



Harbor Country Day School
Embracing the extraordinary in every child.™

Dear 7th & 8th Grade Harbor Parents,

Our history trip to Philadelphia and Gettysburg is quickly approaching. Below you will find the details of our trip as well as an itinerary, packing list, **emergency contact form**, **permission to administer medication form**, and **a doctor's order form**. If you have any questions or concerns, please do not hesitate to contact me. **Please send in a check for \$100** to cover the cost of the trip by **April 11, 2023**. The emergency contact and medical forms are due by **April 17, 2023**.

*If your child does not require medication, you **do not** need to fill out the medical forms, but please fill out the emergency contact forms.*

Thank you,
Nicole Fotis

Cost- \$100 due Tuesday, April 11, 2023

**If your child does not attend this trip they will be given an alternative history assignment to complete at home.*

Departure: 4/26/23 (Wednesday)

7:30 a.m.

Meet in Harbor's back field, the bus will park on Thompson Hill Rd. Please arrive no later than **7:15 a.m.** so luggage can be packed onto the bus.

Return: 4/28/23 (Friday)

ETA- 5:30-6:00 p.m.

Students will call parents from the bus with updates and Harbor will send updates periodically through email. Please be waiting in the back parking lot for pick up (Please note that we cannot predict what traffic will be upon our return therefore ETA may change at any time).

Transportation

Hampton Jitney (*with a restroom*)

Chaperones

Nicole Fotis, Ralph Pepe, Rachel Weir

Hotel

Courtyard Marriott

215-477-0200

4100 Presidential Blvd, Philadelphia, PA 19131

Harbor History Trip Itinerary

Wednesday, April 26

- 7:30 Bus will promptly depart Harbor Country Day School
- 7:15 Bagel breakfast on bus
- 10:45 Arrive Philadelphia; meet CTA Trip Director
- 11:00 Liberty Bell: Pavilion walking tour, incl. The President's House Memorial
- 12:30 Lunch at Philly Gourmet
- 1:10 Security Checkpoint: Congress Hall + Great Essentials Exhibit
- 1:40 Independence Hall guided tour: Advance ticket purchase
- 3:30 Museum of American Revolution: George Washington's War Tent film
- 3:50 Museum of American Revolution: self-guided tour
- 5:30 Hard Rock Cafe
- 7:00 Second Story Tours: Tales of the Macabre and Gruesome
- 8:45 Check in: Marriott Courtyard Phila City Ave
- 10:00 Bedtime/lights out

Thursday, April 27

- 7:30 Breakfast Buffet in hotel
- 8:30 Depart hotel for Gettysburg Battlefield
- 11:30 Lunch: Tommy's Pizza
- 12:30 Gettysburg National Battlefield: arrival at Museum and Visitor Center
- 12:45 Gettysburg National Battlefield Museum and Cyclorama
- 2:00 Gettysburg National Battlefield: Licensed battlefield guided tour
- 3:45 Shopping in town (with chaperones)
- 5:00 Dinner: Historic Farnsworth House Inn
- 6:15 Board bus
- 9:00 Arrive at hotel: return to our rooms for the evening

Friday, April 28

- 7:00 Breakfast Buffet in hotel
- 7:45 Check Out
- 8:00 Board bus: depart hotel
- 8:15 Rocky Steps (Phila Museum of Art)
- 9:00 Eastern State Penitentiary: Guided Tour
- 11:00 National Constitution Center
- 12:15 Lunch at National Constitution Center
- 1:00 Board bus and depart for home
- 3:15 Rest stop for bathroom and snack
- 5:30-6:00 Bus drop off at Harbor Country Road School

Packing List

We will be doing quite a bit of walking, so please wear comfortable shoes. All clothing should be school appropriate (Try to dress in layers).

- Sneakers
- Backpack
- *At least* three changes of clothes (average high in April is 64 degrees and low is 41 degrees, so pack accordingly)
- Coat, hat, gloves for evening walk
- Pajamas
- Toiletries (toothbrush, toothpaste, deodorant, shower necessities, etc.)
- Sunscreen (we will be in the sun all day)
- Rain jacket and/or umbrella
- Reusable water bottle
- Spending money (optional)
- Snacks (optional)

Phone Policy:

Phones **may** be used for the following:

- Calling or texting parents before bedtime or for a quick check-in during the day.
- Taking photos during the trip if a chaperone gives permission.

Students may not take photos of other students or chaperones without their permission. Students should not share any photos on social media or group texts.

Phones may **not** be used for the following:

- Posting photos on social media.

*No student is permitted to post **any aspect** of this trip, including the bus ride, on social media during or after this trip.*

- Using social media

No student should be accessing or using social media during the trip.

Permission to Administer Medication

Please complete and return to Ms. Fotis by **Monday, April 17, 2023.**

Medication will not be accepted on the day of departure.

All medications and directions must be placed in a clear plastic bag with your child's name in a permanent marker on the bag. **A doctor's order** must be included for all medication, **including OTC medications.** You do not need to duplicate a doctor's order if the nurse already has a doctor's order.

I acknowledge that while on the HCDS history field trip to Philadelphia, all of my child's medication will be held and administered by Ms. Nicole Fotis (girls) or Mr. Ralph Pepe (boys) **unless a self-administer form is completed by a physician (attached).**

I have attached a doctor's order to this document.

If my child requires an EpiPen or inhaler, I will provide at least **ONE** for Ms. Fotis to hold (this one may be taken from the school nurse).

Student's Name _____

Medication/s _____

Additional Directions/Notes _____

Parent or Guardian's Name _____

Parent or Guardian's Signature _____

Date _____



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Self-Administer Medication Release Form

OTC -Advil/Tylenol/allergy medications and prescription medications

Medication Name_____

This is a request that (child's first and last name)
_____ be permitted to carry the medication listed above on his or her person as we consider him/her responsible. I assure the school that he/she has been instructed in and understands the purpose and appropriate method and frequency of use. I assure the school that my child understands he/she may not give this medication to any other child.

We (guardian and physician) hereby acknowledge that we shall hold harmless the Harbor Country Day School and its personnel in the event of any illness or injury to the student caused by the improper administration of the medication or the student's failure to self-administer the medication, as instructed.

Physician's signature_____ Date_____

Parent/guardian signature_____ Date_____

Emergency Contact Information

Please return by Monday, April 17, 2023

Student Name_____

Parent /Guardian 1 Name_____

Home Number_____

Work Number_____

Cell Number_____

Parent /Guardian 2 Name_____

Home Number_____

Work Number_____

Cell Number_____

In case of an emergency and you cannot be reached, please provide two additional contacts.

1) Name_____

Relationship_____

Contact Information_____

2) Name_____

Relationship_____

Contact Information_____