BLUE ANGELS DRILL TEAM

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LEHS Blue Angels Drill Team

2023-2024 Audition Packet

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Congratulations! You have decided to try out for the award winning Little Elm High School Blue Angels Drill Team! This packet contains some very important information concerning audition procedures, team requirements, and district policies. Please read this packet *thoroughly* and keep the information for future reference.

Each packet should contain:

- Audition Information & Important Dates.....pp. 3-5
- Student Code of Conduct and Extracurricular Guidelines..... pp. 6-7
- Blue Angels Constitution.....pp. 8-14
- Tryout Score Sheet .....p. 15
- Dates and Sample Calendar.....pp. 16-18
- Anticipated Expenses .....pp. 19-21
- All Forms to be turned in: .....pp. 22-31
  - Blue Angels Tryout Application Form
  - Blue Angels Signature Page Form
  - Audition Medical Release Form
  - Physical Form or Medical History Form
  - Constitution Contract Form
  - School-Sponsored Trips Permission Form

There are 6 pages that must be turned in, stapled or paper clipped, and returned to the **Little Elm High School front office by Friday, February 24th no later than 3:30 pm)!!!** ***No late applications will be accepted!***

Important Blue Angel Audition Dates:

Friday, February 24th	3:30 PM	Application Packet due to LEHS (or earlier!)
Monday, March 6th	5:30 – 7:30 PM	Workshop I in LEHS Gym
Tuesday, March 7th	5:30 – 7:30 PM	Workshop II in LEHS Gym
Wednesday, March 8th	5:30 – 7:30 PM	Optional Open Gym
Thursday, March 9th	5:30 – 7:30 PM	Workshop III in LEHS Gym
Friday, March 10th	5:30 - until done	Audition in LEHS Gym

**Approx. 1 hour after auditions conclude, team results posted by number on Blue Angels website. For those auditioning for Elite, this will be denoted with an asterisk next to the number.

Eligibility Requirements:

1. Students must be enrolled as a student at Little Elm HS, or 8th grader at Walker or Strike Middle School. If a student is not enrolled in LEISD at the time of tryouts, they are not eligible to audition. If the student is not currently enrolled in LEISD but provides documentation of intent to register (i.e. housing contract, lease, etc.) the student may tryout at that campus. Candidate must attend all mandatory meetings and/or practices.

2. All candidates are eligible to attend the three workshops and tryouts *regardless* of academic standing. ALL THREE WORKSHOPS ARE EQUALLY IMPORTANT TO ATTEND!

3. All student athletes in grades 7th – 12th must complete all LEISD and UIL forms annually to participate in any tryout or practice and to be placed into any athletic period. Forms must be completed prior to each new school year for all athletes. This includes a physical.

3 Workshops: *(March 6th-10th)*

1. Only the students auditioning for Blue Angels will be admitted to the workshops. All practice sessions and auditions are closed to the public.

2. All workshops will begin promptly at 5:30pm – ***PLEASE* be on time.**

3. Wednesday is an optional open gym. Attendance will not be taken. This serves as an additional opportunity to have space to practice.

4. Candidates must wear a fitted top, dance pants/capris/leggings (any colors allowed) during workshops. Black jazz shoes must be worn at all times. NO SHORTS OF ANY KIND WILL BE ALLOWED!

5. Hair must be in a ponytail. (Pulled back and out of your face)

6. No gum is allowed and **ALL** jewelry must be removed before the workshop begins.

7. Food and drink are not allowed in the gym. (However, a closed top *water* bottle is permitted)

Auditions: *(March 10th)*

1. Only those students auditioning for Blue Angels will be allowed into the tryout area, along with any senior Blue Angel members who are assisting.

2. All candidates will have an individual number and a group number assigned to them. Each group will consist of 4-5 dancers. Judges know the candidates ONLY by number – no names are used.

3. Candidates should wear appropriate drill team make-up: neutral color eyeshadows, blush, *red* lipstick, black mascara/eyeliner.

4. No jewelry is allowed (including stud earrings/nose rings) and hair must be in a ponytail. No ribbons or scrunchies are allowed.

5. Candidates must wear the following items for auditions:
   - Solid black fitted T-back sleeveless top, solid tank top (no spaghetti straps) or solid leotard
   - Solid black Jazz pants or leggings *(no capris)*
   - Black Jazz shoes (any style)

Judging Criteria:

1. All candidates will be judged on the following categories. The judging score sheet is listed within this packet.

a.	Poise	5 pts
b.	Splits (Rt- 5, Lf-5)	10 pts
c.	Dance Technique	25 pts
d.	Kick Technique	20 pts
e.	Showmanship	10 pts
f.	Memory	20 pts
g.	Timing and Rhythm	10 pts

2. The judges only know each candidate by number – NO NAMES WILL BE USED.

3. At the bottom of the scoresheet, if the candidate wishes to be considered for the Blue Angels Elite team, the judges will make that determination. This aspect does not affect the overall tryout score.

4. Each candidate must remain at the audition site until the Director dismisses the candidates in the event that callbacks are necessary.

5. Results will be posted approximately 1 hour after tryouts are completed on the Blue Angels website. ONLY numbers will be posted and in numerical order. https://www.littleelmisd.net/blueangels

6. After tryouts occur – you ***may*** ask to see your scores. However, you must go through Mrs. Infante (LEHS House Principal over Drill Team). If you wish to see your scores contact Mrs. Infante at minfante@littleelmisd.net to set up an appointment. The deadline to request scores from the 2023-2024 tryout will be Friday, March 24th.

IMPORTANT INFORMATION & DATES IF YOU MAKE BLUE ANGELS:

MANDATORY New Team/Parent Meeting:

The Director will meet with just the team members first to go through some basics and introductions. Then, while the students are trying on sizers/taking measurements Mrs. Miner-Selby will conduct a parent meeting in the Lecture Hall.

- **Tuesday, March 21st**
  - 5:30pm - 6:00pm ***2023-2024 Team members only***
  - 6:00pm - 6:30pm Parent Meeting & Attire Fitting
    - Parents will receive a copy of their Blue Angel's dance attire price sheet to see the cost of items to be purchased as well as reminders and upcoming dates.
    - During that same time, the team will have an attire fitting using sample sizers.
    - Wear tight fitted clothing to try on sizers, get measured, & bring a pencil to record sizes.
    - Everything must be paid in full **before the end of the school year** as our fiscal year closes.
  - 6:30pm - 7:00pm Dance & Social Officer Interest Meeting
    - Candidates interested in a leadership position should stay to hear about the requirements and tryout process for the upcoming school year.

Team Camp:

- Team Camp will be in two parts this summer:

- Directly after the 22-23 school year has concluded, the new team may have a Boot Camp with the Directors and officers that will require 2 practices. These dates are TBD and will be available after tryouts at the new team meeting. We will use this time to learn Game Day material in preparation for football season!
- At the end of July, we will host professionals in the industry to teach choreography for the upcoming year: pep rally routines, field routines, competition routines and master classes. This will be hosted at LEHS from **July 24th - 28th from 8:30am - 4:30pm.**
  - ****Dates are subject to change with the final LEISD calendar for 2023-2024 still undecided***
- These dates are set and provided as far in advance as possible so that you may schedule summer plans accordingly. We aim to have camp the week before teacher inservice starts.

Officer/Social Officer Camp:

June 1st-4th: (check-in the afternoon of June 1st) Officer Camp, all-day @ Frisco Embassy Suites
TBD: Social Officer Camp

Summer Practice:

***These practices are necessary and mandatory.*
*The exact dates and times are tentative based on the 2023-2024 LEISD School Calendar***

GUIDELINES FOR EXTRACURRICULAR ACTIVITIES

Students involved in extracurricular activities are held to a higher standard of conduct than the general student body. The Blue Angels organization views participation in extracurricular activities as a privilege, not a right. Any student who violates the Student Code of Conduct shall be subject to extracurricular discipline and/or regular school district disciplinary action. This includes any misconduct, regardless of time or location, that would reflect negatively upon Little Elm ISD in an extracurricular activity. Students clearly involved in major disciplinary infractions (i.e. including, but not limited to, drugs, alcohol, and violent behavior) will be placed on probation, removed temporarily, or removed permanently from extracurricular activities. Seasons of extracurricular activities may vary and could extend into the next school year. Disciplinary action may affect tryout eligibility for the next season. Disciplinary measures taken by the sponsor/principal may be in one or more of three forms, defined as special assignments, probation, and dismissal. Special assignments may consist of extra duties and may be assigned for minor disciplinary infractions.

Probation and/or dismissal from extracurricular activities will be for infractions involving alcohol, smoking, drugs, use of profanity, violence, and other serious offenses when the sponsor/principal believes the integrity and credibility of the organization has been jeopardized by the student's action. Probation may also be assigned when the student fails to comply with rules and regulations of the extracurricular activity. (Probation is defined as: A trial period in which a student is permitted to redeem bad conduct.) The student may be dismissed from the extracurricular activity upon any major infraction, or during a probationary period. Prior to being dismissed from extracurricular activities, the student and parents will be notified of the reasons for the action. The student will not be eligible for any individual or team recognitions or awards that occur after the date of dismissal.

STUDENT CODE OF CONDUCT FORM

PARENT COPY – PLEASE KEEP FOR YOUR RECORDS!

Little Elm High School Blue Angels Drill Team

I understand and consent to the responsibilities outlined in the District's Student Code of Conduct. I also understand and agree that my child, _____, shall be held accountable for the behavior and consequences outlined in the Student Code of Conduct at school, and at school-sponsored or school-related activities. This shall include school-sponsored travel and any school-related misconduct, regardless of time or location.

Students involved in extracurricular activities are held to a higher standard of conduct. The Blue Angels Drill Team views participation in extracurricular activities as a privilege not a right. I understand that any student who violates the Student Code of Conduct shall be subject to disciplinary action. This includes any misconduct, regardless of time or location that would reflect upon representing LEISD in an extracurricular activity. Students involved in major disciplinary infractions (i.e. including, but not limited to, drugs, alcohol, and violent behavior) will be placed on probation, removed temporarily or removed permanently from extracurricular activities. Seasons of extracurricular activities may vary and could extend into the next school year. Discipline action may affect tryout eligibility for the next season.

_____

PARENT SIGNATURE

_____

STUDENT SIGNATURE

DATE _____

PARENT COPY – PLEASE KEEP FOR YOUR RECORDS!

Blue Angels Drill Team Constitution 2023-2024

The purpose of the LEHS Blue Angels Drill Team program is to conduct a successful extra-curricular program that consists of members that display positive attitudes as well as promote school spirit and exhibit high morals. The LEHS Blue Angels Drill Team is a program that fosters creativity, strengthens leadership qualities, and provides a creative outlet for students. In addition to the development of drill team dance skills, the drill team shall promote school spirit, good sportsmanship, encourage teamwork, develop leadership skills, serve as positive role models in the community and support the mission of Little Elm High School.

Article I-Name
The name of this organization shall be the Little Elm High School Blue Angels Drill Team.

Article II-Purpose
The Blue Angels will function as a support organization representing Little Elm High School. The Blue Angels will provide entertainment at all football games, home basketball games (schedule permitting), pep rallies, competition and Spring Show.

Article III-Special Performances
The Blue Angels may also perform in special performances such as the Little Elm Christmas Parade, competition, and any other venues/performances selected and approved by the Director. The team might not attend competition every year. The Director will make this decision on a year-by-year basis. All members will be expected to participate in all activities and performances.

Article IV-Code of Ethics
Being on drill team is a privilege, not a right. As a result LEHS Blue Angels members will take pride in themselves and in the Blue Angels organization as they are held to a higher standard. They will conduct themselves in an appropriate manner and will maintain the highest moral & ethical standards at ***all times***. This includes, but is not limited to:

1. Following all laws concerning consumption and possession of illegal substances.
2. Using appropriate language.
3. Not having body piercings (other than ears) or visible tattoos.
4. Acting in an appropriate manner reflecting the values of the organization.
5. Being the only students allowed to wear any "Blue Angel" apparel and uniform pieces.
6. Making up any missed work so that you do not become ineligible.
7. Facebook, YouTube, Twitter, Instagram, SnapChat, TikTok etc. Warning: Blue Angels members should be extra cautious and aware of the fact that these types of web pages and the postings they contain are in public view. All Blue Angels members are reminded to maintain high ethical and moral standards when posting and also reminded that others can easily post such things as pictures of Blue Angels members on their own pages, which can result in negative attention upon the team. All Blue Angels members are reminded to avoid situations which could lead to this type of situation where embarrassment to themselves, their parents and the team as a whole is the end result.
8. Gossip: every person has passed on gossip. Every person has been hurt by it. The difference is that if we are to be a team – we simply cannot afford idle words. Always ask yourself, "If she walked into the room, would I continue my conversation?" If not, then you should reconsider the benefit of those who have to listen to you

Article V-Grades

1. Grades for Blue Angels Drill Team class will be assessed by the willingness to follow policies, procedures, and by participation in class. (Demerits)
2. Each Blue Angel member will receive a weekly grade, for every demerit received in that week **2 pts** is deducted.

Article VI-Summer Camp & Summer Practice/Practices/Performances/Attendance Procedures

Summer Camp/Summer Team Practice:

1. Summer Camp/Summer Team Practice – It is **mandatory** for **all** Blue Angels members to participate in summer camp practice & summer team practice.
2. Summer Camp is an important building block for a successful year.
3. Any member who misses camp, for whatever reason will be expected to learn any choreography and material taught during camp on their own time. They will also receive 5 demerits (if considered an unexcused absence) and will not be able to perform at the first Blue Angels performance once school begins in August.
4. Special practices will ***not*** be formally arranged for those who miss any days of camp.

Practices:

1. Practices will be conducted by the Director and assisted by the Officers.
2. Proper attire must be worn at all times.
3. No gum, food, or open drinks (except water) in the dance room at any time, unless approved by the Director for a specific reason or occasion. Please help keep our dance room clean!
4. All dance bags and personal items should be stored and LOCKED in school lockers or assigned lockers. You may **not** leave items in the gym or on the floor of any dance area during practice.
5. Cell phones may **not** be turned on/used during drill team practices or events (excluding bus rides), unless otherwise given permission by the Director.
6. Only the Director is to operate any school-owned video/audio equipment unless given permission of the Director.
7. Blue Angels members should not be in the Director's office or the storage closets unless invited or sent in by the Director for a specific purpose.

Performances:

1. It is possible to be a member of the Blue Angels and *not* perform in every performance. This includes football, basketball, competition, pep rallies, Spring Show, and any other performance selected by the Director.
2. Selection for routines may be based on auditions if the Director chooses. If auditions are necessary, the Director will announce them at least ONE week in advance of the performance.
3. During the performance tryout process, Blue Angels will be judged by the Director and officers. The Director makes the final decision on which members will perform.
4. Feedback from each routine tryout is available to each Blue Angel to discuss with the Director.
5. If a member misses an audition for *any reason* they will not perform in that routine.
6. If a Blue Angel member is not performing with the team, they will *still* attend the practices and performances in uniform. If they are academically ineligible they will still attend practices, but may **not** attend performances in uniform or travel with the team per UIL guidelines.
7. Blue Angels will not be allowed to talk to friends or family members while in the stands at football or basketball games. If an emergency arises, the Blue Angel member must clear it with the Director.

Specialty Groups: (Blue Angels Elite)

1. It is up to the discretion of the Director whether to offer specialty groups such as elite dance teams.
2. Any member is eligible to audition for a specialty group as long as they meet specific requirements defined by the Director.
3. Any specialty group member put on probation (academic or disciplinary) during the course of the year must step down from their position immediately and permanently.
4. Returning members of specialty groups must try out each year for a place on the team.
5. The amount of positions will be determined by the Director to meet specific needs of the team.
6. Scoring system for Elite will be determined by the Director and published prior to tryouts.
7. There may be additional time commitments for Elite team members to learn choreography and practice.

Attendance: (Blue Angels Drill Team follows Little Elm High School's Attendance Policies)

1. All practices and performances are mandatory. Schedules will be announced as far in advance as possible.
2. It is the student's responsibility to avoid scheduling work, going out of town, medical appointments, private lessons (piano lessons, dance class, driver education courses, etc.), and any other conflicts with time periods involving drill team activities. These activities will be considered **unexcused** absences and will result in consequences as per Article VII.
3. If a drill team activity conflicts with another school-related activity, then the Director and the other teacher(s) involved should be notified in writing as far in advance as possible. The Director and the other teacher(s) will confer and work out the best solution to the problem. Under no circumstances is the student to do as he/she pleases and then use the conflict as an excuse.
4. An <u>excused</u> absence from a rehearsal or performance is one that would be accepted by the attendance office (personal illness, death in the family & religious holidays).
5. Special problems or situations that might require an absence should be requested in writing two weeks in advance. ***A two week notice does not guarantee approval, but is required before approval may be considered.***
6. If last minute emergency situations arise, the Director should be contacted by email, phone, or in person if at all possible.
7. No matter the situation, if a Blue Angel member misses <u>practice</u>, they are ***expected to bring a written explanation of the absence from their parent/guardian upon returning to school.***
8. Blue Angels members will attend tutorials and make-up tests <u>before</u> school or during a tutorial time designated by the Director. If an emergency arises, you **must** secure permission from the director in order to miss practice. <u>Not all</u> requests can or will be granted. This is only to be used in emergencies. *(Little Elm High School offers morning AND afternoon tutorials to accommodate the students with morning or afternoon commitments).*
9. If a Blue Angels member misses two or more practices in the week of a performance, then she will not be in the performance(s). No Exceptions.
10. If a Blue Angels member is going to be absent, the Blue Angels member must either call Little Elm High School and leave a message for the Director at 972-947-9443 ext. 25119 or via email mminer@littleelmisd.net. (Email is always best). If a Blue Angels member fails to e-mail or call, she risks being cut from the next performance. The message must be received in advance of the absence.
11. If a Blue Angels member must leave early from a scheduled practice, one day advance notice is required. *However, if the reason is considered 'unexcused,' demerits will be received.*

12. The day returning from the Holiday/Winter break begins a new attendance policy for competition/spring show:
    a. If a Blue Angels member misses a rehearsal of the same (Competition/Spring Show) dance 4 times, they will be cut from the dance…*even with a doctor's note.*
    b. If a Blue Angels member misses a weeks' worth of rehearsal or more, they **must** attend drill team tutorials for an entire week to rehearse their lost rehearsal time.
    c. If they fail to attend drill team tutorials, this could result in being cut from a dance (***Director's discretion***).
    d. The week before Spring Show will require *every* member (including managers) to attend the rehearsals. The Director will not know the rehearsal schedule until the week before, therefore it will not be possible to know in advance which routines require more work (and therefore which students will be more heavily involved.) Traditionally, all Blue Angels have always been heavily involved that particular week.
    e. ALL Blue Angels members (including managers if needed) **must** attend the *one* Saturday rehearsal from 9am-5pm in preparation for **Competition**. *NO EXCUSES!*
    f. ALL Blue Angels members (including managers if needed) **must** attend the *one* Saturday rehearsal from 9am-5pm the month of **Spring Show**. *NO EXCUSES!*
    g. Saturday rehearsal times are dependent on the amount of work to be done.
    h. All Blue Angels members (including managers) **must** be present for all team rehearsals during the week of Spring Show.
    i. Any **OFFICER** that misses practice for **ANY** reason (even with a doctor's note) 4 times for **ANY** dance/ **ANY** rehearsal will be cut from a dance of Director's choice.
    j. The previously listed elements of the attendance policy in the constitution are unchanged for the Spring Semester.
        i. No scheduling tutorials that conflict with practice times.
        ii. No scheduling doctor's appointments during drill team practices, etc.
        iii. Please note – demerits for unexcused absences will *still* be given.

COVID Addendum: If a Blue Angel is quarantined during competition season, per official documentation from the school, and will miss *more than 3 days of rehearsal*, they will be removed from dances regardless of audition results. If the Blue Angel has made a routine, they will be removed and serve as an alternate in case they are needed to substitute back in at the discretion of the Director. Serving as an alternate does not guarantee performance.

Article VII-Demerits/Probation/Merits

Discipline is essential for a drill team to run properly. In order for the Little Elm High School Blue Angels Drill Team to function in this manner, the team will operate on a merit and demerit system.

1. Only the Directors and officers are allowed to issue demerits.
2. An officer can give demerits to a team member (for obvious reasons such as incorrect shirt, etc).
3. Demerits begin the 1st day of summer team practice (line camp) and end the last day of school.
4. Each team member will be required to sign their demerit sheet when they are given demerits.
5. Signing or not signing the demerit sheet has no effect on the receipt of the demerit.
6. For every 5 or more demerits accumulated, the Blue Angels member will not be allowed to perform in the next performance/activity. *However, if a 5th demerit or greater is issued on a performance date, the removal of the student will take place at the next scheduled performance.* The Blue Angels member is still required to attend and participate in all practices. They may not do homework or attend tutorials during this time. They must also attend the performances in uniform.
7. After tryouts, the student is considered part of the new school year drill team; therefore, infractions that occur after tryouts then become part of the new school year. Drill Team members may be placed on probation, removed temporarily, or removed permanently.

Demerits: A Blue Angels member will receive demerits for the following actions:

*Incorrect practice uniform/attire (this includes hats/boots)	1 demerit (per item)
*Hair not properly pulled up	1 demerit
*Wearing any jewelry *(ONLY stud earrings allowed for practice, no jewelry in uniform)*	1 demerit
*Not having poms/props at practice	1 demerit
*Having incorrect **or** no shoes on during outside/inside practice	1 demerit
*Requested items/assignments not returned on time (demerits assigned per day/per item)	1 demerit
*Leaving personal items unsecured in dance area while out of the building/room	1 demerit
*Eating/Chewing gum during practice	1 demerit
*Tardy to practice *(20 minutes or less; 20+ minutes equals an unexcused absence)*	1 demerit
*Talking in practice without permission	1 demerit
*Inappropriate public display of affection at school/Blue Angel activity	1 demerit
*Poor attitude in practice	1 demerit
*Using profanity	2 + demerits
*Leaving practice early for unexcused reason	2 demerits
*Incorrect/incomplete uniform or bag accessories for performance day	2 demerits
(This includes having nail polish for a performance, not wearing game day shirt, etc. Demerits assigned per item)	
*Talking during a performance/game (without permission)	2 demerits
*Leaving the stands for any reason while at a performance/game (without permission)	2 demerits
*Tardy to a performance	2 demerits
*Use of cell phone during a practice or performance	2 demerits
*Lending any piece of the uniform or team-wear to anyone who is not a Blue Angel	3 demerits
*Missing school transportation to a performance	5 demerits
*Unexcused absence from a performance, practice, or any drill team activity	5 demerits
*Leaving early from practice/performance without permission	5 demerits
*Chewing gum/eating in uniform and/or during performance	5 demerits
*Visible tattoo or piercing, other than ears, during practice or performance	5 demerits
*Receiving an Office Referral	5 -10 demerits

Probation & Dismissal:

- *10* demerits equal possible probation and a review with the Director, House Principal & Parent(s).
- *15* demerits equal possible dismissal from the team with a review from Director, House Principal & Parent(s).
- The following situations are also grounds for possible probation and/or dismissal from the team with a review with the Director, House Principal and Parent(s).
    - *The Director will determine punishment on a case by case basis.*

POSSIBLE PROBATION/DISMISSAL:	
1. Insubordination	*9 Suspension from school* ***(ISS or OSS)***
2. Repeated failure to follow Constitution	*10. Truancy*
3. Academic Dishonesty	*11. Forgery*
4. Excessive misbehavior in school	*12.* ***Severe*** *discipline problems in school*
5. Excessive absences and tardies in drill team	*13. Continuous failing of classes*
6. Disrespectful to officers	*14. Hazing/Bullying/Teasing others*
7. Disrespectful to teammates/Blue Angel Organization	*15. Alcohol/drug/tobacco use at* ***any*** *time.*
8. Disrespectful to director/teachers/administrators	*16. Inappropriate online pictures/blogs/bulletins, etc. of a Blue Angel member or by a Blue Angel.*

Probation: Listed above are possible grounds for probation and dismissal from the team after a review with the Director, House Principal and Parent(s). The Director will determine punishment on a case by case basis.

1. If a Blue Angels member is placed on probation for any reason it will be for a minimum of *three weeks*. The Blue Angels member will not perform during this time and will continue to attend practices and attend performances in uniform.
2. While on probation, if another offense occurs, it may be grounds for dismissal from the team after a review with the Director, House Principal and Parent(s).
3. If a Blue Angels member is placed on probation twice (either first and second semester, ***or*** twice in one semester), she may be dismissed from the team after a review with the Director, House Principal and Parent(s).
4. Probation is for disciplinary actions only. If a Blue Angels member is academically ineligible, she is not on disciplinary probation.
5. Blue Angels members on probation need to work off their demerits while on probation.

Merits:

1. Blue Angels members have the opportunity to earn merits to erase demerits.
2. It is the individual's responsibility to ask the Director how they may earn merits.
3. Once a member reaches 5 demerits, any merits earned will be applied after they miss one performance.
4. Merits will not impact the student's nine-weeks grade, only eligibility to perform.
5. It will be up to the discretion of the Director on how the merits are earned. (Cleaning, organizing supplies, community service, etc.)

Article VIII-Academic Eligibility

1. All members are expected to be academically eligible as per UIL regulations.
2. If a Blue Angels member becomes ineligible, they will attend and participate in all practices.
3. Academically ineligible members may **not** attend performances in uniform or travel with the team.

Article IX-Uniforms

1. Uniforms, costumes, poms, props, etc. are provided by LEISD and are the property of Little Elm High School.
2. Each member will be required to sign a uniform contract upon receipt of their uniform.
3. It is the Blue Angels member's responsibility to treat uniforms with care. It should be returned in excellent condition.
4. No alterations are to be made without written consent from the Director.
5. Damaged or lost items will be repaired or replaced at the individual member's expense.
6. The Director should be contacted immediately if the uniform is damaged. (This includes broken zippers, fraying fringe, etc.)
7. The Blue Angel uniform/costumes are not to be worn in public for the exception of traveling to and from performance sites unless the Director gives personal permission for a specific reason.
8. Blue Angels members will not eat or drink (except water) while in a uniform/costume.
9. Wearing make-up in the Blue Angels uniform and/or a Blue Angels costume is required.
10. Nail polish will NOT be worn for any performances and/or in uniform or costume. Nail polish of a neutral color may be acceptable at the Director's discretion.
11. If a Blue Angels member leaves the team for any reason, all uniforms and equipment must be returned immediately. In this matter, uniforms will be treated like textbooks, etc. and the student will not be allowed to register or have their transcripts forwarded if transferring until these items have been properly-returned and inventoried.

Article X-Transportation

1. Travel to and from drill team performances and outside activities will require school provided transportation unless a written request to ride home with a parent is provided 24 hours in advance. If in charge of equipment, the Blue Angels member must bring back equipment following the activity or on a given date designated by the Director.
2. Students must have their Medical Release/Emergency Form on file before they may travel with the team.
3. All drill team members must be off LEISD property within 15 minutes of dismissal or demerits may be issued.
4. Buses will be left spotless and Blue Angels will always treat bus drivers with respect.
5. Bus must be cleaned/cleared of trash when the trip has ended. *1 piece of trash = 100 kicks*

Article XI- Hazing

LEISD School Board Policy prohibits hazing. There will be no hazing or initiation of new members (including Dance Officers/Social Officers). Anyone engaging in these activities (even hazing others who are NOT on Blue Angels) falls under the district's policy for the Extracurricular Code of Conduct.

Article XII- Director Communication

1. Parents and/or Blue Angels should address their concerns with the Blue Angels Director before contacting a school administrator. Just as with any class, the teacher should be contacted first and allowed to address the issue. If the concern is not addressed to the satisfaction of the student or parent, then contacting an administrator is encouraged.
2. Any concerns you may have with the Director - email is the quickest way of communicating with the Director. (mminer@littleelmisd.net) However, you may leave a message for the Director via her voice mail at 972-947-9443 ext. 25119. The Director will make every effort to return your email or call by the following *school day*.
3. Meeting in person with the Director may be arranged during the Director's conference period Monday – Friday.
4. If a concern arises when school is not in session (summer, holidays), parents may contact the Director via email. The Director will return emails as soon as possible; however, accessibility to the Director will be limited during these times.
5. If a Blue Angels member has a concern after school/practice hours, then he/she should contact their dance officer.
6. Parents **will not** contact a Blue Angels officer regarding a concern. All parent concerns must be addressed with the Director.
7. *Please contact the Blue Angels Director through school email or school telephone only.*

Article XIII – Leadership Positions:

Little Elm Blue Angels Drill Team Dance Officers

1. The Blue Angels will have dance officers that will consist of 11th- 12th graders only. Each officer candidate must be a current Blue Angel member in good standing.
2. The Blue Angels dance officers will be expected to assist the Director in teaching and choreographing routines, leading practice, and organizing events.
3. The ranks will be as follows: Captain, First Lieutenant, and Lieutenant(s). The Director may amend these rankings as desired.
4. All rules and regulations apply to the dance officers.
5. Should a dance officer fail to follow-through with their assigned duties or should their attitude be questioned, they will be dismissed from their position.
6. Should an officer exceed 10 or more demerits, they will be removed from their position. Dance officers are responsible for providing an excellent example for the team.
7. Occasionally, the dance officers will be given the opportunity to perform as an officer group which includes both Captain and Lieutenants. These performances will be designated by the Director and should not be assumed by the officer squad. Each year is different and the opportunities can vary from year to year.

IT IS AT THE DIRECTOR'S DISCRETION TO DETERMINE RANKS & NUMBERS FOR ANY OFFICER POSITION.

Little Elm Blue Angels Drill Team Social Officers

1. The Blue Angels will have Social Officers that will consist of 10th-12th graders only. Each candidate must be a current Blue Angel member in good standing.
2. The social officers are in charge of social activities for the team, team building activities, birthdays, and other duties the Director may assign.
3. Social Officer ranks will be as follows: President, Vice-President, Secretary, Historian, Spirit Leader, and Parliamentarian. The Director may amend these rankings as desired.
4. Social Officers should not receive more than 10 demerits. If a social officer should exceed 10 demerits, they will be removed from their position. These leaders of the Little Elm Blue Angels are expected to be examples for the team.

IT IS AT THE DIRECTOR'S DISCRETION TO DETERMINE RANKS & NUMBERS FOR ANY SOCIAL OFFICER POSITION.

Article XIV – Little Elm Blue Angel Drill Team Managers

1. The Director will determine the need for managers on a year-by-year basis.
2. 9th-12th graders may be a Blue Angels manager.
3. In the event a manager(s) is chosen, they will be expected to follow all the rules and regulations stated in this Constitution.
4. Should a manager fail to follow-through with their assigned duties or should their attitude be questioned, they will be dismissed from their position.
5. Managers will be enrolled in the Drill Team class period, unless an academic schedule prevents it.
6. Managers are required to attend one after school practice each week if not enrolled in the Drill Team period.

BLUE ANGELS DRILL TEAM TRYOUTS SCORE SHEET JUDGE # _____

	Candidate #1	Candidate #2	Candidate #3	Candidate #4
Poise (5)				
Right Split (5) -Pointed toes -Straight legs -Hips squared -Flexibility -Upright posture				
Left Split (5) -Pointed toes -Straight legs -Hips squared -Flexibility -Upright posture				
Dance Technique (25) -Extension/alignment -Turn & Leap execution -Control & coordination -Smooth transitions -Flexibility -Completion of movements -Use of plié				
Overall Kick Technique (20) -Kicks to nose -Thumbs in -Pointed toes -Straight legs and arms -Prep with feet together -Body is aligned -Sharp head pops -Flexibility				
Showmanship (10) -Projection -Body carriage -Expression -Energy level -Confidence				
Memory (20) -No hesitations -Does not watch others				
Timing/Rhythm (10) -Correct tempo/Ability to count music				
Elite (yes or no)				
Total (100)				

- Being a part of the Blue Angels requires a **HUGE** time commitment and it is important that you understand the requirements **before** you decide to join the team. Please review the SAMPLE yearly calendar carefully and discuss it with your family.

- All Blue Angels practices, meetings and performances are mandatory. (This includes summer practice *AND* camp).

- Summer line camp/summer team practices are **mandatory**. **All** Drill Team members (including managers) are expected to participate. This is the time that the team learns all football routines, pep rally routines, competition routines as well as team bonding. It is **vital** that you are present for these events.

- During the school year, we will practice every day during the class period as well as after school Monday, Tuesday, and Thursdays. Practice can be up to eight hours a week *outside of normal* school per UIL guidelines. You should anticipate practice ending at 4:30 with some exceptions.

- About two weeks prior to Spring Show (March/April) – we will switch to longer practices in the evenings in order to have access to the stage.

- Football games are *usually* held on Friday nights. (SOMETIMES they are on Thursdays or Saturdays as well).

- During basketball season, the team usually performs at basketball games if invited to perform.

- Blue Angels activities will be held to a minimum on the weekends. It will *average* out to be one a month. These Saturday dates are scheduled with as much advance notice as possible. It is the parent/student's responsibility to avoid scheduling events during these **mandatory** activities.

- If we attend contests/competitions, it will be on a Saturday (occasionally Fridays as well), is mandatory and is a full-day commitment.

- Spring Show will be held in the Spring semester, both Friday and Saturday nights are mandatory.

2023-2024

*****Dates subject to change*****

TBD: Officer/Social Workshop (all day)

TBD (end of May): Boot Camp @ LEHS

June 1st-4th: Officer Camp, all-day @ Frisco Embassy Suites

TBD: Social Officer Camp, all-day

July 24th-28th: Line Camp, 8:30-4:30 pm @ LEHS

First Week of August: Summer Practice @ LEHS and LEAC

Summer Practice times dependent on 2023-2024 LEISD Calendar professional development schedule

Sample list of dates based on events from the PREVIOUS school year:

The final version of the 2023-2024 Calendar will be provided at the New Team Meeting in March

Fall Semester

MAY/JUNE/JULY:

Boot Camp (2 days in May before school releases)

Officer Camp June 1st-4th	All-day	@ Frisco Embassy Suites
Social Officer Workshop/Camp:	TBD	
Team Line Camp: July 24th-28th	8:30-4:30 pm	@ LEHS

AUGUST

Summer Practice:	***Times dependent on LEISD Calendar & Staff Development Schedule***
August (week before school starts)	Morning Practice @LEAC Afternoon Practice @ LEHS Dance Room
Convocation (*tentative performance*)	August 2nd, 7:30 am @ Stonebriar Community Church, Frisco
Prep the Pack	August 8th *(tentative officer performance and volunteer opportunity)*
First Day of School:	August 11th
After School Practice:	Every day starting August 15th 2:00-4:30pm (practice starts during 7th period)
Meet the Lobos *(performance):*	*(Tentative Date)* Aug. 16th 6:30-7:30 pm @LEAC
Football Game:	*(Tentative Date)* Aug. 26th **schedule has not been released yet**

SEPTEMBER

After School Practice:	M, T, Th from 3:00-4:30pm
Football Games:	Every Friday (occasional Thursday or Saturday games) **schedule has not been released yet**
TBA	Additional Practice to Learn Competition Routine from Guest Choreographer

OCTOBER

After School Practice:	M, T, Th 3:00-4:30pm
Football Games:	Every Friday (occasional Thursday or Saturday games) **schedule has not been released yet**
	***Homecoming Parade: Wednesday of Homecoming Week 5:00 - 8:00pm**
October 4th	Group Dynamix Field Trip all-day
TBA	Additional Practice to Learn Competition Routine from Guest Choreographer

NOVEMBER

After School Practice: M, T, Th 3:00-4:30pm

Football Games: Every Friday (occasional Thursday or Saturday games) **schedule has not been released yet**

**Football Playoffs TBD

Nov. 14th - 18th:	Competition Routine Tryouts

DECEMBER

After School Practice:	M, T, Th 3:00-4:30pm		
Saturday, December 3rd:	Contest Gym Rehearsal #1	8:00am-12:00pm	@LEHS Gym
	Little Elm Christmas Parade	5:00pm-8:00pm	@Little Elm Park

Sample list of dates based on events from the PREVIOUS school year:

Spring Semester

JANUARY

After School Practice:	M, T, TH from 3:00-4:30pm		
Saturday, January 21st	Contest Gym Rehearsal #2	12:00-6:00pm	
Basketball Game Performances TBA			

FEBRUARY

After School Practice:	M, T, TH from 3:00-4:30pm		
February 2nd	Chart Your Course	6-7:30pm	@LEHS
February 3rd	Middle School Pep Rally Performance	3-4:30pm	@Walker MS
February 8th	UNT Day of Dance Field Trip	8:00am-2:00pm	@UNT
February 9th	23-24 Drill Team Candidate Meeting	6-7:00pm	@LEHS Lecture Hall
Basketball Game Performances TBA			
Regional and State Competitions (all-day, typically Saturdays)			

MARCH

After School Practice:	M, T, TH from 3:00-4:30pm
2023-2024 Team Tryouts	March 6th - March 10th
2023-2024 New Team Meeting	March 21st 5:30-7:00pm
Regional and State Competitions (all-day, typically Saturdays)	

APRIL

April 1st	Mini Clinic	8:00am - 11:30am
April 1st	Saturday Spring Show Practice	12:30pm - 5:00pm
April 15th	Saturday Spring Show Practice	8:00am - 12:00pm
April 15th	Rangerette Revels Field Trip	2:00pm - 11:00pm
Spring Show Week		
April 17th, 18th	Tech Rehearsals	4:00-8:00pm (on-stage)
April 19th, 20th	Dress Rehearsals	4:00-8:00pm (on-stage)
April 21st, 22nd	Spring Show Performance	Call Time 5:00pm, Show at 7:00pm
April 25th-28th	Dance and Social Officer Tryouts	Times vary @LEHS

MAY

May 10th	Team Banquet	7:00 - 9:00pm	@Sunago Bell

Sample list of dates based on events from the previous school year:

Blue Angels Drill Team Anticipated Expenses

Mandatory Fees:

Below are requirements for members of the Blue Angels Drill Team.
All mandatory fees are to be paid in full by **May 12th so that attire can be ordered and camp paid for in advance.

Dance Attire:
The itemized sample price list for dance attire is listed in this packet. All attire is noted as mandatory or optional. Each team member will have an additional spirit wear that they can order if they choose, spiritwear is never mandatory.

Summer Camp:
Again, this event is MANDATORY and considered to be a ***very*** important part of drill team. It is an excellent team-bonding time and most importantly we learn our football and pep-rally routines during this time.
**Camp costs may be slightly different (less) depending on the 2023-2024 school year.

Size of team for approximate camp payment =

- 25-30 = $140 per member
- 31-40 = $130 per member
- 41-50 = $120 per member

Blue Angels Drill Team Anticipated Expenses Continued…..

Miscellaneous Fees

MANY of these fees are **OPTIONAL** or *may not even come up this year*, but often these are things your Blue Angel/family will want. I want to give parents as much advance notice as possible so that you can budget accordingly. Please know that these are **ESTIMATED** amounts as it depends on your Blue Angel - how many dances they are in (shoes & costume), etc.
In the past 5 years, we have not required or charged for these items if offered.

Approx. Month	For: (Note * means required items/event)	*ESTIMATED* Amount:
May	Performance Make-up	$5-$35
May	Yard Sign	$40-$45 each
May	Blue Angel and/or Parent Spirit Shirts	$15-$40 each
May	Car Decals	$12 each
June	Team/Individual Pics, Buttons, Buddy Pics, etc	$30 -$100
Aug – Feb	Football/B-ball Tickets (to watch Blue Angel's performance)	$5-$8 each
December/January	*Spring Show Footwear/Custom accessories ←THESE ALL VARY!!!	$20-50
February	Contest T-shirt (the team's shirts are paid for)	$25
February - April	*Spring Show Costume (**IF** necessary for elite, a new team routine, etc)	$20 -$50
April	Spring Show T-shirt	$25
April	Performance Related Field Trip (**IF** time allows)	$30
April	Spring Banquet Tickets for family members	$30-$40
April	End of the year DVD	$30
April	Spring Show DVD	$30 - $40

<u>Directions for Sizing/Price List</u>

The size/price list on the following pages list the mandatory items you will need to purchase in the event that you make the Blue Angels Drill Team. ***This is a sample sheet!***

1. Each Blue Angel will be formally sized at the new team meeting on **Tuesday, March 21st** - this is a sample sheet estimating the cost for each item. **<u>Prices may change this year</u>**. You will receive an updated price/item sheet when selected for the team to complete the following steps.

2. Go through and tally each of the items you want/need.
    a. 2 pairs of tights are suggested, **<u>but not mandatory</u>**. (Blue Angels will have designated practice attire 4 days out of the week in case that helps determine your decision with quantities.)

3. You will then add up the grand total of the items/attire and include shipping/handling costs to the grand total for your estimation purposes.

4. Please remember – these items are *MANDATORY unless noted otherwise!* If you need to replace an item, it will be at your own expense.

5. Prices shown are for team order, if you must replace an item on your own, the price *may* change.

6. Blue Angels members may also receive an additional spirit wear order form with all optional items including things such as t-shirts, sweatshirts, parent shirts, etc.

This gives you an idea how much you will spend on dance attire*

SAMPLE ORDER FORM

2023-2024 Blue Angel REQUIRED Items			
Item	**Description**	**Circle your Size**	**Price**
Field Uniform Shorts	Navy	YL S M L XL XXL	$22.00
Duffle Bag NAME:_____			$45.00
Navy Racerback Sports Bra		XS S M L XL XXL	$17.00
NEW! Comfort Colors Game Day Long Sleeve Tee	Crunchberry	S M L XL XXL	$28.00
NEW! Comfort Colors Game Day Tee	Celadon	XS S M L XL XXL	$27.00
NEW! Comfort Colors Practice Tank	Mango	XS S M L XL XXL	$20.00
Cami Practice Top	Black/Hibiscus	XS S M L XL XXL	$36.00
Racerback Practice Top	Black/Turquoise	XS S M L XL XXL	$28.00
Halter Practice Top	Black	XS S M L XL XXL	$25.00
NEW! Skort	Black	XS S M L XL XXL	$16.00
Tights (Circle Color and Size)	Caramel, Lt Suntan, Coffee, Espresso	S/M L/ XL XXL	$8.50
1/2 Zip (navy) with LE and halo on front		XS S M L XL XXL	$36.00
Optional to add Name ($6): _____			
Boots	Shoe Size: _____	Half and Whole Sizes Available	$75.00
Line Member Hat	Head Measurement: _____ in.		$135.00
Hat Cover	To protect from the rain		$5.00
Shipping (Total from all vendors)			$22.00
Team Camp			$75.00
IMPORTANT!			
Items to Purchase on your own over summer via link:			
Warm-Up Jacket ($45)		**Total for Required Items**	
Warm-Up Joggers ($35)			

2023-2024
Blue Angels Drill Team
Tryout Packet

Candidate Name: _____

Blue Angels Drill Team Application

Please ***STAPLE*** and turn in all 6 pages of your completed application packet to
LEHS front office, Dance Room (#5125), submitted digitally via email (mminer@leisd.ws) by
Friday, February 24th no later than 3:30 pm at LEHS
** Late packets will **not** be accepted.**

Student Name:

_____

Student ID: _____

Current Home Campus: _____

Birthday: _____

Home Address:

_____

City, State, Zip Code: _____

TAPE Photo Here
(Recent close-up shot)

Student Email Address: _____

Primary Guardian Full Name: _____

Primary Guardian Cell Number: _____

Primary Guardian Email Address: _____

Secondary Guardian Full Name: _____

Secondary Guardian Cell Number: _____

Secondary Guardian Email Address: _____

****When auditioning would you like to be considered for the Blue Angels Elite?** _____**

Little Elm High School Blue Angels Drill Team Audition Signature Page 2023-2024

We, the parents/guardians of, _____, grant our permission for them to audition for the Little Elm High School Blue Angels Drill Team. We have read LEISD Guidelines, the Blue Angels Drill Team Constitution, and the Guidelines for District Extracurricular Activities and the Student Code of Conduct. We agree to abide by **all** rules and regulations set forth by these documents. We also understand and agree to the consequences for breaking these rules and regulations. Furthermore, we understand that if selected for the team, my student will be required to pay for their practice clothing, shoes, boots/hat, game day attire, etc. A reasonable estimate of these expenditures is $675.00 (*excluding camps & workshops)*. I further understand that this is an extra-curricular activity and that attendance at all practices, games, and special functions are requirements of team membership. Finally, we understand the audition process. We agree and understand that the decision of the judges is final.

Parent's Name: _____
(Please Print)

Parent's Signature: _____ Date: _____

I, _____, am choosing to audition for the Little Elm High School Blue Angels Drill Team. I have read **all** guidelines included in this packet and the Drill Team Constitution and agree to abide by **all** rules and regulations. I also understand and agree to the consequences for breaking these rules and regulations. If I am selected to the drill team, I understand that I am expected to uphold the standards set by the team/Director and by Little Elm I.S.D. ***beginning the day*** I make the team. Should I fail to meet these standards, I will be subject to disciplinary action. Finally, I understand the audition process. I agree and understand that the decision of the judges is final.

Student's Name: _____
(Please Print)

Student's Signature: _____ Date: _____

Medical Release Form: 2023-2024

Student's legal name: _____

I, _____, certify that my student is free of any health related concerns that might impede them from participating in the Little Elm High School Blue Angels Drill Team Tryouts and fulfilling the requirements of a Blue Angels Drill Team member. They are currently free of physician care and any physical concerns have been listed below.

I authorize **Mallory Miner-Selby (Director)** at Little Elm High School to contact directly the person named on this document, and do authorize the named physicians to render such treatment as may be deemed necessary in an emergency, for the sake of the said child. In the event physicians or other persons named on this form, or parents cannot be contacted, the above named school official is hereby authorized to take whatever action is deemed necessary in their judgment, for the health of the aforesaid child. I will not hold the aforesaid school official or the Little Elm Independent School District financially responsible for emergency care and or transportation of the said child.

_____ _____

Signature of Parent or Legal Guardian Date

Home Phone: ( )_____ Cell Phone: ( ) _____ Work: ( ) _____

Home Address: _____ City: _____ State: _____ Zip: _____

Participants Birth date: _____

Family Physician: _____ Physician's Number: ( ) _____

List brief medical history and recurring health problems such as asthma, allergies, epilepsy, etc.:

_____

List any physical concerns so that the Director may be aware of any injuries such as ACL, ankles, joints, etc. This information will only be used to monitor student progress during tryouts. It will **not** be used to gain judging points for the student during tryouts. _____

Indicate and medications or drugs to which the child is allergic: _____

List all regular medications the child is taking: _____

List one additional contact in the event you are not available should an emergency arise:

Name: _____ Phone: _____

You will <u>not</u> be able to participate in the tryout workshops and/or tryout unless you have a current physical form completed and turned in by February 24, 2023!!!

Little Elm ISD requires students to have an updated physical **each year.**

SPORTS: _____

PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY

2020

This **MEDICAL HISTORY FORM** must be completed ***annually*** by parent (or guardian) and student in order for the student to participate in activities. These questions are designed to determine if the student has developed any condition which would make it hazardous to participate in an event.

Student's Name: (print) _____ Sex _____ Age _____ Date of Birth _____

Address _____ Phone _____

Grade _____ School _____

Personal Physician _____ Phone _____

In case of emergency, contact:

Name _____ Relationship _____ Phone (H) _____ (W) _____

Explain "Yes" answers in the box below**. Circle questions you don't know the answers to.

		Yes	No
1.	Have you had a medical illness or injury since your last check up or physical?	☐	☐
2.	Have you been hospitalized overnight in the past year?	☐	☐
	Have you ever had surgery?	☐	☐
3.	Have you ever had prior testing for the heart ordered by a physician?	☐	☐
	Have you ever passed out during or after exercise?	☐	☐
	Have you ever had chest pain during or after exercise?	☐	☐
	Do you get tired more quickly than your friends do during exercise?	☐	☐
	Have you ever had racing of your heart or skipped heartbeats?	☐	☐
	Have you had high blood pressure or high cholesterol?	☐	☐
	Have you ever been told you have a heart murmur?	☐	☐
	Has any family member or relative died of heart problems or of sudden unexpected death before age 50?	☐	☐
	Has any family member been diagnosed with enlarged heart, (dilated cardiomyopathy), hypertrophic cardiomyopathy, long QT syndrome or other ion channelpathy (Brugada syndrome, etc), Marfan's syndrome, or abnormal heart rhythm?	☐	☐
	Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?	☐	☐
	Has a physician ever denied or restricted your participation in activities for any heart problems?	☐	☐
4.	Have you ever had a head injury or concussion?	☐	☐
	Have you ever been knocked out, become unconscious, or lost your memory?	☐	☐
	If yes, how many times? _____		
	When was your last concussion? _____		
	How severe was each one? (Explain below)		
	Have you ever had a seizure?	☐	☐
	Do you have frequent or severe headaches?	☐	☐
	Have you ever had numbness or tingling in your arms, hands, legs or feet?	☐	☐
	Have you ever had a stinger, burner, or pinched nerve?	☐	☐
5.	Are you missing any paired organs?	☐	☐
6.	Are you under a doctor's care?	☐	☐
7.	Are you currently taking any prescription or non-prescription (over-the-counter) medication or pills or using an inhaler?	☐	☐
8.	Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)?	☐	☐
9.	Have you ever been dizzy during or after exercise?	☐	☐
10.	Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	☐	☐
11.	Have you ever become ill from exercising in the heat?	☐	☐
12.	Have you had any problems with your eyes or vision?	☐	☐

		Yes	No
13.	Have you ever gotten unexpectedly short of breath with exercise?	☐	☐
	Do you have asthma?	☐	☐
	Do you have seasonal allergies that require medical treatment?	☐	☐
14.	Do you use any special protective or corrective equipment or devices that aren't usually used for your activity or position (for example, knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?	☐	☐
15.	Have you ever had a sprain, strain, or swelling after injury?	☐	☐
	Have you broken or fractured any bones or dislocated any joints?	☐	☐
	Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints?	☐	☐
	If yes, check appropriate box and explain below:		

☐ Head	☐ Elbow	☐ Hip
☐ Neck	☐ Forearm	☐ Thigh
☐ Back	☐ Wrist	☐ Knee
☐ Chest	☐ Hand	☐ Shin/Calf
☐ Shoulder	☐ Finger	☐ Ankle
☐ Upper Arm	☐ Foot	

		Yes	No
16.	Do you want to weigh more or less than you do now?	☐	☐
17.	Do you feel stressed out?	☐	☐
18.	Have you ever been diagnosed with or treated for sickle cell trait or sickle cell disease?	☐	☐

Females Only

19. When was your first menstrual period? _____
When was your most recent menstrual period? _____
How much time do you usually have from the start of one period to the start of another? _____
How many periods have you had in the last year? _____
What was the longest time between periods in the last year? _____

Males Only

20. Do you have two testicles? _____
21. Do you have any testicular swelling or masses? _____

☐ An electrocardiogram (ECG) is not required. By checking this box, I choose to obtain an ECG for my student for additional cardiac screening. I have read and understand the information about cardiac screening. I understand it is the responsibility of my family to schedule and pay for such ECG.

EXPLAIN 'YES' ANSWERS IN THE BOX BELOW (attach another sheet if necessary):

It is understood that even though protective equipment is worn by athletes, whenever needed, the possibility of an accident still remains. Neither the University Interscholastic League nor the school assumes any responsibility in case an accident occurs.

If, in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, athletic trainer, nurse or school representative. I do hereby agree to indemnify and save harmless the school and any school or hospital representative from any claim by any person on account of such care and treatment of said student.

If, between this date and the beginning of participation, any illness or injury should occur that may limit this student's participation, I agree to notify the school authorities of such illness or injury.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the UIL **

** Student Signature: _____ Parent/Guardian Signature: _____ Date: _____

Any Yes answer to questions 1, 2, 3, 4, 5, or 6 requires further medical evaluation which may include a physical examination. Written clearance from a physician, physician assistant, chiropractor, or nurse practitioner is required before any participation in UIL practices, games or matches. THIS FORM MUST BE ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE, SCRIMMAGE, PERFORMANCE OR CONTEST BEFORE, DURING OR AFTER SCHOOL.

For School Use Only:

This Medical History Form was reviewed by: Printed Name _____ Date _____ Signature _____

PREPARTICIPATION PHYSICAL EVALUATION -- PHYSICAL EXAMINATION

Student's Name _____ Sex _____ Age _____ Date of Birth _____

Height _____ Weight_____ % Body fat (optional) _____ Pulse _____ BP____/____ (____/____, ____/____)
brachial blood pressure while sitting

Vision: R 20/_____ L 20/___ Corrected: ☐ Y ☐ N Pupils: ☐ Equal ☐ Unequal

As a minimum requirement, this **Physical Examination Form** must be completed prior to junior high participation and again prior to first and third years of high school participation. It ***must*** be completed if there are yes answers to specific questions on the student's MEDICAL HISTORY FORM on the reverse side. **** Local district policy may require an annual physical exam.***

	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL			
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart-Auscultation of the heart in the supine position.			
Heart-Auscultation of the heart in the standing position.			
Heart-Lower extremity pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
Marfan's stigmata (arachnodactyly, pectus excavatum, joint hypermobility, scoliosis)			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

*station-based examination only

CLEARANCE

☐ Cleared

☐ Cleared after completing evaluation/rehabilitation for: _____

_____

☐ Not cleared for:_____Reason: _____

Recommendations: _____

_____

The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted.

Name (print/type) _____ Date of Examination: _____

Address: _____

Phone Number: _____

** Signature: _____

Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or performance/ games/matches.

Little Elm High School
Blue Angels Drill Team
Constitution Contract
2023-2024

I, _____ have read and understand the constitution of the Little Elm High School Blue Angels Drill Team organization. I promise to comply with the Rules & Regulations. I realize that failure to uphold this contract and adhere to the Constitution as well as the Rules & Regulations will result in disciplinary action.

_____ _____

Student/Member Signature **Date**

I have read the Rules & Regulations and understand the contract set forth by the Little Elm High School Blue Angels Drill Team and will support my student, _____ in their efforts to uphold them.

_____ _____

Parent/Guardian Signature **Date**

LITTLE ELM HIGH SCHOOL
BLUE ANGELS DRILL TEAM

SCHOOL-SPONSORED TRIP
TRAVEL FORM

Name of Events: Blue Angels Drill Team Activities for the 2023-2024 School Year

Destinations: Away Football Games, Performances, Competitions, & Field Trips

I desire that my Blue Angel be allowed to travel to and from the events listed above and to participate in these events.

Printed Name of Student: _____

Printed Name of Parent/Guardian: _____

Signature of Parent or Legal Guardian: _____

Date: _____

Reminders:

- Please review the dates of camp and make sure you can meet these commitments.
- The following 6 forms/papers are due Friday, February 24th no later than 3:30 pm to Mrs. Miner-Selby or turned into the front office, paper clipped/stapled & in the following order:
    - Application
    - LEHS Blue Angels Drill Team Audition Signature Form
    - Medical Release Form
    - Current Physical Form
    - Constitution Contract Form
    - School-Sponsored Trips Permission Form

SET UP YOUR DOCTOR'S APPT. TO GET YOUR PHYSICAL ASAP SO YOU CAN GET THIS DONE AND NOT HAVE TO WORRY ABOUT IT LATER!!!!!!

You will not be able to participate in the tryout workshops unless you have a current physical form completed and turned in by February 24th!