Sophomore Parent Program

4 year Counseling Curriculum using Naviance

John Klasen, Director of College Counseling

Ann LePage, Interim College Counselor

Glenbrook South High School
Tommy Titan’s Brain?

Anatomy of a Teenager’s Brain
Worst Nightmare?
Goal
Ultimate Goal

HAPPY
RETIREMENT
<table>
<thead>
<tr>
<th>Program</th>
<th>Date/Season</th>
</tr>
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<tbody>
<tr>
<td>Sophomore Compass Test Prep</td>
<td>April 25, 2023</td>
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<tr>
<td>College Fair at GBN</td>
<td>April</td>
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<td>Fall College Info Sessions</td>
<td>September, October, November</td>
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<tr>
<td>Junior Parent College Night</td>
<td>December</td>
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<td>Junior Individual Meetings</td>
<td>December-Fall of Senior Year</td>
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<td>Junior College Groups</td>
<td>December</td>
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<td>College Colloquium</td>
<td>February</td>
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<td>August</td>
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<td>Senior Individual Appointments</td>
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<td>Senior Parent College Night</td>
<td>September</td>
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<td>Senior Parent Finance Night</td>
<td>October</td>
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<td>FAFSA Completion Workshop and Individual Appointments</td>
<td>October</td>
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<tr>
<td>Senior Seminar</td>
<td>April</td>
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</table>
Freshman Year

- Join Counselor’s Google Classroom
- Establish Naviance Account
- Complete Freshman Getting to Know You Survey
- Complete “Career Interest Profiler”
- Complete Four-year Plan
- Follow-up with Four-Year Plan conferences with families
Career Interest Profiler

CAREER INTEREST PROFILER

:: view matching careers :: reset interest profiler

Results

Realistic: 3
Investigative: 22
Artistic: 3
Social: 23
Enterprising: 5
Conventional: 10

The strongest interests are in green.

Definitions

Realistic: Realistic occupations frequently involve work activities that include practical, hands-on problems and solutions. They often deal with plants, animals, and real-world materials like wood, tools, and machinery. Many of the occupations require working outside, and do not involve a lot of paperwork or working closely with others.

Investigative: Investigative occupations frequently involve working with ideas, and require an extensive amount of thinking. These occupations can involve searching for facts and figuring out problems mentally.

Artistic: Artistic occupations frequently involve working with forms, designs and patterns. They often require self-expression and the work can be done without following a clear set of rules.

Social: Social occupations frequently involve working with, communicating with, and teaching people. These occupations often involve helping or providing service to others.

Enterprising: Enterprising occupations frequently involve starting up and carrying out projects. These occupations can involve leading people and making many decisions. Sometimes they require risk taking and often deal with business.

Conventional: Conventional occupations frequently involve following set procedures and routines. These occupations can include working with data and details more than with ideas. Usually there is a clear line of authority to follow.
# Career Interest Profiler Sample Results

## Some Preparation
- Dietetic Technicians

## Medium Preparation
- Acute Care Nurses
- Critical Care Nurses
- Hearing Aid Specialists
- Registered Nurses
- Respiratory Therapists
- Respiratory Therapy Technicians
  - Cardiovascular Technologists and Technicians
  - Diagnostic Medical Sonographers
  - Emergency Medical Technicians and Paramedics

## Considerable Preparation
- Community Health Workers
- Informatics Nurse Specialists
- Special Education Teachers, Secondary School
- Tutors
- Atmospheric and Space Scientists
- Career/Technical Education Teachers, Middle School
- Career/Technical Education Teachers, Secondary School
- Elementary School Teachers, Except Special Education
- Health Educators
- Occupational Health and Safety Specialists
- Patient Representatives

## Extensive Preparation
- Advanced Practice Psychiatric Nurses
- Agricultural Sciences Teachers, Postsecondary
- Anthropology and Archaeology Teachers, Postsecondary
- Area, Ethnic, and Cultural Studies Teachers, Postsecondary
- Atmospheric, Earth, Marine, and Space Sciences Teachers, Postsecondary
- Audiologists
- Biological Science Teachers, Postsecondary
- Chemistry Teachers, Postsecondary
- Computer Science Teachers, Postsecondary
- Counseling Psychologists
- Criminal Justice and Law Enforcement Teachers, Postsecondary
- Dermatologists
- Dietitians and Nutritionists
- Economics Teachers, Postsecondary
- Engineering Teachers, Postsecondary
- Environmental Science Teachers, Postsecondary
- Epidemiologists
- Exercise Physiologists
- Family and General Practitioners
- Forestry and Conservation Science Teachers, Postsecondary
- Genetic Counselors
- Geography Teachers, Postsecondary
- Health Specialties Teachers, Postsecondary
- Healthcare Social Workers
# Four-Year Plan

<table>
<thead>
<tr>
<th></th>
<th>Grade 9</th>
<th>Grade 10</th>
<th>Grade 11</th>
<th>Grade 12</th>
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<td><strong>Applied Art</strong></td>
<td><strong>PE</strong></td>
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<td><strong>Summer School</strong></td>
<td><strong>Summer School</strong></td>
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</table>

**Minimum Total Credits:**
- 6 (Grade 9)
- 12 (Grade 10)
- 18 (Grade 11)
- 24 (Grade 12)
Sophomore Year

- Complete AchieveWorks Personality Profiler
- Explore Road Trip Nation in Naviance
- Explore Career Resources in Counselor’s Google Classroom
- Transcript Review/Goal Setting
- Preview Naviance College Search Function
AchieveWorks Personality helps you identify your personality type by asking you to choose scenarios that best represent how you behave in real life.

This tool will reveal your true personality and provide tips to achieve success, in a way that works for you.

**How it Works**

- **Plan to spend at least 15 minutes on this assessment.**
- **Relax, there are no right or wrong answers.**
- **You are unique. Just choose the options that are most like you.**
- **Don’t be influenced by what others may expect of you.**

**What’s in it for you**

- **Clarify your career options.**
- **Make assignments and tests easier.**
- **You understand others and others understand you.**
Road Trip Nation

What's in the Archive?

We've gone on 52 roadtrips and interviewed 1236 leaders creating 10203 videos on struggle, triumph, and self discovery that have been broken into 48 themes and 29 interests.

First time here? Click on the Roadmap to watch more interviews with people whose interests are similar to your own.

Recommended Leaders

Cecil Scheib
Director of Sustainability & Energy
NYU
Engineering Environment & Nature

Nick DePalma
Graduate Student
MIT Personal Robots Group
Science Technology

Ben Zander
Music Conductor
Boston Philharmonic
Music Writing

Kelly Keelo
Co-Owner / Creative Director
Juice Hugger, A Healthy Crush
Entrepreneurship Food
Career Resources

Molly McBride posted a new material: Occupational Outlook Handbook
Posted Dec 14, 2021
Home: Occupational Outlook
https://www.bls.gov/ooh/

Molly McBride posted a new material: Career Pathways
Posted Dec 14, 2021
Home | Chicagoland Career Pathways
https://www.careerpathways......

Molly McBride posted a new material: Career Cluster Interest Survey
Posted Dec 14, 2021
Career Cluster Interest Survey
https://careerwise.minnstate...
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<th>Course Title</th>
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<th>Course in Progress</th>
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<td>Environ Sci AP 183</td>
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<td>Internship Health 163</td>
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<td>Peer Group Leader</td>
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<tr>
<td>Spanish 163</td>
<td>SS</td>
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Cumulative Information

| Academic GPA:            | 3.7097 |
| Total Credits Earned:    | 21.25  |
| Credits required for graduation: | 24.00 |

| All-Subject GPA:         | 3.8500 |
| Class Size:             | 726    |

Academic GPA: 3.7097  Total Credits Earned: 21.25  Credits required for graduation: 24.00

- 3.8500 All-Subject GPA  Class Size: 726

Assistant Principal for Freshman Personnel Services

* Denotes courses taken out of district that are not included in GPA.
Scattergram: Reality Check and Goal Setting

How do things look for Tommy?
What does Tommy need to do?
Junior Year

● Refining the college search
● Career interest impact on college decisions
● Complete “My Resume”
● Attend college representative fall visits at GBS
● Individual Appointments with College Counselors begin
Tommy Titan
tommytitan@gmail.com

Work Experience

Jun 2018 - Aug 2018
Camp Counselor
Glenview, IL
Hi-Five Sports
Grade 11
35 Hrs/Week
Total Hours: 280

Worked with kids ages 7-10 at sports camp.

Education

Aug 2016 - Present
Glenbrook South High School
Glenview, IL
Grade 11

3.2 GPA, 24 ACT Composite

Extracurricular Activities

Aug 2017 - Present
Interact Club
Grade 10, 11

Volunteer with Onward House and other community service organizations.

Aug 2016 - Present
Soccer Team
Grade 9, 10, 11
Testing Information

• Students may take the ACT and SAT more than once

• Pick either ACT or SAT to focus on, take a practice test to decide

• Colleges will take the best scores the student submits

• Some colleges will Superscore

• All juniors will take the SAT at school in April
# The New Digital SAT: What you need to know

## Paper SAT vs Digital SAT

<table>
<thead>
<tr>
<th>Current SAT</th>
<th>Digital SAT</th>
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<tr>
<td>Paper and pencil</td>
<td>Laptop, PC, and Tablets</td>
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<tr>
<td>Through Fall 2023</td>
<td>2023 for International students&lt;br&gt;2024 for U.S. students</td>
</tr>
<tr>
<td>Linear</td>
<td>Modular</td>
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<tr>
<td>3 hrs Reading: 65 mins Writing &amp; Language: 35 mins Math: 80 mins</td>
<td>2 hrs 14 mins Reading &amp; Writing: 64 mins Math: 70 mins</td>
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<tr>
<td>Usage of Calculators</td>
<td>Section I: Not allowed&lt;br&gt;Section II: Allowed</td>
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<tr>
<td>Math section: Allowed</td>
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<tr>
<td>Scoring System</td>
<td>No change</td>
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<tr>
<td>Score Report</td>
<td>SAT score</td>
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[CollegePrep](https://www.collegeprep.com)
Testing Schedule

February
April
June
July
September
October
December

March
April  (State Test)*
May
June
August
October
November
December
Test Prep

- Glenbrook Courses: SAT and ACT, taught by GBS Faculty
- Khan Academy: Free Online SAT Prep
- ACT Academy: Free Online ACT Prep
College Admission Testing in 2023: Presentation by Compass Test Prep on navigating test prep, timelines, and best practices.

Virtual presentation

Navigating College Admission Tests
A PRESENTATION FOR GLENBROOK SOUTH HIGH SCHOOL

DATE & TIME
April 25, 2023 - 7pm

LOCATION
VIRTUAL

DESCRIPTION
This presentation is offered by the college counseling office and attendance is highly recommended. The information that will be shared is educational and the event is not a solicitation for the presenter’s services. Please join other Glenbrook South families for a thoughtful and pragmatic discussion of college admission testing that will be useful to students and parents alike.

Hear the latest key insights on the following and more:

- SAT or ACT: Making your best choice
- Understanding PSAT scores and what they predict
- Test scores’ role and weight in college admissions
- Why colleges’ testing policies vary so widely
- Debunking the most pervasive myths about testing
- The relevance of Subject Tests at competitive colleges
- Sane and successful calendaring of testing and test prep

ABOUT THE SPEAKER
Professionally, Matt has a decade of experience in the field of test preparation, having worked as an instructor, consultant, and keynote speaker on the topic of admission testing. Matt and their colleagues at Compass are invited to speak at over 150 high schools and professional organizations each year, where they demystify college admission tests and allay anxiety about the testing process. Matt has taught graduate-level courses on admission testing for the counselor certificate programs at UC San Diego, UC Irvine, and UCLA.
Senior Year

- Individual Appointments with both College Counselors/Generalist
- Using Naviance to assist in the college application process
- Letter of Recommendation Survey
- Parent Brag Sheet
- Tracking Applications
- Scholarship Information
## Naviance College List

<table>
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<tr>
<th>College</th>
<th>Delivery type</th>
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<td>Student</td>
<td>Multiple Deadlines</td>
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<td>University of Dayton</td>
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<td>Counselor</td>
<td>Multiple Deadlines</td>
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<td>Denison University</td>
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<td>University of Wisconsin, Madison</td>
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# Scholarships

The list below contains scholarships or financial aid awards that may be relevant for you. Click the name of a scholarship to view more information. You may also check the scholarships for which you are submitting applications and then click “Add to Applications”.

## 106 Scholarships

<table>
<thead>
<tr>
<th>Name</th>
<th>Deadline</th>
<th>Maximum Award</th>
<th>Merit based</th>
<th>Need based</th>
<th>Essay req</th>
<th>Service req</th>
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<td>AXA Achievement Scholarship</td>
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<td>$1,000 to $5,000</td>
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<td>Barbara Lotze Scholarships for Future Teachers</td>
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<td>$2,000</td>
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A Successful Graduation....

...when students consider **why** they are going to college as important as **where** they are going.
What should a sophomore be doing now?

- Take a personal inventory of your
  - Academic Strengths
  - Academic Weaknesses

- Talk to a number of adults:
  - What would they do differently if they were starting college over?
Academics

Take a solid course load.

Why? Not just to get into a good college, but to get the BEST preparation for college.

Establish an upward trend on transcript.
(The Stress, n.d.).
Extracurricular Activities

- Focus on one or more that interest you
- Avoid a laundry list of activities
- Depth of involvement is most important
The College Search

- Conduct your search with an open mind.
- Visit small, medium, and large schools.
- Use Naviance to research colleges/scattergrams.
- Search for colleges on Naviance and College Board website, Big Future.
- Utilize virtual tours and information sessions
- Your goal: a list of colleges, any of which you would be happy to attend.
Finding the right fit
Hot Topics

- Demonstrated Interest
- Test Optional
- Common App and Coalition Application
And finally....

Nowhere is it written that life begins or ends with the college admissions process!