

White Plains High School

Lunch Menu March 2023

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
All meals come with choice of: Entrée or Daily Alternate; All Vegetable Choices, including Toppings Bar; All Fruit Choices – Fresh Whole Fruit, Chilled Cupped Fruit, 100% Fruit Juice; Milk Choice – 1% and Fat Free White or Fat Free Chocolate		1 Chicken Tenders Or Vegan Tenders Choice of Dipping Sauce: Honey Mustard, BBQ or Buffalo Soft Pretzel Stick Sweet Corn	2 Pasta Alfredo Served w/ Garlic Chicken Green Peas Garden Side Salad Garlic Bread	3 BBQ Roasted Chicken Corn Muffin & Brown Rice Or Crispy Fish Taco on WG Tortilla w/ Cole Slaw Vegetarian Baked Beans
6 Mac & Cheese Served with Warm Pretzel Stick Mixed Veggies	7 Brunch for Lunch Crispy Chicken Drumstick & WG Waffles Syrup Sweet Potato Tater Tots	8 Mozzarella Twisted Topped Cheesy Breadsticks Marinara Dipping Sauce FRESH NY Green Beans	9 Pasta & Meatballs WG Penne Pasta Side of Turkey Meatballs, Marinara Sauce Sauteed Broccoli Garlic Bread	10 Roasted Chicken Choice of BBQ, Honey Mustard, or Garlic Chili Sauce ; WG Biscuits(2) Or Crispy Fish Taco on WG Tortilla w/ Cole Slaw Mashed Potatoes Vegetarian Baked Beans
13 Mac & Cheese Served with Warm Pretzel Stick Sauteed Carrots Fresh NY Green Beans	14 Brunch for Lunch French Toast Side of Turkey Sausage Syrup Sweet Potato Tater Tots	15 Mozzarella Sticks Tomato Sauce Dinner Roll Corn	16 Penne with Pink Sauce Chicken Tenders or Vegan Tenders Garlic Bread Sauteed Broccoli	17 Vegetable Fried Rice w/ Hot & Spicy Chicken Strips or Vegan Tenders Or Crispy Fish Taco on WG Tortilla w/ Cole Slaw Steamed Edamame
20 Mac & Cheese Served with Warm Pretzel Stick Sauteed Green Beans	21 Brunch for Lunch Crispy Chicken Drumstick & WG Waffles Syrup Sweet Potato Tater Tots	22 Chicken Tenders Or Vegan Tenders Choice of Dipping Sauce: Honey Mustard, BBQ or Buffalo Soft Pretzel Stick Sweet Corn	23 Baked Ziti w/ Mozzarella & Ricotta Cheese Garlic Bread Slice Caesar Side Salad	24 BBQ Roasted Chicken Corn Muffin Or Crispy Fish Taco on WG Tortilla w/ Cole Slaw Vegetarian Baked Beans
27 Mac & Cheese Served with Warm Pretzel Stick Sauteed Green Beans	28 Brunch for Lunch French Toast Side of Turkey Sausage Syrup Sweet Potato Tater Tots	29 Mozzarella Twisted Topped Cheesy Breadsticks Marinara Dipping Sauce Sweet Corn & Green Beans	30 Homemade Lasagna Choice of Cheese or Meat Garlic Bread, Garden Side Salad or Roasted Broccoli	31 BBQ Roasted Chicken Corn Muffin Or Crispy Fish Taco on WG Tortilla w/ Cole Slaw Vegetarian Baked Beans

Daily TACO BAR

Choice of Turkey (or Beef), or Bean Taco
 Tortilla Chips, Crispy Taco Shells (3) or WW Soft Tortilla
 Rice & Beans; Veggie of the Day
 Toppings: Crisp Lettuce; Cheddar Cheese, Salsa, Jalapeno Peppers, Sour Cream

Daily Boar's Head Deli Made to Order! Featuring Boar's Head Meats - Turkey Breast; Ham; Buffalo Chicken;
Cheeses – American, Pepper Jack, Provolone, Swiss
Daily Specials including Italian or American Combo

Daily Toppings Bar Available with ALL Meals!

Includes: Romaine Lettuce; Grape Tomatoes; Corn Salad or Potato Salad; Beans or Bean Salad; Baby Carrots; Cucumbers; Specialty Veggie Salad; Fruit

Available Daily:

Wraps – Weekly Specials Featuring Chicken Caesar, Grilled Veggie & Hummus; Buffalo Chicken
 Boar's Head Grab & Go Sandwiches offered on Whole Wheat Bread or Rolls: Turkey & Cheese; Ham & Cheese; Cheese Sandwich; PB&J; Veggie Burger;
 Hamburger/Cheeseburger; Chicken Patty; Whole Grain Bun
 Entrée Salads including Chicken Caesar; Veggie Hummus; w/ Homemade Croutons, Dinner Roll
 Fruit & Yogurt Parfait – Low Fat Yogurt; Fruit & Organic Granola
 Pizza – Cheese, Pepperoni or Specialty on WG Crust