

# MYACT

## INTEREST & CAREER INVENTORIES

ACT® plays a key role in education and career planning by facilitating academic preparation and achievement, supporting parent, teacher, and counselor involvement, providing college and career exploration information, and helping students through the many steps needed for college and career readiness and success.

MyACT provides the big picture for the student. The interest inventory and other career inventories helps students start with who they are, allowing them to learn the critical aspects of college and career planning that go beyond a test score.

### Helping Students Plan for their Future

There are three available inventories for students in MyACT.

**Interest:** students indicate their preferences for everyday activities involving different work tasks.

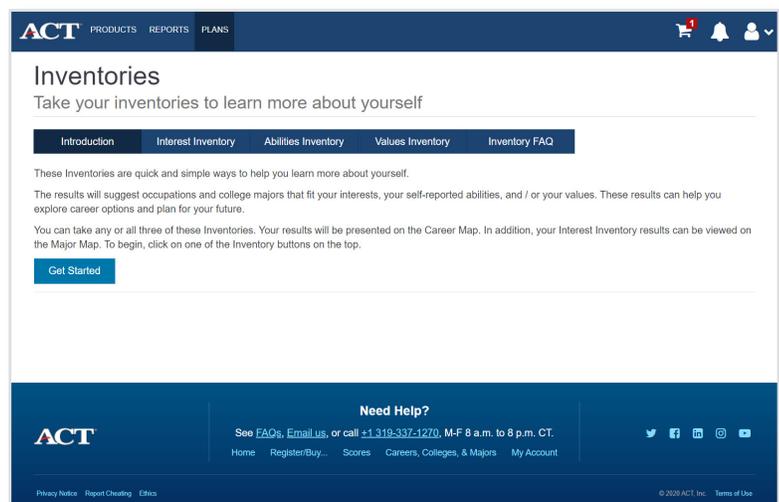
**Abilities:** students self-rate their work-related abilities (i.e. innovation, organization, persuasion, math, helping/advising, scientific)

**Values:** students indicate work-relevant values important to them (i.e. authority, physical activity, flexible hours, creativity)

While the inventories are optional, a student who inputs the requested information will receive insightful and personalized college and career results to consider during their planning for the future.

College and career exploration and planning helps students make more informed educational choices (i.e. course selection, postsecondary education), as well as, imparts knowledge and skills needed to make career decisions more successfully.

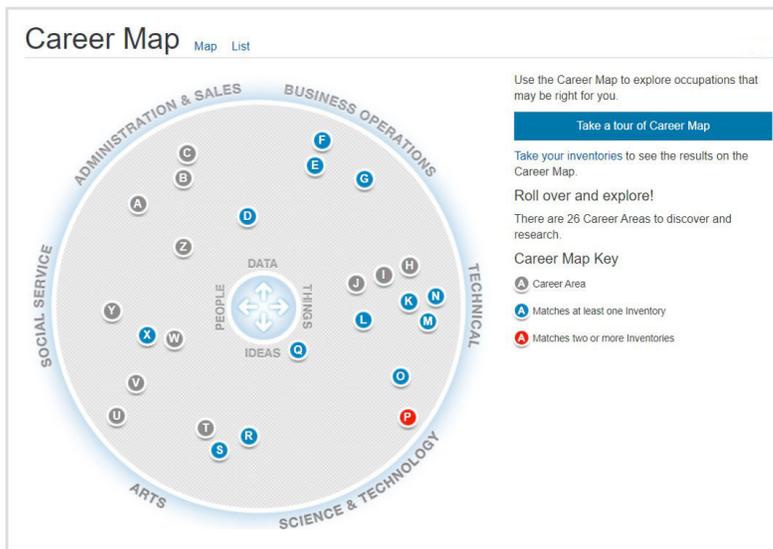
Understanding how a student's interests, abilities, and other characteristics align with education and career options increases self-awareness, informs decisions, and promotes goal setting.



## Inventory Results and Tools

MyACT combines a unique engagement platform with online career interests, abilities, and values inventories. Each inventory efficiently measures career-relevant constructs. The results of these inventories are aggregated and displayed in an interactive format for students to explore and discover their best fit with majors and careers.

**Career Map:** The Career Map is an interactive tool that helps users identify and explore potential occupations based on their responses to each of the career inventories. The interactive map highlights career areas (groups of similar occupations) in line with the user's inventory results, encouraging focused exploration of career options. There are 26 career areas located on the map using 4 basic work tasks: working with data, ideas, people, and things



**Career Search:** The planning tools in MyACT facilitate the exploration of personally-relevant career options, which promotes good-fit choices and career decidedness.

**Major Map:** The Major Map provides a visual overview of college majors, and is used to explore college majors directly based on user's interests. Research using extensive occupation data and college major data were used in the development of the Career Map and Major Map, respectively.

**Major Search:** The planning tools in MyACT facilitate the exploration of personally-relevant educational options, which promotes good-fit choices and college readiness.

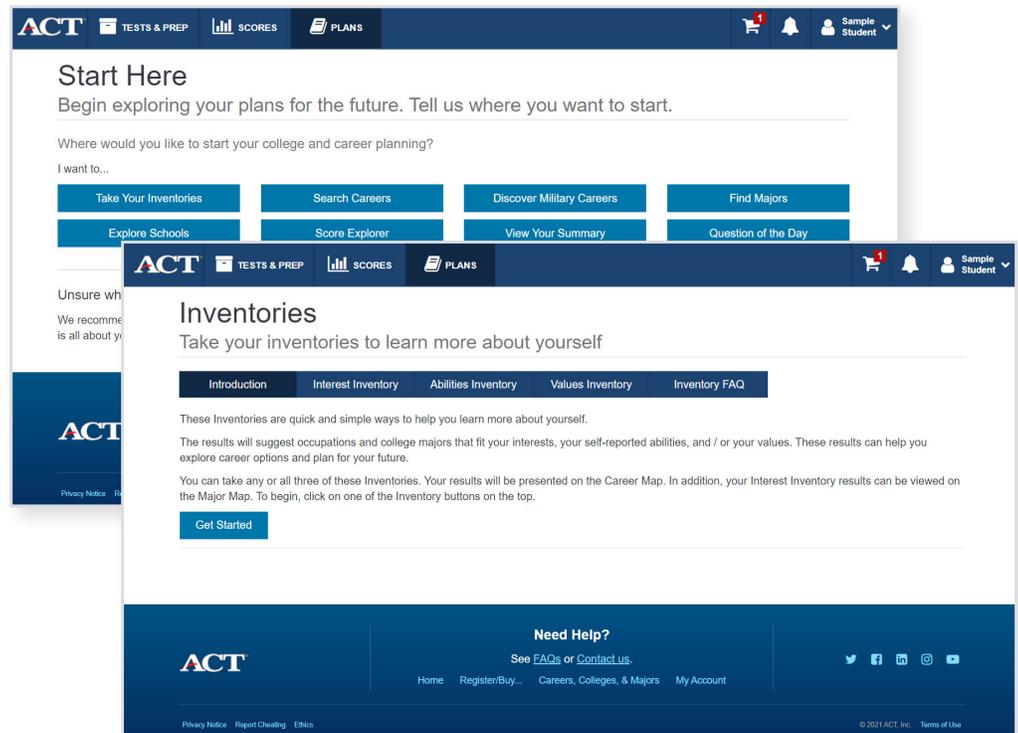
**School Search:** Extensive information on approximately 7,500 U.S. public and private colleges, universities, career and technical schools and trade associations are available. Detailed information for these institutions include type, type of community, size of community, affiliation, cost, location, test score and G.P.A. requirements and degrees offered.

**Military Search:** Military Search allows users to search careers in the military using keywords, branch of service and community (enlisted vs. officer). Careers can be favorited and viewed in the user's profile.

**My Summary:** Users can view a summary of their careers and majors that closely match the user's interests. Report is downloadable in PDF format.

# Inventories

The interest inventory is designed to be simple and easy to complete with visual cues and buttons to select for quick responses.



Users are guided through the process with an introduction, an explanation of the purpose of each inventory, and a clear description of the answer selections.

This block contains a series of overlapping screenshots that provide a detailed view of the 'Introduction' and 'Interest Inventory' sections. The top screenshot shows the 'Introduction' tab selected, with a 'Get Started' button. The middle screenshot shows the 'Interest Inventory' tab selected, with a 'Resume Interest' button. The bottom screenshot shows the 'Interest Inventory' tab selected, with a 'Start Values Inventory' button. The screenshots show the following text:

These Inventories are quick and simple ways to help you learn more about yourself.

The results will suggest occupations and college majors that fit your interests, your self-reported abilities, and / or your values. These results can help you explore career options and plan for your future.

You can take any or all three of these Inventories. Your results will be presented on the Career Map. In addition, your Interest Inventory results can be viewed on the Major Map. To begin, click on one of the Inventory buttons on the top.

**Get Started**

**Introduction** | Interest Inventory | Abilities Inventory | Values Inventory | Inventory FAQ

The things you like to do now can give you clues to occupations you might like in the future. This Inventory can help you discover your interests and find occupations you may want to explore.

This Inventory consists of 72 questions. Don't consider your ability to do the activity—only your interest in it. Try to answer like or dislike as often as possible.

Select—depending on how often you do the activity—like or dislike as often as possible.

- **Dislike** - I would not like to do this.
- **Indifferent** - I don't care.
- **Like** - I would like to do this.

**Resume Interest**

Select - If you think you are:

- **High** - Upper 10%
- **Above Average** - Above average
- **Average** - Middle
- **Below Average** - Below average
- **Low** - Lower 10%

**Start Abilities Inventory**

This Inventory can help you see how your values relate to occupations. The Inventory consists of 22 characteristics of occupations. Rate how important each characteristic is to you. Your ratings will be used to suggest occupations likely to satisfy your values.

Select—if you think your values are:

- **Don't Want** - I would not want to do this.
- **Not Important** - Not important to me.
- **Somewhat Important** - Somewhat important to me.
- **Very Important** - Very important to me.

**Start Values Inventory**

**Introduction** | Interest Inventory | Abilities Inventory | Values Inventory | Inventory FAQ

Who may take the inventories?

What is the purpose of the inventories?

Are my inventory results saved?

Why doesn't the Interest Inventory have questions like "Do you want to be a safety engineer?"

I don't see my inventory scores anywhere. Why not?

My inventory results give me career areas that fit me best. Why don't my results simply give me occupations that fit me best?

An FAQ tab is available for instant access to additional information.

# Plans

Users can also explore plans for their future in the 'Plans' tab.

- Inventories (interest, abilities, values)
- Search Careers
- Discover Military Careers
- Find Majors
- Explore Schools
- Explore Scores
- View and/or Print a PDF Summary from completing the inventories and/or ACT test
- Access the Question of the Day

