March 2023

PARKLAND HIGH SCHOOL Parent Newsletter



The information in this newsletter is subject to change.

From the principal's desk Dear Parents and Guardians:

With warmer days right around the corner we are gearing up for an eventful spring here at Parkland High School. Our students and staff have accomplished great things this year, but we all know there is still much work left to be done. With that in mind, I want to make sure that everyone marks their calendars with the following important dates.

- March 10 Professional Development Day No School
- March 31 End of the Third Marking Period
- April 6-10 Spring Break No School
- April 12-16 Spring Musical
- May 13-14 Prom/Post Prom Party
- May 15-23 Keystones Exams
- May 22 Academic Awards Night
- May 19-20 Festival of the Arts
- May 24 Athletic Awards
- May 31 Visual and Performing Arts Awards
- June 6 Graduation at the PPL Center
- June 2-9 Underclassmen Finals
- June 9 Last day of School



Continued on page 2

From the principal's desk

Continued from page 1

Every year Parkland High School students compete with students from across the country for scholarships through the National Merit Scholarship Program. Out of the 1.5 million students who entered the National Merit Scholarship Program, these students are part of the final 15,000 students who are competing for 7,500 Merit Scholarships. We are proud to announce that we have nine students that have been named National Merit Finalists: Reva Gandhi, Vishruth Hanumaihgari, Andrew Hill, Sanika Kothari, Noah Oxfeld, Mitchell Roth, Daud Tariq, Taehyuk Yang and Joshua Yoon. The administration, faculty, and student body congratulate the Finalists and their parents on this outstanding accomplishment.

Our school counselors are continuing to meet with students to complete the course registration process. I want to assure parents that every student will be seen by a school counselor to review next year's course requests. Please remember that any changes to a student's schedule for next year must be requested no later than Friday, May 26. Further requests for schedule modifications will only be considered during the drop/add period once the students return to school in August. Counselors will also be visiting junior English classes with an important folder of information surrounding college planning and what will be needed this summer when juniors begin applying for schools.

Congratulations go out to Adrian Gacek and Ryan Beltrame who have earned District XI gold in their respective sports. Adrian won the District XI AAA Championship in wrestling at 189 pounds. In addition, Adrian also reached 100 career wins. Ryan won the District XI Diving Championship. Good luck to both athletes as they continue their quest for PIAA gold. We would like to wish good luck to our boys basketball team and boys and girls swim teams as they compete for District gold this week and to our girls wrestling team that will compete at PIAA regionals this weekend. Finally, spring sports will be starting on Monday, March 6.

Student academic performance can be monitored on Home Access Center. If you have any questions or concerns about a particular class, you may contact the subject teacher or the Counseling Office. Please be reminded that school attendance is mandatory. These expectations are listed on page 26 of the PHS Student Handbook. If you have any questions concerning your child's attendance, please contact their counselor and/or assistant principal.

Thank you for your continued cooperation and support. Go Trojans!!!

Sincerely,

Nattain T. Davidson

Nathan T. Davidson Principal - Parkland High School <u>davidsonn@parklandsd.net</u>



March 2023 SUN MON TUE WED THU FRI SAT 1 2 3 4 Day 6 Day 5 Day 1 ¹⁰school 5 6 7 8 9 11 CLOSED Day 2 Day 3 Day 4 Day 5 Professional Development 12 Spring forward 13 14 15 16 17 18 St. Patrick's Day t forget to set clocks ahead one hour at 2 a.m. Day 4 Day 6 Day 1 Day 2 Day 3 Sunday 19 21 22 23 24 25 20 Day 5 Day 6 Day 1 Day 2 Day 3 Spring begins 28 26 27 29 30 31 Day 5 Day 6 Day 1 Day 2 Day 4

Any changes to these schedules will be posted on the school website and communicated via **Schoology and School** Messenger.

BELL SCHEDULES

PERIOD	A SCHEDULE (Regular Day)	B SCHEDULE (Homeroom)	C SCHEDULE (Early Dismissal)	D SCHEDULE (2-Hour Delay)
	7:35 Warning Bell	7:40-7:50	7:35 Warning Bell	9:35 Warning Bell
1	7:40-8:28	7:54-8:36	7:40-8:22	9:40-10:08
2	8:32-9:15	8:40-9:22	8:26-9:04	10:12-10:37
3	9:19-10:02	9:26-10:08	9:08-9:46	10:41-11:06
4	10:06-10:49	10:12-10:54	9:50-10:20	11:10-11:39
5	10:53-11:36	10:58-11:40	10:24-10:54	11:43-12:12
6	11:40-12:23	11:44-12:26	10:58-11:28	12:16-12:45
7	12:27-1:10	12:30-1:12	11:32-12:02	12:49-1:18
8	1:14-1:57	1:16-1:58	12:06-12:31	1:22-2:01
9	2:01-2:44	2:02-2:44	12:35-1:00	2:05-2:44
5 Minute Warning	2:47	2:47	1:03	2:47
Bell for Bus Departure	Buses depart at 2:52	Buses depart at 2:52	Buses depart at 1:08	Buses depart at 2:52

Lunch periods are assigned during periods 4, 5, 6 or 7.

PM LCTI students will eat lunch period or 5 and are dismissed at 11:25. AM LCTI students will eat lunch at LCTI and return for class Period 6.

Students who are approved for "early dismissal" must leave the school building and property 4 immediately upon dismissal.

Students who are approved for "late arrival" may not enter the school until 10 minutes before their first class.

÷ All students must leave the school building and property immediately upon dismissal unless they are involved in a PHS-sponsored and supervised, after-school activity.





C44 ELIGIBILITY CENTER

JUNIOR ATHLETES NCAA ELIGIBILITY CENTER

Students interested in playing a college sport at the Division 1 or Division 2 level should register with the NCAA Eligibility Center following completion of their junior year in high school.

At the end of the student's junior year, a transcript that includes grades for six semesters should be requested through the Parchment Exchange eTranscript Service. Additionally, students should have their SAT or ACT scores forwarded directly to the Eligibility Center (by using code "9999") whenever they take the exam.

Students can access the <u>Eligibility Center website</u> for additional information.



JUNIORS POSTSECONDARY PLANNING

Postsecondary planning presentations will be conducted in Junior English classrooms throughout the month of March. The high school counselors will review college admissions testing, college application procedures, financial aid and so much more.

DON'T FORGET

JUNIORS SIGN UP FOR THE SAT OR ACT

corner

Sign-ups for the SAT Reasoning Test and the ACT are currently in progress. May and June testing dates are still available for all tests.

Registration for the SAT can be completed on the <u>College Board website</u>.

Registration for the ACT can be completed <u>online</u>.

Parkland High School will offer an SAT Prep Course this spring to help students prepare for the SAT exam that will be administered on Saturday, May 6, 2023. Students must register to take the SAT at <u>www.sat.org/register</u>.

The course will consist of 10 two-hour sessions, five for each of the verbal and math components of the SAT exam.

The verbal classes will help students prepare for the verbal section of the SAT by providing practice, test-taking strategies, and test simulation in the areas of critical reading, evidence-based writing and contextual vocabulary. The math classes will help students prepare for the math section of the SAT by providing practice, test-taking strategies, and simulated test taking in the areas of algebra, geometry and trigonometry, including problem solving, data analysis, and practice in ratios, rates and proportional relationships.

Students may register for one SAT Prep session only. Sessions may not be combined. Select either:

- An After-School Session at PHS from 3 5 PM OR
- A Virtual, Evening Session from 6:30 8:30 PM

We will follow the schedule below:

SPRING CLASS SCHEDULE

	Last Names A-L	Last Names M-Z
Monday, 3/27	Verbal	Math
Wednesday, 3/29	Math	Verbal
Monday, 4/3	Verbal	Math
Wednesday, 4/12	Math	Verbal
Monday, 4/17	Verbal	Math
Wednesday, 4/19	Math	Verbal
Monday, 4/24	Verbal	Math
Wednesday, 4/26	Math	Verbal
Monday, 5/1	Verbal	Math
Wednesday, 5/3	Math	Verbal

more

Registration ends March 20 at 3 PM or when class sessions are full.



Spring 2023 SAT PREP

For Juniors and Sophomores

AFTER-SCHOOL SESSION 3 - 5 PM AT PHS OR VIRTUAL EVENING SESSION 6:30 - 8:30 PM

Important Information about the Course

The cost for the 10-class session is \$90 to cover class materials. Checks should be made payable to Parkland School District. Please mail the check to Parkland High School, attention Mrs. McLeod or drop off your payment in the designated drop box at the front desk of the Main Office.

> Register for the class using the Spring 2023 SAT Prep Course Registration form on the <u>PHS website</u>.

Registration is on a first-to-sign-up, firstto-pay basis only, so register early as space is limited.

- The course textbook will be available for students who have completed the online registration AND whose payment has been received. The book is theirs to keep. Fully registered students will receive confirmation of their registration and information about textbook distribution via email.
- Once a student receives their SAT Prep Book, the \$90 fee is non-refundable.

Transportation home must be provided for afternoon session students. Late activity bus schedules do not coincide with class times.

Questions?

Contact Mrs. McLeod at 610-351-5615 or email mcleodj@parklandsd.org.



Sophomores, Juniors and Seniors who Have Not Completed the Career Explorations Course:

Sophomores and NEW Juniors and Seniors:

Please try to complete the lessons in Xello before May 2023. The course will be added and graded for completion during the fourth quarter.

Juniors and Seniors Who Attended Parkland

Last Year:

The course was added for you, however you received an unsatisfactory score if it was not completed. You need to complete this course to graduate.

The Career Explorations program has replaced the Graduation Project requirement for students starting with the Class of 2017. The purpose of this course is to teach students how to match personal needs and expectations with satisfying career options. In Career Explorations, students will learn:

- * Self-assessment skills
- To research major and career alternatives
- To make decisions based upon sound factual information
- To utilize a variety of resources





Students will need to complete an online course and digital portfolio using tools in Xello. They can access Xello through the Clever App. This work will mostly be done on the student's own time, however students will be introduced to Xello through their physical education classes. Students are free to complete the portfolio at any time on their own. Completion of this course will be determined when all online modules are complete. Upon completion, students will receive 0.5 credit. Course completion does not factor into GPA or class work.

Students can access specifics about the expectations for Career Explorations on "Class of XXXX" course in Schoology. The Schoology page has a screencast to walk the student through the program and the requirements of the course.

If your child has any trouble completing this assignment or if he/she has any further questions, please have your child see their guidance counselor, or contact Mrs. McPeek in the Counseling Office at <u>mcpeeka@parklandsd.net</u> or Mr. Monahan in the PHS Library at <u>monahanj@parklandsd.net</u>.

ACADEMIC SCHOLARSHIP RECOGNITION

PARKLAND HIGH SCHOOL

at in the

SENIORS

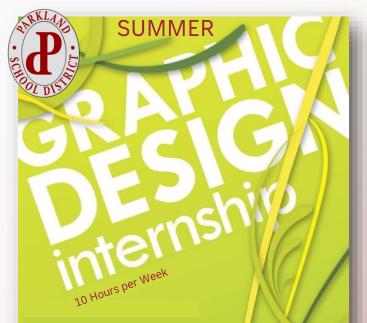
Parkland High School will be showcasing senior students who have received merit-based scholarships on our social media pages this spring. In order to participate in the academic scholarship recognition, a student must be receiving a minimum of 25% of the cost of tuition at the college/university that he/she will be attending. The scholarships must be merit-based, excluding monies received as loans or financial aid of any kind.

Click Here

If your child is eligible for academic scholarship recognition, please complete the Google form above. In addition to completing the form, please submit copy of the letter/email you received from your college/university verifying your merit-based scholarship to Principal Davidson's office no later than April 28, 2023.

If you have any questions, please call 610-351-5600 extension 73501.





If you love graphic design, you will love designing a full-color Parkland School District calendar. Your summer internship will include learning how to create the calendar from start to finish as well as a tour of a local printer where you will see your project come to life. This experience will allow you to build a printed design portfolio.

Email Mrs. Nicole McGalla at

mcgallan@parklandsd.org with your resume and letter of interest.

> FOR MORE INFORMATION Click here

2023 Summer Enrichment

The Summer Enrichment Information and Registration Packet is available for any student interested in taking a summer enrichment course (for advancement purposes).

The math courses offered through PHS include: Algebra 2, Geometry, College Algebra, and Precalculus, and all will run in an online format. While students will have a PHS Math Teacher as a facilitator, work is done through the online program, Edgenuity, and requires approximately 4 - 6 hours of time per day as these are full-year courses offered at an accelerated rate that are completed in approximately six weeks. The cost is \$450 per course. Note that these classes have a required, in-person final exam on Thursday, August 3 at 9 AM at Parkland High School.

For information, including registration instructions, please be sure to use the correct form based on your child's grade level and school below:

Students in Grade 8

Students currently in grade 8 at OMS and SMS can view the middle school informational packet here.

The required online registration form is included in this packet.

Students in Grades 9-11 Current PHS students in

grades 9-11 should read the information packet that can be accessed <u>here</u>. The required online

registration form is included in this packet.

Deadline

The due date for completing the online registration form and remitting payment (for courses offered through PHS only) is Friday, April 21.

A \$50 late fee will be applied to applications and payments received after this time.

Please check back to your school's website link for the Summer Enrichment packet and link during the month of February.

Speak to Someone

To discuss if Summer Enrichment is right for your child, please speak with his/her middle school/high school guidance counselor OR with the assistant principals who oversee Summer Enrichment approvals:

OMS - Mr. Stoudt <u>stoudtt1@parklandsd.org</u> or 610-351-5750

SMS - Mrs. Abdelaal <u>abdelaala@parklandsd.org</u> or 610-351-5700

PHS - Mrs. Bennick <u>bennickt@parklandsd.org</u> or 610-351-5600

Freshmen Summer Driver Education

The Summer Driver Education Theory Course Information and Registration Packet is now available.

- The course at PHS course will run online starting Monday, June 19 - Thursday, June 29.
- The course will have a required daily class meeting in Room D133 from 8 AM - 12 PM.
- The cost is \$175 for the course at PHS.

For more information, including registration instructions, please click <u>here</u>.



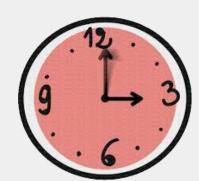


Three-Hour Delay

Parkland High School will follow a 3-hour delay schedule on Keystone testing days.

Literature Keystone May 15 May 16

For your reference, the schedule is available at <u>this link</u>.





Algebra Keystone May 17 May 18

Biology Keystone May 22 May 23

Remediation Boot Camps

After-School Boot Camps for Spring Biology and Algebra Keystones start in March.

Parkland High School students are eligible to participate in Boot Camps if they are:

• Students in grades 9 - 11 who have already taken the Keystone Exam and have not achieved proficiency.

(Must sign up at the link on the right) Students who are new to Parkland and

- Students who are new to Parkland and have no record of taking the Keystone Exam or similar state test.
- (Must sign up at the link on the right)
 Students currently taking Biology or Algebra.

Algebra I Boot Camp



Retesters Must Sign Up to Take the Spring Keystone

Please review the **Pathways to Graduation**.

If you are a student in grades 9 - 11 who has already taken the Keystone Exam and have not yet achieved proficiency or if you are a student who is new to Parkland and have no record of taking the Keystone Exam or similar state test and intend to graduate on the Keystone Proficiency or Keystone Composite Pathways, then you must <u>Sign Up Here</u> to take the Spring Keystone.

Students currently in Biology, Algebra I and 10th grade English DO NOT need to sign up. You are automatically registered for the Keystone Exams.





Upcoming events

Wednesday]	Spring SAT Prep Course Registration Begins
Monday 6	Spring Sports Begin
Friday 10	Last Day for Seniors to Order Cap and Gown Unit Online at Jostens SCHOOL CLOSED - Professional Development Day
Saturday 11	SAT Testing 7:45 AM
Sunday 12	Chorus Concert <mark>3 PM</mark> (First Presbyterian Church of Allentown) Daylight Savings Time Begins - Clocks Spring Forward One Hour
Monday 13	World Language Week: International Food Night 6:30 - 8 PM (Cafeteria)
Tuesday 14	World Language Week: Paper Mosaic Project 2:45 - 4:20 PM (Room B227) World Language Week: French Movie Night 7 - 9 PM (Emmaus Theater) Post Prom Committee Meeting 7 PM (Library Classroom)
Wednesday 15	World Language Week: Latin Dance Lessons 3 - 4:15 PM (Room B103) Parent Forum 7 PM (Room C200)
Thursday 16	World Language Week: Salsa and Fondue Cooking Event 2:45 - 4:15 PM (Rooms A131 and A135)



Key Club's Student vs. Faculty Basketball Game 7 PM (Main Gym) 3rd Marking Period Ends

Please visit the <u>PHS website calendar</u> for possible updates to these events.

Friday

31

WORLD LANGUAGE WEEK March 13 - 17

()

Wear International-themed Clothing All Week

MONDAY, MARCH 13 INTERNATIONAL FOOD NIGHT 6:30 - 8 PM in the Cafe Open to the Public (\$3 Tasting Fee) CHEFS: <u>Sign Up Here</u> CHEF NOTECARD <u>Here</u>

TUESDAY, MARCH 14 PAPER MOSAIC PROJECT 2:45 - 4:20 PM IN ROOM B227 RESERVE A SPOT <u>HERE</u> FREE FRENCH MOVIE NIGHT 7 - 9 PM AT EMMAUS THEATER SIGN UP <u>HERE</u>

WEDNESDAY, MARCH 15 LATIN DANCE LESSONS 3-4:15 PM IN ROOM B103 SIGN UP HERE BY MARCH 13

THURSDAY, MARCH 16 SALSA AND FONDUE COOKING 2:45 - 4:15 PM ROOMS A131 AND A135 SALSA SIGN UP <u>HERE</u> FONDUE SIGN UP <u>HERE</u>

FRIDAY, MARCH 17 DOOR PANEL WINNERS ANNOUNCED VIEW SLIDESHOW HERE

SCHOLARSHIPS

Seniors Now is the time to apply for scholarships.

There are many scholarship opportunities available for students, and many of these applications are due over the next few months.

Visit our <u>College Scholarships page</u> to see all the different scholarships offered, how to apply, and the date each application is due.



VISIT PJ WHELIHAN'S AT WALBERT ON THURSDAY, MARCH 16 AND MENTION PARKLAND'S POST PROM TO HAVE A PORTION OF THE PROCEEDS BENEFIT THE 2023 POST PROM PARTY.

SENIOR

Parkland students excel in the community as well as at school. PHS senior, Siddhant Khandelwal, started an initiative called Bloomerang, where he collects used flowers from weddings and parties, and then donates them to assisted living homes. To see the photo story in the Morning Call, visit this link: http://ow.ly/O6pV50MHgU9



Parkland High School Class of 2023 Prom

Saturday, May 13, 2022 7 – 11 PM at SteelStacks Bethlehem, PA

Detailed information about Prom and Post Prom will be distributed to seniors and their parents in April.

Post Prom May 13 - May 14 11 PM - 5 AM at Parkland High School







What is Music In Our Schools Month?

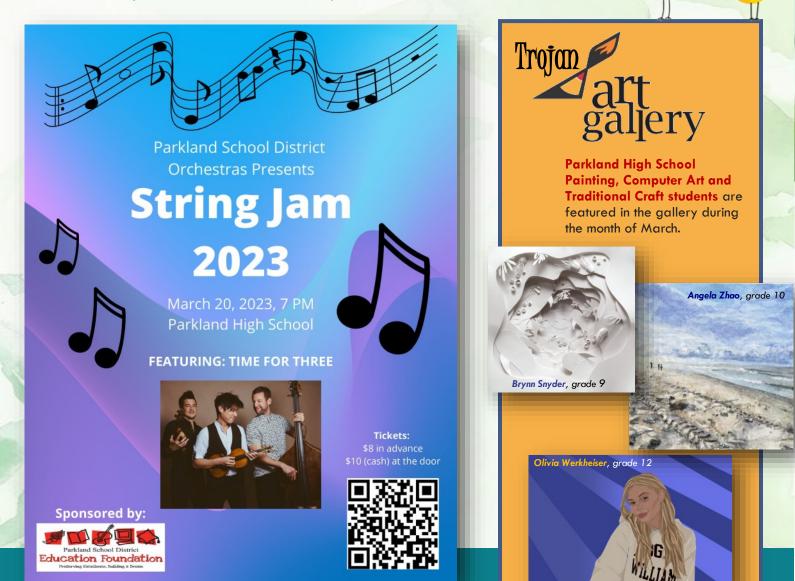
For more than 30 years, March has been officially designated by the National Association for Music Education (NAfME) for the observance of Music In Our Schools Month® (MIOSM®), the time of year when music education becomes the focus of schools across the nation. The purpose of MIOSM is to raise awareness of the importance of music education for all children – and to remind citizens that school is where all children should have access to music.

MIOSM is an opportunity for music teachers to bring their music programs to the attention of the school and the community, and to display the benefits that school music brings to students of all ages. MIOSM and the events surrounding it are the ideal opportunities for increasing awareness of the benefits of high-quality music education programs in our nation's schools. NAFME hopes that teachers, students, and music supporters alike will find ways to join in on the celebration through creative activities and advocacy.



Strolling Strings March Performances

March 7 - Neff's UCC March 10 - Horizons at the Village March 15 - Lehigh Valley Phantoms Game March 17 - Country Meadows Connection Program March 24 - Phoebe Allentown



Spring Musical

Parkland High School is proud to present Rodgers & Hammerstein's Oklahoma April 12 - 16, 2023. In a Western territory just after the turn of the 20th century, a high-spirited rivalry between local farmers and cowboys provides a colorful background for Curly, a charming cowboy, and Laurey, a feisty farm girl, to play out their love story. Their romantic journey, as bumpy as a surrey ride down a country road, contrasts with the comic exploits of brazen Ado Annie and hapless Will Parker in a musical adventure embracing hope, determination, and the promise of a new land.

RODGERS & HAMMERSTEIN'S

Tickets for Oklahoma are on sale and only available through our ticketing partner, <u>www.showtix4u.com</u>. Admission prices are \$12 for students and seniors (65+); \$15 for adults. Get your tickets now before they sell out.

March Chorus Concert

Vera Voce, 11th/12th Grade Concert Choir, and the Parkland Chorale will be presenting a

mid-year concert on Sunday, March 12 at 3 PM at First Presbyterian Church of Allentown, located at 3231 Tilghman

Street. The concert

will consist of classical choral standards as well as contemporary and world music selections, all performed in a rewarding cathedral-style acoustic. The concert is free and open to the public.



Shakespeare Competition

Congratulations to Andrea Knapp for winning the East Stroudsburg University Shakespeare Competition in early February and advancing to the English-Speaking Union Shakespeare Competition held in Philadelphia.



Artworks Adult Classes







Saturday April 22 9 AM - 12:30 PM Parkland High School Parking Lot

Items we accept:

- Clothing
- Shoes
- Clothing accessories
- Household linens
- Stuffed animals (less than 2 ft.)
- Bikes
- Strollers
- Car seat with base

Items must be bagged. If possible, bag shoes separately - worth more.

For more info:









PMEA Northeastern Region Orchestra

Congratulations to the following Parkland High School musicians who qualified for the PMEA Northeastern Region Orchestra Festival. These students will travel to Hazelton School District this month to participate in this year's festival:

Violin - Yechan Cho, Joshua Chou, Evan Lan, Lucas Lee, Giovanni Poloni, Tariq Shahid, and Ryan Wu

Viola - Brooklyn Vasquez and Eric Zhang

Cello - Mauricio Gonzalez, Owen McCauley, Brynn Suhocki, and Taehyuk Yang

String Bass - Morgan Lawler

Clarinet - Brandon Cai

Trumpet - Mitchell Roth

www.phsmusicboosters.com

VISUAL & PERFORMING ARTS

PMEA All-State Jazz Band

Congratulations to Parkland High School Senior Mitchell Roth for being named to the 2023 Pennsylvania Music Educators Association All State Jazz Ensemble. Students from across Pennsylvania submitted auditions

for this select ensemble of only 18 members. Mitchell is the first student from Parkland to receive this honor. He will perform with the PMEA All State Jazz Ensemble this April at the annual PMEA State Music Teachers Conference and All State Ensemble Festival.

PMEA Region V Band

Congratulations to the following Parkland High School Band members for qualifying for the 2023 PMEA Region V Band Festival: Brandon Cai (Clarinet), Felicity Lui (Flute) and **Mitchell Roth** (Trumpet). Students were selected based on their reaudition at the District 10 Band Festival held in early February. Top placing students advanced to the Region Festival which will be held at Hempfield High School on March 23-25.









PMEA DISTRICT 10 JAZZ BAND PMEA DISTRICT 10 ORCHESTRA PMEA DISTRICT 10 BAND

Athletic news

WINTER SPORTS RESULTS

GIRLS BASKETBALL	15 - 8
BOYS BASKETBALL	18 - 7
WRESTLING	12 - 3
GIRLS SWIMMING	11 - 1
BOYS SWIMMING	9 - 3



Congratulations to the Parkland High School **Girls Swimming** team on being named the Eastern Pennsylvania Conference (EPC) League Champions.





EPC BASKETBALL ALL STARS

BOYS BASKETBALL: **Nick Coval** 1st team and MVP

GIRLS BASKETBALL: MADISON SIGGINS AND Talia Zurinskas 2ND Team

District XI AAA Wrestling

Special CONGRATULATIONS to **Adrian Gacek** on his 100th win during the semifinals.

TRICT

Congratulations to these PHS athletes who placed at Wrestling semifinals on February 25:

1st place:Adrian Gacek *4th place:Aaron Ciampittiello *4th place:Blake Dergham *5th place:Michael Gavrilesku *6th place:Victor Carrasquilla

* Advanced to the Regional Tournament

EPC DIVING Championships

RYAN BELTRAME 1ST PLACE

District XI AAA Diving

1 st place **Ryan Beltrame** 3rd place: **Harry Epstein** 6th place: **Bradley Kunz**

> Pictured with Head Diving Coach: Amy Kakaley



STRIC

Friday, May 19, 2023 Parkland High School Main Gym 1:30 PM



We will recognize all senior athletes that will be continuing their athletic career at the collegiate level. This is for any senior athlete who participated here at Parkland in a PIAA sport during their senior year. Parents, family and friends are all welcome to attend.

Fall 2023 Free Sports Physicals By Appointment Only

Wednesday, June 7, 2023 Parkland High School 5 PM – 8 PM

Further information will be available on the Parkland website under Athletics in late April.

No student can participate in a fall sport without a full PIAA Physical dated after **June 1**, **2023**.

The Parkland Athletic Department understands that it may not be convenient to come to our scheduled free physical event. However, those who miss must get a PIAA physical on their own prior to **August 4**, **2023**. Paperwork for the physical is on the <u>PHS website</u>.

All Parkland athletes must get an ImPACT test once during their four years at PHS and before participation.

Football and Golf begin on Monday, August 7, 2023.

The first day of fall sports is Monday, August 14, 2023.



Attention Juniors and Sophomores

JUNIORS Physical Forms Due

All eleventh-grade students should return their physicals to the Health Room as soon as possible.

Immunization Requirement

The Meningitis Vaccine is required on or after a student turns 16 years old. Students in grade 11 will be required to have this immunization on the first day of their senior year. The grade 11 physical is a good time to be sure this immunization is completed.

SOPHOMORES Physical Choice Form Due

All students in grade 10 should have received information for completing their mandated physical for grade 11. This can be done at the time your student gets their physical for their driver's permit but may not be completed before July 1, 2022. Copies of the physical forms used for the driver's permit are accepted for the student's school physical. Please return the Choice Form to the Health Room as soon as possible to indicate how the physical will be completed.

Forms are available on the **PHS website**.

As always, if you have any questions For the Health Room do not hesitate to call.



Guidelines for Sending your Child to School during Cold and Flu Season

Information

the Health

Room

from

The weather may be starting to feel like spring, but we are still in cold and flu season. To help stay healthy and decrease the spread of illness in the school, we are encouraging all families to adhere to the following guidelines for sending your child to school.

Please keep your child home from school (even if they have a test or sporting event) if he or she is experiencing any of the following symptoms:

- Fever of 100 degrees or more
- Vomiting/Diarrhea
- Severe head cold
- Persistent cough
- Severe sore throat

These are the same criteria the Health Room uses as a guideline when sending students home ill from school.

Students should not return to school until they are fever free for 24 hours without the use of fever-reducing medications.

CONGRATULATIONS

Future Business Leaders of America (FBLA)

Future Business Leaders of America (FBLA) inspires and prepares students to become community-minded business leaders in a global society through relevant career preparation and leadership experiences.

The following PHS students competed in eastern region FBLA competitions and are moving on to compete in Hershey, Pennsylvania at the 2023 State Leadership Conference in mid-April:

Agribusiness Annaya Gope - 1st place Riva Kaneria - 2nd place **Business Communication** Varsha Borkar - 1st place Reva Gandhi - 2nd place **Business Management** Nikola Cao - 1st place Vishruth Hanumaihgari - 1st place Noah Oxfeld - 1st place **Business Plan** Jayaditya Kathari - event finalist **Rishab Yanala** - event finalist Coding and Programming Alexander Saccone - event finalist Antony Tomy - event finalist **Computer Problem Solving** Tushar Mehta - 3rd place Data Analysis Aishwarya Suresh - event finalist **Digital Animation** Alvssa Avila - event finalist Yechan Cho - event finalist Shiv Rajak - event finalist **E-Business** Shashwat Sharma - event finalist **Economics** Prem Patel - 2nd place

Electronic Portfolio Om Desai - event finalist Sanika Kothari – event finalist Future Business Leader Ainish Dassarma - 1st place Graphic Design Eric Jin - 2nd place Health Care Administration Aditya Singhvi - 2nd place Introduction to Financial Math Jerry Wang - 1st place Introduction to Information Technology Mahi Patel - 2nd place Introduction to Marketing Concepts Aum Purani - 1st place Introduction to Social Media Strategies Aderinmolu Olatilo - 2nd place Jake Sheinberg - 2nd place Daniel Yang - 2nd place Marketing Samith Rohatgi - 2nd place Mobile Application Development Sooraj Tharumia - event finalist Organizational Leadership Rita Yip - 3rd place Personal Finance Imaan Saeed - 3rd place

Political Science Grant Pinsley - 1st place Elsa Hoderewski - 3rd place **Public Speaking** Benjamin Shimon - 1st place **Publication Design** Azra Mody - 2nd place Forum Patel - 2nd place Sales Presentation Varun Pandian - 2nd place Securities and Investment Siddhant Khandelwal - 2nd place Dhani Patel - 3rd place Social Media Strategies Aryan Kapoor - 1st place Sports and Entertainment Management Nikhil Chitluru - 1st place Shravan Ganta - 1st place



Zain Jasim - 1st place

The best inheritance a parent can give his children is a few minutes of his time each day.





Direct Primary Care Family Physician, Owner Green Hills **Direct Family Care**

School

Principal Cetronia Elementary Patt White Company, Realtors



Entrepreneur, Motivational, Speaker, former Professional Football Player

Driver's Education

FOR YOUR TEEN DRIVER THIS SPRING

LOOK FOR LEFTOVER SAND AND SALT THAT MAY REDUCE TRACTION

Take care at intersections and give yourself extra breaking time to avoid an accident.



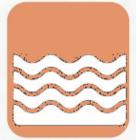
MASTER DRIVING IN THE RAIN

Spring showers can create tricky road conditions. Put headlights on, slow down and allow more space between vehicles. Even a little rain can combine with oil on the road and make the surface slippery.

STEER CLEAR OF HAIL

Driving in a hail storm is dangerous because of the combination of rain, wet roads and ice hitting your vehicle. To avoid hail damage, it is best not to drive. If you are on the road, pull over and seek shelter.





AVOID FLOODED ROADS

Frozen ground, melting snow and heavy rains can create flooding. If you approach a flooded road, turn around and find a safe route. Standing water can have dangerously strong undercurrents.

PREPARE FOR POTHOLES

It is best to avoid potholes completely. If you cannot avoid hitting one, it is best to slow down and release your brakes right before you drive over it. Reducing speed of impact minimizes the effects.

Behind-the-Wheel Program

The CLIU-21 offers a Behind-the-Wheel program for all students who have their learner's permit and have completed the theory course.

For complete information, go to <u>www.cliu.org</u> and scroll down to the Driver's Ed key.

Call 610-769-4111 x 1299 or email <u>driversed@cliu.org</u> with any questions.

Library Lines



Celebrate Women's History Month at the Parkland High School Library

Students can explore history through our collection of print books and databases including JSTOR, ProQuest and Gale.

Come in and check out our March display

of puzzles, riddles and

teen de-stressors in our

Makerspace.

MAKERSPACE

National Read Across America Day is March 2

Stop by and check out one of our new teen reads.

Read an E-Book Week is March 5 - 11

For our e-readers, SORA is always available 24/7 to find a great read online.

Study Hall Access

Students are expected to have a paper pass and an ID to enter the Library during study halls. Passes can be obtained from their classroom teachers or before school in the Library.

Student Assistance Program (SAP)

Loss Groups Available through MARS

The SAP team is excited to announce that the Mid-Atlantic Rehabilitation Services (MARS) will be offering loss groups in mid to late March.

Loss can trigger a myriad of trauma symptoms that can lead to long-term struggles with depression, anxiety, anger, and more. These groups will cover topics beyond the passing of a loved one or a pet, and expand loss to major life events that have created a sense of loss such as divorce, relocations, injury ending a sport, and more.

The groups will be conducted during a lunch period once a week. For LCTI students without a lunch at the high school,

the group will occur first period. The students will utilize the late bus to LCTI upon the end of the group.

At this time, the SAP team is gauging interest in these groups. We must have enough participation to provide them. If you are interested, please email Mrs. Fitch at fitchl@parklandsd.net.

The SAP Team continues to strive for ways to support your children.



POLITICAL SCENCE CLUB





Students from Parkland's Political Science Club attended the Ivy League Model UN Conference at the Marriott Philadelphia Downtown Hotel from January 26 - 29.

Conference winners from Parkland include:

Reva Gandhi Honorable Mention - Jurassic Park

Elizabeth Graves and **Varun Pandian** Delegate - Spec. Summit Climate

Siddhant Khandelwal Verbal Commendation - ASEAN

Sydney Lehman Outstanding Delegate - JCC

Class dues

Class dues are a one-time-only payment of \$20 during your student's high school career. Cash or checks are acceptable forms of payment. Checks should be made payable to Parkland High School and should reference your student's graduating class and student ID# in the memo line.

Class dues should be delivered to the attention of your student's class advisor. Please contact the class advisor with any questions.



Senior class advisor Mrs. Deborah Andreoli Room D133 <u>andreolid@parklandsd.net</u>



Junior class adviso<mark>r</mark> Mrs. Kim McHenry <u>mchenryk@parklandsd.net</u>



Sophomore class advisor Mrs. Lori McClure mcclurel@parklandsd.net



Freshmen class advisor Mrs. Sarah Yenser Room C241 yensers@parklandsd.net

MARCI

DON'T LET YOUR

ORDER YOUR YEARBOOK TODAY!

Find more information and order your Yearbook <u>Here</u>



The last day for advance orders this school year is March 4, 2023.

After March 4, 2023, please join the waitlist by using the QR code on the left and looking for the a link where you can join the waitlist. We cannot guarantee any copies will be available for sale, but you will be contacted if extra books become available.



FOOD DRIVE RESULTS

Parkland High School collected 2,347 boxes of cereal in February. These donations will directly benefit the PHS Food Pantry and Parkland CARES.

THANK YOU!

26TH ANNUAL MR. PARKLAND

Congratulations to Nate Metcalf, who was crowned Mr. Parkland 2023 on February 4.

Thank you to all of the contestants , the senior class officers who hosted the show, and the wonderful panel of judges who helped make this fun event possible.

Jostens

Visit the PHS <u>Class of 2023 Webpage</u> for important dates and information

SENIORS

A cap and gown unit, which includes a tassel, is **required** to participate in the Commencement ceremony.

All Senior Orders should be placed online by March 10 at <u>Jostens.com</u>.

0



Please contact Mark Judy at Jostens with any questions.

Phone: 610-357-5271 or Email: judy.office@jostens.com

ZOOM

Parent Nights with Jostens



Please join if you have any questions about caps and gowns, jewelry or merchandise.



Join by clicking this link at 6 PM on Thursday, March 9 and Thursday, March 23



May 6, 2023 at 11 AM Covered Bridge Park

(you do not need to be present to win)

First Place Duck: \$1000 Second Place Duck: \$250 Third Place Duck: \$100 Last Duck to Cross the Finish: \$50

Buy a duck to support Sami Jo Eckhart and Family

Sami Jo Eckhart is a PHS teacher whose husband Bryan was recently diagnosed with an aggressive form of ALS. The goal of the PHS Leo Club is to raise funds to help her cover costs while her husband continues to fight this disease.

Cost: \$10/Duck

See a Leo Club member, stop by D101 or D127, mail in <u>this form</u>, or e-mail Mrs. Keating at <u>keatingc@parklandsd.net</u> to buy a duck.



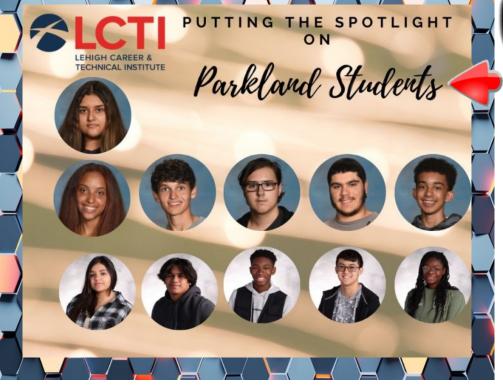
PARKLAND HIGH SCHOOL CAFETERIA

Get to know your social service agencies, faith-based institutions, recreational opportunities, student clubs and more! TEEN MOCK BEDROOM - See what may be hiding in your teen's bedroom NEW PARENT SOCIAL: 10 - 11 AM.

WWW.PARKLANDSD.ORG/COMMUNITY

Scan the QR code to visit our webpage to: view a list of participants, sign up for a FREE table, register for Parent Health-related Workshops and/or RSVP for the New Parent Social. We hope to see you there!





SkillsUSA District 11 Championships

Congratulations to the following Parkland LCTI students who placed in the SkillsUSA District 11 Championships held at the Agri-Plex Expo Center in Allentown in January. First-place finishers will compete again in April at the 51st PA SkillsUSA Championships in Hershey, PA:

1 st Place: Jaden Barasch - Electrical Construction Wiring Alyssa Karpeuk - Cosmetology (not pictured) Peyton Knowles - Plumbing Jaiddie Moreno - Nail Care (Team) Amia Samedi - Nail Care (Team)
2nd Place: Nicholas Borsevich - TeamWorks (Team) Logan Eisenhauer - Masonry Jonas Geiger - TeamWorks (Team) Alexandria Miller - Culinary Arts Orion Naydyhor - TeamWorks (Team)
3rd Place: Nathaniel Lopez - Motorcycle Service Technology Reilly Soares - Restaurant Service Grace Troutman - Crime Scene Investigation (Team)

LCTI November 2022 Students-of-the-Month

Juana Arias Alzate - Office Systems Technology Micaiah Belgrave - Culinary Arts Samara Benavides Buritica - Auto Collision Repair Tech Billy Jeur - Office Systems Technology Nyla "Jordyn" Joyner - Teacher Education Lucas Longenbach - CAP Academic Junior Nathaniel Lopez - Small Engines/Recreational Vehicle Repair Antonio Mercado - SOC Building Trades Maintenance Alexander Newhart - Print Technology Graphic Imaging Alexander Nguyen - Marketing and Entrepreneurship Nazette Ward - Academic Center and **Teacher Education**



Congratulations

Pennsylvania Junior Academy of Science Regional Competition First-Place Award Winners



On Saturday, February 25, Parkland High School students competed at the Pennsylvania Junior Academy of Science. This regional competition was held at Northampton Community College. During this competition, students presented their research to judges and answered rigorous interview questions. The following students received first-place awards and will be competing at the PJAS State Competition at Penn State University in May.

Ananya Gope Hafsah Hasher Luke Hauck Jorge Juarez Angeles Aryan Kapoor Tushar Mehta Adarsh Narayanan Anish Pallod Aum Purani Kush Shah Shashwat Sharma Aishwarya Suresh Sooraj Tharumia Jerry Wang Abigail Wood - Perfect Score



Your child will follow your example, not your advice.

