



Tangi-Clover

March / April 2023

March

- 1- State Ambassador Contest, Alexandria, LA,
- 3- Photo entries for the 2023 Virtual Lego Building Contest due to 4-H office. See contest flyer in January clover. 4- State Rabbit Show, Alexandria, LA.
- 9-10- Junior Leadership Conference, Camp Grant Walker (Limited spots open 14yrs & older) (registrations due February 13)
- 10-11- Junior Leadership Conference, Camp Grant Walker (Limited spots open 14yrs & older) (registrations due February 13)
- 13- Jr. Leader Meeting 5:00 p.m., 4-H Amite Office
- 13- Marsh Maneuvers 2023 application opens online. Application will be posted on <https://tinyurl.com/MMinfo2023>. 14- Youth Project books & portfolios due to 4-H office for grading/points calculation for 4-H fest
(you may use large drop box on front porch after hours if needed).
- 11-19- Southern Regional Shooting Sports Match, (Gonzales & Port Allen) registrations were due January 23, 2023
- 20- Ascension Shooting Sports Match, Sorrento, LA
- 20- Poultry & Egg Cookery, 6pm, at Ponchatoula Lions Club, see rules in this month's newsletter
- 23 - 4-H Cloverbud Meeting 5:00pm, 4-H Amite Office, (3rd graders only)
- 27- 4-H Fest registration forms due from Club Leaders faxed/emailed by 4pm (tangipahoa@agcenter.lsu.edu or fax 985-748-3787) Or Leaders may complete online at <https://forms.office.com/r/Rc4cbbsDCu>.
- 28- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm
- 29- 4-H Fest, Florida Parish Arena, 9 am (Fun day of contests and awards) register / sign up with your leader. Parents may attend.

April

- 1- Possession date for horses being shown in the State Horse Show July 11-14, 2023.
- 3- Camp Grant Walker Summer Camp (4th-6th grades) Online registration opens, and fees may be paid now through April 20th. 3 Deadline to apply to attend Marsh Maneuvers 2023 for 9th, 10th, 11th, or 12th grade by July 3, 2023, is eligible to apply. 7- Easter Holiday, (4-H Office closed)
- 11- LA 4-H Food Challenge Contest
- 20- Final Camp Grant Walker summer camp fees / online registrations must be completed by 4pm (4th-6th grades)
- 15-23- State Shooting Sports Match (Shreveport & Grand Cane)
- 24- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm

May

- TBA- State Leadership Board applications due to 4-H agents
- 9- Southeast Culinary Arts Contest at the Ponchatoula Lions Club (open to all parish overall cookery winners) 29- 4-H Sewing Club meeting at 4-H office, Amite, 4:30pm

June

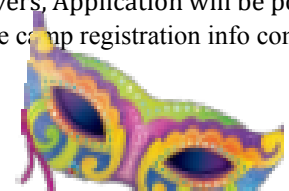
- 3- Deadline to register for 4-H University in the 4-H Online system.
- TBA- Dairy Day Foods contest at the Southeast Research Station in Franklinton, LA.
- 20-23- 4-H University, LSU, Baton Rouge, (online registration info coming soon)
- 25-30- National 4-H Shooting Sports Match
- 27-28- Southeast District Horse Show, FPA Amite, LA

July

- 11-14- State Horse Show, Lamar Dixon Expo, Gonzales, LA-, call to get on email list if interested (if not already on it). 17-20- 4-H Summer Camp @ Camp Grant Walker for 4th - 6th graders, (online registration opening April 3rd / closing April 20th) Camp flyers available now for 4th to 6th graders. Email for one if you don't receive this month at your 4-H meeting. July 3-7 Marsh Maneuvers, Application will be posted March 13th on <https://tinyurl.com/MMinfo2023> July 10-14 Marsh Maneuvers, Application will be posted March 13th on <https://tinyurl.com/MMinfo2023> July 31-Aug 1st Co-Op Camp & L.O.S.T. Camp (online camp registration info coming soon).

February Virtual Mardi Gras Mask Contest!

We had so many wonderful entries to choose from.



Congratulations to the Winners of this year's contest:

4th Grade Division: 1st Brooklyn Hampton, HWEM; 2nd Avery Stricker, HEEM; 3rd Alyss Ickes, TYC;

Elementary Division: 1st Kai Sheng, OMS; 2nd Nicole Scott, VES; Kirah Codere, TYC; **Jr High**

Division: 1st Andrew Marcus, SMS; 2nd Alayna Gaude, CCS; 3rd Landry Haydel, SJS; **Sr. High**

Division: 1st Glenn Hanna, PHS; 2nd Cooper Rosales, PHS; 3rd Dylan Michelli, PHS.

Egg and Poultry Cookery Contest will be on March 20th at the Ponchatoula Lions Club for 6pm: Egg Contest Rules and Regulations

Divisions:

1. Appetizer/Side Dish
 - a. Examples: Mini Quiche, Deviled Eggs, Potato Salad, Egg Drop Soup, Scotch Egg etc.
2. Main Dish/Salad
 - a. Examples: Quiche, Egg Salad, Chicken Salad, Frittata, etc.
3. Dessert
 - a. Examples: Angel Food Cake, Custard, Meringue Cookies, Crème Brulé, etc.

Rules:

1. The prepared dish must utilize a minimum of 4 eggs, this can be 4 whites, 4 yolks, or 4 whole eggs. The recipe with 4 eggs must make only one standard size dish.
 - a. Example: if a recipe contained 2 whole eggs in the custard and 2 egg whites in the topping, it would be allowed because the recipe contained a total of 4 eggs.
2. NO RAW EGGS will be allowed in the final product.
3. A contestant may enter only one dish per division.
4. Contestants should bring 4 large servings of the dish & Dishes must be transported cold to the contest.
5. All dishes MUST BE set up by the STUDENT. Parents are not to set up.
6. Must be cooked according to the safe minimum internal temperate chart for cooking from FoodSafety.gov.
7. Contestants are to bring a copy of their recipe on an 8 1/2 x 11 sheet of paper the day of the contest. 8. 4H'ers will enter with an assigned number, names will not be on the entry forms.

Egg and Poultry Cookery Contest will be on March 20th at the Ponchatoula Lions Club for 6pm: Poultry Contest Rules and Regulations

Divisions:

1. Chicken
 - a. Includes: fryer, roaster Cornish, ground chicken, canned chicken, chicken nuggets etc.
2. Turkey
 - a. Includes: ground turkey, turkey bacon, turkey sausage, etc.

Rules:

1. The prepared dish must contain a minimum of 2-pounds bone-in meat, 1-pound deboned meat, or 12 ounces of processed product.
2. A contestant may enter only one dish per division.
3. Dish may be any type: appetizer, soup, main dish, salad, snack, etc.
4. Contestants should bring 4 large servings of the dish & Dishes must be transported cold to the contest.
5. All dishes MUST BE set up by the STUDENT. Parents are not to set up.
6. Must be cooked according to the safe minimum internal temperate chart for cooking from FoodSafety.gov.
7. Contestants are to bring a copy of their recipe on an 8 1/2 x 11 sheet of paper the day of the contest. 8. 4H'ers will enter with an assigned number, names will not be on the entry forms.

Record Books & Portfolios Due Soon: All Record books & Portfolios are due to 4-H Office by 4 p.m. on March 14th. Portfolio Update: When filling out the awards section of the portfolio, please do not write several, multiple, or a couple of blue/red/white ribbons as we will not know exactly how many that entails. Therefore, to get points for your awards you must specify EXACTLY how many and what type/color ribbon or award you received for each event/project. Thank you for your help. You may email or call the office if you wish to have a copy emailed to you so that you may fill it out on your computer and print out. You may use the large drop box on our front porch for

drop offs before or after hours if needed. Must be turned in to attend 4-H Fest on March 29, 2023, at the Florida Parish Arena. After record book and portfolio is turned in get with your leader and let them know which contest you wish to participate in at 4-H Fest.

Dairy Poster Contest: 4-H members may participate in the Dairy Poster Contest by bringing their posters to the 4-H Fest on **March 29, 2023**, Rules: Poster must be made on 22" X 28" white poster board only. Do not attach anything to the poster that is more than 1/2 inch thick. Do not use the commercial brand names of products on the poster. Do not use jingles, slogans, signs, or pictures that are trademark or copyright protected on the poster. Be sure to place your name, address, school, grade, and parish on the back of the poster in the upper right corner. Winners will receive awards at Dairy Day in June (TBA). Posters will not be returned.

Tangipahoa Parish Dairy Day: June TBD, 2023

Dairy Day is held each year and sponsored by the Tangipahoa Parish/St. Helena/Washington Cooperative Extension Services to honor the Dairymen of the Florida Parishes. There will be an awards program and dinner for all participants of Dairy Day. Our Dairy Poster Winners from 4-H Fest will be honored; we will have a Dairy Foods Contest; and a Dairy Judging Contest. **You will need to have your DAIRY dish there by 9:30 a.m. Rules are below.**

Rules for Dairy Foods Contest: Four Divisions: **Appetizer, Salad, Main Dish and Dessert.** You must use at least one cup of a dairy product in your dish. Up to 4 servings of the dish may be entered if you wish to avoid waste and the dish must be brought to the contest on ice. You must have an 8 ½ x 11 copy of the recipe, with your name, school, and grade you will be in for the next school year on top right back of the recipe. You may enter all four categories, but you may not enter more than one dish per category. Remember, those who were 9 years old by Jan. 1st of this year and all current 4-H'ers, this is your first opportunity to start getting points for the next school year.

4-H University: is set for **June 20-23, 2023**, 4-H members compete in one of many educational contests or attend a college track. The Louisiana Executive Board selected the theme **"Excel"** for our 2023 4-H University. You can sign up through the 4-HOnline system for contests or Clover College at 4-HU. To participate in 4-H University, a 4-H member must be enrolled in 4-H at least 30 days prior to the event and must have past his/her 13th birthday and must not have passed his/her 20th birthday by January 1st of the current year! There will be a 4-H University sign up & registration meeting, at the Amite 4-H office TBA. (Online registration info coming soon) Delegates should plan to have completed online 4-H U registration and payments returned to the 4-H office TBA.

4-H has a Facebook Page! Please go like our page so you can keep informed on all 4-H events!

<https://www.facebook.com/TangipahoaParish4H>



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Newsletters are also posted on our LSU AgCenter/ Tangipahoa page here: [Newsletters \(lsuagcenter.com\)](https://www.lsuagcenter.com/newsletters)

Tangipahoa Parish 4-H (Open 8am-4pm) Forms may be dropped in the night drop box on front porch. It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, 305 E Oak St.

Amite, LA 70422 (985) 748-9381 / FAX (985) 748-3787

national origin, gender, religion, age, or disability.



EXPLORE COASTAL LOUISIANA AT **MARSHMANEUVERS**

Visit tinyurl.com/MMinfo2023 to learn more and apply!

All high school 4-H'ers in Louisiana
are eligible for this opportunity!



Recipe of the Month Trail Mix

Ingredients:

- 1 cup dried fruit (bananas, apricots, figs, raisins)
- 1 cup coconut
- 1 cup nuts (pecans, almonds, walnuts)
- 2 cups corn cereal

Directions: Mix all together in large bowl. Store in airtight container.

Four-Leaf Clover Jokes

Q: How can you spot a jealous four-leaf clover?

A: It's green with envy

Q: Where can you always find a four-leaf clover?

A: In the dictionary.

Q: What kind of music do clovers like?

A: Shamrock.

Q: Why shouldn't you iron a four-leaf clover?

A: You would be pressing your luck!

Q: How do leprechauns mend their ripped clothes?

A: With a clover patch...

Q: What do you call a 4-leaf clover with 3 leaves?

A: A shamrock

