

2023

3RD ANNUAL
YOUTH MENTAL HEALTH
SYMPOSIUM

Bridging the Gap

AIM

YOUTH MENTAL HEALTH



PARENTS
AIM TO PROTECT

Parents of school-aged children, don't miss this life-changing opportunity. On April 19 – 21, 2023, AIM Youth Mental Health will bring together world-renowned researchers, best-selling authors, youth experts, parents, clinicians, educators, first responders, and community members to protect the mental health and safety of our children. The AIM Youth Mental Health Symposium will be held at the Monterey Conference Center in beautiful Old Town Monterey, California. Please join us.

Learn practical tools and scientifically based strategies to protect your child's mental health.

TOPICS INCLUDE:

- » Parenting an anxious child
- » What's going on with our boys?
- » Assessing for teen suicide risk
- » Family-Based Treatment for eating disorders
- » Having difficult conversations with teens
- » School safety and youth mental health

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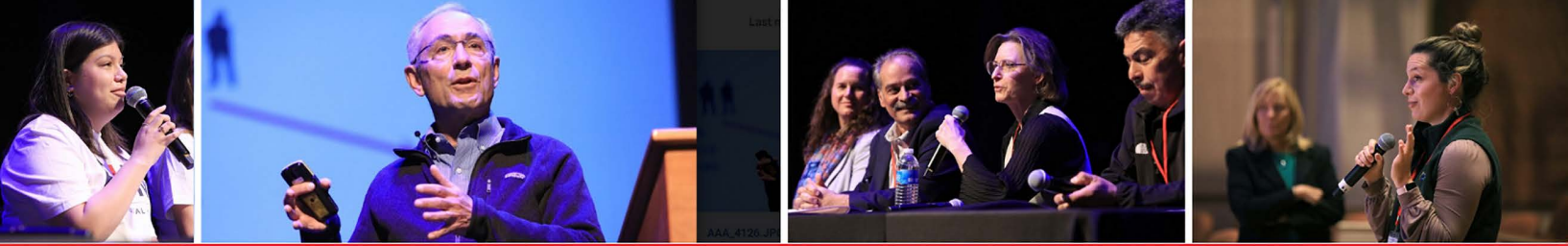


KSBW 8
Coverage You Can Count On



Scan QR code to purchase tickets

Enter discount code: **PARENTS**
to receive **50% OFF**
symposium registration



AIM Youth Mental Health: Bridging The Gap

Learn About the Latest Youth Mental Health Treatments and Strategies

April 19 - 21, 2023 | Monterey Conference Center

AIM Youth Mental Health will gather world-renowned researchers, youth experts, parents, clinicians, educators, first responders, and community members at the Monterey Conference Center to **tackle tough questions** and **find solutions** to the **growing youth mental health crisis**. A one-day Pre-Conference will cover School Safety and Youth Mental Health, followed by two full days of world-renowned expert speakers, panels, breakout sessions, and exhibits.

Wednesday, April 19: School Safety & Youth Mental Health

Thursday, April 20: The Alphabet Soup of Youth Mental Health: CBT, DBT, ACE, ADHD... This informative day will include a speaker lineup of world-renowned youth mental health researchers, robust panel discussions led by youth and parents, and engaging breakout sessions covering multiple topics in youth mental health.

Friday, April 21: What Else Can We Do? Strategies for supporting youth beyond therapy. Learn about managing social media, **Dr. Michael Thompson** will share about the **emotional lives of boys**, and **Dr. Marc Brackett** will lead a 2-hour workshop for parents and teachers about **Giving Kids Permission to Feel**.



REGISTER TODAY using this QR code or by visiting AIMymh.org

Enter code **PARENTS** for a 50% discount.



We AIM for a world of mentally healthy youth / AIMymh.org

Featured Speakers



Marc Brackett, PhD
Keynote
Director of the Yale Center for Emotional Intelligence, Developer of RULER, and author of the bestselling book, *Permission To Feel*



Michael Thompson, PhD
Best Selling Author of *Raising Cain*, *Protecting the Emotional Life of Boys*



John Piacentini, PhD
UCLA Semel Institute
Research for Treating Anxiety



Ramona Friedman, PhD
Clinical Psychologist
Evidence-Based Anxiety Treatments



Shashank Joshi, MD
Stanford University
Does My Child Need Medication?



Tremaine EL-Amin
National Council for Mental Wellbeing
Youth Mental Health First Aid