## **Covington Buccs Cafe**

No great achievement is possible without persistent work.



## **Lunch Meal Deal**

- (1) Entrée Choice (grain & protein)
- (1) Fruit & (2) Vegetable Choices
- (1) 8oz Low-Fat or Fat Free Milk You must take 1 fruit or veg

HS may take 2 fruits & 2 veg

Tyson	TOSTITOS		1. Asian Chicken w/Rice California Blend Fresh Broccoli Mandarin Oranges Fresh Melon	2. Pepperoni or Taco Pizza Corn Fresh Pepper Strips Applesauce Grapes
5. NO SCHOOL  LABOR *DAY*	6. Toasted Cheese Sandwich Tomato Soup Celery Sticks Fruit Juice Apple Slices	7. Chicken Fryz Baked Potato Cheese Crackers Fresh Carrots Applesauce Banana	8. Tostitos Loaded Nachos Lettuce & Salsa Refried Beans Pineapple Fresh Melon	9. Clark's Cheese Pizza Green Beans Romaine Salad Fruit Slush Grapes
12. Chicken Bacon Ranch Pasta Bake Garlic Toast Romaine Salad Peas Sidekick Slushie Apple Slices	13. Pork Tenderloin or Country Fried Steak Sweet Fries Fresh Cauliflower Mixed Fruit Fresh Melon	14. Chicken Tenders Dinner Roll Glazed Carrots Cucumber Tomato Salad Applesauce Banana	15. Pulled Pork or Sloppy Joe Sandwich Baked Beans Cole Slaw Pears Orange	16. Soft Pretzel w/ Cheese Yogurt Green Beans Fresh Broccoli Strawberries Grapes
19. Ham-n-Cheese on Pretzel Baked Potato Fresh Celery Sticks Pineapple Apple Slices	20. Dutch Waffle Sausage Links Hash Brown Starz Fresh Carrots Strawberry Sauce Fresh Melon	21. Chicken Nuggets Onion Rings Fresh Cucumbers Mixed Fruit Banana	22. Mini Corn Dogs Baked Beans Fresh Broccoli Peach Crisp Orange	23. Pepperoni Rip Sticks w/ Marinara Corn Fresh Broccoli Strawberries Grapes
26. Pizza Sub Cheesy Potatoes Fresh Cauliflower Pears Apple Slices	27.Chicken-n-Noodles Mashed Potatoes Dinner Roll Celery Sticks Fruity Applesauce Fresh Melon	28. Tyson Popcorn Chicken Cookie Green Beans Baked Apples Banana	29. Beef Taco Lettuce & Tomato Cowboy Caviar Fruit w/ Jello Orange	30. Clark's Pepperoni Pizza Peas Fresh Carrots Peaches Grapes

\*Menu Subject to Change J.H./H.S. may be offered additional options

## FEATURED DAILY OFFERS

Monday PB&J Uncrustable

Tuesday Turkey Snack Pack Wednesday Salad Lunch

Thursday Buccs Pizza Box

Friday Yogurt Lunch