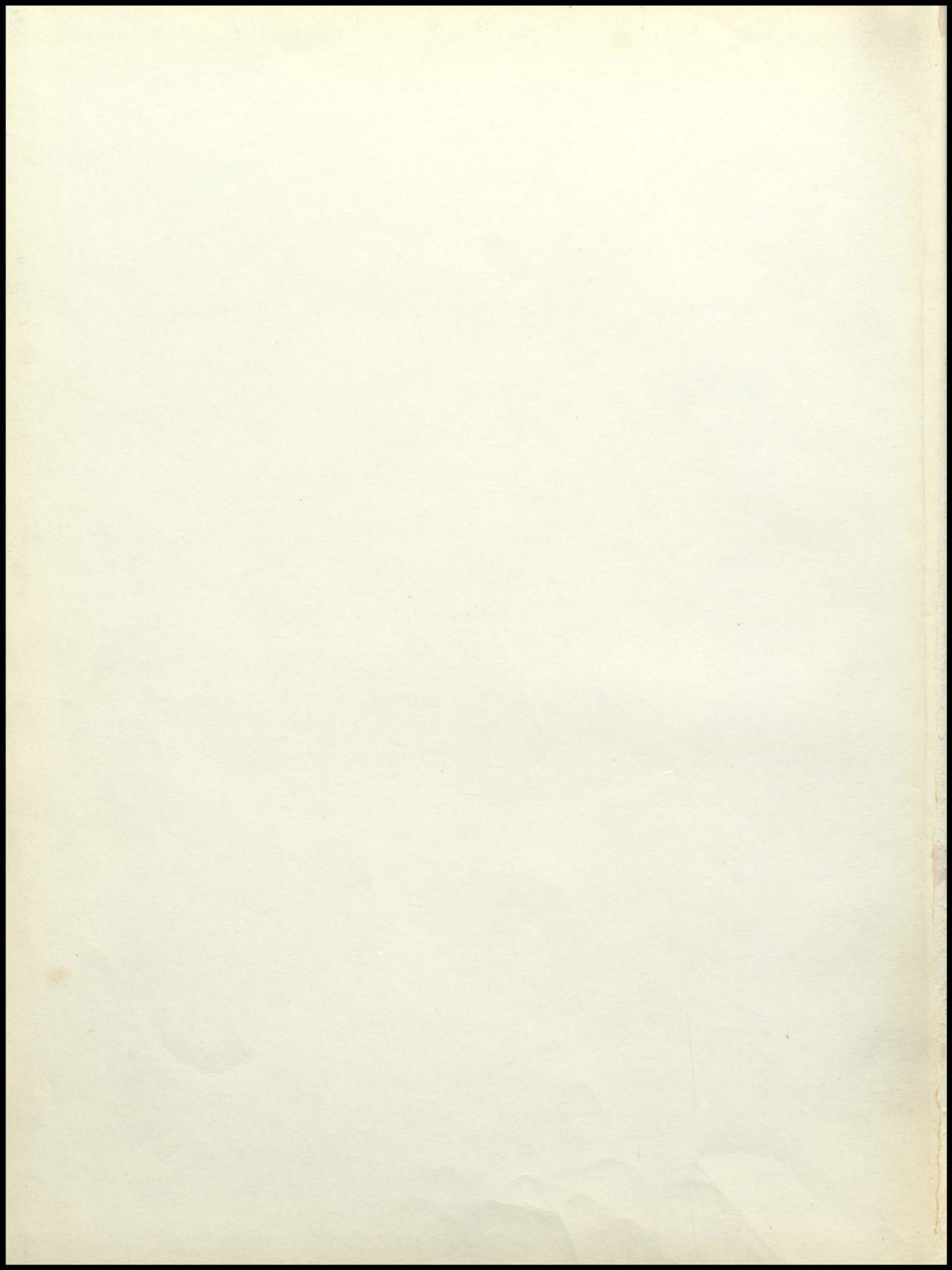




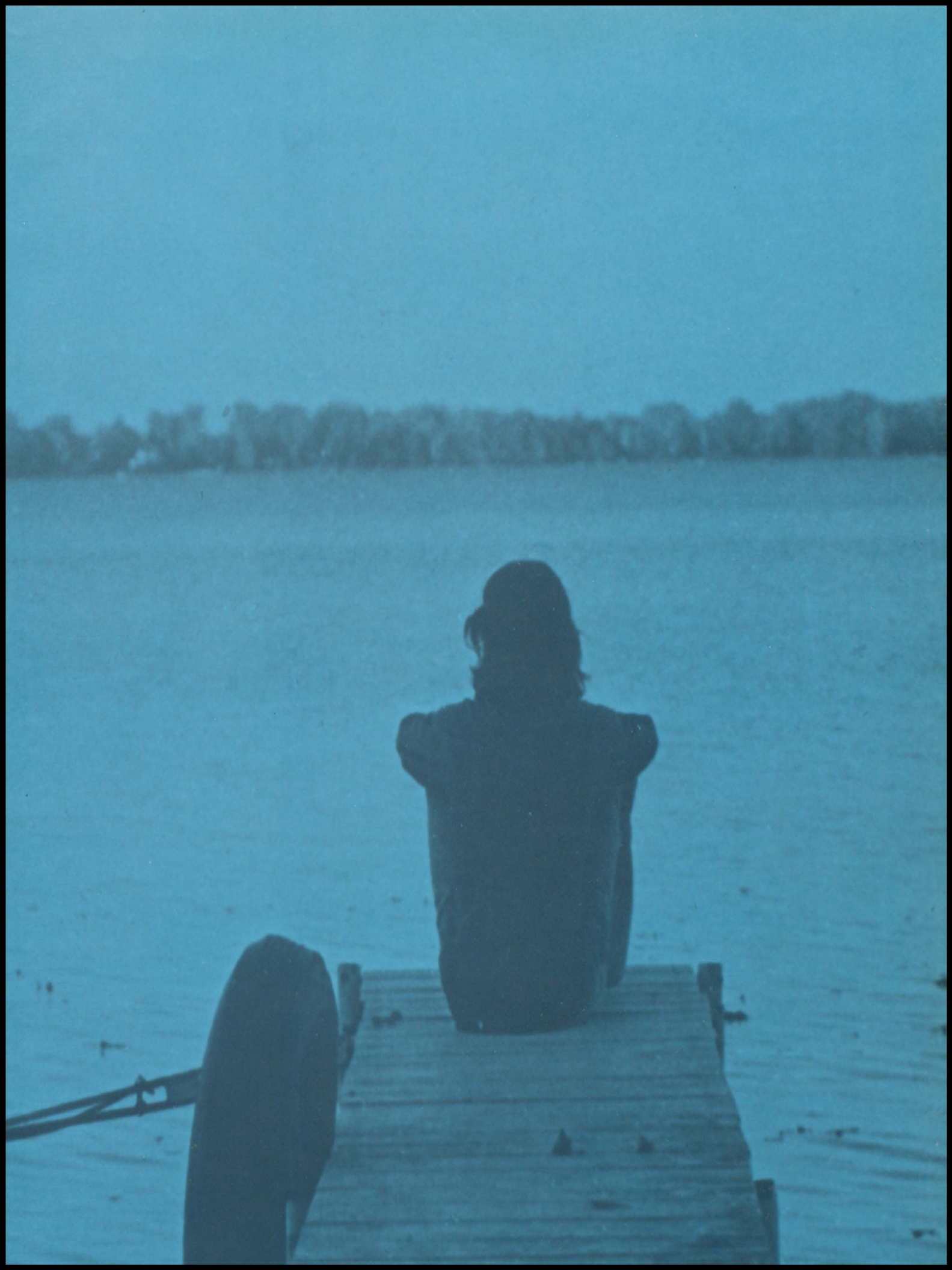
## Communicating

in good times . . . . .	10
in our work . . . . .	32
through competition . . . . .	58
with others . . . . .	80
with ourselves . . . . .	110
in our community . . . . .	166





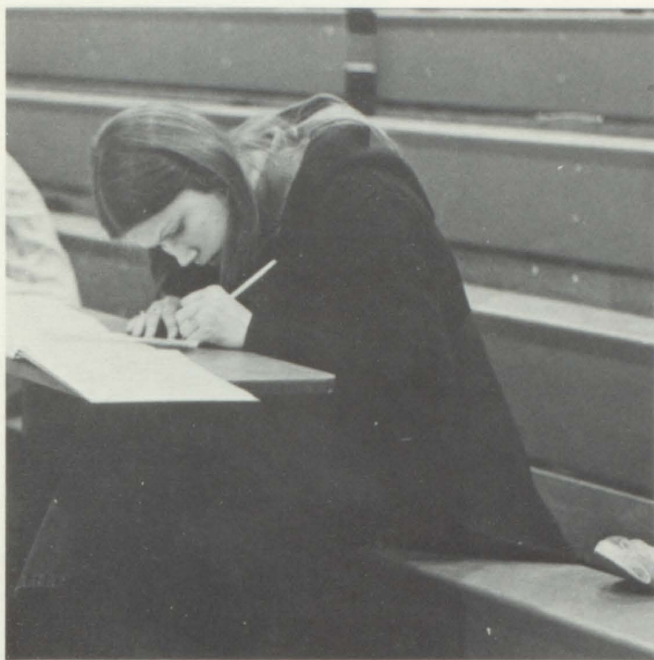










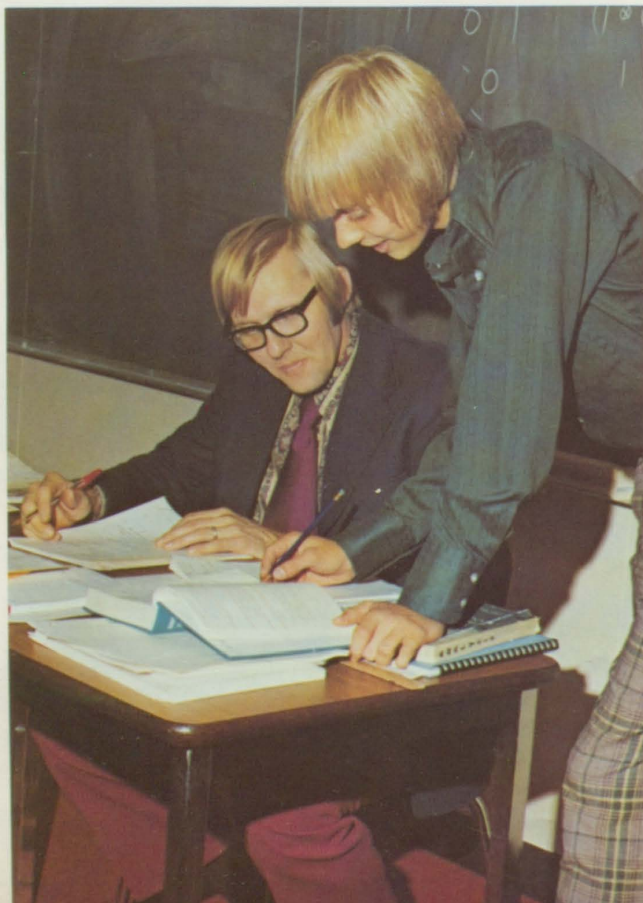


Communication is a necessity to human life. We, as developing young adults, communicate in nearly everything we do. We communicate with our friends, families, and teachers. Life is an experiment, where there is so much for us to give and receive. Our school is far more than just a building; it is us, the students. We individuals are growing, changing, and expanding our knowledge. We do all of this through communication.





In school, we enter a continuous cycle of communication. Through competition we communicate our desire to succeed at our efforts. By communicating with our teachers, our educational purpose is extended. We are given various types of work to do and must gear our minds to each task. Having different interests, we each pursue our own goals. Becoming involved in school organizations and events, we communicate our ideas to others and learn to work easily with them. By communication, we learn to express ourselves — our needs and our cares.



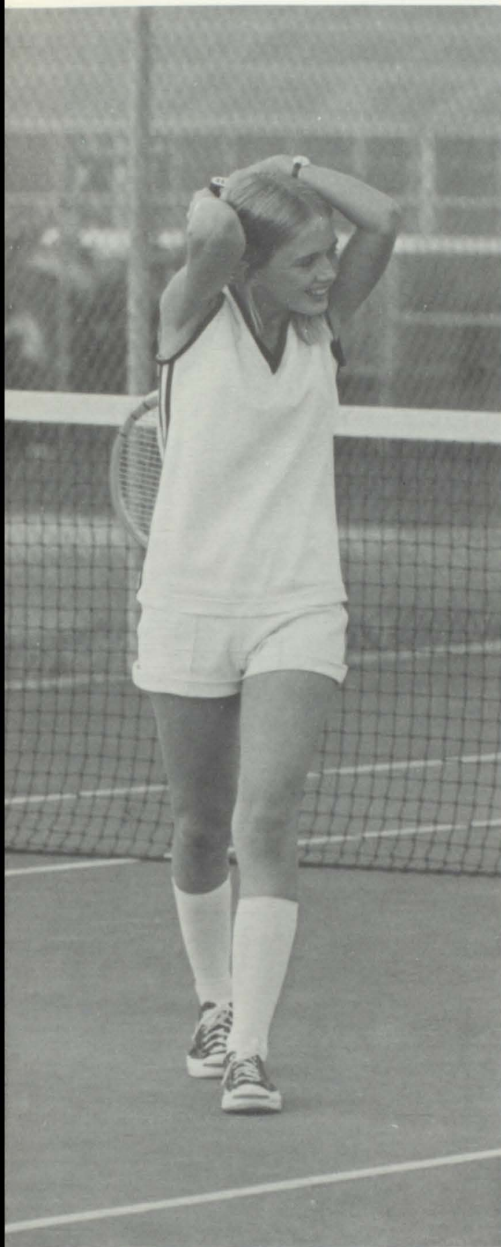












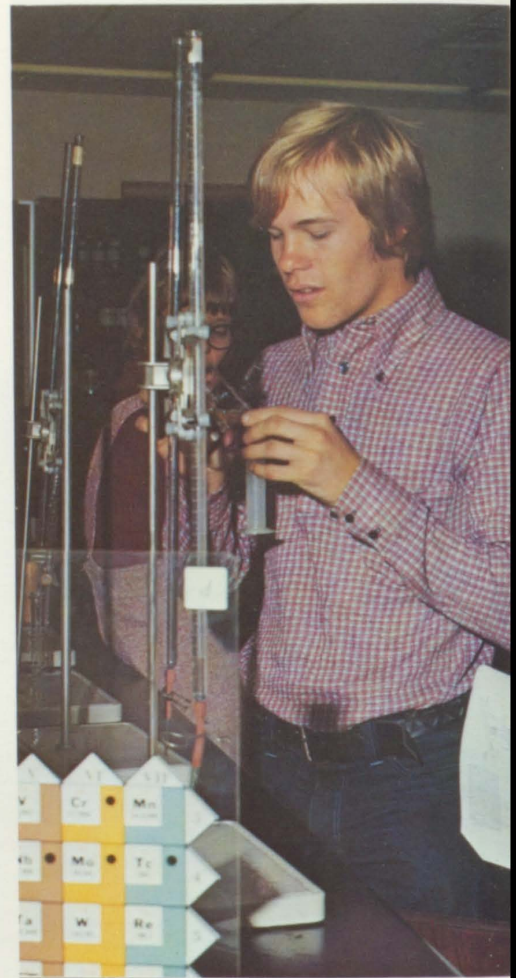
We also communicate through simple means, such as facial expressions and mere gestures. We communicate using our written language and our spoken words. These simple ways of communicating allow very special messages to be conveyed. School spirit, cheerfulness, concern, concentration, enthusiasm and pride are emotions that we express each day. Through our teenage romances we mature and learn to understand other people and their feelings. We develop strong friendships in which communication has a domineering presence.



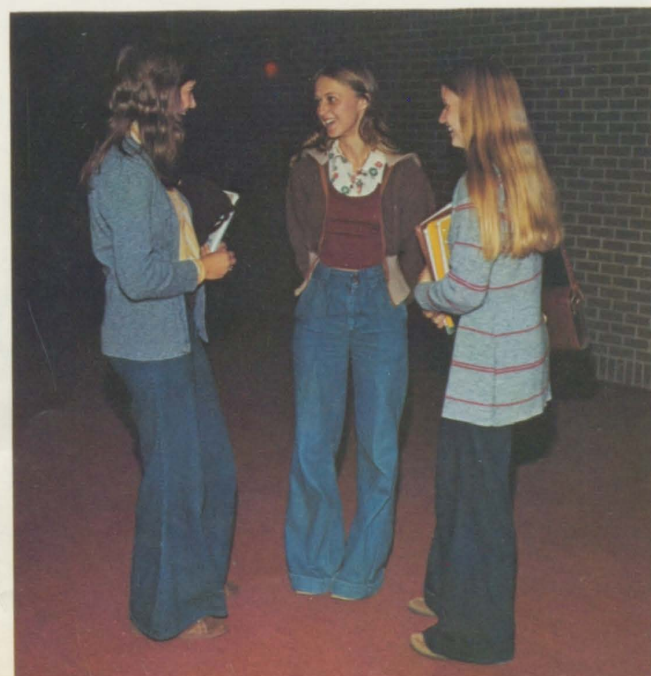




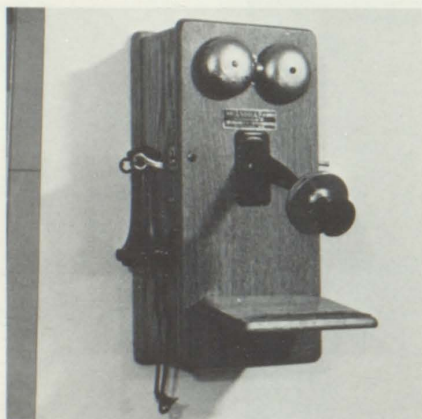
The most important part of communication is communicating with ourselves. We have an urgent need to discover and understand our inner selves. We want other people to like and appreciate us. Creating an image of ourselves, we convey it to others. We communicate in silence, talking with our minds and trying to comprehend the complexities of our lives. Wanting acceptance, we reach out to others communicating our feelings and thoughts. Communication serves as a connection between our minds and the world around us.















On the first day of school a new year of good times begins. Through laughter, smiles, silliness and actions we share our happy feelings with our friends. By communicating in everyday life and on special occasions we have times worth remembering.



# Communicating In Good Times



## 36 Students Attend U. of M. Workshop

Forest Lake High School opened a new year on August 30. There was a sense of excitement as students shuffled down the halls, greeted friends and expressed mixed emotions of that first day. "Murder 'Medi" inspired students and created successful events during Homecoming week. The fall musical, "Once Upon A Mattress," involved many students. During nonschool hours, the students kept active attending Ranger games and meets and enjoying the autumn weather. Unlike the previous year, pepfests proved very effective in rousing school spirit. With preparations for dances, school pictures, and the workshop for journalism at the University of Minnesota, fall 1973 held promises for an exciting year.







1. After one of the first school dances, students convert the dance floor back into cafeteria-style by returning the heavy tables. 2. During a brief break at the U. of M. Workshop, students exchange new thoughts. 3. Mike Joachim shows concentration while searching for water with copper rods. 4. On the first day, school life reawakens with the arrival of buses and students. 5. Kathy Waldoch and Sylvia Rossi share sunflower seeds on a warm fall day. 6. Sophomores look on as Mike Balfanz poses for his school picture.





1. During the halftime show Andrea Rylander and mascot Dinky lead Vicki Fladland onto the field. 2. As queen candidates display mixed emotions, Mary Moen is crowned 1973 Homecoming Queen. 3. Clowning around in the kitchen during the hot dog party are Liane Boehm, Mike Beattie, Sylvia Rossi and Kim Chenoweth. 4. Barefooted Gail Buys scampers around right end in an effort to score a touchdown for the junior girls. 5. After the snake dance, students gather to view the bonfire. 6. Dana Redfield is crowned king to reign over the student body during the Homecoming week festivities.





## Sr. Girls Defeat Jrs. At Powderpuff 28-12

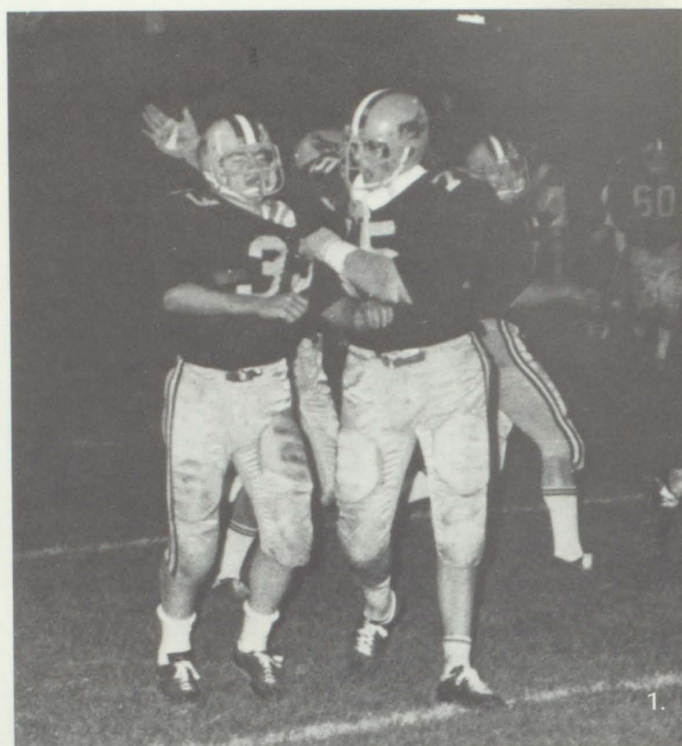
Homecoming '73 offered something for everyone as student enthusiasm mounted during the week's activities. With the slogan, "Murder 'Medi'", the week began with a film fest Monday afternoon. Tuesday brought the crowning of the Homecoming Royalty — Queen Mary Moen and King Dana Redfield. Coached by Greg Johnson and Dave McJames, the senior girls outlasted the junior girls 28-12 in the powderpuff football game Wednesday night. Spirited boys dressed in cheerleading uniforms led their own renditions of cheers. The sophomore class also entertained the fans with their original halftime show. Later, students enjoyed foot-long hotdogs and were enlivened by the music of "Daniel."





# 'Brothers' Conduct Skit Night Activities

Homecoming spirit continued with Thursday night's skits, emceed by "The Brothers" who kept the crowd chuckling. The skit presented by the Girls' Chorus was voted the best of all the varied acts. A long snake dance then moved to the beat of the drums out to a flaming bonfire where anxieties to "Murder 'Medi" mounted. Varsity football players and coaches were honored by the cheerleaders at a breakfast, 6:45 a.m. Friday. That night, a pre-game show preceded the kick-off. At halftime, the band performed numerous precision routines and the 1973 Homecoming Royalty was introduced. The game was an exciting one, as the Rangers played a hard-fought battle against the Zephyrs but lost 32-12. After the game, alumni and students met at the lively polka dance. The week ended with the semi-formal dance Saturday night where "Roulette" provided the music.



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1. Bob Dagostino receives a congratulatory pat on the back from Don Baber after making the first Homecoming game touchdown. 2. Performing their first-place rendition of "Murder 'Medi" are "rowdy" Girls' Chorus members. 3. After the entertaining skits, the snake dance, led by the cheerleaders and Homecoming Royalty, winds its way out to the flaming bonfire. 4. Mike Beattie, Dave Clifford, Bucky Koch, and Mike Sahlin, members of "The Brothers," add to skit night enjoyment. 5. During the Ranger-Zephyr battle, Joni Summers gives a spirited cry for Forest Lake. 6. As the band plays the national anthem during the pre-game show, football players, coaches and fans stand at attention. 7. Terry Lee and his date enjoy the music at Saturday night's semi-formal dance which closed Homecoming Week.





1. Liane Boehm and Joni Barrott give pitying looks as Queen Aggravain (Terri Motschenbacher) forces Princess Winifred (Laurie Trepanier) to drink warm milk and opium. 2. With frightened looks, the Jester (Bucky Koch) and mute King (Dave Clifford) await the consequences of being discovered in an undermined act. 3. Prince Dauntless (John Popham) stands with his mouth agape as Winifred demonstrates her true strength. 4. "And when he took his bow ..." sing the Jester and Minstrel (Mike Hart) as they dance the "soft shoe." 5. Queen Aggravain finds to her dismay that she cannot speak while the King discovers he is no longer mute. 6. On his return from his search for a princess, Sir Harry (Dana Redfield) reads a royalty decree of Princess Winifred's qualities to the anxious court. 7. Singing "Thank you, Princess," the cast bids Winifred goodnight.





## Fairy Tale Musical Is Praised by FL Times

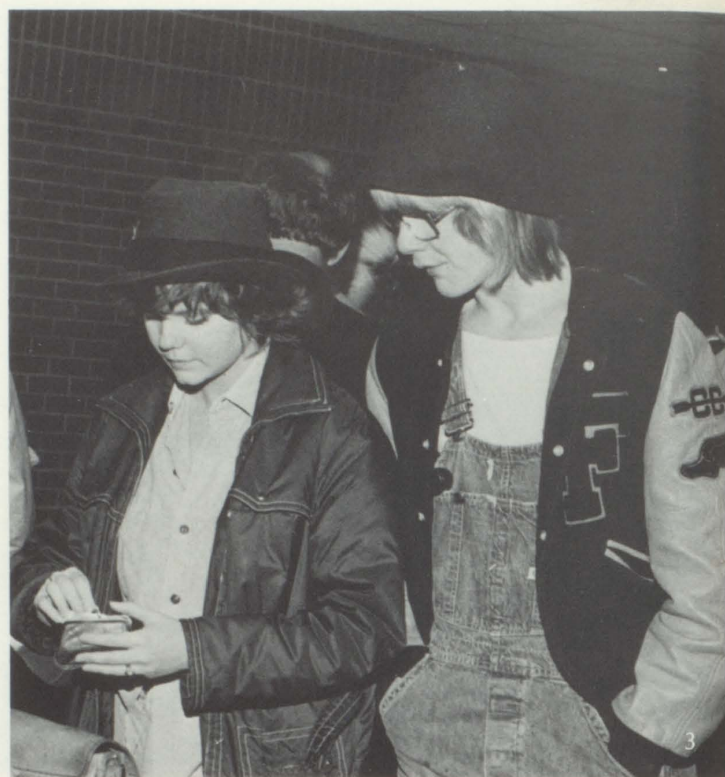
Nearly 75 students participated in the fall production of "Once Upon A Mattress." The play was a musical adaptation of an old fairy tale, spiced with a good share of comedy. Auditions were held in the areas of acting and singing by Ms. Howe and Mr. Lindstrom. After parts were given out, the cast began its long schedule of practices. Rehearsals were held four or five nights a week for six weeks. An active publicity crew and a preview performance seen during the school day encouraged the interest of the student body. When the final performances were given, all the hard work was rewarded with compliments: the student body enjoyed the production; the largest total audience attendance for any FLHS play was recorded; it was financially successful; and the *Forest Lake Times* praised the production, saying it came close to, if not actually achieving, "professional aspects."



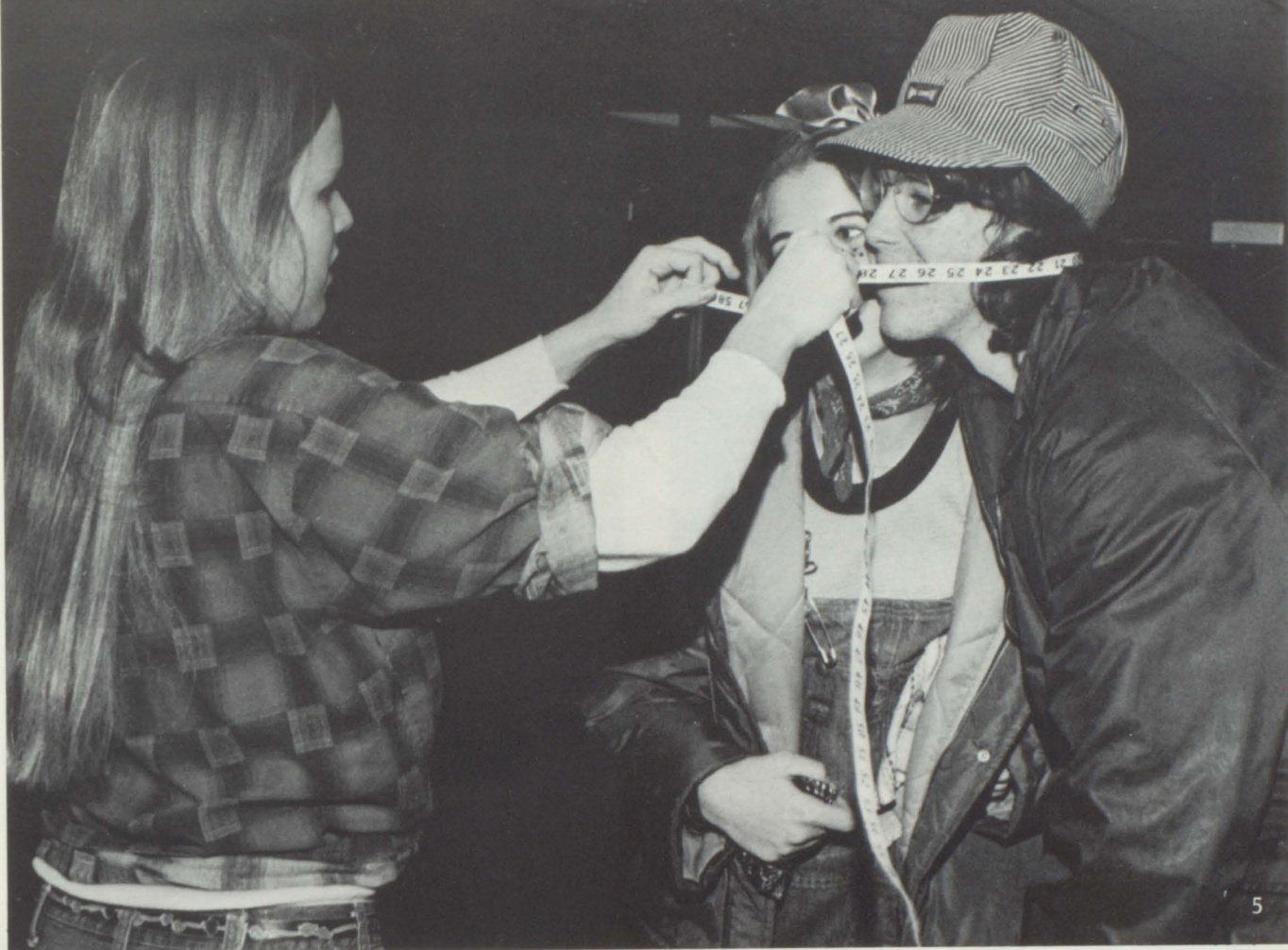


# Cafeteria Converts Into Hillbilly Haven

On Friday, November 9, another junior class succeeded in changing an everyday school cafeteria into a rustic Dogpatch U.S.A. One could not help but notice the outhouses stationed in various spots, the wishing well, the hay bales, and the transformed students in old-style hillbilly overalls. Entrance into Sadie Hawkins was calculated by measuring the couple cheek-to-cheek. Divorcin' Dan, Bruce Linz, had only a few visitors this year while there was always a continuous line in front of the betrothal place of Marryin' Sam, Dave Clifford. Those Dogpatch citizens who chose to take the marriage route were provided with ceremonious music, drapery rings, certificates, and colored portraits. A lottery election selected juniors Kathy Banta and Randy Gestson to rule as Dogpatch Royalties. The Robert Moore Group furnished the music, and during their intermission breaks polka records were played to keep the mood.

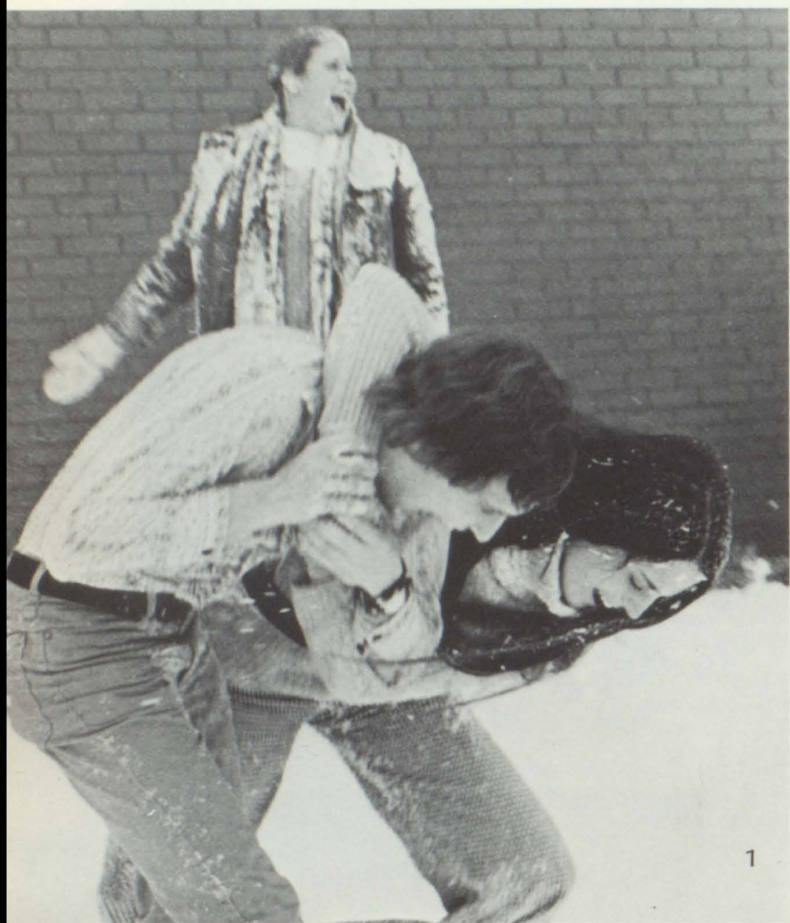






1. Caught in the act of reaching for a swig of moonshine, Merry Richards shows surprise while Gayle Johnson serves refreshments. 2. Counting the proceeds from the Sadie Hawkins Dance are juniors Gale Erkenbrack and Leah Schatvet. 3. Mary Doruff finds that the price of liberation has gone up as Peter Haas watches her pay his admission to the dance. 4. As Donny Baber reads their marriage certificate, his rustic date smiles at its content. 5. Determining their cheek-to-cheek entrance fee, Kim Chenoweth surrounds the faces of Maren Hansen and Steve Berven with a tape measure. 6. Dave Stright, as substitute Marryin' Sam pronounces the sentence of marriage to Mr. and Mrs. Millington. 7. A cheerful group of hillbillies enjoy the night's events.





1. Students help Ms. Sonnen celebrate her birthday with a friendly fight during the first snowfall of the season. 2. Practicing for the Christmas Concert is one of the band's winter activities. 3. With school temperatures turned down extremely low at night, Forester member Jesse Preiner finds the extra warmth of a sheepskin hat and an electric blanket necessary. 4. The "Frump Sisters" lead cheers in a special Back to the 50's Day pepfest. 5. In Mr. Ashby's room, the spirit of Christmas is communicated through seasonal decorations. 6. As Charlene Isaak remains on the ground after a tumble, she and Rhonda Jeukens smile good-naturedly. 7. Costa Rican visitors and Mr. and Mrs. Santa Claus listen attentively to Liane Boehm during the Speech Class Christmas Banquet.







4

## Activities Curtailed by Power Shortage

Everyone knew it was winter whether they were inside or outside of the school. An energy crisis kept the school thermostat at 68°. Although some preferred indoors, many students spent their winter outside either skiing or playing hockey. A new high school ruling saw the wrestling and basketball teams practicing in community buildings while all games were cancelled during the two-week Christmas vacation. Apparel on November 30 sent the school body Back to the 50's — a day climaxed with a nostalgic dance. The Christmas Concert was a great success as the audience listened to presentations by the band and choirs. Much controversy arose over the production of "Crisscrossing" resulting in the performance of "The Visitor from Mamoroneck" as a replacement for the one-act play. Once again, Sno Week had students outside frolicking in the snow, reminding them that winter was here with snow sculptures, skiing at Snowcrest, broomball contests and tobogganing at Eko Backen.



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"Mistletoe Magic" was the romantic theme of this year's Christmas Dance which was held December 15. The dance was a very special occasion not only because it brought the spirit of Christmas, but also because of the expensive band "Passage." The group, made up of noted members from Leon Russell's band and "Mason Profit," gave an excellent performance. Sponsoring the dance, the choir provided members who either poured punch, served cake, mingled with the crowd, or occasionally held mistletoe above an unsuspecting couple. Many couples sat on Santa's knee to discuss Christmas wishes while one of his helpers took color pictures of the scene. Couples also found a moment of privacy within the walls of this year's special attraction, a kissing booth.







1. Finding a quiet corner, Debbie Dorn and Marv Anderson share thoughts about the Christmas Dance. 2. Brother and sister Mark and Linda Black, acting as Santa's helpers, wait for a picture to develop. 3. Dressed in semi-formal attire, couples move to the beat of "Passage." 4. Enjoying themselves at "Mistletoe Magic," Vicki Fearing and Gary Spetz refresh themselves with a glass of punch. 5. Couples wait patiently in line to have their pictures taken on Santa's lap. 6. Looking closely at their picture taken with Santa Claus are Linda Gustafson and Terry Lee. 7. Choir members Kolman Johnson and John Popham display their culinary skills by serving cake and punch.





1. In a jumble of arms and legs, students form an innertube train. 2. To prove how cold it really gets, a cheerleader is attired for winter weather during a Snowweek pepfest. 3. Having survived the bumpy ride down, snowbound students grab their innertubes and head for the rope tow. 4. As Paula Anderson maintains her balance off the chairlift, Sheree Knutsen finds fun another way. 5. Students enjoy the Friday night dance that ended Snowweek activities. 6. Thursday night's movie, "Billy Jack," was preceded by a cartoon which featured the Pink Panther and this hen-pecked drunk. 7. Battling for the title of broomball champs, sophomore and senior girls cluster around the ball in an attempt to sweep it to the other end. 8. Warming up with a cup of hot chocolate, junior girls discuss the defeat of the class of '75 in the broomball tournament.



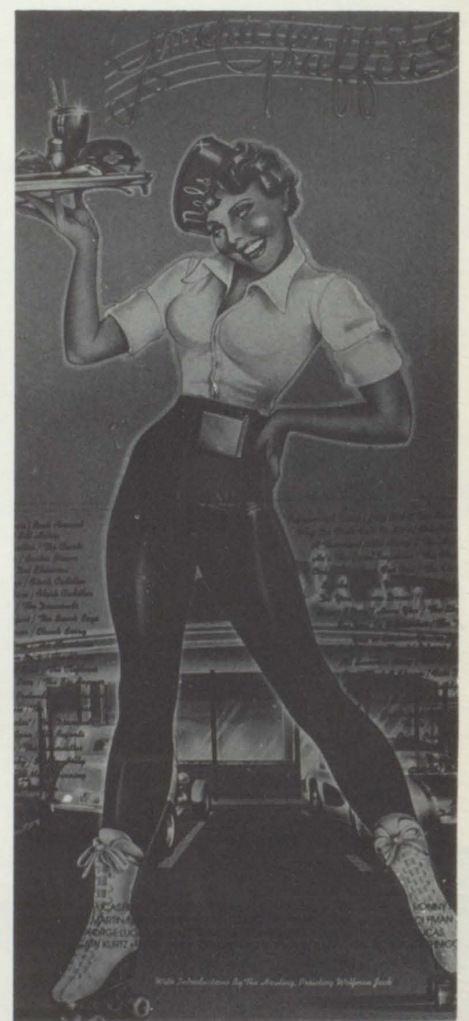
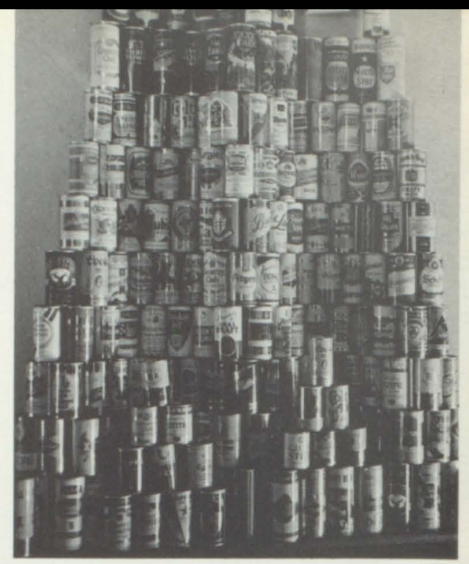


## Snowweek Activities Involve Snowcrest

The students officially welcomed winter during the second annual Snowweek from January 14-18. Eko Backen launched the week's events with a sliding party. As the innertubes came down the hill, laughter and screams for help were heard from the masked snowmen on top. The next day, many a student sat down very carefully; but, in the evening they were seen again on the slopes at Snowcrest. During the week, snow sculptures were to be built, but due to a lack of interest only two were constructed. Thursday night the sophomore girls and senior boys, after many close matches, became victors in broomball competition. After the tournament, everyone returned to the school for hot chocolate, doughnuts, and the movie "Billy Jack." A dance, featuring Thunderhead, ended Snowweek activities on Friday evening.









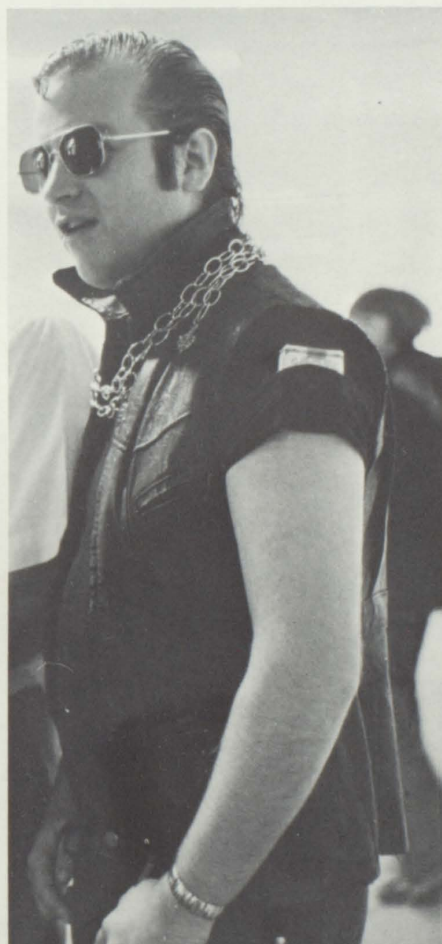
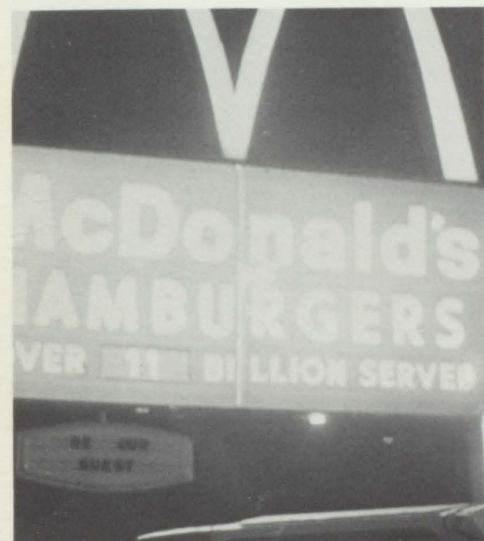


## FL Students Venture Into Boss '50's Era

Because FLHS students related so well to the nostalgic flick "American Graffiti," a Back-to-the-50's Day was held on November 30. Quite a change came over the school as rock'n'rollers of the '70's were transformed into boppers of the '50's. Chicks were adorned with ponytails, red lipstick, and knee-length skirts. With greased-back hair, male toughies could be seen wearing sunglasses, leather jackets, and ankle-length pants. The finishing touch was a Back-to-the-50's Sockhop held that evening where many hip boppers enjoyed such novelties as lindies and limbo contests.

Each year, students at FLHS have found different places and activities for entertainment. The Flare, J's, the A&W, and the Dairy Queen served as popular hangouts. Students ventured past hometown boundaries with frequent visits to Farrell's and McDonald's. However, these out-of-town excursions lessened in the spring with the completion of a new Burger Chef in Forest Lake.

Movies were a favorite pastime of all. Again, students migrated to various locations as they viewed pictures at the Cine Capri and often journeyed to St. Paul and Minneapolis. Parties were also a typical part of young life, and a kegger was always enjoyed.





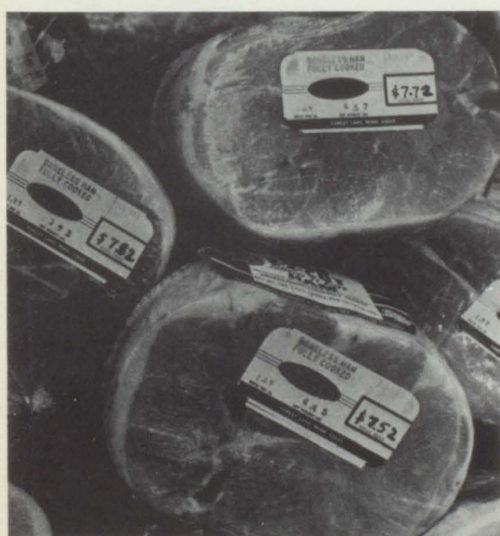
Preparing for involvement in the world, we listened closely to the news. An unsettled Watergate put pressure upon President Nixon as Gallop Polls indicated preference toward his impeachment. Also there was an overturn of White House personnel, including the resignation of Vice-President Agnew. A severe energy crisis led to high prices, low indoor temperatures and a reinstated Daylight Savings Time in January. This crisis affected the school through the minimization of activity buses, pep buses and academic field trips. In other, less serious news, male chauvinism was defeated as Billy Jean King upset Bobby Riggs in the tennis match of the century. Locally, four FLHS students appeared on KSTP television representing Forest Lake on High School Bowl. Through the news, we became aware of the challenging world.

Better Take Another Look at the Directions



Our Schools Survey Shows Food Prices Down  
 Open Minds Slightly From Mid-August Peak  
 Mortgages Put Heat Price Relief Due Soon  
 CRISIS: State Rock Fest Canceled  
 Nixon Makes It Clear Agnew's Going It Alone  
 Human Egg Fertilized in Test Tube  
 Winter Fuel Outlook Described as Bleak  
 Twilight Saving Bill House Okay  
 Fuel  
 Ford Is President's Choice  
 Agnew Mint on Super Bowl  
 Offbeat Vikings  
 Skylab Crew Zooms  
 Letter Into History Books  
 Veto Expected  
 Drinking, Drug  
 blems Noted  
 Temperature dropped from 70 to 68 degrees in FL school buildings  
 School District 831  
 Enrollment increase 7% over last year  
 Fuel Ration President Vows He Won't Quit  
 Plan Exists





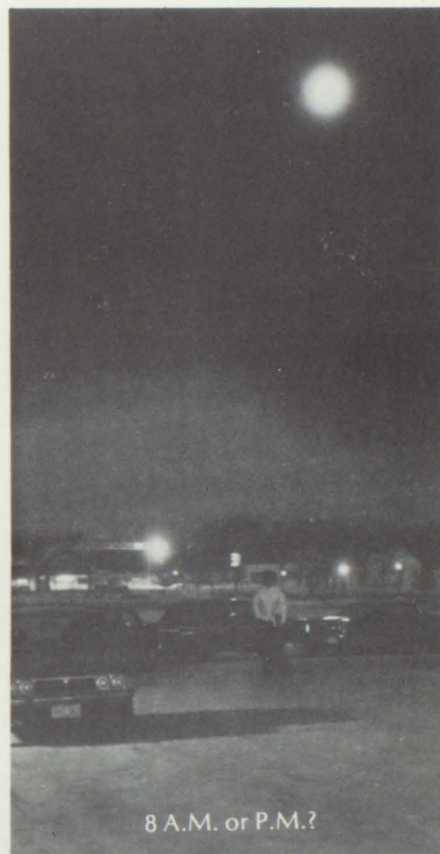
## The Exorcist Debate

Crowds of the curious are invading Georgetown University in Washington, D.C., these days, and the Jesuit school's telephones are busy with calls on subjects that not long ago would have embarrassed thinking Roman Catholics: the devil, demonic possession and exorcism of evil spirits. The reason: part of the movie made from William Peter Blatty's novel, *The Exorcist* (TIME, Jan. 14), was filmed at Georgetown.

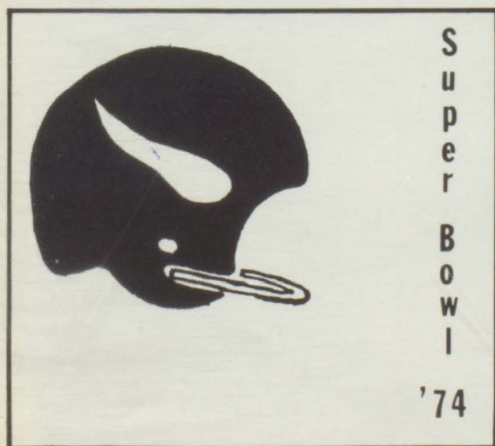
Many reviewers have panned the movie, but Catholic spokesmen are divided on its worth. Father Edmund Ryan, executive vice president of Georgetown, Blatty's alma mater, is pleased that Jesuit priests, who are the exorcists and their colleagues in the movie, are sympathetically portrayed. "I don't think it is a religious film," says Ryan, but he does think it will produce "a great deal of thought," especially about the battle between good and evil that the demonic encounter portrays. "There is probably more debate right now about the devil than at any time since *Rosemary's Baby*." At Loyola-Marymount University in Los Angeles, where Blatty once worked in public re-

## EXORCISM

lations, Jesuit John O'Neill thinks that some of the film's explicitness might be excused as a device "to show the power of evil." O'Neill adds that for him it was too effective: he was not able to sleep for several nights after seeing the film.



8 A.M. or P.M.?

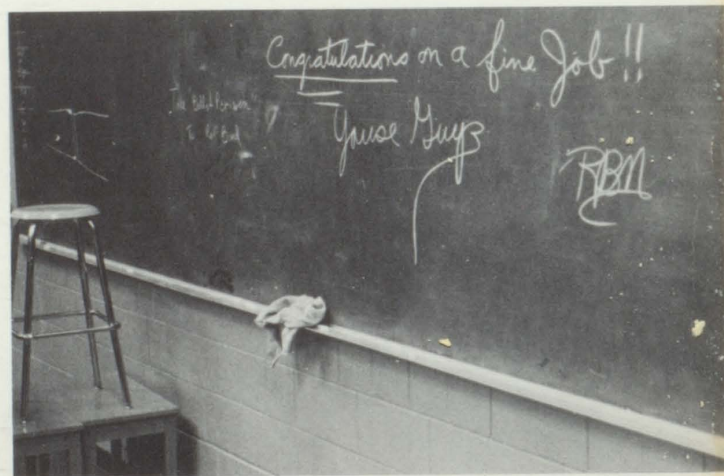


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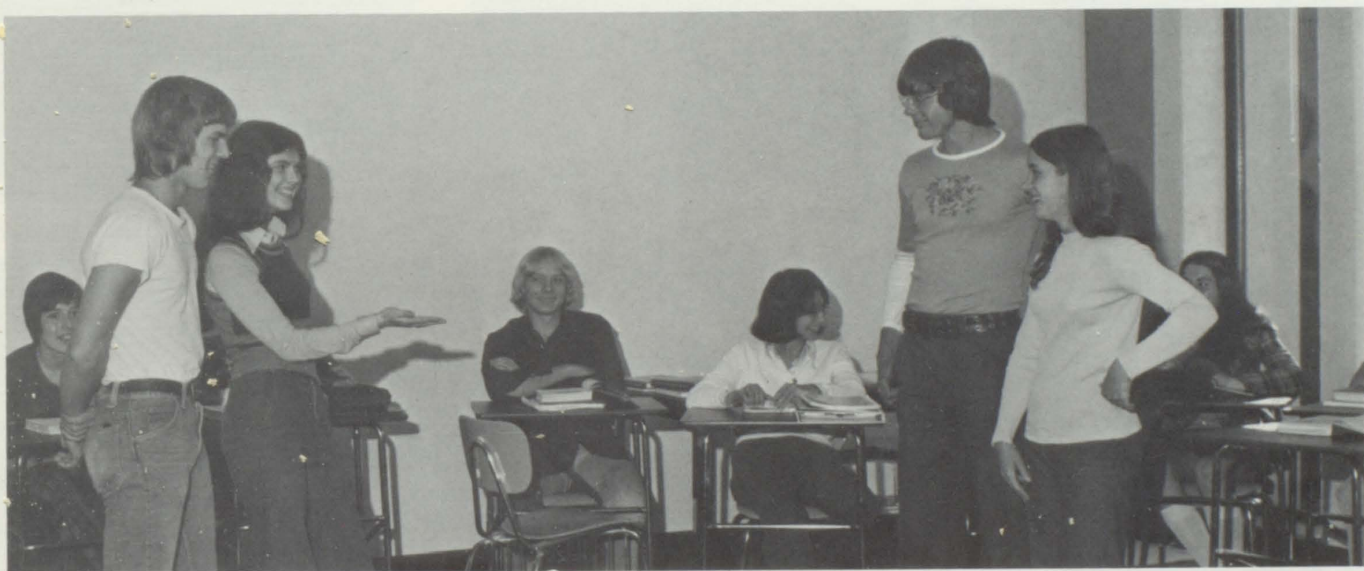
Teachers and administrators help us with our work both inside and outside of class. By involving themselves with student life they become as friends to us. With the help of teachers, we communicate in an attempt to fulfill our personal hopes.



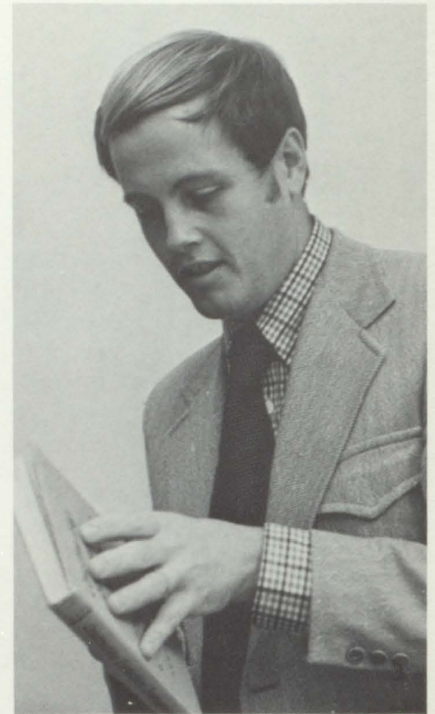
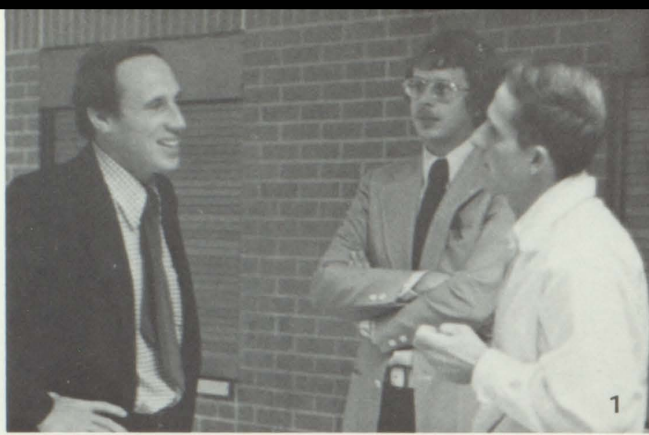


Communicating

In Our Work







ABOVE, SCHOOL BOARD: Vernon Boettcher, James Broede, Richard Stright, Quinton Peterson, chairman, Bernard Ashbach, Richard Proulx, Bernhard Bartel, superintendent.





## District Adds Three New Administrators

Reflecting their youth, members of the administration were seen jogging, playing tennis, beating the drums and working out with various school teams. Mr. Rand and Mr. Millington worked with the student body to create better educational programs. The responsibilities of managing an effective and organized administration were felt by Dr. Bartel, Superintendent, and Mr. Juhl, Director of Business Affairs. Additions to the administration were: Mr. Stebbins, Director of Curriculum and Instruction; Mr. Stutelberg, Director of Special Services; and Mr. Petersen, Community School Director.



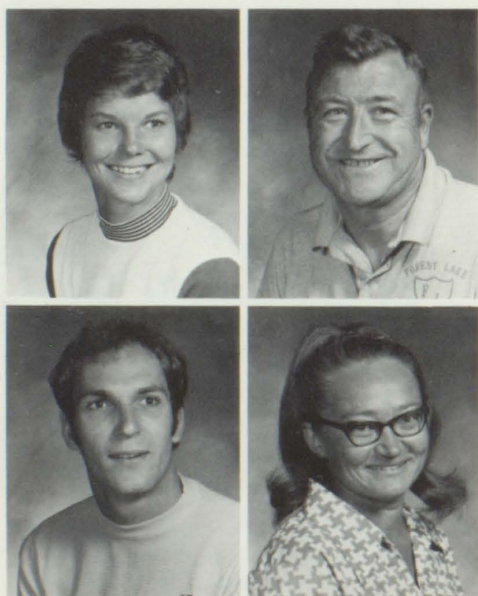
1. Communication among the administration, school board and teachers is shown by the compatibility of Mr. Millington, Mr. Stright and Mr. Lindstrom. 2. Stepping in as a bass drummer, Assistant Principal Mr. Millington gets involved with the Homecoming snake dance. 3. Mr. Stebbins, newly appointed Curriculum Coordinator, looks for information on an innovative instructional program. 4. During his busy day, Mr. Stutelberg receives a call concerning his duties as Special Services Director. 5. Evaluating classes gives Mr. Rand, senior high principal, an opportunity to keep up with current teaching techniques. 6. Escorting senior citizens on a tour of the senior high, Mr. Petersen enjoys his new position of Community School Director. 7. Dr. Bartel consults Mr. Juhl, Director of Business Affairs, over a financial matter.



# Home Ec. & Phy. Ed. Break Daily Routine

Physical education offered a break from the everyday routine. Sophomores were required to take a full year of physical education while upperclassmen took elective courses. Activities, ranging from gymnastics and ice skating to football and weight training, offered something worthwhile for everyone at FLHS.

In home economics, boys raised enrollment to a record high. Child Care classes helped teach the local kindergartners, seamstresses sewed their own garments, yet others preferred to cook. On field trips students learned about types of housing. Experience was the basic goal and idea behind home economics.



ABOVE, TOP ROW: DIANNE CONLEY, Girls' Health and Physical Education, Co-Ed Activities, Gymnastics, Girls' Tennis Coach, Girls' Gymnastics Coach; JACK CONLEY, Boys' Health and Physical Education, Team Sports, Athletic Director; BOTTOM ROW: JIM NELSON, Boys' Health and Physical Education, Weight Training, Team Sports, Co-Ed Activities, Head Basketball Coach, Assistant Track Coach, Assistant B-squad Football Coach; JOAN PAULSON, Girls' Health and Physical Education, Team Sports, Girls' Basketball Coach, Girls' Volleyball Coach, GAA, Department Chairman.







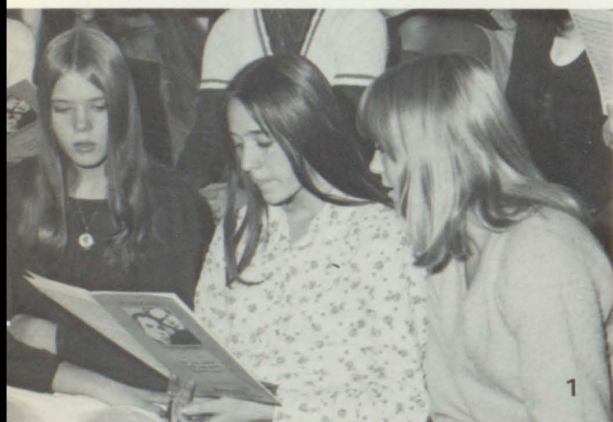
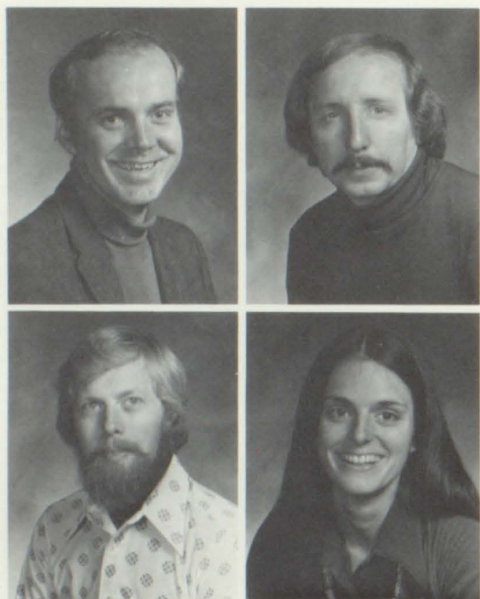
1. Sharon Oberg attempts to keep the ball out of her opponent's reach in a game of speedball. 2. Under the observation of Mr. Anderson, sophomore boys keep their muscles toned by exercising on the chin-up bar. 3. While reviewing notes for the next day's food lab, Elise Wahlberg casts a look of indifference. 4. Mark Vanderbosch, Jack Bender and Dan Roggemann find amusement in watching a fellow Home Economics student mix a pancake batter. 5. Mrs. Sandager shows satisfaction as her Child Care students aid in setting up a film. 6. As Sheila Matheson positions herself under the basket, an opponent attempts to block a successful pass from Grace Herman.



ABOVE: MARILYN MUCKALA, Foods II, High Fashion Sewing, Bachelor Living, Interior Decorating; BETTY SANDAGER, Child Care and Development, Family Living, Foods II; PEGGY SWENSON, Foods I and II, Clothing Basics, FHA.



BELOW, TOP ROW: MARK HANSEN, Introduction to Fine Arts, Painting I and II, Introduction to Art I and II, Directed Indep. Study, Department Chairman; JAMES HOWE, Ceramics, Sculpture, Fabrics, Introduction to Art I and II; BOTTOM ROW: ALLEN LARSON, Photography I and II; NANCY L. SONNEN, Fabrics, Crafts, Introduction to Art I and II.



1. In Girls' Chorus, Carla Carlson, Sue Hanley and Debbie Nelson practice a Simon and Garfunkel rendition. 2. Focusing total attention on her music during a bass sectional is junior Gayle Johnson. 3. Students share a relaxing moment as they listen to Dick Dietrich play a tune on his guitar. 4. Pete Ruggles drills to perfect a section of his music. 5. During fifth hour, Mr. Lindstrom leads the Mixed Choir through a musical composition. 6. Sue Augustine puts forth tense concentration on her ceramic project. 7. As Mr. Hansen, Mr. Howe and Liane Boehm watch intently, Ms. Sonnen demonstrates a basketweaving technique.







## Art & Music Inspire Creative Expression

The first female art teacher assisted the other instructors with the various art courses including Fabrics, Weaving, Photography and Painting. The art teachers pooled their ideas and plunged forward into team teaching the basic art courses this year. They all strove to reach their goal of providing an atmosphere that would enable the students to express themselves.

One could always look to the Music Department for relaxation. The Girls' Chorus nearly doubled in size and the instrumental bands increased to 130 members. Under the directions of Rollin Nelson and Jim Lindstrom, a stage band and pop group were formed around numerous school activities. More contemporary music and new concepts were performed by both areas of the Music Department this year.



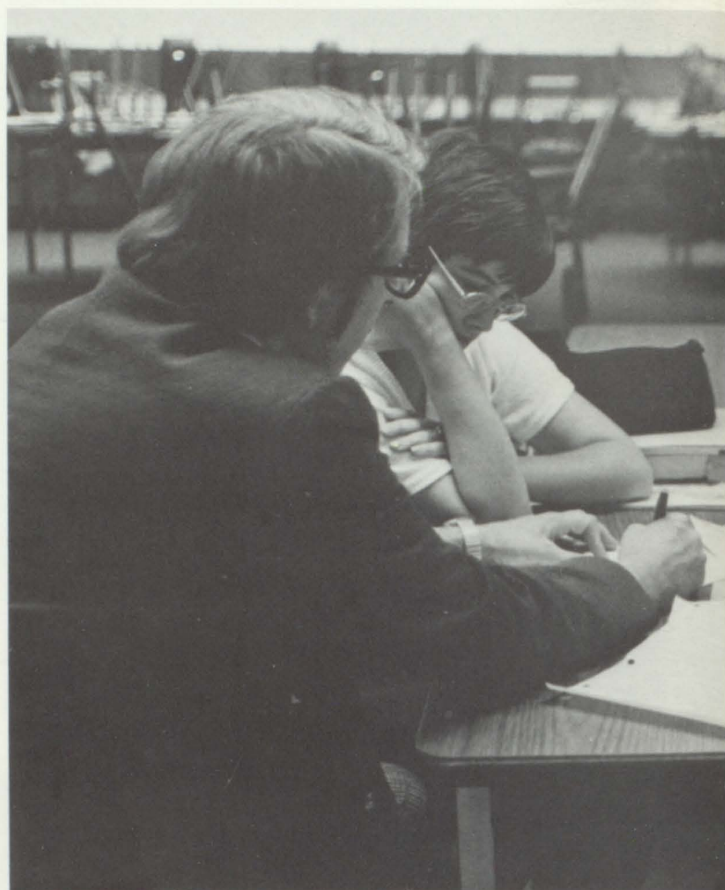
ABOVE: JIM LINDSTROM, Girls' Chorus, Mixed Choir, Sectionals, Introduction to Fine Arts, Rudiments of Music, Golf Coach; ROLLIN NELSON, Concert Band, Ranger Band, Sectionals, Pep Band, Marching Band, Department Chairman.





# English Classes Visit Guthrie Production

New experiences and ideas were again witnessed in the English Department. The teachers shared ideas and did some team teaching to make sophomore classes more beneficial. The department also made plans for three new courses — a film studies class, a journalism class and a thematic literature class. Improvement came not only within the classroom but also through field trips. In the fall, the Guthrie Theatre welcomed Forest Lake students to a performance of "Oedipus the King." Speech, drama, and journalism extra-curricular activities advised by English teachers involved a greater number of students this year. The activities played a key role in expanding the students' interests in the English field.



1. Practicing their communication skills in a "grope therapy" session are sophomore English students. 2. While Mr. Streater explains a Media research project, Cindy Dickson and Mary Seaver listen attentively. 3. Cindy Carstens gets involved in an English reading assignment. 4. Counseling Steve Clausen about his grades is new teacher Miss Hyland. 5. In Public Broadcasting, seniors Lori Fairbanks, Janet Proulx, Connie Kunschier and Laurie Trepanier make a tape recording of their project. 6. Mr. Baldwin checks English classwork as a student looks on.

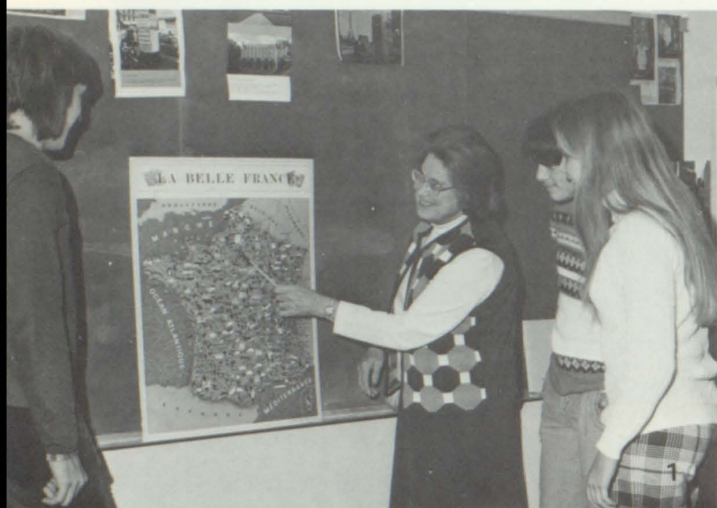




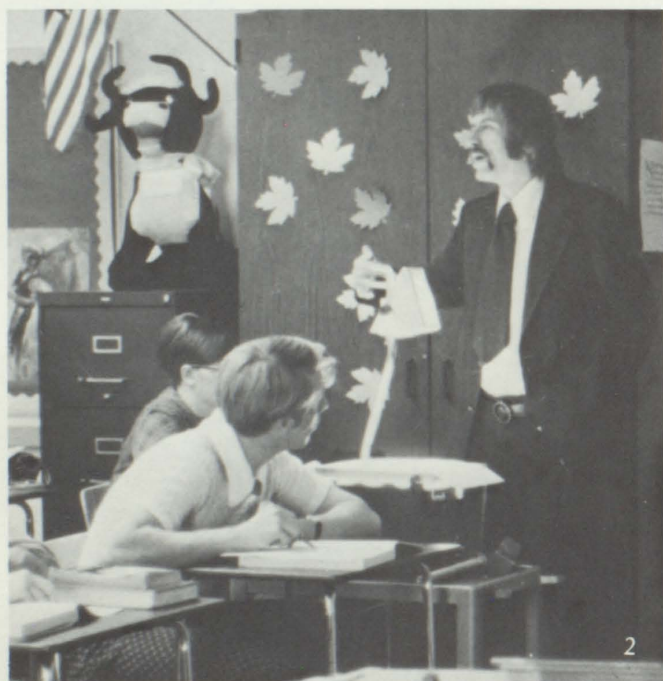


ABOVE, TOP ROW: TOM BALDWIN, Communication 10, Literature 10, Myth and Legend; MICHAEL F. BERNAUER, Great Literature of the World, Composition II, Communication 10, Literature 10, Forester; RICHARD CARLSON, Thinking Power, Science Fiction, Literature 10, One-Act Play and Spring Play Director; KAYE CASEY, Composition I, Contemporary Poetry, Creative Writing, Personal Writing, Prolifque; KAREN HOWE, Speech, Introduction to the Theatre, Dramatic Literature, Short Story, Communication 10, Fall Play Director, Declamation; BOTTOM ROW: RUTH HYLAND, Communication 10, Literature 10, Short Story, Pompon Girls Adviser; DAVID JONES, Communication 10, Literature 10, Reading Power I and II; RACHEL MAKI, Short Story, Novel, Early American Literature, Modern American Literature; BILL SOMROCK, Communication 10, Literature 10, Public Broadcasting Techniques, Department Chairman; RALPH STREATER, Minority Voices, Media, Journalism and Propaganda, Argumentation, Science Fiction, Debate, Breeze.



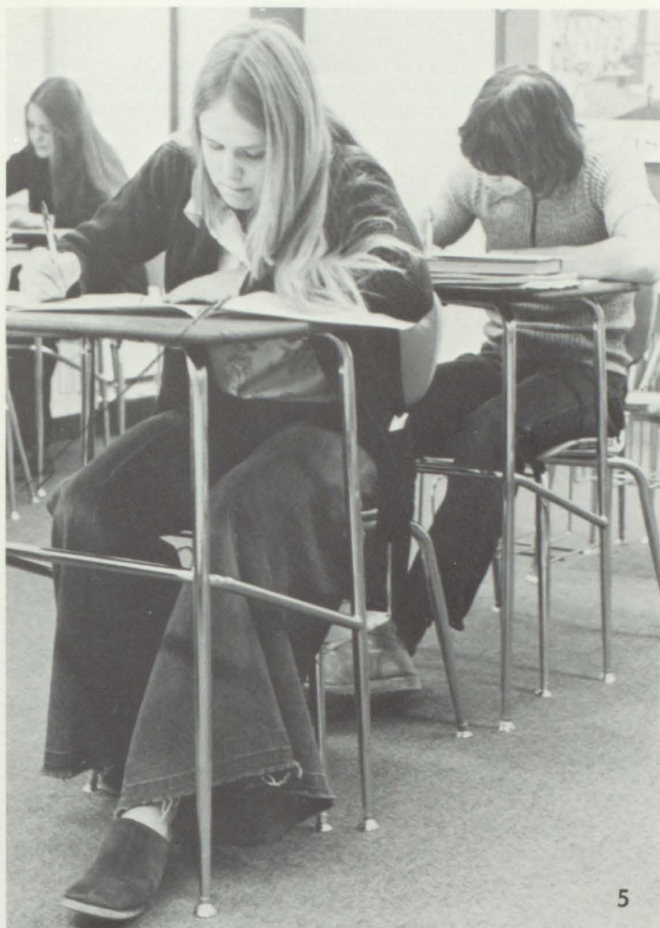


BELOW: JACK L. BUYS, Office Procedures, Shorthand I, Occupational Relations, Office Education Coordinator, FLOEA; BARBARA LINDE, Shorthand II, Marketing, Consumer Economics, Bookkeeping I and II, Merchandising, Business Machines; JANET WILEY, Beginning Typing, Typing I and II, Business Machines, GAA Bowling and Golf, Forester.



1. Showing an interest in the geography of France, students look on as Mrs. Edman points out important cities. 2. Mr. Franzen uses an overhead projector to clarify a Spanish expression. 3. Mr. Buys is unable to hold back a smile as Joan Rehbein and Sharon Peltier chuckle over their papers. 4. Strengthening their typing skills, students work conscientiously. 5. Kim Chenoweth reflects a determined attitude as she works diligently on her assignment. 6. Charlene Hoff looks on as her twin sister questions Mrs. Linde about a certain Marketing principle.





5

## Two Languages Join in 'Profiles Abroad'

The rivalry between the French and Spanish classes diminished this past year. Together, the foreign language students attended a Mardi Gras celebration in February. Furthermore, French and Spanish languages and life styles were studied in a new course offered this year called Profiles Abroad.

"Expansion" was the term that described the Business Department. New courses — Marketing, Merchandising and Consumer Economics — allowed students to broaden their knowledge. The purchase of additional machines permitted the department to parallel the atmosphere of a contemporary business office.



6



4



ABOVE: CAROLA EDMAN, French II, III and IV, Communications 10, Literature 10, Profiles Abroad, French Club; ALLEN FRANZEN, Spanish I, II, III and IV, Profiles Abroad, Spanish Club, Student Council, Ski Club, Tennis Coach.



# History Experiments With Class Rotation

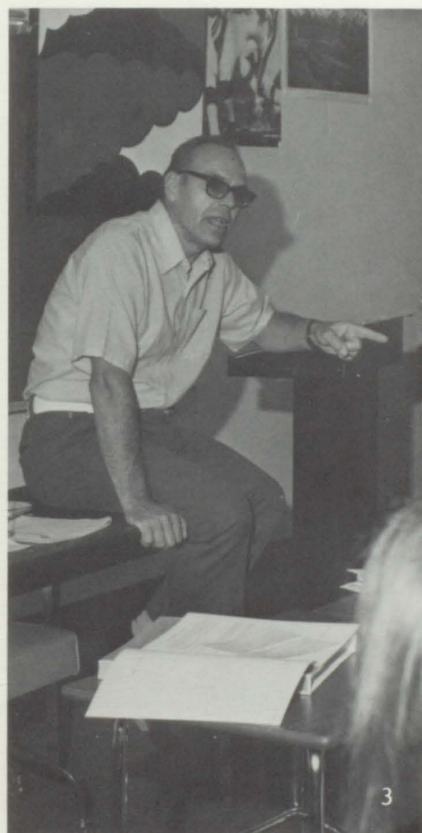
Social studies is the study of the functioning of society; it gives us a better understanding of the world and its people. FLHS students chose classes from areas of history, human behavior, politics and current events. In addition, field trips to the Federal Reserve Bank and movies like "Dr. Strangelove" supplemented the students' classroom education. The American History students took part in a teaching experiment. Four teachers rotated classes every four weeks; students were taught different aspects of history by each teacher. This new system was the first of future programs.



ABOVE: CHARLES C. ANDERSON, American History, Boys' Health and Physical Education, Assistant Basketball Coach, Assistant Track Coach; GORDON ASHBY, Marriage and the Family, Contemporary Problems; DOUGLAS J. GRIFFITH, Political Science, Advanced Political Science, Economics, U.S. and World Affairs; RUTH E. MENKEN, American History, Ancient World I and II, U.S. and World Affairs, Political Science, Cheerleaders, Pep Club, Department Chairman.



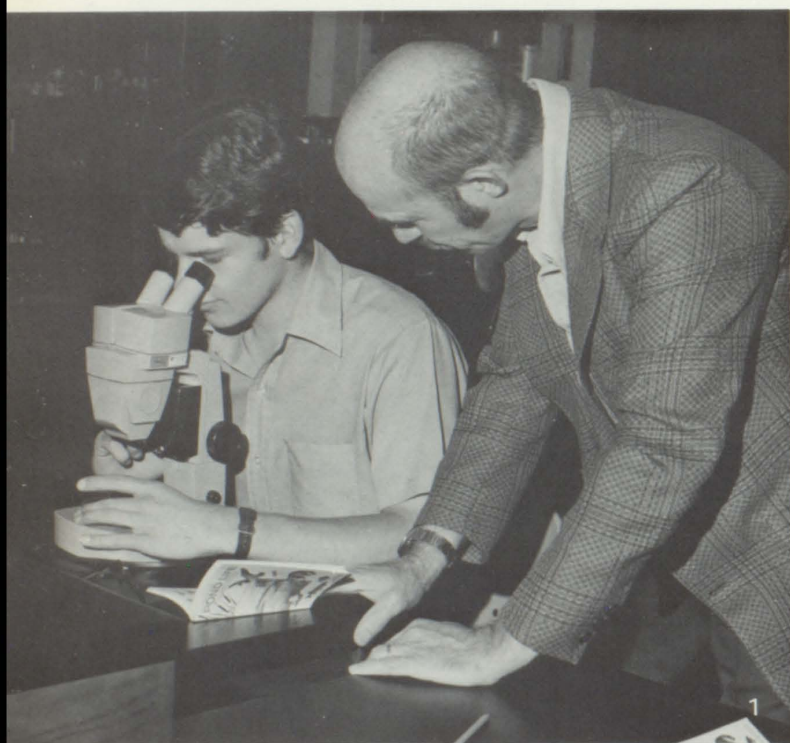
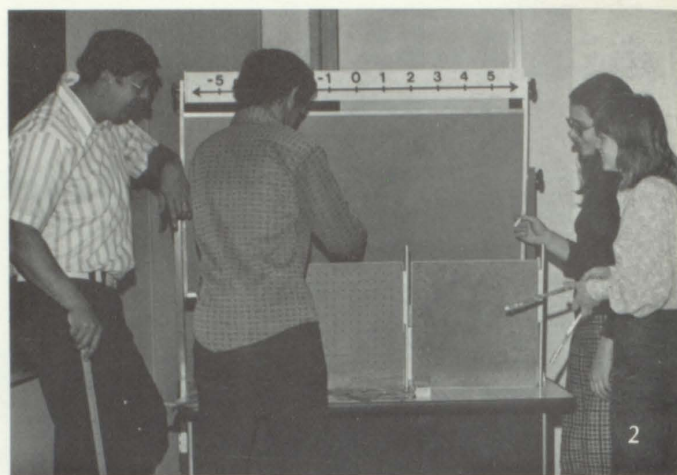
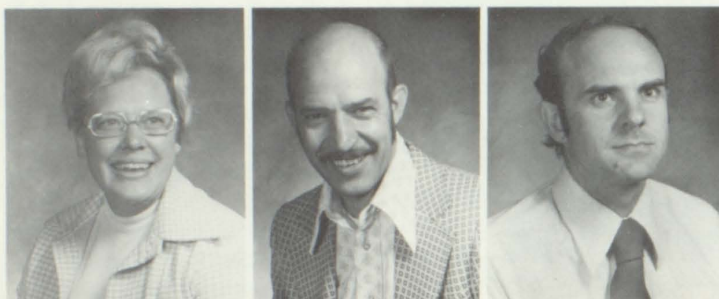
BELOW: NEAL C. NELSON Anthropology, Psychology, Sociology, Contemporary Problems, Cross Country Coach; DOUG PELTIER, American History, Head B-squad Football Coach, Head Hockey Coach; DAN POUPARD, Contemporary Problems, American History, Assistant Football Coach, B-squad Basketball Coach; ALAN THOBURN, Geography, American History, Head Baseball Coach.



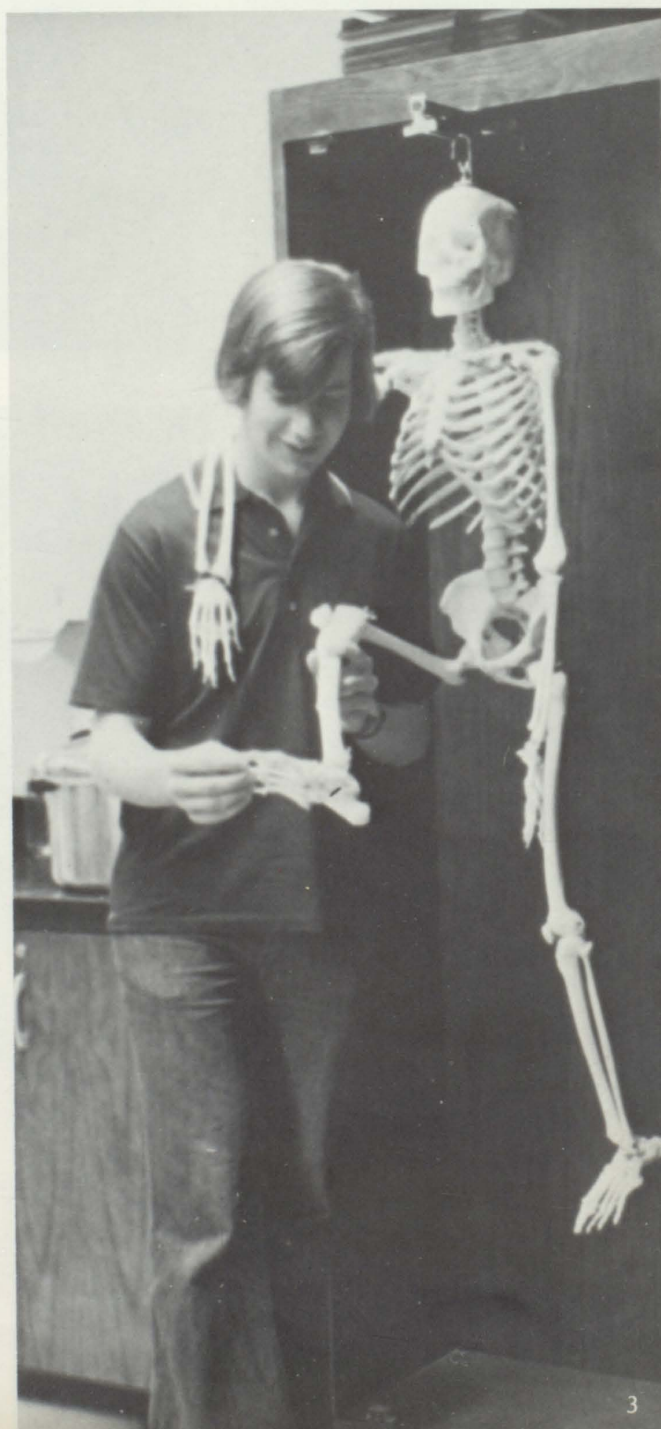
1. Concentrating on a social studies enterprise is junior Scott Witkop. 2. While teaching American History students, Mrs. Hansen makes use of the overhead projector. 3. Mr. Ashby emphasizes a significant part of his lecture. 4. Taking time off from his class studies, Tom Willcoxon shares a joke with a classmate. 5. Students in Sociology class imitate a primitive tribal squat. 6. As Mr. Thoburn lectures, sophomore students take notes.



BELOW: GWEN HANSEN, Introduction to Chemistry and Physics, Organic and Biochemistry, Chemistry of Equations, American History, Department Chairman; HERBERT H. HARPER, Cellular and Human Biology, Minnesota Wildlife, Concessions; R. JACK HENDERSON, Introduction to Chemistry and Physics, Physics, Applied Science, Ecology and Environmental Biology.



1. While Mr. Harper looks on, Tom Pulchalski examines a pond life specimen beneath the microscope. 2. Mr. Lautig and students enjoy an amusing moment while further exploring the field of mathematics. 3. Nathan Benoy illustrates that biology students are all hard-working stiffs. 4. Towards the end of their science class, Pat Sandager and Debbie Westlund clean up. 5. As Bill Lundberg watches, Pat Dresel raises a question and is immediately helped by Mr. Chalberg. 6. Mr. Henderson casts a warning glance at Dave Jury as he nears the dangerous chemicals. 7. Physics students listen as another challenging problem is explained.



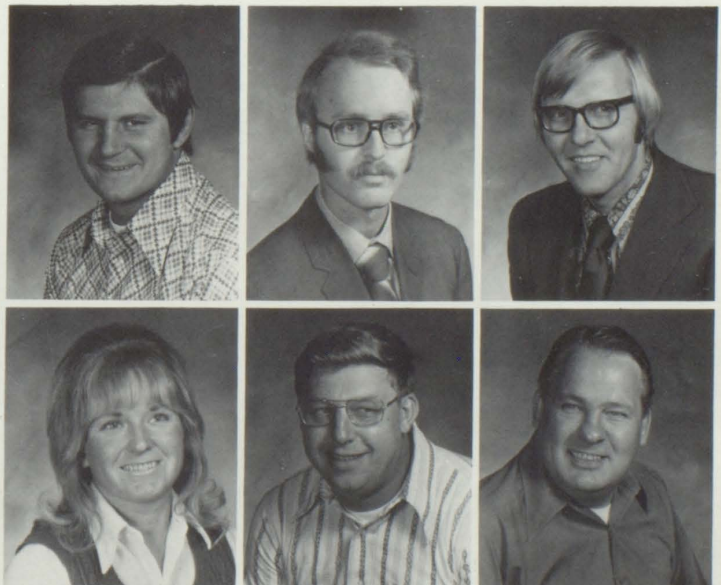
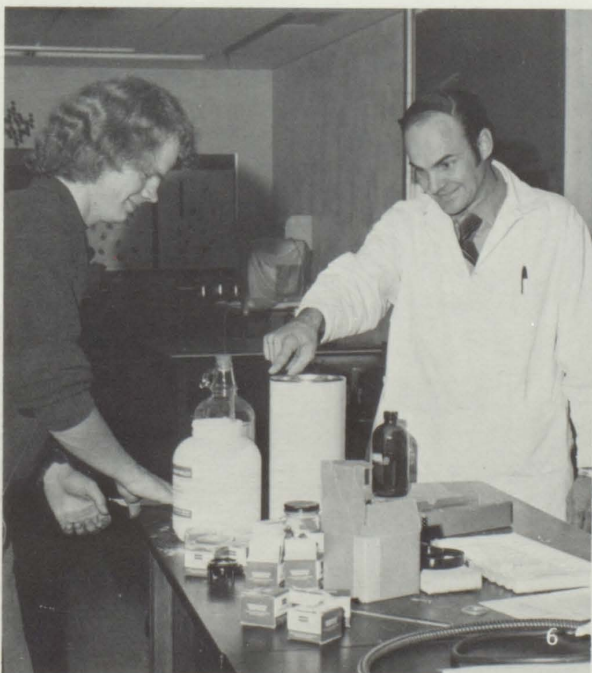
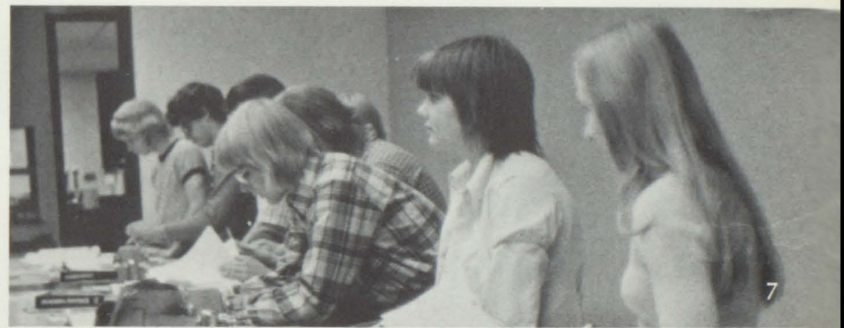




## A Recycling Center Serves Community

A recycling collection center for glass, which was in planning stages for many years, was finally organized by the Science Department. Also new were the pass-fail grades found in the Applied Science course. Although enrollment increased, students benefited largely from the continued small class sizes.

The Math Department also grew by adding two teachers and Trigonometry and Computer Programming courses. Math labs were used by the teachers for conveying concepts. Much material was covered due to the high caliber and interest of students.



ABOVE, TOP ROW: MICHAEL ALTAVILLA, Geometry, Algebra I, Head Football Coach, B-squad Baseball Coach; CHARLES CHALBERG, Consumer Mathematics; WALLACE CONNER, Math Analysis, Algebra II, Programming, Dept. Chairman, Soph. Class Adviser; BOTTOM ROW: NANCY LATOURNEAU, Consumer Mathematics; JOHN LAUTIGAR, Algebra II, Trigonometry, Geometry, Assistant Football Coach, Assistant Wrestling Coach, Head Track Coach; DONALD A. NELSON, Geometry, Basic Math, Junior Class Adviser.



# Elementary Tutored by Leadership Class

A very down-to-earth area of the curriculum was the Agriculture Department where students "not only studied, but managed the environment." Students worked to improve the arboretum, environmental lab, greenhouse and shop. An outdoors-related program attracted the interest of many students.

Girls continued to invade the male-dominated Industrial Arts Department. Drawing plans to specification, examining electronic circuitry, building projects of wood and metals and learning various power systems were some of the areas covered for future use by the students.



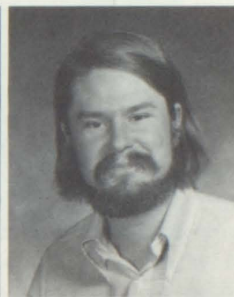
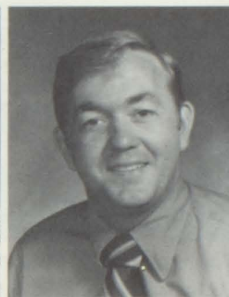
ABOVE: LOYAL HYATT, Forestry, Agricultural Mechanical Skills, Agriculture Power and Equipment, Horticulture; LEE D. SANDAGER, Animal Science, Horticulture, Youth Leadership, FFA.





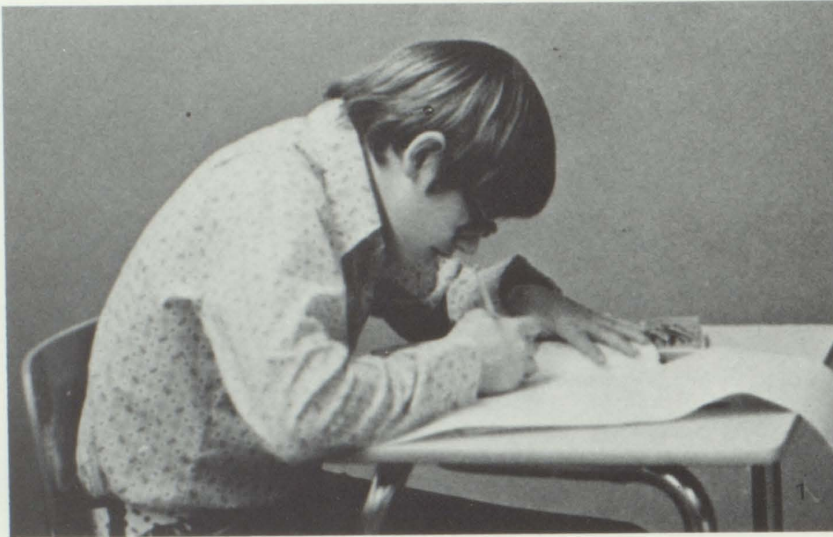


BELOW, TOP ROW: DAVID F. BLASKO, Trade and Industry Auto Mechanics; GENE A. ELVEHJEM, Introduction to Plastics, Hot Metals A, Basic Electricity; STEVEN R. FREDERICKSON, Power Mechanics and Snowmobiles, Introduction to Power; BOTTOM ROW: ROBERT MORDINI, Hot Metals A, Woods I and II; TOM POGREBA, Architectural Drawing, Mechanical Drawing, Electronics, Head B-squad Wrestling Coach; JOHN REIMAN, Hot Metals, Cold Metals, Head Wrestling Coach, Assistant Baseball Coach.



1. Gary Maki works hard as a representative for Forest Lake FFA at the Minnesota State Fair. 2. Teaching elementary students about the outdoors is Greg Brooke, a member of the Youth Leadership class. 3. In Plastics, Greg Johnson and Mike Masso work together on a project. 4. Rich Johnson and Scott Proulx compare their architectural drawings. 5. Studying nature first hand are teacher Mr. Sandager and students Julie Henrichsen, Pam Robertson and Jayne Tate of the Landscaping course. 6. Mr. Blasko and Randy Grubbs are amused as they examine the intricate parts of a motorized vehicle. 7. In studying plant growth, two Agriculture students transplant seedlings into larger flats for future use.





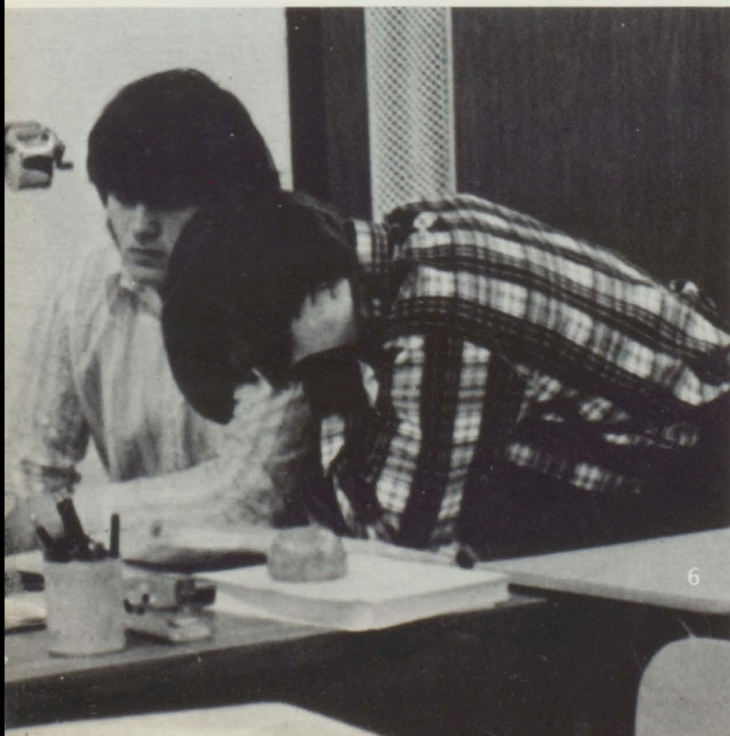
1. David Branjond concentrates on a textbook assignment. 2. At a Halloween party sponsored by the senior high Special Education class, Jim Simbeck supervises elementary students as they play a table game. 3. Preparing for a caramel apple sale is sophomore Brenda Otteson. 4. Mike Beck sets up a game for a young participant. 5. Between frames in a bowling game, Craig Peters resets the pins. 6. Answering the questions of two concerned students is Special Education teacher, Mrs. Volkman. 7. In a moment of relaxation, Mrs. Volkman plays a game of "Kerplunk!" with a special class elementary student.





## Caramel Apple Sale Held by Special Ed.

The Special Education class studied subjects on an individual basis, but they also planned and participated in some group work. In addition to studying, the thirteen students also devoted their time to class projects. During class, they made pizza, caramel corn and other treats. For Halloween they went to the elementary school and staged a party for the TMR class. They also invited upper elementary and junior high classes to the senior high for another Halloween party. As Christmas approached they spent their time making seasonal decorations; these were sold for a profit of about \$100. More money was raised by selling caramel apples during lunch periods. Their earnings were used to fund class dinners at places such as the Anchor Inn and to pay for gifts and a farewell party honoring graduating classmates.



ABOVE: RAMONA VOLKMANN, Special Education.

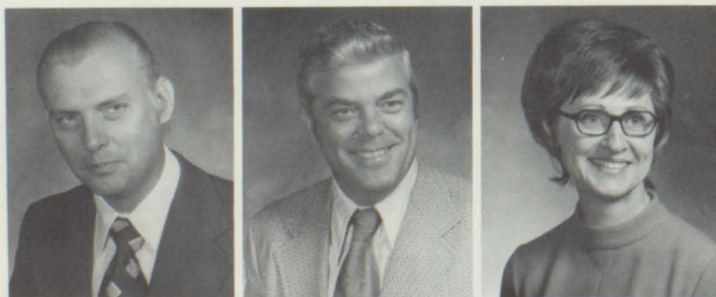


# Part-time Counselor Added to Guidance

Assisting the student body was the main objective of the Guidance Department. Much of their time was spent with transfers and with helping seniors make decisions on colleges and technical schools.

Mr. Moskop and Mr. Fuhrman were referred to as media personnel this year. Besides checking out many books and periodicals, Mr. Moskop also issued tapes and filmstrips for student use. Processing of this media material and providing loudspeaking systems were among the duties of Mr. Fuhrman.

Mrs. Frigstad, school nurse, is aided by Mrs. Valenty who takes care of first aid and health files. Conducting drivers' education and behind the wheel, Mr. Scofield and his assistants gave every student an opportunity to learn and practice the skills of safe driving.

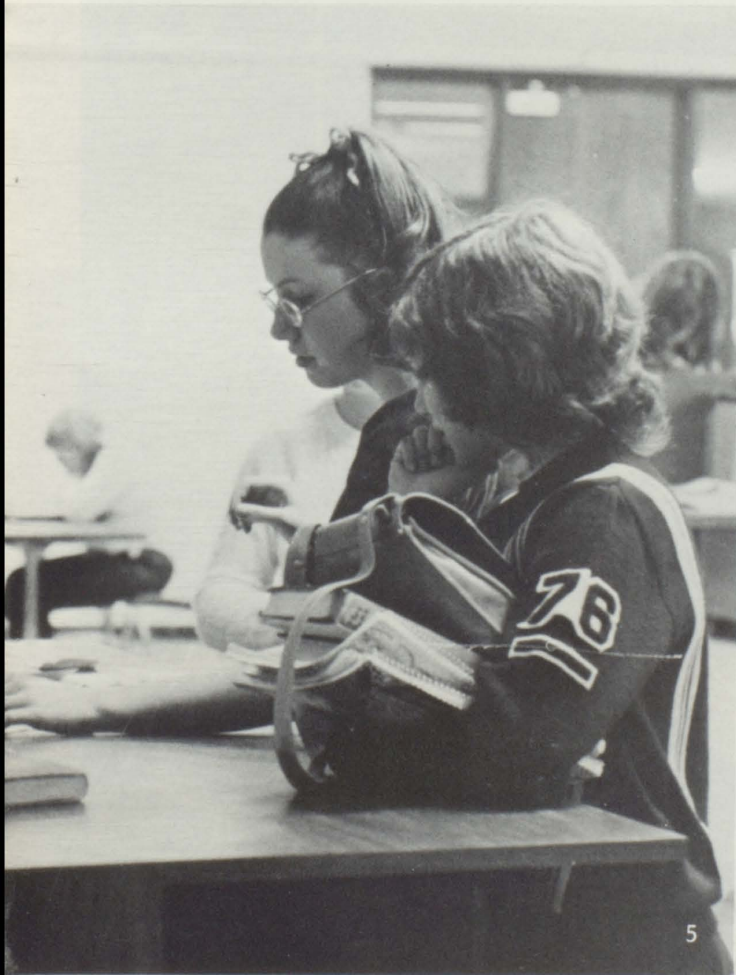
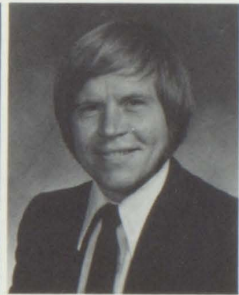


ABOVE: VIRGIL GROVE, Guidance Counselor; STAN MOTSCHENBACHER, Guidance Counselor; DONNA NICKERSON, Guidance Counselor.





BELOW, TOP ROW: ELIZABETH FRIGSTAD, School Nurse; MARVIN FUHRMAN, Audio Visual Director; BOTTOM ROW: RICHARD L. MOSKOP, Librarian, Senior Class Adviser; JOHN T. OLSEN, Modified Learning Center Director.

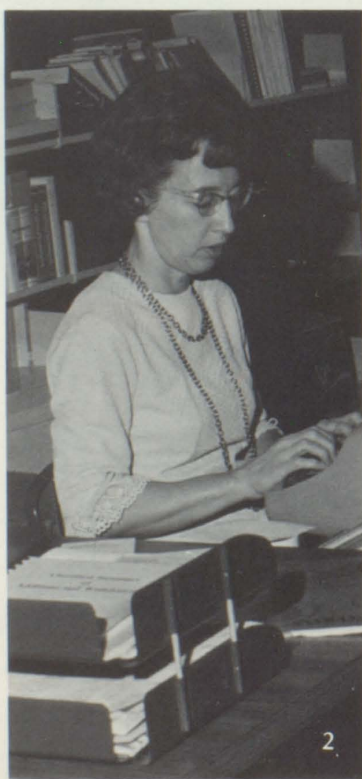


1. Mrs. Frigstad smiles as she examines a good medical record. 2. Explaining comments on a student's file to Mrs. Nickerson is Mr. Grove. 3. Equipment in the AV Department is shown to Don Jensen by Mr. Fuhrman. 4. Despite nervousness, JoAnn Gillespie gives a friendly smile to Mr. Scofield before beginning her driving lesson. 5. Students gather around the counter as they are signed out of the IMC by a library assistant.





BELOW, TOP ROW: MURIEL ALCOCK, Financial Secretary; SHIRLE BEDIENT, Paraprofessional; GRACE CASEY, Guidance Secretary; JUDY ENSRUD, Payroll Clerk; SECOND ROW: SHARON FAIRBANKS, District Bookkeeper; JOYCE FASI, Clerk to Agriculture Department; DARLENE GUERTIN, District Office Receptionist; AUDREY LIDSTROM, Paraprofessional; THIRD ROW: JEANETTE MARCOTT, Curriculum and Special Services Secretary; KAREN MILLER, Guidance Secretary; MARILYN PATAK, Principals' Clerk-Receptionist; BEV RANDALL, Superintendent's Secretary; FOURTH ROW: MELBA SAHLIN, Principals' Secretary; MARIAN TUOMINEN, Principals' Clerk-Receptionist; IRENE VALENTY, Nurse's Clerk; ELAINE ZELLER, Librarian's Clerk.





# Efficient Secretaries Ease Daily Pressures

Students who stopped at the main office seldom realized the many functions performed by the secretarial staff daily. A larger student body gave the secretaries a hectic time recording attendance and issuing passes. Guidance secretaries aided students as they arranged student testing, wrote student manuscripts and helped students with college applications. The paraprofessionals checked out equipment and made a multitudinous mass of copied material. Working efficiently, secretaries eased the friction of daily activities.



1. Paraprofessional Mrs. Lidstrom prepares a master copy on the AB Dick machine. 2. Typing one of the many index cards used in the library is Mrs. Zeller. 3. As late students arrive, Mrs. Patak examines admit slips. 4. Office aid, Laurie Gustafson, helps secretaries by taking messages. 5. Secretary for the Agriculture Department, Mrs. Fast, types up an agenda for the next FFA meeting. 6. Taking time off from her busy secretarial schedule, Mrs. Marcott delights in a telephone conversation.



## Students Relish The New Sandwich Bar

Daily at 6 a.m. two cooks and seven helpers arrived and began to prepare the meal they would serve to an average of 600 students. The concession stand and new sandwich bar were designed to give the students a choice between ice cream, sandwiches, and hot lunch.

A fleet of fifty-two buses transported students from a 218-square-mile area to classes each day. Many drivers volunteered their spare time to drive students to plays, films and games.

Nine custodians cleaning a 6.3 acre building were constantly busy. Wherever found, either opening doors, fixing lockers, setting up equipment for games or cleaning the building, custodians had a key for every lock.

1. With another "Right on!" from Mrs. Nast, Dan McGrath pays the usual 45¢ for his hot lunch. 2. Performing one of his many jobs, Connie Carlson repairs a broken locker.



ABOVE, BUS DRIVERS, LEFT TO RIGHT: Robert Jensen, Supervisor of Transportation, Larry Ferrier, Allen Mack, Harold LaBarre, Paul Lendt, Raymond Sauder, Walter Swanson, Floyd Holzschuh, Arthur Hartman, Clayt Wilson, Richard Alcock, Boyd Bontjes, Clarence Fedje, Gary Moen, Carole Markusson, Stanley Mitthun, Lynn LaMotte, Jeff Nelson, unidentified, Pat Ruud, Janice Sorum, Carolee Reiling, Dick Pottsmith, James Howder, R. C. Donovan, Irvin Eggers, Roselyn Stanton, Darlene Dent, Diane Bohn, Virginia Bell, Harold Anderson, Annetta Olson, Hildegard Wilson, Deloris Meisner, Lyle Morehead, Elfriede Zimmer, Neil Robinson, Laura Lane, Muriel Greene, Veva LeVasseur, Carol Parsons, Joe Gregoire, Violet Swanson, Marge Blackledge, Marion Greendahl, Ray Wallenberg, Wallace Johnson, Pat Willmus, Helen Lauer, Patricia Gessler, Shirley West, Henry Pueschner, Harvey Westberg, Roger Anderson, Marvin Fischer, Gerald Lundberg, Everett Struble, Tom Giltzer, Robert Houle, Don Heil, Joe Dempich, Vernon Brandjord.

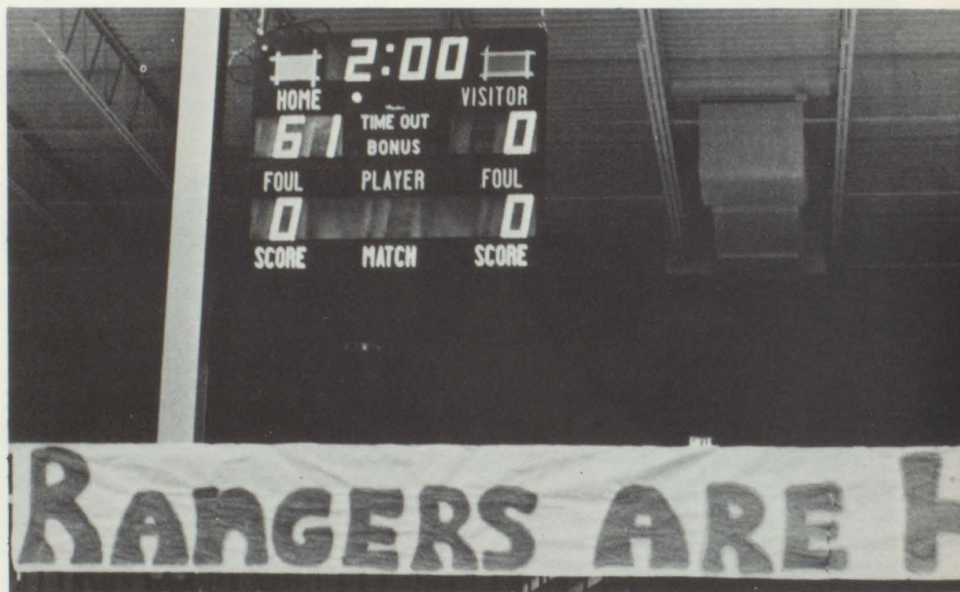
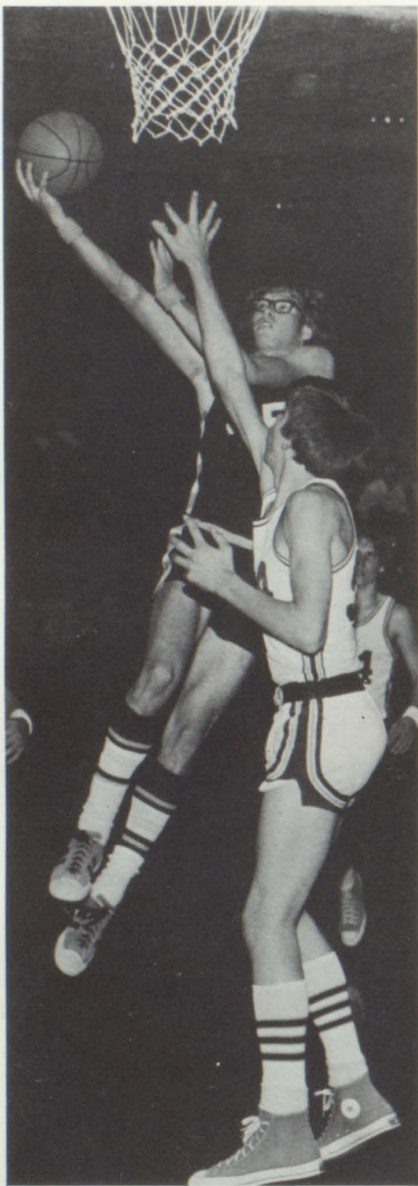


BELOW, COOKS: Agnes Patrin, District Food Service Director, Marilyn Nast, Bonnie Osterbauer, Darlene Lutz, LuAnn Matheson, Hatty Sorenson, Edith Kauls, Sally Johnson.



ABOVE, CUSTODIANS, TOP ROW: Dan Oelke, Ira Hollingsworth, Joe Doege, Conrad Carlson;  
BOTTOM ROW: Marlin Houffer, Helen Beeksma, Alene Selleck, Chester Hapka.

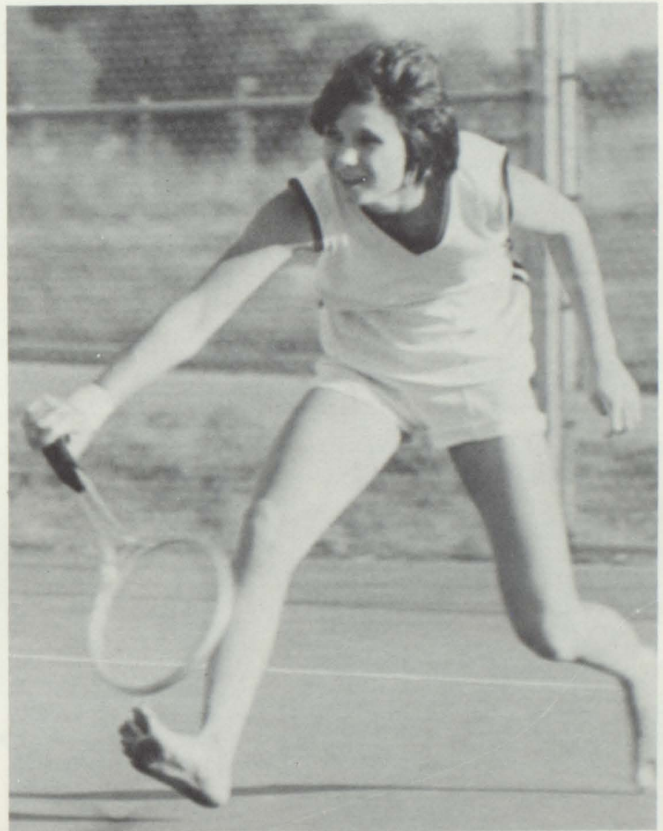
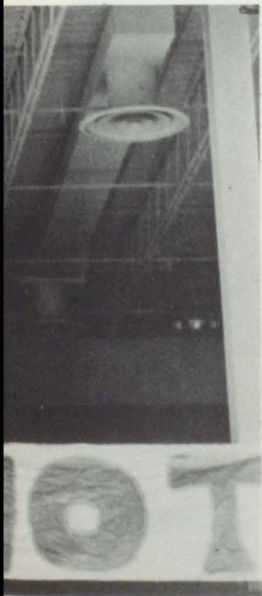








Athletics develop a close relationship and friendly rivalry among players. Through the determination of our teams, the excitement of the fans is aroused as a close game ends in victory or defeat. This competition allows us to communicate our hidden feelings and deep-felt emotions with each other.

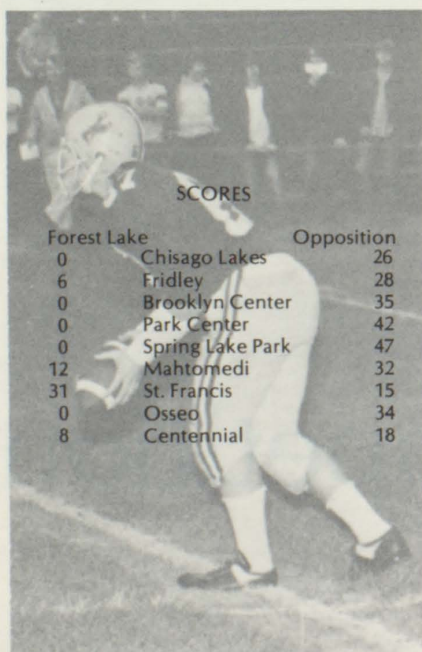


# Communicating through Competition



# Games Attended by Many Devoted Fans

Plagued by nagging injuries, pessimistic attitudes and what one player called a case of the "temporary klutzes," the Ranger gridders started their season in a slump. However, the team fought hard and maintained the support of more fans than in previous years. Head Coach Mike Altavilla reflected that many of the players matured in attitude and ability, and displayed the determination to win. He and assistant coaches John Lautigar and Dan Poupard kept the team improving; they worked for the same goal but had different methods of achieving it.

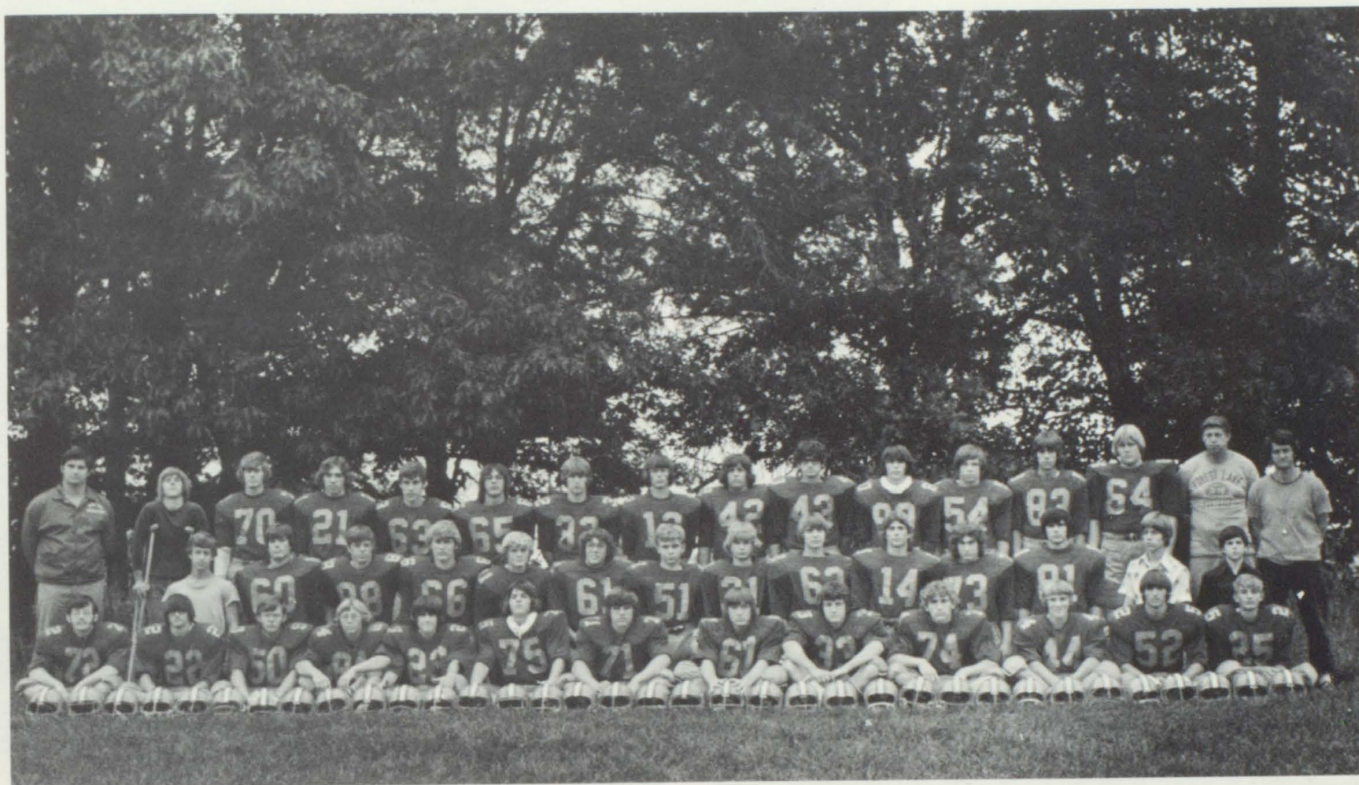



SCORES		
Forest Lake		Opposition
0	Chisago Lakes	26
6	Fridley	28
0	Brooklyn Center	35
0	Park Center	42
0	Spring Lake Park	47
12	Mahtomedi	32
31	St. Francis	15
0	Osseo	34
8	Centennial	18



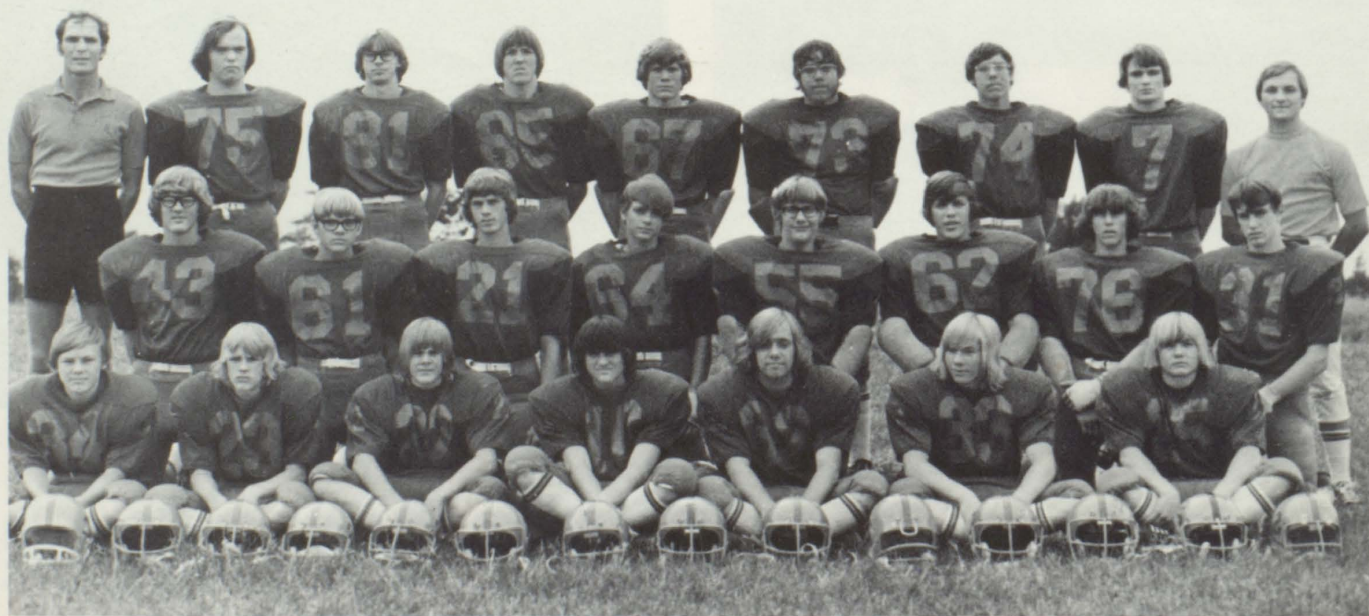


BELOW, A-SQUAD FOOTBALL, TOP ROW: Head Coach Mike Altavilla, Craig Martin, Pete Cheesebrough, Mark Vanderbosch, Dan Taylor, Greg Johnson, Dave McJames, Mike Welch, Mike Stanek, Dan Franta, Blake Benson, Tom Bakke, Eric Rasmussen, Mike Sahlin, Assistant Coach John Lautigar, Assistant Coach Dan Poupard; SECOND ROW: Joe Sam, John Petersen, Jim Moore, Jeff Linnerooth, Gordy Tennis, Bruce Neff, Dave Manders, Glenn Johnson, Phil Tetrault, Dave Palme, Dave Jones, Bob Trombley, Tom Sommerfeld, John Stright; BOTTOM ROW: Gary Crete, Dan O'Connell, Bruce Linz, Randy Gestson, Scott Flaherty, Don Baber, Marv Anderson, Co-Captain Marty Flitter, Co-Captain Bob Dagostino, Bill Tessier, Kevin Lichtscheidl, Mark Boyd, Dan Goiffon.



1. Closely followed by Ranger companions, a Forest Lake griddler strives for yardage. 2. After a play, Forest Lake signals a possible first down. 3. Strongly voicing his opinion, Mr. Altavilla disagrees with a referee. 4. Bob Dagostino attempts to break through the front line amid St. Francis tacklers. 5. In preparation for the next play, quarterback Gordy Tennis checks fellow teammates' positions. 6. Ranger fans turn out en masse to support the team during the football season.





ABOVE, B-SQUAD FOOTBALL, TOP ROW: Assistant Coach Jim Nelson, Jack Cain, Phil Schneider, Brian McGrath, Mark Holl, Rod Lange, Ronnie Lange, Curt Patak, Head Coach Doug Peltier; SECOND ROW: Tim Motschenbacher, Dennis Johnson, Tim Zastrow, Brent Gustafson, Carl Peikert, Caroll Anderson, Dan McGrath, Bill Moore; BOTTOM ROW: Greg Evgen, Steve Strand, Dave Houle, Bill Jeans, Dave Vanderbosch, Scott Anderson, John Isaacson.





## Jr. Varsity Gridders Secure 3-0 Record

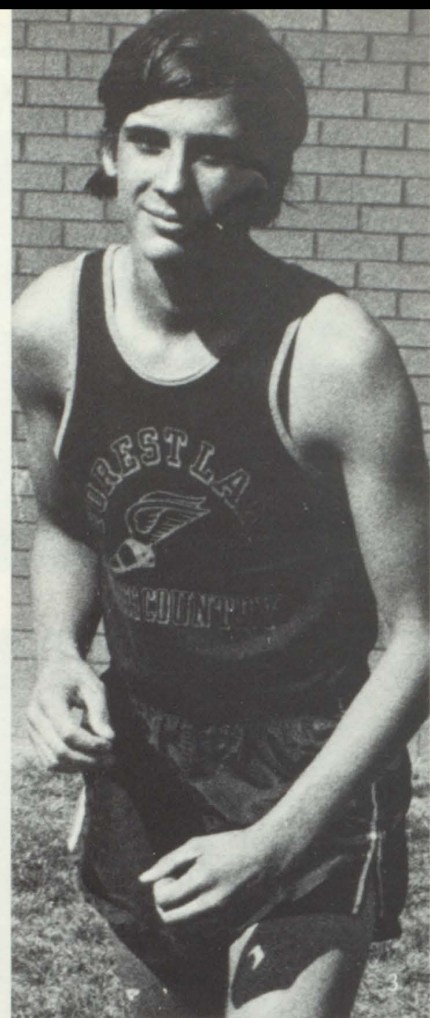
The junior varsity football team had an impressive season this year with an undefeated 3-0 record. The experienced juniors, as well as some sophomores, played with the unity and attitude needed to have a winning team.

The new coaches for the B-squad team were Doug Peltier and Jim Nelson. A lack of team confidence led to a 0-6 season. Coach Peltier commented: "It was a learning experience for myself and the team."



1. Before going back into the game, a B-squadder receives advice from his coach. 2. The A-squad team scores the second touchdown in the Homecoming game against Mahtomedi. 3. A varsity quarterback fights hard to avoid getting sacked. 4. Senior Don Baber signals a recovered fumble for the Rangers. 5. Wary of a tackle, a sophomore rookie catches the ball. 6. Scoring a touchdown to put the Rangers in the lead against St. Francis is junior Gordy Tennis. 7. During Forest Lake's victory over St. Francis, senior Eric Rasmussen carries the ball.





ABOVE, CROSS COUNTRY, TOP ROW: Mark Strand, Kevin Sternberg, Pete Haas, Mark Allen, Co-Captain Dan Jacobs, Co-Captain Dale Furrer, Todd Harper, Richard Krech, Coach Neal Nelson; BOTTOM ROW: Lloyd Pierce, Tom Grindberg, Mike Anderson, Keith Banta, Dave Muellner, Will Montzka, Ron Humphrey, Dave Banta.





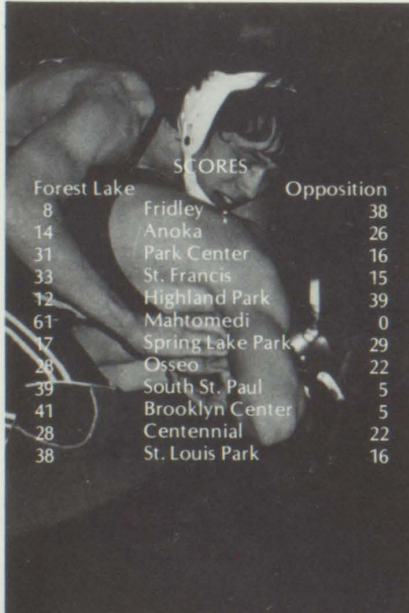
## Cross Country Wins 2nd District 25 Title

Individual improvements combined into successful team efforts for the '73 Cross Country team. The appointment of Dan Jacobs and Dale Furrer as co-captains led the team to a 4-2 season record. Besides regular meets, the harriers entered tournaments; they placed fourth in both the Purple Hawk Invitational and the Skyline Championship Meet. Sophomore Lloyd Pierce unexpectedly finished second in the Skyline and received an All-Conference Award. The Rangers took second, third, fourth, tenth and eleventh places to win the District 25 Tournament. Advancing to the Region 7 Meet, the harriers captured fifth, the best placing ever under the leadership of Coach Neal Nelson.



1. Pete Haas sets the pace for teammates Dave Muellner and Mark Strand as they near the finish line. 2. As the Junior Varsity runners move into position for the Skyline Meet, they listen to the starting procedures. 3. All-Conference team member Lloyd Pierce led the harriers in the District and Region Meets. 4. With grit and determination, Will Montzka passes through the shade back into the sunlight. 5. Pete Haas, Will Montzka and a teammate stand in the rain awaiting the start of a cross country meet. 6. Testing his endurance, Co-Captain Dale Furrer strives to overtake fellow Co-Captain Dan Jacobs. 7. Sophomore Todd Harper pulls away from three opposing runners in a Junior Varsity Meet.



**SCORES**

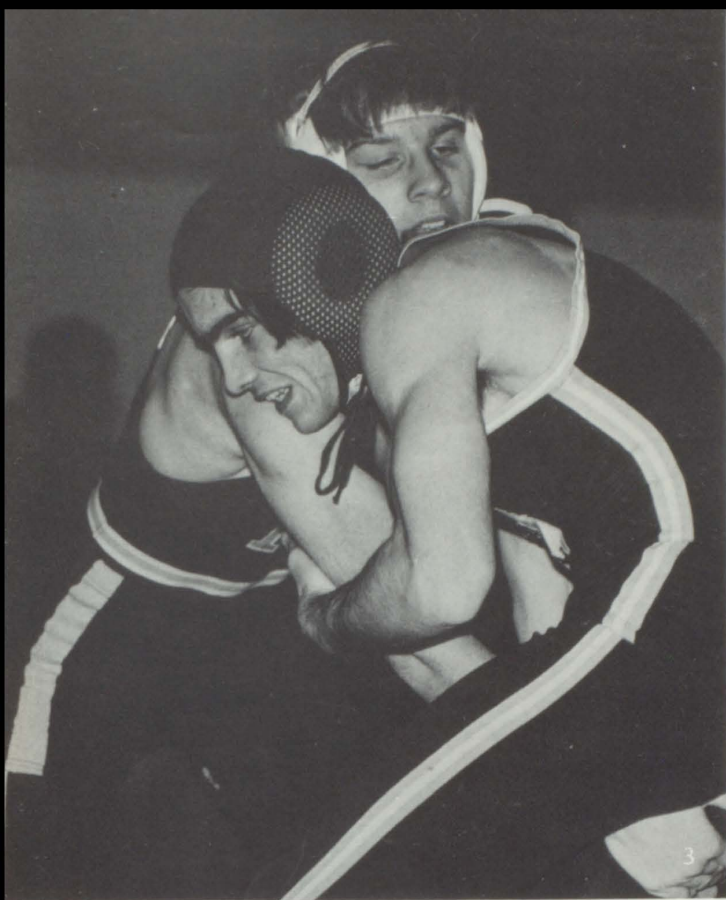
Forest Lake		Opposition
8	Fridley	38
14	Anoka	26
31	Park Center	16
33	St. Francis	15
12	Highland Park	39
61	Mahtomedi	0
17	Spring Lake Park	29
28	Osseo	22
39	South St. Paul	5
41	Brooklyn Center	5
28	Centennial	22
38	St. Louis Park	16



1. Ranger matman Dean Anderson fights for a reversal. 2. Reflecting angry emotions at the predicament of a Ranger wrestler is Coach John Lautigar. 3. In an effort to gain two points, Keith Banta strives for a one-leg take down. 4. Pinning his opponent, Bill Tessier gains more points for the Forest Lake wrestlers. 5. Coaches, wrestlers and a cheerleader show concern as they watch a duel match.







## Wrestlers Are 3rd in Skyline Conference

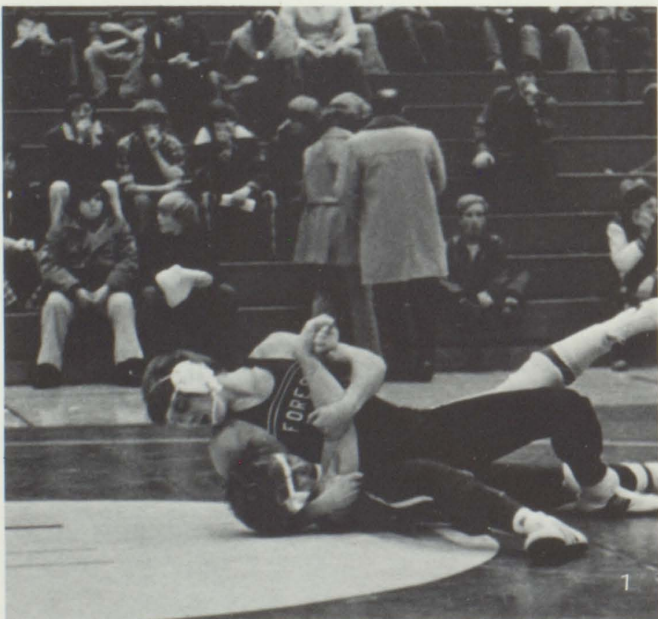
Tri-captains Bill Tessier, John House and Don Baber led the varsity wrestling team to a third place finish in the conference this year. With a record of 9-3 in dual meets, the matmen also won two tournaments. Part of the team's success was due to the continuous improvement by individuals who were kept in check by the wrestle-off system; this determined the top wrestler at each weight for each match. As a result, 21 different boys saw action on the A-squad this season. The team missed two wrestlers, Marty Flitter and Don Baber, who were injured. Most of the wrestlers maintained high records, including senior Bill Tessier and sophomore John Fraley who were named to the All-Skyline Wrestling Team for their outstanding records of 6-0 and 5-0-2. Pleased with his wrestlers, Coach Reiman felt that this year's team certainly carried on Forest Lake's winning tradition in wrestling.



ABOVE, A-SQUAD WRESTLERS, TOP ROW: Coach John Reiman, Phil Tetrault, Bill Tessier, Marvin Anderson, Curt Patak; SECOND ROW: Mike Welch, Randy Gestson, Bruce Neff, Bill Balzart, Dave Muellner, Keith Banta; BOTTOM ROW: Dean Anderson, Ron Schleicher, John Fraley, John House, Bill Jeans, Mick Schaab.



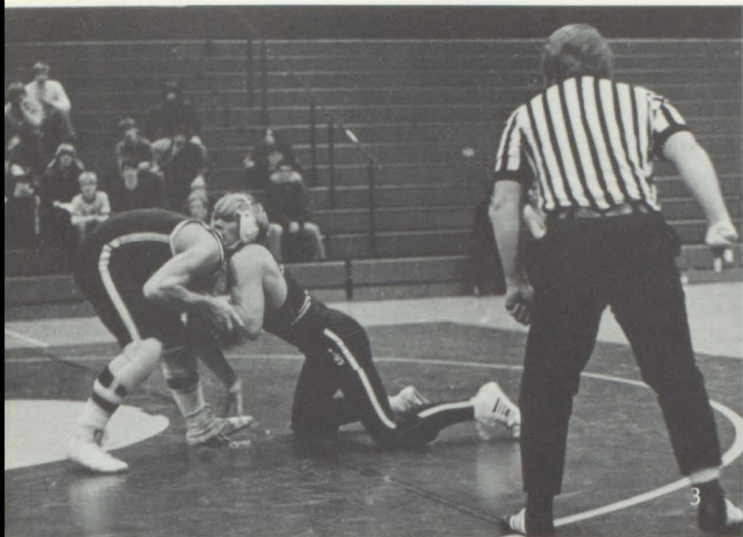
BELOW, B-SQUAD WRESTLING, TOP ROW: Coach John Lautigar, Mark Holl, Jim Moore, Rod Lange, Mike Masso, Joe Sam, Dan McGrath, Coach Tom Pogreba; SECOND ROW: Lloyd Krohn, Bill Moore, Jerry Riopel, Ron Lange, Burt Thomas, Don Gerlach; BOTTOM ROW: Fred Larson, Mike Perrault, Don Juelich, Dave Banta, John Anderson.



1. In an attempt for a pin. Phil Tetrault rolls his adversary onto his shoulder. 2. Wrestling desperately to reverse the hold his opponent has on him is Dave Muellner. 3. Receiving two points from the referee for a move on his opponent is Ardie Anderson. 4. After winning another duel, Don Baber's arm is raised by the referee. 5. Ron Schleicher powers over a Hudson wrestler. 6. Engrossed in the match, Coach Reiman shouts his team on to another victory.

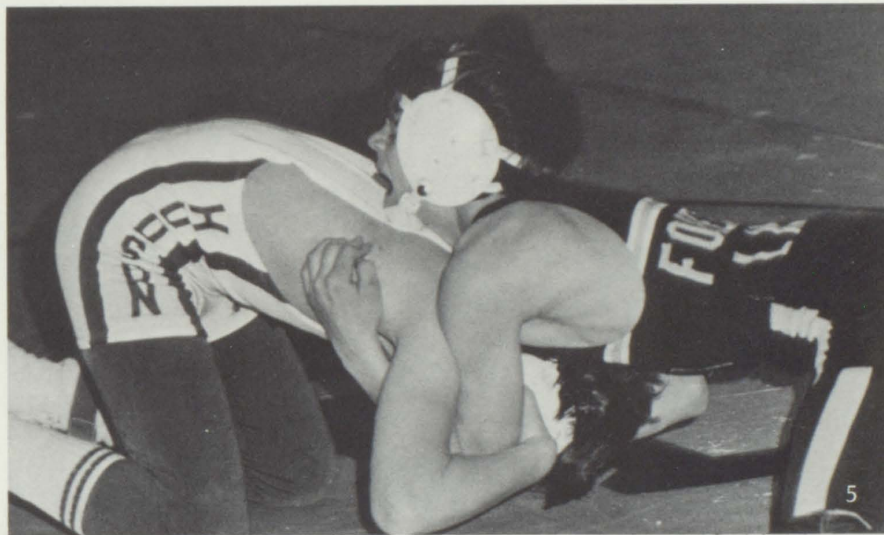
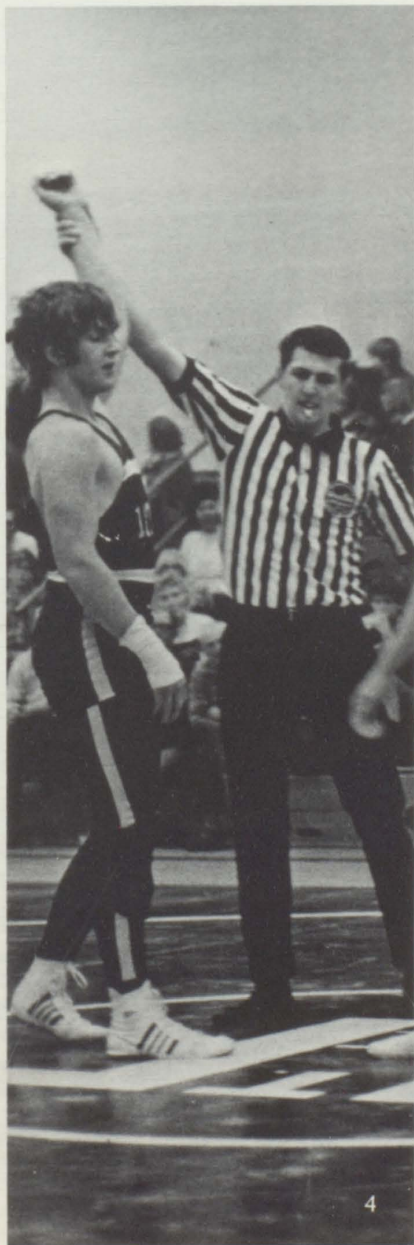






## B-Squad Wrestlers Have a 6-1 Record

Optimistic attitudes, hard work, and encouragement from their coach, Mr. Pogreba, won a successful season for the B-squad wrestlers. Two different players were chosen as captains each week so everyone would have a chance to lead the team. Having the best season in six years, the matmen suffered only one loss. With a 6-1 record, they were also victors of the St. Anthony Invitational held on January 19. Their biggest conference win came when they defeated Mahtomedi 70-0.







**SCORES**

Forest Lake		Opposition	
1	Blaine (V)		1
2	Blaine (V)		2
2	St. Bernards (V)		3
8	Shakopee (V)		2
3	Golden Valley (V)		4
1	Elk River (JV)		2
8	Centennial (JV)		2
3	Fridley (JV)		8
5	Wayzata (JV)		2
8	Brooklyn Center (JV)		2
4	Fridley Grace (V)		1
4	Centennial (V)		0
3	Osseo (JV)		1
5	Coon Rapids (JV)		3



1. Scoring a goal for the Ranger hockey team, John Stright (11) raises his stick in triumph. 2. A Ranger iceman races after the puck in order to gain control after a face-off. 3. Showing determination, Tim Dailey hustles for the puck. 4. With a backhand shot, Dave Wolner keeps the puck in his zone and away from an opponent.





## First Hockey Team Nets Good Season

Hockey finally made its debut at Forest Lake Senior High. Although a young team, the pucksters netted a good record for Coach Peltier. Hard-fought deadlocks with the Blaine team, coached by Mr. Peltier's brother, were the highlights of the season. Imaginative skits, posters and announcements by Terri Motschenbacher and Barb Mickelson helped boost team morale. "Good & rich" enthusiasm was shown throughout the school by the numerous "Stright on" signs. However, the cold weather discouraged many fans from attending the outdoor games. The team hopes many more fans will attend the games next year, because they will all be played indoors at Aldridge, Columbia and Northland Arenas.



ABOVE, HOCKEY, TOP ROW: Guy Wojtowicz, Terry Tschida, Pat Remitz, Dave Houle, John Isaacson, Mitch Johnson, John Lundgren; SECOND ROW: Manager Jack Cain, Russ Krube, Tim Motschenbacher, Tim Peters, Jeff Heath, Scott Proulx, Tim Dailey, Dennis Brodtmann, Rich Johnson, Manager Brent Gustafson, Coach Doug Peltier; BOTTOM ROW: Dave Stright, Steve Strand, Dave Wolner, Al Carlson, John Stright, Craig Martin, Larry Kling.



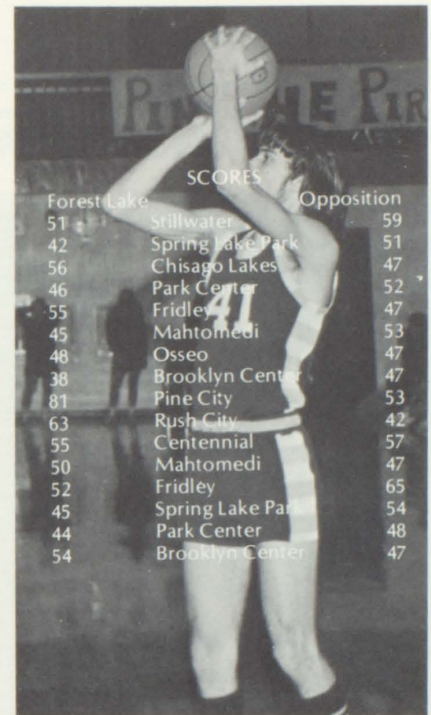
# Rangers Rank High in Skyline Defense

Starting the season off with a tough game against Stillwater, the aggressive and poised Ranger cagers showed evidence of off-season workouts and strenuous team practices. Improvement continued throughout the season as a strong defense and better offensive balance were established on the 13-man team. As individual abilities bettered, Coach Jim Nelson found that he could rely on the many substitutes. While Captain Dan Jacobs led the team in scoring and rebounds, the other players helped strengthen the team in all positions. Although pep buses were eliminated, the Rangers were still supported by many fans who found the home and away games close and exciting. Coach Nelson felt that the key to the improvement and success of his team was the overall attitude and leadership from the seniors.

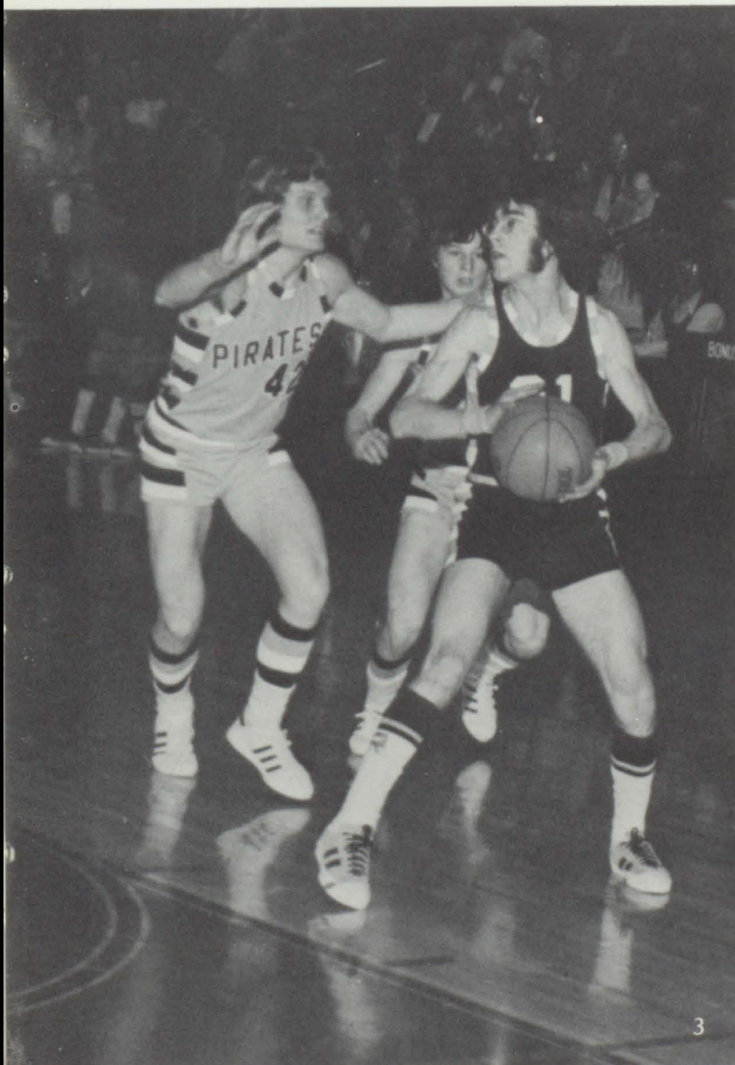


ABOVE, A-SQUAD BASKETBALL, TOP ROW: Dave Lewis, Duane Houle, Wayne Radden, Dick Wittwer, Captain Dan Jacobs, Al Buhl, Dale Furrer, Manager Mike Anderson; SECOND ROW: Coach Jim Nelson, Blake Benson, Mark Allen, Geoff Hibbison, Kevin Sternberg, Dan Franta, Mark Strand, Coach Chuck Anderson; BOTTOM ROW: Mark Vanderbosch, Craig Longley, Gary Maki, Loren Gessler.





SCORES		
Forest Lake	Opposition	
51	Stillwater	59
42	Spring Lake Park	51
56	Chisago Lakes	47
46	Park Center	52
55	Fridley	47
45	Mahtomedi	53
48	Osseo	47
38	Brooklyn Center	47
81	Pine City	53
63	Rush City	42
55	Centennial	57
50	Mahtomedi	47
52	Fridley	65
45	Spring Lake Park	54
44	Park Center	48
54	Brooklyn Center	47



1. With a cautious eye on his opponent, Mark Allen attempts to pass the ball to a fellow Ranger. 2. Smashing through the cheerleaders' banner, Captain Dan Jacobs leads his teammates onto the home court. 3. A wary Craig Longley searches for a teammate to receive a pass. 4. Checking the positions of his opponents, Al Buhl carefully guards the ball.



BELOW, B-SQUAD BASKETBALL, TOP ROW: Manager Paul Leach, Tim Wolff, John Coy, Paul Thomasen, Jeff Crawford, Phil Schneider; SECOND ROW: Coach Dan Poupard, Assistant John Petersen, Lloyd Pierce, Chris Nelson, Tim Carlson, Brian McGrath, Assistant Gordy Tennis; BOTTOM ROW: Manager Randy Lanahan Dave Vanderbosch, Gary Belshaw, Kerry Kellerhuis, Mike Olsen, Manager Mark Sparrow.



1. Junior Blake Benson dodges opponents to set up a Forest Lake score.  
2. Outjumping his rival, Ranger Dale Furrer gains clearance for a corner shot. 3. As he dribbles down the court, Geoff Hobbison strives to keep ahead of his competitor. 4. Dick Wittwer breaks away from his defender and drives for the basket as Craig Longley blocks possible interference. 5. With determined efforts, B-squad member Chris Nelson goes in for a lay-up. 6. Keeping the ball from an opposing player's reach, senior Wayne Radden prepares to make a pass to a fellow Ranger.







## Wins Generated By B-Squad Teamwork

After losing close games in the beginning of the season, the B-squad basketball team was more successful in the second half after a change in attitude. While individuals worked on the fundamentals of lay-ups and passing during the first half of the season, they later put all of these skills together and stressed teamwork. Though no outstanding individuals were acknowledged, the balanced team had many capable leaders. For the first time this year, Coach Poupard was aided by junior boys who served as assistants. He stated that off-season work could bring out the full potential of this all-sophomore team.





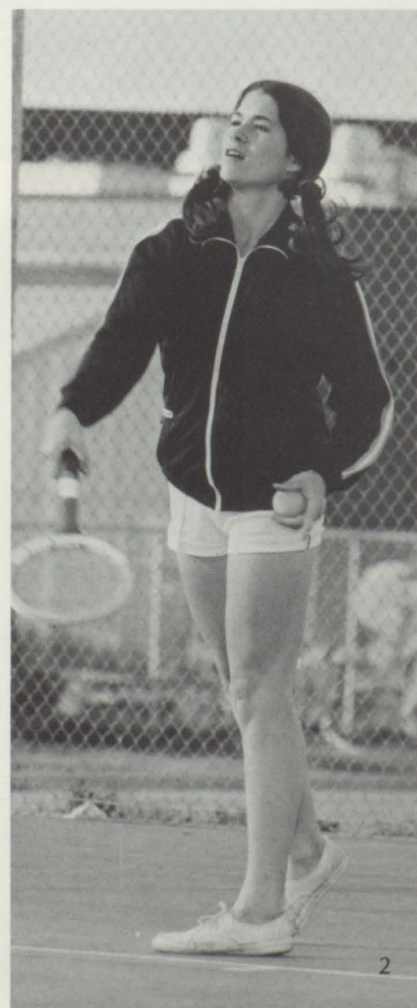
# A and B Cagerettes Attain Skyline Title

The Girls' Basketball teams ended their second inter-scholastic season by winning the Skyline title with perfect 6-0 records. Strongly led by six seniors, the A-squad ended the season with 11 wins and 1 loss while an 8-4 record was posted by the B-squad. The B-squad made history by playing the first overtime. As coach, Miss Paulson felt the girls displayed great teamwork. She was "proud of the teams and the way they played and performed."

An increase in the number of tennis players this year caused the team to practice in split shifts. Through tournaments among themselves, the squads showed determination. Mrs. Conley's team posted a 3-3 record to put Forest Lake in third place in the Skyline. The A-squad finished with a 3-6 season record while the B-squad ended at 4-5. With only four seniors retiring, the returning juniors and sophomores will lead next year's team.

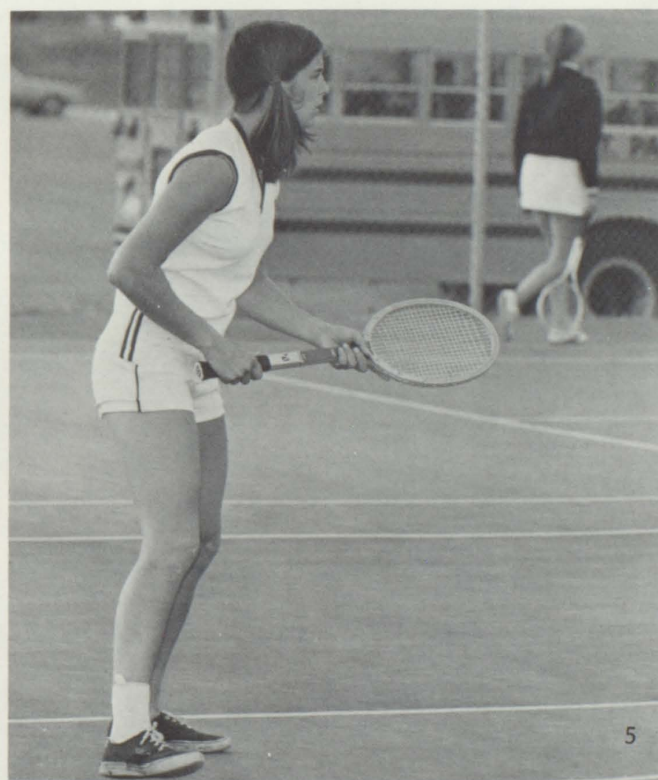
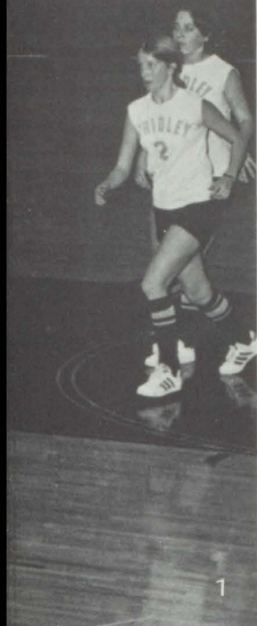


ABOVE, GIRLS' BASKETBALL TEAM, TOP ROW: Manager Liane Boehm, Linda Gustafson, Barb Hallberg, Jeanine Winiecki, Linda Blackbird, Gail Swenson, Eileen Peterson, Jan Devine, Coach Miss Paulson; BOTTOM ROW: Kathy Berven, Sheila Matheson, Carol Baxter, Lois Goss, Robin Swenson.





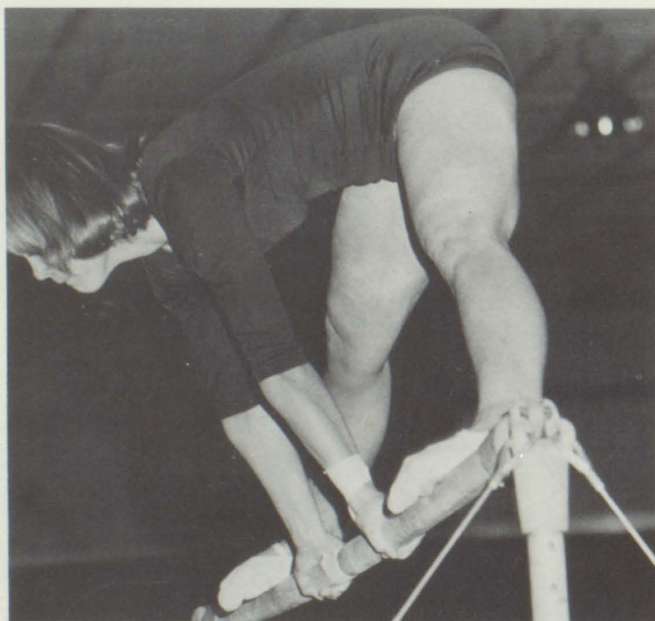
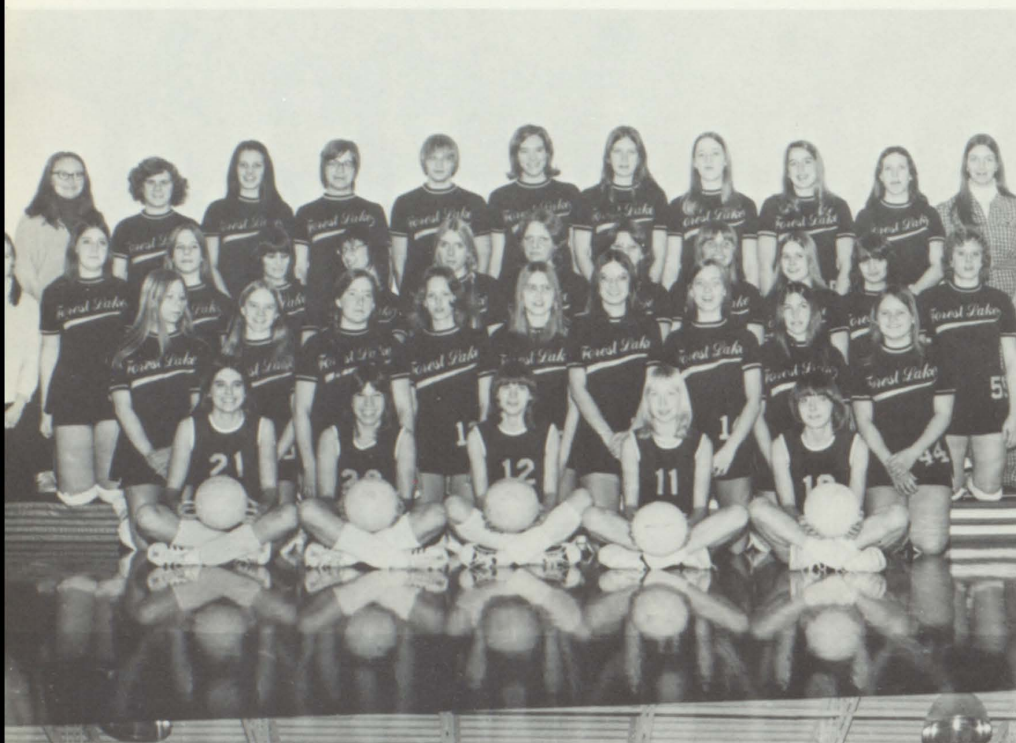
BELOW, GIRLS' TENNIS TEAM, TOP ROW: Laurie Liljenberg, Sue Ensrud, Shelley Manders, Sandy Proulx, Debbie Swenson, Jan Gunderson, Terri Korf, Sharon Peltier, Jodi Polzin, Robyn Rehbein, Lynn Nelson, Coach Mrs. Conley; SECOND ROW: Bonnie Mader, Sue Erickson, Katie Mack, Sue Vadner, Ann Sargeant, Gayle Johnson, Karla Brungardt, Vicki Fast, Debbie Dorn, Anne Ramaley; BOTTOM ROW: Connie Peterson, Laurie Gustafson, Nadine Gessner, Anne Johnson, Michele Johnson, Marianne Meister, Kim Hoekstra.



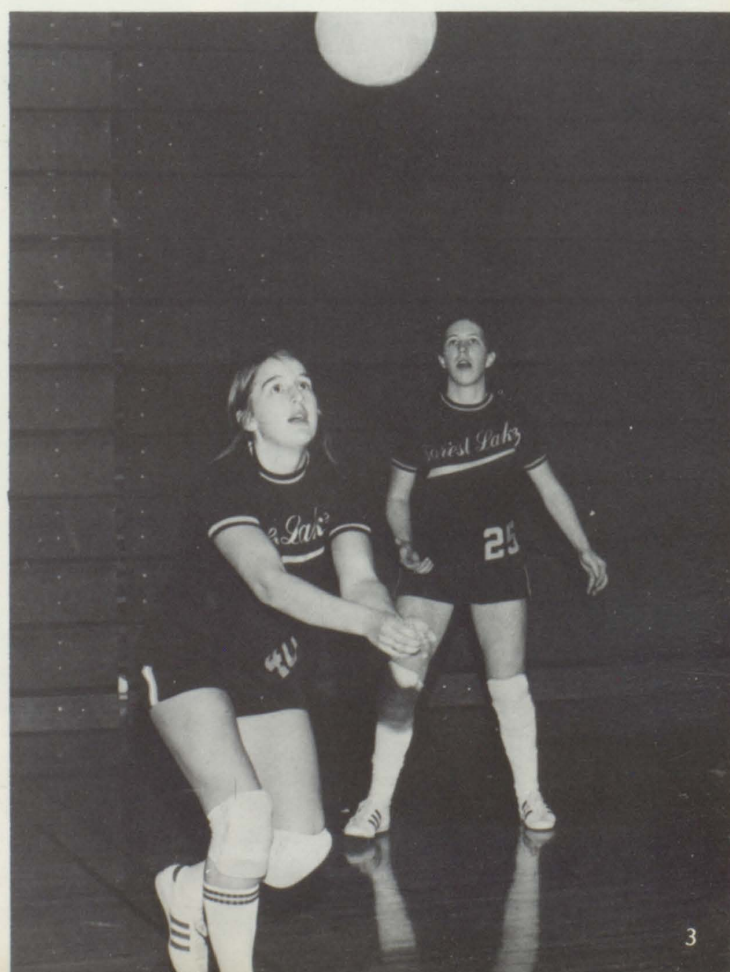
1. Honorary captain Barb Hallberg passes off to Eileen Peterson during a Skyline game against Fridley. 2. During warmups before a match, Nadine Gessner practices her serve. 3. Vicki Fast smashes a serve as partner Sharon Peltier awaits the return. 4. In a game against White Bear Mariner, Eileen Peterson (42) pulls down a rebound in an attempt to break her own record. 5. Marianne Meister grips her racket in preparation for her opponent's serve.



BELOW, GIRLS' VOLLEYBALL, TOP ROW: Coach Joan Paulson, Sheila Matheson, Michelle Swenson, Jan Devine, Robin Swenson, Gail Swenson, Jeanine Winiecki, Eileen Peterson, Barb Hallberg, Kathy Berven, Manager Gail Krohn; THIRD ROW: Manager Jodi Polzin, Meg Schumacher, Bonnie Johnston, Linda Gustafson, Karla Brungardt, Paula Anderson, Linda Blackbird, Vicki Bruder, Julie Gilbertson, Debbie Ramsden, Laurie Gustafson, Sheree Knutsen; SECOND ROW: Kathy Barnes, Pam Thiel, Rene Thompson, Jill Briggs, Alice Waller, Judy Faber, Robin Bussey, Janet Allen, Vuokko Isola; BOTTOM ROW: Lisa Rasmussen, Mindy Anderson, Karen Anderson, Wanda Liljenberg, Shelley Manders.



1. Jean Johnson prepares for the difficult moves in her dance presentation. 2. High above the ground, Sharon Payne prepares to swing down from the high bar. 3. Barb Hallberg bumps the volleyball so that Kathy Berven can get under it to make a good set. 4. Posing near the end of her floor exercise routine is Karen Rolseth. 5. In an effort to make a good serve, Michelle Swenson watches the ball carefully.







## Mr. Blasko Tumbles Into Gymnastics Job

The girls gymnastics team, coached by Mrs. Conley, stretched to new goals in 1974. Thirty girls composed routines in floor exercise, balance beam, uneven bars and vaulting. The eight-meet season began with a scrimmage and ended with the region tournament. Overcoming bumps, bruises and strained muscles, the girls added style and grace to their routines. Mr. Blasko, the new assistant coach, brought many innovative ideas to the squad.

Bump! Set! Spike! These cries resounded from the energetic girls on the volleyball court. Practicing two hours daily, the girls improved both individual and team skills. The season consisted of a double "Round Robin" schedule in which the teams played five other teams twice. Forest Lake attended an invitational tournament at Rosemount in March. Set for action, the volleyball players, led by Miss Paulson, strove for a successful season.



ABOVE, GYMNASTICS, TOP ROW: Assistant Coach Dave Blasko, Carla Payne, Marianne Meister, Jan Gunderson, Kathy Peterson, Anne Johnson, Margaret Krasky, Judy Lundgren, Karen Gaughan, Jean Johnson, Coach Dianne Conley; SECOND ROW: Manager Teri Serbus, Diane House, Vicki Fladland, Teri Vitalis, Karen Anderson, Laurie Trepanier, Denise Mackey, Mary Waller, Karen Rolseth, Sharon Payne, Vicki Serbus; BOTTOM ROW: Tecla Swanson, Joanne Niemczyk, Vicky Wolfbauer, Sue Hanley, Leni Jo Loehr, Cassie Ortenblad, Cindy Ray, Cathy Mackey.



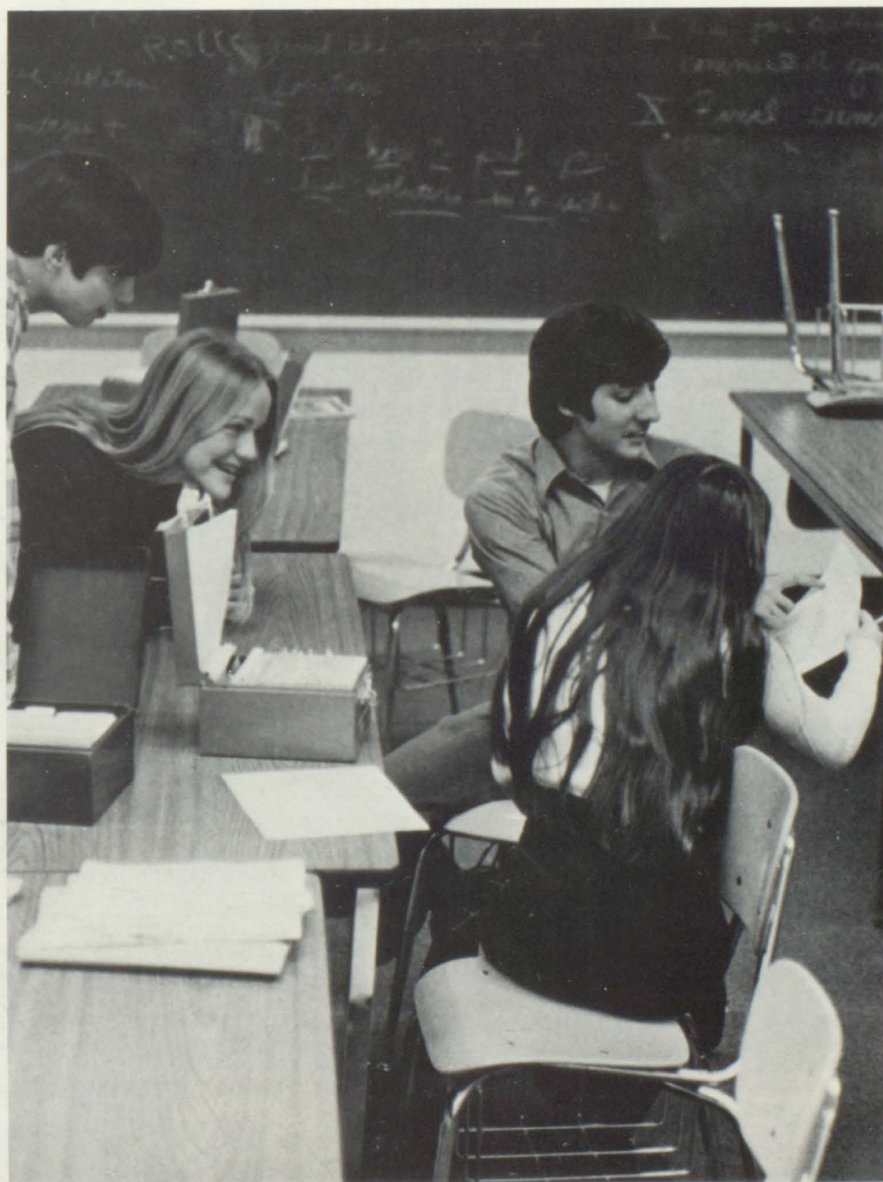
As young people, we communicate both in academics and in fun times. Working in groups and organizations, we communicate our ideas. By listening to others and sharing our personal feelings, we develop understanding and respectful relationships.



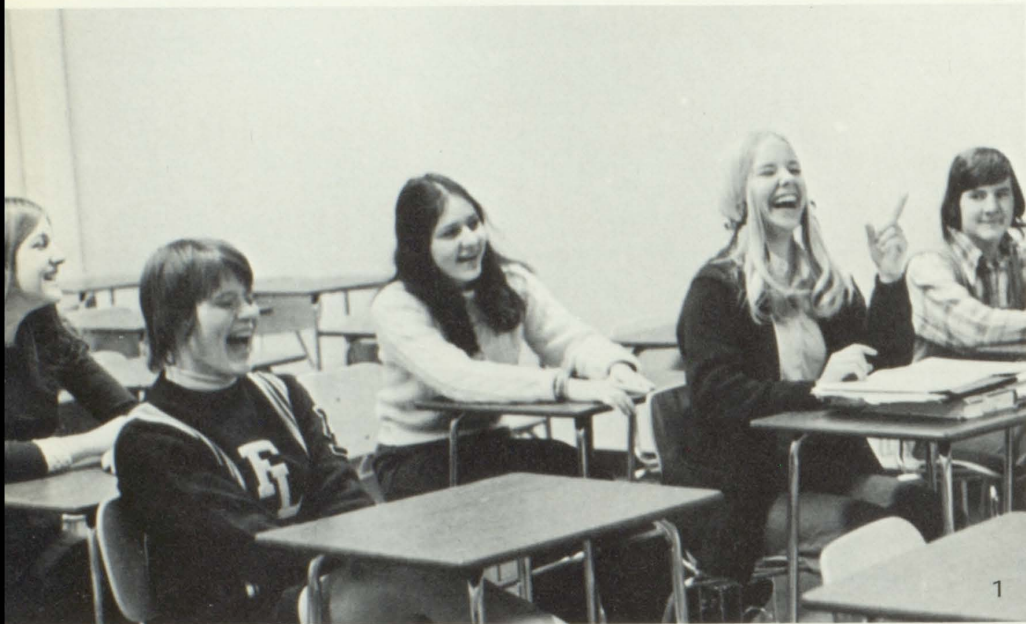


# Communicating

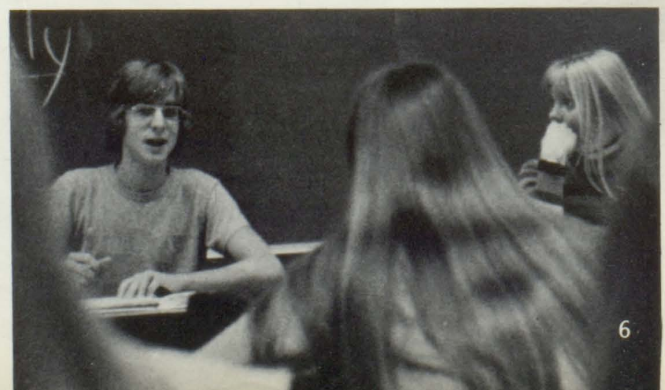
## With Others



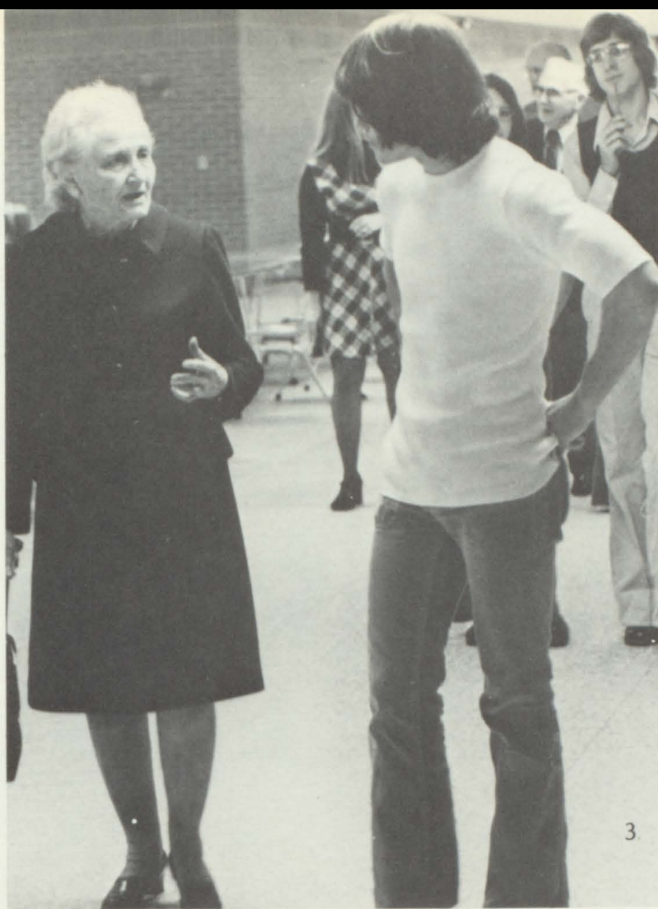




1. Sophomore Student Council representatives laugh at a humorous remark. 2. To help publicize for Sno Week, Laura Houle carries an advertisement for Eko Backen. 3. Escorting a senior citizen on a tour of the new school building is Student Council member Scott Flaherty. 4. Senior representative Craig Longley is caught by surprise as he paints a poster. 5. Student Council members exhibit a variety of activities during a meeting. 6. As others listen attentively, president Dave Stright leads a discussion during a Student Council meeting.







## '74 Student Council Endures an Eviction

Student Council had a very busy year planning activities and new events for the students and faculty of FLHS. The slogan 'Murder Medi' was chosen by the executive council to be the overall theme of Homecoming week. An old-time dance after the game proved a success as many alumni and students attended. In mid-December an eviction sent the council wandering into the halls during second hour because their room was being used for driver education. When the sophomore class once again won the Christmas Decoration's Contest, they were awarded \$50 by the council. Sno Week '74 was held January 14 to January 18; the mid-winter festival consisted of snow sculpting, broomball tournaments, a hot chocolate party, a film festival and a dance at the end of the week. This year much more coverage in the Breeze helped students and faculty to realize the many functions of the council.

3



ABOVE, STUDENT COUNCIL, TOP ROW: Jesse Preiner, Jane Houle, Linda LaCasse, Kim Carpenter, Merrie Morello, Greg Johnson; THIRD ROW: Barb Mickelson, Laura Houle, Craig Longley, Dave Stright, Heather Fraser, Gary Spetz, Kim Hoekstra, Dave McJames; SECOND ROW: Kathy Waldoch, Kim Miller, Gayle Johnson, Vicki Fladland, Greg Bussey; BOTTOM ROW: Jerry Tubbs, Dave Banta, Karen Anderson, Jill Briggs, Pam Robertson, Mark Kuefler, Darrell Pfaffendorf; CENTER: Dave Clifford.



# Band Ventures Out Of Classroom Aura

Tapping feet in time, the Concert Band under the direction of Mr. Rollin Nelson played both contemporary and classical numbers in their fourth hour practice sessions. In the fall, the band worked hard to perfect the Homecoming Halftime Show and performed informal concerts for senior citizens. An enthusiastic audience gave the band a standing ovation at the Christmas Concert. After the two-week winter vacation, the band devoted their time preparing a select number for the District Music Contest held in April. Contest procedures were revised with the judges coming to FLHS to make their evaluations. In the summer, the orchestral Concert Band became the precise military-like Marching Band. They performed in several parades, the most important being their appearance in the Aquatennial Parade. With daily practices and musical appearances, band members came closer to the feeling of true musicianship.





BELOW, BAND, BACK ROW: Julie Summers, Becky Allquist, Bruce Wolfbauer, Deb Ramsden, Rene Thompson, Julie Timm, Pam Mateer, Ron Iver-son, Director Mr. Rollin Nelson, Gayle Johnson, Terri Motschenbacher, Steve Berven, Jayne Tate, Julie Gilbertson, Jesse Preiner, Mike Sahlin, Kathy Berven, Keith Banta, Mark Vogel, Dave Banta, Mike Anderson, Barb Mickelson, Joe Peltier, Paul Hesla, Mark Black, Doug Smith, Terry Michaud, Jack Cain, Jan Gunderson, Pam Dolphy, Nathan Benoy, Kevin Sternberg, Blake Benson, Dawn Thompson, Jeff Nast, Peter Ruggles; THIRD ROW: Mary Waller, Mary Roberts, Cindy Williams, Jane Hauble, Ted Sahlin, Kim Hoekstra, Mark Strand, Terry Lee, Dawn Marier, Tom Grindberg, Jim Roberts, Forrest Hyatt, Mike Hart, Jeff Crawford, Chris Nelson, Tim Carlson, Kerry Kellerhuis, Tammy Peterson, Karla Brungardt, Donna Trombley, Eileen Saunders; SECOND ROW: Nancy Rantanen, Kim Hart, Nadine Gessner, Jodi Polzin, Vicki McConnell, Steve Barton, Joan Rehbein, Jim Rush, Roberta Groeneweg, Randy Avery, Jill Briggs, Bonnie Johnston, Dave Rife, Vicki Fast, Linda Rhoda, Becky Tolzmann, Sharon Peltier, Barb Hallberg; BOTTOM ROW: Mary Schneider, Vicki Fladland, Michelle Husnik, Rita Rehbein, Debbie Florhaug, Julie Schmidt, Katie Mack, Geri DuBay, Heather Fraser, Anita York, Pat Pierce, Anne Johnson, Jan Johnson, Rhonda Barnes, Jody Carpenter, Leah Schatvet.



1. BAND COUNCIL: Jan Gunderson, Sophomore Representative; Kevin Sternberg, Junior Representative; Ted Sahlin, President; Barb Hallberg, Vice-President; Dawn Marier, Senior Representative. 2. MAJORETTES AND FLAG CARRIERS, BACK: Julie Schmidt, Roberta Iverson, Maren Hansen, Janet Mulvihill, Heather Fraser, Rita Rehbein, Gayle Johnson, Michelle Husnik, Mary Tornell, Mary Schneider, Carmen Mulvihill, Lynn Pearson, Vicki Fladland; FRONT: Janis Kamerer, Jan Tuominen, Twirler Joy Guertin, Linda Quammen, Drum Major Kevin Sternberg, Elise Wahlberg, Sheila Strandland. 3. During the band presentation of the Christmas Concert, the flutes perform their solo "A Mountain Shepherdess' Sunday." 4. Jody Carpenter concentrates on her flute number during a band rehearsal. 5. Playing the french horn, Donna Trombley and Karla Brungardt demonstrate their skills on one of the more difficult instruments of the band. 6. At Homecoming Coronation, Flag Carriers precede the arrival of the royalty candidates.



BELOW, MIXED CHOIR, TOP ROW: John Popham, Greg Johnson, Brad Eklund, Mike Sahlin, Doug Kiekhafer, Loren Gessler, Chris Steely, Tom Barott, Tom Harrer, Dan Parenteau, Rick Bardi, Dick Dietrich; THIRD ROW: Roger Peterson, Jim Segelstrom, Randy Lanahan, Dana Redfield, Dale Furrer, John Locke, Ken Groeneweg, Tom Sommerfeld, Brent Gustafson, Debbie Hyatt, Barb Lund, Mindy Anderson, Liane Boehm; SECOND ROW: Connie Peterson, Sue Peltier, Kim Carpenter, Jeri Goff, Laura Houle, Lori Stafki, Margaret Daninger, Janyce Marshall, Linda Quammen, Vuokko Iso-la, Tina LaMotte, Leni Jo Loehr, Mary Anne Lord, Jean Lutz, Maren Hansen, Lorna Larson, Terri Motschenbacher, Sheila Matheson, Sylvia Rossi, Gloria Houle; BOTTOM ROW: Janet Proulx, Sheila Strandlund, Kim Miller, Lynda Smith, LuAnn Gustafson, Joni Jarrett, Joy Guertin, Sheryl Olsen, Danelle Sorg, Laurie Trepanier, Jean Verner, Mardi Rydberg, Monica Pareigat, Rhonda Johanson, Betty Bender, Lisa Swan, Connie Kunshier, Bonnie Mader, Sue Moen.



1. Tenor Tom Barott closely follows the music during a mixed choir rehearsal. 2. CHOIR COUNCIL: Sue Peltier, Secretary; Sheila Standlund, President; Dana Redfield, Vice-President. 3. Portraying a '50's hood, choir member Dan Parenteau lights up and strums away. 4. In apparent disgust, Mr. Lindstrom points out an important aspect of the music to the choir. 5. Ken Groeneweg and Tom Sommerfeld review a number from "The Path of the Just." 6. Prior to a concert date, the choir holds an informal rehearsal in the auditorium.







## Choir Sings in April Festival at Augsburg

Thursday, August 30, 1973, a group of students gathered for fifth hour class in the choir room. As director, Mr. Lindstrom stated, "They have a lot of potential; they can be as good as they want to be." The year began with practice for the Christmas concert. Then the choir sponsored the Christmas Dance, choosing the renowned and expensive "Passage" as the band. After Christmas the choir selected their number for the district music contest. Madrigal, solos and duets also began practicing for the contest which was held in April. As one of six choirs chosen from Minnesota and Wisconsin to participate in a Select Choir Festival, the enthusiastic choir journeyed to Augsburg College for the competition on April 18. Combining the experience from previous concerts, the contest, and the Select Choir Festival, the choir exhibited their full potential in the Spring Concert.





# Pep Band's Ragtime Tunes Rouse Fans

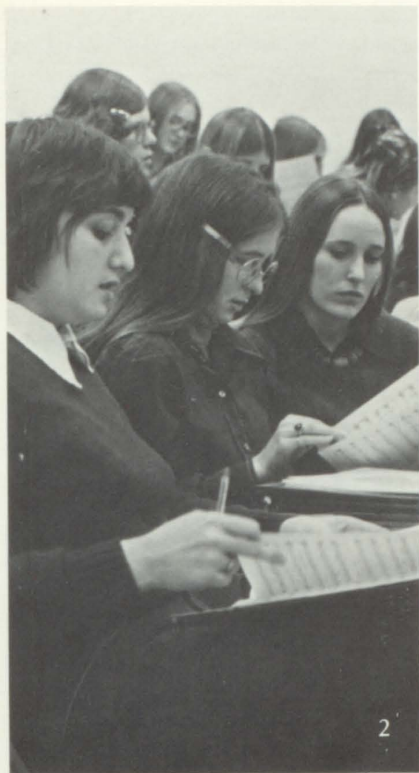
Improved school spirit was encouraged by the 60-member Pep Band, led by their director Mr. Rollin Nelson. Wearing maroon and gold sweaters, the band performed at pepfests, football and basketball games, and occasional wrestling matches. In March, the band played for the exciting regional tournaments. The Pep Band enjoyed playing more ragtime and jazz music which harmonized with the students' interest in past generations. This music was also played in hopes of accompanying the routines of the newly organized pompon girls.

In the second year of their performing, the Girls' Chorus enlarged to a membership of 62. Under the direction of Mr. Lindstrom, the all female-member group sang the more traditional and spiritual songs in the Christmas Concert. In the spring, the Chorus concentrated on contemporary music. These music styles served as the major part of their performance in the Spring Concert.



ABOVE, GIRLS' CHORUS, TOP ROW: Vicki Serbus, Carol Lawrence, Theresa Goiffon, Peggy Barnier, Debbie Nelson, Carla Carlson, Rebecca Crum, Terry House, Sue Ensrud, Lori Nutter, Jeanine Winiecki, Cheryl Benson, Debbie Gannon; THIRD ROW: Janet Mulvihill, Kathy Havens, Dawn Goodell, Mary Jo Zeleschnak, Pam Peterson, Kathy Banta, Debbie Raeder, Kandy Nelson, Chris Kirchoff, Carrie Kottke, Mary Shepard, Paige Hanson, Debbie Hamilton; SECOND ROW: Rose Marier, Rose Jeans, Cindy Schlaeger, Kerri LaManna, Lori Taylor, Robin Audorff, Sue Gustafson, Sue Hanley, Debbie Ryan, Jan Havlich, Kathy Barnes, Linda Wallraff, Heidi Gottwaldt, Chris Johnson, Karen Jaworski; BOTTOM ROW: Janet Arendt, Anne Ramaley, Debbie Dorn, Denise Perrault, Debbie Ruggles, Annette Bestland, Linda Black, Connie Frost, Nancy Granger, Karen Ellertson, Kathy Ruggles, Lynn Schaab, Sue Engstrom, Cathy Heuckendorf, Lynn Nelson.





BELOW, PEP BAND, TOP ROW: Paul Hesla, Doug Smith, Mark Black, Terri Motschenbacher, Keith Banta, Mark Vogel, Dave Banta, Joe Peltier, David McLaughlin; FIFTH ROW: Director Rollin Nelson, Jack Cain, Jan Gunderson, Nathan Benoy, Kevin Sternberg, Dawn Thompson, Jeff Nast, Peter Ruggles; FOURTH ROW: Mike Sahlin, Jesse Preiner, Steve Berven, Jayne Tate, Julie Gilbertson, Kathy Berven, Donna Trombley, Karla Brungardt, Eileen Saunders; THIRD ROW: Kerry Kellerhuis, Jeff Crawford, Tim Carlson, Mike Hart, Jim Roberts, Tom Grindberg, Dawn Marier, Mike Anderson, Terry Lee, Kim Hoekstra, Ted Sahlin, Jack Bender; SECOND ROW: Vicki McConnell, Steve Barton, Bonnie Johnston, Linda Rhoda, Becky Tolzmann, Sharon Peltier, Barb Hallberg, Randy Avery, Jill Briggs, Jim Rush; BOTTOM ROW: Heather Fraser, Anne Johnson, Rhonda Barnes, Jody Carpenter, Jane Hauble, Ted Longley, Mary Roberts, Cindy Williams, Mary Waller, Jody Polzin, Kim Hart, Nancy Rantanen.



1. As the Pep Band goes through a number, Mr. Nelson considers the tempo of the piece. 2. Waiting to come in on their part, Peggy Barnier, Rose Marier and Cindy Schlaeger follow their music intently. 3. Debbie Dorn and Anne Ramaley share a copy of music during a Girls' Chorus rehearsal. 4. GIRLS' CHORUS COUNCIL: Vicki Serbus, Vice-President; Debbie Hamilton, Secretary-Treasurer; Carol Lawrence, President.



BELOW, POMPON GIRLS, TOP ROW: Annette Bestland, Debbie Dorn, Rita Linz, Shelly Wells, Anne Ramaley, Lynn Pearson, Denise Perrault, Teri Vitalis, LeAnn Olson, Cindy Zeller; BOTTOM ROW: Joanne Niemczyk, Yvonne Riihiluoma, Sue Leonard, Sheryl Nelson, Sue Vadner, Lynette Schloer, Kathy McLean, Lynn Ferderer, Sue Waddell.



1. Demonstrating artistic talent, Pep Club member LuAnn Gustafson sketches a Homecoming poster. 2. Mindy Anderson smiles as she shows her support for the hockey team. 3. Proud to be one of the first pompon girls, Lynn Pearson demonstrates one of the positions in the dance line routine.





## Pompon Girls Kick Up Halftime Shows

Although there was interest in pompon girls for many years, an actual organization was not initiated until this year. A large number of enthusiastic girls, most of whom were sophomores, tried out in November for a position on the 20-girl dance line. Advised by Miss Hyland, they practiced daily and hoped to perform to the music of the Pep Band at home basketball games and occasional pep-fests. Providing much entertainment for fans, the new dance line added sparkle to game halftimes.

Helping to arouse student interest in athletics, the Pep Club promoted spirit throughout the school. Imaginative signs painted by the club encouraged the athletes on to victory. To raise funds for the treasury, the club sold strangely-scented stationary. Increased interest in the Pep Club was shown in the numerous skits that were presented at the pep fests. The Pep Club supported boy and girl athletic teams with dedication and enthusiasm.



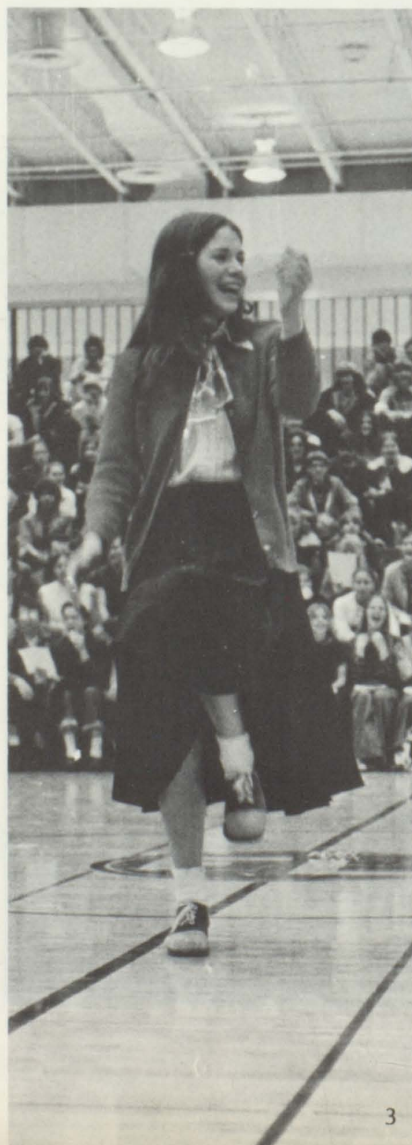
ABOVE, PEP CLUB, TOP ROW: LuAnn Gustafson, Julie Summers, Paige Hanson, Mary Tornell; THIRD ROW: Carol Hadlich, Joanne Boesel, Kim Carpenter, Joni Summers; SECOND ROW: Peggy Ahlm, Robyn Rehbein, Kim Miller, Mindy Anderson; BOTTOM ROW: Cathy Mackey, Cindy Ray, Sue Moen.



BELOW, A-SQUAD CHEERLEADERS: Nadine Gessner, Jane Donovan, Karen Rolseth, Connie Kunshier, Barb Grund, Lori Kostroski, Jodi Babcock, Joni Summers, Captain Jan Johnson, Karen Graughan.



1. Sitting close to the mat, Cathy Mackey and Cassie Ortenblad lead a cheer for a B-squad wrestler. 2. Dressed in their new striped cheerleading uniforms, seniors Barb Grund and Connie Kunshier relay their spirit to students at an afternoon pepfest. 3. Jiving to the boogie, Nadine Gessner, "cracks-up" at the 'Back to the 50's pepfest. 4. Basketball cheerleaders Lori Kostroski and Karen Gaughan yell encouragement as the Forest Lake players crash through the hoop.







## Fiery Cheerleaders Ignite Ranger Fans

Surviving the tension of tryouts last spring, 18 girls became cheerleaders to represent FLHS in 1973-74 sports. Led by Miss Menken, adviser, and Jan Johnson, captain, their busy year began in the summer with weekly practices and a money-raising dance and rummage sale. In the fall, donned in bright new uniforms, the ten varsity and eight B-squad cheerleaders started off with the pep and enthusiasm that was carried on throughout the year. Besides leading cheers at all games, the cheerleaders encouraged student interest at pepfests through competition cheers, cheers with boys, and back to the 50's cheers. Signs were painted, lockers were decorated, and a pancake breakfast was given to support the teams and coaches. But most importantly the cheerleaders always tried to be there with a word of encouragement, staying behind the teams whether they won or lost.



ABOVE, B-SQUAD CHEERLEADERS: Peggy Ahlm, Karen Anderson, Becky Bjork, Cassie Ortenblad, Sue Moen, Cathy Mackey, Cindy Ray.



# Spirits Are Sparked By Soulful Brothers

Inspired by the movie "Brother Sun, Sister Moon," a new organization, The Brothers, was started this year. Their first antics began during Homecoming with humorous daily announcements. Dressed in choir robes, The Brothers also participated in pepfests and games. Six of The Brothers led the remaining group who formed a cheering section in the stands. Helping the Pep Club and the Cheerleaders, The Brothers raised school spirit.

Lettermen's Club, an all-male organization, helped promote school athletics in FLHS. Active in the community, the Lettermen were often seen ushering at games and matches. The club sold address books, calendars and hats to defray the cost of their letter plaques. Between November 5-9, consuming such delicacies as raw eggs and tabasco sauce, initiates endured many hardships to gain the signatures of the lettermen.

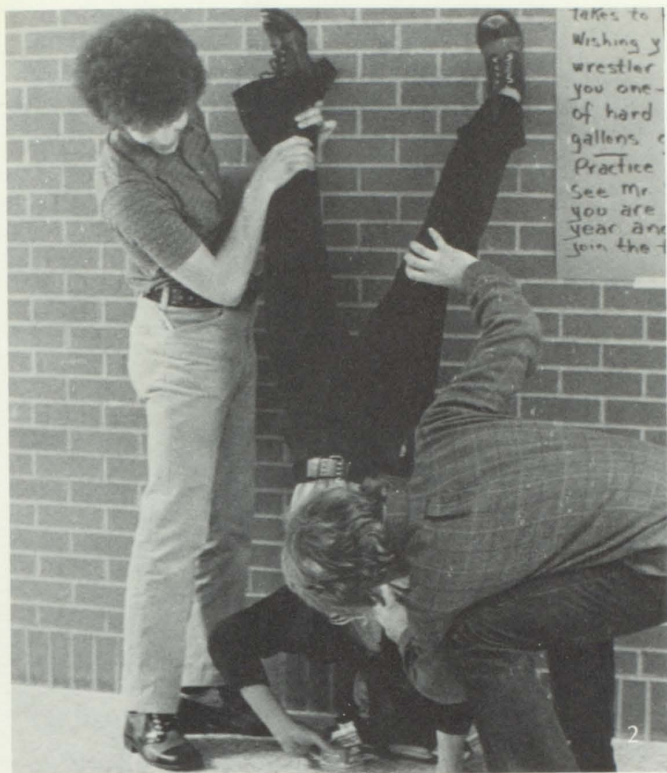


1



ABOVE, LETTERMEN INITIATES, TOP ROW: Bruce Linz, Al Buhl, Ron Humphrey, Dan McConnell, Gary Crete, John Stright, Scott Flaherty; THIRD ROW: Bruce Neff, Ron Schleicher, Dave Jones, Joe Sam, Lloyd Pierce, Kevin Lichtscheidl, Randy Gestson, Gordy Tennis, Mark Boyd; LETTERMEN, SECOND ROW: Glenn Johnson, Greg Johnson, Jim Moore, Dan Franta, Craig Martin, Mike Welch, Eric Rasmussen, Joe Trombley, Bill Tessier, Bob Dagostino, Don Baber, Marv Anderson; BOTTOM ROW: Jeff Linnerooth, Phil Tetrault, Peter Haas, Bill Roen, Wayne Dow, Dan Jacobs, Dale Furrer, John Petersen, Kevin Sternberg, Dave McJames, John House, Marty Flitter.

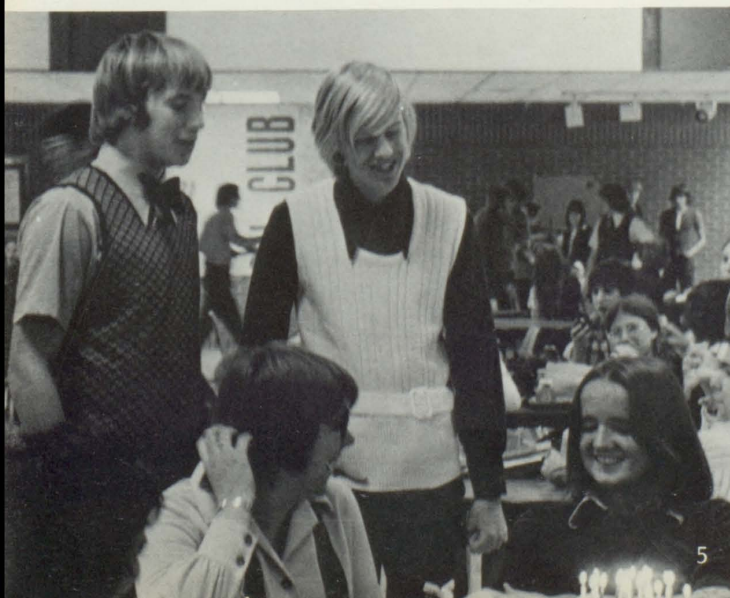




1. An initiate train finds chugging around the cafeteria embarrassing. 2. Making it possible for lettermen to look down on their inferiors an initiate stands on his head. 3. Although apprehensive about a forthcoming command, initiates appear happy. 4. Supervising between skits, The Brothers keep the students in the Homecoming mood. 5. Kevin Lichtscheidl and Ron Humphrey sing to a blushing birthday girl.



ABOVE, THE BROTHERS, TOP: Bucky Koch; MIDDLE: Dave Stright, Mark Black, Mike Beattie; BOTTOM: Dana Redfield, Dave Clifford, Mike Sahlin, Paul Bergman.





BELOW, FFA, TOP ROW: Dan Parenteau, Dave Banta, John Matheson, Scott Flaherty, Dan Taylor, Mark Boyd, Bob Weeda, Rick Sandager, Tim Holm, John Fedje, Jeff Davis, Paul Stafki; SECOND ROW: Adviser Mr. Hyatt, Julie Salverda, Teresa Dent, Gary Maki, Dave Engdahl, Craig Rylander, Brent Gustafson, Debbie Hyatt, Robert Bowen, Mark Goodrich, Allan Carlson, Roger Peterson, Roger Bowman, Ray Miron, Randy Anderson, Adviser Mr. Sandager; BOTTOM ROW: Tony Nalewaja, Carol Hadlich, Steve Barton, Jan Schloer, Bruce Linz, Forrest Hyatt, Keith Banta, Brad Snell, Ron Humphrey.



1. FFA and FHA members argue over broomball game rules. 2. Suddenly discovering he no longer has his broom, Dan Taylor makes a frantic attempt to hit the ball. 3. Debbie Hyatt and Kathy Banta review the agenda for an FHA executive council meeting. 4. During a summer field trip, Forrest Hyatt helps elementary students discover the natural beauty of a wildlife pond. 5. FHA member Joyce Peltier uses her homemaking techniques in folding ingredients for a dessert.







## Environment Shifts Into FFA Arboretum

The FFA members spent an active year landscaping the senior high grounds. Some new projects this year were the construction of the Environmental Learning Center and the planting of a school arboretum. As a recognition of student achievement in the area of FFA, the National FFA Convention sponsored a trip to Kansas City for some students. Surpluses of plants grown in the horticulture classes were sold through FFA, and Forestry students sold 475 Christmas trees as a class project.

FHA members kept themselves busy this year with various projects and money-making drives. Each FHA Club in Minnesota studied a current problem in a new project called "Impact." The 30 members raised money for the Minnesota Association for Crippled Children and Camp Courage by selling baked goods during lunch and by selling cookbooks and suckers door to door. FHA stressed student involvement with others.



ABOVE, FHA, TOP ROW: Barb Servaty, Roberta Iverson, Pat Sandager, Carrie Kottke, Debbie Gannon, Theresa Goiffon, Mary Riopel, Anita Bestland, Jean Lutz, Cindy Lindquist, Mary Shepard; SECOND ROW: Debbie Swenson, Connie Frost, Kathy Banta, Margaret Daninger; BOTTOM ROW: Linda Black, Debbie Hyatt, Cindy Good, Lynn Craig, Janet Faber, Marianne Lord, Annette Bestland.



BELOW, FRENCH CLUB, TOP ROW: Betty Bender, Beth Sieben, Sally Thompson, Wanda Liljenberg, Jamie Theobald, Shelley Manders, Margaret Krasky, Judy Faber, Mark Anderson, Kathy McLean; BOTTOM ROW: Debbie Brisson, Ann Sargeant, Kathy Heukendorf, Sue Moen, Denise Perrault, Heather Fraser, Janet Clarke, Cindy Lindquist, Adviser Mrs. Edman.



ABOVE, CHESS CLUB, TOP ROW: Nancy Granger, Matthew Hauble, Janet Mulvihill, George Meindl, Brian Berger, Janyce Marshall, John Locke; BOTTOM ROW: Jerry Tubbs, Doug Farren, Ken Kellogg.



1. French Club member Lisa Rasmussen sells cream puffs during lunch. 2. Hoping to get an idea from the next team, John Locke watches Brian Berger's move. 3. In their Homecoming skit, F.L.O.E.A. members portray witnesses to the murder of a Mahtomedi Zephyr.





## FLOEA Helps Build 12 Business Futures

Dark green sweaters identified the twelve members of FLOEA. Students working in the community through FLOEA earned one credit from work and one from Occupational Relations, a required course. In a cooperative program, students gained work experience, a salary and school credit through FLOEA.

An outgoing group, French Club, changed its style because of the moratorium on buses. Singing, French cuisine, monopoly and scrabble became popular among members. A cream puff sale raised funds for a weekend at Concordia Language Institute where students adopted French language and customs.

Chessmen matched strategies and skills in the Chess Club. Offering an opportunity to learn more about the game, the club attracted both novice and experienced players alike. The students with their adviser, Mr. Carlson, organized a tournament after the players had improved their games.



ABOVE, F.L.O.E.A., TOP ROW: Virginia Dahl, Sue Dittmar, Debra Howard, Sue Hohenauer, Bob Boyer, Sue Lindell, Sharon Peltier, Adviser Mr. Buys; BOTTOM ROW: Pam Berens, Debbie Loehr, Sharon Oberg, Joan Rehbein, Lynda Hansen.



BELOW, SKI CLUB, TOP ROW: Tim Zastrow, Matthew Hauble, Sue Vadner, Rich Berens, Brian Lange, Lloyd Krohn, Mike Sahlin, Lori Nutter, Todd Lewis, Don Kotchen, Sue Waddell, Mike Wyandt, Steve Ensrud, Steve Berven, David Lewis, Bob Boehm, Sally Thompson, Greg Underdahl, Vicki Fladland, Merry Richards, Sue Ruggles, Lisa Rasmussen, Mindy Anderson, Carol Hadlich, Rene Thompson; THIRD ROW: Dennis Johnson, Rick Hanson, Denise Jolly, Terry Lee, Kim Hart, Kathy Berven, Michelle Swenson, Barb Hallberg, Betty Bender, Linda Berens, Pat Sandager, Paige Hanson, Becky Bjork, Terri Korf, Rhonda Jeukins, Maren Hansen, Becky Tolzmann, Lynn Nelson, Shelley Patterson, Jane Taurman, Mr. Millington, Paula Anderson, Debbie Raeder, Debbie Swenson; SECOND ROW: Terri Serbus, Debbie Hough, Linda Gustafson, Denise Mackey, Sue Ensrud, Charlene Isaak, Janet Proulx, Chris Johnson, Cyndie Olson, Doug Smith, Heather Fraser, Robyn Rehbein, Rick Sandager, Joni Hahn, Laurie Liljenberg, Mark Vogel, Scott Templeton, Steve Clausen, Mary Schneider, Paul Hesla, Gayle Johnson, Laurie Gustafson, Cindy Ray, Jeri Goff, Sylvia Rossi, Kolman Johnson; BOTTOM ROW: Ted Sahlin, Mark Vanderbosch, Jack Bender, Jan Johnson, Jeff Mattson, Barb Grund, Cathy Mackey, Peggy Ahlm, Cindy Zeller, Lee Ann Olson, Dave Clifford, Janet Clarke, Greg Bussey, Val Anderson, Greg Johnson, Kim Chenowith, Gary Spetz, Anne Ramaley, Terry Stolp, Eric Rasmussen.



1. After a night on the Snowcrest slopes, Jeff Nast and Pete Ruggles relax over refreshments. 2. Horse Club members prepare games and entertainment for their Christmas holiday party. 3. Displaying her confidence, Jeanine Winiecki schusses down the beginners hill. 4. Linda Berens enjoys practicing her snowplow techniques on a Ski Club outing.





## Interested Students Form a Horse Club

Students interested in riding horses formed a new organization this year. Mr. Somrock served as temporary adviser until officer elections were held. Due to a late start, the Horse Club wasn't able to ride in the fall; however, special events during the winter were a sleigh ride and a speaker who lectured on horseback riding techniques. In the spring many trails in the Scandia area became popular among Horse Club members.

Fifteen lighted runs and larger lift capabilities influenced Ski Club to change from Trollhaugen to Snowcrest. The Nastar races and live entertainment in the chalet were also featured there. By paying half the expenses for the buses, the School Board responded to the club's lack of funds. Membership rose to more than 100 in the popular club which chose Wednesday as ski night. A successful dance sponsored by the club started plans for a ski trip.



ABOVE, HORSE CLUB, TOP TO BOTTOM: Karen Rydeen, Cynthia Blaeser, Kathy McLean, Barbara Howder, Anita York, Cathy Peterson, Michelle L'Allier, Diane House, Mary Longtin, Becky Allquist, Kathy Cult.



# Prolifique Illustrates "As Time Goes On"

Prolifique gave the students an opportunity to express themselves through literary work. Under the guidance of their adviser, Kaye Casey, the staff members succeeded in putting together a one-issue magazine that worked around the theme "As Time Goes On." This year, for the first time, they worked with a blueprint which created a book with fewer errors. To raise money, the magazine sponsored a bake sale and a 'Back to the 50's dance.

Those students who wished to maintain their interest in the theater throughout the year joined the Drama Club. After the fall play, "Once Upon A Mattress," the Drama Club hosted the District 25 one-act play on January 26 and the Region 7 one-act play on February 2. Members assisted as technicians, ushers and stagehands. Finally, the dramatists looked forward to their spring banquet where slides were shown and awards were given out.



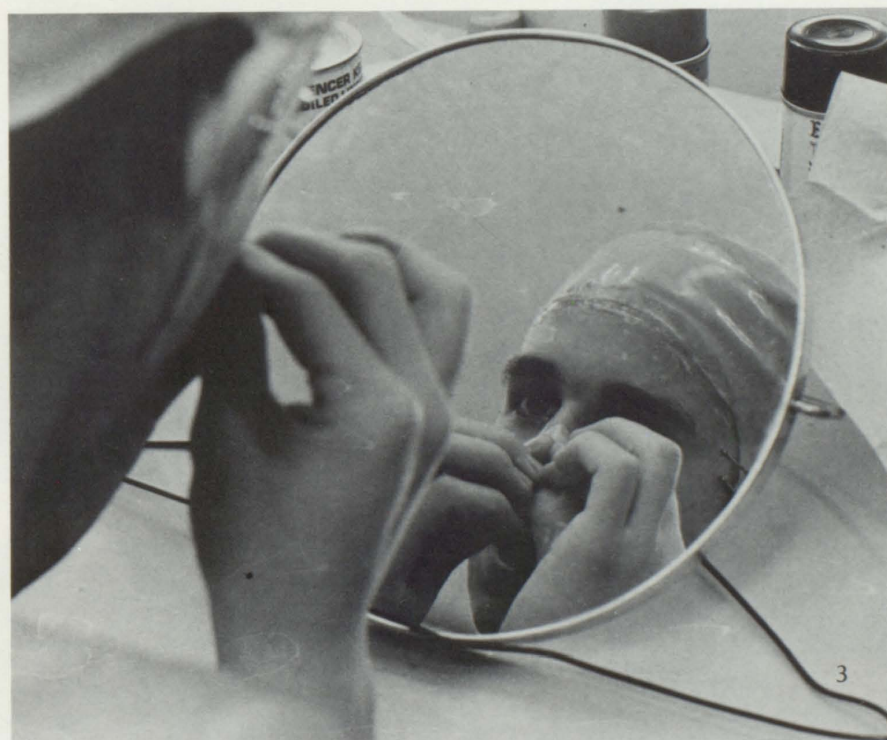
ABOVE, DRAMA CLUB, TOP ROW: Betty Bender, Terese Michaud, Cyndie Olson, John Stright, Mike Beattie, Bucky Koch, Dana Redfield, Dave Clifford, Mark Black, Tom Sommerfeld, Dave Lewis, Vicki VanLinder; SECOND ROW: Jeff Nast, Sue Struble, Vicki O'Neil, John Popham, Jan Gunderson, Karla Brungardt, Jeff Anderson, Cindy Carstens, Bruce Linz, Cindy Williams, Jan Devine, Rhonda Barnes, Pete Rugles; BOTTOM ROW: Kathy Waldoch, Liane Boehm, Sandy Hess, Sylvia Rossi, Terri Motschenbacher, Laurie Trepanier, Mike Sahlin, Julie Pohl, Lori Stafki, Sue Peltier.



BELOW, PROLIPIQUE, TOP ROW: Sylvia Rossi, Irene Knapp, Julie Pohl, Kathy Cult, Tim Holm, Colleen Olson, Joanne Boesel, Betty Seaver, Roberta Groeneweg; SECOND ROW: Paige Hanson, Terri Motschenbacher, Cindy Carstens, Mike Beattie, Debbie Ruggles, Janet Clarke, Terry Johnson, Adviser Mrs. Casey, Becky Tolzmann, Heather Kraser, Dave Clifford, Dana Redfield, Sue Struble, Vicki O'Connell, Kristi Kroska; BOTTOM ROW: Betty Bender, Sandy Hess, Debbie Swenson, Cathy Bahnmann, Kathy Kroska, Mary Seaver.



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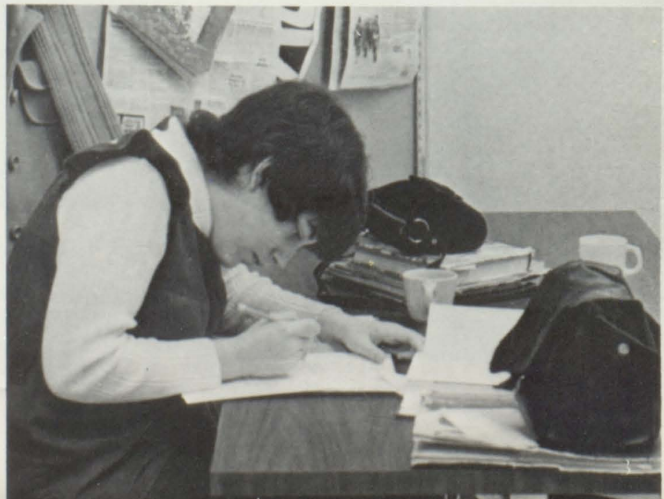
1. In an attempt to raise money, Prolifique members sell baked goods to Anne Ramaley and Jeri Goff. 2. Editor-in-Chief Janet Clarke and Business Co-editor Colleen Olson chuckle over an item in Janet's Prolifique notebook. 3. Applying make-up for his role as a wizard in "Once upon a Mat-tress", Dave Stright affixes his fake nose.



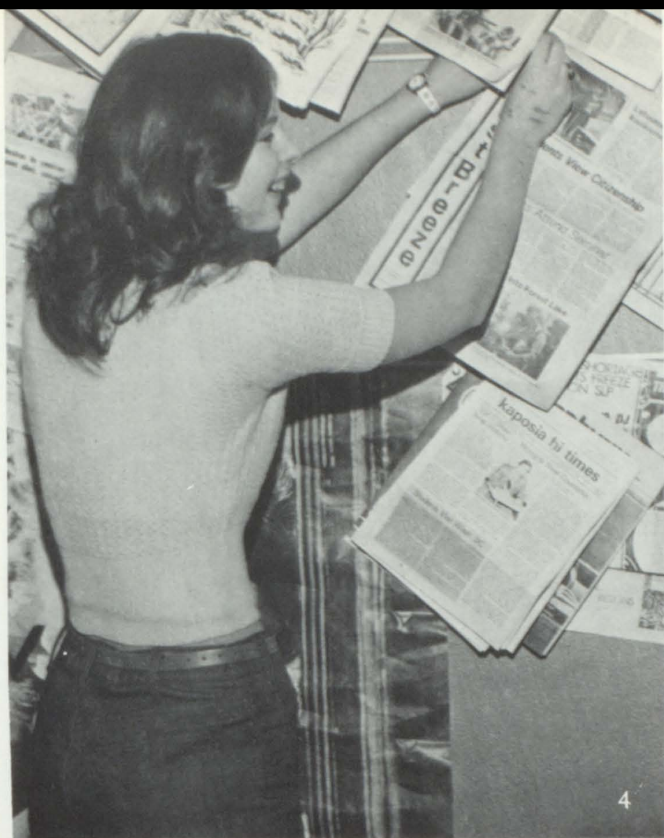
BELOW, BREEZE, TOP ROW: Lynn Nelson, Lori Liljenberg, Gayle Johnson, Anne Ramaley, Glenn Johnson, Mike Sahlin, Steve Berven, Mike Thorp, Craig Martin, Lynda Smith, Dave Clifford, Mary Moen; SECOND ROW: Paula Anderson, Julie Booren, Cindy Williams, Michele Johnson, Cindy Carstens, Mike Beattie, Terri Motschenbacher, Barb Hallberg, Michelle Swenson, Kathy Krasky, Eileen Peterson, Peggy Ahlm, John Popham, Greg Johnson, Terri Lipp, Dave Stright; BOTTOM ROW: Sue Struble, Jodi Polzin, Donna Trombley, Sue Weisbrod, Dawn Marier, Mary Tornell, Rita Linz, Paige Hanson, Sandy Hess, Scott Flaherty, Linda LaCasse.



1. After paying to get into the Breeze Dance, Mark Holl and Mark Keufler watch carefully as Dawn Marier counts out their change. 2. Donna Trombley makes important corrections on her news assignment. 3. Putting the finishing touches on the Breeze's Christmas tree are Linda LaCasse, Cindy Williams and Mary Tornell. 4. Cindy Williams hangs a Forest Breeze next to newspapers from other schools. 5. After a hectic week of deadlines, Editor-in-Chief Mary Roberts finds satisfaction in reading a final copy of the Breeze.







## Breeze Changes to A Modified Format

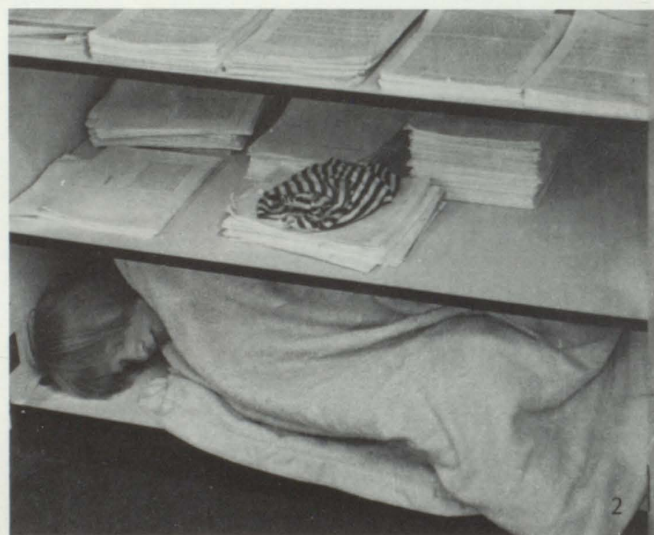
With the largest staff ever, the Forest Breeze was kept busy this past year supplying students with up-to-date news and information. Two editors, Linda LaCasse and Greg Johnson, attended a University of Minnesota workshop last summer and brought back many new ideas to improve the school paper. Much more advertising, both classified and commercial, was beneficial to the club's funds and was received favorably by the students. An added attraction to the Breeze this year was the sophomore newsletter — the "Whiff." It kept students posted with the latest happenings in the school and taught the sophomores printing procedures while under the watchful eyes of the editors. On December 7 the Breeze sponsored its annual dance featuring the music of "Stone Faces."



ABOVE, BREEZE EDITORS, TOP ROW: Keith Nickelson, Mike Sahlin, Dave Clifford; SECOND ROW: Linda LaCasse, Mary Roberts, Cindy Williams, Greg Johnson; BOTTOM ROW: Mary Tonnell, Dawn Marier, Terri Motschenbacher, Mary Moen.



BELOW, COPY STAFF: Becky Glassel, Mary Waller, Janet Clarke, Jan Johnson, Wendy Deerly, Editor Kim Hart, Efficiency Expert Gail Swenson, Ted Sahlin, Jesse Preiner.



1. PHOTO STAFF, TOP: Assistant Editor Kathy Waldoch, Editor Sylvia Rossi, Julie Summers; BOTTOM: Sandy Hess, Anne Johnson, Gayle Johnson. 2. With a snooze in Mr. Bernauer's closet, copy staff member Ted Sahlin demonstrates the result of many hours of hard work. 3. CONCESSIONS STAFF: Richard Krech, Manager Jan Devine, Paul Hesla, Kathy Barnes, Dan McConnell.



# '74 Forester Reflects F.L. Communication

Kim Hart and Sylvia Rossi came back from the summer workshop at the U of M anxious to put their new ideas into print. Color pages were re-introduced to the Forester and twenty pages were added. A varied layout design was used for the first time, and assorted picture sizes allowed the use of more photos. By picturing groups in atmospheric or comic situations, the photography staff showed imagination. Copy staff carried the theme of communication from the introduction and division pages to the closing page. Deadline weeks found them working late in Mr. Bernauer's cold room, warmed only by the fires of their own dedication. A few loyal members of the concessions staff worked for all games. Under the direction of Mrs. Wiley, the business staff sold ads and a record number of books in the fall. More cooperation among staffs throughout the year created a uniform book.



4. Working diligently to select the best pictures for each page is Gayle Johnson. 5. LAYOUT STAFF, TOP: Editor Becky Tolzmann, Betty Bender, LuAnn Gustafson; BOTTOM: Cheryl Daninger, Joni Summers. 6. BUSINESS STAFF: Dee Johnson, Joe Sam, Vicki Nelson, Carol Lawrence, Dale Furrer, Michele Johnson, Mary Doruff.

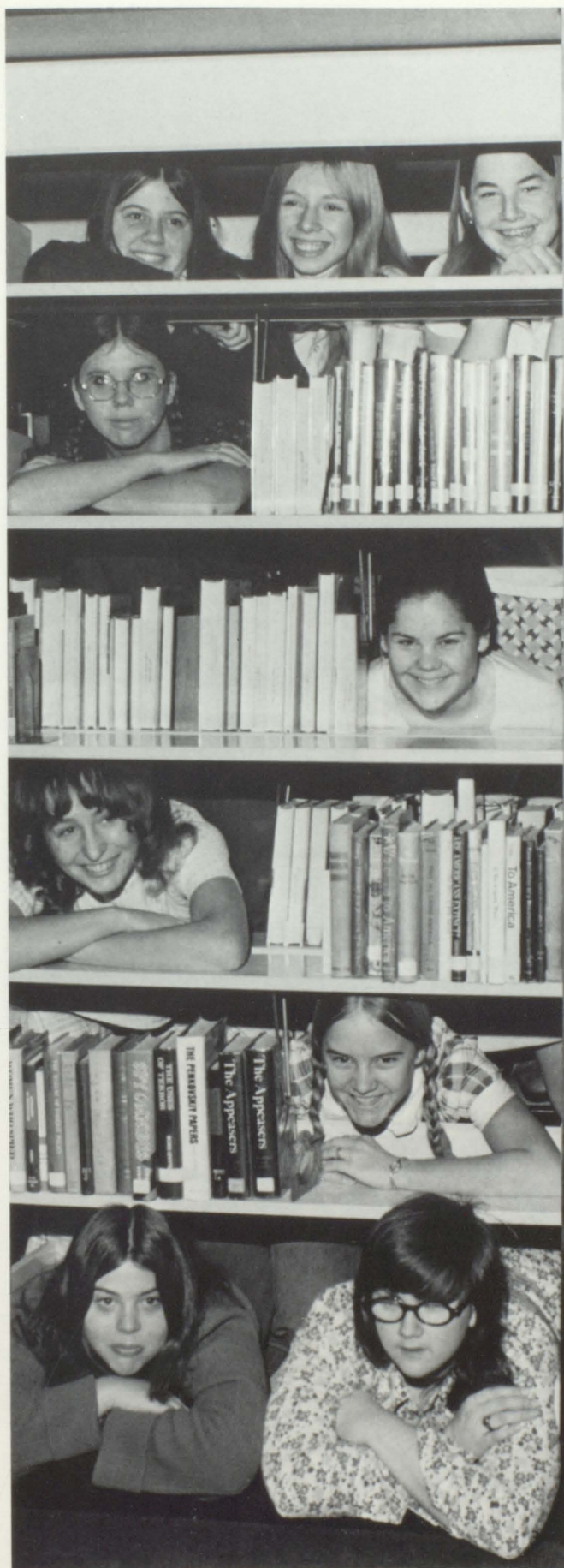


1. AUDIO-VISUAL AIDES: Jeff Davis, Kermit Edstrom, Walt Sanford, Karen Rydeen, Rose Marier, Lori Taylor. 2. Marty Flitter momentarily distracts Carol Rinke from her daily office job.



ABOVE, OFFICE AIDES, TOP ROW: Carol Baxter, Cindy Lindquist, Sue Struble, Charlene Hoff, Cheri Zaudtke, Julie Booren, Tara Ristrom, Cindy Schlaeger, Laurie Gustafson; BOTTOM ROW: Debbie Richert, JoAnn Gillespie, Mary Zeleschnak, Kathy Banta, LeAnn Frenning, Bev McMinds, Charlotte Hoff, Cindy Carstens. CENTER: Office Boy: Mr. Millington.





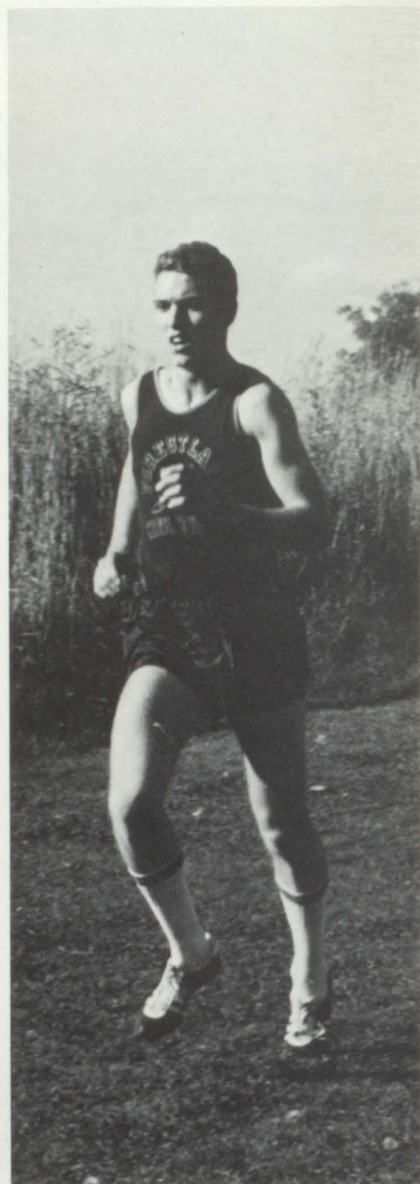
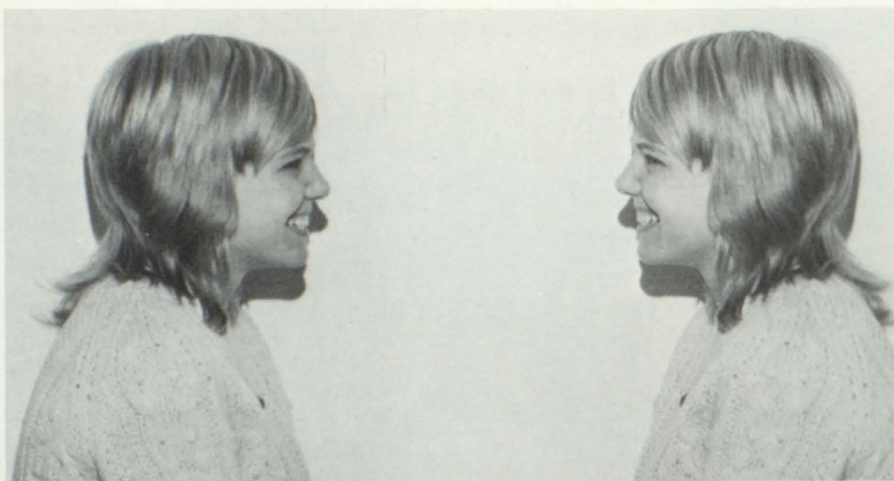
## Students Assist With Routine Office Jobs

With the great increase of FLHS students, the secretaries and paraprofessionals appreciated the help of the student aides. Numbering 51 girls and 5 boys, the student aides did the basic jobs of filing papers and books, delivering passes and answering telephones. Besides checking out books and magazines, the library help also covered new books and wrote overdue notices. The AV help assisted the paraprofessionals with making copies on IGOR, by delivering equipment and by recording tapes. Keeping the college books in order and making bulletin boards of college announcements were among the duties of the guidance help. The office help spent their time checking in students and sorting the mail. These students were a valuable asset to the secretaries and paraprofessionals.



3. LIBRARY AIDES, TOP TO BOTTOM: Mary Seaver, Denise Lavandowska, Kim Hursh, Joni Hahn, Dawn Thompson, Irene Knapp, Pam Thiel, Nancy Bowers, Pam Veness. 4. GUIDANCE AIDES: Laurie Hughes, Linda Wallraff, Colleen Olson, Gail Krohn, Cindy Habben.

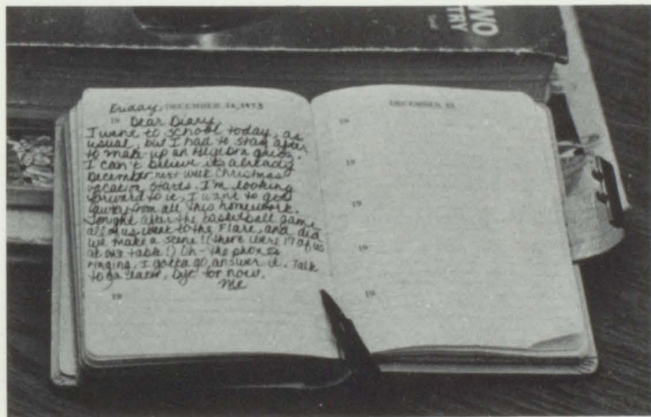








Many individuals join together to make the school a close-knit unit. Communication among ourselves in school activities, studies, and competition produces emotions within us and the people we know. Influenced by our classmates, we create our own unique personalities.

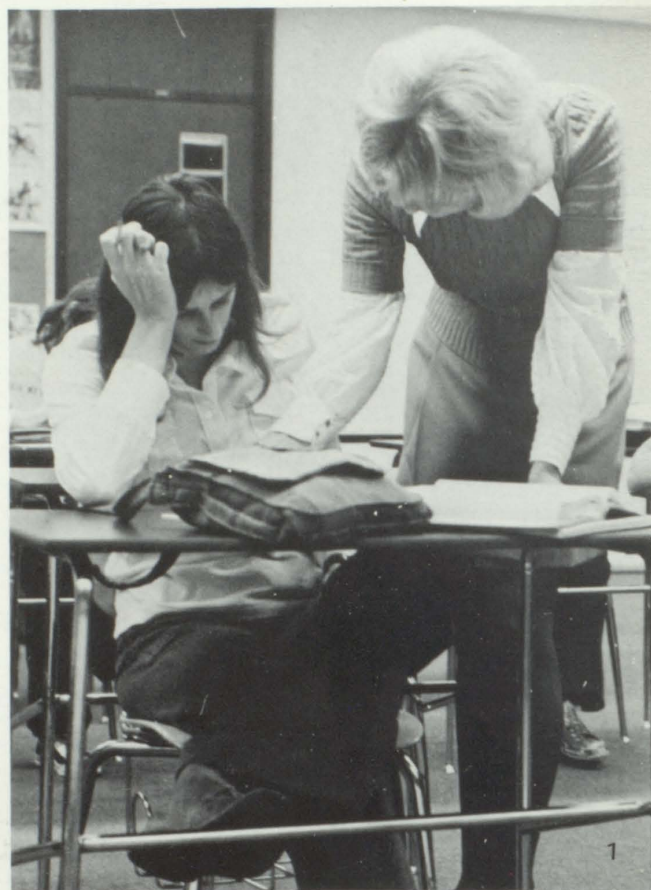


# Communicating With Ourselves



# Active Class of 1974 Makes Future Plans

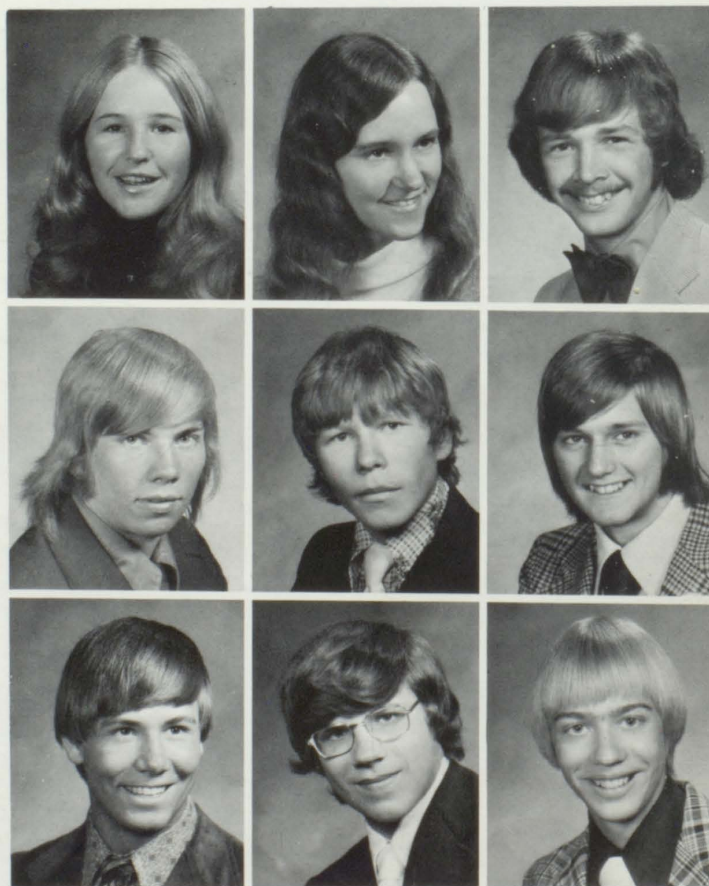
As they finally reached their last year of high school, seniors were met with many decisions. First, there was the choice of class colors and flower — forest green/mint green and the white rose. "Today is already a dream, and tomorrow is only a vision; but today, well-lived, makes every yesterday a dream of happiness and every tomorrow a vision of hope" was the motto selected. Decisions for the future took more time and thought. Seniors either visited colleges and vocational schools or pursued future jobs. Amidst these decisions, seniors participated in organizations and activities. During Homecoming, the senior girls won the powderpuff game, Mary Moen and Dana Redfield reigned and The Brothers raised spirit. With the unforgettable antics of Senior Week, the class of '74 graduated with many memories of what they had learned and what they had shared together.



LYNETTE AGNES, Choir ... 2, Transfer from Kellogg Senior High; KATHY AKKERMAN, "Clown Prince of Wanderlust," National Honor Society; MARK ALLEN, Aardvarks ... 2, Breeze ... 3, Lettermen's Club ... 3, Student Council ... 1, Sophomore King Candidate, Homecoming King Candidate, Basketball ... 3, Cross Country ... 3, Track ... 3.

ARDEN ANDERSON, Football ... 2, Track ... 1, Wrestling ... 3; DEAN ANDERSON, Baseball ... 1, Wrestling ... 3; JEFF ANDERSON, Aardvarks ... 2, Drama Club ... 3, Forester ... 2, French Club ... 1, Ski Club ... 2, Speech Choir ... 1, "Balcony Scene," "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," "You're a Good Man, Charlie Brown," National Honor Society.

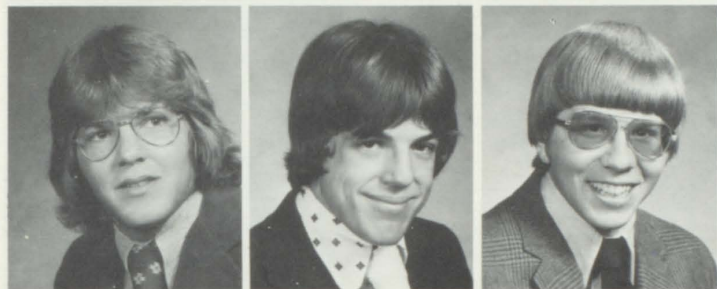
JON ANDERSON, Ski Club ... 1, Transfer from Richfield Senior High; MARVIN ANDERSON, Lettermen's Club ... 2, Football ... 3, Wrestling ... 2; MIKE ANDERSON, Band ... 3, Lettermen's Club ... 1, Pep Band ... 3, Basketball ... 3, Cross Country ... 1, Track ... 2.







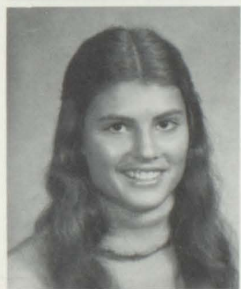
PATTY ANDERSON; SUE AUGUSTINE; JODI BABCOCK, Breeze ... 1, Cheerleaders ... 3, GAA ... 2, Homecoming Queen Candidate, Sophomore Queen Candidate.



DONNY BABER, Lettermen's Club ... 2, Student Council ... 1, Football ... 3, Track ... 3, Wrestling ... 3, Tri-Captain, Sophomore King Candidate; BILL BALZART, FFA ... 1, Baseball ... 3, Football ... 2, Wrestling ... 3; KEITH BANTA, Band ... 3, Breeze ... 1, FFA ... 3, Vice-President, Reporter, Lettermen's Club ... 2, "Once Upon A Mattress," Pep Band ... 3, Cross Country ... 1, Track ... 3, Wrestling ... 3.



RHONDA BARNES, Band ... 3, Librarian, Drama Club ... 2, "Clown Prince of Wanderlust," "Diary of Anne Frank," Forester ... 1, Girls' Chorus ... 1, "Once Upon A Mattress," Pep Band ... 2, "Marriage Go Round," "Thurber Carnival," Spanish Club ... 3; PEGGY BARNIER, Girls' Chorus ... 1; JONI BARROTT, Ski Club ... 1, "Once Upon A Mattress," Transfer from Sammamish High School.



TERRI BARTLETT, FHA ... 1, Pep Club ... 2, Ski Club ... 1, Speech Choir ... 2, GAA ... 1.



MIKE BEATTIE, Aardvarks ... 1, Breeze ... 3, "Once Upon A Mattress," Drama Club ... 1, Prolifique ... 1, Basketball ... 1, The Brothers ... 1.

1. As Mrs. Linde defines a bookkeeping principle, senior Rhonda Jeukins remains puzzled. 2. Following the bonfire, Dan Jacobs displays the Homecoming mood with a grin.



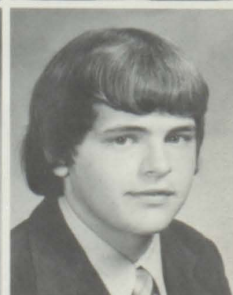
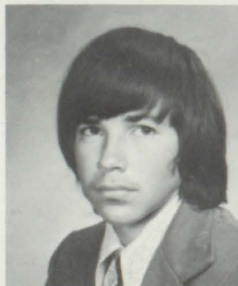
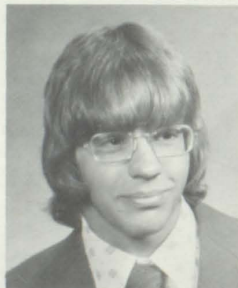
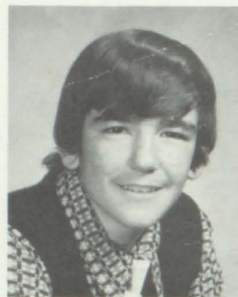
BRUCE BEGGS, French Club . . . 2, Hockey . . . 1.

TERRI BELDEN.

JACK BENDER, Band . . . 3, Pep Band . . . 3, Ski Club . . . 3.

MONTY BENOY, Ski Club . . . 3; DARLENE BENZ; LINDA BERENS, Ski Club . . . 2.

PAM BERENS, FLOEA . . . 1, GAA . . . 1; SCOTT BERGLUND; PAUL BERGMAN, Aardvarks . . . 1, Golf . . . 1, Hockey . . . 1, The Brothers . . . 1, Color Guard . . . 1.



1. Debbie Howard, disguised as Sherlock Holmes, awaits the beginning of the FLOEA Homecoming skit. 2. At the Powderpuff Game, a crowd of senior enthusiasts root for fellow classmates.



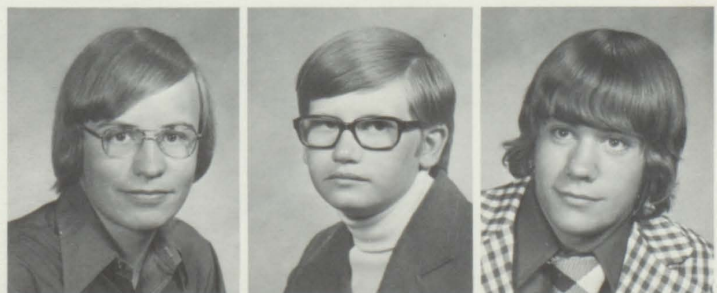
# Seniors Get White Roses for Graduation



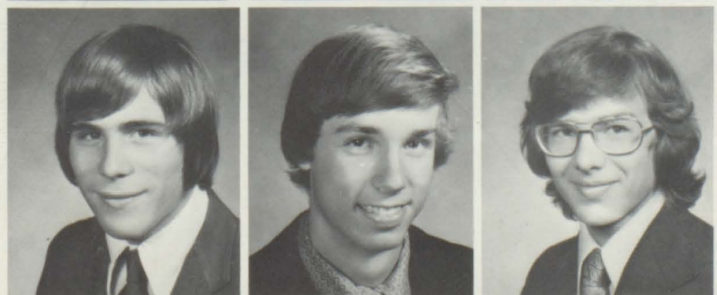
CYNTHIA L. BERGUM, Speech Choir ... 3, GAA ... 1, Student Aides ... 1; KATHRYN BERVEN, Band ... 3, Breeze ... 2, French Club ... 2, Pep Band ... 3, Ski Club ... 3, GAA ... 3, Girls' Basketball ... 2, Volleyball ... 2, JOSEPH BIGELOW, Chess Club ... 1, Spanish Club ... 1, Transfer from Dover-Eyota High School.



MARK BLACK, Aardvarks ... 2, Band ... 3, Breeze ... 2, Drama Club ... 3, Pep Band ... 3, "Balcony Scene," "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," "Marriage Go Round," "Thurber Carnival," "You're A Good Man, Charlie Brown;" ROXANNE BOESEL; RICHARD BOMBARD, Basketball ... 1.



ROBERT BOWEN, FFA ... 3, Treasurer; DAVID BRANJORD; DENNY BRODTMANN, Hockey ... 1.



GREG BROOKE, FFA ... 3; ALLAN BUHL, Lettermen's Club ... 1, Baseball ... 1, Basketball ... 3, Track ... 2; GREG BUSSEY, Breeze ... 1, Ski Club ... 3, President, Student Council ... 1, National Honor Society.



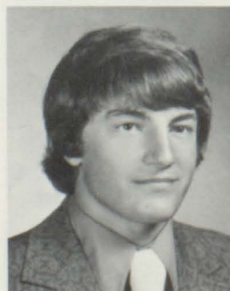
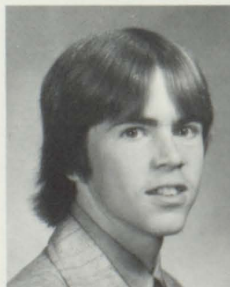
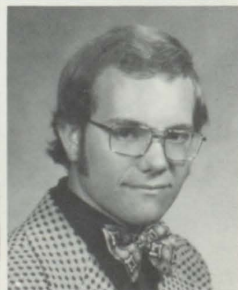


STEVE CARDINAL; SUZANNE CARON; JACK CAUDILL, Student Aides ... 1, Wrestling ... 1, Transfer from Mounds View High School.

PATRICIA CHRISTENSON; JANET CLARKE, Forester ... 1, French Club ... 2, Prolifique ... 2, Copy Editor, Editor-in-Chief, Ski Club ... 3, Student Aides ... 1, National Honor Society, Girls' State Representative; DAVE CLIFFORD, Aardvarks ... 2, Breeze ... 2, Editor, Business Manager, Declamation ... 2, Drama Club ... 3, Forester ... 1, Prolifique ... 1, Ski Club ... 2, Student Council ... 1, "Balcony Scene," "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," "Marriage Go Round," "Thurber Carnival," "You're A Good Man, Charlie Brown," Tennis ... 3, The Brothers ... 1, Color Guard ... 1.

AL COLTER, Ski Club ... 3; ROBERTA CORWIN; GARY CRETE, Lettermen's Club ... 1, Spanish Club ... 1, Baseball ... 3, Football ... 3.

BOB DAGOSTINO, Lettermen's Club ... 1, Baseball ... 2, Football ... 2, Co-Captain, Wrestling ... 3, Homecoming King Candidate; LOUIS DAHL; VIRGINIA DAHL, Girls' Tennis ... 1, FLOEA ... 1, Vice-President, Transfer from North St. Paul High School.





# Activities Look to Seniors for Leadership

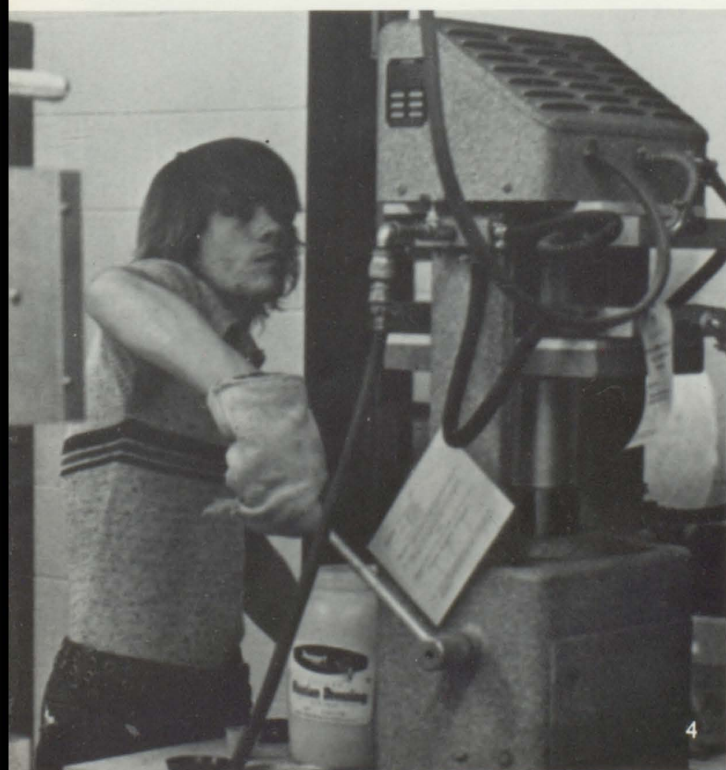


CHERYL DANINGER, Breeze ... 1, Cheerleaders ... 1, Forester ... 1, Ski Club ... 1, Student Aides ... 1, GAA ... 1, Sophomore Queen Candidate; JANICE DEVINE, Drama Club ... 3, Ski Club ... 2, Spanish Club ... 2, Speech Choir ... 2, National Honor Society, "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," "Marriage Go Round," "Thurber Carnival," "You're A Good Man, Charlie Brown," GAA ... 2, Girls' Basketball ... 2, Volleyball ... 2; RICHARD DIETRICH, Choir ... 3, Madrigal ... 1, Wrestling ... 1.

SUE DITTMAR, FLOEA ... 1.



ROSE DOLAN.



1. Smiling at the thought of graduation, Carol Cobb is measured for her cap and gown. 2. Debbie Hamilton emits an embarrassed laugh to Sharon Payne while Gary Crete and Bruce Neff propose to her. 3. As Marty Flitter awaits his turn at the mike, Bob Dagostino delivers his thoughts on an upcoming varsity football game. 4. Compression molding a coaster in Plastics, Dennis Brodtmann uses one of the various complex machines in shop class. 5. A group of senior boys find an academic resource center relaxing.

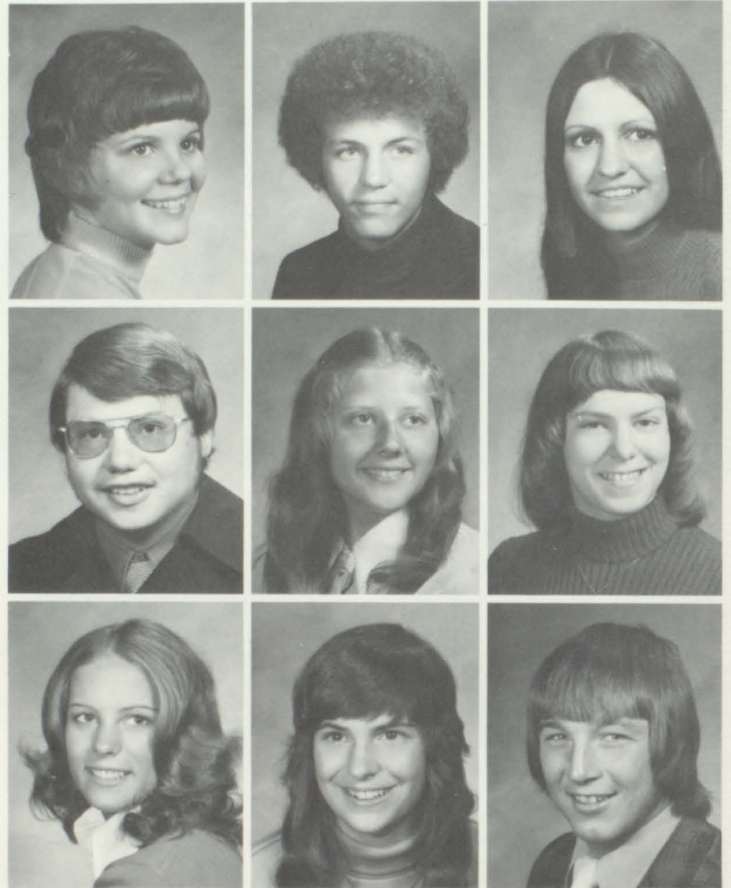


# Class Colors Are Forest & Mint Green

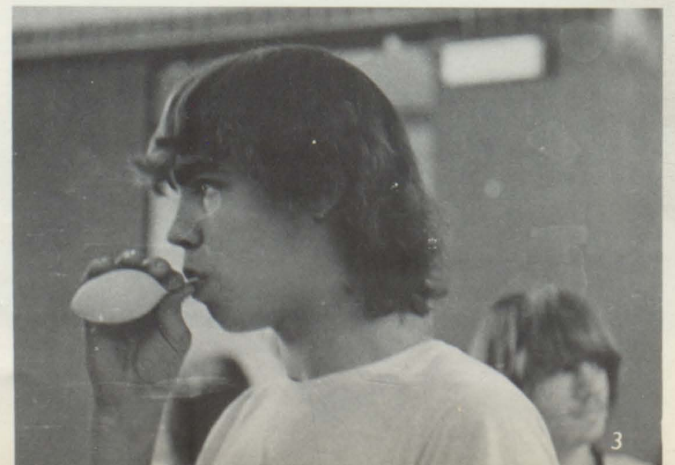
MARY DORUFF, Debate ... 3, Declamation ... 2, Forester ... 3, Business Manager, Student Council ... 1, National Honor Society, GAA ... 2, Representative; WAYNE A. DOW, Aardvarks ... 2, Lettermen's Club ... 3, Ski Club ... 2, Spanish Club ... 1, Cross Country ... 1, Track ... 1; CHERYL EDSTROM.

BRAD EKLUND, Ski Club ... 3, Choir ... 3, Football ... 1, Speech Choir ... 1; JEANETTE ERICKSON, Student Aides ... 1; SUE ERICKSON, Declamation ... 1, Drama Club ... 3, "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," "Thurber Carnival," National Honor Society, Girls' Tennis ... 2.

LORI FAIRBANKS, Band ... 3, Breeze ... 1, Declamation ... 1, French Club ... 1, Pep Club ... 2, Ski Club ... 3, Speech Choir ... 2, GAA ... 2, Gymnastics ... 3; VICKIE FEARING, Forester ... 1, Ski Club ... 3, Speech Choir ... 1, Sophomore Queen; MARTY FLITTER, Aardvarks ... 2, Lettermen's Club ... 3, Ski Club ... 1, Student Council ... 1, Sophomore King Candidate, Baseball ... 3, Football ... 3, Wrestling ... 3.



1. Paige Hanson carefully sketches a sign for publicity. 2. An unusual lunchtime activity draws the attention of many students. 3. Blowing up a balloon, Tom Willcoxon demonstrates one of the talents he has acquired during his lifetime. 4. Elise Wahlberg offers advice to Carol Olseen as she stirs a mixture in Home Economics. 5. At Homecoming Skit Night, A-squad Cheerleaders end "Beat 'em, Boys!" with a straddle sit.







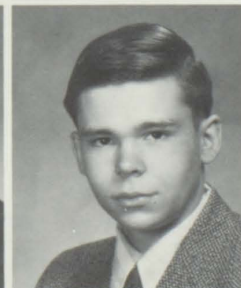
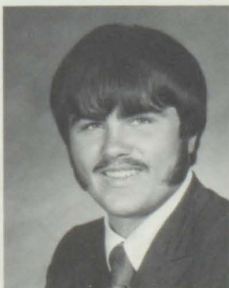
HEATHER FRASER, Band ... 3, Breeze ... 3, Forester ... 2, French Club ... 3, President, Pep Club ... 2, Pep Band ... 2, Ski Club ... 3, Speech Choir ... 2, Student Council ... 3, Secretary, Prolifique ... 1, Sophomore Queen Candidate, Homecoming Queen Candidate, Gymnastics ... 3.



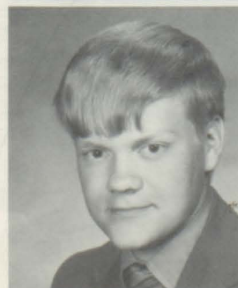
LEANN FRENNING, Spanish Club ... 3, Student Aides ... 2.



BEVERLY FROST; DALE FURRER, Choir ... 2, Forester ... 3, Lettermen's Club ... 2, Basketball ... 3, Cross Country ... 2, Co-Captain, Track ... 3; LOREN GESSLER, Aardvarks ... 1, Choir ... 1, FFA ... 1, Baseball ... 3, Basketball ... 3.



NADINE GESSNER, Band ... 3, Cheerleaders ... 2, Pep Club ... 2, Spanish Club ... 1, Homecoming Queen Candidate, GAA ... 1, "Once Upon A Mattress," Girls' Tennis ... 2; RICKY GOTTWALDT; JOHN GRANBERG.



KENNETH GROENEWEG, Aardvarks ... 2, Chess Club ... 2, Choir ... 2, FFA ... 1, Madrigal ... 1; BARB GRUND, Cheerleaders ... 3, Pep Club ... 3, Ski Club ... 3, Speech Choir ... 1, GAA ... 1; JOY GUERTIN, Choir ... 3, French Club ... 1, Ski Club ... 1, GAA ... 2, Girls' Basketball ... 1, Gymnastics ... 1, Twirler ... 3.



# Mary And Dana Rule Over Homecoming

BONNIE GUNDERSON, FFA ... 1, FHA ... 1; LUANN GUSTAFSON, Choir ... 3, Forester ... 1, Pep Club ... 3, Speech Choir ... 1; PETER HAAS, Lettermen's Club ... 3, Basketball ... 1, Cross Country ... 3, Track ... 2.



ROGER HAHN; BARB HALLBERG, Band ... 3, Junior Representative, Vice-President, Breeze ... 3, Pep Band ... 3, Ski Club ... 3, Spanish Club ... 1, Sophomore Class Treasurer, GAA ... 3, Secretary, Girls' Basketball ... 2, Volleyball ... 2; DEBBIE HAMILTON, Breeze ... 2, Girls' Chorus ... 2, Secretary, Pep Club ... 2, Prolifque ... 1, Ski Club ... 2, Junior Class Treasurer, GAA ... 3, Girls' Basketball ... 1.

LYNDA HANSEN, Choir ... 2, Debate ... 1, FLOEA ... 1, Treasurer; LYNN HANSON; PAIGE HANSON, Breeze ... 3, Forester ... 2, Girls' Chorus ... 2, President, Pep Club ... 3, Senior Representative, Prolifque ... 2, Business Editor ... 2, Ski Club ... 3, Speech Choir ... 2, Sophomore Class Secretary, Senior Class Secretary, GAA ... 2.



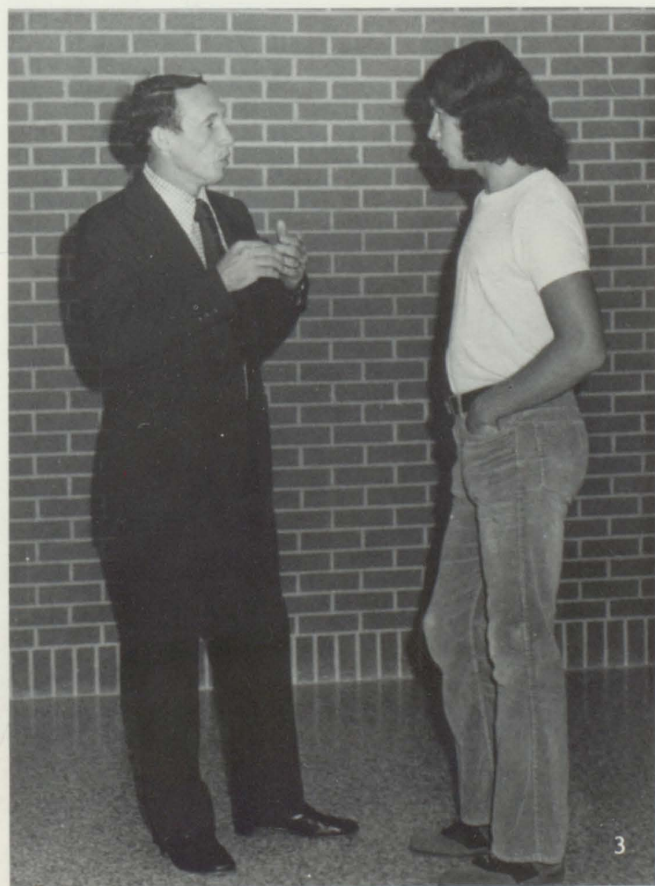




SCOTT HAROLD, Baseball ... 1, Football ... 1; KIMBERLY HART, Band ... 3, Treasurer, Forester ... 2, Copy Editor, French Club ... 2, Pep Band ... 2, Prolifique ... 2, Ski Club ... 3, Speech Choir ... 1, Student Council ... 1, National Honor Society, Sophomore Class Vice-President; LOREN HARTUNG.

JANE HAUBLE, Band ... 3, Pep Band ... 2; LEE HAUBLE, Aardvarks ... 1, Ski Club ... 1, Track ... 1; JAN HAVLISCH.

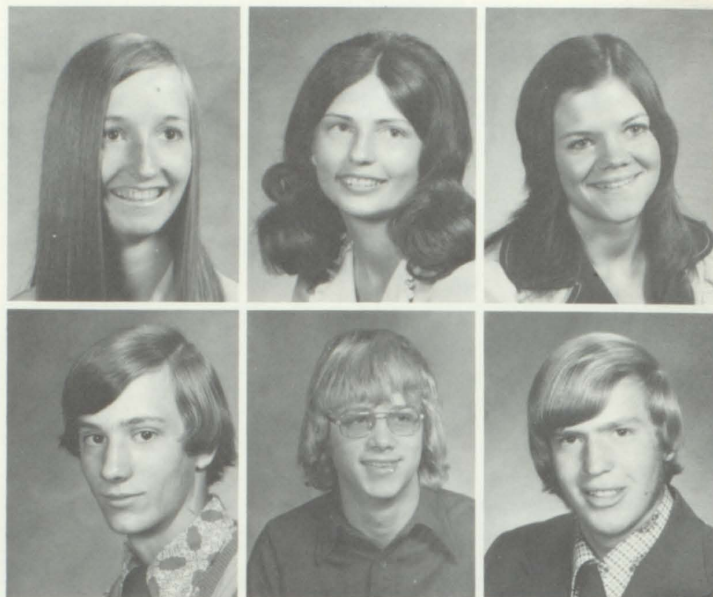
JULIE HENRICHSEN, FFA ... 2, GAA ... 3; DEBBIE HOCKENSMITH, Girls' Chorus ... 1, Ski Club ... 1, Speech Choir ... 1; CHARLENE HOFF, Student Aides ... 1.



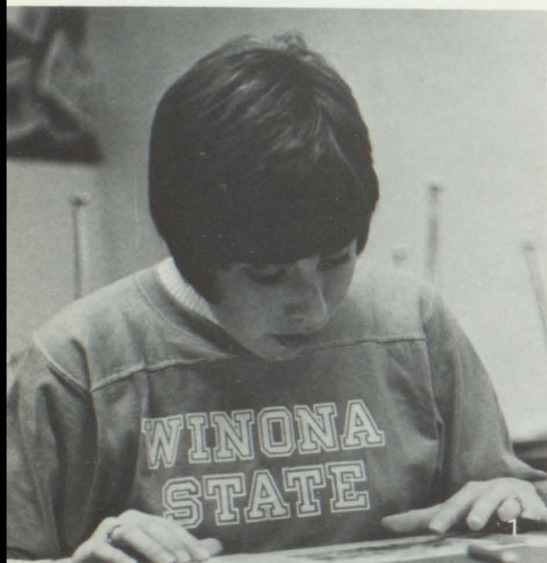
1. Senior Elise Wahlberg and her graduate date, John Svenkeson, receive their Homecoming Dance tickets. 2. After demonstrating her various abilities, Princess Winifred, Laurie Trepanier, gives a final drunken outcry atop the shoulders of Mike Beattie and Mike Sahlin. 3. Assistant Principal Mr. Millington reminds senior Jeff Hovde of numerous school regulations. 4. As Irene Knapp checks the ingredients, Dave Lewis and Michelle Swenson laugh at the imagined results of their cooking.



CHARLOTTE HOFF, Student Aides ... 1; SUE HOHENAUER, FLOEA ... 1; LYNN HOLLIHAN, FFA ... 1, FHA ... 1.

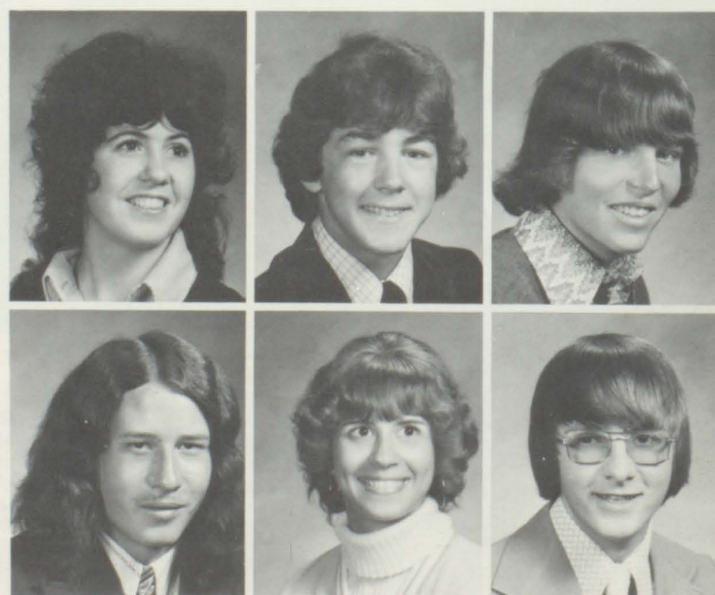


TIMOTHY M. HOLM, Breeze ... 1, FFA ... 3, Prolifique ... 1, Photography Editor, Ski Club ... 2, Gymnastics ... 1, Student Manager; DAVE HOUGH; DUANE HOULE, Baseball ... 1, Basketball ... 3, Football ... 1.



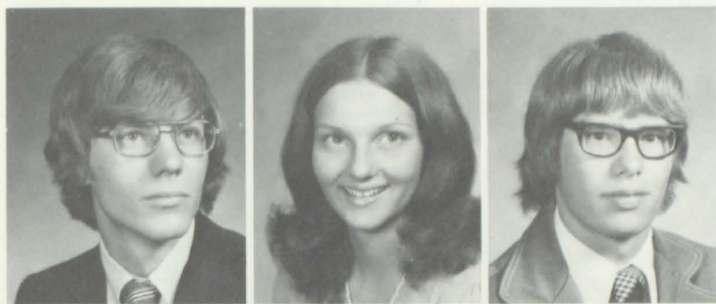
GLORIA HOULE, Choir ... 3, Debate ... 2, Drama Club ... 2, "Once Upon A Mattress," Madrigal ... 1, Spanish Club ... 2, GAA ... 1, Girls' Tennis ... 1; JOHN HOUSE, Lettermen's Club ... 3, Secretary-Treasurer, Cross Country ... 2, Wrestling ... 3, Co-Captain; TOM HOVATTER.

JEFF HOVDE; DEBBIE HOWARD, Chess Club ... 1, FLOEA ... 1, Historian, Prolifique ... 1, Forester ... 1, GAA ... 2; RANDY HUGHES.





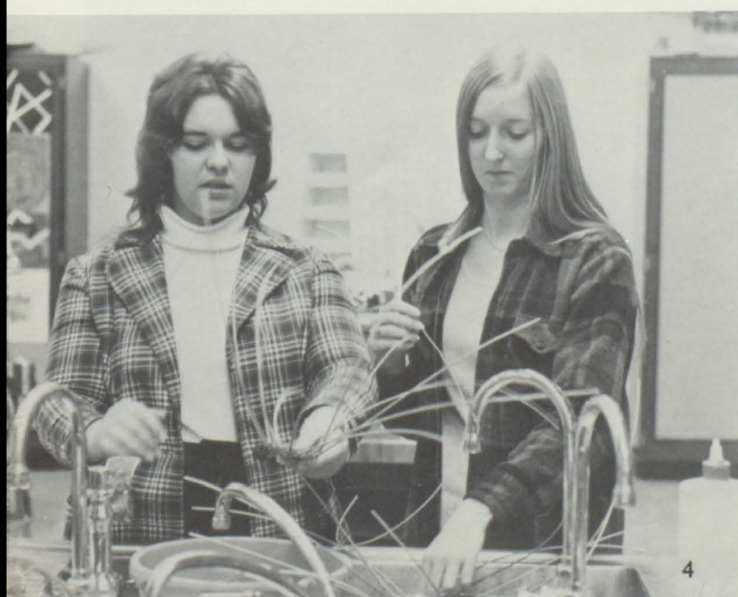
# 'The Brothers' Organized by Senior Boys



PAUL HUMPHREY, Prolifique ... 1, Basketball ... 1, Track ... 2; CHARLENE G. ISAAK, Ski Club ... 2, Student Aides ... 1; DAN JACOBS, Lettermen's Club ... 2, President, Basketball ... 3, Captain, Cross County ... 2, Co-Captain, Football ... 1, Track ... 3, Tri-Captain.



BARRY JACOBSON; KAREN JAWORSKI, Girls' Chorus ... 1; ROSE JEANS, Breeze ... 1, French Club ... 1, Girls' Chorus ... 1, Pep Club ... 1, Speech Choir ... 1, GAA ... 1.



1. Senior Julie Summers works for the exact cropping of a Forester picture. 2. SENIOR CLASS OFFICERS: Sharon Payne, Treasurer; Paige Hanson, Secretary; Mary Tornell, Vice-President; Sylvia Rossi, President. 3. Finding the best words to describe a friend, Pete Haas fills out a picture for a fellow classmate. 4. In an art class, Sheryl Urman and Charlotte Hoff work on their basketweaving projects. 5. The Brothers, clad in gay apparel, lead the fans in boisterous cheers at the Powderpuff Game.

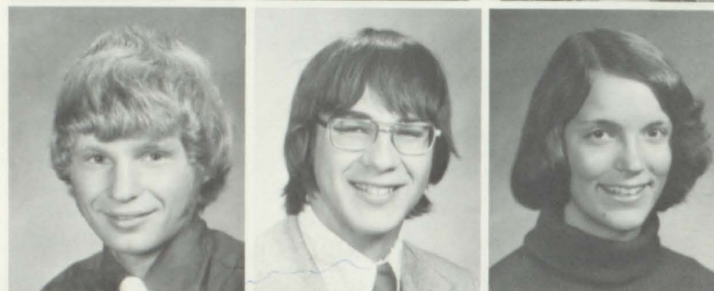


# Dec. 8 Finds Seniors Struggling With ACT

DON JENSEN, Student Aides ... 2; RHONDA JEUKENS, Ski Club ... 3; MICHAEL JOACHIM.



GLENN JOHNSON, Aardvarks ... 2, Breeze ... 1, Lettermen's Club ... 2, Football ... 3, Track ... 3, Tri-Captain, Student Aides ... 1; GREGORY JOHNSON, Aardvarks ... 2, Breeze ... 2, Editor, Choir ... 2, Declamation ... 2, Lettermen's Club ... 2, Ski Club ... 2, Treasurer, Speech Choir ... 1, Student Council ... 1, Football ... 3; JAN JOHNSON, Band ... 3, Breeze ... 1, Cheerleaders ... 3, Captain, Forester ... 2, Pep Club ... 2, Ski Club ... 3, Speech Choir ... 1, Homecoming Queen Candidate, National Honor Society, GAA ... 2.



KOLMAN JOHNSON, Aardvarks ... 1, Chess Club ... 3, Choir ... 2, "Diary of Anne Frank," "Once Upon A Mattress," Prolifuge ... 1, Ski Club ... 1; NELS JOHNSON; TERRY JOHNSON, Aardvarks ... 2, Student Aides ... 3, "Clown Prince of Wanderlust," Prolifuge ... 1.



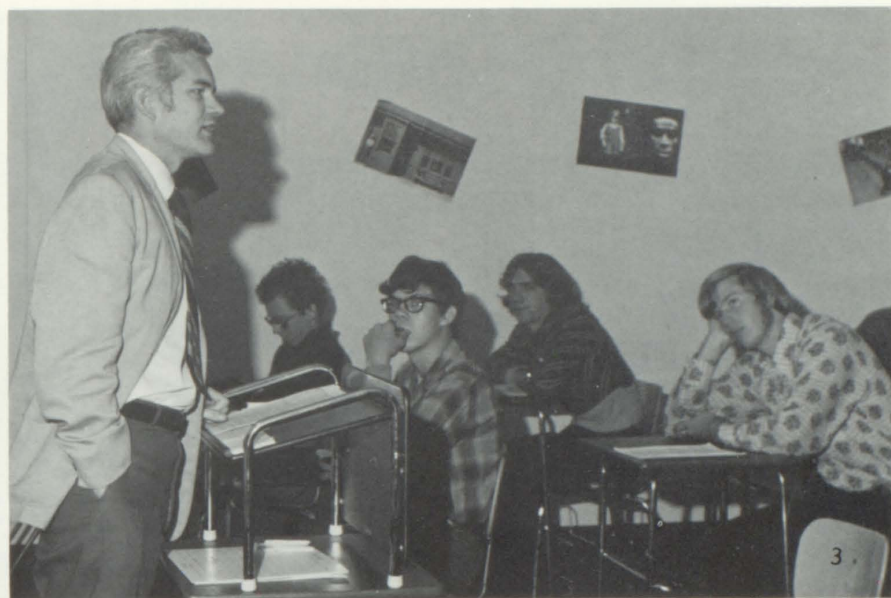
JANIS KAMMERER, Prolifuge ... 1, Speech Choir ... 1, GAA ... 1, Girls' Basketball ... 1, Volleyball ... 1, Majorette ... 2; WALTER KAPHING, Horse Club ... 1, Spanish Club ... 2, Tennis ... 2; DOUG KIEKHAFER, Aardvarks ... 1, Choir ... 1, Ski Club ... 3.



1. As demonstrated by Pete Ruggles and Jan Devine, seniors are kept busy with constant studies. 2. Honored at being chosen a queen candidate, Jan Johnson smiles appreciatively. 3. Mr. Carlson's Thinking Power class expresses typical reactions to lectures.



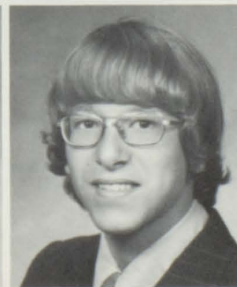




CINDY KIRCHOFF, FHA ... 1, Student Aides ... 1; STEVE KLING, Aardvarks ... 2, Lettermen's Club ... 2, Football ... 1, Hockey ... 1, Track ... 1; IRENE KNAPP, Prolifique ... 1, Student Aides ... 1.



KATHY KOHLBUSCH, Ski Club ... 2; DEBRA KOSMAN, Ski Club ... 1, Student Aides ... 2; DEBBIE KRAL.



KATHY KRASKY, Breeze ... 3, Forester ... 1, French Club ... 2, GAA ... 2, Treasurer; GAIL KROHN, Student Aides ... 2; RUSSELL KRUBE, Baseball ... 3, Football ... 1, Hockey ... 1.



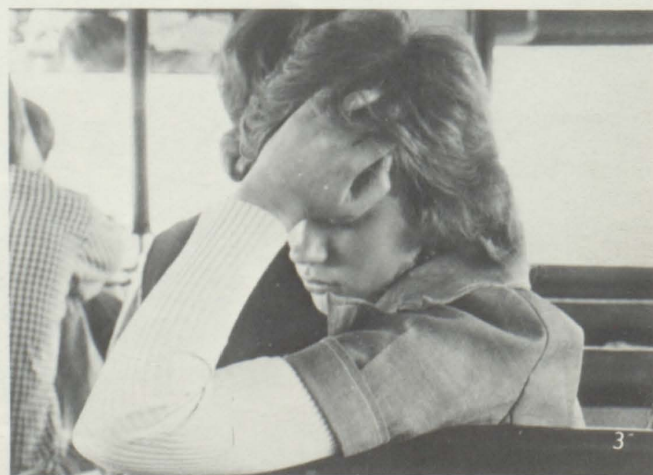
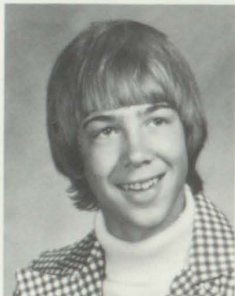
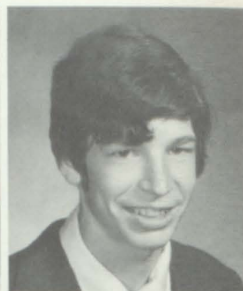
CONNIE KUNSHIER, Cheerleaders ... 2, Choir ... 2, Speech Choir ... 1, Student Council ... 1; AL KUNTZ; KERRI LAMANA, Girls' Chorus ... 1, Transfer from Washington High School.



ALBERT LAMOTTE, Chess Club ... 1, Debate ... 2, National Honor Society; TINA LAMOTTE, Choir ... 3, Girls' Basketball ... 1, Volleyball ... 1; MIKE LARSON, Baseball ... 1, Hockey ... 1.

SHARON LARSON; KURT LAVALLA, FFA ... 2; CAROL LAWRENCE, Debate ... 1, Drama Club ... 1, Forester ... 2, Business Manager, French Club ... 1, Girls' Chorus ... 2, President, "You're A Good Man, Charlie Brown," GAA ... 1.

DAVE LEWIS, "Diary of Anne Frank," Ski Club ... 2, Drama Club ... 3, Basketball ... 1, "Once Upon A Mattress," Spanish Club ... 1, "You're A Good Man, Charlie Brown," Tennis ... 3; SUSAN LINDELL, FLOEA ... 1; JEFF LINDER, Football ... 2.



1. At Homecoming Skit Night, a Marriage and the Family class gives its satirical review of Zephyr strength. 2. As usual, the end of the school day finds a smiling Dave Muellner leaving in his Camaro. 3. Becky Tolzmann takes an afternoon snooze on the bus after a long day's work at the journalism workshop. 4. Expectantly awaiting the order of skits from Greg Bussey are representatives of various clubs. 5. Senior Eileen Peterson directs the decorating of the royalty throne before Homecoming Coronation ceremonies begin.



# Comical Senior Skits Amuse Audience



DEBBIE LOEHR, FFA ... 2, FLOEA ... 1, Speech Choir ... 1, Gymnastics ... 2; CRAIG LONGLEY, Student Council ... 2, Basketball ... 3, Football ... 1; JOANNE LUKE.



BARB LUND, Choir ... 1, Drama Club ... 1, Ski Club ... 1, Spanish Club ... 1, Transfer from Mahtomedi High School; JUDITH A. LUNDGREN, Student Aides ... 1, Gymnastics ... 2; SCOT MACZIEWSKI, Tennis ... 2.



WAYNE MADSEN; DAWN MARIER, Band ... 3, Senior Representative, Breeze ... 3, Business Manager, Sports Editor, Pep Band ... 3, Spanish Club ... 1, GAA ... 2; ROSE MARIER, Forester ... 3, Concessions Manager, Girls' Chorus ... 2.



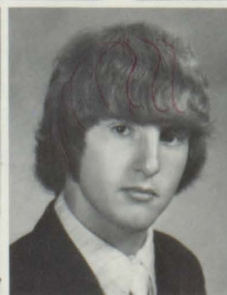
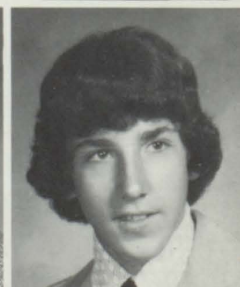
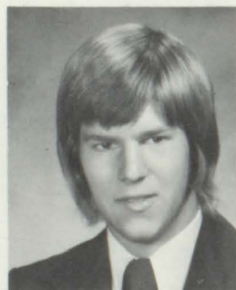
# Senior Power Reigns During Pepfests



CRAIG MARTIN, Breeze ... 2, Debate ... 1, Declamation ... 2, Lettermen's Club ... 2, Speech Choir ... 1, Baseball ... 3, Football ... 3, Hockey ... 1; DEBRA L. MARTINSON, Band ... 1, Breeze ... 1, French Club ... 1, Girls' Chorus ... 1, Pep Club ... 2, Speech Choir ... 1; JOHN MATHESON.

SHEILA MATHESON, Choir ... 3, GAA ... 3, Girls' Basketball ... 2, Volleyball ... 2; JEFF MATTSON, Ski Club ... 3; TIM MCGRATH, Aardvarks ... 1, Speech Choir ... 1, Baseball ... 1.

JEFFREY MCGUIRE, Chess Club ... 1; DAVID MCJAMES, Lettermen's Club ... 2, Student Council ... 1, Baseball ... 1, Football ... 3, Track ... 1; BEV MCMINDS, Girls' Basketball ... 1, Student Aides ... 1.







LUANN J. MEINDL, Chess Club ... 1, Transfer from George Washington Senior High School; WAYNE MEYMAN, Baseball ... 1; RAYMOND MIRON, FFA ... 4, Vice-President, President.

MARY MOEN, Band ... 1, Breeze ... 2, Circulation Editor, Cheerleaders ... 2, French Club ... 1, Pep Club ... 3, Secretary/Treasurer, Sophomore Queen Candidate, Homecoming Queen; MICHEL MORELLO; TERRI MOTSCHENBACHER, Band ... 3, Breeze ... 3, Feature Editor, Choir ... 1, Declamation ... 3, Drama Club ... 3, French Club ... 1, Pep Band ... 3, Prolifique ... 2, Layout Editor, Speech Choir ... 2, "Balcony Scene," "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," "Marriage Go Round," "Thurber Carnival," "You're A Good Man, Charlie Brown," National Honor Society.

DAVID MUELLNER, Cross Country ... 1, Track ... 3, Wrestling ... 3; MARY MUELLNER, Forester ... 3, Spanish Club ... 2, Speech Choir ... 1, Girls' Tennis ... 2, GAA ... 3, Gymnastics ... 2; CARMEN MULVIHILL, Band ... 3, Speech Choir ... 1, "Clown Prince of Wanderlust," "Thurber Carnival," Volleyball ... 1.

JEFFREY NAST, Band ... 3, Pep Band ... 3, "Once Upon A Mattress," Ski Club ... 3; LORRAINE NALEWAJA; CHERYL NEEDHAM, Horse Club ... 1, Gymnastics ... 3.

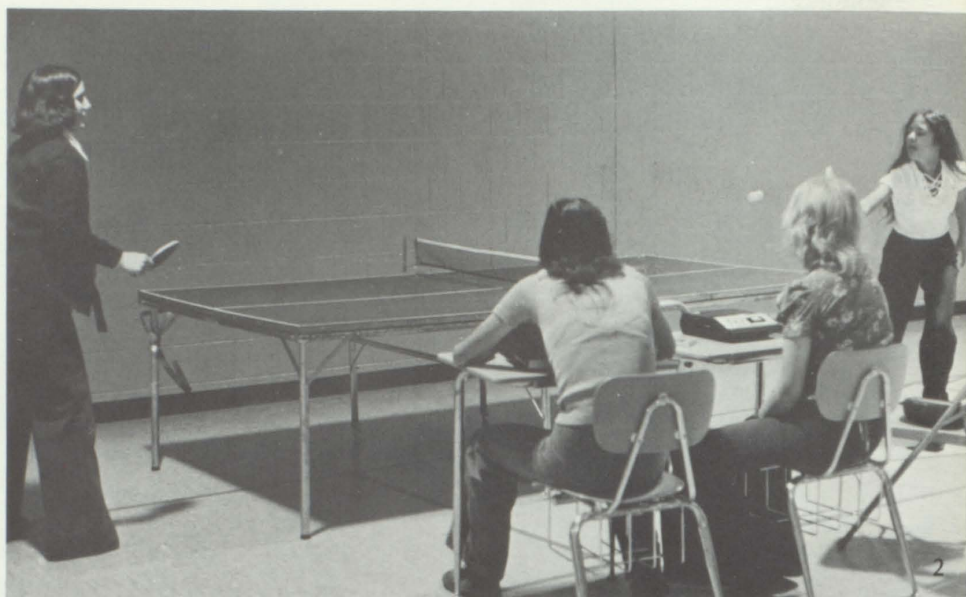


3



1. Varsity cheerleaders involve senior boys to arouse school spirit. 2. Modeling 'Brothers' cheerleading equipment is senior Greg Johnson. 3. Before having measurements taken, Mike Anderson and Scott Harold pay for their caps and gowns. 4. While conducting a meeting, Dave Stright points out an important issue to fellow Student Council members.



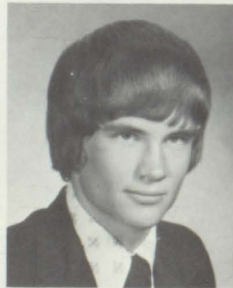
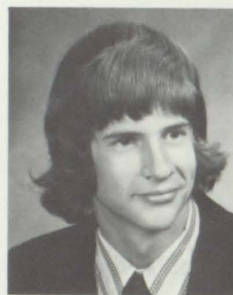


JEFFREY NELSON, Aardvarks ... 1; VICKIE NELSON, Forester ... 2; DESIREE NERUD.

KEITH NICKELSON, Breeze ... 3, Photography Editor, Prolifique ... 1; JACK NUBEL, Ski Club ... 3; SHARON OBERG, FFA ... 1, Treasurer, FLOEA ... 1.

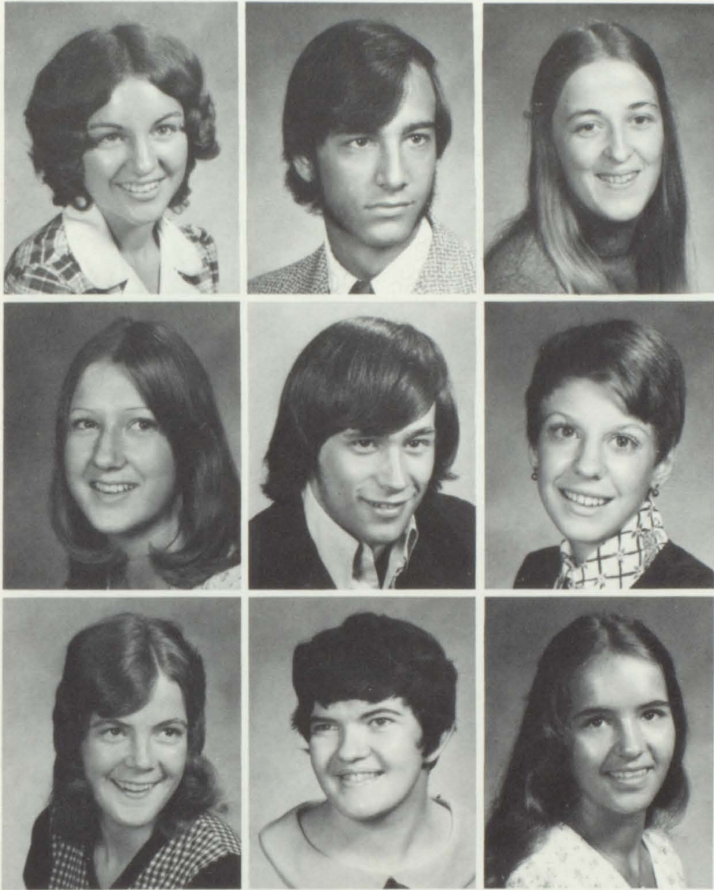
CAROL OLSEEN, Cheerleaders ... 1, Forester ... 2, Student Aides ... 2, GAA ... 1; CYNTHIA OLSON, Debate ... 1, Declamation ... 2, Drama Club ... 3, "Clown Prince of Wanderlust," "Thurber Carnival," "You're A Good Man, Charlie Brown," "Diary of Anne Frank," "Once Upon A Mattress," Forester ... 3, Ski Club ... 1, Spanish Club ... 2, Speech Choir ... 3, GAA ... 3, Girls' Tennis ... 2, Volleyball ... 1; DOUG OLSON.

SHERWIN OLSON; DAN PARENTEAU, Choir ... 3; SHARON PAYNE, Pep Club ... 2, Prolifique ... 1, Spanish Club ... 1, Senior Class Treasurer, GAA ... 3, Gymnastics ... 3.





# Energy Crisis Threatens Graduation Date



SHARON PELTIER, Band ... 3, FLOEA ... 1, President, Pep Band ... 3, Spanish Club ... 1, Girls' Tennis ... 3, Gymnastics ... 2; ALAN PEPIN; EILEEN PETERSON, Breeze ... 3, French Club ... 2, GAA ... 3, Sophomore Representative, Vice-President, Girls' Basketball ... 2, Volleyball ... 2.

JOAN PETERSON; CRAIG POFF; JODY PREISLER.

TERRY PRICE, GAA ... 1, Gymnastics ... 1, Transfer from Anoka High School; BECKY J. PROULX, Girls' Chorus ... 2; JANET PROULX, Breeze ... 1, Choir ... 1, Declamation ... 2, "Once Upon A Mattress," Forester ... 1, Girls' Chorus ... 1, Ski Club ... 1, Speech Choir ... 1, Student Aides ... 1, Student Council ... 2, GAA ... 2.



1. Jeff Winiecki enjoys one of the popular school lunches, the chicken dinner. 2. As two spectators look on, Debbie Hamilton and Grace Herman volley for the point in a game of pingpong. 3. Striking with the gavel for order, Brothers Dave Clifford and Mike Sahlin introduce another skit at Skit Night. 4. Mr. Elvehjem instructs Scott Templeton on the mechanics of snowmobile repair.



# Seniors Prepare for Careers in F.L.O.E.A.

SCOTT PROULX, Ski Club ... 3, Hockey ... 1; LINDA S. QUAMMEN, Choir ... 1, Girls' Chorus ... 1, Ski Club ... 3, Speech Choir ... 1, GAA ... 1, Gymnastics ... 3, Majorette ... 3; WAYNE RADDEN, Basketball ... 3.



NANCY RANTANEN, Band ... 3, "Once Upon A Mattress," Pep Band ... 3; ERIC RASMUSSEN, Football ... 3, Band ... 1, Lettermen's Club ... 2, Ski Club ... 2, Track ... 3; DANA REDFIELD, Choir ... 2, Vice-President, Debate ... 3, Drama Club ... 2, Prolifique ... 1, Speech Choir ... 1, Homecoming King, Junior Class Secretary, "Thurber Carnival," "Once Upon A Mattress," "Marriage Go Round," Football ... 1, The Brothers ... 1.



JOHN REED; JOAN REHBEIN, "Once Upon A Mattress," FLOEA ... 1, Secretary, Band ... 3; NANCY REHBEIN.







DENNIS RHODA; DEBORAH RICHERT, Ski Club ... 2, Speech Choir ... 1, Student Aides ... 3, Gymnastics ... 1; DAN RIECK.

MARY RIOPEL, FFA ... 1, FHA ... 1, French Club ... 1; WILLIAM ROEN, Baseball ... 2, Basketball ... 1, Football ... 1, Golf ... 1, Lettermen's Club ... 3, National Honor Society; DAN ROGGMANN, Wrestling ... 3.

LEEANN ROSENBERG; SYLVIA J. ROSSI, Choir ... 1, Forester ... 3, Photography Editor ... 2, Girls' Chorus ... 1, Vice-President, Prolifique ... 2, Declamation ... 2, Ski Club ... 2, Speech Choir ... 1, "Diary of Anne Frank," "Once Upon A Mattress," Junior Class President, Senior Class President; DEBBIE RUGGLES, Prolifique ... 1, Student Aides ... 2, Girls' Chorus ... 1.

PETER RUGGLES, Band ... 3, Pep Band ... 3, Debate ... 1, "Once Upon A Mattress," Basketball ... 2; JIM RUSH, Band ... 3, Pep Band ... 3, Track ... 1; DEBBIE RYAN, Girls' Chorus ... 1.

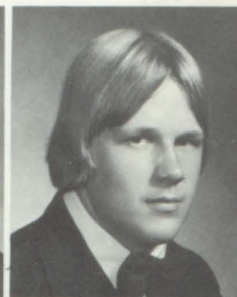


1. Senior LuAnn Meindl checks over her list of added figures for a Business Machines assignment. 2. Dawn Thompson enjoys being cheek-to-cheek with Keith Burg as they are measured for admission into the juniors' Sadie Hawkins Dance. 3. Senior Wayne Dow listens attentively to an inquiry on the ski area from underclassman Steve Stroman. 4. In order to elude a fearsome junior pass rush, senior quarterback Jan Johnson eyes her halfback for a pitchout.



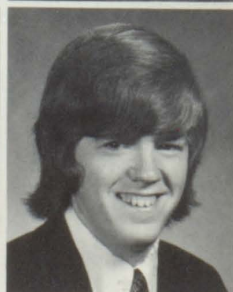
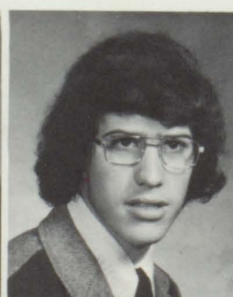
MARDI M. RYDBERG, Choir ... 3, Forester ... 1, Prolifique ... 1; KAREN RYDEEN, Choir ... 2, Horse Club ... 1, President, Student Aides ... 1; MIKE SAHLIN, Band ... 3, Pep Band ... 3, Breeze ... 1, Choir ... 1, Drama Club ... 3, "Balcony Scene," "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," Lettermen's Club ... 2, Ski Club ... 2, Speech Choir ... 2, Football ... 3, Tennis ... 1, Track ... 2, The Brothers ... 1.

TED SAHLIN, Band ... 3, Band Council President, Band Council Representative, Pep Band ... 3, "Once Upon A Mattress," Forester ... 1, Ski Club ... 2, Tennis ... 3; PATRICIA SANDAGER, FHA ... 3, President, Historian/Parliamentarian, Representative, Ski Club ... 1, GAA ... 3, Volleyball ... 2; DEBRA SANFORD, Transfer from Unity High School.



JOHN SAXE; JOEL S. SCHWALICH, FFA ... 3, Treasurer, Transfer from Osceola; MARY KAY SCHWARTZ, Forester ... 2, Pep Club ... 1, GAA ... 1, Volleyball ... 1.

KIM T. SCHWICHTENBERG; MARY SEAVER, Prolifique ... 1, Student Aides ... 2; PATRICK J. SEILER, Aardvarks ... 1, Spanish Club ... 2, Baseball ... 2, Football ... 1.





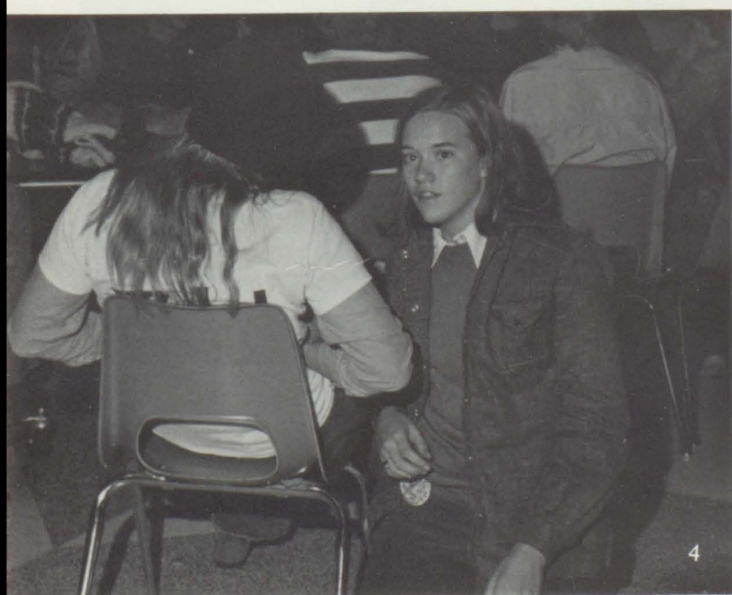
# Photos Exchanged for School Memories



VICKI SERBUS, Forester ... 1, Girls' Chorus ... 2, Secretary, Vice-President, Ski Club ... 3, Speech Choir ... 2, GAA ... 2, Gymnastics ... 3, Junior Class Vice-President; CAROL SERVATY; BONNIE SHALANDER.



ROXANNE SHALANDER; SANDRA SMITH, Band ... 3, Forester ... 2, Business Manager, GAA ... 2, National Honor Society; TIM SOMMERFELD, Baseball ... 1, Basketball ... 2.



1. Awaiting his appointment, Glenn Johnson pages through one of the pamphlets in the guidance office. 2. Junior Vicki Fast and senior Sharon Peltier stop for a lunch break during a tennis match. 3. Surrounded by their classmates' desks, Sue Lindell and Nadine Gessner are cornered in Sociology class. 4. Senior Gail Swenson listens to a friend's comments of the Powderpuff game at the Hot Dog Party. 5. As Janis Kammerer watches the preparations for the coronation, Linda Quammen attempts to break the tension of the moment.

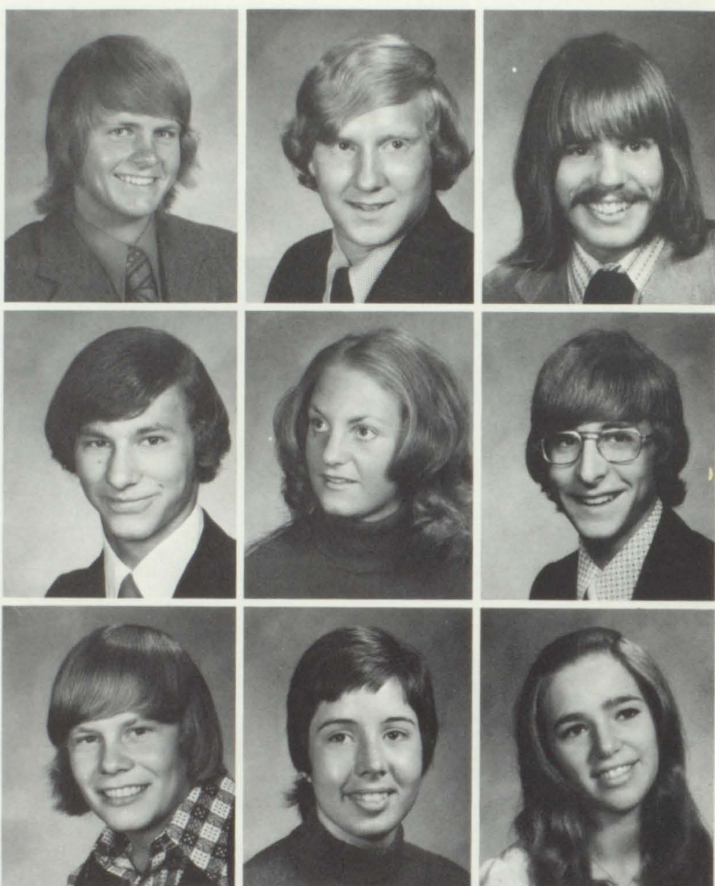


# Seniors Graduate Into Challenging Life

GARY SPETZ, Breeze ... 1, Football ... 1, Ski Club ... 3, President ... 2, Student Council ... 1, Parliamentarian, Homecoming King Candidate, Sophomore King; PAUL STAFKI, FFA ... 1, Student Aides ... 1; TERRY STOLP, Ski Club ... 2.

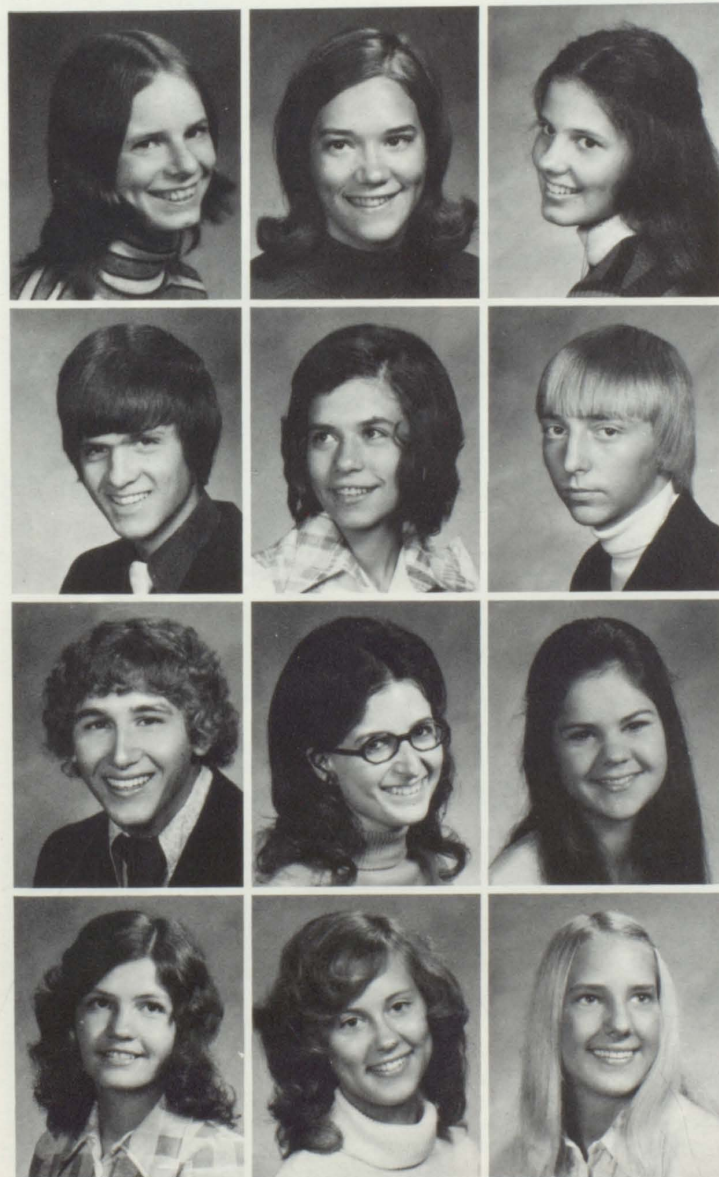
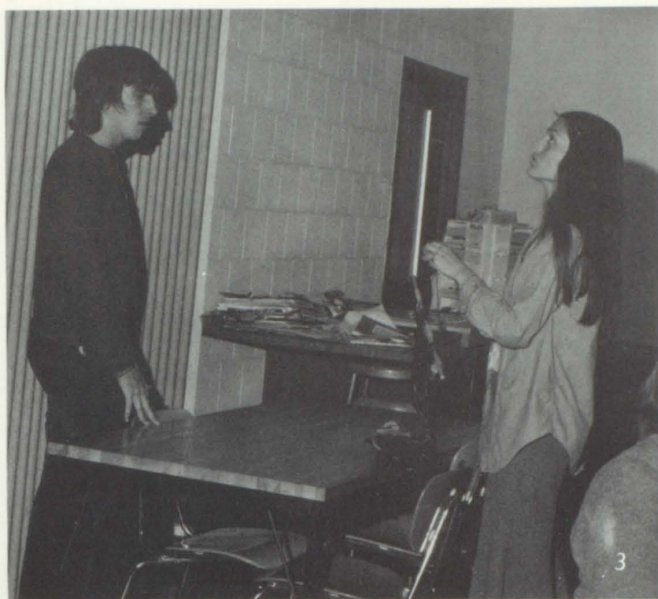
TIM STOLTZMAN, FFA ... 1; SHEILA G. STRANGLUND, Choir ... 3, President, French Club ... 2, Madrigal ... 3, Ski Club ... 2, Speech Choir ... 1, Student Council ... 2, GAA ... 2, Gymnastics ... 1, Majorette ... 2; DAVID STRIGHT, Aardvarks ... 1, Breeze ... 1, Drama Club ... 2, Forester ... 1, Student Council ... 3, President, Parliamentarian, "Diary of Anne Frank," "Once Upon A Mattress," Hockey ... 1, Student Aides ... 2, The Brothers ... 1, Boys' State Representative.

TYRONE STROMQUIST; JULIE SUMMERS, Band ... 3, Declamation ... 2, Forester ... 2, French Club ... 1, Pep Club ... 3, President, Secretary/Treasurer, Representative, Ski Club ... 1, Speech Choir ... 1, Gymnastics ... 1; MARLENE SWANSON, Student Aides ... 2, "Balcony Scene."



1. After a grueling first half, the Girls' Basketball team receives an encouraging pep talk from their coach. 2. LuAnn Gustafson portrays one of the Doublemint Twins while singing a spirit-raising song about the Rangers during Homecoming Skit Night. 3. As Ms. Sonnen looks for a spot to place an art hanging, Terry Johnson waits to help. 4. Showing artistic flair, Dave Muellner applies glaze to a ceramic piece before firing.





BRENDA SWEIGARD; GAIL SWENSON, Forester ... 3, Efficiency Expert, GAA ... 3, Girls' Basketball ... 2, Volleyball ... 2, National Honor Society; MICHELLE SWENSON, Breeze ... 2, French Club ... 2, Ski Club ... 2, Speech Choir ... 3, GAA ... 3, Volleyball ... 2.

DANNY TAGG, Transfer from Centennial High School; LAUREEN TAYLOR, Band ... 1, Forester ... 2, Concessions Manager, Girls' Chorus ... 1, Student Aides ... 3, GAA ... 1; SCOTT TEMPLETON, Aardvarks ... 1, Ski Club ... 1.

BILL TESSIER, Lettermen's Club ... 2, Football ... 3, Wrestling ... 3, Tri-Captain, Homecoming King Candidate, Sophomore King Candidate; AUDREY WEIR THOMPSON, Student Aides ... 2; DAWN R. THOMPSON, Band ... 3, Pep Band ... 3, Student Aides ... 1.

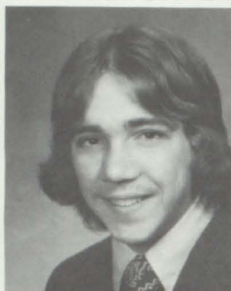
MARY THURNBECK, Breeze ... 3, Choir ... 3, Speech Choir ... 2, "Clown Prince of Wanderlust;" BECKY TOLZMANN, Band ... 3, Forester ... 2, Layout Editor, Pep Band ... 2, Pep Club ... 2, Prolifique ... 2, Ski Club ... 2, Speech Choir ... 1, GAA ... 1, Gymnastics ... 1; MARY TORNELL, Breeze ... 2, Sports Editor, Forester ... 1, French Club ... 1, Pep Club ... 2, Speech Choir ... 1, GAA ... 3, Senior Class Vice-President.



LAURIE TREPANIER, Cheerleaders ... 1, Choir ... 2, Drama Club ... 1, Madrigal ... 2, Speech Choir ... 2, Gymnastics ... 3, "Once Upon A Mattress;" JOE TROMBLEY, Aardvarks ... 1, Lettermen's Club ... 2, Baseball ... 1; JAN TUOMINEN, French Club ... 1, Ski Club ... 1, Majorette ... 2.



SHERYL URMAN; MARK VANDERBOSCH, Basketball ... 1, Football ... 1, Transfer from Lake Orion, Michigan; VICKI VAN LINDER, Forester ... 3, Ski Club ... 2, Spanish Club ... 3, Student Aides ... 1, "Clown Prince of Wanderlust," "Diary of Anne Frank," "Once Upon A Mattress," "Marriage Go Round," "Thurber Carnival," "You're A Good Man, Charlie Brown," Drama Club ... 3.



MARK VOGEL, Band ... 3, Pep Band ... 3.



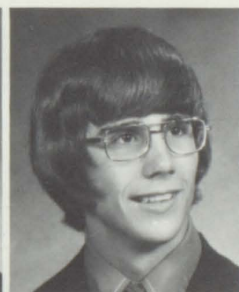
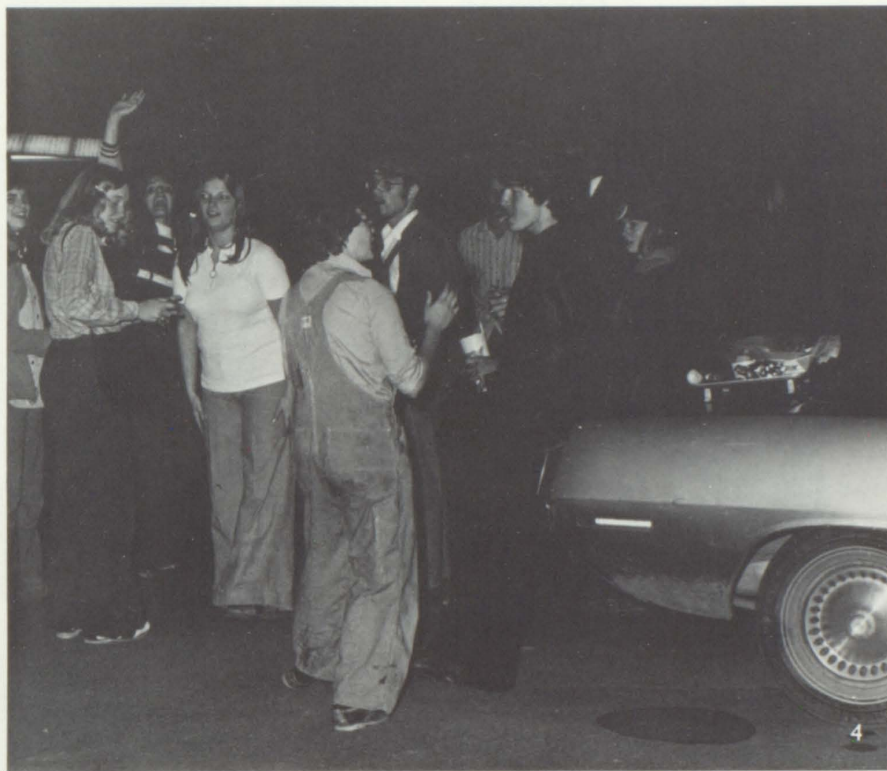
KATHY WALDOCH, Breeze ... 1, Forester ... 3, Assistant Photography Editor ... 2, Pep Club ... 1, Prolifique ... 2, Ski Club ... 3, Secretary, Speech Choir ... 1, Student Aides ... 1, Student Council ... 3, Secretary, "Once Upon A Mattress," GAA ... 1.



1. Joy Guertin performs her fire baton twirling act to the song "Lover" during the Homecoming Halftime Show. 2. Enacting one of his many duties at Standard Oil, Jeff Mattson fills a customer's tank with a smile. 3. Initiates Bruce Linz and Gary Crete pay the price of becoming lettermen with a romantic slow dance. 4. After Homecoming Skit Night activities, many seniors enjoy themselves with refreshments at the A & W.



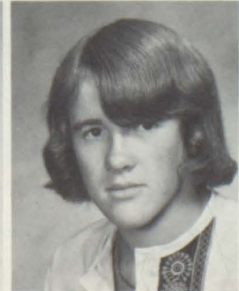
# " . . . Every Tomorrow a Vision of Hope."



MARY WALLER, Band . . . 3, Debate . . . 1, Forester . . . 2, Pep Band . . . 2, National Honor Society, GAA . . . 3, Gymnastics . . . 3; LINDA WALLRAFF, Girls' Chorus, FHA . . . 1, Prolifique . . . 1, Speech Choir . . . 1; MIKE WELCH, Breeze . . . 2, Debate . . . 1, Lettermen's Club . . . 2, Vice-President, Ski Club . . . 1, Student Council . . . 1, Baseball . . . 3, Football . . . 3, Wrestling . . . 3.



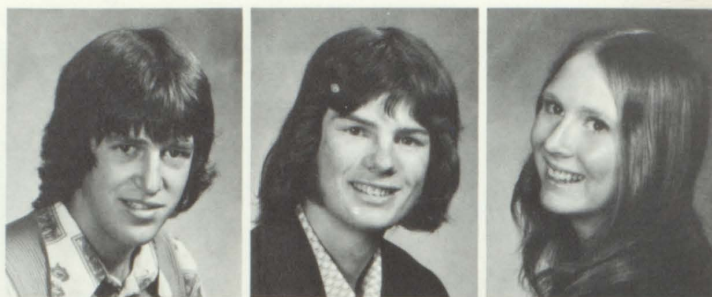
DENISE WENZEL, Speech Choir . . . 1, Student Aides . . . 1; DEBBIE WESTLUND, Student Aides . . . 1; LAURA WETJEN, Transfer from Souderton Area High School, Souderton, Pennsylvania.



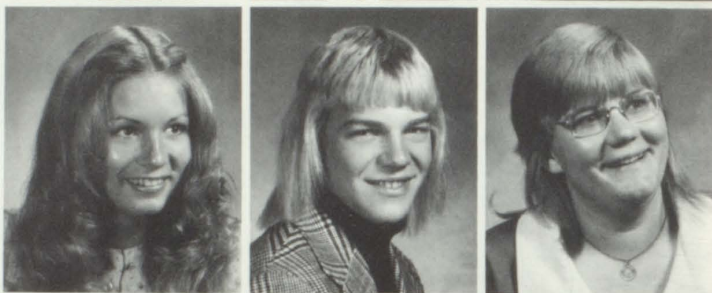
MILES WHEATON, Band . . . 2, FFA . . . 3, Pep Band . . . 2; THOMAS WILLCOXEN, Ski Club . . . 3; ALAN WILLIAMS, Transfer from South St. Paul.



JEFF WINIECKI, Wrestling ... 1; RICHARD WITTWER, Basketball ... 3, Football ... 2; KAREN WOLNER.



CINDY WORTMAN; BILL WUNDERLICH; CHERI ZAUDTKE, Student Aides ... 1.



PAT ZECHES, Forester ... 2; MARY ZELESCHNAK, Drama Club ... 1, Forester ... 2, Girls' Chorus ... 1, Student Aides ... 2, "You're A Good Man, Charlie Brown," GAA ... 3; TOM ZELLER.



## Camera Shy

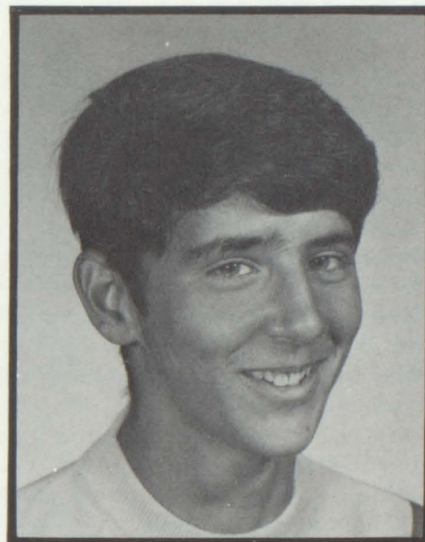
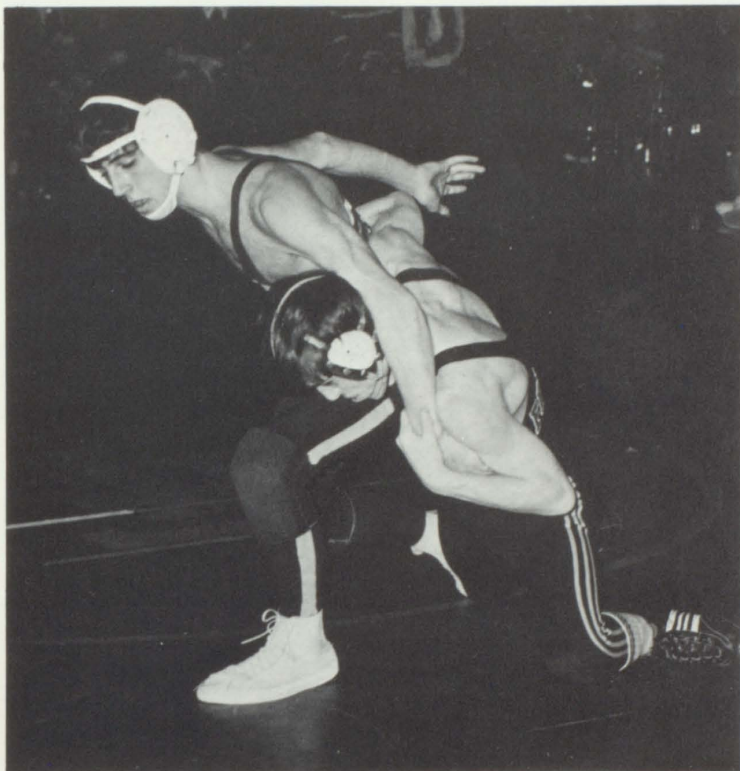
DANIEL ANTONSEN  
 RICK BARREN  
 ROBERT BOYER  
 PETER CHEESEBROUGH  
 CAROL COBB  
 DAN CUMBEE  
 LESTER DAHN  
 BRUCE DRESEL  
 FRED DUMIRE  
 JOHN ERICKSON  
 JANIS FORSLAD  
 KRISTI HASELTINE  
 GRACE HERMAN  
 SHARON JOHNSON  
 KENNETH KELLOGG  
 DUANE LAPPE  
 JEFFREY LINNERTHOOTH  
 THOMAS LONGTIN  
 STEVEN MALECEK  
 KEVIN MOEN  
 MERLIN OLSON  
 SCOT PALMATEER  
 DAVID PETERSON  
 JOHN POPHAM  
 THOMAS PUCHALSKI  
 RANDALL SAARI  
 MARK SCHNEIDER  
 JEFFREY SEWELL  
 JUDITH SHOL  
 ELISE WAHLBERG  
 ROBIN WEEDA  
 DAN WEEKS  
 DONALD WIEZYCKI



1. Newly crowned, Queen Mary Moen still sobs in disbelief as the Homecoming Queen Candidates and majorettes offer congratulations.

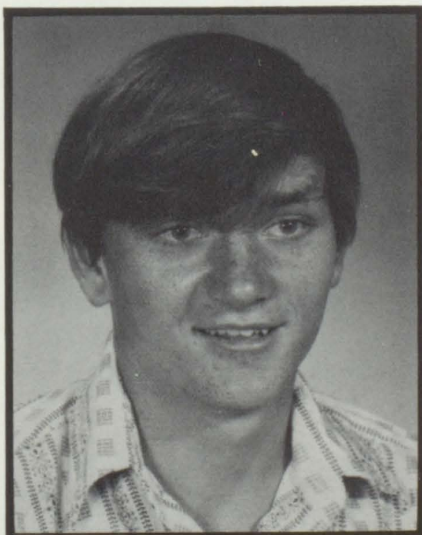


# In Memory of Jeffrey LaCasse And Willard Gillespie



JEFFREY PAUL LACASSE  
(July 4, 1956 — January 29, 1972)

Although Jeff was small in size, he was big in heart. His whimsical sense of humor made him a friend to all his fellow classmates. Actively involved in school, Jeff's favorite sport in which he excelled was wrestling.



WILLARD GENE GILLESPIE  
(December 29, 1955 — January 18, 1973)

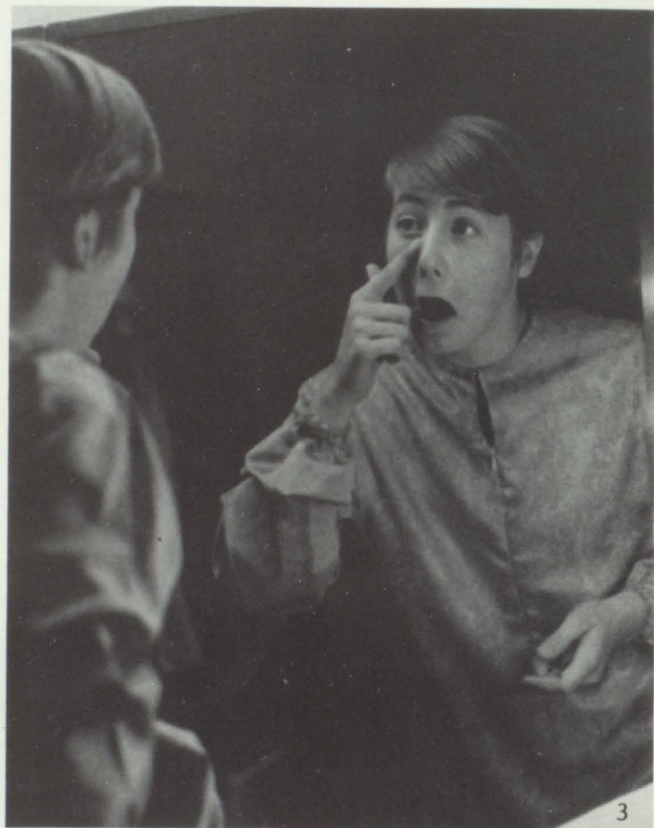
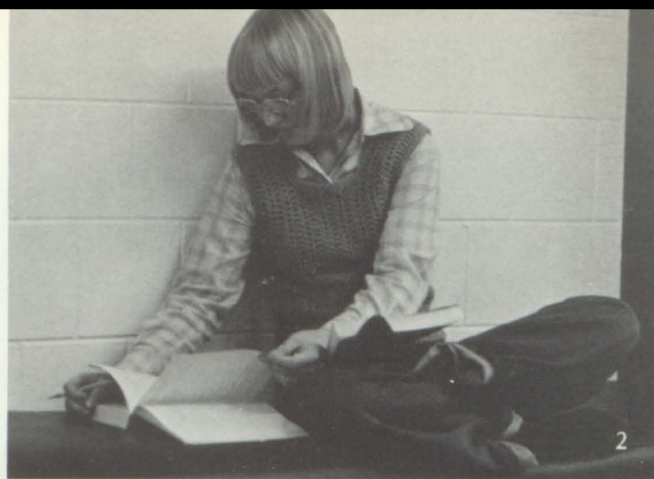
With his clownish and outgoing disposition, Willie always recognized the fun in life. His friends enjoyed being with him because of the laughter he brought them. Willie's hobbies included hunting, baseball, and chess.





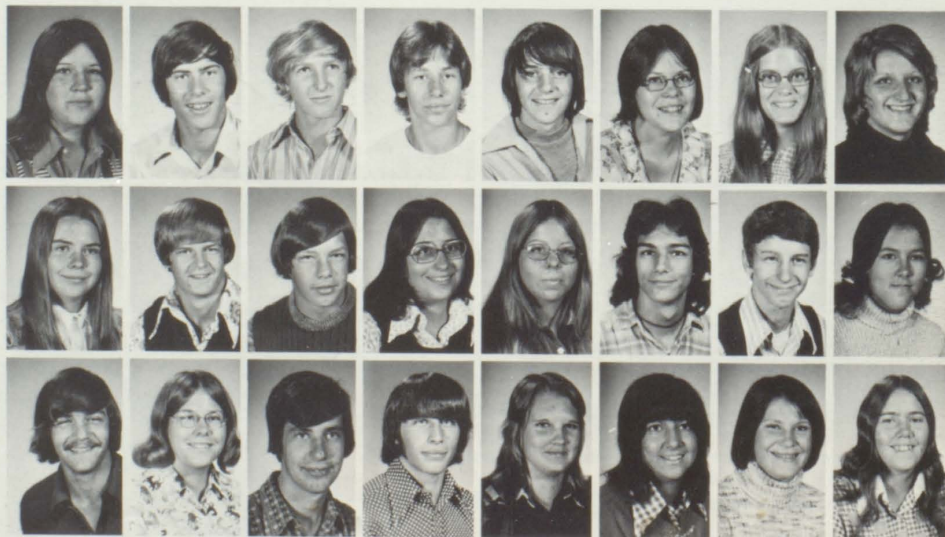
# Dogpatch Royalties Are Kathy & Randy

Juniors participated in many special activities that took much forethought and skill in organization. One of these was the choice and purchase of a class ring. Sports, especially football, involved much of the class of '75. A 3-day lettermen's initiation tested the ability of many junior boys to withstand embarrassment and ridicule. Decorating, ticket and refreshment committees created a successful Sadie Hawkins Dance on November 9, where Dogpatch Queen Kathy Banta and King Randy Gestson were crowned. Not all activities juniors participated in were enjoyable; Iowa Basics, PSAT/NMSQT, and MSAT tests were taken. Furthermore, the driver's license test was a common cause of anxiety and excitement. During the spring, middleclassmen undertook to make Prom '74 a memorable occasion. In the midst of all the school's events, juniors were kept active.



Kathy Ableman  
Randy Abress  
John Allan  
John Anderson  
Kevin Anderson  
Sue Anderson  
Susan M. Anderson  
Valerie Anderson

Janet Arendt  
Richard Ashbach  
Thomas Bakke  
Kathy Banta  
Kathryn Barnes  
Thomas Barott  
Scott Barren  
Carol Baxter  
Mike Beck  
Betty Bender  
Nathan Benoy  
Blake Benson  
Cheryl Benson  
Sue Berens  
Kris Berggren  
Sandra Berglund







Steve Berven  
John Bishop  
Linda Blackbird  
Bill Blackledge



Robert Blaeser  
Bob Boehm  
Liane Boehm  
Thomas Boesel



Julie Booren  
Mark Boyd  
Cheryl Boyes  
Jill Briggs



Andrew Brooke  
David Brown  
Vicki Bruder  
Anthony Buhl



John Bush  
Jess Buske  
Gail Buys  
Kenneth Cakebread



Carla Carlson  
Paul Carlson  
Jody Carpenter  
Cynthia Carstens



Lancey Cheesebrough  
Kim Chenoweth  
Richard Christensen  
Cynthia Cochran



Lynn Craig  
Rebecca Crum  
Cindy Dahlin  
Tim Dailey

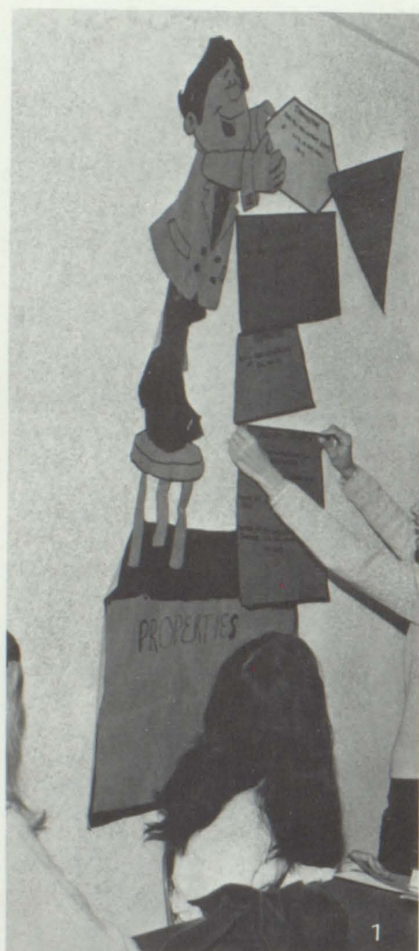


Barb Damchik  
Cindy Daninger  
Margaret Daninger  
Jeffrey Davis

1. Juniors Kevin Lichtscheidl and Phyllis Marier labor over the Iowa Basics Test in the comfortable seats of the auditorium. 2. Taking advantage of her spare time, Laurie Liljenberg looks over her textbook before the beginning of a class. 3. Roger Peterson applies his makeup in preparation for a production of "Once Upon A Mattress." 4. As Cindy Lindquist holds the ladder, Cindy Daninger tapes decorations for the Sadie Hawkins Dance. 5. Heidi Johnson jovially ponders whether she should continue eating her foot-long hotdog.



# Juniors Bow to Seniors On Slave Day



Wendy Deerly  
Donna Demarais  
Teresa Dent  
Pat Dervie  
Cindy Dickson  
Mary Dolan  
Larry Donaghue  
Jane Donovan  
Debbie Dorn  
Gerry DuBay  
Douglas Dumire  
Kermit Edstrom  
Karen Ellertson  
Sue Ensrud  
Kenny Erickson  
Gale Erkenbrack  
Carol Ermatinger  
Janet Faber  
Dan Faltisek  
Vicki Fast  
Mark Faymoville  
John Fedje  
Robert Fischer  
Laurie Flaherty  
Scott Flaherty  
Debbie Florhaug  
Larry Frandle  
Dan Franta  
Leo Frost  
Karen Gaughan  
Don Gerlach  
Norman Gessler







Randy Gestson  
Joyce Gibson  
Joann Gillespie  
Becky Glassel  
Joe Glaubitz  
Jeri Goff  
Dan Goiffon  
Cindy Good

Dawn Goodell  
Mark Goodrich  
Lois Goss



Heidi Gottwaldt  
Nancy Granger  
Thomas Grindberg



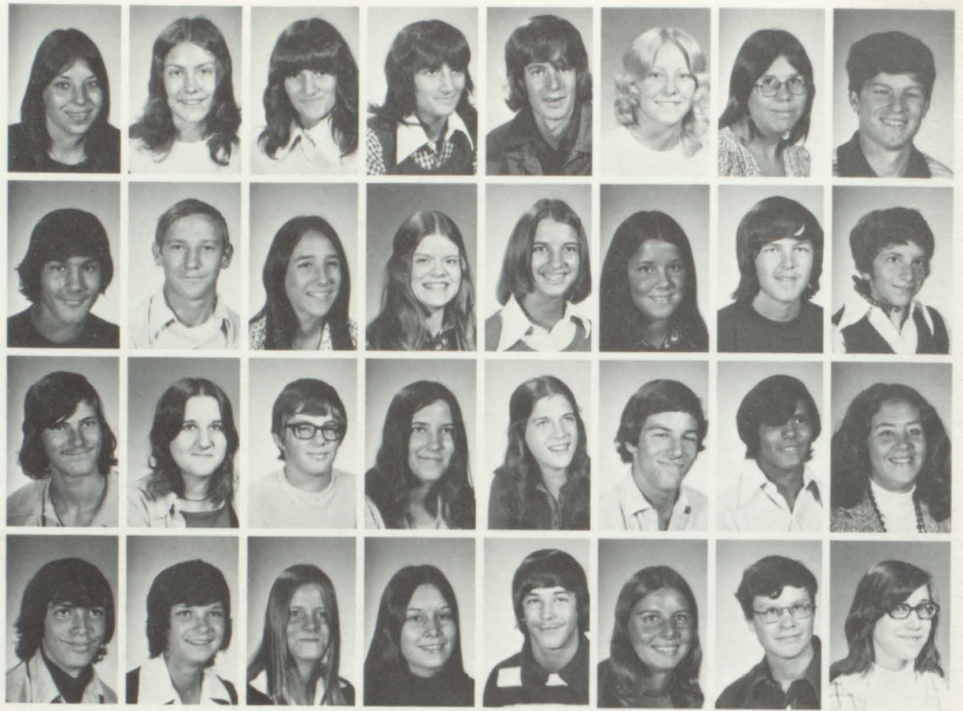
Susan Grothe  
Randy Grubbs  
Audrey Gruber



1. Mary Dolan assists in the Open House decorations by making a visual display of math properties. 2. As other cast members hurl varied expressions at the camera, Liane Boehm poses in her role as Lady Merrill. 3. During a Home Economics class Claudine Wojtowicz clearly shows that cleaning up can still be done with one hand. 4. While standing on a ledge in front of a University of Minnesota building, Michele Johnson, Donna Trombley and Jody Polzin amuse themselves between journalism sessions. 5. Perplexed by her figures on an adding machine is junior Donna Demarais.



Chris Gulasch  
 Barbara Gunderson  
 Laurie Gustafson  
 Linda Gustafson  
 Jeff Hagen  
 Christa Hahn  
 Joni Hahn  
 Richard Halvorson  
 Jim Hamilton  
 Michael Hamlin  
 Sue Hanley  
 Lorna Hansen  
 Maren Hansen  
 Julie Hanson  
 Roger Hanson  
 Maureen Harley  
 Tom Harrer  
 Annette Harvey  
 John Hastings  
 Kathy Havens  
 Marilyn Hazelton  
 Jeffrey Heath  
 James Herman  
 Sandy Hess  
 Geoff Hibbison  
 Kim Hoekstra  
 Ellen Holzschuh  
 Laura Houle  
 Dan House  
 Laurie Hughes  
 Tim Husnik  
 Debra Hyatt

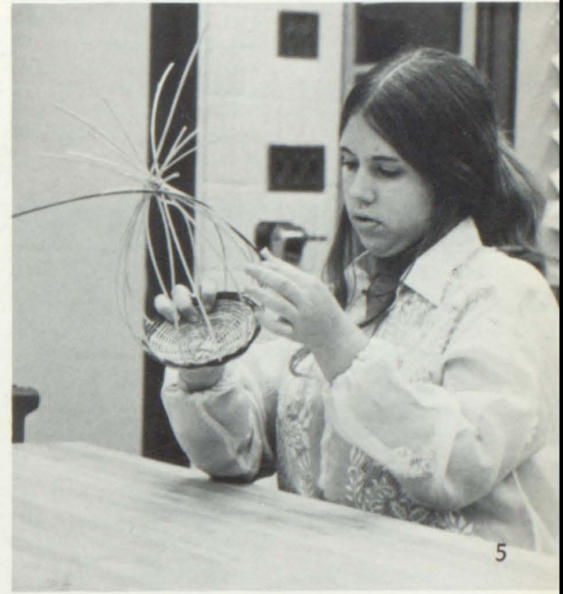
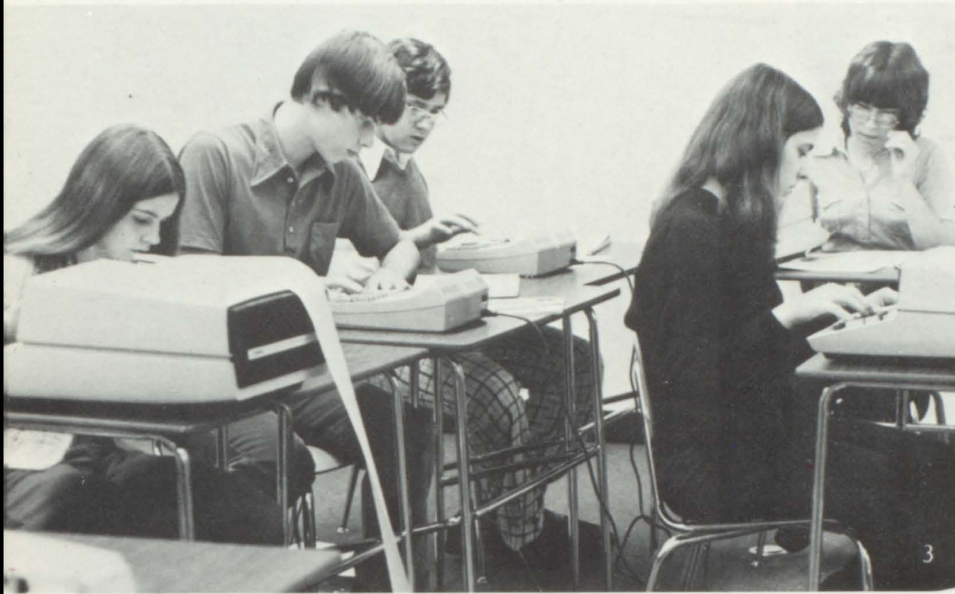


1. Kim Chenowith works with determination as she prepares a project for tie-dying in art. 2. Making decorations for Sadie Hawkins are juniors Lynn Craig, Kathy Kroska, Betty Bender and Lynn Nelson. 3. Learning through experience, students practice math problems on electronic calculators for a business class. 4. Speaking from an expert's standpoint, Lettermen's initiate Dave Jones shouts, "This is where initiates belong!" 5. Laura Tholkes adds originality to her art project by varying the color scheme on her basket.





# Successful Sadie Sponsored by Juniors



Howard Immel  
Dave Jacobs  
Joni Jarrett  
Angelica Jensen

Steve Joachim  
Rhonda Johanson  
Anne Johnson  
Chris Johnson

Doreen Johnson  
Gayle Johnson  
Heidi Johnson  
Jean Johnson

Kim Johnson  
Lynn Johnson  
Michele Johnson  
Richard Johnson

Wendy Johnson  
Denise Jolly  
David Jones  
Roseann Jones

Dave Jury  
Floyd Kalberg  
Peter Karwoski  
Chris Kirchoff  
Karen Knight  
Therese Korf  
Kim Kosman  
Richard Krech





# Juniors Survive Without Mantoux Tests

Kathy Kroska  
 Martin Krueger  
 Don Kunshier  
 Linda Kunshier  
 Pam LaBelle  
 Linda LaCasse  
 Ron Lane  
 Lorna Larson  
 Mark Larson  
 Terry Lee  
 Sandra Lehner  
 Denise Lewis  
 Kevin Lichtscheidl  
 Lori Lichtscheidl  
 Debbie Lien  
 Laurie Liljenberg  
 Cindy Lindquist  
 Bruce Linz  
 Leni Jo Loehr  
 Ted Longley  
 Martin Longsdorf  
 Mary Longtin  
 Janet Lovejoy  
 Cheryl Lundberg  
 Robin Lundberg  
 Terri Lundeen  
 Cindy Maas  
 Denise Mackey  
 Gary Maki  
 Mike Marciniak  
 Phyllis Marier  
 Renee Martinson







1. During Phy. Ed., junior girls roughhouse while playing speedball. 2. Joe Sam grimaces while going through another ordeal of Lettermen's initiation week. 3. Carol Ermatinger, Lorna Larson, and Cheryl Benson cast worried looks as hopes for a junior victory in the Powderpuff game grow dim. 4. While Julie Hanson follows through with her shot, her shuffleboard partner Carol Baxter starts collecting discs. 5. Cecilia Riopel savors a few moments of solitude before moving on to another class. 6. Juniors Jane Donovan, Joni Summers and Karen Rolseth model their new cheerleading outfits.

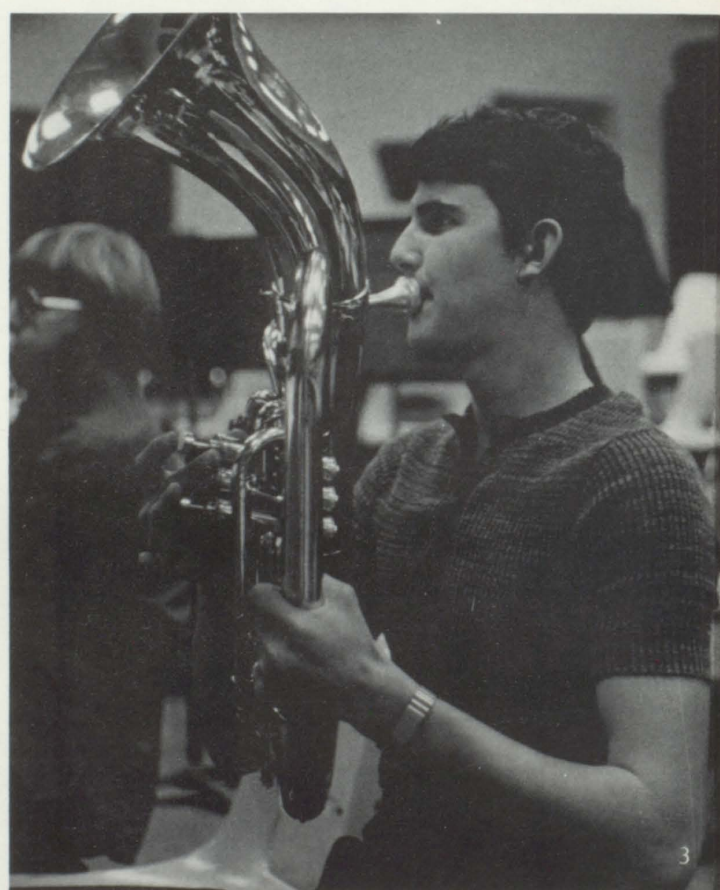


Mike Masso  
Dan McConnell  
Mike McNeal  
Marianne Meister  
Barb Mickelsen  
Larry Milligan  
Krista Moen  
Will Montzka  
Jim Moore  
Mike Morello  
Rosanna Mottaz  
Diane Motzko  
Lynn Muellner  
Doug Mulcahy  
Bruce Neff  
Brad Nelson  
Debbie Nelson  
Eugene Nelson  
Kandy Nelson  
Kevin Nelson  
Lynn Nelson  
Bob Nelson  
Lori Nutter  
David Ocker  
Sheryl Olsen  
Cindy Olson  
Colleen Olson  
Judy Olson  
Steven A. Olson  
Steven L. Olson  
Dave Palme  
Monica Pareigat



# New Style Widens Class Ring Choices

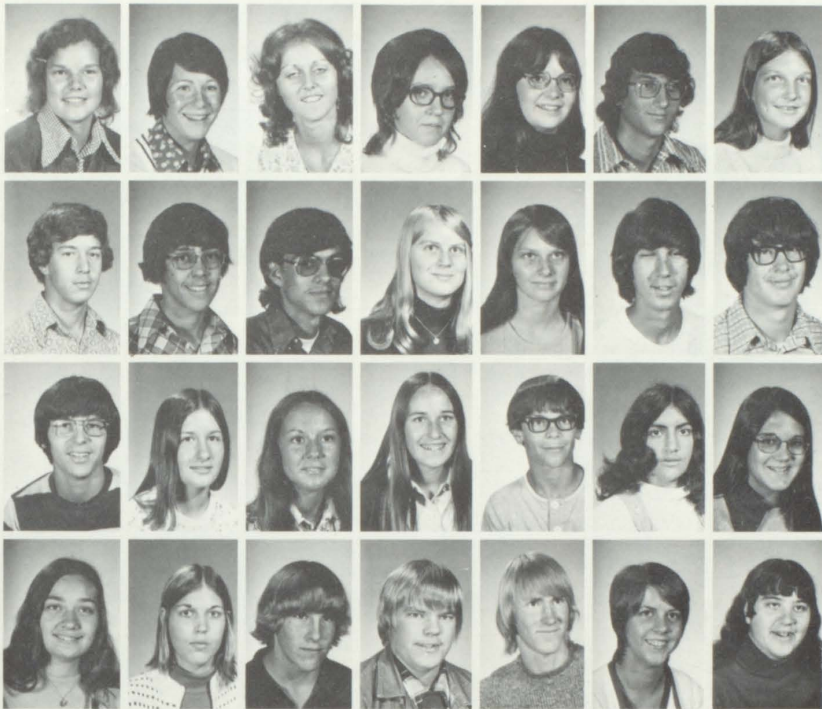
Rick Patrin  
Shelley Patterson  
Janice Paulsrud  
Lori Pearson  
Tim Peek  
Joyce Peltier  
Sandra Peltier  
Suzanne Peltier  
Steve Pennison  
Michael Perrault  
Lori Peters  
John Petersen  
Connie Peterson  
Roger Peterson  
Kathi Philippi  
Julianne Pohl



Jodi Polzin  
Denise Puro  
Jesse Preiner  
Anne Ramaley  
David Rameden  
Diane Ramsden  
Marvin Rehbein  
Linda Rhoda  
Merry Richards  
Bonnie Riebe  
David Rife  
Carol Rinke  
Cecilia Riopel  
Jerald Riopel  
Cynthia Risnes  
Mary Roberts





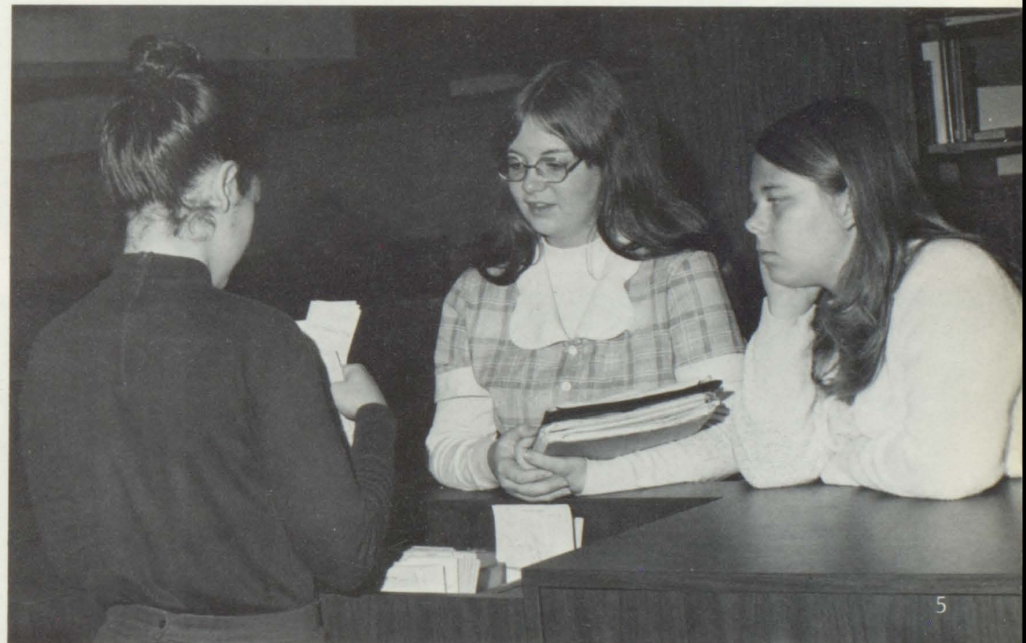


Pam Robertson  
Karen Rolseth  
LeeAnn Rousselow  
Jeanne Rowe  
Kathy Ruggles  
Craig Rylander  
Julie Salverda

Joe Sam  
Walter Sanford  
James Saraw  
Delores Saunders  
Eileen Saunders  
Jim Sausen  
Mike Sausen

Mike Schaab  
Colleen Schafer  
Leah Schatvet  
Cindy Schlaeger  
Ron Schleicher  
Lynnette Schloer  
Mary Schneider

Sue Schreiber  
Tam Schwichtenberg  
Bob Score  
Jim Segelstrom  
Daryl Seim  
Teri Serbus  
Mary Shepard



1. As initiate Dan McConnell applies the "FL" symbol to his plaque, initiate John Stright allows the paint on his plaque to dry. 2. Reviewing the minutes of a previous meeting are junior student council members Laura Houle, Pam Robertson and Kim Hoekstra. 3. Jesse Preiner watches the beat set by the conductor, in a band rehearsal. 4. Looking over the selection of class rings are juniors Lynn Craig and Steve Stroman. 5. Cathy Ruggles and Karen Ellertson wait patiently as a library helper searches for a card. 6. Kevin Sternberg looks up warily as Roger Peterson and Dave Rameden carry on a lively discussion in the library.





Beth Sieben  
Harold Simbeck  
Larold Simbeck



Lynda Smith  
Tom Sommerfeld  
Danette Sorg



Scott Sparrow  
Chris Steely  
Patricia Stephens



Kevin Sternberg  
Bradley Stevens  
Jeff Stoffels



Mark Strand  
Teri Strand  
John Stright





# Class of '75 Takes PSAT-NMSQT Oct. 27



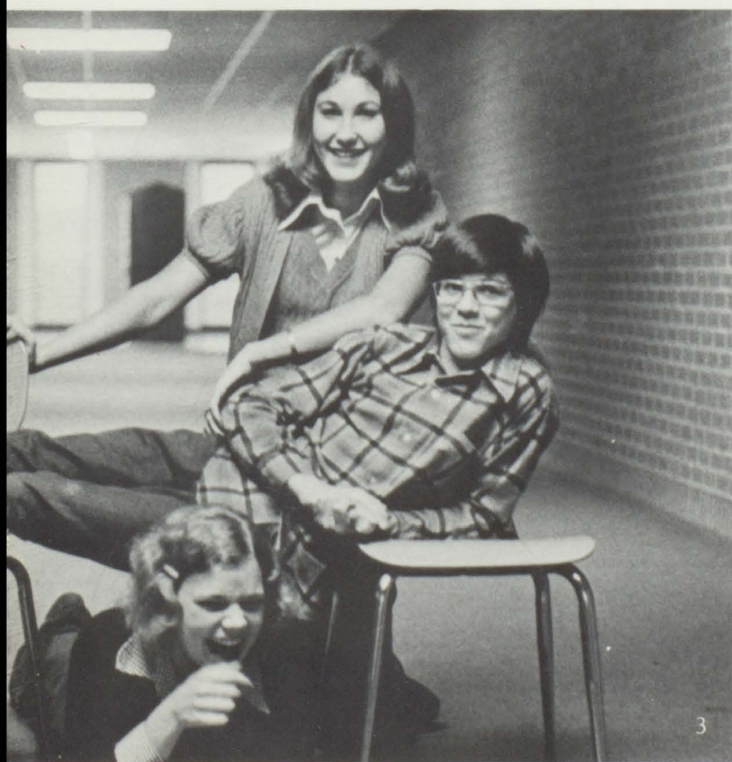
Sue Struble  
Joni Summers  
John Svec  
Randy Swanson  
Thecla Swanson  
Duane Swartz  
Debbie Swenson  
Cindy Tasler

Jane Taurman  
Dan Taylor  
Gordy Tennis  
Phil Tetrault  
Laura Tholkes  
Burt Thomas  
Cindy Thomas  
Gene Thomas

Rene Thompson  
Cheryl Thoreson  
Luanne Timm  
Terry Tolzmann  
Donna Trombley  
Bob Trombley  
Brad Vadner  
Pam Veness

Bruce Vierkandt  
Nathanjel Vitalis  
Lori von Behren  
Shonda Wagner  
Mona Wallace  
Gordy Weiss  
Daniel Westlund  
Cindy Williams

Joy Winberg  
Jeanine Winiecki  
Dan Winnick  
Scott Witkop  
Bruce Wolfbauer  
Michael Wyandt  
Sandra Wynn  
Dean Zeiher



1. While junior girls plan their strategy for the second half of the Powderpuff Game, Gail Buys exhibits a positive attitude. 2. Lettermen's Initiate Blake Benson proposes to an embarrassed Karla Brungardt during lunch. 3. JUNIOR CLASS OFFICERS: Lynn Nelson, Treasurer; Pam Robertson, Vice-President; Gail Johnson, Secretary; John Stright, President. 4. Joined by a friend, Denise Mackey and Karen Gaughan lounge against the usually male-occupied wall.



# Sophomores Show The "Spirit of '76"

As the two halves merged together to form one sophomore class, old friendships were renewed and new ones made. Numbering 428, the largest class spilled into FLHS, kept a wary eye on the examples of upperclassmen and struggled to be heard above them at pepfests. Eager to become involved, the sophomores quickly joined many organizations and were active at Homecoming in the Powderpuff Halftime Show. Seventeen of the twenty newly-chosen pompon girls were sophomores. The Whiff and the one-act play, "Plaza Suite," prepared students for future work in journalism and the theatre. Coronation of the first sophomore royalty took place during the Sophomore Sweetheart Dance in February. Accepting the responsibilities offered in various classes and activities, sophomores built their futures as upperclassmen.



Jeffrey Aadland  
Peggy Ahlm  
Janet Allan  
Rebecca Allquist  
Dan Alsaker  
Carroll Anderson  
Cheryl Anderson  
Karen Anderson  
Karen L. Anderson  
Mark Anderson  
Mindy Anderson  
Patricia Anderson  
Paula Anderson  
Randall Anderson  
Scott Anderson  
Naomi Andresen  
Pam Atkins  
Robin Audorff



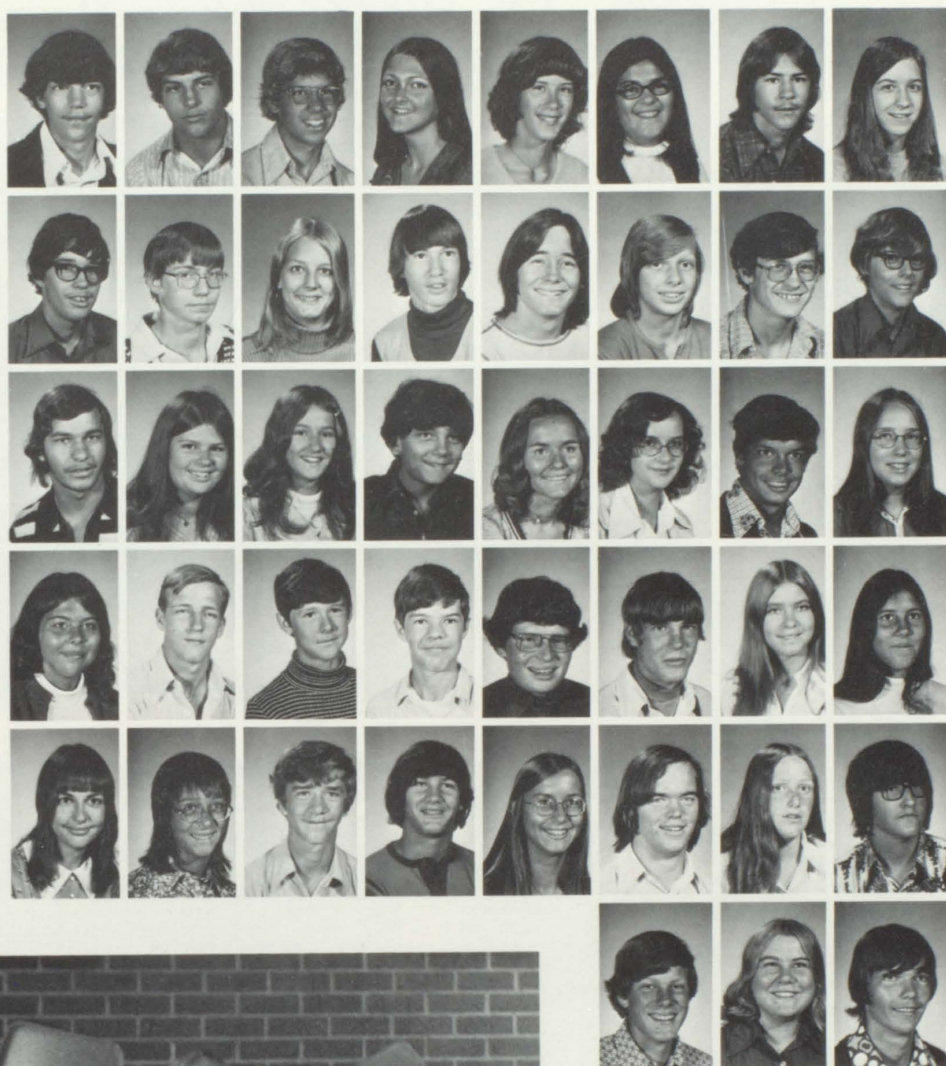
Allen Austad  
Randy Avery



Denise Baber  
Cathy Bahnemann







Mike Balfanz  
 Mark Balzart  
 Dave Banta  
 Wadeen Baribeau  
 Susan Barrott  
 Lornell Bathurst  
 Robert Bathurst  
 Lori Beattie  
 Mark Beattie  
 Bart Beckman  
 Mary Jo Belschner  
 Gary Belshaw  
 Tony Bennett  
 Randy Benson  
 Richard Berens  
 Randy Berg  
 Steve Bergeron  
 Anita Bestland  
 Annette Bestland  
 Al Bigelow  
 Becky Bjork  
 Linda Black  
 Brent Bodle  
 Joanne Boesel  
 Nancy Bowers  
 Bruce Bowman  
 David Boyer  
 Ron Boyer  
 Ronald Bradshaw  
 Ed Branum  
 Lori Jo Breneman  
 Holly Brett  
 Debbie Brisson  
 Karla Brungardt  
 Brian Burger  
 Tom Bush  
 Robin Bussey  
 Jack Cain  
 Lucinda Cardey  
 Michael Carey  
 Alan Carlson  
 Kathy Carlson  
 Tim Carlson



3



1. Judy Trombley gives a flustered look as Dave Banta recites a romantic poem to her during Lettermen's Initiation. 2. Sophomore boys do isometric routines in their Phy. Ed. class. 3. During a Lettermen's endurance test, Ron Humphrey makes the best of a bad situation with a smile. 4. At a Friday night sockhop, Sheree Knutsen demonstrates her own interpretation of the music.



# Goat Performs In Soph. Halftime Show



Kim Carpenter  
Wayne Carstens



Richard Carter  
Mike Charpentier  
Al Christensen  
John Christianson



Rita Cincoski  
Sandra Clarke  
Steve Clausen  
John Conklin



Randy Cornelius  
John Coy  
Jeff Crawford  
Joann Crumby



Mitchell Dahl  
April Dahn  
Tim Dalin  
Catherine Daninger



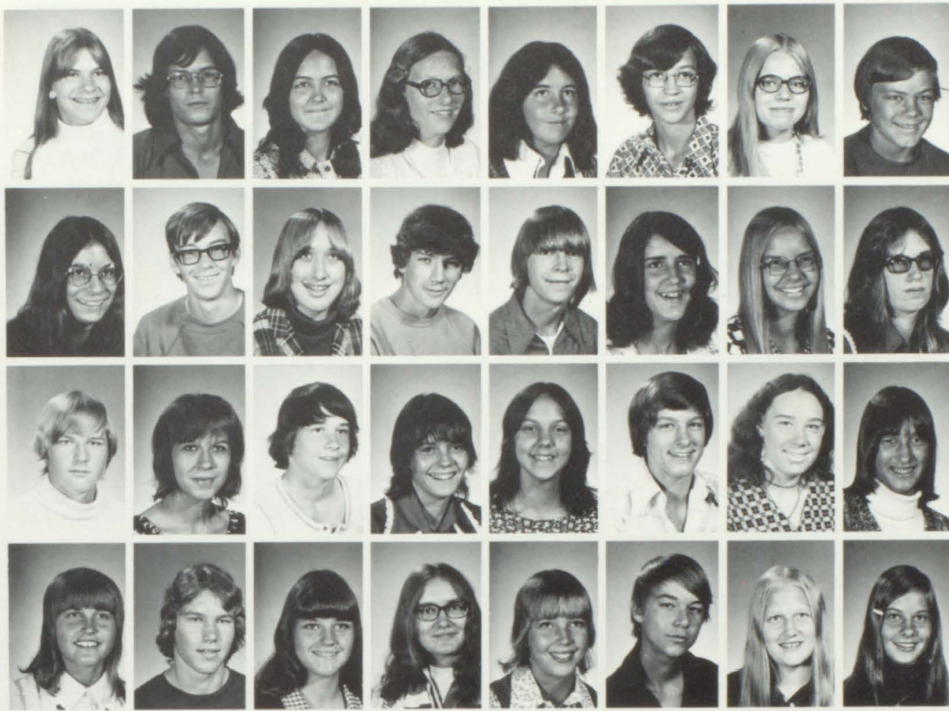
Tony Davidson  
Ken DesJardins  
Tim Dietz  
Pam Dolphy



Pat Dresel  
Denise Duncan  
Mary Effertz  
Donny Eisenhut







Susan Engstrom  
 David Erickson  
 Julie B. Erickson  
 Julie D. Erickson  
 Leigh Erickson  
 Scott Erickson  
 Sherry Ericson  
 Greg Evgen  
 Judy Faber  
 Douglas Farren  
 Lynn Ferderer  
 Kevin Finneman  
 Mike Fisher  
 Susan Fisher  
 Vicki Fladland  
 Robin Flaherty  
 Jed Flint  
 Marge Forsblad  
 John Fraley  
 Debbie Frappier  
 Connie Frost  
 Joe Gallagher  
 Debbie Gannon  
 Cindy Gatzow  
 Julie Gilbertson  
 Mike Gill  
 Laurie Gillespie  
 Theresa Goiffon  
 Diane Goodroad  
 Gary Grabinski  
 Roberta Groeneweg  
 Jan Gunderson  
 John Guslander  
 Brent Gustafson



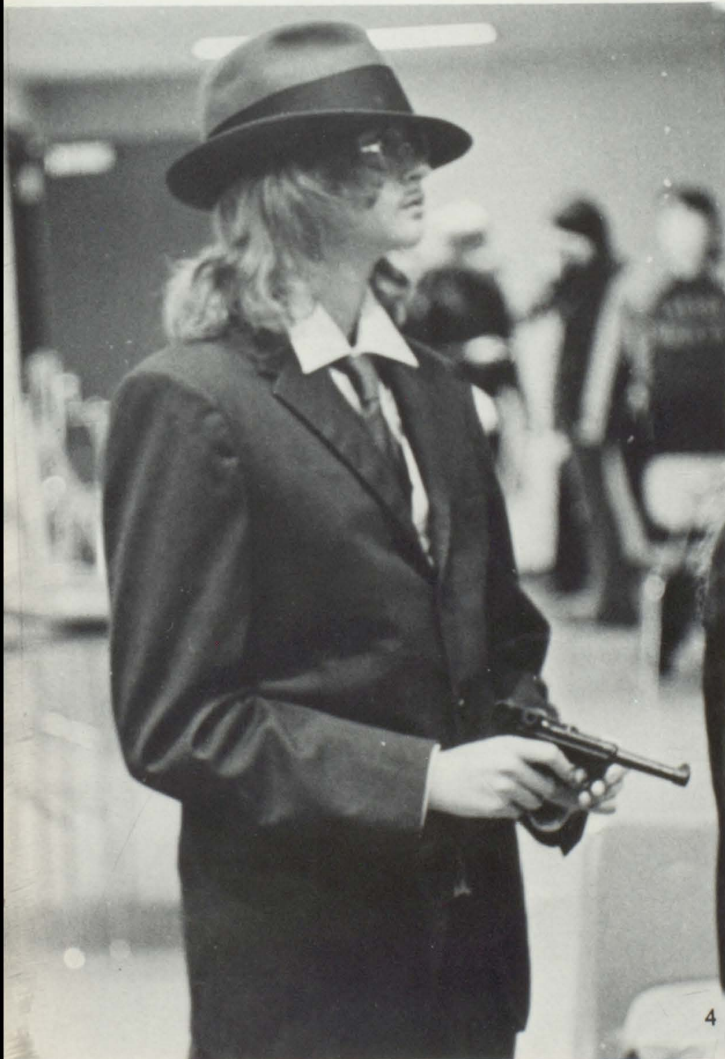
Susan Gustafson  
 Carol Hadlich



Jerome Hahn  
 Laura Hahn



Judy Halvorson  
 Warren Haluptzok



4

1. Sophomores display enthusiasm while participating in the Powderpuff Halftime Show. 2. Gary Witkop and Pat Philippi listen to Mrs. La-Tourneau as she explains a problem in Consumer Math. 3. Stepping out of the locker room, Sue Vadner smiles as she shares a snack with Wanda Liljenberg. 4. Sophomore Linda Black characterizes a gangster as she waits for the Girls' Chorus skit to start.



Ricky Hansen  
 Todd Harper  
 Mike Hart  
 Matthew Hauble  
 Don Hendee  
 Ken Hengel  
 Paul Hesla  
 Cathy Heuckendorf  
 Rick Hewson  
 Joel Hitchcock  
 Mike Hodges  
 Kevin Hoekstra  
 Mark Holl  
 Jim Hollihan  
 Dave Houle  
 Jane Houle  
 Jenny Houle  
 Diane House  
 Barbara Howder  
 Ron Humphrey  
 Lynn Hunt  
 Kim Hursh  
 Kathy Husnik  
 Kevin Husnik  
 Michelle Husnik  
 Forrest Hyatt  
 John Isaacson  
 Vuokko Isola  
 Roberta Iverson  
 Ron Iverson  
 Doug Jacobson  
 Jay Jaeger



1. Tense concentration is required as sophomores take the first of many ability tests. 2. On the first day of school, sophomores check for their homeroom numbers posted on the wall. 3. Nancy Bowers takes off her blindfold after an unusual sensitivity test in Communications 10. 4. During a pepfest, Pep Band drummers set the tempo for spirited activities. 5. With a determined effort, Don Johnson dismantles a small engine.



# Rookies Invade Senior High School Halls



Bill Jeans  
 Dennis Johnson  
 Don Johnson  
 John Johnson  
 Mitchell Johnson  
 Bonnie Johnston  
 Thomas Kaeder  
 Jim Kalsnes  
 Ed Keen  
 Diane Keller  
 Richard Keller  
 Tim Keller  
 Kerry Kellerhuis  
 David Kellogg  
 Larry Kling  
 Eva Knapp  
 Bucky Koch  
 Heidi Koester  
 Cindy Kopp  
 Gina Korf  
 Cynthia Kost  
 Don Kotchen  
 Carrie Kottke  
 Margaret Krasky  
 Lloyd Krohn  
 Kristi Kroska  
 Mark Kuefler  
 Kathy Kult  
 Gary Kunshier  
 Mike Kunshier  
 Karen Kuntz  
 Michelle L'Allier  
 Mary LaMotte  
 Randy Lanahan  
 Amalie Lange  
 Bryan Lange  
 Rodney Lange  
 Ronnie Lange  
 Ruth Lappe  
 Corriene Larson  
 Mary Larson  
 Scott LaValla  
 Denise Lavandowska  
 Tom Leach  
 Ken Leason  
 Susan Leonard  
 Todd Lewis  
 Wanda Liljenberg



# Sweethearts Swirl At Sophomore Dance



Helene Lindner  
Rita Linz  
Terri Lipp  
John Locke



Kim Lomnes  
Doreen Longsdorf  
Mary Anne Lord  
Dave Loren



Bill Lundberg  
John Lundgren  
Jean Lutz  
Katie Mack  
Cathy Mackey  
Charles Mackey  
Bonnie Mader  
Tom Maier  
Shelley Manders  
Janyce Marshall  
Jean Martin  
Pamella Mateer  
Mary Matheson  
Vicky McConnell  
Jamie McDonald  
Brian McGrath  
Dan McGrath  
Debbie McGuire  
Dave McLaughlin  
Kathy McClean  
Ralph McNeal  
George Meindl  
Terese Michaud  
Kim Miller







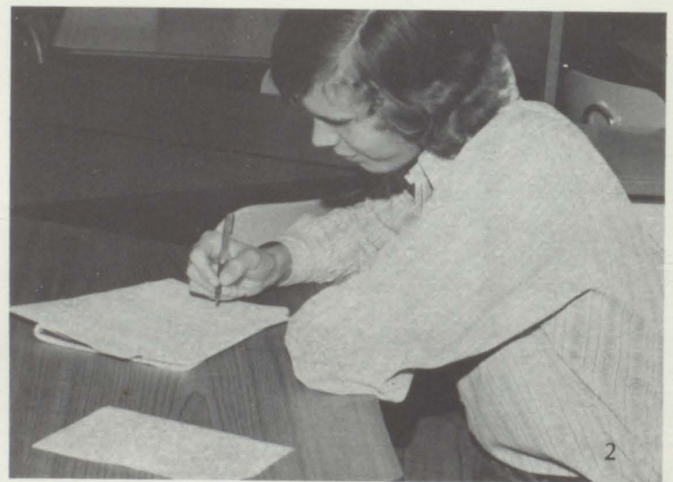
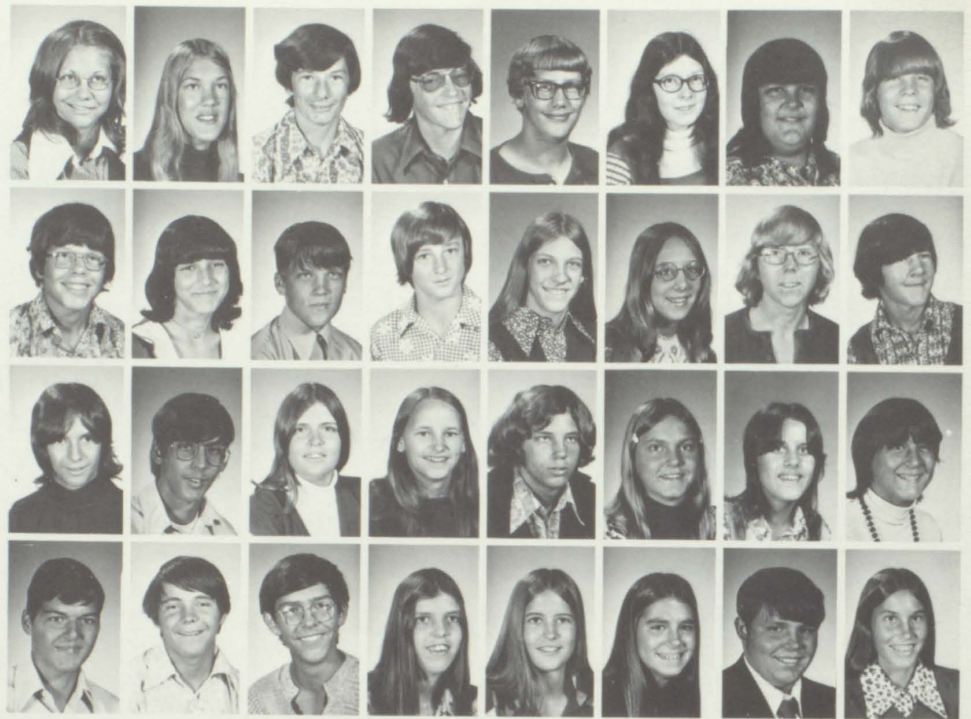
Colleen Milligan  
Curtis Moen  
Susan Moen  
Jim Monson  
Bill Moore  
Merrie Morello  
Allen Moser  
Tim Motschenbacher  
Janet Mulvihill  
Ambrose Nalewaja  
Cheryl Nelson  
Chris Nelson  
Dan Nelson  
Jim Nelson  
Richard Nelson  
Ron Nelson  
Scott Newman  
William Nicklason  
Terry Nielsen  
Joanne Niemczyk  
Mark Noblet  
Terry Noblet  
Alan Oakvik  
Mark O'Brien  
Mike Olsen  
Ken Olson  
Lee Ann Olson  
Vicki O'Neil  
Cassie Ortenblad  
Dawn Orvis  
Brenda Otteson  
Curtis Patak



1. SOPHOMORE CLASS OFFICERS: Vicki Fladland, Vice-President; Cindy Ray, Treasurer; Jan Gunderson, President; Sue Moen, Secretary. 2. Awaiting the arrival of activity buses are Terry Vitalis and Julie Gilbertson. 3. Mr. Franzen questions Cindy Rehbein and Jane Houle before issuing a library pass. 4. During lunch, Pep Club members Cathy Bahnmann and Cindy Kopp sell a booster button to junior Kim Chenoweth. 5. Playing parts in the Choir's Homecoming skit are Barb Lund, Sue Moen, Mindy Anderson and Monica Pareigat.



Carla Payne  
 Lynn Pearson  
 Steve Peek  
 Scott Peiffer  
 Carl Peikert  
 Anita Peitz  
 Carol Peloquin  
 Bill Peltier  
 Joe Peltier  
 Denise Perrault  
 Craig Peters  
 Tim Peters  
 Cathy Peterson  
 Tamara Peterson  
 Terry Petron  
 Darrell Pfaffendorf  
 Pat Philippi  
 Lloyd Pierce  
 Pat Pierce  
 Pat Poff  
 Martin Powers  
 Deanne Pratt  
 Kathy Proulx  
 Sandy Proulx  
 Mike Puchalski  
 Neil Puro  
 Dave Radeck  
 Debbie Raeder  
 Debbie Ramsden  
 Lisa Rasmussen  
 John Rasmusson  
 Cindy Ray



1. Ski buffs look over literature from Birch Park during a Ski Club meeting. 2. Tim Keller concentrates on a make-up test for his mathematics class. 3. A group of sophomore girls chat together while waiting for pompon tryouts to begin. 4. As the Minstrel, Mike Hart opens "Once Upon A Mattress" with a musical explanation of the adult-version play. 5. With their dates Dave Banta and Jeff Crawford, sophomores Rita Rehbein and Jan Gunderson relax during the 1973 Sadie Hawkins Dance.



# Sophomores Contribute 17 Pompon Girls



Shelly Redfield  
 Cindy Rehbein  
 Rita Rehbein  
 Robyn Rehbein  
 Perry Reidt  
 Pat Remitz  
 Elaine Rhoden  
 Yvonne Riihiluona  
 Tara Ristrom  
 Jim Roberts  
 Bob Roen  
 Bill Rosenberg  
 Mary Rosenbush  
 Susan Ruggles  
 Jessie Ryan  
 Roger Rydeen  
 Ande Rylander  
 Bruce Sampson  
 Rick Sandager  
 Ann Sargeant  
 Florence Saunders  
 Lynn Schaab  
 Joann Schafer  
 Janette Schloer  
 Julie Schmidt  
 Philip Schneider  
 Valerie Schrom  
 Meg Schumacher  
 Mike Schwartz  
 Betty Seaver  
 Susan Seekon  
 Brian Seiler



# Sophs 'Breeze' Through Their First 'Whiff'

Pam Seitz  
Barb Servaty  
Tom Setterholm  
Ricky Sireno  
Douglas Smith  
Bradley Snell  
James Sodergren  
Deborah Sorg

Mark Sparrow  
Lori Stafki  
Ricky Stanek  
Tamara Stanley

Kathy Stehr  
Barb Stein  
Gwen Steinhaus  
Rand Stevens

Susan Stevens  
Larry Stickney  
Steven Strand  
Cynthia Stuen

Emanuel Stuen  
Jean Sullivan  
Fran Svec  
Lisa Swan

Robin Swenson  
Julie Tagg  
Jayne Tate  
Michael Taube

Jaime Theobald  
Pamela Thiel  
Daniel Thomas  
Wendy Thomas

Paul Thomsen  
Sally Thompson  
Michael Thorp  
Julie Timm

Joellen Trombley  
Judy Trombley  
Jerry Tubbs  
Greg Underdahl







Virginia Urman  
 Joe Utecht  
 Sue Vadner  
 Wanda VanHorn  
 David Vanderbosch  
 Mary Vanderbosch  
 Jean Verner  
 Terri Vitalis  
 Susan Waddell  
 Joe Wagner  
 Alice Waller  
 Raymond Wallraff  
 Desiree Walstad  
 Candice Weinkauf  
 Barbara Weisbrod  
 Susan Weisbrod  
 Cheryl Weiss  
 Shelley Wells  
 Michael Wendel  
 Michael Wenzel  
 Steven West  
 Anita Westover  
 Annette Westover  
 Dean Wiberg  
 Marty Wicklund  
 Sheryl Wilcox  
 Dave Williams



Gary Witkop  
 Cindy Witter  
 Vicky Wolfbauer

Allen Wolfe  
 Tim Wolff  
 Tom Wright

Anita York  
 Arnold Zak  
 Rodney Zank

Tim Zastrom  
 Cynthia Zeller  
 Bob Zschokke



1. Denise Perrault displays the child-like manners of a Mahtomedi Zephyr to help the Girls' Chorus skit win first prize at Homecoming. 2. With happy thoughts of the future, Sir Harry, Dana Redfield, serenades Lady Larkin, Lisa Swan, during the fall musical. 3. With pursed lips, Cathy Mackey seems side-tracked from the opinions of fellow classmates.

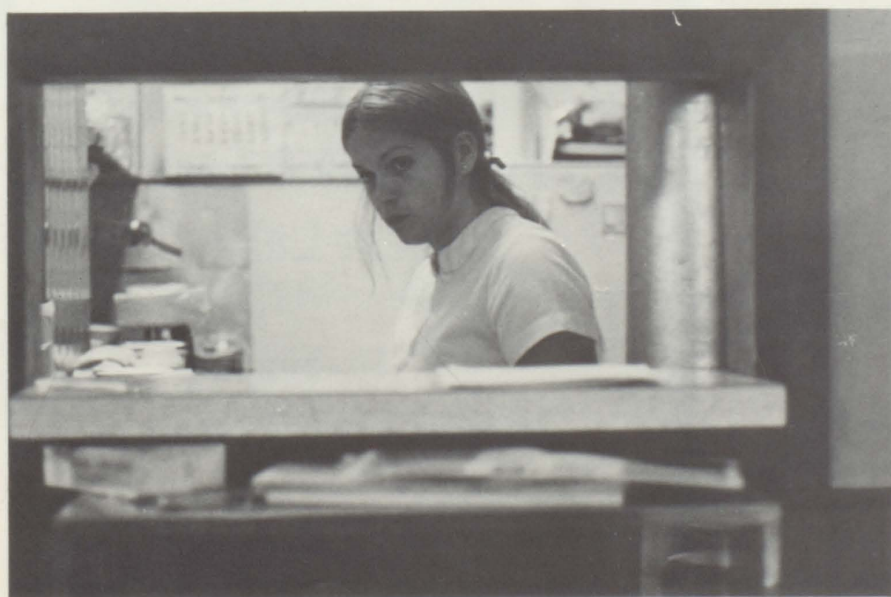


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through  
the doors  
of my life,  
taking what  
they need  
and  
giving what  
they can.  
Our moments  
were only  
seconds  
of a  
lifetime  
but so  
important  
because we  
shared  
what we  
could.  
Only a  
glimpse  
of the  
sun  
but  
enough  
to warm  
the  
heart.

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life to live fully. We must  
learn to use things and  
love people . . . not love  
things and use people."

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from Class of '75

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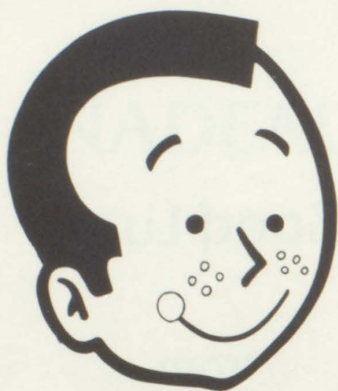
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 <b>HALLBERG</b>		
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**teenburger**

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to Class of '74



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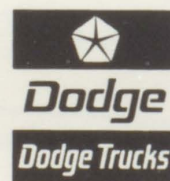
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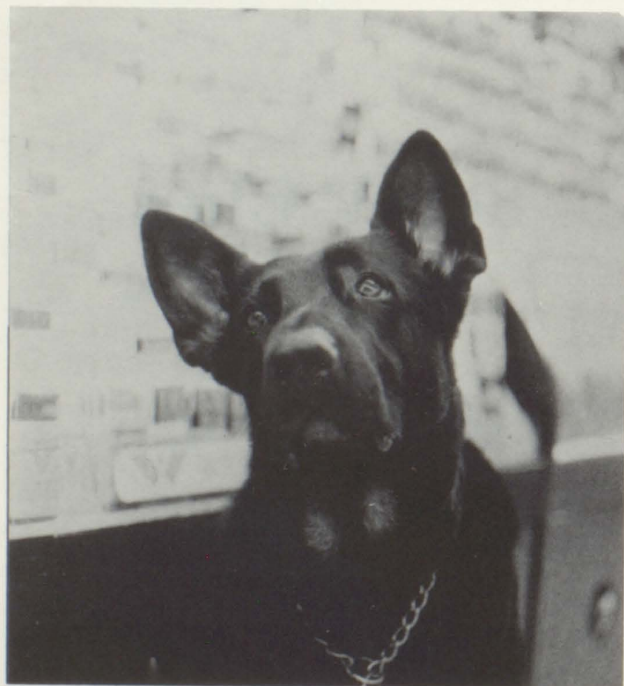
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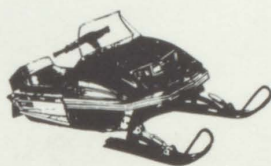
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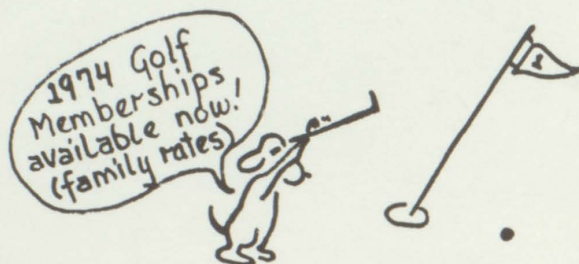
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Sylvia Sharon Eileen PAT John Cheryl Laura W. Leah  
Kimberly Sheila Lynda al Bill J.D.M.I.P. Karen Bill Jeff Jodi Tom  
Randy Tim Broce Dawn Quanner Michael A. willow-will Mary Peggy Clarence  
#Scott (Car Ball) Kenneth Rose PLANET Kathy GRUND al Joe JC Dan  
Loren Mary Kay John Scott Becky Paul Jimmy Ang Esq. Jan Tom  
Pete Nels "Obor" Dale Bill Midge Rhonda Brenda Terri Michael  
Debbie Glenn Sue Dale Bill Midge Rhonda Brenda Terri Michael  
BERGUM Scott Lorraine David David Craig Lindsay Dawn al Kim Rose  
Vicki DEB Zach al Mary Mary Sunshine Klinger Russ. Vicki Grace  
ON Gary Davis Orama Cheryl 'Take' Willi Vicki Grace  
Tina Cheryl Carol Denise Jan Kathy Rick Barb Joy Randy  
Paul Sue Keith Turkey Dan Gloria Kim Kim  
Dave Lee Andrew Dick Krunch Sonnie  
Mike Steve Malech man  
Dana (Brothers) Duane Paul Craig Longley  
T.J. Andy CAROL LAWRENCE Charlene CHOUDE  
"Short" Sharon STAKES Flipper Waldoctski  
Laurie SPARKS Jimmys Laurie Cigo. Kathy  
Zeche Buzz WOFFER TWEETER Mary BETH Irene Knapp Br. Paul 'Gork' W  
'Mere' Bonnie Deb



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Harry & Madonna Hughes

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INTERSTATE LUMBER COMPANY  
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Class of '74  
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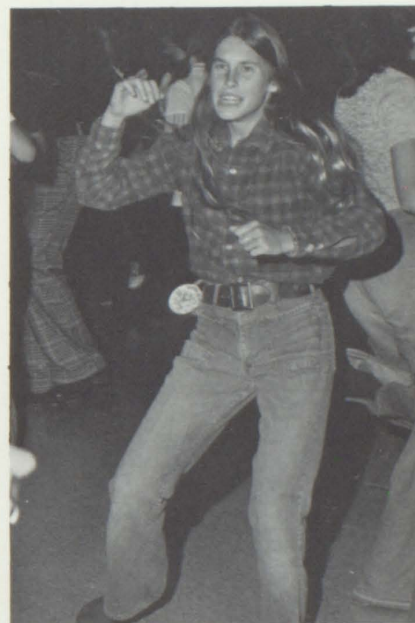


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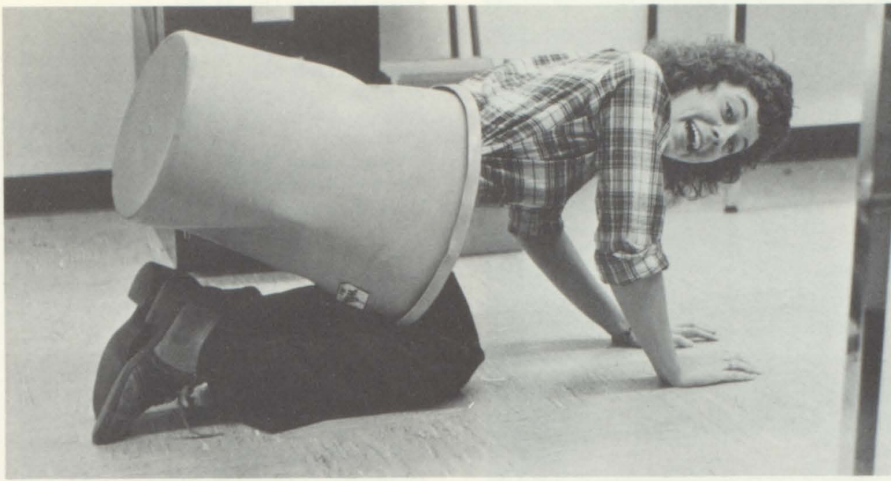
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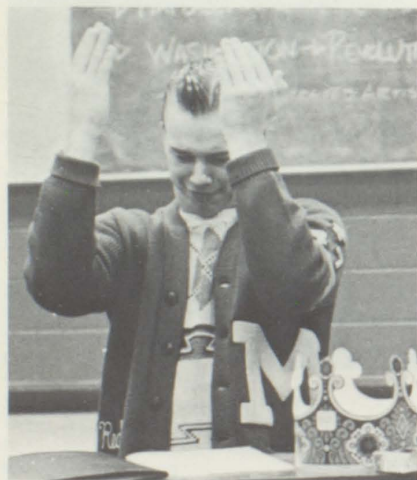


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"Brothers and sisters, repent your evil ways and be called to salvation!"

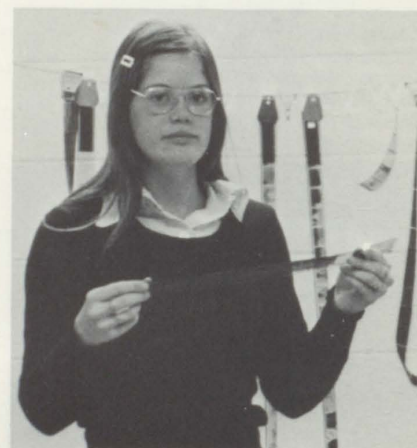
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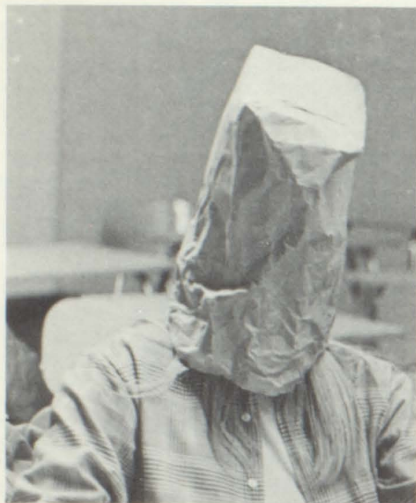
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"Isn't anyone going to listen to me?"



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As the fourth deadline concludes, we say good-bye to 1 o'clock mornings, greasy burgers and hunts for warmer rooms. The book was budgeted by a hard-working staff trying to complete their ads by this Friday ... next Monday ... Friday at the latest! Becky and the layout staff found "much" delight in erasing their ideas after the photographers couldn't find pictures to fit. Food caused much fighting as we created lotteries for remaining donuts. Club crackers, squeeze cheese and oranges kept our appetites to a minimum. Friday nights caused problems with dances and games as we tried getting through the auditorium. Each deadline gave us a new song to listen to on our radio: "Top of the World," "Good-bye Yellow Brick Road" and "Space Cowboy."

This is 'The Way We Were': shoes on the ceiling ... hiding the keys ... with dances and games as we tried getting through the auditorium.

This is 'The Way We Were': shoes on the ceiling ... hiding the keys ... sleeping in cupboards ... Mr. B. vacuuming ... slow motion falls ... seal imitations ... Janet's diet book, compliments of Mick and Ted ... magnets ... Kim's car not starting at 1 a.m. ... guffaw guffaw ... "How many layouts do I have to do this deadline?" ... dinner-time jokes ... Jesse's big white hat ... Jan's expressions ... Becky's blanket ride ... jokes about Mr. B's cap ... the frogs ... Mona and Sylvester — "Eeep" ... the T-shirt at the University ... "Mr. B. won't like it." ... the bride of Frankenstein ... "Those overalls are the most horrible things I've ever seen." ... Kim parking at Augsburg ... "really love your peaches wanna shake your tree" ... Rob Roys ... Sylvia's narrated picture sequence ... Jesse and Ted's puns ... the arch ... Mr. B. lighting the match ... Mick, before and after ... Turn the radio off once and for all! ...

Although many hours were spent just goofing around, the remaining hours were spent producing a good yearbook. We acknowledge Mr. Johnson for the time he gave taking pictures. Special thanks to Mr. Bernauer for having patience when we were in good moods, for letting us use his apartment when it was too cold at school, for being our personal delivery boy when we got hungry, and for being one of us. But, most of all, we thank you, the students, for being what you are. We keep our memories and leave you the 1974 Forester.



The best of life is good communication,  
and the greatest success is perfect under-  
standing between sincere people.





