



CRUSADER

College Connection

March 1, 2023 – March 31, 2023 • WWW.STDOMINICH.SORG/COLLEGE

College Summer Opportunities:

Summer is not far away and many colleges have summer programs, but may not send literature. If there is a specific college you are interested in, check their website.

Missouri Summer Programs:

Kenrick Glennon Kenrick Glennon Cycle
ATSU-Truman Healthcare Academy
Ranken Shadow-a-Tech
BESr Healthcare Institute
Washington University
iD Tech Camps held at Washington University
Missouri S&T Future Students Summer Camps
Mizzou Mini Med School & Summer Programs
Missouri State College of Education Summer Program
UMSL 2023 Summer Programming
Foundry Art Centre Summer Camps

Out of State Summer Programs:

Kansas State University Health Professions Summer Camp
Benedictine College- BCYC Immersion
Summer Scholars Program- Miami (OH) University
NYU High School Programs
George Washington University
Scholars Academy at Monmouth College
US Naval Academy- Summer STEM Camp
Indiana University - PreCollege Academy

SCHOLARSHIP UPDATE

A+ FAQ's

When do my tutoring/mentoring hours need to be completed?

Students need to have all tutoring/mentoring hours turned in by May 1 of their graduation year. If you are a senior and still need to complete tutoring hours, you can reach out to your local grade school to volunteer at their afterschool program, become a peer tutor at St. Dominic, or reach out to an organization similar to Boys and Girls club.

Is there a GPA requirement for the A+ program?

Yes! The requirement is based on your unweighted GPA. At the time of graduation, you must have a minimum of 2.5 gpa if you earned a 17 or higher on the Math section of the ACT, 2.8 if you earned a 16 or higher and 3.0 if you earned a 15. This number will not be rounded.

I know my attendance percentage needs to be at 95%. What should I do if I am under that percentage?

If you know your attendance percentage is under 95%, you should look at the appeals process! Parents/guardians or students may file an attendance appeal if a student's attendance record is tied to a MAJOR illness, injury, or personal catastrophe. Appeals for an illness or injury require a doctor's note for each incident of illness or injury. (Vacations taken during the school year, as well as on-going routine doctor, dentist, and orthodontist appointments are NOT appealable since they do not fall under the category of major illness, injury or catastrophe.)

Are there any other requirements I need to make sure I meet?

Yes! There is a Math requirement- Students who have earned a 17 or higher on the Math section of the ACT have met this requirement. If a student earned a 16, they must also have a 2.8 gpa. If they have earned a 15, they must have a 3.0 gpa. Anything below a 15 they have not met the requirement.

Students also must maintain a record of good citizenship to qualify for post-secondary financial assistance.

SCHOLARSHIP DEADLINES

- March 1 Women Legislators of Missouri Scholarship | Eagle Scout of the Year | Society for Information Management (SIM) St. Louis Chapter | Project 21
- March 3 Royal Vagabonds Foundation, Inc. | Quest for Education Scholarship
- March 4 The Braxton Rethwisch Scholarship
- March 17 Higher Education Scholarship | New Melle Chamber of Commerce
- March 18 St. Louis Area Mensa's Healthy Minds Scholarship
- March 31 Lincoln County Democrats Scholarship

Keep looking out for those scholarships!

www.stdominichs.org/academics/college/a-program

2022-23

Scholarship Information

Report Earned Scholarships **HERE.**

THIS WEEKS COLLEGE REPS

College Reps are available at 11:10 during Empower Hour located in the Eisenbath Atrium.

Wednesday 3/8



St. Dominic Mini College Fair Empower Hour 11:10 - 12:05 pm

- Grades 11-12: 1st Half
- Grades 9-10: 2nd Half

This is a great opportunity to get a head start in your college search or finish up your post-graduation plans.

Thursday 3/9



Southeast Missouri State Cape Girardeau, MO <https://semo.edu/>

- Application/Scholarship: 12/1 (Priority Deadline) <https://semo.edu/student-support/financial-services/index.html>

Wednesday 3/29



Missouri Valley College Marshall, MO <https://www.moval.edu/>

- Application Deadline: Rolling
- Scholarship: <https://www.moval.edu/admissions-financial-aid/tuition-financial-aid/scholarships/>



LOOKING Ahead

Winter 2023

Mar. 8
Mini College Fair
Empower Hour

Mar. 9
SEMO Visit

Mar. 22
Navy Recruiter and Abbott
EMS training

Mar. 23
Junior College Counseling
Meeting during
Empower Hour in PAC:
Where To Begin

Mar. 28
District ACT for ALL Juniors

Mar. 29
Missouri Valley College

Mar. 30
Junior College Counseling
Meeting during Empower
Hour in PAC:
Look At My Grades

**Registration
Now Open
ACT Bootcamp
June 5-8
Class of '24 & '25**

HELPFUL Links

COLLEGE GUIDANCE
www.stdominichs.org/college

SCOIR
www.scoir.com

SCHOLARSHIPS
www.fastweb.com | myscholly.com

FAFSA
www.studentaid.ed.gov/fafsa

COMMON APP
www.commonapp.org

NCAA ELIGIBILITY
web3.ncaa.org/ecwr3

ACT
www.act.org

SAT
www.sat.org

Alumni Spotlight

Michael Laugeman '17

Kenrick-Glennon Seminary



Michael Laugeman is a 2017 graduate of St. Dominic High School who participated in Cross Country, Baseball, Football, Peer Ministry and Viri Dei. As a student at St. Dominic, Michael made an effort to fully engage in the religious and spiritual resources that St. Dominic had to offer. He sought advice and brought my questions about the faith to his teachers and into our Chapel, where he was able to peacefully

sit and be with Jesus. ***"It was during my time at St. Dominic, that I received Jesus' invitation to follow him more closely. He asked me to set aside the self-centered, mediocre way of living being offered by the world and to live according to the Gospel. After experiencing this conversion, I saw clearly the peace and joy I received from living in a faithful relationship with Jesus and His Church. As a result, I then felt Him invite me to give my life to Him, as a priest, in order to spend my life helping others grow in their relationship with Jesus."***

Michael is currently in his sixth year of priestly formation at Kenrick-Glennon Seminary, now in his second year of theological studies with hopes of being ordained a transitional deacon in 2025 and ordained a priest in 2026. Michael would like to share his thoughts and advice with current SDHS students about their own Faith. ***"Seek the Lord in silence and the Sacraments. In those places strive to listen deeply and respond generously. Be patient with God and with yourself and ask for the grace to trust that He will reveal what He desires of you. It can be difficult to make sacrifices, but there is no greater joy in life than doing what God desires."***

Weekly Wellness

Amy Bauer | Wellness Counselor
abauer@stdominichs.org

Carry this with you into 2023

Do the things you love more often.

Let go of people or situations that drain you.

Sometimes you need to get uncomfortable, to get comfortable.

Wherever your attention goes, your energy flows.

If you change your mindset you will change your life.

NATIONAL SUICIDE PREVENTION
LIFELINE: (800) 273-8255

CRISIS TEXT LINE: Text "HOME" to 741741

BEHAVIORAL HEALTH RESPONSE
24/7 CRISIS SUPPORT HOTLINE: (314) 469-6644

COLLEGE GUIDANCE OFFICE

BLAKE MARKWAY | bmarkway@stdominichs.org
Guidance Director & 9th Grade College Guidance Coordinator

JEAN NERO | jnero@stdominichs.org
10-12th Grade College Guidance Coordinator (A-K)

MELISSA LISZEWSKI | mliszewski@stdominichs.org
10-12th Grade College Guidance Coordinator (L-Z)

2023 Summer College Opportunities

Summer is not far away and many colleges have summer opportunities, but may not send literature. If there is a specific college you are interested in, check their website for possible summer events. Check out college websites, as well, for various summer opportunities for high school students.

Missouri Summer College Programs

Kenrick Glennon: <https://www.stlvocations.org/kgd-jcs> Junior Counselors (JCs) are high school aged guys entering 10th, 11th, and 12th grades. JCs assist at KGD by helping to run small groups and by helping with camp activities behind the scenes. [Click Here](#) for the JC Application. All applicants will be notified May 31, 2023.

Cycle: This is a three-day leadership program held in Jefferson City for sophomores only. This year's program will be held July 19-21. All expenses are paid and transportation is provided. Teachers are invited to nominate students to serve as CYCLE delegates, or students may apply independently. Students are asked to submit a narrative about their school activities and community service to be considered. **The application deadline is April 19.** [Find the application here.](#)

Truman State University:

ATSU-Truman Healthcare Academy is for students who will be going in to 10th, 11th and 12th grades next fall: <https://healthcareacademy.truman.edu/>

This is a link to our Early College website for students wishing to take online dual enrollment courses: <https://earlycollege.truman.edu/>

Ranken: offers Shadow-a-Tech sessions. Free of charge and a great opportunity to allow students the opportunity to be a Ranken student for the day and test drive any program they may be interested in. [Shadow-A-Tech - Ranken Technical College](#)

BES^t Healthcare Institute: is a collaboration between Barnes-Jewish Hospital, Express Scripts, Inc. and University of Health Sciences and Pharmacy in St. Louis (formerly St. Louis College of Pharmacy). The mission of the BES^t Healthcare Institute is to expose and prepare local underrepresented minority students for a future career in healthcare. The mission is executed with a model that combines academics, exposure, and professional development. Academics focus on improving mathematics, science, professional development, and ACT/SAT skills during a four-week intensive summer program.

Program Highlights:

- 100% of BES^t graduates attend 4-year universities, 87% choose a career in healthcare.
- Student stipends (earned based on merit, behavior, attitude, and adherence to program rules)
- Up to 4 weeks of exposure to college life and health care providers
- Program is *free of charge*

For the 2023 summer, we are looking forward to hosting the program in-person onsite on the campus of University of Health Sciences and Pharmacy in St. Louis (formerly known as St. Louis College of Pharmacy), unless circumstances with COVID-19 change. This year's program runs June 19 through

2023 Summer College Opportunities

July 14, 2023 for all cohorts. Underrepresented freshman, sophomore, junior or senior students are eligible to participate who reside in the St. Louis region, St. Louis City/County St. Charles, County and Madison, St. Clair, IL counties. The BESt IV program is open to all rising college freshman, even those planning to attend colleges or universities outside of University of Health Sciences and Pharmacy in St. Louis. The application can be found [here](#).

Washington University in St. Louis: sponsors a variety of summer programs in the area of writing, pre-med, business and pre-engineering, as well as a summer scholars program. Find more information [here](#).

Missouri S&T Future Students Summer Camps: Missouri S&T sponsors a variety of in-person and virtual summer camps for elementary, middle school, and high school students. Find more information [here](#).

Mizzou 2023 Summer Programs

Mizzou Mini Medical School: We are happy to announce that High School Mini-Med School at the University of Missouri Columbia is returning this June for two sessions. Session I runs from **June 4, 2023 – June 8, 2023**, and Session II runs from **June 11, 2023- June 15, 2023**. This five-day overnight camp is for Missouri high school rising seniors who are interested in a career in medicine. Students will attend lectures and do the same Patient Based Learning (PBL) curriculum that our medical students do. We will have a lot of hands-on experiences and social events in the evenings. This is a great experience for anyone who is considering medical school after college. The cost for this camp is \$650, which includes all the camp fees, lodging, and food for five days. There are some scholarships available, and the application is free to complete. The application is due March 17, 2023, along with a transcript and science teacher recommendation from the school and the teachers respectively. For more information about the camp and the application please click [here](#)

Mizzou School of Journalism

- Summer Workshop Program: June 25-30, 2023. To register for the please click [here](#). Interested students can also reach out to Ron Kelley at kelleyr@missouri.edu.

School of Music Mizzou Summer Music Camps and Programs | School of Music - School of Music (missouri.edu)

- Trombone Boot Camp: June 7-10, 2023, high school students 9-12 space limited, see website*
- Missouri Summer Composition Institute (COMP): June 10-17, 2023, cost is free, see website*
- Esterhazy String Quartet Seminar, June 11-18, 2023, high school students, see website*
- Private lessons through the Community Music Program, June 5, 2023- July 30, 2023, see website*

2023 Summer College Opportunities

Mizzou College of Agriculture Food & Natural Resources College of Agriculture, Food, and Natural Resources // Life Sciences Quest (missouri.edu)

- Life Sciences Quest, July 9-13, 2023, see website*

Missouri State College of Education Summer Program: The Missouri State University College of Education invites rising freshman, sophomores and juniors who are interested in a teaching career to participate in #BearsTeach June 12-16, 2023 on the Springfield campus. This immersive experience will allow attendees to live on campus and prepare for college life by participating in ACT Boot Camp, attending workshops on different aspects of campus life, stay in a residence hall, learn about a variety of education careers and explore Springfield. Learn more and apply [here](#).

UMSL 2023 Summer Programming: Apply [here](#) UMSL offers Summer Academy for grades 10-11; Bridge to the ACT for rising seniors. Spend the Summer Write for rising seniors to work on Common Application essay prompts; Commit to Success College Prep Talks for all grades.

iD Tech Camps held at Washington University: We can't wait to welcome your students back to hands-on STEM magic, campus exploration, face-to-face fun, and courses led by rock stars from top universities. Code a mobile app. Explore engineering with virtual rockets. Develop a video game. Design levels for VR. Or, experiment with AI. Each weeklong session blends world-class instruction with fun camp activities, so kids and teens can have an unforgettable summer. iD Tech is the very best experience built around your child—their interests, their skill level, their goals for the future. Our on-campus programs include an exclusive package designed for maximum inspiration and long-term success.

Foundry Art Centre Summer Camps: Various week-long art summer camps are offered throughout the summer for grades k-12.

2023 Summer College Opportunities

Out-of-State Summer Programs

Kansas State University Health Professions Summer Camp: The new Health Professions Summer Program will be hosted the week of July 9-14 and July 23-28, 2023 on K-State's Manhattan campus. Through hands-on activities and interactions with K-State faculty, students, alumni and local health care professionals, this program aims to provide a more in depth look at a variety of areas in health care and how each area impacts the lives of others. Registration will open in March of 2023. [Find information here.](#)

Benedictine College: BCYC Immersion is a Catholic summer academic camp for high school students hosted by Benedictine College, combining a pre-college program and a Catholic youth camp. Each participant chooses an area of interest which they pursue in classes throughout the week. The week also features numerous faith-based activities, including daily Mass and Bible Studies and is rounded out with tons of fun—dodgeball, an evening dance/social, scavenger hunts and ultimate Frisbee, all while students explore our beautiful campus in Atchison, Kansas. [More information here.](#)

Summer Scholars Program- Miami (OH) University: The Summer Scholars Program is a week-long summer experience for high-achieving high school students who will be juniors or seniors the following fall. This program provides experiential learning opportunities that will prepare you for college and future success. The Summer Scholars curriculum is built for active learners. Students participate in lively discussions, hands-on projects, and real-world experiences with our faculty. July 9-15 or July 17-23 at Miami University in Ohio. Cost is \$730 (financial aid available). [More information here.](#)

NYU High School Programs: Students can choose from a variety of high school programs offered at NYU. Students can explore subjects like music technology, STEM research, plus many more. [More information here.](#)

George Washington University, Washington D.C. College intensive credit-earning programs and summer immersion noncredit programs in Arts, Business, Communications, Government and Politics, Health Sciences, History and Humanities, Leadership, and STEM. [More information here.](#)

Scholars Academy at Monmouth College: Are you intellectually curious? Have you shown leadership potential through participation in clubs in your community? If so, come challenge yourself further at the Scholars Academy at Monmouth College in Monmouth, Illinois.

US Naval Academy:

Summer STEM Camp | current 8th, 9th, and 10th graders

Summer Seminar | current 11th graders

United States Naval Academy Summer STEM: Are you thinking of a career as a coder, game developer, designer, or robotics engineer? Then start with the experience of a world-class program like the Naval Academy's Summer STEM Program! The Summer STEM program involves a vibrant week of problem-solving, exploratory learning, critical thinking, and team building for rising 9th-11th graders interested in a future in Science, Technology, Engineering, and Math. You'll work with students from all over the country as you test your problem-solving, creativity, and collaboration skills. Use the link below to learn more about the program and apply by no later than March 31!

2023 Summer College Opportunities

Indiana University Bloomington, IN - PreCollege Academy | July 25- July 1 ,2023

You have big dreams, and the IU Precollege Academy can help you on your path to achieving them. Apply for a seat in the program to learn more about the college experience, the admissions process, and yourself! Stay in a residence hall overnight, meet with faculty members, have fun with other students heading into their senior year, and ask all your questions. This free program allows you to see yourself as a college student—and gain the tools to make it happen.

MIZZOU MEDPREP: Medical Explorations

For those interested in careers in health care, Medical Explorations offers an opportunity to engage, explore and experience the medical field while fostering your own personal development.



ENGAGE

- Be part of a **peer club**, project group and health care team
- Work with **VoiceThread**, an interactive, collaborative communication tool
- Join **virtual social hours**
- Observe a **skills lab**

EXPLORE

- Discover **health care careers**
- Take an assessment to find your **natural strengths and talents**
- Grow your **professional development**

EXPERIENCE

- Visit University of Missouri School of Medicine Campus
- Meet health care practitioners
- Participate in **simulation activities**
- Complete and present a **group project**

2023 PROGRAM DETAILS

- Online sessions: **June 5-16**
- In-person session in Columbia or Springfield: **June 16**
- Cost: **\$75**
- Eligibility: **High school juniors and seniors**

APPLY TODAY



For more information, email mizzoumedprep@health.missouri.edu or call (573) 884-6375.