



Meal Price:
Students – No cost
Adults \$2.78+tax

March 2023

HIGH SCHOOL

Breakfast MENU

Grades K-12 are offered vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.
 -Grain (all grain offerings count as 2 items)
 -Fruit (must pick 1)
 -Milk (pick up to 1)

Please Note:
 All cereal bowls and bars are whole grain and served with a cheese stick
 (WG) denotes whole grain
 (P) denotes item may contain pork

MON	TUES	WED	THURS	FRI
National School Breakfast Week March 6 – March 10				
		1	2	3
		Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	Home Made Pancakes Fruit & Milk
6	7	8	9	10
Bacon, Eggs, & Cheese on WG Roll (P) Fruit & Milk	WG Donut Holes Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	WG French Toast Stix Fruit & Milk
13	14	15	16	17
Bacon, Eggs, & Cheese on WG Roll (P) Fruit & Milk	WG Donut Holes Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	Home Made Pancakes Fruit & Milk
20	21	22	23	24
Bacon, Eggs, & Cheese on WG Roll (P) Fruit & Milk	WG Donut Holes Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	WG French Toast Stix Fruit & Milk
27	28	29	30	31
Bacon, Eggs, & Cheese on WG Roll (P) Fruit & Milk	WG Donut Holes Fruit & Milk	Fruit & Yogurt Parfait w/Granola Fruit & Milk	Assorted WG Muffins Fruit & Milk	Home Made Pancakes Fruit & Milk

Powering potential.

Menus are subject to change.

More Info...

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, orange, plus 100% apple juice or 100% fruit punch

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll, Homemade French Toast & Pancakes, Belgian Waffles



This institution is an equal opportunity providers

