



Our Mission:
The purpose of the Child Nutrition Program, in partnership with our school community, is to provide healthy and balanced meals by offering excellent service, while promoting nutrition and wellness.

Albemarle County Public Schools
Middle School Spring Menu
March-June 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1				
<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Local Hummus Platter Crispy Chicken Sandwich French Fries Fresh Veggies Assorted Fruit	<u>Breakfast</u> Mini Cinnis <u>Lunch</u> Grilled Chicken Salad Cheezy Bread w/ Sauce Steamed Broccoli Tossed Salad w/ Dressing Assorted Fruit	<u>Breakfast</u> Muffin <u>Lunch</u> Asian Chicken Salad French Toast Sausage Patty Tater Tots Warm Cinnamon Apples	<u>Breakfast</u> Breakfast Sandwich <u>Lunch</u> Taco Salad Chili / Cheese Nachos Seasoned White Beans Fresh Veggies Assorted Fruit	<u>Breakfast</u> Waffle <u>Lunch</u> Chef's Salad Asian Chicken Manager's Choice Brown Rice Stir Fry Vegetables Mini Carrots/Assorted Fruit
Week 2				
<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Local Hummus Platter Pork BBQ on Bun Baked Beans Tater Tots Assorted Fruit	<u>Breakfast</u> Mini Cinnis <u>Lunch</u> Grilled Chicken Salad Baked Ziti w/ Bread Stick Steamed Broccoli Tossed Salad w/ Dressing Assorted Fruit	<u>Breakfast</u> Muffin <u>Lunch</u> Asian Chicken Salad Chicken Parmesan w/Bread Stick Tater Tots Seasoned Green Beans Assorted Fruit	<u>Breakfast</u> Breakfast Sandwich <u>Lunch</u> Crispy Chicken Salad Chicken and Cheese Quesadilla French Fries Fresh Veggies Assorted Fruit	<u>Breakfast</u> Waffle <u>Lunch</u> Chef's Salad Chicken Pot Pie w/Biscuit Manager's Choice Mini Carrots Assorted Fruit
Week 3				
<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Local Hummus Platter Meatball Sub French Fries Tossed Salad w/ Dressing Assorted Fruit	<u>Breakfast</u> Mini Cinnis <u>Lunch</u> Grilled Chicken Salad Cheezy Bread w/ Sauce Steamed Broccoli Assorted Fruit	<u>Breakfast</u> Muffin <u>Lunch</u> Asian Chicken Salad Chicken Nuggets w/Bread Stick Whipped Potatoes Seasoned Green Beans Tossed Salad w/ Dressing Assorted Fruit	<u>Breakfast</u> Breakfast Sandwich <u>Lunch</u> Taco Salad Chili / Cheese Nachos Seasoned White Beans Fresh Veggies Assorted Fruit	<u>Breakfast</u> Waffle <u>Lunch</u> Chef's Salad Chicken and Veggie Dumpling Manager's Choice Brown Rice Stir Fry Vegetables Mini Carrots / Assorted Fruit
Week 4				
<u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Local Hummus Platter Pork BBQ on Bun Baked Beans Tater Tots Assorted Fruit	<u>Breakfast</u> Mini Cinnis <u>Lunch</u> Grilled Chicken Salad Mac & Cheese w/Bread Stick Steamed Vegetable Medley Fresh Min Carrots Assorted Fruit	<u>Breakfast</u> Muffin <u>Lunch</u> Asian Chicken Salad Baked Chicken Thighs/Biscuit Whipped Potatoes Whole Kernel Corn Assorted Fruit	<u>Breakfast</u> Breakfast Sandwich <u>Lunch</u> Crispy Chicken Salad Crispy Chicken Sandwich French Fries Fresh Veggies Assorted Fruit	<u>Breakfast</u> Waffle <u>Lunch</u> Chef's Salad Chicken Alfredo/Bread Stick Manager's Choice Steamed Broccoli Fresh Veggies Assorted Fruit

March 2023

M	T	W	Th	F
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

April 2023

M	T	W	Th	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

May-June 2023

M	T	W	Th	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	27
29	30	31	1	2
5	6	7	8	9

EVERY WEEK GRAB-N-GO LINE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders Garlic Stick Tater Tots	Spicy Chicken Sandwich Tater Tots	Cheeseburger Tater Tots	Popcorn Chicken Garlic Bread Tater Tots	Corn Dog Nuggets Tater Tots

MEAL PRICES

Breakfast K-12	\$1.75
Reduced Price Breakfast	\$0.00
Lunch: Elementary	\$3.25
Lunch: Middle-High	\$3.45
Reduced Price Lunch	\$0.00
Adult/ Visitor Ala Carte	
Ala Carte Milk	\$.65

Daily Offerings

Daily Breakfast Offerings
 Cereal w/Graham Cracker
 Assorted Juice and Fruit
 Fat Free or 1 %Milk

Lunch Offerings
 Assorted Pizza
 Assorted Subs
 Crackers offered w/Meal Salads
 Peanut Butter Jelly Sandwich
 w/String Cheese & Crackers
 Fresh Veggie and Fresh Fruit
 Fat Free or 1 %Milk

We appreciate your patience as we continue to experience supply chain shortage. As the daily menu may change.

USDA is an equal opportunity provider and employer.