

**COURSES ACCEPTED AS MEETING  
THE COACHES FIRST AID AND CPR/AED REQUIREMENT  
(Updated) January 2014**

**\*FIRST AID – All cards must be renewed every 3 years or per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED**

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours **initial**; 5.5 hours **update** (valid for 3 years) ([www.emsc.nysed.gov/ciai/phyped.html](http://www.emsc.nysed.gov/ciai/phyped.html))  
- Click on Toolkit, then on Approved Coaching Courses)
2. American Red Cross (Please send a copy of your certificate) :
  - a. The following Responding to Emergencies courses **NOW VALID FOR ONLY 2 YEARS per ARC**  
Responding to Emergencies First Aid  
Responding to Emergencies Adult and Child First Aid/CPR  
Responding to Emergencies Adult and Child First Aid/CPR/AED  
Responding to Emergencies Adult and Pediatric First Aid/CPR  
Responding to Emergencies Adult and Pediatric First Aid/CPR/AED  
Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training  
Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
  - b. Lifeguarding/First Aid/CPR/AED
  - c. Lifeguarding/First Aid
  - d. Waterfront Lifeguarding
3. NYS DOH/Bureau of Emergency Medical Services:
  - a. Certified First Responder (meets FA & CPR certification)
4. National Safety Council:
  - a. Advanced First Aid, CPR & AED (meets FA & CPR certification)
5. Emergency Care & Safety Institute (ECSI) (Please send a copy of your card)
  - a. Sports First Aid & Injury Prevention-NYS Coaches
  - b. First Aid, CPR, & AED, Essentials-NYS Coaches
  - c. Health Care Provider CPR & AED
6. American Safety & Health Institute (ASHI) Advanced First Aid

**\*ADULT CARDIOPULMONARY RESUSCITATION (CPR) – All cards must be renewed every 1- 2 years per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED**

1. A State Education Department approved agency that offers CPR using the [NEW SED course outline and time requirements](#): 2.5 hours **initial**; 1.5 hours **update** (must be renewed every 2 years to be valid) check out [www.emsc.nysed.gov/ciai/phyped.html](http://www.emsc.nysed.gov/ciai/phyped.html) - Click Toolkit, then on Approved Coaching Courses)
2. National Safety Council (NSC):
  - a. CPR/ AED Course
  - b. Advanced First Aid, CPR & AED

\*For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922.

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3. American Heart Association Courses (AHA):
  - a. Advanced Cardiac Life Support (ACLS) – **(credited only for CPR/AED)**
  - b. Basic Life Support for Health Care Providers (BLS)
  - c. Heartsaver AED (includes CPR)
  - d. Heartsaver First Aid/CPR/AED
4. American Red Cross Courses (Please send a copy of your certificate) :
  - a. Adult CPR/AED (Note: For High School level coaches only)
  - b. Adult & Child CPR/AED
  - c. CPR/AED for the Professional Rescuer **(credited for CPR and AED)**
  - d. Lifeguarding
  - e. Lifeguarding/First Aid/CPR/AED
  - e. Waterfront Lifeguarding
  - f. Responding to Emergencies courses listed as follows:
    - Responding to Emergencies Adult and Child First Aid/CPR/AED
    - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
    - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
    - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
  - g. CPR/AED for Professional Rescuers and Health Care Provider
5. American Safety & Health Institute (ASHI) (Please send a copy of your card)
  - a. Adult CPR/AED (For High School Coaches only)
6. Emergency Care & Safety Institute (ECSI) (Please send a copy of your card)
  - a. Sports First Aid & Injury Prevention-NYS Coaches
  - b. First Aid, CPR, & AED, Essentials-NYS Coaches
  - c. Health Care Provider CPR & AED

**SED does not require the following to have separate certification in First Aid to coach, HOWEVER A VALID CPR CERTIFICATE WILL BE REQUIRED:**

- a. All Nurses
- b. Physician – Physician Assistant
- c. Certified EMT/Paramedic
- d. Certified Athletic Trainer
- e. Fire & Police Officers (full time)
- f. Dentists (Includes Oral and Maxillofacial Surgeons )
- g. Physical Therapists
- h. Optometrists

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