



LWSD Elementary Breakfast & Lunch Menu

MAR

MONDAY

BREAKFAST Feb 27 Fruit Muffin w/Toast(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Teriyaki Chicken w/Rice Bean & Cheese Burrito(v) Cheese(v) or Pepperoni Pizza Turkey & Cheese Sandwich Blueberry Patch Parfait(v)

TUESDAY

BREAKFAST Feb 28 Apple Frudel(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Breakfast for Lunch Chicken Burger Cheese(v) or Pepperoni Pizza (Turkey) Ham & Cheese Sandwich Double Berry Parfait(v)

WEDNESDAY

BREAKFAST 1 Mini Maple Waffles(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Bean & Cheese Nachos(v) BBQ Chicken Sandwich Cheese(v) or Pepperoni Pizza Italian Sub Strawberry Fields Parfait(v)

THURSDAY

BREAKFAST 2 Mini Blueberry Pancake Bites(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Baked Whole Wheat Penne(v) Chicken Nuggets w/Roll Cheese(v) or Pepperoni Pizza American Sandwich Just Peachy Parfait(v)

FRIDAY

BREAKFAST 3 Ultimate Breakfast Round(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Fish Stick Po'Boy w/Slaw Bean & Cheese Burrito(v) Cheese(v) or Pepperoni Pizza Sandwich of the Day(v) Blueberry Patch Parfait(v)

WG = Whole Grain

BREAKFAST 6 Sausage Breakfast Pizza Cereal Bar or Bowl w/Toast(v)
LUNCH Cheese Breadsticks w/Sauce(v) BBQ Pork Riblet Cheese(v) or Pepperoni Pizza TURKEY Ham & Cheese Sandwich Blueberry Patch Parfait(v)

BREAKFAST 7 Whole Grain Pancake Bites(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Cheese Ravioli w/Roll(v) Burgers including Veggie Cheese(v) or Pepperoni Pizza Italian Sub Sandwich Double Berry Parfait(v)

BREAKFAST 8 Ultimate Breakfast Round(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Orange Chicken & Rice WG Chicken Corn dog Cheese(v) or Pepperoni Pizza Sandwich of the Day Strawberry Fields Parfait(v)

BREAKFAST 9 Fruit Muffin w/Toast(v) Cereal Bowl or Bar w/Toast(v)
LUNCH Macaroni & Cheese(v) Chicken Burger Cheese(v) or Pepperoni Pizza American Sandwich Just Peachy Parfait(v)

NO SCHOOL 10

NO SCHOOL Friday, March 10th

BREAKFAST 13 Mini French Toast(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Meatball Marinara Sub Chicken Nuggets w/Roll Cheese(v) or Pepperoni Pizza Turkey & Cheese Sandwich Blueberry Patch Parfait(v)

BREAKFAST 14 Ultimate Breakfast Round(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Breakfast for Lunch Turkey Soft Taco Cheese(v) or Pepperoni Pizza Double Berry Parfait(v)

BREAKFAST 15 Mini Pancake Bites(v) Cereal Bar or Bowl w/Toast(v)
LUNCH SweetnSour Chicken w/Rice Turkey Hot Dog Cheese(v) or Pepperoni Pizza Sandwich of the Day Strawberry Fields Parfait(v)

BREAKFAST 16 Apple Frudel(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Cheese Breadsticks w/Sauce(v) Turkey Taco Nachos Cheese(v) or Pepperoni Pizza Crispy Chicken Wrap Just Peachy Parfait(v)

BREAKFAST 17 Mini Cinnis(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Fishsticks & Chips Beef Sloppy Joe Cheese(v) or Pepperoni Pizza American Sandwich Blueberry Patch Parfait(v)

Menu Subject To Change Without Notice
(v) = Meatless Option

BREAKFAST 20 Pancake & Sausage Stick Cereal Bar or Bowl w/Toast(v)
LUNCH Bean & Cheese Burrito(v) Burgers including Veggie Cheese(v) or Pepperoni Pizza Italian Sub Sandwich Blueberry Patch Parfait(v)

BREAKFAST 21 Sausage Breakfast Pizza Cereal Bar or Bowl w/Toast(v)
LUNCH Chicken Alfredo w/Rolls Chicken Burger Cheese(v) or Pepperoni Pizza Sandwich of the Day Double Berry Parfait(v)

BREAKFAST 22 Turkey Ham & Cheese Muffin Cereal Bar or Bowl w/Toast(v)
LUNCH WG Pretzel w/Cheese Sauce Turkey Hot Dog Cheese(v) or Pepperoni Pizza Turkey & Cheese Sandwich Strawberry Fields Parfait(v)

BREAKFAST 23 Mini Maple Waffles(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Turkey Dinner for Lunch WG Chicken Corn dog Cheese(v) or Pepperoni Pizza American Sandwich Just Peachy Parfait(v)

BREAKFAST 24 Fruit Muffin w/Toast(v) Cereal Bar or Bowl w/Toast(v)
LUNCH Fishsticks & Chips Southwest Chicken Wrap Cheese(v) or Pepperoni Pizza TURKEY Ham & Cheese Sandwich Blueberry Patch Parfait(v)

Join Us For Lunch All Week Long to Celebrate the Mariner's Baseball Season Opener

BREAKFAST 27 Whole Grain French Toast Sticks(v) Cereal Bar or Bowl w/Toast(v)
LUCKY TRAY LUNCH Breakfast for Lunch FAN FAVORITE Burgers Cheese(v) or Pepperoni Pizza American Sandwich Blueberry Patch Parfait(v)

BREAKFAST 28 Yogurt w/Graham Crackers(v) Cereal Bar or Bowl w/Toast(v)
LUCKY TRAY LUNCH PINCH HITTER Pretzel w/Cheese Sauce Turkey Soft Taco Cheese(v) or Pepperoni Pizza Sandwich of the Day Double Berry Parfait(v)

BREAKFAST 29 Ultimate Breakfast Round(v) Cereal Bar or Bowl w/Toast(v)
LUCKY TRAY LUNCH Chicken & Potato Bowl w/Roll ALL AMERICAN Turkey Hot Dog Cheese(v) or Pepperoni Pizza TURKEY Ham & Cheese Sandwich Strawberry Fields Parfait(v)

BREAKFAST 30 WG Blueberry Bagel w/CC(v) Cereal Bar or Bowl w/Toast(v)
LUCKY TRAY LUNCH Spaghetti in Meat Sauce w/Rolls BAT'R UP Chicken Corn Dog Cheese(v) or Pepperoni Pizza Turkey & Cheese Sandwich Just Peachy Parfait(v)

BREAKFAST 31 Mini Cinnis(v) Cereal Bar or Bowl w/Toast(v)
LUCKY LUNCH FOR ALL HOME RUN! Turkey Taco Tot'chos Grilled Cheese Sandwich(v) Cheese(v) or Pepperoni Pizza Crispy Chicken Wrap Blueberry Patch Parfait(v)

Everyday Week Of March 27-31 is Baseball Season Opening Celebration!

This institution is an equal opportunity provider.