

WHAT ARE YOUR OPTIONS?

OPTION 1 STAY PUT

- If the shooter is close, stay in your room.
- If you are not sure where he is, listen before you run.
- **BARRICADE THE DOOR** with anything you can. **SLOW HIM DOWN or FRUSTRATE HIM SO HE MOVES ALONG.**
- **Find something to break out a window** if on the 2nd floor.
- **Find something to hit him** with if he tries to come through the door.

OPTION 2 RUN AWAY

- Get out of the building as soon as you feel reasonably safe to do so!!
- If you think it's safe to run, **take quick looks out the door** before you leave, just to be sure.
- Run **AWAY** from the sound even if the route is farther than the nearest exit.
- **BE QUIET!** Try not to draw the shooter's attention to where you are.
- **KEEP YOUR DOOR OPEN WHEN YOU LEAVE YOUR ROOM.**
- **TRY NOT TO RUN IN A STRAIGHT LINE** if possible. Make it harder for the shooter to hit you.
- **DO NOT RUN IN THE MIDDLE OF THE ROAD** because rescue personnel are driving extremely fast to get to you.
- **JUMP OUT THE WINDOW IF THAT IS YOUR ONLY WAY OUT.**

OPTION 3 FIGHT LAST OPTION

- If the shooter is trying to get into your room you must **DO WHATEVER IT TAKES TO KEEP HIM OUT!** At this point, the room and that door are your best chance.
- **STAND OFF TO THE SIDE OF THE DOOR** and hold on to the handle with everything you have. Grab a sharp object ready to stab his hand when the door opens, or use a heavy object to hit him when he tries to come in.
- Remember that you are not a trained fighter, so do not try any fancy moves. **DO WHATEVER YOU CAN TO TAKE HIM DOWN AND GET THE GUN AWAY FROM HIM - BUT DO NOT PICK UP THE GUN!** The police are here to get a shooter they will not know that you were the hero who just took down the real shooter. They will think you are the shooter and then **YOU WILL GET THE SHOT!**

PARENTS...HOW CAN YOU HELP?

- ★ Always update emergency information through all of the school's platforms.
- ★ Make sure you are on the list for all calls and you have downloaded the school app.
- ★ Tune in to local television stations to get emergency information.
- ★ Engage in an age appropriate discussion with your child.
- ★ Share this information with the adults listed on your child's emergency contact information, given to your child's school.
- ★ If you own weapons, please make sure they are properly locked in a secure safe with limited access.
- ★ See something, say something.

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FAQ

Why are schools changing from the traditional Lockdown-only policy?

The new standard-of-care emphasizes the need for proactive, options-based, strategies.

How often should training be conducted?

The more a plan is practiced and stakeholders are trained on the plan, the more effectively they will be able to act during an emergency to lessen the impact on life. Exercises provide opportunities to practice with community partners as well as to identify gaps and weaknesses in the plan.

Is ALICE Training sequential in nature?

No, ALICE Training is not designed to be sequential nor is it meant to be a checklist. ALICE Training is a list of options that can be used to stay safe in the event of a violent intruder.



A Quick Guide for A.L.I.C.E. Drills

There is no guaranteed method to deal with an active shooter situation. It does not matter how much security is present in your building because a determined bad guy is going to find his way in. IF an active shooter comes to your school, your child's best chance to make it out safely is to take the drills seriously every time.

You must impress upon your children that drills need to be taken seriously because they are training for life. Active shooter situations happen in many more places than just schools so what they practice today could save their lives. Go over this brochure with your kids every time they have an ALICE drill.

