

Outside
MY FIRST TIME
BEST TRAILS
KILIAN JORNET
SUMMER BBQ
LIFE EXTENSION
RACE REPORT
OUTSIDEONLINE.COM JULY 2018

#WINNING

THE WILD LIFE OF INSTAGRAM STAR CHRIS BURKARD

SEE PAGE 16

LIVE BRAVELY

Outside®

The
FIRST
Time...

I Saved a Life

← JEFF
JOHNSON
(HAWAII LIFEGUARD)



**SUSAN
CASEY**
First Great
White Shark

IAN FRAZIER
First Vanlife
Summer

**NICK
PAUMGARTEN**
First (and Last)
Huck

WELLS TOWER
First Moves

**CAROLINE
PAUL**
First Emergency
Landing

**PAM
HOUSTON**
First Love

**HILLARY
JORDAN**
First Bear



**HOW TO LIVE
FOREVER**
Secrets from the
Frontiers of
Radical Longevity

**OWN THE
FOURTH OF JULY**
The Ultimate
Backyard BBQ Kit

**IS KILIAN JORNET
FOR REAL?**
A Superhuman
Investigation



**THE WORLD'S 13
COOLEST TRAILS**

Here's Where to Hike This Summer

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