

Rankin County School District

Apr 1, 2025 thru Apr 30, 2025

Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 04/01/2025			
9-12 High School Self Serv	Total	100	
Beef Taco Soft Shell M1155	1 taco	75	21.63
Taco Salad w/ChipsUSCR M3515.1	1 serving	25	33.84
Guacamole, 1/4 Cup M5675	2 oz.	25	5.93
Rice Spanish RCSD	1/2 cup	50	25.05
Pinto Beans Legumes M5550	1/2 cup	50	26.44
Peaches, FRZ, PC US MS6825.1	1/2 cup	50	19.0
Fresh Bananas M6590	1 each	50	26.95
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Salsa, Portion M5945	1 ounce	50	2.0
Cookies, ChocChip Gma M7540	1 each	50	25.0
Weighted Daily Average			103.38
% of Calories			54.3%
Nutrient Guideline			

Wed - 04/02/2025			
9-12 High School Self Serv	Total	100	
Spaghetti&MeatSauceRCSD MS178	1 serving	50	27.29
Steak Fingers, Baked M1045	4 each	50	17.9
Mashed Potatoes w/Cheese M6075	1/2 cup	50	15.31
Green Beans, Cut, CND M5750	1/2 cup	50	4.86
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Apple M6510	1 each	50	25.13
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Funnel Cake, 2 WGR M8860	servings	75	45.39
Weighted Daily Average			116.53
% of Calories			56.7%
Nutrient Guideline			

Thu - 04/03/2025			
9-12 High School Self Serv	Total	100	
Roasted Wings	3 wings	75	0.0
Biscuit, 2 Oz. ENR, M8520	1 biscuit	75	28.0
Ranch Club Wrap Mer MS772	2 halves	25	34.0
Broccoli Cheese&Rice Cas M5590	2/3 cup	50	22.83
Carrots Baby w/dip RCSD	3 oz. bag	25	8.93
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Pineapple Tidbits M6890	1/2 cup	50	18.87
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Banana Pudding M7610	1/2 cup	75	36.62
Weighted Daily Average			105.91
% of Calories			47.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 04/04/2025			
9-12 High School Self Serv	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Fish Sticks, Baked M1540.1	4 nuggets	50	22.0
Season BKD Potato Wedges M6145	1/2 cup	80	17.0
California Vegetables M5785	1/2 cup	20	5.15
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Cookie, Red Velvet, IW M7557	1 cookie	75	25.0
Weighted Daily Average			98.51
% of Calories			54.5%
Nutrient Guideline			

Mon - 04/07/2025			
9-12 High School Self Serv	Total	100	
Mexican Pizza M2010	1 slice	75	30.0
Corn Dog Nuggets M3165	6 nuggets	25	29.46
Squash, Summer, FRZ M5810	1/2 cup	50	6.24
Carrots Baby w/dip RCSD	3 oz. bag	50	8.93
Fruit Cocktail M6735	1/2 cup	50	14.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Chocolate Pudding M7640	1/2 cup	50	24.95
Weighted Daily Average			83.24
% of Calories			56.5%
Nutrient Guideline			

Tue - 04/08/2025			
9-12 High School Self Serv	Total	100	
Cheesy Chicken Over/RiceCMS516	1 serving	75	30.13
Hot Ham and Cheese Croissant	1 each	25	34.1
Glazed Carrots M5865	1/2 cup	50	8.91
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Toast, Garlic WW M7115	1 slice	50	15.0
Fresh Bananas M6590	1 each	50	26.95
Mandarin Oranges	1/2 cup	50	21.45
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Cookie Brookie #1428	1 Brookie	50	19.22
Weighted Daily Average			93.69
% of Calories			54.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/09/2025			
9-12 High School Self Serv	Total	100	
Pork Chop, BRD,Boneless M2530	1 Each	75	11.0
Turkey & Cheese Hoagie M4330	Sandwiches	25	34.11
Mashed Potatoes M6070	1/2 cup	50	15.12
Brown Gravy, Package BRG M8130	2 ounces	50	4.05
Green Beans, Cut, CND M5750	1/2 cup	50	4.86
Fresh Apple M6510	1 each	50	25.13
Chilled Peach Slices M6815	1/2 cup	50	17.49
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Strawberry Short Cake RCSD	Serving	50	33.05
Weighted Daily Average			95.13
% of Calories			54.2%
Nutrient Guideline			

Thu - 04/10/2025			
9-12 High School Self Serv	Total	100	
BBQ Pork Sandwich Pur M4210	1 each	75	31.02
Roasted Wings	3 wings	25	0.0
Biscuit, 2 Oz. ENR, M8520	1 biscuit	75	28.0
Potato Salad RCSD	1/2 cup	50	24.72
Baked Beans RCSD	1/2 cup	50	38.23
Apple and Orange Wedges M6545	1/2 cup	50	13.98
Chilled Pear Halves M6855	1/2 cup	50	18.23
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Southern Mud M7620	1 square	50	45.09
Weighted Daily Average			129.40
% of Calories			58.5%
Nutrient Guideline			

Fri - 04/11/2025			
9-12 High School Self Serv	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Fish Sandwich with CheeseM4170	1 each	50	42.23
Broccoli w/ Cheese Sauce M5595	1/2 cup	50	5.45
Sweet Potato Fries, Bkd M5925	1/2 cup	50	18.18
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	75	0.61
Mustard, PC M8015	1 packet	75	0.29
Ketchup PC M8000	1 packet	75	3.0
Rice Krispie Bars M7500	Bars	50	22.23
Weighted Daily Average			96.98
% of Calories			52.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/14/2025			
9-12 High School Self Serv	Total	100	
Pizza, Variety	slice	75	32.25
Hot Dog WG M4230	1 each	25	28.0
Glazed Carrots M5865	1/2 cup	50	8.91
Whole Kernel Corn, CND M6010	1/2 cup	50	14.68
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Brownies, Mix, ENR, CR M7510	1 piece	50	25.01
Weighted Daily Average			90.10
% of Calories			56.9%
Nutrient Guideline			

Tue - 04/15/2025			
9-12 High School Self Serv	Total	100	
Quesadillas Beef	1 each	25	24.07
Chicken Nuggets, Baked M 3170	5 nuggets	75	14.0
Rice Spanish RCSD	1/2 cup	75	25.05
Pinto Beans Legumes M5550	1/2 cup	25	26.44
Green Beans, Savory,CND M5745	1/2 cup	50	4.45
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Cookies, ChocChip Gma M7540	1 each	75	25.0
Weighted Daily Average			98.21
% of Calories			55.8%
Nutrient Guideline			

Wed - 04/16/2025			
9-12 High School Self Serv	Total	100	
Chicken and Waffle (1) RCSD	3 tenders	75	27.0
Southern Cheese Grits	1/2 cup	75	15.56
All American Sub Sandwich RCSD	1 sandwich	25	37.3
Cucumber Slices w/Ra Dip M5725	1/2 cup	50	4.72
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Strawberries, Frozen M6945	1/2 cup	50	21.05
Fresh Apple M6510	1 each	50	25.13
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Ketchup PC M8000	1 each	75	3.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 pouch	25	0.29
Syrup, Pancake, PC RCSD	1 packet	75	30.2
Funnel Cake, 2 WGR M8860	servings	50	45.39
Weighted Daily Average			131.32
% of Calories			56.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 04/17/2025			
9-12 High School Self Serv	Total	100	
Corn Dog Nuggets M3165	6 nuggets	50	29.46
Southern Chicken Sandwich	1	50	45.0
Tossed Salad with Drsg M5660	1/2 cup	50	6.36
Green Peas, Canned M6035	1/2 cup	25	14.34
Orange Smiles M6770	1/2 cup	50	19.19
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Easter Dessert	1	50	*N/A*
Weighted Daily Average			76.40
% of Calories			57.4%
Nutrient Guideline			

Fri - 04/18/2025			
9-12 High School Self Serv	Total	100	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Mon - 04/21/2025			
9-12 High School Self Serv	Total	100	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Tue - 04/22/2025			
9-12 High School Self Serv	Total	100	
Pizza, Variety	slice	75	32.25
Italian Dunkers #1101	2 breadsticks	25	28.0
California Vegetables M5785	1/2 cup	50	5.15
Whole Kernel Corn, FRZ M6015	1/2 cup	50	16.24
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Fruit Cocktail M6735	1/2 cup	50	14.91
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Sauce, Marinara PC M8195	1 packet	25	3.71
Cookie Brookie #1428	1 Brookie	50	19.22
Weighted Daily Average			85.74
% of Calories			55.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/23/2025			
9-12 High School Self Serv	Total	100	
Chicken Fajitas RCSD	1 fajita	50	30.06
Steak Fingers, Baked M1045	4 each	50	17.9
Cheesy Macaroni M5135	2/3 cup	75	32.12
Green Beans, Cut, CND M5750	1/2 cup	75	4.86
Carrots Baby w/dip RCSD	3 oz. bag	25	8.93
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Bananas M6590	1 each	50	26.95
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Strawberry Short Cake RCSD	Serving	75	33.05
Weighted Daily Average			129.46
% of Calories			48.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 04/24/2025			
9-12 High School Self Serv	Total	100	
Nachos Grande Crumbley M1075	1 serving	85	26.87
Ham and Cheese Wrap Mer MS772	2 halves	15	32.08
Pinto Beans Legumes M5550	1/2 cup	25	26.44
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Fresh Grapes M6665	1/2 cup	50	14.97
Saltine Crackers, ENR,CR M7020	2 4-count packs	25	18.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Southern Mud M7620	1 square	50	45.09
Weighted Daily Average			95.06
% of Calories			52.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 04/25/2025			
9-12 High School Self Serv	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Hot Dog WG M4230	1 each	50	28.0
Glazed Carrots M5865	1/2 cup	25	8.91
Crinkle Cut Fries Baked M6110	1/2 cup	85	12.12
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	50	0.61
Mustard, PC M8015	1 packet	50	0.29
Ketchup PC M8000	1 packet	75	3.0
Rice Krispie Bars M7500	Bars	50	22.23
Weighted Daily Average			90.36
% of Calories			55.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/28/2025			
9-12 High School Self Serv	Total	100	
Mexican Pizza M2010	1 slice	75	30.0
Turkey & Cheese Croissant	1 sandwich	25	32.99
California Vegetables M5785	1/2 cup	15	5.15
Green Beans, Savory, CND M5745	1/2 cup	50	4.45
Fruit Cocktail M6735	1/2 cup	50	14.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Brownies, Mix, ENR, CR M7510	1 piece	75	25.01
Weighted Daily Average			85.82
% of Calories			54.1%
Nutrient Guideline			

Tue - 04/29/2025			
9-12 High School Self Serv	Total	100	
Chicken Nuggets, Baked M 3170	5 nuggets	50	14.0
Beef and Broccoli Rice Bowl	Servings	50	42.93
Glazed Carrots M5865	1/2 cup	50	8.91
Tossed Salad with Drsg M5660	1/2 cup	50	6.36
Applesauce, M6555	1/2 cup	50	15.62
Fresh Bananas M6590	1 each	50	26.95
Toast, Garlic WW M7115	1 slice	75	15.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Ketchup PC M8000	1 each	80	3.0
Cookies, ChocChip Gma M7540	1 each	75	25.0
Weighted Daily Average			104.78
% of Calories			60.8%
Nutrient Guideline			

Wed - 04/30/2025			
9-12 High School Self Serv	Total	100	
BBQ Chicken Sandwich M4140	1 each	75	37.07
Italian Dunkers #1101	2 breadsticks	25	28.0
Potato Salad RCSD	1/2 cup	50	24.72
Baked Beans RCSD	1/2 cup	50	38.23
Apple and Orange Wedges M6545	1/2 cup	50	13.98
Chilled Pear Halves M6855	1/2 cup	50	18.23
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Funnel Cake, 2 WGR M8860	servings	75	45.39
Sauce, Marinara PC M8195	1 packet	1	3.71
Weighted Daily Average			131.46
% of Calories			61.4%
Nutrient Guideline			

Weighted Average			92.70
			55.0%

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				Portion Size	Reimb Qty	Carb (g)		
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	92.70	54.96%						

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