

## GLOBAL FLAVORS

### FEATURES

- |           |  |           |   |
|-----------|--|-----------|---|
| <b>M</b>  | Tacos Al Pastor<br>Bean & Cheese Tacos<br>Turkey Carnitas                              | <b>F</b>  | Frijoles a la Charro<br>Mexican Zucchini            |
| <b>T</b>  | Teriyaki Meatball Sub<br>Sweet & Sour Vegetarian Chick'n Sub<br>Korean BBQ Chicken Sub | <b>W</b>  | Spicy Asian Vegetable Blend<br>Soy-Roasted Potatoes |
| <b>W</b>  | Chicken Tenders w/ Sauces<br>Vegetarian Chick'n Nuggets w/ Sauces                      | <b>TH</b> | Wedge Fries   |
| <b>TH</b> | Chicken Alfredo Mac<br>Cheddar Mac & Cheese Tuscan<br>Vegetable Mac                    | <b>F</b>  | Butternut Squash<br>Parmesan Green Beans            |
| <b>F</b>  | Chicken Meatball<br>Vegetable & Cheese<br>Greek Turkey Gyro & Cheese                   |           | Roasted Chickpeas<br>Summer Squash                  |

## SUPER FOODS

- |           |  |
|-----------|--|
| <b>M</b>  | SMOOTHIE BOWLS<br>Very Berry • Sunshine • Tropical (No Bananas)                                    |
| <b>T</b>  | NOODLE BOWLS<br>Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden                  |
| <b>W</b>  | WRAPS & FLATBREADS<br>Turkey Cheddar Ranch • Classic Ham & Cheese • The Mediterranean • The Garden |
| <b>TH</b> | SUPER SALADS<br>Please Make Another Selection  |
| <b>F</b>  | SMOOTHIE BOWLS<br>Very Berry • Sunshine • Tropical (No Bananas)                                    |

PLANT-BASED, VEGETARIAN, NATURAL & MORE...  
ALL THE INGREDIENTS YOU LOVE!



- |          |  |           |  |
|----------|--|-----------|--|
| <b>M</b> | Including Kidney Beans<br>Variety of Fresh Fruit<br>Variety of Canned Fruit  | <b>T</b>  | Including Basil Corn Salad<br>Variety of Fresh Fruit<br>Variety of Canned Fruit          |
| <b>W</b> | Including Baby Carrots<br>Variety of Fresh Fruit<br>Variety of Canned Fruit  | <b>TH</b> | Including Apple Glazed Baby Carrots<br>Variety of Fresh Fruit<br>Variety of Canned Fruit |
| <b>F</b> | Including Celery Sticks<br>Variety of Fresh Fruit<br>Variety of Canned Fruit |           |  |



## SAUCE IT UP!

Add a kick to any dish with our featured sauces.

**Music City Sauce**  
Signature Nashville Hot Sauce with just the right kick of heat

**MK Special Sauce**  
The perfect blend of mayonnaise and ketchup

**Spicy Cool Sauce**  
Spicy sriracha meets cool, creamy mayonnaise

**Spicy K Sauce**  
Classic ketchup — with a kick!

IN A HURRY?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

DOWNLOAD THE APP + DECIDE YOUR LUNCH IN ADVANCE!

