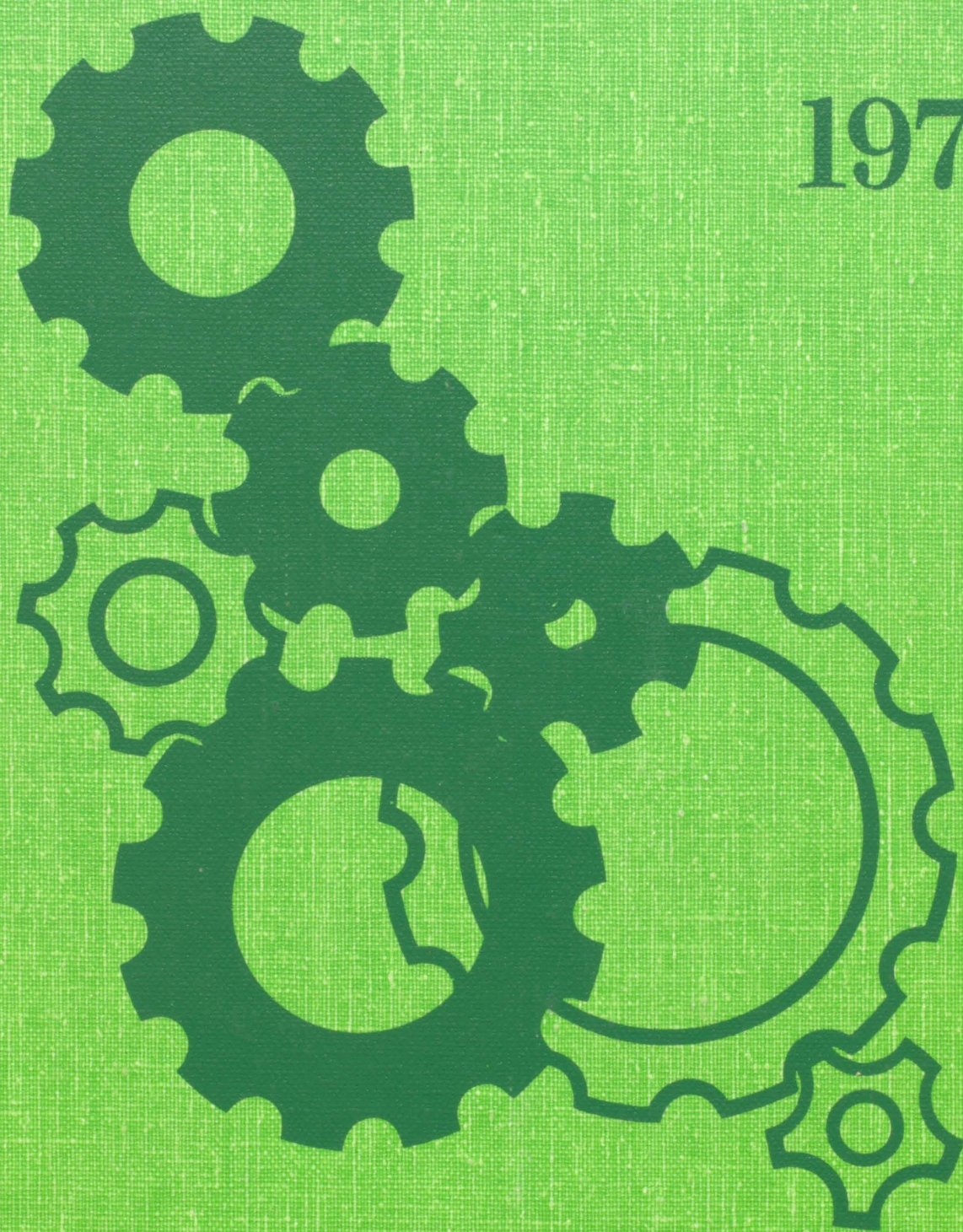
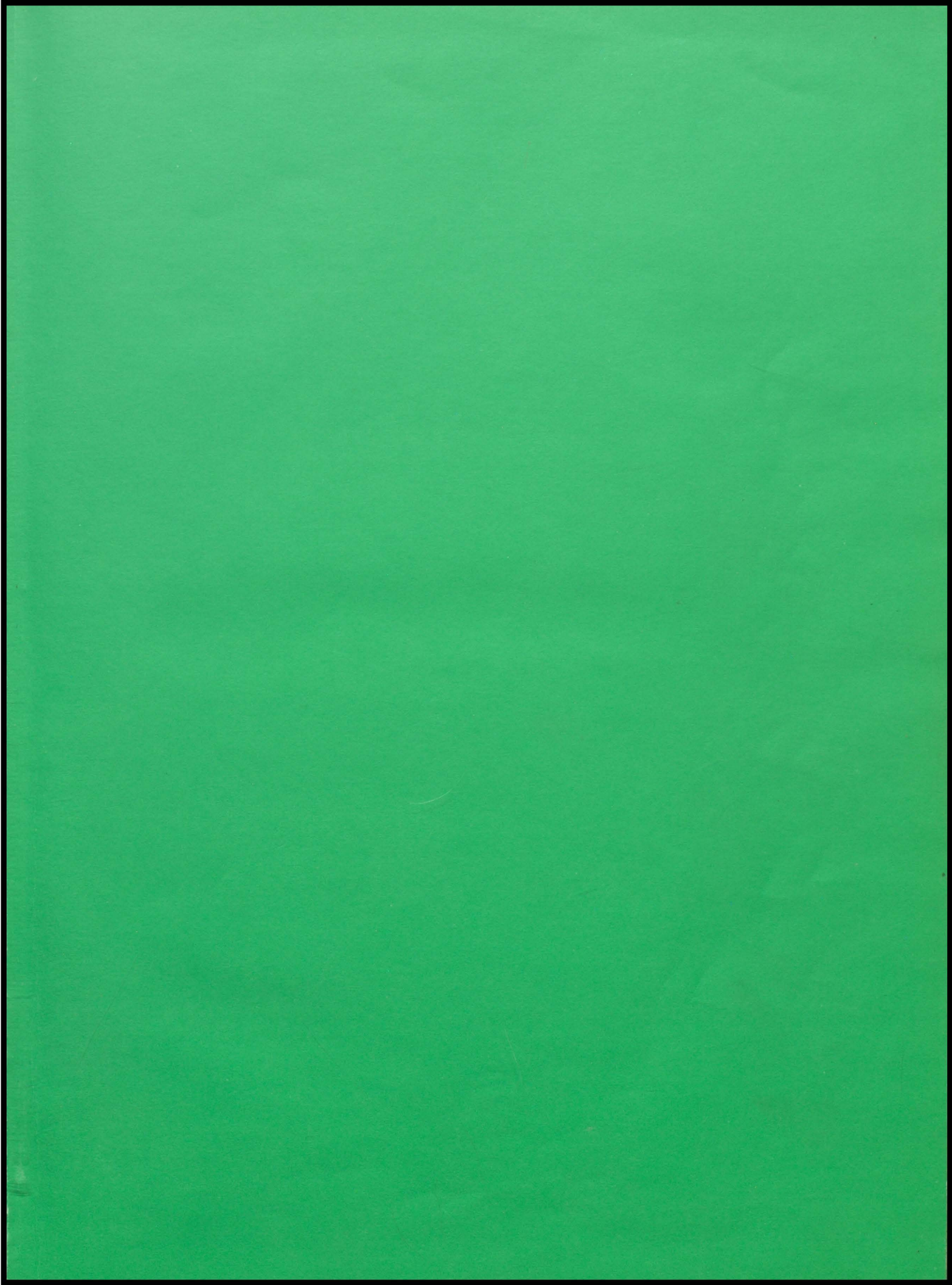


1970



FORESTER





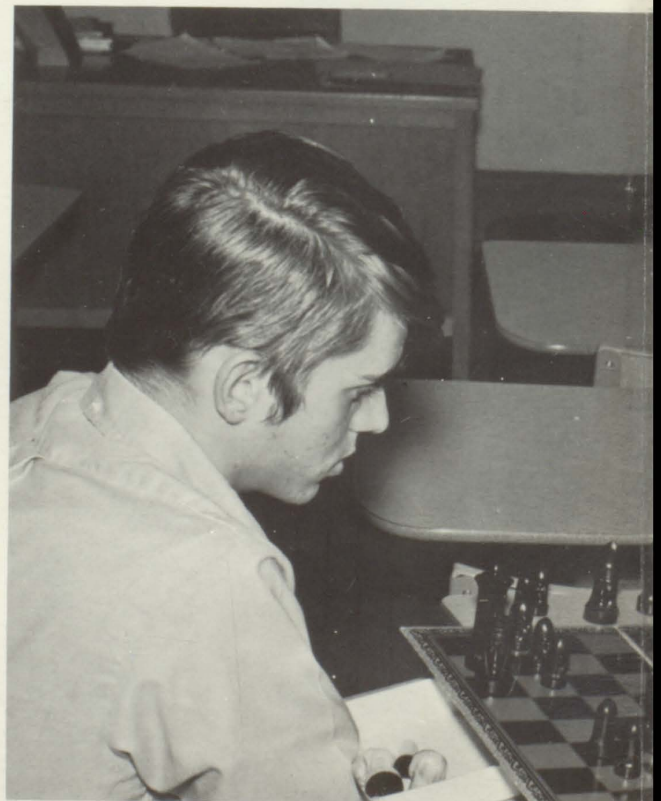
THE UNIVERSITY OF CHICAGO
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1970

FORESTER

FOREST LAKE HIGH SCHOOL
FOREST LAKE, MINNESOTA
VOLUME 32

WE STRIVE TO BE INDIVIDUALS ...



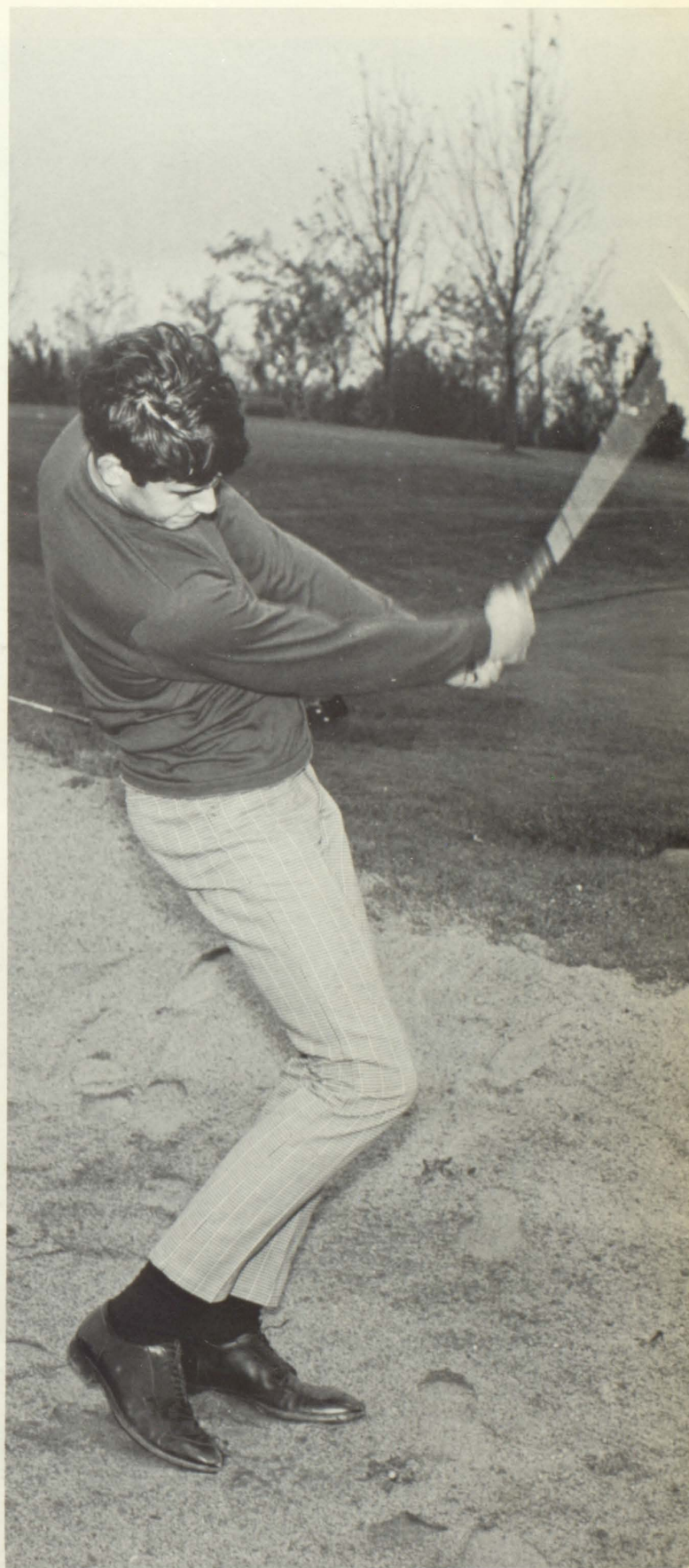
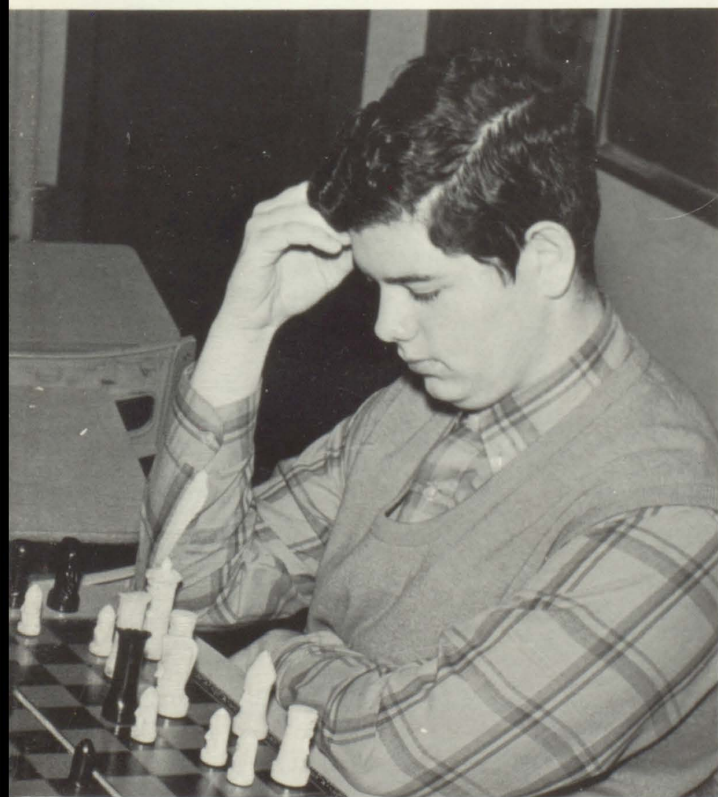
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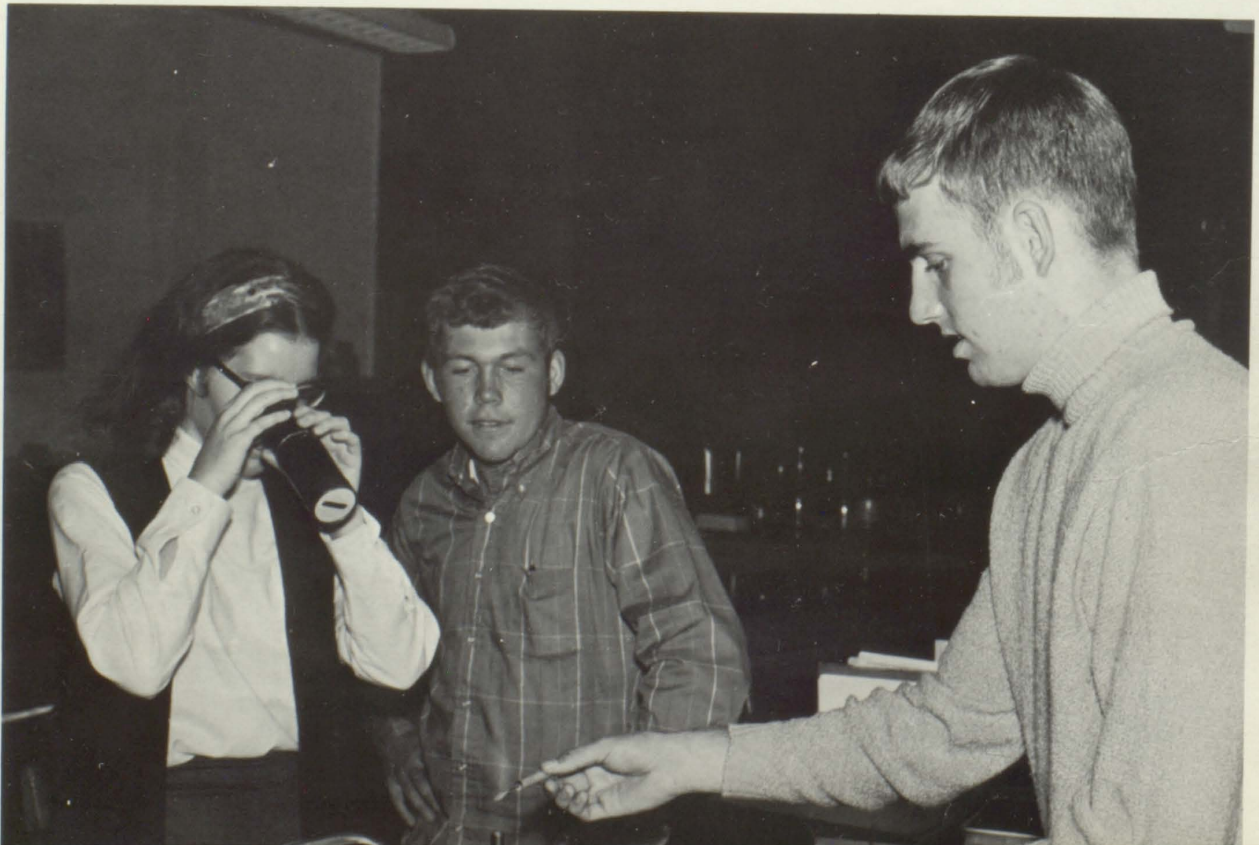


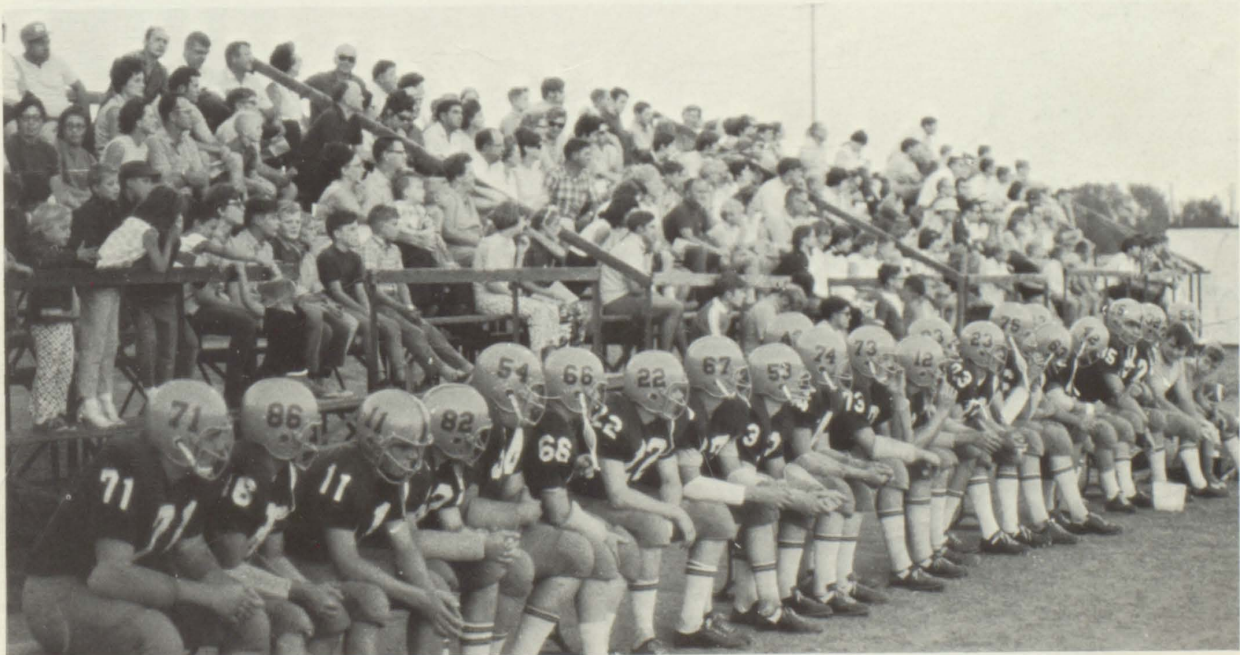


... TO WORK AS A TEAM ...



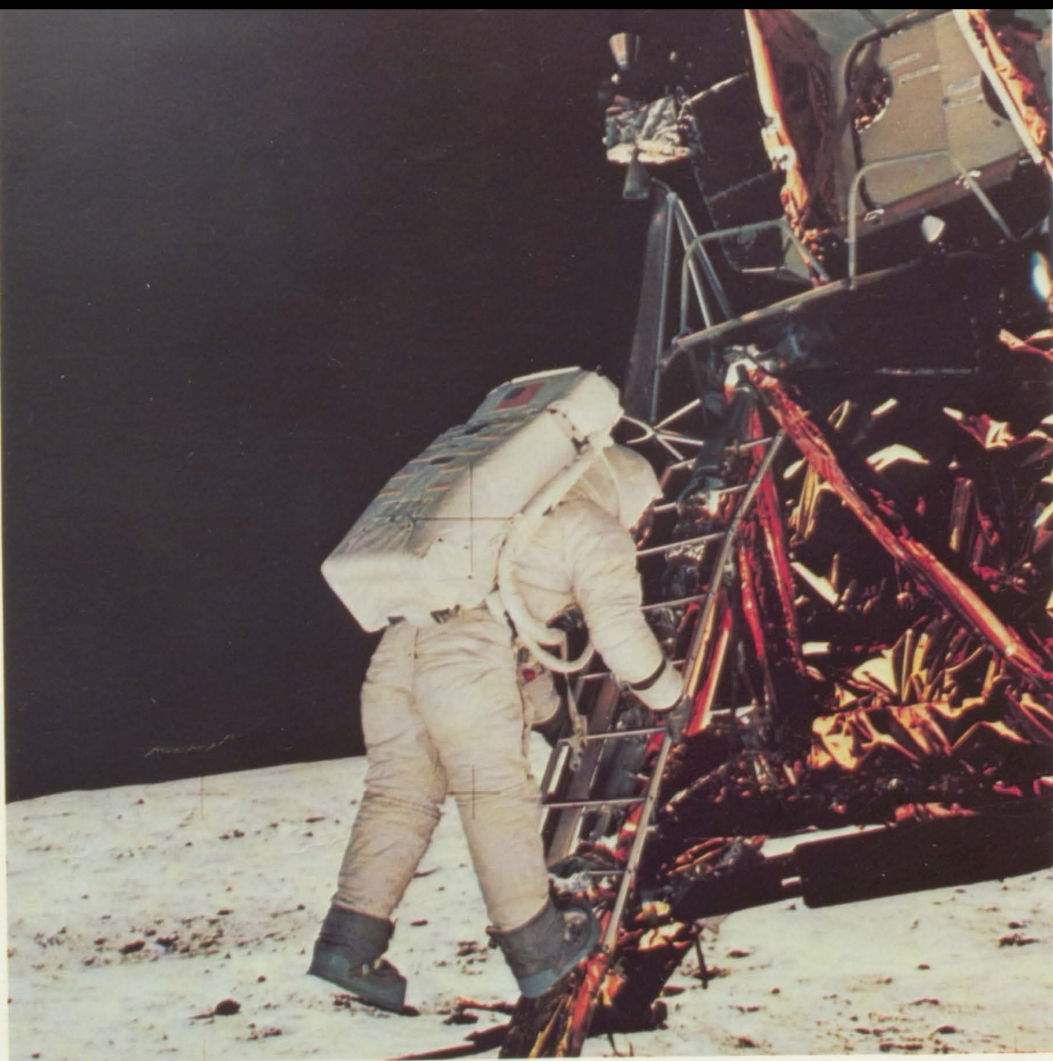
... TO BE INVOLVED ...



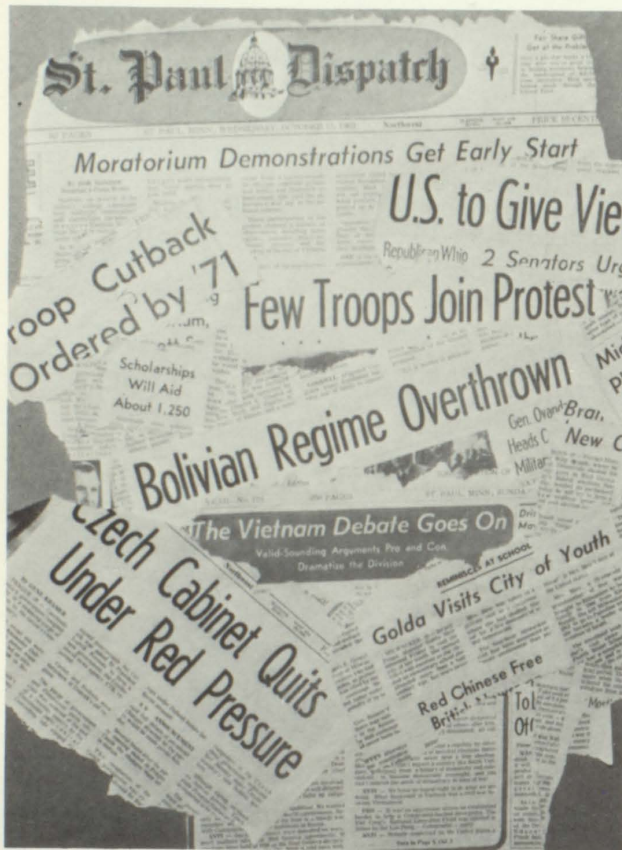


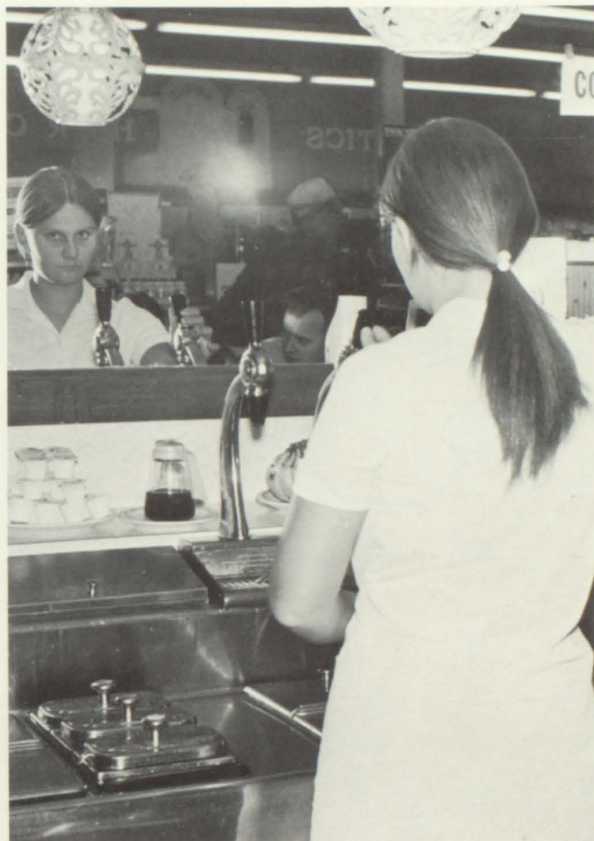
... IN OUR WORLD TODAY ...





... FOR ALL TIME





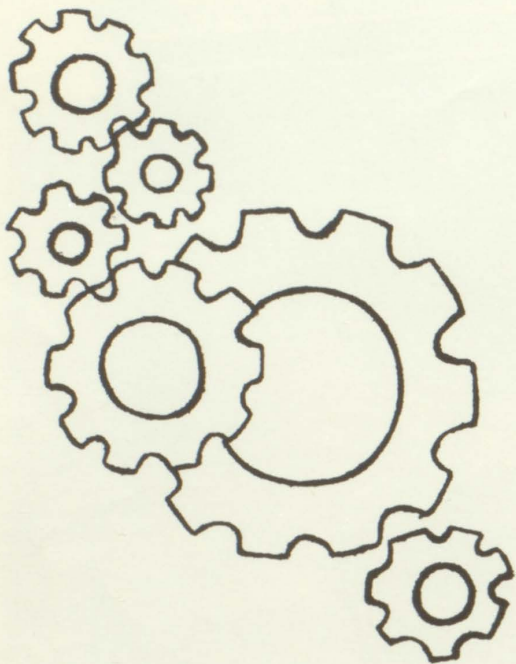
THESE ARE THE GEARS OF TIME

Orange buses swerve in a snakelike curve,
Easing to a halt. Mechanical mouths open,
Releasing masses into dormant halls.
"We're loyal to you, Forest Lake . . ."

845 students struggle to be unique
Fragments in a whirling universe.
We experience involvement, knowledge, and change.
"We're loyal to you, Forest Lake . . ."

In the fourth dimension, tiny gears spin,
Propelling revolutions within a clock.
Time, high school memories, lives pass.
"We're loyal to you, Forest Lake."





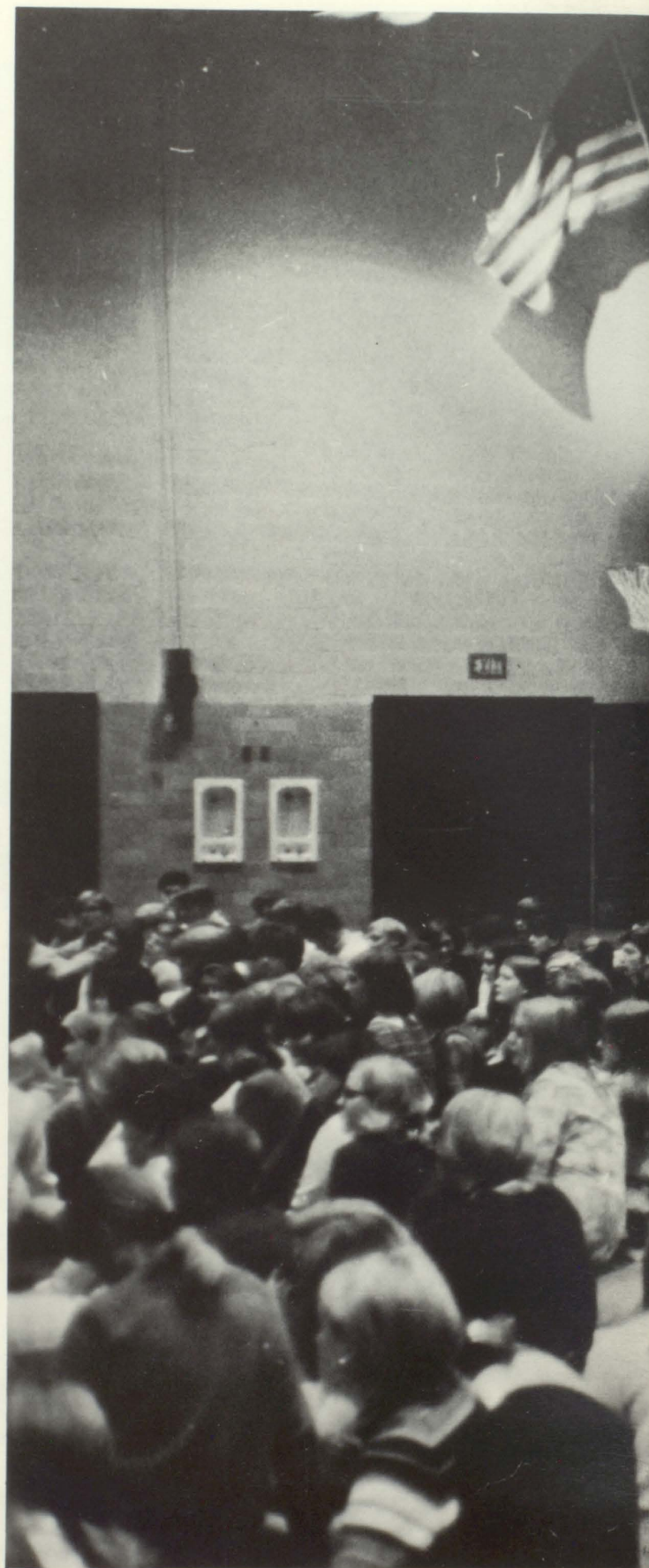
STUDENT LIFE

Tenderly preserved flowers lie safely
Hidden among other treasured memories.

Actors' masks crack with human grins
In response to electrifying applause.

Jubilant screams of victory propel
Vivacious cheerleaders to energetic jumps.

Student Life — the time of youth.





STUDENTS LAMENT OPENING DAY

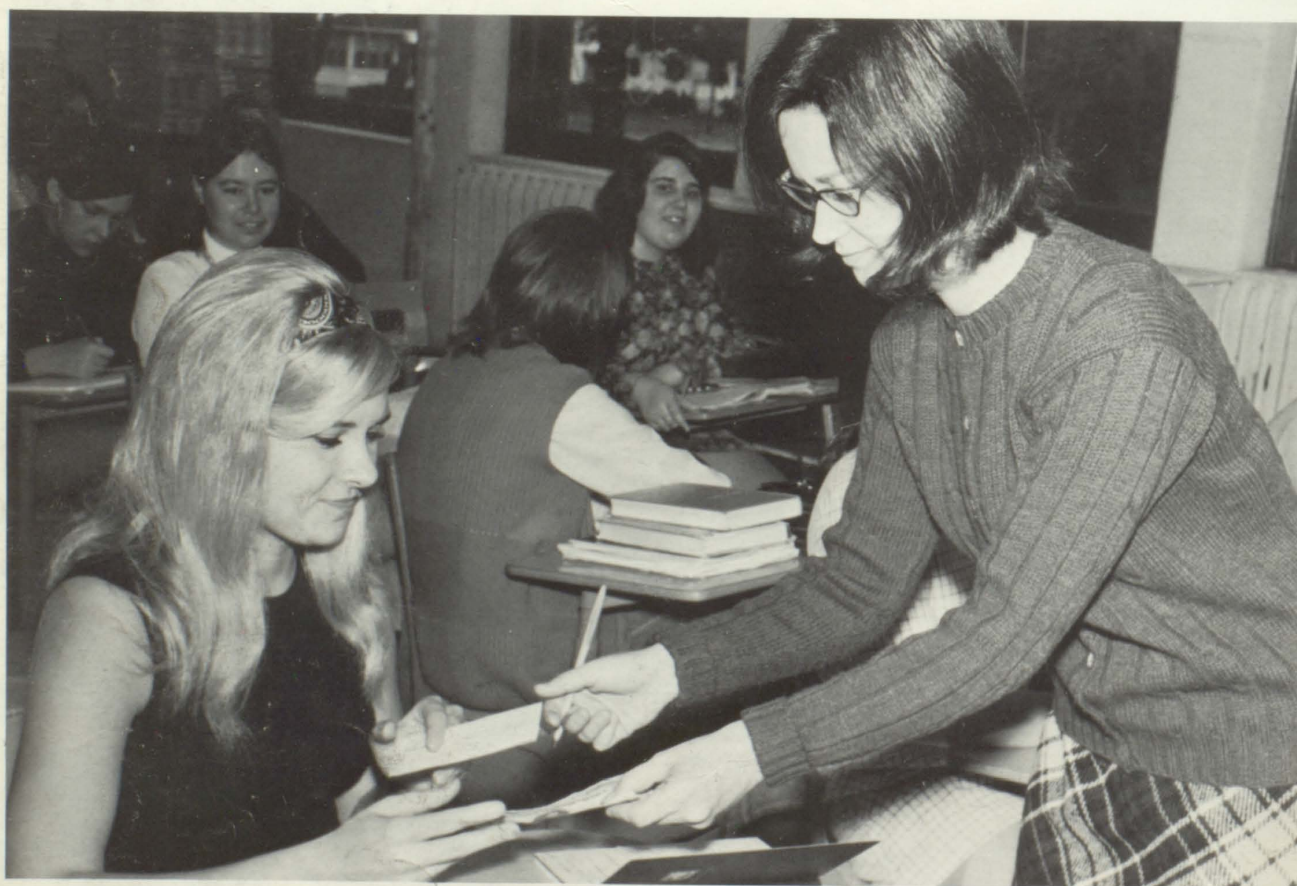
The first student to fall on the new nonskid flooring started the year with a thud. As the halls filled, the old pros complained as usual about the throngs of lowly sophomores rambling by, entranced by the air of confidence displayed by the juniors and seniors.

The valiant return of the faculty contributed finishing touches to the academic atmosphere. Once again the teachers and students analyzed each other, resulting in those infamous first impressions.

Swamped with blue, yellow and manilla cards, and aggravated by problems such as broken lockers or incorrect schedules, students trudged wearily home. They nursed exceedrin headaches at the thought of the second day of school.



Awaiting their first hot lunch in the senior high, sophomores Jim Anderson and Bill Baber looked around the cafeteria for a place to sit

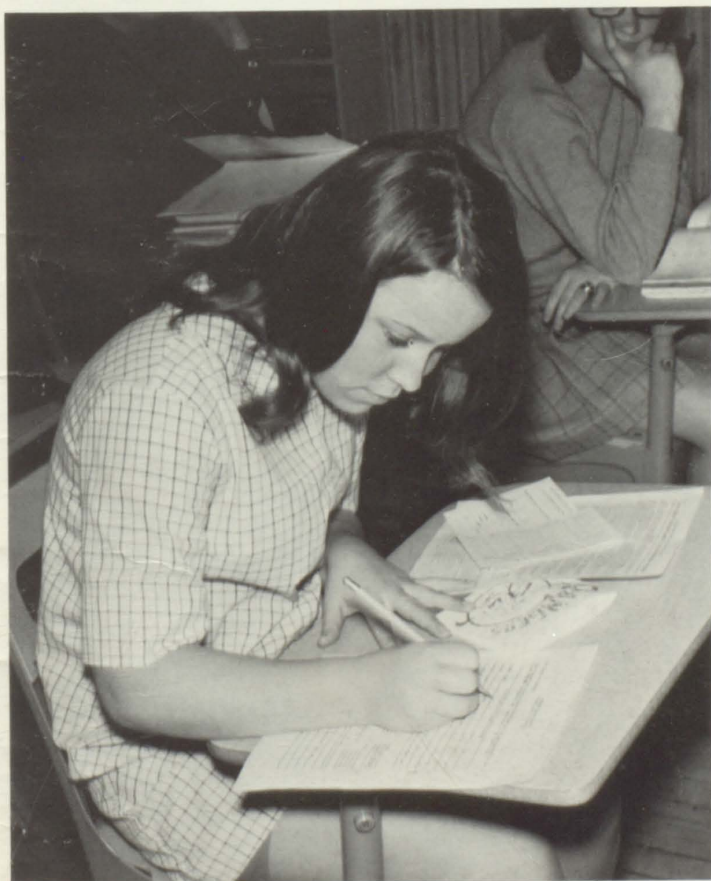


Reluctantly, Jeanie Mudick says goodbye to her last five dollars as she makes her book and locker deposit and activity ticket fee to

homeroom teacher, Mrs. Beyers. This is a bothersome task for students and teachers.



and eat, while Roger Rowbothom discussed the activities of his first morning as a sophomore with a friend.

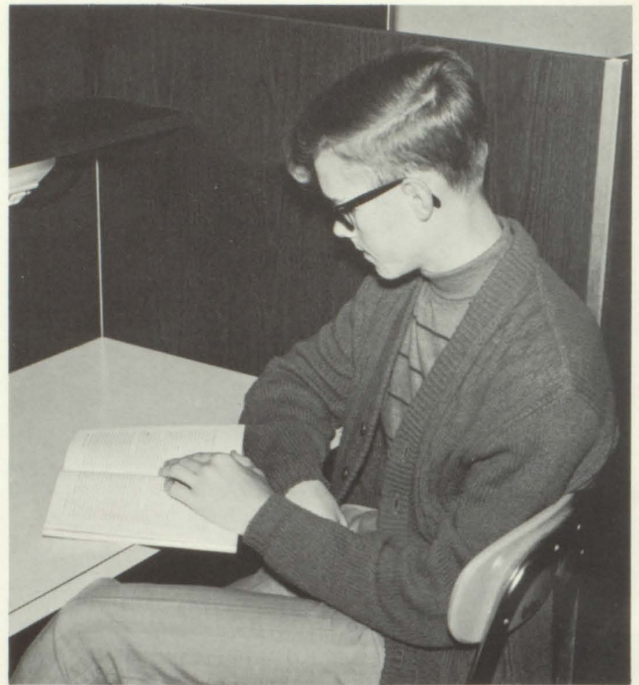
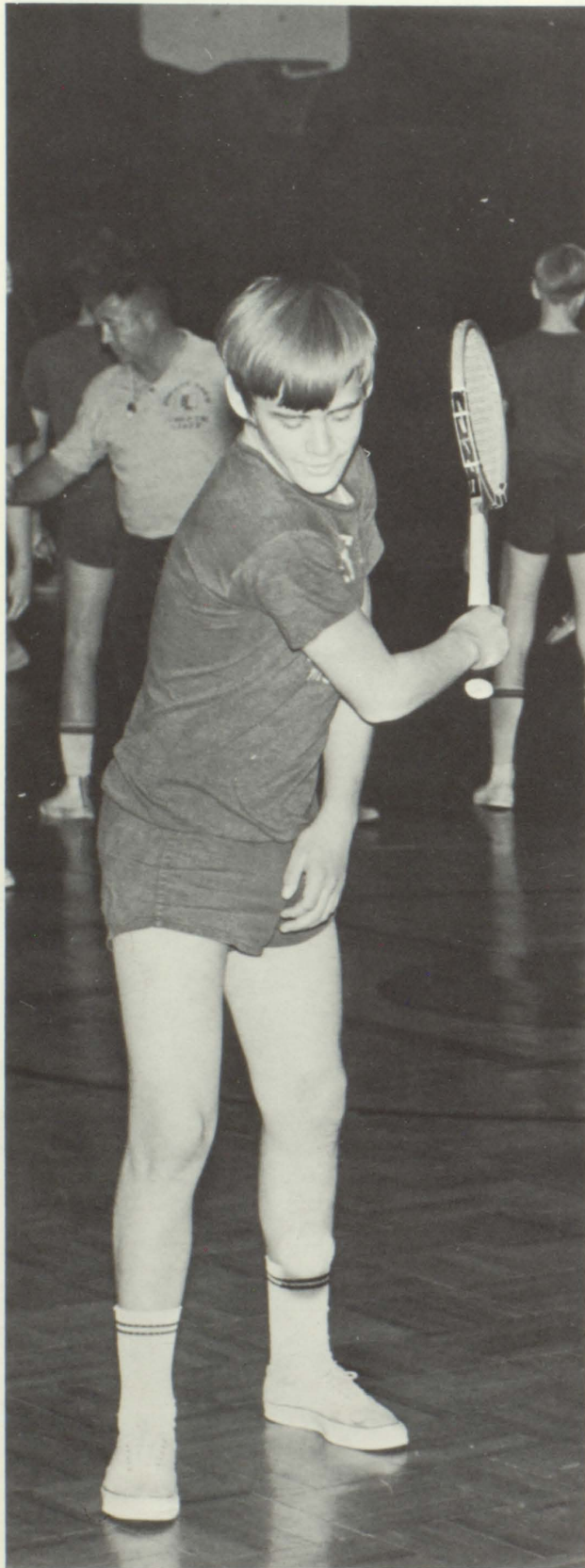


Surrounded by a mass of forms, Sue Bowen diligently fills in the necessary information. Form filling is a yearly task.

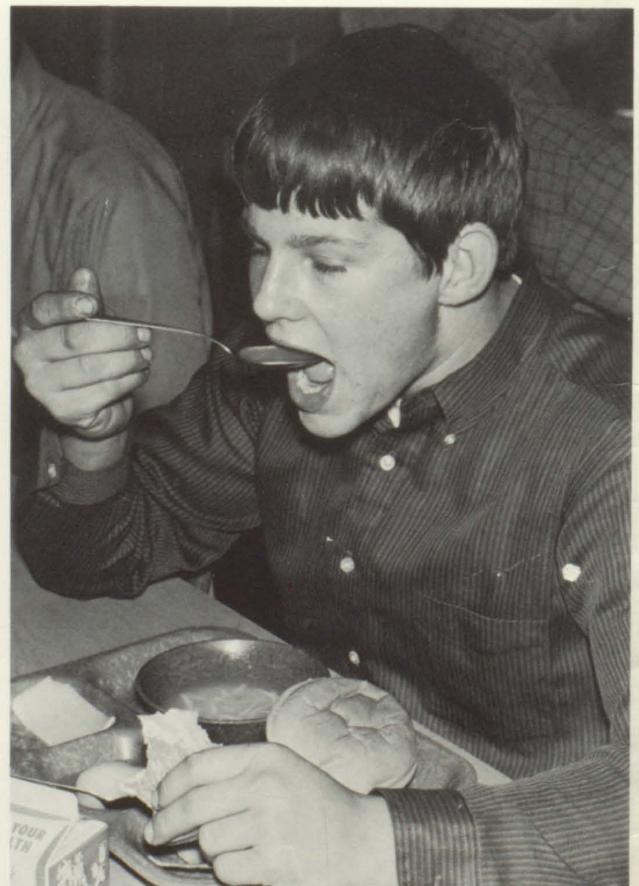
After ten minutes of desperate search, Pam Mueller, decides to recheck her homeroom number.



After advice from Mr. Conley, Kim Thompson tries individually to perfect his skills in tennis.



Utilizing the new study carrels in the library for private work, Gerry Monson intently reads an assignment.



Eagerly devouring his long awaited lunch, Jerry Baber gives his approval with closed eyes and an open mouth.



Students racing down halls to arrive at first hour are led by Dave Anderson who shows his eagerness to begin the day.

AWARENESS SETS DAY TO DAY PACE

Chunky heels, wing tips and loafers created shuffling patterns, as the bell signaled the beginning of each new class. Extra curricular communication, via short "Hi" 's, winks and notes, kept students well informed on the latest Ranger gossip.

Daily routine was often broken during fifth and sixth hours, occasionally for energetic pep fests. Lunchtime, too, especially on days when sloppy joes were served, provided welcome relief from class routine, even though the cafeteria was crowded and the lines long.

Along with a large portion of the American people, Forest Lake's students held discussions on October 15, Moratorium Day.

The close of the day brought extra-curricular activities and homework piled up.



After a week of unyielding work and rigid concentration, Craig Thiel unwinds as he steps into the mood of the evening and joins in one of

the many sockhops that regularly follow the games. Bev Corwin brushes away hair and inhibitions also.

Band majorettes Barb Keller and Kathy Hult proudly carry the coveted tiara and crown to the new Homecoming royalty.



Dazzled by the displays of Homecoming spirit and talented skits, Kathy Patterson takes a breather.



Mistress of ceremonies, Kathy Patterson, maneuvers the wriggling line of high spirited students in a snake dance around the high school gymnasium. Cheryl Hanson flashes a toothy grin



Ron Gilbertson, as Wilbur C. Peabody, sets out to show how algebraic theorems prove a victory for the Rangers.

HOMECOMING SPIRIT SOARS HIGH IN '69

Festive, exciting and enthusiastic were only a few words to describe Homecoming week. Everbody was caught in the spirit of motivating the Rangers on to a victory. Homecoming buttons bearing the slogan "Char the Chiefs" were proudly displayed by the majority of the student body. A current of nervous anticipation ran through the coronation ceremony. Candidates promenaded in to the lilting melody of "Camelot." Becky Schmidt had the honor of adorning Sue Keicker and Steve Hursh with the royal crowns. Skit night was a tremendous success. Throngs of students overloaded the bleachers and slithered in lines out to the raging bonfire. The week was topped off with the Rangers pulverizing the Centennial Chiefs, 38-6 for arousing victory.



in anticipation of the bonfire's ignition in the student parking lot.



As mammoth flames from the bonfire soared into the autumn air, students reflected on Homecoming.



Homecoming royalty Sue Keicker and Steve Hursh make their appearance at the dance after a rousing victory.

RANGERS RALLY TO



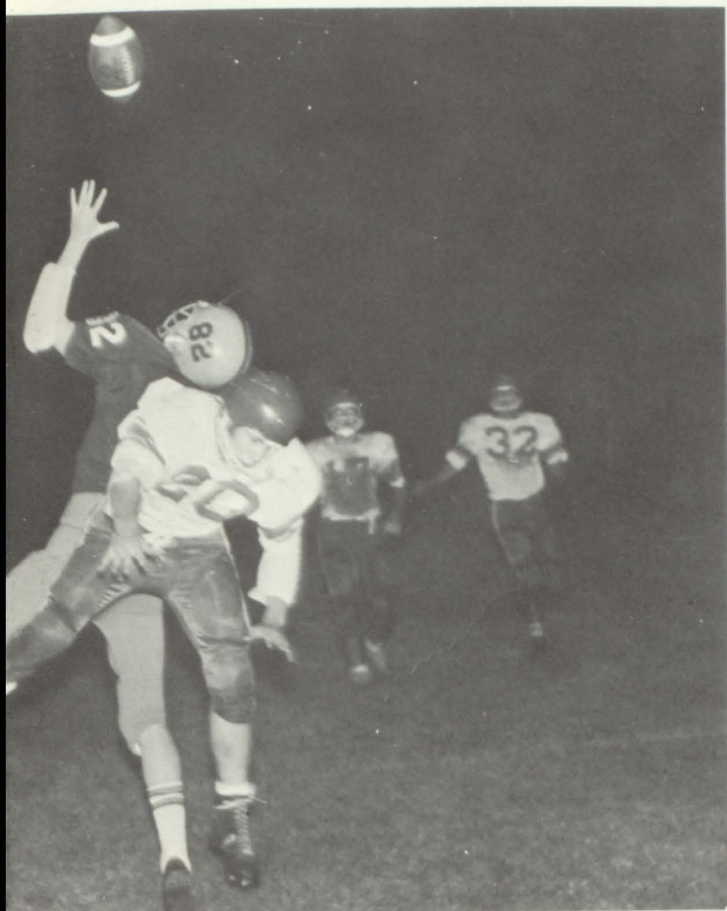
A highlight of the 1969 Homecoming game finds Chuck Randall (82) catching the pigskin for a two point conversion after the Rangers had



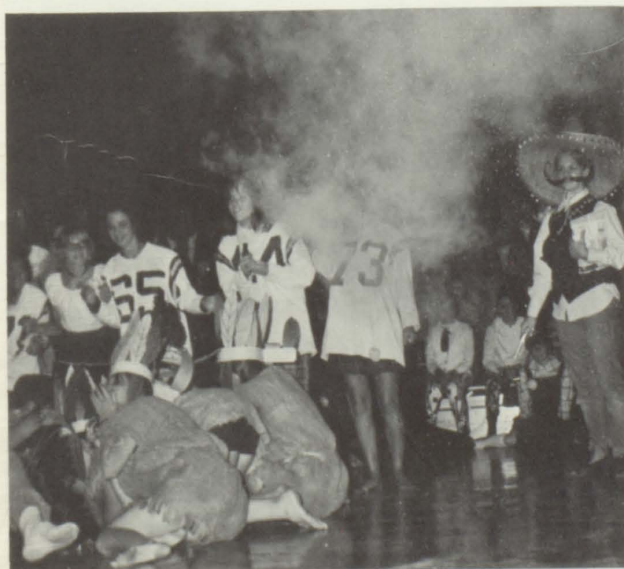
Because of their overwhelming performance in "Charring the Chiefs," G.A.A. took top honors on Homecoming skit night. This

enabled them to present it to an enthusiastic student body and faculty at the pepfest, which was held Friday afternoon.

"CHAR THE CHIEFS"



scored a touchdown against the Chiefs. Ken Schlipp (22) looks on anxiously, prepared to give assistance.



Heroes from Spanish history, including the Frito Bandito, took second place for their hilarious efforts skit night.



Scott Marier, Sally Gould, Stu Dunn and Jackie Schmidt enjoy the music of Jay Dooley at the Homecoming dance.



Dolled up in Sadie Hawkins attire, Jackie Schmidt vivaciously strides in with her foul friend.



Grabbing her man of the evening, Roxanne Ray cheerfully convinces pipe-smoking Jim Swanberg to make a visit to Marryin' Sam.

Catching the beat of the "hillbilly hick," juniors Debbie La Casse and Steve Walraff promenade through Dogpatch land.





Hamming it up for the photographer, Keith Sahlin and Ron Gilbertson demonstrate their version of hillbilly hospitality.

COUNTRY CUTIES SHINE AT SADIE

Sadie Hawkins arrived in full swing on November 21, 1969, when the Forest Lake Elementary gym was again converted into Dogpatch U.S.A. It was a long awaited dance for the girls who had finally mustered enough courage to ask that certain guy. In a freewheeling country atmosphere, the hillbillies stomped and shuffled to the Star Sensation until they decided they were ready for marriage. Marryin' Sam, Chuck Randall, was there to do the hitchin' and Divorcin' Dan, Terry Schleppegrell, was there to do the dividin'. The girls came to the dance wearing anything from torn overalls to long underwear, while some boys came in polka dot dresses and high heel shoes. Ambitious juniors again made Sadie Hawkins a real toe-stomping affair.

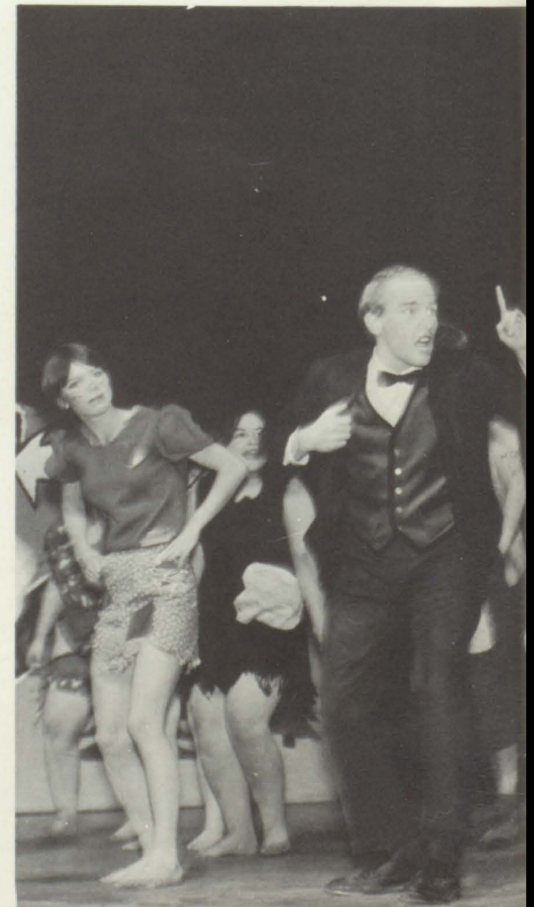
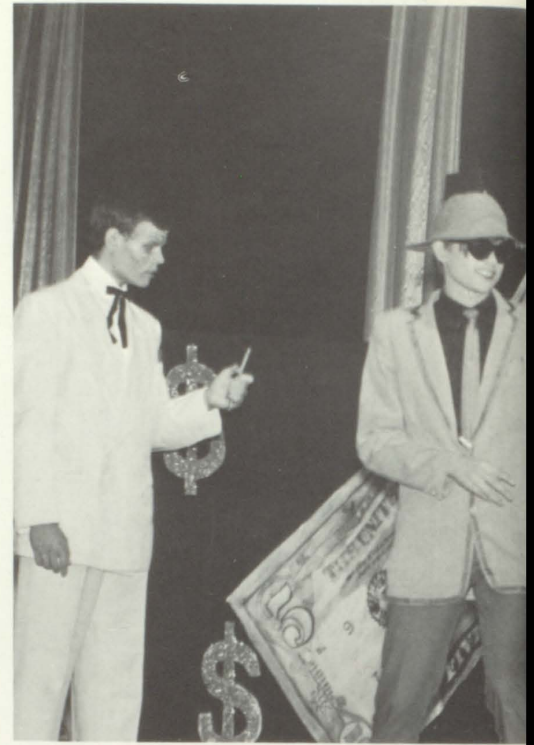


While grooving to the sounds of the Star Sensation, John Carlisle, April Haug, Corinne Schneider, Bob Rowbothom, Cheryle Hanson and Wayne Nealis invite Dennis Alfveby and Diane Parnell to join the line of country bumpkins.



"You crave arms to make you tingle, namely mine," sings L'il Abner, Ron Bullard, to Daisy Mae, Karen Wee, after claiming her for his wife.

Marryin' Sam, Jon Kuefler, details the importance of Jubilation T. Cornpone to Debbie Gamelin in a musical number.





Devilish General Bullmouse, Phil Collins, and Miss Confidential, Paula Robertson, contemplate the malevolent plan of E. E. Fleagle, Jim Marois, as Senator Phogbound, Keith Havens, listens in.

"L'IL ABNER" SETS CROWD A'LAUGHIN'

Tension mounted backstage on the opening night of "L'il Abner" as cast members racked their memories to establish the substance of their characters. As the overture died, the curtain opened to the shrieks of Mammy Yokum catapulting Pappy Yokum from their colorful cabin.

Songs from the second musical at FLHS were accompanied by Dennis Alfveby on the piano, and Mr. Lindstrom on the organ. Mr. Lindstrom also guided the young voices in their musical selections for "L'il Abner."

During the strenuous six weeks of rehearsals, the director, Mrs. Karen Howe, combined the talents of approximately 50 student actors, creating a production that entertained over 1300 people.



"Mama said she had us as gags," fire the detestable Scraggs, Dan Christianson and Larry Arth, into Goose Grease Gulch.



"You hush up," demands Pappy, Tom Hollihan, of that sawed off critter, Mammy, Jane Strnad.

CARLOS, KEATING ENHANCE WINTER

Brilliant whiteness, snow laden trees, frosty windows, snowmobiles, skis and skates all combine to make a Forest Lake winter.

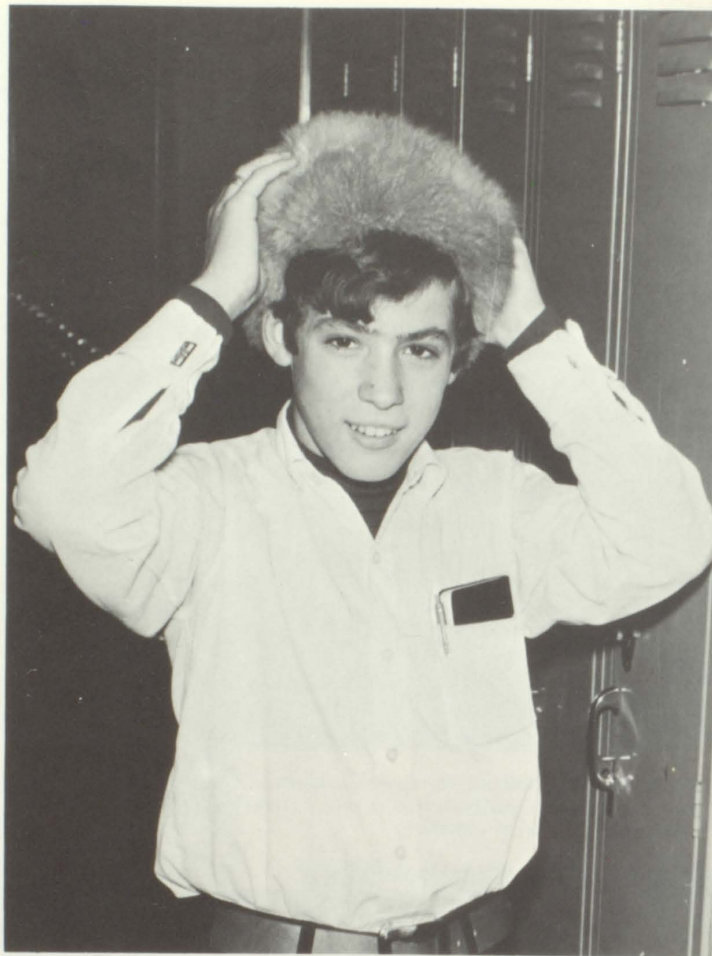
The second semester found seniors and juniors changing schedules with different English classes and new study halls.

F.L. students enjoyed the new experience of having a foreign exchange student from Peru, Carlos Paulette, study here for three months. Everyone was sorry to say goodbye when he went back to Lima in March.

The great controversy of the school year was supplied by an actor from the Guthrie Theater, Charles Keating. In a performance before the entire student body, Mr. Keating read and recited poetry, sang songs of his native England and gave his views on subjects that came up from the audience.



Cautiously tasting the food prepared at the wildlife dinner is biology teacher Mrs. Hansen.



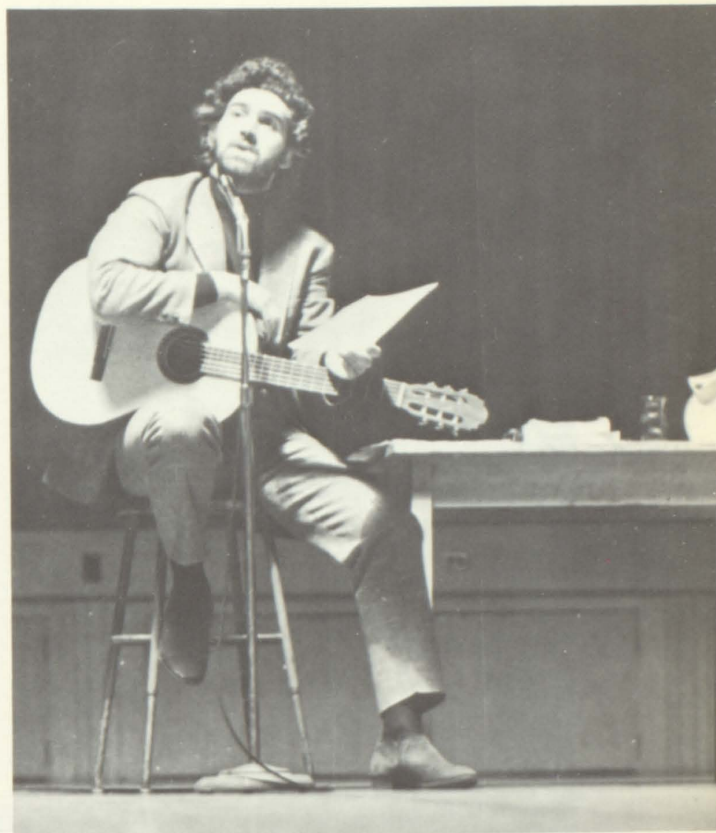
Forest Lake's foreign exchange student, Carlos Paulette, who came to us from Lima, Peru, poses with his famous fur hat.



Host and hostess of the Christmas concert, Tom Hollihan and Sonja Wollan, practice the narration of the birth of Christ.



Showing some of the handcrafted products made by the special class are salesladies Elise Hardesty and Debbie Beck.



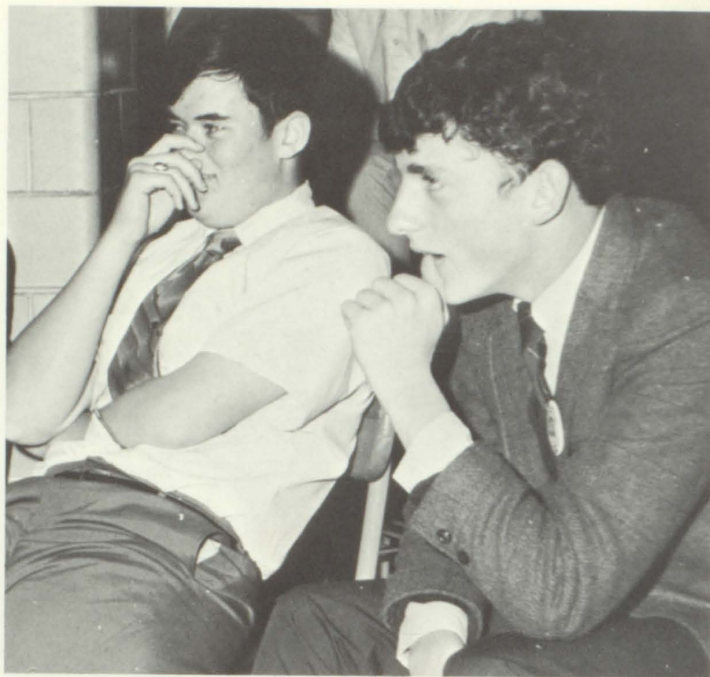
Guthrie actor Charles Keating came to our school with songs and poems and left with controversy.



Changing the format of the traditional Christmas concert, director Mr. Lindstrom led the choir in such songs and carols as "Noel Nouvelit," "All on a Christmas Morning," "Caroling, Caroling" and "His Compassions Fail Not."

SENIORS ENJOY FROLIC AND FUN

After being attired in class colors of moss green and yellow at school, seniors were greeted with icy gusts of wind at Eko Backen on the first day of Senior Week. Although the weather cut attendance a bit shorter than other years, a large number of seniors enjoyed a hearty evening of snurfing and bobsledding. Tuesday released the class of '70's unrecognized artists, armed with felt markers and ready to leave their mark on anything faintly resembling a sweatshirt. The slave auction and slave day was a fantastic success, with seniors spending more money than ever to procure the services of their favorite junior. The talent farce on Thursday night, and the basketball game between seniors and the faculty, closed senior week with the roar of laughter.



Looking over a large choice of slaves to choose from are Jeff Renard and Doug Halberg in their "Sunday Best" on dress-up day.



On Thursday night the class of '70 presented the public with their annual talent show. Adding their own touch were the rare gems, "The Three Diamonds," John Ashby, Frank Boehm and Dean Marler, in a skit titled "Monomonop."



Proudly displaying her trophies for the longest ride on a snow surfing board is senior Roxanne Ray.

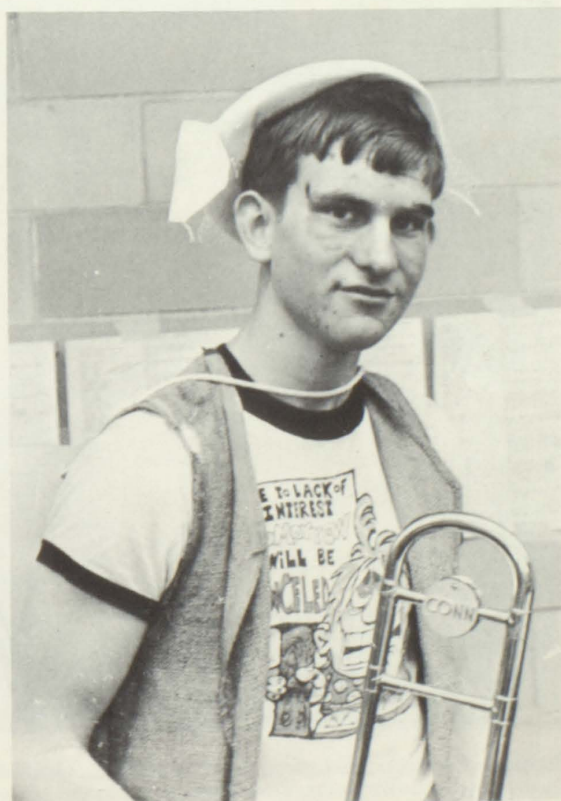


Pausing from his numerous duties as a lowly slave, Keith Sahlin plans his revenge for next year.

Taking time out from all the senior events are John Carlisle, April Haug and Bob Rowbotham.



Standing alert to serve his master faithfully, Junior Mike Dailey pauses for a quick breath.



SOVEREIGN SENIORS



Chorus belles John Carlisle, Paul Raduenz, Steve Hursh and Bob Rowbotham compare legs at the talent show.



Performing artists Jon and Robin, Frank Boehm and Kevin Casey, sing their heart-rendering version of "Kiss Me."



Pausing in the halls, Carol Pfingston and Roxanne Ray scribble their John Hancocks on each other's sweatshirts.



Cowering under the gaze of the mighty seniors at the slave auction, junior Mary Fladland listens to auctioneer Mary

SUPREME IN '70



One of the highlights of the Monday night at Eko Backen, for those seniors brave enough to face the icy temperature of 30 degrees be-

low zero, was the snurfing contest. Getting a shower of snow in his unsuccessful bid for the trophy is Bill Larson.



Kaye Husnik close the bidding. After payment, Steve Korn and junior Kathy Patterson exit the cafeteria.



Attired in winter finery for dress-up day, Debbie Kunshier and Chris Anderson enjoy the cool supremacy of being seniors.

SANTA SURPRISES DANCING COUPLES

A new dimension added to the FLHS dance scene this year was the Lettermen sponsored Progressive Dinner and Christmas Dance held on December 20.

The dinner route began at 5:30 with salad at Pogreba's, maincourse hotdishes served at Ashby's or Olson's, pie for dessert at Jan Johnson's.

After eating, the couples moved to a holiday atmosphere at the Forest View Elementary gym complete with Christmas trees, mistletoe and snowflakes.

"Four To Go," the band for the evening, proved to be versatile enough to suit every student's dancing tastes.

Later in the evening a surprise visit by Santa Claus climaxed the hopefully annual Christmas affair at F.L.H.S.



Admst dangling snowflakes and branches of mistletoe, Mary Fladland and Dan Ross find romance.

At Mr. Ashby's, assisting in the preparation of food for the progressive dinner, are Robin Juelich and Margie Brandt.





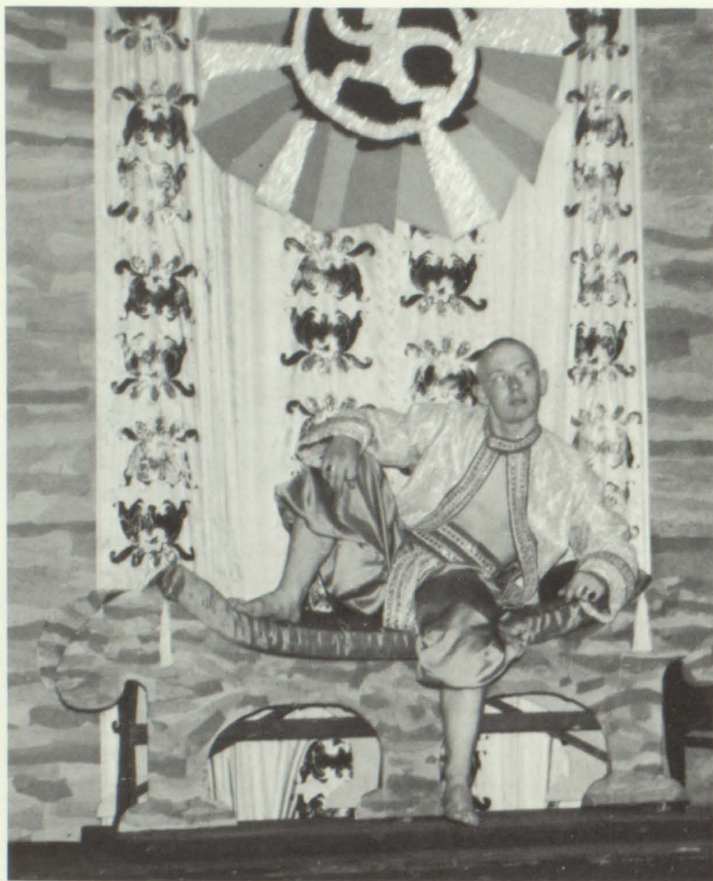
Greg Gabrick expresses smiling approval of the dessert served at Johnsons' while Jim Swanberg contemplates another portion.



Enjoying the spirit of a brief dance during the snowball are Candy Larson and Jon Kuefler.



One of the outstanding features of the first annual Christmas Dance sponsored by the Lettermen, was the broom dance. Scanning the crowded dance floor for a handsome man to trade the broom for is sophomore Lynn Kneissel.



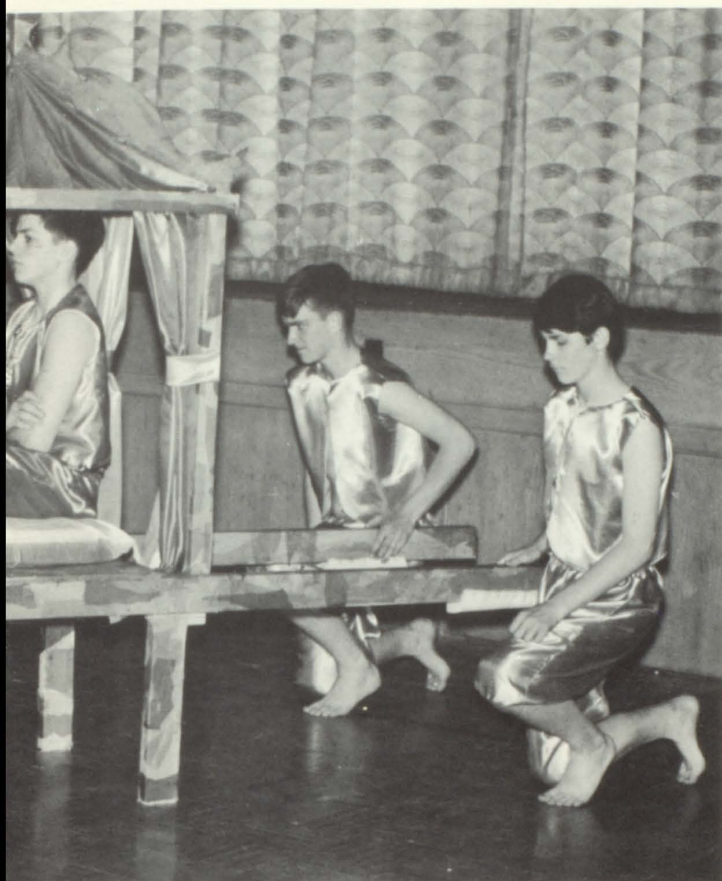
In the midst of his country's perplexing problems, the King, Earl Fashbaugh, is found in a tranquil moment on his throne.



Carried in the royal litter by the guards, Pat Pranke, Jon Kuefler, Mike Dailey, and Keith Sahlin, the Kralahome,



Anna and His Majesty are abruptly interrupted when guard, Jon Kuefler, unexpectedly casts disobedient Tuptim, Jane Strnad, to the floor in anticipation of her unjust punishment.



Tom Hollihan waits for the arrival of the new school teacher from England.



THE KING AND I

SPELLS SUCCESS

Sweat, tears, anxieties and great expectations bound together the cast that successfully performed The King and I. Miss Mohr directed the closely knit youths on her first attempt at a musical, which concluded her final year at FLHS. The carefully selected stage band, skillfully directed by Mr. Nelson, played such memorable songs as "Hello Young Lovers," "We Kiss in the Shadow," and "Something Wonderful". Mr. Hansen and his art students created a realistic, oriental setting with rainbows of color. When Earl Fashbaugh transformed his long blond, sweeping locks to a reddish fuzz, he became the King of Siam. No girl could resist feeling his soft, downy head. No one expected a standing ovation, but there was one at each performance. When the curtain brought the musical to a close, hugs, kisses and sobs of relief broke the tensions of weeks of hard work.



After summoning his son Chowfa Chulalongkorn, Mike Sullivan, the King inquires about his education.

The royal princes and princesses are presented to Anna, Judi Dupre, in the "March of the Siamese Children".

SPRING STIRS

SENIOR FANCY

Spring's arrival brought much excitement to the senior class of 1969. Despite the problems the junior class encountered locating a place for the prom to be held, it was decided that the new Forest View Elementary School would provide a beautiful setting. Couples entered a violet and magenta tunnel to find a room decorated with cascading streamers.

The senior banquet summarized many memories and sentiments of the past year. Revelation of the class will and prophecy and a dance contributed to the gaiety of the evening.

The senior year ended with a flood of tears and a barrage of bubbles at the commencement exercises. Bernard Levander addressed the largest class in FLHS history.



Lending his interpretation to a farewell poem, Senior Class President Pat Killian addresses seniors at their class banquet.



Smiling couples, softly dimmed lights, and a warm glowing atmosphere set the scene for "This Magic Moment" as couples danced

quietly into the night that will be long remembered by all who attended the gala event.



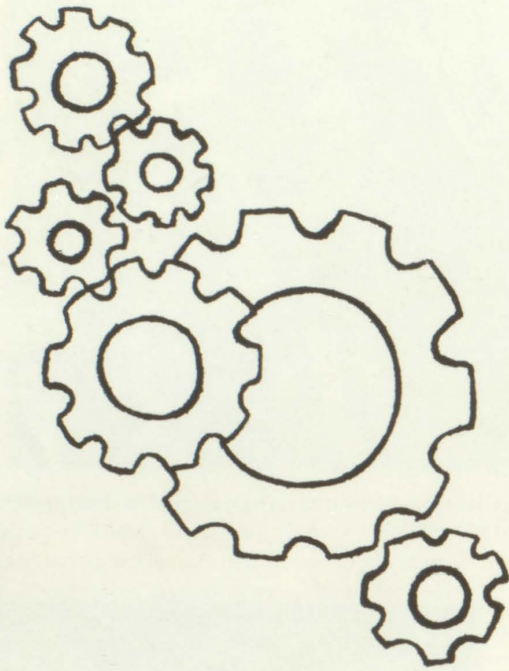
While anxiously waiting for graduation practice to begin, Pat Johnson adjusts Joyce Jean's cap as their robes whip gently in the

breeze. Seniors soon realized that their awaited dreams would quickly turn into a reality.

Sheila Carrell and Tom Morley watch as a chandelier of balloons pour upon the couples, adding a festive mood to the prom.



Trying intently to listen to the guest speaker, senior boys find stamina a necessity.



FACULTY AND ACADEMIC

Insatiable curiosity of youth probes deep
within a teacher's soul,
In search of life's meaning.

Insensitive symbols transform under
guidance,
Rearranging molecules of air with musical
harmonies.

Leatherbound covers shelter the identity of
man's past,
Becoming the clue to his future.

Faculty and Academics — the time for learning.





BOARD CONSIDERS SCHOOL'S NEEDS

With the school bond issue that came up this year, the School Board and the Superintendent were kept occupied studying just what was needed for the new school and what the cost of building and furnishings would be.

It is unfortunate that so few people realize just what the Superintendent's job entails. Along with being the non-voting advisor to the School Board, Mr. Lechner also helped draw up the budget, interviewed prospective teachers and indicated the men and companies he felt were best suited to build the new school.

The responsibility of the School Board lies in how they are to represent the people who elected them and how they should wisely spend the money provided them.



Working on a busy schedule, Mr. Lechner finds problems calling for him to use all his years of experience.

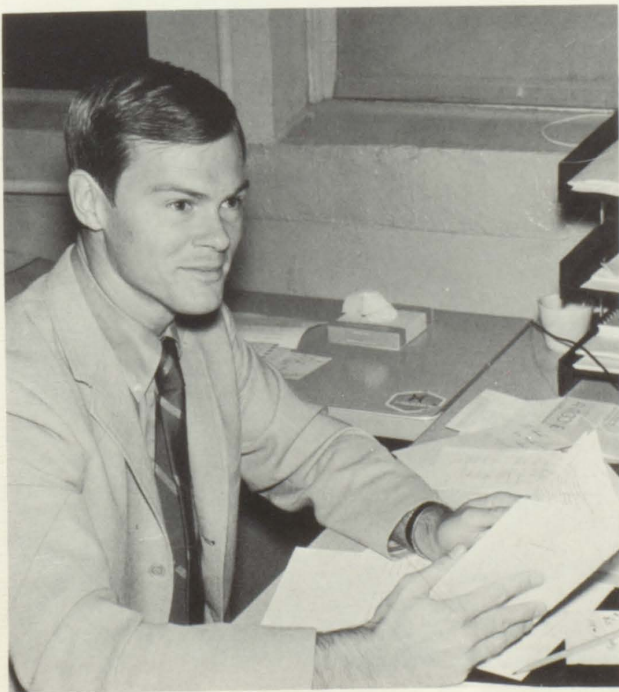


MEMBERS OF THE SCHOOL BOARD, LEFT TO RIGHT: Harvey Westberg, Treasurer; Loren Devine, Director; Joseph Tessier, Direc-

tor; L. T. Lechner, Superintendent; Vernon Boettcher, Chairman; Richard Stright, Clerk; absent, Bruce Swenson, Vice-Chairman.



In order to keep the school running smoothly, Mr. Cohoes must be in contact with the public often.



Out of cramped quarters and into his new office, our assistant principal, Mr. Rand, goes through the handbook.

COORDINATING COMMITTEE TRIED

Mr. Floyd Cohoes and Mr. William Rand led an administration characterized by change. This change was twofold: to update school facilities and curriculum and to allow students and teachers to become involved in the administration.

A proposed coordinating committee, composed of members of the faculty, student body, and administration, became a reality. It was not a policy-making body; its purpose was to establish understanding through dialogue. Topics such as modular scheduling, school events, student needs and responsibilities and the roles of today's teacher and principal were discussed. All received a better understanding of today's educational processes by expressing a viewpoint and hearing another's opinion.



With Mr. Cohoes, Chris Davis, Pat Pranke and Mike McQuiston look at a magazine in the independent study class.



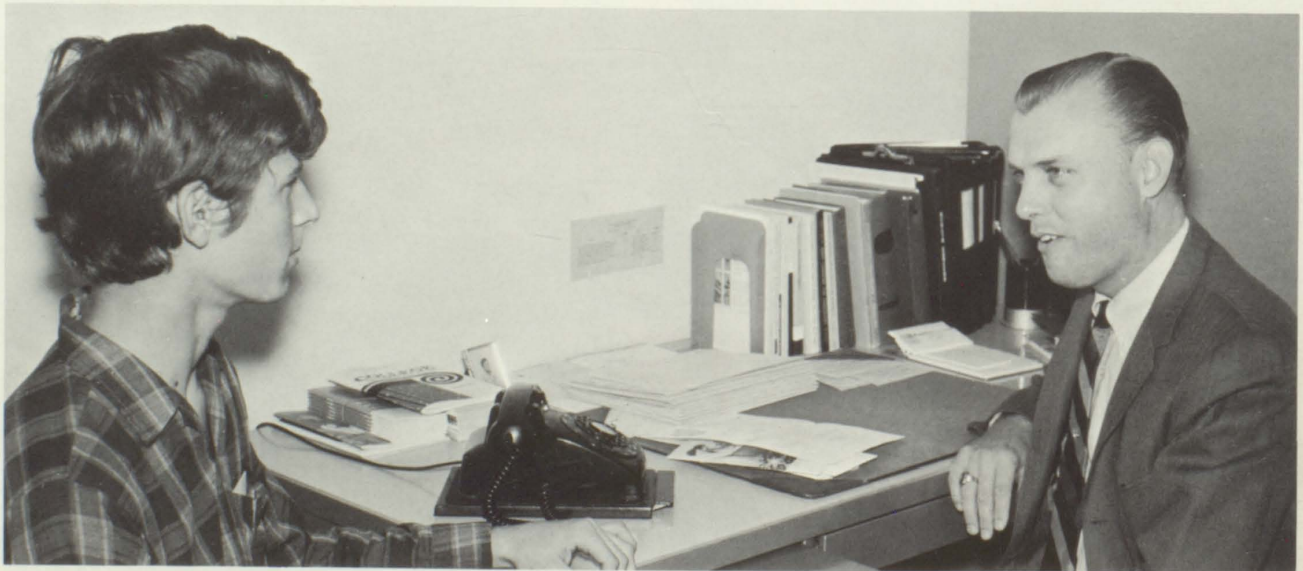
LEFT TO RIGHT, Stanley Motschenbacher, Counselor; Virgil Grove, Counselor; Donald Nelson, Curriculum Coordinator; Richard Moskop, Librarian; Marvin Fuhrman, Audio-Visual Director.



Mr. Nelson checks his calendar at the beginning of a busy day spent in curriculum improvement.



Working with the microfilm viewer, Nancy Bloom reads a frame from the American Heritage book to be used in her history class.



Mr. Grove explains the method of percentile scoring on the M.S.A.T. and P.S.A.T. tests, given to college bound students in their junior

year, to a patient Joe Trichtler. The test results indicate expected S.A.T. scores, taken the senior year.



Mr. Moskop, the librarian, demonstrates the correct usage of a dictionary to sophomores Billy Baber and Wayne Hamilton.

LEARNING EASED BY SPECIAL AIDS

Bewildered seniors meekly made their way to the guidance counselors, where they were given a friendly greeting. Due to hard work by Mr. Grove and Mr. Motschenbacher, many seniors were sent off to colleges or vocational schools they chose.

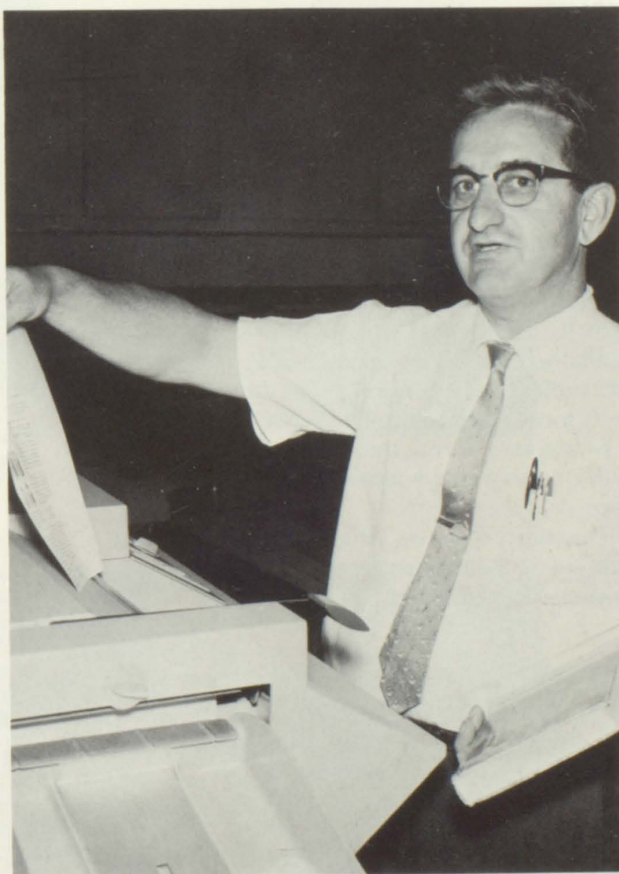
Mr. Nelson, the school's curriculum coordinator, had the responsibility of updating course offerings and teaching methods. He worked closely with the administration on many school problems.

In the audio-visual department, Mr. Fuhrman kept busy sending films and projectors to the right rooms and repairing any equipment that may have been damaged.

The librarian, Mr. Moskop, talked to sophomore classes and spent many hours ordering books missing from the year before.



Looking through his files, Mr. Motschenbacher prepares to give a student advice about his future education.



Pulling a freshly made reproduction from the copying machine, Mr. Fuhrman explains the new equipment.



Elizabeth Frigstad, Nurse; Irene Valenty, Nurse Clerk; Muriel Alcock, Superintendent Secretary; Grace Coy, Guidance Secretary; Darlene Geurtin, Library Clerk; Marian Tuominen, Clerk and Switchboard Operator.

SECRETARIES TOIL DILIGENTLY

Red blinking lights, the racking of typewriters and lines of waiting students are all part of a day's work for the senior high secretaries. In charge of the switchboard is Marian Tuominen, who takes all incoming and outgoing calls. In addition, she is responsible for the permanent records of students who attend FLHS. Melba Sahlin records the attendance of approximately 835 students. She also manages the student activity fund and the athletic insurance.

Mrs. Casey is required to do the typing and filing concerning locker and parking permit records.

The school nurse, Miss Frigstad, is always present to handle any emergencies that may arise during the day.



Always ready with a smile and helping hand is Grace Casey, first secretary in the new assistant principal's office.

Melba Sahlin, Principal's Secretary; Judy Ensrud, Superintendent's Clerk; Vivian Moen, Agriculture Secretary; Bev Randall, Superintendent Secretary; Sharon Fairbanks, Superintendent's Secretary.





Up to their elbows in salad and dressing, these three cooks assist in preparing food for over six hundred students daily.

CUSTODIANS ADD NEW EQUIPMENT

The huge canary yellow snow plow, parked inconspicuously in the rear of the school building, is the newest addition to the custodians' equipment. This enables the janitors to keep the parking lots and streets cleared for the many buses and cars.

While students relax during MEA, Christmas and Easter vacations, janitors are kept busy washing windows, scrubbing walls and waxing floors. The gym floor must always be kept in excellent condition for the basketball season and other sports events.

Our bevy of cooks dedicated a lot of time and effort into preparing nutritious, appealing lunches for the portion of the student body who take advantage of the hot lunch program.



COOKS, FRONT ROW; Edith Kauls, Aggie Patrin, Irene Lind. BACK ROW; Evva LaCroix, Grace Long, Sally Johnson, Harriet Jorgenson.



CUSTODIANS, FRONT ROW; Lloyd Johnson, Helmer Swenson, Helen Beeksmma. BACK ROW; John Dalin, Lucas Beeksmma, Frank Collins, Ray Erickson, Peter Johnson.

GIRLS ALLEVIATE OFFICE STRAIN



OFFICE HELP, FRONT ROW; Angie Flermoen, Mary Boehm, Becky Grund. SECOND ROW; Susan Bowen, Linda Karth, Candy Larson, Diane Dougherty. LAST ROW; Marlys Hammer, April Haug, Ellen Rohl.



LIBRARY HELP, FRONT ROW; Joanne Crete, Cathy Arth, Shelly Johnson, Kathy Patterson. SECOND ROW; Jackie Weeks, Libby Jensen, Lana Jorgenson, Sheryl Prestegaard. BACK ROW; Connie Gatzow, Kim Bruder, Judy Broker, Diane Anderson, Toni Thomas.



GUIDANCE HELP, FRONT ROW; Roxanne Taurman, Candy Bojanen, Judy Broker. BACK ROW; Sandy Dolphy, Goldy Larson, Nancy Zak.



Making decorative, ornamental wastebasket covers out of colorful magazine pages is Special Education student Jane Carlson.

SPECIAL CLASS VISITS ORE MINES

Students in Mrs. Ramona Volkman's Special Education class maintain a very unique curriculum. Besides individual attention from the instructor in special academic problems, the students are notably creative.

For their annual weekend trip the class journeyed to northern Minnesota to tour the iron ore mining regions. Homemade candy, prepared by the students, was sold to help defray the expenses of the excursion.

The students formed a cleanup crew to pick up the football field after games. The maroon and gold decorated goal posts for the Homecoming game were fashioned and constructed by the class. Various favors produced by the group were used to cheer up patients at the local hospital.



As instructor Mrs. Ramona Volkman maintains careful surveillance over her Special Education students, they work studiously in

order to complete their spelling assignments before the bell to dismiss sixth hour.



TOP ROW; Sharon Anderson, Composition I, Dramatic Literature; Michael Bernauer, English 10, French III; Pat Beyers, Journalism, English 10, Novel, For-
ester. BOTTOM ROW; Richard Carlson, World Literature, Composition I, Basic Reading; Carola Edman, Composition I, World Literature, French II; Karen Howe, Speech I, Advanced Public Speaking, Short Story, Drama Club.



Mrs. Anderson reviews an assignment with Michael Richter in the second hour composition class.



As Miss Maki points out errors in Rosemary Kichler's short story notebook, Fred Frandle patiently waits to go over a paper with her.

Students were required to keep an accurate notebook in order to help them in their studies.

ENGLISH CURRICULUM EXPANDED

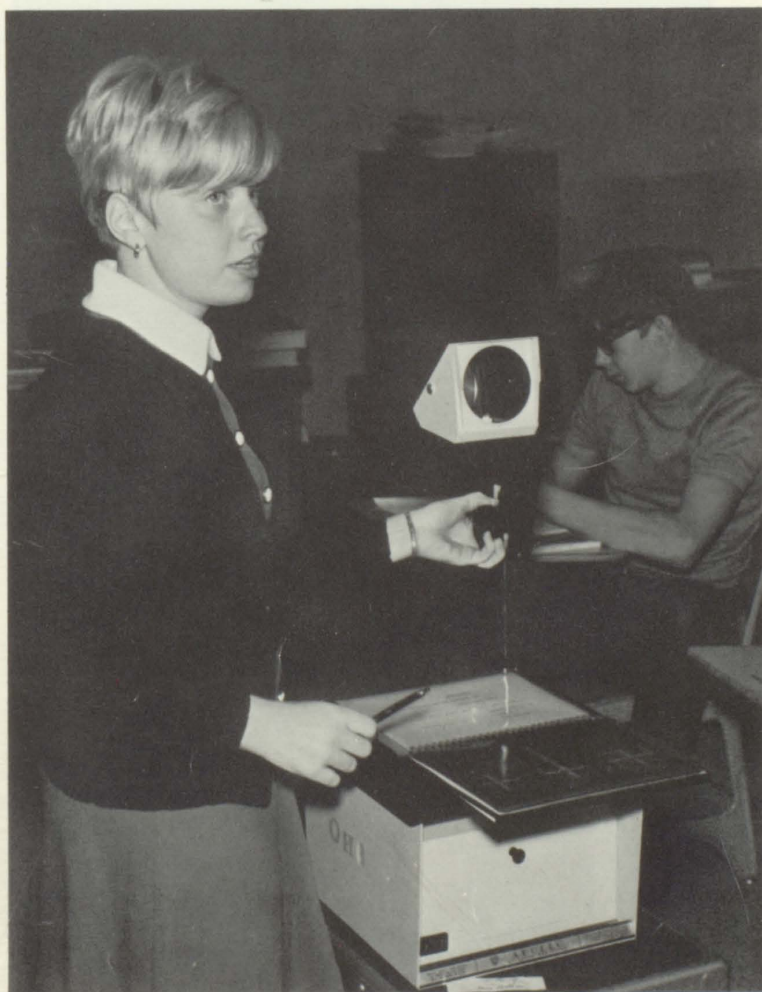
Something new was tried this year in the English department. Instead of the outdated methods of having set courses and segregating sophomores, juniors and seniors, the new way is to let the students choose their own courses of study. This not only lets students study what they find most interesting, but broadens the scope of the classes by combining junior and senior talents and ideas.

The new curriculum includes courses ranging from British Literature to Journalism, with literally something to please everyone. Students are required to take at least one course in literature and one course in composition, each lasting for half the year. Although the counselors did a generally good job overall in setting up the schedule of classes, some students had

the misfortune of having both English Courses in the first half of the year without a study hall. The second semester was then comprised of two study halls and no English to do homework for.

Along with a new curriculum, English classes also received the use of new audio-visual aids, such as the flipatron. These gayly colored transparencies made learning about different writing styles, pompous wording and dictionary usage almost fun.

Unfortunately for the sophomores, they did not have as much of a revitalization of English classes as did the juniors and seniors, but were being prepared to select their courses for eleventh and twelfth grades.



While Miss Roskaft adjusts the focus of the new flipatron in her Composition class, Randy Johnson works exercises in his workbook.



TOP ROW; Rachel Maki, Short Story, British Literature, American Literature; Kaye Roskaft, Composition I and II, Creative Writing. BOTTOM ROW; William Somrock, English 10, Composition I, Public Broadcasting Techniques; Ralph Streater, English 10, Debate.

Allen Franzen, Spanish,
Spanish Club Advisor,
Student Council Advisor.



LANGUAGES ADD NEW MATERIALS

The Foreign Language Department curriculum underwent two major changes. One was the introduction of bright colored textbooks to replace the outdated ALM materials. Workbooks supplemented the new texts, and lab work remained an integral part of instruction. Also, Mr. Bernaver joined the staff.

Both languages added a fourth year class. Mr. Franzen encouraged Spanish IV students to talk entirely in Spanish while in class. The slides from Mr. Franzen's recent trip to Spain greatly enriched the hour. Assistant Principal Mr. Rand instructed the French IV class, which consisted of eight female students, who met in the Home Ec. sewing room. The class held a French dinner at Mr. Rand's home to acquaint themselves with French cuisine.



Preparing the text of a French radio program for French II students, Mrs. Edman assists Nancy Hanson and Don Omundson.



Spanish IV students Bob Robotham, Mark Schmidt, Patty Robinson, Tom Kolberg, Kevin Casey and April Haug listen intently to Mr. Fran-

zen's intriguing accounts of his exciting experiences in Spain during summer vacation.



LEFT TO RIGHT, Gordon Ashby, Social Science, World History and Affairs, B-Squad Football Coach; Ruth Menken, American History; Neil Nelson, Social Science, Cross Country Head Coach, Track Head Coach; Stanley Petersen, American History, Football Head Coach, Baseball Head Coach.



While trying to find a subject for her nine weeks history project, Marie Riopel asks for assistance from Miss Menken.

MASS MEDIA AIDS HISTORY CLASSES

Newly initiated in the history department was the independent study course, under the direction of Principal Floyd Cohoes, in which students chose their own topics for investigation.

Sophomores were again required to take American History. Starting from the Age of Discovery to the present they studied the events and people that shaped our country's development.

Areas of study in social science included government, politics, sociology and economics.

The past provided the key to understanding the underlying philosophy of the World History classes offered juniors and seniors. Besides the emphasis on the past, extra importance was given to current events, aided by T.V., radio, newspapers and magazines.



As Ron Gilbertson looks on, John Long receives individual attention from Mr. Nelson.

LEFT TO RIGHT, Rollin Nelson, Band, World History and Affairs, Band Director;
James Lindstrom, Choir, Choir Director.



MUSICAL ARTISTS MAKE HARMONY

Instrumental chords from the band room and vocal warm-ups from the choir room converged in the halls each day, competing for admirers. Fourth hour was the time set aside for musical expression.

Mr. Nelson introduced a new program of lessons this year, where each individual received more assistance in perfecting technique on his instrument. In contrast to the sectionals of previous years, these lessons were ½ hour long and held at alternating hours of the school day.

Fresh from Augsburg College, Mr. Lindstrom attacked the choir problems with youthful vigor. His high expectations of the choir's potential ability inspired them to achieve, and they performed songs that were equal to college level in difficulty.

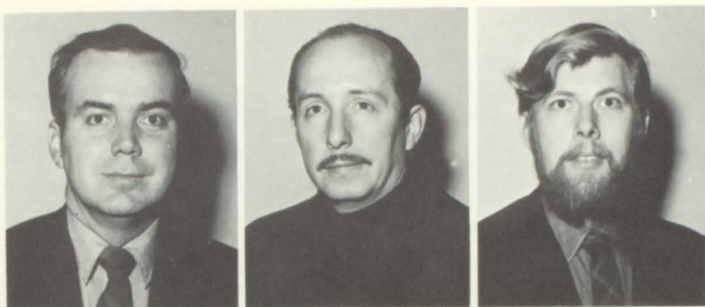


Blending their voices harmoniously to the musical score are Barb Sherman, Lois Larson, Jennifer Rife, and Dennis Alfveby.

In band sectionals, students go over part of the Christmas music that gives them trouble in band. Trying to eliminate the mistakes are Mr.

Nelson, Cathy Dale, Cheryl Gudmundson, Jay Johnston, Scott Anderson and Jay Crawford.





LEFT TO RIGHT, Mark Hansen, Art I, III and IV; James Howe, Art II and III; Allen Larson, Art I.



Receiving instructions on using the pottery wheel, Dawn Alcock takes advice from Mr. Howe.

Using her artistic abilities, Sue Jorgenson captures a picturesque view in her painting with acrylics.

PAINTERS EXPRESS THEIR ORIGINALITY

Dull gray walls were transformed into gay psychedelic patterns as art students created a brighter atmosphere to work in. Beginning art students, taught by Mr. Larson, worked with basic drawing and water colors. Art II and III students, instructed by Mr. Howe and Mr. Hansen, worked mainly in the fields of ceramics and graphic arts. Such projects as decorative wall hangings, woodcuts and stitchery were produced by diligent students. Again this year, Mr. Hansen taught an oil painting class geared for those interested in the techniques of painting. Working independently, each young artist devised his own style of expressions.

This year the school purchased numerous films for the students' individual use.



MATH, SCIENCE UNLOCK UNIVERSE

Working in the lab, solving difficult problems and occasionally taking field trips were facets of this year's Science and Math Departments. Films coupled with ever-present lectures gave students a solid foothold in understanding the secrets of the Universe.

The day the eyewasher accidentally showered her and Sue Timm, Mrs. Hansen knew it would be another unusual year in Chemistry. Mr. Harper's Biology students again presented wild life dinners, which carried a menu with such delectable tidbits as crow and kraut, baked porcupine and coot casserole.

Miss Pottratz's fifth hour Geometry class gained unique understanding of parallel lines when they wrote their own unit on the subject.



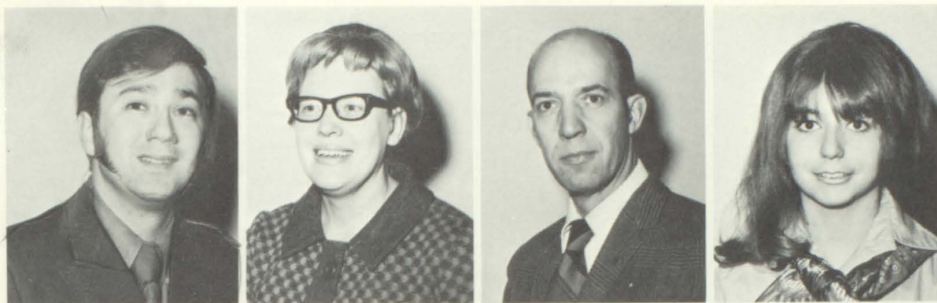
Amid tangled equipment, Stu Dunn and Jim Marois try to find the amount of oxygen in a compound.



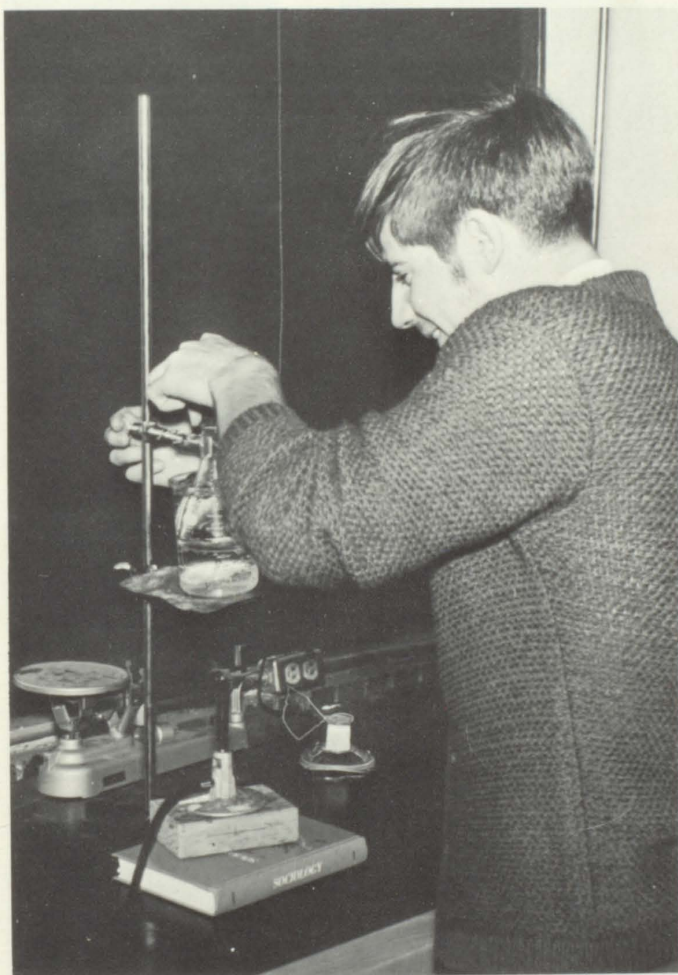
Checking the condition of the paramecium used in many biology experiments are sophomores Linda Eckland and Connie Gatzow.



Cooling a flask in ice water, Pam Madison, along with Rose Kickler and Kathy Hult, tries to find the volume of air in the flask.



LEFT TO RIGHT, Russell Georgesen, Physical Science, Business Mathematics; Gwendolyn Hansen, Biology, Chemistry; Herbert Harper, Biology, Field Biology, Concessions Advisor; Judith Lindberg, Chemistry, Basic Mathematics.



Adjusting the position of the flask, Bruce Weinke conducts a physics experiment to find a natural temperature scale.



As Fred McKnight and Vickie Quammen solve an equation, Mr. Lautiger explains what can go wrong.



LEFT TO RIGHT, Thomas Olson, Physical Science, Physics, Lettermen Club Advisor, Assistant Football Coach; Wallace Conner, Mathematical Analysis, Algebra II and Trigonometry; John Lautiger, Geometry, Algebra I; Mary Lynn Pottratz, Algebra II and Trigonometry, Geometry, BREEZE Advisor.



Acquiring a chance to expand their knowledge of the typing keyboard beyond basic fundamentals and techniques taught in begin-

ning ninth grade typing, these Typing I students busily toil to complete daily lesson assignments.

STUDENTS MASTER BUSINESS SKILLS

Forest Lake offered a variety of business courses to those students who wished to become accomplished in the secretarial field. The courses offered were: Shorthand, Business Machines, Business Practices, Typing and Bookkeeping.

In shorthand, students learned an intricate method of communication by reading and writing in symbols. Students in Business Machines operated such office machines as mimeograph, rotary calculator, dictaphone and spirit duplicator. Typing and Business Practices simulated experiences encountered in a business office. In Bookkeeping the art of keeping accurate records was learned.



LEFT TO RIGHT, Jack Buys, Commercial; Janet Wiley, Bookkeeping, Typing.



During Business Machines class, Delores Erickson pauses to re-examine the figures in her test to assure herself of complete accuracy.



LEFT TO RIGHT, Peter Edstrom, Animal Science, Forestry & Conservation, FFA Advisor; Loyal Hyatt, Agriculture II, Farm Power Mechanics.



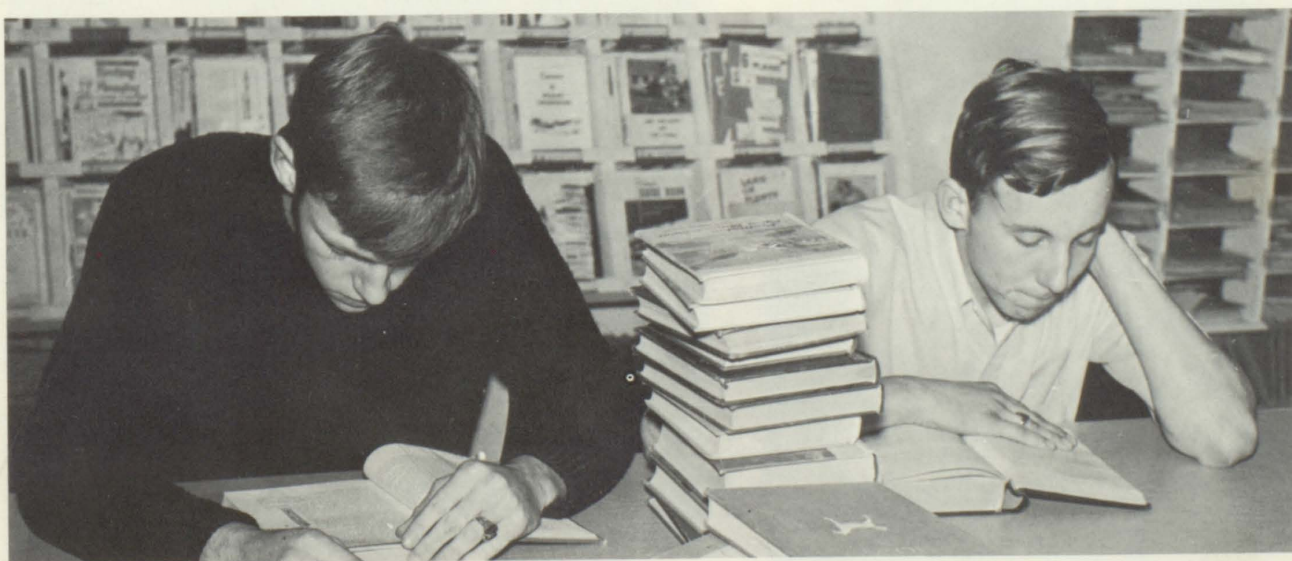
Gathering information for his extra credit report on hybrid corn, Tom Husnik scans the materials in the Ag Building.

AG CURRICULUM CHANGES YEARLY

The term Agriculture covers a variety of subjects offered at Forest Lake, such as Farm Power Mechanics, Ag I, Ag II, and Agro Business. Forestry & Conservation, Horticulture and Plant, Soil Science were offered every other year.

The Agriculture Department acquired two important additions the past year. A calculator was purchased by Mr. Hyatt to aid him in teaching the Farm Power Mechanics class. The other new addition was Mr. Edstrom, who is filling in for Mr. Sandager while he is teaching in Kenya, Africa.

Since the Agriculture Building is separated from the main school building by a block, students enjoyed a fresh air jaunt throughout the year. The new school should remedy that situation.



Agriculture students Pat Saunders and Scott Anderson diligently search through a stack of reference books for material which will aid

in the composition of a report to be given in their class as a substitute for a test.

Marilyn Muckala,
Home Economics,
F.H.A. Advisor



KITCHENS SERVE TEMPTING TREATS

Home Economics offered a wide selection of courses to cover everyone's individual interests. Girls who took Home Ec. IV were instructed first semester in the art of sewing, including clothing history, design and garment construction. Interior decorating was taught second semester.

Those who took Home Ec. V not only satisfied their appetites, but those of many other students who just happened to pass by the Home Ec. department at the moment the food came out of the oven. The girls also spent time on studies such as foreign foods and family meal planning.

Home Ec. III encompassed sewing, cooking, child care and family living.



The correct usage of a sewing machine must be understood before Sandy Geminer can begin the actual sewing of a garment.



Carefully watching the melting ingredients, Sue Auge and Roxanne Sivigny marveled over their first attempts at making fudge.

Cheerfully cleaning up a mess of dirt from a cooking lab is sophomore Denise Tetrault, Home Ec. III student.



LEFT TO RIGHT, Francis Bussey, Power Mechanics, Metals; Russell Hammond, Woodwork, General Drawing, Architectural Drawing; Tom Pogreba, Electronics, Power Mechanics, Assistant Wrestling Coach; John Rieman, Metals, Head Wrestling Coach.



Overwhelmed with the complexities of an engine, Tom Locke and Gary Olson listen attentively as Mr. Bussey explains its functions.



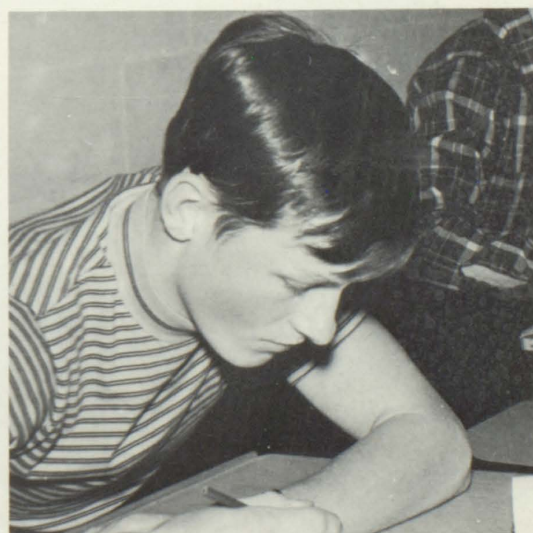
In Electronics class, assurance in correct measurement is accomplished by Leo Donovan as he readjusts the voltage meter.

HOBBIEISTS GAIN CRAFTSMEN'S SKILL

Producing future hobbyists and craftsmen with a general knowledge and proficiency in the fields of vocational skills, is the Industrial Arts Department. At Forest Lake, students chose from a wide range of vocational classes geared for the modern world.

Mastery in any one of the five different industrial arts classes was a goal to strive for. The teachers were journeymen if not better, and the students were the apprentices working hard to make the grade.

Class demands were set one step higher than the students' potential ability, providing motivation. The key to success in the areas of Drawing, Woodworking, Metal Shop, Electronics and Power Mechanics is the knowledge of the work one is doing.



Sitting in General Drawing Class, Ken Knapp contemplates a large variety of nine-weeks projects available to him.

DRIVING FEVER HITS FL TEENS

Crimson octagonal stop signs were one of the many warning symbols students became significantly aware of for the first time when they were introduced to Driver's Education. The program, which was provided throughout the school year, offered class instruction and behind the wheel training to teens with "driving fever." Two hours a day, two days a week, students listened to the instructor, Mr. Scofield. After class instruction was completed, a written test was required. If the student passed the test he was issued the coveted driver's permit and started behind the wheel training. Six hours of training must be taken before the actual driver's test. When the student scored 70 points or higher, he was a full-fledged driver!

Caution and alertness were needed by Nancy Hanson in her first attempt at parallel parking.

Arnold Scofield,
Driver's Education,
Algebra I.



Basic handling of a car was demonstrated throughout the community by students enrolled in driver's education instructed by Mr. Scofield.

Each novice spent long hours practicing before attempting his driver's exam.



LEFT TO RIGHT, Joan Paulson, Physical Education, G.A.A., Advisor, Cheerleading Advisor; Jack Conley, Physical Education, Athletic Director.



Trying desperately to return the volley, Pat Reed bounced under the ball as Cheryl Hanson and Mary Cobb came to her assistance.

PHY. ED. BUILDS CO-ORDINATION

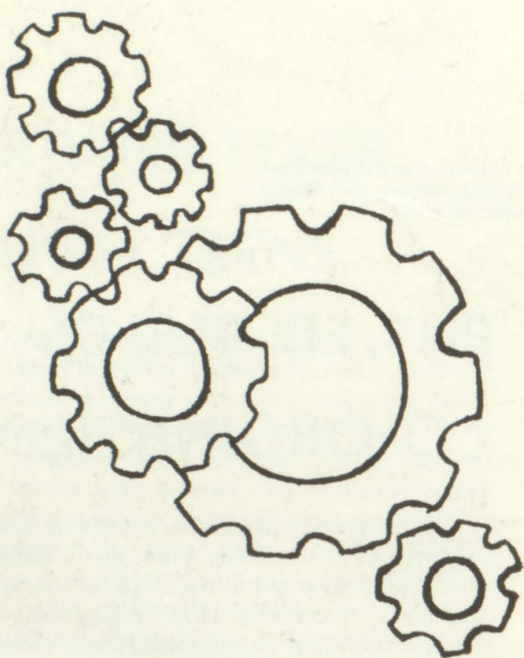
Coordination, competitive spirit and sportsmanship were the three main goals students endeavored to attain in the Physical Education courses instructed by Miss Paulson and Mr. Conley. Sophomores participated in a wide variety of outdoor and indoor sports, with gymnastics, volleyball, basketball and football among their favorites. Muscles were driven to the breaking point in order to achieve the best time, the longest throw or the highest jump in track tournaments.

In health classes the Sophomores rattled their brains in search of the correct names for bones and muscles. They also discussed the effects of narcotics, tobacco and alcohol on the body. Diseases and cures were also talked about extensively.

Writhing with pain and agony, Roger Magnuson tried desperately to release the hold that his victor, Jay Coleman, possessed upon him in

Phys. Ed. class. As muscles strained to overcome defeat, Jay was declared the winner.





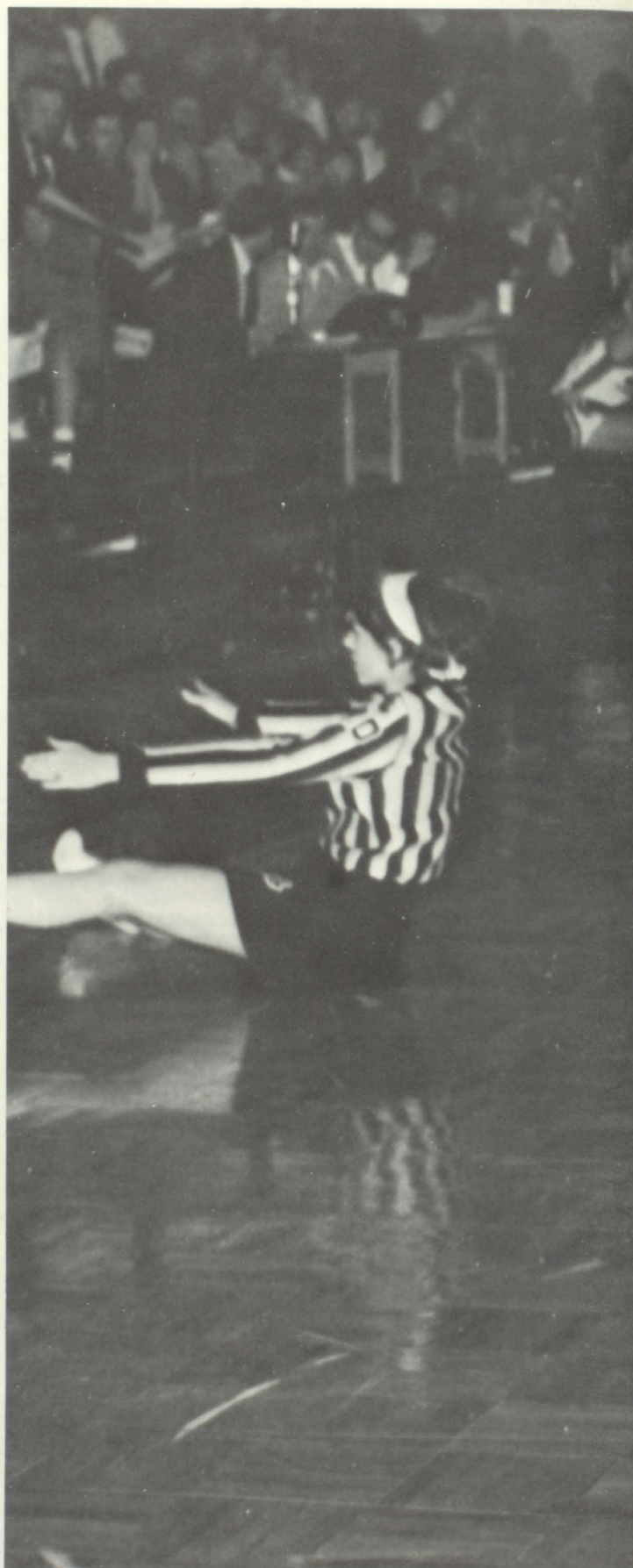
ORGANIZATIONS

A crimson-orange pinata, wounded by a
blindfolded assailant,
Splatters candy into groping hands.

Penetrating vapors of printers' ink welcome
zealous editors,
Stimulating visions of award-winning papers.

Weak ankles strain as glissaders skim over
Hills of freshly fallen snow.

Organizations — the time for excitement!







Amazingly enough, Student Council President, Steve Hursh, seemed to have forgotten about one poster. However, council members

Dean Larson, Julie Thomson, and John Peterson were on hand to offer helpful suggestions to the problem.



Discussing what stores to contact in order to place signs in them are Vickie Quammen and Kathy Patterson.



MEMBERS; FRONT ROW, Tim Tolzman, Julie Thomson, Mary Boehm, Vickie Proulx, Ron Bullard. SECOND ROW, John Peterson, Gary Berg, Diane Parnell, Charlene Krasky, Todd Lundgren. BACK ROW, Carol Peterson, Debbie Booren, Barb Schmidt, Steve Krasky.



STUDENT COUNCIL OFFICERS; LEFT TO RIGHT, Wayne Nealis, Mr. Franzen, Advisor, Dean Larson. BACK ROW; Vickie Quammen, Steve Hursh, Kathy Patterson.

COUNCIL BACKS BOND ISSUE

That "the power of the Student Council depends on school spirit," was the philosophy of 1969 Student Council President, Steve Hursh. Theory was proven effective with the successful adoption of the new dress code.

Every year, representatives of the council attend two important conventions, the fall State Convention and the St. Paul Area Convention in the spring. Topics of discussion at these conventions ranged from current council affairs to betterment of the student government.

One of the goals of the Student Council this year was promoting the bond issue. They printed various handbills stressing the need for a new building. Their reward was a 2 to 1 victory favoring the bond.



Expressing their enthusiasm toward the bond issue, Diane Parnell, Gary Berg, Julie Thomson, Debbie Booren, and Carol Peterson plas-

tered numerous signs and posters all over the school, which resulted in an overwhelming victory.



SPANISH CLUB, FRONT ROW; Jean Simonson, Sue Setterholm, Barb Zeches, Becky Fast, Lynn Kneissel, Susan Stroman, Barb Schmidt, Jane Strnad, Debbie Gamelin, April Haug, Corinne Schneider, Jackie Schmidt, Lois Larson. SECOND ROW; Barb Sherman, Barb Sausen, Joan Franta, Katie Ersfeld, Karen Wee, Jill Houle, Mary Magnuson, Debbie Booren, Carol Torgeson, Terese Gudmunsen, Linda Wahlberg, Colleen Johnston, Dee Linstrom, Sue Eisenmenger. THIRD

ROW; Sue Wortman, Wynness Larson, Linda Eklund, Patti Morse, Sue Meister, Dan Stroman, Ron Bullard, Larry Swanson, Tom Grund, Candy Anderson, Pat Robinson, Kevin Danielson. BACK ROW; Tom Kolberg, Mark Schmidt, Kevin Casey, Bob Robotham, Chuck Randall, Frank Boehm, John Peterson, Tom Locke, Robin Johnson, Terry Schleppegrell, Leo Sauson, Mr. Allen Franzen, Advisor.

SPANISH CUSTOMS HIGHLIGHT YEAR

With Mr. Franzen's fierce competitive spirit as motivation, and the help of such notables as Don Juan, the Frito Bandito and Zorro, the "Club de Español" captured second place honors on Homecoming Skit Night.

The Christmas holiday was celebrated in gay Spanish fashion by caroling door to door, breaking piñatas and eating the twelve grapes of happiness at the Christmas party.

Spanish cookbooks were in popular demand as club members prepared an authentic Spanish dinner including tacos, enchiladas and tortillas.

In order to raise funds for their dinner, the Spanish Club sponsored a sockhop after a football game.

At the Spanish Club Christmas party, students anxiously await the breaking of the candy filled pinata by Tom Kolberg.





Ron Bullard, Tom Hollihan, Debbie Kunshier, Jane Strnad and Bobbie Hollander proudly display the revue of L'il Abner.

DRAMATIC CLUB REORGANIZED

On November 10, 1969, the beginnings of a new dramatic organization, replacing the then present Thespian Troupe, was in the offing. Through the work of the Thespian executive committee and its advisor, Mrs. Karen Howe, the guidelines of their constitution were redefined. They also made Thespian Troupe 1026 a fraternal organization within their new Drama Club.

The Drama Club still held affiliation with the national Thespians, but made it possible for more students to learn about dramatics through theater work shops, participation in plays and through constructive analysis of plays viewed.

Plans this year included a Spring Banquet in which newly elected officers for 1970—1971 were installed, along with the presentation of awards for achieving the honorary merit of Thespians.



DRAMA CLUB, FRONT ROW; Phil Collins, Lynn Kneissel, Becky Grund, Effie Anderson, Jane Strnad, Paula Robertson, Karla Gessner. SECOND ROW; Karen Palmquist, Judy Pfingston, Chris Pierce, Mary Kaye Husnik, Jill Rugroden, Terse Gudmunsen, Linda Wahlberg, Linda Osterbauer. THIRD ROW; Dan Christenson, Jon Kuefler, Robin

Sahlin, Diane Parnell, Barb Schmidt, Jennifer Rife, Daria Thiltgen, Sue Timm, Larry Arth, Jim Marois. BACK ROW; Ken Knapp, Linda Eklund, Jennifer Bloom, Sally Mather, Jan Johnson, Tom Hollihan, Ron Bullard, Joe Tritchler, Advisor Mrs. Howe.

DEBATERS PIN EDINA, HOPKINS

Continued success in the debate circuit's invitational tournaments has established F.L.'s squad as one of the powerhouses in the state. Unlike other activities the school participates in, the debaters are forced to meet such teams as Hopkins, Edina and Richfield. They decided Hopkins in a cross examination championship, beat Richfield in the prestigious Tournament of Champions and remained undefeated against Edina. In Regional Tournament they pinned a previously unbeaten Duluth East team. These performances qualified them for the State Tournament for a second consecutive year. The dedication and intensive drive by all our debaters and coach Mr. Streater resulted in the winning of eleven invitational trophies.

Debaters Ron Bullard, Char Krasky and Colleen Sullivan work hard to keep files up to date.



Portfolios held in just the right position, heads held erect and smiles on their faces, members of the speech choir practice popular satirical selections to be given before audiences in special speech choir performances.



DEBATE SQUAD, FRONT ROW; Ron Bullard, Coach Ralph Streater, Chris Pierce. SECOND ROW; Barb Schmidt, Helen Stolp, Sue Meister, Angie Flermoen, Charlene Krasky, Colleen Sullivan, Wynnes Lar-

son, Kathy McJames. THIRD ROW; Steve Krasky, Gerry Monson, Dennis Alfveby, Carol Peterson, Remi Brooke, Dennis Clarke, Tom Hollihan.



As Wynness Larson stresses a point in preparation for a debate, Dennis Alfveby and Mr. Streater listen for weaknesses.



Getting a case ready for the Skyline, Daria Thiltgen and Laura Borchardt go over fine points.

BREEZE CONTROLS MHSPA FINANCES

Reporters, typists, cartoonists and editors combined their talents to publish the bi-weekly school newspaper, the BREEZE. The staff worked closely with their advisor, Miss Mary Lynn Pottratz.

The newspaper underwent several changes this year. "Dear Willie" was added to give humorous advice, the Feature Page and the Editorial Page exchanged page numbers and the mast on the News Page was reduced.

Since the BREEZE was elected treasurer to the Minnesota High School Press Association, representatives attended several meetings held at the University of Minnesota.

Kathy Hult, Vicki Proulx, Steve Hursh and Mark Schmidt attended the National Scholastic Press Association Convention held in Chicago during Thanksgiving.



Scanning the Breeze story list, Kathy Hult formulates exciting design ideas for the News Page layout.



Sports Page Editor, Mark Schmidt, swiftly rattles off a gridder's story to be taken to the Times Office.



Making story corrections is one of the rewarding but tedious responsibilities of Editor-in-Chief, Steve Hursh.



BREEZE STAFF, FRONT ROW; Candy Bohjanen, Susan Grunwald, Sally Gould, Sue Babcock, Carol Torgeson, Jill Rugroden, Terese Gudmundsen, Chris Anderson, Debbie Kunshier. SECOND ROW; Goldeann Larson, Tonie Lind, Sharon Furrer, Jennifer Rife, Charlene Krasky, Susan Meister, Debbie Booren, Dawn Alcock, Carol Pfingston, Sue Eisenmenger, Jackie Strand, Lynn Jeans. THIRD ROW; Sue

Maki, Sandy West, Diane Parnell, Barb Schmidt, Corinne Schneider, Debbie Johnson, April Haug, Bobbie Hollander, Dee Lindstrom, Paul Swartz. BACK ROW; Doug Hallberg, Tom Kolberg, Frank Boehm, Jack Severson, George Mickelson, Larry Swanson, Kevin Casey, Ron Bullard.



Inspecting the tangible results of two hard weeks work are the Breeze editors; Kathy Hult, News Page; Mark Schmidt, Sports Page; Vicki Proulx, Feature Page; and Miss Mary Lynn Pottratz, Advisor.

FORESTER ENTERS "GEARS OF TIME"

"It was the best of times, it was the worst of times" for the 1969-70 Forester staff. Each deadline was frantically met, leaving behind a disarrayed FORESTER room and a multitude of memories.

A new year brought about many changes in the yearbook. Dimensions of the FORESTER were enlarged to the impressive 9 x 12 college cover, with an additional 30 pages.

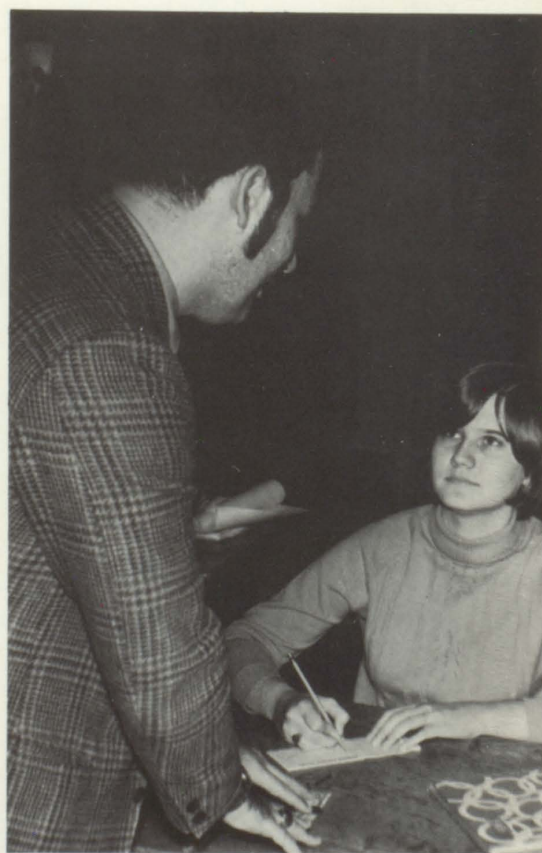
Many new concepts and yearbook trends across the Midwest were presented to Co-editors Kay Knowlan and Sally Miller when they attended the MHSPA yearbook workshop at the University of Minnesota campus. Equipped with these ideas, and the advisory effort of Mrs. Patricia Beyers, the FORESTER endeavored to leave an indelible mark for the year 1970.



FORESTER STAFF, FRONT ROW; Candy Bohjanen, Steve Korn, Linda Hawkinson, Tom Kolberg, April Haug, Tom Grund, Jane Strnad, Joe Titchler. SECOND ROW; Cathy Dale, Debbie Kunshier, Chris Anderson, Patti Allen, Roxanne Ray, Mary Collins, Sandy West, Roxanne



Getting ready for another deadline, FORESTER co-editors Kay Knowlan and Sally Miller ask for help from their advisor, Mrs. Beyers.



"How do you spell that name again, S-H-A-M?" asks Sandy Dolphy of Mr. Somrock.



Taurman, Robin Sahlin, Goldeanne Larson. BACK ROW; Terry Schlegrell, Sue Kiecher, Patty Robinson, Mary Fladland, Kate Ersfeld, Jennifer Bloom, Jan Johnson, Mark Ramaley, Gary Bolenbaugh, Peggy Fox.

Expecting a lively halftime, Pat Priener, Mary Collins, and Nancy Bloom prepare the sale of concessions.



Often frustrated by their many necessary attempts at cropping difficult pictures, are section editors Steve Korn and Tom Grund.



Performing one of his many duties is Joe Tritchler, manager of the Concessions Stand.

CHOIR INSPIRED BY NEW DIRECTOR

Mr. Lindstrom, the independent choir director, strived for excellence by challenging the youth to learn various styles of music. He cancelled a few of the traditional numbers of the Christmas Concert and substituted them with totally fresh selections.

Learning to listen to the almost inaudible tone of Mr. Lindstrom's "trusty" pitchpipe, and remembering not to hum the note, became one of the inside jokes which flavored the harmonious relationship between the director and his pupils. Seniors will remember this year as one of expanding knowledge and technique.

The choir sold World's Finest Candy, putting additional money in the choir fund which covered expenses for the year.



When the choir didn't accept the notes from his trusty pitch pipe, Mr. Lindstrom turned to his new 'toy'.

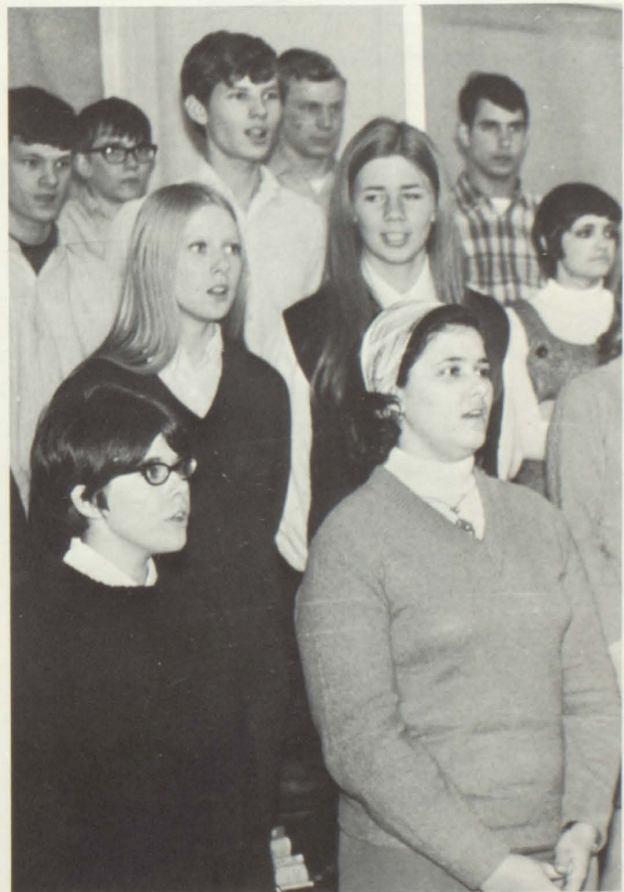


CHOIR, FRONT ROW; Mary Patterson, Jennifer Rife, Barb Sherman, Linda Benson, Barb Schmidt, Jane Strnad, Mary Preiner, Sue Setterholm, Robin Sahlin, Judy Pfingston, Carol Pfingston, Cassy Midboe, Barb Osterbauer. SECOND ROW; Caryn Zimmer, Joan Franta, Pat Lawrence, Sue Timm, Candy Larson, Cathy Scofield, Barb Faymoville, Dawn Alcock, Bobbie Hollander, Katie Ersfeld, Kathy Patterson, Lois

Larson. THIRD ROW; Phil Collins, Duane Maki, Jim Crete, Tom Locke, Dan Christianson, Dee Lindstrom, Paula Robertson, Julie Thomson, Wendy Nutter, Debbie Kunshier, Mary LaMotte. FOURTH ROW; Jon Kuefler, Dennis Alveby, Steve Christianson, Dan Remitz, Jim Eisenhut, Dale Perrault, Joe Trichtler, Don Omundson, Sheldon Matheson, Bob Erickson, Debbie Poff, Leslie Jensen.



CHOIR COUNCIL, FRONT ROW; Kathy Patterson, Barb Schmidt, Wendy Nutter, Phil Collins, Don Omundson, Dennis Alfveby, Jane Strnad.
BACK ROW; Mr. Lindstrom.



Struggling their way through the songs of the Christmas Concert, the choir attempts to remember the words.

Blending together the quality of their voices, Judy and Carol Pfingston glance at Mr. Lindstrom for direction.

FL BAND SALUTES OPENING OF 35-W

Sabotaged by sports and outside jobs, the pep band was comparatively smaller than in previous years. This necessitated more practice time, so the pep band met frequently after school.

Delicious Pearson candies were vigorously sold by band members for two weeks during a fund raising project. Instrumental sections competed against each other for the honor of selling the most candy. The band's profit was used to refurbish marching uniforms and provide money for any trips the band makes in the summer.

On Nov. 25, Mr. Rollin Nelson and the band braved icy gusts of wind to play at the official opening of Interstate 35 W. They also performed in concert and at games during the year.



COUNCIL, FRONT ROW; Steve Hursh, Debby Johnson, Vicki Proulx. BACK ROW; Kevin Danielson, Mike Gibson, Peggy Fox.



FOREST LAKE HIGH SCHOOL BAND, FRONT ROW; Kathy Hult, Linda Ecklund, Linda Wahlberg, Lisa Benoy, Lynn Kneissel, Candy Anderson, Barb Midboe, Jill Rugroden, Sonja Wollan, Pat Fox, Mary Fladland, Nancy Hanson, Pat Ashby, Karen Wee, Maria McGinnis, Diane Parnell. SECOND ROW; Kay Knowlan, Ron Bullard, Sally Mather, Jennifer Bloom, Debby Johnson, Becky Fast, Therese Gudmundson, Debby Bothman, Jan Johnson, David Kronlein, Mary Carlson, Terri Rolseth, Scott Anderson, Doug Hallberg, Paula Strandlund, Sally Gould, Jackie Strand, Cathy Dale, Beth Ekdahl, Cheryle Gudmundson. THIRD ROW; Peggy Fox, Vicki Proulx, Terri Carpenter, Mary Morrison, Patty Lundeen, Toni Lind, Debbie Booren, Patty Morse, Lynn



Skillfully demonstrating regal carriage, typical of the Forest Lake military marching style, are Twirler Kathy Hult, Majorettes Corinne Schneider, Sue Eisenmenger, Therese Tessier and Drum Major Scott Moen.



Jeans, Mike Rehbein, Dwight Benoy, Doug Moen, Max McGowan, Keith Anderson, Jay Crawford, Steve Zaspel, Tom Grund, Steve Hursh, Mary Collins, Pat DuBay, Linda Dalin, Renee Matheson, Tim Tolzman. BACK ROW; Irving Istvanovich, Jay Johnston, Sharon Graves, Stu Campbell, Brad Bernstein, Mike Thomas, Dexter Gillette, Sue Maki, Gary Bolenbaugh, Keith Sahlin, Ron Gilbertson, John Ashby, Dave Smith, Mary Jo Devine, Scott Moen, Judi Shroeder, Keith Havens, Director Rollin Nelson.

FUTURE FARMERS USE JOB SERVICE

Lead by President Tom Husnik, the Forest Lake FFA Chapter achieved the Reserve Sweepstakes Award at the Minnesota State Fair in September. Sponsored by local businesses, elected representatives from the club and their Advisor, Mr. Edstrom, traveled to Kansas City for the National Convention a month later.

Christmas brought a chance to gain revenue by selling evergreens and wreaths.

A unique service offered by the group was the job placement program which informed the boys of available jobs in areas such as farms, stores and golf courses. This program continued throughout the summer.



Mr. Edstrom discusses the agenda for an upcoming meeting with F.F.A. members Scott Anderson and Pat Saunders.



F.F.A. FRONT ROW; John Lutz, Ty Johnson, Tom Husnik, Scott Anderson, Francis Miron, Pat Saunders, SECOND ROW; Jeff Prestegard, David Hohenauer, Ron Taylor, Will Moyer, Guy Lehner, Tony Caron, Rick Plain, Mike Kment, Jim Anderson, Cliff Crowley, Bill Bunn, Eugene Dodge, Debbie Utecht, Jim Weinkauff, Ken Anderson. THIRD ROW; Marcia Hammer, Barb Peters, Dave Bowman, Gene Stolp, Larry Atkins, Ray Sorgert, Mike Mardaus, Gary Otremba, Don Gunderson, Jeff Gallagher, Tim Oke, Adair Siedelman, Paul Goss, Jim Ma-

rois, Bob Stone, Albert Drechsel, Betty Ore, Ray Peterson, Todd Voelker, Scott Wommack. BACK ROW; Jean Morehouse, Paul Dolfy, Chris Davis, Dale Perrault, Randy Ross, Ron Bowen, Larry Pearson, Robert Waller, Martin Schwartz, John Long, Mike Dailey, Craig Knowlan, Mark Jonason, Mike Hanson, Dominic Daninger, Don Marois, Richard Cape, Randy Johnson, Steve Wallraff, Pat Powers, Bruce Prestegard, Bob Schafer.



F.H.A., FRONT ROW; Sandy West, Dorinda Diemert, Debbie LaCasse, Ruth Hagen, Paula Augustine, Candy Bohjanen, Pam Olson, Miss Muckala, advisor. SECOND ROW; Kay Limestad, Goldie Larson, Mary Devine, Marcia Tester, Debbie Krummi, Linda Swanson, Katy Branchaud. THIRD ROW; Karen Benson, Mary DuBay, Becky Fast, Roxie Reed, Lynn Philippi, Gail Richardson, Connie Knutson. BACK ROW; Linda Benson, Linda Heath, Diane Bergum, Diane Zak, Teresa Matson, Gwen Blackledge, Rosemary Houle, Pat Reed, Bette Utecht.

HOMEMAKERS AID AFRICAN POVERTY

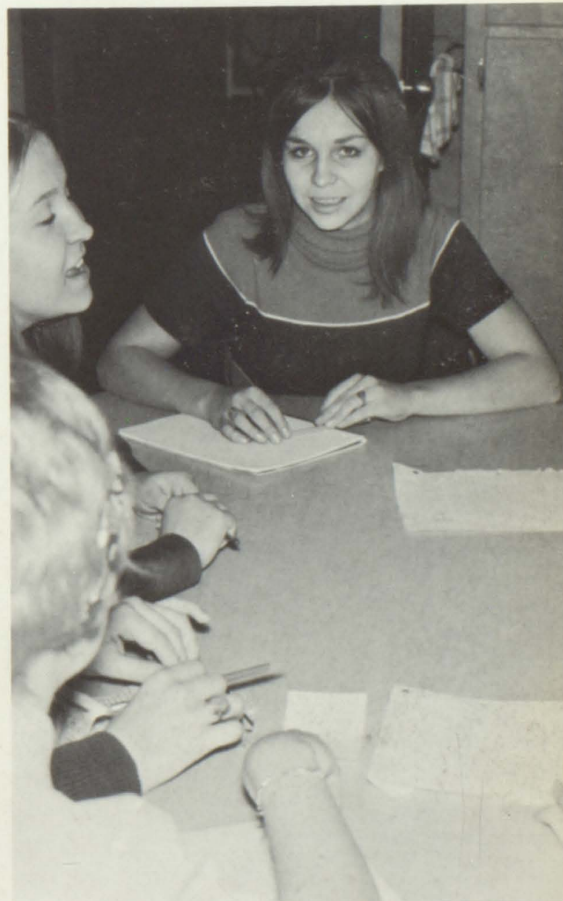
The F.H.A., an energetic organization, conducted their activities under the supervision of Miss Muckala, who was initiated along with the new girls. Each initiate was required to wear an apron, hairnet, a sign pinned on her back, carry a child's toy and bow to all F.H.A. members they met.

Their objectives were to strive for improved relationships with their family and community, and to assist others in various services.

The activities were comprised of a shopping trip to the cities, a convention, an annual banquet, and a style show. The F.H.A. and F.F.A. joined in a community clothing and book drive for the people in Kenya, Africa.



Officers, Secretary Candy Bohjanen and President Sandy West familiarize themselves with parliamentary procedure used at the State Convention.



An F.H.A. officer's meeting finds Sandy West, President, discussing club policy.



A-SQUAD CHEERLEADERS, FRONT ROW; Sue Keicker, Debbie Johnson, Barb Keller, Pat Robinson. BACK ROW; Patty Lundeen, Terri Rolseth, Cathy Dale, Roxanne Ray, Lois Larson.



Leaping to a lofty height over the football field in the split jump, the cheerleaders display the athletic prowess, pep and vitality which

enables them to arouse roars of enthusiasm from the large crowds attending games.



"S-U-C-C-E-S-S, that's the way you spell success" according to Barb Keller, Debbie Johnson and Roxanne Ray.

"S-P-I-R-I-T, WE'VE GOT THE SPIRIT!"

Cloaked in jaunty maroon and white uniforms, the cheerleaders were the essence of school spirit. Their pep and vitality sparked the football team to one of the most victorious seasons in years.

The girls were always on the alert for new ways to keep the current of spirit flowing. By attending the Harding High School Cheerleading Clinic on Oct. 7 they gained fresh ideas and the rousing cheer, "The Bigger They Are, The Harder They Fall."

To raise money for the maroon and gold tams and scarves that adorn their uniforms, the cheerleaders held a car wash during the summer and sponsored a sockhop following the Osseo football game.

The many hours spent planning pep fests, painting signs and cheering in any kind of weather was greatly appreciated.



B-SQUAD CHEERLEADERS, FRONT ROW; Cheryl Hanson, Jackie Strand, Jill Rugroden, Sally Gould. BACK ROW; Kathy Kolbow, Debbie Booren, Barbara Schmidt.

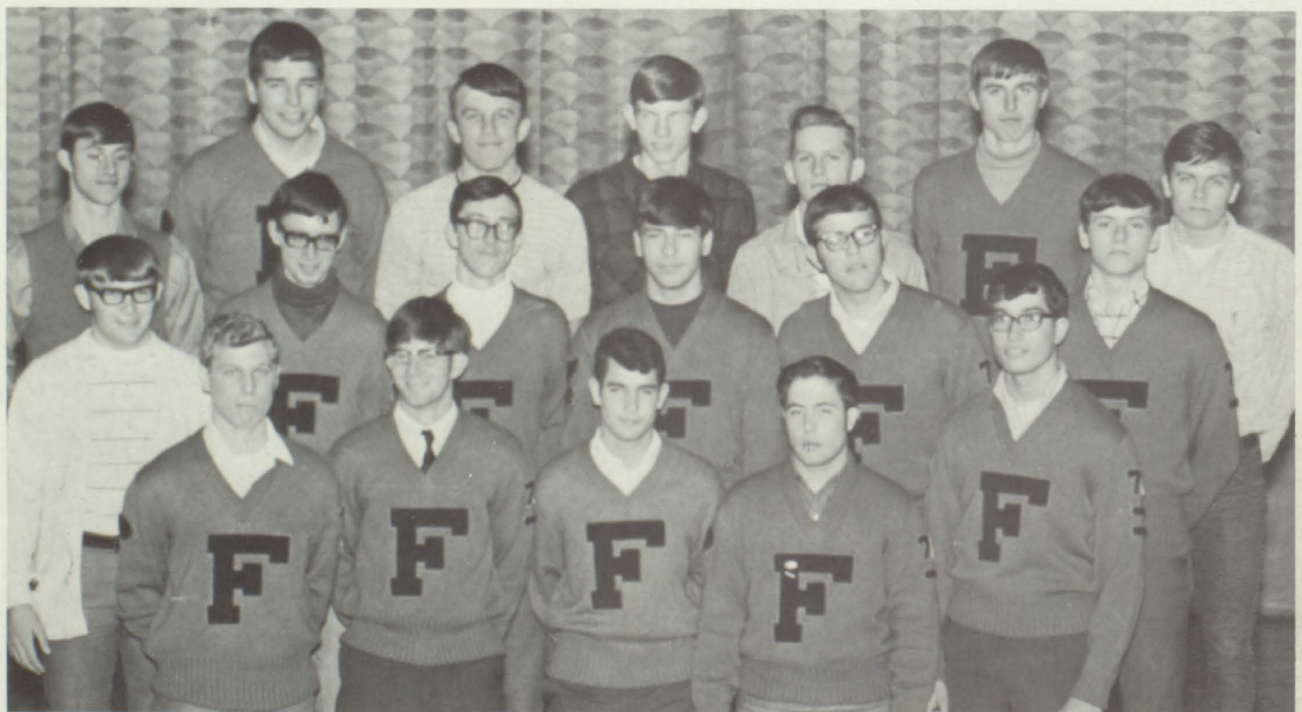
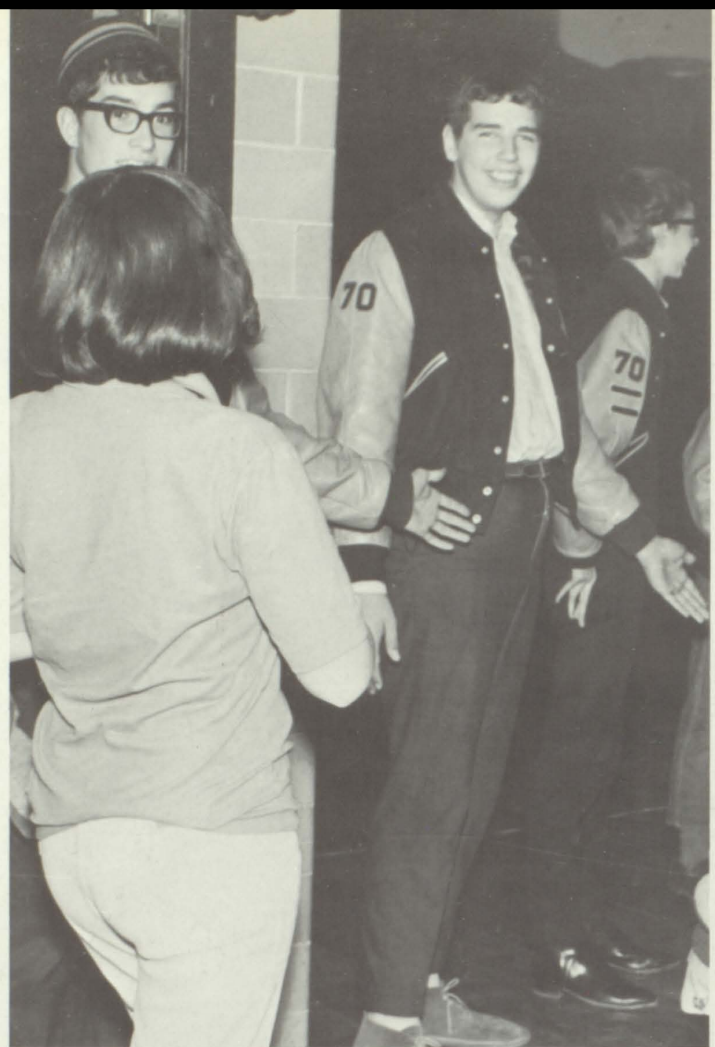
LETTERMEN PLAN CHRISTMAS DANCE

Garbed in gold V-neck sweaters, enhanced by muscular physiques, Lettermen performed many services for the school. During basketball and wrestling season they assumed responsibility to see that enthusiastic spectators received programs, remained off the playing floor and kept concessions out of the gym.

Each initiate that survived the week of initiations will long remember tedious push ups in the halls, deep bows and Dan Christianson's famous soft shoe dance.

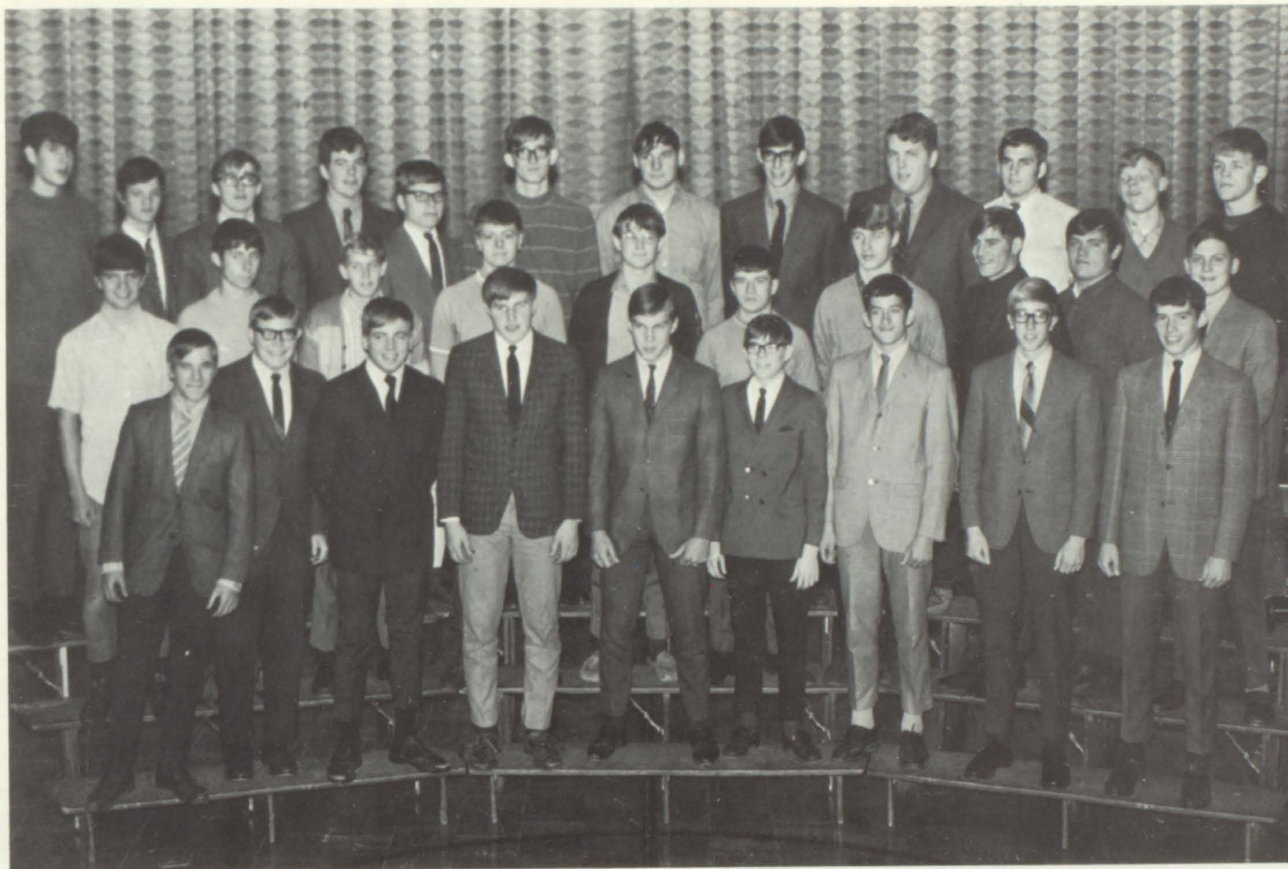
The Lettermen calendar was marked by numerous events. The boys organized and sponsored a Christmas dance and again attended an exciting North Star Hockey game. Awards were received at the spring athletic banquet, closing an active year.

Serving as ushers, Dean Marier and John Ashby happily escort Pat Lipp into the gym.



LETTERMEN, FRONT ROW; Sheldon Matheson, Larry Arth, Bob Erickson, Phil Collins, Dean Marier. SECOND ROW; Jim Swanberg, Duane Keller, Gary Simonson, Tom Kolberg, George Mickelson,

Kevin Casey. BACK ROW; Lee Augustine, John Ashby, Frank Boehm, Jack Severson, Bruce Elsenpeter, Ron Gilbertson, Wayne Nealis.



LETTERMAN INITIATES, FRONT ROW; Leo Donovan, Greg Johnson, Dean Anderson, Gary Gilbertson, Duane Maki, Don Omundson, Terry Schleppegrell, Gary Berg, Scott Marier. SECOND ROW; Stu Dunn, Mike Kment, Eugene Hurstel, Ken Schlipp, Keith Sahlin, Jim

Fraley, Mark Schmidt, Bruce Weinke, Dan Hayes, Bill Berggren. BACK ROW; Scott Moen, Dan Christianson, Vern Osterbauer, Greg Gabrick, Lee Kendrick, Dan Johnson, Stan Berry, Jay Crawford, Paul Raduenz, Kevin Danielson, Chuck Randall, Robin Johnson.



Before the actual meeting, officers gathered together in the gym to discuss the possibility of different ideas for the Christmas dance and progressive dinner. Conferring together are Lettermen officers John

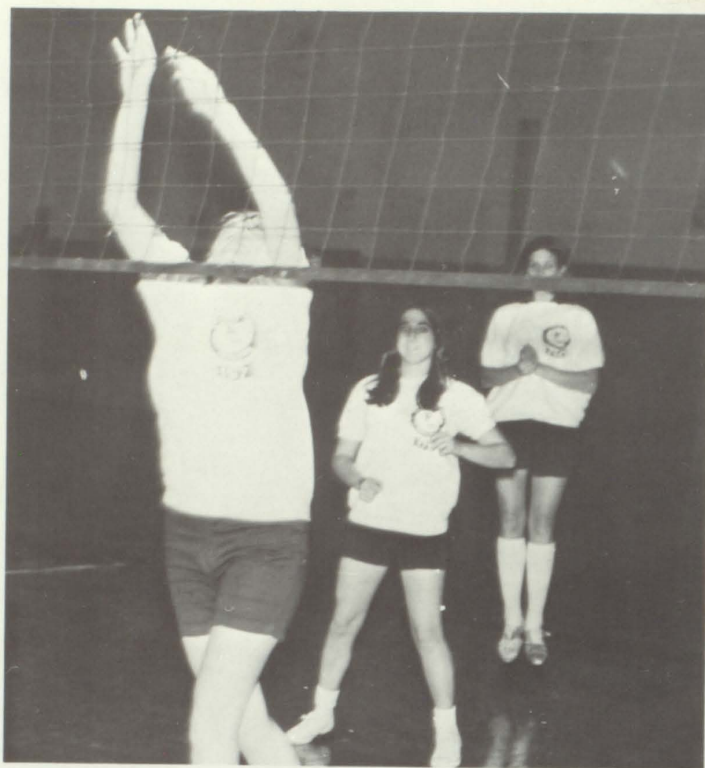
Ashby, Secretary-Treasurer, Paul Swartz, President, Bob Rowbotham, Vice-President, and Mr. Olson, Advisor.

G.A.A. ORGANIZES GYMNASTICS TEAM

G.A.A. offered more variety for girl sports enthusiasts in 1969-70 than ever before. Softball, volleyball, gymnastics, basketball, bowling, tennis and archery were but a few of the muscle flexing recreations members enjoyed.

Competitive events were strung throughout the year. On Oct. 11, the G.A.A. softball team took fourth place in the Skyline Conference. Mixed doubles bowling tournaments were again held for Lettermen and the girls. Debbie Johnson achieved the girls' highest score, while Stu Dunn took top honors for the boys.

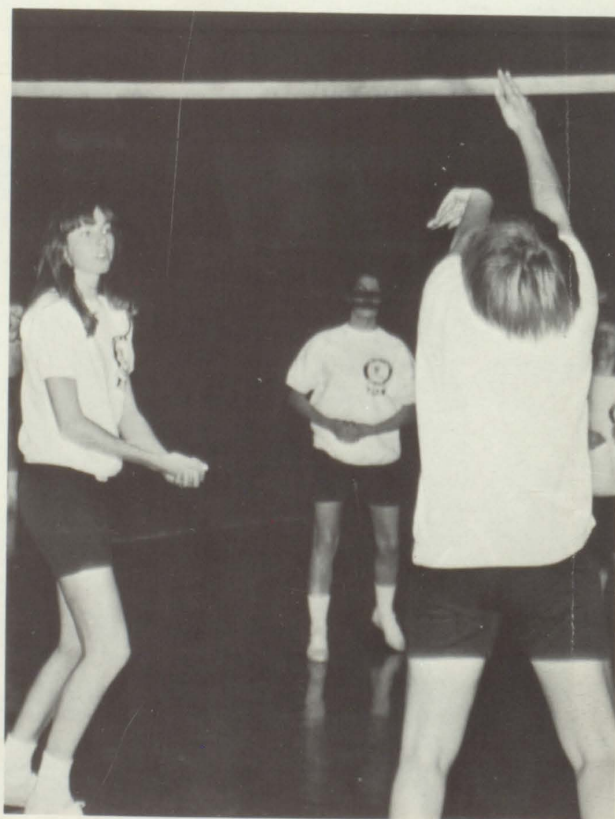
An interscholastic gymnastics team was formed for the first time in F.L. history. The team will compete in meets against teams from Skyline schools.



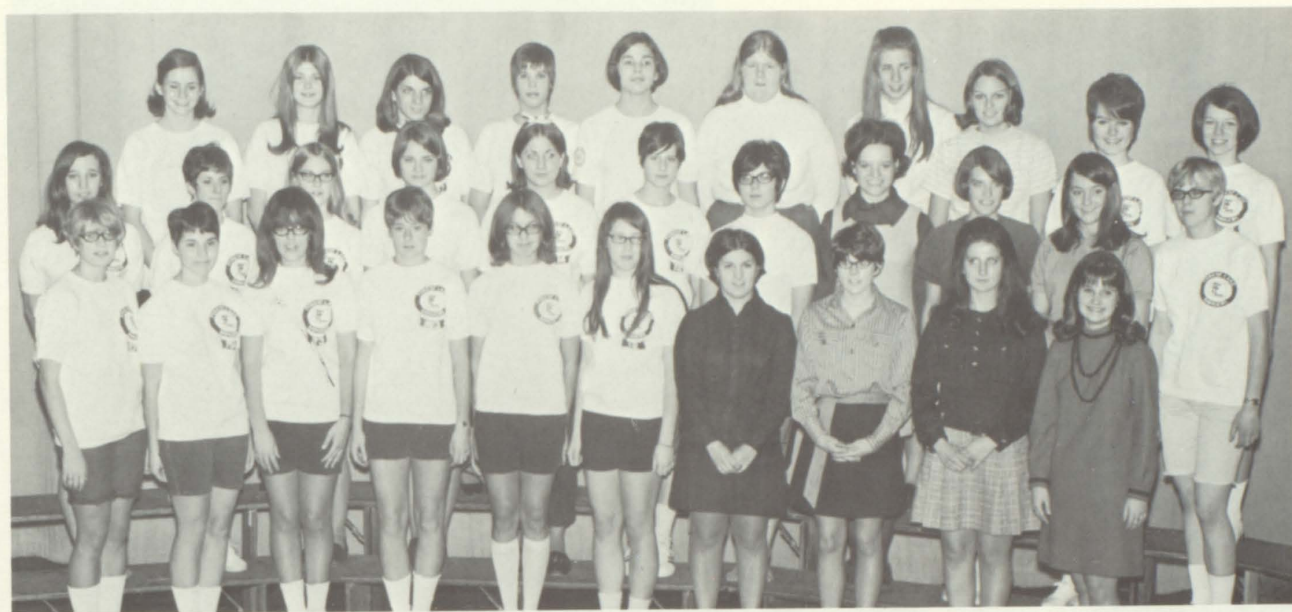
Reaching to her fullest, a G.A.A. girl demonstrated the spirit of the organization when participating in all their sports.



As Beatrice Kichler checks on her teammate, Sue Stroman moves under the ball, preparing to return it.



Spiking the volleyball over the net, Debbie Sandberg receives spiritual help from teammate Pam Kramer.



G.A.A., FRONT ROW; Goldie Larson, Carol Carpenter, Mary DuBay, Barb Sherman, Nancy Hanson, Colleen Sullivan, Becky Grund, Jane Strnad, Linda Hawkinson, Kathy Hult. SECOND ROW; Judi Schroeder, Cathy Dale, Sue Setterholm, Judy Pfingston, Diane Bergum,

Becky Fast, Cheryl Gudmundson, Vickie Proulx, Roxanne Ray, Debbie Johnson, Sharon Graves. BACK ROW; Terri Rolseth, Jennifer Bloom, Kate Ersfeld, Jan Johnson, Pat Ashby, Peggy Fox, Cathy Scofield, Patty Robinson, Sue Kiecker, Barb Keller.



G.A.A. INITIATES, FRONT ROW; Debby Booren, Jill Rugroden, Susan Pitcher, Debbie Sandberg, Lynne Kneissel, Joanne Crete, Shelley Johnson, Sally Gould, Effie Anderson, Carla Gessner, Barbara Schmidt, Suzanne Meister. SECOND ROW; Mary Weir, Roxanne Lundquist, Jodie Fearing, Kathy Kolbow, Sue Anderson, Jackie Strand, Kyle Fedje, Cathy Arth, Cheryl Hanson, Sue Auge, Pat Dubay, Pat Reed, Linda Osterbauer, Linda Walberg, Terese Gudmundsen. THIRD ROW; Debra Larson, Joyce Carlson, Wanda Carlson, Julie

Thurnbach, Colleen Johnston, Susan Stroman, Sharon Furrer, Bettie Scharff, Barbara Faymoville, Patricia Preiner, Randi Poff, Denise Tetrault, Gail Profant, Mary Collins, Anita Frost, Carol Torgeson, Barbara Anderson, Sue Wyandt, Pat Cooley. BACK ROW; Carol Christman, Nancy Crohn, Marie Riopel, Jean Morehouse, Connie Garzow, Libby Jenson, Robyn Saxe, Donna Spetz, Laura McManus, Linda Scofield, Toni Sommerfield, Pam Mueller, Lynn Jeans, Lisa Benoy, Sherri Rasmussen, Pat Morse, Linda Eklund, Candice Anderson.



SKI CLUB, FRONT ROW; Tom Grund, Joe Hallberg, Mike Dailey, Gary Berg, Steve Korn, John Tate, Pat Saunders. SECOND ROW; Julie Thomson, Kathy Patterson, Patti Lundeen, Joan Olseen, Kathy Hin-

richs, Cheryl Hanson, Jill Rugroden, Sally Gould. BACK ROW; Linda Benson, Denise Tetrault, Leland Kendrick, Mary Fladland, Terri Rolseth, Sue Jorgenson, Kathy Shalander, Sandi Anderson, Betty Mills.

SCHUSSBOOMERS

SLALOM SLOPES

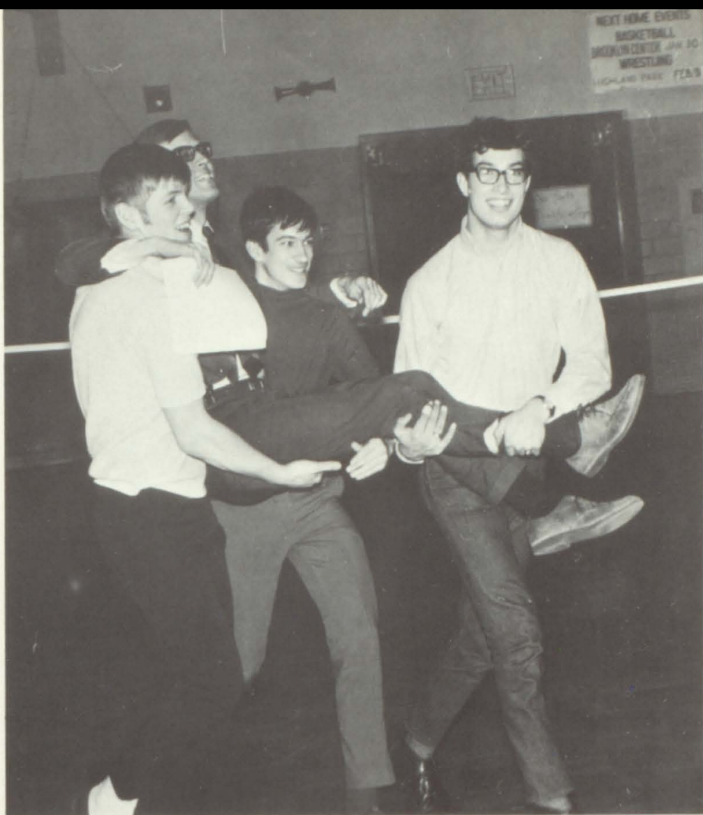
Skiing was a sport that gained popularity in this school through the ski club. It was filled with the excitement of a beginner on an expert hill doing the snowplow, the indignation of a hotshot with a face full of icy snow and the hilarity of seeing Mr. Georgesen sprawled in the snowbank.

The first trip of the year was to the Wisconsin resort of Mount Telemark. The air was refreshingly crisp at 5:30 in the morning to sufficiently wake up most of the loyal skiers, who got on the bus and immediately fell asleep.

On many of the trips the club was lucky enough to have Mr. Olson and Miss Pottratz accompany them to the slopes. Both of them turned out to be surprisingly good skiers, after much taunting by the students.

Proving his athletic prowess on the slopes of Mt. Telemark in Cable, Wisconsin, Dexter Gillette reveals his parallel form.





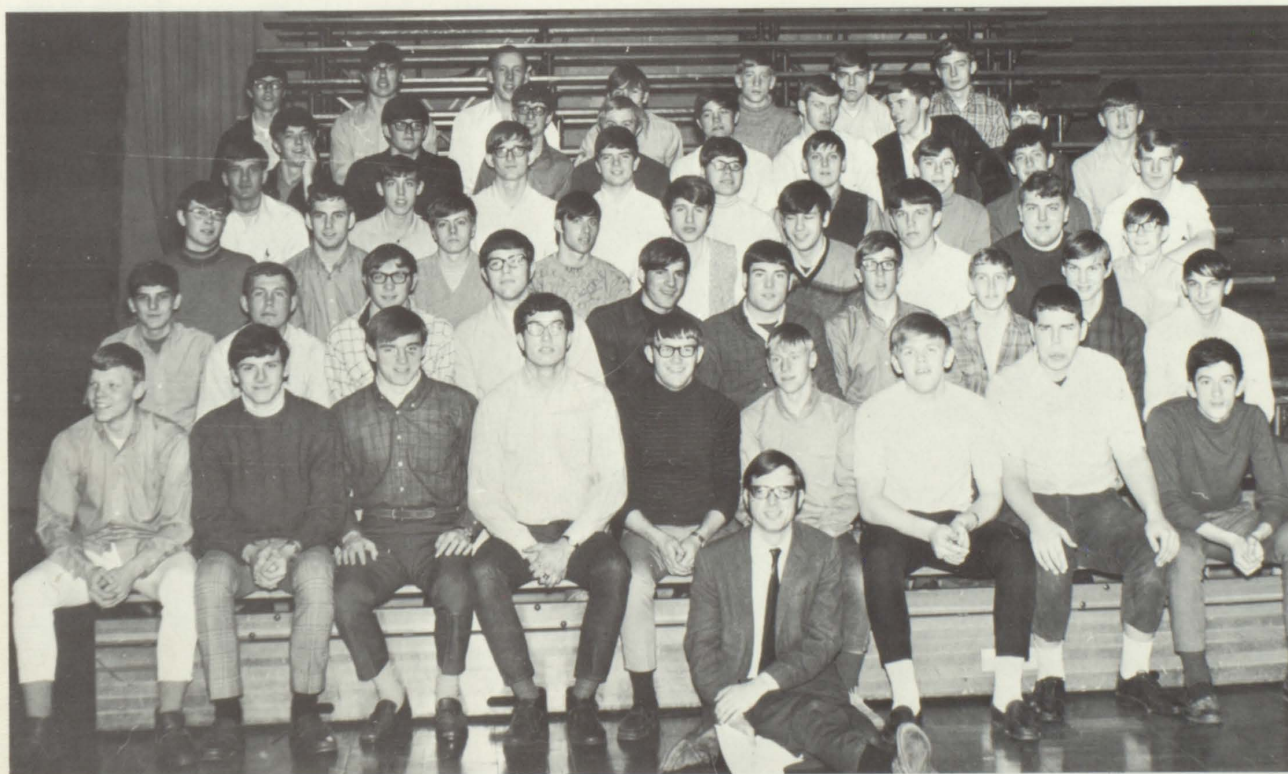
Carrying the reluctant Mr. Franzen to cheer with the Bleacher Buffs are Robin Johnson, Terry Schleppegrell and Dean Marier.

BLEACHER BUFFS PROMOTE VICTORY

A need to stir up deadened school spirit and provide impetus for athletic victories sparked the formation of the Bleacher Buffs. Preliminary plans for the group were formulated in December by the "hard hat" corp, the original Bleacher Buffs.

A membership drive in January recruited over fifty boys. The only stipulations for admission were membership in the male sex and possession of a loud voice. Dues of fifty cents were collected in order to purchase official club buttons.

Lead by President Kevin Danielson and Rable Rousers John Ashby and Robin Johnson, the group cheered at pepfests, games and matches, and amused the student body during the two hour wait on the afternoon of the bomb scare.



BLEACHER BUFFS, Mr. Franzen, Adviser. FRONT ROW; Chuck Randall, Kevin Casey, Bob Rowbotham, Dean Marier, Jim Swanberg, Paul Swartz, Robin Johnson, John Ashby, Terry Schleppegrell. SECOND ROW; Larry Swanson, John Carlisle, Ron Gervais, George Mickelson, Bruce Weinke, Steve Hursh, Gary Berg, Eugene Huerstel, Duane Maki, Leonard Wojtowicz. THIRD ROW; Keith Sahlin, Kevin Danielson, Ken Schlipp, Lee Augustine, Mark Schmidt, Tom Kolberg, Frank Boehm,

Paul Raduenz, Don Omundson. FOURTH ROW; Dan Stroman, Greg Ray, Dan Johnson, Stu Dunn, Lee Kendrick, Bill Berggren, Dean Larson, Doug Hallberg, Mike Dailey. FIFTH ROW; Bob Gemeiner, Fred Wenzel, Duane Keller, Pat Pranke, John Tate, Pat Saunders, Ron Gilbertson, Mike Kment, Randy Ross. BACK ROW; Mike Sullivan, Ty Johnson, Scott Anderson, Brad Bernston, Don Fitch, Dan Killian, Doug Moen.

AV ACQUIRES NEW VIDEO TAPES

Three significant innovations characterized the Audio-Visual Department.

The newly purchased video tape machines, available on a checkout basis to all classes, enabled students and teachers to view taped television programs or use the machine for instant observation of a speech or basketball play.

Brightly colored signs, created by the members on the new printing press, informed students of the latest activities.

One of the most time consuming jobs for the club was the transfer of recorded tapes to cassettes which were used by students in the library study carrels.



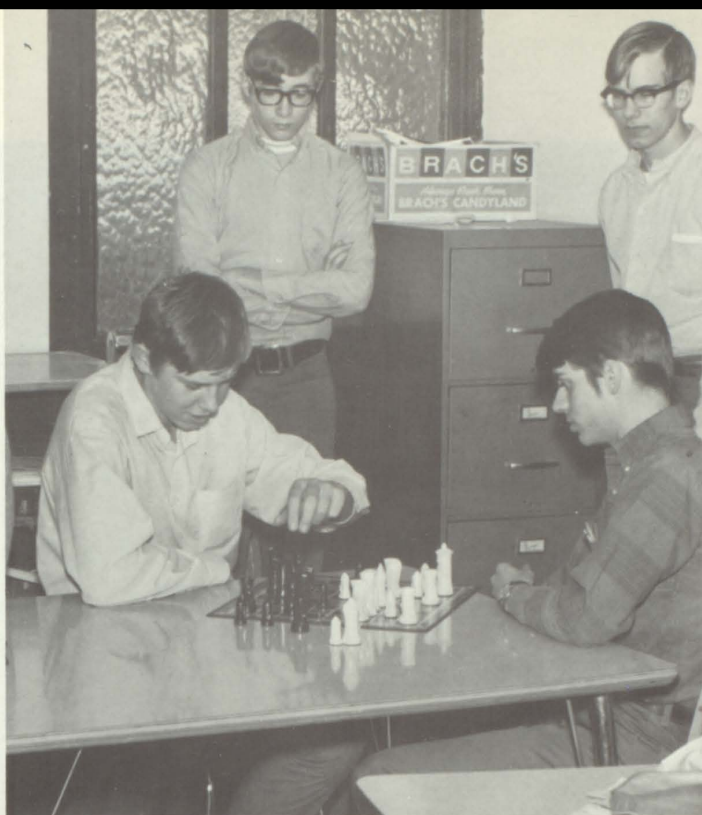
Mr. Fuhrman, audio visual advisor, explains to Steve Hauble the method of transferring tapes onto cassettes for use in the study carrels in the library.



AUDIO VISUAL, FRONT ROW; Dave Witham, Cheryl Beck, Debby Miller, Sue Pitcher. SECOND ROW; Debbie Bergeron, Linda Barnard, Candy Madison, Sue Grunwald. THIRD ROW; Mike Mardaus, Dale Perrault, Wayne Shalander, Jerry Booren. BACK ROW; Dan Tetrault, Mark Jonason, Chris Davis, Dave Thompson.



Adjusting the video tape camera is Steve Hauble, as Chris Davis checks the lens setting.



Ray Petersen and Tim Tolzman quietly observe as Bob Waller ponders his next strategic move against opponent Bill Wahlberg.

CHESSMEN GAIN PROFICIENCY

Cries of "check" and "checkmate" echoed forth from room 202 Monday afternoons when Chess Club met.

The club averaged ten members who furnished their own chessboard and chessmen for matches.

The most significant alteration of the year was the addition of a new advisor, Mr. Richard Carlson, who, along with President John Peterson and Vice-President Leo Sausen, coordinated club activities throughout the year.

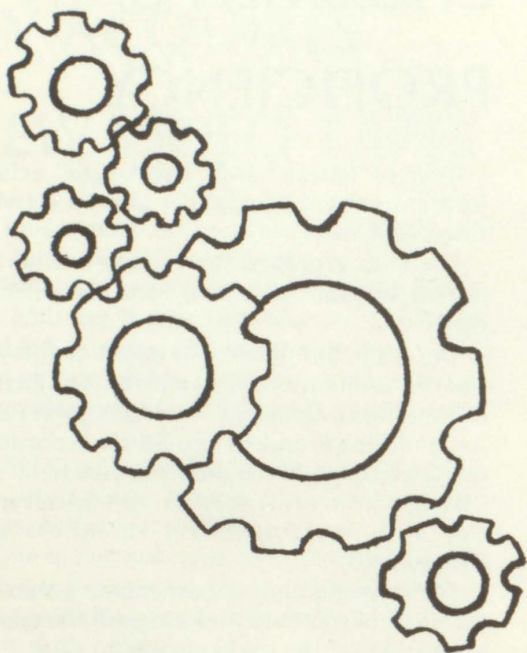
Letters from other schools were received by the club inviting them to meets and tournaments.

At the year's end, a tournament within our own school was held to distinguish the experienced player from the beginner.



Chess club advisor, Mr. Carlson, attempts to explain to junior John Petersen the mistake he made in allowing his King to be drawn into

the open where it can be more readily surrounded and easily checked by a shrewd opponent.



SPORTS

Helmets crash as a quarterback
Sails desperately into the end zone.

A wrestler prepares on deck for
Muscle to meet muscle on the heroic mat.

Strategy and teamwork are interwoven by
coaches
To achieve a winning point.

Sports — the time for spirit.





GRIDMEN SCORE AGAINST OSSEO

The 1969 football team proved to be one of the best in F.L.H.S. history. Forest Lake held undefeated Osseo until the last quarter of the game, becoming the first team to score against Osseo this season. The Rangers broke an all time scoring record against St. Francis with a 62-6 win, and crushed Centennial 38-6 on Homecoming.

Top scorers for the season included Jim Swanberg, who racked up 56 points, Bob Rowbotham, 44, and Robin Johnson, 36. Sixteen seniors, all of whom played well, will be missed on the 1970 squad.

Junior Varsity gridmen also had a tremendous season, winning all five scheduled games. The B-squad won their first two games, rounding out 1969 Ranger football. Head Coach Stan Petersen was justly proud.



Speedster Jim Swanberg (21) sets his sights upfield for his specialty. Robin Johnson (41) is ready to offer assistance.



Catching a Casey touchdown pass, Kevin Danielson (85) goes in for a score against the Centennial Chiefs.



Gaining a first down and considerably more against the opposition is Robin Johnson (41), who had a fine year intercepting a pass against

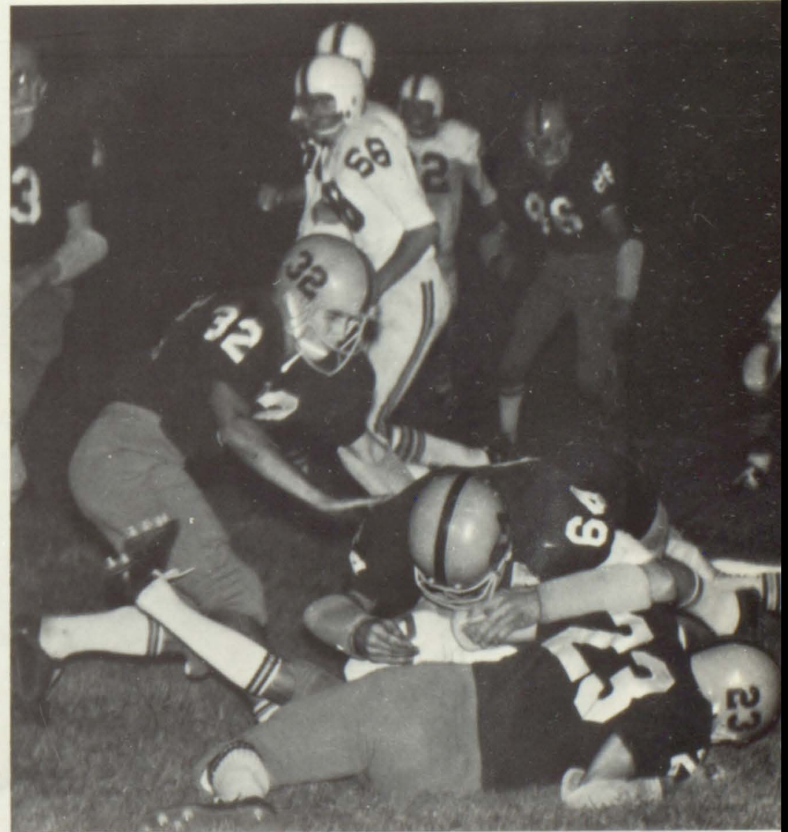


FOOTBALL TEAM, FRONT ROW; Dean Larson, Scott Marier, John Carlisle, Stu Dunn, Dean Anderson, Chuck Randall, Bob Erickson, Lee Kendrick, Duane Maki, Phil Collins, Leo Donovan, Bill Berggren, and Coach Tom Olson. SECOND ROW; Jerry Baber, Lee Augustine, Dan Hayes, Vern Osterbauer, Ken Schlipp, Robin Johnson, George

Mickelson, Bob Robotham, Greg Lundberg, Ed Kushlan, and Jim Swanberg. BACK ROW; Coach John Rieman, Dean Marier, Kevin Casey, Kevin Danielson, Gary Gilbertson, Paul Raduenz, Dan Johnson, Greg Gabrick, Jay Crawford, Frank Boehm, Stan Berry, and Head Coach, Stan Petersen.



Osseo and scoring from mid-field. George Mickelson (51) stands by, assuming his position in team strategy.



Stopping Moose Lake one way or another are Rangers Bob Erickson (32), Dan Johnson (64), and Lee Augustine (23).



FOOTBALL TEAM, B-SQUAD, FRONT ROW; Tony Hayes, Joe Hallberg, Robert Rieshus, David Haselbauer, Tim Tate, Kim Koester, Roger Rowbotham, Albert Drechsel, Ron Puro, Mike Schneider.

BACK ROW; Coach Gordon Ashby, Steve Rydell, Ned Bergerson, Daniel Killian, Wayne Hamilton, Bruce Peters, Doug Johnson, Stephen Mulvihill, Jeff Lundberg, Coach Tom Pogreba.

6-3 RECORD BEST IN YEARS

SCORES		
Forest Lake		Opposition
22	Moose Lake	0
12	Mahtomedi	6
62	St. Francis	6
6	Spring Lake	
	Park	25
38	Centennial	6
30	Fridley	0
14	Osseo	30
8	St. Paul Park	24
42	Brooklyn	
	Center	22

After a fumble on the play, the Rangers desperately try to recover the ball.





Running in drizzling cold autumn rain, the Forest Lake Cross Country Team competes in the Skyline Conference meet at Forest Hills.

HARRIERS BRAVE THREE MILE RUN

Even though the Forest Lake Cross Country Team was smaller than last year, they beat Mahtomedi and St. Francis in the Skyline Conference meet held at Forest Hills. Paul Swartz led the team to place sixth there, and to win three victories throughout the year.

Weather influenced the team greatly this year. The Rangers started the season in 90 degree heat and ended it by running in rain and snow.

Coach Neal Nelson was surprised by the team's improvement this season. Even more surprised was the team when they found that the race course was lengthened from two to three miles this year! The Rangers placed third, behind Askov and Chisago Lakes, in the District 25 meet.



CROSS COUNTRY TEAM, FRONT ROW; Mike Kment, Don Omundson, Paul Swartz, Terry Schleppegrell, Duane Keller. BACK

ROW; Coach Neal Nelson, Gary Berg, Mark Schmidt, Tom Kolberg, Bruce Weinke, Roger Istvanovich.

BENCH ASSISTS

CAGER COMEBACK

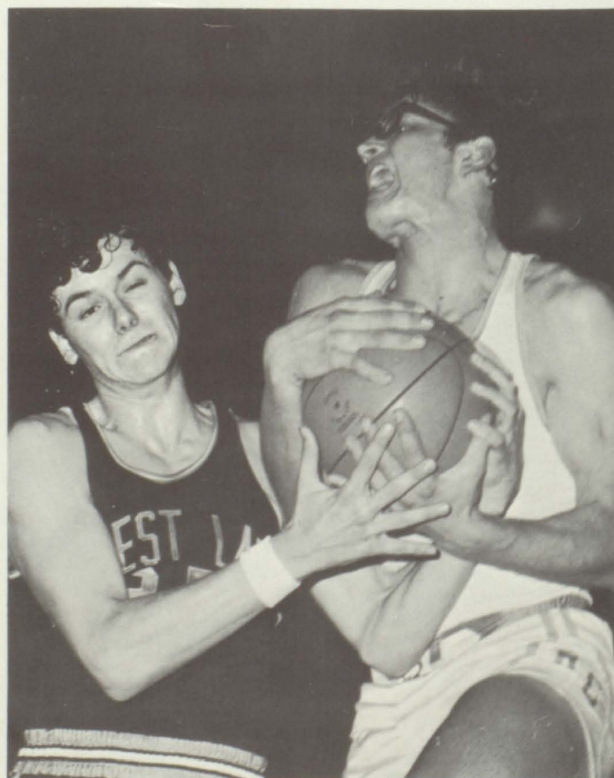
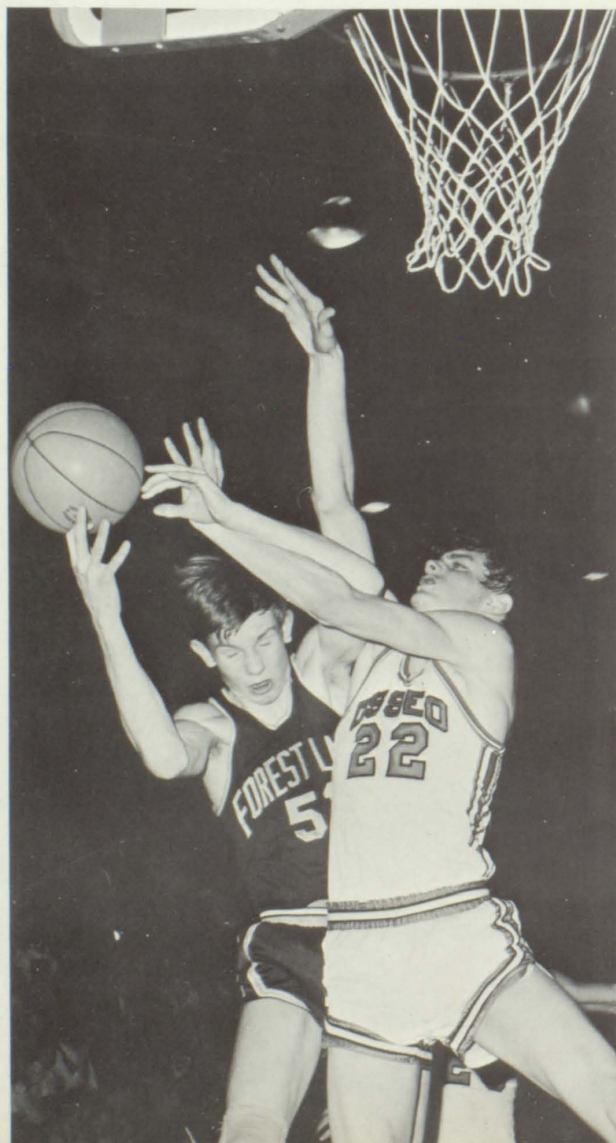
Attack and press! Those were familiar words among the Forest Lake Basketball players this year, who excelled both as a team and individually.

Captain Jack Severson led the team with the highest point average, most rebounds per game and spirit. Kevin Casey was this year's only returning starter. Foul trouble sometimes kept the starters from playing their usual time. At the free throw line, the team generally completed their shots with ease.

This year's bench was also strong, and often aided in making a comeback possible for the team. In one game, Kendall Schlipp rose from the bench and scored 17 points to be elected to "WCCO's All State Team of the Week." Kevin Casey and Jack Severson also received this honor.

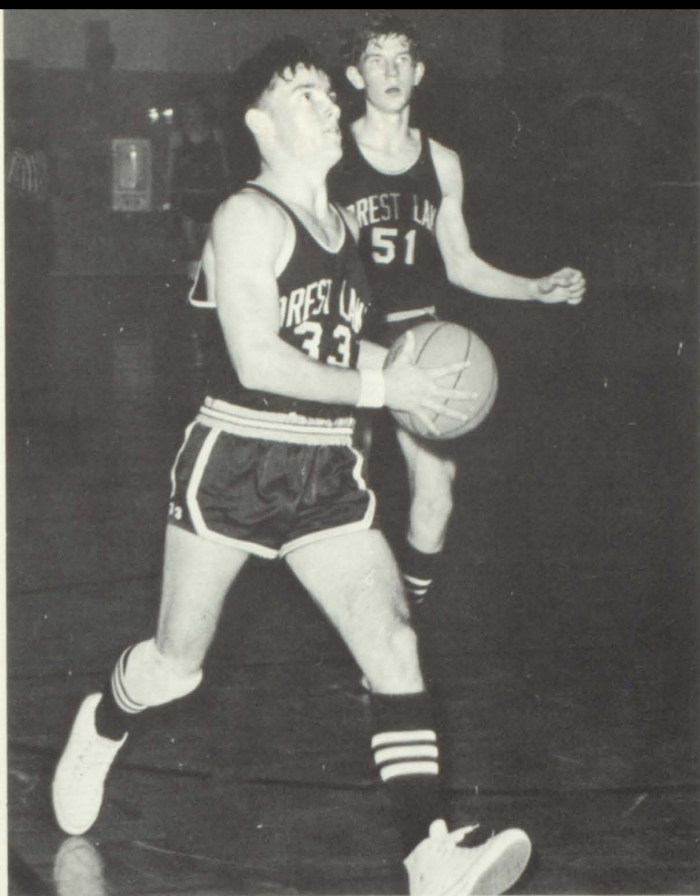


Attempting to steal the ball from his rival, Ken Schlipp appears to have trouble keeping his balance on the gym floor.



Senior Kevin Casey proves to be all hands as he struggles to force a jump ball through a tie situation.

Becoming tangled in an attempt to recover a rebound are Ranger Jack Severson and his Osseo Oriole foe.



As Jack Severson keeps careful watch, Bob Rowbotham completes his fast break maneuvers by attempting an unguarded lay up.

SCORES

Forest Lake		Opposition
87	Mahtomedi	40
67	Mpls. Pat. Henry	61
64	Mounds View	55
78	St. Francis	39
57	Spring Lake Park	63
81	Centennial	67
62	Rush City	66
67	Brooklyn Center	58
79	Fridley	82
52	Osseo	66
61	St. Paul Park	62
66	Spring Lake Park	71
89	Brooklyn Center	37
69	Centennial	64
89	Fridley	60
55	Osseo	58
51	Anoka	82
64	St. Paul Park	63



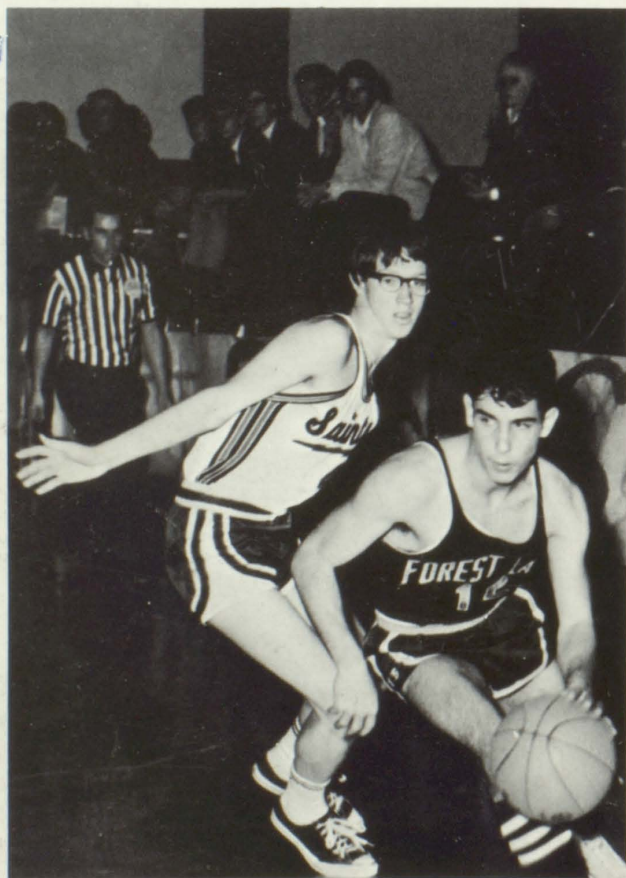
BASKETBALL TEAM, FRONT ROW; Bob Erickson, Terry Schleppegrell, Jeff Renard, Dean Larson, Bill Berggren, Tim Conley, Greg Ray. BACK ROW; Coach Bill Rand, Brad Steely, Ken Schlipp, Jack Severson, Scott

Moen, Ron Gilbertson, Robin Johnson, Jay Crawford, Kevin Casey, Chuck Randall, Kevin Danielson, Wayne Nealis, Bob Rowbotham, Head Coach Jack Conley.

RANGERS SET ALL TIME SCORING RECORD



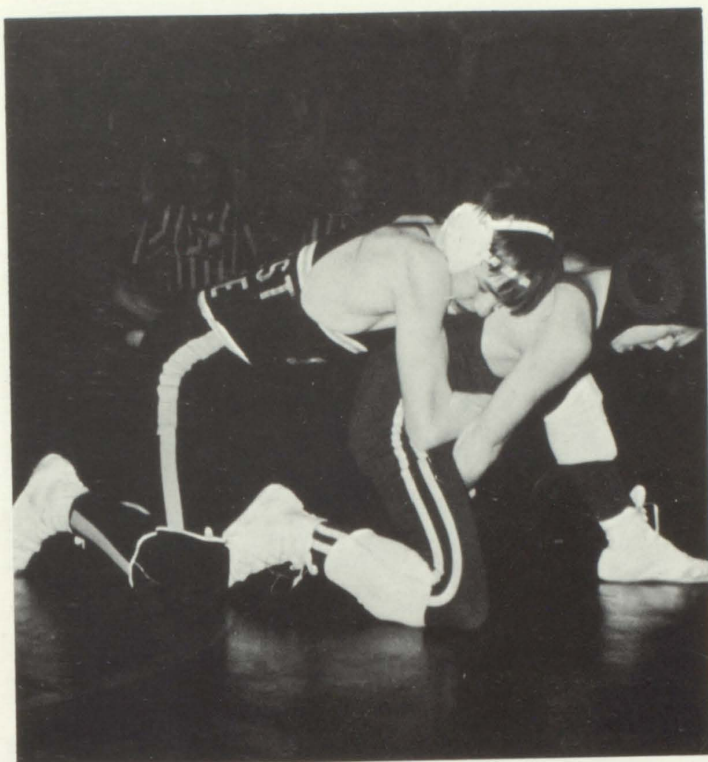
BASKETBALL TEAM, B-SQUAD; FRONT ROW; Bruce Wightman, Bob Waddell, Joe Hallberg, Tom Haas, Jim Dorruf. BACK ROW; Steve Krasky, Doug Moen, Mike Gibson, Don Fitch, Scott Marier, Coach John Schumacher.



Closely guarded by his Saint opponent, Bob Erickson drives in for a basket, clinching the victory.

Endeavoring to tip the ball to one of his teammates, center Jack Severson outreaches his adversary.





After the beginning of the second period, senior Don Omundson struggles to prevent his opponent from an escape or reversal.

SENIORS LEAD GRAPPLING SQUAD

Guided by seniors George Mickelson, Ron Gervais, Don Omundson, Jerry Baber, Jim Swanberg, Larry Folden and Duane Maki, the 1970 wrestling squad ended the Skyline competition with a 3-5 record.

Top conference wrestlers of the year included Dean Anderson with a 14-1 record, and tied for second with 13-3 were Jerry Baber and Jim Fraley. Hard practices and rigid rules, along with the desire to win, coincided to send the Rangers soaring in a 41-2 romp over Highland Park's Scotsmen.

Each wrestler will always remember the many nights of running through the halls and forfeiting lunches in order to make weight. As one matman put it "When you have the whole school depending on you either you make it or else . . .". Six made the state tourney.



Junior Stu Dunn quickly outwits his competitor and tries to force his shoulders to the mat for three seconds.



Larry Folden is congratulated by teammates Don Omundson, Dean Anderson, George Mickelson and Jerry Baber.

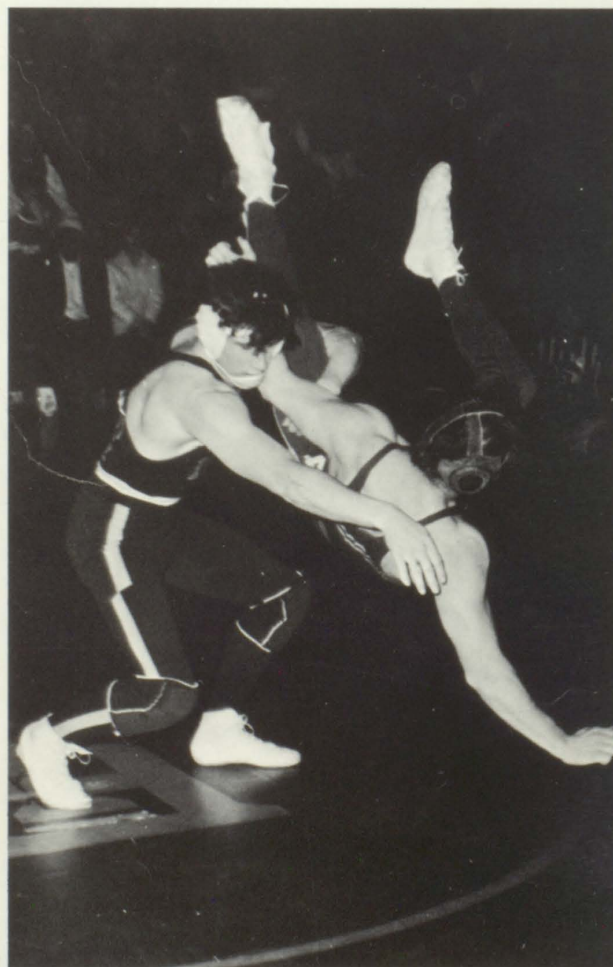


WRESTLING TEAM, B-SQUAD; FRONT ROW; Roger Rowbotham, Ron Taylor, Bruce Simonson. SECOND ROW; Coach John Reiman, Ken Anderson, Wayne Hamilton, Dan Killian, Coach Tom Pogreba.

BACK ROW; Coach John Lautigar, Dave Thompson, Frank Hueckendorf, Roger Magnuson, Kim Koester.



During "A" squad competition, wrestler Todd Lundgren struggles to gain control of his reckless opponent.



After scoring a dramatic reversal, Fred McKnight fiercely sends his St. Paul Park rival smashing to the mat.



While completing her wrestling program during the Forest Lake Invitational, Patti Lundeen casts a glance towards Jerry Baber.

INVITATIONALS BENEFIT MATMEN

SCORES

Forest Lake		Opposition
41	Mahtomedi	3
22	St. Francis	18
17	Spring Lake Park	25
19	Centennial	24
14	Fridley	27
18	Osseo	20
23	St. Paul Park	19
10	Brooklyn Center	35
41	Highland Park	2



WRESTLING TEAM, FRONT ROW; Jim Fraley, Fred Frandle, Jeff Juelich, Don Omundson. SECOND ROW; Head Coach John Reiman, Stu Dunn, Dean Anderson, Larry Folden, Jim Swanberg, Ron Gervais,

Coach Tom Pogreba. BACK ROW; Duane Maki, Gary Gilbertson, George Mickelson, Jerry Baber, Fred McKnight, Coach John Lautigar.

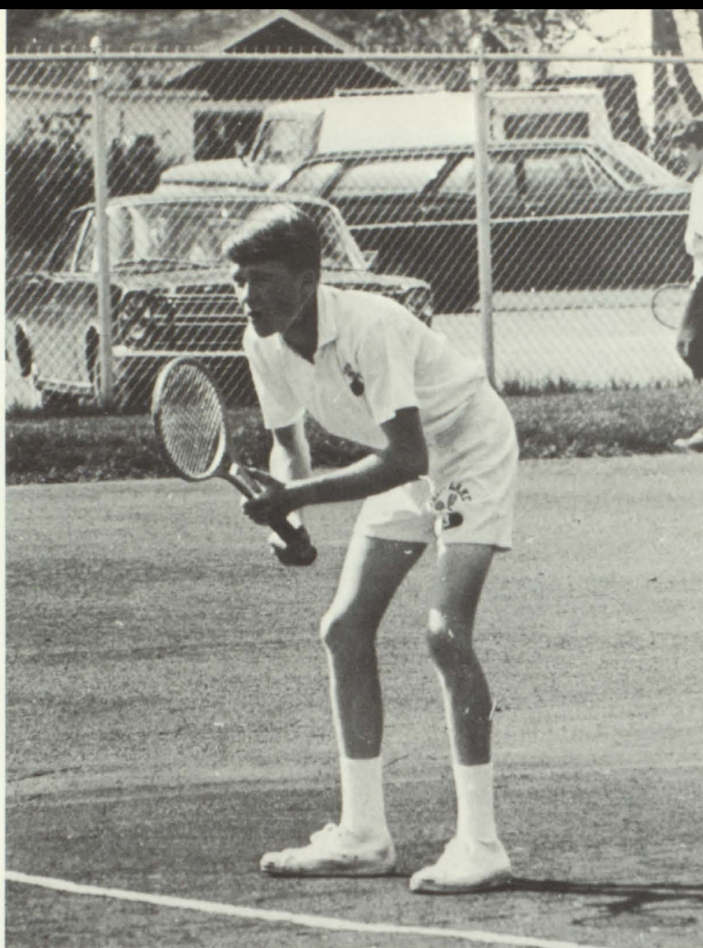
TENNIS — GAME OF CONFIDENCE

Despite great effort and dedication, the tennis team was unable to overcome the handicap of poor facilities and lack of support from the student body.

A somewhat disappointing season's record of 0 and 7 was lifted by a victory over University High in the last match of the spring. For the first time all season, all three singles players, Glen Sahlin, Steve Baker and John Fladland, outmaneuvered their opponents for victories.

The 1969 tennis team consisted of Glen Sahlin, #1 singles, Dan Nast, #2 singles, John Fladland, #3 singles, Steve Baker and Dick Johnson, #1 doubles, and Bruce Ringgenberg and Dan Sandberg, #2 doubles.

John Fladland took consolation in the #3 singles in Skyline Conference.



Muscles taut, Glen Sahlin stands alert while concentrating on the serve of his opponent in a tense moment during the match.



TENNIS TEAM, FRONT ROW; Bruce Ringgenberg, John Fladland, Glen Sahlin, and Steve Baker. BACK ROW; Coach Steve Ekdahl, Dick Johnson, Allen Talvite, Dan Sandberg, Joel Baker, and Keith Sahlin.



GOLF TEAM, FRONT ROW; Chuck Randall, Scott Johnson. BACK ROW; Coach Joseph Gillach, Jack Severson, Scott Moen, Keith Gatzow, and Bruce Reed.

SWINGERS TEE OFF AT NORTH BRANCH

The swingers of 1969, with a tremendous effort from all members, posted a 7 and 2 record in conference play. Among their other numerous victories during regular season play were two wins over a challenging North Branch team. A pleasant surprise for the team was Bruce Reed, who received all conference honors.

Forest Lake's ace, Jack Severson led the way,

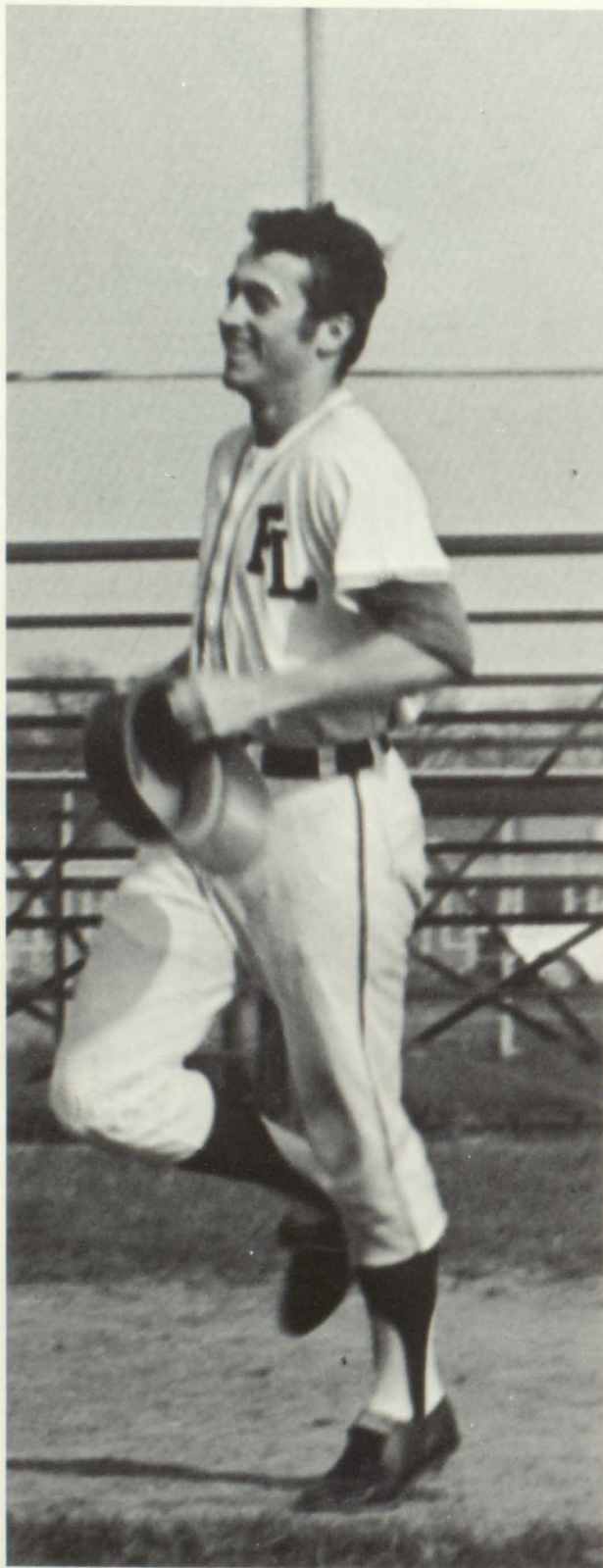
along with Keith Gatzow, Scott Johnson, Bruce Reed, Chuck Randall and Scott Moen, into the District 25 tournament held at Forest Hills. Jack Severson, Bruce Reed, Scott Moen and Scott Johnson qualified for the Region 7 tournament as they brought their team to 2nd place in the district match. The Region 7 tournament saw Forest Lake place 5th.



The practicing golf team gets in full swing on the driving range where the starting five show their form.

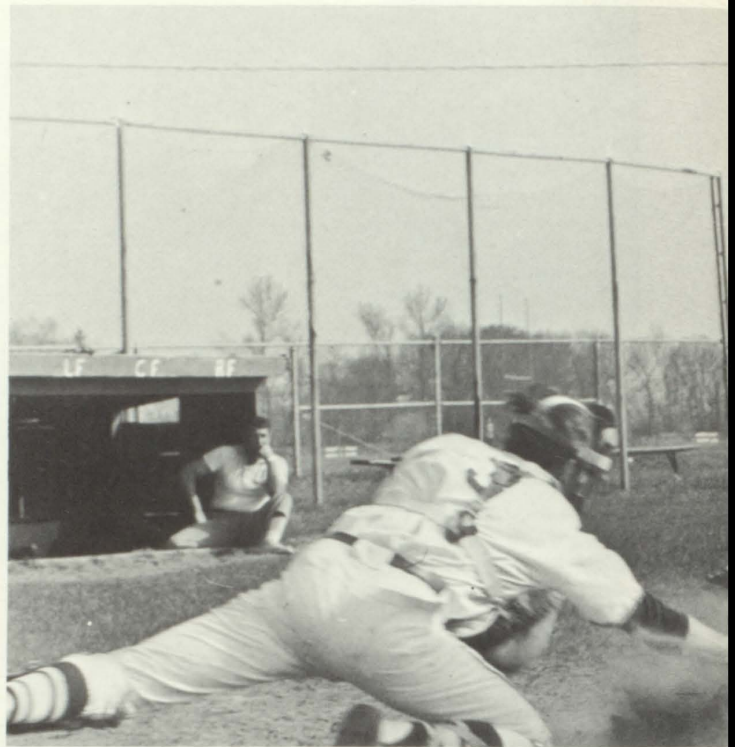
All conference medalist Bruce Reed demonstrates his fine form on the driving range at Forest Hills Golf Course.



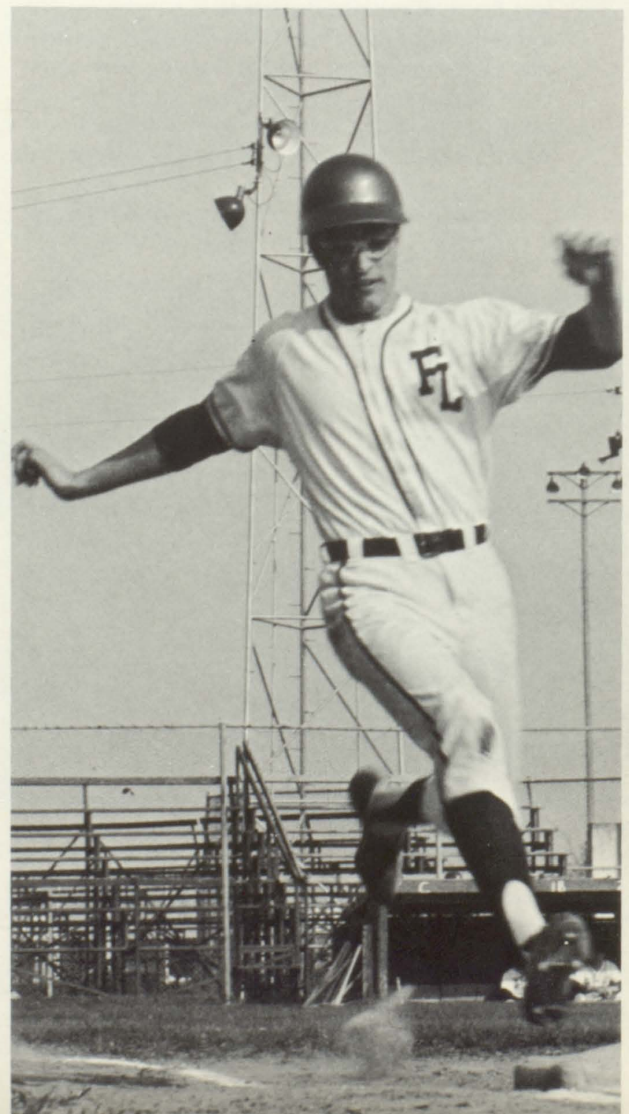


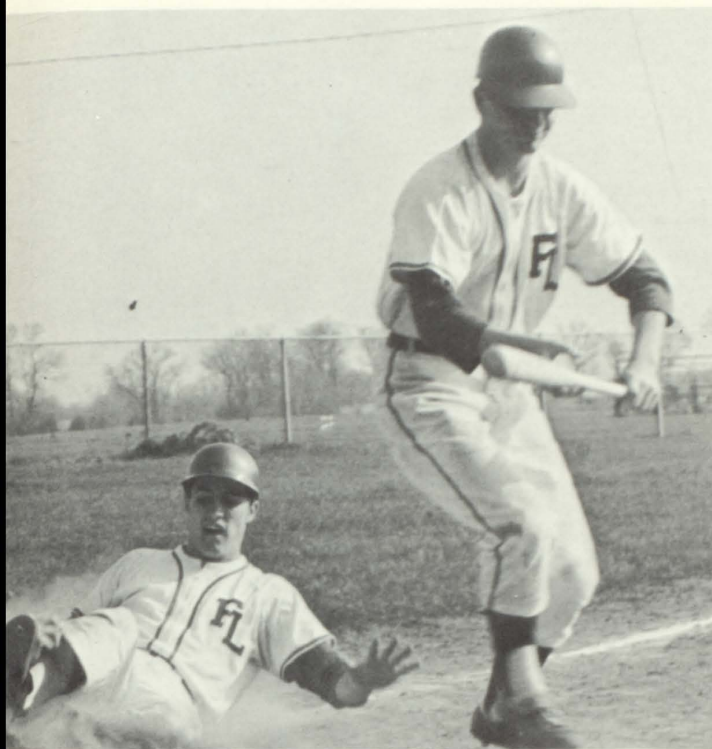
After scoring his homerun for the Rangers, Jim O'Donnell proudly displays "hustle" on his way to the dugout.

With the finesse of a pro, center fielder Dean Marier strides confidently toward first base to beat out a throw.



Under the watchful gaze of Stu Dunn, the Ranger's first baseman, Rich Lehman, makes a desperate attempt to successfully steal home





base. Although the play was very close, Rich did steal the base for a safe call.

BASEBALL SCORES TREMENDOUS YEAR

After losing to Pine City in the regular season play, the 1969 baseball team gathered momentum to make a spectacular comeback and win 3-2 in the district tournament. This comeback was a result of the spirited leadership of Coach Stan Petersen. This was his first season coaching baseball at Forest Lake. Under his great direction the team surpassed expectations and compiled a 10-8 win-loss record.

The captains for the '69 season were outfielder Jim O'Donnell and first-baseman Rich Lehmann. Lehmann, who collected the most hits and carried the best batting average of the team, was voted the most valuable player by his teammates. All-Conference honors were taken in Skyline by infielder Kevin Casey.

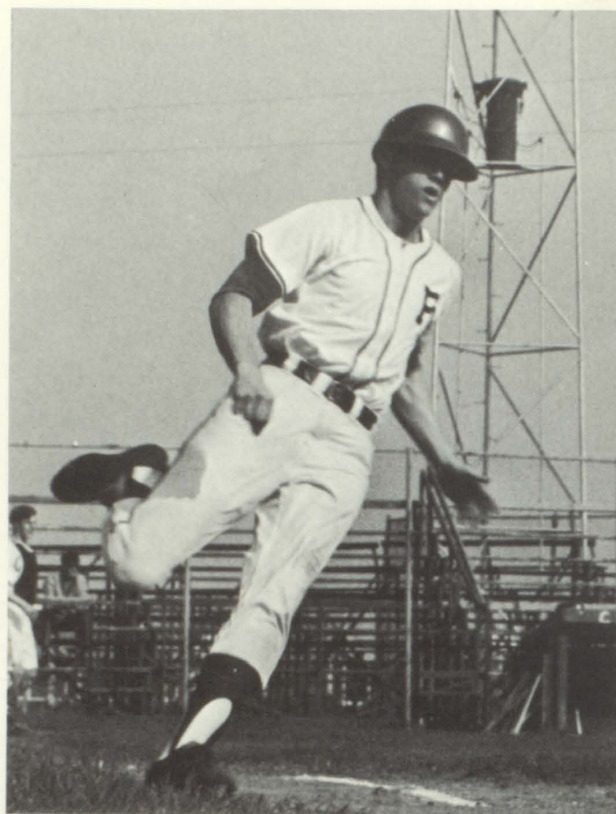


BASEBALL TEAM, FRONT ROW; Bob Erickson, Steve Stolberg, Phil Collins, Rich Lehman, Ron Gervais, Steve Ramsey, and George Mickelson. BACK ROW; Head Coach Stan Petersen, Bill Stone, Brad Mill-

er, Craig Messner, Dean Marier, Dan Ross, Kevin Casey, Jim O'Donnell, Eugene Hurstel, and Assistant Coach Tom Olson.

SCORES

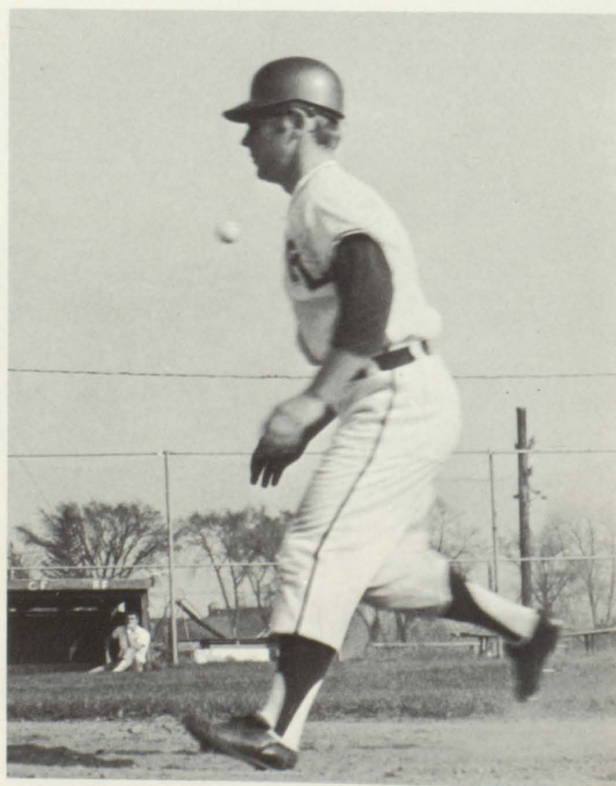
Forest Lake		Opposition
1	Gilbert	2
8	Spring Lake Park	2
2	Cambridge	0
1	Centennial	11
8	North Branch	2
20	Fridley	18
7	Lindstrom	2
0	Osseo	4
14	Taylor's Falls	0
2	St. Paul Park	3
6	Rush City	3
4	Brooklyn Center	9
2	Pine City	6
6	Chisago City	1
1	Mahtomedi	9
7	St. Francis	0



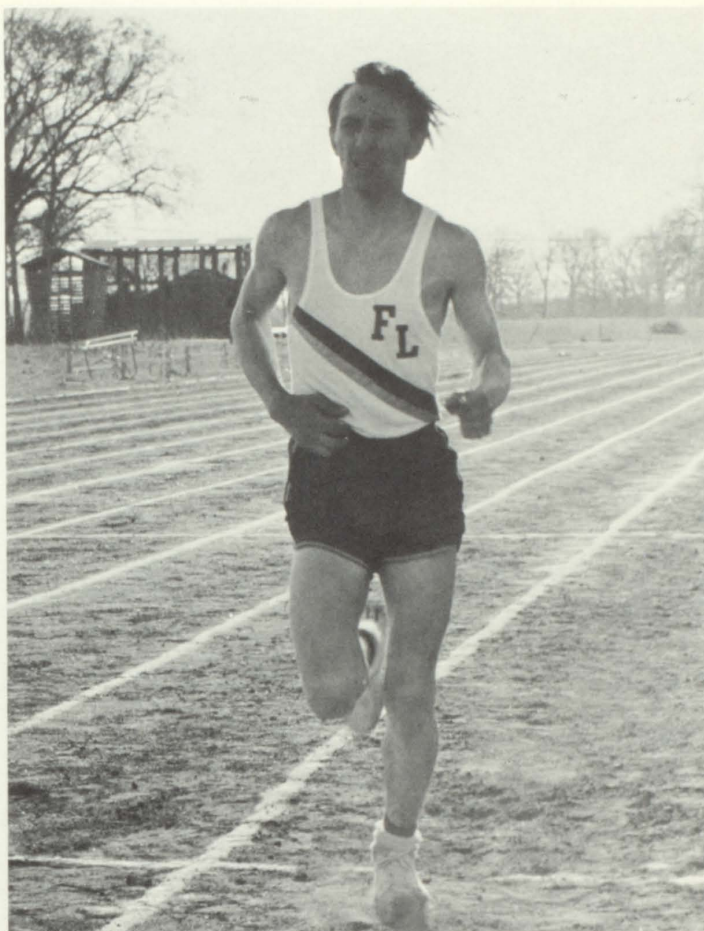
Going through normal strategy, Jim O'Donnell carefully prepares to round first in hopes of reaching second.



Squinting his eyes to see the catcher's signal, pitcher Kevin Casey grips the ball with determination.



Having to reverse his direction, Ron Gervais, Ranger third baseman, avoids being "picked off" first base.



PACERS SHATTER RELAY RECORD

Although the 1969 track team didn't achieve Olympic status, several individuals achieved distinctive records. Composed of Maynard Peterson, Fred McKnight, Jim Swanberg and Mike Schmidt, the half-mile relay team placed first at the Pine City Invitational Track Meet, vaulting Forest Lake to fourth place. Maynard Peterson took a blue ribbon for his leap of 19'2" in the broad jump. He was as successful in the Skyline Conference, placing fourth in the dash and third in the broad jump.

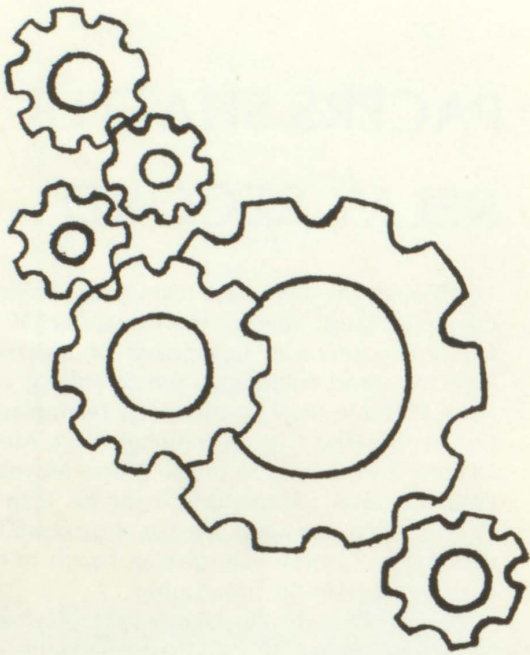
With a time of 3:44.5, the one mile relay team set a new record at the District Twenty-five Meet held at Forest Lake on May 28. This was the only record broken by the relay team this year.

Struggling for first, pacer Leland Lindemann sprints the last few yards.



CROSS COUNTRY, FRONT ROW; Roger Istvanovich, Vern Osterbauer, Duane Maki, Leo Donovan, Randy Peterson, Pat Seitz, Dan Stroman, Dean Anderson, Jim Swanberg, Paul Swartz, and Mike Schmidt. BACK ROW; Fred McKnight, Larry Arth, Wayne Hauble,

Richard Bowen, Mike Kment, Duane Keller, Tom Kunshier, Frank Boehm, Ed Kushlan, Maynard Peterson, Bruce Elsenpeter, Randy Johnson, Mike Dailey, Mike Thomas, and Jay Crawford.



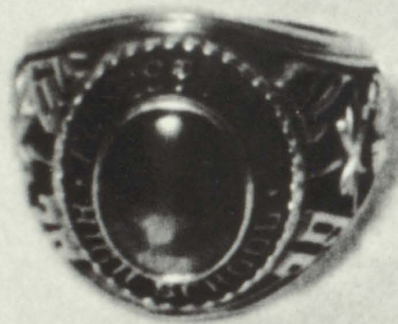
CLASSES

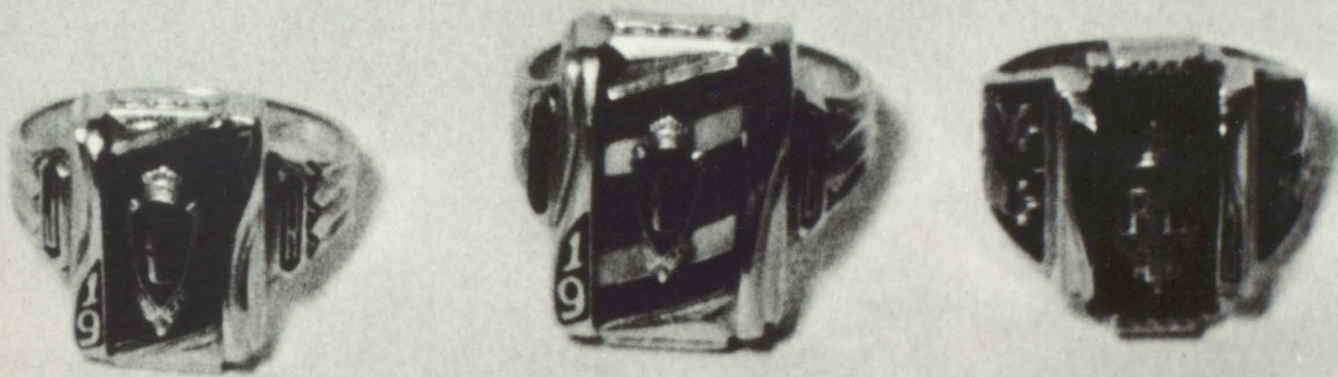
Cloaked in youthful innocence, sophomores
Embark on the lonely journey to maturity.

Secure in a middleman's cacoon, juniors
Play in a whirl of social activity.

Faced with independence, seniors gather
Twelve years of knowledge, courage, and begin
again.

Classes — the time for inner growth.





DECISIONS DRAIN SENIOR INTELLECT

Being caught in the midst of many seemingly trivial but often very important decisions, seniors attempted to terminate their high school years. By the time school began most seniors had already posed for their picture at Johnson's studio and were anxious to trade them with their friends.

Early planning for graduation was evident by the ordering of announcements, choosing of class colors, motto and flower, and measurement for caps and gowns all before Christmas vacation.

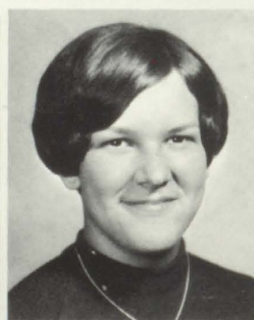
To assist with vocational plans for the future, representatives from various colleges and trade schools visited with interested seniors.

The class of '70 reigned supreme during Senior Week in January.



SENIOR CLASS OFFICERS AT EKO BAKEN; Kevin Danielson, Treasurer; Don Omundson, President; Dennis Alfveby, Secretary; Mark Schmidt, Vice-President.

DAWN MARIE ALCOCK, Breeze ... 3, Choir ... 2, Elementary Teacher's Assistant ... 1, Forester ... 1, GAA ... 1; DENNIS L. ALFVEBY, Boy's State, Breeze ... 1, Choir ... 3, Choir Council ... 1, Choir Council President ... 1, Debate ... 3, National Honor Society, Senior Class Secretary ... Stage Band ... 1; PATTI JO A. ALLEN, Forester ... 1.



CHRISTINE J. ANDERSON, Breeze ... 1, Forester ... 1, French Club ... 2, GAA ... 2, Pep Club ... 2, Play Crew ... 2; DIANE LYNN ANDERSON, Elementary Teacher's Assistant ... 1, GAA ... 1, Library Help ... 1, Pep Club ... 1; SANDI ANDERSON, GAA ... 1, Ski Club ... 1.



LAWRENCE EDWARD ARTH, Cross Country ... 2, Football ... 1, Lettermen ... 2, Play Cast ... 1, Ski Club ... 3, Track ... 3, Wrestling ... 2; JOHN ASHBY, Band ... 3, Baseball ... 2, Basketball ... 1, Football Manager ... 2, Lettermen ... 2, Lettermen Secretary-Treasurer ... 1, Pepband ... 1; LEE AUGUSTINE, Basketball ... 2, Football ... 3, Lettermen ... 2.



SENIORS BEGIN YEAR WITH APPREHENSION



GERALD BABER, Football ... 3, Lettermen ... 2, Ski Club ... 2, Wrestling ... 3; MELANIE ANN BEEKSMA, Office Help ... 1, Pep Club ... 1; MARY JANE BERGUM, Choir ... 1.



LARRY ROGER BEYER; FRANK BOEHM, Baseball ... 1, Basketball ... 1, Breeze ... 1, Football ... 3, Homecoming King Candidate, Lettermen ... 2, Sophomore King Candidate, Spanish Club ... 2, Track ... 1; MARY BETH BOEHM, Forester ... 1, GAA ... 2, Office Help ... 1, Student Council ... 1.



CANDICE BOHJANEN, Breeze ... 2, Elementary Teacher's Assistant ... 1, FHA ... 3, FHA Secretary ... 1, Forester ... 2, Forester Ads Manager ... 1, French Club ... 2, GAA ... 1, Guidance Help ... 3; GARY E. BOLENBAUGH, Audio Visual Club ... 1, Band ... 3, Breeze Photographer ... 1, Forester Photographer 2, National Honor Society, Ski Club ... 3, Tennis ... 1; KATIE BRANCHAUD, Elementary Teacher's Assistant ... 1, FHA ... 2, Pep Club ... 1.



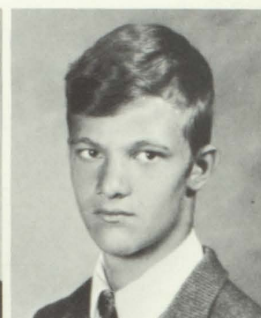
MARGIE BRANDT; DEBBIE BRANUM; JUDY BROKER, Band ... 1, GAA ... 1, Office Help ... 1, Library Help ... 1, Transfer from Centennial.



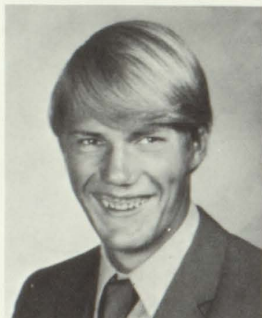
KIMBERLY ANN BRUDER, Elementary Teacher's Assistant ... 2, Library Help ... 1, Nurse's Help ... 1; RONALD BULLARD, Band ... 1, Breeze ... 1, Choir ... 1, Debate ... 1, Drama Club ... 1, Pepband ... 1, Play Cast ... 1, Spanish Club ... 1, Student Council ... 1, Transfer from Columbus, Wisconsin; JOYCE ILLEAN CAKEBREAD, Choir ... 3, Madrigal ... 2, Office Help ... 1, Play Cast ... 2.

SENIOR PICTURES FURNISH MEMENTOS

JOHN CARLISLE, Basketball ... 1, Football ... 3, Lettermen ... 2, Play Cast ... 1, Wrestling ... 1; KEVIN CASEY, Baseball ... 3, Basketball ... 3, Breeze ... 2, Football ... 3, Lettermen ... 2, Play Cast ... 1, Sophomore King Candidate, Sophomore Class President, Spanish Club ... 2, Spanish Club Executive Committee; DANIEL CHRISTENSEN, Choir ... 1, Cross Country ... 1, Drama Club ... 2, Lettermen ... 1, Play Cast ... 2.



BRIAN L. CHRISTENSON; SANDY COLEMAN, Forester ... 1, GAA ... 1, Ski Club ... 2, Sophomore Queen Candidate ... 1; PHILIP W. COLLINS, Baseball ... 3, Choir ... 3, Choir Council ... 1, Choir Council Vice-President ... 1, Drama Club ... 3, Football ... 3, Lettermen ... 2, Madrigal ... 2, Play Cast ... 3, Speech Choir ... 1.



BEV CORWIN, National Honor Society, Ski Club ... 1; JAMES MICHAEL CRETE, Audio Visual Club ... 1, Choir ... 1, Drama Club ... 2, FFA ... 3, Madrigal ... 1, Play Cast ... 1, Play Crew ... 1, Track ... 1; CLIFFORD W. CROWLEY, Audio Visual Club ... 1, FFA ... 3.



KEVIN DANIELSON, Band ... 3, Band Council ... 2, Band Council Representative ... 1, Band Council Vice-President ... 1, Basketball ... 3, Football ... 1, Homecoming King Candidate, Junior Class Vice President, Lettermen ... 2, National Honor Society, Pepband ... 2, Senior Class Treasurer, Spanish Club ... 3, Stage Band ... 1; JUDY DARLING; SANDRA J. DOLPHY, Elementary Teacher's Assistant ... 1, Forester ... 3, Ads Manager ... 1, Subscription Manager ... 1, French Club ... 1, Guidance Help ... 2.



BRENDA DOTRAY; DIANE DOUGHERTY, French Club ... 1, Office Help ... 2; NANCY (SAMPSON) DUFRESNE.





Paul Swartz and Clifford Wickman pause for a minute in the cafeteria to exchange their senior pictures. Seniors carry around their blue plastic case of pictures anxious to trade them with friends.



PEGGY ANN DURKEE, Elementary Teacher's Assistant ... 2, FHA ... 1; BRIAN W. DYNES, Chess Club ... 2, Transfer from Minneapolis Roosevelt; TED L. EDSTROM, Audio Visual Club ... 2.



SUSAN LEE EISENMENGER, Breeze ... 1, Drum Majorette ... 1, GAA ... 2, Spanish Club ... 1; BETH EKDAHL, Elementary Teacher's Assistant ... 1, FHA ... 1, Band ... 3, Pepband ... 2; BRUCE ELPENPETER, Football ... 2, Lettermen ... 2, Track ... 2.



BETTY ERICKSON; DELORES MARIE ERICKSON; ROBERT ERICKSON, Baseball ... 3, Basketball ... 3, Choir ... 1, Football ... 3, Lettermen ... 2.

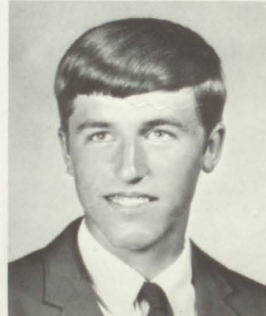
LARRY FOLDEN, Wrestling ... 3; PEGGY FOX, Band ... 3, Band Council Secretary ... 2, Breeze ... 3, Chess Club ... 1, Drama Club ... 3, Drama Club Treasurer ... 1, FHA ... 1, Forester ... 1, French Club ... 2, French Club Secretary ... 1, GAA ... 3, Pepband ... 2; Play Crew ... 2, Stage Manager ... 1, Stage Band ... 1; KATHLEEN FRANTA, French Club ... 2, GAA ... 1, National Honor Society.



REGINA FRAPPIER, Cafeteria Help ... 2; MARY A. FRY, Elementary Teacher's Assistant ... 2; JEAN F. GARY, Elementary Teacher's Assistant ... 1, Transfer from Mahtomedi.

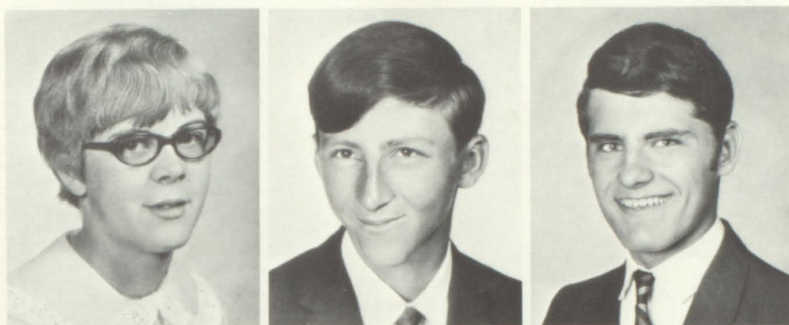


RON GERVAIS, Baseball ... 3, Football ... 1, Lettermen ... 2, Play Cast ... 1, Wrestling ... 3; DEXTER J. GILLETTE JR., Band ... 3, Pepband ... 3, Ski Club ... 3; RON GILBERTSON, Band ... 3, Basketball ... 3, Breeze ... 1, Football ... 2, Lettermen ... 2, Pepband ... 2, Track ... 2.



Excitedly describing details of their new formals are Homecoming Queen Candidates April Haug, Sheila Johnson, Sue Keicker and Debbie Johnson. Not pictured is Corinne Schneider.

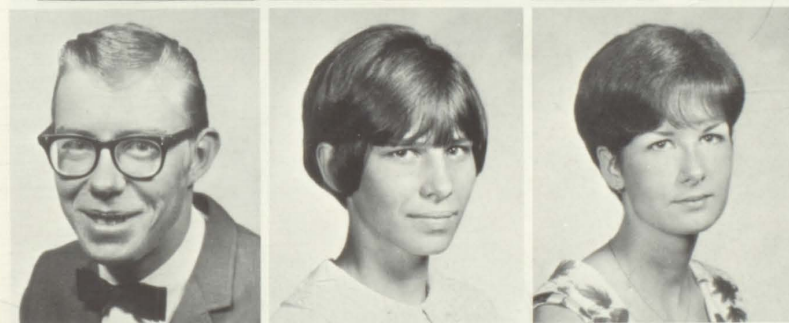
COLLEGE LIFE AWAITS MANY SENIORS



SHARON GRAVES, Band ... 3, French Club ... 1, GAA ... 1, Pepband ... 2, Stage Band ... 1; GORDY GRUBBS, FFA ... 1; THOMAS MICHAEL GRUND, Band ... 3, Breeze ... 2, Drama Club ... 2, Elementary Teacher's Assistant ... 1, Forester ... 2, Forester Classes Editor ... 2, Pepband ... 3, Play Crew ... 1, Ski Club ... 3, Spanish Club ... 1, Stage Band ... 1.



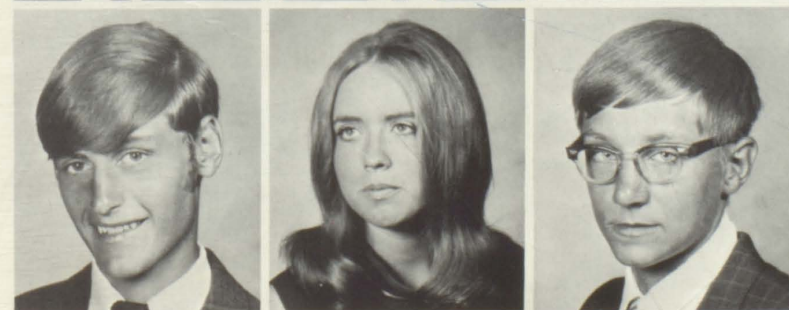
CHERYLE ANN GUDMUNDSEN, Band ... 3, Elementary Teacher's Assistant ... 1, French Club ... 1, GAA ... 1, French Club Vice President ... 1, Pepband ... 3, Stage Band ... 1; VONA CORAL HAGERT, Elementary Teacher's Assistant ... 1, FHA ... 2, Office Help ... 1; DOUGLAS J. HALLBERG, Band ... 3, Baseball ... 1, Basketball ... 1, Breeze ... 1, Golf ... 2, Lettermen ... 1, Pepband ... 3, Ski Club ... 3, Stage Band ... 1.



WAYNE HALLEY; MARLYS HAMMER, French Club ... 2, GAA ... 1, Library Help ... 1, National Honor Society, Office Help ... 1; JOELLEN HANSEN.



GORDON HANSON, Audio Visual Club ... 2, Cafeteria Help ... 3; MIKE B. HANSON, Cross Country ... 1, FFA ... 3, FFA Secretary ... 1, Ski Club ... 1, Track ... 1, Wrestling ... 1; ELISE HARDESTY, Cafeteria Help ... 3.



JIM HARRINGTON; VICKIE ELLEN HARTUNG, FHA ... 1; WENDELL HAUBLE, FFA ... 1, Track ... 1, Wrestling ... 1.

SENIORS RECALL FIRST CHRISTMAS DANCE

APRIL HAUG, Drama Club ... 1, Elementary Teacher's Assistant ... 2, Forester ... 3, GAA ... 2, Homecoming Queen Candidate, Office Help ... 1, Sophomore Queen Candidate, Spanish Club ... 2, Spanish Club Secretary ... 1; KEITH HAVENS, Band ... 3, Chess Club ... 1, Drama Club ... 3, Drama Club Senior Representative ... 1, Pepband ... 3, Play Cast ... 3, Play Crew ... 3; LINDA J. HAWKINSON, Breeze ... 1, Drama Club ... 1, Forester ... 3, French Club ... 1, GAA ... 3, Office Help ... 1, Pep Club ... 1.



BRUCE D. HEINSOHN, Wrestling ... 1; KATHLEEN M. HINRICHS, Transfer from St. Paul Johnson; BOBBIE HOLLANDER, Breeze ... 1, Choir ... 3, Drama Club ... 1, GAA ... 1, Madrigal ... 1, Office Help ... 1, Play Cast ... 1.



THOMAS HOLLIHAN, Debate ... 3, Drama Club ... 3, Drama Club Vice-President ... 1, Play Cast ... 3, Student Director ... 1, Speech Choir ... 1; JAMES M. HOUFER; JIM HOULE.



EUGENE W. HUERSTEL, Baseball ... 1, Lettermen ... 1; KATHLEEN HULT, Band ... 3, Breeze ... 3, Breeze Newspaper Editor ... 2, Twirler ... 2, GAA ... 3, National Honor Society, Ski Club ... 2, Stage Band ... 1; STEPHEN K. HURSH, Band ... 3, Band Council Sophomore Representative, Band Council President ... 1, Baseball ... 1, Breeze Assistant Sports Editor ... 1, Homecoming King, Pepband ... 3, Stage Band ... 1, Student Council Junior Representative ... 1, Student Council President, Breeze Editor-in-Chief ... 1.



DEBRA L. JOHNSON, Band ... 3, Band Council Senior Representative, Breeze ... 2, Cheerleading ... 3, Elementary Teacher's Assistant ... 1, French Club ... 1, GAA ... 3, Homecoming Queen Candidate, Ski Club ... 1, Sophomore Queen Candidate; GREGORY RAY JOHNSON, Football ... 3, Lettermen ... 2; PATRICIA JOHNSON, FHA ... 2.

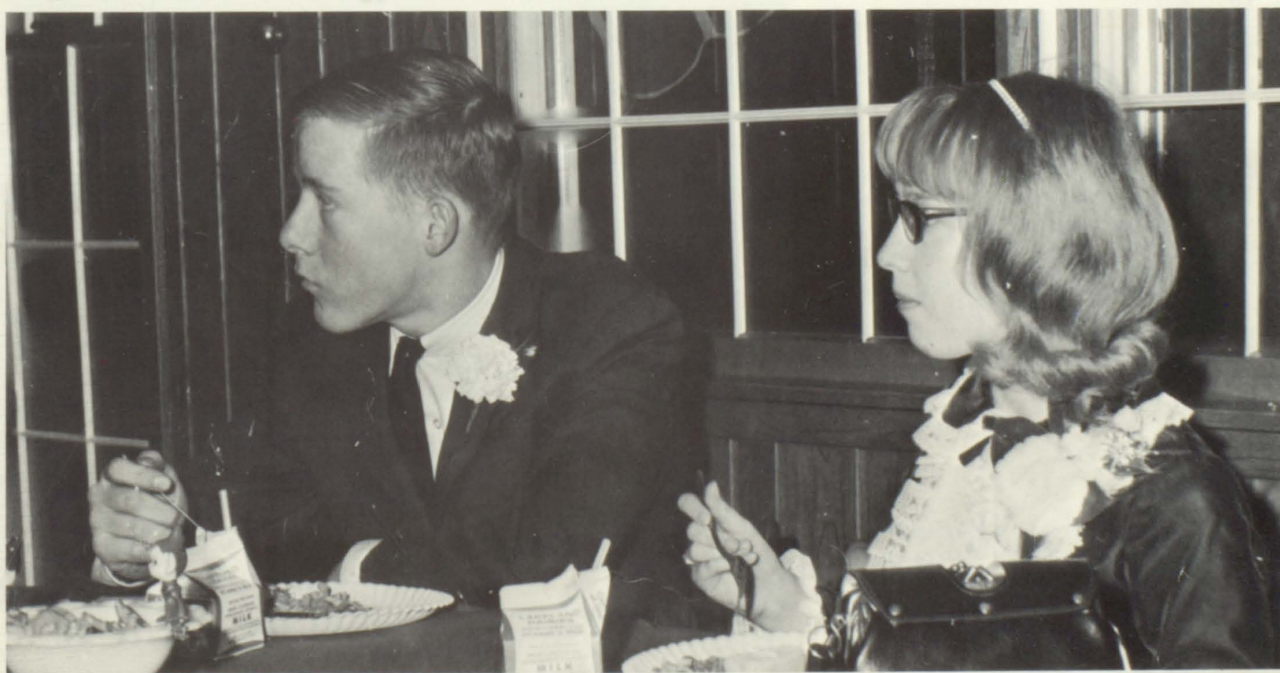




SCOTT JOHNSON, Football ... 1; SHEILA JOHNSON, Choir ... 1, Drama Club ... 1, Forester ... 1, GAA ... 1, Homecoming Queen Candidate, Play Crew ... 2, Ski Club ... 1, Sophomore Queen, Student Council ... 2; STANLEY W. JOHNSON, Football ... 1.

TYRONE B. JOHNSON, FFA ... 3, Sentinel ... 1, Secretary ... 1, Vice-President ... 1; SUSAN JORGENSEN, Breeze ... 1, Forester ... 1, GAA ... 2, Library Help ... 1, Play Crew ... 1, Ski Club ... 2, Student Council Sophomore Representative; ROBIN MARIE JUELICH, Drama Club ... 1, FHA ... 1, Forester ... 1, French Club ... 1, GAA ... 1.

KERRY KEEN, Elementary Teacher's Assistant, Transfer from Minneapolis Patrick Henry; BARBARA MARIE KELLER, Breeze ... 1, Cheerleading ... 3, Cheerleading Co-captain ... 1, Drum Majorette ... 1, Elementary Teacher's Assistant ... 1, Forester ... 2, GAA ... 3, Pep Club ... 3; DUANE KELLER, Cross Country ... 2, Lettermen ... 2, Ski Club ... 1, Track ... 3.



Enjoying the main course of the Progressive Dinner at Mr. Olson's, seniors Bill Larson and Barb Osterbauer are at the second of four stops on the route to Forest Lake's first Christmas Dance, held Saturday, December 20, 1969.



Brimming with Christmas spirit, seniors Wynness Larson and Goldeann Larson tempora paint festive holiday scenes, etched from Christmas cards, on the windows of Mr. Ashby's room.

ROSE KICHLER, FHA ... 1, GAA ... 2; SUE KIECKER, Cheerleading ... 3, Cheerleading Co-captain ... 1, Elementary Teacher's Assistant ... 1, Forester ... 1, GAA ... 3, Homecoming Queen; MICHAEL C. KMENT, Cross Country ... 2, FFA ... 3, Lettermen ... 1, Track ... 3.



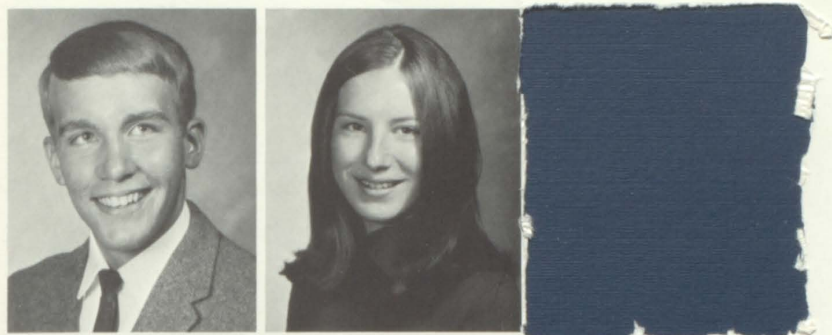
TOM KNAUFF; KAY LOUISE KNOWLAN, Band ... 3, Breeze ... 3, Newspaper Editor ... 1, Forester ... 2, Forester Organizations Editor ... 1, Forester Co-Editor ... 1, GAA ... 1, Pepband ... 3, Spanish Club ... 2, Stage Band ... 1; THOMAS L. KOLBERG, Breeze ... 1, Cross Country ... 1, Forester ... 1, Forester Sports Editor ... 1, Lettermen ... 2, Sophomore King Candidate, Spanish Club ... 2, Track ... 3.



STEVEN J. KORN, Forester ... 1, Forester Faculty and Academics Editor — Index Editor ... 1, Ski Club ... 1; BETH KRAMER, Forester ... 1, Faculty and Academics Editor ... 1, French Club ... 1, GAA 2, National Honor Society; DAVE KRUBE, Chess Club ... 1.



"SENIORITIS" ATTACKS IN LATE JANUARY



JON G. KUEFLER, Choir ... 1, Drama Club ... 1, Play Cast ... 2, Ski Club ... 1; DEBBIE A. KUNSHIER, Breeze ... 1, Choir ... 2, Drama Club ... 2, Forester ... 1, GAA ... 1, Play Cast ... 2, Speech Choir ... 1; TOM LACASSE, Wrestling ... 1.



MARY LAMOTTE, Choir ... 3, Forester ... 1, Play Crew ... 1; CANDYCE A. LARSON, Choir ... 3, Drama Club ... 2, Office Help ... 1; DEAN R. LARSON, Basketball Manager ... 3, Football ... 1, Football Manager ... 2, Lettermen ... 2, Sophomore Class Treasurer, Student Council ... 2, Junior Class Representative, Student Council Vice-President ... 1, Tennis ... 1.



DEBORAH LARSON; GOLDEANN LARSON, Breeze ... 1, FHA ... 3, Forester Ads ... 1, GAA ... 1, Guidance Help ... 2; BILL LARSON, Choir ... 2, Drama Club ... 2, Play Cast ... 2, Play Crew ... 3, Ski Club ... 3.



WYNNESS LARSON, Debate and Speech ... 3, National Honor Society, Spanish Club ... 2; MARILYNN L. LA VALLA, Transfer from Hastings; RODNEY LA VALLA, Transfer from Hastings.



PATRICIA LAWRENCE, Choir ... 1; GUY A. LEHNER, FFA ... 3, FFA Treasurer ... 1, Football ... 1; PEGGY A. LINDEBERG, Elementary Teacher's Assistant ... 1, GAA ... 2, GAA Junior Representative ... 1, Ski Club ... 2.

SENIOR WEEK UNITES CLASS OF '70

DEE LINDSTROM, Breeze ... 1, Choir ... 3, Elementary Teacher's Assistant ... 1, GAA ... 1, Madrigal ... 3, Sophomore Queen Candidate, Spanish Club ... 2, Spanish Club Executive Committee ... 1; PATRICIA LIPP, GAA ... 1, Spanish Club ... 2; JOHN M. LONG, Basketball ... 1, FFA ... 3.



GARY LUNDEEN, Football ... 1, Ski Club ... 3, Wrestling ... 2; PAM MAC ADAMS; PAMELA ANN MADISON.



DUANE MAKI, Choir ... 2, Football ... 1, Lettermen ... 1, Ski Club ... 1, Track ... 2, Wrestling ... 1, Transfer from Biwabik; MICHAEL E. MARDAS, Audio Visual Club ... 3, FFA ... 2; DEAN MICHAEL MARIER, Baseball ... 3, Co-Captain ... 1, Basketball ... 1, Breeze ... 1, Football ... 3, Tri-Captain ... 1, Lettermen ... 2, Play Cast ... 1, Spanish Club ... 2.



SHELDON MATHESON, Baseball ... 1, Basketball ... 2, Choir ... 1, Football ... 2, Lettermen ... 2; MARIA M. MCGINNIS, Band ... 3, Pepband ... 2, Stage Band ... 1; KATHY MCJAMES, Debate ... 1, Transfer from Cotter.



GEORGE MICKELSEN, Band ... 3, Baseball ... 3, Breeze ... 2, Football ... 3, Tri-Captain ... 1, Homecoming King Candidate, Lettermen ... 3, Pepband ... 1, Spanish Club ... 1, Wrestling ... 3, Co-Captain ... 1; CASSANDRA JEAN MIDBOE, Choir ... 3, Forester ... 2, Faculty and Academic Editor ... 1, French Club ... 2, French Club President ... 1, Girl's State, National Honor Society; SALLY ANNE MILLER, Choir ... 2, Forester ... 3, Concessions Manager ... 1, Student Life Editor ... 1, Co-Editor ... 1, GAA ... 1, Ski Club ... 2.





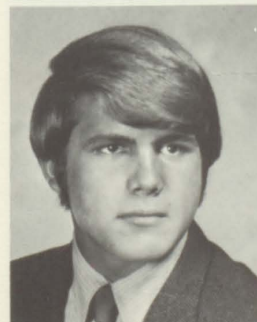
While Gary Bolenbaugh waits his turn, a representative from Collegiate Cap and Gown Co. measures Larry Arth's head for his cap size.



ELIZABETH ANN MILLS; GERALD MONSON, Debate ... 3, Competitive Speech ... 2, Speech Choir ... 1; DAN MUELLNER.



ROBERT MEYERS; WAYNE NEALIS, Basketball ... 3, Cross Country ... 2, Lettermen ... 2, Student Council President ... 1, Speaker of Council ... 1, Student Council Representative ... 1; DUANE E. NEIS, Transfer from Centerville.



PHIL NELSON; BETHANN NERUD, Choir ... 3, FHA ... 1, Forester ... 1, French Club ... 1, GAA ... 1; LOIS NICKELSON, Elementary Teacher's Assistant ... 1.



WENDY JOY NUTTER, Choir ... 3, Choir Council-Treasurer ... 1, Elementary Teacher's Assistant ... 1, GAA ... 2, Library Help ... 1, Madrigal ... 1, Ski Club ... 1; GARY OLSON; DONALD OMUNDSON, Choir ... 3, Choir Council Senior Representative ... 1, Cross Country ... 1, Junior Class Officer-Treasurer ... 1, Lettermen ... 1, Play Cast ... 2, Senior Class President.

BARBARA JEAN OSTERBAUER, Choir ... 3, French Club ... 2, GAA ... 1, Glee Club ... 1, Madrigal ... 1; MIKE PALMATEER; KAREN LEE PALMQUIST, Drama Club ... 1, Elementary Teacher's Assistant ... 1, French Club ... 1.



CRAIG PAULSRUD; DALE PERREAULT, Audio Visual Club ... 3, Choir ... 2, FFA ... 3, Madrigal ... 1, Play Crew ... 1; CAROL PFINGSTEN, Breeze ... 1, Choir ... 1, Drama Club ... 1, Elementary Teacher's Assistant ... 1, French Club ... 1, GAA ... 1, Glee Club ... 1, Play Cast ... 1.



CHRIS PIERCE, Debate ... 3, Drama Club ... 1, Play Cast ... 1, Ski Club ... 1; JULE PIERCE, Elementary Teacher's Assistant ... 2; DIANNE M. PLAIN, GAA ... 1.



Homecoming King Candidates Steve Hursh, Frank Boehm, Bob Rowbotham, George Mickelsen, and Kevin Danielson gather in the cafeteria to discuss the impressive variety of activities the Student Council had lined up for Homecoming.

NEW DECADE PUTS CHALLENGE TO SENIORS

JUDY I. POFF, GAA ... 1; DONALD FRANCIS POMMIER; PATRICK A. PRANKE, Breeze ... 1, Drama Club ... 2, Play Cast ... 1, Play Crew ... 3, Ski Club ... 3.



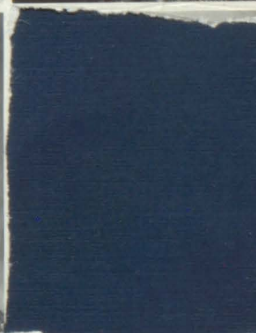
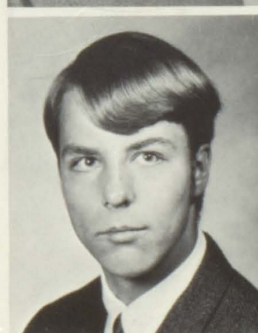
MARY PREINER, Choir ... 2; BRUCE D. PRESTEGAARD, FFA ... 3; VICKI LYNN PROULX, Band ... 3, Band Council Secretary-Treasurer ... 1, Breeze ... 3, Feature Page Editor ... 1, Elementary Teacher's Assistant ... 1, FHA ... 1, Forester ... 1, French Club ... 2, GAA ... 3, Pepband ... 2, Student Council ... 1.



ARLENE PURO; PAUL RADUENZ, Football ... 1, Lettermen ... 1, Play Cast ... 1; MARK RAMALEY, Forester ... 1.



LARRY H. RASMUSSEN; ROXANNE RAY, Cheerleading ... 3, Forester ... 2, GAA ... 3; STEVEN REMITZ, Baseball ... 3, Basketball ... 1, Football ... 2.



JEFF RENARD, Basketball manager ... 3, Golf ... 3; MARK RICHARDS, Ski Club ... 3; DONNA RICHTER, French Club ... 2.



SENIORS ANXIOUSLY AWAIT JUNE 5, 1970

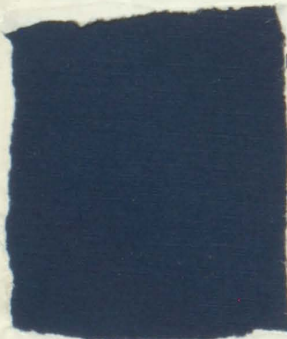
LANCE RINGQUIST; PAULA ROBERTSON, Choir ... 3, Drama Club ... 2, Forester ... 1, GAA ... 3, Pepclub ... 2, Play Cast ... 2, Play Crew ... 2, Ski Club ... 2; PATTY JO ROBINSON, Breeze ... 1, Cheerleading ... 2, Forester ... 2, Sports Editor ... 1, GAA ... 3, Sportshead ... 1, Pepclub ... 3, Spanish Club ... 2.



ELLEN D. ROHL, Office Help ... 1; DANIEL ROSS, Baseball ... 3, Lettermen ... 1; BOB ROWBOTHAM, Basketball ... 3, Football ... 3, Tri-Captain ... 1, Homecoming King Candidate, Lettermen ... 2, Vice-President ... 1, Play Cast ... 1, Spanish Club ... 2.



MARY SAGER, Elementary Teacher's Assistant ... 1; GENE SAMPSON, Wrestling ... 1; PATRICK SAUNDERS, Cross Country ... 1, FFA ... 3, Vice-President ... 1, Secretary ... 1, Reporter ... 1, Lettermen ... 1, Ski Club ... 1, Track ... 2.



b ... 2, Chess Club ... 2; MARK ... 2; Sports Editor ... 1, ... 1, Lettermen ... 1, President, Sophomore ... 1, Class Secretary, ... 1, NEIDER, Breeze ... 1, ... 1, Queen Candidate, ... 1, Spanish Club ... 1.



CATHERINE L. SCOFIELD, Choir ... 3, Choir Council ... 2, Forester ... 2, Subscription Editor ... 1, GAA ... 3, Sophomore Representative ... 1, Vice-President ... 2, Madrigal ... 1; DEBBIE SEIM; JACK SEVERSON, Basketball ... 3, Captain ... 1, Breeze ... 1, Cross Country ... 1, Golf ... 3, Lettermen ... 2.





KATHY SHALANDER, GAA ... 1, Office Help ... 1; WAYNE SHALANDER, Audio Visual Club ... 3, Cafeteria Help ... 3; GARY SIMONSON, Cross Country ... 2, Lettermen ... 2, Wrestling ... 2.

CHUCK SOLEM; JANE STRNAD, Choir ... 2, Choir Council Secretary ... 1, Drama Club ... 3, Vice-President ... 1, President ... 1, Forester ... 1, Student Life Editor ... 1, GAA ... 3, Play Cast ... 3, Spanish Club ... 2, Speech Choir ... 1; MICHAEL SULLIVAN, Play Cast ... 2, Play Crew ... 2, Wrestling ... 2.

JIM SWANBERG, Football ... 3, Lettermen ... 3, Play Cast ... 1, Track ... 3, Wrestling ... 2; LARRY SWANSON, Breeze ... 1, Ski Club ... 2, Spanish Club ... 2; PAUL SWARTZ, Breeze ... 1, Cross Country ... 2, Captain ... 1, Electronics Club ... 1, Treasurer ... 1, Lettermen ... 2, President ... 1, Track ... 2, Wrestling ... 1.



The most popular spot in Forest Lake for excitement after the games is the Flare. Friday nights there is standing room only as hungry students jam the place for a bite to eat.

SENIORS SURVIVE TEST AFTER TEST

JOHN TATE, Ski Club ... 3; ROXANNE TAUER, Elementary Teacher's Assistant ... 1, Forester ... 1, Ski Club ... 1, Transfer from White Bear; ROXANNE TAURMAN, Band ... 1, Forester ... 1, GAA ... 1, Guidance Help ... 2.



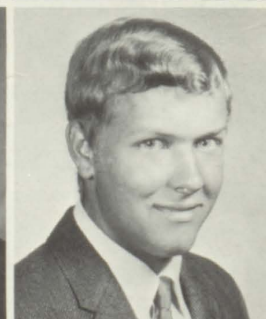
DANIEL L. TETRAULT, Audio Visual Club ... 3, Breeze ... 2, Ski Club ... 1; DARIA THILTGEN, Choir ... 1, Debate ... 2, Drama Club ... 1, National Honor Society, Play Cast, Play Crew ... 1, Transfer from Archbishop Grace; MIKE THOMAS, Band ... 3, Chess Club ... 1, Pepband ... 2, Stage Band ... 1, Track ... 1.



TONI TRESE THOMAS, Audio Visual Club ... 1, Elementary Teacher's Assistant ... 1, Library Help ... 1; JULIE M. THOMSON, Choir ... 3, Drama Club ... 1, FHA ... 1, Forester ... 2, GAA ... 2, Pepclub ... 2, Play Cast ... 1, Play Crew ... 2, Ski Club ... 2, Student Council ... 1; SUZANNE TIMM, Choir ... 3, Drama Club ... 1, Elementary Teacher's Assistant ... 1, GAA ... 2, Play Crew ... 2, Ski Club ... 2.

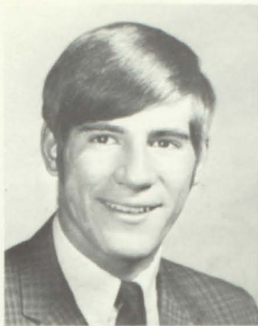


TIM TOLZMANN, Band ... 3, Breeze ... 2, Cross Country ... 1, Elementary Teacher's Assistant ... 1, Pepband ... 3, Stage Band ... 1, Student Council ... 1, Track ... 1; FRANK TROWBRIDGE, Football ... 2, Wrestling ... 2; MIKE TRULEN.



LORI VAN DALE; BILL WAHLBERG, Chess Club ... 2; LINDA LOU WEBB, Elementary Teacher's Assistant ... 1.





BRUCE WEINKE, Cross Country ... 2, Lettermen ... 1, Spanish Club ... 1, Track ... 2, Transfer from Mounds View; FRED H. WENZEL; SANDRA J. WEST, Breeze ... 1, FHA ... 3, President ... 1, Forester ... 1, Library Help ... 1, Speech Choir Student Director.



KAREN WICKLUND, FHA ... 1; CLIFFORD P. WICKMAN, Chess Club ... 1, Electronics Club ... 1, National Honor Society; DAVID WITHAM, Audio Visual Club ... 3, Baseball Manager ... 1, Cafeteria Help ... 3, Wrestling ... 2.



SHARON JEAN ZAK, Forester ... 1, GAA ... 1, Library Help ... 1, Pepclub ... 3; STEVEN ZASPEL, Band ... 1, Pepband ... 1, Transfer from Mounds View.



Senior girls, Cassy Midboe, Sandy Dolphy and Beth Kramer, will long remember the first French IV course taught by Mr. Rand.

CAMERA SHY

SENIORS

JODELL ANDERSON
JANICE CONDON
LES LAVALLA
LELAND LINDEMANN
BARB NELSON
HENRY POJANOWSKI
MARTIN RAINER
TOM SCHATVET
DAVID ZEIHNER
DENNIS ZINS

SCHOLARS SYMBOLIZE FUTURE DESTINY

CLASS MOTTO:

"Try not to become a man of success but rather a man of value."

Albert Einstein

CLASS COLORS:

Moss green
and yellow

CLASS FLOWER:

Yellow rose

TOP TWENTY

Clifford Wickman	4.0000
Dennis Alfveby	3.7600
Ronald Bullard	3.7167
Kathleen Franta	3.7000
Cassandra Midboe	3.6964
Beverly Corwin	3.6852
Gary Bolenbaugh	3.5400
Pamela Madison	3.4444
Beth Kramer	3.4444
Wyness Larson	3.4400
Thomas Grund	3.4400
Daria Thiltgen	3.4200
Christine Anderson	3.4167
Marlys Hammer	3.3800
Kathleen Hult	3.3400
Cheryl Gudmundsen	3.3269
Patrick Pranke	3.2963
John Ashby	3.2800
Kay Knowlan	3.2778
Susan Kiecker	3.2407



One of the scholars of the senior class, Cliff Wickman, proves carrying home books can be fun. Enjoying the ride is Kathy Hult.



JUNIORS HAGGLE OVER CLASS RINGS

Soon after the school year began, the junior class held a meeting to decide whether they would adopt a standard ring style or continue to let individuals choose. After a heated discussion the class voted to continue personal preference.

In November, the annual Sadie Hawkins Dance, sponsored by the juniors, turned out to be one of the most successful in many years.

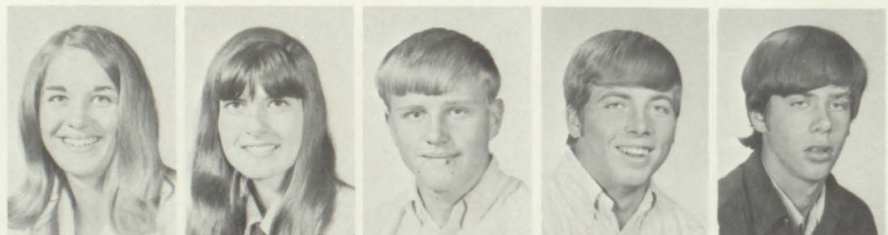
The class officers began seeking a site for the prom as early as possible to avoid the problems encountered the previous year.

Proceeds from slave day and Sadie Hawkins provided the funds for the juniors to host the seniors at the only formal affair of the year, the Junior-Senior Prom.



JUNIOR CLASS OFFICERS; Joan Olseen, Secretary; Sue Borchardt, Treasurer; Becky Grund, President; absent when picture was taken, Jackie Schmidt, Vice-President.

Kathy Abress
Claire Anderson
Dave Anderson
Dean Anderson
Doug Anderson



Keith Anderson
Linda Anderson
Scott Anderson
Dan Armstrong
Pat Ashby



Roger Ashby
Sue Babcock
Joel Baker
Linda Barnard
Mike Barnier



Pat Barott
Karen Benson
Linda Benson
Gary Berg
Howard Berg





Dan Bergaus
Bill Berggren
Diand Bergum
Stan Berry
Karen Blackbird



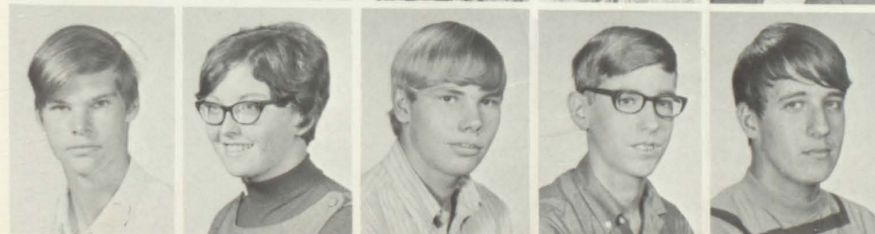
Jerry Booren
Laura Borchardt
Sue Borchardt
Ron Bowen
Sue Bowen



Bernetta Bowman
Diane Boyer
Remi Brooke
Bill Bunn
Richard Cape



Bob Carlson
Jane Carlson
Nancy Carlson
Carol Carpenter
Alan Carter



David Carter
Bonnie Christenson
Mark Christenson
Dennis Clarke
Tom Cobb



Tony Colombo
Tim Conley
Jay Crawford
Allen Crohn
Mike Dailey



Cathy Dale
Chris Davis
MaryJo Devine
Eugene Dodge
Joe Dolphy

SOCIAL ACTIVITIES KEEP JUNIORS BUSY

Leo Donovan
Mary Dubay
Stu Dunn
Jim Eisenhut
Rollie Erickson



Kate Ersfeld
Becky Fast
Debbie Fedje
Mike Fedje
Mary Fladland



Angie Flermoen
Pat Fox
Jim Fraley
Fred Frandle
Joan Franta



Greg Gabrick
Jeff Gallagher
Debbie Gamelin
Bob Gemeiner
Gary Gilbertson



Jeff Gillespie
Earl Gottwaldt
Mike Graves
Joe Gregoire
Jim Griffith

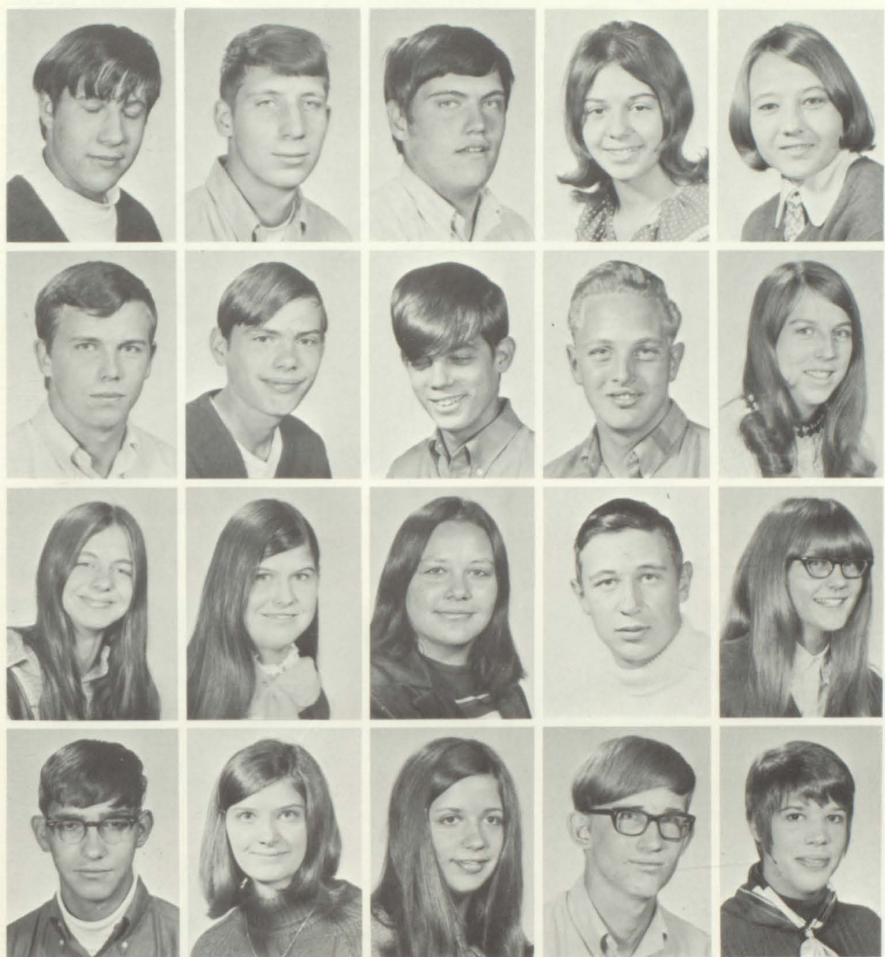


Terry Grothe
Dan Grubbs
Becky Grund
Bob Gulasch
Don Gunderson



Ruth Hagen
Gene Hamilton
Alan Hansen
Nancy Hanson
Craig Harrington





Jeff Harvey
Steve Hauble
Dan Hayes
Linda Heath
Deloris Heckel

Frank Heuckendorf
Tim Hillesheim
Matthew Hoff
David Holmberg
Jill Houle

Peggy Houle
Rose Houle
Mary Husnik
Tom Husnik
Karen Isaak

Roger Istvanovich
Nancy Jarvis
Leslie Jensen
Dan Johnson
Jan Johnson



Many students enter chemistry with the expectations of participating in many mysterious experiments, but first they learn the fundamentals. Demonstrating the use of the centrifuge are Laura Borchardt, Kathy Dale and Jan Johnson.



Looking over Mr. Carter's large selection of FLHS class rings is junior, Roger Istvanovich. His problem is to decide on a ring that will suit his preference for color and style as well as his pocketbook.

Robin Johnson
Sue Johnson
Jay Johnson
Laurie Johnston
Mark Jonason



Lana Jorgenson
Jackie Krasky
Linda Karth
Lee Kendrick
Terri Klenzendorf



Ken Knapp
Connie Knudson
Craig Knowlan
Charlene Krasky
Debbie Krummi



Steve Kuefler
Debby Kunshier
Ed Kushlan
Debby LaCasse
Sharon Landgraver



Nancy Lane
Lois Larson
Mark Larson
Pam Larson
Joy Larson



OFFICERS PROCURE PROM SITE EARLY



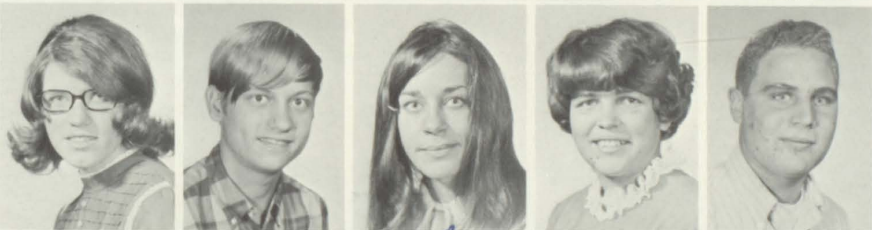
Ritchie Larson
Cindy Leverton
Kay Limesand
Lonnie Lindeman
Tom Locke



Ed Longtin
Jolene Lukenbill
Dennis Lund
Greg Lundberg
Patti Lundeen



Carl Lundgren
Todd Lundgren
Candy Madison
Marilyn Madsen
Mary Magnuson



DeNiel Manke
Jim Marois
Sally Mather
Renee Matheson
Vern Matheson



Steve Mayer
Dave McConnell
Allen McGaughy
Fred McKnight
Mike McQuiston



Debra Miller
Lyle Miller
Ken Minke
Patty Miron
Scott Moen



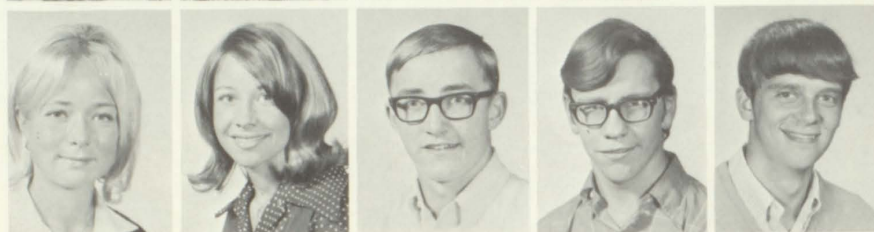
Sherri Moen
Jim Morgan
Mary Morrison
Debby Morse
Will Moyer

JUNIORS FRET AS SLAVE DAY NEARS

Jeannie Mudick
John Nieman
Dale Ocker
Bob Odegard
Tim Oelke



Joan Olseen
Pam Olson
Vern Osterbauer
Gary Otremba
Ritchie Palmer



Diane Parnell
Warren Parsons
Doug Paschke
Kathy Patterson
Mary Patterson



Larry Pearson
Pete Peltier
Bruce Peters
Bruce Peterson
John Peterson



Judy Pfingsten
Debby Poff
Pat Powers
Sheryl Prestegaard
Dan Proefrocke



Denise Proue
Vicki Quammen
Candy Rabel
Chuck Randall
Greg Ray

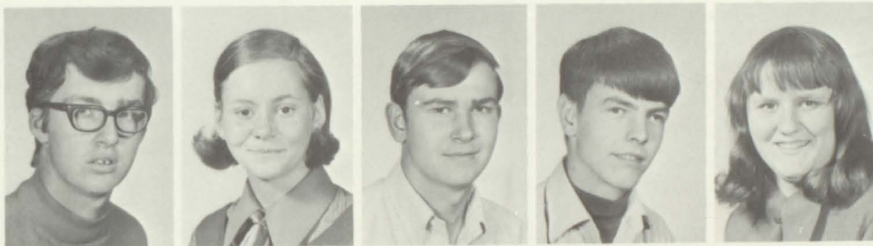


Bruce Reed
Roxanne Reed
Becky Rehbein
Lynn Reishus
Dan Remitz





Fussing and fixing their modacrylic wigs, Vicki Quammen, Lois Larson, and Kathy Patterson keep up with the latest fad sweeping the country. For most this is a switch from the long to the short and a modern convenience.



Allen Riopel
Terri Rolseth
Mike Ross
Tim Rush
Gloria Ryan



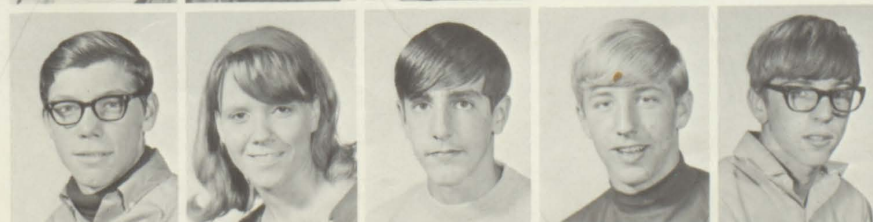
Rick Saari
Warren Sager
Robin Sahlin
Barb Sausen
Terry Schleppegrell



Ken Schlipp
Jackie Schmidt
Judi Schroeder
Bonita Schultz
Marty Schwartz



Debbie Score
Janice Segelstorm
Sue Setterholm
Barb Sherman
Jean Simonson



Walt Solem
Shelley Solomen
Brad Steely
Doug Stone
Ken Stone

JUNIORS ACQUIRE NEW PERSPECTIVES

Dan Stroman
Shari Strong
Colleen Sullivan
Linda Swanson
Gary Swenson



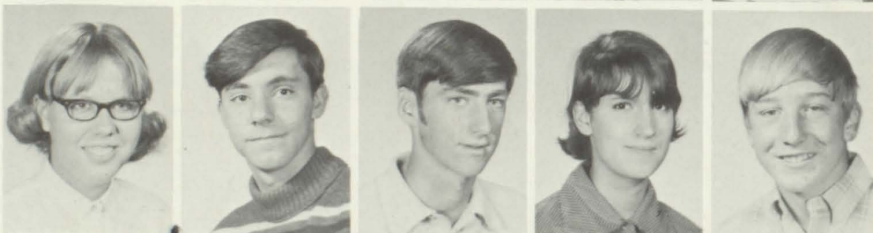
Al Taylor
Therese Tessier
Marcia Tester
Mark Thomas
Dave Thomson



Robin Thompson
Brian Tolzman
Sue Torgeson
Joe Tritchler
Sue Urman



Bette Utech
Tyrone Vadner
Bob Veness
Marcia Vierkandt
Don Waldoch



Robert Waller
Stephen Wallraff
Liz Walters
Karen Wee
Kevin Willard

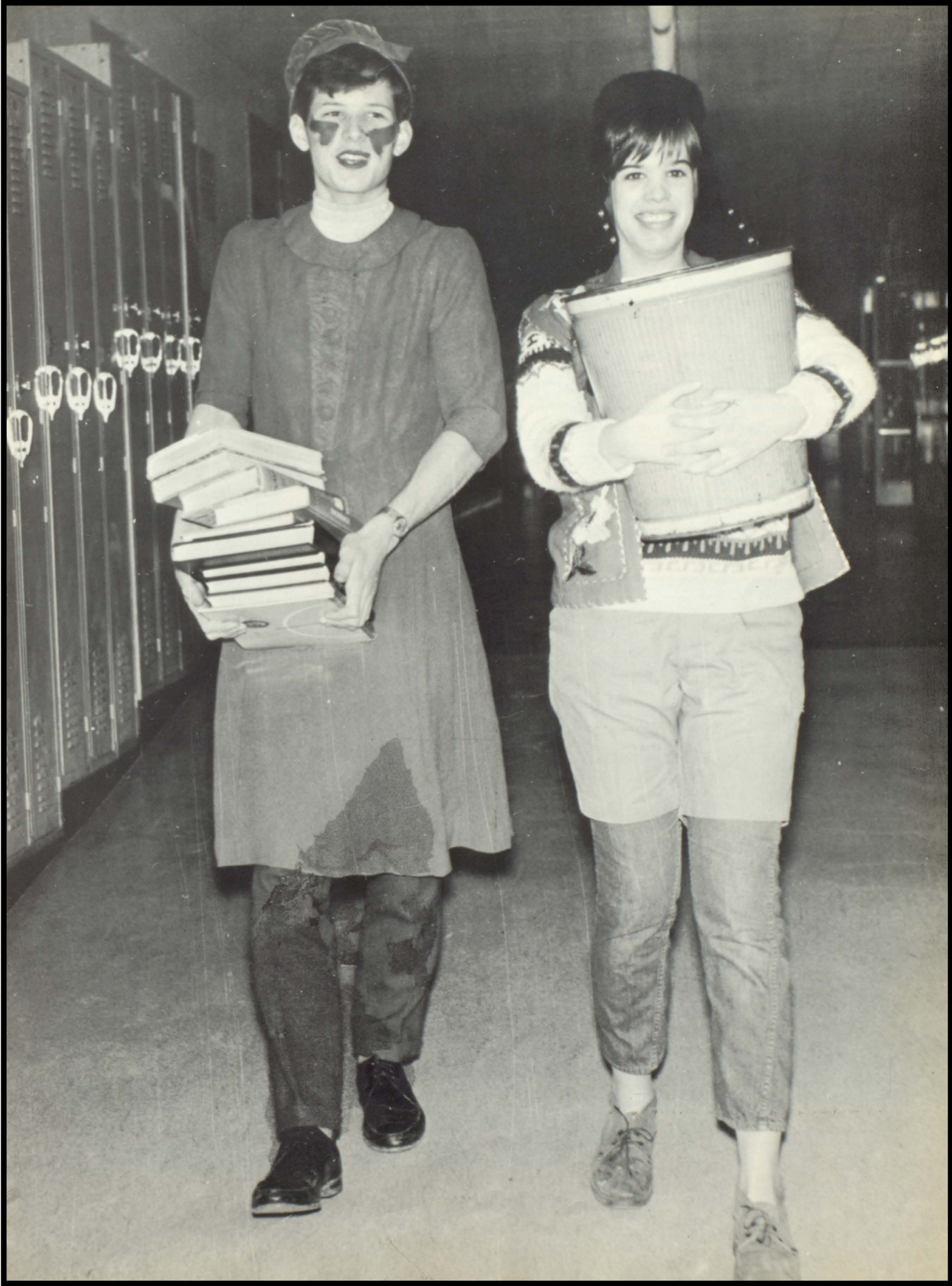


Len Wojtowicz
Sonja Wollan
Scott Womack
Sue Wortman
Barb Zeches



Pat Zeleschnak
Caryn Zimmer
Randy Zuleger





308 SOPHS CROWD HALLS

Over 300 strong, the sophomore class seemed to invade the senior high in September as the halls, classrooms, lunchroom, and gymnasium became more and more crowded with students.

Great class unity prevailed as the sophomores easily won the decorations contest by transforming the third floor halls into a festive Christmas motif, complete with fireplace.

The class sponsored their first senior high activity, the annual sophomore sweetheart dance, when it was held on the romantic eve of Valentines Day.

At pepfests throughout the year, the sophomore battle cry, usually shy and subdued, rivalled even the shrieks of the mighty seniors.



SOPHOMORE CLASS OFFICERS; Dan Killian, Vice President; Cathy Arth, Secretary; Kyle Fedje, Treasurer; Roger Magnuson, President.

Siegfried Alexejew
Michael Alsaker
Joan Alvin



Barbara Anderson
Candice Anderson
Effie Anderson



James Anderson
Kenneth Anderson
Shelley Anderson



Susan Anderson
Sue Anderson
Catherine Arth



Lawrence Atkins
Susan Auge
Paula Augustine



William Baber
Deborah Beck
Dwight Benoy



Lisa Benoy
David Benson
Deborah Bergeron



Ned Bergerson
Karl Bergman
Bradley Bernston



Lynn Berry
Dale Bisonette
Gwen Blackledge



Nancy Bloom
Debbie Booren
Debbie Bothman





David Bowman
 Brenda Brandt
 Sandra Broker
 William Brooke
 Krystal Brown
 Sandra Brown
 Wayne Brown
 Bruce Cakebread
 Stuart Campbell
 Brian Carlson
 Deanne Carlson
 Joyce Carlson
 Mary Carlson
 Wanda Carlson
 Anthony Caron
 Terri Carpenter
 James Carter
 Steven Christensen
 Carol Christman
 Mary Cobb
 Jay Coleman
 Mary Collins
 Susan Collins
 Patricia Cooley
 Greg Cote
 Joanne Crete
 Nancy Crohn
 Linda Dalin
 Dominic Daninger
 Dorinda Diemert
 Ronald Dietrich
 Paul Dolphy
 James Doruff
 Albert Drechsel
 Patricia DuBay
 Wendy Dufresne
 Deborah Eiffler
 Linda Eklund
 Alice Elsenpeter
 Joseph Erickson
 Lynne Erickson
 Barbara Faymoville
 Jodie Fearing
 Kyle Fedje
 Donald Fitch
 Nancy Flesvig
 Daniel Forsberg
 Keith Fossen
 Anita Frost
 Sharon Furrer
 June Gary
 Connie Gatzow
 Sandra Gemeiner
 Gary Geske
 Carla Gessner
 Michael Gibson
 Dean Gillette
 Paul Goss
 Sally Gould
 Susan Grunwald
 Terese Gudmundsen
 Linda Haas
 Thomas Haas
 Joseph Hallberg
 Wayne Hamilton
 Marcia Hammer
 Cheryle Hanson
 Joel Harvey
 David Haselbauer
 Martha Hauble
 Allen Haugen
 Anthony Hayes

SOPHOMORES ENTER NEW WORLD

John Heller
James Hengel
Betty Higgs
Mark Hoff
David Hohenauer
Lisa Houle
Sandra Isaak
Deborah Jacobson

Lynn Jeans
Elizabeth Jenson
Douglas Johnson
Shelley Johnson
Colleen Johnston
Jeffrey Juelich
David Kallestad
Beatrice Kichler

Daniel Killian
Donald Kline
Lynne Kneissel
Kim Koester
Katherine Kolbow
Thomas Korn
William Kral
Pamela Kramer

Steven Krasky
David Kroanlein
Kenneth Krueger
Patricia Kunshier
Marlene Kushlan
Bruce LaCasse
Richard LaMotte
Darlene Lang

Annette Lappe
Debra Larson
Debra LaValla
Sheryl LaValla
Debra Leckie
Gary Lehner
Toni Lind
Daniel Linder

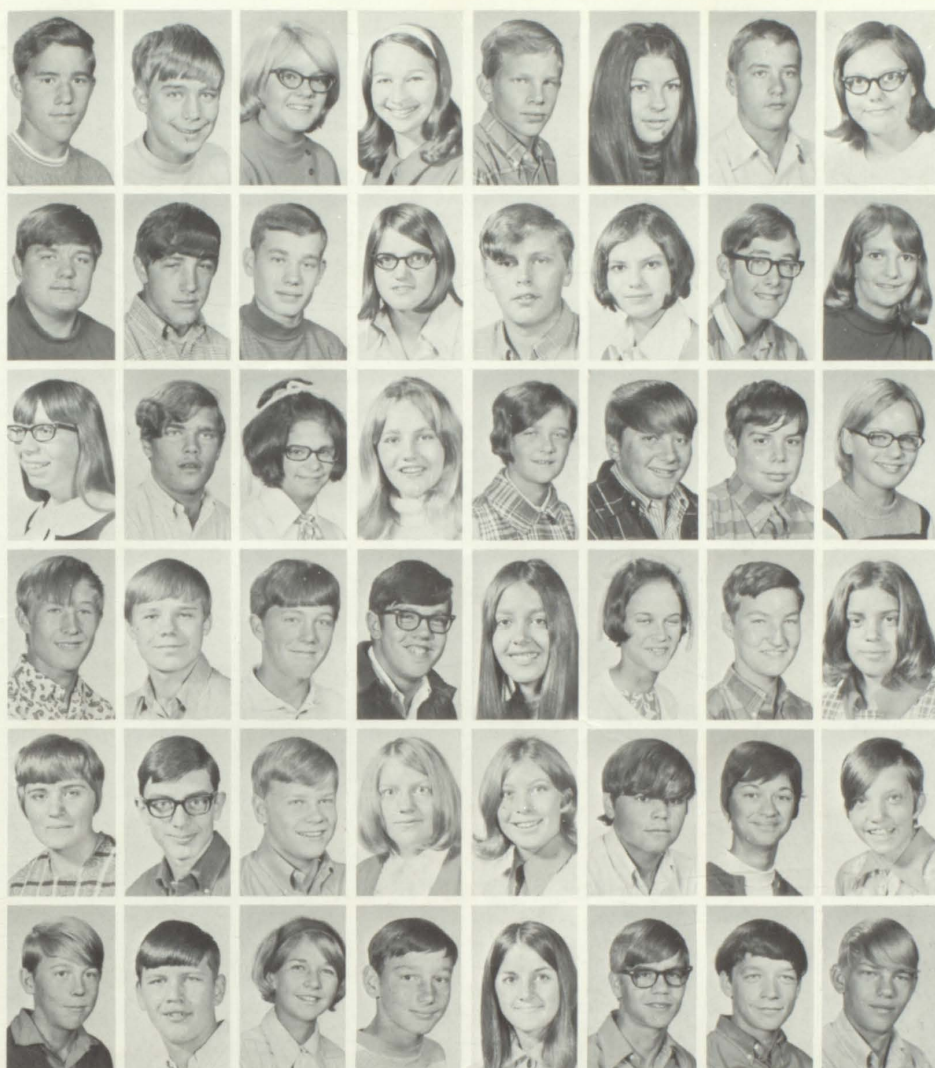
Curtis Lindstrom
Brian Longley
Larry Lord
Jeffrey Lundberg
Roxanne Lundquist
Patricia Lunzer
John Lutz
Sandra Macziewski

Roger Magnuson
Susan Maki
Scott Marier
Donald Marois
Debra Matheson
Timothy McGough
Max McGowan
Janet McKenzie

Laurie McManus
Suzanne Meister
James Michael
Barbara Midboe
Karen Miller
Cheryle Milligan
Charles Minke
Francis Miron

Douglas Moen
Dennis Moore
Patricia Morse
Jean Morehouse
Pamela Mueller
Stephen Mulvihill
Michael Nelson
Charles Nickelson





Gregory Nutter
 Kurt Nygren
 Dennis Olson
 Linda Osterbauer
 Marc Palmateer
 Mary Beth Patrin
 Burnett Paulsrud
 Terri Payne
 Lyle Pearson
 Ronald Peloquin
 John Pepin
 Barbara Peters
 Karl Peters
 Carol Peterson
 Raymond Peterson
 Lynn Philippi
 Susan Pitcher
 Richard Plain
 Randi Poff
 Kathryn Pommier
 Pat Preiner
 Jeffrey Prestegaard
 David Pritchard
 Gail Profant
 Richard Proulx
 Ronald Puro
 Terry Quammen
 Dean Rapp
 Sherri Rasmussen
 Patricia Reed
 Michael Rehbein
 Vicky Rehbein
 Jennifer Rehbine
 William Reidell
 Robert Reishus
 Gail Richardson
 Jennifer Rife
 Rodd Ringquist
 Marie Riopel
 Debra Robertson
 Edward Rosenberg
 Randy Ross
 Robin Rousselow
 Roger Rowbotham
 Jill Rugroden
 Michael Rush
 Curtis Sampson
 Michael Sampson



In pursuit of their academic advancements Toni Lind and Sharon Furrer are two faces in the mass of students attempting to concentrate in the rarely quiet moments of the library's atmosphere.

FIRST TO ENTER NEW SCHOOL

Deborah Sandberg
Herland Santa Cruz
Robin Saxe
Robert Schafer
Bette Scharff
Barbara Schmidt
Michael Schneider
Dixie Schrom

Yolanda Schultz
Linda Scofield
Katherine Seaver
Ann Seeley
Terry Selleck
Mary Servaty
Rita Shelander
Bruce Simonson

Roxann Sivigny
Teresa Skogland
David Smith
Toni Sommerfeld
Raymond Sorgert
Donna Spetz
Gregory Steffen
Helen Stolp

Robert Stone
Jacqueline Strand
Robert Strand
Paula Strandlund
Susan Stroman
Kevin Swanson
Sharon Swanson
Sherry Swenson

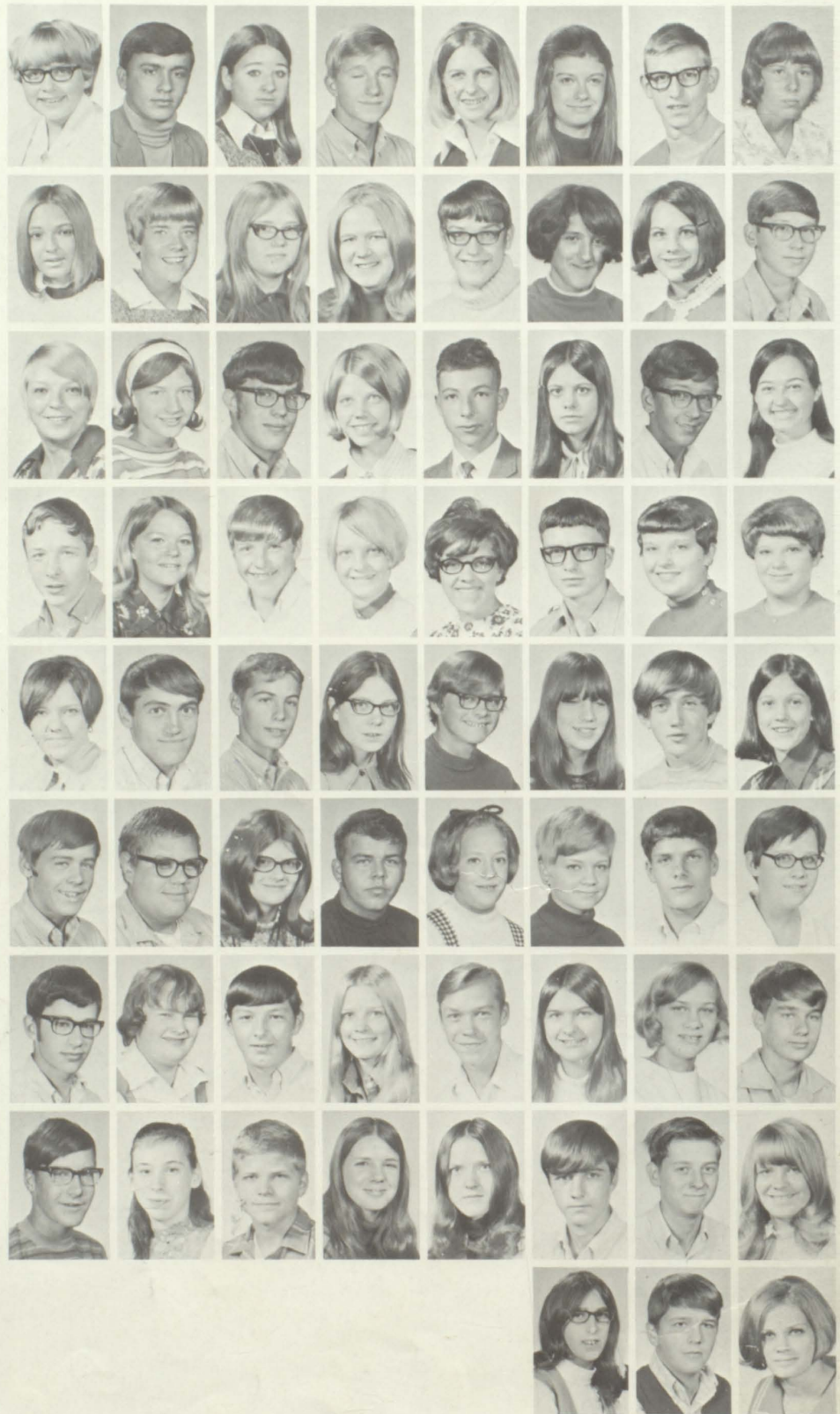
Kathleen Sward
Tim Tate
Ronald Taylor
Denise Tetrault
Craig Thiel
Jeri Thomas
Daniel Thompson
Debra Thompson

Kim Thompson
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Julia Thurnbeck
Richard Tippins
Mary Tkadlec
Carol Torgeson
Steven Trulen
Barbara Utecht

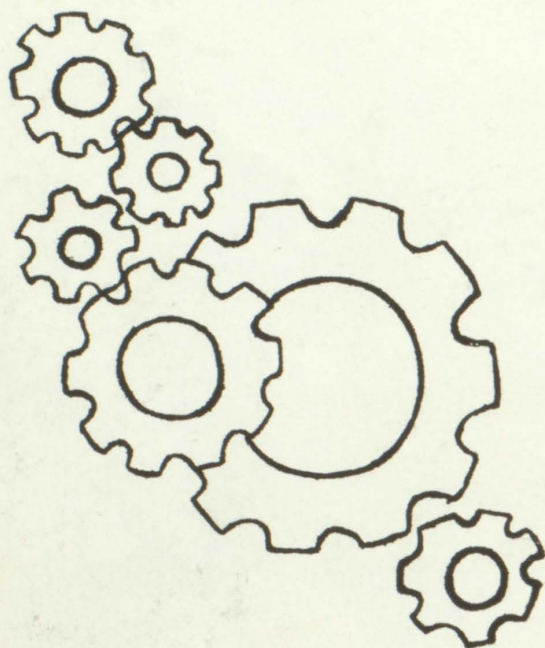
Todd Voelker
Bonita Volenski
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Mary Weir
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Bruce Wightman
Susan Wyandt

Nancy Zak
Timothy Zaspel
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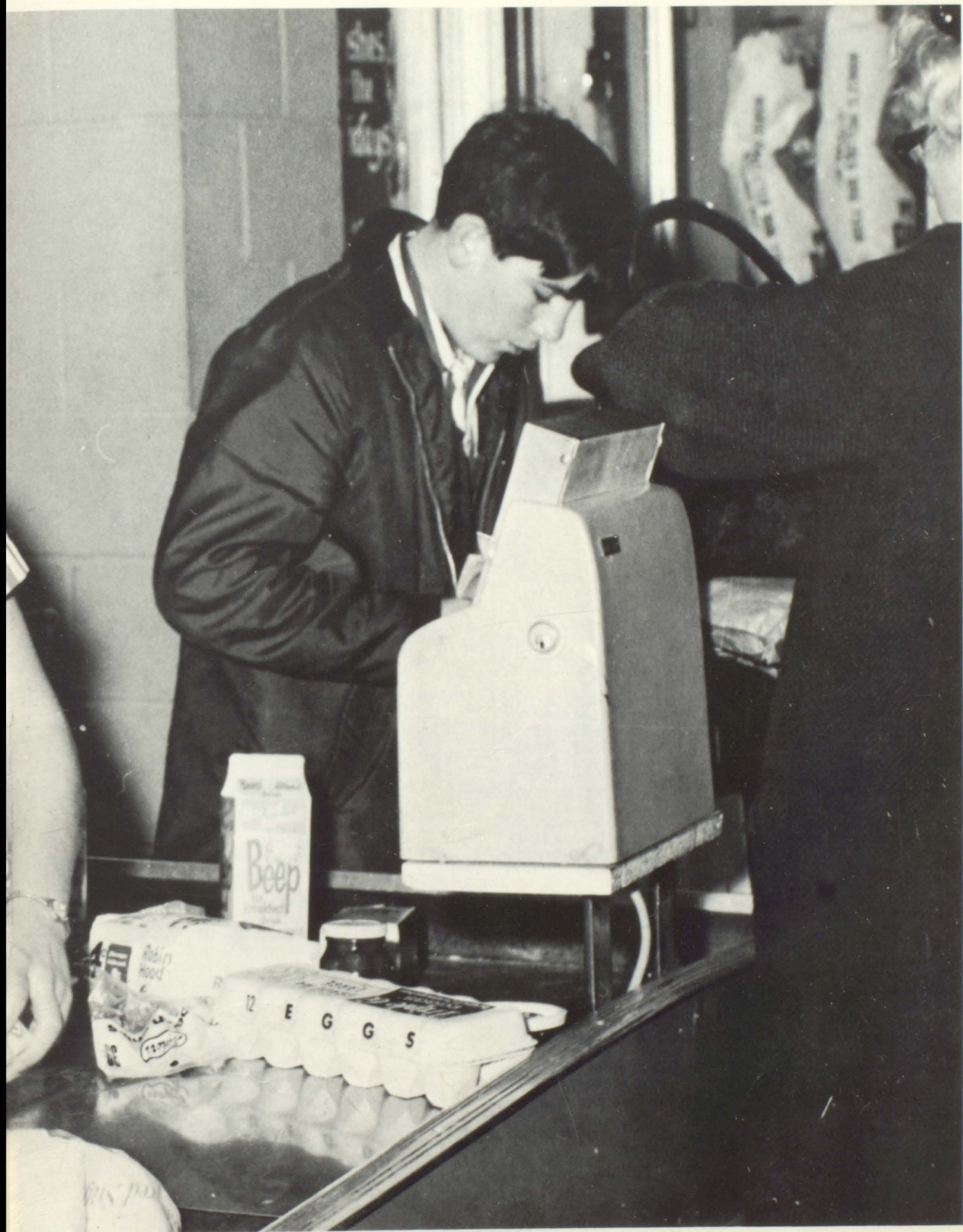






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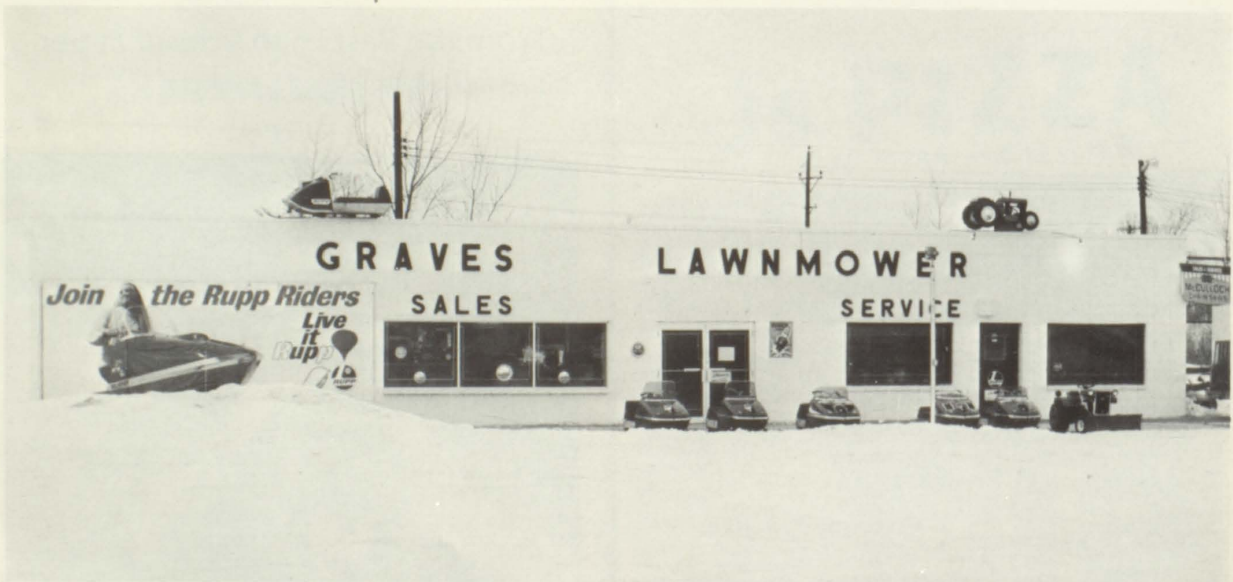
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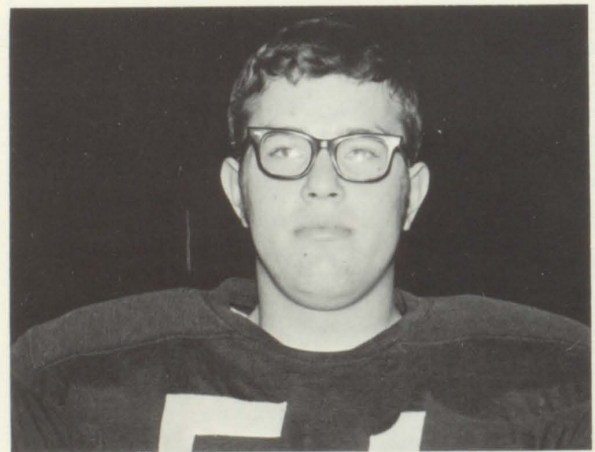
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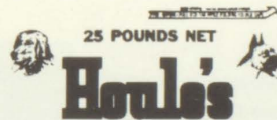
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Sitting in the winner's circle after meeting all the Forester deadlines, Co-Editors Sally Miller and Kay Knowlan flash smiles of relief.

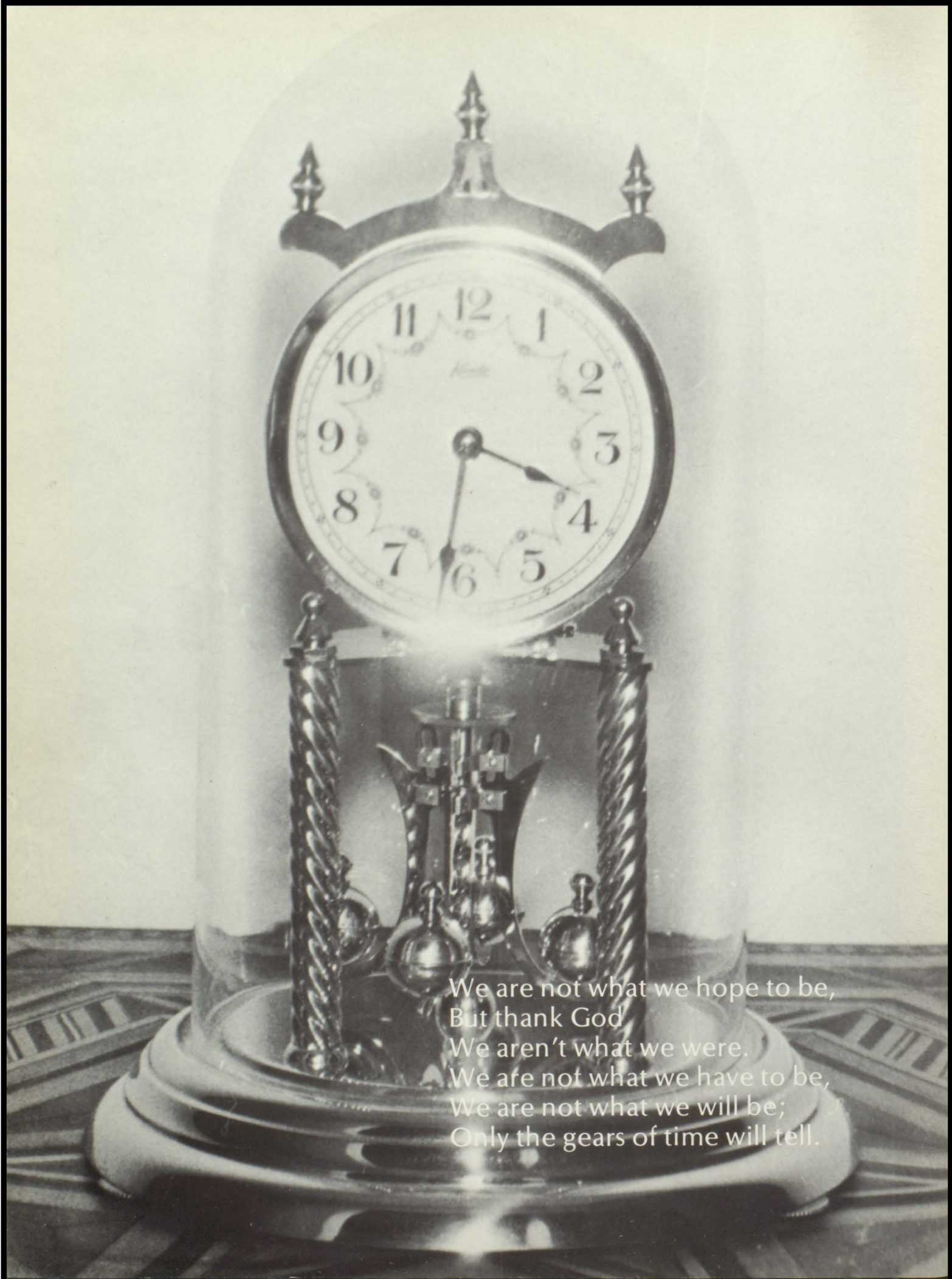
EDITORS' NOTES

This has really been a wild year for us! Since September we were caught in a hectic whirl of both exciting and frustrating activities that didn't stop until we mailed the last 40 pages of "our baby." The problems we encountered,— our disorganized picture schedules, the pictures that didn't turn out, the editors' frantic scramble to sell more ads (sorry, Mr. Franzen), our reliable (?) staff — are overshadowed by the many wonderful and crazy memories we have.

We can never forget the wildest deadline of all, the first! Trying to work late at school and being told to leave at 3 am, reading Scott's neat books, the coffee pot that almost burned a hole in the floor, "Take a Letter Maria" — the song that played 500 times on the radio while we worked on the pages, our big secret colored pictures that half the school knew about, and the Flare's home cooking.

Then there were the long rides on Highway 8 out to Kay's house, the weekend we were up 111 hours finishing pages, sloppy joes and "fake" flowers at Mrs. Beyers', "Cindy" Knowlan, the fights and dedication of our Assistant Editors, and Sally's motto for the Forester "You'll get over it!" It was a long year we'll treasure forever.

Kay Knowlan
Sally Miller



We are not what we hope to be,
But thank God
We aren't what we were.
We are not what we have to be,
We are not what we will be;
Only the gears of time will tell.

