



## **SJES Summer Sports Camps 2023**

### **Co-ed Soccer (grades 3-5) - June 12-16, 10 a.m. - 12 p.m. Cost: \$180 (cap 20)**

Have FUN with soccer exercises, drills, scrimmages, and small-sided games. Open to all levels of ability.

### **Flag Football (grades 2-4) – July 10-14, 12:30-2:30 p.m. Cost: \$180 (cap 40)**

Camp is geared towards developing basic skills which will lead to successful team play. Offensive and defensive formations and alignments, pass routes, agility drills, and proper flag pulling techniques will be emphasized.

### **Flag Football (grades 5-8) - Aug 14-18, 9:00 a.m.- 12 p.m. Cost: \$270 (cap 40)**

Camp is geared towards developing and refining basic skills which will lead to successful team play. Offensive and defensive formations and alignments, pass routes, agility drills, and proper blocking and flag pulling techniques will be emphasized. This camp creates a great opportunity for the coaches to get to know the students and for the students to get to know their potential teammates. Rubber cleats and mouth guards are recommended.

Online registration opening soon. Please, contact Coach Winn at [bwinn@stjohns-es.org](mailto:bwinn@stjohns-es.org) or ext. 261 if you have any questions.