

drug abuse prevention

RATIONALE

- According to the U.S. Department of Health and Human Services, substance abuse typically begins during a student's youth.
- The American Academy of Pediatrics states that drugs and alcohol alter the development of the brain and body, which can create long-term health complications.
- Since 2018, Texas Department of State Health Services found severe lung illness occurring from short-term vaping use and more than 2,700 teen hospitalizations.

RESOURCES

- Tech Insider
- National Institute on Drug Abuse
- [FDA.gov/tobacco](https://www.fda.gov/tobacco)

STUDENT EDUCATION

- National Drug & Alcohol IQ Challenge.
- Vaping Myths vs Facts
- Physical effects of drug use

* How to Say No to Drugs and Alcohol

