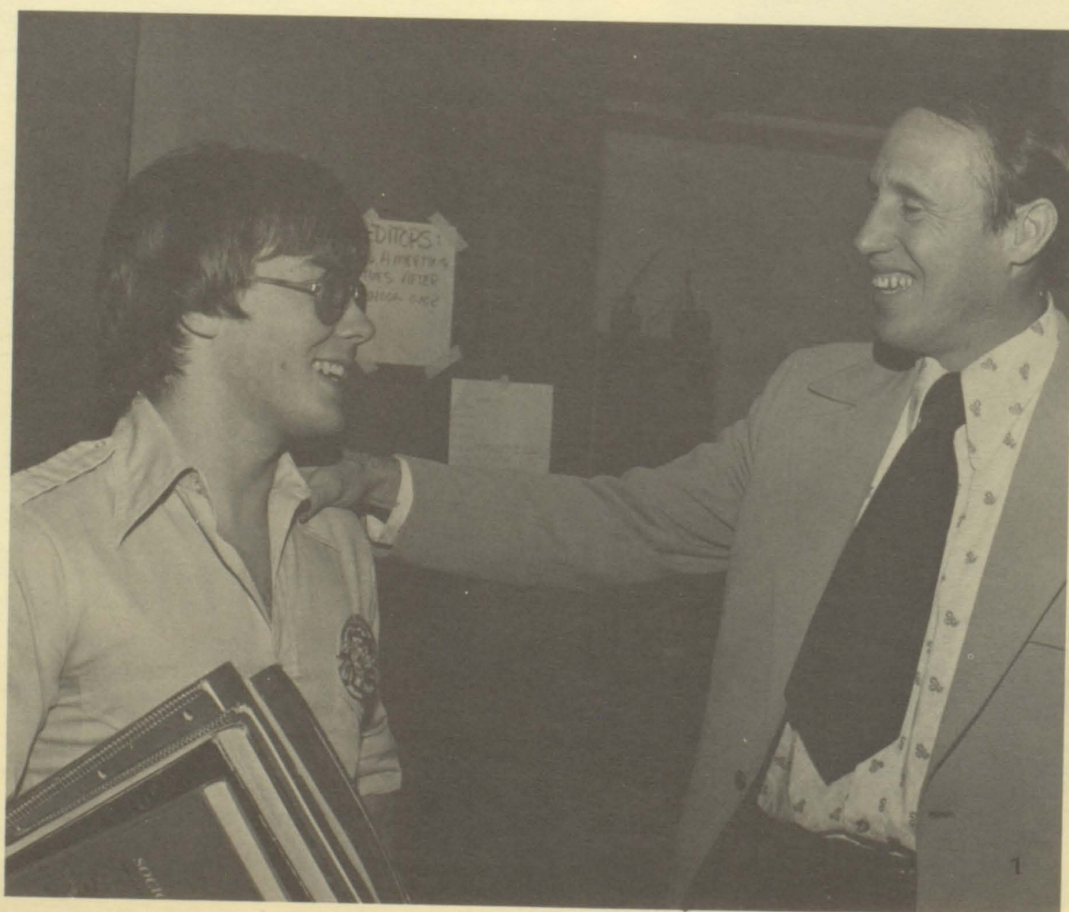
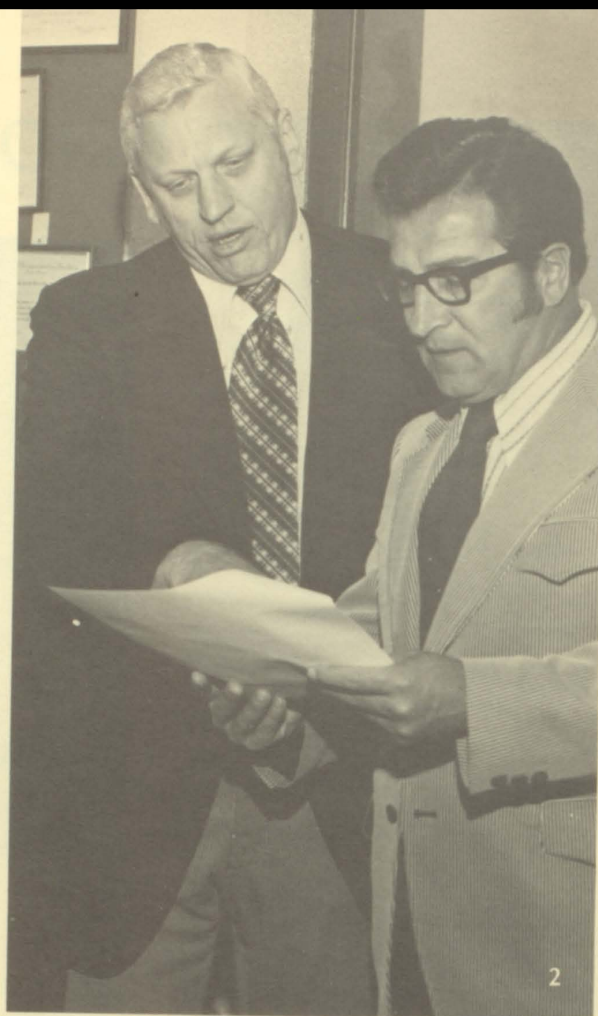
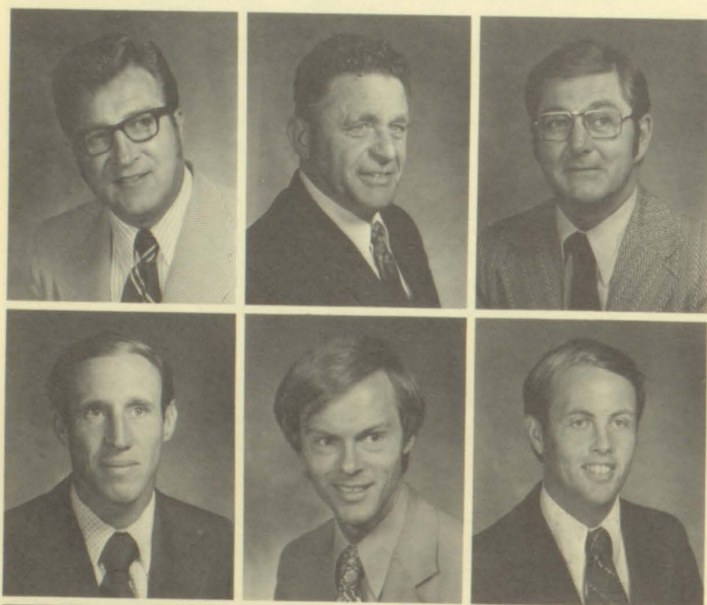


BRIDGES TO KNOWLEDGE



Through our teachers, our school provides the instruction we need to exist in our society. It teaches us discipline and proves that we see returns only as we apply ourselves to a problem. As it prepares us to teach ourselves and others, the school shows us how to answer some of the questions we have about life. In this way our school and teachers serve as bridges to knowledge.

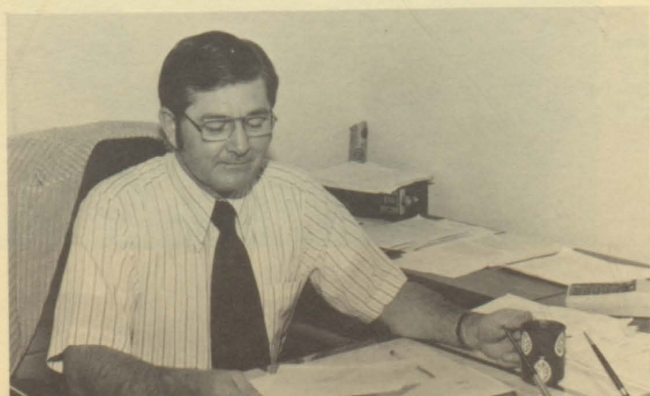
BELOW, TOP ROW: BERNHARD BARTEL, Superintendent; ROBERT JENSEN, Supervisor of Transportation; ROBERT JUHL, Director of Business Affairs; SECOND ROW: HERB MILLINGTON, Senior High School Assistant Principal; WILLIAM RAND, Senior High School Principal; RICHARD STEBBINS, Director of Curriculum; THIRD ROW: WAYNE STUTLEBERG, Director of Special Services.





Administration Sets Ten-Absence Policy

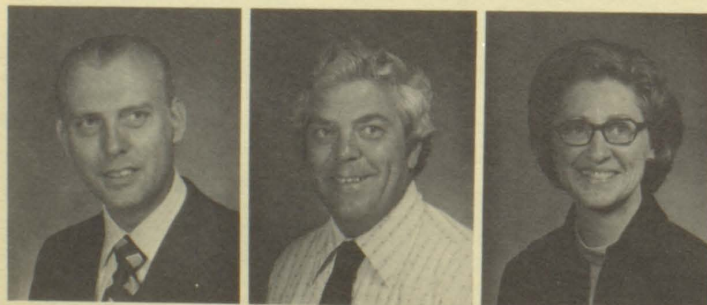
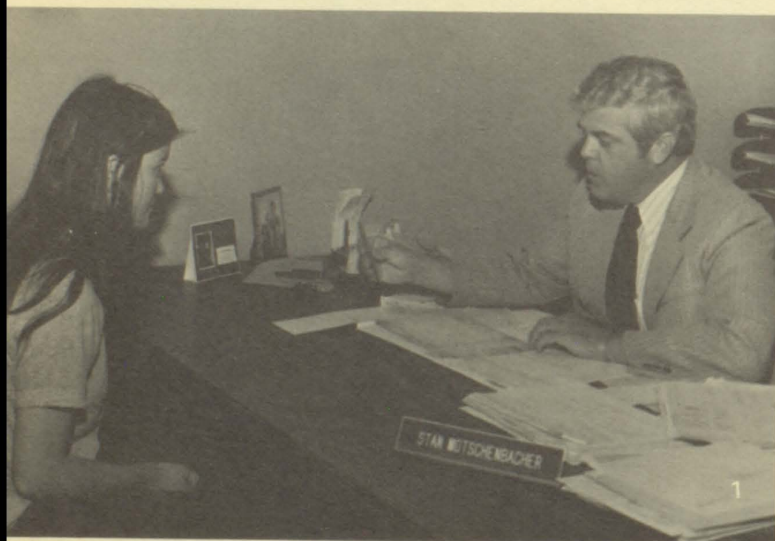
Improving education for the students and finding more efficient ways of running the school were the concerns of the Board of Education, Superintendent Bartel, and his four directors. The most controversial subject the administration introduced was the new attendance policy which allows a student ten absences per semester. On the tenth absence the student is removed from class, but may petition an appeals board for readmittance. Principal Rand and Assistant Principal Millington kept in direct contact with students by attending extra-curricular activities and having an open door to the problems of students and teachers.



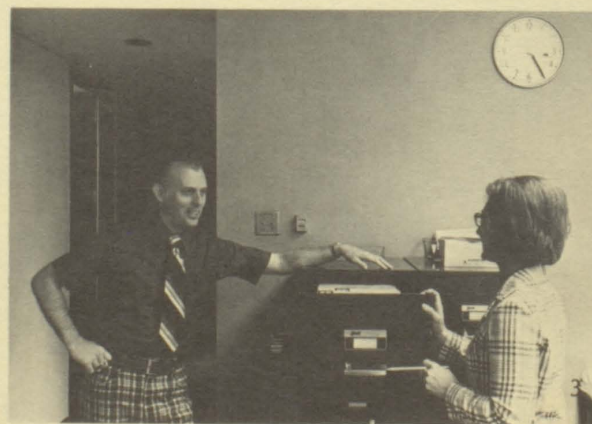
1. Bruce Linz and Assistant Principal Mr. Millington share a friendly smile. 2. Consulting Wayne Stutleberg, Director of Special Services, over an important school matter is Superintendent Bartel. 3. As he receives a message from his secretary, Mr. Rand appears concerned. 4. Art teacher Jim Howe presents graphs for the bond issue to Mr. Rand. 5. Seeking an answer to a financial problem is Director of Business Affairs Robert Juhl.

Counselors Guide Confused Students

To give supplementary education to students who have trouble with reading and mathematics, Mrs. Eastman was added to the faculty. Fifteen students were involved in the Special Learning and Behavior Problems program located in the Instructional Media Center. Stressed in SLBP were AV materials, films, discussions and no workbooks. Other students took advantage of the IMC's excellent resources while teachers raved about the efficiency of Super Igor, a new addition to the AV room. For lack of facilities, the desk of Mr. Scofield, the Driver Education teacher, was also located in the AV room. As school nurse, Mrs. Frigstad supplied bandages, kleenex, mild medications and unlimited cheer to ailing students during the school day. The Guidance Office was occupied by students suffering from scheduling problems and seniors seeking advice on post-high school education plans.

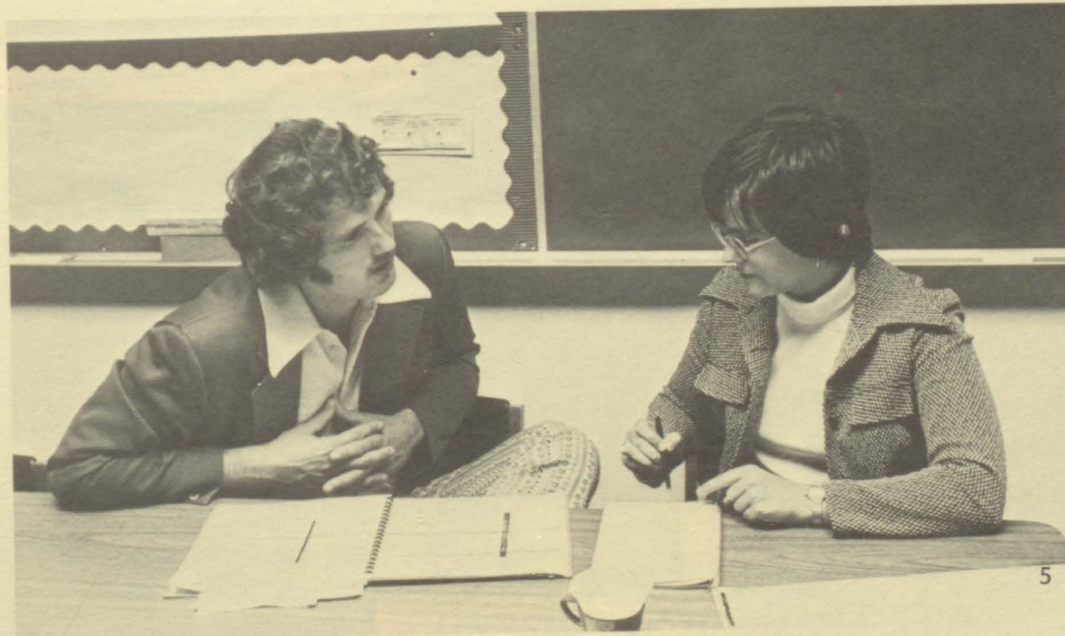
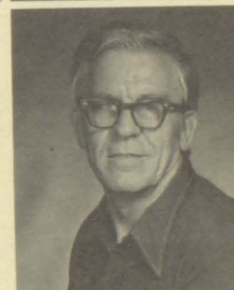
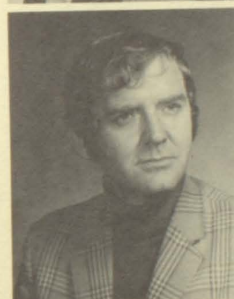


ABOVE: VIRGIL T. GROVE, Guidance Counselor; STAN MOTSCHENBACHER, Guidance Counselor, B-squad Football; DONNA NICKERSON, Guidance Counselor.

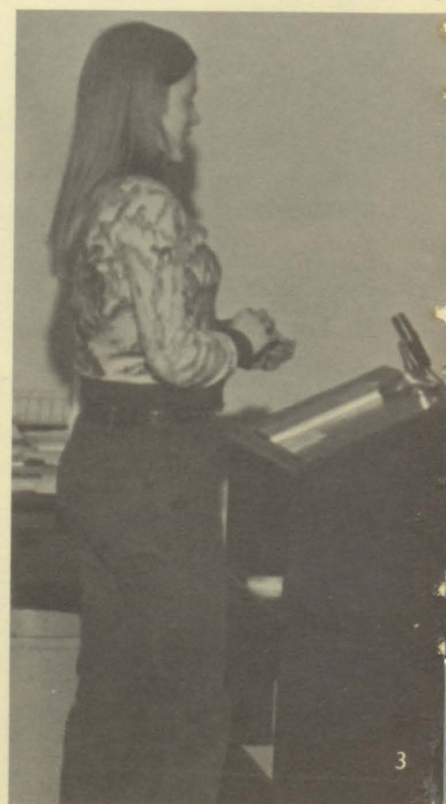




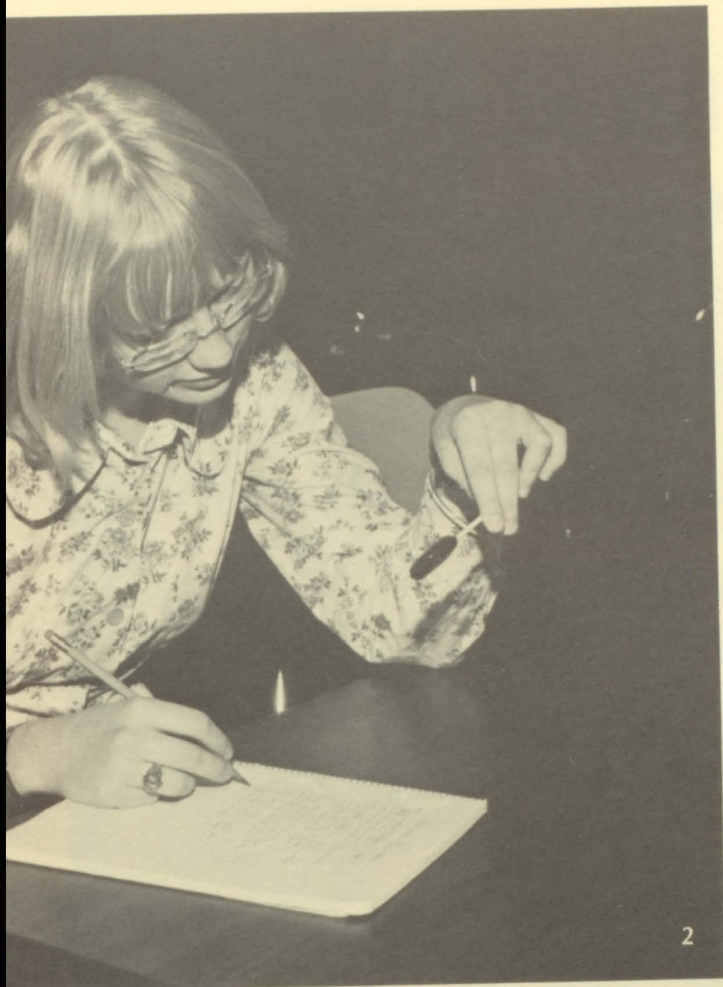
BELOW, TOP ROW: DORIENE EASTMAN, Special Learning and Behavioral Problems Instructor; MARVIN FUHRMAN, Audio Visual Director; SECOND ROW: RICHARD MOSKOP, Librarian, Senior Class Adviser; STAN PETERSEN, Community School Director; BOTTOM ROW: ARNOLD SCOFIELD, Driver Education Instructor.



1. Cheryl Lundberg consults her counselor, Mr. Motschenbacher, about her student file. 2. Mr. Moskops, media specialist, ponders Rich Ashbach's immediate problem in the library. 3. As the school day draws to a close, counselors Grove and Nickerson smile over a last minute joke. 4. Sitting at her desk, Mrs. Frigstad, school nurse, pauses from her paper work. 5. Helping Mr. Anderson to identify learning behavioral problems in his classroom is SLBP instructor, Doriene Eastman.

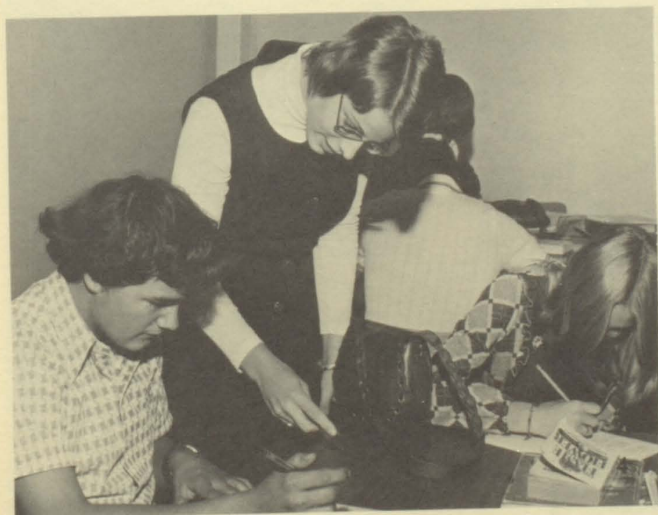


ABOVE, TOP ROW: TOM BALDWIN, Communication 10, Literature 10, Myth and Legend; MICHAEL F. BERNAUER, Communication 10, Literature 10, Composition II, Great Literature of the World; RICHARD CARLSON, Science Fiction, Thinking Power, Spring Play Director; KAYE L. R. CASEY, Composition I, Contemporary Poetry and Essays, Creative Writing, Prolifique Adviser; SECOND ROW: BOB FEDDERLY, Communication 10, Literature 10, Short Story, Assistant Hockey Coach; KAREN HOWE, Dramatic Literature, Introduction to Theatre, Speech I and II, Declamation Director, Fall Musical Director; DIANE L. JENSEN, Communication 10, Public Broadcasting, Assistant Debate Coach, Assistant Technical Theatre Director, One-Act Play Director; DAVID JONES, Communication 10, Literature 10, Reading Power I and II, Horse Club Adviser; BOTTOM ROW: RACHEL MAKI, Early American Literature, Modern American Literature, Novel, Short Story; JOHN T. OLSEN, Communication 10, Modified Learning Center; CARLEEN ONELL, Forester Adviser, Communication 10, Literature 10, I Want to Know Why, Short Story; RALPH STREATER, Argumentation, Mass Media, Minority Voices, Science Fiction, Breeze Adviser, Debate Coach, Assistant Declamation Coach.



Composition Sparks Students' Creativity

Added to the English Department were two new courses—I Want to Know Why and Independent Study. Subjects in Independent Study ranged from philosophy to public broadcasting where two students enacted the roles of disc jockeys by announcing their own radio program during lunch. Writing classes offered students the chance to be creative through poetry and fiction or to develop their writing skills through essays. As an extra benefit, interested students attended the Guthrie Theatre's production of the play, "The Crucible." As student enrollment grew, so did a coinciding English staff and with it came the experience of crowded office conditions and shrinking classroom capacity.



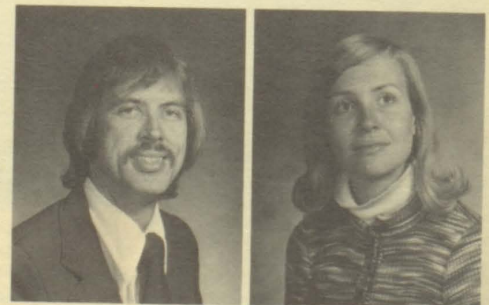
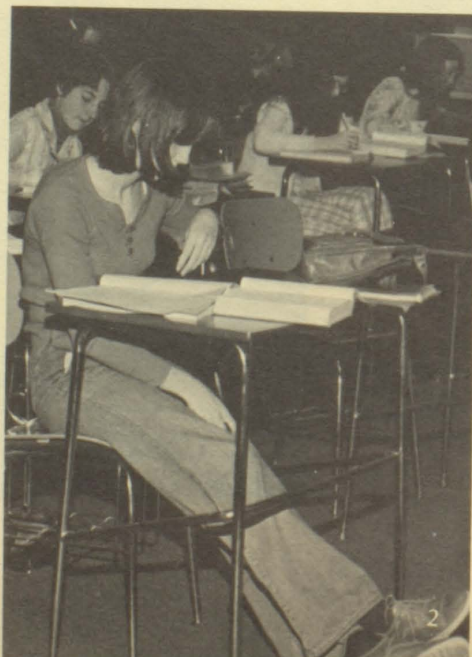
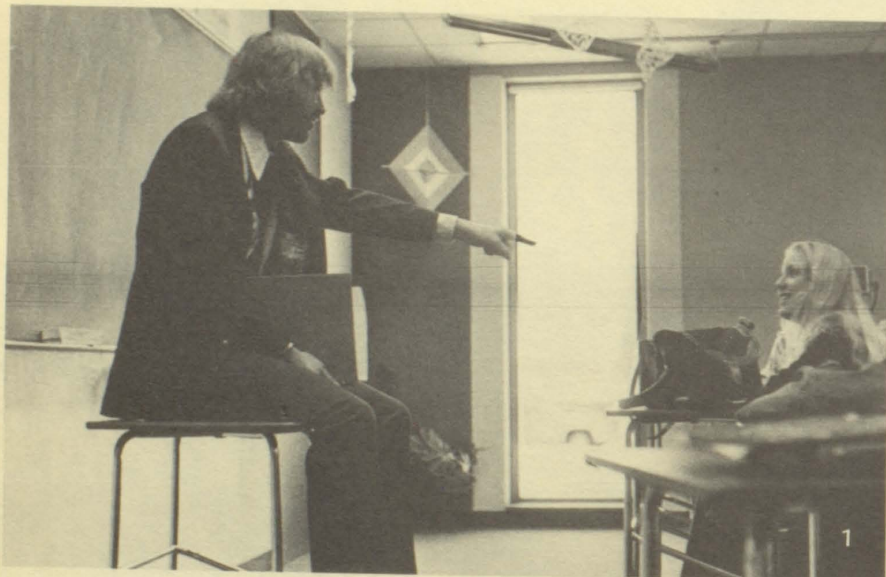
1. Reading, writing, talking and dozing are some of the reactions of students in a class of the Novel. 2. As she exhibits a writer's two essential tools, the pencil and the sucker, Wendy Deerly concentrates on a poem for Independent Study. 3. Sandy Lehner stands behind the protective podium and gives an oration for Speech I. 4. Checking an outlining exercise for Bob Volenski is new English teacher Mrs. Onell. 5. As Jody Carpenter works on a Creative Writing assignment, Mrs. Casey points out an interesting writing style to Jean Nelson.



Business Classes Cultivate Expertise

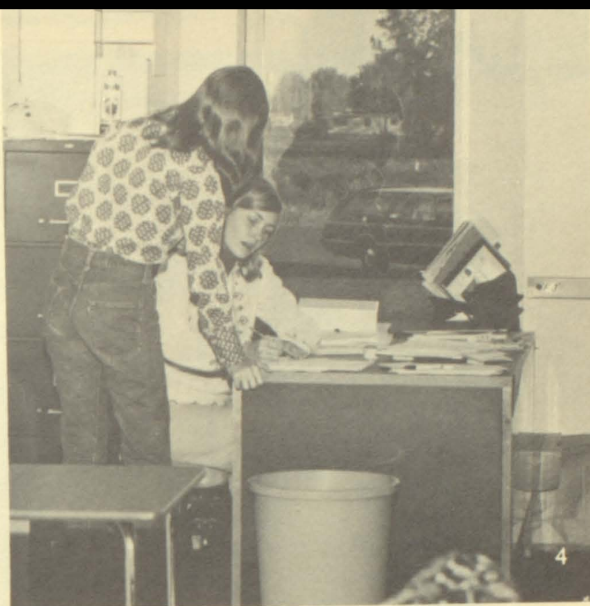
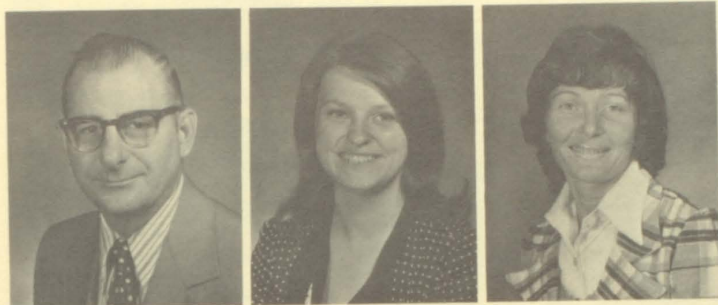
Marketing, merchandising, smart shopping, typing, and bookkeeping were some of the skills learned by business students. Although the business curriculum was expanded, teachers found the class sizes workable and student attitudes positive. Students expressed and worked toward business careers.

Impressed by her enthusiastic students, the new French teacher, Mrs. Sagstuen, was welcomed to the foreign language department. French students participated in cooking food and performing skits. Spanish classes visited the Anoka Co-op where national dishes were prepared and sampled. Singing Spanish carols and reading Spanish stories were other experiences offered by these classes.

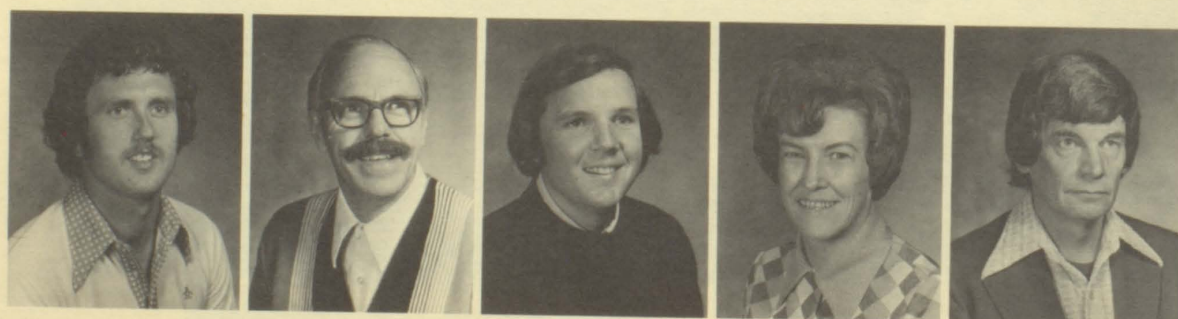
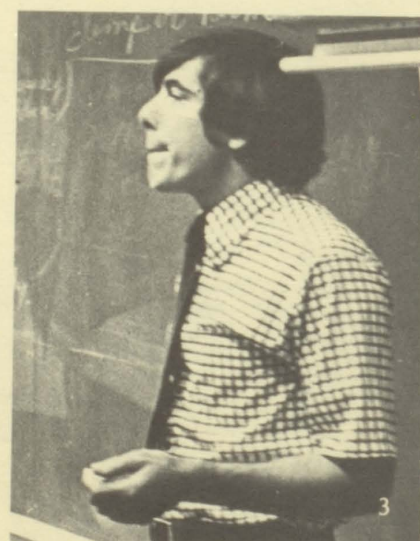
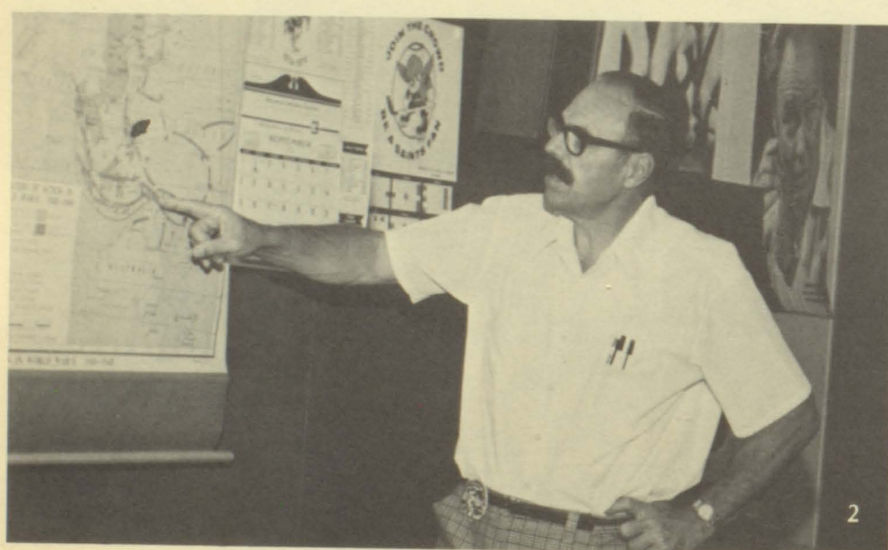
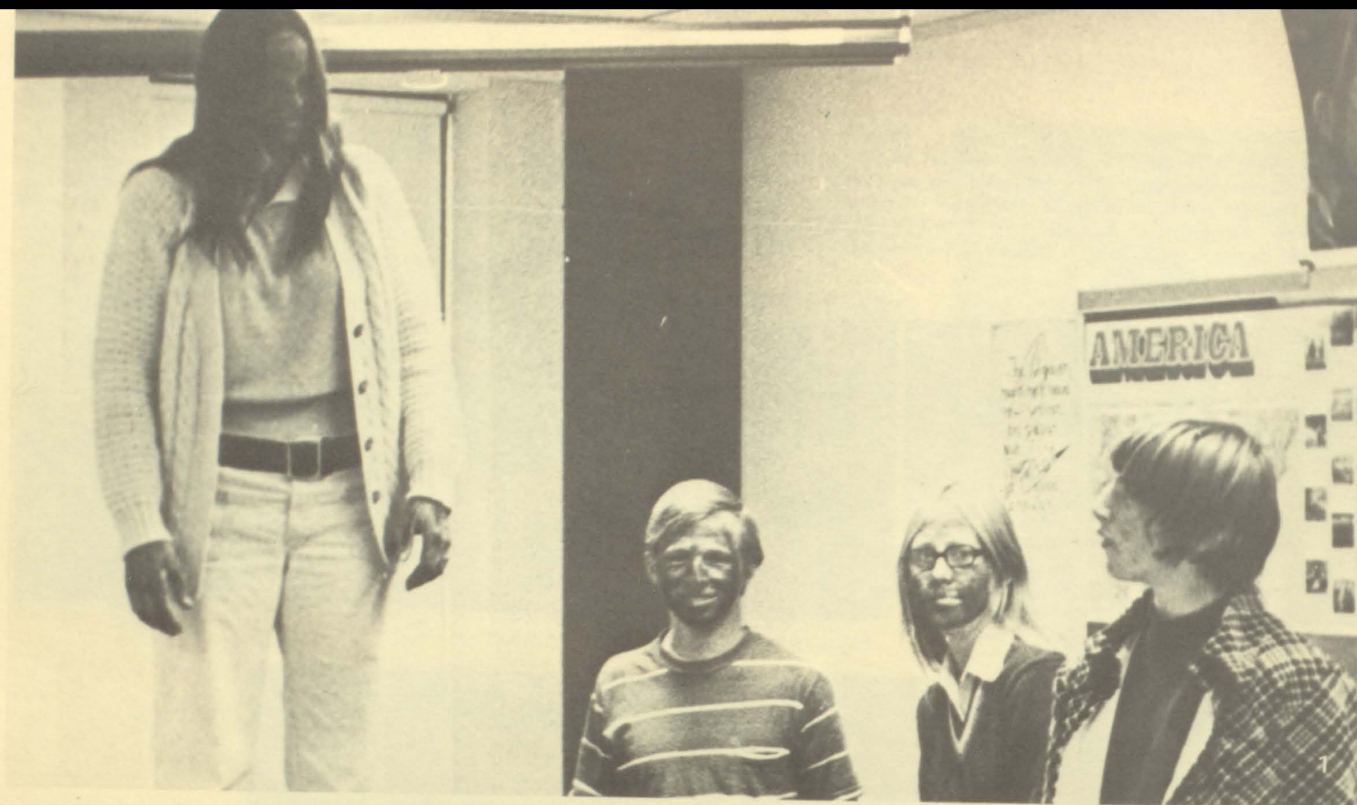


ABOVE: ALAN FRANZEN, Spanish, Profiles Abroad, Student Council Adviser, Boys' Tennis Coach; NANCY SAGSTUEN, French, Profiles Abroad, French Club Adviser.

BELOW: JACK BUYS, Office Procedures, Business Machines, Shorthand I and II, Occupational Relations, Office Education Co-op, FLOEA Adviser; DIANE HOWE, Typing I and II, Shorthand II, Consumer Economics, Marketing, Merchandising, Rangerettes' Adviser; JANET WILEY, Bookkeeping, Beginning Typing, Typing I and II, Business Machines, Forester Business Adviser.

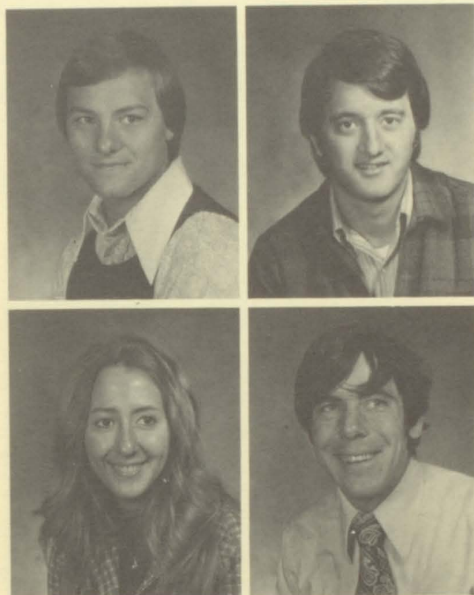


1. Señor Franzen calls upon an unsuspecting student during a Spanish lesson. 2. Practicing in their workbooks, Consumer Economics students gain valuable knowledge of budgeting methods. 3. With an emphatic gesture, Mrs. Wiley explains an important typing procedure. 4. Madame Sagstuen helps a student with a difficult verb conjugation. 5. Searching for errors, Janet Faber looks over her assignment before removing it from the typewriter.



ABOVE: CHARLES C. ANDERSON, American History, Boys' Health and Physical Education, Assistant Basketball Coach, Assistant Track Coach; GORDON ASHBY, Contemporary Problems, Marriage and the Family, World War II; BILL MCEL RATH, American Economic System, Political Science, Advanced Political Science, U.S. and World Affairs; RUTH MENKEN, American History, Ancient World I and II, U.S. and The World; NEAL C. NELSON, Anthropology, Psychology, Sociology.

BELOW, TOP ROW: DOUG PELTIER, American History, Contemporary Problems, Hockey Coach; DAN POUPARD, American History, Contemporary Problems, Assistant Football Coach, B-squad Basketball Coach; BOTTOM ROW: SANDRA SCHANFIELD, American History, Cheerleaders Adviser; ALAN D. THOBURN, American History, Geography, Lettermen Adviser, Baseball Coach.



Social Classes Push Active Involvement

While most of the country found current political and economic situations distressing, many social studies students found them exciting and challenging. The social department stressed involvement by encouraging students in active participation. This included involvement in group discussions, surveys, simulation games, and most importantly, questions. By inviting guest speakers the Contemporary Problems classes gave students a chance to question and learn from experienced sources. American History students focused most of their attention on minorities and the Great Depression.

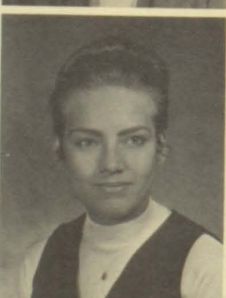
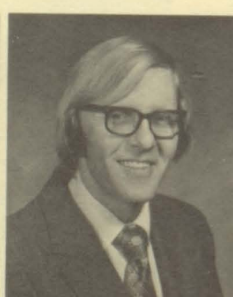
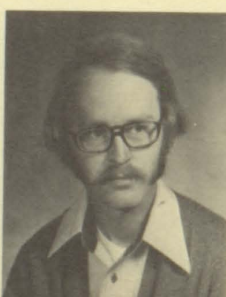
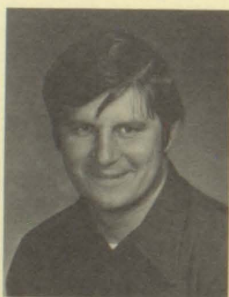
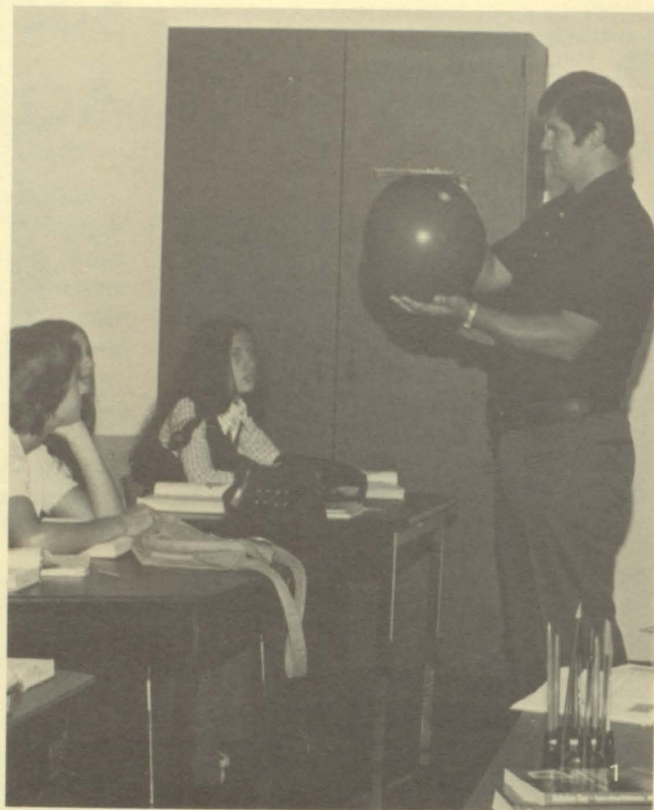


1. Portraying a Negro slave, Kathy Donaghue stands on the auction block as other sophomores act as slaves and the auctioneer during American History. 2. Mr. Ashby uses a map illustrating points of action in World War II to help his students visualize war tactics. 3. With pursed lips, Mr. Thoburn pauses from his lecturing to listen to a student's question. 4. A teepee constructed by class members gives sophomore American History students a better knowledge of the Indian way of life. 5. Reading a sample of student work, Mr. Anderson leans against the lecturn.

Math Dept. Obtains Computer Terminal

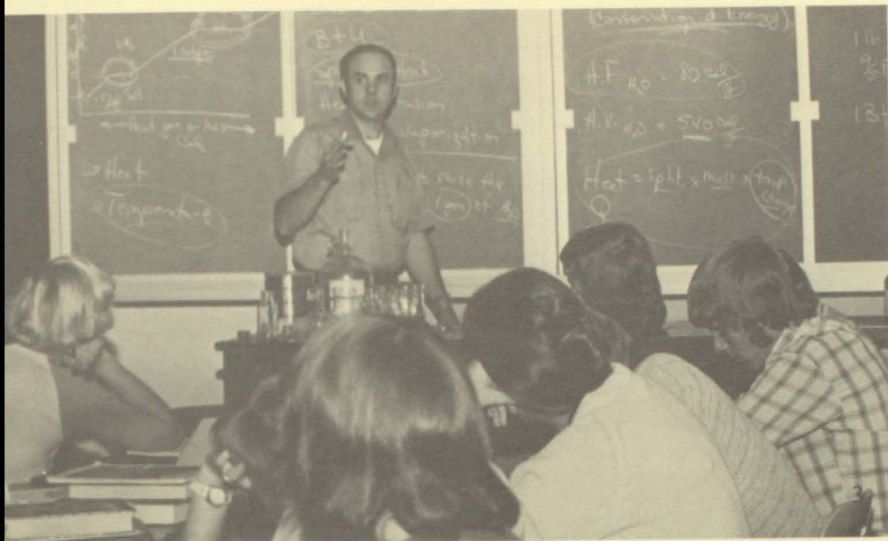
To attract students of all abilities, the Math Department offered courses ranging from Basic Math to Math Analysis. A computer hook-up gave students experience in programming and helped with tedious problems. Math Department personnel noticed a more positive attitude among students towards math.

Introduced into the Science Department were two new courses: Investigating Science was designed for students who wished to gain general knowledge of science, while lab studies and a field trip to Taylors Falls helped students who wanted to gain understanding of Basic Geology and Applied Science. In Biology and Chemistry labs, students experimented to prove scientific fact.

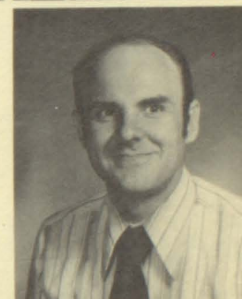
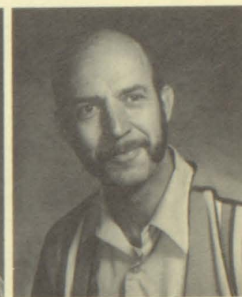


ABOVE, TOP ROW: MIKE ALTAVILLA, Geometry, Consumer Math, Football Coach, B-Squad Baseball Coach; CHARLES CHALBERG, Consumer Math, Algebra I, Assistant Girls' Tennis Coach; WALLACE CONNOR, Math Analysis; Algebra I and II, Computer Programming, Consumer Math, Sophomore Class Adviser; SECOND ROW: NANCY LATOURNEAU, Consumer Math; JOHN LAUTIGAR, Geometry, Consumer Math, Trigonometry, Assistant Football Coach, Assistant Wrestling Coach, Boys' Track Coach; CANDY MARKUS, Geometry, Consumer Math; DONALD A. NELSON, Geometry, Basic Math, Junior Class Adviser.



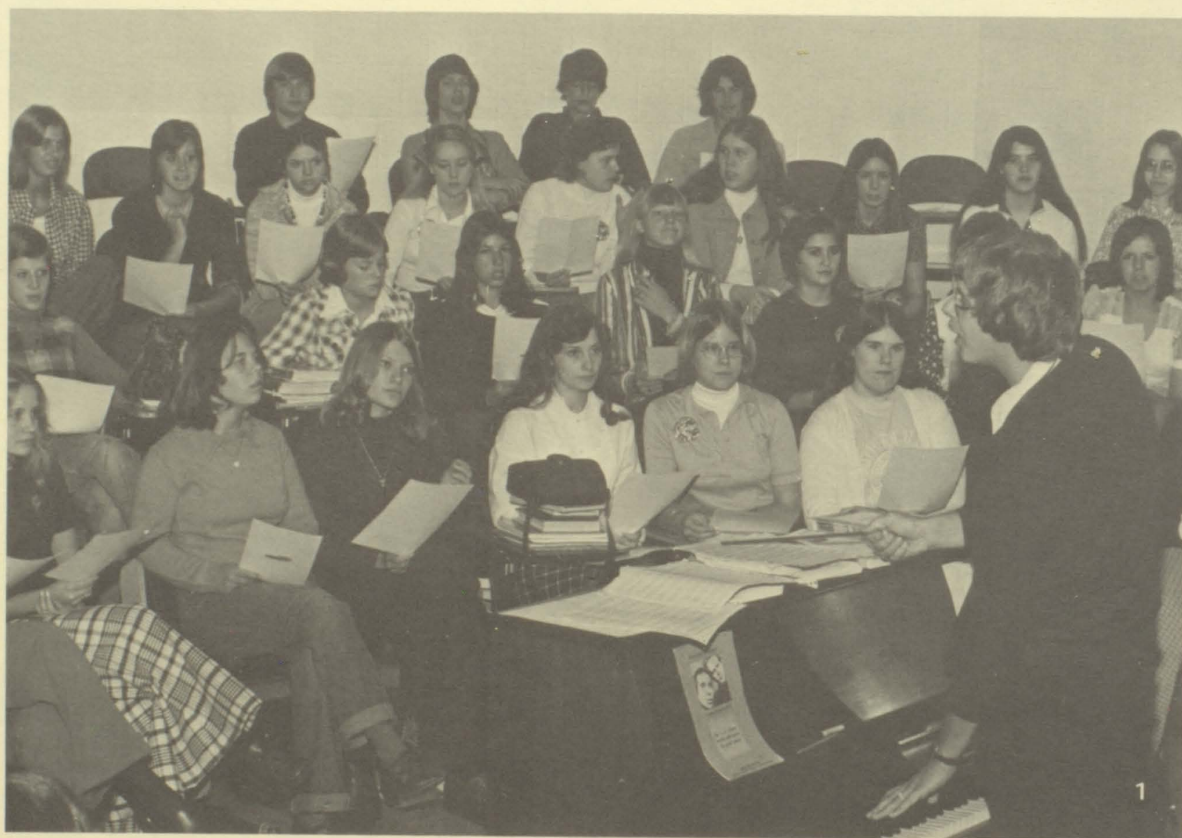
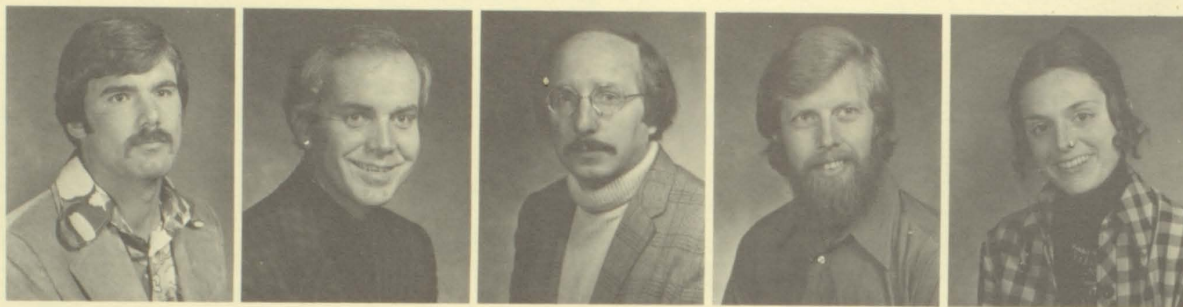


BELOW, TOP ROW: GWEN HANSEN, Ecology, Introduction to Chemistry and Physics, Chemistry of Equations, Ideas and Investigating Sciences; HERB HARPER, Cellular Biology, Human Biology, Minnesota Wildlife, Concessions Adviser; SECOND ROW: R. JACK HENDERSON, Physics, Introduction to Chemistry and Physics, Organic Chemistry, Geology.

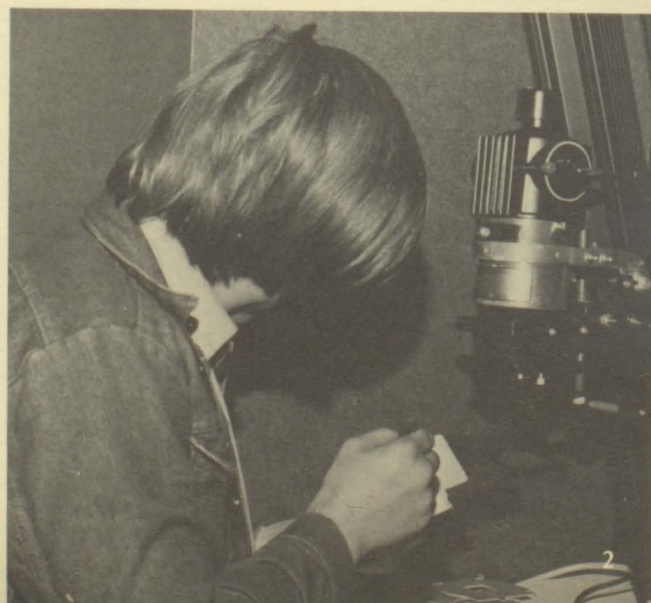


1. Using a ball and notebook to demonstrate a geometric principle, Mr. Altavilla captures the attention of his class. 2. Miss Markus uses a simple drawing to explain a geometry problem. 3. While calculating a chemistry equation, Mr. Henderson stops momentarily to answer a student's question. 4. Rita Rehbein, Blake Benson and Bruce Linz use a timer to find velocity in a physics experiment.

BELOW: JOHN BACKES, Art I and II, Crafts, Painting I, B-Squad Football Coach, Assistant Track Coach; MARK HANSEN, Art I and II, Painting I and II, Introduction to Fine Arts; JIM HOWE, Art I, Ceramics, Sculpture, Technical Theatre Director; ALLEN LARSON, Photography I and II; NANCY SONNEN PECHMANN, Art I and II, Fabrics, Independent Study.



1. The Mixed Choir show their reaction to Mr. Lindstrom with a wide variety of facial expressions. 2. Before enlarging a negative, a photography student brushes lint from it. 3. Using nails for a three dimensional effect, an art student forms a mosaic design of a ship. 4. Mr. Nelson's baton provides steady beat for Ranger Band members.

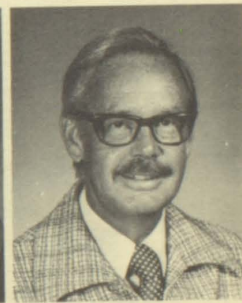
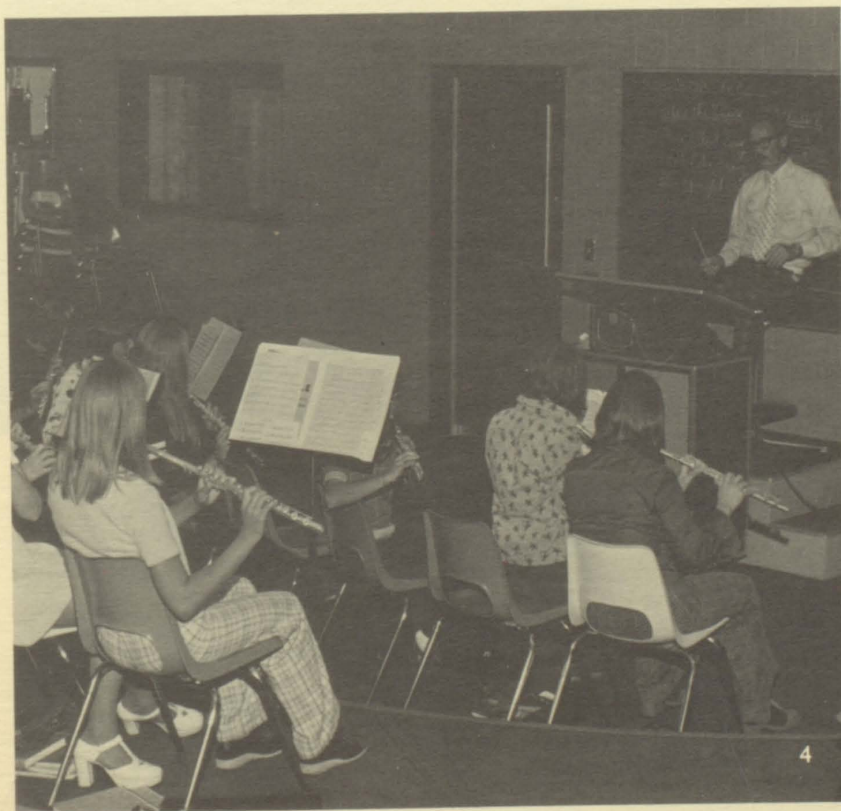




Larger Music Dept. Feels Growing Pains

Indicating a rapidly growing interest in the music curriculum, another Girls' Chorus was added and the Concert Band expanded to 110 students. Music directors found that the large number of students hindered group performance. Both Choirs and Bands were kept busy. Mixed Choir exchanged concerts with other schools while Pep Band added liveliness to pepfests and football games.

Allowing students to express themselves in the most creative way was the objective of the Art Dept. The variety of courses offered, such as Ceramics, Photography, and Related Crafts, incited students to explore their imaginations. To some, Art provided an easy credit, but it also offered a challenge to those who desired to meet it.



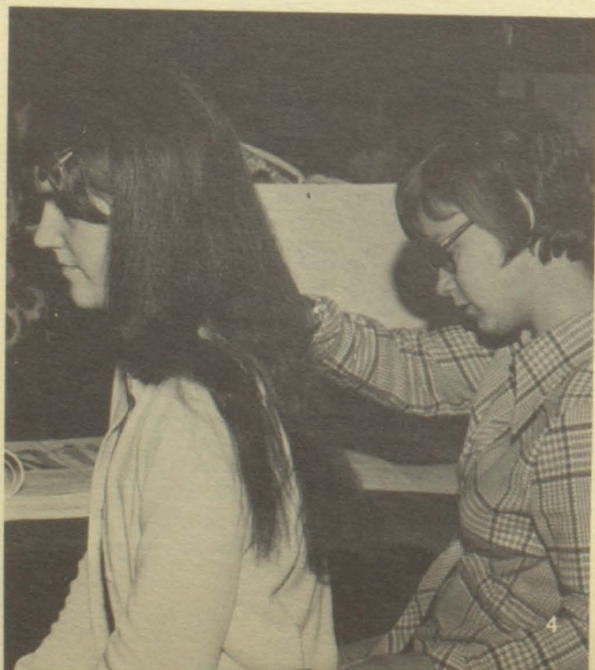
ABOVE: JIM LINDSTROM, Mixed Choir, Girls' Chorus, Rudiments of Music I and II, Introduction to Fine Arts, Sectionals, Golf Coach, Brothers' Adviser; ROLLIN NELSON, Ranger Band, Concert Band, Pep Band, Marching Band, Sectionals.

Two Classes Added To Home Ec. Dept.

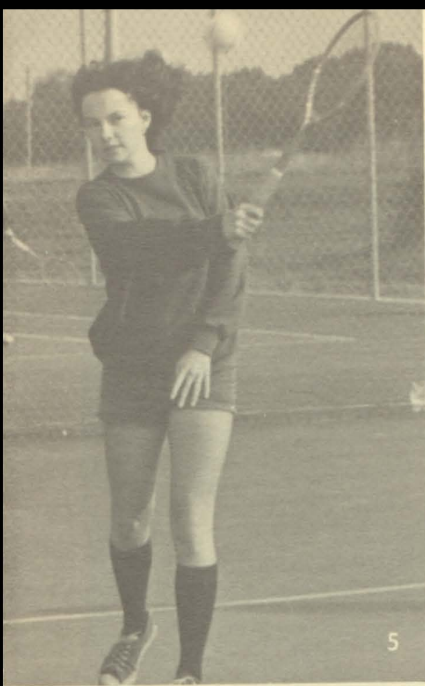
To meet rising student interest, two new courses and two additional Bachelor Living classes were added to the Home Economics Department. Exploring Early Childhood, a federally funded course, allowed students to work with grade school children. In Clothing II enthusiastic students sewed projects from evening dresses to ski jackets.

Among the more popular activities offered by the Physical Education Department were tennis, soccer, canoeing, and broomball. Additional gymnastics and weight-training classes were added. Phy Ed gave students opportunities to improve in sports they were familiar with, and to become involved in new fields of interest.

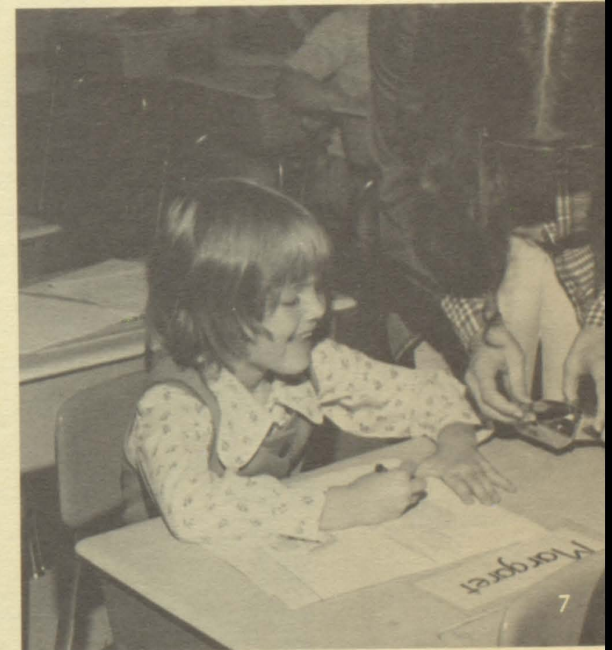
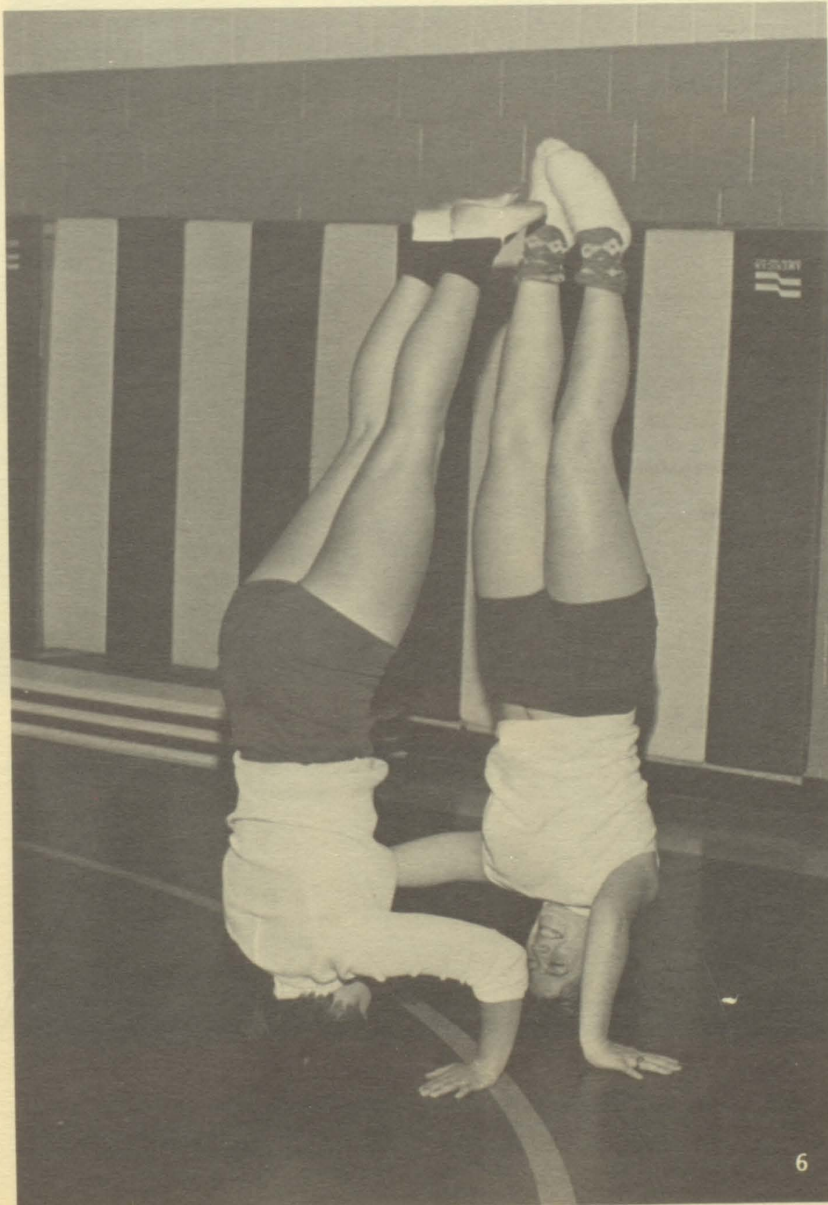
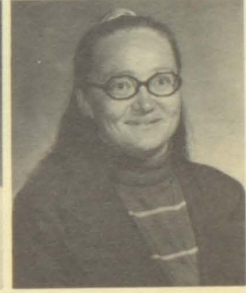
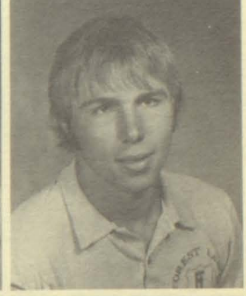
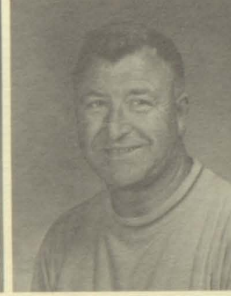
1. Physical Education teacher, Joan Paulson, demonstrates her passing form. 2. As the ball is snapped, the girls' Fall Sports and Individual Activities class springs into action. 3. Relating some of the finer points in cooking to her Bachelor Living class is Mrs. Orlich. 4. As Mrs. Swenson makes a back waist measurement, Mary Sheperd patiently awaits the results. 5. Sophomore Debbie Walker returns a serve in her morning Phy Ed class. 6. Two girl gymnasts take a load off their feet during gymnastics class. 7. Helping a second grade student with an art project is a member of the new Exploring Early Childhood Class.

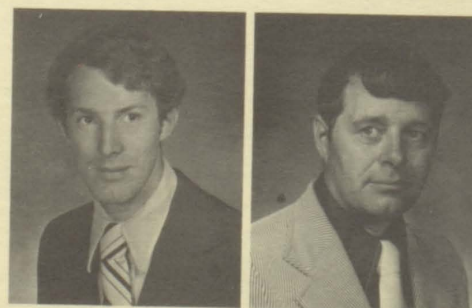
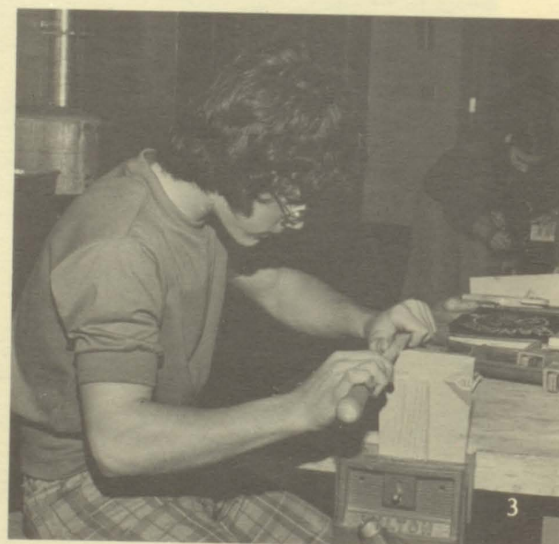
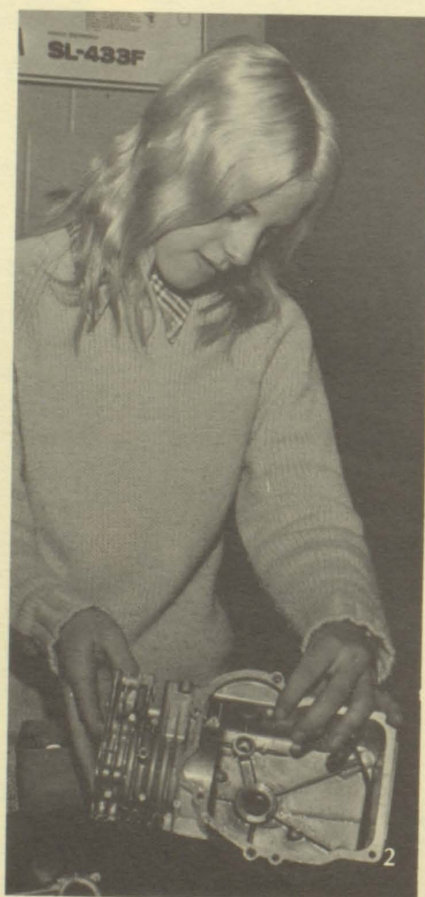
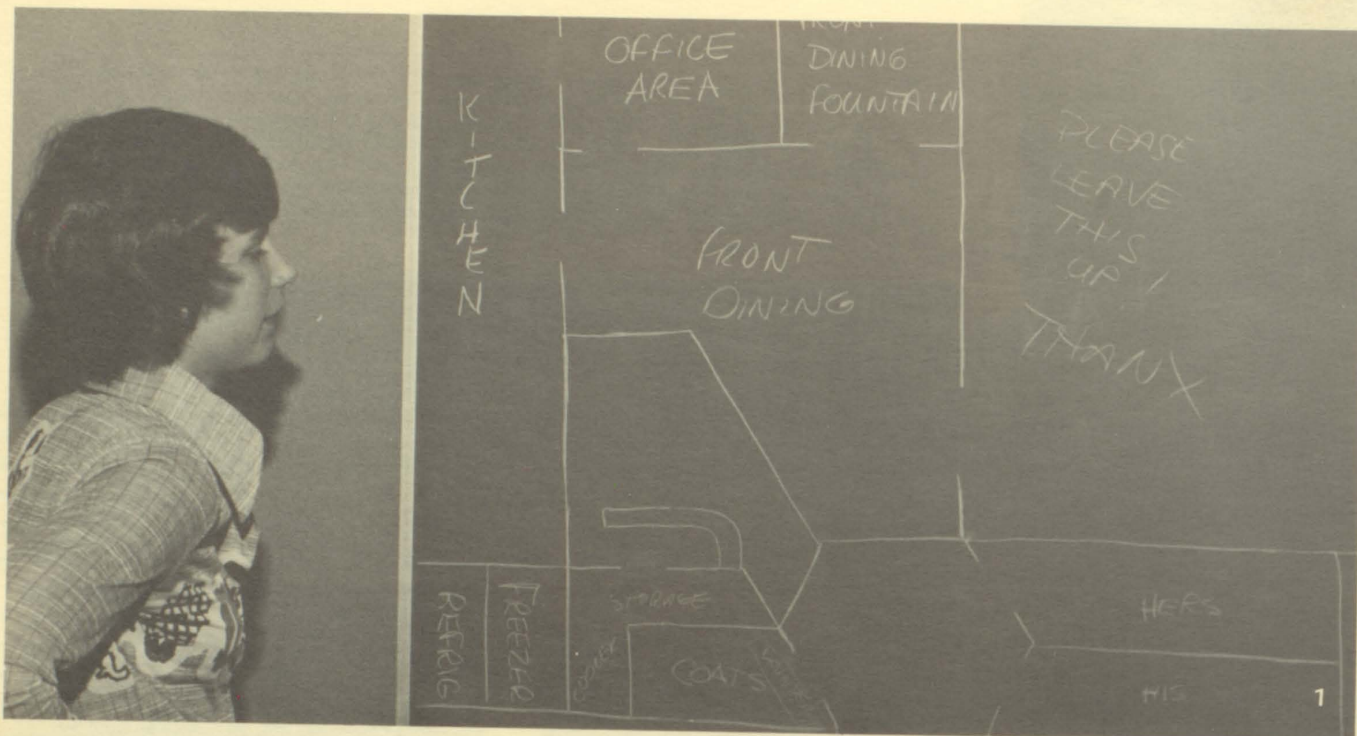


ABOVE: MARILYN ORLICH, Bachelor Living, Clothing II, High Fashion Sewing, Interior Decorating; JANET M. STONE, Family Living, Exploring Early Childhood, Child Care and Development, Foods II; PEGGY SWENSON, Foods I and II, Clothing Basics, Clothing II, FHA Adviser.



BELOW, TOP ROW: KATHY BRIGUET, Girls' Health and Physical Education, B-squad Volleyball Coach; DIANNE CONLEY, Girls' Health and Physical Education, Gymnastics, Co-ed Activities, Girls' Tennis Coach, Gymnastic Coach; JACK CONLEY, Boys' Health and Physical Education, Team Sports, Athletic Director; ROBERT DETTMER, Boys' Health and Physical Education; BOTTOM ROW: JIM NELSON, Boys' Health and Physical Education, Weight Training, Co-ed Sports, Individual and Team Sports, Boys' Basketball Coach, Cross Country Coach; JOAN PAULSON, Girls' Health and Physical Education, Team Sports and Individual Activities, Volleyball Coach, Girls' Basketball Coach, Girls' Track Coach.





ABOVE: JAMES BOERBOOM, Horticulture, Plant and Soil Science, Leadership, Agricultural and Occupational Management, Independent Study, Natural Resources, FFA Adviser; LOYAL HYATT, Agriculture Mechanics Skills, Mechanical Agriculture, Horticultural Power, Forestry and Environmental Management, FFA Adviser.

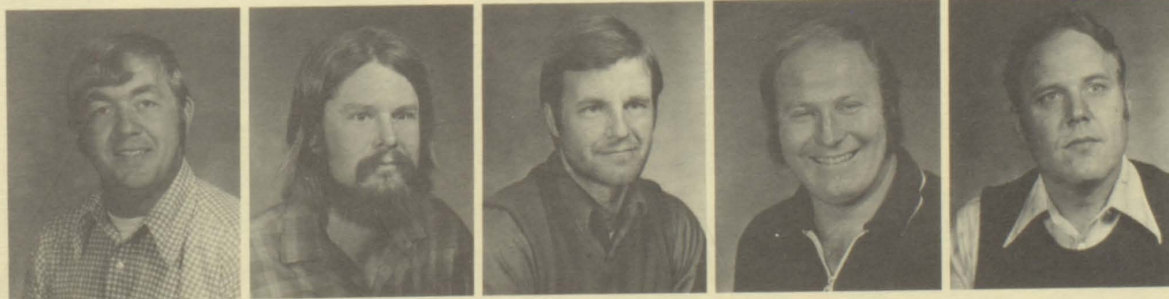
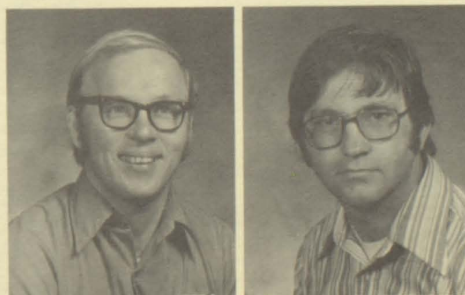
1. Looking over an architectural sketch, Kim Hoekstra gets ideas for a small scale drawing. 2. Cheryl Johnson proves that women can be competent mechanics as she repairs a small engine. 3. In shop class Dan Perreault files a piece of plastic for a project. 4. Helping Mike Wenzel repot a plant, Mr. Boerboom explains a technical point about root structure.



Industrial Arts Offers Trade And Industries

With the numerous courses offered by the Industrial Arts Department, students had a wide variety from which to choose. Two of the most popular classes were Recreational Vehicles and Trade and Industry. Recreational Vehicles was designed to improve the understanding of snowmobiles, boat motors, and motorcycles. T and I was a class that specialized in automotive production.

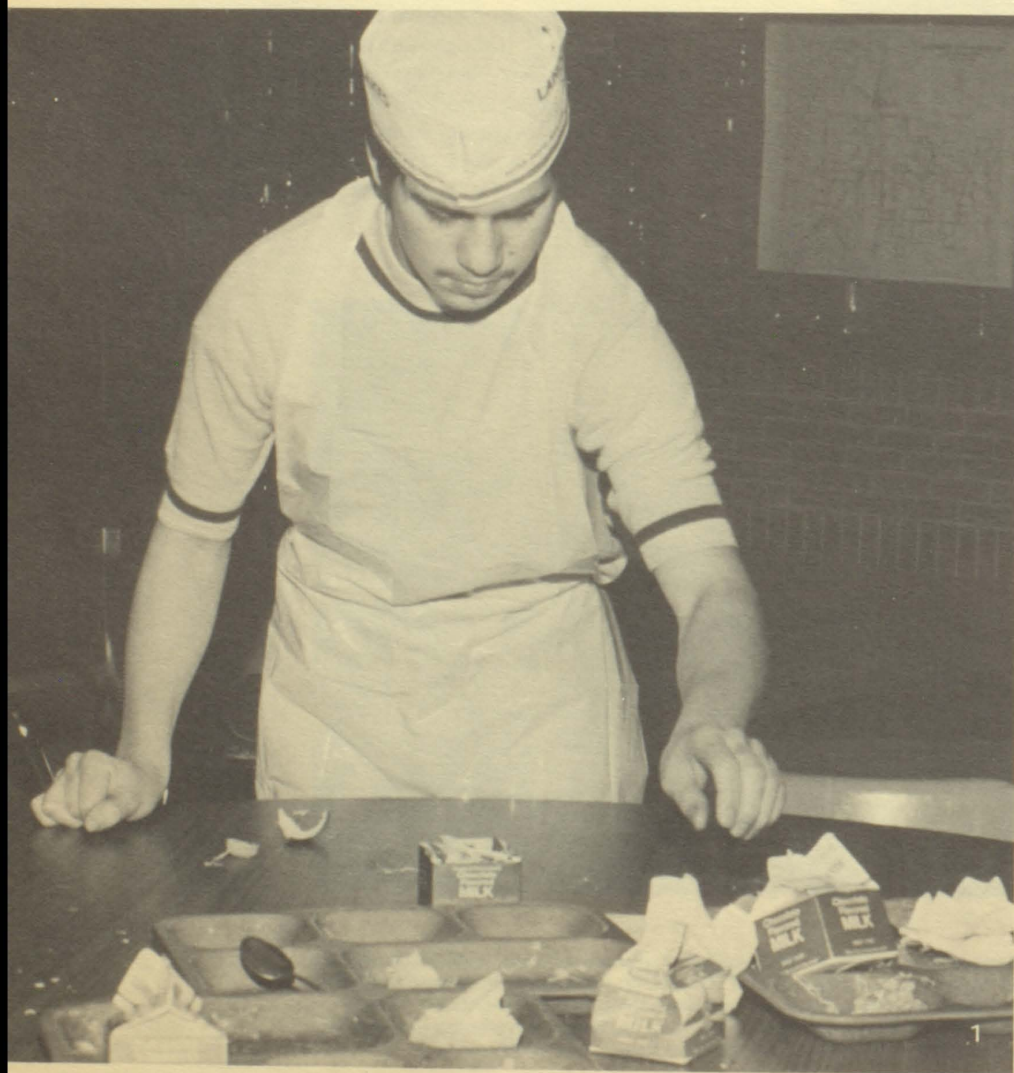
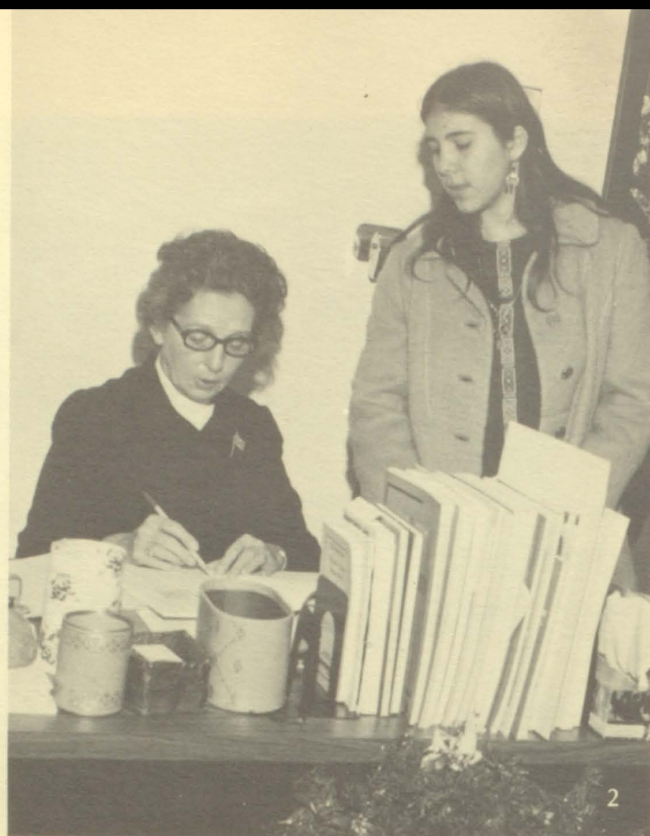
Mr. Boerboom was introduced into the Agriculture Department because Mr. Sandager took a one year sabbatical. Mr. Boerboom carried on the tradition of molding courses in management, horticulture, and forestry into vocational learning skills. These skills related to FFA and were used to compete in statewide agriculture contests.

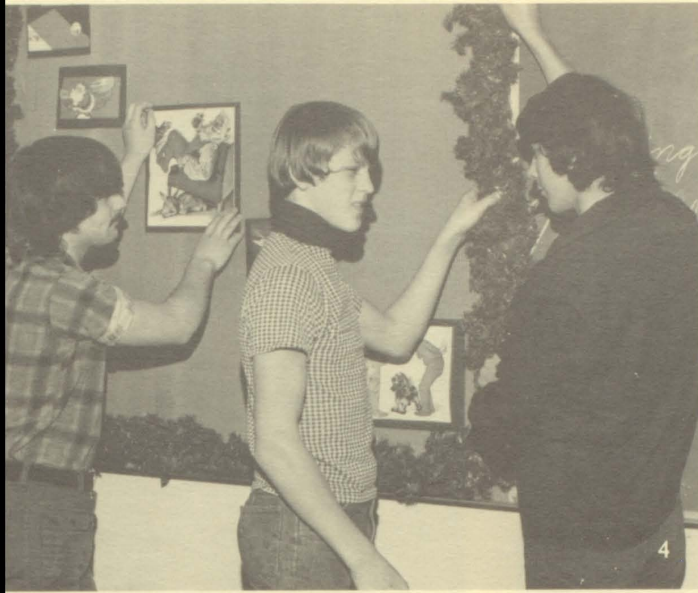


ABOVE, TOP ROW: DAVID BLASKO, Trade and Industry, Auto Mechanics, MLC, Assistant Gymnastics Coach; JUNIOR BRANSON, Hot Metals, Intro to Power Mechanics, MLC Woods II, Woodworking for Girls; BOTTOM ROW: GENE ELVEHJEM, Intro to Plastics; STEVEN R. FREDERICKSON, Intro to Power Mechanics, Sportsmen Vehicles and Power Mechanics; ROBERT MORDINI, Woods I, II and III, Carpentry, Woodworking for Girls, Special Processes and Refinishing; TOM POGREBA, Simple Electronics, Drafting Barn Design, Architectural Drawing, B-squad Wrestling Coach; JOHN REIMAN, Cold Metals, Hot Metals, Wrestling Coach.

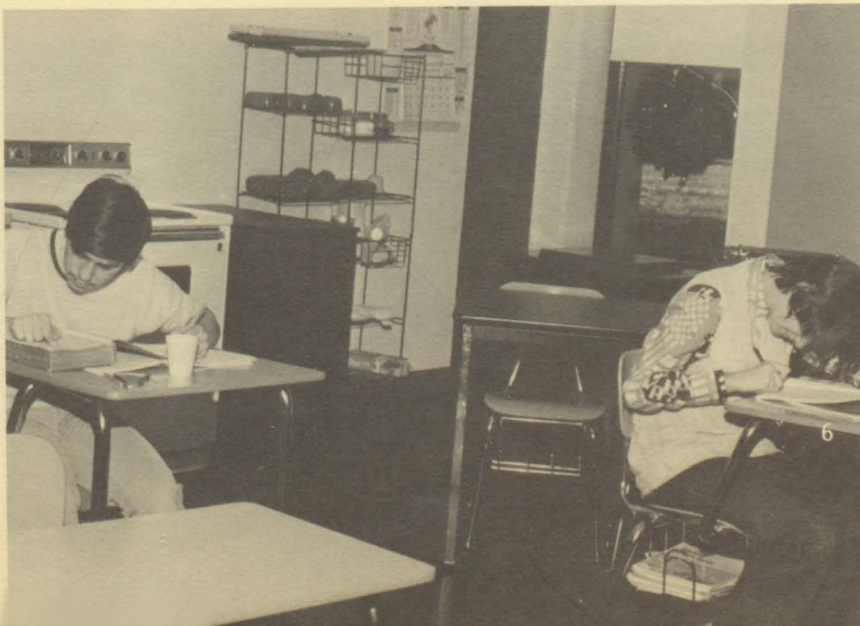
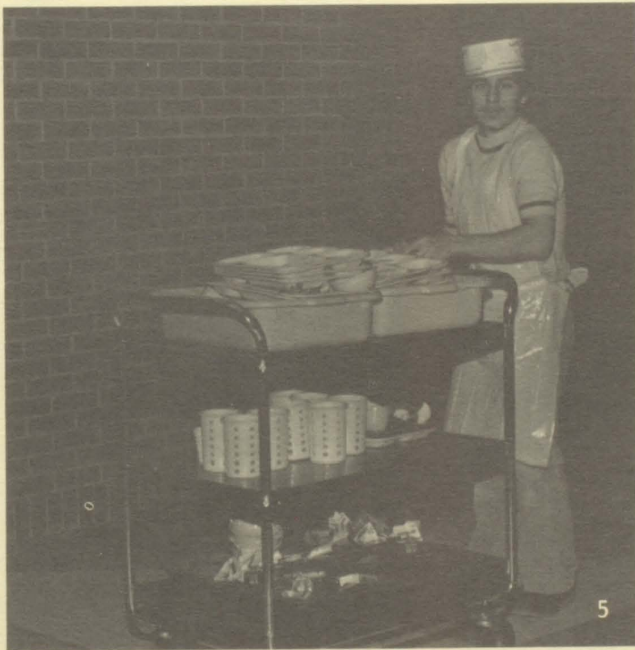
Special Ed Students Prepare For Careers

Preparing for the future was the objective of the Special Education class. Studies were job-oriented and the practical applications of writing and arithmetic were stressed. Math skills taught included banking procedures and balancing numbers, while writing skills were practiced in letters of application. Mrs. Volkman encouraged her class to be realistic in assessing their capabilities and choosing their careers. Actual job experience was available through work study programs. Some students were employed as cafeteria helpers or janitors at school and others as nurses aides at Birchwood Health Care Center. Many projects were planned to involve parents, such as field trips, making and selling plaques and throw pillows, and preparing for the annual Christmas party.





1. Harold Simbeck performs clean up duties in the cafeteria. 2. Receiving help with her daily assignment from Mrs. Volkmann is Holly Brett. 3. With a cheerful smile, Debbie Ryan prepares the milk cartons for lunch. 4. Mike Beck, Craig Peters and Leo Frost put up Christmas decorations in the Special Ed room. 5. Wheeling a cart of trays to the dishwasher is Harold Simbeck. 6. In earnest concentration two special education students progress with their studies. 7. Sandy Funke returns milk to the cooler.



ABOVE: Ramona Volkmann, Special Education.



1. Hatty Sorenson empties a fresh batch of cole slaw into a serving tray.
2. COOKS: Sally Johnson, Agnes Patrin, District Food Service Director, Edith Kauls, Head Cook, Hatty Sorenson, Bonnie Osterbauer, Darlene Lutz, Marilyn Nast. 3. Repairing a light fixture outside the building is Marlin Houffer. 4. With a large spoon, Head Cook Edith Kauls mixes a dish for the school lunch. 5. Sally Johnson starts to prepare one of the wide variety of lunches.





Maintenance Tasks Require Custodians

During the day, students often saw janitors fixing lockers, vacuuming, and cleaning the cafeteria after lunches. Custodians also helped at extra-curricular activities in the evening, such as directing traffic at football games.

With 600 students to feed, a new policy required students to buy lunch tickets before school rather than at lunch. Among students' favorite meals prepared by the two full-time cooks and four assistants were pizza, turkey, and hot dogs. For variety, other choices could be purchased at the sandwich bar and concession stand.



ABOVE, CUSTODIANS, TOP ROW: Marlin Houffer, Ira Hollingsworth, Joe Doege, Conrad Carlson, Dan Oelke, Chester Hapka, BOTTOM ROW: Alene Selleck, Helen Beeksmas.

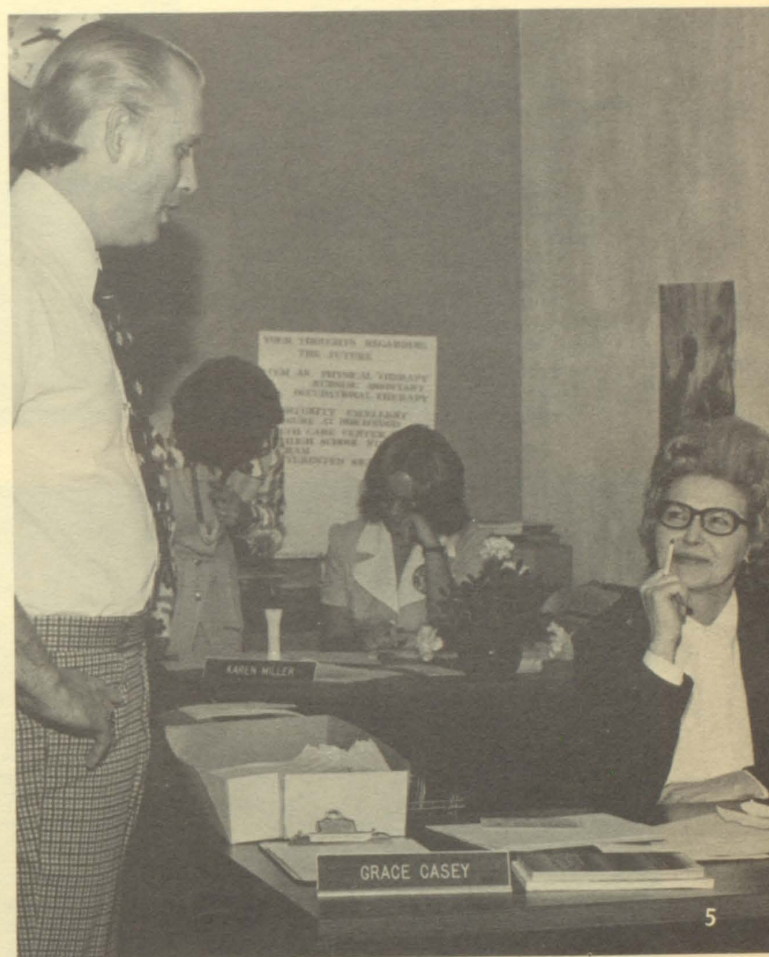


Skillful Secretaries Toil Behind Scenes

In spite of the increased number of personnel, the number of paraprofessionals and secretaries remained the same except for a replacement in the AV Department, Mrs. Nancy Ensrud. Secretarial efficiency was obvious again this year as the new student absentee policy cut down on early morning paper work. This extra time was spent helping students with necessary forms, typing, and working on student records. Besides the secretaries and paraprofessionals, receptionists, bookkeepers and clerks continued to work behind the scenes to keep the school running smoothly.

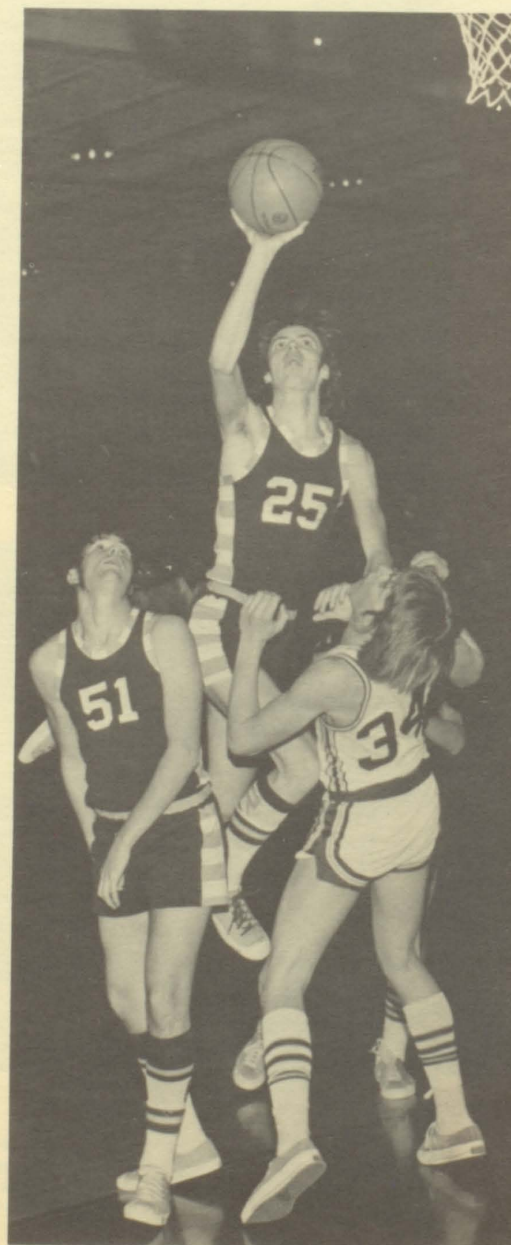
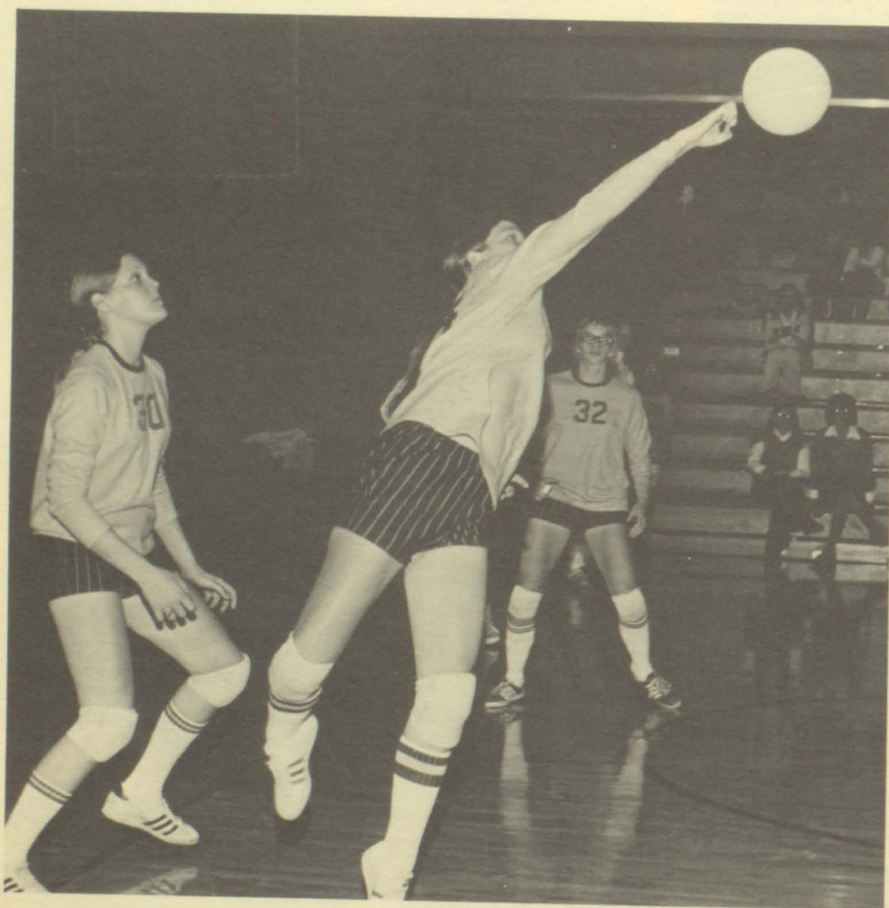


1. Melba Sahlin, using the money received, calculates the account for the student activity fund. 2. Accepting papers from Mrs. Frigstad, Irene Valenty, nurse's clerk, smiles appreciatively. 3. Mrs. Patak, principals' clerk-receptionist, searches through file cards for necessary information. 4. During a busy library hour, Mrs. Zeller helps Cathy Daninger find a book through the card catalog. 5. Sharing a friendly talk during the early morning hours are Grace Casey and Virgil Grove.



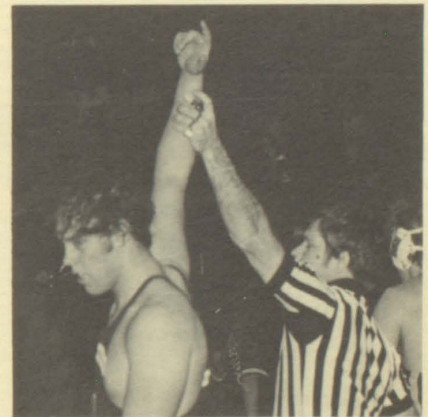
ABOVE, TOP ROW: NANCY ENSRUD, Paraprofessional; AUDREY LINDSTROM, Paraprofessional; GRACE CASEY, Guidance Secretary; JOYCE FAST, Agricultural Department Clerk; MARILYN PATAK, Principals' Clerk-Receptionist; COLLEEN DETTMER, Community Director Secretary; BOTTOM ROW: MARIAN TUOMINEN, Principals' Clerk-Receptionist; KAREN MILLER, Guidance Secretary; IRENE VALENTY, Nurse's Clerk; ELAINE ZELLER, Librarian's Clerk; MELBA SAHLIN, Principal's Secretary.

1. Have you been a member of any sport while in high school?
 - Yes 63%
 - No 37%
2. Do you feel that the importance of sports is over-rated at FLHS?
 - Yes 25%
 - No 68%
 - No Opinion 7%
3. How often do you attend boys' sports events?
 - Very Often 27%
 - Often 39%
 - Seldom or Never 34%
4. How often do you attend girls' sports events?
 - Very Often 13%
 - Often 28%
 - Seldom or Never 59%
5. Which are most important to you, boys' sports or girls' sports?
 - Boys' sports 25%
 - Girls' sports 44%
 - Equally Important 71%



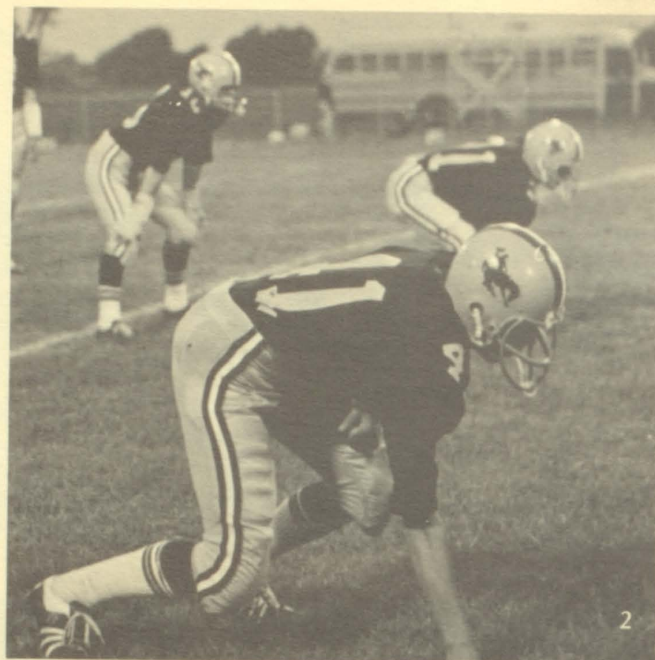
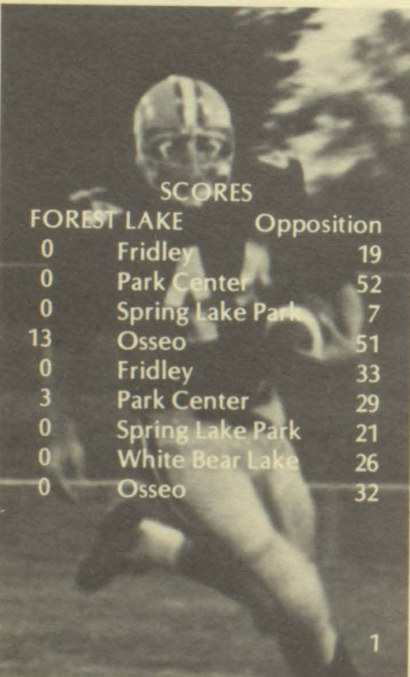
BRIDGES TO SPORTSMANSHIP

Our athletic program is an object lesson. To the athletes, competition provides rewards for hard work and recognition of ability, while it also teaches the players good sportsmanship. Fans also learn through competition. They develop loyalty for their team even in a slump, and they, too, learn how to handle victory and defeat. All the sports at our school are bridges to sportsmanship.

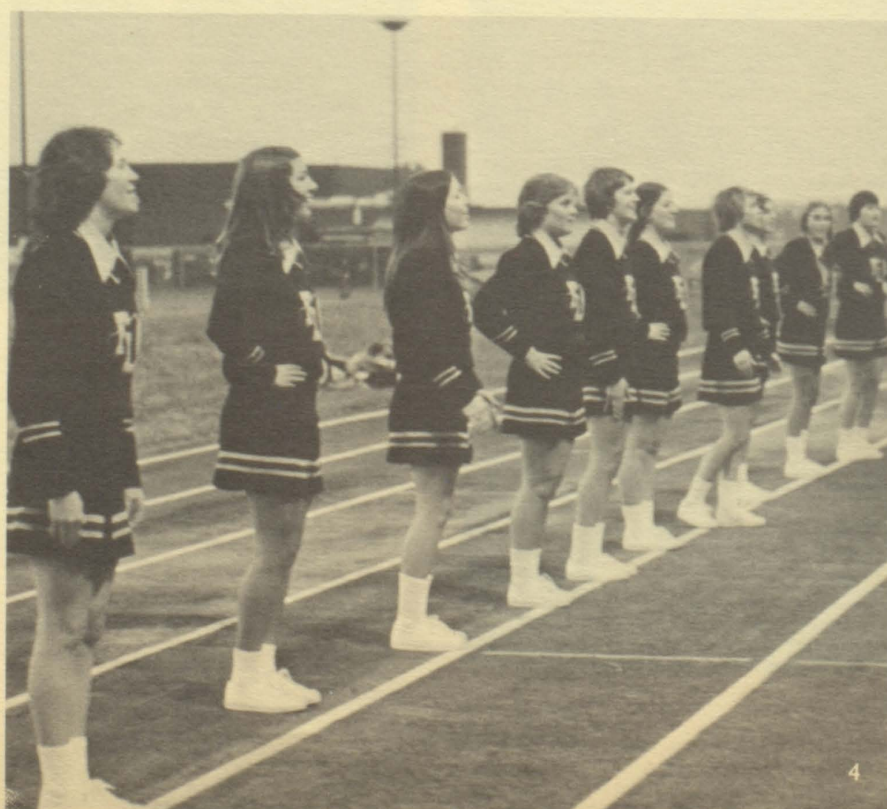
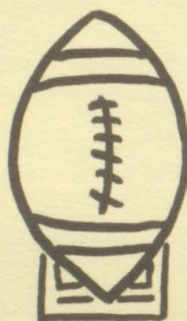


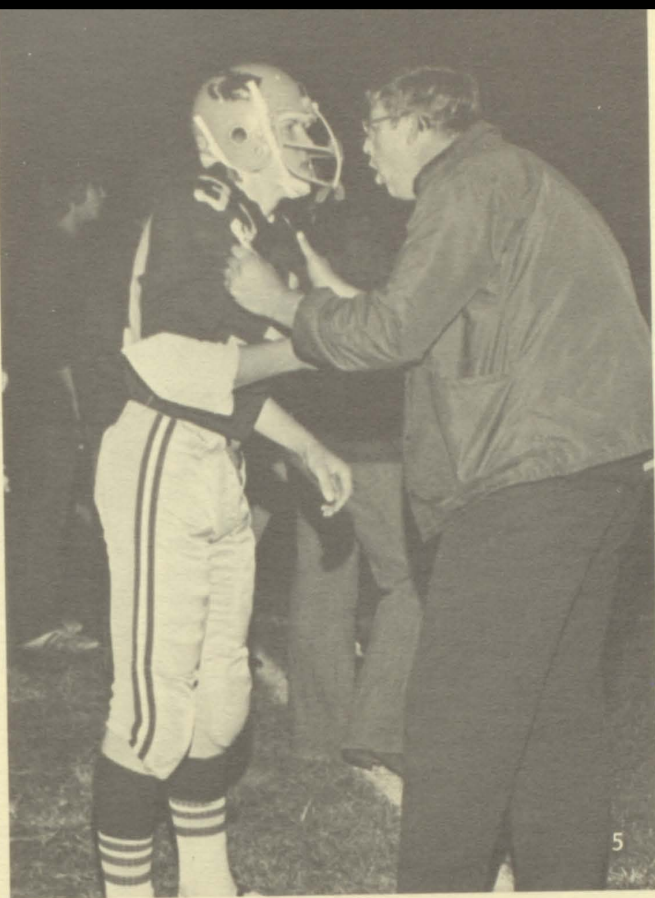
Scoring Plays Elude FL Varsity Gridders

Two weeks before school started, the varsity football team began a rigorous schedule of two daily two-hour practices. Captains Dan Franta, Gordy Tennis, and John Petersen led the squad, determined to start a winning tradition on the new football field. Head coach Mike Altavilla, back coach Dan Poupard, and line coach John Lautigar were optimistic since the Rangers had a veteran offensive backfield and promising juniors. But the Rangers had a disappointing season because they were faced with a tough nine games schedule and were hurt by inexperience and lack of depth as there were only nine returning lettermen. Coach Altavilla pointed out the lack of team confidence, resulting from insufficient fan support, was a reason for the bad showing by the team.

SCORES		
FOREST LAKE	Opposition	
0	Fridley	19
0	Park Center	52
0	Spring Lake Park	7
13	Osseo	51
0	Fridley	33
3	Park Center	29
0	Spring Lake Park	21
0	White Bear Lake	26
0	Osseo	32



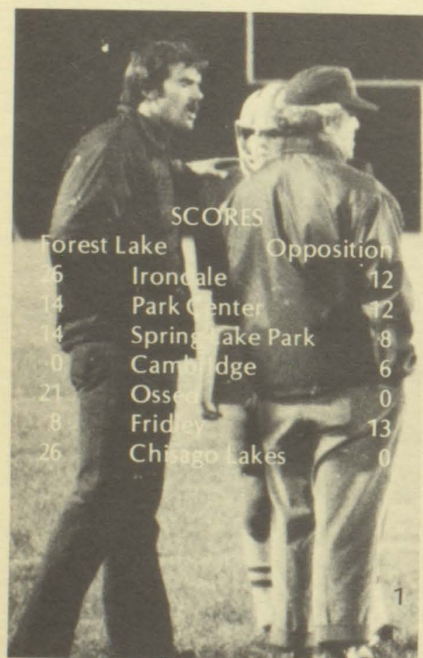


1. Gaining precious yardage for the Rangers is senior Randy Gestson. 2. Before the snap of the ball, the Ranger backfield is ready for action. 3. Hopping, crawling and walking in stocking feet are the various methods the F.L. gridders must use to cross the delicate track to the football field. 4. The cheerleaders lead the crowd in cheers during the football season. 5. Making a point to runningback Brian McGrath is Assistant Coach Lautigar. 6. The Rangers are jubilant after they recover a Fridley fumble.



ABOVE, A-SQUAD FOOTBALL, TOP ROW: Assistant Coach John Lautigar, Mike Morello Ron Lange, Bob Trombley, Tom Bakke, Mathew Hauble; FOURTH ROW: Assistant Coach Dan Poupard, Rod Lange, Jack Cain, Tim Motschenbacher, Curt Patak, Carroll Anderson; THIRD ROW: Coach Mike Altavilla, Phil Schneider, Jim Hamilton, Dave Jones, Brian McGrath, Dan Franta, Bob Mooney, Mark Holl, SECOND ROW: Manager Randy Lanahan, John Petersen, Randy Gestson, Bruce Neff, Dan Taylor, Kevin Lichtscheidl, Jeff Davis; BOTTOM ROW: Gordy Tennis, Doug Mulcahy, Dan Goiffon, Joe Gallagher, Tim Zastrow, Dennis Johnson, Bill Moore.

BELOW, B-SQUAD FOOTBALL, TOP ROW: Coach John Backes, Mike Gravelle, Mark Elfstrand, Tim Gale, Louis Bowker, Bert Cronk, Paul Fredje, Dave Hibbison, Mark Brown, Dave Lichtscheidl, Mike Petersen, Tom Henderson, Coach Stan Motschenbacher; SECOND ROW: Manager Tom Owen, Larry Crane; BOTTOM ROW: Phil Cheesebrough, Randy Kolbow, Fred Larson, Tim Korf, Andy Niemczyk, John Moore, Roger Meyman, Chuck Weir, Bill Swanson, Tom Carlisle.

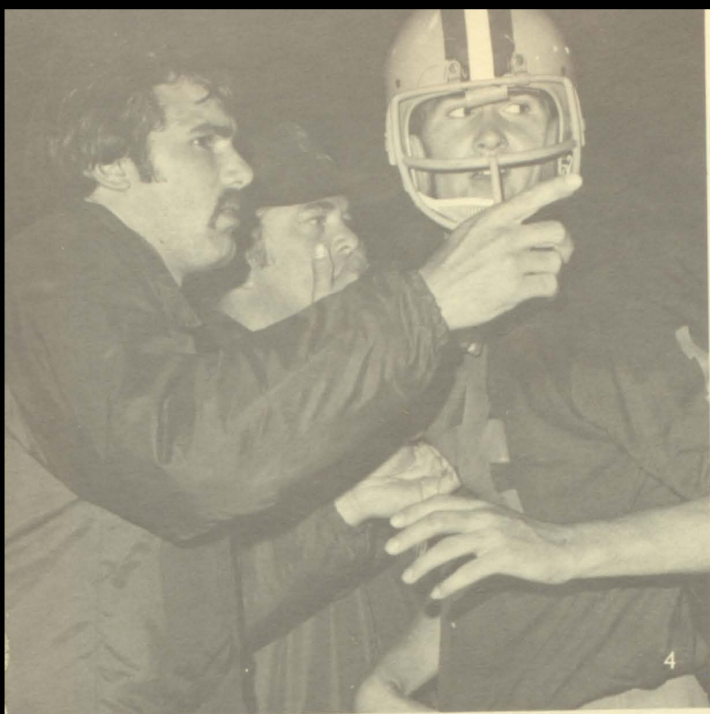


SCORES		
Forest Lake		Opposition
26	Irondale	12
14	Park Center	12
14	Spring Lake Park	8
0	Cambridge	6
21	Ossau	0
8	Fridley	13
26	Chicago Lakes	0



1. Discussing Ranger strategy are Coaches Stan Motschenbacher and John Backes. 2. A Ranger B-squader shows great determination as he is tackled by four Fridley Tigers. 3. Expressing their excitement after an impressive play are two Ranger gridders. 4. Assistant Coach John Backes makes a suggestion to B-squad quarterback Louis Bowker. 5. Congratulating each other on a Ranger victory are two enthusiastic football players. 6. B-squad manager Randy Lanahan receives information from the new Ranger field tower.





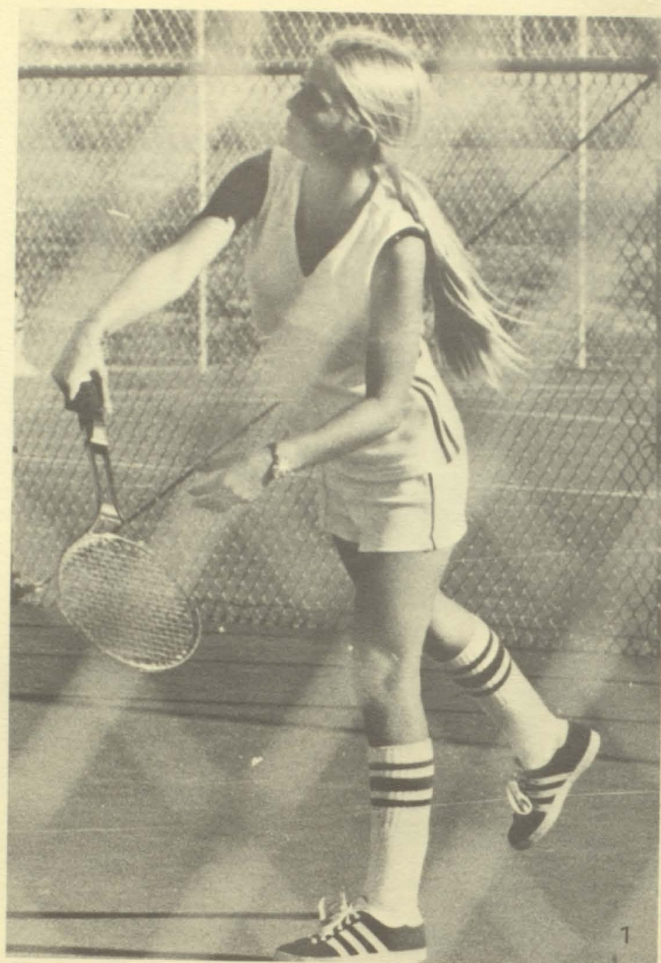
B-Squad Engineers Successful Season

Under the direction of coaches Stan Motschenbacher and John Backes, the B-squad football team put together its first winning season in several years and posted a 5-2 record. The 31 member squad had no particularly outstanding personnel but won games through team work and the desire to win. Coach Motschenbacher pointed out that the team had a good attitude but that some players needed to mature more if they were to be successful playing varsity ball. Dave Hibbison, who suffered a fractured vertebra in the third game of the schedule, was the only serious injury the team sustained.

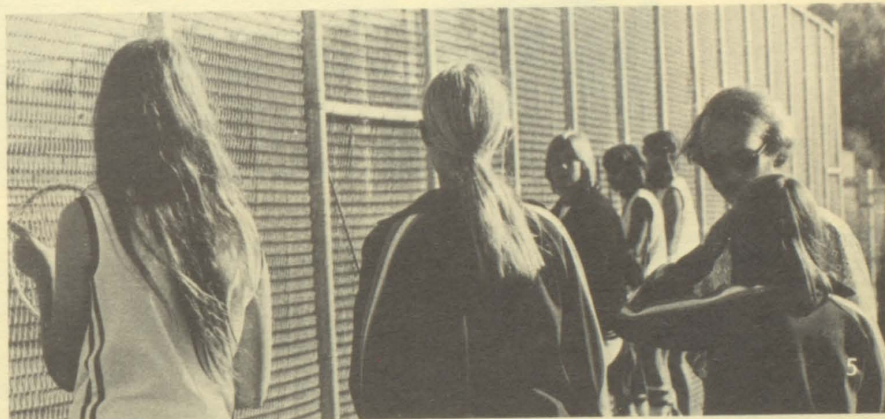
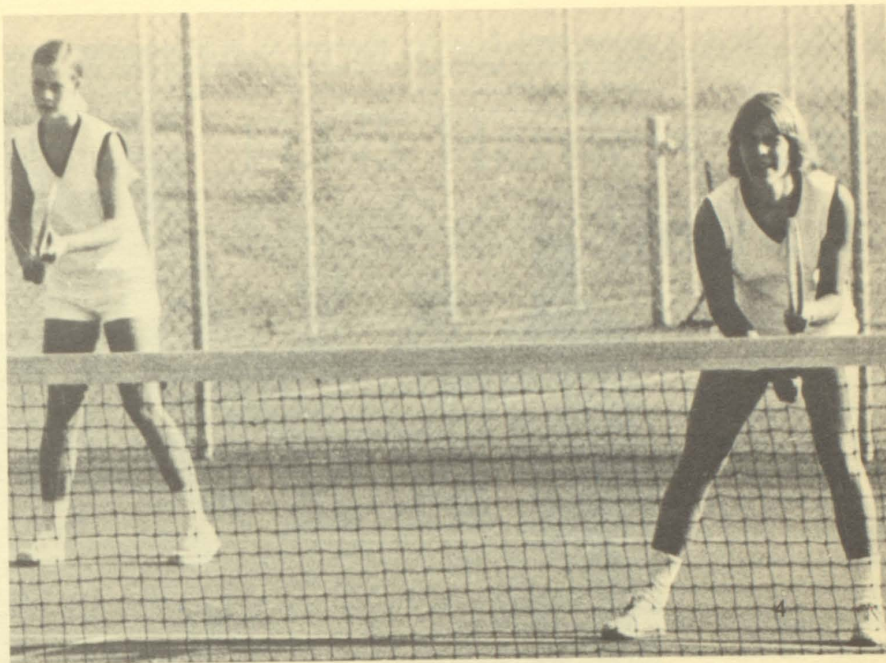
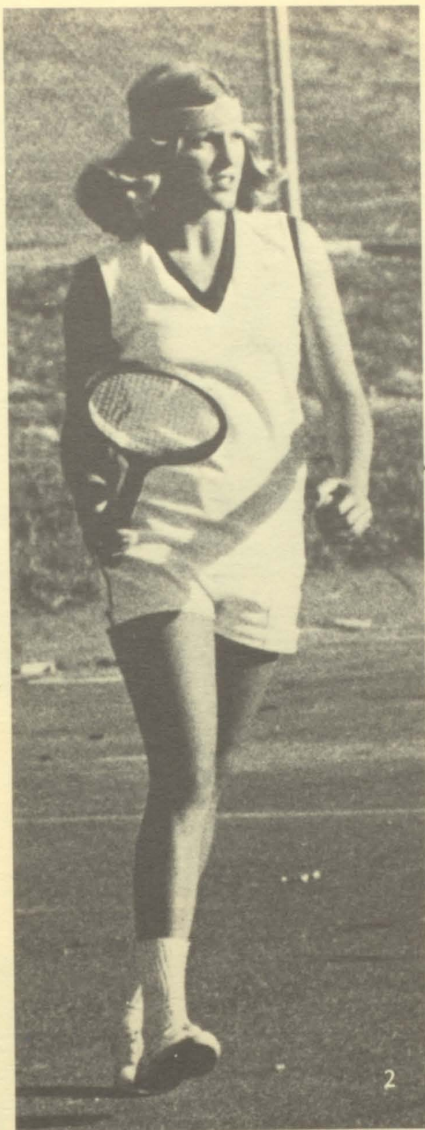


Tennis Suffers From Tough Competition

Since the courts were already filled to capacity, fifteen girls had to be cut from the girls' tennis team. Returning letter winners Laurie Gustafson, Kim Hoekstra, Anne Johnson, Marianne Meister, and Connie Peterson had high hopes for the season. However, the team's record was 2-10 which Coach Conley said was due to improved competition rather than poor play by Forest Lake. The team's record was misleading as five of the matches were lost by one point. Coach Conley and Assistant Coach Chalberg requested four new courts for next year because of the large turnout.

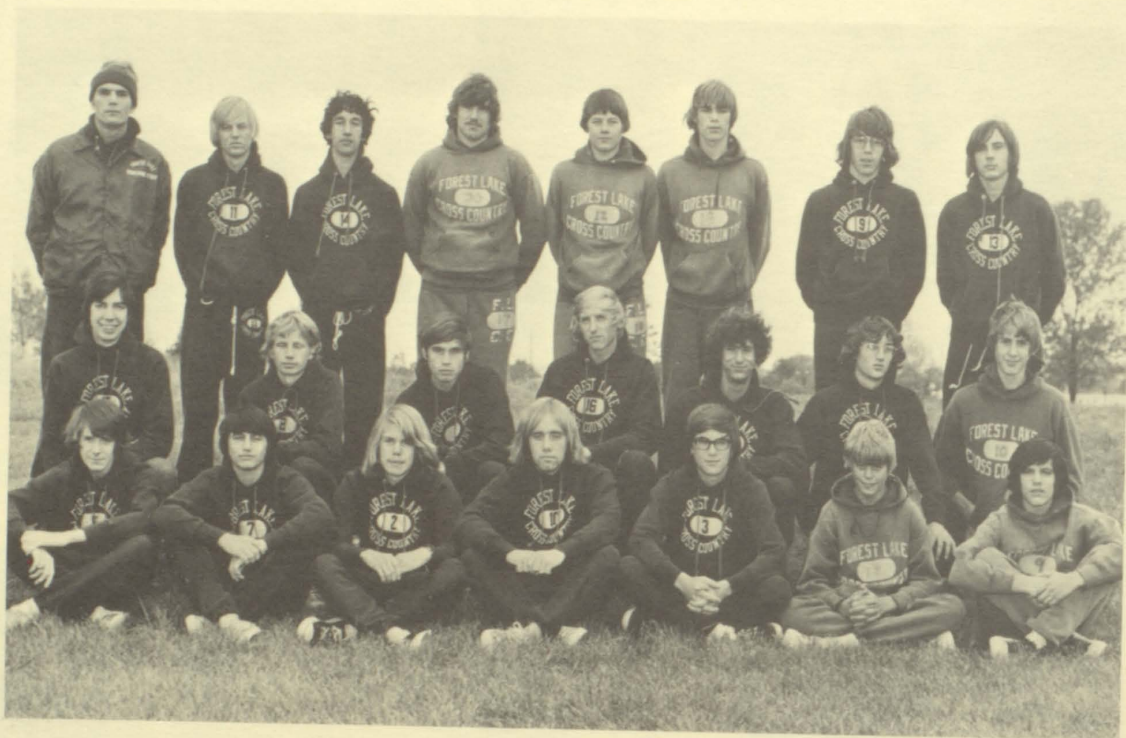


ABOVE, TOP ROW: Coach Diane Conley, Denise Baber, Dawna Lichtscheidl, Carrie Shaketer, Gwen Koch, Robin Wiley, Bonnie Dykhuizen, Jeri Bedient, Katie Henderson, Kathy Vanderbosch, Carol Peloquin, Ann Kunshier, Cindy Nast, Assistant Coach Charles Chalberg; SECOND ROW: Jan Gunderson, Wanda Liljeborg, Sue Vadner, Ann Sargeant, Sandy Proulx, Heidi Koester, Shelley Manders, Bonnie Mader, Katie Mack, Annette Westover, Colleen Milligan, Sue Ruggles; BOTTOM ROW: Marianne Meister, Anne Johnson, Kim Hoekstra, Laurie Gustafson.



1. After receiving her opponent's ball, Connie Peterson uses a sharp and quick backhand swing to return it. 2. Gwen Koch appears puzzled as she walks away from a trying practice set in tennis. 3. As she serves the ball, Sandy Proulx displays strength and determination through facial expression. 4. Crouching into their ready positions during a doubles match, Jan Gunderson and Ann Sargeant prepare to return an impending serve. 5. While they wait, team members watch progressing matches and talk over plays with Assistant Coach Chalberg.

BELOW, CROSS COUNTRY, TOP ROW: Coach Jim Nelson, Ron Humphrey, Eric Mann, Craig Danielson, Buddy Martinson, Gregg Johnson, Jeff Crawford, Lloyd Pierce, SECOND ROW: Tom Leach, Mark Strand, Will Montzka, John Allan, Bruce Vier-
kandt, Craig Rylander, Tim Halmquist, BOTTOM ROW: Mark Sparrow, Mike Perrault, Chris Pratt, Dave Vanderbasch, Kerry
Kellerhuis, Dave Buhl, Ron Perrault.



1. The Forest Lake and Fridley Harriers are off to a running start. 2. Cross-
ing the finish line is Co-Captain Will Montzka. 3. Cheerleader Joni
Summers hands a Forest Lake Cross Country runner his place number in
a home meet against Fridley. 4. Leading harriers in a meet against Fridley
is junior Ron Humphrey.





FLHS Harriers Take Second At Districts

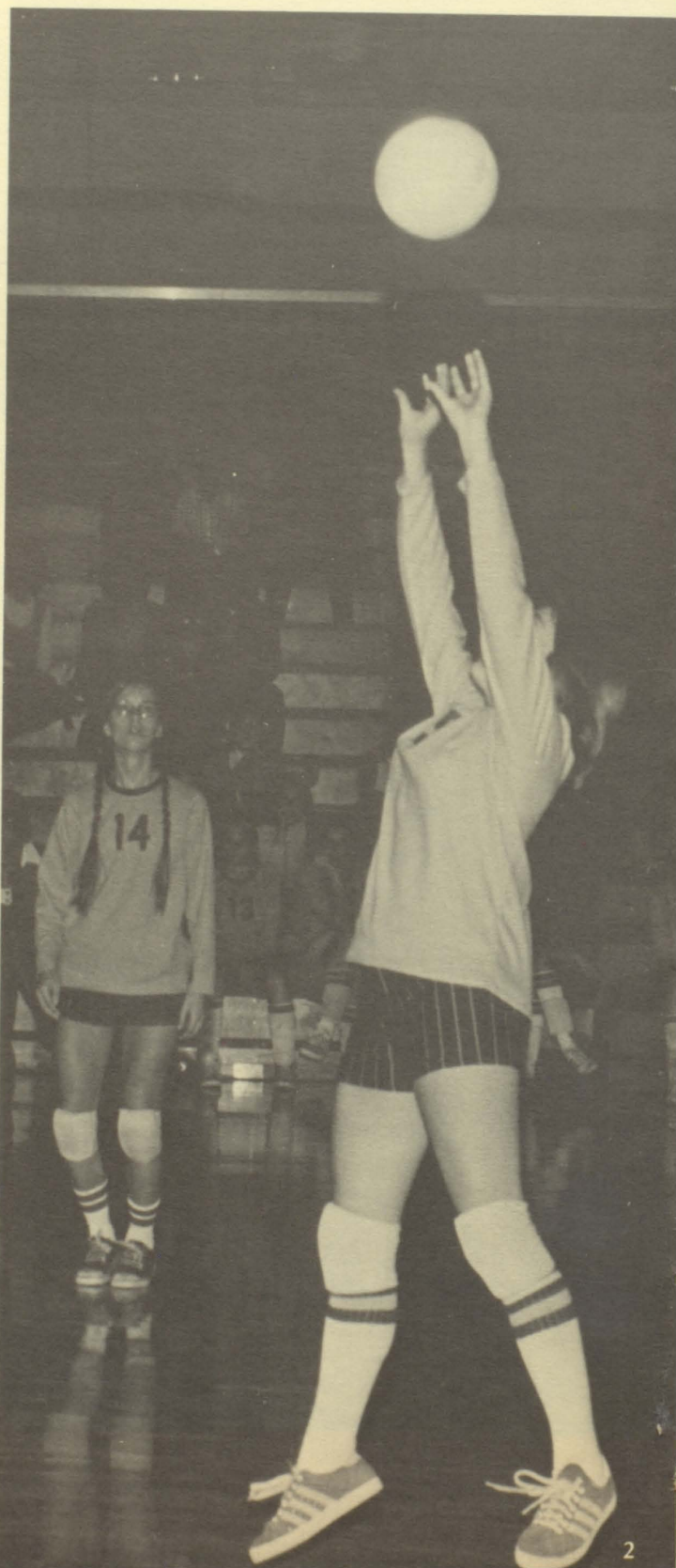
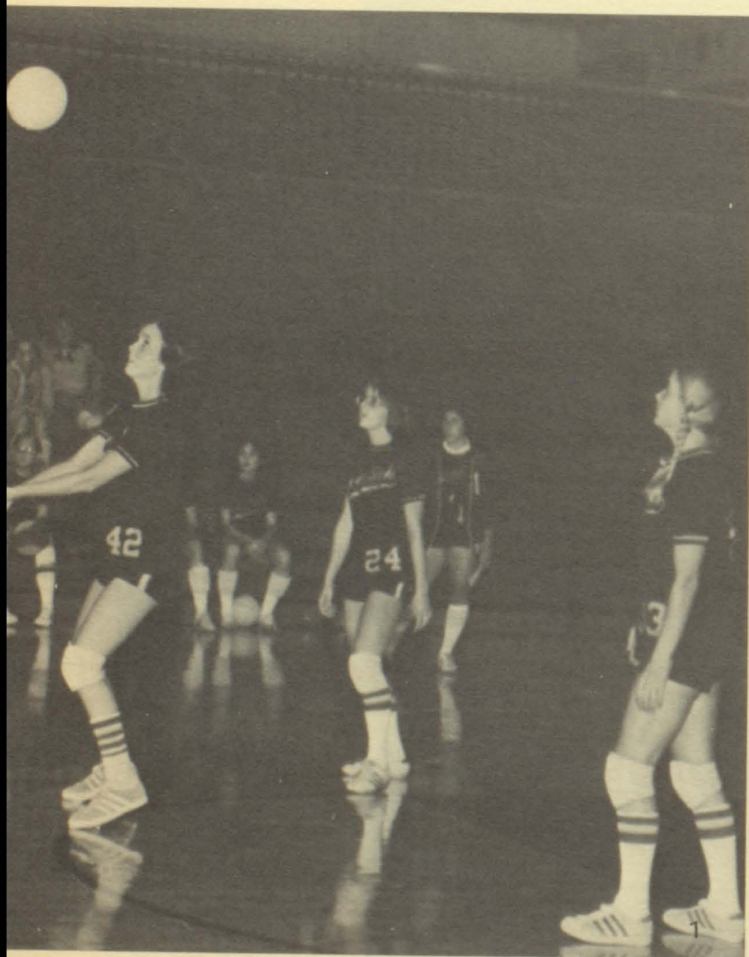
After getting off to a shaky start the Forest Lake cross country team was impressive in their next contests. These included two decisive dual meet victories over Spring Lake Park and Fridley, and a strong third place finish in the seventeen team Purple Hawk Invitational at Cambridge. Showing their willingness to work, the harriers ran between nine and thirteen miles a day in practices. Setting high goals for themselves and the team, captains Mark Strand and Will Montzka led the eighteen member squad to a second place finish in districts at Chisago Lakes. Although there were only four returning lettermen, all the runners improved their time and had a successful and rewarding season.

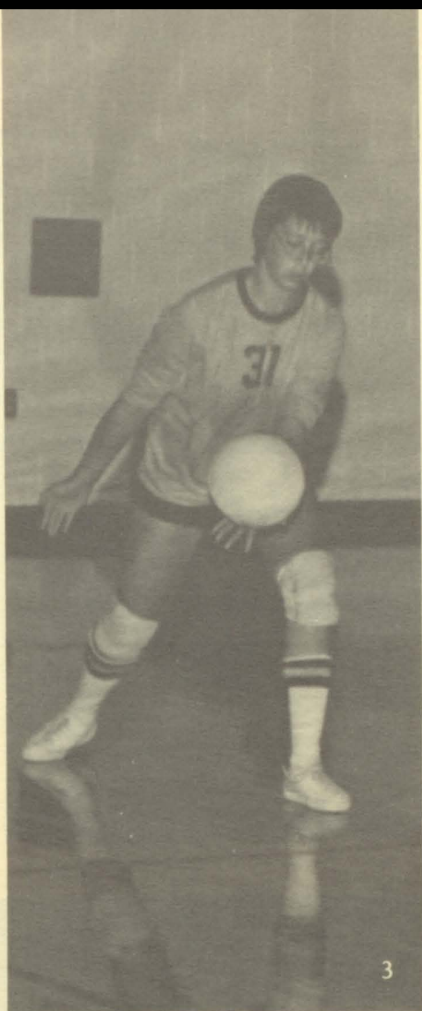


Better Game Times Aid Team's Support

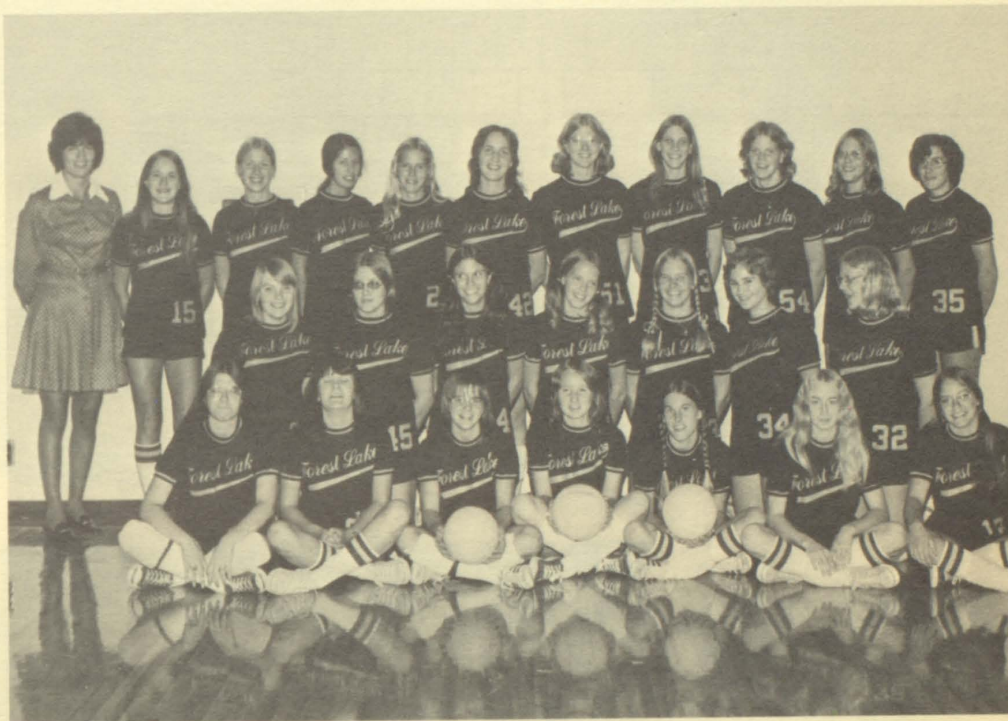
With only two returning letter winners, the F.L. volleyball team engineered victories over tough opponents, such as Park Center and Fridley. Tri-captains Jill Briggs, Jeanine Winiecki and Robin Swenson led the squad through eleven hectic dual matches and three invitational tournaments. Improved fan support, as a result of better game times, contributed to team spirit and pride. Coach Joan Paulson said the team had a winning attitude and were strong contenders for the Skyline title. Coached by Kathy Briguette, the B-squad quickly began a winning season as they were undefeated in their first four contests. As the most successful fall sport, volleyball received increased recognition.

1. Linda Robertson bumps the ball into setting position as she receives it from the opposing server. 2. As Robin Bussey keeps her eyes on the ball, a team member sets up a spike. 3. Concentrating on her style, Karla Brungardt maneuvers a skillful serve.

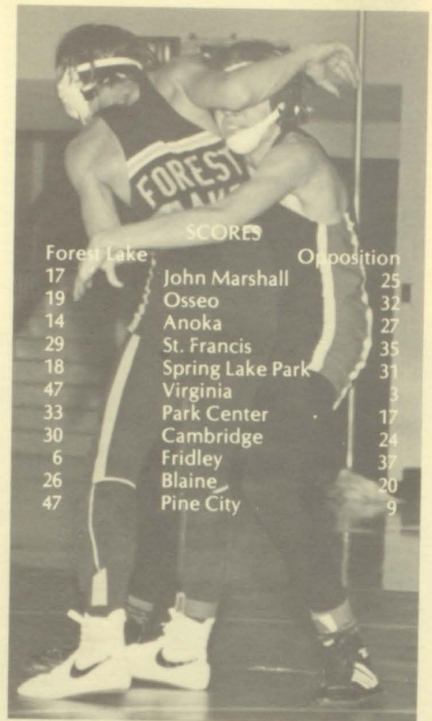




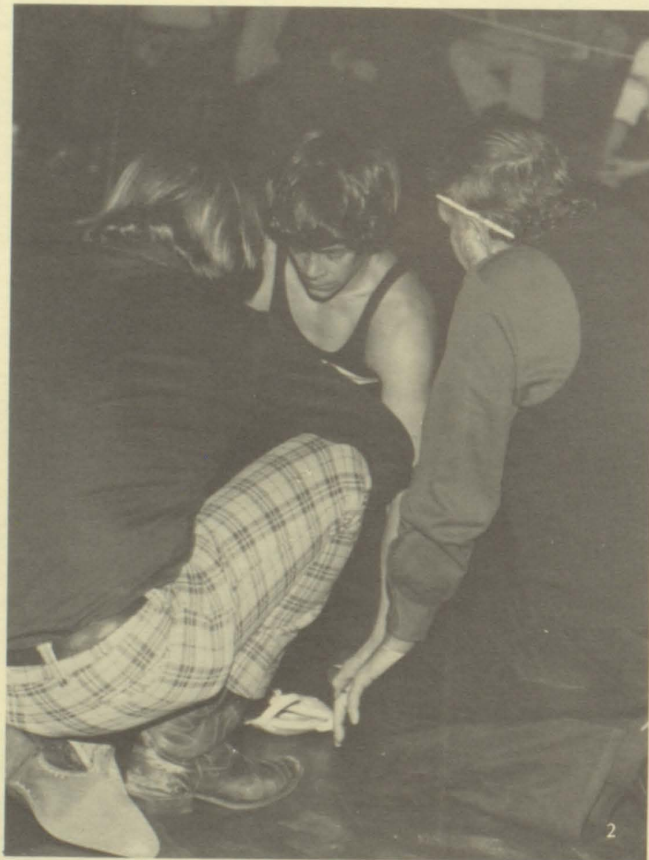
BELOW, B-SQUAD VOLLEYBALL, TOP ROW: Coach Cathy Briguet, Roxanne Thompson, Lori Florhaug, Susan Swenson, Nancy Nelson, Linda Robinson, Jackie Johnson, Cathy Peterson, Julie Bracht, Brenda Bergland, Linda Madson; SECOND ROW: Linda Jellum, Dawn Orvis, Annette Rossini, Renee Briggs, Vickie Fladland, Debbie Hudak, Colette Hawkinson; BOTTOM ROW: Rita Linz, Kitty Mattson, Wendi Steely, Denise Robinson, Cindy Ray, Carolyn Emerton, Lynn Lindberg.



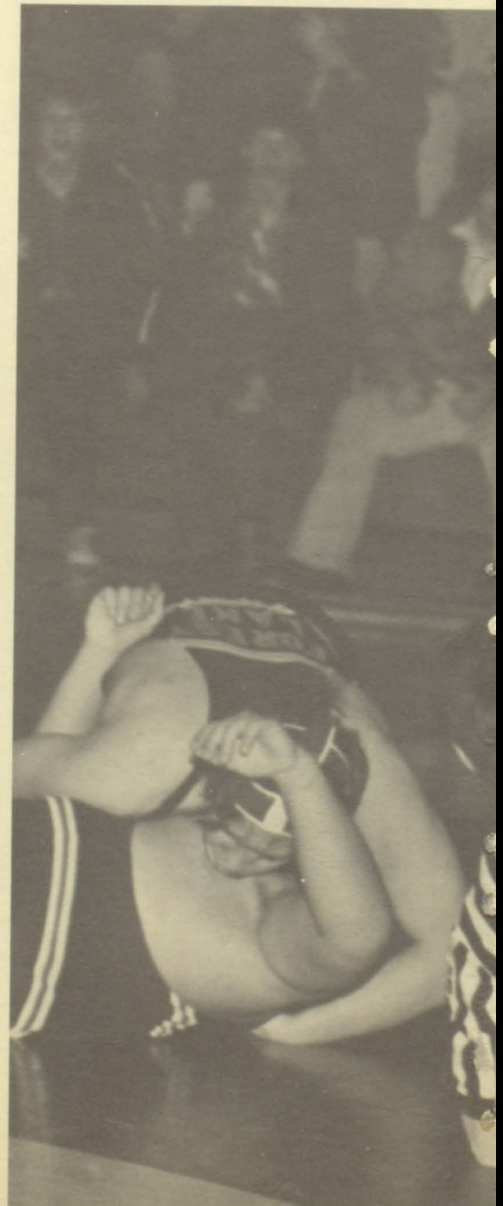
ABOVE, A-SQUAD VOLLEYBALL, TOP ROW: Assistant Coach Cathy Briguet, Manager Lois Goss, Karla Brungardt, Vicki Bruder, Robin Swenson, Paula Anderson, Jeanine Winiecki, Linda Blackbird, Alice Waller, Julie Gilbertson, Manager Julie Timm, Head Coach Joan Paulson; SECOND ROW: Linda Gustafson, Mindy Anderson, Meg Schumacher, Lisa Rasmussen, Debbie Ramsden, Robin Bussey, Judy Faber, Roberta Groeneweg; BOTTOM ROW: Carol Hadlich, Jill Briggs, Pam Thiel, Carol Baxter, Rene Thompson, Candie Weeks.

SCORES		
Forest Lake	Opposition	
17	John Marshall	25
19	Osseo	32
14	Anoka	27
29	St. Francis	35
18	Spring Lake Park	31
47	Virginia	3
33	Park Center	17
30	Cambridge	24
6	Fridley	37
26	Blaine	20
47	Pine City	9



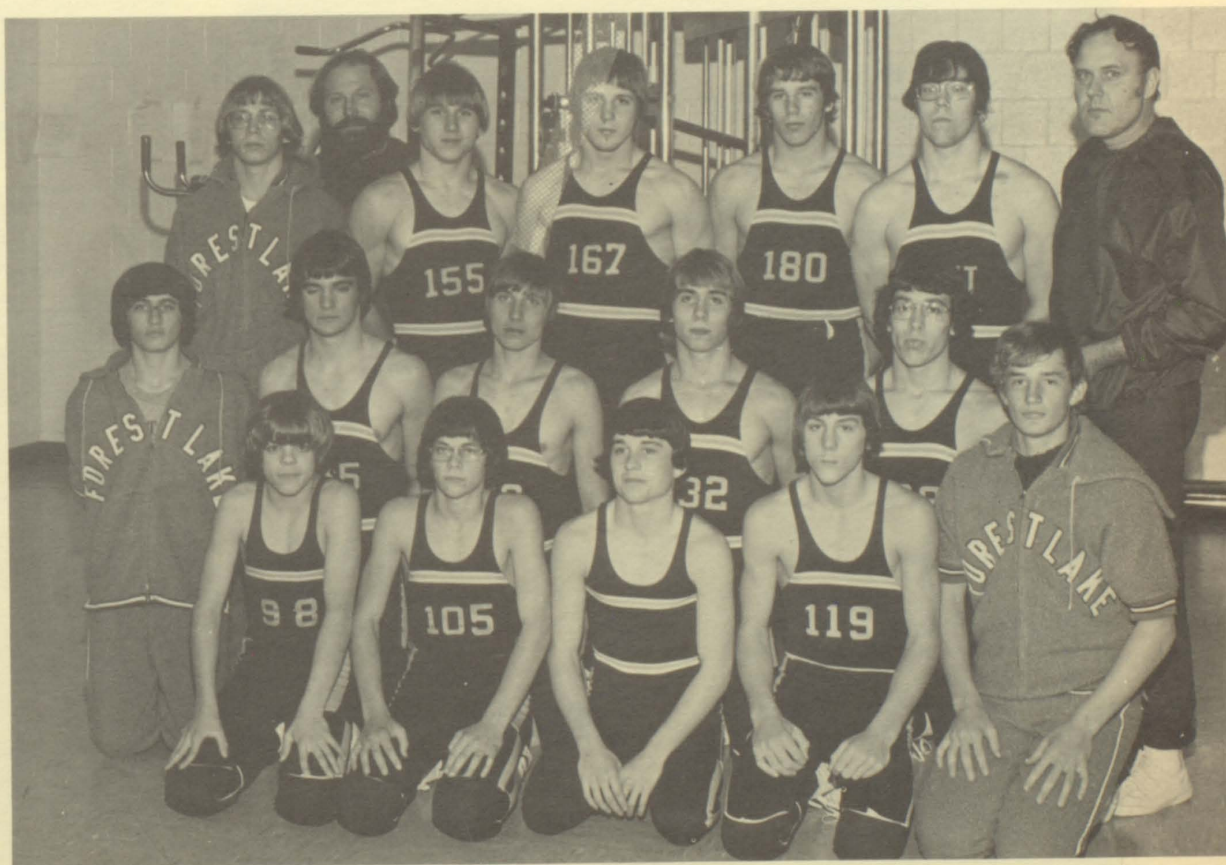
1. Next in line to receive his championship trophy at the FL invitational is Bruce Neff. 2. Discussing strategy with Ranger wrestler Ron Schliecher are coaches Reiman and Pogreba. 3. As Rod Lange presses his rival to the mat the official confirms the pin. 4. A Ranger wrestler attempts a takedown.





A-Squad Grapplers Display Persistence

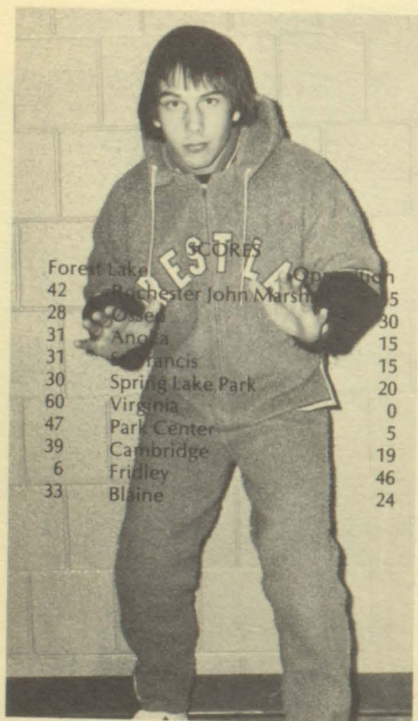
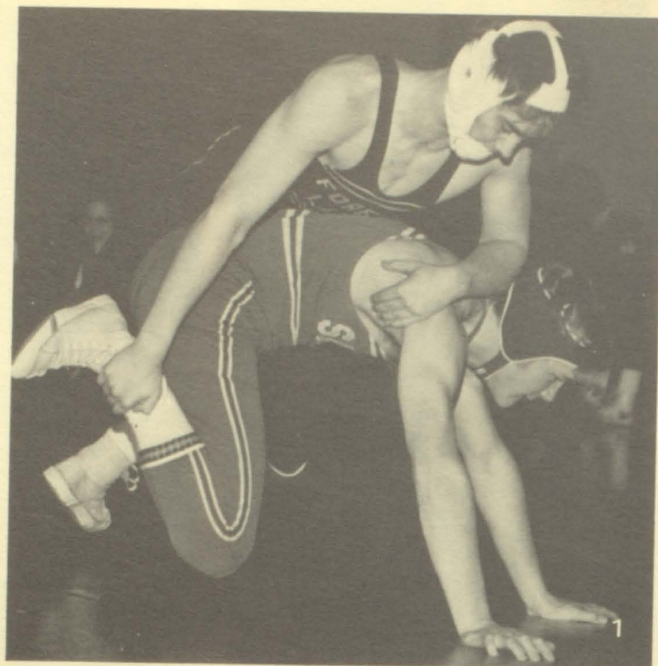
Ranger wrestlers started their season without eighteen underclassmen who participated last year. At their first meet of the year, the Fairbault Invitational, the team received help from six sophomores and took fourth place. The team was plagued by inexperience in the heavy weights, but the lower weights displayed much strength. The season began slowly, but the grapplers improved with each match. However, they were not able to continue the forceful winning tradition of previous years. Under the strong leadership of Bruce Neff and John Fraley, the team refused to give in to discouragement. Because of the smaller conference, Forest Lake met new opponents, such as Fridley Grace, Virginia and Rochester John Marshall. Forest Lake hosted regions in late February.

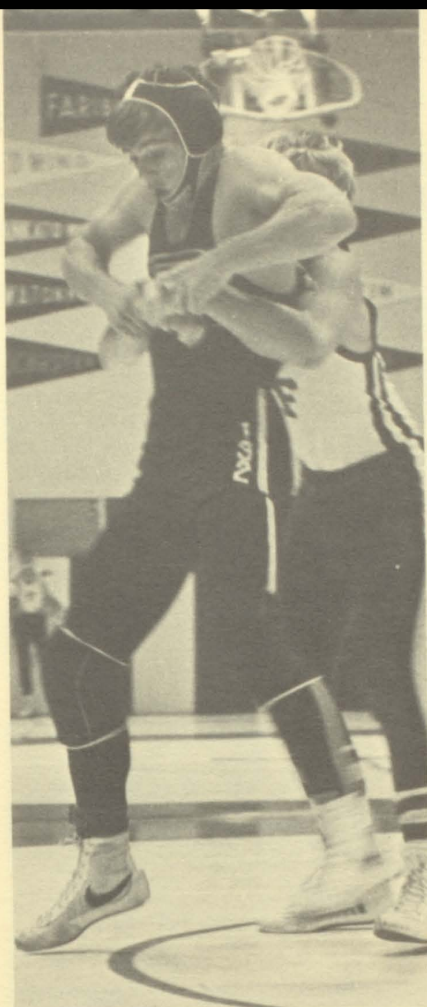


ABOVE, A-SQUAD WRESTLING, TOP ROW: Randy Gestson, Assistant Coach Tom Pogreba, Lance Osterbauer, Phil Tetrault, Kevin Lichtscheidl, Rod Lange, Coach John Reiman; MIDDLE ROW: Mike Perreault, Curt Patak, Andy Niemczyk, Mike Roggemann, Bruce Neff; BOTTOM ROW: Bobby Patrin, Ron Schleicher, John Fraley, Randy Kolbow, Dan Goiffon.

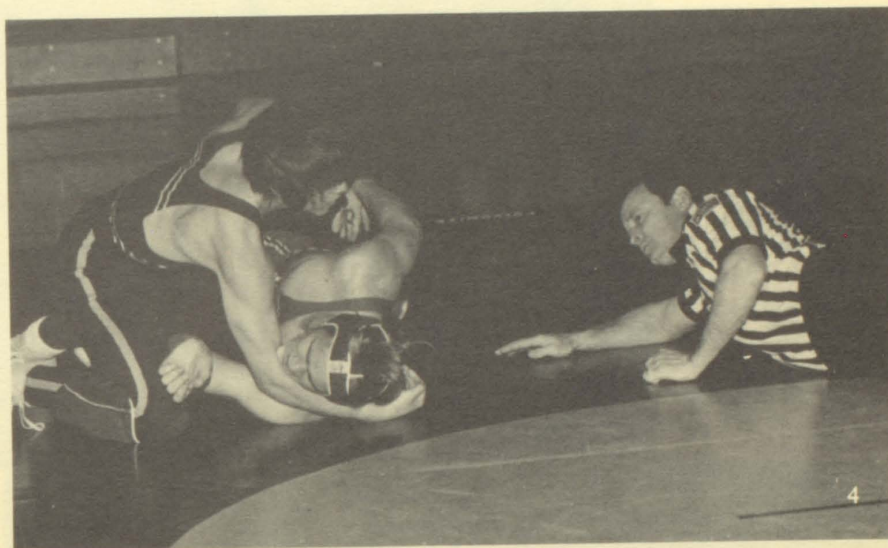
Matmen Cooperate In B-Squad Victories

Although not as well-balanced as in previous years, B-squad wrestlers pulled together. The matmen started their season with a record of 2-2. Coach Pogreba commented that successful meets depend on several key factors: determination, scouting and wrestle-offs. They prepared for a meet by scouting an opponent the week before to plan their moves. Wrestle-offs determined which man would represent each weight class for every meet. Because B-squad had never beaten Fridley, the matmen were "really keyed" for that meet. Last year's 12-1 record seemed to set a winning precedent for the B-squad.



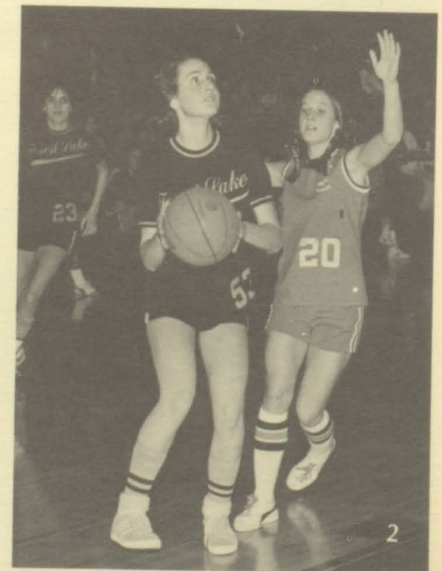
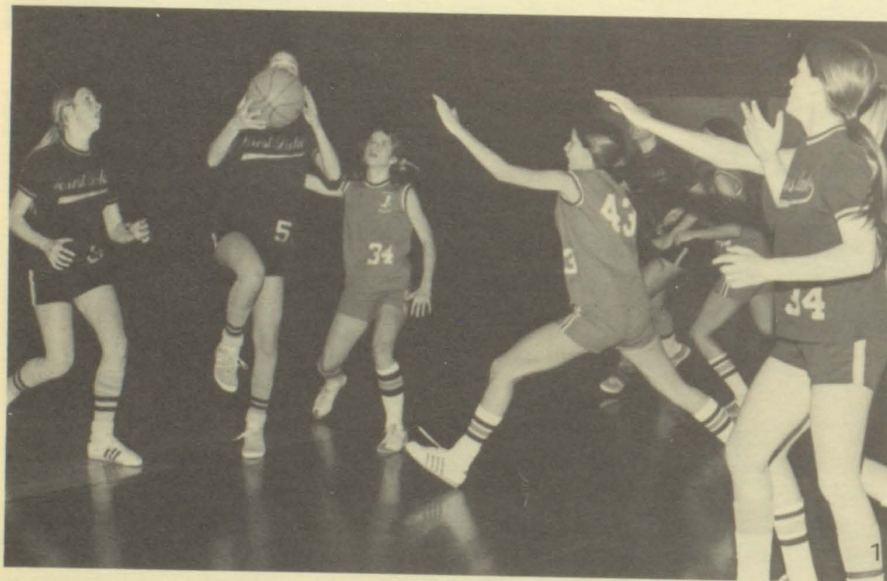
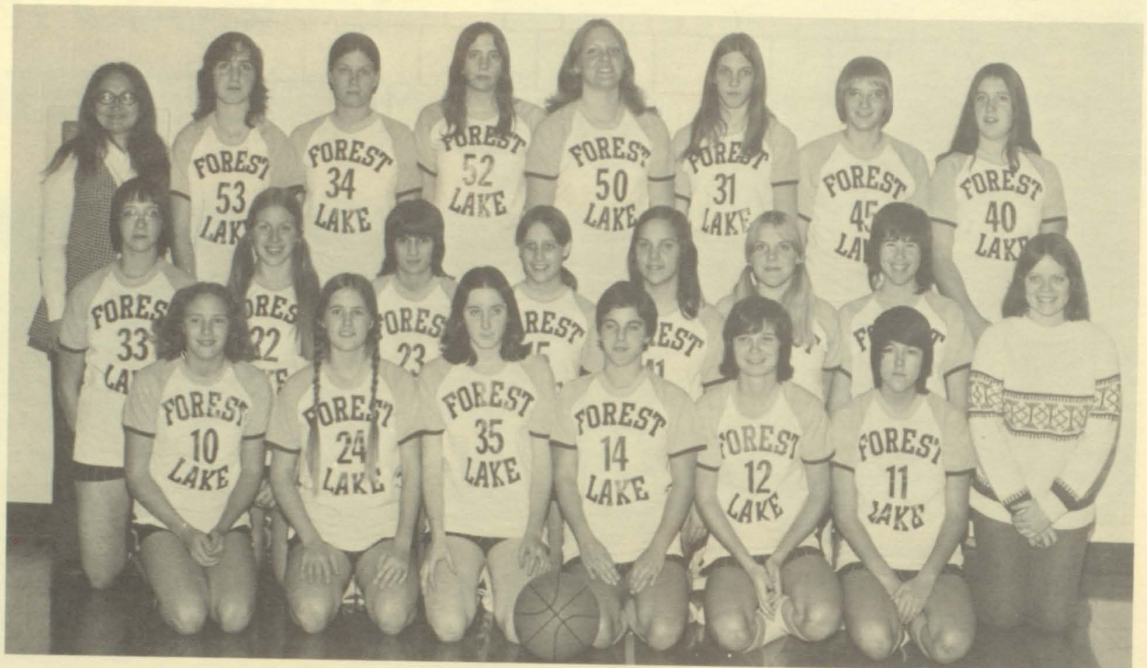


1. Striving to gain team points, Ron Lange maneuvers his opponent into a vulnerable position. 2. As he watches his teammates, Dave Banta thinks over his strategy. 3. John Moore attempts to break his opponent's hold for a one point escape. 4. Under the observant eye of an alert referee, a Ranger grappler attempts to pin his man.

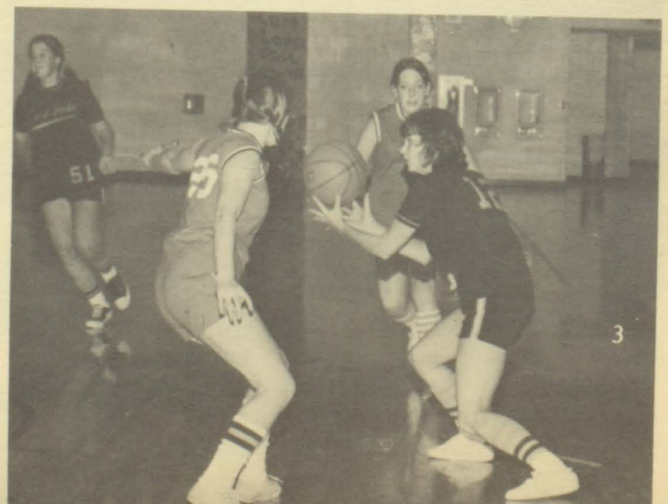


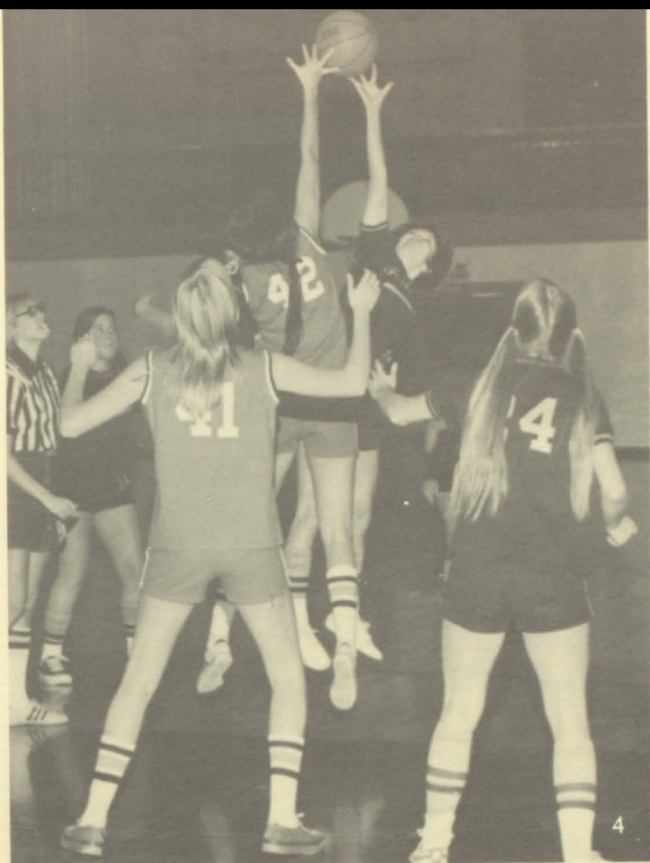
ABOVE, B-SQUAD WRESTLING, TOP ROW: Coach Tom Pogreba, Mark LeVesseur, Mike Perreault, Mark Holl, Ron Lange, Dale Dehn, Tim Herges, Coach John Reiman; BOTTOM ROW: Dan LaCasse, John Moore, Jim Schmidt, Dave Banta, Fred Larson, Bob Schmidt, Mark Anderson.

BELOW, GIRLS' A-SQUAD BASKETBALL, TOP ROW: Coach Joan Paulson, Linda Robinson, Jeanine Winiecki, Sheila Sewell, Linda Blackbird, Cathy Peterson, Robin Swenson, Meg Schumacher; SECOND ROW: Karla Brungardt, Lori Florhaug, Linda Gustafson, Kristi Kroska, Connie Frost, Jan Mulvihill, Annette Westover, Manager Julie Timm; BOTTOM ROW: Candy Weeks, Debbie Ramsden, Judy Trombley, Fran Svec, Kim Hoekstra, Carol Baxter.



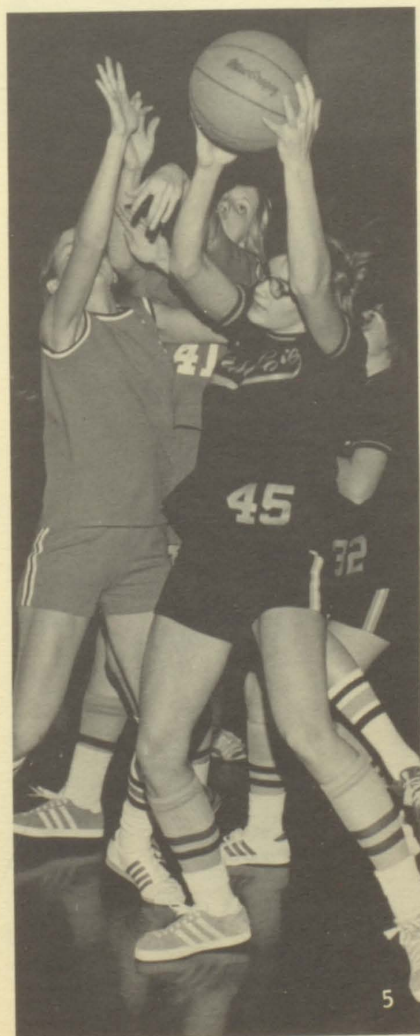
1. As Rangers Lori Florhaug and Jeanine Winiecki look on anxiously, Linda Robinson goes in for a lay-up. 2. Keeping a watchful eye on the basket, Linda Robinson prepares to shoot. 3. Keeping a watchful eye on her opponents, a cagerette juggles the ball. 4. As opponents close in, Kim Hoekstra jumps high for the tip-off. 5. Robin Swenson grips the ball tightly as she pivots around looking for a team-mate to receive it.





Cagerettes Work To Regain Skyline Title

Optimistic about their chances to repeat as Skyline Conference champs, the girls' basketball team set out to do just that. They won four of their first five games, including a 60-14 triumph over Osseo. Hard workouts pared a large squad down to a more workable number. Sinking their shots was the team's main problem, Coach Joan Paulson said, but excellent defensive play and overall hustle made up for this. Expressing confidence in the team's ability to win, many fans encouraged the girls. For the first time pep band lent their support to the girls by playing at some of the games. A new face this year was Coach Kathy Briguët, who gave the B-squad more individual attention. Although the B-squad lacked height and experience, the players demonstrated hustle and desire to win.



ABOVE, GIRLS' B-SQUAD BASKETBALL, TOP ROW: Manager Annette Rossini, Mary Gruber, Dawna Lichtscheidl, Rita Ersfeld, Jodi Thoreson, Lori Rhoda, Coach Kathy Briguët; SECOND ROW: Julie Bracht, Colette Hawkinson, Kitty Mattson, Kay Sunsten, Sandy Johnson, Sue Swenson, Peggy Macziewski; BOTTOM ROW: Beth Olson, Lynn Lindberg, Karen Chenoweth, Denise Robinson, Wendi Steely, Candy Weeks, Leslie Strand.

Ranger Icemen Join Skyline Conference

Competing on a tougher scale, the Ranger icemen joined the Skyline Conference, having previously played on the junior varsity level. Coach Peltier felt the team had good defense with players Tim Motschenbacher, Pat Remitz, Tim Daily and John Stright. The team's weakest point was the loss of last year's goalie. The team also suffered loss of ice time; for every hour of ice time they spent three hours on the road and one hour dressing. Meeting tough competition, the hockey team won only one of their first seven games. One reason may have been fan support. Coach Peltier commented, "Fan support could have been much better. Any team likes to hear and know a crowd is really behind them."

SCORES		
Forest Lake		Opposition
5	Fridley Grace	4
1	Centennial	5
2	Blaine	4
0	Osseo	7
3	Spring Lake Park	10
1	Irondale	10

3	Osseo	9
2	Spring Lake Park	7
4	Golden Valley	5
4	Fridley	6
3	Elk River	4
1	Park Center	10
1	Spring Lake Park	11
1	Osseo	10
3	Blaine	8
0	Fridley	10
2	Park Center	7



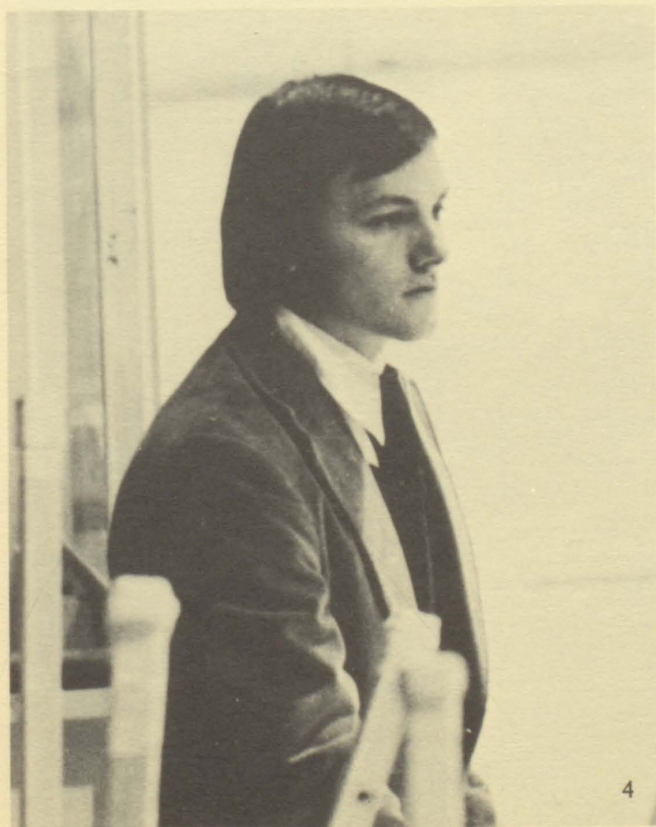
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2



BELOW, A-SQUAD HOCKEY, TOP ROW: Kevin Dolan, John Allan, Chris Paul, Mike Gravelle, Alan Carlson, Terry Tschida, Jack Willcoxon, Greg Lindeberg, Guy Wojtowicz; BOTTOM ROW: Coach Doug Peltier, Dave Houle, Tim Dailey, Mitch Johnson, Bob Jorgenson, John Stright, Pat Remitz, Tim Motschenbacher, John Lundgren.



1. Greg Lindeberg and Mark Goodrich race toward the goal. 2. As an opponent nears, John Lundgren "dumps it in." 3. Tim Motschenbacher watches as Bob Jorgenson makes a save. 4. Head Coach Doug Peltier concentrates on his team's performance. 5. In a huddle, the varsity squad discusses the forthcoming game.



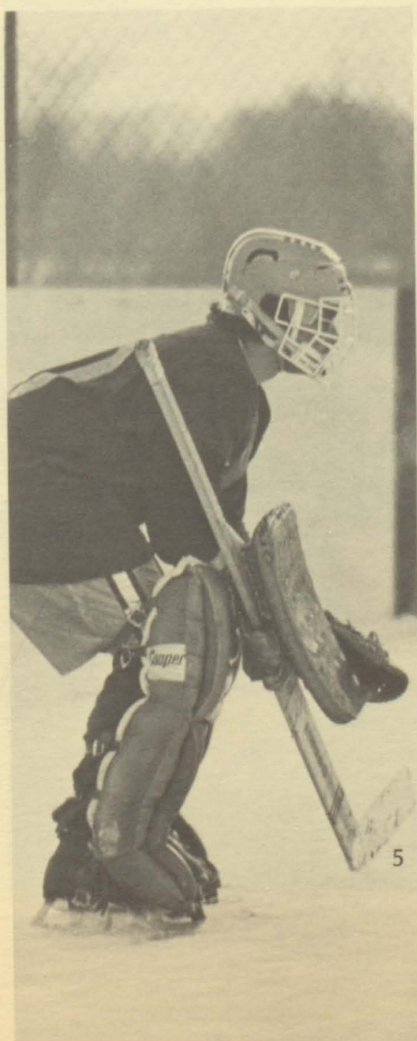
SCORES		
Forest Lake		Opposition
2	Humboldt	3
1	Fridley Grace	2
0	Fridley	7
3	Chisago Lakes	2
2	Park Center	5
5	Centennial	3
3	Fridley Grace	0
2	Elk River	6
3	Spring Lake Park	4
2	Mahtomedi	3
1	Fridley	8
6	Osseo	0
4	Park Center	7
1	Chisago Lakes	0
4	Spring Lake Park	1

1. Watching his opponents warily, a Ranger iceman defends the puck. 2. Manager Dave Barnes keeps puckster Cliff Brodtman company in the penalty box as he waits to return to the ice. 3. With enthusiasm, hockey cheerleaders Teri Vitalis, Lynn Pearson and Laura Houle encourage the fans to support the team. 4. Facing off at center ice, a Ranger hustles to slap the puck first. 5. Goalie Larry Kling concentrates on game action.



Novice B-squadders Perfect Basic Skills

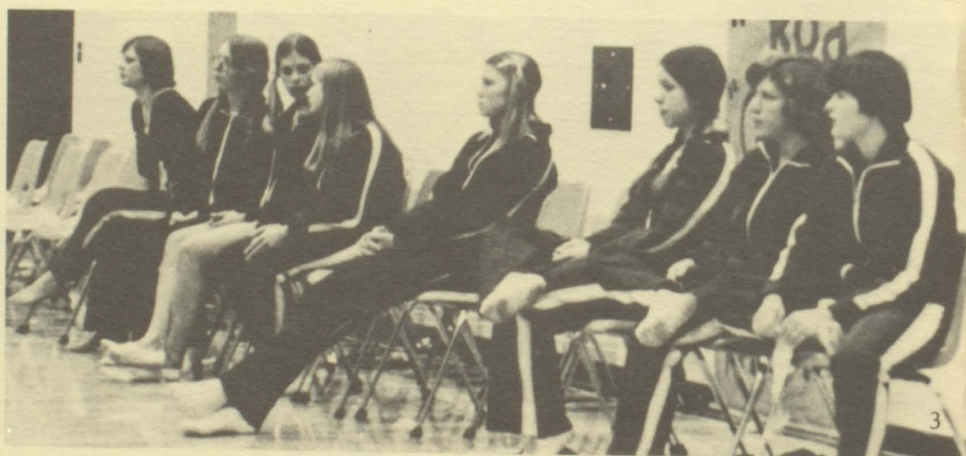
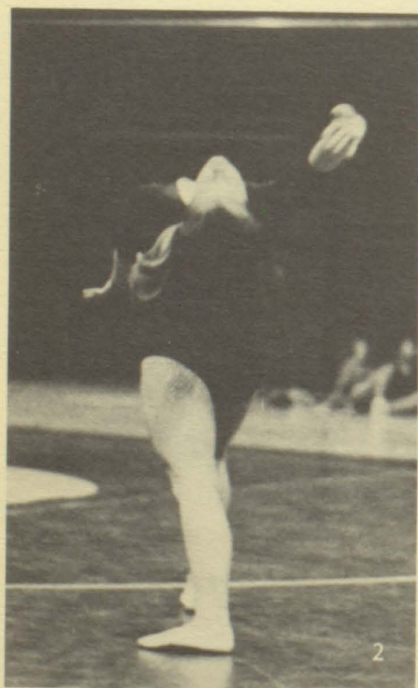
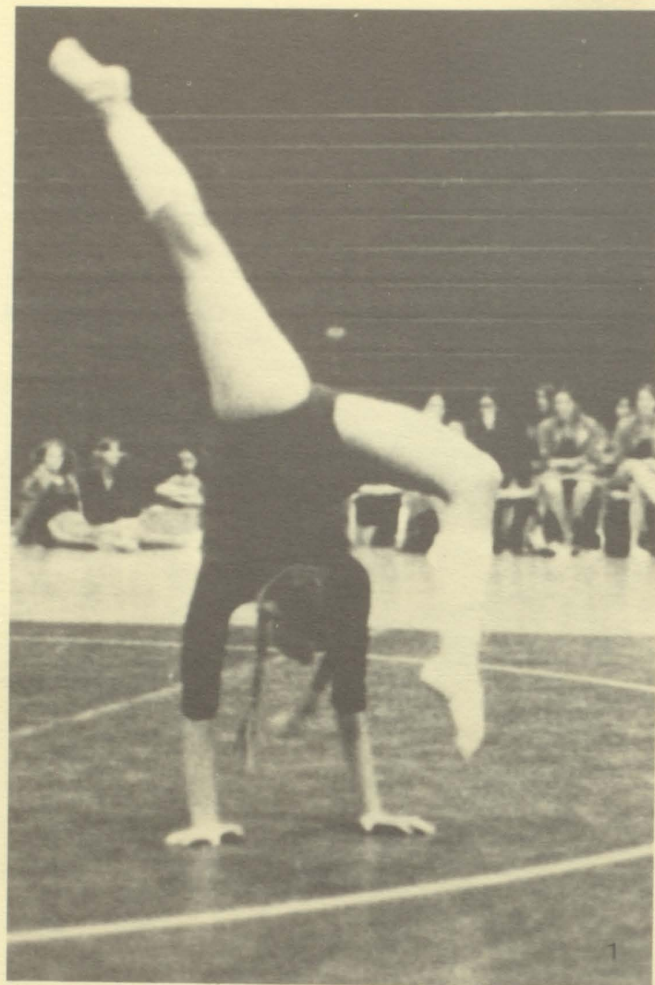
Because there was no ice on the outside rinks, the B-squad hockey team's practices got off to a late start. However, with only two practices behind them, the novice icemen came away victorious from a scrimmage against St. Bernards with a final score of 5-2. The team was well-balanced, but their inexperience forced them to concentrate on developing better hockey skills rather than on a strong winning season. Like A-squad, this was B-squad's first year in the Skyline Conference. The rookie pucksters challenged tough schools such as Mahtomedi, Osseo and Park Center. The cheerleaders braved the elements and added zest and spirit to the excitement of the games.



ABOVE, B-SQUAD HOCKEY, TOP ROW: Coach Bob Fedderly, Mark Gamelin, Dave LaCasse, Tim Peters, Tom Carlisle, Len Schwan, Pat Messelt, Mike Chilson, Kelly Anderson, Tom Motschenbacher; BOTTOM ROW: Tom Hagen, Greg Swenson, Mike Koch, Mike Solem, Larry Kling, Cliff Brodtmann, Greg Evgen, Randy Zeller, Pat Philippi.

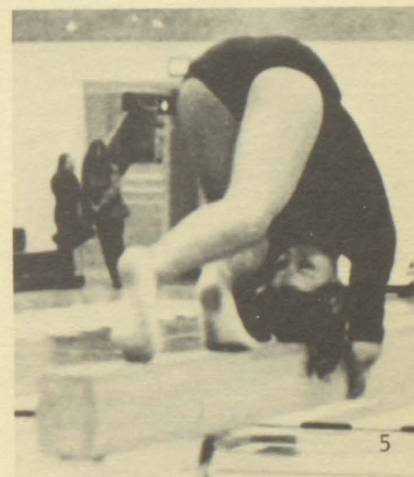
37 Girls Try Out For Gymnastics Squads

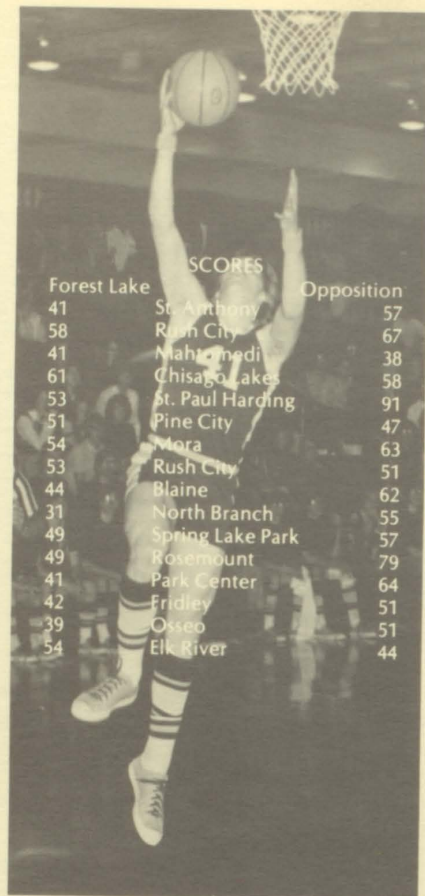
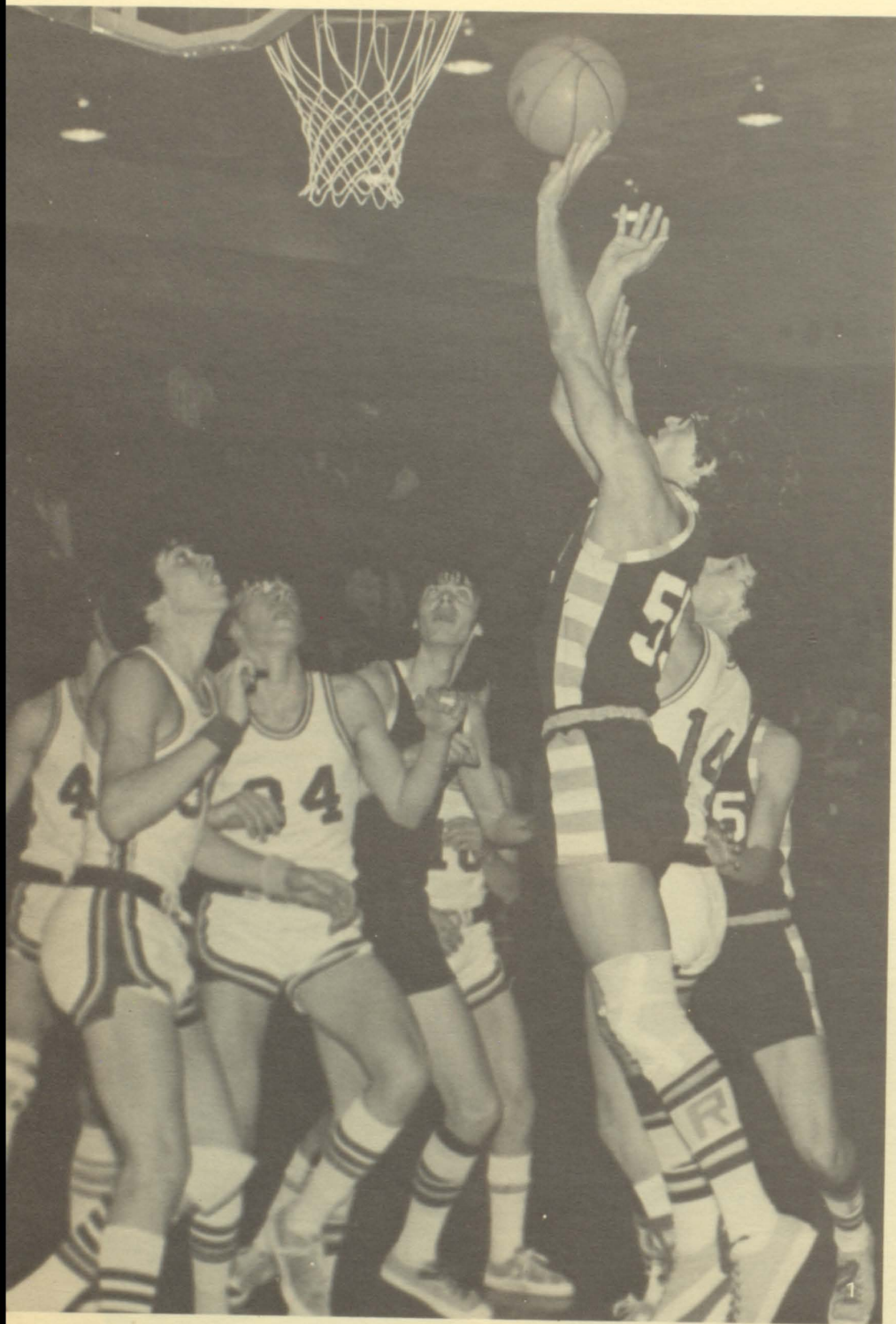
Among the thirty-seven girls who tried out for the gymnastics A-and B-squads were ten senior and junior letterwinners. Returning senior letterwinners were Jean Johnson, Karen Rolseth, Marianne Meister, Karen Gaughan and Denise Mackey. This year's team consisted largely of juniors and seniors, but coaches found sophomores a valuable asset in vaulting and on the uneven parallel bars. Other events in which the girls competed were floor exercise and balance beam. Mr. Blasko coached vaulting, and assisted Mrs. Conley with other coaching duties. At practices, coaches reserved special times to give individual help to each girl. The Rangers took on several new opponents including Mound and Aurora.



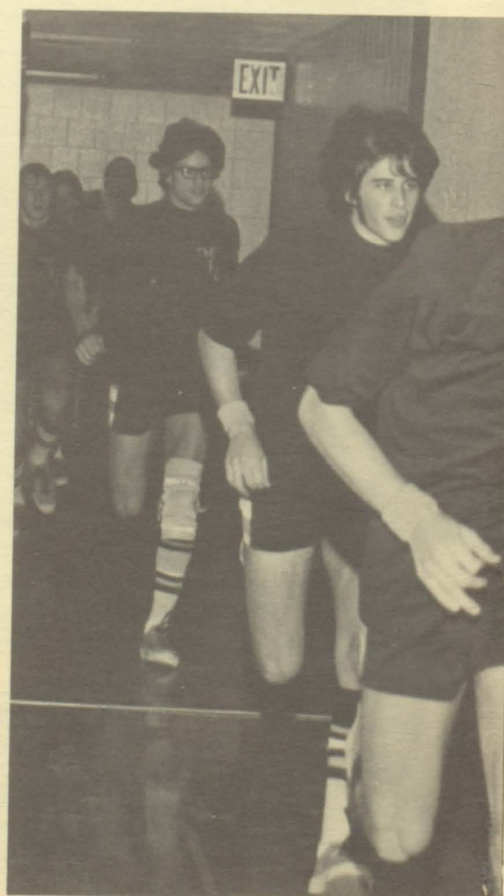
1. Preparing to move into the splits is Diane House. 2. Jean Johnson strikes a pose while performing her floor routine. 3. As a teammate presents her routine, fellow gymnasts watch intently. 4. Karen Rolseth entertains the audience with her smile and her style. 5. On the balance beam, an F.L. gymnast attempts a forward roll.

BELOW, GYMNASTICS, TOP ROW: Manager Mary Cardinal, Manager Vicki McConnell, Lori Branjord, Vicki Fladland, Marianne Meister, Karen Gaughan, Jan Gunderson, Karen Rolseth, Ruth Waller, Diane House, Sandy Keller, Assistant Coach Dave Blasko, Coach Diane Conley; SECOND ROW: Rainie Schwab, Julie Merritt, Carla Payne, Teri Vitalis, Denise Mackey, Cindy Kedrowski, Karen Anderson, Sue Scanlon, Jean Johnson; BOTTOM ROW: Denise Sather, Joanne Niemczyk, Kathy Greener, Heidi Fairbanks, Vicki Wolfbauer, Cassie Ortenblad, Cathy Mackey, Thecla Swanson.

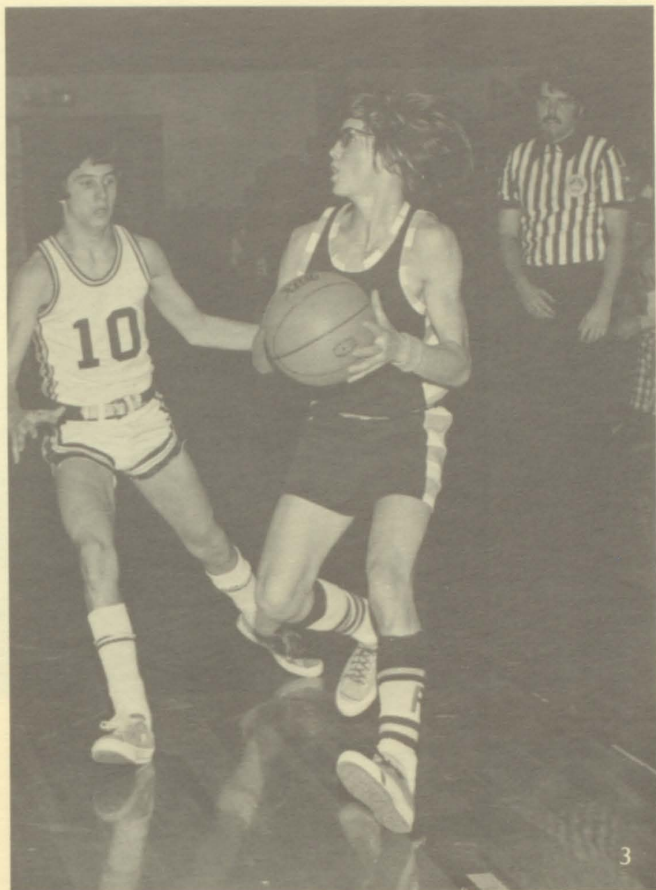




SCORES		
Forest Lake		Opposition
41	St. Anthony	57
58	Rush City	67
41	Mahoning	38
61	Chisago Lakes	58
53	St. Paul Harding	91
51	Pine City	47
54	Mora	63
53	Rush City	51
44	Blaine	62
31	North Branch	55
49	Spring Lake Park	57
49	Rosemount	79
41	Park Center	64
42	Fridley	51
39	Osseo	51
54	Elk River	44



1. As the opponents look on, Dan Franta makes a basket. 2. Led by Kevin Sternberg, the Ranger bucketmen come on the court. 3. Skillfully out-maneuvering his opponent is Kerry Kellerhuis.



Ranger Bucketmen Rebound To Victory

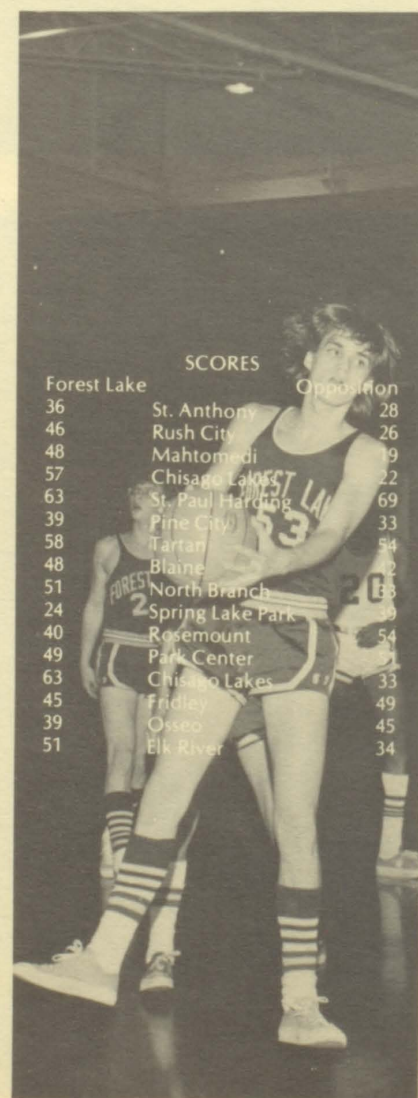
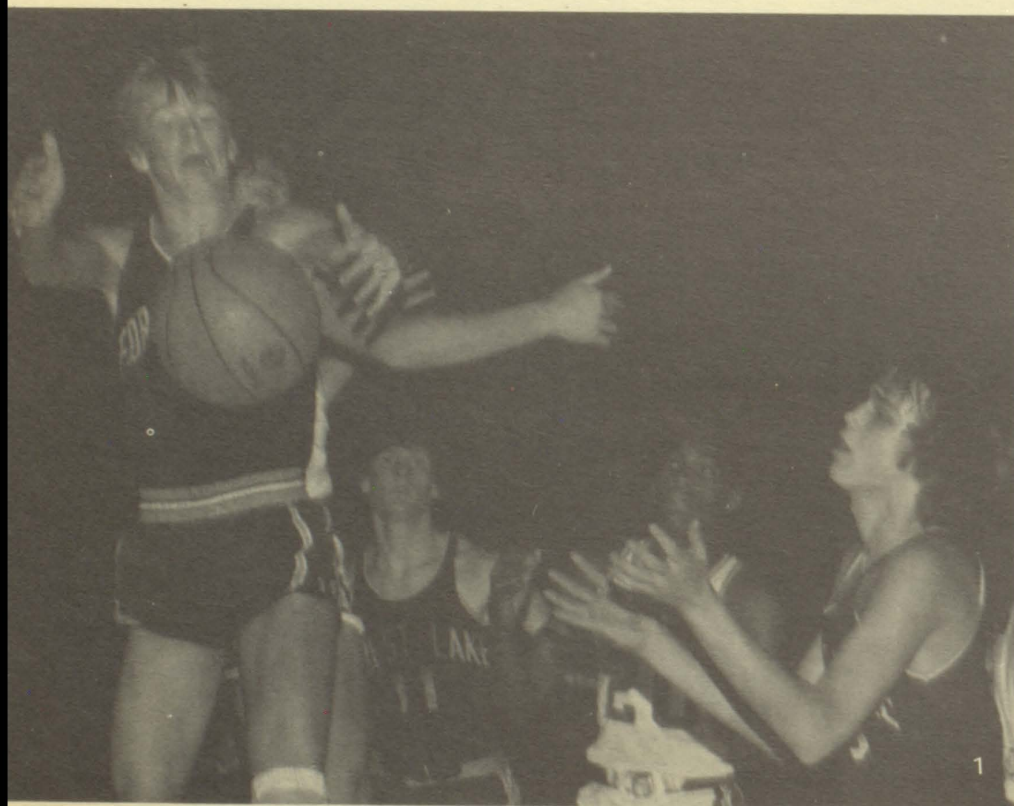
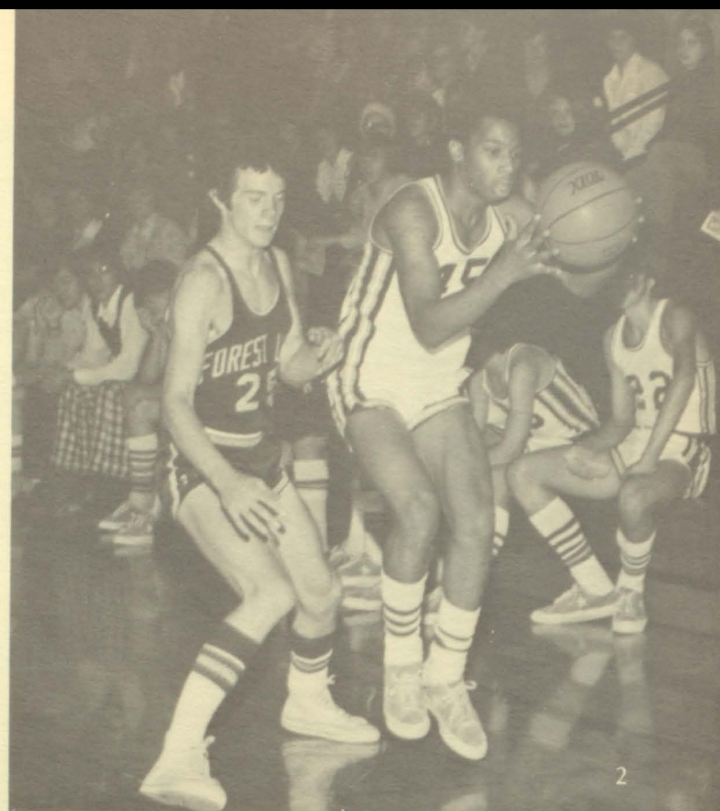
Although the 1974-75 A-squad basketball season began disappointingly with two losses, the Ranger bucketmen quickly rebounded to even their record at 2 and 2. This marked the best start that a Forest Lake varsity basketball team has had in several years. Head Coach Jim Nelson, assisted by Chuck Anderson, incorporated a completely new offense and defense to accommodate the special abilities of the team. Since the Skyline Conference was reduced by three schools last year, six more nonconference games were played and resulted in a more interesting schedule. Throughout the season the Rangers showed an exciting style of basketball with a swift-paced fast break, an aggressive full court press and high-score games. The fourteen member squad, led by seniors Geoff Hibbison, Dan Franta, Blake Benson and Kevin Sternberg, lacked height but made up for it in desire and hustle.



ABOVE, BOYS' A-SQUAD BASKETBALL, TOP ROW: Tom Leach, Louis Bowker, Blake Benson, Kevin Sternberg, Paul Thomsen, Geoff Hibbison, Dan Franta, Brian McGrath, Mark Sparrow; BOTTOM ROW: Coach Jim Nelson, Randy Lanahan, Dave Vanderbosch, Gary Belshaw, Kerry Kellerhuis, Rick Hansen, Mike Olsen, Phil Schneider, Assistant Coach Chuck Anderson.

B-squad Bucketmen Strive To Dominate

Showing their strength early in the season, the B-squad bucketmen won their first four contests. In one of those victories, they shattered a defensive record by allowing the opposition to score only 19 points. The twelve-member squad had good height and won many games by the way they dominated the boards. The fast break also proved to be effective, as the Rangers literally ran some teams off the floor. Even with the loss of key players to the varsity and without the services of Dave Hibbison, who suffered a broken vertebra earlier in the year, the Rangers continued their winning ways. Coach Dan Poupard stressed good defense, aggressive rebounding and discipline, and his players responded with a successful season.



SCORES		
Forest Lake		Opposition
36	St. Anthony	28
46	Rush City	26
48	Mahtomedi	49
57	Chisago Lakes	22
63	St. Paul Harding	69
39	Pine City	33
58	Tartan	54
48	Blaine	42
51	North Branch	43
24	Spring Lake Park	39
40	Rosemount	54
49	Park Center	21
63	Chisago Lakes	33
45	Fridley	49
39	Osseo	45
51	Elk River	34

1. As Larry Crane stretches for the ball, Gregg Johnson is ready to receive a pass. 2. Challenging his opponent for possession of the ball is Tom Henderson. 3. Two B-squad players make a defensive play. 4. Entangled in a crowd, Ranger bucketmen try to break free.

BELOW, BOYS' B-SQUAD BASKETBALL: Roger Meyman, Steve Mack, Eric Mann, Buddy Martinson, Greg Johnson, Craig Danielson, Manager Jeff Gauvin, Coach Dan Poupard, Tim Almquist, Louis Bowker, Larry Crane, Tom Hendersn, Connie Rogowski, Dick Valenty.



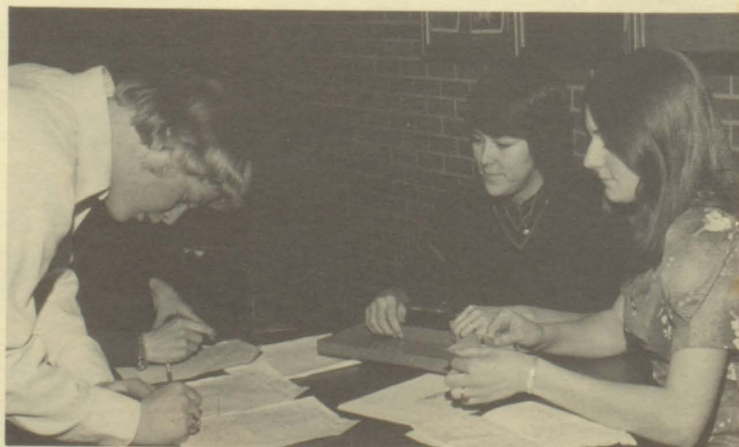
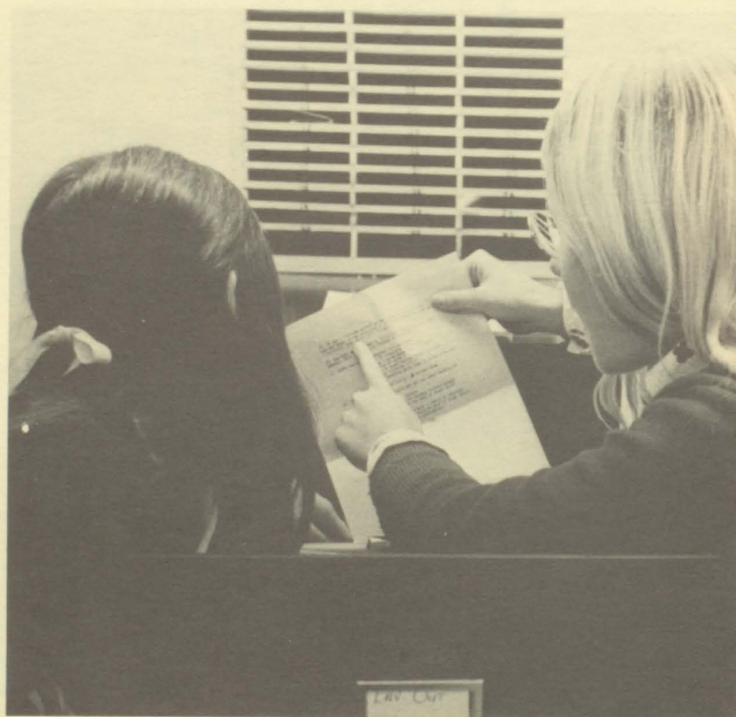
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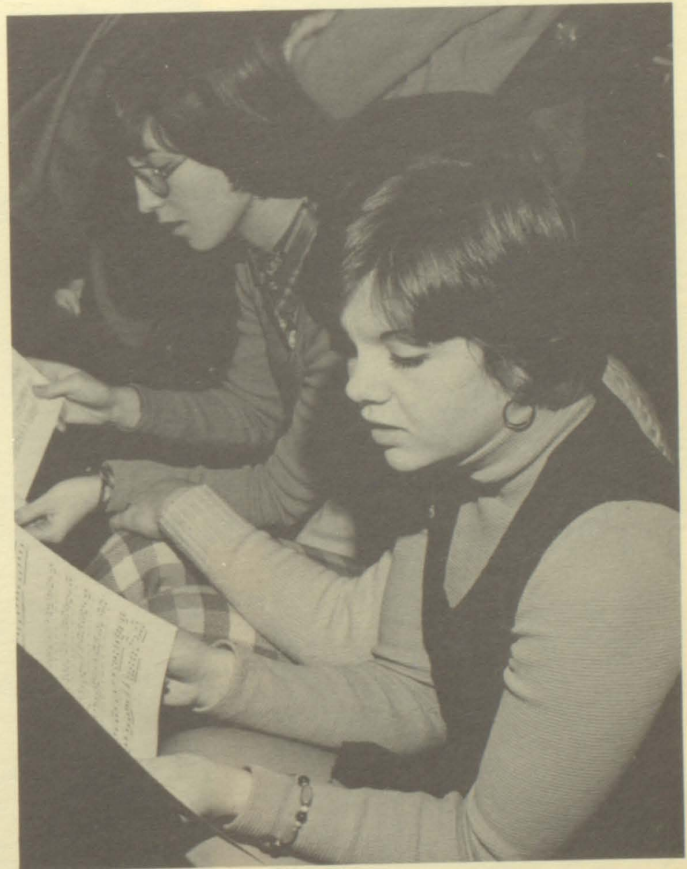
4



1. Have you been a member of any school organizations in high school?
 - Yes 66%
 - No 34%
2. Is involvement in school organizations over-rated in importance at FLHS?
 - Yes 12%
 - No 61%
 - No Opinion 27%
3. If you could add a new organization to FLHS, what would you add?
 - Sportsmen's Clubs 43%
 - Academic Clubs 21%
 - Civic Clubs 14%
 - Music Clubs 7%
 - Pep Club 11%
 - Other 4%
4. How have you met your closest friends?
 - Through School Classes 55%
 - Through School Sports 17%
 - Through School Organizations 7%
 - Outside of School 21%
5. Do you think that organizations promote cliques at our school?
 - Yes 63%
 - No 22%
 - No Opinion 15%



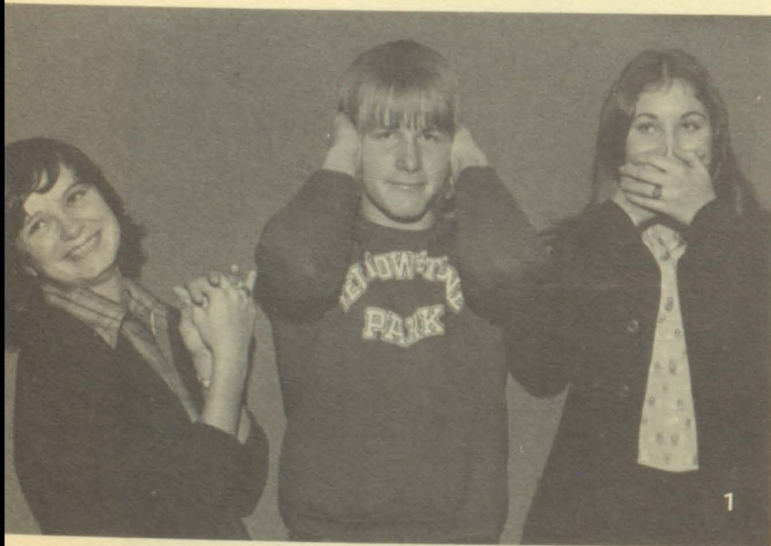
BRIDGES BETWEEN OURSELVES



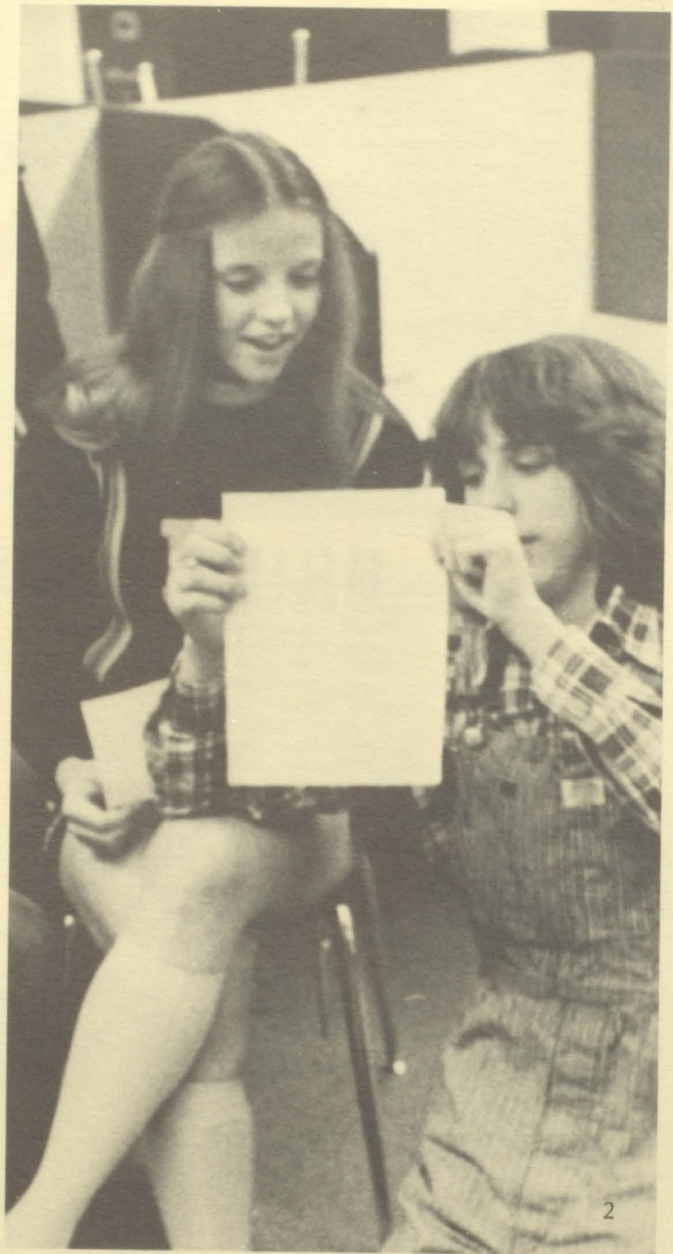
Becoming involved in school organizations we create relationships between ourselves. As we work, goof off and solve problems together we learn to understand and care for each other. We increase this insight with each new experience. Learning to give of ourselves and to share what others have to offer, we find that the strongest bridges we can build are the bridges between ourselves.

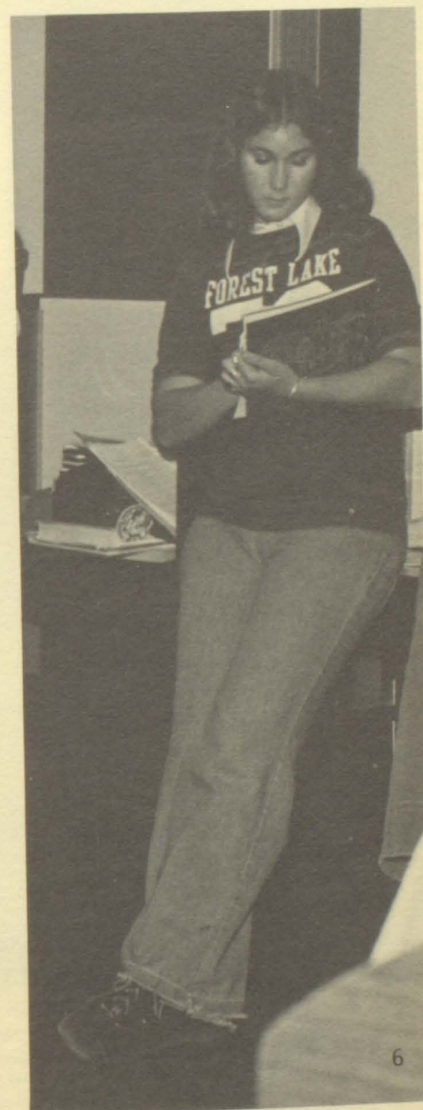
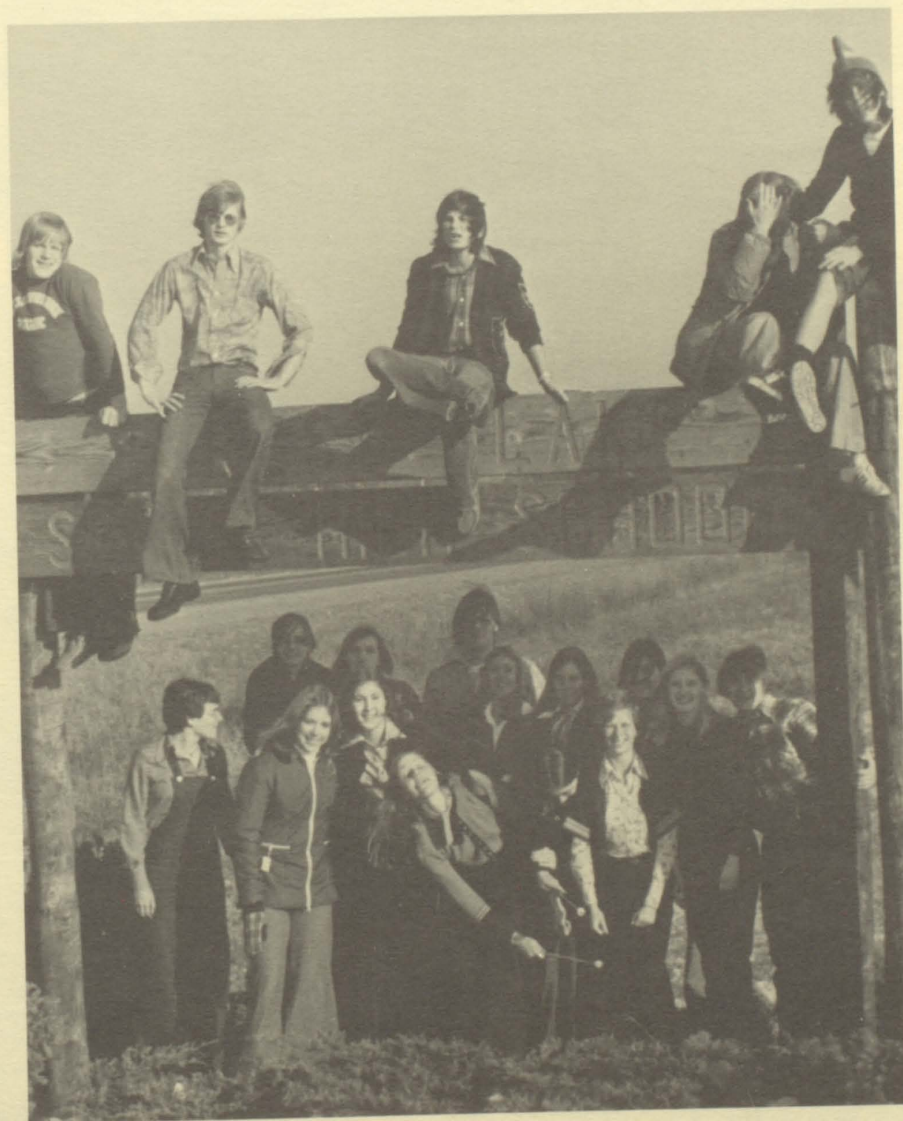
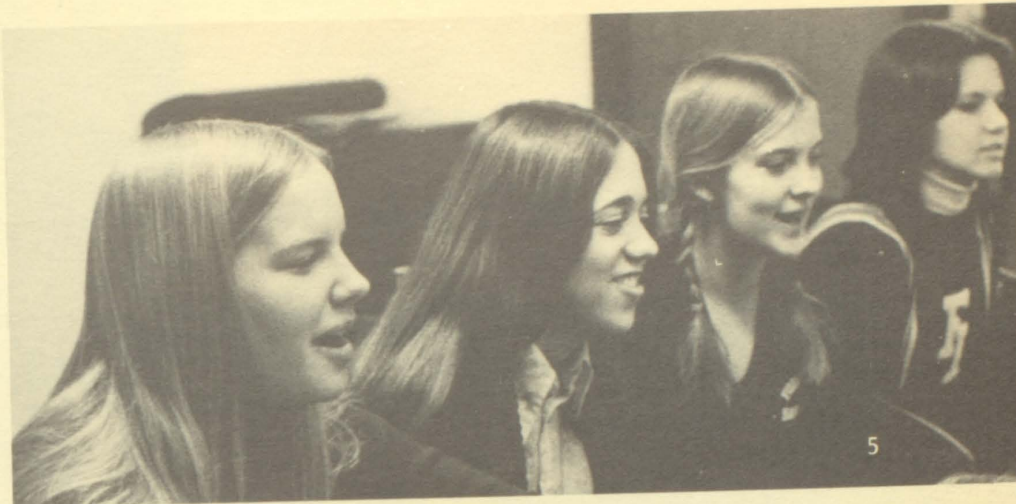
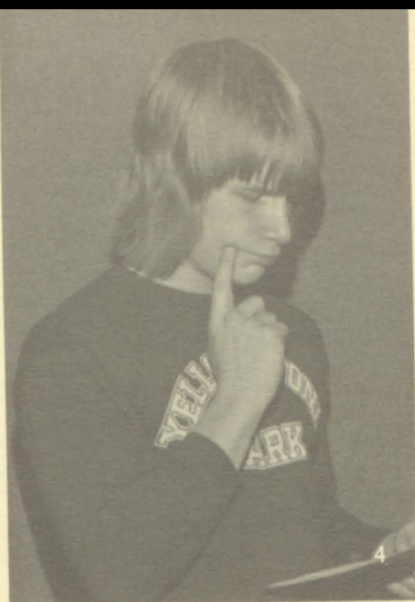
S.C. Members Plan Student Enjoyment

Showing their concern for students, the student council planned many activities. The new attendance policy forced members to attend evening meetings. Early in September student council began planning for Homecoming. They worked throughout the week organizing and cleaning up after each activity. To support improved education, members spent many hours promoting the school bond issue. They also discussed the attendance policy with school administrators in an effort to protect student rights. Despite many obstacles the student council proved to be a hard-working and concerned group.



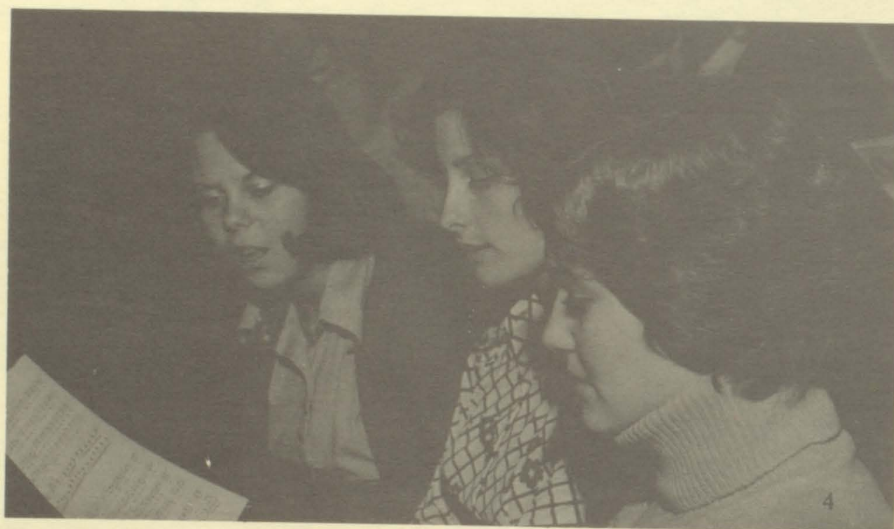
1. Do no evil, hear no evil, speak no evil: Kim Hoekstra, President, Mark Kuefler, Parliamentarian, Gayle Johnson, Secretary. 2. Bucky Koch shares his ideas with sophomore representative Diana Gustafson. 3. Presiding over the meeting with a smile is President Kim Hoekstra. 4. Seriously pondering the agenda is Mark Kuefler. 5. In a group discussion, members present their views. 6. Recording the minutes at a Student Council meeting is Secretary Gayle Johnson.





ABOVE, STUDENT COUNCIL, TOP ROW: Mark Kuefler, Bill Lundberg, Kim Hoekstra, Sally Thompson, Bucky Koch; BOTTOM ROW: Linda Madsen, Cindy Carstens, Lynn Nelson, Jeff Gauvin, Gayle Johnson, Barb Mickelson, Mark Boyd, Shelly Muske, Jan Gunderson, Merrie Morello, Dawna Lichtscheidl, Kim Carpenter, Carol Anderson, John Clifford.

1. Pop group members Mindy Anderson and Mike Hart diligently practice a musical number for a Christmas Concert. 2. Relaxing in his office, Choir Director Jim Lindstrom grins over an article in "People" magazine. 3. Tom Pareigat is momentarily distracted by Sue Moen during choir. 4. During third hour practice, mixed choir members share their sheet music. 5. Gathering around the piano, pop group rehearses a hit song. 6. CHOIR COUNCIL: Monica Pareigat, Secretary, Sue Peltier, President, Joni Summers, Vice President.





Mezmora Performs Before Civic Group

Starting the year without an adviser made practicing difficult for the sixteen-member pop group, Mezmora. Director James Lindstrom chose two members from each section of the Mixed Choir to form the group, but was unable to supervise them because of teacher negotiations. Mezmora performed a Christmas Concert at the Scandia Community Hall and entertained an enthusiastic audience at the Spring Concert.

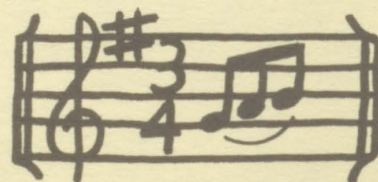
Under Mr. Lindstrom's demanding direction the Mixed Choir stretched their vocal cords throughout the year to prepare for the Christmas and Spring Concerts. In an effort to become accustomed to various musical interpretations, the choir participated in exchange concerts with other high school choirs and experimented with many types of music. The purchases of choir sweaters this year made choir members part of a distinctive group.



ABOVE, MIXED CHOIR, TOP ROW: Anne Ramaley, Eric Mann, Will Montzka, Joe Nelson, Randy Lanahan, Gerry McKinzie, Jay Voelker, Ken Cakebread, Todd Harper, Chris Steely, Pat Welch, Rick Bardy, Loren Devine, Tom Harrer, Tom Barott, Liane Boehm; THIRD ROW: Lynda Smith, Sue Peltier, Kim Carpenter, Phil Tetrault, Chris Novak, Jim Segelstrom, Bucky Koch, John Locke, John Clifford, Mike Hart, Tom Pareigat, Tom Sommerfeld, Brent Gustafson, Anita Bestland, Vicki Fast, Mindy Anderson; SECOND ROW: Lynn Nelson, Connie Peterson, Laura Houle, Annette Bestland, Dawn Goodell, Jeri Goff, Debbie Frappier, Janyce Marshall, Lisa Swan, Carrie Kottke, Carla Carlson, Lynn Muellner, Mary Anne Lord, Jean Lutz, Maren Hansen, Pam Robertson, Debbie Hyatt, Loral Peterson, Sue Ensrud, Corliss Robinson, Lorna Hansen; BOTTOM ROW: Denise Perrault, Carol Burke, Kim Miller, Diana Gustafson, Sheryl Olson, Roberta Groeneweg, Linda Black, Jean Verner, Betty Bender, Nancy Granger, Monica Pareigat, Joni Summers, Karen Ellertson, Rhonda Johanson, Debbie Hudak, Bonnie Mader, Theresa Goiffon, Sue Moen.

Girls Show Interest Toward Music Area

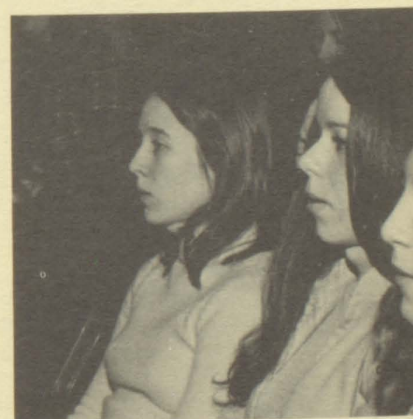
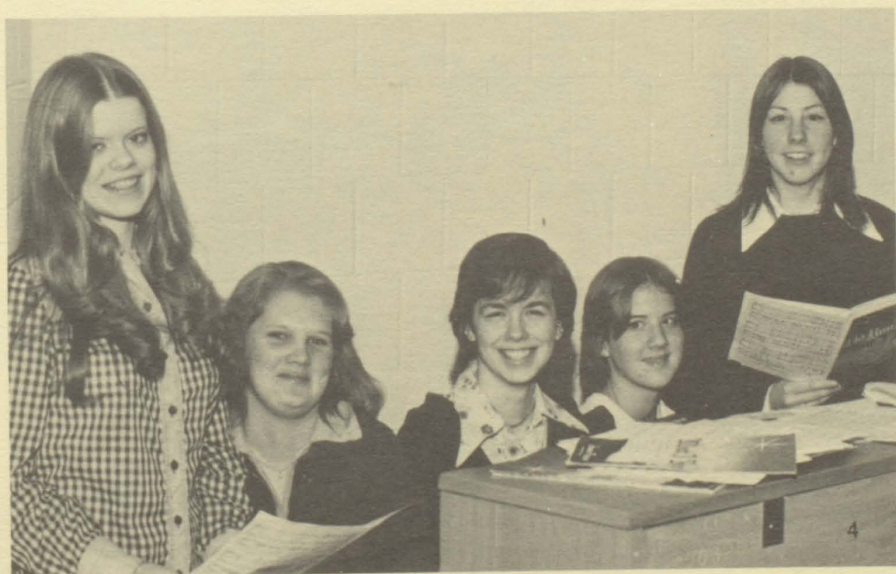
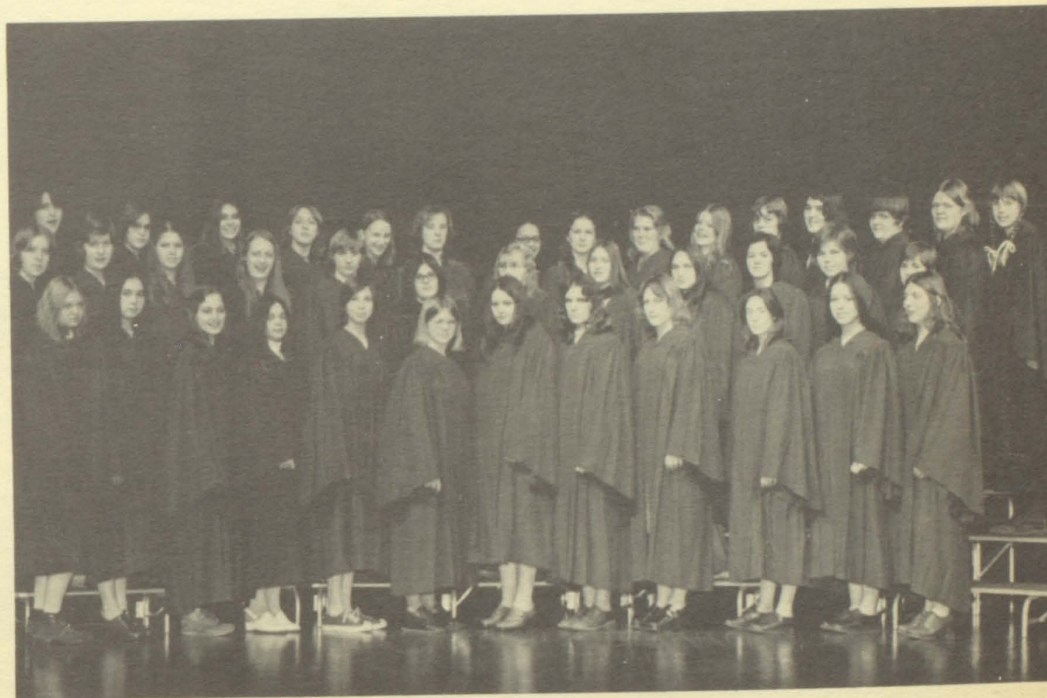
As a result of the increased interest in music, the Girls' Chorus separated into two distinct groups. The groups met during first and fifth hours and were both under the direction of James Lindstrom. The size of the groups varied throughout the year. Singing a combination of popular and religious songs, the chorus performed before a responsive audience at the Christmas concert. The first hour choir concluded their presentation with "Rise Up Early," and the fifth hour ended theirs with "Day By Day." The groups spent the remainder of the year concentrating on numbers for the spring concert.



ABOVE, FIRST HOUR GIRLS' CHORUS, TOP ROW: Jan Arneson, Cathy Bahnemann, Dianna Merrill, Julie Dent, Kathy Banta, Joanne Anderson, Jackie Graslee, Kathy Husnik, Kathy Ruggles, Wendy Grubbs, Lynette Baker, Debbie Gannon, Teri Strand, Lori Kostroski, Cathy Carlson, Barb Servaty; SECOND ROW: Holly Brett, Tammy Gannon, Michele Pepin, Mary Matheson, Connie House, Becky Crum, Connie Carlson, Julie Dahl, Kerri Guttusen, Val Anderson, Jeanine Winieki, Lois Goss, Delores Saunders; BOTTOM ROW: Debbie Raeder, Debbie Dorn, Kathy Barnes, Lori Jo Breneman, Cindy Mathson, Janet Mulvihill, Melody Dahl, Mary Dolan, Patty Dorn, Debbie Nelson, Marilyn Hazelton, Gail Buys.

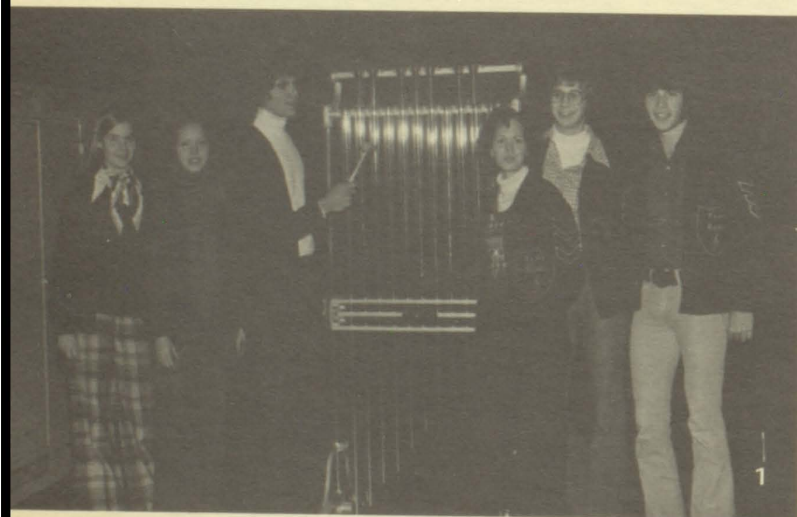


BELOW, FIFTH HOUR GIRLS' CHORUS, TOP ROW: Sue Fischer, Cheryl Davis, Lisa Rasmussen, Mary LaMotte, Patty Poff, Lori Dietrich, Wendy Johnson, Wendy Wilhelmi, Cheryl Benson, Lorna Hansen, Stacy McLaughlin, Mary Sheppard, Robin Audorff, Heidi Gottwaldt, Merle Miller; SECOND ROW: Wanda Van Horn, Leigh Erickson, Jill Williams, Gale Erkenbrack, Helene Lindner, Lornell Bathurst, Kathy Grothe, Kaydell Sunsten, Karen Benoy, Julie Erickson, Kathy McLean, Sandy Berglund; BOTTOM ROW: Sandra Erickson, Tracy Eggen, Leni Jo Loehr, Ann Hohenauer, Debbie Alcock, Patty Anderson, Kathy Donaghue, Linda Jellum, Judi Grapp, Sue Hanley, Denise Sather, Ann LaMotte.



1. During a Girls' Chorus rehearsal, Debbie Alcock practices her enunciation technique. 2. Cathy McLean takes attendance as Mr. Lindstrom warms up on the piano. 3. Laughing at a joke during a rehearsal break is Val Anderson. 4. GIRLS' CHORUS COUNCIL: Lorna Hansen, Fifth Hour Secretary, Cheryl Benson, Fifth Hour Vice President, Debbie Dorn, First Hour President, Jan Arneson, First Hour Vice President, Gail Buys, First Hour Secretary. 5. Sue Hanley and Kathy Donaghue rehearse for the Christmas Concert.

BELOW, RANGER BAND, TOP ROW: Dan Lutz, Cecilia Riopel, Director Rollin Nelson, Mark Anderson, Dave Barnes, Mike Timmers, Scott Williams, Kelly Anderson, Mark O'Brien; THIRD ROW: Debbie Hunecke, Ruth Waller, Richard Saunders, Don Bradshaw, Bart Rehbein, Sue Schreiber, Florence Saunders, Tom Henderson, Kendall Olson, Arden Johnson, Jay Voelker, John Clifford, Terry Owen, Al Bigelow, Perry Reidt, Lytha Weckerly, Dan Birdsall, Curt Frenning; SECOND ROW: Becky Allquist, Cathy Peterson, Cindy Good, Julie Read, Lauren Coxon, Lisa Blatter, Caryl Bairaktaris, Lari Ensrud, Kitty Mattson, Stephanie Carter, Katy Henderson, Randy Anderson, Skip Wagner, Barb Holl, Candy Weeks, Lori O'Brien, Jeannette Stopher, Gina Flanagan, Jackie Nielsen, Debbie Lehmann; BOTTOM ROW: Desiree Walstad, Deanne Pratt, Stephanie McConnell, Sarah Thompson, Enita Shannon, Beth Olson, Lori Branjord, Leslie Strand, Wendy Steely, Cindy Kedrowski, Colleen Reeder.



1. BAND COUNCIL: Jan Gunderson, Junior Representative; Renee Briggs, Sophomore Representative; Jesse Preiner, President; Jill Briggs, Vice President; Anne Johnson, Senior Representative; Blake Benson, Treasurer. 2. Watching their director, band members improve their skills. 3. Clarinetists practice one of the selections performed by the band.





FLHS Band Presents 'Russian Christmas'

After an exciting marching season that produced two trophies and a homecoming half-time show that incorporated the entire band, flag corps and twirlers, the marching band transformed into the Concert Band. Concert Band read new music and concentrated on six numbers for the Christmas Concert. An enlarged Ranger Band also spent time preparing for the concert. The Concert Band closed their presentation with "Russian Christmas." The new year found the band sight reading and seeking a contest number. This was perfected until mid-spring when it was graded by a judge. Soloists also prepared for their rendezvous with the judges. In May the Spring Concert was presented. Because both bands were the largest in FLHS history, changes to accommodate the needs of all the students began.



ABOVE, CONCERT BAND, TOP ROW: Carla Payne, Pam Mateer, Alice Waller, Debbie Ramsden, Robyn Rehbein, Brenda Banta, Shari Proulx, Sue Swenson, Terri Vitalas, Joe Peltier, Barb Mickelson, Director Rollin Nelson, Dick Valenty, Julie Gilbertson, Renee Briggs, Steve Berven, Jesse Preiner, Dave Banta, Carl Peikert, Ron Demarais, Loren Devine, Paul Hesla, Kevin Anderson, Doug Smith, Dan Michaud, Steve Havens, Paul Olson, Todd Lewis, Jan Gunderson, Jack Cain, Nathan Benoy, Blake Benson; THIRD ROW: Gayle Johnson, Renee Thompson, Ron Iverson, Julie Timm, Lori Florhaug, Bruce Wolfbauer, Mark Strand, Kim Hoekstra, Kerry Kellerhuis, Terry Lee, Tom Grindberg, Jim Roberts, Chris Nelson, Jeff Crawford, Dan Merrill, Tim Carlson, Mike Hart, Tim Zastrow, John Polzin, Forest Hyatt, Amy Genin, John Isaacson, Julie Bracht, Lynn Lindberg, Cindy Nast, Collette Hawkins, Tammy Peterson, Donna Trombley, Karla Brungardt; SECOND ROW: Jody Polzin, Mary Roberts, Ted Longley, Cindy Williams, Tim Peiffer, Steve Barton, Terri Lundeen, Rita Rehbein, Randy Avery, Jill Briggs, Rick Schroeder, Roberta Groeneweg, Sue Scanlon, Frank Kaufman, Sue Manthey, Nancy Nelson, Vicky Fast, Linda Rhoda, Bonnie Johnston; BOTTOM ROW: Michelle Husnik, Linda Madsen, Vicki Fladland, Roberta Iverson, Sally Neal, Kris Nelson, Debbie Florhaug, Julie Schmidt, Mary Schneider, Anita York, Pat Pierce, Katie Mack, Jody Carpenter, Anne Johnson.

Dance Line Inspires Ranger Enthusiasm

Kicking their legs high, the Pompon Girls of 1974-75 tried to raise the spirit of Forest Lake students. Their first performance of the year was at the Homecoming half-time show. Tryouts were held again after Homecoming to replace some girls who dropped out. Captains Annette Bestland and Jean Sullivan kept the girls busy at weekly practices preparing routines for pep fests and games.

Brightened by Director Nelson's jokes, pep band practices were never dull. Pep band encouraged the enthusiasm of spectators through the music they played. Forty-five members and the director were kept busy at football games, girls' and boys' basketball games, wrestling matches and pep fests. During the winter sports season they played at fifteen home games. Pep band was one of the most active organizations promoting school spirit.

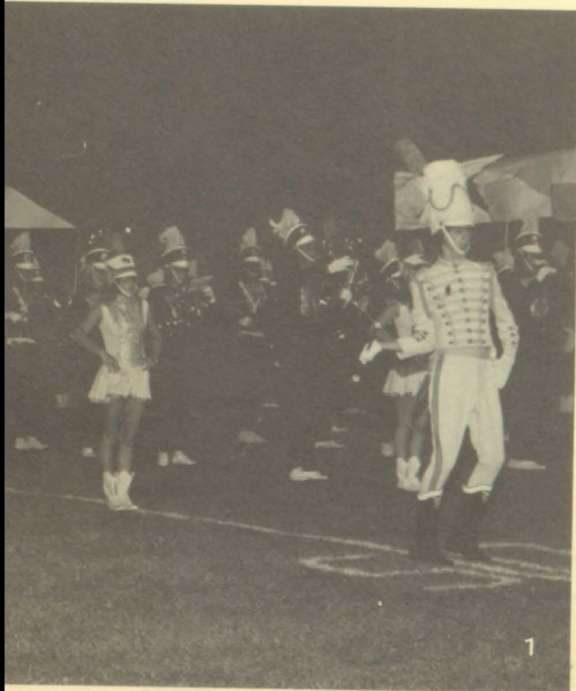


ABOVE, POMPON GIRLS, TOP ROW: Jean Sullivan, Denise Perrault, Shelley Muske, Pam Peterson, Robin Wiley, Nancy Nelson, Patty Dorn, Annette Bestland; BOTTOM ROW: Sue Johnson, Barb Leason, Jeri Bedient, Brenda Berglund, Merle Ann Miller, Anne Lien, Debbie Alcock, Michelle Pepin.

BELOW, PEP BAND, TOP ROW: Loren Devine, Mark Anderson, Carl Peikert, Ron Demarais, Dave Banta; FIFTH ROW: Doug Smith, Kevin Anderson, Dave McLaughlin, Barb Mickelson, Todd Lewis, Jack Cain, Jan Gunderson, Kevin Sternberg, Blake Benson; FOURTH ROW: Renee Briggs, Steve Berven, Jesse Preiner, Colette Hawkinson, Cindy Nast, Donna Trombley, Tammy Peterson, Karla Brungardt, Eileen Saunders; THIRD ROW: John Polzin, Mike Hart, Tim Carlson, Jeff Crawford, Chris Nelson, Tim Roberts, Tom Grindberg, Terry Lee, Kim Hoekstra; SECOND ROW: Vicki McConnell, Sue Manthey, Linda Rhoda, Sue Scanlon, Rick Schroeder, Jill Briggs, Randy Avery; BOTTOM ROW: Cindy Williams, Ted Longley, Mary Roberts, Jody Carpenter, Anne Johnson, Kris Nelson, Katie Mack, Julie Schmidt, Anita York, Pat Pierce.



1. Rehearsing for pep band in one of the practice rooms is flautist Jody Carpenter. 2. Sophomore Anne Lien performs for the student body during a pep fest. 3. As the band plays "Varsity Drag" in the background, pompon girls entertain the Homecoming audience.



BELOW, MAJORETTES: Kim Carpenter, Kim Miller, Wendy Steely, Robyn Rehbein, Brenda Houle.



ABOVE, FLAG CORPS, TOP ROW: Gayle Johnson, Maren Hansen, Sue Barott, Mary Schneider, Anne Ramaley; BOTTOM ROW: Dawn Orvis, Michelle Husnik, Julie Schmidt, Cindy Good.

1. Led by drum major Kevin Sternberg, the marching band provides entertainment for the Homecoming crowd. 2. Proudly displaying his drum major attire, Kevin Sternberg grins. 3. Defying the wind, the Flag Corps remains standing at attention.

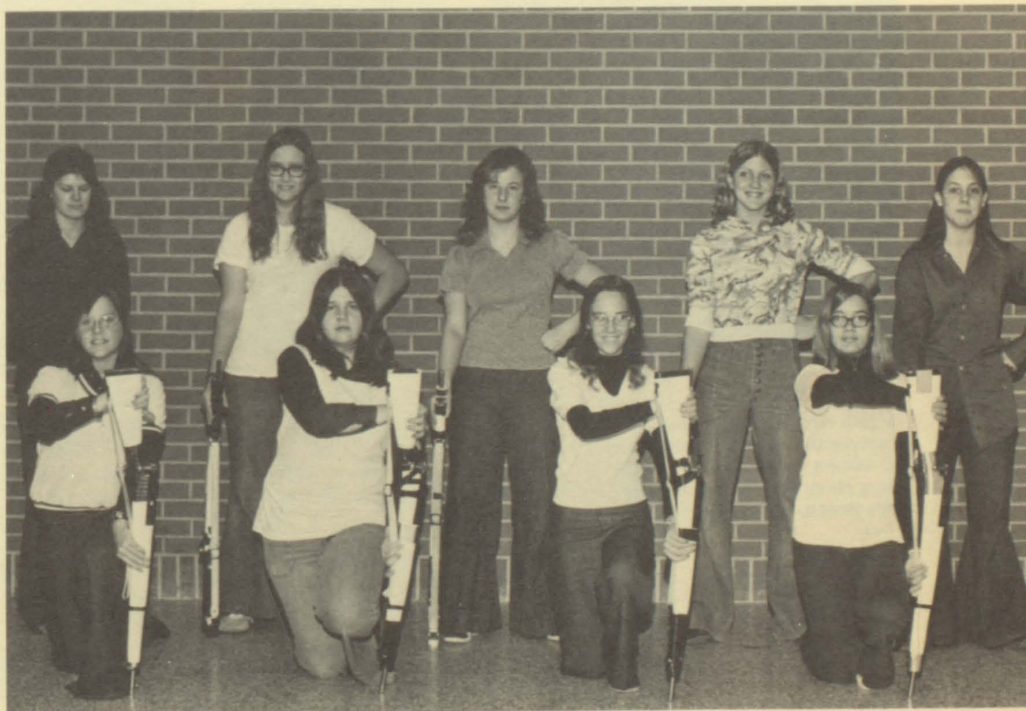


Flag Corps Executes Colorful Maneuvers

Doubling in size this year, the Flag Corps labored on maneuvers during the summer. They performed in parades with the marching band, including the Minneapolis Aquatennial. Adding color to half-time Homecoming activities with their flags, the girls marched to the "Trumpeters' Bag."

Throughout the summer the five majorettes met every Tuesday. Working toward perfection, they rehearsed with the band to polish their routine for the Homecoming show. They ended the season leading the band at the Aquatennial Parade.

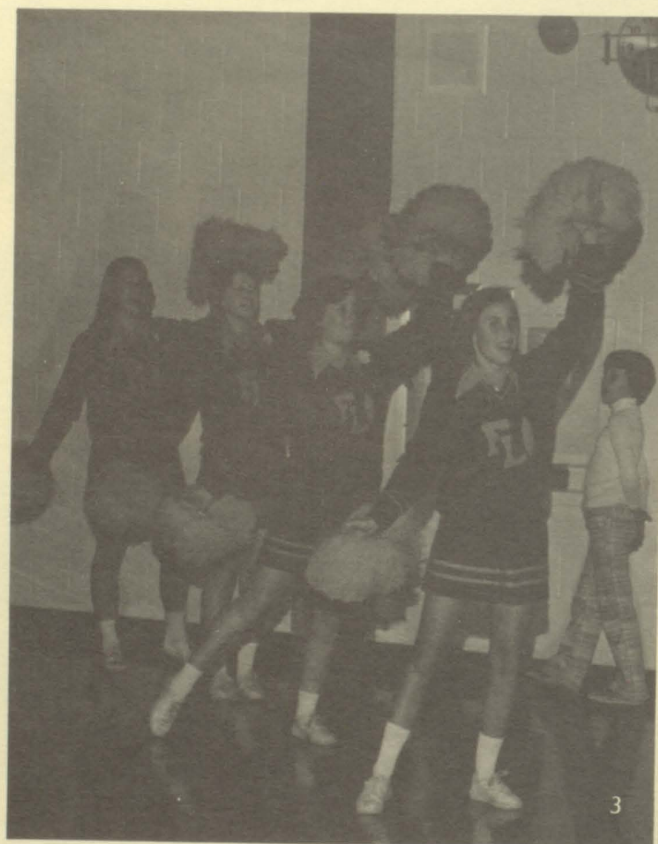
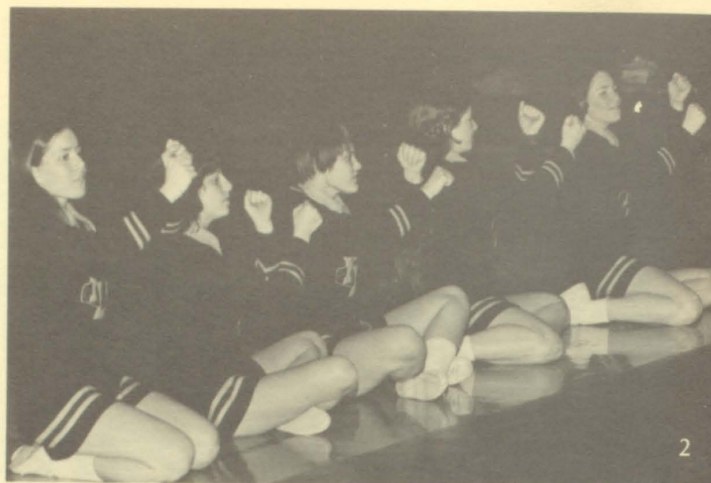
Marching to a military cadence, the newly-formed Rifle Guard displayed faultless timing and baton skills. The group was composed of ten girls, each of whom had to purchase her own wooden rifle. Practice consisted of strenuous exercises.



ABOVE, RIFLE GUARD, TOP ROW: Theresa McKinzie, Dianna Merrill, Lori Dietrich, Gwen Koch, Stephanie Carter; BOTTOM ROW: Connie House, Lori O'Brien, Debbie Lehmann, Sarah Thompson.

Twenty Girls Cheer Sports Enthusiasts

Taking on added responsibility, the cheerleaders worked hard to help their inexperienced new adviser, Miss Schanfield. Hockey added three more spirited and energetic girls for a total of twelve varsity and eight B-squad cheerleaders. Fewer pep fests proved to be helpful to teachers and students and allowed cheerleaders more preparation time. During the summer, Mindy Anderson, Karen Rolseth and Joni Summers attended a cheerleading clinic for five days, where they learned audience participation cheers. Like other organizations, the cheerleaders raised money through sales. They sold decorative candles as gifts and Forest Lake hats, scarves and mittens to raise spirit. Students appreciated the things they did to promote school pride.



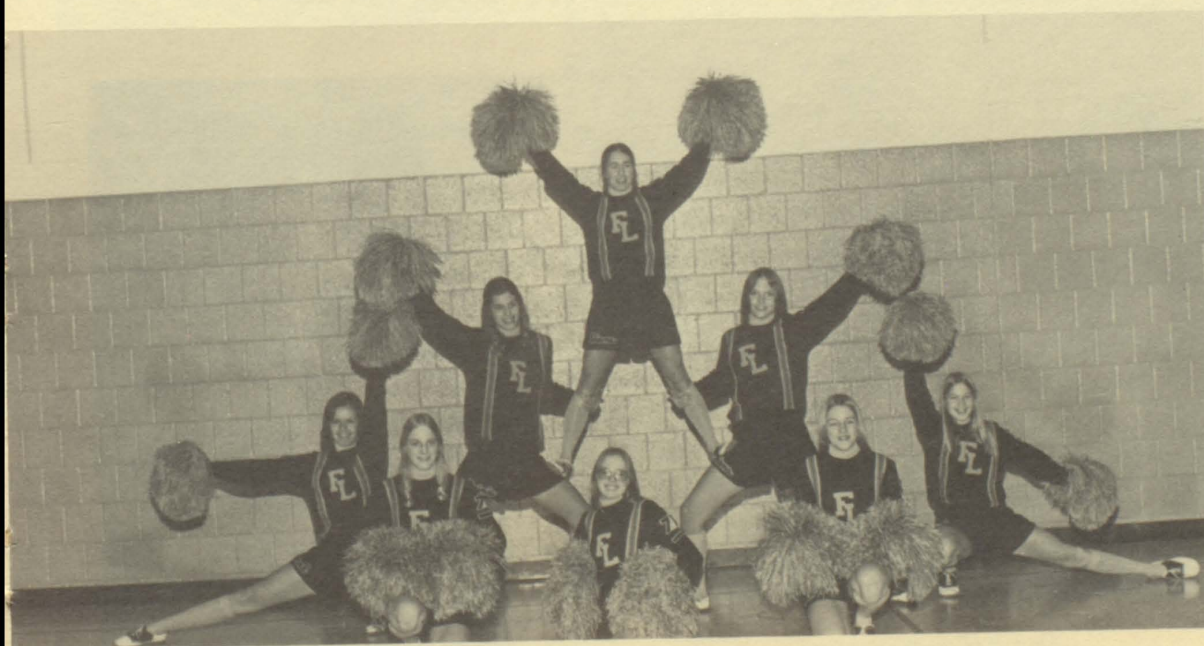
1. Joni Summers adds spirit and vitality to a football game with her pleasant smile. 2. Wrestling cheerleaders lead the crowd during a varsity wrestling meet. 3. Using pompons to accent a rhythmic routine, varsity basketball cheerleaders entertain the fans with a lively dance. 4. B-squad wrestling cheerleaders spur the team on to victory. 5. After a rousing cheer, Sue Moen returns to the side lines to enliven the fans.



BELOW, A-SQUAD CHEERLEADERS, TOP ROW: Karen Rolseth, Peggy Ahlm, Cathy Mackey, Joni Summers, Mindy Anderson, Karen Anderson; BOTTOM ROW: Sue Moen, Laura Houle, Teri Vitalis, Cindy Ray, Lynn Pearson, Cassie Ortenblad.

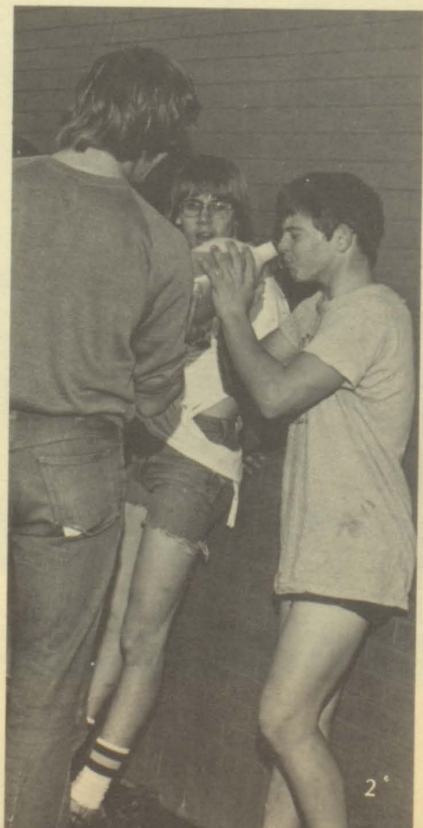
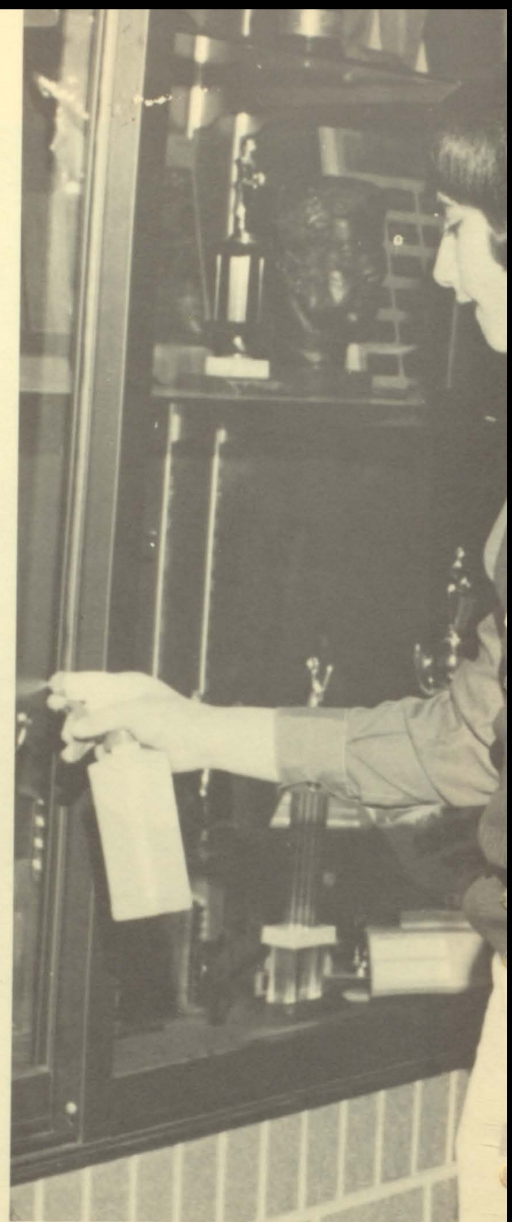
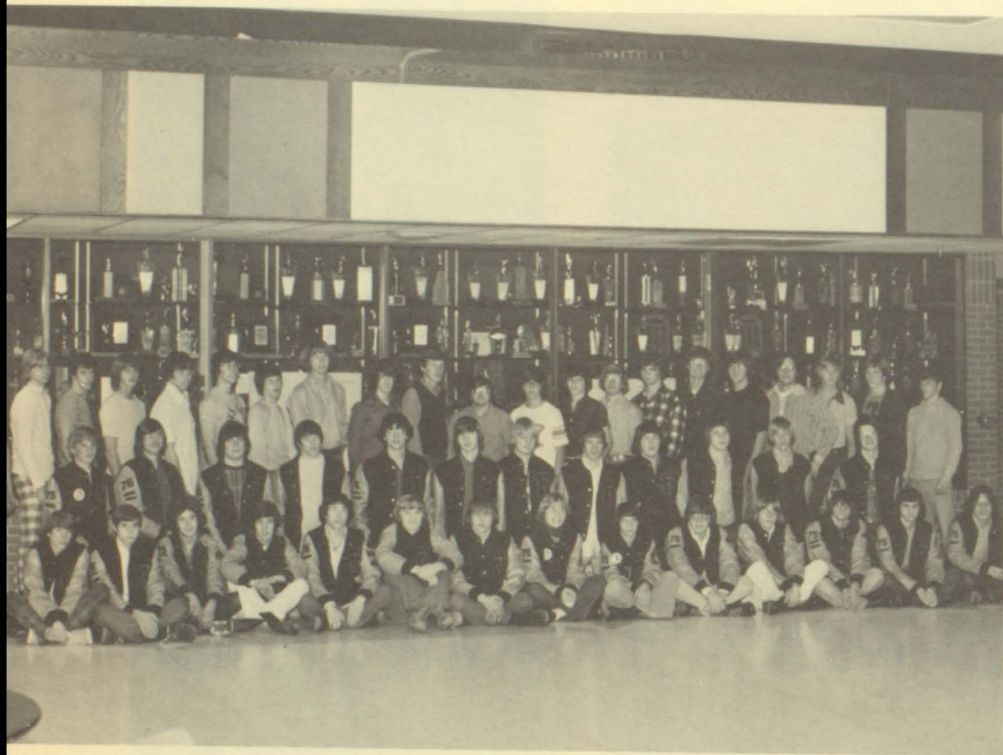


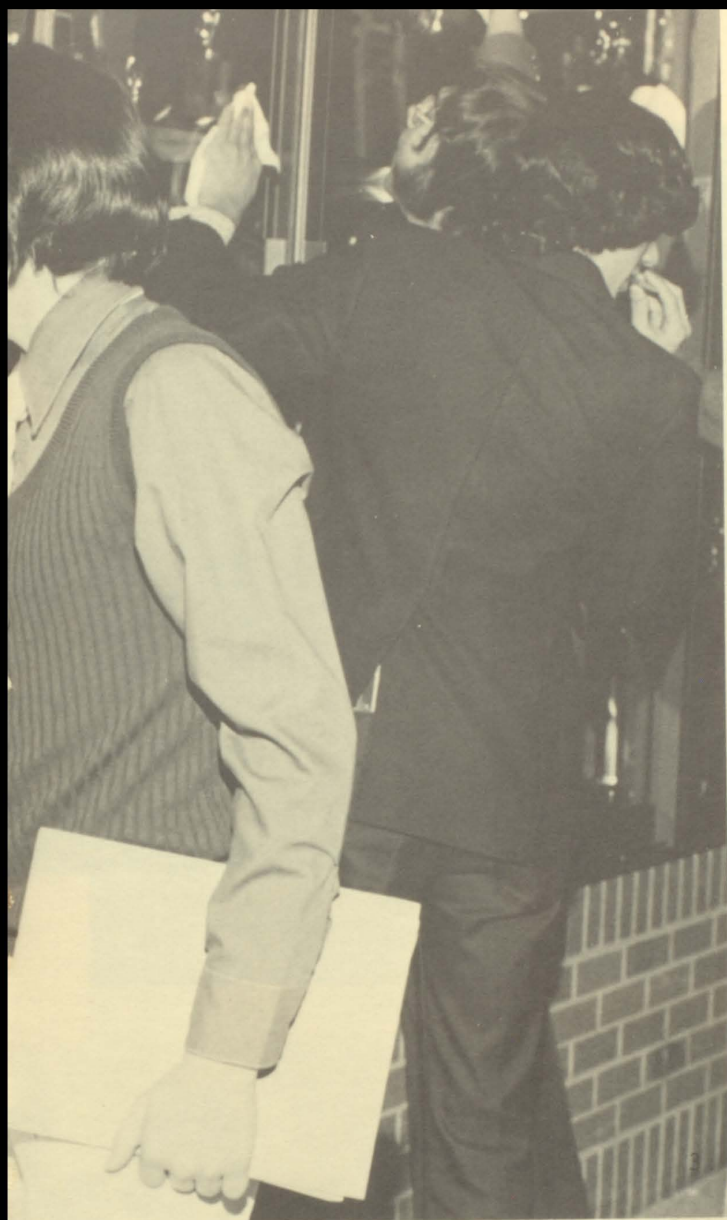
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ABOVE, B-SQUAD CHEERLEADERS, TOP ROW: Loral Peterson, Rainie Schwab, Diane Gessner, Diana Gustafson, Lori Branjord; BOTTOM ROW: Teri Lindstrom, Sandy Keller, Lori Ensrud.

BELOW, LETTERMEN, TOP ROW: Tom Carlisle, Phil Schneider, Bill Moore, Tim Zastrow, Rod Lange, Ron Lange, John Stright, Terry Tolzmann, Mark Sparrow, Al Carlson, Larry Kling, Kerry Kellerhuis, Mike Perrault, Dave Banta, Curt Patak, Bob Mooney, Tim Motschenbacher, Mark Boyd, John Allan, Mark Holl, John Moore; SECOND ROW: Dan Goiffon, Lloyd Pierce, John Petersen, Jim Moore, Dan Franta, Kevin Sternberg, Bob Berger, Kevin Lichtscheidl, Carroll Anderson, Phil Tetrault, Ron Humphrey, Chris Nelson; BOTTOM ROW: Roger Meyman, Will Montzka, Joe Sam, Dave Rameden, Bruce Neff, Gordy Tennis, Doug Mulcahy, Randy Gestson, Ron Schleicher, Bruce Linz, Mike Morello, Dan McConnell, Tom Grindberg, Dave Jones.

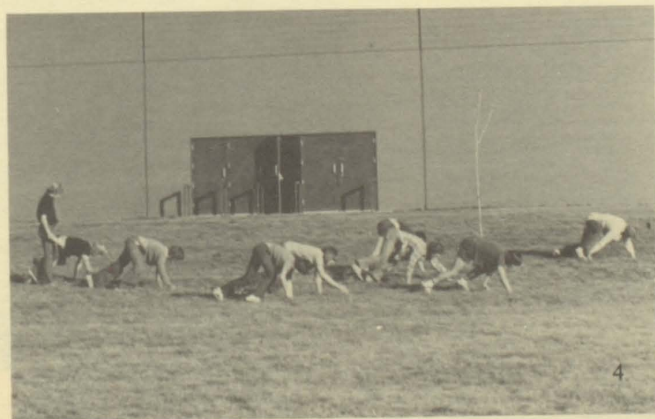




FL Initiates Survive Locker Room Trials

Students noticed a very obvious change during Lettermen's Initiation Week this year. Instead of the often embarrassing feats forced onto the initiates, signatures could be attained with a bow of the head. Thursday night the newcomers finished their initiation in the privacy of the locker room. Lettermen assisted throughout the year at athletic events.

The Brothers provided mirth for FLHS with their crazed antics during Homecoming week. Forming a cheering section during the powderpuff game and the Homecoming game, the Brothers gave support to the cheerleaders. Dressed in costumes the Brothers emceed Skit Night and presented a humorous skit. Throughout the school year the Brothers entertained students during pep fests as they rallied spirit for the Rangers.



1. Tim Korf looks on as initiate Brian McGrath and fellow Samaritan do a good deed by changing a tire. 2. In apprehension, initiate Mike Morello watches as John Moore samples a letterman's tangy brew. 3. Working diligently for their "masters," initiates clean the trophy case window. 4. On all fours, initiates respectfully obey the stern commands of letterman Gordy Tennis.



BELOW, BROTHERS, CLOCKWISE: John Clifford, Mark Kuefler, Mike Hart, Chris Novak, Bruce Linz, Phil Tetrault, Tom Setterholm, Bill Lundberg, Larry Kling, Bucky Koch.

State Fair Exhibition Earns \$100 for FHA

To further interest in home economics, FHA conducted many projects. Their exhibit at the state fair earned \$100. Also contributing to the FHA treasury was the sale of bakery goods, stationery and cookbooks. Guest speakers, a pow-wow at Pam Peterson's and Christmas shopping encouraged membership. In April, members attended the state convention.

Managing the arboretum and environmental laboratory were two of FFA's many successful enterprises. For the holidays, FFA sold Christmas trees, flowers and wreaths. However, not all of their activities were prosperous; the school farm caused members to share the farmers' concern over reduced profits. At the Kansas City convention, five FLHS representatives met with other future farmers of America.



ABOVE, FFA, TOP ROW: Adviser James Boerboom, Steve Barton, Matt Hauble, Scott Kelch, Jay Jaeger, Rick Hewson, Mike Riopel, Jody Nowling, Alan Carlson, Dave Palme, Kevin Husnik, Roger Peterson, Ron Humphrey, Mark Boyd, Jeff Davis, Margaret Daninger, Tom Wright, Bob Volenski, Rick Sireno; SECOND ROW: Roger Bowman, Forest Hyatt, Skip Wagner, Brian Seiler, Tim Herges, Ron Sorgert, Dave Banta, Bruce Linz, Dan Thomas, Paul Thomasen, Bill Bothman, Teri Korf, Dan Michaud, Mark Beattie, Adviser Loyal Hyatt; BOTTOM ROW: Debbie Hyatt, Maureen Harley, Cathy Schleicher, Scott Bunney, Mary Costello, Jan Schloer, Denise Lewis, Twyla Hyatt, Brenda Banta, Sandra Wynn, Kathy Banta.

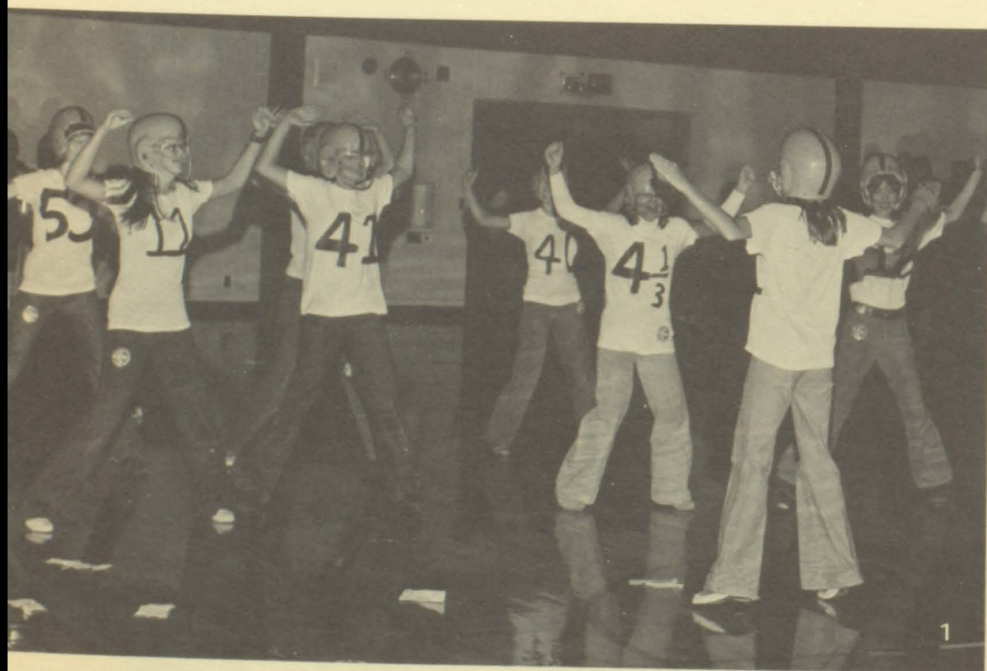


BELOW, FHA, TOP ROW: Mary Shepard, Jean Lutz, Jeannie Verner, Mary Anne Lord, Diane Merrill; SECOND ROW: Lisa Blatter, Caryl Bairaktaris, Cathy Bahnmann, Carrie Kottke, Anita Bestland, Mary Boyer; BOTTOM ROW: Kathy Banta, Annette Bestland, Connie Frost, Theresa Goiffon, Dinise Lewis.



1. With an enthusiastic sales pitch, Pam Robertson persuades Karla Brungardt to buy an FHA cookbook. 2. Roger Peterson arranges pine boughs to form a Christmas wreath. 3. FFA members examine a Christmas spruce in the sales lot. 4. Creating seasonal decorations from evergreen branches are three FFA members.

BELOW, FLOEA, TOP ROW: Mr. Buys, Adviser, Sherry Olson, Rhonda Johanson, Linda Rhoda, Gail Buys, Sue Grothe, Joni Jarrett, Lori Lichtscheidl, Janet Faber, Becky Crumb; BOTTOM ROW: Kim Johnson, Sue Berens, Laurie Rico, Cindy Risnes, Joy Winberg, Carol Rinke.



1. During skit night, French Club members warm up before the mock football game with Osseo. 2. Rhonda Johanson smiles after completing a shorthand assignment. 3. Proudly displaying FLOEA candy during lunch is senior Cindy Risnes. 4. In their portrayal of native Frenchmen, Chris Schliesing and Corliss Robinson don French apparel and imbibe in a zesty French chablis.





Bicycle Race Begins French Club Action

After attaining a new adviser, Mrs. Sagstuen, the French Club showed new life. In the fall, two of the twenty club members participated in a French-style bicycle race on North Shore Drive sponsored by the French class. Other activities included spending a day at the Art Institute, having lunch at a French restaurant, and demonstrating folk dances at the junior highs.

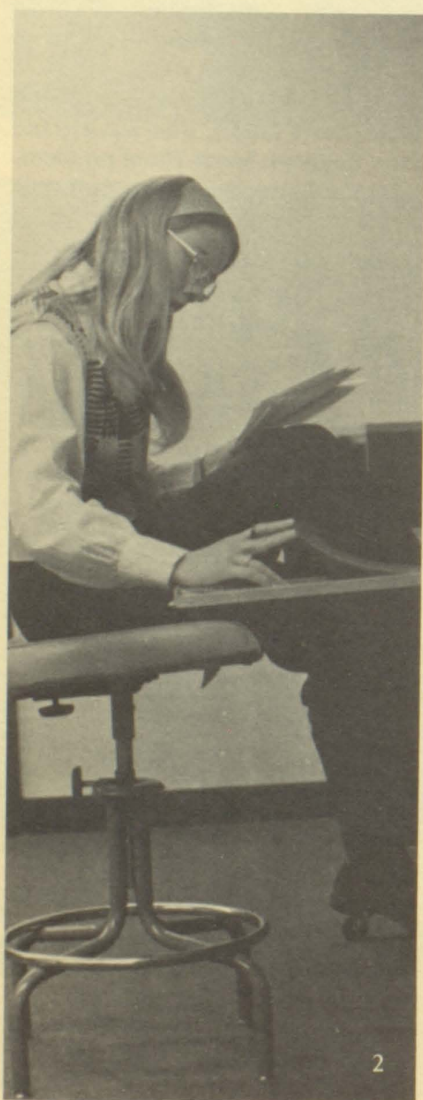
With their practical activities, FLOEA, Forest Lake Office Education Association, was busy throughout the year. In the fall, the club which consists of fifteen senior girls, sold candy for six weeks in the school cafeteria. Part of the money was used to send Sherry Olson, who was elected regional secretary, to the Radisson South Hotel on October 10 and 11 for the annual OEA convention.



ABOVE, FRENCH CLUB, TOP ROW: Ann Sergeant, Debbie Brisson, Leslie Strand, Shelly Muske, Chris Schliesing, Mrs. Sagstuen, Adviser; SECOND ROW: Laurie Liljenberg, Mary Cardinal, Merle Miller, Becky Allquist, Ann Lien; BOTTOM ROW: Debbie Alcock, Julie Pohl, Dawn Cincosky, Corliss Robinson.

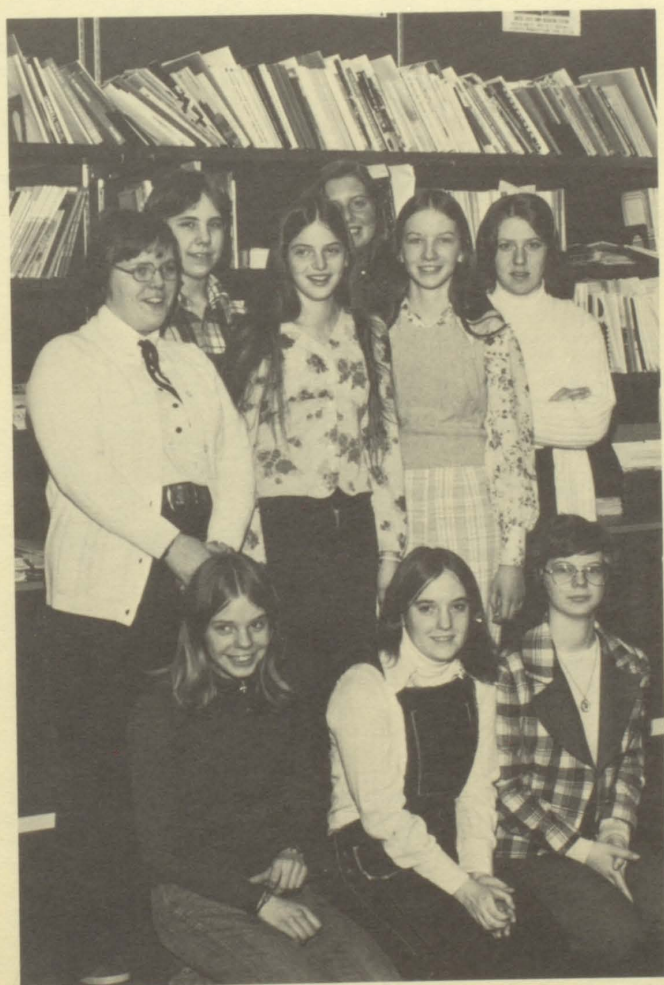
StudentAides Plan Offers Involvement

Four areas of the school enlisted student aide involvement. The first of these was the office, where 23 students assisted the secretaries. Their jobs were to deliver messages and office passes, pick up attendance lists and work at the counter. The three students on the audio-visual department crew helped plasticize items, make signs, collate and copy materials using the Abie Dick and Super Igor machines. Totalling 17, library aides continually reshelfed books, checked articles in or out and found magazines and books. Running errands, delivering guidance passes and filing kept the nine guidance office aides busy. Throughout the year the aides were much appreciated by their "employers."

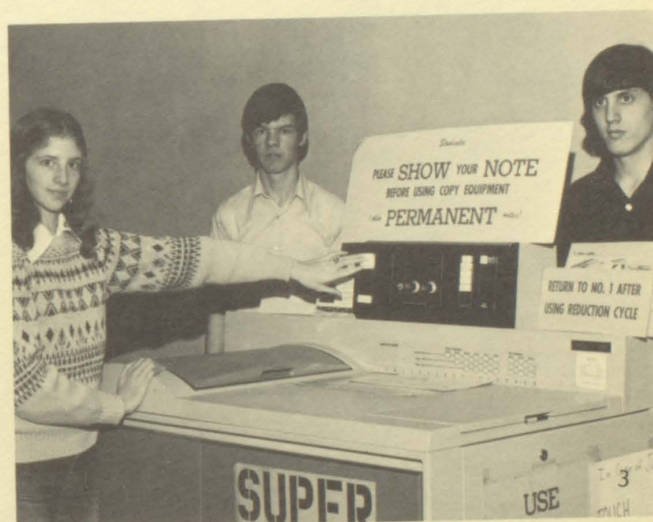


ABOVE, LIBRARY AIDES, BACK ROW: Jan Schloer, Joan Baesel, Betty Seaver, Lori Beatte; THIRD ROW: Becky Zaudtke, Stephanie McConnell, Anita Westover, Florence Saunders; SECOND ROW: Kim Hursh, Sue Gustafson, Rita Linz, Jane Houle; FRONT ROW: Jean Nelson, Debbie Raeder, Anne Rock, Cheryl Beck, Carol Hadlich.

BELOW, OFFICE AIDES, TOP ROW: Kathy Vanderbosch, Debbie Dorn, Roxanne Thompson, Laurie Gillespie, Denise Mackey, Dianna Merrill, Jessie Ryan, Cindy Olson, Cindy Kopp; SECOND ROW: Janet Mulvihill, Cheryl A. Johnson, Pam Kral, Cindy Lindquist, Kathy Banta, Stephanie Carter, Julie Vanderlac, Cathy Bahnmann; BOTTOM ROW: Phyllis Marier, Julie B. Erickson, Karen Kuntz, Chris Costello, Kathy Kroska, Carolyn Olson.



ABOVE, GUIDANCE AIDES, TOP ROW: Rita Dietz, Laurie Hughes, Wanda VanHorn; SECOND ROW: Colleen Olson, Sandy Johnson, Judy Halvorson; BOTTOM ROW: Debbie Bakke, Marie Selleck, Mary Matheson.

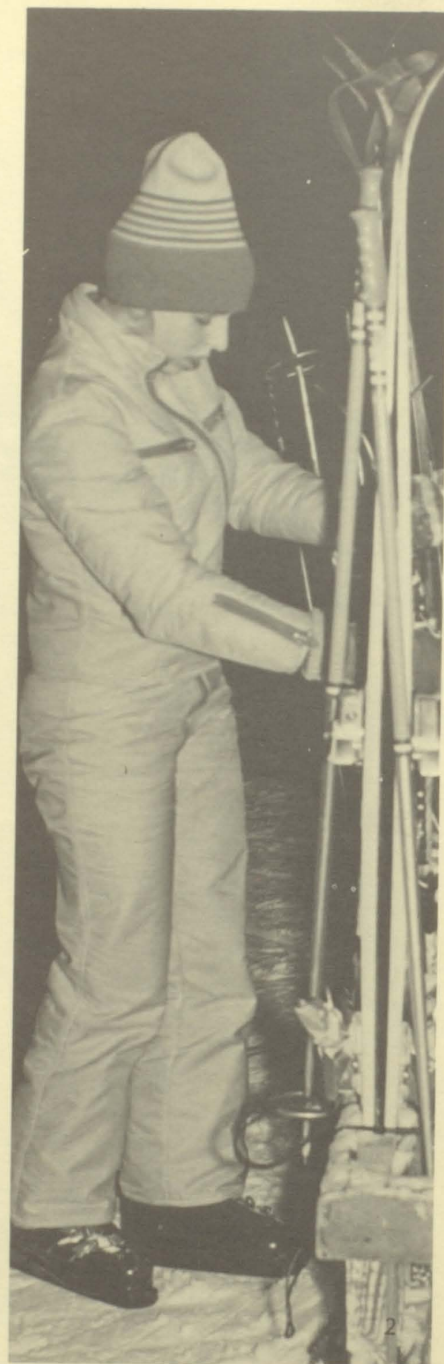


1. Joyce Peltier reshelves books in the library. 2. Making herself useful, Julie Booren helps in the office during her study hall. 3. Audio-Visual aides: Maureen Harley, Ron Boyer, Jeff Davis.

BELOW, HORSE CLUB: Anita York, Michelle L'Allier, Julie Saverda, Sue Manthey, Shonda Wagner.



1. Attired in English style, Anita York poses with her chestnut mount. 2. After an invigorating run down the slopes, Julie Pohl puts her skis away and decides to retreat to the chalet. 3. FL ski club members chat over refreshments in the cozy atmosphere of the chalet. 4. Gathering her equipment, Lora Navin prepares to load her skis on the bus after a long night of skiing.





Ski Club Members Visit Four Ski Areas

With four ski areas at which to enjoy pleasurable skiing, approximately 160 students joined in the fun on the slopes and in the chalet. The areas visited included Afton Alps, Snowcrest, Trollhaugen and Wild Mountain. Ski Club members learned techniques quickly, making the majority of the club intermediate skiers.

Taking a trip to Merrywood Stables last fall began Horse Club activities which included trail rides and lessons. The club's main project was to plan a spring horse show and broaden its interests to include bike riding and snowmobiling. Horse Club's name was changed to Ranger Equestrian Club, or REC.



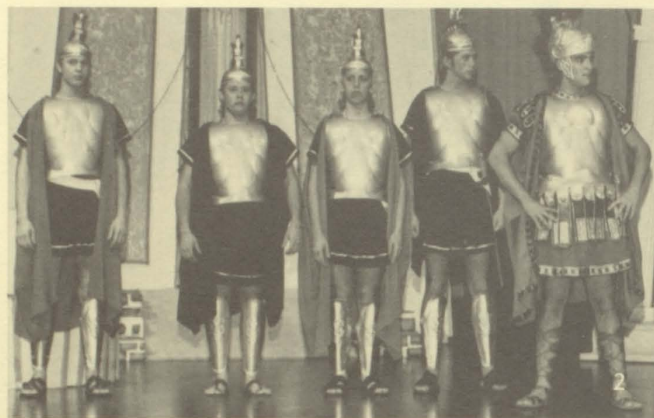
ABOVE, SKI CLUB, TOP ROW: Debbie Hudak, Lynett Lindberg; SECOND ROW: Mike Kapushinski, Dan Michaud, Brad Vadner, Brenda Berglund, Dave McLaughlin, Michele Pepin, Leslie Strand, Julie Lyksett, Dennis Johnson, Mindy Anderson, Todd Lewis, Chuck Seville, Kristi Kroska, Dallas Peterson, Julie Pohl, Lori Pohl, Cathy McLean, Lloyd Krohn, Lora Navin, Fran Svec, Richard Keller, Carol Hadlich, Corliss Robinson, Terry Tolzman, Robin Wiley, Cindy Nast, Connie House, Kathy Banta, Lori Anderson, Mrs. Wiley; BOTTOM ROW: Dave Lewis, Sally Thompson, Lee Ann Olson, Robin Rehbein, Merle Miller, Dawn Cincoski, Debbie Raeder, Brenda Banta, Carolyn Olson, Paula Anderson, Stephanie Carter, John Stright.

Stage Crew Accepts Technical Rewards

Involved members of FLHS theatrical productions, ranging from ushers to publicity men and from stage hands to stars, composed the 1974-75 Drama Club. They presented the fall musical and performed the one-act play in District 25 competition. At the annual spring banquet awards for outstanding performances were given and, for the first time, technical awards were bestowed upon deserving stage crew members.

By incorporating new techniques into Prolifique, staffs hoped to produce a diversified publication. New type and a modern format created a novel effect. Revolving around the theme "Reflections," the book consisted of student writings, photographs and artwork. Photographs of sculptures and jewelry were a new addition. A successful candy cane sale and 50's dance raised needed funds.

1. With a knowing look Pseudolus (Bucky Koch) explains to Hysterium (Tom Sommerfeld) how he'll go about gaining his freedom. 2. Soldiers stand at attention in the presence of Miles Gloriosus (Mark Boyd). 3. Gazing into space, Philia (Cindy Williams) smiles at thoughts of her lover. 4. On a picnic, Prolifique members sit on the rocks at Interstate Park.



ABOVE, PROLIFIQUE, TOP ROW: Mike Seaver, Luanne Timm, Shelley Patterson, Michele Johnson, Katie Mack, Photography Editor Colleen Schafer, Cathy Bahnemann, Karen Knight, Bruce Linz, Julie Pohl, Janet Lovejoy, Connie Peterson, Kim Hoekstra; BOTTOM ROW: Teri Korf, General Editor Wendy Deerly, Editor-in-Chief Laurie Liljenberg, Lynn Nelson, Sue Struble, Lisa Swan, Business Co-Editor Cindy Carstens, Cheryl Boyes, Business Co-Editor Kathy Kroska, Debbie Swenson, Roseann Jones.

BELOW, DRAMA CLUB, TOP ROW: Bruce Linz, Julie Pohl, David Barnes, Tom Pareigat, Lynette Baker, Diane Sausen, Sue Struble, Candice Weinkauf, Connie House, Ron Demarais, John Clifford, Debbie Swenson, Terri Michaud, Lisa Swan, Dan McConnell, Jeri Bedient; BOTTOM ROW: Adviser Karen Howe, Pat Seekon, Sue Peltier, Sue Gustafson, Rita Linz, Anne Ramaley, Sue Seekon, Jay Voelker, Chris Novak, Jan Gunderson, Dawna Lichtscheidl, Phil Tetrault, Julie Read, Cindy Williams, Wanda Van Horn, Gwen Koch, Connie Peterson, Bucky Koch, Sue Barott, Connie Frost, Cindy Carstens.



1. Working diligently to put out the next issue of the Breeze are staff members Cindy Williams and Julie Booren. 2. Sue Struble responds to a morning greeting in front of the Breeze room. 3. Taking time off from her busy schedule, Connie Peterson enjoys a moment of solitude. 4. While standing in the Breeze room, Kevin Sternberg loads his camera for another round of pictures.

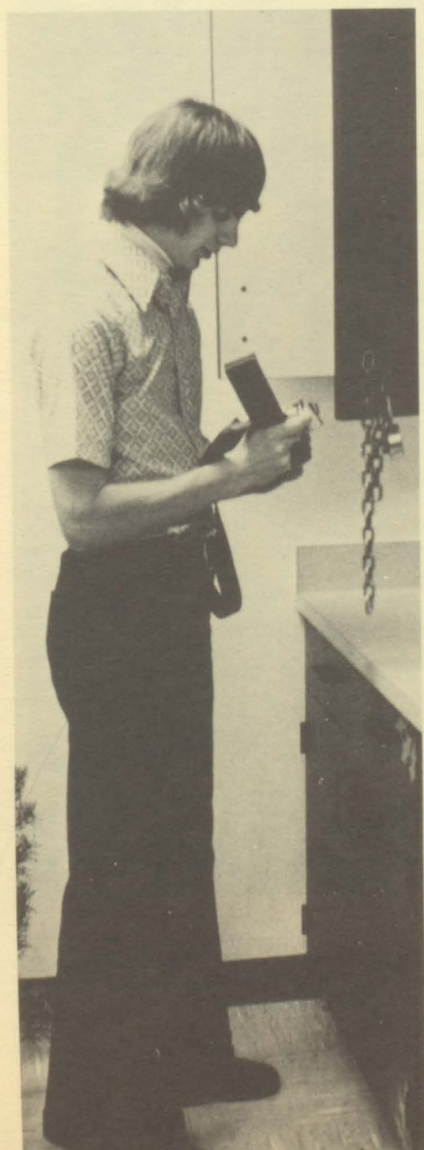


ABOVE, BREEZE, TOP ROW: Jodi Polzin, Julie Booren, Pat Seekon, Gayle Johnson, Cindy Williams, Michele Johnson, Chris Nelson, Ken Cakebread, Adviser Ralph Streater; SECOND ROW: Kathy Kroska, Donna Trombley, Shelley Manders, Kris Berggren, Sue Vadner, Anne Ramaley, Kim Hoekstra, Connie Peterson, Cindy Carstens, Sally Thompson, Ron Demarais; BOTTOM ROW: Debbie Swenson, Bruce Linz, Linda LaCasse, Mary Roberts, Kris Nelson, Roberta Iverson.



Breeze Editors Visit Summer Workshop

With the experience and knowledge gained at the U of M summer workshop, Breeze editors explored new concepts and topics for coverage. To acquaint the student body with new teachers, Breeze dedicated two extra pages to the faculty. New outlooks also expanded the paper in special issues that were up to twelve pages in length. Breeze members were disappointed when the dance they had planned was cancelled due to teacher contracts; they hoped to sponsor one after contracts were settled. Student journalists gained first hand experience at newspaper reporting by gathering information on subjects chosen by the editors. After the editors revised the copy for publication, the paper was sent to the printers. The Breeze helped keep students informed of the current events at school.



ABOVE, BREEZE EDITORS, TOP ROW: Roberta Iverson, Cindy Williams, Cindy Carstens, Shelley Manders, Sue Vadner, Michele Johnson, Kevin Sternberg; BOTTOM ROW: Mary Roberts, Adviser Ralph Streater, Linda LaCasse.

BELOW, PHOTO STAFF, TOP TO BOTTOM: Anne Ramaley, Steve Ber-
ven, Assistant Editor Gayle Johnson, Editor Anne Johnson, Sue Barott,
Luanne Timm, Merry Richards, Ken Cakebread.

New Adviser Rallies "75" Forester Staffs

Trying to represent the spirit of the 74-75 school year, Forester staff members worked up to eight hours a day during deadlines. With the fresh ideas of a new adviser, Carleen Onell, all staffs cooperated to create an imaginative book. The layout staff perfected last year's styles and added artwork to the book. Because of the larger student body, photo staff was not able to use as many candid, but they enhanced those they had by using special effects. To involve more students, copy staff conducted student opinion polls and worked on a "bridges" theme. Business staff initiated third and sixth page ads. Due to inflation, concessions staff raised their prices. To provide equal representation for girls' sports, hockey and a larger student body, the book was expanded by 16 pages. Dedication, determination and a fresh outlook helped to produce a better yearbook.



ABOVE, COPY STAFF: Sue Seekon, Alice Waller, Shelley Patterson, Mike Hart, Julie Timm, Assistant Editor Jesse Preiner, Debbie Swenson, Laurie Liljenberg, Julie Schmidt, Blake Benson, Lynn Nelson, Randy Avery, Editor Becky Glassel, Wendy Deerly.



1. While reviewing photographs for the year-
book, Anne Ramaley and Sue Barott smile
over a humorous picture.

BELOW, CONCESSIONS STAFF: Dan McConnell, Debbie Swenson, Robin Wiley, Corliss Robinson.



BELOW, LAYOUT STAFF, TOP ROW: Karla Brungardt, Julie Pohl, Co-Editor Betty Bender, Co-Editor Joni Summers, Denise Mackey; BOTTOM ROW: Bonnie Mader, Monica Pariegat, Pam Mateer, Kitty Mattson, Vicki Fast.



ABOVE, BUSINESS STAFF: Jean Sullivan, Jan Schloer, Betty Seaver, Michele Johnson, Editor Dee Johnson, Bruce Linz, Debbie Swenson, Dawn Orvis.

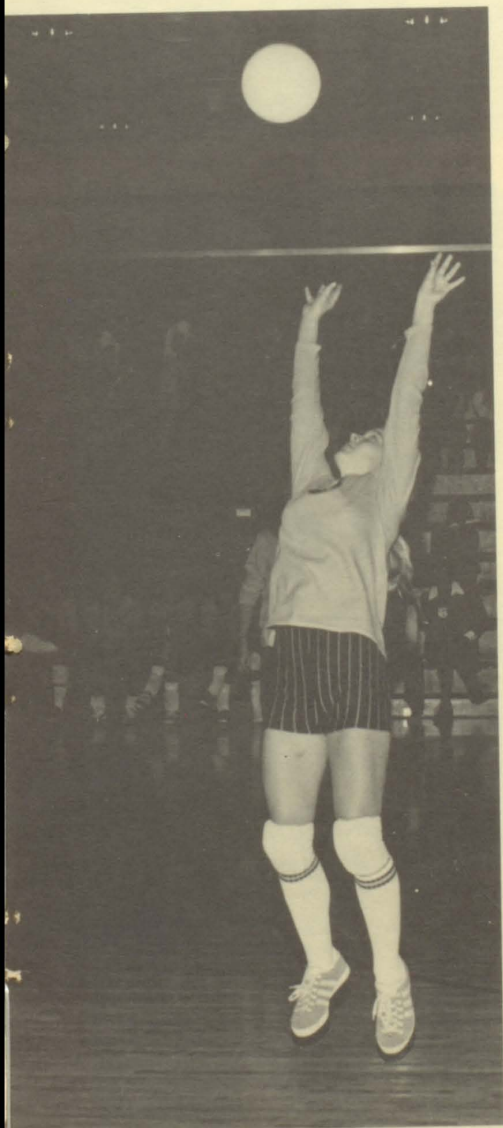
BRIDGES INSIDE OURSELVES



Friendship, happiness and achievement in careers or athletics are some of the goals we as students may set for ourselves. Our friends, our work and our activities help us develop the attitudes and values that determine these goals. We, as individuals, decide the roles we will perform in the groups with which we become involved. Our school provides us with opportunities to construct these important bridges inside ourselves.



1. Does our school make robots into individuals or individuals into robots?
 - Robots into individuals 14%
 - Individuals into robots 49%
 - No opinion 37%
2. In your opinion, is the individual or the group most important?
 - Individual 66%
 - Group 26%
 - No opinion 8%
3. Do you consider yourself a leader of a follower?
 - Leader 27%
 - Follower 43%
 - No opinion 30%
4. How do you measure success?
 - Personality Development 22%
 - Achievement of Goals 20%
 - Happiness 19%
 - Friendship 15%
 - Money 11%
 - Other 13%
5. Does our school help you to pursue this personal goal?
 - Yes 51%
 - No 39%
 - No opinion 10%



Class of '75 Spends Final Days Together

After three months of summer vacation, the senior class confidently returned to complete their last year at FLHS. The class showed more enthusiasm than in previous years as they met to decide on graduation speakers, announcements, class colors, motto, flower and colors of caps and gowns. November 1 was the first Senior Masquerade Party. Dressed up to compete for Halloween prizes, the seniors danced to the sound of "Rockinghorse" and enjoyed refreshments in the cafeteria. The most popular activity during Senior Week was the slave auction. Remembering the embarrassment they suffered the year before, seniors gladly paid for their junior slaves. Meeting together, making preparations for graduation and realizing that this was their last year brought the seniors closer together. On June 6, seniors picked up their diplomas, sharing their last moments as a class together.



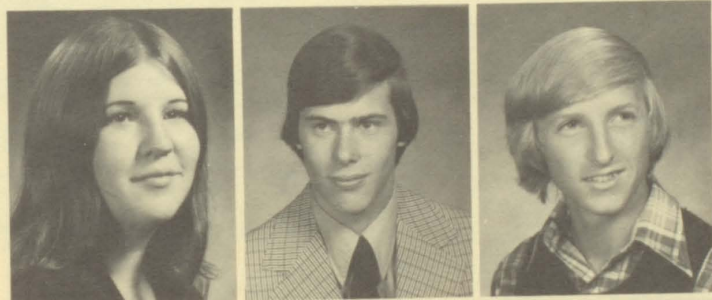
1. Concentrating on their projects in Related Crafts are four senior girls. 2. Queen Joni Summers is introduced during half-time at the Homecoming game. 3. Exhibiting their exuberance over being elected Senior Class officers are Jill Briggs, Treasurer, Gayle Johnson, Secretary, Lynn Nelson, President and John Petersen, Vice President. 4. Senior initiate Dan Goiffon performs the menial task of dusting in response to a letterman's command.



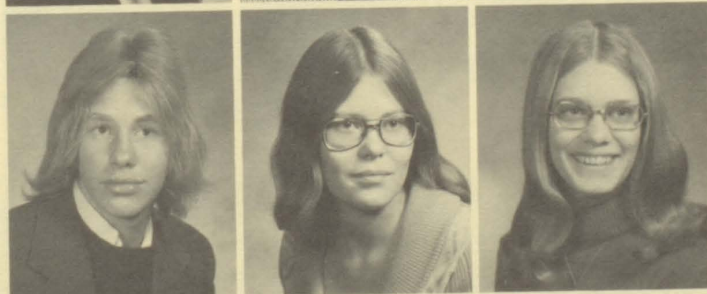
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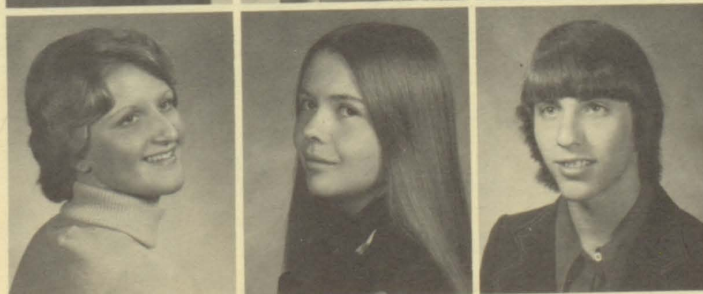
4



KATHY ABLEMAN; RANDY ABRESS; JOHN ALLAN, Debate ... 2, Lettermen's Club ... 1, Boys' Track ... 2, Cross Country ... 1, Hockey ... 1, National Honor Society.



JOHN ANDERSON, Wrestling ... 3; SUSAN ANDERSON; SUE M. ANDERSON.



VALERIE KAY ANDERSON, Choir ... 1, Ski Club ... 3, GAA ... 1, Gymnastics ... 1, Manager, Pep Club ... 1; JANET ARENDT; JOHN ARTH.

RICHARD ASHBACH; THOMAS BAKKE, Baseball ... 2, Football ... 2; KATHY BANTA, FFA ... 1, FHA ... 3, President, Girls' Chorus ... 3, Pep Club ... 1, Student Aides ... 1, "A Funny Thing Happened on the Way to the Forum."

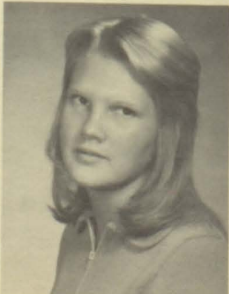
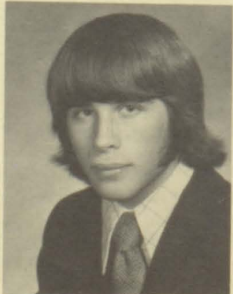
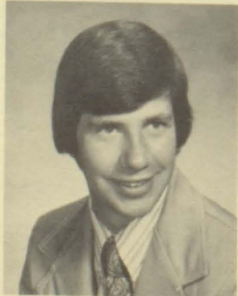
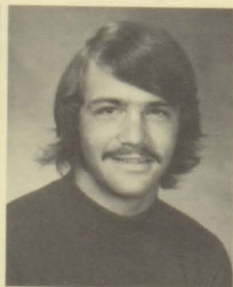
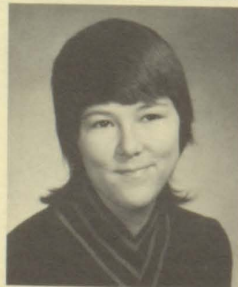
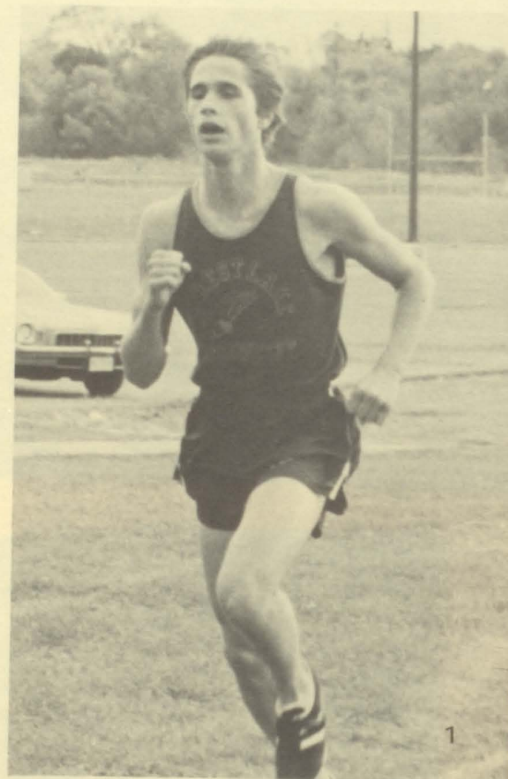
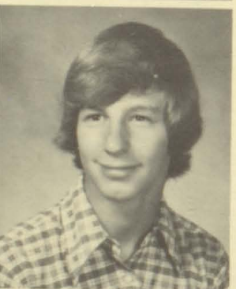
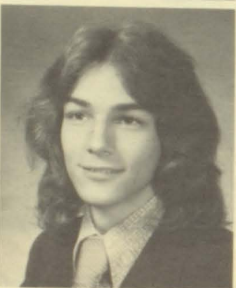
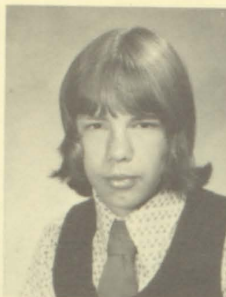
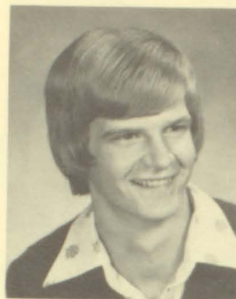
KATHRYN JO BARNES, Girls' Chorus ... 3, Student Aides ... 1, Volleyball ... 1.

THOMAS BAROTT.

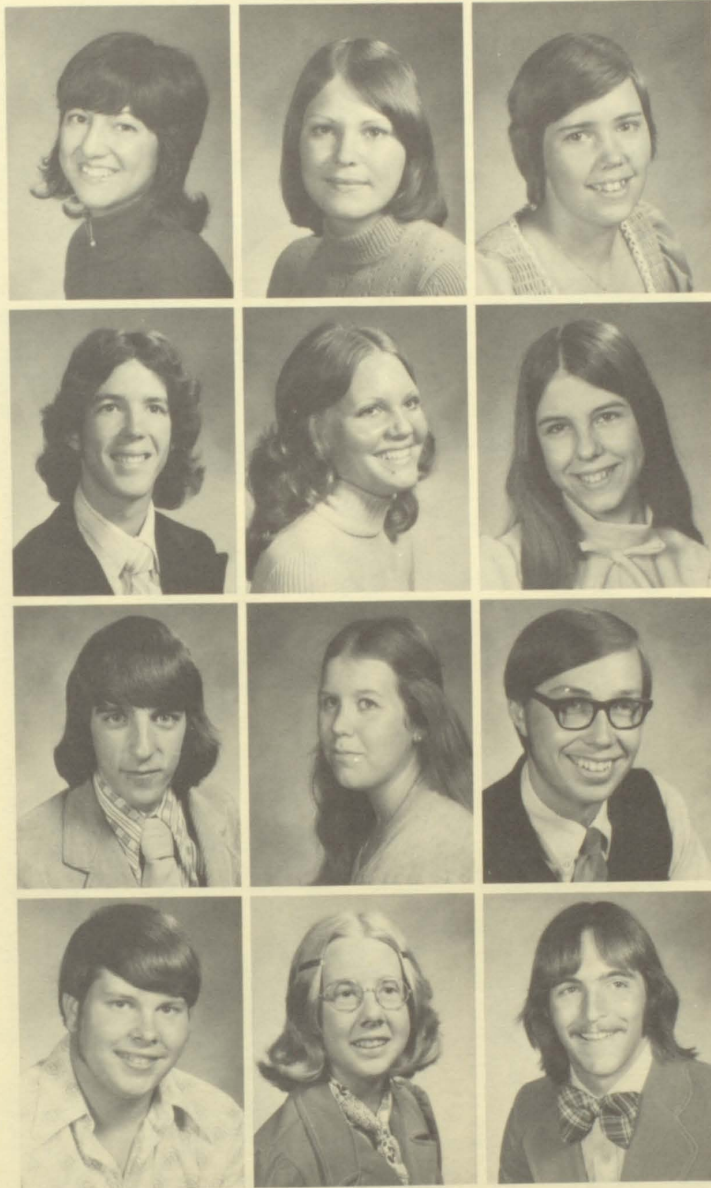
SCOTT BARREN.

CAROL BAXTER, Girls' Basketball ... 3, Volleyball ... 2; MIKE BECK, Boys' Track ... 3; BETTY BENDER, Choir ... 2, Debate ... 2, Declamation ... 3, Drama Club ... 3, Forester ... 2, Layout Co-Editor, French Club ... 2, Secretary Treasurer, Girls' Chorus ... 1, Prolifique ... 2, Ski Club ... 3, Student Council ... 1, "Arsenic and Old Lace," "Diary of Anne Frank," "Once Upon a Mattress," "You're A Good Man, Charlie Brown," National Honor Society.

NATHAN BENOY, Band ... 3, Breeze ... 1, Pep Band ... 3, Prolifique ... 1; BLAKE BENSON, Band ... 3, Forester ... 1, Lettermen's Club ... 2, Pep Band ... 1, Boys' Basketball ... 3, Football ... 2, "A Funny Thing Happened on the Way to the Forum," Homecoming King Candidate, Sophomore King Candidate, National Honor Society; CHERYL BENSON, Girls' Chorus ... 3, Vice President, Ski Club ... 2, Pep Club ... 1, GAA ... 1.



Seniors Choose Colors, Motto, Flower



SUSAN BERENS, FLOEA, Ski Club ... 3, Girls' Track ... 1; KRISTEN BERGGREN, Band ... 1, Breeze ... 1, Forester ... 1, Ski Club ... 1, Spanish Club ... 1, GAA ... 2; SANDY BERGLUND, FHA ... 1, Girls' Chorus ... 1, Student Aides ... 1.

STEVE BERVEN, Band ... 3, Breeze ... 2, Forester ... 1, Pep Band ... 3, Ski Club ... 3; LINDA BLACKBIRD, Girls' Chorus ... 2, Ski Club ... 1, Student Aides ... 1, GAA ... 2, Girls' Basketball ... 3, Co-Captain, Volleyball ... 3; CINDY BLAESER, Horse Club ... 2, Spanish Club ... 1.

BOB BOEHM, Ski Club ... 3, Student Aides ... 1, Baseball ... 1; LIANE M. BOEHM, Choir ... 3, Drama Club ... 1, Madrigal ... 1, GAA ... 2, Girls' Basketball ... 1, Manager, "Once Upon a Matress;" TOM BOESEL.

KEVIN BOMBARD; JULIE BOOREN, Breeze ... 2, Student Aides ... 2, GAA ... 2, National Honor Society; MARK L. BOYD, Transfer from Joplin High School, Breeze ... 2, FFA ... 2, Lettermen's Club ... 2, Student Council ... 1, Boys' Track ... 1, Football ... 1, "A Funny Thing Happened on the Way to the Forum."



1. Nearing the end of his cross country run is an exhausted Will Montzka. 2. Students listen and take notes during a lecture in a class of the U.S. and the World.

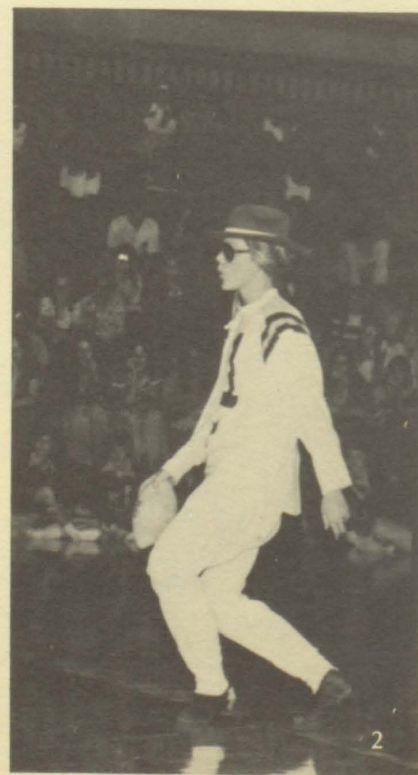
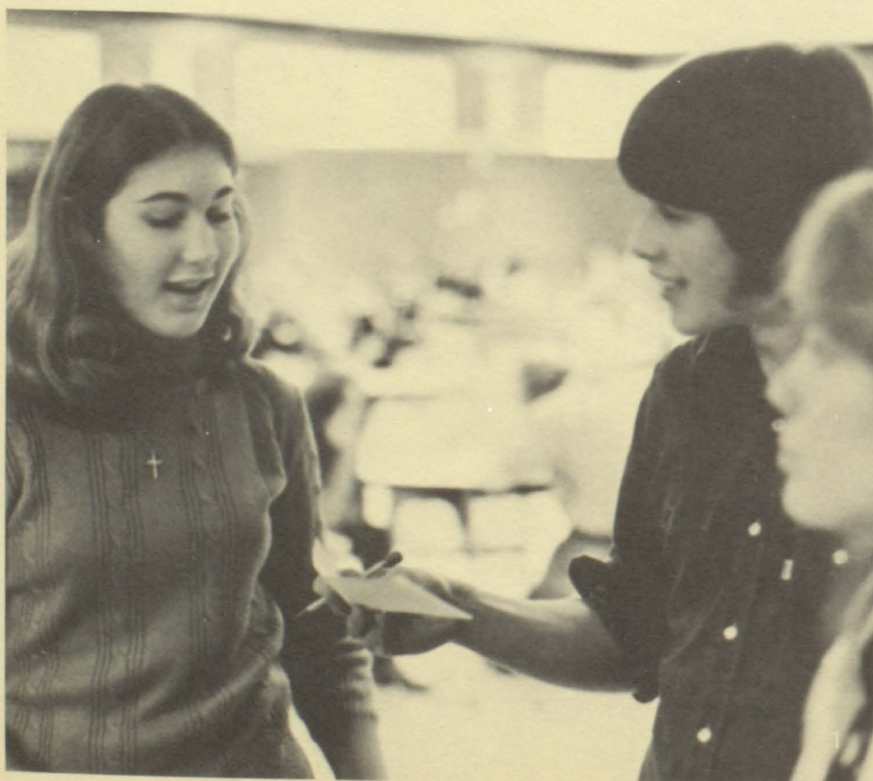
Class of '75 Dominates FLHS Activities

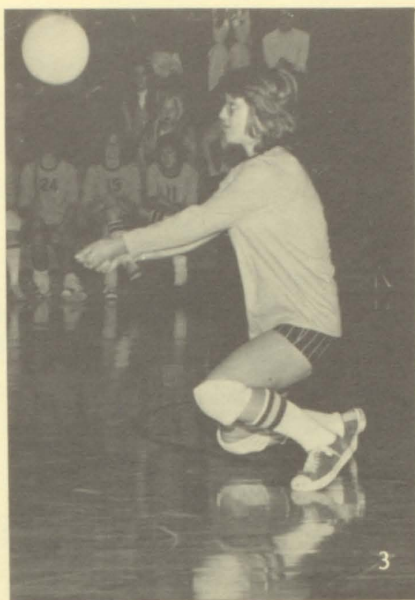
CHERYL BOYES, Band ... 1, Prolifique ... 1; JILL BRIGGS, Band ... 3, Pep Band ... 3, Ski Club ... 1, Student Council ... 2, Volleyball ... 3, Tri-Captain, Senior Class Treasurer, Sophomore Queen, Homecoming Queen Candidate, National Honor Society; VICKI BRUDER, Student Aides ... 2, Volleyball ... 3.



JESS BUSKE; GAIL BUYS, Breeze ... 1, Cheerleaders ... 1, FLOEA, Girls' Chorus ... 1, Student Council ... 3, Sophomore Queen Candidate; KEN CAKEBREAD, Breeze ... 1, Choir ... 1, Forester ... 1, Wrestling ... 1.

CARLA CARLSON, Choir ... 2, Girls' Chorus ... 1; PAUL CARLSON; JODY CARPENTER, Band ... 3, Pep Band ... 3, National Honor Society.



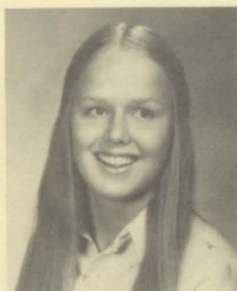


CYNTHIA (CINDY) CARSTENS, Breeze ... 3, Circulation Editor, Drama Club ... 3, Forester ... 1, Prolifique ... 2, Business Co-Editor, Speech Choir ... 1, Student Aides ... 2, Student Council ... 1, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace," "Balcony Scene," "Diary of Anne Frank," "Once Upon a Mattress," "Plaza Suite," "You're a Good Man, Charlie Brown."



LANCEY CHEESEBROUGH.

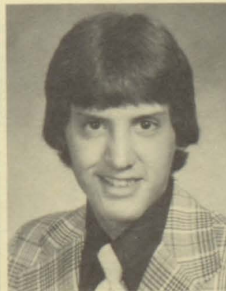
CATHERINE KIMBERLY (KIM) CHENOWETH, Pep Club ... 1, Ski Club ... 3, Girls' Basketball ... 2; LYNN CRAIG, FHA ... 2, Forester ... 2, French Club ... 1, Spanish Club ... 2, Student Aides ... 1, Volleyball ... 1, National Honor Society; REBECCA CRUM, FLOEA, Girls' Chorus ... 3.



CINDY DAHLIN; TIM DAILY, Breeze ... 1, Football ... 1, Hockey ... 2; BARBARA JEAN DAMCHIK, Breeze ... 3, Declamation ... 2, Spanish Club ... 3, Volleyball ... 1.



CINDY DANINGER, Ski Club ... 1, "You're a Good Man, Charlie Brown;" MARGARET DANINGER, Choir ... 2, FHA ... 1, Girls' Chorus ... 1, Ski Club ... 1, National Honor Society; JEFF DAVIS, FFA ... 3, Student Aides ... 3, Baseball ... 1, Football ... 1.



1. As Gayle Johnson looks on disbelievingly, Blake Benson proudly displays his cap measurement. 2. Barb Mickelson, portraying the Lone Ranger, entertains fans at Skit Night. 3. Waiting for an enemy spike, Vicki Bruder gets into a bumping position.



WENDY CAROLYN DEERLY, Drama Club ... 1, Forester ... 2, Prolifique ... 1, Assistant General Editor, GAA ... 1, "You're A Good Man, Charlie Brown;" TERI DENT, Choir ... 1, Drama Club ... 2, FFA ... 1, FHA ... 1, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace;" CINDY DICKSON.

MARY DOLAN, Girls' Chorus ... 1, Ski Club ... 2, Student Aides ... 1, Student Council ... 1, GAA ... 1; LARRY DONAGHUE, Transfer from St. Paul Park High School, FFA ... 2; JANE DONOVAN, Cheerleaders ... 2.

DEBORAH DORN, Girls' Chorus ... 3, Pompon Girls ... 1, Prolifique ... 1, Student Aides ... 1, Girls' Tennis ... 1, "A Funny Thing Happened on the Way to the Forum;" GERI DUBAY; DOUGLAS DUMIRE.

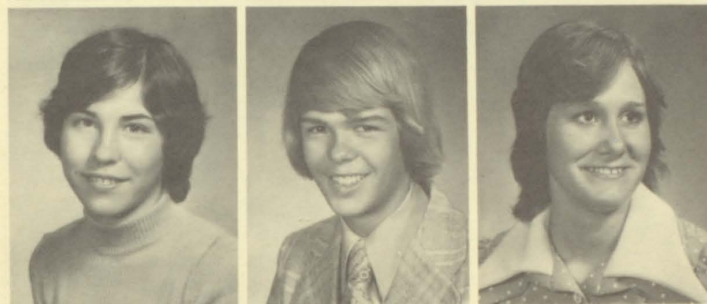
KERMIT EDSTROM; KAREN ELLERTSON, Chess Club ... 1, Choir ... 1, Girls' Chorus ... 1; VERNON ELSNPETER.



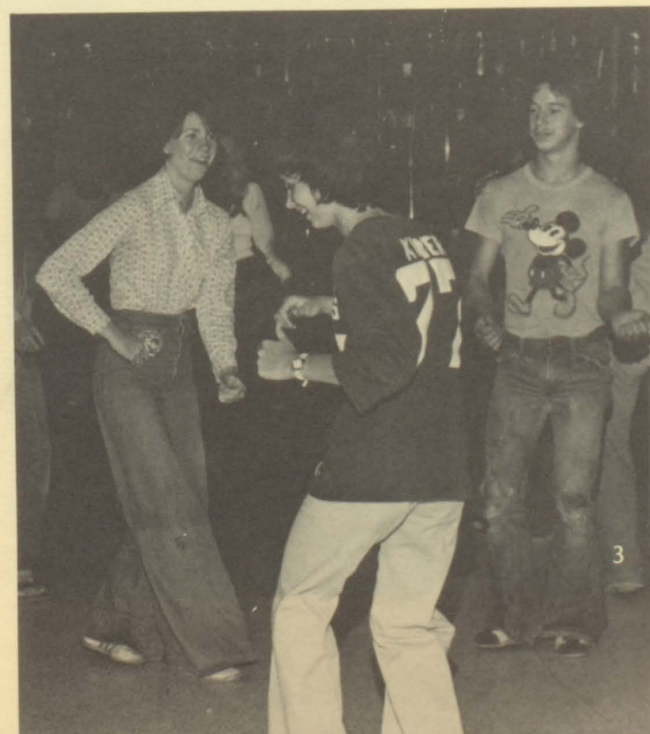
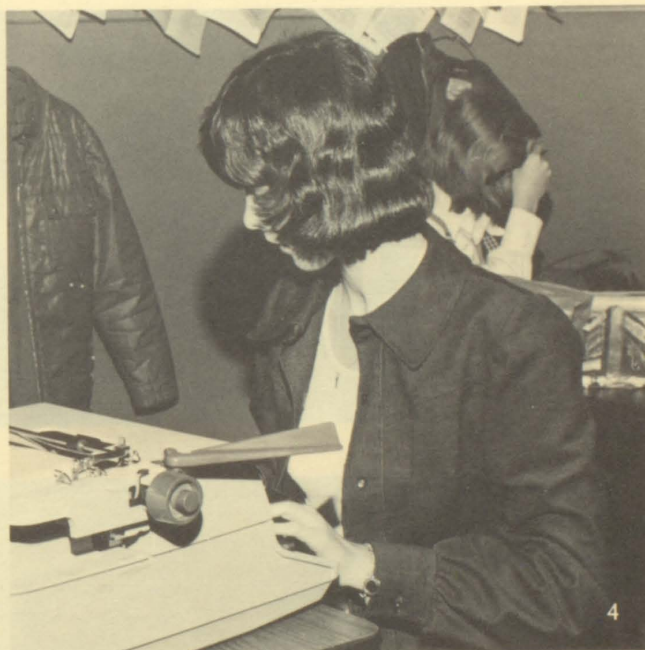
Seniors Bloom With Lilies of The Valley



SUSAN ENSRUD, Choir ... 1, Girls' Chorus ... 1, Ski Club ... 3, Girls' Tennis ... 2, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace;" GALE ERKENBRACK, Girls' Chorus ... 1, Ski Club ... 1; CAROL ERMATINGER.



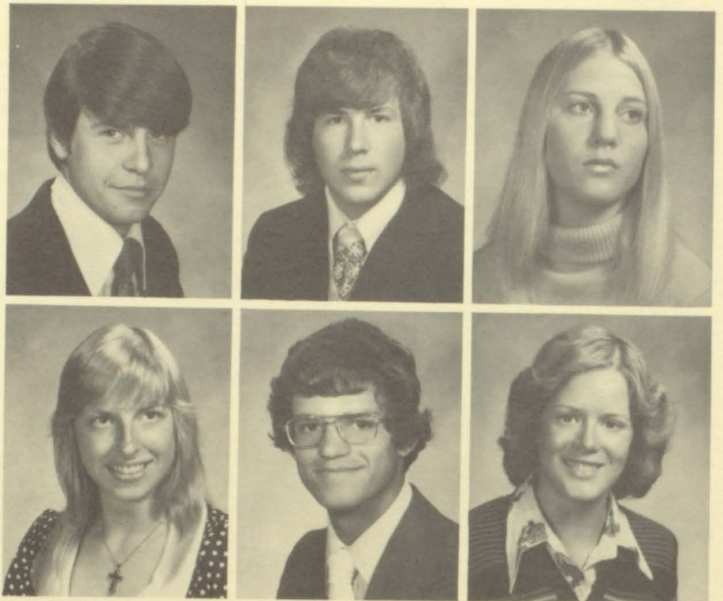
JANET FABER, Transfer from Stevenson High School, FHA ... 2, FLOEA, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace;" DAN FALTISEK, Ski Club ... 1; VICKI FAST, Band ... 3, Choir ... 1, Forester ... 1, Pep Band ... 2, Pep Club ... 2, Girls' Tennis ... 1, GAA ... 2.



1. Art students work on the potter's wheel during class. 2. As they work on their ceramics projects, seniors Denise Mackey and Debbie Hough make finishing touches. 3. Enjoying the music at a high school dance are seniors Karen Rolseth, Kim Hoekstra and Joe Sam. 4. Cindy Williams prepares an article for the Forest Breeze.

Upperclassmen Swap Senior Pictures

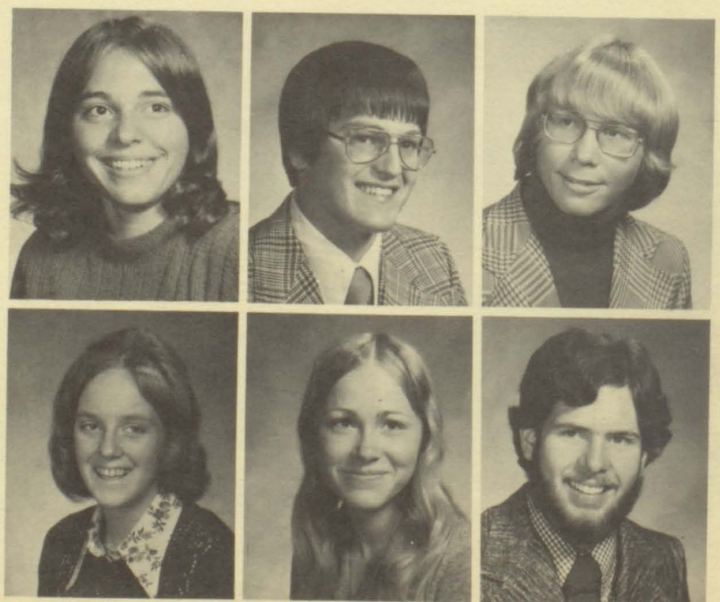
MARK FAYMOVILLE; JOHN FEDJE; LAURIE FLAHERTY, Band ... 1.



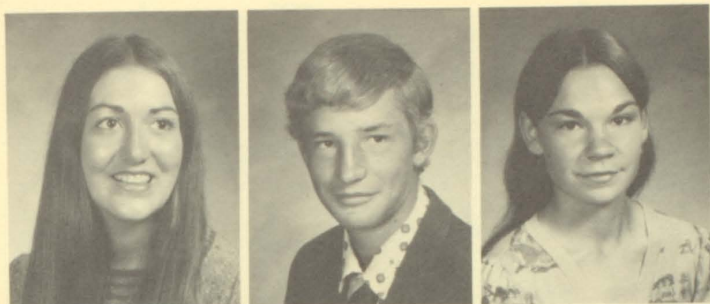
DEBRA FLORHAUG; DANIEL FRANTA, Lettermen's Club ... 3, President, Baseball ... 3, Tri-Captain, Boys' Basketball ... 3, Football ... 3, Tri-Captain, Homecoming King Candidate, National Honor Society; KAREN GAUGHAN, Cheerleaders ... 2, Drama Club ... 1, Ski Club ... 3, Spanish Club ... 1, GAA ... 3, Girls' Track ... 2, Gymnastics ... 3, "A Funny Thing Happened on the Way to the Forum."



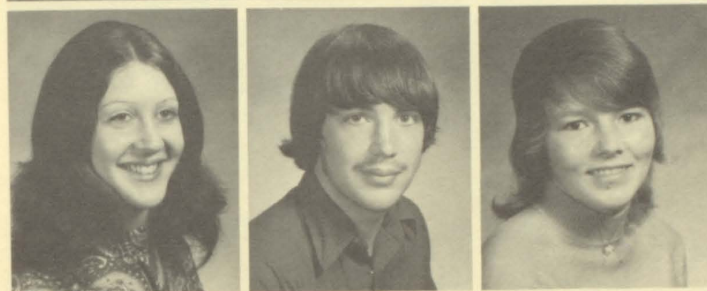
LESLIE GENIN, Transfer from Harding High School, Ski Club ... 1; NORMAN GESSLER; RANDY GESTSON, Lettermen's Club ... 2, Baseball ... 3, Tri-Captain, Football ... 3, Wrestling ... 3, Homecoming King Candidate.



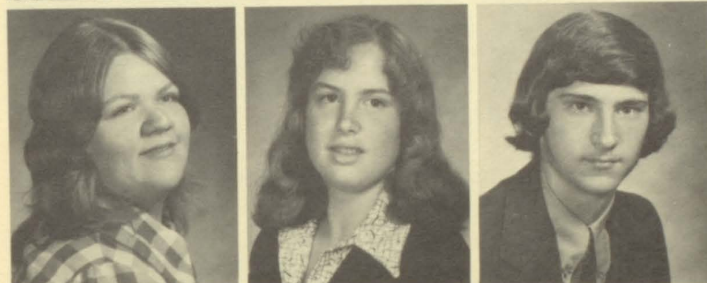
JOANN GILLESPIE, Student Aides ... 1; BECKY GLASSEL, Forester ... 2, Copy Staff Editor, National Honor Society; JOE GLAUBITZ, Ski Club ... 1, Baseball ... 1.



JERI GOFF; DAN GOIFFON; CINDY GOOD, Band ... 2, FHA ... 2, Recreation Leader, Flag Corps ... 1, GAA ... 1.

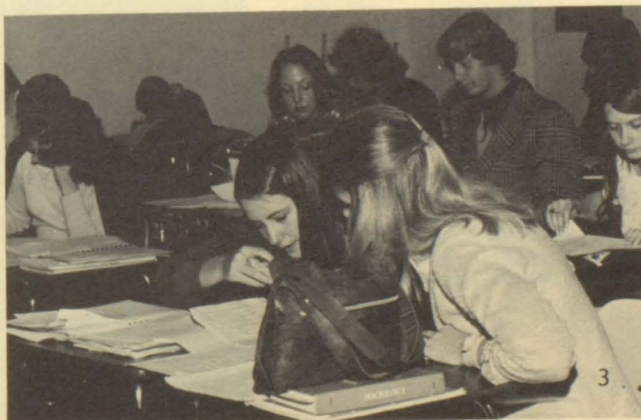


DAWN GOODELL, Choir ... 3, Girls' Track ... 1; MARK GOODRICH; LOIS JEAN GOSS, Girls' Chorus ... 2, Student Aides ... 2, GAA ... 1, Girls' Basketball ... 2, Volleyball ... 1.



HEIDE GOTTWALDT; NANCY GRANGER, Chess Club ... 2, Choir ... 3, Horse Club ... 1, Student Aides ... 1, GAA ... 1, Girls' Basketball ... 1; THOMAS GRINDBERG, Band ... 3, Lettermen's Club ... 2, Pep Band ... 2, Baseball ... 2, Manager, Cross Country ... 1, Manager.

SUE GROTHE, FLOEA.



1. During the Powder Puff Football game senior girls watch the action on the field. 2. Dressed as a hospital escapee, Merry Richards enjoys music at the Senior Masquerade. 3. Consulting each other about a Sociology assignment are two senior girls.

RANDY GRUBBS; AUDREY M. GRUBER; GARY GRUBER.

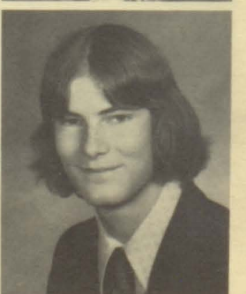
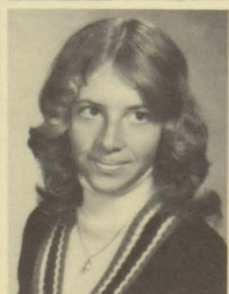
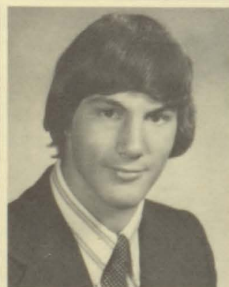
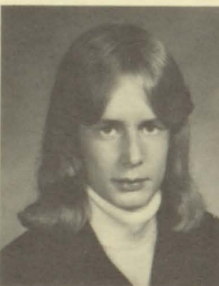
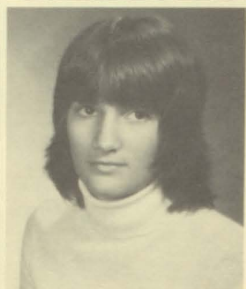
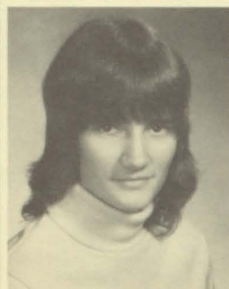
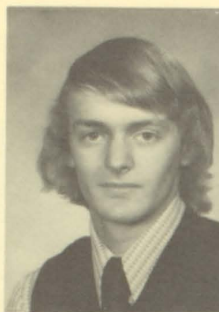
BARB GUNDERSON, Student Aides ... 2; LAURIE GUSTAFSON;
LINDA GUSTAFSON, French Club ... 2, Ski Club ... 3, GAA ...
3, Girls' Basketball ... 3, Volleyball ... 3.

JEFF HAGEN; CHRIS HAHN, Transfer from Kellogg High School;
JONI HAHN, Ski Club ... 1.

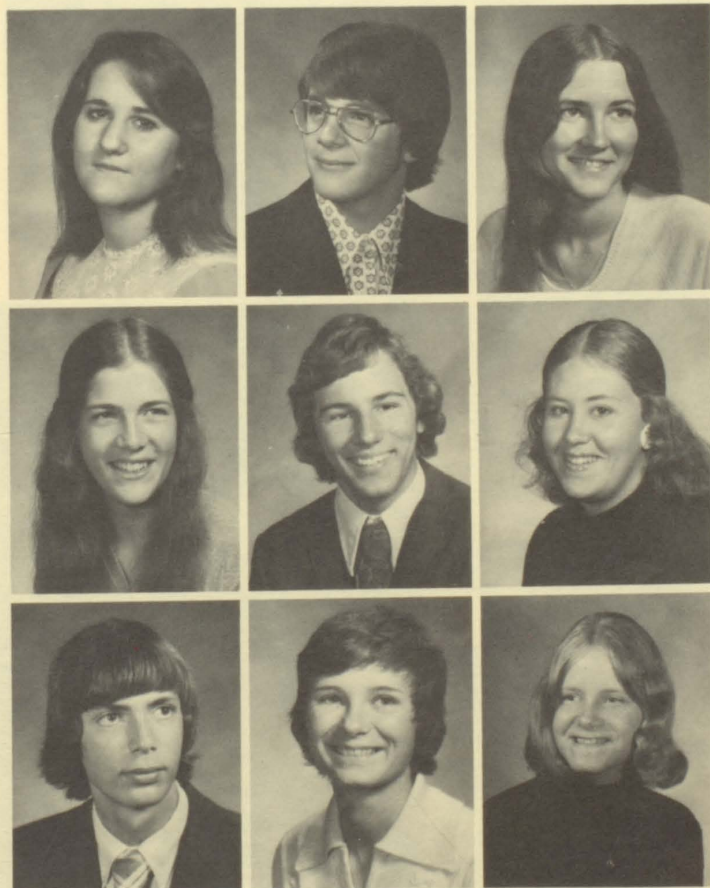
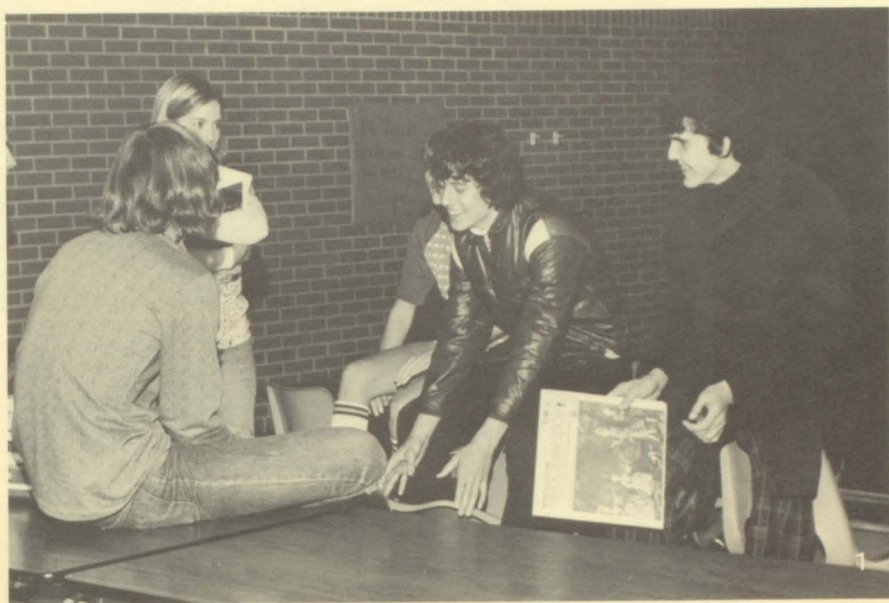
RICHARD HALVORSON; JIM HAMILTON, Ski Club ... 1, Base-
ball ... 2, Football ... 2, Wrestling ... 2, Sophomore Treasurer,
Sophomore King Candidate; SUE HANLEY, Girls' Chorus ... 2,
GAA ... 1, Gymnastics ... 2.

LORNA HANSEN, Girls' Chorus ... 1, Secretary, Ski Club ... 2,
Pep Club ... 1, Secretary, GAA ... 1; MAREN HANSEN, Breeze
... 1, Choir ... 3, Drama Club ... 1, Flag Corps ... 1, Ski Club
... 2, GAA ... 1, Gymnastics ... 1, "A Funny Thing Happened on
the Way to the Forum," "You're A Good Man, Charlie Brown;"
JULIE HANSON, Ski Club ... 1, Pep Club ... 1, GAA ... 2.

DAVID JACOBS; MAUREEN HARLEY, FFA ... 1, Student Aides
... 2; THOMAS HARRER, Transfer from Washburn High School,
Choir ... 2.



Seniors Treasure Yesterday's Memories



ANNETTE HARVEY; JOHN HASTINGS, FFA ... 2, Ski Club ... 3; KATHY HAVENS.

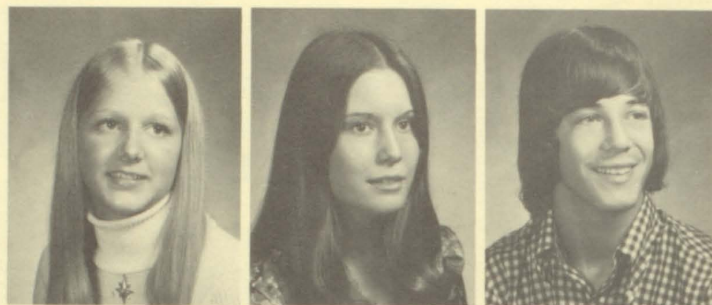
MARILYN HAZELTON, Girls' Chorus ... 1; JEFF HEATH, Aardvarks ... 1, Hockey ... 1; SANDY HESS, Breeze ... 3, Drama Club ... 1, Forester ... 2, Girls' Chorus ... 1, Prolifique ... 3, Student Aides ... 1, Pep Club ... 2, "Once Upon A Mattress."

GEOFF HIBBISON, Breeze ... 1, Baseball ... 3, Boys' Basketball ... 3, Captain; KIMMER HOEKSTRA, Band ... 3, Breeze ... 1, Pep Band ... 3, Prolifique ... 1, Ski Club ... 1, Co-President, Student Council ... 3, President, GAA ... 3, Girls' Basketball ... 1, Girls' Tennis ... 3, Girls' Track ... 2, Homecoming Queen Candidate, Sophomore Class President, Sophomore Queen Candidate, "A Funny Thing Happened on the Way to the Forum," "Once Upon A Mattress;" ELLEN HOLZCHUH.

1. After a hard day at school seniors enjoy a moment of relaxation. 2. Craig Rylander shows determination in a 3-mile run for the Rangers.

Class of '75 Initiates Masquerade Party

DEBORAH HOUGH, Ski Club ... 2, GAA ... 1, Gymnastics ... 1;
LAURA HOULE; DAN HOUSE.



LAURIE HUGHES, Ski Club ... 3, Pep Club ... 1, Student Aides ... 2; TIMOTHY HUSNIK, Debate ... 1, National Honor Society;
HOWARD IMMEL, Football ... 1.



JONI JARRETT, Chess Club ... 1, Choir ... 2, FLOEA, Historian, Prolifique ... 1; STEPHEN JOACHIM; RHONDA JOHANSON, Choir ... 2, FLOEA, Vice President, Girls' Chorus ... 1.

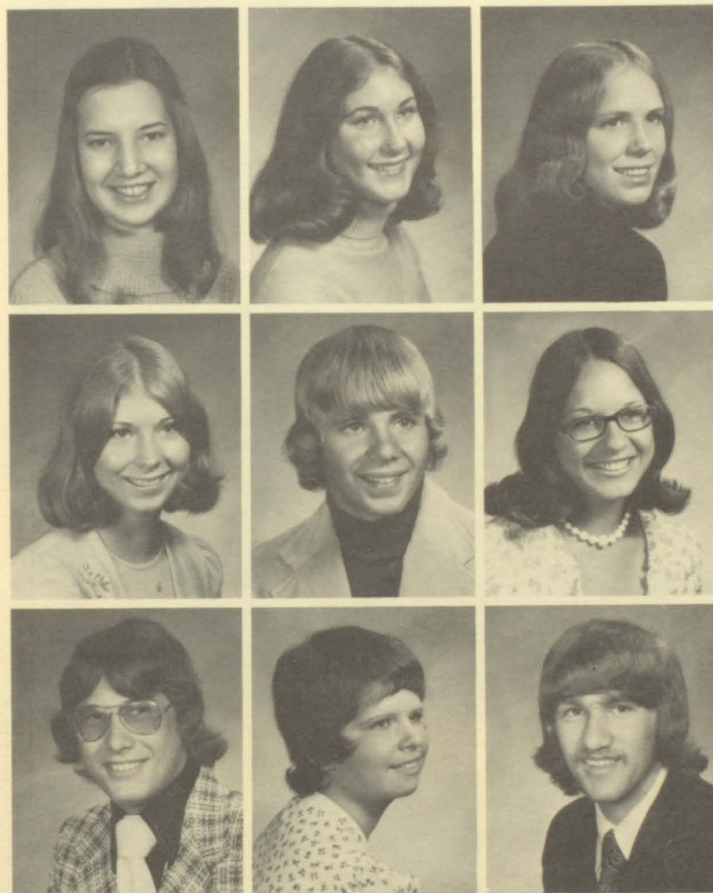


ANNE JOHNSON, Band ... 3, Band Council, Debate ... 2, For-
ester ... 2, Photography Editor, Pep Band ... 2, Pep Club ... 1,
Ski Club ... 2, GAA ... 2, National Honor Society, Girls' Tennis ... 2, Girls' Track ... 2, Gymnastics ... 2.



CHRISTINE JOHNSON, Breeze ... 2, Girls' Chorus ... 2, Prolifique ... 2, Ski Club ... 2, Girls' Basketball ... 1, Girls' Track ... 1, Volleyball ... 1, "Diary of Anne Frank," "Once Upon A Mattress."





DOREEN (DEE) JOHNSON, Ranger Band ... 1, Breeze ... 1, Forester ... 3, Business Editor, GAA ... 1; GAYLE JOHNSON, Band ... 2, Breeze ... 2, Flag Corps ... 2, Forester ... 2, Photography Assistant Editor, Pep Band ... 1, Ski Club ... 3, Student Council ... 2, Secretary, GAA ... 1, Girls' Tennis ... 2, Junior Class Secretary, Senior Class Secretary, National Honor Society; JEAN JOHNSON, Debate ... 1, Declamation ... 1, GAA ... 2, Girls' Track ... 1, Gymnastics ... 2, Co-Captain.

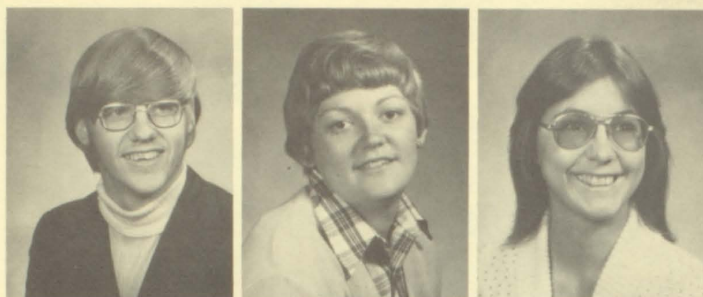
KIM JOHNSON, FLOEA, Volleyball ... 1, Manager; RICHARD JOHNSON, Baseball ... 1, Hockey ... 2; WENDY JOHNSON, Girls' Chorus ... 1, Pep Club ... 1, Ski Club ... 1, Spanish Club ... 3, Student Aides ... 2, GAA ... 1.

DAVE JONES, Breeze ... 1, Lettermen's Club ... 2, Boys' Tennis ... 3, Football ... 3, Wrestling ... 1, Manager; ROSEANN JONES, Prolifique ... 1; FLOYD MICHEAL KALBERG, Boys' Basketball ... 1, Boys' Track ... 2.

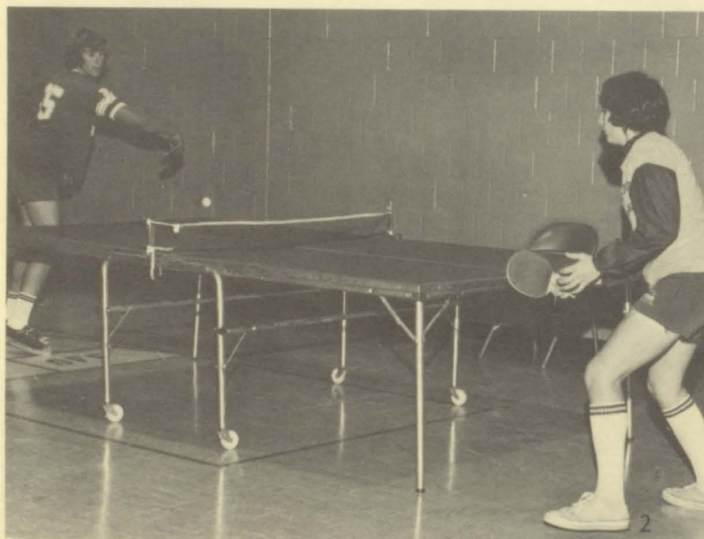
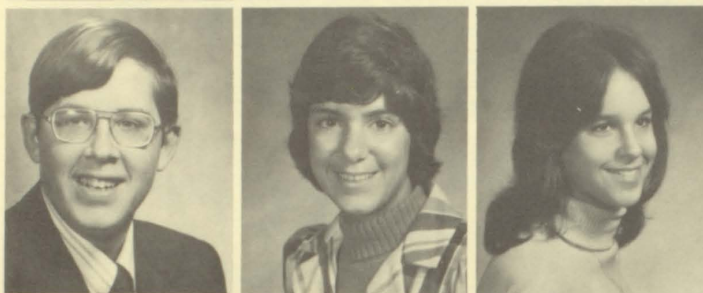


1. Trying to inspire laughter, Audrey Gruber sticks out her tongue as she prepares to take a picture. 2. Disguised as an old man and woman, Shelly Patterson and lane Taurman rest up for the next dance. 3. Michelle Johnson stands against the wall while she is being measured for the correct cap and gown size.

TERRENCE KIEKHAFFER; CHRIS KIRCHOFF; KAREN KNIGHT.



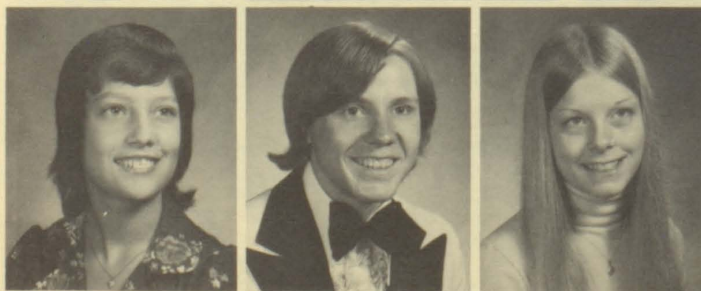
JOSEPH KOCH; TERI KORF; KIM KOSMAN.



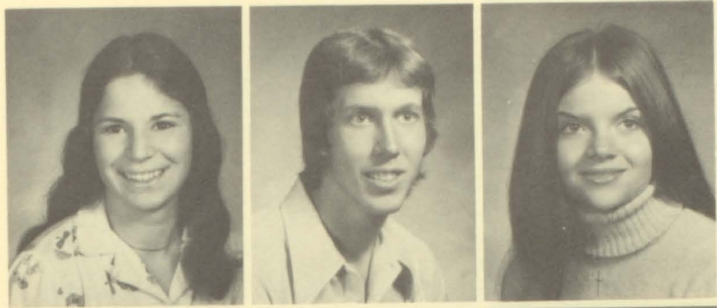
LORI KOSTROSKI, Cheerleaders . . . 2, Girls' Chorus . . . 1; PAMELA KRAL; RICHARD KRECH, Debate . . . 1, Forester . . . 2, Lettermen's Club . . . 1, Boys' Track . . . 3, Cross Country . . . 1.



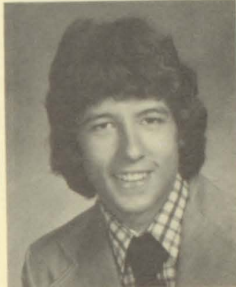
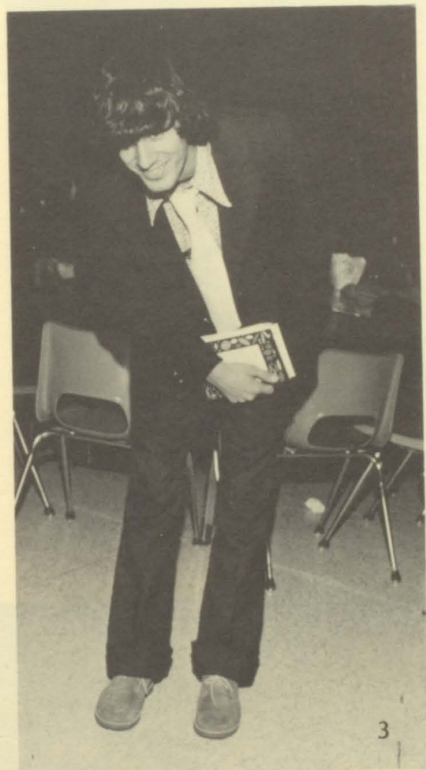
KATHY KROSKA, Breeze . . . 1, Debate . . . 2, Declamation . . . 2, Prolifique . . . 3, Business Co-Editor, Student Aides . . . 1; MARTY KRUEGER; PAMELA LABELLE.



Seniors Rush To Fulfill ACT Deadline



LINDA LACASSE; RON LANE; LORNA LARSON, Choir ... 2, Girls' Chorus ... 1, Pep Club ... 1, Ski Club ... 1, GAA ... 1.



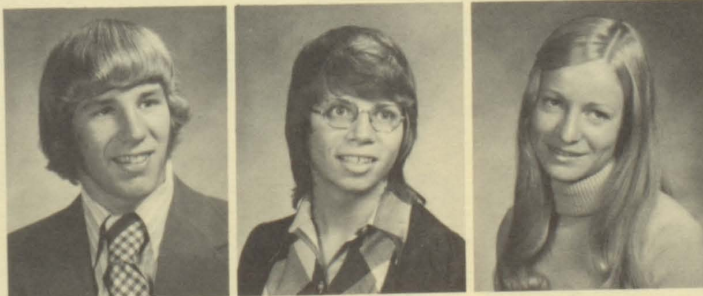
TERRY LEE, Band ... 3, Forester ... 1, Pep Band ... 3, Ski Club ... 3, Vice President.



SANDY LEHNER.



DENISE LEWIS, Transfer from Hinckley High School, FFA ... 1, FHA ... 2, National Honor Society.



KEVIN LICHTSCHEIDL, Lettermen's Club ... 2, Baseball ... 3, Football ... 2, Hockey ... 1; LORI LICHTSCHEIDL, FLOEA, Forester ... 1, Student Aides ... 2; DEBBIE LIEN, Drama Club ... 1, "A Funny Thing Happened on the Way to the Forum."

1. Cindy Carstens and Walt Sanford break school rules by playing a game of cards in the Breeze room. 2. Preparing to return the ping pong ball to his opponent is Kevin Lichtscheidl. 3. During lettermen's initiation Rich Krech bows as a letterman passes.

Senior Battle Cry Stifles Competition

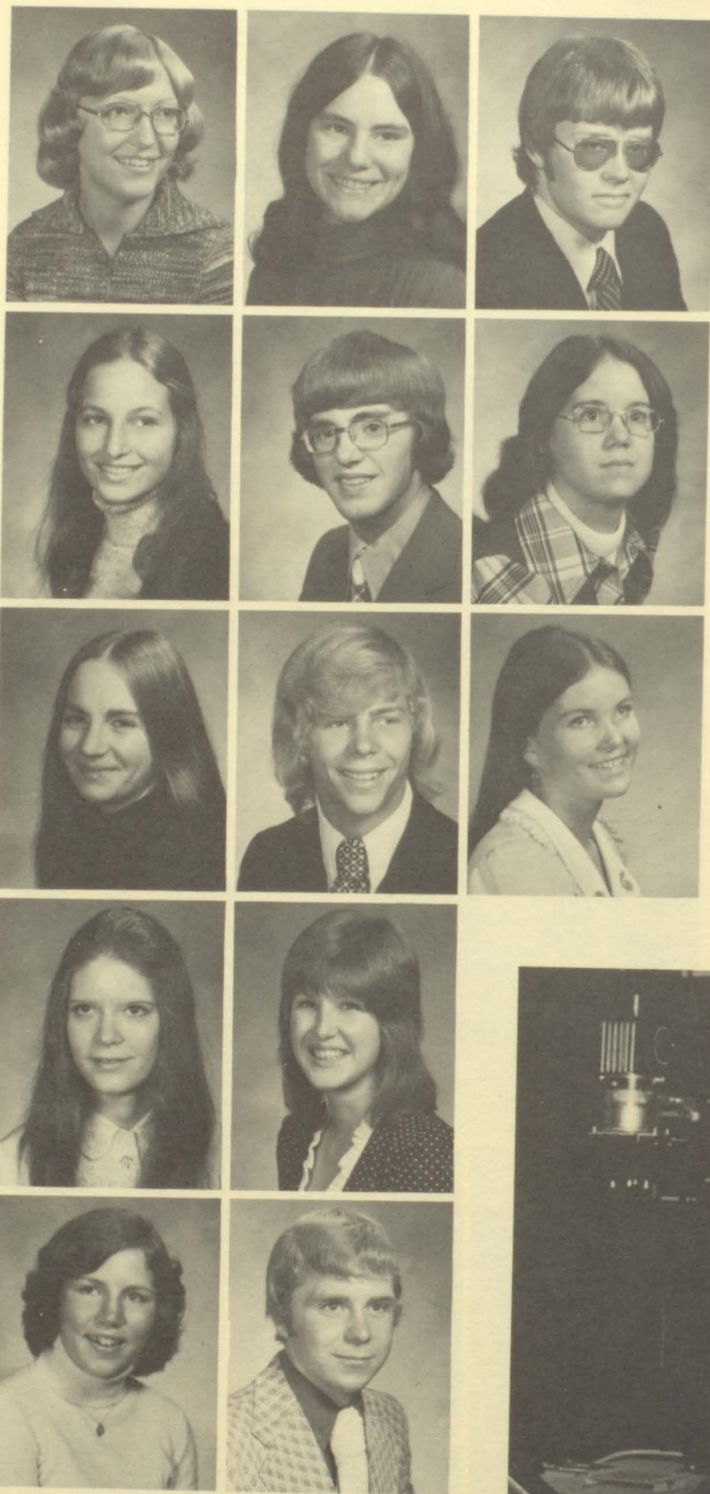
LAURIE LILJENBERG, Breeze ... 2, Forester ... 1, French Club ... 2, Prolifique ... 1, Editor-in-Chief, Ski Club ... 3, GAA ... 1, National Honor Society; CINDY LINDQUIST, FHA ... 3, Vice President, Forester ... 2, French Club ... 3, Pep Club ... 1, Student Aides ... 2, "Once Upon A Mattress," National Honor Society; BRUCE LINZ, Transfer from Kubasaki High School, Breeze ... 2, Brothers ... 2, Declamation ... 2, Drama Club ... 2, FFA ... 2, Forester ... 1, Business Assistant Editor, Lettermen's Club ... 2, Prolifique ... 1, Boys' Track ... 2, Football ... 2, "Arsenic and Old Lace," "A Funny thing Happened on the Way to the Forum," "Once Upon A Mattress."

LENI JO LOEHR, Choir ... 2, Ski Club ... 1, GAA ... 1, Gymnastics ... 3; TED LONGLEY, Band ... 3, Pep Band ... 2, National Honor Society; MARY LONGTIN, FHA ... 1, Horse Club ... 1, Pep Club ... 1, Spanish Club ... 3.

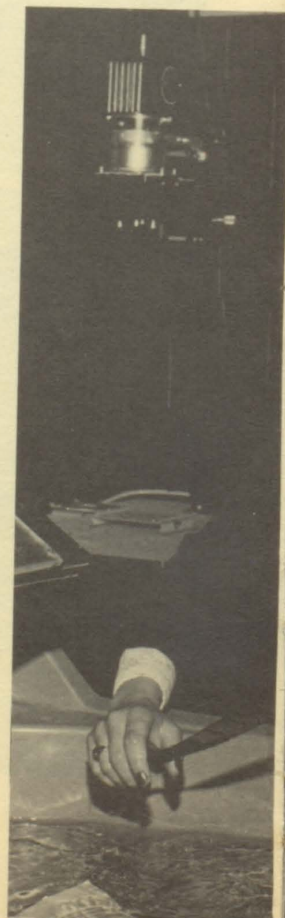
JANET LOVEJOY, Girls' Chorus ... 2, Prolifique ... 2; JOHN LUND; CHERYL LUNDBERG.

TERI LUNDEEN; CINDY MAAS.

DENISE MACKEY; DAVID MANDERS.



1. In photography class Teri Serbus removes her negative from the wash. 2. After being defeated in the Powder Puff Football game, two seniors show poor sportsmanship towards a junior.

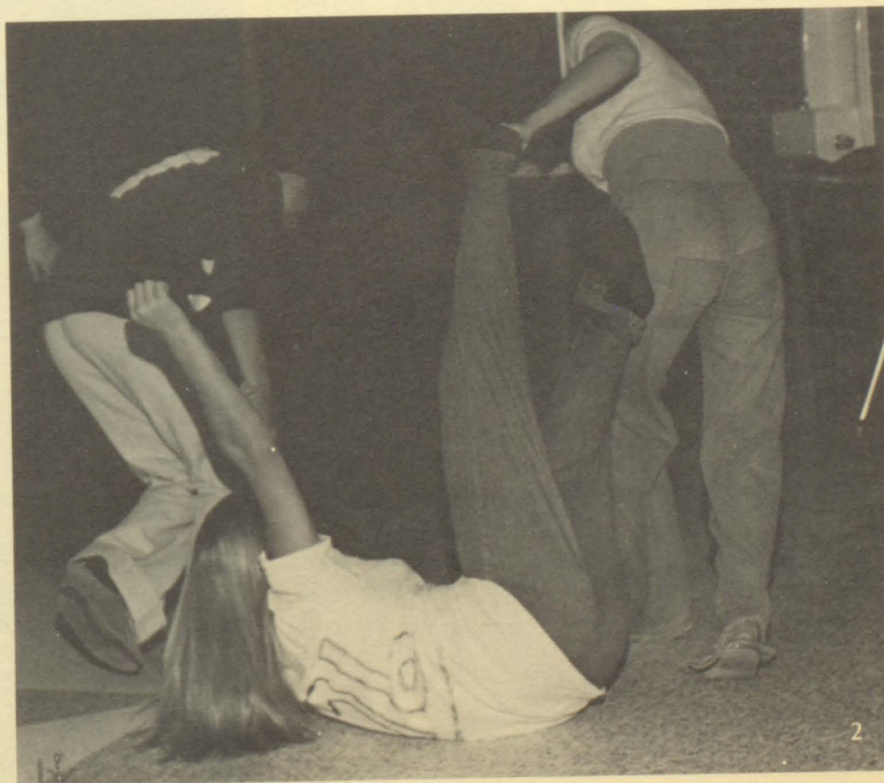


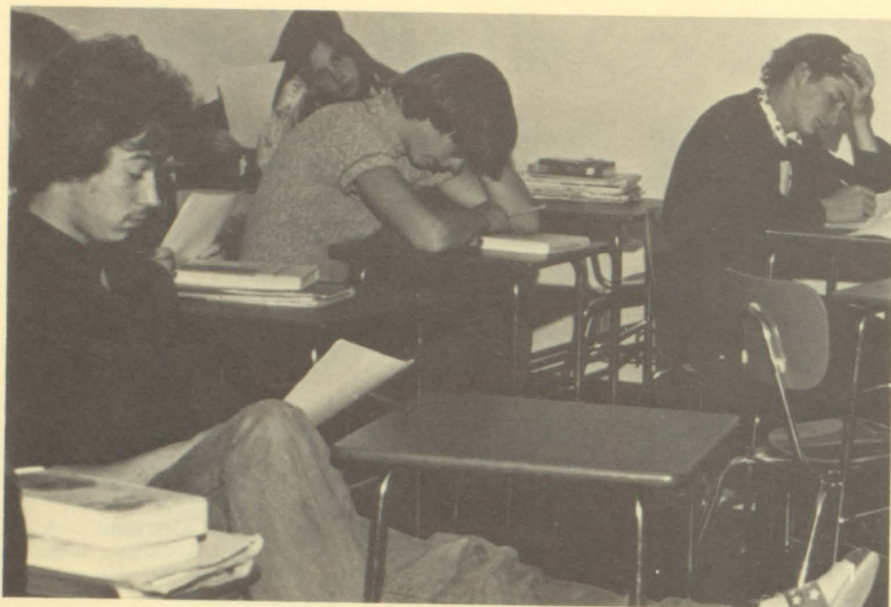


MIKE MARCINIAK; PHYLLIS MARIER, FHA ... 1, Student Aides ... 2; RENEE MARTINSON, Spanish Club ... 2, GAA ... 1.

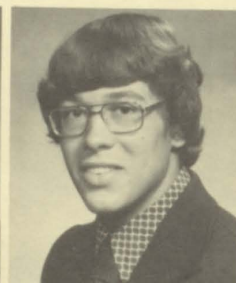
DAN MCCONNELL, Debate ... 1, Forester ... 2, Lettermen's Club ... 2, Ski Club ... 1, Boys' Track ... 3, Co-Captain, "A Funny Thing Happened on the Way to the Forum," National Honor Society MARIANNE MEISTER, GAA ... 2, Girls' Tennis ... 3, Gymnastics ... 3; BARBARA ANN MICKELSON, Band ... 3, Debate ... 2, Declamation ... 1, Pep Band 3, Ski Club ... 1, Student Council ... 3, Girls' Bowling ... 1, "A Funny Thing Happened on the Way to the Forum," National Honor Society.

WILL MONTZKA, Choir ... 1, Debate ... 1, Lettermen's Club ... 3, Boys' Basketball ... 1, Boys' Track ... 1, Cross Country ... 3, Co-Captain; MICHAEL MORELLO, Lettermen's Club ... 1, Boys' Track ... 3, Football 1; ROSANNA MOTTAZ, Transfer from Monroe High School, Girls' Chorus ... 1, Student Aides ... 1.





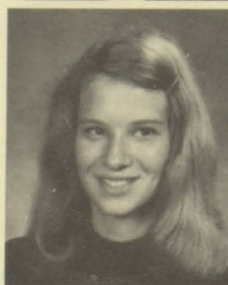
LYNN MUELLNER; DOUG MULCAHY, Lettermen's Club ... 1, Football ... 2; BRUCE NEFF, Lettermen's Club ... 2, Baseball ... 2, Football ... 3, Wrestling ... 3, Co-Captain.



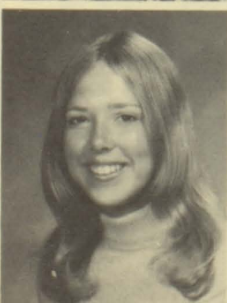
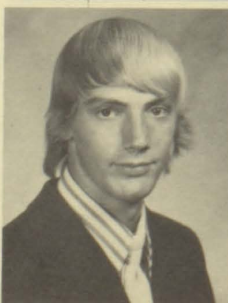
BRAD NELSON; DEBBIE NELSON; EUGENE NELSON.



HEIDI NELSON; JEAN NELSON, Transfer from Minnehaha Academy; KANDY NELSON, Girls' Chorus ... 2.



KEVIN NELSON; LYNN NELSON, Breeze ... 1, Choir ... 1, Forster ... 1, Girls' Chorus ... 1, Prolifique ... 1, Ski Club ... 3, Spanish Club ... 2, Student Council ... 1, Girls' Tennis ... 2, Homecoming Queen Candidate, Junior Class Treasurer, Senior Class President; LORI NUTTER, Girls' Chorus ... 1, Ski Club ... 3, GAA ... 1.



Seniors Rely on Counselors' Guidance

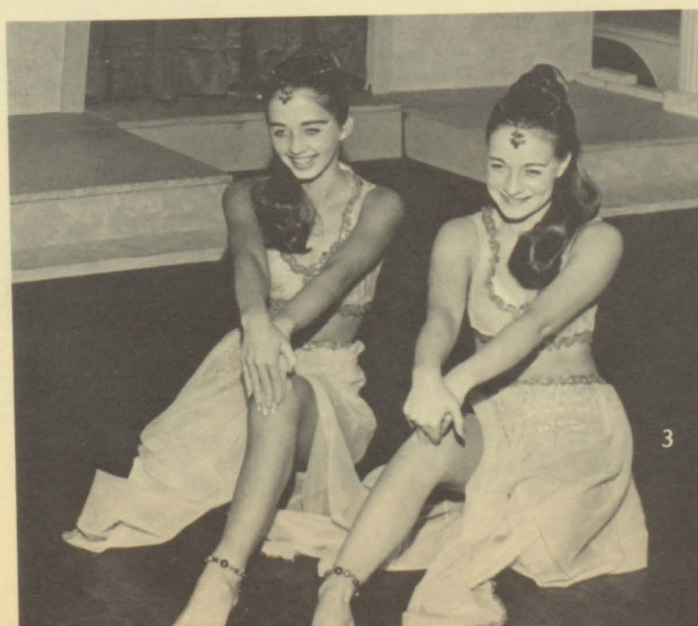


DAVID OCKER; SHERRY OLSEN, Choir ... 2, FLOEA, Historian, Ski Club ... 1, National Honor Society; CINDY OLSON, Transfer from White Bear Lake.

COLLEEN K. OLSON, FHA ... 1, Prolifique ... 2, Business Co-Editor, Spanish Club ... 1, Student Aides ... 2; JUDY OLSON, Spanish Club ... 3, GAA ... 1; STEVEN LEE OLSON, Choir ... 1, Football ... 1.

DAVE PALME, Breeze ... 2, FFA ... 3, Boys' Track ... 3, Baseball ... 1, Football ... 1; MONICA PAREIGAT, Choir ... 3, Secretary, Forester ... 1, Madrigal ... 3, Spanish Club ... 1, National Honor Society; RICK PATRIN.

SHELLEY PATTERSON, FHA ... 1, Sophomore Representative, Forester ... 1, Prolifique ... 1, Ski Club ... 3, Spanish Club ... 3, GAA ... 1, Pep Club ... 1; LORI PEARSON, Pep Club ... 1; TIM PEEK.



1. Joe Sam makes himself comfortable in sixth hour Sociology. 2. Clowning around at the Senior Masquerade are Lynn Nelson, Gayle Johnson and LuAnne Timm. 3. Seniors Debbie Lien and Connie Peterson smile coyly in "A Funny Thing Happened on the Way to the Forum."

Yellow "75" Adorns School Sidewalk

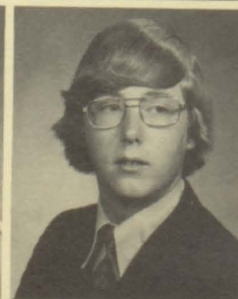
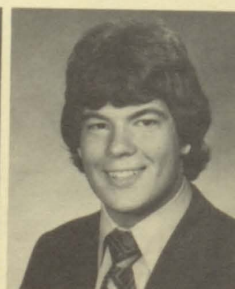
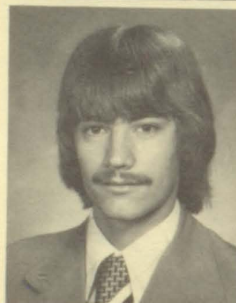
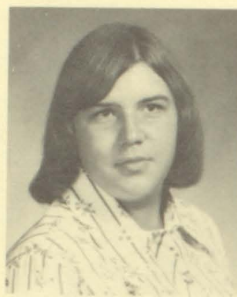
JOYCE PELTIER, FFA ... 2, FHA ... 2, Prolifique ... 1, Student Aides ... 1.

SUSAN PELTIER.

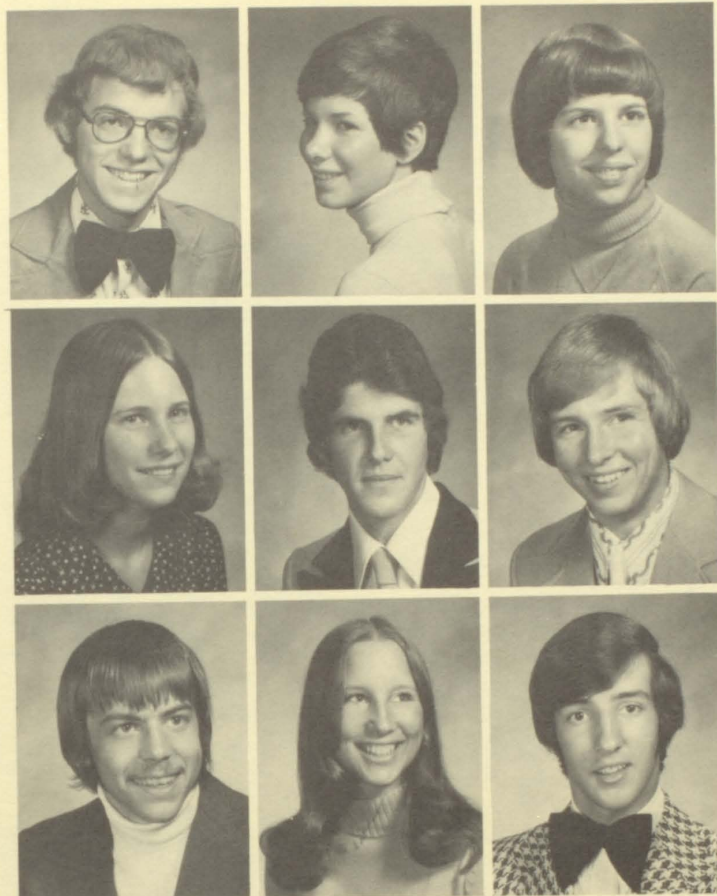
STEVE PENNISON, Ski Club ... 2.

MIKE PERREAULT, Lettermen's Club ... 1, Boys' Tennis ... 1, Cross Country ... 1, Wrestling ... 3; LORI PETERS, Girls' Basketball 2; JOHN PETERSEN, Lettermen's Club ... 3, Vice President, Baseball ... 3, Tri-Captain, Boys' Basketball ... 1, Football ... 3, Tri-Captain, Homecoming King, Senior Class Vice President, National Honor Society.

CONNIE L. PETERSON, Breeze ... 1, Choir ... 3, Declamation ... 3, Drama Club ... 3, Prolifique ... 2, Girls' Tennis ... 3, "Arsenic and Old Lace," "Diary of Anne Frank," "A Funny Thing Happened on the Way to the Forum;" PAM PETERSON, Girls' Chorus ... 2, Horse Club ... 2, Vice President, Pompon Girls ... 2, Student Aides ... 1, GAA ... 1; ROGER PETERSON.



1. Senior Anne Ramaley portrays Gymnasia from the house of Lycus in the fall play. 2. A painted "75" displays the Senior class spirit.



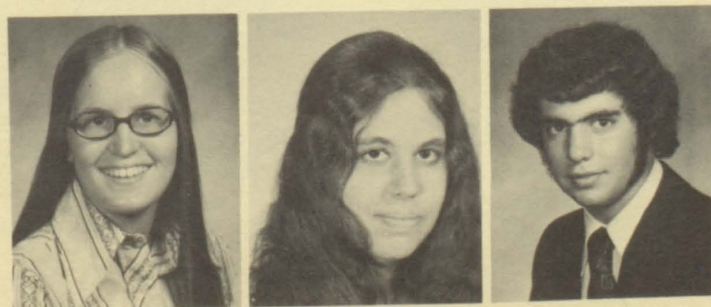
WINSTON PETERSON, Transfer from Murdock High School, Chess Club ... 1, Forester ... 1, Ski Club ... 1; KATHI PHILIPPI; JULIANNE POHL, Drama Club ... 3, Forester ... 1, French Club ... 2, Prolifique ... 2, Rifle Color Guard ... 1, "Plaza Suite," "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace," "Diary of Anne Frank," "Once Upon A Mattress," "You're A Good Man, Charlie Brown."

JODI POLZIN, Band ... 3, Breeze ... 2, Pep Band ... 3, GAA ... 1, "A Funny Thing Happened on the Way to the Forum," "Once Upon A Mattress," National Honor Society; JESSE PREINER, Band ... 3, President, Forester ... 2, Copy Assistant Editor, Pep Band ... 3, Student Council ... 2; LARRY RABEL.

DAVID RADTKE; ANNE RAMALEY, Breeze ... 3, Choir ... 1, Drama Club ... 1, Flag Corps ... 1, Forester ... 2, Girls' Chorus ... 2, Pompon Girls ... 1, Ski Club ... 3, Spanish Club ... 1, Girls' Tennis ... 2, Volleyball ... 1, Pep Club ... 2, Junior Representative, "A Funny Thing Happened on the Way to the Forum;" DAVE RAMEDEN, Aardvarks ... 1, Chess Club ... 1, Debate ... 2, Declamation ... 2, Lettermen's Club ... 2, Boy's Basketball ... 2, Golf ... 3, National Honor Society.

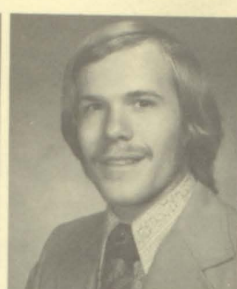


2



DIANE RAMSDEN, FHA ... 1, National Honor Society; LAURA RASKE; MARVIN REHBEIN, Ski Club ... 3.

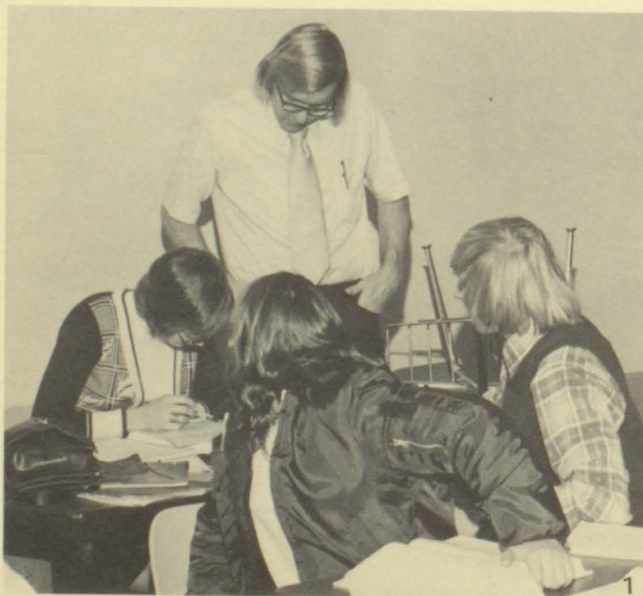
LINDA RHODA, Band ... 3, FLOEA, Treasurer, Pep Band ... 2, Ski Club ... 1, National Honor Society; MERRY RICHARDS, Transfer from Irondale High School, Forester ... 1, Prolifique ... 1, Ski Club ... 3, Pep Club ... 1, National Honor Society; DAVID RIFE.



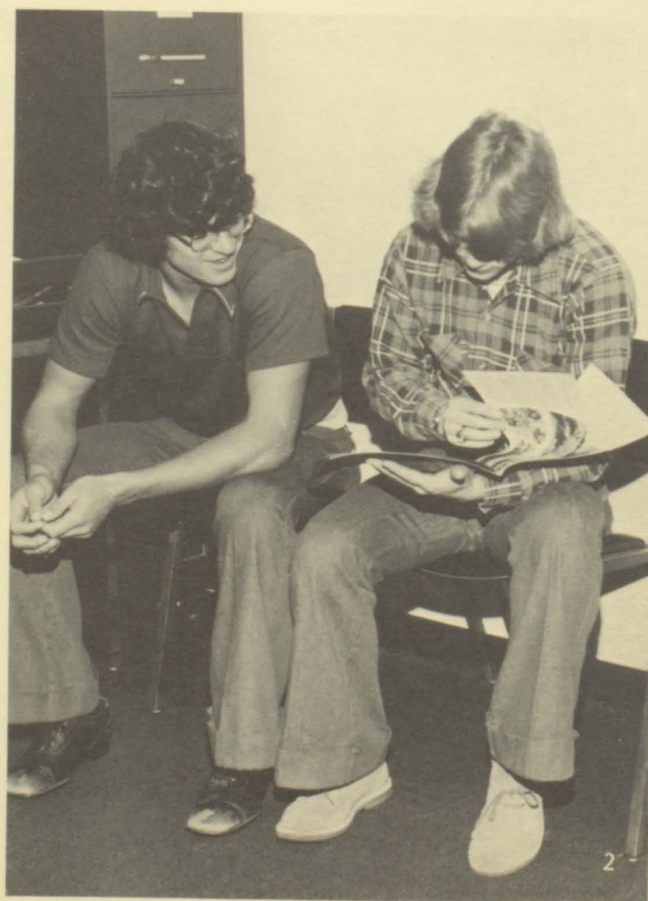
CAROL RINKE, FLOEA, Secretary, Prolifique ... 1, Spanish Club ... 1, Student Aides ... 1; CECILIA RIOPEL, Ranger Band ... 1; CINDY RISNES, FLOEA.



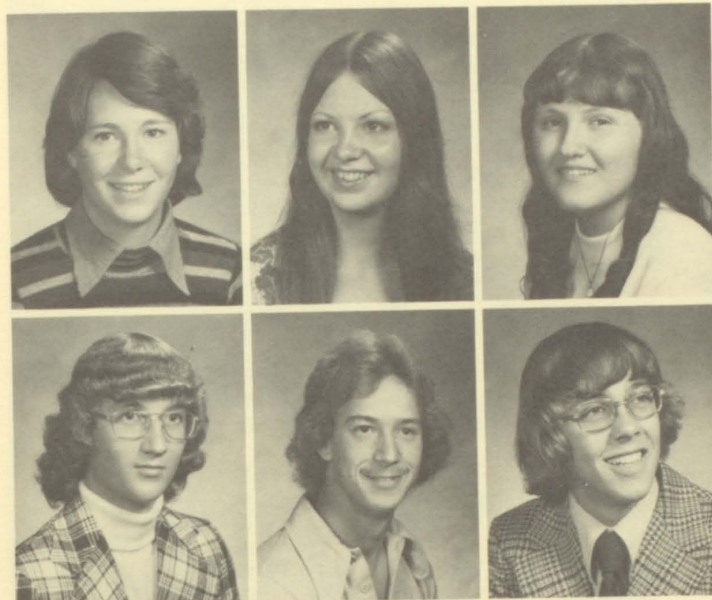
MARY ROBERTS, Band ... 3, Breeze ... 3, Editor-in-chief, Debate ... 1, Declamation ... 3, Pep Band ... 2, "A Funny Thing Happened on the Way to the Forum;" PAM ROBERTSON, Choir ... 2, Drama Club ... 1, FFA ... 2, FHA ... 2, Student Council ... 2, Vice President, GAA ... 1, Sophomore Class Vice President, Junior Class Vice President; LINDA ROBINSON.



1. A student questions Mr. Connor about difficult mathematical equations. 2. Seniors, Dan Franta and Tanny Vitalis page through a college booklet together while waiting for their counselor. 3. Mr. Fuhrman looks on as students select materials to be photographed in the Audio-Visual department. 4. Instructing students on cap and gown ordering procedures is Mr. Moskop.

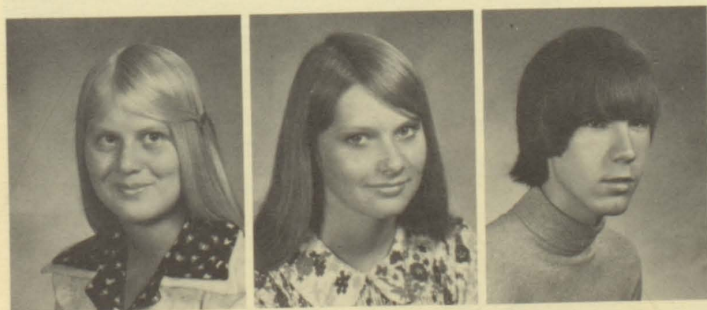


Seniors Receive College Information



KAREN ROLSETH, Cheerleaders ... 3, Co-Captain, GAA ... 1, Gymnastics ... 3, Co-Captain, Homecoming Queen Candidate; KATHY RUGGLES; COLLEEN RYAN.

CRAIG RYLANDER, FFA ... 1, Baseball ... 2, Boys' Track ... 1, Cross Country ... 1; JOE SAM; WALTER SANFORD.



DELORES SAUNDERS, Transfer from White Bear High School; EILEEN SAUDNERS, Transfer from White Bear High School, Band ... 2, Pep Band ... 2, "Once Upon A Mattress; JAMES SAUSEN.

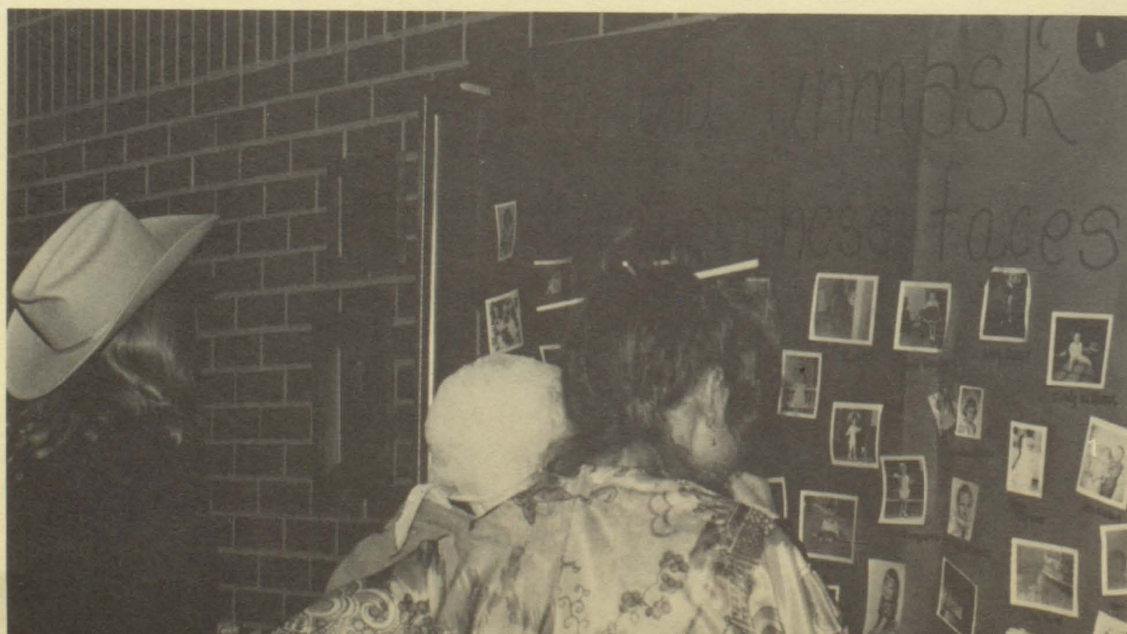
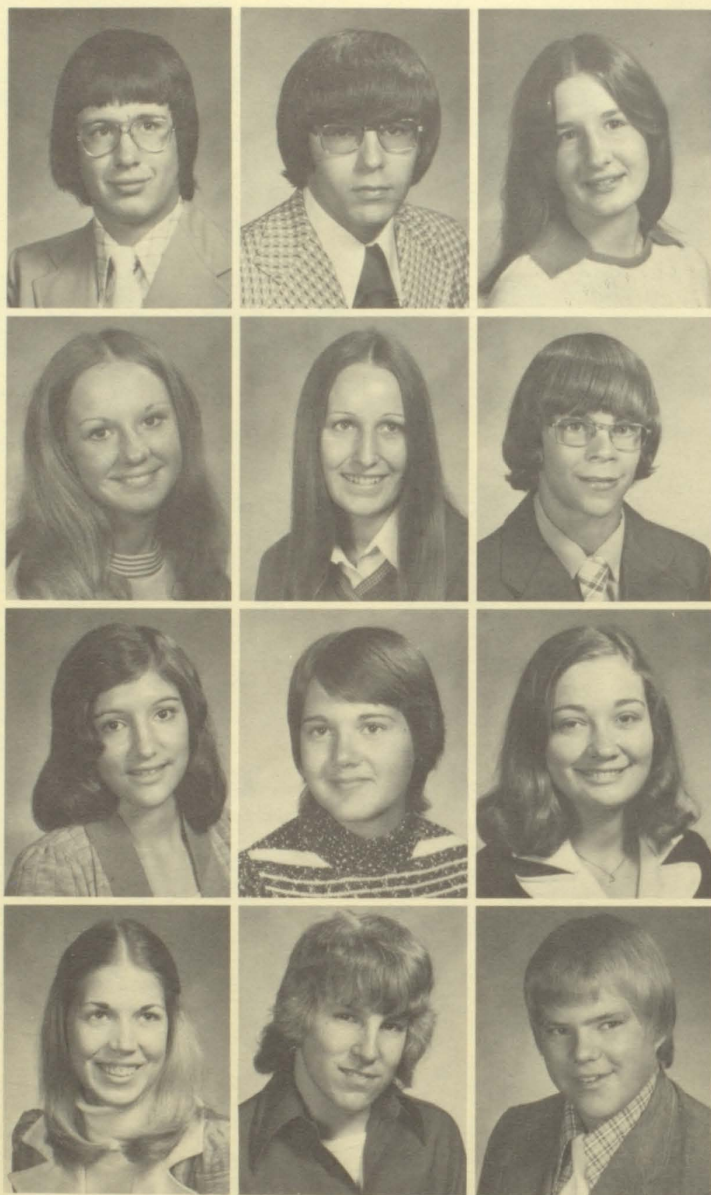
Upperclassmen Master Lowly Juniors

MIKE SAUSEN, FFA ... 1; MICHAEL SCHAAAB, Baseball ... 3, Wrestling ... 2; COLLEEN SCHAFER, Prolifique ... 3, Photography Editor.

LEAH SCHATVET; CINDY SCHLAEGER, Choir ... 2, Student Aides ... 2, Gymnastics ... 1; RON SCHLEICHER, Lettermen's Club ... 2, Baseball ... 1, Wrestling ... 3, Football ... 1, Manager.

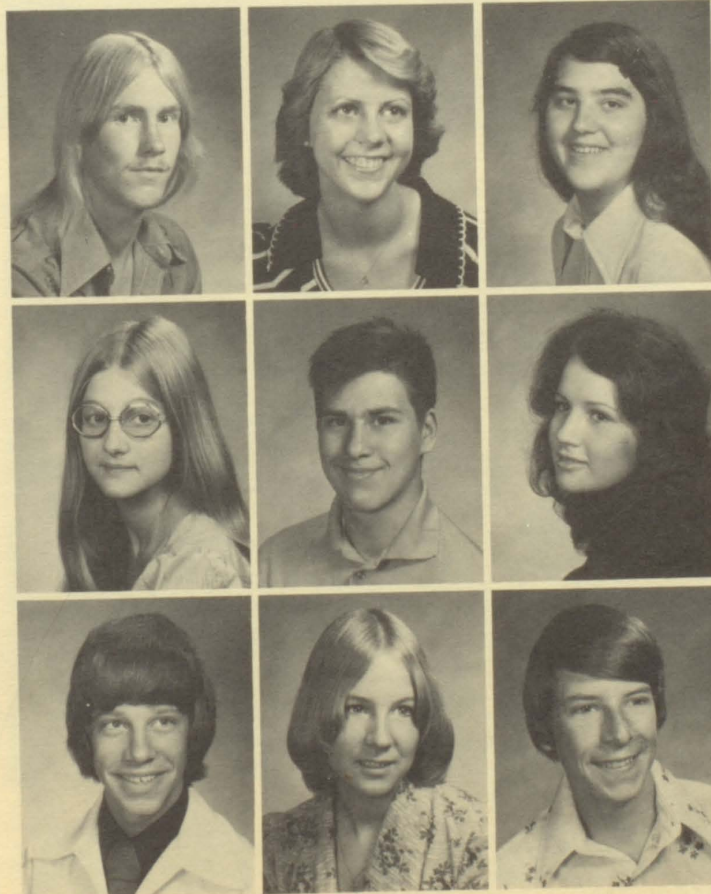
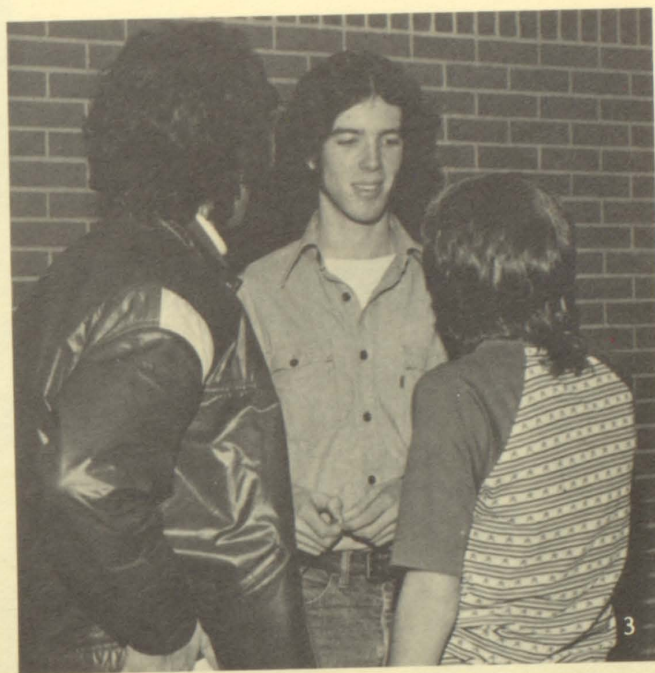
LYNNETT E. SCHLOER, FFA ... 1, Pompon Girls ... 1, Spanish Club ... 2, Student Aides ... 2, Girls' Track ... 1, Gymnastics ... 1; MARY SCHNEIDER, Transfer from Shakopee High School, Band ... 2, Flag Corps ... 2, Ski Club ... 2, National Honor Society; SUSAN RAE SCHREIBER, Band ... 2, FFA ... 2, Spanish Club ... 1, Student Aides ... 1.

TAM SCHWICHTENBERG; ROBERT SCORE; JAMES SEGELSTROM, Aardvarks ... 1, Choir ... 3, Horse Club ... 1, Prolifique ... 1, Student Aides ... 1, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace."





1. Party goers take a break from dancing to examine the baby pictures of classmates during Senior Masquerade. 2. A pair of pumpkins dance to the music of "Rockinghorse" at the Senior Masquerade. 3. Discussing extra-curricular activities are senior Steve Berven and friends.

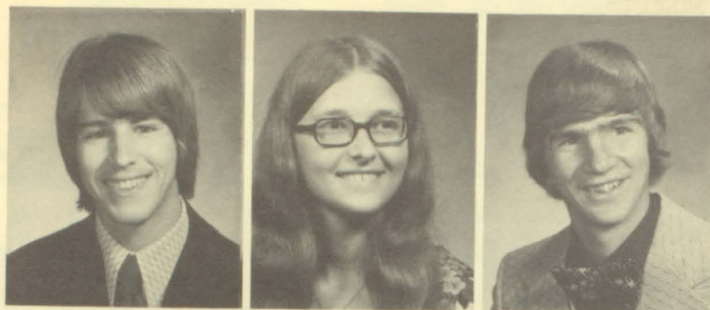


DARYL SEIM; TERI SERBUS, French Club ... 2, Ski Club ... 3, Gymnastics ... 2, Manager; MARY SHEPARD, Choir ... 1, FHA ... 2, Girls' Chorus ... 2.

BETH SIEBEN, French Club ... 2, National Honor Society; HAROLD J. SIMBECK; LYNDIA SMITH, Breeze ... 2, Business Manager, Choir ... 3, Drama Club ... 1, Girls' Basketball ... 1, "Balcony Scene," "Diary of Anne Frank."

THOMAS SOMMERFELD, Choir ... 3, Declamation ... 1, Drama Club ... 2, Forester ... 1, Madrigal ... 3, Speech Choir ... 1, Boys' Basketball ... 1, Manager, Boys' Track ... 1, Manager, Football ... 1, Manager, Hockey ... 1, Manager; DANETTE SORG, Choir ... 2, Girls' Basketball ... 1; SCOTT SPARROW.

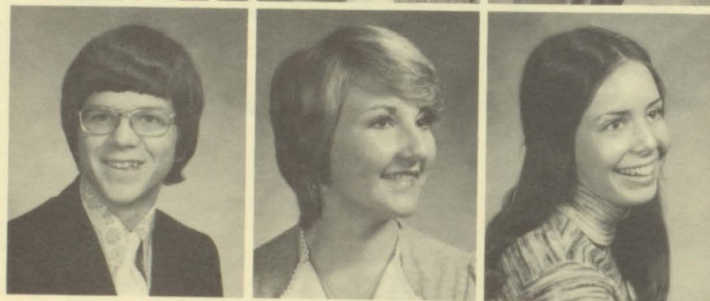
CHRIS STEELY, Choir ... 3, Basketball ... 1, Manager; PATRICIA STEPHENS, FFA ... 1, GAA ... 1; KEVIN STERNBERG, Band ... 3, Breeze ... 2, Lettermen's Club ... 3, Pep Band ... 3, Baseball ... 3, Basketball ... 3, Cross Country ... 2, National Honor Society.



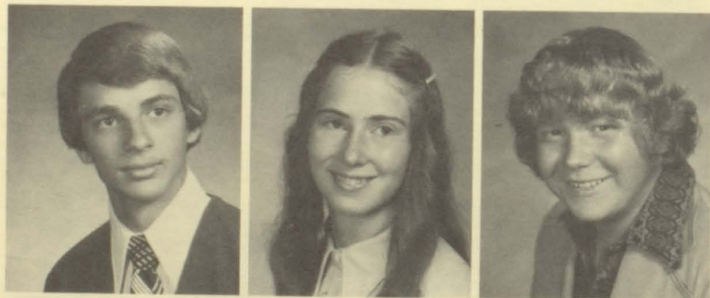
BRAD STEVENS, Transfer from Moorhead High School, Golf 2; JEFF STOFFELS; MARK STRAND.



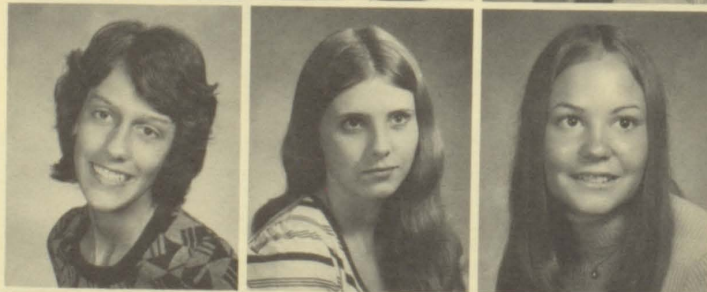
JOHN STRIGHT, Lettermen's Club ... 2, Football ... 1, Manager, Golf ... 3, Hockey ... 2, "A Funny Thing Happened on the Way to the Forum," "Once Upon a Mattress," Junior Class President, National Honor Society; SUE STRUBLE, Breeze ... 3, Declamation ... 3, Drama Club ... 3, French Club ... 1, Prolifique ... 2, Speech Choir ... 1, Student Aides ... 2, GAA ... 1, Girls' State Representative, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace," "Balcony Scene," "Dairy of Anne Frank," "Once Upon a Mattress," "Plaza Suite," "You're a Good Man Charlie Brown"; JONI SUMMERS, Cheerleaders ... 3, Co-Captain, Choir ... 2, Forester ... 2, Layout Co-Editor, Madrigal ... 2, Ski Club ... 1, Sophomore Queen Candidate, Homecoming Queen, National Honor Society.



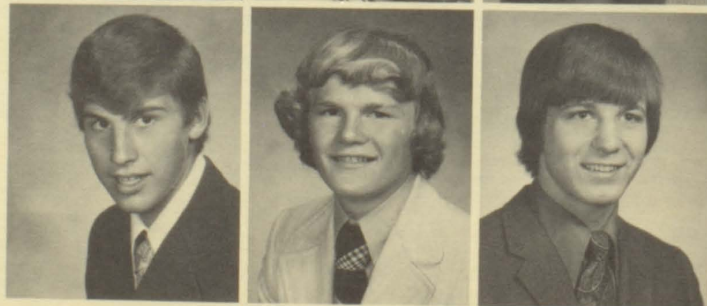
JOHN SVEC; THECLA SWANSON, Spanish Club ... 3, Gymnastics ... 2; DUANE SWARTZ, Wrestling ... 1.



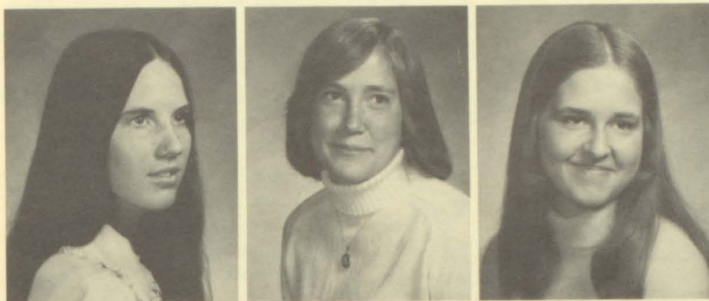
DEBBIE SWENSON, Breeze ... 1, Drama Club ... 3, FHA ... 1, Flag Corps ... 1, Forester ... 1, Prolifique ... 2, Ski Club ... 3, Student Aides ... 1, GAA ... 1, Girl's Tennis ... 2, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace," "Once Upon a Mattress," "You're a Good Man Charlie Brown"; CINDY TASLER; JANE TAURMAN, Ski Club ... 2.



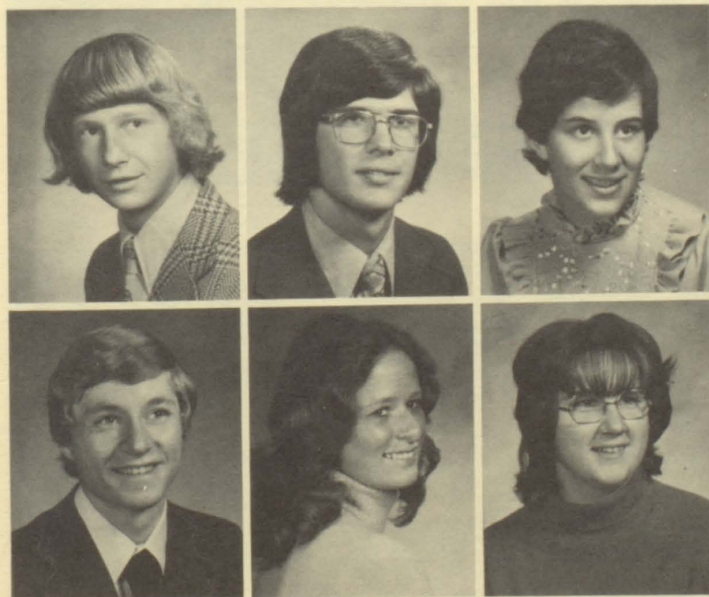
DANIEL TAYLOR, FFA ... 3, Football ... 3; GORDON TENNIS, Lettermen's Club ... 2, Baseball ... 3, Basketball ... 1, Assistant B-squad Coach, Football ... 3, Tri-Captain, Sophomore King Candidate, Homecoming King Candidate; PHILIP TETRAULT, Brothers ... 2, Choir ... 2, Drama Club ... 3, Ski Club ... 3, Track ... 1, Football ... 2, Wrestling ... 3, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace," "Once Upon a Mattress".



Seniors Use Voting Right In '74 Election



CINDY THOMAS, FFA ... 3; RENE THOMPSON, Transfer from North St. Paul High School, Band ... 2, Pep Band ... 1, Ski Club ... 2, Volleyball ... 2; LUANNE TIMM, Forester ... 1, Prolifique ... 1, Pep Club ... 1, GAA ... 1, Ski Club ... 3.



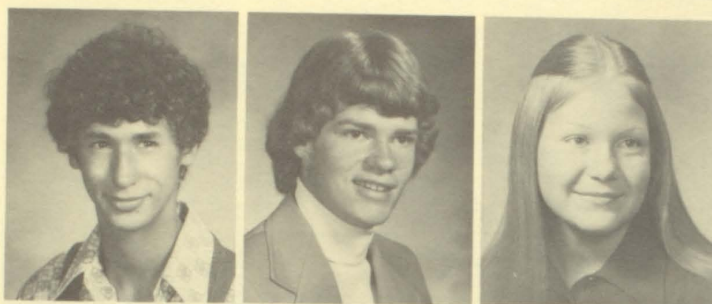
TERRY TOLZMANN, Lettermen's Club ... 1, Ski Club ... 1, Tennis ... 3, "A Funny Thing Happened on the Way to the Forum"; BOB TROMBLEY, Baseball ... 3, Football ... 2; DONNA TROMBLEY, Band ... 3, Breeze ... 3, Debate ... 2, Declamation ... 3, Forester ... 1, Pep Band ... 3, Speech Choir ... 1.

BRAD VADNER, Chess Club ... 1, Tennis ... 2; MARY VAN GUILDER; PAMELA VENESS.

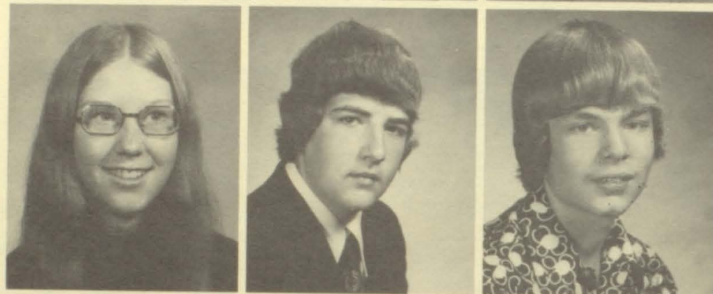
1. Showing mixed emotions are members of the pit band for the fall musical, "A Funny Thing Happened on the Way to the Forum."

Class Of '75 Anticipates Graduation Day

BRUCE VIERKANDT; NATHANAEL VITALIS, Forester ... 1, Boys' Track ... 1, Football ... 1; LORI VON BEHREN, GAA ... 1, Pep Club ... 1.



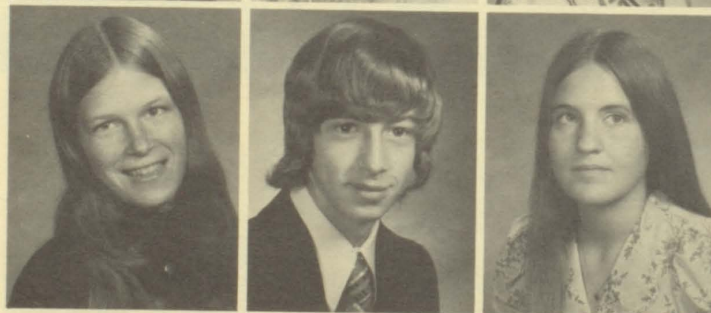
SHONDA WAGNER, Horse Club, ... 1, Spanish Club ... 1; GORDY WEISS; DAN WESTLAND, Boys' Basketball ... 1, Boys' Tennis ... 1.



WENDY WILHELMI, Transfer from Sibley High School, Girls' Chorus ... 2, Student Aides ... 1; CINDY L. WILLIAMS, Band ... 3, Breeze ... 3, Declamation ... 3, Drama Club ... 3, Pep Band ... 2, Prolifique ... 1, "A Funny Thing Happened on the Way to the Forum," "Arsenic and Old Lace," "Balcony Scene," "Diary of Anne Frank," "Once Upon A Mattress," "Plaza Suite," National Honor Society; JOY WINBERG.



JEANINE WINIECKI, Girls' Chorus ... 3, Girls' Basketball ... 3, Co-Captain, Girls' Track ... 1, Volleyball ... 3, Captain; DAN WINNICK; CLAUDINE WOJTOWICZ.

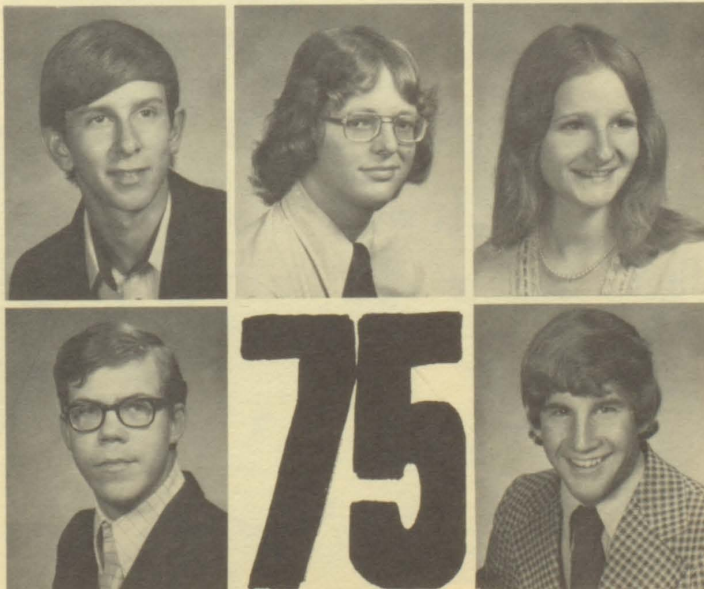


1. Steve Pennison and Carol Baxter enjoy a slow dance at the senior masquerade. 2. Switching roles for the night are Jean Johnson and Geoff Hibbison.



Camera Shy

STEVE BARTON
JOHN BISHOP
BOB BOEHM
ROGER BOWMAN
ANDREW BROOKE
DAVID BROWN
TONY BUHL
JOHN BUSH
DONNA DEMARAIS
PATRICIA DERVIE
DAVID ENGDAHL
JEFFREY ERICKSON
KENNETH ERICKSON
CHARLES FISK
LARRY FRANDLE
LEO FROST
JOYCE GIBSON
LINDA GRAPP
CHRISTINE GULASCH
HARLEY HANSEN
JAMES HERMAN
TERRY HOUSE
DEBBIE HYATT
DAVE JACOBS
MICHELE JOHNSON
DAVE JURY
MARK KACHEL
LEEANN KLINE
LINDA KUNSHIER
MARK LARSON
MARTIN LONGSDORF
ANTHONY MALACEK
PHYLLIS MARIER
MICHAEL MASSO
GERALD MCKENZIE
LAWRENCE MIELL
JAMES MOORE
DAVID PETERSEN
LAURIE RICCO
JERALD RIOPEL
JULIE SALVERDA
THOMAS SAMPSON
SHEILA SEWELL
TERI STRAND
STEPHEN STROMAN
JERRY SYKES
GENE THOMAS
LAWRENCE TROMBLEY



BRUCE WOLFBAUR; MIKE WYANDT; SANDRA WYNN, FFA ...
3, Gymnastics ... 1.

DEAN ZEIHNER, Chess Club ... 1, Student Aides ... 1; JOHN
ZWIER.

FL Activities Attract Spirited Class of '76

Kept busy by sports and extra-curricular activities, juniors contributed spirit to FLHS. During the powderpuff football game the victorious junior girls showed their athletic prowess. Developing skills of organization, the class of '76 sponsored the Sadie Hawkins dance. Hillbilly charm pervaded the cafeteria as students clad as mountain folk danced to the music of "Tunesmith." Juniors who hadn't bought class rings last spring made their choices this fall and paid higher prices. On Slave Day, juniors purchased the previous afternoon became the "faithful servants" of their senior "masters." As the last junior-sponsored event, Prom '75 created memories for all who attended. With their active involvement in FLHS activities, juniors proved what the 'Spirit of '76' can achieve.



Jeff Aadland
Peggy Ahlm
Janet Allan
Becky Allquist



Carroll Anderson
Cheryl Anderson
Karen Anderson
Karen L. Anderson



Mark Anderson
Mindy Anderson
Patricia Anderson
Paula Anderson



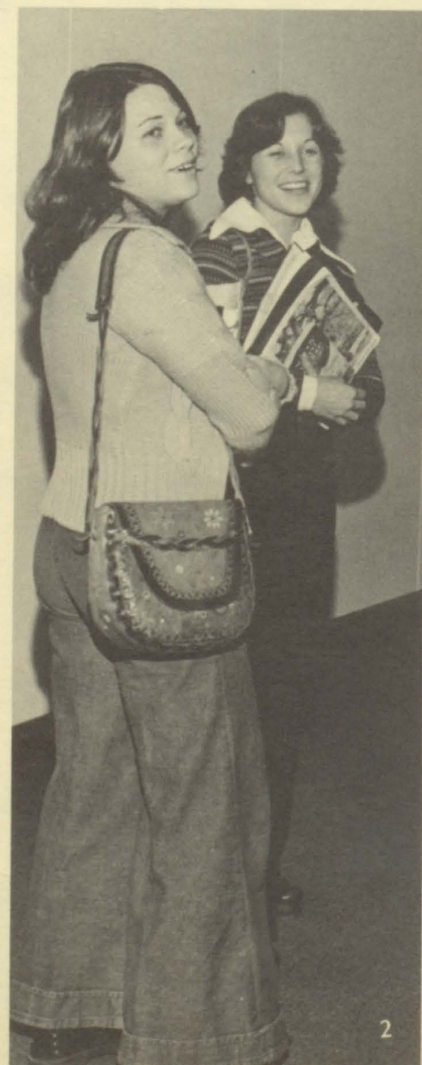
Randy Anderson
Scott Anderson
Debbie Arnold
Pam Atkins



Robin Audorff
Allen Austad
Randy Avery
Cathy Bahnmann



Michael Balfanz
Mark Balzart
Dave Banta
Richard Bardy





Sue Barrott
Lornell Bathurst



Lori Beattie
Mark Beattie



Gary Belshaw
Tony Bennett



Randall Berg
Anita Bestland



Annette Bestland
Alfred Bigelow



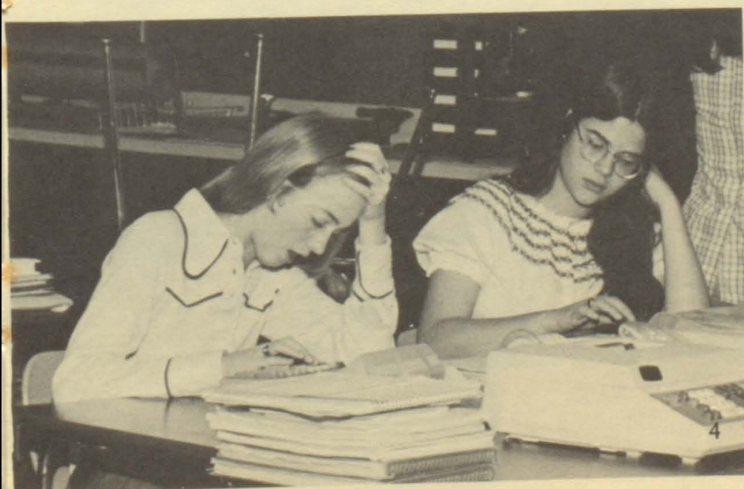
Becky Bjork
Linda Black



Brent Bodle
Joanne Boesel



Nancy Bowers
Carolyn Bowman



1. Laurie Gillispie strives toward the completion of her art project.
2. Between classes, Robyn Rehbein and Cindy Zeller chat in the hall.
3. Junior Class Officers, top to bottom: Jan Gunderson, President, Peggy Ahlm, Treasurer, Sue Moen, Vice President, Cassie Ortenblad, Secretary.
4. Calculating problems in their Business Machines class are two industrious juniors.



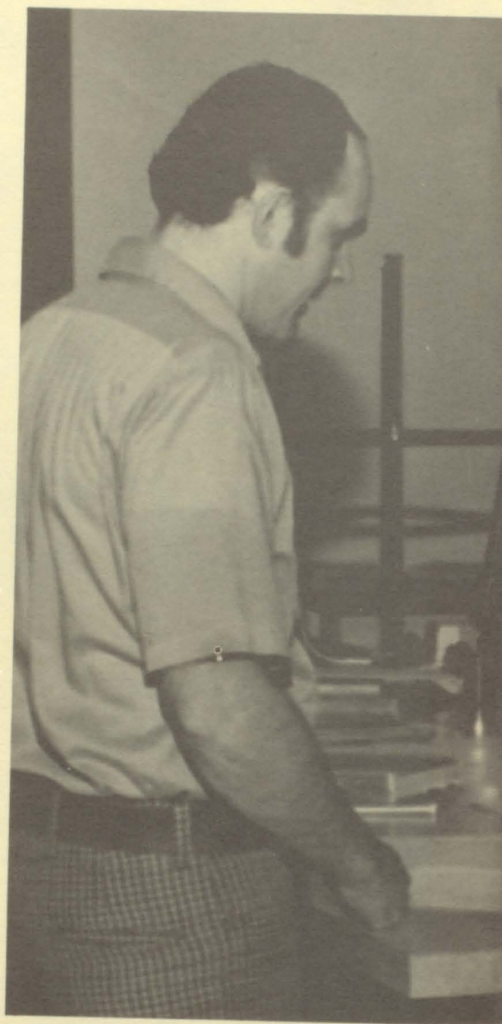
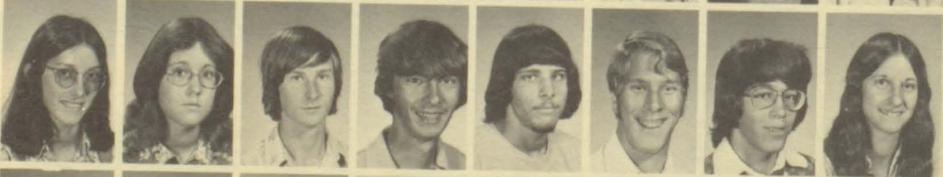
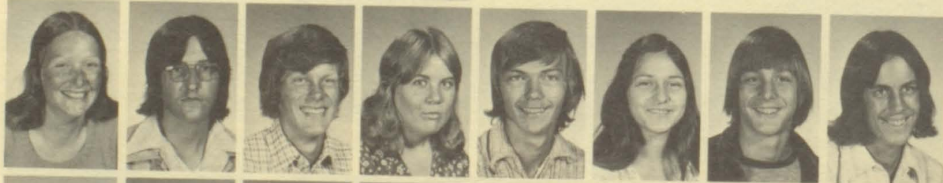
David Boyer
Ron Boyer
Don Bradshaw
Lori Breneman

Holly Brett
Debbie Brisson
Karla Brungardt
Scott Bunney

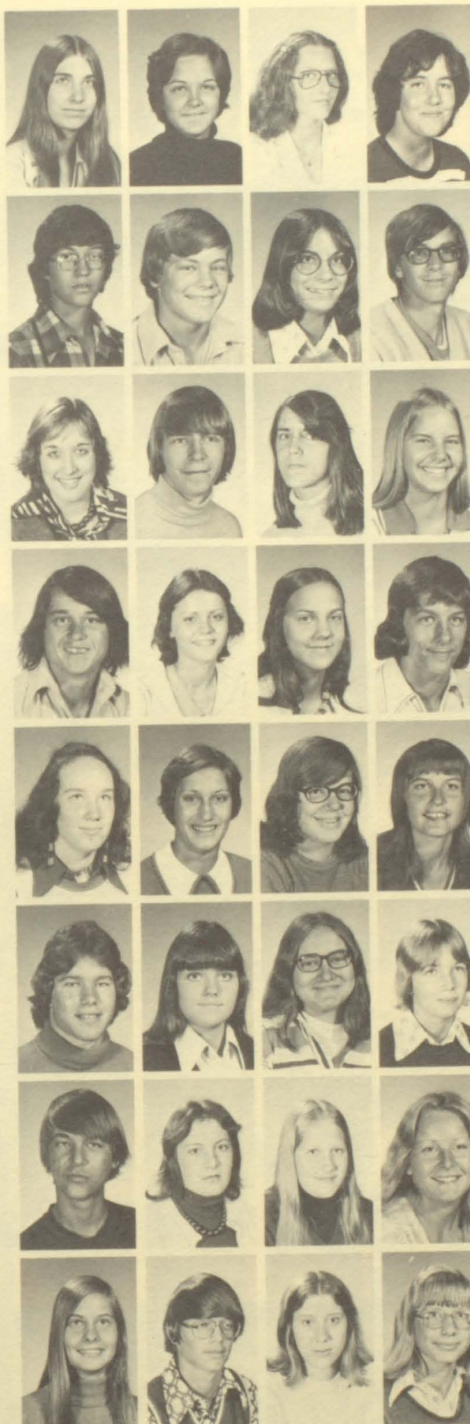
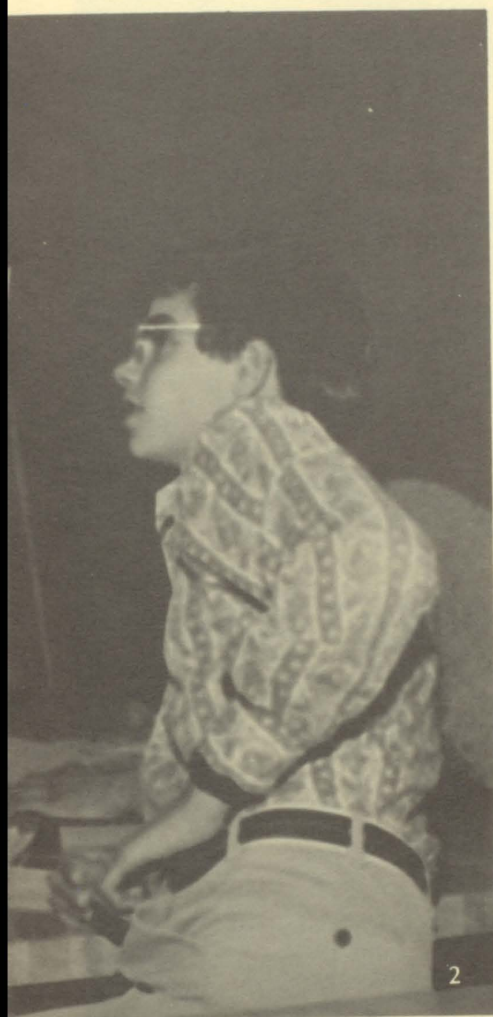
Brian Burger
Thomas Bush
Robin Bussey
Jack Cain

Cindy Cardey
Michael Carey
Alan Carlson
Kathy Carlson
Timothy Carlson
Kim Carpenter
Wayne Carstens
Richard Carter

Rita Cincoski
Sandra Clarke
Steven Clausen
John Conklin
Randy Cornelius
John Coy
Jeffrey Crawford
Joanne Crumby
Mitchell Dahl
Timothy Dalin
Catherine Daninger
Anthony Davidson
Kenneth Des Jardins
Timothy Dietz
Chip Drake
Denise Duncan



Juniors Pay Higher Price For Class Rings



Mary Effertz
Julie B. Erickson
Julie Erickson
Leigh Erickson

Scott Erickson
Greg Evgen
Judy Faber
Douglas Farren

Lynn Ferderer
Michael Fisher
Susan Fisher
Vicki Fladland

John Fraley
Debbie Frappier
Connie Frost
Joe Gallagher

Debbie Gannon
Cindy Gatzow
Amy Genin
Julie Gilbertson

Michael Gill
Laurie Gillespie
Terri Goiffon
Diane Goodroad

Gary Grabinski
Judi Grapp
Roberta Groeneweg
Jamie Guerin

Jan Gunderson
Brent Gustafson
Susan Gustafson
Carol Hadlich

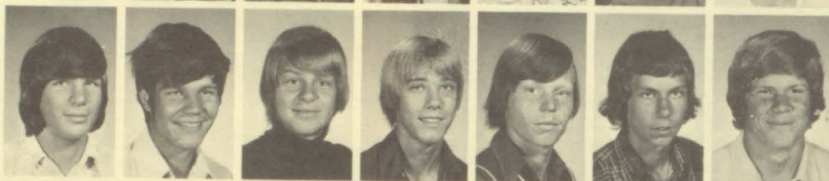
1. Working diligently in Math Analysis are two juniors, Jan Gunderson and Jamie Theobald. 2. Tim Meyer receives needed help in Physics from Mr. Henderson. 3. Warming up their voices for an hour of singing in Choir are Kim Miller and Kim Carpenter.

Juniors Sponsor Hillbilly Dance Nov. 22

Laura Hahn
Gary Haluptzok
Warren Haluptzok
Judy Halvorson
Ricky Hansen
Todd Harper
Michael Hart



Matthew Hauble
Ken Hengel
Paul Hesla
Rick Hewson
Mike Hodges
Kevin Hoekstra
Mark Holl



Jim Hollihan
Dave Houle
Jane Houle
Jennifer Houle
Diane House
Ron Humphrey
Debbie Hunecke



Lynn Hunt
Kim Hursh



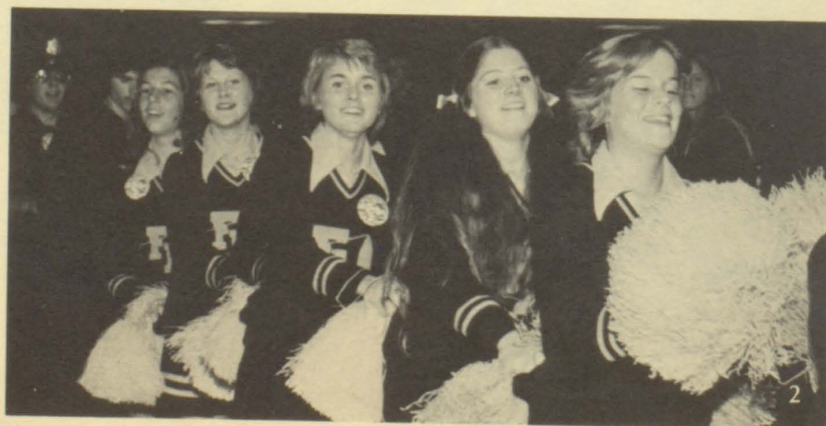
Kathy Husnik
Kevin Husnik

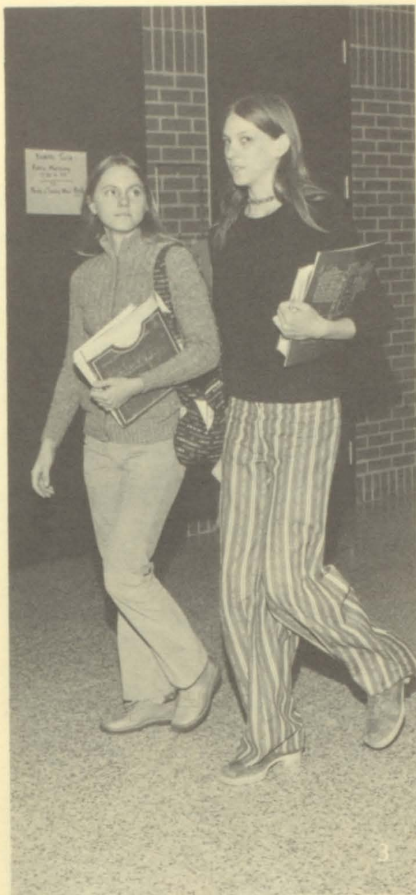


Michelle Husnik
Forest Hyatt



John Isaacson
Roberta Iverson



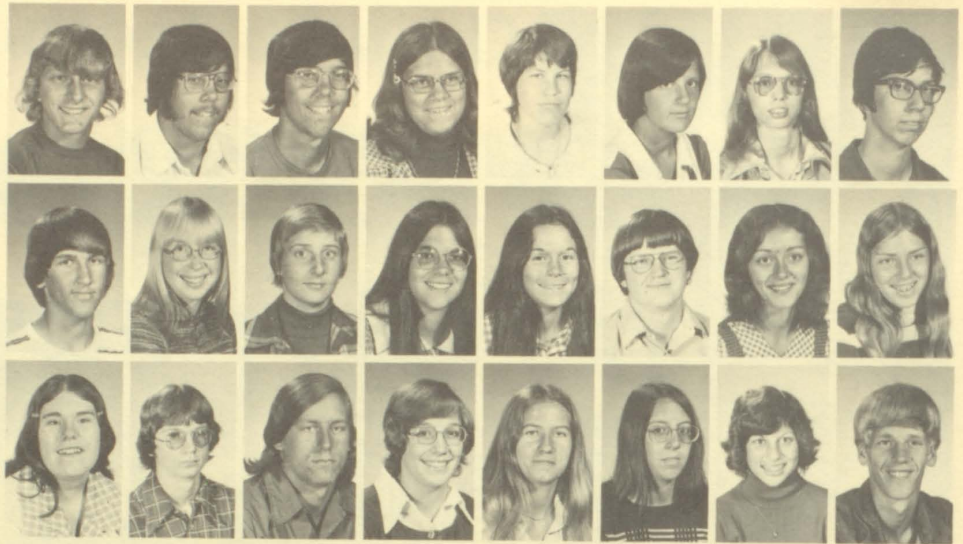


1. Waiting to be married at Sadie Hawkins are Lynn Ferderer and Cindy Zeller. 2. Junior cheerleaders Sue Moen, Cassie Ortenblad, Becky Bjork, Peggy Ahlm, and Mindy Anderson lead students to the Homecoming bonfire. 3. Cathy Peterson and Deanne Pratt walk to their next class. 4. While attempting to do their homework in the cafeteria, Robin Swenson and Karla Brungardt share a bottle of Mountain Dew.



Ron Iverson
Doug Jacobson
Jay Jaeger
Bill Jeans
Dennis Johnson
John Johnson
Mitch Johnson
Bonnie Johnson
Ron Juelich
Jim Kalsnes
Diane Keller
Richard Keller
Tim Keller
Kerry Kellerhuis
Dave Kellogg
Larry Kling
Eva Knapp
Brad Knudson
Sheree Knutsen
Bucky Koch
Robert Koch
Heidi Koester
Cindy Kopp
Gina Korf
Don Kotchen
Carrie Kottke
Margaret Krasky
Lloyd Krohn
Kristi Kroska
Mark Kuefler
Kathy Kult
Gary Kunshier
Mike Kunshier
Karen Kuntz
JoAnne Kuñze
Michelle L'Allier
Mary LaMotte
Randy Lanahan
Mark Lane
Amalie Lange

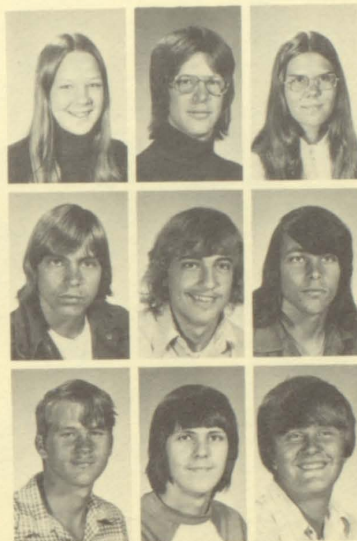
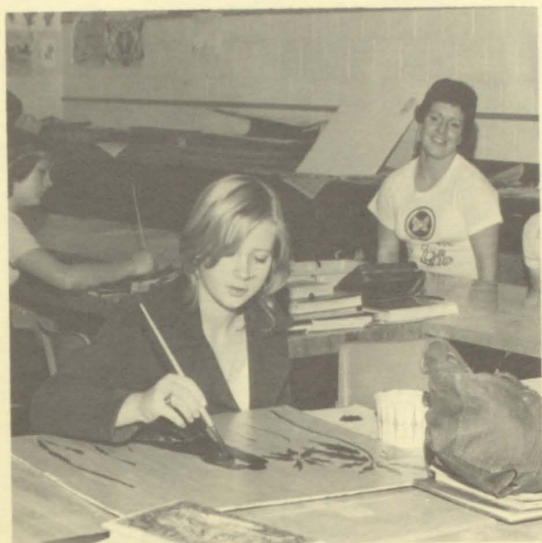
Bryan Lange
 Rod Lange
 Ronnie Lange
 Ruth Lappe
 Coriene Larson
 Mary Larson
 Denise Lavandowska
 Tom Leach
 Todd Lewis
 Wanda Liljenberg
 Helene Lindner
 Rita Linz
 Terri Lipp
 John Locke
 Kim Lomnes
 Doreen Longsdorf
 Mary Anne Lord
 Bill Lundberg
 John Lundgren
 Jean Lutz
 Janet Lynde
 Katy Mack
 Cathy Mackey
 Charles Mackey



Bonnie Mader
 Tom Maier
 Shelley Manders
 Janyce Marshall
 Pam Mateer
 Mary Matheson
 Brian McGrath
 Dan McGrath
 Theresa McKinzie
 Dave McLaughlin
 Kathy McLean
 George Meindel
 Therese Michaud
 Kim Miller
 Colleen Milligan
 Scott Minke
 Curt Moen
 Sue Moen
 Bob Mooney
 Bill Moore
 Merrie Morello
 Tim Motschenbacher
 Jan Mulvihill
 Ambrose Nalewaja



Jr. Girls Emerge Victors In Powderpuff



Cheryl Nelson
Chris Nelson
Andra Nelson

Jim Nelson
Joel Nelson
Richard Nelson

Ronald Nelson
Scott Newman
William Nicklason



Terry Nielson
Joanne Niemczyk
Chris Novak

Alan Oakvik
Mark O'Brien
Mike Olsen

Carolyn Olson
Kendall Olson
Lee Ann Olson

Vicki O'Neil
Cassie Ortenblad
Dawn Orvis

Kevin O'Shaughnessy
Brenda Otteson
Curt Patak

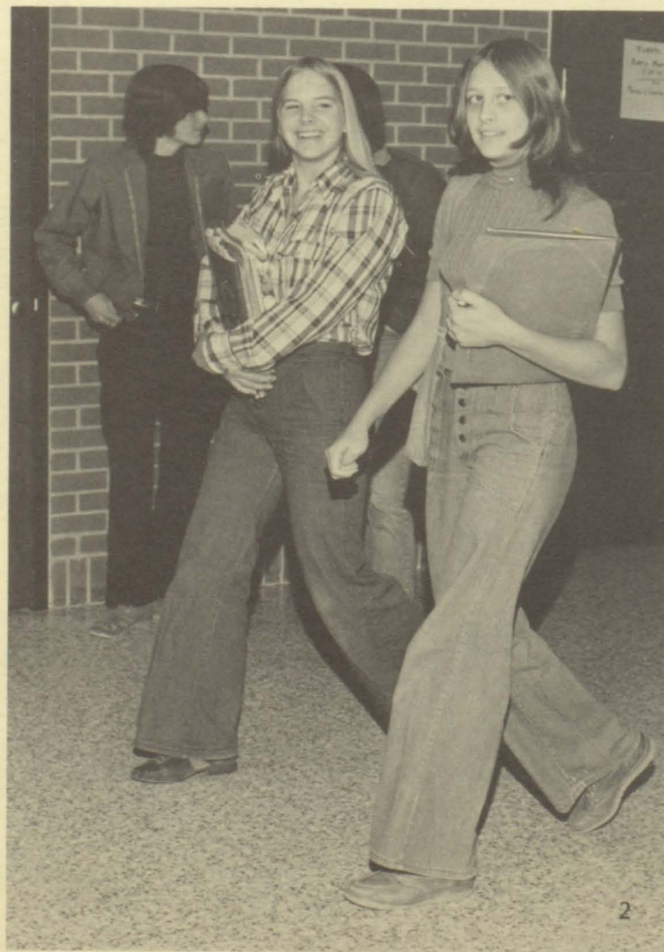
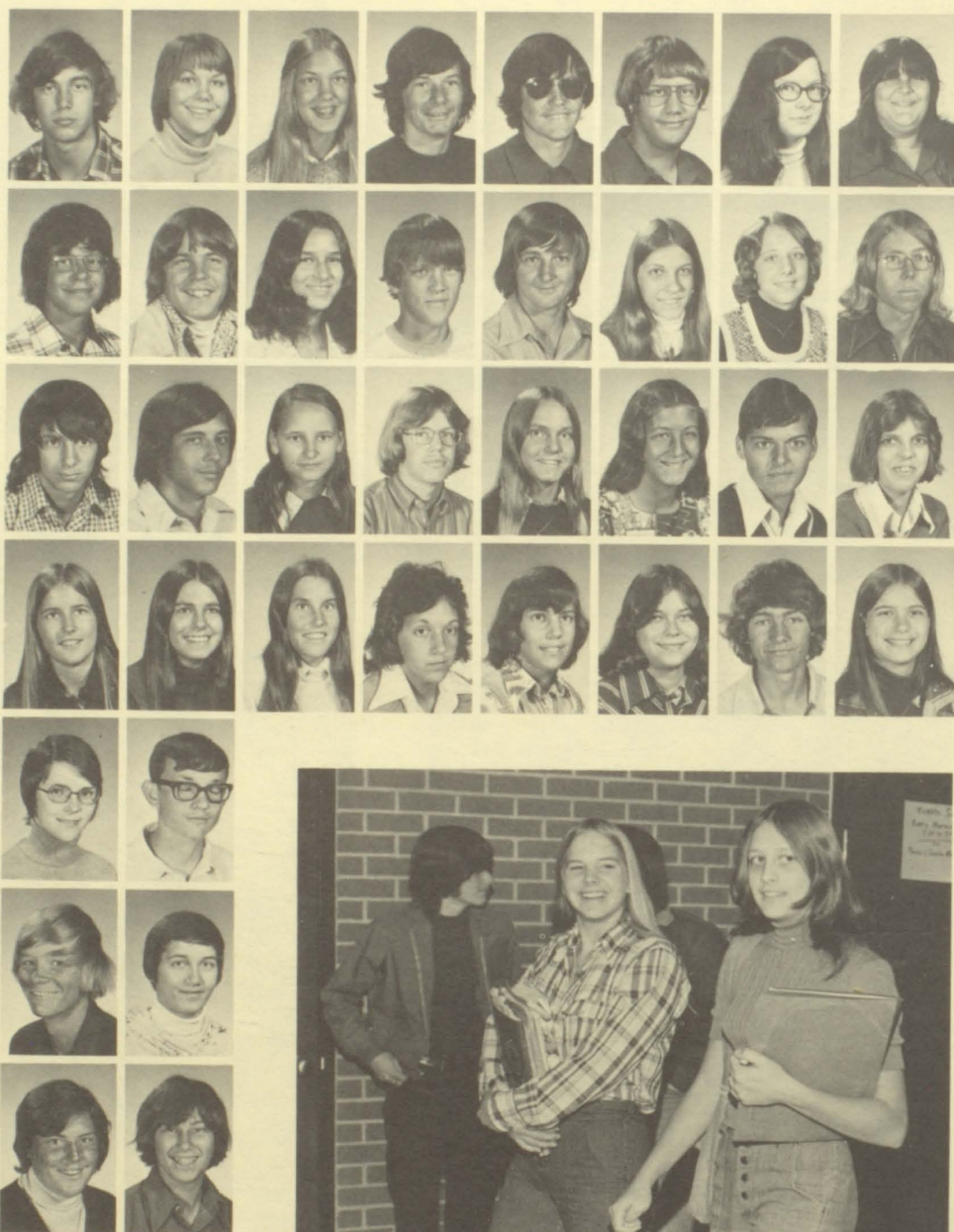
1. FLHS countryfolk boogie in their bibs to the music of "Tunesmith." 2. Cathy Daninger watches as Tara Ristrom paints a romantic scene in an art Class. 3. Making a practical application of her debating technique, Jan Gunderson makes a point to Sue Moen.

Class Of '76 'Loses Face' On Slave Day

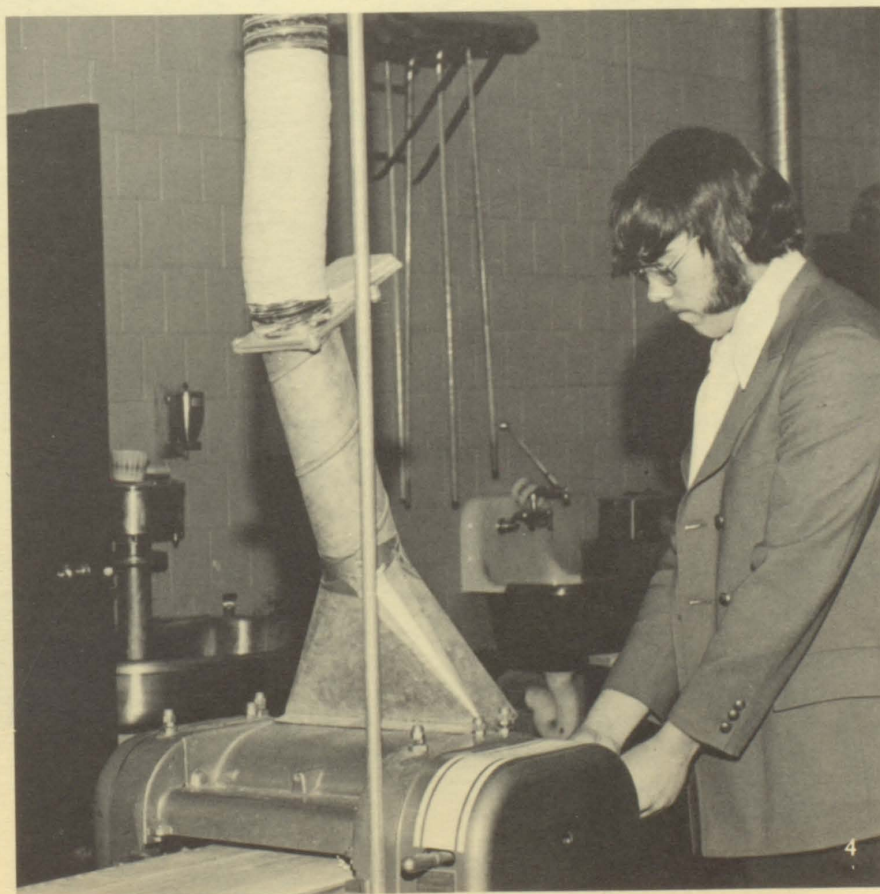
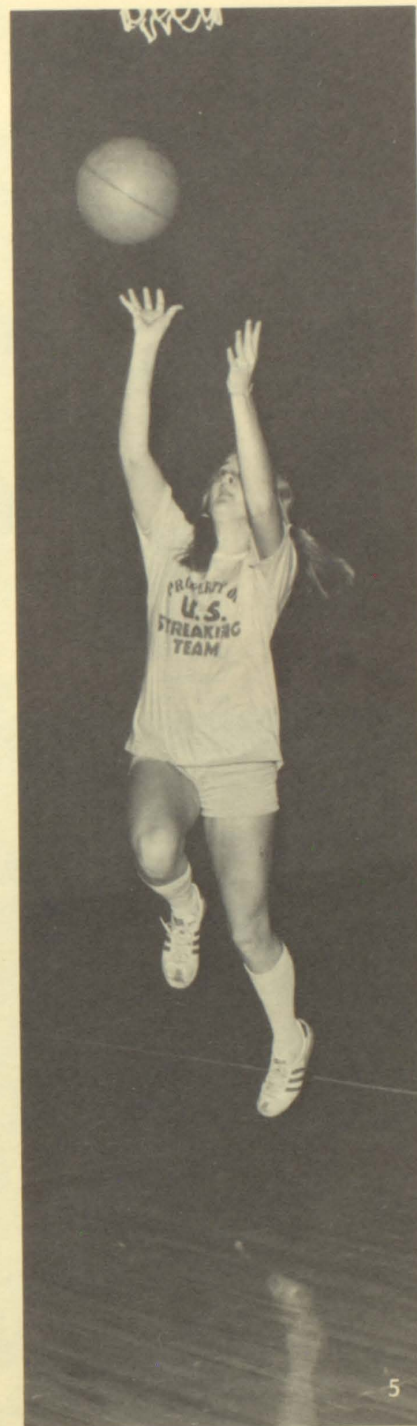
Chris Paul
Carla Payne
Lynn Pearson
Steven Peek
Scott Peiffer
Carl Peirkert
Anita Peitz
Carol Peloquin
Joe Peltier
Bill Peltier
Denise Perrault
Craig Peters
Tim Peters
Cathy Peterson
Tammy Peterson
Terry Petron
Pat Philippi
Lloyd Pierce
Pat Poff
Chris Pratt
Deanne Pratt
Sandy Proulx
Mike Puchalski
Debbie Raeder
Debbie Ramsden
Lisa Rasmussen
Cindy Ray
Cindy Rehbein
Rita Rehbein
Robyn Rehbein
Perry Reidt
Elain Rholen
Yvonne Riihiluoma
James Roberts

Bob Roen
Mary Rosenbush

Susan Ruggles
Roger Rydeen



1. Denise Duncan works patiently at her machine on an intricate piece of sewing. 2. Smiling as they near the cafeteria, Kristi Kroska and Vicki Fladland hurry to class. 3. The Brothers entertain spectators during Skit Night with their own version of "The Star Spangled Banner." 4. Working on a project, Rod Lange begins by planing a large piece of wood to size. 5. Sally Thompson makes a lay-up during a phy ed class.



Ande Rylander
Ann Sargeant



Flo Saunders
Lynn Schaab



Joann Schafer
Janette Schloer



Julie Schmidt
Phil Schneider
Meg Schumacher
Scott Schwankl
Michael Schwartz
Betty Seaver
Sue Seekon
Brian Seiler



Pamela Seitz
Barb Servaty
Tom Setterholm
Rick Sireno
Doug Smith
Jim Sodergren
Deobrah Sorg
Mark Sparrow
Lori Staffki
Kathy Stehr
Barb Stein
Gwen Steinhaus
Rand Stevens
Steve Strand
Jean Sullivan
Fran Svec



Lisa Swan
Cindy Swenson
Robin Swenson
Mike Taube
Jaime Theobald
Pamela Thiel
Daniel Thomas
Paul Thomasen
Julie Timm
Joellen Trombley



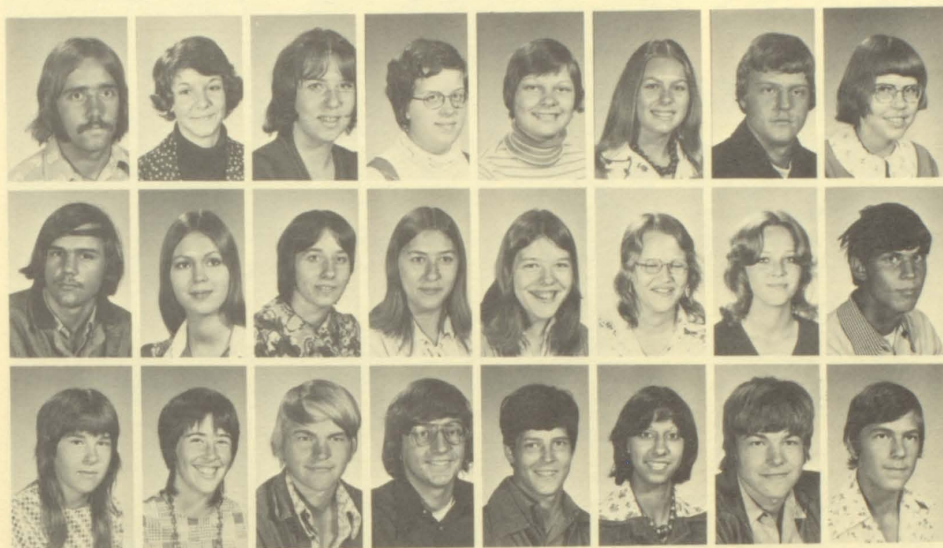
Judy Trombley
Jerry Tubbs



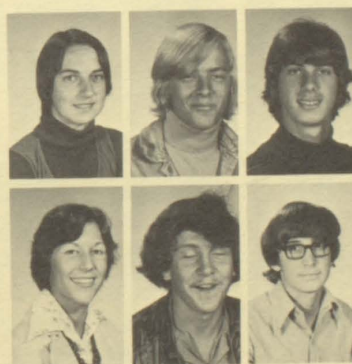
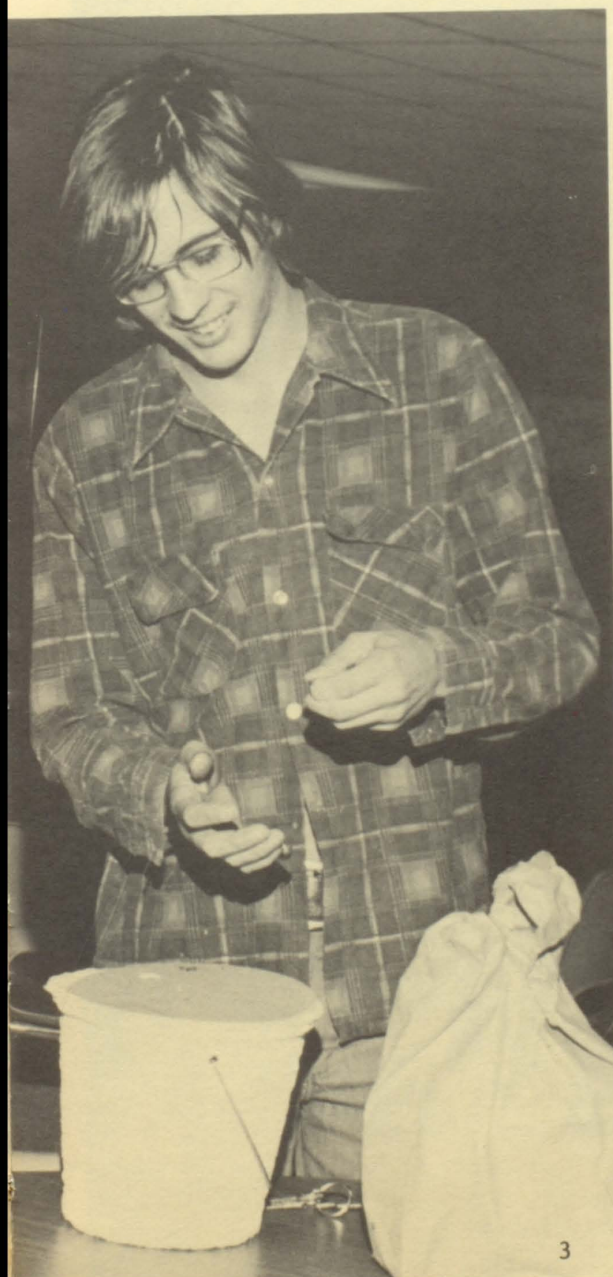
Joseph Utecht
Sue Vadner



Sports, Organizations Involve Juniors



Dave Vanderbosch
Kathy Vanderbosch
Wanda Van Horn
Jean Verner
Teri Vitalis
Sue Waddell
Joseph Wagner
Alice Waller
Raymond Wallraf
Desiree Walstad
Candi Weinkauff
Barb Weisbrod
Sue Weisbrod
Cheryl Weiss
Shelley Wells
Mike Wenzel
Anita Westover
Annette Westover
Dean Wiberg
Marty Wicklund
David Williams
Vicki Wolfbauer
Allen Wolfe
Tom Wright



Anita York
Rodney Zank
Tim Zastrow

Cindy Zeller
Bob Zschokke
Scott Zwiers

1. Juniors Cathy Peterson, Pat Pierce and a friend relax in the halls after a trying day at school. 2. Pseudolus (Bucky Koch) looks frightened and hopelessly trapped as two soldiers prepare to stab him. 3. Lloyd Pierce acts "fishy" as he selects minnows for lettermen initiates to eat. 4. Closely observing a volleyball game are team members coaches and spectators.

Sr. High Situations Challenge Rookies

"War and peace; hell and heaven; we're the class of '77," was the sophomores' slogan and they lived up to these expectations. Overwhelmed with the size of the student body, they eagerly set out to form new friendships with students and teachers through classes and extra-curricular activities. Eight cheerleaders led their class of 506 at pepfests and games, generating a shrill battle cry. The sophomores' halftime antics entertained powderpuff spectators at Homecoming. For the decoration contest at Christmas, sophomores adorned the halls with yuletide greetings. In February they organized the Sweetheart Dance and sophomore royalty was crowned. Relieved to have escaped the tedious regimentation of junior high, the class of '77 was impressed with the responsibility teachers gave them.



Gerald Adams
Richard Agnes
Debra Alcock
Tim Almquist



Carol Anderson
Char Anderson
Joanne Anderson
Juanita Anderson



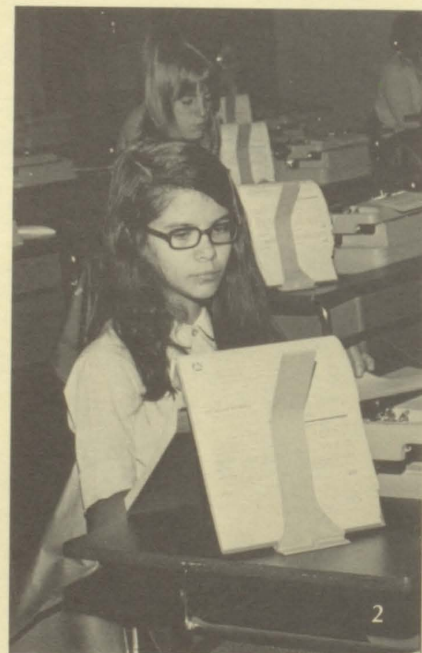
Julie Anderson
Kelly Anderson
Kevin Anderson
Lori Anderson



Mark Anderson
Cindy Andreson
Jan Arneson
Judy Arendt

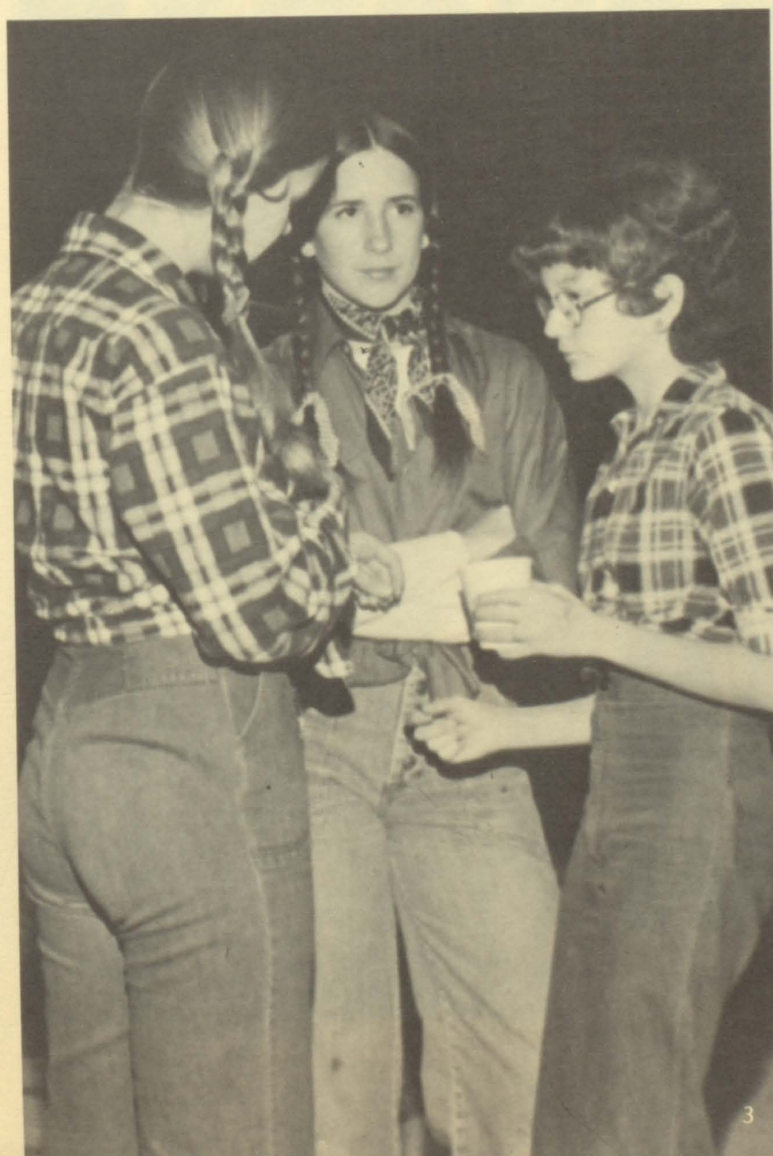


Rocky Austad
Caryl Bairaktaris
Carol Baker
Lynette Baker
Deborah Bakke
Brenda Banta
David Barnes
Philip Barnier
William Bartusch
Scott Bebeau
Cheryl Beck
Wendy Beckman
Jeri Bedient
John Belden
Kevin Belistle
Karen Benoy





Bob Berger
 Tracey Berger
 Brenda Berglund
 Joel Bergman
 Paul Bergstrom
 Dan Birdsall
 Lynn Biron
 Joyce Bishop
 Lisa Blatter
 Cheryl Blesener
 Mark Block
 Teresa Blouin
 James Boettcher
 Debbie Boleen
 Bill Bothman
 Donna Bowers
 Louis Bowker
 Denise Boyer
 Mary Boyer
 Jeff Bracht
 Julie Bracht
 Lori Branjord
 Renee Briggs
 Clifford Brodtmann
 Don Brommerich
 Mary Brooke
 Karen Brown
 Mark Brown
 Michele Bruley
 Lori Buck
 Carole Burke
 Doris Bunn
 Mary Cardinal



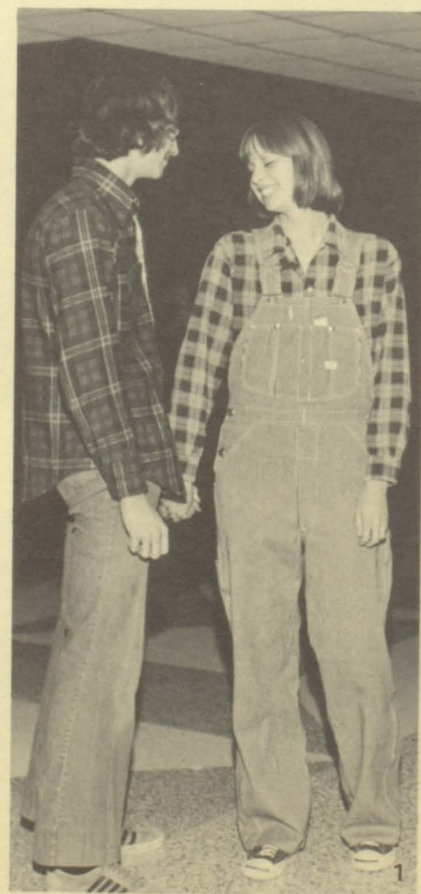
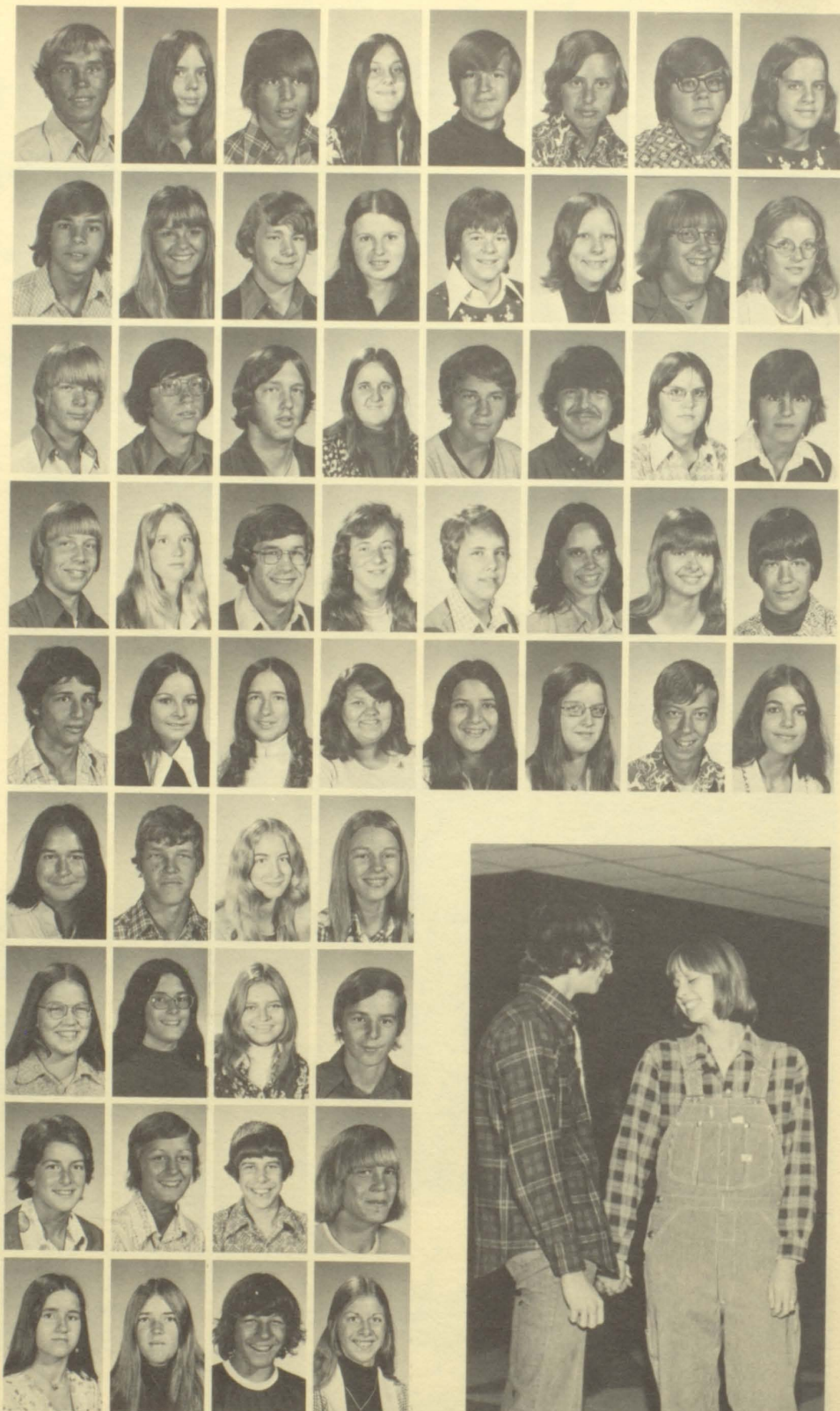
1. Sophomore Class Officers: Bart Rehbein, Vice President, Diane Gessner, Secretary, Dawna Lichtscheidl, Treasurer, John Clifford, President. 2. Cathy Schleicher and Sue Manthey intently practice their typing skills. 3. During the Sadie Hawkins Dance sophomore girls converse over a cup of apple cider. 4. Andrea Kúnshier tests her backhand technique as she returns the ball to her opponent.

Tom Carlisle
 Connie Carlson
 Jim Carstens
 Stephanie Carter
 Dave Cartier
 Kevin Charter
 Phil Cheesebrough
 Karen Chenoweth
 Mike Chilson
 Dawn Cincoski
 John Clifford
 Jody Cochran
 Debra Colter
 Kristine Costello
 Lauren Coxon
 Val Craig
 Larry Crane
 Dave Crohn
 Burt Cronk
 Melody Dahl
 John Dahlin
 Craig Danielson
 Sheryl Davis
 Tom DeHaven
 Ron Demarais
 Julie Dent
 Loren Devine
 Lori Dietrich
 Rita Dietz
 Lynette Dirks
 Mary Dittmar
 Rick Dixon
 Kevin Dolan
 Kathy Donaghue
 Pat Dorn
 Ann Drechsel
 Cindy DuPaul
 Bonnie Dykhuisen
 Jim Edwards
 Gloria Effertz
 Tracy Eggan
 Mark Elfstrand
 Carolyn Emerton
 Lori Ensrud

Deborah Erickson
 Debbie Erickson
 Sandra Ericson
 John Erkenbrack

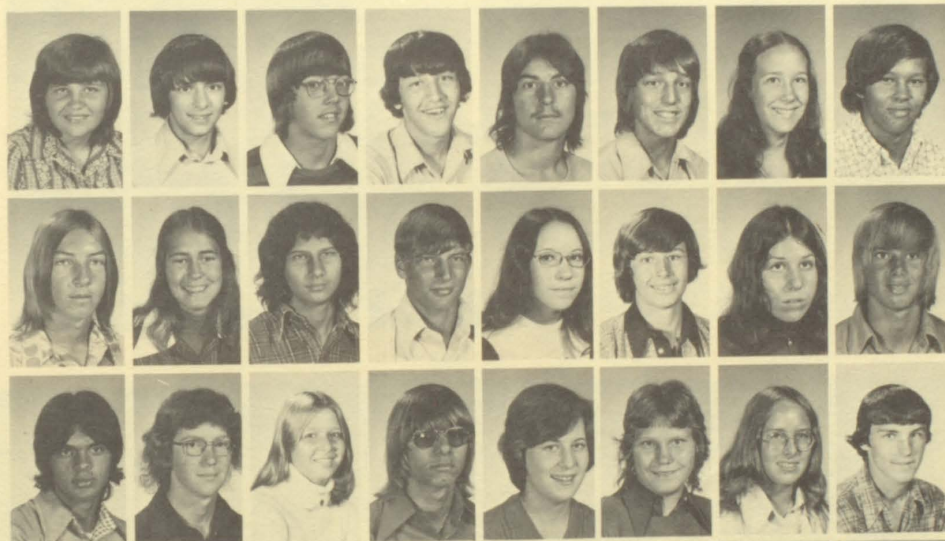
Rita Ersfeld
 Heidi Fairbanks
 John Fast
 Paul Fedje

Debra Fisher
 Gina Flanagan
 Scott Fleischman
 Lori Florhaug



1. At the Sadie Hawkins Dance, Sara Ramaley and Lenny Schwan enjoy Dogpatch festivities.
2. Waiting for the activity buses, football players relax after practice.
3. Sophomores converse before an hour of American History lectures.

Class Of 1977 Breaks Enrollment Record



Connie Forsell
Curt Frenning
Bob Frestedt
Robin Fugate
Tim Gale
Mark Gamelin
Tamilla Gannon
Dave Gantz

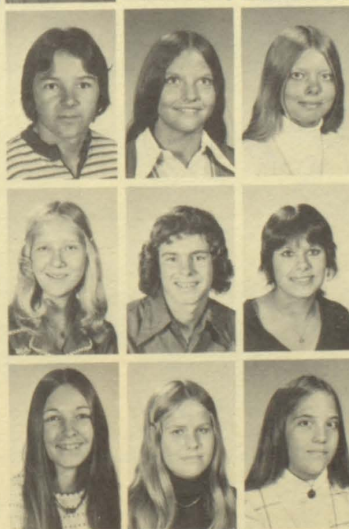
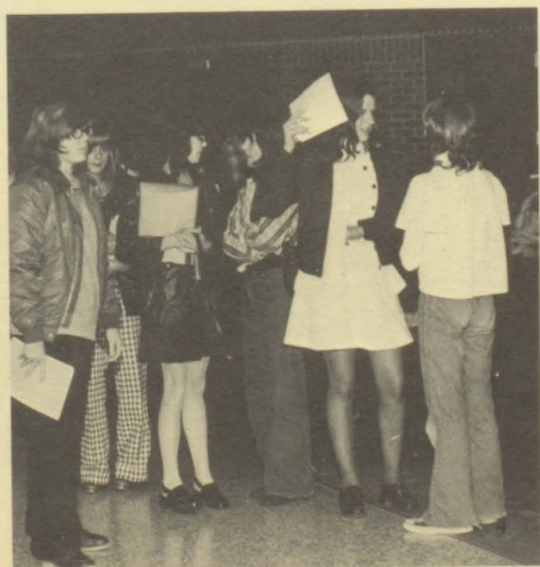
Jeff Gauvin
Diane Gessner
Dale Gillette
Gerald Goiffon
Mary Good
Tom Grace
Jackie Graslee
Mike Gravelle

Jeff Green
Mark Green
Kathy Greener
Steve Groess
Kathy Grothe
Mary Gruber
Mary Grun
Steve Grund

Wade Guerin
Diana Gustafson
Orchid Gustafson

Kerri Guttson
Tom Hagen
Carol Hansen

Gail Hanson
Tammy Hanson
Barb Harley



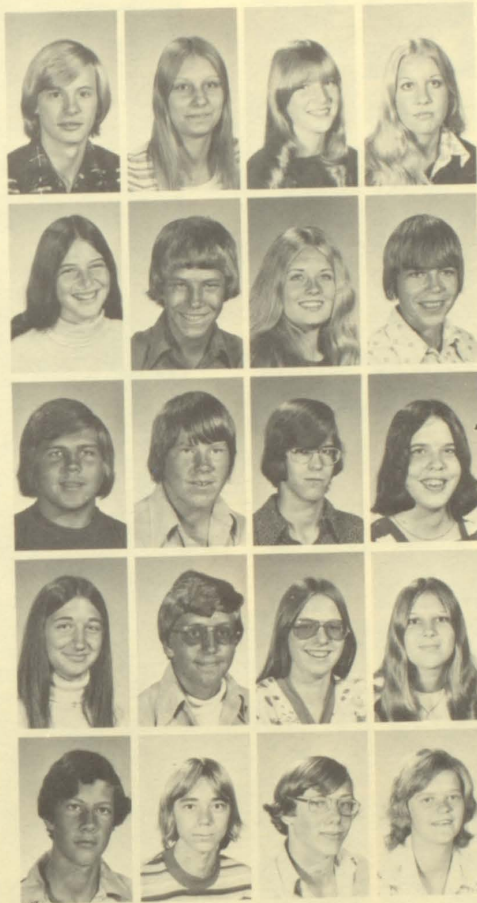
Sophomores Develop New Friendships

Darrell Hartung
Michael Haseltine
Steve Havens
Colette Hawkinson
Julie Hegerle
Kathy Henderson
Tom Henderson
Laura Hendrichsen
Timothy Herges
David Hibbison
Cathleen Hodges
Ann Hohenauer
Barb Holl
Laura Hollen
Teri Holmstrom
Brenda Houle
Brian Houle
Steve Houle
Connie House
William House
Dale Howard
Debbie Hudak
Daniel Hunecke
Twyla Hyatt
Steve Immel
Patricia Jacobs
Michael Jacobson
Bruce Jarvis
Todd Jeans
Linda Jellum
Craig Jensen
Daniel Joachim
Arden Johnson
Cheryl A. Johnson
Cheryl M. Johnson
Clayton Johnson
Connie Johnson
Cynthia Johnson
Gregg Johnson
Jacquelyn Johnson



1. Mary Ellen Ruggles, Gracia Lindee and Karen Benoy work together on a English assignment.
2. At Sadie Hawkins, Cheryl Johnson gives her feet a break and sits out a dance in a trash can.
3. Ms. Jensen aids students in preparation of a speech. 4. Sophomore boys laugh as they wait for the morning bell.





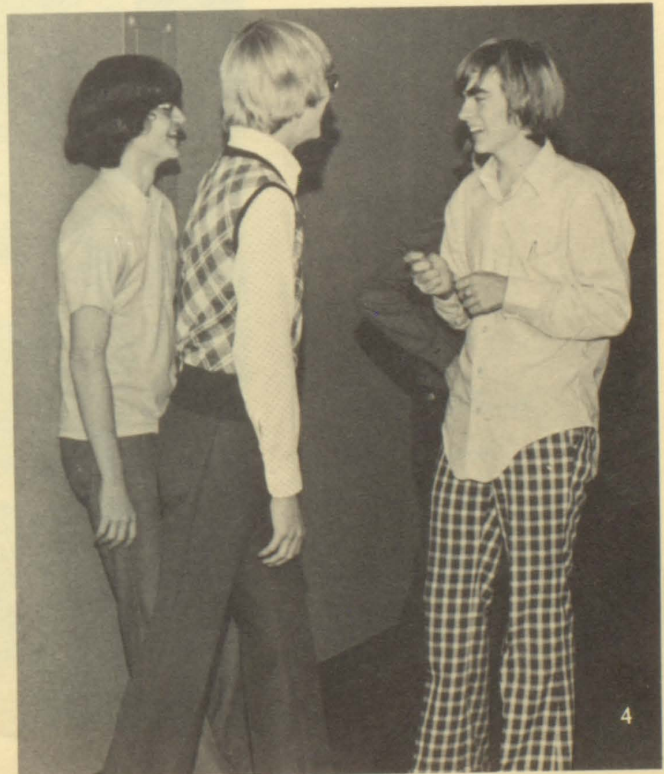
Kenneth Johnson
Kim Johnson
Sandra Johnson
Sari Johnson

Susan Johnson
Tim Johnson
Cynthia Jones
Bob Jorgensen

Mike Kapushinski
Kelly Karnes
Frank Kaufman
Cynthia Kedrowski

Judy Keilen
Scot Kelch
Sandra Keller
Sheri Kellerhuis

Michael Kempf
Edward Kendall
Jerald Kiekhafer
Candace Kirchoff



Gwen Koch
Randy Kolbow



Tim Korf
Mitch Kramer



Debbie Kreiner
Bruce Krongard



Lori Krummi
Andrea Kunshier



Kim Kvitek
Dan LaCasse



Dave LaCasse
Kevin LaCasse



Dave L'Allier
Ann LaMotte



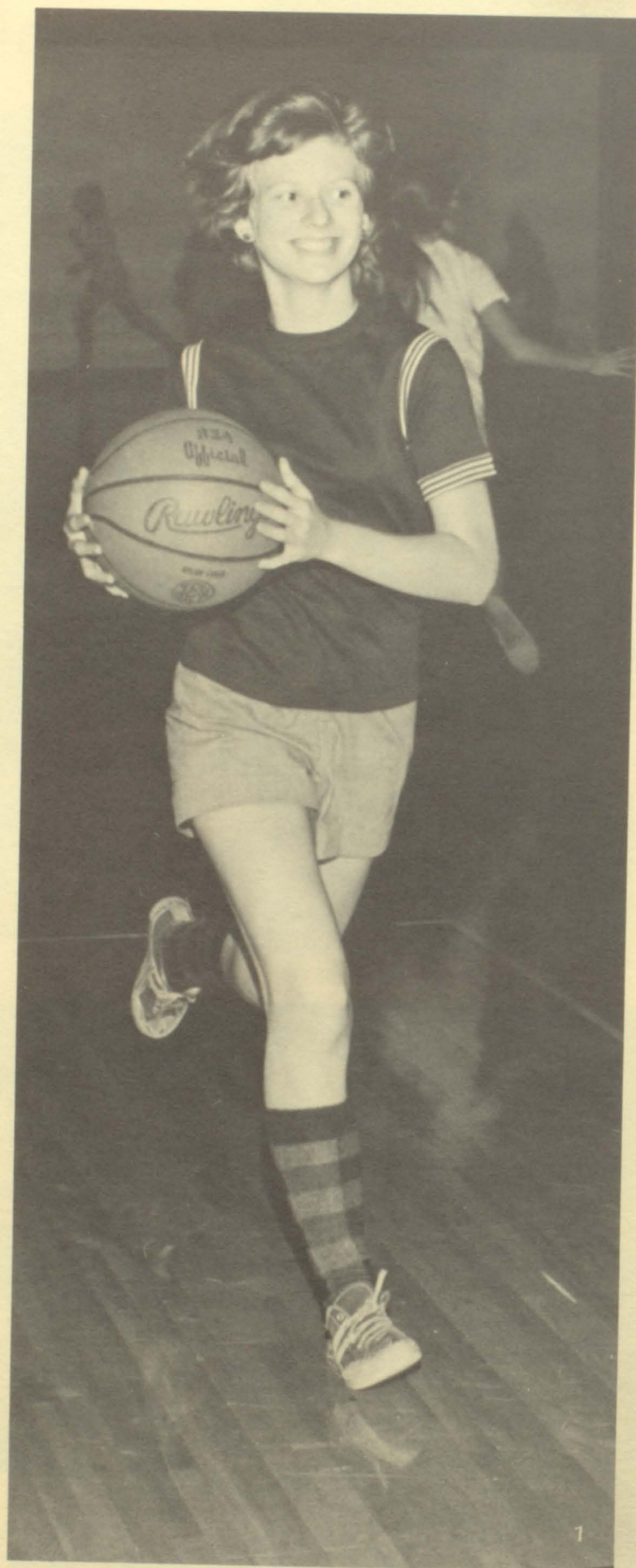
Chris Lanahan
Candis Lang



Fred Larson
Mark Larson

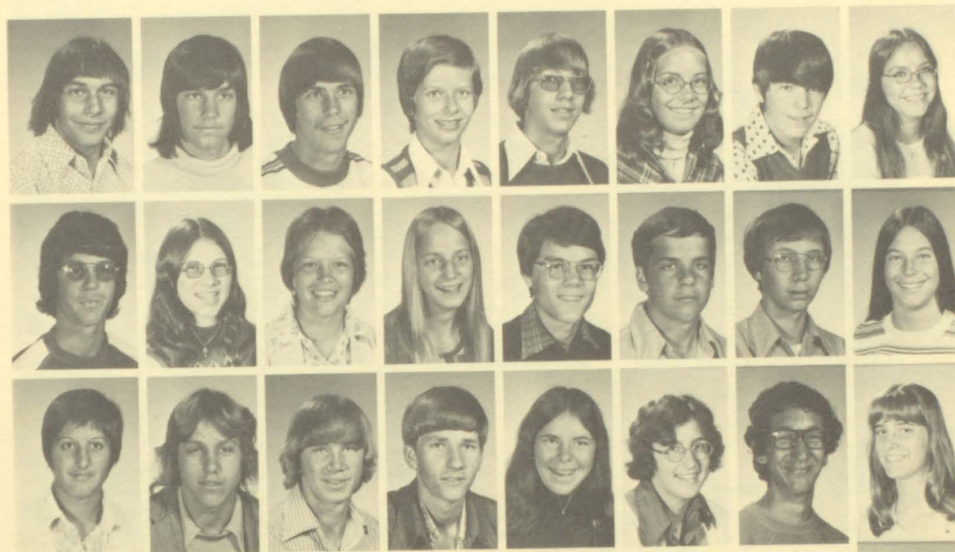


Barb Leason
Debbie Lehmann



1. Smiling as she travels down the basketball court is Dawna Lichtscheid. 2 "Bleacher Buffs" and sophomore girls lead cheers at a volleyball game.

Responsibility Impresses Sophomores



Mark LeVesseur
Steve Lewis
Dave Lichtscheidl
Dawna Lichtscheidl
Greg Lichtscheidl
Anne Lien
Tom Lind
Lynn Lindberg
Greg Lindeberg
Gracia Linder
Lori Lindholm
Teri Lindstrom
Doug Longsdorf
Tim Luke
Dan Lutz
Julie Lyksett
Debre Maas
Dana Mabry
Steve Mack
Doug Mackley
Peggy Macziewski
Linda Madsen
Eric Mann
Susan Manthey
Lauren Marg



Mike Marier



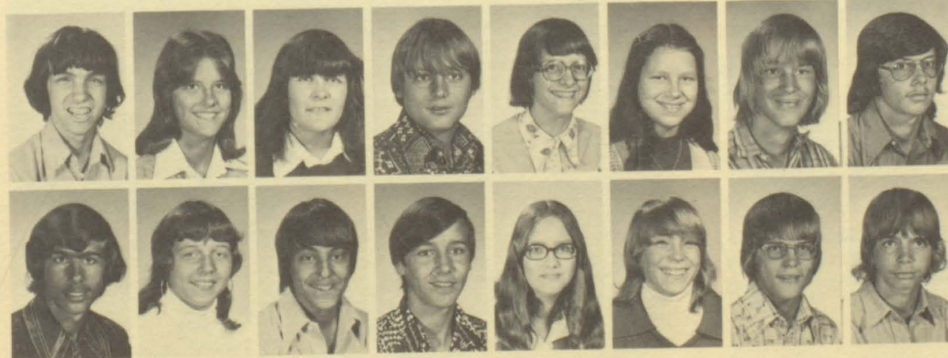
Julie Marshall



Buddy Martinson



Jay Matheson
Cindy Mathson
Kitty Mattson
Jack Mayo
Stephanie McConnell
Vicki McCool
Dave McCullough
Kevin McGinn
Collin McLaughlin
Stacy McLaughlin
Jack Meline
Dan Merrill
Dianna Merrill
Julie Merritt
Patrick Messelt
Bob Meyers



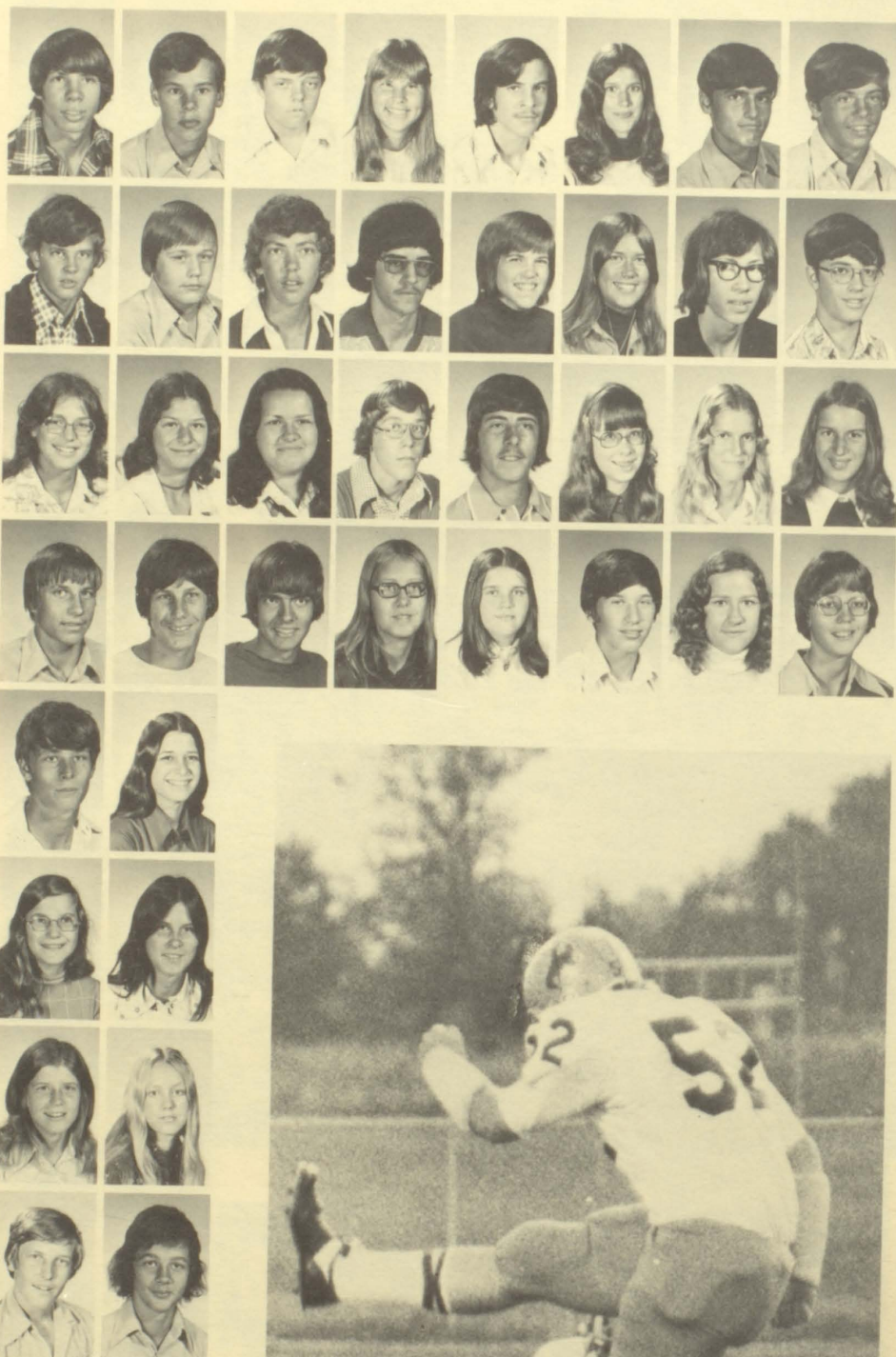
Soph Trimmings Depict Yuletide Cheer

Roger Meyman
Daniel Michaud
Darrell Miller
Merle Miller
James Minder
Judy Mirocha
Bennett Montzka
John Moore
Michael Moore
Andrew Morstad
Thomas Motschenbacher
Bradford Mueller
Sandra Mulcahy
Shelly Muske
Donald Myers
Clinton Myhre
Cynthia Nast
Laura Navin
Sally Neal
Daniel Neff
Brian Nelson
Kristin Nelson
Nancy Nelson
Jacquelyn Nielsen
Andrew Niemczyk
David Nimis
Jody Nowling
Judy Oberg
Lori O'Brien
Brian Odegard
Stephanie O'Hair
Cindy Olsen
Max Olsen
Becky Olson

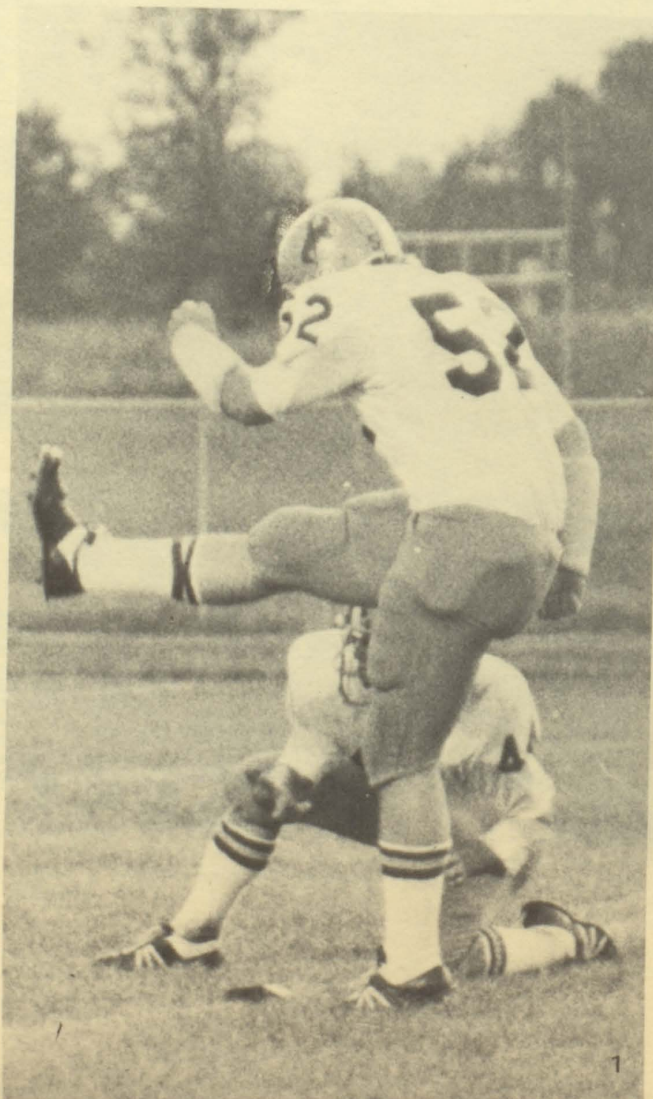
Beth Olson
Darla Olson

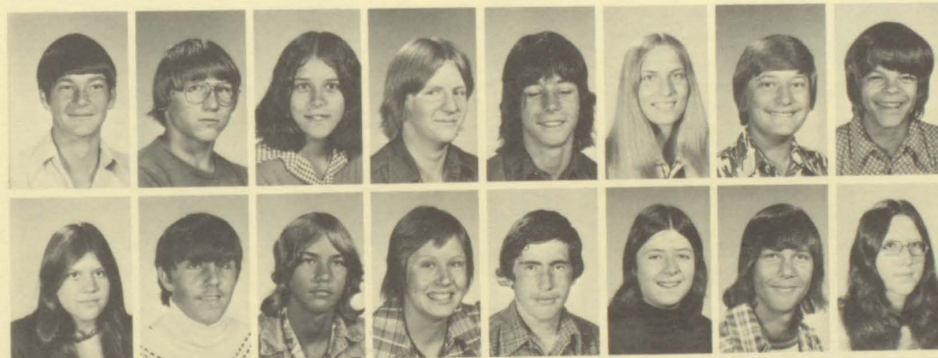
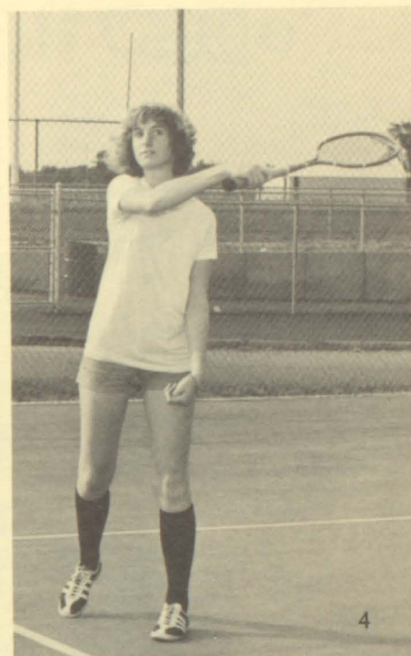
Diane Olson
Kathleen Olson

Kevin Olson
Paul Olson



1. B-squad football players kick off for the team. 2. Ranger band students skillfully practice their instruments. 3. In gym class, sophomores participate in basketball drills. 4. Playing tennis, Teresa Blouin follows through on her forehand swing.





Scott Olson
 Lance Osterbauer
 Lori Osterbauer
 Kevin Osterloh
 Mark Palas
 Roxanne Palmquist
 Tom Pareigat
 Robert Patrin
 Kay Paulsrud
 Glenn Pearson
 Lee Pearson
 Lori Pedersen
 Timothy Peiffer
 Denise Peitz
 Mark Peltier
 Melodie Peltier
 Sharon Pennison
 Michele Pepin



Daniel Perrault
 Robert Perreault

Dawn Petersen
 Michael Petersen

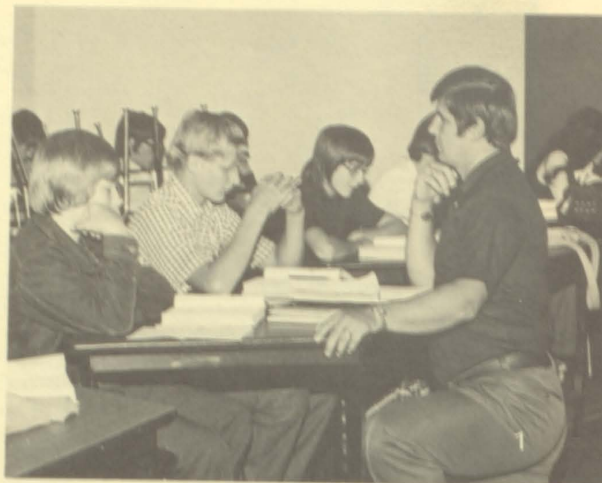
Dalice Peterson
 Loral Peterson

Robert Phetteplace
Laurie Pohl
John Polzin

Wendy Pottsmith
Jerry Preiner
Shari Proulx

John Purdie
Steve Radtke
Terry Rainer

Bill Rainer
Sara Ramaley
Mary Rameden
Dan Ramsden
Cheryl Ratledge
Julie Read
Colleen Reeder
Marc Reese
Bart Rehbein
Doug Rehbein
Ricky Reidt
Lori Rhoda
Louis Rice
Jonelle Richert
Charles Rinke
Mike Riopel
Corliss Robinson
Denise Robinson
Anne Rock
Mike Roggemann
Lonnie Rogowski
Tim Ross
Annette Rossini
Mary Ruggles



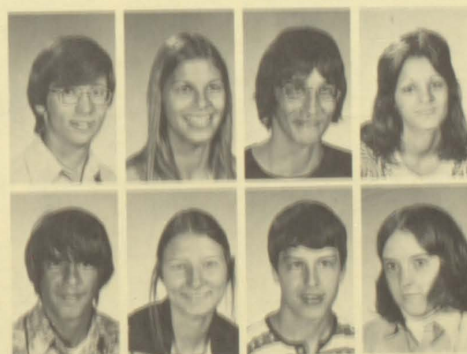
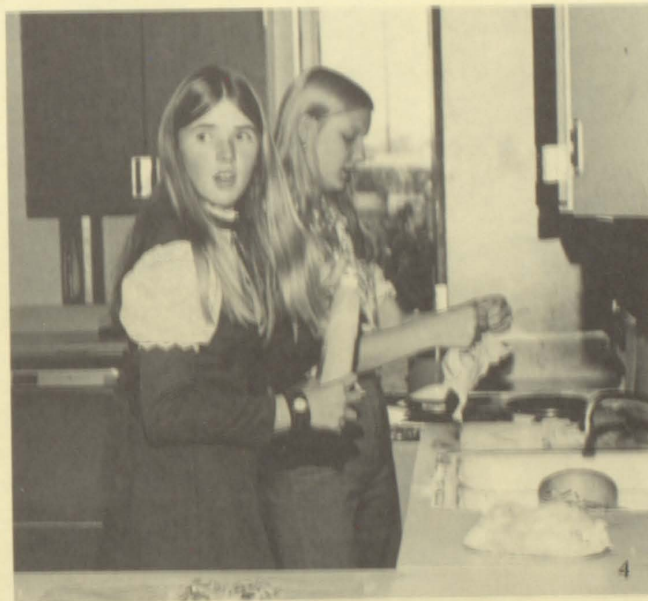
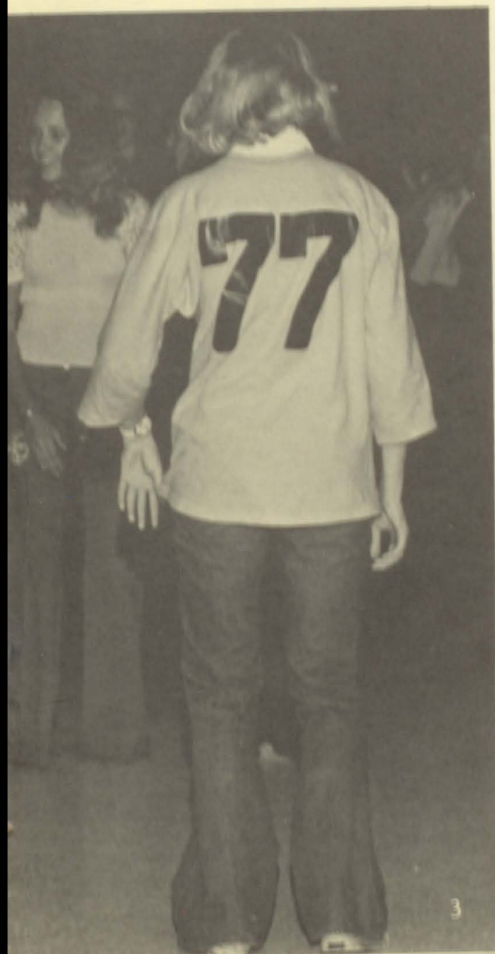
1. Mr. Altavilla explains a Geometry problem to Gerald Goiffon and Tom Pareigat. 2. During the powderpuff halftime show, sophomore girls prepare to crunch the Oriole cookies. 3. A spirited sophomore wears his "77" at a sock hop. 4. Gina Flanagan and Kim Johnson wash dishes after a home-ec lab.

Sophs Entertain At Powderpuff Game



Paul Ruggles
Kevin Rush
Denise Sather
Richard Saunders
Diane Sausen
Ginger Sausen
Peggy Sausen
Sue Scanlon

Brad Schellin
Cathy Schleicher
Christine Schliesing
Debbie Schloegl
Jim Schmidt
Robert Schmidt
Vicky Schmidt
William Schmidt



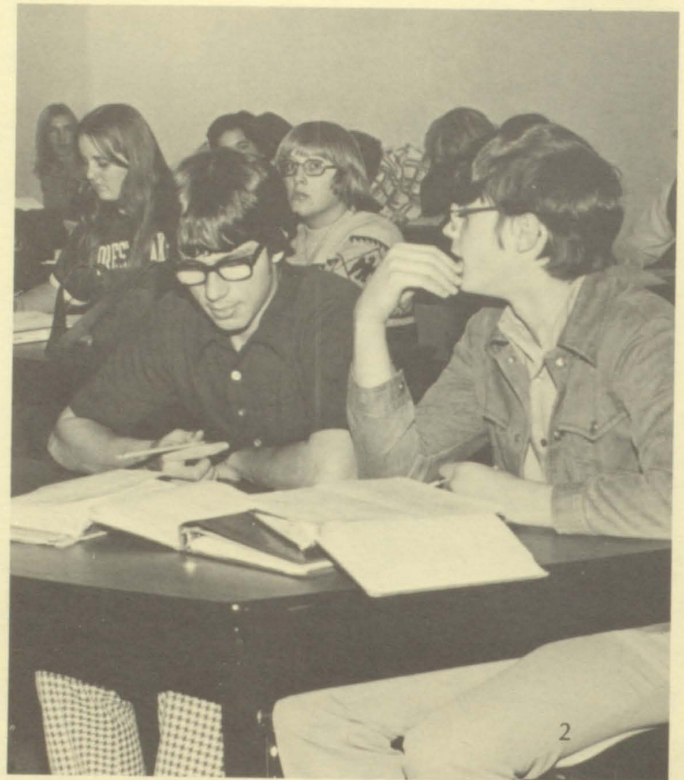
Richard Schroeder
Rainie Schwab
Leonard Schwan
Kathy Schwartz

Mike Seaver
Patty Seekon
Karl Seidl
Marie Selleck



Mike Serbus
Lowell Severson
Carrie Shaketer
Enita Shannon
Camille Shoberg
Paul Sieben
Tom Simbeck
Mike Solem

Cupid's Darts Fly At Sweetheart Dance



Kevin Stachowski
Joleen Stafki
Wendi Steely
Gloria Stein
Eugene Stierns
Tamara Stoflet
Jeannette Stopher
Leslie Strand

Joe Suess
Kaydell Sunsten
Bill Swanson
Greg Swenson
Rochelle Taube
Joe Taylor
Mark Templeton
Roger Thomasen
Roxanne Thompson
Sarah Thompson
Jodi Thoreson
Michael Timmers
Patrick Tschida
Randy Urman
Dick Valenty
Julie Vandelac
Roxanne VanHoeve
Cindy Veness
Jay Voelker
Ronald Vogland
Bob Volenski
Sherry Volenski
Sheryl Wagner
Debby Walker

Ruthie Waller
Dennis Walsh
Denise Walstad
Cheryl Wathen
Mike Watters
Scott Webb
Lytha Weckerly
Candy Weeks

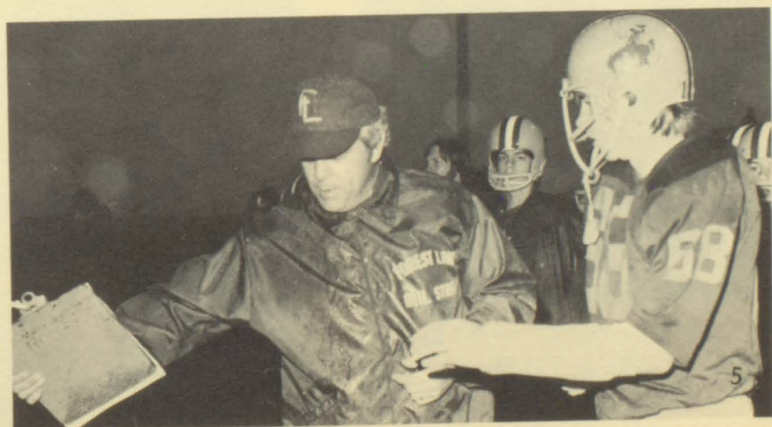
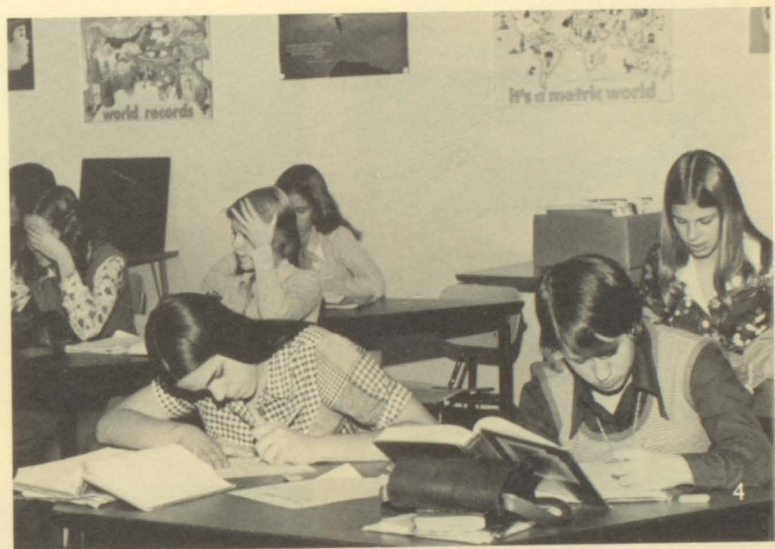
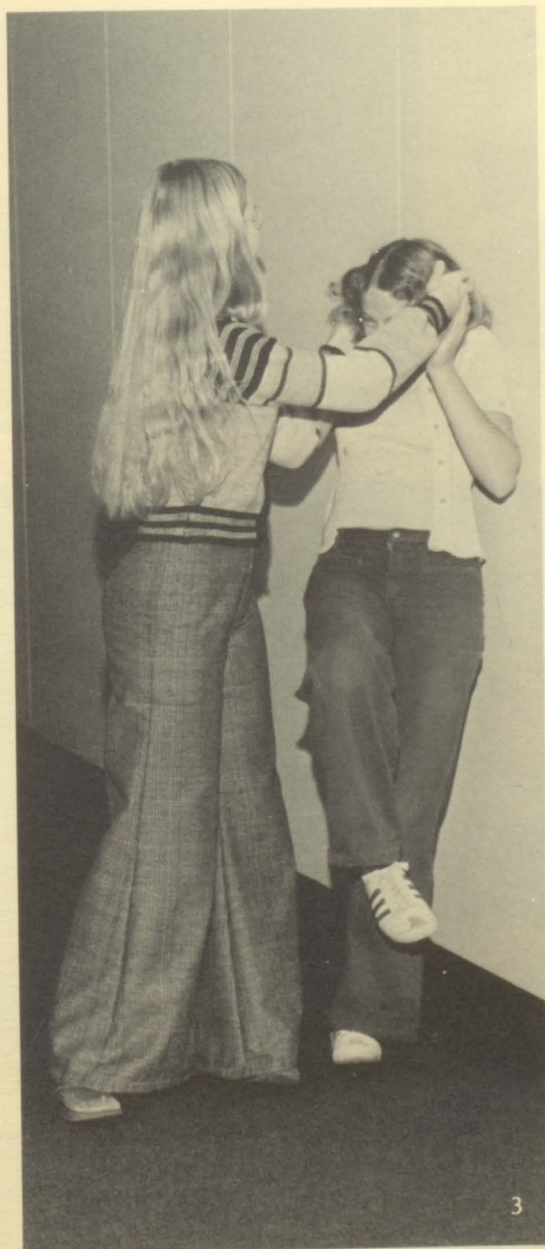




Duane Weidendorf
Charles Weir
Daniel Welch
Patrick Welsch
Pam Werner
Robin Wiley
John Willcoxen

Jill Williams
Scott Williams
Virginia William
Cheryl Witter
Guy Wojtowicz
Steve Wolfbauer
Matt Wolff

Dave Wolner
Brenda Wright
Ken York
Lon Zaudtke
Rebecca Zaudtke
Dwayne Zeiher
Randy Zeller

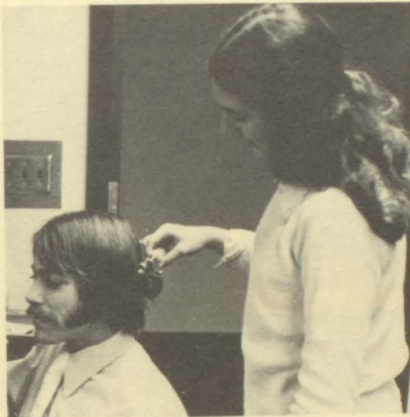
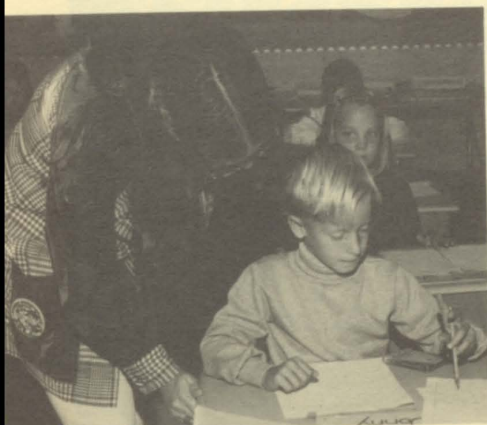


1. Actors pause for a "family" picture. 2. Two students work together on a difficult task. 3. Fulfilling an English assignment, Lori Florhaug playfully boxes a friend's ears. 4. Students employ their mathematical skills in a Geometry class. 5. During a game, B-squad Coach Stan Motschenbacher talks with a player.

BRIDGES TO THE WORLD

As teen-agers, we begin to plan for the future. Our school prepares us for adulthood by offering vocational experiences, teaching us to cooperate with others and exposing us to various personalities. Working in the community builds our self-confidence and assigns us responsibility. Based on our experience, we set our goals and pursue them. Our school and job experiences are bridges to the world.





1. Have you had a job this school year?
 - Yes 50.6%
 - No 50.4%
2. If so, what was your hourly pay?
 - \$.35 to \$1.50 13%
 - \$1.51 to \$2.00 64%
 - \$2.01 to \$2.50 17%
 - \$2.51 and over 6%
3. Does our school give students an accurate impression of adult life?
 - Yes 41%
 - No 48%
 - No opinion 11%
4. What are your post-high school plans?
 - College 32%
 - Vo-Tech School 29%
 - Job 19%
 - Other 20%
5. Will you be living in the Forest Lake or Twin City area five years from now?
 - Yes 50%
 - No 37%
 - No opinion 13%
6. If not, in what area will you live?
 - Western U. S. 46%
 - Northern U. S. 32%
 - Abroad 10%
 - Southern U. S. 7%
 - Eastern U. S. 5%



Best Wishes Class of '75



Becky Vierkandt models the latest fashions that can be found at Martin's in the Forest.

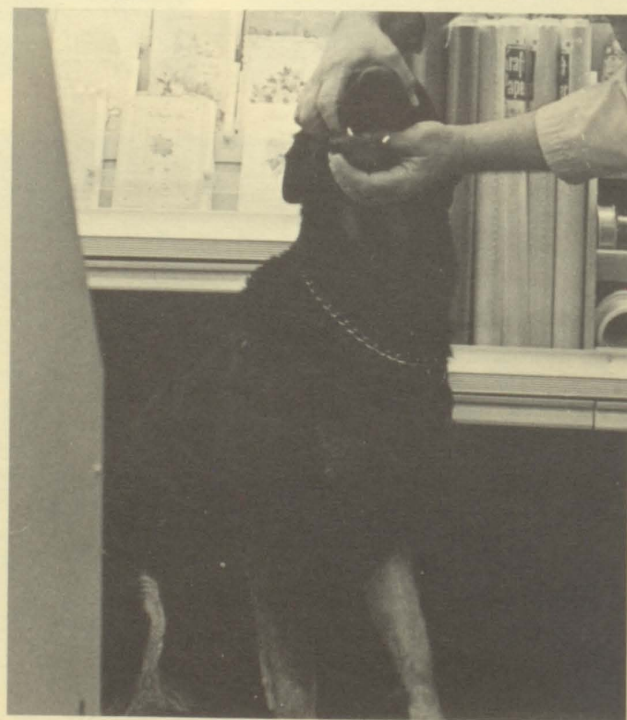
Congratulations
and
Best of Wishes

HANDY PANTRY

Lakes Gas Co.

BULK
METERED
&
CYLINDER LP GAS

FOREST LAKE, MN



BEN FRANKLIN

Forest Lake's Head Dog, Jill

Congratulations Seniors

Drive Carefully!

See us for lowest auto rates.

FOREST LAKE INSURANCE AGENCY

232 S. Lake St.
Forest Lake, MN

BEST WISHES SENIORS

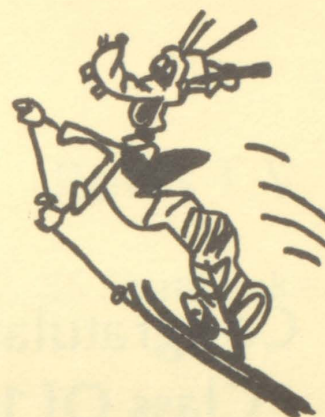


Time seemed to drag —
Then at the end —
It all went too fast —
There wasn't enough
Left to finish —
All that we started here —
But, it's time to start anew.
To tears we give way —
Tears of joy and sorrow —
Tears for yesterday —
And even tomorrow —

The 1975 Student Council

Ski Club is fun, join us,
and it'll get even better.

Ski Club 1974-75 Would
Like To Congratulate The
1975 Graduating Seniors.



Congratulations Class of '75

Best of luck to you in the future.

a friend



Margaret Krasky and Lorna Larson pause during a busy day at Hart's drug store.

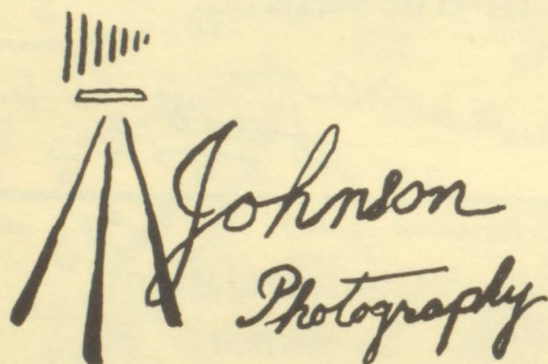
Pharmacy — Fountain & Grill

Congratulations
Seniors



SETTERHOLM'S

Congratulations
Class Of 1975

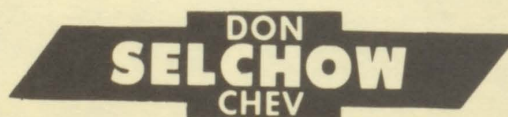


Highway 8 East
Forest Lake

Wishing The Class Of
"75"

A Fantastic Future
And Memorable
Lifetime Experiences.
With Best Wishes
The FHA

Congratulations
Seniors



Congratulations
Class Of '75

FORESTER BOATS, INC.

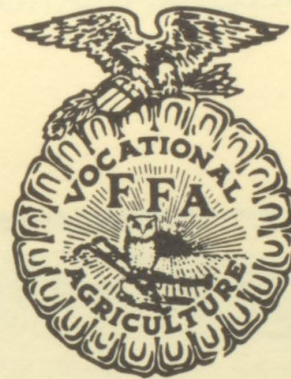




Ron's T.V.

55 South Lake

FFA



a chance

for

GROWTH

COMPLIMENTS OF FOREST LAKE FFA

AND BEST WISHES TO THE
CLASS OF 1975

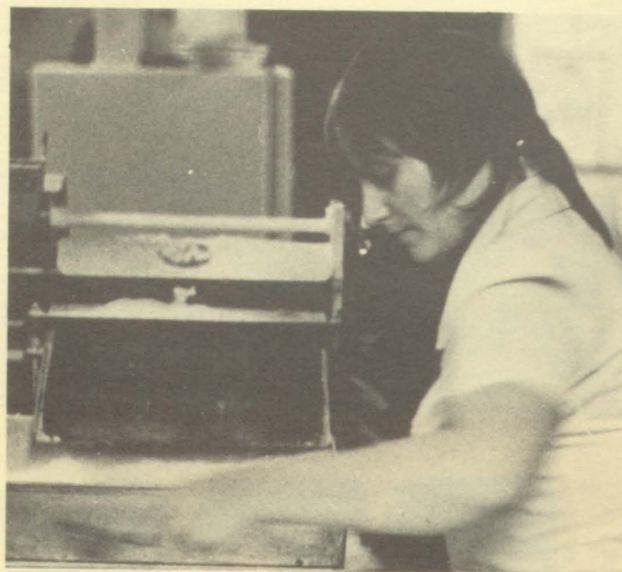
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HUGO, MINNESOTA 55038
SINCE 1910
429-7758

MEMBER FEDERAL DEPOSIT
INSURANCE CORPORATION

J'S PIZZA

519 South Lake



A cook prepares another one of J's delicious pizzas.



Best Wishes
Class of 1975

BEST OF LUCK TO
THE CLASS OF '75

Fabrific



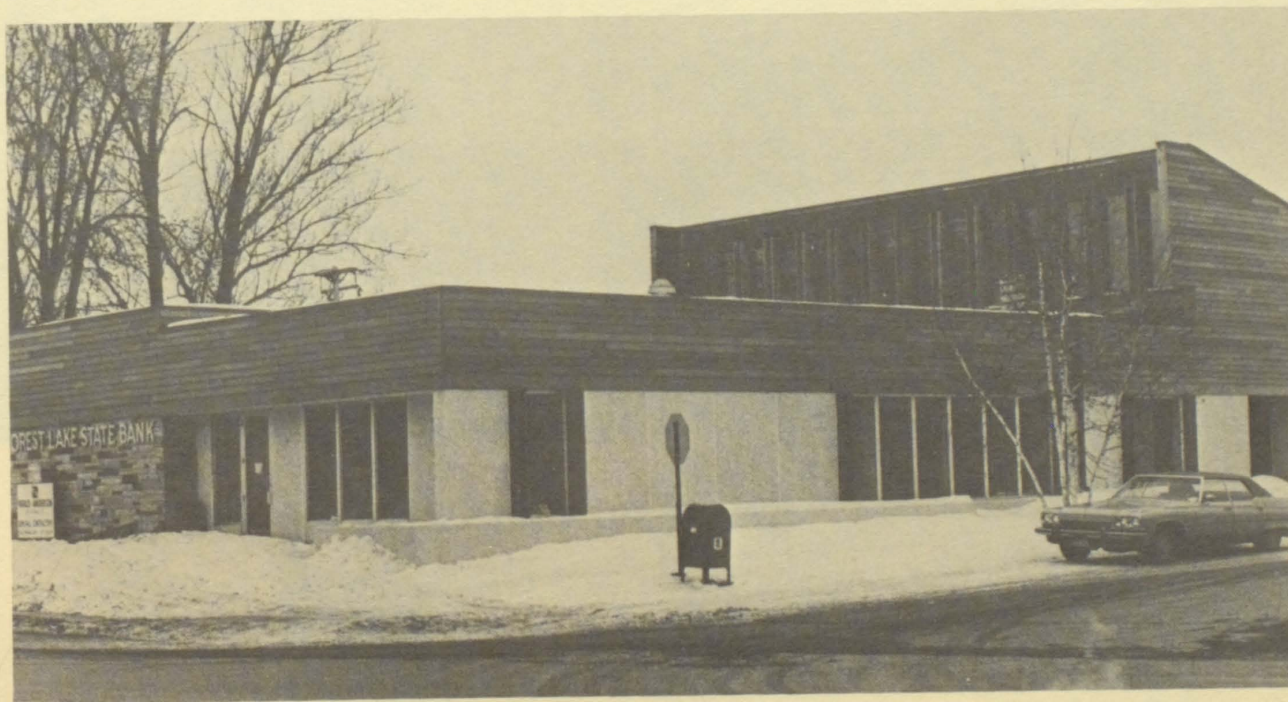


The Residents And Staff Of
BIRCHWOOD HEALTH CARE CENTER
 Congratulate The Class Of 1975.

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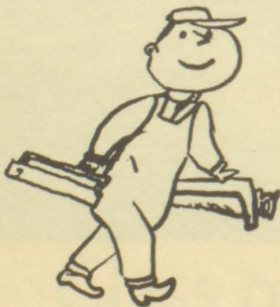
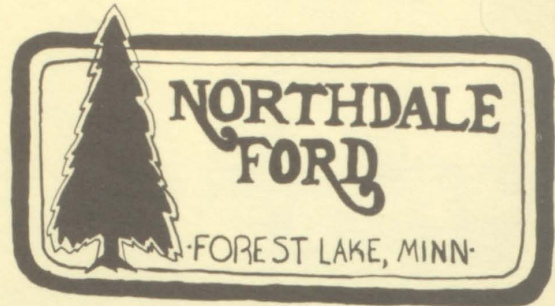
Model and Prototype Machining
 Metal Forming, Welding
 Short Run Stampings

6867 — 20th Ave. So.
 Centerville, MN 55038
 426-5093



Congratulations From All Of Us At ...
FOREST LAKE STATE BANK

GOOD LUCK CLASS OF 1975



Jerry Grundhofer 439-5049

Congratulations Class Of 1975
From

**GRUNDHOFER
CONSTRUCTION INC.**

Congratulations
Class Of '75

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Oldsmobile Cars And
John Deere Snowmobiles

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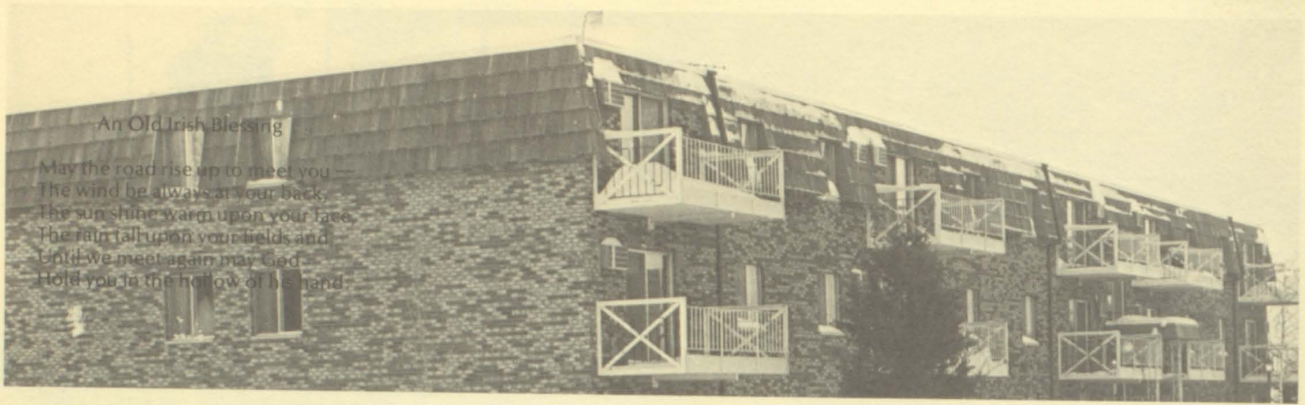
Best
Wishes
Class
Of
1975



Senior John Svec broils a ham-
burger at the Flare Broiler.

Willow Point Resort has boats, bait,
cabins and refreshments. If you're at
loose ends and don't know what to
do, stop in and visit us. You may find
something to do or something to see.

Good Luck, Class Of 1975



An Old Irish Blessing
 May the road rise up to meet you
 The wind be always at your back
 The sun shine warm upon your face
 The rain fall upon your fields and
 Until we meet again may God
 Hold you in the hollow of his hand.

FOR THE GRADUATING CLASS OF 1975

PATRICK GAUGHAN
 464-6888

VILLAGE APTS.
 N. SHORE APTS.

NADEAU'S IGA HUGO, MN

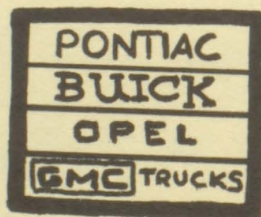
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 429-0855

GOOD LUCK SENIORS

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 Forest Lake
 Minnesota
 464-2742



Novak, Inc.



620 North Lake St.
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 on Hwy. 61

Gene and Marion Peltier
 Sue, Joe, Jeff, John, Steve
 U-FINISH FURNITURE
 LIQUOR AND GASOLINE
 Congratulations Class of '75
 HAVE A GOOD YEAR

Best
Wishes
Class
Of 1975

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MINN.-OHIO
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Upper Midwest
Distributors



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Forest Lake, MN
464-2294



LOTS
OF
LUCK

THE
LETTERMEN



Best Wishes Class Of 1975
NORTH-NORTHEAST REALTY, INC.
Lino Office, North Branch Office, Blaine Office



teenburger

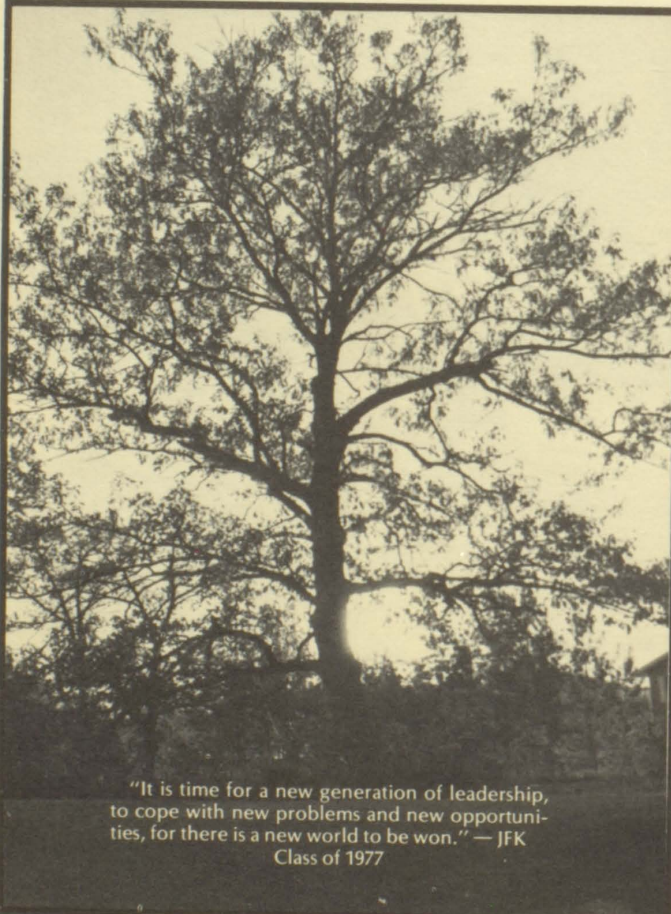
... Says
Congratulations To
The Class Of 1975



It's a good thing to do
FAMILY RESTAURANT

Best Wishes

Trout-Air



"It is time for a new generation of leadership,
to cope with new problems and new opportuni-
ties, for there is a new world to be won." — JFK
Class of 1977



HOME CENTER

INDUSTRIAL PARK
FOREST LAKE, MN

464-5850

Congratulations
Class Of '75

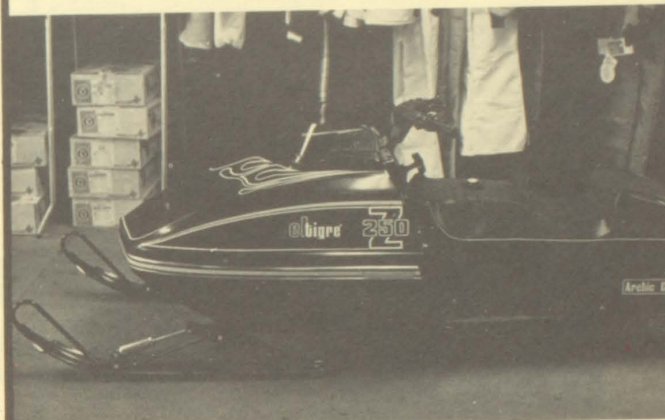
CONGRATULATIONS Class Of 1975



McMILLAN DODGE,
INC.

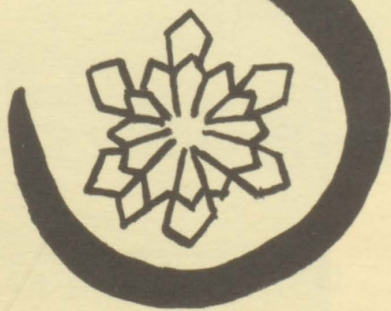
N. Hwy. 8 At Greenway
Forest Lake, MN 55025

DRY DOCK MARINE INC.
69 NW Third Street
Forest Lake, Minnesota

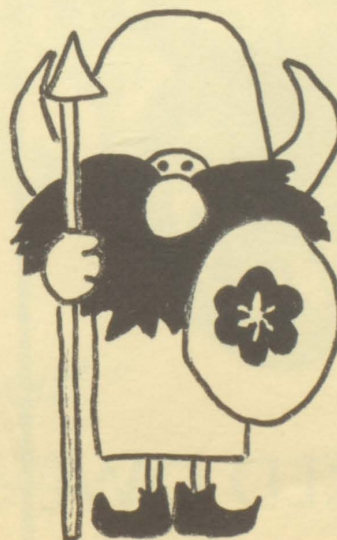


You Local Arctic Cat Snowmobile,
Evinrude-Chrysler Motors, Silverline
Boat Dealer.

Snowcrest



Good Luck
Seniors



Your future lies before you
Like a shining path of snow.
Be careful how you tread
For every step will show.
Best of Luck
from the Class of '76

BEST WISHES CLASS OF 1975
WE WISH YOU A HAPPY AND
PROSPEROUS FUTURE.



BUD'S RED OWL

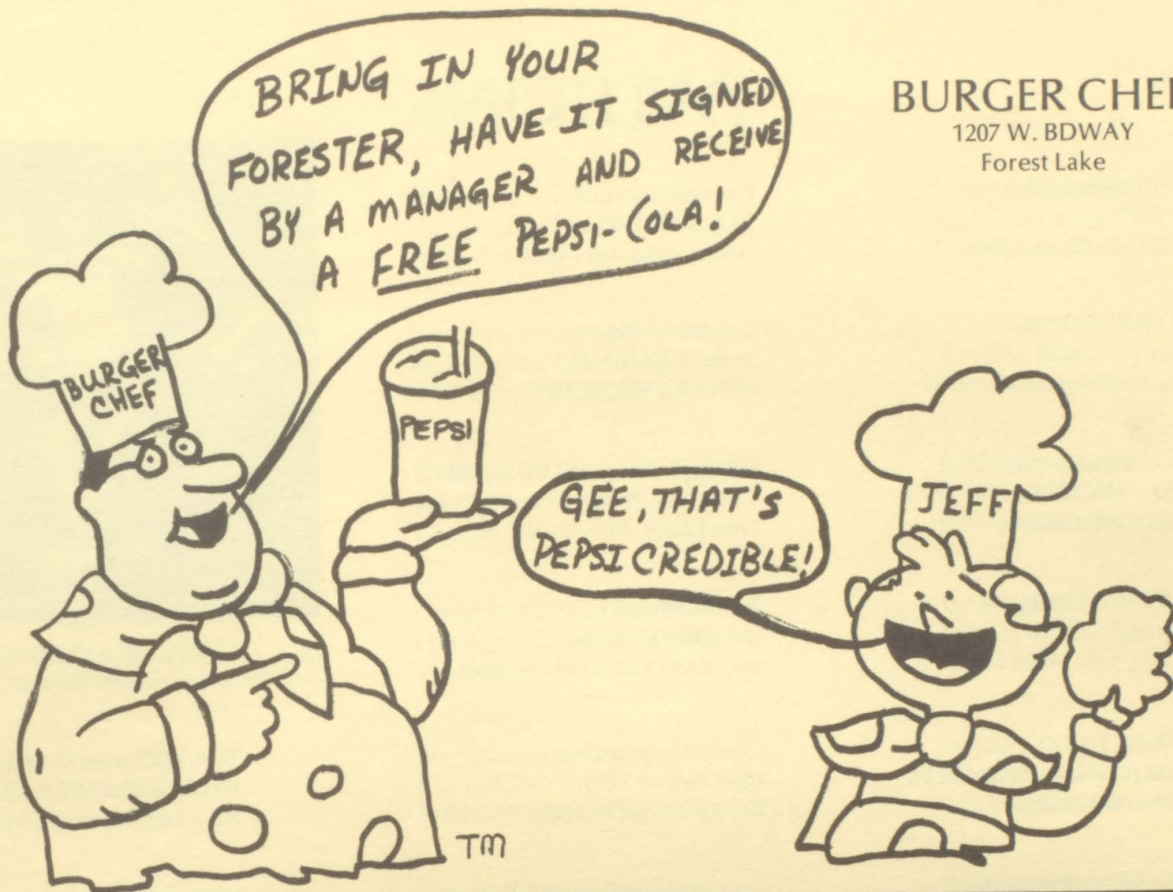
Good
Luck
To The
Class
Of
1975
From
CARLISLE'S

STORE

Groceries — Gas

BEST
WISHES
SENIORS

WALKER
PLUMBING
COMPANY



BURGER CHEF
1207 W. BDWAY
Forest Lake



"Music is love
in search of a word."
Lawrence Durrell

BEST WISHES
CLASS OF '75
FROM
MIXED CHOIR

PATRONS

Congratulations to the
Class of 1975
NORTHLAND GLASS, INC.

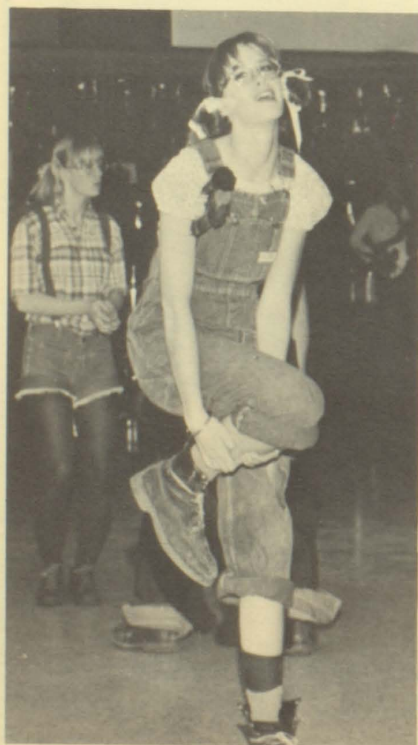
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G. M. Ruggles, M.D.
Call for appointment 464-3394

Regards to a great school
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Forest Lake, Minnesota

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Optometrist
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"These here new fangled hush puppies shore
are tight!" (Sue Barott)

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Cliff Ross, Proprietor
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Best Wishes Class of '75
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Compliments of
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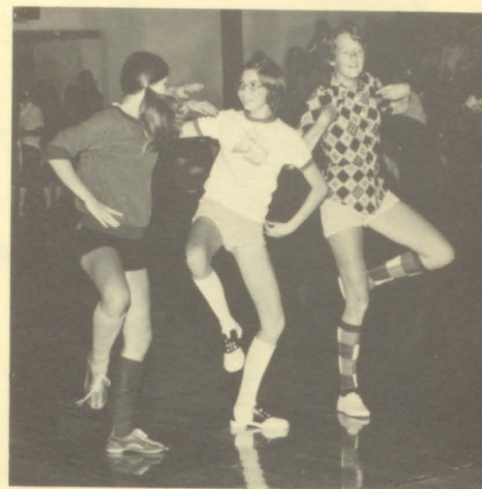
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Finest in Food
464-2433

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Distinctive Gifts and Antiques

Best Wishes to the
Class of 1975
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Compliments of
MATTSON FUNERAL HOME
Forest Lake, MN 55025

FOREST LAKE PRINTING INC.
468 South Lake Street
Forest Lake, MN 55025



Forest Lake chicks demonstrate the "Funky Ori-
ole." (Debbie Alcock, Jeri Bediant)

Best Wishes to the Class of '75
EVERGREEN OK HARDWARE
Rt. 2 Forest Lake 55025

HUGO FEED MILL
Ranch & Home Supplies
Hugo 429-3361

MEISTER'S BAR & GRILL
"Best Food in Town"
Bob Meister, Scandia

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Class of 1975
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Class of '75
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Good Luck, Seniors!

Our girls appreciate
satisfying their customers
CAROUSEL BEAUTY SALON

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Complete Building Materials

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Free Estimates

Congratulations, Seniors!
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Good Luck to
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Best Wishes, Seniors!
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Big Marine Lake, Co. Rd. 15

COLONIAL HOUSE LIQUOR STORE
DownTown Forest Lake
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the Class of "75"
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"Reflections through
the Looking Glass"
PROLIFIQUE

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Best Wishes, Class of '75
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DAVID E. DOYSCHER, LAWYER
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Class of '75

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Best Wishes to the
Class of '75
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SEARS
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THE DENTAL OFFICE
Wishes the Seniors
Good Luck!

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Class of '75
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Lino Lakes, MN 55014

TOWN & COUNTRY LANES
Bowling & Entertainment
Forest Lake, MN 55025

Best Wishes to the
Class of 1975
PATAK PLUMBING & HEATING

DAR'S BEAUTY NOOK
Wishes the Seniors
Good Luck!

FOREST LAKE TIMES
See us for your social
and business stationery.

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Class of '75
J.M. LYONE, D.D.S.

Congratulations
Class of 1975
COY INSURANCE AGENCY

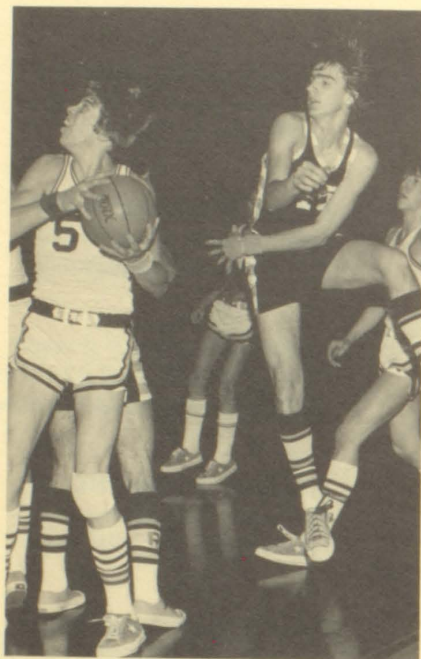
Compliments of
HANK'S CAFE
Downtown Lino Lakes



"My eyes adored you." (Bruce Linz, Scott Flaherty, Bill Lundberg)

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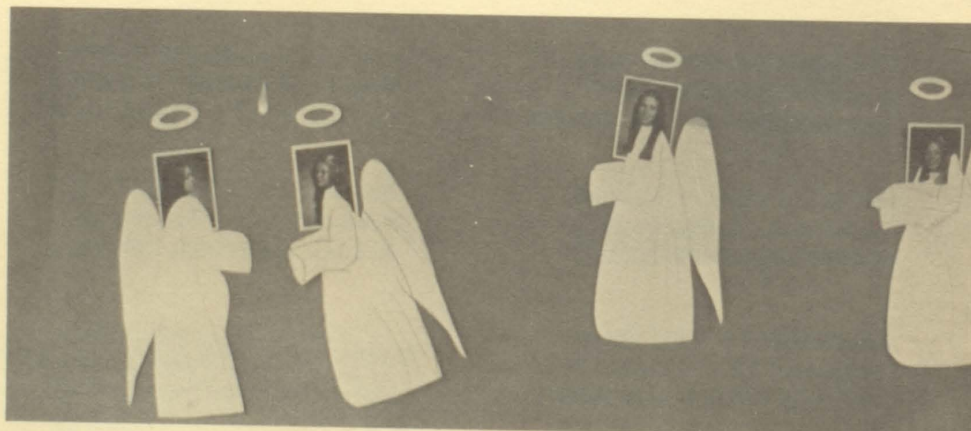


"Whoops, there goes another one!" (Kevin Sternberg)

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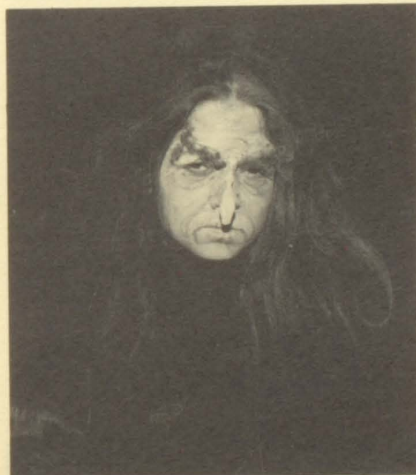
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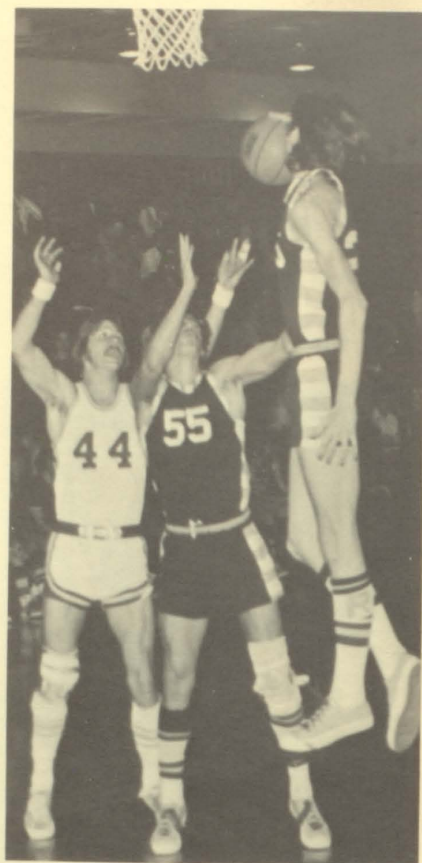


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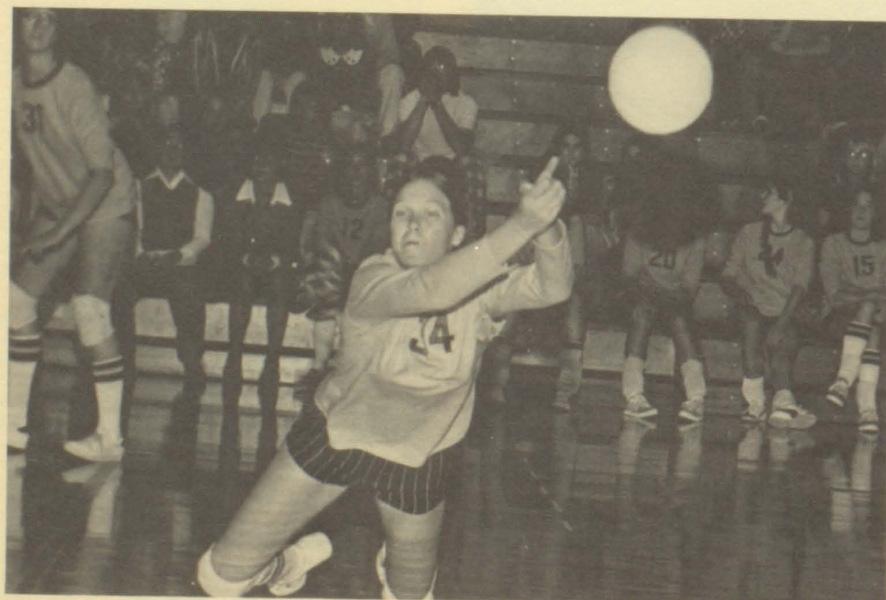
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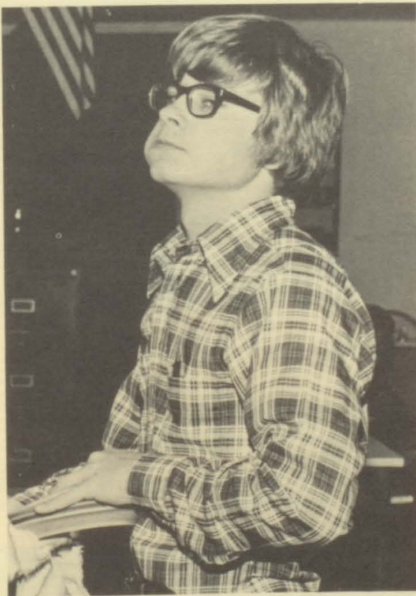
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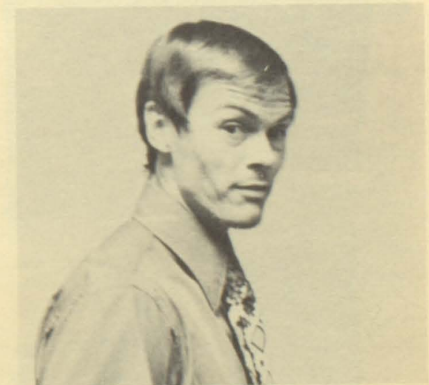


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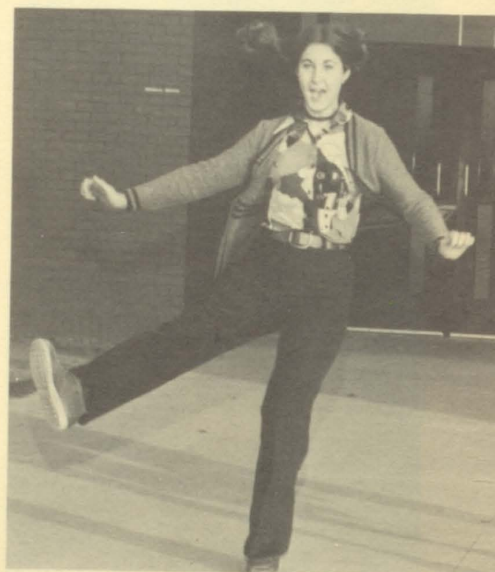
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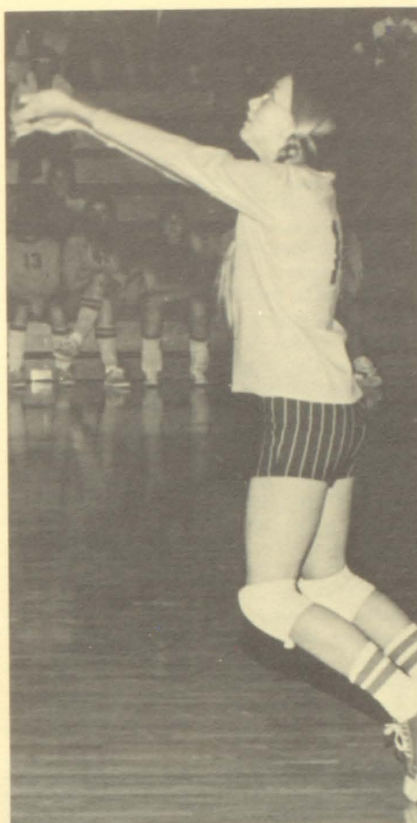
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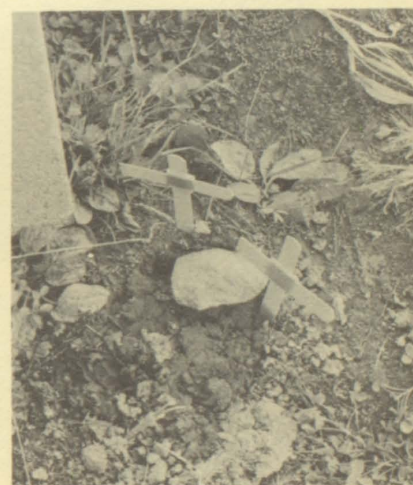
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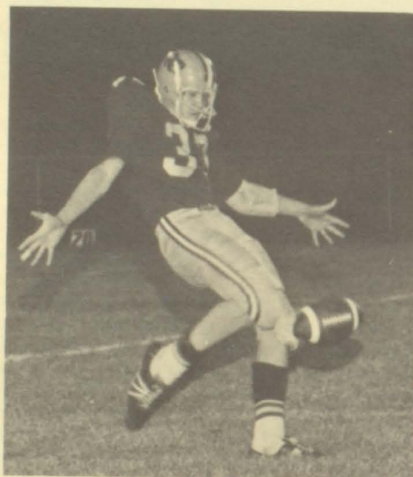
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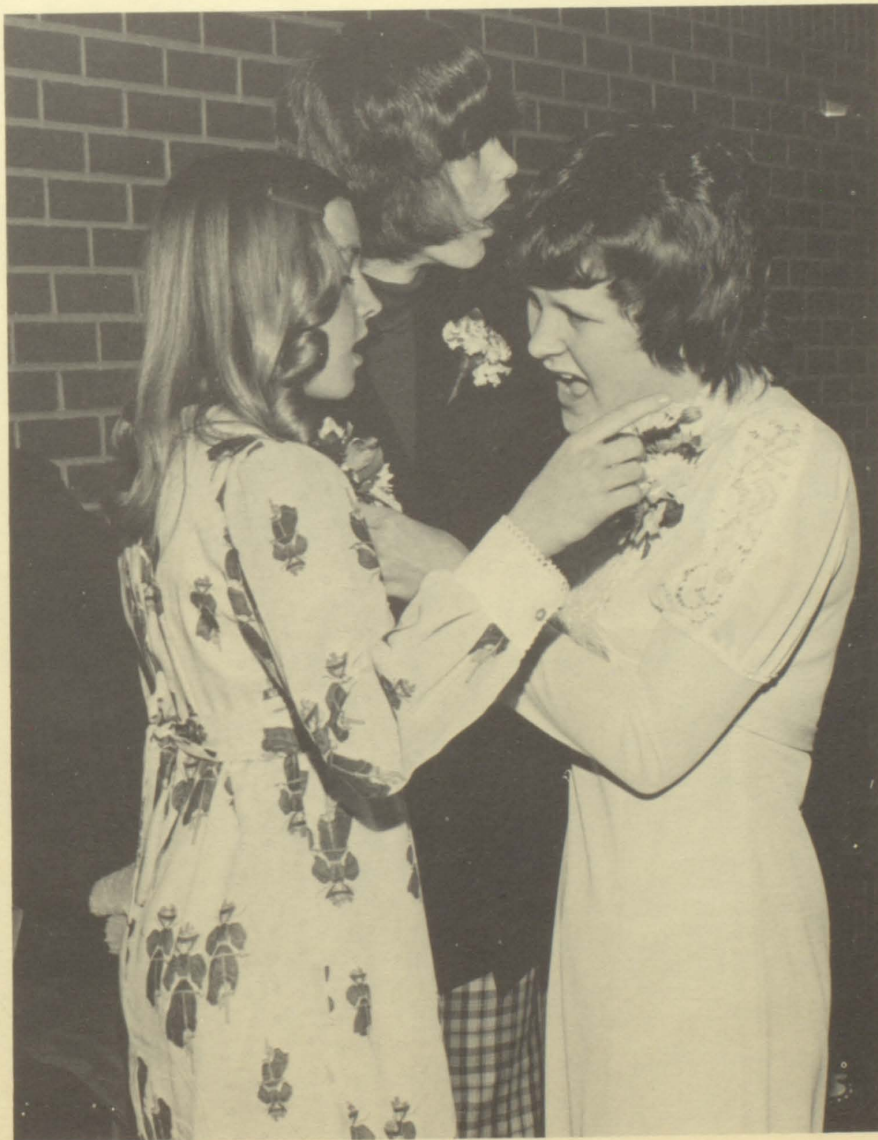
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"Ahhh-choo!" (Lori Ensrud, Dave Hibbison, Kitty Mattson)

The Senior Class does a number in the gym.



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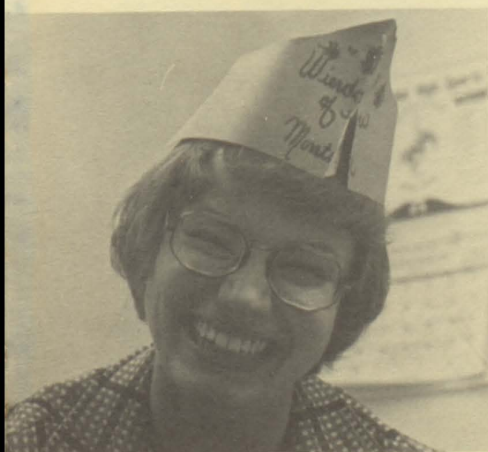
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Our favorite Wierdo of the month, adviser Carleen Onell, models the "Coveted Cap."

Editors' Notes

As editors, we have seen Forester '75 grow from an embryo of ideas into a reality. We have seen staff members whom we barely knew become fast friends, and a scary new adviser become a helpful confidant. With courageous decisions we decided to add 16 more pages, artwork and the poetic theme of bridges to the book. We shivered with the excitement of our creation and felt the depression caused by our partial defeats.

Each deadline brought us, our adviser and our staffs closer together. In the absence of a radio, we made our own kind of music that consisted of puns, laughter and the closeness created by working toward a mutual goal. These are some of our memories:

Ten Skips and Zip: Banana Appeals ... Red Starbursts ... Joni's disastrous method of drying her hands ... "who took my" ... Carleen's chili ... the January 1st ad deadline ... revising, recropping and erasing ... "I've been a cropping too long" ... being almost snowbound ... I opened the door and influenza ... copy staffers avoiding their editor like the plague ... "The next deadline will be easy" ... our mailboxes ... "Why don't you clean out your drawer?" ... Mike's total yearbook commentary ... the yearbook has been cancelled due to lack of DEDICATION ... "Does THAT go in THIS deadline?" ... red and silver stars ... Jesse's Thanksgiving party ... Civil Air Patrol ... Mick I and II, Carleen and the funerals ... copy staff enemies list ... those horrible proofs ... the guttersnipe and the farmer's daughter ... Green Acres ... surveys ... banal and hackneyed ... Boris Benson ... car trouble on Hennepin Avenue ... editors' pic and the snowbunnies ... developing pics at 1:00 am ... snuff ... flowing layouts ... Anne having trouble developing ... cleaning the fishbowl ...

We extend our thanks to the administration and faculty of FLHS, to our staff members and their parents and to the local businesses that helped us with finances by purchasing ads. In trying to create a book that would be meaningful to you, the students of FLHS, we had good times and gained valuable knowledge and experience.



Becky Anne Gayle Dee
Joni Jesse Betty



To rise to the challenge . . . ultimately this
is the reason men
build bridges, climb mountains,
and do a thousand other things
that manifest personal
achievement and satisfaction.

