



Dear Parents/Guardians,

At New Heights we offer social/emotional support for students as well as access to mental health services. Counseling helps students whose behaviors are result of emotional distress and/or a crisis or family/environmental issue. Short-term crisis counseling will be provided in person. Students may be referred to community counseling agencies, if long term or more intensive counseling support is needed.

Short-term crisis counseling usually lasts no more than six weeks. If you would like to refer your student for crisis counseling, please follow the following steps:

- ❖ Complete and turn in a student support consent form
- ❖ The student and family support team, Ms. Trina Mitchell (Upper Campus) and Ms. Ronica Morris (Lower Campus), will be in contact with you to set up a time to discuss concerns.
- ❖ Parents will be contacted.
- ❖ Crisis counseling will begin immediately.

If you would like to refer your student for long term/more intensive counseling services, please follow these steps:

- ❖ Complete and turn in a student support referral form.
- ❖ The student and family support team, Ms. Trina Mitchell (Upper Campus) and Ms. Ronica Morris (Lower Campus), will be in contact with you to set up a time to discuss concerns.
- ❖ The teacher is then responsible for setting-up a meeting with student's parent to discuss concerns. At the meeting, the parent will be provided with community counseling information.

If you have questions or would like further information, please call the student and family support team at 323-508-0155.

Sincerely,

The New Heights Charter School Student and Family Support Team