

RESOURCES

*Si necesita ayuda **immediate**, llame a 911.*

COMMUNITY HOTLINES

Didi Hirsch Suicide Prevention Hotline

(877) 727-4747 (24 hours)

National Suicide Prevention Lifeline

(800) 273-TALK (8255) (24 hours)

Trevor Lifeline

(866) 488-7386 (24 hours)

Teen Line

(800) 852-8336 (6pm-10pm daily)

TEXT AND CHAT RESOURCES

Crisis Text Line – Free (24 hours)

Text LA to 741741

Crisis Chat (11am-aapm, daily)

<https://www.crisischat.org/chat>

Teen Line

Text TEEN to 839863 (6pm-10pm)

ONLINE RESOURCES

www.didihirsch.org

www.thetrevorproject.org

www.teenline.org

www.affsp.org/understanding-suicide

REFERRAL PROCESS

Student/Parent/Teacher/Staff has a mental health/counseling concern

Notify students' academic counselor

Academic counselor will meet with student to determine the level of support needed

Academic counselor will contact parent to notify them of referral for PSW, if needed

Upon parent consent, counselor will submit a referral to PSW for services

PSW will meet with student once prior to getting mental health parent consent

PSW will send feedback to academic counselor and referring source

STAY CONNECTED!

 **@bcchs_psw**

Website:

www.tinyurl.com/PSWBCCHS

Email:

psw@birminghamcharter.com

BIRMINGHAM COMMUNITY CHARTER HIGH SCHOOL

English



BCCHS SUPPORT SERVICES

CONTACT

17000 Haynes St.

Lake Balboa, CA 91406

Phone: 818.758.5200

Fax: 818.342.5877

www.birminghamcharter.com

ABOUT US

Psychiatric Social Workers (PSW) support positive student connections with peers, family, school and community by facilitating student development and the ability to successfully deal with problems, crises, or traumatic experiences. Furthermore, school social worker helps foster resiliency - the ability to bounce back from challenges with a stronger sense of self-confidence and coping capacity - by promoting healthy relationships, self-reflection and problem-solving skills to optimize school success.

BCCHS H.O.P.E. CLUB

H.O.P.E. Club is proudly a part of NCHS. Thank you for the support!

NCHS NAMI On Campus High School Clubs

BCCHS H.O.P.E. CLUB
(HEALING, OPTIMISM, PERSISTENCE, EMPOWERMENT)

MENTAL HEALTH MATTERS

Mission Statement: "To raise awareness on mental health in the Birmingham community through hope, advocacy and education."

WEDNESDAY'S
ROOM T-410 DURING LUNCH
BRING YOUR LUNCH! :)

EVERYONE IS WELCOME

BCCHSHOPECLUB@GMAIL.COM [@BCCHSHOPECLUB](https://www.instagram.com/BCCHSHOPECLUB)

Mental Health Club

PSYCHIATRIC SOCIAL WORKERS (PSW) & SUPPORTS



Mr. Rodriguez
9th Grade PSW



Ms. Castillo Urbina
10th Grade PSW



Mr. Bartholomew
11th Grade PSW



Ms. Montoya
12th Grade PSW

School Social Workers promote the mental health, well-being and academic achievement of all Birmingham students.

Additional Supports:

- Academic Counselors
- Foster Youth & Homeless Liaison
- School Psychologist
- DIS Counselor
- A-G and Pupil and Attendance
- Counselor (PSA)
- Admin Supervision & Support

MENTAL HEALTH

- Agency Referrals
- Child Abuse Awareness, Prevention and Reporting
- Community Engagement
- Crisis Intervention and Response
- Grade Level Academy (GLA)
- Home Visits and Attendance Support
- Counseling
- Multi-Tiered System of Support (MTSS)
- Parent Education and Support
- Special Education Designated Services
- Staff Consultation

PARENT/CAREGIVER ENGAGEMENT

Parents may stay up-to-date with BCCHS mental health services by joining:

- PTSA (Parent/Teacher/Student Association)
- Parent Workshops (Mental Health, Self-Care, Etc.)

SOCIOS



San Fernando Valley Community
Mental Health Center, Inc.
moving lives forward



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

care solace

Calming the Chaos of Mental Health Care.

