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UPPER ADAMS SCHOOL DISTRICT

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September 30, 2020

Hello Upper Adams Parents and Guardians:

Thank you for helping us over the past month, as we have had a safe and successful reopening of our schools with healthy staff and students. The 2020/2021 school year will prove to be an interesting year filled with many achievements and firsts for our students. We also anticipate potential challenges where we will need to partner with you and your child to overcome. Now that all of our buildings are officially open, we have a few reminders for you in an attempt to keep our school buildings safely open with healthy students and school personnel:

Most importantly, we ask that you please assess your child's health each morning prior to sending them to school. Please keep your child(ren) home if they are showing the slightest signs of illness (see the symptoms list from the PA Department of Health below). If your child is taking any fever reducing medications (Tylenol/ibuprofen) keep him/her home 24 hours fever free without the use of fever reducing medications. We ask that you communicate any health concerns you may have with your child's health care provider so that you are able to have specific health questions answered.

Second, if your child or a family member would be exposed to someone with COVID-19 or tests positive for COVID-19, please inform your child's school nurse immediately. Depending on the circumstances, classmates, teachers, or other school personnel may be required to quarantine if the PA Department of Health deems this to be appropriate.

Finally, please understand that the school nurse will be assessing any child who visits the health room with health complaints during the day. We are making decisions based on the current recommendations from the CDC and the PA Department of Health. COVID-19 symptoms are vague and can be attributed to several other illnesses, but school nurses nationwide have been advised to err on the side of caution and send children home for a minimum of ten days and possibly longer if deemed appropriate by the PA Department of Health guidelines.

In an effort to keep district and parent/guardian communications accurate and timely, please make sure contact information on file at the school is absolutely correct at all times. Providing an accurate alternative contact is also very important should the need arise when parents and guardians are advised to pick up your child immediately. The expectation is that a parent, guardian, or emergency alternate contact will arrive within the hour to pick up your child.

COVID-19 Symptoms List:

Symptoms requiring students to stay home/or be sent home may include ONE of the following;

- fever > (greater than) 100.0°
- new cough
- loss of taste
- loss of smell
- shortness of breath, or
- difficulty breathing

OR

(continued on back)

Any TWO of the following;

- headache
- sore throat
- fatigue
- congestion
- runny nose
- chills
- muscle/body aches
- nausea
- vomiting, and
- diarrhea

If the school nurse would see your child with any of the above complaints, she would need to isolate your child in a safe area in the health room with nurse supervision to limit exposure to other students and school personnel.

Thank you again for your assistance to work with district personnel to keep everyone healthy and safe, which will also keep our schools and classrooms open for daily instruction.

Sincerely,

Wesley T. Doll,
Superintendent

Sally Jones,
Middle/High School Nurse

Kim Hanan,
Intermediate School Nurse

Heather Then,
Elementary School Nurse