

Middle School Breakfast Menu

*Flinn MS follows Elementary Breakfast Menu

March 2023



Menu is subject to change without notice

Contains pork

Vegetarian

For details about ingredients and allergens, please visit [The Titan Family Portal](#) on our website

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. Breakfast Rounds 2. Muffin & Cheese Cubes Sides: Banana & 100% Juice	1. Yogurt Parfait 2. Muffin & Cheese Cubes Sides: Clementines & 100% Juice	1. Uncrustable Bites 2. Muffin & Cheese Cubes Sides: Peaches & 100% Juice
		01	02	03
1. Yogurt 2. Cereal & Grahams Sides: Raisins & 100% Juice National School Breakfast Week	1. Cinnamon Roll 2. Cereal & Grahams Sides: Apple & 100% Juice	1. Blueberry Donut Holes 2. Cereal & Grahams Sides: Banana & 100% Juice Donut Day	1. Glazed Donut 2. Cereal & Grahams Sides: Clementines & 100% Juice	1. Breakfast Sandwich 2. Cereal & Grahams Sides: Peaches & 100% Juice
06	07	08	09	10
1. Pop-Tart 2. Breakfast Bar & Goldfish Sides: Raisins & 100% Juice	1. Turkey Sausage Breakfast Burrito 2. Breakfast Bar & Goldfish Sides: Apple & 100% Juice	1. Pancake Bowl 2. Breakfast Bar & Goldfish Sides: Banana & 100% Juice	1. Donut Holes 2. Breakfast Bar & Goldfish Sides: Clementines & 100% Juice	1. Lucky Charms Cereal Bar 2. Breakfast Bar & Goldfish Sides: Peaches & 100% Juice St. Patrick's Day
13	14	15	16	17
No School	No School	No School	No School	No School
20	21	22	23	24
1. Yogurt & Grahams 2. Cereal & Cheese Cubes Sides: Raisins & 100% Juice	1. Pancake Wrap 2. Cereal & Cheese Cubes Sides: Apple & 100% Juice	1. Cinnamon Roll 2. Cereal & Cheese Cubes Sides: Banana & 100% Juice	1. Yogurt Parfait 2. Cereal & Cheese Cubes Sides: Clementines & 100% Juice	1. Breakfast Sandwich 2. Cereal & Cheese Cubes Sides: Peaches & 100% Juice
27	28	29	30	31