



## LWSD Middle/High Breakfast Menu

# MAR

### MONDAY

**BREAKFAST** Feb 27  
Fruit Muffin w/Toast(v)  
Cereal Bar or Bowl w/Toast(v)

### TUESDAY

**BREAKFAST** Feb 28  
Apple Frudel(v)  
Cereal Bar or Bowl w/Toast(v)

### WEDNESDAY

**BREAKFAST** 1  
Mini Maple Waffles(v)  
Cereal Bar or Bowl w/Toast(v)

### THURSDAY

**BREAKFAST** 2  
Mini Blueberry Pancake Bites(v)  
Cereal Bar or Bowl w/Toast(v)

### FRIDAY

**BREAKFAST** 3  
Ultimate Breakfast Round(v)  
Cereal Bar or Bowl w/Toast(v)

(v) = Meatless Option

**BREAKFAST** 6  
Sausage Breakfast Pizza  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 7  
Whole Grain Pancake Bites(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 8  
Ultimate Breakfast Round(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 9  
Fruit Muffin w/Toast(v)  
Cereal Bowl or Bar w/Toast(v)

**NO SCHOOL** 10

NO SCHOOL Friday, March 10th

**BREAKFAST** 13  
Mini French Toast(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 14  
Ultimate Breakfast Round(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 15  
Mini Pancake Bites(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 16  
Apple Frudel(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 17  
Mini Cinnis(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 20  
Pancake & Sausage Stick  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 21  
Sausage Breakfast Pizza  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 22  
Turkey Ham & Cheese Muffin  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 23  
Mini Maple Waffles(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 24  
Fruit Muffin w/Toast(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 27  
Whole Grain French Toast Sticks(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 28  
Yogurt w/Graham Crackers(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 29  
Ultimate Breakfast Round(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 30  
Whole Grain Blueberry Bagel  
w/Cream Cheese(v)  
Cereal Bar or Bowl w/Toast(v)

**BREAKFAST** 31  
Mini Cinnis(v)  
Cereal Bar or Bowl w/Toast(v)

Menu Subject To Change Without Notice

This institution is an equal opportunity provider.