



HMX
Spring Athletic
Information Night

March 6th, 2023
7:00 PM

Philosophy-Modified Sports

- Focus is on learning athletic skills and game rules, fundamentals of team play, social and emotional growth, and healthy competition.
- Exclusion of students from our athletic programs is not our preferred policy. However, numbers in all sports has been large and keeping everyone may not be an option.
- Practice sessions are vital to the development of the adolescent athlete and team.
- Opportunities for meaningful participation for each team member will exist in each game and over the course of a season.

Season Start Dates **Must be registered by March 20th**

Start Date March 22nd

Modified Boys Lacrosse

Modified Girls Lacrosse

Modified Baseball

Modified Girls Softball

Modified Boys & Girls Track

Important Information

- [Medical Forms](https://www.mamkschools.org/parents-community/student-health-services/health-information-for-parents) for [physicals](#), asthma, allergy, epipen, emergency action plans are on line at <https://www.mamkschools.org/parents-community/student-health-services/health-information-for-parents>
- If you were out of PE on a medical you will be required to submit doctor's clearance to be approved
- You will be contacted by the school nurse if this is necessary.if this is necessary

Important Information and Dates

- Physicals need to be dated after 3/1/22 to be valid.
- FamilyID registration is OPEN-do not wait, register now!
- To ensure registrations are reviewed in a timely manner please have them completed by 12 pm on March 20th.
- Nurses are available by email if you have questions. The Athletic Office staff does not clear athletes. Ms. Sheppard jsheppard@mamkschools.org
Ms. Irwin eirwin@mamkschools.org

Academic Responsibilities

- All student/athletes are expected to stay in good academic standing and demonstrate good attendance.
- The athletic program endorses an “academic intervention” approach to academic performance.
- The coach, guidance counselor, & athletic director will work collaboratively with teachers & parents to address academic performance when deficiencies are indicated.

Behavioral Responsibilities

AKA-Code of Conduct

Student-Athletes cannot:

- Use, possess or distribute, tobacco, illegal drugs, or alcohol.
- Engage in any act that would be grounds for arrest or citation in the court system (excluding traffic violations).
- Inappropriate use of social media to bully, harass, or negatively portray themselves or others.
- Social media that is disruptive to the school learning environment will be deemed as a violation.

Behavioral Responsibilities-Consequences

If any violation has occurred, the assistant principal and relevant counselor(s) will be notified, and the student athlete will be referred to the Drug & Alcohol Awareness Counselor.

1st Violation: 7 day game suspension, continued attendance at practices.

2nd Violation: Suspension from participation for whichever is longer, the remainder of the season or four weeks.

3rd Violation: Suspension from interscholastic athletics remainder of the school year.

If a student self-reports a violation to school staff within 48 hours of violation, it is the discretion of the administrative team to amend the above suspension.

Schedules for the Season

NEW

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<https://www.section1ny.org/public/genie/434/school/249/date/2023-03-13/view/week/>

- Master Calendar by date for all sports
- Individual Calendar for teams by level-subscribe
- General schedule is up, but check weekly because changes happen

Spectator Responsibilities

SPECTATORS

- Be Loud, Be Proud, Be Positive!
- Be a FAN, not a fanatic
 - Attending athletic events is a privilege-not a right!!
- Support local rules & regulations

Support Referees in Sports

- Referees are becoming harder and harder to hire.
- One thing we try to demonstrate as people is treating others with kindness.
- Remember when you yell at referees, you are yelling at people who are serving a role in the community, often with little pay.
- Showing a referee respect and kindness Showing your athlete that they cannot blame others for things that are going wrong in the game. This isn't a skill which is going to help them later in life.

Teach kids to thank the officials after a game.

Coaches Contact

Baseball:

Knox, Michael

mknox@mamschools.org

Girls Lax:

Ferguson, Cathleen
Barnard, Kristen

jdale@mamschools.org
kbarnard@mamschools.org

Boy's Lax:

Mangan, Nick

nmangan@mamschools.org

Softball:

Carver, Tyrone

TCarver@mamschools.org

Track & Field:

LaRosa, Nicholas

nlarosa@mamschools.org

Athletic Director:

Bari Suman BSuman@mamschools.org

Assistant AD: Scott Gilberti sgilberti@mamschools.org