

**Menu for Week of March 13<sup>th</sup>-March 17<sup>th</sup>**

Managed by CulinArt Group, open Monday – Friday  
 Jeff Galvin, Dining Service Director, Phone: (202) 243-1668

E-Mail: dining@wis.edu

**MAKE THE CHOICE THAT'S RIGHT FOR YOU.**











 EAT WELL

 LOCALLY SOURCED

 VEGETARIAN

 VEGAN

 AVOIDING GLUTEN

LUNCH	Hot Food	QUIK PIK SANDWICH-	SNACK PAK
	Served with starch & vegetable	Sun Butter & Jelly Sandwich served with apple slices	
MONDAY	Curry Chicken & Jasmine Rice 7.95 Curry Vegetable Stir-Fry over Jasmine Rice 7.65 	Organic Chicken Caesar Salad 7.65 Sun butter & Jelly on White bread 5.95 	Celery, Carrots, Sun Butter and Raisins  3.70 Apple, Grapes, Pretzels, Caramel 3.70  Hummus, Celery Carrot and Pita  3.70
TUESDAY	Teriyaki Meatballs with Rice 7.95 Cheese Ravioli with Alfredo Sauce 7.65 	Mozzarella Sticks w/ Marinara Sauce 7.65 Sun butter & Jelly on White bread 5.95 	Celery, Carrots, Sun Butter and Raisins  3.70 Apple, Grapes, Pretzels, Caramel 3.70  Hummus, Celery Carrot and Pita  3.70
WELLNESS WEDNESDAY	BBQ Salmon w/ Tomato Corn Relish 8.65 Tuscany Style Pasta w/ Chickpeas 7.65 	Black bean & Tofu Burrito 7.65  Sun butter & Jelly on Wheat 5.95 	Celery, Carrots, Sun Butter, and Raisins  3.70 Apple, Grapes, Pretzels, Caramel 3.70  Hummus, Celery Carrot and Pita  3.70
THURSDAY	Baked Rotisserie Chicken Quarters 7.95 Vegetable Meatballs w/ Basil Marinara 7.65 	Quinoa Veggie Burger Sandwich 7.65  Sun Butter & Jelly on Wheat Bread 5.95 	Celery, Carrots, Sun Butter and Raisins  3.70 Apple, Grapes, Pretzels, Caramel 3.70  Hummus, Celery Carrot and Pita  3.70

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FRIDAY	Meat Lasagna with Small Salad 7.95	Organic Chicken Caesar Wrap 7.95	Celery, Carrots, Sun Butter and Raisins  3.70
	Vegetable Lasagna with Small Salad 7.65 		Sun Butter & Jelly on Wheat Bread  5.95
			Apple, Grapes, Pretzels, Caramel 3.70 
			Hummus, Celery Carrot and Pita  3.70