

Breakfast Menu for Metcalfe Elementary

March 2023

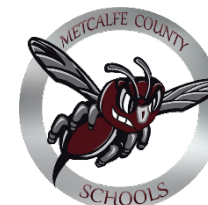
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mini Cinni or Frudel 100% Fruit Juice Seasonal Fresh Fruit	2 Pancakes w/ Sausage 100% Fruit Juice Seasonal Fresh Fruit	3 NO SCHOOL
6 Biscuit & Gravy 100% Fruit Juice Seasonal Fresh Fruit	7 Chicken Biscuit 100% Fruit Juice Seasonal Fresh Fruit	8 Mini Pancakes/Mini Waffle 100% Fruit Juice Seasonal Fresh Fruit	9 Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	10 Bacon Egg & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit
13 Biscuit & Gravy 100% Fruit Juice Seasonal Fresh Fruit	14 Chicken Biscuit 100% Fruit Juice Seasonal Fresh Fruit	15 Mini Pancakes/Mini Waffles 100% Fruit Juice Seasonal Fresh Fruit	16 Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	17 Bacon Egg & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit
20 Biscuit & Gravy 100% Fruit Juice Seasonal Fresh Fruit	21 Chicken Biscuit 100% Fruit Juice Seasonal Fresh Fruit	22 Mini Pancakes/Mini Waffles 100% Fruit Juice Seasonal Fresh Fruit	23 Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	24 Bacon Egg & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit
27 Biscuit & Gravy 100% Fruit Juice Seasonal Fresh Fruit	28 Chicken Biscuit 100% Fruit Juice Seasonal Fresh Fruit	29 Mini Pancakes/Mini Waffles 100% Fruit Juice Seasonal Fresh Fruit	30 Breakfast Pizza 100% Fruit Juice Seasonal Fresh Fruit	31 Bacon Egg & Cheese Biscuit 100% Fruit Juice Seasonal Fresh Fruit

Whole Grain Strawberry, Chocolate or Cinnamon Pop Tarts are available daily.

**1% or Fat Free
White or Flavored Milk
Available Daily!**

Meat/Meat alternatives are listed in bold type • Menu is subject to change due to availability of food items.

Seasonal fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).



This institution is an equal opportunity provider.

Lunch Menu for Metcalfe Elementary

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cheese Breadsticks Marinara Sauce Side Salad Baked Chips Strawberry Cup	2 Chicken Fillet w/ Bun Green Peas Cheesy Tater Tots Mandarin Oranges	3 No School
6 Pepperoni Pizza Corn Dog Whole Kernel Corn Side Salad Sliced Peaches	7 Boneless Wings Hot Ham & Cheese Sliders French Fries Side Salad Fruit	8 Scrambled Eggs Breakfast Chicken Sausage Patty Waffles Hash Browns Fruit	9 Spaghetti w/ Meat Sauce Ham Sandwich & Chips Side Salad Breadstick Ice Cream	10 Chicken Sandwich Pizza Rolls Waffle Fries Fruit Fresh Baked Cookie
13 Chicken Fingers Salisbury Steak Mashed Potatoes Green Beans Roll	14 Extreme Nachos Beef Tacos Side Salad Chips & Salsa Queso Fruit	15 Sloppy Joes Fish Sticks Tater Tots Mac And Cheese Ice Cream	16 Pepperoni Calzone Deli Subs Baked Chips Fruit Brownie	17 Chili (16g) Grilled Cheese (21g) G OR All Beef Hot Dog Baked Chips (19g) Fruit Selections Fresh Baked Cookie (17g)
20 Cheeseburger Chili Dogs French Fries Baked Beans Ice Cream	21 Chicken Drumstick Sub Sandwiches Cheesy Potatoes Green Beans Roll	22 Scrambled Eggs Breakfast Chicken Sausage Patty Waffles Hash Browns Fruit	23 Spaghetti w/ Meat Sauce Ham Sandwich Side Salad Breadstick Fruit Ice Cream	24 Boneless Wings French Fries Mozzarella Sticks Fresh Veggies Assorted Fresh Fruit
27 Pepperoni Pizza Corn Dog Whole Kernel Corn Side Salad Fresh Baked Cookie	28 Chicken Tacos Turkey Sandwich Chips and Salsa Side Salad Queso Fruit Cup	29 Cheese Breadsticks Pizza Rolls Baked Chips Strawberry Cup Fresh Baked Cookie	30 Pork BBQ Sandwiches Sloppy Joes Tater Tots Baked Beans Rice Krispy Square	31 Sack Lunches

1% or Fat Free
White or Flavored Milk
Available Daily!

Meat/Meat alternates are listed in bold type • Menu is subject to change due to availability of food items

Assorted fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).

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