

drug abuse prevention

RATIONALE

- According to the U.S. Department of Health and Human Services, substance abuse typically begins during a student's youth.
- The American Academy of Pediatrics states that drugs and alcohol alter the development of the brain and body, which can create long-term health complications.
- Since 2018, Texas Department of State Health Services found severe lung illness occurring from short-term vaping use and more than 2,700 teen hospitalizations.

RESOURCES

- [Teen e-cigarette usage](#)
- [Talking to your teen about alcohol \(booklet\)](#)
- [Mind Matters: Drugs and the Brain](#)

STUDENT EDUCATION

- National Drug & Alcohol IQ Challenge
- Vaping Myths vs Facts
- Physical effects of drug use

