

What's on Sport!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before school	6.30-8.00 Titans National, Regional and Age Squad	6.30-8.20 Titans Age 7.00-8.00 Titans National & regional Squad Run 6.30 rugby training	6.00-8.00 Titans National Squad 7.00-8.00 Titans Age run	6.30-8.05 Titans Age	6.30-8.20 Titans National squad	7.00-8.30 Titans Regional squad
am	PE Tennis coaching	PE Tennis coaching	PE Tennis coaching KS2 Swim	PE Tennis coaching	PE Tennis coaching KS2 Swim	10.00-12.00 Titans learn to swim
LS Lunch 12.30-1.30	Cricket lower school Badminton Lower school 1.00 Tennis Mini Red year 4 and under	Cricket lower school Netball lower school Lower school lunch time sport club	Cricket lower school 12.40-1.10 Titans learn to swim 1.00 Tennis Orange squad Yr 5 and under Lower school lunch time sport club	Cricket lower school Lower school lunch time sport club	Cricket lower school 12.40-1.10 Titans learn to swim 1.00 tennis Green squad yr 6 and under Lower school lunch time sport club	12.00-2.00 Pentathlon
Middle and 6 <sup>th</sup> Form Lunch 1.10-2.00	Cricket middle school Swimming Pentathlon	Cricket middle school	Cricket middle school 1.30 Swimming	Cricket middle school Shooting 1.00-1.35 junior beginner 1.35-2.00 senior comp cards	Cricket middle school Shooting 1.00-1.35 junior beginner 1.35-2.00 senior comp cards	
PM	LS KS2 Games 2.50-4.00 Football U11A&B dev squad 1&2 Hockey U11A,B & Dev Squad 3.10-5.00 Titans Junior dev	LS year 7 and 8 Games 2.50-4.00 Rugby U13A,B & dev squad Hockey U13A,B and Dev squad 3.00 tennis dev Squad	Middle school and 6 <sup>th</sup> form squads 2.00-4.00 Rugby 1 <sup>st</sup> , 2 <sup>nd</sup> 3 <sup>rd</sup> , U15A&B, U14A&B Hockey 1 <sup>st</sup> 2 <sup>nd</sup> , JA,JB & Dev squad 1.30 Swimming 2.00 -4.00 Titans National squad 2.15 Badminton 2.00 Sailing 2.15 Football 2.15 Golf 2.15 Fitness room Squash 2.15	LS Year 3-8 Games 2.15-4.00 Rugby U13A,B & dev squad Hockey U13A, B and Dev Squad, U11A&B Football U11A&B dev squad 1 & 2 Shooting 2.00-4.00 CCF  1.30 Tennis elite squad Shrewsbury centre 2.00 tennis senior		

			<p>1.30 Tennis elite squad Shrewsbury centre</p> <p>2.00 Tennis performance squad</p> <p>3.15 Basketball</p> <p>3.00 tennis Dev squad</p> <p>Shooting 1.30-4.00 academy</p> <p>Archery 2.00-4.00</p>	<p>squad</p> <p>2.15 Tennis performance squad &amp; Dev squad</p> <p>2-6 fitness coach</p> <p>3.00-5.15 Titans National squad</p>		
4.15-5.15	<p>LS Squads 4.15-5.15</p> <p>Football U11A&amp;B dev squad 1&amp;2</p> <p>Rugby U13A &amp; B</p> <p>Hockey U13A,B U11A&amp;B</p> <p>4.00 Tennis dev squad</p> <p>5.00-6.30 titans National Squad</p> <p>5.15-6.00 Titans Junior Dev circuit</p>	<p>4.15-5.15 Middle and senior school squads</p> <p>Rugby 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup>, U15A&amp;B, U14A&amp;B</p> <p>Hockey 1<sup>st</sup> 2<sup>nd</sup>, JA,JB</p> <p>Cricket Lower school</p> <p>4.15-6.00 Badminton training</p> <p>Golf lessons</p> <p>Squash</p> <p>Year 11 activities</p> <p>Fitness</p> <p>4.15 Tennis performance squad</p> <p>5.00 Tennis elite squad</p> <p>4.15-6.00 Titans age</p> <p>Shooting 4.30-5.15</p> <p>4.30-7.30 beginners yr 5-8</p>	<p>4.15 Indoor House sports</p> <p>4.15 Cricket Academy</p> <p>4.15-5.15 shooting S&amp;T</p> <p>6.15-8.30 shooting junior squad</p> <p>8.30-9.30 senior</p> <p>4.20-6.15 Titans age</p> <p>4.30-5.30 Titans National &amp; regional Squad Gym</p> <p>6.15-8.00 Titans regional squad</p> <p>6.30-7.00 Titans age circuit</p> <p>6.15-7.30 titans junior dev</p>	<p>Cricket Middle and 6<sup>th</sup> form</p> <p>5.15-7.00 Titans Age</p> <p>4.15 Netball seniors?</p> <p>4.15 Dance</p> <p>Shooting</p> <p>4.30-5.15 senior comp cards</p> <p>5.15-6.15 beginners</p> <p>6.15-9.30 senior squad</p>	<p>4.15-5.15 Middle and senior school squads</p> <p>4.15-5.15 Rugby 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup>, U15A&amp;B, U14A&amp;B</p> <p>Hockey 1<sup>st</sup> 2<sup>nd</sup>, JA,JB</p> <p>Shooting KS2 and elite air rifle 4.15-5.15</p> <p>5.00-7.00 air pistol</p> <p>Golf lessons</p> <p>Squash</p> <p>4.15 Tennis performance squad</p> <p>5.00 Tennis elite squad</p> <p>4.20-5.45 Titans age</p> <p>4.45-5.30 National &amp; regional Squad Circuit</p> <p>5.30 Pentathlon fencing Old Gym</p>	
Evenings	<p>Rugby Academy and senior side training 8.00 on pump house</p> <p>7.00- Hockey training astro</p> <p>6.30-8.00 Titans Regional squad</p> <p>Basketball 8.00-9.30</p> <p>Archery 4.55-7.00 yr 9 up</p>	<p>5.00-5.45 Titans Land training</p> <p>6.00-8.00 National Squad</p>	<p>5.15 Basketball</p>	<p>Rugby Academy Evenings 6.30</p> <p>7.00-8.00 Titans regional squad</p>	<p>Basketball 5.15-6.00</p> <p>5.45-7.15 National squad</p> <p>6.00-7.00 Titans age &amp; Junior Dev circuit</p>	

1 to 1 tennis coaching available throughout the day 1 to 1 swimming lessons available at lunchtime