

Brooks County
School Health Advisory Council Meeting
Monday, February 27, 2023
(Minutes)

The School Health Advisory Council (**SHAC**) met on Monday, February, 27 2023 at 4:00 PM at the Falfurrias High School cafeteria.

In attendance were:

Maricelda Molina (Moderator)

Maria Estella Anzualda Angela Ramirez

Kimberly DelaGarza Araceli Sanchez

Lisa Cantu Pualani Guerra

Rosa Perez Lydia Moreno

Carolina Paez

Meeting Opened at 4:06

Initial Meeting: Minutes from previous meeting were read by Maricelda Molina. First motion made by Araceli Sanchez and second motion made by Lisa Cantu.

New Business: Presentation of Community Health Fair and Easter Celebration was discussed with the committee. Health fair will be on Thursday, April 6, 2023 from 5:00pm – 7:00pm. Activities, vendors, food, music, Easter baskets and bike give away, and SHAC meeting with HTYPE presentation all discussed for the fair. All members in agreement with discussion.

- Texas A&M Agrilife extension Agent Kimberly DelaGarza elaborated on Walk Across Texas Program. Kick off will begin on March 27, 2023 and end on May 20th with a 5K. Agrilife extension will as be hosting a Dinner to Night on March 30th for parents and students. Mindful self Mental Health presentations will be offered through the FJS campus elective classes with parental consent.
- Lisa Cantu (CACOST) presented information on their annual Teen/Parent Summit Conference on May 26, 2023 at San Diego High School from 9am-2pm. Discussion on last grant year for CACOST.

Next Meeting: April 6, 2023 during the Health Fair

The meeting adjourned at 4:45

Minutes taken by: Lydia Moreno