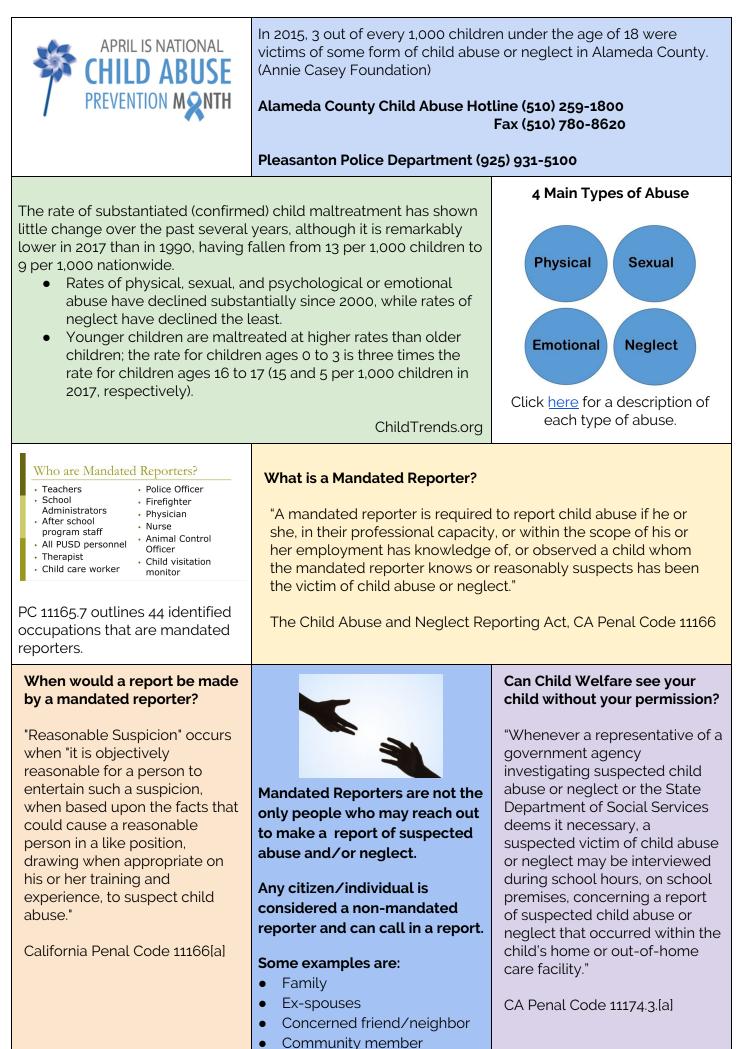
# **Child Abuse & Neglect**

### Child Abuse and Neglect Reporting Act [11164 - 11174.3]

http://leginfo.legislature.ca.gov/faces/codes\_displaySection.xhtml?sectionNum=11165.1.&lawCode=PEN



Community member

Click here to learn more: <u>Ten Things Everyone Should Know About Child Protective Services</u>

### Who are the perpetrators of Child Abuse?

- Child abuse occurs across the spectrum of socioeconomic conditions and within all types of families.
- Perpetrators of **child abuse and neglect** are most often the child's own parents.
- Most cases of **child sexual abuse** are perpetrated by family members or caregivers who are known to the child.

### How to Protect your Child from Abuse and Neglect?

Part 1: Teach your child about boundaries

- 1. Tell your children that personal space should be respected.
- 2. Teach your child about private body parts early.
- 3. Make it clear that it is never okay to hurt others.
- 4. Intervene if your child doesn't enforce their boundaries.
- 5. Encourage your child to be assertive.
- 6. Tell you child that they shouldn't keep secrets from you.
- 7. Establish and respect privacy rules in your home.

Part 2: Explaining abuse to your kids

- 1. Describe potentially unsafe situations in a non-threatening way.
- 2. Warn them to stay away from strangers.
- 3. Teach your child about online safety.
- 4. Discuss consent as your child matures.
- 5. Explain that adults can be bullies, too.
- 6. Teach them how to get out of an uncomfortable situation.

## Part 3: Keeping your child safe

- 1. Take time to actively listen to your child.
- 2. Participate in activities at their daycare or school.
- 3. Be aware of any adults who give your child special attention.
- 4. Monitor your child's use of technology.
- 5. Look for signs that a child has been abused.

Part 4: Handling suspected abuse

- 1. Ask your child directly and gently if you notice something is wrong.
- 2. Keep you cool, and don't threaten a suspected abuser.
- 3. Emphasize that your child did nothing wrong.
- 4. Take your child to the hospital, or call 510-259-1800

For detailed information: <u>Protect-Your-Children-from-Child-Abuse</u>



# Psychology Today

The National Child Traumatic

**Stress Network's** webpage What Is Child Traumatic Stress offers definitions, materials on understanding child traumatic stress, and several Q&A documents:<u>National Child</u> <u>Traumatic Stress Network Q &A</u>

### Resources

### Alameda County

- <u>Alameda County Child</u>
  <u>Abuse Prevention Council</u>
- <u>Alameda County Social</u> <u>Services</u>
- <u>Suspected Child Abuse</u> <u>Reporting form</u>

## PUSD School Social Worker Website

- <u>Food</u> (Hot Meals & Pantries)
- Parenting
- <u>Technology</u>

#### Emergency support Bay Area Crisis Nursery

1506 Mendocino Drive, Concord (925) 685-8052 Nursery (ages 0-5) (925) 685-3695 Dahlstrom House (6-11yr)

Completely free resource to families under stress that need a temporary place for their children.