

GLEN COVE CITY SCHOOL HEALTH OFFICE

Dear Parent:

The health of your child bears an important relationship to his/her progress and success in school. We encourage that students have a physical examination each year by their private physician who is familiar with your child's health history. In addition, the physician will also give your child any necessary immunizations. **Each year, please complete the health history and parent information on the top of the physical form** even if your family physician has not completed the examination and return the form to the Health Office in September.

- The New York State Education Law **requires** a physical for all new entrants, students entering Pre-K, Kindergarten, first, third, fifth, seventh, ninth and eleventh **grade**. Dental examinations are optional. Please have your child's physician complete the physical form and return it to school, otherwise as required by law, your child will be examined by the school physician. Physicals are valid for one year. (*Forms are enclosed*)
- All students participating in sports at the High School level must have an updated physical every year; and a sport Health Survey completed each season. Survey forms (*available from the coach or on the district website*) cannot be completed sooner than 30 days before a sport begins. Requirements for sports must be received before the first day of practice for that season.
- Students applying for working cards must have a physical completed within the previous 12 months. *Working card applications are available in the Health Office or on the district website.*
 - New York State law requires all students to have complete immunization).

As required by New York State the following screenings are mandatory:

- For New Entrants vision, hearing and color
- Vision and Hearing grades Pre K, K, 1st, 3rd, 5th, 7th and 11th
- Scoliosis screening for the girls in grade 5 and 7
- Scoliosis screening for the boys in grade 9

Parents are advised in writing of any difficulties.

In order to insure the health and safety of all students, any student who needs to have medication during the school day must have authorization forms signed by a parent and physician. These forms must be renewed every year. **This policy applies to over-the-counter medications (such as Tylenol, Advil, aspirin) as well as all prescription medications (including inhalers).** It is necessary to supply the completed forms whether the student carries the medication or the medication is supplied to the Health Office. (*Forms are enclosed*)

If your child is sick, please keep him/her at home. Please call the school attendance office in the morning **and** send a note to school when they return.

In addition, please complete a new emergency contact form every year. Forms must be signed and returned to the Health Office in September. Please make any changes if necessary. This will help insure that we may best meet the health needs of your child. (*Forms are enclosed*)

Please contact your child's school Health Office with any questions or concerns.

Sincerely yours,

AnnMarie Baumel, RN District Lead Nurse