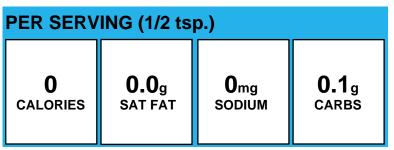
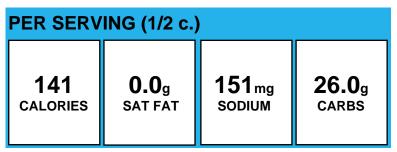
Cinnamon & Sugar



Allergens:

Made With: Cinnamon Ground (CINNAMON)

Kidney Beans



Allergens:

Made With: Low Sodium Kidney Beans (PREPARED KIDNEY BEANS, WATER, SUGAR, DEXTROSE, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)

1 % Milk

PER SERVING (8 fl. oz.)			
100	1.5 g	110 _{mg}	11.0 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: 1 % Milk (Low fat milk, Vitamins A & amp; D added)

1% Milk

PER SERVING (1/2 pt.)			
110	1.5 g	130 _{mg}	13.0 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: White Milk 1% (Lowfat milk, vitamin A palmitate, vitamin D3)

1% Milk

PER SERV	PER SERVING (1 Carton)			
100 calories	1.5g SAT FAT SODIUM 12.0g CARBS			
Allergens:	Contains Milk.			
Made With:	Milk, Smith Brothers 1% (Lowfat Milk with Vitamin A Palmitate and D3 added.)			

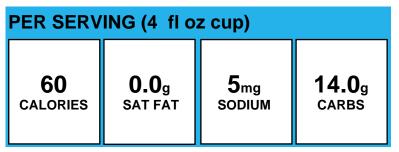
100% Apple Juice



Allergens:

Made With: Apple Juice (Water, Apple Juice Concentrate)

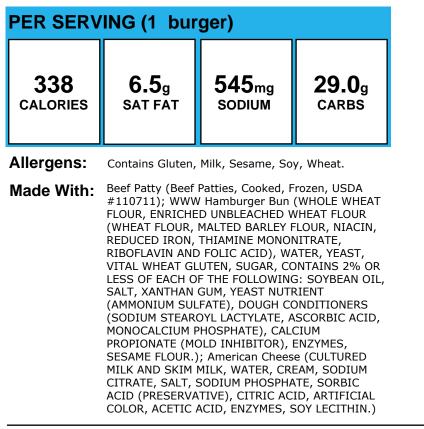
100% Apple Juice



Allergens:

Made With: Apple Juice (100% Apple Juice (Water sufficient to reconstitute Apple Juice Concentrate))

100% Beef Cheeseburger



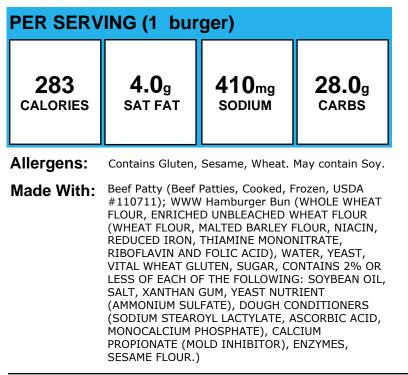
100% Beef Cheeseburger

PER SERVING (1 burger)			
329	6.5 g	643 _{mg}	28.5 g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Beef Patty (Beef Patties, Cooked, Frozen, USDA #110711); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,)

100% Beef Hamburger



100% Grape Juice

PER SERVING (4 fl oz cup)			
80	0.0 g	10 _{mg}	19.0 g
CALORIES	SAT FAT	sodium	carbs

Allergens:

Made With:	Grape Juice, 4 oz, plastic cup (WATER, GRAPE JUICE CONCENTRATE, ASCORBIC ACID (VITAMIN
	C))

100% Orange Juice

60 CALORIES0.0g SAT FAT0mg SODIUM14.0g CARBS	PER SERVING (4 fl oz cup)			
			-	

Allergens:

Made With: Orange Juice (WATER, ORANGE JUICE CONCENTRATE)

Alfredo Macaroni

PER SERVING (1 serving)			
397	6.9 g	927 _{mg}	48.5 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Wheat.

Made With: Elbow Macaroni, pasta, regular, cooked al dente (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Elbow Macaroni (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Reduced Fat Alfredo Sauce (WATER, PASTEURIZED PROCESS CHEESE (cheddar cheese, [pasteurized milk, cheese culture, salt, enzymes], water, cream,, sodium phosphates and potassium phosphates, seasoning [potassium, chloride, flavor (contains maltodextrin)], salt), NONFAT DRY MILK,, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt,, enzymes], buttermilk solids, butter), CONTAINS LESS THAN 2% OF, ROMANO CHEESE (sheep's milk, cheese culture, salt, enzymes,, calcium propionate), BUTTER FLAVORING (whey solids, enzymemodified butter [butter, buttermilk powder, enzymes], maltodextrin,, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto, and turmeric [for color]), MODIFIED FOOD STARCH, SODIUM, PHOSPHATES AND POTASSIUM PHOSPHATES, DEHYDRATED, GARLIC, SPICES, CITRIC ACID.); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),); Lowfat White Milk (LOWFAT MILK, VITAMIN A PALMITATE, VITAMIN D3); Panko Bread Crumbs (WHEAT FLOUR, SUGAR, YEAST, SALT)

American Sub

PER SERVING (1 sandwich)			
350 calories	4.3 g SAT FAT	910 _{mg} sodium	32.0 g carbs
Allergens:	Contains Gluten, Egg.	Milk, Soy, Wheat.	May contain
Made With:	roll = 2 oz eq gra whole grain, proc 2 oz eq grain), (WATER, WHOLE UNBLEACHED WH NIACIN, IRON AS MONONITRATE, I ACID), YEAST, S' OIL, CONTAINS I FOLLOWING: OA FLAVOR (CONTAI SALT, HONEY, EM ASCORBIC ACID, Phosphated Mond Propellant.)); Par Mono & amp; amp Turkey Breast (T Broth, Contains 2 Potassium Chlori Rosemary Extrac	, side slice, whole ain), Recipe (Sub offed and stretched Recipe (Whole Gra WHEAT FLOUR, E HEAT FLOUR (WHE S FERROUS SULFA ENZYME, RIBOFLA UGAR, WHEAT GLU LESS THAN 2% OF FIBER, FRUCTOS INS WHEAT INGRE NZYMES (CONTAIN SALT.); Pan Spra b & amp; amp; amp n Spray (Canola O b; Diglycerides, Pro- urkey Breast, Whit 2% or Less Modifie de, Sodium Phospl t); Deli Turkey Ha ntains 2% Or Less	Roll Dough, Richs (1 roll = ain Sub Roll NRICHED AT FLOUR, TE, THIAMINE VIN, FOLIC JTEN, SOYBEAN THE SE, NATURAL EDIENTS), SEA IS WHEAT), IY (Canola Oil, ; Diglycerides, il, Phosphated opellant.)); Roast te Turkey, Turkey ed Food Starch, hate, Salt, m (Turkey Thigh

(Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.); American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Citrate, Salt, Artificial Color (if colored), Sodium Phosphate, Sorbic Acid (preservative), Enzymes, Soy Lecithin (non-sticking agent)); Lettuce, Iceburg, shredded, ready-toserve (Shredded Lettuce (ICEBERG LETTUCE))

American Sub

PER SERVING (1 sandwich)			
317	5.7 g	977 _{mg}	32.4 g
calories	SAT FAT	sodium	carbs

- Allergens: Contains Gluten, Milk, Soy, Wheat. May contain Egg.
- Made With: Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eq grain), Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eg grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; amp; Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), Color Added, Soy Lecithin For Separation.,); Deli Smoked Turkey (Turkey, Deli Breast, Smoked, Sliced, USDA #110910); Deli Turkey Ham (See product packaging for sub-ingredients and allergens. Allergen Information: The specification for this product requires that there be no gluten or soy used in the formulation. Please be sure to verify this information using the allergen, statement on the product packaging upon receipt. For more information, please contact the product manufacturer directly); Lettuce, Iceburg, shredded, ready-to-serve (Shredded Lettuce (ICEBERG LETTUCE))

Apple Cinnamon Muffin

PER SERVING (1 muffin)			
180	2.0 g	125 _{mg}	31.0 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Muffin, apple cinnamon, Delicious Essentials, Otis Spunkmeyer, WGR, 2 oz (WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID [VITAMIN C]), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, OAT FIBER, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, CINNAMON, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, SOY LECITHIN, NATURAL FLAVORS, SODIUM STEAROYL LACTYLATE, CARAMEL COLOR, ENZYMES.)

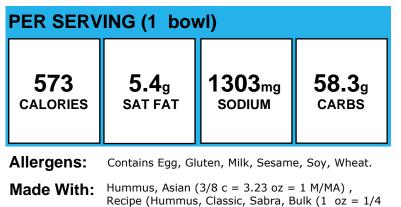
Applesauce cups

PER SERVING (4 1/2 oz 1 serving)			
49	0.0 g	2 _{mg}	13.4 _g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Applesauce cups, USDA (*Refer to label on product received.)

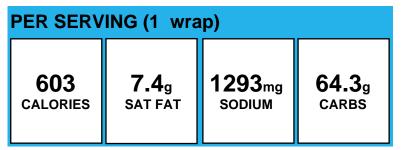
Asian Hummus Bowl



Powered by PrimeroEdge for: Lake Washington School District No.

cup= 1/2 M/MA) (Plain Hummus (Cooked Chickpeas, (Water, Chickpeas), Water, Tahini (Ground Sesame), Soybean Oil, Garlic, Salt, Citric Acid, Potassium Sorbate To Maintain Freshness.)); Asian Ginger Sauce, greek yogurt, mayonnaise, mustard, rice vinegar, soy sauce (Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)* SPICE, CITRIC ACID, XANTHAN GUM*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5*. *INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Seasoned Rice Wine Vinegar (RICE WINE VINEGAR (REDUCED WITH WATER TO 4.5% ACIDITY BY VOLUME), SUGAR, SALT, POTASSIUM METABISULFITE (AS PRESERVATIVE), CARAMEL COLOR.); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Garlic Granulated (GRANULATED GARLIC); Ginger Ground (GROUND GINGER)); Sriracha Sauce (CHILI PEPPER, VINEGAR, GARLIC, SUGAR, SALT, WATER, NATURAL FLAVORS, XANTHAN GUM, LESS THAN 0.1% POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Garlic Powder (GARLIC POWDER); Ginger Ground (GROUND GINGER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Asian Bean Salsa (1/2 c = 3.5 oz= 1/4c legume+ 1/4c other veg) (Beans, cannellini, white kidney, canned, drained, ready-to-serve (1/2c=3.3oz=1/2c legume or 2oz M/MA), Recipe (Cannellini Beans (white kidney) (PREPARED CANNELLINI BEANS, WATER, SALT, AND CALCIUM DISODIUM EDTA (TO PROMOTE COLOR RETENTION).)); Beans, Soy, frozen edamame, tempered, ready-to-serve (Edamame (EDAMAME (SOYBEANS))); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS) WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cucumbers, unpared, 1/4-inch diced, ready-to-serve (1/2c = 2.8 oz = 1/2c other veg), Recipe (Cucumber (CUCUMBER)); Carrot (CARROTS); Seasoned Rice Wine Vinegar (RICE WINE VINEGAR (REDUCED WITH WATER TO 4.5% ACIDITY BY VOLUME), SUGAR, SALT, POTASSIUM METABISULFITE (AS PRESERVATIVE), CARAMEL COLOR.); Granulated Sugar (SUGAR); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Whole Grain Oven Fired Flatbread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST,

Asian Hummus Wrap



Allergens: Contains Egg, Gluten, Milk, Sesame, Soy, Wheat. Hummus, Asian (3/8 c = 3.23 oz = 1 M/MA), Made With: Recipe (Hummus, Classic, Sabra, Bulk (1 oz = 1/4cup= 1/2 M/MA) (Plain Hummus (Cooked Chickpeas, (Water, Chickpeas), Water, Tahini (Ground Sesame), Soybean Oil, Garlic, Salt, Citric Acid, Potassium Sorbate To Maintain Freshness.)); Asian Ginger Sauce, greek yogurt, mayonnaise, mustard, rice vinegar, soy sauce (Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)* SPICE, CITRIC ACID, XANTHAN GUM*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5*. *INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Seasoned Rice Wine Vinegar (RICE WINE VINEGAR (REDUCED WITH WATER TO 4.5% ACIDITY BY VOLUME), SUGAR, SALT, POTASSIUM METABISULFITE (AS PRESERVATIVE), CARAMEL COLOR.); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Garlic Granulated (GRANULATED GARLIC); Ginger Ground (GROUND GINGER)); Sriracha Sauce (CHILI PEPPER, VINEGAR, GARLIC, SUGAR, SALT, WATER, NATURAL FLAVORS, XANTHAN GUM, LESS THAN 0.1% POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Garlic Powder (GARLIC POWDER); Ginger Ground (GROUND GINGER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Asian Bean Salsa (1/2 c = 3.5 oz= 1/4c legume+ 1/4c other veg) (Beans, cannellini, white kidney, canned, drained, ready-to-serve (1/2c=3.3oz=1/2c legume or 2oz M/MA), Recipe (Cannellini Beans (white kidney) (PREPARED CANNELLINI BEANS, WATER, SALT, AND CALCIUM DISODIUM EDTA (TO PROMOTE COLOR RETENTION).)); Beans, Soy, frozen edamame, tempered, ready-to-serve (Edamame (EDAMAME (SOYBEANS))); Peppers, jalapeno, sliced, canned, drained, ready-to-serve

(Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cucumbers, unpared, 1/4-inch diced, ready-to-serve (1/2c = 2.8 oz = 1/2c other veg), Recipe (Cucumber (CUCUMBER)); Carrot (CARROTS); Seasoned Rice Wine Vinegar (RICE WINE VINEGAR (REDUCED WITH WATER TO 4.5% ACIDITY BY VOLUME), SUGAR, SALT, POTASSIUM METABISULFITE (AS PRESERVATIVE), CARAMEL COLOR.); Granulated Sugar (SUGAR); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).)

Asian Sweet Chili Barbecue Sauce



Allergens: Contains Gluten, Soy, Wheat.

Made With: Ketchup (Back of the House) (Tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, slat, spice, onion powder, natural flavoring.); Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.); Light Brown Sugar (BROWN SUGAR); Sriracha Sauce (CHILI PEPPER, VINEGAR, GARLIC, SUGAR, SALT, WATER, NATURAL FLAVORS, XANTHAN GUM, LESS THAN 0.1% POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES); Ginger Ground (GROUND GINGER)

Aztec Corn

PER SERVING (1/2 c.)				
90	0.1 g	46 _{mg}	17.2 g	
calories	SAT FAT	sodium	carbs	

Allergens:

Made With: Corn (SWEET CORN); Beans, black, canned, drained, ready-to-serve (1/2c=3.1oz=1/2c legume or 2oz M/MA) , Recipe (Low Sodium Black Beans (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT).)); Salsa (Peeled tomatoes, tomato puree, fresh or dried onions, green peppers, garlic, jalapenos.); Peppers, red, sweet (bell), 1/4-inch diced, readyto-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg) , Recipe (Fresh Cilantro (CILANTRO LEAVES)); Light Chile Powder (INGREDIENTS: CHILI PEPPER, SPICES, SALT, GARLIC, AND SILICON DIOXIDE (TO MAKE FREE FLOWING).); Cumin Ground (CUMIN); Paprika (PAPRIKA); Onion Powder (ONION POWDER)

Baby Carrots

PER SERVING (1/2 c.)				
25	0.0 g	57 _{mg}	6.0 g	
calories	SAT FAT	sodium	carbs	

Allergens:

Made With: Baby Carrots (CARROTS)

Bacon Cheeseburger

PER SERVING (1 burger)				
329	4.9 g	590 _{mg}	30.5 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Beef Patty with Mushrooms (GROUND BEEF (NOT MORE THAN 20% FAT), MUSHROOMS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), WATER, CONTAINS 2% OR LESS OF: POTASSIUM CHLORIDE, YEAST EXTRACT, NATURAL FLAVORING, POTATO MALTODEXTRIN, MALTODEXTRIN, SOYBEAN OIL, GRILL FLAVOR (FROM SUNFLOWER OIL), MODIFIED CORN STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CORN SYRUP SOLIDS, SALT, SODIUM PHOSPHATE, CARAMEL COLOR.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,); Bacon (Pork Cured with Water, Salt, Sugar, Smoke, Flavoring, Sodium Phosphates, Sodium, Erythorbate, Sodium Nitrite.)

Bacon Cheeseburger

PER SERVING (1 burger)				
355 calories	7.2 g SAT FAT	736 mg SODIUM	28.7 g carbs	
Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.				

Made With: Beef Patty (Beef Patties, Cooked, Frozen, USDA #110711); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,); Bacon (Pork Cured with Water, Salt, Sugar, Smoke, Flavoring, Sodium Phosphates, Sodium, Erythorbate, Sodium Nitrite.)

Bacon Cheeseburger

PER SERVING (1 burger)					
365 calories	365 7.2g 638mg 29.2g				

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Beef Patty (Beef Patties, Cooked, Frozen, USDA #110711); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); American Cheese (CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN.); Bacon (Pork Cured with Water, Salt, Sugar, Smoke , Flavoring, Sodium Phosphates, Sodium , Erythorbate, Sodium Nitrite.)

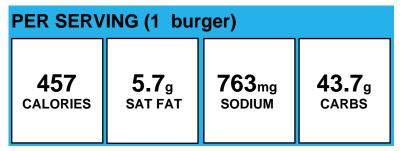
Bacon Crumble

PER SERVING (1 tbsp.)				
35	1.0 g	115 _{mg}	0.0 g	
calories	SAT FAT	sodium	carbs	

Allergens:

Made With: Bacon Chips (FRESH PORK BELLIES, CURED WITH WATER, SALT, MAY CONTAIN LESS THAN 2% SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE)

Bacon Swiss Chicken Burger



Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Sliced Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES); Bacon (Pork Cured with Water, Salt, Sugar, Smoke, Flavoring, Sodium Phosphates, Sodium, Erythorbate, Sodium Nitrite.)

Baked Biscuit

PER SERVING (1 biscuit)				
190 calories	6.0 g SAT FAT	310 _{mg} sodium	24.0 g carbs	
Allergens:	Contains Gluten,	Milk, Wheat.		
Made With:	Whole Grain Biscuit (WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY, FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, PALM KERNEL OIL, SUGAR, BAKING SODA, CALCIUM, ACID PYROPHOSPHATE, BUTTERMILK, SALT, SODIUM ALUMINUM PHOSPHATE, PECTIN.)			

Baked French Fries

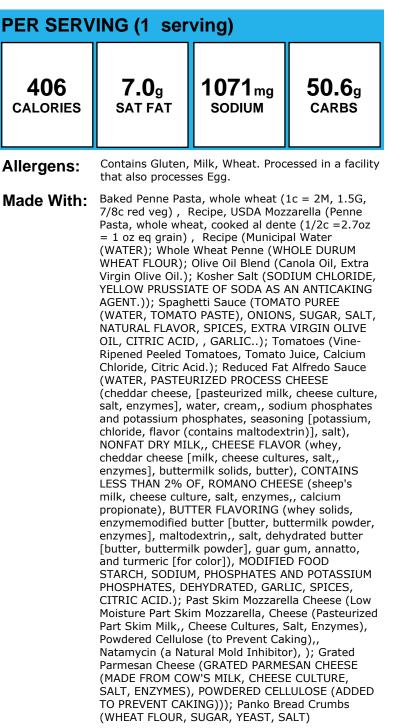
PER SERVING (1/2 c.)				
90	0.0 g	30 mg	16.1 g	
calories	SAT FAT	SODIUM	carbs	

Allergens:

Made With: French Fries (Potatoes, Vegetable Oil (Contains One Or More Of, The Following Oils: Canola, Soybean, Cottonseed, Sunflower,, Corn), Potato Starch -Modified. Contains 2% or less of Dextrin,, Dextrose, Extractive of Paprika (color), Extractive of Turmeric, (color), Leavening (Sodium Acid Pyrophosphate, Sodium, Bicarbonate), Pea Fiber, Pea Protein, Rice Flour, Sodium Acid, Pyrophosphate Added To Maintain Color, Xanthan Gum.)



Baked Penne Pasta



Baked Potato

PER SERVING (1 potato)				
172	0.4 g	19 mg	29.6 g	
calories	SAT FAT	sodiuм	carbs	

Allergens:

Made With: Russet Potato (RUSSET POTATO); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.)

Banana

PER SERVING (1 medium (7" to 7-7/8" long))				
105 CALORIES0.1g SAT FAT1mg SODIUM27.0g 				

Allergens:

Made With: Banana (BANANA)

Banh Mi Burger

PER SERVING (1 burger)				
290	4.0 g	520mg	29.7 g	
calories	SAT FAT	SODIUM	carbs	

- Allergens: Contains Gluten, Sesame, Wheat. May contain Soy.
- Made With: Beef Patty (Beef Patties, Cooked, Frozen, USDA #110711); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Quick Pickle Cucumbers, sugar, cilantro (1/4c = 1.14 oz = 1/4c other veg), Recipe (Cucumbers, unpared, 1/4-inch sliced, ready-toserve(1/2c = 2.17oz = 8 slice = 1/2c other veg), Recipe (Cucumber (CUCUMBER)); Granulated Sugar (SUGAR); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Fresh Cilantro (CILANTRO LEAVES)

Barbecue Sauce

PER SERVING (2 tbsp.)				
30	0.0 g	470 _{mg}	7.0 g	
calories	SAT FAT	sodium	carbs	

Allergens:

Made With: Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. *DEHYDRATED)

Basil Corn Salad

PER SERVING (1/2 c.)				
103	0.3 g	297 _{mg}	16.8 g	
CALORIES	SAT FAT	SODIUM	carbs	

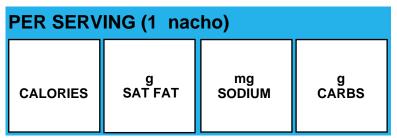
Allergens:

Made With: Corn (SWEET CORN); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Basil, finely chopped, Recipe (Fresh Basil (BASIL)); Red Wine Vinegar (RED WINE VINEGAR (DILUTED WITH WATER TO 5% ACIDITY), POTASSIUM METABISULFITE (A PRESERVATIVE).); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

BBQ Chicken Sub

PER SERVING (1 sandwich)					
373 calories	4.0 g SAT FAT	871 _{mg} sodium	39.5 g carbs		
Allergens:	Contains Gluten, Soy.	Milk, Wheat. May	contain Egg,		
Made With:	and allergens); S proofed and street grain), Recipe (WHOLE WHEAT F WHEAT FLOUR (W FERROUS SULFAT ENZYME, RIBOFL SUGAR, WHEAT (C ENSTHAN 2% (C FRUCTOSE, NATU INGREDIENTS), S (CONTAINS WHE Spray (Canola Oi Diglycerides, Pro (TOMATO PUREE DISTILLED VINE(C BRAN, CONTAINS) STARCH, NATURA SPICES, MOLASS NATURAL FLAVOI *DEHYDRATED);	trips (See Label fc Sub Roll Dough, wh tched, Richs (1 rol Whole Grain Sub F FLOUR, ENRICHED WHEAT FLOUR, NJ, TE, THIAMINE MOI AVIN, FOLIC ACID GLUTEN, SOYBEAN OF THE FOLLOWIN JRAL FLAVOR (CO SEA SALT, HONEY, AT), ASCORBIC A I, Phosphated Mor pellant.)); Smokey (WATER, TOMATC GAR, SUGAR, SAL S LESS THAN 2% (AL HICKORY SMOH SES, GARLIC*, CEL RS, TAMARIND CC Shredded Chedda e Label for ingredic	nole grain, I = 2 oz eq Roll (WATER, UNBLEACHED ACIN, IRON AS NONITRATE,)), YEAST, N OIL, CONTAINS G: OAT FIBER, NTAINS WHEAT , ENZYMES CID, SALT.); Pan no & amp; amp; y BBQ Sauce D PASTE), T, MUSTARD DF CORN KE FLAVOR, LERY SEED, NCENTRATE. ar Cheese		

BBQ Nachos



Allergens:

Made With:

BBQ Pork Riblet Sandwich



BBQ Pulled Pork Sandwich

PER SERVING (1 sandwich)				
346	4.0 g	975 _{mg}	32.6 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Sesame, Wheat. May contain Soy.

Made With: USDA Pulled Pork (This item is a fully cooked, minimally seasoned pulled pork. This product is delivered frozen in cases containing eight 5-pound or four 10-pound packages.,); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. *DEHYDRATED)

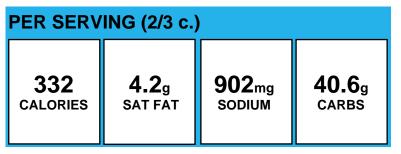
BBQ Totchos

PER SERVING (1 nacho)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

Allergens:

Made With:

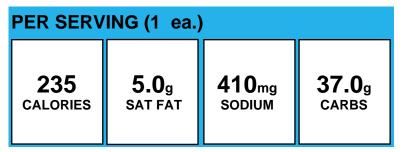
Beefy Mac



Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Spaghetti Sauce (TOMATO PUREE (WATER, TOMATC PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC..); Elbow Macaroni, pasta, regular, cooked al dente (1/2c = 1 oz eq grain) , Recipe (Municipal Water (WATER); Elbow Macaroni (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Beef Crumble (GROUND BEEF (NO MORE THAN 30% FAT), WATER, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [B1], PYRIDOXINE HYDROCHLORIDE [B6], RIBOFLAVIN [B2], CYANOCOBALAMIN [B12]), SALT, FLAVORINGS, SODIUM PHOSPHATE.); Tomato; Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens)

Biscuit with Grape Jelly



Allergens: Contains Gluten, Milk, Wheat.

Made With: Biscuit, baked, Easy Split, Pillsbury, Buttermilk, 2.25 oz (1 biscuit=2 oz grain) (Enriched Flour Bleached (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Buttermilk, Sugar, Palm Kernel Oil, Calcium Acid Pyrophosphate, Baking Soda, Salt, Sodium Aluminum Phosphate, Pectin, Natural And Artificial Flavor. Contains Wheat And Milk Ingredients.); Concord Grape Jelly Packet (CONCORD GRAPE JUICE, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, FRUIT PECTIN, CITRIC ACID, SODIUM CITRATE)

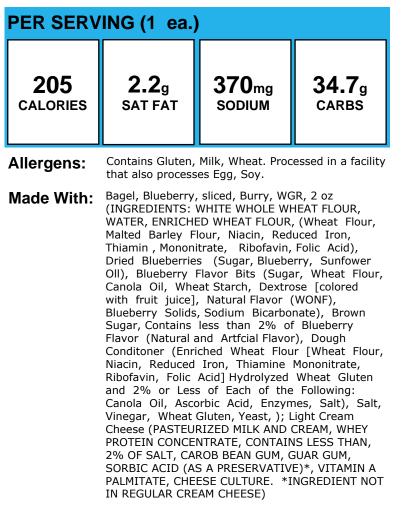
Blue Ribbon Slaw

PER SERVING (1/2 c.)				
44	0.0 g	114 _{mg}	10.4 g	
CALORIES	SAT FAT	sodium	carbs	

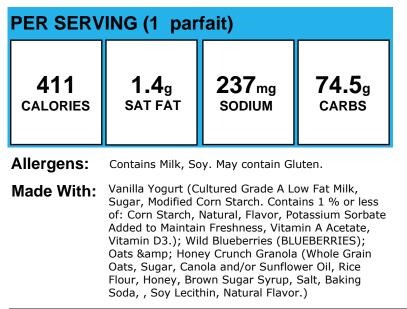
Allergens:

Made With: Green Cabbage (GREEN CABBAGE); Slaw Juice, cider vinegar, lime juice, sugar (not creditable), Recipe (Apple Cider (APPLE CIDER VINEGAR (DILUTED WITH WATER TO 5% ACIDITY)); Granulated Sugar (SUGAR); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).)); Carrot (CARROTS); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Black Pepper Ground (BLACK PEPPER); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Celery Seed (CELERY SEED)

Blueberry Bagel w/ Cream Cheese Burry



Blueberry Fruit & Yogurt Parfait



Blueberry Muffin

PER SERVING (1 muffin)				
190	2.0 g	130 _{mg}	30.0 g	
calories	SAT FAT	sodium	carbs	

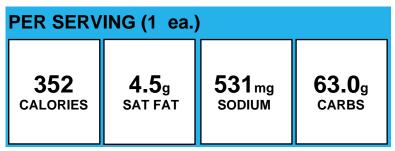
Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Whole Grain Blueberry Muffin (WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID [TO RETAIN COLOR]), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FRACTIONATED INTERESTERIFIED PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, OAT FIBER, MONO- AND DIGLYCERIDES, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), CINNAMON, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, NATURAL APPLE FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, CARAMEL COLOR, ENZYMES.)

Blueberry Muffin Square

PER SERVING (1 ea.)						
352 calories	4.5g SAT FAT SODIUM 62.9g CARBS					
Allergens: Made With:	Contains Egg, Gluten, Milk, Soy, Wheat. Muffin (WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING, (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM, SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR.); Blueberries, highbrush, frozen (Blueberries					

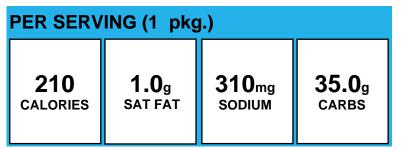
Blueberry Muffin Square



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Muffin (WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING, (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM, SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR.); Municipal Water (WATER); Wild Blueberries (BLUEBERRIES)

Blueberry Pancake Bites



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Pancakes, mini, blueberry, WGR, Eggo Bites Made With: (WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, PALM KERNEL, AND/OR CANOLA OIL), BUTTERMILK, EGGS, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, SALT, NATURAL FLAVORS, CORN CEREAL, YELLOW CORN FLOUR, CORNSTARCH, CORN SYRUP SOLIDS, BLACK CARROT JUICE CONCENTRATE FOR COLOR, BLUEBERRY JUICE CONCENTRATE FOR COLOR, SOY LECITHIN, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B6 (PYRODOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B12.)



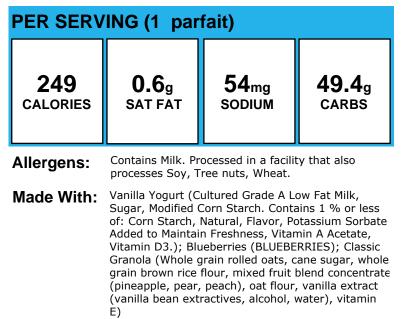
Blueberry Parfait

PER SERVING (1 parfait)				
190	0.5 g	123 _{mg}	39.3 g	
calories	SAT FAT	sodium	carbs	

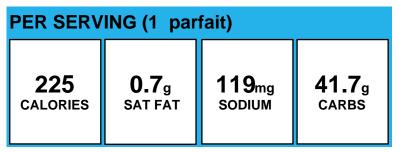
Allergens: Contains Milk.

Made With: Vanilla Yogurt (Cultured Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Blueberries (BLUEBERRIES); Cheerios Cereal (Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to , Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin, (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic , acid), Vitamin B12, Vitamin D3.)

Blueberry Patch Parfait



Blueberry Patch Parfait



Allergens: Contains Milk, Soy. May contain Gluten.

Made With: Vanilla Yogurt (Cultured Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Wild Blueberries (BLUEBERRIES); Oats & amp; Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, , Soy Lecithin, Natural Flavor.)

Bread Roll

PER SERVING (2 roll.)				
140	0.0 g	180 _{mg}	26.0 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: WWW Tea Roll (WHOLE GRAIN WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin and Folic Acid), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: Vegetable oil (canola and/or soy), Salt, Guar and/or Xanthan Gum, Yeast Nutrient (Ammonium Sulfate), Dough Conditioners (Monodiglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Monocalcium Phosphate, Calcium Propionate (Mold Inhibitor), Calcium Sulfate, Enzymes)

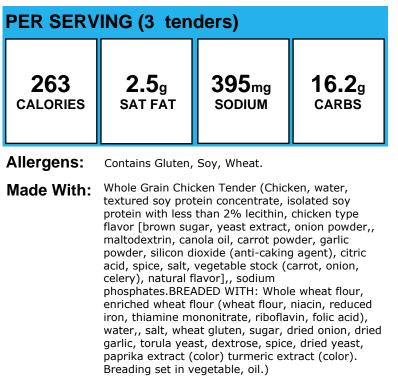
Breaded Chicken Patty

PER SERVING (1 patty)				
240	2.5 g	440 _{mg}	16.0 g	
calories	SAT FAT	SODIUM	carbs	

Allergens: Contains Gluten, Soy, Wheat.

Made With: Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.)

Breaded Chicken Tender



Breaded Fish Patty

PER SERVING (1 patty)				
170	1.0 g	270 _{mg}	16.0 g	
calories	SAT FAT	SODIUM	carbs	

Allergens: Contains Fish, Gluten, Milk, Wheat.

Made With: Fish Patty, whole grain golden crunchy, Alaskan Pollock (1.3% ALASKA POLLOCK; 28.7% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHOLE YELLOW, CORN MEAL, WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DEHYDRATED ONION, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, ANNATTO AND, TURMERIC (COLOR). PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK)

Breadstick

	-			
PER SERV	PER SERVING (1 breadstick)			
80 calories	0.0 g SAT FAT	95 _{mg} sodium	14.0 g carbs	
Allergens:	Contains Gluten, Soy, Wheat. May contain Egg, Milk.			
Made With:	Breadstick Dgh (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF THE FOLLOWING: FRUCTOSE, SOYBEAN OIL, OAT FIBER, SEA SALT, HONEY, SOY LECITHIN, NATURAL FLAVOR, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; Diglycerides, Propellant.)			

Breakfast on a Stick

PER SERVING (1 stick.)				
190	2.5 g	310 _{mg}	17.0 g	
calories	SAT FAT	sodium	carbs	

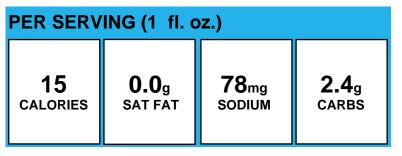
Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Whole Grain Pancake with Turkey Sausage (GROUND TURKEY AND VEGETABLE PROTEIN LINK INGREDIENTS: GROUND TURKEY, MECHANICALLY, SEPARATED TURKEY, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN, CONCENTRATE, ZINC OXIDE, NIÀCINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A, PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE,, RIBOFLAVIN, CYANOCOBALAMIN), CONTAINS 2% OR LESS OF SALT, SPICES, SODIUM PHOSPHATE,, POTASSIUM CHLORIDE, NATURAL FLAVORING, SUGAR, SODIUM NITRITE. BATTER INGREDIENTS:, WATER, WHOLE WHEAT FLOUR, SUGAR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF LEAVENING, (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), EGG YOLK, SOY FLOUR, SALT, NATURAL, MAPLE FLAVOR FRIED IN VEGETABLE OIL.)

Broth- Pho, Vegetable

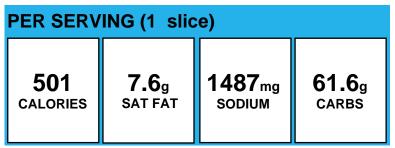
PER SERVING (1 c.)				
24 calories	0.2 g SAT FAT	43 _{mg} sodium	2.7 g carbs	
Allergens:	Contains Sesame.			
Made With:	Municipal Water (WATER); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg) , Recipe (Yellow Onion (YELLOW ONION)); Ginger Root; Vegetable Soup Base (VEGETABLES (ONIONS, CELERY, CARROTS), MALTODEXTRIN, SUGAR, YEAST EXTRACT, ONION POWDER, SALT, POTASSIUM CHLORIDE, CORN OIL, CARROT POWDER, WATER, MODIFIED TAPIOCA STARCH, CARROT JUICE CONCENTRATE, TOMATO PASTE, GARLIC POWDER, NATURAL FLAVOR, DISODIUM GUANYLATE, DISODIUM INOSINATE, CITRIC ACID, EXTRACTIVES OF PAPRIKA.); Sesame Seed Oil (SESAME OIL)			

Brown Gravy



Allergens: Contains Soy. Made With: Municipal Water (WATER); Low Sodium Brown Gravy (MODIFIED CORN STARCH, PEA FLOUR, YEAST EXTRACT, PALM OIL, ONION POWDER, MALTODEXTRIN, SUGAR, SALT, NATURAL FLAVOR, CARAMEL COLOR (SULFITES), SOY LECITHIN, CELERY POWDER, CARROT POWDER, POTASSIUM CHLORIDE, MUSHROOM EXTRACT, DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, GARLIC POWDER, CITRIC ACID.)

Buffalo Chicken Pizza



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Pizza Dough, Richs White 16-inch, Oven Rise Made With: w/Sauce Ring, 27.5 oz (8-cut=3 oz; 10-cut=2.25 oz grain) (Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: PALM OIL, SUGAR, SOYBEAN OIL, SALT, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), BUTTERMILK, PASTEURIZED PART SKIM MILK, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY POWDER (A MILK DERIVATIVE), GARLIC POWDER, CHEESE CULTURE, GUAR GUM, MALTED BARLEY FLOUR, DEXTROSE, XANTHAN GUM, DATEM, ENZYME, SODIUM PHOSPHATE, LACTIC ACID, ASCORBIC ACID.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Buffalo Chicken, Tyson popcorn, Franks hot sauce (12 pieces=4.6 oz=2 oz M/MA+1 oz grain), Recipe (Popcorn Chicken, Tyson (12 pieces = 3.36 oz = 2 oz M/MA + 1 oz eq grain, Recipe (Golden Crispy Popcorn Chicken (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour,



enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.)); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),); Pizza Sauce (VINE-RIPENED FRESH TOMATOES, SUGAR, SALT, SEASONING (SPICES, SALT, GARLIC POWDER), EXTRA VIRGIN OLIVE OIL); Yellow Cheddar Cheese (Cheddar Cheese (Cultured Pasteurized, Milk, Salt, Enzymes, Color Added [If, Colored], Anticake (Potato Starch, , Powdered Cellulose)); Buffalo Side Vegetables, carrots, celery, cucumber (1/4c = 1/8c)other + 1/8c red veg), Recipe (Carrot (CARROTS); Cucumbers, unpared, 1/4-inch diced, ready-to-serve (1/2c = 2.8 oz = 1/2c other veg), Recipe (Cucumber (CUCUMBER)); Celery (CELERY)); Banana Pepper Sauce, ranch, greek yogurt, Franks hot sauce (Reduced Calorie Ranch Dressing (WATER, CULTURED LOWFAT BUTTERMILK, CORN SYRUP, SOYBEAN OIL, RANCH SEASONING & amp; amp; SPICES (SALT, FOOD STARCH-MODIFIED, MONOSODIUM GLUTAMATE, SUGAR, DRIED GARLIC, DRIED ONION, NATURAL AND ARTIFICIAL FLAVOR [INCLUDES MILK, SOYBEAN], WHEY PROTEIN CONCENTRATE, CORN SYRUP, SPICES, XANTHAN GUM, SORBIC ACID AND CALCIUM DISODIUM EDTA AS PRESERVATIVES, CITRIC ACID, CALCIUM STEARATE), DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF EGG YOLKS, CULTURED BUTTERMILK, WHEY, FOOD STARCH-MODIFIED, SALT, NATURAL FLAVOR (INCLUDES MILK), PHOSPHORIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), ARTIFICIAL COLOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR.); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.); Peppers, banana, sliced, canned, drained, ready-to-serve (1/2c = 1.8oz = 1/2c other), Recipe (Mild Banana Pepper Rings (FRESH BANANA PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Mild Banana Peppers (FRESH BANANA PEPPERS) WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Onion, green, sliced (1/2c = 2.2 oz)= 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Garlic Seasoned Oil, Italian seasoning (Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.))

Buffalo Chicken Salad

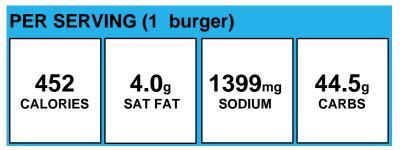
PER SERVING (1 salad)			
313	4.8 g	1476 mg	22.3 g
CALORIES	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Mixed Salad Greens, Romaine blend, spinach (2c = 5 oz = 1/2 c dark green + 1/2 c other veg, Recipe (Salad Mix (ROMAINE LETTUCE, ICEBERG LETTUCE); Fresh Spinach (SPINACH)); Buffalo Chicken, Tyson popcorn, Franks hot sauce (12 pieces=4.6 oz=2 oz M/MA+1 oz grain), Recipe (Popcorn Chicken, Tyson (12 pieces = 3.36 oz = 2oz M/MA + 1 oz eq grain), Recipe (Golden Crispy Popcorn Chicken (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.)); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)); Tomatoes, fresh, 1/4-inch diced, ready-to-serve (1/2c = 4.2 oz = 1/2c red/orange veg), Recipe (Tomato (TOMATO)); Buffalo Side Vegetables, carrots, celery, cucumber (1/4c = 1/8cother + 1/8c red veg) , Recipe (Carrot (CARROTS); Cucumbers, unpared, 1/4-inch diced, ready-toserve (1/2c = 2.8 oz = 1/2c other veg), Recipe (Cucumber (CUCUMBER)); Celery (CELERY)); Shredded Mild Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO (IF COLORED), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING.); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS))



Buffalo Chicken Sandwich



Allergens: Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.

Made With: Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.); Thick & amp; Chunky Blue Cheese Dressing (SOYBEAN OIL, BLUE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN AS AN ANTI-MYCOTIC AGENT), CULTURED LOWFAT BUTTERMILK, WATER, HIGH FRUCTOSE CORN SYRUP, EGG YOLKS, DISTILLED VINEGAR, CIDER VINEGAR, CORN VINEGAR, CONTAINS LESS THAN 2% OF SALT, SUGAR, NATURAL & amp; ARTIFICIAL FLAVORS (INCLUDES MILK), PHOSPHORIC ACID, XANTHAN GUM, PROPYLENE GLYCOL ALGINATE, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), CARAMEL COLOR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA-APO-8 '-CAROTENAL (COLOR). CONTAINS: MILK, EGG.)

Buffalo Chicken Wrap

PER SERVING (1 wrap)			
393	7.2 g	1122 _{mg}	39.8 g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Wheat.

Made With: Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).); Filling, Buffalo Chicken, USDA Unseasoned (Grilled Chicken Strips (See Label for ingredients and allergens); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)); Yellow Cheddar Cheese (Cheddar Cheese (Cultured Pasteurized, Milk, Salt, Enzymes, Color Added [If , Colored], Anticake (Potato Starch, , Powdered Cellulose))

Buffalo Chicken Wrap

PER SERVING (1 wrap)

382	6.7 g	1131 _{mg}	39.8 g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Wheat.

Made With: Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).); Filling, Buffalo Chicken, USDA Unseasoned (Grilled Chicken Strips (See Label for ingredients and allergens); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens)

Buffalo Side Vegetables

PER SERVING (1/2 c.)			
15	0.0 g	27 _{mg}	3.3 g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Carrot (CARROTS); Cucumbers, unpared, 1/4-inch diced, ready-to-serve (1/2c = 2.8 oz = 1/2c other veg), Recipe (Cucumber (CUCUMBER)); Celery (CELERY)

Buttery Whole Grain Toast

PER SERVING (1 slice)				
95 calories	0.8 g SAT FAT	125 _{mg} sodium	14.3 _g carbs	
Allergens:	Contains Gluten,	Milk, Soy, Wheat.		
Made With:	Contains Gluten, Milk, Soy, Wheat. 51%WWW Sandwich Bread (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES.); Margarine (VEGETABLE OIL BLEND (PALM OIL AND SOYBEAN OIL) WATER, SALT, CONTAINS LESS THAN 2% OF NONFAT DRY MILK, SOY LECITHIN, VEGETABLE MONO & amp; DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & amp; ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED.)			

Canned Corn



Allergens:

Made With: Canned Corn (Nutrient values in this section are from the, USDA Food Composition Database or are, representative values from USDA Foods vendor, labels. Please refer to the product's Nutrition, Facts label or ingredient list for product-specific, information. , Product not permitted to contain top 8 allergens, but check packing to ensure.)

Carnitas

PER SERVING (1 1/2 oz.)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Pork; Onion, yellow, 1/4-inch diced, ready-to-serve Made With: (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Orange Juice (WATER, ORANGE JUICE CONCENTRATE); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Light Chile Powder (INGREDIENTS: CHILI PEPPER, SPICES, SALT, GARLIC, AND SILICON DIOXIDE (TO MAKE FREE FLOWING).); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Garlic Powder (GARLIC POWDER); Black Pepper Ground (BLACK PEPPER); Ground Oregano (DRIED OREGANO); Cumin Ground (CUMIN); Cayenne Pepper (CAYENNE PEPPER)

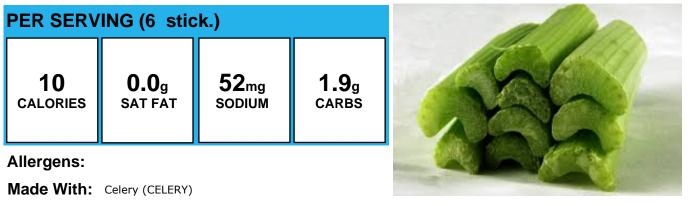
Carolinian Barbecue Sauce

PER SERVING (2 tbsp.)			
37	0.0 g	257 _{mg}	9.2 g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Crustacean Shellfish, Fish, Soy.

Made With: Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Light Brown Sugar (BROWN SUGAR); Apple Cider (APPLE CIDER VINEGAR (DILUTED WITH WATER TO 5% ACIDITY)); Worcestershire (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, SUGAR, SPICES, ANCHOVIES, NATURAL FLAVOR (CONTAINS SOY), AND TAMARIND.); Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.); Black Pepper Ground (BLACK PEPPER)

Celery Sticks



Cheddar Cheese Sauce

PER SERVING (1/4 c.)			
114	5.0 g	423 _{mg}	2.0 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Milk.

Made With: Cheddar Cheese Sauce (CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), WATER, NONFAT DRY MILK, , SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, CONTAINS LESS THAN 2% OF MODIFIED , FOOD STARCH, SEASONING (potassium chloride, flavor [contains maltodextrin]), SALT, PAPRIKA , EXTRACT, ANNATTO EXTRACT.,)

Cheddar Macaroni

PER SERVING (1 serving)			
462	11.5 g	1230 mg	44.1 _g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Wheat.

Made With: Cheddar Macaroni, classic (Cheddar Cheese Sauce (CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes), WATER, NONFAT DRY MILK, , SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, CONTAINS LESS THAN 2% OF MODIFIED, FOOD STARCH, SEASONING (potassium chloride, flavor [contains maltodextrin]), SALT, PAPRIKA, EXTRACT, ANNATTO EXTRACT.,); Elbow Macaroni, pasta, regular, cooked al dente (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Elbow Macaroni (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIÀMIN MÓNONITRATE, RIBOFLAVIN, FOLIC ACID.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Lowfat White Milk (LOWFAT MILK, VITAMIN A PALMITATE, VITAMIN D3)); Panko Bread Crumbs (WHEAT FLOUR, SUGAR, YEAST, SALT)

Cheerios

PER SERVING (1 bowl)			
101	0.4 g	136 _{mg}	20.8 g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Cheerios Cereal (WHOLE GRAIN OATS, CORN STARCH, SUGAR, SALT, TRIPOTASSIUM PHOSPHATE, VITAMIN E (MIXED TOCOPHEROLS) ADDED TO PRESERVE FRESHNESS, VITAMINS AND MINERALS: CALCIUM CARBONATE, IRON AND ZINC (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN A (PALMITATE), VITAMIN B1 (THIAMIN MONONITRATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.)

Cheese Burger

PER SERVING (1 ea.)				
300	3.8 g	455 _{mg}	30.5 g	
CALORIES	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Beef Patty with Mushrooms (GROUND BEEF (NOT Made With: MORE THAN 20% FAT), MUSHROOMS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), WATER, CONTAINS 2% OR LESS OF: POTASSIUM CHLORIDE, YEAST EXTRACT, NATURAL FLAVORING, POTATO MALTODEXTRIN, MALTODEXTRIN, SOYBEAN OIL, GRILL FLAVOR (FROM SUNFLOWER OIL), MODIFIED CORN STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CORN SYRUP SOLIDS, SALT, SODIUM PHOSPHATE, CARAMEL COLOR.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Citrate, Salt, Artificial Color (if colored), Sodium Phosphate, Sorbic Acid (preservative), Enzymes, Soy Lecithin (non-sticking agent))



Cheese Lasagna Rollup

PER SERVING (1 roll.)			
277	2.1 g	510 _{mg}	42.9 g
CALORIES	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Wheat.

Made With: Lasagna Cheese Roll Up Wg (Low Fat Ricotta Cheese (Pasteurized Whey, Pasteurized Milk,, Pasteurized Cream, Vinegar, Carrageenan, Xanthan Gum), Ultragrain Durum, Semolina Blend (Whole Wheat Flour, Semolina [Wheat], Niacin, Ferrous Sulfate,, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Low-Moisture Part Skim, Mozzarella Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Cellulose, Powder To Prevent Caking, Natamycin To Inhibit Mold), Whey Protein Isolate,, Sodium Caseinate, Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures,, Salt, Enzymes), Modified Food Starch, Sugar, Salt, Garlic Powder, Ascorbic Acid, (To Promote Color Retention).); Spaghetti Sauce (TOMATO PUREE (WATER, TOMATC PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC..); Spaghetti Sauce (TOMATO PUREE (WATER, TOMATO PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC ...)

Cheese Pizza

PER SERVING (1 slice)				
449 calories	8.3 g SAT FAT	948 _{mg} SODIUM	56.2 g carbs	
Allergens:	,	Milk, Wheat. Proc es Soy. May conta	,	
Made With:	w/Sauce Ring, 27 oz grain) (Pizza I WHEAT FLOUR (W FERROUS SULFA ENZYME, RIBOFL YEAST, CONTAIN FOLLOWING: PAL SALT, LEAVENING PASTEURIZED PA (MILK, CHEESE CO POWDER (A MILK CHEESE CULTUR FLOUR, DEXTROS ENZYME, SODIUN ASCORBIC ACID. Phosphated Mono Propellant.)); Pas Moisture Part Ski Part Skim Milk,, (Powdered Cellulo Natamycin (a Nat Sauce (VINE-RIP SALT, SEASONIN POWDER), EXTRA Seasoned Oil, Ita (Canola Oil, Extra (GARLIC POWDER)	hs White 16-inch, 7.5 oz (8-cut=3 oz Dough (ENRICHED WHEAT FLOUR, NI, TE, THIAMINE MO AVIN, FOLIC ACIE S LESS THAN 2% M OIL, SUGAR, S G (BAKING SODA, W OIL, SUGAR, S G (BAKING SODA, STHATE), BUTTERN RT SKIM MILK, CI CULTURES, SALT, I C DERIVATIVE), G, E, GUAR GUM, MA SE, XANTHAN GUM M PHOSPHATE, LA CHOSPHATE, LA SE, WANTHAN GUM M PHOSPHATE, LA CHOSPHATE, LA SE, XANTHAN GUM M PHOSPHATE, LA SE, XANTHAN GUM M PHOSPHATE, LA Cheese Cultures, S Se (to Prevent Cal tural Mold Inhibito ENED FRESH TOM G (SPICES, SALT, A VIRGIN OLIVE O lian seasoning (OI a Virgin Olive Oil.) R); Italian Season RY, SAVORY, SAG	:; 10-cut=2.25 UNBLEACHED ACIN, IRON AS NONITRATE,)), WATER, OF THE OYBEAN OIL, SODIUM AILK, HEDDAR CHEESE ENZYMES), WHEY ARLIC POWDER, LTED BARLEY ARLIC POWDER, LTED BARLEY ARLIC POWDER, LTED BARLEY ARLIC POWDER, CTIC ACID, hola Oil, ycerides, Cheese (Low esee (Pasteurized Salt, Enzymes), icr), j; Pizza ATOES, SUGAR, GARLIC IL); Garlic live Oil Blend ; Garlic Powder ing (MARJORAM,	

Chef Salad

PER SERVING (1 salad)				
131	3.6 g	435 _{mg}	5.3 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Egg, Milk, Soy.

Made With: Salad Mix with color (Iceburg Lettuce, Shredded Red Cabbage, Shredded Carrots); Egg, Large Hardboiled, Peeled CONV (Hard Boiled Egg (HARD COOKED EGGS)); Cucumber (CUCUMBER); Fresh Tomatoes (TOMATO); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,); Deli Smoked Turkey (Turkey, Deli Breast, Smoked, Sliced, USDA #110910); Deli Turkey Ham (See product packaging for sub-ingredients and allergens. Allergen Information: The specification for this product requires that there be no gluten or soy used in the formulation. Please be sure to verify this information using the allergen, statement on the product packaging upon receipt. For more information, please contact the product manufacturer directly)

Chef Salad

PER SERVING (1 salad)				
148	3.7 g	500mg	5.2g	
calories	SAT FAT	SODIUM	carbs	

Allergens: Contains Egg, Milk, Soy.

Made With: Salad Mix (ROMAINE LETTUCE, ICEBERG LETTUCE); Hard Boiled Egg (HARD COOKED EGGS); Cucumber (CUCUMBER); Deli Turkey (INGREDIENTS: TURKEY BREAST, TURKEY BROTH: CONTAINS 2% OR LESS SEA SALT, MODIFIED FOOD STARCH, SUGAR, SODIUM PHOSPHATE. , This item is fully cooked deli-style turkey produced from formed turkey breast meat. This product contains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5-pound packages., CREDITING/YIELD One case of turkey deli breast provides approximately 448 1.43-ounce portions., CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement.,

, , ,); Fresh Tomatoes (TOMATO); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,)

Cherry Frudel Stick

PER SERVING (1 pkg.)					
176	0.7 g	221 _{mg}	30.9 g		
calories	SAT FAT	sodium	carbs		

Allergens: Contains Gluten, Milk, Wheat.

Made With: Cherry Frudel (WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHERRY STRUDEL FILLING (WATER, SUGAR, CORN SYRUP, MODIFIED CORN STARCH, CHERRIES, CITRIC ACID, SODIUM CITRATE, BLACK CARROT AND BLACK CURRANT JUICE CONCENTRATE ADDED FOR COLOR, MALIC ACID, SALT, INVERT SUGAR, SODIUM BENZOATE [PRESERVATIVE], NATURAL FLAVOR, GELLAN GUM, XANTHAN GUM, LOCUST BEAN GUM, CARRAGEENAN), SUGAR, SOYBEAN OIL. CONTAINS 2% OR LESS OF: YEAST, NONFAT MILK, SALT, NATURAL FLAVOR.)

Chicken Alfredo Macaroni

PER SERVING (1 c.)					
315	5.3 g	791 mg	35.6 g		
calories	SAT FAT	SODIUM	carbs		

Allergens: Contains Gluten, Milk, Wheat.

Made With: Elbow Macaroni, pasta, regular, cooked al dente (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Elbow Macaroni (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Reduced Fat Alfredo Sauce (WATER, PASTEURIZED PROCESS CHEESE (cheddar cheese, [pasteurized milk, cheese culture, salt, enzymes], water, cream,, sodium phosphates and potassium phosphates, seasoning [potassium, chloride, flavor (contains maltodextrin)], salt), NONFAT DRY MILK,, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt,, enzymes], buttermilk solids, butter), CONTAINS LESS THAN 2% OF, ROMANO CHEESE (sheep's milk, cheese culture, salt, enzymes,, calcium propionate), BUTTER FLAVORING (whey solids, enzymemodified butter [butter, buttermilk powder, enzymes], maltodextrin,, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto, and turmeric [for color]), MODIFIED FOOD STARCH, SODIUM, PHOSPHATES AND POTASSIUM PHOSPHATES, DEHYDRATED, GARLIC, SPICES, CITRIC ACID.); Broccoli (BROCCOLI); Blended Chicken Meat (CHICKEN MEAT); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),)

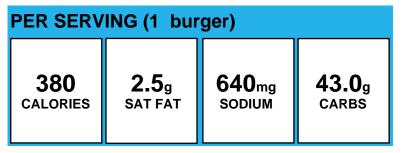
Chicken Bacon Ranch Poppers

PER SERVING (1 bowl)					
376	5.7 g	958 _{mg}	21.3g		
calories	SAT FAT	sodium	carbs		

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Chick Popcorn (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.); Reduced Calorie Ranch Dressing (WATER, CULTURED LOWFAT BUTTERMILK, CORN SYRUP SOYBEAN OIL, RANCH SEASONING & amp; SPICES (SALT, FOOD STARCH-MODIFIED, MONOSODIUM GLUTAMATE, SUGAR, DRIED GARLIC, DRIED ONION, NATURAL AND ARTIFICIAL FLAVOR [INCLUDES MILK, SOYBEAN], WHEY PROTEIN CONCENTRATE, CORN SYRUP, SPICES, XANTHAN GUM, SORBIC ACID AND CALCIUM DISODIUM EDTA AS PRESERVATIVES, CITRIC ACID, CALCIUM STEARATE), DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF EGG YOLKS, CULTURED BUTTERMILK, WHEY, FOOD STARCH-MODIFIED, SALT, NATURAL FLAVOR (INCLUDES MILK), PHOSPHORIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), ARTIFICIAL COLOR, PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR.); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),); Bacon Crumble, pork (not creditable), Recipe (Bacon Chips (FRESH PORK BELLIES, CURED WITH WATER, SALT, MAY CONTAIN LESS THAN 2% SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE))

Chicken Burger



Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.)

Chicken Caesar Salad

PER SERVING (1 salad)					
238 calories	3.5 g sat fat	596 mg SODIUM	16.8 g carbs		
Allergens: Contains Gluten, Milk, Wheat. Processed in a facility					

that also processes Tree nuts.

Made With: Romaine Lettuce (ROMAINE LETTUCE); Grilled Chicken Strips (See Label for ingredients and allergens); Croutons (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola And/Or Sunflower Oil (With Rosemary Extract And Ascorbic Acid [To Preserve Freshness],), Whey, Salt, Sugar, Yeast, 2% Or Less of Spices, Dehydrated Parsley, Onion Powder, Paprika (Color), Turmeric (Color), Extractive of Paprika (Color), Spice Extractive, Enzymes.); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING))

Chicken Cordon Bleu Sandwich

PER SERVING (1 sandwich)				
430	4.1 g	775 _{mg}	43.3 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.); Sliced Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES)

Chicken Gravy

PER SERVING (1/4 c.)				
30	0.0 g	138 _{mg}	4.0 g	
CALORIES	SAT FAT	sodium	carbs	

Allergens: Contains Milk.

Made With: Municipal Water (WATER); Low Sodium Chicken Gravy Mix (MODIFIED CORN STARCH, PEA FLOUR, MALTODEXTRIN, WHEY, DEXTROSE, PALM, OIL, YEAST EXTRACT, SALT, CHICKEN FAT, POTASSIUM CHLORIDE, POWDERED COOKED TURKEY, POWDERED COOKED CHICKEN, ONION POWDER, GUM ARABIC, NATURAL FLAVORS, DISODIUM, INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CARAMEL COLOR, TURMERIC (FOR COLOR), , THIAMINE HYDROCHLORIDE, SPICES.)

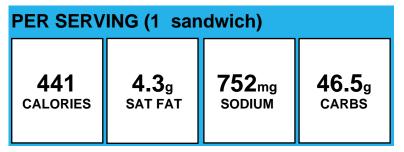
Chicken Meatballs

106 CALORIES2.0g SAT FAT121mg SODIUM3.5g CARBS	PER SERVING (3 Meatballs)				

Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Meatballs, 0.54oz (Ground chicken, water, textured soy protein concentrate, wheat flour, contains 2% or less of the following: dextrose, garlic powder, maltodextrin, natural flavors, onion, powder, salt, soybean oil, spice, sugar, torula yeast, yeast, yeast extract.)

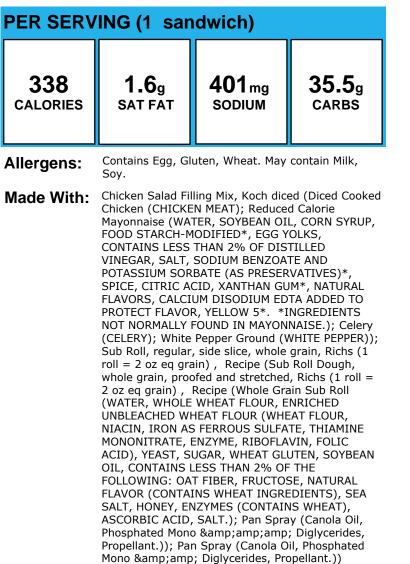
Chicken Parmesan Sandwich



Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Low Sodium Spaghetti Sauce (TOMATO PUREE (WATER TOMATO PASTE), HIGH FRUCTOSE CORN SYRUP DEHYDRATED ONIONS,K ONION POWDER, MODIFIED FOOD STARCH, SALT, CITRIC ACID, SPICES, GARLIC PUREE.); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),)

Chicken Salad Sub Sandwich



Chicken Strip Filling

PER SERVING (1 #16 scoop)						
CALORIES	g mg g SAT FAT SODIUM CARBS					
Allergens: Made With:	· · · · · · · · · · · · · · · · · · ·					

Chili con Carne

PER SERVING (3/4 c.)				
162	1.4 g	456 _{mg}	22.4 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Soy.

Made With: Municipal Water (WATER); Beef Crumble (GROUND BEEF (NO MORE THAN 30% FAT), WATER, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [B1], PYRIDOXINE HYDROCHLORIDE [B6], RIBOFLAVIN [B2], CYANOCOBALAMIN [B12]), SALT, FLAVORINGS, SODIUM PHOSPHATE.); Vegetarian Chili Mix (RED BEANS (DRY) TOMATO, CHILI PEPPER, ONION, SUGAR, SALT, MODIFIED CORN STARCH, SPICE, GREEN BELL PEPPER, GARLIC, CITRIC ACID, CALCIUM CHLORIDE, NATURAL FLAVOR); Onion, red, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg) , Recipe (Red Onion (RED ONION)); Green Bell Pepper (GREEN SWEET PEPPER); Carrots (CARROTS); Red Bell Peppers (RED SWEET PEPPER)

Chili Frito Pie

PER SERVING (1 pie)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

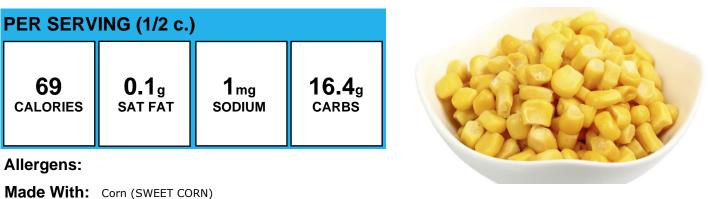
Chilled Black Beans

PER SERVING (1/2 c.)			
121	0.0 g	142 _{mg}	21.9 g
calories	SAT FAT	sodium	carbs

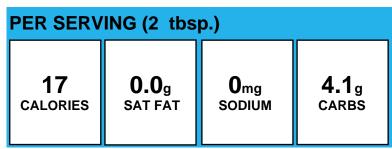
Allergens:

Made With: Low Sodium Black Beans (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT).)

Chilled Corn



Chilled Corn



Allergens:

Made With: Corn (SWEET CORN)



Chocolate Milk

PER SERVING (8 fl. oz.)				
120 calories	0.0 g SAT FAT	180 _{mg} sodium	21.0 g carbs	
Allergens:	llergens: Contains Milk.			
	Chanalata Mille (China Mille Courses - Cause Courses			

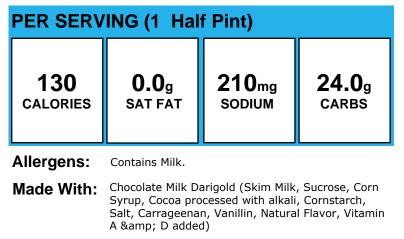
Made With: Chocolate Milk (Skim Milk, Sucrose, Corn Syrup, Cocoa processed with alkali, Cornstarch, Salt, Carrageenan, Vanillin, Natural Flavor, Vitamin A & amp; D added)

Chocolate Milk

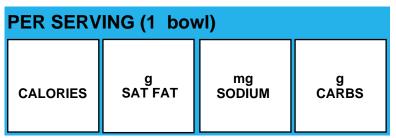
PER SERVING (1/2 pt.)				
120 calories	0.0 g SAT FAT	180 mg SODIUM	20.0 g carbs	
Allergens:	Contains Milk.			
Made With:	TruMoo (Nonfat milk, liquid sugar(sugar,water),			

contains less than 1% of cocoa(processed with alkali), cocoa, cornstarch, salt, carrageenan, natural flavor, vitamin A palmtate, vitamin D3.)

Chocolate Skim Milk



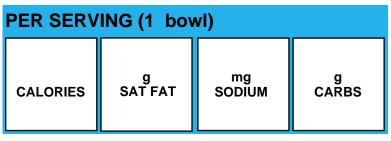
Chopsticks- Fried Rice Bowl



Allergens:

Made With:

Chopsticks- Noodle Bowl



Allergens:

Made With:

Chopsticks- Rice Bowl

PER SERVING (1 bowl)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

Cilantro Lime Rice

PER SERVING (1/4 c.)			
58	0.1 g	69 _{mg}	11.2 g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Municipal Water (WATER); Brown Rice (LONG GRAIN PARBOILED BROWN RICE); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Chopped in Water (GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

Cilantro Lime Rice



Allergens:

Municipal Water (WATER); Brown Rice (LONG Made With: GRAIN PARBOILED BROWN RICE); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Chopped in Water (GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

Cinnamon Toast Crunch Cereal

PER SERVING (1 bowl)			
120	0.0 g	160 mg	22.0 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Cinnamon Toast Crunch Cereal, reduced sugar (WHOLE GRAIN WHEAT, SUGAR, RICE FLOUR, RICE BRAN AND/OR CANOLA OIL, POLYDEXTROSE, MALTODEXTRIN, FRUCTOSE, DEXTROSE, SALT, CINNAMON, TRISODIUM PHOSPHATE, SOY LECITHIN, CARAMEL COLOR, BHT ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, ZINC AND IRON (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3).)



PER SERVING (1 Bar)			
157	0.4 g	122 _{mg}	29.6 g
calories	SAT FAT	sodium	carbs

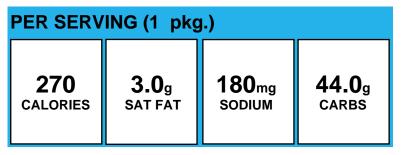
Allergens: Contains Gluten, Soy, Wheat.

Made With: Cinnamon Toast Crunch Cereal Bar (WHOLE GRAIN OATS, CORN SYRUP, WHOLE GRAIN WHEAT, SUGAR, FRUCTOSE, CANOLA OIL, BROWN RICE FLOUR, RICE FLOUR, MALTODEXTRIN, CHICORY ROOT EXTRACT, WHOLE CORN FLOUR, CONTAINS 2% OR LESS OF: VEGETABLE GLYCERIN, WHEAT STARCH, CALCIUM CARBONATE, SALT, DEXTROSE, COLOR (CARAMEL COLOR, ANNATTO EXTRACT), CINNAMON, BAKING SODA, TRISODIUM PHOSPHATE, ZINC AND IRON (MINERAL NUTRIENTS), A B VITAMIN (NIACINAMIDE), NATURAL FLAVOR, SOY LECITHIN, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), A B VITAMIN (FOLIC ACID).)





Cinnamon UBR



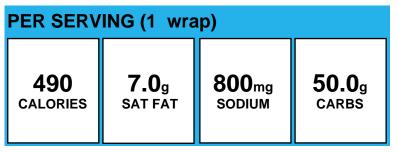
Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Cinnamon UBR (WHOLE WHEAT FLOUR, SUGAR, OATS, PALM AND SOYBEAN OILS, CINNAMON DROPS (SUGAR, PALM OIL, CINNAMON, NONFAT DRY MILK, SOY LECITHIN (AN EMULSIFIER)), CHICKORY ROOT FIBER, MOLASSES, CONTAINS LESS THAN 2% OF THE FOLLOWING: GLYCERINE (VEGETABLE BASED), BROWN SUGAR, LEAVENING (BAKING SODA), CINNAMON, MODIFIED CORNSTARCH, EGGS, RAISIN PASTE, NATURAL AND ARTIFICIAL FLAVOR, EGG WHITES, SALT, CARRAGEENAN, GUAR GUM, SOY LECITHIN, CORN SYRUP SOLIDS.)

Citrus Glazed Carrots



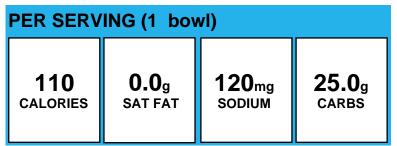
Classic Hummus Wrap



Allergens: Contains Gluten, Sesame, Wheat.

Made With: Plain Hummus (Cooked Chickpeas, (Water, Chickpeas), Water, Tahini (Ground Sesame), Soybean Oil, Garlic, Salt, Citric Acid, Potassium Sorbate To Maintain Freshness.); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).)

Cocoa Puffs Cereal



Allergens:

Made With: Cocoa Puffs Cereal (Whole Grain Corn, Sugar, Corn Meal, Corn Syrup, Cocoa Processed with Alkali,, Fructose, Canola Oil, Salt, Caramel Color, Refiner's Syrup, Baking Soda, Natural, Flavor. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Zinc, and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin, (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin),, Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid),, Vitamin B12, Vitamin D3.)



Cocoa Puffs Cereal Bar

PER SERVING (1 Bar)			
158	0.4 g	106 _{mg}	29.5 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Cocoa Puffs Cereal Bar (WHOLE GRAIN OATS, CEREAL (WHOLE GRAIN CORN, SUGAR, CORN MEAL, CORN SYRUP, COCOA PROCESSED WITH ALKALI, FRUCTOSE, CANOLA OIL, SALT, CARAMEL COLOR, BROWN SUGAR SYRUP, BAKING SODA, NATURAL FLAVOR, VITAMINS AND MINERALS,: TRICALCIUM PHOSPHATE, CALCIUM CARBONATE, ZINC AND IRON [MINERAL NUTRIENTS], VITAMIN C [SODIUM ASCORBATE], A B VITAMIN [NIACINAMIDE], VITAMIN B6 [PYRIDOXINE HYDROCHLORIDE], VITAMIN B2 [RIBOFLAVIN], VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN A [PALMITATE], A B VITAMIN [FOLIC ACID], VITAMIN B12, VITAMIN D3) CORN SYRUP, SUGAR, WHOLE WHEAT FLOUR, FRUCTOSE, CANOLA OIL, BROWN RICE FLOUR, CHICORY ROOT EXTRACT. CONTAINS 2% OR LESS OF: VEGETABLE GLYCERIN, CALCIUM CARBONATE, COCOA PROCESSED WITH ALKALI, MALTODEXTRIN, CORN FLOUR, MODIFIED WHEAT STARCH, SALT, CARAMEL COLOR, BAKING SODA, NATURAL FLAVOR, SOY LECITHIN.)

Country Fried Steak

PER SERVING (1 patty)			
305	4.6 g	325 _{mg}	19.3 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Discontinued-use SI101003 by 8/1/20-Breaded Beef Patties (GROUND BEEF (NOT MORE THAN 20% FAT), WATER, TEXTURED VEGETABLE PROTEIN PRODUCT [SOY FLOUR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12), (MAY CONTAIN CARAMEL COLOR)], SEASONING [SOY SAUCE (FERMENTED SOYBEANS, WHEAT, SALT), SUGAR, MALTODEXTRIN, SALT, SPICES, GARLIC POWDER, ONION POWDER, SOYBEAN OIL, DISODIUM INOSINATE AND DISODIUM GUANYLATE, NATURAL FLAVORS, EXTRACTIVE OF PAPRIKA], DEHYDRATED ONIONS, SALT, POTASSIUM PHOSPHATES. BREADED WITH: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE) YEAST, SUGAR, SALT, SOYBEAN OIL (PROCESSING AID). BATTERED WITH: WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), POTATO FLOUR, SALT, MODIFIED CORN STARCH, LEAVENING (CALCIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE), CHICKEN FLAVOR (CONTAINS MALTODEXTRIN, SALT AND NATURAL FLAVORS), HYDROLYZED CORN PROTEIN, ONION POWDER, GARLIC POWDER, YEAST EXTRACT, CHICKEN BROTH, SPICE. SET IN VEGETABLE OIL.)

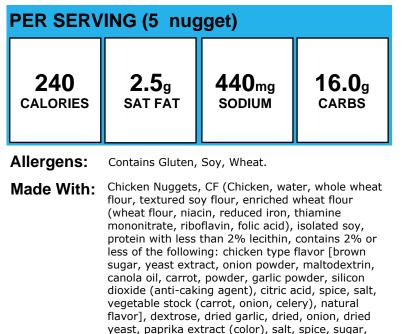
Cranberry Peach Muffin Square

PER SERVING (1 ea.)			
386	4.6 g	532 _{mg}	71.3g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Muffin Mix, variety, WGR, Gold Medal (WHOLE WHEAT FLOUR BLEACHED, SUGAR, PALM OIL, MODIFIED CORN STARCH. CONTAINS 2% OR LESS OF: LEAVENING , (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, SALT, NONFAT MILK, EGGS WITH SODIUM , SILICOALUMINATE, MONO AND DIGLYCERIDES, XANTHAN GUM, SOY FLOUR.); Peaches, Canned, Diced, packed in extra light syrup, USDA (Diced Peaches (See label for ingredients and allergens.)); Cranberries, dried, sweetened (CRANBERRIES, SUGAR, CITRIC ACID, ELDERBERRY JUICE CONCENTRATE, SUNFLOWER OIL.); Ground Nutmeg (NUTMEG)

Crispy Chicken Nuggets



textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set

in, vegetable oil.)

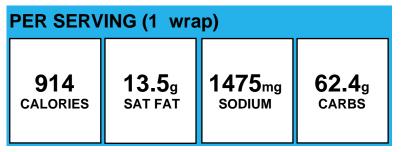
Crispy Chicken Salad

PER SERVING (1 salad)			
319	4.5 g	571 _{mg}	23.5g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Salad Mix with color (Iceburg Lettuce, Shredded Red Cabbage, Shredded Carrots); Chicken Nuggets (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); Fresh Tomatoes (TOMATO); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Carrot (CARROTS)

Crispy Chicken Wrap



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Ranch Dressing (Water, Soybean Oil, Buttermilk*, Distilled Vinegar, Maltodextrin, Egg Yolk, Contains less than 2% of Salt, Sugar, Lactic and Phosphoric Acids, Natural Flavor, Modified Food Starch, Garlic*, Spice, Xanthan Gum, Onion*, Potassium Sorbate (preservative), Autolyzed Yeast Extract, Disodium Inosinate, Disodium Guanylate. *Dried Allergens: Egg & Milk.); Whole Grain Chicken Patty (Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anticaking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried, onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in, vegetable oil.); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).); Salad Mix with color (Iceburg Lettuce, Shredded Red Cabbage, Shredded Carrots); Fresh Tomatoes (TOMATO); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens); Green Bell Pepper (GREEN SWEET PEPPER)

Crispy Chicken Wrap

PER SERVING (1 wrap)					
648	9.6 g	971 _{mg}	56.6 g		
calories	SAT FAT	sodium	carbs		

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Breaded Chicken Tender, Fritter, Tyson, whole grain cooked, CN (3 tenders=3.39 oz=2 MMA+1oz WG) (Whole Grain Chicken Tender (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.)); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).); Salad Mix with color (Iceburg Lettuce, Shredded Red Cabbage, Shredded Carrots); Ranch Dressing (Water, Soybean Oil, Buttermilk*, Distilled Vinegar, Maltodextrin, Egg Yolk, Contains less than 2% of Salt, Sugar, Lactic and Phosphoric Acids, Natural Flavor, Modified Food Starch, Garlic*, Spice, Xanthan Gum, Onion*, Potassium Sorbate (preservative), Autolyzed Yeast Extract, Disodium Inosinate, Disodium Guanylate. *Dried Allergens: Egg & Milk.); Fresh Tomatoes (TOMATO); Yellow Cheddar Cheese (Cheddar Cheese (Cultured Pasteurized , Milk, Salt, Enzymes, Color Added [If , Colored], Anticake (Potato Starch, , Powdered Cellulose)); Green Bell Pepper (GREEN SWEET PEPPER)

Crispy Corn Taco Shell

PER SERVING (3 shells)					
255	1.5 g	Omg	33.0 g		
calories	SAT FAT	SODIUM	carbs		

Allergens:

Made With: 6" Yellow Corn Taco Shell (Whole Grain Corn, Water Vegetable Oil (Cottonseed, Corn, and/or Sunflower))

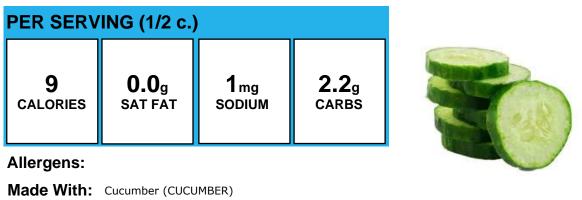
Crispy Whole Apple

PER SERVING (1 extra small (2-1/2" dia))					
48	0.0 g	1 _{mg}	12.7 g		
calories	SAT FAT	sodium	carbs		

Allergens:

Made With: Apple (APPLE)

Cucumber Coins



Diced Peaches

PER SERVING (1/2 c.)			
59	0.0 g	5 _{mg}	13.8 g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Diced Peaches (See label for ingredients and allergens.)

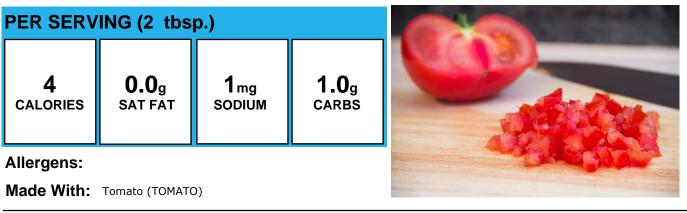
Diced Pears

PER SERVING (1/2 c.)			
57	0.0 g	5 _{mg}	15.3 g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Diced Pears (See label for ingredients and allergens.)

Diced Red Tomatoes



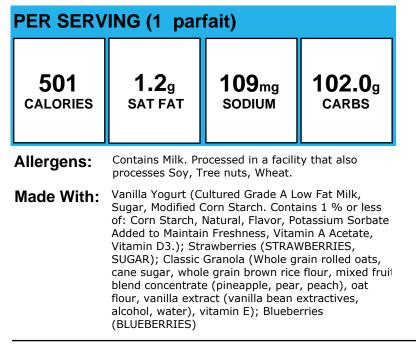
Dinner Roll



- Allergens: Contains Gluten, Wheat. May contain Egg, Milk, Soy.
- Made With: Dinner Roll Dough (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, WHEAT GLUTEN, SUGAR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYME (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; Diglycerides, Propellant.)



Double Berry Parfait

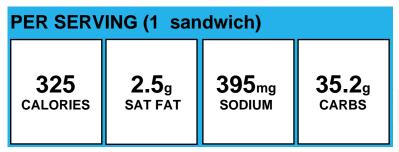


Double Berry Parfait

PER SERVING (1 parfait)				
452 calories	1.4 g SAT FAT	239 _{mg} SODIUM	86.6 g carbs	
Allergens:	Contains Milk, Soy. May contain Gluten.			
Made With	Vanilla Yogurt (Cultured Grade A Low Fat Milk,			

Made With: Vanilla Yogurt (Cultured Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Strawberries (STRAWBERRIES, SUGAR); Oats & amp; Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, , Soy Lecithin, Natural Flavor.); Wild Blueberries (BLUEBERRIES)

Egg Salad Sub Sandwich



- Allergens: Contains Egg, Gluten, Wheat. May contain Milk, Soy.
- Made With: Egg Salad Mix Filling, egg, celery, mayonnaise, mustard, white pepper, RECIPE (Egg, Large Hardboiled, Peeled CONV (Hard Boiled Egg (HARD COOKED EGGS)); Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)*, SPICE, CITRIC ACID, XANTHAN GUM*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5*. *INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Celery (CELERY); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); White Pepper Ground (WHITE PEPPER)); Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eq grain), Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eq)grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.))



Fajita Chicken

PER SERVING (1/2 c.)				
120	1.7 g	360mg	1.7 _g	
CALORIES	SAT FAT	SODIUM	carbs	

Allergens:

Made With: Chicken Thigh Fajita Strips (Dark Chicken, Water, Modified Food Starch, Salt, Spices, Sodium Phosphates, Sugar, Dehydrated Onion, Dehydrated Garlic, Chili Powder (Chili Pepper, Salt, Cumin, Oregano, Dehydrated Garlic), Lemon Juice Powder (Corn Syrup Solids, Concentrated Lemon Juice, Lemon Oil), Natural Mesquite Smoke Flavor (Maltodextrin, Natural Smoke Flavor), Grill Flavor (From Sunflower Oil). Use vendor CN Label or Product Formulation Statement to confirm crediting information., ,)

Fajita Chicken

PER SERVING (2/3 c.)				
160	2.3 g	480 _{mg}	2.3 g	
calories	SAT FAT	SODIUM	carbs	

Allergens:

Made With: Chicken Thigh Fajita Strips (Dark Chicken, Water, Modified Food Starch, Salt, Spices, Sodium Phosphates, Sugar, Dehydrated Onion, Dehydrated Garlic, Chili Powder (Chili Pepper, Salt, Cumin, Oregano, Dehydrated Garlic), Lemon Juice Powder (Corn Syrup Solids, Concentrated Lemon Juice, Lemon Oil), Natural Mesquite Smoke Flavor (Maltodextrin, Natural Smoke Flavor), Grill Flavor (From Sunflower Oil). Use vendor CN Label or Product Formulation Statement to confirm crediting information., ,)

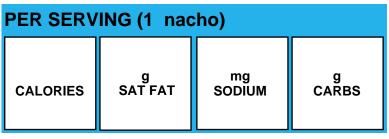
Fiesta Burrito

PER SERVING (1 burrito)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

Fiesta Nachos



Allergens:

Made With:

Fiesta Taco Salad

PER SERVING (1 salad)				
478 calories	10.1 g SAT FAT	609 _{mg} SODIUM	41.6 g carbs	
Allergens: Made With:				

Fiesta Taco Salad

PER SERVING (1 salad)				
399 calories	399 5.1 _g 493 _{mg} 38.4 _g			

Allergens: Contains Milk, Soy.

Made With: Turkey Taco Filling (Turkey Taco Filling, Cooked, Frozen, USDA, #100119); Salad Mix with color (Iceburg Lettuce, Shredded Red Cabbage, Shredded Carrots); Tostitos Rnd Wg (Whole Corn, Corn, Vegetable Oil (Corn, Canola and/or Sunflower Oil),, and Salt.); Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens)

Fiesta Taco Salad

PER SERVING (1 salad)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

Allergens:

Made With:

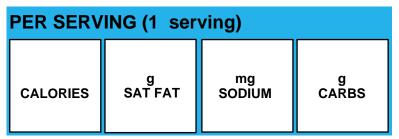
Fiesta Tacos

PER SERVING (1 taco)				
CALORIES	g	mg	g	
	SAT FAT	SODIUM	CARBS	

Allergens:

Made With:

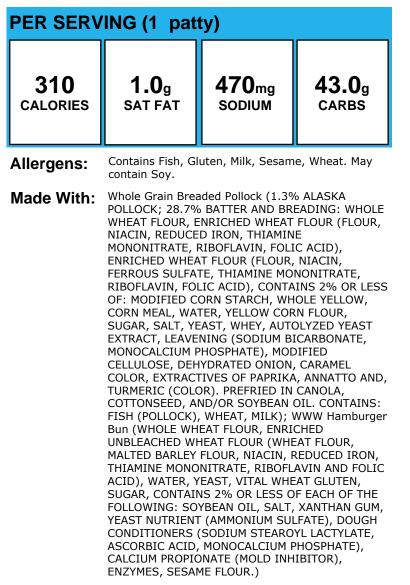
Fish and Chips



Allergens:

Made With:

Fish Patty on a Bun



Flour Tortilla

PER SERVING (2 tortilla)				
180	2.0 g	260 _{mg}	28.0 g	
calories	SAT FAT	SODIUM	carbs	



Allergens: Contains Gluten, Wheat.

Made With: 6" Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour,, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable, shortening (Contains one or more of the following: Palm oil and/or corn oil), Contains 2% or, less of the following: Salt, Aluminum-free leavening (Sodium acid pyrophosphate, Sodium, bicarbonate, Corn starch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium, propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum Mono- and, Diglycerides, Sodium metabisulphite).,)

Flour Tortilla

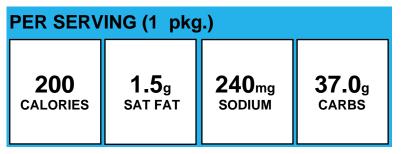


Allergens: Contains Gluten, Wheat.

Made With: Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).)



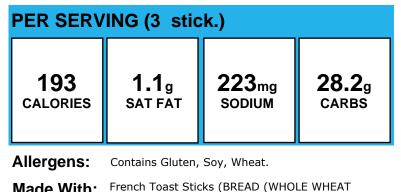
French Toast Bites



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: French Toast, mini, original, WGR, Eggo Bites (WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, AND/OR CANOLA), EGG WHITES, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, NATURAL FLAVORS, MOLASSES, SOY LECITHIN, SALT, WHEY, CALCIUM CARBONATE, VITAMIN A PALMITATE, REDUCED IRON, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12.)

French Toast Sticks



Made With: FLOUR, WATER, ENRICHED WHEAT FLOUR [WHEAT FLOUR,, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN,, FOLIC ACID], WHEAT GLUTEN, SUGAR, YEAST, SALT, SOYBEAN OIL, CULTURED WHEAT, FLOUR, VINEGAR, SOY LECITHIN, ASCORBIC ACID, ENZYME), WATER, WHOLE WHEAT, FLOUR, SOYBEAN OIL, SUGAR, ENRICHED YELLOW CORN FLOUR (YELLOW CORN FLOUR,, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC, ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF EACH OF THE, FOLLOWING: CARRAGEENAN, DEXTROSE , DRIED YEAST, GUM ARABIC, LEAVENING, (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVOR, SALT,, SOY FLOUR, SOY LECITHIN.)

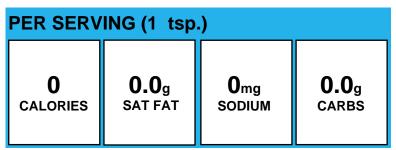
Fresh Broccoli Florets



Allergens:

Made With: Broccoli Florets (BROCCOLI)

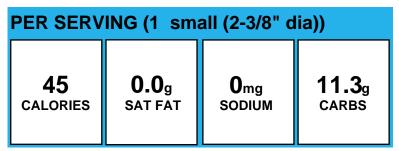
Fresh Cilantro



Allergens:

Made With: Fresh Cilantro (CILANTRO LEAVES)

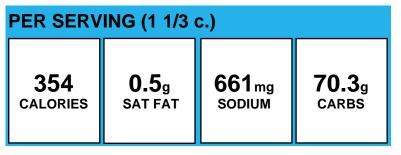
Fresh Oranges



Allergens:

Made With: Fresh Orange (ORANGES)

Fried Rice



Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Rice, white, oven, steamed (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Converted White Rice (LONG GRAIN PARBOILED WHITE RICE)); Onion, yellow, 1/4-inch diced, ready-toserve (1/2c=3oz=1/2c other veg) , Recipe (Yellow Onion (YELLOW ONION)); Green Pea (PEAS); Carrot (CARROTS); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric, Acid); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Garlic Powder (GARLIC POWDER); Ginger Ground (GROUND GINGER); Pan Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)

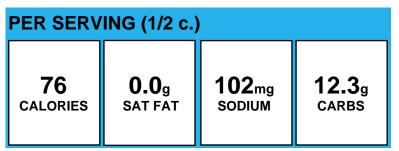
Frito Corn Chips

PER SERVING (1 c.)				
227	2.1 g	242 _{mg}	22.7 g	
CALORIES	SAT FAT	SODIUM	carbs	

Allergens:

Made With: Fritos Corn Chips (CORN, CORN OIL AND SALT.)

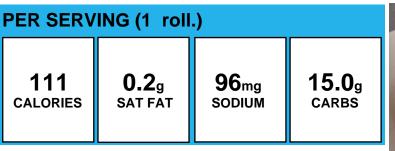
Garbanzo Beans



Allergens:

Made With: Beans, garbanzo (chickpeas), USDA, low-sodium (See label for ingredients and allergens.)

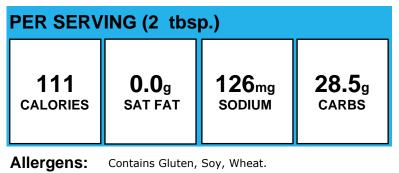
Garlic Knot Breadstick



- Allergens: Contains Gluten, Soy, Wheat. May contain Egg, Milk.
- Made With: Whole Grain Breadstick (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF THE FOLLOWING: FRUCTOSE, SOYBEAN OIL, OAT FIBER, SEA SALT, HONEY, SOY LECITHIN, NATURAL FLAVOR, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.); Pan Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)



General Tso Sauce



Made With: Orange Sauce (SUGAR, WATER, VINEGAR, NATURALLY BREWED SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT), MODIFIED CORN STARCH, ORANGE JUICE CONCENTRATE, DEHYDRATED ONION, NATURAL FLAVOR, CITRIC ACID, XANTHAN GUM, SPICES, GARLIC POWDER.); Light Brown Sugar (BROWN SUGAR); Crushed Red Pepper (CRUSHED RED PEPPER)

Gravy, Pepper (Country, Biscuit)

PER SERVING (1/4 c.)			
44	1.2 g	168 _{mg}	5.0 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: Municipal Water (WATER); Cream Soup Base (MODIFIED CORN STARCH, PALM OIL, MALTODEXTRIN, BUTTERMILK, CORN SYRUP, SOLIDS, SUGAR, SALT, BUTTERMILK POWDER, YEAST EXTRACT, SOYBEAN OIL, ONION POWDER, , POTASSIUM CHLORIDE, NATURAL FLAVOR, DISODIUM GUANYLATE, DISODIUM INOSINATE); Black Pepper Ground (BLACK PEPPER); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)

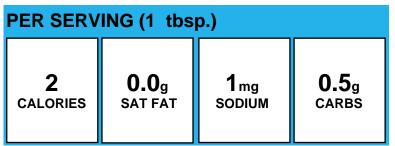
Green Beans

PER SERVING (1/2 c.)			
23	0.0 g	127 _{mg}	3.6 g
CALORIES	SAT FAT	sodium	carbs

Allergens:

Made With: Low Sodium Green Beans (Low Sodium Green Beans, USDA #100307)

Green Onion



Allergens:

Made With: Green Onion (GREEN ONIONS)

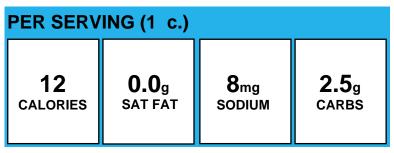
Green Onion



Allergens:

Made With: Green Onion (GREEN ONIONS)

Green Salad Mix



Allergens:

Made With: Tossed Salad Mix (90% Iceberg, 5% Red Cabbage, 5% Carrot)

Grilled Cheese Sandwich

PER SERVING (1 sandwich)			
380	10.0 g	760 _{mg}	34.0 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

51%WWW Sandwich Bread (WHOLE WHEAT Made With: FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES.); American Cheese (CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN.)

Ham & Cheese English Muffin

PER SERVING (1 sandwich)			
174	3.0 g	529 _{mg}	22.5 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: English Muffin WWW (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), YEAST, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CORNMEAL, SALT, DISTILLED VINEGAR, SOYBEAN OIL, SUGAR, YEAST NUTRIENTS (AMMONIUM SULFATE), ASCORBIC ACID, CALCIUM SULFATE, ENZYMES, POTASSIUM SORBATE (MOLD INHIBITOR), CALCIUM PROPIONATE (MOLD INHIBITOR)., CONTAINS:); 97% Fat Free Deli Ham; Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,)

Ham & Cheese Muffin

PER SERVING (1 sandwich)			
206	3.3 g	653 _{mg}	21.5 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

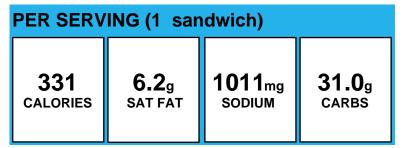
English Muffin WWW (WATER, WHOLE WHEAT Made With: FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), YEAST, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CORNMEAL, SALT, DISTILLED VINEGAR, SOYBEAN OIL, SUGAR, YEAST NUTRIENTS (AMMONIUM SULFATE), ASCORBIC ACID, CALCIÙM SULFATE, ENZYMÉS, POTASSIUM SORBATE (MOLD INHIBITOR), CALCIUM PROPIONATE (MOLD INHIBITOR)., CONTAINS:); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,)

Ham & Cheese Sub

PER SERVING (1 sandwich)			
320	4.1 g	845 _{mg}	32.0 g
CALORIES	SAT FAT	sodium	carbs

- Allergens: Contains Gluten, Milk, Soy, Wheat. May contain Egg.
- Made With: Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eq grain), Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eg grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; amp; Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.); American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Citrate, Salt, Artificial Color (if colored), Sodium Phosphate, Sorbic Acid (preservative), Enzymes, Soy Lecithin (non-sticking agent)); Lettuce, Iceburg, shredded, ready-to-serve (Shredded Lettuce (ICEBERG LETTUCE))

Ham & Cheese Sub Sandwich



- Allergens: Contains Gluten, Milk, Soy, Wheat. May contain Egg.
- Made With: Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eq grain), Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eg grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; amp; Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Deli Turkey Ham (Turkey Thigh Meat, Water, Contains 2% Or Less Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite.); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,); Lettuce, Iceburg, shredded, ready-to-serve (Shredded Lettuce (ICEBERG LETTUCE))

Hamburger

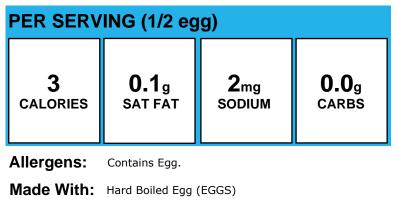
PER SERVING (1 burger)					
280 calories	3.0g SAT FAT 380mg SODIUM CARBS				
Allergens:	Contains Gluten, Sesame, Soy, Wheat.				
Made With:	Beef Patty with Mushrooms (GROUND BEEF (NOT MORE THAN 20% FAT), MUSHROOMS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), WATER, CONTAINS 2% OR LESS OF: POTASSIUM CHLORIDE, YEAST EXTRACT, NATURAL FLAVORING, POTATO MALTODEXTRIN, MALTODEXTRIN, SOYBEAN OIL, GRILL FLAVOR (FROM SUNFLOWER OIL), MODIFIED CORN STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CORN SYRUP SOLIDS, SALT, SODIUM PHOSPHATE, CARAMEL COLOR.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED				

UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.)

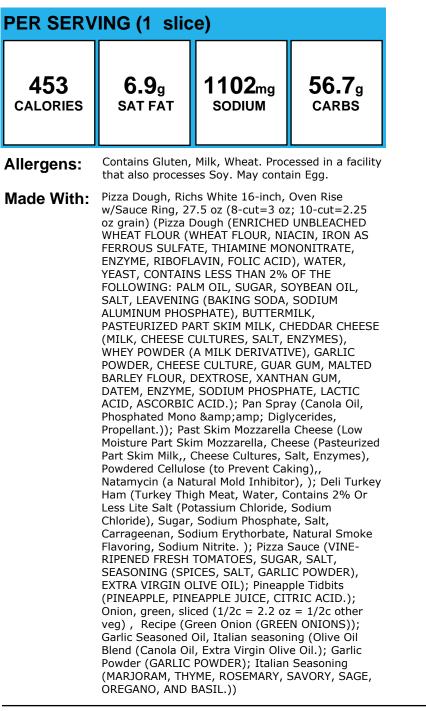
Hamburger Patty

PER SERVING (1 patty)					
140 calories	3.0g SAT FAT 180mg SODIUM 3.0g CARBS				
Allergens: Made With:	Contains Soy. Beef Patty, 2.4 oz (GROUND BEEF (NOT MORE THAN 20% FAT), MUSHROOMS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), WATER, CONTAINS 2% OR LESS OF: POTASSIUM CHLORIDE, YEAST EXTRACT, NATURAL FLAVORING, POTATO MALTODEXTRIN, MALTODEXTRIN, SOYBEAN OIL, GRILL FLAVOR (FROM SUNFLOWER OIL), MODIFIED CORN STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CORN SYRUP SOLIDS, SALT, SODIUM PHOSPHATE, CARAMEL COLOR.)				

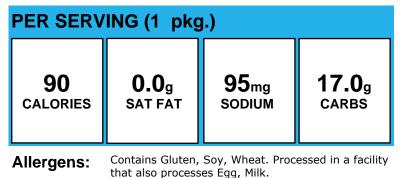
Hard Boiled Eggs



Hawaiian Pizza

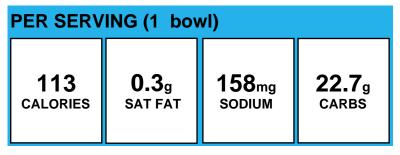


Honey Graham Crackers



Made With: Honey Graham Crackers (WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), SUGAR, CANOLA OIL, MOLASSES, HONEY, CORN SYRUP, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, SOY LECITHIN.)

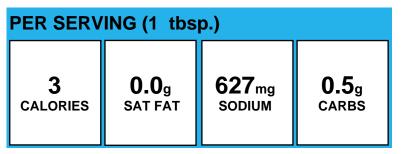
Honey Nut Cheerios Cereal



Allergens: Contains Tree nuts.

Made With: Honey Nut Cheerios Cereal (Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, , Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin , B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12,, Vitamin D3.)

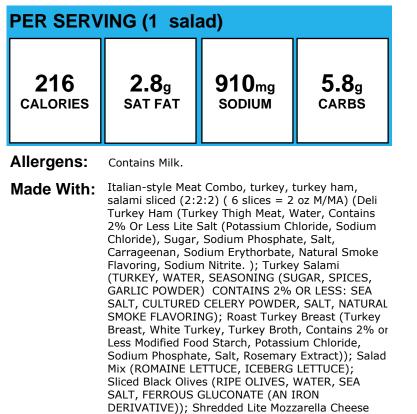
Hot Sauce



Allergens:

Made With: Franks Red Hot Sauce (AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT AND GARLIC POWDER.)

Italian Antipasto Salad



(See Label for ingredients and allergens)

Italian Chicken Poppers

PER SERVING (1 bowl)			
342	5.5 g	638 _{mg}	18.9 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Poppers Filling, Italian Chicken (Chick Popcorn (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.); Italian Salad, tomato, pepper, olives (1/2c = 1/4c red + 1/4cother veg) , Recipe (Tomatoes, fresh, 1/4-inch diced, ready-to-serve (1/2c = 4.2 oz = 1/2cred/orange veg), Recipe (Tomato (TOMATO)); Black Olives, sliced, canned, drained (1/2c = 2.2 oz)= 1/2c other veg) , Recipe (Sliced Black Olives (RIPE OLIVES, WATER, SEA SALT, FERROUS GLUCONATE (AN IRON DERIVATIVE))); Peppers, green, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER))); Pepperoni (Pork, Beef, Salt, Contains , 2% or Less of Spices, Dextrose, , Oleoresin Of Paprika, Lactic Acid Starter , Culture, Garlic Powder, Sodium Nitrite, , BHA, BHT, Citric Acid.)); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),)

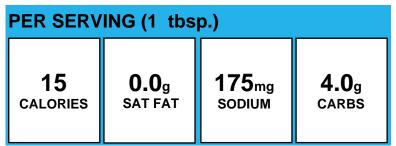
Italian Roasted Chickpeas

PER SERVING (1/2 c.)			
83	0.1 g	220 _{mg}	12.6 g
CALORIES	SAT FAT	SODIUM	carbs

Allergens:

Made With: Beans, garbanzo, USDA, canned, drained, ready-toserve (1/2c=3.1oz=1/2c legume or 2oz M/MA), Recipe (Beans, garbanzo (chickpeas), USDA, lowsodium (See label for ingredients and allergens.)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)

Italian Salad Dressing



Allergens:

Made With: Italian Dressing (Back of the House) (INGREDIENTS: WATER, DISTILLED VINEGAR, MALTODEXTRIN, CORN SYRUP*, SUGAR, SALT, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION*, GARLIC*, RED BELL PEPPERS*, SPICES, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5, YELLOW 6. *DEHYDRATED)

Jalapeno Cheese Sauce

PER SERVING (1/4 c.)			
146	6.3 g	535 _{mg}	2.6 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Milk.

Made With: Jalapeno Cheese Sauce (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, NONFAT DRY MILK, SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES, MODIFIED FOOD STARCH, SEASONING (POTASSIUM CHLORIDE, NATURAL FLAVOR [CONTAINS MALTODEXTRIN]), AMERICAN CHEESE FLAVOR (A DEHYDRATED BLEND OF CHEESES [SEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, SALT, FOOD STARCH-MODIFIED, SODIUM PHOSPHATE, BUTTER [CREAM, SALT, ANNATTO], CALCIUM PHOSPHATE, LACTIC ACID), SALT, JALAPENO EXTRACTIVES, PAPRIKA EXTRACT, ANNATTO EXTRACT.)

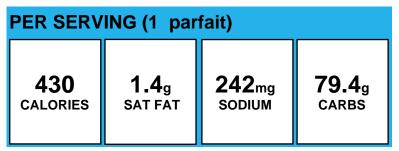
Jalapeno Pepper Slices



Allergens:

Made With: Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)

Just Peachy Parfait



Allergens: Contains Milk, Soy. May contain Gluten.

Made With: Vanilla Yogurt (Cultured Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Peaches, Canned, Diced, packed in extra light syrup, USDA (Diced Peaches (See label for ingredients and allergens.)); Oats & amp; Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, , Soy Lecithin, Natural Flavor.)

Ketchup



Made With: Ketchup (Front of the House) (Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring.)

Korean BBQ Chicken Pizza

PER SERVING (1 slice)			
454	7.1 g	1066 _{mg}	58.4 _g
calories	SAT FAT	sodium	carbs

Allergens: Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.

Made With: Pizza Dough, Richs White 16-inch, Oven Rise w/Sauce Ring, 27.5 oz (8-cut=3 oz; 10-cut=2.25 oz grain) (Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE

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FOLLOWING: PALM OIL, SUGAR, SOYBEAN OIL, SALT, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), BUTTERMILK, PASTEURIZED PART SKIM MILK, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY POWDER (A MILK DERIVATIVE), GARLIC POWDER, CHEESE CULTURE, GUAR GUM, MALTED BARLEY FLOUR, DEXTROSE, XANTHAN GUM, DATEM ENZYME, SODIUM PHOSPHATE, LACTIC ACID, ASCORBIC ACID.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),); Korean BBQ Chicken, USDA Strip Chicken (1/2 cup = 2MMA) (Unseasoned Chicken Strips (GOLDKIST FARMS: CHICKEN MEAT, WATER, MODIFIED FOOD STARCH, SODIUM PHOSPHATES, REDUCED SODIUM SEA SALT (SEA SALT, POTASSIUM CHLORIDE, RICE FLOUR).

CRIDER FOODS: CHICKEN WHITE AND DARK MEAT, WATER, SALT, MODIFIED FOOD STARCH & amp; amp; SODIUM PHOSPHATE.); Korean Barbecue Sauce, Asian dressing, lime, cilantro, ginger, garlic, sesame (Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. *DEHYDRATED); Toasted Sesame Dressing (SOYBEAN OIL, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), WATER, DISTILLED VINEGAR, SESAME OIL, RICE VINEGAR, CONTAINS LESS THAN 2% OF TOMATO PASTE, SALT, SESAME SEED, ORANGE PUREE, SPICES, RED BELL PEPPER*, APRICOT PUREE CONCENTRATE, XANTHAN GUM, GARLIC*, ONION*, MUSTARD SEED, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), CARRAGEENAN, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. *DEHYDRATED CONTAINS: WHEAT, SOYBEAN.); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Garlic Granulated (GRANULATED GARLIC); Sesame Seed White (SESAME SEEDS); Ginger Ground (GROUND GINGER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Green Onion (GREEN ONIONS); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Pizza Sauce (VINE-RIPENED FRESH TOMATOES, SUGAR, SALT, SEASONING (SPICES, SALT, GARLIC POWDER), EXTRA VIRGIN OLIVE OIL); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Korean Gochujang Sauce, greek yogurt, mayonnaise, gochujang paste (Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)* SPICE, CITRIC ACID, XANTHAN GUM*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5*. *INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Dannon Non Fat Greek Plain Yogurt

(CULTURED GRADE A NON FAT MILK.); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Korean Chili Bean Paste (CORN SYRUP, RICE, WATER, CHILI POWDER, SALT, ALCOHOL, GARLIC, YEAST EXTRACT, ONION, FERMENTED SOYBEAN POWDER, THIAMIN (VITAMIN B1), KOJI SEED.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Green Onion (GREEN ONIONS); Garlic Seasoned Oil, Italian seasoning (Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

Korean BBQ Chicken Salad

PER SERVING (1 salad)			
208	3.5 g	672 _{mg}	17.9 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With:

Salad Mix with color (Iceburg Lettuce, Shredded Red Cabbage, Shredded Carrots); Korean BBQ Chicken, USDA Strip Chicken (1/2 cup = 2 MMA) (Unseasoned Chicken Strips (GOLDKIST FARMS: CHICKEN MEAT, WATER, MODIFIED FOOD STARCH, SODIUM PHOSPHATES, REDUCED SODIUM SEA SALT (SEA SALT, POTASSIUM CHLORIDE, RICE FLOUR).

, CRIDER FOODS: CHICKEN WHITE AND DARK MEAT, WATER, SALT, MODIFIED FOOD STARCH & amp; amp; SODIUM PHOSPHATE.); Korean Barbecue Sauce, Asian dressing, lime, cilantro, ginger, garlic, sesame (Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. *DEHYDRATED); Toasted Sesame Dressing (SOYBEAN OIL, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), WATER, DISTILLED VINEGAR, SESAME OIL, RICE VINEGAR, CONTAINS LESS THAN 2% OF TOMATO PASTE, SALT, SESAME SEED, ORANGE PUREE, SPICES, **RED BELL PEPPER*, APRICOT PUREE** CONCENTRATE, XANTHAN GUM, GARLIC*, ONION*, MUSTARD SEED, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), CARRAGEENAN, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. *DEHYDRATED CONTAINS: WHEAT, SOYBEAN.); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Garlic Granulated (GRANULATED GARLIC); Sesame Seed White (SESAME SEEDS); Ginger Ground (GROUND GINGER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Green Onion (GREEN ONIONS); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Quick Pickle Cucumbers, sugar, cilantro (1/4c = 1.14 oz = 1/4c other veg), Recipe (Cucumbers, unpared, 1/4-inch sliced, ready-toserve(1/2c = 2.17oz = 8 slice = 1/2c other veg)Recipe (Cucumber (CUCUMBER)); Granulated Sugar (SUGAR); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Matchstick Carrots, fresh (1/2 c = 1.6 oz = 1/2c red/orange veg) (Carrot (CARROTS)); Past Skim Mozzarella Cheese (Low Moisture Part Skim Mozzarella, Cheese (Pasteurized Part Skim Milk,, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking),, Natamycin (a Natural Mold Inhibitor),); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green)veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

Korean BBQ Chicken Sub

PER SERVING (1 sandwich)			
322	3.5 g	820mg	37.5 g
CALORIES	SAT FAT	SODIUM	carbs

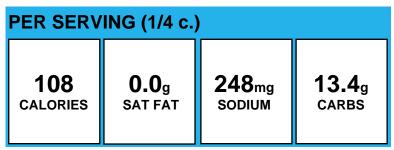
Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat. May contain Egg.

Made With:

Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eq grain), Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eg grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT) ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; amp; Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Korean BBQ Chicken, USDA Strip Chicken (1/2 cup = 2 MMA) (Unseasoned Chicken Strips (GOLDKIST FARMS: CHICKEN MEAT, WATER, MODIFIED FOOD STARCH, SODIUM PHOSPHATES, REDUCED SODIUM SEA SALT (SEA SALT, POTASSIUM CHLORIDE, RICE FLOUR).

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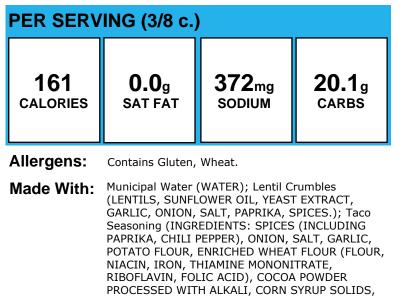
Lentil Taco Filling



Allergens: Contains Gluten, Wheat.

Made With: Municipal Water (WATER); Lentil Crumbles (LENTILS, SUNFLOWER OIL, YEAST EXTRACT, GARLIC, ONION, SALT, PAPRIKA, SPICES.); Taco Seasoning (INGREDIENTS: SPICES (INCLUDING PAPRIKA, CHILI PEPPER), ONION, SALT, GARLIC, POTATO FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA POWDER PROCESSED WITH ALKALI, CORN SYRUP SOLIDS, AND NATURAL FLAVOR.)

Lentil Taco Filling



AND NATURAL FLAVOR.)

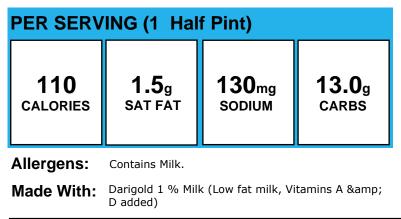
Lime Wedges

PER SERVING (2 slice or wedge)			
3	0.0 g	Omg	0.9 g
CALORIES	SAT FAT	SODIUM	carbs

Allergens:

Made With: Fresh Limes (LIME)

Lowfat 1% White Milk



Lucky Charms

PER SERVING (1 bowl)			
109	0.0 g	101 mg	23.3g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Lucky Charms Cereal Bowlpak (Whole Grain Oats, Sugar, Corn Starch, Modified Corn Starch, Corn Syrup, Dextrose. Contains 2% or less of: Salt, Gelatin, , Trisodium Phosphate, Red 40, Yellow 5 & 6, Blue 1, Natural And Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin , B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, , Vitamin D3.,)

Maple Pancake Bites

PER SERVING (1 pkg.)			
210 calories	1.0 g SAT FAT	320 _{mg} SODIUM	35.0 g carbs
Allergens:	Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Tree nuts.		
Made With:	In a facility that also processes Tree nuts. Pancakes, mini, maple, WGR, Eggo Bites (WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, AND/OR CANOLA OIL), BUTTERMILK, EGGS, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVORS, FRUCTOSE, SALT, CORN CEREAL, YELLOW CORN FLOUR, CORNSTARCH, CORN SYRUP SOLIDS, COCOA (PROCESSED WITH ALKALI), SOY LECITHIN, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B12.)		

Margherita Pizza

PER SERVING (1 slice)			
448 calories	8.3 g SAT FAT	949 _{mg} SODIUM	57.0 g carbs
Allergens:	Contains Gluten, Milk, Wheat. Processed in a facility that also processes Soy. May contain Egg.		
Made With:	, , , , , , , , , , , , , , , , , , , ,		

Matchstick Carrots

PER SERVING (2 tbsp.)			
5 calories	0.0 g SAT FAT	8mg SODIUM	1.1 _g carbs
A 11			

Allergens:

Made With: Carrot (CARROTS)

Mayonnaise Pump

PER SERVING (1 pump)			
53	1.1 g	45 _{mg}	0.0 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Egg.

Made With: Mayonnaise (SOYBEAN OIL, WHITE DISTILLED VINEGAR, EGG YOLKS, SALT, SUGAR, MUSTARD FLOUR, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, SPICE EXTRACTIVE.)

Meatloaf

PER SERVING (1 meatloaf)				
179 calories	3.5 g SAT FAT	464 _{mg} sodium	12.0 g CARBS	
Allergens: Made With:	Beef Crumble (GI 30% FAT), WATE PROTEIN (SOY PI COLOR, ZINC OX SULFATE, COPPE PALMITATE, CALC MONONITRATE [I HYDROCHLORIDI CYANOCOBALAM SODIUM PHOSPH RIPENED TOMATO ONION); Carrots Egg, Citric Acid, Citric	uten, Soy, Wheat. ROUND BEEF (NO ROTEIN CONCENT IDE, NIACINAMID R GLUCONATE, VI CIUM PANTOTHEN B1], PYRIDOXINE E [B6], RIBOFLAVI IN [B12]), SALT, F IATE.); Tomato Pa OES); Yellow Onio (CARROTS); Liqui 0.15% Water Adde Acid Added To, Pr mbs (WHEAT FLOU	MORE THAN GETABLE RATE, CARAMEL E, FERROUS TAMIN A ATE, THIAMINE IN [B2], FLAVORINGS, aste (VINE- n (YELLOW id Eggs (Whole ed As Carrier For reserve Color.);	

Meatlover's Pizza

PER SERVING (1 slice)			
537 calories	11.0 g SAT FAT	1248 mg SODIUM	56.9g carbs
Allergens:	Contains Gluten, Egg.	Milk, Soy, Wheat.	May contain
Made With:	w/Sauce Ring, 27 oz grain) (Pizza D WHEAT FLOUR (W FERROUS SULFAT ENZYME, RIBOFL YEAST, CONTAIN FOLLOWING: PAL SALT, LEAVENING ALUMINUM PHOS PASTEURIZED PA (MILK, CHEESE C WHEY POWDER (M POWDER, CHEESE) BARLEY FLOUR, D DATEM, ENZYME, ACID, ASCORBIC Phosphated Mono Propellant.)); Pas Moisture Part Skin Part Skim Milk,, C Powdered Cellulos Natamycin (a Nat Sauce (VINE-RIP SALT, SEASONIN POWDER), EXTRA Sausage (PORK, Y SUGAR, SALT, HY POWDER, ONION TEXTURED VEGET (TEXTURED SOY CARAMEL COLOR SODIUM PHOSPH POWDER, CARAM ACID.); Pepperor or Less of Spices, Lactic Acid Starte Nitrite, BHA, BH (Turkey Thigh Me Lite Salt (Potassin Sugar, Sodium Ph	ns White 16-inch, 7.5 oz (8-cut=3 oz Oough (ENRICHED VHEAT FLOUR, NI, FE, THIAMINE MO AVIN, FOLIC ACID S LESS THAN 2% M OIL, SUGAR, S' G (BAKING SODA, PHATE), BUTTERN RT SKIM MILK, CI CULTURES, SALT, I A MILK DERIVATI' E CULTURE, SUAR DEXTROSE, XANTH S COLIUM PHOSPH ACID.); Pan Spra D Amp; Digl at Skim Mozzarella, Che Cheese Cultures, S se (to Prevent Cal tural Mold Inhibito ENED FRESH TOM G (SPICES, SALT, A VIRGIN OLIVE O WATER, SEASONI (DROLYZED SOY F POWDER, SOYBE TABLE PROTEIN PA PROTEIN CONCEN .), CORN SYRUP S IATE, SPICES, PAP IEL COLOR, BHA, I ni (Pork, Beef, Salt , Dextrose, , Oleon er, Culture, Garlic IT, Citric Acid.); D eat, Water, Contai um Chloride, Sodiu hosphate, Salt, Ca ate, Natural Smok	:; 10-cut=2.25 UNBLEACHED ACIN, IRON AS NONITRATE, D), WATER, OF THE OYBEAN OIL, SODIUM AILK, HEDDAR CHEESE ENZYMES), VE), GARLIC & GUM, MALTED HAN GUM, HATE, LACTIC DY (Canola Oil, Yccrides, Cheese (Low esee (Pasteurized Salt, Enzymes), xing),, rr),); Pizza ATOES, SUGAR, GARLIC IL); Italian NGS (SPICES, PROTEIN, GARLIC AN OIL), RODUCT ITRATE, OLIDS, SALT, PRIKA, GARLIC BHT AND CITRIC t, Contains, 2% resin Of Paprika, Powder, Sodium eli Turkey Ham ns 2% Or Less um Chloride), mrageenan,

Mexican Slaw

PER SERVING (1/2 c.)			
49	0.0 g	17 _{mg}	11.9 g
CALORIES	SAT FAT	sodium	carbs

Allergens:

Made With: Green Cabbage (GREEN CABBAGE); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Granulated Sugar (SUGAR); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg) , Recipe (Fresh Cilantro (CILANTRO LEAVES))

Mini Cinnis

PER SERVING (1 pkg.)			
240	1.5 g	270 _{mg}	40.0 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Milk, Wheat.

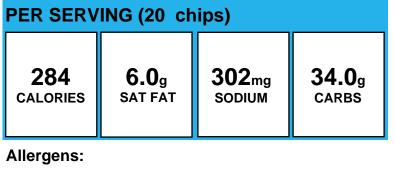
Made With: Mini Cinnis (Water, Whole Wheat Flour, Enriched Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic, acid), Sugar, Vegetable Oil (soybean, palm, canola), Whey. Contain 2% or less of: Yeast, Cinnamon, Salt, Modified Corn Starch. CONTAINS WHEAT, AND MILK INGREDIENTS.)

Mini Maple Waffles

PER SERVING (1 pkg.)			
200	1.5 g	220 _{mg}	35.0 g
CALORIES	SAT FAT	sodium	carbs

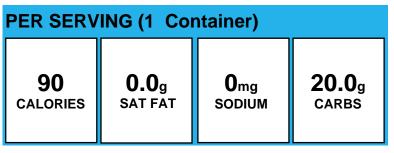
- Allergens: Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Tree nuts.
- Made With: Waffles, mini, maple, WGR, Eggo Bites (WHOLE WHEAT FLOUR, WATER, SUGAR, EGG WHITES, VEGETABLE OIL (SOYBEAN, PALM AND/OR CANOLA), CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MOLASSES, SOY LECITHIN, MALTODEXTRIN, NATURAL FLAVORS, WHEY, SALT, MODIFIED CORN STARCH, CALCIUM CARBONATE, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B12, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN).)

Mission Tortilla Chip



Made With: Mission Tortilla Chip (Whole Grain Corn, Water, Vegetable Oil (Cottonseed, Corn, and/or Sunflower), Salt)

Mixed Berries Fruit Cup



Allergens:

Made With: Mixed Berries Fruit Cup (See label for ingredients and allergens.)

Moroccan Spiced Carrots

PER SERVING (1/2 c.)			
119	0.8 g	127 _{mg}	8.0 g
calories	SAT FAT	sodium	carbs

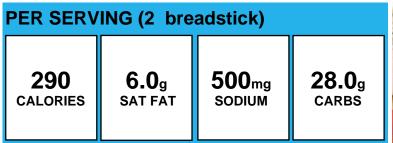
Allergens:

Made With: Carrots (CARROTS); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Spice Mix, Moroccan (Cumin Ground (CUMIN); Coriander Ground (Dried Ground Coriander (Cilantro).); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER); Cinnamon Ground (CINNAMON); Cayenne Pepper (CAYENNE PEPPER))

Mozzarella String Cheese

PER SERVING (1 oz.)				
80 calories	3.0 g SAT FAT	200 _{mg} SODIUM	1.0 g carbs	
Allergens:	Contains Milk.			
Made With:	Arrezzio Mozzarella String Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, AND ENZYMES.)			

Mozzarella Stuffed Breadsticks

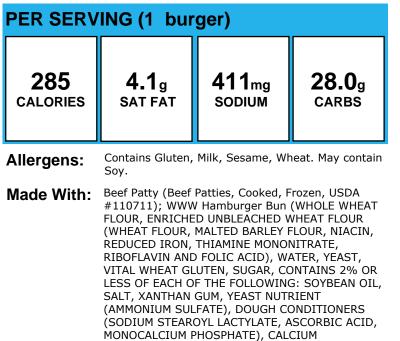


Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Beacon Street Cheese Stuffed Breadsticks (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, ISOLATED SOY PROTEIN, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: WHEAT GLUTEN, YEAST, SUGAR, SEA SALT, SODIUM ACID PYROPHOSPHATE, BAKING SODA, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, ASCORBIC ACID, (DOUGH CONDITIONER), SALT, WHEAT STARCH, EN2YMES, MODIFIED FOOD STARCH; FILLING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CUL TU RED PASTEURIZED PART SKIM MILK, SALT, EN2YMES), WATER, NONFAT DRY MILK, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, MOZZARELLA CHEESE POWDER (DEHYDRATED MOZZARELLA CHEESE , [PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES], WHEY, SALT, SODIUM PHOSPHATE, LACTIC ACID), WHEY PROTEIN CONCENTRATE, MALTODEXTRIN, ISOLATED SOY PROTEIN, DRIED WHOLE EGGS CITRIC ACID, SODIUM CITRATE, CHEESE POWDER (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], BUTTER, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, EN2YMES), SALT, GARLIC POWDER.)

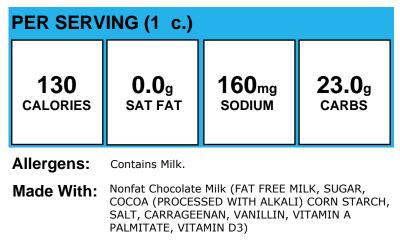


Mushroom Swiss Burger

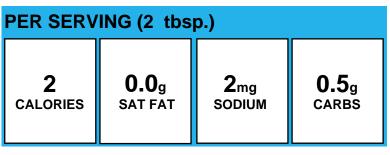


SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Roasted Mushrooms (1/2 cup = 1/2c other veg), Recipe (Mushroom Slices (MUSHROOMS); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.)); Sliced Swiss Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES)

Nonfat Chocolate Milk



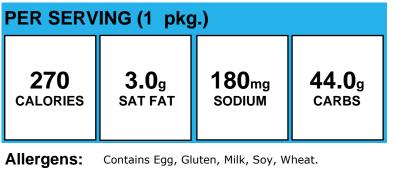
O - Cabbage, green, shredded, ready-to-serve



Allergens:

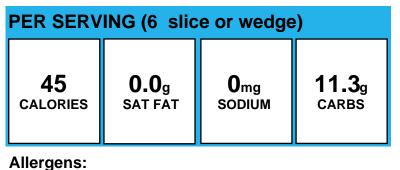
Made With: Green Cabbage (GREEN CABBAGE)

Oatmeal Chocolate Chip UBR



Made With: Oatmeal Chocolate Chip UBR (WHOLE WHEAT FLOUR, SUGAR, OATS, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, MILKFAT, SOY LECITHIN (AN EMULSIFIER), DEXTROSE, NATURAL FLAVOR), PALM AND SOYBEAN OILS, CHICKORY ROOT FIBER, MOLASSES, CONTAINS LESS THAN 2% OF THE FOLLOWING: GLYCERINE (VEGETABLE BASED), BROWN SUGAR, LEAVENING (BAKING SODA), MODIFIED CORNSTARCH, EGGS, RAISIN PASTE, NATURAL AND ARTIFICIAL FLAVOR, EGG WHITES, SALT, CARRAGEENAN, GUAR GUM, SOY LECITHIN, CORN SYRUP SOLIDS.)

Orange Smiles



Made With: Fresh Orange (ORANGES)

Pancake & Waffle Syrup

PER SERVING (2 tbsp.)			
105	0.0 g	48 _{mg}	26.0 g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Pancake and Waffle Syrup (Corn Syrup, Water, Salt, Potassium Sorbate, Sodium Benzoate and Benzoic Acid (Preservatives), Cellulose Gum, Caramel Color, Sodium Hexametaphosphate, Natural and Artificial Flavor, Phosphoric Acid)

Parmesan Green Beans

PER SERVING (1/2 c.)				
42 calories	0.3 g SAT FAT	14 _{mg} sodium	5.2 g carbs	
Allergens:	Contains Milk.			
Made With:	Cut Green Beans (GREEN BEANS); Olive Oil Blend			

(Canola Oil, Extra Virgin Olive Oil.); Grated Parmesan Cheese (GRATED PARMESAN CHEESE (MADE FROM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), POWDERED CELLULOSE (ADDED TO PREVENT CAKING)); Garlic Chopped in Water (GARLIC)

Peach Cup,

PER SERVING (1 ea.)			
90	0.0 g	Omg	21.0 g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Diced Peaches Cups (DICED PEACHES PACKED IN EXTRA LIGHT SYRUP.)

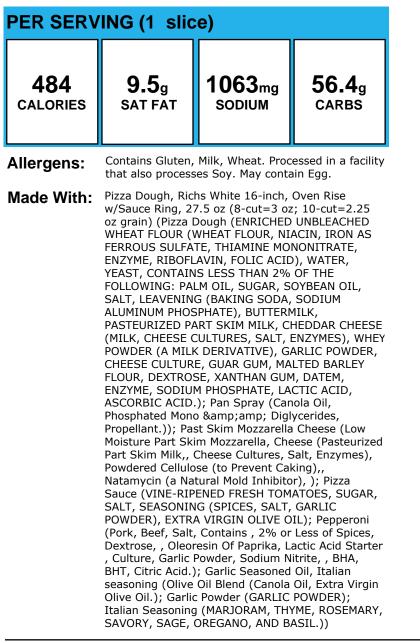
Peachy Parfait

PER SERVING (1 parfait)			
209	0.5 g	126 _{mg}	44.2 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Milk.

Made With: Peaches, Canned, Diced, packed in extra light syrup, USDA (Diced Peaches (See label for ingredients and allergens.)); Vanilla Yogurt (Cultured Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Cheerios Cereal (Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to , Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin, (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic, acid), Vitamin B12, Vitamin D3.)

Pepperoni Pizza



Pickle Cucumbers



Allergens:

Made With: Cucumbers, unpared, 1/4-inch sliced, ready-toserve(1/2c = 2.17oz =8 slice=1/2c other veg), Recipe (Cucumber (CUCUMBER)); Granulated Sugar (SUGAR); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

Pico de Gallo

PER SERVING (1 tbsp.)			
2	0.0 g	18 _{mg}	0.4 g
CALORIES	SAT FAT	sodium	carbs

Allergens:

Tomato; Tomatoes, fresh, 1/4-inch diced, ready-to-Made With: serve (1/2c = 4.2 oz = 1/2c red/orange veg)Recipe (Tomato (TOMATO)); Onion, yellow, 1/4-incl diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Peppers, jalapeno, sliced, canned, drained, readyto-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Granulated Sugar (SUGAR); Cumin Ground (CUMIN)

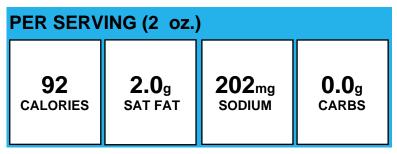
Popcorn Chicken

PER SERVING (12 piece)			
255	2.8 g	388 _{mg}	15.5g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Golden Crispy Popcorn Chicken (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.)

Pulled Pork



Allergens:

Made With: Pulled Pork (Pulled Pork)

Pulled Turkey

PER SERVING (3/8 c.)			
119	1.0 g	694 _{mg}	2.0 g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Turkey Thigh Meat (TURKEY THIGH MEAT, WATER, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, SALT, SUGAR, NATURAL FLAVOR (POTATO MALTODEXTRIN, GUM ARABIC, NATURAL FLAVOR), SEASONING (NATURAL FLAVORING, SALT, POTATO MALTODEXTRIN), SODIUM PHOSPHATE, SEASONING (YEAST EXTRACT, NATURAL FLAVORS, SALT), FLAVORING.)

Rainbow Chili

PER SERVING (1 c.)				
186	0.0 g	413 _{mg}	36.2 g	
calories	SAT FAT	sodium	carbs	

Allergens:

Made With: Municipal Water (WATER); Vegetarian Chili Mix (RED BEANS (DRY) TOMATO, CHILI PEPPER, ONION, SUGAR, SALT, MODIFIED CORN STARCH, SPICE, GREEN BELL PEPPER, GARLIC, CITRIC ACID, CALCIUM CHLORIDE, NATURAL FLAVOR); Peppers, green, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Onion, red, 1/4inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Red Onion (RED ONION)); Carrots (CARROTS); Beans, kidney, dark red, canned, drained, ready-to-serve (1/2c=3.3oz=1/2c legume or 2oz M/MA), Recipe (Low Sodium Kidney Beans (PREPARED KIDNEY BEANS, WATER, SUGAR, DEXTROSE, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND DISODIUM EDTA (PROMOTES COLOR RETENTION).)); Peppers, red, sweet (bell), 1/4inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER))

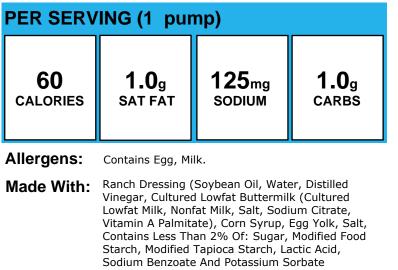
Raisin Box

PER SERVING (1 Box)			
119	0.0 g	5 _{mg}	28.8 g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Raisins, 1.33 oz PKGS (Raisins, Unsweetened, USDA #100293)

Ranch Dressing



(Preservatives), Disodium Inosinate And Disodium Guanylate, Xanthan Gum, Garlic Powder, Lemon Juice Concentrate, Onion Powder, Natural Flavoring, Cultured Cream, Dehydrated Parsley, Buttermilk, Heavy Cream (From Milk), Calcium Disodium Edta Added To Protect Flavor, Yeast Extract.)

Roasted Broccoli

PER SERVING (1/2 c.)			
65	0.3 g	72 _{mg}	5.4 g
calories	SAT FAT	SODIUM	carbs

Allergens:

Made With: Broccoli (BROCCOLI); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Granulated (GRANULATED GARLIC); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

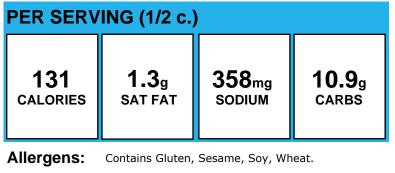
Roasted Broccoli and Carrots

PER SERVING (1/2 c.)			
85	0.5 g	15 _{mg}	5.0 g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Broccoli (BROCCOLI); Carrot (CARROTS); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.)

Roasted Sesame Carrots



Made With: Carrots (CARROTS); Toasted Sesame Dressing (SOYBEAN OIL, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), WATER, DISTILLED VINEGAR, SESAME OIL, RICE VINEGAR, CONTAINS LESS THAN 2% OF TOMATO PASTE, SALT, SESAME SEED, ORANGE PUREE, SPICES, RED BELL PEPPER*, APRICOT PUREE CONCENTRATE, XANTHAN GUM, GARLIC*, ONION*, MUSTARD SEED, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), CARRAGEENAN, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. *DEHYDRATED CONTAINS: WHEAT, SOYBEAN.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Sesame Seed White (SESAME SEEDS); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

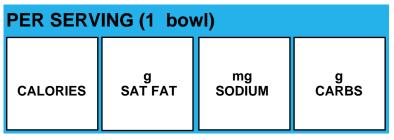
Roasted Sweet Potatoes

PER SERVING (1/2 c.)			
130	0.4 g	51 _{mg}	19.1 g
calories	SAT FAT	sodium	carbs

Allergens:

Made With: Sweet Potato, Raw, Trimmed, Peeled, Diced 1/2" (Raw Sweet Potato (Sweet Potato)); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Salt Free Spice Seasoning (INGREDIENTS: ONION, GARLIC, SPICES (BLACK PEPPER, PARSLEY, CELERY SEED, BASIL, BAY LEAF, MARJORAM, MUSTARD SEED, ROSEMARY, SAGE, OREGANO, RED PEPPER, SAVORY, THYME, CORIANDER SEED, CUMIN), ORANGE PEEL, RED BELL PEPPER, CARROT, CORN SYRUP SOLIDS, CITRIC ACID, LEMON JUICE POWDER & amp; LEMON OIL.)

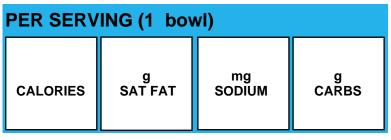
Rockin Ramen- Chicken Ramen Bowl, Built-to-Order



Allergens:

Made With:

Rockin Ramen- Meatball Ramen Bowl, Built-to-Order



Allergens:

Made With:

Sausage Breakfast Pizza

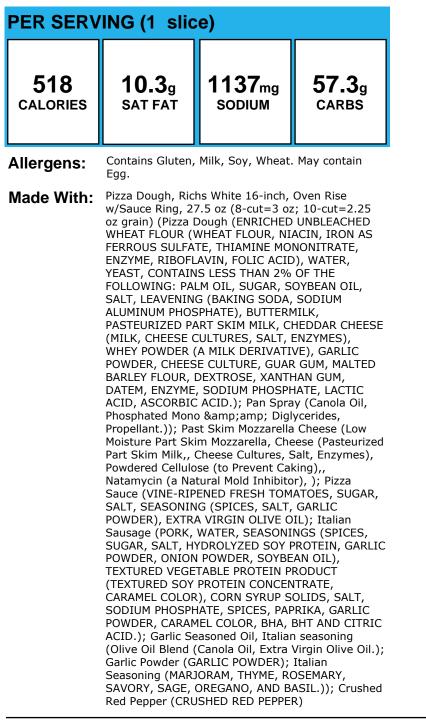


Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Turkey Sausage Breakfast Pizza (CRUST: WHITE WHOLE WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YEAST, VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF WHEAT GLUTEN, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, CALCIUM LACTATE), SEA SALT, FOOD STARCH, DEFATTED SOY FLOUR, DOUGH CONDITIONER (WHEAT STARCH, L-CYSTEINE HYDROCHLORIDE, AMMONIUM SULFATE), ENZYMES (CONTAINS WHEAT) TOPPINGS: COOKED TURKEY PIZZA TOPPING (TURKEY BREAKFAST SAUSAGE [MECHANICALLY SEPARATED TURKEY, SEASONING {SALT, NATURAL FLAVOR, DEXTROSE, SUGAR, CITRIC ACID, BHA, BHT}, WATER], TEXTURED VEGETABLE PROTEIN [SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN1, WATER), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES) SUBSTITUTE MOZZARELLA CHEESE (WATER, CORN OIL AND/OR SOY OIL, CASEIN, MODIFIED FOOD STARCH, WHEY, NONFAT DRY MILK, NATURAL FLAVOR, SODIUM ALUMINUM PHOSPHATE, SALT, LACTIC ACID, SODIUM PHOSPHATE, SORBIC ACID [PRESERVATIVE], XANTHAN GUM, VITAMIN AND MINERAL SUPPLEMENT (MAGNESIUM OXIDE, DICALCIUM PHOSPHATE, ZINC OXIDE, RIBOFLAVIN [VITAMIN B2], ELECTROLYTIC IRON, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], NIACINAMIDE, THIAMINE MONONIRATE [VIATMIN B1], CYANOCOBALAMIN [VITAMIN B12], VITAMIN A PALMITATE), ARTIFICIAL COLOR). SAUCE: TOMATOES (WATER, TOMATO PASTE [NO LESS THAN 28% SOLUBLE SOLIDS]), MALTODEXTRIN, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF: SALT, SPICE, SUGAR, HYDROLYZED SOY AND CORN PROTEIN, PAPRIKA, GARLIC POWDER, POWDERED CELLULOSE.)



Sausage Pizza



Shepherd's Pie

PER SERVING (1 portion)				
204 CALORIES				

Allergens: Contains Milk, Soy.

Made With: Beef Crumble (GROUND BEEF (NO MORE THAN 30% FAT), WATER, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [B1], PYRIDOXINE HYDROCHLORIDE [B6], RIBOFLAVIN [B2], CYANOCOBALAMIN [B12]), SALT, FLAVORINGS, SODIUM PHOSPHATE.); Brown Gravy, low sodium, RECIPE (Municipal Water (WATER); Low Sodium Brown Gravy (MODIFIED CORN STARCH, PEA FLOUR, YEAST EXTRACT, PALM OIL, ONION POWDER, MALTODEXTRIN, SUGAR, SALT, NATURAL FLAVOR, CARAMEL COLOR (SULFITES), SOY LECITHIN, CELERY POWDER, CARROT POWDER, POTASSIUM CHLORIDE, MUSHROOM EXTRACT, DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, GARLIC POWDER, CITRIC ACID.)); Potato, mashed, Signature (1/2c = 1/2c starchy veg), Recipe (Municipal Water (WATER); Instant Mashed Potatoes (POTATO (DRY), SHORTENING POWDER [PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTATSSIUM PHOSPHATE, MONOGLYCERIDES, AND LESS THAN 2% SODIUM SILICOALUMINATE (ANTI-CAKING AGENT)], MALTODEXTRIN, SUGAR, SALT, ENZYME MODIFIED WHOLE MILK (DRY), ARTIFICIAL PHOPHATE, SPICE AND COLORING. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT.)); Carrots (CARROTS); Onion, yellow, 1/4-inch diced, readyto-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION)); Green Pea (PEAS); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Black Pepper Ground (BLACK PEPPER)

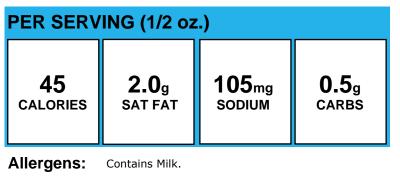
Shredded Lettuce

PER SERVING (1 cup shredded)			
10	0.0 g	7 _{mg}	2.1 _g
calories	SAT FAT	sodium	carbs

Allergens:

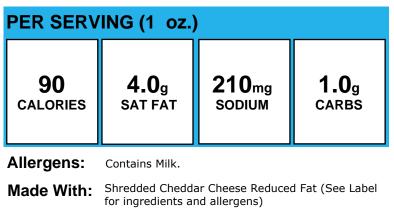
Made With: Shredded Lettuce (ICEBERG LETTUCE)

Shredded Yellow Cheddar Cheese



Made With: Shredded Cheddar Cheese Reduced Fat (See Label for ingredients and allergens)

Shredded Yellow Cheddar Cheese



Skim Milk

PER SERVING (8 fl. oz.)					
80 calories	0.0 g SAT FAT	110 mg SODIUM	11.0 g carbs		
Allergens:	Contains Milk.				
Made With:	Skim Milk (Fat Free Milk, Vitamins A & D Added)				

Skim Milk

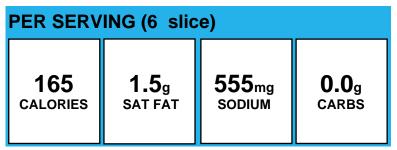
PER SERVING (1 Half Pint)				
90 CALORIES	0.0 g SAT FAT	mg SODIUM	13.0 g carbs	
Allergens:	Contains Milk.			
Made With:	Meadow Gold Skim Milk (NONFAT MILK, VITAMIN A			

PALMITATE, VITAMIN D3)

Skim Milk

PER SERVING (1 Carton)			
80 calories	0.0 g SAT FAT	105 _{mg} sodium	12.0 g carbs
Allergens:	Contains Milk.		
Made With:	Skim Milk (Fat Fr and D3 Added.)	ee Milk with Vitam	nin A Palmitate

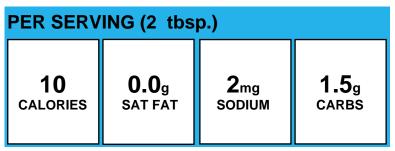
Sliced Deli Turkey



Allergens:

Made With: Roast Turkey Breast (Turkey Breast, White Turkey, Turkey Broth, Contains 2% or Less Modified Food Starch, Potassium Chloride, Sodium Phosphate, Salt, Rosemary Extract)

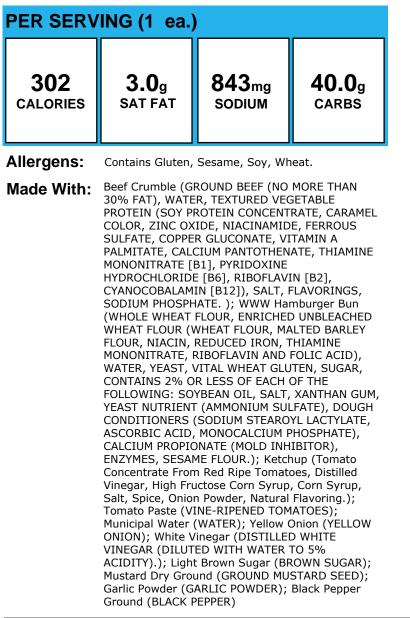
Sliced Mushrooms



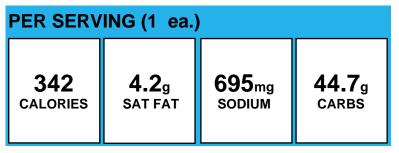
Allergens:

Made With: Mushroom Slices (MUSHROOMS)

Sloppy Joe



Sloppy Joe



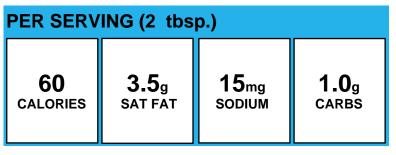
Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: USDA Beef Crumble ; WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Ketchup (Tomato Concentrate From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring.); Tomato Paste (VINE-RIPENED TOMATOES); Municipal Water (WATER); Yellow Onion (YELLOW ONION); White Vinegar (DISTILLED WHITE VINEGAR (DILUTED WITH WATER TO 5% ACIDITY).); Light Brown Sugar (BROWN SUGAR); Mustard Dry Ground (GROUND MUSTARD SEED); Garlic Powder (GARLIC POWDER); Black Pepper Ground (BLACK PEPPER)

Sour Cream

PER SERV	ING (1 tbs	p.)	
30 calories	1.8 g SAT FAT	8 mg SODIUM	0.5 g carbs
Allergens:	Contains Milk.		
Made With:	Sour Cream (Cult	tured Cream.)	

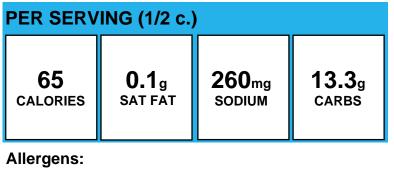
Sour Cream



Allergens: Contains Milk.

Made With: Sour Cream (Cultured Cream.)

Spaghetti Sauce



Made With:	Spaghetti Sauce (TOMATO PUREE (WATER, TOMATC PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC)
	UARLIC)

Spaghetti with Meat Sauce

PER SERVING (1 serving)			
363	3.3 g	904 _{mg}	50.6 g
CALORIES	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Meat Sauce, beef crumbles, spaghetti sauce, Recipe (Spaghetti Sauce (TOMATO PUREE (WATER, TOMATO PASTE), ONIONS, SUGAR, SALT, NATURAL FLAVOR, SPICES, EXTRA VIRGIN OLIVE OIL, CITRIC ACID, , GARLIC ...); Beef Crumble (GROUND BEEF (NO MORE THAN 30% FAT), WATER, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [B1], PYRIDOXINE HYDROCHLORIDE [B6], RIBOFLAVIN [B2], CYANOCOBALAMIN [B12]), SALT, FLAVORINGS, SODIUM PHOSPHATE.)); Spaghetti Noodles, pasta, regular, cooked al dente (1/2c = 1)oz eq grain), Recipe (Municipal Water (WATER); Spaghetti (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Panko Bread Crumbs (WHEAT FLOUR, SUGAR, YEAST, SALT)

Spicy Chicken Burger



Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Chick Patty Brd Spicy Wg (Chicken, water, whole wheat flour, enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), textured soy flour, isolated soy, protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot, powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], extractives of paprika, garlic, powder, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), maltodextrin, modified corn starch, natural flavors, onion powder, salt,, sea salt blend (potassium chloride, sea salt), spices (including celery seed), starter distillate, sugar, textured soy protein concentrate, vinegar, wheat gluten, yeast extract., Breading set in vegetable oil.,); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.)

Spicy Cool Sauce

PER SERVING (1 tbsp.)			
31	0.3 g	110 _{mg}	2.4 g
calories	SAT FAT	sodium	carbs

Allergens: Contains Egg, Milk.

Made With: Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)*, SPICE, CITRIC ACID, XANTHAN GUM*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5*. *INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Sriracha Sauce (CHILI PEPPER, VINEGAR, GARLIC, SUGAR, SALT, WATER, NATURAL FLAVORS, XANTHAN GUM, LESS THAN 0.1% POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES)

Spicy Italian Sub

PER SERVING (1 sandwich)				
403 CALORIES	5.5 g SAT FAT	941 _{mg} sodium	35.2 g carbs	
Allergens:	Contains Gluten, Soy.	Milk, Wheat. May	contain Egg,	
Made With:	red + 1/4c other 1/4-inch diced, ro 1/2c red/orange (TOMATO)); Blac (1/2c = 2.2 oz = Black Olives (RIP FERROUS GLUCC) Peppers, green, s to-serve (1/2c=3) (Green Bell Pepp Roll, spicy Italiam grain), Recipe (proofed and stree grain), Recipe (WHOLE WHEAT FLOUR (V FERROUS SULFA ENZYME, RIBOFL SUGAR, WHEAT FLOUR (V FERROUS SULFA ENZYME, RIBOFL SUGAR, WHEAT G LESS THAN 2% (C FRUCTOSE, NATU INGREDIENTS), S (CONTAINS WHE Spray (Canola Oi & amp; amp; amp; Italian Seasoning Granulated (GRA Seasoning (MARJ SAVORY, SAGE, G Red Pepper (CRU (Canola Oil, Phose Diglycerides, Pro Cheese (Low Moi Cheese (Pasteuri Cultures, Salt, Er Prevent Caking), Inhibitor),); Roa White Turkey, Tu Modified Food St Phosphate, Salt, Ham (Turkey Thi Less Lite Salt (Poc Chloride), Sugar, Carrageenan, So Flavoring, Sodiur Salt, Contains, 2 Oleoresin Of Pap	nato, pepper, olive veg), Recipe (To eady-to-serve (1/2 veg), Recipe (To k Olives, sliced, ca 1/2c other veg), E OLIVES, WATER DNATE (AN IRON D sweet (bell), 1/4-ii 3.2 oz=1/2c other er (GREEN SWEET herb, Richs (1 roi Sub Roll Dough, w tched, Richs (1 roi Sub Roll Dough, w tched, Richs (1 roi Sub Roll Dough, w tched, Richs (1 roi Whole Grain Sub I E-OUR, ENRICHED WHEAT FLOUR, NI TE, THIAMINE MO AVIN, FOLIC ACID GLUTEN, SOYBEAM OF THE FOLLOWIN JRAL FLAVOR (CO SEA SALT, HONEY AT), ASCORBIC A I, Phosphated More ; Diglycerides, Pro G, red pepper, garl NULATED GARLIC IORAM, THYME, RO OREGANO, AND B, ISHED RED PEPPEI sphated Mono & am pellant.)); Past Sk sture Part Skim Mill rzymes), Powdere , Natamycin (a Na est Turkey Broth, Conta arch, Potassium C Rosemary Extract gh Meat, Water, C stassium Chloride, , Sodium Phosphated dium Erythorbate, n Nitrite.); Peppe 2% or Less of Spic rika, Lactic Acid St poly Nitrite, BH	pratoes, fresh, 2c = 4.2 oz = mato anned, drained Recipe (Sliced , SEA SALT, DERIVATIVE))); nch diced, ready- veg), Recipe PEPPER))); Sub II = 2 oz eq Roll (WATER, UNBLEACHED ACIN, IRON AS NONITRATE,), YEAST, N OIL, CONTAINS G: OAT FIBER, NTAINS WHEAT, ENZYMES CID, SALT.); Pan 10 pellant.)); Spicy ic (Garlic); Italian DSEMARY, ASIL.); Crushed R)); Pan Spray 10 pellant.)); Spicy ic (Garlic); Talian DSEMARY, ASIL.); Crushed R)); Pan Spray 10 pellant.); Spicy ic (Garlic); Italian DSEMARY, ASIL.); Crushed R)); Pan Spray 10 p; amp; im Mozzarella ozzarella, c, Cheese d Cellulose (to tural Mold Turkey Breast, ins 2% or Less hloride, Sodium); Deli Turkey ontains 2% Or Sodium :e, Salt, Natural Smoke roni (Pork, Beef, es, Dextrose, , carter , Culture,	

Spiral-cut French Fries

PER SERVING (1/2 c.)			
107	0.7 g	257 _{mg}	14.3 _g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Wheat.

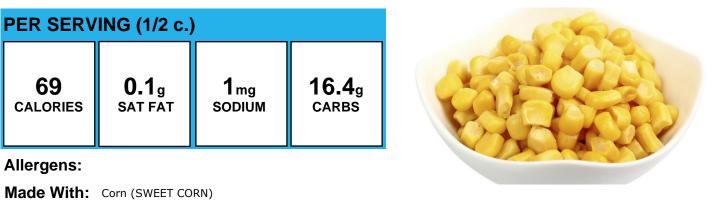
Made With: French fries, potato, spiral-cut, skin-on, Redstone Canyon (POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN), BLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID). CONTAINS 2% OR LESS OF ANNATTO (COLOR), BAKING SODA, DEXTRIN, DEXTROSE, EXTRACTIVES OF CAPSICUM, EXTRACTIVES OF PAPRIKA (COLOR), GARLIC POWDER, ONION POWDER, PAPRIKA (COLOR), SALT, SODIUM ACID PYROPHOSPHATE (MAINTAINS NATURAL COLOR & LEAVENING), SPICES, TAPIOCA STARCH, TAPIOCA STARCH - MODIFIED, XANTHAN GUM.)

Steamed Broccoli

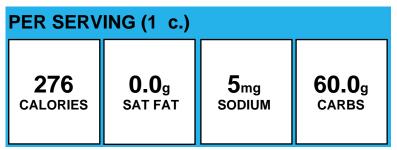


Made With: Broccoli (BROCCOLI); Municipal Water (WATER)

Steamed Corn



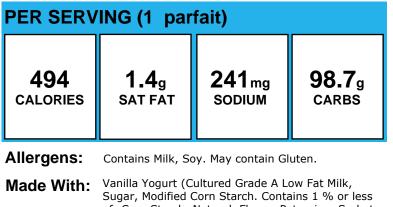
Steamed Rice



Allergens:

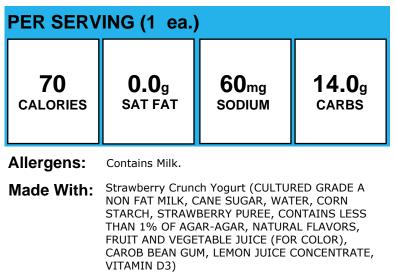
Made With: Municipal Water (WATER); Converted White Rice (LONG GRAIN PARBOILED WHITE RICE)

Strawberry Fields Yogurt Parfait



 Wade With:
Valuate Fourth Contained Grade A Low Fat Plank, Sugar, Modified Corn Starch. Contains 1 % or less of: Corn Starch, Natural, Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.); Strawberries (STRAWBERRIES, SUGAR); Oats & amp; Honey Crunch Granola (Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Rice Flour, Honey, Brown Sugar Syrup, Salt, Baking Soda, , Soy Lecithin, Natural Flavor.)

Strawberry Yogurt



String Cheese Stick

PER SERVING (1 stick.)			
90 calories	5.0 g SAT FAT	200 _{mg} SODIUM	0.0 g carbs
Allergens:	Contains Milk.		

Made With: String Cheese (See Label for ingredients and allergens)

Sweet and Sour Sauce



Allergens:

Made With:	Sweet and Sour Sauce (SUGAR, WATER, VINEGAR, MODIFIED CORN STARCH, PINEAPPLE FLAKES
	(PINEAPPLE, BROWN SUGAR SYRUP, TAPIOCA FLOUR, NATURAL FLAVOR, ASCORBIC ACID, SALT),
	DEHYDRATED RED BELL PEPPER, SALT, EXTRACTIVES OF PAPRIKA.)

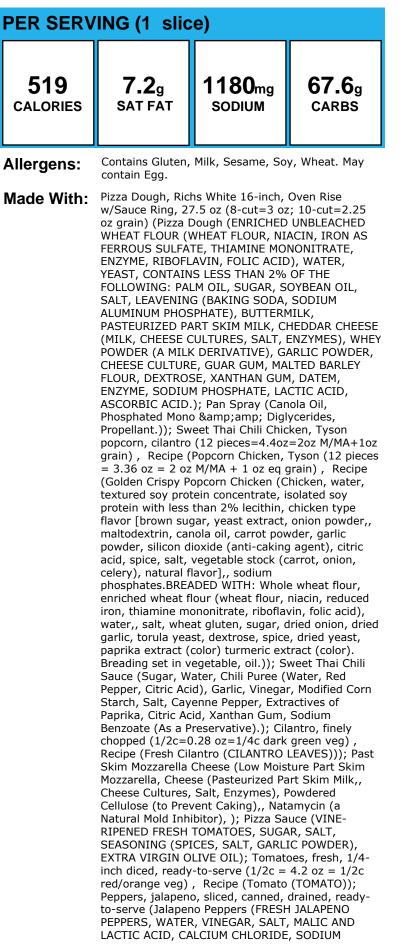
Sweet Potato Fries



Allergens:

Made With: French fries, sweet potato, straight-cut, 5/16-inch, Harvest Splendor (SWEET POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN), CORN STARCH - MODIFIED, POTATO STARCH - MODIFIED. CONTAINS 2% OR LESS OF BAKING SODA, DEXTRIN, EXTRACTS OF PAPRIKA AND TURMERIC (COLOR), FIBER (PEA, CORN), MOLASSES POWDER (REFINERS SYRUP, MOLASSES), RICE FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, (MAINTAINS NATURAL COLOR & amp; LEVENING), SUGAR, XANTHAN GUM.)

Sweet Thai Chili Chicken Pizza



BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Asian Hot Mustard Sauce, sriracha, rice vinegar, sesame dressing (Toasted Sesame Dressing (SOYBEAN OIL, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), WATER, DISTILLED VINEGAR, SESAME OIL, RICE VINEGAR, CONTAINS LESS THAN 2% OF TOMATO PASTE, SALT, SESAME SEED, ORANGE PUREE, SPICES, RED BELL PEPPER*, APRICOT PUREE CONCENTRATE, XANTHAN GUM, GARLIC*, ONION*, MUSTARD SEED, SORBIC ACID AND SODIUM BENZOATE (AS PRESERVATIVES), CARRAGEENAN, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. *DEHYDRATED CONTAINS: WHEAT, SOYBEAN.); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Municipal Water (WATER); Mustard Dry Ground (GROUND MUSTARD SEED); Sriracha Sauce (CHILI PEPPER, VINEGAR, GARLIC, SUGAR, SALT, WATER, NATURAL FLAVORS, XANTHAN GUM, LESS THAN 0.1% POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES); Seasoned Rice Wine Vinegar (RICE WINE VINEGAR (REDUCED WITH WATER TO 4.5% ACIDITY BY VOLUME), SUGAR, SALT, POTASSIUM METABISULFITE (AS PRESERVATIVE), CARAMEL COLOR.)); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Garlic Seasoned Oil, Italian seasoning (Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

Sweet Thai Chili Chicken Wrap



Allergens: Contains Gluten, Soy, Wheat.

Made With: Sweet Thai Chili Chicken, Tyson popcorn, cilantro (12 pieces=4.4oz=2oz M/MA+1oz grain), Recipe (Popcorn Chicken, Tyson (12 pieces = 3.36 oz = 2oz M/MA + 1 oz eg grain), Recipe (Golden Crispy Popcorn Chicken (Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, chicken type flavor [brown sugar, yeast extract, onion powder,, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor],, sodium phosphates.BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water,, salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, dextrose, spice, dried yeast, paprika extract (color) turmeric extract (color). Breading set in vegetable, oil.)); Sweet Thai Chili Sauce (Sugar, Water, Chili Puree (Water, Red Pepper, Citric Acid), Garlic, Vinegar, Modified Corn Starch, Salt, Cayenne Pepper, Extractives of Paprika, Citric Acid, Xanthan Gum, Sodium Benzoate (As a Preservative).); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).); Spicy Thai Side Vegetables, tomato, carrot, onion, jalapeno, cilantro (1/4c = 1/8c other + 1/8c red veg), Recipe (Tomatoes, fresh, 1/4-inch diced, ready-to-serve (1/2c = 4.2oz = 1/2c red/orange veg), Recipe (Tomato (TOMATO)); Peppers, jalapeno, sliced, canned, drained, ready-to-serve (Jalapeno Peppers (FRESH JALAPENO PEPPERS, WATER, VINEGAR, SALT, MALIC AND LACTIC ACID, CALCIUM CHLORIDE, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES), YELLOW 5.)); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Matchstick Carrots, fresh (1/2 c = 1.6 oz = 1/2c red/orange veg)(Carrot (CARROTS)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)))



Taco Pizza

PER SERVING (1 slice)				
478 calories	8.8 g SAT FAT	1041 _{mg} sodium	58.2 g carbs	
Allergens:	Contains Gluten, Egg.	Milk, Soy, Wheat.	May contain	
Made With:	w/Sauce Ring, 2: oz grain) (Pizza I WHEAT FLOUR (\ FERROUS SULFA' ENZYME, RIBOFL YEAST, CONTAIN FOLLOWING: PAI SALT, LEAVENINA ALUMINUM PHOS PASTEURIZED PA (MILK, CHEESE O POWDER (A MILH CHEESE CULTUR FLOUR, DEXTROS ENZYME, SODIUI ASCORBIC ACID. Phosphated Mone Propellant.)); Tur Filling, Cooked, F Thick & amp; Chu (WATER, CRUSHI JALAPENO PEPPE JUICE, FRESH OM DEHYDRATED ON FLAVORING.); Pa Moisture Part Ski Part Skim Milk,, O Powdered Cellulo Natamycin (a Na Cheddar Cheese Pasteurized , Mill Colored], Anticak Cellulose)); Redu Corn, Corn, Vege Sunflower Oil), M Corn, Bran, Salt, Cultures, Salt, E Glutamate, Butte Cow's Milk, Chee Whey Protein Con Flour, Natural an Tomato Powder, (Yellow 6, Yellow Sugar, Garlic Pow	hs White 16-inch, 7.5 oz (8-cut=3 oz Dough (ENRICHED WHEAT FLOUR, NI, TE, THIAMINE MOI AVIN, FOLIC ACID IS LESS THAN 2% M OIL, SUGAR, S' G (BAKING SODA, G (BAKING SODA, SPHATE), BUTTERN ART SKIM MILK, CI CULTURES, SALT, IG CULTURES, SALT, IG CULTURES, SALT, IG CULTURES, SALT, IG CULTURES, SALT, IG CULTURES, SALT, IG COMPATE, LA D'S AMP; AND COMP SE, GUAR GUM, MA SE, XANTHAN GUM M PHOSPHATE, LA D'S Amp; Dig1 rkey Taco Filling (C frozen, USDA, #10 inky Salsa (CRUSH ED TOMATO CONC RS, DICED TOMATO VIONS, DISTILLED VIONS, SALT, GAR ast Skim Mozzarell m Mozzarella, Che Cheese Cultures, S ise (to Prevent Cal tural Mold Inhibito (Cheddar Cheese C, Salt, Enzymes, C etable Oil (Corn, Ca laltodextrin (Made Cheddar Cheese (nzymes), Whey, M remilk, Romano C se Cultures, Salt, ncentrate, Onion F d Artificial Flavors Lactose, Spices, A 5, Red 40), Lactio vder, Skim Milk, R Disodium Inosinate	:; 10-cut=2.25 UNBLEACHED ACIN, IRON AS NONITRATE,)), WATER, OF THE OYBEAN OIL, SODIUM 4ILK, HEDDAR CHEESE ENZYMES), WHEY ARLIC POWDER, LIED BARLEY 4, DATEM, CTIC ACID, hola Oil, ycerides, Turkey Taco 00119); Mild HED TOMATOES ENTRATE), TOES IN TOMATO VINEGAR, LIC, NATURAL a Cheese (Low eese (Pasteurized Salt, Enzymes), king),, br), j; Yellow (Cultured Color Added [If, , Powdered ritos (Whole anola, and/or From Corn), (Milk, Cheese Aonosodium heese (Part-Skim Enzymes), Powder, Corn , Dextrose, artificial Color c Acid, Citric Acid, ed and Green Bel	

Taco Salad Bowl

PER SERVING (1 bowl)			
210	3.0 g	320 _{mg}	34.0 g
CALORIES	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Wheat.

Made With: Whole Wheat Tortilla (Whole wheat flour, Enriched unbleached flour (Wheat flour, Niacin, Reduced iron, Thiamine mononitrate, Riboflavin and Folic acid), Water, Vegetable shortening (Contains one or more of the following: Palm oil and/or Corn oil), Contains 2% or less of the following: Salt, Aluminum-free leavening (Sodium acid Pyrophosphate, Sodium bicarbonate, Cornstarch, Monocalcium phosphate), Wheat protein, Preservatives (Calcium propionate, Sorbic acid), Dough conditioner (Fumaric acid, Xanthan gum, Mono- and Diglycerides, Sodium metabisulphite).)

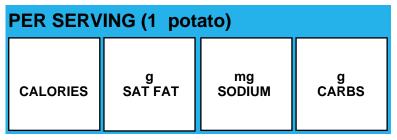
Taste4 Extras Bar

PER SERVING (1 serv.)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

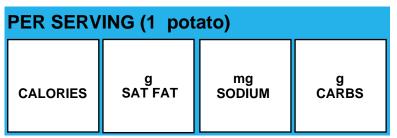
Tater Temptation- Broccoli & Cheese (Menu Item & Assembly)



Allergens:

Made With:

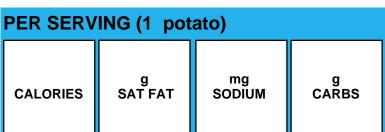
Tater Temptation- Old School



Allergens:

Made With:

Tater Temptation- Southwest Taco (Menu Item & Assembly)



Allergens:

Made With:

Tater Temptation- Turkey & Gravy

PER SERVING (1 potato)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

Tater Temptation- Veggie Chili & Cheese

PER SERVING (1 potato)			
CALORIES	g	mg	g
	SAT FAT	SODIUM	CARBS

Allergens:

Made With:

Tater Tots

PER SERVING (1/2 c.)			
111	1.0 g	312 _{mg}	14.1 _g
CALORIES	SAT FAT	sodium	carbs

Allergens:

Made With: Tater Tots, potato, ORE-IDA (Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Color.)

Tater Tots

PER SERVING (3/4 c.)				
166 calories	1.5 g SAT FAT	468 _{mg} sodium	21.1 g carbs	
Allergens:				
Made With	Ade With. Tater Tots, potato, ORE-IDA (Potatoes, Vegetable			

Made With:	Tater Tots, potato, ORE-IDA (Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn).
	Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Color.)

Teriyaki Beef Dippers

PER SERVING (4 piece)			
153	4.1 g	417 _{mg}	7.1 _g
calories	SAT FAT	sodium	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Teriyaki Beef Dipper (Ground beef (not more than 20% fat), water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate,, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamine mononitrate (b1), pyridoxine hydrochloride (b6), riboflavin (b2), cyanocobalamin (b12)),, seasoning (molasses granules [refinery syrup, cane mill molasses, cane caramel color], sugar (brown and cane), dehydrated soy sauce (wheat, soybeans, salt),, maltodextrin, salt, sodium phosphates, potassium chloride, spices, garlic powder, citric acid). glazed with: teriyaki sauce (soy sauce [water, soybeans, wheat, salt,, sodium benzoate], sugar, water, distilled vinegar, modified food starch, pineapple juice concentrate, soybean oil, caramel color, xanthan gum, garlic powder, sodium, benzoate, spice and natural flavor).)

Teriyaki Chicken Pizza

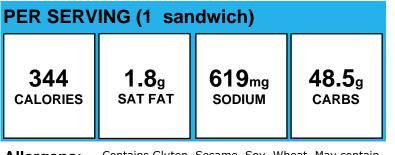
PER SERVING (1 slice)				
445 calories	6.9 g SAT FAT	963 _{mg} SODIUM	59.6 g carbs	
Allergens:	Contains Egg, Gl	uten, Milk, Soy, W	'heat.	
Made With:	w/Sauce Ring, 27 oz grain) (Pizza I WHEAT FLOUR (V FERROUS SULFA ENZYME, RIBOFL YEAST, CONTAIN FOLLOWING: PAI SALT, LEAVENING ALUMINUM PHOSP PASTEURIZED PA (MILK, CHEESE COLTUR FLOUR, DEXTROS ENZYME, SODIUI ASCORBIC ACID. Phosphated Mono Propellant.)); Pas Moisture Part Ski Part Skim Milk,, (hs White 16-inch, 7.5 oz (8-cut=3 oz Dough (ENRICHED WHEAT FLOUR, NI TE, THIAMINE MOI AVIN, FOLIC ACID IS LESS THAN 2% LM OIL, SUGAR, S G (BAKING SODA, SPHATE), BUTTERN ART SKIM MILK, CI CULTURES, SALT, I K DERIVATIVE), G/ E, GUAR GUM, MA SE, XANTHAN GUM M PHOSPHATE, LA .); Pan Spray (Can b & amp; amp; Digl st Skim Mozzarella m Mozzarella, Che Cheese Cultures, S se (to Prevent Cal	:; 10-cut=2.25 UNBLEACHED ACIN, IRON AS NONITRATE,), WATER, OF THE OYBEAN OIL, SODIUM AILK, HEDDAR CHEESE ENZYMES), WHEY ARLIC POWDER, LTED BARLEY 1, DATEM, CTIC ACID, iola Oil, ycerides, Cheese (Low eese (Pasteurized Salt, Enzymes),	

Natamycin (a Natural Mold Inhibitor),); Teriyaki Chicken, USDA Strip Chicken (1/2c = 2 oz M/MA) (Unseasoned Chicken Strips (GOLDKIST FARMS:

CHICKEN MEAT, WATER, MODIFIED FOOD STARCH, SODIUM PHOSPHATES, REDUCED SODIUM SEA SALT (SEA SALT, POTASSIUM CHLORIDE, RICE FLOUR).

, CRIDER FOODS: CHICKEN WHITE AND DARK MEAT, WATER, SALT, MODIFIED FOOD STARCH & amp; amp; SODIUM PHOSPHATE.); Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green)veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Pizza Sauce (VINE-RIPENED FRESH TOMATOES, SUGAR, SALT, SEASONING (SPICES, SALT, GARLIC POWDER), EXTRA VIRGIN OLIVE OIL); Asian Ginger Sauce, greek yogurt, mayonnaise, mustard, rice vinegar, soy sauce (Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)* SPICE, CITRIC ACID, XANTHAN GUM*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5*. *INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Seasoned Rice Wine Vinegar (RICE WINE VINEGAR (REDUCED WITH WATER TO 4.5% ACIDITY BY VOLUME), SUGAR, SALT, POTASSIUM METABISULFITE (AS PRESERVATIVE), CARAMEL COLOR.); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Garlic Granulated (GRANULATED GARLIC); Ginger Ground (GROUND GINGER)); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Peppers, green, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Garlic Seasoned Oil, Italian seasoning (Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.))

Teriyaki Chicken Sub



Allergens: Contains Gluten, Sesame, Soy, Wheat. May contain Egg, Milk.

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Made With: Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eg grain), Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eq grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; amp; Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Teriyaki Chicken, USDA Uns Ch, light teriyaki sauce, cilantro (2.5 oz = 2 oz M/MA), Recipe (Grilled Chicken Strips (See Label for ingredients and allergens); Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Teriyaki Side Vegetables, pineapple slaw, peppers, onions (1/2c = 3/8c other+1/8c red)veg), Recipe (Spicy Pineapple Slaw, cabbage, carrots, sriracha (1/2c = 2.6 oz = 1/2c other veg), Recipe (Green Cabbage (GREEN CABBAGE); Pineapple, canned, tidbits, juice pack, drained (1/2c=4 oz=1/2c fruit), Recipe (Pineapple Tidbits (PINEAPPLE, PINEAPPLE JUICE, CITRIC ACID.)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Granulated Sugar (SUGAR); Carrot (CARROTS); Sriracha Sauce (CHILI PEPPER, VINEGAR, GARLIC, SUGAR, SALT, WATER, NATURAL FLAVORS, XANTHAN GUM, LESS THAN 0.1% POTASSIUM SORBATE AND SODIUM BENZOATE AS PRESERVATIVES); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES)); Sesame Seed White (SESAME SEEDS); Ginger Ground (GROUND GINGER)); Peppers, red, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2oz=1/2c red veg), Recipe (Red Bell Peppers (RED SWEET PEPPER)); Peppers, green, sweet (bell), 1/4-inch diced, ready-to-serve (1/2c=3.2 oz=1/2c other veg), Recipe (Green Bell Pepper (GREEN SWEET PEPPER)); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS))); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS))

Teriyaki Sauce

PER SERVING (2 tbsp.)			
93	0.3 g	288 _{mg}	21.8 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Gluten, Soy, Wheat.

Made With: Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.)

Toasted Garlic Caesar Salad

PER SERVING (1 c.)			
177 calories	3.3 g SAT FAT	326 _{mg} SODIUM	6.8 g carbs
Allergens:		sh, Gluten, Milk, W also processes Tre	
Made With:	Garlic Caesar Dre OIL, WATER, PAR (PARMESAN CHE CULTURES, SALT MODIFIED CHEES SALT, ENZYMES) PREVENT CAKING EXTRA VIRGIN O 2% OF SALT, AN SPICES, GARLIC, GARLIC*, PHOSP AND POTASSIUM XANTHAN GUM, I CARAMEL COLOR FLAVORS, CELER CONTAINS: MILK Roasted Chopped (GARLIC); Olive Olive Oil.))); Gra PARMESAN CHEE CHEESE CULTUR CELLULOSE (ADE Croutons (Enrich- Barley Flour, Niad Mononitrate, Ribd Sunflower Oil (W Acid [To Preserve Yeast, 2% Or Les Onion Powder, Pa	(ROMAINE LETTU essing (Caesar Dre RMESAN CHEESE V ESE [PASTEURIZE , ENZYMES], FLAV SE {CULTURED MI -], POWDERED CE G), CORN VINEGAI LIVE OIL, CONTAI CHOVY, DISTILLEI LEMON JUICE CO HORIC ACID, SOU HORIC ACID, SOU SORBATE (AS PR MOLASSES, CORN J, SUGAR, TAMARI Y SEED. *DEHYD C, EGG, FISH (ANC G Garlic (Garlic Cho Oil Blend (Canola ted Parmesan Che SE (MADE FROM (E, SALT, ENZYMES DED TO PREVENT (e Freshness],), W aprika (Color), Tur rika (Color), Spice	essing (SOYBEAN VITH FLAVOR D MILK, CHEESE /OR [ENZYME LK, WATER, LLULOSE TO R, EGG YOLKS, NS LESS THAN D VINEGAR, NCENTRATE, DIUM BENZOATE ESERVATIVES), SYRUP, ND, NATURAL DRATED CHOVY).); opped in Water Oil, Extra Virgin eses (GRATED COW'S MILK, S), POWDERED CAKING)); lour, Malted Thiamin , Canola And/Or act And Ascorbic hey, Salt, Sugar, drated Parsley, meric (Color),

Toasted Waffle

PER SERVING (2 waffle)			
186	1.6 g	372 _{mg}	27.9 g
calories	SAT FAT	SODIUM	carbs

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Golden Waffle (Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), water, vegetable oil (soybean, palm and/or canola), eggs, leavening (baking soda, sodium aluminum, phosphate, monocalcium phosphate), contains 2% or less of sugar, salt, whey, soy lecithin, beta-carotene for color. Vitamins and Minerals: Calcium carbonate, reduced iron, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B12)

Tortilla Chips

PER SER	VING (1 1/2					
206 calories	1.5 g SAT FAT	169 _{mg} sodium	29.5 g carbs			
Allergens:						
Made With:	Tostitos Rnd Wg (Whole Corn, Corn, Vegetable Oil (Corn, Canola and/or Sunflower Oil),, and Salt.)					

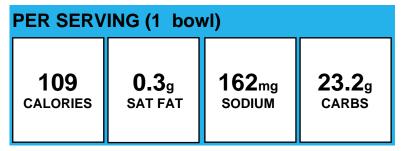
Trix Cereal Bar

PER SERVING (1 Bar)				
159	0.6 g	107 _{mg}	29.2 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Soy, Wheat.

Made With: Trix Cereal Bar, WG (WHOLE GRAIN OATS, CORN SYRUP, SUGAR, WHOLE GRAIN CORN, FRUCTOSE, CANOLA OIL, DEGERMED YELLOW CORN MEAL, WHOLE WHEAT FLOUR, CHICORY ROOT EXTRACT, MALTODEXTRIN. CONTAINS 2% OR LESS OF: BROWN RICE FLOUR, VEGETABLE GLYCERIN, CALCIUM CARBONATE, CORN FLOUR, WHEAT STARCH, SALT, COLOR (VEGTEABLE JUICE, FRUIT JUICE, TURMERIC EXTRACT, ANNATTO EXTRACT), NATURAL FLAVOR, CALCIUM PHOSPHATE, BAKING SODA, TRISODIUM PHOSPHATE, ZINC AND IRON (MINERAL NUTRIENTS), CITRIC ACID, MALIC ACID, VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), SOY LECITHIN, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.)

Trix Cereal reduced sugar



Allergens:

Made With: Trix Cereal (Whole Grain Corn, Rice Flour, Sugar, Corn Syrup, Canola and/or Sunflower Oil, Color (vegetable and fruit juice,, annatto extract, turmeric extract), Salt, Trisodium Phosphate, Natural Flavor, Citric Acid, Malic Acid. Vitamins and Minerals: Calcium Carbonate,, Tricalcium Phosphate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride),, Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.)



Tuna Salad Sub Sandwich

i ulla Sal	i una Salad Sub Sandwich				
PER SERV	VING (1 san	dwich)			
211 CALORIES	0.4 g SAT FAT	366mg SODIUM	30.6 g carbs		
Allergens:	Contains Fish, Gl Milk, Soy.	uten, Wheat. May	contain Egg,		
Made With:	celery, onion, per inch diced, ready veg), Recipe (Re Tuna In Water (T Carrot Extract) au Vinaigrette (WAT SOYBEAN OIL, RE OIL, SALT, CONT, DISTILLED VINEC GARLIC*, MUSTA PEPPER*, POLYSC EDTA ADDED TO *DEHYDRATED); PEPPER); Celery sliced, canned, du 1.80z = 1/2c othe Rings (FRESH BA SALT, MALIC ANE CHLORIDE, SODI METABISULFITE (Black Pepper Gro Peppers (FRESH I VINEGAR, SALT, CALCIUM CHLORI SODIUM METABIS YELLOW 5.)); Sul grain, Richs (1 ro Roll Dough, whold Richs (1 roll = 2 Sub Roll (WATER ENRICHED UNBLE FLOUR, NIACIN, I THIAMINE MONO FOLIC ACID), YEA SOYBEAN OIL, CO FOLLOWING: OA FLAVOR (CONTAI SALT, HONEY, EN ASCORBIC ACID, Phosphated Mono Propellant.)); Par	illing, lowfat, bana pper, balsamic (or -to-serve (1/2c=3 ed Onion (RED ON una, Water, Veget nd Salt.); Low Fat ER, BALSAMIC VIN ED WINE VINEGAR AINS LESS THAN GAR, XANTHAN GL RD SEED, ONION ORBATE 60, CALCI PROTECT FLAVOR Green Bell Pepper (CELERY); Pepper rained, ready-to-s er), Recipe (Mild NANA PEPPERS, M O LACTIC ACID, CA UM BENZOATE AN (PRESERVATIVES) OUND (BLACK PEPPE MALIC AND LACTI JALAPENO PEPPER MALIC AND LACTI IDE, SODIUM BEN SULFITE (PRESERV b Roll, regular, sid oll = 2 oz eq grain) e grain, proofed al oz eq grain), Rec , WHOLE WHEAT FI EACHED WHEAT FI EACHED WHEAT FI EACHED WHEAT FI IRON AS FERROUS (NITRATE, ENZYME AST, SUGAR, WHE ONTAINS LESS TH T FIBER, FRUCTOS INS WHEAT INGRE VZYMES (CONTAIN SALT.); Pan Spra o & amp; amp; amp; o Spray (Canola O ; Diglycerides, Pro	nion, red, 1/4- Boz=1/2c other JION)); Chunk table Broth (Pea, t Balsamic NEGAR, R, SUGAR, OLIVE 2% OF JM, SPICES, *, RED BELL IUM DISODIUM R. r (GREEN SWEET 's, banana, erve (1/2c = Banana Pepper VATER, VINEGAR, ALCIUM ND SODIUM N, YELLOW 5.)); ER); Jalapeno RS, WATER, IC ACID, IZOATE AND VATIVES), de slice, whole), Recipe (Sub nd stretched, cipe (Whole Grain FLOUR, LOUR (WHEAT S SULFATE, E, RIBOFLAVIN, E, RIBOFLAVIN, IAN 2% OF THE SE, NATURAL EDIENTS), SEA NS WHEAT), ny (Canola Oil, ; Diglycerides, il, Phosphated		

Turkey

PER SERVING (2 7/8 oz 1 serving)				
87	0.0 g	433 _{mg}	2.0 g	
calories	SAT FAT	sodium	carbs	

Allergens:

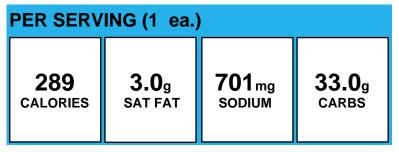
Made With: Deli Turkey (INGREDIENTS: TURKEY BREAST, TURKEY BROTH: CONTAINS 2% OR LESS SEA SALT, MODIFIED FOOD STARCH, SUGAR, SODIUM PHOSPHATE. , This item is fully cooked deli-style turkey producedfrom formed turkey breast meat. This productcontains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5pound packages., CREDITING/YIELD One case of turkey deli breast provides approximately 448 1.43 -ounce portions., CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement., , ,)

Turkey & Cheese Sub

PER SERVING (1 ea.)				
302	5.1 g	894 _{mg}	32.1 g	
calories	SAT FAT	sodium	carbs	

- Allergens: Contains Gluten, Milk, Soy, Wheat. May contain Egg.
- Made With: Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eq grain), Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eg grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; amp; Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Deli Smoked Turkey (Turkey, Deli Breast, Smoked, Sliced, USDA #110910); Yellow American Cheese (American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), , Color Added, Soy Lecithin For Separation.,); Lettuce, Iceburg, shredded, ready-to-serve (Shredded Lettuce (ICEBERG LETTUCE))

Turkey & Cheese Sub



Allergens: Contains Gluten, Milk, Soy, Wheat. May contain Egg.

Made With: Sub Roll, regular, side slice, whole grain, Richs (1 roll = 2 oz eq grain) , Recipe (Sub Roll Dough, whole grain, proofed and stretched, Richs (1 roll = 2 oz eg grain), Recipe (Whole Grain Sub Roll (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: OAT FIBER, FRUCTOSE, NATURAL FLAVOR (CONTAINS WHEAT INGREDIENTS), SEA SALT, HONEY, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; amp; Diglycerides, Propellant.)); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Deli Turkey (INGREDIENTS: TURKEY BREAST, TURKEY BROTH: CONTAINS 2% OR LESS SEA SALT, MODIFIED FOOD STARCH, SUGAR, SODIUM , This item is fully PHOSPHATE. cooked deli-style turkey producedfrom formed turkey breast meat. This product contains thinly sliced deli meat in a shingle layered package. This item is shipped frozen in cases containing eight 5pound packages., CREDITING/YIELD One case of turkey deli breast provides approximately 448 1.43 -ounce portions., CN Crediting: Approximately 1.43 ounces of turkey deli breast credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement., , , ,); American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Citrate, Salt, Artificial Color (if colored), Sodium Phosphate, Sorbic Acid (preservative), Enzymes, Soy Lecithin (non-sticking agent)); Lettuce, Iceburg, shredded, ready-to-serve (Shredded Lettuce (ICEBERG LETTUCE))

Turkey & Gravy

PER SERVING (4 oz.)				
130	2.0 g	450 _{mg}	2.0 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Soy.

Made With: Shredded Turkey & amp; Gravy (Turkey, Water, Contains 2% or less Modified Food Starch, Salt, Chicken Base, (Chicken Meat Including Chicken Juices, Salt, Hydrolyzed Soy And Corn Protein, Sugar,, Natural Flavorings, Potato Flour, Autolyzed Yeast Extract, Carrot Powder, Turmeric),, Sodium Phosphate, Celery Salt, Onion Salt, Flavoring.)

Turkey & Gravy



Allergens:

Made With:

Turkey Banh Mi Pizza

PER SERVING (1 slice)						
446 calories	6.5g SAT FAT SODIUM CARBS					
Allergens:	Contains Egg, Gluten, Milk, Wheat. Processed in a facility that also processes Soy.					
Made With:	Pizza Dough, Richs White 16-inch, Oven Rise w/Sauce Ring, 27.5 oz (8-cut=3 oz; 10-cut=2.25 oz grain) (Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: PALM OIL, SUGAR, SOYBEAN OIL, SALT, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE), BUTTERMILK, PASTEURIZED PART SKIM MILK, CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), WHEY POWDER (A MILK DERIVATIVE), GARLIC					

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POWDER, CHEESE CULTURE, GUAR GUM, MALTED BARLEY FLOUR, DEXTROSE, XANTHAN GUM, DATEM, ENZYME, SODIUM PHOSPHATE, LACTIC ACID, ASCORBIC ACID.); Pan Spray (Canola Oil, Phosphated Mono & amp; amp; Diglycerides, Propellant.)); Banh Mi Pulled Turkey, thigh (3/8c = 3 oz = 2.25 oz M/MA) , Recipe (Pulled Turkey, thigh (3/8c = 3.22 oz = 2 oz M/MA), Recipe (Turkey Thigh Meat (TURKEY THIGH MEAT, WATER, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, SALT, SUGAR, NATURAL FLAVOR (POTATO MALTODEXTRIN, GUM ARABIC, NATURAL FLAVOR), SEASONING (NATURAL FLAVORING, SALT, POTATO MALTODEXTRIN), SODIUM PHOSPHATE, SEASONING (YEAST EXTRACT, NATURAL FLAVORS, SALT), FLAVORING.)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Garlic Powder (GARLIC POWDER); Ginger Ground (GROUND GINGER); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Shredded Part Skim Mozzarella Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, AND ENZYMES. POTATO STARCH, POWDERED CELLULOSE ADDED TO PREVENT CAKING.); Pizza Sauce (VINE-RIPENED FRESH TOMATOES, SUGAR, SALT, SEASONING (SPICES, SALT, GARLIC POWDER), EXTRA VIRGIN OLIVE OIL); Creamy Thai Chili Sauce, greek yogurt, mayonnaise, Thai Chili Sauce (Reduced Calorie Mayonnaise (WATER, SOYBEAN OIL, CORN SYRUP, FOOD STARCH-MODIFIED*, EGG YOLKS, CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SALT, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES)* SPICE, CITRIC ACID, XANTHAN GUM*, NATURAL FLAVORS, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, YELLOW 5*. *INGREDIENTS NOT NORMALLY FOUND IN MAYONNAISE.); Sweet Thai Chili Sauce (Sugar, Water, Chili Puree (Water, Red Pepper, Citric Acid), Garlic, Vinegar, Modified Corn Starch, Salt, Cayenne Pepper, Extractives of Paprika, Citric Acid, Xanthan Gum, Sodium Benzoate (As a Preservative).); Dannon Non Fat Greek Plain Yogurt (CULTURED GRADE A NON FAT MILK.); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Quick Pickle Cucumbers, sugar, cilantro (1/4c = 1.14 oz = 1/4c other veg), Recipe (Cucumbers, unpared, 1/4-inch sliced, ready-toserve(1/2c = 2.17oz =8 slice=1/2c other veg) , Recipe (Cucumber (CUCUMBER)); Granulated Sugar (SUGAR); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))); Matchstick Carrots, fresh (1/2 c =1.6 oz=1/2c red/orange veg) (Carrot (CARROTS)); Cilantro, finely chopped (1/2c=0.28 oz=1/4c dark green veg), Recipe (Fresh Cilantro (CILANTRO LEAVES))

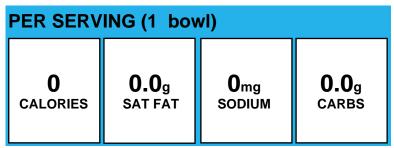
Turkey Carnitas

PER SERVING (3/8 c.)				
114	0.9 g	720 _{mg}	4.0 g	
calories	SAT FAT	SODIUM	carbs	

Allergens:

Made With: Turkey Pot Roast (TURKEY THIGH MEAT, WATER, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, SALT, SUGAR, NATURAL FLAVOR (POTATO MALTODEXTRIN, GUM ARABIC, NATURAL FLAVOR), SEASONING (NATURAL FLAVORING, SALT, POTATO MALTODEXTRIN), SODIUM PHOSPHATE, SEASONING (YEAST EXTRACT, NATURAL FLAVORS, SALT), FLAVORING.); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg) , Recipe (Yellow Onion (YELLOW ONION)); Real Lime Juice (WATER, LIME JUICE CONCENTRATE AND LESS THAN 2% OF: LIME OIL, , SODIUM BENZOATE AND SODIUM METABISULFITE (PRESERVATIVES).); Orange Juice (WATER, ORANGE JUICE CONCENTRATE); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Light Chile Powder (INGREDIENTS: CHILI PEPPER, SPICES, SALT, GARLIC, AND SILICON DIOXIDE (TO MAKE FREE FLOWING).); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.); Yellow Mustard (DISTILLED VINEGAR, WATER, NO. 1 GRADE MUSTARD SEED, SALT, TUMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER.); Garlic Powder (GARLIC POWDER); Black Pepper Ground (BLACK PEPPER); Ground Oregano (DRIED OREGANO); Cumin Ground (CUMIN); Cayenne Pepper (CAYENNE PEPPER)

Turkey Dinner



Allergens:

Made With:

Turkey Taco Filling

PER SERVING (1 3/4 oz.)				
83	1.0 g	134 _{mg}	3.0 g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Soy.

Made With: Turkey Taco Filling (Turkey Taco Filling, Cooked, Frozen, USDA, #100119)

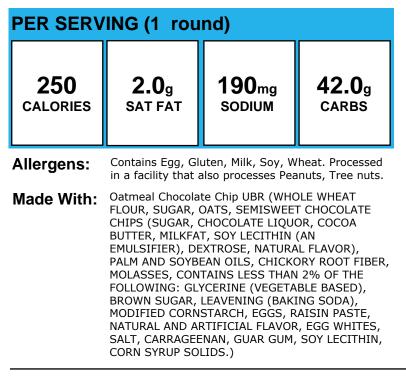
Twisted Breadstick

PER SERVING (1 breadstick)					
173 CALORIES	0.1 g SAT FAT	190 _{mg} sodium	28.4 g carbs		
Allergens:	Contains Gluten, Soy, Wheat. May contain Egg, Milk.				
Made With:	Milk. Whole Grain Breadstick (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), YEAST, SUGAR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF THE FOLLOWING: FRUCTOSE, SOYBEAN OIL, OAT FIBER, SEA SALT, HONEY, SOY LECITHIN, NATURAL FLAVOR, ENZYMES (CONTAINS WHEAT), ASCORBIC ACID, SALT.); Garlic Seasoned Oil, Italian seasoning (Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Garlic Powder (GARLIC POWDER); Italian Seasoning (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, AND BASIL.)); Pan Spray (Canola Oil, Phosphated Mono & amp; Diglycerides, Propellant.)				

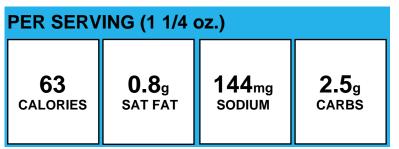
Ultimate Breakfast Round, Cinnamon, BULK

PER SERVING (1 round)					
240 calories	2.0g SAT FAT 200mg SODIUM 42.0g CARBS				
Allergens:	Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Peanuts, Tree nuts.				
Made With:	in a facility that also processes Peanuts, Tree nuts. UBR Cinnamon (INGREDIENTS FOR U.S. MARKET: WHOLE WHEAT FLOUR, OATS, SUGAR, WATER, CINNAMON DROPS (SUGAR, PALM OIL, CINNAMON, NONFAT DRY MILK, SOY LECITHIN (AN EMULSIFIER)), MOLASSES, HIGH OLEIC CANOLA AND HYDROGENATED COTTONSEED OILS, MALTODEXTRIN, EGGS, CONTAINS LESS THAN 2% OF THE FOLLOWING: INULIN, SOYBEAN OIL, LEAVENING (BAKING SODA), CINNAMON, MODIFIED CORNSTARCH, CITRUS FIBER, NATURAL AND ARTIFICIAL FLAVOR, SALT, RICE FLOUR, DATEM, MONO AND DIGLYCERIDES. CONTAINS: WHEAT, MILK, SOY, EGGS MANUFACTURED ON SHARED EQUIPMENT WITH PEANUTS AND TREE NUTS)				

Ultimate Breakfast Round, Oatmeal Chocolate Chip, BULK



Unseasoned Chicken Strips



Allergens:

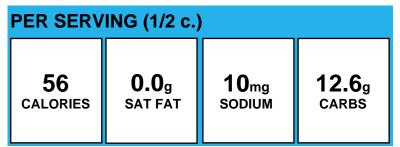
Made With: Grilled Chicken Strips (See Label for ingredients and allergens)

Unseasoned Chicken Strips

PER SERVING (1 7/8 oz.)				
94	1.3 g	216 _{mg}	3.8 g	
calories	SAT FAT	sodium	carbs	

Allergens:

Unsweetened Applesauce



Allergens:

Made With: Unsweetened Apple Sauce (Apples, water and ascorbic acid (Vitamin C) to maintain color.)

Unsweetened Applesauce

PER SERVING (1 Container)				
60	0.0 g	15 _{mg}	14.0 g	
calories	SAT FAT	sodium	carbs	

Allergens:

Made With:	Unsweetened Apple Sauce (APPLES, WATER AND ASCORBIC ACID (VITAMIN C) TO MAINTAIN
	COLOR.)

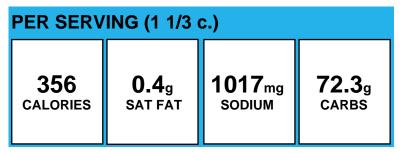
Variety of Entrees

PER SERVING (1 serving)				
O	0.0 g	Omg	0.0 g	
CALORIES	SAT FAT	SODIUM	carbs	

Allergens:

Made With: Variety Bar Ingredient

Vegetable Lo Mein



Allergens: Contains Gluten, Soy, Wheat.

Made With: Spaghetti Noodles, pasta, regular, cooked al dente (1/2c = 1 oz eq grain), Recipe (Municipal Water (WATER); Spaghetti (SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.); Olive Oil Blend (Canola Oil, Extra Virgin Olive Oil.); Kosher Salt (SODIUM CHLORIDE, YELLOW PRUSSIATE OF SODA AS AN ANTICAKING AGENT.)); Low Sodium Teriyaki Glaze (Sugar, Water, Soy Sauce (Water, Soybeans, Wheat, Salt), Vinegar, Concentrated Pineapple Juice, Tomato, Paste, Modified Corn Starch, Onion Powder, Garlic Powder, Citric Acid, Spice, Xanthan Gum.); Carrot (CARROTS); Low Sodium Soy Sauce (WATER, WHEAT, SOYBEANS, SALT, LACTIC ACID, SODIUM BENZOATE: LESS THAN 1/10 OF 1% AS A PRESERVATIVE.); Onion, green, sliced (1/2c = 2.2 oz = 1/2c other veg), Recipe (Green Onion (GREEN ONIONS)); Garlic Chopped in Water (GARLIC)

Vegetarian Baked Beans

PER SERVING (1/2 c.)				
225	0.0 g	593 _{mg}	53.2g	
CALORIES	SAT FAT	sodium	carbs	

Allergens:

Made With: Vegetarian Baked Beans (PREPARED WHITE BEANS, WATER, BROWN SUGAR, SUGAR, SALT, MUSTARD (VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, PAPRIKA), MODIFIED CORN STARCH, ONION POWDER, CARAMEL COLOR, SPICES, GARLIC POWDER, NATURAL FLAVOR.); Dark Molasses (UNSULFHURED MOLASSES); Light Brown Sugar (BROWN SUGAR); Onion, yellow, 1/4-inch diced, ready-to-serve (1/2c=3oz=1/2c other veg), Recipe (Yellow Onion (YELLOW ONION))

Vegetarian Chick'n Nugget

PER SERVING (5 nuggets)				
228	1.3 g	380 _{mg}	24.1g	
CALORIES	SAT FAT	SODIUM	carbs	

Allergens: Contains Gluten, Soy, Wheat.

Made With: Vegan Chickn Nugget (Water, wheat flour, soy protein concentrate, vegetable oil (corn, canola and/or sunflower), soy protein isolate., Contains 2% or less of wheat gluten, yellow corn flour, dextrose, methylcellulose, cornstarch, potato starch, yeast extract, maltodextrin, sugar, natural flavors, wheat starch, salt, spices, onion powder, , yeast, potassium salt, paprika color, leavening (sodium acid pyrophosphate, sodium bicarbonate), garlic powder, citric acid, xanthan gum)

Vegetarian Refried Beans

	PER SERV	ING (1/2 c.)			
	161 calories	0.0 g SAT FAT	165 mg SODIUM	27.6 g carbs	
1	Allergens:				
	Made With:		(WATER); Reduce ed Bean Mix (PINT		

Veggie Burger

PER SERVING (1 burger)				
292	0.5 g	677 _{mg}	39.2 g	
CALORIES	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Sesame, Soy, Wheat.

Made With: Teriyaki Patty, Vegetarian (Water, Textured Vegetable Protein (Soy Protein Concentrate, Caramel Color), Sunflower Oil, Seasoning [Salt,Tomato Powder, Garlic Powder, Dehydrated Parsley, Hydrolyzed Corn Soy Wheat Protein, Celery Powder, Spices, Carrot Powder, Onion Powder, Yeas Extract, Dextrose], Methylcellulose, Morton Lite Salt (Salt, Potassium Chloride Magnesium Carbonate), Sugar, Caramel Color, Flavor, Natural Flavor, Natura Flavor. Teriyaki Sauce: Soy Sauce (Water, Soybeans, Wheat, Salt And Less Than 0.1% Sodium Benzoate As A Preservative), Sugar, Water, Distilled Vinegar, Modified Food Starch, Pineapple Juice Concentrate, Soybean Oil, Caramel Color, Xanthan Gum, Garlic Powder, Sodium Benzoate (A Preservative), Spice, and Natural Flavor). CONTAINS: SOY, WHEAT); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.)

Waffles

PER SERVING (2 ea.)					
180 calories	1.5 g SAT FAT	360 mg SODIUM	27.0 g carbs		
Allergens:	Contains Egg, Gluten, Milk, Soy, Wheat.				
Made With:	Golden Waffle (Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), water, vegetable oil (soybean, palm and/or canola), eggs, leavening				

(baking soda, sodium aluminum, phosphate, monocalcium phosphate), contains 2% or less of sugar, salt, whey, soy lecithin, beta-carotene for color. Vitamins and Minerals: Calcium carbonate, reduced iron, vitamin A palmitate, vitamin B6 (pyridoxine hydrochloride), vitamin B12)

Western Burger

PER SERVING (1 burger)				
350	5.5 g	750 _{mg}	34.5g	
calories	SAT FAT	sodium	carbs	

Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Beef Patty with Mushrooms (GROUND BEEF (NOT MORE THAN 20% FAT), MUSHROOMS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), WATER, CONTAINS 2% OR LESS OF: POTASSIUM CHLORIDE, YEAST EXTRACT, NATURAL FLAVORING, POTATO MALTODEXTRIN, MALTODEXTRIN, SOYBEAN OIL, GRILL FLAVOR (FROM SUNFLOWER OIL), MODIFIED CORN STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, TORULA YEAST, CORN SYRUP SOLIDS, SALT, SODIUM PHOSPHATE, CARAMEL COLOR.); WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. *DEHYDRATED); American Cheese (CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN.)

Western Burger

PER SERVING (1 burger)				
353	6.5 g	780 _{mg}	32.5 g	
calories	SAT FAT	sodium	carbs	

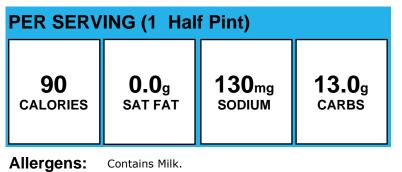
Allergens: Contains Gluten, Milk, Sesame, Soy, Wheat.

Made With: Beef Patty; WWW Hamburger Bun (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, YEAST, VITAL WHEAT GLUTEN, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, XANTHAN GUM, YEAST NUTRIENT (AMMONIUM SULFATE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), ENZYMES, SESAME FLOUR.); Smokey BBQ Sauce (TOMATO PUREE (WATER, TOMATO PASTE), DISTILLED VINEGAR, SUGAR, SALT, MUSTARD BRAN, CONTAINS LESS THAN 2% OF CORN STARCH, NATURAL HICKORY SMOKE FLAVOR, SPICES, MOLASSES, GARLIC*, CELERY SEED, NATURAL FLAVORS, TAMARIND CONCENTRATE. *DEHYDRATED); American Cheese (CULTURED) MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ARTIFICIAL COLOR, ACETIC ACID, ENZYMES, SOY LECITHIN.)

Whipped Potatoes

PER SERVING (1/2 c.)					
80 calories	1.0g SAT FAT 103mg SODIUM 15.0g CARBS				
Allergens:	Contains Milk.				
Made With:	Municipal Water (WATER); Instant Mashed Potatoes (POTATO (DRY), SHORTENING POWDER [PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTATSSIUM PHOSPHATE, MONOGLYCERIDES, AND LESS THAN 2% SODIUM SILICOALUMINATE (ANTI-CAKING AGENT)], MALTODEXTRIN, SUGAR, SALT, ENZYME MODIFIED WHOLE MILK (DRY), ARTIFICIAL PHOPHATE, SPICE AND COLORING. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT.)				

White Skim Milk

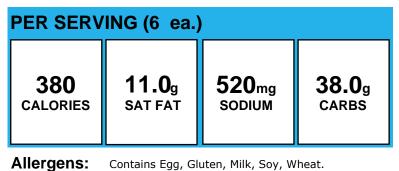


Made With: Skim Darigold Milk (NONFAT MILK, VITAMIN A PALMITATE, VITAMIN D3)

Whole Grain Cinnamon Roll with Icing

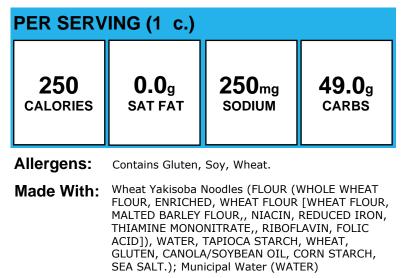
PER SERVING (1 ea.)			
299 calories	1.3 g SAT FAT	135 _{mg} sodium	64.2 g carbs
Allergens:	Contains Egg, Gluten, Wheat. May contain Milk, Soy.		
Made With:	Cinnamon Roll Dough (WATER, WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), SUGAR, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: MALTODEXTRIN, EGGS, MODIFIED CORN STARCH, CINNAMON, CITRUS FIBER, SALT, NATURAL AND ARTIFICIAL FLAVOR, MOLASSES, DISTILLED MONOGLYCERIDES, POTASSIUM CHLORIDE, DATEM, SODIUM STEAROYL LACTYLATE, COLORED WITH (CARAMEL COLOR, BETA CAROTENE), MODIFIED TAPIOCA STARCH,PECTIN, ASCORBIC ACID, ENZYME.); Heat N Serve Icing (SUGAR, WATER, CORN SYRUP, PALM OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED TAPIOCA STARCH, TO PRESERVE FRESHNESS (SORBIC ACID, SULFITING AGENTS), COLORED WITH (TITANIUM DIOXIDE), ARTIFICIAL FLAVOR.)		

Whole Grain Pancake Bites with Cinnamon & Sugar

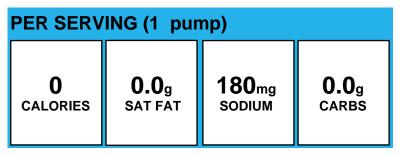


Made With: Pancake Bites (WHOLE WHEAT FLOUR, PALM OIL, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, WHEY (A MILK DERIVATIVE), SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: EGG YOLKS, DEFATTED SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DEXTROSE, WHEAT STARCH, SALT, BROWN SUGAR, NATURAL FLAVOR, MODIFIED WHEAT STARCH, CORN SYRUP, CORN CEREAL, CORNSTARCH, SUNFLOWER LECITHIN.)

Yakisoba Noodles



Yellow Mustard



Allergens:

Made With:	Yellow Mustard (Front of the House) (Distilled White Vinegar, Water, Mustard Seed, Mustard Bran, Salt, Turmeric, Spices.)
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