

Moore's Message

March 2023



**FSSD In-Person & Virtual
Recruitment Fair**

**Saturday, March 25, 2023
9:00-11:00 a.m.**

In-Person: Poplar Grove
Gymnasium

Virtual: Zoom link at
www.fssd.org



**You Are Invited To Our
PTO Volunteer
Appreciation
Breakfast**

**Moore Elementary School
Multipurpose Room
Thursday, March 9
8:00 – 9:00 a.m.**

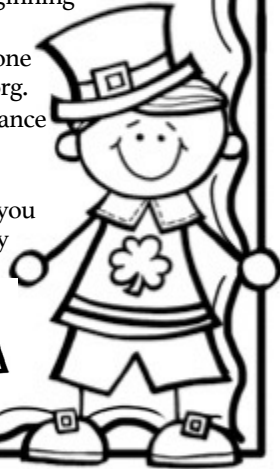


Heartfelt 
THANKS
TO OUR VOLUNTEERS!

March is Registration Month!

It's that time of year again! The registration window for all FSSD students is open March 1st – 31st! Please go to www.fssd.org to register new and current students for the 2023-2024 school year! Along with your registration, two proofs of residency, dated January 2023 or later, need to either be uploaded at the time of registration or turned into the front office. New kinder students will also need 2 additional documents; a birth certificate and immunization form. If you are considering a waiver request for your child to attend an FSSD school out of zone, the open schools and seat numbers will be available to preview March 6th. The Out-of-Zone Waiver Application will be posted online beginning March 20th. More information about general registration and the out-of-zone waiver process can be found at fssd.org. Please contact Linda Zehring, attendance Secretary, at 615-790-4700 or zehringlin@fssd.org if you have any questions or need assistance. Thank you for helping us to plan for next year by registering for 2023-24 before the April 1 deadline.

**Registration
is Now OPEN!**



Smile – It's Picture Day!

Our Spring Picture day is scheduled for Thursday, March 9th. Don't forget to wear your best smile!



Mr. C's Counselor Corner

Obviously we are all saddened and shocked by the sudden death of our kindergarten teacher, Ms. Wilkes. As hard as it is for adults to come to terms with death and grief, for kids it is even harder. They are so concrete they struggle with "making sense" of it all and with their feelings. Therefore, their emotions and reactions will vary greatly but when the time comes to support them I want to highlight a few key thoughts:

ACKNOWLEDGE: When questions, concerns, or thoughts are shared, keep responses simple, honest and brief.



Mr. C's Counselor Corner Continued

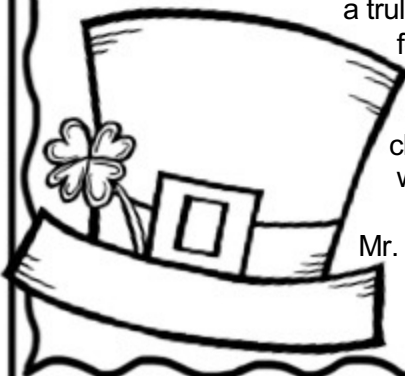
AFFIRM: They may have a hard time understanding the feelings they feel: sadness, confusion, worry, etc. Encourage them to talk and share their feelings. Those feelings are ok, and you can let them know how you feel, too.

BE THERE: You are the predictability and consistency for your child(ren) right now when their world may make little sense. Remember, grief takes time but assure them you will be there throughout.

If you have any questions or concerns, please don't hesitate to let me know. This is a truly difficult time

for MES and I/we want to support your child(ren) in any way possible.

Mr. C. -- Your MES School Counselor



Notes from Nurse Sanders

People are like plants... we need sunlight to grow big and strong! Sunlight is our body's primary source of Vitamin D which helps our bodies absorb calcium for stronger bones and teeth! But it doesn't take much time in the sun for most of us to get the vitamin D we need. And repeated unprotected sun exposure can lead to all kinds of health problems, including skin damage, immune system suppression, skin cancer, and eye damage. And considering most kids get more than 80% of their lifetime's sun exposure before the age of 18, it's important for parents to teach them how to enjoy fun in the sun safely.

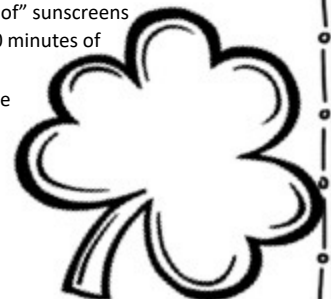


True or False:

1. Anyone, regardless of skin color, can sunburn.
2. It takes at least 30 minutes of sun exposure to cause sunburn.
3. It only takes 1 unprotected day in the sun for eye damage to occur.
4. If your sunscreen is labeled "waterproof" you only need to apply once a day.
5. There is no expiration date for sunscreen.

Answers:

1. **True** -- Both light and dark skinned people need sunscreen.
2. **False** -- Sunburn can happen in as little as 15 minutes of unprotected sun exposure.
3. **True** -- Only 1 day of unprotected eye exposure can result in a burned cornea while cumulative exposure can lead to cataracts later in life.
4. **False** -- Most "waterproof" sunscreens provide no more than 80 minutes of protection.
5. **False** -- Always check the bottle for an expiration date but if in doubt, discard and restock sunscreen each year.



Happy Spring Break

March 13-17



- 2nd 3rd & 4th to Symphony
- 9th Spring Pictures
Volunteer Breakfast
- 10th Early dismissal @ 12:30
- 13-17 SPRING BREAK!!!
- 29th Animal Print/Camo Day
- 30th Advisory Council Mtg

Mark Your Calendars!

Scholastic Book Fair

April 3-6

The book fair is back again! Parents are welcome to come in and shop with your child. Students will visit with their class and we will have it open before school as well. You can also set up an eWallet instead of sending cash or check with your child. For instructions, visit our book fair website at <https://www.scholastic.com/bf/mooreelementaryschool1>.

Volunteers are also needed to help students find the perfect book and work the registers. You can sign up for a shift on our sign up genius: <https://www.signupgenius.com/go/10COE4FA8AA29ABFA7-moore>.

Keep an eye out for your child's class date/time in your teacher's newsletter.

TCAP Testing Schedule

3rd - 4th grades

April 18 – 25, 2023

- April 18 ELA, Part 1 (writing)
80 minutes
- April 19 ELA, Part 2 (30 minutes)
ELA, Part 3 (40 minutes)
- April 20 ELA, Part 4 (30 minutes)
Science (50 minutes)
- April 24 Math, Part 1 (45 minutes)
- April 25 Math, Part 2 (30 minutes)
Math, Part 3 (40 minutes)

Make-up testing can take place throughout the testing window.

Save the Date!

Fine Arts Night, Thursday, April 6th

MES families can check out awesome artwork and see musical performances from our students on April 6! There will be an art show with a framed piece of artwork from every student at Moore you may purchase.

More information to come!

