

## March 2023

M	T	W	TH	F
		<b>1</b> Egg & Cheese Breakfast Sandwich Three Bean Salad Fruit Choice Milk Choice	<b>2</b> Ham & Cheese Sandwich Chick Pea Salad Fruit Choice Milk Choice	<b>3</b> Pizza Calzone Three Bean Salad Fruit Choice Milk Choice
<b>6</b> Sloppy Joe on Bun Snack Pack Carrots Fruit Choice Milk Choice	<b>7</b> Barbecue Chicken Wrap Fiesta Corn Fruit Choice Milk Choice	<b>8</b> Egg & Cheese Breakfast Sandwich Three Bean Salad Fruit Choice Milk Choice	<b>9</b> Ham & Cheese Sandwich Chick Pea Salad Fruit Choice Milk Choice	<b>10</b> Pizza Calzone Vegetable Choice Fruit Choice Milk Choice
<b>13</b> Chicken On Bun Snack Pack Carrots Fruit Choice Milk Choice	<b>14</b> Barbecue Pulled Pork Wrap Three Bean salad Fruit Choice Milk Choice	<b>15</b> Meat & Cheese Nachos Sweet Corn Fruit Choice Milk Choice	<b>16</b> Turkey Salad Sandwich Cran Coleslaw Fruit Choice Milk Choice	<b>17</b> Pizza Calzone Vegetable Cup Fruit Choice Milk Choice
<b>20</b> Egg & Cheese Breakfast Sandwich Snack Pack Carrots Fruit Choice Milk Choice	<b>21</b> Barbecue Beef on Bun Choice Vegetable Fruit Choice Milk Choice	<b>22</b> Chicken & Cheese Nachos Broccoli Fruit Choice Milk Choice	<b>23</b> Ham & Cheese Sandwich Chick Pea Salad Fruit Choice Milk Choice	<b>24</b> Pizza Calzone Three Bean Salad Fruit Choice Milk Choice
<b>27</b> Teriyaki Chicken On Bun Snack Pack Carrots Fruit Choice Milk Choice	<b>28</b> Egg & Cheese Breakfast Sandwich Three Bean Salad Fruit Choice Milk Choice	<b>29</b> Build Your Own Meat And Cheese Soft Shell Taco Broccoli Spears Fruit Choice Milk Choice	<b>30</b> Ham & Cheese Sandwich Chick Pea Salad Fruit Choice Milk Choice	<b>31</b> Pizza Calzone Vegetable Cup Fruit Choice Milk Choice

**BREAKFAST**  
 8oz. milk  
 1 cup fruit/vegetable  
 1oz. grain

**LUNCH**  
 8oz. milk  
 1/2 to 1 cup fruit  
 3/4 to 1 cup vegetable  
 1 serving grain  
 1.5 to 2oz. meat/meat alternative

**ALTERNATE LUNCH**  
 peanut butter & jelly OR  
 ham & cheese on  
 whole wheat bread

**MILK CHOICES**  
 white lowfat 1% milk OR  
 fat free chocolate milk

**FRUITS & VEGETABLES**  
 seasonal fresh fruits &  
 vegetables offered daily

Through participation in the NSLP  
 Community Eligibility Program,  
 meals are offered daily at  
**NO CHARGE**

**ALL MEALS ARE SERVED AND  
 PREPARED IN LUNCH MEAL  
 PATTERNS for the 2022-2023  
 school year.**

**Menu is subject to change.  
 NO SUBSTITUTIONS**

This institution is an equal  
 opportunity provider.