

# THE AMAZING RACE JOURNAL

Mapleton Elementary School

Stephanie Harris

Principal

www.montgomery.kyschools.us

## MAPLETON'S JOURNEY TO THE TOP

September 5, 2013

### Lunch Menus

#### Monday, September 9

Hot Dog or BBQ on Bun  
Grilled Cheese with String Cheese  
Fries or Baked Sweet Potato  
Baked Beans  
Key West Vegetables

#### Tuesday, September 10

Bosco Sticks  
Pepperoni Calzone  
PB and J Sandwich  
Seasoned Corn  
Garden Salad w/ Dressing  
Raw Pickles and Grape Tomato/  
Carrots with Dip

#### Wednesday, September 11

Oven Fried Chicken w/ Cornbread  
Grilled Cheese with String Cheese  
Mac 'n Cheese  
Kale  
Strawberry Spinach Salad

#### Thursday, September 12

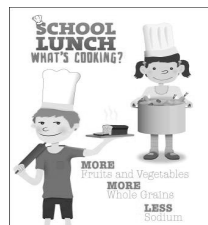
Chili  
Pimento Cheese Sandwich  
PB and J Sandwich  
French Fries  
Steamed Broccoli w/ Cheese Sauce  
Carrots/Celery Sticks w/ Dip

#### Friday, September 13

Popcorn Chicken w/ Roll  
Asian Popcorn Chicken w/ Roll  
Grilled Cheese with String Cheese  
Mashed Potatoes  
Green Beans  
Spinach & Mandarin Orange Salad

#### Available Every Day

Entrée Chef Salad  
Fruit and Milk Choices



### Family Resource Center - Services for Everyone

Just around the corner from the Mapleton office, you'll find the Family Resource Center office where all students and families can expect a warm, caring, and accepting welcome. Overseen by Danielle Pleasant, the FRC is a safe place where all students and families can ask for help without shame or fear of discrimination. From the student needing a pencil, to the kindergarten student with a toileting accident, to the family who lost everything to a fire, the Family Resource Center is there to help. The FRC works closely with Mapleton's teachers and administration to ensure that every student has the best chance to succeed in school and life. No student or family is ever turned away.

Family Resource Center activities, include, but are not limited to:

- Christmas assistance (families must participate in at least one school or FRC activity to qualify for Christmas assistance)
- Vision screenings
- Mental and emotional health support and referrals
- Health services and referrals to health services
- Dental Screenings
- Clothing assistance
- School supplies
- Weekend and holiday food programs
- Shoes-Kiwanis Club
- Eyeglasses-Lions Club
- Summer camps
- After-school and evening programs such as Family Dinner Night
- Community Baby Shower
- Information and referrals for the Big Brothers/Big Sisters program
- Home visits
- Literacy programs
- Assistance with parent/teacher conferences, peer problems, parent/child issues
- Child abuse and substance abuse prevention programs



The Family Resource Center is always looking for adults to serve on it's Advisory Council which acts as the FRC's governing board. If you'd be interested in taking an active role in this valuable program, or want to know what you can do to help, please contact Danielle Pleasant at 497-8751.

### Parent Reading Nights

Mapleton is sponsoring parent reading nights for parents of students in Kindergarten, first, and second grades. There will be two sessions for each grade level. The purpose of these sessions is to discuss a new type of grading system, how Little Books work at home, and new, take-home fun family ideas that will help parents empower their children with reading. All parents need to attend a session in order for their child to be able to bring Little Books home to practice reading. Attending one of these sessions will qualify children for Christmas assistance if they need it. Parents can sign up for Christmas assistance after each session.

Kindergarten September 10, 4:00 or 5:15

1st Grade September 12, 4:00 or 5:15

2nd Grade September 19, 4:00 or 5:30

### Coming Attraction!

Family Night

October 29 4:00-6:00

Watch for additional information in future editions of The Amazing Race Journal

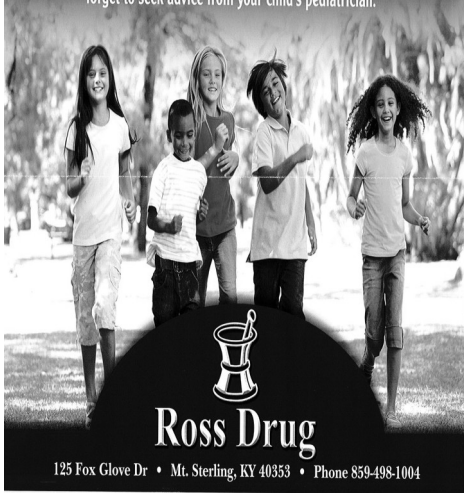
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## Free Vitamins for Kids!

Ross Drug feels that your child's healthcare needs are very important. Vitamins play a vital role in the growth of a child. That's why we are offering the **FREE VITAMINS FOR KIDS** program for children ages 2 to 12 years old. This program allows you to pick up a free bottle of chewable multi-vitamins every 30 days completely free of charge. We encourage you to take utmost care before starting any vitamin supplements for your child and do not forget to seek advice from your child's pediatrician.



**Ross Drug**

125 Fox Glove Dr • Mt. Sterling, KY 40353 • Phone 859-498-1004

**Stephanie Harris, Principal**  
**Shannon White, SAM**  
**Tonia Toy, Counselor**  
**Patrick Williams, Counselor**  
**Danielle Pleasant, FRC Director**  
**859-497-8752**

## Operation Power Pack

It is hard to believe that in the United States there are over 15 million children experiencing hunger. This is causing illness as well as developmental problems. Many of these children do not receive help from governmental feeding programs. Too many children in our community go hungry on the weekends. Operation Power Pack has made its mission to prevent child hunger.

Montgomery County has joined in the fight against child hunger by providing weekend food packs to select children at schools every Friday. Mapleton will be collecting food to help with Operation Power Pack. We will be taking donations through September 12. The food packs include:

- ◆ Granola bars/breakfast bars
- ◆ Individual cereal boxes
- ◆ Donuts
- ◆ Canned soup
- ◆ Peanut butter
- ◆ Crackers/animal crackers
- ◆ Fruit bars/fruit cups
- ◆ Macaroni and cheese in a cup
- ◆ Ramen noodles
- ◆ Poptarts
- ◆ Any single-serving healthy snack for kids
- ◆ Individual chip bags
- ◆ Gummy fruit snacks

If you have any questions, please feel free to contact Danielle Pleasant in the Family Resource Center at 497-8751.

## Box Top Winners

1 <sup>st</sup> place	Leah Profitt	717 box tops	Ms. Spencer's room
2 <sup>nd</sup> place	Bryce Whitt	465 box tops	Mrs. Caudill's room
3 <sup>rd</sup> place	Lauren Duncan	302 box tops	Mrs. Anderson's room
3 <sup>rd</sup> place	Luke Purvis	302 box tops	Mrs. Holley's room



## September 2013

Monday	Tuesday	Wednesday	Thursday	Friday
Kindergarten Grandparents' Day 9	1st Grade Grandparents' Day 10	2nd Grade Grandparents' Day 11	3rd Grade Grandparents' Day PTO @ 6:00 12	4th Grade Grandparents' Day 13
Midterm Ends 16	17	18	19	20
22	Professional Development Day NO SCHOOL 23	Yankee Candle kickoff @ 1:00 Board Meeting @ Mapleton 6:30 24	25	26
29	Missoula Children's Theatre Try-Outs 30			