

choose

HOPE

Suicide Prevention

Rationale

- House Bill 1386 calls for a focus on early mental health intervention for all Texas secondary students, and an important component of this mandate is suicide prevention.
- According to the American Foundation for Suicide Prevention, suicide is the 2nd leading cause of death for young people in Texas.
- Each day in Texas there are more than 6 suicide deaths and 30 hospitalizations for suicide attempts, according to the Texas Department of State Health Services.
- SUICIDE IS PREVENTABLE.

Student Education

- Warning Signs
- Coping Skills
- Small group intervention
- How to report a concern

Resources

- [Youth Suicide Prevention \(Texas Suicide Prevention Council\)](#)
- [Anonymous Alerts](#)
- [Erika's Lighthouse-- Erikaslighthouse.org](#)

