

Benefits to School-Based Counseling Services

- Counselors available throughout the school day
- No insurance cost
- Reduces transportation barriers
- Less time missed from school or work
- Students and families can choose to keep their information private from the school
- We can work directly with your teachers, school counselors, or with a specific trusted adult in the school *with your consent*



How to Begin Counseling

1. You or your child can contact **R.E.A.C.H. Counseling Services** directly or the **School Counselor** can assist you in this process
2. Parent/Guardian consent must be obtained prior to counseling services starting
3. An intake will be scheduled with parent/guardian over the phone or in person

R.E.A.C.H.

Location: Ferndale Area School District
(Elementary, Junior, and Senior High Schools)

Elementary School : 814-535-6724 ext. 4108

Junior/Senior High School:

814-288-5757 ext. 5004

Erika Broeker (Mental Health Counselor)

Email: ebroeker@fasdk12.org

Melissa Statler (Behavioral Counselor)

Email: mstatler@fasdk12.org

Angela Yoder (Clinical Director)

Email: ayoder@fasdk12.org



Ferndale Area School District



Available for Elementary, Junior, and Senior High School Students

Who is R.E.A.C.H.? Counseling Services?

- We are a non-profit school based mental health organization located in Windber, partnering with the Ferndale Area School District.
- Julia Dello, Angela Yoder, Erika Broeker, and Melissa Statler are the team of professionals supporting the Ferndale Area School District.



Your Team!

- Master's Level, Clinical Mental Health Clinicians who are licensed or licensure eligible in Pennsylvania.
- Bachelor's level trained Behavioral Counselor with specialized behavior intervention training.

Who can benefit from counseling services?

- ✓ Students with anxiety, depression, ADHD, disruptive behaviors, or other diagnosed mental health concerns.
- ✓ Students without a mental health diagnosis can still benefit from counseling services. Concerns at home or school including stress, grief and loss, difficulty regulating emotions or behavioral responses are all issues that can be helped.
- ✓ Parent/Guardian involvement is encouraged and fostered through school-based counseling.



A counselor can speak with you to determine if school-based counseling services are right for your child.

Services Provided at Ferndale

We offer individual counseling, group counseling, and behavioral skill building instruction for students. All information will remain confidential.

- Services offered during school and after school hours
- Telehealth services available
- Individualized treatment planning and goal setting with parents or guardians
- Assessments and crisis support
- Evidence-based interventions
- Interagency communication conducted through written consent
- Links to community and school resources and supports



Available to **any** Ferndale Area School District student!