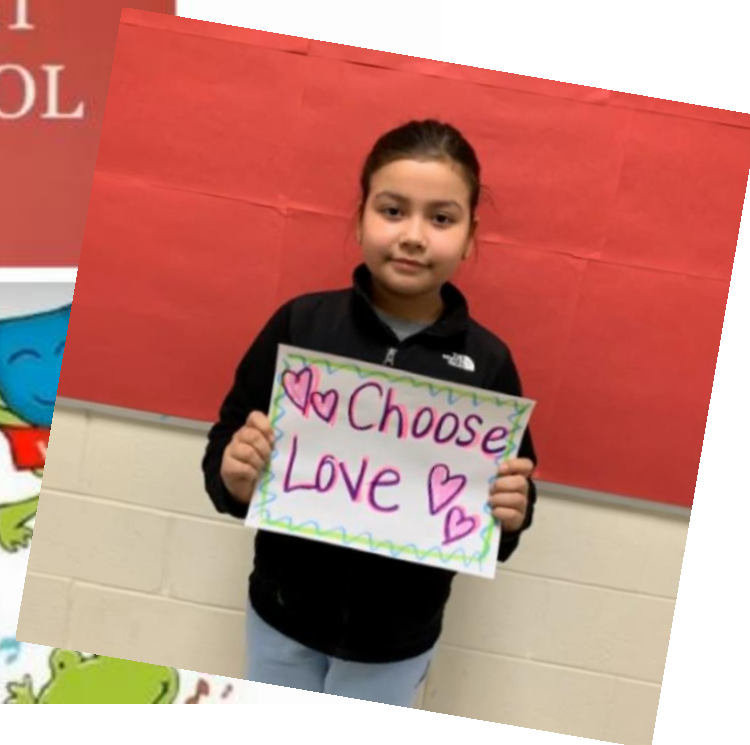




# WESTOVER MAGNET ELEMENTARY SCHOOL



COURAGE

+

GRATITUDE

+

FORGIVENESS

+

COMPASSION

=

THE CHOOSE LOVE FORMULA

Westover is very excited about the school's new Social Emotional Curriculum, Choose Love. Part of the implementation involves:

- ✓ monthly Choose Love Assemblies
- ✓ Classroom activities that focus on the four pillars: Courage, Gratitude, Forgiveness and Compassion
- ✓ Read-alouds and book discussions
- ✓ Westover Spirit wear
- ✓ Healthy exercise, including focused breathing, “power poses,” and positive affirmations
- ✓ Creative projects like designing Acts of Courage Coats of Arms
- ✓ Inspiration from Artist in Resident, Henry Jones
- ✓ Learning to express yourself through African Drumming, Sign Language and more

Thank you to the Westover Choose Love Committee for all of their hard work. The school community can’t wait for its next assembly!



School-wide assemblies







# Family Night and Community Events





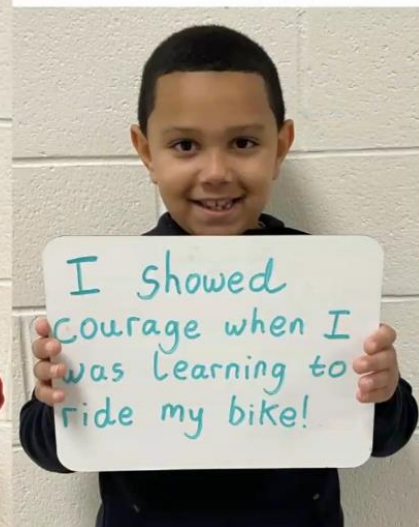
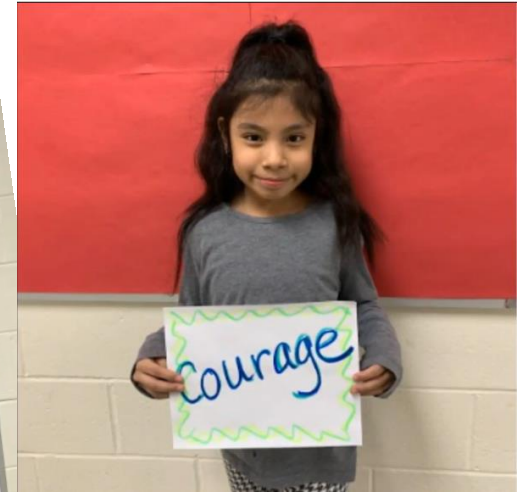


# Morning Meetings and a Buddies Program

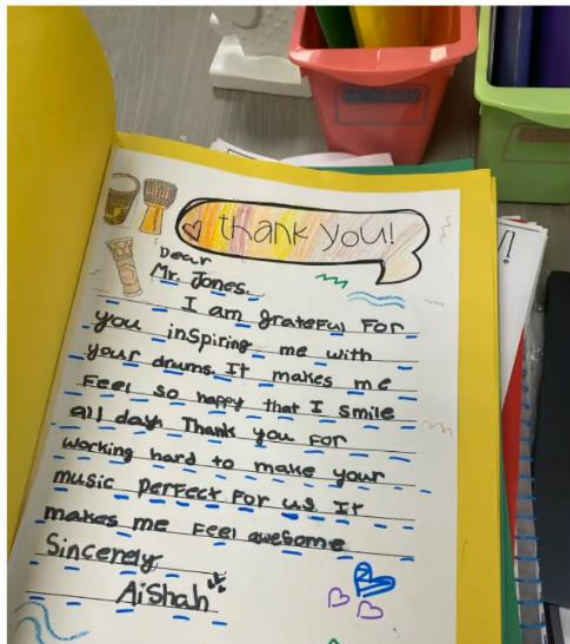
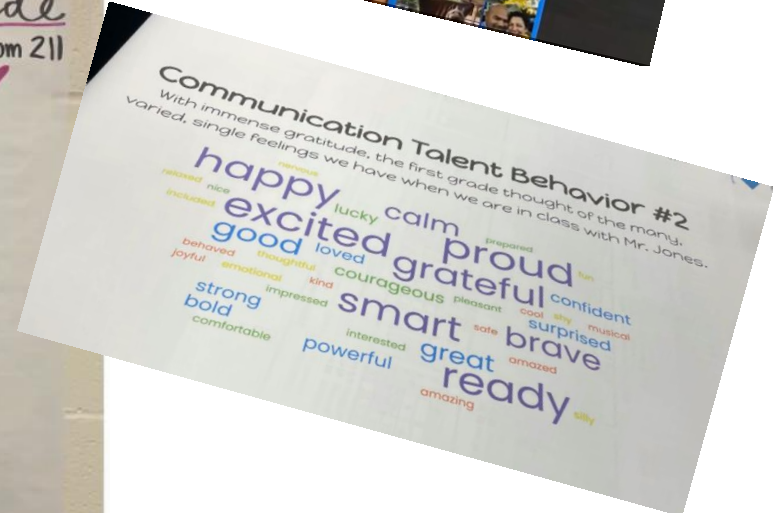




# Courage





[illegible]



# Forgiveness



# Compassion in Action





Westover is teaching its students  
to CHOOSE LOVE in every  
circumstance.

