

How to Protect the Next Generation

TEEN DATING VIOLENCE PREVENTION



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OBJECTIVES

- ❖ MYTHS
- ❖ STATS
- ❖ WARNING SIGNS
- ❖ TECHNOLOGY
- ❖ BARRIERS
- ❖ PREVENTION

MYTH or TRUTH

- ❖ Parents usually don't know when their teen is being abused by a dating partner. **TRUE**
- ❖ Boys are rarely a victim in dating abuse. **FALSE**
- ❖ Date Rape is more common among college students and adults. **FALSE**
- ❖ When abuse happens, its most likely will happen again. **TRUE**
- ❖ Teens most often would tell their parents if they were being abused. **FALSE**
- ❖ Most adults who have offended on their partner started when they were between the ages 12 and 18. **TRUE**

In the U.S – 51 percent of dating girls and 43 percent of dating boys have been victims of Dating Abuse

Emotional

47 percent of girls and 35 percent of boys experience emotional dating abuse

Physical

18.5 percent of girls and 19.4 percent of the boys experience physical dating abuse

Sexual

13.6 percent of the girls and 8.3 percent of the boys experience sexual dating abuse

What does dating abuse look like in our youth

- ❖ PHYSICAL
- ❖ EMOTIONAL
- ❖ ISOLATION
- ❖ COERCION AND THREATS
- ❖ TECHNOLOGY
- ❖ INTIMIDATION
- ❖ PEER PRESSURE

Controlling and monitoring a date through **TECHNOLOGY** is the most common type of digital dating abuse

From 65-75 percent of teens report being controlled and monitored



Dangerous APPS for parents to be aware of



SNAPCHAT

Is one of the most popular app-photos/videos will disappear and stories allow users to view content up to 24 hours



TIK TOK

Popular with kids for creating and sharing short videos with very limited privacy controls-users are vulnerable to bullying and explicit content



WHISPER

Anonymous social network that promotes sharing secrets with strangers and will reveal users location so they can meet up

Potential risk can come from any form of technology



MEETME

Dating app geared that allows users to connect with people in geographic proximity to encourage meeting up in person



KIK

Kids can bypass traditional text and it allows anyone to direct message your child. Gives users unlimited access to anyone, anywhere, anytime



ASKfm

Is known for cyberbullying. App encourages users to allow anonymous people to ask them questions

WARNING SIGNS

- ❖ THEY STOP DOING WHAT THEY USED TO LOVE DOING
- ❖ ISOLATE FROM THEIR FRIENDS
- ❖ ALWAYS BEING NEXT TO THEIR PHONE HAVING TO RESPOND INSTANTLY
- ❖ UNEXPLAINED MARKS OR INJURIES
- ❖ CHANGE THEIR STYLE OF CLOTHING AND APPEARANCE
- ❖ THEIR PARTNER IS POSSESSIVE OR EXTREMELY JEALOUS

Barriers to Getting Help

- ❖ FEAR OF GETTING IN TROUBLE WITH PARENTS
- ❖ THEY LOVE THE PERSON HURTING THEM
- ❖ FEAR OF GETTING THEIR PARTNER IN TROUBLE
- ❖ THEY DON'T KNOW THIS IS ABUSE
- ❖ FEAR OF RETALIATION FROM THEIR PARTNER
- ❖ DON'T KNOW THE RESOURCES FOR HELP
- ❖ FEAR NO ONE WILL UNDERSTAND OR BELIEVE THEM
- ❖ SHAME

SAFETY TIPS



BARB

Assist parents with monitoring kids safety against, bullying, predators, and sexual content. Also assist in setting screen time use and location updates. There are fees. There are other safety apps available besides this one.



FAMILY WATCHDOG

Free website that allows you to put in your address to see all offenders who live or work near your address. Will also send you updated notifications.



A New WAY OF SAFETY

Making tech safety a habit
Talking to kids about their digital footprint
Emergency SOS on smart devices

How to Prevent

- ❖ TALK TO OUR YOUTH ABOUT WHAT ABUSE IS AND HOW TO LOOK FOR IT
- ❖ MODEL HEALTHY RELATIONSHIPS
- ❖ DON'T WAIT TO TALK TO YOUR TEEN –START EARLY
- ❖ KEEP OPEN COMMUNICATION AND CHECK INS
- ❖ PLAY THE WHAT WOULD YOU DO IF THIS HAPPENED TO A FRIEND
- ❖ MONITOR THEIR ONLINE FOR SAFETY
- ❖ TALKING TO OUR YOUTH ABOUT HEALTHY BOUNDARIES

RESOURCES

- ❖ **FLEET & FAMILY SUPPORT (FAP)- 540 653 1839 (IF MILITARY)**
- ❖ **NATIONAL DOMESTIC VIOLENCE HOTLINE 800 799 7233 (SAFE)**
- ❖ **LOVE IS RESPECT 866 331 9474 [HTTPS://WWW.LOVEISRESPECT.ORG](https://www.loveisrespect.org)**
- ❖ **RAINN (RAPE, ABUSE, AND INCEST NATIONAL NETWORK) 800 656 4673 (HOPE)
[HTTPS://HOTLINE.RAINN.ORG](https://hotline.rainn.org)**